

CAPTURING A LEGACY

JMU alumnus photographed Obama administration

NEWS | 3

OPINION
5

ACTIVISM THROUGH ART
How artists turn public spaces into platforms for change

SPORTS
9

ACROSS THE DIAMOND
Baseball and softball on fire going into conference play



COURTESY OF JMU ATHLETICS COMMUNICATIONS

In her second consecutive championship appearance, Lehman is the only Duke to compete in multiple NCAA champions.

Diver finishes among JMU greats

By JAKE BROD
The Breeze

Four years ago, senior diver Olivia Lehman never could've imagined what she was going to accomplish during her time with the JMU women's swimming and diving team. Now one of the most decorated divers in program history, Lehman's illustrious career came to an end last week, when she finished in 50th place at the NCAA swimming and diving championships in Indianapolis, Indiana.

"When I started college diving, I didn't have any expectations for the kind of success I would have," Lehman said. "I knew that NCAA's was a really hard thing to qualify for, so I don't think that I ever thought that I would qualify for that or compete with Olympians."

Lehman's resume features a myriad of accomplishments over her four-year career. On top

of competing in this year's NCAA swimming and diving championship, Lehman won the 2016 NCAA Zone A 1-meter Qualifier, becoming the first Duke to ever win the event. The victory solidified her spot in last year's NCAA swimming and diving championship, where she finished in 40th place. The Dayton, Ohio, native is the first diver in program history to compete in multiple NCAA Championships.

Lehman attributes her success to the mentorship of former diving head coach Becky Benson and current diving coach John Wolsh.

"The coaching that I've had over the last four years has greatly impacted my success," Lehman said. "I know that I'm a very hard worker and I give my all into everything, but I know that without the guidance and expertise of the two coaches that I've had over the past four years, I wouldn't have gotten to where I did."

see LEHMAN, page 10

Put a ring on it

Class of 2019 ring unveiled by SGA members

By INGRID BASHEDA
The Breeze

The new UREC and Football Championship Subdivision champions: two memorable events specific to the class of 2019. These moments, as well as Wilson Hall, streamers and other JMU trademarks, can be engraved on the sophomore class ring that was presented last night.

The ring premiere, hosted by the sophomore SGA class council and its ring committee, was held last night at 7 p.m. in the Festival Conference and Student Center Ballroom.

The event was filled with JMU spirit, with purple and yellow lights, balloons, a ring premiere Snapchat filter and the Duke Dog. The signature purple and gold JMU letters that are often placed around campus during Homecoming and special events were

featured as well. Drinks and food were provided, ranging from fruits and veggies to fried macaroni and cheese balls and mozzarella sticks. Krispy Kreme and Campus Cookies also provided sweets.

Julianna Boettger, a sophomore communication studies and media arts and design double major and the president of the class of 2019, was excited to show the ring to everyone.

"The ring's a big deal," Boettger said. "That's [going to] stick with you the rest of your career. The things behind the ring, the memories that you made are on the ring."

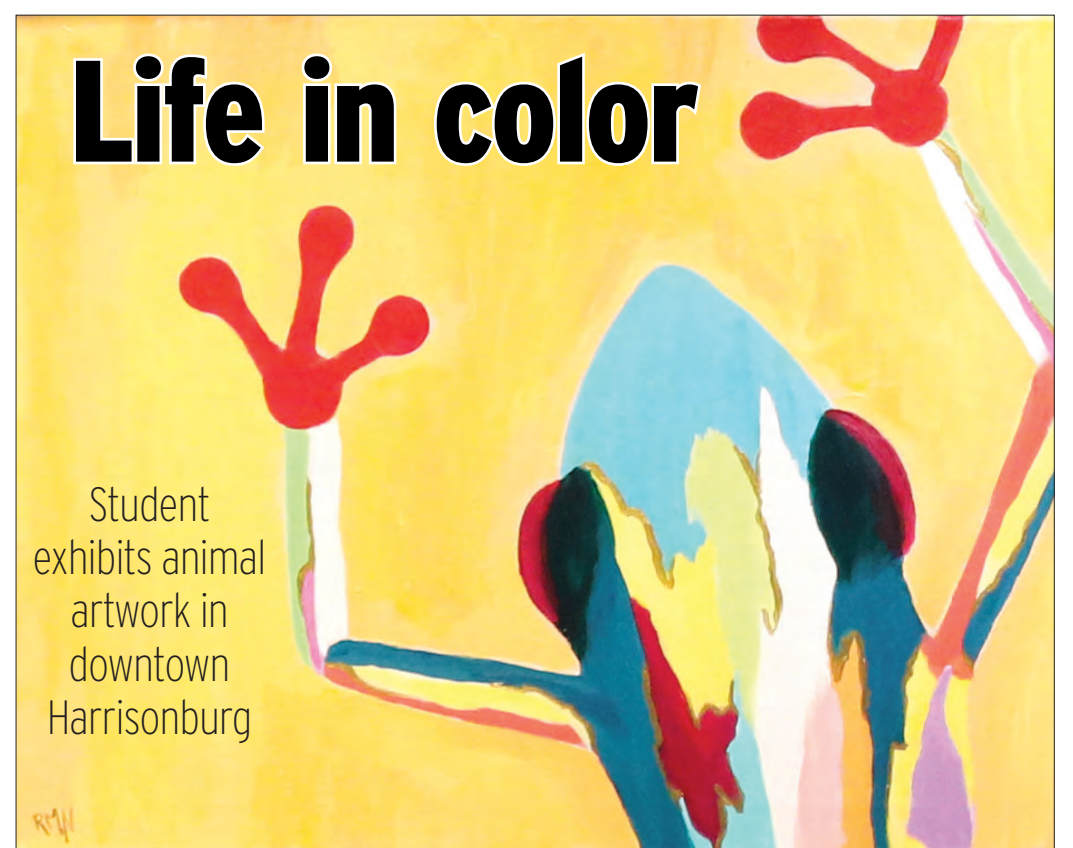
The theme the ring committee wanted to present was memories, in honor of celebrating the memories that've already been made and the memories that are to come in the next two years.

see RING, page 4



LAUREN SAMPSON / THE BREEZE

Sophomores have a range of rings to choose from, including specialized FCS championship and Wilson Hall designs.



MAEVE REISS / THE BREEZE

Life in color

Student exhibits animal artwork in downtown Harrisonburg

Rachel Newman has loved art since she was a little girl. Now she uses her art to express what she's passionate about.

By ABBY CHURCH
The Breeze

Vibrant paintings of exotic animals line the amber walls of Ruby's Lounge at Clementine Cafe, brightening up the room. A gorilla in eye-catching shades of blue, and a pastel-colored panda gaze down at onlookers from their positions on the wall, so lifelike that it's almost as though they could awaken and spring off their canvases. Although every piece in the exhibit possesses the same abstract concept, each one is unique.

This exhibit, "Animals in Color," features paintings by Rachel Newman, a junior graphic design major, and will be on display at Clementine Cafe until April 2.

Rachel's been painting since she was five years old and has always wanted to have an art show. Connections through her cousin, Charlie Newman, helped her land the gig at Clementine. Charlie, a JMU alumnus ('83) and frequent customer at the restaurant, noticed the artwork being displayed in Clementine and thought he could get Rachel's work

there. He contacted his friend and JMU classmate, Mike Comfort, a manager at Clementine, who in turn set Rachel up with the event coordinator Kim Joyce.

"Animals in Color" is part of the monthly art show series that takes place at Clementine and is coordinated with First Fridays, an event organized by the Arts Council of the Valley.

"We do this to share art with the greater community of Harrisonburg," Joyce said.

The idea of painting animals for the exhibit came to Rachel after she booked the venue. She wanted to create something that was unique to her exhibit, but also recognizable. With that in mind, she decided to combine the idea of animal paintings with the concept of abstract art.

"A lot of people look over the emotional aspect of abstract art, and I want people who aren't into art necessarily to enjoy what I'm painting," Rachel said. "So I thought, 'Why don't I combine the two and make these animals unique and colorful?'"

see ANIMAL, page 7

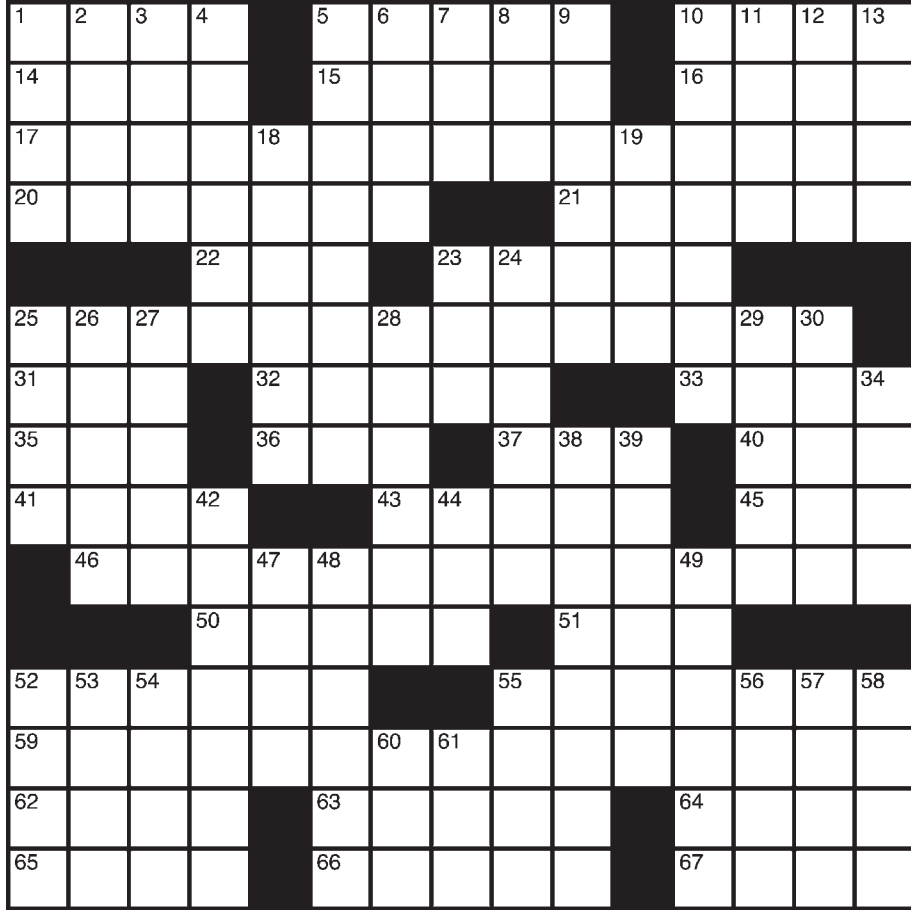
DID YOU KNOW?

You still have time to submit an application for our **\$2,500 Scholarships!**
Applications are due March 31. Apply at cofcu.org.



All local area students and residents can bank with us. Membership eligibility required. Federally insured by NCUA. Equal opportunity lender.





Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

Across

- 1 Munro pen name
- 5 Fix, as faulty code
- 10 Shorten
- 14 Scoundrel of "Tess of the D'Urbervilles"
- 15 One of Chekhov's "Three Sisters"
- 16 Sharpen
- 17 7-Eleven's Big Gulp, for one
- 20 Prepare to relax
- 21 "___ Pointe Blank": 1997 film
- 22 Shipping nickname
- 23 Marketing gimmick
- 25 It makes for easier reading
- 31 McKinley's first lady
- 32 Like mud in election season
- 33 Serious violations
- 35 PC's spacebar neighbor
- 36 Mayor pro ___
- 37 Swallow
- 40 Replayed service
- 41 Lay on the line
- 43 "The Haywain Triptych" painter
- 45 Keen perception
- 46 Teased style
- 50 Many a "Call the Midwife" character
- 51 Part of FWIW
- 52 Yak-like
- 55 Honeymoon spots
- 59 What a deejay might do to create energy ... or a request that may lead to 17-, 25- and

46-Across

- 62 Digital imaging brand
- 63 Lodging
- 64 Highly prized
- 65 Exec's dispatch
- 66 iPods since 2005
- 67 "The Facts of Life" mentor Garrett

Down

- 1 Get fresh with
- 2 His, in Le Havre
- 3 Didn't surrender
- 4 Old-style hangover relief
- 5 Devoted follower
- 6 He played Frank on "CHiPs"
- 7 Commercial URL suffix
- 8 French article
- 9 Many an infomercial offering
- 10 Greek personification of time
- 11 Lane often in distress
- 12 Honeymoon options
- 13 Long-haired lap dog, familiarly
- 18 Most interesting to a collector
- 19 Minute amount
- 23 Element in pewter
- 24 Swallow
- 25 Accusatory retort
- 26 Impulsive line
- 27 "I'm walkin' here!" speaker of 1969
- 28 "Dancing With the Stars" dances

29 Persian Gulf sight

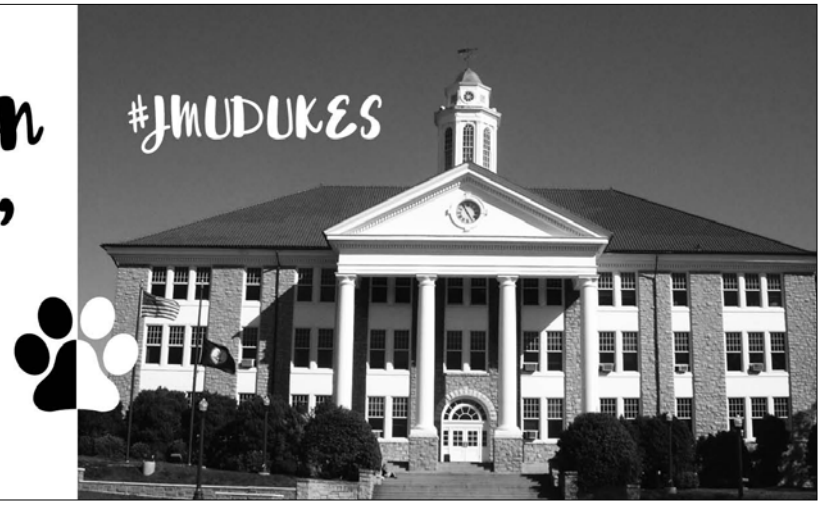
- 30 Massage
- 34 Texas ALer
- 38 Pulls off
- 39 "Oh yeah?"
- 42 Spicy Chinese dish
- 44 A
- 47 Fish whose preparation is strictly regulated in Japan
- 48 Griddle alternative
- 49 Lover of Tristan
- 52 Virtually bombard
- 53 Voluminous
- 54 Switch on a radio
- 55 Modernize
- 56 Kicked oneself about
- 57 IRS agent
- 58 Vaccines
- 60 Placeholder abbr.
- 61 Sweetheart

By Jeff Stillman

3/23/17

Find the answers online at: breezejmu.org/site/crossword_answers

"Education is the most powerful weapon which you can use to change the world."
-Nelson Mandela



KASIA BURNS / THE BREEZE

PUBLIC NOTICE

ABC Virginia Department of Alcoholic Beverage Control
 2007 Hennington Road / P.O. Box 27401, Richmond, VA 23207
www.abc.virginia.gov

RETAIL LICENSE APPLICATION—PART 2 (POSTING AND PUBLISHING)

PUBLISHING NOTICE

Please publish the following item in the legal notice section of your newspaper. Please refer to the instructions provided on page 9.

(Full name(s) of owner(s): Angeliki Floros
If general partnership, enter partners' names or name of partnership. If LP, LLP, LLC or corporation, enter name as recorded with the State Corporation Commission. If association or tax-exempt private club, enter name. Only if a sole proprietor, enter first, middle and last name.

Trading as: Jesses Quick Lunch
(trade name)

22 S Main St.
(street address where business will trade)

Harrisonburg
(city/town)

(county) Virginia 22801+3734
(state) (zip + 4)

The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On & Off Premises license
(type of license(s) applied for)

to sell or manufacture alcoholic beverages.

Angeliki Floros Sole Proprietor
(name and title of owner/partner/officer authorizing advertisement)

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

824 of 825: 9/2013. This is an official state document. All information contained or submitted herein is public information. Please refer to privacy statement (pg. 3) regarding personal information. Reference restrictions (printed separately) with questions. Retail License Application, page 11

Make sure you pick up a copy of **The Breeze** every **Thursday!**

CLASSIFIEDS

Help Wanted

MOVING POSITIONS F/T & P/T! Taking time off from school this summer? Work for Student Services Moving & Storage Co. \$11-\$13/hr Travel, tips & bonuses. Valid drivers license required! Apply now at www.studentservices-moving.com

Reliable caregivers needed to supervise groups of young children at rehearsals and concert performances at Wilson Hall. Must be available May 24th-28th between the hours of 3:30 and 9 pm. Average 15-25 hours total, \$8/hour. If interested, contact dancencompany@gmail.com or call 540-810-3631.

Apts for Rent

.25 mile from Campus
 4 + bedroom Fenced in Backyard (pets ok with landlord approval)
 Fireplace
 Off Street Parking
 2 Full Kitchens
 3 Full Bathrooms
 Rec room
 Carport
 1500.00 a month
 Contact me at Greg.Pfaff@klinemay.com

Place your classified at **BreezeJMU.org/classifieds**
 First 10 words for \$1

Upcoming Events

Friday

- Run, Sweat & Beers @ Brothers Craft Brewing, 5:30-7 p.m.
- Todd Schlabach LIVE @ Jimmy Madison's, 8:30-11 p.m.

Saturday

- Fabric from Photos @ Virginia Quilt Museum, 10 a.m. to 2 p.m.
- Predator Birds @ Explore More Discovery Museum, 11 a.m. to noon

Sunday

- Spring Art Market @ Three Notch'd Brewing, noon to 6 p.m.
- Vinyasa and Vino with the Nest Yoga Studio @ Bluestone Vineyard, 4-6 p.m.

Biology and Chemistry Students

Consider a career in the exciting field of Histotechnology!

SENTARA RMH SCHOOL OF HISTOTECHNOLOGY

Guaranteed Job Placement!
\$15K Sign On Bonus! Great Salary!

SENTARA

Sentara.com/HistotechnologySchool

Editorial Staff

<p>EDITOR-IN-CHIEF ROBYN SMITH breezeditor@gmail.com</p> <p>MANAGING EDITOR- PRINT MIKE DOLZER breezepress@gmail.com</p> <p>MANAGING EDITOR- ONLINE RICHIE BOZEK thebreezeweb@gmail.com</p> <p>NEWS EDITORS CAROLINE JANSEN & EMMA KORYNTA breezenews@gmail.com</p> <p>ARTS EDITORS EMMY FREEDMAN & JULIA NELSON breezearts@gmail.com</p> <p>SPORTS EDITORS BENNETT CONLIN & MATT WEYRICH breezesports@gmail.com</p>	<p>OPINION EDITOR RACHEL PETTY breezeopinion@gmail.com</p> <p>COPY EDITORS MATT DANGELO, BRIANA ELLISON & JO TROMBADORE breezecopy@gmail.com</p> <p>PHOTO EDITORS JAMES ALLEN & LOREN PROBISH breezephoto@gmail.com</p> <p>VIDEO EDITOR MEGAN RZEPKA breezevideo1@gmail.com</p> <p>ART DIRECTOR RACHEL OWENS breezeartdirector@gmail.com</p> <p>GRAPHICS EDITOR CHELSEA CROUCH thebreezegrphics@gmail.com</p>
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Advertising Staff

<p>ACCOUNT EXECUTIVE RYAN ABBOTT</p>	<p>AD DESIGNER ISABELLA CIANO</p>
------------------------------------------------------------------	---------------------------------------------------------------

The Breeze
Serving James Madison University Since 1922

1598 S. Main St.
 Harrisonburg, VA 22801
PHONE: 540-568-6127
FAX: 540-568-7889

MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

Published on Thursday mornings, The Breeze is distributed throughout James Madison University and the local Harrisonburg community. Single copies of The Breeze are distributed free of charge. Additional copies are available for 50 cents by contacting our business office. Comments and complaints should be addressed to Robyn Smith, editor.



History through the lens

By **CHRISTINA ZIU**
The Breeze

From the Oval Office to countries around the world, Lawrence Jackson has been there behind the camera to capture former President Barack Obama and former first lady Michelle Obama make history. Jackson, a JMU ('90) alumnus, spent the past eight years as a White House photographer for the Obama administration.

"It hasn't escaped me that I was very lucky to be hired to do this job," Jackson said.

Jackson has a rich background in the media field. In high school, he worked for his high school yearbook. When it was time to think about colleges, he was drawn to JMU after hearing about the communications program (now SMAD). Initially wanting to be a newscaster or sportscaster, Jackson found a love for photography.

"I quickly realized I did not want to be in front of the camera and enjoyed being behind the camera instead," Jackson said.

At JMU, Jackson majored in journalism, minored in art photography and was involved with *The Breeze*. Starting as a staff photographer his freshman year, he served as the photography editor his junior and senior years.

"Being a part of *The Breeze* meant I got to cover things and did things that not every student did and I think that gave me a better sense of the JMU community than most people," Jackson said. "I've always appreciated that, and hopefully I took some good pictures along the way that kind of reflected my time there."

Heather Tierney, a JMU alumna ('90) and former managing editor at *The Breeze*, worked alongside Jackson while he was photography editor. She recalls his calm demeanor under pressure and his talent behind the lens.

"Knowing that you could depend on him to give you what you needed for the page or to cover something the right way was important," Tierney said. "He has an incredible gift for being right where he needs to be at the exact, precise moment and being able to capture that moment."

Jackson said his advisers at *The Breeze* and his photojournalism professor Tommy Thompson helped him prepare for his career, as they always pushed students to go out and get the story.

"They instilled in us, 'If you're going to do it, do it the right way, do it as journalists,'" Jackson said.

Thompson, who taught photojournalism at JMU for nearly 40 years, explains what it was like to have Jackson as a student.

"He came in with a natural talent and about everything he tried to do while he was here at JMU he was able to accomplish," Thompson said. "You really don't teach a student like Lawrence, you just kind of give him guidance as he goes through."

After graduation, Jackson landed a year-long internship with three

newspapers owned by Landmark Communications. In 1991, he was offered a full-time job with one of the papers, *The Virginian-Pilot* in Norfolk. After working there for almost 10 years, Jackson began working for the Associated Press in 2000.

In March of 2009, Jackson officially became a staff photographer for the White House. Working closely with former Chief Photographer Pete Souza, Jackson assisted in covering the president and first lady; Souza was the former president's primary photographer, while Jackson and his fellow staff photographers were the former first lady's.

Between the five photographers combined, they took about 10,000 images a week.

"There are some days where we were just running constantly, nonstop

all day," Jackson said. "And there are some days when everything is closed and private sessions, so we would shoot either nothing or we would set up for another event for the next day."

In addition to photographing events in the White House, Jackson got to capture the presidency around the world. The Great Wall of China, the pyramids of Egypt, Cuba, Vietnam and Japan were all a part of that journey.

"You're going to a country you've never been before and you're seeing people along the streets, along the motorcade route, who are really happy to see the president," Jackson said. "The reaction of people to this president and to this first lady, it was always very refreshing."

Traveling wasn't the only perk of the job; interacting with the president was an experience in itself. According to Jackson, Obama is a considerate and all-around nice guy.

"I've been in Washington for 14 years now and I covered politicians and senators and congressmen, and you can tell when someone is being nice just to be nice, and you can tell when someone's being genuine," Jackson said. "I've always found that the president and the first lady are two of the most genuine people you'd ever meet."

Now that the Obamas are no longer in the White House, Jackson said the thing he misses most about the job is being there for parts of history. Jackson was there for many of Obama's speeches, such as when he addressed the Emanuel African Methodist Episcopal Church after the shooting in Charleston, South Carolina.

"That's why I took the job — for the history and a chance to document it," Jackson said.

In regard to his favorite photograph he's taken, Jackson said it's like trying to pick a favorite child — nearly impossible. However, he has a few that stand out in his mind.

One was when he photographed the March on the Edmund Pettus Bridge in Selma, Alabama, in 2015. Jackson said that to capture the moment, he was on a flatbed truck about 30 yards ahead as the first family and crowd walked toward him.

Another of his favorites was in the Oval Office, taking departure photos with former staff.

"The staffer had a daughter — or I think maybe a niece — who came to give the president a hug," Jackson said. "So I took a couple of candid pictures ... it's from behind of the president, you can see the girl's face, you can see her arms wrapped around him, and she's got this look of like ... 'Thank you for what you've done for me and for us.'"

Jackson said that the photographs that he and his office took throughout the past eight years really give people a sense of the civil service the former president and first lady did in terms of serving the country.

"It's been one of the proudest things I've ever been a part of," Jackson said.



PHOTOS COURTESY OF LAWRENCE JACKSON

Jackson covered historic events, such as Obama's speech in Charleston, S.C.

CONTACT Christina Ziu at ziuct@dukes.jmu.edu.

Get published.

It's good for you. It's good for us.

Work for **The Breeze**.
breezypress@gmail.com

HARRISONBURG'S BEST COMPUTER AND PHONE REPAIR



ANY BRAND, ANY PROBLEM!

2347 S. Main St. Harrisonburg, VA 22801 | 540.435.0553 | www.rozhitech.com

Near Rockingham Memorial Hospital
1880 Port Republic Rd • Harrisonburg, VA 22801

Buy One, Get One FREE
Cajun Filet Biscuit

Offer good through 4/15/17 at Harrisonburg, Charlottesville, and Winchester, VA locations only. Please present coupon before ordering. Not good with any other offer or coupon. No substitutions. Limit one coupon per customer.

\$19.99
12pc Super Tailgate
12pc chicken, 6 biscuits, 3 picnic fixin's, 1/2 gallon iced tea

Offer good through 4/15/17 at Harrisonburg, Charlottesville, and Winchester, VA locations only. Please present coupon before ordering. Not good with any other offer or coupon. No substitutions. Limit one coupon per customer.

'What the world has to offer them'

New JMU branch of College Mentors for Kids allows students to motivate young children to pursue higher education



COURTESY OF COLLEGE MENTORS FOR KIDS AT JMU

The mentor program extends nationwide and is in over 34 colleges and universities, helping over 2,500 elementary and middle school students. The JMU branch of the organization was officially recognized by the university this month.

By **MAKENA RAFFERTY-LEWIS**
The Breeze

Students at JMU are taking time out of their busy schedules to spend time with children and help shape their lives in the name of higher education.

According to Christina Saindon, the faculty adviser for the College Mentors for Kids, the nonprofit organization was officially accepted in the JMU student organization list on March 1.

"College Mentors for Kids aspires to motivate kids and college students alike [to] reach their full potential to positively impact the community," said Caitlin Sargeant, a senior health sciences major and president of the organization.

This group of students facilitates weekly after-school activities for elementary students that focus on higher education, career goals, cultures and diversity.

"I'm thoroughly impressed with the labor of these students. They're going to do great work in our community through the help of JMU Student Activities and student mentors over the years," Saindon said.

Last spring, Sargeant and co-founder Ryan Price began recruiting members for the executive board. College Mentors for Kids now has 42 members who are paired with "little buddies," elementary school students, at W.H. Keister Elementary School.

Cody Lopez, the associate director of programing for the national organization of College Mentors for Kids, got his start with the group when he founded a chapter at Virginia Tech in 2014.

"We aim to acclimate kids to what the world has to offer them," Lopez said. "We don't want to teach them what to think, we want to teach them how to think for themselves and discover their own passions."

According to Lopez, the organization is now involved with over 2,500 first through sixth graders in over 34 colleges and universities in 10 different states.

Lopez believes that the group has the ability to affect both the elementary school students and their college counterparts.

"Our program benefits college students as well by helping them learn about their campus resources, leadership skills and the need for positive role models in their communities," Lopez said.

Sargeant said that College Mentors for Kids works to open the little buddies up to what's beyond their school community and introduces them to new opportunities.

College Mentors for Kids facilitates "introducing them to varying cultural experiences especially showing the benefits of cultural understanding, understanding the importance of and ways to give back to a local community, and provide experience for their professional career," Saindon said.

The group hopes to expand to other elementary schools in Harrisonburg and the surrounding areas.



COURTESY OF COLLEGE MENTORS FOR KIDS AT JMU

Students involved in the mentor program work with local children to improve the way they view higher education and their chances of attending college.

"Most importantly, the goal is to positively impact college and elementary school students and the surrounding community," Saindon said.

Lopez also believes that the best thing the group can do to improve is expand their number of mentors as well as the number of schools and little buddies that are involved.

"We want the program to thrive on campus and in the community, and to create a legacy that will last far beyond my time with the program," Lopez said.

Lopez hopes to expand the program to a second elementary school by the end of next school year. For that to happen, more college mentors are needed. According to Sargeant, students can apply through the College Mentors website. Then, applicants will do group interviews with executive members.

There they can "showcase their problem-solving skills, experience working with children and their passion for joining the organization," Sargeant said.

Next, potential mentors will be put through a background check and then have the chance to be approved as a mentor.

Lopez has been involved with the organization since he was in college and was even able to make a career out of it. He encourages students at JMU to get involved.

"Kids see the magic in the world because they look for it, and I feel like it's so incredible to have the opportunity to be a magician for children," Lopez said. "I love seeing and understanding the difference that it makes, even to just listen to what a child has to say."

CONTACT Makena Rafferty-Lewis at raffermf@dukes.jmu.edu.



PHOTOS COURTESY OF COLLEGE MENTORS FOR KIDS AT JMU

Mentors participate in a variety of events with children enrolled in the program ranging from showing them around campus to working through lesson plans. One of their aims is to show students how to give back to local communities.

RING | 'Keeping the tradition'

from front

Each student who attended was given a raffle ticket to win prizes such as a GoPro, Fitbit, Eno, Apple Watch or a pair of Beats.

Students entered their names in a raffle for a free class ring. Taylor Van Ness, a sophomore architectural design major, won the free ring. She felt it was important to come to the event.

"Just to be a part of the class, because I know that with college you don't really know everyone, it's not as close as high school," Van Ness said.

The class council has been planning the ring premiere for a year with the help of the ring committee.

Amanda Kelly, a sophomore marketing major, is the ring chair of the committee this year.

"We had complete free range of what we wanted to do with the ring," Kelly said. "We [want to] leave that mark from our event for the future grades to kind of pick up on."

The ring was created and budgeted by Balfour. The ring committee met with the artist in November to present design ideas incorporating JMU and the class of 2019.

"It's important to the school just because it's keeping the tradition alive," Boettger said.

On one side of the ring, engravings include a sunset, the Newman Lake bridge, Wilson Hall, a scale balancing symbols that represent service and knowledge and a crown atop a paw print.

On the other side of the ring are engravings specific to the class of 2019. These include a sunrise, a statue of James Madison covered in streamers, a "Be the Change" banner, the Constitution, UREC, the Quad and 1787 August Orientation.

Along with the current design, Balfour is offering an optional engraving of the 2016 FCS Championship at no additional charge if ordered this year.

"Hopefully we're making the tradition of JMU ring premiere even bigger and so it gets better throughout the years," Boettger said.

A GoPro video of sophomores holding a whiteboard saying where they were from and why they love JMU was also played at the event.

Ring orders can be made with Balfour staffers in Festival on Thursday and Friday from 11 a.m. to 3 p.m., as well as next Monday through Thursday.

CONTACT Ingrid Basheda at bashedig@dukes.jmu.edu.

WATCH OUR LIVE
STREAM EVERY
WEDNESDAY!

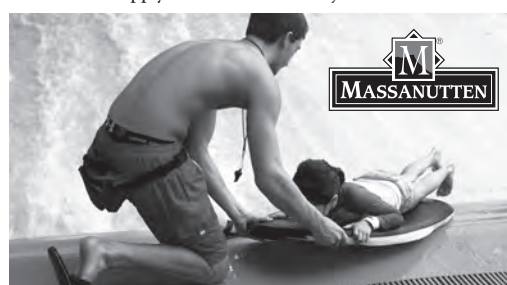


**LIFEGUARDS
WANTED!**

Massanutten Resort Now Hiring!

Flexible Scheduling • Fun Workplace
Competitive Rates

Apply online at massresortjobs.com



MassResort.com/Aquatics | 540.289.4987

Current American Red Cross Lifeguarding certification required.
Training classes offered on-site!

NOW HIRING

**SHENANDOAH RIVER
OUTFITTERS**

good drivers looking
for CDL training

We are now hiring energetic,
capable team players for the
2017 summer season

Will pay for training

540-743-4159

Full and part-time positions
Must apply in person
Call for appointments

shenandoahriver.com

SPENCER MUNSON | organized ramblings

Why do sports get more attention than politics?



In 2015, nearly 75 million people signed up to play fantasy football. That's almost a quarter of the country that spent a combined \$4.9 billion on the fantasy competition. In 2009, the Super Bowl drew in an estimated 151 million viewers, dwarfing former President Barack Obama's 2009 State of the Union address by about 100 million. A study by the NFL in 2002 found that the average American

week reading scientific journals or following political developments. The humor quickly disappeared as I began to envision a world where the average person replaced the time they spent following sports by following the political environment, learning about social issues and keeping up to date with emerging scientific knowledge. The ramifications of an entire society that's well-informed, scientifically literate and socially aware is actually hard to fathom.

Today, our planet faces dangerous levels of population growth, an ever-worsening pattern of climate change and worldwide humanitarian crises. In this era, we're faced with some of our greatest challenges, but these issues won't be solved if we don't inform ourselves and take action. I don't want this article to serve as one massive buzzkill — and given the statistics previously stated on

The ramifications of an entire society that's well-informed, scientifically literate and socially aware is actually hard to fathom.

male spent about seven hours every week watching football alone. It would be a tough argument to say that's time spent productively but it could certainly be justified as time for rest and relaxation. These figures give some perspective on just how much time and money we invest in professional sports fandoms.

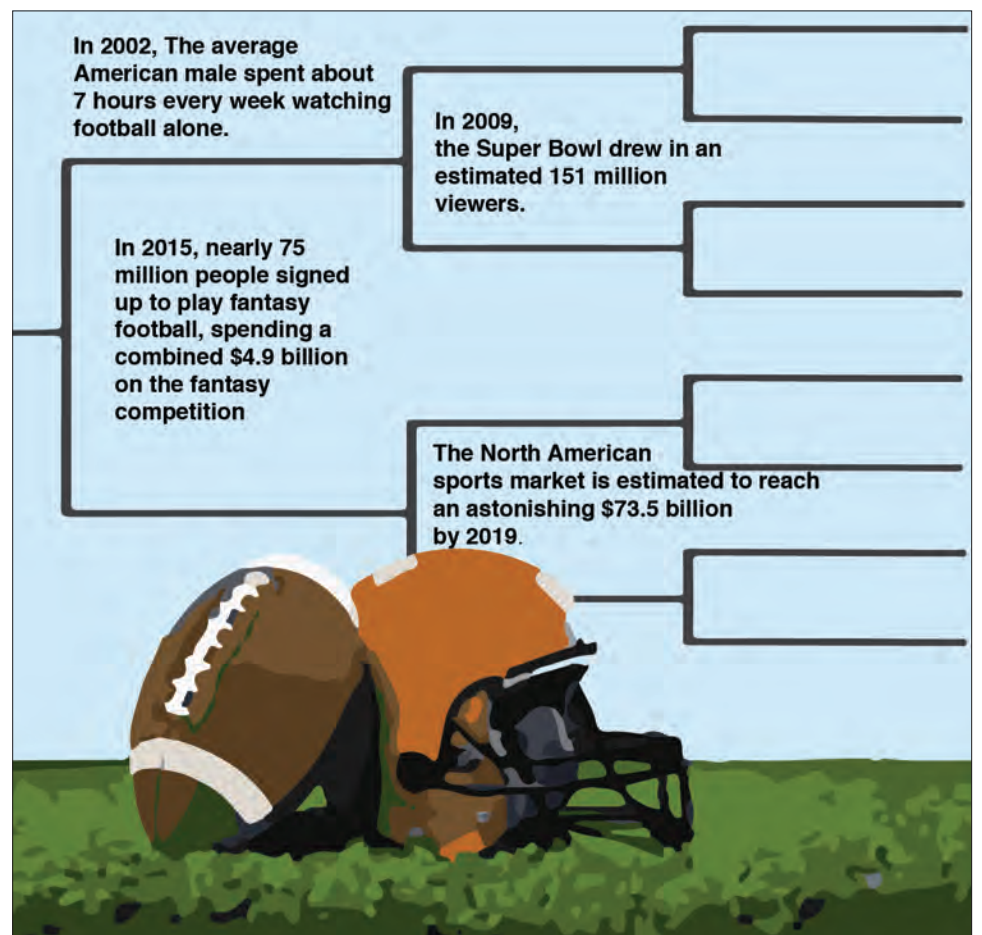
Today, I'm rarely surprised when the conversation with a group of friends reverts back to sports, and I'm fascinated by the immense knowledge that many of my friends have on the topic. The emergence of fantasy football and sports betting has given sports fans an even greater excuse to watch any and every sporting event they can find on their TVs or laptops. One day, while listening to one of these endless arguments about which free agent quarterback had the most value, I started to think about what it would be like if you replaced the subject of conversation with something like politics or science.

At first, this idea seemed comical because it would mean that my friends were spending hours every

sports fandoms, this is sure to be an unpopular opinion. Unfortunately, reality isn't always simple and things don't always just "work out."

If we all took a little more time out of our daily lives to inform ourselves and invested our time and money into more responsible efforts, the impact could be immense. Sports and friendly competition are a magnificent part of life that add a much needed dimension to our daily routines, but if we become completely engulfed in a game, we might miss our opportunity to improve the real world around us through informed and justified action.

Spencer Munson is a senior management major. Contact Spencer at munsonsc@dukes.jmu.edu.



MEGAN WALKER / THE BREEZE

BECCA ROITHMAYR | friend to friend

Artivism gives a voice to the voiceless



MAEVE REISS / THE BREEZE

Rachel Newman, a junior graphic design major at JMU, painted endangered animals that are on display at Ruby's Lounge at Clementine Cafe as part of its monthly art show series. "Animals in Color" is a local example of artivism.



For some, art is a painting on a museum wall that they were dragged to look at by a sixth grade history teacher. For others, art is a way to express individuality and abstractly share emotion. Today, I ask you to explore the idea that art and creativity can be used as a medium for societal and political change.

Oftentimes, we forget the impact that a simple creation can have on society as a whole. People who are deemed "introverts" struggle to find a voice loud enough to make an impact, but the truth is, some of the strongest messages didn't involve speaking at all. The ability to influence others by utilizing public space to construct art is formally known as artivism. In the simplest of terms, it can be defined as activism through art. Take British artist Louis Masai for example. Masai paints murals of endangered animals in the public domain in order to raise awareness of society's tendency to mourn the death of a celebrity but neglect to recognize an entire species disappearing.

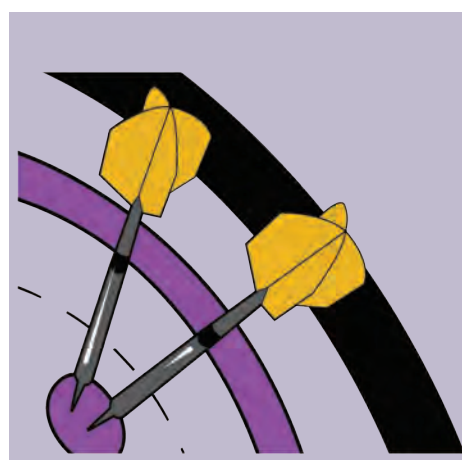
The goal of those who participate in artivism is to harness art's capacity to promote social change. The prompted awareness that a piece of art embodies could potentially achieve progression for the surrounding community as well as society as a whole. Perhaps the most rewarding part of partaking in artivism is turning a bleak, empty space

into something tangible, beautiful and meaningful. With art's ability to impact large audiences, artists gain the ability to access the world's attention by contributing pieces of work to public spaces. By engaging in artivism, one can convey a message to their community and empower others without saying a word. Examples of artivism touch on a wide variety of social issues ranging from women's rights to environment sustainability. These messages all have the ability to be conveyed to an entire community by simply catching the eyes of everyday people walking by.

An activist strives to take control of the empty spaces around them and construct a message that has the ability to positively impact others. From utilizing the different forms of street art to filming a documentary and sharing it on Facebook, a message has infinite possibilities to promote change.

Ultimately, artists view art as a working component in the larger mechanism known as society. Small parts work in relation to each other and become mutually dependent. We're people starting off with different beliefs, worldviews and values, but that doesn't limit our ability to influence each other. Our codependency is what fundamentally allows one person to make a profound difference. Because of this, the vital goal of artists is to ask themselves: What message do I want my neighbors to hear?

Becca Roithmayr is a junior communication studies major. Contact Becca at roithmrk@dukes.jmu.edu.



DARTS & PATS

A "why-is-this-just-happening-now" pat to my Italian teacher for including so many new vegan options in the refrigerated section of the P.O.D. in SSC.
From a last-semester vegan who wants to try all the new options before graduating.

A "you're-the-best" pat to my friends who celebrated my birthday with me at Dodger.
From a thankful and hungover gal.

A "good-work-out-there" pat to my Italian teacher for being great.
From a senior who's still trying to master the word "ciao" and appreciates your dedication.

A "seriously?" dart to the parking services worker sitting in a student space in Warsaw.
From a senior who could've used that spot.

A "you-done-did-it" pat to Andy Uhlig for putting together an event as sweet as the desserts.
From a proud roomie who's also your best friend.

An "I-guess-I'll-eat-cereal-with-water" dart to E-Hall and D-Hub for no longer having lactose-free milk options.
From a student who just wants Cocoa Puffs.

Editorial Policies

The Breeze
1598 S. Main Street
Harrisonburg, VA 22801

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. The Breeze assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of The Breeze or its staff.

Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

NAHLA ABOUTABL | respect the riot

Ties to Russia trump America's best interests



We're facing some strange times as a country — times that many wouldn't have expected to see in the U.S. Just this past Monday, FBI Director James Comey confirmed that there's an ongoing investigation into the Trump campaign and administration's questionable ties with Russia.

The investigation, along with Trump's recent policies, raise many questions about his allegiance to the American people as opposed to his own financial interests.

One of the more questionable ties brought up in the investigation is the relationship between Secretary of State Rex Tillerson and Russian President Vladimir Putin. Tillerson, formerly the CEO of ExxonMobil, created a strong partnership with Russian oil giant Rosneft and believes U.S. sanctions in response to Russia's annexation of Crimea to be "ineffective." This might be because these sanctions have hurt ExxonMobil's partnership with Rosneft, but who really knows, right?

What baffles me isn't just that Comey confirmed that Russia "wanted to hurt our democracy" and did in fact try to tamper with the elections, but that the same administration that's so concerned with national security is committing perjury and being extremely friendly with a well-known adversary.

These reports are confirmed by the FBI and aren't partisan in nature, meaning that this isn't just some political stunt the Democrats pulled to prove that Trump is unfit for leadership, but that it's a serious national security issue we should be concerned about, regardless of our political affiliations.

But this administration is obviously not actually concerned for our national security. If they were, why

would they lie under oath about meetings with Russian officials? I hope we haven't forgotten that our attorney general has lied under oath, making him just as unqualified and untrustworthy as the rest of Trump's scandal-ridden administration.

Let's also remember that this administration is seeking to slash the funding of the Environmental Protection Agency, the State Department and the Department of Agriculture. Not only that, but Trump's budget cuts will hurt after-school programs where underprivileged kids go to get help on their homework and eat food they might not get at home. These programs, which help around 1.6 million American children, are threatened by Trump's proposal to eliminate \$1.2 billion in grants. Tell me more about how Trump cares for the safety and well-being of this country and its future.

How can an administration that has strong business ties with a known adversary claim that it's concerned for our safety? How can an administration willing to cut funding proved to help underprivileged children succeed in school claim that it's worried about our well-being? The answer is simple: Keep pointing to terrorism and blame all your problems on marginalized people. Enact racist policies against people you want to be the scapegoats and watch as your ignorant supporters salivate over your so-called patriotism.

As a Muslim-American who actually cares about the future of my country, I can say that I'm definitely not the biggest threat facing our nation. If anything, it's ignorance we need to be fearful of — ignorance that leads to the likes of Trump.

Nahla Aboutabl is a communication and advocacy graduate student. Contact Nahla at aboutanm@dukes.jmu.edu.



COURTESY OF TRIBUNE NEWS SERVICE

James Comey, director of the FBI, testifies before the House Intelligence Committee hearing Monday.

RISHMITA AICH | pride and prejudice

Health care in U.S. could be more accessible with improvements



The U.S is the third most expensive country in terms of medical care, surpassed only by Norway and Switzerland. But it's still the most ineffective and unapproachable health care system.

According to the Centers for Disease Control and Prevention, the number of Americans between the ages of 18 and 64 who delay medical care due to cost or non-cost reasons is steadily increasing annually. So, as soon as most Americans venture into adulthood after being under their parent's supervision, they deny seeking medical help.

This fact rings especially true for college students. Buried under the pressure of schoolwork, rent or the next track meet, most of us would rather choose to play the waiting game by sweeping the nagging headaches, stomach aches or joint pains under the rug until they stop on their own. There's a reason why 18-year-olds are afraid of doctors and hospitals: primarily the cost.

Lost in the maze of scouting through insurance claims and coverage plans to entail medications that cost way more than three months of rent, students choose to stay sick or self-medicate themselves with over-the-counter drugs to avoid the complexities of finding a cure. I believe that the complex health care system in America could be as responsible for causing people to delay seeking medical help as college stress. Moreover, the habit of neglecting health only gets worse after college life.

The lackluster attitude of "walking off" health conditions becomes a part of an average American's daily regimen, and the price is often paid by their kids. According to a survey conducted by the Centers for Disease Control and Prevention, America has one of the highest infant mortality counts in the world.

The complex legalities of the medical process have not only adversely affected the patients, but have reduced the expertise of most physicians to nothing but mere scan-readers.

A Washington Post article covering the same issue states that it's mostly due to drastic differences between the immediate, high quality neo-natal care administered in the hospitals and the inaccessibility of everyday health care after a baby is sent home. Clearly, the \$3 trillion U.S. health care sector isn't only expensive, but has also created a trend of negligence in most American households. So what makes the system so expensive that a rendezvous with death seems easier than seeking medical help?

Apart from administrative costs that surround staffing and the branding of the type of health care one's receiving, a succinct reason

why the American health care system is driving us up a wall is the practice of defensive medication. If you've ever been through the mind-toiling process of going through a number of expensive scans and tests before a diagnosis, then you must know that some of them are unnecessary and solely prescribed out of fear and underconfidence by health care providers.

According to a University of Pennsylvania report, in the case of lower-back pain, MRIs and X-rays aren't a necessary diagnostic. Instead, the article suggests something as simple as physical therapy and Ibuprofen. If machine-led diagnosis is ultimately the key to detecting a disease, then why should one be obligated to consult a physician at all?

Clearly, the complex legalities of the medical process have not only adversely affected the patients, but have reduced the expertise of most physicians to nothing but mere scan-readers.

With more and more students coming to campus with significant health needs ranging from chronic diseases to mental health challenges, the demand on the health centers are greater than ever before. So, it's important that health care facilities outside of college campuses are more accessible and approachable for students.

The vicious cycle of expensive medical care leading to negligence toward health and wellbeing of Americans needs to come to an end.

Rishmita Aich is a junior media arts and design major. Contact Rishmita at aichrx@dukes.jmu.edu.

CHOOSE ANY 2 OR MORE FOR \$5.99 EACH

MEDIUM 2-TOPPING PIZZAS, OVEN BAKED SANDWICHES, SALADS, 8-PIECE WINGS, BONELESS CHICKEN OR SPECIALTY CHICKEN, PASTAS, STUFFED CHEESY BREADS, MARBLED COOKIE BROWNIE

2-item minimum. Handmade Pan Pizzas* and bread bowls** may be extra.

PIECE of the PIE REWARDS

JOIN TODAY AND START EARNING POINTS TOWARD **FREE PIZZA**

SIGN UP at [Dominos.com/Rewards](https://www.dominos.com/rewards) to start earning points.

1 ORDER = 10 POINTS

60 POINTS = FREE PIZZA

Get a FREE medium 2-topping pizza when you can earn 60 points.

LOCALLY OWNED
CARING FOR THE COMMUNITY

@JMUDOMINOS
FOLLOW US FOR
DEALS & GIVEAWAYS



Documenting the dream

JMU alumni team up to make film about the lives of five students

By KEVIN PAINTER
The Breeze

All it took was one online job listing to unite three filmmakers on a journey that would take them 8,000 miles from home to one of the most unrecognized places on Earth. This journey culminated in "Somaliland," a documentary that shares the enduring stories of five students overcoming adversity.

The film started as the brainchild of Harry Lee, a University of Virginia ('08) alumnus. While searching online for employment, Lee found a job opportunity at Abaarso School of Science & Technology, a school in the self-declared state Somaliland. Somaliland is an autonomous region within Somalia that declared independence in 1991, but still isn't recognized internationally.

Even though the school was less than a year old at the time, Lee took the job anyway.

He worked at the school as a teacher and headmaster from 2010 to 2013, often working 90 hours a week to help build it up.

The school's first senior class graduated in 2013, and students were already being accepted into U.S. colleges as prestigious as the Massachusetts Institute of Technology. This is when Lee realized just how unbelievable these students' stories were, and decided to make a documentary following them through their pursuit of the American dream.

Lee didn't have any film experience at the time, so he reached out to his friend Ben Powell, a JMU ('05) alumnus.

Powell was originally a music industry major at JMU with no film experience whatsoever. However, the music industry led Powell into music video production, kickstarting his filmmaking career.

Lee knew about his background, and was able to convince him to get on board with starting a full-length documentary in 2014 on the students of Abaarso.

"He talked about how amazing this place was, and I heard his story and believed him," Powell said. "I was sold. A few months later, we were getting started. We started planning, started figuring out the story — went to our first film gig — and then a few months later, we

were flying to Africa."

About a year later, the third and final member of the team got on board: JMU ('08) alumna Kate Griendling.

Griendling was a communication studies major, and, like Powell, didn't originally have a history in film. After school, she landed an internship with "Good Morning America," writing for its politics page on the ABC News website. She slowly started working in the field doing TV for "Good Morning America," and eventually became a freelance filmmaker.

Lee heard about some success Griendling had with a documentary she wrote and directed for Discovery called "Capturing Oswald," and reached out to her.

"It started out as part time, giving my feedback when he had questions about what to do or what was going on, and before I knew it I was sort of all in with him and Ben," Griendling said.

Overall, the trio collectively took five trips to Somaliland, as well as dozens of trips domestically to visit the students at their American schools between spring 2014 and summer 2015. They wanted to remain independent throughout the filming process, so the trips were almost completely self-financed.

"Everywhere we went, we traveled for as cheaply as possible," Lee said. "We slept on people's couches and guest beds. We really relied on the kindness of our old friends and new ones at these schools and events. In total, we were basically able to do all our production over a two-year period just by paying for transportation. Everything else, we just kind of roughed it."

When it came time to finish the documentary, the group realized they would need \$35,000 to complete all the necessary final touches. In an effort to continue their grassroots approach, they decided to create a page on Kickstarter, a crowdfunding website where any creative mind can ask others to donate money toward their project.

Their Kickstarter ended up being a colossal success, raising over \$36,000 in only eight days. Since then, the Kickstarter page has reached \$43,758, with people having pledged money from as far as South Korea and the Netherlands.

"We did not expect to raise that amount of money in that amount

of time," Griendling said. "We think it's a testament to how important these stories [are] and [that] people want to hear these kinds of stories."

Now that the project is fully funded, the "Somaliland" team is looking forward to reaching diverse audiences across the country with their film. They hope to change the perspectives of many Americans concerning individuals in areas like Somaliland by sharing the striking stories of these students.

"The only thing that we're aware of [are] these stories in these sensational movies like 'Blackhawk Down' and 'Captain Phillips,' and these scenarios where these people are not portrayed in the best light," Powell said. "Hopefully our movie can kind of serve as the opposite of that where we show these kids, and they're just normal kids ... They're not terrorists."

CONTACT Kevin Painter at paintekm@dukes.jmu.edu.



PHOTOS COURTESY OF HARRY LEE

The filmmakers' goal is to inform viewers of the students' unseen struggles.

ANIMAL | Student showcases endangered animals for art gallery at Clementine

from front

Though all the animals featured in Rachel's exhibit are different, they're linked by the fact that they're endangered species. Through "Animals in Color," Rachel strives to bring attention to our interactions with animals.

"I'd hoped when I was making the exhibit to get people to understand that animals have their own personalities," Rachel said. "We don't grasp that enough."

Rachel draws inspiration from her surroundings and stresses the notion of creating a positive viewing experience.

"Most of my motivation comes from knowing that every person that I come in contact with or anytime someone sees my art, I make an impact on someone," Rachel said. "And I always strive to make that impact a positive one."

Family support has been instrumental in Rachel's success. Charlie is an avid fan of her artwork and has one of Rachel's charcoal drawings of a wolf hanging in his living room. He hopes that having her art displayed to the public will lead to more opportunities for her career.

"I've always been amazed at her talent and

we've always encouraged her," Charlie said. "Hopefully all this will take her somewhere else and open up some doors and give her new horizons."

One of the things Rachel loves the most about painting is being able to create things that weren't there before. For her, painting is a means of self-expression, and through "Animals in Color," Rachel is able to do just that.

"I get into a flow ... you just sit there and you do it and when you're done and you're like 'Wow, this came to be and I wasn't even thinking about it,'" Rachel said. "It's really cool for something to just show up on a canvas like that."

Rachel hopes that by having her exhibit displayed at Clementine, she will inspire others to pursue their passions.

"I want people to be inspired to do what they are passionate about and want them to be inspired to achieve their dreams," Rachel said. "Too often people talk themselves out of doing things they're truly interested and passionate about, and they should not be."

CONTACT Abby Church at churchae@dukes.jmu.edu.



MAEVE REISS / THE BREEZE

Rachel enjoys painting because it gives her the opportunity to bring attention to something that's never been seen before.

EDITORS' TRACK OF THE WEEK

"Passionfruit" by Drake

Read about Ben Shahn's art exhibit, "Drawing on the Left," on display in Duke Hall until April 5 at ...

<http://www.breezejmu.org/life/>

NOW OPEN!

**563 UNIVERSITY BLVD.
HARRISONBURG, VA • 540-217-2426**

jerseymikes.com

FREE REGULAR SUB

WITH PURCHASE OF ANY TWO REGULAR SUBS*
*of equal or greater value

OFFER VALID ONLY AT HARRISONBURG LOCATION

Hurry! Offer expires 3/30/17. One coupon per person per visit. Not to be combined with other offers. No cash value. Redeemable in person only. 1623

FREE CHIP & DRINK

*with purchase any size sub

OFFER VALID ONLY AT HARRISONBURG LOCATION

Hurry! Offer expires 3/30/17. One coupon per person per visit. Not to be combined with other offers. No cash value. Redeemable in person only. 1605

Life in abundance

Drake releases infectious rap album 'More Life'

By **DREW COWEN**
The Breeze

Drake
"More Life"
★★★★☆

Release: March 18, 2017

At this point in Drake's career, you either love his music or you hate it. It's hard to find someone who lies in between.

It's also hard to his escape the music. Drake has been releasing hit after hit almost every year since 2010. Everyone has heard a Drake song, whether it's on the radio at work, in the back of a friend's car or within the walls of a frat party.

But through all the memes and feuds, Drake has emerged as an artist who truly dominates his genre. He's been commercially on top of the rap game for a while, and it's obvious that he's starting to get bored.

This became apparent in "Views," his lengthy and introspective 2016 release. "Views" had 20 songs on it: the mark of a man with too much time on his hands. The album had absolutely no direction. Musically, it was all over the place. It also fell back on tired themes of Drake's love-hate relationship with fame and women.

That being said, he certainly knew how to make a pop song, with hits like "Hotline Bling" and "One Dance" displaying true mastery of the craft.

Since "Views," Drake has been very busy posting Instagram pictures of himself at the gym, sporting events and shows. He also made a new 22 song album.

Drake's newest project, "More Life: A Playlist By October Firm," doesn't take itself seriously. The very name teases at the fact that it's not intended to be the true successor for "Views." Instead, it sounds more like a mixtape, a sprawling course of singles and features. And here's the kicker: it's better than "Views."

Drake's well aware of his strengths as a singer. He utilizes

the infectious afrobeats anthems that kept him relevant in 2016 all throughout "More Life." Songs like "Passionfruit," "Blem," "Get It Together" and "Fake Love" all excel as continuations of the dancehall hits he started on "Views."

The other thing that "More Life" does very well is collaborate. There are a lot of artists on this project. Kanye West, Young Thug, Travis Scott, Quavo, 2 Chainz, Skepta, PARTYNEXTDOOR and Black Coffee are a few of them.

Most of these artists provide a break from the intense, Drake-heavy songs. "Ice Melts" featuring Young Thug is one of the best songs on the album. It utilizes the auto-tuned swoons of Thugger over a truly euphoric beat. Drake continues to pay homage to the influential Atlanta trap scene with songs like "Portland" featuring Quavo from popular rap group Migos.

On "4422," Drake hands the mic completely over to British artist Sampha. Similarly, the song "Get It Together" primarily features Jorja Smith.

"More Life" still suffers from many of the same problems that "Views" had. It lacks a unifying theme and is tiresome in length. Drake himself is a man with many masks throughout the album. Some of his rapping is reminiscent of his "Take Care" glory days. Other songs feature the same old "heartbroken" Drake whining about being rich.

Despite this, however, most of the album is good. Overall, it's another successful stamp on Drake's album passport.

But what are Drake's future plans? Luckily, he gives us an answer in the closing track "Do Not Disturb."

"My life is set around competition and currency / Takin' summer off, 'cause they tell me I need recovery / Maybe gettin' back to my regular life will humble me / I'll be back in 2018 to give you the summary. More Life."

Drew Cowen is a junior English and media arts and design double major. Contact Drew at cowends@dukes.jmu.edu.



COURTESY OF TRIBUNE NEWS SERVICE



COURTESY OF TRIBUNE NEWS SERVICE

From Hermione to heroine

'Beauty and the Beast' brings animated magic to life

By **SHANNA KELLY**
The Breeze

Walt Disney Studios
"Beauty and the Beast"
★★★★☆

Starring Emma Watson,
Dan Stevens

Release: March 17, 2017

A tale as old as time is being told in a positively enchanting new light. Disney managed to outdo its own animated production with its live-action remake of "Beauty and the Beast." This film will have you completely entranced from the first time Emma Watson's face lights up the screen as Belle all the way through the credits.

Directed by Bill Condon, the film took the classic, polished storyline and added in comedic dialogue and subplots that modernized the original film. In addition to supplementary dialogue, the film features new songs and scenes that expand the story to add insight into Belle's family life and background.

Watson was absolutely a real-life Belle, the epitome of gentleness, beauty, courage and a leading woman. This part perfectly paired with her role as a women's activist in real life.

However, there's been a lot of controversy over Watson being cast since she's British and Belle is supposed to be French. Watson kept her British accent for the film, which wasn't distracting, but was slightly peculiar when people in the market were speaking French.

It should be noted that Watson was actually born in Paris, France, which adds to the continuous theme of French culture in the film, and that in Disney's original "Beauty and the Beast," Belle had an American accent, not a French one.

The way that Watson's singing voice was placed in the movie was also a little odd. The producers altered her vocals in a way that covered the raw, natural quality of her simple voice in an unnatural way. Her vocals could be heard underneath the revamping of her vocals, but it would've sounded even more graceful and elegant if

they hadn't played with her singing voice so much.

Josh Gad, well-known for voicing Olaf from "Frozen," played LeFou, Gaston's quirky sidekick. Gad played Lefou impeccably, but there were moments when his lines resembled Olaf's, making one wonder if it was on purpose.

The remake played off LeFou's chosen servitude to Gaston (played by Luke Evans) in the original movie and decided to portray him as gay. However, the film excessively pointed this out in a way that seemed as though it was meant to be humorous rather than just another detail of the movie that Disney might not have explicitly stated in the original film.

Condon utilized his creative liberty with the costume choices at the beginning of the film when the Beast is still a man. Due to makeup, the Beast's human face couldn't be seen in the first scene, unlike the original film. This decision was extremely effective because it enhanced the impact of seeing the Beast's human face after he transforms. This enables the viewer to see the Beast as a man for the first time right when Belle does.

While the new film is a live-action movie, there are still a lot of characters that had to be animated, such as the talking candelabra Lumiere and the talking pendulum clock Cogsworth. While a difficult task to accomplish, the producers managed to keep these characters from seeming too childish. In fact, some scenes might be a little too scary for kids, such as the excellent animation of the wolves.

That being said, while the live-action remake of "Beauty and the Beast" would definitely grab the attention of younger viewers, an older audience would appreciate all of the wondrous details and expansions of the original tale so much more.

Through this remake, Condon doesn't bring viewers back to their childhood, but brings their childhood back to them to experience it in a new and beautiful light that truly makes "Beauty and the Beast" a tale as old as time.

Shanna Kelly is a freshman media arts and design and Spanish double major. Contact Shanna at kelly3sc@dukes.jmu.edu.

NOW HIRING

SHENANDOAH RIVER
OUTFITTERS

drivers, trip leaders
and more

We are now hiring energetic,
capable team players for the
2017 summer season

540-743-4159

Full and part-time positions
Must apply in person
Call for appointments

shenandoahriver.com

The College of Business is pleased to announce the expansion of the business minor to all undergraduate majors.

Apply:
www.jmu.edu/cob

Application Deadlines:
April 1 for Fall
November 1 for Spring

For more info, please contact
the Academic Success Center
in the College of Business
cobasc@jmu.edu
or 540-568-2785



Dirt, dingers and dangerous pitchers

Just how good is softball?

By JACK FITZPATRICK
The Breeze

JMU softball has been dominant to start this season. The Dukes are sitting at 24-3 and have won their last nine games behind the arm of junior pitcher Megan Good and outstanding offensive play.

This season, the Dukes have implemented a new philosophy when it comes to hitting. They don't measure success based on hits, but rather a good all-around at-bat.

"I think it has been up and down," head coach Mickey Dean said. "We want to make sure we are putting pressure on the defense and make sure we are making the opposing pitcher work and not giving her an easy inning or easy at-bat. Our new thing with our batters is just 'dig in' ... from first pitch to last pitch just dig in and be a bulldog."

The new mindset has seemed to affect the team's offensive output. This season, the Dukes are averaging six runs per game compared to scoring five last season. They've also surpassed 10 runs in three games this season.

JMU's team batting average is .336 and the Dukes are averaging nine hits per game. The offense has run with the new "dig-in-and-be-a-bulldog" philosophy as this team is playing at a high performance on both sides.

When the Dukes aren't batting, Good has proved to be the team's go-to pitcher. The reigning CAA Pitcher of the Year leads the nation in wins, shutouts and ERA. In the last six weeks, Good has won CAA Pitcher of the Week five times, and the one time she didn't win it, she won CAA Player of the Week.

However, Good's impact on the team reaches far beyond her dominant pitching. Her 27 RBIs lead the Dukes on the offensive side.

"I would say as an outfielder it is almost, like, the best feeling to play behind someone that is that dedicated and pitches so well," senior outfielder Taylor Newton said. "She doesn't even know it. She is one of the most humble people on the team and it is just ... really nice to be around her and have her lead on the mound."

JMU has fantastic pitching that shuts down opposing offenses almost every game. The Dukes have only allowed 21 earned runs this season in 27 games, which makes the Dukes' ERA the second best in the nation. They've allowed just 93 hits, which is about three per game.

The freshmen on JMU softball have quickly fallen into powerful roles, which Good has noticed.

"All of our freshmen have been stepping up to the plate this year," Good said. "I'm proud to see them have good at-bats like that. I can't pick out one person. They all have been doing well."

Dean identifies two such young players who've really stepped up in their roles. Freshmen infielders Cambry Arnold and Madison Naujokas have thrived in the Dukes' starting lineup.

"They both do a good job of understanding how to move around," Dean said. "As a coach that is nice because you don't always want to dictate the game. So when you have players that understand that, it really helps out."

The Dukes start CAA play on April 1 and they've been one of the best teams in the CAA since Dean arrived in 2013, finishing in first all four years except once in Dean's first year when they finished second.

The Dukes aren't only at the top of the CAA but are currently ranked 10th in the country.

"We have always had a target on our back since I have gotten here and I'm a senior," Newton said. "We just take it pitch by pitch and do not try to think about it."

CONTACT Jack Fitzpatrick at fitzpaig@dukes.jmu.edu.



CONNOR WOISARD / THE BREEZE

Megan Good leads the pitching staff with a 0.20 ERA.

Baseball powers way to top of CAA

By SAMMY CRISCITELLO
The Breeze

Steered by its relentless offensive production, JMU baseball has blazed its way out to a CAA-leading 14-5 start on the season.

The Dukes' .564 team slugging percentage is the highest clip in NCAA Division I — .29 points higher than Wake Forest's second-best mark at .535. JMU also ranks first in home runs per game with 1.84, fourth in home runs (35) and 10th in on-base percentage (.423).

For second-year head coach Marlin Ikenberry, the primary reason behind his team's production at the dish has been its ability to succeed in a variety of roles.

"Our biggest asset is that we hit a lot of balls hard," Ikenberry said. "When you have that type of offense and guys see the production of playing the small game and then see the production of hitting the long ball, you can do a little of both. It really makes them believe in what they're doing."

Anchored by first baseman Brett Johnson and outfielder Adam Sisk in the heart of the order, JMU has had no problem scoring runs, as the Dukes have crossed the plate 173 times — the most of any CAA team.

Johnson's eight home runs, 26 RBIs and .758 slugging percentage lead the CAA, while his .47 home runs per game are tied with Georgia Tech's Joey Bart and Quinnipiac's Liam Scaffariello for the best rate in the country.

The redshirt senior's slugging prowess is complemented by Sisk's ability to get on base ahead of him. Sisk leads D-I in runs per game at 1.63, and is 24th in OBP with a .545 clip.

"They've had a lot of at-bats in college and they know what their strengths are and they've been playing to that," Ikenberry said. "I think Adam had a couple of games where he wasn't swinging the bat well, but he figured it out at times throughout the game, whereas a year ago it would be an entire game where he'd have those bad at-bats snowballing. He doesn't let one at-bat affect him in the next, and that's just his maturity."

Johnson has lived up to the expectations set when he earned Preseason All-CAA honors thus far, and was recognized as CAA Player of the Week on Feb. 28. While Johnson has enjoyed success against nonconference teams, he's working to better his approach heading into the start of CAA play this weekend.

"I'm trying to attack pitchers early," Johnson said. "I think early in the season when I wasn't doing too hot, I was getting in bad counts, so I've tried to swing at good pitches early and I think lately I haven't been missing the pitches I've been getting to hit."

While the hitters like Johnson and Sisk lead in the flashy offensive statistics, the rest of the Dukes' lineup has done an excellent job at setting the table, as JMU leads the CAA in sacrifice bunts (17) and stolen bases (29).

"We're dynamic," Sisk, a junior outfielder, said. "We can do a lot of different things — we bunt, we hit and run, we hit for power, hit for average and steal bases. When you do all of those little things well, they all add up."

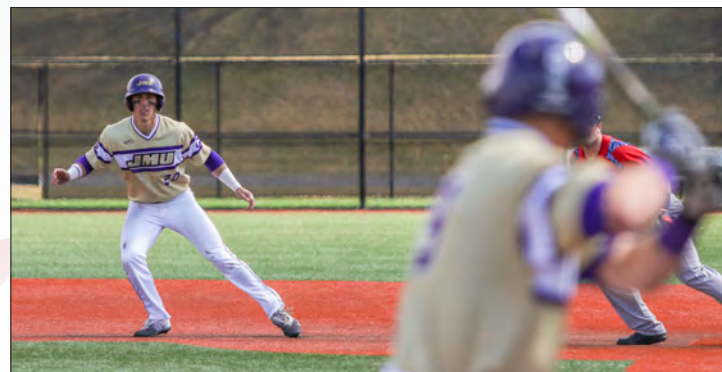
Veteran hitters like the middle infield duo of junior shortstop Kyle McPherson (.382 AVG/.494 OBP/.574 SLG) and redshirt junior second baseman Josh Wyatt (.370/.455/.674) have been invaluable to the team's ability to get runners in scoring position. However, the Dukes' deep bench consists of several viable replacements, a key factor that was put on full display on Friday when Wyatt was hit in the hand by a pitch and was replaced by Fox Semones for the remainder of the series.

The freshman second baseman flourished in his opportunity to play, hitting safely in seven of his 13 at-bats over the course of the four-game series with NJIT. Semones' breakout performance netted him CAA Rookie of the Week honors.

"Our offense is lethal, top to bottom," Johnson said. "We have guys who can drive the ball to all parts of the field and put it over the fence."

The Dukes will look to keep their bats hot as they begin conference play against the University of Delaware Friday at 6 p.m. at Veterans Memorial Park.

CONTACT Sammy Criscitello at criscisj@dukes.jmu.edu.



CONNOR WOISARD / THE BREEZE

Adam Sisk (20) paces the Dukes' offensive unit in hits, walks and runs scored.

INDIAN AMERICAN CAFE

(540) 433 - 1177

Specializing in
Non-Vegetarian/ Vegetarian
Indian Cuisine



91 N. Main St., Harrisonburg, VA

Serving the area since 1993

CAN YOU ESCAPE?

HOUSE OF CLUES
HARRISONBURG

harrisonburgescaperoom.com

737 East Market Street

540-810-0623

BOOK NOW

LEHMAN | JMU diver wraps up strong career

from front

Lehman is considered one of the most decorated athletes in program history, but her coaches and teammates believe she's an even better person.

"Olivia is a great athlete, but when she leaves us, it's the person that we are going to miss," Wolsh said. "She's an amazing young woman and she has her priorities in order."

Lehman was the lone senior on this year's diving team, which also featured two promising freshmen in Hope Byrum and Carlyn McNeely. The freshmen looked up to Lehman during their first full season of college competition.

"She has such a strong leadership role and she's always been there for us during the tough times and the great times," McNeely said. "With all of her experience, she was able to guide us and be a mentor for us."

Lehman completed her dual career by winning 19 out of a possible 20

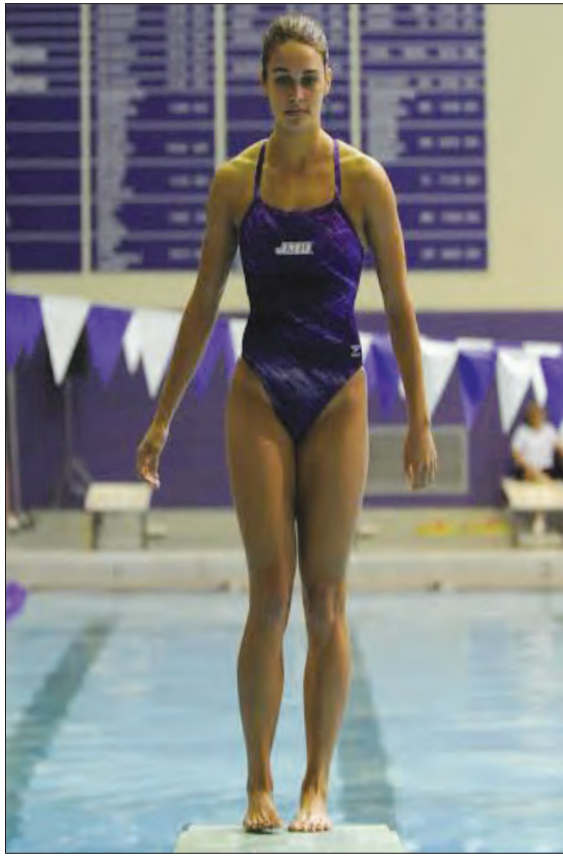
events, and finished as a three-time CAA champion. The senior was tabbed CAA Diver of the Week eight times over the course of her tenure and was also named CAA Diver of the Year last season. Her constant pursuit for excellence is something that will stay with the program for years to come.

"She has set a precedent for the two girls that were freshmen this year," Wolsh said. "Hopefully they will carry on that same integrity and that same work ethic."

Lehman said she'll always be thankful for the opportunity she was given at JMU. Her legacy will forever be entrenched in the culture of the JMU swimming and diving team.

"I'll never forget the people and experiences here," Lehman said. "I'll always remember the things we accomplished and all the good times my teammates and I had together."

CONTACT Jake Brod at brodjt@dukes.jmu.edu.



COURTESY OF JMU ATHLETICS COMMUNICATIONS

Olivia Lehman placed 50th at NAAs with a 211.25 total score.

Breeze Sports Bracket Challenge Results

1.) **Jack Fitzpatrick**

Percentile: 99.0

2.) **Duke Dawg**

Percentile: 85.0

3.) **Editor: Matt Weyrich**

Percentile: 79.4

7.) **Editor: Bennett Conlin**

Percentile: 33.3

MEGAN WALKER | THE BREEZE

Off the Beat

Off the Beat

Off the Beat

READ OUR BLOG
BREEZEJMU.ORG/OFFTHEBEAT

Off the Beat

Off the Beat

Live *Life* at Fox

Spacious 4-Bedroom Furnished Townhomes with Two Full Baths • Pet Friendly Washer/Dryer • Some Units with Unfinished Basements
Gym Membership Included • Electric w/Cap, Water, Cable & Internet Included

FOXHILL TOWNHOMES

(540) 432-5525
foxhill@umicommunities.com
1627 DEVON LANE | HARRISONBURG, VA 22801
PROFESSIONALLY MANAGED BY UMI COMMUNITIES



SPRING in the
VALLEY

B

The Breeze



MAEVE REISS / THE BREEZE

DEAR READERS,

I hope you're having a wonderful spring. Though the weather's been a little fickle lately, it's sometimes nice to wake up not knowing what the ground will look like. And flowers look absolutely adorable when they're frosted over.

In our first issue of Spring in the Valley, we've got you covered in all the right areas. Whether you're looking to make the perfect punch for that Easter garden party you've been planning, or wondering what to do on the weekends, you can flip through the next 10 pages and find answers to all your spring-related questions.

Can't decide what to do for the month of April? Sports editor Matt Weyrich and news editor Caroline Jansen have picked out five exciting events that are fun for everyone, whether they love basking in the sunshine or cozying up inside.

Copy editor Jo Trombadore shared her favorite spring salad recipe with us after she made it, and it was delightful. The balance of crisp onions with juicy strawberries made for a flavorful, texture-diverse meal that'll help you to feed the pickiest of eaters.

Guest columnist Anna Sanchez made five thirst-quenching mocktails that would go well with any of your spring plans. Gather your seasonal fruits now from a local farmers market or the grocery store around the corner and save them in your freezer for safe keeping.

Want to turn your thumb green? Our graphics editor, Chelsea Crouch, can teach you how to create your own seed kit. Even for those who've been known to kill a plant or two, with her easy guidelines, anyone can grow their own garden.

It can be challenging to decide how best to serve your needs while still giving you the content you want. And now I'm excited to bring that to all of you. So sit back, grab a winter coat or a light sweater (depending on the day), and enjoy our first Spring in the Valley supplement.

SINCERELY YOURS,

Robyn Smith

EDITOR-IN-CHIEF

The Breeze

Serving James Madison University Since 1922

1598 S. Main St.
Harrisonburg, Va. 22807

PHONE: 540-568-6127

FAX: 540-568-6736

Spring in the Valley Staff

EDITOR-IN-CHIEF

Robyn Smith

MANAGING EDITOR-PRINT

Mike Dolzer

MANAGING EDITOR-ONLINE

Richie Bozek

COPY DESK

Matt D'Angelo

SECTION EDITORS

Bennett Conlin

Caroline Jansen

Matt Weyrich

PHOTO EDITOR

Loren Probish

CREATIVE DIRECTOR

Caroline Davis

AD DESIGNER

Isabella Ciano



Get all your JMU news

Follow [@TheBreezeJMU](https://twitter.com/TheBreezeJMU)



The Breeze

Check us
Out!



5 things to look forward to this spring

By **MATT WEYRICH AND CAROLINE JANSEN**
The Breeze

Spring is right around the corner, and with warm weather comes plenty of outdoor events that aren't typically possible during the winter months. Before you grab your shorts out of the back of your closet, consider adding these outdoor events to your calendar.

Rocktown Beer and Music Festival

As classes come to a close, many JMU students choose to relax at the Rocktown Beer and Music Festival before the stress of finals sets in. Hosted by Harrisonburg Downtown Renaissance, the festival features over 60 different beers to sample from 37 breweries — some local favorites include Wolfe Street Brewing Co., Pale Fire Brewing Co. and Bold Rock Hard Cider. The festival also features many music acts throughout the day spanning a variety of genres. This year, Austin-based band The Bright Light Social Hour, Charlottesville-based Erin & The Wildfire and local favorite, The Good Saloon, are among the featured artists. The festival starts at 3 p.m. on April 29 and tickets are available for purchase on the Rocktown Beer and Music Festival website.



BREEZE FILE PHOTO



PHOTO COURTESY OF KAREN BOWLING DICK



COURTESY OF JMU ATHLETICS COMMUNICATIONS

Baseball & softball games

Their seasons are well underway, but there's plenty of excitement to be had at Veteran's Memorial Park between the baseball and softball teams' quests for the College World Series. The softball team made it to Super Regionals last spring. Led by junior pitcher Megan Good, the Dukes are among the best teams in the country. Baseball has had a couple up-and-down seasons, but the team looks promising this year. Its offense is one of the highest scoring in the conference and redshirt senior first baseman Brett Johnson has slugged his way into the conversation for CAA Player of the Year. Admission to either stadium is free all season.



BREEZE FILE PHOTO

Hiking the Shenandoah

Harrisonburg is surrounded by some of the most well-known hiking trails in the state. The Shenandoah National Park is just a 30-minute drive from campus. It features paths like Bearfence Rock Scramble, which is just over a mile long and doesn't have much elevation change — perfect for the casual hiker. For those looking for more of a challenge, Doyles River Falls might be more your speed. With several different trails spanning between three and eight miles, there are plenty of options for trekkers of all levels. If you're not a big fan of long walks but still want to see the scenery, Reddish Knob is accessible by car and has one of the best views in the Valley.



BREEZE FILE PHOTO

MACROCK music festival

Music enthusiasts of the Valley gather every year for this two-day alternative music festival and conference. This year, MACROCK celebrates 20 years of bringing independent artists from across the country to downtown Harrisonburg. The festival works on the value that by providing a platform to artists, music can thrive free from the influence of commercial music interests. The festival runs from April 7 to 8 and will feature over 50 artists and bands including RP Boo, Elysia Crampton and Alex Cameron. Tickets can be purchased on MACROCK's website.

Foxfield spring horse races

Every year, the Foxfield Spring Races are held in Charlottesville. Students often rent charter buses and make a day trip out of the event. Scheduled for Saturday, April 29, the gates open at 9 a.m. and the first race will be at 1:30 p.m. Tailgating is encouraged and the event coordinators allow individuals to leave their cars at the venue overnight to avoid having people drink and drive afterward. Tickets can be will be available for purchase at the University Outpost beginning April 1, as well as on Foxfield's website.



READ OUR BLOG
BREEZEJMU.ORG/OFFTHEBEAT

ShenandoahValleyApartments.com/foxhill

Live *life* at Fox



Spacious 4-Bedroom Furnished Townhomes with Two Full Baths • Pet Friendly
Washer/Dryer • Some Units with Unfinished Basements
Gym Membership Included • Electric w/Cap, Water, Cable & Internet Included



(540) 432-5525

foxhill@umicommunities.com

1627 DEVON LANE | HARRISONBURG, VA 22801

PROFESSIONALLY MANAGED BY UMI COMMUNITIES



OCH14



STRAWBERRY PECAN SALAD

Spring has sprung, and with it, fresh produce at the farmers market, the looming thought of bathing suit season, and new health and weight loss goals. Whether you're simply inspired by the season and find yourself craving something light and refreshing, or you want to shed some extra pounds and focus on health, eating more plant-based meals can do the trick.

As a longtime vegan myself, I can attest to the powers of eating a diet high in fresh fruits and veggies. Even if you don't have plans to go completely plant-based, anyone can incorporate more fruits and vegetables into their diet by eating more salad. The truth is, salad doesn't have to be boring or difficult to make. With only a few ingredients, my favorite spring salad couldn't be easier to prepare, and is delicious and sweet enough to actually fill me up and satisfy my sweet tooth. To make this quick and easy spring salad at home, check out this recipe.

INGREDIENTS

Lettuce
Fresh strawberries (sliced)
Pecans
Red onion (minced)
Poppy seed dressing

DIRECTIONS

START with a bed of greens. While you could use any type of greens you want, I'd recommend spinach or a delicate spring mix. I've used a spring mix here because I like the tenderness of the leaves, and if you have company, the dark purple and green colors make for a lovely presentation.

NEXT mix in some sliced strawberries, chopped red onions and pecans. If you like, you can chop up the pecans too, but I kept mine whole to add some serious bite and texture to the dish. Also, I never measure anything when I prepare food, and the measurements will depend on what you like, so feel free to experiment with different amounts of the various ingredients. If you hate salad but love strawberries, overwhelm the salad with berries and suddenly you might like salad a whole lot more. If you don't like nuts, you can cut them from the recipe completely and still have a delicious, light spring salad. You're the chef here, so feel free to get creative.

NEXT add the poppy seed dressing. Now be careful here, because some traditional poppy seed dressings contain heavy animal byproducts like milk or eggs. Instead, opt for a healthier, vegan option. I like to use either Brianna's Rich Poppy Seed Dressing or Annie's Naturals Organic Papaya Poppy Seed Dressing, both of which you can pick up at Martin's Food Market.

IN the ultimate dressing smack down, Brianna's wins for the familiar sweetness of a traditional poppy seed dressing, while Annie's gives us something new with a tangier take on the well-known sauce. I opted for Brianna's dressing here because its sweetness seemed to play off the tartness of the berries quite nicely, but once again, feel free to experiment. A balsamic or raspberry vinaigrette would also be delightful in this salad.

FINALLY mix up your ingredients and enjoy with friends. When I shared this recipe with my own friends here at The Breeze, I was delighted when even the most carnivorous and salad-suspicious among us seemed to genuinely enjoy the dish (and even go back for seconds)! Thus, while this dish is a great way to get more fruits and veggies and take a step toward a healthier diet, it's also just delicious. So even if you plan on washing it down with a steak, you'll surely enjoy this sweet, fresh salad as a tasty first course.



865 EAST

*The Residences
The Plaza*

Live Life at the Top!



Stop by today for a tour or give us a call for rates!

Enjoy Life at the Top with our conveniently located premier student housing! **865 East** offers tenants the means to escape the stress of student life through amenities such as our Rooftop Lounge, Game Room, Fitness Center, and much more!

865 East Port Republic Road | (540) 442-8885



Boycott Mother Nature with spring mocktails

MAYE REISS / THE BREEZE

By **ANNA SANCHEZ**
guest columnist

Oh, spring. Birds singing, flowers blooming and ... snow falling? Mother Nature, the seasons have always been consistent. Summer is hot, fall is crisp, winter is cold and spring is warm. You can't just come in here and change everything because you have the power to do so. I'm sorry, but you're being boycotted. Until you go back to making our lives easier, we're drinking spring mocktails!

Blackberry-Lemon Mocktail

The best part about spring drinks is that they're acceptable at any time of day and match perfectly with anything. The Blackberry-Lemon Mocktail is so refreshing and perfect for long days of sitting on the Quad. Plus, it is 100 percent

Instagram-worthy. You want to start by putting a half cup of fresh blackberries in a saucepan then smashing them until they're almost only juice. Then add one cup of water, a one-fourth cup of sugar and let it simmer on a low medium heat for about 8 minutes then put it in the fridge and let it cool for about 20 minutes. Once the blackberries cool, pour equal parts into four cups, then add half cup of lemonade. Fill the rest with seltzer or club soda, place two blackberries and a mint leaf on top and a lemon wedge on the rim. Voila!

Sweet Sunrise

This drink is the posterchild for brunch beverages, it's a perfectly sweet and tangy drink. Start by putting a few ice cubes in another clear cup, fill it three-fourths of the way with orange juice. Then pour a dash of grenadine and you've got yourself a drink to get your day going.

Virgin Peach Bellini

Peaches are great for almost any time of year, but are most enjoyable when sitting outside watching the sunset. You want to start with putting a cup of frozen peaches, a cup of peach nectar and 2 tablespoons of honey into a blender. Next, puree the contents and pour equally into four champagne glasses, fill the rest with sparkling lemonade and add an orange wedge for garnish.

Virgin Mimosa

If you don't like mimosas, you're just lying to yourself. So grab a champagne glass, put in a few ice cubes and fill it a quarter of the way with orange juice. Add a drop of grenadine and the rest with ginger ale, and put a little orange wedge for garnish. I guarantee you'll be hooked after one sip.

Virgin Grapefruit Mojito

This is one that you wouldn't think you'd like because grapefruit is gross, but you'd be surprised. Start by putting two tablespoons of honey, bits of mint leaves and a quarter of a diced pink grapefruit into a shaker. Smash everything together until it's almost all juice then add a few ice cubes into the shaker and shake vigorously. Then put it in any cup you desire and garnish with a few mint leaves and a grapefruit wedge.

So there you have it, Mother Nature. You can make it negative 2 degrees and never give us sunlight, but we will drink our spring mocktails until you go back to treating seasons correctly.

Anna Sanchez is a media arts and design major and a mixology writer for The Odyssey. Contact Anna at sancheae@dukes.edu.

A CJX COMPANY

THE RAZORS EDGE

HAIR CARE FOR MEN

Save 15% on all Tea Tree products through March 31st!

Now Hiring, must be licensed. Apply within.

The Razors Edge 2035 | E. Market St. Suite 51
Harrisonburg, VA 22801 | (540) 433-1351

SHENANDOAH RIVER OUTFITTERS

DISCOVER THE VALLEY

Shenandoah River Outfitters is your link to the valley!
Get the most out of your adventures whether its a
scenic river trip or camping under the stars.

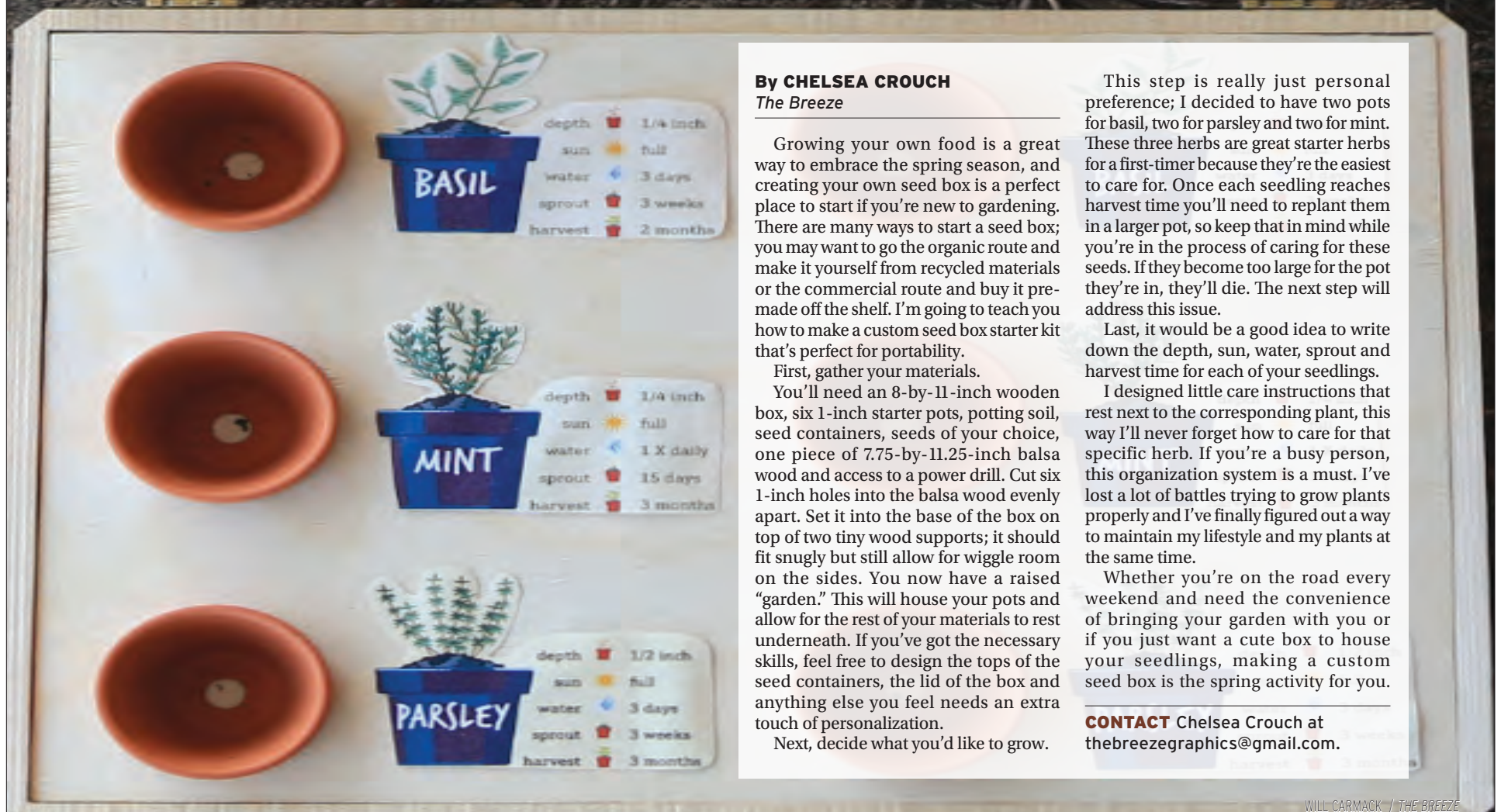
VISIT OUR SITE
shenandoahriver.com

MAKE A RESERVATION
540-743-4159

RIVER TRIPS • COTTAGE AND CABIN RENTALS
KAYAK AD CANOE SALES • CAMPGROUNDS



Spring in a box



By CHELSEA CROUCH
The Breeze

Growing your own food is a great way to embrace the spring season, and creating your own seed box is a perfect place to start if you're new to gardening. There are many ways to start a seed box; you may want to go the organic route and make it yourself from recycled materials or the commercial route and buy it pre-made off the shelf. I'm going to teach you how to make a custom seed box starter kit that's perfect for portability.

First, gather your materials. You'll need an 8-by-11-inch wooden box, six 1-inch starter pots, potting soil, seed containers, seeds of your choice, one piece of 7.75-by-11.25-inch balsa wood and access to a power drill. Cut six 1-inch holes into the balsa wood evenly apart. Set it into the base of the box on top of two tiny wood supports; it should fit snugly but still allow for wiggle room on the sides. You now have a raised "garden." This will house your pots and allow for the rest of your materials to rest underneath. If you've got the necessary skills, feel free to design the tops of the seed containers, the lid of the box and anything else you feel needs an extra touch of personalization.

Next, decide what you'd like to grow.

This step is really just personal preference; I decided to have two pots for basil, two for parsley and two for mint. These three herbs are great starter herbs for a first-timer because they're the easiest to care for. Once each seedling reaches harvest time you'll need to replant them in a larger pot, so keep that in mind while you're in the process of caring for these seeds. If they become too large for the pot they're in, they'll die. The next step will address this issue.

Last, it would be a good idea to write down the depth, sun, water, sprout and harvest time for each of your seedlings.

I designed little care instructions that rest next to the corresponding plant, this way I'll never forget how to care for that specific herb. If you're a busy person, this organization system is a must. I've lost a lot of battles trying to grow plants properly and I've finally figured out a way to maintain my lifestyle and my plants at the same time.

Whether you're on the road every weekend and need the convenience of bringing your garden with you or if you just want a cute box to house your seedlings, making a custom seed box is the spring activity for you.

CONTACT Chelsea Crouch at thebreezegraphics@gmail.com.

WILL GARMACK / THE BREEZE

PLATO'S CLOSET



Recycle your style!



Earn cash on the spot!



Sell your gently used clothing and accessories!

NOW HIRING!

summer availability preferred

Plato's Closet Harrisonburg | 1790 E Market St. Suite 42 Harrisonburg, VA 22801 | (540) 432-8648



NOW OPEN
in Harrisonburg!



563 University Blvd. • Harrisonburg, VA • 540-217-2426

Over 1500 stores open and in development nationwide!

Order online at jerseymikes.com



1880 PORT REPUBLIC ROAD
HARRISONBURG, VA 22801
(NEAR SENTARA RMH HOSPITAL)



The Cajun Filet Biscuit®

You can't argue with a classic. Our Cajun Filet Biscuit® has become our signature item by combining the two things that made us famous: our perfectly breaded and seasoned chicken and our hand-made buttermilk biscuits.



THE OFFICIAL TAILGATE PARTNER
OF



FREE Cajun Filet Biscuit®

Redeemable ONLY at Harrisonburg, Va locationNOT VALID AT ANY OTHER LOCATION**
EXPIRES: 05/15/2017---PLEASE PRESENT COUPON BEFORE ORDERING

**BEST
VALUE AT
JMU**



the hills
OF HARRISONBURG



- RENOVATED CLUBHOUSES •
- NEW HARDWOOD FLOORS •
- UPDATED APARTMENTS •

APPLY FREE ONLINE



THEHILLSJMU

540.432.0600 | LIVE-THEHILLS.COM