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The Breeze

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PHOTO BY ANDREW SHELLEY

Want us to feature your photo? Tag us @Breezejmu

TODAY WILL BE

Sunny
58° / 38°
chance of rain: 0%



A place to heal

JMU's Counseling Center's new location sees significant increase in student visits

By **WHITNEY ROBERTS**
contributing writer

If a student were to call JMU's Counseling Center to schedule an appointment, they could have to wait up to a week for the next available time slot.

The Counseling Center, now located in the Student Success Center, has seen a significant increase in student visits since its move from Varner House on the Quad.

The new location has increased anonymity and accessibility compared to the unconcealed and central location of Varner, according to Leslie Gerrard, the center's outreach coordinator and one of six staff psychologists at the center.

"At Varner House, we were the only thing in that building, so there was no question about what [students] were doing," Gerrard said. "I think

that stopped some people from coming."

According to David Gillette, the Counseling Center office manager and administrative assistant, the center sees about 294 students each week. These appointments include case management, crisis appointments, crisis intake sessions, follow-up and initial appointments,

see **HELP**, page 5



LOREN PROBISH / CONTRIBUTING PHOTOGRAPHER

The Oasis, new to the Counseling Center in the Student Success Center, features massage chairs to help students relax.



PHOTOS BY DANIEL STEIN / THE BREEZE

INTO THE WOODS

Fear Forest delivers screams to the local community

By **STEPHANIE HARRIS**
contributing writer

It emerged from the dark. A face ravaged by death, with purple circles beneath dead eyes and a nose that seemed to have eroded completely. Then, as quickly as it appeared, it was gone from view, ducking below the windows of the car. A scream pierced through the night, obscuring the heavy metal music blasting through the speakers. But the train ride continued on without a hitch.

Behind the mask, Joseph Kathmann, a Fear Forest zombie and a senior communication studies major, grinned widely. There's a certain satisfaction that comes from getting a scare that affects the whole car, he said.

This "pop scare" — while considered corny by some

— still manages to conjure fright. The reactions of patrons vary from a scream of surprise to a physical altercation.

Kathmann said he has been pistol-whipped with the laser guns that are provided on the Fear Crops ride before.

"It wasn't their fault. It was a defensive mechanism," Kathmann said.

There's a method to scaring, and Kathmann has orchestrated several unique methods in the Fear Crops of Harrisonburg's Fear Forest. In addition to his "pop scare," Kathmann stands completely still at the beginning of the attraction in a "statue scare."

"The reason that I primarily do it is to draw your attention to me so the people around me can go do things ... It's like a magic trick," Kathmann said. "You see me

see **FEAR**, page 9



Joseph Kathmann, a senior communication studies major, acts as a zombie in the Fear Crops section of Fear Forest during the Halloween season.

Rain delays lake project

Complications push back completion date to February 2015

By **JESSICA NEWMAN**
contributing writer

Water levels are rising and the geese have returned for a swim, but the Newman Lake project is far from finished.

The current \$3.3 million project includes widening the roadway dam, creating a larger spillway in order to more effectively reduce flooding and adding a multi-use path around the perimeter of the lake.

Unfortunately, workers have been facing numerous obstacles. The conservation and dam project, which was originally estimated to be completed in December, has been pushed back to February because of the unusual amount of rain Harrisonburg has been receiving.

Bill Wyatt, JMU's associate director of communications, explained why the completion has been pushed back two months.

"The way they set things up temporarily during construction, it was only designed to hold so much water," Wyatt said. "It was designed to hold an inch of rain water — which is a pretty significant rainfall. A couple of weeks ago we received 2 inches of rain, so it overwhelmed the temporary system that's in place. That really set things back a bit."

Large amounts of rainwater ultimately resulted in Newman Lake filling up, which inconvenienced workers, who were not expecting a complication to this extent.

"As a result of overwhelming the system and creating a backup in the structure on the upstream side of the diversion, the water level raised higher on the temporary cofferdam," Wyatt said.

see **LAKE**, page 4

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IN BRIEF

HARRISONBURG

Road and sidewalk work causes temporary closure

West Bruce Street, from South Main Street to just east of the intersection, will be closed today and tomorrow to allow for crews to excavate for a traffic signal pole foundation.

The parking located behind the Hardesty-Higgins House will be open and accessible to drivers from Franklin Street. Signs have been put up to help direct drivers to the lot.

Water Street, from South Main Street to slightly east of the intersection, will also be closed for excavation work, and access to the parking lot on Water Street will remain available.

Sidewalk work on South Main Street, from Water Street to Court Square, will also continue through the first week of November. Until this work is finished, the left lane of South Main Street will be closed from Bruce Street to Court Square.

Jail repairs close through traffic until Friday

West Market Street between High Street and Liberty Street will close to through traffic today and tomorrow from 7 a.m. to 5 p.m., according to Assistant City Manager Anne Lewis.

Window repair is being done to the jail facility and a signaled detour will be provided. Drivers will be asked to use Martin Luther King Jr. Way and South Main Street as temporary routes until repairs are complete.

WALLOPS ISLAND

Spacecraft and rocket explode off Virginia coast

An unmanned rocket exploded Tuesday evening just six seconds after lift off, according to the *Washington Post*.

Orbital Sciences, a private company based in Dulles, Virginia, supplied the rocket, which was meant to resupply the International Space Station before it rose a short distance from the launch pad and exploded.

NASA confirmed that all personnel were accounted for and no injuries resulted in the explosion.

The cause of explosion of the rocket and spacecraft, which was valued at more than \$200 million, is still unknown and officials said that it will take time before the cause is determined.

"We will begin the necessary work to return to flight," an Orbital Science official said.

Resupply missions to the ISS were formerly conducted using NASA's space shuttles, but since the program was terminated in 2011, other spacecraft must be used for the trips.

The orbital rocket was originally scheduled to be launched on Monday but was postponed due to a boat that was located 40 miles from the shore.

ORANGE COUNTY

Inmate death results from heroin and ethanol effects

A state autopsy report released on Tuesday found that an inmate from the Central Virginia Regional Jail died on Aug. 9 as the result of adverse effects of heroin and ethanol.

According to the *Daily Progress*, Shawn Christopher Berry, 37, died while locked up on Aug. 9 following his arrest on several outstanding warrants.

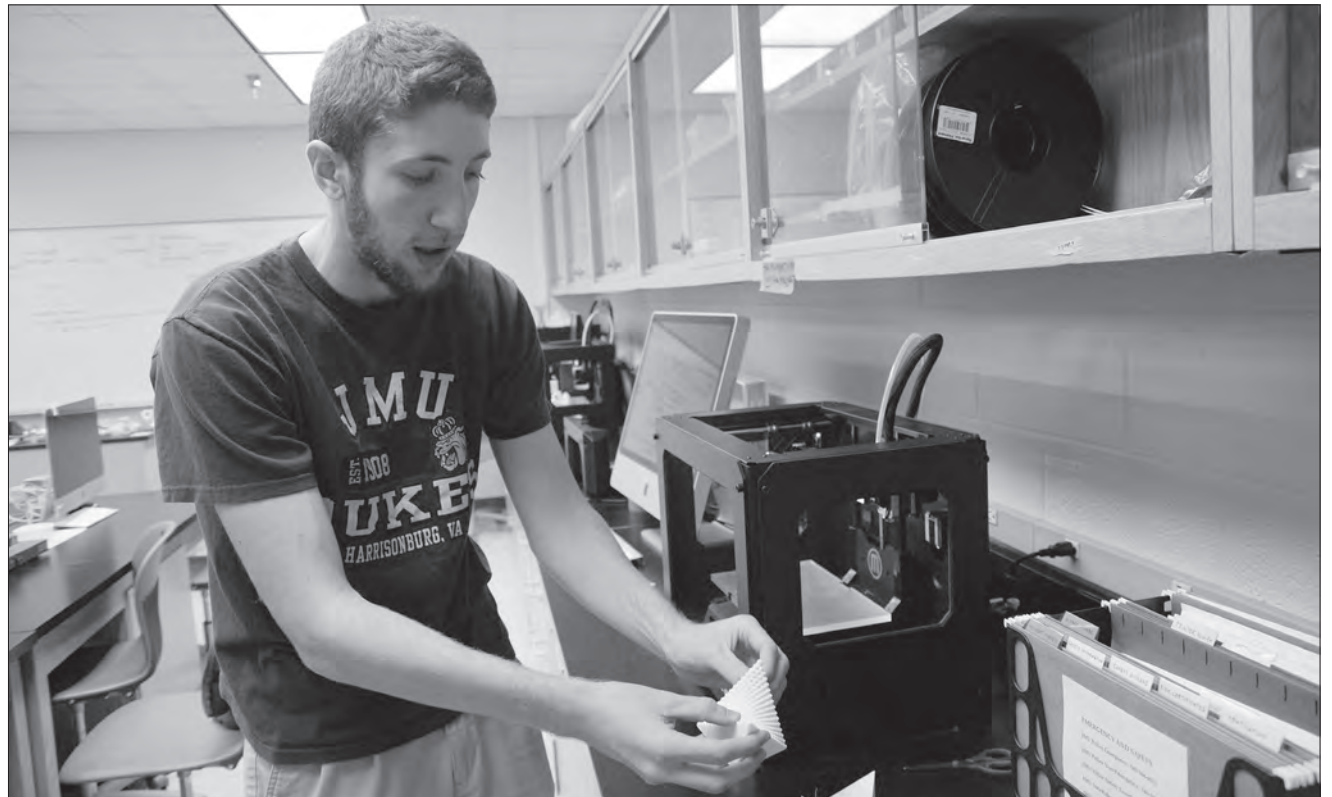
Following his arrest by Orange County sheriff deputies around 4 a.m. on Aug. 7, an Orange Police Chief said that jail officials called an ambulance at 5:45 p.m. on Aug. 9 after medical staffers found Berry unresponsive and began performing CPR without success.

Berry was charged in Prince William County for failing to appear in court and obtaining money by false pretenses, as well as Maryland on charges of heroin possession and conspiracy to possess with intent to distribute. He was charged in Fairfax, Virginia, where he was accused of working as a contractor without a license and financial exploitation of a mentally incapacitated person.

The state Office of the Chief Medical Examiner ruled Berry's death as an accident and officials declined to elaborate on their findings. State police are currently investigating his death.

Hot off the press

New 3-D printing technology comes to campus in wake of growing market



MARK OWEN / THE BREEZE

Patrick Moran, a sophomore engineering major and teacher assistant for the GSCI 104 class, prints out a 3-D parabola to demonstrate for a math class. The 3-D printing lab will be adding four new pieces of technology to its collection — costing the university over \$18,000.

By CHRIS KENT
The Breeze

Broken doorknob? No problem, just print out a new one. In JMU's new 3-Space classroom in Burruss Hall, students can learn how to use 3-D printing to bridge their imaginative designs and bring them into the physical realm.

Nearly a month ago, JMU accepted an \$18,289 contract bid for new 3-D printing technology to push ahead the school's capabilities. The university purchased a geomagic capture scanner for geometric wrap — an \$11,000 device that can take a physical object and, through optical sensors, create a 3-D model of it in an online program. The equipment is expected to arrive sometime within the next 10 weeks.

In its second year, the 3-D printing lab

is continuing to grow, now housing 11 printing machines worth around \$1,000 each — the most expensive being a \$5,000 multi-color printer with precise attention to detail.

Unfortunately for the faculty that bought the machines two years ago, the price for the machines back then was considerably higher compared to what they cost now. The Afinia printers, originally valued around \$1,500, are now worth approximately \$1,100.

The economic field of 3-D printing has grown exponentially in the past few years. Published in *Nature*, a science journal, research entities are working on making biological 3-D printing a viable, marketable technology within the next 20 years.

The reduced price for the university's machines don't reflect the machine quality, but rather a new, highly competitive

3-D printer market, according to Patrick Moran, a sophomore engineering major and teaching assistant for the GSCI 104 class that utilizes the 3-D printing technology.

Every Wednesday in Burruss 349, students are bustling around the room, working on projects for their GSCI 104 class, Scientific Perspectives — the only class currently offered that's based solely around 3-D printing and the craft behind it. In GSCI 104, students learn how to print objects out on the first day of class, during a rigorous training lesson. Moran believes that the process is as simple as video games.

"Most cases, people who interact with not-your-typical word processing programs, I think it is very easy to pick up certain programs," Moran said.

see **PRINT**, page 4

There's no place like home

JMU homecoming celebration observes tradition and welcomes the return of alumni

By MEGAN GRIMES
 contributing writer

In high school, homecoming was a time to dress up and go to dances. But at JMU, homecoming is more than a celebration of its current students — its festivities also include alumni. It's a celebration of both current and former students and their lives as JMU Dukes.

The members of the Alumni Association work together with Student Affairs and Athletics all year, planning the events for the week of homecoming.

This year there are many events for both students and alumni that last all week, beginning with Monday's Purple Out event on Festival Lawn.

The alumni events will begin Saturday morning with UREC's Dukes' 5K Run/Walk.

"Homecoming Headquarters will be in full swing by 11 a.m. [on Saturday at the 5K event] with food trucks, music, giveaways, college representatives and visits from campus VIPs like Duke Dog, until 2:30 p.m.," Paula Polglase, assistant director of the Alumni Relations.

Of course, homecoming would not be complete without the football game at 3:30 p.m. at Bridgforth Stadium. This year there will also be a pre-game performance by the winner of JMU's first National Anthem Contest.

"Make sure to get into the game early to hear Josh Brown ('09) — he is the winner of our National Anthem Contest and will be singing with the Marching Royal Dukes during the pre game show," Polglase said. "We definitely encourage all of our alumni to come ... cheer on the Dukes versus the Tribe of William & Mary."

Director of Alumni Relations Ashley Privott explained the difference between homecoming in high school and college. While both are meant to celebrate tradition, JMU's events are meant to inspire current students as well as alumni to come to campus and partake in festivities.

"[Homecoming] is about alumni coming home to JMU, but for students it is an inspirational time of 'this is me, this will be me coming back home to JMU one day,'" Privott said.

Privott described her favorite part of her job — seeing alumni reconnecting with each other after years of not seeing each other, which happens throughout the weekend.

Her favorite event planned for this year's homecoming is an '80s night featuring tribute band, The Reflex, which will take place Saturday night at the Festival Grand Ballroom, where she expects to see many of these moments of reunion amongst alumni.

There are many specific events that the Alumni Association is looking forward to as well as homecoming week as a whole.

"I think that [homecoming] is the biggest celebration of purple and gold," Privott said. "There's a spirit about it. When you're down on Godwin Field with tons of people around you, you can feel the energy. It's a nostalgic time for alumni to think about their time here at JMU."



THE BREEZE FILE PHOTO

JMU students, family members and alumni flock to Harrisonburg every Fall for homecoming, which includes a variety of events, from a football game and performance by the Marching Royal Dukes, to free Purple Out shirts.

CONTACT Megan Grimes at grimesm@dukes.jmu.edu.

LAKE | Some students complain of unsightly renovation work



KATIE RUNYON / THE BREEZE

Newman Lake construction began in May and was originally slated to be completed by December. The \$3.3 million project has experienced some setbacks from rainy weather and dangerous lakebed conditions, which postponed the expected completion date until February.

from front

According to Wyatt, the cofferdam is set up to allow water rise up in the center. However, the overflow in the lower part of the lake happened so quickly that instead of retrieving equipment in the stream flow, the contractor decided to leave some of the equipment there.

"They made the right call, and there weren't any real material losses," Wyatt said.

By the end of the day on Thursday, Oct. 16, the debris in the lower areas had been cleaned up and construction workers continued on the spillway's new foundation.

But the project setbacks haven't just impacted the construction team. The completion of the Newman Lake project has been something that students, alumni and faculty have been looking forward to for months now. The unpleasant appearance and loud construction has caused some students who live nearby to complain.

"I think that the revisions are really making the school look bad. I also think it's an inconvenience for those who live by it, including myself," Jenny Sicilia, a sophomore hospitality management major who lives in the Sigma Kappa sorority house, said. "There's always work going

on, it's really loud and noisy and it just doesn't look good."

Clint Dodson, an undeclared freshman, wasn't too bothered with the construction upon moving into his residence hall in Lakeside. Dodson isn't necessarily bothered by the noise so much as he is by the distasteful sight.

"It just kind of looks really ugly, especially last week when it rained and the water filled it all up," Dodson said.

Another challenge workers are facing is removing trash from the lake bed. The bed is made up of unsettled loose sediment, similar to the walking conditions of quicksand, which poses a challenge for anyone trying to venture out onto the bed. It's nearly impossible to get to the center of the lake, making it extremely difficult to remove the trash in the center.

"There was some equipment and debris, which has also complicated the [completion]. We've gotten most of what we can get right now," Wyatt said. "In the process we've mapped out what was left so when the project is complete, we can go in there with a boat and actually fish the debris out."

CONTACT Jessica Newman at newmanjt@dukes.jmu.edu.

PRINT | Classes give students a hands-on experience with printers

from page 3

The class uses TinkerCAD, a free 3-D designing software online. The program allows students to create objects by putting simple shapes together.

But there are trade-offs, as the more complex a design gets, the more knowledge of complex programs is required. At the front of the Burruss classroom is a long table decorated with models printed out by students, ranging from simple animal figurines to complex mathematical platonic solids — 3-D shapes built with each face as a single type of polygon, which are made and used by teachers.

"There are online CAD software that are shape-based. So, if you want to put a triangle on top of a square and print it, you got a house," Jamie Calcagno-Roach, an instructional technologist for JMU's Center for Instructional Technology, said. "There are other software that go into creating 3-D objects out of mathematical equations. So it can go the whole spectrum."

Roach offers a "standby" class in which professors are able to come in, learn about 3-D printing and find ways to apply it to their classes. Daniel Robinson, assistant director of JMU's Institute for Visual Studies, co-teaches a class with assistant professor of philosophy and religion Alan Levinovitz called "The Object of Play." Their class explores a theory of learning by playing through philosophical debate, as well as hands-on learning by creating board games and simple toys. Robinson is a strong proponent of 3-D printing, but does not see it as a toy.

"3-D technology in all its forms — the printing, the scanning, the modeling and all that — it is a tool; they are all tools," Robinson said. "They are fun, new and kind of novel and have a wow factor. But what I try to communicate to my students, and to everyone I meet who is interested, is that this is another set of tools and it is a really important set of tools to understand, because the world is changing and these are a part of that."

"3-D technology in all its forms — the printing, the scanning, the modeling and all that — it is a tool; they are all tools. They are fun, new and kind of novel and have a wow factor. But what I try to communicate to my students, and to everyone I meet who is interested, is that this is another set of tools and it is a really important set of tools to understand, because the world is changing and these are a part of that."

Daniel Robinson
assistant director of JMU's
Institute for Visual Studies

According to sophomore math major Jonathan Gerhard, the first thing that Laura Taalman, a professor in the Department of Math and Statistics, printed out when she received the machine was the arm that held the filament spools — the material that is melted to create objects. She and her colleagues opened the first box only to find this spool arm broken, so they remedied the situation using the only tool they had — the 3-D printer. In a demonstration of problem solving, Taalman and colleagues

designed and printed out a replacement filament arm — touting the science of 3-D printing.

"One girl last year printed out a full-size ukulele. She of course had to print it out in parts, but in the end it looked like a flower and it worked," Gerhard said. "So I think if anyone's interested, you can come into 3-D printing and explore those interests."

Yet it's not only the physical tools in 3-D printing that are astounding, but also the extraordinary online communities budding around

the process. Websites such as Thingiverse allow users to download or upload printing designs in a free, forum-based community.

Associate professor of mathematics Rebecca Field, who became interested in 3-D printing when she began working to create flexible chainmail, is now trying to create a class in the 3-Space classroom that would educate potential teachers on making math manipulatives. This is a common learning tool that uses printers rather than the old fashion paper models.

"You can come up with an idea and end up with a physical object," Field said. "I was very, very surprised how many students at the very beginning had clearly never had a lab before because they expected the equipment to always work and how much students who never had a lab before didn't realize how much patience was required to work with something physical, and to work with a process that isn't 100 percent."

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HELP | New location provides students with spaces for relaxation

LOREN PROBISH / CONTRIBUTING PHOTOGRAPHER

The Counseling Center moved from Varner House to the Student Success Center this summer and offers a new space where students can practice relaxation with massage chairs and yoga equipment.

from front

individual counseling sessions, psychiatric intakes and follow-ups and group and treatment programs.

The demands of college life pose many challenges and can greatly affect the mental health of students. In fact, the American College Health Association found that in 2011, about 30 percent of college students reported feeling so depressed that they found it difficult to function at some point in the past year.

"There are a lot of things that different student bodies have in common, but anxiety and depression seem to be two relevant and current concerns," Gerrard said.

With the move, the center is finding it difficult to keep up with the high demand of appointments, according to Gerard.

Before the move to an expanded space, the center was already providing services to more than 1,400 undergraduate and graduate students each year.

For Ryan Olivo, a senior communication studies major, it was difficult to make an appointment that worked with his class schedule and the center's schedule. "But [the Counseling Center was] good at getting me in [to the space] pretty fast," Olivo added.

Olivo visits the center once a week and has had four sessions this semester.

"It's kind of too early to say whether or not the center is helping me," Olivo said. "It feels good to talk to someone and get things out in the open. At this point, I would say that it could help me."

With the summer move, new resources have also been added to the center that do not require an appointment, including The Oasis, a relaxation room, and The Studio, an expressive arts space. Both require a JACard for access.

According to the center, "The Oasis space is a unique space for students to practice relaxation." It's open Monday through Friday from 8 a.m. to 4:30 p.m., and is fully

equipped with massage chairs, iPads with relaxation apps, water features and yoga equipment.

The Studio is a space for students to relax through artistic means. Markers, paints, crayons, fabrics and clay are some of the available craft supplies for the entire JMU community. The Studio is open Monday, Wednesday and Friday from 9 a.m. to 2 p.m. and on Tuesdays and Thursdays from 9 to 11:30 a.m.

If the center can't meet a student's needs or accommodate his or her schedule, there are 22 other available counseling resources in the Harrisonburg community.

For example, Kimberly Bickford, a licensed professional counselor, runs her own counseling practice on Country Club Road. Bickford reports that currently about 60 percent of her clients are college students.

"I love working with college students," Bickford said. "I think these are important years for a young person's development. It is a time of becoming your own person, becoming more independent and sometimes we need more support with that."

The Counseling Center also utilizes community resources by making referrals.

Nate Koser, from Aporia Counseling and Psychotherapy on Newman Avenue, estimates that about five college students are referred to their office each semester.

Whether you seek help at the The Counseling Center or in the Harrisonburg community, the staff's goal is to try and get you what you need.

"We serve as a resource for all students," Gerrard said. "We will work to get [students] connected to the services that are most suited to their unique needs, on or off campus."

Information regarding all counseling resources can be found on the Counseling Centers' website at jmu.edu/counselingctr. To refer someone, use the links on the website to do so immediately, or call 540-568-6552.

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BRIANA ELLISON | off topic

What's gender got to do with it?

Indian sprinter being banned from competition for high testosterone levels is unjust and irrelevant



On Oct. 6, *The New York Times* published an article about Dutee Chand, an 18-year old sprinter from India. As a former sprinter myself, I was immediately intrigued not just by Chand, but by her story.

The previous summer, Chand was barred by the Athletics Federation of India (and subsequently the International Association of Athletics Federations, or IAAF) from competing against women.

Chand was barred because she has a condition known as hyperandrogenism, which causes her testosterone levels to be higher than what's considered "the norm" for females, and puts her in the male range. However, her body is producing perfectly natural testosterone levels.

She isn't on steroids. She isn't injecting herself with chemicals that are supposed to make her stronger or faster. Chand is simply an 18-year-old sprinter trying to achieve her dream of running in the Olympics. However, the most troubling aspect of Chand's predicament is what was suggested to her as a means by which she could run again.

The IAAF told her she had three choices: she could either begin taking drugs to suppress her "abnormal" hormone levels, consent to surgery to alter her condition or walk away from track and field forever. But Chand didn't choose any of these.

Instead she is (rightfully) appealing the ban, arguing to the IAAF that this is the way she was born, and they have no right to alter that. Her appeal is not only for herself, but for multiple other female athletes who may have the same condition.

Although there are a lot of issues with this situation, I think the biggest one is obvious. The IAAF and the Olympics (in fact, you could say every sports organization) only differentiate between two genders: male and female. There is no category for those who don't identify with either, or were born one gender but identify with the other.

Furthermore, each gender has a predetermined, concrete list of qualifications for what determines said gender, as we've seen with the hoopla concerning Chand's testosterone levels.

In the sports world, you either meet the qualifications, or you don't compete. It's a close-minded, misconstrued way of thinking, implemented to assure we only maintain two distinct genders. This hinders rather than helps our society, especially since equality and diversity are so highly valued.

In their eyes, although Chand was born female, and everything about her indicates female (remember, her heightened testosterone levels are a normal occurrence), they've focused on one "abnormality" to say

she doesn't meet their standards of a female. The IAAF has its guidelines as to what is considered a male and female competitor. These guidelines are directly related to a similar issue we see in our larger society. We have a common idea of what constitutes a "perfect man" and a "perfect woman."

These standards ignore the fact that everyone's physical and chemical makeup is different, and therefore there are individuals who have both male and female characteristics.

In society's eyes, and therefore the IAAF's eyes, Chand is not considered a "perfect woman."

However, I believe that women are more prone to scrutiny than men. This is not to say that men are not scrutinized (quite the contrary actually), but women encounter it more often. The IAAF is simply worried about how people will react to Chand. So instead of supporting her and standing behind her, they are taking the cowardly way out.

Sure, their reason for banning Chand from competition is due to a set rule. But this points to the fact that some of IAAF's rules are misplaced and unnecessary.

Preventing someone from following their dream because he or she doesn't fit a specific mold is counterproductive. Someone's eligibility for competition should not be dependent on how accurately they fit a gender.

I believe Chand has every right to appeal this decision. Not only was she unaware of the condition she has, but, as I have stated numerous times before, her testosterone levels are natural.

The IAAF wants to maintain the idea that all competitors are natural beings, not altered by performance enhancers, and competing solely with the talent they garnered from birth.

By pressuring Chand into giving up competing, or subjecting herself to unnecessary surgery, they are violating their own goals.

Through surgery, they are altering Chand from the way she was born, all to keep her within previously specified gender norms.

The IAAF and sports organizations around the world need to eliminate these guidelines and become more inclusive to those who don't fit their mold.

Excluding talented athletes because of natural hormone levels is cowardly and disturbing. Instead, our sports world should be more encouraging and comprehensive, so we don't continue to marginalize individuals for the way they were born.

Briana Ellison is a sophomore media arts and design major. Contact Briana at ellisobr@dukes.jmu.edu.

BLAIR ROSEN / THE BREEZE

WILL O'CONNOR | letter to the editor

Greek village could help

Fraternities moving back on campus would stop the recent feud over disruptions

With all the drama about noise ordinances and fraternity housing lately, it would make sense for JMU to build a Greek village.

At other large colleges, Greek villages are not only a way to solve the issue of Greek housing, but a way to keep Greek life's late night "activities" away from local residences, whose schedules may be disrupted by late night noise (the reason for the noise ordinance here).

Greek life is and should be an important part of any college atmosphere, so why not give fraternities a place to call home?

A Greek village would allow fraternities to operate away from the sleeping ears of locals and would give the organizations a place to congregate and operate (sororities have this already, fraternities do not).

It works at every other university that has a Greek village, and it would definitely work here.

Fraternities were kicked off campus in the '80s, and since then they have had a slew of problems trying to operate off campus.

Greek life is and should be an important part of any college atmosphere, so why not give fraternities a place to call home?

Will O'Connor is a sophomore intelligence analysis major.

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth. Submit Darts & Pats at breezejmu.org

A "that-English-horn-was-on-point" pat to the double reed goddess in the JMU Symphony.

From a truly impressed audience member, who was glad to have gotten a ticket before they sold out.

A "how-about-mixing-it-up" dart to the Mr. and Ms. Madison selection committee for only picking finalists who are Student Ambassadors and/or former orientation leaders.

From someone who knows how great the finalists are, but knows there are many other awesome candidates from other organizations who were skipped over.

A "what-a-waste" dart to Hburgcakes for making fresh cupcakes and leaving them in dirty potholes instead of giving them to a homeless shelter where people really need food.

From a senior who has donated and helped with food drives her whole life and hates to see food wasted.

A "don't-forget-the-little-people" dart to *The Breeze* for only reporting the winners of the class 3A and 4A high school marching bands at Parade of Champions.

From a JMU alumna who knows a couple of local class 1A and 2A winners who could kick the larger band's butts any day and who deserve to have their school name in *The Breeze*.

A "how-could-you" dart to the worker at Market One for giving me Dijon instead of honey mustard on my wrap.

From a senior without a meal plan who won't be splurging on campus for a while.

An "our-loyalty-will-always-be-to-JMU" pat to all the Dukes returning home for homecoming.

From a class of 2009 alumnus who's missing his JMU family while working in the "real" world.

A "they-double-punch-on-weekends-now?" pat to JMU Dining Services and to homecoming nostalgia.

From an alumnus who is excited to relive his glory days one meal at a time.

A "dammit-Janet" dart to UPB for having its Rocky Horror show on the same nights and times as Court Square Theater.

From a freshman who was hoping to do the *Time Warp* more than once this week.

A "rise-and-shine" pat to Dena, who works at Market One.

From a freshman who enjoys your smiling face and bagels in the morning.

Editorial Policies

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

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Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

The Breeze

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"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."

— JAMES MADISON, 1800

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MICHAEL GARCIA | food for thought

Just do it

College students need to get out and vote Tuesday

In these next few hundred words, it's my goal to piss you off. I want to make you so mad that you will be immediately inspired to act.

I want to make you mad because I am tired of hearing the same bull---- said by political pundits every election. They say that millennials like you and I are disengaged from politics. They say that we are not motivated enough to change politics and are waiting for the "adults" to do the grunt work. In fact, The Huffington Post recently stated that the main reason why 18- to 29-year-olds didn't vote in the 2010 midterm election was because we were "too busy." Apparently to The Huffington Post, "busy" meant doing keg stands — there was a conveniently placed picture of young man doing a keg stand right underneath that statistic in the article.

Yet, maybe the media and these pundits are right. In the 2010 midterm election, only 49 percent of eligible 18- to 29-year-olds were registered to vote, but only 24 percent actually voted. This is abysmal compared to those 60 years and older, who had a registration rate of 70 percent and had a 60-percent turnout in the midterm.

To put this in perspective, *The Economist* found that "a quarter of those who told the U.S. Census Bureau that they voted in 2010 were over 65, though only 13 percent of Americans [had] that distinction." And it seems that this trend will recur this midterm as only 23 percent of voters under age 30 are expected to vote. *The Economist* seemed to have some fun with this stat as they titled one of their articles, "Older, whiter, righter: midterm electorate this year will be as white as America was in 1983, and as old as it will be in 2050."

Even now as you are reading this, there's a 75 percent chance that you will not actually go out to vote next Tuesday. It may not be due to the fact that you will be too busy doing keg stands during the day, but for other reasons. In fact, the second reason why most young people did not vote in 2010 was because they were not interested or felt that their vote did not count. Just like the first reason of being too busy, I believe these are also intolerable excuses.

Firstly, we have just as much at stake as

any other demographic in this upcoming election. Tuition rates have increased significantly since I started college, and I know it's astronomical for my out-of-state friends. As a result, student debt has become a plague among college students, amounting to an average of \$30,000 for recent graduates. Unfortunately for you freshmen, this debt will only increase if trends continue.

But why does this trend continue? Just last week Mark Warner, the Virginia Democrat trying to keep his senatorial incumbency alive, wrote in *The Breeze* that he was working to help assist students to manage their student debt. Yet, this tends to be the same catch phrase that every single politician, blue or red, throws out on college campuses in every election in order to capture the rare millennial vote. And every year, it seems that college debt and raising college fees get kicked to the curb for other more pressing issues. The reason why is quite simple. We don't vote.

If we don't vote, politicians aren't held to the campaign promises they make to millennials. But you know what is being heavily discussed and debated? Health care and social security. This is because these tend to be the issues that older voters care about, who make up a large chunk of the electorate and thus have some power over elected officials.

Quite simply, your vote counts. The election would be drastically different if just 50 percent of those 30 years and younger voted. Quite frankly, it's embarrassing that our Chinese counterparts are still fighting for the right to vote in Hong Kong; yet, only one in four of us will actually vote in the country regarded as the first modern democracy. Therefore, you will have no right to post a picture of Congress on Facebook with the caption "Fire them," because this is your chance to do just that. I would like to leave you with a quote that sums up what I have just said: "A thoughtless citizen of democracy, is a delinquent citizen of democracy." Please, go out and vote on Tuesday.

Michael Garcia is a public administration graduate student. Contact Michael at garci2ma@dukes.jmu.edu.

The election would be drastically different if just 50 percent of those 30 years and younger voted.



STEPHANIE HARRIS | contributing columnist

(Not so) guilty pleasures

Everyone has a guilty pleasure or two. For example, I've seen One Direction live in concert. Three times to be exact. It would have been four times if my car hadn't broken down on the way to the first show.

But why are we so afraid of admitting we like things that we like? Most likely it's because of how other people respond to it. We've all heard, "That's not real music," or, "That show is terrible, how can you watch it?"

All these preferences for entertainment are so arbitrary. Take music for example. Sure, there are rules and guidelines on what makes a song or an album successful or technically sound, but our reactions to them are unique to the individual. I can't say I particularly enjoy country music, but I know plenty of people like it. I know quite a few people who think it's insane that a 21-year-old listens to One Direction, but it's fun and I like it. When it comes down to it, you simply enjoy a different collection of sounds than I do. And why should that matter? It doesn't make you less of a person.

It's perfectly OK to not like the things I like, and I won't fault you for it. People have different tastes, but don't feel like it's your obligation to point out why I'm wrong for liking something.

It's a matter of preference, a subjective opinion.

I don't think I can put it any better than Nirvana's Dave Grohl, when he said, "I don't believe in guilty pleasures. If you f---ing like something, like it. That's what's wrong with our generation: that residual punk rock guilt, like, 'You're not supposed to like that. That's not f---ing cool! Don't f---ing think it's not cool to like Britney Spears' 'Toxic.' It is cool to like Britney Spears' 'Toxic!' Why the f--- not? F--- you! That's who I am, god---- it! That whole guilty pleasure thing is full of f---ing s---"

So why bash someone for liking something you don't like? Most likely, they don't like something that you like because we all enjoy different things. That's the thing about humanity, we're all different in some way.

So are you also a One Direction fan? Great. Are you a "Gleek?" Awesome! Do you live and breathe for the release of the next Marvel film? Do it proudly! Whatever it is that you're a diehard fan of, you've got my support.

Go ahead people, and enjoy what you enjoy without restraint. Satisfy those guilty pleasures.

Stephanie Harris is a senior media arts and design major. Contact Stephanie at harri2sc@dukes.jmu.edu.

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MATT D'ANGELO | speaks for itself

Land of the free, home of the ... surveillance?

CIA and government interference with journalists is diluting information sent out to the public



In her new memoir "Stonewalled," former CBS reporter Sharyl Attkisson details her struggles with "obstruction, intimidation, and harassment" as a reporter in Washington. Attkisson touches on the varying obstacles journalists face today, ranging from

networks killing controversial stories to general media obstruction.

The most alarming case the book refers to is government surveillance. As reported by the *NY Post*, a source "connected to government three-letter agencies" analyzed the ex-reporter's computer and explained that an upper-level government entity hacked her computer, planted classified documents on it and accessed microphone applications to monitor and record her.

Yes, it has been confirmed that the U.S. government tried to spy on and potentially frame an American reporter. Why? Throughout her career, Attkisson worked on many controversial stories ranging from the Benghazi attacks to the "Fast and Furious" gun-running scandal. This new case of surveillance speaks volumes to the truth regarding the role the government plays in influencing the American public through the media. More importantly, it raises a very vital and unnerving question regarding its power over journalists.

Freedomhouse.org is a website that analyzes a multitude of factors and determines how "free" a country's press system is. The U.S. received a fairly high score for its diversity of media companies, and its strong legal protections of free speech were the main contributing factors to the grade. It may be

reported that the U.S. exercises free press, but does the American public actually receive the truth from "impartial" media? After all, there have been countless cases of media empires doctoring tapes or misrepresenting information in an effort to change public opinion. Throughout history, the U.S. government has utilized media to drum up public support for wars and change public opinion on government policy.

Operation Mockingbird was a top-secret government program enacted in the 1960s as part of an effort to use American journalists to gather intelligence on other countries. Through the recruitment and hiring of a multitude of reporters and editors, the CIA gained overreaching access into the media industry.

Because of the operation, many believe the CIA had full access to journalists' information and thus had the ability to influence what they reported "in the interest of national security." More importantly, the operation proves that the U.S. government has had a direct influence on the media in the past, and points to the idea that they most likely have a presence in the media today.

More recently, there have been numerous issues with the Obama administration and its "overly-friendly" National Security Agency operatives. Whistle-blower Edward Snowden exposed the dark side of the NSA by raising questions about the government's operations in both the media and the lives of Americans.

More importantly, Snowden raised questions about otherwise closed issues. In 2013, Michael Hastings — a young, bold journalist known for taking on controversial projects — was driving fast when his Mercedes collided with a palm tree and spontaneously exploded

in southern California.

LA Weekly released a detailed profile of Hastings in which many interview subjects explained that he believed he was being watched, by the NSA and that his vehicle was being tampered with because he was "onto a 'big story.'" It's a bold statement to say that the U.S. government played a role in the death of Michael Hastings, and it's not what I am trying to convey at all.

Instead, all I can do is analyze the facts and ask the right questions. Sharyl Attkisson's confirmation that her computer was bugged by the government proves that the NSA is a real, dangerous threat to journalists. Based on this overwhelming amount of evidence,

compounded with the NSA's presence in the mystery of Michael Hastings death, I must ask myself an important question.

Have government agencies become so overreaching and powerful that they are trying to limit hard-hitting journalists like Hastings and Attkisson through espionage and dangerous play? As an aspiring journalist, the potential for the wrong answer is about as unnerving as the death of Michael Hastings.

Matt D'Angelo is a sophomore media arts and design and political science double major. Contact Matt at dangelmv@dukes.jmu.edu.

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'Dammit, Janet'

Court Square Theater takes on cult classic 'The Rocky Horror Picture Show'



JAMES CHUNG / THE BREEZE

Harrisonburg resident Ivan Christi (left) dances for the crowd as she celebrates her victory in the costume contest. Next to her, emcee Jullian Kline ('14) entertains the crowd before the show.

By **ROBYN SMITH**
The Breeze

From the outside of the theater, unaware passers-by had no clue of the abundance of weirdness taking place within. But inside, patrons found themselves surrounded by lacy corsets, fishnet stockings and glittery stiletto pumps. It doesn't matter what sex they were born with; this night, anyone could be a sexy woman.

This year for three nights only, downtown Harrisonburg's Court Square Theater encouraged its patrons to talk during a movie. Actually, talking wasn't good enough. Yelling so the whole audience could hear was better. This annual celebration of the loud and the weird, which took place this past Monday, Tuesday and Wednesday, embraces the freak inside each and every "The Rocky Horror Picture Show" fan.

Bennett Payne, a junior integrated science and technology major, and Emily Winter, a junior communication studies and media arts and design double major, were at Tuesday night's show. It was their eight-month anniversary. Winter was dressed up as Janet, the lead female role, with Payne as Brad, the lead male role. Winter was taking Payne's "Rocky Horror" virginity. If it was anyone's first time seeing the show in theaters, they were called "virgins."

"I did it my freshman year ... it was really fun," Winter said. "I went with a couple of my hallmates and it was the first time for us. I like how it doesn't make any sense."

Sitting in the front row of a theater was a group of six young girls clad in red and black corsets, feather boas

and black bottoms, inspired by one of the final scenes in the film. Sitting next to them in casual attire were two of their moms.

"This is Halloween without it being Halloween. This is sex without having to be sexy, you know? ... This isn't a place for normal people and if you come looking normal, then hopefully you left kinky."

Jullian Kline ('14)
freelance voice actress

"We love 'Rocky Horror,'" Lisa Weiner, the mother of 15-year-old local high school sophomore Allison Weiner, said. "I've been bringing [the girls] for the past three years, since [my daughter] was 12 ... every year we try to bring somebody new with us."

There were two emcees guiding the show through its ups and downs. Jullian Kline ('14) had the honor of marking each "virgin" with a red "V." The virgins had three options to choose from for the placement of the "V": forehead, cheek or breast. No virgins could get to their seats without passing through Kline first, though many try.

"Listen, let me explain to you why this is so important," Kline demanded the attention of eager, unenlightened patrons. "This is a rite of passage that everyone does, OK? This is peer pressure lipstick and it's not about branding you, it's about you learning to let go."

Kline, a freelance voice actress, and her partner emcee Tony Lopez, an actor who's worked all over the world, volunteer for the event. As a longtime fan of "Rocky Horror," Kline is committed to the movie's original message.

"This is Halloween without it being Halloween," Kline said. "This is sex without having to be sexy, you know? ... This isn't a place for normal people and if you come looking normal, then hopefully you left kinky."

Having more experience than Kline as a "Rocky Horror" emcee, Lopez likes to bring his own creative perspective to the role.

"What I like about [the show] is one, it's an audience participation activity," Lopez said. "... it's a lot more engaging, memorable and enjoyable. Two, it's something that I get to be a little strange at, to put makeup on for. I have an excuse to rollerblade through a theater with the full support of management. Three, it's a nice community activity... it's still fun to know that I'm helping bring people together and make connections."

One of the most noteworthy "kinky" patrons is Harrisonburg resident Ivan Christi. Clad in a loose corset, fishnet thigh-highs and black briefs, Christi is absolutely not a "Rocky Horror" virgin. The irony is that she's not dressed up as a specific character.

see **ROCKY**, page 10

FEAR | 'I learned I was going to die very quickly in a zombie apocalypse'



DANIEL STEIN / THE BREEZE

Fear Forest actors perform a series of choreographed routines to produce the maximum amount of fear. The 'zombies' work in teams to frighten patrons. Among their many props are noisy chainsaws, blinding strobe lights and somewhat realistic plastic skeletons.

from front

standing there; you don't see the person that's behind the car that's getting into the car behind you."

It's a series of choreographed routines. The zombies inhabiting the maze work in teams to elicit the biggest scares possible as the cart winds through a corn maze with its passengers shooting laser guns out into the dark at zombie foes.

"I learned I was going to die very quickly in a zombie apocalypse," said Madison Thomas, a freshman biotechnology major, after her experience. But Fear Crops is only half of the Halloween treat.

The Fear Forest is divided into two distinct attractions, Fear Crops, a zombie laser tag that takes patrons on wagon rides through a corn maze, and the Fear Forest itself, a haunted woods walking trail.

A gentle-looking man guards a castle-like gate and urges groups traveling through the forest not to run, though they may want to. A skeleton warrior stands at his side and ushers in groups of four or five people at a time through a tight, unlit corridor that spits them out into Fear Forest — the main attraction and namesake.

Emitting the smell of gasoline, chainsaws whirl and costumed ghouls emerge from every corner. The path winds through the forest and forces patrons into small buildings and various obstacles that lie on the path. Their interiors range from a circus fun house with strobe lights and spinning walls to

an old, broken down school bus where attendees have to maneuver their way down the narrow center aisle.

Anna Labrozzi, a freshman biology major, said that the scariest attraction along the path was the bus.

"It was hard to run through it and people were jumping at you every which direction," Labrozzi said. "Definitely got your adrenaline pumping."

All entrances were blocked by hanging plastic sheets, which made entering the most frightening part, according to Labrozzi. As a result, deciding who went first into the buildings created some drama within the group.

"The person I was with said he felt emasculated because he kept pushing me first," Labrozzi said.

Tough guys, however, are not immune to the scares. Kathmann recounts that the JMU football team's trip through the forest last year is a favorite memory of the Fear Forest cast.

"They had their girlfriends with them and ... they were using their girlfriends as shields," Kathmann said with a laugh.

Beyond the large skull and a lit up sign proclaiming "Fear Forest," a good scare is just a haunted hayride away.

Fear Forest and Fear Crops are located off Oak Shade Road and are open until Nov. 1. The ticket office is open from 7 to 10 p.m. For exact dates and times, visit fearforest.net.

CONTACT Stephanie Harris at harri2sc@dukes.jmu.edu.

ROCKY | 'Virgins' of the show participate in 'best orgasm' contest



JAMES CHUNG AND HOLLY WARFIELD / THE BREEZE

LEFT Ivan Christi dressed in drag for the costume contest held before the showing and won first place. TOP Jullian Kline ('14) draws a 'V' for 'virgin' on the cheek of a first-time audience member. BOTTOM First-time audience members participated in a contest to see who could fake the best orgasm.

from page 9

"I am Ivan," Christi said. "I'm here to express myself and be involved in this experience that Harrisonburg offers. I want to be a woman."

The show began with a game for the virgins instead of the beginning of the movie. Anyone wearing a red "V" who was over 18 was called to the stage for public humiliation.

Half the virgins were partnered up to do a clothes swap where they stripped (even more) down to underwear. The other half of the virgins had to fake orgasms.

After a brief costume contest which Christi crushed, the movie started. No character was safe from the scrutiny of the audience, not even the seemingly neutral narrator, who was berated as the "no-neck" narrator.

Patrons who purchased a \$5 prop bag had the privilege of throwing rice during a wedding scene, squirting water from a miniature water gun when it was raining in the movie, and shining a glow stick that served as an illuminating beacon of hope when it was too dark for the fictional Brad and Janet to see. Party hats were worn, toast was thrown in the air, toilet paper was waved and glitter was tossed corresponding to certain scenes in the movie.

When "Time Warp" came on, diehard fans sprinted to the stage as soon as house lights came up. Other patrons dressed similarly to characters were encouraged to take their own personal spotlight in certain scenes. Christi was on stage as often as she was sitting.

The movie ended with many cheers and claps from the audience and the emcees went back onstage one last time. "I'm just glad you all came tonight," Kline said, pun intended.

CONTACT Robyn Smith at breezearts@gmail.com.

album review

What's her age again?

Taylor Swift's new album is stuck in the past



COURTESY OF TRIBUNE NEWS SERVICE

Taylor Swift performs in Lexington, Kentucky, in 2013. "1989" came out on Monday. The album is named after the year of her birth and chronicles past relationships.

By DOMINIQUE LATEGANO
The Breeze

Taylor Swift "1989"

★★★★☆
Released Oct. 27

Taylor Swift chronicles her life through heavy '80s pop influences in her newest album "1989," named after her birth year. At age 24, Swift is still singing about the same boy problems she had when she was a 16-year-old, minus the country accent and the originality.

The opening track, "Welcome to New York," is a synth-induced dance anthem. Swift sings, "It's a new soundtrack, I could dance to this beat, beat forevermore," foreshadowing and summing up the entire album in one line.

"Shake It Off," the first single released off the album features a music video parodying various pop artists, including twerking like Nicki Minaj. The lyric, "I go on too many dates but I can't make 'em stay," blatantly points to the criticism Swift receives for her boy-crazed good girl image.

There is no denying the catchy pop quality of the songs, but the high-pitched verses and occasional spoken interjections lack uniqueness. Not surprisingly, this is a side effect of Swift's heavy reliance on collaborations to make this album.

Grammy winner Jack Antonoff of the band Bleachers produced and co-wrote two of the most electronic pop-inspired songs. "I Wish You Would" was originally a track off Bleachers' newest album, "Strange Desire."

"Out of The Woods" — arguably the best song on the entire album — incorporates an addictive chorus of, "Are we out of the woods yet, are we in the clear yet," and sounds hauntingly like the theme song to "American Horror Story" at the three-minute mark. It's also one of the few songs with lyrics reminiscent of Swift's previous lyrical genius. The song sums up the feelings of falling in love with touching metaphors like, "You took a Polaroid of us, then discovered, the rest of the world was black and white, but we were in screaming color."

Other collaborations on the album include Ryan Tedder from OneRepublic and Imogen Heap, who produced the last song on the album, "Clean." As a whole, the album dabbles in different pop styles, bringing us a mish-mosh of different songs that still sing about Swift's past relationships.

Out of the 13 tracks on the album, Swift can only take sole credit for writing one song, "This Love." The ethereal hymn-like song resembling contemporary Christian pop is a stark contrast to the other tracks on the album. It adds variety but it doesn't fit with the rest of the album.

"1989" has received immense positive feedback from fans on Twitter and is currently the No. 1 purchased album on iTunes. The album is projected to sell 1 million copies by the end of the week; the third of her albums to do so. Swift shows her complete transformation from country princess to pop diva throughout "1989." Swift, once known for her relatable, diary-like entry lyrics, switches gears with the focus drifting away from songwriting to being a mainstream pop artist entertainer in the realm of Katy Perry.

Dominique Lategano is a junior media arts and design major. Contact Dominique at lategada@dukes.jmu.edu.

THROUGH THE LENS | Getting game-day ready



SABRINA MCCORMACK / THE BREEZE

TOP Mary Kate Pierpoint, an undeclared freshman, receives her shirt at the Purple Out event on the Festival lawn on Monday. BOTTOM LEFT President Jon Alger opened the T-shirt giveaway by speaking about school spirit. BOTTOM RIGHT Conor Webb, a senior history and interdisciplinary liberal studies double major and Mr. Madison candidate, poses for a picture with the Duke Dog. Students reserved their T-shirts before Sunday and picked them up at the event to wear during Saturday's homecoming game.



1. "All This Could Be Yours" by Cold War Kids
2. "Wings" by Haerts
3. "No One Is Lost" by Stars
4. "Horse's Mouth" by FLY Golden Eagle
5. "Tough Love" by Jessie Ware
6. "Turning" by Medicine
7. "I Forget Where We Were" by Ben Howard
8. "Wading In" by The Ocean Party
9. "Two Hearts" by Deptford Goth
10. "Two Bodies" by Flight Facilities

FIELD HOCKEY (10-6)



'DO OR DIE'

DANIEL STEIN / THE BREEZE

Junior Adrienne le Vatte makes a pass during JMU's Oct. 12 game against William & Mary. The midfielder is tied for second in the Colonial Athletic Association in assists with 10.

Field hockey faces pivotal weekend as it looks to make conference tournament

By WAYNE EPPS JR.
The Breeze

This season marks the 20th anniversary of the field hockey team's 1994 national championship. But heading into the final weekend of the regular season, the current team will be looking for the chance to write a bit of history of its own.

The Dukes (10-6, 2-2 Colonial Athletic Association) are currently sitting on the outside looking in on the CAA tournament picture. The top four teams make it into the playoffs, and JMU is fifth out of seven teams in the conference. But, as they try to play catch-up, the good news for the Dukes is that things are tight ahead of them in the standings.

The University of Delaware is in first place with a 4-1 record in the conference with just one CAA game left to play, hosting Drexel University Sunday. Northeastern University, Hofstra University and the College of William & Mary are all 3-1 in the CAA with two conference games apiece left this weekend.

JMU travels to Boston to face Northeastern on Friday and to Hempstead, New York to face Hofstra on Sunday. The Dukes need to win both games to give themselves the best chance at making the CAA tournament.

"It's do or die," head coach Christy Morgan said. "We're trying to kind of spark them from the inside out, rather than them waiting for me to give them a spark. We're trying to make them spark each other and really push to a different level."

Of course, it's not going to be easy. Northeastern is ranked No. 18 in the National Field Hockey Coaches Association poll, the only ranked team in the CAA. After losing its first two games of the season, Northeastern has won 12 of its last 14. But those two losses came in Northeastern's last three games — an overtime 2-1 loss to the then-No. 20 ranked University of Maine on Oct. 19 and a 3-2 loss at Delaware on Oct. 24.

Morgan said the Huskies are very determined and don't

have a weakness. The Dukes are going to counter them by putting on constant defensive pressure, hoping Northeastern will turn the ball over.

"That's going to be our No. 1 focus ... high pressure, hard pressure all the time," Morgan said.

Hofstra enters the weekend on a five-game win streak. The team's last loss was on Oct. 3, losing 4-3 to Northeastern at home. Morgan said Hofstra is more individually focused. Hofstra senior forward Jonel Boileau leads the CAA with 15 goals and 35 total points.

Hofstra sophomore forward Claudia Marin-Samper is tied with JMU junior back Loes Stijntjes for the second-most goals in the CAA with 13. Marin-Samper is also second in total points with 34.

"That's sport ... it's a cruel mistress. It can turn on a dime."

**Adrienne le Vatte
junior midfielder**

Finally, Hofstra's freshman defender Simca Schoen is tied with JMU's junior midfielder Adrienne le Vatte for most assists in the CAA with 10. Consequently, Morgan said the Dukes will need to focus on individual defense, awareness and communication to limit the Pride's weapons.

"We had a really competitive practice [Tuesday] to really emphasize those key points so that we continue to grow," Morgan said.

If JMU can't manage to get the weekend sweep, but instead wins one of the two games, a number of scenarios will need to come into play for JMU to qualify. Those scenarios are based on tiebreakers and how other teams play this weekend. If the Dukes lose both games this weekend, they will miss the CAA tournament for the second consecutive

season.

"You never want to leave it in anybody else's hands," Morgan said. "And it's unfortunate that we're in this situation now, because [our] two overtime losses could've gone either way."

Those two losses in overtime are the difference between the Dukes having a perfect 4-0 conference record instead of their current CAA record of 2-2. First, Delaware beat JMU 6-5 in double overtime on Oct. 3. Then, William & Mary escaped with a 4-3 win on Oct. 12. Both games were played at home.

If the ball had bounced a different way just a couple of times, JMU would be looking at a very different playoff picture.

"It's frustrating," le Vatte said. "That's sport though, it's a cruel mistress. It can turn on a dime. But I feel like the encouraging part of that, if you look at it from a glass half full, we're right there. It's just like maybe a few lapses in concentration or just bringing the details together that can turn a game around."

JMU redshirt junior midfielder Taylor West and Stijntjes are No. 1 and No. 2 respectively in the CAA in total shots. Getting shots off is going to be key for JMU this weekend.

"I think we're a bit of a perfectionist team," le Vatte said. "Sometimes we look for the perfect shot, where it's just a matter of getting anything you can off. And we have the skill to do it, we just need to put it into play and those shots can lead to goals."

If things go JMU's way this weekend, and the Dukes get a second crack at some of the other CAA teams in the conference tournament, they believe that they can do some damage.

"That's why it's so important to get into that tournament," Morgan said. "If we play any of the teams in the conference again, I think we'd have a different result."

CONTACT Wayne Epps Jr. at breezesports@gmail.com.

FOOTBALL (5-3)

Dukes prepare for tussle with the Tribe

JMU looks for fourth straight win in homecoming game against William & Mary on Saturday



SAM TAYLOR / CONTRIBUTING PHOTOGRAPHER

Redshirt junior quarterback Vad Lee leads the Colonial Athletic Association in the total offense category.

By RICHIE BOZEK
The Breeze

JMU football is coming off a 48-40 victory at the University of North Carolina at Charlotte last Saturday. This weekend, the Dukes get back into conference play as they host Colonial Athletic Association rival the College of William & Mary at Bridgeforth Stadium. As JMU prepares for the homecoming matchup, here are a few of the top storylines in this week's edition of Four Downs of the Week.

1. A homecoming rivalry

In the program's history, JMU football has squared off with the Tribe more often than any other school — 36 times to be exact. The Dukes have the upper hand in the series, leading 20-16.

Of these 36 contests, 18 of them have been decided by seven points or less. One of the most notable games in the rivalry's history was JMU's victory in the 2004 national semifinals, which sent the Dukes to the national championship game which they later won against the University of Montana.

This Saturday will mark the fifth time the Dukes have played the Tribe for Homecoming. The two sides enter the game dead even in the standings, both 2-2 in conference play and 5-3 overall. With

four weeks left in the season, Saturday's game plays a significant role in deciding where each team will end up at the end of the season.

Last week, William & Mary took down the University of Delaware somewhat easily, winning 31-17. Delaware defeated the Dukes earlier in the season 30-23 in overtime.

The Tribe will also enter the game ranked No. 17 in the nation in both the Football Championship Subdivision Coaches' Poll and The Sports Network poll.

While the Dukes aren't nationally ranked, they are in the midst of a three-game winning streak. A fourth straight win would be a boost, especially as the season heads into the final stretch.

"Wins are always big late in the year," head coach Everett Withers said.

2. Follow the Lee-der

Another weekend marked another explosive performance from JMU's redshirt junior quarterback Vad Lee.

Lee threw for 333 yards and ran for 71 yards against Charlotte last week. On top of that, he set a season high in touchdowns on Saturday with six — four passing and two on the ground. This performance earned him CAA Offensive Player

see FOOTBALL, page 12

CLUB SPORTS



MARK OWEN / THE BREEZE

(From left to right) freshman kinesiology major Kyle Brown, junior biology major Carolyn Carlson, junior kinesiology major Jordan Parker and junior computer science major Nick McCullough lead the pack during Tuesday night's track practice. The team practices twice a day, three times a week in preparation for meets.

Testing their limits

JMU's triathlon club endures the pain for a sport they love

By PETER CAGNO
The Breeze

Imagine crawling out of bed at 6:30 in the morning to head over to the UREC swimming pool for a workout. Now couple that with a full day of classes. Then at 7 p.m., trek over to the track on East Campus and gear up for a track workout. This is just one day in the life of a member of the JMU triathlon club.

"Triathlon is a sport that combines three sports that most people struggle doing," senior integrated science and technology major and club treasurer Kevin Mulcahy said. "Its an incredible athletic feat."

The team usually works out twice a day, three times a week. Within one week, the triathletes complete two runs, two swims and two bicycle rides.

Mulcahy, unlike most of his other teammates, completed a triathlon prior to coming to JMU. He has experience running track, a love of mountain biking and is a lifeguard, making triathlon the ideal sport for him.

"I wanted to try something new. I saw triathlon on the list of clubs and I said, 'Why not?'" Mulcahy said.

Like most others on the team, vice president and writing, rhetoric and senior technical communication major Audrey Cannon, had never completed a triathlon before coming to JMU.

The combination of the three endurance-based sports can prove to be too tough for many.

"I think a lot of people may be intimidated by the sport," Cannon said.

This semester, the team gained about 15 new members, many of whom completed their first race this season in Williamsburg for the Patriot Sprint on Sept. 6. Team members usually have track, cross country and swimming backgrounds — but not everyone does. Some played soccer and baseball, and some haven't played anything.

Contrary to other club sports on campus, rather than a tryout, the team has a "try-it out" period, when prospective triathletes can participate in team workouts and go to team meetings until they find out if it is right for them, all before paying any dues.

And despite the twice-daily workouts, the training may not be as hard as it seems.

"It's about as intense as you want to make it," junior computer science major and club member Nick McCullough said.

Being a part of a team like club triathlon can also make it easier for members to push themselves past their limits.

"I don't think I would've been able to complete 75 percent of the workouts without my teammates at my side," junior biology major and club secretary Carolyn Carlson said, referring to the fact that the workout intensity

depends on how hard the club members push one another.

Although they do train together as an entire team, when competition time comes around, they split into men's and women's teams.

JMU competes in the Mid-Atlantic Collegiate Triathlon Conference of USA Triathlon. The conference consists of clubs Maryland, Delaware, Virginia, West Virginia, Washington D.C., North Carolina, Pennsylvania and New Jersey. Last year, JMU sent 10 members — five men and five women — to compete in nationals in Tempe, Arizona, on April 12 and 13.

But winning isn't everything for the JMU triathlon club. It's about achieving goals, improving mentally and physically and pushing yourself to the absolute limit.

"The athletes set goals at the beginning of the semester and by the end of the year we try to make sure that they meet those goals," Carlson said.

And since the club accepts anyone willing to participate, it makes for an eclectic group of people.

"We have kids of all majors, all shapes and sizes, and all skill abilities," Mulcahy said. "Not one person is like another and that is what makes us one of the most interesting clubs on campus."

CONTACT Peter Cagno at cagnopx@dukes.jmu.edu.

STEPHEN PROFFITT |

estimated proffitt

Time for the NBA to adapt

The end of the best leagues open the door to the second-best. Another tremendous MLB season has concluded following the 37th Game 7 in World Series history last night.

We are left with a void to supplement the NFL and NHL — and the NBA is here to fill it. While they'll implement the same format they historically have, I am here to be athletically progressive, for once. We need changes like LeBron James needs

help with his hair line.



Historically, I've composed columns for you all that challenge sports structure. Immediately, the need for MLB replays comes immediately to mind alongside others. The

NBA needs to be modified to compete with the dying attention span of our country.

With the season just underway, it got me thinking about some topics not surrounding the San Antonio Spurs' chances at yet another Finals repeat. Here's a practical proposal everyone could agree on: shorten the season and shorten the playoffs.

The 2014-15 regular season is set to wrap up on April 15. After 82 games and five -and-a-half months, the enthusiasm for professional hoops will be lower than Barack Obama's approval rating following a Medicare proposal. Simply, I've had enough basketball by then and so have you.

Seasonally, we've sprung forward and have an extra hour of sunlight to our disposal. It's been proven that TV ratings improve as we fall back in November and drop as we leap forward in March. TV networks are scared of the sun, and the NBA should be too.

I'm not making this call to action simply because of solar placement; however, in a culture obsessed with popularity, it's a factor. Back in January, the Harris Poll credited the NBA with 6 percent of the popular vote, with the NHL just behind it with 5 percent. The two leagues play 82 games during the course of their respective seasons. This is 20-plus games too many.

Let's cut it to 60 games and call it a season. *The Breeze's* sports editor, Wayne Epps Jr. agrees on the topic and proposes the league starting its campaign near Christmas similar to the 2011 lockout. I've always loved how the league has made Christmas such a special day for basketball, but I'd stray away from having opening day then because it negates the daylight savings element.

Keeping opening day as it is but having the regular season wrap up in late March, which would create a healthy competition with March Madness. How awesome would that be? The NBA and NCAA duking it out for TV ratings would be sensational.

Secondly, the playoffs are basically an annex to the season. For God's sake they take up almost two months. Basketball in June is outrageous, I'm sorry. Three best-of-seven series before teams enter a best-of-seven Finals. Frankly, it's unnecessary.

Getting rid of the conference quarterfinals, and cutting the playoff teams to four from each conference, would inherently create more suspense and meaning during the regular season. Finally, cut the semifinal round to a best-of-five series.

You're left with a playoff structure that nearly mirrors baseball's, and it's safe to say that they do postseason the best.

I love the NBA, but I think these modifications could vastly improve its popularity, especially with the youth. I'm ready to yield to the point that changes to a traditional sport would outweigh fighting time.

Shorten the NBA, lengthen its value. Kobe's knees will thank me later.

Stephen Proffitt is a senior media arts and design major. Contact Stephen at proffittjs@gmail.com.

FOOTBALL | Offense surging behind Lee's play

from page 11

of the Week.

With 633 rushing yards and 1,995 passing yards on the season, Lee leads the CAA in total offense per game. He is averaging 328.5 yards of total offense per game and has found the end zone 24 times.

Lee looks destined to become just the third quarterback in JMU history to throw for 2,000 yards in a single season.

"He's getting better and better and better each week," offensive coordinator Drew Mehinger said. "Is it championship-level execution? No. But he's got championship-level effort and a championship-level will to win, and those two things you can't coach."

With the quarterback position comes great responsibility, being a leader on and off the field. The Dukes feel that Lee is molding well into one of the leaders of the team.

"[A leadership role] is something that we've put a lot on his plate, and I feel he has embraced that opportunity and that role," Mehinger said.

The Dukes will be looking for another strong performance from Lee and the rest of the offense against William & Mary's defense, which allows nearly 400 yards and 23.2 points a game. They are around the middle of the pack stats-wise, but the Dukes know to respect their rival.

"We're going to have to play with tempo, execution and primarily we got to play tough," Mehinger said. "They are a really tough and

physical unit."

Lee often contributes his success in games to his fellow teammates on the offensive line. The Dukes' offensive line needs to remain especially strong against the Tribe as they are currently second in the CAA in sacks with 27 on the year.

3. Defense still moving forward

Prior to last Saturday's game, the Dukes' defense performed better than it had earlier in the season. The Dukes were allowing less rush yards and were putting a great deal of pressure on opposing quarterbacks.

Although JMU came away with the win, the defense had seemingly taken a step back. The Dukes defense conceded 40 points in the game and allowed Charlotte 566 total offensive yards.

Both of these were more than the Dukes' already high averages of allowing 32 points per game and 455.1 yards per game, two categories they are second to last in the conference in.

However, Withers and defensive coordinator Brandon Staley both think that the defense is heading in the right direction.

Staley feels that one thing the defense needs to improve on is to stay strong the whole game.

"One thing we got to do to it we got to remain consistent [defensively] when we are ahead," Staley said.

William & Mary's offense, much like its defense, is producing average, but respectable, numbers this season. The Tribe are scoring 25.6 points per game and earning about 320.8 yards

of total offense per game.

Against Charlotte, the Dukes had two starting defenders leave with injury — freshman cornerback Jimmy Moreland and redshirt sophomore linebacker Rakeem Stallings. According to Withers, both should be good to go this weekend.

4. Just for kicks

The kicking situation for the Dukes has been one to watch.

Redshirt junior kicker Ryan Maglio took over as place kicker for the Dukes at the University at Albany three games ago. Against Albany, he hit the game-winning field goal as time expired — his first ever field goal attempt.

Although Maglio had a missed extra point and missed two field goals in the following game against Towson University, the Dukes stuck with him last week against Charlotte.

And Maglio didn't disappoint, kicking perfectly on the day, including a 49-yard field goal.

"He keeps getting better each week, he just keeps getting better," Withers said.

Withers also said that Maglio's confidence level and the team's confidence level in him is fairly high.

Saturday's homecoming game against William & Mary will kickoff at 3:30 p.m. at Bridgeforth Stadium.

CONTACT Richie Bozek at bozekrj@dukes.jmu.edu.

Football PICKS of the WEEK



Wayne Epps Jr. sports editor 31-23



Drew Crane sports editor 33-21



IJ Chan managing editor 31-23



Sean Cassidy editor-in-chief 27-27



Corey Tierney opinion editor 7-5



Blair Rosen graphics editor 9-3

William & Mary @ JMU	JMU	JMU	JMU	JMU	JMU	JMU
Auburn @ Ole Miss	Ole Miss	Ole Miss	Ole Miss	Ole Miss	Ole Miss	Ole Miss
TCU @ West Virginia	TCU	TCU	WVU	WVU	TCU	WVU
Ravens @ Steelers	Ravens	Ravens	Steelers	Steelers	Steelers	Steelers
Redskins @ Vikings	Redskins	Redskins	Redskins	Redskins	Vikings	Redskins
Broncos @ Patriots	Broncos	Broncos	Patriots	Patriots	Broncos	Broncos

Classifieds

Announcements

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			1	2	7pm-11pm ³	7pm-11pm ⁴
5	6	7	8	9	7pm-11pm ¹⁰	7pm-11pm ¹¹
12	13	14	15	16	7pm-11pm ¹⁷	7pm-11pm ¹⁸
19	20	21	22	7pm-10pm ²³	7pm-11pm ²⁴	7pm-11pm ²⁵
26	27	7pm-10pm ²⁸	7pm-10pm ²⁹	7pm-10pm ³⁰	7pm-11pm ³¹	7pm-11pm ^{11/1}

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STUDENT EVENTS

Check out the full listing online!



Thursday, October 30:

Late Night Breakfast 10pm - 12am E-hall

Nightmare at UREC 9:30pm - 1am UREC

Friday, October 31:

Fight Song T-shirt Day 12pm - 2pm The Commons

If you're spotted wearing your shirt around campus you'll get a coupon to the JMU Bookstore! The Student Alumni Association will be on the Commons from 12pm-2pm giving out beads and pom-poms to anyone who stops by.

Saturday, November 1:

Homecoming Step Show 8pm Wilson Hall

Homecoming Dukes' 5k Run/Walk 8am UREC



Follow the codes to see the full schedule!

jmu.edu/homecoming

ALUMNI EVENTS

Check out the full listing online!



Friday, October 31st:

16th Annual Golf Tournament 12pm Spotswood Country Club

Saturday, November 1:

Homecoming Headquarters 9am - 2:30pm Godwin Field

Stop by Homecoming Headquarters before the game, your destination for all things Homecoming! Pick up your spirit items, get your picture taken with Duke Dog, purchase an item from the bookstore, stop and chat with a representative from your graduating college or grab some food from one of the food trucks!

80s Night at Homecoming 8pm - 12am
Featuring tribute band, The Reflex Grand Ballroom, Festival

Tickets available online until 5pm!

The JMU Alumni Association welcomes back all our alumni and especially those participating in reunions this weekend:

- Alpha Gamma Delta
- Alpha Phi Alpha
- Art Education
- Black Alumni Chapter
- Centennial Scholars 10th Anniversary Reunion
- Cheerleading Alumni Chapter
- Class of 1979 35th Reunion
- Class of 1984 30th Reunion
- Class of 1989 25th Reunion
- Phi Mu
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Inside this section ...

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- 10 Top tailgating tips
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Flyin' solo: things to do without family

By **ROBYN SMITH**
The Breeze

Are your parents busy this Family Weekend? Are you stuck on campus and afraid you'll have nothing to do but watch other students bond with their parents? Don't fret! Even though it seems like everyone else either went home or had home come to them, there are some students in your exact situation. Find a group of friends and try each of these activities to avoid getting caught up in all the organized family fun.

Make new feline friends at Cat's Cradle

Open from 11 a.m. to 6 p.m. on Friday and 11 a.m. to 5 p.m. Saturday, Cat's Cradle is a locally owned cat adoption center located downtown. You can go meet featured cat Cordelia, a longtime resident of Cat's Cradle — who can easily be found lounging on the cashier's counter — or play with many other cuddly friends. Kittens are almost always adopted faster than older cats but every feline is in equal need of affection. If you fall in love with the place, you can even apply to be a volunteer on the spot.

Scour the Sidewalk Sale

Downtown Harrisonburg's annual Sidewalk Sale is Saturday from 11 a.m. to 4 p.m. and several downtown businesses are participating. The Lady Jane, a vintage home décor shop at 128 W. Market St., will have multiple tables with discounted goods. Many of the gift items, including adorable vintage button magnets, are handmade by JMU '08 alumna and shop owner Sara Christensen, who opened The Lady Jane in July 2011.

Eat at Kline's Dairy Bar and check out the Friendly City Food Co-op

Kline's is well known for its delicious, creamy ice cream. While the weather might be a little chilly for a frozen treat, it's definitely more enjoyable before the leaves have fallen. Its weekend hours this season are Fridays and Saturdays from 10:30 a.m. to 10:30 p.m., and according to its online flavor forecast, the weekend special is Black Raspberry for the downtown location on East Wolfe Street.



MATT SCHMACHTENBERG / THE BREEZE

see **FUNK**, page 7

Kline's Dairy Bar has two locations in town and is known for its "flavor of the week."

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FAMILY WEEKEND

Events

{ ON AND OFF CAMPUS }

THURSDAY, OCT. 9

artWorks Gallery / 12 - 5 p.m. / 131 Grace St.
Duke Hall Gallery / 10 a.m. - 5 p.m. / Duke Hall
Breakfast Night / 5 - 9 p.m. / The Little Grill Collective

FRIDAY, OCT. 10

Colin Mochrie & Brad Sherwood : Two Man Group / 8 p.m. / Wilson Hall
The Science on the Sphere / open house and demonstrations / 9 - 11 a.m. / Memorial Hall
Get Down at Sundown / 5:30 p.m. / Festival Lawn
JMU Mineral Museum / 8 a.m. - 4:30 p.m. / Memorial Hall
JMU Women's Soccer vs. College of Charleston / 7 p.m. / University Park
New Image Gallery / 12 - 4 p.m. / 131 Grace St.
Prism Gallery / 8 a.m. - midnight / Festival, lower level
Tunes at Noon / 12 p.m. / Taylor Down Under
Down Home Southern Cooking / 5 - 9 p.m. / The Little Grill Collective
Live Music: Yarn / 10:30 p.m. - 1:30 a.m. / Clementine Cafe / \$12

SATURDAY, OCT. 11

Coffee with the President / 9 a.m. / Godwin Hall Gymnasium
Harrisonburg Farmers Market / 8 a.m. - 1 p.m. / Turner Pavilion
Sidewalk Sale / 9 a.m. - 4 p.m. / Ragtime Fabrics, 60 W. Market St.
Susan G. Komen 5K Race / 8. a.m. registration, 9 a.m. start / Festival
ROTC Family Tailgate / 11 a.m. / "P" Parking Lot
Creative Madison Craft Night / 7:30 p.m. - 12 a.m. / Taylor Hall, Room 202
Fall Bulb Sale / 9 a.m. - 3 p.m. / Edith J. Carrier Arboretum
Fantastic Feast / 4:30 - 6 p.m. seating, 6:15 - 8 p.m. dinner / E-Hall & D-Hall / prices vary
Godwin Field Festival / 10 a.m. - 2 p.m. / Godwin Field
JMU Dukes football vs. Towson / 12:30 p.m. / Bridgeforth Stadium
JMU men's soccer vs. UNC Wilmington / 7 p.m. / University Park
JMU POPS! / 8:30 p.m. / JMU Convocation Center
John C. Wells Planetarium shows / 11 a.m., 1 p.m., 2:15 p.m. and 3:30 p.m. / Miller Hall
"Chef" / 7 p.m. / Grafton-Stovall Theatre / \$3
Prism International Gallery / 8 a.m. - midnight / Festival, upper level
Fall Festival / 11 a.m. - 5 p.m. / Massanutten Resort
Annual Mountain Day Street Festival / 10 a.m. - 4 p.m. / Buena Vista

SUNDAY, OCT. 12

A Cappella Thon / 2 p.m. / Wilson Hall / \$5
JMU field hockey vs. William & Mary / 1 p.m. / JField Hockey Complex
JMU women's soccer vs. UNC Wilmington / 1 p.m. / University Park

Explore nature's bounty

Take a break from Family Weekend events and check out a few of the best places to hike around the Shenandoah Valley



SEAN CASSIDY / THE BREEZE

The view from High Knob features 360-degree views of Virginia and West Virginia. Roughly 35 minutes from Harrisonburg, the trail is located in the George Washington and Jefferson National Forests.

By **ERIN FLYNN**
The Breeze

Nestled in the middle of the Shenandoah Valley, Harrisonburg doesn't fall short when it comes to breathtaking views.

But mountains aren't just meant to be looked at; they're meant to be explored. And with several hiking trails not too far outside of Harrisonburg, many believe hiking is the best way to spend the weekend.

Danielle Jeffrey, a senior psychology and biology double major and secretary of JMU's Outdoor Adventure Club, explained some of the best places to hike around the Valley.

Bearfence Mountain

This hike is an easy 1.2 miles, located about an hour away from JMU in Shenandoah National Park.

"It has a lot of rock scrambles on it, so if you're looking for an adventure, you know, as far as climbing, it's a definite high recommendation," Jeffrey said.

Jeffrey enjoys Bearfence the most out of all the areas hiking trails.

"I love the adventure, I love the rocks scramble, the 360-degree view is absolutely breathtaking and it's a pretty easy hike and easy to get there," Jeffrey said.

South River Falls

Another trail in Shenandoah National Park is South River Falls, which is about five miles long and 70 minutes from Harrisonburg. The hike starts off easy with a downhill path and then gets steeper as you walk up.

Since most of the hikes in the national park start off Skyline Drive, many of the hikes begin downhill.

"It leads to a beautiful waterfall that you can take cool pictures on ... [There's] pretty cool rocky outlines as well," Jeffrey said.

High Knob

Jeffrey also recommended High Knob, located in the George Washington and Jefferson National Forest. There's a parking lot just as you cross the West Virginia border where you can park and start the hike. It's about 35 minutes away from JMU if you're traveling west on Route 33. The hike leads to a fire tower with 360-degree views of Virginia and West Virginia.

Humpback Rock

Many also enjoy checking out the three-mile long Humpback Rocks trail. It starts off a little steep, but evens out. The hike is located off the Blue Ridge Parkway, south of Interstate 64.

"[Humpback Rock is] pretty cool," Jeffrey said. "You get this rocky trail overlook; it's really good for sunrises and sunsets because it's pretty panoramic."

Reddish Knob

Individuals hoping to check out the mountains without a strenuous hike can drive up to Reddish Knob, which is about an hour from Harrisonburg. The sunrises and sunsets are worth seeing, according to Jeffrey and those who go up can get a nice view of the reddish trees that come with fall.

"So, it's pretty cool because you get to see the changes in leaf colors," Jeffrey said.

Individuals hoping to check out other hiking trails in the Shenandoah National Park and the George Washington and Jefferson National Forests have to offer can view information on the trails at hikingupward.com.

If you go

The Shenandoah National Park charges a \$15 entry fee per vehicle, but if you go more than twice in one year it's a better deal to get a year-long pass. The George Washington and Jefferson National Forests doesn't have any entry fees.

CONTACT Erin Flynn at breezenews@gmail.com.

FUNK | live music downtown

front page 3

Next door to Kline's Dairy Bar is the Friendly City Food Co-op. A co-op differs from larger grocery stores because it's owned by members of the community, so they have a greater say in what's available. You can become a member-owner by filling out an application and paying a fee of \$200. Friendly City sells mostly organic goods. Kline's and Friendly City are next-door neighbors downtown.

Enjoy Americana band Yarn perform live at Clementine

Clementine Cafe's shows are open to those 18 and up. Clementine also provides a variety of delectable entrees, such as its New York strip, fried crab cakes and ginger-soy salmon. You can order dinner from the comfort food-oriented menu before settling in to watch Yarn

perform live on Friday night from 10:30 p.m. to 1:30 a.m. for \$12. However, there's a discount if you present your student ID. Tickets go on sale at 9:30 p.m. the day of the show. Entwining a mix of country, blues and rock, Yarn released their newest album, "Shine the Light On," on Sept. 10.

Explore a gallery at Larkin Arts

The Wine-Riner Gallery at Larkin Arts opened a show on Friday, Oct. 3 that features the work of married couple, Tisha and Jon McMillan. Individual paintings and sculptures are complemented by collaborative ceramic pieces — mugs and cups sculpted by Jon that Tisha painted and glazed. The gallery is open on Friday and Saturday from 11 a.m. to 7 p.m. and is located at 61 Court Square.

CONTACT Robyn Smith at breezearts@gmail.com.



MATT SCHMACHTENBERG / THE BREEZE

The Friendly City Food Co-op is located downtown next to Kline's Dairy Bar on East Wolfe Street.



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Keeping the doctor away

Photos and story by Holly Warfield | *The Breeze*



Locally owned apple orchard offers visitors taste of fall and family bonding in the Valley

On the drive up to Showalter's Orchard and Greenhouse, open fields and mountainous views surround you, inviting you to leave behind any stress or worries. Remi, the family dog, greets you with a loving lick on the cheek. Rocking chairs and picnic tables on the porch create a homey and inviting atmosphere as you walk toward the rustic barn to retrieve a bag for apple picking.

Inside the barn, apple butter made from the Showalter family recipe, as well as other locally made honeys and jams, line the shelves. Crates upon crates of ripe apples are stacked against the walls and available for purchase by the bushel. The orchard offers three choices of apple cider: hot, cold or slushie.

On weekend afternoons in the fall, the orchard is bustling with customers ready to kick off the new season with the ultimate apple-picking experience.

"It is the epitome of fall," Valerie Westerman, a senior media arts and design major, said. She came to Showalter's on a day trip with her friends. "It's just a fun and family place to be."

The land of Showalter's Orchard has been an apple orchard for about 100 years, and has been in the Showalter family since 1965. Sarah Showalter and her husband, Shannon, bought the land from

Shannon's father in 2002.

"Part of what makes it so homey is our authenticity," Showalter, who lives with her husband and two children on the 40-acre farm, said. "It's not like we picked something off-site and then tried to create a homelike atmosphere. It really is a working family farm."

“

When you work with something, day in day out like this, you just learn [to] love it and you want to do what you can to sustain it. Part of the reason we added the cidery is to keep our farm sustainable for years to come.

Sarah Showalter, co-owner of Showalter's Orchard and Greenhouse

”

The orchard is currently offering Stayman, York and Fuji as the pick-your-own apple varieties. Red Delicious, Golden Delicious, Granny Smith and Empire are sold in the store. More than 25 different varieties are grown throughout the season.

"I really like the fact that they have so many kinds of apples and that you're free to pick whichever ones you like," said Renee Rojural, a senior health sciences major who came to Showalter's with JMU's Asian Student Union. Rojural also likes that there were other activities at the orchard, such as pumpkin picking.

However, according to Showalter, the pumpkins planted every fall serve a larger purpose than just fall décor. They're used as a cover crop to keep the soil healthy after old, unproductive trees are removed.

"It allows the soil to replenish itself," Showalter said.

Showalter's Orchard is also home to a cidery called Old Hill Hard Cider, which opened to the public in 2011.

"When you work with something, day in day out like this, you just learn [to] love it and you want to do what you can to sustain it," Showalter said. "Part of the reason we added the cidery is to keep our farm sustainable for years to come."

In the 1970s the Showalter family purchased a cider press and has been experimenting with hard cider recipes ever since. They now offer five different types of cider available for tastings and for purchase.

CONTACT Holly Warfield at breezephography@gmail.com.

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Pat Goldsborough, of Staunton, came to Showalter's Orchard and Greenhouse on Saturday, Oct. 4 for a cider tasting event.

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How to tailgate like a pro



SEAN CASSIDY / THE BREEZE

Tips to help you have the ultimate pregame experience this weekend

By **DREW CRANE**
The Breeze

Family Weekend can be summed up in three ways: 1) Your parents will take you out somewhere expensive and buy you whatever you want. 2) Your parents will take you to the store for that long-needed trip and buy you all the food and supplies you can dream of. 3) You finally go to a football game so you and your friends' parents can fund your tailgate.

Food, family, friends and football. What more could you want? As fun as it may sound, it isn't always easy. So here are some tips to help make your Family Weekend tailgate the best it can be.

Location

The first thing to know about JMU tailgating is that it's spread out all across campus. First, there are spots in the shadow of Bridgeforth Stadium, such as Godwin field or P Lot, which runs along Bluestone Drive across the street from Zane Showker Hall. However, both of these are reserved for season ticket holders.

Also found on the west side of campus are lots C3, R1 and R8, which are all on the same side of Duke Drive as the old baseball stadium: Long Field at Mauck Stadium. On the other side of Duke Drive is lot C4, which is right in front of the Hillside dorms. Both C4 and R1 are reservable. On the other side of I-81 on East Campus are Convo lots A, B, E and F, with F being the upper lot. Lots A, B and E are reservable.

Just don't forget to tell your parents that all parking spots will be open at 8 a.m. and tailgating can begin four hours before the game. So make sure to get there early or you'll miss out on that great spot. Also, if you have a reserved spot, be sure to have the valid pass showing.

Food and drinks

This is arguably the most important part — without these essentials you'll just be standing around in a parking lot. As far as food goes, consider bringing items that don't take too much time or effort to cook. If you have a grill, hot dogs and hamburgers are welcome go-tos, but of course you also have sausages, brats, chicken — anything that can be put on a grill is the way to go since you can easily socialize while grilling.

Make sure you get the condiments and toppings too — nobody likes

eating just a plain hot dog. For snacks, same thing — keep it simple. Chips and dip, Tostitos with salsa and queso, carrots and ranch — there are hundreds of different options, and it comes down to preference. Oh yeah, also make sure to bring your gas grill; charcoal and open-flame grills aren't allowed on JMU's campus.

Next up are the drinks. Sure, you can get your basic sodas, but some students probably want to enjoy an alcoholic beverage before the game. If you're 21, you're in the clear and obviously your parents will be fine. However, whatever you're drinking should be in a red solo cup. Make sure to always act responsibly and be courteous to those around you.

Another very important point: be sure to clean up your tailgating spot when you're finished. JMU's Facilities Management will provide black plastic bags for trash and clear plastic bags for recycling. This should all happen before the game starts, so all you have to do is leave your bagged trash behind your car and Facilities Management will pick it up and dispose of it properly.

Festivities

Although eating and drinking and the general act of tailgating are festivities in and of themselves, there's plenty of other things to do while tailgating. The go-to and perhaps the easiest activity is cornhole. It takes zero athletic ability and you always have one free hand when you're playing.

Another popular game is ladder golf, also known as lasso golf. Although it's not as easy to play as cornhole, it's still fun and social. There's also stump, a game that recently has become quite popular, but you need to have plenty of nails and a hammer if you want to play.

As popular as those games are, the one that you'll probably see the most is pong. All you need is a table and some cups and you've got yourself a game. No matter what you have in the cups it's a fun game, and it's always interesting to see if your parents' skills have faded over the years.

Whatever activity you choose, be sure to enjoy your time with your parents, because no matter how much you might like living on your own, you'd be a liar if you said you didn't miss them.

Remember to enjoy your tailgating experience, but also to do so responsibly.

CONTACT Drew Crane at breezesports@gmail.com.



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Jam packed

The JMU Bookstore prepares for Family Weekend



BREEZE FILE PHOTO

In order to prepare for its many visitors, the JMU Bookstore orders supplies in advance.

By **SAMANTHA ELLIS**

The Breeze

As the JMU campus awaits the start of its annual Family Weekend, the bookstore is kicking it into high gear in anticipation of its surge of eager customers.

According to Mark Glenn, director of the JMU Bookstore, Family Weekend is a very busy time and the store takes extra measures to make sure it will be prepared for the influx in sales.

"It's all hands on deck this weekend," Glenn said. "We're opening all of our cash registers and making sure that we have enough employees for the entire day."

Employees especially are feeling the pressure, knowing they will need to serve customers as quickly as possible.

"I have to work on Saturday morning, and if I were to describe it in a word I'd say, 'insanity,'" Faith Hastie, a senior international affairs major and store employee, said. "We see thousands of customers, and no matter how many people we have on hand there is always a line."

Glenn declined to comment on the store's profits during this time of year, only noting that a portion of their commission will go to the university.

"Whatever we make, I imagine it's an awful lot," Hastie said. "There's never a dull moment during Family Weekend, especially before the game."

Another concern, especially with the influx in the student population, is the amount of merchandise needed to satisfy parents' expectations.

"We try to keep up with demand by ordering a lot in advance; that is always a big priority for us," Glenn said.

Still, Glenn is anticipating a positive outcome from this weekend.

"I enjoy [Family] Weekend, I always see a lot of smiles, and I think this will be a good year," he said.

CONTACT Samantha Ellis at elliss1@dukes.jmu.edu.



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Post-game pig outs

Best places to grab a bite after Saturday's showdown



JAMES CHUNG / THE BREEZE

The El Jefe from Cuban Burger contains roast pork, Swiss cheese, ham, pickles and fries.

By **GILLIAN DUKOFF**
The Breeze

Benny Sorrentino's, "Home of the Virginia Slice," landed in the Harrisonburg scene last year and has made quite an impact on the palates of JMU students and Harrisonburg residents alike. Serving up a 14-inch slice of pizza, it's definitely a unique dining experience. At just \$4 for a cheese slice, \$5 for pepperoni and \$1 for a canned soda, you can't go wrong. Customers can enjoy a unique and eclectic décor that creates a cool, urban environment to go with its selection of beers and ciders. "Because really, who doesn't want to eat a slice of pizza that is bigger than size of their head?" Morgan Leary, a recent JMU grad and Benny's fan, said.

Benny Sorrentino's: 540-432-6400, 64 S. Mason St.

Beyond, located in downtown Harrisonburg, is an Asian-fusion restaurant that was established in 2009. Beyond encourages diners to "relax, share plates and enjoy the fusion of flavors [their] kitchen creates." The atmosphere is trendy but accessible for each and every parent. Beyond also hosts live music on Saturday evenings at 8 p.m., just in time for a little post-game entertainment, as well as half-priced sushi after 8:30 p.m. on select rolls. Beyond's patio also offers a chance to soak in the last of the season's warmth.

Beyond: 540-432-0105, 50 W. Water St.

Union Station is a great place to grab a quick bite between Family Weekend events. Its menu is simple and delicious American

cuisine with something for everyone in the family. Each booth in the restaurant represents a building that once stood or still stands in the downtown Harrisonburg area, which allows parents to learn more about the town. "Union Station's burgers are top-notch, and the appetizers, including my personal favorite, the crab dip, are amazing," said Sam Mayman, a sophomore cultural anthropology and interdisciplinary liberal studies with a focus in elementary ed double major. They also serve up daily specials including an October Dessert Special: a Pumpkin Crunch Bar (\$6.75), which consists of pumpkin and yellow cake baked with cinnamon, nutmeg and crispy pecans served with vanilla bean ice cream. Who could resist?

Union Station Restaurant & Bar: 540-437-0042, 128 W. Market St.

Cuban Burger serves up — you guessed it — casual Cuban cuisine with American influences. Spice up your life with its signature Cuban-style burgers, like the El Vaquero with crispy flank steak, caramelized onions, Swiss cheese and spicy-smoked aioli or the El Jefe with roast pork, ham, Swiss cheese, pickles and mustard. Burgers are all under \$10, while entrees range from \$12 to 15. "It's so unique," sophomore media arts and design major Sean O'Brien said. "It's absolutely a hidden gem in downtown Harrisonburg." Whether you're looking for lunch, dinner, or just a quick drink, this restaurant provides.

Cuban Burger: 540-812-6970, 70 W. Water St.

CONTACT Gillian Dukoff at
dukoffgm@dukes.jmu.edu.

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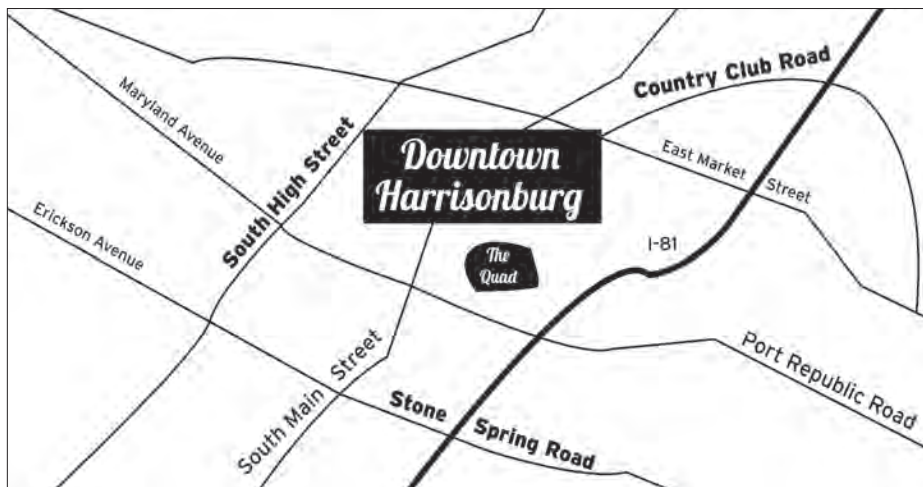
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COREY TIERNEY | media mogul

Bumper to bumper

Three roads to help you avoid heavy weekend traffic



When my relatives said they planned to come down for Family Weekend, I immediately wanted to throw up.

I don't dislike my family at all — because they're wonderful — but the only thing I love more than driving around with 20,000 other families all weekend is ... well, nothing.

Any upperclassman can tell you that getting from point A to point B in Harrisonburg can be a regular calamity in itself.

Fortunately, three years of living off campus in the 'Burgh has led me to (or forced me to) find alternate routes that don't showcase this town's infamous lack of driving skill. I've compiled three different roads that you can take to shortcut the insufferable traffic.

Stone Spring Road

This gem connects you from South Main Street to Port Republic Road (or in freshman parent terms, "the Quad part of campus" to "the shopping center side of campus") in just as much time as the intersection between the two. It has two

access points — one from the four-way stoplight that intersects South Main, Stone Spring and Erickson Avenue, and the other on the intersection of Port Republic, Stone Spring and Neff Avenue (near the CVS Pharmacy).

I've never seen more than 10 other cars on this street, which is nothing considering it has four lanes. The one downside is that it's under construction. But while Family Weekend is in full swing, I doubt the city will block off a roadway to visitors. It also has one hell of a view — or as much of a view as there really can be in Harrisonburg — where you can look down onto the Valley.

South High Street

Hate South Main Street? Hate everyone on it? Same here. Luckily there's a road one block over to the west that rides parallel for miles. This may not be news to students, since it has famous spots like Memorial Hall and Greenberry's Coffee Co., but if you're a new-in-town parent, taking

South High might save you some time. It could be the difference between getting the best seat at your kid's favorite downtown spot and having to eat at a chain restaurant on East Market Street.

Country Club Road

Speaking of East Market Street, it also has a parallel equivalent that can be used as a shortcut. If you're over by the Valley Mall (Which, why would you ever be at the Valley Mall? But who knows?), turn on to the road near the new McDonald's. It will take you to the other side of East Market that leads downtown. It's a nice connection for when 400 other families are trying to go from buying groceries to eating dinner or vice versa.

I'd wish you all good luck, but you'll need more than luck if you want to drive around Harrisonburg frustration-free. But, hopefully, these shortcuts can help you focus more on spending time with family and less on the cringeworthy traffic. ■



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