

Yang et al, Evidence against a direct HO-1 – adiponectin axis

1 **Induction of Heme-oxygenase-1 (HO-1) does not enhance**
2 **adiponectin production in human adipocytes: Evidence against a**
3 **direct HO-1 – adiponectin axis**

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5 **Short title: Evidence against a direct HO-1 – adiponectin axis**

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15

16 **Abstract**

17 Adiponectin is a salutary adipokine and hypoadiponectinemia is implicated in the aetiology
18 of obesity-related inflammation and cardiometabolic disease making therapeutic strategies to
19 increase adiponectin attractive. Emerging evidence, predominantly from preclinical studies,
20 suggests induction of heme-oxygenase-1 (HO-1) increases adiponectin production and
21 reduces inflammatory tone. Here, we aimed to test whether induction of HO-1 enhanced
22 adiponectin production from mature adipocytes. Treatment of human adipocytes with cobalt
23 protoporphyrin (CoPP) or hemin for 24-48 h increased HO-1 expression and activity without
24 affecting adiponectin expression and secretion. Treatment of adipocytes with TNF α reduced
25 adiponectin secretion and increased expression and secretion of additional pro-inflammatory
26 cytokines, IL-6 and MCP-1, as well as expression of *sXBP-1*, a marker of ER stress. HO-1
27 induction failed to reverse these effects. These results demonstrate that induction of HO-1
28 does not directly enhance adiponectin production or ameliorate the pro-inflammatory effects
29 of TNF α and argue against a direct HO-1 – adiponectin axis.

30

31 **Keywords:** Adiponectin; HO-1; Inflammation; Therapeutic

32 **1. Introduction**

33 Adiponectin is an adipocyte-derived hormone that regulates glucose and lipid metabolism via
34 direct and indirect mechanisms and has beneficial anti-inflammatory, anti-diabetic, anti-
35 atherogenic and cardioprotective properties (Esmaili et al., 2014; Hickman and Whitehead,
36 2012; Parker-Duffen and Walsh, 2014; Tao et al., 2014). Paradoxically, and in contrast to
37 most other adipocyte-derived hormones or “adipokines”, circulating adiponectin levels are
38 reduced in obesity (Ye and Scherer, 2013). Although the precise mechanisms for this
39 reduction are unclear metabolic, oxidative and or inflammatory stress are all implicated. The
40 structural complexity of adiponectin appears to be an additional factor that makes it
41 particularly sensitive to such cellular stresses (Hickman and Whitehead, 2012). Briefly,
42 adiponectin is synthesised as a monomer that undergoes multimerisation to form higher order
43 species via a coordinated process that involves a number of post-translational modifications.
44 Efficient multimerisation to trimer, hexamer and high molecular weight (HMW) multimers is
45 a prerequisite for efficient secretion. Moreover, functional studies suggest HMW adiponectin
46 is the most metabolically active form (Simpson and Whitehead, 2010; Wang et al., 2008).
47 Evidence suggests that hypoadiponectinemia contributes to the aetiology of obesity-related
48 cardiometabolic diseases and that this typically reflects a selective decrease in the circulating
49 levels of HMW adiponectin (Hickman and Whitehead, 2012). Consistent with this,
50 numerous pre-clinical and clinical studies demonstrate that reversal of hypoadiponectinemia
51 improves a range of cardiometabolic parameters thereby establishing the adiponectin system
52 as an attractive therapeutic target (Lim et al., 2014; Pajvani et al., 2004).

53 Heme oxygenase-1 (HO-1), which is sometimes called heat shock protein 32 (Hsp32), is an
54 inducible protein that serves as a rate-limiting enzyme catalysing the oxidative degradation of
55 heme to carbon monoxide (CO), iron and biliverdin, which is subsequently converted to
56 bilirubin (Wegiel et al., 2014). Each of the products of HO-1 activity modulates various

57 aspects of cellular function and homeostasis (Wegiel et al., 2014) prompting some to propose
58 HO-1 as a dual purpose “sensor/effector” that both senses and responds to oxidative,
59 inflammatory and metabolic stress (Motterlini and Foresti, 2014). Consistent with this most,
60 but not all (Jais et al., 2014), investigators promote the induction of HO-1 as an attractive
61 therapeutic strategy to ameliorate the pathophysiology of a range of human diseases including
62 metabolic disorders such as insulin resistance, type 2 diabetes and obesity (Hosick and Stec,
63 2012; Son et al., 2013). As such, considerable efforts are being made to identify efficacious
64 approaches to induce HO-1 in man (Bharucha et al., 2010; Li et al., 2007; Motterlini and
65 Foresti, 2014).

66 Accumulating evidence has led to the suggestion that HO-1 may mediate at least some of its
67 beneficial effects by increasing circulating adiponectin levels through what has been termed
68 the “HO-1 – adiponectin axis” (Cao et al., 2012a; Cao et al., 2011; Issan et al., 2012; Kim et
69 al., 2010; Li et al., 2008; Ndisang and Chibbar, 2014; Ndisang et al., 2014; Ndisang and
70 Jadhav, 2014; Salamone and Li Volti, 2010; Seow et al., 2011; Vanella et al., 2012). For
71 example, chronic administration of obese mice with the HO-1 inducer cobalt protoporphyrin
72 (CoPP) was reported to increase HO-1 protein, prevent weight gain and decrease fat content
73 (in the absence of any change in food intake), reduce circulating inflammatory cytokines
74 (including TNF α and IL-6) and increase circulating adiponectin levels (Li et al., 2008).
75 Consistent with these changes insulin sensitivity and glucose tolerance were improved in this
76 pre-clinical model thereby providing further evidence of the potential therapeutic benefits of
77 HO-1 induction. Complementary *ex vivo* studies on isolated bone marrow-derived
78 mesenchymal stem cells demonstrated reduced adipogenesis and increased adiponectin
79 production upon chronic CoPP treatment in support of a regulatory HO-1 – adiponectin axis
80 (Li et al., 2008).

81 In spite of the findings detailed above, which typically describe the effects of chronic
82 induction of HO-1 on adiponectin levels *in vivo* or *in vitro*, to the best of our knowledge no
83 studies have examined whether induction of HO-1 has a direct effect on adiponectin
84 production. Thus, the purpose of the present work was to test the hypothesis that acute
85 induction of HO-1 in mature adipocytes would increase the production of adiponectin,
86 particularly the more metabolically active HMW multimers. Surprisingly, we found no
87 evidence to support a direct effect of HO-1 on adiponectin production (total or HMW), or
88 improvements in markers of cellular stress, in human adipocytes in a variety of experimental
89 scenarios. These results argue against a direct HO-1 – adiponectin axis.

90

91 **2. Material and Methods**

92 *2.1. Reagents and antibodies*

93 General reagents were obtained from Sigma-Aldrich (Victoria, Australia) and cell culture
94 reagents were obtained from Invitrogen (Victoria, Australia) unless otherwise stated.

95 *2.2. SGBS cell culture, differentiation and treatment*

96 Human SGBS preadipocytes, a gift from Martin Wabitsch (University of Ulm, Ulm,
97 Germany) (Wabitsch et al., 2001), were maintained and differentiated in the absence of serum
98 as described (Newell et al., 2006). Fully differentiated cells (day 14) were treated with
99 increasing concentrations of CoPP (0, 50, 100, and 150 nM) or Hemin (0, 1, 5 μ M), or
100 vehicle, in the presence or absence of TNF α (50 ng/mL). Cells and conditioned media were
101 harvested after 24 h or 48 h (following a media change at 24 h for the latter). For
102 experiments performed in the presence of serum, cells were differentiated and maintained in
103 media containing 10% FBS and treated with increasing concentrations of CoPP (0, 5, 10 μ M)
104 in the presence or absence of TNF α (50 ng/mL) on day 14. Cells and conditioned media were
105 harvested after 24 h.

106 *2.3. Isolation, culture, differentiation and treatment of Primary Human Preadipocytes*

107 Primary human preadipocytes (phPAs) were isolated from subcutaneous adipose tissue from
108 two subjects (both female, age 25 & 39 years, BMI 24.1 & 23.3, metabolically healthy - no
109 insulin resistance, diabetes or cardiovascular diseases) and cultured independently as
110 described previously (Newell et al., 2006). The procedure was approved by the Research
111 Ethics Committees of the University of Queensland, the Princess Alexandra Hospital, and the
112 Mater Adults Hospital. Both patients had given their written informed consent. Treatments
113 were performed in fully differentiated cells (day 21) as described above (section 2.2).

114 *2.4. Measurement of gene expression by qRT-PCR.*

115 Gene expression was measured by qRT-PCR and standardized against the expression of
116 cyclophilin essentially as previously described (Newell et al., 2006). Briefly, total RNA was
117 extracted using Trizol or RNA Mini Kit (Ambion Life Technologies, Victoria, Australia)
118 according to the manufacturer's instructions. cDNA was synthesized from 1 μ g total RNA
119 using a cDNA synthesis kit (Bioline, NSW, Australia) and RT-PCR was performed using the
120 SYBR Hi-ROX kit (Bioline) on a 7900HT Fast Real-time PCR system (Ambion Life
121 Technologies). Primer sequences are available on request.

122 *2.5. Determination of HO-1, Adiponectin and IL-6 protein*

123 Cellular HO-1 was quantitated in whole cell lysates (in 0.05-0.25 μ g protein) using a HO-1
124 ELISA (Life Sciences, Florida, USA). Secreted total and HMW adiponectin was quantitated
125 using an Adiponectin ELISA Kit (ALPCO, New Hampshire, USA and R&D system,
126 Minnesota, USA). Absolute secreted total and HMW adiponectin levels are presented for
127 each set of experiments in the Figure Legend as mean \pm SEM (range: lowest - highest) ng/ml.
128 Data presented in graphs are normalised to values from the control cells (no treatments)
129 which were arbitrarily set at 1. Secreted IL-6 was measured in conditioned media (at a 1 in 2
130 dilution) using an IL-6 ELISA (R&D system, Minnesota, USA).

131 2.6. SDS-PAGE/Western blot of ferritin

132 SDS-PAGE and Western blotting of cleared whole cell lysates (centrifuged at 2,000 x g for
133 10 min) was performed using standard approaches (Richards et al., 2006). Ferritin antibody
134 was from MP Biomedicals, (Aurora, Ohio, USA - Catalogue # 65077 - used at 1:2,000) and
135 was followed by an Alexa-800 conjugated secondary anti-rabbit antibody (Molecular Probes,
136 VIC, Australia – used at 1:20,000) and scanned using the LI-COR Odyssey Infrared Imaging
137 System.

138 2.7. Statistical analysis

139 Data are presented as mean \pm SEM. One-way ANOVA followed by Tukeys was used to test
140 for a significant effect of CoPP or hemin in cells incubated without TNF α or independently in
141 cells treated with TNF α . When there was no effect of CoPP or hemin a Student t-test
142 (unpaired) was used to test for a significant effect of TNF α . Differences were considered
143 statistically significant at $p < 0.05$. Statistical analyses were performed using GraphPad Prism
144 5.0.

145

146 **3. Results**

147 3.1. Acute CoPP treatment induces HO-1 in a dose-dependent manner in SGBS adipocytes

148 To investigate whether induction of HO-1 has a direct effect on adiponectin expression or
149 secretion we first performed a series of dose response studies in mature (day 14) human
150 SGBS adipocytes to identify optimal CoPP concentrations. We established that treatment
151 with CoPP for 24-48 h at concentrations from 50-150 nM was sufficient to promote robust
152 (10-50 fold) induction of *HO-1* mRNA and protein in control cells as well as cells treated
153 with the pro-inflammatory cytokine TNF α (Fig 1A-D), which compromises adiponectin
154 expression and secretion (Rose et al., 2010). Treatment of SGBS adipocytes with higher
155 concentrations of CoPP (from 600 nM to 10 μ M) failed to promote any further significant

156 increase in HO-1 levels, but induced signs of toxicity at concentrations greater than 2 μ M
157 (data not shown). Thus, subsequent experiments were performed using CoPP in the 50-150
158 nM range.

159 3.2. Acute CoPP treatment has no effect on adiponectin production in SGBS adipocytes

160 Having established that treatment with CoPP for 24-48 h was sufficient to induce HO-1, in
161 the absence or presence of TNF α , we then examined the effects of CoPP treatment on
162 adiponectin expression and secretion. There was no significant effect of CoPP treatment on
163 adiponectin mRNA levels after 24 or 48 h treatment in either the control or the TNF α treated
164 cells (Fig 2A & B). TNF α treatment significantly reduced adiponectin mRNA levels to
165 around 50% of those in control cells. Measurement of secreted total and HMW adiponectin
166 into the conditioned media was performed by ELISA. There was no significant effect of
167 CoPP treatment on total or HMW adiponectin secretion after 24 or 48 h treatment in either
168 the control or TNF α treated cells (Fig 2C-F). TNF α treatment significantly reduced total and
169 HMW adiponectin secretion by around 40% and 80% at 24 and 48 h respectively. These
170 results indicate that CoPP has no effect on adiponectin mRNA expression or protein secretion
171 in healthy SGBS adipocytes or in TNF α -treated adipocytes where adiponectin expression and
172 secretion is significantly compromised.

173 3.3. Acute CoPP treatment has no effect on pro-inflammatory cytokine production in SGBS adipocytes

174 Induction of HO-1 has been shown to reduce the circulating levels of pro-inflammatory
175 cytokines (Burgess et al., 2010; Vanella et al., 2013). To investigate whether HO-1 induction
176 mediated such beneficial effects in SGBS adipocytes we examined the effects of CoPP
177 treatment on TNF α -induced *IL-6*, *TNF α* and *MCP-1* expression and *IL-6* secretion. TNF α
178 treatment for 24-48 h resulted in a significant increase in *IL-6* mRNA and secretion (Fig 3A-
179 D) as well as TNF α and *MCP-1* expression (Fig 3E-H). However, treatment with CoPP failed

180 to ameliorate the pro-inflammatory effects of TNF α . These results indicate that CoPP has no
181 effect on pro-inflammatory cytokine production in healthy SGBS adipocytes or in TNF α -
182 treated adipocytes where pro-inflammatory cytokine production is significantly increased.

183 3.4. Acute CoPP treatment has no effect on ER stress

184 We next went on to investigate the effects of HO-1 induction and TNF α -treatment on
185 markers of ER stress. TNF α treatment resulted in a significant, two-fold increase in *sXBP-1*
186 expression and this was unaffected by HO-1 induction (Fig 4A & B). Treatment with CoPP
187 or TNF α had no significant effect on *GRP78 (BiP)* or *CHOP* expression (Fig 4C-F).

188 3.5. Addition of exogenous substrate does not promote a response to HO-1 induction in SGBS 189 adipocytes

190 The above studies were performed in SGBS adipocytes differentiated and maintained in
191 defined medium without serum in accordance with our standard experimental approaches
192 (Hutley et al., 2011; Newell et al., 2006; Widberg et al., 2009). Thus, it remained plausible
193 that the lack of any discernible effect of HO-1 induction on adiponectin or pro-inflammatory
194 cytokine production may reflect limited substrate availability (Sheftel et al., 2007). To
195 investigate whether this was the case we employed complementary approaches. First, we
196 performed similar experiments in cells treated with hemin, which serves as both inducer and
197 substrate of HO-1 (Shan et al., 2006; Sheftel et al., 2007). Treatment with hemin at
198 concentrations from 1-5 μ M for 48 h was necessary and sufficient to promote a 5-10 fold
199 induction in cellular HO-1 protein (Fig 5A & data not shown). However, such induction of
200 HO-1 had no effect on adiponectin or IL-6 secretion in control or TNF α treated cells (Fig 5B
201 & C). Second, we determined the effects of HO-1 induction with hemin or CoPP on ferritin
202 protein levels, which serves as an indirect marker of HO-1 activity (Sheftel et al., 2007). As
203 expected, induction of HO-1 with either hemin or CoPP markedly induced the levels of

204 ferritin protein (Fig 5D & E). Third, we performed experiments in cells that were
205 differentiated and subsequently treated with CoPP in the presence of 10% fetal bovine serum.
206 Treatment with CoPP induced HO-1 (Fig 6A), although higher concentrations (5-10 μ M)
207 were required to induce HO-1 to the levels observed following treatment in the absence of
208 serum, probably reflecting sequestration of CoPP via binding to serum factors. TNF α
209 treatment significantly reduced adiponectin production and increased IL-6 production, albeit
210 to a lesser extent than was observed in the absence of serum. There was no significant effect
211 of CoPP on adiponectin or IL-6 production in either the control or TNF α -treated cells (Fig
212 6B-E). Collectively, these data indicate that induction of HO-1, even in the presence of
213 exogenous substrates, does not affect adiponectin production nor reduce the pro-
214 inflammatory effects of TNF α in mature SGBS adipocytes.

215 *3.6. Acute CoPP treatment induces HO-1 in primary human adipocytes but does not affect*
216 *adiponectin and IL-6 production*

217 Next, to extend our observations from the SGBS adipocytes we performed similar
218 experiments in primary human adipocytes treated in the absence and presence of serum.
219 Treatment with CoPP for 24 h promoted a dose-dependent increase in *HO-1* mRNA and this
220 was comparable in the absence or presence of TNF α (Fig 7A & B). Treatment with TNF α
221 significantly reduced adiponectin production and increased IL-6 production (Fig 7C-J).
222 Induction of HO-1 with CoPP had no impact on adiponectin or IL-6 production in control or
223 TNF α treated cells in either the absence or presence of serum (Fig 7C-J). These results are
224 consistent with those from the SGBS adipocytes and argue against the existence of a direct
225 HO-1 – adiponectin axis and any major anti-inflammatory role for HO-1 in the context of
226 mature human adipocytes.

227

228 **4. Discussion**

229 In the current investigation we aimed to determine whether induction of HO-1 has a direct
230 effect on adiponectin production from mature adipocytes, and thereby contribute to the
231 purported HO-1 – adiponectin axis. We could find no evidence to support a direct beneficial
232 effect of HO-1 induction on adiponectin expression or secretion in healthy or TNF α -treated
233 SGBS or primary human adipocytes. Indeed, despite robust induction of HO-1 mRNA,
234 protein and activity, we observed no beneficial effects of HO-1 induction on these parameters
235 or on TNF α -induced ER stress or pro-inflammatory adipocytokine production.

236 Numerous reports have described an association between pharmacological induction of HO-1
237 and increased circulating levels of the beneficial adipokine adiponectin, in *in vivo* studies in
238 rodents (Cao et al., 2012a; Cao et al., 2011; Cao et al., 2012c; Hinds et al., 2014; Kim et al.,
239 2008; L'Abbate et al., 2007; Li et al., 2008; Ndisang and Jadhav, 2014; Vanella et al., 2012;
240 Vanella et al., 2013), and *in vitro* studies, showing increased adiponectin secretion from
241 adipocytes (Kim et al., 2008; Vanella et al., 2013). These observations stimulated the
242 proposal of a HO-1 – adiponectin axis (Cao et al., 2012a; Cao et al., 2011; Issan et al., 2012;
243 Kim et al., 2010; Li et al., 2008; Ndisang and Chibbar, 2014; Ndisang et al., 2014; Ndisang
244 and Jadhav, 2014; Salamone and Li Volti, 2010; Seow et al., 2011; Vanella et al., 2012)
245 which could underpin, at least in part, the favourable effects of HO-1 induction reported in
246 most pre-clinical models of obesity and related cardiometabolic disorders. Thus, we reasoned
247 information affording a greater understanding of the cellular and molecular framework of the
248 HO-1 – adiponectin axis would help to identify, validate and progress development of
249 efficacious therapeutic approaches.

250 To this end, we performed a series of experiments on mature SGBS and primary human
251 adipocytes differentiated *in vitro*. Treatments were limited to mature adipocytes in order to
252 reduce the potential for confounding effects on the differentiation process, as has been

253 reported by others (Kim et al., 2008; Peterson et al., 2009; Vanella et al., 2010; Vanella et al.,
254 2013), and incubation periods were limited to 24-48 h to reduce the likelihood of secondary
255 effects. As expected, treatment with two widely used inducers of HO-1, CoPP and Hemin,
256 resulted in increased HO-1 expression at both the mRNA and protein level. A concomitant
257 increase in HO-1 activity was demonstrated by increased ferritin protein, the levels of which
258 are elevated in response to the increase in cellular iron levels (Sheftel et al., 2007). Perhaps
259 surprisingly then, we found no evidence of any effect on adiponectin expression,
260 multimerisation or secretion. This was the case in healthy control adipocytes as well as
261 adipocytes co-treated with TNF α , a pro-inflammatory cytokine implicated in the aetiology of
262 obesity-related cardiometabolic dysfunction, known to promote insulin resistance and
263 compromise adiponectin production from adipocytes (Rose et al., 2010). Furthermore, there
264 was no indication of any impact of HO-1 induction on other markers of cellular stress
265 stimulated by TNF α , most notably the induction of other pro-inflammatory cytokines
266 including IL-6 and MCP-1 as well as induction of TNF α itself.

267 The above findings indicate that acute induction of HO-1 has no direct effect on adiponectin,
268 or adipocytokine, production at the level of the mature adipocyte and instead support a model
269 where the association between HO-1 induction and increased circulating adiponectin levels
270 most likely represents a chronic or indirect effect. One possibility is that chronic induction of
271 HO-1 may increase adiponectin via altering differentiation of preadipocytes. Consistent with
272 this, *in vitro* studies showed that chronic induction of HO-1, via CoPP administration
273 throughout differentiation, promoted increased adiponectin secretion, albeit in the context of
274 reduced adipogenesis (Kim et al., 2008; Vanella et al., 2013). Whilst it seems somewhat
275 paradoxical that inhibition of adipogenesis would result in increased adiponectin secretion,
276 given the dose-dependent effects of chronic CoPP treatment (Vanella et al., 2013) and the
277 finding that adiponectin secretion is highest in ‘immature’ adipocytes (Luo et al., 2012) it

278 remains possible that there is an ‘optimal window’ for adiponectin secretion that was
279 somewhat serendipitously established in these investigations (Kim et al., 2008; Vanella et al.,
280 2013). *In vivo* findings showing altered adipose tissue architecture consistent with reduced
281 adipocyte hypertrophy and increased adipocyte number appear to support such a model,
282 however increased adipogenesis is intrinsically required in such a situation (Luo et al., 2012).
283 Further investigations are required to establish whether this is the case or whether the
284 decrease in adipocyte hypertrophy simply reflects a decrease in body weight (see below).

285 Another possibility is that induction of HO-1 may mediate adiponectin production from
286 adipocytes indirectly via its effects on other cell types. For example, a recent report
287 demonstrates that acute (24 h) induction of HO-1 via hemin increases adiponectin expression
288 from 3T3-L1 adipocytes co-cultured with Raw264.7 macrophages (Tu et al., 2014). The
289 inflammatory tone of the co-cultured 3T3-L1 adipocytes and Raw264.7 macrophages was
290 reduced upon hemin treatment with cellular markers suggesting increased levels of M2
291 macrophage polarisation. Complementary *in vivo* investigations showed hemin
292 administration reduced adipose tissue inflammation in mice fed a HFD for 2 weeks
293 concomitant with reduced markers of M1 macrophage polarisation (Tu et al., 2014). A
294 caveat to this and most other *in vivo* studies is that induction of HO-1 is typically associated
295 with a reduction in body weight and/or body weight gain (Cao et al., 2012a; Cao et al.,
296 2012b; Csongradi et al., 2012; Hinds et al., 2014; Li et al., 2008; Ndisang et al., 2014;
297 Ndisang and Tiwari, 2015; Tu et al., 2014) which would, in-itself, be predicted to decrease
298 adipose tissue as well as systemic inflammation and to increase adiponectin.

299 Genetic attempts to increase the activity of HO-1 specifically in adipocytes have also been
300 performed. Two independent studies used the aP2 promoter to drive expression of HO-1 in
301 adipocytes via lentiviral or transgenic approaches. In the first, intracardial injection of a
302 lentiviral (aP2-HO-1) construct resulted in increased expression of HO-1 in adipose tissue

303 and this was sufficient to attenuate high fat diet (HFD) induced changes in body weight,
304 associated metabolic sequelae and improved adiponectin (Cao et al., 2012b). In the second, a
305 classic transgenic approach was used to increase HO-1 in adipose tissue but, in contrast to the
306 above report, this failed to ameliorate HFD-induced obesity, insulin resistance or the decrease
307 in adiponectin (Huang et al., 2013). The explanation for such contrasting findings remains
308 obscure but may, at least in part, be explained by the different methodologies employed to
309 increase HO-1. It is noteworthy that in both instances expression of HO-1 in cells other than
310 mature adipocytes is to be expected as the aP2 promoter is switched on early in the
311 differentiation process, meaning immature adipocytes will also express increased HO-1, and
312 it also drives gene expression in a range of non-adipocyte cells including cardiomyocytes and
313 macrophages (Wang et al., 2010). Consistent with the latter, transgenic overexpression of
314 HO-1 by aP2 resulted in increased HO-1 in peritoneal macrophages, and, although this was
315 sufficient to affect the expression of some M2 markers in the adipose tissue of transgenic
316 mice it was not sufficient to protect against obesity, decreased adiponectin and metabolic
317 dysfunction (Huang et al., 2013). Taken together these studies further highlight the
318 association between reduced body weight and improved adiponectin levels.

319 Whilst the overwhelming weight of evidence argues in favour of a beneficial effect of HO-1
320 induction in the context of cardiometabolic disease there remain a number of elements that
321 demand further exploration. For example, it is unclear what mechanism(s) underpin any
322 observed changes in body weight. Reduced food intake (Galbraith and Kappas, 1989, 1991)
323 and elevated metabolism, heat production and activity (Csongradi et al., 2012) have been
324 proposed although, at least in some instances, these changes appear to occur in the presence
325 of HO-1 inhibition (Choudhary et al., 2013; Ndisang and Tiwari, 2015), arguing against a
326 central role for HO-1 activity in this context. However, perhaps the most thought-provoking
327 and challenging work in this area comes from the recent, elegant and comprehensive report

328 from Pospisilik, Esterbauer and colleagues (Jais et al., 2014) which continues to put HO-1
329 centre-stage of obesity and insulin resistance but as a driver rather than a brake of obesity-
330 associated inflammation. In keeping with findings from the current study, they found no
331 evidence of a major role for HO-1 in the adipocyte or muscle or pancreatic β -cells (Jais et al.,
332 2014). However, they presented compelling data to indicate a predominant role for HO-1 in
333 both myeloid and hepatic cells that lead them to propose inhibitors, rather than inducers, of
334 HO-1 may represent effective therapeutic agents (Jais et al., 2014).

335 In summary, in the current report we demonstrate that induction of HO-1 in human
336 adipocytes has no direct effect on adiponectin production. In addition, induction of HO-1 did
337 not ameliorate the effects of TNF α on adiponectin or pro-inflammatory adipocytokine
338 production. These findings argue against a direct HO-1 – adiponectin axis and also suggest
339 mature adipocytes are unlikely to be acutely involved in mediating the systemic effects of
340 HO-1 induction.

341

342 **Acknowledgements**

343 This work was funded by a University of Queensland International Research Scholarship to
344 MY and an Australian National Health and Medical Research Council Fellowship to JPW
345 (511104).

346

347 **5. References**

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- 514

515 6. Figure Legends

516 **Fig 1. Acute CoPP treatment (24-48 h) induces HO-1 in a dose-dependent manner in**
517 **SGBS adipocytes.** Fully differentiated SGBS adipocytes were incubated with increasing
518 concentrations of CoPP (50, 100 and 150 nM) in the absence or presence of TNF α (50
519 ng/mL) for either 24 or 48 h. *HO-1* mRNA after treatment for (A) 24 or (B) 48 h. HO-1
520 protein after treatment for (C) 24 or (D) 48 h. Values are presented as mean \pm SEM of 4
521 independent experiments and expressed as fold-increase over untreated control. ** = p<0.01,
522 *** = p<0.001 significant difference compared to control.

523 **Fig 2. CoPP has no effect on adiponectin production in SGBS adipocytes.** Fully
524 differentiated SGBS adipocytes were incubated with increasing concentrations of CoPP (50,
525 100 and 150 nM) in the absence or the presence of TNF α (50 ng/mL) for either 24 h or 48 h.
526 *Adiponectin* mRNA after treatment for 24 h (A) and 48 h (B). Total adiponectin secretion
527 after treatment for 24 h (C) and 48 h (D). HMW adiponectin secretion after treatment for 24
528 h (E) and 48 h (F). Values are presented as mean \pm SEM of 4 independent experiments and
529 expressed as fold-increase over untreated control. ** = p<0.01, *** = p<0.001 significant
530 difference compared to non-TNF α treated cells. Absolute secreted total / HMW adiponectin
531 concentrations for control cells were: 24 h - total 173.5 ± 37.6 (99.1 – 263.5) / HMW $69.4 \pm$
532 23.7 (27.5 – 137.2): 48 h - total 122.3 ± 43.8 (33.5 – 218.0) / HMW 55.9 ± 20.8 (12.3 –
533 106.5) ng/ml.

534 **Fig 3. CoPP does not ameliorate TNF α -stimulated pro-inflammatory cytokine**
535 **production in SGBS adipocytes.** Fully differentiated SGBS adipocytes were incubated with
536 increasing concentrations of CoPP (50, 100 and 150 nM) in the absence or presence of TNF α
537 (50 ng/mL) for either 24 or 48 h. *IL-6* mRNA after (A) 24 h and (B) 48 h. IL-6 secretion
538 after (C) 24 and (D) 48 h. *TNF α* mRNA after (E) 24 h and (F) 48 h. *MCP-1* mRNA after
539 (G) 24 h and (H) 48 h. Data are presented as mean \pm SEM of 4 independent experiments and
540 expressed as fold-increase over untreated control. **=p<0.01, ***=p<0.001 significant
541 difference compared to non-TNF α treated cells.

542 **Fig 4. CoPP has no effect on markers of ER stress in SGBS adipocytes.** Fully
543 differentiated SGBS adipocytes were incubated with increasing concentrations of CoPP (50,
544 100 and 150 nM) in the absence or presence of TNF α (50 ng/mL) for either 24 or 48 h. *sXBP-*
545 *1* mRNA after 24 h (A) and 48 h (B). *BIP* mRNA after 24 h (C) and 48 h (D). *CHOP*
546 mRNA after 24 h (E) and 48 h (F). Values are presented as mean \pm SEM of 4 independent

547 experiments and expressed as fold-increase over untreated control. *** = $p < 0.001$ significant
548 difference compared to non-TNF α treated cells.

549

550 **Fig 5. Induction of HO-1 with hemin has no effect on adiponectin or pro-inflammatory**
551 **cytokine production in SGBS adipocytes.** Fully differentiated SGBS adipocytes were
552 incubated with increasing concentrations of hemin (1 and 5 μ M) in the absence or presence of
553 TNF α (50ng/mL) for 48 h. (A) Cellular HO-1 protein. (B) Secreted total adiponectin. (C)
554 Secreted IL-6. Fully differentiated SGBS adipocytes were incubated with hemin (5 μ M) or
555 CoPP (150 nM) in the absence or presence of TNF α (50ng/mL) for 48 h. (D) and (E) Cellular
556 ferritin levels. Data are presented as mean \pm SEM of 4 independent experiments and
557 expressed as fold-increase over untreated control. *= $p < 0.05$, **= $p < 0.01$, ***= $p < 0.001$
558 significant difference compared to control or non-TNF α treated cells. #= $p < 0.05$ significant
559 difference compared to TNF α treatment. Absolute secreted total adiponectin for control cells
560 was: 577.3 ± 56 (417.9 – 663.6) ng/ml.

561 **Fig 6. Induction of HO-1 with CoPP has no effect on adiponectin or pro-inflammatory**
562 **cytokine production in SGBS adipocytes in serum.** Mature SGBS adipocytes were
563 differentiated and maintained in the presence of serum and then incubated with increasing
564 concentrations of CoPP (5 and 10 μ M) in the absence or the presence of TNF α (50 ng/mL)
565 for 24 h. (A) *HO-1* mRNA. (B) *Adiponectin* mRNA and (C) Adiponectin (total) secretion.
566 (D) *IL-6* mRNA and (E) secretion. Data are presented as mean \pm SEM of 4 independent
567 experiments and expressed as fold-increase over untreated control. *= $p < 0.05$, **= $p < 0.01$,
568 ***= $p < 0.001$ significant difference compared to control or non-TNF α treated cells. Absolute
569 secreted total adiponectin for control cells was: 340.8 ± 42.6 (280.6 - 401.1) ng/ml.

570 **Fig 7. Induction of HO-1 with CoPP has no effect on adiponectin or pro-inflammatory**
571 **cytokine production in primary human adipocytes.** Primary human adipocytes were
572 differentiated in the absence or presence of serum and then incubated in the same with
573 increasing concentrations of CoPP (50, 100 and 150 nM in the absence of serum; 5 and 10
574 μ M in the presence of serum) in the absence or the presence of TNF α (50 ng/mL) for 24 h.
575 *HO-1* mRNA in the (A) absence (B) and presence of serum. *Adiponectin* mRNA in the (C)
576 absence and (D) presence of serum. Secreted total adiponectin in the (E) absence and (F)
577 presence of serum. *IL-6* mRNA in the (G) absence and (H) presence of serum. Secreted IL-6
578 in the (I) absence and (J) presence of serum. Data are presented as mean \pm SEM of 2

579 independent experiments and expressed as fold-increase over untreated control. ***= $p < 0.001$
580 significant difference compared to control or non-TNF α treated cells. Absolute secreted total
581 adiponectin for control cells was: minus serum - 1143.4 ± 16.7 / plus serum - 514.4 ± 14.5
582 ng/ml

583

Highlights

We report that in mature human adipocytes:

- Inducers of HO-1 acutely (24-48 h) increase HO-1 mRNA, protein and activity
- Acute induction of HO-1 does not enhance or rescue adiponectin production in healthy or TNF α -treated cells
- Acute induction of HO-1 does not ameliorate TNF α -stimulated expression and secretion of pro-inflammatory adipocytokines

Figure 1.

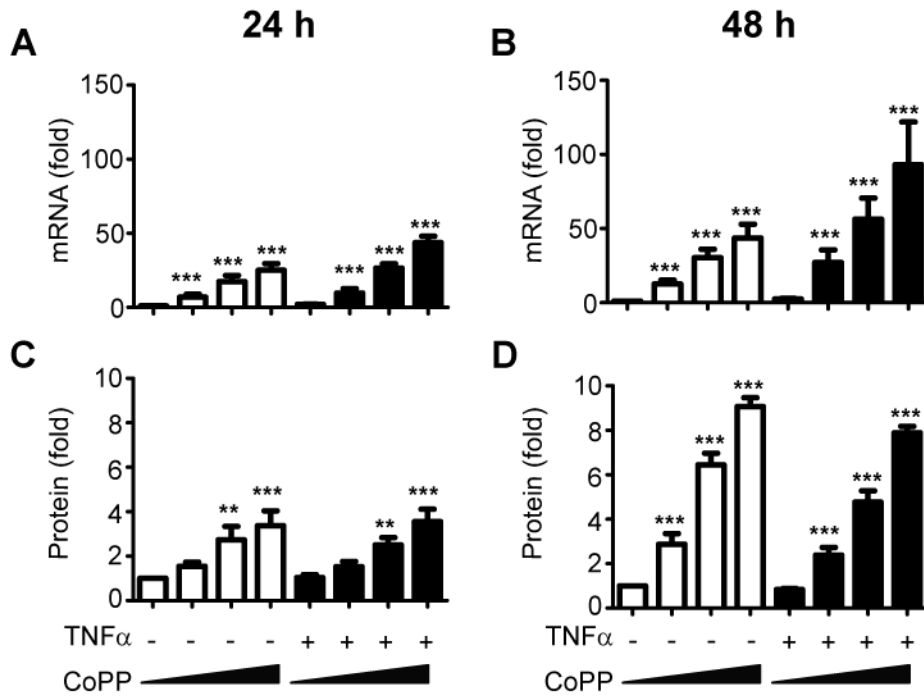


Figure 2.

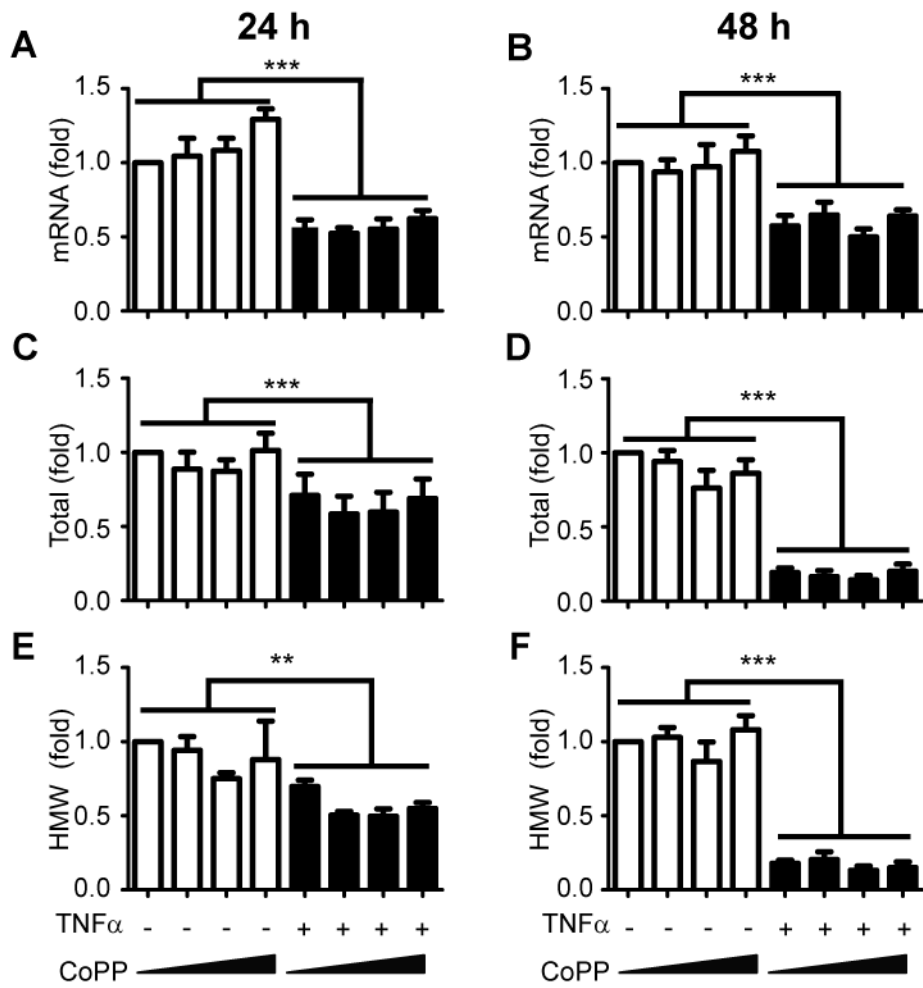


Figure 3.

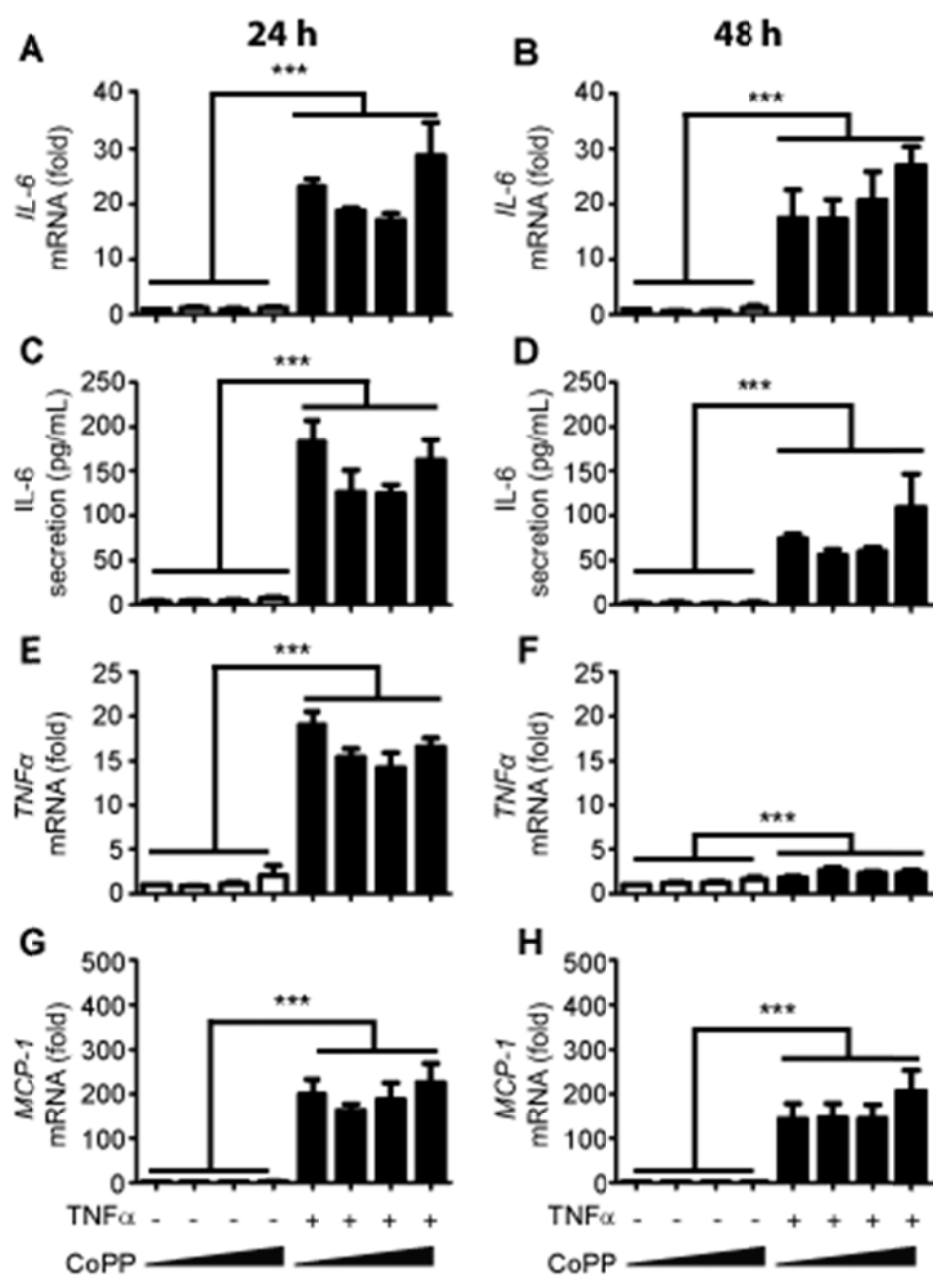


Figure 4.

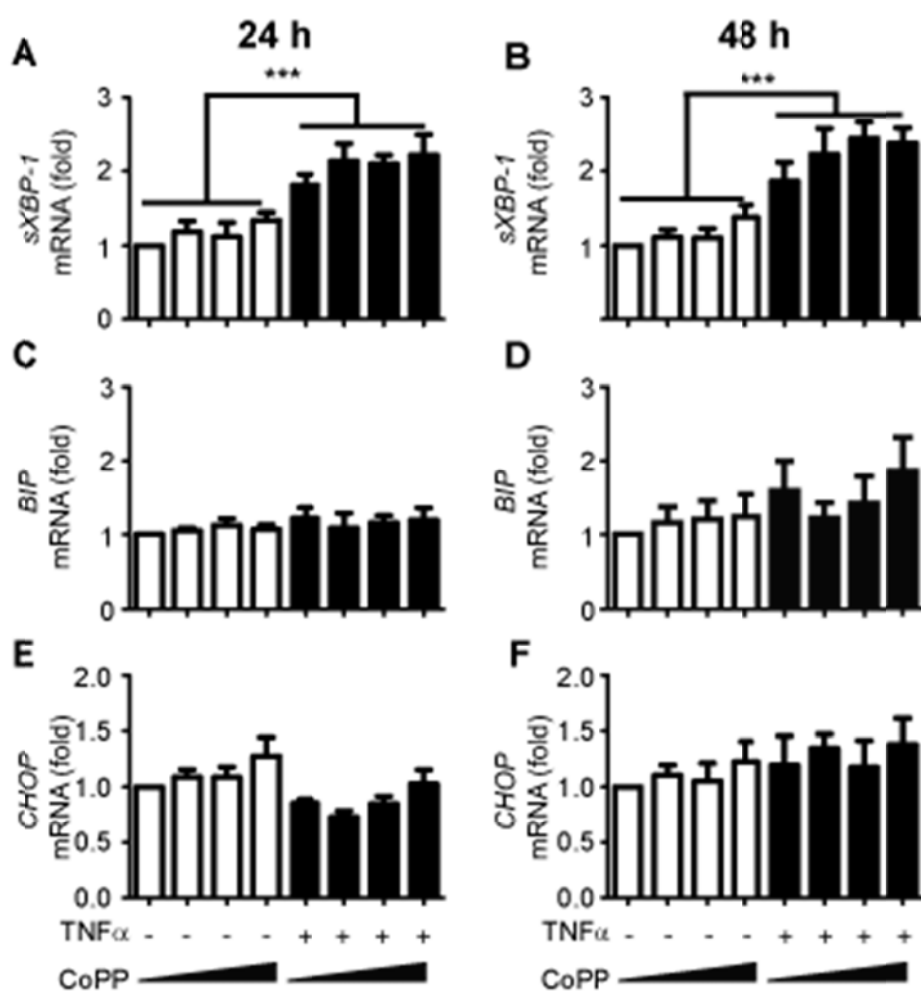


Figure 5.

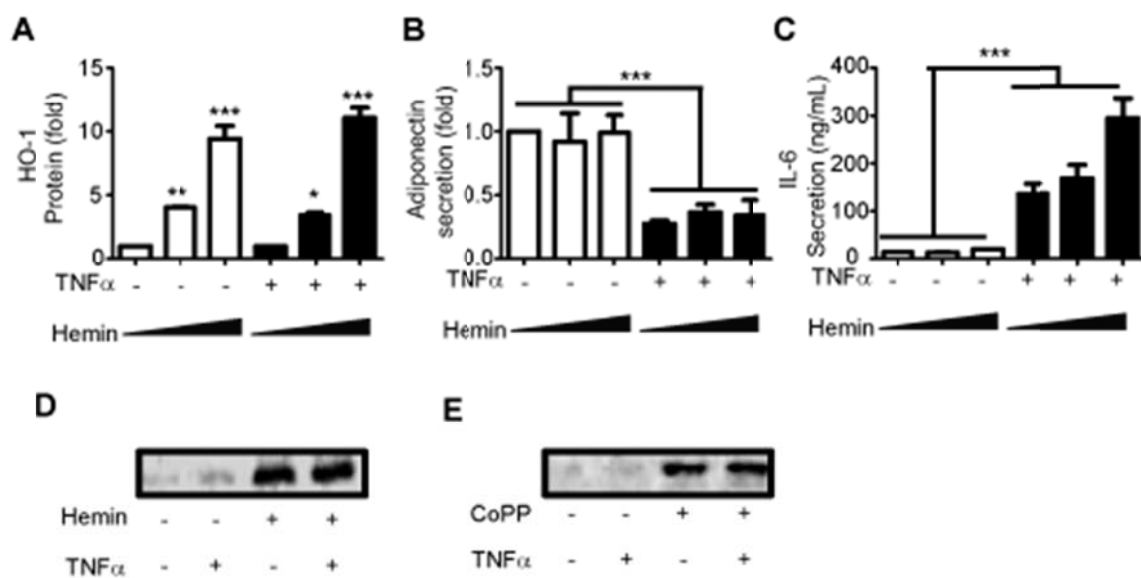


Figure 6.

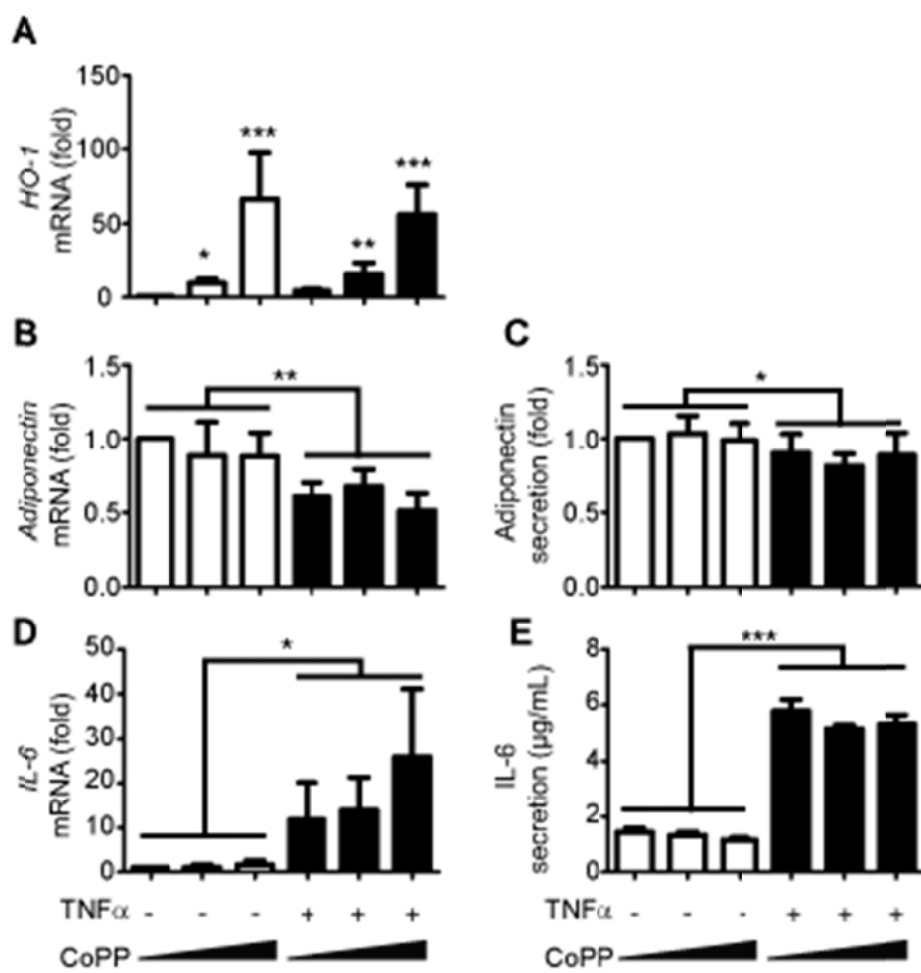


Figure 7.

