

1 **AMPK inhibits ULK1-dependent autophagosome formation and**  
2 **lysosomal acidification via distinct mechanisms**

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4 Running title: AMPK inhibits early and late autophagy pathways

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25 glutamine, arginine, lysosome acidification

26

27 **Abstract**

28 Autophagy maintains metabolism in response to starvation but each nutrient is sensed  
29 distinctly. Amino acid deficiency suppresses mechanistic target of rapamycin complex 1  
30 (MTORC1) while glucose deficiency promotes AMP-activated protein kinase (AMPK).  
31 MTORC1 and AMPK signalling pathways converge onto the ULK1/2 autophagy initiation  
32 complex. Here, we show that amino acid starvation promoted formation of ULK1- and  
33 Sequestosome1/p62-positive early autophagosomes. Autophagosome initiation was  
34 controlled by MTORC1 sensing glutamine, leucine and arginine levels together. By contrast,  
35 glucose starvation promoted AMPK activity, phosphorylation of ULK1 Ser 555 and LC3-II  
36 accumulation, but with dynamics consistent with a block in autophagy flux. We studied the  
37 flux pathway and found that starvation of amino acid, but not of glucose, activated lysosomal  
38 acidification, which occurred independently of autophagy and ULK1. Further to lack of  
39 activation, glucose starvation inhibited the ability of amino acid starvation to activate both  
40 autophagosome formation and the lysosome. Activation of AMPK and phosphorylation of  
41 ULK1 were determined to specifically inhibit autophagosome formation. AMPK activation  
42 also was sufficient to prevent lysosome acidification. These results indicate concerted but  
43 distinct AMPK-dependent mechanisms to suppress early and late phases of autophagy.

44

## 45 Introduction

46 During macro-autophagy (herein called autophagy), cellular components are sequestered  
47 into double-bilayer membrane vesicles termed autophagosomes. Autophagosomes are  
48 transported to lysosomes followed by organellar fusion to allow content degradation and  
49 recycling of metabolic building blocks for cell viability (1, 2). A fundamental feature is that  
50 autophagy is potently induced following nutrient starvation, for example in yeast deprived of  
51 nitrogen (amino acids and ammonia)(3). Autophagy is widely appreciated as a central hub  
52 for maintaining metabolic homeostasis, which plays roles in the larger context controlling cell  
53 fate during normal ageing and cancer cell survival (4). As such, we and others have been  
54 interested in how the mammalian ULK1/2 complex coordinates multiple nutrient-dependent  
55 signals at the top of the autophagy regulatory cascade.

56 In one prominent model, MTORC1 phosphorylates ULK1 on Ser 757 (Ser 758 in human)  
57 which has the effect of disrupting interaction between ULK1 and AMPK (5). This direct  
58 binding allows AMPK to phosphorylate ULK1 on sites Ser317 and Ser777, which simulates  
59 ULK1 activity for autophagy. Amino acid starvation would suppress MTORC1 activity,  
60 facilitating positive autophagy regulation from AMPK. Glucose starvation would in turn  
61 activate AMPK to promote autophagy via ULK1-mediated phosphorylation of factors such as  
62 Beclin1, ATG13 and FIP200 (6, 7). This single model, however, cannot account for the full  
63 complexity of autophagy which involves other modifications on ULK1. AMPK  
64 phosphorylates ULK1 on other sites such as Ser 467, 555, 574, 637 (Ser 467, 556, 575, 638  
65 in human), which may function for mitophagy in response to cell energy signals (8, 9). Other  
66 patterns of nutrient-sensitive phosphorylation on ULK1 have been reported and the Ser637  
67 site appears to be controlled by both MTORC1 and AMPK, highlighting inter-connections not  
68 yet fully understood (10).

69 Autophagy induction following amino acid starvation is widely prevalent, robust and rapid  
70 (11-13). Autophagy following glucose starvation has also been reported but this response  
71 appears to be more complex, requiring more prolonged duration of stress to produce effects  
72 (5, 14-19). Interestingly, the MTORC1-AMPK-ULK1 interplay model predicts that autophagy  
73 following amino acid withdrawal still requires AMPK function. On this issue, the precise role  
74 of glucose starvation and AMPK in autophagy still remains controversial. Low cellular  
75 energy levels and AMPK activation were initially proposed to block autophagy based on  
76 biochemical approaches (20, 21). Other reports have shown glucose starvation to inhibit  
77 autophagy responses (22) (23, 24).

78 Previously, we approached this area by studying nutrient-dependent autophagy in fibroblasts  
79 derived from ULK1/2 double knockout (DKO) mice (11). We showed that ULK1/2 DKO  
80 clearly blocked the rapid autophagy response stimulated by amino acid starvation. In that  
81 work, we noted that prolonged (overnight) glucose starvation produced a distinct autophagy  
82 phenotype that was independent of canonical phosphatidylinositol 3-phosphate (PtdIns3P)  
83 signals. Here, we further investigated how amino acid and glucose starvation signals control  
84 autophagy. We find in a wide range of cells that only amino acid starvation stimulated robust  
85 bona fide autophagy degradative flux. In contrast, glucose starvation produce phenotypes  
86 resembling a reduction of flux and halted autophagy. Surprisingly, amino acid and glucose  
87 starvation showed differential control of autophagy gene expression, early autophagosome  
88 formation and activation of the lysosome. Furthermore, glucose starvation and resulting  
89 AMPK activation could over-ride and suppress amino acid starvation signals that normally  
90 trigger autophagy. These findings highlight the opposing mechanisms that allow MTOR and  
91 AMPK to balance function of both early and late stages of autophagy.

92

## 93 Results

### 94 Glucose starvation fails to activate autophagy flux

95 We have previously shown how amino acid starvation robustly activated autophagy in  
96 mouse embryonic fibroblasts (MEF) and how this response was fully blocked upon ULK1/2  
97 DKO (11). Here, we explored alternate forms of nutrient stress. We surprisingly found that  
98 starving MEF of glucose did not strongly activate autophagy, as detected by conversion of  
99 inactive LC3-I to activated (lipid-modified) LC3-II (Fig 1A). Glucose starvation only led to  
100 relatively small increases in LC3-II that did not further accumulate when lysosomal activity  
101 was blocked by bafilomycin A1 (Baf A1), which clearly contrasted with our previous  
102 observations following amino acid starvation using the same cell system (11). Glucose  
103 starvation failed to activate Baf A1-dependent LC3-II accumulation in both short (2 hour) and  
104 prolonged (18 hour) starvation experiments. Furthermore, the mild changes in LC3-II  
105 following glucose starvation still occurred in ULK1/2 DKO MEF lines.

106 We confirmed that amino acid starvation within 2 hours led to clear MTORC1 suppression  
107 (S6 phosphorylation levels) and LC3 conversion (Fig 1B). Amino acid starvation was  
108 properly sensed as MTORC1 suppression in ULK1/2 DKO MEF, although LC3 conversion  
109 was not activated. In contrast, 2 hours of glucose starvation promoted AMPK activation  
110 (acetyl CoA carboxylase (ACC) phosphorylation) in wildtype (WT) MEF, but little change in  
111 MTORC1 activation. LC3-II was indeed formed following glucose starvation but  
112 independently of ULK1/2 function. We interpret this change to represent a block in  
113 lysosomal flux, as discussed later in this report (Fig 10).

114 To further clarify, we studied longer-term effects. MTORC1 activity recovered after overnight  
115 amino acid starvation and cells showed dramatically low total LC3 protein levels, both in WT  
116 and ULK1/2 DKO MEF (Fig 1B). In contrast, overnight glucose starvation led to mild AMPK  
117 activation and MTORC1 suppression, in both WT and ULK1/2 DKO cells. As such, cells  
118 appear to shut down MTORC1, albeit slowly, following glucose starvation, which may reflect  
119 the AMPK- or RagA-dependent glucose sensing mechanisms previously reported (25, 26).  
120 LC3-II accumulated similarly in both cell types following prolonged glucose starvation.  
121 Together, these data suggest that only amino acid starvation activates a ULK1/2-dependent  
122 immediate autophagy response. Prolonged amino acid starvation activates a further  
123 ULK1/2-independent degradative pathway that leads to LC3 clearance, ultimately leading to  
124 MTORC1 reactivation (27). As we show later in this study (Fig 10), this likely represents  
125 amino acid-starvation-based activation of the lysosome. Glucose starvation failed to robustly  
126 activate immediate or long-term autophagy degradative flux. Since MEF generally showed a

127 strong requirement for survival growth factors, particularly during prolonged starvation, these  
128 incubations all contained dialysed serum and only studied effects from glucose or amino acid  
129 starvation.

130 The complex regulatory effects of amino acid vs glucose starvation required further  
131 clarification so we tested autophagy membrane flux in MEF expressing tandem mRFP-GFP  
132 tagged LC3 (28) (Fig 2A). We confirmed that 2 hour addition of Baf A1 alone in full-nutrient  
133 conditions de-acidified and revealed all the basal autophagosomes in resting cells. Amino  
134 acid starvation of MEF for 2 hours produced mild increases in GFP-detectable (i.e. early)  
135 and RFP-detectable (i.e. total) autophagosomes. Notably, amino acid starvation produced  
136 RFP(+) only membranes, which represent autophagosomes that acidify and mature into late  
137 degradative compartments. Glucose starvation also led to mild changes in GFP- and RFP-  
138 visible membranes but the level of response was significantly less than amino acid starvation  
139 upon quantification of cell populations (Fig 2B) and did not produce RFP(+) only  
140 autophagosomes arising from flux.

141 In the presence of Baf A1, amino acid starvation for 2 hours led to strong accumulation of  
142 autophagosomes (visible in GFP and RFP due to global deacidification). In contrast, glucose  
143 starvation + Baf A1 produced a markedly lower level of autophagosome formation.  
144 Moreover, the amino acid starvation and Baf A1 responses at 2 hours were clearly blocked  
145 upon ULK1/2 DKO. When the experiment was performed following 18 hour starvations, we  
146 detected a distinct pattern (Fig 2B). Baf A1 alone, or both starvation conditions (+Baf A1) all  
147 led to similar accumulation of GFP(+) and RFP(+) membranes. Furthermore, this  
148 accumulation took place similarly even with ULK1/2 DKO. These results suggested that only  
149 amino-acid starvation (in the short-term) stimulated canonical autophagy flux and that this  
150 response was strictly dependent on the ULK1/2 complex. Upon prolonged (e.g. overnight)  
151 starvation, other slower-rate autophagy-related processes become more apparent but these  
152 do not display differential sensitivity to amino acid vs. glucose starvation and are ULK1/2-  
153 independent.

154 We further validated our findings using another imaging approach, detecting endogenous  
155 LC3-positive autophagosomes in starved WT MEF (Fig 2C). Baf A1 alone (in control  
156 conditions) only led to small accumulation of basally forming autophagosomes. LC3-positive  
157 autophagosome formation was strongly promoted by amino acid-, but not glucose-,  
158 starvation. Since, activated ULK1/2 promotes autophagy by phosphorylating downstream  
159 signalling partners such as Beclin1 (6), we further confirmed that the short-term amino-acid  
160 dependent autophagy response was blocked upon Beclin1 silencing.

161

**162 Differential nutrient responses in cancer cells**

163 The failure of glucose starvation to activate autophagy was puzzling so we investigated if  
164 this trend was conserved, particularly in cancer cells that exhibit high glucose catabolism.  
165 We found in a range of breast, ovarian and melanoma cancer cell lines that glucose  
166 starvation generally led to LC3-II accumulation, similar to cells with lysosomal inhibition via  
167 chloroquine (CQ) (Fig 3A). This similarity was most obvious in 4T1, SKOV3 and OVCAR3,  
168 but was generally displayed in the other cell types. By contrast, amino acid starvation under  
169 the same time-frame led to patterns of LC3 conversion and clearance. MCF7 and A431  
170 were further studied as representative cell models showing clear nutrient-dependent  
171 differences. In both these cell types, overnight amino acid starvation led to strong flux and  
172 clearance of total LC3 and the sequestosome 1 /p62 autophagy adaptor protein (Fig 3B). By  
173 contrast, overnight glucose starvation did not produce strong LC3 and p62 degradation.

174 These results in cancer cells support our model for differential responses to amino acid vs.  
175 glucose starvation. Since changes in levels of LC3 or p62 protein can arise from both  
176 autophagy and gene expression mechanisms, particularly in prolonged starvation (29), we  
177 further tested *LC3B* and *p62/SQSTM1* transcript levels (Fig 3C). Under short-term  
178 starvation, only glucose- (but not amino acid-) starvation led to mild *LC3B* and *p62* up-  
179 regulation in MCF7 cells. A431 displayed a mild but distinct nutrient-dependent response.  
180 Under prolonged starvation, there was clearer up-regulation of *LC3B* and *p62*, particularly  
181 upon glucose starvation. The nutrient-dependent difference was especially apparent in  
182 MCF7. These data suggest that in the short term, amino acid starvation activates autophagy  
183 flux leading to loss of LC3 and p62 protein (but there is no gene down-regulation). Upon  
184 prolonged timeframes, amino acid starvation produces some up-regulation but LC3 and p62  
185 degradation rates overwhelm. In contrast, prolonged glucose starvation does not produce  
186 degradative flux and further stimulates a *LC3* and *p62* up-regulation response. Lastly, we  
187 confirmed the differential autophagy flux by imaging A431 cells expressing mRFP-GFP-LC3  
188 (Fig 3D,E). Similar profiles were observed, with Baf A1 (alone in control conditions)  
189 revealing basal autophagosome levels. In short-term starvation, only amino acid-, but not  
190 glucose-, starvation promoted strong autophagosome formation.

**191 Amino acid starvation activates autophagy flux**

192 We further investigated the nutrient-dependent regulation of autophagy using HEK293 cells,  
193 which we previously used extensively to study ULK1 signalling (30, 31). HEK293 cells

194 possess a high rate of basal autophagy, even under full nutrient conditions, as shown via  
195 clear LC3-II accumulation following lysosomal block with Baf A1 (Fig 4A, lane 2). Starvation  
196 of amino acid (and serum) leads to increased LC3-II (lanes 1 vs. 3) and this effect is further  
197 apparent when Baf A1 is used to block autophagic flux (lane 4). Addition of dialysed serum  
198 did not alter LC3-II accumulation (lanes 3 vs. 5) suggesting that cells were primarily sensing  
199 amino acid withdrawal. Amino acid starvation (with or without serum) strongly inhibited  
200 MTORC1. As observed above in multiple cell types, glucose (and serum) starvation led to  
201 some LC3-II formation but the extent was not as robust compared to amino acid starvation  
202 (lanes 3 vs. 6). Furthermore, glucose starvation (+Baf A1) did not produce more LC3-II as  
203 compared to Baf A1 treatment alone (also shown in quantitation (Fig 4B)). Glucose (and  
204 serum) starvation led to AMPK activation and also MTORC1 suppression. However,  
205 supplementation of dialysed serum to glucose starvation restored MTORC1 activity and  
206 prevented LC3-II generation (lanes 6 vs. 8). Therefore, starvation of just glucose alone  
207 produces minimal autophagy responses, consistent with our other data. Serum starvation  
208 can activate autophagy to a certain extent, but this contribution is weak when directly  
209 compared with amino acid starvation.

210 We and others have noted glucose-dependent autophagy effects, particularly following  
211 prolonged starvation (5, 11, 14, 19), so here, we investigated details in the time course of  
212 nutrient sensing. In HEK293 cells, inhibition of the lysosome led to a gradual accumulation  
213 of LC3-II over 1-4 hours (Fig 4C). Further starvation of amino acids led to significantly  
214 higher levels of rapid LC3-II formation. Glucose starvation failed to activate LC3-II formation  
215 above the low level caused by lysosomal block alone.

216 In these prolonged experiments, we noted mild LC3 and ACC accumulation upon overnight  
217 incubation of control cells maintained with full nutrients (Fig 4D). In contrast, amino acid  
218 starvation triggered LC3 conversion within 2 hours, becoming more clear by 4 hours, which  
219 is consistent with other data. By 18 hours of amino acid starvation, total LC3 levels  
220 markedly decreased due to continued degradation (also reflected by p62 reduction). AMPK  
221 activity remained low during amino acid starvation. The parallel time course from glucose  
222 starvation was distinct, with less LC3 conversion and clearance, no p62 loss and rapid  
223 AMPK activation.

224 Although different cell types display slightly varying responses, nutrient-dependent  
225 autophagy flux, as detected by RFP-GFP-LC3, has been consistent. In HEK293 cells (Fig  
226 4E), 2 hours of Baf A1 treatment alone showed the basal autophagosome levels. Amino  
227 acid starvation produced significantly more GFP(+) and RFP(+) autophagosomes, under  
228 both +/- Baf A1 conditions.



229

230 **Amino acid starvation stimulates autophagosome formation in a glucose-dependent**  
231 **manner**

232 As we established the nutrient-specific effects on autophagy flux, we further studied  
233 regulation of autophagosome formation. We first investigated early autophagy factor  
234 recruitment by detecting the ULK1 complex, which translocates to initial ER-associated  
235 assembly sites. We and others have previously reported clear formation of membranes  
236 using exogenous tagged ULK1 complex members (30, 32). Here, we observed that cells  
237 maintained under full nutrients contained virtually no membranes staining for endogenous  
238 ULK1 (Fig 5A). Amino acid starvation stimulated assembly of ULK1-positive membranes  
239 within 15 minutes and further increased over time (Fig 5B). By contrast, glucose starvation  
240 did not stimulate ULK1-positive puncta.

241 To study a later stage of autophagosome assembly, we detected endogenous patterns of  
242 p62/Sequestosome1, which is recruited to forming autophagy membranes via both LC3-  
243 dependent and -independent mechanisms (33, 34). Amino acid starvation induced p62-  
244 positive membranes in a robust, rapid and time-dependent manner (Fig 5A,B). In contrast,  
245 glucose starvation did not induce p62 membranes. To confirm the p62 staining, we detected  
246 co-localisation with GFP-DFCP1. In WT MEF, amino acid starvation stimulated the  
247 formation of DFCP1-positive autophagosomes with concentrated patches of PtdIns3P (Fig  
248 5C). p62 puncta co-localised with GFP-DFCP1, intermingling with the patches of PtdIns3P  
249 on autophagosomes, suggestive of cargo recruitment. The amino-acid dependent induction  
250 of p62 puncta could be blocked with the ULK1 inhibitor MRT68921 (35) (Fig 5D). Therefore,  
251 the data suggest that amino acid starvation rapidly promotes ULK1 activation and  
252 translocation, thereby promoting downstream p62 recruitment and autophagosome  
253 formation.

254 We further explored nutrient-dependency during autophagosome formation using p62 puncta  
255 as readout. We and others have long used Earle's balanced salt solution (EBSS) as a  
256 standard autophagy starvation medium (11, 30, 31). Notably, EBSS lacks both amino acids  
257 and serum. During the course of this study, we further clarified that serum starvation itself  
258 can mildly stimulate autophagy by suppressing MTORC1 activity (eg Fig 5A). In HEK293,  
259 we also observed that serum deprivation leads to cytoskeletal changes but determined that  
260 trace amounts of supplemented serum (0.1%) maintained cell morphology and prevented  
261 cell detachment. We confirmed that serum deprivation alone (from 10% to 0.1%) only mildly  
262 induces p62 puncta formation (Fig 5E). By comparison, further starvation of amino acid (but

263 not of glucose) strongly induced p62 puncta. This difference between amino acid vs.  
264 glucose starvation was observed even when starvation was performed in the context of 10%  
265 dialysed serum. Importantly, while amino acid starvation promoted p62 membranes, further  
266 removal of glucose (double-starvation) significantly blocked p62 puncta formation. We  
267 further confirmed biochemically that glucose starvation inhibited the amino acid starvation  
268 signal from promoting LC3 lipidation (Fig 6A). Therefore, glucose starvation blocked the  
269 otherwise strong induction from amino acid starvation for autophagosome formation.

270 Since amino acid and glucose starvation were having opposite effects on autophagy, we  
271 asked how these nutrients were being sensed. As expected, glucose starvation led to  
272 AMPK activation and strong phosphorylation of ACC (Fig 6B). This condition also increased  
273 phosphorylation of ULK1-Ser555. By contrast, amino acid starvation led to suppression of  
274 MTORC1 signalling without strong AMPK activation (P-ACC). Under amino acid starvation,  
275 we observed, as expected, decreased phosphorylation on ULK1-Ser757, but also decreased  
276 phospho-ULK1-Ser555. Interestingly, double starvation of both amino acid and glucose led  
277 to MTORC1 inhibition together with AMPK activation, restoring ULK1-Ser555  
278 phosphorylation. The other AMPK-regulated site, ULK1-Ser317 (5), showed generally  
279 steady levels throughout these starvation conditions. Altogether, these data show that  
280 maximal autophagy activation is associated with dephosphorylation on both the ULK1-  
281 Ser555 and Ser757 sites.

## 282 **Glutamine, leucine and arginine activate MTORC1 to inhibit autophagosome formation**

283 All data above highlighted the primacy of amino acids for autophagy regulation. Certain  
284 amino acids, such as glutamine, leucine and arginine play key regulatory roles by interacting  
285 with specific cellular nutrient sensors to activate MTORC1 (36-39). Here, we further tested  
286 roles of each of these key regulatory amino acids. In control samples, HEK293 cells starved  
287 of all 20 amino acids showed MTORC1 suppression and LC3 lipidation (Fig 6C). However,  
288 addback of glutamine + leucine + arginine to the starvation mixture prevented both MTORC1  
289 inactivation and LC3 lipidation. Interestingly, addback of glutamine, leucine or arginine each  
290 singly did not have strong reversal effect as compared to all three regulatory amino acids  
291 added together. Combination of leucine and arginine addback did reduce autophagy, but  
292 not as clearly as the three combined regulatory amino acids. Addback of these regulatory  
293 amino acids required the presence of serum to activate MTORC1 and suppress autophagy  
294 (data not shown), revealing involvement of the growth factor-TSC1/2-Rheb pathway in  
295 combination with amino acid for MTORC1 activation.

296 We confirmed that addback of glutamine + leucine + arginine to the amino acid deprivation  
297 media also suppressed formation of p62-positive autophagosomes (Fig 6D,E). To further  
298 test the ability of these 3 regulatory amino acids to control autophagy, we studied membrane  
299 translocation. We confirmed that addback of glutamine + leucine + arginine (in the presence  
300 of serum) stimulated within 10 min the translocation of MTORC1 onto lysosomal  
301 compartments (Fig 7A). To study the regulation of initiation, we monitored ULK1/2 complex  
302 localisation. We confirmed translocation of endogenous ULK1 onto membrane puncta within  
303 ~2 hours (Fig 7B). Sites of initiation, likely connected to the ER, were generally juxtaposed  
304 but not co-localised to the lysosomal compartments. Addback of glutamine + leucine +  
305 arginine caused ULK1 translocation off membrane puncta within 10 min, suggestive of rapid  
306 inactivation by the addition of regulatory amino acids. Staining for endogenous ATG13  
307 showed identical results (Fig 7C).

### 308 **AMPK phosphorylates and inhibits ULK1**

309 We determined above that glucose starvation has the ability to suppress autophagy, even in  
310 the context of amino acid starvation cues, which promotes the process. To investigate this  
311 mechanism further, we focussed on AMPK which is activated by glucose starvation. To use  
312 a different approach, we used the compound A769662 activate AMPK (40). A769662 clearly  
313 activated AMPK under both full-nutrient and amino-acid starvation conditions (Fig 8A).  
314 There was no adverse effects of A769662 on the MTORC1 pathway. We next tested the  
315 effect of AMPK activation on amino acid starvation-driven autophagy flux using the RFP-  
316 GFP-LC3 assay in HEK293 cells. The addition of A769662 significantly inhibited both basal  
317 autophagosome formation under full-nutrients and autophagy stimulate by amino acid  
318 starvation (Fig 8B,C). The effect of the AMPK activator was nearly identical to the effect of  
319 glucose withdraw on amino acid starvation (i.e. double starvation) (Fig 8D). The addition of  
320 A769662 similarly inhibited the ability of amino acid starvation to promote ULK1 and p62  
321 puncta formation (Fig 9A). These results support the notion that AMPK inhibits autophagy.

322 AMPK regulates autophagy by directly phosphorylating ULK1 on multiple sites. One set of  
323 highly conserved sites (mouse ULK1 S467, S555, T574, S637) has been implicated in  
324 autophagy-related mitochondrial homeostasis and cell survival (9). To test the roles of these  
325 AMPK-dependent sites, we reconstituted ULK1/2 DKO MEF with either ULK1 WT or the 4SA  
326 (S467A, S555A, T574A, S637A) mutant (Fig 9B). We next treated the reconstituted MEF to  
327 amino acid starvation +/- AMPK activation via A769662 and monitored p62-labeled  
328 autophagosome formation (Fig 9C,D). Reconstitution with WT-ULK1 rescued the formation  
329 of starvation-induced p62 puncta. This autophagy response in WT-ULK1 reconstituted MEF  
330 was significantly inhibited by A769662. Interestingly, MEF reconstituted with 4SA-ULK1

331 showed a significantly inhibited response to amino acid starvation. A pattern consistent with  
332 this was also observed when studying WT vs. 4SA reconstituted MEF in the context of single  
333 (-AA) vs. double (-AA-Glc) starvation (Fig 9E). Therefore, phosphorylation of these 4 sites  
334 on ULK1 was required for AMPK to inhibit the autophagy response. However, loss of these  
335 sites also impaired the normal function of ULK1 during amino acid starvation-induced  
336 autophagy.

### 337 **AMPK and glucose starvation inhibit lysosome activity**

338 Our data above highlighted how amino acid starvation was best at activating autophagy-  
339 lysosomal flux as seen through eventual clearance of LC3 and p62 proteins. Since  
340 MTORC1-dependent activation of lysosomal activity has been reported (41), we investigated  
341 the differential nutrient dependency on this late stage of autophagy. We confirmed that  
342 amino acid starvation led to robust lysosomal activation in HEK293 and HeLa cells as  
343 detected by lysotracker red staining for acidified vesicles (Fig 10A). Quantification of  
344 staining indicated starvation-induced lysosomal acidification, which could be effectively  
345 quenched by treatment with weak base CQ or more strongly, with vacuolar ATPase  
346 (vATPase) inhibitor Baf A1 (Fig 10B), as seen elsewhere (29).

347 In testing the different nutrients, we found that serum starvation alone led to mild acidification  
348 of the lysosome, for example in both HeLa (Fig 10C,D) and HEK293 cells (Fig 10E).  
349 However, further withdrawal of amino acids markedly led to strong lysosomal acidification.  
350 In contrast, glucose starvation did not promote acidification. We found that the preferential  
351 lysosomal activation from amino acid starvation was independent of autophagy, showing  
352 similar robust effects in WT and ATG5 KO MEF (Fig 10F,G). Lysosomes in ATG5KO MEF  
353 appeared swollen compared to those in WT. However, even these swollen vesicles  
354 markedly increased lysotracker staining following amino acid starvation. The ability of amino  
355 acid starvation to activate lysosomal acidification was also independent of the ULK1  
356 signalling, as seen in ULK1/2DKO and FIP200 KO MEF (Fig 10H).

357 Our data above also highlighted how glucose starvation inhibited amino acid-dependent  
358 cues that drive autophagosome formation. We tested this relationship for lysosomal  
359 acidification. Indeed, we found that while amino acid starvation stimulated lysosomes,  
360 acidification was blocked when glucose was further removed using double starvation  
361 medium (Fig 10I). Addback of glucose to the double starvation medium (to typical levels: 1  
362 g/L) restored acidification, indicating that cellular glucose levels promote lysosomal function.  
363 As one main effect, glucose starvation activates AMPK. To test if this pathway regulates the  
364 lysosome, we used the AMPK activator drug. Addition of A769662 had little effect on basal

365 signals, but significantly inhibited the ability of amino acid starvation to promote lysosome  
366 acidification (Fig 10J-L). These results suggest that glucose starvation also inhibits  
367 lysosomal / late-stage autophagy via AMPK.

368

## 369 Discussion

370 Mammalian cells need to rapidly adapt when extracellular nutrients change and a part of this  
371 metabolic homeostasis is autophagy (1, 42). Cancer cells are particularly distinct for their re-  
372 configured metabolic profile that features high consumption of glucose and amino acids such  
373 as glutamine (43, 44). In this regard, we have long been intrigued by the mechanisms  
374 linking amino acid and glucose sensing to autophagy, particularly in cancer contexts. ULK1  
375 appears to be a key hub receiving phosphorylation signals from MTORC1 and AMPK (5, 10).  
376 We previously investigated the different features of non-canonical ULK1/2-independent  
377 autophagy in the context of prolonged glucose starvation (11, 14). Here, upon further  
378 exploration, we find surprisingly that only amino acid starvation activates rapid and robust  
379 autophagy flux. In contrast, glucose starvation produced autophagy readouts more  
380 resembling a lysosomal block, which was prevalent in a wide range of normal and cancer  
381 cell types.

## 382 Amino acid and glucose differentially control autophagosome formation

383 Differences in nutrient sensing could be traced to the level of autophagy initiation. Only  
384 amino acid starvation promptly promoted and translocation of ULK1 to membrane assembly  
385 sites. This is likely the key early regulatory event that allows phosphorylation downstream  
386 substrates such as ATG4B, ATG9 and ATG13 (35, 45-48). This is clearly a partial list of all  
387 the ULK1 substrates so far identified (as previously highlighted (7, 49)). However, this  
388 translocation critically allows the ULK1/2 complex to phosphorylate Beclin1 thereby directing  
389 VPS34 activity and localised PtdIns3P generation at autophagosome assembly sites (6).  
390 Previously, we found only amino acid starvation stimulated translocation of PtdIns3P-binding  
391 WIPI-2 to autophagy membranes (11). In further agreement, we here found that amino acid  
392 (but not glucose) starvation rapidly promoted high numbers of autophagosomes containing  
393 LC3 and p62. Consistent with established thinking, MTORC1 played the predominant role  
394 for autophagosome regulation. Re-addition of key regulatory amino acids glutamine, leucine  
395 and arginine to starved cells re-activated MTORC1 and blocked the autophagy. Thus, the  
396 main 3 regulatory amino acids are sufficient to control autophagosome assembly.

397 When considering autophagy and the different nutrients, our data highlighted how time was  
398 a key variable. The clearest differences between amino acid vs. glucose starvation were  
399 observed during the immediate rapid autophagy response (e.g. up to 2 hours). Therefore,  
400 amino acid-dependent MTORC1-ULK1 signalling thus serves to primarily promote rapid high  
401 rates of LC3 conversion and autophagosome assembly. During prolonged starvation  
402 experiments, we observed other ULK1/2-independent pathways, which we interpret to

403 function at lower rates, becoming apparent in longer timeframes. Cellular LC3 levels are  
404 effectively cleared upon prolonged amino acid starvation, likely reflecting sustained  
405 activation of lysosomal function. Basal autophagosome formation was seen to be ULK1/2-  
406 independent after prolonged block of flux (i.e. Baf A1). Serum starvation also produced mild  
407 effects on autophagosome formation, MTORC1 activity and lysosomal acidification. We  
408 suggest that considerations of timeframe and serum levels may explain some of the  
409 observations on glucose starvation-induced, non-canonical, ULK1/2-independent autophagy  
410 (5, 14, 17, 19). Overall, amino acid and glucose starvation produced clearly different effects  
411 across many cell types.

#### 412 **AMPK and glucose starvation signals can dominate and block autophagy**

413 Interestingly, while amino acid starvation stimulated autophagy, further removal of glucose in  
414 the amino acid-free condition blocked autophagosome formation. Previously, it had been  
415 proposed that autophagy initiation in both mammalian and yeast cells require threshold  
416 levels of cellular energy (20, 23, 50). Glucose starvation in our experiments clearly reduced  
417 the energy charge in cells as reflected by AMPK activation and phosphorylation of the ULK1-  
418 Ser555 site. Altogether, highest levels of autophagy were associated with amino acid  
419 deprivation and hypo-phosphorylation of ULK1 at Ser555 and Ser757. As such, canonical  
420 rapid autophagy seems to be driven by suppression of MTORC1 in association with low  
421 AMPK activity.

422 We were next able to show that activation of AMPK using a drug was able to suppress the  
423 otherwise positive signal of amino acid starvation for autophagosome formation. This brake  
424 mechanism on autophagy appears to require the set of 4 conserved AMPK phosphorylation  
425 sites on ULK1 (including Ser555), which had been previously validated functionally (9).  
426 Therefore, high levels of AMPK-mediated phosphorylation on these sites may serve to inhibit  
427 ULK1. However, the relationship is not binary since 4SA mutation of these sites also  
428 prevented ULK1 from promoting normal autophagy. One possibility is that transient or sub-  
429 threshold levels of AMPK phosphorylation on these sites is needed for proper dynamic  
430 regulation of ULK1. Sustained high levels of modification may serve as a signal to block  
431 ULK1. Alternatively, one of the sites in this set may function as the brake but the 4SA  
432 substitutions together may inhibit other positive roles although this will require more  
433 mapping. Indeed, one of the sites in 4SA is Ser637 (638 in human), which is also  
434 coordinately regulated by MTORC1 and PP2A in response to nutrients (10, 51). ULK1-  
435 Ser555 phosphorylation may provide a switch from canonical autophagy to mitophagy-  
436 specific pathways following AMPK activation (8, 9).

437 **Amino acid and glucose differentially control the lysosome**

438 We consistently saw that amino acid starvation, especially when prolonged, generated LC3  
439 conversion, LC3 breakdown and MTORC1 reactivation. By contrast, glucose starvation led  
440 to only slow accumulation of lipidated LC3-II and never re-stimulated MTORC1, which we  
441 interpreted to reflect overall lysosomal suppression. This model suggests further  
442 considerations that may explain the LC3 accumulation observed in other examples of  
443 glucose starvation (5, 14, 17, 19).

444 Autophagy flux depends on fusion with the lysosome to enable content degradation.  
445 Lysosomal function can be up-regulated following gene expression re-programming and  
446 organelle biogenesis driven by TFEB family transcription factors (52). Alternatively, existing  
447 lysosomes can be activated by promoting lumenal acidification, which has been reported via  
448 both MTORC1-dependent and -independent mechanisms (41, 53). Here, we found that  
449 serum starvation promoted some acidification but strongest lysosomal activation occurred  
450 when both serum and amino acids were withdrawn. This lysosomal response occurred  
451 rapid and independently of the ATG5 and ULK1/2 autophagy pathways. Glucose starvation  
452 did not stimulate lysosomal acidification, consistent with the other data suggesting low  
453 autophagic flux. Looking at nutrient combinations, removal of glucose prevented amino acid  
454 and serum starvation from promoting lysosome acidification. Furthermore, activation of  
455 AMPK was sufficient to suppress lysosomal activation. Therefore, AMPK has ULK1-  
456 dependent pathways to control early autophagy steps and distinct pathways to control the  
457 lysosome.

458 Lysosomal acidification is driven by vATPase, which interestingly displays nutrient-  
459 dependent assembly of its V0 and V1 domains (54). Starvation of amino acids has been  
460 shown to promote vATPase assembly, although roles of MTORC1 in this mechanism remain  
461 controversial (41, 53, 55). Conversely, vATPase assembly has been shown in yeast and  
462 mammals to require glucose (56, 57). Here, we identify an additional pathway involving  
463 AMPK activity to suppress lysosomal function. Therefore, vATPase may be blocked via  
464 multiple mechanisms to produce a reduction in autophagy-lysosomal flux upon glucose  
465 starvation.

466 In conclusion, our studies provide an integrated view on how serum, amino acid and glucose  
467 independently control early and late stages of autophagy. For both autophagosome  
468 formation and lysosomal acidification, amino acid starvation provided the strongest activating  
469 signal. Surprisingly, both early and late stages of autophagy were not activated by glucose  
470 starvation and moreover, glucose starvation had overall inhibitory effects on both pathways.



471 The inhibitory effects of glucose starvation were determined to take place via distinct AMPK-  
472 dependent mechanisms on autophagy initiation and lysosomal activity. The mechanisms  
473 characterised here may help coordinate the physiological homeostasis of amino acids,  
474 glucose and autophagy, as seen in neonatal mice (26). Our findings here also illustrate that  
475 different nutrient starvations cannot all be generalised to activate autophagy.

476

## 477 **Materials and Methods**

### 478 **Cell culture and treatments**

479 ULK1/2 DKO MEF (11); WT MEF expressing GFP-DFCP1 (ZFYVE1) (11); FIP200 KO (58)  
480 and ATG5 KO MEF (and matched WT) (59) have been described. HEK293A cells were  
481 maintained as previously described (31). MEF, HEK293A, HeLa, 4T1, SKOV3, OVCAR,  
482 B16-F0 and A431 were all maintained in DMEM with 4.5g/L glucose (Lonza #BE12-614F)  
483 supplemented with 10% fetal bovine serum (FBS) (Labtech #FCS-SA), 4mM L-Glutamine  
484 (Lonza #BE17-605E), and 100U/mL Penicillin/Streptomycin (Lonza #DE17-602E) (full-  
485 nutrient media). MCF7 were cultured in full-nutrient media supplemented with 0.015 mg/ml  
486 insulin.

487 Where indicated, WT and ULK1/2 DKO MEF were transiently transfected with tandem  
488 tagged mRFP-EGFP-LC3 reporter (28). Alternatively, HEK293A and A431 cell lines were  
489 generated stably expressing pBABE-puro mCherry-EGFP-LC3B (Addgene plasmid #  
490 22418)(60). A HEK293A stable cell line was generated expressing LAMP1-mRFP-FLAG  
491 (Addgene plasmid # 34611) (61). MEF with stable knockdown of Beclin1 were generated  
492 using the pLKO.1 construct for mouse BECN1 clone id: TRCN0000087290. In  
493 reconstitution experiments, ULK1/2 DKO MEF were stably transduced using pLPC puro-  
494 Myc-ULK1 WT or 4SA (S467A, S555A, T574A, S637A) (subcloned from Addgene plasmids  
495 # 27626 and 27628) (9).

496 Cells were washed 1x with PBS and exchanged into starvation media. For amino (and  
497 serum) starvation, we used Earle's balanced salt solution (EBSS) (Sigma E2888). For  
498 glucose (and serum) starvation, we used glucose-free DMEM media containing 4mM L-  
499 Glutamine (Thermo Fisher 11966-025). For serum starvation, used full-nutrient DMEM  
500 described above but lacking FBS. For amino acid and glucose (double) starvation, we used  
501 PBS (Lonza #BE17-513F) supplemented with 0.22% sodium bicarbonate (Sigma S8761)  
502 and phenol red. To study glucose addback, we used PBS containing 1 g/L glucose (Lonza  
503 #04-479Q) supplemented with 0.22% sodium bicarbonate and phenol red. Where indicated,

504 dialysed FBS (Sigma F0392) was supplemented. Where indicated 4 mM glutamine (Lonza  
505 #BE17-605E), 0.8 mM leucine (Sigma L8912) and 0.4 mM arginine (Sigma A8094) were  
506 supplemented. Some conditions used 10nM Bafilomycin A1 (Tocris Bioscience) or 25µM  
507 chloroquine (Sigma) to inhibit the lysosome. AMPK was activated using 50 µM A769662  
508 (Tocris Bioscience). MRT68921 (35) was a kind gift from B. Saxty (LifeArc, formerly MRC  
509 Technology).

### 510 **Immunoblot analysis**

511 Cell lysates were prepared as described previously (11) and analysed using on 4-12% or  
512 10% NuPAGE gels resolved in MES running buffer (Thermo Fisher scientific). Membranes  
513 were stained using the following antibodies. LC3B: clone 5F10 (Nanotools #0231-100);  
514 p62/SQSTM1 (BD Bioscience 610832); phospho-S6 ser240/244 (Cell signalling 2215); total  
515 S6 (54D2) Mouse mAb (Cell signalling 2317); phospho-acetyl CoA carboxylase (ACC)  
516 ser79 (Cell signalling 3661); total ACC (Cell signalling 3662); phospho-ULK1 ser757 (Cell  
517 signalling 6888); phospho-ULK1 ser555-D1H4 (Cell signalling 5869); phospho-ULK1  
518 ser317-D2B6Y (Cell signalling 12753); total ULK1-D8H5 (Cell signalling 8054); Actin: Ab-5  
519 (BD Bioscience # 612656). Detection was via anti-mouse or anti-rabbit Dylight-coupled  
520 secondary antibodies and Licor Odyssey infrared scanning.

### 521 **Microscopy**

522 After treatments, cells were fixed and stained using the following antibodies: anti-human  
523 p62/SQSTM1 (BD Bioscience 610832); anti-mouse p62/SQSTM1 Guinea pig polyclonal  
524 (Progen #GP62-C); LC3B (Cell signalling 2775); MTOR-7C10 (Cell signalling 2983);  
525 ATG13- E1Y9V (Cell signalling 13468); ULK1-D8H5. Cell images were captured by  
526 confocal microscopy (Leica, TCS SP5, HCX PL APO CS-63x-1.4NA objective and HyD  
527 GaAsP detection). Puncta/cell were quantified from confocal scans or directly by  
528 epifluorescent imaging, depending on stain. To detect lysosomal acidification, cells were  
529 treated as indicated with 50nM LysoTracker Red DND-99 (Thermo Fisher L7528) added  
530 during the final 30mins of incubation. Cells were fixed with paraformaldehyde, stored  
531 overnight, and imaged by confocal microscopy. Staining intensity was quantified from  
532 cytoplasmic regions of interest from multiple cells per field from multiple fields per sample.  
533 Quantification of autophagosome puncta and lysotracker staining representative of multiple  
534 experiments as detailed in legends.

### 535 **Transcript analysis**

536 RNA was extracted from cells using ISOLATE II RNA Mini columns (Bioline). Expression  
537 analysis was carried out using the Luna One-Step RT-qPCR kit and the following primers:  
538 Hs *LC3B*: forward ACG CAT TTG CCA TCA CAG TTG; reverse TCT CTT AGG AGT CAG  
539 GGA CCT TCA G; Hs *p62/SQSTM1*: forward CCG TGA AGG CCT ACC TTC TG; reverse  
540 TCC TCG TCA CTG GAA AAG GC; Hs *GAPDH*: forward CTA TAA ATT GAG CCC GCA  
541 GCC; reverse ACC AAA TCC GTT GAC TCC GA. Gene fold-change normalised to *GAPDH*  
542 was calculated using double-delta Ct analysis.

#### 543 **Statistics**

544 Quantitative data were managed using GraphPad Prism and Origin Pro; and analysed using  
545 unpaired T-test (for 2-way comparisons) or one-way ANOVA with Tukey post-test (multiple  
546 comparisons) as appropriate. In box whisker plots, boxes show 25th, 75th percentiles and  
547 mean. Whiskers show standard deviation. (X) indicate 1st and 99th percentiles.

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#### 559 **Conflicts of interest**

560 The authors have no competing financial interests.

561

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727

728 **Figure 1. Glucose starvation does not activate autophagy flux.**

729 **(A)** Wildtype or ULK1/2 double knockout (DKO) MEF were exposed to glucose starvation (-  
730 Glc), in the presence of Bafilomycin A1 (Baf A1) as indicated for 2 or 18hrs. Starvation  
731 conditions contained 10% dialysed FBS. Cell lysates were analysed for LC3B lipidation and  
732 quantified as LC3-II/LC3-I (n=3 experiments +/-SEM). Two different lines of ULK1/2 DKO  
733 MEF were analysed.

734 **(B)** Cells were exposed to amino acid (-AA) or glucose starvation for the incubated times.  
735 Starvation conditions contained 10% dialysed FBS. Cell lysates were analysed for LC3B,  
736 phospho- or total acetyl CoA carboxylase (ACC); and phospho- or total ribosomal S6 (S6).  
737 Quantification from n=3 experiments (+/-SEM). P< (\*) 0.05; (\*\*) 0.01; (\*\*\*) 0.001; (\*\*\*\*)  
738 0.0001 by T-test.

739

740

741 **Figure 2. Amino acid starvation activates rapid beclin1-dependent autophagy flux.**

742 **(A)** Wildtype MEF expressing mRFP-EGFP-LC3B were exposed to full-nutrient control  
743 media (FM), amino acid (-AA) or glucose (-Glc) starvation, in the presence of Bafilomycin A1  
744 (Baf A1) as indicated for 2 hrs. Starvation conditions contained 10% dialysed FBS.  
745 Autophagy membranes visible in the GFP and RFP channels are shown. Arrowheads show  
746 RFP(+) only (i.e. GFP-quenched, late) autophagosomes. Scale bar: 10  $\mu$ m.

747 **(B)** GFP- and RFP- positive autophagy membranes were quantified in wildtype or ULK1/2  
748 DKO MEF expressing mRFP-EGFP-LC3B following starvation conditions 1-6 for 2 or 18 hrs.  
749 Quantification using 30-40 cells from n=3 (2h experiment); or 20-32 cells from n=2 (18h  
750 experiment) (+/-SEM). P< (\*) 0.05; (\*\*\*) 0.001; by unpaired T-test, comparing conditions 3  
751 vs. 4; 5 vs. 6.

752 **(C)** MEF (wildtype or with stable Beclin1 knockdown) were starved as indicated +Baf A1 for  
753 2 hrs. Starvation conditions contained 10% dialysed FBS. Endogenous LC3B-positive  
754 autophagy membranes were detected and quantified in 120 cells (from n=2 experiments).  
755 Beclin1 knockdown efficiency was confirmed. (\*\*\*) P<0.001; by ANOVA, Tukey's post-test.

756



757 **Figure 3. Lack of autophagy flux following glucose starvation is conserved in cancer**  
758 **cells.**

759 **(A)** The indicated cell types were incubated with glucose or amino acid starvation for 3  
760 hours. As control, chloroquine (CQ, 25 $\mu$ M) was added to cells in full-nutrient conditions.

761 **(B)** MCF7 or A431 cells were treated to prolonged starvation (24hrs) as indicated.  
762 Starvation conditions contained 10% dialysed FBS. Cell lysates were analysed for LC3B,  
763 Sequestosome 1/p62 protein levels and S6 protein phosphorylation. Data representative of  
764 3 experiments.

765 **(C)** MCF7 or A431 cells were starved as indicated for 3 or 24 hrs. Transcript levels for *LC3B*  
766 and *p62* were quantified (expressed as fold-change normalised to *GAPDH*; N=3 +/-SEM).  
767 Significant where indicated: P< (\*) 0.05; (\*\*) 0.01; (\*\*\*) 0.001; (\*\*\*\*) 0.0001; by ANOVA,  
768 Tukey's post-test.

769 **(D,E)** A431 cells stably expressing mCherry-EGFP-LC3B were starved as indicated +Baf A1  
770 for 2 hrs. Starvation conditions contained 10% dialysed FBS. GFP- and RFP- positive  
771 autophagy membranes were quantified in 120 cells from n=3 experiments (+/-SEM). (\*\*\*\*)  
772 P<0.0001 by unpaired T-test; comparing -AA vs. -Glc conditions. Scale bar: 10  $\mu$ m.

773

774 **Figure 4. Amino acid starvation triggers dephosphorylation of ULK1 serine 555 and**  
775 **autophagy.**

776 **(A)** HEK293A cells were incubated under amino acid or glucose starvation conditions for 2  
777 hrs. Where indicated, Bafilomycin A1 or 10% dialysed FBS were added. Immunoblotting  
778 detected LC3B lipidation, P-ACC and P-S6 levels in lysates.

779 **(B)** Quantification of LC3B lipidation ratios for n=3 experiments +/- SEM. (\*\*) P < 0.01  
780 unpaired T-test.

781 **(C)** HEK293A cells were starved of amino acid or glucose for the indicated times. All  
782 conditions contained Bafilomycin A1. Quantification for n=3 experiments +/- SEM. P< (\*)  
783 0.05; (\*\*) 0.01; by ANOVA, Tukey's post-test, comparing UT to -AA conditions.

784 **(D)** HEK293A cells were incubated under amino acid or glucose starvation for indicated  
785 times. Starvation conditions contained 10% dialysed FBS. Parallel wells of control cells  
786 were replenished with full nutrient media at the start of incubation. Cell lysates were  
787 analysed for ULK1 serine 555 phosphorylation, P-ACC, LC3B and p62 levels.  
788 Representative quantification shown below phospho-blots. Quantification of p62  
789 degradation and LC3B ratios for n=3 experiments +/- SEM. (\*\*\*) P < 0.001 by ANOVA,  
790 Tukey's post-test.

791 **(E)** HEK293A stably expressing mCherry-EGFP-LC3B were incubated in the indicated  
792 starvation conditions (1-6) for 2 hrs. Starvation conditions contained 0.1% dialysed FBS. P<  
793 (\*\*) 0.01; (\*\*\*\*) 0.0001; by unpaired T-test, comparing conditions 3 vs. 4; 5 vs. 6. Scale bar:  
794 10  $\mu$ m.

795

796 **Figure 5. Glucose starvation inhibits autophagosome formation.**

797 **(A)** HEK293A cells were incubated under amino acid or glucose starvation for 2 hours.  
798 Starvation conditions contained 0.1% dialysed FBS. Cells were stained for endogenous  
799 ULK1- or p62-labelled autophagosomes. Scale bar: 10  $\mu$ m.

800 **(B)** HEK293A cells were starved as in (A) for times indicated. Quantification of ULK1 and  
801 p62 puncta/cell. Each box represents n=38 cells, representative of 2 experiments.

802 **(C)** Wildtype MEF expressing GFP-DFCP1 were starved of amino acids as in (A) for 2 hours.  
803 Cells were stained for endogenous p62 puncta. Arrow points to autophagosome shown in  
804 zoom. Scale bar: 10  $\mu$ m.

805 **(D)** HEK293A cells were starved of amino acids for 2 hours. Starvation conditions contained  
806 0.1 or 5% dialysed FBS; or addition of MRT68921 (10 $\mu$ M) as indicated. Each box  
807 represents n=40 cells, representative of 2 experiments. (\*\*\*\*) P<0.0001 by ANOVA, Tukey's  
808 post-test.

809 **(E)** HEK293A cells were starved of amino acids, glucose, or both together, for 2 hours.  
810 Dialysed serum concentrations were also varied during starvation as indicated. Each box  
811 represents n=40-50 cells, representative of 2 experiments. (\*\*\*\*) P<0.0001 by ANOVA,  
812 Tukey's post-test.

813

814 **Figure 6. Differential effects of glucose and amino acids (glutamine, leucine and**  
815 **arginine) on autophagy signalling.**

816 **(A)** HEK293A cells were starved of amino acids, glucose, or both together, for 2 hours.  
817 Starvation conditions contained 10% dialysed FBS. Bafilomycin A1 was included as  
818 indicated. Cell lysates were analysed for LC3B lipidation and quantified from n=3  
819 experiments +/- SEM. (\*) P<0.05 by unpaired T-test.

820 **(B)** HEK293A cells were starved as in (A) and analysed for P-ACC, P-S6 and  
821 phosphorylation at the indicated ULK1 sites. Representative quantification shown below  
822 phospho-blots.

823 **(C)** HEK293A cells were starved of amino acids (in the presence of 10% dialysed FBS).  
824 Where indicated, starvation media contained Bafilomycin A1; and addback of amino acids  
825 glutamine (Q), leucine (L) or arginine (R). Data representative of n=3 experiments.

826 **(D,E)** HeLa cells were starved of amino acids (in the presence of 5% dialysed FBS) with  
827 addback of amino acids as indicated. Endogenous p62 puncta were analysed. Scale bar: 10  
828  $\mu$ m. (D) Each plot represents n=40 cells, representative of 2 experiments. (\*\*\*\*) P<0.0001 by  
829 unpaired T-test.

830

831

832 **Figure 7. Glutamine, leucine and arginine activate MTORC1 and inhibit ULK1 complex**  
833 **translocation to autophagosome assembly sites.**

834 HEK293A cells stably expressing LAMP1-mRFP were starved of amino acids (for 2 hrs), or  
835 starved for 110 min followed by 10 min re-supplementation of glutamine, leucine and  
836 arginine (in the presence of 5% dialysed FBS). Fixed cells were stained for endogenous (A)  
837 MTOR, (B) ULK1, or (C) ATG13. Arrows in zoomed insets show: (A) MTOR localised on  
838 lysosomal membranes in response to glutamine, leucine and arginine; (B) and (C),  
839 localisation of the ULK1 complex on autophagosome assembly sites juxtaposed to  
840 lysosomal membranes in response to amino acid starvation. Scale bars: 10  $\mu$ m.

841

842 **Figure 8. Inhibition of autophagosome formation by AMPK.**

843 **(A)** HEK293A cells were starved of amino acids in the presence or absence of A769662 (50  
844  $\mu$ M) for 2 hours. Starvation conditions contained 5% dialysed FBS. Cell lysates were  
845 analysed for phosphorylation of ACC and S6.

846 **(B)** HEK293A stably expressing mCherry-EGFP-LC3B were incubated in starvation  
847 conditions (1-5) for 2 hrs. Starvation conditions contained 0.1% dialysed FBS. Scale bar: 10  
848  $\mu$ m.

849 **(C)** Quantification of (B). Each plot represents 135 cells +/- SEM from n=3 experiments. \*\*\*\*  
850  $P < 0.0001$  by unpaired T test; comparing conditions 2 vs 3, and 4 vs 5 (for both GFP and  
851 RFP quantifications).

852 **(D)** HEK/ mCherry-EGFP-LC3B cells as in (B) were starved of amino acids, or amino acid  
853 and glucose together, for 2 hours. Starvation conditions contained 0.1% dialysed FBS.  
854 Each plot represents 45 cells +/- SEM, representative of 3 experiments. \*\*\*\*  $P < 0.0001$  by  
855 unpaired T test; comparing -AA vs double starved conditions (for both GFP and RFP  
856 quantifications).

857

858 **Figure 9. Phosphorylation of ULK1 by AMPK inhibits autophagosome formation.**

859 (A) HEK293A cells were starved of amino acids in the presence or absence of A769662 (50  
860  $\mu$ M) for 2 hours. Starvation conditions contained 0.1% dialysed FBS. Fixed cells were  
861 stained for endogenous p62- or ULK1- autophagosomes and quantified. Each plot  
862 represents 135 cells from n=3 experiments. \*\*\*\* P<0.0001 by unpaired T test.

863 (B) ULK1/2 DKO cells were reconstituted with Myc-ULK1: wildtype or 4SA (S467A, S555A,  
864 T574A, S637A). Expression levels were confirmed by immunoblotting with anti-ULK1  
865 antibody.

866 (C) ULK1/2 DKO cells reconstituted with wildtype or 4SA Myc-ULK1 were starved of amino  
867 acids in the presence or absence of A769662 for 2 hours. Starvation conditions contained  
868 10% dialysed FBS. Fixed cells were stained for endogenous p62 puncta. Scale bar: 10  $\mu$ m.

869 (D) Experiment in (C) was quantified. Each plot represents 90-135 cells from n=3  
870 experiments. (\*\*\*) P < 0.001 by ANOVA, Tukey's post-test.

871 (E) Cells as in (C) were starved of amino acids, or amino acid and glucose together, for 2  
872 hours. Starvation conditions contained 10% dialysed FBS. Each plot represents 135 cells  
873 from n=3 experiments. (\*\*\*) P < 0.001 by ANOVA, Tukey's post-test.

874

875 **Figure 10. Glucose starvation and AMPK inhibit lysosomal acidification.**

876 **(A,B)** HEK293A cells were starved of amino acids for 2 hours and stained using LysoTracker  
877 red DND-99. Starvation contained 0.1% dialysed FBS. Where indicated, starvation included  
878 CQ or Bafilomycin A1. LysoTracker staining intensity per cell was quantified from confocal  
879 images (arbitrary units). Each box represents n=60 cells, representative of 4 experiments.

880 **(C)** HeLa cells were starved of serum, amino acids or glucose for 2 hours and analysed for  
881 LysoTracker staining. Amino acid and glucose starvation conditions contained 0.1% dialysed  
882 FBS.

883 **(D)** Quantification of (C). Each box represents n=50-60 cells, representative of 4  
884 experiments.

885 **(E)** Experiment in (C,D) repeated in HEK293A cells. Each box represents n=50-60 cells,  
886 representative of 4 experiments.

887 **(F,G)** Wildtype or ATG5 knockout MEF were starved and analysed as in (C). Each box  
888 represents n=40-50 cells, representative of 5 experiments.

889 **(H)** ULK1/2 DKO or FIP200 KO MEF were starved of amino acids and analysed as in (C,D).  
890 Each box represents n=270-320 cells from 3 experiments.

891 **(I)** HEK293A cells were starved of amino acids, or amino acid and glucose together, for 2  
892 hours as in (C). Where indicated, the double-starvation condition contained addback of D-  
893 glucose (1 g/L). Each box represents n=60 cells, representative of 4 experiments.

894 **(J,K)** Wildtype MEF (or HEK293A **(L)**) were starved of amino acids in the presence or  
895 absence of A769662 (50  $\mu$ M) for 2 hours and analysed as in (C,D). Each box represents  
896 n=120 cells from 2 experiments. \*\*\*\* P<0.0001 by unpaired T test. Scale bars: 20  $\mu$ m.























