

1 **Incidence and clinical implications of intraoperative BITA grafts conversion. Insights**
2 **from the Arterial Revascularization Trial.**

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15 Word count: 2372

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24 **Declaration of interests:** None for all authors

25 **Role of the funding source:** Supported by grants from the British Heart Foundation
26 (SP/03/001), the U.K. Medical Research Council (G0200390), and the National Institute of
27 Health Research Efficacy and Mechanism Evaluation Programme (09/800/29)

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37 **ABBREVIATIONS**

- 38 ART: Arterial revascularization trial
- 39 BITA: Bilateral internal thoracic arteries
- 40 BMI: Body mass index
- 41 CABG: coronary artery bypass grafting
- 42 CVA: cerebrovascular accident
- 43 COPD: chronic obstructive pulmonary disease
- 44 ITA: internal thoracic artery
- 45 LVEF: left ventricular ejection fraction
- 46 MACCE: major cardiac and cerebrovascular events
- 47 MI: myocardial infarction
- 48 PCI: percutaneous coronary intervention
- 49 POAF: postoperative atrial fibrillation
- 50 PS: propensity score
- 51 SITA: Single internal thoracic artery
- 52 SVG: saphenous vein grafts
- 53 SMD: standardized mean difference

54 **Central Message:** The incidence of intraoperative bilateral internal thoracic artery (BITA)
55 graft conversion in the ART was not irrelevant despite participating surgeons were requested
56 to have expertise in BITA grafts.

57

58 **Prospective statement:** Reasons beyond bilateral internal thoracic artery (BITA) grafts
59 underutilization remain unclear. In the ART participating surgeons were requested to have
60 expertise in BITA grafts. We found that in the ART the incidence of intraoperative BITA graft
61 conversion was not irrelevant thus supporting that BITA grafts may represent a challenge also
62 for experienced surgeons.

63

64 **Abstract**

65 **Background:** The arterial revascularization trial (ART) has been designed to answer the
66 question whether the use of bilateral internal thoracic arteries (BITA) can improve 10-year
67 outcomes when compared to single internal thoracic artery (SITA). In the ART, a significant
68 proportion of patients initially allocated to BITA received other conduit strategies. We sought
69 to investigate the incidence and clinical implication of BITA grafts conversion in the ART.

70 **Methods:** Among patients enrolled in the ART (n=3102), we excluded those allocated to SITA
71 (n=1554), those who did not undergo surgery (n=16) and those operated on but withdrew after
72 randomization (n=7). Propensity score matching was used to compare converted vs non-
73 converted BITA groups.

74 **Results:** A total of 1525 patients were operated with intention to receive BITA grafting. Of
75 those, 233 (15.3%) were converted to other conduit selection strategies. Incidence of
76 conversion largely varied across 28 centres involved (from 0% to 42.9%). The most common
77 reason for BITA grafts conversion was the evidence of at least one internal thoracic artery not
78 suitable which was reported in 77 cases. Patients with intraoperative BITA graft conversion
79 received a lower number of grafts (2.95 ± 0.84 vs 3.21 ± 0.74 ; $P < 0.001$). However, hospital
80 mortality rate was comparable to those who did not require BITA graft conversion (0 vs 1.6%;
81 $P = 0.1$) as well as the incidence of major complications. At 5 years we found a non-significant
82 excess of deaths (11.9% vs 8.4%; $P = 0.1$) and major adverse events (17.1% vs 13.2%; $P = 0.1$)
83 mainly driven by an excess of revascularization in patients requiring conversion.

84 **Conclusions:** The incidence of intraoperative BITA graft conversion is not irrelevant . BITA
85 graft conversion is not associated with increased operative morbidity but its effect on late
86 outcomes remain uncertain.

87 **Keywords:** bilateral internal thoracic artery; randomised controlled trial; outcomes

88 Despite evidence from large observational studies have consistently suggested that the use of
89 bilateral internal thoracic artery (BITA) graft improves long term survival when compared to
90 single internal thoracic artery (SITA) graft in coronary artery bypass graft (CABG) surgery
91 [1,2], the use of BITA graft remains particularly low. As a matter of fact, BITA grafting
92 represents only 4–12% of all CABG procedures over the more traditional use of the SITA with
93 additional saphenous vein grafts (SVG) [3]. Reasons for BITA underutilization are
94 multifactorial. Most of surgeons just do not perform BITA grafting based on the increased risk
95 of sternal wound complications and technical complexity [4,5]. However, same patients
96 initially intended to receive BITA grafts requires intraoperative conversion to other conduits
97 strategies. Incidence and causes of intraoperative BITA grafts conversion and its clinical
98 implication has never been investigated.

99 The arterial revascularization trial (ART) has been designed to answer the question whether
100 the use of bilateral internal thoracic arteries (BITA) can improve 10-year outcomes when
101 compared to single internal thoracic artery (SITA) in coronary artery bypass grafting (CABG)
102 [6]. Interim 5-year results have shown similar clinical outcomes between the two groups [7].
103 In ART only surgeons with experience of ≥ 50 BITA operations were able to undertake BITA
104 procedures in the trial [6]. We sought to investigate reasons for intraoperative BITA grafts
105 conversion and its clinical implication by performing a post-hoc analysis of the ART.

106 **Methods**

107 A post-hoc analysis of 5-year outcomes of the ART trial was conducted. This research adheres
108 to the principles set forth in the Declaration of Helsinki
109 (<http://www.wma.net/en/30publications/10policies/b3/index.html>). Among patients enrolled
110 in the ART (n=3102) from 2004 to 2007, we excluded those allocated to SITA (n=1554) and
111 those who did not undergo surgery (n=16) and those operated on but withdrew after
112 randomization (n=7).

113 **Trial design**

114 The ART was approved by the institutional review board of all participating centers, and
115 informed consent was obtained from each participant. The protocol for the ART has been
116 published [6]. Briefly, the ART is a 2-arm, randomized multicenter trial conducted in 28
117 hospitals in 7 countries, with patients being randomized equally to SITA or BITA grafts.
118 Eligible patients were those with multivessel coronary artery disease undergoing CABG. BITA
119 grafts configuration (y graft vs. in-situ graft vs. free graft) was left at discretion of the surgeon
120 (video). Patients requiring single grafts or redo CABG were excluded. Patients with evolving
121 MI (defined as the rise and fall of a biomarker together with one of a longer list of criteria
122 comprising ischaemic symptoms, the development of pathologic Q waves, ischaemic ECG
123 changes, and a coronary artery intervention) were also excluded. However, patients with
124 unstable angina defined as pain on any activity or rest pain were included.

125 **Follow-up**

126 Questionnaires were sent to study participants by post every year after surgery. No clinic visits
127 were planned apart from the routine clinical 6-week post-operative visit. Participants were sent
128 stamped addressed envelopes to improve the return rates of postal questionnaires. Study co-
129 ordinators contacted participants by telephone to alert them to the questionnaire's arrival and
130 to ask them about medications, adverse events and health services resource use. Five-year
131 follow-up was completed for all patients included in the present analysis.

132 **Study outcomes**

133 Hospital outcomes investigated were re-exploration for bleeding, intra-aortic balloon pump
134 (IABP) insertion, myocardial infarction (MI), cerebrovascular accident (CVA), postoperative
135 atrial fibrillation (POAF), sternal complications revascularization and hospital mortality. Late
136 outcomes were 5-year all-cause mortality and cumulative incidence of major cardiac and

137 cerebrovascular events (MACCE) including cardiovascular (CV) death, CVA, MI and repeat
138 revascularization.

139 **Outcomes definitions**

140 Death was classified into cardiovascular and non-cardiovascular, where possible, using autopsy
141 reports and death certificates. Congestive heart failure, arrhythmia or myocardial infarction,
142 pulmonary embolus and dissection were considered cardiovascular causes of death.

143 MI was diagnosed when two of the following three criteria were present: 1. Unequivocal ECG
144 changes; 2. Elevation of cardiac enzyme(s) above twice the upper limit of normal or diagnostic
145 troponin rises; 3. Chest pain typical for acute MI which lasted more than 20 minutes. CVA
146 was defined as new neurological deficit evidenced by clinical signs of paresis, plegia or new
147 cognitive dysfunction including any mental status alteration lasting more than 24 hours and/or
148 evidence on CT or MRI scan of recent brain infarct (less than 6 months). Repeat
149 revascularization was defined as coronary bypass surgery or percutaneous coronary
150 intervention (PCI) performed after trial procedure. Sternal complications included sternal
151 wound infection requiring antibiotics, VAC therapy, debridement or reconstruction.

152 **Statistical analysis**

153 Multiple imputation ($m=3$) was used to address missing data. Rubin's method [8] was used to
154 combine results from each of the imputed data sets (Amelia R package). Due to lack of
155 randomization with regards to BITA conversion, a propensity score (PS) was generated for
156 each patient from a multivariable logistic regression model (C-statistics 0.64) based on pre-
157 specified set of covariates (as listed in Table 1) with requiring conversion vs non-converted as
158 a binary dependent variable [9]. Pairs of patients were derived using greedy 1:3 matching with
159 a calliper of width of 0.2 standard deviation of the logit of the PS (nonrandom R package). The
160 quality of the match was assessed by comparing selected pre-treatment variables in propensity

161 score-matched patients using the standardized mean difference (SMD), with an absolute
162 standardized difference of greater than 10% taken to represent meaningful covariate imbalance.
163 [9]. McNemar's test and paired t-test was used to assess the statistical significance of the risk
164 difference for hospital outcomes and stratified log-rank was used to assess the statistical
165 significance of the risk difference for mortality and MACCE at 5 years. Risk competing
166 framework was used to estimate the treatment effect on MACCE individual components
167 (survival R package and riskRegression R package). All p-values <0.05 were considered to
168 indicate statistical significance.

169 **Results**

170 **Study population**

171 A total of 1525 patients were operated with intention to receive BITA grafting. Of those, 233
172 (15.3%) were converted to other conduit selection strategies. Incidence of conversion largely
173 varied across 131 participating surgeons (Figure 1 and Supplementary Table 1). The most
174 common reason for BITA grafts conversion was the evidence of at least one internal thoracic
175 artery (ITA) not suitable which was reported in 77 (33.0%) cases. This was due to during
176 harvesting (n=41), poor flow without apparent injury (n=23) and conduit too short for grafting
177 (n=13). The second most common reasons for BITA conversion were poor target not suitable
178 for BITA grafts in 44 cases (18.9%) and perceived increased risk for sternum complication (i.e.
179 osteoporosis) in 38 cases (16.3%). Other causes were hemodynamic instability which occurred
180 during BITA harvesting in 19 cases (8.1%), intraoperative evidence of other cardiac
181 pathologies requiring intervention in 6 (2.6%) cases and time constrain in 6 (2.6%) cases. In
182 43 cases (18.5%), surgeons decided to not perform BITA grafts without providing a
183 justification (Central Picture).

184 Baseline characteristics in the two groups are reported in Table 1. Overall subjects with
185 intraoperative BITA graft conversion presented a higher risk profile. In particular they were

186 more likely to be older and female and were more likely to have diabetes, chronic obstructive
187 pulmonary disease (COPD) and left ventricular ejection fraction (LVEF) <0.5 . Intraoperative
188 data breakdown according to causes of BITA conversion showed that increased body mass
189 index (BMI) and diabetes was more common among those converted as perceived at higher
190 risk for risk infection, female gender was more common among those with poor targets and
191 reduced LVEF was more common among those with those with hemodynamic instability
192 during ITA harvesting (Supplementary Table 3). After matching the two groups were
193 comparable for all baseline risk factors (all SMD <0.10 ; Figure 2).

194 **Intra-operative data**

195 Intraoperative data are summarized in Table 2. Patients who had BITA graft conversion were
196 more likely to be undergo on-pump surgery (23.2% vs. 42.1%) and to receive a lower number
197 of grafts (2.95 ± 0.84 vs 3.21 ± 0.74), with LAD (95.3% vs 99.1%) and circumflex (82% vs
198 95.9%) territories being more likely to remain ungrafted. In the BITA conversion group, 19
199 (8.2%) patients received SVG only. Intraoperative data breakdown according to causes of
200 BITA conversion showed that the number of grafts was lower among those found to have poor
201 targets (2.52 ± 0.90), and the rate of patients receiving SVG only was higher among those with
202 unsuitable ITA (18.2%) or hemodynamic instability during harvesting (15.8%)
203 (Supplementary Table 4).

204 **Outcomes**

205 Hospital outcomes are summarised in Table 3. Overall patients requiring BITA graft
206 conversion was not associated with a higher incidence of hospital morbidity or mortality. In
207 particular, no patient requiring BITA graft conversion experienced hospital death and the need
208 for intra-aortic balloon pump and need for repeat revascularization was comparable between
209 the two groups. Hospital breakdown according to causes of BITA conversion showed that those
210 requiring conversion for hemodynamic instability during ITA harvesting presented the highest

211 rate of IABP insertion, renal replacement therapy and postoperative MI (Supplementary Table
212 5).

213 Five-year outcomes are summarised in Table 4 and Figure 3. In patients requiring conversion
214 we found a non-significant excess of deaths (11.9% vs 8.4%; P=0.1) and MACCE (17.1%
215 13.2%; P=0.1) mainly driven by an excess of revascularization (Figure 4). Those who required
216 conversion for hemodynamic instability during ITA harvesting and found to have poor target
217 or unsuitable ITA tended to have a higher rate of mortality and MACCE. (Supplementary Table
218 5).

219 **Conduit selection in patients initially allocated to SITA**

220 For descriptive purpose, we also reported conduits selection in those initially allocated to SITA
221 graft. Among 1554 patients initially allocated to SITA, eight were not operated on (1 death, 4
222 withdrew, 3 cases with no reason reported) and the remaining 1546 underwent surgery. Of
223 those, 1494 received SITA graft (96.7%) and 38 received BITA grafts (2.5%) for the following
224 reasons: no other suitable conduit available (n=21, 1.4%), withdrew (n=2, 0.1%) and reason
225 not report (n=15, 1.0%). Only 14 patients received neither SITA nor BITA (0.9%) for the
226 following reasons: ITA unsuitable (n=10, 0.6%), unsuitable target (n=2, 0.1%), hemodynamic
227 instability (n=1, 0.5%), need for unplanned surgery (n=1, 0.5%).

228 **Discussion**

229 Reasons beyond underutilization of the BITA graft remains uncertain [4,5]. Many surgeons
230 just do not perform BITA grafts in view of the increased risk of sternal wound [10] and
231 technical complexity [4]. However, the incidence of intraoperative BITA grafts conversion to
232 other graft strategies in patients initially intended to receive BITA grafts remains unknown [7].
233 The perceived increased risk of operative morbidity related to intraoperative conversion can
234 partially contribute to the reluctance of many surgeons to perform BITA grafts also in view of
235 the current intense professional and public scrutiny of cardiac surgeons’.

236 The ART trial represents a unique opportunity to investigate the incidence and causes of
237 intraoperative BITA graft conversion [7]. Interestingly, despite participating surgeons were
238 anticipated to be expert in BITA grafts, the rate of intraoperative conversion was not irrelevant.
239 In fact 15.3% of patients initially intended to received BITA grafts required intraoperative
240 conversion to other conduit strategies. However, we noticed that there was a very large
241 variation in BITA grafting conversion across centres and surgeons which supports the central
242 role for individual surgeon experience. Interestingly, unsuitable ITA was reported as the main
243 reason (33%) for intraoperative BITA grafts conversion to other conduit strategies and it was
244 mainly related to injury during harvesting. Of notice, the rate of unsuitable ITA in those
245 allocated to SITA graft was only 0.6% suggesting that harvesting two ITAs is more demanding
246 and can influence surgeon's precisions. In addition, in 44 patients, BITA was not performed
247 because of poor target. Among those patients, only 7 patients required 1 grafts only. In all other
248 cases, SVG and/or RA were used in addition to SITA grafts, suggesting that technical difficulty
249 of performing BITA grafts rather than the absence of graftable targets. We also found that 19
250 patients become unstable during BITA harvesting and we can hypothesis that prolonged heart
251 compression secondary to the use of chest retractor during ITA harvesting may not be always
252 tolerated especially in presence of reduced LVEF. On the other hand, a main reason for
253 conversion not related to complication or technical complexity was the perception of increased
254 risk of sternal wound complication after chest opening (i.e. osteoporotic sternum). In case of
255 intraoperative conversion, SITA plus SVG was the most commonly opted strategy followed by
256 SITA plus RA. Of note, 19 patients (8.2%) received SVG only.

257 In contrast to other clinical scenarios when intraoperative conversion significantly increases
258 operative morbidity and mortality such as off-pump to on-pump conversion [11], BITA grafts
259 conversion was not associated with significantly higher rate of operative complications
260 although those requiring conversion for hemodynamic instability during ITA harvesting

261 presented a numerically higher rate of IABP insertion, renal replacement therapy and
262 postoperative MI. At 5 years, we found a non-significant trend towards an excess of death and
263 MACCE in patients requiring intraoperative conversion in particular among those with
264 perioperative hemodynamic instability, poor target and unsuitable ITA. We can speculate that
265 perioperative myocardial injury, lower number of grafts and excess of SVG only strategy in
266 these three groups respectively might have partially contributed to this trend.

267 The unique technical challenges of BITA grafts fuels the perception that adoption of this
268 myocardial revascularization strategy may increase operative morbidity in particular when
269 intraoperative conversion to other conduit strategies is required. The present results support the
270 hypothesis that BITA conversion does not significantly increase operative morbidity. However,
271 the large variation in BITA conversion and its potential implication on late outcomes highlight
272 the importance of negotiating the learning curve with appropriate patient selection,
273 individualized grafting strategy, peer-to-peer training of the entire team, and graded clinical
274 experience.

275 There are two main limitations in the present analysis. This is a retrospective analysis of the
276 ART and we cannot exclude residual confounding factors between the two groups despite
277 propensity score adjustment. The number of patients requiring conversion was relatively small
278 and there was a relatively low incidence of adverse events. Therefore, the analysis was likely
279 to be underpowered to detect significant difference between groups for comparisons. Finally,
280 we had no information whether BITA injury during harvesting occurred with skeletonised or
281 pedicled technique.

282 In conclusion, the incidence of intraoperative BITA graft conversion is not irrelevant also
283 among experienced surgeons participating in ART. While intraoperative BITA grafts
284 conversion does not increase the risk of operative mortality and major complications, BITA

285 conversion might be associated with poorer outcomes at long term follow-up. However, the
286 latter conclusions require further investigations.

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358

359 Table 1. Baseline characteristics

	Requiring Conversion	Not Converted Before PSM	SMD before PSM	Not converted matched	SMD after PSM
N	233	1292		699	
Age (mean (sd))	65 (9)	63 (9)	0.229	65 (8)	0.019
Female = 1 (\%)	47 (20.2)	176 (13.6)	0.175	135 (19.3)	0.022
BMI (mean (sd))	29 (4)	28 (4)	0.117	29 (4)	0.005
SBP (mean (sd))	132 (18)	132 (18)	0.003	132 (18)	0.015
DBP (mean (sd))	75 (11)	75 (11)	0.011	75 (11)	0.016
Creatinine (mmol/L)	95 (21)	97 (21.5)	0.061	96 (21)	0.015
NYHA III/IV n(%)	42 (18.0)	290 (22.4)	0.110	131 (18.7)	0.018
Unstable angina n(%)	14 (6.0)	102 (7.9)	0.074	43 (6.2)	0.006
Treated Hypertension	177 (76.0)	1002 (77.6)	0.038	543 (77.7)	0.041
Treated Hyperlipaemia	222 (95.3)	1216 (94.1)	0.052	663 (94.8)	0.020
Diabetes n(%)			0.140		0.046
No	165 (70.8)	994 (76.9)		508 (72.7)	
On insulin	17 (7.3)	76 (5.9)		51 (7.3)	
Oral	51 (21.9)	222 (17.2)		140 (20.0)	
Smoking n(%)			0.046		0.032
Current	32 (13.7)	198 (15.3)		92 (13.2)	
Ex	129 (55.4)	696 (53.9)		381 (54.5)	
Never	72 (30.9)	398 (30.8)		226 (32.3)	
COPD n(%)	13 (5.6)	29 (2.2)	0.173	26 (3.7)	0.088
Asthma n(%)	11 (4.7)	67 (5.2)	0.021	32 (4.6)	0.007
PVD n(%)	17 (7.3)	85 (6.6)	0.028	49 (7.0)	0.011
TIA n(%)	8 (3.4)	42 (3.3)	0.010	19 (2.7)	0.041
CVA n(%)	5 (2.1)	37 (2.9)	0.046	12 (1.7)	0.031
MI n(%)	104 (44.6)	506 (39.2)	0.111	322 (46.1)	0.029
PCI n(%)	40 (17.2)	198 (15.3)	0.050	117 (16.7)	0.011
Preop AF pre n(%)	4 (1.7)	15 (1.2)	0.047	11 (1.6)	0.011
LVEF_pre (\%)			0.187		0.033
≥ 50% (good)	161 (69.1)	994 (76.9)		473 (67.7)	
31-49% (moderate)	67 (28.8)	268 (20.7)		209 (29.9)	
≤ 30% (poor)	5 (2.1)	30 (2.3)		17 (2.4)	
LMD n(%)	40 (17.2)	282 (21.8)	0.118	127 (18.2)	0.026

360 SMD: standardized mean difference; PSM: propensity score matching; BMI: body mass index;
361 SBP: systolic blood pressure; DBP: diastolic blood pressure; COPD: chronic obstructive
362 pulmonary disease; PVD: peripheral vascular disease; TIA: transient ischemic attack; CVA:
363 cerebrovascular accident; MI: myocardial infarction; PCI: percutaneous coronary intervention;
364 AF: atrial fibrillation; LVEF: left ventricular ejection fraction; LMD: left main disease.

365

	Requiring Conversion	Not Converted Before PSM	P-value Before PSM	Not converted matched	P-value After PSM
n	233	1292		699	
Off-pump n(%)	54 (23.2)	584 (45.2)	<0.001	294 (42.1)	<0.001
LAD n(%)	222 (95.3)	1278 (98.9)	<0.001	693 (99.1)	<0.001
Circumflex n(%)	191 (82.0)	1231 (95.3)	<0.001	670 (95.9)	<0.001
RCA n(%)	157 (67.4)	890 (68.9)	0.705	488 (69.8)	0.539
Diagonal branches n(%)	64 (27.5)	395 (30.6)	0.382	206 (29.5)	0.617
N grafts (mean (sd))	2.95 (0.84)	3.21 (0.77)	<0.001	3.21 (0.74)	<0.001
Conduits (%)			<0.001		<0.001
Unknown	0 (0.0)	2 (0.2)		0 (0.0)	
BITA		270 (20.9)		139 (19.9)	
BITA+RA		215 (16.6)		115 (16.5)	
BITA+RA+SV		44 (3.4)		23 (3.3)	
BITA+SV		761 (58.9)		422 (60.4)	
LITA	7 (3.0)				
LITA+RA	22 (9.4)				
LITA+RA+SV	12 (5.2)				
LITA+SV	156 (67.0)				
RA	1 (0.4)				
RA+SV	2 (0.9)				
RITA	3 (1.3)				
RITA+RA	2 (0.9)				
RITA+RA+SV	1 (0.4)				
RITA+SV	8 (3.4)				
SVG	19 (8.2)				

367 PSM: propensity score matching; LAD: left anterior descending artery; RCA: right coronary
368 artery; BITA; bilateral internal thoracic arteries; RA: radial artery; SVG: saphenous vein graft

369 Table 3. Hospital outcomes

	Requiring Conversion	Not Converted Before PSM	P-value Before PSM	Not converted matched	P-value After PSM
N	233	1292		699	
Re-exploration for bleeding n(%)	10 (4.3)	47 (3.6)	0.8	20 (2.9)	0.4
IABP insertion n(%)	12 (5.2)	55 (4.3)	0.7	36 (5.2)	1
Renal replacement therapy n(%)	6 (2.6)	85 (6.6)	0.03	52 (7.4)	0.01
Sternal complications n(%)	13 (5.6)	64 (5.0)	0.8	36 (5.2)	0.9
Death n(%)	0 (0.0)	17 (1.3)	0.2	11 (1.6)	0.1
MI n(%)	7 (3.0)	18 (1.4)	0.1	12 (1.7)	0.4
CVA n(%)	5 (2.1)	13 (1.0)	0.2	9 (1.3)	0.5
Revascularization n(%)	1 (0.4)	9 (0.7)	1	5 (0.7)	1
POAF n(%)	69 (29.6)	329 (25.5)	0.2	208 (29.8)	1

370 PSM: propensity score matching; IABP: intra-aortic balloon pump; Myocardial infarction;
 371 CVA: cerebrovascular accident; POAF: postoperative atrial fibrillation

372 Table 4. Five-year outcomes

	Converted	Not Converted Before PSM	P-value Before PSM	Not converted matched	P-value
N	233	1292		699	
Mortality at 5 years	27(11.9)	104(8.2)	0.08	58(8.4)	0.1
MACCE at 5 years	39(17.1)	155(12.4)	0.03	90(13.2)	0.1
cardiovascular death	8(3.5)	44(3.5)	1	29(4.2)	0.7
MI	9(3.9)	42(3.3)	0.6	24(3.5)	0.7
CVA	7(3.0)	31(2.4)	0.6	19(2.7)	0.8
Revascularization	12(8.2)	81(6.4)	0.2	43(6.2)	0.2

373 PSM: propensity score matching; MACCE: major adverse cardiac and cerebrovascular events;

374 MI: myocardial infarction; CVA: cerebrovascular accident

375

376 Figure Legend

377 Central Picture: BITA grafts allocation and conversion in the ART (BITA: bilateral interval
378 thoracic artery; SITA: single internal thoracic artery; ITA: internal thoracic artery)

379 Figure 1. Scatter plot showing total number of cases initially allocated to BITA grafts
380 performed by individual surgeons and relative rate of BITA conversion.

381 Figure 2. Changes in standardized mean after matching (SMD: standardized mean difference;
382 PSM: propensity score matching; BMI: body mass index; SBP: systolic blood pressure; DBP:
383 diastolic blood pressure; COPD: chronic obstructive pulmonary disease; PVD: peripheral
384 vascular disease; TIA: transient ischemic attack; CVA: cerebrovascular accident; MI:
385 myocardial infarction; PCI: percutaneous coronary intervention; AF: atrial fibrillation;
386 LVEF: left ventricular ejection fraction; LMD: left main disease).

387 Figure 3. Cumulative incidence of mortality and major adverse cardiac and cerebrovascular
388 events (MACCE) in the matched sample

389 Figure 4. Cumulative incidence of cardiovascular (CV) death, myocardial infarction (MI),
390 cerebrovascular accident (CVA) and revascularization in the matched sample

391 Video. Skeletonised left internal thoracic artery during off-pump surgery

392 Supplementary Table 1. Number of cases performed initially allocated to bilateral interval
 393 thoracic artery (BITA) grafts and BITA conversion rate.

#Surgeon	Total number of cases performed initially allocated to BITA grafts	%BITA grafts conversion
Unknow	67	23.9%
1	1	0.0%
2	1	100.0%
3	1	0.0%
4	1	0.0%
5	1	100.0%
6	15	0.0%
7	9	22.2%
8	6	0.0%
9	1	100.0%
10	9	33.3%
11	1	0.0%
12	1	100.0%
13	2	100.0%
14	1	0.0%
15	1	0.0%
16	15	6.7%
17	5	0.0%
18	8	0.0%
19	18	5.6%
20	17	5.9%
21	15	13.3%
22	6	33.3%
23	20	20.0%
24	9	11.1%
25	15	0.0%
26	7	28.6%
27	30	30.0%
28	5	0.0%
29	6	0.0%
30	8	50.0%
31	4	0.0%
32	9	0.0%
33	15	13.3%

34	7	0.0%
35	40	10.0%
36	1	0.0%
37	4	25.0%
38	10	50.0%
39	13	23.1%
40	7	28.6%
41	1	0.0%
42	2	0.0%
43	12	16.7%
44	1	0.0%
45	12	41.7%
46	2	0.0%
47	2	0.0%
48	1	0.0%
49	34	20.6%
50	9	55.6%
51	24	8.3%
52	15	26.7%
53	17	70.6%
54	1	0.0%
55	5	0.0%
56	1	0.0%
57	29	20.7%
58	8	25.0%
59	1	0.0%
60	4	25.0%
61	7	42.9%
62	3	0.0%
63	1	0.0%
64	5	0.0%
65	8	37.5%
66	12	16.7%
67	2	50.0%
68	17	23.5%
69	28	3.6%
70	14	21.4%
71	1	100.0%
72	4	0.0%
73	2	0.0%
74	29	10.3%

75	41	0.0%
76	18	38.9%
77	22	31.8%
78	4	25.0%
79	3	100.0%
80	1	0.0%
81	33	6.1%
82	4	0.0%
83	1	0.0%
84	9	0.0%
85	1	0.0%
86	16	0.0%
87	1	0.0%
88	1	0.0%
89	2	50.0%
90	16	6.3%
91	11	54.5%
92	19	21.1%
93	3	33.3%
94	19	42.1%
95	1	100.0%
96	4	0.0%
97	1	100.0%
98	1	0.0%
99	18	5.6%
100	22	13.6%
101	2	0.0%
102	2	0.0%
103	8	0.0%
104	33	0.0%
105	1	0.0%
106	12	16.7%
107	12	8.3%
108	3	0.0%
109	4	100.0%
110	1	0.0%
111	2	100.0%
112	22	18.2%
113	4	0.0%
114	10	10.0%
115	2	0.0%

116	2	0.0%
117	1	0.0%
118	211	1.9%
119	1	0.0%
120	16	25.0%
121	1	0.0%
122	15	33.3%
123	8	0.0%
124	3	0.0%
125	1	100.0%
126	11	9.1%
127	3	0.0%
128	1	0.0%
129	33	15.2%
130	99	13.1%
131	3	33.3%

Supplementary Table 2. Baseline characteristics according to cause of bilateral interval thoracic artery (BITA) grafts conversion

	High risk for sternal complication	At least 1 ITA not suitable	Target not suitable	Other cardiac pathologies	Justification not provided	Time constrain	Unstable during ITA harvesting
N	38	77	44	6	43	6	19
Age (mean (sd))	65.01 (8.87)	65.59 (8.19)	65.64 (9.39)	68.88 (8.63)	64.43 (8.63)	64.44 (8.29)	65.76 (8.68)
Female n(%)	7 (18.4)	16 (20.8)	12 (27.3)	0 (0.0)	10 (23.3)	0 (0.0)	2 (10.5)
BMI (mean (sd))	30.21 (4.28)	27.51 (3.25)	28.82 (3.11)	27.91 (2.60)	29.53 (4.01)	29.10 (2.85)	28.54 (4.61)
SBP (mean (sd))	132 (15)	131 (20)	134 (19)	129 (15)	130 (16)	140 (12)	131 (17)
DBP (mean (sd))	78 (10)	74 (10)	75 (10)	81 (11)	74 (13)	80 (15)	74 (10)
Creatinine (mmol/L)	97.49 (23.50)	94.27 (18.31)	99.48 (25.05)	100.08 (25.67)	92.51 (18.37)	89.00 (11.47)	93.85 (20.55)
NYHA III/IV n(%)	4 (10.5)	17 (22.1)	6 (13.6)	2 (33.3)	8 (18.6)	2 (33.3)	3 (15.8)
Unstable angina n(%)	1 (2.6)	6 (7.8)	3 (6.8)	1 (16.7)	1 (2.3)	0 (0.0)	2 (10.5)
Treated Hypertension	29 (76.3)	53 (68.8)	33 (75.0)	6 (100.0)	32 (74.4)	6 (100.0)	18 (94.7)
Treated Hyperlipaemia	38 (100.0)	73 (94.8)	42 (95.5)	6 (100.0)	39 (90.7)	6 (100.0)	18 (94.7)
Diabetes n(%)							
No	24 (63.2)	56 (72.7)	30 (68.2)	4 (66.7)	29 (67.4)	4 (66.7)	18 (94.7)
On insulin	3 (7.9)	9 (11.7)	2 (4.5)	0 (0.0)	3 (7.0)	0 (0.0)	0 (0.0)
Oral	11 (28.9)	12 (15.6)	12 (27.3)	2 (33.3)	11 (25.6)	2 (33.3)	1 (5.3)
Smoking n(%)							
Current	6 (15.8)	7 (9.1)	7 (15.9)	1 (16.7)	7 (16.3)	1 (16.7)	3 (15.8)
Ex	18 (47.4)	46 (59.7)	24 (54.5)	2 (33.3)	22 (51.2)	4 (66.7)	13 (68.4)
Never	14 (36.8)	24 (31.2)	13 (29.5)	3 (50.0)	14 (32.6)	1 (16.7)	3 (15.8)
COPD n(%)	3 (7.9)	4 (5.2)	1 (2.3)	0 (0.0)	4 (9.3)	0 (0.0)	1 (5.3)
Asthma n(%)	3 (7.9)	1 (1.3)	0 (0.0)	1 (16.7)	6 (14.0)	0 (0.0)	0 (0.0)
PVD n(%)	4 (10.5)	5 (6.5)	1 (2.3)	1 (16.7)	4 (9.3)	0 (0.0)	2 (10.5)

TIA n(%)	2 (5.3)	3 (3.9)	3 (6.8)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
CVA n(%)	1 (2.6)	1 (1.3)	1 (2.3)	1 (16.7)	0 (0.0)	0 (0.0)	1 (5.3)
MI n(%)	13 (34.2)	38 (49.4)	21 (47.7)	2 (33.3)	21 (48.8)	2 (33.3)	7 (36.8)
PCI n(%)	14 (36.8)	10 (13.0)	9 (20.5)	1 (16.7)	2 (4.7)	0 (0.0)	4 (21.1)
Preop AF pre n(%)	2 (5.3)	1 (1.3)	0 (0.0)	0 (0.0)	1 (2.3)	0 (0.0)	0 (0.0)
LVEF_pre (\%)							
≥ 50% (good)	31 (81.6)	52 (67.5)	30 (68.2)	3 (50.0)	31 (72.1)	4 (66.7)	10 (52.6)
31-49% (moderate)	6 (15.8)	24 (31.2)	12 (27.3)	3 (50.0)	12 (27.9)	2 (33.3)	8 (42.1)
≤ 30% (poor)	1 (2.6)	1 (1.3)	2 (4.5)	0 (0.0)	0 (0.0)	0 (0.0)	1 (5.3)
LMD n(%)	7 (18.4)	14 (18.2)	7 (15.9)	1 (16.7)	5 (11.6)	3 (50.0)	3 (15.8)

ITA: internal thoracic artery; BMI: body mass index; SBP: systolic blood pressure; DBP: diastolic blood pressure; COPD: chronic obstructive pulmonary disease; PVD: peripheral vascular disease; TIA: transient ischemic attack; CVA: cerebrovascular accident; MI: myocardial infarction; PCI: percutaneous coronary intervention; AF: atrial fibrillation; LVEF: left ventricular ejection fraction; LMD: left main disease.

Supplementary Table 3. Operative data according to cause of bilateral interval thoracic artery (BITA) grafts conversion.

	High risk for sternal complication	At least 1 ITA not suitable	Target not suitable	Other cardiac pathologies	Justification not provided	Time constrain	Unstable during ITA harvesting
n	38	77	44	6	43	6	19
Off-pump n(%)	4 (10.5)	23 (29.9)	15 (34.1)	1 (16.7)	9 (20.9)	0 (0.0)	2 (10.5)
LAD n(%)	37 (97.4)	76 (98.7)	37 (84.1)	5 (83.3)	43 (100.0)	6 (100.0)	18 (94.7)
Circumflex n(%)	37 (97.4)	70 (90.9)	25 (56.8)	5 (83.3)	33 (76.7)	6 (100.0)	15 (78.9)
RCA n(%)	24 (63.2)	52 (67.5)	31 (70.5)	3 (50.0)	26 (60.5)	6 (100.0)	15 (78.9)
Diagonal branches n(%)	12 (31.6)	22 (28.6)	7 (15.9)	1 (16.7)	14 (32.6)	2 (33.3)	6 (31.6)
N grafts (mean (sd))	3.03 (0.79)	3.04 (0.77)	2.52 (0.90)	2.83 (1.47)	3.00 (0.82)	3.50 (0.55)	3.16 (0.76)
Conduits (%)							
LITA	0 (0.0)	0 (0.0)	4 (9.1)	1 (16.7)	2 (4.7)	0 (0.0)	0 (0.0)
LITA+RA	2 (5.3)	3 (3.9)	4 (9.1)	0 (0.0)	13 (30.2)	0 (0.0)	0 (0.0)
LITA+RA+SV	5 (13.2)	1 (1.3)	1 (2.3)	0 (0.0)	4 (9.3)	0 (0.0)	1 (5.3)
LITA+SV	30 (78.9)	48 (62.3)	32 (72.7)	5 (83.3)	21 (48.8)	5 (83.3)	15 (78.9)
RA	0 (0.0)	0 (0.0)	1 (2.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
RA+SV	0 (0.0)	2 (2.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
RITA	0 (0.0)	1 (1.3)	2 (4.5)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
RITA+RA	0 (0.0)	1 (1.3)	0 (0.0)	0 (0.0)	1 (2.3)	0 (0.0)	0 (0.0)
RITA+RA+SV	0 (0.0)	1 (1.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
RITA+SV	0 (0.0)	6 (7.8)	0 (0.0)	0 (0.0)	1 (2.3)	1 (16.7)	0 (0.0)
SVG	1 (2.6)	14 (18.2)	0 (0.0)	0 (0.0)	1 (2.3)	0 (0.0)	3 (15.8)

ITA: internal thoracic artery; LAD: left anterior descending artery; RCA: right coronary artery; BITA; bilateral internal thoracic arteries; RA: radial artery; SVG: saphenous vein graft

Supplementary Table 4. Hospital outcomes and 5-year mortality and major adverse cardiac and cerebrovascular events (MACCE) according to cause of bilateral interval thoracic artery (BITA) grafts conversion

	High risk for sternal complication	ITA not suitable	Target not suitable	Other cardiac pathologies	Justification not provided	Time constrain	Unstable during harvesting
N	38	77	44	6	43	6	19
Re-exploration for bleeding n(%)	0 (0.0)	2 (2.6)	2 (4.5)	0 (0.0)	6 (14.0)	0 (0.0)	0 (0.0)
IABP insertion n(%)	3 (7.9)	3 (3.9)	1 (2.3)	0 (0.0)	0 (0.0)	0 (0.0)	5 (26.3)
Renal replacement therapy n(%)	1 (2.6)	1 (1.3)	1 (2.3)	0 (0.0)	1 (2.3)	1 (16.7)	1 (5.3)
Sternal complications n(%)	3 (7.9)	2 (2.6)	2 (4.5)	1 (16.7)	4 (9.3)	0 (0.0)	1 (5.3)
Death n(%)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
MI n(%)	0 (0.0)	4 (5.2)	1 (2.3)	0 (0.0)	0 (0.0)	0 (0.0)	2 (10.5)
CVA n(%)	1 (2.6)	3 (3.9)	0 (0.0)	1 (16.7)	0 (0.0)	0 (0.0)	0 (0.0)
Revascularization n(%)	0 (0.0)	1 (1.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
POAF n(%)	12 (31.6)	21 (27.3)	13 (29.5)	4 (66.7)	10 (23.3)	2 (33.3)	7 (36.8)
Mortality at 5 years	4 (10.5)	9(11.9)	6(13.8)	0(0)	6(14.1)	0(0)	2(10.8)
MACCE at 5 years	3(8)	18(24)	8(18.3)	1(16.7)	4(9.7)	1(16.7)	4(21.1)

ITA: internal thoracic artery; IABP: intra-aortic balloon pump; Myocardial infarction; CVA: cerebrovascular accident; POAF: postoperative atrial fibrillation; MACCE: major adverse cardiac and cerebrovascular events