

1 **Performance of the Tinnitus Functional Index as a diagnostic**
2 **instrument in a UK clinical population**

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22

23 **ABSTRACT**

24 **Objectives**

25 The Tinnitus Functional Index (TFI)* has been optimised as a diagnostic tool for quantifying
26 the functional impact of tinnitus in US veteran and civilian groups. However, the TFI has not
27 been evaluated for use in other English-speaking clinical populations despite its increasingly
28 popular uptake. Here, a prospective multi-site longitudinal validation study was conducted to
29 evaluate psychometric properties relevant to the UK clinical population. Guided by quality
30 criteria for the measurement properties of health-related questionnaires, we specifically
31 evaluated three diagnostic properties relating to the degree to which the TFI (i) covers the
32 eight dimensions proposed to be important for diagnosis, (ii) reliably distinguishes individual
33 differences in severity of tinnitus, and (iii) reliably measures the functional impact of tinnitus.
34 We also examine whether clinically meaningful interpretations of the scores can be produced
35 for the UK population.

36 **Methods**

37 Twelve National Health Service audiology clinics across the UK recruited 255 tinnitus
38 patients to complete questionnaires at four time-intervals, from initial clinical assessment and
39 then over a nine-month period. Patients completed the TFI, the Tinnitus Handicap Inventory
40 (THI), tinnitus case history questions, a Global rating of Perceived Problem with tinnitus and
41 a Clinical Global Impression of perceived change in tinnitus. Baseline TFI data were used to
42 examine the factor structure, construct validity and interpretability of the TFI. Follow-up TFI
43 data were used to examine reliability.

44 **Results**

45 Confirmatory factor analysis suggested that of the eight subscales (factors) initially
46 established for the TFI, the ‘Auditory’ subscale did not contribute to the overall construct

* Abbreviations and acronyms used throughout: AUC = Area Under the receiver operator characteristic Curve; AUD = Auditory subscale; CFA = Confirmatory Factor Analysis; CFI = Comparative Fit Index; COG = Cognition subscale; EFA = Exploratory Factor Analysis; EMO = Emotional subscale; EPC = Expected Parameter Change; ICC = IntraClass Correlations; INTR = Intrusiveness subscale; LoA = Limits of Agreement; MI = Modification Index; NHS = National Health Service; QOL = Quality of life subscale; REL = Relaxation subscale; RMSEA = Root Mean Square Error of Approximation; ROC = Receiver Operator Characteristic; S-B χ^2 = Satorra-Bentler scaled Chi-square; SEM = Standard Error of Measurement; SLP = Sleep subscale; SOC = Sense of control subscale; SRMR = Standardised Root Mean Square Residual; T0 = Baseline; T1 = 3 month follow up; T2 = 6 month follow up; T3 = 9 month follow up; TFI = Tinnitus Functional Index; THI = Tinnitus Handicap Inventory; THQ = Tinnitus Handicap Questionnaire; THS = Tinnitus and Hearing Survey; TLI = Tucker-Lewis Index; TQ = Tinnitus Questionnaire; TRQ = Tinnitus Reaction Questionnaire; VA = Veteran’s Affairs.

47 'functional impact of tinnitus', and a modified seven-factor model (TFI-22) better fit the
48 variance in the patient scores. Both the global 25-item TFI and the global TFI-22 scores
49 showed exceptionally high internal consistency ($\alpha \geq 0.95$), high construct validity with the
50 THI ($r = 0.80$) and high test-retest reliability (ICC = 0.87). Test-retest agreement however
51 was only deemed to be borderline acceptable (89%). Receiver Operator Characteristic
52 analysis indicated the 25-item TFI and TFI-22 has excellent ability to distinguish between
53 different levels of impact (Area under the curve > 0.7).

54 **Conclusion**

55 The TFI was confirmed to cover multiple symptom domains, measuring a multi-domain
56 construct of tinnitus, and satisfies a range of psychometric requirements for a good clinical
57 measure, including having excellent reliability, stability over time and sensitivity to
58 individual differences in tinnitus severity. However, a modified seven-factor structure
59 without the Auditory subscale (TFI-22) is recommended for calculating a global composite
60 score for UK patients. Using patients' experience and Receiver Operator Characteristic
61 analysis, a grading system was presented which identifies the distinct grades of tinnitus
62 impact in the UK clinical population that is broadly comparable to the US-based system.

63

64 1 INTRODUCTION

65 The experience of tinnitus involves much more than the ‘phantom’ sensation of sound since
66 the condition can also impact on daily functioning and cause emotional distress (Henry et al.,
67 2016; Mohamad et al., 2016; Pierzycki et al., 2016; Szczepek et al., 2014). Thus, for those
68 who do find tinnitus bothersome, it can be described as a multi-dimensional condition. As
69 such, it is best captured using a multi-domain patient-reported questionnaire whereby
70 multiple items ask about particular aspects/domains of the condition which are deemed to be
71 important (Hall et al., 2016; Henry et al., 2016). Many tinnitus questionnaires, such as the
72 Tinnitus Questionnaire (TQ; Hallam, 2008, 1996; Hiller and Goebel, 1992), Tinnitus
73 Handicap Inventory (THI; Newman et al., 1996), Tinnitus Reaction Questionnaire (TRQ;
74 Wilson et al., 1991), and Tinnitus Handicap Questionnaire (THQ; Kuk et al., 1990), have
75 known measurement properties that are consistent with their use in clinical diagnosis i.e.
76 good discriminative power (Kamalski et al., 2010; Kirshner and Guyatt, 1985). However, in a
77 systematic review of the psychometric properties of tinnitus questionnaires, Kamalski and
78 colleagues (2010) did not identify or report any evidence on whether authors had provided
79 clinically meaningful interpretations of the scores. More recently, Fackrell and colleagues
80 (2014) reviewed the validity, reliability, responsiveness, and interpretability of tinnitus
81 questionnaires using an internationally recognised set of criterion (Terwee et al., 2007) and
82 reported that the evidence for the discriminative capabilities of these tinnitus questionnaires
83 varied widely. The evidence was limited and hard to determine for content validity of the TQ,
84 TRQ, and THI, for structural validity of the TQ, and TRQ, and for the clinical interpretation
85 of the scores of the TQ, TRQ, and THQ (Fackrell et al., 2014). The authors concluded that,
86 although the THQ has provided normative data, the ability to provide clinical interpretations
87 of the scores has only been determined for the THI, with a defined established UK-based
88 grading system. It was noted, however, that this grading system was solely based on expert
89 opinion and the statistical properties of the scores. As such, these grades do not necessarily
90 reflect the actual patient experience.

91 Importantly, the evaluation by Fackrell et al. (2014) included the Tinnitus Functional
92 Index (TFI; (Meikle et al., 2012). First published in 2012, the TFI differs from previous
93 tinnitus questionnaires in a number of important and positive ways; namely its careful
94 development, comprehensive coverage of many important tinnitus complaints, interpretability
95 of scores and responsiveness to treatment-related change (Fackrell et al., 2014). Not

96 surprisingly, the tinnitus community at large appears eager to embrace its use. In the period
97 2012-2015, the TFI has established itself as the second most commonly used tinnitus
98 questionnaire in UK National Health Service (NHS) tinnitus services; the THI is most
99 commonly used (Hoare et al., 2015). However, it is important for our communities to
100 appreciate that the statistical properties of the TFI are not immutable. Whilst it might be
101 valid, reliable, and interpretable in one target population, it may behave in quite a different
102 way in a different population (e.g. Streiner et al., 2014). As the TFI gains in international
103 popularity in the clinic, it is important that its discriminative properties be evaluated
104 thoroughly for each new setting and population.

105 It is well documented that the TFI was developed using data collected in the US, some
106 in specialist tinnitus clinics but principally in Veteran's Affairs (VA) hospitals (58% of
107 patients) (Meikle et al., 2012). In VA hospitals, those patients tend to be male, with an active
108 military background, potentially experiencing a range of service-related co-morbidities, and
109 their tinnitus is considered as a service-related condition which may entitle them to
110 compensation. This rather unique provenance of the TFI warrants caution in terms of how
111 well those psychometric properties transfer to different target populations.

112 Since the development of the TFI (Meikle et al., 2012), several evaluations of the
113 questionnaire have been conducted in English speaking and non-English speaking countries.
114 These evaluations increase our understanding and optimising the use of this questionnaire for
115 research and clinical practice alike. To date, the American-English version of the TFI has
116 been evaluated in US Veterans (Henry et al., 2016), a general clinical population in New
117 Zealand (Chandra et al., 2014) and a research population drawn from the general public in the
118 UK (Fackrell et al., 2016). The psychometric exploration reported by Henry et al. (2016) has
119 the same potential limitation (not generalizable) as was noted in the original development
120 study (Meikle et al., 2012). Fackrell et al. (2016) raised some doubts of the stability of the 8-
121 factor structure of the TFI when used in a UK-based research population, namely that the
122 auditory subscale appeared not to contribute to the measure of global functional impact of
123 tinnitus. There have been four independent evaluations in different target populations, where
124 the TFI has been translated into Dutch (Rabau et al., 2014), Swedish (Hoff and Kähäri, 2016;
125 Müller et al., 2016), and Polish (Wrzosek et al., 2016). In general, evaluations of these
126 translated versions showed the TFI to have good discriminative properties. However, there
127 was also some uncertainty over its proposed factor structure. In all of those studies,
128 Exploratory Factor Analysis (EFA) was conducted which identified different patterns in the

129 data, typically with only five or six factors initially identified, although all reported forced
130 eight-factor models as being satisfactory (Rabau et al., 2014; Hoff and Kähäri, 2016; Müller
131 et al., 2016; Chandra et al., 2014). Only the Polish study included Confirmatory Factor
132 Analysis (CFA) to test the proposed eight-factor structure, finding it to be unsatisfactory
133 (Wrzosek et al., 2016). Instead, their EFA indicated that a five-factor solution best explained
134 the Polish population data. Interpretability was not assessed in any of those studies.

135 Meikle and colleagues (2012) have proposed interim grading systems for the TFI, but
136 the question of whether this interpretability of the global scores, an essential requirement for
137 the suitability of a questionnaire in clinical practice or research, is transferable to other
138 populations is yet to be addressed in any subsequent psychometric evaluation.

139 In the present study, we examined the psychometric properties of the TFI for a large
140 clinical sample of UK NHS patients treated for tinnitus. In designing this study we were
141 guided by quality criteria for the measurement properties of health-related questionnaires as
142 outlined by Mokkink et al. (2012) and Terwee et al. (2007). Unlike our previous work
143 (Fackrell et al., 2016), this study was specifically designed to evaluate the TFI as a reliable
144 and valid measure of tinnitus severity for use in a tinnitus clinical population, and to
145 determine its responsiveness and interpretability. This study is particularly important because
146 it is based on a study sample drawn from a general (i.e. non-military) help-seeking clinical
147 population.

148

149 The aims of the study were to evaluate the degree to which the TFI:

- 150 i) covered the proposed eight important dimensions of tinnitus-related impact,
- 151 ii) reliably distinguished one patient from another,
- 152 iii) reliably measured the impact of tinnitus,
- 153 iv) produced a grading scheme that can give a meaningful diagnostic interpretation to
154 the UK clinical population

155 **2 MATERIALS AND METHODS**

156 This was a prospective multi-site, repeated-measures validation study. Ethical approval was
157 granted by Cornwall and Plymouth Research Ethics Committee (13/SW/0234), and
158 Nottingham University Hospitals NHS Trust was Sponsor.

159 2.1 *Eligibility*

160 Patients (≥ 18 years old) were attending their first appointment with an audiologist and
161 reporting persistent tinnitus. The inclusion criterion referred to those patients whom had not
162 been treated for tinnitus or attended a tinnitus clinic in the previous 6 months. In addition,
163 patients required sufficient command of English language to independently complete
164 questionnaires.

165 2.2 *Recruiting sites*

166 Twelve NHS audiology clinics served as recruitment sites (Supplementary Table 1). At each
167 site, a single member of staff from the clinical care team was responsible for identifying
168 patients, consenting, and collecting the questionnaire data at the initial appointment. Patients
169 were recruited from October 2013 to June 2014. Recruitment activities stopped when the
170 target sample set *a priori* (see below) of 250 patients were recruited to the study. Five
171 additional patients were enrolled because they had received invitations to participate before
172 this date, and returned completed questionnaire packs to their initial (i.e. diagnostic and
173 enrolment) appointment.

174 2.3 *Sample size*

175 To reliably assess the structure of the TFI using CFA of the baseline (T0) data, it is
176 recommended that the sample size is > 200 (MacCallum et al., 1996). Using a ratio of 5:1
177 individuals per estimator parameter (Floyd and Widaman, 1995; Nunnally, 1978; Schreiber et
178 al., 2006), a sample size of 290 patients would be required for the TFI model (53 estimated
179 parameters). However, the large degrees of freedom for the TFI model (df 267) indicate that a
180 sample size of 250 patients would provide sufficient power to effectively test model fit and
181 allow for missing data (MacCallum et al., 1996). In general, for reliability analyses with
182 follow-up data, a sample size of ≥ 50 is recommended for each element of the analysis. A
183 dropout rate of approximately 38% was estimated for data collection at follow-up (based on
184 Vernon et al. (1992)). At this rate, a starting sample of 250 patients would yield sufficient
185 data to conduct the reliability analyses planned.

186 2.4 *Data collection schedule*

187 The full study involved completing the TFI and additional questionnaires on four separate
188 occasions over a 9-month period. This could be done either at home or in a location of the
189 patient's choice (Supplementary Figure 1). On the first occasion (T0), patients completed the
190 questionnaires before, or immediately after their initial appointment for diagnostic
191 assessment. The questionnaires included a 10-item case history questionnaire requesting
192 information about age, gender, tinnitus duration, its characteristics, and duration, and any
193 self-reported hearing difficulty. Patients returned the first completed pack directly to the
194 clinic as familiarity with clinical staff has been shown to increase compliance and return rate
195 (Edwards et al., 2009, 2002). Follow-up (T1-T3) was conducted at three-month intervals
196 from the initial appointment by mailing questionnaire packs to patients with prepaid return
197 envelopes. Packs were mailed two weeks before their completion due date. Where
198 questionnaires were not returned, reminders were issued after two weeks and again after a
199 further week.

200 2.5 *Measures*

201 ***Tinnitus Functional Index*** The TFI measures the functional impact of tinnitus using 25
202 items, each rated on an 11-point Likert scale with descriptors at either end of the scale
203 (Meikle et al., 2012). Patients rated each item according to how they have felt over the
204 past week. The procedure for scoring the TFI followed the instructions provided by
205 Meikle et al. (2012). The global score reflects the sum of all scores, divided by 2.5 to give
206 a global score out of 100. Higher scores indicate the greater impact on everyday
207 functioning. The TFI encompasses eight subscales; (i) Intrusiveness (INTR 1 - 3), (ii)
208 Sense of control (SOC 4 -6), (iii) Cognition (COG 7 - 9), (iv) Sleep (SLP 10 - 12), (v)
209 Auditory (AUD 13 - 15, (vi) Relaxation (REL 16 - 18), (vii) Quality of life (QOL 19 - 22),
210 and (viii) Emotional distress (EMO 23 - 25). Each subscale can be scored separately,
211 whereby the relevant three or four items are summed and weighted to give a score out of
212 100. The TFI was completed at T0, T1, T2, and T3 and scores from each were considered
213 in the analyses reported here. As the TFI has an 11-point response scale, the data were
214 treated as continuous rather than categorical (Muthén and Muthén, 2012). Throughout
215 reference to the TFI refers to the 25-item questionnaire.

216

217 ***Tinnitus Handicap Inventory*** The Tinnitus Handicap Inventory (THI; Newman et al.,
218 1996; Newman et al., 1998) measures tinnitus-related psychological distress using 25
219 items each rated on a categorical 3-point scale (4 = yes, 2 = sometimes, 0 = no). The mean
220 global score reflects the sum of all responses with a maximum score of 100 indicating the
221 greatest distress due to tinnitus. Newman et al. (1996) did not provide any guidelines on
222 how to account for missing values in the calculation of the total score and so a decision
223 was made to only calculate the global score if the respondent had missed 3 items or fewer.
224 The global THI score are classified based on THI severity grading system (slight; mild;
225 moderate; severe; catastrophic) (McCombe et al., 2001; Newman et al., 1996). The THI
226 was completed at T0, T1, T2, and T3 and scores from each were considered in the
227 construct validity and internal consistency analyses reported here.

228

229 ***Global rating of Perceived Problem with tinnitus (Perceived Problem rating)*** To develop
230 a better understanding of what the global TFI scores mean to patients, each patient
231 completed a single question at T0 asking “How much of a problem is your tinnitus?”
232 There were five possible response options; 1 = not a problem, 2 = a small problem, 3 = a
233 moderate problem, 4 = a big problem, and 5 = a very big problem.

234

235 ***Clinical Global Impression of perceived change in tinnitus (Clinical Global Impression)***
236 At each follow-up assessment, patients answered one question about the extent to which
237 their tinnitus changed: “All things considered, how is your overall tinnitus condition now,
238 compared to x months ago?”, where x = 3, 6 and 9 months at T1, T2, and T3 respectively.
239 Responses were made on a 7-point scale (3 = much improved, 2 = moderately improved, 1
240 = slightly improved, 0 = no change, -1 =slightly worse, -2 = moderately worse to -3 =
241 much worse). Reliability analyses using “no change” subgroup reported here considered
242 the Clinical Global Impression scores at T1 and T2. We had planned to use the T3 data in
243 this analysis, but the ‘no change’ subgroup at T3 was too small.

244 **3 ANALYSIS METHODS**

245 The methodological approach taken here was underpinned by Classical Test theory
246 principles, in which a person’s “true score” is directly unobservable. Every observed score is

247 assumed to be made up of measurement error and the person actual “true” attitude or attribute
248 on the latent construct that is being measured, in this case tinnitus (Raykov and Marcoulides,
249 2011). The criteria for acceptable psychometric properties described below were guided by
250 established frameworks to evaluate questionnaires (Mokkink et al., 2012; Terwee et al.,
251 2007), in particular psychometric properties, validity, reliability, and interpretability were
252 examined here. CFA was performed in Mplus 7 (Muthén and Muthén, 2012), while reliability
253 and interpretability analyses were calculated in SPSS v.21.0 (IBM Corp., 2012) and
254 Microsoft Excel. The TFI subscales have been proposed as having potential to be used as
255 standalone measures, therefore when possible the subscales were also been subject to validity
256 and reliability analysis.

257 3.1 *Proposed eight-factor structure of the TFI*

258 CFA was conducted on TFI data collected at T0. Model specification was based on the
259 original description of the structure with 25 items, eight subscales, and a composite global
260 score (Meikle et al., 2012). The original eight-factor TFI model (Figure 1) was defined as
261 follows: (i) eight first-order latent constructs (factors) corresponding to the TFI subscales and
262 one second-order latent construct corresponding to the composite global score; (ii) the
263 observed variables (i.e. the 25 TFI items) were fixed to their original TFI factor and
264 constrained to zero loadings on the other factors in the questionnaire; (iii) the error variance
265 (residual variance) associated with each observed variable was constrained to zero, assumed
266 to be uncorrelated with the error variance of any other variable and random; (iv) variance in
267 the first-order factors was assumed to be completely explained by the relationship to the
268 second-order factor. Therefore the second-order factor variance was fixed at 1.

269

270 ** Figure 1 **

271

272 For an extended description of the methodology see Fackrell et al. (2016). In brief, to
273 adjust for non-normality in the distribution of the data (Mahalanobis d-squared: 81.5 to 55.0,
274 $p < 0.001$), the model was estimated using maximum likelihood parameter estimation
275 adjusted with a Satorra-Bentler scaled Chi-square (S-B χ^2 ; Satorra and Bentler, 1994) to
276 ensure robust standard errors for parameter estimates and goodness of fit indices (Bentler,

277 2007, 2006; Hu and Bentler, 1999). Initially, the eight-factor model was estimated without
278 the second-order factor, allowing for examination of covariance between first-order factors.
279 The first-order factors are purported to be measuring the same underlying construct (i.e.
280 second-order factor the functional impact of tinnitus), and therefore a degree of overlap in
281 content is expected (between $> 0.30 - < 0.85$). Following this, the model was re-specified to
282 include the second-order factor.

283 Goodness of fit was determined using the absolute fit indices S-B χ^2 (Satorra and
284 Bentler, 1994) and Standardised Root Mean Square Residual (SRMR; (Bentler, 2006; Hu and
285 Bentler, 1998) and approximation fit indices, the Tucker-Lewis Index (TLI; Tucker and
286 Lewis, 1973), Comparative Fit Index (CFI; Bentler, 1990), Root Mean Square Error of
287 Approximation (RMSEA; Steiger and Lind, 1980) and confidence intervals (CIs). In the
288 event that the model was a less than optimal fit to the data, factor loading estimates, the
289 Modification Index (MI) and Expected Parameter Change (EPC) were examined to identify
290 any misspecifications in the parameters that might be adjusted to improve model fit (Brown
291 and Moore, 2012; MacCallum et al., 1992).

292 3.2 *Validity of the TFI construct*

293 Convergent validity was assessed as Pearson bivariate correlations comparing the global TFI
294 and subscale scores with THI global scores collected at T0 and all three follow ups (T1 – T3).
295 The global TFI was assumed to measure a similar construct to the THI and so it was
296 predicted to have high convergent validity (correlation > 0.60). There was no evidence of
297 skewness or kurtosis in the data distribution. Pairwise deletion was conducted to ensure the
298 largest possible sample sizes.

299 3.3 *Internal consistency of the TFI structure*

300 Internal consistency measures the extent to which the items are inter-related or inter-
301 correlated and assesses the error variance associated with persons and items (Clark and
302 Watson, 1995; Cortina, 1993; Cronbach, 1951). Cronbach's alpha was calculated on
303 complete data from T0 and all three follow up (T1 – T3), with values between 0.7 and 0.95,
304 desirably below 0.9, taken to indicate acceptable internal consistency (listwise-deletion is
305 automatically conducted) (Peterson, 1994; Terwee et al., 2007).

306 3.4 ***Reliability of the TFI***

307 ***Distinguish one patient from another***

308 Reliability indicates the degree to which individuals who are different can be distinguished
309 from each other, despite measurement error as assessed variation in test-retest situations
310 (Mokkink et al., 2012; Terwee et al., 2007). Reliability was assessed using the measurement
311 variance for the same individuals between TFI scores at T0 and follow-up, (for example T0
312 and T1). IntraClass Correlations (ICC) were computed for global TFI and subscale scores
313 from a subset of patients that reported 'no change' on the Clinical Global Impression at T1
314 and T2. Patients who identified themselves as having 'no change' in tinnitus severity on the
315 Clinical Global Impression but had changes in TFI scores of above 70 were considered
316 outliers, as large change scores such as this would correspond to a change from severe
317 tinnitus to mild tinnitus or vice versa. ICCs provide an estimate of the ratio of all variances
318 ranging from 0 (no reliability) to 1 (perfect reliability), with 0.4 to 0.69 being acceptable, and
319 > 0.70 being excellent (Terwee et al., 2007).

320 ***Stability across time, accounting for measurement error***

321 Measurement error refers to the difference between an observed score and its true value
322 (Mokkink et al., 2012). Appropriate statistics for assessing measurement error and the
323 stability (precision of measurement) are Limits of Agreement (LoA) and the Standard Error
324 of Measurement (SEM; $SD_{diff}/\sqrt{2}$). The same subset of patients that reported 'no change' on
325 the Clinical Global Impression at follow up were selected for these analyses as well. To
326 account for the total shared variance over the three time intervals, a one-way ANOVA was
327 conducted for each analysis to identify the SD of the difference (SD_{diff}). The SD_{diff} was then
328 used to calculate the LoA. The Bland–Altman method (1986) for LoA calculates the mean
329 difference in scores between two repeated visits (the 'bias'), and 95% LoA (Mean difference \pm
330 $1.96 \times SD_{diff}$). The assumption is that if there is complete agreement between the scores, the
331 mean difference between the scores of two measures would be zero and, assuming that the
332 difference scores are normally distributed, then 95% of data points would be within ± 2
333 standard deviations of the mean difference.

334 3.5 *Diagnostic interpretation of global TFI scores*

335 To provide clinical meaning to the global TFI scores and identify diagnostic grades of
336 symptom severity, the TFI scores from T0 data were assessed using anchor-based approaches
337 (Perceived Problem rating categories and the THI grading system; (Crosby et al., 2003; de
338 Vet et al., 2011) and were then subjected to Receiver Operator Characteristic (ROC) analysis
339 (Eng, 2005). To ascertain the strength of the relationship between the TFI scores and anchor-
340 based approaches, Spearman's rank correlation coefficient were calculated. Individual global
341 TFI scores were then stratified according to the five Perceived Problem rating categories and
342 the THI grading categories and distributions were visually examined and compared using
343 general linear modelling. The ROC curve analysis combined information on sensitivity (true
344 positive rate) and specificity (true negative rate) to detect the threshold value that best
345 discriminates between the patients in adjacent categories of severity (Eng, 2005). The choice
346 of anchor is crucial and determines whether the grading categories are considered from the
347 patient perspective, questionnaire developer, or clinician (de'Vet et al., 2011, 2007). For this
348 analysis, Perceived Problem rating categories were used as the gold standard anchor to assign
349 patients into distinct grades that *do* have qualitative meaning related to patient experience
350 (Crosby et al., 2003; Hays and Woolley, 2000; Revicki et al., 2008; Yost and Eton, 2005).
351 Although priority was placed on the Perceived Problem ratings, the THI gradings were used
352 to inform and guide any large conflicts in classification of the TFI score between their
353 Perceived Problem rating (i.e. identifying a 'very big problem') and THI grading (mild
354 problem) to ensure the final categories were clearly defined. In these cases, the TFI score
355 classification was adjusted based on the patients score on the TFI and THI grading.

356 Sensitivity was equivalent to the probability that patients were correctly classified
357 according to their TFI score as experiencing one of the problem categories, e.g. a "moderate
358 problem" with tinnitus (positive cases), whilst specificity refers to the probability that
359 patients were correctly classified as experiencing the adjacent lower problem category, e.g. a
360 "small problem" (negative cases) (Eng, 2005; Uslu et al., 2008). ROC curve plots the
361 sensitivity (y axis) vs 1 – specificity (x axis) with the Area Under the ROC Curve (AUC)
362 representing the TFI's ability to discriminate between people who experience tinnitus as a
363 "small problem" from "no problem". For example, an AUC = 0.5 denotes a 50% probability
364 that the TFI would be unable to identify individuals with a small problem from those who do
365 not. A more prominent curve is therefore equivalent to a more accurate test, and AUC values
366 of above 0.7 are desirable for establishing independent grades (Eng, 2005; Zou et al., 2007).

367 ROC curve analysis provides a range of scores in which an optimal threshold (cut-off) was
368 identified as the cut-off value for the range in each diagnostic category. Traditionally the
369 balance between sensitivity and specificity is employed to identify the optimal threshold.
370 However, since it is more important as a diagnostic tool to identify the greater tinnitus
371 symptomatology, sensitivity is prioritised above specificity for the optimal threshold. For
372 each set of adjacent diagnostic categories separate ROC curves were calculated (for example,
373 “small problem” versus “moderate problem” and “big problem” versus “very big problem”).

374 **4 RESULTS**

375 4.1 *Patient characteristics*

376 A total of 255 tinnitus patients (male: 149 (59%), female: 105 (41%)) were enrolled and
377 completed T0 measurements. The average age was 53.6 years (SD = 13.4) with a range of 18
378 to 84 years. Just under 50% of patients had experienced tinnitus for less than 2 years, 30%
379 reported tinnitus duration between 3 to 10 years, and the remainder reported experiencing
380 tinnitus for more than 11 years. Descriptors of tinnitus sounds included whistling, buzzing,
381 ringing, hissing, clicking, cracking, whooshing, and old TV static. According to the Perceived
382 Problem rating, almost half of patients described themselves as having a moderate problem
383 with tinnitus. More than 70% of patients self-reported having problems hearing speech or
384 other sounds. Of this number, over 40% identified having a moderate to big problems hearing
385 speech or other sounds (Supplementary Table 2). According to the Clinical Global
386 Impression rating, over 35% of patients reported that their tinnitus had improved at T1 – T3,
387 less than 15% reported their tinnitus had “worsened” at T1, increasing to 35% at T3, and 50%
388 of patients reported “no change” to their tinnitus at T1, with numbers reporting decreasing to
389 less than 30% at T3. Descriptive statistics for the TFI global and subscales scores and the
390 THI global score from T0 to T3 are presented in Supplementary Table 3.

391 Missing T0 data was less than 7% and was identified as Missing Completely At
392 Random. Only T0 data with fully completed TFI scores on all 25 items were used for the
393 CFA and so after list-wise deletion, this effective sample size was 239. For 13 patients, TFI
394 data was missing for one question item and for three patients it was missing for two
395 questions. Participant characteristics and distributions reported for the total sample were
396 reflected in this CFA sample (Supplementary Table 2). Two patients did not complete the

397 Perceived Problem rating and so the effective sample size available for interpretability
398 analysis was 253. Compliance exceeded the expected rate of 64%. At T1, 198 (78%)
399 completed follow-up questionnaires, at T2 it was 176 (69%) and at T3 it was 166 (65%).

400 **4.2 Validity of the eight-factor structure of the TFI**

401 Correlations between the first-order factors ranged from very weak ($r = 0.16$) to extremely
402 strong ($r = 0.88$), but most were strong, with 70% above 0.60. Notably, the Auditory (AUD)
403 factor showed unacceptably weak correlations (< 0.3) with three of the other factors
404 (Supplementary Table 4).

405 The fit indices for the original TFI model (Figure 1) were all borderline, indicating
406 that the fit of the data was less than optimal (Table 1). The S-B χ^2 was significantly large (χ^2 :
407 577.5; $p < 0.001$) and the S-B χ^2 -df was marginally larger (2.2) than the critical ratio cut-off
408 (≤ 2.0) indicating problems with data fit. Consistent with this, the RMSEA score (0.07) was
409 less than optimal (≤ 0.05). The SRMR however was just within reasonable fit criteria (≤ 0.07 ,
410 ideally it should be ≤ 0.06) and both the TLI and CFI estimates indicated acceptable model fit
411 (> 0.90).

412 With respect to the standardised parameter estimates, both Auditory and Sleep factors
413 had loading estimates below the optimal value, although the Sleep factor was only marginally
414 below (0.68) (Figure 1; Supplementary Table 5). Consistent with this, squared factor loadings
415 revealed that the second-order factor accounted for less than 46% of the variance in the Sleep
416 factor, and only 25% in the Auditory factor. The Auditory factor had very weak associations
417 with the second-order factor and the other seven factors and as a consequence it makes
418 considerably less contribution to the second-order construct.

419

420 ** Table 1**

421

422 A high degree of parameter misspecification was associated with the Auditory factor.
423 Error covariance (MIs > 10) was observed between the Auditory factor and the Cognition,
424 Sleep, Relaxation, QoL and Emotional factors (MI range: 10.1 – 37.7). This error covariance
425 may reflect or be inflated by mis-specified error between items; INTR1 and INTR2 (MI:
426 16.46; standardised EPC: 0.38), REL19 and REL20 (MI: 21.43; standardised EPC: 0.45) and

427 EMO23 and EMO24 (MI: 11.29; standardised EPC: 1.01). The model was re-specified
428 adjusting for the error covariance between these items (Supplemental Figure 2). This did not
429 improve the MIs associated with the Auditory factor and the other factors (MI range: 10.7 to
430 44.4) and the model fit remained less than optimal (Table 1). Consequently, the Auditory
431 factor was removed from the second-order structure.

432 The statistical properties of a modified 22-item seven-factor model (TFI-22, Figure 2)
433 were examined (Auditory factor removed). This TFI-22 model was a much-improved fit to
434 the data on all relevant statistics and although the RMSEA score still exceeded 0.05, when
435 considered alongside $SRMR \leq 0.06$, a RMSEA score of 0.06 indicates reasonable fit (Table
436 1). Standardised parameter estimates and squared factor loadings were comparable to the
437 original 25-item TFI model (Figure 2; Supplementary Table 5). This confirms that the
438 Auditory factor should not be included when calculating the composite score.

439

440 ***Figure 2**

441

442 **4.3 Validity of the TFI and TFI-22 construct**

443 Convergent validity of the TFI was acceptable; TFI global scores consistently showed strong
444 positive correlations with the THI global scores ($r > 0.80$). For the TFI subscales, weak ($r =$
445 0.41) to strong ($r = 0.86$) positive correlations were observed with the THI global scores, with
446 the weakest correlation with Auditory subscale (Supplementary Table 3). Comparably strong
447 correlations were also observed for the global TFI-22 and THI ($r > 0.80$).

448 **4.4 Internal consistency of the TFI and TFI-22 structure**

449 Internal consistency of global TFI and THI scores was extremely high ($\alpha > 0.95$) for data
450 from T0 and all three follow-ups, indicating overlap in content. Likewise, the estimates for
451 the TFI subscales were extremely high with only the Intrusiveness and Sense of Control
452 subscales consistently within the recommended criteria (Supplementary Table 3). The global
453 TFI-22 also showed extremely high internal consistency ($\alpha > 0.96$).

454 **4.5 Reliability of the TFI and TFI-22**

455 At T1, 101 patients reported ‘no change’ in their overall perception of tinnitus using the
456 Clinical Global Impression, and of this subgroup at T2 only 51 patients still reported ‘no
457 change’. The ‘no change’ subgroup at T3 was too small for appropriate analysis (n = 29).
458 Based on our *a priori* criteria, data from one patient for the TFI global and subscales change
459 scores were removed as outliers. There were no missing data for the TFI global score,
460 therefore the effective sample size was 50. For the subscales, data from four patients
461 (excluding the patient mentioned above) were removed as outliers, one from the Cognitive
462 subscale, one from QOL subscale, and two from the Sleep subscale (missing data reported in
463 Table 2).

464 Participant characteristics for the 50 participants were representative of the total
465 sample (Supplementary Table 2). The reported average age was 57 years, and the reported
466 distributions of gender, duration of tinnitus, tinnitus severity, and hearing difficulties were
467 similar to those observed for the total sample and the sample used for CFA. Table 2 shows
468 the results of analyses that compared ‘test’ as T0 and ‘retest’ as a pooled set of T1 and T2
469 data for TFI global and subscale scores.

470

471 ** Table 2 **

472

473 ***Distinguishing one patient from another***

474 The ICC for the TFI global score was 0.87 (95% CI: 0.80 – 0.93), indicating excellent
475 reliability (Table 2). Subscale scores showed similarly acceptable reliability with ICCs
476 ranging 0.69 to 0.86, although for some subscales the 95% CIs indicated larger variability
477 and lower reliability than the ICC estimates imply. The only reliability estimate below the
478 recommended guidelines was for the Sleep subscale (0.69). Although, the estimate is only
479 marginally below, the large CIs indicate that in a random sample the reliability could be
480 markedly lower or within the recommended criteria. The ICC for the global TFI-22 score was
481 0.92 (95% CI: 0.87 – 0.96), again indicating excellent reliability.

482 *Stability across time, accounting for measurement error*

483 Whilst, the SEM estimate for the TFI global scores is minimal at 5.1 out of a possible 100,
484 the LoA estimates for the TFI global was 14.2 (\pm Mean diff of -5.4) and only 88% of the data
485 fell within the LoA (Table 2; Supplementary Figure 3). This indicates that the TFI is
486 susceptible to some imprecision in the measurement, slightly reducing the reliability. LoA
487 estimates were typically larger for the TFI subscales than for the global score, ranging from
488 22 to 32 points, and with some degree of imprecision as shown by the findings that $< 95\%$ of
489 the data fell within ± 2 SD of the mean difference. For the TFI-22, the LoA was 13.9 (\pm
490 mean diff of -5.9), but again only 88% of the data points fell within the LoA indicating some
491 degree of imprecision in the measure (Supplementary Figure 3).

492 **4.6 Diagnostic interpretation of global TFI scores**

493 The Perceived Problem rating distributions are reported in Supplementary Table 2. No
494 patients reported that their tinnitus was not a problem and so the “no problem” category was
495 not used in the analysis (Supplementary Table 2). Consequently, we had four categories of
496 problem in our population and so chose to use the THI severity grading system with the four
497 grades (slight = 0 – 16; mild = 18 – 36; moderate = 38 – 56; severe = 58 – 100; Newman et
498 al., 1998). This allowed us to directly compare distribution and grading across Perceived
499 Problem rating, THI and TFI. Spearman’s correlation coefficients comparing the TFI global
500 scores with the categorical data for the four Perceived Problem rating categories and four THI
501 grades indicate a strong positive relationship between the scores and categories (Spearman’s
502 $\rho = 0.8$, in both cases).

503 Using individual global TFI scores as the dependent variable, General Linear
504 Modelling showed a significant main effect of problem category ($F(3, 253) = 6.78, p <$
505 0.001), with significant differences between each category, except between “big problem”
506 and “very big problem” ($p > 0.25$). There was also a significant main effect of THI grading (F
507 $(3, 253) = 26.02, p < 0.001$) with significant differences between each category. However, no
508 significant differences were observed between the two categorising methods ($F(7, 253) =$
509 $0.37, p = 0.92$). The mean scores within each category were similar across the different
510 approaches (Supplemental Figure 4).

511 For the ROC analysis, the adjusted Perceived Problem rating categories were used as
512 *per a priori* criteria. Three ROC analyses compared TFI scores within the adjusted Perceived

513 Problem rating category to those within the category just below. So the “very big problem”
514 category (n = 57) compared with the “big problem” category (n = 49), “big problem”
515 compared with “moderate problem” (n = 107), and “moderate problem” compared with
516 “small problem” (n = 42) (Figure 3). The AUC in all three comparisons was ≥ 0.85 ,
517 exceeding the recommended criteria of > 0.7 . This indicates excellent ability to discriminate
518 patients reporting different levels of perceived problems. The sensitivity and specificity rates
519 were plotted for multiple possible cut-off points for each analysis (Figure 3).

520

521 ** Figure 3 **

522

523 Examination of the ROC curve, and the estimate cut-off values for detecting patients
524 with “moderate problems” from those with “small problems” (Figure 3; Supplemental Table
525 6), indicated that a cut-off value of 28 approximates the optimal cut-off value that was
526 sensitive to discriminating moderate problems (94%) from small problems (60%). Therefore,
527 global TFI scores below 28 indicate a small problem with tinnitus. The estimate cut-off
528 values for detecting “big problems” from “moderate problems”, and the corresponding ROC
529 curve, indicate that a cut-off value of 47 points is optimal for discriminating patients who
530 have big problems from those with moderate problems (Figure 3; Supplemental Table 7).
531 Moderate problems with tinnitus are therefore identified by global TFI scores in the range of
532 28 and 46. To discriminate patients reporting “very big problems” from those reporting “big
533 problems” an optimal cut-off value of 65 points was identified as correctly classifying 93% of
534 patients as having very big problems and 60% as having big problems (Figure 3;
535 Supplemental Table 8). The grading system generated from these findings is given in Table 3.

536

537 ** Table 3 **

538

539 For the TFI-22, ROC analysis revealed that it had an excellent ability to discriminate
540 patients reporting different levels of perceived problems, with AUC estimates (AUC > 0.84)
541 exceeding the recommended criteria (AUC > 0.7 ; Figure 3). Optimal cut-off values for
542 discriminating patients were estimated and were similar to those identified for TFI, varying
543 only by a couple of points (Table 3).

544 5 DISCUSSION

545 The current study provides the first independent and comprehensive psychometric evaluation
546 testing the diagnostic utility of the TFI in a UK clinical population, building on our previous
547 psychometric evaluation in a UK tinnitus research volunteer population (Fackrell et al.,
548 2016). Notably, we conclude for a UK clinical population that although the TFI proposed by
549 Meikle et al. (2012) generally produced a reliable diagnostic tool with good discriminative
550 properties, and good convergent validity with the THI, the original eight-factor structure was
551 not confirmed. Instead, a modified 22-item seven-factor structure best explained the data
552 captured in our UK clinical population, and this 22-item version also performed well on all
553 other psychometric properties.

554 5.1 *The Auditory domain is theoretically distinct from the functional impact of tinnitus* 555 *measured by the remaining items*

556 The original eight-factor structure proposed is not the best possible explanation for the UK
557 clinical population data. The Auditory factor was unrelated to the underlying construct of the
558 functional impact of tinnitus and consequently was removed to create a modified TFI
559 structure with seven-factors (TFI-22). Including items that do not fit within the second-order
560 construct risks unduly diluting the specificity of the composite score for the functional impact
561 of tinnitus. Meikle et al. (2012) envisaged this possibility and suggested that “its [the
562 Auditory subscale] underlying dimension may be of a different flavour compared with the
563 other seven subscales” (p. 21) and that it could represent “an underlying specific factor” (p.
564 20). This seems to be case here for a UK clinical population.

565 The most likely explanation for this is because tinnitus is often co-morbid with
566 hearing loss (Hoare et al., 2014). Our population reflected this with the majority self-
567 reporting some degree of hearing difficulties. Some people attribute their hearing difficulties
568 solely to tinnitus such that it is difficult to disentangle what hearing difficulty is related
569 specifically to tinnitus and not hearing loss (Ratnayake et al., 2009). Given the nature of
570 questions in tinnitus questionnaires, they can be susceptible to inaccuracies in measuring
571 hearing difficulties specific to tinnitus (Kuk et al., 1990; Newman et al., 1998; Ratnayake et
572 al., 2009). The Tinnitus and Hearing Survey (THS; Henry et al., 2014) was specifically
573 developed to disambiguate difficulties related to hearing from those related to tinnitus and
574 includes two subscales. The first asks about tinnitus problems that are unrelated to hearing

575 difficulties and the second asks about “commonly experienced hearing problems that would
576 not be confounded by tinnitus complaints” (p.68). The scale is designed to be used as an
577 initial screening to identify the extent of hearing and tinnitus complaints before making
578 clinical decisions. Interestingly, the item content in the hearing subscale is similar to that of
579 the Auditory subscale items in the TFI. For example, the THS item 4 asks “I couldn’t
580 understand what was being said in group conversations” whilst the TFI Auditory subscale
581 item 15 asks “how much has your tinnitus interfered with your ability to follow conversations
582 in a group or meeting?”. Consequently, whilst the Auditory subscale should not be included
583 in the calculation for the global TFI score in the UK, it could be used to aid clinical
584 interpretation.

585 **5.2 The TFI shows acceptable discriminative properties**

586 All reported reliability estimates for the global TFI, here and in previous evaluations
587 (Chandra et al., 2014; Fackrell et al., 2016; Hoff and Kähäri, 2016; Müller et al., 2016), have
588 been shown to be considerably higher than the estimates reported in the original TFI
589 development (Meikle et al., 2012). These results strengthen the conclusions originally made
590 by the authors (Meikle et al., 2012). The TFI can therefore consistently and reliably
591 distinguish one patient from another in a range of populations, with varying degrees of
592 tinnitus severity and duration and in general, the same conclusions can be made about the
593 subscales.

594 Conversely, the stability of the measure showed more susceptibility to larger degrees
595 of measurement error in a patients scores (agreement below 95%) which cannot be attributed
596 to true changes in tinnitus impact over long time intervals. The estimates reported here for the
597 global TFI and subscales are lower than those reported previously (Fackrell et al., 2016). For
598 this study, we were unable to conduct a traditional 2-3-week test-retest period due to
599 variability in clinical appointment booking procedures. These estimates, based on variance
600 observed in scores over 6 months, could have inflated the measurement error observed here
601 by introducing additional error associated with memory recall. So far, no other studies have
602 reported estimates for agreement for the TFI and as such we do not know whether agreement
603 estimates are consistent across populations; further estimates are indicated.

604 Fundamentally, reliability and agreement tests provide different information and
605 consequently conflicting results where, on the one hand, there is excellent reliability and on

606 the other, large measurement error (Kottner and Streiner, 2011). Whilst reliability is
607 interested in the variability of individual scores in comparison to the overall, the agreement is
608 focused on the similarity between the scores over time, with the expectation of very little
609 between subject variability. Therefore, if all patient scores were in complete agreement at
610 95%, evaluative properties might be excellent but if there was additionally little variability in
611 scores, the discriminative properties would be reduced and the questionnaire would be
612 deemed unreliable as a diagnostic tool. This highlights the contradictory nature of
613 encompassing both discriminative and evaluative properties in a single measurement tool
614 (Guyatt et al., 1987; Kirshner and Guyatt, 1985; Meikle et al., 2007). Yet these tests are
615 recommended to be conducted. To overcome this conflict, it has been suggested that,
616 although the assumption is that 95% data should fall within the limits of agreement, the
617 degree in which those limits can vary and still be considered acceptable has not been
618 established (Giavarina, 2015). There is possibly a need to be less rigid with this criterion. For
619 the limits to be deemed acceptable, they should be based on the intended use of the
620 measurement tool, i.e. clinical requirements and considerations and defined *a priori*
621 (Giavarina, 2015). Therefore, considering that the TFI is intended to be used as both a
622 diagnostic tool and outcome measure and was designed with both these properties in mind,
623 the level of agreement observed here (88%) is reasonably high and deemed acceptable.

624 **5.3 High internal consistency for the global TFI and all but two subscales indicates** 625 **redundancy**

626 Our findings indicate that the global TFI and *most* subscales had high internal consistency
627 above the desirable and acceptable criteria. These findings have been observed in the
628 development (Meikle et al. (2012) and subsequent evaluations of the TFI (Chandra et al., 2014;
629 Fackrell et al., 2016; Müller et al., 2016; Rabau et al., 2014; Wrzosek et al., 2016). Cronbach's
630 alpha should be interpreted with caution because the estimates could be inflated due to the
631 presence of more than one underlying trait being measured or the heterogeneity of the
632 population (Cortina, 1993; Kottner and Streiner, 2010; Shevlin et al., 2000). However, given
633 that the subscales, which are proposed as unidimensional structures, also presented with high
634 internal consistency, it does suggest that the subscales may not be a multi-item measure of the
635 construct and that highly correlated items may be redundant, within the subscale and global
636 TFI (Clark and Watson, 1995; Streiner and Norman, 2008). It could be proposed that this
637 indicates a shorter 8-item version of the TFI could be created, with one item from each subscale.

638 However, although we do recognise the possibility of redundancy, removing items would
639 dramatically reduce the reliability and utility of the global TFI and the subscales would no
640 longer exist. The TFI was intended as a reliable diagnostic tool and outcome measure, with the
641 ability to separately evaluate some important aspects (domains) of tinnitus to aid researchers
642 and clinicians. Removing multiple items would also reduce its utility as an outcome measure
643 (Clark and Watson, 1995; Guyatt et al., 1992). In terms of the subscales, a number of items are
644 needed within the scale to sufficiently conceptualise the underlying construct that it is aimed
645 to measure and ensure high reliability, (Clark and Watson, 1995; Hair et al., 2009;
646 Raubenheimer, 2004). Reliability and responsiveness can adequately be achieved with three
647 items or more; any less and reliability estimates are more susceptible to error (Yong and Pearce,
648 2013).

649 ***5.4 A newly revised diagnostic grading for the TFI instrument in the UK***

650 The developers of the TFI have published two grading systems (Henry et al., 2016; Meikle et
651 al., 2012), summarised in Table 3. Here, we used an anchor-based method of patient
652 Perceived Problem rating followed by ROC analysis to determine the threshold value that
653 best discriminates between the patients in adjacent categories of severity. We prioritised a
654 threshold value that would easily identify patients with the higher level of problem with their
655 tinnitus. The TFI and TFI-22 showed excellent ability to discriminate patients reporting
656 different levels of perceived problems. Compared to the proposed grading system (Henry et
657 al., 2016; Meikle et al., 2012), the criterion range for each grade identified here are slightly
658 different. In particular, in our sample, no patients reported tinnitus as “no problem” so
659 therefore we can only provide a speculative range for this category based on the lower range
660 of scores that were not identified by patients reporting a “small problem” with their tinnitus.
661 Other than the “small problem” category, the score ranges in other categories are reasonably
662 similar to those proposed (Henry et al., 2016; Meikle et al., 2012). Although we gathered data
663 on patient experiences through the use of a closed question, patients’ interpretations of the
664 descriptors were not examined here nor in the development of the TFI. The inclusion of
665 patient experience and confirmation of the ability of the TFI to discriminate patient with
666 different levels of tinnitus problem reported here means that there is greater confidence in the
667 reliability of these grades. Therefore, we recommend our grading system to be adopted for
668 use in UK clinical practice and re-evaluated for use in research. We did not collect the type
669 of qualitative data that could subsequently be used to inform clinical decision making

670 relevant to scores or categories. It would also be of value to establish specific clinical
671 meaning to the grades in a further study using qualitative methods such as focus groups or
672 semi-structured interviews with a patient population.

673 **5.5 Conclusions and recommendations**

674 The TFI global score was shown to reliably distinguish one patient from another and
675 discriminates different levels of tinnitus. However, based on our analyses of a large UK
676 clinical population, we would recommend the modified seven-subscale TFI-22 for diagnostic
677 purposes in the UK with a revised grading scale. Whilst the Auditory subscale is theoretically
678 distinct from the other subscales, it can nevertheless provide clinically valuable information
679 about the degree of hearing difficulty attributed to tinnitus and so we do not suggest
680 removing it from the questionnaire but merely scoring the composite TFI-22 differently from
681 the US-based TFI original. Further in-depth evaluations of the TFI subscales are warranted to
682 examine their reliability as standalone measures.

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705

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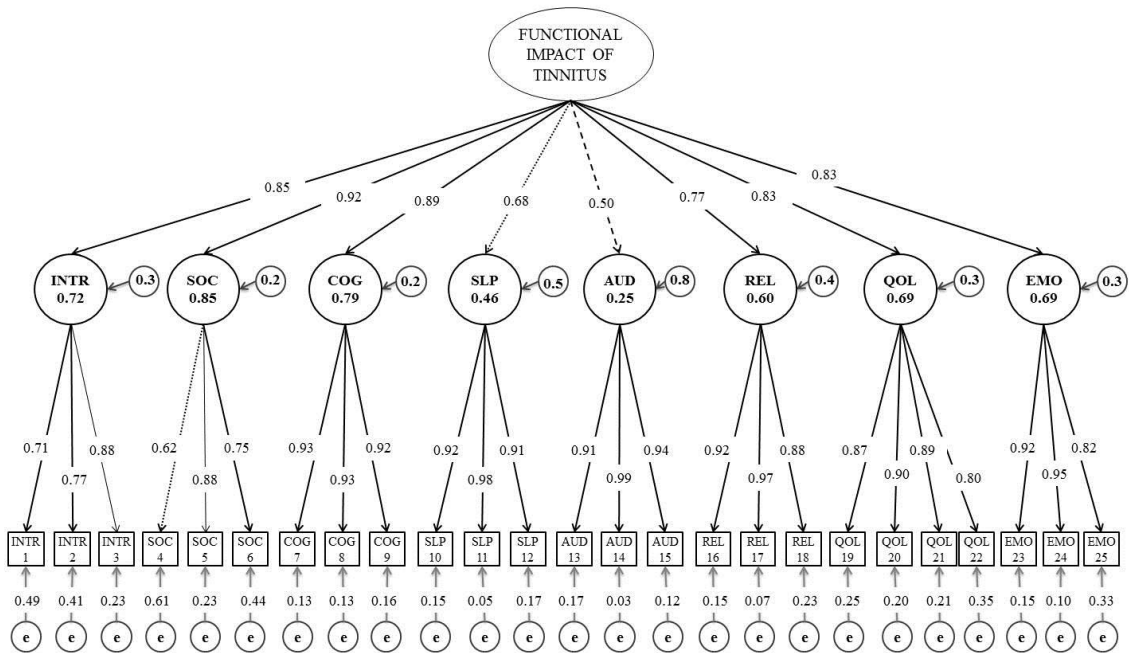
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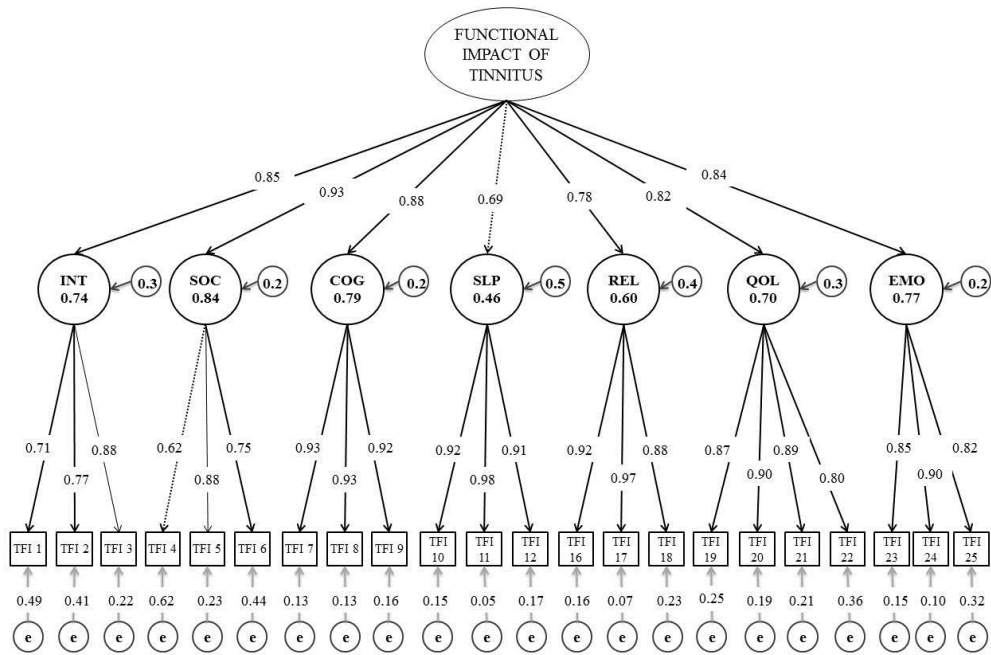
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 907 **Figure 1. Original eight-factor TFI structure (25 items), as assessed by CFA, including**
 908 **standardised parameter estimates and r-squared values.** The model represents the proposed
 909 relationships between the observed variables (items 1-25 e.g. INTR1), the first-order factors (INTR to
 910 EMO) and the second-order factor (“Functional impact of tinnitus”). The model represents: (i) a
 911 second-order latent construct with the variance fixed at 1; (ii) eight first-order latent constructs with
 912 the variance explained by second-order factor; (iii) 25 observed variables (INTR1 to EMO25) loaded
 913 on one factor only with the first item variance on each factor fixed at 1; and (iv) residual variance
 914 associated with each variable constrained to zero (represented by unidirectional grey arrows
 915 (→)). The unidirectional arrows represent the direct effects of the latent constructs. The solid line
 916 arrows (→) indicate strong associations (> 0.70). The dotted arrows (.....→) indicate moderate
 917 associations with values below the desired range but still acceptable (> 0.60). The dashed line arrows
 918 (----→) indicate poor associations (< 0.60). INTR = Intrusiveness; SOC = Sense of control; COG =
 919 Cognition, SLP = Sleep; AUD = Auditory; REL = Relaxation; QOL = Quality of life; EMO =
 920 Emotional; e = residual variance (error and uniqueness terms).
 921



922

923 **Figure 2. Our modified, re-specified TFI-22 seven-factor model including standardised**

924 **parameter estimates and r-squared values.** The standardised parameter estimates indicate the

925 strength of the association between the 25 observed variables (INTR1 to EMO25), the seven first-

926 order factors (INTR to EMO) and the second-order factor (“Functional impact of tinnitus”). The

927 unidirectional arrows represent the direct effects of the latent constructs. The solid line arrows (

928 \longrightarrow) indicate strong associations (> 0.70).The dotted arrows ($\cdots\longrightarrow$) indicate moderate

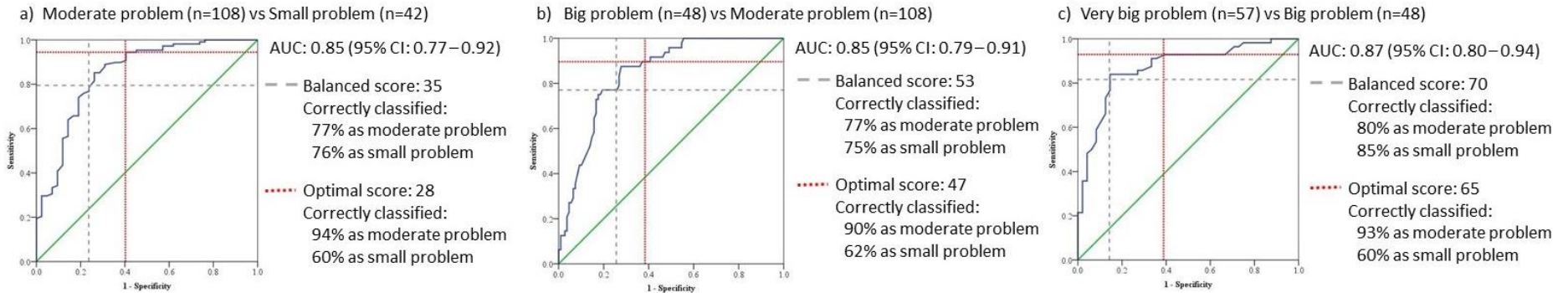
929 associations with values below the desired range but still acceptable (> 0.60). INTR = Intrusiveness;

930 SOC = Sense of control; COG = Cognition, SLP = Sleep; AUD = Auditory; REL = Relaxation; QOL

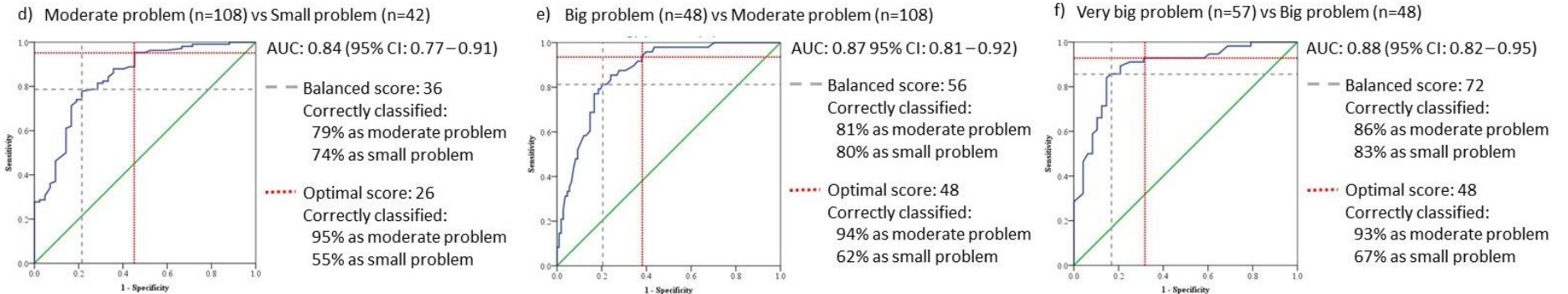
931 = Quality of life; EMO = Emotional; e = residual variance (error and uniqueness terms)

932 .

TFI



TFI-22



933

934 **Figure 3. Receiver operating characteristic (ROC) curves for identifying optimal cut-off values for grading the original TFI and TFI22.**

935 ROC analysis was conducted using the global TFI scores and the global TFI22 scores comparing each problem category with the adjoining lower problem
936 category (a/d) “Moderate problem” vs “Small problems”. (b/e) “Big problem” vs “Moderate problem”. (c/f) “Very big problem” vs “Big problem”. Green line
937 indicates 50% probability of correctly classifying improvement.

938

Models	Modified	S-B χ^2 (df)	χ^2/df	p-value	TLI	CFI	SRMR	RMSEA (95% CI)
TFI	None	577.50 (267)	2.16	<0.001	0.94	0.94	0.07	0.070 (0.06 – 0.08)
Re-specified TFI	Item error covariance	542.01 (264)	2.02	<0.001	0.94	0.95	0.07	0.067 (0.06 – 0.08)
TFI-22	Removed Auditory items	388.26 (202)	1.92	<0.001	0.95	0.96	0.05	0.062 (0.05 – 0.07)

940 **Table 1. Summary of the model fit.** Summary of fit statistics for the original eight-factor TFI
941 model, re-specified TFI model adjusted for item error covariance, and the seven-factor TFI-22 model
942 with Auditory factor removed. S-B χ^2 = Satorra & Bentler adjusted Chi-square; TLI = Tucker-Lewis
943 Index; CFI = Comparative Fit Index; SRMR = Standardised Root Mean Square Residual; RMSEA =
944 Root Mean Square Error of Approximation. CI = Confidence Interval

Scale	n (m)	Mean (\pm SD)			Difference		Reliability	Measurement Error				
		Baseline (T0)	Follow-up (T1)	Follow-up (T2)	Mean diff	SD diff	ICC (95% CI)	SEM	Limits of Agreement			%
									LoA	Lower limit (95% CI)	Upper limit (95% CI)	
Original TFI	50	50.8 (\pm 25.1)	45.9 (\pm 22.8)	44.9 (\pm 23.1)	-5.4	7.2	0.87 (0.80 - 0.93)	5.1	14.2	-19.6 (-23.2 to -16.1)	8.8 (5.2 to 12.3)	88
INTR	46 (4)	64.0 (\pm 24.3)	55.6 (\pm 23.2)	54.7 (\pm 23.3)	-9.8	13.2	0.79 (0.63 - 0.88)	9.3	25.8	-35.6 (-42.3 to -28.9)	16.1 (9.3 to 22.8)	95
SOC	48 (1)	61.9 (\pm 24.3)	56.5 (\pm 24.2)	55.0 (\pm 24.0)	-6.2	10.7	0.79 (0.69 - 0.87)	7.6	21.0	-27.2 (32.6 to -21.8)	14.8 (9.4 to 20.2)	90
COG	49	40.9 (\pm 28.4)	39.3 (\pm 27.2)	38.0 (\pm 26.0)	-2.2	13.5	0.86 (0.79 - 0.91)	9.6	26.5	-28.7 (-35.5 to -22.0)	24.3 (17.6 to 31.0)	86
SLP	48	52.6 (\pm 32.0)	46.4 (\pm 29.2)	47.1 (\pm 29.4)	-4.8	13.3	0.69 (0.57 - 0.80)	9.4	25.9	-30.8 (-37.2 to -24.3)	21.1 (14.6 to 27.6)	86
AUD	50	47.7 (\pm 30.1)	47.5 (\pm 28.8)	44.4 (\pm 28.2)	-1.7	16.2	0.83 (0.74 - 0.89)	10.7	29.6	-30.9 (-38.4 to -23.5)	28.3 (20.9 to 35.8)	93
REL	50	62.0 (\pm 29.3)	55.9 (\pm 26.4)	53.5 (\pm 27.4)	-7.4	14.4	0.75 (0.63 - 0.84)	10.2	28.3	-35.7 (-42.7 to -28.7)	20.8 (13.8 to 27.8)	86
QOL	49	38.6 (\pm 32.4)	34.7 (\pm 28.9)	33.3 (\pm 29.0)	-4.6	11.3	0.79 (0.70 - 0.87)	8.0	22.2	-26.7 (-32.4 to -21.2)	17.6 (11.9 to 23.2)	88
EMO	50	42.8 (\pm 31.5)	35.7 (\pm 29.7)	38.4 (\pm 30.2)	-5.7	14.6	0.82 (0.75 - 0.88)	10.3	28.6	-34.4 (-41.5 to -27.2)	22.9 (15.7 to 30.1)	92
TFI-22	50	51.3 (\pm 25.9)	45.7 (\pm 23.3)	45.0 (\pm 23.7)	-5.9	7.1	0.90 (0.82 - 0.94)	5.0	13.9	-19.8 (-23.4 to -16.4)	8.0 (4.5 to 11.5)	88

945 **Table 2. Reliability of Tinnitus Functional Index (TFI) scores: Intra-class correlations (ICC) and Limits of Agreement (LoA) between**
946 **three administrations.** The TFI showed excellent ability to distinguish between patients as indicated by the high ICC values and acceptable precision
947 indicated by measurement error analyses. ICC = Intra-class correlations; Mean diff = the mean difference scores between administrations; SD diff = Standard
948 Deviation of the difference; SEM = Standard Error in Measurement; LoA = Limits of Agreement.

Revised grading system for the UK population							Preliminary US-based grading systems			
Original eight-factor 25 item TFI				Revised seven-factor TFI-22			Grading 1 ^a		Grading 2 ^{a,b}	
Diagnosis	Range	# patients (%)	Mean (±SD)	Range	# patients (%)	Mean (±SD)	Diagnosis	Range	Diagnosis	Range
No problem	0 - 7	0	-	0 - 7	0	-	No problem	0 - 17	Mild problems	< 25
Small problem	7 - 28	38 (15)	20.6 (±6.2)	7 - 26	31 (12)	18.4 (±5.4)	Small problem	18 - 31	Significant problems	25 – 50
Moderate problem	29 - 47	72 (28)	38.5 (±5.2)	27 - 48	80 (31)	38.9 (±6.4)	Moderate problem	32 - 53		
Big problem	48 - 65	70 (28)	56.5 (±5.5)	49 - 70	81 (32)	60.0 (±6.7)	Big problem	54 - 72	Severe problems	> 50
Very big problem	66 - 100	75 (29)	79.1 (±9.9)	71 - 100	63 (25)	83.4 (±8.5)	Very big problem	73 -100		

949 **Table 3. Revised grading systems for the global TFI scores of the UK sample, compared with US-based grading systems.** a (Henry et al.,
950 2016); b (Meikle et al., 2012)

951 **10 SUPPLEMENTARY TABLES**

Procedure model	Audiology sites	Follow up questionnaires			
		Initial data	3 months	6 months	9 months
B	Aintree University Hospital NHS Trust, Liverpool	20	14	12	12
B	Belfast Health and Social Care Trust, Belfast	20	16	12	10
A	Brighton & Sussex University Hospitals NHS Trust, Brighton	15	10	9	8
A	Cambridge University Hospitals NHS Trust, Cambridge	26	25	24	23
A	Cardiff & Vale University Health Board, NHS Wales, Cardiff	20	11	9	9
A	Central Manchester University Hospitals NHS Trust, Manchester	23	16	15	14
A	Countess of Chester, Chester*	10	7	6	6
A	Doncaster and Bassetlaw Hospitals NHS Trust, Doncaster	41	30	26	25
A	NHS Fife, Kirkcaldy	20	18	17	14
A	Nottingham University Hospitals NHS Trust, Nottingham	19	13	11	11
A	Norfolk and Norwich University Hospitals NHS Trust, Norwich	20	19	17	16
A	Sherwood Forest Hospital NHS Trust, Mansfield	21	19	18	18
Total number of participants		255	198	176	166
(% of total dropout)			(22%)	(31%)	(35%)

952 **Supplementary Table 1. List of recruitment audiology sites and the number of**
 953 **participants providing initial and follow-up data.** * To ensure the required sample size was
 954 recruited on schedule the Countess of Chester hospital was approved to recruit 10 participants in
 955 March 2014.
 956

Participant characteristics	All data		CFA		Test-retest	
Sample size	253		239		50	
Missing	2		0		0	
Age in years						
Mean (\pm SD)	53.6	(\pm 13.4)	53.3	(\pm 13.5)	57.1	(\pm 12.0)
Range	18 - 84		18 - 84		22 - 76	
	n	(%)	n	(%)	n	(%)
Gender						
Male	149	(58)	140	(59)	34	(68)
Female	105	(41)	98	(41)	16	(32)
Not reported	1	(<1)	1	(<1)	0	
How much of a problem is your tinnitus?						
No Problem	0	(0)	0	(0)	0	(0)
Small Problem	36	(14)	35	(15)	14	(28)
Moderate Problem	119	(47)	110	(46)	21	(42)
Big Problem	63	(25)	58	(24)	7	(14)
Very big problem	35	(14)	34	(14)	7	(14)
Missing	2	(1)	2	(1)	1	(2)
Duration of tinnitus						
\leq 2 years	124	(49)	117	(49)	20	(40)
3 to 10 years	73	(29)	69	(29)	16	(32)
11+ years	48	(19)	45	(19)	12	(24)
Missing data	10	(4)	8	(3)	2	(4)
Are you having any problems hearing speech or other sounds?						
No Problem	69	(27)	64	(27)	8	(16)
Small Problem	76	(30)	71	(30)	17	(34)
Moderate Problem	77	(30)	75	(31)	19	(38)
Big Problem	27	(11)	24	(10)	4	(8)
Very big problem	6	(2)	5	(2)	2	(4)

957 **Supplementary Table 2. Participant characteristics for the total sample, the sample**
958 **used in the CFA and the sample used for test-retest.**

959

960

T0					T1				T2				T3			
Scale	n	Mean (SD)	Validity		n*	Mean (SD)	Validity		n	Mean (SD)	Validity		n	Mean (SD)	Validity	
			r THI	Internal consistency α (95% CI)			r THI	Internal consistency α (95% CI)			r THI	Internal consistency α (95% CI)			r THI	Internal consistency α (95% CI)
TFI	255	52.7 (21.7)	0.85	0.96 (0.95 – 0.97)	196	44.7 (22.4)	0.83	0.97 (0.97 – 0.98)	175	43.0 (23.7)	0.86	0.98 (0.97 – 0.98)	165	42.9 (25.5)	0.85	0.98 (0.98 – 0.99)
<i>INTR</i>	251	62.3 (22.0)	0.62	0.83 (0.79 – 0.86)	191	52.3 (23.8)	0.65	0.89 (0.86 – 0.91)	163	50.7 (25.2)	0.70	0.89 (0.85 – 0.91)	157	48.1 (25.8)	0.78	0.92 (0.89 – 0.94)
<i>SOC</i>	251	64.5 (21.7)	0.67	0.79 (0.74 – 0.83)	196	54.4 (24.6)	0.67	0.88 (0.85 – 0.91)	173	51.0 (25.7)	0.69	0.90 (0.87 – 0.92)	164	52.1 (27.4)	0.72	0.92 (0.90 – 0.94)
<i>COG</i>	255	47.1 (26.7)	0.74	0.95 (0.94 – 0.96)	193	41.0 (26.1)	0.74	0.96 (0.95 – 0.97)	175	39.3 (27.1)	0.77	0.96 (0.94 – 0.97)	165	38.2 (28.3)	0.75	0.98 (0.97 – 0.98)
<i>SLP</i>	253	55.6 (31.9)	0.61	0.95 (0.94 – 0.96)	196	45.2 (30.6)	0.66	0.96 (0.95 – 0.97)	175	42.4 (31.1)	0.66	0.97 (0.96 – 0.97)	164	40.8 (33.2)	0.69	0.97 (0.96 – 0.98)
<i>AUD</i>	254	42.6 (30.7)	0.41	0.96 (0.95 – 0.97)	194	40.7 (28.4)	0.49	0.97 (0.96 – 0.98)	175	40.7 (28.7)	0.60	0.97 (0.96 – 0.98)	165	44.2 (30.6)	0.57	0.98 (0.98 – 0.99)
<i>REL</i>	254	64.4 (27.8)	0.67	0.95 (0.93 – 0.96)	195	53.6 (26.7)	0.65	0.96 (0.94 – 0.97)	173	51.4 (28.3)	0.74	0.96 (0.95 – 0.97)	163	50.9 (29.4)	0.75	0.97 (0.96 – 0.98)
<i>QOL</i>	255	39.9 (29.5)	0.76	0.92 (0.91 – 0.94)	196	33.7 (27.3)	0.77	0.94 (0.93 – 0.95)	175	33.8 (27.8)	0.82	0.95 (0.93 – 0.96)	165	34.2 (29.0)	0.80	0.96 (0.95 – 0.97)
<i>EMO</i>	255	49.4 (30.4)	0.79	0.92 (0.91 – 0.94)	195	39.9 (29.6)	0.86	0.93 (0.92 – 0.95)	175	37.7 (30.0)	0.84	0.95 (0.94 – 0.96)	165	37.3 (30.9)	0.86	0.96 (0.95 – 0.97)
TFI22	255	54.1 (22.4)	0.85	0.96 (0.95 – 0.97)	195	54.1 (23.2)	0.84	0.97 (0.97 – 0.98)	175	43.3 (24.3)	0.86	0.98 (0.97 – 0.98)	164	42.8 (25.9)	0.86	0.98 (0.98 – 0.99)
THI	255	46.1 (23.8)	–	0.94 (0.93 – 0.95)	195	39.9 (22.5)	–	0.94 (0.92 – 0.95)	175	38.2 (23.6)	–	0.94 (0.93 – 0.96)	165	37.2 (23.5)	–	0.95 (0.93 – 0.96)

961 **Supplementary Table 3. Descriptive statistics, convergent validity and internal consistency for the TFI and THI.** The maximum score is
962 100. Values presented in bold indicate extremely high internal consistency ($\alpha > 0.95$) above the recommended criteria ($\alpha < 0.95$). α = Cronbach's Alpha
963 estimates; SD = Standard Deviation; TFI = Tinnitus Functional Index (Meikle et al., 2012); THI = Tinnitus Handicap Inventory (Newman et al., 1996); T0 =
964 baseline; T1 = 3 month follow-up; T2 = 6 month follow-up; T3 = 9 month follow-up.

965

Factor	1	2	3	4	5	6	7	8
(1) INTR	1							
(2) SOC	0.88	1						
(3) COG	0.74	0.79	1					
(4) SLP	0.61	0.62	0.59	1				
(5) AUD	0.48	0.43	0.53	0.16	1			
(6) REL	0.63	0.71	0.68	0.66	0.23	1		
(7) QOL	0.62	0.70	0.80	0.49	0.65	0.61	1	
(8) EMO	0.65	0.81	0.72	0.55	0.28	0.67	0.73	1

966 **Supplementary Table 4. Correlations between first-order factors in the Confirmatory**
967 **Factor Analysis.** The correlations between the first-order factors were in general strong, with 70%
968 above 0.60. The Auditory factor showed the weakest correlations with the other factors. Values
969 presented in bold exceed recommended criteria.

970

First order factor	Observed variable	TFI				TFI-22			
		β	B	SE	R ²	β	B	SE	R ²
INTR	INTR 1	0.71	1.00		0.51	0.71	1.00		0.51
	INTR 2	0.77	0.87	0.07	0.59	0.77	0.87	0.07	0.59
	INTR 3	0.88	1.36	0.11	0.77	0.88	1.36	0.11	0.77
SOC	SOC 4	0.62	1.00		0.39	0.62	1.00		0.39
	SOC 5	0.88	1.17	0.11	0.77	0.88	1.17	0.11	0.77
	SOC 6	0.75	1.04	0.10	0.56	0.75	1.04	0.10	0.56
COG	COG 7	0.93	1.00		0.87	0.93	1.00		0.87
	COG 8	0.93	1.04	0.03	0.87	0.93	1.04	0.03	0.87
	COG 9	0.92	0.94	0.03	0.84	0.92	0.94	0.03	0.84
SLP	SLP 10	0.92	1.00		0.85	0.92	1.00		0.85
	SLP 11	0.98	1.05	0.03	0.95	0.98	1.05	0.03	0.95
	SLP 12	0.91	1.01	0.04	0.83	0.91	1.01	0.04	0.83
AUD	AUD 13	0.91	1.00		0.83	removed			
	AUD 14	0.99	1.08	0.03	0.97	removed			
	AUD 15	0.94	1.10	0.03	0.88	removed			
REL	REL 16	0.92	1.00		0.85	0.92	1.00		0.85
	REL 17	0.97	1.04	0.03	0.93	0.97	1.04	0.03	0.93
	REL 18	0.88	0.94	0.03	0.77	0.88	0.94	0.03	0.77
QOL	QOL 19	0.87	1.00		0.75	0.87	1.00		0.75
	QOL 20	0.90	1.01	0.04	0.80	0.90	1.01	0.04	0.80
	QOL 21	0.89	1.00	0.04	0.79	0.89	1.00	0.04	0.79
	QOL 22	0.80	0.91	0.05	0.65	0.80	0.91	0.05	0.65
EMO	EMO 23	0.92	1.00		0.85	0.92	1.00		0.85
	EMO 24	0.95	0.93	0.03	0.90	0.95	0.93	0.03	0.90
	EMO 25	0.82	0.94	0.05	0.67	0.82	0.94	0.05	0.67
Second order factor	Factor								
Functional impact of tinnitus	INTR	0.85	1.58	0.13	0.72	0.85	1.57	0.13	0.72
	SOC	0.92	1.64	0.17	0.85	0.93	1.64	0.17	0.86
	COG	0.89	2.32	0.12	0.79	0.88	2.29	0.12	0.77
	SLP	0.68	2.06	0.16	0.46	0.69	2.09	0.16	0.47
	AUD	0.50	1.41	0.17	0.25	removed			
	REL	0.77	2.06	0.14	0.60	0.78	2.09	0.14	0.62
	QOL	0.83	2.40	0.14	0.69	0.82	2.35	0.14	0.68
	EMO	0.83	2.50	0.14	0.69	0.84	2.53	0.14	0.71

971 **Supplementary Table 5. Parameter estimates, R-squared values and Standard Error for**
972 **the original eight-factor TFI model and the seven-factor TFI-22 model.** The values
973 presented in bold have poor associations with their designated factor, all below the recommended cut-
974 off < 0.40. β = Standardised parameter estimate; B = Unstandardised parameter estimate; SE =
975 Standard Error; R₂ = R-squared. INTR = Intrusiveness; SOC = Sense of control; COG = Cognitive,
976 SLP = Sleep; AUD = Auditory; REL = Relaxation; QOL = Quality of life; EMO = Emotional.

977

Small Problem					
Optimal grading	Cut off score	Sensitivity	Specificity	1-Specificity	
	7	1.00	0.00	1	
	10	1.00	0.05	0.95	
	12	1.00	0.07	0.93	
	13	1.00	0.12	0.88	
	14	1.00	0.17	0.83	
	15	1.00	0.21	0.79	
	16	1.00	0.24	0.76	
	17	0.99	0.24	0.76	
	18	0.98	0.26	0.74	
	19	0.98	0.33	0.67	
	20	0.98	0.38	0.62	
	21	0.97	0.38	0.62	
	22	0.97	0.43	0.57	
	23	0.95	0.43	0.57	
	24	0.95	0.45	0.55	
	25	0.95	0.48	0.52	
	26	0.95	0.52	0.48	
	27	0.94	0.55	0.45	
		28	0.94	0.60	0.41
		29	0.90	0.64	0.36
		30	0.89	0.69	0.31
		31	0.85	0.71	0.29
		32	0.84	0.74	0.26
		33	0.82	0.74	0.26
		34	0.78	0.76	0.24
		<u>35</u>	<u>0.77</u>	<u>0.76</u>	<u>0.24</u>
		36	0.74	0.81	0.19
		37	0.73	0.81	0.19
	38	0.72	0.81	0.19	
	39	0.66	0.81	0.19	
	40	0.57	0.86	0.14	
	41	0.56	0.88	0.12	
	43	0.53	0.88	0.12	
	45	0.44	0.88	0.12	
	46	0.44	0.88	0.12	
	47	0.41	0.91	0.12	
	48	0.37	0.91	0.10	
	49	0.35	0.91	0.10	
	50	0.32	0.93	0.10	
	51	0.30	0.95	0.07	
	52	0.28	0.98	0.05	
	53	0.26	0.98	0.02	
	55	0.20	0.98	0.02	
	56	0.19	1.00	0.02	
	57	0.19	1.00	0.02	
	58	0.17	1.00	0.00	
	60	0.16	1.00	0.00	
	61	0.15	1.00	0.00	
	62	0.13	1.00	0.00	
	64	0.10	1.00	0.00	
	65	0.08	1.00	0.00	
	67	0.06	1.00	0.00	
	68	0.05	1.00	0.00	
	70	0.04	1.00	0.00	
	72	0.03	1.00	0.00	

978 **Supplementary Table 6. Optimal grading, cut-off score, sensitivity and specificity rates**
979 **for diagnosing small problems with tinnitus using the original global TFI.** Bold values

980 indicate the optimal threshold that prioritised sensitivity above specificity. Underlined values indicate
981 the traditional threshold that is the balance between sensitivity and specificity.
982

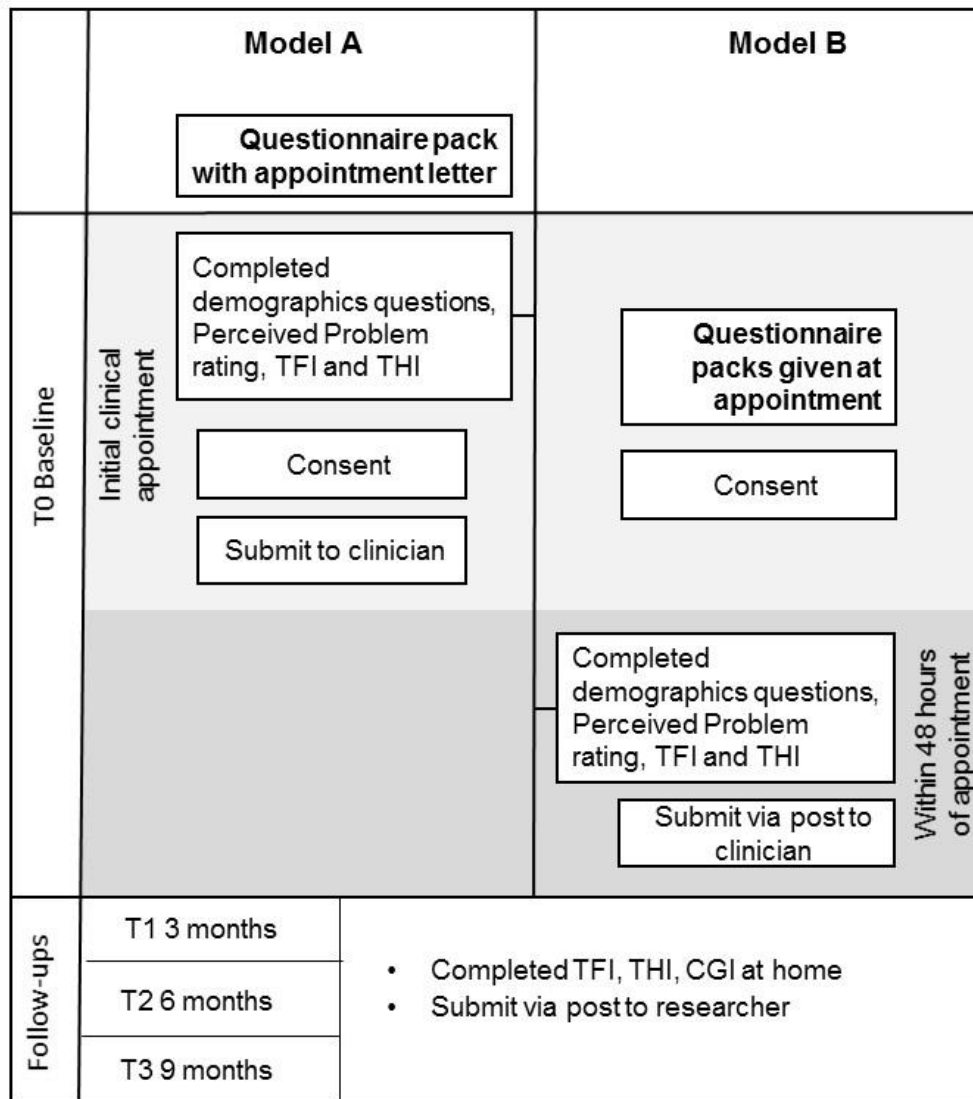
Moderate problem				
Optimal grading	Cut off score	Sensitivity	Specificity	1-Specificity
	29	1.00	0.00	0.90
	30	1.00	0.11	0.89
	31	1.00	0.15	0.85
	32	1.00	0.16	0.84
	33	1.00	0.19	0.81
	34	1.00	0.22	0.78
	35	1.00	0.24	0.76
	36	1.00	0.26	0.74
	37	1.00	0.27	0.73
	38	1.00	0.32	0.68
	39	1.00	0.35	0.65
	40	1.00	0.43	0.57
	41	1.00	0.45	0.55
	42	0.96	0.46	0.54
	43	0.96	0.51	0.49
	44	0.94	0.53	0.47
	45	0.92	0.55	0.45
	46	0.92	0.60	0.40
	47	0.90	0.62	0.38
	48	0.88	0.65	0.36
	49	0.88	0.66	0.34
	50	0.88	0.70	0.30
	51	0.88	0.71	0.29
	52	0.83	0.74	0.26
	53	0.77	0.75	0.25
	54	0.77	0.79	0.22
	55	0.77	0.80	0.20
	56	0.77	0.81	0.19
	57	0.73	0.83	0.17
	58	0.71	0.84	0.16
	59	0.67	0.84	0.16
	60	0.63	0.85	0.15
	61	0.56	0.86	0.14
	62	0.50	0.88	0.12
	63	0.48	0.89	0.11
	64	0.44	0.91	0.09
	65	0.33	0.94	0.07
	66	0.33	0.94	0.06
	67	0.27	0.94	0.06
	68	0.21	0.96	0.04
	70	0.15	0.96	0.04
	71	0.15	0.97	0.03
	73	0.13	0.97	0.03
	74	0.13	0.98	0.02
	76	0.13	0.99	0.01
	77	0.10	0.99	0.01
	78	0.08	0.99	0.01
	80	0.06	0.99	0.01
	81	0.06	1.00	0.00
	83	0.04	1.00	0.00
	88	0.02	1.00	0.00

983 **Supplementary Table 7. Optimal grading, cut-off score, sensitivity and specificity rates**
984 **for diagnosing moderate problems with tinnitus using original global TFI.** Bold values
985 indicate the optimal threshold that prioritised sensitivity above specificity. Underlined values indicate
986 the traditional threshold that is the balance between sensitivity and specificity.

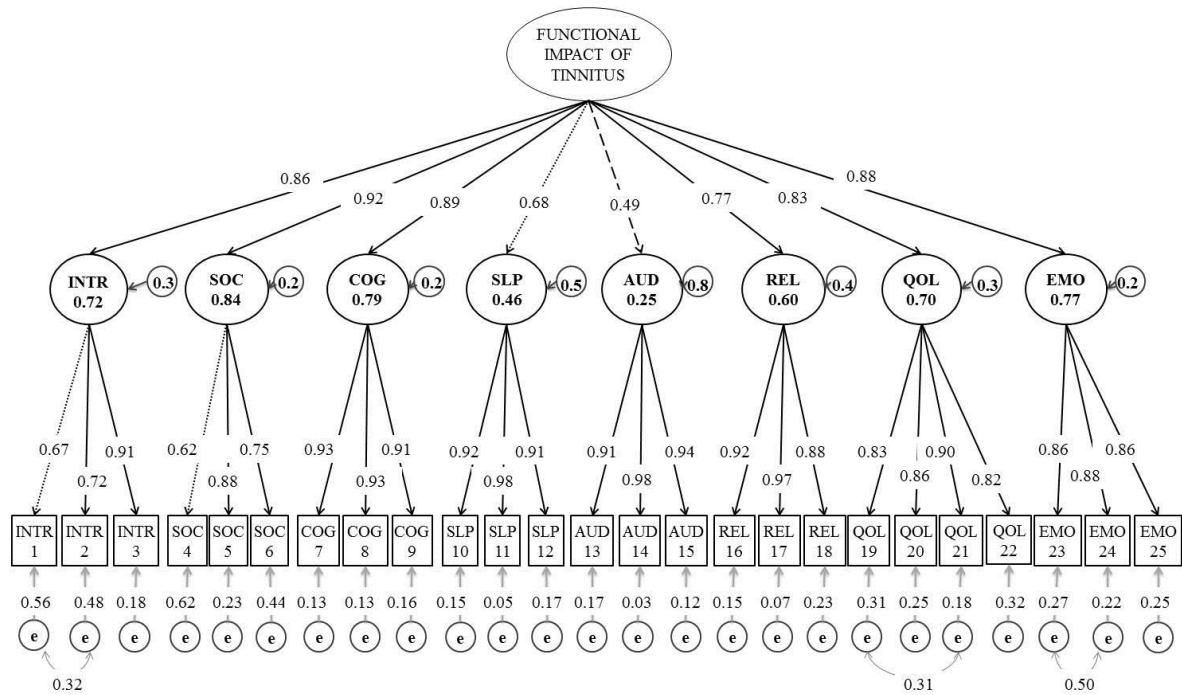
Big problem					
Optimal grading	Cut off score	Sensitivity	Specificity	1-Specificity	
	48	1.00	0.00	0.90	
	49	1.00	0.13	0.88	
	51	0.98	0.13	0.88	
	52	0.98	0.17	0.83	
	53	0.98	0.21	0.79	
	54	0.98	0.23	0.77	
	57	0.98	0.25	0.75	
	58	0.96	0.29	0.71	
	59	0.93	0.35	0.65	
	60	0.93	0.42	0.58	
	61	0.93	0.48	0.52	
	62	0.93	0.50	0.50	
	63	0.93	0.54	0.46	
	64	0.93	0.56	0.44	
	65	0.93	0.60	0.40	
		66	0.86	0.71	0.29
		67	0.84	0.73	0.27
		68	0.84	0.79	0.21
		69	0.82	0.85	0.15
		70	0.80	0.85	0.15
		71	0.77	0.85	0.15
		73	0.73	0.88	0.13
		74	0.71	0.88	0.13
		75	0.68	0.88	0.13
		76	0.66	0.88	0.13
	77	0.59	0.92	0.08	
	78	0.55	0.92	0.08	
	79	0.54	0.92	0.08	
	80	0.50	0.94	0.06	
	81	0.48	0.96	0.04	
	82	0.43	0.96	0.04	
	83	0.41	0.96	0.04	
	84	0.38	0.96	0.04	
	85	0.36	0.96	0.04	
	86	0.36	0.98	0.02	
	87	0.34	0.98	0.02	
	88	0.32	0.98	0.02	
	89	0.25	0.98	0.02	
	90	0.21	0.98	0.02	
	91	0.21	1.00	0.00	
	92	0.18	1.00	0.00	
	94	0.13	1.00	0.00	
	95	0.11	1.00	0.00	
	99	0.02	1.00	0.00	
	100	0.00	1.00	0.00	

987 **Supplementary Table 8. Optimal grading, cut-off score, sensitivity and specificity rates**
988 **for diagnosing big problems with tinnitus using original global TFI.** Bold values indicate the
989 optimal threshold that prioritised sensitivity above specificity. Underlined values indicate the traditional
990 threshold that is the balance between sensitivity and specificity.

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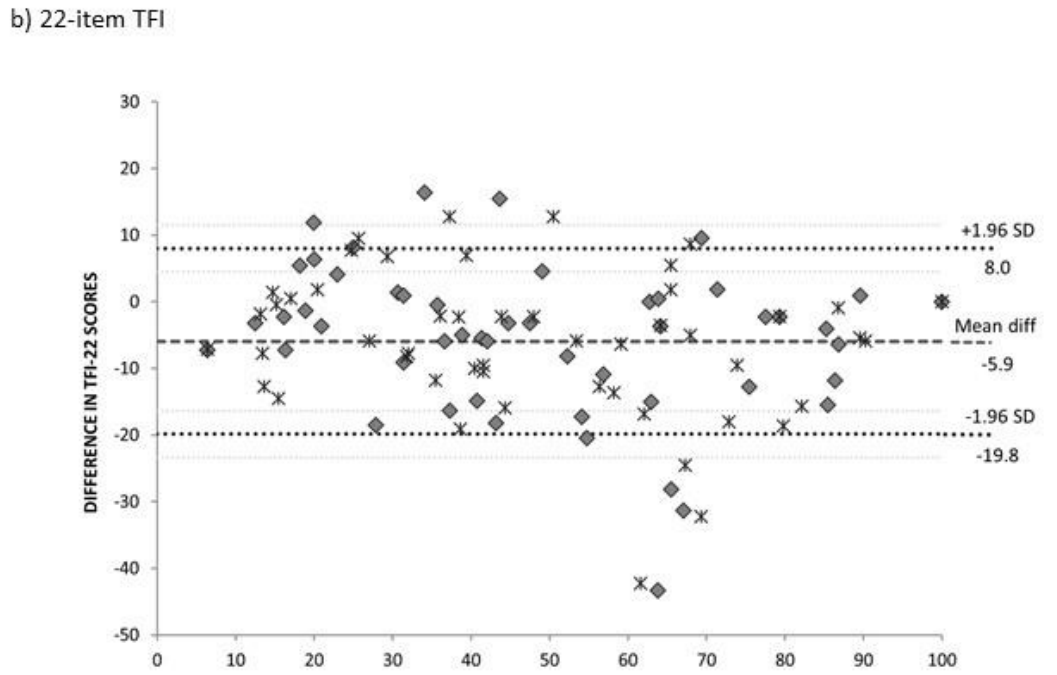
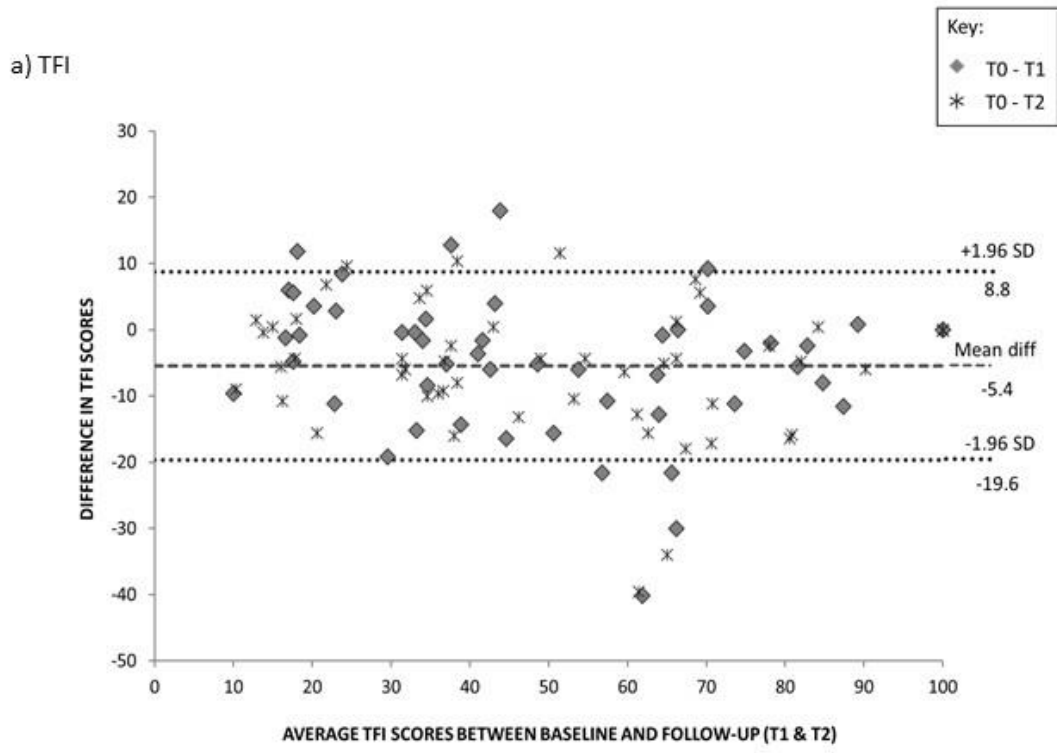


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 994 **Supplementary Figure 1. Timeline of the study.** Data collection at baseline (T0) followed one
 995 of two models to accommodate site differences in clinical appointment booking procedures. In Model
 996 A, the questionnaire packs were mailed to all prospective tinnitus patients with their initial
 997 appointment letters. Patients completed and returned the pack on the day of their initial appointment.
 998 At the assessment appointment, the clinician obtained written consent. For Model B, at the initial
 999 appointment, prospective tinnitus patients wishing to participate were consented and given the (T0)
 1000 questionnaire pack and asked to complete and return the pack within 48 hours of the appointment.
 1001 Follow-up questionnaire packs were sent to participants at 3 months (T1), 6 months (T2) and 9
 1002 months (T3) from their initial appointment date and were returned directly to the researcher.
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Supplementary Figure 2. Re-specified eight-factor structure (25 items) including standardised parameter estimates and r-squared values. Standardised parameter estimates indicate the strength of the association between the 25 observed variables (items 1-25 e.g. INTR1), the eight first-order factors (INTR to EMO) and the second-order factor (“Functional impact of tinnitus”). The unidirectional arrows represent the direct effects of the latent constructs. The solid black line arrows (→) indicate strong associations (> 0.70). The dotted arrows (⋯→) indicate moderate associations with values below the desired range but still acceptable (> 0.60). The dashed line arrows (---→) indicate poor associations (< 0.60). The unidirectional black arrows indicate strong associations (> 0.70). The residual variance (e) represents the error and unique variance associated with each of the items and the factors residual and are represented by unidirectional grey arrows (→). The grey bidirectional curved arrows (↔) represent the association between the error variance of items. INTR = Intrusiveness; SOC = Sense of control; COG = Cognition, SLP = Sleep; AUD = Auditory; REL = Relaxation; QOL = Quality of life; EMO = Emotional; e = residual variance (error and uniqueness terms).



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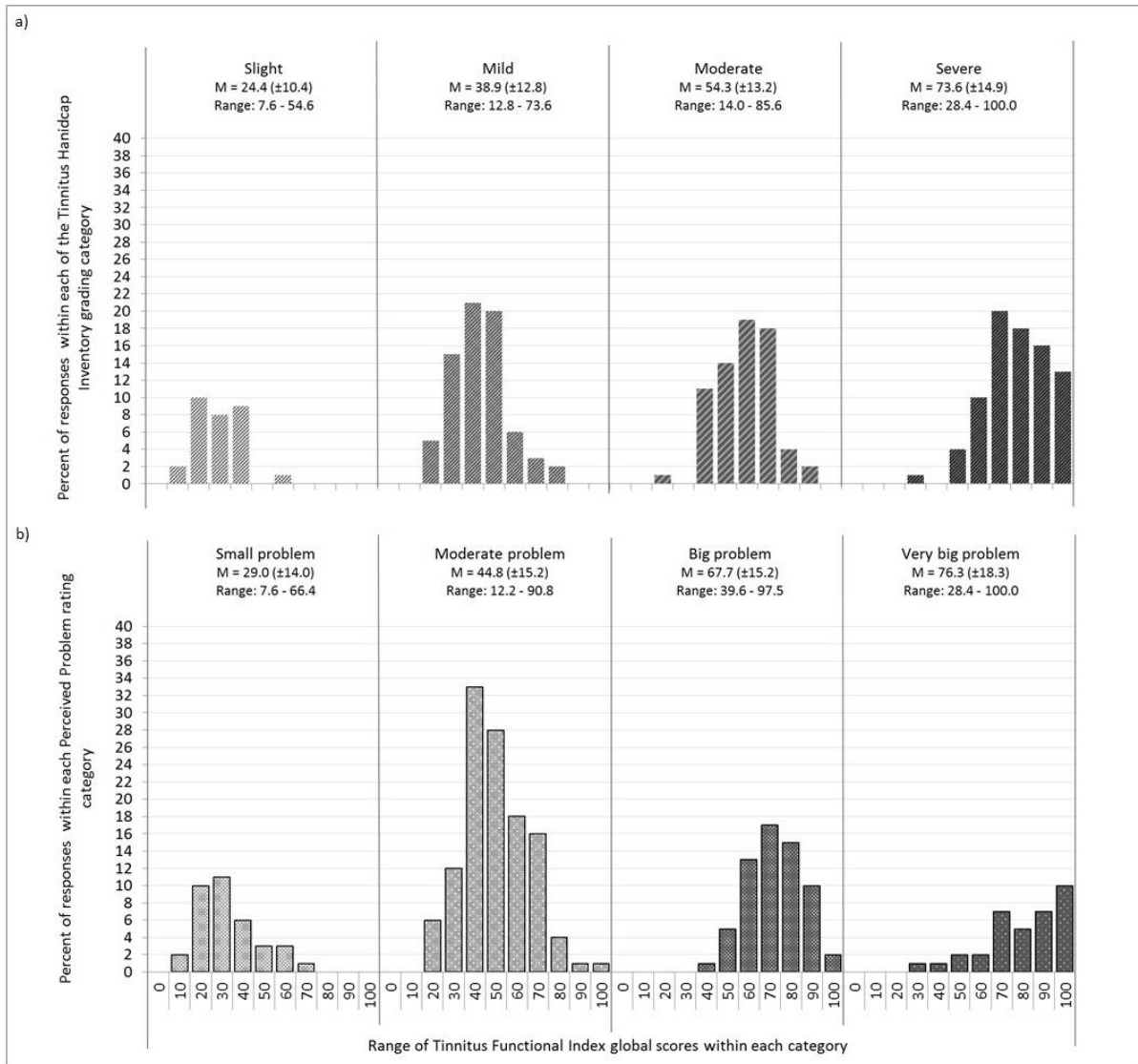
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Supplementary Figure 3. Bland-Altman plot of measurement error for repeated measures (baseline, 3 months, 6 months) of the global TFI scores (a) and global TFI-22 scores (b) for self-defined “stable” participants. The Limits of Agreement (LoA) are represented as the mean difference ± 1.96 times the standard deviation of the difference. The dashed line denotes the mean difference score. The dotted line denotes the 95% limits of agreement for the global scores. For the both, the TFI and TFI-22, 88% of the global scores are within the limits of agreement, suggesting a degree of measurement error between the repeated measures.



1028

1029 **Supplementary Figure 4. Distribution of the original TFI global scores corresponding to**
 1030 **the (a) Tinnitus Handicap Inventory grades of tinnitus severity and (iii) Perceived**
 1031 **Problem rating categories.** The distribution of the global TFI scores stratified according to
 1032 two anchor-based approaches (a) Tinnitus Handicap Inventory grades, in which individual THI
 1033 scores were assigned the appropriate grading (slight = 0 – 16; mild = 18 – 36; moderate = 38 –
 1034 56; severe = 58 – 100) and then the individual TFI global scores were stratified to the
 1035 corresponding THI grade; (b) Perceived Problem rating category, in which patients rating of perceived
 1036 problem were used to stratify the global TFI scores into one of the distinct categories (small problem,
 1037 moderate problem, big problem or very big problem). The distribution of the global TFI scores across
 1038 approaches were examined for similarities.
 1039