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**Optimal doses of rifampicin in standard drug regimen to shorten tuberculosis treatment duration and reduce relapse by eradicating persistent bacteria**

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1 Optimal doses of rifampicin in standard drug regimen to shorten tuberculosis treatment  
2 duration and reduce relapse by eradicating persistent bacteria

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26 Abstract

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28 OBJECTIVE: Although high-dose rifampicin holds promise for improving tuberculosis  
29 disease control by eradication of persistent bacteria, the optimal dose of rifampicin which  
30 kills persistent bacteria and shortens the treatment duration is unknown.

31 METHODS: The Cornell mouse model was used to test the efficacy of rifampicin in elevated  
32 dose combined with isoniazid and pyrazinamide to kill actively growing and persistent bacilli  
33 and to measure relapse rate. Persistent bacteria were evaluated using *Mycobacterium*  
34 *tuberculosis* culture supernatant containing resuscitation promoting factors. Pharmacokinetic  
35 parameters and dose-dependent activity on cultivable and persistent bacilli were determined.

36 RESULTS: Increasing doses of rifampicin in combination with isoniazid and pyrazinamide  
37 resulted in dose-dependent faster bacterial clearance. Evaluated both on solid media and in  
38 culture filtrate containing resuscitation promoting factors, a regimen containing a standard  
39 dose of rifampicin at 10 mg/kg over 14 weeks failed to achieve organ sterility. In contrast,  
40 higher doses of rifampicin achieved organ sterility in a much shorter time of 8 to 11 week.  
41 Disease relapse, which occurred in 86% of mice treated with the standard regimen for 14  
42 weeks, was completely prevented by rifampicin doses of 30 mg/kg and above.

43 Conclusions: In the treatment of murine tuberculosis, a rifampicin dose of 30 mg/kg was  
44 sufficient to eradicate persistent *M. tuberculosis*, allowing shorter treatment duration without  
45 disease relapse.

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## 58 Introduction

59  
60 TB remains one of the most prevalent and lethal infectious diseases worldwide, despite of the  
61 advent of anti-TB drugs and global healthcare initiatives, leading to approximately 2 million  
62 deaths annually.<sup>1</sup> Although the current drug regimen is effective, 6 months of chemotherapy  
63 are necessary to achieve a cure. The long duration of therapy leads to poor patient  
64 compliance which gives rise to high relapse rates (7-13%) and the emergence of drug-  
65 resistant strains.<sup>2</sup> Thus, shortening the duration of chemotherapy is of significant clinical  
66 benefit. Unfortunately, under the current paradigm, it takes more than 6 years to bring a new  
67 drug from bench to bedside, and more than 20 years for novel drug combinations to emerge.<sup>3</sup>  
68 This problem is amplified by the fact that tubercle bacilli can become dormant and persistent,  
69 undetectable by conventional tests. The persistent bacteria are tolerant to current TB drugs  
70 and difficult to eradicate using the dose levels in the current drug regimen.<sup>4,5</sup> Therefore, to  
71 bridge the gap, there is an urgent need to optimize the doses of the drugs that are already used  
72 in the standard treatment regimen to maximize their bactericidal and sterilizing activities.<sup>6</sup>  
73 Of the current anti-tuberculous drugs, rifampicin was introduced at suboptimal doses.<sup>6,7</sup>  
74 Rifampicin exhibits bactericidal activity, killing actively growing organisms and sterilizing  
75 activity, killing the persisting bacilli that are responsible for relapse.<sup>6,8-10</sup> It can be used at  
76 higher doses without serious adverse effects.<sup>11-14</sup> Previous studies showed that high-dose  
77 rifampicin therapy up to 35 mg/kg is well-tolerated in man<sup>14-16</sup> and increases the rate of  
78 tuberculosis clearance.<sup>15</sup> Similar observations were made in mice<sup>13,17-19</sup> with a maximum  
79 tolerable dose of 160 mg/kg per day.<sup>19</sup> Recent results of a randomized clinical trial in South  
80 Africa and Tanzania by the PanACEA consortium suggested that rifampicin at 35 mg/kg was  
81 more efficacious than the standard rifampicin dose regimen by increasing culture conversion  
82 time in liquid medium.<sup>20</sup> However, it is not known if rifampicin at 35 mg/kg is able to shorten  
83 the treatment duration and provides a low relapse rate. We have showed that *M. tuberculosis*

84 forms persistent bacteria which are dependent on culture filtrate (CF) containing resuscitation  
85 promoting factors<sup>21</sup> to recommence multiplication. We demonstrated for the first time that a  
86 high-dose rifampicin drug regimen was able to kill CF-dependent persistent bacteria,  
87 enabling a shortened treatment duration in mice without disease relapse.<sup>13</sup> However, in our  
88 previous study, we only used one high dose of the drug (50 mg/kg). It is therefore crucial to  
89 find the minimum dose size of rifampicin capable of killing persistent bacteria with a  
90 favorable toxicity profile to patients.

91 Herein, we studied the therapeutic effects of incremental doses of rifampicin in combination  
92 with isoniazid and pyrazinamide in the Cornell mouse model. We measured the rate of  
93 elimination of bacterial cfu counts and relapse rates. We detected and quantified persistent  
94 bacilli in cfu count-free organs using *M. tuberculosis* culture filtrates.

## 95 **Materials and methods**

### 96 **Bacterial strains and growth conditions**

97 *M. tuberculosis* strain H37Rv was mouse-passaged and grown in 7H9 medium supplemented  
98 with 10% albumin dextrose complex (ADC; Becton and Dickinson, UK) and containing  
99 0.05% Tween 80 at 37°C without disturbance for 15 days. The culture was subsequently  
100 stored at -70°C for animal infection. To determine the viable counts prior to infection, colony  
101 forming unit (cfu) counting was performed prior to freezing and once again after thawing.  
102 cfu counting was carried out by plating serial 10-fold dilutions of the cultures on 7H11 agar  
103 medium supplemented with oleic albumin dextrose complex (OADC, Becton and  
104 Dickinson, UK). Colonies were counted after incubation of the plates at 37°C for 3 to 4  
105 weeks and viability was expressed as Log cfu/mL. The cultures were subsequently diluted in  
106 PBS and used for inoculations in mice. All culture media were made selective by the  
107 addition of polymyxin B 200 U/mL, carbenicillin 100 mg/L, trimethoprim 20 mg/L and  
108 amphotericin B 10 mg/L (Selectatab, Mast Diagnostica GmbH). Human medicines of

109 rifampicin (Rifadin capsules, Sanofi Aventis), isoniazid (isoniazid tablets, Focus) and  
110 pyrazinamide (Zinamide tablets, Genus Pharmaceuticals) were used in this study.

### 111 **Cornell mouse model**

112 Rifampicin at different dose sizes in combination with isoniazid and pyrazinamide was tested  
113 using the Cornell mouse model.<sup>22, 23</sup> The model was conducted using the experimental  
114 design and procedure described previously.<sup>24</sup> Briefly, as shown in Table 1, at 3 weeks after  
115 *M. tuberculosis* H37Rv infection, treatment was given to female BALB/c mice for 14 weeks  
116 with 150 mg/kg pyrazinamide, 25 mg/kg isoniazid combined with 10, 20, 30, 40 and 50  
117 mg/kg rifampicin by daily oral administration for 5 days per week. A sample of 4 mice was  
118 sacrificed at the beginning of the treatment and 8 mice was sacrificed 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup>, 8<sup>th</sup>, 11<sup>th</sup> and  
119 14<sup>th</sup> week of treatment to monitor cfu counts. The organ homogenates from 6<sup>th</sup> to 14<sup>th</sup> week  
120 were cultured in selective Kirchner liquid medium for 4 weeks with subsequent sub-culturing  
121 onto selective Löwenstein-Jensen slopes for a further 4 weeks.

122 Immediately after termination of 14 weeks of chemotherapy, the remaining mice were  
123 administered 0.5 mg/mouse of hydrocortisone acetate by daily oral administration for 8  
124 weeks to suppress their host immunity, cfu counts from lungs and spleen were performed to  
125 determine disease relapse.

126 The animal husbandry guidelines and all animal experiments were performed according to  
127 the Animals Scientific Procedures Act, 1986 (an Act of the Parliament of the United  
128 Kingdom 1986 c. 14) (Home Office Project licence Number 70/7077) with approval from St  
129 George's, University of London ethics committee.

### 130 **Pharmacokinetics of rifampicin in BALB/c mice**

131 Pharmacokinetic (PK) profiles of rifampicin were determined in uninfected and infected mice  
132 in a dose-ranging study with regimens matching those used in the Cornell mouse model  
133 which were administered orally by gavage. There were three BALB/c mice in 2 parallel

134 uninfected or infected groups (total n=12 each). The infected group was treated previously  
135 with each of these drug regimens for 8 weeks. After both groups were given the drug  
136 regimens, serial venous blood samples (20  $\mu$ L) were collected at time points 1, 2, 3, 4, 5, 6, 8  
137 and 24 hours post-dose by tail puncture and mixed with 40  $\mu$ l of water. The blood samples  
138 were stored at -80°C and subsequently transported in dry ice to GlaxoSmithKline Tres Cantos  
139 for bioanalysis. The concentrations of rifampicin in the blood were determined by UPLC-  
140 MSMS assay. PK parameters were calculated using a noncompartmental analysis model  
141 (NCA) in the R software package (v 3.3.2).

#### 142 **Resuscitation of *M. tuberculosis* in mouse lungs and spleens**

143 For resuscitation of *M. tuberculosis* grown in mouse organs, culture filtrates containing  
144 resuscitation promoting factor (RPF) were used as described previously.<sup>13, 21, 24</sup> *M.*  
145 *tuberculosis* H37Rv was grown in 7H9 medium for 15 to 20 days until an optical density of 1  
146 to 1.5 was reached. The cultures were harvested by centrifugation at 3000 g for 15 minutes  
147 and sterilized by filtration with 0.2  $\mu$ m filter (Sartorius) twice. The culture filtrates were  
148 made selective by addition of polymyxin B 200000 U/L, carbenicillin 100 mg/L,  
149 trimethoprim 20 mg/L and amphotericin B 10 mg/L (Selectatab, Mast Diagnostica GmbH).  
150 Broth counting of lungs and spleens was performed as serial 10-fold dilutions in triplicate in  
151 which 0.5 mL of tissue homogenates were added to 4.5 mL of the culture filtrates. At 10-day  
152 intervals over a 2-month period of incubation at 37°C, the broth cultures were examined for  
153 visible turbidity changes. The patterns of positive and negative growth tubes will be used to  
154 calculate the most probable number (MPN) of the bacilli.<sup>25</sup>

155 Growth of *M. tuberculosis* in turbid tubes was confirmed by colonial morphology on 7H11  
156 agar plates. The absence of microorganisms other than mycobacteria from turbid tubes was  
157 confirmed by plating on blood agar medium (Oxoid) and Sabouraud dextrose agar (Oxoid).  
158 In order to assess the sterility of culture filtrates free of *M. tuberculosis*, tubes containing

159 culture filtrates were incubated at 37°C for 2 months to ensure the absence of *M.*  
160 *tuberculosis*.

### 161 **Statistical analysis**

162 A simple model for monoexponential bacterial growth and elimination was used.<sup>24, 26</sup>  
163 Standard errors of parameter estimates were calculated using the method outlined by Landaw  
164 *et al.*<sup>27</sup> with the Jacobian of model parameter sensitivities estimated using a numerical  
165 central difference method. The datasets comprised from multiple individual subject animals  
166 were treated as a naïve pool for data analysis purposes<sup>28</sup> rather than using the average of the  
167 data at each time-point. The significance of differences between model parameter estimates  
168 under different therapies was examined with pairwise Z-tests incorporating a Bonferroni  
169 correction of 15 (including a comparison versus 50 mg/kg rifampicin monotherapy from  
170 previous data)<sup>13</sup>, where P values <0.0033 would be considered significant. The significance  
171 of differences between the relapse rates was determined with pairwise Fisher's exact tests  
172 with a Bonferroni correction of 15, with P values <0.0033 considered significant.

## 173 **RESULTS**

### 174 **Treatment with regimens containing different dose sizes of rifampicin in the** 175 **Cornell mouse model**

176 We investigated the effect of rifampicin at 10, 20, 30, 40 and 50 mg/kg in combination  
177 regimens with fixed standard doses of isoniazid and pyrazinamide on the rate of bacterial  
178 eradication and relapse in the Cornell mouse model. As shown in Table 2 and Fig 1a, there  
179 was a rifampicin dose-dependent increase in the rate of eradication of cfu counts in the lungs.  
180 At rifampicin 10 and 20 mg/kg regimens, the rate of pulmonary bacterial eradication was  
181 slow showing 99% kill at 3.5 weeks and at 2.5 weeks, respectively. Treatment with  
182 rifampicin 30, 40 and 50 mg/kg increased the rate of bacterial eradication (99% kill at 1.8, 1.6  
183 and 1.4 weeks, respectively). Undetectable *M. tuberculosis* cfu counts were achieved in



184 mouse lungs after 14 weeks treatment for 10 mg/kg, 11 weeks for 20 mg/kg, 8 weeks for 30  
185 and 40 mg/kg and 6 weeks with 50 mg/kg of rifampicin containing regimens (Table 2). A  
186 similar dose response trend was observed in spleens except cfu count free organs were  
187 achieved at 6 weeks for both 40 and 50 mg/kg rifampicin regimens (Table 2 and Fig 1b).  
188 These activities were confirmed by the estimates of the exponential rate constants  
189 (logarithmic base 10) for net bacterial elimination during treatment ( $k_{\text{net\_with\_drug}}$ ) in both lung  
190 and spleen cfu count profiles versus time (Table 3). The elimination rate constants become  
191 faster (i.e. greater in magnitude) with increasing dose, in a linear relationship in both lungs  
192 and spleens (Fig. 1c and 1d). In the cfu count free organs, no tubercle bacilli were recovered  
193 as confirmed by negative cultures of the organ homogenates in selective Kirchner medium.  
194 No outward signs of toxicity or abnormal behavior were observed in any of the mice treated  
195 with all doses of rifampicin containing regimens.

#### 196 **Pharmacokinetics of rifampicin in combination with isoniazid and** 197 **pyrazinamide**

198 Rifampicin blood concentrations after administration of rifampicin containing regimens with  
199 isoniazid and pyrazinamide were examined over a period of 24 hour in both *M. tuberculosis*  
200 infected and uninfected BALB/c mice. As shown in Fig 2, there was a linear, dose-  
201 proportional increase in the exposure of rifampicin as indicated by both maximal  
202 concentration of rifampicin ( $C_{\text{max}}$ ) (Fig 2a) and the overall drug exposure (AUC) (Fig 2b) in  
203 both uninfected and infected mice. The dose linearity of the rifampicin PK in this range of  
204 doses was further supported by a plot of clearance versus dose from each regimen (Fig 2c).  
205 Clearance (equal to Dose/AUC) was shown to be approximately constant at ~0.04 L/h/kg in  
206 both infected and uninfected animals at each dose level. Both AUC and  $C_{\text{max}}$  of rifampicin  
207 were similar between infected and uninfected animals at all the doses examined (< 30%  
208 difference in either measure at all doses uninfected versus infected).

209 Post-treatment level of persisters in the Cornell mouse model

210 In order to investigate the effect of different rifampicin dose regimens on the post-treatment  
211 level of persisters through RPF-induced resuscitation, lung and spleen homogenates at the  
212 weeks of treatment when cfu counts reached zero for each of the regimens were incubated  
213 with CF containing RPFs. As shown in Table 4, after 14 weeks of treatment with the  
214 rifampicin 10 mg/kg regimen, despite cfu cultures being negative, the number of RPF-  
215 dependent persisters was still high. At 11 weeks post-treatment, there were significant levels  
216 of CF-resuscitated bacilli in lungs and spleens for the rifampicin 20 mg/kg regimen, whilst  
217 reduced numbers of persisters were present at 14 weeks of treatment. At 8 weeks of  
218 treatment, there were low numbers of persisters present after treatment with rifampicin 30  
219 mg/kg regimen, complete persister eradication was seen at 11 weeks. There were no  
220 persistent bacteria at 8, 11 and 14 week for rifampicin 40 mg/kg treatment. The regimen  
221 containing 50 mg/kg rifampicin, although failed to clear persisters at 6 week, showed no  
222 CF-resuscitated bacilli in both lungs and spleens at 8, 11 and 14 weeks of treatment (Table  
223 4).

224 Relapse rate of treatment with the regimens containing different doses of rifampicin  
225 in the Cornell model

226 The organ cfu counts are shown in Table 5. The treatment with the regimen containing 10  
227 mg/kg of rifampicin gave rise to *M. tuberculosis* positive organs in 19 out of 23 mice (86.3%  
228 relapse rate). 20 mg/kg rifampicin containing regimen led to 33% relapse rate after 14 weeks  
229 of treatment. In contrast, treatment with the regimens containing 30, 40 and 50 mg/kg of  
230 rifampicin resulted in zero counts in the organs showing relapse free ( $P < 0.001$ ).

## 231 **DISCUSSION**

232 TB drug regimens capable of eradicating persistent bacilli likely have the greatest clinical  
233 value to shorten the treatment duration and reduce relapse rate. In this study, the efficacy of a

234 dose range for rifampicin in the standard drug regimen was studied and CF-dependent  
235 persisters were quantified at the time points when cfu count free organs were reached in the  
236 Cornell mouse model. We intended to define if we could utilize CF-dependent persistent *M.*  
237 *tuberculosis* as a biomarker for assessment of TB treatment outcome. The Cornell model is a  
238 reliable surrogate for efficacy in tuberculosis focused on disease relapse, developed more  
239 than 60 years ago by McCune *et al.*<sup>22,23</sup> It has been used to assess the pharmacodynamics of  
240 TB drug regimens and pave the way for drugs from critical preclinical evaluation to clinical  
241 application.<sup>29</sup> Our previous results demonstrated that RPF-dependent bacilli constituted a  
242 major pool for disease relapse in the Cornell model.<sup>13</sup> It has been repeatedly shown that the  
243 standard rifampicin dose (10 mg/kg) regimen was unable to eliminate the undetectable  
244 persistent bacteria leading to a high disease relapse.<sup>8, 13, 24</sup> With high dose rifampicin (50  
245 mg/kg) regimen, treatment duration was shortened from 14 to 6 weeks and free of relapse.<sup>13</sup>  
246 This was attributed to the eradication of CF-responsive persistent bacilli from the infected  
247 organs. In this study, we showed that double the standard dose size of rifampicin failed to  
248 remove CF-dependent persisters at both 11 weeks and 14 weeks of treatment with a relapse  
249 rate of 33% (Table 5). When the drug reached 30 mg/kg, cfu count zero was achieved at 8  
250 weeks with low number of CF-dependent persisters and a further treatment period (up to 11  
251 weeks) was needed to sterilize the organs (Table 4). The regimens with rifampicin at 40 and  
252 50 mg/kg rendered true tubercle bacilli-sterility (negativity for both cfu count and CF-  
253 resuscitable bacteria) in lungs and spleens at 8 weeks of treatment.  
254 We present clear evidence that we were able to predict disease relapse by assessing CF-  
255 dependent persisters. For the first time, we demonstrated that in mice, rifampicin dose size of  
256 30 mg/kg (a minimum threshold) or higher was able to eradicate persistent bacilli leading to  
257 about 21 to 43% shortened treatment period with no disease relapse. Based on this  
258 observation, it may be argued that patients treated with higher than 30 mg/kg of rifampicin

259 are likely to achieve cfu count negative sputum faster with low number or no persistent  
260 bacteria leading to shortened treatment duration. This is evidenced in humans, that rifampicin  
261 at 35 mg/kg was able to improve time to stable culture conversion in liquid media<sup>20</sup> although  
262 treatment outcome is unknown in term of treatment duration and relapse. Our data offered a  
263 potential prediction of high dose rifampicin at 30 to 50 mg/kg to improve current clinical  
264 treatment, namely shortening the treatment duration and reducing relapse. This highly  
265 promising proof-of-principle work has pioneered a novel clinical method to identify and  
266 quantify persistent bacteria by RPF resuscitation to assess the clinical effectiveness of higher  
267 dose rifampicin in humans (A. Jindani, St George's University of London, personal  
268 communications).

269 In addition, we demonstrated that rifampicin in combination with isoniazid and pryzinimide  
270 showed a linear relationship between its dose level and plasma exposure (Cmax and AUC) in  
271 both uninfected and infected mice. We also showed that the plasma exposures of rifampicin  
272 were similar in both infected and uninfected animals (Fig. 2). The drug exposures were about  
273 two fold higher than those in our previous and other group's reports.<sup>13, 14, 17, 19</sup> Importantly,  
274 the rifampicin dose linearity of plasma exposure coincided with the linear trend in cfu count  
275 elimination (Fig. 1). There was a clear linearity of the bacterial elimination rate constant as a  
276 measure of efficacy with increasing dose of rifampicin within the range of doses examined  
277 (Fig 1). Similarly, the dose-dependent drug exposure of rifampicin is closely associated with  
278 the persistent bacterial elimination at the time points when cfu counts were negative. The  
279 linear trend in elimination rate constant was in agreement with the deduction of persister  
280 counts and relapse rate, namely faster elimination rates at higher doses concurred with lower  
281 persister counts and lower relapse rates. The same may be true in humans because  
282 interestingly, the linearity of rifampicin plasma exposure with dose shown in this study is  
283 consistent with the linearity of rifampicin PK over the range of 10 to 35 mg/kg in humans.<sup>14</sup>

284 It has been shown that in the standard dose of rifampicin (10 mg/kg), 90% of the drug was  
285 bound to human plasma proteins<sup>30</sup> and 97% was bound to mouse proteins,<sup>19</sup> therefore, only  
286 a very low amount of free drug was able to diffuse into tuberculous lesions. Here we showed  
287 that increasing dose of rifampicin exhibited an accelerated dose-dependent eradication of  
288 persistent bacteria (Table 4). When rifampicin concentration was increased to 30 mg/kg and  
289 above, high blood C<sub>max</sub> and AUC were achieved, leading to higher levels of biologically  
290 available rifampicin which were able to kill persistent bacteria.<sup>13</sup>

291 The drug exposure and the unbound drug for the same dose size between mice and humans  
292 are different for rifampicin. In mice, AUCs and C<sub>max</sub> of rifampicin are at least threefold  
293 higher than those in humans. In contrast, the free fraction of the drug is almost threefold  
294 greater in humans than that in mice. This suggests that the levels of the active and free drug  
295 in mice leading to the greater efficacy shown in this study can be effectively reached in  
296 humans at the dose levels which were currently studied in human clinical trials.

297 The implication of our mouse data to patient's benefits must be taken with caution.  
298 Tuberculosis in humans and in mice differs in the histopathology of the disease. In humans,  
299 TB rarely kills the host in the initial infection. Active disease is associated with a wide range  
300 of granuloma lesions, including bacterial bearing, necrotic granulomas undergoing central  
301 liquefaction and large open cavities, as well as closed granulomas with central caseum,  
302 fibrotic and calcified lesions. In contrast, in the standard Cornell model, infection is initiated  
303 by a high dose of *M. tuberculosis* (10<sup>5</sup> cfu/mouse) and treatment is commenced 2 to 3 weeks  
304 after infection when adaptive immunity is just established. There are no granuloma-like  
305 structures in the lungs.

306 In conclusion, the current recommended dosage of rifampicin at 10 mg/kg is insufficient to  
307 kill persistent bacilli in the Cornell mouse model. Rifampicin at 30 mg/kg or higher in  
308 combination with isoniazid and pyrazinamide significantly shortened the treatment and

309 prevented disease relapse by removing persistent bacteria. PK exposure of rifampicin and the  
310 observed cfu elimination rate constants were both linear in the range of rifampicin doses from  
311 10 to 50 mg/kg in the combination therapy. Optimizing rifampicin to its maximal therapeutic  
312 efficacy with acceptable side-effect profiles will provide valuable information in human  
313 studies and can potentially revolutionize current tuberculosis chemotherapy.  
314

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325 None to declare

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403  
404

405 Figure legends

406 Figure 1. Treatment profiles of *M. tuberculosis* H37Rv with different dose size of rifampicin  
407 (R) in combination with isoniazid (H) and pyrazinamide (Z) in the Cornell mouse model. a.  
408 Elimination of cfu counts in lungs. b. Elimination of cfu counts in spleens. The solid arrow  
409 indicates the treatment starting at 3 weeks of post infection. The empty arrow indicates  
410 starting steroid treatment after the termination of 14 week therapy. c. Elimination rate  
411 constant against rifampicin doses in lungs. d. Elimination rate constant against rifampicin  
412 doses in spleens.

413 Figure 2. Rifampicin pharmacokinetic relationship between dose sizes and drug exposure in  
414 infected and uninfected mice. a. Linear relationship between rifampicin dose and C<sub>max</sub>. b.  
415 Linear relationship between rifampicin dose and AUC. c. Clearance of rifampicin with  
416 different dose sizes of the drug.

417

Table 1. Cornell model experimental design

Treatment groups <sup>a</sup>	No. of mice <sup>b</sup>	D0	D21	2W	4W	6W	8W	11W	14W	22W <sup>c</sup>
Control	8	4	4							
R10HZ	71			8	8	8	8	8	8	23
R20HZ	71			8	8	8	8	8	8	23
R30HZ	71			8	8	8	8	8	8	23
R40HZ	71			8	8	8	8	8	8	23
R50HZ	71			8	8	8	8	8	8	23

a Mice were intravenously infected at day 0. Treatment commenced at 21 days after infection. Dosages for each drug were as follows: rifampicin (R) 10, 20, 30, 40 or 50 mg/kg, isoniazid (H) 25 mg/kg and pyrazinamide (Z) 150 mg/kg.

b Total mice were infected and treated excluding natural death of the mice during the course of treatment

c 8 weeks of hydrocortisone treatment post 14 weeks of treatment

Table 2. Bactericidal and sterilizing activities of the experimental regimens against *M. tuberculosis* in mouse lungs and spleens

Organs	Time	Control	R10HZ	R20HZ	R30HZ	R40HZ	R50HZ
Lung	D0 <sup>a</sup>	4.36 ± 0.26					
	D21 <sup>b</sup>	6.93 ± 0.07					
	2 week <sup>c</sup>		5.58 ± 0.43	5.12 ± 0.14	4.68 ± 0.27	4.35 ± 0.29	4.00 ± 0.23
	4 week		4.58 ± 0.33	4.12 ± 0.06	3.35 ± 0.46	2.80 ± 0.41	1.99 ± 0.02
	6 week		3.71 ± 0.05	3.08 ± 0.52	1.88 ± 0.70	1.14 ± 0.62	0
	8 week		2.58 ± 0.27	1.95 ± 0.43	0	0	0
	11 week		1.01 ± 0.43	0	0	0	0
	14 week		0	0	0	0	0
Spleen	D0 <sup>a</sup>	5.30 ± 0.16					
	D21 <sup>b</sup>	7.43 ± 0.21					
	2 week <sup>c</sup>		6.36 ± 0.29	5.73 ± 0.96	5.07 ± 0.52	4.61 ± 0.56	3.94 ± 0.46
	4 week		5.20 ± 0.23	4.17 ± 0.48	3.24 ± 0.13	2.00 ± 0.48	1.40 ± 0.42
	6 week		3.65 ± 0.45	2.54 ± 0.49	1.69 ± 0.46	0	0
	8 week		2.34 ± 0.36	1.49 ± 0.53	0	0	0
	11 week		0.92 ± 0.46	0	0	0	0
	14 week		0	0	0	0	0

a. 2 hours post-infection. b. 21 days post-infection. c. week 2 post-treatment.

Zero cfu count from each drug regimen was derived from one third of tissue homogenate and limit detection was 3 cfu/organ.

The data presented as mean of 4 mice for the control and 8 mice for the treatment groups with standard deviation.

Table 3. Estimates of exponential rate constants during pre-treatment (knet\_no\_drug) and treatment (knet\_with\_drug) in mouse lungs and spleens

Treatment group	Elimination rate constant (wk <sup>-1</sup> )			
	Lungs		Spleens	
	est. <sup>a</sup>	%RSE <sup>b</sup>	est. <sup>a</sup>	%RSE <sup>b</sup>
R10HZ	-0.52	2.0	-0.56	3.4
R20HZ	-0.58	4.9	-0.69	6.3
R30HZ	-0.75	8.2	-0.88	5.4
R40HZ	-0.84	6.2	-1.32	6.7
R50HZ	-1.07	5.2	-1.40	6.9

<sup>a</sup> estimate. <sup>b</sup> percentage relative standard error.

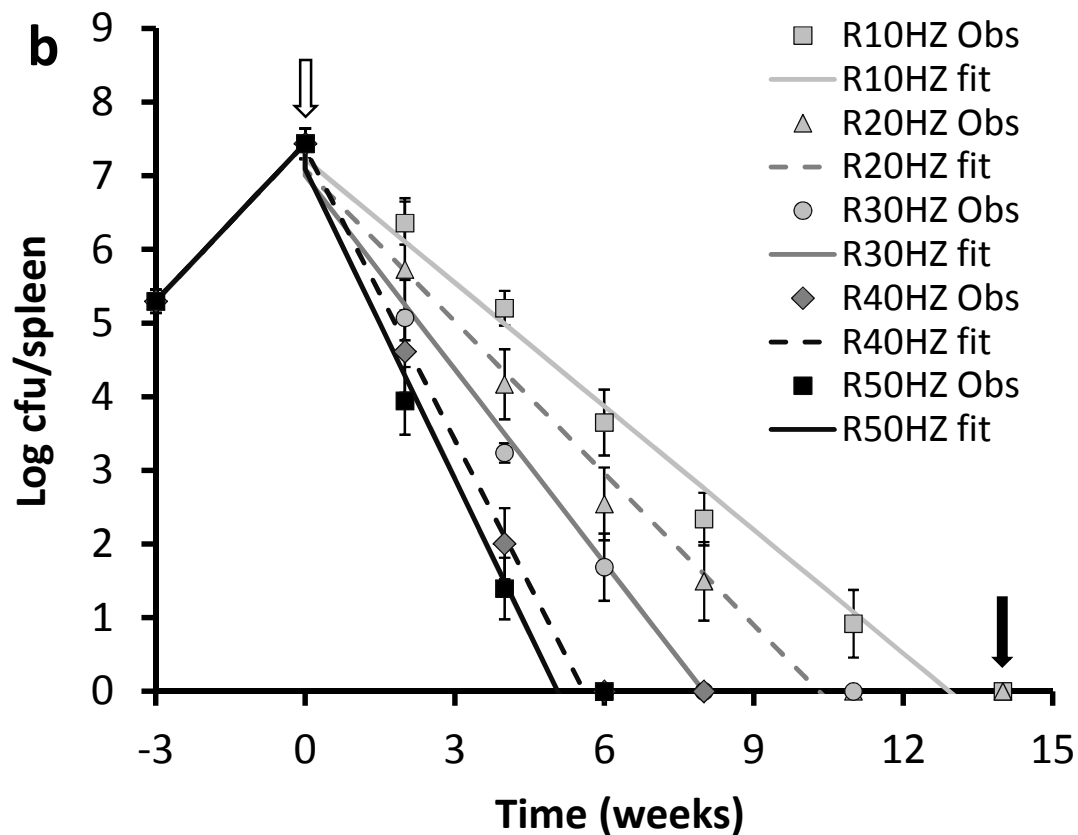
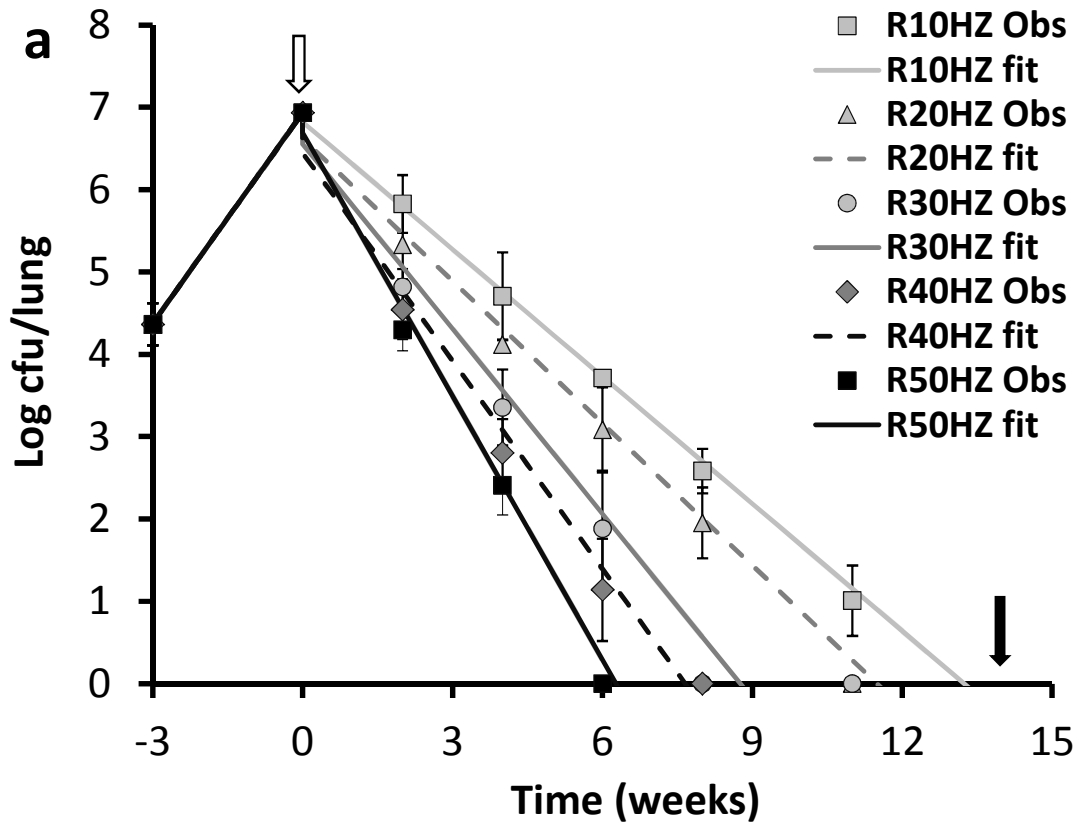
Table 4. Resuscitation of *M. tuberculosis* H37Rv in mouse lungs and spleens in the Cornell mouse model after treatment with regimens containing different doses of rifampicin

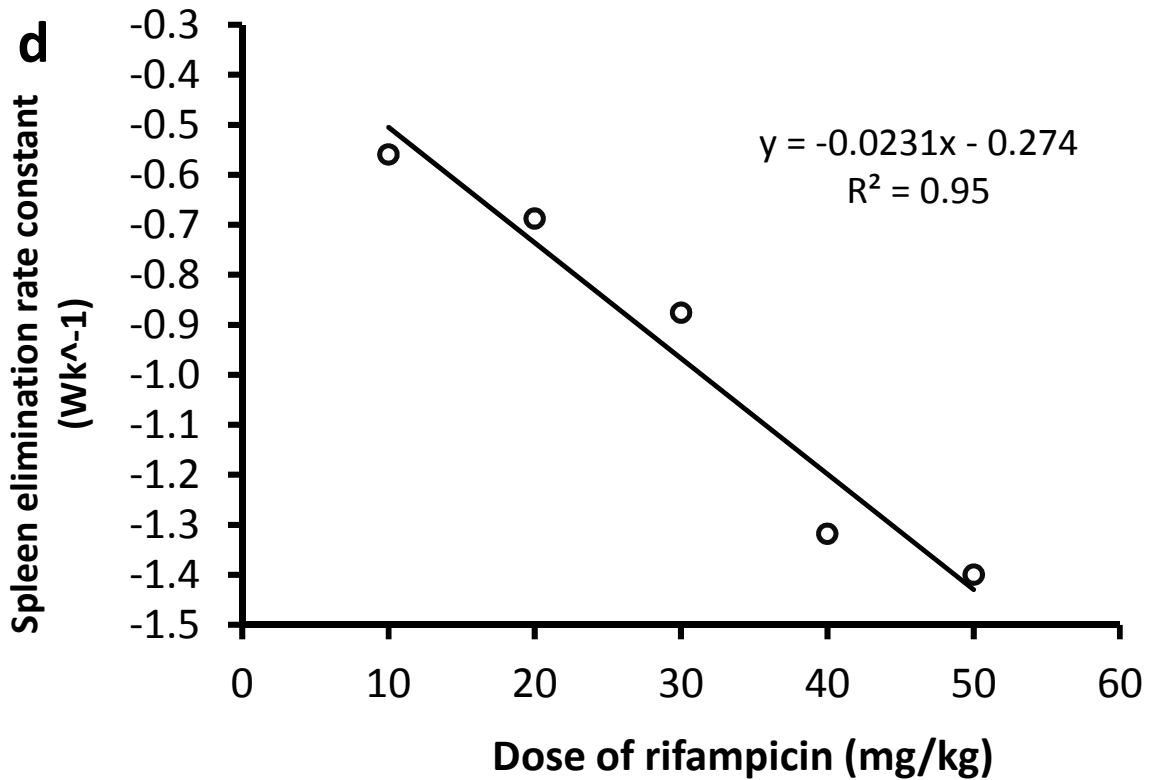
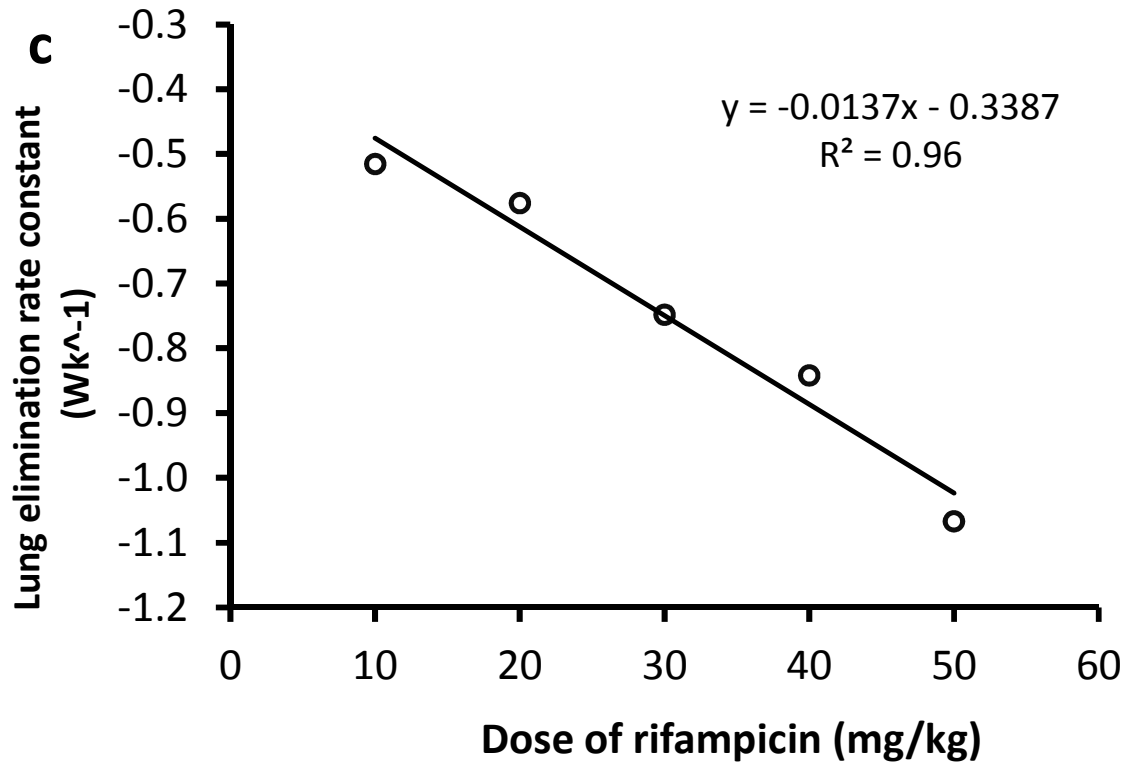
Organs	Weeks of treatment	MPN counts (CF) <sup>a</sup>				
		R10HZ	R20HZ	R30HZ	R40HZ	R50HZ
Lung	6	-	-	-	-	1 ± 4
	8	-	-	9 ± 9	0	0
	11	-	90 ± 30	0	0	0
	14	245 ± 28	20 ± 23	0	0	0
Spleen	6	-	-	-	-	3 ± 5
	8	-	-	18 ± 10	0	0
	11	-	122 ± 83	0	0	0
	14	308 ± 440	58 ± 21	0	0	0

<sup>a</sup>determined by MPN of the diluted organ homogenies (n=8) with the culture filtrates, mean MPN ± standard deviations. Broth counts were derived from one third of tissue homogenate and calculated to represent the MPN of entire organ. The limit of detection was 1 MPN/organ. -, Colony count positive and MPN counts not performed organs.

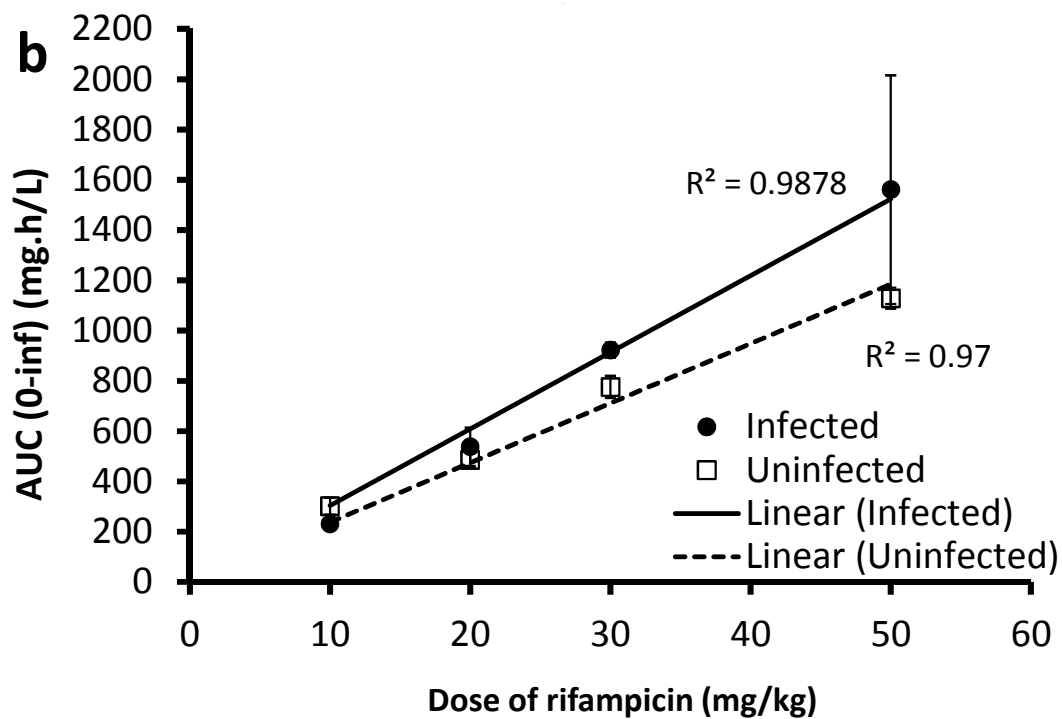
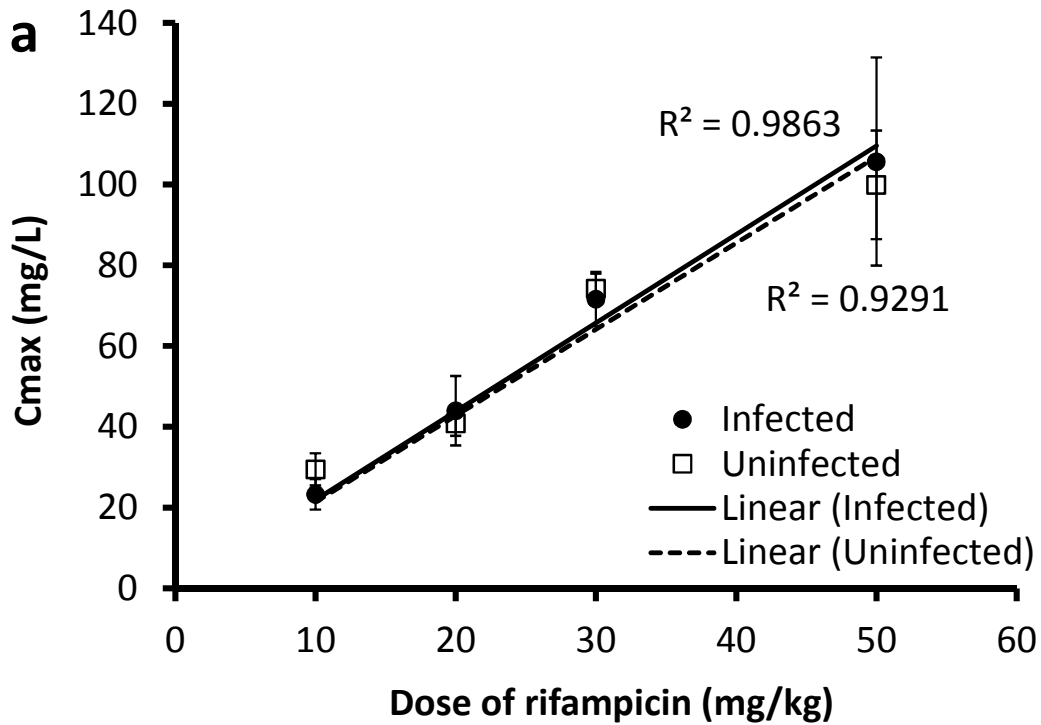
Table 5. Relapse rates of mice after treatment with regimens containing different doses of rifampicin for 14 weeks

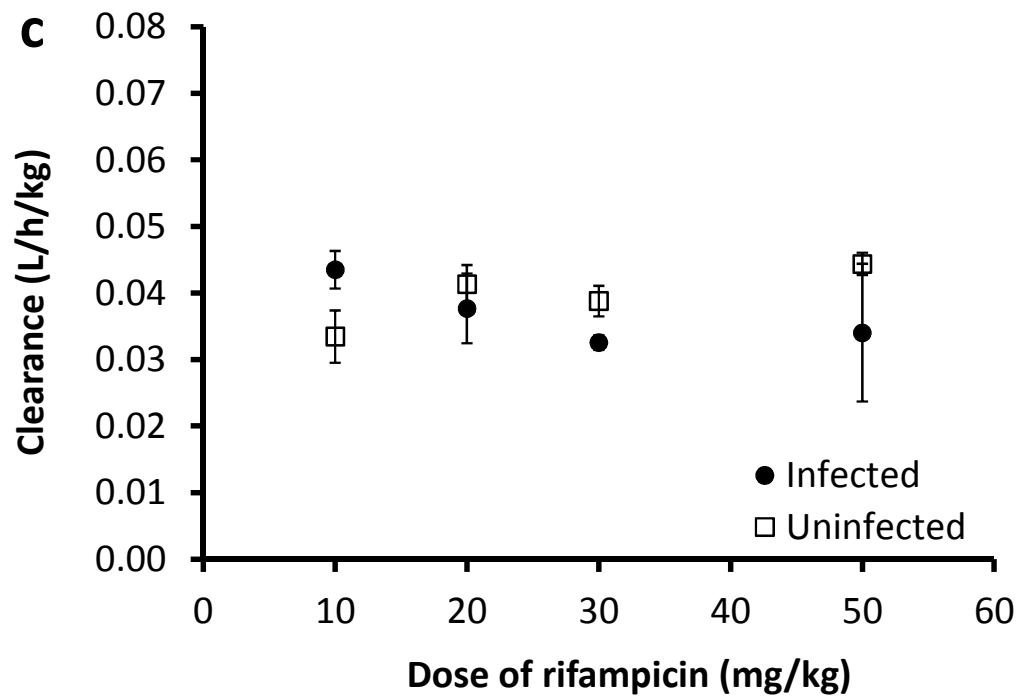
CFU counts detected from	R10HZ	R20HZ	R30HZ	R40HZ	R50HZ
Both organs	6	1	0	0	0
Lungs	7	5	0	0	0
Spleens	6	2	0	0	0
Negative organs	3	16	22	23	22
Total mice	22	24	22	23	22
% relapse	86.36	33	0	0	0











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