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1 **A nanostructural view of the cell wall disassembly process during fruit**
2 **ripening and postharvest storage by atomic force microscopy**

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24 **ABSTRACT**

25

26 *Background:* The mechanical properties of parenchyma cell walls and the strength and extension
27 of adhesion areas between adjacent cells, jointly with cell turgor, are main determinants of
28 firmness of fleshy fruits. These traits are modified during ripening leading to fruit softening. Cell
29 wall modifications involve the depolymerisation of matrix glycans and pectins, the solubilisation
30 of pectins and the loss of neutral sugars from pectin side chains. These changes weaken the cell
31 walls and increase cell separation, which in combination with a reduction in cell turgor, bring
32 about textural changes. Atomic force microscopy (AFM) has been used to characterise the
33 nanostructure of cell wall polysaccharides during the ripening and postharvest storage of several
34 fruits. This technique allows the imaging of individual polymers at high magnification with
35 minimal sample preparation.

36 *Scope and approach:* This paper reviews the main features of the cell wall disassembly process
37 associated to fruit softening from a nanostructural point of view, as has been provided by AFM
38 studies.

39 *Key findings and conclusions:* AFM studies show that pectin size, ramification and complexity is
40 reduced during fruit ripening and storage, and in most cases these changes correlate with
41 softening. Postharvest treatments that improve fruit quality have been proven to preserve pectin
42 structure, suggesting a clear link between softening and pectin metabolism. Nanostructural
43 characterisation of cellulose and hemicellulose during ripening has been poorly explored by
44 AFM and the scarce results available are not conclusive. Globally, AFM could be a powerful
45 tool to gain insights about the bases of textural fruit quality in fresh and stored fruits.

46

47 *Keywords:* atomic force microscopy, cell wall, hemicellulose, fruit softening, fruit texture,
48 pectins, postharvest

49

50 **1. Introduction**

51

52 Fleshy fruits represent an important component of human and animal diet as a source of fibre,
53 minerals, and phytonutrients. Fruit are also an important source of cell wall polysaccharides,
54 specially pectins, used in food industry as modifiers of food products and/or as dietary
55 supplements with health benefits (Harris & Smith, 2006). Recently, by-products and wastes of
56 fruit industry has received attention as a source of biomaterials, e.g. 3D-matrices for cell culture
57 (Munarin et al., 2011), cell delivery vehicles (Neves et al., 2015), bionanocomposites for food-
58 packaging (Oliveira et al., 2017). As a group, fleshy fruits have a varied botanical origin;
59 however, all of them undergo a genetically controlled program of tissue differentiation, fruit
60 ripening that includes the production of aromatic compounds, colour changes and flesh
61 softening. The final ripe product is an edible fruit which promotes seed dispersal. Fruit ripening
62 is a major physiological process for the reproduction of flowering plants, and from an
63 agricultural point of view, is also a key process which confers positive qualities to the fruit,
64 making them marketable and palatable for human consumption. As stated before, fruits develop
65 changes in texture during ripening but the over softening, and subsequent increased pathogen
66 susceptibility, leads to important postharvest spoilage and economic losses. Therefore, the
67 inhibition or delay of these negative consequences of fruit ripening remains a major challenge to
68 breeders and fruit physiologists.

69 In the market, texture is the principal fruit quality attribute (Goulao & Oliveira, 2008), being
70 firmness and juiciness the most important textural properties for the consumers (Toivonen &
71 Brummell, 2008). The definition of texture is complex because entails several attributes which
72 determine the feel of food within the mouth and also the way these attributes can be measured
73 (Harker, Stec, Hallett & Bennett, 1997; Bourne, 2002). Fleshy fruits have been classified in two
74 texture categories, those that develops a melting texture at ripe stage, with a short postharvest life
75 and a poor relationship between firmness at harvest and after storage (e.g. peach, apricot, melon,
76 plum, kiwifruit, tomato, strawberry) and those that soften moderately and preserve a crisp,
77 fracturable texture as they ripen, with longer storage life and a close relationship between
78 firmness at harvest and after storage (e.g. apple, quince, nashi pear, cranberry, watermelon)
79 (Mercado, Pliego-Alfaro & Quesada, 2011).

80 Texture of fleshy fruits is a complex trait which depends on shape, size and turgor of
81 parenchyma cells (closely related to cell wall thickness and strength), the extension and strength
82 of adhesion areas between adjacent cells, which mostly relies on the middle lamella, and the
83 presence of non-parenchyma cells, most of which containing thickened walls (epidermal cells,
84 vascular elements, fibers and sclereids) (Harker et al., 1997). During ripening, the disassembly of
85 parenchyma cell walls modifies their mechanical properties and the dissolution of the middle
86 lamella reduces cell adhesion. These modifications, together with a loss of turgor pressure, lead
87 to fruit juiciness and softening (Harker et al., 1997; Toivonen & Brummell, 2008) (Fig. 1). In
88 fruits with thick and well developed cuticles such as tomato or grape, the decrease of turgor may
89 be a primary cause of softening (Saladié et al., 2007; Castellarin et al., 2016).

90 The disassembly of cell wall polymers and the dissolution of the middle lamella during fruit
91 softening are mainly promoted by the coordinated action of cell wall degrading enzymes or

92 proteins, involving more than 50 cell wall structure related genes (Goulao & Oliveira, 2008;
93 Mercado et al., 2011; Gapper, McQuinn & Giovannoni, 2013). The non-enzymatic degradation
94 of cell wall pectins by hydroxyl radicals oxidation has also been suggested (Airianah, Vreeburg
95 & Fry, 2016). How cell wall polysaccharides entangles to form the highly dynamic structure that
96 shaped plant cells is still largely unknown and a deeper knowledge about polysaccharide
97 structure and composition is critical to understand the process of fruit softening.

98 Atomic force microscopy (AFM) has been traditionally used in food science as an imaging
99 tool to study food macromolecules and colloids (Gunning & Morris, 2017). In recent years, this
100 technique has also been employed to study a complex biological process such as fruit ripening,
101 focusing mainly in the role of pectin modifications during fruit softening (Paniagua et al., 2014).
102 The major focus of this review is to summarise the insights gained through AFM on the
103 structural features of cell wall polysaccharides and their modifications during fruit ripening and
104 postharvest, to correlate cell wall nanostructural characteristics with the mechanical properties of
105 the fruit.

106

107 **2. Cell wall composition, structure and analysis**

108 Fleshy fruit tissues are mainly formed by parenchyma cells with a thin primary wall. In
109 dicotyledonous and some monocotyledonous, Type I primary cell wall comprises a load-bearing
110 cellulose-matrix glycan framework embedded in a more soluble matrix of pectic
111 polysaccharides, joint with small amounts of glycoproteins, low-molecular weight compounds
112 and ions (Willats, McCartney, Mackie & Knox, 2001). Composition of primary cell wall in dicot
113 plants consists in 30% each of cellulose, matrix glycans and pectins, plus a 1-10% of structural
114 proteins. However, pectins can account up to 60% of cell wall mass in fleshy fruits (Redgwell et

115 al. 1997a; Prasanna, Prabha & Tharanathan, 2007). Fruit cell walls have also a high water
116 content.

117 Cellulose, the main component of the cell wall, is constituted by a linear chain of 500 to 7500
118 β -(1-4) linked D-glucose monomers. Several cellulose chains (more than 30 parallel chains)
119 associate by hydrogen bonds to constitute microfibrils. The matrix glycans, also known as
120 hemicelluloses, include a group of neutral or weakly acidic polysaccharides characterized by
121 (1 \rightarrow 4)- β - linked backbones of glucose (Glc), xylose (Xyl) or mannose (Man), decorated with
122 neutral or slightly acid sugar side chains (Scheller & Ulvskov, 2010). The most abundant
123 hemicellulosic component in dicot is xyloglucan (XyG), linear chains of (1 \rightarrow 4)- β -D-glucose
124 with numerous Xyl units linked at regular sites to the O-6 position of Glc units. Xyloglucans
125 bind tightly to the surface of the cellulose microfibrils by hydrogen bonds and are long enough to
126 span the 20-40 nm distance between adjacent microfibrils, linking them together forming a
127 network (Park & Cosgrove, 2012).

128 Pectins, polymers largely composed of D-galacturonic acid (GalA), are among the most
129 complex macromolecules found in nature (Voragen, Coenen, Verhoef & Schols, 2009) and this
130 complexity is very well reflected in all their biological functions; in the middle lamella, where
131 polyuronides are the main component, regulate cell adhesion (Willats et al., 2001); in the
132 primary cell wall, these polymers conform a highly hydrated matrix that determines wall
133 porosity, provides charged surfaces that modulate pH and ion balance, and they are the source
134 for different signalling molecules involved in many biological responses, including fruit
135 ripening. Pectins are a source of soluble and insoluble fibre, as well as functional ingredient in
136 processed foods. In addition to the health benefits of dietary fibre, new health claims have
137 emerged, related to the bio-active roles of modified pectins as anti-cancer agents (Morris,

138 Gromer, Kirby, Bongaerts & Gunning, 2011; Maxwell, Belshaw, Waldron & Morris, 2012).
139 These polysaccharides are also important in the food industry as gelling and thickening agent
140 (Sila et al., 2009).

141 Pectins are distributed in three main domains: homogalacturonan (HG), rhamnogalacturonan I
142 (RGI) and rhamnogalacturonan II (RGII). HG is the most abundant pectin, accounting for 50-
143 90% of total polyuronide amount in cell walls (Yapo, 2011a). This polymer is formed by a linear
144 backbone of 100-200 GalA units linked by α -(1 \rightarrow 4) glycosidic bonds. The HG is synthesized in
145 the Golgi as a high methyl-ester at the C-6 carboxyl residues, and deposited in the cell wall with
146 a 70-80% degree of methyl-esterification (Willats et al., 2001) plus lower degrees of additional
147 acetylation on O-3 or O-2 at the same or different GalA residues. De esterification of methyl
148 groups allows pectin gel formation through the parallel cross-link of HG chains by calcium in a
149 multipolymer assembly called egg-box structure. Xylogalacturonans (XGA), substituted-HG
150 with single xylose residues and/or small xylose side chains, 2-8 residues, are also abundant in
151 storage tissues of reproductive organs (Yapo, 2011a). RGI are highly ramified pectins formed by
152 a backbone of the disaccharide (1 \rightarrow 2)- α -L-rhamnose-(1 \rightarrow 4)- α -D-galacturonic acid, with 20-
153 80% of rhamnose residues substituted at O-4 or O-3 positions with arabinan, galactan or
154 arabinogalactan side chains (Willats et al., 2001; Yapo, 2011b). The number of lateral residues
155 varies from a single glycosyl residue to 50 or more, producing a highly variable family of
156 polysaccharides. RGI polyuronides are frequently known as hairy regions in comparison with the
157 smooth region of HG. Finally, RGII is a branched polymer composed of 9 GalA residues
158 containing four heteropolymeric side chains with more than 20 uncommon sugar residues, which
159 glycosyl sequence is highly conserved in all vascular plants (Matsunaga et al., 2004; O'Neill,
160 Ishii, Albersheim & Darvill, 2004). RGII is present in the cell wall as dimers covalently cross-

161 linked by a borate diester. Most of the RGII domains *in muro* are dimerised by tetrahedral B-
162 bridges involving the O-2 and O-3 apiosyl residues of side chain A in each RGII monomer
163 (O'Neill et al., 2004; Yapo, 2011a; Chormova, Messenger & Fry, 2014).

164 Despite the chemistry and basic structure of each pectin family is well established, there are
165 several hypothetical models about how pectin domains are interconnected: i) the “smooth and
166 hairy regions” model shows the pectin as a HG linear backbone, interspersed with rhamnosyl
167 residues, alternated with branched RGI regions (Voragen et al., 2009); ii) the “RGI backbone
168 model” suggests that RGI is the main pectin backbone, and linear HG would be side chains of
169 the RGI core (Vincken et al., 2003); iii) the more complex “living-thing like” model depicts the
170 pectin as a RGI backbone connected with two unbranched HG blocks at the extremes (Yapo,
171 2011a); iv) a more recent model shows pectin as a HG domain, unbranched or with few number
172 of HG branches, linked to a RGI core of lower length (Paniagua et al., 2017a). The localization
173 of the different pectin domains *in muro* is also unknown. HG is generally believed to be
174 surrounding the cells, with the calcium pectate confined to the middle lamella and cell corners;
175 RGI would be located in the primary cell wall, likely coating microfibril surfaces to interlink
176 both, pectin and cellulose-glycan cell wall networks; RGII seems to be widespread in the wall
177 except in the middle lamella (Vincken et al., 2003).

178 As occur for pectin domains, interactions among the different cell wall components and its
179 spatial localization *in muro* are still under debate. Classically, the “tethered network model”
180 shows XyG coating the surface of separated microfibrils and spanning the distance between
181 adjacent microfibrils, while pectic polymers is an independent phase embedding the cellulose-
182 XyG network (Park & Cosgrove, 2012). This model emphasizes the XyG tethers as key
183 determinants of cell wall biomechanics. However, some experimental results, such as the almost

184 normal phenotype of an *Arabidopsis* mutant deficient in XyG (Cavalier et al., 2008), the failure
185 of xyloglucan-specific endoglucanase to induce cell wall creep in hypocotyls (Park & Cosgrove,
186 2012), the evidences of direct pectin-cellulose crosslinks (Zykwinska, Thibault & Ralet, 2008;
187 Wang, Park, Cosgrove & Hong, 2015), or the key role of pectinase enzymes in texture of some
188 fruits (Atkinson et al., 2012; Posé et al., 2015; Uluisik et al., 2016) have challenged this
189 hypothesis. Park and Cosgrove (2012) proposed a novel model suggesting the presence of
190 regions of close contact between cellulose microfibrils, referred as biomechanical “hot spots”,
191 mediated by XyG, together with a major occurrence of pectin-cellulose interactions than
192 previously hypothesized.

193 As regards cell wall analysis, most studies involve the isolation and purification of its
194 components by solubilisation in extractants of increasing astringency. The first step usually
195 involves the use of solvents to prevent endogenous enzyme degradation of fruit tissue
196 homogenates and isolate cell wall extracts, like boiling alcohols or phenol based solutions. Once
197 cell wall material is isolated, the residue is sequentially extracted by solutions of increasing
198 astringency to produce fractions enriched in a specific wall component. Usually these solutions
199 are (1) water, yielding pectins freely soluble in the apoplast and solubilized by *in vivo* processes
200 (Redgwell, Melton & Brasch, 1992); (2) chelating agents, e.g. imidazole or trans-1,2-
201 diaminocyclohexane-N,N,N’N’-tetraacetic acid (CDTA), solubilizing pectins ionically bound to
202 the cell wall; (3) a weak alkali like sodium carbonate, releasing pectins covalently bound to the
203 primary wall; (4) dilute and concentrated strong alkalis (e.g. sodium or potassium hydroxide at
204 1M and 4M), solubilizing matrix glycans loosely and tightly bound to the cell wall, respectively;
205 (5) and cellulose solvents (e.g. cadoxen) to solubilize matrix glycans and pectins imbricated into
206 the amorphous surface of cellulose microfibrils. The residue after this sequential extraction is

207 mainly composed by pure cellulose. Although these cell wall fractions are based on their
208 different chemical solubility, they are still representative of particular polymers moieties *in*
209 *muro*. Thus, first solutions (phenol and water) extracts polysaccharides that are readily soluble or
210 poorly bound to the matrix; chelating agents extract pectins rich in HG from middle lamella;
211 mild alkalis like Na_2CO_3 extracts pectins covalently bound to the wall and enriched in neutral
212 sugars, probably from the primary cell wall; strong alkalis solubilise xyloglucans. Main
213 drawback of this method is the disruption of some bonds during the extraction, so the structural
214 integrity of the wall is lost. Alternatively, *in situ* analysis of the cell wall can be performed by
215 different analytical techniques (Vicente, Saladié, Rose & Labavitch, 2007a). AFM has also been
216 applied on cell walls *in situ* (Routier-Kierzkowska et al., 2012; Kafle et al., 2014), although most
217 results gathered until now using this microscope are from the analysis of isolated cell wall
218 fractions and these will be the main focus in this review.

219

220 **3. Cell wall disassembly is one of the major determinant factor of fruit shelf life**

221 Softening during fruit ripening is mainly associated with the dissolution of the middle lamella
222 and the modification of the composition and structure of polymers present in the primary cell
223 wall (Brummell, 2006; Goulao & Oliveira, 2008; Mercado et al., 2011). In general, the cell wall
224 disassembly process involves the depolymerisation of matrix glycans, the solubilisation and
225 depolymerisation of pectins and the loss of neutral sugars from pectin side chains (Fig. 1). The
226 extension of these changes varied greatly among different fruits (Mercado et al., 2011), and, in
227 general, no one of these processes fully correlates with the softening event.

228 Cell wall and cellulose content slightly decrease during ripening in most fruits, although
229 cellulose cristallinity is not significantly altered during ripening or in fruit cultivars of

230 contrasting firmness (Koh, Melton & Newman, 1997; Newman and Redgwell, 2002; Ng et al.,
231 2014). Depolymerisation of loosely or tightly bound XyG is common to many fruits and,
232 according to Brummell (2006), this is the cell wall modification that most closely correlate with
233 softening. In peach, XyG depolymerisation is one of the early events during softening
234 (Brummell, Del Cin, Crisosto & Labavitch, 2004). However, some fruits, such as apple or
235 papaya, ripen in the absence of XyG depolymerisation (Percy, Melton & Jameson, 1997; Shiga
236 et al., 2009), and in soft fruits such as raspberry and strawberry, this process is absent or cultivar
237 dependent (Rosli, Civello & Martinez, 2004; Vicente, Ortugno, Powell, Greve & Labavitch,
238 2007b). Additionally, functional analyses of genes encoding endo- β -1-4-glucanases, which
239 substrates are thought to be XyG, glucomannans and integral and peripheral regions of non-
240 crystalline cellulose (Brummell & Harpster, 2001), have failed to found any significant effect of
241 gene suppression or overexpression in fruit softening (reviewed in Mercado et al., 2011).

242 Although the contribution of XyG depolymerisation to fruit softening is controversial, the
243 rearrangement and/or disentanglement of the cellulose-XyG network seems to play a major role
244 in this process. The loss of the structural integrity of the XyG matrix due to the action of specific
245 xyloglucan endotransglycosylase/hydrolase (XTH) enzymes has been suggested as a primary
246 cause of softening (Miedes, Herbers, Sonnewald & Lorences, 2010). The XTH genes encode
247 proteins that can potentially have XyG endo-transglycosidase activity, non-hydrolytic cleavage
248 and ligation of XyG chains, and endo-hydrolase activity, yielding irreversible chain degradation
249 (Eklöf & Brumer, 2010). XTH comprise a large gene family with temporal- and tissue-specific
250 expression patterns, playing distinct roles in the cell wall (Eklöf and Brumer, 2010). Recently,
251 two groups of XTH genes have been identified in persimmon (Han et al., 2017) and apple
252 (Zhang et al., 2017a), one involved in the maintenance of the cell wall during fruit growth and

253 the other one involved in the cell wall disassembly during fruit ripening. Expansins are a second
254 group of proteins that alter the cellulose-XyG network. These proteins disrupt non-covalent
255 interactions between hemicelluloses and cellulose microfibrills promoting cell wall loosening
256 and extension. In most fruits analysed, expansins are encoded by multigene families whose
257 members show different expression pattern, being either related to the fruit growth or to the
258 ripening process (Mercado et al., 2011). Evidences for a key role of expansin in fruit softening
259 have been obtained by the manipulation of *SExp1* gene expression in tomato, both in transgenic
260 plants (Brummell et al., 1999) and in mutants induced by TILLING (Minoia et al., 2016). The
261 suppression of this gene moderately increased fruit firmness, whereas transgenic overexpression
262 increased softening. However, these texture phenotypes were not linked to the same modification
263 of the cell wall. The increased firmness was related to a lower depolymerisation of chelated
264 pectins in the transgenic suppressed plants (Brummell et al., 1999) but to a modification of
265 hemicellulose structure in the TILLING mutants (Minoia et al., 2016). By contrast, the increased
266 softening of *SExp1* overexpressed was associated to a higher xyloglucan depolymerisation early
267 in ripening, without affecting pectin depolymerisation (Brummell et al., 1999). Therefore, the
268 role of expansins in softening remains uncertain.

269 Pectin are extensively modified during fruit ripening, being subjected to solubilisation and, in
270 several fleshy fruits, also depolymerisation. Pectin solubilization comprises an increase in the
271 content of pectins loosely bound to the cell wall, mainly those extracted with phenol-acetic acid-
272 water (PAW) or water, and in some cases also chelated pectins, which takes place in parallel to a
273 decrease in the amount of covalently bound pectins (Paniagua et al., 2014). Apparently, pectin
274 solubilisation occurs at the expense of polyuronides more tightly linked to the walls (Brummell,
275 2006). The disentanglement of the pectin network may also facilitate the swelling of the cell wall

276 due to the penetration of water into enlarged intermicrofibrillar spaces (Redgwell et al., 1997a).
277 This process would allow increased mobility of wall enzymes within cell wall matrix and
278 increased accessibility of hydrolytic enzymes to their substrates (Brummell, 2006). Pectin
279 solubilisation could be directly related with the texture of ripe fruits, since those fruits with a
280 melting texture, such as avocado, kiwifruit, blackberry, tomato, persimmon, melon, peach or
281 strawberry, show a high to moderate solubilisation, while in those fruit with a crisp texture at
282 ripening, eg. apple, watermelon or nashi pear, pectin solubilisation is low or undetectable
283 (Mercado et al., 2011). Even in this last type of fruits, a lower pectin solubilisation has been
284 associated to lower softening rates in cultivars of contrasting softening behavior (Ng et al.,
285 2015).

286 The reasons for the solubilisation of pectins are unclear and several hypotheses have been
287 proposed. Neutral side chains from RGI might anchor pectins to the wall either by physical
288 entanglement with other wall polymers or by binding to matrix glycans and cellulose
289 (Zykwinska et al., 2008). The marked loss of arabinose and galactose detected during the
290 ripening of many fruits (Redgwell et al., 1997b), could weaken the pectin network. It is
291 noteworthy that the silencing of a β -Galactosidase gene reduces fruit softening in strawberry
292 (Paniagua et al., 2016). It has been suggested that Gal loss takes place mostly in arabinogalactan
293 pectins loosely bound to XyG (Paniagua et al., 2016). However, neutral sugar loss and pectin
294 solubilisation does not correlate in some fruits; for example, plum shows extensive solubilisation
295 with no loss of arabinose or galactose, while apple and nashi pear display an extensive loss of
296 galactose but very slight pectin solubilisation (Redgwell et al., 1997b).

297 Depolymerisation of chelated and/or covalently bound pectins might also cause solubilisation
298 although this process is not as general as polyuronide solubilisation. Additionally, pectin

299 depolymerisation usually takes place at later stages of ripening (Mercado et al., 2011). Some
300 fruits display a substantial loss of high molecular weight polyuronides, e.g. avocado, tomato,
301 peach, kiwifruit (Redgwell et al., 1997a; Brummell et al., 2004), while others display low to
302 moderate depolymerisation of bound pectins, e.g. strawberry, blueberry, melon, apple (Redgwell
303 et al., 1997a; Rose, Hadfield, Labavitch & Bennett, 1998; Vicente et al., 2007b; Paniagua et al.,
304 2017b). Depolymerisation is also lower in non-melting peach cultivars when compare with
305 melting cultivars (Yoshioka, Hayama, Tatsuki & Nakamura, 2011). Suppression of pectinase
306 gene expression reduces softening in fruits with quite different textural properties. In strawberry,
307 a soft fruit, the downregulation of a pectate lyase or a polygalacturonase gene, both cleaving
308 glycosidic bonds of demethylesterified HG but with different enzymatic mechanisms, resulted in
309 fruits significantly firmer than the control at the ripe stage (Jiménez-Bermúdez et al., 2002;
310 Quesada et al., 2009). Cell wall of transgenic fruits showed less depolymerisation of bound
311 pectins as well as a lower degree of pectin solubilisation (Santiago-Doménech et al., 2008; Posé
312 et al., 2013). Although earlier works only found minor effects of polygalacturonase antisense
313 silencing on tomato fruit firmness, a recent report indicates that pectate lyase also plays a key
314 role on softening in this fruit (Ulusik et al., 2016). Pectin depolymerisation by
315 polygalacturonases also seems to determine firmness in fruits with a crisp texture like apple
316 (Atkinson et al., 2012).

317 During ripening, many fruits undergo a progressive demethylesterification of HG induced by
318 the expression of pectin methylesterase genes (Prasanna et al., 2007; Goulao & Oliveira, 2008).
319 This pectin modification might create large regions of negatively charged side groups which
320 would contribute to the loosening of pectins by electrostatic repulsion (Brummell, 2006).
321 However, functional studies of pectin methylesterase genes failed to find an effect of these genes

322 on fruit firmness (Wen, Ström, Tasker, West & Tucker, 2013). The synthesis of more freely
323 soluble forms of pectins as the fruit ripens and the degradation of the RGI backbone by
324 rhamnogalacturonases (Molina-Hidalgo et al., 2013) have also been suggested to explain pectin
325 solubilisation.

326 Besides ripening, processing fruit into different food products substantially alters cell wall
327 polysaccharide structure and subsequently the mechanical properties of the product.
328 Technological processes aiming to alter the texture of processed fruits, which has been called
329 “texture/rheology engineering”, are mainly focused on pectin changes (Sila et al., 2009; Van
330 Buggenhout, Sila, Duvetter, Loey & Hendrickx, 2009).

331 Summarising, both hemicellulose and pectin networks are modified during ripening although
332 the mechanisms involved in these processes are largely unknown. Functional analyses of
333 ripening specific genes encoding cell wall proteins point out to the disentanglement of pectins as
334 a major event regulating fruit firmness and shelf life. However, this hypothesis should be taken
335 with care since these assays have been carried out in a limited number of species. The
336 characterization of primary walls at the nanostructural level by AFM would shed light on how
337 cell wall polymers are processed during softening. The potential of this approach to provide
338 better knowledge of fruit ripening is discussed in the next sections.

339

340 **4. AFM analysis of cell wall disassembly during fruit ripening**

341 *4.1 AFM fundamentals*

342 The use of AFM in food science started shortly after its invention and nowadays is a well-
343 established technology in this field. Instead of optical lenses, AFM relies on a sharp tip that
344 raster the surface of the sample to renders topographical images at molecular level. Briefly, the

345 tip is mounted on a flexible cantilever that act as a spring and deflects over the roughness of
346 surfaces; a piezoelectric device controls the movements and force exerted by the tip and allows
347 the nanometric adjustment in real time to keep both tip and sample in a very close contact during
348 the scan. The nanoscale movements are transduced and amplified by a laser beam deflection over
349 an optical quadrant, and further amplified and converted to topographical images by a computer
350 connected in line. More details about the AFM setup and operational modes are described
351 elsewhere (Morris, Kirby & Gunning, 2010). AFM sample preparation is minimal and can be
352 performed either on air or liquid which allows AFM scanning under physiological conditions,
353 rendering a perfect match between AFM and research in Biology. Figure 2 shows schematically
354 main applications of AFM in the study of fruit ripening. Particularly important is the ability of
355 AFM to identify isolated single polymers in a sample due to its unique imaging acquisition
356 through the measurement of spatial parameters in three dimensions. Thus, the topographical
357 information of AFM images allows the differentiation between true branch points or
358 superpositions of two molecules, just checking the height value at the apparent branch point,
359 which will remain the same as the main backbone height in case of true branch points (Round,
360 Rigby, MacDougall, Ring & Morris, 2001).

361 An increasing application of AFM is its capacity to probe forces at nanometer scale. This
362 microscope can be used as a “molecular force inducer” to analyse molecular binding features
363 between molecules or large colloidal particles (Gunning & Morris, 2017). Also as a force
364 transducer, AFM could be used as a “cellular texturometer”, able to probe *in vivo* plant tissue
365 mechanics at cellular level. This application, named cellular force microscopy (Routier-
366 Kierzkowska et al., 2012), is able to simultaneously assess and manipulate tissue mechanics.

367 Despite its potential, the AFM assessment of molecular binding among cell wall polymers has
368 been poorly explored.

369 Until now, cell walls from a variety of fruits have been visualised by AFM, resolving
370 nanostructural conformation (height, length, branching, polymer aggregation) of its isolated cell
371 wall polysaccharides. The structural data at nanoscale add new cues about the potential role of
372 each cell wall component in the fruit mechanical properties. A summary of these studies is
373 shown in Table 1.

374

375 *4.2 Nanostructural analysis of fruit cellulose and matrix glycans*

376 Few AFM data about the disentanglement of the cellulose-hemicellulose network or the
377 disassembly of hemicellulose during fruit softening are available. These polymers have mainly
378 been studied in growing tissues such as hypocotyl or coleoptiles. In these organs, cellulose
379 microfibrils appear as wavy but mostly parallel ordered fibers (Ding et al., 2012; Kafle et al.,
380 2014). Recently, Zhang, Zheng and Cosgrove (2016) observed in different vegetative tissues that
381 microfibrils were not crosslinked but some of them were almost grazed in some points of the
382 matrix, supporting the biomechanical “hot spots” hypothesis suggested by Park and Cosgrove
383 (2012).

384 The relationship between cellulose microfibrils properties, diameter and crystallinity, and fruit
385 texture is unclear. Cybulska, Zdunek, Psonka-Antonczyk & Stokke (2013) observed that apple
386 cultivars with crisper, harder and juicier fruits had thicker microfibrils of lower crystallinity than
387 softer cultivars. By contrast, AFM images of cellulose assemblies in two different pear cultivars
388 with contrasting firmness revealed microfibrils of similar diameter, around 23 nm, in both cases
389 (Zdunek, Koziol, Cybulska, Lekka & Pieczywek, 2016). Another works in onion and maize

390 cellulose microfibrils reported diameters of 3-4 nm approximately, a value in accordance with
391 the dimensions of the 36-chain cellulose elementary fibril model, using high resolution AFM
392 (Ding et al., 2012; Zhang et al., 2016). Additionally, ultrathin microfibril diameters, in the range
393 of 1-2 nm, has been reported in soft tissues like leaves, flower petals, or fruits, including peach
394 and strawberry, where microfibrils were isolated by mild alkaline extraction in order to preserve
395 its native structure (Niimura, Yokoyama, Kimura, Matsumoto & Kuga, 2010). Thimm, Burritt,
396 Ducker & Melton (2009) observed that the mean size of celery microfibrils increased as pectins
397 and hemicelluloses were selectively removed, not only as result of the swelling of the
398 microfibrils but also to an increase on the tendency to self-associate forming aggregates. Thus,
399 special attention to *in vivo* or never-dried cell walls, or mild extraction methods need to be
400 addressed in order to avoid inconclusive and contradictory data, and evaluation of cellulose
401 microfibrils in the closer to nature environment as possible is advisable.

402 The appearance of hemicellulose polysaccharides under AFM might be strongly influenced by
403 the extraction procedure and/or the commodity under study. Chen et al. (2009) showed that the
404 hemicelluloses from Chinese cherries extracted with NaOH/NaBH₄ after cell wall depectination
405 with CDTA looked like a broom, with long main chains, 2-5 μm, including many branches that
406 were about 100 nm to 2 μm. However, a treatment of the cell wall with potassium oxalate and
407 later extraction of hemicellulose resulted in dissociated hemicellulose chains. In pear,
408 hemicelluloses extracted with 1M KOH had a rod-like shape with 1-4 nm height and lengths in
409 the range of 20-800 nm (Zdunek, Koziol, Pieczywek & Cybulska, 2014). Samples of minimally
410 processed xyloglucans from *Tamarindus indica* L. seeds are also visualized as helicoidal fibres
411 of 2.3 nm diameter and 640 nm length (Koziol, Cybulska, Pieczywek & Zdunek, 2015). As
412 occurred for cellulose, comparative studies of hemicellulose nanostructure in fruits with

413 contrasting texture did not detect clear differences. Chen et al. (2009) observed that a cherry
414 cultivar with crisp texture contained a higher percentage of thicker hemicellulose chains than the
415 softer one. By contrast, Zdunek et al. (2014) suggested that the improved texture of the pear cv.
416 'Xenia' when compared with the softer cv. 'Conference' could be related with thinner and more
417 flexible hemicellulose chains which could facilitate cellulose crosslinking and increase cell wall
418 stiffness.

419

420 *4.3 AFM has provided a novel view of pectin structure*

421 Pectin is the cell wall component most studied by AFM (Table 1). Visualisation of pectin
422 samples isolated from fruits has revealed a great nano-structural heterogeneity as a mixture of
423 linear chains, branched chains and pectin complexes or aggregates. Examples of these structures
424 can be observed in Figs. 3 and 4. Since neutral sugars are present as much shorter chains, not
425 detected by AFM, it has been postulated that long branches in linear chains would be composed
426 by HG (Round et al., 2001). Thus, AFM has gathered evidences of the non-canonical GalA as
427 side branches of HG, named galacturonogalacturonan (GaGA), challenging the traditional view
428 of HG as linear unbranched GalA chains. Although some studies described a small percentage of
429 HG with GalA branch point residues, its low occurrence has probably prevented the inclusion of
430 GaGA in pectin models. Ovodova et al. (2006) described a branched HG, with acid residues
431 attached to 2-O- and 3-O-positions of the GalA residues of the galacturonan backbone, in marsh
432 cinquefoil by AFM and methylation analysis. Round, Rigby, MacDougall & Morris (2010) also
433 suggested an acidic nature for the side chains of HG in tomato pectins, supported by AFM
434 images of samples subjected to mild acid hydrolysis, sugar composition and linkage analyses.
435 More recently, Paniagua et al. (2017a) observed that length of both, pectin backbone and

436 branches, diminished after digestion of sodium carbonate pectin samples with fungal endo-PG.
437 An indirect evidence of the GalA nature of HG side branches has been obtained in transgenic
438 strawberry lines with a polygalacturonase or a pectate lyase gene downregulated, both enzymes
439 having demethylesterified HG as target. Transgenic pectin samples obtained from ripe fruits
440 showed a higher percentage of branched molecules than control, suggesting a correlation
441 between HG degradation and an acidic nature for side branches (Pose et al., 2015). Although the
442 chemical nature of the branch point is unknown, AFM evidences of the existence of GalA as side
443 branches of HG should be included as another feature of fine pectin structure in future models.

444 Early AFM works in unripe tomato fruit showed pectins extracted by CDTA and sodium
445 carbonate as linear chains with a branching degree of 30%, some of them being multi-branched,
446 in both pectin fractions (Round, MacDougall, Ring & Morris, 1997; Round et al., 2001). The
447 backbone length ranged between 30 to 390 nm fitting a log-normal distribution, being the chains
448 in the CDTA fraction 3-fold longer than those extracted with sodium carbonate (Round et al.,
449 2001; Kirby, MacDougall & Morris, 2008). Regarding branching, branch length had a narrower
450 range (30-170 nm). Similar results have been obtained in pectins from apple (Zareie, Gokmen &
451 Javadipour, 2003) and strawberry fruits (Pose, Kirby, Mercado, Morris & Quesada et al., 2012).
452 In this last species, both CDTA and sodium carbonate pectins showed a similar percentage of
453 branched polymers (8-9%), although covalently bound pectins displayed more branches per
454 backbone (Posé et al., 2012). Lengths of isolated pectin chains visualized by AFM in different
455 fruits are in accordance with the degree of polymerization of HG deduced with different
456 analytical techniques (Paniagua et al., 2014).

457 AFM data of pectin chain heights are in the range 0.5-2 nm, which is in accordance with a
458 helix structure of chains with different aggregation status (Yang, Chen, An & Lai, 2009), since

459 the vertical height of single-stranded polysaccharides is 0.5 nm (McIntire & Brant, 1999).
460 Comparison of chain width values obtained by AFM among the different reports is not suitable
461 due to the probe broadening effect, i.e. as the radius of the AFM tip is larger than the diameter of
462 the molecules being measured, the image of the molecule is convoluted with the tip profile and
463 the measured dimension is considerably overestimated (Morris et al., 2010). Thus, a wide range
464 of pectin width values, in the range 15-230 nm, have been reported in different fruits (Paniagua
465 et al., 2014). Probe broadening effect might also explain the discrepancy between pectin height
466 and width values. However, some authors suggested a natural aggregation of pectins based on
467 numerical regularities in the widths of pectin chains, so that any chain width could be obtained as
468 the sum of some of these basic values. For instance, three (54, 72 and 91 nm) or four (11.7, 15.6,
469 19.5 and 35.1 nm) basic width values have been reported in peach by Zhang et al. (2012) and
470 Yang, An, Feng, Li and Lai (2005), respectively. Evidences of pectin assemblies have also been
471 obtained in carrot, where Cybulska, Zdunek and Koziol (2015) found that sodium carbonate
472 pectins have the ability of self-organize into an ordered network. In some fruits, e.g. peach (Yang
473 et al., 2009), jujube (Wang et al., 2012) or apricot (Liu et al., 2017), much larger pectin fibers, 1-
474 3 μm length, have been observed. Recently, Mierczyńska, Cybulska & Zdunek (2017) reported
475 the comparison of pectins from different fruits. AFM images showed plum pectins as long, thick
476 and branched molecules that resembles long pectins observed in peach (Yang et al., 2009),
477 jujube (Wang et al., 2012) and apricot (Liu et al., 2017); however, pectin from raspberry and
478 strawberry appears mostly like thinner fibres highly interconnected in a network, that resemble
479 previous images from strawberry (Pose et al., 2012) and tomato (Kirby et al., 2008). Similar long
480 fibrous pectins have previously been reported in strawberry, especially in unripe fruits (Fig. 5),
481 although these structures were recognized as a possible artifact of the extraction procedure (Pose

482 et al., 2012). In general, fruits with long pectin chains (longer than 1000 nm) share a consistent
483 texture of relatively high firmness, in comparison with strawberry, tomato or raspberry, with
484 thinner and shorter pectin chains, that are characterized by a strong softening during ripening.
485 Apart from the sample and preparation method, further analyses are needed to support the *in*
486 *muro* occurrence of pectin supramolecules of high degrees of pectin assembly.

487 In the other hand, micelle-like aggregates of several sizes, frequently with long chains arising
488 from the central core, are generally visualized in AFM samples of fruit pectins (Kirby et al.,
489 2008; Pose et al., 2012). The size of the complexes decreased upon mild acid hydrolysis, a
490 treatment that release neutral sugars, although remnants of these complexes persisted after
491 prolonged hydrolysis (Round et al., 2010). These results suggest that the globular core of the
492 aggregates could be composed by RGI and HG, and their arising linear chains would be made of
493 HG and/or poorly or short-branched RGI (Round et al., 2010). In this line, a recent molecular
494 modelling analysis of RGI has suggested an extended threefold helical structure for its backbone
495 and an antiparallel pairing of galactan side chains, which would be a new way of non-covalent
496 pectin cross-link (Makshakova, Gorshkova, Mikshina, Zuev, & Perez, 2017). These links might
497 facilitate the formation of the complexes observed by AFM. RGII could also be involved in the
498 stabilization of the micellar aggregates. This molecule forms dimers via borate diester bridges
499 between RGII belonging to two different layers of HG. Paniagua et al. (2017b) observed that the
500 removal of borate ester cross-linking without altering glycosidic linkages reduced in an 80% the
501 number of pectin aggregates visualized in strawberry samples. Further studies are needed to
502 corroborate the chemical composition of such micellar macromolecules.

503 In summary, most nanostructural data on fruit pectins obtained by AFM analysis are in
504 agreement with our previous knowledge on these polysaccharides, supporting the reliability of

505 this approach in the study of cell wall disassembly during fruit softening. Additionally, AFM has
506 provided novel cues to understand the way in which the different pectin domains might assemble
507 *in muro*, either in the form of self-assembled pectin fibres or micellar aggregates.

508

509 *4.4 Structural modifications of pectins during fruit ripening and postharvest*

510 AFM has been used to describe nanostructural modifications of cell wall polymers during
511 fruit ripening and postharvest storage, with a focus on pectins as the most dynamic component of
512 cell wall during this process. In Chinese cherry (Zhang et al., 2008), tomato (Xin et al., 2010)
513 and Chinese jujube (Wang et al., 2012) differences in structure of chelated pectins between
514 ripening stages have been detected, being pectins from unripe fruit longer and wider than those
515 from ripe fruit. Recently, Paniagua et al. (2017b) analysed CDTA and sodium carbonate pectin
516 fractions in unripe and ripe strawberry fruits. Quantitative analysis of AFM images showed that
517 CDTA samples from unripe fruits were longer, while no changes were detected in the sodium
518 carbonate fraction. Interestingly, a general decrease in the percentage of chain ramifications and
519 the number of pectin aggregates from unripe to ripe stage was detected, which nicely correlates
520 mechanical features (fruit firmness) with pectin complexity (debranching and aggregation).

521 In some species, the comparison of ripe fruits from cultivars of contrasting texture shows a
522 positive correlation between pectin length and firmness. Yang et al. (2009) analysed water,
523 chelated and covalently-bound pectins in two peach cultivars with soft and crisp texture. The
524 most significant difference between the two cultivars was detected in the covalently bound
525 pectins, that were longer and more branched in the crisp fruit, suggesting that differences in
526 texture in peach could be mainly related to the neutral-sugar-rich pectin fraction from the
527 primary cell wall. In the case of pear cultivars with contrasting texture, no differences were

528 observed for water soluble pectin fraction. However, the firmer cultivar possesses thicker and
529 more branched pectin molecules at the chelated fraction and a denser network for bound pectins
530 (Zdunek et al., 2014). Additionally, pear pectin fractions treated with pectinases revealed that
531 degradation of pectin nanostructure was closely related with softer cell walls, and it was
532 hypothesized that this could be due to the creation of new pores and the increase in pore size of
533 the pectin matrix (Koziol, Cybulska, Pieczywek & Zdunek, 2017). Contrary to peach, the length
534 of pectins from two Chinese cherry cultivars of contrasting firmness did not correlate with
535 texture and wider but shorter pectin chains from the sodium carbonate fraction were observed in
536 the firmest cultivar (Zhang et al., 2008).

537 An increasing number of studies have used AFM to characterize pectin modifications during
538 postharvest storage. The reduction of fruit firmness in peach stored at low temperatures was
539 associated to a decrease in the amount of covalently bound pectins, which were shorter and
540 thinner when increasing storage time and temperature (Zhang et al., 2010). Additionally, most
541 pectins formed large aggregates in fresh fruits that were reduced during the storage period. A
542 similar result was observed in water- and CDTA-soluble pectins, although chelated pectins in
543 fruits at harvest were visualized mainly as single linear chains with a small number of aggregates
544 (Zhang et al., 2012). The lengths of soluble and covalently bound pectins from strawberries
545 decreased by 30-39% during storage of the fruit at low temperature for 15 days (Chen et al.,
546 2011). Treatments that extends postharvest life in some commodities, such as controlled
547 atmospheres or application of CaCl_2 , reduced the structural degradation of pectins in peach
548 (Yang et al., 2005; Yang, Lai, An & Li, 2006a; Yang, Feng, An & Li, 2006b), apricot (Liu et al.,
549 2017) and strawberry (Chen et al., 2011). Vacuum impregnation with calcium lactate has also
550 been successfully applied in papaya to preserve its texture during postharvest; texture

551 improvements were correlated with a lower degradation of chelated pectins (Yang, Wu, Ng &
552 Wang, 2017). The use of coatings has positive effects on the preservation of fruit quality
553 attributes on several fruits. In the case of honeydew melon, AFM analysis showed the
554 stabilization of bound pectins after coating with chitosan combined with calcium chloride
555 (Chong, Lai & Yang, 2015). Similar preservation of nanostructure of covalently bound pectins
556 has been reported for chitosan combined with nano-SiO_x particle coatings in Chinese cherry
557 (Xin, Chen, Lai & Yang, 2017). A rice bran coating has been successfully applied to extend
558 postharvest life of cherry tomatoes and the beneficial effects of this treatment correlated with a
559 lower degradation of chelated pectins (Zhang et al., 2017b). Altogether, the nanostructural
560 analysis of pectins by AFM in several fruits supports a key role of pectin nanostructure in fruit
561 softening and postharvest shelf life.

562

563 *4.5 Nanomechanical analysis of fruit cell walls by AFM*

564 As described in previous sections, fruit cell walls undergo extensive changes in structure and
565 composition during ripening and postharvest storage that reduce their mechanical strength,
566 favouring softening. The mechanical properties in plant tissues can be measured at different
567 scales (from macro to nano), being the nano-scale the most recommendable for a proper analysis
568 of stiffness of the cell wall, middle lamella, polysaccharides and even linkages within the cell
569 wall. Measurements of cell wall stiffness, quantitatively described by the Young's or elasticity
570 module, could contribute to understand the process of fruit softening. Unfortunately, few studies
571 have addressed this issue.

572 Several methods have been developed to measure the cell wall stiffness at micrometer
573 dimension. Micro-compression, micro-penetration or micro-indentation tests have been

574 performed to measure individual living cells and tissues (Routier-Kierzkowska et al., 2012;
575 Burgert & Keplinger, 2013). However, cell wall thickness requires more sensitive methods to
576 allow a proper estimation of the stiffness. Nano-indentation using AFM could solve this
577 problem, allowing measurement at sub-micro and nano-scale (Zdunek & Kurenda, 2013). In this
578 technique, the AFM tip is pushed into the surface of the sample with a specific force and force-
579 indentation curves, which represents the approach and retraction of the cantilever to the sample,
580 are collected (Burgert & Keplinger, 2013; Gunning & Morris, 2017). The data obtained are
581 converted by mathematical models into physic parameters, such as Young's module, to describe
582 the elasticity or stiffness of the sample (Gunning & Morris, 2017). Stiffness values of
583 parenchyma fruit cells obtained with this technique are highly variable, e.g. 100 KPa in tomato
584 cells incubated in Murashige and Skoog medium (Zdunek & Kurenda, 2013), 0.6 MPa in apple
585 cells isolated in a solution of sodium carbonate plus mannitol (Cárdenas-Pérez et al., 2016) or 77
586 MPa in grape cells suspension cultured in Nitsch-Nitsch medium (Lesniewska, Adrian, Klinguer
587 & Pugin, 2004). It should be considered that indenter geometry, turgor pressure and internal
588 stresses have a significant impact on the Young's module values obtained with AFM (Burgert &
589 Keplinger, 2013; Zdunek & Kurenda, 2013). In a recent study, Zdunek et al. (2016) measured
590 stiffness of cell wall fragments isolated from pear cultivars of contrasting firmness during pre-
591 harvest and postharvest storage. Alcohol-insoluble cell wall residues were used to avoid the
592 contribution of the cell turgor. A positive correlation between cell wall stiffness and fruit
593 firmness was found during pre-harvest in both cultivars; however, after postharvest storage,
594 Young's modulus of the primary cell walls increased whereas fruit firmness decreased.
595 Additionally, no clear differences in cell wall stiffness between both cultivars were observed
596 despite their differences in texture. The reasons for the discrepancy between mechanical

597 properties at macro and nano-scale levels are unknown. Zdunek et al. (2016) suggested that the
598 increase on cell wall stiffness during postharvest could be related to the degradation of
599 covalently linked pectins as the fruit soften, since negative correlations among Young's modulus
600 and galacturonic acid content in bound pectin fractions were found. However, Koziol et al.
601 (2017) observed a linear decrease of Young's modulus in cell walls from pears after sequential
602 removing of pectins. Apple tissue subjected to ultrasounds also showed a decrease in cell wall
603 stiffness that was paralleled to an increase in galacturonic acid in all cell wall pectin fractions
604 (Pieczywek, Koziol, Konopacka, Cybulska & Zdunek, 2017). The degree of pectin
605 methylesterification and the availability of Ca^{2+} ions, both factors influencing the formation of
606 cross-linked pectin gels, could also contribute to the reduction of tissue stiffness, as has been
607 observed in the zones of organ initiation in meristems (Peaucelle et al., 2011) or in onion
608 epidermal cells (Xi, Kim & Tittmann, 2015). Although the relationship between pectin
609 solubilisation and cell wall stiffness remains unclear these evidences show that both parameters
610 are closely related.

611

612 **5. Concluding remarks**

613 Softening during fruit ripening and postharvest storage is a complex process which
614 fundamental bases are still largely unknown. Cell wall disassembly, mediated by the expression
615 of ripening specific genes encoding cell wall proteins, is generally considered as the main factor
616 determining softening although the role of turgor and water loss could be a key component of
617 softening for some fruits. These processes induce cell wall loosening leading to the modification
618 of fruit texture. Recent evidences are challenging our traditional view of the cellulose-
619 hemicellulose network as the load-bearing framework determining mechanical properties of the

620 cell wall, providing a more relevant role to the pectin matrix. Along this line, it has been proved
621 that pectin metabolism has a critical role in softening of most fruits, being pectin solubilisation a
622 general characteristic of softening. The increase on pectins loosely bound to the cell wall as the
623 fruit soften may be preceded by xyloglucan depolymerisation in some fruit, but, the
624 physiological reasons for pectin solubilisation, as well as the link between this process and
625 xyloglucan processing are far from clear.

626 AFM studies have demonstrate that this technique has unique advantages over other analytical
627 procedures to characterize the nanostructure of cell wall polymers in a more natural context.
628 Using this technique in combination with chemical or enzymatic hydrolysis of samples, new
629 models for pectin structure have been proposed that incorporate novel characteristics found using
630 this approach, i.e. the presence of GalA branches in the HG backbone or the aggregation of RGI
631 and HG in micellar aggregates through RGII dimerisation. Although the number of AFM studies
632 related to fruit ripening are still scarce, the AFM characterisation of cell walls isolated from
633 fleshy fruits has provided a novel view of the modifications taking place in the pectic matrix
634 during fruit ripening and postharvest. In general, these changes involve the loosening of the
635 structural complexity of pectins as the fruit soften, i.e. individual pectin chains are shorter and
636 less branched and the width of highly packed pectins is reduced. Additionally, the presence of
637 micellar complexes in pectin samples from ripe fruits is also reduced, suggesting a lower
638 tendency of pectins to self-aggregate. Postharvest treatments that extend fruit shelf life
639 ameliorate these changes observed by AFM in some commodities. Overall, these results clearly
640 link pectin structure and disassembly with fruit texture. Most of these AFM studies point at the
641 pectin fraction extracted with sodium carbonate, supposedly located within the primary cell wall,

642 as the main determinant of softening. Additional work is needed to identify the physicochemical
643 bases of the complex structures visualized by AFM.

644 In contrast to the extensive research on pectins performed in recent years, few AFM studies
645 have focused in the characterization of hemicellulose and cellulose disassembly. Additionally,
646 the results reported about these issues are not conclusive. This is, therefore, a field that need
647 more research efforts in the future. One of the most promising applications of AFM is it's use as
648 a nanoscale texturometer to measure cell wall strength, both in intact cells or in isolated cell
649 walls. The application of nanomechanical studies to other fruit commodities and the refinement
650 of the technique to get more consistent results could contribute significantly to acquire a deeper
651 knowledge of the fruit softening process.

652

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660

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993

ACCEPTED MANUSCRIPT

994 **Figure legends**

995

996 **Fig. 1.** Main processes leading to textural changes during ripening and postharvest storage of
997 fleshy fruit. Ara: arabinose; Gal: galactose; XyG: xyloglucans.

998

999 **Fig. 2.** Schematic overview of main applications of AFM to the study of the cell wall
1000 disassembly process during fruit ripening and postharvest. HGA: homogalacturonan; RGI:
1001 rhamnogalacturonan I.

1002

1003 **Fig. 3.** (A) AFM topographical image representative of strawberry Na_2CO_3 soluble pectins at
1004 ripe developmental stage from a transgenic line with a polygalacturonase gene downregulated.
1005 Inlets show zoomed areas representing micellar aggregates (B), linear chains (*) and branched
1006 chains (>) (C). 3D representation of pectin aggregates (D), and linear and branched chains (E).
1007 Scale bars are 100 nm (A) and 50 nm (B,C).

1008

1009 **Fig. 4.** (A) Representative image of CDTA pectins from strawberry ripe fruit obtained by AFM
1010 in contact mode. Branched pectin chains and micellar aggregates with emerging strands can be
1011 observed in the image. (B) Height profiles, showing the heights in a true branch point (black
1012 arrow) of a polymer chain (profile 1) and micellar aggregates (profile 2) with emerging strands
1013 of same height than isolated chains (grey arrow) and higher height at the core area (arrowhead).
1014 (Reprinted from Pose et al. (2015) with permission from Elsevier).

1015

1016 **Fig. 5.** AFM topographical images of strawberry CDTA soluble pectin at unripe developmental
1017 stage. A) Pectin supramolecules of long fibrous appearance that involves some aggregation
1018 degree. B) Individual pectin molecules including isolated linear chains, branched chains and
1019 micellar aggregates. 3D representation of pectin supramolecules or aggregates, with higher
1020 heights at branch points (white arrows) (C) and individual pectin molecules (D). Scale bars: 100
1021 nm.

Table 1. Quantitative AFM data of nano-structural features of cell wall polymers from several fruits during ripening and postharvest.

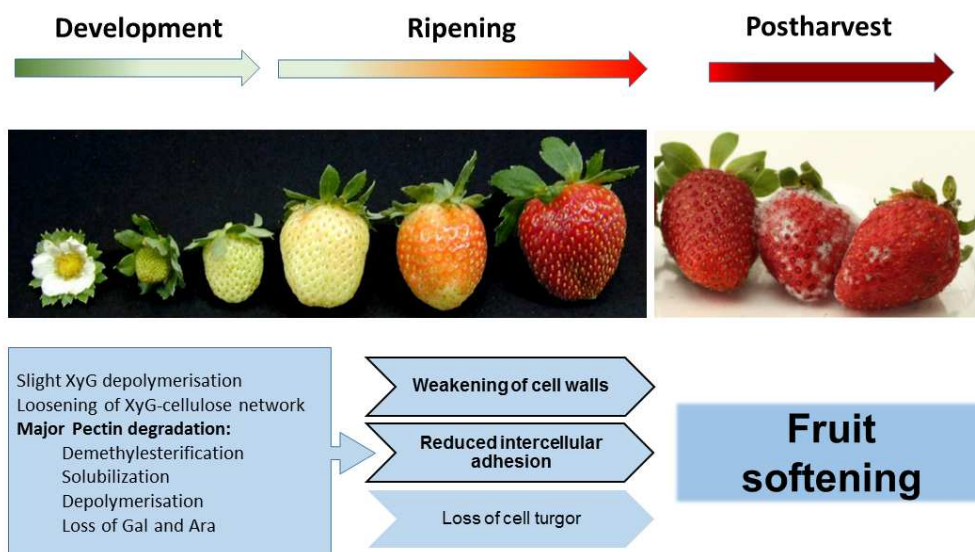
Fruit (<i>specie</i>)	Variety	Fruit stage	Cell wall fraction	Chain length (nm)	Other nanoproperties*	Reference	
Apricot (<i>Prunus armeniaca</i> L.)	'Jinhong'	Harvest	WSP	500 - >4000	31 – 250 W	Liu et al. (2017)	
			CSP	<500 – 3500	35 – 234; 34 %B		
			HC	<50 - >300	23 – 39 W; Net-like		
		Postharvest	WSP	<500 - <4000	12 – 70 W		
			CSP	<500 – 3500	12 – 47 W; 16%B		
			HC	<50 – 300	16 – 39 W; isolated chains		
Cherry (<i>Prunus pseudocerasus</i> L.)	'Caode'	Unripe	WSP	ND	76-176 W	Lai et al. (2013)	
			CSP	ND	37-61 W		
			SSP	448-749	37-140 W		Zhang et al. (2008)
			HC	2000-5000	ND		Chen et al., 2009
	'Bende'	Ripe	WSP	ND	37-82 W	Lai et al. (2013)	
			CSP	ND	17-55 W		
		Harvest	SSP	123-749	37-140 W	Zhang et al. (2008)	
			HC	2000-5000	ND	Chen et al., 2009	
			SSP	Network	30 - >110 W	Xin et al 2017	
			SSP	Network	<30 – 50 W		
Jujube (<i>Zizyphus jujuba</i>)	'Huanghua'	Unripe	CSP	500, >3000	23-98 W	Wang et al. (2012)	
			SSP	500, >3000	35-156 W		
		Ripe	CSP	<500, >3000	16-78 W		
			SSP	<500, 2500	16-78 W		
Peach (<i>Prunus persica</i> L. Batsch.)	'Jinxiu'	Ripe	WSP	300-4200	20-100 W	Yang et al. (2009)	

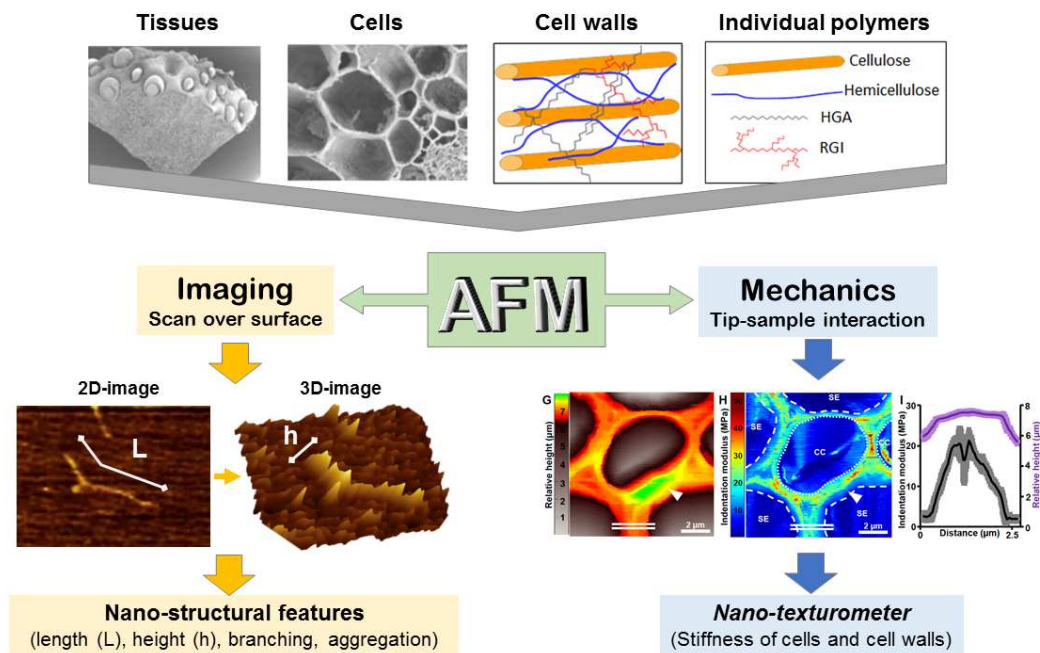
	'Milu'		CSP SSP	100-3000 20-900	ND 35-70 W	
	'Cangfangzaosheng' 'Songsenzaosheng'		WSP CSP	ND ND	91-217 W 91-181 W	Zhang et al (2012)
	'Jinxiu'	Harvest	WSP CSP SSP	ND	59 - 98W; 1.2 - 1.8H 20-156 W; 0.7-2.2 H 35-70 W; 3-5 H	Yang et al (2005; 2006a; 2006b)
		Postharvest	WSP CSP SSP	ND	12 -35 W; 0.9 - 1.2H 18-59 W; 0.5-2.3 H 12-66 W; 1.3-2.2 H	
	ND	Ripe	CWR	ND	1-2 ϕ	Niimura et al (2010)
Strawberry (<i>Fragaria x annanassa</i> Duch.)	'Chandler'	Unripe	CSP SSP	25-533 9-305	13 %B 20 %B	Paniagua et al. (2017b)
		Ripe	CSP SSP	18-277 10-255	3 %B 3 %B	
	'Shijixiang'	Ripe	WSP CSP SSP	88-3043 ND 87-1152	23-78 W 23-78 W 23-59 W	Chen <i>et al.</i> (2011)
	Unknown	Ripe	CWR	ND	1-2 ϕ	Niimura et al (2010)
Tomato (<i>Lycopersicon esculentum</i> Mill.)	'Rutger'	Unripe	CSP	40-560	ND	Kirby <i>et al.</i> (2008)
			SSP	20-400	ND	Round <i>et al.</i> (2010)
	'Dongsheng' 'Geruisi'	Turning	CSP	ND	19-117 W	Xin <i>et al.</i> (2010)
		Ripe	CSP	ND	15-117 W	
	'Mali'	Harvest	CSP	ND	15 – 250 W	Zhang et al 2017
Postharvest		CSP	1000 - 5000	<50 – >200 W		

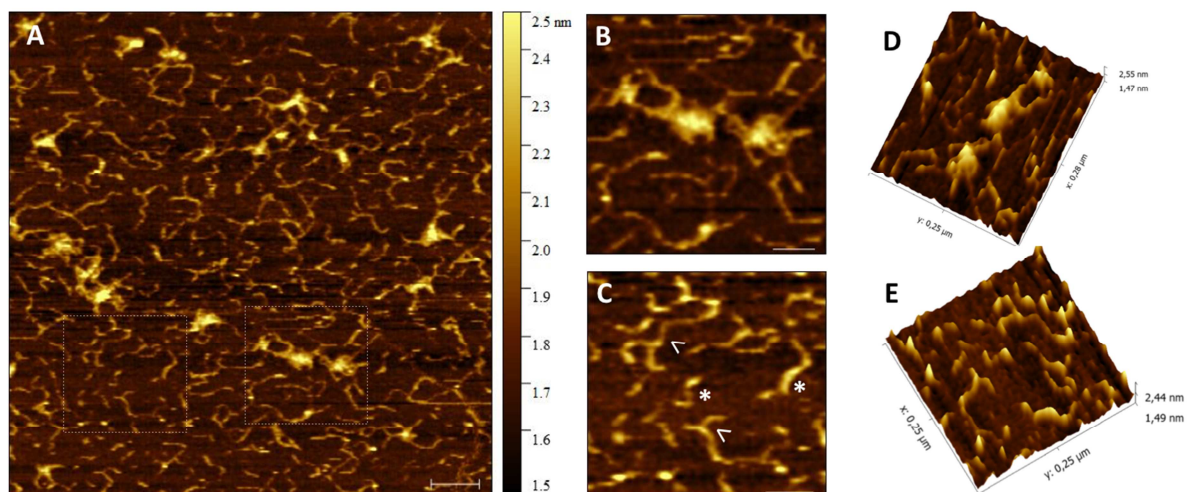
Pear (<i>Pyrus communis</i> L.)	'Conference'	Harvest	WSP	Aggregated	0.2-1.5 H; 15-80 ϕ	Zdunek et al., 2014
			CSP	ND	0.1-1.5 H; 5.6 %B	
			SSP	ND	0.1-2 H; 8.2 %B	
			HC	20-400	0.4-8 H	
			CWR	ND	23 ϕ	
	'Xenia'	Harvest	WSP	Aggregated	0.2-1.5 H; 15-80 ϕ	
			CSP	ND	0.1-2 H; 6.2 %B	
			SSP	Network	ND	
			HC	80 – 400	0.1-3 H	
			CWR	ND	23 ϕ	
Apple (<i>Malus x domestica</i> Borkh.)	'Honeycrisp'	Harvest	CWR	ND	38 ϕ	Cybulska et al., 2013
	'Mutsu'		CWR	ND	33 ϕ	
	'Cortland', 'Ligol', 'Rubin', 'Jonagold'		CWR	ND	26-28 ϕ	
Melon (<i>Cucumis melo</i> L.)	'Inodorus'	Harvest	SSP	200 - >700	21 - >70 W	Chong et al (2015)
		Postharvest	SSP	<100 - 500	<20 – 40 W	
Papaya (<i>Carica papaya</i> L.)	'Sekaki'	Harvest	CSP	ND	15 – 104 W	Yang et al (2017)
		Postharvest	CSP	ND	15 – 64 W	

ND: not described; WSP, CSP and SSP correspond to water-, chelated- and sodium carbonate-soluble pectins, respectively; HC: hemicellulose; CWR: cell wall residue, mainly composed of cellulose.

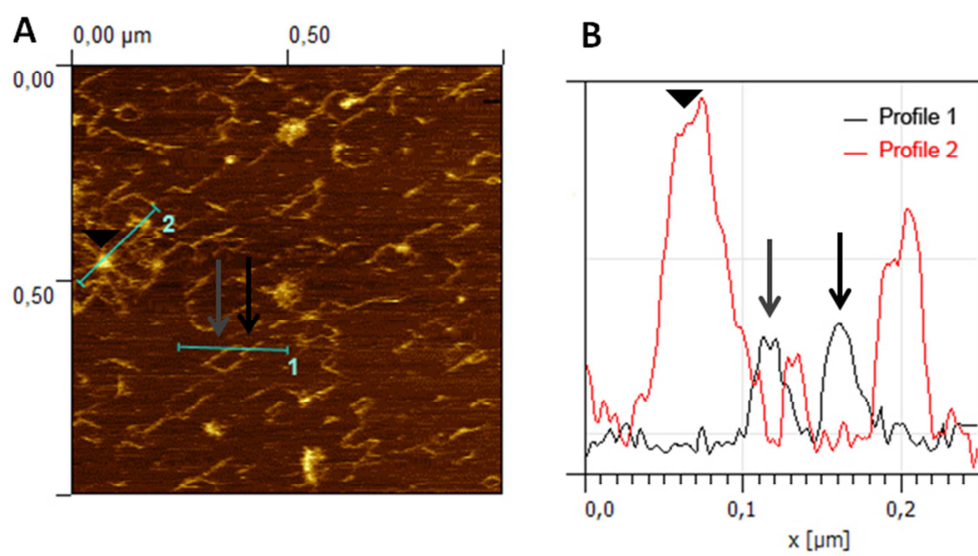
*H: height (nm); W: width (nm); %B: branching percentage; ϕ : diameter (nm).

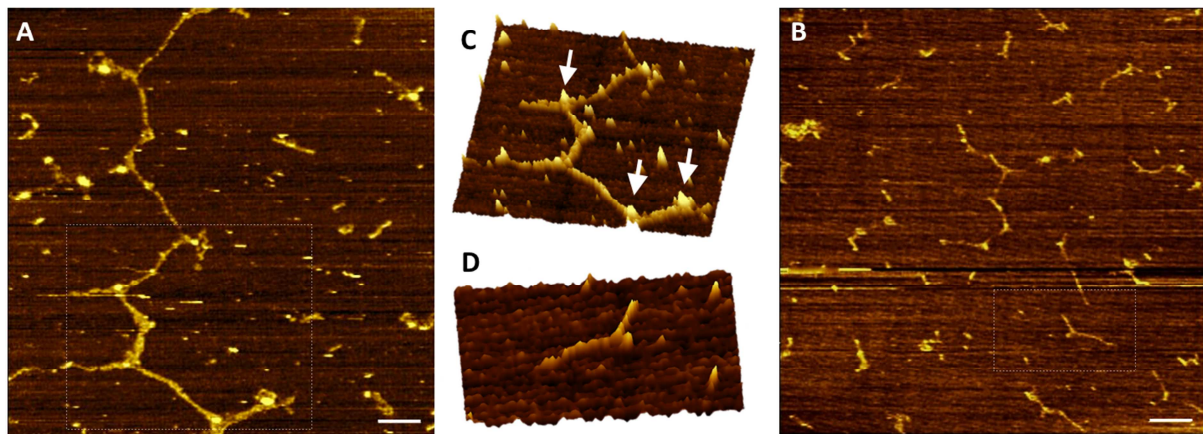






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Highlights

1. Cell wall disassembly and loss of middle lamella occurs during fruit softening
2. Nanostructural properties of wall components can be characterized by AFM
3. A loss of pectin complexity, length and branching, correlates with softening
4. Postharvest treatments that reduce softening preserve pectin structure
5. AFM visualization of cellulose and hemicellulose is strongly influenced by the extraction procedure