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## Quantification of Interfacial Motions Following Primary and Revision Total Knee Arthroplasty: A Verification Study versus Experimental Data

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1           **Quantification of Interfacial Motions Following Primary and Revision Total Knee**  
2           **Arthroplasty: A Verification Study versus Experimental Data.**

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## ABSTRACT

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Motion at the bone-implant interface, following primary or revision knee arthroplasty, can be detrimental to the long term survival of the implant. This study employs experimentally verified computational models of the distal femur to characterise the relative motion at the bone-implant interface for three different implant types; a posterior stabilising implant (PS), a total stabilising implant (TS) with short stem (12mm x 50mm), and a total stabilising implant (TS) with long offset stem (19mm x 150mm with a 4mm lateral offset). Relative motion was investigated for both cemented and uncemented interface conditions. Monitoring relative motion about a single reference point, though useful for discerning global differences between implant types, was found to not be representative of the true pattern and distribution of motions which occur at the interface. The contribution of elastic deformation to apparent reference point motion varied based on implant type, with the PS and TSSS implanted femurs experiencing larger deformations (43  $\mu\text{m}$  and 39 $\mu\text{m}$  respectively) than the TSLS implanted femur (22  $\mu\text{m}$ ). Furthermore, the pattern of applied loading was observed to greatly influence location and magnitude of peak motions, as well as the surface area under increased motion. Interestingly, the influence was not uniform across all implant types, with motions at the interface of long stemmed prosthesis found to be less susceptible to changes in pattern of loading. These findings have important implications for the optimisation and testing of orthopaedic implants *in vitro* and *in silico*.

KEYWORDS: Micromotion; Stemmed vs. Stemless TKA; Finite element analysis; In vitro experiments; bone-implant interface.

## 1. INTRODUCTION

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Aseptic loosening is recognised as one of the predominant causes of revision total knee arthroplasty (TKA) globally [1-5]. Loss of fixation through aseptic loosening can lead to pain, malalignment of the prosthesis and eventual failure. The three main causes of aseptic loosening are particle induced osteolysis due to excessive wear of the articular surfaces [6], bone loss due to periprosthetic stress shielding, and fibrous tissue formation instead of bone ingrowth as a result of relative motion at the bone prosthesis interface [7].

Changes in the position and orientation of an implant over time are measured clinically through examination of X-rays or by specialist techniques such as radio stereo photogrammetric analysis (RSA). While RSA offers a significant improvement in measurement accuracy over X-rays (approximately ten times greater) [8-11] it also has some limitations. Primarily, RSA can only track large changes (e.g.  $> 100\mu\text{m}$ ) in the position of the prosthesis [11-14]. As these methods are unable to capture the small but repetitive inducible motions (e.g.  $<40\mu\text{m}$ ) which play a key role in particle induced osteolysis [9] and aseptic loosening of the implant surgeons increasingly rely on *in vitro* [15-25] laboratory testing and *in silico* modelling [15-17, 26-29] to supplement clinical knowledge on motion at the interface and overall implant stability.

Loading at the knee joint and in particular the articular surface of the distal femur is complex. Multiple components of force act in multiple directions (e.g. tibio-femoral force, anterior-posterior shear force and patella-femoral force), the magnitude, position and orientation of which can change dramatically over the course of a gait cycle and indeed with different patterns of gait [30-32]. Furthermore, the joint itself is stabilised throughout its range of motion by numerous muscles and ligaments. All these factors make replication of *in vivo* loading conditions extremely challenging *in vitro* without the aid of expensive specialist equipment [33], as such many

87 previous studies have employed simplified loading conditions to examine interfacial motion [18,  
88 21, 34, 35]. However the influence of such simplifications on predicted motions at the interface  
89 following total knee replacement has not been widely assessed. Only one previous study [26] has  
90 attempted to address this issue directly. In their study, Berahmani and colleagues examined the  
91 micromotion characteristics of a single cruciate retaining implant, and found that simplifications  
92 in applied loading could lead to overestimation of peak motions by up to 22%.

93 Due to the complexity of the region of interest and its changing contact area with flexion, direct  
94 access to the bone-implant interface is often not possible *in vitro*, as a consequence many  
95 experimental setups rely on monitoring interfacial motions indirectly from sensors positioned at  
96 a small distance away from the interface [16, 18-20, 25, 36]. However, such approaches are  
97 subject to the inclusion of a number of flexibilities (e.g. bending, and elastic deformation of the  
98 bone) which may lead to large errors. Thus far, only a limited number of studies have attempted  
99 to directly quantify the impact of elastic deformations on reported results [21, 28, 36, 37], others  
100 tend to focus instead on long term indicators such as permanent migration, which is said to be  
101 less sensitive elastic deformation of the bone [19, 20, 36].

102 Little consensus exists on the exact contribution of elastic deformations to errors in *in vitro*  
103 measurements. Gilbert et al. [38] suggested that the contribution was quite low ( $3-15\mu m$ ) in  
104 comparison to values of micromotion observed. Monti et al. [37] reported elastic deformations of  
105  $2.3\mu m$  at the interface, however, these values were found to increase almost linearly with  
106 increasing distance from the interface. Distally, a study by Moran [21] found that elastic  
107 deformations alone could account for measured motions of up to  $50\mu m$  in cancellous bone  
108 structures following TKA. The combination of motion and deformation may lead to  
109 experimental values overestimating the true level of motion at the interface [28], which could

110 obscure important inter-implant trends.

111

112 Therefore the aims of this study were:

- 113 • To verify the behaviour of the finite element (FE) models against data from an earlier in  
114 vitro study [18], and then use these models to investigate what contribution elastic  
115 deformation of the underlying bone might have on motions recorded in all six degrees of  
116 freedom about a central reference point.
- 117 • To examine if the magnitude of elastic deformations varies with varying implant type.
- 118 • To determine how representative global reference point motions are of the motions  
119 obtained directly at the interface numerically.
- 120 • To examine how predicted interfacial motions change in response to changes in the  
121 pattern of loading applied to the femur.

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## 2. METHODS

This study combined experimental data and FE models to investigate the relationship between measurements of relative motion obtained *in vitro* and numerically. In this study, all FE analyses were conducted in Abaqus (Abaqus 6.10-1, Dassault Systemes, Simulia, Providence, RI, USA).

### 2.1 Finite element model setup:

#### 2.1.1 Geometry:

All models in this study were constructed from a virtual representation of the large left composite femur (Sawbones; Pacific Research Laboratories, Vashon, Washington) and implanted with three different implant types from the Triathlon® series (Stryker®, Newbury, United Kingdom) as shown in Fig. 1; a posterior stabilising implant (PS), a total stabilising implant (TS) with short stem (12mm x 50mm), and a total stabilising implant (TS) with long offset stem (19mm x 150mm with a 4mm lateral offset). Computer aided design software (Autodesk Inventor™ 2010, Autodesk Inc., San Rafael, CA) was used to develop 3D models of each implant investigated, and to carry out surgical resections on the femur for virtual implantation. To ease computational costs and avoid projecting bad elements some simplifications of small sharp features on the implant and stem surfaces were considered (e.g. smoothing of the thin flutes along the length of the stem, and removal of screw threads at modular junctions).

To incorporate identical loading and boundary conditions to the *in vitro* study [18] necessitated the inclusion of a stiff steel plate through which the machine load could be applied, and a ultra-high-molecular-weight-polyethylene (UHMWPE) tibial bearing insert with central post and a conforming articulation surface to allow load transfer to the femur, as shown in Fig. 2a.

157 2.1.2 Interface conditions:

158 Frictional interfaces were applied to both the bone-prosthesis and prosthesis-prosthesis interfaces  
159 to replicate the uncemented *in vitro* trials. Coulomb friction was implemented at all bone-  
160 prosthesis interfaces, with a frictional coefficient of  $\mu = 0.3$ , representing an average of the  
161 reported values in literature [15, 39-41].

162 Knowledge of several additional software specific parameters is required to ensure frictional  
163 analyses conducted in Abaqus are easily replicable, to this end, details of these parameters and  
164 their respective values are provided in the supplementary text (Supplement A).

165 Additionally, a second set of models were created which employed tied constraints at the bone-  
166 prosthesis interface to simulate the effects of femoral component cementing and to allow  
167 quantification of elastic deformations. A summary of all interface conditions is presented in  
168 Table 1.

169

170 2.1.3 Material properties:

171 Linear elastic isotropic material properties were applied to bone [42] and implant structures,  
172 where implant and offset adapter/femoral stem structures were composed of cobalt chromium  
173 (CoCr) and titanium (ti-6al-4v) respectively, and the tibial insert was composed of UHMWPE.  
174 The material properties applied to each structure are presented in Table 2.

175

176 2.1.4 Loading:

177 To remain consistent with the experimental loading protocols for 20° flexion described in  
178 Conlisk et al. [18], a cyclical load was applied to the centre of the steel plate (representative of  
179 the load cell attachment site), this load was set to vary from 0N to 1643N during the first cycle  
180 and 20N to 1643N during subsequent 39 cycles to maintain contact between tibial insert and



181 femoral component, as in the *in vitro* testing protocol.

182 All 40 cycles were carried out during a single static load step in Abaqus. This was achieved by  
183 varying the load through a custom amplitude curve and then defining output of all interface  
184 parameters and displacements at each full time increment. A series of predefined time points  
185 were used to ensure all stages of each loading peak would be captured during the analysis.

186 After verification of the FE models under experimental conditions, additional simulations were  
187 then undertaken to examine the effects of more realistic loading pattern on motion at the bone-  
188 prosthesis interface. In contrast to the *in vitro* loading conditions, the physiological loading  
189 conditions consisted of six components of force applied directly to the femoral component: the  
190 patella-femoral force (PF); the medial and lateral components of the joint normal force (F<sub>m</sub> and  
191 F<sub>l</sub>); the medial and lateral components of the joint shear force (A<sub>Pm</sub> and A<sub>Pl</sub>); and the  
192 internal/external moment (IE). To avoid issues of point loading, computationally the IE moment  
193 was included in the model by adjusting the values of A<sub>Pm</sub> and A<sub>Pl</sub> (which act perpendicular to  
194 the joint normal force) applied to the femur to induce the desired moment. It is important to note  
195 that the sum of the forces in the AP direction was not altered through this method. The  
196 magnitudes of loading used for 20° flexion were derived from literature [30, 32] and are  
197 presented in Table 3. To remain consistent with the FE model based on the experimental study,  
198 the location and surface areas of loading resulting from the action of the tibial insert on the  
199 femoral component were transferred across to the physiological model. It should be noted that  
200 the maximum tibio-femoral force was the same under both loading conditions.

201

#### 202 2.1.5 Boundary conditions:

203 The femur was truncated at the mid-shaft and fully fixed in all degrees of freedom on the

204 proximal most surface. Additionally the steel plate was restrained such that only the degree of  
205 freedom relating to compression of the plate on the femur was free, mimicking the experimental  
206 setup.

207 Final FE meshes typically comprised of approximately 400,000 linear tetrahedral elements  
208 (C3D4). To ensure accuracy of the numerical solution, a maximum allowable element edge  
209 length of 2mm was applied to all models. Based on convergence checks, a further reduction in  
210 edge length produced a negligible (2%) change in the calculated displacements and stresses,  
211 while dramatically increasing simulation runtime. Simulation runtime for each model was  
212 approximately 2hrs on a dual core Intel i5 laptop with 8GB of ram.

213

## 214 2.2 Comparison of *in vitro* and FE micromotion measurements:

215 The apparatus and experimental protocol referred to in this study has been described in detail  
216 previously [18]. In brief, a custom test rig using an array of six differential variable reluctance  
217 transducers (DVRTs) was developed, and attached to the bone-implant construct (Fig. 2a). This  
218 permitted recording of relative translational and rotational motions of the implant to the bone, in  
219 all six degrees of freedom about a reference point close to the interface (Fig. 2c). When  
220 comparing measurements taken during *in vitro* experiments to those in an FE model it is  
221 essential that the same parameters be measured in the same manner, to this end it was necessary  
222 to recreate the sensor placement and setup used in the *in vitro* experiments. Rather than adding to  
223 model complexity and runtime by explicitly modelling the entire three dimensional test rig, the  
224 location of each sensor and its corresponding target were recreated virtually using a system of  
225 reference points and coupling constraints, as shown in Fig.2b. In this manner, the displacement  
226 of the sensor could be approximated by calculating the relative change in position of the target

227 sphere reference point to its corresponding sensor reference point. It can be seen from Fig. 2b  
228 that the displacement profile of DVRTs 1-3 are approximated by calculating the relative nodal  
229 displacement of the sphere C reference point and corresponding sensor housing reference point  
230 in the global x, y, z coordinates over the course of the 40 cycles. Similarly DVRTs 5 and 6  
231 displacements are determined by comparing relative nodal displacement in the y and z directions  
232 of the sphere B reference point, and DVRT 4 by comparing relative nodal displacement in the z  
233 direction only of the sphere A reference point.

234 Once the characteristic displacement curve for each sensor was extracted from the FE model (see  
235 example curve, supplement B Fig. B.1) this data was collectively exported and analysed using  
236 the same custom LabVIEW™ programs developed in the previous *in vitro* study [18]. Thus,  
237 allowing the relative inducible motions of the femoral component to the bone at the central  
238 implant reference point to be determined. An overview of the results processing workflow is  
239 presented in Fig. 3.

### 240 2.3 Characterisation of motion directly at the interface:

241 Motion predicted directly at all points of the interface were quantified using three inbuilt  
242 parameters in Abaqus; Copen, Cslip1, and Cslip2. Where Copen represents the normal distance  
243 by which the contacting surfaces have separated (henceforth referred to as gap opening), and  
244 Cslip1 and Cslip2 represent motions which act tangential to the contacting surfaces (henceforth  
245 referred to as shear micromotions) in direction 1 and 2, these directions being orthogonal to each  
246 other. These motions were then visualised as colour contour plots. The corresponding surface  
247 area associated with six different bands of shear micromotion (0 – 20µm, 20 – 40µm, 40 – 60µm,  
248 60 – 80µm, 80 – 100µm and 100 – 150µm) was also calculated using code developed in-house.

249

250

### 3. RESULTS

251 3.1 Comparison of *in vitro* and FE results:

252 This first set of results focuses on comparison of the output from the FE models to that of the *in*  
253 *vitro* experiments for the same reference point, under both uncemented and cemented interface  
254 conditions. The overall magnitude of translational motions for each implant type, under both  
255 interface conditions is presented in Fig. 4, alongside the corresponding *in vitro* results. The  
256 dashed orange lines represent the range of motions at which fibrous tissue formation may occur.  
257 From Fig. 4a it can be seen that a  $< 40\mu m$  difference is observed between *in vitro* and FE  
258 results. This difference reduces even further for cemented cases ( $< 16\mu m$ ). These differences  
259 likely arise from variations in the individual components of motion (Supplement B), possibly due  
260 to slight differences in implant fit between experimental and FE setups. However, it is important  
261 to note that the predicted FE motions are of the same magnitude and within the ranges observed  
262 *in vitro*. Furthermore, the overall global trends are found to be similar, e.g. motion reduces in the  
263 presence of stemmed prostheses, and with cemented interfaces.

264

265 3.2 Quantification of elastic deformations:

266 The FE simulations employed two different conditions at the interface modelling uncemented  
267 and cemented (frictional and tied) fixation of the implants. In tied simulations, numerically no  
268 relative motion is permitted to occur at the bone-implant interface. Therefore, any motions or  
269 rotations recorded about the reference point in these situations represent the contributions of  
270 elastic deformation rather than true interfacial motion. From Fig. 4b, it can be seen that the  
271 contribution of elastic deformation to reference point motion varies based on implant type, with  
272 the PS and TSSS implanted femurs experiencing larger deformations ( $43\mu m$  and  $39\mu m$

273 respectively) than the TSLS implanted femur (22  $\mu\text{m}$ ). This is likely due to the added stiffness of  
274 the long stem which anchors the implant in position and resists deformation of the underlying  
275 cancellous bone under loading.

### 276 3.3 Comparison of reference point and interface motion:

277 On investigation of the predicted motions directly at the interface using contour plots (Fig. 5a  
278 and Fig.5b), it can be seen that motion is distributed in a complex manner over the multi-planar  
279 surface. In all cases motions favourable for bone ingrowth [43], and well below those predicted  
280 at the reference point, are observed on the distal surface, anterior chamfer and posterior chamfer  
281 ( $< 40\mu\text{m}$ ). However, on the anterior and posterior surfaces motions in excess of  $60\mu\text{m}$  and  
282  $100\mu\text{m}$  respectively are observed in certain regions near the edges of the implant. These findings  
283 highlight the inability of a single point to capture the complex behaviour of the interface.

284

### 285 3.4 Influence of applied loading pattern:

286 When a more physiologically realistic arrangement of forces is applied to the distal femur, the  
287 pattern and distribution of motion (Fig. 6) differs considerably from that experienced under *in*  
288 *vitro* loading conditions (Fig. 5). Peak shear micromotions for the PS and TSSS implanted  
289 femurs are found to slightly increase in direction 1 (Cslip1) under physiological loading  
290 conditions (by  $2.24\mu\text{m}$  and  $9.60\mu\text{m}$  respectively). On the other hand, peak shear micromotions  
291 in direction 2 (Cslip2) for all implant types are found to reduce by an average of  $16\mu\text{m}$  (Table 4).  
292 The surface area associated with motion in the range of  $20-80\mu\text{m}$  increases dramatically under  
293 physiological loading conditions (Table 5). Interestingly, at higher bands of motion (e.g.  
294  $80-100\mu\text{m}$  and  $100-150\mu\text{m}$ ), the surface area associated with increased motion is substantially  
295 reduced relative to that experienced under simplified loading conditions.

296

#### 4. DISCUSSION

297 This study presented the use of experimentally verified finite element models of the distal femur,  
298 implanted with primary and revision femoral components, to investigate and quantify relative  
299 motions and elastic deformations at the bone-implant interface.

300 Predicted (FE) and measured (*in vitro*) translational and rotational relative motions for both  
301 frictional (supplement B: Table 1) and tied (supplement B: Table 2) interface conditions were  
302 found to be within the same range, however, directional differences between the largest  
303 components of motion measured in the *in vitro* experiments and that of the FE models were  
304 observed in the present study, as has been the case in similar studies of this nature [16, 44].  
305 Similar to that found by Conlisk et al. [18], translational and rotational components of relative  
306 motion were predicted to be smallest in the TS implant with long offset stem. Differences in PS  
307 and TS (short stem) implanted femurs under frictional conditions were very small. The  
308 component of rotation found to be smallest in general was  $\theta_z$ . The percentage reduction in  
309 motion observed going from a fully frictional to fully tied interface was found to be similar to *in*  
310 *vitro* conclusions on uncemented and cemented implant motions. The overall trends evident by  
311 comparing Fig. 4a and Fig. 4b lend support to the idea that comparable implant performances  
312 can be achieved without the use of stems provided full fixation of the implant is achieved at the  
313 metaphysis [18].

314 Based on the assumption that no motion is permitted at the bone-implant interface of cemented  
315 FE models (due to tied constraints), we can then approximate the magnitude of the elastic  
316 deformations acting on each implanted femur through examination of apparent motions at the  
317 reference point for the “cemented” FE scenarios. In the present study such quantities are  
318 estimated to account for readings ranging from 1–39  $\mu\text{m}$  depending on implant and direction of

319 motion. These values are within the range previously reported by Moran [21] and significantly  
320 higher than that observed in the hip [37, 38]. These findings show that elastic deformations can  
321 still greatly influence reference point motion [28], despite close positioning of the test rig to the  
322 bone-implant interface. It is important to note that knowledge of the elastic deformations, in  
323 addition to interfacial motion, may be of relevance during long term tests [19], as any increase in  
324 the combined motion/deformation may indicate an increased risk of fatigue damage to the  
325 underlying bone [45]. Reassuringly, after adjusting for the specific contribution of elastic  
326 deformations for each implant type, motions about the reference point were still found to follow  
327 the same general trends, highlighting that such comparative *in vitro* studies can still provide  
328 meaningful information on the differences in global behaviour observed between implant types.  
329 However, if attempting to adjust for the contribution of elastic deformations, future studies  
330 should bear in mind that different implant configurations will be subject to different levels of  
331 deformation, as has been shown in the present study (e.g. largest elastic deformations in PS  
332 implanted femur, and smallest in TS implanted femur with long offset stem).

333 Similar to Tarala et al. [28], this study has also shown that motion of the reference point does not  
334 reflect the complex behaviour of interface. On investigation of the true predicted interfacial  
335 motions using contour plots (Fig. 5), results are observed to be lower than that predicted about  
336 the reference point, typically  $< 40\mu m$  on the distal surface, but rising much higher on the  
337 anterior and posterior surfaces. This indicates that while *in vitro* investigations using the current  
338 DVRT setup may be useful for providing a general comparison of overall component stability,  
339 they are not fully able to characterise the complex interactions taking place directly at the  
340 interface. Similar limitations with respect to investigation of motion following THA of the femur  
341 and TKA of the tibia have been previously reported [16, 28].

342 In a recent FE study by Berahmani et al. [26], the influence of different loading configurations  
343 on micromotion at the bone-implant interface following primary TKA with a cruciate retaining  
344 implant was examined. Similar to the finding of the present study, Berahmani and colleagues  
345 reported that simplified loading conditions and a lack of patella-femoral force caused an  
346 overestimation of micromotion at the interface. In their study it was also suggested that the  
347 distribution of motions was quite similar regardless of the loading configuration applied.  
348 However, in the present study, application of complex physiological loading patterns over a  
349 simple tibio-femoral force pattern (often applied *in vitro*) not only led to alterations in magnitude  
350 and location of peak motions, but also markedly changed the distribution of motions over the  
351 entire interface [16]. Interestingly, the effect of loading on motions was not uniform across  
352 different implant types, with motions at the interface of long stemmed implants found to be less  
353 susceptible to changes in loading pattern. One possible explanation for the discrepancy in  
354 findings between the two studies is a difference in medial-lateral load distribution (M-L). In  
355 Berahmani et al. the M-L distribution was kept constant for both simplified and full loading  
356 conditions, whereas, in the present study the M-L distribution of the tibiofemoral force was 51%-  
357 49% while replicating the *in vitro* conditions and 60%-40% under physiological loading  
358 conditions. This along with other factors, such as implant geometry and modelling parameters  
359 selected (e.g. frictional coefficients, and applied loads) may also explain why, contrary to that  
360 reported by Berhamani et al. [26] the distal surface and anterior chamfers were found to exhibit  
361 high levels of micromotion under complex loading conditions.

362 This study has some limitations. One potential limitation lies in the fact that no interference fit  
363 was modelled between the implant and the bone for the frictional cases, as this parameter was  
364 not recorded during the experiments it adds another element of uncertainty when trying to



365 replicate them *in silico*. While the magnitude of motions may reduce with press-fit [15]. It is  
366 unlikely that the main trends observed here, in relation to the quantification of elastic  
367 deformations and the role of applied loading on magnitude and distribution of motion, would  
368 change given the comparative nature of this study.

369 Despite efforts taken to accurately replicate *in vitro* conditions *in silico*, this study showed that *in*  
370 *vitro* measurements of motion did not match perfectly with FE predicted motions. These  
371 differences in magnitude of translational and rotational relative motions may be explained by  
372 both geometrical issues (e.g. ideal Boolean fit in FE vs. imperfect fit *in vitro*) and interface issues  
373 (e.g. frictional properties applied numerically). To minimise errors future tests should closely  
374 calibration bone-implant interface frictional properties based on benchmark tests with samples  
375 from physical lab specimens of all relevant materials. Furthermore, differences in the specified  
376 and actual material properties of the sawbones composite femurs [17] may present another  
377 source of variability.

378 In this study, for consistency and to allow direct comparison of implant behaviour, all implants  
379 (primary and revision) were implanted into healthy bone geometry which perfectly modelled the  
380 inner shape of the implant. However, at the time of revision surgery, where stemmed implants  
381 would typically be used, surgeons frequently encounter poor quality bone stock and large bony  
382 defects. Such alterations to the underlying architecture of the bone may influence its response to  
383 implantation [27, 46] and make long term survival of the prosthesis challenging. Additionally,  
384 any alterations to the Young's modulus of the bone, through defects or disease, would likely  
385 heavily influence inter-implant comparisons and substantially alter the levels of elastic  
386 deformation experienced at the interface. Future studies should seek to understand how bone  
387 quality (e.g. osteoarthritic v.s osteoporotic) and bony defects may influence motions and

388 deformations at the interface and how they might affect the trends presented here.  
389 The models presented in this study are currently limited to predicting motion at the interface in  
390 the immediate post-implantation period. However, catastrophic loosening typically only occurs  
391 after millions of cycles [19]. On-gong work in our group aims to address both the time-  
392 dependent material response of bone [47] and its macroscopic yield behaviour [48], with a view  
393 to incorporate these aspects into future iterations of the models presented here, to allow  
394 predictions to extend to loosening and failure of the prosthesis.

395

#### 396 4.1 Conclusion:

397 Experimentally verified finite element models can be used in a complementary manner to  
398 overcome many of the limitations traditionally associated with *in vitro* investigations of  
399 micromotion. These models are capable of providing insight into patterns of motion directly at  
400 the interface, as well as quantifying the levels of elastic deformation experienced by the bone for  
401 different implant geometries. Furthermore, the developed models have the ability to extend  
402 beyond the simplified *in vitro* loading conditions to characterise the influence of more  
403 physiologically realistic loads on the pattern and magnitude of motion at the interface. The  
404 outcomes of which have great relevance to the design and optimisation of orthopaedic implants  
405 and fixation strategies.

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408

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LEGEND TO FIGURES:

Fig. 1: Rendered CAD models of a PS implant (top), a TS implant with short stem (middle) and a TS implant with long offset stem (bottom).

Fig. 2: a) image of *in vitro* setup and corresponding model, b) shows the virtual test rig where reference points represent the DVRT sensors (orange dots) and target spheres (blue dots). In this instance the target sphere attach back to the implant tool groove using coupling constraints and the DVRT attach to the bone at the approximate location of the sensor housing in the *in vitro* setup. The reference point about which all motions and rotations are calculated is indicated by the white dot, and c) detailed schematic of reference point position relative to the target spheres and sensors.

Fig. 3: *In vitro* and computational results processing workflows.

Fig. 4: Comparison of the overall magnitude of relative displacement for both the FE and *in vitro* setups at 20° flexion, for a) uncemented and b) cemented scenarios. The upper and lower boundaries for fibrous tissue formation are indicated by the dashed orange line.

Fig. 5: a) anterior view, and b) posterior view of femoral component micromotion expressed as gap opening and shear micromotion in two orthogonal directions for a PS implanted femur (first column) and a TS implanted femur with short stem (second column) and a TS implanted femur with 4mm laterally offset stem (final column) under *in vitro* loading conditions.

Fig. 6: a) anterior view, and b) posterior view of femoral component micromotion expressed as gap opening and shear micromotion in two orthogonal directions for a PS implanted femur (first column) and a TS implanted femur with short stem (second column) and a TS implanted femur with 4mm laterally offset stem (final column) under physiological loading conditions.

574 **Table 1:** Summary of all cases examined at 20° flexion, with bone-implant interface conditions  
 575 highlighted for both the *in vitro* tests and their corresponding finite element models.

Implant type	Interface conditions ( <i>in vitro</i> tests)		Interface conditions (FE models)	
	Cemented “tied”	Uncemented “frictional”	Tied	Frictional
PS	All cemented		All tied	
		All frictional		All frictional
TS with short stem (12mm x 50mm)	All cemented		All tied	
		All frictional		All frictional
TS with long 4mm laterally offset stem (19mm x 150mm)	Implant only, stem frictional		Implant only tied, stem frictional	
		All frictional		All frictional

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585 **Table 2:** Material properties applied to finite element model.

<b>Component</b>	<b>Young's modulus E (MPa)</b>	<b>Poisson's ratio (<math>\nu</math>)</b>
Cortical bone	16700	0.3
Cancellous bone	155	0.3
Femoral component (Co-Cr)	210000	0.3
Femoral stem (ti-6al-4v)	110000	0.3
Offset adapter	110000	0.3
Steel plate	210000	0.3
Tibial insert	463	0.46

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599 **Table 3:** Forces used in the FE analyses for 20° flexion. Values were obtained from previous *in*  
600 *vivo* telemetric implant studies [30, 32], normalised in terms of body weight and then applied to  
601 the FE model for an assumed average body weight of 775N. Note: The sign of each component  
602 of force indicates its orientation in either the positive or negative direction in the knee joint  
603 coordinate system.

<b>Component of force</b>	<b>20°</b>
Medial Force Fm (N)	986
Lateral Force FL (N)	657
Medial Anterior-Posterior force APm (N)	-3
Lateral Anterior-Posterior force API (N)	-3
Patella-Femoral Force PF (N)	567
Internal-External moment IE (Nmm)	-7029

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613 **Table 4:** Absolute values of peak shear micromotion recorded at the interface for all implant  
614 types under both simplified and physiological loading conditions.

<b>Implant</b>	<b>Cslip1 (<math>\mu\text{m}</math>)</b>	<b>Cslip2 (<math>\mu\text{m}</math>)</b>
Simplified loading		
PS	77.29	135.04
TSSS	84.45	115.98
TSLs	29.04	56.68
Physiological loading		
PS	79.55	123.45
TSSS	94.15	100.17
TSLs	26.03	36.15

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623 **Table 5:** Summary of the surface area calculated for each implant type and loading condition  
624 (simplified and physiological) at 20° flexion for six different bands of shear micro motion (0 –  
625 20µm, 20 – 40µm, 40 – 60µm, 60 – 80µm, 80 – 100µm and 100 – 150µm). The values in  
626 brackets represent the area expressed as a percentage of the total area in contact at the interface.

		0 – 20µm (mm <sup>2</sup> )	20 – 40µm (mm <sup>2</sup> )	40 – 60µm (mm <sup>2</sup> )	60 – 80µm (mm <sup>2</sup> )	80 – 100µm (mm <sup>2</sup> )	100 – 150µm (mm <sup>2</sup> )
Simplified loading							
PS	Cslip 1	8806.77 (95.02)	404.59 (4.37)	52.65 (0.57)	4.42 (0.05)	0.00	0.00
	Cslip 2	8503.12 (91.74)	312.37 (3.37)	230.63 (2.49)	106.95 (1.15)	53.12 (0.57)	62.24 (0.67)
TSSS	Cslip 1	10376.32 (95.03)	379.32 (3.50)	68.65 (0.63)	14.86 (0.14)	0.00	0.00
	Cslip 2	10216.26 (94.25)	301.22 (2.78)	171.57 (1.58)	90.88 (0.84)	43.96 (0.41)	15.27 (0.14)
TSLs	Cslip 1	10772.31 (99.82)	19.04 (0.18)	0.00	0.00	0.00	0.00
	Cslip 2	10577.17 (98.01)	144.12 (1.34)	70.07 (0.65)	0.00	0.00	0.00
Physiological loading							
PS	Cslip 1	8541.07 (92.15)	505.62 (5.46)	177.62 (1.92)	44.11 (0.48)	0.00	0.00
	Cslip 2	8136.83 (87.79)	535.55 (5.78)	411.45 (4.44)	166.83 (1.80)	14.72 (0.16)	3.05 (0.03)
TSSS	Cslip 1	10377.28 (95.74)	197.72 (1.82)	130.98 (1.21)	126.15 (1.16)	7.03 (0.06)	0.00
	Cslip 2	9814.52 (90.55)	521.05 (4.81)	394.17 (3.64)	99.21 (0.92)	10.20 (0.09)	0.00
TSLs	Cslip 1	10686.47 (99.03)	105.01 (0.97)	0.00	0.00	0.00	0.00
	Cslip 2	10699.10 (99.14)	92.38 (0.86)	0.00	0.00	0.00	0.00

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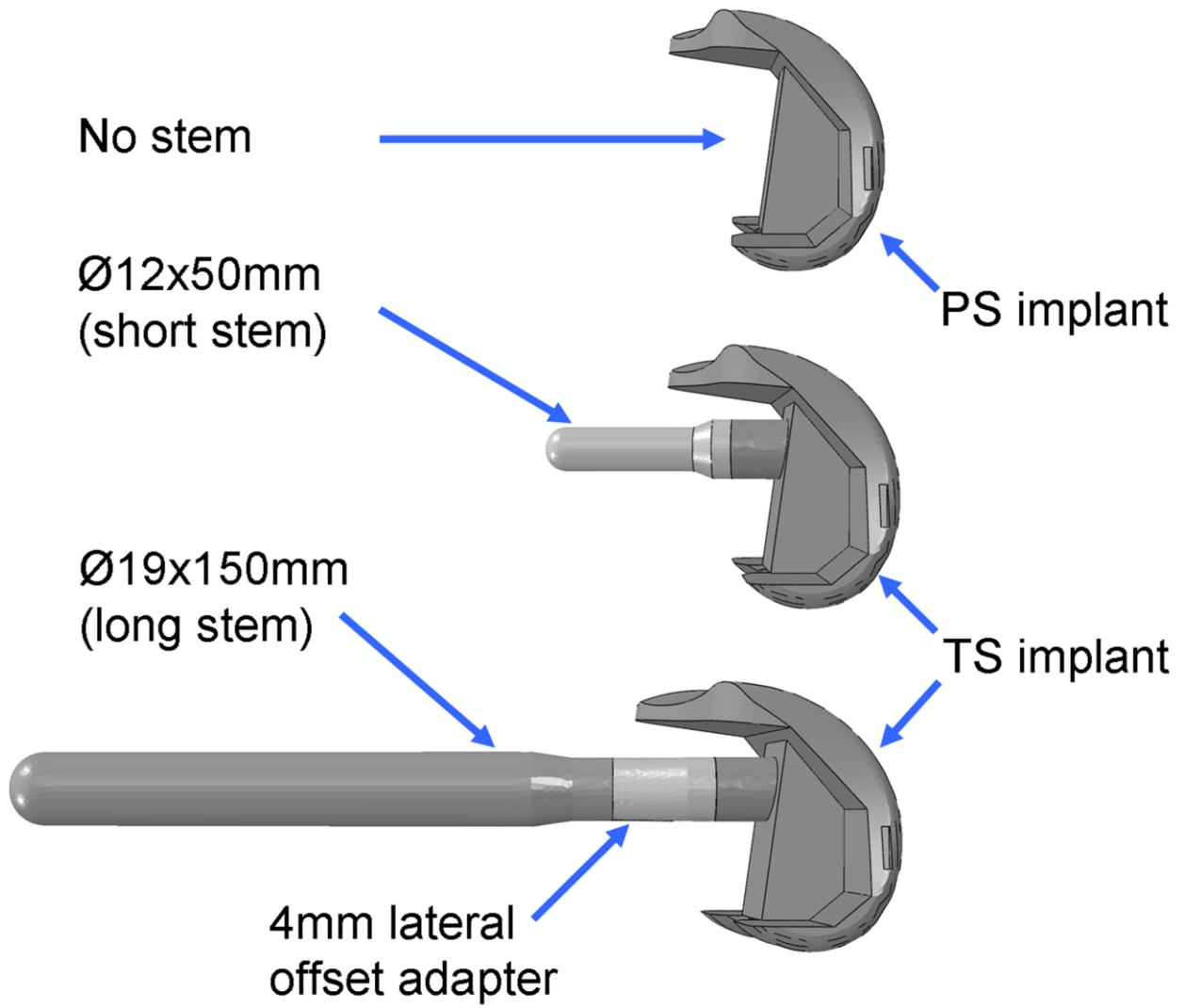
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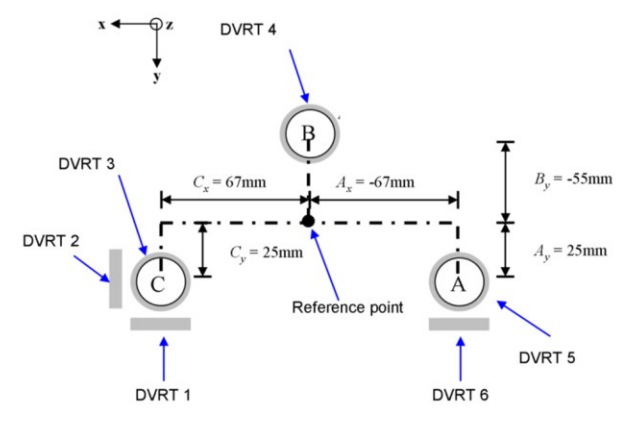
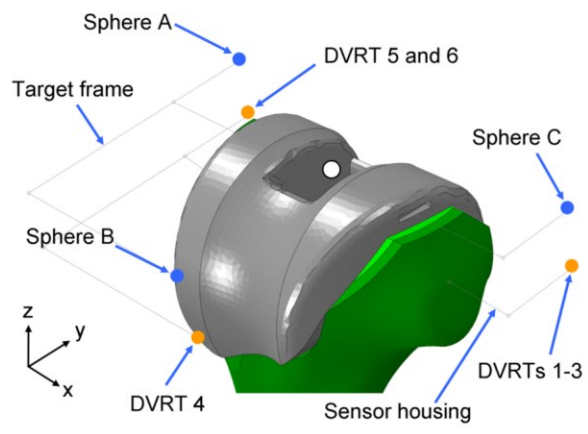
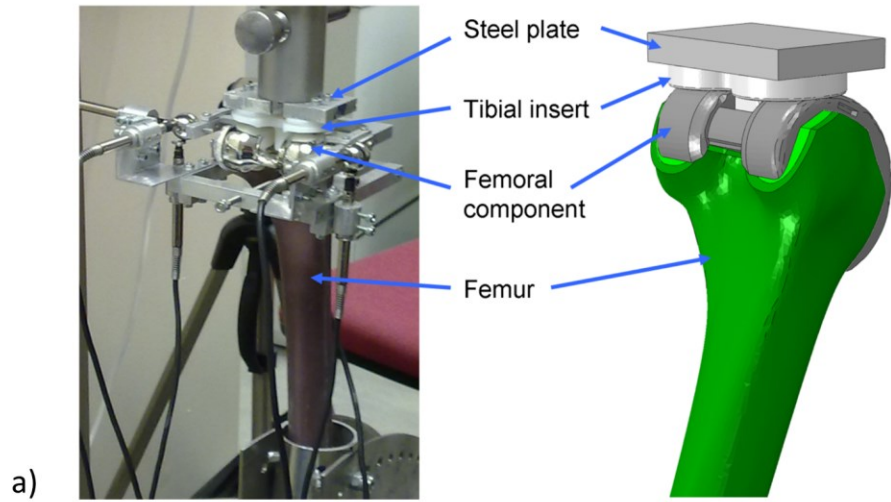
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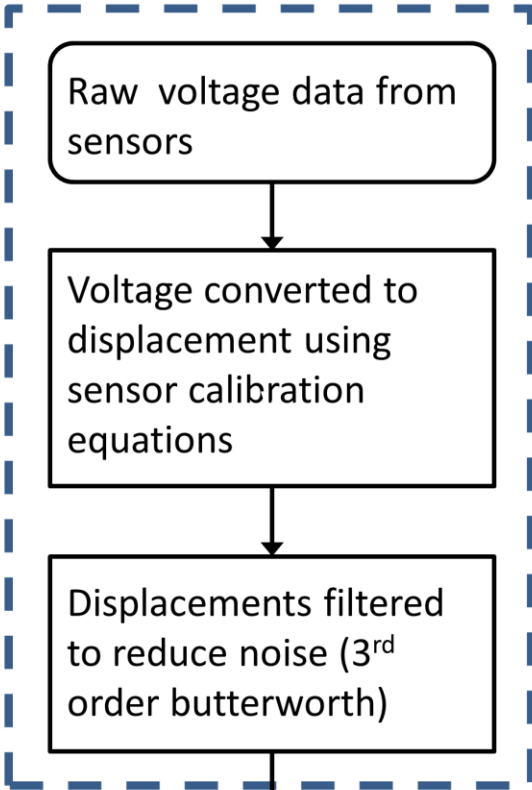
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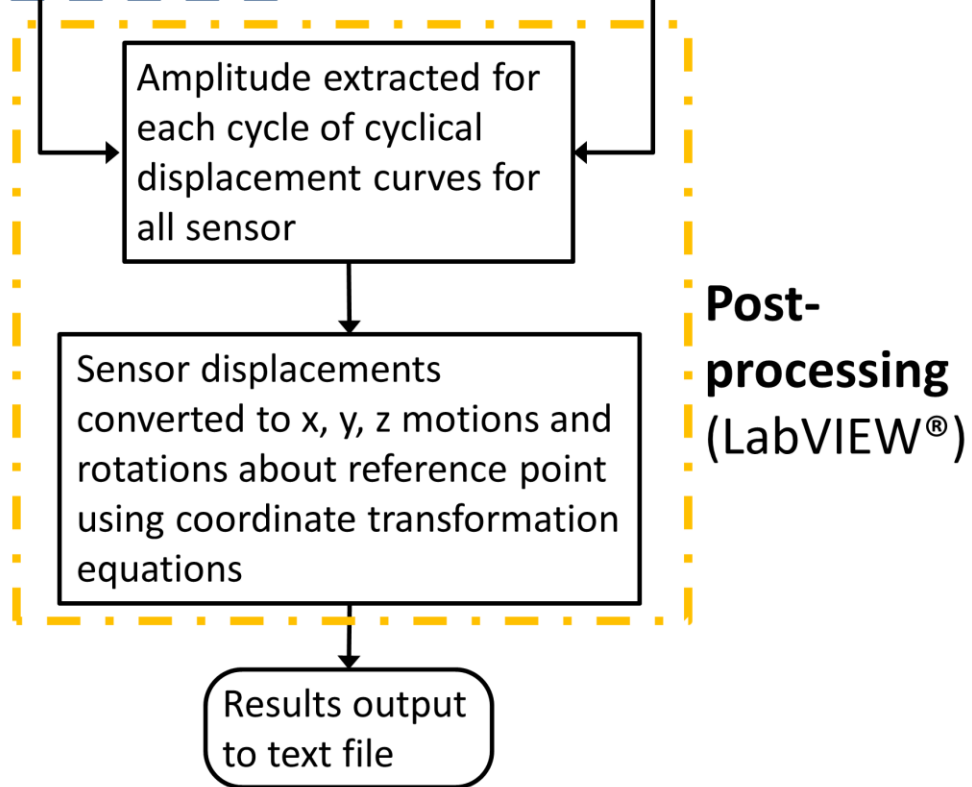
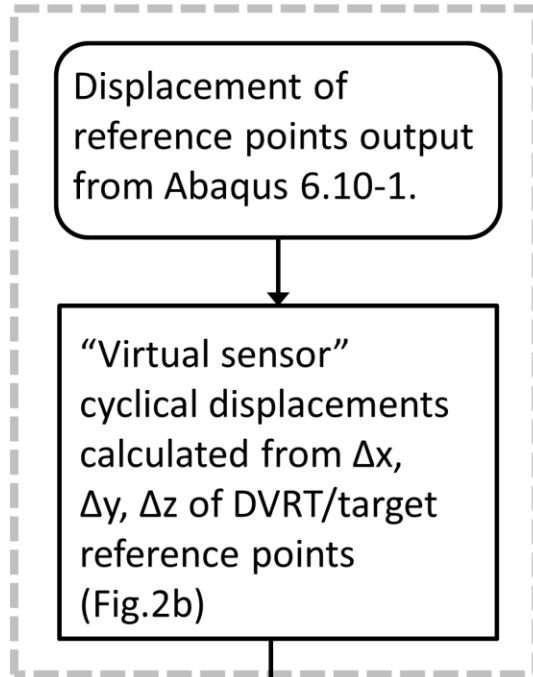
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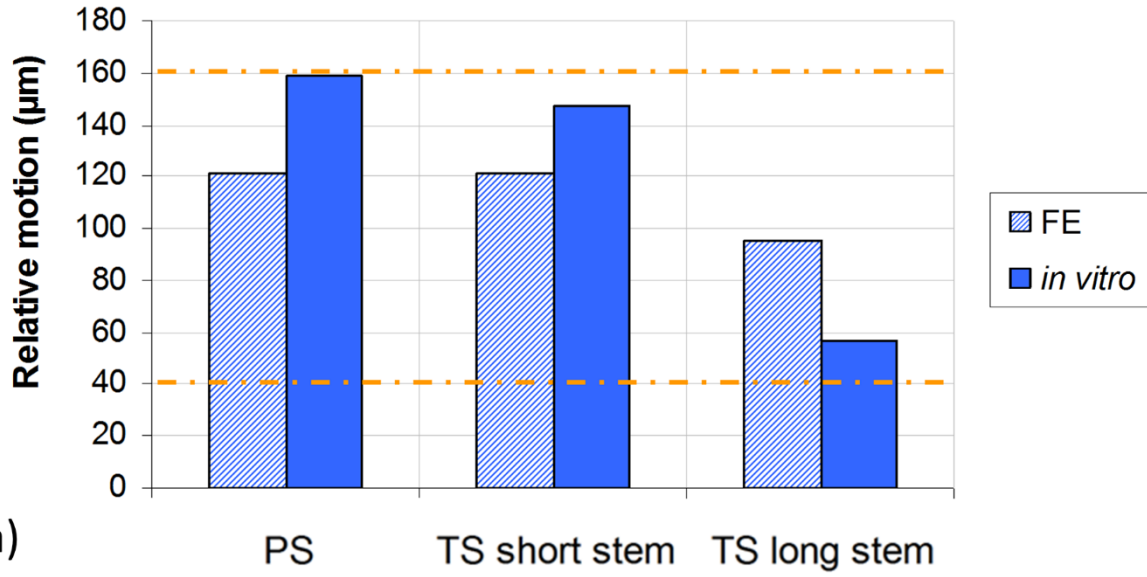


### ***In vitro* protocol**

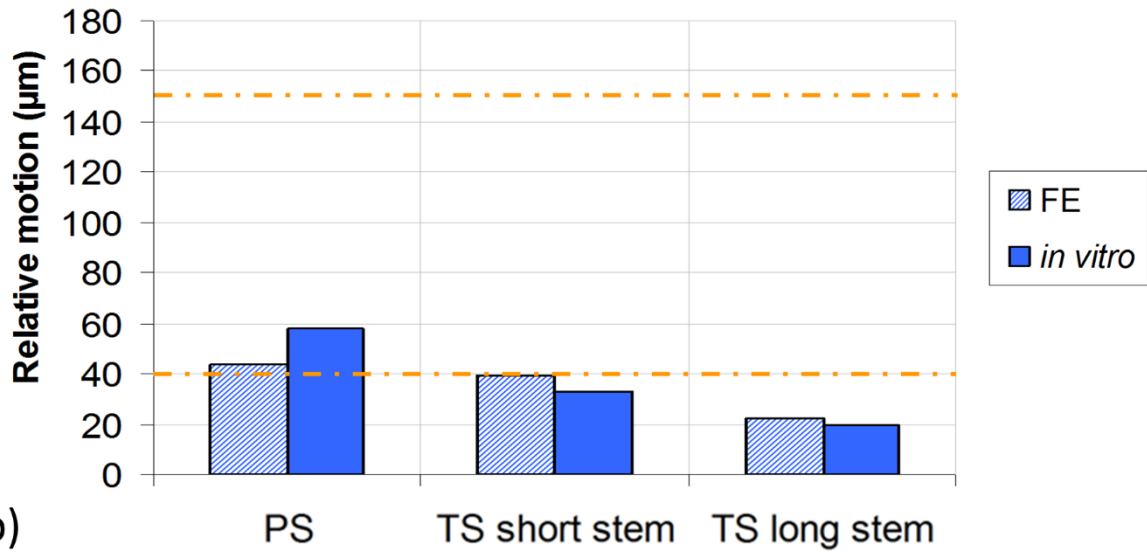


### **FE protocol**



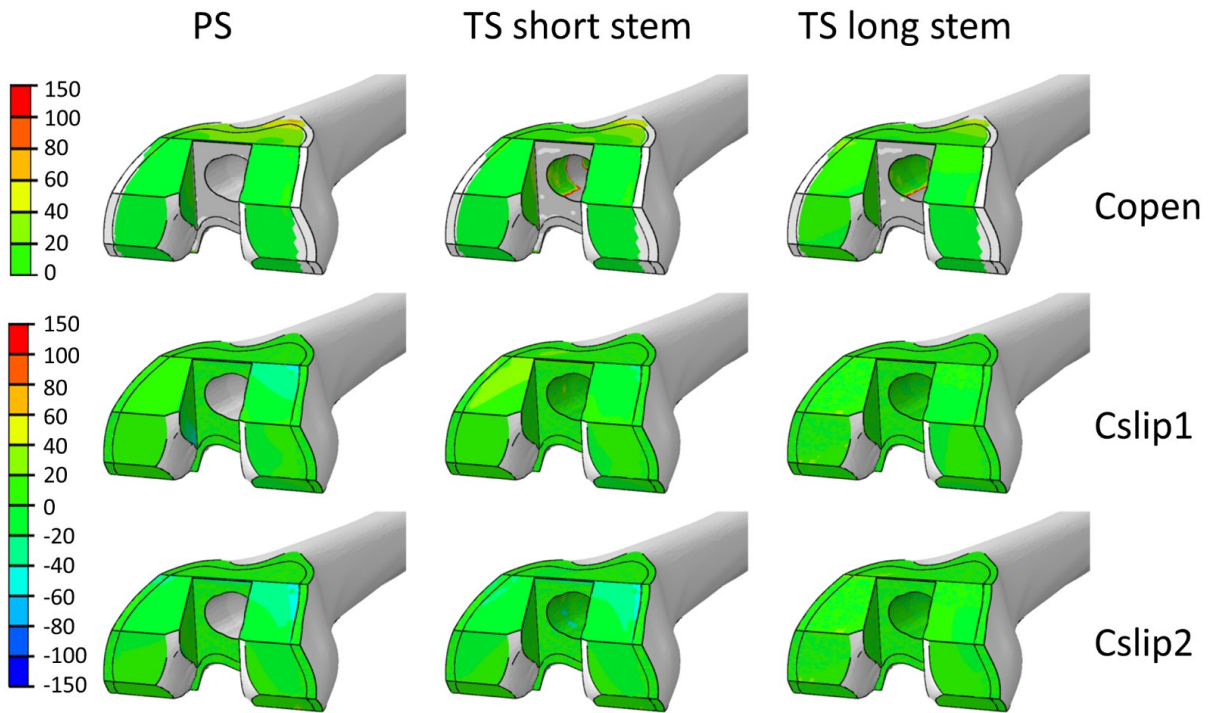


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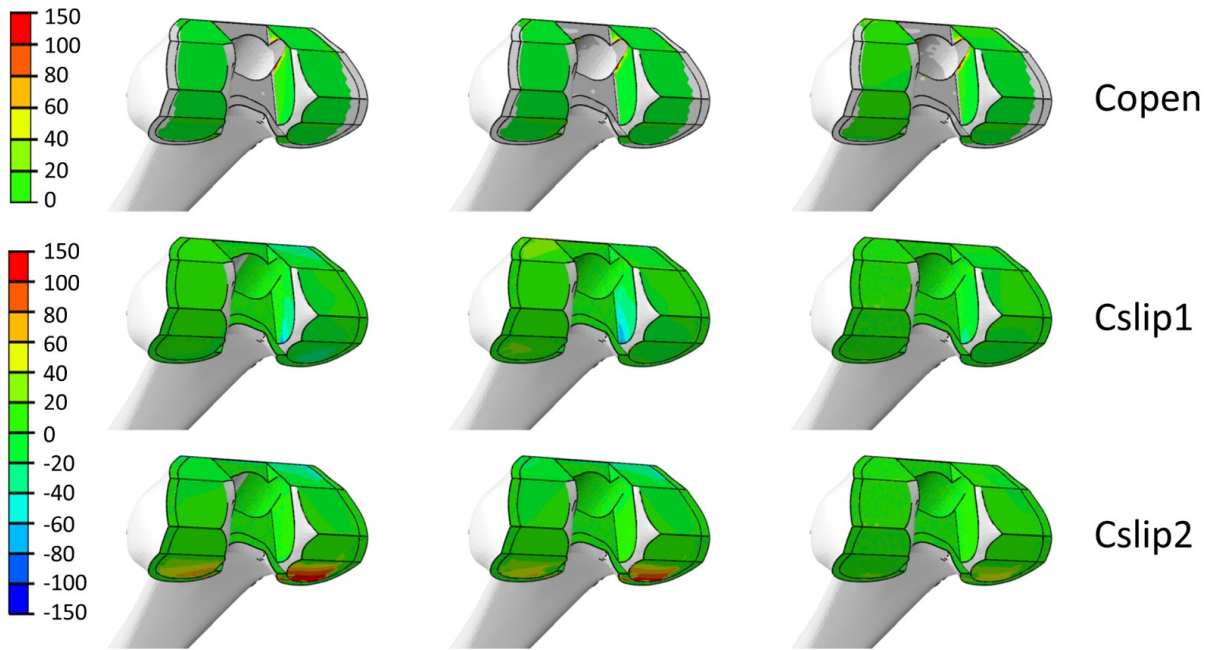


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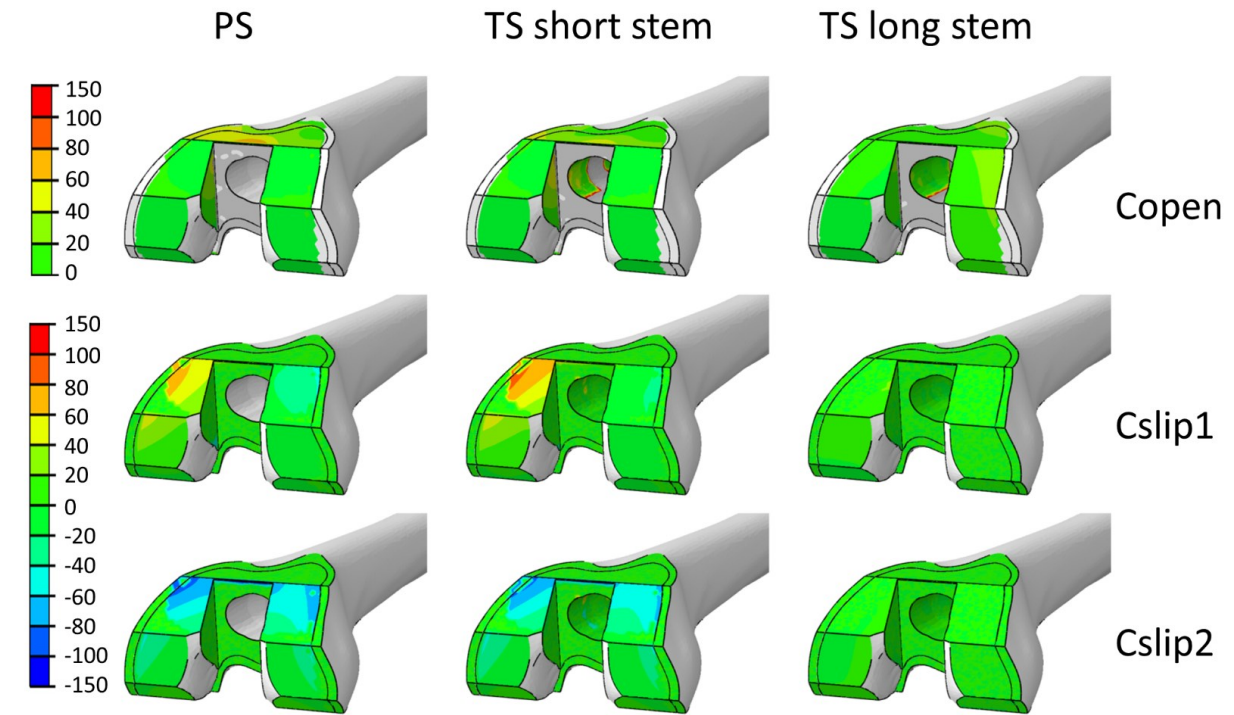


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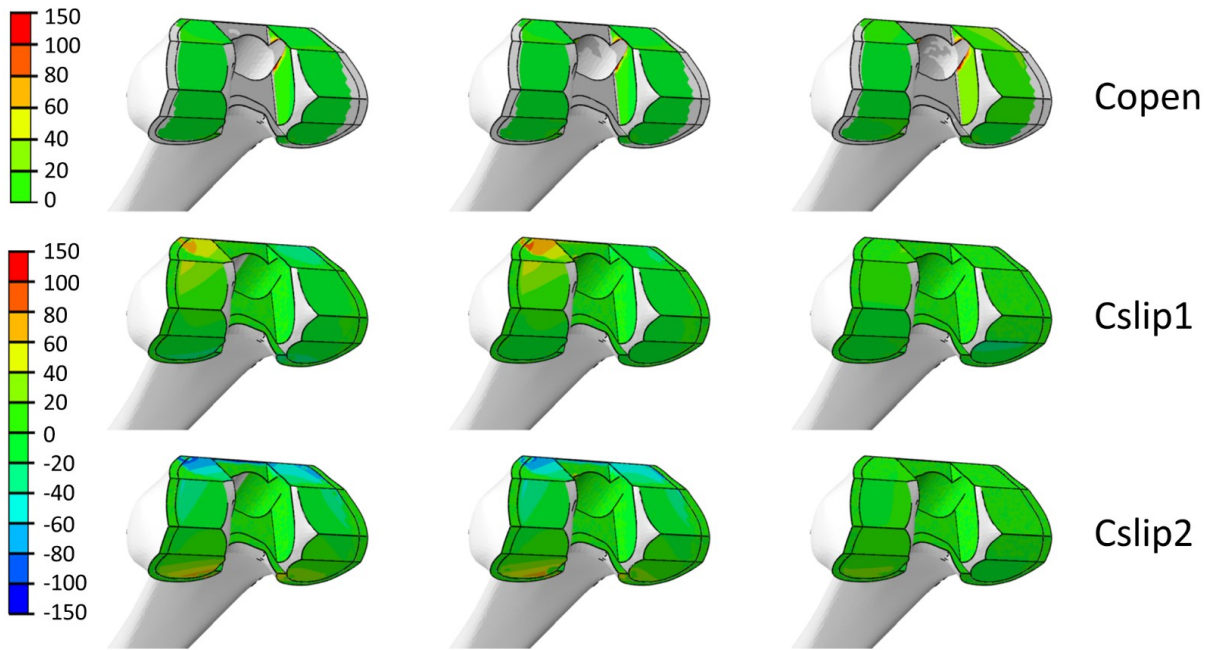


b)

Relative motion ( $\mu\text{m}$ )



a)



b)

Relative motion ( $\mu\text{m}$ )