

1 **Desacetyl- α -melanocyte stimulating hormone and α -melanocyte**
2 **stimulating hormone are required to regulate energy balance**
3

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27 **ABSTRACT**

28 **Objective:** Regulation of energy balance depends on pro-opiomelanocortin (POMC)-
29 derived peptides and melanocortin-4 receptor (MC4R). Alpha-melanocyte stimulating
30 hormone (α -MSH) is the predicted natural POMC-derived peptide that regulates
31 energy balance. Desacetyl- α -MSH, the precursor for α -MSH, is present in brain and
32 blood. Desacetyl- α -MSH is considered to be unimportant for regulating energy
33 balance despite being more potent (compared with α -MSH) at activating the appetite-
34 regulating MC4R *in vitro*. Thus, the physiological role for desacetyl- α -MSH is still
35 unclear.

36 **Methods:** We created a novel mouse model to determine whether desacetyl- α -MSH
37 plays a role in regulating energy balance. We engineered a knock in targeted QKQR
38 mutation in the POMC protein cleavage site that blocks the production of both
39 desacetyl- α -MSH and α -MSH from adrenocorticotropin (ACTH₁₋₃₉).

40 **Results:** The mutant ACTH₁₋₃₉ (ACTH^{QKQR}) functions similar to native ACTH₁₋₃₉
41 (ACTH^{KKRR}) at the melanocortin 2 receptor (MC2R) *in vivo* and MC4R *in vitro*. Male
42 and female homozygous mutant ACTH₁₋₃₉ (*Pomc*^{tm1/tm1}) mice develop the
43 characteristic melanocortin obesity phenotype. Replacement of either desacetyl- α -
44 MSH or α -MSH over 14 days into *Pomc*^{tm1/tm1} mouse brain significantly reverses
45 excess body weight and fat mass gained compared to wild type (WT) (*Pomc*^{wt/wt})
46 mice. Here, we identify both desacetyl- α -MSH and α -MSH peptides as regulators of
47 energy balance and highlight a previously unappreciated physiological role for
48 desacetyl- α -MSH.

49 **Conclusions:** Based on these data we propose that there is potential to exploit the
50 naturally occurring POMC-derived peptides to treat obesity but this relies on first
51 understanding the specific function(s) for desacetyl- α -MSH and α -MSH.

52 **Keywords:** POMC, Obesity, Desacetyl- α -MSH, α -MSH, obese mouse model

53 **1. INTRODUCTION**

54 The melanocortin system plays a significant role in the regulation of energy balance
55 (see reviews [1-3]). However, little is known about which specific endogenous pro-
56 opiomelanocortin (POMC)-derived peptides are responsible for regulation of appetite,
57 metabolism, and body weight. The POMC protein is inherently complex and is
58 differentially cleaved into multiple peptides in a coordinated and tissue-specific
59 manner [4]. POMC is a prohormone and its processing involves proteolytic cleavages
60 at specific pairs of basic amino acids performed by enzymes, prohormone converting
61 enzyme 1 (PC1), prohormone converting enzyme 2 (PC2) and carboxypeptidase E
62 (CPE) (reviewed in [5]). In brain and pituitary pars distalis and pituitary pars
63 intermedia, POMC is cleaved by PC1 to produce multiple peptides including ACTH₁₋
64 ₃₉ and β -lipotrophin (β -LPH). PC2 is selectively expressed in brain and pituitary pars
65 intermedia and it cuts ACTH₁₋₃₉ further at tandem dibasic residues, KKRR, to produce
66 ACTH₁₋₁₇ and corticotropin-like intermediate lobe peptide (CLIP). CPE subsequently
67 removes basic amino acids at the C-terminus of ACTH₁₋₁₇ to produce ACTH₁₋₁₃. Post-
68 translational processing of ACTH₁₋₁₃ produces desacetyl- α -MSH, α -MSH
69 (monoacetylated) and diacetyl- α MSH. PC2 also cuts β -LPH to generate γ -LPH and
70 β -endorphin.

71 One POMC-derivative, β -endorphin, stimulates food intake [6-8] while four POMC-
72 derived peptides, ACTH₁₋₃₉, α -MSH, β -MSH and γ 2-MSH reduce food intake [6, 9,
73 10]. A sixth peptide, desacetyl- α -MSH, also reduces food intake, but in
74 pharmacological studies requires a 25-times higher dose than α -MSH [9]. For this
75 reason, desacetyl- α -MSH has been considered to be unimportant for the regulation of

76 energy balance [5, 11, 12]. However, there is a higher abundance of desacetyl- α -MSH
77 compared with α -MSH in rat hypothalamus [13, 14]. In addition, desacetyl- α -MSH
78 (compared with α -MSH) is more potent at activating the appetite-regulating MC4R *in*
79 *vitro* [1]. Thus, the physiological role of desacetyl- α -MSH still remains unclear.

80 The melanocortin peptides differentially activate five melanocortin receptor (MCR)
81 subtypes, each having unique tissue distributions and functions. MC3R and MC4R are
82 highly expressed in the central nervous system and play key roles in regulating energy
83 balance [15-17]. Multiple POMC-derived peptides activate MC3R and MC4R *in vitro*
84 [18-20]. However, it is unknown whether these peptides have distinct or redundant
85 roles *in vivo* [2]. Since studies have indicated that only pharmacologic concentrations
86 of desacetyl- α -MSH (compared to α -MSH) inhibit food intake [9, 21], α -MSH is
87 predicted to be the endogenous melanocortin peptide hormone that regulates energy
88 balance. In addition, β -MSH is not present in rodents [22]. Here, we determined the
89 direct contribution of desacetyl- α -MSH and α -MSH in regulating energy balance.

90

91 **2. MATERIALS AND METHODS**

92 **2.1. Generation and maintenance of *Pomc*^{tm1} targeted mutation mouse model.**

93 The objective of this study is to develop a mouse model with a targeted *Pomc*
94 mutation that prevents production of desacetyl- α -MSH and α -MSH and then use this
95 model to determine whether desacetyl- α -MSH plays a role in energy balance. Ozgene
96 Pty Ltd (Bentley DC, WA, Australia) generated the *Pomc*^{tm1Kgm[†]} knock in mouse
97 strain, the first targeted mutation (tm1) in the mouse *Pomc* gene that prevents ACTH₁₋

[†] The registered nomenclature for this mouse model.

98 39 cleavage into ACTH₁₋₁₇ and CLIP. We first validated that mutant ACTH^{QKQR}
99 (found in *Pomc*^{tm1/tm1} mice) functions similar to wild type (WT) ACTH^{KKRR} (found in
100 *Pomc*^{wt/wt} mice) both *in vitro* and *in vivo* (see Supplementary Data). A targeting vector
101 was created containing mouse *Pomc* exon 3 KKRR proteolytic cleavage site mutated
102 to QKQR with *PGK-Neo* selection cassette inserted downstream of WT exon 3. *Lox P*
103 sites were inserted flanking WT exon 3 and the *PGK-Neo* selection cassette. The
104 targeting vector was constructed from three fragments, the 5'homology arm, the
105 3'homology arm and the *lox P* arm, which were all generated by PCR. Cre-
106 recombinase deletes the *PGK-Neo* cassette and WT exon 3 allowing the mutant
107 QKQR exon 3 to be expressed. Following electroporation of the targeting construct
108 into C57BL/6J Bruce4 embryonic stem (ES) cells, cells were selected for neomycin
109 resistance. Southern blotting and PCR were used to confirm targeted ES cells.
110 Euploid, targeted ES cells were then microinjected into *Balb/cJ* blastocysts and re-
111 implanted into pseudo-pregnant dams. Resultant chimeras were bred to *C57BL/6J*
112 breeders to establish transmission. Black progeny that were heterozygous for the
113 gene-targeted allele were then bred to Cre recombinase “delete” mice on *C57BL/6J*
114 background (Ozgene Pty Ltd) to allow excision of the WT exon 3 and Neo selection
115 cassette. Cre was then removed by breeding to *C57BL/6J* WT mice. Resulting mice
116 were transferred to the Vernon Jensen Animal Unit at the University of Auckland
117 (UOA) where the colony is maintained with heterozygous breeding pairs. Mice were
118 transferred from the University of Auckland to University of Texas South Western
119 Medical Center (UTSW) where the colony is maintained with triplicate heterozygous
120 mouse breeding.
121 Routine genotyping is performed by a PCR based strategy utilizing primers that
122 anneal to *Pomc* exon 3 (forward 5'TGCATCCGGGCTTGCAAACCTCGA3' and

123 reverse 5'GGGGCAAGGAGGTTGAGAAAT3') yielding an 820bp fragment. HaeII
124 restriction enzyme is used to cleave the 802 bp fragment to yield 514bp, 234bp and 54
125 bp fragments. The QKQR mutation destroyed one of the HaeII sites and therefore
126 HaeII cleaves the homozygous KI to yield 568bp and 234bp fragments.

127

128 **2.2. Ethics and animal husbandry.**

129 All experimental procedures involving mice at the Vernon Jensen Animal Facility,
130 UOA, were approved by the Auckland University Animal Ethics Committee and
131 conformed to The Animal Welfare Act 1999. Animals were housed up to 6 per cage
132 on wood-chip bedding and maintained at room ambient 20°C with a 12-h dark-light
133 cycle (lights on at 07:00 h in a pathogen-free barrier facility. The mice were fed
134 regular chow (Teklad Global 18% protein rodent diet 2018 [Harlan Laboratories, Inc.,
135 Madison, WI, USA]). All experimental procedures for the metabolic cages were
136 performed at UTSW and were approved by the IACUC committee at UTSW. The
137 *Pomc*^{tm1Kgm} mouse breeding colony was established at UTSW to produce mice for
138 testing in metabolic cages. At UTSW, mice were bred and housed in a barrier facility
139 at room ambient 22-24°C on a 12 h light/12 h dark cycle and were provided standard
140 chow (2016; Harlan Teklad) as well as water ad libitum. All experimental procedures
141 involving mice at University of Cambridge were carried out in accordance with the
142 guidelines of the United Kingdom Home Office. Animals were kept under controlled
143 temperature (22°C) and 12 h light, 12 h dark schedule (lights on 7:00-19.00).

144

145 **2.3. Growth and development.**

146 Groups comprising *Pomc*^{wt/wt}, *Pomc*^{wt/tm1} and *Pomc*^{tm1/tm1} mice of each sex were
147 weighed biweekly from weaning until 19-20 weeks of age. Significant differences

148 were determined using two-way repeated-measures ANOVA and Bonferroni post-hoc
149 test. Examination of both sexes allowed for assessment of sexually dimorphic
150 phenotypes. At 27-30 weeks, the mice were fasted overnight before being euthanized
151 with isoflurane, blood collected by cardiac puncture and nose-anus and anus-tail tip
152 measurements recorded. Significant differences were determined using one-way
153 ANOVA and Tukey's post-hoc test.

154

155 **2.4. Body Composition.**

156 Body composition was analyzed by magnetic resonance imaging (MRI) at the
157 University of Auckland and nuclear magnetic resonance (NMR) at UTSW. MRI was
158 used to assess body composition of *Pomc*^{wt/wt}, *Pomc*^{wt/tm1} and *Pomc*^{tm1/tm1} mice and to
159 compare body composition of male *Pomc*^{tm1/tm1} mice following melanocortin peptide
160 treatment. NMR (minispec, Bruker) was used to compare body composition prior to
161 metabolic cage experiments. MRI was performed using a 4.7T horizontal bore magnet
162 interfaced with a UnityInova spectrometer (Agilent Technologies, Santa Clara, CA,
163 USA). The anaesthetized animals were placed in a 72mm ID circularly-polarized
164 radio-frequency coil for imaging (m2m Imaging, Cleveland, OH, USA). Localizer
165 images were used to determine the appropriate position and number of slices to ensure
166 that all of the animal's tissue was included in the body composition assessment. The
167 scans to determine the body composition of the animals used the three-point Dixon
168 technique [23] on a set of contiguous, 1mm thick slices with a field-of-view of 110 x
169 55 mm and the imaging matrix set to 256 x128. The repetition time (TR) was 1000 ms
170 and the echo times were specified so that one in-phase image (0°) and two out-of-
171 phase images (-180°, 180°) were acquired. All image processing to extract the fat and
172 lean-tissue images from the MRI data and to determine the body composition was

173 performed with MATLAB (Mathworks Inc., Natick, MA, USA) using previously
174 described techniques [23]. Significant differences were determined using one-way
175 ANOVA and Tukey's post-hoc test.

176

177 **2.5. Metabolic Cages.**

178 Metabolic measurements were obtained for male and female *Pomc*^{wt/wt} and
179 *Pomc*^{tm1/tm1} mice aged ~ 4-6 weeks fed a regular chow diet or a regular chow diet and
180 switched to a high-fat diet for the duration of the time they were housed in metabolic
181 cages. Before each experiment body composition ad libitum fed mice was assessed
182 using NMR spectrometer and the mice were acclimatized to individual caging for 3-4
183 days. Mice were then transferred to metabolic chambers for an additional 4-day
184 acclimatization period with food provided ad libitum. Following acclimatization,
185 energy expenditure (O₂ consumption) was measured by indirect calorimetry and
186 simultaneous locomotor activity was assessed by infrared light-beam frame
187 surrounding the cage using TSE Labmaster monitoring system (TSE Systems GmbH,
188 Bad Homburg, Germany). Average oxygen consumption was calculated for both light
189 and dark periods and expressed per total or lean body mass. For locomotor activity
190 analysis, beam breaks in X- and Y- axis (ambulatory activity) was measured and
191 summed over dark and light periods. Significant differences were determined using
192 two-way repeated measures ANOVA and Bonferroni post-hoc analysis or unpaired
193 two-tail Student's t test.

194

195 **2.6. Central melanocortin peptide treatment.**

196 We administered melanocortin peptides to mice continuously using osmotic mini
197 pumps but first we determined using MALDI-TOF MS that α -MSH and desacetyl- α -

198 MSH dissolved in PBS and stored at 37°C were stable over 14 days. Aliquots of α -
199 MSH and desacetyl- α -MSH dissolved in PBS that were prepared for treatment studies
200 were incubated in Lo-bind eppendorf tubes at 37°C. At 7, 10 and 14 days aliquots
201 were snap frozen at -80°C. After thawing, the aliquots were centrifuged at 13,000g for
202 2 min at 4 °C. Spots (1 μ L) of each supernatant were then spiked on a MALDI-TOF
203 plate and dried for \geq 30 min in a vacuum dessicator. Matrix (α Cyano-4-
204 hydroxycinnamic acid in 50% acetonitrile in sterile water with 0.1% TFA) was
205 applied manually over peptides and allowed to thoroughly dry before the plate was
206 read in a Voyager DE-Pro Mass Spectrometer (Applied Biosystems). After dissolving
207 in PBS, melanocortin peptides were primed overnight at 37 °C in osmotic mini pumps
208 before being administered intracerebroventricular (i.c.v.) continuously over 14 days
209 by osmotic mini pump infusions. Group-housed mice (n= 3-6 mice per cage)
210 underwent stereotaxic surgery under isoflurane anesthesia to implant a cannula into
211 the lateral cerebral ventricle with the following coordinates: anterior posterior 0.1
212 mm, medial lateral 0.9 mm with one spacer dorsal ventral. An Alzet® mini osmotic
213 pump (Model 1002, Bio-Scientific Pty Ltd., NSW, Australia) filled either with saline
214 vehicle (USP-IV-IM, Demo Pharmaceutical Industry, Greece) or melanocortin
215 peptide (delivering 0.05 μ g, 0.5 μ g or 5 μ g of peptide/ 25g mouse body weight/day)
216 was implanted subcutaneously and was attached to the cannula using a catheter (Alzet
217 Brain Infusion Kit 3, Bio-Scientific Pty Ltd.). Mice were allowed to recover from
218 surgery for ~2-4 hour before being returned to their group-housed cages. Individual
219 body weights and food and water intake for each cage were monitored daily over 14
220 days. All mice were monitored daily for signs of ill health (not eating, starry-fur, not
221 moving). Significant differences were determined using two-way repeated measures
222 ANOVA and Dunnett's post-hoc analysis.

223

224 **2.7. Statistical analysis.**

225 GraphPad Prism 7 software (GraphPad Software Inc., San Diego, CA) was used to
226 perform all statistical analyses. Comparisons between groups were made by two-way
227 or one-way repeated or non-repeated measures ANOVA with Tukey or Bonferroni
228 post-hoc analysis, or by 2-tailed Student 't' test as indicated. Changes in body weight
229 over time comparisons were made using repeated two-way ANOVA. $P < 0.05$ was
230 considered statistically significant. Data are presented as mean \pm SEM.

231

232 **3. RESULTS**

233 **3.1. A *Pomc* gene targeted mutation (*Pomc^{tm1}*) results in biologically active** 234 **QKQR mutant ACTH₁₋₃₉ hormone.**

235 Deletion in the *Pomc* gene results in obesity in both mice [24-26] and humans [27].
236 However, the *Pomc* null mouse is not suitable for determining specific POMC-
237 derived peptide functions since it lacks all POMC-derived peptides and does not
238 develop functional adrenal glands [24, 26, 28]. Thus, we developed a unique mouse
239 model (*Pomc^{tm1Kgm}*) with a targeted QKQR mutation in the POMC protein cleavage
240 site that is required to produce desacetyl- α -MSH and α -MSH from ACTH₁₋₃₉ (Figure
241 1A).

242 We performed a series of biochemical and physiological studies to validate biological
243 activity for QKQR mutant ACTH₁₋₃₉ (ACTH^{QKQR}, see amino acid alignment, Figure
244 1B). ACTH^{QKQR} stimulates corticosterone production similar to native ACTH₁₋₃₉
245 (ACTH^{KKRR}) in dexamethasone-suppressed *Pomc^{wt/wt}* male mice (Supplementary

246 Figure 1A). The ACTH^{QKQR}, like native ACTH^{KKRR}, is biologically active at the
247 MC4R *in vitro* (Supplementary Figure 1B). *Pomc*^{tm1/tm1} mice develop functional
248 adrenal glands and produce corticosterone levels similar to *Pomc*^{wt/wt} mice
249 (Supplementary Figure 1C). These results confirm that ACTH^{QKQR} is produced and
250 functional in *Pomc*^{tm1/tm1} mice.

251

252 **3.2. ACTH^{QKQR} protein is not cleaved to produce desacetyl- α -MSH and α -MSH.**

253 We chose pituitary to validate that the QKQR mutation blocks ACTH₁₋₃₉ cleavage *in*
254 *vivo* because POMC is abundantly expressed in pituitary pars distalis and pars
255 intermedia while lesser amounts of POMC are expressed in the arcuate nucleus of the
256 hypothalamus. The pituitary pars intermedia is a good surrogate for the arcuate
257 nucleus since they both express PC2, the enzyme required for cleaving ACTH₁₋₃₉ to
258 ACTH₁₋₁₇. The pars distalis and posterior lobe of the pituitary are helpful controls
259 since the pars distalis expresses POMC but no PC2 while the posterior lobe of the
260 pituitary does not express either POMC or PC2.

261 To validate that ACTH^{QKQR} protein is not cleaved, we used Matrix Assisted Laser
262 Desorption/Ionization (MALDI)-Time-of-Flight (TOF) Mass Spectrometry (MS) of
263 pituitary sections and lysates (see Supplementary Methods). MALDI-TOF MS
264 imaging of pituitary sections confirms that diacetyl- α -MSH is present in *Pomc*^{wt/wt} but
265 not in *Pomc*^{tm1/tm1} pars intermedia, while phospholipid (marker for pars distalis) [29]
266 and vasopressin (marker for posterior pituitary lobe) [29] are present in the pars
267 distalis and posterior lobe respectively, of both *Pomc*^{wt/wt} and *Pomc*^{tm1/tm1} mice
268 (Figure 1C). In addition, a signal predicted to be Arg-CLIP (1-22; cleaved from the C-
269 terminus of ACTH₁₋₃₉) is only detectable in *Pomc*^{wt/wt} whole pituitary lysate

270 (Supplementary Figure 2A), while vasopressin, J peptide and a signal predicted to be
271 β -LPH appear in both *Pomc*^{wt/wt} and *Pomc*^{tm1/tm1} whole pituitary lysate
272 (Supplementary Figure 2A, B). ACTH₁₋₃₉ and β -LPH are the predominant POMC-
273 derived peptides produced in pars distalis and diacetyl- α -MSH, α -MSH and β -LPH
274 are the predominant POMC-derived peptides produced in pars intermedia. β -
275 endorphin was not detected here but under conditions of stress, β -LPH in pars
276 intermedia is cleaved by PC2 to produce β -endorphin [30]. Thus, in the *Pomc*^{tm1/tm1}
277 mouse only the ACTH^{QKQR} is not cleaved *in vivo* to produce ACTH₁₋₁₃ and Arg-
278 CLIP, while all other melanocortin peptides are produced through *in vivo* cleavage.
279

280 **3.3. N-terminal acetylation of ACTH^{QKQR} protein in whole pituitary lysate.**

281 Surprisingly, MALDI-TOF MS showed a clear signal at m/z 4638 that appears only in
282 *Pomc*^{tm1/tm1} and not in *Pomc*^{wt/wt} whole pituitary lysate (Supplementary Figure 2B).
283 We identified this peptide as N-terminal acetylated ACTH^{QKQR} using
284 immunoprecipitation and LC-MS/MS. We determined that acetylation of ACTH^{QKQR}
285 does not change ACTH^{QKQR} functional coupling at the mouse MC4R *in vitro* and it
286 abolishes ACTH^{QKQR} functional coupling of the mouse MC2R (Supplementary Figure
287 3A, B). Therefore, acetyl-ACTH^{QKQR} produced in pituitary, presumably in pars
288 intermedia where desacetyl- α -MSH is normally acetylated, is not expected to affect
289 the phenotype of *Pomc*^{tm1/tm1} mice.

290

291 **3.4. Male and female *Pomc*^{tm1/tm1} mice develop characteristic melanocortin** 292 **obesity.**

293 Despite expressing non-acetylated and acetylated ACTH^{QKQR}, which both functionally
294 couple to the mouse MC4R *in vitro*, male and female *Pomc*^{tm1/tm1} mouse body weights

295 are significantly increased compared to *Pomc*^{wt/wt} and *Pomc*^{wt/tm1} mice starting at 4-6
296 weeks of age (Figure 1D, G), due to increased lean and fat mass. Female and male
297 *Pomc*^{tm1/tm1} body lengths are ~5% and ~3% longer respectively, compared to
298 *Pomc*^{wt/wt} or *Pomc*^{wt/tm1} mice (Figure 1E, H). Quantitative magnetic resonance
299 imaging (MRI) analysis of whole-body tissue composition at 26-29 weeks shows
300 significant increases in fat mass in *Pomc*^{tm1/tm1} male and *Pomc*^{tm1/tm1} female mice
301 compared with *Pomc*^{wt/wt} mice (Figure 1F, I). These results indicate that the absence
302 of desacetyl- α -MSH and α -MSH is sufficient to induce the characteristic
303 melanocortin obesity phenotype, attributed to increased fat and lean mass as well as
304 increased body length.

305

306 **3.5. *Pomc*^{tm1/tm1} mouse hyperphagia is exacerbated when mice are fed high-fat** 307 **diet.**

308 We next sought to determine what parameters of energy balance are altered and are
309 causing obesity in early age. Mice (4 weeks of age) were individually housed in
310 metabolic cages to investigate how the absence of desacetyl- α -MSH and α -MSH
311 affects feeding behavior and energy expenditure, before differences in body weight
312 might confound interpretation. While all *Pomc*^{tm1/tm1} mice exhibit hyperphagia, we
313 observed that male *Pomc*^{tm1/tm1} mice fed a low-fat diet (LFD) have increased food
314 intake during the light phase, while females are hyperphagic during the dark phase
315 (Figure 2A, B). This suggests that male *Pomc*^{tm1/tm1} mice have an altered feeding
316 pattern, with abnormal food intake during the light-cycle. A deficiency in POMC or
317 MC4R associates with hyperphagia that is exaggerated by dark-cycle food
318 consumption (reviewed in [31, 32]) and is sensitive to dietary fat content [33, 34].
319 Here, we show high-fat diet (HFD) exacerbates hyperphagia in male and female

320 *Pomc*^{tm1/tm1} mice throughout the day (Figure 2A, B), suggesting that the absence of
321 desacetyl- α -MSH and α -MSH promotes food intake and potentially increases the
322 palatability of HFD.

323

324 **3.6. High-fat diet reduced energy expenditure for male and female *Pomc*^{tm1/tm1}**
325 **mice.**

326 Manipulations of the melanocortin system were previously shown to impair energy
327 expenditure, thus contributing to the obesity phenotype [34, 35]. Here, we observed
328 that neither oxygen consumption nor locomotor activity was significantly altered in
329 mice fed a LFD (Figure 2C - F). Interestingly, male and female *Pomc*^{tm1/tm1} mice fed
330 HFD exhibit significantly reduced oxygen consumption compared to *Pomc*^{wt/wt} mice
331 (Figure 2C, D), without changes in locomotor activity (Figure 2E, F). These data
332 suggest that *Pomc*^{tm1/tm1} mice have reduced energy expenditure when exposed to a
333 HFD regimen.

334

335 **3.7. Central administration of either desacetyl- α -MSH or α -MSH reverses**
336 ***Pomc*^{tm1/tm1} mouse obesity.**

337 To determine whether replacement of each peptide alone can reverse the characteristic
338 melanocortin obesity, we continuously administered incremental doses (0.03 -3.00
339 nmol / 25 g body weight / day) of α -MSH or desacetyl- α -MSH into adult *Pomc*^{tm1/tm1}
340 mouse brains over 14 days. First, we determined that α -MSH and desacetyl- α -MSH
341 are stable under these treatment conditions (Supplementary Figure S4). We show that
342 either α -MSH or desacetyl- α -MSH can significantly reduce body weight in
343 *Pomc*^{tm1/tm1} mice compared with vehicle-treated age- and sex-matched control
344 *Pomc*^{tm1/tm1} mice. Treatment with 5 μ g α -MSH or 5 μ g desacetyl- α -MSH similarly

345 reduced male or female body weight (Figure 4E, F). However, α -MSH is more potent
346 than desacetyl- α -MSH at reducing female body weight since body weight was
347 significantly reduced following either 0.05 μ g or 0.50 μ g desacetyl- α -MSH but not by
348 corresponding α -MSH doses (Figure 3A, B, F). In contrast with females, α -MSH is
349 not more potent than desacetyl- α -MSH at decreasing male *Pomc*^{tm1/tm1} mouse body
350 weight and furthermore, there is a trend for desacetyl- α -MSH to be more potent than
351 α -MSH (0.05 μ g and 0.50 μ g doses) at reducing male body weight (Figure 3C, D, F).
352 The decreased body weight is predominantly due to fat mass loss: body weight and
353 percent body fat measured using MRI in male *Pomc*^{tm1/tm1} mice treated with either α -
354 MSH or desacetyl- α -MSH are significantly reduced compared with vehicle-treated
355 age-matched male *Pomc*^{tm1/tm1} mice (Figure 4). The mice exhibited no signs of ill
356 health over the 14 days of treatment and therefore these hormones do not appear to
357 have any non-specific toxic effects.

358

359 **4. DISCUSSION**

360 The long-held myth that desacetyl- α -MSH is biologically unimportant for body
361 weight regulation can now be put to rest. Our novel *Pomc*^{tm1/tm1} mouse identifies
362 desacetyl- α -MSH and α -MSH as both necessary for regulating mouse energy balance.
363 We show that preventing the production of ACTH₁₋₁₃ from ACTH₁₋₃₉ results in a
364 characteristic melanocortin obesity phenotype. Furthermore, pharmacological
365 administration of desacetyl- α -MSH or α -MSH is sufficient to reverse this phenotype.
366 Previously, central α -MSH administration has been shown to decrease rodent food
367 intake and body weight [10, 36, 37], but we are the first to show potent effects for
368 desacetyl- α -MSH decreasing mouse body weight. We show this because in our study,
369 desacetyl- α -MSH is administered to a mouse that does not make any endogenous

370 desacetyl- α -MSH or α -MSH. This leads to the question as to why central
371 administration of desacetyl- α -MSH in *Pomc*^{wt/wt} rodents does not decrease food intake
372 similar to α -MSH [9]. We hypothesize that endogenous desacetyl- α -MSH and α -MSH
373 prevent exogenously administered desacetyl- α -MSH from reducing food intake and
374 body weight in *Pomc*^{wt/wt} rodents. We propose that the balance between endogenous
375 desacetyl- α -MSH and α -MSH levels dictates the regulation of mammalian energy
376 homeostasis and furthermore we propose the balance of these peptides could be
377 sexually dimorphic. Here we show sensitivity to desacetyl- α -MSH and α -MSH
378 induced weight loss differs between the sexes; male mice exhibit similar sensitivity to
379 desacetyl- α -MSH and α -MSH while female mice are more sensitive to α -MSH
380 compared with desacetyl- α -MSH. This adds to a list of sexually dimorphic differences
381 reported for POMC-derived peptide regulation of energy homeostasis [38-42].
382 Leptin has been shown to stimulate N-terminal acetylation of desacetyl- α -MSH to
383 generate α -MSH in the rodent hypothalamus [12]. α -MSH is believed to be the
384 biologically active melanocortin hormone mediating leptin inhibition of food intake
385 because desacetyl- α -MSH, compared with α -MSH, was shown to rapidly degrade in
386 the hypothalamus [12]. However, our study shows that desacetyl- α -MSH and α -MSH
387 are similarly effective at reducing *Pomc*^{tm1/tm1} mouse body weight when continuously
388 infused at physiological levels into the lateral ventricle. Guo et. al. measured ~0.15
389 pmol α -MSH and ~0.58 pmol desacetyl- α -MSH in C57BL/6J mouse hypothalamus
390 [12]. The lowest effective dose of either hormone that we infused i.c.v. into a 35g
391 mouse is 0.029 pmol/minute and therefore if desacetyl- α -MSH is rapidly degraded *in*
392 *vivo* it must trigger a rapid response prior to degradation. Importantly, we determined
393 that both α -MSH and desacetyl- α -MSH are stable when stored in PBS at 37 °C for 14

394 days, which are the *in vivo* conditions for the osmotic mini pumps. Therefore, in our
395 study the osmotic mini pumps should always be pumping intact hormones.
396 Our data also suggest for the first time that ACTH₁₋₃₉ is not sufficient to regulate
397 mouse body weight despite ACTH₁₋₃₉ having full agonist activity at the MC4R
398 (Supplementary Figure 3A) and the ability of exogenous ACTH₁₋₂₄ administered to
399 rodent brain to cause decreased food intake [43]. However, it is unclear whether
400 endogenous ACTH₁₋₃₉ is produced in the brain and if it is, it may not be expressed
401 when and where MC4R are expressed. The major end-products of POMC processing
402 detected in brain hypothalamus are desacetyl- α -MSH and β -endorphin [44, 45] while
403 α -MSH and acetylated β -endorphin expression predominate in the brain stem [44].
404 Hence, *Pomc*^{tm1/tm1} mouse brain is expected to express acetyl-ACTH^{QKQR} in brain
405 stem and yet this is not sufficient to regulate *Pomc*^{tm1/tm1} mouse body weight. The
406 acetylation reaction required for producing α -MSH is documented to occur at
407 desacetyl- α -MSH N-terminus [4, 44, 45]. However, here we show that N-terminal
408 acetylation occurs on ACTH₁₋₃₉ when cleavage of ACTH₁₋₃₉ to ACTH₁₋₁₇ is
409 prevented. Therefore in the *Pomc*^{tm1/tm1} mouse, all cells and tissues that should
410 normally express α -MSH are expected to express acetyl-ACTH^{QKQR}.
411 A disadvantage for our novel model is that the QKQR ACTH mutation is knocked in
412 the mouse genome during embryogenesis and therefore it is possible that the absence
413 of desacetyl- α -MSH and α -MSH during development contributes to the obese
414 *Pomc*^{tm1/tm1} mouse phenotype. Furthermore, our model has global removal of
415 desacetyl- α -MSH and α -MSH and therefore we do not know whether the obese
416 *Pomc*^{tm1/tm1} mouse phenotype is due to the removal of these peptides in the brain, in
417 the periphery, or in both brain and periphery. POMC is most abundantly expressed in
418 the pituitary gland and expressed in lower abundance in the arcuate nucleus of the

419 hypothalamus, the brainstem, and in several peripheral tissues including skin,
420 pancreas, intestine, heart and reproductive organs [1]. However, our results do
421 indicate that pituitary and adrenal gland development and function are unaltered in
422 our model, as supported by normal histology and corticosterone levels respectively.
423 This does not reflect the EC_{50} for ACTH^{QKQR} that is 82-fold less than the EC_{50} for
424 ACTH^{KKRR} coupling to mMC2R (Supplementary Figure S3). We hypothesize that the
425 negative feedback regulation of pituitary pars distalis ACTH^{QKQR} production is
426 significantly reduced resulting in a build-up of circulating ACTH^{QKQR}. ACTH^{QKQR} is
427 a full agonist (Supplementary Figure S3) at the mMC2R and this build-
428 up of ACTH^{QKQR} would account for the normal corticosterone levels in the *Pomc*^{tm1/tm1}
429 mouse. The development of a conditional *Pomc*^{tm1/tm1} mouse model should resolve
430 these issues.

431 For over 15 years we have understood that POMC-derived peptide hormones are
432 required for regulation of food intake and energy expenditure but only now do we
433 show that desacetyl- α -MSH and α -MSH are both key endogenous POMC-derived
434 peptides responsible for mouse regulation of appetite, metabolism, and body weight.
435 We hypothesize that physiological and environmental factors differentially regulate
436 endogenous POMC-derived peptide processing leading to dynamic changes in
437 abundance of each peptide produced in specific cell types in brain and pituitary, and
438 these dynamic changes culminate in the regulation of appetite, metabolism and body
439 weight. The recently discovered cannabinoid-induced ‘munchies’ mediated through
440 POMC neurons in the brain, turning up the production of β -endorphin while turning
441 down the production of α -MSH [46] supports this hypothesis. Our data could suggest
442 that there is potential to exploit the naturally occurring POMC-derived peptides to

443 treat obesity and type-2 diabetes but this relies on first understanding the specific
444 function(s) for desacetyl- α -MSH and α -MSH in the brain and the periphery.

445

446 **5. CONCLUSION**

447 We show here that desacetyl- α -MSH is indeed biologically active *in vivo* and like α -
448 MSH it can reduce mouse body weight and fat mass. Therefore, our study highlights a
449 need to understand how endogenous desacetyl- α -MSH and α -MSH levels correlate
450 with measures of energy balance and whether there are distinct or redundant roles for
451 these POMC-derived peptides *in vivo*.

452

453 **AUTHORS CONTRIBUTIONS**

454 K.G.M. was responsible for the overall experimental design in Auckland, New
455 Zealand. A.C., S.L. and J.K.E. were responsible for the experimental design and data
456 analysis for the metabolic cage experiments at The University of Texas Southwestern
457 Medical Center, USA. S.B., K.H., K. V B., A.S., and B.S. maintained the mouse
458 colony at the University of Auckland, weighed mice, performed i.c.v. surgeries,
459 euthanized mice, harvested tissues, analyzed data and contributed to writing of the
460 manuscript. A.M. trained and supervised researchers performing i.c.v. surgeries. K.H.
461 C.B. and M.M performed mass spectrometry on tissue and lysates and A.G.
462 performed imaging mass spectrometry on pituitary. P.W.R.H., R.K. and M.A.B.
463 synthesized native and mutant ACTH peptides. R.B. performed cell culture and
464 adenylyl cyclase assays and analyzed this data. B.P. performed MRI and developed
465 MRI data analysis. A.C., K.T., S.P. and K.H. performed testing of ACTH peptides *in*
466 *vitro* and *in vivo*. K.G.M. with help from A.C., S.L and J.K.E. wrote the manuscript
467 that was reviewed by all authors.

468

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486

487 **CONFLICTS OF INTEREST**

488 The authors declare that no conflicts of interest exist.

489

490 **APPENDIX. SUPPLEMENTARY DATA**

491 Supplementary data includes methods and three supplementary figures.

492

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629
630

631 **FIGURE LEGENDS**

632

633 **Figure 1: Generation of *Pomc*^{tm1/tm1} mice that develop the characteristic**
634 **melanocortin obese phenotype.**

635 **A**, Schematic of targeted *Pomc* allele for knock-in of QKQR mutation into *Pomc*
636 exon 3 with resulting impact on pre-POMC processing and ACTH₁₋₁₃ production.

637 **B**, Amino acid sequence alignments for native and mutant ACTH₁₋₃₉ molecule.

638 **C**, MALDI imaging MS shows ACTH₁₋₁₃ is successfully deleted from *Pomc*^{tm1/tm1}

639 mouse pituitary. Mass-to-charge (m/z) signals that delineate the pars distalis (PD, m/z

640 835 in *blue* represents phospholipid) and posterior lobe (P, m/z 1086 in *red* represents
641 vasopressin) are shown. In addition, diacetyl- α -MSH (m/z 1706 in *green*) is detected
642 in the pars intermedia (PI) of *Pomc*^{wt/wt} but not *Pomc*^{tm1/tm1} tissue. Scale bars = 500
643 μ M.

644 **D and G**, Body weights of mice fed a regular-chow diet from weaning. Significant
645 difference determined using two-way repeated-measures ANOVA and Bonferroni
646 post-hoc test between *Pomc*^{wt/wt} and *Pomc*^{tm1/tm1}. *, p< 0.05; **, p<0.01; ***, p <
647 0.001 or using paired Student 't' test between *Pomc*^{wt/wt} and *Pomc*^{tm1/tm1}; male #,
648 p<0.05; female ##, p<0.01

649 **E and H**, Body length measured at 27-30 weeks for mice fed a regular-chow diet
650 from weaning. Data are shown as mean \pm SEM. Significant differences determined
651 using one-way ANOVA and Tukey's post-hoc test. *, p< 0.05; **, p<0.01

652 **F and I**, Percent body fat calculated from 6 MRI Dixon images/mouse. Data are
653 shown as mean \pm SEM for mice aged 26-29 weeks and fed a regular-chow diet.
654 Significant differences determined using one-way ANOVA and Tukey's post-hoc
655 test. ***, p<0.001; ****, p<0.0001

656

657 **Figure 2: Food intake and energy expenditure for male and female *Pomc*^{wt/wt} and**
658 ***Pomc*^{tm1/tm1} mice.**

659 **A and B**, Food intake was automatically measured in metabolic cages for mice at 4
660 weeks of age and fed regular chow for 4 days and then switched to high-fat diet for 4
661 days (n = 5-6 mice/group). Mice were acclimatized to the metabolic cages for 5 days
662 prior to experiments. Data are shown as average food intake \pm SEM per light cycle
663 over 4 consecutive days for males and females. Significant differences determined

664 using either two-way repeated measures ANOVA and Bonferroni post-hoc analysis or
665 unpaired two-tail Student's t test. *, p<0.05; ***, p<0.001

666 **C and D**, Oxygen consumption (VO₂) measured in metabolic cages for the same mice
667 shown in A and B. Data shown as average VO₂ per light cycle ± SEM over 4
668 consecutive days for males and females. Significant differences determined using
669 either two-way repeated measures ANOVA and Bonferroni post-hoc analysis or
670 unpaired two-tail Student's t test. *, p<0.05; **, p<0.01

671 **E and F**, Locomotor activity measured in metabolic cages for same mice as shown in
672 A and B. Data are shown as total activity per light cycle ± SEM over 4 consecutive
673 days for males and females. No significant differences were determined using either
674 two-way repeated measures ANOVA and Bonferroni post-hoc analysis or unpaired
675 two-tail Student's t test.

676

677 **Figure 3: Central α-MSH or desacetyl-α-MSH treatments reduce male and**
678 **female *Pomc*^{tm1/tm1} mouse body weight.**

679 **A, B, C, D, E, F** Administration (i.c.v.) of α-MSH or desacetyl-α-MSH compared to
680 vehicle treatment reduced *Pomc*^{tm1/tm1} mouse body weight. At the start of treatment
681 male mice were aged 23-31 weeks and female mice were aged 29-31 weeks. Vehicle
682 or peptide dose (µg/25g mouse body weight on day1/day) was continuously
683 administered over 14 days. Combined data are shown as mean ± SEM for two
684 independent experiments. A- D; Significant differences determined using two-way
685 repeated measures ANOVA and Dunnett's post-hoc analysis. E, F: Significant
686 differences determined using two-way ANOVA and Dunnett's post-hoc analysis.

687 *, p<0.05; **, p<0.01; ***, p<0.001.

688

689 **Figure 4: Central α -MSH or desacetyl- α -MSH treatment reduces male**
690 ***Pomc*^{tm1/tm1} mouse fat mass.**

691 **A and C**, Mean body weight \pm SEM for male *Pomc*^{tm1/tm1} mice (n = 3 group) after 14
692 days i.c.v administration of vehicle, α -MSH or desacetyl- α -MSH.

693 **B and D**, Percent body fat \pm SEM determined by MRI for male *Pomc*^{tm1/tm1} mice
694 shown in A and C after 14 days i.c.v administration of vehicle, α -MSH or desacetyl-
695 α -MSH. Significant differences between vehicle and peptide treatment determined
696 using unpaired, two-tailed Student's t test. *, p<0.05; **, p<0.01; ***, p<0.001

697 **E**, Representative MRI images for mice presented in A, - D. Fat and lean tissues
698 represented as green and red, respectively.

699

700 **SUPPLEMENTARY DATA**

701

702

703 **MATERIALS and METHODS**

704

705

706 **1. Materials.**

707 Diacetyl- α -MSH, α -MSH, desacetyl- α -MSH, β -MSH and ACTH₁₋₂₄ were purchased
708 from Bachem AG (Bubendorf, Switzerland). Native ACTH₁₋₃₉, QKQR mutant
709 ACTH₁₋₃₉, KGGR mutant ACTH₁₋₃₉, KQRQ mutant ACTH₁₋₃₉ and acetyl-QKQR
710 mutant ACTH₁₋₃₉ were purchased from Pepscan (Zuiderstuisweg 2, The Netherlands)
711 or synthesized in-house. A rabbit polyclonal antibody (KM4) that specifically
712 recognizes α -MSH and desacetyl- α -MSH, but not ACTH₁₋₂₄, ACTH₁₋₃₉, γ -MSH or β -
713 MSH, was made in-house. *O*-(6-Chlorobenzotriazol-1-yl)-*N,N,N',N'*-
714 tetramethyluronium hexafluorophosphate (HCTU), and Fmoc-amino acids were
715 purchased from GL Biochem (Shanghai, China). Fmoc-amino acids were supplied
716 with the following side-chain protection: Fmoc-Asn(Trt)-OH, Fmoc-Arg(Pbf)-OH,
717 Fmoc-Glu(*O**t*Bu)-OH, Fmoc-Gln(Trt)-OH, Fmoc-His(Trt)-OH, Fmoc-Lys(Boc)-OH,
718 Fmoc-Ser(*t*Bu)-OH, Fmoc-Trp(Boc)-OH, Fmoc-Tyr(*t*Bu)-OH. Fmoc-Phe-
719 OCH₂PhOCH₂CH₂CO₂H (Fmoc-Phe-HMPP) was purchased from PolyPeptide Group
720 (Strasbourg, France). *N,N*-Diisopropylethylamine (*i*Pr₂NEt), piperidine, acetic
721 anhydride (Ac₂O), ***N,N'*-diisopropylcarbodiimide (DIC), 3,6-dioxa-1,8-octane-**
722 **dithiol (DODT), formic acid,** 1-methyl-2-pyrrolidinone (NMP) **and**
723 triisopropylsilane (*i*Pr₃SiH) were purchased from Sigma-Aldrich (St. Louis,
724 Missouri). *N,N*-Dimethylformamide (DMF) and acetonitrile (MeCN) were supplied
725 from Scharlau (Barcelona, Spain). Dichloromethane (CH₂Cl₂) was purchased from
726 ECP Limited (Auckland, New Zealand). Trifluoroacetic acid (TFA) was purchased

727 from Halocarbon (River Edge, New Jersey). Aminomethyl polystyrene resin was
728 synthesized following literature procedures [1, 2].

729

730 **2. Synthesis, purification and analysis of “KKRR” native ACTH₁₋₃₉, “QKQR”**
731 **mutant ACTH₁₋₃₉ and acetyl-“QKQR” mutant ACTH₁₋₃₉.**

732 Aminomethyl polystyrene resin (0.1 mmol) was swollen in CH₂Cl₂ (5 mL, 30 min),
733 drained and then reacted with Fmoc-Phe-HMPP (2.0 equiv), and DIC (2.0 equiv) in
734 CH₂Cl₂ (2.0 mL) for 2 h at room temperature. Subsequent steps of Fmoc SPPS were
735 performed using the Fmoc/*t*Bu strategy and Liberty 12 Microwave Peptide
736 Synthesizer (CEM Corporation, Mathews, NC). All amino acid couplings were
737 performed as single coupling cycles, with the exception of Fmoc-Arg(Pbf)-OH and
738 Fmoc-His(Trt)-OH where a double coupling cycle was performed as part of a
739 synthetic protocol recommended by CEM Microwave Technology. Protected amino
740 acids were incorporated using Fmoc-AA-OH (5.0 equiv, 0.2 M), HCTU (4.5 equiv,
741 0.45 M), and *i*Pr₂NEt (10 equiv, 2 M) in DMF, for 5 min, at 25 W and maximum
742 temperature of 75 °C, except Fmoc-Arg(Pbf)-OH and Fmoc-His(Trt)-OH. Fmoc-
743 Arg(Pbf)-OH was initially coupled for 25 min at room temperature which was
744 followed by the second coupling for 5 min, at 25 W and maximum temperature of 72
745 °C. Fmoc-His(Trt)-OH was initially coupled for 10 min at room temperature which
746 was followed by the second coupling for 5 min, at 25 W and maximum temperature
747 of 50 °C The Fmoc group was removed using 20% piperidine in DMF (30 s followed
748 by a second deprotection for 3 min at 62 W and maximum temperature of 75 °C). For
749 the synthesis of the acetyl-“QKQR” Mutant ACTH₁₋₃₉ the final *N*-acetylation of the
750 free *N*^α-amino group of *N*-terminal serine was performed using 20% Ac₂O in NMP (2
751 x). Resin cleavage and removal of the amino acid side-chain protecting groups was

752 undertaken by incubating the resin in TFA/*i*Pr₃SiH/H₂O/DODT (v/v/v/v; 94/1/2.5/2.5)
753 cleavage cocktail for 2 h at room temperature. The crude peptides were precipitated
754 and triturated with cold diethyl ether, isolated (centrifugation), dissolved in 50%
755 MeCN (aq) containing 0.1% TFA and lyophilized.

756 Analytical reverse phase high-performance liquid chromatography (RP-HPLC) was
757 performed using a Dionex P680 using Waters XTerra[®] analytical column (MS C₁₈,
758 150 mm x 4.6 mm; 5 μm), at a flow rate of 1 mL/min, and using the 5%B to 65%B
759 over 20 min, *ca.* 3%B per min gradient system. The solvent system used was A (0.1%
760 TFA in H₂O) and B (0.1% TFA in MeCN) with detection at 210 nm, 254 nm, and 280
761 nm. The ratio of products was determined by integration of spectra recorded at 210
762 nm.

763 A Hewlett Packard (Palo Alto, CA) 1100MSD mass spectrometer was used for ESI-
764 MS analysis in the positive mode. Peptides were purified using a Waters 600E system
765 using Waters XTerra[®] semi-preparative column (C₁₈, 300 mm x 19 mm; 10 μm), at a
766 flow rate of 10 mL/min, and using the 5%B to 20%B over 15 min, *ca.* 1%B per min,
767 and then 20%B to 75%B over 550 min, *ca.* 0.1%B per min gradient system. Fractions
768 were collected, analyzed by either RP-HPLC or ESI-MS, pooled and lyophilized, to
769 give the “KKRR” Native ACTH₁₋₃₉ (11.8 mg, 98% purity); *R*_t 13.30 min; *m/z* (ESI-
770 MS) 917.1 ([M + 5H]⁵⁺ requires 917.4), “QKQR” Mutant ACTH₁₋₃₉ (6.0 mg, 99%
771 purity); *R*_t 13.41 min; *m/z* (ESI-MS) 911.5 ([M + 5H]⁵⁺ requires 911.8), and acetyl-
772 “QKQR” Mutant ACTH₁₋₃₉ (19.2 mg, 98% purity); *R*_t 13.70 min; *m/z* (ESI-MS) 920.0
773 ([M + 5H]⁵⁺ requires 920.8), as white amorphous solids.

774

775 **3. Testing mutations in ACTH₁₋₃₉ for effects on ACTH₁₋₃₉ functional activity.**

776 **3.1. *In Vivo*: Dexamethasone-suppression test.**

777 Adult male *Pomc*^{wt/wt} mice were acclimatized to handling for 1 week before the start of
778 the experiment. At 0900 hour on the day of experiment each mouse received 0.4 mg
779 (100 µL) dexamethasone sodium phosphate by intraperitoneal (ip) injection. After 2
780 h, the mice received via subcutaneous injection 100 µL vehicle (0.5% bovine serum
781 albumin [BSA] in phosphate buffered saline [PBS]), ACTH₁₋₃₉ (1 µg) or mutant
782 ACTH₁₋₃₉ peptide (1 µg). One hour later, the mice were euthanized by cervical
783 dislocation, blood collected by cardiac puncture and plasma prepared for steroid
784 hormone measurement.

785 **3.2. *In Vitro*: Cre-luciferase activity.**

786 HEK293 cells were transfected with human MC4R, cAMP responsive luciferase
787 construct (LUC) and internal control plasmid, pRL-CMV (Promega Corp., Madison,
788 Wisconsin, USA) which constitutively expresses *Renilla* luciferase. After
789 transfection, cells were serum starved for 8 h before increasing doses of peptide were
790 added and the cells incubated for 16 h at 37°C. The cells were then lysed and
791 luciferase reporter activity analyzed as previously described [3].

792

793 **4. MALDI-TOF MS to identify POMC-derived peptides expressed in pituitary** 794 **cryosections and pituitary lysates.**

795 Sections (10 µM) of snap-frozen *Pomc*^{wt/wt} and *Pomc*^{tm1/tm1} adult mouse pituitaries
796 were sectioned at -21°C on a cryostat and mounted onto either a glass slide for H&E
797 staining or a MALDI-TOF plate ready for Mass Spectrometry (MS). The adjacent
798 sections on the glass slide were used to determine which sections on the MALDI-TOF
799 plate included the pars intermedia of the pituitary. Spots (1 µL) of 10 µM purified
800 peptide stocks (diacetyl- α -MSH, α -MSH, desacetyl- α -MSH and ACTH₁₋₂₄) were also
801 spiked on the MALDI-TOF plate to get near-point calibration data for molecular

802 weight determination. The MALDI-TOF plates with sections and peptides were dried
803 for ≥ 30 min in a vacuum dessicator. Matrix (α Cyano-4-hydroxycinnamic acid in 50%
804 acetonitrile in sterile water with 0.1% trifluoroacetic acid [TFA]) was applied
805 manually over tissues and peptides and allowed to thoroughly dry before the plate was
806 read in a Voyager DE-Pro Mass Spectrometer (Applied Biosystems, Carlsbad, CA).
807 For tissue lysates, each pituitary was lysed in 100 μ L lysis buffer (1 cOmplete™,
808 Mini Protease Inhibitor Cocktail tablet (Roche Life Science, Auckland, New Zealand)
809 dissolved in 10 mL sterile water, 0.1% TFA) on ice using a plastic rod to disrupt
810 tissue followed by sonication in a water bath at 4°C for 2 min. The lysate was then
811 centrifuged at 13,000 rpm at 4C for 2 min. An aliquot (1 μ L) of supernatant was
812 mixed with 1 μ L of matrix, spotted onto a MALDI-TOF plate, thoroughly dried and
813 then read in a Voyager DE-Pro Mass Spectrometer.

814

815 **5. Immunoprecipitation and MS to identify the peptide recognized by KM4**
816 **antibody in *Pomc*^{tm1/tm1} mouse pituitary.**

817 KM4 antibody cross-linked to Protein A Sepharose 4 Fast Flow Affinity beads
818 (Roche Diagnostics) was used to pull-down peptides in pituitary lysates. The bound
819 peptides were identified using MALDI-TOF and LC-ESI Mass spectrometry after
820 elution from the beads. The beads were prepared for cross-linking by centrifuging 400
821 μ L Protein A Sepharose 4 bead slurry in an eppendorf tube at 6000rpm for 2 min and
822 removing the ethanol supernatant. The beads were then washed 3 x with 1 mL binding
823 buffer (0.1% BSA in PBS, pH 7.4) by gentle rotation of tubes at room temperature
824 (RT) for 10 min followed by centrifugation and aspiration of supernatant. KM4
825 antibody (400 μ L serum) was bound to the sepharose beads in the presence of 400 μ L
826 binding buffer by mixing with rotation overnight at 4°C in the presence of

827 cOmplete™, Mini Protease Inhibitor Cocktail. The beads were then pelleted by
828 centrifugation, the supernatant discarded and the beads were washed once with 400
829 μ L binding buffer followed by 3 washes of 400 μ L PBS. The bifunctional coupling
830 reagent, dimethyl pimelindiimidate (DMP) (Sigma-Aldrich New Zealand Ltd,
831 Auckland, NZ) (400 μ L), pH 8-9, was added to the beads and they were mixed by
832 rotation for 30 min at RT. Following centrifugation and aspiration of DMP, the beads
833 were washed with 400 μ L wash buffer (0.2 M Triethanolamine [Sigma-Aldrich New
834 Zealand Ltd] in PBS) by gentle mixing with rotation for 5 min at RT. The addition of
835 fresh DMP followed by these wash steps was repeated two more times. Quenching
836 buffer (50 mM ethanolamine hydrochloride [Sigma-Aldrich New Zealand Ltd] in
837 PBS, 400 μ L) was added to beads followed by gentle mixing by rotation for 5 in at
838 RT, centrifugation and aspiration of supernatant. To remove excess unlabeled
839 antibody, the beads were washed with 0.1 M glycine, pH 3.0. The beads were washed
840 1x with PBS for 5 min at RT, 3x with PBS + 0.01% sodium azide, 0.1% BSA and
841 then stored in the final wash at 4°C.

842 Immunoprecipitation using the KM4 cross-linked beads was validated using pure
843 synthetic α -MSH and desacetyl- α -MSH peptides. Sepharose-KM4 cross-linked beads
844 (20 μ L slurry) were transferred from the stock into two eppendorf tubes, centrifuged
845 and washed 3x with PBS as previously described. Purified α -MSH (10 μ M, 10 μ L) or
846 desacetyl- α -MSH (10 μ M, 10 μ L) was bound to Sepharose-KM4 beads in the
847 presence of 200 μ L PBS for 45 min at RT with gentle mixing. Following
848 centrifugation and aspiration of supernatant, the beads were washed 10x with 200 μ L
849 wash buffer (50 mM ammonium bicarbonate, pH 8.2) and the final wash was pipetted
850 into a P10 filter tip which when run dry, left the Sepharose-KM4 bead complexed
851 with peptide in the filter. The filter was then washed 10x with 200 μ L sterile water

852 before the peptides were eluted into a low-bind eppendorf tube with 10 μ L elution
853 buffer (0.1% TFA in acetonitrile). 1 μ L of each eluted peptide was spotted onto a
854 MALDI-TOF plate and left to dry in a fume hood overnight. Spots (10 μ L) of 2.5 fold
855 dilutions of the 10 μ M purified peptide stock were included on the plate as positive
856 controls. The following day the spots were analyzed on a Voyager Pro MALDI-TOF
857 Mass Spectrometer as previously described.

858 Each snap-frozen *Pomc*^{tm1/tm1} mouse pituitary was lysed in 300 μ L lysis buffer (50
859 mM Tris-HCL, 150 mM NaCL, pH 8.0) containing 0.1% Brij 35 (Sigma-Aldrich New
860 Zealand Ltd) + 1 cComplete™ Mini Protease Inhibitor Cocktail tablet per 10 mL at
861 4°C using a small plastic homogenizing rod followed by 2 min water bath sonication
862 at 4°C. The homogenate was centrifuged at 13,000 rpm for 2 min at 4°C and the
863 supernatant collected. The supernatant was then incubated with 10 μ L Sepharose-
864 KM4 beads at RT for 45 min with gentle mixing. Following centrifugation and
865 aspiration of supernatant the beads were washed as described above for peptide
866 binding and then eluted with 20 μ L matrix ready for spotting on MALDI-TOF plate
867 as previously described.

868 To identify the peptide in *Pomc*^{tm1/tm1} pituitary that immunoprecipitates with KM4,
869 three *Pomc*^{tm1/tm1} pituitaries were immunoprecipitated using KM4 antibody and 1 μ L
870 of each eluate was analyzed by MALDI-TOF to confirm the presence of a peak at m/z
871 4598. The peptide eluates were pooled, diluted 10x in 0.1% formic acid in water and
872 then loaded onto an Oasis Mixed mode Cation Exchange (MCX) SPE cartridge
873 (Waters, Milford, MA, USA). The loaded MCX cartridge was washed 1x with 1 mL
874 0.1N HCL followed by 1x with 1 mL methanol and then the peptides were eluted with
875 1 mL 5% ammonium hydroxide in methanol. The eluant was concentrated to ~10-20
876 μ L using centrifugation under vacuum, and then digested with 25 ng/mL sequencing-

877 grade trypsin (Promega, Madison, WI, USA). The resulting digest was separated on a
878 0.3 x 100 mm Zorbax 300SB-C18 column (Agilent, Santa Clara, CA, USA). The
879 HPLC gradient between Buffer A (0.1% formic acid in water) and Buffer B (0.1%
880 formic acid in acetonitrile) was formed at 6 μ L/min as follows: 10% B for the first 3
881 min, increasing to 35% B by 33 min, increasing to 95% B by 36 min, held at 95%
882 until 39 min, back to 10% B at 40.5 min and held there until 48 min. The LC effluent
883 was directed into the Ionspray source of QSTAR XL hybrid Quadrupole-Time-of-
884 Flight MS (Applied Biosystems, Foster City, CA, USA) scanning from 300-1600 m/z.
885 the top three most abundant multiply-charged peptides were selected for MS/MS
886 analysis (100-1600 m/z). The MS and HPLC system were under the control of the
887 Analyst QS 2.0 software package (Applied Biosystems). The resulting MS/MS
888 spectra were searched against the Mouse subset of NCBI's protein database (146781
889 sequences, June 2012) using Mascot software (Matrix Science, London, UK).

890

891 **6. Testing acetyl-QKQR mutant ACTH₁₋₃₉ peptides for coupling of MC2R and**
892 **MC4R to adenylyl cyclase *in vitro*.**

893 HEK293 cells stably expressing mouse MC4R (mMC4R) developed previously [4, 5]
894 were used to compare acetyl-QKQR mutant ACTH₁₋₃₉ with ACTH₁₋₂₄, ACTH₁₋₃₉ and
895 QKQR mutant ACTH₁₋₃₉ to determine whether acetylation of QKQR mutant ACTH₁₋
896 ₃₉ alters QKQR mutant ACTH₁₋₃₉ activation of the MC4R.

897 HEK293 cells stably expressing mMRAP developed previously [6] and transiently
898 transfected with mMC2R were used to compare acetyl-QKQR ACTH₁₋₃₉ with
899 ACTH₁₋₂₄, ACTH₁₋₃₉ and QKQR mutant ACTH₁₋₃₉ to determine whether acetylation
900 of QKQR mutant ACTH₁₋₃₉ alters mutant QKQR ACTH₁₋₃₉ activation of the MC2R.

901 The mMC2R was obtained by PCR from *C57BL/6J* mouse retroperitoneal fat cDNA

902 and subcloned into pcDNA3.1 vector (InVitrogen New Zealand Ltd., Auckland, NZ).
903 PCR for mMC2R was performed on 2 μ L cDNA using iProof High Fidelity DNA
904 polymerase (BioRad Laboratories Pty, Auckland, NZ) using forward (5'-
905 atcggatccGTAAGTCAACGGCAAACACCACC-3') and reverse (5'-
906 gactcgagCTAATACCGGTTGCAGAAGAGCA-3') and the following conditions:
907 denature at 98°C for 1 min followed by 34 cycles of denature at 98°C, anneal at
908 62.5°C for 5 s and elongate at 72°C for 10 s, and a final 7 min extension at 72°C. The
909 primers encoded restriction enzyme sites for BamH1 and Xho1 for directional
910 cloning. The recombinant DNA was verified by sequencing and the mMC2R coding
911 sequence aligned with GenBank accession number XM 006525713.1. Adenylyl
912 cyclase activity was determined directly by measuring the ability of cells to convert
913 [³H]adenine to [³H]cAMP following exposure of the cells to increasing doses of
914 peptide as described previously [5].

915

916 **7. MALDI-TOF Imaging MS.**

917 *Pomc*^{wt/wt} and *Pomc*^{tm1/tm1} pituitaries from adult mice were dissected, snap frozen and
918 stored at -80°C. Pituitary glands were mounted on a cryostat specimen holder with a
919 small amount of Tissue-Tek OCT Compound (Siemens NZ Ltd.) at the base of the
920 tissue only. Transverse sections (12 μ m) were cut and collected alternately via thaw-
921 mounting on glass slides (for histological staining) or stainless steel MALDI plate (for
922 MALDI image analysis). For histological analysis, sections on glass slides were H&E
923 stained using standard procedures. Sections for MALDI imaging analysis were placed
924 in a vacuum desiccator for 30 min prior to undergoing matrix application. A thin even
925 coating of 2,5-dihydroxybenzoic acid (DHB) matrix was applied to pituitary sections
926 using vacuum sublimation. Briefly, the MALDI plate was placed in an in-house

927 fabricated glass sublimation apparatus and a vacuum of 4.0×10^{-2} Torr established.
928 Heat ($\sim 120^\circ\text{C}$) was applied to the chamber via a sand bath for 6 min to achieve an
929 optimal DHB matrix coating. Following matrix application, matrix was recrystallized
930 using a simple humidity chamber. The MALDI plate was attached to the lid of a glass
931 petri dish and the chamber was closed and humidified with a piece of filter paper
932 saturated with 1 mL of 83.7% acetonitrile and 5% trifluoroacetic acid for 4 min at
933 room temperature. The chamber was then opened and the pituitary sample dried at
934 room temperature.

935 MALDI imaging was performed using a Voyager DE-Pro MALDI-TOF MS
936 operating in linear positive mode with an accelerating potential of +25 kV. An
937 external calibration was applied to the instrument prior to analysis. MALDI imaging
938 data sets were collected over whole mouse pituitary gland sections (MMSIT,
939 Novartis, Basel Switzerland) with a raster step size of $60 \mu\text{m}$ and 25 laser shots per
940 spectrum. Each data set consisted of ~ 1000 individual sampling locations, each
941 representing one pixel in the resultant image. Data were normalized to total ion
942 current and molecular images reconstituted using BioMap software (Novartis, Basel,
943 Switzerland). Each m/z signal was plotted $\pm 0.05\%$ of the molecular mass. For display
944 purposes, the data were interpolated and pixel intensities were normalized to the
945 maximum intensity for each m/z displayed in the software to use the entire dynamic
946 range. Assignments of peptide identifications were made using tandem MS (data not
947 shown).

948

949 **8. Plasma corticosterone assay.**

950 Blood was collected from cardiac puncture on isoflurane-anesthetized mice or mice
951 euthanized by cervical dislocation for the dexamethasone suppression tests. Plasma

952 corticosterone was either measured using a commercial kit (Immunodiagnosics, Tyne
953 and Wear, UK) according to the manufacturer's instructions or using triple
954 quadrupole MS. For triple quadrupole MS, 100 μL of internal standard solution (6 ng
955 mL^{-1} corticosterone-d8 in water) was added to 85 μL plasma. Steroids were extracted
956 using 1 mL of ethyl acetate (Merck, KGaA Darnstadt, Germany). After removal of
957 the organic supernatant, samples were dried by vacuum concentration (Savant
958 SC250EXP, Thermo Scientific, Asheville, NC, USA), resuspended in 60 μL of
959 mobile phase (65% methanol (Merck) and 35% water), and transferred to HPLC
960 injector vials. 12 μL was injected onto an HPLC MS system consisting of an Accela
961 MS pump and autosampler followed by an Ion Max APCI source on a Finnigan TSQ
962 Quantum Ultra AM triple quadrupole MS, all controlled by Finnigan Xcalibur
963 software (Thermo Electron Corporation, San Jose, CA, USA). The mobile phase was
964 a gradient of methanol and water, flowing at 300 $\mu\text{L}\cdot\text{min}^{-1}$ through a Luna HST
965 2.6 μm C18(2) 100 x 3.0mm column at 40°C (Phenomenex, Auckland, New Zealand).
966 Retention times were 4.3min for both corticosterone and corticosterone-d8. Ionisation
967 was in positive mode for corticosterone and Q2 had 1.2 mTorr of argon. The mass
968 transitions followed were corticosterone 347.15 \rightarrow 121.1 at 27 V and corticosterone-
969 d8 355.2 \rightarrow 125.2 at 24 V. All samples were analysed in one assay.

970

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992

993

994

995 SUPPLEMENTARY FIGURES

996 Supplementary Figure 1.

997 Validation that QKQR mutant ACTH functions similar to native ACTH₁₋₃₉. (A)

998 ACTH-stimulated plasma corticosterone in dexamethasone-suppressed adult male

999 mice. Two-hours post dexamethasone treatment mice (n=4 /group) were treated with

1000 vehicle (Sham), native ACTH₁₋₃₉ (KKRR) or mutant (QKQR, KGGR, KQRQ)

1001 ACTH₁₋₃₉ peptide. Data is shown as mean ± SEM ****, p < 0.0001. **(B)** Native
1002 ACTH₁₋₃₉, mutant (QKQR) ACTH₁₋₃₉ and α-MSH stimulated human MC4R co-
1003 transfected with Cre-luciferase reporter into HEK293 cells. Data is shown as mean ±
1004 SEM for 2-3 independent experiments. **(C)** Plasma corticosterone levels for male
1005 (168-216 days) and female (170-208 days) mice. Data are shown as mean ± SEM.

1006

1007 **Supplementary Figure 2.**

1008 **MALDI-TOF MS detects diacetyl-α-MSH and α-MSH in *Pomc*^{wt/wt} but not in**
1009 ***Pomc*^{tm1/tm1} whole pituitary lysates.** Mass spectra are shown for representative
1010 *Pomc*^{wt/wt} **(A)** and *Pomc*^{tm1/tm1} **(B)** whole pituitary lysates. α-MSH (m/z 1664),
1011 diacetyl-α-MSH (m/z 1707) and Arg-CLIP (1-21) (m/z 2359) are detected in
1012 *Pomc*^{wt/wt} but not in *Pomc*^{tm1/tm1} pituitary lysates. Vasopressin (m/z 1085), J peptide
1013 (m/z 1941) and a peptide that may be β-lipotropin (m/z 4438; 9Da larger than β-
1014 lipotropin), are detected in both *Pomc*^{wt/wt} and *Pomc*^{tm1/tm1} pituitary lysates. Relatively
1015 weak signal is observed at m/z 4638 for *Pomc*^{tm1/tm1} but not *Pomc*^{wt/wt} pituitary
1016 lysates.

1017

1018 **Supplementary Figure 3.**

1019 **N-terminal acetylation does not alter QKQR mutant ACTH₁₋₃₉ at the mMC4R**
1020 **but it abolishes its activity at the mMC2R. (A)** Acetyl-QKQR ACTH₁₋₃₉ and
1021 QKQR ACTH₁₋₃₉ function identically coupling the mMC4R transfected into HEK293
1022 cells to adenylyl cyclase. Both QKQR mutant ACTH₁₋₃₉ (EC₅₀ = 4.95 ± 0.05 × 10⁻⁹M)
1023 and acetyl-QKQR mutant ACTH₁₋₃₉ (EC₅₀ = 4.74 ± 0.05 × 10⁻⁹M) are two-fold less
1024 potent compared with native ACTH₁₋₃₉ (EC₅₀ = 2.23 ± 0.06 × 10⁻⁹M). **(B)** QKQR

1025 ACTH₁₋₃₉ is a full agonist coupling the mMC2R transfected into HEK293 cells to
1026 adenylyl cyclase but it is 82 fold less potent compared with ACTH₁₋₃₉. In contrast,
1027 Acetyl-QKQR ACTH₁₋₃₉ is inactive coupling the mMC2R to adenylyl cyclase. Data
1028 is shown as mean ± SEM for three independent experiments.

1029

1030 **Supplementary Figure 4.**

1031 **α-MSH and desacetyl-α-MSH are stable dissolved in PBS when stored at 37 °C**
1032 **for 14 days.** MALDI-TOF MS detects (A, C, E) intact α-MSH and (B, D, F) intact
1033 desacetyl-α-MSH following (A, B) 7, (C, D) 10 and (E, F) 14 days storage in PBS and
1034 incubation at 37 °C. There is no detectable degradation or oxidation of either peptide
1035 after 14 days storage. The small peaks observed on MS are likely due to the PBS used
1036 to dissolve the peptides.

1037

1038

Figure 1

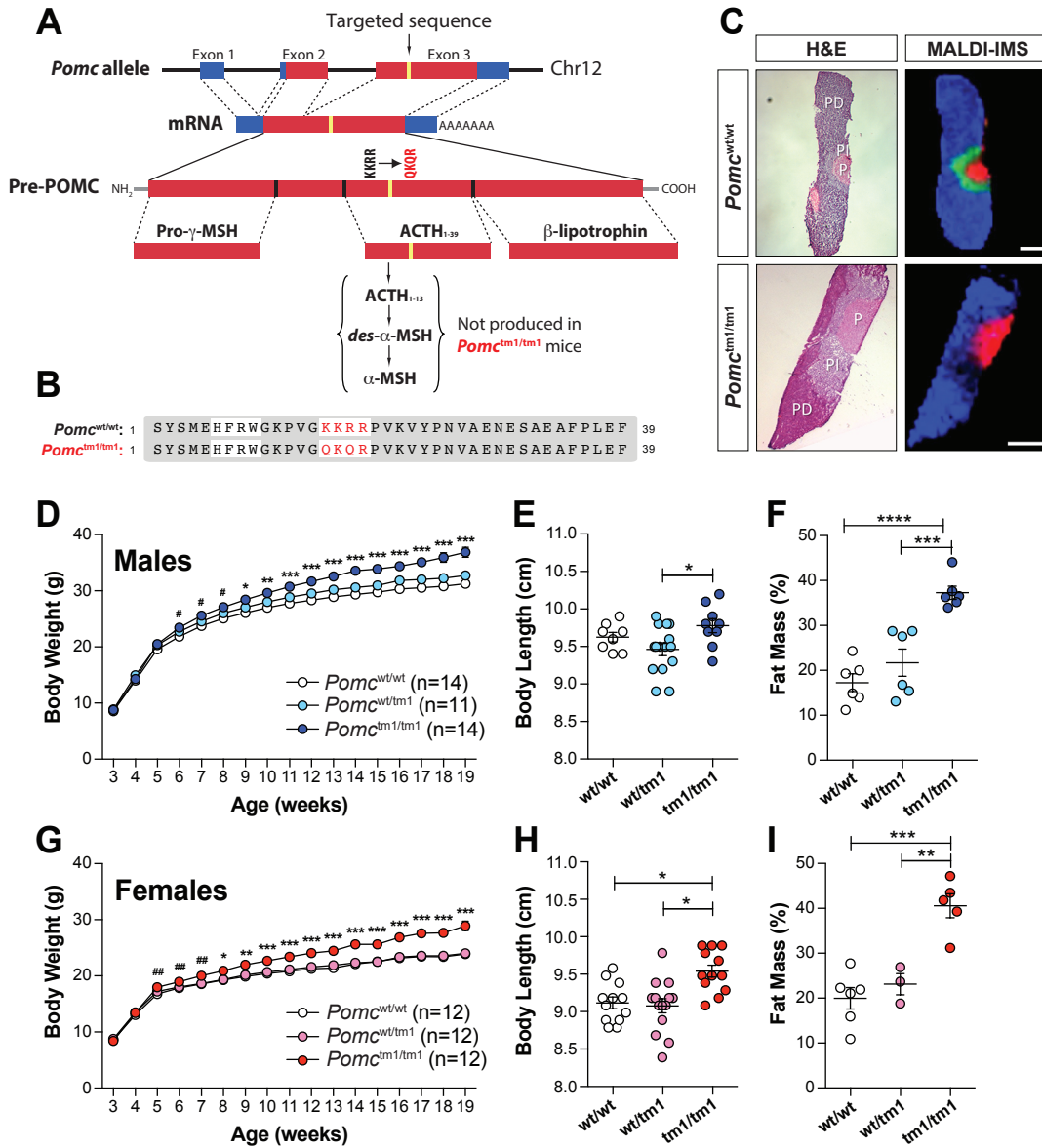


Figure 2

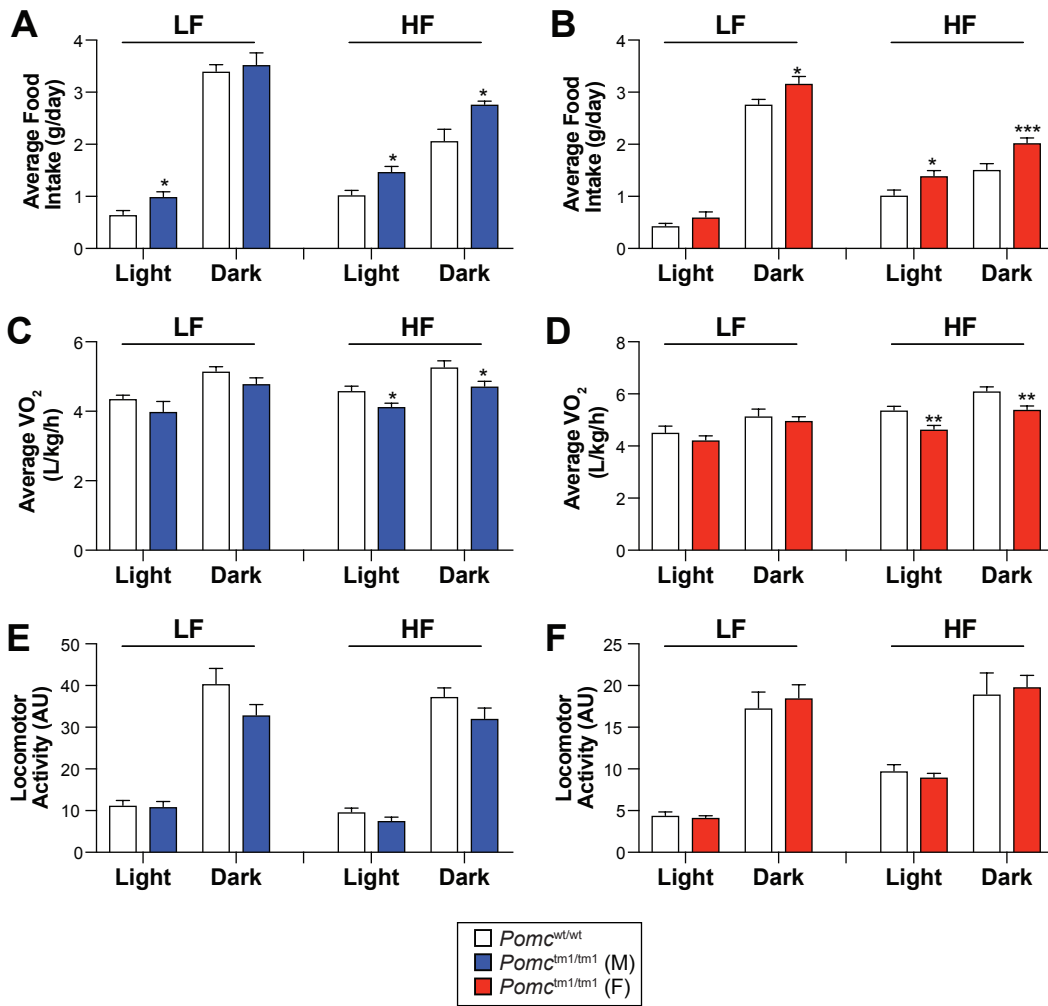


Figure 3

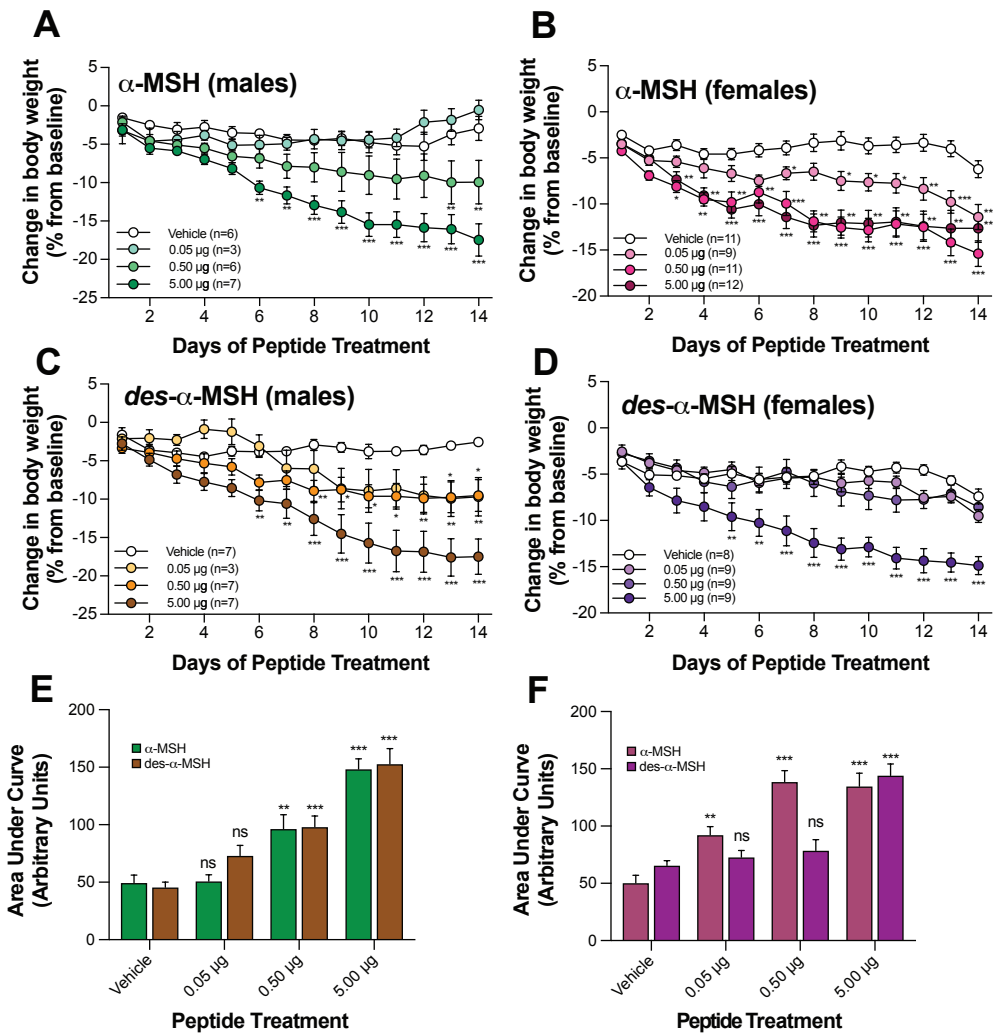


Figure 4

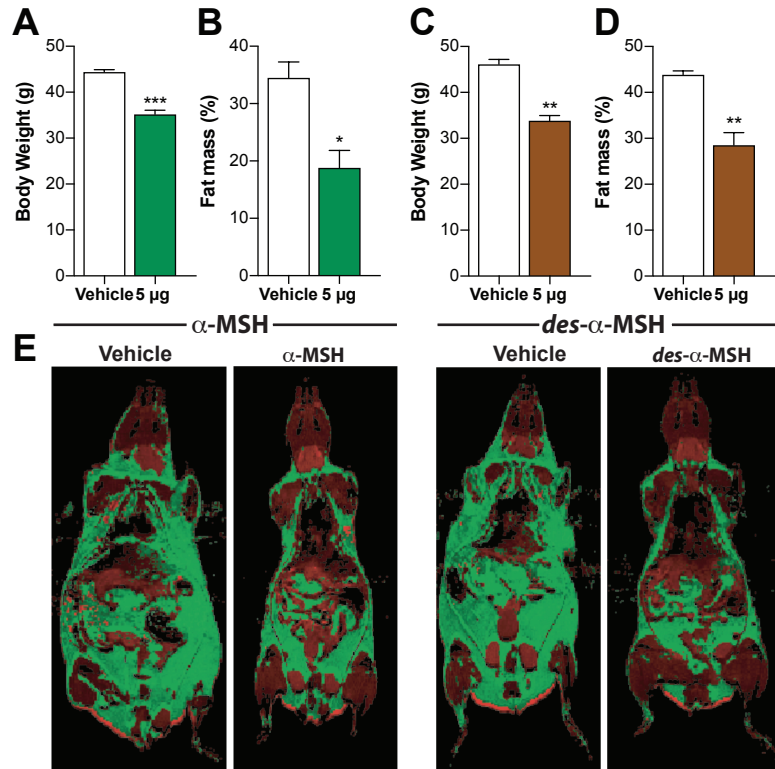


Figure S1

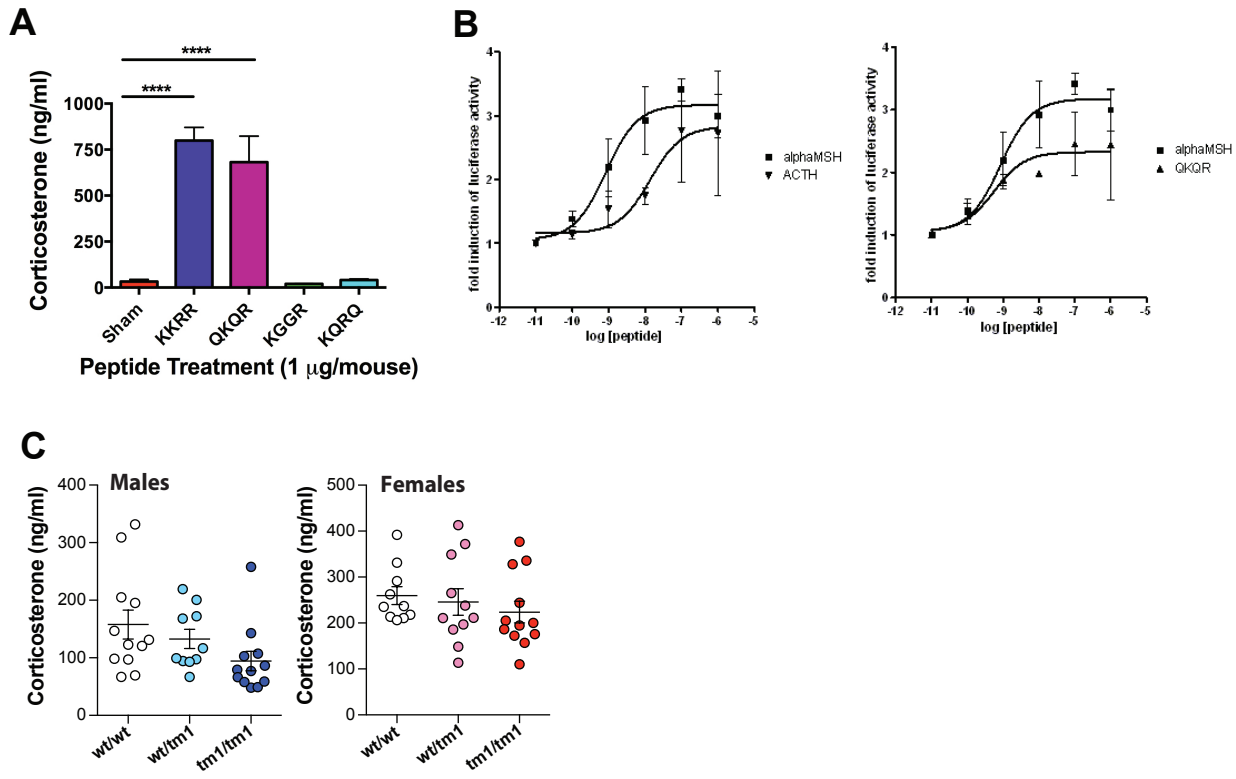


Figure S2

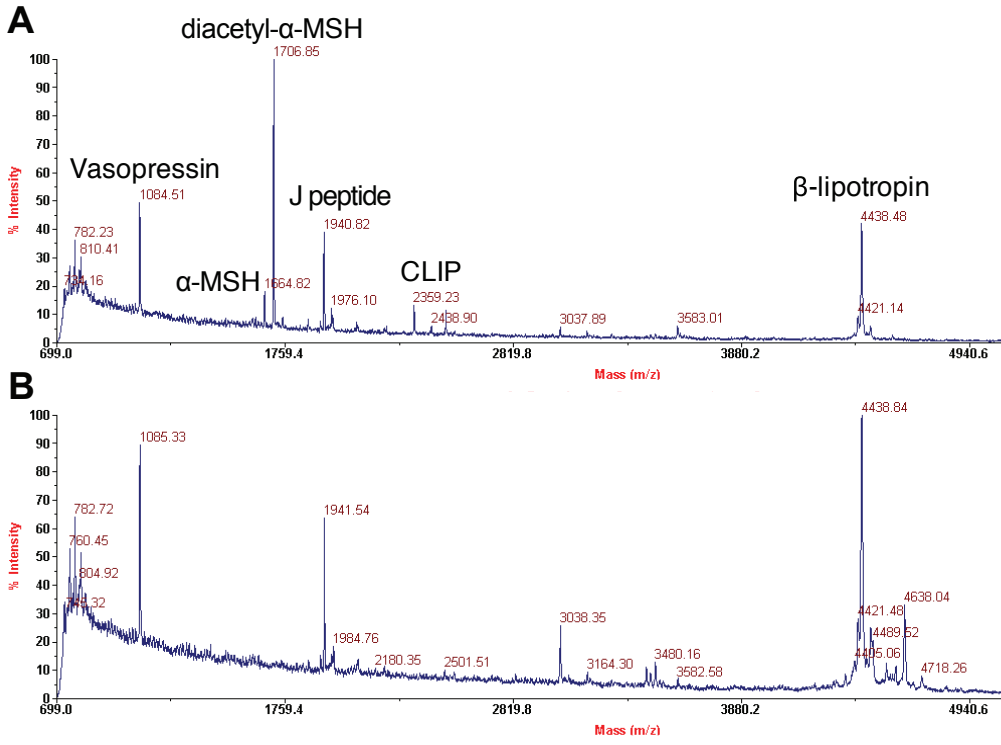


Figure S3

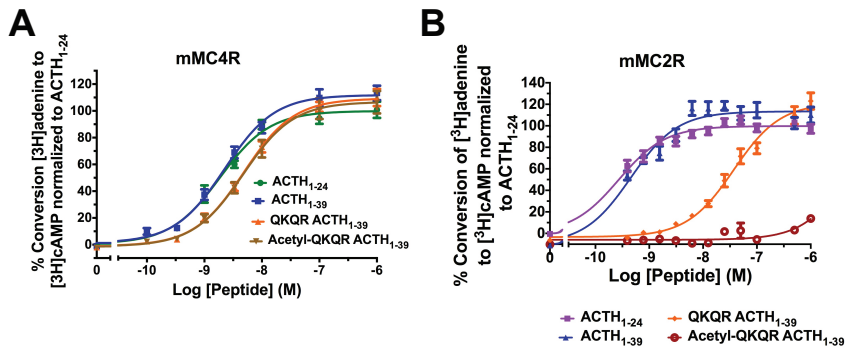


Figure S4

