

1 ***Temporal and spatial variations in the abundance and population***
2 ***structure of the spined loach (Cobitis taenia), a scarce fish species:***
3 ***implications for condition assessment and conservation***

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10 Running head line: Condition assessment of *Cobitis taenia*

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ABSTRACT

14

15 1. Effective conservation of protected species requires accurate estimates of the status
16 of their populations. In the UK, this led to the production of a series of sampling
17 protocols to establish the status of designated species against predetermined
18 conservation objectives: a process known as ‘condition assessment’. Condition
19 assessments involve comparisons of various parameters, invariably including
20 abundance and/or population structure, of the target species against criteria that are
21 judged to be indicative of viable populations.

22 2. This study investigated temporal and spatial variations in the abundance and
23 population structure of spined loach (*Cobitis taenia*), a scarce species indigenous to
24 Europe and central Asia. Specifically, the study compared the density, number of
25 age classes and percentage contribution of the 0+ year age class of spined loach
26 between day and night, months, years and locations.

27 3. There were marked diel, seasonal, annual and spatial variations in the density,
28 number of age classes and percentage contribution of 0+ year spined loach. Such
29 phenomena are important because monitoring programmes conducted at
30 inappropriate times of day or year, or with insufficient frequency or geographical
31 coverage, could lead to inaccurate assessments of the condition of protected
32 populations and, consequently, to inadequate conservation measures.
33 Notwithstanding, there were few impacts on the condition assessments of the spined
34 loach populations because at least one of the parameters invariably failed to satisfy
35 the population condition assessment criteria.

36 4. A prerequisite for successful conservation is an effective monitoring programme. It
37 is therefore essential that surveys to assess the condition of populations of protected

38 species are designed with due consideration of their diel behaviour, breeding season,
39 life span and habitat use. It is recommended that the monitoring protocol and
40 condition assessment criteria for spined loach are amended, and that surveys are
41 conducted: (1) by trawling; (2) in late summer; and (3) at least every 3-4 years.

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43 **KEY WORDS:** conservation evaluation, ecological status, fish, floodplain, monitoring,
44 river, wetland

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INTRODUCTION

47

48 Effective conservation of protected species requires accurate estimates of the status of
49 their populations. In the UK, this led to the production of a series of sampling protocols
50 (see Life in UK Rivers, 2003; Hurford *et al.*, 2010) to establish the status of designated
51 species against predetermined conservation objectives: a process known as ‘condition
52 assessment’. Condition assessments involve comparisons of various parameters,
53 invariably including abundance and/or population structure, of the target species against
54 criteria that are judged to be indicative of viable populations (Joint Nature Conservation
55 Committee, 2005; Nunn *et al.*, 2008; Cowx *et al.*, 2009, 2010; Harvey *et al.*, 2010).
56 Estimates of the abundance and population structure of some species can vary on a
57 temporal or spatial basis (Copp, 2008), however, which could have implications for the
58 condition assessment and conservation of their populations. Sampling strategies must
59 therefore be able to detect changes in both temporal and spatial structure relating to
60 species distributions and abundances if conservation and management is to be effective
61 (Cowx *et al.*, 2009, 2010; Reynolds *et al.*, 2011; Rolls *et al.*, 2013).

62

63 The spined loach (*Cobitis taenia* L.) occurs across almost the whole of Europe and
64 central Asia (Bohlen and Ráb, 2001; Janko *et al.*, 2007), but is endangered in many
65 European countries (Kotusz, 1996) and regarded as threatened in the UK (Maitland and
66 Lyle, 1991; Joint Nature Conservation Committee, 2010). In mainland Europe, the
67 situation is complicated by a propensity of the species to develop mixed diploid-
68 polyploid populations, whereas it is believed that only pure diploid populations occur in
69 the UK (Bohlen and Ráb, 2001; Boroń *et al.*, 2003; Culling *et al.*, 2006; Janko *et al.*,
70 2007). The species is listed in Appendix III of the Bern Convention and Annex II of the

71 EC Habitats Directive (92/43/EEC) on the Conservation of Natural Habitats and of Wild
72 Fauna and Flora, the latter of which requires European Member States to ensure its
73 favourable conservation status through the protection of viable populations in
74 designated Special Areas of Conservation (SACs) and throughout its range. The aim of
75 this study was to investigate temporal and spatial variations in the abundance and
76 population structure of spined loach. Specifically, the objectives were to compare the
77 density, number of age classes and percentage contribution of the 0+ year age class of
78 spined loach between day and night, months, years and locations. The rationale was that
79 temporal and spatial variations in the abundance and population structure of spined
80 loach could lead to inaccurate assessments of the condition of their populations and,
81 consequently, to inadequate conservation measures. The implications of temporal and
82 spatial variations in abundance and population structure for the conservation of spined
83 loach, an endangered or threatened species across much of its range, are discussed, and
84 improvements to the protocol used for condition assessment in the UK are suggested.

85

86

METHODS

87

88 **Study area**

89 The study was carried out at 21 sites on the River Trent, eight on the River Ancholme
90 and 150 on the River Glen Counter and Gravel Drains, England (Figure 1). The Trent
91 has a catchment area of 10 500 km² and is one of only two major rivers in the UK that
92 support populations of spined loach, the other being the Great Ouse (Wheeler, 1977;
93 Robotham, 1978; Nunn *et al.*, 2003). The species is also native to a number of smaller
94 rivers in eastern England, namely the Welland, Nene and Witham, but is believed to
95 have been accidentally introduced to the River Ancholme and Suffolk Stour via water-
96 transfer schemes (Davies *et al.*, 2004; Copp and Wade, 2006). The spined loach is the
97 primary reason that the River Glen Counter Drain, in the Welland catchment, was
98 notified as a SAC.

99

100 **Sampling strategy and data collection**

101 The Trent (1999-2012) and Ancholme (2008-2011) were surveyed monthly during
102 daylight using a micromesh seine net (25-m long, 3-m deep, 3-mm hexagonal mesh),
103 which was set parallel to the bank by wading. This net captures fishes as short as 5 mm,
104 and is often a very effective method of catching large numbers of small-bodied
105 individuals (Cowx *et al.*, 2001). In addition, a boating marina connected to the lower
106 River Trent was surveyed every 3 h during eight 24-h periods (June-July 2009, May-
107 July 2010). These surveys were conducted to investigate temporal (diel, seasonal and
108 annual) variations in the abundance and population structure of spined loach. Sampling
109 areas (range 40-108 m²) were calculated as a product of the length and width of the
110 water column enclosed by the net.

111

112 The Counter and Gravel Drains were surveyed during daylight in October 2012 using an
113 epibenthic trawl (1-m wide, 0.5-mm-meshed cod-end), which was pulled by hand at a
114 constant speed ($\sim 0.25 \text{ m s}^{-1}$) using a 6-m rope (6-m transects). The trawl was used to
115 collect numerous small samples, to investigate spatial variations in the abundance and
116 population structure of spined loach. The sampling area (6 m^2) was calculated as a
117 product of the trawl width and transect length. In addition, ten nocturnal samples, and
118 three diurnal and three nocturnal seine samples, were collected to allow a comparison of
119 gears between day and night. All spined loach were measured (total length, L_T , nearest
120 mm) and immediately returned to the water.

121

122 **Data analysis**

123 According to the condition assessment protocol that is currently used in the UK, spined
124 loach populations must meet three criteria to achieve ‘favourable condition’: (1) a
125 density of at least 0.1 m^{-2} ; (2) at least three age classes; and (3) a high percentage,
126 preferably at least 50%, of 0+ year individuals (Joint Nature Conservation Committee,
127 2005). A failure to satisfy any of the criteria results in an ‘unfavourable condition’
128 status (Joint Nature Conservation Committee, 2005). For each sample, the abundance of
129 spined loach was therefore converted to density (no. m^{-2}) by dividing the numbers
130 captured by the area surveyed. Diel variations in abundance were investigated by
131 plotting density over time for each 24-h survey; this is relevant because the spined loach
132 is primarily a nocturnal species. Maximum and mean densities were calculated for
133 diurnal (08:00, 11:00, 14:00, 17:00, 20:00) and nocturnal (23:00, 02:00, 05:00) samples
134 (all surveys combined, including zero catches; $n = 64$), and then compared using a

135 Mann-Whitney *U*-test. In addition, the relative frequency of occurrence (%*O*) and
136 relative abundance (%*A*) of spined loach was calculated: %*O* = ($O_d O_n^{-1}$) × 100 and %*A*
137 = ($A_d A_n^{-1}$) × 100, where *O*_d was the number of diurnal samples (all surveys combined)
138 that contained spined loach, *O*_n was the number of nocturnal samples (all surveys
139 combined) that contained spined loach, *A*_d was the mean density of spined loach in
140 diurnal samples (all surveys combined), and *A*_n was the mean density of spined loach in
141 nocturnal samples (all surveys combined). Mean densities of spined loach in diurnal and
142 nocturnal trawl catches were compared using an independent samples *t*-test.

143

144 Mean densities of spined loach in the River Trent were calculated for each month (all
145 surveys combined, including zero catches; *n* = 172) from January-November 2006
146 (restricted to the Trent in 2006 for brevity) and compared using a Kruskal-Wallis test, to
147 investigate seasonal variations in abundance; this is relevant because the current
148 monitoring protocol states that surveys should be conducted in the autumn/winter, after
149 the spawning period (Joint Nature Conservation Committee, 2005). In addition, mean
150 autumn/winter (September-February) densities of spined loach in the Rivers Trent and
151 Ancholme were calculated for each year (all surveys combined, including zero catches;
152 *n* = 341) and compared using a Kruskal-Wallis test, to investigate annual variations in
153 abundance; this is relevant because the reporting frequency for SAC species is 6 years
154 (Joint Nature Conservation Committee, 2005). GIS software was then used to map
155 spatial variations in spined loach abundance, and mean densities were compared
156 between the Counter and Gravel Drains (all samples combined, including zero catches;
157 *n* = 150) using a Mann-Whitney *U*-test, and between sections of the Counter Drain
158 (sites 1-10, 11-20, 21-30, 31-40 and 41-50; *n* = 50) using a Kruskal-Wallis test. Finally,

159 mean densities of spined loach in trawl and seine catches were compared using a Mann-
160 Whitney *U*-test.

161

162 Length distributions (2-mm L_T classes) were derived to facilitate interpretation of the
163 age structure of the spined loach populations (i.e. to determine the number of age
164 classes present and the percentage contribution of 0+ year individuals). When catches
165 were sufficient, modal groups (\approx age classes) were identified using modal progression
166 analysis (Bhattacharya, 1967; Gayanilo *et al.*, 1997) in FiSAT (FAO/ICLARM Stock
167 Assessment Tools), otherwise the *minimum* number of age classes present was
168 estimated by eye (see Nunn *et al.*, 2008). The length distributions were used to examine
169 diel, seasonal, annual and spatial variations in the structure of the spined loach
170 populations, and were compared between the Counter and Gravel Drains using a two-
171 sample Kolmogorov-Smirnov test (Dytham, 2003). The results were interpreted with
172 reference to the criteria, described earlier, that are judged to be indicative of viable
173 populations and that are used for condition assessment by the conservation bodies in the
174 UK (Joint Nature Conservation Committee, 2005).

175

176

RESULTS

177

178

179 **Diel variations**

180 A total of 3573 spined loach, ranging from 13 to 97 mm L_T , was captured during the
181 study. There were marked diel variations in the abundance of spined loach, with
182 densities in seine catches generally being low during the day and peaking at night
183 (Figure 2). Indeed, densities were often zero during the day (58% of diurnal samples;
184 max. = 0.73 m^{-2}) but increased at night (max. = 1.55 m^{-2}), when densities were up to an
185 order-of-magnitude higher (Mann-Whitney U -test, $U = 219.500$, $n = 64$, $P < 0.001$). The
186 relative frequency of occurrence and relative abundance of spined loach in diurnal
187 samples was 89% and 15% of nocturnal samples, respectively. The density of spined
188 loach satisfied the criterion for 'favourable condition' ($>0.10 \text{ m}^{-2}$) at night (mean \pm S.D.
189 from all surveys combined = $0.30 \pm 0.47 \text{ m}^{-2}$) but not during the day (mean \pm S.D. from
190 all surveys combined = $0.05 \pm 0.13 \text{ m}^{-2}$). The poor diurnal sampling efficiency meant
191 that there were also apparent diel differences in spined loach 'population structure' (i.e.
192 fewer age classes were captured during the day than at night). Notwithstanding, despite
193 the diel variations in the density and age structure of spined loach catches, there were no
194 differences in the condition of the population based on diurnal and nocturnal surveys
195 because at least one of the parameters always failed to satisfy the assessment criteria
196 (Table 1). In contrast to the seine catches, there was no significant difference in the
197 abundance of spined loach in diurnal (mean \pm S.D. = $0.06 \pm 0.16 \text{ m}^{-2}$) and nocturnal
198 (mean \pm S.D. = $0.08 \pm 0.12 \text{ m}^{-2}$) trawls (independent samples t -test, $t = 0.395$, $n = 160$,
199 $P = 0.693$).

200

201 **Seasonal variations**

202 There were seasonal variations in the abundance of spined loach, with densities
203 generally highest in the summer (June-August) and low in the autumn, winter and
204 spring (Table 2; Kruskal-Wallis test, $K = 23.385$, $n = 172$, $P = 0.001$). In 2006, the
205 density of spined loach in the River Trent satisfied the criterion for ‘favourable
206 condition’ in June (mean \pm S.D. = $0.11 \pm 0.24 \text{ m}^{-2}$) and July (mean \pm S.D. = 0.23 ± 0.49
207 m^{-2}), but not during the rest of the year (Table 2). There were also seasonal variations in
208 the population structure of spined loach, with more age classes captured during the
209 summer (June-August) than in the rest of the year, although there was no clear pattern in
210 the percentage contribution of 0+ year individuals (Table 2; Figure 3). Despite the
211 seasonal variations in the density and age structure of spined loach catches, there were
212 no seasonal differences in the condition of the populations because at least one of the
213 parameters always failed to satisfy the assessment criteria (Table 2).

214

215 **Annual variations**

216 There were annual variations in the autumn/winter abundance of spined loach. In the
217 River Trent, densities were highest in 2009 and lowest in 2003, 2004, 2008 and 2011
218 (Kruskal-Wallis test, $K = 45.274$, $n = 250$, $P < 0.001$), whereas they were highest in
219 2008 and lowest in 2010 in the River Ancholme, although the differences were not
220 statistically significant in the latter river (Kruskal-Wallis test, $K = 3.113$, $n = 91$, $P =$
221 0.375) (Table 3). There were also annual variations in the population structure of spined
222 loach, but there was no apparent association between density, the number of age classes
223 and the percentage contribution of 0+ year individuals (Table 3). Despite the variations
224 in the density and age structure of spined loach catches, there were no annual

225 differences in the condition of the populations because at least one of the parameters
226 always failed to satisfy the assessment criteria (Table 3).

227

228 **Spatial variations**

229 There were also spatial variations in the abundance of spined loach. Densities in
230 individual trawls ranged from 0 to 0.83 m⁻² in the Counter Drain and from 0 to 0.33 m⁻²
231 in the Gravel Drain. The highest densities were recorded from the upstream (south-
232 west) reach of the Counter Drain, with densities further downstream being low (Figure
233 4; Kruskal-Wallis test, $K = 29.514$, $n = 50$, $P < 0.001$). The Counter Drain had a
234 significantly higher mean (and maximum) density of spined loach than the Gravel Drain
235 (Mann-Whitney U -test, $U = 1721.500$, $n = 150$, $P < 0.001$), and the density exceeded
236 that required to achieve 'favourable condition' in the Counter Drain (mean \pm S.D. =
237 0.16 ± 0.24 m⁻²), but not in the Gravel Drain (mean \pm S.D. = 0.02 ± 0.06 m⁻²). A
238 minimum of three age classes of spined loach was captured from both drains, but there
239 was a significant difference in their length distributions (two-sample Kolmogorov-
240 Smirnov test, $Z = 1.995$, $n = 64$, $P = 0.001$), with 0+ individuals comprising 62% and
241 24% of the catches in the Counter and Gravel Drains, respectively. The structure of the
242 spined loach population satisfied the criteria to achieve 'favourable condition' (>2 age
243 classes, >50% 0+ year individuals) in the Counter Drain, but not in the Gravel Drain.
244 Moreover, there were differences in the condition assessment of the Counter Drain
245 depending upon where the surveys were conducted: inclusion of sites 31-50 resulted in
246 the condition being assessed as 'favourable', whereas surveys only at sites 1-30 resulted
247 in 'unfavourable condition' (Table 4). Although not statistically different (Mann-
248 Whitney U -test, $U = 454.000$, $n = 166$, $P = 0.755$), the density of spined loach in trawl

249 catches (mean \pm S.D. = $0.065 \pm 0.158 \text{ m}^{-2}$) was an order-of-magnitude higher than in

250 seine catches (mean \pm S.D. = $0.003 \pm 0.005 \text{ m}^{-2}$).

251

252

DISCUSSION

253

254

255 **Variations in abundance and population structure**

256 All organisms are subject to spatio-temporal variations in abundance and population

257 structure. Such phenomena occur naturally and, indeed, are fundamental to the

258 processes driving biological diversity, community ecology and ecosystem functioning.

259 Spatio-temporal variations in abundance and population structure also occur in scarce

260 and rare species, making it difficult to set quantitative conservation targets, especially,

261 as is the case in spined loach, if autecological knowledge or baseline data are limited.

262

263 Spined loach exhibited strong diel variations in abundance, with densities generally

264 being low during the day and peaking at night. Indeed, the relative abundance of spined

265 loach in diurnal samples was only 15% of nocturnal samples, and densities satisfied the

266 criterion for 'favourable condition' at night, but not during the day. In addition, the poor

267 diurnal catches of spined loach meant that fewer age classes were captured during the

268 day than at night. This can probably be explained largely by the nocturnal behaviour of

269 spined loach; peaks in activity, as well as changes in habitat use, have been observed at

270 night (Culling *et al.*, 2003; Marszal *et al.*, 2003). The results of the current study

271 indicate that spined loach were active in the shallow margins of the marina at night, but

272 presumably sheltered in sediments or dense vegetation during daylight. This has

273 important implications for the condition assessment and conservation of spined loach

274 populations, because monitoring programmes conducted only during daylight, or using

275 methods that are inefficient during daylight, are likely to underestimate the abundance

276 and population structure of this nocturnal species. Further research into diel variations

277 in the ecology, especially habitat use, of spined loach is required to facilitate the
278 conservation of the species (Copp and Vilizzi, 2004).

279

280 There were seasonal variations in the abundance and population structure of spined
281 loach, with densities and the number of age classes generally highest in the summer
282 (June-August). Indeed, in 2006, the density of spined loach in the River Trent satisfied
283 the criterion for 'favourable condition' in June and July, but not during the rest of the
284 year. Spined loach spawn in early summer (Robotham, 1981; Bohlen, 1999, 2000b,
285 2003; Juchno & Boroń, 2006a, b), which will inevitably have an influence on their
286 abundance, the number of age classes and the percentage contribution of 0+ year
287 individuals. In addition, habitat use or characteristics may vary on a seasonal basis. For
288 example, spined loach have been found to leave shallow margins in the autumn
289 (Ritterbusch and Bohlen, 2000), and their distribution in the River Great Ouse appeared
290 to be linked to seasonal variations in substratum composition (Robotham, 1978). The
291 current monitoring protocol states that surveys should be conducted in the
292 autumn/winter (Joint Nature Conservation Committee, 2005). This has important
293 implications for the condition assessment and conservation of spined loach populations,
294 because monitoring programmes conducted in the autumn/winter may underestimate
295 their abundance and population structure, especially if conducted after the fish have left
296 their shallow, summer habitats (Ritterbusch and Bohlen, 2000).

297

298 There were annual variations in the autumn/winter abundance and population structure
299 of spined loach. A wide range of biotic (e.g. competition, predation, disease) and abiotic
300 (e.g. climate, weather, physicochemistry, habitat) factors influence the population

301 dynamics of fishes (Houde, 1987; Myers *et al.*, 1997; Nunn *et al.*, 2007, 2010, 2012;
302 Longshaw *et al.*, 2010). Little is known about the factors that affect the stability of
303 spined loach populations, although those that affect other fish species are undoubtedly
304 influential, and annual variations in abundance and population structure have been
305 observed elsewhere (Slavík and Ráb, 1999; Ritterbusch and Bohlen, 2000). Annual
306 variations in abundance and population structure have important implications for the
307 condition assessment and conservation of spined loach populations, because the
308 reporting frequency for SAC species (6 years) renders it difficult to assess the stability
309 of their populations or detect the early signs of possible catastrophes.

310

311 The highest densities and numbers of age classes of spined loach were recorded from
312 the upstream reach of the Counter Drain, with densities/numbers of age classes further
313 downstream, and in the Gravel Drain, being low. Indeed, the mean density of spined
314 loach in the Counter Drain would more than double if calculated using only the 20
315 most-upstream samples. Moreover, there were differences in the condition assessment
316 of the Counter Drain depending upon where the surveys were conducted: inclusion of
317 sites 31-50 resulted in the condition being assessed as 'favourable', whereas surveys
318 only at sites 1-30 resulted in 'unfavourable condition'. This was probably caused by
319 spatial variations in physical habitat characteristics. Spined loach generally inhabit areas
320 characterised by fine substratum containing organic components (Robotham, 1977,
321 1978; Slavík *et al.*, 2000). Water velocity, filamentous algae and macrophytes can also
322 be influential, and there may be inter-gender differences or ontogenetic shifts in
323 microhabitat use (Bohlen, 2000a, b; Culling *et al.*, 2003; Copp and Vilizzi, 2004).
324 Water velocity was slow throughout the study area and mud was ubiquitous, but the

325 Counter Drain was generally wider and deeper than the Gravel Drain, and had a greater
326 coverage of submerged macrophytes, filamentous algae and detritus (AD Nunn, unpubl.
327 data). The highest densities of spined loach were recorded from the upstream reach of
328 the Counter Drain, which was characterised by oxic, rather than anoxic, mud, extensive
329 submerged macrophytes and relatively fast-flowing water, as well as *relatively* large and
330 small, respectively, coverages of gravel and filamentous algae (AD Nunn, unpubl. data).
331 Spatial variations in abundance and population structure have important implications for
332 the condition assessment and conservation of spined loach populations, because
333 monitoring programmes conducted in inappropriate areas (e.g. only unsuitable or
334 optimal habitats) may underestimate, or overestimate, their status.

335

336 **Condition assessment and conservation**

337 Extremely small and isolated populations of a number of fish species have apparently
338 persisted for centuries, possibly millennia, yet reliable estimates of minimum viable
339 population sizes remain elusive (Gaston and Lawton, 1990; Maitland and Lyle, 1991;
340 Traill *et al.*, 2007). Similarly, it is unclear what constitutes a viable population in spined
341 loach and, therefore, what criteria are suitable for condition assessment. Currently, any
342 reduction in density results in an ‘unfavourable condition’ status, even if densities are
343 historically high (Joint Nature Conservation Committee, 2005). Not only does this
344 require baseline data against which to compare contemporary data, but densities
345 naturally vary temporally; identifying when a reduction in density is a cause for concern
346 is therefore problematic. Similarly, setting density thresholds is problematic because
347 densities also naturally differ between habitats.

348

349 The selection of the thresholds for the condition assessment criteria (Joint Nature
350 Conservation Committee, 2005) was rather arbitrary, although it is recognised that it
351 was unavoidable given the lack of knowledge and baseline data on spined loach
352 populations. In the current study, the mean (\pm S.D.) autumn/winter densities of spined
353 loach were similar in the Trent ($0.02 \pm 0.02 \text{ m}^{-2}$), Ancholme ($0.01 \pm 0.01 \text{ m}^{-2}$) and
354 Gravel Drain ($0.02 \pm 0.06 \text{ m}^{-2}$). Moreover, the densities were considerably lower than
355 the threshold to achieve 'favourable' condition (0.1 m^{-2}), yet the continued presence of
356 the species, the relatively stable densities over time (e.g. 1999-2012 in the Trent) and
357 successful annual recruitment suggests that the populations are sustainable.
358 Furthermore, diel, seasonal, annual and spatial variations in the density and age
359 structure of spined loach catches had few impacts on the condition of their populations
360 because at least one of the parameters invariably failed to satisfy the assessment criteria.
361 It is therefore recommended that the condition assessment criteria are reviewed and
362 amended by collating and analysing all available data on spined loach populations, as
363 well as conducting further specific surveys to address knowledge gaps (Cowx *et al.*,
364 2009).

365

366 The number and size of samples will inevitably affect overall catches and, potentially,
367 condition assessments. Another limitation of the current monitoring protocol (Joint
368 Nature Conservation Committee, 2005) is that the condition assessment uses criteria
369 based upon individual (density) *and* combined (number of age classes, percentage
370 contribution of 0+ year age class) catches. Although abundance can be expressed per
371 unit effort and averaged to account for the number and size of samples, the number of
372 age classes detected is likely to increase with increasing numbers or sizes of samples if

373 samples are combined for analysis. Guidance on the number and/or size of samples that
374 should be collected and sampling strategies is therefore desirable in a revised
375 monitoring protocol (see Cowx *et al.*, 2009). In addition, for conservation purposes it
376 may be important to identify and assess the condition of distinct populations or sub-
377 populations. Exactly what constitutes a ‘population’ should therefore be defined in a
378 revised monitoring protocol, together with guidance on how to account for spatial
379 variations in abundance and population structure in condition assessments.

380

381 It should be borne in mind that different gears were used in the rivers and drains.
382 Although seine nets sometimes caught large numbers of spined loach, especially in the
383 Trent at night, it is recommended that trawling is used to conduct condition assessments
384 because, unlike seine netting, its efficiency appears to be unaffected by the nocturnal
385 behaviour of spined loach, as the gear effectively captures spined loach buried in
386 sediment or vegetation. In addition, although not *statistically* significant, the density of
387 spined loach in trawl catches was an order-of-magnitude higher than in seine catches,
388 which could have significant implications for *condition assessment*. Trawling also
389 avoids the logistical difficulties associated with conducting nocturnal seine surveys, as
390 well as large bycatches of larval and juveniles fishes, and allows a large number of
391 small samples to be collected, which is more statistically robust and provides more
392 detailed biogeographical information than a small number of large (e.g. seine) samples
393 (Copp, 2010). Large numbers of small samples should also maximise the range of
394 microhabitats that are surveyed and, potentially, increase the number of age classes that
395 are captured. The current monitoring protocol (Joint Nature Conservation Committee,
396 2005) states that trawling should be used in drains, whereas electric fishing should be

397 used in rivers. Although electric fishing may be useful in some situations, in many areas
398 the water will be either too deep, turbid or vegetated for efficient sampling, especially of
399 0+ year individuals. Similarly, the low percentage contribution of 0+ year individuals in
400 many of the catches in this study probably reflects the inefficiency of the seine net at
401 capturing such small fish (Cowx *et al.*, 2001), particularly in dense macrophytes, where
402 young spined loach tend to be found (Bohlen, 2000a, b).

403

404 A prerequisite for successful conservation is an effective monitoring programme.
405 Monitoring programmes will only be effective if the chosen sampling strategies and
406 methods are able to detect target species at low levels of abundance, to avoid
407 underestimates of population status through imperfect detection (Kéry and Schmidt,
408 2008; Britton *et al.*, 2011). Monitoring programmes must also be able to detect changes
409 in temporal and spatial structure relating to species distributions and abundances (Cowx
410 *et al.*, 2009, 2010; Reynolds *et al.*, 2011; Rolls *et al.*, 2013). It is therefore essential that
411 surveys to assess the condition of populations of designated species are designed with
412 due consideration of their diel behaviour, breeding season, life span and habitat use. It is
413 thus recommended that surveys for spined loach are conducted: (1) by trawling; (2) in
414 late summer; and (3) at least every 3-4 years. It is also recommended that the influence
415 of spatio-temporal variations in abundance and population structure, and of sampling
416 strategies, methodologies and techniques, on the condition assessment of other species
417 of conservation interest (e.g. Atlantic salmon (*Salmo salar* L.), lampreys, shads,
418 bullhead (*Cottus gobio* L.); see Maitland and Lyle, 1991; Life in UK Rivers, 2003)
419 should be rigorously evaluated, so that their respective monitoring protocols and/or
420 condition assessment criteria can be amended if necessary.

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- 577
- 578

579 Table 1 Diel variations in the density, age structure and condition of the spined loach
 580 population in a boating marina on the River Trent, England.

Date	Period	Mean density (no. m⁻²)	No. age classes	% 0+	Population condition
3-4 June 2009	Day	0.00	1	100*	Unfavourable
	Night	0.08	3*	78*	Unfavourable
16-17 June 2009	Day	0.01	1	100*	Unfavourable
	Night	0.08	3*	82*	Unfavourable
1-2 July 2009	Day	0.03	3*	8	Unfavourable
	Night	0.26*	3*	0	Unfavourable
19-20 May 2010	Day	0.00	1	0	Unfavourable
	Night	0.03	2	17	Unfavourable
2-3 June 2010	Day	0.00	1	0	Unfavourable
	Night	0.02	1	100*	Unfavourable
16-17 June 2010	Day	0.16*	1	100*	Unfavourable
	Night	0.70*	2	99*	Unfavourable
30 June-1 July 2010	Day	0.03	2	38	Unfavourable
	Night	0.90*	3*	14	Unfavourable
14-15 July 2010	Day	0.13*	3*	41	Unfavourable
	Night	0.36*	3*	12	Unfavourable

581 Parameters satisfying the respective condition assessment criterion (mean density >0.10
 582 m⁻², >2 age classes, >50% 0+ year individuals; Joint Nature Conservation Committee,
 583 2005) are asterisked, nocturnal surveys are shaded.

584
 585

586 Table 2 Seasonal variations in the density, age structure and condition of the spined
 587 loach population in the River Trent, England, in 2006.

Month	Mean density (no. m⁻²)	No. age classes	% 0+	Population condition
January	0	0	0	Unfavourable
February	0	0	0	Unfavourable
March	0	0	0	Unfavourable
April	<0.01	2	62*	Unfavourable
May	0.01	3*	53*	Unfavourable
June	0.11*	3*	9	Unfavourable
July	0.23*	3*	34	Unfavourable
August	0.05	3*	58*	Unfavourable
September	0.01	2	43	Unfavourable
October	<0.01	1	100*	Unfavourable
November	0	0	0	Unfavourable

588 Parameters satisfying the respective condition assessment criterion (mean density >0.10
 589 m⁻², >2 age classes, >50% 0+ year individuals; Joint Nature Conservation Committee,
 590 2005) are asterisked, fish from the 2005 year class were aged as 0+ year individuals
 591 until the appearance of the 2006 year class.

592
 593

594 Table 3 Annual variations in the autumn/winter density, age structure and condition of
 595 the spined loach populations in the River Trent, River Ancholme and River Glen
 596 Counter and Gravel Drains, England.

River/Drain	Year	Mean density (no. m⁻²)	No. age classes	% 0+	Population condition
Trent	1999	0.02	3*	12	Unfavourable
	2000	<0.01	1	100*	Unfavourable
	2001	0.02	3*	27	Unfavourable
	2002	0.02	1	0	Unfavourable
	2003	0	0	0	Unfavourable
	2004	0	0	0	Unfavourable
	2005	0.01	3*	73*	Unfavourable
	2006	0.02	3*	53*	Unfavourable
	2007	0.03	2	18	Unfavourable
	2008	0	0	0	Unfavourable
	2009	0.06	2	9	Unfavourable
	2010	0.02	2	64*	Unfavourable
	2011	0	1	0	Unfavourable
	2012	<0.01	1	0	Unfavourable
Ancholme	2008	0.02	3*	67*	Unfavourable
	2009	0.01	3*	34	Unfavourable
	2010	<0.01	2	17	Unfavourable
	2011	0.01	3*	29	Unfavourable
Counter	2012	0.16*	3*	62*	Favourable
Gravel	2012	0.02	3*	24	Unfavourable

597 Parameters satisfying the respective condition assessment criterion (mean density >0.10

598 m⁻², >2 age classes, >50% 0+ year individuals; Joint Nature Conservation Committee,

599 2005) are asterisked.

600

601

602 Table 4 Spatial variations in the density, age structure and condition of the spined loach
 603 population in the River Glen Counter Drain, England, in October 2012.

Site no.	Mean density (no. m⁻²)	No. age classes	% 0+	Population condition
1-10	0	0	0	Unfavourable
1-20	0.01	1	100*	Unfavourable
1-30	0.03	2	60*	Unfavourable
1-40	0.13*	3*	59*	Favourable
1-50	0.16*	3*	62*	Favourable
11-20	0.02	1	100*	Unfavourable
11-30	0.04	2	60*	Unfavourable
11-40	0.18*	3*	59*	Favourable
11-50	0.20*	3*	62*	Favourable
21-30	0.07	2	50	Unfavourable
21-40	0.26*	3*	61*	Favourable
21-50	0.26*	3*	61*	Favourable
31-40	0.45*	3*	63*	Favourable
31-50	0.35*	3*	60*	Favourable
41-50	0.25*	3*	60*	Favourable

604 Parameters satisfying the respective condition assessment criterion (mean density >0.10
 605 m⁻², >2 age classes, >50% 0+ year individuals; Joint Nature Conservation Committee,
 606 2005) are asterisked.

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FIGURE LEGENDS

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610

611 Figure 1 Locations of the survey sites on the (a) River Trent, (b) River Ancholme and
612 (c) River Glen Counter and Gravel Drains, England.

613

614 Figure 2 Diel variations in the density (no. m^{-2}) of spined loach in a boating marina on
615 the River Trent, England. Nocturnal samples are shaded, and the density required to
616 achieve 'favourable condition' is indicated by the dashed line.

617

618 Figure 3 Seasonal variations in the population structure of spined loach in the River
619 Trent, England, in 2006. Modal groups (\approx age classes) were identified using modal
620 progression analysis when possible, otherwise the approximate length ranges of the age
621 classes are illustrated. Fish from the 2005 year class were aged as 0+ year individuals
622 until the appearance of the 2006 year class. There must be at least three age classes and
623 a high percentage, preferably at least 50%, of 0+ year individuals to achieve 'favourable
624 condition' (Joint Nature Conservation Committee, 2005).

625

626 Figure 4 Spatial variations in the density (no. m^{-2}) of spined loach in the River Glen
627 Counter Drain, England, in October 2012. The drain flows in a north-easterly direction.
628 Densities must be $>0.1 m^{-2}$ to achieve 'favourable condition' (Joint Nature
629 Conservation Committee, 2005).







