# Primary Cardiac High-grade Myxofibrosarcoma Presenting with Multiple Brain Metastases: A Case Report

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## Abstract

Herein we describe the case of a young patient who presented with a recent history of epilepsy due to multiple brain lesions; he did not complain about any cardiopulmonary impairments. The patient died as a consequence of hemorrhagic progression of brain metastatic disease. Regardless of a thorough investigation, the heart tumor remained occult. Primary cardiac tumors are very rare entities. Most of these are benign, but approximately 25% are malignant, and the majority of these are sarcomas. Myxofibrosarcoma and osteosarcoma are exceptionally rare. To date, we find only small series of cardiac myxofibrosarcoma, and to our knowledge, this one exceptionally presented with multiple brain metastatic lesions without cardiopulmonary symptoms.

**Categories:** Cardiac/Thoracic/Vascular Surgery, Neurosurgery, Oncology **Keywords:** brain metastases, diagnosis, malignant cardiac tumors, unknown primary cancer, myxofibrosarcoma

#### Introduction

Primary cardiac tumors are very rare entities. The incidence is between 0.0017% and 0.03% in autopsy series. Most of the primary cardiac tumors are benign, but approximately 25% are malignant, and the majority of these are sarcomas. Angiosarcoma is the most frequent histotype, while myxofibrosarcoma and osteosarcoma are exceptionally rare. The prognosis of such malignancies is dismal. In case of complete or incomplete surgical resection of the primitive lesion, survival is 25 and 10 months, respectively [1]. Up to 80% of patients have evidence of metastases at the time of the initial presentation and the lung is the most common site [2-3]. These patients typically present with a history of dyspnea due to heart failure.

#### **Case Presentation**

A 41-year-old man was referred to our neurosurgical department after a one-month history of left side partial sensitive seizures and a recent onset of left side hemiparesis. His medical history was unremarkable. A post-contrast computed tomography (CT) scan showed multiple brain lesions: right side parietal (19 mm), left side rolandic (14 mm), and two subcentimetric lesions in the right temporal lobe. On magnetic resonance imaging (MRI), these lesions

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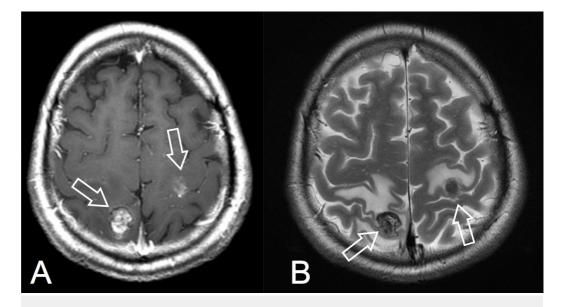
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appeared as partially necrotic and hemorrhagic, with perilesional oedema and enhancement after gadolinium (Figures 1A-1B).



# FIGURE 1: Preoperative MR axial images: A) post-gadolinium T1-W; B) T2-W. White arrows show the lesion.

MR - magnetic resonance

The neoplastic serum markers were negative. A full-body CT scan did not evidence a primary tumor. A transthoracic echocardiography (TTE) and then a transesophageal echocardiography (TOE/TEE) were performed. A polilobulated (27X13 mm) mass was found, and it was attached to the mitral valve and partially occupying the left atrium. Low/moderate valve insufficiency was demonstrated. The lesion was echographically described as an incidental benign tumor such as a papillary fibroelastoma. Even an 18 fluorodeoxyglucose positron emission tomography-computed tomography (18-FDG PET-CT) scan did not show the primary tumor. As a consequence of the worsening of the neurological status (left side hemiparesis), regardless of the absence of the primitive tumor diagnosis, we decided to operate on the right parietal lesion. The patient underwent a neuronavigation-assisted right side parietal craniotomy. The lesion was resected "en-bloc" through a microsurgical trans-sulcal approach. A histological examination demonstrated a proliferation of atypical, spindle-shaped tumor cells with slightly eosinophilic cytoplasm and indistinct border, embedded in a myxoid matrix. The nuclei resulted hyperchromatic and pleomorphic, and atypical mitotic figures were observed (Figure 2). Neoplastic cells were immunopositive for vimentin and focally for smooth muscle actin. On the contrary, these cells were negative for melanocytic markers (S-100 protein, HMB45, MELAN-A), epithelial markers (CAM 5.2, EMA), vascular markers (CD31, CD34), as well as other muscular markers (myogenin, desmin). Thus a diagnosis of high-grade metastatic sarcoma was achieved.

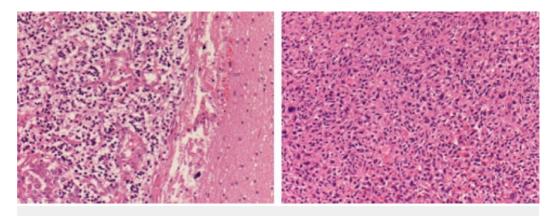


FIGURE 2: Histopathology: H&E 200X sections. Brain on the left and heart on the right.

The early postoperative course was uneventful and the patient recovered left side hemiparesis, but the second day after surgery, a new onset of language impairment (motor aphasia) with right side hemiplegia suddenly appeared. A brain CT scan showed a haemorrhagic progression of the left rolandic lesion (Figure *3A*). Later on, even a cerebellar lesion had haemorrhagic progression (Figure *3B*).

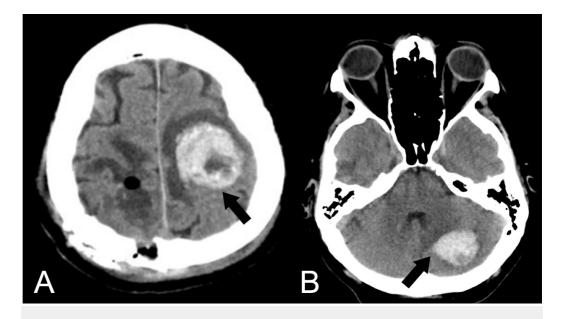
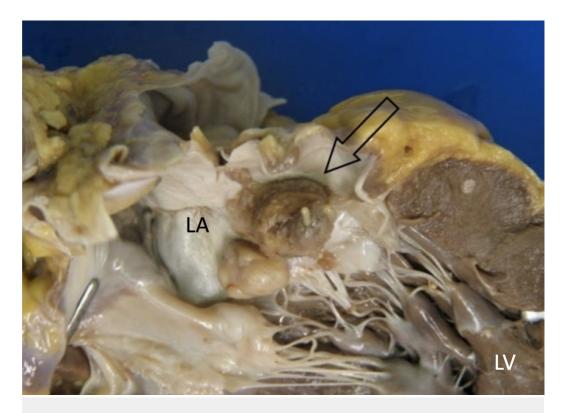


FIGURE 3: Late postoperative non-enhanced CT scan. A) Left side frontal hemorrhage; B) Left side cerebellar hemorrhage. Black arrows show spontaneous bleeding.

CT - computed tomography

The patient passed away one month after surgery and seventy days after the onset of neurological symptoms. A postmortem examination revealed that the heart weighed 525 grams. We found two polypoid masses attached to the mitralic valve, measuring 15 mm and 10 mm, respectively, in maximum diameter, partially obstructing the left atrium (Figure 4). These lesions were composed of hard white tissue. Smaller nodules were found in the right and left

ventricular wall. The brain dissection demonstrated multiple haemorrhagic lesions, located in the right parietal lobe (major axis 19 mm long), in the left rolandic area (30 mm), and in the right cerebellar lobe (40 mm). The final diagnosis was cardiac high-grade myxofibrosarcoma with multiple brain metastases.



#### FIGURE 4: Heart - gross appearance. Arrow shows the tumor.

LA - left atrium, LV - left ventricle

#### **Discussion**

Brain metastases are the most common brain tumor seen clinically. They develop in up to 35% of all cancer patients. It is well known that primary tumor histologic types, in the order of descending frequency, include non-small cell lung carcinoma (NSCLC), breast carcinoma, small cell lung carcinoma (SCLC), and malignant melanoma. On the other hand, up to 15% of newly diagnosed brain metastases patients have unknown primary tumor despite a thorough investigation [4]. Primary malignant cardiac tumors are extremely rare; they typically present with advanced tumor stage and nearly 80% of patients had metastases at the time of primary diagnosis [2]. They are clinically symptomatic with four main mechanisms: obstruction to blood flow and valvular dysfunction, local invasion causing arrhythmia or pericardial effusion, embolism, or systemic symptoms of dyspnea, fever, malaise, and weight loss [2]. Angiosarcoma is the most common histotype and lung is the most frequent site of metastases. They affect predominantly the right heart. The prognosis of such malignancies is dismal. In case of incomplete or complete resection of the cardiac tumor, survival may vary from 10 to 25 months, respectively [2, 5-6]. Unclassified sarcoma is another common name for myxofibrosarcoma, and such sarcomas affect predominantly the left atrium [5]. Brain metastasis from cardiac tumors represent an extremely rare event as well.

Myxofibrosarcoma is a mesenchymal neoplasia occurring most commonly in the extremities. More infrequently, this tumor may arise in other sites [5]. Few cases of cardiac

myxofibrosarcomas have been reported in the literature [7-9]. Even if lowgrade myxofibrosarcomas could recur locally, it is known that high-grade cases are associated with distant metastases, including brain metastases [3, 6, 10]. Nevertheless, TOE and thoracic CT/MRI scans are the gold standard to study cardiac masses, as it is extremely difficult to identify myxofibrosarcomas preoperatively [7], especially in those very atypical patients who do not express signs and symptoms of heart disease. Furthermore, 18 FDG PET/CT may not demonstrate the primary tumor, due to the high metabolic activity of heart tissue. In this case, a history of cardiopulmonary disease was exceptionally absent despite the fact that primary cardiac malignancy was constituted by large multiple neoplastic masses. On the contrary, the patient presented with focal neurological impairment secondary to cerebral mass effect. Furthermore, this case demonstrates that cerebral metastases from myxofibrosarcoma have a high tendency to evoke a haemorrhagic course with ominous effects on overall survival.

## Conclusions

In conclusion, albeit their occurence is extremely rare, the recognition of brain metastases from myxofibrosarcomas and their distinction from other hemorrhagic tumors may have therapeutic and prognostic implications.

# **Additional Information**

#### **Disclosures**

Human subjects: Consent was obtained by all participants in this study. Conflicts of interest: In compliance with the ICMJE uniform disclosure form, all authors declare the following: Payment/services info: All authors have declared that no financial support was received from any organization for the submitted work. Financial relationships: All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. Other relationships: All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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