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Measures of nutrient processes as indicators of stream ecosystem health

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Abstract

To better understand how freshwater ecosystems respond to changes in catchment land-use, it is important to develop measures of ecological health that include aspects of both ecosystem structure and function. This study investigated measures of nutrient processes as potential indicators of stream ecosystem health across a land-use gradient from relatively undisturbed to highly modified. A total of seven indicators (potential denitrification; an index of denitrification potential relative to sediment organic matter; benthic algal growth on artificial substrates amended with (a) N only, (b) P only, and (c) N and P; and $\delta^{15}\text{N}$ of aquatic plants and benthic sediment) were measured at 53 streams in southeast Queensland, Australia. The indicators were evaluated by their response to a defined gradient of agricultural land-use disturbance as well as practical aspects of using the indicators as part of a monitoring program. Regression models based on descriptors of the disturbance gradient explained a large proportion of the variation in six of the seven indicators. With denitrification index, algal growth in N amended substrate, and $\delta^{15}\text{N}$ of aquatic plants demonstrating the best regression. However, the $\delta^{15}\text{N}$ value of benthic sediment was found to be the best indicator overall for incorporation into a monitoring program, as samples were relatively easy to collect and process, and were successfully collected at more than 90% of the study sites.

Introduction

To fully assess ecosystem health it is necessary to investigate both ecosystem structure and function. Ecosystem structure identifies biological, chemical and physical patterns, while ecosystem function involves quantification of the processes that occur within an ecosystem. Ecosystem processes can help identify the vigour or resilience of a system (Rapport et al., 1998) as well as being a direct measurement of ecosystem services, such as nutrient removal by denitrification (Udy & Bunn, 2001).

Measurements of ecosystem processes have only recently been used to assess the health of aquatic systems. The focus to date has been on benthic metabolism (Bunn et al., 1999; Hill et al., 2000; Fellows et al., this issue), but nutrient processes are also likely to be useful indicators of stream health because they respond to changes resulting from catchment disturbance, such as increased sediment and nutrient loads. Methods used to assess aspects of nutrient cycling in streams include (1) measuring rates of particular processes under controlled conditions (e.g. denitrification,

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54 Royer et al. (2004); nitrification, Strauss & Lam-
 55 berti (2000)), and (2) *in situ* nutrient additions (e.g.
 56 enrichment level additions, Mulholland et al.
 57 (2002); stable isotope additions, Peterson et al.
 58 (2001); nutrient limitation assays, Tank & Dodds
 59 (2003)).

60 Denitrification is a nutrient cycling process that
 61 is of particular interest from a management per-
 62 spective because it converts nitrate (NO_3^-) to
 63 N-containing gas, effectively removing N from the
 64 aquatic environment (Knowles, 1982; Seitzinger,
 65 1988). Similar to other in-stream microbial pro-
 66 cesses, rates of denitrification should respond to
 67 changes in sediment, carbon, and nitrogen loads
 68 and changes in temperature regime associated with
 69 catchment disturbance such as clearing of native
 70 vegetation, including riparian zone vegetation, and
 71 other land-use changes such as conversion to or
 72 intensification of agriculture. Denitrification is
 73 carried out predominately by heterotrophic mi-
 74 crobes using NO_3^- as an electron acceptor during
 75 the oxidation of organic carbon under anoxic
 76 conditions (Knowles, 1982). Higher rates of deni-
 77 trification would therefore be expected with the
 78 increased supplies of N and organic carbon asso-
 79 ciated with increasing levels of catchment distur-
 80 bance. However, denitrification does not necessarily
 81 increase with increasing nutrient load when organic
 82 forms dominate the load (Sloth et al., 1995; Heggie
 83 et al., 1999; Burford & Longmore, 2001), suggesting
 84 that it is important to consider the rate relative to
 85 organic matter supply.

86 The response of phytoplankton and benthic
 87 algal communities to nutrient additions has been
 88 used in both estuarine and freshwater ecosystems
 89 to determine the limiting nutrient in an environ-
 90 ment and the importance of nutrient availability
 91 relative to other environmental factors in con-
 92 trolling phytoplankton and benthic algal growth
 93 (O'Donohue & Dennison, 1997; Mosisch et al.,
 94 1999; Hadwen et al., 2005). High algal biomass is
 95 often considered a symptom of unhealthy streams,
 96 as minimally impacted systems tend to have low
 97 nutrient concentrations and riparian shading
 98 which limits algal biomass (Mosisch et al., 1999).
 99 Benthic primary production is generally greater
 100 than that in the water column in small streams
 101 (Keithan & Lowe, 1985; Davies, 1994), and
 102 therefore the current study focused on benthic al-
 103 gal growth. Measurement of algal biomass accrual

on bare substrate serves as a measure of algal
 growth rate (Kevern & Ball, 1965), and use of
 artificial substrates provides a standardised meth-
 od for inter-site comparisons and the opportunity
 to manipulate nutrient regimes (e.g. Mosisch et al.,
 2001).

The N stable isotope values of organisms
 reflect both their sources of N and processes
 influencing the cycling of N (Peterson & Fry,
 1987), and therefore could potentially serve as
 indicators of ecosystem health. Recently, $\delta^{15}\text{N}$
 values of aquatic plants have been employed to
 trace the impacts of anthropogenic nitrogen on
 estuarine ecosystems (Udy & Dennison 1997a;
 Costanzo et al., 2001, 2005). Nitrogen stable iso-
 topes of animals have been used in a similar
 manner for assessing freshwater ecosystems,
 including insectivorous birds in the riparian zone
 of streams (Wayland & Hobson 2001) and fresh-
 water mussels (McKinney et al., 2002). Microbial
 processing of N has been shown to elevate $\delta^{15}\text{N}$
 values of organic matter via decomposition
 (Owens, 1985) and those of seagrass by denitrifi-
 cation (Fourqurean et al., 1997). Additionally,
 Udy & Bunn (2001) found a strong positive cor-
 relation between the percentage of land cleared in
 a catchment and the $\delta^{15}\text{N}$ of aquatic plants, sug-
 gesting that the nitrogen cycle in these creeks had
 in some way been influenced by catchment clear-
 ing. Although stable isotope values are a struc-
 tural aspect of ecosystems, the findings of Udy &
 Bunn (2001) and other studies suggest that these
 values might represent an integrated signature of
 N cycling processes, with more enriched $\delta^{15}\text{N}$
 values being associated with greater levels of
 catchment disturbance.

The current study aimed to measure the response
 of various nutrient process indicators to a diffuse
 land-use gradient (disturbance gradient) as part of a
 regional study developing indicators of stream eco-
 system health in southeast Queensland, Australia
 (Abal et al., 2005). One measure was chosen from
 each of the three major groups of methods for
 measuring nutrient processes identified in the litera-
 ture: rates of denitrification (a measure of an indi-
 vidual N cycling process); benthic algal growth on
 nutrient-amended substrates (an *in situ* addition
 method); and $\delta^{15}\text{N}$ values of aquatic plants and
 sediment to provide an integrated signature of N
 cycling processes.

154 **Methods**155 *The southeast Queensland study*

156 The current study on nutrient process indicators
 157 forms one component of the project on Design and
 158 Implementation of a Baseline Monitoring program
 159 for first to third order streams in southeast
 160 Queensland, Australia (DIBM) (Abal et al., 2005).
 161 The DIBM study was a key component of the
 162 scientific research undertaken as part of the
 163 Southeast Queensland Regional Water Quality
 164 Strategy for what is now known as the Moreton
 165 Bay Waterways and Catchments Partnership. The
 166 goal of the study was to develop a regional stream
 167 health monitoring program that could be used to
 168 measure and report on current status and future
 169 changes in ecological health. The DIBM study
 170 evaluated a broad range of indicators against a
 171 known disturbance gradient to identify those that
 172 best responded. This approach was based on that
 173 used by the Group of Experts on Environmental
 174 Pollution (GEEP) to detect anthropogenic impacts
 175 in marine systems (Bayne et al., 1988; Addison &
 176 Clarke 1990; Stebbing & Dethlefsen 1992).

177 The study area covers over 22,000 km² and
 178 includes six catchments and 15 major rivers of the
 179 Moreton region of Queensland, Australia and
 180 incorporates 19 local government regions. The
 181 climate is subtropical, with just over half (55%) of
 182 the rainfall typically occurs during the summer wet
 183 season (December to March). Stream flow varies
 184 greatly with season and many low-order streams
 185 flow only during the wet season.

186 The major land uses in southeast Queensland
 187 are grazing and cropping, and these were chosen as
 188 the primary disturbance gradient against which
 189 indicators were evaluated. The disturbance gradi-
 190 ent was quantified using both GIS data and field
 191 measurements. Data on the percentage of catch-
 192 ment cleared as well as percentages under specific
 193 land uses was derived from GIS. Other attributes
 194 or *descriptors* of the disturbance gradient were
 195 measured in the field, including channel and
 196 riparian zone conditions. The disturbance gradient
 197 descriptors were assigned to one of six broad cat-
 198 egories to simplify reporting and allow direct
 199 comparison of different indicators (Table 1). A
 200 suite of potential indicators of stream health were
 201 measured at 53 sites on first to third order streams

that varied in the degree of land-use disturbance 202
 (from undisturbed rainforest to cleared catchments 203
 with intensive cropping on the flood plain) in 204
 September and October 2000. These indicators fell 205
 into five groups: macroinvertebrates, fish, water 206
 chemistry, nutrients and nutrient cycling, and 207
 benthic metabolism. The response of these indi- 208
 cators to descriptors of reach and catchment scale 209
 disturbance was investigated using generalised 210
 linear regression modelling (see 'Data analysis' for 211
 details). This paper focuses on the results from 212
 measures of nutrients and nutrient cycling com- 213
 ponent of the DIBM study. Results from the other 214
 four groups of indicators can be found in this issue 215
 (Fellows et al., this issue; Kennard et al., this 216
 issue) as well as in Smith & Storey (2001) and Abal 217
 et al. (2005). 218

Disturbance gradient descriptors 219

Measurements made at the sites and catchment 220
 GIS data were used to define more than 80 221
 descriptors of the catchment land-use disturbance 222
 gradient. A subset of the descriptors was chosen 223
 for the analysis of each group of indicators based 224
 on conceptual models of factors influencing the 225
 indicators. For the nutrient process indicators 226
 discussed in the current study, a subset was chosen 227
 which included 15 descriptors from 5 categories 228
 (Table 1). *Land-use* descriptors % Cleared and 229
 land-use categories were obtained using GIS 230
 analysis of subcatchment boundaries and State 231
 Land and Tree Survey (SLATS) data from 1999 232
 (Queensland Natural Resources and Mines). 233
 Channel Condition was assessed using a method 234
 modified from Rosgen (1994). Two measures of 235
Riparian conditions were employed: a categorical 236
 assessment of riparian vegetation over the 100 m 237
 study reach (modified from Anderson, 1993) and a 238
 quantitative measure of riparian canopy cover at 239
 the site where nutrient processes sampling was 240
 conducted using fish-eye lens photography (Bunn 241
 et al., 1999). Nine descriptors were chosen from 242
 the *Water and sediment chemistry* category. Most 243
 of these descriptors were derived from the analysis 244
 of three water samples collected at each site: (1) 245
 unfiltered for total ionic composition and turbid- 246
 ity, (2) unfiltered for total concentrations of 247
 nutrients, and (3) filtered for concentrations of 248
 dissolved nutrients. Principal components analysis 249

Table 1. Categories of disturbance gradient descriptors and the specific descriptors chosen for use in generalised linear regression modelling of nutrient processing indicators

Descriptor	Explanation
<i>Descriptor category</i>	
1. Land-use (Catchment scale)	
%Cleared	Percentage of total catchment area cleared
Land-use category	Categorical variable Scale 0–4 (0 = Urban; 4 = natural or undisturbed)
2. Channel conditions (Reach scale)	
Channel condition	Categorical variable, Scale 1–4, (1 = highly degraded, 4 = natural)
3. Riparian conditions (Reach scale)	
Hemiphot cover	Measure of % riparian canopy cover at the specific site of benthic metabolism measurements calculated using fish-eye lens (hemi) photography
Riparian vegetation	Categorical variable, Scale 0–4, where 0 = No riparian vegetation, 4 = Excellent riparian vegetation
4. Water/sediment chemistry (Reach and catchment scale)	
Maximum temperature	Maximum water temperature recorded by data logger over 24 h in open water
%C in sediment	%C in sediment was calculated by the change in weight of a sediment sample after being heated to 400 °C
DO min % saturation	The minimum % saturation recorded in the stream over a 24 h period (this reading always occurred during the night)
The six descriptors below are based on laboratory analyses of water samples taken at the time process measures were made in the field.	
Ions gradient (PCA 1)	PCA variable 1 explained 53% of the variation in site water chemistry and represented inorganic ions
$\text{NO}_3^- + \text{NO}_2^-$	Dissolved nitrate + nitrite-N concentration expressed as an index 1–5 (1 = lowest concentration, 5 = highest concentration)
NH_4^+	Dissolved ammonium-N concentration expressed as an index 1–4 (1 = lowest concentration, 4 = highest concentration)
PO_4^{3-}	Filterable reactive phosphate expressed as an index 1–11 (1 = lowest concentration, 11 = highest concentration)
TN	Total N expressed as an index 1–4 (1 = lowest concentration, 4 = highest concentration)
TP	Total phosphate expressed as an index 1–5 (1 = lowest concentration, 5 = highest concentration)
5. In-stream habitat (Reach Scale)	
% Fine sediment	The % of the total sediment composed of mud and silt
6. Flow related –none included	

See text for a more detailed description of the methods used to quantify the descriptors.

250 (PCA) was used to reduce the total number of water chemistry variables. PCA variable 1 explained 53% of the variation in site water chemistry and represented primarily inorganic ions (e.g. alkalinity, conductivity, chloride). In addition to PCA variable 1 being used in analysis to characterise the ionic composition of the water the major nutrients (total and dissolved) were also

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252
253
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256
257

258 used individually (nitrate + nitrite, ammonium,
 259 total nitrogen, filterable reactive phosphorous,
 260 and total phosphate). However, as the concen-
 261 trations of these variables were not normally dis-
 262 tributed the data was graphed and categorised
 263 into groups where the data showed natural breaks.
 264 Nitrate + nitrite is referred to from here forward
 265 as NO_3^- . Maximum water temperature and mini-
 266 mum dissolved oxygen (% saturation) of the
 267 stream during a 24 h period were recorded by a
 268 data logger (TPS 601). Sediment samples of the
 269 top 5 cm of the stream bed were collected at each
 270 site using a modified 60 ml plastic syringe, and
 271 % C of the sediment was determined by weighing
 272 the dry sediment (dried at 60 °C until no further
 273 change) before and after incineration at 400 °C.
 274 For evaluating two of the nutrient process indi-
 275 cators, the $\delta^{15}\text{N}$ values of aquatic plants and
 276 benthic sediment, denitrification potential was
 277 considered a disturbance gradient descriptor in the
 278 *Water and sediment chemistry* category. The
 279 inclusion of this indicator as a descriptor was
 280 based on the findings of Fourqurean et al. (1997)
 281 that suggest increased rates of denitrification re-
 282 sult in enriched $\delta^{15}\text{N}$ signatures. The only
 283 descriptor of *In-stream habitat* used was the % of
 284 fine sediment (silts and mud fraction) present on
 285 the stream bed. No descriptor of *Flow Related*
 286 categories was chosen for analysis.

287 *Denitrification*

288 *Rates of denitrification potential*

289 Rates of denitrification potential were determined
 290 using the acetylene block method (similar to
 291 Holmes et al., 1996 and Pfenning & McMahon,
 292 1997). Eight replicate sediment samples were col-
 293 lected from each site in 60 ml cut-off syringes.
 294 Stoppers were placed in both ends of the corer to
 295 reduce the gas exchange between the sediment and
 296 the air during transport. Two litres of unfiltered
 297 water was also collected at each site and trans-
 298 ported with the sediment samples on ice.

299 Within 8 h of collection, four replicate bottles
 300 were prepared for each site in the laboratory. Each
 301 sample bottle received the top 2 cm of sediment
 302 from two cores (2×20 ml) and an equivalent vol-
 303 ume (40 ml) of stream water from that site.
 304 Because the goal was to assess rates of potential
 305 denitrification, nitrate was added to increase the

concentration in the sediment slurries by 50 μM to 306
 ensure nitrate was available to denitrifiers. The 307
 bottles were sealed with a rubber septum and the 308
 headspace was purged with N_2 for 2 min to create 309
 anoxic conditions (sufficient to lower dissolved 310
 oxygen in the slurry $<0.2 \text{ mg l}^{-1}$). From the 311
 headspace, 25 ml of gas was removed and then 312
 replaced with 20 ml of clean acetylene gas. The 313
 injection of acetylene inhibits the reduction of ni- 314
 trous oxide (N_2O) to nitrogen, allowing the deni- 315
 trification rate to be estimated by the rate at which 316
 nitrous oxide accumulates in the head space 317
 (Tiedje et al., 1989). The concentration of nitrous 318
 oxide was measured on a Hewlett Packard 6890 + 319
 gas chromatograph (GC) equipped with an alu- 320
 mina oxide PLOT column and splitless inlet sys- 321
 tem (flow: 5.9 ml min^{-1} , oven temperature: 50 °C) 322
 and an electron-capture detector (ECD). Samples 323
 were maintained at a room temperature (19– 324
 21 °C) that was similar to the median stream 325
 water temperatures (16–23 °C). Gas samples were 326
 taken every 2–3 h, with a minimum of 6 samples 327
 being collected and analysed on the GC for N_2O . 328
 The increase in N_2O over time for the linear part 329
 of the curve (always between the second and fifth 330
 sample) was used to calculate the rate of denitri- 331
 fication. A correction was made for N_2O dissolved 332
 in the 80 ml of sediment/water slurry following 333
 Weiss & Price (1980) with results reported as the 334
 mean ($\text{mol N m}^{-2} \text{ h}^{-1} \pm 1$ standard error for each 335
 site. 336

337 *Denitrification index*

338 Burford & Longmore (2001) have combined data 338
 from many studies to show that the rate of deni- 339
 trification does not represent a linear relationship 340
 with nutrient load. Denitrification may be sup- 341
 ported either by NO_3^- from the overlying water 342
 column or by NO_3^- generated by nitrification of 343
 ammonium in adjacent zones with sufficient oxy- 344
 gen available (coupled nitrification–denitrification, 345
 Vanderborght & Billen 1975; Nishio et al., 1983). 346
 The denitrification rate at a site is expected to in- 347
 crease as the nitrogen availability increases up to a 348
 certain point. However, when a system receives 349
 large inputs of organic matter, and most of the 350
 nitrogen load is organic and/or ammonium, deni- 351
 trification rates are likely to reduce dramatically 352
 due to low NO_3^- concentrations. Increased organic 353
 matter decomposition and the associated extensive 354

355 anoxia inhibit nitrification, therefore limiting the
 356 NO_3^- available for denitrification (Van Luijn et al.,
 357 1999). To account for the potential influence of
 358 organic matter load, a denitrification index was
 359 calculated to be trialled as an indicator along with
 360 rates of denitrification. The index was derived by
 361 calculating the ratio between the rate of denitrifi-
 362 cation potential and the sediment organic carbon
 363 concentration (%C).

364 *Algal bioassays and nutrient limitation*

365 Benthic algal growth was measured using small
 366 pots (6 cm diameter plastic containers) attached to
 367 wooden boards and placed on the stream bed. The
 368 surface of the pots was approximately 5 cm above
 369 the streambed and the lids consisted of 100 μm
 370 mesh screen to provide a substrate for the coloni-
 371 sation of benthic algae and to allow for nutrient
 372 diffusion. The four treatments used were control
 373 (no nutrient added); nitrogen only (2 g N as NO_3^-
 374 and NH_4^+); phosphorous only (0.4 g P as PO_4^{3-});
 375 and nitrogen + phosphorous (2 g N as NO_3^- and
 376 NH_4^+ , and 0.2 g PO_4^{3-} (combined N and P prod-
 377 uct)). The nutrient treatments were created by
 378 placing the appropriate quantity of Osmocote slow
 379 release fertiliser pellets (4 month 80% release at
 380 21 °C; Osmocote product data) in the bottom of
 381 each pot so that a slow diffusion of the nutrient
 382 across the screen ensured the nutrient was always
 383 available for algal growth. Different treatments
 384 were placed perpendicular to the stream flow to
 385 minimise contamination between treatments. After
 386 4 weeks in the field, pots were removed from the
 387 stream and the mesh was cut at the circumference
 388 of the lid. Mesh and attached algae were collected
 389 and placed in aluminium foil envelopes and stored
 390 at -4 °C. In the laboratory, chlorophyll *a* (Chl *a*)
 391 analysis was performed according to the methods
 392 of Parsons et al. (1984) using pigment extraction in
 393 90% v/v acetone. Following extraction, the solu-
 394 tion was centrifuged and the supernatant analysed
 395 for Chl *a* concentration by spectrophotometer,
 396 with units expressed as concentration per area of
 397 mesh ($\text{mg Chl } a \text{ m}^{-2}$). Algal growth on the control
 398 treatment was used as an indicator of benthic
 399 primary production as part of the benthic metabo-
 400 lism group of indicators and therefore most of
 401 the results for this treatment are presented in
 402 Fellows et al. (this issue).

Stable isotope analysis ($\delta^{15}\text{N}$)

403
 404 Sediment samples were collected from all sites with
 405 sediment-dominated stream beds or where pockets
 406 of sediment could be found. Modified 60 ml
 407 syringes were used to collect the top 3 cm of sed-
 408 iment, which presumably included microalgae
 409 growing on the surface as well as any other organic
 410 matter present. Aquatic plants (filamentous algae/
 411 macrophyte) were collected from all sites where
 412 they were present by hand or using forceps. All
 413 samples were stored at -4 °C. In the laboratory,
 414 plant samples were washed clean of sediment, oven
 415 dried at 60 °C for 24 h and ground with a mortar
 416 and pestle. Sediment samples ($n=3$) were dried at
 417 60 °C for at least 3 days and ground with a mortar
 418 and pestle. Dried samples were then weighed out
 419 into tin capsules, combusted and analysed with a
 420 continuous flow-isotope ratio mass spectrometer
 421 (Micromass, UK) to obtain $\delta^{15}\text{N}$ values. Ratios of
 422 $^{15}\text{N}/^{14}\text{N}$ are expressed as the relative per mil (‰)
 423 difference between the sample and conventional
 424 standards (N_2 in air) as follows:
 425

$$\delta X = [R_{\text{sample}}/R_{\text{standard}} - 1] \times 1000(\text{‰});$$

where $X = ^{15}\text{N}$ and $R = ^{15}\text{N}/^{14}\text{N}$.

Data analysis

426
 427 A protocol for data analysis was devised based on
 428 the GEEP approach (Bayne et al., 1988). The goals
 429 were to simplify the process of comparing the seven
 430 indices of nutrient processes (Denitrification;
 431 Denitrification/%Carbon; chlorophyll *a* on arti-
 432 ficial substrate +N, +P and N+P; and $\delta^{15}\text{N}$ of
 433 aquatic plants and sediment) and to allow direct
 434 comparison of all the results across the various
 435 ecological indicators used in the DIBM study.
 436 Distributional properties of the data were checked
 437 and any transformations required for subsequent
 438 statistical analyses performed (to meet assumptions
 439 of normality and transform negative values). Pre-
 440 liminary investigation of relationships between
 441 descriptors of the disturbance gradient and nutri-
 442 ent process indices were explored using scatter
 443 plots and Spearman rank correlation coefficients.
 444 A Generalised Linear Modelling (GLM) frame-
 445 work was used to determine whether particular
 446 indices could be used to detect the underlying
 447
 448

449 disturbance gradient. Stepwise regression model-
 450 ling was employed with simultaneous forward and
 451 backward searching and the Akaike Information
 452 Criterion (AIC) was used for variable selection.
 453 The modelling procedure identified which distur-
 454 bance descriptors accounted for the variability in
 455 each of the indices, and additionally quantified the
 456 proportion of variation accounted for by each
 457 descriptor. Indicators were assessed in terms of the
 458 approximate amount of variation explained
 459 (approximate R^2 value) by the full model and the
 460 proportion of this variation explained by individ-
 461 ual descriptors of the disturbance gradient. Data
 462 was analysed using the S-PLUS 2000 – Professional
 463 Release 3 (MathSoft Inc.) statistical software.

464 A limited number of disturbance descriptors
 465 were included in the GLM to avoid over-parame-
 466 terisation of the regression models. Of the more
 467 than eighty disturbance descriptors relating to the
 468 catchment land-use disturbance gradient, 15 des-
 469 criptors from 5 categories (Table 1) were chosen
 470 as the most appropriate for analysis of the nutrient
 471 process indicators. The descriptors were chosen
 472 based on conceptual models of the factors most
 473 likely to influence nutrient processes and to avoid
 474 multicollinearity. These 5 categories were de-
 475 scribed as containing measures made at the
 476 catchment scale (*Land-use*), the reach scale
 477 (*Channel Condition*, *Riparian Conditions*, and *In-*
 478 *stream Habitat*), or influenced by both scales
 479 (*Water and Sediment Chemistry*).

480 Additional univariate statistical analyses were
 481 performed to explore relationships of interest,
 482 including simple linear regression analysis of deni-
 483 trification rate and %C and the $\delta^{15}\text{N}$ values of
 484 aquatic plants and benthic sediment. A two-way
 485 ANOVA was used to investigate the response of
 486 benthic algal growth to differing nutrient treatments
 487 on the artificial substrates (factors = treatment and
 488 site).

489 Results

490 Denitrification

491 Rates of potential denitrification in the study area
 492 were measured at 45 of the 53 sites used in this
 493 study, with values ranging from 4 to 950 $\mu\text{mol N}$
 494 $\text{m}^{-2} \text{h}^{-1}$ and most rates being below 150 $\mu\text{mol N}$

$\text{m}^{-2} \text{h}^{-1}$ (Fig. 1). Two of the highest rates (950 and
 203 $\mu\text{mol N m}^{-2} \text{h}^{-1}$) were observed downstream
 of sewage treatment plants and another high rate
 (230 $\mu\text{mol N m}^{-2} \text{h}^{-1}$) was recorded in an urban
 stream with high nitrate concentrations. However,
 other sites with perceived high nutrient inputs, due
 to their agricultural or urban catchment land-uses,
 had relatively low rates of denitrification. There
 was also no significant correlation between the
 denitrification rate and %C in the sediment
 ($p > 0.05$; Fig. 1).

Regression modelling showed that just over half
 of the variability in potential denitrification rate
 could be explained by the disturbance gradient de-
 scriptors *Water and sediment chemistry* (45%), *In-*
stream habitat (5%) and *Land-use* (1%) (Table 2).
 The ability of the disturbance gradient descriptors
 to explain the variability in the denitrification index
 (Denitrification/%C) was even greater, with
 $R^2 = 79\%$ (Fig. 2). For the denitrification index, all
 the model variables selected came from the *Water*
and sediment chemistry category. For both deni-
 trification rate and denitrification index, the variables
 within *Water and sediment chemistry* category that
 had a positive effect were nitrate and total P con-
 centrations and temperature, while total N had a
 negative relationship.

Algal bioassays

Of the artificial substrates deployed, at least one
 replicate was successfully retrieved from a total of

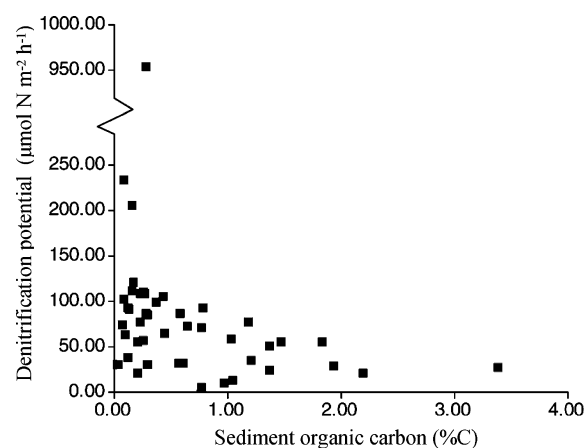


Figure 1. Rates of denitrification potential measured in the stream sediment ($\mu\text{mol N m}^{-2} \text{h}^{-1}$) plotted against the organic carbon content of the sediment (%C).

Table 2. Approximate R^2 values from regression models of potential nutrient process indicators against descriptors of the disturbance gradient that relate to land-use, channel condition, riparian cover, water and sediment chemistry, and in-stream habitats

Nutrient Indicators	Disturbance gradient categories					
	Approximate R^2 (%)	Land-use	Channel condition	Riparian conditions	Water and sediment chemistry	In-stream habitat
Denitrification	51	1	NS	NS	45	5
Denitrification/%Carbon	79	NS	NS	NS	79 ^a	NS
Algal growth on +N substrate (Chl <i>a</i>)	80	NS	NS	27	26	27
Algal growth on +P substrate (Chl <i>a</i>)	37	NS	NS	15	22	
Algal growth on +NP substrate (Chl <i>a</i>)	68	NS	NS	33	2	33
$\delta^{15}\text{N}$ (plants)	80	13	NS	NS	67 ^b	NS
$\delta^{15}\text{N}$ (sediment)	62	7	NS	NS	55 ^b	NS

NS descriptor was Not Selected in the regression model.

^a%C in the sediment was not included as a disturbance gradient descriptor in this analysis.

^bDenitrification rate was included as a disturbance gradient descriptor in the *Water and sediment chemistry* category for this analysis.

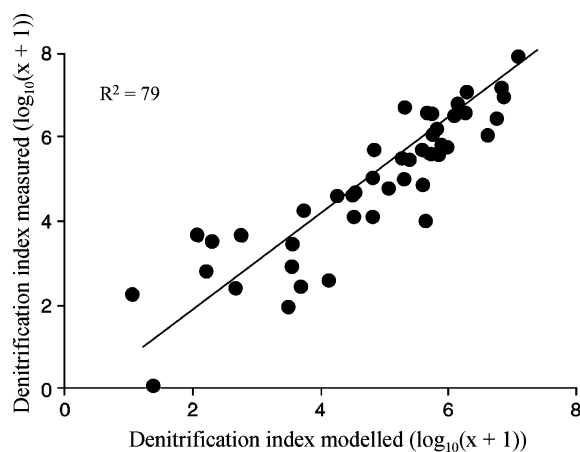


Figure 2. Regression modelling results for denitrification index (denitrification potential rate/%C in sediment). Measured values are plotted against the modelled values using a model of disturbance gradient descriptors developed in a Generalised Linear Modelling (GLM) framework using stepwise regression modelling. $\log_{10}(\text{denitrification index} + 1)$ transformation was used for modelling.

525 30 sites. The primary reasons for failing to obtain
526 data at the other sites were vandalism, burial by
527 sediments, and exposure due to falling stream
528 levels. The response of algae to the nutrient addi-
529 tions varied greatly across sites, with the Chl *a*
530 concentration on pots with both N and P added
531 being up to 50 times those on the control pots at
532 the same site and the average increase in Chl *a*
533 on the N + P pots being 2.4 times that of the control.
534 The Chl *a* concentrations across different sites, but

within the same treatment, also demonstrated a
535 large amount of variation, with approximately two
536 orders of magnitude range within each treatment
537 (control 0.9–77 mg Chl *a* m⁻²; +P 0.7 to 67 mg
538 Chl *a* m⁻²; + N 0.3 to 72 mg Chl *a* m⁻²; + N + P
539 0.6 to 106 mg Chl *a* m⁻²).

540
541 Although the range in Chl *a* values was similar
542 for all treatments, both treatment and site were
543 significantly different using a 2 way ANOVA
544 ($p < 0.0001$ for both). The interaction term was not
545 significant, and multiple comparisons indicated
546 that the mean value of Chl *a* for all sites was sig-
547 nificantly ($p < 0.05$) higher in the N + P (33 mg Chl
548 *a* m⁻²) treatment compared to the other three
549 treatments. The + N (21 mg Chl *a* m⁻²) treatment
550 was also greater than the control (13 mg Chl *a*
551 m⁻²). The mean Chl *a* on the P (16 mg Chl *a* m⁻²)
552 treatment was not significantly different ($p > 0.05$)
553 from either the control or N treatments.

554 Most of the observed variability among sites in
555 Chl *a* on the + N and N + P treatments could be
556 explained by the disturbance gradient ($R^2 = 80\%$
557 and 68% , respectively; Table 2 & Fig. 3). Light
558 availability (% riparian zone and % fine sediment)
559 was an important aspect of the disturbance gradient
560 in all nutrient treatments (+ N, + P, N + P). While
561 nutrient availability (*Water and sediment chemistry*)
562 was important for the + N and + P treatments, but
563 not in the N + P treatment. *Riparian conditions*
564 (27%), *Water and sediment chemistry* (26%) and
565 *In-stream habitat* (27%) were equally weighted in their
566 influence on Chl *a* for the + N treatment, while

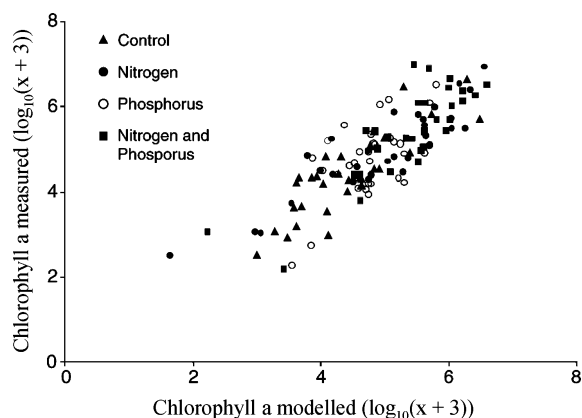


Figure 3. Regression modelling results (GLM) for chlorophyll *a* concentrations on artificial substrates with one of three nutrient addition treatments: (●) +N, (○) +P, and (■) N+P. The transformation $\log_{10}(\text{chlorophyll } a + 3)$ was used for modelling and untransformed units are $\text{mg chlorophyll } a \text{ m}^{-2}$.

567 *Riparian conditions* (33%) and *In-stream habitat*
 568 (33%) contributed most of the explained variation
 569 (68%) for the +NP treatment, with *Water and*
 570 *sediment chemistry* contributing only 2%. The
 571 descriptor used in the *Riparian conditions* category
 572 was % riparian zone, which had a negative rela-
 573 tionship with Chl *a*. Percent fine sediment in the
 574 *In-stream habitat* category also showed a negative
 575 relationship with Chl *a* in both the N+P and +N
 576 treatments. Only 37% of the variation in Chl *a*
 577 concentrations for the +P treatment could be ex-
 578 plained by the disturbance gradient, with only two
 579 descriptors, total N in the *Water and sediment*
 580 *chemistry* category (22%) and % riparian cover in
 581 the *Riparian conditions* category (15%), contribut-
 582 ing to the model.

583 *Stable isotopes of nitrogen ($\delta^{15}\text{N}$)*

584 The $\delta^{15}\text{N}$ of filamentous algae and macrophytes at
 585 the 26 sites where they were present ranged be-
 586 tween -1.2 and 26‰ , with a median value of 4‰ .
 587 The $\delta^{15}\text{N}$ value of sediment from 48 sites had the
 588 same median value (4‰) but a smaller range (-1 to
 589 16‰) than aquatic plants. The relationship be-
 590 tween $\delta^{15}\text{N}$ values of aquatic plants and sediment
 591 was significant ($p < 0.05$), with an R^2 of 55%
 592 (Fig. 4).

593 Regression modelling showed that much of the
 594 observed variation in $\delta^{15}\text{N}$ values of aquatic plants
 595 and sediment could be explained by disturbance

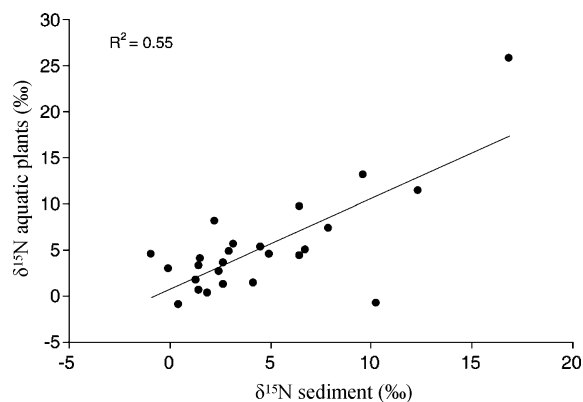


Figure 4. Relationship between $\delta^{15}\text{N}$ values of aquatic plants (filamentous algae or macrophytes) and $\delta^{15}\text{N}$ values of sediment (‰). Results of simple linear regression analysis are shown with a best-fit line.

600 gradient descriptors in the *Water and sediment*
 601 *chemistry* category, and to a lesser extent, the
 602 *Land-use* category (Table 2). Eighty percent of the
 603 variation in $\delta^{15}\text{N}$ values of aquatic plants could be
 604 explained by a linear regression model that in-
 605 cluded only two descriptors (Fig. 5): potential
 606 denitrification rate with a positive relationship
 607 (67%, *Water and sediment chemistry*) and land-use
 608 category with a negative relationship (*Land-use*).
 609 The model for sediment $\delta^{15}\text{N}$ values explained less
 610 variation (62%), with 55% contributed by *Water*
 611 *and sediment chemistry* descriptors and 7% by a
 612 *Land-use* descriptor (land-use category with a
 613 negative relationship). Similar to the model for
 614 aquatic plants, potential denitrification rate was
 615 one of the descriptors chosen and had a positive
 616 relationship. Other descriptors included NO_3^- and
 617 maximum temperature with positive slopes, and
 618 total N and %C in sediment with negative slopes.

615 Discussion

616 Although there are potentially multiple criteria on
 617 which to evaluate the effectiveness of potential
 618 indicators of ecosystem health, the current study
 619 focused on how much of the observed variation in
 620 an indicator could be explained by descriptors of
 621 the disturbance gradient. In this sense, good indi-
 622 cators had high R^2 values for the stepwise regression
 623 models developed. Six of the seven indicators were
 624 good using this criterion, with R^2 values of greater

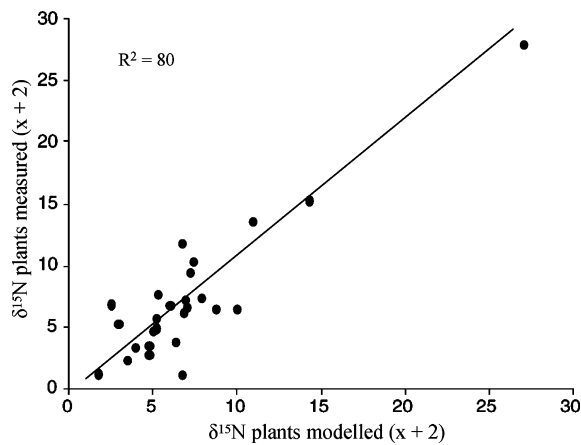


Figure 5. Regression modelling results (GLM) for $\delta^{15}\text{N}$ values of aquatic plants (algae or macrophytes). The transformation $x + 2$ was used in the model and the untransformed units are ‰.

625 than 50%. The exception was Chl *a* on + P artificial
 626 substrates with a value of 37%. The three indicators
 627 for which the highest proportion of variation
 628 (nearly or exactly 80%) was explained by descrip-
 629 tors of the disturbance gradient were the denitrifi-
 630 cation index, Chl *a* on + N artificial substrate, and
 631 $\delta^{15}\text{N}$ values for plants. Regression models for all the
 632 indicators included descriptors from both reach and
 633 catchment scales, with the exception of the N + P
 634 treatment of benthic algal growth which only had
 635 reach scale descriptors. Additional factors that will
 636 be considered qualitatively below for evaluating the
 637 indicators include the spread of values observed,
 638 level of technical difficulty, cost, and applicability to
 639 a wide range of sites.

640 Denitrification

641 The denitrification index (denitrification potential
 642 rate/sediment %C) was a better indicator than
 643 potential denitrification rate alone, with a model R^2
 644 value nearly 30% greater. Calculation of the index
 645 requires the additional analysis of sediment for
 646 %C, but this represents a relatively small increase
 647 in technical difficulty and cost. Both indicators can
 648 be applied to streams that have at least some sed-
 649 iment substrate present, which for this study was
 650 greater than 90% of the sites. The indicators had
 651 similarly good spread of values, at greater than two
 652 orders of magnitude for both. Both indicators have
 653 the drawback of being relatively technically

difficult and time intensive (laboratory aspect of
 potential denitrification measurement).

The fact that the regression model for denitri-
 fication index was better than that for rate of
 denitrification potential supports the idea that or-
 ganic matter is an important control on denitri-
 fication rate. The stepwise modelling process for
 both indicators included NO_3^- with a positive slope
 and total N with a negative slope, suggesting a
 reduction in denitrification with increasing forms
 of N other NO_3^- . For potential denitrification rate,
 %C was also chosen by the stepwise modelling
 process and showed a negative slope. Denitrifica-
 tion efficiency (rate relative to N load) has been
 shown to decrease at high concentrations of or-
 ganic matter (Sloth et al., 1995; Heggie et al., 1999;
 Burford & Longmore, 2001). From the perspective
 of managing in-stream N loads, denitrification rate
 relative to load is important. Characterising stream
 N loads was beyond the scope of the current study,
 but using rates of denitrification potential as an
 indicator should be particularly valuable at sites
 where 'load-based' monitoring is a specific con-
 cern, such as downstream of point source dis-
 charges of nitrogen such as sewage treatment
 plants. Broad scale survey of denitrification rates
 in streams is also important for the development of
 nutrient budgets and to improve predictive models
 of catchment nitrogen loads (Bartkow & Udy,
 2004) and to quantify the contribution of this
 ecosystem service to nutrient load reduction.

Algal growth under nutrient enrichment

Of the three nutrient-enriched artificial substrates,
 Chl *a* on + N was the best indicator as judged by
 model R^2 , followed closely by N+P. The +P
 treatment had a substantially lower R^2 , suggesting
 that we did not measure the environmental drivers
 that are the major influence on this treatment. All
 treatments showed a good spread in values, with
 ranges of approximately two orders of magnitude.
 The method of using nutrient amended artificial
 substrates has a relatively low level of technical
 difficulty and is relatively inexpensive, but does
 require return trips to sites 4 weeks after initial
 deployment. The greatest limitation for this group
 of indicators was the relatively low (60% of sites)
 retrieval rate of the artificial substrates.

701 In addition to being good indicators in terms of
 702 the % variation explained by the disturbance gra-
 703 dient, benthic algal growth on nutrient-enriched
 704 substrates provides insight into several different
 705 aspects of stream health. The control treatment
 706 provides an indicator of current environmental
 707 conditions in a stream (Fellows et al., this issue).
 708 The response of the algae to the N and N+P
 709 treatments, across all sites, demonstrates that N
 710 was the primary limiting nutrient for algal growth
 711 in freshwater streams of S.E. Queensland. This is
 712 consistent with previous research that has demon-
 713 strated primary N limitation in the Mary River
 714 Catchment, on the northern boundary of this study
 715 region (Mosisch et al., 1999). However the signifi-
 716 cantly larger algal biomass on the N+P treatment
 717 compared to the N only treatment, and the fact that
 718 the P only treatment at some sites demonstrated a
 719 large fertilisation response (up to 4 times control),
 720 suggests that the availability of P is still important
 721 in limiting algal growth in some S.E. Queensland
 722 sub-catchments. While not a focus of the current
 723 study, at individual sites, the four treatments taken
 724 in combination identify the most important envi-
 725 ronmental variable to control if excessive algal
 726 growth is a management problem. The method also
 727 assesses the potential for future changes in nutrient
 728 availability to impact on the health of the stream by
 729 measuring the response of the algal communities to
 730 increased nutrient availability.

731 Primary limitation by N of phytoplankton,
 732 macroalgae and seagrass growth has been dem-
 733 onstrated in the estuarine and marine sections of
 734 Brisbane River and Moreton Bay (Udy & Denni-
 735 son, 1997a, 1997b; Dennison & Abal, 1999). This
 736 demonstrates that the reduction of N input to
 737 aquatic ecosystems in southeast Queensland
 738 should be a management focus. However, it is
 739 important to maintain balanced nutrient manage-
 740 ment of both N and P inputs into fresh and marine
 741 water bodies to prevent improving the competitive
 742 advantage of N fixing, and potentially toxic,
 743 cyanobacteria (Harris, 1997).

744 *Stable isotopes of nitrogen $\delta^{15}N$*

745 While the $\delta^{15}N$ value of aquatic plants was a better
 746 indicator than benthic sediment, based on the
 747 regression models and the spread of values, only
 748 half the sites had submerged aquatic plants present.

Both aquatic plants and sediment samples have a
 similar technically difficult and cost to collect and
 prepare for analysis, but sediment was collected at
 more than 90% of the study sites. The models for
 both types of indicators contained similar de-
 scriptors and the relationship between $\delta^{15}N$ values
 of stream sediments and aquatic plants was sig-
 nificant, suggesting that both indicators respond to
 similar environmental factors. Hence, the current
 study sediment $\delta^{15}N$ value as being a more prac-
 tical indicator for monitoring programs because of
 its applicability to a wider range of sites.

The high $\delta^{15}N$ values observed in the current
 study (19‰) are above the values of both raw and
 treated sewage (approximately 10‰; Dennison &
 Abal, 1999; Waldron et al., 2001) and suggest that
 the stable isotopes of N in aquatic plants and
 sediment are responding to more than just an en-
 riched point source of N. Elevated $\delta^{15}N$ values
 may be a result of changes in the N cycle of the
 streams, including increased rates of denitrifica-
 tion. This is supported by the fact that the deni-
 trification potential rate explained substantial
 portions of the variation in $\delta^{15}N$ values of aquatic
 plants and sediment in the current study and had a
 positive slope. A similar relationship with enriched
 $\delta^{15}N$ values of seagrass correlating with high
 denitrification rates in estuarine sediments has
 been demonstrated by Fourqurean et al. (1997).
 The fact that catchment land-use predicted a fur-
 ther portion of the variation in $\delta^{15}N$ values is also
 consistent with the findings of Udy and Bunn
 (2001) who reported a strong relationship between
 the $\delta^{15}N$ values of aquatic plants and the per-
 centage of the catchment that had been cleared.
 Findings from the current study suggest that the
 $\delta^{15}N$ values of aquatic plants and sediment can be
 used in freshwater systems as an integrated mea-
 sure of N cycling, and support previous work that
 the stable isotopes of N can be a useful monitoring
 tool to investigate anthropogenic changes to the
 nitrogen cycle in aquatic systems (Owens 1985;
 McClelland et al., 1997; McClelland & Valiela
 1998; Costanzo et al., 2005).

Conclusions

With the growing recognition of the importance of
 monitoring ecosystem function as well as struc-
 ture, measures of ecosystem processes are starting

797 to be included in regional stream ecosystem health
 798 monitoring (Hill et al., 2000; Abal et al., 2005).
 799 This study demonstrates the potential effectiveness
 800 of using nutrient process indicators to assess the
 801 impacts of a diffuse land-use disturbance gradient
 802 on stream ecosystem health in southeast Queens-
 803 land. The $\delta^{15}\text{N}$ value of stream sediment is the best
 804 overall indicator of nutrient processes of the 7
 805 trialled in this study, based on the evaluation of
 806 regression modelling results as well as practical
 807 aspects of applying the method. Samples are rela-
 808 tively easy to collect and prepare, relatively inex-
 809 pensive to analyse, and are successfully obtained
 810 from the widest range of sites. Four other indica-
 811 tors (denitrification index, algal growth on artifi-
 812 cial substrates with added N and N+P, and $\delta^{15}\text{N}$
 813 of aquatic plants) were better in terms of the
 814 amount of variation explained by descriptors of
 815 the disturbance gradient, but were more difficult to
 816 apply for various reasons. Depending on the goals
 817 of a monitoring program, and the characteristics
 818 of the sites involved, multiple nutrient process
 819 indicators could be successfully implemented to
 820 yield complementary information about aspects of
 821 stream functioning.

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