

# No Association Between MTHFR A1298C and MTRR A66G Polymorphisms, and MS in an Australian Cohort

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## Abstract

Multiple sclerosis (MS) is a complex neurological disease that affects the central nervous system (CNS) resulting in debilitating neuropathology. Pathogenesis is primarily defined by CNS inflammation and demyelination of nerve axons. Methionine synthase reductase (MTRR) is an enzyme that catalyzes the remethylation of homocysteine (Hcy) to methionine via cobalamin and folate dependant reactions. Cobalamin acts as an intermediate methyl carrier between methylenetetrahydrofolate reductase (MTHFR) and Hcy. MTRR plays a critical role in maintaining cobalamin in an active form and is consequently an important determinant of total plasma Hcy (pHcy) concentrations. Elevated intracellular pHcy levels have been suggested to play a role in CNS dysfunction, neurodegenerative, and cerebrovascular diseases. Our investigation entailed the genotyping of a cohort of 140 cases and matched controls for MTRR and MTHFR, by restriction length polymorphism (RFLP) techniques. Two polymorphisms: MTRR A66G and MTHFR A1298C were investigated in an Australian age and gender matched case-control study. No significant allelic frequency difference was observed between cases and controls at the  $\alpha = 0.05$  level (MTRR  $\chi^2 = 0.005$ ,  $P = 0.95$ , MTHFR  $\chi^2 = 1.15$ ,  $P = 0.28$ ). Our preliminary findings suggest no association between the MTRR A66G and MTHFR A1298C polymorphisms and MS.

**Keywords:** Multiple sclerosis; Gene association; MTHFR; MTRR; Homocysteine

## 1. Introduction

Multiple sclerosis (MS) is a complex neurological disease that affects the central nervous system (CNS) resulting in debilitating neuropathology. Pathogenesis is primarily defined by CNS inflammation and demyelination of nerve axons. The precise etiology of MS remains elusive with a complex interplay between environmental factors, genetic susceptibility, and age-dependant exposure to viral infection postulated [1]. A significant genetic component has been demonstrated by studies examining familial concordance rates with risk being up to 300-fold increased in monozygotic twins and 20–40-fold increased for first-degree relatives as compared to a general population prevalence of 0.1% [2].

Methionine synthase reductase (MTRR) is an enzyme that catalyzes the remethylation of homocysteine (Hcy) to methionine via a cobalamin and folate dependant reaction. Hcy is an intermediate in the folate, vitamin B12, and B6 dependent pathways of one-carbon and sulfur amino acid metabolism [3]. Cobalamin acts as an intermediate methyl carrier between methylenetetrahydrofolate reductase (MTHFR) and Hcy [4]. The cobalamin cofactor cycles between cob(I)alamin and methylcob(III)alamin. Cob(I)alamin is a strong reductant and over time becomes oxidised to produce an inactive cob(II)alamin form of methionine synthase [5]. MTRR plays a critical role in maintaining cobalamin in an active

form and is consequently an important determinant of total plasma Hcy (pHcy) concentration. Elevated intracellular pHcy has been implicated in CNS dysfunction, neurodegenerative, and cerebrovascular disease. Dysfunction is thought to result from vasotoxic and neurotoxic effects of elevated Hcy, inhibition of the methylation of myelin basic protein (MBP) and membrane phospholipids, and disruption of biogenic amine metabolism [6].

The A1298C polymorphism in the MTHFR gene has been associated with hyperhomocysteineemia [7]. The A1298C allele is characterized by a point mutation at position 1298 of the MTHFR gene (located 1p36.3) causing the replacement of glutamine by alanine in the corresponding enzyme [8]. The A66G polymorphism in the gene MTRR (located 5p15.3) alters an isoleucine into a methionine residue. The 66G variant may constitute a functional mutation associated with a reduced reductive repair of methionine synthase due to the crucial localization of methionine synthase reductase in the enzyme [9]. We present an investigation of the possible association of the MTHFR A1298C and MTRR A66G polymorphisms with MS in a case-control study of an Australian cohort.

## 2. Materials and methods

### 2.1. Study population

Griffith University's Ethics Committee approved research involving human experimentation. Informed consent was obtained from all participants. The case-control populations consisted of 140 MS patients and 140 healthy controls, which had been matched for age, gender, and ethnicity (Caucasian). The MS population was initially obtained from the Multiple Sclerosis Clinic at the Royal Brisbane Hospital; all samples were procured from patients residing in the South East Queensland region. The populations consisted of 75% females and 25% males, and were subcategorized based on clinical course: Relapsing-Remitting (RR), Secondary-Progressive (SP), and Primary-Progressive (PP). Frequencies were: RR = 40%, SP = 36%, and PP = 24%. The matched control (age  $\pm$  5 years, gender, and ethnicity) population samples were obtained via the Genomics Research Centre Clinic, Southport. Genomic DNA was extracted from peripheral blood using a standard salting-out procedure.

### 2.2. Genotyping

Genomic DNA was used as a template to generate polymerase chain reaction (PCR) products for subsequent restriction enzyme digest and genotyping. Kara et al. and Feix et al. have previously described PCR primers for MTHFR and MTRR, respectively and adaptations of their genotyping methods were used for this study [10] and [3]. Primers for MTHFR were: forward 5'-CTT TGG GGA GCT GAA GGA CTA CTA C-3', reverse 5'-CAC TTT GTG ACC ATT CCG GTT TG-3'. Primers for MTRR were: forward 5'-GCA AAG GCC ATC GCA GAA GAC AT-3', reverse 5'-AAA CGG TAA AAT CCA CTG TAA CGG C-3'. Primers were obtained from Prologo Primers and Probes (Sigma-Aldrich). Assay conditions were optimised with thermal cycling conditions for MTHFR consisting of 95 °C for 3 min, then 40 cycles of 94 °C for 1 min, 60 °C for 1 min, 72 °C for 1 min, with a final extension of 72 °C for 7 min, and MTRR consisting of 95 °C for 2 min, then 40 cycles of 95 °C for 1 min, 60 °C for 1 min, 72 °C for 1 min, with a final extension of 72 °C for 2 min. MTHFR and MTRR PCR products were resolved on a 2%, and 5% high range agarose gel (Progen Biosciences) yielding 163 bp and 118 bp amplicons, respectively. Restriction enzyme digest of the MTHFR product was with *Mbo*II (Fermentas Life Science), and the MTRR product with *Nsp*I (New England Biolabs). MTHFR A1298A produced five fragments: 56, 31, 30, 28, and 18 bp, whilst A1298C produced six fragments: 84, 56, 31, 30, 28, and 18 bp. MTHFR digest products were resolved using an 8% resolution plus agarose gel (Progen Biosciences). The MTRR sense-primer introduced a mismatch at the 3rd nucleotide (from the 3' end) creating a restriction site for the *Nsp*I enzyme whenever the G allele was present. In the

presence of the A allele the 118 bp product remained uncleaved, in the presence of the G allele two fragments were produced: 24 and 94 bp. MTRR digest products were resolved using a 5% resolution plus agarose gel (Progen Biosciences).

### 3. Statistical analysis

Descriptive statistics were explored using the SPSS Standard Package (Version 11.0 for Mac OS X). Genotype and allele frequencies were investigated using standard Chi-square ( $\chi^2$ ) analysis using Microsoft Excel. Genotype distributions were checked for Hardy–Weinberg equilibrium.

#### 3.1. Exclusion criteria for statistical analysis

Of the cohort of 140 cases/controls, 10 cases and 9 matched controls (MTHFR) and 17 cases and 16 matched controls (MTRR) were excluded due to genotyping difficulties, leaving 130 cases and 131 matched controls (MTHFR) and 123 cases and 124 matched controls (MTRR) for final analysis.

TABLE 1. Genotype and allele frequencies for MTHFR

	Genotype frequencies			N	Allele frequencies		
	AA	AC	CC		A	C	N
Control	63 (48%)	49 (37%)	19 (15%)	131	175 (67%)	87 (33%)	262
MS	53 (41%)	56 (43%)	21 (16%)	130	162 (62%)	98 (38%)	260
	$\chi^2 = 1.42, P = 0.49 (\alpha = 0.05)$				$\chi^2 = 1.15, P = 0.28 (\alpha = 0.05)$		

TABLE 2. Genotype and allele frequencies for MTRR

	Genotype frequencies			N	Allele frequencies		
	AA	AG	GG		A	G	N
Control	47 (38%)	64 (52%)	13 (10%)	124	158 (64%)	90 (36%)	248
MS	49 (40%)	58 (47%)	16 (13%)	123	156 (63%)	90 (37%)	246
	$\chi^2 = 0.64, P = 0.73 (\alpha = 0.05)$				$\chi^2 = 0.005, P = 0.95 (\alpha = 0.05)$		

### 4. Results

Genotypes were determined after PCR amplification and restriction enzyme cutting prior to standard agarose gel electrophoresis. Results for genotype and allele frequency are detailed in Table 1 and Table 2. Genotype frequencies for both the case and control groups, for both markers conformed to Hardy–Weinberg equilibrium expectations. The observed control frequencies for this study also conformed with independent studies [3] and [10]. There was no statistically significant difference between case and control allele frequencies for either the

MTHFR ( $\chi^2 = 1.15$ ,  $P = 0.28$ ,  $\alpha = 0.05$ ); or MTRR ( $\chi^2 = 0.005$ ,  $P = 0.95$ ,  $\alpha = 0.05$ ); tested variants. For MTHFR, the A allele was more frequently observed than the C allele with very similar count in the cases and controls (A = 0.67 and 0.62). Similarly, for the MTRR variant, the A allele was more frequent than the G allele (A = 0.64 and 0.63) but similar in both cases and controls.

## 5. Discussion

MS remains a paradigm of complex disease with variable clinical expression and unpredictable course. Disease susceptibility is partly genetically determined, however the underlying molecular mechanisms of MS pathogenesis remain unidentified [11]. *In vitro* studies have demonstrated the ability of Hcy to induce neurotoxicity through over-stimulation of *N*-methyl-d-aspartate (NMDA) receptors resulting in neuronal damage due to excessive  $\text{Ca}^{2+}$  influx and induction of reactive oxygen species [12]. MTHFR deficiency is the most common genetic cause of hyperhomocysteinemia [13]. Homocysteine may also sensitize neurons to oxidative stress via oxidation of sulfhydryl groups subsequently resulting in generation of reactive oxygen species such as superoxide and hydrogen peroxide [14]. The A1298C mutation in MTHFR has previously been associated with hyperhomocysteinemia [7]. MTRR plays a crucial role in homocysteine metabolism and is necessary to maintain the function of methionine synthase [15]. It has previously been hypothesized that the MTRR A66G variant may constitute a functional mutation associated with a reduced reductive repair of methionine synthase due to the crucial localization of methionine synthase reductase in the enzyme [9].

We investigated the MTHFR A1298C and the MTRR A66G variants for association with MS in an Australian case-control cohort. The findings of this study suggest no association with the two tested markers and MS in our population. No statistically significant difference was observed by genotype or allele frequencies for either marker between our cases and controls. Despite these findings, it is possible that other variants in MTHFR and MTRR may be associated with MS or in fact other neurodegenerative disorders. The MTHFR variant C66T has been reported to be positively associated with schizophrenia [16]. An American study further supports the association that a folate-sensitive defect in homocysteine metabolism contributes to cases of that disease [17]. An Irish study of 601 participants has reported a significant association between elevated pHcy levels and another variant of MTRR, A66G [4]. Lindenbaum and colleagues have suggested that measurement of pHcy levels before and after treatment can be valuable for confirmation of a differential diagnosis of neuropsychiatric disorder in patients presenting with paresthesia, sensory loss, ataxia, and dementia [18]. A recent study that confirmed elevated pHcy levels in MS patients concluded that the finding is unlikely to be related to immune activation, oxidative stress, or deficiencies in vitamin B6, B12, or folate [19]. Other investigations also support the finding of elevated homocysteine levels in MS patients compared with healthy controls [20], [21] and [22]. It is hypothesized that the nervous system may be particularly sensitive to pHcy as it promotes excitotoxicity by stimulation of NMDA receptors and damages neuronal DNA hence triggering apoptosis in neuronal cells [14] and [23]. Ergo, although our findings suggest no association between MTHFR A1298C and MTRR A66G and MS, other variants associated with the homocysteine metabolism cascade may still contribute to MS susceptibility.

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