Water Fluoridation in Queensland, Why Not? Timing, Circumstance, and the Nature of The Fluoridation of Public Water Supplies Act (1963)

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During the last 52 years, almost all Queensland authorities have refused to implement artificial water fluoridation. Once again, the argument that 'Queensland is different' suggests a cultural explanation for its fluoride status. This paper argues, however, that the reason lies with the Fluoridation of Public Water Supplies Act 1963 (Qld), which gives real power to the minister for Local Government, local authorities and 10 percent of electors, who can all request a referendum on fluoridation proposals. This law has given opponents of fluoridation tactical advantages, which they have used consistently.

Unlike other Australian states and mainland territories, Queensland authorities have either ignored or virtually refused to adopt artificial water fluoridation. Even though this has continued to earn the state plaudits from antifluoridationists, there has been little analysis of the reasons for Queensland's low fluoride status.\(^1\) One possible explanation derives from the cultural hypothesis that 'Queensland is different,' an argument that reached its peak during the Bjelke-Petersen era and re-emerged more recently as a partial explanation for the support received in Queensland for Pauline Hanson's One Nation (a political party).\(^2\) Proponents of this argument suggest that a range of factors, including the state's decentralisation, comparatively low levels of education, and low levels of migration from non-English speaking backgrounds have contributed to a political culture supportive of populist and authoritarian regimes. The temptation to turn to political culture to explain Queensland's

fluoride status arises because many of the state's early opponents of fluoridation inhabited the populist fringes of Queensland politics. This paper, however, argues that the reasons for Queensland's low levels of fluoridation are more complex and lie not so much in its political culture but more specifically in the nature of state legislation governing fluoridation. The Fluoridation of Public Water Supplies Act 1963 (Old) needs to be understood in the context of the socio-political and legal circumstances preceding the time of promulgation. The Queensland fluoridation act gave and continues to give tactical advantages to antifluoridationists, which means that a great deal of political will is required to achieve fluoridation. As a consequence, successive Queensland governments have refused to revisit the legislation and local authorities have taken the path of least resistance, leaving Queensland's largely unfluoridated status quo intact.3

## The 'Queensland difference'

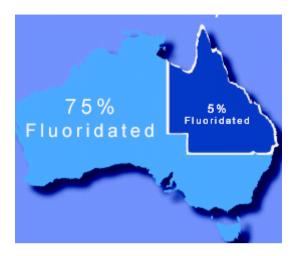
When compared with other Australian states and mainland territories Oueensland differs in its lower proportion of the population with access to water fluoridation and with higher levels of dental caries. The Commonwealth Department of Health figures of 1984 remain largely unchanged today and demonstrate the population distribution of artificial water fluoridation,4 while Child Dental Health Surveys show, relative to other states, Queensland's low proportion of twelve-year-old children who have never experienced dental caries (see Table 1).

While these statistics exclude nonreticulated water supplies and home water filtration, the small percentage of Queensland's population who imbibe artificially fluoridated water provides a stark contrast to the rest of Australia. By 1984, of the 850 Australian towns and cities that had introduced artificially fluoridated water, only seven were in Queensland.<sup>5</sup> A recent profluoride brochure produced jointly by the Pharmacy Guild of Australia (Queensland), the Australian Medical Association (Queensland) and the Australian Dental Association (Queensland) [ADAQ] provides a perhaps even more striking illustration of the Queensland difference by showing a map of Australia with Queensland 5 percent fluoridated and the rest of Australia 75 percent (see Map 1). A more detailed representation, derived from John Spencer's Australian dental

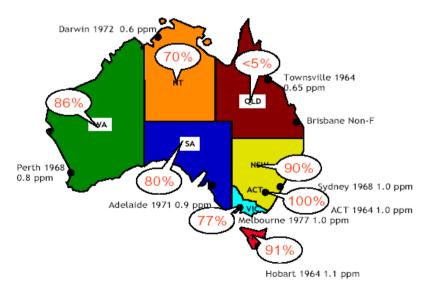
State/Territory	Population with access to water fluoridation (%)1	Twelve-year- olds with no dental caries in permanent teeth (%) <sup>2</sup>	Children with no caries in either permanent or deciduous teeth (%) <sup>3</sup>
Australian Capital Territory (ACT)	99.7	60.2	52.5
Western Australia (WA)	84.2	64.7	49.4
New South Wales (NSW)	81.9	74.7	63.4
Tasmania (Tas)	76.7	57.6	47.9
Victoria (Vic)	71.1	55.7	42.3
South Australia (SA)	69.8	68.2	53.3
Northern Territory (NT)	68.6	62.5	47.1
Queensland (Qld)	5.1	51.7	40.2
Australia	65.8	64.5	50.7

Table 1: Artificial water fluoridation and child oral health comparisons for Australia (Source: Adapted by author from various sources—1. Commonwealth Department of Health, Fluoridation of Water: A Collection, 94; 2. Jason Armfield, Kaye Roberts-Thomson, and John Spencer, The Child Dental Health Survey—Australia 1996 (Adelaide: AIHW University of Adelaide, 1999), 24; 3. Jason Armfield, Kaye Roberts-Thomson, and John Spencer, The Child Dental Health Survey—Australia 1999: Trends across the 1990s (Adelaide: AIHW University of Adelaide, 2003), 25.)

epidemiological studies, appeared in Peter Forster's recent inquiry into Queensland Health's systems (see Map 2). Also notable is the fact that Brisbane is the only nonfluoridated Australian capital city. Another Queensland characteristic is the comparatively high incidence of defluoridations (the cessation of artificial fluoridation): Gold Coast (1979), Gatton Agricultural College (1979), Allora (1982), Killarney (1983), Proserpine—Whitsunday (1992), Gatton (2002), and Biloela (2003). All of these reports and statistics demonstrate Queensland's perennial difference in fluoride status when a comparison is made with other Australian states and mainland territories.



Map 1: Fluoridation status in Queensland as compared with the rest of Australia (Source: Ingrid Tall, Kos Sclavos, and Don Anning, Healthy Teeth or Decay? Water Fluoridation: The Facts, (Brisbane: Australian Medical Association (Queensland Branch), Pharmacy Guild of Australia (Queensland Branch), and Australian Dental Association (Queensland Branch), 2003), 2.)6



Map 2: Fluoridation status of Australian states and capital cities (Source: Peter Forster, Queensland Health Systems Review (Brisbane: The Consultancy Bureau, 2005), 53. Forster acknowledges this material as that of John Spencer.)

Year	State	Legislation
1953	Tasmania	The Public Health Act
1956	New South Wales	The Local Government Acts
1957	New South Wales	The Fluoridation of Public Water Supplies Act
1963	Victoria	The Local Government Acts
1963	Queensland	The Fluoridation of Public Water Supplies Act
1963	Australian Capital Territory	Specific legislation not necessary*
1966	Western Australia	The Fluoridation of Public Water Supplies Act
1968	Tasmania	The Fluoridation Act
1971	South Australia	Specific fluoride legislation not necessary <sup>†</sup>
1972	Northern Territory	Specific legislation not necessary*
1973	Victoria	The Health (Fluoridation) Act

Table 2: Australian artificial fluoridation legislation

# Fluoride status of other Australian states and territories

All Australian parliaments have conducted debates over artificial water fluoridation. The arguments presented were predictable but, with the exception of Queensland, all legislatures resolved them and implemented widespread fluoridation. Table 2 lists the relevant legislation used to fluoridate water in Australia.

Analysis of fluoride legislation from all states and territories shows that the non-Queensland legislation all permit centralised executive decisions to fluoridate and discourages the use of referenda. In addition, most of the other states provided financial incentives to fluoridate, either through the state government bearing some or all of the costs of installation or by subsidies to local authorities or water boards.

The Tasmanian parliament established a centralised state

<sup>\*</sup> The Australian Constitution allows the federal parliament to legislate for the territories † The South Australian government controlled water treatment in that state, much of which was fluoridated by 'Cabinet decree.'

authority for decision-making as a result of recommendations made by Justice Malcolm Peter Crisp, chair of an interrupted Royal Commission (1966–1968) into fluoridation. Crisp did not favour the use of 'section 61' of The Public Health Act 1962-which perceived fluoridation as an implied power—as the appropriate legislative vehicle for fluoridation.8 The Fluoridation Act 1968 (Tas) was broadly promulgated along Crisp's recommendations and gave the final authority to fluoridate to the health minister. The act created a personally indemnified state advisory fluoride committee, which included the director of public health, an engineer, a dentist, a medical practitioner, and a biochemist. There was no provision for local authorities to hold fluoride-related polls. A state government subsidy of 55 percent of annual costs was paid to water supply authorities.9 This legislative model led to widespread Tasmanian fluoridation because the decision-making process was centralised and enforceable.

The Fluoridation of Public Water Supplies Act 1957 (NSW) also concentrated power in a state fluoride committee of health and engineering experts with two additional appointments from local authorities and the minister for health. This facilitated the decisionmaking process. Moreover, the fluoridation act overrode any other state water act. Prior to the 1957 act, like the Tasmanian health act, the New South Wales Local Government Acts had recognised artificial fluoridation as a discretionary implied power exercised by local authorities. This was significant because, in spite of a state subsidy of 50 percent of the capital cost of installation, water boards and local authorities generally resisted the pre-1963 implementation of artificial fluoridation.<sup>10</sup> Their opposition was overcome as a result of a strategic profluoride alliance between Dr. M.J. Flynn (an engineer and medical practitioner); Professor Noel Desmond Martin (dean of the University of Sydney Dental School); and the minister for Health, William F. Sheahan. Sheahan advocated fluoridation and, as minister for Health, had the power to appoint or remove water board members. Whether Sheahan actually threatened to 'sack' obstinate water board members is debatable, 11 but he certainly confronted them and in one case dismissed a dissenting opinion as 'poppycock.' 12 Because of Sheahan's pivotal role, the New South Wales legislation centralised the power to fluoridate and was backed by overt political resolve.<sup>13</sup>

Victoria's political struggle with artificial fluoridation was protracted. 14 In 1954 a simple press release revealed that the 'Health

Commission' (the Victorian Department of Health) was considering a Health and Engineering Committee's report. Headlined by the Age as 'Fluorine likely in water soon', the press release claimed that the report recommended artificial fluoridation to local authorities. 15 Subsequent resistance, partly organised by Social Crediters (followers of the social and economic theories of C.H. Douglas, whose ideas were also adopted in Australia by the League of Rights) appeared in letters to the editor and signalled a long period of interaction between policymakers advocating fluoridation and their opponents. 16 Premier Henry Bolte was ambivalent and The Public Supplies Water (Fluoridation) Bill 1964 (Vic), which delegated fluoridation to local government with a requirement of 70 percent majority at referendum for implementation, was deferred and eventually lapsed.<sup>17</sup> This introduced 'a period of considerable confusion' for local authorities, which only ended in 1973 when the Victorian parliament passed The Health (Fluoridation) Act. 18 This again centralised the decision-making process with an indemnified chief general manager within the Department of Health. Popular resistance continued, represented by high profile antifluoridationists such as Sir Arthur Amies. Sir Ernest Dunlop and Dr. Philip Sutton, but there was no referendum provision and Melbourne was fluoridated in 1977. Although no state subsidies were initially provided, an unspecified capital reimbursement was approved in 1980, with plant operating costs borne by local authorities 19

Because the Australian Constitution allows the federal parliament to legislate for the territories, fluoridation of the Northern Territory and the Australian Capital Territory (ACT) was relatively straightforward. While Darwin's fluoridation in 1972 generated comparatively little controversy, the fluoridation of Canberra was contentious.<sup>20</sup> Nevertheless, fluoridation there was finalised by executive decision, when the federal government, acting on a recommendation from the ACT Advisory Council, autonomously fluoridated the water supply, without calling a referendum.

In South Australia, the process was similarly swift and direct, beginning with the investigation of artificial fluoridation by a select committee in 1964.<sup>21</sup> While the government took no official position in 1967,<sup>22</sup> a year later fluoridation was endorsed.<sup>23</sup> Fluoridated water was delivered to 888,000 residents by January 1971.<sup>24</sup> The premier, Steele Hall, announced the decision to fluoridate in 1968 by saying: 'The Government proposed to take

this action administratively. It would not be the subject of a Bill before Parliament.'25 He dismissed opponents' arguments and the use of supplements as an alternative to artificial fluoridation. In 1970 Premier Don Dunstan, who had served on the 1964 Select Committee, implemented the decision. Like Menzies in the ACT, Hall and Dunstan denied calls for referenda.<sup>26</sup> Hall and Dunstan paid a political price in that antifluoridationists challenged them in the 1970 state election but their bi-partisan resolve over the direct government control of water processing led to the efficient implementation of fluoridation.

In Western Australia The Fluoridation of Public Water Supplies Act 1966 also concentrated decision-making powers. An advisory committee was established, which consisted of an indemnified commissioner of public health, two engineers, a chemical analyst, an appointed dentist, a medical practitioner, and a local government representative. This committee, still operating today, can recommend artificial fluoridation and, if the minister for Health approves, a direction for a water supply authority to fluoridate is issued

The decisions regarding fluoridation in the ACT, Western Australia, South Australia, and, later, in the Sydney-Newcastle-Hunter region (NSW) demonstrate another feature of efficient implementation: a centralised water distribution system controlled by a single authority enabling the fluoridation of many areas with a single decision. This contrasts with Queensland, which is a decentralised state where water treatment is the exclusive domain of local authority. Therefore, decisions to fluoridate are usually made on an ad hoc and site-by-site basis. In particular, in both South Australia and Western Australia, where pipeline systems distributed fluoridated water long distances, the centralised system meant that single decisions provided fluoridated water to large populations that were vastly geographically dispersed.<sup>27</sup> At the time of the initial implementation of the fluoridation act in Western Australia, with the government controlling much of the state's water processing, several key decisions in 1968 fluoridated 650,000 people via the metropolitan, goldfields, and country water supplies.<sup>28</sup>

Overall, the legislation from the other states and territories exhibit several features that distinguish them from the Queensland situation, particularly the diminished recourse to referenda, and the centralisation of the authority. Furthermore, in all states except Oueensland, the minister for health has a direct and active role with discretionary implementation powers because artificial fluoridation is considered to be a health issue and not a water or local authority issue. In contrast, Queensland's fluoridation legislation has unique features that have ensured both low fluoridation levels and the continuation of fluoride debates. The repetitive and long-lasting nature of these debates is highlighted by recent media coverage,<sup>29</sup> which was triggered by recommendations for public debate in the *Queensland Health Systems Review* (2005).<sup>30</sup>

## Background to the Queensland fluoridation act

To understand the Queensland situation it is necessary to evaluate the socio-political and legal influences on the Queensland fluoridation act. In particular, the period from 1954 (the year of Queensland's first serious, but aborted proposal in Bundaberg) to 1963 (the year of the Queensland fluoridation legislation) requires careful examination.

#### The Chinchilla community: The legislative impetus

In Oueensland, Local Government acts have general competency clauses that allow local authorities to use a discretionary power to perform some types of duties not covered specifically by legislation. It was through this arrangement that several local water fluoridation proposals came about prior to the introduction of the Oueensland fluoridation act and influenced the course of state-wide legislation. The impetus for the state legislation can be traced to August 1958, when several local medical and dental practitioners suggested artificial water fluoridation to the Chinchilla Shire Council. After consultation with, and support from the Queensland Department of Health and Home Affairs, the shire council decided in October to fluoridate the municipal supply.<sup>31</sup> Although there was only one dissident councilor, significant community opposition emerged when 33 percent of electors signed a petition asking for a referendum.32 'Section 53' of Queensland's Local Government Acts gave the minister for Local Government the power to call a referendum on 'any question relating to Local Government' when a petition was raised 'by ten percent of electors.' However, without ministerial intervention, in December 1959 the Chinchilla Shire Council bowed to popular pressure and called a referendum for February 1960. This referendum campaign was highly significant and attracted statewide media interest. It entrenched the existing polarisation of supporters and opponents, and elicited public ministerial and departmental assurances that there would be neither compulsion nor secrecy associated with Queensland fluoridation proposals.<sup>34</sup> Fluoride advocates included Dr. D.W. Johnson, the deputy director-general of Health; Dr. H.W. Noble, Liberal minister for Health and Home Affairs (1957-64); ADAO; the Oueensland Health Education Council; Dr. Felix Dittmer, Australian Labor Party (ALP) senator and former deputy-leader of the parliamentary wing of the Queensland ALP; and local supporters who all confidently endorsed artificial water fluoridation.35 This alliance faced the state's foremost antifluoridationists, J.E. Harding, A.E. Webb, and R. Bromiley of the Rockhampton Anti-Fluoridation Association.<sup>36</sup> Harding and Webb had a long association with Social Credit and the League of Rights via rural action groups, various political parties and the Rockhampton Monetary Reform League.<sup>37</sup> All three were drawn to conspiracy theories and were advocates of direct democracy devices such as referenda.<sup>38</sup>

The resounding 937 to 341 rejection of fluoridation at Chinchilla, portrayed by one state newspaper as representing the 'mirror of Queensland,' reinforced the right to the referendum mechanism as a means of resolving whether or not to implement fluoridation proposals.<sup>39</sup> On the day of the referendum the *Courier*— Mail made its opposition to 'involuntary' fluoridation clear when it editorialised: 'To propose dosing whole communities at the turn of their taps has a well-intentioned but uneasy, foretaste of "Big Brother" dictatorship. '40 As well as bolstering the popular perception of a right to referenda, the Chinchilla result also signalled that local governments rather than the Health Department were the relevant authority regarding fluoridation proposals. Dr. Noble announced that the 'Health Department would not initiate any further moves for fluoridation by a local authority. Department policy was to let a local authority decide for itself whether it wanted to use fluorine.'41 In addition he made it clear that the state government wanted such decisions to be open in order to forestall any allegations of secrecy regarding fluoridation.<sup>42</sup> This was good news for Social Creditors, the League of Rights, and other antifluoridationist forces for whom the rights to petition and to referenda were fundamental.<sup>43</sup> These groups either created, or capitalised on, a view that referenda were integral to any fluoridation proposal and began to label independent local authority fluoridation without referenda as undemocratic. Eventually they broke the Queensland fluoride debates into two

issues: referenda and fluoridation per se.44

### Biloela township: The legislative trigger

The fluoride focus turned to Biloela, where on 15 July 1960 the Banana Shire Council decided to fluoridate Biloela's communal water supply to a 'strength recommended by the Department of Local Government.' The Banana Shire Council, supported by the Callide Valley Progress Association, was prepared to go ahead and fluoridate without a referendum. Unlike Chinchilla Shire Council, Banana showed lasting resolve, perhaps because they faced less resistance given that there were two conflicting petitions: the 1960 petition was of 494 signatures and endorsed fluoridation, while the 1962 petition was of 485 signatures and called for a referendum. In 1964, Banana Shire Council in a six-to-five vote relented in the face of public pressure and called a referendum, which involved postal voting by Biloela township residents on the state electoral roll. The 523 to 471 result endorsed fluoridation, which was eventually implemented.

Although this moves us beyond our period of examination, the response to the referendum result, punctuating the vigorous public debate throughout the lead-up to the 1963 Queensland legislation, is worth mentioning. The Rockhampton Anti-Fluoridation Group, the Anti-Fluoridation Council of Australia and New Zealand, and the Biloela Pure Water Committee publicly challenged the result on the grounds that ratepayer's money was used to promote fluoridation and that the Council had disenfranchised some shire residents who lived outside Biloela township.<sup>50</sup> The antifluoridationists further argued that the restricted referendum was unprecedented, that the result should be declared 'null and void,' and that the Banana Shire Council did not have the moral right to fluoridate.<sup>51</sup> In all, the Biloela controversy lasted five years and was widely reported. Media coverage included allegations of defamation, complaints about fictitious nom de plume correspondents, claims of untrue statements about the council's role, and concerns over litigation. On 4 February 1963 the Rockhampton Anti-Fluoridation Group threatened an injunction to stop imminent fluoridation at Biloela.<sup>52</sup>

The public debate masked serious problems for Queensland's solicitor-general and the parliamentary draftsman. Although not publicly acknowledged, advice from the solicitor-general, W.E. Ryan, revealed that the minister for Local Government had considered intervention to order the Banana Shire Council

to conduct a referendum.53 Of further concern were the issues of legality and indemnity. Ryan's advice to the director of Local Government continued:

I am of the opinion that the Minister has a wide power to refer questions relating to local government for the opinion of the electors, that he has a discretion as to whether or not to direct a poll, that if he directs the poll be taken the local authority must take it and that, in particular, he has the power to direct the poll on fluoridation if he so desires, provided it is a matter for local government. Another question, however, which might arise is whether the local authority itself has the power to carry into effect a scheme of fluoridation in the water supply for the purpose of preventing dental decay ...

The power of the Council to introduce fluorine into water could easily be the subject of litigation and this would be particularly so if a person claiming to be injured by the fluoridation brings an action against the Council for injuries sustained ... It is a moot point whether fluoridation is a matter for local government ... In my opinion, if the Banana Shire Council proceeds with its scheme it may have to run the risk of litigation. The carrying of a poll would not improve its legal position. ... There is a power to make regulations under Section 33 (xi) of the Health Acts, 1937 to 1962. ... I understand that the power has not been used and it would not appear to cover fluoridation.54

Ryan clearly doubted that fluoridation was a function of Queensland's local government even though general competency clauses of The Local Government Acts had been used in New South Wales (Yass, 1956). Furthermore, even though the public health acts were used in Tasmania (Beaconsfield, 1953), Ryan felt they were inappropriate for Queensland. In Ryan's opinion, these interstate examples could not be used as precedents in Queensland law and litigation was a real threat. His advice went further. He also informed the director of Local Government that he 'understood' that fluoridation of communal water supply was 'mass medication.' In early July, the parliamentary draftsman, J. Seymour, advised Dr. Noble that he agreed with Ryan's advice.55 This was out of step with the findings of the 1957 New Zealand 'Commission of Inquiry' into fluoridation, findings in North American courts and the general argument put forward by profluoridationists.<sup>56</sup>

### Further legal concerns

In addition to the concerns raised by Ryan and Seymour, there were a number of contemporaneous unresolved legal issues that impacted on the parliamentary debates preceding the implementation of the Queensland fluoridation act. Several New Zealand antifluoridationists challenged 'section 240' of The Municipal Corporations Act 1954 (NZ) through the New Zealand legal system, which led to the issues being referred to the Privy Council.<sup>57</sup> This legislation empowered a water corporation to construct waterworks for the supply of 'pure water' for the inhabitants, and antifluoridationists argued, among other things, that the addition of fluoride was a breach of the municipal corporations act because water was no longer pure. In essence, the case involved a definition of 'pure water' and the alleged use of fluoridated water as a 'medicine.'58 While the judgment eventually endorsed the legality of fluoridation in the highest court within the Commonwealth, these issues were unresolved at the time of the Oueensland parliamentary debates.

Furthermore, on 29 August 1963, several weeks after the initiation of the Queensland drafting, C.A. Kelberg, a ratepayer of the City of Sale (Victoria), which had decided to fluoridate, issued a writ against the fluoride equipment manufacturer, Wallace and Tiernan Pty Ltd. Kelberg lodged an injunction restraining the corporation on the basis of its alleged intention to fluoridate a reticulated water supply.<sup>59</sup> Kelberg also challenged the statutory authority of the City of Sale to fluoridate under 'section 232' of *The Local Government Act 1958* (Vic). This action, which eventually resulted in a temporary successful injunction on a technicality of incorrect by-law use, was also current during the drafting of the Queensland legislation. There were several other important legal challenges involving personal liberty in Ireland and the United States of America.<sup>60</sup>

Parliamentary concerns about fluoridation were further heightened when a letter implicating fluoride in adverse effects on cell growth appeared in the *British Medical Journal* of 26 October 1963. It was well publicised and considered sufficiently important for the National Health and Medical Research Council to quickly issue an edict endorsing the safety of fluoridation.<sup>61</sup> Dr. Noble temporarily withdrew the Queensland bill from its first reading while inquiries and assurances were sought from researchers and scientific advisors.<sup>62</sup>

Oueensland was not the only state to have difficulty in framing legislation to accommodate water fluoridation and did not conduct its debates in isolation. In Western Australia the Fluoridation of Public Water Supplies Bill 1963 passed the Legislative Assembly but was defeated in the Legislative Council with a tied vote. 63 Further acrimony emerged in the ACT when Gordon Freeth, minister for the Interior, announced that the Menzies' federal government would agree to an ACT Advisory Council proposal to fluoridate Canberra without a referendum.<sup>64</sup> Throughout 1962–64, fluoridation also had been contentious in New South Wales where implementation had been tardy. Matters came to a head when the recalcitrant Sydney and Metropolitan Water, Sewerage and Drainage Board announced in May 1963 that it would not fluoridate Sydney's water supply in spite of strong support for the measure by Health Minister W.F. Sheahan and Premier Robert Heffron (1959–64).65 On 28 January 1964 Heffron ordered the Sydney Metropolitan Water Board to fluoridate.66 Against this background of doubt and debate, the Queensland government framed its legislation.

# The emergence of the Queensland fluoridation act

It appears that the Queensland government decided to legislate on water fluoridation because of concerns regarding issues of legality, litigation and compulsion, rather than dental health. There is no evidence to implicate fluoridation as an issue in the June 1963 Queensland election, which comfortably returned a Liberal-Country Party coalition. 67 Parliamentary concern over dental health also appeared to be minimal: one state parliamentarian claimed to be none the worse for his dentures; two parliamentarians who were also dental technicians, opposed fluoridation; Dr. Noble was the only ministerial participant in the debate and no Country Party member contributed.<sup>68</sup> In a conscience vote, only forty-seven from seventy-eight parliamentarians and seven out of thirteen ministers voted, and the minister for Local Government, the state's key figure on the matter of fluoridation, did not vote. This was an era when the general population accepted dental decay as normal and inevitable.

Nevertheless, the Queensland government decided to draft legislation about a month after the election, without the benefit of advice from a Royal Commission, Select Committee or independent review. Documentation of communication between local and state governments suggests that the main trigger was the impending independent fluoridation of Biloela, Townsville and possibly Mareeba.<sup>69</sup> Cabinet had firm requests from the first two to allow local authorities to add fluorine to a water supply and to guarantee indemnity for a local authority providing it obeyed statutory safeguards.<sup>70</sup> The parliamentary draftsman's initial advice in July 1963, stated:

The object of the *Bill* which I suggested for consideration was to strengthen the position of those local authorities which proposed to introduce fluorine to the water against a person who might be minded to commence legal proceedings claiming that he suffered an injury thereby.<sup>71</sup>

Dr. Noble's submission to Cabinet suggests a similar desire to avoid litigation from antifluoridationists:

It [water fluoridation] has been accepted by the medical and dental profession ... It is a big factor in the prevention of dental caries even though not the total answer ... a vociferous though small group, who without any scientific facts to support them, oppose fluoridation ... A member of this group might be minded to commence legal action against a Local Authority ... The Solicitor-General states it is a moot point whether fluoridation is a matter for Local Government, and the power to make Regulations under *Section 33 (xi)* of the *Health Acts* 1937–62 does not appear to cover fluoridation <sup>72</sup>

In the 'initiation in committee' phase, he further spelt out the purpose of the Bill:

It is desirable that a Bill be introduced relating to the addition of fluorine to public water supplies. ... To make legal the addition of fluorine. ... To indemnify any local authority against ... legal action. ... It does not coerce local authorities in any way ... The local authority must follow certain procedures ... The present system was open ... to legal challenge.<sup>73</sup>

Despite Dr. Noble's concern about litigation, the 1963 legislation failed to fully address the indemnity issue. This came to constitute a *de facto* escape clause for those not wanting to become embroiled in

debates about fluoridation, including successive state governments. In spite of recommendations in 1972 and 1974 from two ministers for health, the government refused to revisit the Oueensland legislation.74

The matter of indemnity was in fact extremely prominent in the pre-1964 fluoridation debate in Queensland. While we have already touched on—through a brief look at the development of fluoridation legislation in other states—the roles of several other key factors in causing significantly lower artificial fluoridation levels for Queenslanders compared with other Australians, indemnity, too, must be considered in this light. Through a more in-depth examination of some of these issues, we can begin to understand that a great deal of determination is required in order to impose artificial water fluoridation in Queensland because of the tactical advantages used assiduously by the antifluoridationists.

## Indemnity

During the drafting of the Queensland legislation indemnity was a very sensitive issue, a fact reflected in a 1964 advisory—distributed to all local authorities—which explained that the Queensland fluoridation act and its Regulations must be fully observed if the indemnity provisions were to apply.75 Furthermore, the indemnity applied only to 'costs and expenses' and did not cover damages.<sup>76</sup> This issue was raised in The Brisbane Lord Mayor's Task Force on Fluoridation Report (1997) and at the time the Local Government Association of Queensland's legal advice re-affirmed the 1964 view and added that the ordinary principles of negligence applied.<sup>77</sup> In a litigious action, 'the State Treasurer has to be satisfied that the alleged cause of action or other proceeding created no legal liability whatsoever in local government.'78 This gave the state government a loophole that may have left a local authority liable for damages if a resident proved injury resulting from the addition of fluoride to a reticulated supply.

There were three further indemnity issues that the legislation failed to address. The first was the paradoxical fact that the Queensland fluoridation legislation ignored the special Queensland circumstance involving those potable water supplies such as Barcaldine and Julia Creek, which are naturally over fluoridated. Artesian fluoride was a significant and widespread concern in rural communities in north-western and central-western Queensland.<sup>79</sup> Excessively high and long-term consumption of high artesian fluoride affected humans and animals, yet the Queensland fluoridation act and its indemnity only applied to artificial fluoridation. There would be no forced defluoridation of reticulated artesian supply within Queensland.<sup>80</sup>

The second issue involved Queensland's failure to fluoridate, which meant that fluoride supplements (tablets or drops) became the recommendation of local authority. From a biological perspective, these are poor alternatives in caries prevention. Furthermore they could only be dispensed via special licence or through a pharmacy, and distribution by local authority was illegal until a 1966 amendment of the regulations. In 1997 the indemnity issue surfaced when ADAQ argued that a local authority's refusal to fluoridate, together with its support for supplements, meant that it could be legally responsible for dental fluorosis resulting from supplement ingestion. These problems reflect a serious legislative omission, specific to Queensland, in the failure to establish a statutory board or commission for authoritative consultation about the complexities of fluoride-related matters.

Lastly, a decision to accept risk without indemnity cover may be taken by local government if the perceived risk is low and the economic benefit high. In Queensland the annual budget for state dental care is over \$120 million and even a small reduction in dental caries could provide significant savings. However, the paradox is that the benefit of water fluoridation as reduced dental caries would be reflected in savings to state government, leaving local authority with both the cost of implementation and the risk of litigation but without the possibility of economic gain. It was therefore often easier for local authorities to ignore the issue altogether rather than to attempt fluoridation.

## Local government responsibility

The relationship between the Queensland fluoridation act and *The Local Government Acts* is peculiar to that state and, while it was politically convenient, it also reflected local government's responsibility for reticulated supply.<sup>84</sup> In 1964, Queensland had neither water boards nor state responsibility for water processing. Water processing is still a local government matter today and the aforementioned legislative linkage gives local authorities a

discretionary power to fluoridate, but simultaneously restricts this right by establishing three levels of intervention involving (a) the minister for Local Government's power to order a referendum if he/she perceives popular opposition, (b) local authority's ability to call a referendum if so desired, and (c) the popular right to referendum if a 10 percent elector petition is raised. Hence, unlike other Australian states and mainland territories, local governments have largely retained their authority on fluoride-related matters. but could be forced to hold a referendum by ministerial direction or elector petition. Alternatively it might opt to initiate a referendum itself in order to 'de-politicise' the surrounding debate.

Unlike other Australian states where the minister for Health is the minister responsible for fluoridation, in Queensland the minister for Local Government exercises this role, albeit by intervening to order that a referendum be held.85 Dental health, however, has traditionally not been a local authority responsibility and state funding for fluoridation has been inadequate. There is no state subsidy to defray annual operating costs, and prior to the Queensland fluoridation legislation, Dr. Noble had reduced the plant installation subsidy from 50 to 25 percent.86 The issue of subsidy surfaced again in Queensland with the defluoridation at Biloela in 2003. Banana Shire Council's chief executive, John Hooper, said: 'This decision was made because the cost to upgrade the treatment facility to meet the requirements of workplace health and safety and the code of practice for fluoridation of water supplies ... is estimated ... in the vicinity of \$80,000.'87 The financial implications of fluoridation arose again in 2005 with Premier Peter Beattie's offer of six million dollars to local authorities for fluoridation. The offer was described as a 'sick joke' by the Local Government Association of Queensland (LGAQ) chief executive who estimated the real cost at \$56.5 million,88 and who, within days, teamed up with the provincial mayors in resorting to the perennial Queensland tactic: a call for a referendum.<sup>89</sup> To this day, fluoride campaigns are conducted under the auspices of a local government structure that is under-resourced and which has no constitutional responsibility for dental health.

Differing political and bureaucratic perspectives at state level have intensified these difficulties with local authorities. While various Queensland ministers for Health promoted artificial water fluoridation, they were virtually irrelevant in its implementation because they were subservient to the right to referendum either at the behest of the minister for Local Government, local authority, or the ratepayers. This division was exacerbated in the years between the introduction of legislation in 1963 and 1983, because the Liberal party controlled the Health portfolio and the Country (later National) Party controlled the Local Government portfolio. For example, Dr. Llewellyn Edwards (Liberal health minister, 1974–78) was a fluoride advocate, while Russell Hinze (minister for Local Government, 1974–87) opposed it. 90 As chairman of Albert Shire Council, Hinze had been guoted in a local newspaper as saying: 'Don't you think we have enough problems without introducing fluoridation? You know it is a very controversial matter.'91 The article continued. 'The fluoridation cranks in USA and Mudgeeraba know little about this chemical. The greatest authority on Fluoridation in Australia, Mr. E.J. [sic] Harding, says the boost for the wonder chemical is so much ballyhoo.' Voices like Harding's opposing fluoridation and seeking petition were raised whenever referenda were called

#### Referenda

Local Government ministers have irregularly exercised discretionary powers of intervention but when they have ordered a referendum the fluoridation proposal has almost always been defeated. The exceptions—fluoridation without recourse to referenda—indicate a reluctance to engage in referendum when officials are determined to fluoridate, suggesting an awareness of the almost unfaltering success of antifluoridationists in the case of a referendum. For example, ministerial authority was not exercised against Mareeba Shire Council when it fluoridated in 1966, nor in 1971 when the American-based mining company, Utah Development Company Limited, proposed to fluoridate the reticulated water supply of Moranbah, the local town for an anticipated mining development. In this instance, state cabinet endorsed fluoridation without controversy, ministerial intervention, or referendum.92 However when Gympie City Council announced fluoridation in 1970, the minister for Local Government intervened and ordered a referendum, which resoundingly defeated the council's proposal.<sup>93</sup> Although results were not centrally recorded, official referenda have also been conducted at the following locations: Allora, Ayr, Biloela, Chinchilla, Eacham Shire, Emerald, Mackay, Redcliffe, and Stanthorpe.<sup>94</sup> Only Biloela and Allora were successful for fluoride protagonists, with the other local authorities invariably having a heavy majority against fluoridation.

The virtual institutionalisation of referenda advantages antifluoridationists who marshal themselves over the issues of both direct democracy and water fluoridation. This was effectively demonstrated in July 1964 when the state government targeted seven major local authorities for regional fluoridation seminars. The aim was to educate local authority about the merits of fluoridation but on the eve of the seminars, six mayors publicly announced that they were committed to referenda as the means of final arbitration. Once a referendum is announced, antifluoridationists from both Queensland and interstate begin campaigning, sewing sufficient seeds of doubt for fluoridation to be defeated. Typically their arguments focus on safety concerns, costs, individual liberty, and direct democracy.

In 1953 Professor Arthur Amies and Dr. Paul Pincus first articulated safety concerns about artificial water fluoridation in Australia. 6 As dean of the Melbourne Dental School, Amies was influential within and outside the dental profession. He based his opposition on the potential cumulative toxicity of fluoride, vagaries in daily intake, and disquiet about methodology within the North American field studies. Amies' views were broadly circulated. In 1959 a senior research fellow of the University of Melbourne, Dr. Philip Sutton, published his monograph, Fluoridation: Errors and Omissions in Experimental Trials, which endorsed and refined Amies' concerns. 97 Fluoride advocates contested Sutton's thesis but the 'controversy' appeared in a *Courier–Mail* editorial on the day of the Chinchilla referendum. 98 After 1980 a new generation of Australian antifluoridationists rejuvenated Sutton's thesis. Dr. Mark Diesendorf challenged the ethics of fluoridation, the methodology within some British and Australian trials, and he also highlighted the decline in caries in nonfluoridated areas.<sup>99</sup>

Local government also complained about the cost of fluoridation and the inefficiencies involved in treating total water supplies. This view was recently expressed by Mark Girard, executive officer of the Queensland Water Directorate: 'Only one percent of the water consumed by households is used for drinking purposes and, given the total life cycle costs, there may be more efficient ways of delivering fluoride to the community than via the water supply.' The Gatton Shire Council, based on a semi-rural area where some reticulated water is used for irrigation purposes, put

similar arguments forward when it defluoridated in 2002.101

At a more political level, antifluoride groups targeted politicians and communities via newsletters and pamphlets. This correspondence invariably dwelt upon themes of compulsion and safety, but often of inferred-subversion. The more conspiratorial amongst them provide perfect examples of the paranoid style of politics that in the past has led to accusations of 'Queensland difference.' For example, one Queensland antifluoridationist, D.W. de Louth, signed off his newsletters with a quote from the 'Protocols of Zion' and the statement 'Fluoridation is Jewish.' Harding's conspiracy theories embraced alleged Zionist control of international monetary and political systems and he regularly described fluoridation as a poison that led to 'the slavery of mass medication.' 104

Whilst the claims by antifluoridationists published in scientific journals are debated and counter-debated, <sup>105</sup> the process has created uncertainty in the minds of the public. A monitoring of talk-back radio broadcasts about water fluoridation since 1997 indicated two major public concerns: the debate among 'experts' (seen as uncertainty in scientific opinion) and the issue of individual autonomy versus compulsion in deciding what is added to water. <sup>106</sup> However, several opinion polls taken since 1996 suggest that the public approval of water fluoridation in Brisbane has exceeded 50 percent. <sup>107</sup> A 2005 LGAQ report involving a phone survey of four hundred Queenslanders found '73% of those expressing a view in favour,' but LGAQ president, Cr. Paul Bell, argues that this has to be balanced with 'almost 70% would like to see a state-wide referendum first. <sup>108</sup>

### Conclusion

Referenda in Queensland are almost always defeated because the arguments against it sow seeds of doubt in the minds of many voters. The activities of antifluoridationists and the conspiratorial nature of some of their arguments are a reminder of the old arguments about 'Queensland difference.' Queensland's low levels of fluoridation cannot, however, be blamed directly on the state's political culture. Rather, they are a function of the legislation that fails fully to address concerns about litigation and gives responsibility for fluoridation to local government rather than the health minister. Furthermore, past experience has created the expectation that the

public will always have the opportunity to vote on fluoridation proposals via a referendum. The Queensland legislation has placed water fluoridation proposals into an inter-governmental and interdepartmental impasse, which is where many politicians prefer controversial issues to lie. Few want to risk pushing fluoridation in the face of vocal and well-organised opposition. Nor do they want to risk the possibility of litigation by antifluoridationists who have used the scope given to them by the state's legislation to advantage. Further, by delegating water fluoridation to local authorities, the Queensland legislation leaves this responsibility to a tier of government that is unprepared, under-resourced, and unconvinced that fluoridation is worth the trouble

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