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**F-18 LABELLING SYNTHESIS,  
RADIOANALYSIS AND EVALUATION OF  
A DOPAMINE TRANSPORTER AND  
A HYPOXIA TRACER**

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**Helsinki 2007**

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***“Potius sero quam numquam”***

***(T.Livius)***

## ABSTRACT

Positron emission tomography (PET) is an imaging technique in which radioactive positron-emitting tracers are used to study biochemical and physiological functions in humans and in animal experiments. The use of PET imaging has increased rapidly in recent years, as have special requirements in the fields of neurology and oncology for the development of syntheses for new, more specific and selective radiotracers. Synthesis development and automation are necessary when high amounts of radioactivity are needed for multiple PET studies. In addition, preclinical studies using experimental animal models are necessary for evaluating the suitability of new PET tracers for humans. For purification and analysing the labelled end-product, an effective radioanalytical method combined with an optimal radioactivity detection technique is of great importance.

In this study, a fluorine-18 labelling synthesis method for two tracers was developed and optimized, and the usefulness of these tracers for possible prospective human studies was evaluated. N-(3-[<sup>18</sup>F]fluoropropyl)-2β-carbomethoxy-3β-(4-fluorophenyl)nortropine ([<sup>18</sup>F]β-CFT-FP) is a candidate PET tracer for the dopamine transporter (DAT), and 1H-1-(3-[<sup>18</sup>F]fluoro-2-hydroxypropyl)-2-nitroimidazole ([<sup>18</sup>F]FMISO) is a well-known hypoxia marker for hypoxic but viable cells in tumours. The methodological aim of this thesis was to evaluate the status of thin-layer chromatography (TLC) combined with proper radioactivity detection measurement systems as a radioanalytical method. Three different detection methods of radioactivity were compared: radioactivity scanning, film autoradiography, and digital photostimulated luminescence (PSL) autoradiography.

The fluorine-18 labelling synthesis for [<sup>18</sup>F]β-CFT-FP was developed and carbon-11 labelled [<sup>11</sup>C]β-CFT-FP was used to study the specificity of β-CFT-FP for the DAT sites in human post-mortem brain slices. These *in vitro* studies showed that β-CFT-FP binds to the caudate-putamen, an area rich of DAT. The synthesis of fluorine-18 labelled [<sup>18</sup>F]FMISO was optimized, and the tracer was prepared using an automated system with good and reproducible yields. In preclinical studies, the action of the radiation sensitizer estramustine phosphate on the radiation treatment and uptake of [<sup>18</sup>F]FMISO was evaluated, with results of great importance for later human studies. The methodological part of this thesis showed that radioTLC is the method of choice when combined with an appropriate radioactivity detection technique. Digital PSL autoradiography proved to be the most appropriate when compared to the radioactivity scanning and film autoradiography methods. The very high sensitivity, good resolution, and wide dynamic range of digital PSL autoradiography are its advantages in detection of β-emitting radiolabelled substances.

## PREFACE

The main work of this thesis was carried out at the Laboratory of Radiochemistry, University of Helsinki. Other parts of the work were performed at the Department of Clinical Neuroscience, Karolinska Institutet, Stockholm, Sweden, at the Division of Clinical Physiology and Nuclear Medicine, Helsinki University Central Hospital, and at the Turku PET Centre.

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Helsinki, December 2006

## ABBREVIATIONS

$\beta$ -CFT	2 $\beta$ -carbomethoxy-3 $\beta$ -(4-fluorophenyl)tropane
nor- $\beta$ -CFT	2 $\beta$ -carbomethoxy-3 $\beta$ -(4-fluorophenyl)nortropane
$\beta$ -CFT-FP	N-(3-fluoropropyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-fluorophenyl)nortropane
$\beta$ -CIT	2 $\beta$ -carbomethoxy-3 $\beta$ -(4-iodophenyl)tropane
$\beta$ -CIT-FE	N-(3-fluoroethyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-iodophenyl)nortropane
$\beta$ -CIT-FP	N-(3-fluoropropyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-iodophenyl)nortropane
BNCT	Boron neutron capture therapy
CA	Carrier added
CNS	Central nervous system
[ <sup>14</sup> C]PMMA	<sup>14</sup> C-labelled methylmethacrylate
CT	Computed tomography
DAT	Dopamine transporter
DMF	N,N-Dimethylformamide
DMSO	Dimethylsulfoxide
EC	Electron capture
EMP	Estramustine phosphate
EOB	End of bombardment
EOS	End of synthesis
FMISO	Fluoromisonidazole
[ <sup>18</sup> F] $\beta$ -CFT-FP	N-(3-[ <sup>18</sup> F]fluoropropyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-fluorophenyl)nortropane
[ <sup>18</sup> F]EPI-F	[ <sup>18</sup> F]Epifluorohydrin
[ <sup>18</sup> F]FDG	2-[ <sup>18</sup> F]Fluoro-2-deoxy-D-glucose
[ <sup>18</sup> F]FMISO	1H-1-(3-[ <sup>18</sup> F]fluoro-2-hydroxypropyl)-2-nitroimidazole
[ <sup>18</sup> F]MPPF	4-[ <sup>18</sup> F]fluoro-N-[2-[1-(2-methoxyphenyl)-1-piperazinyl]ethyl-N-2-pyridinyl-benzamide
GBR 12909	1-(2(bis-(4-fluorophenyl)methoxy)ethyl)-4-(3-phenylpropyl)piperazine dihydrochloride
GM	Geiger-Müller
GMP	Good manufacturing practise
GLP	Good laboratory practise
GRP	Good radiopharmacy practise
HPLC	High performance liquid chromatography
HPTLC	High performance thin-layer chromatography
Kryptofix 222	4,7,13,16,21,24-hexaoxa-1,10-diazabicyclo(8,8,8) hexacosane
LC/MS	Liquid chromatography/Mass spectrometry
MISO	Misonidazole
NCA	No carrier added
NITTP	1-(2'-nitro-1'-imidazolyl)-2-O-tetrahydropyranyl-3-O-toluenesulphonyl-propanediol
NIM	Nitroimidazole
PC	Personal computer
PET	Positron emission tomography
PSL	Photostimulated luminescence



SA	Specific radioactivity
SERT	Serotonin transporter
SD	Standard deviation
SEM	Standard error of mean
TLC	Thin-layer chromatography
UV	Ultraviolet

## LIST OF ORIGINAL PUBLICATIONS

This thesis is based on the following original publications, which are referred to in the text by their Roman numerals.

- I. Kämäräinen E-L, Kyllönen T, Airaksinen A, Lundkvist C, Meixiang Yu, Någren K, Sandell J, Langer O, Vepsäläinen J, Hiltunen J, Bergström K, Lötjönen S, Jaakkola T, Halldin C. (2000) Preparation of [ $^{18}\text{F}$ ] $\beta$ -CFT-FP and [ $^{11}\text{C}$ ] $\beta$ -CFT-FP, selective radioligands for visualisation of the dopamine transporter using positron emission tomography (PET). *J Label Compd Radiopharm* 43: 1235-1244.
  
- II. Kämäräinen E-L, Kyllönen T, Nihtilä O, Björk H, Solin O. (2004) Preparation of fluorine-18-labelled fluoromisonidazole using two different synthesis methods. *J Label Compd Radiopharm* 47: 37–45.
  
- III. Ståhlberg K, Kämäräinen E-L, Keyriläinen J, Virtanen I, Taari K, Kairemo K. (2006) Hypoxia in DU-145 prostate cancer xenografts after estramustine phosphate and radiotherapy. Submitted
  
- IV. Kämäräinen E-L, Haaparanta M, Siitari-Kauppi M, Koivula T, Lipponen T and Solin O. (2006) Analysis of  $^{18}\text{F}$ -labelled synthesis products on TLC plates: comparison of radioactivity scanning, film autoradiography and phosphoimaging technique. *Appl Radiat Isot* 64: 1043-1047

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In addition, data published as a scientific abstract are included (Kämäräinen et al. 2000).

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# 1 Introduction

Fluorine compounds have been known since the Middle Ages, originally in France, where they were used in the form of calcium fluoride ( $\text{CaF}_2$ ) for etching glass. The name fluorine arises from the Latin word “fluere”, meaning “to flow”, because fluorine is very reactive and readily forms compounds with other elements. The element fluorine was isolated finally in 1886 by Henri Moissan, for which, among other achievements, he was awarded the Nobel Prize for chemistry in 1906. Fluorine substitution markedly affects the properties of organic compounds, and the very high electronegativity of fluorine can modify electron distribution in a molecule, affecting its absorption, distribution, and metabolism. Fluorine is of considerable importance in the drug industry, and fluorine-containing drugs are used in medicine as anaesthetics, anti-cancer and anti-inflammatory agents, psychopharmaceuticals, and in many other applications (Park and Kitteringham 1994; Park et al. 2001; Isanbor and O’Hagan 2006). Fluorine is isosteric with hydrogen (van der Waals radius 1.2 Å for hydrogen and 1.35 Å for fluorine respectively), and it is usually substituted into a drug molecule in place of a hydrogen or hydroxyl group. Fluorine substitution in a drug molecule can influence not only its pharmacokinetics but also its pharmacodynamics and toxicology. The introduction of fluorine, e.g. to psychopharmaceuticals, improves penetration of the drug across the blood–brain barrier; thus, it affects the lipophilicity of the molecule (Park and Kitteringham 1994; Park et al. 2001). Then the fluorophenyl and trifluoromethyl groups are used, which both are generally resistant to metabolic attack.

Positron emission tomography (PET) is an imaging technique in which radioactive positron-emitting tracers are used to study biochemical and physiological functions in humans and in animal experiments in the fields of cardiology, neurology, and oncology. Fluorine-18, a radioactive isotope of fluorine, is a versatile and remarkable positron-emitting radionuclide for imaging physiological functions in living organisms. Fluorine-18 was discovered as early as 1936 (Snell 1937), but synthetic applications of fluorine-18 lagged behind the use of another positron-emitting radionuclide, carbon-11, in radiochemical applications, largely because of difficulties in the fluorination of organic molecules. Thus the majority of the fluorine-labelling methods have been developed in the last two decades (Snyder and Kilbourn 2003). Fluorine-18 has proved, however, to be an ideal tracer for PET because of its convenient half-life of 109.8 min and low  $\beta$ -energy (max. 0.635 MeV). Due to low energy of  $\beta$ -particles the highest spatial resolution in PET imaging is obtained using  $^{18}\text{F}$ -labelled radiotracers. Although the field of fluorine-18 chemistry has expanded in the last decade, fluorine-18-labelled 2-deoxy-D-glucose ( $[^{18}\text{F}]\text{FDG}$ ) still remains the most used positron-emitter-labelled radiopharmaceutical in PET studies and it provides some of the highest signal-to-noise ratios to have been observed in the nuclear medicine (Ell 2006).

For the past five years, combined PET and computed tomography (CT), or PET/CT, has spread worldwide especially in oncology. PET itself provides information that is very different from that obtainable from other imaging modalities. The addition of CT to PET has improved not only specificity but also sensitivity in tumour imaging. The combination of  $[^{18}\text{F}]\text{FDG}$  with PET/CT studies is highly synergistic and has proved to be a relevant technique in staging and therapy monitoring of many tumours. Published results in oncology are still limited, but several well designed studies have demonstrated

the benefits of PET/CT in staging of non-small cell lung cancer, recurrent colorectal cancer and malignant lymphoma (Ell 2006; von Schulthess et al. 2006). However, [<sup>18</sup>F]FDG in PET/CT has been found to be less sensitive and specific for assessment of some types of cancer, motivating efforts to develop other oncologic tracers (Ell 2006). Among tumour seeking agents the most widely used besides [<sup>18</sup>F]FDG is *O*-(2-[<sup>18</sup>F]fluoroethyl)-L-tyrosine ([<sup>18</sup>F]FET) for studying amino acid transport (Wester et al. 1999), and in addition 3'-[<sup>18</sup>F]fluoro-3'-deoxy-thymidine ([<sup>18</sup>F]FLT) for assessing tumour proliferation (Shields et al. 1998), [<sup>18</sup>F]fluorocholine for prostate carcinoma (DeGrado et al. 2000b) and [<sup>18</sup>F]FMISO (1H-1-(3-[<sup>18</sup>F]fluoro-2-hydroxypropyl)-2-nitroimidazole) and other nitroimidazole derivatives for assessing hypoxia (Rajendran et al. 2006). In neurology there is also wide interest in developing ligands such as those more specific and selective for dopamine transporter (DAT) because DAT plays an important role in many brain disorders like Parkinson's disease and schizophrenia. DAT is also an important target for a variety of clinically effective therapeutic drugs, neurotoxic agents and stimulant drugs of abuse such as cocaine and amphetamine (Bannon et al. 1995).

The design and development of automated radiotracer synthesis systems is also an important focus in synthesis development when high amounts of radioactivity are required and the availability of [<sup>18</sup>F]FDG or other clinically-useful radiotracers for multiple PET studies must be guaranteed. Furthermore, in the development of syntheses, preclinical studies in experimental animal models are needed to evaluate the suitability of the compounds as PET tracers in humans. For purification and analysing the labelled end-product, an effective radioanalytical method combined with an optimal radioactivity detection technique is of great importance. In the radioanalytical part of the synthesis, the status of the almost-neglected method of thin-layer chromatography (TLC), combined with an optimal radioactivity detection technique in analysis and purity determinations of the labelled compounds, needs to be considered.

Several compounds have been labelled and are used in PET studies to evaluate the physiology and pharmacology of DAT *in vitro* and *in vivo*. However, poor selectivity or/and unfavourable kinetics of most of the compounds limit their use in quantitative PET studies. The cocaine analogue, 2 β-carbomethoxy-3β-(4-iodophenyl)tropane (β-CIT) has been suggested as a lead structure in the development of radiotracers for DAT. However, radiolabelled β-CIT itself has proven unsuitable for PET because it does not reach peak equilibrium within the time course of the PET experiment (Farde et al. 1994). The estimated order of cocaine analogue selectivity for DAT is β-CIT-FP > β-CIT-FE > β-CIT. A fluorine analogue, N-(3-fluoropropyl)-2β-carbomethoxy-3β-(4-fluorophenyl)nortropane (β-CFT-FP), labelled with fluorine-18 has in preliminary experiments indicated accumulation in the rat striatum (Firnau et al. 1995); thus, it is suggested that β-CFT-FP should have higher selectivity for DAT and should reach peak equilibrium faster than the cocaine analogues mentioned above. The purpose of this study was to prepare radiolabelled β-CFT-FP using two different [<sup>18</sup>F]fluoroalkylating agents, or to label β-CFT-FP with carbon-11 via [<sup>11</sup>C]methyltriflate to examine its distribution in the post-mortem human brain using whole hemisphere autoradiography. If these radiotracers are proven valid, these could be used later in human PET studies.

Misonidazole (MISO; 1H-imidazole-1-ethanol, alpha-(methoxymethyl)-2-nitroimidazole) and its nitroimidazole derivatives have been shown to accumulate in hypoxic but viable cells. Consequently, their radiolabelled analogues are used as markers of hypoxic tissues. They bind covalently to cellular molecules at rates that are

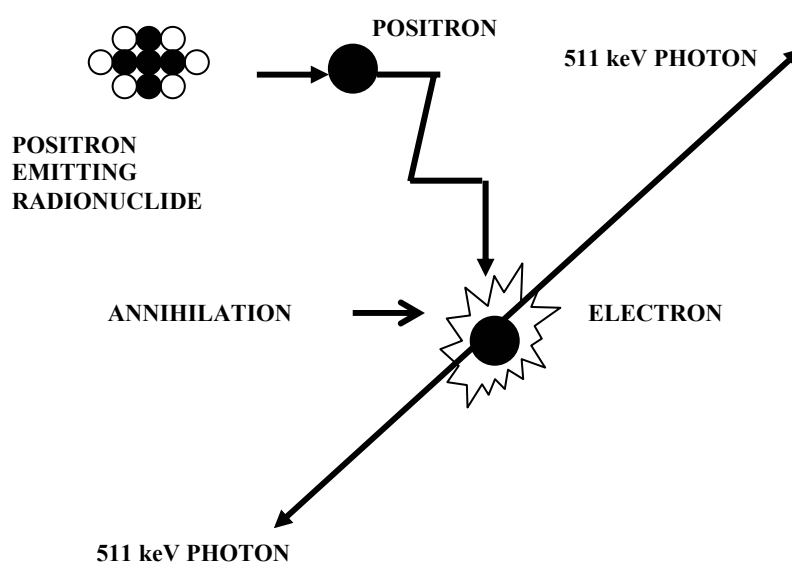
inversely proportional to intracellular oxygen concentration, and their uptake in hypoxic cells depends on the reduction of the nitro group on the imidazole ring. According to published results (Yang et al. 1995; Rasey et al. 1999; Grönroos et al. 2001; Kumar et al. 2002; Dolbier et al. 2001; Coutier et al. 2004; Grönroos et al. 2004; Grönroos et al. 2005) a number of alternative 2-nitroimidazole derivatives have been evaluated. However, [ $^{18}\text{F}$ ]FMISO has remained the most commonly used agent for hypoxia PET-imaging (Grierson et al. 1989, Rasey et al. 1996, Chapman et al. 1998; Rajendran et al. 2004), so consequently it was chosen for this study. PET and [ $^{18}\text{F}$ ]FMISO can help to estimate the oxygenation status of tumours in any part of the body; for example, they can be used to study the hypoxic volume of tumours during the course of radiation treatment. The first aim in this study was to synthesize [ $^{18}\text{F}$ ]FMISO by comparing two FMISO synthesis methods and to adapt the most valid method to an automated synthesis module. The goal was then to evaluate hypoxia by [ $^{18}\text{F}$ ]FMISO uptake in an experimental prostate tumour model in mice. Estramustine phosphate (EMP), originally an anti-mitotic drug used against advanced, hormone-independent prostate cancer, was applied as a radiosensitizer to sensitize cancer cells to radiotherapy; i.e., to enhance the effect of radiation treatment (Widmark et al. 1994). The effect of EMP on [ $^{18}\text{F}$ ]FMISO uptake in the tumours before and after radiotherapy was evaluated.

In the development of radiotracers chemical, radiochemical and radiopharmaceutical aspects have to be taken into consideration. The radiotracer must be chemically and radiochemically pure and it must be sterile and pyrogen free if it is to be used in PET studies (Vera-Ruiz et al. 1990; Meyer et al. 1992; Långström and Dannals 1995). Chromatography of radiolabelled compounds is an important stage in synthesis both for the isolation and purification of the labelled compounds for eliminating radiochemical and chemical by-products of the synthesis. Furthermore, it is needed for analysis and determination of the radiochemical and chemical purity of the synthesis end-product. At present, for purification of labelled, often complicated radiotracers, high performance liquid chromatography (HPLC) systems are necessary; however, for analysis and radiochemical quality control of labelled compounds, TLC combined with proper radioactivity detection measurement systems is in many cases a good choice. Thus, the chemical resolution of planar chromatographic methods such as TLC and high performance thin-layer chromatography (HPTLC) can be regarded as comparable to that of HPLC (Wilson 1996). Several techniques are available to detect radioactivity of the short-lived positron emitters on the TLC plates. In this study, the aim was to compare and evaluate three different methods: radioactivity scanning, film autoradiography, and digital photostimulated luminescence (PSL) autoradiography (phosphoimaging technique) in analysing radiochemical composition and radiotracer purity on TLC plates by using fluorine-18-labelled synthesis products as an example.

## 2 Review of literature

### 2.1 Positron emitters and PET

Radionuclides can be classified into two groups, neutron rich and neutron deficient. The unstable, neutron-deficient radionuclides decay to stable nuclides mainly by positron emission (also known as  $\beta^+$  or beta plus decay) and electron capture (EC). The positron, the antiparticle to the electron, loses its kinetic energy rapidly and will combine with an electron so that annihilation occurs. The total mass of the electron and the positron is converted into electromagnetic energy, and subsequently two 511-keV gamma rays are emitted in opposite directions (Figure 1).



**Figure 1.** *Decay of positron emitting radionuclide.*

Many radionuclides decay by positron emission, and all positron-emitting radionuclides are produced artificially. These radionuclides are produced in a cyclotron (Schlyer 2003) or are available from radionuclide generators (Knapp and Mirzadeh 1994; Welch and McCarthy 2000) and are subsequently used primarily to label compounds of biological interest. The labelled compound is introduced into the body, usually by intravenous injection, and distributed in tissues in a manner determined by its biological properties. All commonly-used PET radionuclides and their main physical characteristics are listed in Table 1.



Table 1. Physical properties of the four most conventional PET radionuclides.

Radio-nuclide	T <sub>1/2</sub> (min)	Decay mode	Production reaction	Max. β <sup>-</sup> energy (MeV)	Max. range (mm)	Max.theor. specific activity (GBq/μmol)	Measured specific activity (GBq/μmol)
<sup>15</sup> O	2.04	β <sup>+</sup> (99.9%) e-capture (0.1%)	<sup>14</sup> N(d,n) <sup>15</sup> O	1.72	8.2	3.39x10 <sup>6</sup>	Not applicable
<sup>13</sup> N	9.96	β <sup>+</sup> (99.8%) e-capture (0.2%)	<sup>16</sup> O(p,α) <sup>13</sup> N	1.19	5.4	6.99x10 <sup>5</sup>	Not applicable
<sup>11</sup> C	20.4	β <sup>+</sup> (99.8%) e-capture (0.2%)	<sup>14</sup> N(p, α) <sup>11</sup> C	0.96	4.1	3.41x10 <sup>5</sup>	37-185
<sup>18</sup> F	109.7	β <sup>+</sup> (96.9%) e-capture (3.1%)	<sup>18</sup> O(p,n) <sup>18</sup> F	0.63	2.4	6.3x10 <sup>4</sup>	37-740 <sup>1</sup>
			<sup>20</sup> Ne(d, α) <sup>18</sup> F				max. 0.74 <sup>2</sup> 30 <sup>3</sup> (Bergman and Solin 1997)

<sup>1</sup> Water target, <sup>2</sup> In target production of [<sup>18</sup>F]F<sub>2</sub>, <sup>3</sup> Post target production of [<sup>18</sup>F]F<sub>2</sub>

Oxygen, nitrogen, and carbon are the main elemental constituents in living organisms. Therefore, it seems natural to label molecules for *in vivo* investigations with bio-radionuclides. The most commonly used positron emitter, however, is <sup>18</sup>F, which is not a constituent in living organisms. However fluorine-18 can be incorporated into organic molecules as a substituent for hydrogen, hydroxyl or some other functional group. These labelled compounds often have biological properties which resemble the parent structures. An advantageous feature of <sup>18</sup>F-radiotracers is the applicability of the concept of blocked metabolic pathway, allowing trapping in tissues. For that particular concept [<sup>18</sup>F]FDG is the classical example (Gallagher et al. 1978) as it is taken up by the cells and converted to [<sup>18</sup>F]FDG-6-phosphate by the action of hexokinase in a similar manner to the first stage of glucose metabolism. Thereafter, [<sup>18</sup>F]FDG undergoes further metabolic steps very slowly and remains trapped in the tissue. [<sup>18</sup>F]FDG is aptly referred to as the “molecule of the millennium” due to its versatility of application in neurology, cardiology and above all in oncology.

<sup>18</sup>F has some unique advantages over the other conventional PET radionuclides. They include:

- a relatively long half-life allowing longer synthesis time, longer transport from the synthesis laboratory to the patient, and longer PET studies; in addition, if metabolite analyses are needed, the longer half-life enables a wider choice of radioanalytical methods;

-it allows the sharpest imaging with PET as a consequence of its low positron energy; and

-incorporating  $^{18}\text{F}$  into biologically active molecules can be easily achieved via electrophilic and nucleophilic reactions.

Depending on the labelling position, the introduction of a fluorine atom can affect the metabolic properties of the molecule. For example, a fluorine on an aryl group usually has a stabilising effect as well as increasing the lipophilicity of the molecule (Pike 1988; Park and Kitteringham 1994).

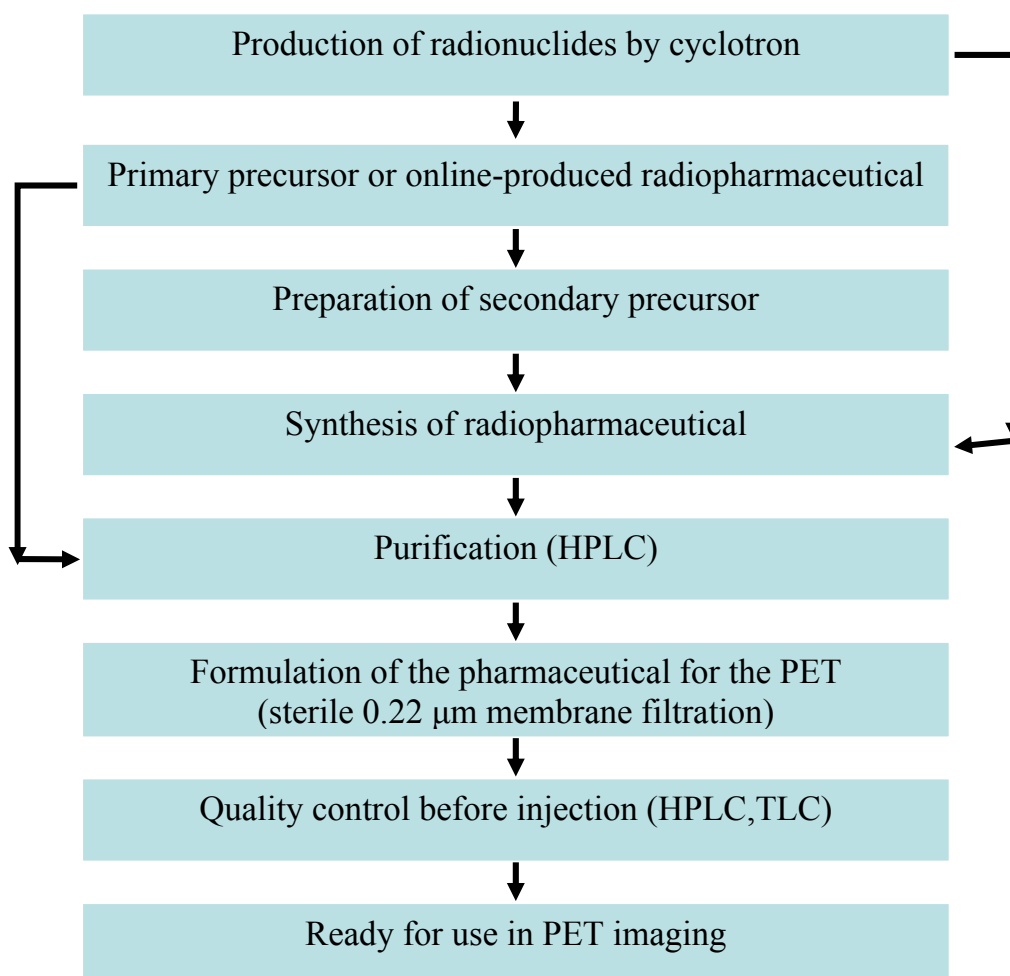
PET is a nuclear imaging technique that uses the unique decay characteristics of radionuclides that decay by positron emission. The annihilation process has a number of very important properties that are advantageous for imaging, and it forms the basis of PET imaging. A PET scanner is designed to detect and localize the simultaneous back-to-back annihilation photons that are emitted following decay of a radionuclide by positron emission. When a radioactive atom on a particular molecule decays, a positron is ejected from the nucleus, and annihilation occurs leading to the emission of high-energy photons that have a good probability of escaping from the body. A PET scanner consists of a set of detectors that surround the object to be imaged and are designed to detect coincident events from annihilation photons and to convert these high-energy photons into an electrical signal that can be fed to subsequent electronics. In a typical PET scan,  $10^6$  to  $10^9$  events (decays) will be detected. These events are corrected for a number of factors and then reconstructed into a tomographic image via computerised analysis of the acquired emission data (Cherry and Dahlbom 2003). Modern PET cameras, which are increasingly directly associated with CT, can rapidly construct scans from several adjacent planes and so provide kinetic and functional as well as structural information from the human body in the same image.

## 2.2 Labelling of radiotracers with short-lived positron emitters

Chemistry with short-lived positron emitting radionuclides, principally  $^{11}\text{C}$ ,  $^{15}\text{O}$ ,  $^{13}\text{N}$ , and  $^{18}\text{F}$ , has increased over the last decades as a consequence of the breakthrough of PET as a powerful, non-invasive technique for investigating pathophysiology in living people. Because of the short half-lives of these radionuclides, they must be produced immediately prior to use; thus, the need for a cyclotron on the site is a necessity. Time is the most important factor when selecting the synthetic strategy, and consequently, the significance of time has to be considered as a reaction parameter of equal importance to that of chemical yield in the planning of a labelling synthesis. For  $^{11}\text{C}$ -labelling, for example, this typically amounts to approximately 10 to 40 minutes for radionuclide production (cyclotron bombardment), 40 minutes for radiotracer synthesis, and up to about 90 minutes for PET imaging. Furthermore, in the synthetic strategy, parameters like the position of specific labelling and specific radioactivity (SA) (especially in receptor studies) are important aspects that require consideration. The label should be ideally in a metabolically stable position (Fowler and Ding 2002; Snyder 2003; Kilbourn 1990; Antoni and Långström 2003; Mason and Mathis 2003; Lasne et al. 2002). In addition, large amounts of radioactivity are needed to compensate for radioactive decay and for the sometimes low synthetic yields; consequently, shielding, remote operations, and automation are of great importance and are thus often integrated

into the experimental design when planning labelling syntheses with short-lived positron emitters (Alexoff 2003).

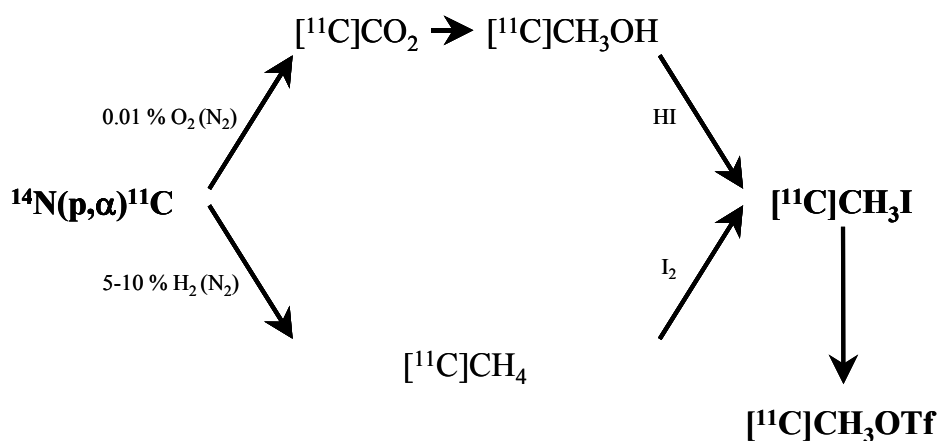
To set up a safe and routine production of a desired radiotracer labelled with a short-lived positron-emitting radionuclide, the several steps depicted in figure 2 have to be completed. Because radiotracers are typically administered intravenously, procedures must be developed following GRP (Good Radiopharmacy Practise) guidelines to yield radiopharmaceuticals that are not only chemically and radiochemical pure but also sterile and free from pyrogens. Special guidelines for the safety, quality assurance, and quality control of short-lived radiotracers have been formulated by several groups of experts (Vera-Ruiz et al. 1990; Meyer 1992; Halldin and Nilsson 1992), and requirements have been increased considerably lasting recent years (EC 2003; EANM 2005; PIC/S 2006). From a biological perspective, the tracer signal in the target should increase to a level significantly above that of the non-specific binding during the time interval of the PET investigation.



**Figure 2.** Major steps in routine preparation of radiopharmaceuticals.

The development of a rapid labelling synthesis is often highly dependent on the availability of suitable labelled precursors. For  $^{11}\text{C}$ -chemistry, the most-used primary

precursors are  $[^{11}\text{C}]\text{CO}_2$  and  $[^{11}\text{C}]\text{CH}_4$ ; regarding secondary precursors,  $[^{11}\text{C}]$ -methyl iodide and  $[^{11}\text{C}]$ -methyl triflate (Jewett 1992; Någren et al. 1995) are the most widely used as alkylation agents for introducing  $^{11}\text{C}$  into organic molecules. Figure 3 shows the routes for preparing  $[^{11}\text{C}]$ -methyl triflate. In  $[^{11}\text{C}]$ -carboxylation the reaction of  $[^{11}\text{C}]\text{CO}_2$  with a Grignard reagent yields the corresponding carboxylic acid.  $[^{11}\text{C}]$ -Acetate has been prepared by direct labelling using methylmagnesium bromide (Pike et al. 1982), whereas the preparation of [carbonyl- $^{11}\text{C}$ ]desmethyl-WAY 100635 (Pike et al. 1997) utilised cyclohexylmagnesium chloride as the Grignard reagent for generation of a labelling agent preceding acylation of the precursor.



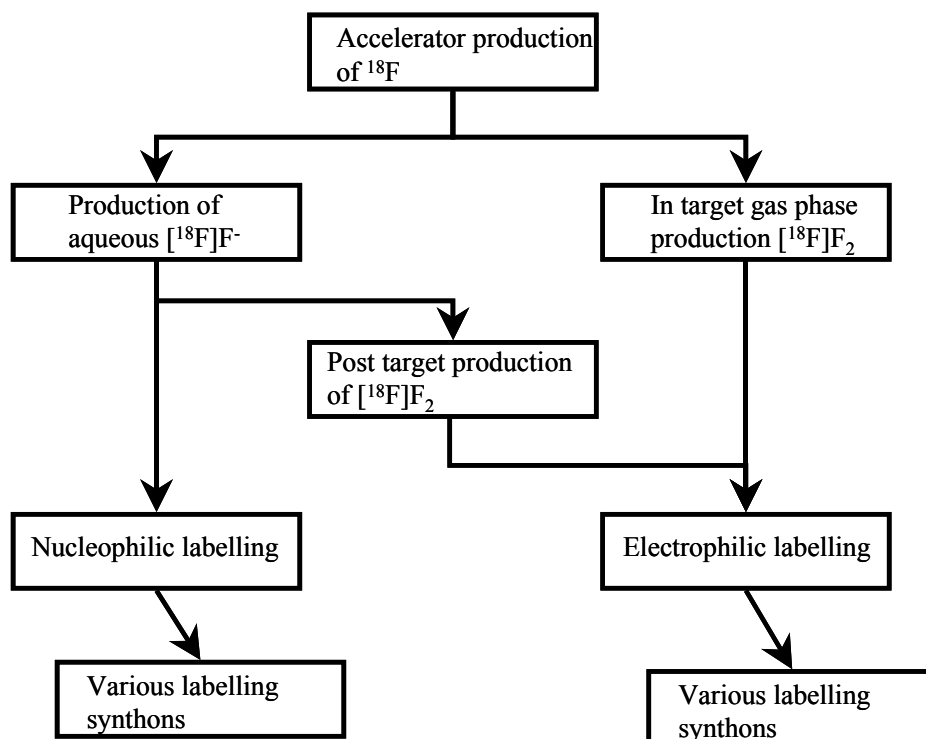
**Figure 3.** Production of  $[^{11}\text{C}]$ -methyl triflate from  $[^{11}\text{C}]\text{CO}_2$  or  $[^{11}\text{C}]\text{CH}_4$ .

The 10 min half-life of  $^{13}\text{N}$  limits still more the reaction time available and creates an unusual challenge for the development of synthesis methods and strategy for its incorporation into suitable PET tracers. Both synthetic and enzymatic approaches have been applied to the preparation of  $^{13}\text{N}$ -labelled radiotracers. The most used is the myocardial perfusion tracer  $[^{13}\text{N}]\text{NH}_3$ , which can be produced by reduction of  $^{13}\text{N}$ -nitrate and nitrite in appropriate conditions (Vaalburg et al. 1975). Nowadays  $[^{13}\text{N}]\text{NH}_3$  is produced directly by on-line processing of the irradiated water (Wieland et al. 1991; Berridge and Landmeier 1993; Krasikova et al. 1999). Preparation of oxygen-15, which has a very short half-life of only 2 min, provides the ultimate challenge in organic synthesis. Despite the very short half-life, tracers such as  $[^{15}\text{O}]\text{O}_2$  and  $[^{15}\text{O}]\text{CO}_2$  for determination of cerebral blood flow, oxygen extraction fraction and oxygen metabolism are produced (Clark and Buckingham 1975) and administered for patients by inhalation.  $[^{15}\text{O}]\text{H}_2\text{O}$  (Clark and Buckingham 1975) and  $[^{15}\text{O}]\text{butanol}$  (Kabalka et al. 1985) are used for cerebral blood flow measurement, and  $[^{15}\text{O}]\text{butanol}$  has been shown to be a more accurate tracer than labelled water (Berridge et al. 1990).

Labelling using fluorine-18 is presented more specifically in chapter 2.3.

## 2.3 Labelling of radiotracers with fluorine-18

Although fluorine is not an element in living organisms, fluorine-18 has proved to be an ideal tracer for PET because of its intermediate half-life and low  $\beta$ -energy (Table 1). Its relatively long half-life compared to, for example, that of carbon-11 or oxygen-15, allows for a more complex synthesis of radiotracers to be carried out within the decay time of the radionuclide; moreover, the low energy of the positron gives the highest potential resolution for PET scans. Fluorine-18 is generally produced in a cyclotron via the reaction  $^{20}\text{Ne}(d,\alpha)^{18}\text{F}$  or  $^{18}\text{O}(p,n)^{18}\text{F}$  nuclear reactions (Schlyer 2003). The availability of either labelled molecule  $[^{18}\text{F}]\text{F}_2$  or  $[^{18}\text{F}]\text{F}^-$  allows flexibility in the development of synthetic routes to organic compounds (Figure 4). However,  $[^{18}\text{F}]\text{F}^-$ , which is available in a no-carrier-added (NCA) form and thus with high specific radioactivity (SA), is preferred for most tracer applications. SA is defined as the amount of radioactivity per unit mass of the labelled compound, and it is a major factor in PET studies. It is important to keep the amount of carrier material as low as possible to achieve a high SA in the final preparation. SA of 37-740 GBq/ $\mu\text{mol}$  for nucleophilic fluoride (Solin et al. 1988) and a maximum SA of 0.74 GBq/ $\mu\text{mol}$  for electrophilic fluorine (Chiracal et al. 1995) have been measured. However, using the production method of Bergman and Solin (1997), a SA for electrophilic fluorine as high as 30 GBq/ $\mu\text{mol}$  can be achieved (Table 1). Nevertheless, the theoretical SA of fluorine-18 is still approximately one decade lower than that of carbon-11. In practise, however, the measured specific activity of 37-185 GBq/ $\mu\text{mol}$  (Långström and Dannals 1995) for carbon-11 is of about the same magnitude as achieved using  $^{18}\text{O}$ -water targets for producing fluorine-18 (Table 1).



**Figure 4.** Summary of synthesis routes for fluorine-18 labelled radiotracers.

Radiotracers with very high SA are required for receptor- and gene expression-related studies, and for pharmacologic studies of fluorine-containing drugs that can be rather toxic (Stöcklin 1995). Furthermore, other essential demands are imposed on a radiotracer candidate in receptor studies. For example, when labelling receptors in the brain the compound must cross the blood brain barrier with rapid clearance from the blood. The tracer must have a high affinity constant ( $K_d$ ) and a high specificity for the site of the interest. Its metabolism should be slow and the binding kinetics should be such that the clearance from the binding site of the interest is slower than that from non-specific binding sites (Långström and Dannals 1995, Barrio 2004).

### 2.3.1 Nucleophilic radiofluorination

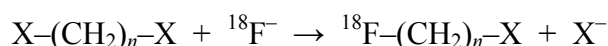
In nucleophilic radiofluorination, a precursor molecule reacts with  $^{18}\text{F}^-$  to produce a radiolabelled compound. The  $^{18}\text{F}$ -fluoride ion is first received in an aqueous solution from the  $^{18}\text{O}$ -water target after irradiation. However, fluoride in its aqueous form is quite unreactive and requires some simple but important manipulations.  $[^{18}\text{F}]\text{F}^-(\text{aq})$  must be dissolved in an organic solvent and transferred into a chemically more reactive form to achieve more reasonable reaction times and better synthesis yields. Usually potassium is used as a counter-ion, and aminopolyethers, e.g. 4,7,13,16,21,24-hexaoxa-1,10-diazabicyclo(8,8,8)-hexacosane (Kryptofix 222) (Hamacher et al. 1986a) or tetra-alkylammonium salts are used as complexing agents for dissolving  $^{18}\text{F}^-$ . The labelling reactions are performed in dipolar aprotic solvents such as DMSO, acetonitrile, or DMF. Nucleophilic radiofluorinations are used in aliphatic and aromatic substitution reactions.

Pertinent aliphatic reactions are mainly  $\text{S}_{\text{N}}2$ -displacements. The leaving groups in the molecules can be, for example, methanesulfonate (mesyl-) (Berridge and Tewson 1986), p-toluenesulfonate (tosyl-) (Block et al. 1987) or trifluoromethanesulfonate (triflyl-) (Hamacher et al. 1986a) and halogens (Berridge and Tewson 1986; Johnström and Stone-Elander 1995). Amongst the halogens bromine has shown to be the most reactive in, for example, the preparation of  $\omega$ - $[^{18}\text{F}]$ fatty acids or their analogues (DeGrado et al 2000a; Takahashi et al. 1991). The incorporation rate of  $^{18}\text{F}$ -fluoride is not the only important factor when choosing the appropriate leaving group. The choice also depends on the stability of the precursors, the ease of the subsequent purification process, or the formation of side products.

Nucleophilic aromatic substitution where  $^{18}\text{F}$  is substituted for a proper leaving group has become a method used widely in  $^{18}\text{F}$ -chemistry (Ding et al. 1990). Aromatic rings themselves are not suitable for nucleophilic substitution with fluoride, but if the aromatic ring is activated by the presence of one or more electron-withdrawing groups in ortho- or para- positions to the leaving group a direct nucleophilic exchange is possible (Attina et al. 1983). Substituents such as  $\text{NO}_2$ ,  $\text{CN}$ ,  $\text{CHO}$ , or  $\text{COCH}_3$  can function as strong electron-withdrawing groups. A variety of leaving groups are used, and nitro- and trimethylammonium groups are the most used and efficient in aromatic substitutions with fluoride-18 (Snyder and Kilbourn 2003). Simple isotopic exchange between  $^{18}\text{F}$ -fluoride and  $^{19}\text{F}$ -fluoride can be rapid but results in low SA and is therefore not suitable in cases where high SA is needed. A direct one-pot nucleophilic  $^{18}\text{F}$ -for- $\text{NO}_2$  substitution of the nitro precursor is often well suited for routine preparation of

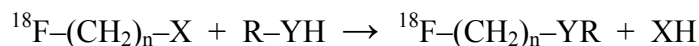
radiotracers such as [ $^{18}\text{F}$ ]aryl fluorides, [ $^{18}\text{F}$ ]altanserin (Lemaire et al. 1991) and [ $^{18}\text{F}$ ]butyrophenone neuroleptics (Hamacher et al. 1986b; Katsifis et al. 1993).

Direct nucleophilic substitution is in many cases difficult and sometimes impossible to carry out in certain complex and multisubstituted molecules that have not been activated. An alternative method then is two-step synthesis. Firstly, [ $^{18}\text{F}$ ]fluorinated synthons are prepared by introducing NCA  $^{18}\text{F}^-$  through nucleophilic substitution into disubstituted alkanes by exchange with a leaving group, X:



where X is Br, OMes or OTos.

The means for an efficient reaction is to render fluoride into a reactive form using potassium carbonate and aminopolyether Kryptofix 222 as a complexing agent in a dipolar aprotic solvent such as DMF or acetonitrile. The substitution yield increases in the sequence of leaving groups  $\text{Br} < \text{OMes} < \text{OTos}$  and with increasing alkyl chain length (Block et al. 1987). Fluoroalkylation makes it subsequently possible in the second synthesis step to introduce [ $^{18}\text{F}$ ]fluoroalkyl groups into NH, OH and SH functionalities:



where Y is a functional group containing N, O or S.

The use of [ $^{18}\text{F}$ ]fluorobromoalkanes (Lundkvist et al. 1997; Firnau et al. 1995) or [ $^{18}\text{F}$ ]fluorotosylalkanes (Kazumata et al. 1998; Goodman et al. 2000; Koivula et al. 2005a) in nucleophilic fluoroalkylations of cocaine analogues have been reported. A new alkylating agent dibrosylate has been used to synthesize DAT-ligand 2 $\beta$ -carbomethoxy-3 $\beta$ -(4-chlorophenyl)-8-(2-fluoroethyl)nortropane (FECNT) using a semi-automated system (Voll et al. 2005).

At present, the reactive [ $^{18}\text{F}$ ]fluoride ion can be in general prepared in an organic solvent suitable for chemical synthesis. Utilisation of good commercial sources of  $^{18}\text{O}$ -water and of cyclotron targets made of metals such as niobium, tantalum and silver have removed the problems encountered earlier with the nonreactive fluoride ion (Snyder and Kilbourn 1990). Competing anions in target water seem particularly to diminish the reactivity of redissolved [ $^{18}\text{F}$ ]fluoride (Solin et al. 1988). Even though many of the problems have disappeared and a wide range of different nucleophilic reactions have been studied and used for the synthesis of radiotracers, labelling seems to be highly molecule specific, thus demanding a considerable effort to achieve the desired labelled radiotracer.

### 2.3.2 Electrophilic radiofluorination

Molecular fluorine ( $F_2$ ) is very reactive in electrophilic fluorination. Electrophilic fluorine-18 labelled fluorine gas ( $[^{18}F]F_2$ ) can be produced only in carrier-added form, because a small amount of carrier fluorine must be used to recover the gas from the radionuclide production target. Two processes are mainly used for production of electrophilic  $[^{18}F]F_2$ . One method utilizes the  $^{20}Ne(d,\alpha)^{18}F$  process (Casella et al 1980) and the other the  $^{18}O(p,n)^{18}F$  reaction in oxygen-18 gas. In the latter case a two step procedure is needed: irradiation of oxygen-18 gas to form  $^{18}F$ , which attaches to the inside of target surface, followed by a second irradiation in the presence of small amount of carrier fluorine in an inert gas. By this method  $[^{18}F]F_2$  of moderate SA can be obtained that is suitable for electrophilic radiofluorination reactions (Nickles et al. 1984).  $^{18}F$ -fluorine from  $F_2$  is so reactive that in many cases it must be moderated using an inert gas or through synthesis of a milder fluorinating agent. Acetylhypofluorite is the most well known of these agents, but others, such as perchloryl fluoride and fluoro-N-alkylsulfonamides, have been used. In electrophilic aliphatic fluorination,  $F_2$  is attached to an electron-rich reactant such as an alkene. Electrophilic fluorination is relatively easy and fast compared to nucleophilic fluorination. Regioselective aromatic fluorinations can be achieved using  $[^{18}F]$ fluorodemetalation reactions. In these syntheses, fluorine replaces a metal substituent such as trialkyltin or mercuryl halide. The preparation of 6- $[^{18}F]$ fluoro-L-DOPA, one of the earliest  $^{18}F$ -labelled compounds proposed as an imaging agent of the dopamine system in CNS (Firnau et al. 1973), has been labelled by using fluorodemercuration (Adam and Jivan 1988) or by fluorodestannylation (Namavari et al. 1992). The limiting factor for the more widespread use of electrophilic fluorination has been the low SA of the fluorine gas produced by gas phase target materials. Better yields and higher SA are achieved when converting NCA  $[^{18}F]$ methyl fluoride to  $[^{18}F]F_2$  in an exchange reaction with  $F_2$  by an electrical discharge (Bergman and Solin 1994; Bergman et al. 1995; Bergman and Solin 1997; Bergman et al. 1997).

## 2.4 PET tracers for dopamine transporter

The dopamine transporter is a presynaptically located protein responsible for the reuptake and thus the removal of dopamine from the synaptic cleft. DAT can therefore serve as a marker for dopaminergic neurons, a possibility that has resulted in considerable interest in studies of this transporter in the human brain. Several studies have shown that DAT density is reduced in patients with degeneration disorders, such as Parkinson's disease and Alzheimer's disease, indicating decreased densities of the dopamine neurons.

$\beta$ -CFT-FP is the N-fluoropropyl analogue of the cocaine congener  $\beta$ -CFT (2 $\beta$ -carbomethoxy-3 $\beta$ -(4-fluorophenyl)tropane). Several cocaine analogues have been labelled with fluorine-18 and carbon-11 and used in PET studies to evaluate the physiology and pharmacology of the central DAT *in vitro* and *in vivo* (Carroll et al. 1995). However, poor selectivity or/and unfavourable kinetics of most of the compounds limit their use in quantitative PET. The cocaine analogue  $\beta$ -CIT has been suggested as a lead structure in the development of radiotracers for DAT. However, radiolabelled  $\beta$ -CIT itself has proven unsuitable for PET because it does not reach peak equilibrium within the time course of the PET experiment (Farde et al. 1994).  $\beta$ -CFT



has been labelled with either  $^{11}\text{C}$  (Wong et al. 1993) or  $^{18}\text{F}$  (Haaparanta et al. 1996; Rinne et al. 1999). Radiolabelled  $\beta$ -CFT has higher selectivity and faster kinetics than  $\beta$ -CIT, but the time to reach peak equilibrium is still too slow. This is particularly true for the  $^{11}\text{C}$ -analogue, [ $^{11}\text{C}$ ] $\beta$ -CFT (Wong et al. 1993).

Two N-fluoroalkyl analogues of  $\beta$ -CIT, which reach peak equilibrium more rapidly, have also been developed for PET (Chaly et al. 1996; Halldin et al. 1996; Lundkvist et al. 1997). These two analogues, N-(3-fluoroethyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-iodophenyl)nortropine ( $\beta$ -CIT-FE) and N-(3-fluoropropyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-iodophenyl)nortropine ( $\beta$ -CIT-FP), are more selective for DAT than the parent compound  $\beta$ -CIT (Günther et al. 1997) but still have considerable affinity for the serotonin reuptake site. The estimated order of selectivity for DAT is  $\beta$ -CIT-FP >  $\beta$ -CIT-FE >  $\beta$ -CIT. A fluorine analogue, N-(3-fluoropropyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-fluorophenyl)nortropine ( $\beta$ -CFT-FP), labelled with fluorine-18 has in preliminary experiments indicated accumulation in the rat striatum (Firnau et al. 1995). Altogether, it is suggested that  $\beta$ -CFT-FP should have higher selectivity for DAT and should reach peak equilibrium faster than the cocaine analogues mentioned above (Kämäräinen et al. 2000).

## 2.5 PET tracers for hypoxia

Misonidazole (MISO) and its derivatives have been shown to accumulate in hypoxic but viable cells (Jerabek et al. 1986; Hodgkiss 1998). Consequently their radiolabelled analogues are used as markers of hypoxic tissues (Jerabek et al. 1986; Rasey et al. 1987, Koh et al. 1992; Martin et al. 1992; Rasey et al. 1996; Varagnolo et al. 2000; Grönroos et al. 2001; Lehtiö et al. 2003). They bind covalently to cellular molecules at rates that are inversely proportional to intracellular oxygen concentration, and their uptake in hypoxic cells is dependant on the reduction of the nitro group on the imidazole ring. Nitroimidazoles are reduced intracellularly in all viable cells and have an established use in the treatment of anaerobic infections. In aerobic cells, the reduced nitroimidazole is immediately re-oxidised and washed out rapidly. By contrast, in cells with a low oxygen concentration, the re-oxidation is slowed, allowing further reductive reactions to take place. This leads to the formation of reactive products that can covalently bind to cell components or are charged and thus diffuse more slowly out of the tissue. However, despite intensive studies the binding mechanism of nitroimidazole compounds to hypoxic cells is not fully understood; thus, validation of the models determining the hypoxic cell fraction still requires further investigation (Hodgkiss 1998).

PET and [ $^{18}\text{F}$ ]FMISO can help to estimate the oxygenation status of tumours in any part of the body. The tracer has also been used to study the relative hypoxic volume of tumours during the course of radiation treatment (Eary and Krohn 2000). Recently, improvement in response to treatment with new selective experimental chemotherapy agents has been observed by using [ $^{18}\text{F}$ ]FMISO and PET (Eary and Krohn 2000). Despite some disadvantages, [ $^{18}\text{F}$ ]FMISO is now the most used radiotracer of the MISO derivatives in humans (Koh et al. 1992; Valk et al. 1992, Rajendran et al. 2003; Coutier et al. 2004) even though its more hydrophilic derivative fluoroerythronitroimidazole (FETNIM) has been labelled and widely used (Yang et al. 1995; Grönroos et al. 2001). In addition, various fluorinated analogues such as [ $^{18}\text{F}$ ]FETA (Rasey et al. 1999),

[<sup>18</sup>F]EFI (Kachur et al. 1999), [<sup>18</sup>F]EF5 (Dolbier et al. 2001; Coutier et al. 2004; Grönroos et al. 2004; Grönroos et al. 2005) and [<sup>18</sup>F]FAZA (Kumar et al. 2002) have been labelled, but there are no data available regarding their use in human studies.

## 2.6 Radioanalytical techniques

Chromatography of radiolabelled compounds is an important stage in the synthesis both for the separation and purification and for analysis of labelled compounds. Furthermore, it is needed for determination of radiochemical purity of the synthesis end-product (Vera-Ruiz et al. 1990; Meyer et al. 1992). Chromatographic separations may be regarded as falling into two classes: static and dynamic. TLC and HPTLC fall into the first class. In these techniques, radioactivity after migration is distributed statically on the plates and is subsequently determined using an appropriate detection method. Gas, liquid and high performance liquid chromatography (GC, LC and HPLC, respectively) are the major techniques in the second class. With these techniques, the sample components are eluted from a column within the mobile phase, and radioactivity is detected during elution in the column; when determining sample components, fractions are collected on the column outlet and radioactivity is subsequently measured.

At present, for purification of labelled, and often complicated, radiotracers HPLC systems are necessary. Besides the above-mentioned methods, for analysis and quality control of labelled compounds TLC combined with a proper radioactivity detection measurement system is a good choice (Vera-Ruiz et al. 1990; Meyer et al. 1992). RadioTLC is in several cases the method of choice because the chemical resolution of planar chromatographic methods such as TLC and HPTLC is comparable to that of HPLC (Wilson 1996). However, limitations in quantitative analysis of radioactivity distributed on the TLC plates can be encountered when (1) both high and low amounts of radioactivity are present on the plate, (2) the resolution of the radioactive spots is poor, and (3) the radionuclide is short-lived, and the sample handling and radioactivity analysis are time consuming.

The type of radioactive decay in a study is a determining factor when choosing the appropriate detection method of radioactivity. If  $\beta^+$ - or  $\beta^-$ -emitter labelled synthesis products in complicated mixtures have to be analyzed by TLC, three common detection methods of radioactivity are available: radioactivity scanning, film autoradiography and digital PSL autoradiography. A radioactivity scanning method is a rapid detection method and widely used in radiopharmaceutical laboratories (Solin 1983; Koivula et al. 2005a). Film autoradiography is an old technique that does not require expensive systems (Kubota et al. 1999). Digital PSL autoradiography is a novel technique, its use has increased from the beginning of the 1990s (Okuyama et al. 1993; Shigematsu et al. 1995; Klebovich et al. 1997; Haaparanta et al. 2006). When using HPLC systems both for purification and analytical aims, certain radioactivity detector types specially designed for positron emitters are used, and peak areas can be automatically analyzed using an integrator.

## 2.7 Preclinical methods for PET tracer evaluation

Before PET studies in humans, the compounds labelled with short-lived positron emitters have to be evaluated in various *in vivo* and *in vitro* models to determine their suitability as PET tracers. This work is carried out as soon as the tracer is available from radiochemistry studies (Maziere et al. 1992; Lambrecht 1996; Gambhir 2004).

Ligands are studied with regard to their pharmacokinetic properties. The biodistribution into tissues as a function of time is determined. The calculation of percent uptake per gram of tissue, and for the total organ, and the determination of target to non-target ratios are included. Furthermore, selectivity and specificity for the process of interest are examined. The clearance time of the radioactivity substrate and its radioactive metabolites from the blood is also part of the screening studies. Methods include *ex vivo* organ counting for radioactivity distribution, *in vitro* digital autoradiography of brain cryomicrotome slices for initial selectivity and specificity determinations, *ex vivo* digital autoradiography of cryomicrotome slices for absolute radioactivity uptake, and distribution determinations. (Okuyama et al. 1993; Lundkvist et al. 1995; Haaparanta et al. 1996; Lundkvist et al. 1997; Sihver et al. 1999; Haaparanta et al. 2004; Haaparanta et al. 2006). Profiles for radioactive metabolites are studied in small animal models with the goal of developing methods for the analysis of samples from humans (Dupois et al. 2004). For determination of metabolic rate, microdialysis is a good method for continuous *in vivo* sampling of compounds in biological fluids, tissues, and organs of the body (Ungerstedt 1991; Verbeeck 2000; Haaparanta et al. 2004; Haaparanta et al. 2006; Haaparanta 2006). In conjunction with these studies, various immunohistochemical and histological staining techniques are used to determine for example receptor densities and distribution (Lambrecht 1996).

Preclinical experiments using radiotracers can be divided into three different categories.

***In vitro***: Post-mortem tissue slices or tissue homogenates are incubated with the labelled compound in well-defined conditions.

***Ex vivo***: Biological processes are studied with living subjects, but samples are collected post mortem.

***In vivo***: Biological processes are studied with living subjects, and samples are collected during the study.

### 2.7.1 Preclinical evaluation of a new dopamine transporter tracer

Changes in DAT densities are known to be involved in many neurological and psychiatric disorders like Alzheimer's disease, Parkinson's disease, depression and panic disorder. During the development of new DAT tracers various *in vitro*, *ex vivo* and *in vivo* preclinical studies are performed to study the radiopharmacokinetics of potential radiotracers to the monoamine reuptake sites.

Many cocaine analogues have higher affinity to DAT than cocaine itself. Since it was found that there is marked decrease of [<sup>3</sup>H]CFT binding sites post-mortem in the striata of brains of patient of Parkinson's disease, CFT and CFT analogues came into focus to study DAT nerve terminals in man (Kaufman and Madras 1991). CFT labelled with

carbon-11 has been synthesized, but because of short half-life of carbon-11 ( $T_{1/2} = 20.4$  min), no equilibrium is reached during the PET investigation. CFT labelled with fluorine-18, which has longer half-life than  $^{11}\text{C}$  in preclinical studies (Haaparanta et al. 1996) and CFT-FP (Firnau et al. 1995) proved to be promising radiotracers for PET studies of DAT systems.

Post-mortem human brain slices can be used *in vitro* for determination of initial specificity and selectivity of radiotracer for DAT in striatum, where the caudate nucleus and putamen are situated, and in regions known to have high DAT density. The whole-hemisphere autoradiography technique provides images with high resolution and is therefore suitable for detailed information of radiotracer uptake and receptor distribution in human brain. Moreover, regional studies on the binding to the other monoamine transporters can be studied simultaneously.

In regional distribution studies of the radiotracer in the animal brain the radiotracer is injected in animals and at the specified times the animals are killed and the brains dissected, cut with a cryostat microtome held at  $-16\text{ }^{\circ}\text{C}$  and prepared for autoradiographic studies. The absolute uptake of radioactivity can also be determined in the selected brain areas (Haaparanta et al. 1996; Firnau et al. 1995). In addition the animals can be pre-treated with a selective DAT compound like GBR 12909 (1-(2[bis-(4-fluorophenyl)methoxy]ethyl)-4-(3-phenylpropyl)piperazine dihydrochloride), which inhibits the binding of the radiotracer to DAT-rich areas, thus indicating whether or not non-specific binding exists. Moreover, in competing studies, the effect of a selective serotonin transporter (SERT) compound like norzimeldine on the specific binding of the radiotracer can be examined.

### **2.7.2 Preclinical use of a hypoxia tracer**

The presence of hypoxic cells in tumours is thought to be a major factor limiting efficacy of radiotherapy. Identification of tumour tissue hypoxia will be of importance for individual treatment planning and monitoring as well as predicting the prognosis of the cancer. For non-invasive detection of hypoxia, radiolabelled 2-nitroimidazoles (2-NIM) have been proposed, and a variety of MISO analogues have been labelled with fluorine-18 and used in preclinical evaluations (Grönroos et al. 2001; Grönroos et al. 2004; Grönroos et al. 2005). PET imaging using one of the most extensively studied hypoxia markers [ $^{18}\text{F}$ ]FMISO allows non-invasive assessment of tumour hypoxia. Because of the high incidence of hypoxia as a unique tumour characteristic, chemotherapy agents that operate as radiation sensitizers are being developed to selectively target hypoxic cells; subsequently, improvement in treatment response using FMISO PET has been observed in clinical trials (Eary and Krohn 2000).

In preclinical studies, animal models are used with the aim of developing methods for analysis of samples from humans (Dupois et al. 2004; Wyss et al. 2006). The cellular complexity of humans requires research and testing on animals that are similar to humans to attain reliable and effective results. In animal models, the normative biology or a spontaneously induced pathological process can be investigated. Estramustine phosphate (EMP) has originally been used as an anti-mitotic drug against advanced, hormone-independent prostate cancer and has in recent years also been adopted for use in other carcinomas and neurological malignancies. In addition, it has proven to

sensitize cancer cells to radiotherapy (Widmark et al. 1994). In an experimental small animal model, in human prostate cancer xenografts, the uptake of the hypoxia marker FMISO and a level of tumour hypoxia before and after introduction of the radiosensitizer EMP and radiotherapy can be evaluated. After sacrificing the animals, the biodistribution of FMISO into tissues in different experimental conditions can be determined by measuring the radioactivity of various tissue samples by gamma-counting. The uptake value indicates the phase of the disease or, for example, the effect of the estramustine and radiation treatment. This information will be valuable in planning clinical PET studies.

To obtain information complementary to distribution studies, immunohistochemical analysis is used (Cher et al. 2006). Immunohistochemistry is a technique for identification of cellular or tissue constituents (antigens) by means of antigen–antibody interactions that are visualized by a fluorescence dye or enzyme. Subsequently, the immunostained sections are viewed by means of microscopic techniques. Immunohistochemistry allows examination of the relationship between imaging studies and hypoxic markers at the subcellular level.

### 3 Aims of the study

The general aim of this study was to develop the synthesis, radioanalysis and utilization of two important fluorine-18 labelled radiotracers.

The following objectives were set:

1. To develop an optimized synthesis method for [ $^{18}\text{F}$ ] $\beta$ -CFT-FP.
2. To evaluate the distribution of human dopamine transporters using whole hemisphere autoradiography and [ $^{11}\text{C}$ ] $\beta$ -CFT-FP.
3. To optimize the synthesis parameters of [ $^{18}\text{F}$ ]FMISO and automate the synthesis for prospective, multiple, human PET studies.
4. To evaluate uptake of [ $^{18}\text{F}$ ]FMISO in mice bearing prostate cancer with and without treatment with the radiation sensitizer estramustine and radiotherapy.
5. To evaluate and compare three methods for radioactivity detection on TLC plates: radioactivity scanning, film autoradiography, and PSL autoradiography for identification and purity determinations of labelled compounds.

## 4 Materials and methods

### 4.1 Chemicals and reagents

2 $\beta$ -Carbomethoxy-3 $\beta$ -(4-fluorophenyl)tropane ( $\beta$ -CFT), 2 $\beta$ -Carbomethoxy-3 $\beta$ -(4-fluorophenyl)nortropane (nor- $\beta$ -CFT), N-(3-Fluoropropyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-fluorophenyl)nortropane ( $\beta$ -CFT-FP) and N-(3-Fluoropropyl)-2 $\beta$ -carboxylic acid-3 $\beta$ -(4-fluorophenyl)nortropane ( $\beta$ -CFT-FP-acid) were prepared at the University of Kuopio, Department of Chemistry (Paper I). The inactive precursor of fluoromisonidazole was a gift from Roche (Nutley, NJ, USA) (Paper II). Test compound *p*-[<sup>18</sup>F]MPPF's (4-[<sup>18</sup>F]fluoro-N-[2-[1-(2-methoxyphenyl)-1-piperazinyl]ethyl-N-2-pyridinyl-benzamide), inactive precursor 4-nitro-N-[2-[1-(methoxyphenyl)-1-piperazinyl]ethyl]-N-2-pyridinylbenzamide (*p*-MPPNO<sub>2</sub>), and reference standard (*p*-MPPF) were synthesized in the Karolinska Institute (Department of Clinical Neuroscience, Psychiatry Section, Karolinska Hospital) Stockholm, Sweden (Paper IV).

All other chemicals, reagents, and TLC plates were obtained from commercial sources and were of analytical grade. The details of the materials are given in the original papers (I-IV).

### 4.2 Production of [<sup>18</sup>F]F<sup>-</sup> and [<sup>11</sup>C]CO<sub>2</sub>

[<sup>18</sup>F]Fluoride was produced by the nuclear reaction <sup>18</sup>O(p,n)<sup>18</sup>F at Karolinska Hospital with a Scanditronix RNP 16 cyclotron using 16 MeV protons, and with a tandem van de Graaf accelerator (Department of Physics, University of Helsinki) with 9.6 MeV protons. It was also produced at the radiochemistry laboratory of the University of Helsinki with a Cyclone 10/5 cyclotron using 10 MeV protons. [<sup>11</sup>C]Carbon dioxide was produced at the Karolinska Hospital with the Scanditronix RNP cyclotron using 16 MeV protons by the <sup>14</sup>N(p, $\alpha$ )<sup>11</sup>C nuclear reaction on nitrogen.

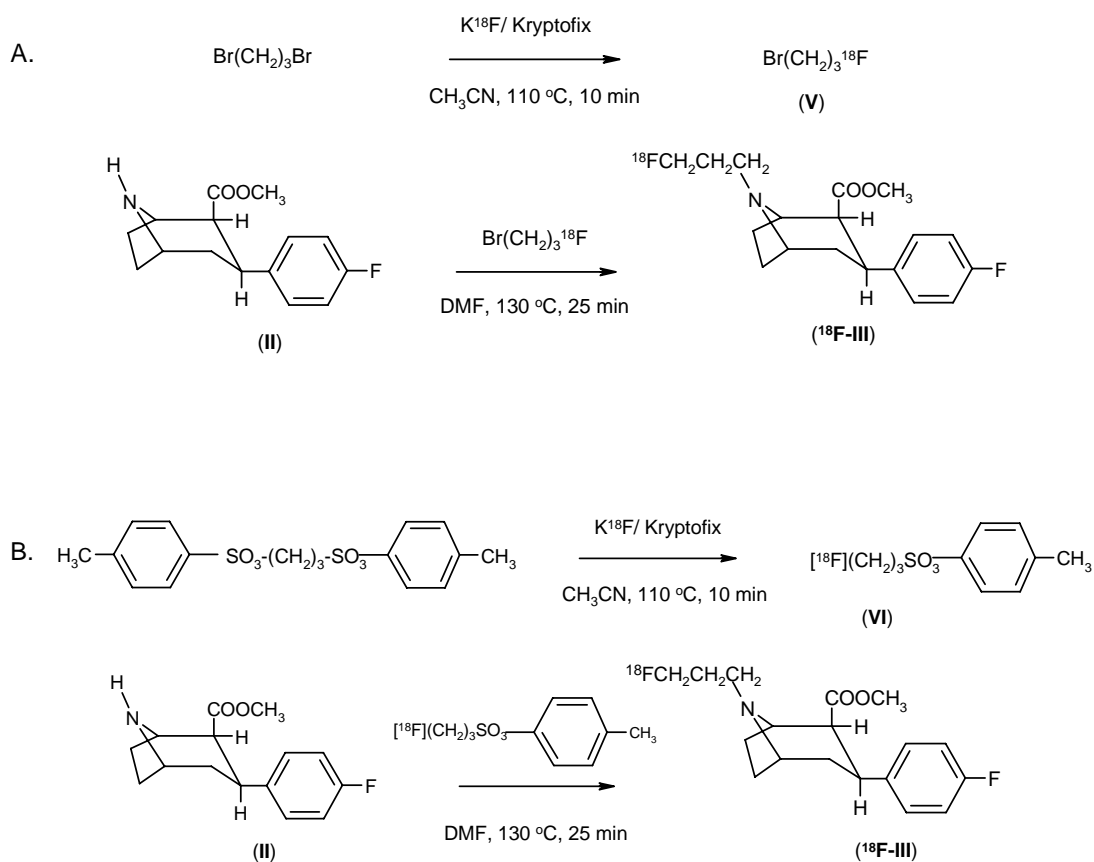
### 4.3 Synthesis and automation of PET tracer production

#### 4.3.1 Synthesis of [<sup>18</sup>F] $\beta$ -CFT-FP and [<sup>11</sup>C] $\beta$ -CFT-FP (Paper I)

*Preparation of [<sup>18</sup>F] $\beta$ -CFT-FP (<sup>18</sup>F-III) via [<sup>18</sup>F]fluoropropyl bromide (V) (Figure 5A).* The synthesis of <sup>18</sup>F-III was performed by N-fluoroalkylation of nor- $\beta$ -CFT (II) with [<sup>18</sup>F]fluoropropyl bromide, according to the synthesis method of Lundkvist et al. (1997). In the first step, 1,3-dibromopropane (20 mg) in acetonitrile (500  $\mu$ l) was reacted with dried residue of NCA Kryptofix 222/K<sup>+</sup>[<sup>18</sup>F]F<sup>-</sup> complex. In the second step of the synthesis after Sep-Pak purification, the purified alkylating agent [<sup>18</sup>F]fluoropropyl bromide was collected in DMF and then distilled into another vessel containing the precursor nor- $\beta$ -CFT in DMF with or without potassium carbonate (2–3

mg). After the reaction the crude product was purified with HPLC. The synthesis is described in detail in paper I.

**Preparation of [ $^{18}\text{F}$ ]β-CFT-FP ( $^{18}\text{F}$ -III) via [ $^{18}\text{F}$ ]fluoropropyl tosylate (VI) (Figure 5B).** The labelling procedure was only slightly different than described above in the preparation via [ $^{18}\text{F}$ ]fluoropropyl bromide. In the first step of the synthesis, 1,3-propanediol di-p-tosylate (2–3 mg) in acetonitrile (500 μl) was reacted with a dried residue of NCA Kryptofix 222/ $\text{K}^+[\text{F}^-]$  complex. After Sep-Pak purification, the labelling agent [ $^{18}\text{F}$ ]fluoropropyl tosylate was transferred into another reaction vessel containing the precursor nor-β-CFT (2 mg). The crude product was analysed with HPLC. The synthesis is described in detail in paper I.

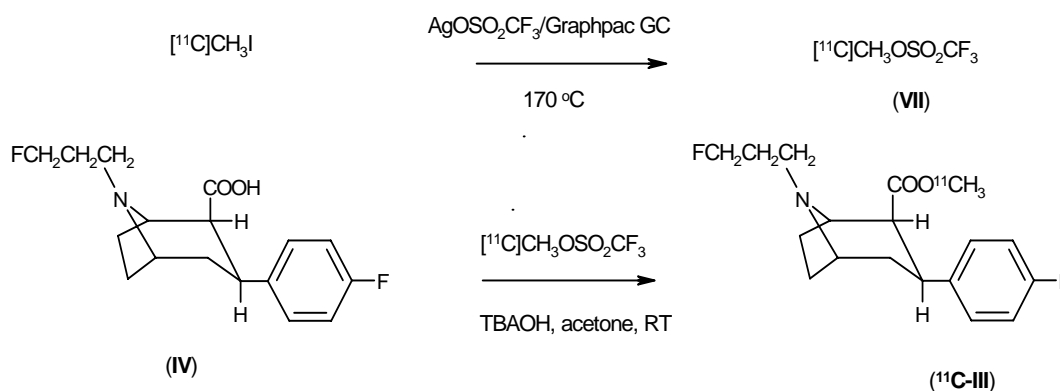


**Figure 5.** Radiolabelling of [ $^{18}\text{F}$ ]β-CFT-FP ( $^{18}\text{F}$ -III) starting from nor-β-CFT (II) and using [ $^{18}\text{F}$ ]fluoropropyl bromide (V) (A) or [ $^{18}\text{F}$ ]fluoropropyl tosylate (VI) as the labelling precursor (B).

**Preparation of [ $^{11}\text{C}$ ]β-CFT-FP ( $^{11}\text{C}$ -III) (Figure 6).** [ $^{11}\text{C}$ ]β-CFT-FP ( $^{11}\text{C}$ -III) was labelled by esterification of the corresponding carboxylic acid (IV) using [ $^{11}\text{C}$ ]methyl triflate (VII) (Jewet 1992; Någren et al. 1995; Lundkvist et al. 1998). [ $^{11}\text{C}$ ]Methyl iodide was prepared from cyclotron-produced [ $^{11}\text{C}$ ]carbon dioxide and passed through a heated soda glass column (oven temperature, 170 °C) containing silver-triflate-impregnated graphitised carbon. Subsequently, [ $^{11}\text{C}$ ]methyl iodide was converted to the [ $^{11}\text{C}$ ]methyl triflate (VII) (Figure 6). [ $^{11}\text{C}$ ]β-CFT-FP was prepared by esterification of



$\beta$ -CFT-FP carboxylic acid (**IV**) with [ $^{11}\text{C}$ ]methyl triflate (**VII**). No extra reaction time or heating was necessary. After completion of reagent trapping (3–4 min), the crude product was purified with HPLC. The synthesis is described in detail in paper I.



**Figure 6.** Preparation of [ $^{11}\text{C}$ ]methyl triflate (**VII**) from [ $^{11}\text{C}$ ]methyl iodide and its use in labelling of [ $^{11}\text{C}$ ] $\beta$ -CFT-FP ( **$^{11}\text{C}$ -III**).

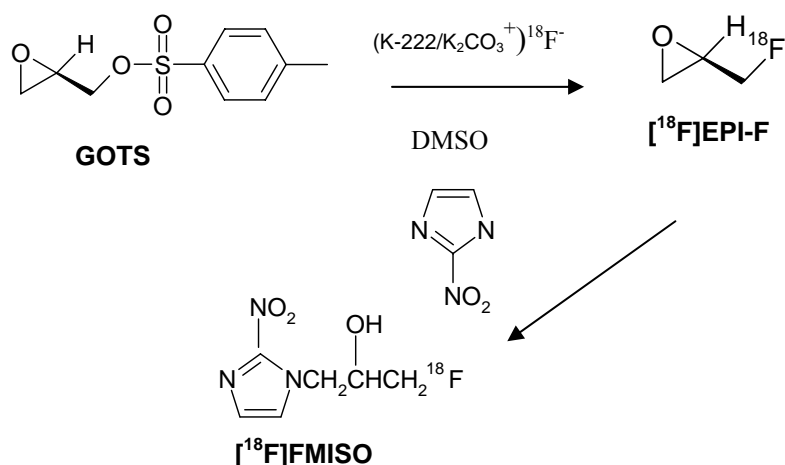
#### 4.3.2 [ $^{18}\text{F}$ ]FMISO synthesis and synthesis automation (Paper II)

Two different approaches were evaluated for the synthesis of [ $^{18}\text{F}$ ]FMISO. Method I comprised a two-step reaction sequence starting from  $^{18}\text{F}$ -fluorination of commercially available material, glycidyl tosylate (GOTS), followed by reaction with nitroimidazole. The second approach (method II) was a classical one-step aliphatic radiolabelling using a protected precursor with OTosylate as the leaving group. Method II was also adapted to an automatic [ $^{18}\text{F}$ ]FDG synthesis module.

##### Method I

##### *Synthesis of [ $^{18}\text{F}$ ]FMISO (Figure 7)*

The synthesis of [ $^{18}\text{F}$ ]FMISO was carried out according to the method described by Grierson et al. (1989) and Grierson (1990) with some modifications of our own (Kämäräinen 1992). The [ $^{18}\text{F}$ ]FMISO was produced by displacement of the tosyl group from GOTS precursor reacting with Kryptofix  $222/\text{K}^+[^{18}\text{F}]\text{F}^-$  complex in acetonitrile to afford [ $^{18}\text{F}$ ]epifluorohydrin ([ $^{18}\text{F}$ ]EPI-F). The subsequent nucleophilic ring opening of the [ $^{18}\text{F}$ ]EPI-F with 2-NIM then afforded the [ $^{18}\text{F}$ ]FMISO; subsequently, the crude product was purified using column chromatography and HPLC. The radiochemical purity of the [ $^{18}\text{F}$ ]FMISO was confirmed by TLC using both autoradiography and radioactivity scanning, and by radioHPLC. The identity of the product was confirmed by comparing the radiochromatograms of HPLC and of TLC of the [ $^{18}\text{F}$ ]FMISO with those of unlabelled reference material. The synthesis is described in detail in paper II.

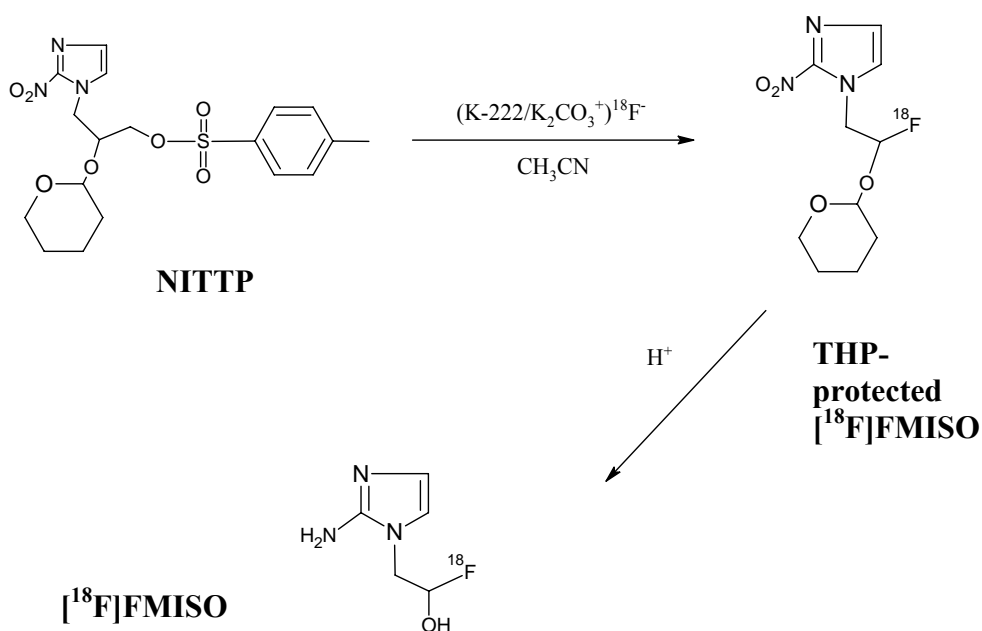


**Figure 7.** Preparation of  $[^{18}F]FMISO$  using method I.

### Method II and automation of the synthesis

#### Synthesis of $[^{18}F]FMISO$ (Figure 8)

In this approach, the  $[^{18}F]FMISO$  was prepared in one step, where the  $^{18}F$  is directly incorporated into the product structure. The protected precursor 1-(2'-nitro-1'-imidazolyl)-2-O-tetrahydropyranyl-3-O-toluene-sulfonyl-propanediol (NITTP) is fluorinated by reacting with Kryptofix 222/ $K^+[^{18}F]F^-$  complex in acetonitrile solution and, subsequently the protecting group is removed. No extra HPLC purification was needed. The synthesis was done according to the method of Lim and Berridge (1993), with some modifications of our own.



**Figure 8.** Preparation of  $[^{18}F]FMISO$  using method II.

### ***Synthesis of [<sup>18</sup>F]FMISO with an automated synthesis module***

The [<sup>18</sup>F]FMISO was prepared according to the same procedure as described above in method II. The optimization of the synthesis was done by using an [<sup>18</sup>F]FDG synthesis module made by IBA (Ion Beam Applications, Belgium). The synthesis is fully automated and PC controlled and uses the same PC system as <sup>18</sup>F<sup>-</sup> production with the Cyclone 10/5 IBA cyclotron. The method was evaluated, and some minor modifications have been made to the procedure. The identities of the [<sup>18</sup>F]FMISO and the intermediates were confirmed by radioTLC using autoradiography, radioactivity scanning, and HPLC by comparing the chromatograms with the unlabelled reference materials. The radiochemical purity of the product was confirmed by TLC using autoradiography and scanning method in detection of radioactivity, and the product was used in preclinical studies (Paper III).

## **4.4 Separation and analysis of radiotracers**

### **4.4.1 Analysis of radiotracers**

The analyses of the final product and the reference compounds were carried out with the various HPLC systems. The system in general consisted of an HPLC pump, a specified mobile phase, an automatic sample injector, a column, and detectors. Both normal-phase columns (Silica) and reversed-phase columns (RP-columns) were used for analytical purposes. The detectors used were a UV-absorption detector and NaI-crystal radioactivity detector (scintillation detector). TLC was used in determining the compounds during various synthesis steps. The compounds on the TLC plates were visualized by using a UV lamp at a wavelength of 254 nm. The radioactivity on the plates was detected by film autoradiography or PSL autoradiography or by a radioactivity scanning system. In the case of [<sup>18</sup>F]FMISO (Paper III), the quality control was carried out by using LC/MS, a Micromass Quattro II mass spectrometer (Altrincham, UK) connected with a Hewlett-Packard 1100 liquid chromatograph. Systems and conditions in determinations are described in detail in the experimental parts of papers I and II. Furthermore, chapter 4.4.3 describes the use of radioTLC in separation and analysis of radiotracers (Paper IV).

### **4.4.2 Purification of compounds using RadioHPLC**

Radiotracers were purified by HPLC on a system comprising the specified mobile phase, pump, column, automatic sample injector, UV absorbance detector, and NaI-crystal and Geiger-Müller (gas-counter) radioactivity detectors. Both normal-phase and reversed-phase preparative or semi-preparative columns were used for separations. In addition, for [<sup>18</sup>F]FMISO, column chromatography was used before HPLC in method I. Systems and conditions in determinations are described in detail in the experimental parts of papers I, II, and III.

#### 4.4.3 Detection of radioactivity on the TLC plate (Paper IV)

The test compound in this study was  $^{18}\text{F}$ -labelled p-[ $^{18}\text{F}$ ]MPPF (Le Bars et al. 1998; Kyllönen et al. 2003). Samples from the crude synthesis product and from the end-product after HPLC purification were applied on the TLC plates. Four different chromatographic systems were used in this study. Mobile phases were dichloromethane:methanol (93:7; vol:vol) and acetonitrile:H<sub>2</sub>O (90:10; vol:vol), and TLC plates were Silica gel 60 F<sub>254</sub>, HPTLC F<sub>254</sub>, and RP-18 F<sub>254</sub>. Systems and conditions are described in detail in paper IV.

##### Radioactivity scanning

After migration, the plates were dried with a hair-dryer and radioactivity was scanned by a TLC scanner (MiniGita, Raytest, Isotopenmessgeräte, GmbH, Straubenhardt, Germany). The gamma-detector of this TLC scanner is a specially designed scintillation probe with a V-shape BGO (Bi<sub>12</sub>GeO<sub>20</sub>) crystal mounted in tungsten shielding. A tungsten collimator for energy range >450 keV, which is especially designed for positron emitters, was used. The scanning speed was 1 cm/min.

##### Film autoradiography

After radioactivity scanning, the plates were exposed with a conventional roentgen film (Kodak X Omat MA film, Kodak-Pathé, Paris, France). Film handling must be done in a darkroom, and the optimal exposure times vary from 2 minutes to 10 minutes, depending on the amount of radioactivity. Qualitative and quantitative interpretation is based on digital image analysis of the films. The autoradiographs were digitized with a table scanner (CanoScan 9900F, Canon, optical resolution 2400 dpi) (Siitari-Kauppi et al. 1998; Siitari-Kauppi 2002). The digitized autoradiographs of each TLC run were analysed by the Matlab 7.0 using Image Processing Toolbox (The MathWorks, Natick, MA, USA). Program Mankeli (Version 2, 2005) measures film intensities from 8-bit images and converts them to optical densities for use in analyses.

##### Digital PSL autoradiography

After film exposure, the plates were placed into an exposure cassette with an imaging plate (Fuji Imaging Plate BAS-TR2025, Fuji Photo Film Co., Ltd., Tokyo, Japan). The exposure time used was 1 to 2 minutes. The plates, especially designed for tritium detection, were used because their sensitivity is high and no problems with radioactivity contamination of the plate are encountered with  $^{18}\text{F}$ . The imaging plates were then scanned with a Fuji Analyzer BAS-1800 at 200  $\mu\text{m}$  resolution, and the data were stored as digital files for later analysis with an image analysis program, either Tina 2.1 or Aida 4.0 (Raytest Isotopenmessgeräte GmbH, Straubenhardt, Germany).

##### Linearity of the autoradiography methods

The linearity for film autoradiography and digital PSL autoradiography was compared by analyzing  $^{14}\text{C}$ -labelled methylmethacrylate ([ $^{14}\text{C}$ ]PMMA) standards. The standards

were dilutions of the labelled monomer from the Russian Scientific Centre for Applied Chemistry (St. Petersburg, Russia). The standard solutions were polymerized by  $^{60}\text{Co}$ -source to achieve [ $^{14}\text{C}$ ]polymethylmethacrylate preperates. The radioactivity range of the calibration sources used is three decades.  $^{14}\text{C}$  is a  $\beta^-$ -emitting radionuclide ( $\beta_{\text{max}} = 150 \text{ keV}$ ) widely used in autoradiographic applications, and here the calibration sources were exposed on roentgen film and imaging plates using 7- and 3-day exposure times, respectively.

## **4.5 Preclinical studies**

### **4.5.1 Post-mortem human brain autoradiography with [ $^{11}\text{C}$ ] $\beta$ -CFT-FP (Kämäräinen et al. 2000)**

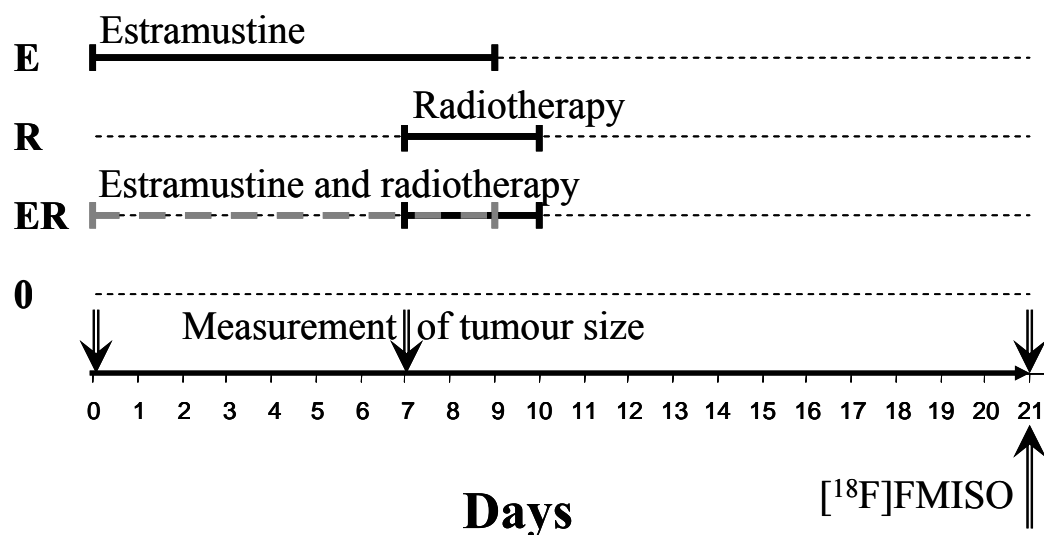
The post-mortem human brain receptor autoradiography was performed according to the earlier published methods (Persson et al. 1991; Hall et al. 1994; Günther et al. 1997). The human brains used were obtained from the National Institute of Forensic Medicine, Karolinska Hospital, Stockholm, Sweden. The frozen hemisphere was cryosectioned and stored at  $-85^\circ\text{C}$ . The cryosections were surrounded with plasticine before the solution (approx. 10 ml) containing the radiotracer [ $^{11}\text{C}$ ] $\beta$ -CFT-FP was carefully pipetted onto the sections into a specially designed incubation chamber. The non-specific binding of [ $^{11}\text{C}$ ] $\beta$ -CFT-FP was estimated by competing the tracer binding with 10  $\mu\text{M}$  excess of a potent competitive inhibitor of dopamine uptake GBR 12909 and with 1  $\mu\text{M}$  of a potent selective serotonin reuptake inhibitor, norzimeldine. After the 20-min incubation, the sections were rinsed and then placed on a hot plate ( $35\text{--}40^\circ\text{C}$ ) in a warm, dry airflow to facilitate rapid drying. The dry sections were put into x-ray cassettes together with  $\beta$ -radiation-sensitive film (Hyperfilm- $\beta_{\text{max}}$ , Amersham Int. Amersham, UK) for exposure for at least 3 hours. The films were then developed and fixed using conventional techniques. The autoradiograms were analyzed using computerized densitometry using an MTI CCD72 high-resolution video camera connected to a Macintosh IICx (Image 1.52, NIH, USA).

### **4.5.2 Biodistribution of [ $^{18}\text{F}$ ]FMISO in nude mice with DU-145 human prostate cancer cell tumours (Paper III)**

#### **Tumour mice and measurement of tumour size**

In the experiment 25 six- to eight-week-old male Balb/c-nude mice were used. Cultured human prostate cancer cells of the cell line DU-145, derived from a lymph node metastasis, were grown in vitro and synchronised to an exponential growth phase. About 2 million cells in 0.2 ml of saline were then inoculated subcutaneously to each flank of the 25 mice. After four weeks, all but three mice had a tumour in at least one flank. The average diameter of the tumours at this stage was about 4 mm. The study protocol was approved by the institutional animal care and use committee.

The 22 mice with tumours were randomised into four groups: E (estramustine treatment), R (radiotherapy), ER (estramustine and radiation), and O (no treatment). Group O was serving as a control group in this study. Measurements of the length, width, and height of the tumours were made after randomisation at the beginning of the treatment and 1 and 3 weeks thereafter (Figure 9). One mouse was excluded from the study because markedly problems with [ $^{18}\text{F}$ ]FMISO injection.



**Figure 9.** Study protocol. The time scale indicates the time period from the beginning of the treatment. In the beginning of the treatment (day 0) the mice were randomised into four groups: O: no treatment, E: estramustine phosphate only, R: radiotherapy only, ER: estramustine phosphate and radiotherapy.

#### **Estramustine treatment**

The mice in groups E and ER received a course of estramustine phosphate (Estracyt, Pharmacia & Upjohn GmbH, Erlangen, Germany), 1 mg/ml in 5% glucose, administered intraperitoneally at a dose of 0.2 mg daily. The treatment was continued for 9 days.

#### **Radiotherapy and radiotherapy + estramustine treatment**

Radiotherapy was begun on the seventh day from the onset of the estramustine treatment. The mice in groups R and ER received radiotherapy daily on three consecutive days; those in group ER received both estramustine and radiotherapy on those 3 days. Experimental conditions are in detail in paper III.

#### **[<sup>18</sup>F]FMISO biodistribution**

Three weeks after the beginning of the treatment [<sup>18</sup>F]FMISO was injected intraperitoneally into each animal. The injected radioactivity per animal ranged from 5.6–7.4 MBq ( $6.3 \pm 0.6$  MBq). The animals were killed by decapitation at 120 min after the injection of [<sup>18</sup>F]FMISO. Tumours, testes, and hearts were immediately removed and weighed, and the <sup>18</sup>F-radioactivity of each sample was measured in a gamma counter (LKB 1282 Compugamma, Wallac Oy, Turku, Finland). The decay-corrected uptake of <sup>18</sup>F-radioactivity in tissues was expressed as a percentage of the injected dose per gram of tissue (%ID/g). The uptake ratios for tumour to heart and testis to heart were calculated from the [<sup>18</sup>F]FMISO uptake values.

#### **Histological and immunohistochemical studies**

Pieces of tumours were snap-frozen in liquid nitrogen and cut to 5 µm-thick slices for histological analysis. After staining with hematoxylin and eosin, the specimens were evaluated for cellularity and necrosis by an experienced pathologist unaware of the treatment groups of the samples. Monoclonal antibody PP-67 against proliferating cell nuclear protein Ki-67 (Sigma, St Louis, MO) was used to assess the proliferative

capacity of the xenografts. For this purpose frozen sections were fixed with acetone at  $-20^{\circ}\text{C}$  and then exposed to fluorescein isothiocyanate (FITC)-coupled goat anti-mouse immunoglobulin (Jackson Laboratories, West Grove, PA) for 30 min. After washing the specimens were exposed to DAPI (Riedel-de Haen, Hannover, Germany) to detect nuclei, and after washing they were embedded and examined using a Leica Aristolan microscope equipped with appropriate filters.

### Statistics

Statistical analyses were performed using analysis of variance (ANOVA) to compare uptake ratios (testis/heart and tumour/heart) between treatment groups (O, E, R, ER). A paired t-test was used to compare these uptake ratios within the groups for possible differences. ANOVA was also used to compare groups for the difference in ratios (difference between ratios testis/heart and tumour/heart). Pairwise comparisons in ANOVA were calculated by comparing other groups to a control group (adjusted using Dunnett's method). A p-value less than 0.05 was considered significant. The statistical analyses were carried out using SAS/STAT® software, Version 9.1.3 SP4 of the SAS System for Windows.

## 5 Results

### 5.1 Synthesis of [ $^{18}\text{F}$ ] $\beta$ -CFT-FP and [ $^{11}\text{C}$ ] $\beta$ -CFT-FP (Paper I)

#### *Fluoroalkylation with [ $^{18}\text{F}$ ]fluoropropyl bromide (V) to yield [ $^{18}\text{F}$ ] $\beta$ -CFT-FP ( $^{18}\text{F}$ -III) (Figure 5A)*

In two-step synthesis via [ $^{18}\text{F}$ ]fluoropropyl bromide (V), the incorporation of V to yield [ $^{18}\text{F}$ ] $\beta$ -CFT-FP ( $^{18}\text{F}$ -III) was in general 30%–50%. Using 2 mg (7.5  $\mu\text{mol}$ ) or 4 mg (15  $\mu\text{mol}$ ) of the nor- $\beta$ -CFT (II) precursor did not significantly change the labelling yield; instead, in all cases the addition of base (2–3 mg) improved the yield, which was 37%–85% with addition of  $\text{K}_2\text{CO}_3$  and 25%–58% without the addition, respectively. The best incorporation yield, 85%, was achieved after 30 min heating time (37% after 10 min) with the addition of 2–3 mg of  $\text{K}_2\text{CO}_3$ . HPLC purification was performed using acetonitrile/0.01 M phosphoric acid (22:78) as a mobile phase and the product peak was collected at a retention time of 5 to 6 min. The identity of the product was confirmed by comparing the chromatogram of the [ $^{18}\text{F}$ ] $\beta$ -CFT-FP with the authentic unlabelled reference material. The total radiochemical yield of  $^{18}\text{F}$ -III calculated from end of bombardment (EOB) and corrected for decay was 2%–3% with a total synthesis time of about 120 min.

#### *Fluorination with the sulfonate ester [ $^{18}\text{F}$ ]fluoropropyl tosylate (VI) to yield [ $^{18}\text{F}$ ] $\beta$ -CFT-FP ( $^{18}\text{F}$ -III) (Figure 5B)*

The preparation via [ $^{18}\text{F}$ ]fluoropropyl tosylate (VI) was also carried out via a two-step procedure. In all cases, 2 mg of precursor nor- $\beta$ -CFT was used. The radiochemical incorporation of VI to yield  $^{18}\text{F}$ -III after 10 min or 30 min reaction time was 27% and 40%, respectively. The longer reaction time improved the yield to some extent.

### ***Preparation of [<sup>11</sup>C]β-CFT-FP (<sup>11</sup>C-III) from [<sup>11</sup>C]methyl triflate (VII) (Figure 6)***

The labelling reaction of the β-CFT-FP acid precursor acid (<sup>11</sup>C-III) proceeded instantaneously during trapping of VII. The radiochemical incorporation of VII to yield <sup>11</sup>C-III was about 40%–50% measured at the end of VII trapping. The reversed-phase HPLC worked well (radioanalytical purity was >99%), and the product eluted between 5–6 min retention times. The total synthesis time was 25–30 min, and the radiochemical yield calculated from the initial [<sup>11</sup>C]carbon dioxide was 30%–40% decay corrected.

## **5.2 [<sup>18</sup>F]FMISO synthesis and synthesis automation (Paper II)**

### ***Synthesis of [<sup>18</sup>F]FMISO via [<sup>18</sup>F]EPI-F (Figure 7)***

In the two-step [<sup>18</sup>F]FMISO preparation (method I) via [<sup>18</sup>F]EPI-F, the radiochemical yield at the end of the first step of the synthesis for the [<sup>18</sup>F]EPI-F was over 70% (EOB). The radiochemical yield of the [<sup>18</sup>F]FMISO at the end of the second step of the synthesis was about 40% (EOB) with a total synthesis time of about 180 min. The [<sup>18</sup>F]EPI-F could not be detected on the TLC plate because of its volatility. In the second step of the synthesis, the [<sup>18</sup>F]FMISO yield was increased from 10% to 23% (EOB) by optimising the design of the reaction vial. Using an ultrasonic bath for mixing increased the yield from 23% to 37% (EOB). The radiochemical yield of the [<sup>18</sup>F]FMISO synthesis was at best about 13% (EOS), and the synthesis time was about 180 min. The radiochemical purity of the [<sup>18</sup>F]FMISO after the HPLC purification was over 99%. The HPLC UV absorption detection demonstrated the presence of a small amount of an unknown compound, some 2-NIM, and the mass peak of fluoromisonidazole.

***Synthesis of [<sup>18</sup>F]FMISO via protected [<sup>18</sup>F]NITTP (Figure 8)*** In the synthesis of [<sup>18</sup>F]FMISO in one step (method II), the radiochemical yield achieved for the [<sup>18</sup>F]FMISO was 40% (EOB) on average after a synthesis time of 96 min. The identity of the intermediates and the final product were confirmed by comparing the chromatograms with unlabelled reference materials. The radiochemical purity of the final product was over 97%, confirmed by radioTLC and radioHPLC.

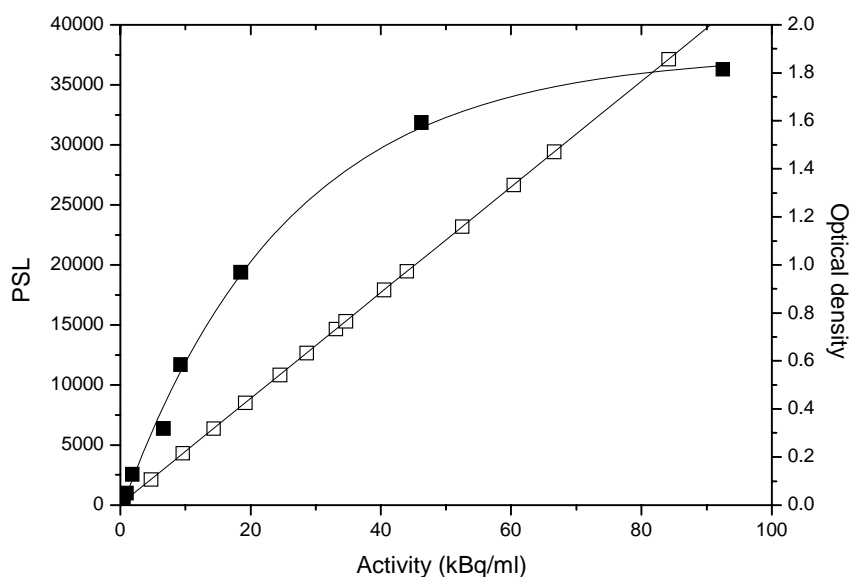
***Synthesis of [<sup>18</sup>F]FMISO via protected [<sup>18</sup>F]NITTP using an automated synthesis module*** Using an automatic [<sup>18</sup>F]FDG synthesis module, the radiochemical yield for the final product of [<sup>18</sup>F]FMISO in one step synthesis (method II) was on an average 34% (EOB) after a synthesis time of about 50 min. The majority of the radioactivity loss occurred in the silica Sep-Paks (mostly as <sup>18</sup>F<sup>-</sup>), indicating an unsatisfactory labelling reaction, and in the fluorination vial. Similar phenomena were observed during the manual synthesis using the same method. The radioactivity in the fluorination vial was mainly the labelled, non-hydrolysed [<sup>18</sup>F]FMISO intermediate. The radiochemical purity of the product was over 97%, confirmed by HPLC and TLC. Besides the [<sup>18</sup>F]FMISO (Rf-value of 0.41 ± 0.03), the only one radioactive peak was observed on the TLC plate. This was a very small amount of free <sup>18</sup>F<sup>-</sup>. The LC/MS analysis showed that the product contained a just-detectable mass of FMISO, and, in addition, three impurities in very low amounts, confirming the high chemical purity of the [<sup>18</sup>F]FMISO.



## 5.3 Analysis of radioactive compounds with TLC (Paper IV)

### 5.3.1 Linearity of the autoradiography methods

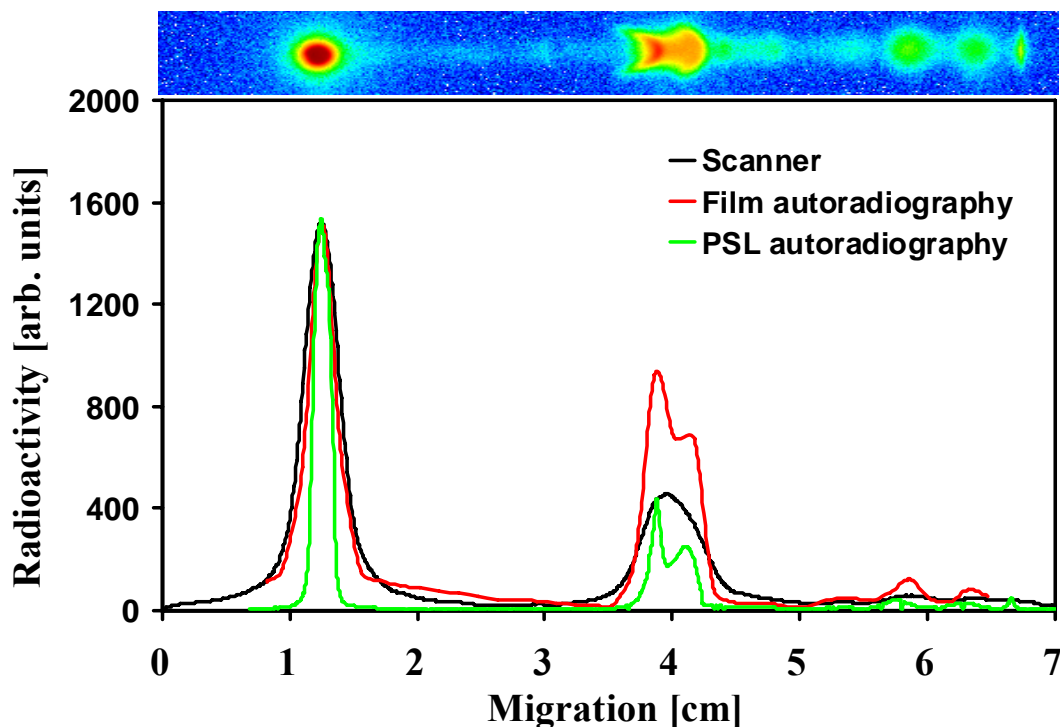
Figure 10 shows curves for calibration sources measured by film autoradiographic and digital PSL autoradiographic techniques. The curves clearly indicate the difference in the range of linearity of these two methods. The linearity of the PSL autoradiography covers four decades; that of film autoradiography covers two decades.



**Figure 10.** Linearity of film autoradiography (filled squares) and PSL technique (open squares) determined for  $[^{14}\text{C}]$ PMMA standards.

### 5.3.2 Radiochemical yield and purity determination with TLC

Radiochemical yields of labelled crude synthesis product obtained from four TLC methods using three separate radioactivity detection techniques were lower when measured by digital PSL autoradiography than with other two radioactivity detection techniques. The radioactivity scanning method could not separate peaks that were close to each other, whereas in film autoradiography, results of the product radiochemical yield were overestimated. Figure 11 shows an example image of the digital PSL autoradiographs and the corresponding chromatograms measured with all radioactivity detection methods. The mobile phase was acetonitrile:H<sub>2</sub>O (90:10; vol:vol.) and TLC plates were silica gel 60 F<sub>254</sub> HPTLC.

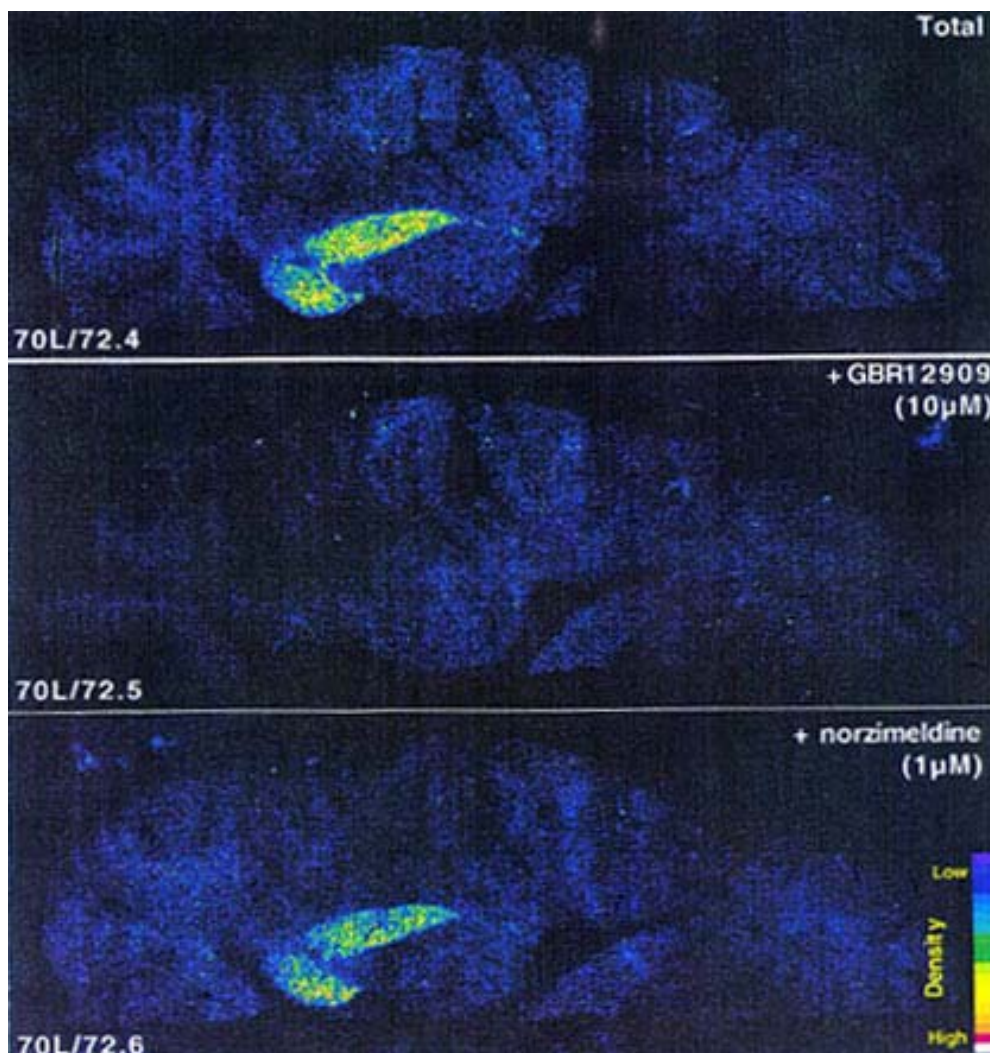


**Figure 11.** Comparison of radioactivity distribution on the TLC plate. Samples are from the crude  $p$ - $[^{18}\text{F}]$ MPPF synthesis product. Image of TLC plate by digital photo stimulated luminescence (PSL) autoradiography above. Radioactivity scanning chromatogram, film autoradiography chromatogram, and digital PSL autoradiography chromatogram of the same superimposed on each other below. The chromatograms are normalised to the maximum peak intensity in each chromatogram.

The radiochemical purities obtained for the end-product using the three radioactivity detection methods were in good agreement, and the radiochemical purities on percentages were about the same using all three systems.

#### 5.4 *In vitro* human post-mortem receptor autoradiography of $[^{11}\text{C}]\beta$ -CFT-FP (Kämäräinen et al. 2000)

In the post-mortem human autoradiography, high binding was achieved in the striatum, with much lower binding in other brain regions (Figure 12, upper panel). Pre-treatment with the selective DAT compound GBR 12909 inhibited the binding in the striatum (Figure 12, middle panel). The selective serotonin transporter compound norzimeldine had no significant effect on the binding of  $[^{11}\text{C}]\beta$ -CFT-FP (Figure 12, lower panel). Thus, *in vitro* binding studies showed that  $\beta$ -CFT-FP had a high affinity for the DAT and a relatively low affinity for other monoamine transporters.

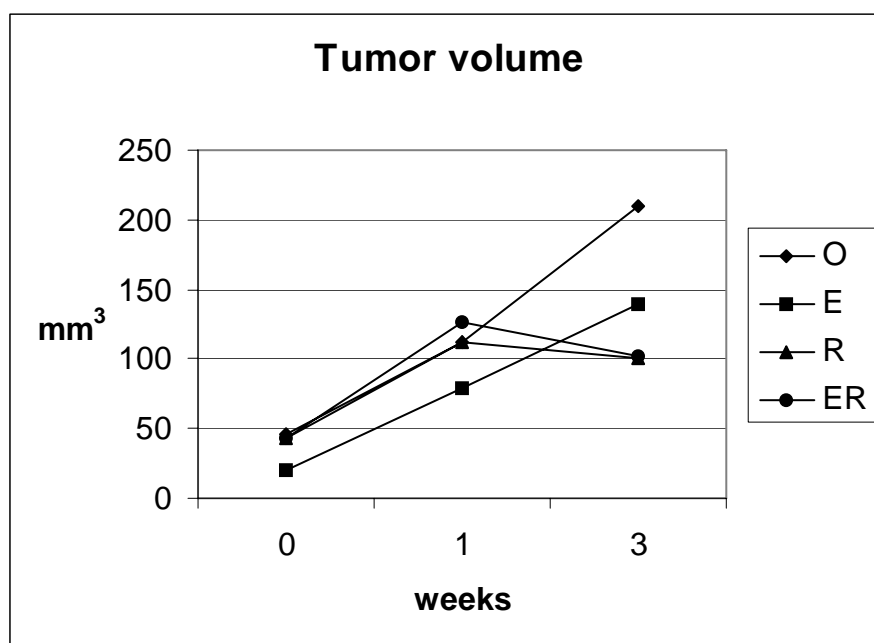


**Figure 12.** Distribution of human dopamine transporters in vitro using whole hemisphere autoradiography and [ $^{11}\text{C}$ ] $\beta$ -CFT-FP. Axial slices at the caudate-putamen level are shown in all panels. Total binding (upper panel) and binding after displacement with 10  $\mu\text{M}$  GBR 12909 are shown (middle panel). High binding is observed in caudate and putamen. Note that the binding is unaffected by a high concentration of a SERT compound norzimeldine (lower panel) (Kämäräinen et al. 2000).

## 5.5 Uptake of [<sup>18</sup>F]FMISO in human prostate tumour cell-bearing mice (Paper III)

### Tumour size

The tumour size increased constantly in the untreated group and less rapidly in the group treated with estramustine only. The group treated by radiation showed a decrease in the relative tumour size between weeks 1 and 3, with the combined treatment group decreasing more rapidly after an initial increase to a relative size larger than that of all other groups (Figure 13). Most tumours had a necrotic centre despite neovascularisation, which was clearly visible superficially.



**Figure 13.** The average volume of the tumours in different treatment groups during the experiment. O: no treatment, E: estramustine only, R: radiation only, ER: estramustine and radiation. Estramustine was given from days 1 to 9 and radiotherapy from days 7 to 9.

### 5.5.1 Biodistribution of [<sup>18</sup>F]FMISO in mice with DU 145 human prostate cancer cell tumours

The mean uptakes and uptake ratios of <sup>18</sup>F-radioactivity in the tumours, testes, and hearts in the groups 0, E, R, and ER are shown in Table 2.

**Table 2.** Biodistribution of [<sup>18</sup>F]FMISO in mice in four different test groups (estramustine treatment, radiation treatment, estramustine+radiation treatment, and no treatment). Percentage of injected dose per gram of tissue (%ID/g) after uptake of 120 min was calculated. Uptake ratios were calculated by tumour/heart and testis/heart ratio using %ID values. Data are mean ± SEM.

		<b>TUMOUR</b>	<b>TESTIS</b>	<b>HEART</b>
<b>O</b> n=5	%ID/g	1.46 ± 0.50	0.91 ± 0.27	0.83 ± 0.28
	Tissue/heart	1.73 ± 0.18	1.14 ± 0.05	-
<b>E</b> n=4	%ID/g	1.02 ± 0.34	0.61 ± 0.22	0.51 ± 0.17
	Tissue/heart	1.76 ± 0.38	1.05 ± 0.19	-
<b>R</b> n=6	%ID/g	0.70 ± 0.35	0.28 ± 0.10	0.23 ± 0.07
	Tissue/heart	2.30 ± 0.68	1.10 ± 0.15	-
<b>ER</b> n=6	%ID/g	0.92 ± 0.27	0.48 ± 0.12	0.34 ± 0.08
	Tissue/heart	2.64 ± 0.58	1.33 ± 0.14	-

O = no treatment

E = estramustine treatment

R = radiation treatment

ER = estramustine and radiation treatment

[<sup>18</sup>F]FMISO uptake ratio values of tumours were significantly higher than those of testes, being of statistical significance in all groups ( $p < 0.001$ ) and the difference was significantly higher in groups R ( $p = 0.019$ ) and ER ( $p = 0.012$ ) than in the control group.

### 5.5.2 Histology and immunohistochemistry

Results indicate that there was more necrosis in the tumours of group ER than in the other groups and almost none in group O. The groups that had received radiotherapy (R and ER) had less mitoses and less proliferation.

## 6 Discussion

### 6.1 [<sup>18</sup>F]β-CFT-FP (Paper I)

#### 6.1.1 Evaluation of the synthesis of [<sup>18</sup>F]β-CFT-FP

Tropanes such as nor-β-CFT are complex multisubstituted compounds that do not lend themselves to direct nucleophilic fluorination. In the present approach fluoroalkylation was a possible way to introduce the [<sup>18</sup>F]fluoroalkyl group into the NH functionality of the nor-β-CFT precursor to produce [<sup>18</sup>F]β-CFT-FP. Results demonstrate that both longer reaction time and the addition of base improved the yield of [<sup>18</sup>F]β-CFT-FP. Using 2 mg (7.5 μmol) or 4 mg (15 μmol) of the nor-β-CFT precursor did not significantly change the labelling yield, which was contrary to the results obtained in the synthesis of the iodine derivative [<sup>18</sup>F]β-CIT-FP (Lundkvist et al. 1997). The HPLC system used to separate the product from the precursor and by-products using a reversed-phase column and acetonitrile/H<sub>2</sub>O/triethylamine (60:40:0.1) as the mobile phase failed, and the product and the precursor eluted at the same time. The same mobile phase but slightly more polar (acetonitrile/0.01M phosphoric acid (22:78)), as in the synthesis of [<sup>18</sup>F]β-CIT-FP, worked well, and the more polar compound [<sup>18</sup>F]β-CFT-FP eluted in 5–6 min retention time compared to 10 min for [<sup>18</sup>F]β-CIT-FP. The synthesis time via [<sup>18</sup>F]fluoropropyl tosylate was shorter; however, better incorporation yields were obtained using [<sup>18</sup>F]fluoropropyl bromide as the labelled precursor, as described above. The radiochemical incorporation yield using [<sup>18</sup>F]fluoropropyl bromide or [<sup>18</sup>F]fluoropropyl tosylate was on average 40-80% or 30-40%, respectively. The total radiochemical yield of [<sup>18</sup>F]β-CFT-FP using [<sup>18</sup>F]fluoropropyl bromide as the fluoroalkylating agent was 2-3%, calculated from EOB and corrected for decay, with a total synthesis time of about 120 min.

#### 6.1.2 *In vitro* autoradiography of [<sup>11</sup>C]β-FT-FP in human post-mortem brain (Kämäräinen et al. 2000)

There was binding in caudate and putamen, regions known to have a high density of dopaminergic nerve terminals (Figure 12, upper panel). GBR 12909 inhibited the binding of [<sup>11</sup>C]β-CFT-FP in the striatum (Figure 12, middle panel). Norzimeldine instead had a small effect on the binding (Figure 12, lower panel). *In vitro* binding studies of the affinity of β-CFT-FP for DAT showed that it was higher than that measured for the parent compound cocaine. In addition, β-CFT-FP was found to be more selective for DAT (Kämäräinen et al. 2000) than cocaine and the tropane analogues β-CIT-FP and β-CIT-FE, which have considerable affinity for the serotonin reuptake site (Günther et al. 1997). These results suggest that β-CFT-FP has the potential to be a selective radiotracer for visualization of DATs *in vitro* and further *in vivo* studies and in the order of selectivity β-CFT-FP > β-CIT-FP > β-CIT-FE > β-CIT, as was assumed. The latest findings with [<sup>18</sup>F]β-CFT-FP prepared using the optimized synthesis method (Koivula et al. 2005a) confirmed in preliminary *ex vivo* studies in rats

that  $\beta$ -CFT-FP has high but fast accumulation in DAT-rich brain regions (Koivula et al. 2005b).

## 6.2 [ $^{18}\text{F}$ ]FMISO (Paper II and III)

### 6.2.1 Evaluation of the [ $^{18}\text{F}$ ]FMISO synthesis

In the first step of synthesis method I, the yields were very low in the early experiments, mainly because of the volatility of [ $^{18}\text{F}$ ]EPI-F. However, with minor modifications, the [ $^{18}\text{F}$ ]EPI-F yield could be increased from 40% to about 70% (EOB). The use of reaction vials specially made for this purpose and increasing the reaction temperature from 115 °C to 125 °C improved the radiochemical yield remarkably. Furthermore, adding acetonitrile in very small portions several times when distilling the [ $^{18}\text{F}$ ]EPI-F also seemed to increase the yield. The yield was approximately at the same level as that reported by Grierson et al. (1989) but clearly lower than McCarthy et al. (1993) reported; however, our synthesis time was longer (Table 3):

**Table 3.** Comparison of synthesis yields and times of different authors using synthesis method I.

YIELD OF [ $^{18}\text{F}$ ]FMISO (%)	TIME (min)	REFERENCE
40	140	Grierson et al. 1989
40	70	McCarthy et al. 1993
37	180	Kämäräinen et al. 1992

The most problematic issue in the second part of the synthesis was the amount of non-reacted 2-NIM. In this method, 2-NIM was used in excess to achieve a complete reaction between the 2-NIM and the [ $^{18}\text{F}$ ]EPI-F. Normal-phase HPLC failed to separate the 2-NIM and the other impurities (e.g., the rest of the non-reacted [ $^{18}\text{F}$ ]EPI-F) from the product. However, reversed-phase HPLC worked well when a silica gel flash column was used before the HPLC purification. These results suggested that in spite of many improvements, this synthesis was too laborious and time consuming (180 min) with the many purification processes; consequently, it would have been difficult to automate, which was the main aim in this study.

The most problematic issues in method II were the high losses of radioactivity during the purification processes and on the walls of the reaction vials, which decreased the synthesis yield. Although the [ $^{18}\text{F}$ ]FMISO was prepared in one labelling step, the synthesis was too complicated to be performed routinely. The synthetic route required two separate Sep-Pak purifications and two evaporations. These operations lasted approximately 30 min and were not amenable to manual/remote control work, thus leading to large variations in the [ $^{18}\text{F}$ ]FMISO yields. The synthesis time was in general about 100 min, and at best 86 min, thus being much shorter than using method I;

consequently, the yield was also better:  $40\pm 12\%$  (EOB;  $n=5$ ). The other advantage of this process was that no HPLC was needed for purification of the labelled [ $^{18}\text{F}$ ]FMISO; thus, this synthesis method was more suitable for automation than method I.

### 6.2.2 Automation in [ $^{18}\text{F}$ ]FMISO synthesis

Using an automated [ $^{18}\text{F}$ ]FDG synthesis module the synthesis and optimization of method II proceeded more rapidly: the synthesis time reduced from 96 for the manual synthesis to 50 min. However, the average yield did not increase being  $34\pm 6\%$  (EOB;  $n=7$ ). The yields, however, were more reproducible than from manual syntheses, which is an important factor in routine PET synthesis. Automated synthesis was also more reliable, and a reasonably high amount of radioactivity could be used because all manipulations were automated. Thus the radiation dose for the radiochemist remains minimal, which is important when large amounts of [ $^{18}\text{F}$ ]FMISO are needed for multiple PET studies. Because the synthesis time used was longer, the yield of the [ $^{18}\text{F}$ ]FMISO synthesis remained lower than that reported by Lim and Berridge (1993) and Patt et al. (1999).

### 6.2.3 Preclinical studies of [ $^{18}\text{F}$ ]FMISO in tumour mice

Hypoxia is a typical feature of any solid malignant tumour. It is also considered a major obstacle in non-surgical cancer treatment, both in radiotherapy and in chemotherapy (Brown 2000). Hypoxia is present in all malignant tumours larger than 100–150  $\mu\text{m}$  in diameter, which is the approximate distance over which oxygen can diffuse through tissues from a capillary vessel. When a solid tumour exceeds this size, it will either develop a central necrosis with a 100–180  $\mu\text{m}$  rim of viable tumour surrounding it, or it will have to promote angiogenesis (Cher et al. 2006).

In this study, most tumours had a necrotic centre despite neovascularisation, which was present superficially. The heart was assumed to have a normal oxygen tension of about 100 mmHg in all cases. The tissue specimen was taken from the viable layer, and no necrotic core was included. With the well-oxygenated neovascularised superficial layer and the intermediate layer included and the central necrotic region excluded, the samples were believed to represent an average of the viable tumour in respect to tissue oxygenation.

Well-oxygenated cancer cells are in general more sensitive to treatment. When treatment is effective against the well-oxygenated cells and destroys them, proportionately more cells in the tumour will be hypoxic. After a period of time, depending on the circumstances, the hypoxic cells may have a better oxygen supply; as a result, a smaller part of the tumour may be hypoxic than before treatment. The timing and extent of this reoxygenation is variable (Hall 1978).

In all groups the uptake ratios of [ $^{18}\text{F}$ ]FMISO for tumour-to-heart were significantly higher than for testis-to-heart. This shows that tumours were more hypoxic than testes. It was also observed, that the relative size of the tumours increased less rapidly in groups ER and R when compared to other groups. The uptake ratio values for the tumours after radiotherapy treatment (group R) and after EMP+radiotherapy treatment (group ER) were slightly higher than in control group. This was however not



significant. In groups R and ER the difference between the tumour-to-heart uptake ratio and testis-to-heart uptake ratio was significantly higher than in the O group. However R and ER treatment groups did not differ significantly from each other. This indicates that these treatments had similar effect.

The preliminary results of this preclinical study indicate that using the hypoxia marker [ $^{18}\text{F}$ ]FMISO allows evaluation of the role of EMP as a radiation sensitizer; nevertheless, additional experimental work is needed while this study was limited because the number of animals was low. This fact has certainly been one reason for the differences in [ $^{18}\text{F}$ ]FMISO uptake ratio values between parallel determinations for all treatment groups. In addition, autoradiographical analysis of tissue slices would have been valuable for determining the distribution of activity more accurately in assessments of the uptake of [ $^{18}\text{F}$ ]FMISO. Previous studies have used heart as the surrogate for normal tissue because the oxygen levels may be representative for [ $^{18}\text{F}$ ]FMISO uptake. The uptake ratio of tumour-to-blood, however, would have been more representative for assessing the uptake of the tracer in tumour tissue. Furthermore, it would have been significant to take the size of the tumour into account when randomising the mice into separate treatment groups because the treatments may affect very differently tumours of different sizes. These preliminary findings, however, can be an important step for prospective [ $^{18}\text{F}$ ]FMISO PET studies in humans to identify hypoxic fractions and to follow treatment response of radiation combined with EMP or some other radiosensitizer.

### **6.3 Radiochemical purity analysis of $^{18}\text{F}$ -compounds by TLC (Paper IV)**

#### **6.3.1 Comparison of radioactivity scanning, film autoradiography, and phosphoimaging technique**

As Figure 11 shows, there are great differences in determinations of radioactivity distribution between these three detection methods. There are two reasons for this difference. First, the radioactivity scanning method could not separate peaks that were close to each other. Second, the poor linearity of film autoradiography results in overestimation of the product radiochemical yield. Poor linearity of film autoradiography causes tedious optimizing work, even though the method is cheap to use (Siitari-Kauppi et al. 1998; Siitari-Kauppi 2002). The resolution of the film, however, is good, but the sensitivity of the technique is significantly poorer than the sensitivity of imaging plates used for digital PSL autoradiography. Overall, the results indicate that digital PSL autoradiography is the most reliable technique in detecting radiochemical yield for the test compound p- $^{18}\text{F}$ ]MPPF in a crude reaction mixture where the amount of radioactivity varies between the components and the  $R_f$ -values are close to each other. If the radioactivity scanning technique is used, the scanning parameters must be validated against the autoradiographic techniques to ensure detection of separated peaks that are close to each other (Solin 1983). Resolution in film autoradiography is also comparable to that of PSL, but the weakness of film autoradiography is the poor linearity. Radioactivity scanning is appropriate only with good chromatographic resolution and previously validated scanning parameters (Solin 1983).

The radiochemical purities obtained for the end-product using the three radioactivity detection methods are in good agreement. Because of the good chromatographic resolution of measured compounds and the equal distribution of the radioactivity among the separate peaks, the results among the different radioactivity detection methods are comparable.

### 6.3.2 Importance of an optimal detection method choice in analysing labelled compounds on TLC plates

Because of the recent focus on HPLC, TLC is employed and used less often for analysis of labelled compounds. The chemical resolution of planar chromatographic methods such as TLC and HPTLC is, however, comparable to that of HPLC (Wilson 1996); consequently, when combined with an optimal radioactivity detection technique, TLC is the method of choice. Findings of the comparison between the three radioactivity detection methods are summarized in Table 4. Each method had its advantages and disadvantages. If rapidity is needed, radioactivity scanning is a good choice, but validating scanning parameters against those from autoradiographic techniques increases the method's reliability. Film autoradiography does not require high-priced systems, but its low sensitivity and linearity are weaknesses. Digital PSL autoradiography is especially suitable for  $\beta$ -emitting compounds, and it also has the advantage of a wide application area. The high cost of instrumentation can be considered a disadvantage, although the plates are reusable because they can be erased with white light after use. Major advantages of this method are that it enables analysis of radioactivity on planar samples with high resolution, it exhibits high linearity, and it has excellent sensitivity compared with the other methods studied here.

**Table 4.** Comparison of three radioactivity detection methods in terms of linearity, resolution, sensitivity, cost of instrumentation, simplicity, and rapidity.

Properties	Radioactivity scanning	Film auto-radiography	PSL auto-radiography
LINEARITY	++	+	+++
RESOLUTION	+	++	+++
SENSITIVITY	+	++	+++
COST OF INSTRUMENTATION	++	+++	+
SIMPLICITY	+++	+	+++
RAPIDITY	+++	+	++

+ = moderate, ++ = good, +++ = excellent

## 6.4 Future aspects on [<sup>18</sup>F]β-CFT-FP and [<sup>18</sup>F]FMISO labelling syntheses and their use in PET studies

PET-imaging has developed rapidly during the last decade. Today effective PET-imaging is performed with CT directly associated to PET-cameras. Simultaneously the need for more target-specific radiotracers to the studies has increased. High SA of the radiotracer, as provided by NCA synthesis approaches used in this work, is essential for the brain studies of monoamine transporters. Furthermore, the potential radiotracer to be considered as a candidate for studying DAT sites in the brain has to meet other important requirements. The compound must have fast blood brain barrier penetration, high specific binding and selectivity for DAT and low specific binding to other receptor sites in the brain. From a kinetic perspective, achieving a peak striatal uptake and equilibrium in 60-75 min is ideal and of great importance in PET-imaging when using fluorine-18 labelled radiotracers. β-CFT-FP used in this study has promising properties, and the first preclinical *ex vivo* evaluation of fluorine-18 labelled β-CFT-FP in rats showed fast kinetics and high uptake of [<sup>18</sup>F]β-CFT-FP radioactivity in striatum (Koivula et al. 2005b). Consequently it can be considered a potential DAT radiotracer for human PET-studies.

Oncology is an important field in PET-imaging. Hypoxia is a typical feature of any malignant tumour and [<sup>18</sup>F]FMISO is, despite some of its disadvantages, still the most used radiotracer in hypoxia studies in humans (Rajendran et al. 2006). Consequently the radiotracer is in high demand in large amounts for PET-studies, often also at long-distances from the production site. The automation of its synthesis is therefore a significant part of synthesis development. The work on development of more specific hypoxia tracers is a lively field of research in PET-radiochemistry. According to the literature (Koh et al. 1992), the tumour/muscle or tumour/blood ratio for <sup>18</sup>F-FMISO is relatively low (about 1.4). Because of high uptake in normoxic tissues (non-specific binding) PET images with FMISO have to be obtained after 2-3 hours post-injection. To get better contrast uptake several tracers have been prepared and are now under evaluation: [<sup>18</sup>F]FETA (Rasey et al 1995), [<sup>18</sup>F]FETNIM (Yang et al. 1995), [<sup>18</sup>F]FAZA (Kumar et al. 2002), [<sup>18</sup>F]EF5 (Dolbier et al. 2005) and some others. <sup>64</sup>Cu-ATSM (Fujibayashi et al. 1999) is also considered as a promising hypoxia marker with PET. There is a great interest to this tracer as <sup>64</sup>Cu-radiotracers can be transported long distances due to the long half-life of the radionuclide ( $T_{1/2} = 12.7$  h).

## 6.5 Radioanalytical methods and radioactivity measurements in the development of new radiotracers

Requirements from regulating authorities concerning radiotracers, especially for those that are planned for use as radiopharmaceuticals in human studies have tightened during last decades. Increasingly, authorities are demanding that GMP, GRP and GLP have to be followed strictly also in the development of the radiotracer synthesis which results in increased demands to the radioanalytical methods. Therefore, also methods used with short-lived positron emitters should be sensitive, reliable and above all validated in the context they are used. TLC combined with PSL technique has proved to be a powerful tool in this field, having an excellent linearity, sensitivity and resolution.

## 7 Conclusions

- [ $^{18}\text{F}$ ] $\beta$ -CFT-FP was labelled in moderate yields by fluoroalkylation and by using [ $^{18}\text{F}$ ]fluoropropyl bromide or [ $^{18}\text{F}$ ]fluoropropyl tosylate as the labelling precursor. Of the two  $^{18}\text{F}$ -fluoroalkylating agents, [ $^{18}\text{F}$ ]fluoropropyl bromide proved to be superior for fluoroalkylation in terms of radiochemical yield. Despite the relatively low yield (2-3%; EOB) this method yields clinically useful amounts of the radiotracer because a high starting activity of  $^{18}\text{F}$ -fluoride can be used.
- *In vitro* autoradiography using human post-mortem brain sections showed that [ $^{11}\text{C}$ ] $\beta$ -CFT-FP binds to areas that are rich in dopamine transporters. This suggests that this tracer is a potential choice for visualization of dopamine transporters in human PET studies.  $\beta$ -CFT-FP was found to be more selective for DAT than cocaine and the tropane analogues  $\beta$ -CIT-FP and  $\beta$ -CIT-FE, which have considerable affinity for the serotonin reuptake site. These results suggest that  $\beta$ -CFT-FP has the potential to be a selective radiotracer for visualization of DATs *in vitro* and further in *in vivo* studies.
- One-step radiolabelling via nucleophilic displacement of the OTos-group of the NITTP-precursor has proved to be an optimal method for routine synthesis of [ $^{18}\text{F}$ ]FMISO. This synthesis approach was fully automated using a commercial IBA [ $^{18}\text{F}$ ]FDG synthesizer. The overall radiochemical yield ( $34\pm 6\%$ , EOB,  $n=7$ ) was high enough for production of several clinical doses of radiotracer. The yield was reproducible, which is essential for routine production.
- In the preclinical study with DU-145 tumour-bearing mice the main finding was that as compared with the tumours treated with EMP, those in the group treated with EMP and radiation or radiation only showed more [ $^{18}\text{F}$ ]FMISO uptake, indicating hypoxia. The group ER also had more necrosis in the histological samples. This information can help in prospective [ $^{18}\text{F}$ ]FMISO PET studies in humans to identify the hypoxic fraction and to follow up treatment response of radiation combined with EMP or some other radiosensitizers.
- When combined with sensitive radioactivity detection like PSL-autoradiography, TLC offers a method incorporating high resolution and high linearity for analyzing radiotracers in different phases of the synthesis. This method can be recommended for evaluation of reaction efficiency on different stages of the synthesis and also for precise quality control of final formulations.

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