MOLECULAR GENETICS OF TIBIAL MUSCULAR DYSTROPHY (TMD) AND A NOVEL DISTAL MYOPATHY

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Academic Dissertation

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LIST OF ORIGINAL PUBLICATIONS

This thesis is based on the following original articles, which are referred to in the text by their Roman numerals. In addition, some unpublished data are presented.

I Haravuori H, Mäkelä-Bengs P, Udd B, Partanen J, Pulkkinen L, Somer H and Peltonen L. Assignment of the tibial muscular dystrophy locus to chromosome 2q31. Am J Hum Genet (1998) 62:620-6.

II Haravuori H*, Vihola A*, Straub V, Auranen M, Richard I, Marchand S, Voit T, Labeit S, Somer H, Peltonen L, Beckmann JS and Udd B. Secondary calpain3 deficiency in 2q-linked muscular dystrophy – Titin is the candidate gene. Neurology (2001) 56:869-77.

III Hackman P, Vihola A*, Haravuori H*, Marchand S, Sarparanta J, de Seze J, Labeit S, Witt C, Peltonen L, Richard I and Udd B. Tibial muscular dystrophy is a titinopathy caused by mutations in TTN, the gene encoding the giant skeletal-muscle protein titin. Am J Hum Genet (2002) 71:492-500.

IV Mahjneh I, Haravuori H, Paetau A, Anderson LVB, Saarinen A, Udd B and Somer H. A distinct phenotype of distal myopathy in a large Finnish family. Neurology (2003) 61:87-92.

V Haravuori H, Siitonen HA, Mahjneh I, Hackman P, Lahti L, Somer H, Peltonen L, Kestilä M, and Udd B. Linkage to two separate loci in a family with a novel distal myopathy phenotype (MPD3). *Submitted*.

***** These authors contributed equally to the respective works.

ABBREVIATIONS

AD	autosomal dominant inheritance
ANK1	ankyrin 1 gene
AR	autosomal recessive inheritance
ATP	adenosine triphosphate
BAC	bacterial artificial chromosome
BLAST	basic local alignment search tool
bp	base pair
cDNA	complementary DNA
CK	creatine kinase
cM	centiMorgan
CT	computed tomography
DAB	3,3'-diaminobenzidine
DCM	dilated cardiomyopathy
DGC	dystrophin glycoprotein complex
DMD	Duchenne muscular dystrophy
DMRV	distal myopathy with rimmed vacuoles, Nonaka myopathy
DNA	deoxyribonucleic acid
DRAL	LIM-domain protein down-regulated in rhabdomyosarcoma
EM	electron microscopy
EMG	electromyography
ENMG	electroneuromyography
EST	expressed sequence tag
FHL	four and a half LIM-only protein
FISH	Fluorescence *in situ* hybridization
FITC	fluorescein isothiocyanate
FN3	fibronectin type III
HCM	hypertrophic cardiomyopathy
HGP	Human Genome Project
HIBM	hereditary inclusion body myopathy (h-IBM)
Ig	immunoglobulin C2
IκBα	inhibitory protein κBα
kb	kilobase
kD	kiloDalton
LGMD	limb-girdle muscular dystrophy
LOD	logarithm of odds
LODM	late-onset distal myopathy
Mb	megabase

MD	megaDalton
MDM	muscular dystrophy with myositis in mouse
MM	Miyoshi myopathy
MPD	distal myopathy
MLC1SA	myosin light chain 1 slow-twitch muscle A
MLCK	myosin light chain kinase
MRI	magnetic resonance imaging
mRNA	messenger RNA
MURF	muscle-specific ring finger
MyBP	myosin-binding protein
MYH7	β-cardiac myosin heavy chain
NCBI	National Center for Biotechnology Information
NF-κB	nuclear factor κB
NM	nemaline myopathy
nNOS	neuronal nitric oxide synthase
OMIM	Online Mendelian Inheritance in Man
PAC	P1 derived artificial chromosome
PAGE	polyacrylamide gel electrophoresis
PCR	polymerase chain reaction
RH	radiation hybrid
RNA	ribonucleic acid
RT	reverse transcription
SG	sarcoglycan
SGC	sarcoglycan complex
s-IBM	sporadic inclusion body myositis
SNP	single nucleotide polymorphism
SSCP	single strand conformational polymorphism
STS	sequence tagged site
TA	tibialis anterior
TMD	tibial muscular dystrophy
TTN	titin gene
TUNEL	deoxynucleotidyl transferase-mediated dUTP nick end labeling
Θ	recombination fraction
WDM	Welander distal myopathy
YAC	yeast artificial chromosome

In addition, the standard abbreviations of nucleotides and amino acids are used.

SUMMARY

Distal myopathies are hereditary disorders that cause progressive distal muscle weakness and atrophy without clinically significant involvement of proximal muscles at the early stages of the disease. One representative of this group is autosomal dominant tibial muscular dystrophy (TMD). TMD was originally described in Finland and the disease prevalence according to the known patients is currently $7:10^5$. The first symptoms, weakness of ankle dorsiflexion and inability to walk on the heels, occur after 35 years of age. Tibialis anterior muscles are particularly involved and muscle weakness and atrophy usually remain confined to the anterior compartment of the lower legs. The objective of this study was to clarify the molecular genetic background of TMD.

The TMD locus was assigned to chromosome 2q31 by performing a genome wide scan and linkage analysis on one Finnish family. The locus finding was confirmed in three other families. Haplotype analysis revealed a founder haplotype shared by TMD chromosomes of the affected individuals. The critical region was restricted to approximately one cM spanning the region between markers D2S2173 and D2S2310. Genetic homogeneity of TMD was supported by linkage to the 2q31 locus in a French family. Further, late-onset distal myopathy (LODM) with phenotypic resemblance was also linked to chromosome 2q31.

The critical region included one major candidate gene encoding the giant sarcomeric protein titin. Sequencing of the gene identified TMD causing mutations in the 363^{rd} and the last exon (Mex6), which encodes an Ig-domain located in the M-line region of the sarcomere. The identified mutations were an 11-bp deletion/insertion changing four amino acids in Finnish patients and a leucine to proline change in French patients. The alterations possibly disrupt the Ig-domain structure. Three Finnish patients with severe limb-girdle muscular dystrophy phenotype were homozygous for the 11-bp mutation.

Muscle biopsy of a homozygous patient showed specific loss of antibody recognition of the carboxy-terminal titin epitopes located in the M-line, while the sarcomere structure remains intact. Further, the mutated Ig-domain resides in the vicinity of the calpain 3 binding site. Mutations in calpain 3 cause LGMD2A. The amount of calpain 3 varied in the muscle samples from

heterozygous TMD patients and there was a severe loss of calpain 3 in the muscle of the homozygous patient. Myonuclear apoptosis and perturbation of the IκBα/NF-κB pathway similar to LGMD2A were observed in both heterozygous and homozygous patients. Identification of the TMD causing mutations in titin and the preliminary results of the consequences are the basis for future studies on molecular mechanisms involved in the muscle degeneration in TMD and other myopathies.

During the TMD study, a new phenotype of autosomal dominant distal myopathy was discovered in a Finnish family and the aims of this thesis became broader to include the characterization of this phenotype. The first symptoms are clumsiness with the hands and stumbling around the age of 30. The thenar and hypothenar muscles of the palms are involved at onset. The disease progresses to other hand muscles, to the lower legs, the forearm muscles, and later to the proximal muscles. This phenotype is distinct from the previously described ones and was termed MPD3. Molecular genetic studies were initiated. Unexpectedly, a genome wide scan provided significant evidence for linkage to two chromosomal regions, 8p22-q11 and 12q13-q22. Statistical and haplotype analyses showed identical results for both loci making any distinction impossible. In the future, both loci may be tested with unclassified distal myopathy patients and with families reported by others to confirm the locus assignment.

REVIEW OF THE LITERATURE

Introduction

During the preceding two decades, there has been immense progress in resolving the molecular genetic background of the inherited muscular dystrophies and myopathies. Most of the classified entities have been assigned to a chromosomal locus or the causative gene and mutations are known. This has resulted in reclassification of these disorders based on molecular genetics. Pathogenetic mechanisms and details of the muscle cell structure and function have been studied both at the molecular and cellular level. However, many questions remain to be answered. One of the most intriguing is the molecular background of the selective pattern of muscle involvement in the different muscular dystrophies and myopathies.

Distal myopathies

Classification

Distal myopathies are hereditary disorders that cause progressive distal muscle weakness and atrophy without clinically significant involvement of proximal muscles at the early stages of the disease. Serum CK activity ranges from normal or slightly elevated levels up to 150 times the upper normal limit in certain types of distal myopathy. Electrophysiological findings are compatible with myopathy without myotonic discharges or altered nerve conduction velocities. Morphological studies of muscle tissue show myopathic changes: variation in fibre size, central nuclei and increased connective tissue are seen in muscle biopsy. Fibre necrosis and regeneration are a less frequent findings in most entities. At later stages, the muscle tissue may be totally replaced by fat and fibrous connective tissue. There are no inflammatory cell infiltrates. Rimmed vacuolated fibres are often present in the biopsy but are not a specific finding for distal myopathy. Central cores, nemaline bodies, inclusion bodies, desmin storage and accumulation of glycogen or lipid are associated with other diagnoses, although the clinical presentation may show a distal phenotype. (Barohn 1993, Somer 1995, Somer 1997, Barohn et al. 1998).

During the early nineties four clinical entities were proposed for classification of the adult onset distal myopathies, two autosomal dominant and two autosomal recessive disorders: late adult onset myopathy with onset in the hands (Welander distal myopathy) and late adult onset myopathy with onset in the legs (Late-onset distal myopathy, tibial muscular dystrophy), early adult onset myopathy in the posterior compartment of the lower legs (Miyoshi myopathy) and early adult onset myopathy in the anterior compartment of the lower legs (Nonaka myopathy) (Barohn 1993). Because the morphological findings in many distal myopathies have similarities to those found in sporadic inclusion body myositis (s-IBM), the term hereditary inclusion body myopathy (h-IBM) has also been used for its classification (Askanas and Engel 1995, Griggs et al. 1995).

With the identification of the molecular genetic cause for the different distal myopathies, the classification suggested by Barohn (1993) has become obsolete and progress in molecular studies has set a completely new approach for the diagnostics. However, the genotype-phenotype correlation may not be straightforward. Many known genes responsible for distal myopathies may also cause proximal phenotypes or cardiomyopathy making the category of distal myopathies somewhat arbitrary. Nevertheless, the term distal myopathy is still useful for clinical practise when the causative mutation is not known. (Udd and Griggs 2001). Classification of the distal myopathy entities is reviewed in table 1. In addition, there are several muscle diseases that present distal muscle weakness predominantly or occasionally. They have specific features or may be less well defined (table 2 and table 3).

Table 1. Classification of the distal myopathy entities . AD = autosomal dominant inheritance, AR = autosomal recessive inheritance

NAME AND SYMBOL	GENE, LOCUS AND HEREDITY	AGE OF ONSET	INITIAL MUSCLE WEAKNESS	PROGRESSION TO PROXIMAL MUSCLES	REFERENCES
Welander distal myopathy, WDM (OMIM 604454)	2p13 AD	> 40 years	Hands: Extensor	14%	Welander 1951, Edström 1975, Åhlberg et al. 1999
Tibial muscular dystrophy, TMD, Udd myopathy (OMIM 600334)	Titin (2q31) AD	35 to 70 years	Legs: Anterior	rarely	Udd et al. 1993, III
Late onset distal myopathy, LODM	2q31 AD	40-51 years	Legs: Anterior	+	Markesbery et al. 1974, This study
Miyoshi myopathy, MM Distal autosomal recessive myopathy (allelic to LGMD2B) (OMIM 254130)	Dysferlin (2p13), 10q AR	15 to 25 years	Legs: Posterior	++	Miyoshi et al. 1986, Liu et al. 1998, Bashir et al. 1998, Linssen et al. 1998
Nonaka myopathy, Distal myopathy with rimmed vacuoles, DMRV, Hereditary inclusion body myopathy, IBM2, Quadriceps sparing inclusion-body myopathy (OMIM 605820)	GNE (9p12-p11) AR	20 to 40 years	Legs: Anterior	++	Nonaka et al. 1981, Argov and Yarom 1984, Eisenberg et al 2001, Kayashima et al. 2002
Autosomal dominant distal myopathy, MPD1, Infantile onset distal myopathy, Gowers-Laing (OMIM 160500)	MYH7 (14q11) AD	1.5 to 25 years	Legs: Anterior, neck flexors	+	Gowers 1902, Laing et al. 1995, Voit et al. 2001, Meredith 2001

Table 2. Single families with distal myopathy and other distal myopathies. (Modified from Udd and Griggs 2001.)

SINGLE FAMILIES WITH DISTAL MYOPATHY	GENE OR LOCI
Variable onset distal myopathy (Sumner et al. 1971)	
Distal myopathy with vocal cord and pharyngeal weakness, MPD2 (Feit et al. 1998)	**5q31**
Very late onset distal myopathy (Penisson-Besnier et al. 1998)	
Distal myopathy with pes cavus and areflexia (Servidei et al. 1999)	**19p13**
Adult onset distal myopathy (Felice et al. 1999)	
Juvenile onset distal myopathy (Zimprich et al. 2000)	
Distal myopathy with early respiratory failure (Chinnery et al. 2001)	
New Finnish distal myopathy, MPD3 (IV, V)	
OTHER DISTAL MYOPATHIES	**GENE OR LOCI**
Myofibrillar myopathies (desmin related) (Sjöberg et al. 1999, Vicart et al. 1998)	**DES, CRYAB**
Distal myopathy with sarcoplasmic bodies (Edström et al. 1980)	
Oculopharyngodistal myopathy (Satoyoshi and Kinoshita 1977)	

Table 3. Other myopathies that may present distal weakness (Udd and Griggs 2001).

Facioscapulohumeral dystrophy, FSHD	**Central core disease**
Inclusion body myositis (IBM)	**Nemaline myopathy**
Dystrophia myotonica DM1	**Limb-girdle muscular dystrophy 2G**
Scapuloperoneal myopathy	**Limb-girdle muscular dystrophy 1C**

Tibial muscular dystrophy (TMD)

TMD was originally described in two different patient groups in Finland and it was not well understood whether the two groups represented the same disease (Laulumaa et al. 1989, Partanen et al. 1990, Udd et al. 1990). Classification of this new disorder was complicated due to distal and proximal phenotypes observed in the original large consanguineous kindred originating from the Larsmo Islands on the West coast of Finland (Udd et al. 1991*a*, Udd et al. 1992). Further, rimmed vacuoles were observed only in muscle biopsies of patients originating from the Savo-Karelia region (Partanen et al 1994, Udd et al. 1992). A nation-wide survey revealed 66 patients with uniform clinical presentation and the term tibial muscular dystrophy was proposed (Udd et al. 1993). To date there are more than 200 patients examined and they have more than 150 known symptomatic relatives leading to a point prevalence of 7/100 000 TMD patients in Finland (Hackman et al. 2002).

Clinical picture

The first symptoms, weakness of ankle dorsiflexion and an inability to walk on the heels, occur after 35 years of age. On inspection, the tibial anterior (TA) muscles are found to be atrophic (fig. 1). The short toe extensor muscles remain intact. There is no sensory loss and the tendon reflexes remain preserved. The disease is very slowly progressive and weakness usually stays confined to the anterior compartment muscles of the lower legs. After 10-20 years, the long toe extensors become clinically involved leading to foot drop and clumsy walking. In some rare cases patients have developed weakness in their proximal leg muscles early in the course of the disease. At the age of 75 years one third of the patients show mild to moderate walking impairment due to proximal leg muscle weakness. Neither the upper limb muscles or facial muscles are not involved and cardiomyopathy has not been diagnosed in TMD patients. The overall clinical symptoms are mild: patients remain ambulatory throughout their lifetime and in the mildest form may not be aware of their condition at all. (Udd et al. 1992, Udd et al. 1993, Partanen et al. 1994).

Serum creatine kinase (CK) levels are normal or slightly elevated. Normal nerve conduction velocities are observed in neurophysiological studies whereas EMG shows myopathic changes especially in the TA muscles: a reduced number of very low and short polyphasic motor unit potentials and frequent fibrillation activity (Udd et al. 1993, Partanen et al. 1994, Udd et al. 1998). Computed

tomography or MRI show selective involvement of TA muscles that are replaced by adipose tissue. In the late stages, the long toe extensors are also involved and there are patchy lesions seen in clinically unaffected muscles (fig. 2) (Udd et al. 1991*b*, Partanen et al. 1994).

Figure 1. Lower legs of a 58-year-old male TMD patient. Ventral edges of the tibial bone are prominent due to the atrophy of the TA muscles. Symptoms of reduced ankle dorsiflexion had existed for 15 years.

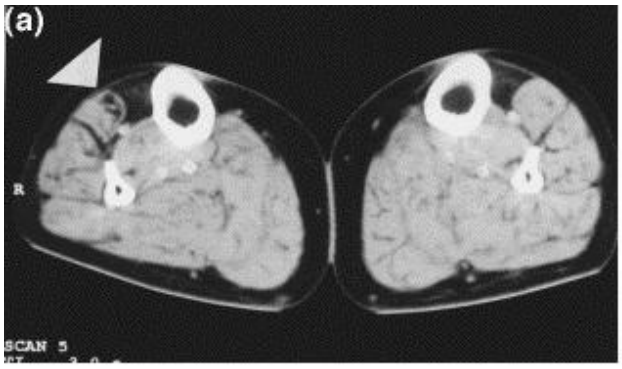


Figure 2. CT scan of the leg muscles of a 64-year-old female patient with 8-10 years of symptoms and inability to walk on her heels. Selective fatty degeneration of the TA muscles is shown on both sides with an early degeneration of the right extensor hallucis longus muscle (arrowhead).

Morphological findings

Muscle biopsy findings vary with the site of biopsy and the duration of the disease. Affected anterior compartment muscles in early stages of the disease show myopathic changes: increased fibre size variation, increased number of internal nuclei, fibre splitting and occasional fibre necrosis, angular and basophilic fibres. The sarcomere structure appears to be intact when examined by electron microscopy (EM). At later stages, severe dystrophic changes are observed with loss of myofibres and replacement by fibrous connective tissue and fatty infiltration. Lipofuscin granules are observed near the nuclei. Rimmed vacuoles, non-storage autophagic vacuoles with typical granular staining in their periphery, are seen in the majority of the patients in the early stages, although their presence is not mandatory for the diagnosis. Rimmed vacuoles in TMD do not show immunoreactivity for tau, β-amyloid or β-amyloid precursor protein. On EM, the rimmed vacuoles are found to contain degenerative cellular debris material with degenerating mitochondria, dark granular material, membrane whorls, myeloid bodies, multiple small vesicles, tubular structures and occasional bundles of 15-20 nm filaments, which are not separated from the

sarcoplasm by a membrane (fig. 4) Clinically non-affected muscles show normal morphology or minor myopathic changes. (Udd et al. 1992, Udd et al. 1993, Partanen et al. 1994, Udd et al. 1998).

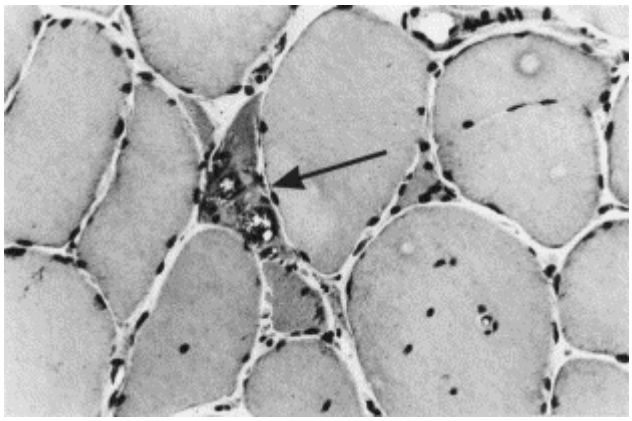


Figure 3. Muscle biopsy from the TA muscle of a patient with 1-2 years of clinical symptoms showing early changes: increased variation of fibre size, increased number of internal nuclei, angular atrophic fibres, hypertrophic fibres, one atrophic fibre with rimmed vacuolar change (arrow) and one split fibre. (H&E 400x).

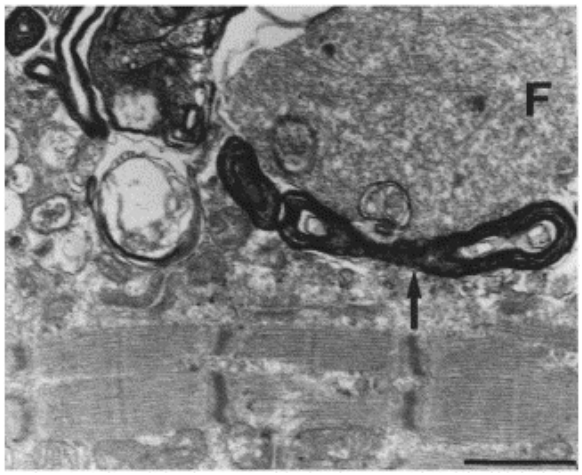


Figure 4. Electron micrograph of a TA muscle biopsy showing the edge of a rimmed vacuole containing cellular debris, i.e. myeloid figures (arrow), small vesicular structures, amorphous material and a 15-20 nm filamentous inclusion (F). Bar 1 µm.

Genetic studies

The pedigree findings in TMD are consistent with autosomal dominant inheritance as there are affected family members in all generations in about 0.5 proportion and there are male-to-male transmissions excluding X-chromosomal inheritance (Partanen et al.1990, Udd 1992*a*). There is no significant difference in disease severity between genders. In the highly consanguineous Larsmo kindred eight patients were described to suffer from severe proximal LGMD-type of muscle weakness and atrophy, but the age of onset, the progression rate and severity varied. Three patients had good distal strength and remained ambulatory at an advanced age, whereas the others had also severe distal weakness and were wheelchair bound in early adulthood (Udd et al. 1991*a*). Limb-girdle type muscular dystrophy was found in a proportion of 0.246 in this pedigree and was suggested to result from a homozygous manifestation of the dominant gene (Udd 1992*a*). A genome-wide locus search was initiated in this pedigree with multiple inheritance models but it resulted in no significant linkage findings (Nokelainen et al. 1996).

TMD is a member of the Finnish disease heritage group currently consisting of 36 diseases enriched in Finland due to population history (Norio 2003*a,b,c*). Because of the relative homogeneity of the Finnish gene pool, these diseases are mostly caused by one major mutation. The geographical background of the families with TMD patients show clustering in two areas, the Savo-Karelia region in eastern Finland and the west coast region of middle Finland. Genealogical studies back to the 16th century have not revealed connections between the groups (Udd et al. 1993). Since the islands of Larsmo and the lowlands on the neighbouring mainland were available for permanent living after the 13th century, the TMD mutation may have originated in Savo-Karelia and spread with the settlement to the Western coast.

TMD outside Finland

There has been considerable emigration from Finland during the last centuries. Genealogical studies have showed that members of the Larsmo kindred have moved to North America, Sweden, other parts of Europe, South America and Australia. They may have passed TMD to their descendants (Udd 1992b). TMD patients with Finnish ancestry have been diagnosed with verified mutations in Sweden, Germany and Canada. Two European families, from Lille in France and Brussels in Belgium, without connection to Finland, have been described with clinical, ENMG, CT, morphological and genetic findings that are compatible with TMD (de Seze et al. 1998, van den Bergh et al. 2003, III).

Late-onset distal myopathy (LODM, Markesbery-Griggs)

One family of French-English ancestry with seven distal myopathy patients has been described in the the United States. Their pedigree indicated an autosomal dominant inheritance pattern. The onset of the disease was between 46 and 51 years of age when weakness of anterior compartment distal leg muscles, i.e. weakness of ankle dorsiflexion, developed. The disease showed slow progression to the upper limb finger and wrist extensor muscles and to the intrinsic muscles. Eventually the proximal leg muscles became involved and one of the patients lost the ability to walk in his 70s. Cardiomyopathy was diagnosed in two autopsy studies. Serum CK was slightly elevated. Nerve conduction velocities were normal. Frequent fibrillations and low amplitude short motor unit potentials were observed in the EMG of the affected muscles. (Markesbery et al. 1974)

Replacement of myofibres with adipose and fibrous tissue was common in biopsies of the atrophic muscles. Myopathic changes were encountered in less severely affected muscles e.g. a variation in fibre size, central nuclei, necrosis and several fibres with multiple vacuoles. Large basophilic sarcoplasmic masses and large non-rimmed vacuolated fibres are the major difference compared to TMD muscle biopsy findings. Focal homogeneous granular material observed in a minority of the fibres and streaming of Z-line and rod like clumps of Z-line material were EM findings at variance with TMD. Membrane bound autophagic vacuoles containing granular cytoplasmic degradation products and myeloid bodies were other EM findings. (Markesbery et al. 1974, Markesbery et al. 1977).

Limb-girdle muscular dystrophies (LGMD)

Classification

Limb-girdle muscular dystrophies are inheritable autosomal recessive or autosomal dominant muscular disorders where the hallmark of the disease is progressive muscular wasting and predominant involvement of the pelvic and shoulder girdle musculature (Bushby 1997). The LGMD group is greatly heterogeneous both in the clinical and genetic sense. Classification is based on the mode of inheritance (LGMD1 for the dominant forms and LGMD2 for the recessive forms) and further on the known genes and loci (table 4) (Bushby and Beckmann 2003).

Clinical picture and laboratory findings

The first symptoms in LGMD are weakness in either the pelvic or the shoulder girdle muscles or both simultaneously. At the disease onset, the distal, facial or extra-ocular muscles are usually spared but they may become involved later. The age of the onset varies from childhood to adulthood and the rate of progression varies from rapid to very slow. Some forms resemble severe Duchenne muscular dystrophy leading to loss of ambulation in 10-20 years when others have a milder course. Different mutation types partially explain the severity, but intrafamilial variation is also seen with the same mutation. Serum CK is always elevated in the recessive forms, at least when the disease process is active, and may be up to 200 times the upper normal limit. Asymptomatic

Table 4. Current classification of LGMD.
http://www.neuro.wustl.edu/neuromuscular/musdist/lg.html

NAME	GENE PRODUCT	LOCUS	REFERENCES
LGMD 1A	myotilin (MYOT)	5q22-q34	Speer et al. 1992, Hauser et al. 2000
LGMD 1B	lamin A/C (LMNA) (also mutated in AD Emery-Dreifuss MD and partial lipodystrophy)	1q11-q21	van der Kooi et al. 1997, Muchir et al. 2000
LGMD 1C	caveolin-3 (CAV3) (also mutated in rippling muscle disease)	3p25	Minetti et al. 1998, McNally et al. 1998
LGMD 1D	(= dilated cardiomyopathy CMD1F)	6q23	Messina et al. 1997
LGMD 1E	-	7q	Speer et al. 1999
LGMD 1F	-	7q32	Palenzuela et al. 2003
LGMD 2A	calpain 3 (CAPN3)	15q15-q21	Beckmann et al. 1991, Richard et al. 1995
LGMD 2B	dysferlin (DYSF) (allelic to Miyoshi myopathy)	2p13	Bashir et al. 1994, Bashir et al. 1998, Liu et al. 1998
LGMD 2C	γ-sarcoglycan (SGCG)	13q12	Ben Othmane et al. 1992, Noguchi et al. 1995, McNally et al. 1996
LGMD 2D	α-sarcoglycan (SGCA)	17q12-q21	Roberds et al. 1994, Piccolo et al. 1995
LGMD 2E	β-sarcoglycan (SGCB)	4q12	Lim et al. 1995, Bonnemann et al. 1995
LGMD 2F	δ-sarcoglycan (SGCD)	5q33-q34	Passos-Bueno et al. 1996, Nigro et al. 1996
LGMD 2G	telethonin (TCAP)	17q11-q12	Moreira et al. 1997, Moreira et al. 2000
LGMD 2H	TRIM32 (putative E3 ubiquitin ligase)	9q31-q34	Weiler et al.1998, Frosk et al. 2002
LGMD 2I	fukutin related protein (FKRP) (also mutated in MDC1C)	19q13	Driss et al. 2000, Brockington et al. 2001b
LGMD 2J	titin (TTN)	2q31	III

carriers may show slight CK elevation. In the dominant forms, CK varies from normal up to 6 times the normal upper limit. EMG examinations show myopathic or dystrophic changes. Muscle imaging with CT/T1-weighted MRI reveals hypodensity/ increased signal intensity in the affected muscles and helps to specify the pattern of muscle involvement. Muscle biopsy findings are consistent with dystrophy or myopathy. Signs of neurogenic process, inflammation, metabolic or mitochondrial abnormalities are excluded. Guidelines for specific molecular diagnosis of LGMD relying on genetic and protein expression findings have been proposed. (Bushby 1997, Mahjneh 1999, Bushby and Beckmann 2003).

Proximal and distal phenotypes in the same family

As was mentioned earlier, both TMD and proximal LGMD phenotypes have been found in one Finnish kindred. After the clinical genetic study, the proximal phenotype was suggested to result from a homozygous state of a dominant gene. This phenomenon is not restricted to TMD. In the other late onset dominant distal myopathy, Welander myopathy (WDM), a possible homozygous state has been described twice. On the first occasion, seven out 16 children of affected parents had distal myopathy, and two of them had severe myopathy with early proximal involvement (Welander 1957). After the linkage finding in WDM another family with a similar presentation was described. One patient homozygous for the WDM founder haplotype had earlier onset of the disease, faster progression and later marked proximal leg muscle weakness. The parents had classical WDM and were heterozygous for the haplotype (Åhlberg et al. 1999).

A slightly different situation has been documented with the case of Miyoshi myopathy (MM) and LGMD2B, both recessively inherited disorders. After the overlapping linkage finding, MM and LGMD2B could be speculated to be allelic (Bashir et al. 1994, Bejaoui et al. 1995). This issue was addressed when a large consanguineous aboriginal Canadian kindred with nine muscular dystrophy patients was described. Seven patients had proximal myopathy of the LGMD type and two patients had distal phenotype consistent with MM. All the affected were shown to carry the same homozygous missense mutation in *dysferlin* with a similar reduction in dysferlin expression in both phenotypes (Weiler et al. 1999). In a large inbred Russian family with LGMD2B and MM phenotypes, patients were likewise homozygous for a missense mutation

(Illarioshkin et al. 2000) and in an Italian family, the patients were compound heterozygotes for *dysferlin* missense mutations (Liu et al. 1998). It was concluded that additional genetic and environmental modifying factors are involved in influencing the phenotype (Weiler et al. 1999). Moreover, patients with dysferlin mutations may also present with reduced ankle dorsiflexion and foot drop instead of the more frequent MM phenotype. However, even in these cases the posterior compartment muscles of the lower legs are severely affected (Liu et al. 1998, Illa et al. 2001).

Molecular background of muscular dystrophies and myopathies

Skeletal muscles are specialized to generate the force that enables movement. They are composed of long and multinucleated cells called muscle fibres. Muscle fibre has electrically excitable plasma membrane (sarcolemma) surrounded by extracellular matrix. In the cytosol reside sarcomeres, the contractile subunits. End-to-end linked sarcomeres make up myofibrils. Parallel myofibrils of muscle fibre are visibly striated in light microscopy. The pattern arises from the repeated and highly organized arrays of thin (I-band) and thick filaments (A-band). Polar thin filaments are composed of actin and actin associated proteins. Tropomyosin and the troponin complex bind actin alongside whereas tropomodulin and capZ cap the filament ends. Bipolar thick filaments consist of hundreds of myosin molecules assembled into a filament backbone with globular heads in an array on the filament surface. Myosin binding proteins C and H (MyBP-C and MyBP-H) are distributed alongside myosin filaments. There are also filament systems of titin and nebulin. Single titin molecules span one-half of the sarcomere and nebulin accompany actin filaments lengthwise. Individual titin molecules overlap each other both in the Z-disc and in the M-line, thus forming a filament contig from one sarcomere to the next. In the middle of the sarcomere at the M-line, the myosin filaments are cross-linked with myomesin, M-protein and titin in a complex structure. The Z-disc anchors thin filaments from opposing sarcomeres making lateral boundaries for the sarcomere. Further, it serves as the anchoring site for cytoskeletal filaments (e.g. desmin) connecting the sarcomere to the sarcolemmal costamere and may have a role in signal transduction pathways. Cross-connecting structures are composed of α-actinin dimers and about a dozen novel molecules. The thick and thin filaments interact by transient cross-bridges of globular head domains of myosin molecules. During muscle contraction, the myosin binding sites of actin

filaments are exposed and hydrolysis of ATP drives the head domain conformational change causing the thin and thick filaments to slide past each other in series. (Stryer 1995, Squire 1997, Stromer 1998, Clark et al. 2002).

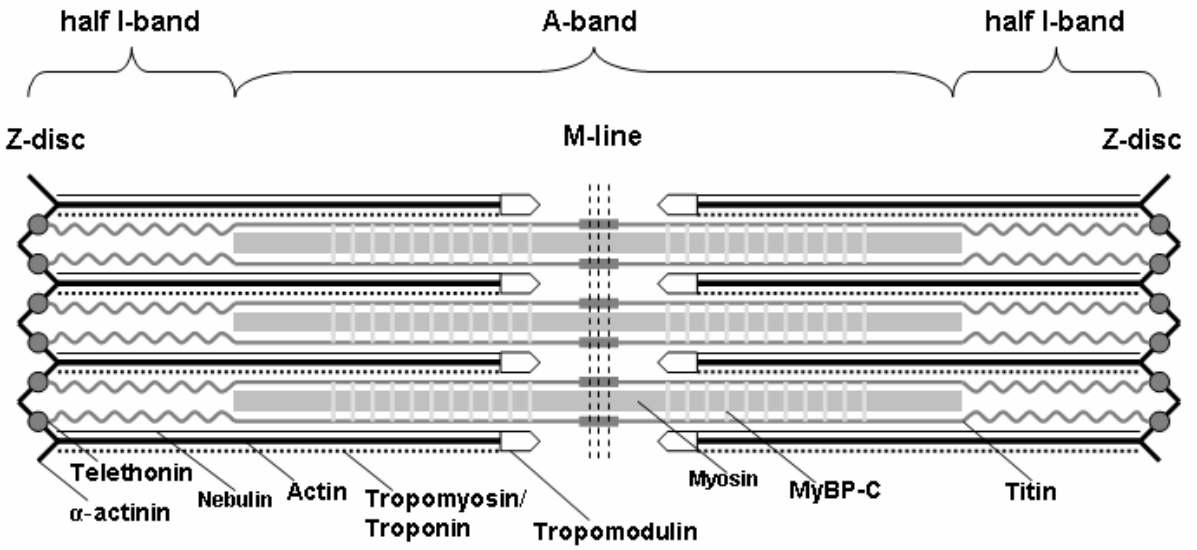


Figure 5. Schematic picture of the sarcomere showing thin (actin) and thick (myosin) filaments in association with titin and some other sarcomeric proteins.

Sarcolemmopathies

Sarcolemma, the plasma membrane of muscle fibre, bears specific features since force generated by sarcomeres has to be transmitted through it to the surrounding extracellular matrix without damaging the membrane structure. This is enabled by costameres that anchor sarcomeric Z-discs and M-lines to sarcolemma and further to extracellular matrix proteins like laminin and collagen. Three different multimolecular structures (dystrophin glycoprotein complex (DGC), integrins/ focal adhesion complex and the spectrin based cytoskeleton) make up the costameres (fig. 6) (Clark et al. 2002).

The advent of molecular genetic studies in muscular disorders began with the cloning of dystrophin, the gene defective in X-linked Duchenne and Becker muscular dystrophies (DMD, BMD) (Koenig et al. 1987, Hoffman et al. 1987). Dystrophin functions as a link between cytoskeletal actin and sarcolemmal β-dystroglycan and is essential in maintaining other components of the DGC at the

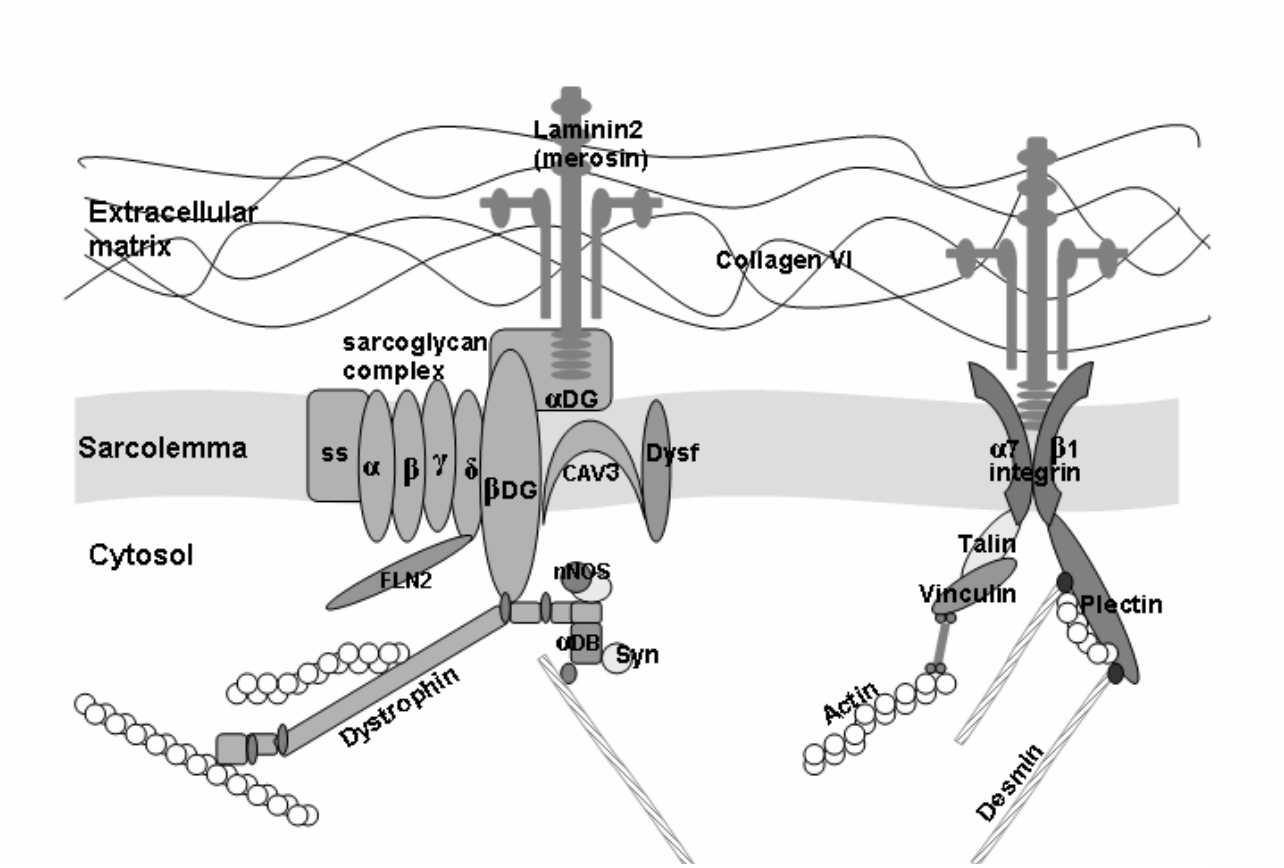


Figure 6. Sarcolemmal dystrophin glycoprotein complex and integrin complex. Dystrophin, sarcoglycan, caveolin-3 and dysferlin mutations are discussed in the text. Mutations in skeletal muscle specific α7 integrin cause congenital myopathy with delayed motor development (Hayashi et al. 1998). Expression of α7β1 integrin is upregulated in dystrophinopathy, possibly as a compensatory mechanism (Hodges et al. 1997). Laminin α-2-chain (laminin2, merosin) mutations cause congenital muscular dystrophy with a secondary reduction of α7 integrin (Helbling-Leclerc et al. 1995, Allamand et al. 1997, Cohn et al. 1999). Widely expressed type VI collagen genes are mutated in the rare dominant Bethlem myopathy with joint contractures (Jobsis et al. 1996, Lamande et al. 1998, Pan et al. 1998). Moreover, collagen VI mutations cause LGMD with phenotype overlapping Bethlem myopathy (Scacheri et al. 2002). DG =dystroglycan, ss =sarcospan, CAV3 = caveolin-3, Dysf = dysferlin, DB = dystrobrevin, Syn =syntrophin, nNOS = neural nitric oxide synthase, FLN2 =γ-filamin. (Figure modified from Clark et al. 2002.)

sarcolemma (Ervasti et al. 1990, Rosa et al. 1996, Rybakova et al. 2000). Further, many sarcolemmal and subsarcolemmal proteins that associate with dystrophin are implicated in signal transduction (fig. 6) (Rando 2001). A tremendous amount of research has concentrated on pathogenesis in dystrophinopathies. There is evidence for deranged calcium homeostasis, increased susceptibility to oxidative toxins and increased membrane permeability upon stress in muscle fibres. One model suggests that dystrophin deficiency causes increased transient local membrane disruptions and inflows of

calcium. Calcium activates intracellular proteases and leads to a vicious circle with altered calcium channel activity and further inflows of calcium. Disturbed calcium homeostasis causes apoptosis and/or necrosis of muscle fibre. (Blake et al. 2002, Alderton and Steinhardt 2000).

Studies on dystrophin resulted in purification of the sarcoglycan complex (SGC). SGC in skeletal muscle is composed of membrane spanning α-, β-, γ- and δ- SG and sarcospan (Ozawa et al. 1998, Crosbie et al. 1997). Subsequently, α-, β-, γ- and δ-sarcoglycans were found to be mutated in LGMD2D, 2E, 2C and 2F respectively (table 4). The SGC is assembled *en bloc* to the sarcolemma while mutation in any one of the sarcoglycans may prevent targeting of the complex to the plasma membrane (Holt and Campbell 1998). Thus, loss of one SG or dystrophin often results in the absence or reduction of the whole complex including sarcospan (Ohlendieck et al. 1993, Crosbie et al. 1999). One function of the sarcoglycan complex may be to strengthen the dystrophin-dystroglycan axis connecting cytoskeletal actin to the extracellular matrix (Ohlendieck 1996, Blake et al. 2002). Many studies support functions in signalling as well (Yoshida et al. 1998, Hack et al. 1999, Betto et al. 1999, Crosbie et al. 2002, Thompson et al. 2000).

Molecular genetic studies have identified other sarcolemmal DGC associated proteins, caveolin-3 and dysferlin, also to be mutated in LGMD. Caveolins are structural proteins involved in the formation of caveolae (small membrane invaginations) which participate in signalling and cellular transformation (Lisanti et al. 1995, Parton 1996). Muscle specific caveolin-3 mutations cause clinically variable dominant muscular phenotypes including LGMD1C, hyperCKaemia, distal myopathy and rippling muscle disease (Minetti et al. 1998, McNally et al. 1998, Carbone et al. 2000, Betz et al. 2001). Caveolin-3 binds to the same β-dystroglycan domain as dystrophin and competitive binding may regulate this interaction (Sotgia et al. 2000). Further, caveolin-3 interacts with subsarcolemmal nNOS and the developing T-tubule system (Parton et al. 1997), and seems to interact with dysferlin according to reported reciprocal secondary defects (Matsuda et al 2001). Caveolin-3 mutant myopathic mice show increased activity of nNOS as well as the changes in DGC distribution and T-tubule abnormalities that are also observed in LGMD1C patients (Sunada et al. 2001, Galbiati et al. 2001, Minetti et al. 2002).

Dysferlin mutations cause LGMD2B, Miyoshi myopathy (MM) and distal myopathy with anterior tibial onset (Bashir et al. 1998, Liu et al. 1998). Thus, modifying environmental and genetic factors are suggested to be involved in the pathogenesis because identical mutations cause these phenotypes (Weiler et al. 1999). Dysferlin is expressed at early embryonic stages and although dysferlin is not vital for myofiber assembly, altered dysferlin levels at a critical stage are hypothesized to contribute to the phenotypic variability (Anderson et al. 1999). Dysferlinopathy patients lack dysferlin at the plasma membrane and have intact caveolin-3 whereas in caveolinopathy the expression of both may be disturbed (Matsuda et al. 2001). Some secondary reduction in calpain 3 expression has been noted in LGMD2B patients but a potential dysferlin-calpain interaction has not been verified (Anderson et al. 2000, Vainzof et al. 2001). Recently, dysferlin was demonstrated to have a role in membrane repair. Dysferlin deficiency prevents Ca^{2+}-dependent resealing of the sarcolemma after injury potentially leading to muscle degeneration (Bansal et al. 2003, Lennon et al. 2003).

Sarcomere protein defects

The contractile subunits, sarcomeres, make up the bulk of the striated muscle fibre. As a natural consequence mutations in sarcomeric molecules cause variable muscular phenotypes and cardiomyopathy. Thin filament protein defects are associated with nemaline myopathies (NM), a subtype of congenital myopathies. NM present typically generalized muscle weakness of variable severity ranging from neonatal death to late onset slowly progressive disease. The characteristic findings on muscle biopsy are dark red or purple nemaline rod clusters under sarcolemma or around the nuclei with Gomori trichrome staining (Sanoudou and Beggs 2001). On electron microscopy, the nemaline rods appear to be extensions of Z-discs, and in fact consist of actin, α-actinin and other Z-disc proteins (Sanoudou and Beggs 2001). Autosomal recessive NM is caused by mutations in nebulin, skeletal muscle α-actin, α-tropomyosin, troponin T and dominant forms by mutations in α-tropomyosin, β-tropomyosin and α-actin (Laing et al. 1995b, Pelin et al. 1999, Nowak et al. 1999, Tan et al. 1999, Johnston et al. 2000, Ilkovski et al. 2001, Donner et al. 2002).

Autosomal dominant distal myopathy of Gowers-Laing type (MPD1) has been genetically linked to a large region on chromosome 14 (Laing et al. 1995*a*, Voit et al. 2001, Mastaglia et al. 2002). Muscle biopsy shows myopathic changes and in some cases autophagic vacuoles and intranuclear inclusions of 15-20-nm

filaments. Sequencing of the β-cardiac myosin MYH7 gene, has revealed a missense mutation A1663P encoding the tail region of the myosin molecule in an Australian family (Meredith 2001). Myosin is thought not to be able to form its α-helical coiled-coil structure due to introduction of a proline (Meredith 2001). Further, binding sites for myomesin and titin are located in the disturbed tail region. A nearby L1617 deletion of MYH7 has been associated with the disease in a German family (Udd et al. 2002). In addition, mutations in the MYH7 gene are the most common cause for the inherited hypertrophic cardiomyopathy. Especially missense mutations in the myosin head-neck region are known to alter the motor function (Seidman and Seidman 2001). The MYH2 gene encoding the fast myosin heavy chain is mutated in AD childhood onset hereditary inclusion body myopathy (HIBM3) with joint contractures and external ophthalmoplegia (Martinsson et al. 2000). The myosin motor domain is altered by an E706K missense mutation. Breakdown of the sarcomeric proteins was suggested to have a role in the pathogenesis of rimmed vacuoles (Tajsharghi et al. 2002)

Dominantly inherited LGMD1A is caused by missense mutations in myotilin, a novel protein identified through interaction with α-actinin (Salmikangas et al. 1999, Hauser et al. 2000, Hauser et al. 2002). Myotilin interacts also with γ-filamin (FLN2) and has direct actin filament cross-linking and stabilizing properties (van der Ven et al. 2000, Salmikangas et al. 2003). These myotilin interactions and correct timing of expression seem to be essential for myofibril assembly. It has been suggested that myotilin stabilizes the Z-disc structure (Salmikangas et al. 2003). This is supported by the streaming of the Z-lines observed in patient muscle biopsies. The identified mutations locate outside the α-actinin and γ-filamin interaction sites. Further, the mutant molecules are expressed and myotilin is correctly localized to Z-discs while α-actinin binding remains normal. This indicates that yet unknown interactions are disrupted (Hauser et al. 2000, Hauser et al. 2002).

Telethonin (T-CAP) mutations cause recessive LGMD2G (Moreira et al. 2000). In addition to proximal weakness, some LGMD2G patients have early weakness in distal muscles, a few patients have cardiomyopathy. Rimmed vacuoles are found in their muscle biopsies while the sarcomeric ultrastructure remains intact (Moreira et al. 1997). The known mutations result in a premature stop codon and patient muscle biopsies show a deficiency of telethonin protein (Moreira et al. 2000). Telethonin specifically binds titin Ig-domains Z1 and Z2 in the Z-disc. A

ternary complex of titin, telethonin and sarcoplasmic reticulum membrane protein, small splice variant of ankyrin-1, is implicated in organizing sarcoplasmic reticulum around the Z-disc (Gregorio et al. 1998, Mues et al. 1998, Zou et al. 2003, Kontrogianni-Konstantopoulos and Bloch 2003). When telethonin was identified, the protein was found to localize to the A-band with myosin (Valle et al.1997). This observation remains unclear. Telethonin interacts with many signalling associated molecules and the muscle LIM protein (MLP) telethonin complex is suggested to be a component of the stretch sensor machinery in cardiomyocytes (Faulkner et al. 2000, Frey and Olson 2002, Furukawa et al. 2001, Nicholas et al. 2002, Knöll et al. 2002). Defects in MLP lead to dilated cardiomyopathy.

Calpain 3 and myonuclear apoptosis

Structural proteins are reasonable targets for mutation in muscular dystrophy. In this context it was surprising that LGMD2A is caused by defective calpain 3 (Richard et al. 1995). Calpains are calcium-dependent cytosolic nonlysosomal cysteine proteases. Calpain 3, encoded by CAPN3, is the muscle specific member of this group (Sorimachi et al. 1989). In addition to four homologous domains found in ubiquitous calpains, it has three unique domains named NS, IS1 and IS2 (Sorimachi et al. 1989). Calpain 3 is subject to alternative splicing and the full-length protein is the major isoform found in mature muscle (Herasse et al. 1999). The IS2 domain contains a nuclear translocation signal and a titin binding site (Sorimachi et al. 1989, Sorimachi et al. 1995). Binding to titin may regulate calpain 3 activity by preventing autolysis (Sorimachi et al. 1995). Calpain 3 has been suggested to have a role in myofibrillar integrity and in muscle maturation and it is not expressed in the mature heart muscle (Spencer et al. 2002). In *in vitro* function studies, calpain 3 proteins with the LGMD2A mutations lack proteolytic activity (Ono et al. 1998, Jia et al. 2001).

Necrosis is thought to account for myofibre destruction in most of the muscular dystrophies. However, at least LGMD2A seems to be an exception. Patients and *capn3*-defective mouse exhibit TUNEL-positive apoptotic myonuclei in muscle fibres, and possibly in satellite cells, reducing the regenerative capacity of the muscles (Baghdiguian et al. 1999, Richard et al. 2000). Alterations in the IκBα/NF-κB signalling pathway have also been demonstrated. NF-κB is a transcription factor promoting expression of cell survival genes (Baghdiguian et al. 2001). IκBα masks the NF-κB nuclear localization signal and the inactive

IκBα/NF-κB complexes reside in the cytosol. Upon activation, IκBα is degraded allowing NF-κB to enter the nucleus. NF-κB induces, among others, expression of IκBα, which then transfers NF-κB back to the cytosol (Baldwin 1996). Calpain 3 is able to hydrolyse IκBα and possibly controls IκBα turnover *in vivo*. TUNEL-positive myonuclei in LGMD2A show IκBα labelling and aberrant NF-κB subsarcolemmal localization surrounding myonuclei (Baghdiguian et al. 1999). It has been postulated that accumulation of IκBα in calpain 3 deficiency prevents NF-κB dependent expression of survival genes and makes myofibres vulnerable to death signals (Baghdiguian et al. 2001). The protective role of NF-κB is supported by the finding that the NF-κB pathway is activated in inflammatory myopathies and to some extent in DMD (Monici et al. 2003). Some components of the ubiquitin-proteasome system are down regulated in the gastrocnemius muscle from calpain 3 deficient mice (Combaret et al. 2003). Ubiquination targets proteins to proteasome degradation in cells (Joazeiro and Weissman 2000). These findings suggest defective ubiquitination of specific targets and accumulation of altered proteins and/or dysregulation of the NFkB/IkBa pathway. Interestingly TRIM32, a putative E3-ubiquitin-ligase gene of the tripartite-motif family, is mutated in LGMD2H (Frosk et al. 2002).

Glycosylation defects

Post-translational modification of cell surface proteins with oligosaccharides is essential for their function in cell adhesion and signal transduction. Disruption in these processes has recently been recognized to cause muscular pathology. A deficiency of fukutin in Fukuyama congenital muscular dystrophy (FCMD) leads to hypoglycosylation of α-dystroglycan (Michele et al. 2002). α- and β-dystroglycan, encoded by a single gene, are expressed in various tissues but different glycosylation isoforms exist (fig. 6) (Ibraghimov-Beskrovnaya et al. 1993). Hypoglycosylation abolishes α-dystroglycan ligand binding, including binding to laminin (Michele et al. 2002).

Fukutin-related protein gene (FKRP) was identified by a homology search with the fukutin sequence, and it was found to be mutated in one form of congenital muscular dystrophy (MDC1C). Sequence analysis predicted a similarity to glycosyltransferases and both fukutin and FKRP have been localized to the Golgi apparatus (Esapa et al. 2002). MDC1C patient muscle biopsies show reduction in α-dystroglycan immunostaining similar to FCMD and secondary deficiency of laminin α-2 suggests pathogenetic similarity to FCMD. FKRP was

also found to be mutated in LGMD2I. Variable reduction of α –dystroglycan expression was observed in muscle biopsy of these patients accompanied by deficiency of laminin α-2 in some cases. (Brockington et al. 2001*a*, Brockington et al. 2001*b*)

GNE (UDP-N-Acetylglucosamine 2-Epimerase/N-Acetylmannosamine kinase) is the rate-limiting enzyme in the sialic acid biosynthesis pathway, one of the sugar residues found in glycoproteins (Keppler et al. 1999). GNE is mutated in h-IBM and Nonaka distal myopathy (DMRV) in addition to sialuria (Eisenberg et al. 2001, Kayashima et al. 2002). H-IBM and DMRV phenotypes overlap and they probably represent the same entity. The variability in phenotypes may be due to mutations in different domains of GNE or other modifying factors.

Titin (TTN)

It was noted early on that the thin and thick filament characteristics cannot explain all the features observed in muscle fibres. Subsequently, titin was identified independently as the elastic protein of the sarcomere and as the high molecular weight protein found in striated muscles (Maruyama et al 1977, Wang et al. 1979, Maruyama et al. 1981). Physiological roles for titin were established as titin degradation was shown to result in decreased passive tension of muscle fibres and immunoelectron microscopy studies revealed titin as an extendable filamentous protein spanning one-half of the sarcomere from Z-disc to M-line (Horowits et al. 1986, Fürst et al. 1988). This molecular giant (3700 kD in the soleus skeletal muscle) has been identified as the third filament system in the sarcomere besides the thick and thin filaments. Titin amino-termini are embedded in the Z-disc where titin filaments from opposing sarcomeres overlap (Gregorio et al. 1998). Central I-band titin constitutes the elastic part of the molecule and is composed of tandem Ig-repeats. The C-terminal region contributes to M-line structures where titin filaments from both sides of the sarcomere again overlap (Fürst et al. 1999). Thus, titin molecules provide a filament system extending the length of the myofibrils (fig. 5). Recent studies suggest a stoichometry of six titin filaments per one half myosin filament (Liversage et al. 2001, Knupp et al. 2002). Titin is associated with multiple roles: a scaffold in sarcomere assembly and molecular ruler of the thick filament length, an elastic spring that keeps contractile elements in place and finally a signal transducer (Trinick 1994, Labeit and Kolmerer 1995, Squire 1997, Gregorio et al. 1999, Machado and Andrew 2000, Clark et al. 2002).

Molecular structure of titin

A 294-kb gene located on chromosome 2q encodes titin (Bang et al. 2001, Pelin et al. 1997). 363 exons encode 38 138 amino acid residues (4200 kD). The titin structure is modular. About 90 percent of the molecule mass is composed of 90-95 residue immunoglobulin C2 (Ig)-like and 100-residue fibronectin type III (FN3)-like domains. Both Ig- and FN3-domains have a globular structure composed of seven or eight antiparallel β-sheets (Improta et al.1998, Mühle-Goll et al. 1998). The remaining ten percent consists of intervening unique sequences, one being a kinase domain while the others have no considerable homology to known proteins (fig. 7) (Labeit and Kolmerer 1995, Bang et al. 2001).

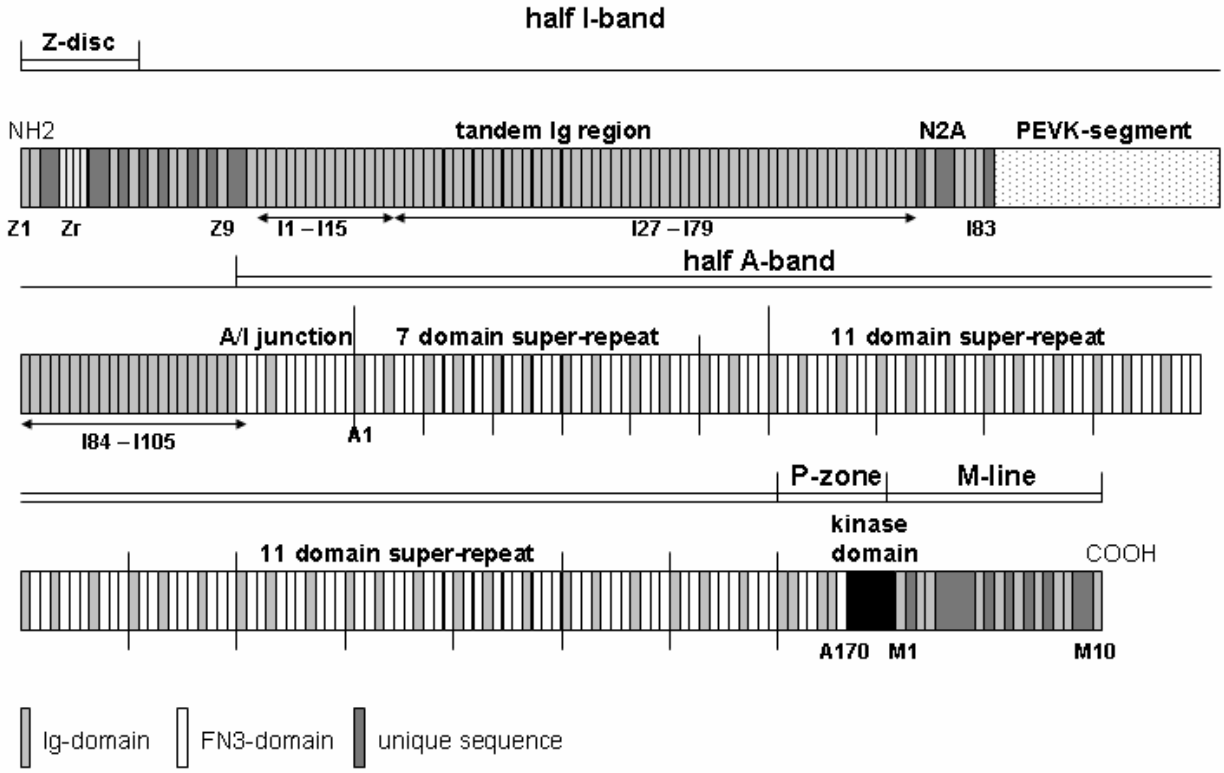


Figure 7. Modular structure of titin molecule (soleus skeletal muscle).

A large number of splice variants adjust titins for different physiological requirements in cardiac and skeletal muscle fibres (Labeit and Kolmerer 1995, Bang et al. 2001) (http://www.embl.heidelberg.de/ExternalInfo/Titin/). Four to seven Z-repeats are expressed in the Z-disc titin and the longer isoforms are found in cardiac muscle (Gautel et al. 1996, Sorimachi et al. 1997). Major

splicing differences in the I-band titin explain size differences observed between skeletal (3350-3700 kD) and cardiac muscle (2970-3300 kD) (Freiburg et al. 2000). Skeletal muscles express larger isoforms of the tandem Ig-repeat segments and a PEVK-region with the N2A domain (fig. 7). Cardiac isoforms have shorter Ig-repeat segments with reduced number of the Ig-domains and shorter PEVK domains. Further, the N2A domain is replaced by the N2B or N2BA domain in cardiac muscle (Freiburg et al. 2000, Trombitas et al. 2001). The A-band region has a conserved structure in all muscle types whereas the M-line region of titin is expressed in two splice isoforms either containing or lacking the Mex5 exon, designated as Mex5 + and Mex5 – isoforms (Kolmerer et al. 1996). A C-terminally truncated 700 kD isoform having an alternative C-terminus, novex-3, is expressed in both skeletal and cardiac muscle but is less abundant than the other isoforms (Bang et al. 2001).

Functions of titin and interactions with sarcomeric proteins

Z-disc and sarcomere assembly

Titin is expressed amongst the first sarcomeric proteins during myofibrillogenesis and is observed in dot-like aggregates with α-actinin that further organize to precursory Z-discs coordinating filament assembly (Lin et al. 1994, van der Loop et al. 1996, Gautel et al. 1999, Sanger et al. 2002). The aminoterminal 80 kD of the titin molecule spans the Z-disc (Gregorio et al. 1998, Young et al. 1998). The first two Ig-domains (Z1 and Z2) bind telethonin in a conformation-dependent manner suggesting regulation of this interaction by phosphorylation (Gregorio et al. 1998, Mues et al. 1998). One function of telethonin may be linking titin filaments in the Z-disc (Zou et al. 2003). In addition, telethonin is a potential molecule in the stretch sensor machinery with muscle LIM protein (Knöll et al. 2002)

Variably expressed 45-residue Z-repeats provide multiple binding sites for α-actinin C-termini (Gautel et al. 1996, Sorimachi et al. 1997). The adjacent sequence insertion (Zq) has a single binding site for the spectrin like repeats of the α-actinin molecule (Young et al. 1998). Titin-α-actinin interaction is regulated by phosphatidylinositol 4,5 bisphosphate (Young and Gautel 2000). Titin, together with nebulin, are suggested to regulate the diversity of Z-disc widths observed in different striated muscle types, although the correlation is not straightforward (Millevoi et al. 1998, Luther and Squire 2002).

I-band titin, elastic spring

Titin exhibits important mechano-physiological functions. The elastic properties of titin determine the passive tension of both skeletal and cardiac muscle. Titin helps to set the resting (slack) length of the muscle and further restores sarcomere length, and positions thick filaments at the centre of the sarcomere after stretching or contraction. Maintenance of the symmetrical thick and thin filament overlap is necessary for the sequential contractions by the sarcomeres (Horowits 1999). The I-band region is composed of tandem Ig-domain repeats, insertion of a PEVK domain (rich in proline, glutamine, valine and lysine residues) and a N2A domain in skeletal or the N2B/N2BA domain in cardiac muscle (fig. 7) (Labeit and Kolmerer 1995, Freiburg et al. 2000). The elasticity of I-band titin is determined by varying properties of these modules. Upon stretching with a low force these Ig-domains elongate without producing significant tension. The PEVK region unfolds at higher forces with a linear increase in passive tension (Linke et al. 1999, Li et al. 2001, Granzier and Labeit 2002). In cardiac muscle the N2B region is capable of extending after the PEVK domain at increasing levels of stretch (Linke et al. 1999, Trombitas et al. 1999). Different muscles have varying elastic properties that can be explained by alternative splicing events in the I-band titin (Freiburg et al. 2000, Cazorla et al. 2000). Stiffer cardiac muscle has the shortest isoforms of the I-band titins.

I-band titin, regulatory functions

Titin has been found to posses many unique regulatory mechanisms affecting the elastic and contractile properties of the muscle, such as the interaction with actin and nebulin in the PEVK region and modification of the N2B domain in cardiac muscle (Linke et al. 2002, Kulke et al. 2001, Yamasaki et al. 2001, Yamasaki et al. 2002, Neagoe et al. 2002, Golenhofen et al. 2002). The N2A domain binds the skeletal muscle specific protease calpain 3. However, the functional role of the titin calpain 3 interaction in the I-band is unknown. Implications for pathology exist as shown by the deletion of the N2A domain in the spontaneous MDM mutant mouse (Sorimachi et al. 1995, Garvey et al. 2002). The PEVK domain interaction with nebulin may have a role in myofibrillogenesis (Ma and Wang 2002).

A-band titin, scaffold for thick filament assembly

Titin is thought to serve as a ruler for myosin filament assembly (Trinick 1994). This is supported by the regular super repeat structure of FN3- and Ig- domains of the A-band titin matching the myosin helix repeats (fig. 7) (Labeit et al.

1992). Titin FN3-domains bind to light meromyosin, the C-terminal portion of the myosin molecules (Houmeida et al. 1995). The gap of myosin crossbridges close to the end of thick filaments correlates with the stretch of FN3-domains possibly being the termination mark for myosin filaments (Bennett and Gautel 1996). In the absence of titin, thick filament assembly is impaired (van der Ven et al. 2000*b*). FN3-domains also bind myosin heads, which may influence acto-myosin interactions (Mühle-Goll et al. 2001). Another important binding partner of A-band titin is myosin-binding protein C (MyBP-C). MyBP-C molecules are arranged regularly in nine of the 11 thick-filament stripes where the first Ig-domain of each titin super repeat serves as the binding site (Freiburg and Gautel 1996). Thus, MyBP-C is thought to be involved in thick filament assembly and may regulate contraction (Winegrad 2000).

M-line titin

The M-line serves as an anchoring site for thick filaments in the middle of the sarcomere where myosin filaments are cross-linked to a complex structure with M-bridges, M-filaments and secondary M-bridges. M-bridges correspond to the electron dense M-lines observed in electron microscopy. The M-line is made up of myosin, titin, different isoforms of myomesin, M-protein and molecules involved in signalling and metabolism. C-terminal titin filaments from both sides of the sarcomere overlap in the M-line but direct interaction between titin molecules from opposite sides has not been shown. (fig. 8) (Fürst et al. 1999).

A very intriguing part of M-line titin is a serine/threonine- kinase domain homologous to the myosin light chain kinase (MLCK) (Labeit and Kolmerer 1995, Gautel et al. 1995). The kinase domain is highly conserved between species and it is supposed to be fundamentally important for muscle function. Characterisation of the kinase activation showed that it phosphorylates telethonin during early myofibrillogenesis *in vitro* but true physiological substrates remain to be clarified. (Mayans et al. 1998). The functional importance of the kinase region is highlighted as conditional deletion of the exons Mex1 and Mex2 is lethal in early embryogenesis and when introduced later causes muscle weakness, sarcomeric disassembly and death in postnatal mice (Gotthard et al. 2003).

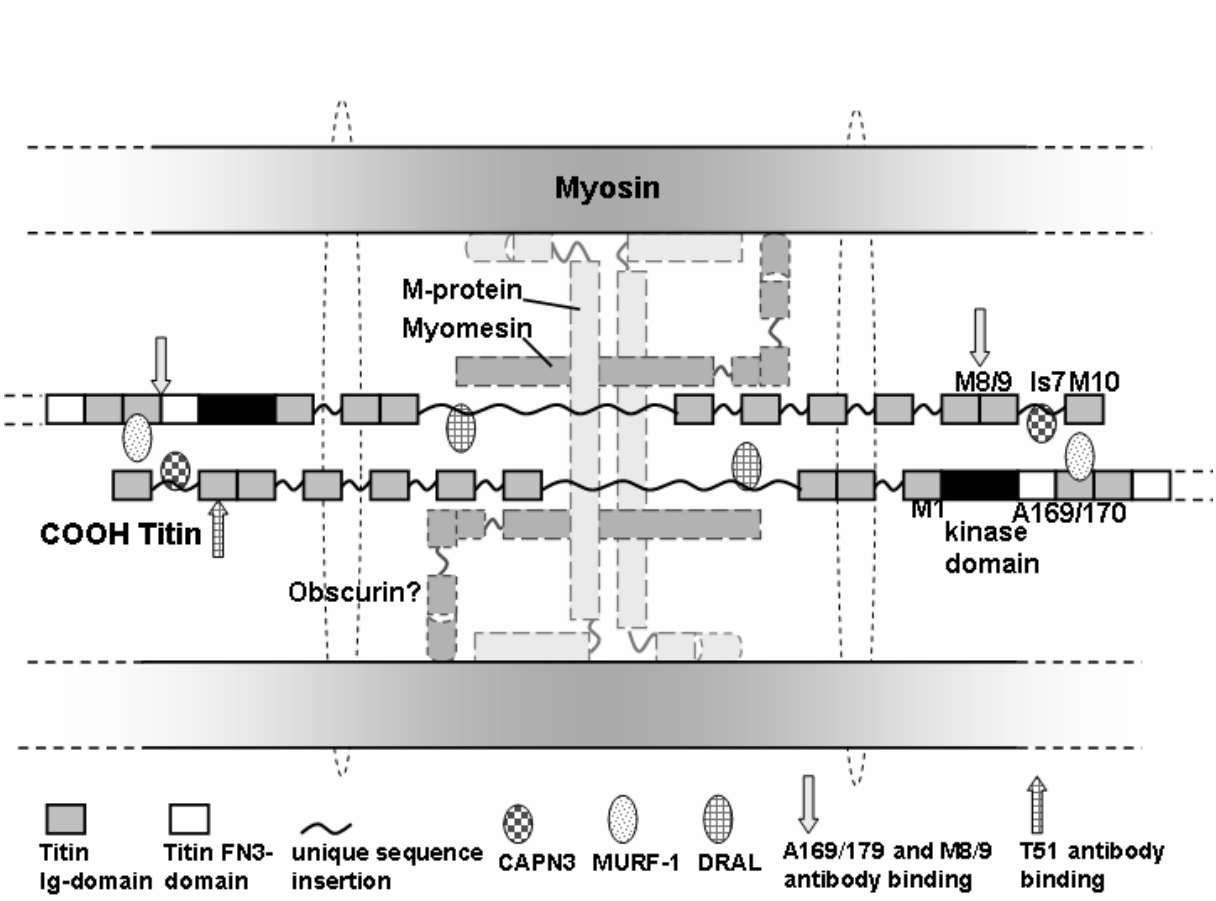


Figure 8. Schematic representation of the molecular structure of M-line titin and associated proteins (modified from Fürst et al. 1999). Is7 encoded by the Mex5 exon is subject to alternative splicing and may be left out. Myomesin, M-protein and obscurin have modular structures similar to titin. Myomesin binding to titin is regulated by phosphorylation. M-protein has not been demonstrated to bind titin so far and its expression is restricted to cardiac and fast-twitch muscles. Binding sites of the signalling molecules calpain 3, MURF-1 and FHL2-DRAL are indicated. DRAL has been suggested to link metabolic enzymes like CK to M-line. The localization of obscurin is obscure. Binding sites of M-line titin antibodies are indicated with arrows. (Oberman et al. 1997, Fürst et al. 1999, Auerbach et al. 1999, Ehler et al. 1999, Lange et al. 2002).

The second last titin exon (Mex5) codes for a unique sequence insertion (is7) and is alternatively spliced (Kolmerer et al. 1996). Heart muscle expresses Mex5+ isoforms only. Fast-twitch muscles express Mex5- as the major isoform while slow-twitch muscles express both isoforms (Kolmerer et al. 1996). This variability may correlate with the electron microscopic differences seen in M-lines of different muscle types (Kolmerer et al. 1996). Other interesting features of M-line titin are the existence of a putative phosphorylation site in the unique sequence insertion is4, the interaction and binding of creatine kinase, the

regulatory FHL2-DRAL and myomesin in the centre of the M-line (Labeit and Kolmerer 1995, Oberman et al. 1997, Lange et al. 2002).

As mentioned above, titin contains at least two binding sites for the muscle-specific protease calpain 3, one in the N2A domain and the second in the M-line. Interaction with Z-disc titin has also been suggested. The M-line binding site has been mapped to the is7 encoded by Mex5. The two different titin-calpain 3 interactions are not equal when it comes to binding affinities and the binding region of calpain 3 itself. Mature cardiac muscle does not express calpain 3 and both titin binding sites are subject to alternative splicing. Thus, binding to titin may regulate calpain 3 activity in a muscle specific manner. M-line titin may also provide a scaffold for other molecules interacting with calpain 3. (Sorimachi et al. 1995, Kinbara et al. 1997).

Novel titin interacting molecules
Obscurin is a recently identified 800 kD striated muscle protein which has a modular structure similar to titin. However, it is expressed in low levels in skeletal and cardiac muscle (Young et al. 2001, Russell et al. 2002). During myofibrillogenesis, obscurin interacts with titin Z-disc Z9-Z10 Ig-domains and transfers to the M-line region later in differentiation (Young et al. 2001). The small Novex-3 titin isoform was found to interact with obscurin - providing a second binding site to obscurin and implicating obscurin-titin complexes with elastic properties (Bang et al. 2001). Obscurin has two kinase domains homologous to myosin light chain kinases (MLCK), a calmodulin-binding IQ motif and a Rho guanine nucleotide exchange factor domain, indicating a role in calcium dependent and G-protein coupled signalling (Young et al. 2001, Russell et al. 2002). Obscurin interactions with ankyrin-1 isoforms and titin are suggested to organize sarcoplasmic reticulum components in the Z-disc and M-line (Zhou et al. 1997, Bagnato et al. 2003 Kontrogianni-Konstantopoulos and Bloch 2003, Kontrogianni-Konstantopoulos et al. 2003)

Yeast two-hybrid screening with titin baits resulted in the discovery of a *muscle-specific RING finger protein-1* (*MURF-1*) (Centner et al. 2001, Dai and Liew et al. 2001). Subsequent yeast two-hybrid screens with MURF-1 as a bait led to the discovery of *MURF-2* and *MURF-3* (Centner et al. 2001). MURFs belong to the RING-B-box-coiled-coil proteins implicated in signalling, ubiquitination and transcription. MURF-1 binds to titin A168-A169 domains adjacent to the kinase domain, which has led to a suggestion that it may regulate kinase activity

(Centner et al. 2001). Some expression of MURF-1 has been observed in Z-discs and nuclei (Centner et al. 2001, McElhinny et al. 2002). M-line and thick filament structure are maintained by MURF-1 interaction with titin (McElhinny et al. 2002). Interestingly, MURF-1 has ubiquitin ligase activity and is upregulated in skeletal muscle atrophy. In fact, MURF-1 knockout mice are resistant to muscle atrophy and MURF-1 may be a key molecule in regulating protein degradation (Bodine et al. 2001). During myofibrillogenesis, MURF-2 associates in sequential order with microtubules, myosin and titin. In mature cardiac muscle, it locates to the M-line and nuclei (Pizon et al. 2002). MURF-3 locates to Z-discs, interacts with MURF-1 and MURF-2 and is involved in microtubule maintenance (Spencer et al. 2000).

DRAL/FHL-2 (cardiac muscle four and a half LIM-only protein) binds titin in the I-band N2B-domain and the is2 domain in the M-line and may couple the metabolic enzymes creatine kinase, adenylate kinase and phosphofructokinase to the sarcomeric structures (Lange et al. 2002). Homologous FHL-1 and FHL-3 proteins are expressed specifically in skeletal muscle but their binding partners have not been defined (Morgan and Madgwick 1999).

Identification of disease genes

Several approaches to identify disease-causing genes exist, once a disorder with Mendelian inheritance (monogenic) is characterized. The four main paths are functional cloning, the candidate gene approach, positional cloning and the positional candidate approach (Collins 1995). Which path is used is dependent on the level of prior knowledge of the functional defect in the disease and the patient/family material available.

- *Functional cloning* is based on existing information of the biochemical defect or protein product. The amino acid sequence is used to design oligonucleotides that are further used to identify cDNA e.g. by screening transcript libraries. This requires no information on the chromosomal map position of the gene and used to be the conventional method in disease gene identification (Gitschier et al. 1984, Ikonen et al. 1991).
- *The candidate gene approach* is also based on prior knowledge of the pathogenesis of the disease. On the grounds of a hypothesis, probable defective genes are directly screened for mutations or families are used for linkage analysis to candidate gene loci.

- *Positional cloning* of a disease gene is based solely on chromosomal location of the disease gene (Rommens et al. 1989, Hästbacka et al. 1994). Pure positional cloning used to be a laborious method: After locus finding and refinement, a genomic clone contig (physical map) was created and identified transcripts were searched for mutations. The advancements brought by the Human Genome Project (HGP) has facilitated this method by providing genetic and physical maps of the human genome and most recently the complete human genome sequence (International Human Genome Sequencing Consortium 2001, Venter et al. 2001). Identification of genes within the linked region can be performed *in silico* and the physical mapping step is no longer needed.
- *The positional candidate approach* has gained dominance over the above methods due to the HGP (Collins et al. 1995). Once the locus assignment is established with sufficient family material, pathogenetically likely genes, predicted genes or expressed sequence tags (EST) from the linked region are sequenced (Aittomäki et al. 1995).

The Human Genome Project

The Human Genome Project (HGP) was launched in the late 1980s when the National Human Genome Research Institute (NHGRI) was founded by the US Department of Energy (DOE) and the National Institutes of Health (NIH) in the United States. The goals for the HGP were to create genetic and physical maps and to sequence the human genome and the genomes of key model organisms in parallel, to develop technology supporting these objectives and to study ethical, legal and social aspects of human genome research (Collins and Galas 1993, http://www.genome.gov/). Other countries launched their own genome projects simultaneously. The International Human Genome Organization (HUGO) was created to coordinate the national projects (McKusick 1989).

It may be stated that the HGP has reached all its goals. During the 1990s dense genetic maps based on polymorphic DNA markers were released (Gyapay et al. 1994, Dib et al. 1996, Broman et al. 1998) as well as sequence-tagged site (STS) -anchored and gene based physical YAC/RH maps available from the public databases (Cohen et al. 1993, Hudson et al. 1995, Stewart et al. 1997, Deloukas et al. 1998). In February 2001, the International Human Genome Sequencing Consortium published the draft sequence of the human genome representing about 94 percent of the 3200 Mb human genome. Their strategy “hierarchical shotgun sequencing” was based on sequencing physically mapped BAC clones

(International Human Genome Sequencing Consortium 2001). Assembled sequences were released daily and made available in public databases. Simultaneously, the commercial organization Celera published another version of the human genome sequence that has not been freely available (Venter et al. 2001). Their strategy was "whole genome shotgun sequencing" although they could use freely accessible mapping and sequence data produced by the HGP. In April 2003, the International Human Genome Sequencing Consortium declared that the HGP was successfully completed and the human genome has been 99 percent sequenced with outstanding accuracy (http://www.genome.gov/).

New goals have been set for the scientific community. The raw sequence has to be interpreted, how the genome functions as a whole and virtually all the molecular pathways it encodes have to be determined. Further, information of the human genome and other organisms has to be applied in practice in a manner that will benefit the health and well-being of all individuals. (Collins et al. 2003).

Genetic mapping

The initial step towards disease gene identification with no functional evidence is to define the genetic locus for the disease gene. A genome wide scan and family-based linkage analysis is the conventional and straightforward method. The requirement is a well-characterized phenotype, because misdiagnoses potentially jeopardize the locus assignment. DNA samples from both affected and nonaffected family members are screened for genetic markers segregating with the disease phenotype. Two loci are linked if they are inherited together more often than would be expected by chance. This is based on the biology of meiosis. Alleles in the same chromosome are more likely to be separated by a recombination event the further they are apart. The genetic distance unit is a centiMorgan (cM), which is defined as the probability of the recombination event in meiosis. A one percent probability corresponds to one cM. The human genetic map is on average 3690 cM but the recombination frequency varies with the chromosomal region and sex (Gyapay et al. 1994, International Human Genome Sequencing Consortium 2001). Genetic and physical distances are comparable to some extent and roughly long chromosome arms have a recombination rate of 1cM per one Mb and short arms 2 cM per 1 Mb (International Human Genome Sequencing Consortium 2001).

The aim of statistical linkage analysis is to approximate the recombination fraction (Θ) between the disease and the marker locus and further determine the significance level. In the conventional likelihood (L) based method the odds ratio for or against linkage is calculated and the result is often expressed as a LOD (logarithm of odds, Z) score, which is the $\log_{10}$ of the likelihood ratio (Ott 1991, Terwilliger and Ott 1994):

$$Z(\Theta) = \log_{10} \frac{L(\text{linkage})}{L(\text{ no linkage})} = \log_{10} \frac{L(\Theta < 0.5)}{L(\Theta = 0.5)}$$

For monogenic diseases a LOD score >3 (odds ratio 1000:1) is considered significant evidence for linkage, while a LOD score < -2 (odds ratio 1:100) excludes the linkage (Conneally et al. 1985). The most probable distance of the disease locus from a tested marker is the recombination fraction that gives the highest LOD score (Ott 1991). Specific computer software is utilized to perform linkage calculations. For example the LINKAGE package programs may be used to calculate LOD scores using information from one marker (pair-wise analysis) or several markers (multipoint analysis) (Lathrop and Lalouel 1984, Terwilliger and Ott 1994, Cottingham et al.1993). The VITESSE algorithm has been developed to enable faster multipoint analyses (O'Connell and Weeks 1995). These are parametric analyses i.e. they require prior knowledge of the mode of inheritance, disease gene frequency and penetrance. There are also non-parametric analysis methods like GENEHUNTER to circumvent these problems (Kruglyak et al. 1996).

After locus assignment by linkage analysis, the linked region may still be too large and contain too many genes for gene identification attempts. The use of isolated populations, like the Finns, may be beneficial as many diseases in such a population are caused by one major founder mutation (Peltonen et al. 1999, Norio 2003*c*). Linkage disequilibrium (LD), the non-random association of marker alleles in the linked loci, may help to restrict the critical region (Jorde 1995). Further, haplotyping markers close to the vicinity of the disease locus may reveal a shared haplotype among affected family members and, on the other hand, indicate ancestral recombination events restricting the critical chromosomal region. This method has been used successfully to identify disease genes of the Finnish disease heritage (Peltonen et al. 1999).

AIMS OF THE PRESENT STUDY

Prior to this study, genes and mutations underlying several inherited muscle disorders had been identified. However, for the clinically identified distal myopathies, no genes had been identified and only linkage assignment had been established for Miyoshi myopathy. A genomewide search for the TMD locus had been initiated with the original complex Larsmo pedigree without success. Meanwhile, diligent clinicians in Finland had identified more TMD families on clinical grounds and the available material for a linkage approach had become considerably larger and clinically well characterized.

The aim of this study was to clarify the molecular genetic background of TMD and the specific aims of this study were:

- To establish the genetic locus for TMD,
- To restrict the critical chromosomal region,
- To elucidate the relation of TMD to other described distal myopathies,
- To identify the causative gene by the positional candidate approach, and
- To study functional consequences of the putative mutation(s).

During the TMD study, a novel distal myopathy with a distinct phenotype was discovered in a Finnish family. This triggered further aims of this study:

- To clinically characterize the new form of distal myopathy, and
- To begin molecular genetic studies of this novel entity.

SUBJECTS AND METHODS

TMD patients and families

One part of the family material consists of the original pedigree in which TMD was described with some rare patients displaying an LGMD phenotype (Udd et al. 1991). DNA samples had been obtained from patients and healthy family members prior to this study (Nokelainen et al. 1996). Family B used in the linkage studies represents part of this large consanguineous pedigree (fig. 11). Further, Family A used in the linkage studies has been described in detail earlier (fig. 10) (Partanen et al. 1994). Dr. B. Udd or Dr. H. Somer has evaluated diagnoses for the additional families and patients according to the criteria described in Udd et al. (1993). Altogether samples have been acquired from ten families with at least five affected persons, altogether 97 patients with TMD diagnosis, 6 with LGMD diagnosis and 77 healthy family members. An additional 32 patients belong to small families with 2-3 patients. 40 patients studied were without known affected relatives. Venous blood samples were collected for DNA extraction and/or immortalized lymphocyte cell cultures. Muscle biopsies were surgically obtained. Some biopsies, taken earlier for diagnostic purposes, were available. Samples were collected from informed and consenting individuals. The Ethical Board of Vasa Central Hospital approved the study protocol. DNA from members of one French family with 5 TMD patients and 9 healthy family members were included in the study (fig. 12) (de Seze et al. 1998).

LODM family

The LODM family studied represents a younger generation of the U.S. family in which the disease was originally described (Markesbery et al. 1974). Dr. Griggs and Dr. Markesbery established the diagnoses. Altogether, DNA samples were collected and available from 7 affected and 8 unaffected individuals, while for 10 persons a diagnosis could not be determined due to the late onset of the disease (fig. 13). Foreign samples were collected according to the local ethical guidelines from informed and consenting patients and family members.

Control samples

In the linkage studies healthy family members served as control samples. The random sample from the Finnish population consisting of 56 DNA samples obtained for paternity tests and 160 from the Finnish Red Cross were analysed

to verify the TTN mutation. Samples were randomly numbered and could not be traced to any single person. A total of 93 French population samples were available at Généthon.

DNA extraction

DNA was extracted from whole-blood samples as described by Vandenplas et al. (1984) with modifications for the use of Phase Lock gel.

Genotyping

Polymorphic microsatellite markers were amplified by PCR (Aaltonen et al. 1993). Fluorescently labelled products were electrophoresed with an ABI 377 Sequencer and analysed with Genotyper 2.0 software (Perkin-Elmer, Applied Biosystems). Alternatively, 15 loci were genotyped using ^{32}P -γATP-labelled primers in PCR. The radioactive PCR products were separated in 5% polyacrylamide gel electrophoresis and the gels were subsequently dried. Products were visualized by autoradiography on Kodak X-Omat film and alleles were scored manually.

Linkage analyses

Two-point LOD-score calculations were performed using the MLINK option of the LINKAGE package programs (Lathrop and Lalouel 1984, Cottingham et al. 1993, Schäffer et al. 1994). The SLINK option was utilized to estimate the informativeness of the family material (Ott 1989, Weeks et al. 1990). The VITESSE algorithm was used for multipoint likelihood calculations (O'Connell and Weeks 1995), for which TMD family B had to be subdivided, owing to multiple founders in the family. Autosomal dominant inheritance with complete penetrance was assumed and the gene frequency was set to .0001, young subjects (<35 years of age) were scored unknown in the linkage analyses, owing to the late onset of the studied diseases. The patients with LGMD phenotype (Family B) were considered as affected. Male and female recombination fractions were assumed to be equal.

Haplotype analyses

Haplotypes for the TMD locus on chromosome 2q were assembled manually allowing a minimum number of recombination events in each family. For sporadic TMD patients haplotypes were constructed according to the putative founder haplotype with a minimum number of ancestral recombinations.

Genomic clones

Whitehead Institute WC2.15 contig includes five CEPH (Centre d'Etude du Polymorphisme Humain) YAC clones containing TMD linked markers that were purchased to establish a rough physical map of the linked region. After colony purification and DNA extraction, marker content of these clones was verified by PCR. The PAC library provided by Dr. P. de Jong was screened by PCR using primers for linked markers and known STSs in the critical region. Positive clones were colony-purified and DNA was obtained from subsequent cultures.

Southern blot hybridisation

DNA from three TMD patients, a TMD haplotype homozygous LGMD patient, an LGMD patient without the TMD haplotype and two control samples were analysed to identify major genomic rearrangements in TTN. DNA was digested with restriction endonucleases EcoRI, HindIII and PvuII (Amersham), and Southern blot hybridisation membranes were hybridised separately with titin cDNA PCR product pools hh1-9, hh 14-20 and hh45-53 recognizing 5' region, A/I junction and 3' regions of titin respectively (Southern 1975, Feinberg and Vogelstein 1984, Labeit and Kolmerer 1995).

Sequencing

The entire TTN coding region kown at the time including 348 of 363 exons was sequenced in TMD patient and control DNA. Specific primer pairs were designed manually or by Primer3 software to amplify fragments of the TTN gene or cDNA (Rozen and Skaletsky 2000). Genomic DNA or reverse transcriptase (RT)-reaction products were PCR amplified and run in agarose gels to confirm fragment size and specificity. The PCR products were purified enzymatically or by Qiagen columns (Hanke et al. 1994, Werle et al. 1994) and were sequenced using an ABI PRISM BigDye Terminator Cycle Sequencing Ready Reaction Kit (Chadwick et al. 1996). Extension products were precipitated and electrophoresed with an ABI PRISM 377 DNA sequencer (Perkin-Elmer, Applied Biosystems). Sequence data were analysed with Sequencing Analysis 3.3 and Sequencher 3.0 or 3.1.1 software (Perkin-Elmer, Applied Biosystems).

SSCP Analysis

SSCP analysis was used to screen patients and control samples for the putative TMD-causing 11 bp deletion/insertion in exon Mex6 of TTN (Vidal-Puig and

Moller 1994). PCRs were performed using a primer pair designed for a 184 bp fragment (forward CAGCATTGAATGAAGGCAAAG, reverse TCCACCATCTTGTTTCTGTACG). The PCR products were electrophoresed at 3 W for 15 hours in 0.5 x MDE polyacrylamide gel and the gels were stained using the silver staining method, were fixed and dried (Vidal-Puig and Moller 1994, Donner et al. 2002). The gels were scanned at 300 dpi with an Agfa Snapscan 1236s image scanner. Adobe Photoshop 5.5 was used for image enhancement and detection of the bands.

RNA extraction and RT-PCR

Total RNA was extracted with a Rneasy Mini Kit (Qiagen) or a Purescript RNA Isolation Kit (Gentra) from either immortalized lymphocyte cell cultures or muscle biopsy samples that were surgically obtained and immediately frozen in liquid nitrogen and stored in -80°C. Complementary DNA was synthesized from 1 μg of total RNA using 15 U AMV reverse transcriptase (Amersham), 1 U RNAse inhibitor (Rnasin, Promega), 10 pmol of dT_{30} primer and the four deoxynucleoside triphosphates at 0.4 mM concentration in 20 μl of buffer supplied with the enzyme (II). Alternatively, cDNA was synthesized by use of 200 ng total RNA as template with 200 U M-MLV reverse transcriptase (Promega), 20 U RNAse inhibitor (Rnasin, Promega), 0.8 μM specific primer, 0.6 mM deoxyribonucleoside triphosphate and buffer in a total volume of 25 ul (III).

Western blot analysis

Muscle biopsies of seven TMD patients and an LGMD patient homozygous for the TMD haplotype were snap frozen in isopentane chilled in liquid nitrogen to about -150°C, after which they were weighed and homogenized with 19 volumes of SDS-PAGE sample buffer containing 4 M urea and 4% SDS. Proteins were denatured by incubation at +100°C for 5 minutes. Next, 8% gels were prepared, and different dilutions of pooled control homogenate were applied into each gel for quantitation. Both gel electrophoresis and Western blotting were carried out using standard buffers and protocols, with Bio-Rad Protean II xi Cell and Bio-Rad Trans-Blot cell (Hercules) (Laemmli 1970, Towbin et al. 1979). After electrophoresis, the proteins were transferred onto nitrocellulose membrane sheets and labelled with polyclonal telethonin antibody or monoclonal calpain3-antibodies NCL-CALP-2C4 and NCL-CALP-12A2 (Novocastra Laboratories) which recognize 94 kD full size calpain3 and additional 30-kD and 60-kD protein fragments (Valle et al. 1997, Anderson et

al. 1998). DAB-detection was used with horseradish peroxidase-conjugated secondary antibody (DAKO P-0260). Residual proteins on gels were stained with Coomassie Brilliant Blue (R-250) after Western blotting. Dried blots and gels were used for densitometric analysis with Bio-Rad Quantity One-software.

Immunohistochemistry and immunofluorescence studies

Muscle biopsies from three TMD patients and one LGMD patient homozygous for TMD mutation were analysed with control samples. Initially antibodies were used against a total of 12 different epitopes of titin (x99a-x100, x105-x106, x112-x113, x118-x119, BK283-284, BD6, DB12, 9D10, McSM1, Mc3B9, NCL-TITIN, T11), α-actinin (NCL-α-ACT) and telethonin (cpf3a-4c) on frozen 6-µm longitudinal muscle sections, fixed with ice cold acetone for 6 minutes (Novocastra Laboratories, Sigma). Antigenic detection was performed according to the manufacturer's instructions using biotinylated antimouse and antirabbit secondary antibodies followed by ABC-DAB-detection (Vectastain Elite Universal Kit, Vector Laboratories) or with fluorescein isothiocyanate (FITC) conjugated secondary antibodies for immunofluorescence detection (DAKO F 0232 and DAKO F 0205) (II).

In the second stage exon-specific titin antibodies were obtained by expressing the Ig/FN3 domains A169/A170 (corresponding to the Mex1 exon containing the MURF-1 binding site) and the Ig domains M8/M9 (corresponding to Mex3/Mex4) in *Escherichia coli* essentially as described elsewhere (Gregorio et al. 1998). Rabbit polyclonal antibodies were raised to the purified antigens, and obtained antisera were affinity purified (Biogenes). Both polyclonal antibodies were used at 1:200 dilutions and the monoclonal anti-myomesin B4 (Grove et al. 1984) was used at a dilution of 1:10 on unfixed frozen 6-µm longitudinal muscle sections. A Ventana Nexes automated immunostainer (Ventana Medical Systems) was employed for immunohistochemistry by the avidin-biotin-complex method followed by 3,3'-diaminobenzidine (DAB) detection. Immunofluorescent detection was manually performed using FITC-conjugated secondary antibody (DAKO 0205, DAKO A/S) (III).

Apoptosis studies

The TUNEL staining method (an *in situ* cell death detection kit) and anticaspase3 antibodies were applied to detect apoptotic myonuclei from the biopsies of three patients with TMD, one TMD haplotype homozygous LGMD patient and samples of MDM mouse. The muscle biopsies were counterstained

with antidystrophin and DAPI (4,6-diamidino-2-phenylindole), appropriate secondary fluorescent antibodies were used and the sections were viewed with indirect immunofluorescence confocal microscopy. The TUNEL staining method was used according to the manufacturer's protocol (Boehringer). Positive controls were obtained by incubating sections with 0.5 mg/ml deoxyribonuclease (DNase1) at room temperature before TUNEL staining. Further antibodies against Iκ-Bα and p65NF-κB were used on a set of slides to study IκBα/NF-κB expression in muscle cells. Methods used to detect apoptosis, the study of the IκBα/NF-κB route and indirect immunofluorescence confocal microscopy were essentially performed as described elsewhere (Baghdiguian et al. 1999).

MDM mouse studies

Age- and sex-matched normal control (C57BL/6J, C57BL/10), MDX (C57BL/10-*mdx*; dystrophin deficient) and MDM mice (C57BL/6J-*mdm*) were studied. Breeder mice of the MDM strain were obtained in 1992 from the Jackson Laboratory. The mice were no older than 12 weeks. Animals were kept in the animal care unit of the University of Bielefeld and of the University of Essen according to animal care guidelines. The Animal Care Use and Review Committee of the University of Essen approved all animal studies. The MDM skeletal muscle was homogenized with 1% SDS. After centrifugation, 100 μg of supernatant was resolved by SDS-PAGE (Anderson et al. 1998) on 3% to 15% linear gradient gels and transferred to nitrocellulose membranes (Towbin et al. 1979). Nitrocellulose transfers were blocked in Blotto and subsequently incubated overnight with primary anticalpain3 antibodies Calp3c/11B3 and Calp3d/12A2 (Anderson et al. 1998). Immunoblots were then washed with Blotto and incubated for 1 hour with peroxidase conjugated secondary antibody (Boehringer Mannheim) at a dilution of 1:1000.

Clinical examination of a Finnish family with MPD3 phenotype

Clinical history regarding motor development, age and symptoms at onset, evolution of the disease, and other medical complications was recorded for all patients and two unaffected family members. A detailed muscle examination according to the Medical Research Council scale was carried out in order to assess the relative involvement of specific muscle groups.

Laboratory investigations in MPD3

Muscle CT scans were performed on seven patients and three unaffected family members. An MRI of the upper limbs was performed for two patients. Serum CK activity was measured for six patients and for two unaffected relatives. Electrocardiogram and echocardiogram were carried out on four patients. Respiratory function was evaluated for four patients by performing spirometry and arterial blood gas analysis. Electrophysiological studies including electroneurography and EMG were conducted on the upper and lower limbs in multiple proximal and distal muscles of six patients.

Muscle biopsy of the quadriceps, gastrocnemius, or tibial anterior muscles was obtained from five patients and from one unaffected member of the family for diagnostic purposes and they were used for this study after informed consent. The biopsies were processed using routine pathologic, histochemical, immunohistochemical, and ultrastructure studies by standard techniques. The antibodies used for immunocytochemical analysis were phosphorylated neurofilament protein/tau (SMI-31), dystrophin (Dy4/6D3 and Dy8/6C5), α-sarcoglycan (Ad1/20A6), γ-sarcoglycan (35DAG/21B5), β-dystroglycan (43DAG/8D5) and on the western blots α2-laminin (80 kD fragment), calpain 3 (Calp3d/2C4 and Calp3c/12A2) and dysferlin (NCL-hamlet).

Blood samples for DNA extraction were obtained from 8 patients and 5 first-degree relatives after obtaining their informed consent and in agreement with the Helsinki Declaration. The Ethical Board of the Kainuun sairaanhoito- ja erityishuoltopiirin kuntayhtymä approved the study protocol.

Genotyping and linkage studies in MPD3

In the first stage, microsatellite markers were genotyped for TMD and Welander distal myopathy loci on chromosomes 2q31 and 2p13 (I, Åhlberg et al. 1999). Haplotypes were constructed for segregation analysis. Further haplotypes were compared to the founder haplotypes observed in these disorders. A genome wide scan with nine family members and 553 polymorphic microsatellite markers was performed in collaboration with the Finnish Genome Center (Broman et al. 1998). Subsequently, additional samples were available for the linkage studies and chromosomal regions that generated a two point LOD score >1.0 were genotyped using an additional 95 markers. Marker PCR products were electrophoresed on an ABI 377 Sequencer and analysed with Genotyper 2.0 software or with Applied Biosystems 3730 DNA Analyzer and GeneMapper™

3.0 software (Applied Biosystems). Marker order and distances were obtained from the Map Viewer at NCBI and the Center for Medical Genetics (at Marshfield Clinic) internet pages (International Human Genome Sequencing Consortium 2001, Broman et al. 1998). Linkage calculations were performed with a dominant mode of inheritance, full penetrance and a disease allele frequency of 0.0001. Male and female recombination fractions were assumed to be equal. Two-point LOD scores were calculated using the MLINK option of the LINKAGE v5.1 program (Lathrop and Lalouel 1984, Cottingham et al. 1993, Schäffer et al. 1994). The SLINK option was used for simulation analyses (Ott 1989, Weeks et al. 1990). Multipoint linkage analyses were performed using GeneHunter (version 2.1_r3 beta) (Kruglyak et al. 1996). Haplotypes were constructed manually minimising the number of recombination events.

Sequencing

Genes encoding myosin light chain 1 slow-twitch muscle A (MLC1SA) and the muscle specific isoform of the ankyrin 1 (ANK1) were sequenced using DNA from three patients and two healthy family members (Hailstones and Gunning 1990, Gallagher and Forget 1997). Primers were designed to amplify exons (Rozen and Skaletsky 2000). PCR products were sequenced using an Applied Biosystems BigDye® Terminator v3.1 Cycle Sequencing Kit (Chadwick et al. 1996). An Applied Biosystems 3730 DNA Analyzer with accompanying Sequencing Analysis Software was used for base calling. Sequence data were analysed with Sequencher 4.0.5. software. (MLC1SA mRNA accession no. NM_002475, and muscle specific ANK1 mRNA accession no. AF005213).

Bioinformatics

During the experimental work for this thesis, the Human Genome Project has provided excellent tools for genetic research with accelerated speed. GeneMap´99 containing RH-mapping information on STSs, polymorphic markers, ESTs, mRNAs and genes and was utilized to search for positional candidate genes for TMD (Deloukas et al. 1998). Later the human genome sequence was virtually completed and deposited to databases though the annotation process is still ongoing (International Human Sequencing Consortium 2001). Information from both databases can be viewed with search tools maintained by the National Center for Biotechnology Information (NCBI). Sequence alignments were carried out using BLAST programs (Altschul et al. 1997) and sequence variations were viewed in single nucleotide polymorphism databases.

RESULTS AND DISCUSSION

Tibial muscular dystrophy (TMD)

Assignment of the TMD locus to chromosome 2q31 (I, unpublished results)

To find a genetic linkage in TMD a genome wide scan with 279 polymorphic microsatellite markers was performed with samples from 11 affected and 6 healthy members of Finnish TMD family A (fig. 10). In the simulation analysis, it was predicted that this family would provide significant evidence for linkage, with an expected average LOD score of 4.34. The primary screen revealed only one interesting region on chromosome 2q, with a maximum two-point LOD score >3. Positive LOD scores were observed with markers spanning a 43-cM region. A denser set of markers was analysed with additional members from family A and three other Finnish TMD families with a total of 48 affected individuals. The maximum two-point LOD score of 6.31 was obtained with the marker D2S364 (Θ=0.0) with family A. Further, significant LOD scores were observed in family B with markers D2S364 and D2S385 (fig. 11). Two small families showed positive LOD scores for the analysed markers and when information from the four families was combined, the maximum two-point LOD score of 10.14 (Θ=0.05) was obtained with the marker D2S364 (table 5). Multipoint likelihood calculations against a fixed set of markers assigned the TMD locus to be within close proximity of marker D2S324, which gave a maximum multipoint LOD score of 10.05 on top of the marker (Θ=0.0) (fig. 9).

Table 5. Pairwise LOD scores obtained with four TMD families.

Markers	Θ = 0.0	0.01	0.05	0.1
D2S2188	- ∞	3.09	4.21	4.36
D2S138	7.02	6.85	6.20	5.38
D2S148	- ∞	3.31	3.61	3.40
D2S2173	3.35	3.27	2.95	2.54
D2S300	6.13	6.00	5.46	4.78
D2S385	5.02	4.90	4.41	3.80
D2S324	4.05	4.07	4.44	4.25
D2S2310	2.61	2.73	2.77	2.53
D2S364	- ∞	9.35	10.14	9.65
D2S389	-6.22	3.02	5.02	4.32

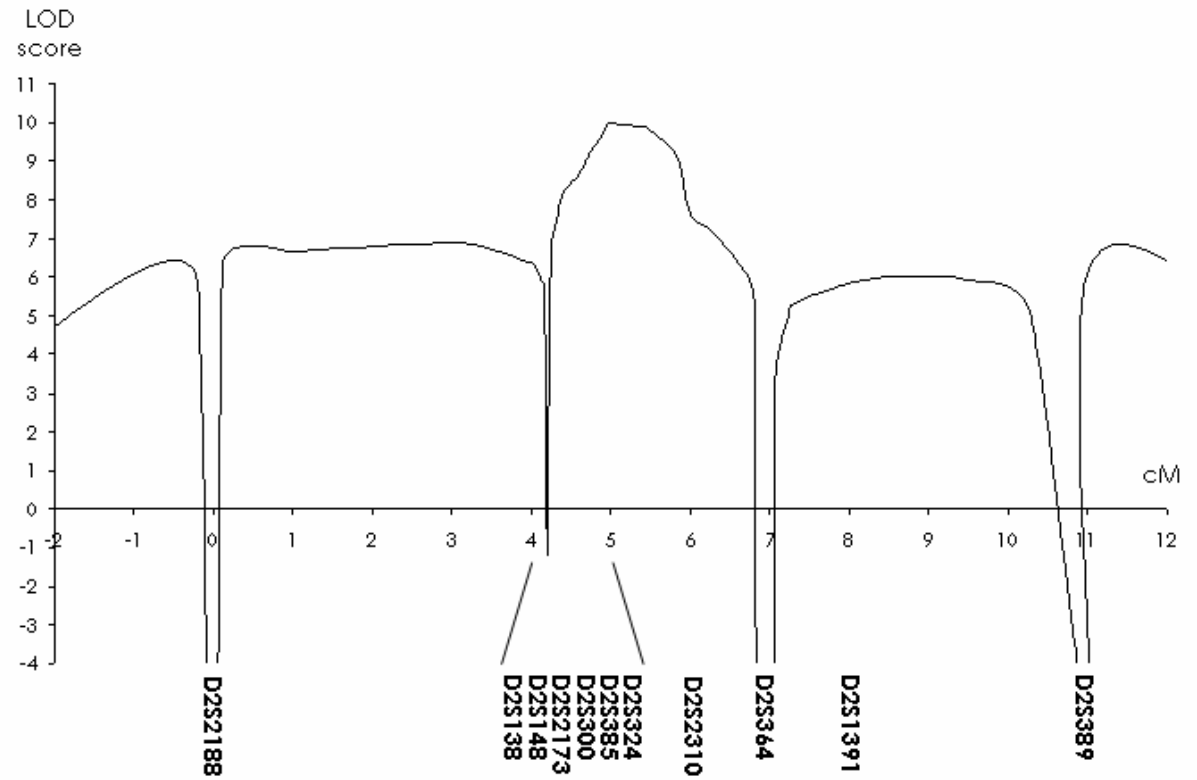
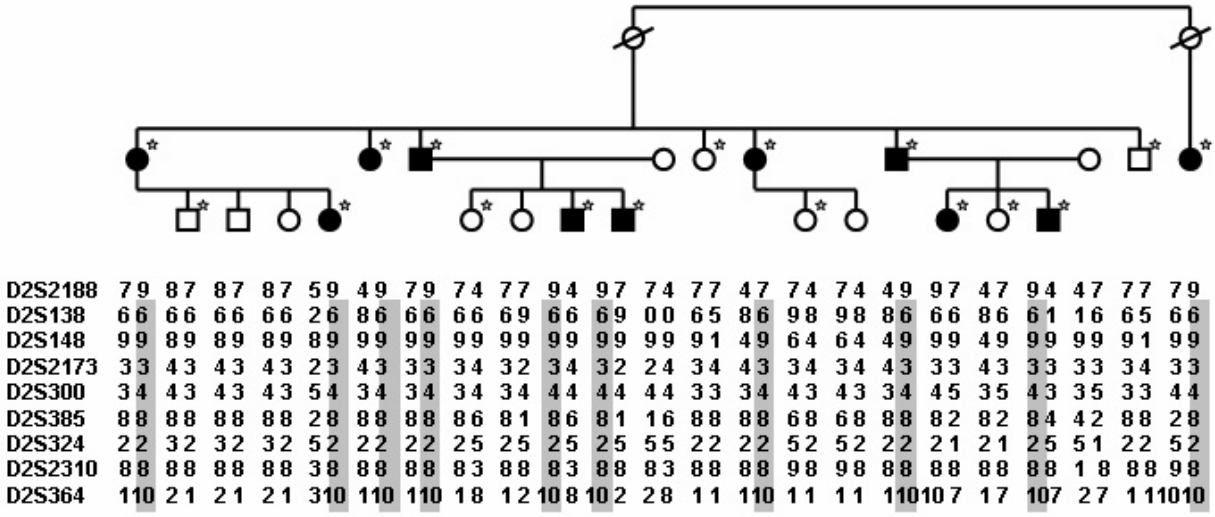


Figure 9. Multipoint linkage analysis of the TMD locus against a fixed set of markers. The genetic intermarker distances of the clustered markers is about 1 cM

Haplotype analysis reveals a common core haplotype

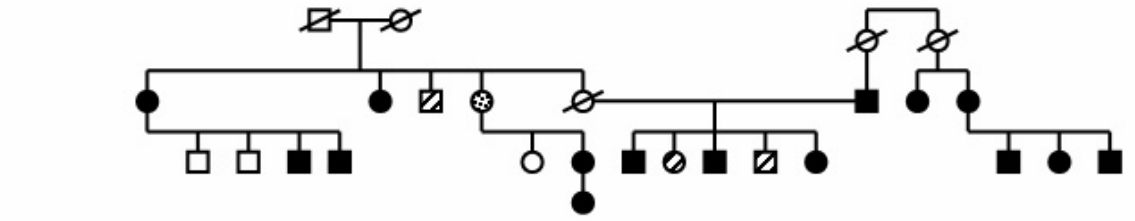
Haplotypes were constructed for the linked markers. All affected individuals shared identical alleles from D2S138 to D2S364 in families A and B and one of the small families (fig. 10 and 11). The other small family shared the same identity in the interval from D2S138 to D2S324. This suggested one restricted core haplotype in all the families analysed. Furthermore, one healthy individual in family B shared the chromosomal haplotype of TMD up to marker D2S148. This set the proximal boundary for the TMD region. At this stage the core haplotype and the recombinations restricted the critical area to an approximately 1-2 cM region between markers D2S148 and D2S2310. Six patients in the original TMD kindred from the Larsmo islands had an LGMD phenotype. Three individuals, with childhood onset of the disease and loss of ambulation in the twenties, were found to be homozygous for the disease haplotype (fig. 11). The other three individuals also clinically had an LGMD phenotype but the onset of the disease had been in adolescence and they lost ambulation in the 6th decade. Surprisingly, they were determined not to share the TMD haplotype at all after analysis of additional markers. This indicates a second LGMD gene segregating

in this consanguineous family and may be the reason why the earlier attempt to identify the TMD locus with this family was complicated (Nokelainen et al. 1996). Multiple inheritance models were considered at the time, but we know afterwards that none of them was correct. This was the reason why statistically significant linkage was not reached despite the large size of the family.



D2S2188	79	87	87	87	59	49	79	74	77	94	97	74	77	47	74	74	49	97	47	94	47	77	79
D2S138	66	66	66	66	26	86	66	66	69	66	69	00	65	86	98	98	86	66	86	61	16	65	66
D2S148	99	89	89	89	89	99	99	99	99	99	99	99	91	49	64	64	49	99	49	99	99	91	99
D2S2173	33	43	43	43	23	43	33	34	32	34	32	24	34	43	34	34	43	33	43	33	33	34	33
D2S300	34	43	43	43	54	34	34	34	34	44	44	44	33	34	43	43	34	45	35	43	35	33	44
D2S385	88	88	88	88	28	88	88	86	81	86	81	16	88	88	68	68	88	82	82	84	42	88	28
D2S324	22	32	32	32	52	22	22	25	25	25	25	55	22	22	52	52	22	21	21	25	51	22	52
D2S2310	88	88	88	88	38	88	88	83	88	83	88	83	88	88	98	98	88	88	88	88	1 8	88	98
D2S364	110	21	21	21	310	110	110	18	12	108	102	28	11	110	11	11	1101	07	17	107	27	1	11010

Figure 10. Pedigree of TMD family A. The white symbols denote unaffected persons and the black ones affected patients. Individuals marked with a star were used in the genome wide scan. Haplotypes shared by affected individuals are marked grey.



D2S2188	76	76	76	77	77	76	76	76	67	47	47	57	57	57	47	45	77	77	77	77	77
D2S138	66	96	96	00	96	66	66	66	96	56	96	66	61	66	96	96	66	96	66	66	66
D2S148	95	85	85	99	99	95	99	95	69	89	99	99	98	99	99	99	59	99	59	59	59
D2S2173	43	63	63	24	24	43	44	43	43	34	24	44	42	44	24	24	44	24	34	34	34
D2S300	43	43	43	44	44	43	44	43	43	44	44	44	43	44	44	44	44	44	54	54	54
D2S385	86	66	66	68	68	86	88	86	66	68	68	88	86	88	68	68	68	68	68	68	68
D2S324	25	55	55	52	52	25	22	25	55	52	52	22	21	22	52	52	52	52	52	52	52
D2S2310	83	83	83	88	88	83	88	83	83	88	28	88	88	88	28	28	88	88	00	98	98
D2S364	101	81	81	810	810	101	108	101	101	110	110	1010	108	1010	110	110	810	810	1010	1010	1010

Figure 11. Pedigree of family B. Phenotype of the person marked with dots could not be concluded at the time of the linkage study and was scored unknown in the linkage analyses. Dashed symbols represent patients with early onset LGMD phenotype. Haplotypes shared by affected individuals and similar to family A are marked grey. The LGMD patients are homozygous for the observed TMD haplotype.

Table 6. Disease associated haplotypes of 150 TMD patients. The core haplotype is marked grey. Markers D2S138 and D2S148 have low heterozygosity, Frequencies were for D2S138 allele 6 0.27 and D2S148 allele 9 0.48 in the random Finnish control samples.

Number of observed haplotypes	D2S2188	D2S138	D2S148	D2S2173	D2S300	D2S385	D2S324	D2S2310	D2S364
78	7	6	9	4	4	8	2	8	10
8	7	6	9	4	4	8	2	8	13
5	9	6	9	4	4	8	2	8	10
5	4	6	9	4	4	8	2	8	10
4	7	6	9	4	4	8	2	8	8
3	7	6	9	4	4	8	2	8	5
3	7	6	9	4	4	8	2	9	13
4	5	6	9	4	4	8	2	8	10
2	6	6	9	4	4	8	2	8	10
1	7	6	9	4	4	8	2	8	11
1	7	6	9	4	4	8	2	9	6
1	9	6	9	4	4	8	2	8	7
1	6	6	9	4	4	8	2	8	9
1	6	6	9	4	4	8	2	8	8
1	4	6	9	4	4	8	2	9	4
1	9	6	9	4	4	8	2	8	13
1	6	9	9	4	4	8	2	8	10
1	7	6	6	4	4	8	2	8	10
1	7	6	8	4	4	8	2	8	10
20	9	6	9	3	4	8	2	8	10
3	7	6	9	3	4	8	2	8	10
1	7	6	9	3	4	8	2	8	8
1	9	6	9	3	4	8	2	8	5
obligatory recombinations									
1	4	6	9	3	4	8	2	8	10
1	7	6	9	4	4	8	2	9	3
1	4	5	9	4	4	8	2	8	

Haplotype analysis of 150 Finnish TMD patients

Collection of the TMD families and patient samples has been an ongoing process during this study. To narrow the critical region for the successive disease gene identification, haplotypes were constructed for an additional 102

Finnish TMD patients adding up to 150 analysed cases. Haplotype analyses revealed the most common haplotype 9-4-4-8-2-8 for the TMD patients. A total of 116 out of 150 disease chromosomes showed this haplotype. Some allelic variation was seen with the centromeric markers D2S148 and D2S2173 and telomeric marker D2S2310. All 150 disease chromosomes carried a core haplotype of 4-8-2. The core haplotype and three obligatory recombinations restricted the disease haplotype between markers D2S2173 and D2S2310 consistent with the linkage analyses (table 6). TMD families show an uneven geographical distribution in Finland with clusters of cases on the western coastline and in the eastern Savo-Karelia region. The same core haplotype was found from the disease alleles in both clusters as further evidence for one founder mutation. To some extent, these haplotypes have diagnostic value when symptomatic patients are studied.

TMD in a French family

After assignment of the TMD locus to chromosome 2q, one French family was analysed. Five patients in the family showed a TMD phenotype clinically identical to the Finnish patients. Linked markers were genotyped with samples from the five affected patients and five healthy relatives. The LOD scores did not reach significant level as expected by the simulation analysis; however, they were positive except for marker D2S300. Haplotypes were constructed and all the affected were found to share the same haplotype which was not present in their healthy relatives (fig. 12). This haplotype is dissimilar to the Finnish one. Thus, an independent TMD-causing mutation was thought to have arisen in this family at the same chromosome 2q locus. Moreover, one of the patients was recombinant for the centromeric markers and combined with the earlier data the critical TMD region spans between markers D2S300 and D2S2310. (de Seze et al. 1998).

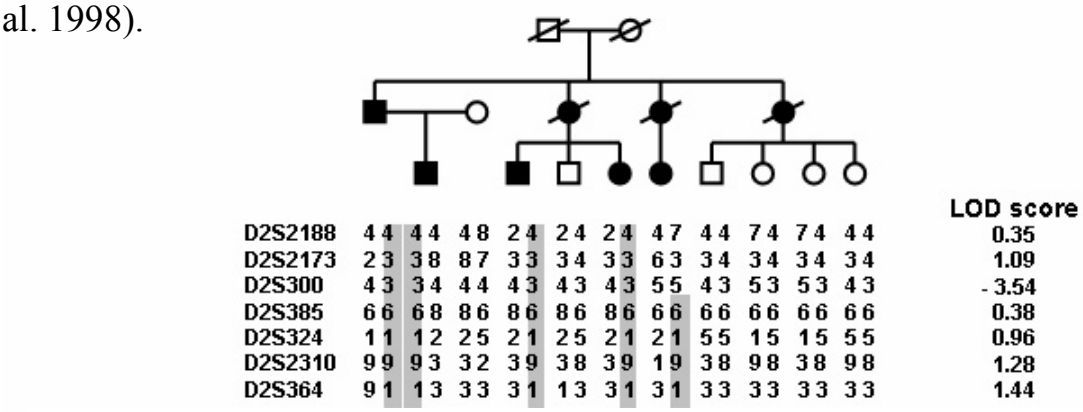


Figure 12. The French TMD family. Haplotyes shared by affected individuals are marked grey. Two-point LOD scores for the markers at Θ = 0.0 are displayed next to the haplotypes.

Linkage studies with a late-onset distal myopathy family (LODM)

When TMD was described, it was noted that it resembles LODM clinically (Markesbery et al. 1974). Both diseases have late onset and their symptoms begin from the anterior tibial muscles. However, LODM progresses to proximal and hand muscles and eventually leads to loss of ambulation. The original pedigree, in which LODM was described, was studied for linkage with the TMD associated markers. Diagnosis could be confirmed for six patients and six healthy relatives. Pairwise LOD scores did not reach significant level: the highest LOD score of 2.24 was found with marker D2S2310 (Θ=0.0). Multipoint analysis however settled the locus to be in close proximity of markers D2S385 and D2S324 with a maximum multipoint LOD score of 3.38. All the affected individuals share the same haplotype providing further evidence for the linkage (fig. 13). TMD and LODM are linked to the same markers on chromosome 2q and could be considered as allelic disorders. Some families representing distal myopathy have been tested for the TMD linked markers without evidence for linkage (Felice et al. 1999, Chinnery et al. 2001). Linkage in one family could not be excluded or verified (Penisson-Besnier et al. 1998, unpublished data). The heterogeneity is not surprising and is not restricted to the distal myopathies, since e.g. an LGMD phenotype may be caused by mutations in at least fifteen different genes (table 4). On the other hand, late-onset autosomal dominant myopathy with proximal muscle weakness, early respiratory failure and characteristic cytoplasmic bodies found in muscle biopsy was linked to chromosome 2q24-q31 overlapping the TMD locus (Edström et al. 1990, Nicolao et al. 1999). The phenotype associated with chromosome 2q31 was expanded further to dilated cardiomyopathy (Siu et al. 1999).

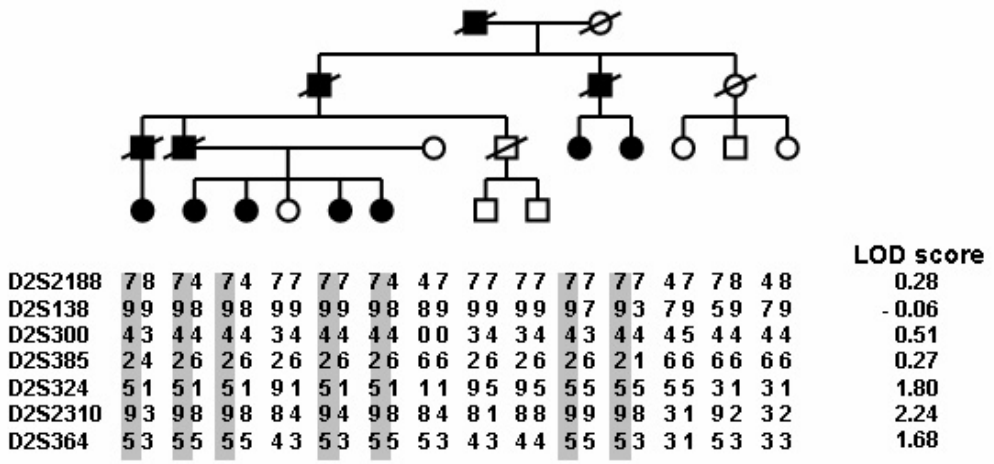


Figure 13. LODM family pedigree and haplotypes. Two-point LOD scores for the markers at Θ = 0.0 are displayed next to the haplotypes.

Search for TMD causing gene and mutations (II, III)

TMD physical region – revised

After the locus assignment had been confirmed, the physical mapping databases were explored for the marker order and genes in the candidate region. The Whitehead Institute STS based physical YAC map was available at the time. Clones 935-E-10, 930-H-10 and 788-A-10 containing the linked markers were obtained and the marker content was confirmed. The 3' region of the TTN gene (STS marker WI-9271) was within the region of interest. Additional primers designed for other parts of the gene confirmed that the entire coding region was present in the YAC clone 930-H-10. RH-assay had demonstrated that the orientation of the TTN gene is 3' to 5' from the centromere (Pelin et al. 1997). At this point TTN became the major positional and functional candidate gene for obvious reasons: It is expressed in skeletal and heart muscle in different isoforms and has major structural and physiological functions in the sarcomere. No other muscle specific transcripts were within the region. Even now, when the genomic sequence is available, there are no such genes among the 30 annotated or predicted genes in the critical area. There is some inconsistency between the genomic sequence and genetic distances over the region. Different maps give values 0-1 cM between markers D2S324 and D2S2310, which is not present in the RH-mapping panels. However, the physical distance between them is about 2.5 Mb in the finished sequence (fig. 14). Yet, *fiber*-FISH experiments with BAC clones No. 14104 and No. 23155 used for TTN genomic sequencing (kindly provided by Dr. Labeit) and PACs screened with the linked markers approximate the distance to be between 0.55 to 0.8 Mb (S. Kilpinen, unpublished data).

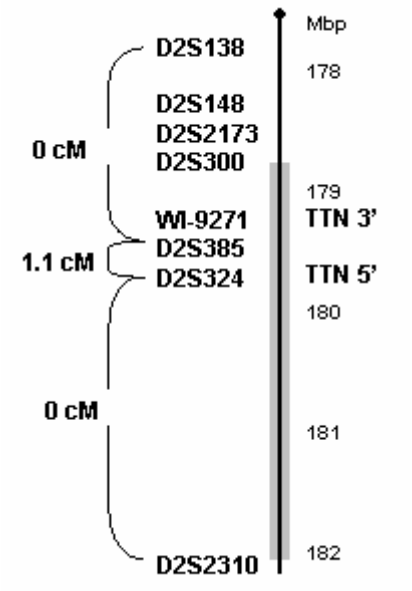


Figure 14. Markers blotted against genomic sequence. The genetic distances between markers are as obtained from the Center for Medical Genetics (Marshfield) map. WI-9271 is a STS marker located in TTN 3' end while markers D2S324 and D2S385 are both found in 5' introns of the gene 30 kb apart.

TTN mutation screening

The size of the candidate gene TTN was discouraging. The TTN gene, although compact, encodes mRNAs up to 100 kb. Full-length cDNA had been published as well as the M-line genomic sequence. Additional genomic sequences were available to us prior to publication (kindly provided by Dr. Labeit). Exploration for possible disease causing alterations was made step by step. Southern blot hybridisations were performed with TTN cDNA PCR product pools to detect gross rearrangements. The fragment patterns produced by multiple restriction enzymes did not show any differences between patients and controls. Further, several titin antibodies showed normal labelling in muscle biopsies giving evidence against major rearrangements (II). TMD does not affect heart muscle. For this reason skeletal muscle expressed tandem Ig-repeat exons were sequenced. In addition, N2A and Mex5 calpain3 binding sites and the Z1-Z2 telethonin binding site were sequenced. Several polymorphisms were detected but none segregated with the disease. Finally, the attempt to sequence the whole gene was undertaken in collaboration with Dr. Richards's group at Généthon and 348 of the 363 exons were sequenced.

TMD is caused by Mex6 mutations in TTN

In the Finnish TMD samples, a unique alteration was identified in Mex6, the 363rd and the last exon of TTN. Mex6 of TTN encodes an Ig-domain that is localized at the periphery of the M-line lattice next to calpain3 binding Mex5/ Is7 (Kinbara et al. 1997). The alteration consists of an 11-bp change, AAGTAACATGG→ TGAAAGAAAAA, at position 293,269-293,279 in the TTN sequence and changes four amino acids Glu-Val-Thr-Trp→Val-Lys-Glu-Lys but does not cause a frame shift or a premature stop codon. Each of the four residues is changed to an amino acid of another charge, and the overall charge is changed from acidic to basic. This sequence variation had not been reported earlier. Further, the altered segment is relatively well conserved between humans, mice, chicken and pigs. The 11-bp change was easily detected by SSCP analysis. SSCP studies showed that this mutation did not occur in the 216 Finnish unaffected population control individuals tested. The change showed cosegregation with TMD in 12 unrelated pedigrees, in agreement with full penetrance after the age of 35. One family was an exception: three offspring aged 50-55 years did show the mutation without clinically manifesting the disease. However, in this family, the transmitting affected parents in the older generation had very late onset of symptoms at 65 years. These three individuals are followed up for detection of exceptionally late manifestation. This 11-bp

change could safely be concluded to represent the TMD_{Fin} mutation. The TMD_{Fin} deletion/ insertion represents a very unusual type of mutation. Neither an inversion nor a secondary loop in the area has supporting evidence. The mutation may have originated from recombination.

SSCP analysis for the Mex6 region on DNA samples of the French TMD family did not show any aberrant bands. However, sequencing samples from the affected persons in this family revealed another potential mutation in Mex6 at position 293,357. This changed codon CTG to CCG (Leu→Pro). Both residues are neutral hydrophobic. The variant cosegregated with the phenotype and was not present in 93 French unaffected population control samples analysed by sequencing. Further the mutation was not found in the major SNP databases and is denoted TMD_{Fra} in the following text. A third TMD associated mutation has been reported in the Mex6 exon at position 293,329 changing Ile→Asn in a Belgian 2q31 linked TMD family (TMD_{Bel}, van den Bergh et al. 2003). Sequencing of the Mex6 region with the LODM patient samples has not revealed any changes.

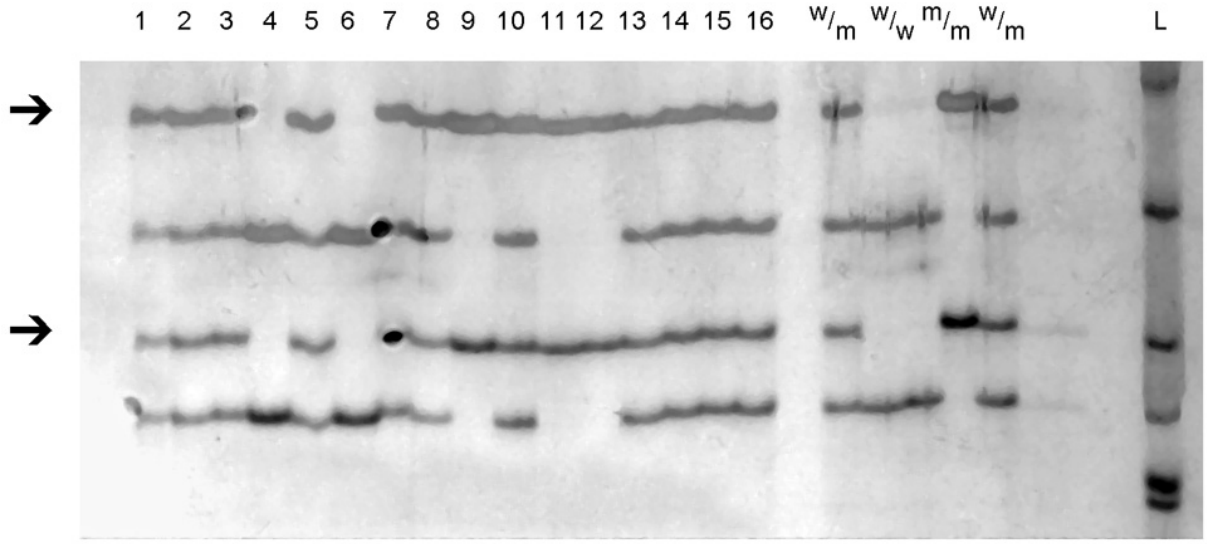


Figure 15. SSCP analysis of TTN exon Mex6 including the TMD_{Fin} mutation strand. Analysis is performed with TMD patients, LGMD patients homozygous for TMD haplotype and control samples. The migration of PCR products matches the haplotypes and phenotypes of the patients. Arrows mark the bands indicating the mutation. Samples are denoted 1-16, w/w = sequenced wild-type control, w/m = sequenced TMD_{Fin} heterozygote, m/m = sequenced TMD_{Fin} homozygote, L = 100-bp DNA ladder.

SSCP may be utilized in TMD diagnostics

Figure 15 shows SSCP analysis of patients and controls. There is a marked difference observed between wild type and TMD_{Fin} mutated alleles because of the size of the altered area. The analysed Finnish patients show a uniform banding pattern as expected since a founder haplotype was observed in the earlier studies. The percentage of the major founder mutations in the different Finnish disease heritage diseases varies but is in most of the cases above 90 percent (Peltonen et al. 1999). Thus, SSCP analysis of the TMD_{Fin} mutation may be used as a diagnostic test for TMD in Finland. Yet other TTN mutations, which remain undetected in the SSCP analysis, may cause the TMD phenotype. This has to be taken into account when analysing diagnostic samples or giving genetic counselling.

Homozygous TMD_{Fin} mutation results in a novel form of recessive LGMD (LGMD2J)

Three LGMD patients in the original TMD pedigree were homozygous for the TMD_{Fin} mutation as predicted by the haplotype analyses. The disease course of TMD is mild and may not be recognized by the affected person. There is a possibility that LGMD arises in the offspring of mildly affected or presymptomatic parents heterozygous for TTN mutations. Thus TTN is proved to be one of the genes causing LGMD and is denoted as LGMD2J (Bushby and Beckmann 2003). This type of inheritance model is rare among muscular dystrophies and myopathies. However, in Welander myopathy (WDM), there are possible homozygous patients with earlier onset of the disease, faster progression and eventually marked proximal leg muscle weakness (Welander 1957, Åhlberg et al. 1999). One of these patients has been available for genotyping studies and has be confirmed to be homozygous for the WDM founder haplotype (Åhlberg et al. 1999).

Consequences of the TMD_{Fin} mutation (II, III)

Both mutant and wild type alleles are expressed

RT-PCR and sequencing the Mex5/Mex6 was performed with cDNA from biopsy samples of the tibialis anterior muscle from a heterozygous TMD_{Fin} patient. The results showed that the Mex5/Mex6 cDNA sequence is indeed heterologous and that both wild type and mutant RNAs are expressed in the affected muscle. The sequences were in frame, indicating that the mutation does not affect the splicing of these exons.

Loss of epitope recognition by M8/9 antibody in TMD_{Fin} homozygote

Screening of titin with twelve antibodies had showed normal striated labelling of patient muscle in immunohistochemical analyses (II). Specific antibodies against M8/M9 epitopes encoded by Mex3/Mex4 exons and A169/A170 epitopes preceding the titin kinase domain were tested in the second phase (III). Immunohistochemical analyses of muscle biopsy samples of a TMD_{Fin} homozygous LGMD patient indicated a loss of the M8/M9 titin epitopes when either DAB or FITC detection methods were used. Three TMD_{Fin} heterozygous patients and a control individual showed normal cross-striated sarcomeric M-line-specific labelling (fig. 16).

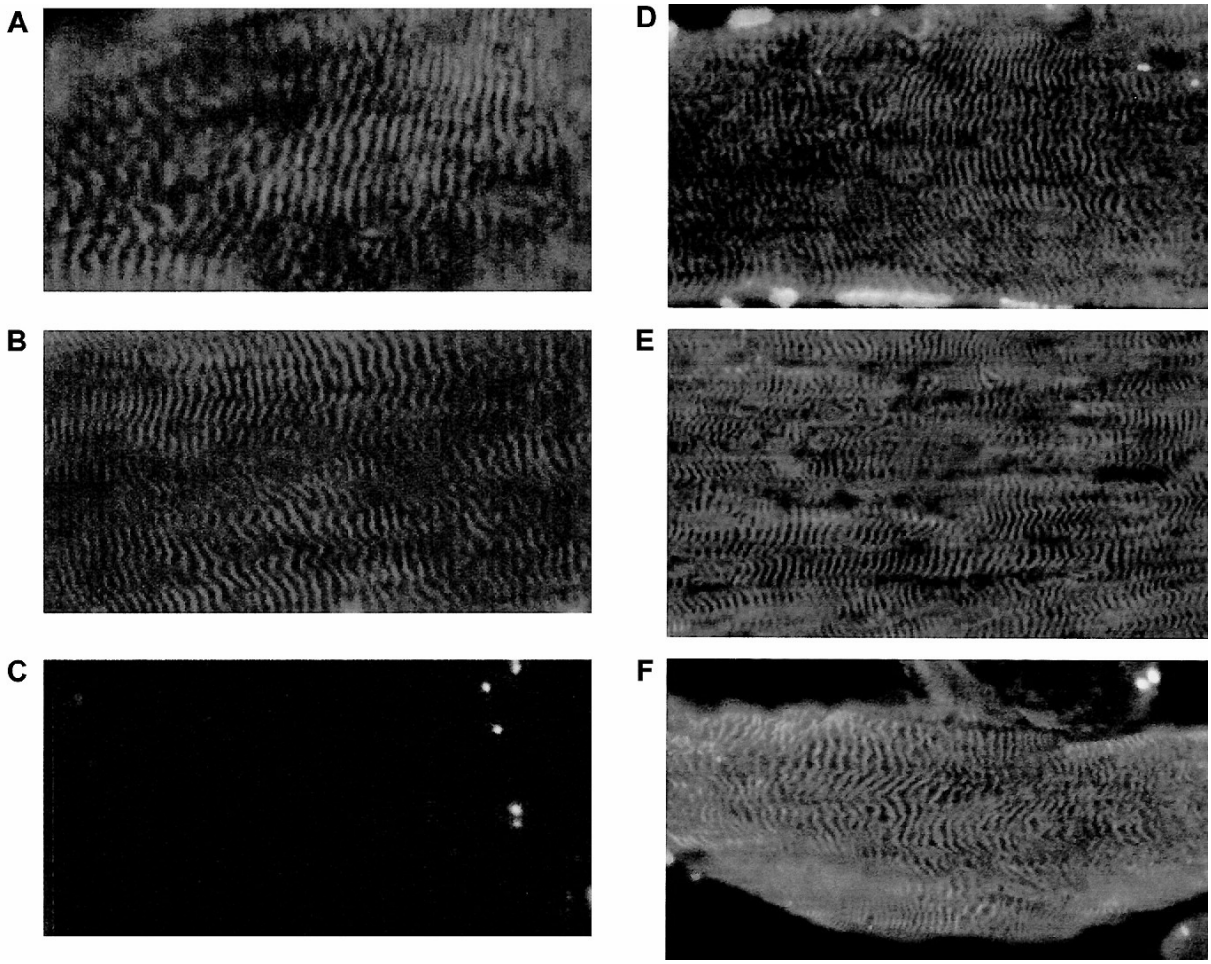


Figure 16. Immunostaining of muscle sections with titin M8/M9 antibody (A-C) and A169/170 antibody (D-F) detected by FITC. Unaffected control (A) and TMD_{Fin} heterozygous patient (B) have normal labelling with M8/M9 antibody, which shows M-line striated labelling pattern. TMD_{Fin} homozygous LGMD patient (C) is missing M8/M9 labelling altogether. A169/A170 labelling in control (D), TMD_{Fin} heterozygous patient (E) and TMD_{Fin} homozygous LGMD patient muscle sections (F) are identical.

The nearby A169/A170 titin epitopes could be detected in biopsy samples from both TMD_{Fin} homozygous and heterozygous patients. Further, the M4 domain of titin binds myomesin, an important structural protein of the M-line. Labelling of myomesin was normal suggesting unaltered titin binding. In conclusion, immunohistochemical data suggest the specific loss of titin epitopes C-terminally of M4 domain. This localized titin defect appears to have no effect on sarcomeric ultrastructure in TMD.

The TMD_{Fin} mutation in TTN results in a secondary calpain 3 deficiency

Titin binds muscle specific calpain 3 at two characterized sites. To find out whether mutation in TTN would have an effect on calpain3 in a patient's muscle, Western blot analysis was performed with two calpain 3 antibodies. Calpain 3 was clearly deficient in TMD_{Fin} homozygous LGMD patient. Calpain 3 could not be detected with the NCL-CALP-2C4 monoclonal antibody when some residual expression was observed with the NCL-CALP-12A2 antibody. Calpain 3 amounts varied in the muscle samples of the TMD_{Fin} heterozygous patients, some showed decreased calpain 3. Immunodetection with a telethonin antibody, another titin ligand, showed no abnormalities.

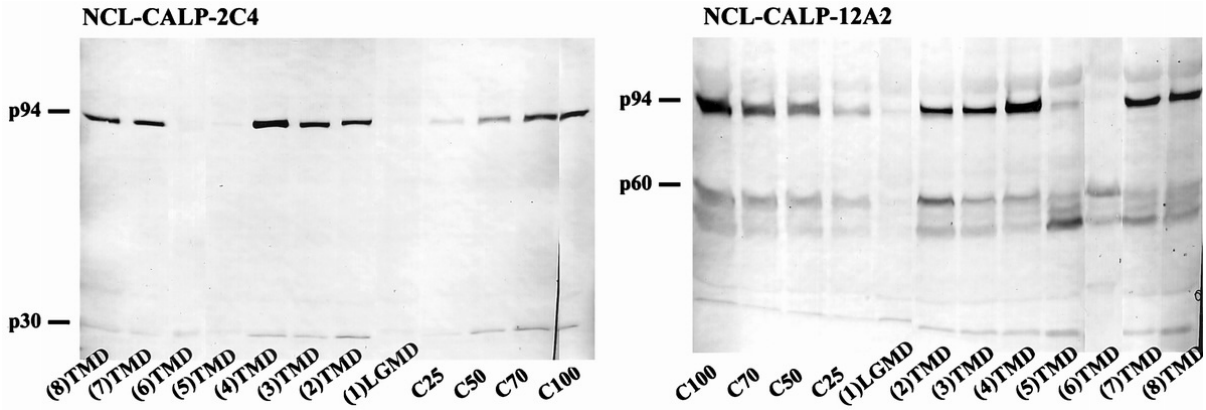


Figure 17. Western blotting with two different calpain 3 antibodies in TMD_{Fin} heterozygous TMD patients and TMD_{Fin} homozygous LGMD patient. Proteins on blots were labelled with either NCL-CALP-2C4 or NCL-CALP-12A2 antibodies, followed by DAB detection. Approximate molecular masses are shown on the left. C = pooled control homogenate, C100 = 100% control homogenate, C70 = 70% control homogenate dilution etc.

Apoptosis and a disturbed IκBα/NF-κB pathway similar to LGMD2A

Calpain 3 deficiency, caused by primary calpain 3 mutations, has been associated with myonuclear apoptosis and perturbation of the IκBα/NF-κB signalling pathway (Baghdiguian et al. 1999). To find out whether secondary calpain 3 deficiency could cause similar alterations, the TUNEL staining method detecting DNA fragmentation and anticaspase3 immunolabelling were used on patient muscle biopsies. Apoptotic myonuclei were observed in the muscles of the TMD_{Fin} heterozygous patient and a greater frequency of them were seen in the TMD_{Fin} homozygous LGMD patient. Staining was detected in centralized myonuclei and in small clusters. All the TUNEL-positive myonuclei were anticaspase3 positive, but anticaspase3 staining positive fibres were more widely distributed. Normally both IκBα and NF-κB are evenly distributed in the cytoplasm, a situation which was seen in the control sections. In the samples from both the heterozygous and homozygous patients IκBα was found to be aberrantly relocated in the TUNEL-positive myonuclei. Further, expression of NF-κB was subsarcolemmal. These findings are similar to those observed in the primary calpainopathy in LGMD2A and may be involved in the pathogenesis of TMD/ LGMD2J.

MDM mouse – a possible model for TMD/ LGMD2J (II)

A spontaneous recessive mutation in the mouse causes severe progressive skeletal muscle wasting, muscular dystrophy with myositis (MDM) (Lane 1985). MDM mice are reduced in weight and have shortened lifespans (Heimann et al. 1996). Muscles postnatally degenerate and regenerate and there is notable overproduction of satellite cells (Heimann et al. 1996). The MDM mutation has been linked to the proximal part of chromosome 2, syntenic to human chromosome 2q31 region with the genes for nebulin, titin and nicotinic acetylcholine receptor α1-subunit (Müller-Seitz et al. 1993). Based on this and the finding of a secondary calpain 3 deficiency in the TMD_{Fin} homozygous LGMD patient, we analysed MDM skeletal muscle for expression of calpain 3. MDM muscles showed a severe reduction of the 94 kD band of calpain 3 with antibodies calp3c/11B3 and Calp3d/12A2 (II). Further, TUNEL positive myonuclei were found in the muscle sections and alterations in IκBα and NF-κB labelling similar to patients were observed, although less pronounced. Subsequently a *Ttn* mutation causing MDM has been identified (Garvey et al. 2002). This complex mutation with a deletion and a LINE insertion results in an in-frame deletion in the calpain 3 interacting N2A domain (Garvey et al. 2002).

Mutant molecules are expressed in two splice isoforms, a major 249 bp deleted isoform and a minor isoform with a LINE insertion (Garvey et al. 2002). A decrease of calpain 3 in the muscle of the MDM mouse was confirmed but the decrease was in the range of 50-60% compared to almost total loss observed by us. This may reflect different muscle groups analysed or different ages of the mice. However, calpain 3 deficiency does not explain the observed phenotype alone because mice with targeted calpain 3 mutation have a less severe phenotype than the MDM mice (Richard et al. 2000). This is also the case with the TMD_{Fin} homozygous patients with small amounts of calpain 3 left in their muscles and phenotype as severe as LGMD2A. There are no studies on the phenotype of the MDM heterozygote mice. The heterozygotes having a myopathy restricted to one muscle group, comparable to human TMD, may have gone unnoticed.

General discussion on the molecular pathogenesis in titinopathies

The gigantic titin molecules have multiple functions in muscle cells. They provide a filament system extending the length of the myofibrils and contribute to sarcomere assembly and probably determine the thick filament length. Titin molecules function as elastic springs that keep contractile elements in place. Further, titin has a kinase domain and may be involved in the signalling regulating muscle contraction and sarcomere protein turnover. Thus, mutations in different titin domains are likely to cause varying phenotypes. M-line mutations cause the skeletal muscle phenotype as shown by the present study while there are several titin mutations observed that cause cardiomyopathy (fig.18).

The TMD_{Fin} mutation changed four amino acids within the conserved hydrophobic core domain of the M10 Ig-domain of M-line titin. One of the four amino acids, the tryptophan, is mutated into charged lysine. The tryptophan residue is generally conserved in all titin Ig-repeats and is known to be crucially important for stabilization of the hydrophobic core of the Ig β-barrel fold (Improta et al. 1996). The TMD_{Fra} mutation at position 293,357 changed leucine to proline. Both amino acids are neutral hydrophobic. Since proline differs from leucine because of its circular structure, it may introduce a kink and cause significant conformational change in the M-line titin structure. The TMD_{Bel} mutation may have similar effects as a non-polar hydrophobic isoleucine is changed to a polar uncharged asparagine. The mutant titin molecules are

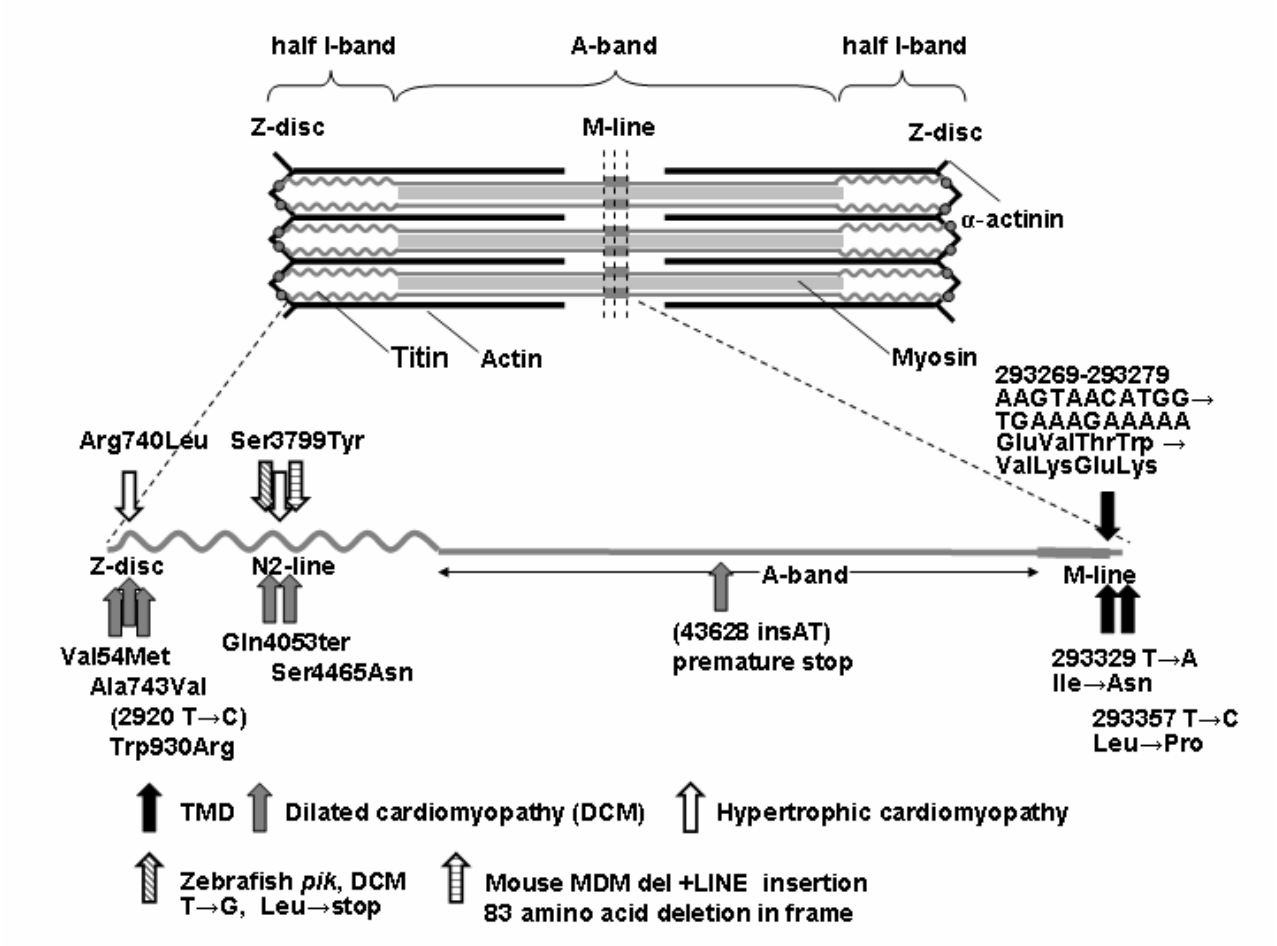


Figure 18. A schematic representation of the titin molecule with arrows indicating the reported titin mutations resulting in human and comparable animal phenotypes. (Satoh et al. 1999, Gerull et al. 2002, Itoh-Satoh et al. 2002, Xu et al. 2002, Garvey et al. 2002, van den Bergh et al. 2003, III).

incorporated into the sarcomeres since immunohistochemistry indicates the presence of titin even in the homozygous patients. The loss of epitope recognition by the M-line M8/M9 antibody and the normal labelling of TMD_{Fin} homozygous patient muscle with the antibody A169/A170, together with the normal myomesin labelling, indicate that the titin structure may be conformationally disrupted distal to the M4 Ig-domain binding to myomesin. Alternatively, mutated proteins are C-terminally truncated. However, the mutated part of titin is located within the periphery of the M-line lattice and M-line ultrastructure is preserved in the patient muscle. Interestingly, several molecules implied in myofibrillar signalling are associated with M-line titin. These include calpain3, MURF-1 and obscurin (Sorimachi et al. 1995, Bodine et al. 2001, Centner et al. 2001, Young et al. 2001). Functional evidence for the importance of M-line titin comes from knock out mice with selective deletion of

the kinase region of M-line *ttn* (Gotthard et al. 2003). The knock out mice are not viable. When M-line excision is introduced in late embryonic development, the mice have a progressive myopathy leading to an early death. Ultrastructural analysis suggested that the mutant titin molecules are incorporated into the sarcomere, disassembly and disruption of the sarcomere structure follows.

Calpain 3 binding to N2A and M-line titin has been characterized (Sorimachi et al. 1995). It has been suggested that binding to titin prevents autolysis and degradation of calpain 3 in muscle, thus regulating the amount of calpain 3. Binding affinity and the binding site in calpain 3 are different in the N2A region and M-line (Sorimachi et al. 1995). Our results suggest that both M-line titin and N2A mutations could lead to a secondary calpain 3 deficiency in homozygous form. Calpain 3 amounts varied in TMD_{Fin} heterozygotes. The wild-type titin may still trap and bind some amount of calpain 3 stabilizing and protecting it from degradation. However, one functional allele may not be sufficient for all the binding capacity needed (haploinsufficiency) or mutated proteins may disrupt the complex structure of the M-line and wild-type protein interactions are blocked to some extent (dominant negative effect). The N2A domain is expressed in both skeletal and cardiac muscle but cardiomyocytes express an alternative N2B isoforms as well. Mex6 is expressed in both skeletal and heart muscle. On the other hand, calpain3 is not expressed in the mature heart muscle. The fact that TMD/LGMD2J patients have no cardiac phenotype further supports the pathogenetic significance of a defective titin-calpain3 interaction. A variable proportion of Mex5+ and Mex5- isoforms may have an effect on the selective muscle involvement seen in TMD. However, mice with targeted calpain 3 mutation have a less severe phenotype than the MDM mice (Richard et al. 2000) and the phenotype of TMD_{Fin} homozygous patient with small amounts of calpain 3 left in their muscles is as severe as LGMD2A. Thus, robust calpain 3 binding and protection from autolysis does not solely explain the observed phenotypes. It could be that titin or other titin-associated proteins regulate calpain3 activity in a more delicate manner and these unknown molecular mechanisms are disrupted by TMD and MDM mutations. Yet other titin-associated proteins in myofibrillar signalling could be involved in the pathogenesis of TMD/LGMD2J and MDM.

The identification of the mutations causing LODM and the late-onset autosomal dominant myopathy with proximal muscle weakness and early respiratory failure is pending. Meanwhile, several mutations in TTN have been associated

with dilated cardiomyopathy (DCM) characterized by ventricular dilatation, systolic dysfunction and congestive heart failure. A two bp insertion in A-band titin results in a frame shift and expression of a 1.14 MD truncated titin with the full-length titin (Gerull et al. 2002). The truncated protein is suggested to result from cleavage by insufficiently bound calpain 3 (Gerull et al. 2002). Another mutation converts a conserved tryptophan to arginine in Z-disc titin and the mutation was predicted to disrupt the β-sandwich structure of the Ig-domain Z4 (Gerull et al. 2002). Residue changes in Z-disc titin Ig-domain Z1 and Z-repeat 7 were observed to decrease binding affinities to telethonin and α-actinin respectively in yeast two-hybrid studies (Itoh-Satoh et al. 2002). Finally, two changes in the cardiac specific N2B domain were discovered, one resulting in a premature stop-codon and one missense mutation (Itoh-Satoh et al. 2002). Only one patient with hypertrophic cardiomyopathy (HCM) has been reported to have a conserved residue replacement from arginine to leucine in Z-repeat 7 (Satoh et al. 1999). A mutation construct showed increased α-actinin binding affinity in a yeast two-hybrid assay (Satoh et al. 1999). All the human DCM and HCM mutations are observed in the heterozygous form. The missense mutations in the Z-disc region could exert a dominant negative effect on the assembly of the sarcomere structure. On the other hand, Z-disc mutated domains are also expressed in skeletal muscle, and the reported patients have no skeletal muscle phenotype. Disruption of cardiac specific signalling pathways i.e. responding to mechanical load could be one possible explanation. Cardiac specific N2B region mutations are skipped in splicing of skeletal isoforms while the N2B domain and its modification have unique regulatory roles on the elastic and contractile properties of the cardiac muscle (Linke et al. 2002, Kulke et al. 2001, Yamasaki et al. 2002, Neagoe et al. 2002, Golenhofen et al. 2002). The *Pik* mutant zebrafish presents a phenotype resembling human DCM. Recessive nonsense mutation in the cardiac expressed titin N2B domain has no effect on heart muscle development but causes systolic dysfunction leading to heart failure (Xu et al. 2002).

Intensive research on the characteristics of titin and the phenotypes associated with TTN mutations have resulted in many discoveries. Yet, each question answered generates a dozen new ones. Titin seems to have more versatile functions in muscle cell than had been predicted. It will be a challenge to dissect the pathogenetic cascades involved in the titinopathies.

A new distal myopathy (MPD3)

Clinical characterization (IV)

Patients presenting with a distal myopathy that is distinct from the described phenotypes emerged during the TMD study. This large family with seven patients at the time (5 men and 2 women) in four generations was studied. One of the patients had died of cardiac problems at 84 years of age. Clinical data were reported by his daughter and obtained from his medical records. None of the patients had any symptoms or signs of muscle disease before the age of 30 years. The age at onset ranged from 32 to 45 years. The first symptoms for referral were clumsiness with the hands of three patients and stumbling in four patients. The interval between the first and the second localization of muscle involvement was two to three years. At referral, all patients had a steppage gait. To compensate ankle dorsiflexion weakness, patients used excessive knee and hip flexion during the swing phase. All the patients were unable to walk on their heels and walking on tiptoe was impossible in the three severely affected patients.

Muscle weakness in the lower limbs involved mainly the muscles of the anterior compartment of the lower legs (i.e. tibialis anterior, extensor digitorum brevis, extensor digitorum longus and peroneus muscles). The calf muscles were involved in three severely affected patients and there was moderate to severe hip abduction weakness. In the upper limbs, wasting and weakness of the hand muscles were observed with claw-like hands (fig. 19). Wasting or weakness in all the intrinsic muscles, wrist extensors and upper arm muscles was observed with the progression of the disease. In the lower limbs, the disease spread to other proximal muscles only in the late stages. Asymmetry of muscle involvement was present in all patients. The progression of the disease was slow, and the oldest patient of the family became wheelchair-bound at the age of 75 years. Mild contractures were present about five to eight years after disease onset and involved mainly the finger, elbow, and wrist joints. None of the patients showed intellectual deficit, heart or respiratory problems.

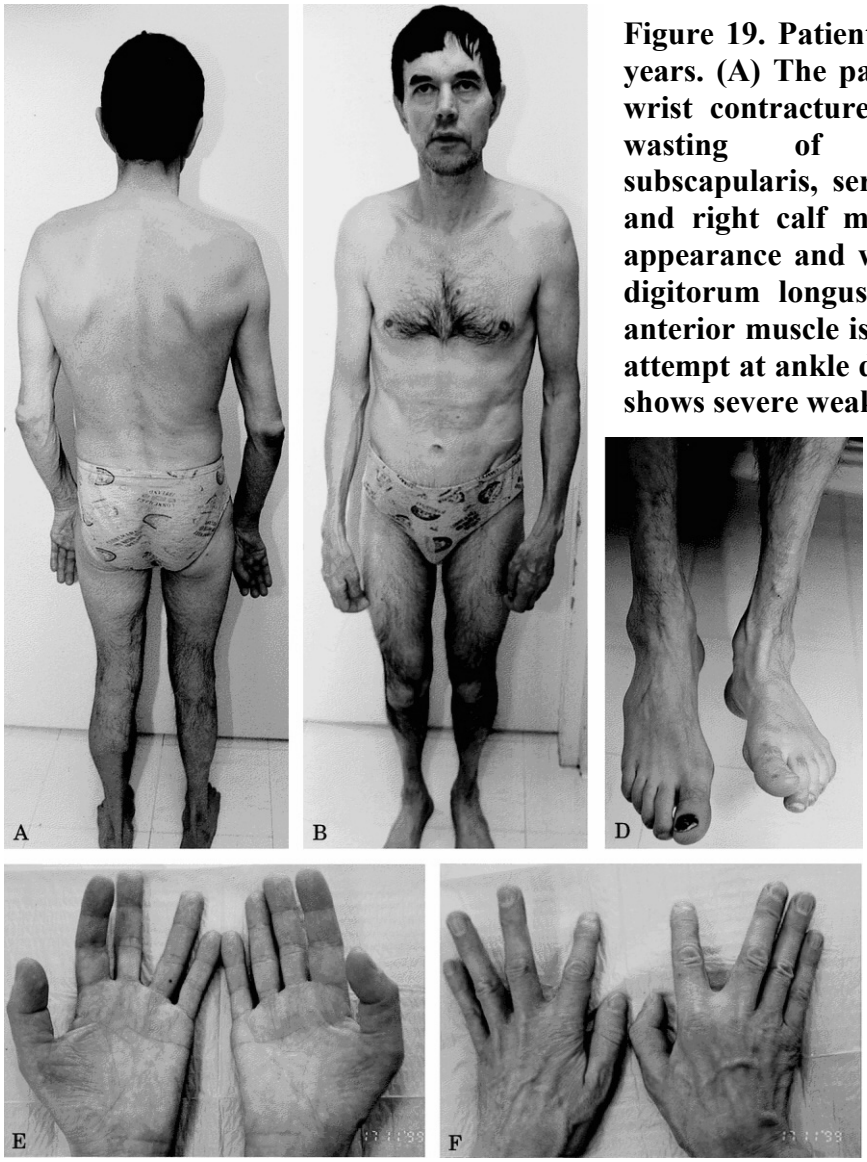


Figure 19. Patient III-5 at the age of 50 years. (A) The patient shows elbow and wrist contractures bilaterally. There is wasting of the infraspinatus, subscapularis, serratus anterior, triceps and right calf muscles. (B) Claw-hand appearance and wasting of the extensor digitorum longus. (D) The right tibial anterior muscle is severely wasted. In an attempt at ankle dorsiflexion, the patient shows severe weakness of the right ankle and moderate weakness on the left side, while extensor digitorum brevis is bilaterally atrophic. (E) Severe bilateral wasting of the thenar and hypothenar muscles. Mild finger contractures. (F) Severe wasting of the intrinsic muscles of the hands. Weakness of finger extensors is prominent on the right side.

EMG revealed myopathic findings consisting of a low amplitude pattern during voluntary effort and short duration low voltage polyphasic motor unit action potentials. Fibrillation and complex repetitive discharges were also recorded in severely affected muscles. No myotonic discharges were detected. Motor and sensory nerve conduction velocities were normal. Serum CK levels were normal or slightly elevated. Fatty degeneration of the anterior tibial and the hip abductors muscles by muscle imaging was shown in all patients and of the calf muscles in four patients (fig. 20). Muscle biopsy showed severe myopathic-dystrophic changes. There was endomysial fibrosis and some fatty replacement. Fibre size variation was strongly increased and abundant rimmed vacuoles with some eosinophilic cytoplasmic inclusion bodies could be seen (fig. 21). Many

atrophic fibres were angular and this was occasionally found in small groups. Occasional fibres and rimmed vacuoles were SMI-31-immunoreactive. In one of the biopsies, some scattered T-lymphocytes were identified. Electron microscopy revealed autophagic vacuoles. Immunocytochemistry showed normal label patterns of all the membrane proteins analysed. Western blotting revealed normal amounts of all proteins apart from the 94 kD and 30 kD calpain 3 bands which were substantially reduced, while the bands at ~60 kD were increased. This was interpreted as protein degradation, rather than a specific feature of the myopathy.

Figure 20. Muscle CT scans from Patient III-5. Fatty replacement of both tensor fascia lata (1) and gluteus medium muscles (2). The thigh section shows only mild involvement of the long head of the biceps femoris (3) and the semimembranosus muscles (4). In the lower legs, the involvement is asymmetric, with severe fatty replacement of the right tibial anterior muscle (5) and mild fatty replacement of the extensor digitorum longus muscle (6). There is severe fatty replacement of the right and less of the left gastrocnemius muscle (7).

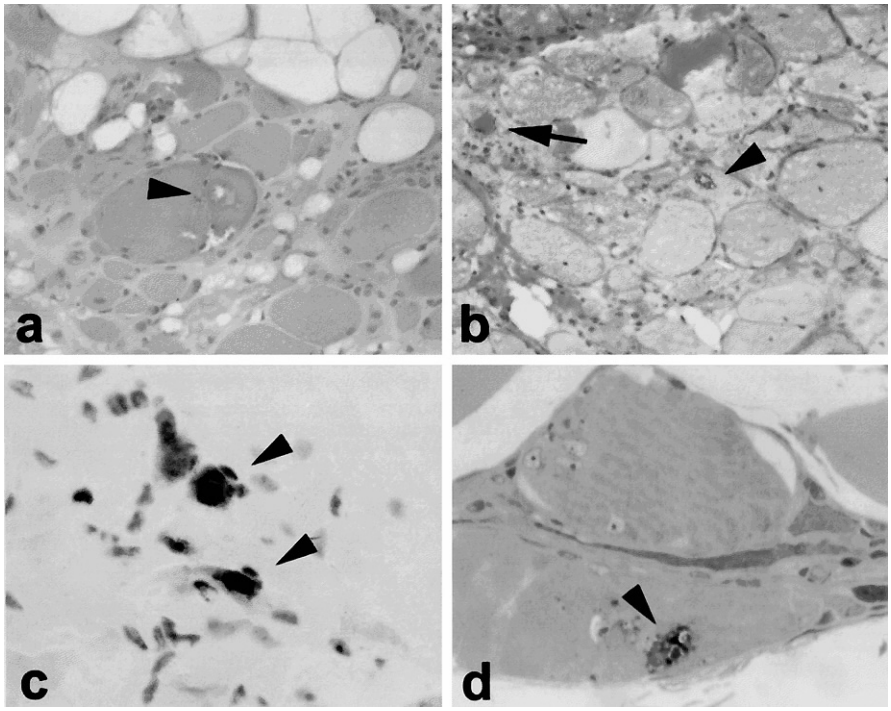


Figure 21. Muscle biopsy from Patient III-5 obtained from the tibial anterior muscle. Severe myopathic-dystrophic pathologic changes can be observed: fibrosis, fatty change, huge fibre size variation, rimmed vacuoles (arrowheads), and eosinophilic cytoplasmic inclusion bodies (arrow). Some fibres show strong SMI-31-immunoreactivity (c, arrowheads). Original magnifications and stainings: x160 (a through c), x400 (d); haematoxylin-eosin (a), van Gieson (b), SMI-31 immunoperoxidase (c, Sternberger Monoclonals Inc., Baltimore, MD), and toluidine blue (d, plastic section).

During the following linkage study, the material was expanded with assessment of four additional family members. Two of these individuals were affected. Patient IV-11 was diagnosed after clinical examination showing early atrophy of the thenar and hypothenar muscles with overall thin muscle bulks. His muscle CT scans showed early minor lesions in the lower leg muscles. This patient also shows that the age of onset is before the age of 30, at least in males. Patient II-10, the elderly sister of the proband's mother, was not available for further clinical examinations. According to her medical records, she had walking difficulties at the age of 50 and used a cane for walking. Weakness of lower limb muscles was noted as the cause for her early retirement.

Linkage studies (IV, V)

The disease appeared in consecutive generations and in both sexes, suggesting an autosomal dominant pattern of inheritance (fig. 22). Markers were genotyped for WDM and TMD loci on chromosome 2 to test whether this family represented a variant phenotype. Haplotype studies in our patients showed no WDM- or TMD-specific founder haplotypes and segregation analyses clearly excluded linkage to both loci. A genome wide scan was performed with six patients and three healthy family members (fig. 22). Markers on seven regions (1q, 8p-q, 9p-q, 10q, 12q, 14q, and 20q) generated two-point LOD scores >1. Subsequently, two additional patients were included in the study and a dense set of markers was genotyped for these loci. Inconsistent segregation of the haplotypes with the affection status and multipoint calculations suggested exclusion of linkage for 1q, 9p-q, 10q, 14q and 20q. Pairwise LOD scores for the two remaining loci on chromosomes 8 and 12 were remarkably similar (table 7). The highest LOD score values for chromosome 8 were 2.92 and 2.94 with markers D8S136 and D8S1820, respectively and for chromosome 12 2.94 and 2.92 with markers D12S375 and D12S1670, at zero recombination fraction. Multipoint LOD scores were calculated using the markers listed in table 7. Maximum multipoint LOD scores of 3.01 were observed for both loci (fig. 23).

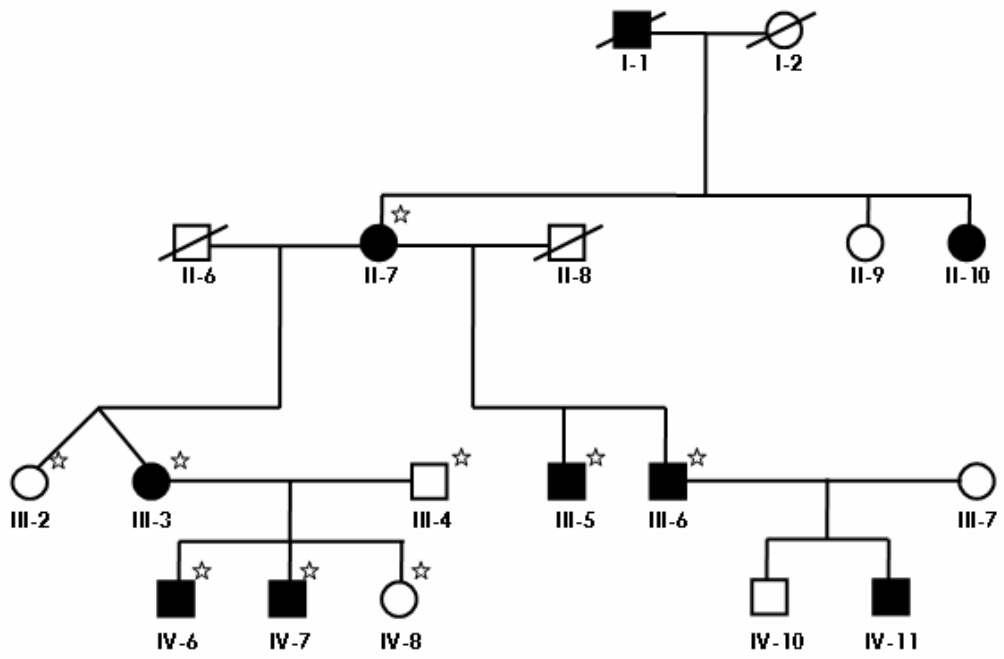


Figure 22. Pedigree of the MPD3 family. The index case is III-3. Samples from persons marked with a star were used in genome wide scan. Samples from II-9, II-10, IV-10 and IV-11 were included for the fine mapping studies.

Table 7. Pairwise LOD scores between the MPD3 locus and markers on chromosomes 8p21-q11 and 12q13-q22.

			Θ =				
Markers	**0.0**	**0.01**	**0.05**	**0.1**	**0.2**	**0.3**	**0.4**
D8S1106	- ∞	0.96	1.46	1.51	1.26	0.87	0.43
D8S1731	- ∞	-0.86	-0.15	0.12	0.32	0.32	0.21
D8S1145	1.14	1.11	0.99	0.83	0.51	0.21	0.02
D8S282	0.90	0.89	0.82	0.73	0.54	0.36	0.18
D8S136	2.92	2.87	2.66	2.39	1.79	1.14	0.50
D8S1786	2.71	2.66	2.46	2.21	1.65	1.05	0.45
D8S382	2.19	2.15	1.99	1.78	1.33	0.84	0.38
D8S1839	0.39	0.38	0.34	0.29	0.18	0.09	0.02
D8S1820	2.94	2.89	2.67	2.40	1.81	1.16	0.52
D8S1477	2.16	2.13	1.97	1.77	1.33	0.84	0.35
D8S505	1.81	1.78	1.65	1.49	1.15	0.80	0.41
D8S531	- ∞	0.89	1.40	1.45	1.20	0.79	0.33
D8S1110	- ∞	0.10	0.66	0.77	0.68	0.44	0.17
D12S1618	- ∞	-0.09	0.48	0.60	0.53	0.31	0.09
D12S1586	- ∞	0.96	1.46	1.51	1.25	0.83	0.35
D12S355	2.57	2.52	2.32	2.06	1.49	0.90	0.35
D12S83	1.43	1.41	1.33	1.23	1.00	0.72	0.39
D12S1686	2.05	2.02	1.86	1.65	1.20	0.73	0.28
D12S1294	2.26	2.22	2.09	1.91	1.49	1.01	0.48
D12S375	2.94	2.88	2.67	2.39	1.78	1.12	0.48
D12S1052	1.20	1.18	1.09	0.98	0.75	0.50	0.25
D12S1660	2.18	2.14	1.97	1.74	1.25	0.73	0.27
D12S326	2.25	2.20	2.03	1.80	1.32	0.82	0.35
D12S1708	1.65	1.62	1.50	1.35	1.04	0.71	0.37
D12S1670	2.92	2.87	2.66	2.38	1.79	1.14	0.50
D12S1064	2.11	2.07	1.91	1.70	1.24	0.76	0.29
D12S351	1.51	1.48	1.39	1.28	1.02	0.73	0.40
D12S327	- ∞	0.96	1.46	1.51	1.26	0.86	0.42
D12S346	- ∞	0.37	0.93	1.05	0.96	0.72	0.40

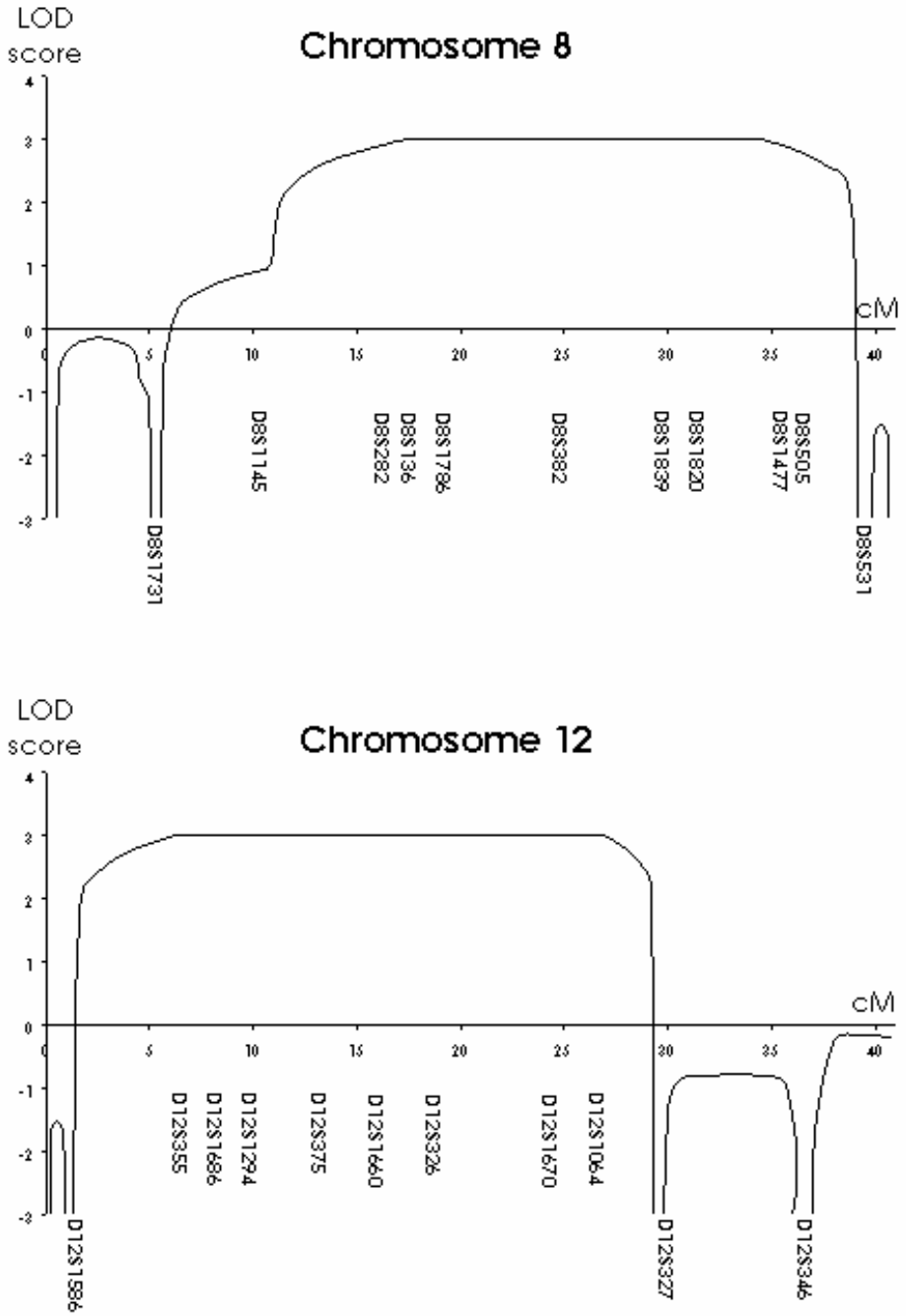


Figure 23. Multipoint linkage analysis of the MPD3 locus, against a fixed set of markers on chromosome 8 and chromosome 12. Horizontal axis indicates distance in centiMorgans (cM).

Further, a specific haplotype segregated with the disease on both loci. The obligatory recombinations on chromosome 8 were observed for markers D8S1731 and D8S531 separated by 34.5 cM. On chromosome 12 recombinations were observed with markers D12S1586 and D12S327 flanking a

28.6 cM region. Simulation analysis with 1000 replicates predicted the average LOD score for linkage to be 1.92 and the maximum LOD score to be 3.01 for this particular family. Simulation analysis for unlinked markers predicted a LOD score over two in 0.4 percent and over three in 0.1 percent of the simulated markers making the observed linkage evidence at this significance level for the two loci unlikely.

Both potentially linked loci are wide. The genomic sequence of the chromosome 8 region is about 34 Mb including 349 known or predicted genes and the chromosome 12 region is about 41 Mb long including 433 known or predicted genes (International Human Genome Sequencing Consortium 2001). The genes expressed specifically in skeletal muscle were explored on these regions. The chromosome 12q MLC1SA gene encodes a myosin light chain 1 slow-twitch muscle isoform A, which is expressed in nonmuscle tissue as well as slow-twitch skeletal muscles (Hailstones and Gunning 1990). The coding region, consisting of eight exons, was sequenced but no differences were identified between DNA samples from affected and healthy individuals or the sequence in the databases. The Ankyrin 1 gene (ANK1) on chromosome 8p, has skeletal muscle specific small splice variants, which are associated with sarcoplasmic reticulum and interact with titin and obscurin (Gallagher and Forget 1998, Zhou et al. 1997, Bagnato et al. 2003, Kontrogianni-Konstantopoulos et al. 2003, Kontrogianni-Konstantopoulos and Bloch 2003). These muscle specific isoforms have their own promoter and an alternative first exon followed by four commonly expressed exons. Again, no sequence variations were observed in the coding region. Three one basepair changes were detected in introns. All of them were concluded to represent polymorphisms, since they were also identified in the DNA samples of the healthy family members. Selfevidently, variants of the non-coding regions of these genes might still be causative for the disease, although for a dominant disease a mutation affecting the protein structure would represent the most plausible molecular defect.

The distinction of the new distal myopathy, MPD3, from the other distal myopathies is based on the differences in clinical findings together with genetic exclusion of the known distal myopathy loci. The family material available was thought to be sufficiently informative for successful locus identification. However, an extensive genome wide scan showed linkage to two separate loci, 8p22-q11 and 12q13-q22, with the multipoint LOD score of 3.01 for both loci. Statistical and haplotype analyses could not rule out one or the other of these

loci. Further, a LOD score of 3 has been acknowledged as a significant evidence for linkage in monogenic disorder (Conneally et al. 1985). This study shows that even in cases with a seemingly large enough family material, the assignment of linkage may prove to be a difficult task and even well established statistical analysis may show significant results for more than one locus.

At present there are no additional family members available for the study, and ascertainment of other families or patients that would represent the same phenotype has not been successful so far. It may be beneficial to genotype the chromosome 8 and 12 markers in patients with unclassified distal myopathy, as they may share the same founder haplotype. In particular, this is appropriate for patients that are excluded to have the TMD_{Fin} mutation in titin or the specific founder haplotype of WDM.

There are several reports of autosomal dominant distal myopathy families without linkage determination (Sumner et al. 1971, Penisson-Besnier et al. 1998, Felice et al. 1999, Chinnery et al. 2001). Patients from the family reported by Felice et al. developed weakness of the anterior compartment of their lower legs followed by progressive distal upper limb and proximal leg muscle weakness. The muscle affection pattern resembles MPD3 but the age of onset is earlier and the muscle pathology is milder without rimmed vacuoles. Likewise, the disorder in the family reported by Sumner et al. bears some similarities, but the disease showed a more severe course. Despite these clinical differences the 8p22-q11 and 12q13-q22 loci could be tested for linkage in these families. For example, there is a marked clinical variation in the aforementioned chromosome 2q31 linked phenotypes (TMD, LODM, autosomal dominant myopathy with proximal muscle weakness and early respiratory failure, and cardiomyopathy).

Identification of the MPD3 causing gene will be difficult without a definitely linked locus and a narrow critical region. The positional candidate gene approach was applied in this study, so far without success. Two genes are known to cause dominant distal myopathies: titin and cardiac beta-myosin (MYH7). In the recessively inherited telethoninopathy (LGMD2G) the initial weakness and atrophy may sometimes be distal and muscle biopsy shows rimmed vacuoles as well. Thus, sarcomeric proteins represent good candidates for causing distal muscle degeneration. Discoveries concerning the pathogenetic pathways involved in the other (distal) myopathies may provide new candidate genes to be screened for the MPD3 causing mutation in the future.

CONCLUDING REMARKS

The first section of this thesis presents the identification of the defective gene and the mutations causing tibial muscular dystrophy (TMD) by a positional candidate approach. The second section presents the characterization and linkage studies for a novel distal myopathy (MPD3).

The TMD locus was assigned to chromosome 2q31 in Finnish families and the genetic homogeneity was shown by linkage to the same locus in a French family. Further, a similar late-onset distal myopathy (LODM) phenotype in an American family was linked to chromosome 2q31. Sequencing of the giant TTN gene identified TMD causing mutations in the Mex6 exon, which encodes Ig-domain M10 in the ultimate C-terminus of titin. M10 is located in the M-line region of the sarcomere. The identified mutations possibly disrupt the Ig-domain structure. Interestingly, three patients with a severe limb-girdle muscular dystrophy (LGMD2J) phenotype were homozygous for the TMD_{Fin} mutation.

Immunohistochemical studies indicated incorporation of the mutant titin molecules to the sarcomere, but an altered structure of titin C-terminus located in the periphery of the M-line. Further, the amount of titin ligand calpain 3 varied in the muscle samples from heterozygous TMD patients and there was a severe loss of calpain 3 in homozygous patient. Myonuclear apoptosis and perturbation of the IκBα/NF-κB pathway that are similar to the primary calpainopathy (LGMD2A) were observed as well. However, the animal studies of calpain 3 deficient mice and the spontaneous titin mutant MDM-mouse suggest that the TMD phenotype might not result from the calpain 3 deficiency alone. The contribution of titin to the complex M-line structure and its role in signalling and regulatory pathways for sarcomeric protein turnover have begun to emerge. This includes interaction with recently discovered M-line molecules, such as MURFs and obscurin. The goal for the future will be to clarify the details of how the mutations affect titin interaction with calpain 3 and the other ligands. This may shed light on the molecular mechanisms regulated by the M-line components that are involved in the muscle degeneration in TMD and other myopathies.

In the second part of this study the MPD3 phenotype was characterized in a Finnish family. Molecular genetic studies excluded linkage to the known distal

myopathy loci. Unexpectedly, a genome wide scan provided significant evidence for linkage to two chromosomal regions, 8p22-q11 and 12q13-q22, and it was impossible to make any distinction between them. Unclassified distal myopathy patients and unlinked families reported by others may be tested for these loci in order to confirm the locus assignment. Identification of the MPD3 disease gene and mutation will be intriguing, particularly finding the pathogenetic pathways involved and the possible connections to TMD and the other muscular dystrophies.

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Henna Haravuori

ELECTRONIC DATABASE INFORMATION

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