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<p>Tiivistelmä-Referat-Abstract</p> <p>The main idea of my study is to present in the form of research one chance to speak of schizophrenia - it's mental care and rehabilitation of it. In my study I examine schizophrenia as a process of rehabilitation in many points of view. First of all I have included to my research my own experience of this illness and my rehabilitation of it. Secondly I have interviewed those employees how have participated to my rehabilitation process from which arises the second point of view to the work. The third point of view has been formed from the customer relationship, co-operation and community and the meaning of working habits. The fourth point of view enlightens the meaning of self-help and community effect on that is how the other people who are going through a rehabilitation process have helped me. I think that examine schizophrenia from many points of views is important because schizophrenia is complicated mental disorder.</p> <p>My aim was to find reasons which in my life had an effect on and led me to this process of rehabilitation. I'm going through how persons in mental care and rehabilitation have helped me and what kind of successful mental care rehabilitation relationships have been in my life. My study begins as a story tellin form of my own experiences. I have analysed these stories in theory for example conversations of social work, mental care and rehabilitation by exploiting my own experience.</p> <p>The research materials I have collected in three ways: first of all by reading the research works written before and the discussions of therapy. Secondly I have gone through my own experiences of rehabilitation and mental care as a source in form of diaries. And as a third method I interviewed the employees who took part in my rehabilitation and therapy, out of which I gathered the empiric materials of my research work based on the theme interviews.</p> <p>The meaning of customer relationship and interaction came up from my own experiences, the interviews of the employees and from discussions in theory. I myself consider mental care and rehabilitation work as fycical, psychic and social phenomem. Also the employees thought their mental work as a total effect, and they felt thinking the future of the customers, their aims at back to normal life and avoidin marginalization. One of my most important source of my study is a book of Martin Buber named "I and You". Otherwise I have concertrated to compare my own experiences of social work, mental care and the rehabilitation and the discussion of them.</p>			
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