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**Provision of Information to Patients and Relatives
after Traumatic Brain Injury**

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ABSTRACT

It is estimated that Traumatic Brain Injury (TBI) affects over 9000 people in New Zealand every year. This study aimed to describe the information and resources available to patients and their families after a TBI in New Zealand. A survey was sent to a sample of General Practitioners and hospital Emergency Departments asking about what information and other resources they had available for patients. Results showed that, of those who responded, all hospitals but less than half the General Practitioners had a patient information sheet on TBI. The quality of content and appearance of the leaflets was highly variable, but generally the presentation of the hospital information sheets was better. Individuals who had recently sustained a TBI and their relatives were also given a questionnaire about the information they received while in hospital and how satisfied they felt with it. Due to small numbers of respondents, no generalisations could be made from this part of the study.

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TABLE OF CONTENTS

	Abstract	ii
	Acknowledgements	iii
	Table of Contents	iv
	List of Tables	viii
	List of Figures	ix
	Chapter One Introduction	1
1.1	Background	1
1.2	Patient Information Provision	1
1.3	TBI Outcome and Recovery	2
1.4	The Current Study	4
	Chapter Two Patient Information Provision	6
2.1	Introduction	6
2.2	Patient Education	7
2.3	Barriers to Information Provision	8
	2.3.1 Literacy and Readability of Patient Information	9
	2.3.2 Situational Factors	13
2.4	Information as a Coping Strategy	14
2.5	Assessment Feedback	16
	Chapter Three Traumatic Brain Injury	19
3.1	Epidemiology	20
3.2	Definition and Severity Ratings	22

3.3	Post Concussive Syndrome	28
3.4	Injury Severity and Consequences	29
3.5	Sources of Information in New Zealand	31
3.6.1	Written Material	32
3.6.2	Internet Sites	33
3.6.3	Advocacy and Support	34
3.6.4	Medical Information	34
3.6.5	Auckland Resources	34
	Chapter Four	
	Formulation	37
	Chapter Five	
	Method	40
5.1	General Practice and Emergency Department Questionnaire	40
5.1.1	Participants	40
5.1.2	Procedure	41
5.1.3	Measure	41
5.2	Patient and Relative Questionnaire	42
5.2.1	Participants	42
5.2.2	Procedure	42
5.2.3	Instruments	43
5.3	Ethical Issues	43
	Chapter Six	
	Results	45
	Part One: General Practice and Emergency Department Questionnaire	45
6.1	General Summary Statistics	45

6.2	Notification from Hospital	46	
6.3	Information Sheet	47	
6.3.1	Readability	48	
6.3.2	Legibility and Presentation	49	
6.3.3	Content	50	
6.4	Sources of Information for Patients	52	
6.4.1	Access to Other Resources	54	
	Part Two: Patient and Relative Questionnaire	54	
6.5	Summary	54	
6.5.1	Patient Responses	54	
6.5.2	Relative Responses	55	
	Chapter Seven	Discussion	56
7.1	Introduction	56	
7.2	Information Provision	56	
7.3	Notification from Hospital	58	
7.4	Information Sheet	59	
7.5	Community Resources	61	
7.6	Limitations	62	
7.7	Conclusions and Recommendations	65	
	References	67	
	Appendix A	76	
	Hospital and General Practice Questionnaire	77	

Appendix B	79
Hospital and General Practice Information Sheet	80
Appendix C	82
Client Information Sheet	83
Relative Information Sheet	85
Appendix D	87
Client Consent Form	88
Relative Consent Form	89
Appendix E	90
Client Questionnaire	91
Appendix F	95
Relative Questionnaire	96
Appendix G	100
Massey University Human Ethics Committee Approval	101
Appendix H	102
Auckland Ethics Committee Approval	103
Appendix I	104
Hospital and GP TBI Information Sheets	105

LIST OF TABLES

Table 2.1	Flesch reading ease scoring system	10
Table 3.1	Glasgow Coma Scale	25
Table 3.2	Severity of TBI based on PTA duration	26
Table 3.3	Sources of information about TBI for patients and families	36
Table 6.1	FRE Scores of Hospital and GP TBI Information Leaflets	48
Table 6.2	Length of TBI Information Sheets from Hospitals and GPs	50
Table 6.3	Number of Resources for Patients that Respondents could Identify	52

LIST OF FIGURES

Figure 6.1	Urban and Rural distribution of Participants	45
Figure 6.2	New TBI presentations in the past month for GPs and Hospital EDs	46
Figure 6.3	GP notification by hospitals when a patient comes to ED with a suspected or confirmed TBI	47
Figure 6.4	GP awareness of local resources for people with TBI	53