

**POSITIVE SELF-CONCEPT IN LIZ MURRAY'S
BREAKING NIGHT (2010):
A HUMANISTIC PSYCHOLOGICAL APPROACH**



RESEARCH PAPER

**Submitted as a Partial Fulfillment of the Requirements for Getting Bachelor
Degree of Education in English Department**

by

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**SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2014

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TESTIMONY

I hereby assert that there is no plagiarism in this research paper. There is no other work that has been submitted to obtain the bachelor degree and as far as I concerned there is no opinion that has been written or published before, except the written references which are referred in this paper and mentioned in the bibliography. If any incorrectness is proved in the future dealing with my statement above, I will be fully responsible.

Surakarta, June 2014
The Researcher



Bryan Yusuf Dyactowo

MOTTO

- ❖ *“That which does not kill us makes us stronger.”*
~ Friedrich Nietzsche

- ❖ *“The best weapon against an enemy is another enemy.”*
~ Friedrich Nietzsche

- ❖ *“Jika kita menyempurnakan niat, maka Tuhan akan menyempurnakan pertolongan.”*

DEDICATION

This research paper is especially dedicated to:

- 1. The Greatest Allah SWT**
- 2. His beloved parents**
- 3. His beloved grand parents**
- 4. His beloved big family**
- 5. His beloved lovely**
- 6. His beloved friends**

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The researcher realizes that the research paper cannot be finished without many helps and supports from several people. Thus, the researcher would like to express his earnest gratitude for the following persons:

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Deep down on the researcher's heart, the researcher realizes that this research paper is still far from being perfect, so all suggestions and criticisms for improving this research are accepted widely and happily. Hopefully, this research paper will be useful for the readers and prospective researchers.

Wassalamualaikum Wr. Wb.

Surakarta, July 2014
The Researcher

Bryan Yusuf Dyactowo

TABLE OF CONTENT

	Page
TITLE	i
APPROVAL	ii
ACCEPTANCE	iii
TESTIMONY	iv
MOTTO	v
DEDICATION	vi
ACKNOWLEDGMENT	vii
TABLE OF CONTENT	x
SUMMARY	xiii
CHAPTER I: INTRODUCTION	1
A. Background of The Study.....	1
B. Literature Review	5
C. Problem Statement	6
D. Limitation of The Study	7
E. Objective of the Study.....	7
E. Benefit of the Study	7
F. Research Method.....	8
G. Research Paper Organization	10
CHAPTER II: UNDERLYING THEORY	11
A. Notion Self-Concept	11
B. Three Different Components of Self-Concept.....	13
1. Self-Esteem	14
2. Self-Image	16
3. Ideal-Self	17
C. Congruence and Incongruence	18
D. Structural Elements of the Memoir.....	20

1. Character and Characterization	21
2. Setting	21
3. Plot	22
4. Point of View	23
5. Them	24
6. Style	25
E. Theoretical Application	26
CHAPTER III: STRUCTURAL ANALYSIS	27
A. Structural Elements of The Memoir.....	27
1. Character and Characterization	27
2. Setting	39
3. Plot	42
4. Point of View	48
5. Style	48
6. Theme	53
B. Discussion	53
CHAPTER IV: HUMANISTIC PSYCHOLOGICAL ANALYSIS	57
A. Self-Concept of Liz Murray Based on Rogers' Humanistic Psychological Analysis	57
1. Self-Esteem	57
2. Self-Image	64
3. Ideal-Self (Congruence & Incongruence)	70
B. Discussion	78
CHAPTER V: CONCLUSION AND SUGGESTION	81
A. Conclusion	81
B. Pedagogical Implication	82
C. Suggestion	83

BIBLIOGRAPHY 84
VIRTUAL REFERENCE 85
APPENDIX 86

SUMMARY

BRYAN YUSUF DYACTOWO, A 320 100 207, POSITIVE SELF-CONCEPT IN LIZ MURRAY'S *BREAKING NIGHT* (2010): A HUMANISTIC PSYCHOLOGICAL APPROACH. RESEARCH PAPER. MUHAMMADIYAH UNIVERSITY OF SURAKARTA. 2014.

This Study is about Positive Self-Concept in Liz Murray's *Breaking Night* (2010) directed by Liz Murray which is analyzed by using humanistic psychological approach. The objectives of the research is to analyze the memoir based on the structural analysis of the memoir and based on humanistic psychological approach by Carl Rogers.

This research paper belongs to qualitative research. Data of the research are divided into two, primary data and secondary data. The primary data of the research is The *Breaking Night* memoir by author Liz Murray in 2010. While secondary data of the research are other materials taken from some books, author biographies, comments, website searching about *Breaking Night* Memoir that support the analysis. The method to analyze of this data is descriptive analysis.

The researcher describes two conclusions in his research. The first, based on structural analysis it shows that Liz Murray successfully combining all the structural elements of the story including character and characterization, setting, plot, point of view, theme as well into unity. The second, based on humanistic psychological analysis it shows that in the *Breaking Night* memoir Liz Murray illustrates psychological phenomena in which in individual is someone who wants to build positive self-concept in herself with always does positive things, thinks positive and has self confidence in living life.

Keywords: Self-Concept, *Breaking Night*, Humanistic Psychological Approach.