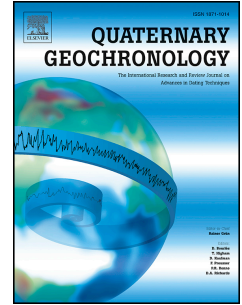


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1 **Protein diagenesis in *Patella* shells: implications for amino acid racemisation dating**

2

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11

12 **Abstract**

13

14

15 The inter- and intra-crystalline fractions of *Patella vulgata* limpets recovered from
16 archaeological sites in Northern Spain (covering Neolithic, Mesolithic, Magdalenian,
17 Solutrean, and Aurignacian periods) were examined for amino acid composition and
18 racemisation over time. The calcitic apex and rim areas of the shells were found to probably
19 be composed of similar proteins, as the D/L values and amino acids were comparable and
20 varied in the same way with increasing age; however, the mineral structures present in these
21 areas differed. The aragonitic intermediate part of the shell showed a distinctly different

22 amino acid composition and mineral structure. The main protein leaching from the inter-
23 crystalline fraction occurred within the first 6,000 yr after the death of the organism. In
24 contrast, the intra-crystalline fraction — comprised of a different protein composition than
25 the inter-crystalline fraction — appeared to behave as a closed system for at least 34 ka, as
26 reflected by the lack of a significant decrease in the amino acid content; however, changes in
27 the amino acid percentages occurred during this period. The concentration of aspartic acid
28 remained almost constant with age both in inter- and intra-crystalline proteins, and its
29 contribution to the total amino acid content increased with age at the expense of other amino
30 acids such as glutamic acid, serine, glycine and alanine. Temperature is thought to play a key
31 role in the amino acid racemisation of *P. vulgata* and could explain why in the localities
32 belonging to the Gravettian and Solutrean period, which formed during relatively cold
33 conditions, D/L values were similar to those detected in shells from sites formed during the
34 Magdalenian.

35

36 **Key-words:** *Patella vulgata*, inter- and intra-crystalline proteins, amino acids,
37 microstructure, archaeology

38

39 **Highlights:**

40

- 41 - The calcitic apex and rim of *P. vulgata* shells are probably made of similar proteins
- 42 - The aragonitic intermediate area has a different amino acid composition
- 43 - The main protein leaching in the inter-crystalline fraction occurs in the first 6 ka

- 44 - Asp content remained constant up to 34 ka in inter- and intra-crystalline fractions
- 45 - The percentage of aspartic acid increased with age (over ca. 34 ka)

46

47 **1. Introduction**

48

49

50 The first attempts to establish the chronology of shell middens using amino acid
51 racemisation/epimerisation date back to the 1970s when Masters and Bada (1977) and
52 Wehmiller (1977) analysed marine bivalve molluscs (*Chione*) from California. Several
53 studies have demonstrated that amino acid racemisation (AAR) is a satisfactory tool for
54 dating palaeontological and archaeological sites, including the use of limpets recovered from
55 Palaeolithic and Mesolithic anthropogenic shell middens (Bateman, 2008; Ortiz et al., 2009a;
56 Demarchi et al., 2011). Shell middens often accumulate relatively rapidly but they are
57 subject to complex taphonomy. Consequently, large sample sizes for dating are required to
58 resolve issues of intra-site chronology (e.g. Glover et al., 1990; Stein and Deo, 2003). The
59 number of samples commonly used for the age calculation of a single level through AAR
60 allows not only the rejection of anomalous results, but also an understanding of time-
61 averaging and the time over which a certain site formed.

62 Some uncertainties regarding the protein diagenesis of limpet shells remain. Further research
63 is therefore required to clarify the processes of protein preservation and degradation and the
64 concomitant success of AAR for dating archaeological localities. Recent studies of modern
65 limpets performed by Demarchi et al. (2011, 2013a,b) showed the potential of intra-
66 crystalline proteins in *Patella* shells for AAR geochronology. In these studies, artificial

67 diagenesis was induced in proteins (both inter- and intra-crystalline protein fractions, and the
68 isolated intra-crystalline fraction) of modern *Patella* shells through high-temperature
69 experiments (80°, 110°, and 140°C) over a range of times (0 to 5738 h). The protein
70 breakdown was quantified by measuring the extent and racemisation of various amino acids.
71 This provided data on protein diagenesis in modern limpets; however, it is pertinent to reveal
72 the circumstances of protein degradation in fossil representatives. In this regard, here we
73 examined the amino acid content and D/L values in limpets (*Patella vulgata*) collected from
74 several archaeological sites of known ages (dated by ¹⁴C) covering the Aurignacian (ca. 34
75 cal. ka BP), Gravettian (ca. 27.5 cal. ka BP), Solutrean (ca. 26.5-20.5 ka cal. BP), Lower,
76 Middle and Upper Magdalenian (20.5-12.0 cal. ka BP), Azilian (ca. 12.0-10.8 cal. ka BP),
77 Mesolithic-Asturian (10.8-6.3 cal. ka BP), and Neolithic (ca. 6.3-5.8 cal. ka BP) periods. *P.*
78 *vulgata* was chosen because this limpet is the most common species in shell middens in
79 Northern Spain (González-Morales, 1982; Bailey and Craighead, 2003; Gutiérrez-Zugasti,
80 2009, 2011; Álvarez-Fernández, 2011). We examined the behaviour of the whole protein
81 content (inter- and intra-crystalline proteins) and the intra-crystalline fraction separately, the
82 latter by bleaching prior to analysis.

83 Several studies (Haugen and Sejrup, 1992; Wehmiller, 1993; Torres et al., 1999) have
84 reported intra-shell variation of D/L values depending on the part of the carapace from which
85 the sample is recovered. We therefore also studied the amino acid content and D/L values of
86 two parts of the shell (apex and rim) in samples of various ages.

87

88 **2. Material and methods**

89

90 The samples were collected from 12 sites in the regions of Asturias and Cantabria (Northern
91 Spain) previously excavated in archaeological campaigns (Fig. 1). Permission was obtained
92 for sampling the limpets. Once collected, the shells were stored at the “Museo Arqueológico
93 de Asturias”, the “Museo de Prehistoria y Arqueología de Cantabria”, and the “Museo y
94 Centro de Investigación de Altamira”. Limpets were cleaned with water after their collection
95 and stored in boxes at room temperature (15°C) in the museums. The coordinates of the
96 localities are reported in Table 1 (Fig. 1), together with the time period of the archaeological
97 level sampled.

98 *P. vulgata* shells from the levels belonging to the Upper Palaeolithic (Aurignacian,
99 Gravettian, Solutrean, Magdalenian, Azilian), Mesolithic (Asturian) and Neolithic (Table 1)
100 periods were analysed for AAR. For comparative purposes, modern specimens were
101 recovered from Cue beach (Asturias), located close to the archaeological localities (Fig. 1).

102

103 **2.1 Petrographic analysis**

104

105 Selected *P. vulgata* shells from modern individuals were cut into thin sections along their
106 major axis and placed on microscope slides. To determine the distribution of minerals and the
107 organic matrix, the sections were submerged in Feigl’s and Mutvei’s solutions for 5 min and
108 observed under a Nikon microscope.

109 To distinguish between the two calcium carbonate polymorphs that mollusc shells generally
110 form, we applied Feigl’s solution, which was prepared following Feigl (1937, in Friedman
111 1959). This procedure stained aragonite crystals black, while calcite ones remain unstained.

112 To highlight the organisation of the organic matrix and the crystal arrangement, we used
113 Mutvei's solution (Mutvei *et al.* 1994), following the modifications described by Schöne *et*
114 *al.* (2005): one litre of Mutvei's solution consists of 500 ml 1% acetic acid, 500 ml 25%
115 glutaraldehyde and ca. 5 to 10 g Alcian blue powder. The use of Mutvei's solution facilitates
116 the identification of micro-growth structures in carbonates of biogenic origin by staining
117 organic matrix laminae and crystal envelopes in shades of blue.

118

119 ***2.2 Amino acid racemisation***

120

121 Between 4 and 11 *P. vulgata* shells (analytical samples) from each archaeological level were
122 analysed for amino acids. The use of monospecific or monogeneric samples reduces
123 taxonomically-controlled variability in D/L values (Murray-Wallace, 1995; Murray-Wallace
124 and Goede, 1995). In the laboratory, shells were carefully sonicated and cleaned with water
125 to remove sediment. Peripheral parts, approximately 20–30%, were removed after chemical
126 cleaning of the sample with 2 N HCl.

127 For all samples, we drilled a small disc in the apex of the shells, which has been shown to
128 reduce variability (cf. Murray-Wallace, 1995). This selection was also based on the results
129 from the petrographic analysis, which showed that the apex was made of calcite (cf.
130 MacClintock, 1967; Fenger *et al.*, 2007, Ortiz *et al.*, 2009a; Demarchi *et al.*, 2013a). In
131 addition, we sampled the rim, also made of calcite, in the same limpets (with the exception of
132 those from La Riera cave) in order to test intra-shell variation. The intermediate part of the
133 shell was also sampled, but only in modern limpets. ca. 5–20 mg of apex and rim areas was
134 subjected to AAR analysis of the total protein content (inter- and intra-crystalline proteins).

135 Samples from the apex were also used to measure the amino acids in the intra-crystalline
136 fraction after bleaching.

137

138 **2.2.1 Bleaching**

139

140 Powdered shell samples from the apex of the same limpets used to analyse the total protein
141 content were used for the isolation of intra-crystalline proteins. The shell particles measured
142 less than 500 μm , following Demarchi et al. (2013a), a size for which bleaching is most
143 effective. In this regard, we exposed these powdered samples to 10% sodium hypochlorite
144 (NaOCl), an effective oxidising agent for this purpose (Penkman et al., 2008; Demarchi et al.,
145 2013a). Samples were exposed to NaOCl for 48 h, a time reported to be the optimal bleaching
146 period for *P. vulgata* (Demarchi et al., 2013a), although they used a NaOCl concentration of
147 12%.

148 For each fraction, 50 μL of NaOCl per mg of powdered shell was added to accurately
149 weighed subsamples at room temperature. To ensure the complete penetration of the
150 oxidising agent, the vials containing the powders and the bleach were shaken every 24 h. The
151 bleach was then removed, and the powders were rinsed five times in ultrapure water and once
152 in HPLC-grade methanol, with centrifugation or 4 min. between each rinse to minimise the
153 removal of powder. Finally, the samples were air-dried overnight.

154

155 **2.2.2 Amino acid analysis**

156

157 Amino acid concentrations and racemisation/epimerisation ratios were quantified using a
158 HPLC, following the sample preparation protocol described in Kaufman and Manley (1998)
159 and Kaufman (2000). This procedure involves hydrolysis, which was performed under an N₂
160 atmosphere in 20 µL/mg of 7 M HCl for 20 h at 100°C. The hydrolysates were evaporated to
161 dryness *in vacuo* and then rehydrated in 10 µL/mg of 0.01 M HCl with 1.5 mM sodium azide
162 and 0.03 mM L-*homo*-arginine (internal standard).

163 Samples were injected into an Agilent HPLC-1100 equipped with a fluorescence detector.
164 Excitation and emission wavelengths were programmed at 335 nm and 445, respectively. A
165 Hypersil BDS C18 reverse-phase column (5 µm; 250 x 4 mm i.d.) was used for the analysis.
166 Derivatisation was achieved before injection by mixing the sample (2 µl) with the pre-column
167 derivatisation reagent (2.2 µl), which comprised 260 mM isobutyryl-L-cysteine (chiral thiol)
168 and 170 mM o-phthalaldehyde, dissolved in a 1.0 M potassium borate buffer solution at pH
169 10.4. Eluent A consisted of 23 mM sodium acetate with 1.5 mM sodium azide and 1.3 mM
170 EDTA, adjusted to pH 6.00 with 10 M sodium hydroxide and 10% acetic acid. Eluent B was
171 HPLC-grade methanol, and eluent C consisted of HPLC-grade acetonitrile. A linear gradient
172 was performed at 1.0 mL/min and 25°C, from 95% eluent A and 5% eluent B upon injection
173 to 76.6% eluent A, 23% eluent B, and 0.4% eluent C at min 31; and then with a progressive
174 gradient at 1.07 mL/min and the following percentages: 46.2% eluent A, 48.8% eluent B, and
175 5.0% eluent C at min 95. As a laboratory routine, we separated the D and L peaks of the
176 following amino acids (Fig. 1-Supplementary Data): aspartic acid and asparagine (Asx),
177 glutamic acid and glutamine (Glx), serine (Ser), alanine (Ala), valine (Val), phenylalanine
178 (Phe), isoleucine (Ile), leucine (Leu), threonine (Thr), arginine (Arg), and tyrosine (Tyr),
179 together with the abundance of glycine (Gly).

180 Asx and Glx D/L values obtained by means of HPLC are comparable with those measured
181 with GC as similarities have been reported in inter-laboratory comparison exercises (cf.
182 Wehmiller, 1984; Torres et al., 1997; Wehmiller et al., 2010) and between several samples
183 analyzed by GC and HPLC in our laboratory (cf. Ortiz et al., 2009b, p. 955, see Fig. 2-
184 Supplementary Data).

185

186 **2.2.3 Data screening of the AAR analyses**

187

188 A total of 121 powdered samples taken from the apex of *P. vulgata* shells were analysed for
189 amino acid content. The same 121 samples were also used for the bleaching experiment. Rim
190 samples of 76 of these limpets were also used to determine their amino acid composition
191 (samples from the levels of La Riera Cave were not used because we obtained permission to
192 take samples only from the apex).

193 Of these, 14 results (11.6% of the data- 1 in Kobaederra, 3 in Arenillas, 2 in Mazaculos II, 1
194 in El Penicial, 1 in Bricia-B, 3 in El Cuco, 2 in level 24 of La Riera, and 1 in level 23 of La
195 Riera 5) were excluded due to Asx and Glx D/L values that fall off the covariance trend (cf.
196 Kaufman, 2003, 2006; Laabs and Kaufman, 2003) (Figs. 3-5 Appendix) and/or because of
197 abnormally high D/L values, characterised by Asx D/L and Glx D/L values falling outside the
198 2σ range of the group (cf. Hearty et al., 2004; Kosnik and Kaufman, 2008). These samples
199 also showed a low amino acid content. 12.4% of the data from bleached apex samples, and
200 11.8% from unbleached rim samples were also excluded, coinciding in most cases with
201 outliers from unbleached apex. It is possible that these samples with high D/L values were
202 anthropogenically-heated. Each result and the samples rejected are shown in the

203 Appendix. The data used in the following sections is only from the screened samples, not
204 including outliers.

205

206 ***2.3 Temperature within the sediment of archaeological sites***

207

208 As AAR is a temperature-dependent process, we attempted to observe the influence of
209 atmospheric temperature inside the archaeological sites. For this purpose, permission was
210 obtained from the Communities of Asturias and Cantabria to bury Hobo UA-001-64 digital
211 thermometers between 10 and 15 centimetres inside the sediment at the entrance to some of
212 the caves where the remains were collected (El Cuco, Arenillas, El Perro, Mazaculos II, La
213 Riera, Bricia, El Penicial, and La Lloseta). These devices were programmed to register
214 temperature at 4-h intervals and data was collected over 1 year (January to December 2013)..

215

216 **3. Intrashell variations**

217

218 ***3.1 Petrographic analysis***

219

220 As observed previously (MacClintock, 1967; Fenger et al., 2007; Ortiz et al., 2009a;
221 Demarchi et al. 2013a), calcite was the main component of the apex and rim of modern and
222 archaeological representatives. These shell areas remained unstained after submerging the
223 thin sections in the Feigl dye (Figs. 2A, B), which corresponded to layers M+3, M+2 and M-

224 2 according to the terminology of MacClintock (1967), M being the myostracum (muscle
225 attachment site). In contrast, the intermediate area (layers M+1, M, M-1) was stained black,
226 indicating that it was made of aragonite (Figs. 2A, B). Similar to the findings of MacClintock
227 (1967) and Demarchi et al (2013a), we found that the outer aragonite layer did not occupy a
228 significant portion of the shell.

229 Of note, the boundary between the calcitic M-2 layer and the aragonitic M-1 layer was not
230 straight but showed an interfingering relationship between the two layers (Fig. 2A). This
231 relationship was also observed when the shells were stained with Mutvei's solution (Fig. 2C).
232 This dye revealed major and minor growth lines of biogenic carbonate, both in the calcitic
233 and aragonitic dominions, which were parallel to the shell surface. Major growth lines in the
234 cross-sections were identified as thicker, more pronounced lines, and these were more clearly
235 observed in layers M+1, M-1 and M-2 (Fig. 2C, D). Minor growth lines, representing
236 semidiurnal and lunar growth increments (Fenger et al., 2007), were extremely fine and
237 detected only at high magnification (Fig. 2E).

238 Mutvei's solution also showed an irregular distribution of organic matter through the shell
239 section, as revealed by a strong stain in the calcitic apex (M-2) and rim (M+3, M+2), thus
240 indicating stripes rich in organic matter. In contrast, aragonitic intermediate parts (M+1, M-1)
241 were a brownish colour. In most cases, the outermost M+3 and M+2 layers were not clearly
242 distinguishable, as also reported in Forli et al. (2004).

243 The myostracum was very thin and showed a prismatic structure with large crystals oriented
244 perpendicular to the shell surface (Fig. 2D). In the closest interior and external areas to the
245 myostracum (M-1, M+1 respectively), namely the aragonitic intermediate part, we observed a
246 complex crossed-lamellar structure consisting of complicated hierarchical structural (first-,

247 second- and third-order lamellar structures) features with a feather-like pattern, in which the
248 fibres are oriented perpendicular to the surface of the shell (Fig. 2E, G). Consistent with
249 observations by MacClintock (1967) and Cohen and Branch (1992), we found that the
250 aragonitic M-1 layer was very thin (Fig. 2D, E).

251 In contrast, the microstructure of the rim (M+3, M+2 layers) showed a concentric crossed-
252 lamellar pattern with crystal aggregates arranged parallel to the shell margin, although in
253 these layers (M+2 and M+3) they then became gradually oblique to the outer surface, with a
254 progressive twist to 90° of first order lamella (Fig. 2D, E, F, H), although columnar in
255 appearance. The apex, which was occupied by layer M-2, showed a microstructure with an
256 irregular to radial crossed-lamellar pattern (Fig. 2C).

257 In agreement with Watabe (1984) and Cohen and Branch (1992), the complex crossed-
258 lamellar layers (M-1, M+1) consisted of aragonite, whereas the concentric crossed-lamellar
259 layers (M+3, M+2, M-2) were made of calcite.

260 In brief, layers M+3, M+2 and M-2 were made of calcite and rich in organic matter, although
261 showed different microstructural patterns. In contrast, M+1, M and M-1 layers consisted of
262 aragonite and contain less organic matter. For AAR we analysed the M-2 layer (apex), and
263 M+3 and M+2 layers (rim). In modern representatives we also analysed the M+1 and M-1
264 layers located in the intermediate area.

265

266 *3.2 Amino acid D/L values*

267

268 *3.2.1 Apex and rim - unbleached*

269

270 The mean Asx and Glx D/L values in the rim and apex of 105 bleached and unbleached *P.*
271 *vulgata* shells from the archaeological levels (after the rejection of samples with abnormally
272 high D/L values) are shown in Fig. 3. We selected Asx and Glx because they account for a
273 considerable percentage of the amino acid content in modern shells, as shown by Demarchi et
274 al. (2013a).

275 The individual Asx D/L values in modern limpets were similar in the apex and rim (Fig. 6-
276 Supplementary Data) corresponding with Demarchi et al. (2013a). A similar pattern was
277 obtained for Asx D/L values in these two areas of the shells from the archaeological
278 localities. Similarly, the mean Glx D/L values in the apex and rim of shells from each site
279 were equivalent (Fig. 3, Fig. 7-Supplementary Data, Table 2- Supplementary Data).

280 In modern limpets we also analysed the amino acids in the intermediate part of the shell,
281 observing that Asx and Glx D/L values were higher than in the apex and rim (Table 2).

282

283 **3.2.2 Apex - bleached**

284

285 Asx D/L values were lower in bleached than in unbleached samples for the same individual
286 shell (Fig. 3). In contrast, Glx D/L values were higher in bleached samples than in
287 unbleached ones for modern and archaeological localities.

288

289 **3.3 Amino acid concentrations**

290

291 **3.3.1 Apex and rim-unbleached**

292

293 The mean of the total amino acid concentration in unbleached *P. vulgata* shells was higher in
294 the rim than in the apex, at least in modern, Neolithic, and Mesolithic limpets (Fig. 4). In
295 contrast, in Palaeolithic limpets the concentration of amino acids in these areas was more
296 similar to each other. Likewise, there was variability in the amount of amino acids present in
297 shells within the same level.

298 Similar results were observed for the individual concentrations of Asx ([Asx]) and Glx
299 ([Glx]) (Fig. 5, 6), two of the most abundant amino acids in limpet shells. Of note, the
300 percentage of each amino acid was similar in the apex and rim areas (Fig. 7).

301 In modern representatives, the total amino acid content, [Asx], and [Glx] were lower in the
302 intermediate parts of shells than in the apex and rim (Table 2). Nevertheless, the percentages
303 of [Asx] and [Glx] in modern specimens were similar to those found in the apex and rim,
304 although the proportion of other amino acids differed (Fig. 8), i.e. %Ser and %Gly were
305 lower in the intermediate part than in the apex and rim areas, while %Ala, %Val and %Leu
306 were higher.

307

308 **3.3.2 Apex - bleached**

309

310 The apex intra-crystalline fraction accounted for around 15% of the total proteins within a
311 modern limpet shell (Fig. 4). The amino acid composition of inter- and intra-crystalline
312 proteins in the apex of modern and archaeological limpets also differed, as the percentage of
313 [Asx] was higher in unbleached (40%) than in bleached samples (20–25%) (Table 3), the
314 percentages of [Glx] and [Gly] being higher in the latter. Similar [Asx] percentages were
315 reported by Demarchi et al. (2013a) for bleached and unbleached modern representatives.
316 However, in some other mollusc shells, the percentage of [Asx] has been reported to increase
317 after bleaching (Penkman et al., 2008).

318

319 *3.4 Interpretation of intrashell variations*

320

321 *3.4.1 Inter-crystalline fraction*

322

323 Here we observed similar Asx D/L values in the unbleached rim and apex sub-samples of
324 modern limpets and archaeological sites (Fig. 3). This observation is reinforced by the
325 finding that the percentage of each amino acid was similar in the apex and the rim, even with
326 increasing age (Fig. 7). This finding indicates that the proteins comprising these regions are
327 probably similar, both areas being made of calcite (cf. MacClintock, 1967; Fenger et al.,
328 2007, Ortiz et al., 2009a; Demarchi et al., 2013a). It must be highlighted that the acidic amino
329 acids (Asx and Glx) accounted for more than half the content of *Patella* shells. This
330 observation could be associated with the presence of acidic and Asp-rich proteins, which are
331 usually found linked to calcitic structures (Gotliv et al., 2005; Marin et al., 2012). However,
332 we found that the total amino acid content and also the individual concentrations of the two

333 main amino acids (Asx and Glx) in *P. vulgata* shells were higher in the unbleached rim than
334 in the unbleached apex, at least in modern, Neolithic, and Mesolithic limpets (Fig. 4). These
335 results could be attributable to the different mineral structure observed (Fig. 2). Similarly,
336 differential leaching from the unbleached samples may have produced these differences (cf.
337 Penkman et al., 2007, 2008). Likewise, Demarchi et al. (2013a) reported slightly higher
338 concentrations of amino acids in the unbleached rim of modern representatives when
339 compared with the unbleached bulk samples (rim + apex). Our findings imply that in spite of
340 sampling different parts of the *P. vulgata* shells (apex, rim), there is no significant intra-shell
341 variation of D/L values from the inter-crystalline fraction.

342 The total concentration of amino acids present in *P. vulgata* shells was variable within the
343 same archaeological level. This observation has also been made in other molluscs (Penkman
344 et al., 2008; Torres et al., 2013) and can be attributed to diverse factors related to the
345 depositional environment, including taphonomical processes such as chemical dissolution,
346 mechanical fragmentation, and bioerosion (Davies et al., 1989; Meldahl et al., 1997; Kidwell,
347 1998; Carroll et al., 2003; Kidwell et al., 2005), all of which can directly influence the
348 skeletal preservation of shells. Nevertheless, a considerable part of the organic matrix was
349 conserved, thereby reinforcing the notion proposed by Wehmiller (1990) that approximately
350 30-60% of the original amino acid concentration remains in carbonate Quaternary fossils.

351 Asx and Glx D/L values in the aragonitic intermediate part of the modern limpet shells
352 (comprising mostly M-1, M, and M+1 layers) were higher than in the apex and rim (Table 2),
353 which are made of calcite (Fig. 2). Also, the percentages of each amino acid differed slightly,
354 as %[Ser] and %[Gly] were lower, whereas %[Ala], %[Val] and %[Leu] were higher than in
355 the apex and rim, thus indicating that other proteins were present, or were represented in
356 differing proportions. These differences were confirmed by the different stain produced in

357 these layers after submerging the shell cross-sections in Mutvei's dye, showing that the
358 calcitic M-2, M+2 and M+3 layers were richer in organic matter than the aragonitic M-1 and
359 M+1 layers. According to Marie et al. (2013), Asp-rich proteins, which are more abundant in
360 calcium structures (Sarashina and Endo, 2001; Marin and Luquet, 2004; Gotliv et al., 2005;
361 Marie et al., 2013) are strongly stained with Alcian blue, while other proteins do not show
362 such colouration.

363 Although differences in the amino acid composition (abundance and percentages) were
364 observed between the aragonitic intermediate part (M+1, M, M-1) and the calcitic apex (M-2)
365 and rim areas (M+2, M+3), there was a high content of acidic amino acids (predominantly
366 Asx) in the whole shell (Fig. 8).

367

368 ***3.4.2 Intra-crystalline fraction***

369

370 The intra-crystalline proteins represented a small fraction with respect to the total proteins in
371 modern *Patella* shells (ca. 15%) (Fig. 4) in agreement with Demarchi et al. (2013a), who
372 observed that they represented 10% in modern shells. Similar to that observed in the inter-
373 crystalline matrix, acidic amino acids were also abundant in the intra-crystalline fraction,
374 representing 30–35%, vs 45-50% in the inter-crystalline fraction (Table 3). This observation
375 indicates that the inter- and intra-crystalline protein compositions differ, at least in the apex
376 area, thus potentially affecting the AAR rates (Fig. 3). Asx and Glx D/L values were indeed
377 higher in the intra-crystalline fraction of modern limpets.

378

379 **4. Protein degradation with age**

380

381 *4.1 Amino acid concentrations vs. age*

382

383 *4.1.1 Apex and rim - unbleached*

384

385 The total amino acid concentration in the apex and rim of unbleached limpet shells
386 (representing the amino acids that comprise inter- and intra-crystalline proteins) was higher in
387 modern specimens than in archaeological ones (Fig. 4); the total amino acid content in the
388 apex decreased by around 40% from modern to Mesolithic limpets. However, the
389 concentrations were similar in archaeological limpets of diverse ages, even in the oldest
390 samples analysed in this study, with the exception of Les Pedroses cave, in which slightly
391 lower concentrations were detected. Limpets from Kobaederra (Neolithic) showed a large
392 standard deviation, mainly as a result of two samples with amino acid concentrations
393 exceeding 30,000 pmol/mg.

394 The decrease of the amino acid concentration was especially noticeable in samples taken
395 from the rim area, in which values fell by ~30% in the Neolithic site and ~50% in Mesolithic
396 localities with respect to those of modern specimens. A decrease in the amino acid content in
397 the rim was observed from Mesolithic material to Palaeolithic shells, while this content
398 remained stable in shells from Magdalenian, Solutrean, Gravettian, and Aurignacian sites.

399 Regarding the concentration of amino acids, [Asx] in the rim and [Glx] in the apex and rim
400 were higher in modern and Neolithic limpets, while they were similar in pre-Neolithic

401 samples (Figs. 4, 5), although [Asx] content in the apex area did not vary significantly with
402 age.

403 Similar percentages were obtained for apex and rim sub-samples for all amino acids
404 (considering [Asx], [Glx], [Ser], [Ile], [Leu], [Phe], [Val], [Ala], Gly], [Arg] and [Thr])
405 However, the percentage of each amino acid varied in a different way with age (Fig. 7). The
406 percentage of Asx increased progressively with age (Fig. 7), i.e. for modern specimens it was
407 around 40%, whereas for the Neolithic ones (Kobaederra) it was 47%, for Mesolithic ones ca.
408 55%, and for Magdalenian, Solutrean, Gravettian and Aurignacian ones 65%. In this regard,
409 samples older than ca. 12,500 cal. yr BP (Upper Magdalenian) and up to ca. 34,000 cal. yr BP
410 showed similar proportions of [Asx]. In contrast, the percentages of Glx, Ala, Phe, Gly and
411 Ile showed a sharp decrease in limpets from modern to the Mesolithic age, after which the
412 percentage of these amino acids remained almost constant in Palaeolithic samples.

413 A rapid decrease was observed in the percentage of [Ser], [Thr], and [Arg] from modern
414 limpets to those of the Mesolithic period, after which the content of these amino acids
415 decreased steadily until ca. 30 ka. This was especially significant in [Ser] (from 10% in
416 modern shells to 2% in Solutrean ones). It should be noted that the percentages of [Val] and
417 [Leu] remained almost the same.

418

419 ***4.1.2 Apex - bleached***

420

421 The concentration of amino acids in the apex of bleached limpets (representing the amino
422 acids that comprise only intra-crystalline proteins) was similar for modern and archaeological

423 representatives of different ages (Fig. 4). The same results were obtained for [Asx] and [Glx]
424 (Figs. 5, 6).

425

426 ***4.2 Interpretation of amino acid concentration trends***

427

428 ***4.2.1 Inter-crystalline amino acids***

429

430 Significant protein leaching is likely to have occurred from the inter-crystalline fraction
431 during the ca. 6,000 cal. yr after the death of the limpets, as the total amino acid content
432 decreased over this time, and then stabilised. After this decrease, the amino acid content in
433 limpets of Mesolithic and Palaeolithic ages (up to ca. 34 cal. ka BP) remained almost the
434 same (Fig. 4), whereas the contribution of each amino acid to the total content differed (Fig.
435 7). However, [Asx] in the apex area of archaeological shells did not differ significantly with
436 respect to modern ones.

437 Also, there was an increase in the percentage of [Asx] in both apex and rim areas with age.
438 The percentages of other amino acids such as Glx, Ala, Phe, Gly and Ile decreased with age.
439 This observation might be explained by the position of each amino acid in the protein chains,
440 thus producing different degradation rates (Kriausakul and Mitterer, 1980; Mitterer and
441 Kriausakul, 1984; Wehmiller, 1980, 1993).

442

443 ***4.2.2 Intra-crystalline amino acids***

444

445 The intra-crystalline proteins represented around 15% with respect to the total proteins in
446 modern *Patella* shells (Fig. 4). This percentage increased with age (up to 20–30% over 34
447 ka), in spite of the apparently limited degradation of the proteins in this fraction (the
448 concentration of amino acids remained constant with age in the bleached samples), indicating
449 that there was a preferential break-down and loss of inter-crystalline proteins. Similarly [Asx]
450 and [Glx] also remained constant with age. This finding coincides with reports by Penkman
451 et al. (2008), who observed that the proportion of intra-crystalline amino acids within the
452 whole shell increases as the sample ages.

453 Of note, acidic amino acids represent a high proportion of the fraction with age, as reflected
454 by the increase in the relative percentages of Asx from modern to Palaeolithic shells (Table
455 3).

456 It is also remarkable that while Asx and Glx D/L values differed in the two inter- and intra-
457 crystalline fractions of archaeological limpets, in this case Asx D/L values in intra-crystalline
458 proteins were lower and Glx D/L values were higher than in the inter-crystalline ones (Fig.
459 3), which could be attributable to the removal of certain proteins and amino acids from the
460 inter-crystalline matrix of the shells when bleaching (cf. Penkman et al., 2007, 2008). In this
461 sense, the higher concentration of free amino acids within the intra-crystalline fraction (which
462 are the most highly racemised), may explain the lower Glx D/L values obtained in the inter-
463 crystalline fraction. However, other processes may have to be taken into account, i.e.,
464 different amino acids contribute to the proteins entrapped within the biomineral, which
465 undergo racemisation at different rates (cf. Penkman et al., 2008), and the position of each
466 amino acid in the protein chains can produce different degradation rates (Kriausakul and
467 Mitterer, 1980; Mitterer and Kriausakul, 1984; Wehmiller, 1980, 1993). As evidence here,

468 the percentage of amino acids differed in bleached and unbleached samples (Table 3).
469 Likewise, partial leaching of the inter-crystalline matrix of proteins may have influenced in
470 the Asx D/L values.

471 The differences found in the concentration and composition of amino acids and D/L values
472 between inter- and intra-crystalline proteins are in agreement with Sykes et al. (1995) and
473 Penkman et al. (2007, 2008), who observed distinct racemisation rates in these fractions in a
474 variety of mollusc shells. In leaching experiments (140°C for 24 h to 240 h) on unbleached
475 and bleached *Bithynia* and *Patella* shells, Penkman et al. (2008) and Demarchi et al. (2013a)
476 observed that only a small percentage (1–4%) of the total amino acid content leached from
477 the intra-crystalline fraction, in contrast to a higher percentage (ca. 40%) leached from
478 unbleached shells under the same conditions. While inter-crystalline proteins are more
479 susceptible to decomposition or leaching, the intra-crystalline fraction has been found to
480 approximate a closed system in various mollusc shells. Amino acids within the crystals are
481 apparently effectively isolated from variable external factors, although Orem and Kaufman
482 (2011) observed that the intra-crystalline fraction in the bivalve *Margaritifera* is not a closed
483 system under certain conditions.

484

485 **5 Aminochronology of limpet shells**

486

487 ***5.1 Asx and Glx D/L values vs. age***

488

489 ***5.1.1 Apex-unbleached***

490

491 In general, limpet shells from archaeological sites showed Asx and Glx D/L values consistent
492 with their age (Fig. 3), i.e. in the Neolithic site (Kobaederra) shells had the lowest Asx and
493 Glx D/L values, followed by those belonging to the Mesolithic (level 29 of La Riera, level
494 1.3 of Mazaculos II, El Penical, Bricia-A and Arenillas), Azilian/Magdalenian (level 27 of
495 La Riera), Magdalenian (levels 24, 23 and 18.1 of La Riera, Bricia-C, La Lloseta and Les
496 Pedroses), and Aurignacian (El Cuco) periods. However, some exceptions were detected: in
497 level 2/3 of Fuente del Salín (Gravettian), D/L values were similar to those of the Lower
498 Magdalenian sites. Likewise, Solutrean (levels 16, 10 and 8 of La Riera) and Pre-Solutrean
499 (level 1 from La Riera) sites showed lower Asx D/L values than those expected.

500

501 *5.1.2 Apex-bleached*

502

503 As with Asx and Glx D/L values of unbleached apex samples, D/Ls also increased with age
504 in the bleached fraction (Fig. 3). Asx D/L values were higher in the unbleached samples, and
505 a strong correspondence ($r^2 = 0.92$) was observed between Asx D/L values of both fractions
506 (Fig. 9). Glx D/L values were slightly higher in bleached Neolithic, Mesolithic, and Upper
507 Palaeolithic shells than those of unbleached samples, being clearly higher in shells from older
508 levels (Fig. 3). Also, a strong correspondence ($r^2 = 0.85$) was found between Glx D/L values
509 of both fractions (Fig. 9).

510

511 *5.2 Temperature measurement inside the sediment*

512

513 Fig. 10 shows a plot of the temperature registered at 4-h intervals in the sediment of selected
514 archaeological localities in northern Spain over the course of a year (2013), together with

515 atmospheric temperature obtained from the meteorological station of Llanes. The monthly
516 and annual mean temperatures measured in the sediment of selected localities during 2013
517 are shown in Table 4.

518 Two main considerations are interpreted from the data recorded: 1) atmospheric temperature
519 affects all localities, although its effect is less marked inside the sediment (10-15 cm deep) at
520 the entrance of the caves (no more than 3 m far from the entrance), and variations are
521 attenuated; and 2) temperature within the sediment differs between caves. The archaeological
522 remains of Mazaculos II, La Riera, Bricia, El Penicial and La Lloseta are currently preserved
523 at lower temperatures than at other sites, while at El Cuco, temperatures are significantly
524 higher than at the other sites, probably because it is oriented to the south.

525

526 *5.3 Aminochronological considerations*

527

528 A general increase between Asx D/L values and radiocarbon ages was observed (Fig. 3) up to
529 18 cal. ka. We propose that the palaeoclimatic variations occurred after the accumulation of
530 the archaeological remains affected the amino acid racemization rate of *P. vulgata*- shells, as
531 it was observed that atmospheric temperature affects sediments bearing the limpets in the
532 entrance of the caves. Levels belonging to the Solutrean (levels 16 to 1 of La Riera) and
533 Gravettian (level 2/3 of Fuente Salín) periods showed lower Asx D/L values than expected,
534 but similar values to those typical of Magdalenian localities (Fig. 3). During the Last Glacial
535 Maximum (LGM), temperatures in the sediment would have been lower than during the
536 Holocene, i.e., according to Bard (2002) and Peck et al. (2008), sea surface temperature in the
537 North Atlantic during the LGM was 5-6°C lower than during the Holocene, thus decreasing
538 the racemisation rate. This is especially noticeable at La Riera, where Asx D/L values of

539 shells in the Asturian, Azilian/Magdalenian, Magdalenian levels were in agreement with
540 calibrated ^{14}C ages and the periods to which they belong (Fig. 3). In contrast, limpets in the
541 Solutrean and Pre-Solutrean levels showed lower Asx D/L values than expected (Fig. 3), and
542 probably those of Lower Magdalenian as well. As we observed, the main leaching of open-
543 system proteins occurred during the first 6,000 yr after the death of the limpets (Fig. 4). As
544 temperature influences the racemisation rates of amino acids, the low temperatures that
545 occurred during the Last Glaciation appears to have slowed the racemisation of limpets from
546 27,000 cal. yr BP to at least 18,000 cal. yr BP, after which they followed a similar rate to that
547 of shells in Magdalenian levels (18,000-12,000 cal. yr BP). This explanation could account
548 for the observation that limpets from the Solutrean and Gravettian levels showed lower Asx
549 D/L values than those expected, with an apparent decrease in racemisation between 18-27 cal
550 ka BP i.e, both in unbleached and bleached apex of limpets (Fig. 3).

551 It is noticeable that the El Cuco samples, deposited under cold conditions, showed
552 significantly higher Asx and Glx D/L values than levels belonging to Solutrean and
553 Gravettian. This may be explained by the orientation of the entrance of this site (to the south),
554 increasing the solar radiation received in comparison with other localities. In support of this,
555 higher temperatures were measured by the loggers (Table 4, Fig. 10), indicating that this site
556 may have not been as affected by the decrease in rates due to cold conditions as the other
557 sites. Nevertheless, other explanations are possible, including that the ^{14}C ages for the El
558 Cuco remains may be in error; it is planned to perform new radiometric dating.

559 The climate amelioration that occurred from the start of the Late-Glacial and throughout the
560 Holocene explains the general agreement between radiocarbon ages and the
561 aminostratigraphy of Magdalenian, Azilian, Mesolithic and Neolithic levels. However, in

562 some cases there was a discordance, which may be explained by the taphonomical conditions
563 that affected these sites.

564 Of note, level A of Bricia Cave and the shell midden of La Riera (level 29) were dated by ^{14}C
565 at $7,375 \pm 185$ cal. yr BP and $7,680 \pm 150$ cal. yr BP (Clark, 1976), respectively, but they
566 showed different mean Asx D/L values (0.264 ± 0.008 for level A of Bricia, and 0.248 ± 0.009
567 for La Riera shell midden-level 29). Although these two caves are less than 100 m apart and
568 positioned on the same karstic massif, they also showed different mean annual temperatures
569 over the year recorded. La Riera Cave experienced lower temperatures, especially noticeable
570 during the summer months, in which a mean difference of 3°C was observed, whereas during
571 winter, temperatures differed by less than 1°C . Glx D/L values were only slightly higher in
572 BRI-A (0.089 ± 0.004) than in RIE-29 (0.081 ± 0.005), which is explained by the lower
573 racemisation rate of Glx in comparison with that of Asx.

574 Likewise, the mean Asx D/L value in Arenillas rock-shelter was higher than expected, as the
575 shell midden remains were dated at $6,385 \pm 70$ cal. yr BP (Bohígas and Muñoz, 2002). In this
576 case, the mean annual temperature was observed to be higher ($3\text{-}4^\circ\text{C}$) than in other localities
577 of similar age (Fig. 10), explaining the Asx D/L values. In addition, recent radiocarbon dating
578 has indicated that these deposits accumulated ca. 7,800 cal. yr BP (unpublished data).
579 However, the effects of other factors in elevating the D/Ls cannot be ruled out.

580 This study indicates that Asx D/L and Glx D/L provide a useful method for dating limpets
581 from archaeological levels younger than ca. 18 cal. ka BP in this region. For older sites (at
582 least those belonging to the Gravettian and Solutrean which were formed under cold
583 climates), past temperatures are likely to have decreased racemisation rates, and extrapolation
584 of Asx D/L values to age should therefore take this into account. Likewise, taphonomical and
585 environmental conditions must be considered in all sites for accurate age estimation.

586

587 **6. Conclusions**

588

589 In summary:

590 1.-Amino acid D/L values in the apex (M+3 and M+2 layers) and rim (M-2 layer) areas of
591 unbleached *P. vulgata* shells are comparable and can therefore both be used for the age
592 calculation of archaeological localities. These zones are made of the same polymorph of
593 calcium carbonate (calcite). In contrast, D/L values in the aragonitic intermediate area (M+1,
594 M and M-1 layers) are higher.

595 2.-Proteins in rim and apex areas are probably similar, as the percentages of amino acids
596 within them contribute the same percentage to the total amino acid content and vary in the
597 same way with increasing age. Nevertheless, higher amounts of amino acids were found in
598 the rim of modern limpet shells than in the apex, although in archaeological ones, similar
599 concentrations were observed.

600 3.-The main leaching of open-system proteins in *P. vulgata* shells (at least the inter-
601 crystalline fraction) occurred within the first 6,000 cal. yr BP after the death of the organism.
602 This is evidenced by the considerable decrease in the total amino acid content in Mesolithic
603 samples with respect to modern and Neolithic ones. However, leaching may be faster, as
604 limpets from the Neolithic Kobaederra-2 site showed high variability in the concentrations
605 and percentages of amino acids with respect to those of modern ones. However, the total
606 amount of amino acids in the intra-crystalline fraction remained virtually intact for at least 34
607 ka.

608 4.-[Asx] remained constant with age (over ca. 34 cal ka BP), both in inter- and intra-
609 crystalline proteins. While the contribution of [Asx] to the total amino acid content was
610 higher in the former, in both fractions it increased with age. The percentage of Asx increased
611 with age in unbleached shells: from 42% in modern limpets to 47% in Neolithic, 55% in
612 Mesolithic, and 65% in Magdalenian, Solutrean, Gravettian and Aurignacian
613 representatives. The contribution of Asx to the total amino acid content in bleached shells
614 also increased with age (over ca. 34 cal ka BP), although percentages varied. In contrast, the
615 concentration of other amino acids decreased with age ([Glx], [Ser], [Ala], [Phe], [Ile], [Gly],
616 [Thr] and [Arg]), whereas the percentage of [Val] and [Leu] remained almost constant.

617 5.-Differences in amino acids that contribute to the inter- and intra-crystalline proteins, which
618 undergo racemisation at different rates, may be produced because the products of diagenesis
619 are likely to remain in the intra-crystalline fraction. Likewise, the preferential removal of
620 certain proteins and amino acids from the inter-crystalline matrix through time, might
621 produce that the inter-crystalline protein fraction degraded faster than the intra-crystalline
622 one. Although Asx D/L values were higher in unbleached samples, there was good
623 correspondence between Asx D/L values in inter- and intra-crystalline proteins. However,
624 other amino acids, such as Glx, showed lower levels of racemisation in the inter-crystalline
625 proteins, at least in the first ca. 12,000 cal yr. In our view, it is sufficient to analyse
626 unbleached samples to establish the age of archaeological levels, but bleaching provides
627 important information and complements the interpretation obtained from the inter-crystalline
628 fraction.

629 6.-Atmospheric temperature affects the sediment bearing the archaeological remains and thus
630 contributes to the rate of AAR of *P. vulgata*, thus explaining why the Gravettian and

631 Solutrean localities, formed during cold conditions, showed D/L values similar to those of
632 Magdalenian ones.

633

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635

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896 **Figure captions**

897

898 Figure 1. Geographical location of the caves studied. 1-Kobaederra, 2-El Cuco, 3-Arenillas,
899 4-Fuente Salín, 5-Mazaculos II, 6-Riera, 7-Cueto La Mina, 8-Bricia, 9-Penicial, 10-Lloseta,
900 and 11-Les Pedroses. Cue beach and Llanes meteorological station were also plotted.

901

902 Figure 2. Microphotographs of thin sections of *P. vulgata* shells treated with Feigl's (A-B)
903 and Mutvei's (C to F) solution (Feigl's solution stained aragonite crystals black, while calcite
904 ones remain unstained; Mutvei's solution stained organic matrix laminae and crystal
905 envelopes in shades of blue). A- cross section of a shell showing the unstained apex area in
906 the central part and the intermediate region stained in black; B- transition between the stained
907 aragonitic intermediate part (M-1, M, M+1 layers) to the unstained rim area (M+2, M+3); C-
908 apex with the M-2 layer with an irregular/radial crossed-lamellar pattern and the transition to
909 the M-1 layer (major growth lines are marked with arrows) stained in blue; D- contact
910 between the intermediate part (M-1, M+1) with a complex crossed-lamellar structure and the
911 rim (M+2, M+3 layers) with a concentric crossed-lamellar pattern (major growth lines are
912 marked with arrows); E- detail view of the rim area (M+2, M+3 layers) and the M+1, M, and
913 M-1 layers (minor growth lines are marked with arrows); F- detailed view of the rim area
914 (M+2, M+3 layers), which shows a concentric crossed-lamellar pattern, the aragonitic M+1
915 layer, which shows complex crossed-lamella, and the M layer, which shows a prismatic
916 structure with large crystals oriented perpendicular to the shell surface; G- detailed view of
917 the complex crossed-lamellar structure of the M-1 layer; H- detailed view of the concentric
918 crossed-lamellar structure of the M+2 layer.

919

920 Figure 3. Relationship between age (cal. yr BP) of archaeological sites and mean Asx and
921 Glx D/L values for unbleached apex and rim and bleached apex samples of *Patella* shells
922 (data shown in Table 2-Supplementary information). Dashed lines indicate estimated
923 racemisation patterns for Asx in unbleached and bleached apex samples .

924

925 Figure 4. Relationship between age (cal. yr BP) of archaeological sites and the total amino
926 acid content in bleached and unbleached apex and unbleached rim of *Patella* shells (data
927 shown in Table 3-Supplementary information).

928

929 Figure 5. Relationship between age (cal. yr BP) of archaeological sites and the Asx content in
930 bleached and unbleached apex and unbleached rim of *Patella* shells (data shown in Table 4-
931 Supplementary information).

932

933 Figure 6. Relationship between age (cal. yr BP) of archaeological sites and the Glx content in
934 bleached and unbleached apex and unbleached rim of *Patella* shells (data shown in Table 4-
935 Supplementary information).

936

937 Figure 7. Percentage of each amino acid in the unbleached apex (A) and rim (B) areas of *P.*
938 *vulgata* shells from modern and archaeological sites. The same colour code was used for all
939 the levels of the same period, and localities are plotted in age order indicated in the legend.

940

941 Figure 8. Percentage of each amino acid concentration in the apex, rim and intermediate areas
942 of modern *P. vulgata* shells (data shown in Table 5-Supplementary information).

943

944 Figure 9. Comparison of Asx D/L and Glx D/L values in bleached and unbleached samples
945 from the apex of *P. vulgata* shells of different ages.

946

947 Figure 10. Annual temperature record of the sediment in some archaeological localities
948 compared to the atmospheric temperature recorded in the meteorological station of Llanes
949 during 2013.

950

951 Figure 1-Supplementary Data. Chromatogram showing the D and L peaks of the following
952 amino acids: aspartic acid and asparagine (Asx), glutamic acid and glutamine (Glx), serine
953 (Ser), alanine (Ala), valine (Val), phenylalanine (Phe), isoleucine (Ile), leucine (Leu),
954 threonine (Thr), arginine (Arg), and tyrosine (Tyr), together with the abundance of glycine
955 (Gly).

956

957 Figure 2-Supplementary Data. Comparison between D/L values obtained by gas-
958 chromatography (GC) and high performance liquid chromatography (HPLC) in the
959 Biomolecular Stratigraphy Laboratory for A) Asp and B) Glu in the same samples. Based on
960 the data of Table 4 of Ortiz et al. (2009b).

961

962 Figure 3-Supplementary Data. Best-fit exponential relation between Asx D/L versus Glx D/L
963 values obtained in the unbleached apex of *Patella* shells. Each subsample is represented by a
964 black dot, and outliers are in red with the laboratory (LEB) number. The best-fit regression is
965 plotted.

966

967 Figure 4-Supplementary Data. Best-fit exponential relation between Asx D/L versus Glx D/L
968 values obtained in the unbleached rim of *Patella* shells. Each subsample is represented by a
969 black dot, and outliers are in red with the laboratory (LEB) number. The best-fit regression is
970 plotted.

971

972 Figure 5-Supplementary Data. Best-fit exponential relation between Asx D/L versus Glx D/L
973 values obtained in the bleached apex of *Patella* shells. Each subsample is represented by a
974 black dot, and outliers are in red with the laboratory (LEB) number. The best-fit regression is
975 plotted.

976

977 Figure 6-Supplementary Data. Asx D/L values (including outliers- represented in black) in
978 the apex (unbleached and bleached samples) compared to those in the rim area (unbleached
979 samples) of modern and also archaeological *P. vulgata* shells, including mean values
980 (excluding outliers) for each locality. Asx D/L values measured in intermediate parts of
981 modern specimens were also plotted.

982

983 Figure 7-Supplementary Data. Glx D/L values (including outliers- represented in black) in
984 the apex (unbleached and bleached samples) compared to those in the rim area (unbleached

985 samples) of modern and also archaeological *P. vulgata* shells, including mean values
986 (excluding outliers) for each locality. Glx D/L values measured in intermediate parts of
987 modern specimens were also plotted.

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991 **Tables**

992 **Table 1. Geographical location of the archaeological levels studied and the periods**
 993 **assigned. Calibrated ages (cal yr) were converted using the Radiocarbon Calibration**
 994 **Program 7.0 (CALIB 7.0) (Stuiver et al., 2014) with the calibration dataset IntCal13**
 995 **(Reimer et al., 2013). Original radiocarbon ages are in Table 1-Supplementary**
 996 **information.**

Cave	Latitude	Longitude	Elevation a.s.l. (m)	Archaeological level	Age (cal. yr BP)
Cue beach	43°25'4''N	4°43'45''W	0	-	Modern
Kobaederra (KBR)	43°20'35''N	2°37'3''W	260	Level 2	Neolithic [1] 5,975±160 (UBAR-472)
Arenillas (ARE)	43°23'44''N	3°18'46''W	20	Shell midden	Asturian [2] 6,385±70 (GrN-19596)
Bricia (BRI)	43°25'38.2''N	4°51'17.8''W	50	Shell midden (Level A [5]) Level C [5]	Asturian [3,4] 7,680±150 (GaK 2908) Upper Magdalenian [3]
Mazaculos II (MAZ)	43°23'26''N	4°34'43''W	35	Shell midden Level 1.3	Asturian [6] 8,490±40 (UGAM-9081)
La Riera (RIE)	43°25'26.86''N	4°50'53.63''W	35	Shell midden 29 Level 27upper Level 24 Level 23 Level 18.1 Level 16 Level 10 Level 8 Level 1	Asturian [3] 7,375±185 (GaK-3046) Azilian/Magdalenian[7] 12,510±195 (BM-1494); 17,960±490 (GaK-6985) Upper Magdalenian [7] 12,660±545 (GaK-6982) Upper Magdalenian [7] 11,945±730 (Ly-1646) Lower Magdalenian [7] 18,430±530 (Q-2116); 18,690±490 (Q-2110); 19,680±555 (GaK-6448) Solutrean [7] 21,750±770 (GaK-6983) Solutrean [7] 23,690±565 (GaK-6447) Solutrean [7] 24810±1055(GaK-6981) 19,090±350 (GaK-6450) Pre-Solutrean [7] 23485±550(UCR-1270) 24285±565 (Ly-1 783); 24,285±525 (BM-1739)
El Penical (PEN)	43°26'42.9''N	4°56'22.3''W	60	Surface shell midden	Asturian [3,8] 9,760±250 (GaK 2906)
Les Pedroses (LPS)	43°27'26.6''N	5°6'17.7''W	80	20 cm thick level	Lower Magdalenian [3,9]
La Lloseta (LLO)	43°27'38.3''N	5°4'29.1''W	40	Level B (sample A)	Middle Magdalenian [3] 18,340±280 (GaK 2549)
Fuente del Salín (FTS)	43°22'7''N	4°28'52''W	10	Level 2/3	Gravettian[10] 26,850±775(GrN-18574) 27,315±385(GX-27756)
El Cuco (CUC)	43°23'28''N	3°13'40''W	25	Level XIII	Aurignacian [11] 34,290±160(GrA 32436)

997 1.-Zapata Peña et al. (1997) ; 2.-Bohígas and Muñoz (2002) ; 3.-Clark (1976); 4.-Jordá (1957, 1958); 5.-
998 Jordá (1954); 6.-González Morales (1982); 7.- Straus et al., 1978; Straus and Clark, 1986; 8.-Vega del
999 Sella (1914); 9.-Hernández-Pacheco *et al.* (1957); 10.-Moure and González Morales, 1992; 11.-Muñoz
1000 Fernández et al. (2007).

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1003 **Table 2. Mean total amino acid, Asx, and Glx concentrations (pmol/mg), and Asx D/L**
 1004 **and Glx D/L values in unbleached samples taken from the apex, rim, and intermediate**
 1005 **areas of modern *P. vulgata* shells.**
 1006

Area	[total]	[Asx]	[Glx]	Asx D/L	Glx D/L
Apex	25462±6354	10616±3165	1772±355	0.047±0.006	0.026±0.004
Rim	43478±10786	18154±3489	3361±928	0.048±0.001	0.027±0.001
Interm	22384±4592	8669±2132	1793±432	0.112±0.018	0.049±0.004

1007

1008 **Table 3. Percentage of Asx and Glx content with respect to the total amino acid content**
 1009 **of unbleached and bleached samples taken from the apex area of modern and**
 1010 **archaeological *P. vulgata* shells in modern and archaeological localities.**

Period	Localities	N	%[Asx] Apex	%[Asx] Apex Bleached	%[Glx] Apex	%[Glx] bleached
	Modern	12	41.1 ± 3.7	23.2 ± 7.0	7.2 ± 1.1	10.6 ± 2.3
N	KBR-2	4	47.1 ± 5.8	26.0 ± 12.7	6.9 ± 1.0	12.8 ± 3.0
M	RIE-29	5	56.3 ± 3.1	27.6 ± 2.3	5.7 ± 0.3	9.8 ± 0.6
	ARE	7	58.0 ± 2.7	30.5 ± 6.7	5.8 ± 0.6	12.4 ± 1.9
	BRI-A	5	52.1 ± 5.3	29.6 ± 9.9	7.0 ± 1.3	12.2 ± 3.0
	MAZ II-1.3	9	53.2 ± 7.1	29.8 ± 6.4	6.4 ± 1.6	11.8 ± 1.6
	PEN	5	58.7 ± 0.9	33.0 ± 2.7	5.8 ± 0.1	10.6 ± 2.9
UM	BRI-C	5	59.9 ± 3.2	32.0 ± 3.8	5.7 ± 0.5	9.4 ± 1.1
	RIE-27	5	60.6 ± 1.9	42.9 ± 2.4	5.5 ± 0.4	8.3 ± 0.4
	RIE-24	3	60.4 ± 0.4	42.0 ± 5.1	5.4 ± 0.6	8.9 ± 1.1
	RIE-23	4	61.2 ± 4.6	40.7 ± 3.3	5.7 ± 0.9	9.5 ± 0.5
LM	LLO	5	63.4 ± 2.3	41.0 ± 4.7	5.4 ± 0.3	8.1 ± 0.4
	LPS	5	62.4 ± 3.3	44.1 ± 3.1	6.0 ± 0.7	8.3 ± 0.6
	RIE-18.1	5	64.9 ± 0.3	46.4 ± 4.6	5.3 ± 0.3	8.5 ± 1.0
S	RIE-16	5	63.8 ± 3.5	46.5 ± 2.8	5.1 ± 0.1	8.4 ± 0.6
	RIE-10	5	64.7 ± 1.8	45.8 ± 2.1	5.3 ± 0.2	8.5 ± 0.3
	RIE-8	5	62.7 ± 1.4	41.2 ± 2.5	5.6 ± 0.3	9.3 ± 0.5
	RIE-1	5	64.1 ± 3.2	45.1 ± 2.0	5.5 ± 0.5	8.3 ± 0.5
G	FTS-2/3	7	64.1 ± 0.9	40.9 ± 3.7	5.6 ± 0.2	9.3 ± 1.2
A	CUC	7	66.0 ± 1.3	49.2 ± 2.3	5.8 ± 0.2	8.3 ± 0.3

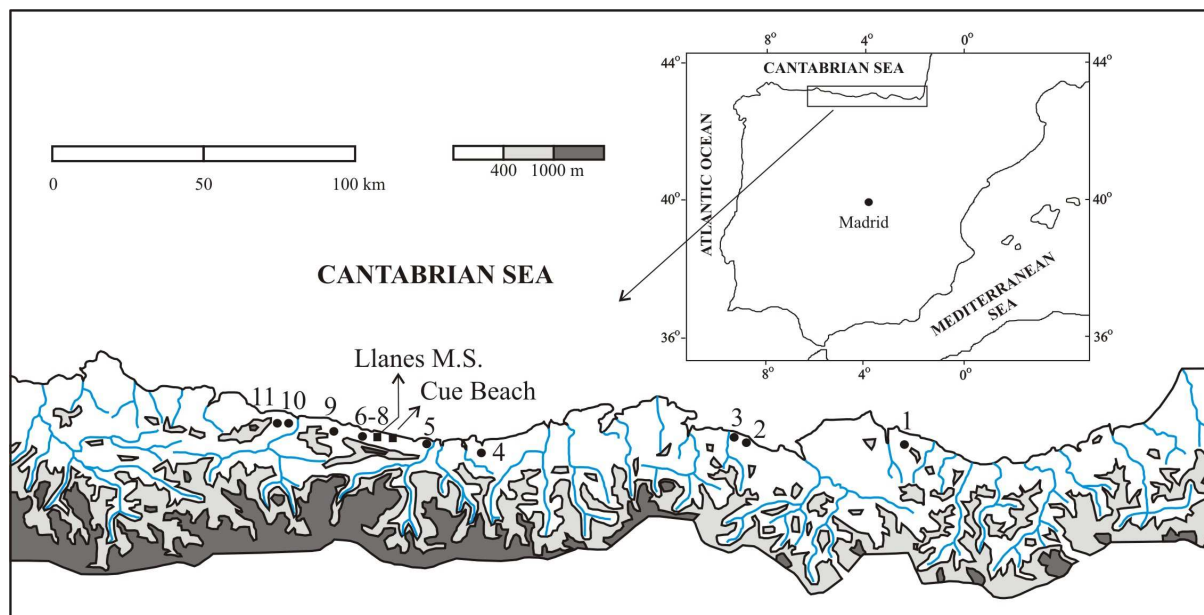
1011 N:Neolithic; M: Mesolithic (Asturian); UM: Upper Magdalenian; LM: Lower Magdalenian; S: Solutrean; G:
 1012 Gravettian; A: Aurignacian.

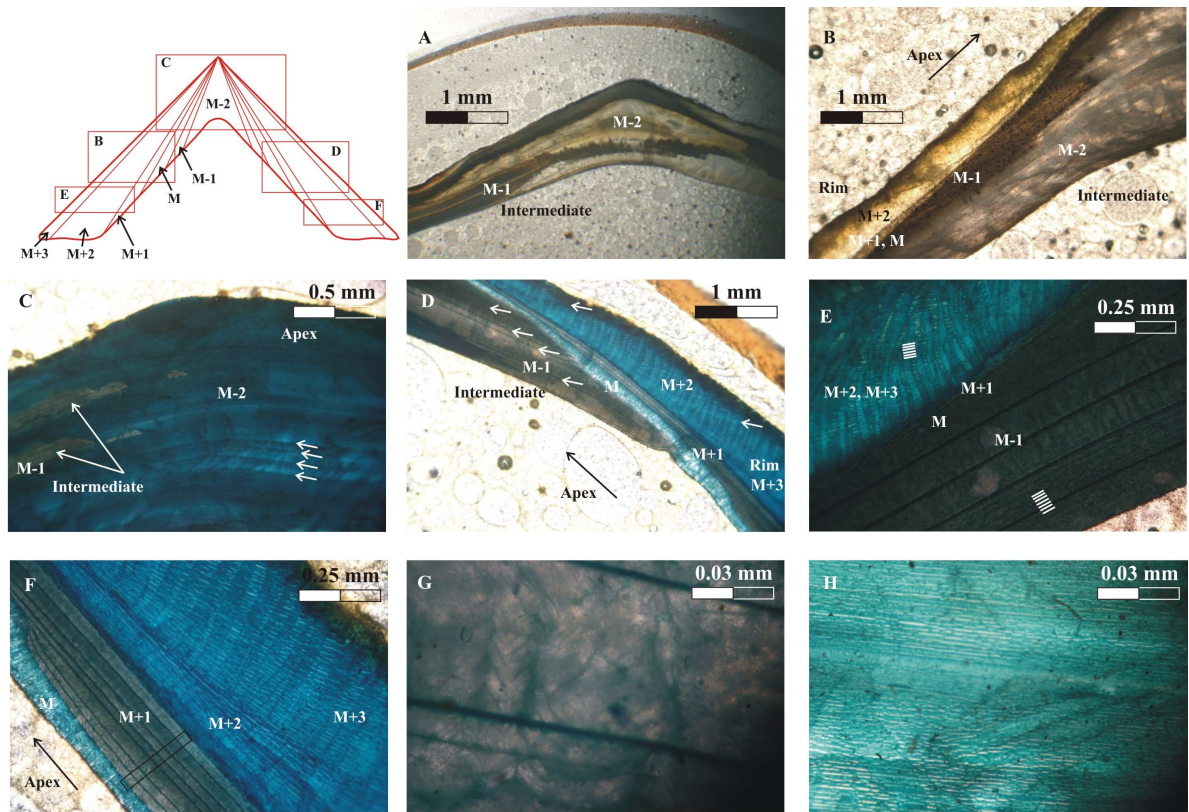
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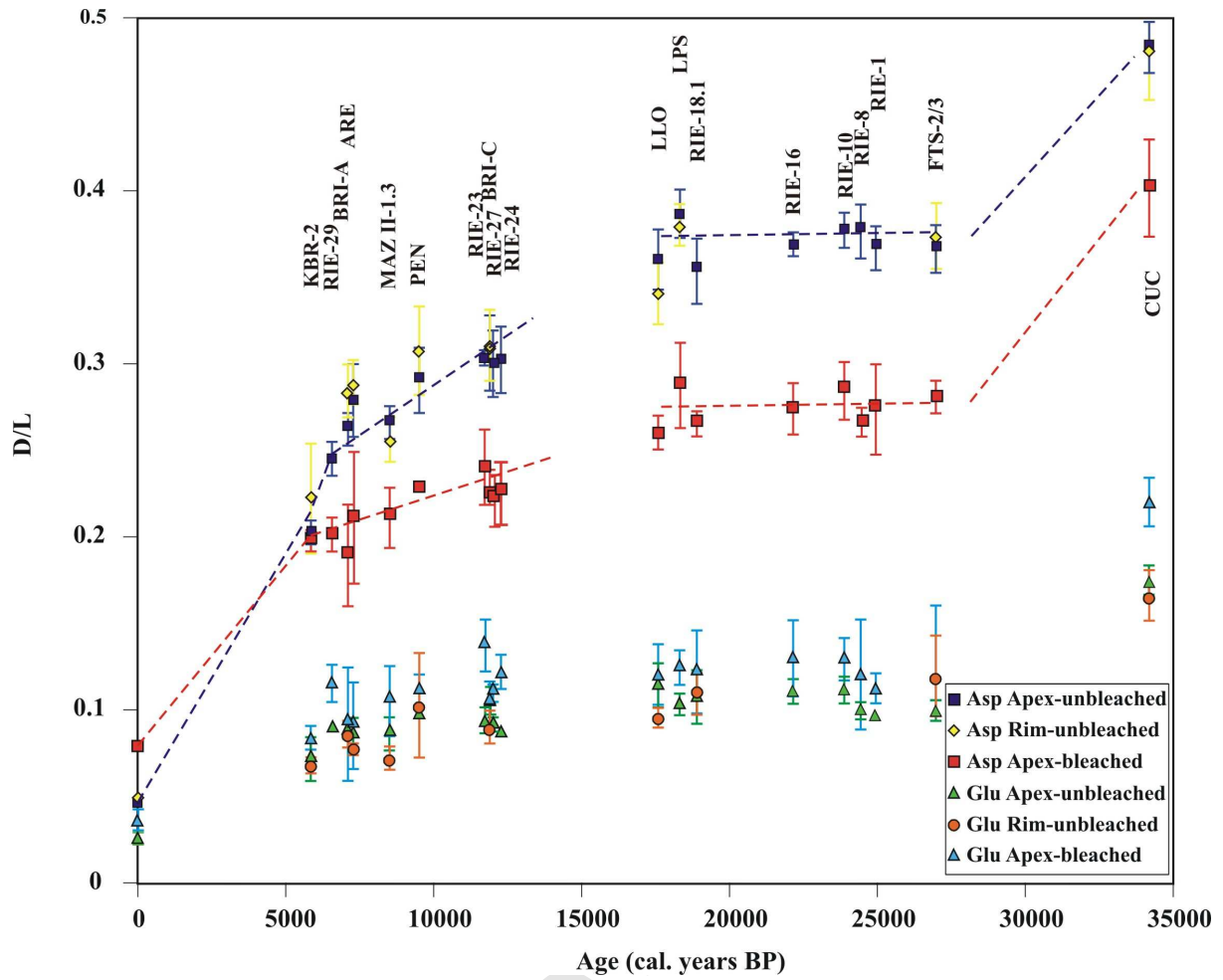
Table 4. Mean monthly and annual temperature (in degrees Celsius) record in the sediment of some archaeological localities (measured at 4-h intervals).

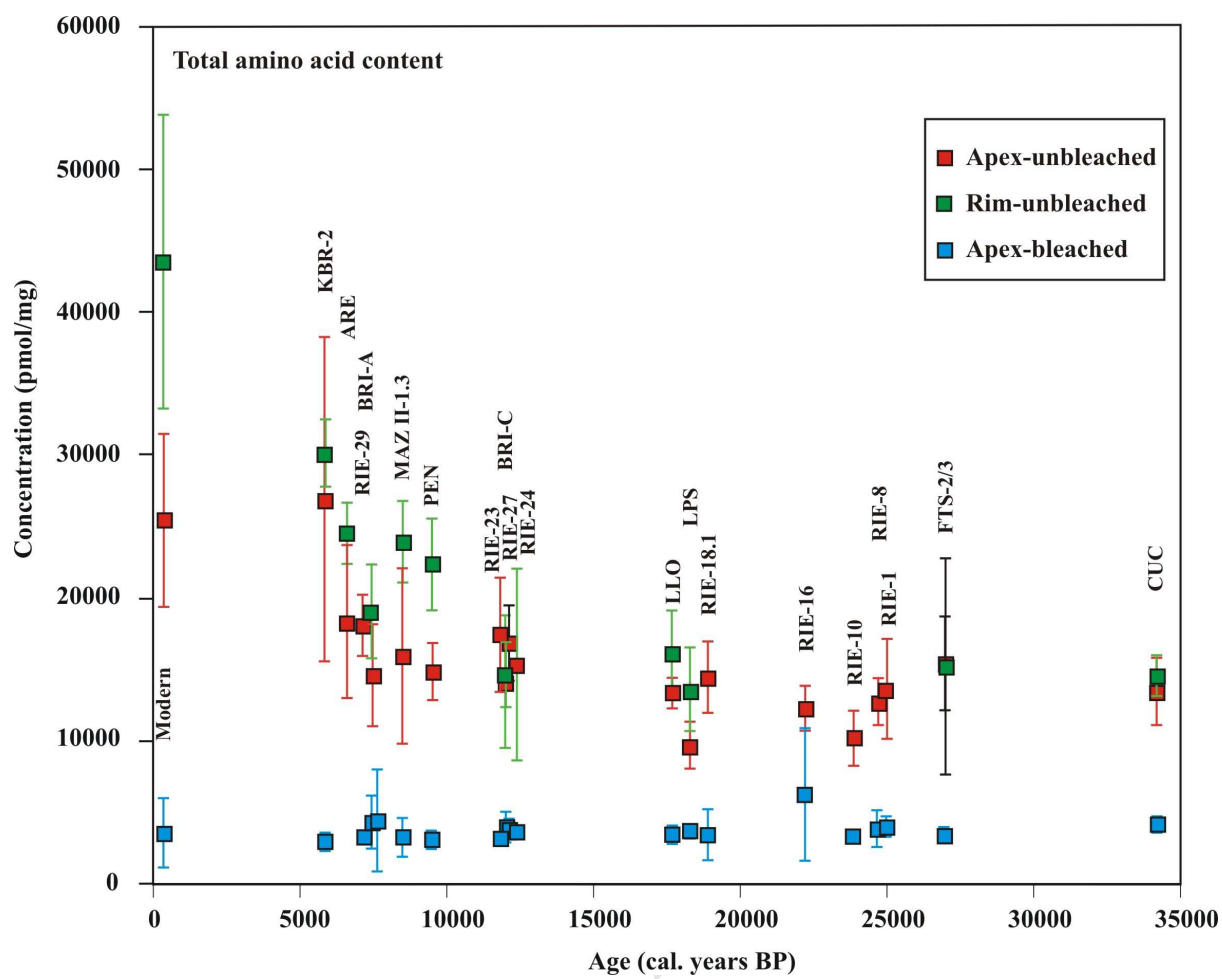
Cave	Annual	January	February	March	April	May	June	July	August	September	October	November	December
Cuco	17.6	14.2	13.4	15.5	17.2	15.7	16.8	20.8	22.5	22.3	21.1	16.3	14.6
Arenillas	15.2	10.4	9.6	11.5	13.5	13.6	16.2	21.8	22.3	20.4	19.0	13.2	10.9
Mzaculos	11.8	9.0	8.6	8.6	9.6	10.3	12.3	15.3	15.6	14.9	14.2	11.8	8.6
La Riera	11.2	9.6	9.1	9.0	9.7	10.2	11.4	12.8	13.6	13.8	13.6	12.0	9.3
Bricia	12.2	9.5	9.0	9.4	10.3	10.7	12.7	16.5	16.5	15.7	14.8	12.0	9.2
Penical	11.8	9.2	8.8	8.8	9.9	10.3	12.1	15.3	15.9	15.3	14.6	12.3	9.0
Lloseta	11.0	8.9	8.7	8.5	9.3	9.6	11.4	13.9	14.5	14.2	13.8	11.4	7.8

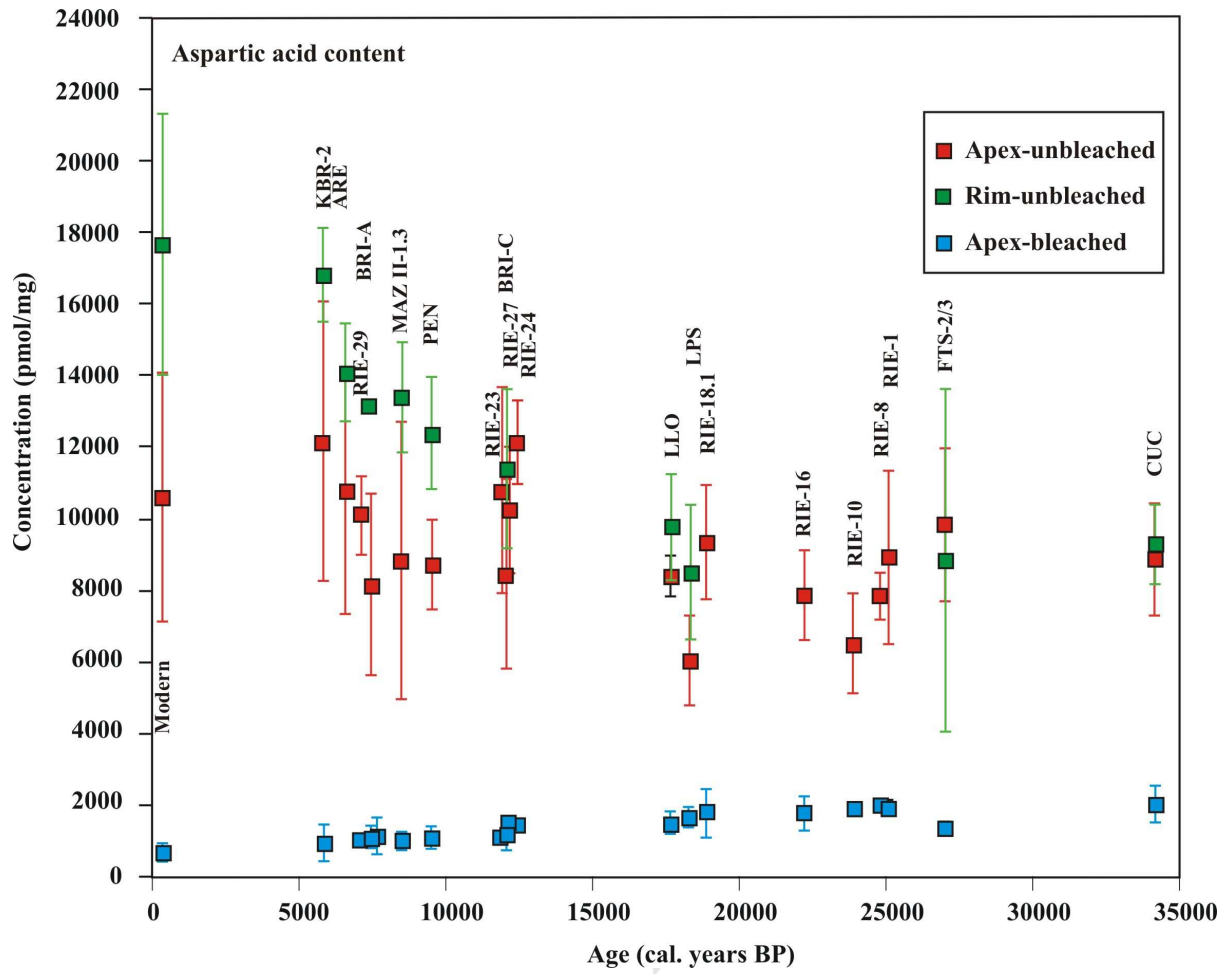


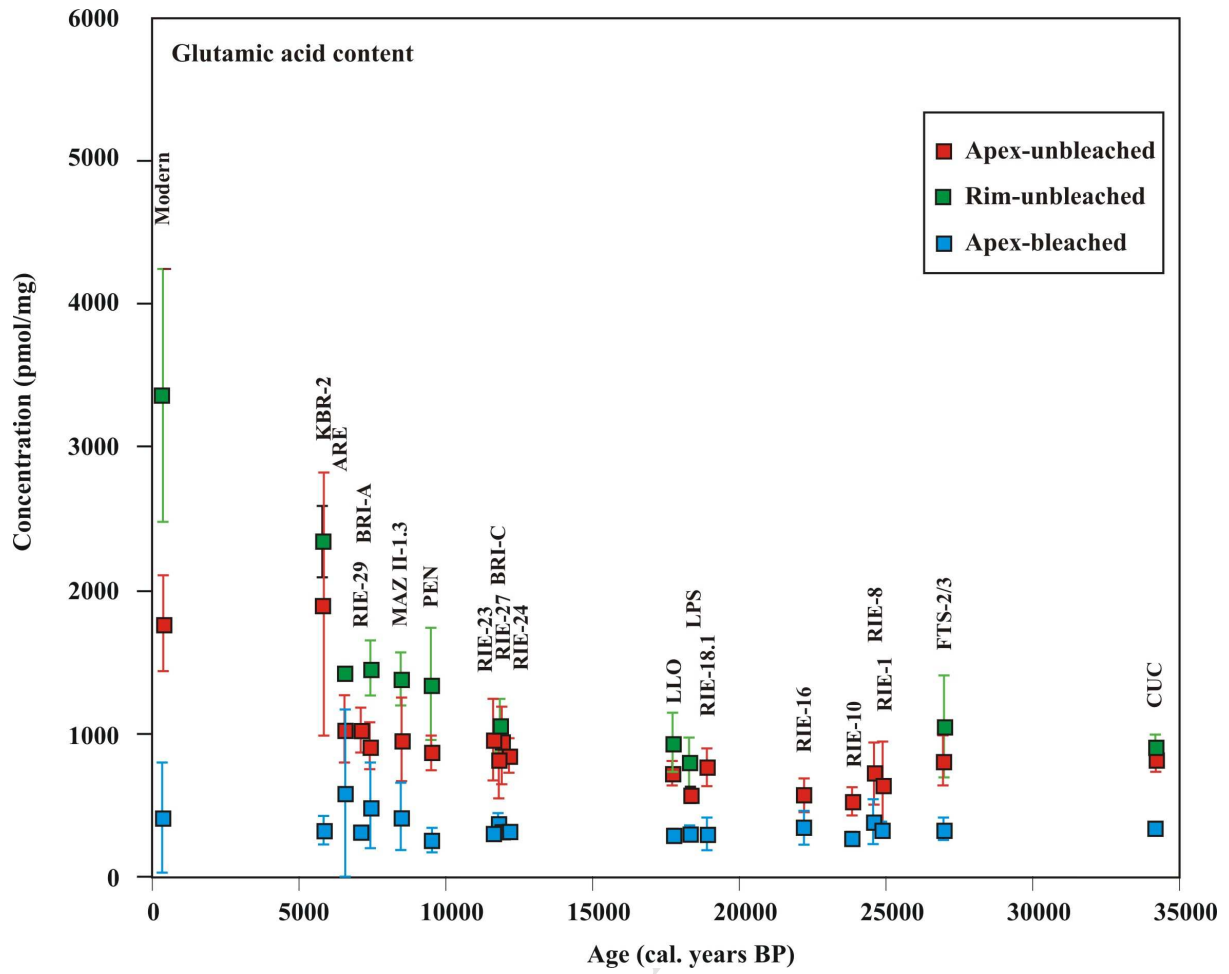


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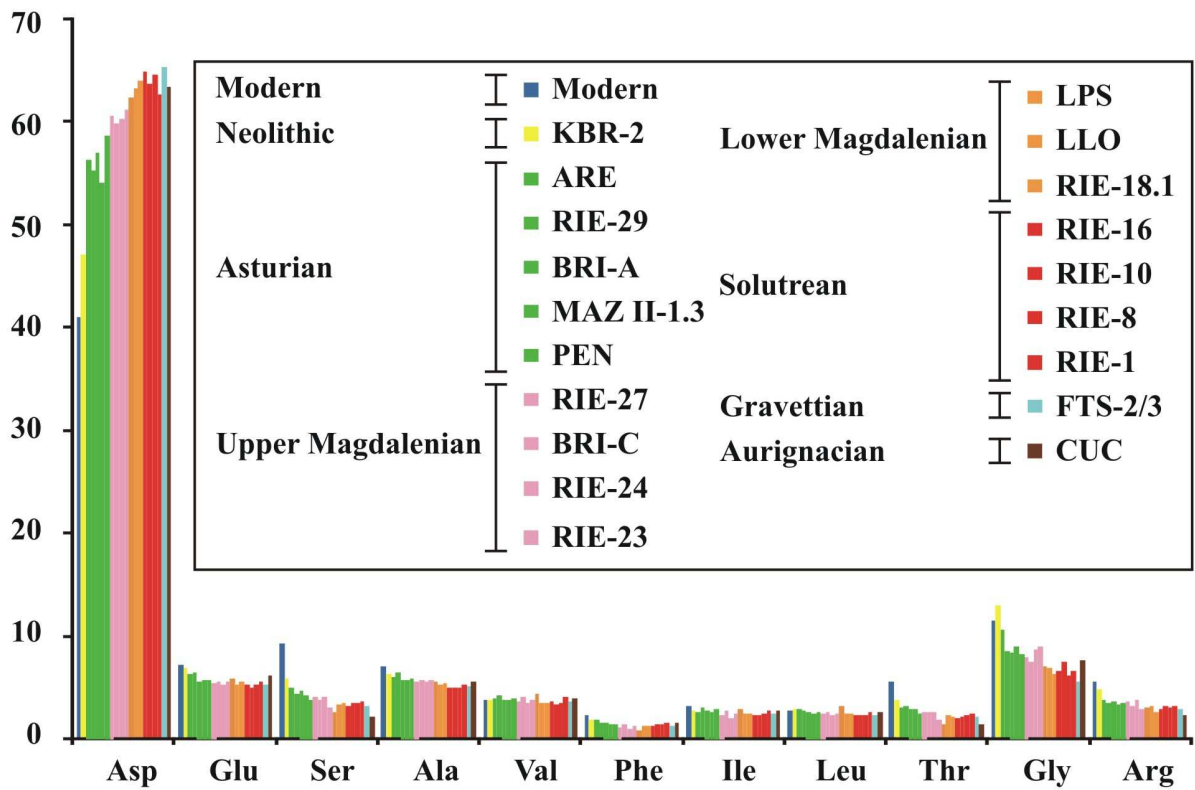






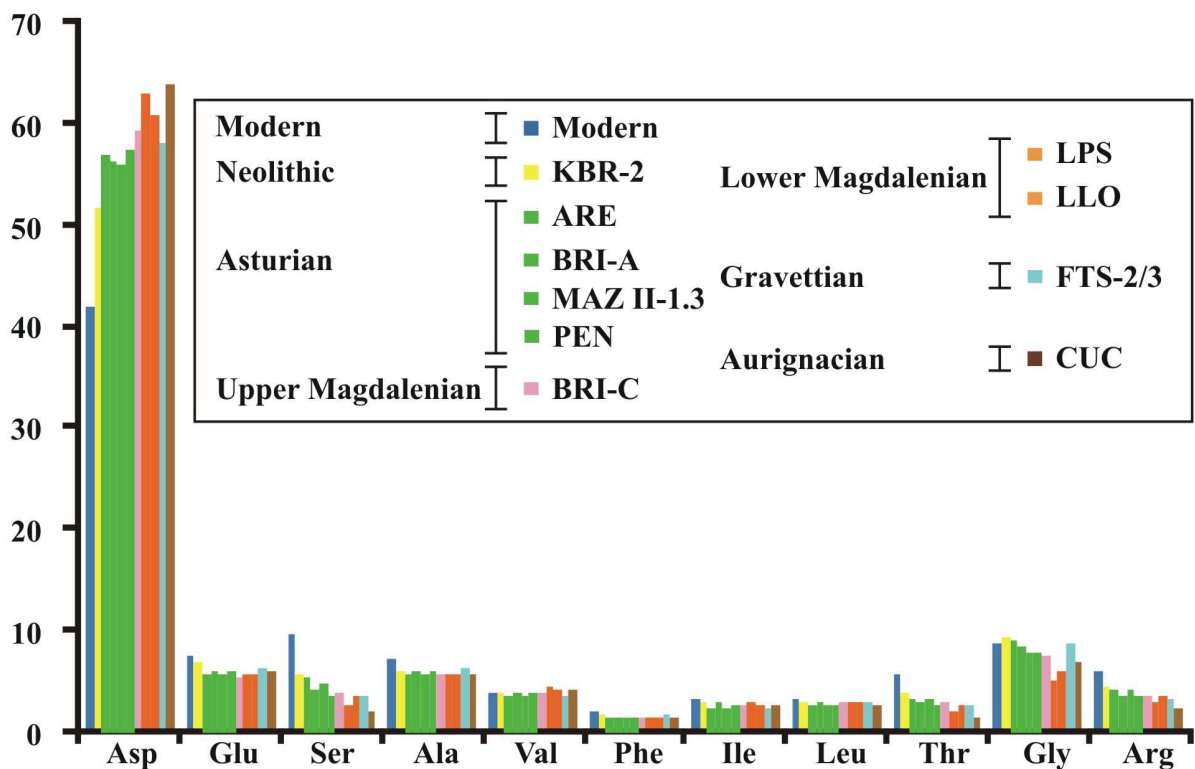
A-Apex

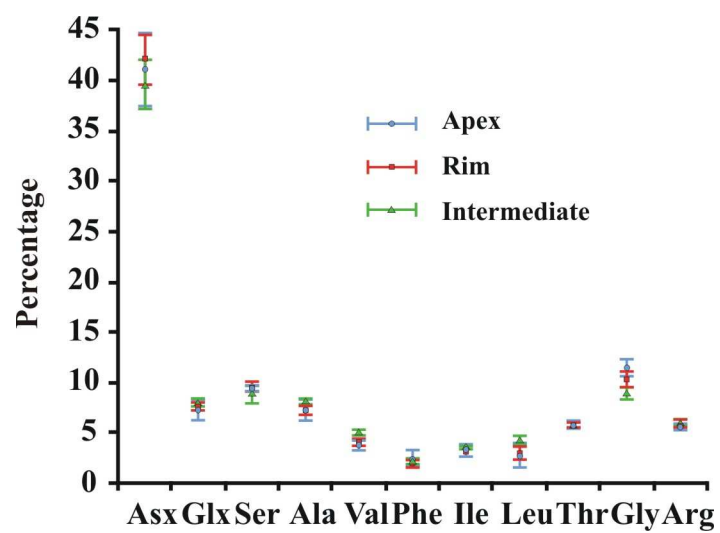
Percentage

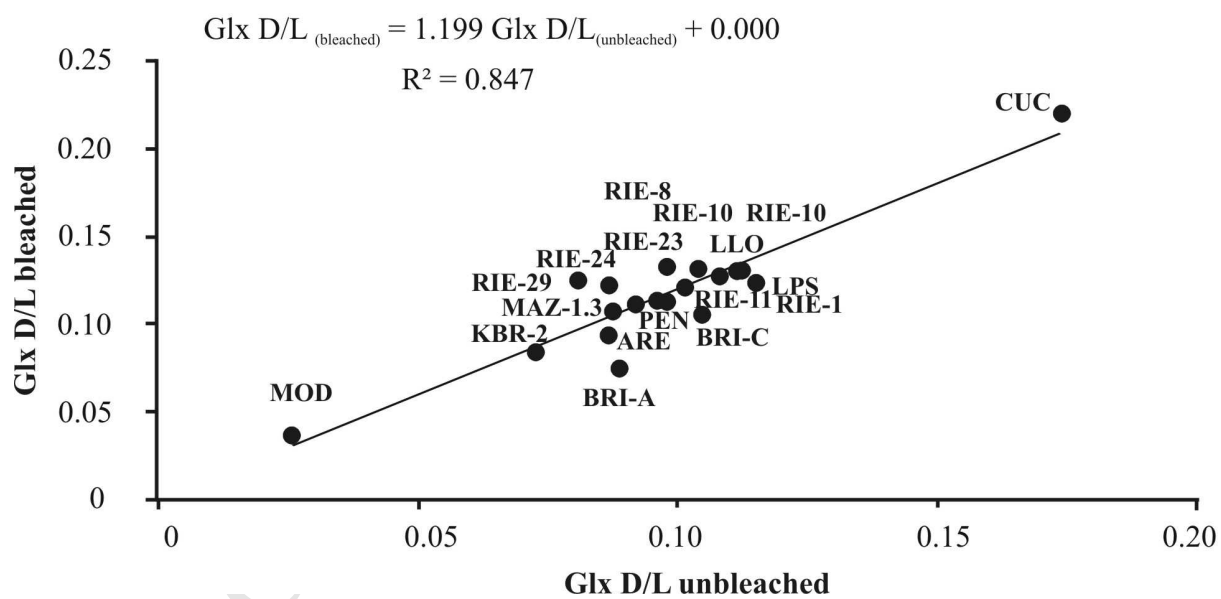
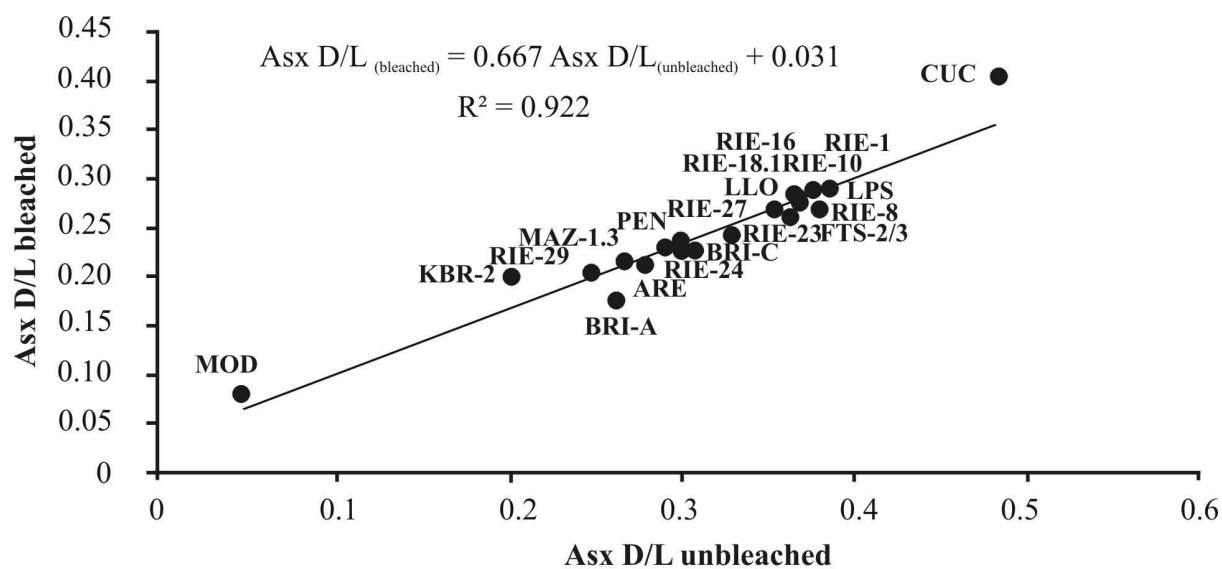


B-Rim

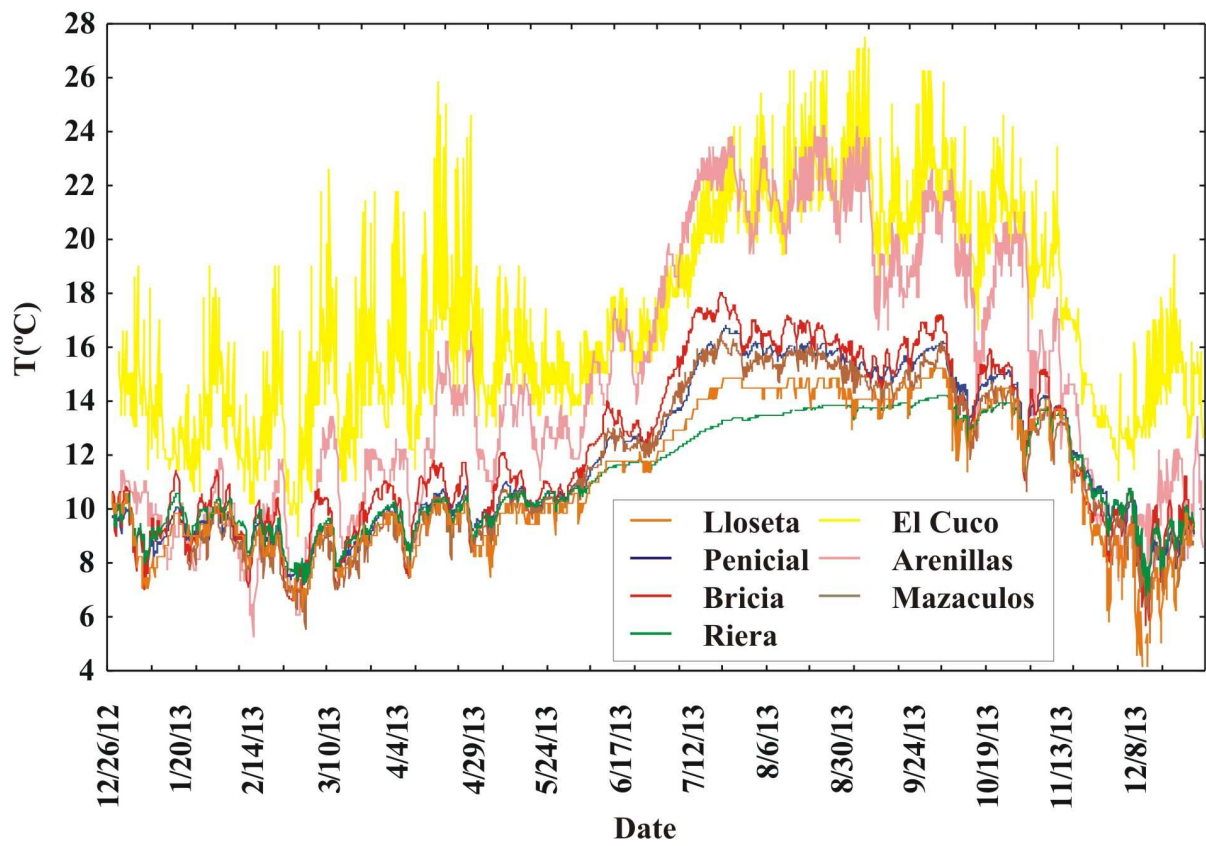
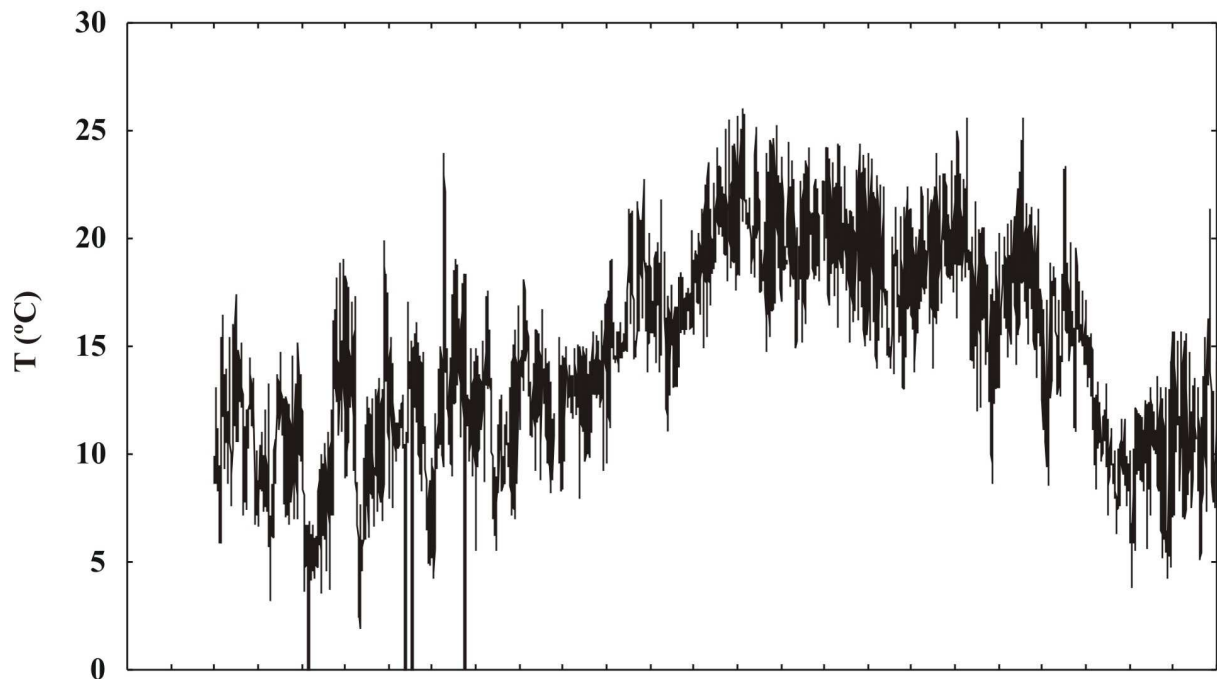
Percentage







Llanes Meteorological Station



The calcitic apex and rim of *P. vulgata* shells are probably made of similar proteins

The aragonitic intermediate area has a different amino acid composition

The main protein leaching in the inter-crystalline fraction occurs in the first 6 ka

Asp content remained constant up to 34 ka in inter- and intra-crystalline fractions

The percentage of aspartic acid increased with age (over ca. 34 ka)

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ACCEPTED MANUSCRIPT

Table 1-Supplementary Data. Radiocarbon ages (yr BP) of the archaeological levels and calibrated ages (cal yr) converted using the Radiocarbon Calibration Program 7.0 (CALIB 7.0) (Stuiver et al., 2014) with the calibration dataset IntCal13 (Reimer et al., 2013).

Locality	Radiocarbon age (yr BP)	Age (cal yr)
KBR-2	5,200±110 yr BP (UBAR-472) [1]	5,975±160
ARE	5,580±80 yr BP (GrN-19596) [2]	6,385±70
BRI-A	6,800±165 yr BP (GaK 2908) [3,4]	7,680±150
MAZ II-1.3	7,700±30 yr BP (UGAM-9081)	8,490±40
RIE-29	6,500±200 yr BP (GaK-3046) [5]	7,375±185
RIE-27	10,630±120 yr BP (BM-1494) [6]	12,510±195
	10,760±400 yr BP (GaK-6985) [6]	17,960±490
RIE-24	10,890±430 yr BP (GaK-6982) [6]	12,660±545
RIE-23	10,340±560 yr BP (Ly-1646) [6]	11,945±730
RIE-18.1	15,230±500 yr BP (Q-2116) [6]	18,430±530
	15,520±350 yr BP (Q-2110) [6]	18,690±490
	16,420±430 yr BP (GaK-6448) [6]	19,680±555
RIE-16	18,200±610 yr BP (GaK-6983) [6]	21,750±770
RIE-10	19,820±390 yr BP (GaK-6447) [6]	23,690±565
RIE-8	20,690±810 yr BP (GaK-6981) [6]	24,810±1055
	15,860±330 yr BP (GaK-6450)	19090±350
RIE-1	19,620±390 yr BP (UCR-1270A)	23485±550
	20,360±450 yr BP (Ly-1783)	24285±565
	20,860±410 yr BP (BM-1739) [6]	24,285±525
PEN	8650±185 yr BP (GaK 2906) [3]	9,760±250
LLO	15,200±140 yr BP (GaK 2549) [3]	18,340±280
FTS-2/3	22,340±510/-410 yr BP (GrN-18574)	26850±775
	22,580±100 yr BP (GX-27756) [7]	27315±385
CUC	30020+160-150 yr BP (GrA 32436) [8]	34,290±160

1.-Zapata Peña et al. (1997) ; 2.-Bohígas and Muñoz (2002) ; 3.-Clark (1976); 4.-Jordá (1957, 1958); 5.-González Morales (1982); 6.- Straus et al., 1978; Straus and Clark, 1986; 7.-Moure and González Morales, 1992; 8.-Muñoz Fernández et al. (2007).

Table 2-Supplementary information. Mean Asx and Glx D/L values in unbleached and bleached samples taken from the apex and rim areas of modern and archaeological *P. vulgata* shells.

Period	Localities	N	Asx D/L Apex	Asx D/L Rim	Asx D/L Apex Bleached	Glx D/L Apex	Glx D/L Rim	Glx D/L Apex Bleached
	Modern	5	0.047±0.006	0.048±0.001	0.079±0.008	0.026±0.004	0.027±0.001	0.036±0.006
N	KBR2	4	0.203±0.008	0.224±0.033	0.199±0.007	0.073±0.013	0.068±0.004	0.084±0.008
M	RIE-29	5	0.248±0.009	-	0.202±0.011	0.081±0.005	-	0.118±0.011
	BRI-A	5	0.264±0.008	0.286±0.015	0.191±0.030	0.089±0.004	0.086±0.008	0.094±0.034
	MAZ II-1.3	9	0.267±0.010	0.256±0.013	0.213±0.018	0.088±0.015	0.072±0.005	0.107±0.021
	ARE	7	0.279±0.020	0.290±0.013	0.212±0.037	0.087±0.010	0.077±0.003	0.093±0.026
	PEN	4	0.292±0.018	0.309±0.026	0.229±0.001	0.098±0.003	0.103±0.030	0.112±0.009
UM	BRI-C	5	0.308±0.023	0.313±0.023	0.225±0.008	0.105±0.008	0.089±0.010	0.105±0.012
	RIE-27upp.	5	0.300±0.018	-	0.223±0.015	0.092±0.004	-	0.111±0.005
	RIE-24	3	0.302±0.020	-	0.227±0.015	0.087±0.001	-	0.121±0.010
	RIE-23	4	0.303±0.004	-	0.242±0.022	0.093±0.007	-	0.138±0.015
LM	LLO	5	0.363±0.018	0.343±0.017	0.260±0.010	0.104±0.006	0.096±0.005	0.131±0.018
	LPS	5	0.387±0.013	0.381±0.012	0.289±0.024	0.115±0.013	0.111±0.012	0.123±0.024
	RIE 18.1	5	0.356±0.018	-	0.267±0.006	0.108±0.016	-	0.126±0.010
S	RIE-16	5	0.369±0.006	-	0.275±0.016	0.111±0.007	-	0.130±0.022
	RIE-10	5	0.378±0.010	-	0.287±0.017	0.112±0.008	-	0.130±0.011
	RIE-8	5	0.379±0.013	-	0.267±0.008	0.101±0.006	-	0.120±0.033
	RIE-1	5	0.370±0.013	-	0.276±0.025	0.097±0.003	-	0.113±0.008
G	FTS-2/3	7	0.367±0.014	0.374±0.018	0.280±0.010	0.098±0.005	0.119±0.024	0.132±0.028
A	CUC	7	0.484±0.012	0.483±0.027	0.403±0.029	0.174±0.008	0.168±0.016	0.220±0.013

N:Neolithic; M: Mesolithic (Asturian); UM: Upper Magdalenian; LM: Lower Magdalenian; S: Solutrean; G: Gravettian; A: Aurignacian.

Table 3-Supplementary information. Mean of total amino acid concentrations (pmol/mg) in unbleached and bleached samples taken from the apex and rim areas of modern and archaeological *P. vulgata* shells.

Localities	N	[AA] Apex	[AA] Rim	[AA] Apex Bleached
Modern	5	25477 ± 6340	42771 ± 12320	4095 ± 2510
KBR-2	4	26846 ± 11925	30420 ± 6352	2963±671
RIE-29	5	18107 ± 2216	-	3280 ± 281
ARE	7	18274 ± 5638	24497 ± 2274	4546 ± 4090
BRI-A	5	14554 ± 3733	19396 ± 1795	4922 ± 1522
MAZ II-1.3	9	15934 ± 6426	23906 ± 2997	3399 ± 1402
PEN	5	14816 ± 2132	21363 ± 3356	3100 ± 645
BRI-C	5	14186 ± 4880	15238 ± 2901	4025 ± 1117
RIE-27upper	5	16925 ± 2768	-	3887 ± 674
RIE-24	3	15388 ± 4993	-	3668 ± 617
RIE-23	4	17476 ± 4197	-	3126 ± 368
LLO	5	13349 ± 1073	16170 ± 3123	3631 ± 649
LPS	5	9624 ± 1766	13470 ± 3095	3667 ± 520
RIE-18.1	5	14428 ± 2618	-	3944 ± 1567
RIE-16	5	12288 ± 921	-	4084 ± 1093
RIE-10	5	10066 ± 2071	-	3277 ± 444
RIE-8	5	12759 ± 1669	-	3876 ± 1318
RIE-1	5	12322 ± 4282	-	4021 ± 780
FTS-2/3	7	15359 ± 3457	15217 ± 7957	3505 ± 455
CUC	7	13437 ± 2451	14540 ± 1558	4117 ± 557

Table 4-Supplementary information. Mean Asx and Glx concentrations (pmol/mg) in unbleached and bleached samples taken from the apex and rim areas of modern and archaeological *P. vulgata* shells.

Localities	N	[Asx] Apex	[Asx] Rim	[Asx] Apex bleached	[Glx] Apex	[Glx] Rim	[Glx] Apex bleached
Modern	5	10616 ± 3165	18154 ± 3489	827 ± 83	1788 ± 347	3361 ± 928	475 ± 434
KBR-2	4	12150±4110	16424±2760	961±544	1903±964	2326±391	351±110
RIE-29	5	10181 ± 1294	-	1237 ± 167	1021 ± 83	-	321 ± 47
ARE	7	10755 ± 3590	14074 ± 1454	1150 ± 518	1032 ± 250	1421 ± 116	588 ± 617
BRI-A	5	8163 ± 2680	13155 ± 1102	1231 ± 289	963 ± 215	1459 ± 201	674 ± 270
MAZ II- 1.3	9	8838 ± 4091	13413 ± 1631	947 ± 204	935 ± 295	1379 ± 197	419 ± 245
PEN	4	8709 ± 1315	12380 ± 1657	1091 ± 329	884 ± 215	1347 ± 417	257 ± 60
BRI-C	4	8460 ± 2771	11480 ± 2323	1320 ± 489	812 ± 289	1061 ± 195	371 ± 75
RIE-27	5	10274 ± 1844	-	1672 ± 314	928 ± 144	-	320 ± 41
RIE-24	3	12172 ± 1256	-	1567 ± 443	895 ± 288	-	321 ± 22
RIE-23	4	10797 ± 3052	-	1276 ± 222	977 ± 206	-	298 ± 25
LLO	5	8449 ± 584	9813 ± 1566	1490 ± 335	719 ± 89	935 ± 218	292 ± 44
LPS	5	6045 ± 1347	8493 ± 1988	1631 ± 296	568 ± 57	793 ± 187	306 ± 49
FTS-2/3	7	9848 ± 2249	8860 ± 5040	1384 ± 176	862 ± 205	946 ± 420	336 ± 77
RIE-18.1	5	9363 ± 1682	-	1863 ± 890	767 ± 171	-	329 ± 116
RIE-16	5	7867 ± 1336	-	1921 ± 644	624 ± 71	-	338 ± 62
RIE-10	5	6531 ± 1453	-	1501 ± 217	533 ± 94	-	280 ± 38
RIE-8	5	7846 ± 701	-	1478 ± 331	724 ± 140	-	381 ± 165
RIE-1	5	8939 ± 2552	-	1824 ± 441	658 ± 185	-	333 ± 52
CUC	7	8873 ± 1669	9342 ± 1161	2036 ± 364	782 ± 137	896 ± 84	340 ± 35

Table 5-Supplementary information. Percentage of each amino acid concentration in the apex, rim and intermediate areas of modern *P. vulgata* shells.

Area	Asx	Glx	Ser	Ala	Val	Phe	Ile	Leu	Thr	Gly	Arg
Apex	41.1±3.6	7.2±1.0	9.4±0.3	7.2±1.0	3.8±0.5	2.4±0.7	3.3±0.6	2.8±1.2	5.7±0.4	11.5±0.8	5.6±0.3
Rim	42.1±2.5	7.6±0.4	9.6±0.5	7.2±0.5	4.0±0.2	2.0±0.3	3.2±0.1	3.0±0.7	5.7±0.2	10.2±0.8	5.7±0.2
Intermediate	39.6±2.4	8.0±0.4	8.9±1.0	8.1±0.2	4.9±0.3	2.1±0.2	3.6±0.2	4.3±0.4	5.7±0.4	8.9±0.6	6.0±0.3

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