

## COM Turkey Trot Raises \$2,241

BY JEANI REAGAN  
Nor'easter Staff

The 4th annual Turkey Trot scheduled this past Saturday November 14th at 10am was very successful even though it was a rainy and chilly morning. Many COM students, faculty and UNE undergraduates volunteered and ran in the race. The race was open to the public as well, with over 50 racers of all ages registering to run the 5k, the proceeds from which were 100% donated to the Biddeford Free Clinic.

The Turkey Trot according to Co-Chair Walter Geer "was conceived by UNE-COM students entirely for the benefit of the Biddeford Free Clinic." Student members from the Class of 2012 of Sigma Sigma Phi, Kappa Chapter, coordinated the race. Sigma Sigma Phi is a national honorary osteopathic service fraternity.

Highlights of the event were the pre and post-race expo where several organizations from the medical school offered free health services and food to racers. One station was set up where racers could get their blood pressure checked. Other stations were set up with food offering fruit, granola, warm drinks, water, bagels, peanut butter and pizza, all donated and free for the racers.

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UNE COMMUNICATIONS

The UNE Field Hockey Team won the ECAC Tournament with a 3-2 overtime win over Plymouth State University.

## Field Hockey Claims Championship

JOHN-MICHAEL CASCIO  
Nor'easter Staff

It has been a long three months since the double sessions in the late August heat began. For the lady Nor'easter Field Hockey team finishing on a high note was an attainable goal and they reached it by winning the ECAC Championship back on November 16. The ladies battled hard in a 3-2 overtime victory over Plymouth State University.

"I couldn't have picked a better way to go out," said senior captain Anne Cowles, who finished up her final season. "Winning a championship at home, in front of our fans was truly an honor and made our last game special. Who wouldn't want to go

out like that?"

It was a cold Monday night when the ladies took the field in the ECAC Final and the crowd was starting to file in. After the whistle sounded it didn't take the ladies long to find the back of the cage when senior captain Taryn Flagg redirected a shot from junior Michaela Franey to slip it just past the goalie. This goal was only 1:18 into the first half.

The Plymouth State Panthers only needed 11 minutes to answer back, tying the game at one.

As the second half got underway, game still tied at one, the ladies battled back and fourth before Flagg picked up a pass from Tupper off a corner and hammered it into the back of

the net. This goal would provide some foreshadowing for a thriller ending.

However, once again it was not enough to hold the panthers down as they tied the game once more, also off a corner, forcing a golden goal overtime.

"We knew what we needed to do and the seven of us on the field said 'Lets do it!'" said Flagg. "It was our last game so we were leaving it all on the field."

Luckily the Lady Nor'easter's only needed 2:13 to score the game winner. Once again on a corner, Tupper found Flagg who laced a crisp shot beating the goalie and multiple players on the line for her third

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## Safety In Biddeford and at UNE

BY ERICA HATCH  
Nor'easter Staff

Is Biddeford safe? This is a huge concern for students and parents alike. Nobody wants to be worried about their safety, especially in a college town, or even on their own college campus.

Rumors about Biddeford have been spreading from person to person like wildfire around campus. One of the major rumors is that Biddeford has the highest rate of violent crime, which includes aggravated assault and rape, in the state of Maine.

When Dep. Fisk of the Biddeford police department was asked about these statistics she replied, "Where in the world did you hear that one from? Not true that I am aware of." She also points out that many online resources that show these stats are very unreliable. However, when looking at correct statistics, from a site like maine.gov, we need to keep in mind that, "We are part of York County, please remember that Biddeford is the largest city in York County, so yes our numbers look bigger."

Some students on campus have voiced a fear that random "sketchy" people will wander onto campus, even though UNE is set back from the Please see **SAFETY**, page 2

## UNE'S Israel Nursing Graduation

BY MARISSA SIMOES  
Reporting From Israel  
Nor'easter Staff

Thousands of miles across the ocean, the University of New England is busy educating the future nurses of Israel.

On November 16, 2009, UNE granted nursing degrees to 327 Israeli students. The students, ranging in age from 20 to 50 years old, are all matriculated students of UNE but attend Israel College in Tel Aviv, Israel.

A delegation of UNE faculty traveled to Israel to attend the graduation. The delegation was composed of Provost, Jacque Carter, Dean of

the Westbrook College of Health Professions, David Ward, Associate Dean of the College of Health Professions Karen Pardue, and Director of International Education, Trisha Mason. While in Israel, the UNE team met to discuss the future of the partnership between UNE and Israel College.

Among others, the UNE delegation was hosted by Israel College President, Yigal Ne'eman, and the director of the nursing program, Celine Cohen.

Over the past 12 years, well over 2,000 Israeli nurses have received UNE degrees. More than

Please see **ISRAEL**, page 2 one fifth of all the nurses in Is-



MARISSA SIMOES, NOR'EASTER NEWS

A look at the nursing graduation from UNE's satellite campus in Israel.

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## ISRAEL

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rael were educated through UNE's branch in Israel.

The students at Israel College are instructed by both Israeli and American professors. A number of UNE professors have travelled to Israel to teach in Tel Aviv.

When the program first began,



MARISSA SIMOES, NOR'EASTER NEWS

Students gather for pre-graduation ceremony

UNE had three campuses in Israel. At one point there was one in Tel Aviv, one in Haifa and one in Jerusalem. However, during the 2006 Israeli war with Lebanon, the campus in Haifa was at risk. According to Associate Dean Purdue, it was difficult maintaining the campus during this time.

"There were more days off because of the war," than there were days of functioning classes, she said as she recalled the trying days during the war.

The UNE faculty members that were teaching in Haifa at the time had to be flown home for safety. The remainder of the classes were taught on line. Shortly after, the campus closed. Jerusalem followed suit, for unrelated reasons.

This year, Israel College took a

step toward becoming a self-sustaining academic institution. The college applied to the Israeli Ministry of Higher Education to become a degree granting institution. As such, UNE will no longer be necessary as the university providing accreditation. However, both schools remain adamant about a future partnership.

In the future, both institutions would like to pursue a joint degree

program that would grant students one degree from both UNE and Israel College. However, for now the general consensus is to put aside the idea of a joint program until more extensive planning can be done.

Currently, a semester exchange program is being devised, with the help of International Education Director Trisha Mason. The first semester exchange program is planned for the summer of 2010. If all goes as planned, up to fifty Israeli students will be brought to study at UNE for six weeks. The students will be integrated with other UNE students in as many as four classes during that time.

"We are committed to bringing this to fruition," Dean Ward said in a meeting on the Israel College Cam-

pus.

"We are setting a direction right now," Carter explained of the process.

The delegation from UNE concluded their visit to Israel with a Panel Discussion/Conference on November 19. This inaugural conference was established as a way to bring together alumni and current students to discuss the problems facing the health care industry, and more specifically, the nursing industry, today.

Provost Carter introduced the panelists, comprised of two Americans and two Israelis, all prominent in the health care field. Deans Ward and Purdue were the two Americans chosen to sit on the panel. Doctor Nurit Wagner and Miriam Hirschfeld, of Israel, joined them. The conference was moderated by Dean of Students of the Israel College, Leon Epstein.

The panel addressed issues like "what is the role of a nurse" and "are we ready, as nurses, to interact with multicultural communities," issues that have faced both Israeli and American health care providers.

There were approximately 100 alumni and guests in attendance. It is the hope of the university that this panel conference will become a tradition; in the future, the institutions hope to hold similar conferences on both the Israel College Campus and the Campuses in Maine. This conference will, hopefully, serve as a bridge between UNE students in both Maine and Israel.

While the future is not entirely certain for UNE and Israel College, one thing is for sure: As Israel College President Ne'eman said, we are moving toward something "most challenging and most meaningful."

## SAFETY

Continued from page 1

center of Biddeford. To help keep students feeling safe while on campus, Dep. Fisk states, "We [Biddeford Police] work hand in hand with UNE's campus security and we also conduct frequent drive throughs of the campus. The biggest thing any student can do while on campus is use the buddy system. Do not go out after dark alone...always go with a friend. Follow common pathways that are well lighted. If you see or hear of anything suspicious, call security. Do not leave your dorm rooms unlocked. Keep your car doors locked. UNE Security will escort anyone who feels unsafe. If attending a party never drink from an open container that has been passed to you from someone else. The biggest is use common sense."

Also in response to this, Don Clark of security states, "We have an experienced and trusted staff who work 24/7 to protect campus and enforce university policy in a non-offensive way. Our yearly Clery statistics are very low, reflecting how well we work with our community to keep each other safe... Students are very comfortable contacting me or any member of our staff at any time to discuss their concerns. We have our challenges for sure, but UNE is a great place to be and all of us are proud of our university."

Students have also voiced a fear of traveling by bus into Biddeford because of the rumors that they have heard. Fisk offers a few suggestions to help students feel calmer and stay safe while in town; "Be aware of your area and person's that are around you. Again, if possible, use the buddy system. Use bus stops that are in well lighted areas if possible. Keep your cell phone out in the event you need it. Always make sure that someone from school knows where you are going and when you will re-

turn."

Another thing that may make students feel safe is to know a little bit about the local police department. The Biddeford police department is made up of fifty-five patrol officers, ten patrol cars, two ATV's, one crime van, five detective cars, and one ACO truck. The officers work for four days, completing each shift of eight and a half hours, and then they take two days off. Because of this four-and-two schedule, their days rotate each week. This means that one week, an officer may have Sunday and Monday off, but the next they would have Saturday and Sunday off. However, between all of the officers, there are cars out patrolling twenty-four hours a day, seven days a week. While patrolling the officers look for just one thing: crime. "Whether it is motor vehicle law violations, or criminal acts against other persons or property," Fisk says, the officers are out there.

Contrary to many students' views, Biddeford is a safe place. And besides that, Biddeford is a nice and very beautiful area. Fisk mentions that, "Biddeford is a wonderful community. How many communities can boast about some of the most beautiful beaches in Maine, or some of the most beautiful rural areas in the state. We are a small growing community where people still do nice things for each other."

Fisk would also like to tell students of UNE to, "Enjoy your college years but be safe about it. Do not put yourself or any of your friends in a potentially dangerous situation. And just use common sense." But if for some reason a person feels threatened or unsafe they can contact UNE security at any time. If a person feels threatened in town but it is not an emergency, they are advised to call 911 and ask to speak to the Biddeford police department. And of course, if there is an emergency, call 911.

## Zip Cars

BY STEVE SCRIVENER  
Nor'easter Staff

For the past several years, the University of New England has taken the "Green Approach" in efforts to be more environmentally friendly. Such things include attempting to decrease pollution along with keeping the campus clean and trash free. Additionally, as part of this new approach, the school is finding new ways to preserve the environment through alternative transportation practices, which includes the Zip Cars.

Zip Cars are a nationally renowned company based out of Cambridge, MA that works with universities all over the country. The company's mission is to provide students with a cheap transportation alternative, rather than having their own personal car at school. The University of New England provides this service as part of their "tri-fecta," which includes bikes and a public bus service as well. These three options are all ways to assist the students' with transportation access so they are able to travel

off campus, as part of the schools "Green Approach." UNE currently has two mid-sized Honda CRV's available and plans to add to that number in the near future. Additionally, UNE is one of the few schools in the country that actually profits from Zip Cars.

The university has high expectations for the future of Zip Cars and hopes to expand the service. "To this point, the Zip Cars have been very successful and we're looking to possibly expand from two to three vehicles," said Associate Dean of Students for Community life, Daryl Conte. This is the first year that this option is available to sophomores, instead of being offered to only the freshmen class like it has in the past. In 2009, the students who did not bring their own vehicle to school were given the opportunity to choose to either get a free bike, or apply to use the zip cars. However, many of the first year students chose the option to get a bike. A bike, however, has fewer options because you cannot travel nearly as far as if you were to drive when using a car. If the students opted to use the Zip Cars, they

would start off with 28 free "Zip Car hours."

Sophomore Jessica Woodworth says, "I use it [the Zip Cars] mostly for short trips into town." She continues that she, "typically uses my Zip Car once every two weeks; because the cost adds up if you use it all the time." There's also a \$35.00 annual fee, and this service requires that the car is returned with at least a quarter tank of gas. You have to reserve a slot, which must be at least an hour, and there's an additional fee for returning the car late as well.

When the 28 free hours are up, it costs \$7.00 per additional hour. The \$7.00 includes gas and insurance, but there can be additional fees as well. "It helps take pressure off of parents, so they don't feel compelled to buy and insure a car for their kids when it may not get used that often," mentions Conte. The cost to use the car virtually pays for itself when you factor in gas, insurance, and maintenance. In fact, Zip Cars handles all of the maintenance, so UNE doesn't even have to worry about that aspect.

## NOR'EASTER NEWS

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guidelines!

## TURKEY

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In addition, there was music, and the racers enjoyed an opportunity to get some osteopathic manipulative treatment thanks to the Undergraduate American Academy of Osteopathy and their own Dr. Heather Ferrill.

The 5K-race course is mostly flat but is a fast course with one steep but very short hill starting and ending at the Biddeford Free Clinic. The course followed the Biddeford city streets in the Five Points area of town. After the race, winners were recognized and prizes were received for the top 4 finishers in the women and men's division. Coming in 1st place in the men's division was Devin Kelly a UNE-COM Student who ran a time of 18:42, 2nd place Danny Ferrerra a UNE undergrad, 3rd place Brett Peterson and 4th place Matt Dietz a UNE-COM Student.

The top 4 finishers in the women's division included 1st place Amber Cullen who ran a time of 19:42, 2nd place Erika McCafferty, 3rd place Katie Littlefield a UNE undergrad and 4th place Maggie Wheeler a UNE-COM Student. Prizes awarded were donated by many local sponsors and included movie tickets, gift certificates to local restaurants, salons and sporting goods stores.

In conjunction with Sigma Sigma Phi, the UNE-COM Pe-

diatrics Club sponsored a 1K Kids' Fun Run at 9am. The winners of the children's group were 1st place Katelyn Johnson and 2nd place Brian Johnson. Both are children of UNE-COM's Dean of Clinical Education, Dr. Ken Johnson.

Megan Locke, President of Sigma Sigma Phi thanked co-chairs Walter Geer and Katie Dodd for working diligently to organize the event. Walter and Katie also wanted to recognize and thank Emily Brocks, coordinator of UNE-COM's Medical Student Services; Matt Libby, leader of the fundraising committee, Angelica Supansic who lead the advertising committee and Chelsea Michaud, leader of the race-day committee as well as all the students and volunteers on those committees. The co-chairs also expressed gratitude to the members of Sigma Sigma Phi who volunteered during the day of the race and helped with the set-up, clean up, registration, directing runners along the course, and recording times and places.

The "Gold Donors" this year, was Southern Maine Medical Center, the American Medical Student Association, and the UNE-COM Student Government Association, they all donated at least \$250 each to the Biddeford Free Clinic.

The Biddeford Free Clinic provides accessible and free outpatient general medical and dental care and prescription medication

to adults and children who have no medical insurance and cannot afford private medical care. The clinic is open every Monday and Thursday evening from 6pm until 9pm.

The Biddeford Free Clinic, is the first free medical clinic in the northeast, and was created to meet the health care needs of the uninsured in southern Maine. Each year approximately 700 individuals receive free medical care and prescription medication at the clinic. Dr. Francis J. Kleeman, along with his wife Alphine, his children and several enthusiastic volunteers started the clinic in November 1992. The Biddeford Free Clinic is a nonprofit 501 (C) 3 tax-exempt organization established in 1993 to provide medical care for the uninsured in York County in Southern Maine.

The Biddeford Free clinic has more than 160 volunteers that provide primary care and services to hundreds in need. Volunteer contributions translate into thousands of dollars worth of free services to those who cannot afford health insurance.

The Biddeford Free Clinic also serves as a training facility where the University of New England College of Osteopathic Medicine medical residents and medical students enhance their clinical skills and learn the value of working for the community.

## Senior Recieves State Scholarship

BY MIKE CAMPINELL  
Nor'easter News

Kimberly Hoffman, a senior in the communications department has received a \$1,000 scholarship from the Maine Public Relations Council on October 15, 2009. Hoffman was recognized at the Maine Public Relations Council conference in Portland. Here she received her scholarship and a certificate reflecting the hard work she has put into her education at UNE and the effort she put into her essay.

Hoffman is originally from Chester, New Hampshire and is majoring in communications with a minor in business administration. Hoffman was very happy to receive such a prestigious scholarship.

In order to receive the scholarship, Hoffman had to write a 500 word essay about why she deserved the scholarship more than other students all across the state who are also studying communication oriented majors.

Hoffman said that she wrote about the financial hardship of attending UNE, but also included her future aspirations. She said, "I want to work in local communities when I graduate; possibly at a local TV or radio station."

She believes it is her orienta-

tion towards working in a community that really made her essay stick out over others.

Hoffman said she originally chose UNE because she was very science oriented in high school. Once she got here though, she heard of the communications department and took a few classes to see if she was interested. After meeting the two professors in the department, Joe Habraken and Bistra Nikiforova, she realized that communications was the major for her.

"It was really the professors that convinced me to switch to communications. They were both very intelligent and taught entertaining classes," said Hoffman.

One of her favorite parts about the department is the size. The communications department is very small right now, but it is slowly growing. Hoffman is only one of two seniors who will be graduating from the department in May.

As part of the communications curriculum, Hoffman did an internship at the Derry Cooperative School District in Derry, New Hampshire. She said this internship was a great opportunity to learn more about video editing and how to coordinate media for a public school district. She said that she would often edit together videos and clips for the local access TV station.

## Rt. 9 Update

BY MIKE CAMPINELL  
Nor'easter News

As everyone has likely noticed by now, the contractors have been working hard on building across the street from the campus. According to Bill Bola, the Vice President for Campus Services, everything is on schedule. The school has had about 70 workers on site since the clearing was finished. This has resulted in the flattening out surfaces, the beginning of the residence hall's founda-

tion, and even the beginning of underground pipelines.

In addition, the contractors will start swinging steel on November 18. This means that they will be able to start the actual construction of building. There could be up to three cranes on the site. Two will be swinging steel and one will be hanging the exterior panels of the building.

The goal is to have the exterior outlined and covered in plastic so they can continue to work on the building throughout the winter. The hope is that if they have the whole winter

to work on the interior, they will still be able to meet the

completion deadline of August 15, 2010. Blasting is also expected to be completed by the end of November.

Finally, the plans for the turf field will be presented to the City of Biddeford in January 2010 and will be completed by the fall of 2010.

All in all, the whole project is on schedule as of now and the projected completion date remains to be August 15, 2010.



TOM HINMAN NOR'EASTER NEWS

A look at the recent developments on the construction on Route 9 as UNE expands across the street.

## Biddeford Police Blotter

Caller is at his mother's house where his son resides. States his son, does not want to go to school and is now making threats to kill his father and the police. He is not out of control but has done some damage to the inside of the apartment.

Caller reports a 70-year-old female is striking people with her cane and being combative.

91-year-old having chest pains and shortness of breath, had a heart attack on August 8th. Called the doctors office and they requested she be transported.

Request rescue for a male who is constipated and in a lot of pain.

Caller reporting a group of 50-60 kids are on the railroad tracks fighting. Caller also reported that there were no weapons shown.

Female caller states she struck someone, and the other person is "freaking" out on her and she is scared right now. She states he kept approaching her vehicle and yelling at her and wouldn't let her pull off the main road.

Caller reporting an argument be-

tween a male and female. Caller also reports that the female is throwing things out the window.

Caller reporting that his ex is harassing him and sending people after him.

Caller states that it looks like someone is lying under a white sheet. States she saw it last night as well but was gone during the day. Officer checked it out and found that it was a tomato plant that the resident was worried about.

Caller reporting that subject is freaking out they state they cannot get her to calm down. She is bipolar, and has history of depression she has been drinking as well.

Caller reporting that her son has left the house, he is under house arrest. She states that he got upset and left, last seen wearing a black t-shirt, jeans and a black hat.

Caller states that she feels like ending her life. Caller has knife on her and states that it is in her bed.

# FEATURES

## The Annual UNE Thanksgiving Dinner

BY ALEX RUBIN  
Nor'easter Staff

On the evening of Thursday, November 20th, Decary didn't serve its normal grilled cheese and fries, or pasta, or subs, or pizza. Instead, the cafeteria treated its students with a delightful, traditional thanksgiving dinner. The meal was free for students with a set meal plan, and a small price for others who wanted to attend.

The food wasn't your mom's home cooked meal, but it was undeniably better than what we're served on a day to day bases. There was turkey, stuffing, squash, mashed potatoes, cranberry sauce, peas, salad, and pickles to satisfy the appetites of the many students who attended the 3 sittings at 5:30, 6:30, and 7:30. A choice of apple, pumpkin, blueberry, or chocolate cream pie by was also offered for dessert, and there was apple cider as a custom thanksgiving beverage.

As you walked into Decary dining hall the setting was different than usual. There were



Kyle Cornell is obviously enjoying his meal at the annual UNE Thanksgiving dinner.

no lines to go to the different stations of food, and there was no one sitting on the lower level. A greeter informed you to go on to the upper level to get your food, and then your drinks would be served to you. The upper level of Decary was arranged with tables covered in table cloths and set

with real glass salt and pepper shakers. There was a buffet styled process in order to get your meal, and then you could sit down and enjoy being waited on the rest of the night.

One of the best parts of the dinner was being served by

staff members of the University of New England. After you sat down at a table, a staff member would come over and ask you what you would like for drinks and your choice of pie for dessert. Students were waited on the entire dinner; their plates were even cleared for them. The staff

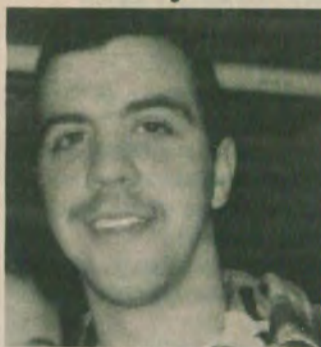
did a great job of serving their students and making the dinner an enjoyable meal.

The only downside to the meal was that you couldn't go back for more; it was a onetime run through of the buffet line. I know I was still hungry after the first plate, as well as others sitting at my table, so it would have been nice to be able to get a second helping. Other than no seconds though, the rest of the meal was perfect.

The thanksgiving dinner was a great idea and was put together in an organized and pleasurable fashion. There was a calm and enjoyable setting for students to enjoy a traditional thanksgiving dinner outside of their home. Having a meal that didn't consist of the same thing you'd be eating the past two months was a nice change and the food was definitely a step up from the everyday meals served at Decary. Thanks to the Decary staff and other faculty members of UNE, the students were able to enjoy a traditional thanksgiving dinner, as well as have the luxury of being waited on their entire meal.

HANAHAH GOODNOW, NOR'EASTER NEWS

## Dooney Tunes



BY BRIAN MULDOON  
Nor'easter Staff

Everyone has his or her own memories and expectations of Thanksgiving. They may not be quite as detailed as Uncle Phil who dreams of, "Turkey - with pillowy mounds of mashed potatoes. Butter drenched dressing. Tiny onions...swimming in a sea of cream sauce..." but I can imagine most everyone dreams of the mountains of food that will be in front of them when Turkey Day finally comes around.

Of course every family has its own traditions, whether it's going to a particular relative's house, the twice-baked potatoes, or dressing up like Pilgrims and Indians (everyone has their guilty pleasures). But in a country that is so diverse,

there are a plethora of Thanksgiving traditions that we may forget about on a day-to-day basis.

One thing I have never really understood about Thanksgiving is how it represents the start of the Christmas season. All of the retail stores around already have the tree ornaments and Santa Claus décor on display as soon as you walk through the door (if we are going to jump the gun, where are the Chanukah decorations?). The Macy's Thanksgiving Day Parade should be called "The Macy's Christmas Parade that Happens to be on Thanksgiving Day". Thanksgiving is becoming a joint holiday with all of the Christmas spirit going around.

A lot of people are too busy designing the best route to beat all the traffic and hit the best sales on the day after Thanksgiving, rather than enjoying Thanksgiving itself. Doesn't everyone complain that they don't have enough time in their day anyway, why are we rushing things even more?

If anything we should savor the feel of Thanksgiving Day as long as we can. Your house is probably having the best smelling day of its year, apple cider is still in season, and you have

an excuse to take a nap right after dinner. Plus, Thanksgiving sandwiches the next day (or that night) is possibly the best snack you will have until next Thanksgiving.

On top of all the food, family gathering, etc. you get to watch football. I know in the great state of Massachusetts, most high school football teams host their rivals in what is regarded the most important game of the season. Alumni packing the stands, pep bands blaring fight songs, and nothing but pure hatred on the field makes for a great way to start Thanksgiving morning.

Personally, I know I will be headed down to Hingham High School to watch the Harbormen destroy the Scituate Sailors, and I have been looking forward to it since last year's game.

For all of you that do not reside in the Bay State or do not have a high school Turkey Bowl to watch, you are not out of luck. The NFL has its annual double-header on Thanksgiving. Every year both the Cowboys and the Lions host their counterparts in the only two games played on Thanksgiving. Many think that the Lions should be taken off the schedule because they are so terrible. The NFL might even make more money

if it was anyone besides the Lions playing, but I'm glad they are still on. No one was complaining when you got to watch Barry Sanders as you take in your pumpkin pie. They have been playing on Thanksgiving since 1934, and it is probably the one time football fans of this era will see a Lions game. I respect the NFL for leaving the Lions on the schedule every Thanksgiving because that is what Thanksgiving is all about - tradition.

On Thursday, take the time to give thanks and go through all of your traditions no matter how silly, how boring, or how bad the Lions are at football. I know I am getting ready to eat my turkey, pillowy mash potatoes, tiny onions, all dressed in a cream sauce. Now that's a tradition I know will never end.



## AMSA's AIDS Awareness Week at UNECOM December 7th - 11th, 2009

December 1st, 2009 is World AIDS Day, an opportunity to focus attention on commitments needed to address the global AIDS epidemic. In recognition of this day, the American Medical Student Association (AMSA) at UNECOM will be hosting a series of lunchtime events.

12pm-1pm, from December 7th - 11th in the Alford Health Building Room 304 to raise awareness of the current fight against HIV/AIDS.

Please be on the lookout for these events!

## Student Spotlight Nicole Greenwood

BY STEVE SCRIVENER  
Nor'easter Staff

Q: How many UNE parking tickets have you had?

A: I got one. It was during my freshmen year when I didn't have my parking permit.

Q: Do you suggest any classes to avoid? Why?

A: Problems of knowledge because it is insanely boring and the teacher is pretty dry.

Q: Did you go to the Rave? How do you think it was?

A: Yes I went and though it was amazing. A lot of people didn't go because they had the wrong impression that it changed and wouldn't be as good as past years. I had a lot of fun.

Q: What are your thoughts on the new Nor'easter dollars?

A: I think it's a great idea. I'm glad they finally did something like this that other schools have had in this past.

Q: What's your favorite UNE sports team to cheer on?

A: Hockey is my favorite because its fun when everyone gets wicked pumped and dressed up, especially the blue and white game.

Q: What are your average weekly expenditures? Where do you spend most of your money?

A: I usually spend 25-30 bucks a week. Most of my money is spent at Wal-Mart, Petsmart and Panera.

Q: How's the party scene this year?

A: Pretty good, except the cops are a little crazy this year. I can say that I did have a close call recently.

Q: Who is your favorite professor?

A: Oh jeeze.. I would have to say David Guay. He is very enthusiastic about his job, and always makes his class very interesting and fun.

Q: Are you involved in any extra curricular activities?

A: Aqua cultural club, MARC, Clownfish breeding program, and I played Lax my Freshmen year.

## Cardio Club Workin' Up a Sweat

BY AHMED ELKADY  
Nor'easter Staff

One and two and three and four . . . Everyone wants to be stronger, faster, and more flexible. The Cardio Club this year has been more popular than ever at the University Of New England. Upperclassmen have been so excited about how much the Cardio Club has grown.

"The cardio club this year has been awesome! The Zumba class is a hit. That class is always packed, it's a great workout and fun too. I also attend the Core class, now let me tell you that's a workout," says sophomore Nikki Cayer.

There are eight different classes that students can attend, for free! First there is Kickboxing on Monday and Wednesday 3-4pm. It is alternative aerobics including cardio, strength and bag-work every class with kickboxing elements. It's a great way to relieve stress, learn proper technique and burn calories. On Tuesdays there is a Cardio Kickboxing class. This class consists of a combination of heart-pumping cardio moves incorporated with kickboxing techniques. The class consists of a total 20-minute stretch. The rest of the class consists of cardio kickboxing moves that target all parts of the body; abs, gluts, legs, arms.

Sam Martin runs the core class on Mondays and Wednesdays from 4-4:30pm. It is explained as "challenging core exercises from standing to floor, equipment based and free hand, partnered and solo. Learn how to crunch your abs and sculpt your core while having fun with an innovative way to exercise and stay in shape."

On Tuesdays from 6:30-7:30pm is the ballet class. Come to this class to learn the basics of ballet technique and choreography. The class will be geared towards the student with little to no ballet experience. This class is a fun, relaxing workout, and you don't even need ballet shoes!

Tyla Hagan runs the Hip Hop Dance class on Tuesday nights from 7:30-8:30pm. "The classes aren't only a great source of exercise but moreover, for that one hour we're in that dance class, it's an escape from all the stress of schoolwork. Breaking a sweat and breaking it down in my class is always a fun time and definitely worth trying it out. We college students are fools whether we dance or not, so we might as well dance," says Hagan.

Boot Camp is a mix of cardio related exercises to work your whole body. This class is not here to intimidate you, it is meant for all levels and you can go at your own pace. The Boot Camp style

is a challenging series of exercises with minimal breaks to keep your aerobic work out in check, and the exercises will work you from head to toe helping you sculpt that body. This class is offered on Tuesdays and Thursdays from 4:30-5:30pm.

Everyone gets stressed about classes, relationships, work, and getting into graduate school. There is no better way to relieve some of this stress in the two yoga classes.

Hatha Yoga focuses on breath and balance. Through the Asanas (postures), mindfulness in movement, and quiet meditation Hatha Yoga practice seeks to balance the mind and the body through exercise and stillness. This beginner yoga class will teach the basics of a range of Asanas and techniques to calm and center yourself. It is offered from 5-6pm on Wednesdays.

Vinyasa Yoga is offered Thursdays 7-8pm and 11:45am-1:15pm on Fridays. This introductory yoga class focuses on breathing, and movements of the sun salutation flow are emphasized. Classes can be modified for all levels of ability or injuries. This is a great way to get back in tune with your body.

Come get your sweat on at Cardio Club classes. They all have something different to offer with one consistent principle, "look good, and feel good!"

## Teacher Spotlight: Rob Duquette

BY AJ FREDETTE  
Nor'easter Staff

Ever sit down and listen to music, like really listen to the beat? Professor Rob Duquette does that on a frequent basis. Rob teaches very popular music classes here at UNE: African Drumming and World Music.

In the African Drumming class students learn different beats, different styles of playing, and get a nice overview of what other cultures have to offer when it comes to music. Students are also able to go out and bang on their drums all class long. Rob encourages his students to explore music from all over the world, and branch out from what they normally listen to. These classes are also a break from any type of labs, or science classes that students might have to take. They get to experience a class that might not be in the core curriculum and learn something interesting and new.

Rob started playing music when he was a teenager and it blossomed into a great career. He was originally inspired by the musical genius, Led Zeppelin. After starting playing music he became very interested in jazz and his curiosity just branched off from there. He started to

study the different cultures and what kind of music they had to offer. He then found African drumming, and continues to study it today. Rob finds master drummers still today to keep learning, and studying their style. Currently he is studying

with Mark Walker (with Oregon and Paquito D'Rivera's band) and Adres Espinoza. Music is very important in Rob's life, and he finds that the rhythm is the most important thing that there could possibly happen in music, and it gives the music "life." His

expertise is in Jazz and Popular Music of the west, Music of West Africa and the Caribbean

Rob Duquette not only teaches but also finds time to play in shows with his jazz world

trio, is a freelance drummer, and just started to play rock music again. But Rob's main focus is on producing and composing his own music with his trio. Rob does compose, but at the same time he and the trio will just play and freelance what they are doing. Their goal is to make it sound like its not made up, and make it sound like the group is playing a good tune. When they do get something like that it is "very rewarding for the group and they feel very accomplished" according to Duquette.

While taking Rob's courses it inspires you to branch out from what you normally listen to, and experience other styles of music that you might not have thought of. Rob finds a way to get his students very interactive in classes, and makes sure that everyone is playing properly but having a great time at the same. This makes his classes very enjoyable and one that students will love for years to come.



Professor Rob Duquette demonstrates his playing ability and shows off what he has been teaching his students in his African Drumming class.

AJ FREDETTE, NOREASTER NEWS

# SPORTS

## Mens Basketball Looks To Continue Success from Last Season

BY SEAN DOYLE  
Nor'easter Staff

After losing to Saint Joseph's 63-71 on November 15, the men looked to bounce back in their home opener on November 17, with a tough matchup that paired them against the University of Southern Maine. In front of a huge crowd of just under 600 people the Nor'Easters came out on top by a score of 82-70.

Early on junior guard Kadare Brown has led the men. Brown was a star in the 82-70 victory over the Huskies. He tallied a team high 21 points to go with four helpers. Other contributors were Anthony Johnson (17 points), Marchale Robinson (14 points), and Quentin Thompson who added a double-double to the tune of ten points and 14 rebounds.

Coach Mulligan is looking for a lot out of these three returners "The returnees will have to pick up the slack if we are going to repeat as TCCC Champs." All three players are coming off of TCCC championship runs where Thompson averaged 11.8 points per game, Johnson 9.2 points per game and Robinson averaged 7.0 points per game.

After losing the team's top



The men's basketball team getting pumped up before the opening tip.

got the capacity crowd on its feet.

two scorers Jaykyri Simpson and Johnnie Jefferson, from a year ago, the men will be looking for big production this year from Brown and Jeslee Roseman.

Brown had a huge game against USM and Roseman played a lot minutes and added an emphatic two, after a breakaway jam that

Looking ahead the men have a difficult schedule "Our schedule will be one of the toughest in New England. First semester we have seven away games and two at home- We will have to be road warriors. We will play nationally ranked UMASS-Dartmouth and WPI in addition to Bowdoin,

TOM HINMAN NOR'EASTER NEWS

Bates, Colby (UMD, WPI, Bowdoin and Colby all on the road) and possibly Trinity (JBC). Throw in matchups with NCAA Tournament teams St. Joes and Husson (possibly- JBC) and we surely will be tested. It is my hope that this tough non-conf schedule will prepare us for TCCC play."

Coach Mulligan had this to

add on their style of play "It will be no surprise that we will continue to be an up tempo team. We will be outsized every game on our schedule so it is essential that we use our speed and quickness to combat opposing height and strength. We need to apply a lot of pressure on defense and take advantage of mismatches on offense. With a roster that features three players who are not listed as guards quickness will be a way of life in the UNE game plan. UNE likes to play a full court press at most times and really forces the opposition to take care of the basketball.

Also assisting Coach Mulligan on the sidelines again this year is Coach Kasey Keenan. Keenan who is no stranger to UNE athletics, as an '02 graduate he played four years for the UNE men's basketball team and ranks fourth all time in school history for three point shots made. Also on the sidelines for the good guys is Johnnie Jefferson. Jefferson, who was an all conference player in his two years for the white and blue, will be assisting Coach Mulligan this year.

## Womens Basketball Gets Off to Hot Start

BY MATT PENET  
Nor'easter Staff

The memory of last season's success before falling in the semifinals of the conference championship still fresh in the minds of the University of New England women's basketball team who is off to a hot start in their quest to finish what they started.

After finishing the regular season 19-6 last year, with a 12-1 conference record, the Lady Nor'Easters have come out and made a statement to start their 2009-2010 campaign. Two very convincing wins to start, both in the double figures for margin of victory, are reminders how strong the team finished last season. The team started with a 66-42 defeat of Saint Joseph's of Maine on the road, before coming home and showing how serious this season's team is. Arch rival Southern Maine, ranked thirteenth in the nation for Division 3 women's basketball, came in looking to continue their dominance of host UNE.

USM had won thirty-five of the thirty-six all time matchups between the two



Senior, Annie Foster, drives the lane for two as the Nor'easters upset the University of Southern Maine.

EMMA ALBEE, NOR'EASTER NEWS

schools, and was riding an eight-game win streak over the Nor'Easters. But UNE wasn't going to take it this season. The hosts used their depth to overwhelm and pull away from the Huskies en route to a 72-55 stunning upset. The win over USM proved UNE can play with one of the nation's best as

well as handing USM their first season opening loss since 1989.

The Lady Nor'easters success can be attributed to the depth and production from each player on the team. Eleven of fourteen

UNE players who checked into the game at St. Joseph's scored, and eight of ten

players scored in the upset of USM, including six posting double digits in scoring.

The team has also had success passing the ball,

recording thirty assists in the two games. The accuracy of UNE has been impressive as well, hitting 42.5 percent (51-120) of their field goal attempts, as well as an outstanding 33 percent (10-30) from the three-point line. The team has also hit 26 of 38 free throws. The high powered offense this season has been supported by a great defense, holding opponents to just 29.9 percent shooting and forcing 41 turnovers while committing 31.

The team heads to Keene State this weekend for a tournament, playing SUNY Cobleskill in the first round on Friday then playing their win/loss counterpart from the game between Regis College and host Keene State.

Junior Chelsey Meszaros said, "we have high hopes for the season, we are looking on improving from last seasons record." Meszaros continued saying "we have some good freshman talent, and we are a deep team with everyone being able to play." Whatever happens, UNE is ready to show both the conference and the division what they can do in their quest to finish what they started last winter.

# Player of the Week: Taryn Flagg

BY MATT PENET  
Nor'easter Staff

Senior field hockey star Taryn Flagg has had an outstanding career at the University of New England. Several records have her name by them, but her final accomplishment is one no future player can ever touch. She helped UNE win the first an Eastern College Athletic Conference (ECAC) title in any sport. The field hockey team had a school-best record of 16-3, including a 7-1 conference record. The Nor'Easters were bounced in the first round of the conference championship falling 3-1 to Nichols College, but were selected to be the second seed in the ECAC tournament, which pits some of the best schools in New England against each other. A 5-2 win over rival Southern

Maine started the run off, then a pair of 3-2 overtime wins followed as UNE claimed the ECAC title on home grass. Flagg was a huge part of this success, scoring all three goals-including the game winner just over two minutes into overtime in the finals against Plymouth State. Flagg's three-goal performance put her in the record books as the tenth UNE player to accomplish the feat in school history. But that accomplishment is just the tip of the iceberg for the senior.

Flagg has her name all over the school record books. She holds single game, seasonal and career records; a great accomplishment for any athlete. In addition to her three-goal performance which tied the school



UNE Communications

Player of the Week Taryn Flagg

record and her name being on the roster for the school's first ever ECAC title, Taryn held the single season record for most assists until teammate Brianna Tupper broke it in the ECAC finals. But those three goals were just a taste of what she has accomplished. Flagg scored a single-season school record with twenty-three goals, almost half of her career fifty-one, another school record. Her twenty-two assists are a program high, and her 124 total points is yet another record.

Success is nothing new to Flagg, who was selected UNE Female Rookie of the Year her freshman year in 2006 and was also awarded the TCCC Rookie of the Year before missing all

of the 2007 campaign due to a knee injury. Flagg recovered in the 2008 season, setting her first single-season school record with sixteen goals, which stood for less than twelve months before she broke it again. Her accomplishments on the field were recognized when she was named the Commonwealth Coast Conference Player of the Year in 2009.

Taryn, you will surely be missed by your teammates and your school. Best of luck down the road. Your hard work and dedication will flourish in your post-UNE career.

# UNE Ice Hockey Begins D3 Play

BY BRIAN MULDOON  
Nor'easter Staff

The University of New England Ice Hockey Team started up their official season on November 13th against Salve Regina University. A slow start for the Nor'easters led to a 3-2 win for the Seahawks in front of a large crowd at the Biddeford Ice Arena. UNE started the game a man down due to a protocol penalty for being late to step on the ice before the game, and Salve Regina capitalized by scoring just 1:15 into the game. Salve added another one 5:18 into the second period and it looked like we were on the way to see a devastating loss.

The Nor'easters bounced back with two unanswered goals of their own in the second period. First-year Jake Moscatel and sophomore Tim Margiotta were each set up by first-year Scott McManaman to tie it up heading into the third and final period.

For the majority of the third period it looked like the game could have been headed into overtime, but that notion was ruined when SRU put home what turned out to be the game-winning goal with just under six minutes left.

The Nor'easters opened up their division three campaign with a loss, but a lot was learned and they are working hard to get in the win column.

"Everything in the ECAC is a lot quicker than anything we played last year," says junior captain, Jack Nolan. "Teams are faster on their skates, crisper with their passes, and are a lot more accurate with their shots, so we are speeding everything up in practice so we come out ready."

The Nor'easters were back out on the ice both Friday and Saturday as they opened up their ECAC East schedule. On Friday, the Nor'easters squared off against the



EMMA ALBEE, NOR'EASTER NEWS

Sophomore captain, Kyle MacLennan, fights off the Salve Regina Seahawks as he chases a puck in the corner of the boards.

12th ranked team in the country, Norwich University. The Cadets have won the regular season crown the last 11 years and UNE came in looking over-matched.

The blue and white surprised everybody by hopping out in front of Norwich when Justin Miner buried home his first goal of the season just seven minutes into the first period. The Cadets tied it up early on into the second period and the two teams traded goals as the game headed into third period, knotted at 2-2.

Just two minutes into the final period, Kyle Thomas of Norwich knocked in a rebound giving the Cadets a lead they would not give up. Norwich would add an empty net goal in the final seconds to seal up the victory.

Despite the loss, UNE shocked not only the 565 bodies in the stands, but all the teams in the ECAC East with their quick, aggressive play.

"We showed the league we can play at a high level," says junior goaltender Mike Roper, who played phenomenal stopping 36 shots in the contests. "We played pretty well despite the losses, but we have set some goals that are

definitely attainable for the season."

The Nor'easters had to be back on the ice the next afternoon as St. Michaels College came to the Biddeford Ice Arena for a second consecutive ECAC East contest.

The blue and white came out a bit sluggish after such an aggressive game the night before, as the Purple Knights hopped out to an early 1-0 lead. UNE could never muster any offense in the game as they were out-shot 45-24 and committed seven penalties in the game. First year goalie, Dallas Ungurian, blocked 41 shots for UNE in an outstanding effort for the blue and white.

"We set goals for the weekend such as having the most blocked shots, getting some hits, and playing disciplined hockey, and we did accomplish those things," says Roper, "if we keep doing those things, the wins will come."

The Nor'easters will travel to Saratoga Springs, New York this weekend to play in the Skidmore tournament. They will not return to Biddeford until December 8th as they will host the University of Southern Maine.

# Champs

continued from Page 1

goal of the game, 23 goal of the season, and 53 and final goal of her college career.

"It was awesome ending on winning the championship," said Flagg. "However, it was sad knowing that it had all come to an end."

Prior to the championship game the ladies had to take on a tough schedule to prove they had what it takes to play in the final.

The first game of ECAC play wasn't an easy win against the University of Southern Maine, but a sure thing as UNE cruised to a 5-2 victory.

The next team to take the field against UNE was one that they knew well. Endicott College made the trip to Biddeford once again to see who was the better team in TCCC. UNE lost to Endicott earlier in the season in

a tough 2-1 fashion. However, this game proved to be different when UNE came out on top in another thrilling overtime victory. Sophomore Michelle Oswald picked up a rebound off the Gulls goalie and put it in the back of the cage to send the women to the final.

"It was a great feeling. There a team we always seem to have a hard time with," said Franey. "Finally beating them after losing to them last year and this year was a big accomplishment."

Finishing off the championship game was a presentation to first year Emily Koehler who was named the tournament's Most Outstanding Player. Koehler is a freshmen defender who shows promising talent for her remaining years here at UNE.



EMMA ALBEE, NOR'EASTER NEWS

First year forward, Jake Moscatel, scores the first goal in UNE division three history.

# ARTS & ENTERTAINMENT

## UNE Players Presents Grease the Musical

BY JOCELYN KOLLER  
Nor'easter Staff

The UNE Players' fall musical Grease opened at the Biddeford City Theater on Thursday, November 19 at 8 p.m. Two more shows were also performed on Friday and Saturday of that week. Shows were attended by UNE students and Biddeford community members alike. The director of the production was Bob Pecchia with help from his wife Lorraine Pecchia.

The show was put on with nearly forty UNE students as cast members (even more behind the scenes) as well as student directors, producers, and choreographers. Assistant Student Director was sophomore Brandon Hotham, who has been preforming with the UNE Players since his first semester at UNE. The Producer was Michael Earl, a junior who has been involved with the Players for four shows so far. Stage manager was Kylie Galliani and vocal director was Beth Peters.

The UNE Players is a relatively new club, having been revived about seven years ago. Their funding for costumes, sets, and other needs comes from the Undergraduate Student Government. Auditions for the Players is non-exclusive, and all students are welcomed. The students have been rehearsing Grease since mid-September, but according to Student Director Brandon Hotham, it was difficult to find a time to rehearse that worked for everyone--students at UNE are busy, and often have conflicting schedules. But, as Hotham says, the show came together just when it needed to.

Michael Earl, who has been

the President of the Players for about a year and a half, was also expecting "no hiccups" on opening night. He said he had high hopes for the audience's overall

reaction, and said that they chose Grease because, "It's a show everyone knows that will have a good crowd turn out, a good audience response, and it's fun." Pink Lady Julia Furtado also said before opening night, "This is one of the best groups of people I've worked with and we can't wait for our hard work to pay off."



UNE Players production of "Grease" at the Biddeford City Theater.

The opening night of Grease was a definite success. Overall, the production was entertaining, funny, and energetic. The costumes were well-done and fit perfectly to each character--from the Pink Ladies' jackets to the Thunderbirds' greased hair. The sets, though somewhat minimal, were appropriate and fun. The

work on stage. As for the characters themselves, the success of the evening would not have been possible without the talent and charisma of the females cast in the roles of the Pink Ladies. Audience members marveled at the fact that Julia Furtado is a freshman this year, with her staggering voice and expert performance in the role of Rizzo. She was sarcastic, mean, and funny, and her rendition of "There Are Worse Things I Could Do" was flawless.

work on stage.

Ashley Taylor, as Frenchy, had a catching enthusiasm that she maintained throughout her entire performance. Her voice and accent were dead on, her hair

with the female cast. Her poise on stage was clear as she did everything from seduce Vince Fontaine to sing about her military boyfriend, Freddy. Her voice, too, wowed the audience as everyone enjoyed "Freddy My Love." Danielle Cropley as Jan was hilarious with her love for twinkies, and Kelly Willard took on the role of Sandy cutely but quietly.

styles flawless (despite a small wig malfunction), and her acting beyond believable.

Marty, played by freshman Melanie Ostrowski, also shined

Nicholas Sawicki as Roger were also very good; so was Brett Peterson as Kenickie. One slight downfall was Gregory Pickus's performance as Danny Zuko. Although he knew his lines and part well, his huge build made Danny more intimidating than romantic, and his poise on stage needed work. His voice seemed to bring down Willard's in their duets, and always sounded an octave deeper than the rest of the cast. His one shining moment was during the school dance scene, where his strength came in handy to throw Cha-Cha DiGregorio (played by Ashley Moore) around. The couple pulled off some amazing dance stunts that amazed the audience.

Other notables were Nicholas Cornetta as Vince Fontaine, who had the room laughing with his DJ-voice and makeout-moves. Patty Simcox, played by Alyssa Bogacki, also performed well. Many seemed to enjoy Jennifer Dew as the Teen Angel, too--she belted out "Beauty School Dropout" with incredible gusto.

On the whole, the UNE Players pulled off a fantastic performance of the musical Grease. It was clear that students took much time and effort learning their roles, and not a single noticeable line was missed. Although some cast members distinctly stood above the rest as far as signing goes, every cast member was visibly enthusiastic about being a part of the UNE production of Grease. Don't forget to come check out the UNE Players' next endeavor, a series of one-acts, which can be expected this spring.

## Movie Review: Couples Retreat

BY DAVID HALSEY  
Nor'easter Staff



Dave (Vince Vaughn) and Joey (Jon Favreau), from the brilliantly written Swingers star alongside Jason (Jason Bateman, Arrested Development), Ronnie (Malin Akerman, Watchmen), Cynthia (Kristen Bell, Heroes and Forgetting Sarah Marshall),

Lucy (Kristin Davis, Sex and the City), and Shane (Faizon Love, The Replacements and Troque) as three couples and one divorcee who find themselves brought to a marital retreat in Bora Bora to save Jason and Kristen's marriage.

Once there the couples are guided by their new-age animal spirit sensing guru Marcel, played by Jean Reno, and then vigorously dry-humped by Salvatore, the Spa yoga instructor, played by Carlos Ponce until they can work out their issues. The movie itself is hit and miss with some of the funniest moments coming from Vince Vaughn's son crapping in a Home Depot toilet.

The characters themselves are well rounded with the exception of Vince Vaughn who plays Vince Vaughn just like every other movie he has ever starred

in (i.e. Mr. & Mrs. Smith and Wedding Crashers). Faizon Love, thankfully, serves as more than eye candy or the token black guy and is well rounded and thoughtful with some of the most intelligent lines in the movie, but sadly the least of the laughs. Jason is Kristen Bell's overly neurotic control freak of a husband and hogs entirely too much of her screen time with his forgettable persona.

A few pieces of his stutted dialogue and several of his power-points on testicular cancer later we move to Jon Favreau and Kristin Davis. Favreau provides a number of laughs with inappropriate massages, hypothetical gay-sex fantasies, and a cringe-worthy don't-come-in-I'm-masturbating fopa with a hotel employee.

Please see, **RETREAT** page 9

## Album Review: Sorry for Partyin'

BY ERICA HATCH  
Nor'easter Staff



Bowling for Soup, a band that is mostly remembered for their 2006 hit "High School Never Ends" is back with a brand new CD, titled Sorry

for Partyin', that will make you laugh your socks off!

This is Bowling for Soup's eighth CD, and like many other of their interesting titles (such as Drunk Enough to Dance, A Hangover You Don't Deserve, and The Great Burrito Extortion Case), Sorry for Partyin' fits right in!

The CD starts off with a very entertaining and upbeat song called "A Really Cool Dance Song," which clearly pokes fun at the sudden popularity of electronic-styled music. The next song is titled "No Hablo Inglés," is about using this phrase as a way to avoid any difficult situation that you may find yourself in. For example, "My nephew asked me if I'd take him to the Jonas Brothers movie, No

Please see, **Partyin** page 9



## Fenix Theater Company Comes to UNE

BY JOCELYN KOLLER  
Nor'easter Staff

The Fenix Theater Company performed at the Campus Center on Friday, November 13th from 7-8 p.m. UNE Students, faculty, and community members were all invited to this unique production, free of charge.

The Fenix Theater Company is an acting company that performs in Portland. The company was founded by Rob Cameron, who came up with idea when living in New York City and working as an actor. Cameron decided on the outdoor shows not only because Shakespeare's plays were originally performed outdoors, but also because an outdoor venue meant that Cameron and his fellow actors could generate their own shows, and for cheaper.

The Company of actors is made up of a core group of regulars, but Fenix also holds show-by-show auditions. Actors can also be invited to perform with the company. Rob Cameron, Sally Wood, and their fellow actors don't rehearse in the off-season (winter), but instead pull the show together in an amazing two weeks of rehearsals before

the production.

Fenix Theater Company works solely on donations from its audiences. This means that almost all the actors have another job to support themselves financially, and are part of Fenix simply because they are passionate about acting and encouraging interest in classic plays.

Cameron says his favorite production so far was Love's Labour's Lost, a production he was able to work on with Sally Wood. Comedies are easier to perform, according to Cameron, because the audience enjoys them and can easily pick up on the humor due to the physical nature of the theater.

On November 13th, Rob Cameron and Sally Wood came to the UNE campus to present a workshop and performance. Professor Julia Garret organized the event, and asked her English classes to attend. When asked why he and Wood had chosen to come to UNE for this performance, Cameron replied, "We're doing it so hopefully we can teach you guys that Shakespeare is fun, compelling, sometimes dirty; not as boring as you might have thought."

The workshop was from 6-7 p.m. and taught students about how, during Shakespeare's time, there were no directors. This meant that actors had to find clues in the script as to what their actions were. Cameron and Wood had two UNE students rehearse a short scene from Shakespeare's Twelfth Night, which they were able to perform during the 7-8 show.

Cameron and Wood then performed for a larger group in the Campus Center Multipurpose Rooms. The two began by acting out a scene from The Taming of the Shrew, and intrigued the audience by reversing the roles--Sally Wood played the role of the man, and Rob Cameron the woman. This got the audience laughing, but the scene also contained some passionate acting, and was made easy to understand by Cameron and Wood's tone of voice, movement, and expression, despite the Shakespearian language.

After the Taming of the Shrew scene, Cameron and Wood introduced themselves and what the Fenix Theater Company was all about. Fenix has been putting on shows in

Deering Oaks Park in Portland for two summers now. So far, the group has only done Shakespeare works, but they hope to deviate soon and introduce Portland and surrounding communities to other classic playwrights. According to Cameron and Wood, performing outdoors, especially in a public park, can be unpredictable and even humorous--with little kids running by and the ice cream truck barging in on occasion.

After introducing themselves, Cameron and Wood brought two of the UNE students who had attended the workshop on stage to perform their Twelfth Night piece. With approximately fifteen minutes of rehearsal, no sets, and only a scarf in the way of props, the students did a great job of acting out this scene. Cameron and Wood say that part of their typical performance is audience involvement, which keeps the audience engaged.

Once the two UNE students were finished performing, Sally Wood got on stage to explain the use of scrolls in Shakespearian times. The actor's scroll contained everything the actor

needed to know, but was not an entire script--this was to keep plays from spreading universally, so that Shakespeare or another playwright could still call them his own. Wood then brought out a bundle of little wooden scrolls that contained the lines for each character in the last scene of Romeo and Juliet. Cameron and Wood picked volunteers from the audience to play each of these parts.

Cameron and Wood then took the UNE student cast through the scene line by line, improvising props and teaching the students how to decipher the actions contained within their speaking parts. Everyone on and off stage was laughing as Cameron and Wood attempted to make the students into Shakespeare experts. The audience was even recruited to shriek, sigh, and stand up during parts of the scene that required it. After a few practices, the students performed the scene all the way through pretty successfully. It was truly an entertaining, fun, and educational evening.

### Retreat

Continued from page 8

Kristin plays bizarro world Charlotte from Sex and the City as the prom queen/cheerleader whose only mistake in life was getting knocked up by Jon Favreau.

The characters don't phone in their performances, and the dialogue is well written, but the laughs are unfortunately sparse and when the movie does falter it falls like Stevie Wonder down a flight of stairs. Not bad but not enough to be memorable, this movie is probably destined for the eighth layer of movie hell, the Wal-mart bargain bin, just below balancing my kitchen table and just above having Nicholas Cage appear in the movie.

### Partyin'

Continued from page 8

hablo Ingles.' Walking my dog I saw a sign that says to please pick up the doodie... 'No hablo Ingles.'

This is the second single that has been released from this CD, and as usual is it extremely catchy. There is already a hysterical music video that has been released for this song, and everyone is recommended to check it out on youtube.

Another really funny and catchy song is "Hooray For Beer," which is about a man and his love for beer. Yet another is "I Gotchoo," that is an attempt to combine

rock, metal, and country in an entertaining way to make everyone laugh with the use of their crazy lyrics. This song includes a few interesting quotes such as "talk is cheap, but I can't afford it," and it also includes the Fuzzy Bear song; "Fuzzy Wuzzy was a bear, Fuzzy Wuzzy had no hair. Fuzzy Wuzzy wasn't fuzzy was he? (was he?)"

Overall, this CD is great and extremely catchy. It is good to listen to when you are stressed or not in a great mood because it will make you laugh no matter what. Check out this new CD by Bowling for Soup!

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# OPINION

## NOR'EASTER NEWS

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Nor'easter News is a student-run bi-monthly publication dedicated to providing news and information relevant to the UNE community. Editorially independent of the university and its administrators, Nor'easter News pursues such content freely and thoroughly, following professional journalistic standards in writing and reporting. Nor'easter News is committed to serving as an open forum for thoughtful and diverse discussion and debate on issues of interest to the UNE community.

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## LETTERS TO THE EDITOR

Nor'easter News welcomes letters to the editor.

Letters should not exceed 500 words and must be received by 5pm on the 1st of each month of publication. The editors reserve the right to edit letters for length. Longer op-ed submissions of 500 to 1000 words may be arranged in advance with the opinion editor. Submit letters via e-mail to noreaster.opinion@mail.une.edu

## A Modern Day Love Story

BY DIANE FITZPATRICK  
Nor'easter Staff

Can we ever be honest with ourselves?...Even in a vulnerable state of privacy? I will tell you of a story, if you will be so kind as to allow me the gesture. My story of fiction is meant to say more than reality ever could, as in fiction one can say what is only thought, developed in concept. What would be the result, if we were to go around articulating what appears to be true? Chaos--Frenzy--Men and Women hurling themselves from cliffs--I should think.

### MISSED CONNECTION

Girl, red hat, grocery store, in relative proximity Male seeking female\_\_27.

I saw you standing there, awkward, unsure of yourself, carefully positioning your arms in such a way as to waste away idle time. You were wearing pants as blue as your eyes. Thick black boots that clicked--clicked--clicked as you strutted your way past me, unaware that I even existed within the same time as your brilliance. Hair: long and blonde. Legs: tall as the day is long. You were wearing a red, tightly knitted hat that just barely covered your ears. I found myself wondering: Why wear a hat that doesn't keep ears warm? What is this hat's purpose? Was it merely artificial? Created only to convey the illusion that the hat wearer somehow cares about keeping ears warm? I wanted to ask you....I needed to ask you, but you just walked on by. Do you wonder of this hat in the same way as I?

How could I possibly meet you, talk to you? You'd have thought me foolish and creepy.

Who dares to talk to a stranger? Who has the balls? The nerve to engage in motivated conversation? If I were to crack a joke about long grocery lines, or the price of bags of salad---this would be acceptable. If I were to, on the other hand, offer to you my arm, ask that you follow me to some undisclosed location so that we may explore one another....then I would be out of line. If I had expressed these emotions of my momentary euphoria.... you'd have only searched for a sympathetic glance from a nearby stranger....your concerns to be validated. Who says what they feel these days? Only a crazy---that's who.

Can't we just talk to one another any more? Could I not just ask you to have a cup of coffee with me? How long do we have to know one another before I am allowed to speak with you? I'd ask you to answer these questions for me, as I have an inclination that you would know, but to do so, would be breaking the rules.

I couldn't stop thinking about you.....that missed connection. I could have had it.....had the rules been different. Rules allow me this.....this lonely, desperate call that may never be heard by the one I wish to hear it; perhaps only to be heard by some crazy, desperate slob with three cats and a longing for affection. She will reply to me, of this I am sure. She, convinced that she is the one to which I call---I should only be so lucky. But you, for who this is meant, will most likely be spending your time engaged in more meaningful activities, enticing others like me to waste away the time... much like you waste idle time swinging your arms, and twirling

stray strands of hair. A waste.

On second thought (if I am to apply logic to emotion), if I were to know you, I'm sure, I would find you dull, vain, and I would grow to hate that red, knitted hat of yours, this hat that is good for nothing more than to accentuate those sparkling blue eyes....those very same eyes I would one day, undoubtedly, see as being ordinarily grey... masquerading as hints of blue. Your color, to be nothing more than a nub of half-eaten crayon; crayon that was once new and shiny, nestled in among other various shades of color and description. Nothing extraordinary. And that long, blonde hair of yours-----I'd be sure to discover that you had dyed it so, and I would hate you for your lie.

Icing on the cake. For to know you would be to discover discrepancies....between what I thought you would be, and the person you actually are. I can see us now, in plain sight:

FIVE YEARS LATER: Mornings---once so fresh and young, have become nothing more than a dutiful repetition of sorts. The way in which you wake, once so exciting, to become expected and slightly irritating much like the chicken legs that are to beat me senseless as I try to catch a wink. And the children we will make. They'll turn out to be nothing more than little MEs and YOUs. Startling combinations, sure to inherit the best and worst of our characteristics. Sure, we'd love them and cuddle them well into adulthood, but for what? So that they may suffer through the mistakes of our pasts? No, I should think we should not be so selfish. But so we will be, as that is all we

## Yes or No to "No on One" Campaigners

BY MANDY RANCOURT  
Nor'easter Staff

Two weeks ago, in preparation for the November 4 election, signs and people made their way onto the University of New England's Biddeford Campus to campaign "No on 1." Question 1 on the ballot concerned the people's veto to overturn Maine's new same-sex marriage law. The campaigning, which occurred in front of Ketchum Library, was intended to persuade all persons involved with UNE, although especially students, to vote on one of the biggest issues on the ballot.

Ordinarily, United States citizens vote only in the state

that they have a permanent residence in. It is rare when a group of individuals gets to choose between two ballots, nearly no other demographic in the country has the choice, but that is the complex situation we UNE students find ourselves in.

Many undergraduate and medical students, as well as faculty and staff members, call the University of New England home. But while students spend the majority of their four college years living at school, they are still considered dependents under their parents. They may also still consider their permanent residence to be their home state or where their parents reside. Therefore,

undergraduate students are in a unique, legal state of uncertainty; we can claim residency in two states and choose which one to vote in. However, the opportunity to choose between voting in two states should not be taken advantage of.

Choosing which state to vote in during a particular year can be difficult. Do we care more about issues that affect the state we attend college in or the state we were raised in and our families still reside in? Once a state is chosen and the decision to actually vote is made, then a student must be registered in that state and make sure they are aware of Please see **Campaigners** on Page 10

## Local Business!!!

BY AARON MITCHELL  
Nor'easter Staff

A lot has been made of the relationship between our University and the people of Biddeford. Unfortunately, a large sum of what we here is negative. Students call Biddeford Biddo derisively, and the people of Biddeford have a tendency to see us as those college kids.

This situation is especially unfortunate when you consider how much our two communities have to offer one another. Whether it is work in health clinics, volunteer opportunities for citizenship classes, governmental offices for Political Science internships, or the rich history of what was once one of the most important Mill communities on the east coast, Biddeford and Saco are full to the brim with opportunities for those who seek them out.

The situation is happily improving. One sure sign of this is the patron-ship of the paper you are reading now. Many businesses seeking to reach University students have chosen to purchase advertisements in our paper. They see the potential in the University, but this is a two way street.

The fact of the matter is that Wal-Mart and Target are not buying ads, or supporting student events. The fact of the matter is that local businesses are the ones who have reached out and shown support for our University. It is time, I think, that we show some appreciation in return. These businesses are small

local operations, just the sort to provide a home-cooked meal to a home-sick college student. They provide pizza's for our parties and sandwiches for our clubs. These are the types of business that have shown their support. Now it is time to return the favor.

Biddeford is trying to build up the mills. They have filled them to the brim with galleries, apartments, coffee shops, pizza places and bars. Who frequents such places? College kids! If we do not turn out to support the mom-and-pop businesses which are trying to bring life back into the Biddeford downtown, how can we expect them to turn out for us?

I understand college students such as ourselves do not have much in the way of money. It is perfectly reasonable that we seek out the cheapest options. However, supporting local businesses is a positive feedback loop, the more we put in, the more we will get out. UNE students complain about how there is nothing to do in the area? The only way that will change is if we stand up and change it.

When you look at this paper and read the ads you should patronize these shops. They offer higher quality goods for almost the same price, they print coupons and have deals for college students, and to be frank, the better deals we give them, the better deals we will get. Support the local economy and they will support us.

## Health Care Debate

BY AARON MITCHELL  
Nor'easter Staff

As the Healthcare debate stretches into its nth month, we appear to be no closer to a genuine solution. The reality of the situation is that even if an agreement is reached, we will be no closer to a real solution. The reasons for this are as simple as they are apparent: our government has once again decided to treat the symptoms without treating the disease.

Over the course of the 20th century, and leading into these early moments of the 21st century, our government has instituted a series of social security programs. In each instance these programs have sought to alleviate some minor part of the grander issue of poverty in these United States. In every instance, however, it has acted as a cough syrup rather than a vaccine. Each new social institution which has been created is merely a band-aid

covering a bullet wound. The evidence for this is to be found in the very nature of the debates and the reasoning behind them. In the thirties many individuals were being turned out on the streets because of long periods of unemployment. The solution: unemployment insurance. In the thirties many people were unable to support themselves in their old age. The solution: social security. In recent times many people have been unable to afford healthcare. The solution: healthcare reform. In each of these instances a common thread can be found. What is the problem: people can't afford things, the solution: the lightest and most ineffective social security systems we can possibly implement.

The real problem is that the people are poor. The real problem is that we have it in our head that in order to remain competitive businesses must pay their employees as little as humanly possible. Please see **Healthcare** on Page 10

## Things I Wish I Knew as a First-Year

BY EMELINE EMERY  
Nor'easter Staff

As juniors, my friends and I have been learning the ins and outs of college the hard way for the past three years. I am currently in English Composition, which is composed of all freshmen, except me. On our first day of class my professor asked if I had any advice for the newly arrived students, and it got me thinking about all of the things I wish I knew back then. I have been the photo editor for the Nor'easter News for the past three years for two reasons: one, I am obsessed with photography; and two, writing does not come easily to me. I have decided to overcome my anxiety of writing (with some humor help from my roommate) to share some advice in each issue, in the hopes that someone will find it useful.

As nerdy and cliché as this sounds, pay attention in class. I am sure you have figured out that there is a big difference between living at home and at school. Besides moving from the comforts of your own room to shacking up with roommates in Padua's finest, you also go from the structure of living with your parents to what seems like at times, a spring break with your friends... except its 9 months long and your apparently expected to go to class. It's tempting to stay up to the crack of dawn posting "texts from last night" on your friends' walls, or harvesting your Farmville crops (don't act like you don't know what that means) simply because there's no one to tell you to go to bed anymore. Before you know it, you wake up to your alarm singing "Baby, are you down, down, down, down down," in your ear but all you want to do is lie back down. It's the worst feeling in the world to get to class and find your eyes drooping, your head nodding off, and the only place you want to be is in bed.

Although hanging out with your friends late into the night is a blast, getting enough sleep is really important too. Trust me, I do my fair share of staying up too late, but sometimes it's worth it to leave the party and go to sleep at a decent hour. You can still be social without staying up until 3 AM. Nobody is going to like you less and you're not going to miss out on all the fun for being responsible from time to time.

There are also the times that you think you're paying attention and you're taking all of the notes, but at the end of the class you realize that the only thing you actually understand on the page

Please see **Wish** on Page 10

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## Yes or No

Continued from page 10

and knowledgeable in the issues at hand. Only then can, and should, the ballot be casted.

The campaigning was hard to miss and it is doubtful that any person on UNE property was not aware at some point of the campaigners' presence. This was due to the rather aggressive approach that was taken. The determined and outgoing campaigners asked any passersby if they were going to vote and attempted to lure them in to give them information.

Campaigning to college students is a strategic move and I agree that college students need to be a part of voting, but I feel that a more passive attempt to get attention and connect with passersby should be made in the future.

Remember back in high school when we all lived with our parents? Imagine waking up in the morning and walking out the door to go to school or work and seeing campaigners camped outside your home every day to bombard you with information, suggestions, and questions. Imagine how uncomfortable or annoyed you might feel. This is the equivalent of what the "No on 1" campaigners have done at the University of New England.

Keeping the right for homosexuals to marry may be a good cause, but not being able to walk outside of your home and go to a meal, work or class without being bothered is an unnecessary hassle. It makes students feel uncomfortable and can even make them dread walking by. Students were asked to speak with them all day long for what seemed like

weeks, sometimes numerous times a day. Various attempts to escape the campaigners were made; some students pretended to be on the phone, some walked fast and ignored them, others walked all the way around to hide from them, and others lied, although some did talk to them.

Question 1 is not the only question in the election so to vote just because of the "No on 1" campaigners would be unfair. Same-sex marriage may have been the only issue campaigned at UNE, but there are many other issues that matter that cannot be forgotten in the attempt to vote only on Question 1.

The privilege to vote in an election should not be taken lightly because each individual vote has an effect on the overall outcome of the election. While voting is important, making uninformed decisions on local or national ballot issues is anything but productive. The campaigning pressured students to vote, but if they won't vote unless they are talked into it or constantly reminded about doing it, then chances are students won't know enough about the issues at hand to vote responsibly and informatively.

After all the campaigning, voting, and tallying, same sex marriage was made illegal in Maine. I wonder how much of an impact the "No on 1" campaigners had on the results. If they hadn't come to the University of New England, would the outcome of the election have been different? Obviously, the campaigning didn't bring in enough votes to keep same-sex marriage legal, so was being hassled worth it? I'll let you decide.

## Love Story

Continued from page 10

have left. It's science.

TEN YEARS LATER: If we are to make it this far.....

TWENTY YEARS LATER: Conversations to be all the same. Stories, have been told---time and time again. I wear you down.....just as you do to me. I'd like to be home for dinner---it's spaghetti night Tuesday---but a cup of coffee would do just as well. But you don't want me there either---you are secretly searching for a shiny new, missed connection. The kids call---they want more money. Give it to them. What more can we offer? Send them a postcard of the trip we never took, of the times we thought we'd have. For better or worse, I'll suffer through, only because with anyone else, it would feel the same in the end.

FORTY YEARS OF BLISS: To seduce me with a hat, that was just plain rude. You were much better as a smile. As a useless hat. As a fleeting moment. What we

could have been doesn't quite compare to what we have had. I can only hope that you will be so kind as to feign love as I move through a harrowing end. Let us not fool ourselves into thinking that this pairing up, that humans do, is of any use.

\*\*\*\*A concluding note: Perhaps I am just bitter. Not that I claim to be knowledgeable on matters of modern love and romance. You might think I have been unlucky, but you would be mistaken. I am where you are; only that I dare to explore the other side of it all. As the days pass, experience tells of a pattern that leads to an inevitable conclusion---maybe just as the fictitious account as previously described. There is, arguably, no room for love in these modern times as the worldly circumstance of civilization, as we live it, has murdered such illusions. If you happen to find it (whatever that IT might be), be sure to contact me twenty/thirty years from now, and rub it in my face. I'll be waiting.

## Debate

Continued from page 11

possible, while the men at the top make 500 times the day workers salary. It is a system of repeated and inconceivable greed which continually throws society into shocks and panics.

The solution is not to be found in Communism, or in Capitalism, or in any other ism. The solution is to be found in genuinely attempting to solve the problems of the day, and genuinely trying to alleviate the intense social inequities which grow each year within this country. By instituting better and more comprehensive social security programs, while simultaneously creating laws to protect the worker, whether his collar is blue or white, we will be able to genuinely create the society which has been promised to so many Americans for so many generations. By ensuring that those who work hard and smart are paid for their expertise, while also ensuring that everyone in this country makes a living wage, we can protect the spirit of healthy competition which has for so long been part of our national character, while avoiding the tremendous inequities of the current system.

The debates of today are clever dodges, the issues brought up subtle feints, ways of appearing to be different while promoting the same ends. Should we have a nationalized healthcare system? Yes, but we must be careful not to confuse the steps in the right direction as the ends.

## Voices in the Crowd

BY BRANDON HOTHAM  
Nor'easter Staff

"What do you think of Thanksgiving?"

## WHAT IS IT?



The answer to this month's *What is it* will appear in next month's paper.

## Wish

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is that doodle of a snowman

in the corner. When the teacher asks a question, you realize others know the answer and you have no clue what he or she is talking about. Paying attention doesn't just mean listening to the words, writing them down and trying your hardest not to think about how late Tammy's egg line will be open. The "gibberish" that is coming out of the teacher's mouth is probably supposed to mean something and is most likely going to show up again, perhaps next time on a Scantron when it actually counts toward your grade. Challenge yourself to participate in discussions, process the information and ask questions...it's called active listening. If you are in a big class and you don't feel comfortable raising your hand, make a list of the specific things you need help with or star the information you don't

understand so that you can ask the teacher, a friend or the LAC later to explain it later.

You will honestly get so much more out of a class if you pay attention. The more you learn in class, the less work you have to do outside of class. Letting yourself zone out can be okay sometimes but the more you let it happen, the more confused you will be when you have to write a paper or take a test. Instead of thinking about how good looking the person next to you is or skipping class altogether and trying to teach it to yourself later, learn as much as you can from the professor in the first place. This may seem like common sense, but you'd be surprised how many upperclassmen still pretend to pay attention and then complain about their grades later. You or somebody else is paying a lot of money for you to take these classes, so make the most of them and your grades will improve.



Chase Sheaff

"I think people should keep the spirit of the holiday throughout the whole year."



Ashley Taylor

"I think it is good because it brings families together."



Eric Pepin

"I love the food and being with family!"