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Madan, Christopher R. and Kensinger, Elizabeth A.
(2016) Cortical complexity as a measure of age-related
brain atrophy. *NeuroImage*, 134 . pp. 617-629. ISSN
1095-9572

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Running head: Cortical complexity from fractal dimensionality

Cortical complexity as a measure of age-related brain atrophy

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26

Abstract

27 The structure of the human brain changes in a variety of ways as we age. While a sizeable
28 literature has examined age-related differences in cortical thickness, and to a lesser
29 degree, gyrification, here we examined differences in cortical complexity, as indexed by
30 fractal dimensionality in a sample of over 400 individuals across the adult lifespan. While
31 prior studies have shown differences in fractal dimensionality between patient
32 populations and age-matched, healthy controls, it is unclear how well this measure would
33 relate to age-related cortical atrophy. Initially computing a single measure for the entire
34 cortical ribbon, i.e., unparcellated gray matter, we found fractal dimensionality to be
35 more sensitive to age-related differences than either cortical thickness or gyrification
36 index. We additionally observed regional differences in age-related atrophy between the
37 three measures, suggesting that they may index distinct differences in cortical structure.
38 We also provide a freely available MATLAB toolbox for calculating fractal
39 dimensionality.

40

41 Keywords:

42 cortical structure; fractal dimensionality; age; atrophy; cortical thickness; gyrification

43

Introduction

44 As we age, the structure of our brain changes in numerous ways, ranging from vascularization to
45 cellular (Kemper, 1994; Raz & Rodrigue, 2006; Wiśniewski & Terry, 1973). Age-related brain
46 atrophy can be readily measured in vivo using magnetic resonance imaging (MRI). Many earlier
47 studies have observed age-related differences in gray matter volume (e.g., Coffey et al., 1992; Ge
48 et al., 2002; Jernigan et al., 1991; Passe et al., 1997; Raz et al., 1997; Resnick et al., 2000, 2003;
49 Steiner et al., 1985). However, more recent studies have demonstrated that, in cortical regions,
50 inter-individual differences in gray matter volume are more closely related to differences in
51 cortical thickness, rather than surface area (Barnes et al., 2010; Hutton et al., 2009; McKay et al.,
52 2014; Storsve et al., 2014; Winkler et al., 2010). Converging with this, differences in cortical
53 thickness have been shown to be related to aging, while inter-individual differences in surface
54 area have been more strongly influenced by sex differences (Barnes et al., 2010; Fjell et al.,
55 2009a, 2009b; Herron et al., 2015; Hogstrom et al., 2013; Hutton et al., 2009; McKay et al.,
56 2014; Salat et al., 2004; Sowell et al., 2007; Storve et al., 2014; Thambisetty et al., 2010). These
57 studies make clear that different metrics of gray matter will have different sensitivities in
58 detecting age-related differences. With the increased focus on relatively short-term longitudinal
59 studies (e.g., to assess the effects of behavioural interventions, such as exercise and meditation,
60 on brain morphology; see Hayes et al., 2014; Tang et al., 2015), it is useful to have additional
61 metrics of cortical structure that are sensitive to age-related differences.

62 Here we considered how age affects cortical structure by using both cortical thickness
63 and another metric, cortical complexity, measured using calculations originally designed to
64 quantify the structure of fractals. Prior studies have demonstrated that cortical complexity is
65 related to cognitive performance (Im et al., 2006; Mustafa et al., 2012; Sandu et al., 2014) and
66 differs between several neurological patient populations relative to healthy controls (e.g.,

67 Alzheimer's disease: King et al., 2009, 2010; schizophrenia: Sandu et al., 2008; Nenadic et al.,
68 2014; Yotter et al., 2011; multiple sclerosis: Esteban et al., 2009; frontal lobe epilepsy: Cook et
69 al., 1995; multiple system atrophy: Wu et al., 2010; William's syndrome: Thompson et al.,
70 2005). Here we investigated age-related differences in fractal dimensionality of the cortical
71 ribbon and parcellated regions of cortex in a large sample of adults across the lifespan, using
72 structural images obtained from an open-access dataset. To conduct these analyses, we
73 developed a MATLAB toolbox designed to use intermediate files produced in a standard
74 FreeSurfer analysis, which we now freely distribute (see Supplemental Materials).

75 Complex natural structures can be difficult to quantify. While fractal dimensionality
76 analyses were initially developed for use with fractals, they were found to be useful in
77 quantifying the complexity of 'natural' structures, such as the complexity of continental
78 coastlines (Mandelbrot, 1967). Fractal dimensionality analyses have been shown to be useful in
79 quantifying the natural complexity of the brain across multiple scales, ranging from molecular to
80 whole brain (see Di Ieva et al., 2014, 2015, for comprehensive discussions). In these MRI
81 studies, researchers specifically sought to use fractal dimensionality analyses to quantify the
82 convoluted properties of the cortex (Cook et al., 1995; Free et al., 1996; Kiselev et al., 2003;
83 Luders et al., 2004; Thompson et al., 1996). Recent studies have used fractal dimensionality to
84 assess age-related differences in white matter morphology (Farahibozorg et al., 2015; Zhang et
85 al., 2007). Im et al. (2006) found that whole-brain mean cortical thickness and fractal
86 dimensionality shared approximately 50% of the variance (i.e., r^2 ; also see King et al., 2010),
87 suggesting that fractal dimensionality may relate to age-related brain atrophy, but also may be
88 sensitive to other differences in gray matter structure that are not indexed by cortical thickness.

89 Prior research has demonstrated that in addition to cortical thickness, fractal
90 dimensionality co-varies with gyrification (King et al., 2009, 2010). As such, we additionally

91 examined age-related differences in gyrification index as a comparison. Briefly, the gyrification
92 index measures the amount of cortical folding in a region of the brain. Gyrification index is
93 calculated by estimating a smooth surface contour that wraps around the pial surface, where the
94 gyrification index is the ratio of a regional surface area for the pial surface to this smoothed outer
95 surface (i.e., a convex hull; for an illustration, see Figure 3 of Mietchen & Gaser, 2009, or Figure
96 2 of Toro et al., 2008; also see Kochunov et al., 2012). Though age-related differences in
97 gyrification have not been studied as extensively as those in relation to cortical thickness,
98 Hogstrom et al. (2013) found clear evidence for age-related reductions in gyrification (also see
99 Rogers et al., 2010), and that these differences were not correlated with decreases in cortical
100 thickness, which they also observed. Thus, one of our aims was also to examine the relationship
101 between fractal dimensionality, cortical thickness, and gyrification index, within a large sample
102 of healthy adults across the lifespan.

103 Here we examined age-related differences in whole-brain and lobe-wise estimates of
104 cortical complexity, as indexed by fractal dimensionality, in a sample of over 400 individuals
105 across the adult lifespan. These results were compared with similar analyses testing for age-
106 related differences in cortical thickness and gyrification index, as well as the relationship
107 between these more established measures and fractal dimensionality. Finally, we used a
108 multivariate regression approach to directly compare these different measures of cortical
109 morphology, and used regression models that included predictors from each of the three
110 measures. We found fractal dimensionality to be more sensitive to age-related differences than
111 either thickness or gyrification; we also observed regional differences in age-related atrophy
112 depending on which cortical measure was used, suggesting that each measure may index distinct
113 differences in cortical structure. We also provide a freely available MATLAB toolbox for

114 calculating fractal dimensionality, using intermediate files generated as part of the standard
115 FreeSurfer analysis pipeline, and present benchmark analysis demonstrating its functionality.

116

117 **Procedure**

118 *Dataset*

119 All MRI data was drawn from the IXI (“Information eXtraction from Images”) dataset, a
120 collection of structural MRIs from 581 healthy adults across the lifespan (20-86 years old). The
121 IXI dataset was collected in 2005-2006 from three sites in the UK (each with a different scanner
122 system) and includes T₁, T₂, DTI, PD, and MRA images. Here we only used the T₁-weighted
123 structural images (apart from when calculating intracranial volume). The dataset is freely
124 available from: <http://brain-development.org/ixi-dataset/>. The IXI dataset has been used in
125 numerous studies investigating structural properties of the brain and related differences due to
126 healthy aging (e.g., Ardekani & Bachman, 2009; Franke et al., 2010; Ganzetti et al., 2014;
127 Koutsouleris et al., 2014; Robinson et al., 2010; Ziegler et al., 2012). Unfortunately, the criteria
128 used to assess that these individuals were healthy adults without any neurological or psychiatric
129 disorders is not provided.

130 Of these 581 adults for which there was imaging data in the IXI dataset, the analyses
131 reported here are based on a sample of 427 individuals. Individuals were excluded based on three
132 criteria: age not available ($N=18$), or if the gyrification index analyses failed to determine a
133 suitable convex-hull surface for at least one hemisphere ($N=6$), or if the surface reconstruction
134 failed visual inspection¹ (an additional $N=130$). The full list of IDs for the individuals included in

¹ These surface reconstruction errors are likely related to the images having insufficient signal intensity to differentiate gray matter from surrounding tissue and CSF, a problem that has been shown to be related to age (Salat et al., 2009). FD estimates would likely have been under-

135 the analyses are listed in the appendix. Examples of surfaces that failed the visual inspection are
136 shown in Figure A3.

137 Demographics (for the individuals that were included in the analyses) and scan
138 parameters for the data from each of the sites are as follows. From the Guy's Hospital sample
139 (Philips 1.5T), data was used from 251 individuals (147 female), with ages ranging from 20-86.
140 Scan parameters for the T₁ volumes were: TR: 9.8 ms; TE: 4.6 ms; phase encoding steps: 192;
141 echo train length: 0; reconstruction diameter: 240 mm; flip angle: 8°. From the Hammersmith
142 Hospital sample (Philips 3T), data was used from 129 individuals (81 female), with ages from
143 20-81. Scan parameters for the T₁ volumes were: TR: 9.6 ms; TE: 4.6 ms; phase encoding steps:
144 208; echo train length: 208; reconstruction diameter: 240 mm; flip angle: 8°. From the Institute
145 of Psychiatry sample (General Electric 1.5T), data was used from 47 individuals (32 female),
146 with ages from 21-78. Scan parameters for the volumes collected at this site are not available.

147

148 *Preprocessing of the Structural Data*

149 Prior to the fractal dimensionality analyses, the structural MRIs for all 581 scan volumes was
150 processed using FreeSurfer 5.3.0 on a machine running CentOS 6.6 (Fischl, 2012; Fischl & Dale,
151 2000; Fischl et al., 2002). FreeSurfer's standard pipeline was used (i.e., `recon-all`) and no
152 manual edits were made to the surface models. As is typically done, gray matter was defined by
153 segmenting the anatomical volume to determine the white matter surface (white-gray interface)
154 and the pial surface (gray-cerebrospinal fluid [CSF] interface).

155 Gyrification index was calculated using FreeSurfer, as described in Schaer et al. (2012).

156 Briefly, gyrification index is calculated by estimating a smooth surface contour that wraps

estimated for these individuals, and would have potentially led to over-estimation of age-related
differences in FD.

157 around the pial surface, where the gyrification index is the ratio of a regional surface area for the
 158 pial surface to this smoothed outer surface (i.e., a convex hull).

159

160 *Calculating Fractal Dimensionality*

161 In fractal geometry, several approaches have been proposed to quantify the ‘dimensionality’ or
 162 complexity of a fractal. The approach here calculates the Minkowski–Bouligand dimension,
 163 which in most cases is also equivalent to the Hausdorff dimension (see Mandelbrot, 1967).
 164 Several algorithms have been proposed for calculating this dimensionality measure (see
 165 Fernandez & Jelinek, 2001), two of which have been implemented in the toolbox we developed
 166 for these analyses: the box-counting algorithm and the dilation algorithm.

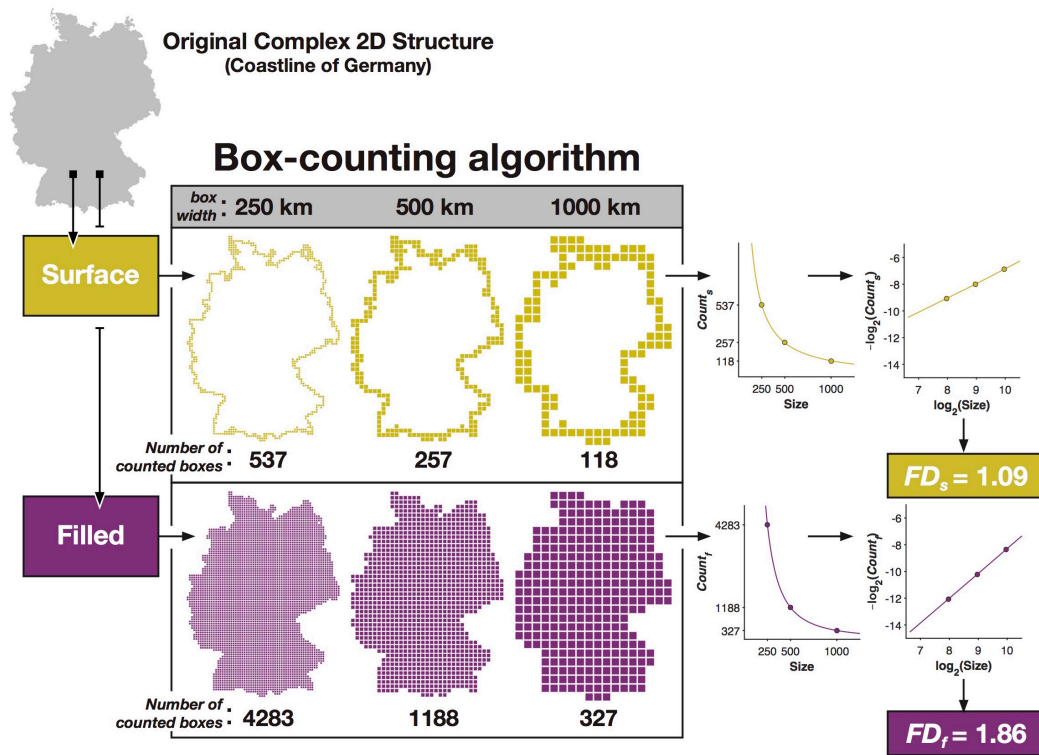
167 The box-counting algorithm (Caserta et al., 1995; Mandelbrot, 1982) involves
 168 considering the 3D structure within a fixed grid, and counting how many grid ‘boxes’ (i.e.,
 169 voxels) contain portions of the surface of the structure (Figure A2). The size of the grid is then
 170 increased, and the number of filled boxes is counted again. By using multiple box sizes and
 171 obtaining their respective counts, a relationship can be determined, which is related to the
 172 complexity of the structure. These two values will follow a power-law relationship, and the
 173 exponent will relate to the structure’s complexity, as illustrated in Figures 1 and 2B. Re-plotting
 174 the box size and related counts in log-log space and taking the additive inverse of the slope
 175 produces the fractal dimensionality of the structure. Thus, the corresponding equation is:

$$FD_f = -\frac{\Delta \log_2(\text{Count})}{\Delta \log_2(\text{Size})}$$

176

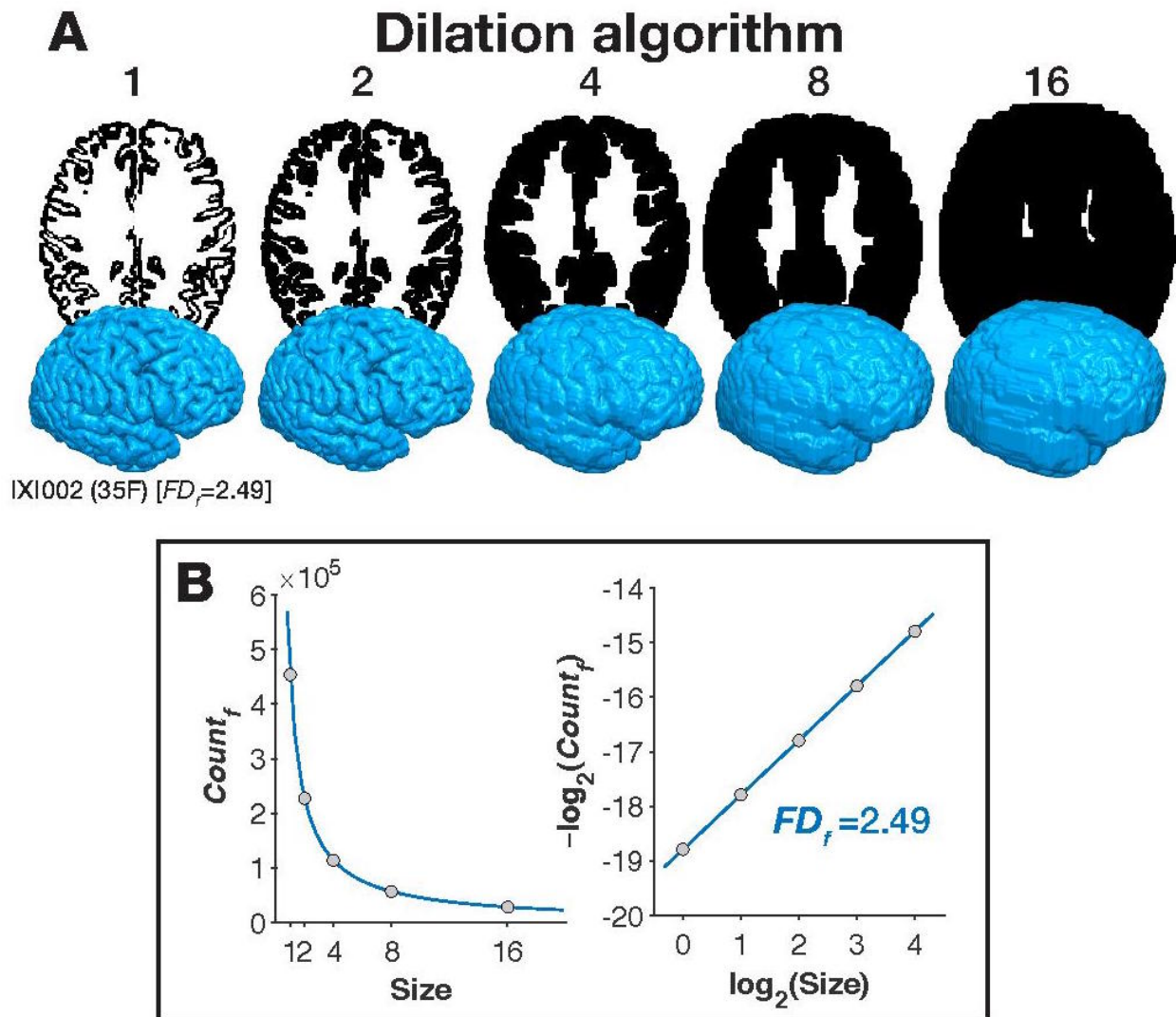
177 Note, the box-counting method is similar to the line-segment method originally proposed to
 178 describe the complexity of intricate two-dimensional shapes (coastlines) (see Mandelbrot, 1967).

179 In Figure 1 we illustrate the procedure for calculating the fractal dimensionality of a
 180 complex 2D structure, here the coastline of Germany. Using the box-counting method, we
 181 determined the number of boxes that would fit the edge ('surface') of the structure using various
 182 sizes of boxes. Plotting the relationship between the number of counted boxes and the size of the
 183 boxes follows a power-law relationship, but re-plotting the values in log-log space yields a
 184 straight line. The slope of this line is the fractal dimensionality of the structure. Figure 1 shows
 185 that this procedure can be used for either the edge/'surface' of the complex structure, which we
 186 refer to as FD_s , or can be calculated including the 'filled' space within the structure, which we
 187 refer to as FD_f .
 188



189
 190 **Figure 1. Illustration of how fractal dimensionality is measured from a 2D structure.**

191



192

193 **Figure 2. Illustration of how fractal dimensionality is measured from a 3D structure.** Panel
 194 A shows the filled boxes that are counted at each box size (corresponding to FD_f), shown as axial
 195 slices from the middle of the brain and as 3D surface volumes, for the dilation algorithm. Panel
 196 B plots the number of counted, filled boxes at each box size (left), and re-plotted in log-log
 197 space. The fractal dimensionality is the slope of the line in log-log space. All brain images are
 198 shown from IXI002, 35 year-old female, from the IXI dataset. 3D surfaces are rendered using the
 199 pipeline described in Madan (2015).

200

201 Most prior studies of cortical complexity have used the box-counting algorithm (e.g., Im
 202 et al., 2006; King et al., 2009, 2010; Thompson et al., 1996). Here we also implemented the

203 dilation algorithm, where each box/voxel is replaced with a cube of a given box size (i.e.,
204 ‘dilated’). This was implemented using a 3D-convolution operation (`convn` in MATLAB).
205 Although prior studies have implemented dilation using spheres (e.g., Fernandez & Jelinek,
206 2001; Free et al., 1996), we used a cube here as this makes the dilation algorithm a more precise
207 version of the box-counting algorithm. Specifically, whereas the box-counting algorithm usually
208 uses a fixed grid scan to count if the boxes are filled or not, using the dilation algorithm with a
209 cube is functionally identical to computing the box-counting algorithm using a sliding grid scan
210 (i.e., if the grid was shifted in alignment with the structure, and the average of all shifted counts
211 was taken, see Figure 2A). While a sliding grid space has been used previously (e.g., Goñi et al.,
212 2013), the 3D-convolution operation but can be calculated much faster as it is less
213 computationally demanding.

214 Here we used box sizes (in mm) corresponding to powers of 2 (e.g., de Souza & Pires
215 Rostirolla, 2011; Fernandez & Jelinek, 2001; Hou et al., 1990), ranging from 0 to 4 (i.e., 2^k [$k =$
216 0, 1, 2, 3, 4] = 1, 2, 4, 8, 16 mm). For illustrative purposes, Figures 2 and A2 show the steps for
217 each of the algorithms for the first participant in the IXI dataset, where the filled volume is
218 counted (FD_f), rather than just the surface (described further below). Figure 2A shows axial
219 slices from the middle of the brain (i.e., the middle slice in native space), corresponding to the
220 dilation algorithm at the box sizes we considered here. The 3D volumes corresponding to each
221 level box size are also shown in Figure 2A. As described earlier, FD is calculated based on the
222 number of boxes (voxels) that are filled at each box size. As shown in the left panel of Figure
223 2B, as box size increases, this value decreases as volume of each box can contain more of the
224 structure. After taking the log of both the box size and counting the boxes filled, we obtain the
225 fractal dimensionality.

226 To ensure that our obtained fractal dimensionality values were valid, we computed the
227 dimensionality of a set of benchmark volumes, i.e., simulated phantoms. The details of these
228 benchmark analyses are reported in the Appendix. In these analyses we also found that the
229 dilation algorithm yielded slightly more robust fractal dimensionality values; thus, all of the
230 fractal dimensionality results reported here were calculated using the dilation algorithm.

231

232 *Relationship with Intracranial Volume*

233 Mathematically, fractal dimensionality (FD) is scale-invariant and should not be related to
234 intracranial volume (ICV); it is possible, however, that biological constraints may cause FD and
235 ICV to be correlated, e.g., smaller ICV space results in a relative increase in cortical complexity.
236 Here we sought to determine if FD is correlated with ICV, such that we can appropriately control
237 for this relationship, if it exists. We estimated ICV using FreeSurfer (Buckner et al., 2004),
238 which has been shown to correspond well with manual tracing (Sargolzaei et al., 2015). ICV was
239 only weakly related to age differences [$r(416) = -.190, p < .001$], though was found to be
240 correlated with sex [$r(416) = -.572, p < .001$].

241 Analyses indicated that ICV correlated only weakly with either measure of fractal
242 dimensionality of the cortical ribbon [$ICV \leftrightarrow FD_s: r(425) = .213, p < .001$; $ICV \leftrightarrow FD_f: r(425)$
243 $= .178, p < .001$]. These relationships were not affected by additionally controlling for effects of
244 sex and site [$ICV \leftrightarrow FD_s: r_p(420) = .194, p < .001$; $ICV \leftrightarrow FD_f: r_p(420) = .167, p < .001$]. As such, it
245 does not appear that ICV and FD are meaningfully related.

246

247 *Data Analysis*

248 Previous studies have observed sex differences in cortical thickness (e.g., Herron et al., 2015;
249 Sowell et al., 2007) and fractal dimensionality (Luders et al., 2004), but not gyrification

250 (Hogstrom et al., 2013). Additionally, it is likely that scanning the same individual at a different
251 scanner site would yield differences in estimates of brain morphology (e.g., see Dickerson et al.,
252 2008; Han et al., 2006; Iscan et al., 2015; Jovicich et al., 2013). As such, all of the correlations
253 reported were conducted as partial correlations, controlling for effects of sex and site.

254

255

Results

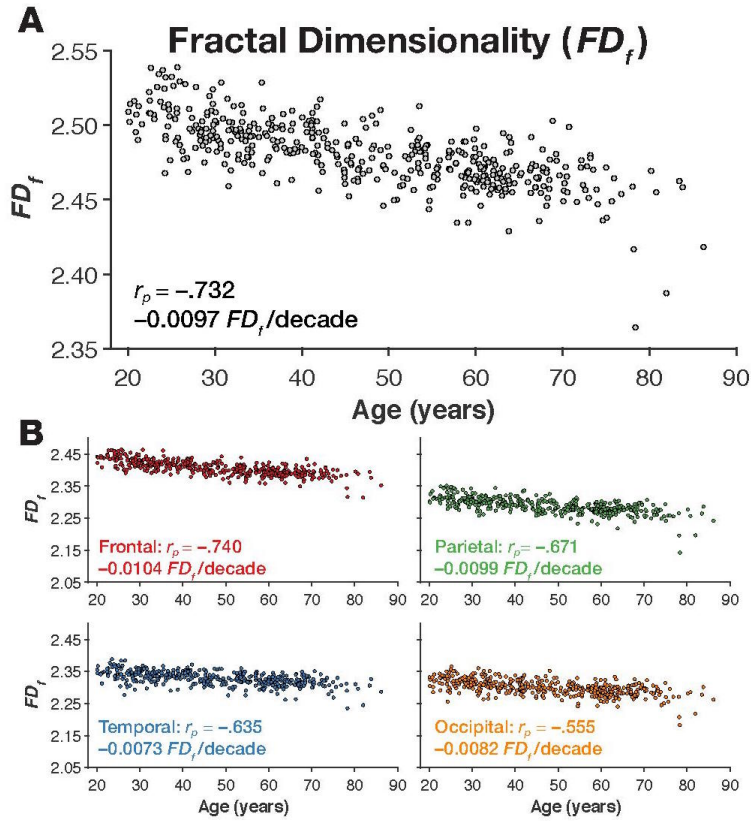
256 *Cortical Ribbon*

257 We first examined correlations between the individuals' age and the complexity of the cortical
258 ribbon, i.e., unparcellated gray matter. In FreeSurfer, the cortical ribbon is output as an
259 intermediate file during the analyses (`ribbon.mgz`).

260

261 **Cortical complexity.** As shown in Figure 3A, cortical complexity, as quantified as the fractal
262 dimensionality of the filled volume (FD_f) robustly decreased as a function of age [$\text{age} \leftrightarrow FD_f$:
263 $r_p(425) = -.732, p < .001$]. Convergent with prior findings (King et al., 2010), the relationship was
264 weaker when we instead used the fractal dimensionality of the surface (FD_s) [$\text{age} \leftrightarrow FD_s$: $r_p(425)$
265 $= -.719, p < .001$]. Nonetheless, the two fractal dimensionality measures were highly correlated
266 [$FD_f \leftrightarrow FD_s$: $r_p(425) = .982, p < .001$]. Figure 4 shows the cortical surface for individuals with the
267 high and low FD_f values. By comparing these sets of cortical surfaces, it is qualitatively
268 observable that these differ in cortical complexity. The surfaces for these individuals are
269 viewable in an online interactive viewer at: <http://brain3d.cmadan.com/IXI-FD/>.

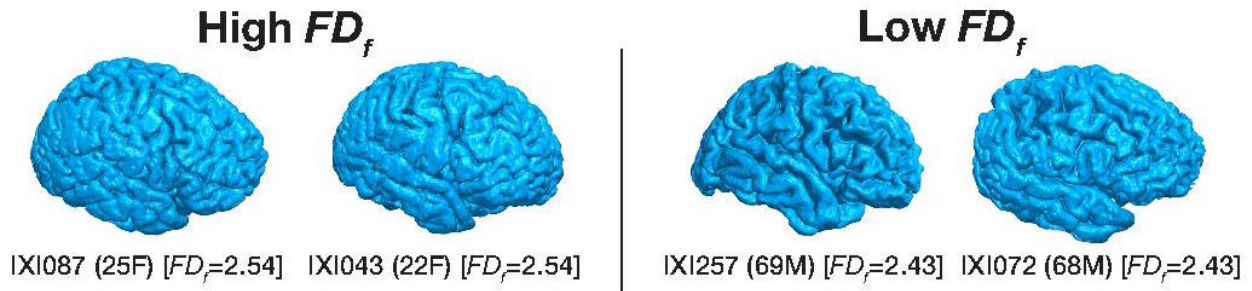
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271

272 **Figure 3. Fractal dimensionality (FD_f) for the individuals in the IXI dataset.** Panel A shows
 273 the scatter plot of age and FD_f for the cortical ribbon, along with the correlation and slope.
 274 Scatter plots of age and FD_f for each lobe, are shown in panel B, along with the respective
 275 correlations and slopes.

276



277

278 **Figure 4. Cortical surfaces for individuals with high and low FD_f values, along with their**
 279 **demographic information.** Surfaces for these individuals also viewable in an online interactive
 280 viewer at: <http://brain3d.cmadan.com/IXI-FD/>.

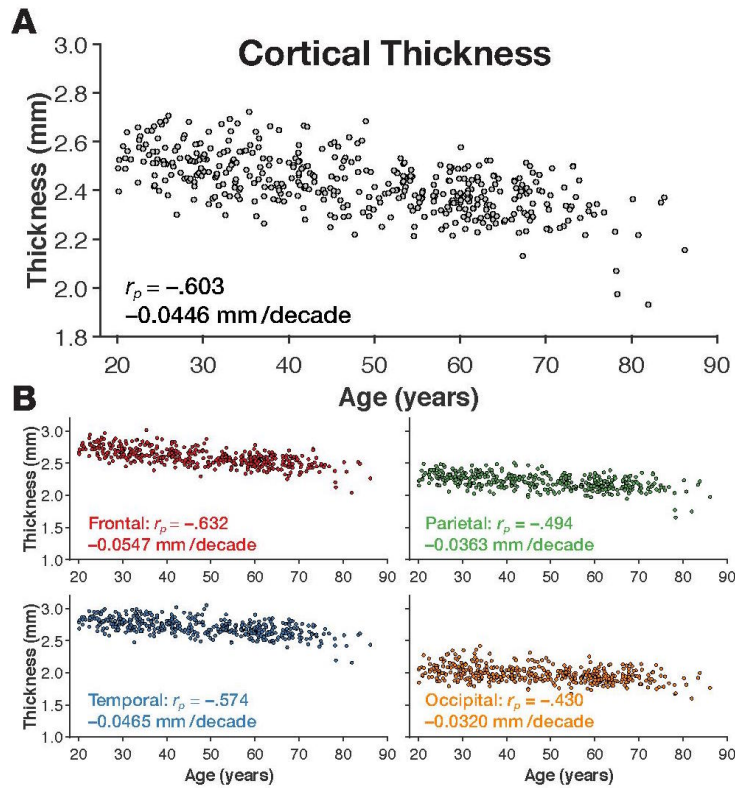
281

282 **Other cortical measures.** For comparison, we calculated the relationship between whole-brain
 283 mean cortical thickness and gyrification index. Cortical thickness estimates were calculated as
 284 the average of the distance from the white matter surface to the closest possible point on the pial
 285 surface, as calculated using the standard FreeSurfer pipeline. Using the output from FreeSurfer
 286 for each hemisphere, we averaged the mean cortical thickness for each hemisphere as a weighted
 287 average, accounting for hemispheric differences in surface area, yielding an estimate of whole-
 288 brain mean cortical thickness; a similar procedure was used to estimate whole-brain gyrification
 289 index.

290 As expected, both whole-brain mean cortical thickness and gyrification index decreased
 291 with age [age \leftrightarrow CT: $r_p(425) = -.603, p < .001$; age \leftrightarrow GI: $r_p(425) = -.494, p < .001$] (Figures 5A and
 292 6A), however, both of these relationships were qualitatively weaker than that found with fractal
 293 dimensionality of the filled volume. Nonetheless, cortical thickness and gyrification index were
 294 only weakly with each other, suggesting that the two cortical measures quantified unique sources
 295 of inter-individual variability [CT \leftrightarrow GI: $r_p(425) = .228, p < .001$].

296 Next, we quantitatively evaluated how the two extant measures related to fractal
 297 dimensionality. While mean cortical thickness was strongly correlated with both measures of
 298 fractal dimensionality, it was more strongly correlated with the fractal dimensionality of the
 299 filled volume than of the surface [CT \leftrightarrow FD_f: $r_p(425) = .865, p < .001$; CT \leftrightarrow FD_s: $r_p(425) = .783,$
 300 $p < .001$]. Conceptually, the main difference between the two measures of fractal dimensionality
 301 is that FD_f more directly incorporates the volume of the gray matter, suggesting that FD_f captures
 302 more of the inter-individual variability in cortical volume and thickness than FD_s. To test this
 303 relationship further, we tested if FD_f captured age-related variability above that explained by
 304 mean cortical thickness, and vice versa. Using partial correlations, we found that FD_f

305 significantly decreased with age, even after accounting for mean cortical thickness [$r_p(424) = -$
 306 $.525, p < .001$]. Mean cortical thickness did not decrease with age, above what could be explained
 307 by FD_f [$r_p(425) = .087, p = .075$]. However, despite both partial correlations being significant,
 308 these results suggest that FD_f is a more sensitive quantitative measure of age-related brain
 309 atrophy than whole-brain mean cortical thickness.



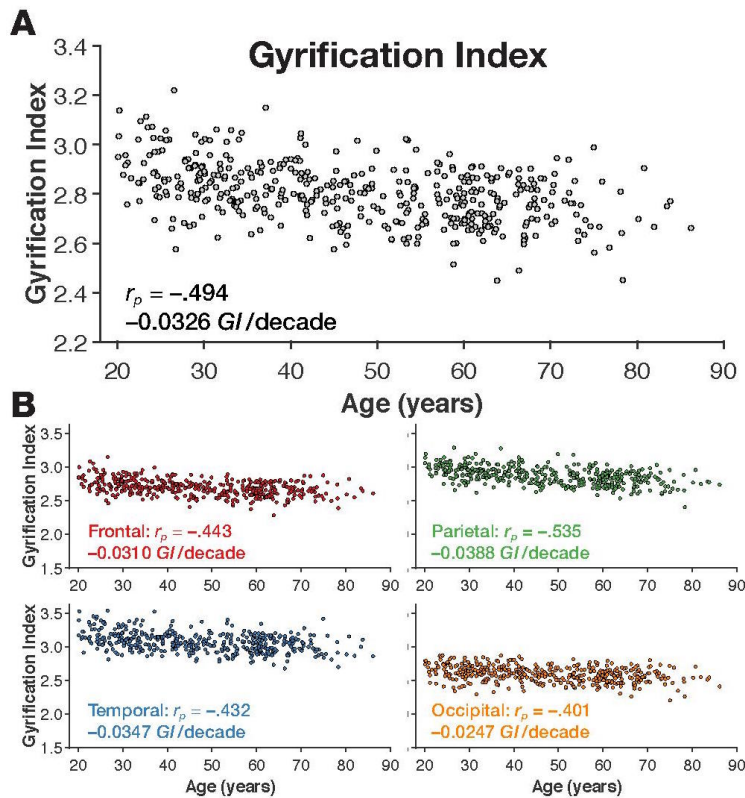
310

311 **Figure 5. Mean cortical thickness for the individuals in the IXI dataset.** Panel A shows the
 312 scatter plot of age and whole-brain mean cortical thickness, along with the correlation and slope.
 313 Scatter plots of age and mean cortical thickness for each lobe, are shown in panel B, along with
 314 the respective correlations and slopes.

315

316 Gyrfication index was strongly correlated with both measures of fractal dimensionality
 317 [$GI \leftrightarrow FD_f: r_p(425) = .626, p < .001$; $GI \leftrightarrow FD_s: r_p(425) = .702, p < .001$]. Using partial correlations,
 318 we found that FD_f was still strongly correlated with age, even after accounting for the

319 gyrification index [$r_p(424) = -.623, p < .001$]. In contrast, gyrification index was not correlated
 320 with age, above what could be explained by FD_f [$r_p(424) = -.066, p = .17$]. Thus, whole-brain
 321 fractal dimensionality appears to better quantify age-related cortical atrophy than either whole-
 322 brain cortical thickness or gyrification index.
 323



324

325 **Figure 6. Gyrification index for the individuals in the IXI dataset.** Panel A shows the scatter
 326 plot of age and whole-brain gyrification index, along with the correlation and slope. Scatter plots
 327 of age and mean gyrification index for each lobe, are shown in panel B, along with the respective
 328 correlations and slopes.

329

330 Comparing our results with those in the extant literature, in a sample of 70 individuals
 331 (35 Alzheimer's patients and 35 age-matched healthy controls), King et al. (2010) found the
 332 correlations between fractal dimensionality of the cortical ribbon (i.e., filled volume) and cortical

333 thickness and gyrification index to be $r=.832$ and $r=.555$, respectively. In a sample of over 400
334 healthy adults across the lifespan, here we found these same correlations for cortical thickness
335 and gyrification index to be $r_p=.863$ and $r_p=.626$, respectively. Thus, our calculations relating
336 fractal dimensionality to other cortical measures appear to be in-line with prior findings, but also
337 demonstrate that fractal dimensionality is more sensitive to age-related differences in brain
338 morphology than either cortical thickness or gyrification index. The relatively weak correlation
339 between thickness and gyrification also corresponds well to King et al.'s results, $r=.184$, whereas
340 we found this relationship to be $r_p=.228$.

341

342 *Regional Complexity*

343 It is well known that age-related cortical atrophy, as measured by cortical thickness, does not
344 occur homogenously across the cortical surface. Recent cross-sectional and longitudinal studies
345 that investigated age-related differences in cortical thickness have found that the two lobes most
346 affected are the frontal and temporal lobes, while the occipital lobe is the least affected (e.g.,
347 Fjell et al., 2009a, 2009b; Hogstrom et al., 2013; Hutton et al., 2009; Salat et al., 2004; Sowell et
348 al., 2003)². Yet, the regional heterogeneity in age-related differences may vary depending on the
349 metric used. For instance, Hogstrom et al. (2013) found that while frontal and temporal lobes
350 were most correlated with age when cortical thickness was measured, the parietal lobe was most
351 correlated with age when gyrification index was used. Here, we compared the effect of age on
352 cortical complexity, cortical thickness, and gyrification index for each lobe.

353

² However, some longitudinal studies suggest that the frontal and parietal lobes are the most affected by aging (e.g., Crivello et al., 2014; Resneck et al., 2003; Thambisetty et al., 2010).

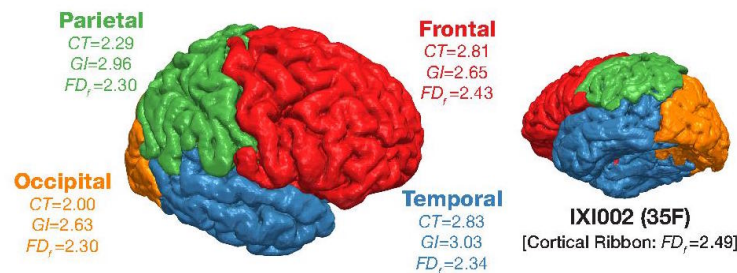
354 **Cortical complexity.** We calculated the fractal dimensionality of parcellations of gray matter
 355 corresponding to each lobe. This was done by using the Desteriux et al. (2010) parcellation
 356 protocol, built into the standard FreeSurfer pipeline (`aparc.a2009s+aseg.mgz`), where each
 357 of the 148 parcellated regions were dummy-coded by lobe. The provided MATLAB toolbox is
 358 designed to group together parcellated regions assigned the same dummy-coded label into a
 359 binarized volume prior to calculating the fractal dimensionality. As FD_f estimates for each lobe
 360 were highly correlated across hemispheres [frontal: $r(425) = .971, p < .001$; parietal: $r(425) = .913,$
 361 $p < .001$; temporal: $r(425) = .903, p < .001$; occipital: $r(425) = .877, p < .001$], here we used bilateral
 362 structures for each lobe in subsequent analyses. As shown in Figure 3B, we found age-related
 363 decreases in fractal dimensionality to be highest in the frontal lobe [$r_p(420) = -.740, p < .001$],
 364 followed by the parietal lobe [$r_p(420) = -.671, p < .001$], while the temporal lobe was the least
 365 associated with age-related differences [$r_p(420) = -.555, p < .001$].

366

367 **Other cortical measures.** It was surprising that we found the temporal lobe to be least affected
 368 by age-related differences, as measured using fractal dimensionality analyses. However, this
 369 discrepancy could be due to the use of a different measure of age atrophy, rather than cortical
 370 thickness, *or* it could be because the individuals in the IXI dataset exhibited less temporal
 371 atrophy than is usually found. To distinguish between these two possibilities, we also calculated
 372 the mean cortical thickness for each lobe, and similarly correlated each of these sets of values
 373 with the individuals' age. As shown in Figure 5B, differences in cortical thickness were most
 374 pronounced in the frontal lobe [$r_p(420) = -.634, p < .001$], followed by the temporal lobe [$r_p(420)$
 375 $= -.574, p < .001$].

376 As shown in Figure 6B, we additionally calculated the gyrification index for each lobe
 377 and found age-related differences to be greatest in the parietal lobe [$r_p(420) = -.535, p < .001$],

378 and relatively comparable in the frontal and temporal lobes [frontal: $r_p(420) = -.443, p < .001$;
 379 temporal: $r_p(420) = -.432, p < .001$]. Thus, lobe gyrification correlated more weakly with age than
 380 cortical thickness, and was most pronounced in a different lobe. These results are consistent with
 381 prior findings. Hogstrom et al. (2013) similarly found weaker correlations with gyrification index
 382 than cortical thickness and found a similar pattern in terms of regional specificity. To provide
 383 further insight into these three measures, Figure 7 shows an example cortical surface along with
 384 the cortical morphology measures associated with each lobe.
 385



386

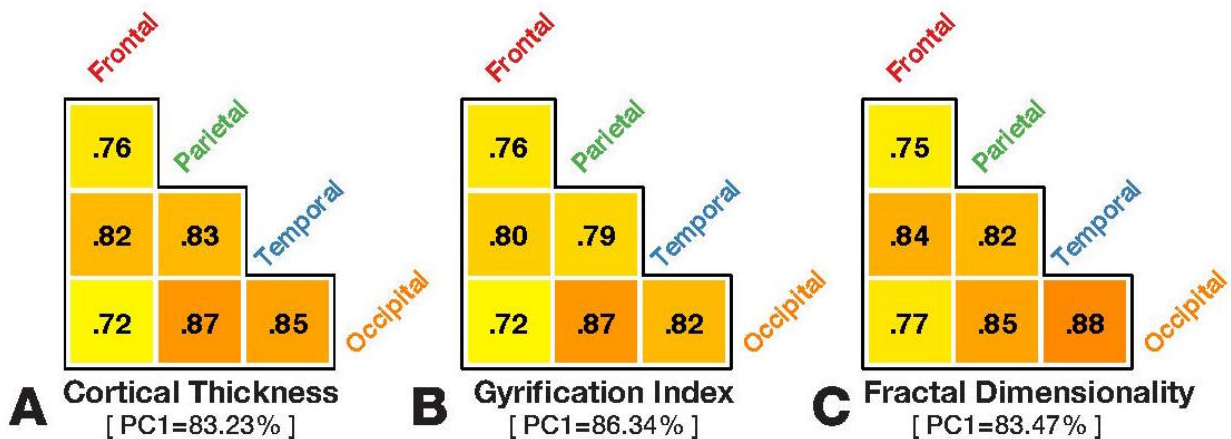
387 **Figure 7. Cortical surface for participant IXI002 from the IXI dataset, colored by lobe**
 388 **parcellation, along with cortical surface measures.**

389

390 **Regional heterogeneity.** Given these different patterns of correlations between lobe-wise
 391 estimates of each cortical morphology measure and age, we sought to examine differences in
 392 how these lobe-wise estimates may correlate. For instance, if inter-individual differences in
 393 fractal dimensionality were more homogenous, i.e., more collinear, across the cortex relative to
 394 regional variability in cortical thickness. To assess this, we computed the pairwise correlations
 395 between all of the lobes using each of our three measures. Figure 8 reports these lobe-wise
 396 correlation matrices (i.e., corrgram; Friendly, 2002).

397 As shown in Figure 8, the pairwise correlations between lobes were relatively consistent,
 398 between the three measures, with all three showing slightly lower correlations for the frontal
 399 lobe. Averaging across regions (via Fisher's Z-transform; see Corey et al., 1998) yielded
 400 comparable average correlations for both measures [cortical thickness: $r_p(420, N=6) = .814$,
 401 $p < .001$; gyrification index: $r_p(420, N=6) = .798$, $p < .001$; fractal dimensionality: $r_p(420, N=6) =$
 402 $.824$, $p < .001$]. As a secondary approach, we also tested if a multivariate approach would be more
 403 sensitive to these potential differences in regional homogeneity by conducted principal
 404 component analyses (PCA) for each set of values (e.g., lobe-wise estimates of cortical thickness).
 405 The first principal component in each case explained between 83% and 86% of the variance (see
 406 Figure 8). Thus, it does not appear that any of the measures exhibits more or less regional
 407 specificity/collinearity than the others, based on lobe-wise parcellated regions.

408
 409



410

411 **Figure 8. Lobe-wise homogeneity in cortical structure, as measured using cortical**
 412 **thickness, gyrification index, and fractal dimensionality (FD_f).** Triangular grids show pair-
 413 wise correlations across lobes. Below each grid is the variance explained by the first principal
 414 component for each cortical measure.

415

416 *Multivariate relationship with age*

417 These differences between regional cortical thickness, gyrification, and complexity suggest that
418 fractal dimensionality analyses may quantify a different aspect of age-related differences in brain
419 structure, rather than being merely a co-varying metric. To test this, we conducted a set of
420 regression models, all with the dependant variable of age (controlling for effects of sex and site),
421 using different sets of predictors related to cortical thickness, gyrification index, and fractal
422 dimensionality (FD_f). Here we report the amount of variability in age explained by each set of
423 predictors (i.e., R^2). Furthermore, we formally compare the fitness of the models using the
424 Bayesian Information Criterion (BIC), which evaluates model fitness while penalizing models
425 for having more parameters. As a rule of thumb, if the difference between BIC for two model fits
426 is less than two, neither of the models' fit to the data is significantly better (Burnham &
427 Anderson, 2002, 2004). As absolute BIC values themselves are arbitrary, we subtract the BIC
428 value for the best model considered from all BIC values and report ΔBIC for each of the models,
429 as is common practice. As a result, the best model considered is $\Delta BIC=0.00$ by definition. All of
430 the models are listed in Table 1.

431 In the first three models, we input whole-brain cortical thickness, gyrification index, or
432 fractal dimensionality as the predictors, respectively. These three models directly correspond to
433 the correlations shown in Figures 3A, 5A, and 6A. In the fourth model, we used all three—
434 whole-brain estimates of cortical thickness, gyrification index, and fractal dimensionality—as
435 predictors to further test if there is independent variance explained by each metric, even after
436 penalizing for the additional degree of freedom in the model. We found that whole-brain fractal
437 dimensionality explained more variance (i.e., R^2) than the other two single predictor models
438 [FD_f : 51.7%; CT : 33.5%; GI : 20.6%]. Combining the three measures of cortical structure led to a
439 slight increase in the amount of variability explained [51.7%]; however this increase did not

440 produce a significantly better fit relative to its use of an additional parameter (i.e., ΔBIC between
441 the lowest two models was greater than two).

442 In the next set of models, we first used lobe-wise measures of cortical thickness,
443 gyrification index, or fractal dimensionality, respectively (models 5-7). In the eighth model, we
444 considered lobe-wise predictors for all three measures, yielding a total of twelve predictors.
445 Again we found that the fractal dimensionality explained more of the variance in age than the
446 other two measures, though there was still an additional benefit of combining all three measures.
447 The lobe-wise regional estimates of fractal dimensionality also provided a small but significant
448 improvement in predictive value relative to the whole-brain estimate (i.e., comparing models 7
449 and 3).

450 Many studies have found that age-related differences in cortical thickness are not linearly
451 related to age; often a quadratic term is additionally included in the regression model (e.g.,
452 Crivello et al., 2014; Hogstrom et al., 2013; McKay et al., 2014; Sowell et al., 2003; Thambisetty
453 et al., 2010; Walhovd et al., 2011), however, interpreting the beta coefficients must be done with
454 caution (see Fjell et al., 2010). Hogstrom et al. (2013) also found significant quadratic
455 relationships between age and gyrification index, suggesting that including these non-linear
456 effects would be beneficial to include in our regression models here. To this end, we re-ran the
457 above eight models, incorporating both linear and quadratic terms for each of the included
458 predictors.

Model	Model Parameters			Model Fitness		
	Relationship	Regions	Measure	N. Predictors	Var. Explained (R^2)	ΔBIC
1	Linear	Whole-brain	Cortical Thickness	1	33.55%	135.91
2			(Cortical Ribbon)	Gyrification Index	1	20.61%
3			Fractal Dimensionality (FD_f)	1	51.66%	0.00
4			[All 3]	3	51.72%	11.63
5	Linear	Lobe-wise	Cortical Thickness	4	38.99%	117.64
6			Parcellations	Gyrification Index	4	26.35%
7			Fractal Dimensionality (FD_f)	4	53.22%	4.20
8			[All 3]	12	56.54%	21.23
9	Linear & Quadratic	Whole-brain	Cortical Thickness	2	33.59%	141.71
10			(Cortical Ribbon)	Gyrification Index	2	20.62%
11			Fractal Dimensionality (FD_f)	2	52.13%	1.90
12			[All 3]	6	52.39%	23.86
13	Linear & Quadratic	Lobe-wise	Cortical Thickness	8	38.66%	119.91
14			Parcellations	Gyrification Index	8	26.14%
15			Fractal Dimensionality (FD_f)	8	53.28%	3.69
16			[All 3]	24	59.53%	63.47

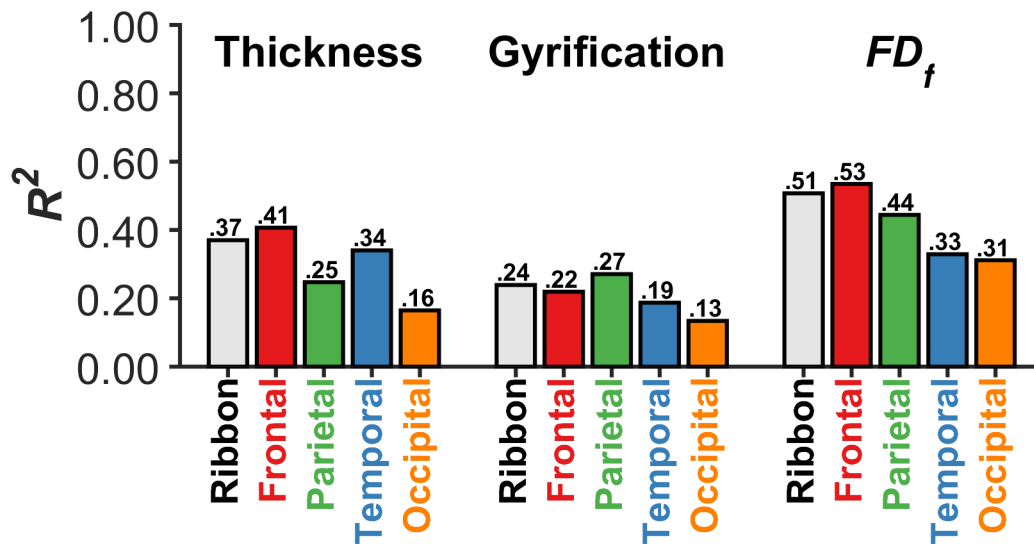
459 **Table 1. Multivariate regression models measuring the relationship between cortical thickness, gyrification index, and fractal**
460 **dimensionality with age.** Models with ΔBIC values with a difference greater than 2 suggest that the model with the lower value is a
461 significantly better fit. See main text for further details.

462 In nearly all of the eight cases, the models that included the quadratic component
 463 only slightly outperformed the equivalent models that only contained a linear component;
 464 this benefit was not sufficient to compensate for the additional parameters used (i.e.,
 465 *BIC*). Across the 16 models, the linear-only whole-brain fractal-dimensionality model
 466 (model 3) explained the most variability in age, relative to the number of parameters it
 467 used. Specifically, it was able to explain 51.7% of the variance with only one parameter.
 468 The highest amount of variability explained, of all of the models considered, was 59.5%.

469 Figure 9 summarizes our findings of age-related differences across the three
 470 structural measures, for the entire cortical ribbon and individual lobe-wise parcellations.

471

472



473

474 **Figure 9. Relationship between each cortical structure measure (cortical thickness,**
 475 **gyrification index, and fractal dimensionality [FD_f]) with age, for the entire cortical**
 476 **ribbon and individual lobe-wise parcellations.** Each bar represents the R^2 for a
 477 quadratic regression model with age.

478 *Considering the influence of age-related artifacts in MRI acquisition*

479 Recent research has demonstrated that head motion during MRI acquisition can lead to
480 lower estimates of cortical thickness (Reuter et al., 2015). This is of particular relevance
481 when investigating the association between brain structure and aging, as older adults tend
482 to move their heads during MRI scanning more than young adults (Andrews-Hanna et al.,
483 2007; Salat, 2014; Van Dijk et al., 2012). Thus, MRI measurements of cortical thickness
484 would be influenced by both objectively thinner cortex and age-related differences in
485 head motion during MRI acquisition. Since the cortical complexity calculations presented
486 here are based on the cortical ribbon (or subregions of it), it is likely plausible that FD_f
487 would also be affected by head motion. As a coarse approach to evaluate whether the
488 age-related differences in cortical complexity would remain even without age differences
489 in motion, we additionally computed fractal dimensionality from post-mortem structural
490 MRIs (thus void of motion) from individuals who donated their brain to science, obtained
491 from the Allen Human Brain Atlas. Currently there are MRIs available from eight donors
492 (who did not have any psychological or neurological disorders), however FreeSurfer was
493 unable to estimate the surface for one of the donors (H0351.1009). The seven donors
494 used in these analyses, and their demographic details, are: H0351.1012 (31M),
495 H0351.1015 (49F), H0351.1016 (55M), H0351.2001 (24M), H0351.2002 (39M),
496 H0351.2003 (48F), H372.0006 (44M). The structural MRIs are freely available from:
497 http://human.brain-map.org/mri_viewers/data (see Allen Institute for Brain Science,
498 2013, for the MRI acquisition parameters).

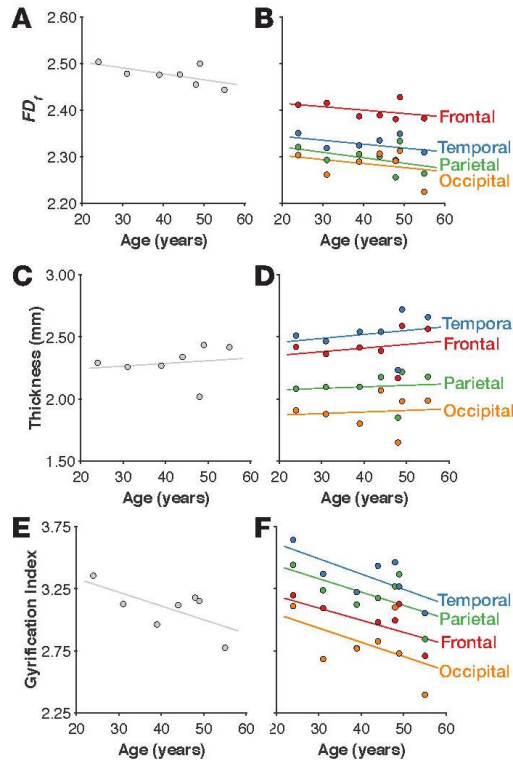
499 As before, we calculated six measures: fractal dimensionality (FD_f), mean cortical
500 thickness, and gyrification index across the entire cortical ribbon, and mean cortical
501 thickness and FD_f for each lobe.

502 Even in this small sample, we did observe age-related decreases in FD_f (Figure
503 10A-B). Here we also found the rank-order of FD_f values across lobes to be consistent
504 with our findings in the IXI dataset (i.e., Figure 3B): frontal, temporal, parietal, occipital.

505 As shown in Figures 10C-D, age-related differences in mean cortical thickness
506 did not appear to decrease with age. As this is cross-sectional data from a small sample,
507 this is not necessarily concerning. The rank-order of cortical thickness across the lobes
508 did match with our findings in the IXI dataset (i.e., Figure 5B): temporal, frontal, parietal,
509 occipital. Figures 10E-F show that we still did observe age-related declines in
510 gyrification, and that the rank-order across the lobes was again consistent with our
511 findings in the IXI dataset (i.e., Figure 6B): temporal, parietal, frontal, occipital.

512 Thus, this dataset provides preliminary evidence that age-related differences in
513 cortical complexity (FD_f) are present even when head motion cannot influence the MRI
514 acquisition, and potentially also suggests that FD_f may be more robust to age-related
515 differences in brain morphology than mean cortical thickness.

516



517

518 **Figure 10. Mean cortical thickness, gyrfication index, and fractal dimensionality**519 **(FD_f) for the individuals in the Allen Human Brain Atlas dataset. Fractal**520 **dimensionality for the whole-brain and each lobe are shown in panels A and B. Mean**521 **cortical thickness and gyrfication index for the whole-brain and each lobe are shown in**522 **panels C-F.**

523

524

Discussion

525 Here we demonstrate that fractional dimensionality of gray matter is sensitive to age-

526 related differences in cortical structure and, in fact, can be more sensitive to age-related

527 differences than other metrics of cortical integrity such as cortical thickness or

528 gyrfication. We also provide evidence that fractional dimensionality is not redundant

529 with these other metrics; multivariate regression models that include multiple metrics

530 provide the best ability to track age-related differences. Fractional dimensionality

531 therefore appears to be a useful metric for studies of cognitive aging, and with this in
532 mind, we additionally provide a new toolbox to facilitate other researchers incorporating
533 fractional dimensionality into their investigations of age-related cognitive differences.

534 Previous research has shown that fractal dimensionality of the filled volume, e.g.,
535 cortical ribbon, is related to both cortical thickness and gyrification index (King et al.,
536 2009, 2010). However, our findings clearly show that fractal dimensionality also indexes
537 other facets of cortical morphology that result in a stronger correlation with age: Age-
538 related correlations with each of the cortical measures were notably higher for fractal
539 dimensionality [FD_f : $r_p = -.732$; CT : $r_p = -.603$; GI : $r_p = -.494$]. We speculate that one
540 possibility is that measurements of cortical complexity are better able to capture
541 differences in the organization of cortical regions than other measures such as cortical
542 thickness. It is also likely that fractal dimensionality is less susceptible to some artifacts
543 than other measures, making it more sensitive to age-related differences. For example,
544 while measures of cortical structure relate to age-related atrophy and cognitive abilities,
545 they also are influenced by ‘nuisance’ factors such as hydration (Streitbürger et al., 2012)
546 and head movement (e.g., Reuter et al., 2015). It is plausible that cortical thickness may
547 be more readily influenced by these types of state changes than gyrification and cortical
548 complexity. Thus, considering several metrics (e.g., thickness, gyrification, and
549 complexity) will allow researchers to better index relevant differences in cortical
550 structure.

551 Our regional analyses present an additional interesting finding: the degree of age-
552 related differences in morphology are not consistent across measures. As others have
553 found, the frontal and temporal lobes were more affected by age-related differences than

554 the parietal or occipital lobes, when measured using estimates of cortical thickness (but
555 see footnote 1). However, age-related differences were most prevalent in the parietal lobe
556 when measured using gyrification. There were some commonalities across measures:
557 With both cortical thickness and gyrification, we found that the occipital lobe was least
558 affected by age-related differences. We observed a different pattern with fractal
559 dimensionality, where the temporal lobe was the least affected by age-related differences.
560 These differences provides evidence that fractal dimensionality is not merely pooling
561 information that otherwise would be quantified by cortical thickness or gyrification
562 index, but is also capturing additional age-related differences in the cortical structure.

563 In addition to correlating with age, fractal dimensionality has been shown to
564 correlate with inter-individual variability in cognitive measures. In a cohort of over 200
565 adults aged about 68 years old, Mustafa et al. (2012) found that individuals with greater
566 whole-brain white-matter complexity had higher fluid intelligence scores and less
567 evidence of age-related cognitive decline (also see Sandu et al., 2014). King et al. (2010)
568 also provide evidence that fractal dimensionality of the cortical ribbon correlated with
569 scores on a cognitive battery, and that this correlation was qualitatively stronger than
570 comparable correlations using cortical thickness and gyrification index. Im et al. (2006)
571 observed correlations between whole-brain fractal dimensionality and both IQ and years
572 of education, though lobe-wise correlations were not significant. Interestingly, the
573 correlations with education were slightly stronger than those with IQ, potentially
574 suggesting an influence of education-related development on cortical complexity. These
575 findings support the use of cortical complexity as a sensitive metric not only for age-

576 related differences in brain structure but also for capturing relations between brain
577 structure and cognitive function.

578 We believe that fractal dimensionality provides an important additional measure
579 of brain structures, providing us with a means to consider differences in the shape of
580 structures, rather the size (e.g., volume, thickness). While here we measured changes in
581 relatively coarse parcellations of the cortex (i.e., lobes), more fine-grained parcellations
582 of cortical and subcortical regions can be calculated, and may be particularly useful when
583 relating FD estimates to cognitive measures. As a proof-of-principle, in the Appendix we
584 report age-related differences in volume and FD_f for the hippocampus (see Figure A4).
585 While some studies have been done comparing FD between healthy controls and patient
586 populations, these were done using whole-brain measures and could also benefit from
587 more fine-grained parcellations. It is also unclear how head motion may affect estimates
588 of FD. To this end, we additionally provide our code as a MATLAB toolbox such that
589 other researchers can also readily calculate fractal dimensionality in their analyses.

590

591 **MATLAB Toolbox**

592 Given the utility of fractional dimensionality, we provide a freely available MATLAB
593 toolbox to calculate the fractal dimensionality of the cortical ribbon or parcellated regions
594 of cortex, using intermediate files generated as part of the standard FreeSurfer analysis
595 pipeline (`ribbon.mgz`, `aparc.a2009s+aseg.mgz`), or directly from other 3D
596 volumes. The toolbox includes options to use different masking files (and related
597 documentation on making the masks) and is implemented to use either the box-counting
598 or dilation algorithms and to use either the filled volume or just the surface of the

599 structure. The toolbox can easily be run on all of the participants in a FreeSurfer subject
600 folder, or just on specified subject folders. The toolbox can be downloaded from:
601 <http://cmadan.github.io/calcFD/>.

602 The MATLAB toolbox also includes several functions designed to improve
603 functionality, such as the automatic ‘cropping’ of the volume space to the smallest
604 bounding box necessary to contain the volume (while leaving sufficient space for the
605 dilation of the volume), improving computation time drastically. Example files are also
606 provided to aid in using the toolbox for the user’s needs. All of the presented fractal
607 dimensionality measures were obtained using the provided toolbox without any further
608 modification. On our machine, the FD calculations, using the dilation algorithm on filled
609 volumes (what most of the results are based on), took an average of 11 seconds per
610 participant for the whole-brain and 96 seconds per participant to determine the FD_f for
611 each of the four bilateral lobes. As a general recommendation, we suggest using the
612 dilation algorithm on the filled structures.

613

614

Acknowledgements

615 Portions of this research were supported by a grant from the National Institutes of Health
616 (MH080833; to E.A.K.) and by funding provided by Boston College. The MRI data used
617 in the preparation of this article were obtained from the Information eXtraction from
618 Images (IXI) dataset (<http://brain-development.org/ixi-dataset/>; funded by Engineering
619 and Physical Sciences Research Council [EPSRC] of the UK [EPSRC GR/S21533/02])
620 and the Allen Human Brain Atlas (http://human.brain-map.org/mri_viewers/data).

621

622

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934

APPENDIX

935

Benchmark Performance

936

To evaluate the performance of the fractal dimensionality calculations, ten simulated

937

phantom volumes were constructed in MATLAB and saved in FreeSurfer's native .mgz

938

format, and are provided with the toolbox.

939

The first two structures were a sphere with a diameter of 200 voxels and a cube

940

with a width of 200 voxels. The next volumes were constructed to be a more complex

941

structure, the Menger sponge. Briefly, a Menger sponge is a cube-based 3-dimensional

942

fractal, where the cube is divided into a $9 \times 9 \times 9$ grid and the middle sub-cubes from every

943

face are removed, as well as the center-most sub-cube. Thus, of the 27 sub-cubes (i.e.,

944

9^3), only 20 remain. One iteration of this procedure is shown in Figure A1. This

945

procedure can be infinitely iteratively repeated for each of the sub-cubes, theoretically

946

producing a structure with infinite surface area, but zero volume. The Menger sponge is

947

related to two 2-dimensional fractals, the Cantor set and the Sierpinski carpet. Here we

948

constructed three Menger sponges, each with a width of 200 voxels: first-iteration,

949

second-iteration, and fourth-iteration. (A cube can be considered a zero-iteration Menger

950

sponge.) These five structures are shown in the upper row of Figure A1.

951

We additionally computed the fractal dimensionality of several more complex

952

structures, as shown in the lower row of Figure A1. The first three of these structures

953

were selected because they have been used as 'standard' benchmark objects in the 3D

954

modelling and rendering literature: the Newell Teapot, Stanford Bunny, and Stanford

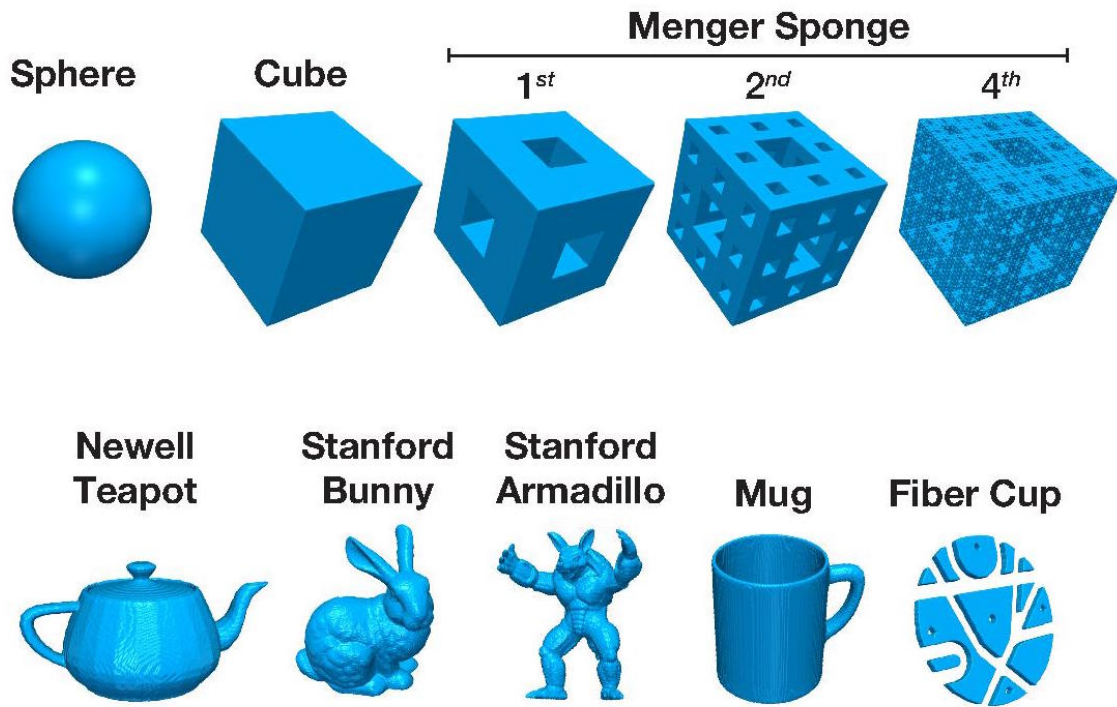
955

Armadillo (e.g., Crow, 1987; Labatut et al., 2009). (Note, the teapot has a wall thickness

956

and is hollow inside, i.e., it is not a 'filled' teapot.) A mug was included as a simple

957 everyday object. The “Fiber Cup” was included as a more complex object that was
 958 developed as a ground-truth phantom volume for DTI analyses. The structural volume
 959 used here was reproduced from Figure 1 of Fillard et al. (2011) as we were unable to
 960 obtain the original 3D volume. (The thickness of our volume does not match the original
 961 as it was reproduced from only a 2D image.)
 962



963

964 **Figure A1. 3D renderings of the benchmark structures used.** See main text and Table
 965 1 for further details.

966

967 Table A1 shows the benchmark statistics for each of these structures. Note,
 968 because we are calculating the surface area in voxels, the calculations are not the same as
 969 if the structures had surfaces with no thickness. For instance, in the cube, voxels that are
 970 part of the upper edge of a side should not be counted again as part of the top. As a result,

971 the surface area of the cube in voxels would not be 240,000 (i.e., $200^2 \times 6$), but is instead
972 237,608 (i.e., $200^3 - 198^3$). Similarly, because surface area is calculated as ‘surface’
973 voxels, the SA/V ratio cannot become smaller than 1, i.e., every surface voxel counts
974 towards the volume and there are no ‘inner’ voxels.

975 Though fractal dimensionality is usually calculated only based on the surface of
976 the structure, King et al. (2010) found that additionally counting the ‘filled’ volume can
977 lead to better measurements of age-related differences in cortical complexity, an
978 approach that has also been used in a number of other studies (e.g., Esteban et al., 2009;
979 Im et al., 2006; Kiselev et al., 2003). Here we computed two measures of fractal
980 dimensionality, one based on only the surface structure (FD_s) and one that also includes
981 the filled volume (FD_f).

982

Structure	Geometric				Box-Counting		Dilation	
	L	V	SA	V/SA	FD_s	FD_f	FD_s	FD_f
Sphere	200	4,187,854	186,053	22.51	1.99	2.89	2.00	2.89
Cube	200	8,000,000	237,608	33.67	1.97	2.97	2.00	2.92
Menger-1	200	5,961,392	316,792	18.82	1.98	2.91	2.00	2.88
Menger-2	200	4,447,440	517,016	8.60	2.02	2.81	2.03	2.78
Menger-4	200	2,477,920	1,921,376	1.29	2.46	2.60	2.49	2.56
Newell Teapot	225	1,119,692	90,899	12.32	2.03	2.81	2.02	2.81
Stanford Bunny	221	2,211,262	167,897	13.17	2.03	2.81	2.01	2.82
Stanford Armadillo	225	825,402	121,628	6.77	2.03	2.68	2.02	2.69
Mug	220	1,113,980	340,802	3.27	2.14	2.53	2.13	2.56
Fiber Cup	223	245,102	69,926	3.41	1.96	2.40	2.00	2.46

983 **Table A1. Benchmark statistics for each of the benchmark structures (shown in**
984 **Figure A1).** The geometric properties of each structure include the length of the longest
985 dimension (L), volume (V), surface area (SA), and the ratio of volume to surface area
986 (V/SA). Fractal dimensionality was calculated using four different methods, using either the
987 box-counting or dilation algorithms, and either only counting the surface voxels of the
988 structure (FD_s) or also including the filled volume of the structure (FD_f).

989 Theoretically, a cube should have fractal dimensionality values corresponding to 2
990 and 3 for the surface and filled volumes, respectively. A sphere should have a surface
991 fractal dimensionality of 2, and a filled fractal dimensionality slightly below 3. Our
992 results match with these values well.

993 For the Menger sponge volumes, an n th iteration structure, which has infinite
994 surface area and zero volume, should have a surface fractal dimensionality of 2.73. We
995 can see that the higher-iteration Menger sponge structures have increasing surface fractal
996 dimensionality values, but we could not generate higher-iteration structures of
997 comparable resolution as brain volumes (i.e., constraints of voxel coordinate space). We
998 also see that the filled fractal dimensionality decreases with higher iterations, as expected.

999 Though the theoretical fractal dimensionality values are not known for the
1000 remaining structures, their inclusion is intended to aid the reader in understanding how
1001 fractal dimensionality relates to a structure's complexity. Additionally, the simulated
1002 phantom volumes for all ten structures are included with the toolbox, allowing them to
1003 serve as benchmarks for future work.

1004

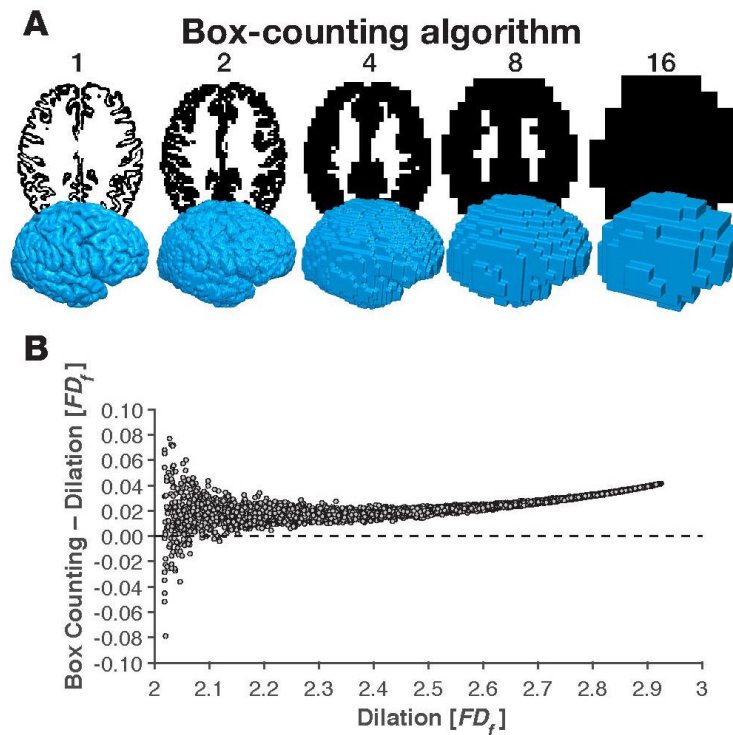
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Formal comparison

1006 To formally compare the two algorithms, box counting and dilation, we generated 3D box
1007 structures that were based on a random subset of cubes in a $20 \times 20 \times 20$ arrangement. For
1008 each structure, we computed the filled fractal dimensionality (FD_f) using both the box-
1009 counting and dilation algorithms. This was repeated for 10,000 simulated structures.

1010 Generally, the algorithms were highly correlated in their fractal dimensionality
1011 estimates and deviations were minimal in magnitude [$r(9998) = .9997$, $p < .001$; Difference:

1012 M (SD) = .0263 (.0096)]. Nonetheless, we did find that the box-counting FD_f was nearly
 1013 always higher than the FD_f obtained using the dilation algorithm, as shown in Figure A2.
 1014 Logically, this is due to a cumulative rounding error from the box-counting algorithm
 1015 using a fixed grid scan, while the dilation is effectively using a sliding grid scan. This
 1016 bias was higher for structures with more extreme levels of fractal dimensionality (i.e.,
 1017 near to either 2 or 3). Based on this comparison, we used the dilation algorithm in the
 1018 reported cortical complexity analyses, though both algorithms are implemented in the
 1019 MATLAB toolbox.
 1020



1021
 1022 **Figure A2. Comparison between fractal dimensionality values (FD_f) obtained using**
 1023 **the box-counting and dilation algorithms.** Panel A shows axial slices and 3D volumes
 1024 representing the box-counting algorithm (compare with Figure 2A). Panel B shows a
 1025 formal comparison between the two algorithms.

1026

1027

IXI Dataset

1028 IDs for the 427 individuals included in the analyses reported here: 002, 012, 014, 015,

1029 017, 019, 020, 021, 022, 023, 024, 025, 026, 027, 028, 029, 030, 031, 033, 034, 035, 036,

1030 037, 039, 040, 042, 043, 044, 045, 046, 048, 049, 050, 051, 052, 053, 054, 055, 056, 057,

1031 058, 060, 061, 062, 063, 064, 065, 067, 068, 069, 070, 071, 073, 074, 075, 076, 077, 078,

1032 079, 080, 083, 084, 085, 086, 087, 089, 090, 092, 097, 098, 102, 105, 106, 107, 109, 110,

1033 111, 113, 115, 118, 119, 120, 121, 122, 123, 126, 127, 128, 129, 130, 131, 134, 135, 137,

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1037 213, 214, 216, 217, 218, 219, 221, 222, 224, 225, 226, 227, 230, 231, 232, 233, 234, 237,

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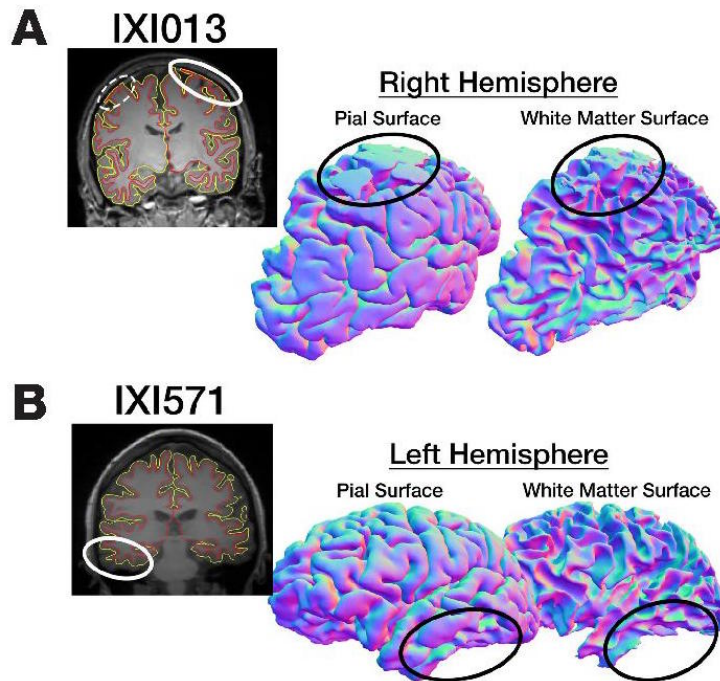
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 1051 603, 605, 606, 607, 609, 612, 613, 614, 616, 617, 618, 621, 625, 626, 627, 629, 631, 634,
 1052 639, 640, 641, 642, 644, 648, 652, 653, 662
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1055 **Figure A3. Examples of issues with cortical surfaces that resulted in exclusion.** Panel
 1056 A shows an example of the surface boundary being too inclusive and including tissue
 1057 surrounding the gray matter; panel B shows an example of the surface reconstruction
 1058 being too restrictive and missing portions of gray matter.

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1060

Subcortical Volumes

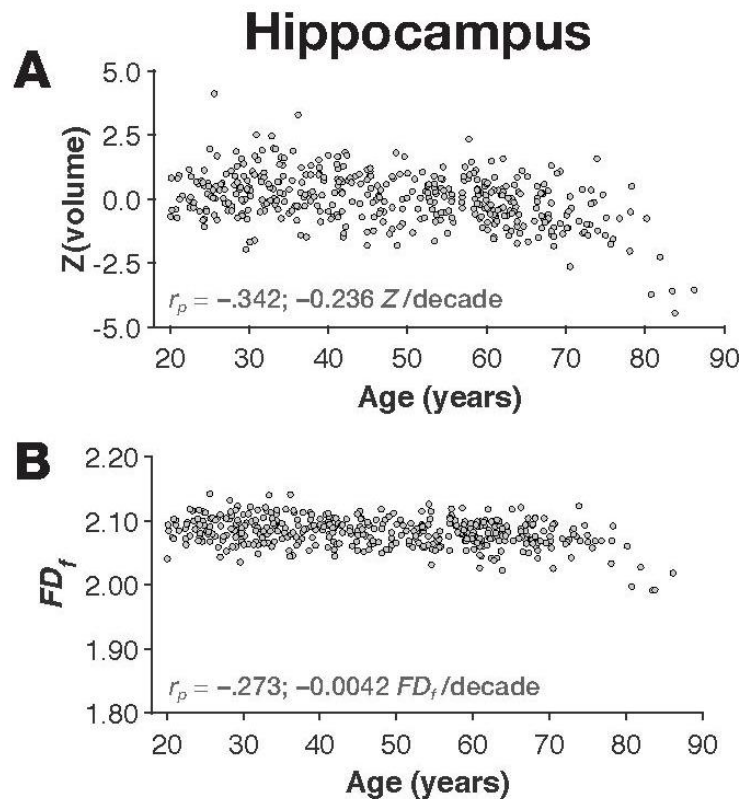
1061

As a proof-of-principle, we have calculated the age-related differences in the

1062

hippocampus, as measured as using volume and FD_f . Hippocampal volume was estimated

1063 using FreeSurfer, and the sum of the left and right hemisphere volumes was used in the
 1064 analysis. Prior to computing the partial correlation (controlling for sex and site), volume
 1065 was taken as the residual after regressing on ICV (e.g., see Walhovd et al., 2011). Fractal
 1066 dimensionality (of the filled structure) was calculated based on the bilateral structure,
 1067 using the provided toolbox. We observed age-related differences in both hippocampal
 1068 volume and structural complexity [volume: $r_p(420) = -.342, p < .001$; FD_f : $r_p(420) = -$
 1069 $.273, p < .001$].



1070

1071 **Figure A4. Hippocampal volume and fractal dimensionality (FD_f) for the**
 1072 **individuals in the IXI dataset.** Panel A shows the scatter plot of age and volume, along
 1073 with the correlation and slope; panel B shows age and FD_f .