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Dietary sodium induces a redistribution of the tubular metabolic workload

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Key points

- Body Na⁺ content is tightly controlled by regulated urinary Na⁺ excretion.
- The intrarenal mechanisms mediating adaptation to variations in dietary Na⁺ intake are incompletely characterized.
- We confirmed and expanded observations in mice that variations in dietary Na⁺ intake do not alter the glomerular filtration rate but alter the total and cell-surface expression of major Na⁺ transporters all along the kidney tubule.
- Low dietary Na⁺ intake increased Na⁺ reabsorption in the proximal tubule and decreased it in more distal kidney tubule segments.
- High dietary Na⁺ intake decreased Na⁺ reabsorption in the proximal tubule and increased it in distal segments with lower energetic efficiency.
- The abundance of apical transporters and Na⁺ delivery are the main determinants of Na⁺ reabsorption along the kidney tubule.
- Tubular O₂ consumption and the efficiency of sodium reabsorption are dependent on sodium diet.

Abstract Na⁺ excretion by the kidney varies according to dietary Na⁺ intake. We undertook a systematic study of the effects of dietary salt intake on glomerular filtration rate (GFR) and tubular Na⁺ reabsorption. We examined the renal adaptive response in mice subjected to 7 days of a low sodium diet (LSD) containing 0.01% Na⁺, a normal sodium diet (NSD) containing 0.18% Na⁺ and a moderately high sodium diet (HSD) containing 1.25% Na⁺. As expected, LSD did not alter measured GFR and increased the abundance of total and cell-surface NHE3, NKCC2, NCC, α -ENaC and cleaved γ -ENaC compared to NSD. Mathematical modelling predicted that tubular Na⁺ reabsorption increased in the proximal tubule but decreased in the distal nephron because of diminished Na⁺ delivery. This prediction was confirmed by the natriuretic response to diuretics targeting the thick ascending limb, the distal convoluted tubule or the collecting system. On the other hand, HSD did not alter measured GFR but decreased the abundance of the aforementioned transporters compared to NSD. Mathematical modelling predicted that tubular Na⁺ reabsorption decreased in the proximal tubule but increased in distal segments with lower transport efficiency with respect to O₂ consumption. This prediction was confirmed by the natriuretic response to

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diuretics. The activity of the metabolic sensor adenosine monophosphate-activated protein kinase (AMPK) was related to the changes in tubular Na^+ reabsorption. Our data show that fractional Na^+ reabsorption is distributed differently according to dietary Na^+ intake and induces changes in tubular O_2 consumption and sodium transport efficiency.

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Abbreviations ACC, acetyl-CoA carboxylase; AMPK, adenosine monophosphate-activated protein kinase; BP, blood pressure; CCD, cortical collecting duct; CD, collecting duct; CKD, chronic kidney disease; CNT, connecting tubule; cTAL, cortical thick ascending limb of Henle; DCT, distal convoluted tubule; ENaC, epithelial sodium channel; GFR, glomerular filtration rate; HSD, high sodium diet; IMCD, inner medullary collecting duct; LSD, low sodium diet; mTAL, medullary thick ascending limb of Henle; NSD, normal sodium diet; OMCD, outer medullary collecting duct; pACC, phosphorylated acetyl-CoA carboxylase; PCT, proximal convoluted tubule; PST, proximal straight tubule; PT, proximal tubule; TAL, thick ascending limb of Henle; TNa, Na⁺ transport.

Introduction

Average daily Na⁺ intake in modern societies is largely higher than 2 g (87 mmol/24 h), the value recommended for adults by the World Health Organization 2012 guidelines (http://www.who.int/nutrition/publications/ guidelines/sodium_intake/en/). A high salt intake is associated with adverse health outcomes in relation to increased blood pressure (BP) (Meneton et al. 2005). Furthermore, salt may play an essential role in the progression of chronic kidney disease (CKD), which is characterized by decreased glomerular filtration rate, albuminuria as well as glomerular and tubular-interstitial fibrosis, both in a BP-dependent and in a BP-independent manner (Boero et al. 2002; Kotchen et al. 2013). Conversely, dietary salt restriction has been shown to reduce BP, albuminuria and kidney fibrosis (Lambers Heerspink et al. 2012). In contrast, the few randomized controlled trials available did not clearly demonstrate the benefits of salt restriction in the general population (O'Donnell et al. 2014). Moreover, recent studies suggested that both very low and high Na⁺ intakes are associated with increased mortality, consistent with a U- or J-shaped association between urinary Na⁺ excretion and cardiovascular outcomes (Graudal et al. 2014; O'Donnell et al. 2014; Pfister et al. 2014). While not universally accepted (Cogswell et al. 2016), this non-linear relationship between Na⁺ intake and cardiovascular outcomes may indicate that the human cardio-renal system is best adapted to an optimal range of Na⁺ intake.

Arterial BP depends on intravascular volume, which is directly proportional to plasma Na⁺ content (Meneton *et al.* 2005). It has traditionally been accepted that under physiological conditions, plasma and interstitial compartments are in equilibrium and that any change in extracellular Na⁺ content elicits a proportional change in extracellular water volume so as to maintain body fluid osmolality constant. To keep plasma volume within narrow limits, urinary Na⁺ excretion must match as closely as possible dietary Na⁺ intake minus skin and digestive Na⁺ losses. This precise adaptation requires a continuous coordination between the filtered amount of Na⁺ and its tubular reabsorption (Greger, 2000). In healthy individuals, 1-3% of the filtered Na⁺ is not reabsorbed and is excreted in urine (Meneton et al. 2005). Na⁺ reabsorption takes place along the nephron and collecting duct, via transcellular and paracellular pathways (Féraille & Doucet, 2001). Transcellular Na⁺ reabsorption is a two-step process: Na⁺ enters tubular cells via a segment-specific apical transporter and is extruded by the basolateral Na,K-ATPase (Féraille & Doucet, 2001). The first step is mostly mediated by the apical Na^+/H^+ exchanger NHE3 in the proximal tubule (PT) (Tse et al. 1992), the Na⁺/K⁺/2Cl⁻ cotransporter NKCC2 in the thick ascending limb of Henle's loop (TAL) (Gamba et al. 1994) and the NaCl cotransporter NCC in the distal convoluted tubule (DCT) (Gamba et al. 1993). Lastly, the fine-tuning of Na⁺ reabsorption occurs via the multimeric Na⁺ channel ENaC under the control of aldosterone in the late DCT, connecting tubule (CNT) and collecting duct (CD) (Canessa et al. 1994).

In the kidney, ATP and oxygen consumption are determined primarily by the energy required for tubular Na⁺ reabsorption (Kiil *et al.* 1961; Brodwall & Laake, 1964; Mandel, 1986). Transcellular Na⁺ transport is directly dependent on the electrochemical potential generated by Na,K-ATPase, which uses 1 molecule of ATP to drive the outward transport of 3 Na⁺ and the inward transport of 2 K⁺. AMP-activated protein kinase (AMPK) is a key controller of cellular energy metabolism. AMPK activity, which is stimulated when the AMP/ATP ratio increases, reflects the intensity of active Na⁺ handling and links it to the metabolic status of a cell (Hallows *et al.* 2000).

The aims of the present study were to assess the respective role of changes in the abundance of the renal Na^+ transporters and sodium delivery in the rate of

Na⁺ transport by the different segments of the kidney tubule in response to different Na⁺ intakes, as well as the relationship between tubular Na⁺ transport and the activity of the metabolic sensor AMPK. We show in normal mice that in response to a low sodium diet (LSD), the expression levels of most apical Na⁺ transporters and Na,K-ATPase were increased while Na⁺ transport decreased in segments downstream from the medullary TAL (mTAL). Under a high sodium diet (HSD), the expression levels of most apical Na⁺ transporters were decreased, and Na⁺ transport decreased in PT and most kidney tubules segments but increased in cortical TAL (cTAL) and CD in response to increased Na⁺ delivery. The rate of Na⁺ reabsorption by tubular segments was correlated with AMPK activity. Finally, the efficiency of tubular Na⁺ reabsorption with respect to O₂ consumption was predicted to be slightly higher under normal sodium diet (NSD) as compared to LSD or HSD.

Methods

Animals

Male C57B6 mice (Charles-River, Saint Germain de l'Arbresle, France) aged 12-16 weeks were fed for 7 days with either a low (0.01% w/w), standard (0.18% w/w) or moderately high sodium (1.25% w/w) diet (Provimi-Kliba, Kaiseraugst, Switzerland). All diets contained the same amounts of potassium (0.8% w/w). To record physiological parameters, mice were placed in metabolic cages (Tecniplast, Buguggiate VA, Italy) under controlled conditions of light, temperature and humidity. After 2 days of adaptation, body weight, food intake, water intake and 24-h-period urine samples were measured and collected from day 0 to day 6 after the start of each sodium diet. Urinary creatinine, Na^+ , Cl^- and K^+ concentrations were determined using ion-specific electrodes (UniCel DxC800 Synchron Clinical System, Beckman Coulter, High Wycombe, UK). Absolute Na⁺, Cl⁻ and K⁺ excretions were measured. Urinary aldosterone levels were measured according to standard procedures using the Coat-A-Count RIA kit (Siemens Medical Solutions Diagnostics, Ballerup, Denmark). After 7 days on a given sodium diet, mice were either subjected to glomerular filtration rate (GFR) measurements, in situ biotinylation or killed thereafter for tissue and organ removal. Animals were anaesthetized by intraperitoneal injection of ketamine and xylazine (100 and 5 mg kg⁻¹, respectively) (GRAEUB, Bayer Healthcare, Berlin, Germany). At the end of the experiments, animals were deeply anaesthetized with 50 mg (kg body wt)⁻¹ pentobarbital I.P. (Sanofi, Toulouse, France). For in vitro studies (microdissection and immunoblotting), animals were studied 7 days after being placed on a given Na⁺ diet. Animal experiments were approved by the ethical committee of the University of Geneva and governmental authorities.

Transcutaneous measurement of GFR (mGFR) in conscious mice

For GFR measurements, mice were anaesthetized with isoflurane, and a miniaturized imager device built from two light-emitting diodes, a photodiode and a battery (Mannheim Pharma and Diagnostics, Mannheim, Germany) was mounted via double-sided adhesive tape onto the shaved animal's neck. For the duration of the recording (1 h), each animal was conscious and kept in a single cage. Before the intravenous injection of 150 mg kg⁻¹ fluorescein isothiocyanate (FITC)-sinistrin (Mannheim Pharma and Diagnostics), the skin's background signal was recorded for 5 min. After removal of the imaging device, the data were analysed using MPD Lab software (Mannheim Pharma and Diagnostics). mGFR (μ l min⁻¹) was calculated from the decrease in fluorescence intensity over time (i.e. plasma half-life of FITC-sinistrin) using a two-compartment model, the mouse body weight and an empirical conversion factor (Schreiber et al. 2012).

Functional diuretic tests

On some of the animals that were fully adapted in metabolic cages, we performed diuretics response studies. Briefly, furosemide (10 mg kg⁻¹), hydrochlorothiazide (50 mg kg⁻¹), amiloride (5 mg kg⁻¹) or benzamil (5 mg kg⁻¹) were injected I.P. 7 days after the onset of various Na⁺ diets (Leviel *et al.* 2010; Morla *et al.* 2013; Al-Qusairi *et al.* 2017). Urinary Na⁺ excretion was measured 24 h before and after diuretic administration, and 1, 4 or 6 h after the injection of furosemide, hydrochlorothiazide, and amiloride or benzamil, respectively. Results were expressed as μ mol Na⁺ h⁻¹.

Microdissection of renal tubules

Briefly, the left kidneys of pentobarbital-anaesthetized mice were infused via the abdominal aorta with an incubation solution [Hank's solution supplemented with 1 mM pyruvate, 0.1% bovine serum albumin (BSA), 0.5 mM MgCl₂, 1 mM glutamine and 20 mM Hepes, pH 7.4] containing collagenase (337 UI mg⁻¹, 0.18% w/v; Worthington, Biochemical Corp., Lakewood, NJ, USA). Kidneys were cut into small pieces which were incubated for 20–25 min at 32°C in an oxygenated incubation solution containing 0.1% collagenase. Renal tubules, i.e. proximal convoluted tubule (PCT), cTAL and cortical collecting duct (CCD), were microdissected under stereomicroscopic observation in an incubation solution supplemented with antiproteases (protease inhibitor

able 1. Antibolies used for western blots					
Name	Species	dilution	Supplier	Reference	
NHE3	Mouse	1:500	Millipore	Biemesderfer <i>et al</i> . (1997)	
NKCC2	Rabbit	1:1000	J Loffing	Wagner e <i>t al</i> . (2008)	
NCC	Rabbit	1:1000	J Loffing	Sorensen <i>et al.</i> (2013)	
NCC-pT53	Rabbit	1:1000	J Loffing	Sorensen <i>et al.</i> (2013)	
α-ENaC	Rabbit	1:1000	J Loffing	Wagner <i>et al</i> . (2008)	
γ-ENaC	Rabbit	1:1000	Stressmark	Klemens <i>et al</i> . (2017)	
α-Na,K-ATPase	Rabbit	1:1000	E Feraille	Lourdel <i>et al</i> . (2005)	

Table 1. Antibodies used for western blots

cocktail tablets, Roche Diagnostics Corp., Indianapolis, IN, USA) at 4°C, as previously described (Gonin *et al.* 2001). For protein analysis by western blotting, each lane represents pools of microdissected tubules from two animals.

Immunoblotting

Pools of 40–50 isolated tubules or 10 μ g proteins extracted from kidney cortex were solubilized at 95°C for 5 min in Laemmli buffer and stored at -20°C until use. Proteins were subjected to SDS-PAGE and transferred onto polyvinylidene difluoride membranes (Immobilon-P; Millipore, Billerica, MA, USA). After blocking in TBS-tween buffer (50 mM Tris base, 150 mM NaCl, 0.1% tween) containing 5% non-fat dried milk, blots were successively incubated with specific antibodies. Antibodies used to detect Na⁺ transporters are listed in Table 1. Rabbit polyclonal antibodies raised against AMPK α -subunit and acetyl-CoA carboxylase (ACC; Cell Signaling Technology, Danvers, MA, USA) were diluted 1:1000 and those raised against phospho-AMPK α -subunit and phospho-ACC (Cell Signaling) were diluted 1:500. Mouse monoclonal antibodies raised against E-Cadherin (BD Biosciences Pharmingen, Franklin Lakes, NJ, USA) were diluted 1:1000, and those against β -actin (Sigma, St Louis, MO, USA) were diluted 1:20,000. Anti- β -horseradish peroxidase-conjugated secondary antibodies (BD Biosciences Pharmingen) diluted 1:20,000 (v/v) were used for detection of immunoreactive proteins by enhanced chemiluminescence (Millipore). Bands were quantified with ImageJ software. Results were expressed as the ratio of the densitometry of the band of interest to the loading control.

In situ mouse kidney biotinylation

Renal plasma membranes were biotinylated *in situ* as described previously (Frindt *et al.* 2008), with some modifications. Kidneys were perfused with heparinized TBS for washing, then perfused with 0.5 mg ml⁻¹ sulfosuccinimidyl-2-[biotinamido]ethyl-1,3-dithiopropi onate (sulfo-NHS-biotin, Campbell Science, Rockville, IL,

USA) at a rate of 1 ml min⁻¹ for 30 min with a mini pump, through the descending aorta. The reaction was stopped and excess biotin was removed by further perfusion with TBS for 10 min. At the end of the perfusion, the left kidney was quickly removed, minced with a razor blade and homogenized with a tight-fitting Dounce tissue grinder in 8 ml of lysis buffer containing (in mM) 250 sucrose, 10 triethanolamine HCl, 1.6 ethanolamine, 0.5 EDTA at pH 7.40 and 60 μ l protease-inhibitor cocktail (Sigma-Aldrich). The homogenate was centrifuged at 1000 g for 10 min to separate intact tissue; supernatant was collected and frozen at -80°C for later use. The samples then centrifuged at 100,000 g for 2 h to sediment a total membrane pellet. This was resuspended in 2 ml of lysis buffer, aliquoted and frozen at -80° C for later analysis. Protein concentrations were measured with a micro BCA reagent kit (Pierce Chemical, Rockford, IL, USA). The isolation of biotinylated proteins used Neutravidin Ultralink beads (Pierce) as described previously for rat kidneys (Frindt & Palmer, 2015).

Mathematical model

Model predictions of transepithelial sodium fluxes and oxygen consumption rates were obtained using a published model of transport along the superficial nephron of a rat (Layton et al. 2016). The model represents the tubules as cylinders, with axial flows and lateral fluxes across transcellular and paracellular pathways. It computes the transport rates of water and 15 solutes along the nephron, by considering the specific transporters (i.e. channels, exchangers, cotransporters and pumps) that are expressed on the apical and basolateral membranes in each segment. The underlying equations express conservation of mass and charge; they are solved at steady state to yield volume, concentrations and electric potential in the lumen and in each cell type, as a function of position. Interstitial concentrations are assumed to be known. Active O₂ consumption is taken to be proportional to the Na, K-ATPase transport rate.

The rat used in this model (taken to weigh 200 g and to have 60,000 nephrons) and the mice in our experiments have similar GFR per unit body weight

Table 2. Plasma parameters					
Diet	Na ⁺ (mм)	К+ (mм)	Creatinine (mg dl ⁻¹)		
LSD NSD HSD	$\begin{array}{r} 155.3\ \pm\ 1.5\ (7)\\ 155\ \pm\ 0.4\ (6)\\ 154.4\ \pm\ 0.6\ (8) \end{array}$	$\begin{array}{r} 4.45\ \pm\ 0.13\ (7)\\ 4.5\ \pm\ 0.21\ (6)\\ 4.3\ \pm\ 0.12\ (8) \end{array}$	0.15 ± 0.006 (7) 0.18 ± 0.013 (6) 0.17 ± 0.010 (8)		

Results are expressed as means \pm SEM from (n) animals.

 $[\sim 800 \,\mu l \,min^{-1} \,(100 \,g \,BW)^{-1}]$. Hence, to allow for a direct comparison between model predictions and experimental data, computed Na⁺ fluxes and O₂ consumption rates are expressed in mmol h⁻¹ (100 g BW)⁻¹.

Statistics

Results are given as means \pm SE from *n* independent experiments. Comparisons between two groups were performed by unpaired Student's *t* test unless stated otherwise. Comparisons between more than two groups were performed by ANOVA and Dunnet's *t* test or by Kruskall–Wallis analysis of variance. A *P* value <0.05 was considered significant.

Results

Effect of dietary Na⁺ intake on physiological parameters

Mice were fed for 6 days with a low sodium diet (LSD, 0.01% Na⁺), a high sodium diet (HSD, 1.25% Na⁺) or a normal sodium diet (NSD, 0.18% Na⁺). All three groups displayed similar body weight and food intake (Fig. 1A and B) as well as plasma $[Na^+]$ and $[K^+]$ (Table 2). As expected, under NSD, urinary Na⁺ excretion increased slightly in parallel with the progressive increase in food intake, reflecting adaptation to metabolic cages (Fig. 1*E*). Water intake and urine output increased throughout the 6 days of HSD while urinary Na⁺ excretion reached a steady state after 3 days (Fig. 1C-E). In contrast, water intake and urinary output were unchanged while urinary Na⁺ excretion significantly decreased during LSD (Fig. 1C-E). Urinary K⁺ excretion displayed a progressive rise following the increase in food intake, reflecting adaptation to metabolic cages. K⁺ excretion was unchanged under LSD while it increased significantly under HSD (Fig. 1F). Figure 1G shows that, as expected, 24 h of urinary aldosterone, measured on day 6, increased strongly after LSD and was largely decreased after HSD, as compared to NSD. This finding is in agreement with previous studies showing that changes in dietary salt intake are accompanied by inverse changes in the activity of the renin-angiotensin-aldosterone system (Masilamani et al. 2002; Yang et al. 2008; Castrop et al. 2010). As previously reported in rats (Thomson et al. 2006), GFR measured as FITC-sinistrin clearance after 7 days of diet was unchanged by LSD or HSD (Fig. 1*H*). These results indicate that mice achieved steady-state conditions.

Effect of dietary Na⁺ on apical Na⁺ transporters and Na,K-ATPase expression

We measured the cell-surface expression of key Na⁺ transporters in response to different Na⁺ diets. Ion transporter activity is proportional to the number of molecules inserted into the plasma membrane and in contact with extracellular medium (Loffing et al. 2001). To assess the cell-surface expression of kidney tubule Na⁺ transporters, we adapted the mice to the *in situ* biotinylation technique that had previously been applied to rats by Frindt et al. (2008). LSD significantly increased the cellsurface abundance of NHE3, NKCC2, NCC, α -ENaC, as well as both cleaved and non-cleaved γ -ENaC, whereas HSD significantly decreased the apical surface abundance of all these ion transporter proteins (Fig. 2). These results suggest that LSD increased while HSD decreased overall apical Na⁺ transporter abundance along the mouse renal tubule.

We then assessed the total abundance of kidney tubule Na⁺ transporters by western blotting in kidney cortex extracts. LSD compared to NSD significantly increased the total protein abundance of NHE3, NKCC2, α -ENaC and cleaved γ -ENaC (Fig. 3). In contrast to its cell-surface abundance, the total abundance of NCC was not significantly increased. HSD, by contrast, significantly decreased the total expression levels of NHE3, NCC, α -ENaC and cleaved γ -ENaC. The abundance of NKCC2 and the non-cleaved form of γ -ENaC was not significantly changed under HSD (Fig. 3A and B). These results indicate that dietary sodium-induced variations in the cell-surface abundance of the major kidney tubule Na⁺ transporters are not necessarily associated with parallel changes in their total abundance. We also measured the phosphorylation of NCC on threonine 53, a surrogate of its activity. NCC phosphorylation was, as expected, increased under LSD and decreased under HSD (Fig. 3C and D). In addition, we assessed the effect of dietary salt on the expression of H-ATPase and Pendrin, the major apical acid-base transporters of α - and β -intercalated cells, respectively. Pendrin and H-ATPase abundance was not significantly altered by changes in dietary salt intake (Fig. 3*E* and *F*).

The ubiquitous Na,K-ATPase (dietary NKA) located along the basolateral membranes of tubular epithelial cells is the major pathway for Na⁺ extrusion. Expression of the NKA α 1-subunit, the almost exclusive kidney isoform (Féraille & Doucet, 2001), increased in both cell-surface and total kidney cortex protein extracts under LSD but remained unchanged under HSD (Figs 2 and 3). Therefore, the abundance of NKA increases in parallel with that of apical Na⁺ transporters under LSD, but it does not follow the general decrease in apical Na⁺ transporter abundance observed under HSD. This pattern is at variance with the observed coordinated regulation of apical NHE3 and basolateral Na,K-ATPase in response to dopamine or angiotensin II in the proximal convoluted tubule (Féraille & Doucet, 2001).

Mathematical modelling of Na⁺ transport along the nephron

We assessed how tubular Na⁺ transport (TNa) was redistributed along the nephron under LSD or HSD by running simulations with a previously described mathematical model (Layton *et al.* 2016). Since the model





A, body weight slightly decreased over the experimental period for all mice but without any detectable difference between LSD, NSD and HSD groups. *B*, food intake was similar in all groups under various dietary salt intakes. *C* and *D*, compared to LSD and NSD, HSD mice displayed a significant increase in water intake (*C*) and urinary volume (*D*). *E*, urinary Na⁺ excretion was highly increased under HSD and decreased under LSD as compared to NSD. *F*, urinary K⁺ excretion displayed a progressive rise following the increase in food intake, reflecting the adaptation of animals to the metabolic cage. K⁺ excretion was unchanged under LSD while it significantly increased under HSD. *G*, urinary aldosterone measured at day 7 revealed a 2.5-fold increase in the LSD group and about a 2.5-fold decrease in the HSD group, as compared to the NSD group. *H*, after 7 days, mGFR was similar in mice under various salt diets. Values are means ± SEM from 6–8 mice in each group. LSD and HSD were compared to NSD; **P* < 0.001, ****P* < 0.001.

applies to a rat kidney, we focused on the relative changes in transepithelial transport and urinary excretion. Results are thus expressed. Results are given per unit body weight as described above. In these simulations, we accounted for the measured fractional changes in cell-surface expression levels when available or total abundance (see Figs 2 and 3), as summarized in Table 3. The predicted and measured diet-induced variations in the urinary excretion of Na⁺ and K⁺ were in good agreement overall (Table 4). The computed value of overall Na⁺ transport increased very slightly (by 1%) under LSD and decreased by 9% under HSD (Fig. 4*A*). The model predicts that relative to NSD, Na⁺ reabsorption under LSD is increased in the proximal nephron from the PCT to the proximal straight tubule (PST) and the mTAL (Fig. 4*A*), and reduced in the segments downstream, including the cTAL, the





DCT, the CNT and the entire CD (Fig. 4*B* and *C*). TNa increases the most (in both absolute and relative terms) in the mTAL, given the 3.2-fold increase in the cell-surface expression of NKCC2. Downstream, TNa decreases despite the increase in transporter expression, owing to diminished Na⁺ delivery. In particular, net Na⁺ secretion is predicted in the CCD and outer medullary collecting duct (OMCD) under LSD (Fig. 4*C*) because low Na⁺ delivery to that segment strongly stimulates paracellular Na⁺ secretion, which more than counterbalances transcellular Na⁺ reabsorption. Thus, our results suggest that TNa is governed not only by Na⁺ transporter abundance but also by Na⁺ delivery to a given segment.

Conversely, the model predicts that, relative to NSD, Na^+ reabsorption under HSD diminishes all the way to the connecting tubule, except for the cTAL (Fig. 4A),

and increases in the CCD and OMCD (Fig. 4*B* and *C*). The largest TNa reduction occurs in the PT, as a result of the 2-fold reduction in NHE3 expression (Table 3). By contrast, TNa increases slightly in the collecting duct, despite the decrease in ENaC and NKA membrane expression: indeed, higher Na⁺ delivery reduces paracellular secretion along that segment.

Effect of dietary Na⁺ on expression of Na⁺ transporters in microdissected tubules

We dissected PCT, cTAL and CCD from collagenasetreated kidney cortices. In microdissected PCTs, NHE3 expression increased under LSD while it decreased under HSD, as compared to NSD. These results are similar to those observed in cell-surface protein extracts and whole kidney cortex homogenates. By contrast, NKA α 1-subunit





Table 3. Fractional changes in transporter expression assumed in model simulations

Transporter expression relative to NSD	LSD	HSD
NHE3 in PT	+54%	-48%
Na,K-ATPase in PT	+85% (+104%)	-9% (+55%)
NKCC2 in mTAL	+219%	-51%
Na,K-ATPase in mTAL	+85%	-9%
NKCC2 in cTAL	+219% (+32%)	-51% (-18%)
Na,K-ATPase in cTAL	+85% (+9%)	-9% (+4%)
NCC in DCT (Phospho T53)	+42%	-52%
Na,K-ATPase in DCT	+85%	-9%
γ-ENaC in CCD	+118% (-)	—85% (-)
Na,K-ATPase in CCD	+85% (+92%)	-9% (+279%)
γ-ENaC in CNT, OMCD, IMCD	+118%	-85%
Na,K-ATPase in CNT, OMCD, IMCD	+85%	-9%
Pendrin in CNT and CCD	+25%	-2%
Apical H-ATPase in CNT, CCD, OMCD	-	-15%

PT, proximal tubule; mTAL/cTAL, medullary/cortical thick ascending limb of Henle; DCT, distal convoluted tubule; CNT, connecting tubule; CCD, cortical collecting duct; OMCD/IMCD, outer/inner medullary collecting duct. Fractional changes were measured using an *in situ* biotinylation technique or total protein extracts (Phospho-NCC, Pendrin and H-ATPase). Values in parentheses correspond to segment-specific results (case 2), as opposed to whole-kidney values.

Table 4. Predicted vs. measured fractional changes in solute excretion

		LSD-to-NSD ratio	HSD-to-NSD ratio
Na ⁺ excretion	Experimental	0.11	4.0
	Model case 1	0.11	8.4
	Model case 2	0.12	9.3
K ⁺ excretion	Experimental	0.71	1.2
	Model case 1	0.20	1.5
	Model case 2	0.21	1.7

Experimental results correspond to day 7 after the onset of the low- or high-sodium diet. Model case 1 accounts only for whole-kidney changes in transporter expression. Model case 2 also considers segment-specific changes in transporter expression. See text for details.

protein abundance increased both in LSD and in HSD (Fig. 5*A*). In the cTAL, NKCC2 expression increased under LSD whereas α 1-NKA abundance was unchanged, as compared to NSD. These results match those obtained in cell-surface protein extracts and whole kidney cortex homogenates. On the other hand, HSD altered neither NKCC2 nor α 1-NKA expression levels in cTAL (Fig. 5*B*). This observation is in agreement with results obtained in

whole kidney cortex but at variance with the observed decrease in NKCC2 abundance in cell-surface protein extracts. This result in cTAL suggests that NKCC2 abundance is largely decreased in mTAL under HSD. We also assessed the changes in the expression levels of ENaC subunits and NKA in the CCD, an aldosterone-sensitive tubular segment where the fine-tuning of sodium reabsorption occurs. In agreement with results obtained in cell-surface and total cortex protein extracts, LSD increased the abundance of α -ENaC and γ -ENaC subunits as well as that of α 1-NKA proteins. The amount of proteins loaded on the gel was not sufficient to detect the cleaved form of γ -ENaC. On the other hand, HSD increased both α -ENaC and α 1-NKA protein expression, whereas γ -ENaC abundance was unchanged (Fig. 5C). These patterns are at variance with the observed decrease in both α -ENaC and γ -ENaC in both cell-surface and total cortex protein extracts. This apparent discrepancy probably reflects the differential control of ENaC subunit abundance in the late DCT and CNT, as compared to the CD. We were not able to hand-microdissect a large enough number of DCTs and CNTs that would allow the detection of NCC and ENaC subunits by western blotting. Taken together, our results indicate that dietary Na⁺ intake influences Na⁺ transporter expression in a segment-specific pattern that is, at least partly, independent of variations in aldosterone secretion.

Mathematical modelling of segment-specific Na⁺ transport

We then performed another set of simulations to account for the segment-specific, fractional changes in apical Na⁺ transporter and NKA expression in the PCT, cTAL and CCD. Model assumptions for this scenario (denoted case 2) are also shown in Table 3. Compared to the results obtained using only whole-kidney data (case 1, see above), the computed value of whole kidney TNa remains unchanged under LSD, and is 1% lower under HSD. The latter result may appear counter-intuitive: since Na,K-ATPase expression in the PCT, cTAL and CCD is higher in case 2 than in case 1 under HSD, overall Na⁺ reabsorption is expected to increase rather than to decrease. TNa is indeed higher in the cTAL and CCD (case 2 vs. case 1), but it is 4% lower in the PCT (Fig. 6), because of counterbalancing effects. [According to our simulations, when NHE3 expression is reduced by half, increased NaK activity in the PCT lowers the intracellular concentration of Na⁺ such that basolateral Na⁺ (and HCO_3^{-}) entry via Na⁺-dependent Cl⁻/HCO₃⁻ exchangers (NDCBE) is strongly stimulated. The resulting increase in intracellular pH in turn reduces apical Na⁺/H⁺ exchange across NHE3, lowers the transepithelial voltage and thereby reduces paracellular Na⁺ reabsorption as well.]

Overall our results suggest that, in the absence of changes in the delivered load, the major determinant of TNa is abundance of the apical Na⁺ transporter. Given a fixed load, Na⁺ reabsorption is predicted to decrease (relative to NSD) in segments where the expression of apical transporters decreases, even when the expression of basolateral NKA increases concomitantly. This is exemplified in the PCT where decreased Na⁺ reabsorption under HSD is explained by decreased NHE3 expression despite increased NKA expression (Fig. 6).

Functional assessment of nephron segment-specific Na⁺ transporters

Diuretics promote natriuresis and diuresis by inhibiting tubular Na⁺ reabsorption at specific nephron sites.

Α

9.00 8.00

7.00

6.00

5.00 4.00 Loop diuretics inhibit NKCC2 (Velázquez & Wright, 1986) and thus Na⁺ reabsorption in the TAL (Greger, 1985). The effect of furosemide on natriuresis measured 1 h after the injection was lower under both LSD and HSD, as compared to NSD (Fig. 7A). This decreased furosemide-induced natriuresis is consistent with decreased Na⁺ delivery to the TAL under LSD and decreased NKCC2 abundance under HSD.

Thiazides decrease Na⁺ reabsorption mostly by blocking NCC in the DCT (Velázquez & Wright, 1986). In response to hydrochlorothiazide, Na⁺ excretion was slightly higher under HSD and lower under LSD, as compared to NSD (Fig. 7B). The higher absolute Na^+ excretion observed under HSD might be explained by decreased ENaC abundance in the connecting tubule and collecting duct (see Fig. 2). This may impair

LSD

□ NSD

□ HSD



(TNa) along the nephron. Results account for the fractional changes in cell-surface expression as listed in Table 3 (case 1). Shown is the predicted TNa [mmol h⁻¹ (100 g body weight)⁻¹] for: A, the whole nephron, PCT, PST, cTAL and mTAL; B, DCT and CNT; C, CCD, OMCD and IMCD. Relative to NSD, Na⁺ reabsorption under LSD is predicted to slightly increase in PCTs, PSTs and mTALs and to decrease in cTALs, DCTs, CNTs and all CD segments. Conversely, Na⁺ reabsorption under HSD is predicted to decrease in PCTs, PSTs, mTALs, DCTs and CNTs, and to increase in cTALs and all CD segments.

the compensation of diuretic-induced natriuresis via increased Na⁺ reabsorption by the CNT and CD, as suggested by model predictions (results not shown). Conversely, the decreased natriuretic response observed under LSD may at least in part also rely on increased ENaC abundance (see Fig. 2), leading to enhanced Na⁺ reabsorption downstream from the DCT.

In the aldosterone-sensitive distal nephron [i.e. the distal convoluted tubule (DCT2), connecting tubule and collecting duct], the amiloride-sensitive epithelial Na⁺ channel ENaC, consisting of α -, β - and γ -subunits, mediates Na⁺ uptake across the apical plasma membrane

of principal cells (Loffing & Kaissling, 2003). Figure 7*C* shows that the effects of amiloride on Na⁺ excretion were almost similar under the three different dietary sodium intakes, pointing to the strong impact of sodium delivery which counteracts the effects of variations in ENaC abundance under LSD and HSD. Control experiments indicate that the observed natriuresis and diuresis in response to diuretics is not affected by the intraperitoneal infusion of the vehicle (0.9% NaCl). Increased natriuresis in response to amiloride under HSD (relative to NSD) may occur in part because net Na⁺ reabsorption is higher along the collecting duct in the absence of inhibitors, as



Figure 5. The effect of different salt diets on the expression of Na⁺ transporters in microdissected tubules

After 7 days on different salt diets, isolated well-defined nephron segments were microdissected from collagenase-treated kidneys. Pools of 100 tubules from two different animals were lysed and proteins were separated by SDS-PAGE followed by western blotting and densitometric quantification. *A*, abundance of NHE3 and α 1-NKA increased in PCTs from mice under LSD. In PCTs from mice under HSD, NHE3 expression decreased while α 1-NKA abundance increased. *B*, NKCC2 expression significantly increased and slightly decreased in TALs from mice under LSD or HSD, respectively. α 1-NKA expression was unchanged. *C*, in CCDs, α -ENaC and NKA expression were significantly increased in mice under both LSD and HSD. However, γ -ENaC abundance was increased only in mice under LSD. Each lane represents protein level from tubules pooled from two independent animals. Values are means \pm SEM from three pools from six mice in each group (microdissected tubules from two animals are pooled in the same lane). LSD and HSD were compared to NSD; **P* < 0.05, ***P* < 0.01, ****P* < 0.001.

predicted by the model (see Figs 4 and 6). In contrast, the reduced response to amiloride observed under LSD may stem from increased Na⁺ delivery to the collecting duct, which lowers paracellular Na⁺ secretion along the upper portion of this segment, according to our computations.

Regulation of AMPK activity by dietary Na⁺ intake

Increasing transcellular Na⁺ reabsorption by renal epithelial cells augments ATP consumption and thus results in an increased cytosolic AMP-to-ATP ratio that may activate AMPK, as previously suggested in y-ENaC-TetOn-mCCD cells (Wang et al. 2014). We estimated the activity of AMPK in total kidney extracts from mice subjected to various salt diets. Under HSD the phosphorylation levels of AMPK α -subunit and its substrate ACC were significantly increased, reflecting an increase in AMPK activity (Fig. 8). To further assess the changes in AMPK activity along the kidney tubule, we microdissected specific nephron segments (PCT, cTAL, CCD) and measured the amounts of total and phosphorylated ACC. Under HSD, phosphorylated ACC (pACC) was significantly increased in cTALs and CCDs (Fig. 9A-C). LSD, on the other hand, increased pACC in PCTs (Fig. 9A) whereas it remained unchanged in cTALs and CCDs (Fig. 9*B* and *C*). These changes in AMPK activity were positively correlated with estimated increases in active Na^+ reabsorption in PCTs (see Fig. 6).

Modelling of segment-specific O₂ consumption and tubular Na⁺ transport efficiency

Tubular Na⁺ reabsorption is an active process that consumes both ATP and O₂. Simulations of Na⁺ transport in specific nephron segments indicate that under HSD, O₂ consumption rose in the PT and cTAL, while it decreased slightly in the DCT and more substantially in the CNT and CD. Under LSD, O₂ consumption rose in the PT, mTAL, DCT, CCD and OMCD but slightly decreased in cTAL and inner medullary collecting duct (IMCD) (Fig. 10A). Our model also suggests that the overall efficiency of Na⁺ transport, as reflected by the whole nephron ratio of TNa to active O₂ consumption (denoted TNa/QO_2), decreased slightly under both diets. As shown in Fig. 10B, TNa/QO₂ was highest in PCT and PST, where paracellular and transcellular transport contribute almost equally to Na⁺ reabsorption; TNa/QO₂ was significantly lower in downstream segments, where Na⁺ backleak across the paracellular pathway can partially counteract transcellular Na⁺ reabsorption. In HSD, a



Figure 6. Mathematical modelling of Na⁺ transport in isolated nephron segments under different salt diets

TNa was determined accounting for the specific changes in transporter expression in the PCT, cTAL and CCD (Table 3, case 2). Results are given for the whole nephron (A), PCT (B), cTAL (C) and CCD (D). Model predictions under LSD are very similar to those shown in Fig. 3. Relative to NSD, NaK expression under HSD was higher in the PCT, cTAL and CCD; whole-kidney TNa was nevertheless lower, because the decrease in apical Na⁺ transporter expression was the dominant factor.

significant fraction of Na⁺ transport was shifted from the PCT to downstream segments, hence modifying transport efficiency, which rose slightly in cTAL, DCT and CD but decreased in CNT. In LSD, the increase in NHE3 abundance enhanced the contribution of the transcellular pathway relative to that of the paracellular pathway in the PT, which is why TNa/QO₂ was predicted to decrease in this case as well. Under this condition, the efficiency of Na⁺ transport was decreased (albeit with variable intensity)



Figure 7. Functional assessment of renal sodium reabsorption in response to diuretics

After 7 days on different salt diets, mice were injected 1.P. with a single dose of (A) furosemide, which inhibits NKCC2 in the TAL, (B) hydrocholorothiazide, which inhibits NCC in the DCT, or (C) amiloride, which inhibits ENaC in the CNT–CD. The left bars show steady-state Na⁺ excretion 24 h before diuretic administration, the middle bars show the natriuretic response to diuretics (1 h for furosemide, 6 h for hydrochlorothiazide and 4 h for amiloride), and the right bars show Na⁺ excretion during the 24 h recovery period. Values are means \pm SEM from four mice in each group. LSD and HSD were compared to NSD; *P < 0.05, **P < 0.01.

all along the downstream tubule segments. Overall, these results suggest that changes in dietary salt intake elicit a redistribution of O_2 consumption and variations in TNa/QO₂ along the kidney tubule.

Discussion

The objective of this study was to revisit the patterns of the kidneys' adaptive response to dietary Na⁺ changes using a combination of measurements of physiological parameters and Na⁺ transporter protein abundance, functional response to diuretic tests and mathematical modelling. Indeed, previous studies analysed separately the effect of dietary Na⁺ on either GFR or Na⁺ transporter abundance but, to our knowledge, none of them performed a complete analysis of the effects of dietary Na⁺ content. Our results show that plasma Na⁺ levels and GFR did not change after 1 week on a diet containing various amounts of Na⁺. This means that the filtered Na⁺ load remained similar under all conditions studied. In





After 7 days on different salt diets, kidneys were harvested and total proteins were extracted and separated by SDS-PAGE. *A*, western blotting experiments for the 5' AMP-activated protein kinase (AMPK) pathway including total and phosphorylated AMPK (pAMPK) in addition to total (ACC) and phosphorylated acetyl-CoA carboxylase (pACC). Representative immunoblots from three animals from each group are shown. *B*, bar graphs showing densitometric quantification of western blots. β -Actin was used as a loading control. Statistical analysis showed a significant increase in pAMPK and pACC levels in kidneys from mice under HSD. LSD induced a significant reduction in total AMPK abundance but increased the phosphorylation level of ACC. Values are means \pm SEM from six mice in each group. LSD and HSD were compared to NSD; **P* < 0.05, ***P* < 0.01, ****P* < 0.001.

addition, previous studies have shown that systemic BP does not change under these short periods of altered diet (Holtbäck *et al.* 1993; Meneton *et al.* 2005; Brochu *et al.* 2013; Walkowska *et al.* 2017). Therefore, alterations in natriuresis were only due to changes in Na⁺ handling along the renal tubule.

Our results show that under LSD, the mouse kidney reduces urinary Na⁺ excretion, which is associated with increased expression of NHE3 in PTs, NKCC2 in TALs, NCC in DCTs and ENaC subunits in CNTs/CDs. A previous study using the same methodology indicated that in rats, LSD for 1 week did not alter either total and cell-surface abundance of NHE3 or NKCC2, revealing species differences. In contrast, cell-surface NCC and both total and cell-surface abundance of ENaC subunits were increased in both mice (our study) and rats (Frindt & Palmer, 2009). As previously shown in rats (Frindt & Palmer, 2009), the increase in ENaC subunit abundance observed in our mouse study is probably dependent on increased aldosterone levels. Our simulations of tubular Na⁺ transport showed that Na⁺ reabsorption was increased in the PT, as also reflected by a rise in AMPK activity, leading to decreased downstream Na⁺ delivery and Na⁺ reabsorption. This interpretation is confirmed by the reduced natriuretic response to diuretics targeting the TAL and DCT.

The present study demonstrates that the mouse kidney adapts to a moderate HSD by increasing urinary Na⁺





After 7 days on different salt diets, isolated well-defined nephron segments were microdissected from collagenase-treated kidneys. Pools of 100 tubules from two different animals were lysed and proteins were separated by SDS-PAGE followed by western blotting and densitometric quantification. A representative western blot for total (ACC) and phosphorylated ACC (pACC) is shown in upper panels. Bar graphs show densitometric quantification of western blots in lower panels. β -Actin was used as a loading control. *A*, both HSD and LSD increased the abundance of pACC without changing the total form of this protein in PCTs. *B*, in cTALs, only HSD increased pACC levels. *C*, in CCDs, pACC levels were significantly increased in response to HSD. Each lane represents protein level from tubules pooled from two independent animals. Values are means \pm SEM from three pools from six mice in each group (microdissected tubules from two animals are pooled in the same lane). LSD and HSD were compared to NSD; **P* < 0.05, ***P* < 0.01, ****P* < 0.001.

and Cl⁻ excretion, which is associated with decreased cell-surface abundance of NHE3 in PTs, NKCC2 in TALs, NCC in DCTs and ENaC subunits in CNTs/CDs. At variance with our findings in mice, Frindt & Palmer (2009) found that total and cell-surface NHE3, NKCC2 and NCC abundance were not altered in rats fed with an HSD (5% NaCl) for 1 week. These differences may stem from different protocols (5% vs. 3% NaCl) and species-specific effects. However, total and cell-surface abundance of α and v-ENaC were similarly decreased in both mice and rats (Frindt & Palmer, 2009). Our simulations of tubular Na⁺ transport indicate that decreased Na⁺ reabsorption by the kidney under HSD mostly results from decreased Na⁺ reabsorption by the PT. This adaptation of Na⁺ transport in the PT increases Na⁺ delivery and may lead to increased metabolic work in some downstream segments. On the whole, the calculated efficiency of whole-nephron tubular Na⁺ transport was only slightly decreased. Alteration of the efficiency of tubular Na⁺ transport has been also reported under conditions that alter NO synthesis, such as treatment with an NO synthase blocker or 5/6 nephrectomy (Epstein et al. 1994; Welch et al. 2005). It should be mentioned that more subtle changes occur at the level of specific nephron segments such as the CCD, where increased expression of α -ENaC and Na,K-ATPase α 1-subunit are observed. These alterations cannot be due to increased aldosterone levels and imply that regulation of Na⁺ transport by the collecting duct occurs via both aldosterone-dependent and -independent mechanisms that may rely on secretion of paracrine factors such as the recently described α -ketoglutarate pathway (Grimm *et al.* 2015).

Whether NHE3 is regulated by dietary Na⁺ remained controversial. In one study, NHE3 expression was found to increase after salt restriction (Fisher *et al.* 2001). Other studies showed no change in NHE3 abundance in response to alterations in dietary Na⁺ (Masilamani *et al.* 2002; Thomson *et al.* 2006; Yang *et al.* 2008), or else found that HSD induces a redistribution of NHE3 from the top to the base of the microvilli (Yang *et al.* 2008). Our results indicate that under steady-state conditions, HSD decreases both NHE3 expression and Na⁺ transport along the mouse PT while LSD results in opposite changes. In accordance with our results, Thomson *et al.* (2006) reported that in rats, salt loading for 7 days decreased Na⁺ transport in the PT.



Figure 10. Mathematical modelling of oxygen consumption and the efficiency of Na⁺ transport under different salt diets

The rate of O_2 consumption (QO_2 ; A) and the efficiency of Na^+ transport (TNa/QO_2 ; B) were computed using an *in silico* model of Na^+ transport along the rat nephron. Under LSD, total QO_2 was predicted to increase slightly. Relative to NSD, it was higher in PCTs, mTALs, DCTs, CCDs and OMCDs, and lower in cTALs and IMCDs. Conversely, under HSD, total QO_2 was predicted to decrease slightly, particularly as a result of a significant decrease in mTALs and CNTs. B, under LSD, total TNa/QO_2 slightly decreased, relative to NSD. The TNa/QO_2 decrease was particularly pronounced in all CD segments. Under HSD, total TNa/QO_2 slightly decreased as well. TNa/QO_2 was predicted to decrease in cTALs and all CD segments.

Some studies showed no changes in the abundance of NKCC2 with HSD (Ecelbarger *et al.* 1996; Yang *et al.* 2008), while others found increased NKCC2 abundance in response to chronic saline loading (Song *et al.* 2004). Loffing *et al.* (2000) found that in rats HSD decreased α -ENaC expression and induced a redistribution of β -ENaC and γ -ENaC from apical to intracellular pools. We found that HSD decreased the whole-kidney expression of all ENaC subunits, whereas in microdissected CCDs the expression of α -ENaC increased but not that of γ -ENaC. This observation implies that ENaC expression diminishes in the late DCT and CNT but not in the CCD.

Tubular Na⁺ reabsorption is the major source of ATP and oxygen consumption in the kidney (Lassen & Thaysen, 1961; Brodwall & Laake, 1964; Mandel, 1986), and AMPK activity may reflect the intensity of active Na⁺ handling (Hallows *et al.* 2000). We have previously shown that enhanced Na⁺ transport in cultured CD principal cells (Wang *et al.* 2014) increased AMPK α -subunit and ACC phosphorylation (Ha *et al.* 1994), indicating AMPK activation. Hallows *et al.* (2000) suggested that AMPK may link cellular metabolism and ion transport. In the present study, we found a globally positive relationship between estimated Na⁺ transport and AMPK activity in isolated nephron segments. Therefore, AMPK activity as estimated by phosphorylated ACC may represent an indication of increased tubular Na⁺ transport.

In conclusion, our results show that in response to variations in dietary salt intake, changes in tubular Na^+ transport occur via both regulations of transporter expression as well as Na^+ delivery. This study suggests that Na^+ transport along a given segment is strongly impacted by Na^+ delivery to that segment. In addition, our results indicate that variations in dietary Na^+ induce a redistribution of tubular Na^+ transport in the mouse kidney. These findings should be further confirmed in humans.

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Additional information

Author contributions

KU: designed research studies, conducted experiments, acquired data, analysed data, and wrote the manuscript. AA: designed

research studies, conducted experiments, acquired data. IR: conducted experiments, acquired data, analysed data. ED: conducted experiments, acquired data. MM: performed aldosterone level measurements. CB: performed GFR measurements and metabolic cage experiments. CAW: designed *in vivo* research studies. JL: provided material, designed experiments, analysed data. AE: designed research studies, performed mathematical model simulations, analysed data, and wrote manuscript. EF: designed research studies, conducted experiments, analysed data, and wrote manuscript. All authors read and approved the final manuscript.

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