# Ontogeny and functional adaptation of trabecular bone in the human foot 

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# This dissertation is submitted for the <br> degree of Doctor of Philosophy 

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## Declaration

This dissertation is the result of my own work and includes nothing which is the outcome of work done in collaboration except as declared in the Preface and specified in the text. It is not substantially the same as any that I have submitted, or, is being concurrently submitted for a degree or diploma or other qualification at the University of Cambridge or any other University or similar institution. I further state that no substantial part of my dissertation has already been submitted, or, is being concurrently submitted for any such degree, diploma or other qualification at the University of Cambridge or any other University or similar institution except as declared in the Preface and specified in the text. It does not exceed the prescribed word limit of 80,000 words excluding references and appendices.

## Jacobus Saers

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## Summary

Trabecular bone forms the internal scaffolding of most bones, and consists of a microscopic latticelike structure of interconnected bony struts. Experimental work has demonstrated that trabecular bone adapts its structural rigidity and orientation in response to the strains placed upon the skeleton during life, a concept popularly known as "Wolff"s Law" or "bone functional adaptation". Anthropological work has focused on correlating variation in primate trabecular bone to locomotor and masticatory function, to provide a context for the interpretation of fossil morphology. However, intraspecies variation and its underlying mechanisms are still poorly understood. In this thesis, variation in trabecular bone structure is examined in the human foot in four archaeological populations. The aim is to tease apart the factors underlying variation in human trabecular microstructure to determine whether it may be a suitable proxy for inferring terrestrial mobility in past populations.
$\mu \mathrm{CT}$ scanning is used to image the three-dimensional trabecular structure of the talus, calcaneus, and first metatarsal in samples from four archaeological populations. Trabecular structure is quantified in seventeen volumes of interest placed throughout the foot.

Trabecular bone is influenced by a variety of factors including body mass, age, diet, temperature, genetics, sex, and mechanical loading. Before trabecular structure can be used to infer habitual behaviour, the effects of these factors need to be understood and ideally statistically accounted for. Therefore, the effects of variation in bone size and shape, body mass, age, and sex on human trabecular structure are examined in four populations. Significant effects of body mass and age are reported, but little sexual dimorphism was found within populations. Taking these results into account, variation in trabecular structure is compared between archaeological populations that were divided into high and low mobility categories. Results demonstrate that the four populations show similar patterns of trabecular variation throughout the foot, with a signal of terrestrial mobility level superimposed upon it. Terrestrial mobility is associated with greater bone volume fraction and thicker, more widely spaced, and less interconnected trabeculae.

Ontogeny of trabecular bone in the human calcaneus is investigated in two archaeological populations in the final chapter of the thesis. Results indicate that calcaneal trabecular bone adapts predictably to changes in loading associated with phases of gait maturation and increases in body mass. This opens the possibility of using trabecular structure to serve as a proxy of neuromuscular development in juvenile hominins.

This work demonstrates that trabecular bone may serve as a useful proxy of habitual behaviour in hominin fossils and past populations when all contributing factors are carefully considered and ideally statistically controlled for.

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## Chapter 1 - Trabecular bone functional adaptation

## Introduction

Trabecular bone is a porous, lattice-like structure of bone found predominantly in the epiphyseal ends of long bones, and other irregular bones such as vertebrae, the ilium, and the calcaneus. The threedimensional microstructure of trabecular bone is seeing a rapid increase in research due to the increased availability of microtomography scanning and high-throughput computing. Experimental work has provided evidence that trabecular bone adapts rapidly to mechanical loading and may therefore be a useful proxy for inferring past habitual behaviour from skeletal morphology. Anthropological research has focused on correlating variation trabecular bone structure to locomotor mode in primates. The goal of such studies is to find anatomical correlates of behaviour and to provide a context for the interpretation of fossil morphology. Relatively little attention has been paid to within species variation. Before behaviour can be inferred from fossil morphology, the range of within species variation and the mechanisms underlying this variation must be understood. This thesis focuses on variation in trabecular bone structure in the human foot in four archaeological populations. The aim is to tease apart the factors underlying variation in human trabecular microstructure to determine whether it may be useful as a proxy for inferring behaviour in the past. The calcaneus, talus, and first metatarsal were chosen for their distinctive roles during bipedal gait. This is the first study to thoroughly examine variation in human trabecular bone and systematically assesses the factors underlying this variation.

## Bone functional adaptation

Adaptation is defined as "the evolutionary process whereby an organism becomes fitted to its environment, or a structure or habit fitted for some special environment or activity" (Lawrence, 1995). Adaptation encompasses all aspects of the fit between an organism and its environment, both during an individual's life (phenotypic plasticity) or over generations by genetic adaptation through natural selection. Humans show a high degree of phenotypic variation, yet a relatively low degree of genetic diversity (Li et al., 2008). Phenotypic plasticity has been argued to have played a key role in the rapid dispersal of Homo sapiens, allowing humans to survive in a diverse range of climates and habitats (Wells and Stock, 2007). Wells and Stock (2007) modelled human adaptation as consisting of physiological plasticity, and cultural and behavioural buffering, leaving the residual stresses to be accommodated through natural selection. Famous examples of phenotypic adaptation to the environment are Bergmann's (Bergmann, 1847) and Allen's (Allen, 1877) rule. Bergmann's rule states that within geographically wide-ranging species, the larger bodied variants are found in the colder regions while smaller bodied variants are found in the warmer regions. Allen's rule states that individuals in cold climates possess shorter extremities than individuals in warmer climates. Both rules are products of thermoregulatory adaptations, reducing surface area to body volume ratio in colder environments to conserve heat, whilst increasing the ration in warmer climates to dispense of it more
quickly (Ruff, 1994; Kurki et al., 2008; Stock, 2009; Davies, 2012). The environment is not the only determinant of an individual's skeletal phenotype. Bone shape and size are highly variable and the observed phenotype is a combination of a number of interacting variables including: habitual loading (Trinkaus et al., 1994; Shaw and Stock, 2009 a; b; Warden et al., 2014), climate (Ruff, 1994; Holliday, 1997; Kurki et al., 2008; Stock, 2009; Davies, 2012), nutrition (Cowgill, 2010), health (Maat, 2005), and (epi-)genetics (Badyaev and Martin, 2000; Robling and Turner, 2002; Judex et al., 2004; Dubois et al., 2007; Morris et al., 2012; Wallace et al., 2012; 2017). Increased strain under mechanical loading placed upon a bone, for example through increased body mass or regular activity, results in the formation of new bone which stiffens the bone reducing the strain to its original level. Habitual inactivity on the other hand, causes bone to be resorbed which weakens the bone until it reaches the normalized strain levels (Frost, 2003; Christen et al., 2014).

The ability of bone to perform effectively under its function-specific loadings depends on the bone's material properties and its spatial arrangement (Currey, 2003). The term 'bone functional adaptation' is used to describe the general premise that bone tissue and structure adapts to the mechanical forces it experiences by altering bone shape and size (Ruff 2008). The mechanisms that control where and how bone cells are activated are complex and not fully understood (Wallace et al., 2017). Four types of bone cells are important in this process. Osteoblasts are cells that produce bone by synthesizing and calcifying collagen. Osteoclasts are cells that degrade bone matrix. Most bone cells are osteocytes and bone lining cells. Osteocytes lie within the bone matrix which in turn is surrounded by bone lining cells on the surface. Both osteocytes and lining cells derive from osteoblasts that have stopped producing bone matrix. When an osteoblast stops working it is replaced and buried by a new osteoblast, and turns into an osteocyte. When osteoblast recruitment has stopped, the last remaining osteoblasts flatten out into lining cells after they have stopped producing matrix (Burger and KleinNulend, 1999; Huiskes et al., 2000). Osteocytes are post-mitotic and imbedded in hard tissue, making them difficult to study. However, multiple studies have observed that mechanical loading activates several cellular processes in osteocytes including gene activation, growth factor production, and matrix synthesis (Inaoka et al., 1995; Lean et al., 1995; Burger and Klein-Nulend, 1999; Wallace et al., 2017). Osteocytes remain connected with bone surface cells and neighbouring osteocytes via a network of lacunae and canaliculi. This network of interconnected cells, filled with interstitial fluid is an ideal structure for the detection of mechanical inadequacies in the bone. One method through which bone adapts to mechanical forces is the strain-driven motion of interstitial fluid through the canaliculi and along the osteocytes which is subsequently sensed and transducted by the osteocytes (Burger and Klein-Nulend, 1999; Huiskes et al., 2000; Currey, 2002; Knothe Tate, 2003; Wallace et al., 2017). Strain causes the interstitial fluid to be squeezed through the small non-mineralized matrix surrounding osteocytes, producing shear stress at the cell membrane. This signals the osteocytes to increase their activities and recruit osteoblasts. When strains are normalized a balanced state is reached in which bone formation and removal are roughly equal, although a state of equilibrium is
never reached (Christen et al., 2014). When bone is disused the osteoclasts are no longer suppressed and start removing bone until a state of balance has yet again been established (Burger and KleinNulend, 1999).

## Bone functional adaptation in anthropology

The principles of bone functional adaptation have been applied to the archaeological and fossil record mainly by studying variation in the cross-sectional shape of long bone diaphyses. Cross-sectional geometric analysis has been used by anthropologists to investigate long-term evolutionary trends (Churchill, 1994; Pearson, 1997; Trinkaus and Ruff, 2012) as well as differences in habitual activity within and between populations (Ruff and Hayes, 1983; Shaw and Stock, 2009 b; Sparacello et al., 2011; Stock et al., 2011). This type of research is used most often to distinguish between subsistence strategies (Ruff et al., 1984; Bridges, 1989), sexual division of labour (Pomeroy and Zakrzewski, 2009; Villotte et al., 2010), mobility levels (Ruff and Hayes, 1983; Holt, 2003; Shaw and Stock, 2013), and environmental contexts (Ruff, 1994; Stock and Pfeiffer, 2001; Marchi et al., 2006; Sparacello et al., 2011).

The relationships between bone morphology and habitual activities are not entirely straightforward (Lieberman et al., 2004; Wallace et al., 2014). Extracting relevant behavioural data from cortical bone morphology is complicated, as cross-sectional morphology is the combined result of not just habitual activity (Haapasalo et al., 2000; Wallace et al., 2007; Shaw and Stock, 2009a, 2009b; Wallace et al., 2017), but also diet (Cowgill, 2010), Climate (Pearson, 2000; Davies, 2012), environment (Marchi et al., 2006; Sparacello and Marchi, 2008), and (epi-) genetics (Badyaev and Martin, 2000; Judex et al., 2004; Dubois et al., 2007; Morris et al., 2012; Wallace et al., 2012). The remodeling rate of bone is high during growth but following this period the skeletal response is severely reduced (Forwood and Burr, 1993; Wallace et al., 2017). However, remodeling in mature bone does continue over a longer time frame with the possibility of cumulative long-term effects (Pearson and Lieberman, 2004). Despite the many factors influencing bone morphology, the study of cross-sectional geometry has led to significant insights into the habitual activities of past human populations that would otherwise be undetectable in the archaeological and fossil records (Ruff, 2008). The analysis of trabecular bone is a relatively new approach that is increasingly becoming available to researchers through computation improvements. Trabecular bone has different geometric, biological, and mechanical properties which may be able to provide a higher interpretive resolution reflective of physical activity during life when combined with analyses of diaphyseal cross-sectional geometry.

## Trabecular bone

The study of the three-dimensional structure of trabecular bone has only recently become feasible due to the availability of high-resolution micro-CT scanning and high-throughput computing. Trabecular bone is a complex, porous three-dimensional structure consisting of interconnected bony struts called trabeculae, which is found inside joints across the skeleton. Trabecular bone combines strength and
stiffness with minimal weight for optimal load transfer, following the rules of mathematical design (Huiskes et al., 2000; Ruimerman et al., 2005; Reznikov et al., 2016). Due to their different structural organization and material composition, the mechanical properties of cortical and trabecular bone differ substantially. Cortical bone is stiffer than trabecular bone, being able to withstand greater stress, but substantially less strain before failure (Frankel and Nording, 2012). Trabeculae are thought to be oriented in line with principal loads, making them efficient at load bearing, a concept known as Wolff's law (Wolff, 1867; Gefen and Seliktar, 2004) or bone functional adaptation (Ruff, 2008). The principles of Wolff's law can be observed in the human foot where trabeculae are aligned to the principal directions of mechanical stress (Figure 1.1). This non-random structural optimization is accomplished through the removal of bone in unstrained areas and deposition of bone in strained areas (Currey, 1984, 2002; Rubin et al., 2002).


Figure 1.1. Sagittal cross-section of a mummified human foot demonstrating the alignment of the trabecular structure to principal loading directions.

The annual turnover rate of cortical bone in adult humans is about $2-3 \%$, whereas the rate is approximately $25 \%$ in trabecular bone (Eriksen, 1986), although these percentages vary considerably based on anatomical location and local loading conditions (Menkes et al., 1993; Parfitt, 2002). Due to its complex structure and high remodeling rate, trabecular bone may be more dynamic in its response to mechanical loading than cortical bone (Huiskes et al., 2000; Ryan and Krovitz, 2006; Barak et al., 2011; Ryan and Shaw, 2012). Experimental and modelling data suggest a strong correlation between habitual mechanical loading and trabecular architectural properties, total bone volume, and elastic, yield, and strength properties (Odgaard et al., 1997; Huiskes et al., 2000; Pontzer et al., 2006; Fajardo et al., 2007; Rincón-Kohli and Zysset, 2009; Barak et al., 2011; Lazenby et al., 2011a; Ryan and Shaw, 2012; Zeininger, 2013; Tsegai et al., 2013; Saers et al., 2016). Theoretically, trabecular bone should be an effective proxy of behaviour in fossils and for distinguishing locomotor correlates from phylogenetic baggage (Macchiarelli et al., 1999; Fajardo and Müller, 2001; Ryan and Shaw, 2012; Zeininger, 2013; Skinner et al., 2015). External bone morphology can arguably be unused retentions of ancestral traits that are no longer functional and provide a false indication of habitual behaviour (Gould and Lewontin, 1979; Ward, 2002). The internal trabecular structure of bone may not be as
strictly bound by a genetic bauplan as the external features. Combined with its sensitivity to mechanical loading and high remodeling rates, the analysis of trabecular bone functional adaptation may provide a dynamic source of data reflecting the mechanical forces placed upon bones during life.

The three-dimensional structure of trabecular bone is often described using several trabecular structural properties which are summarized in Table 1.1.

Table 1.1. Definitions of trabecular structural properties discussed in this thesis.

| Measurement | Abv. | Units | Description |
| :--- | :--- | :--- | :--- |
| Bone volume fraction | $\mathrm{BV} / \mathrm{TV}$ | $\%$ | Ratio of bone volume to total volume of interest |
| Degree of anisotropy | DA | - | Extent to which trabeculae are similarly oriented |
| Trabecular thickness | $\mathrm{Tb} . \mathrm{Th}$ | mm | Average trabecular strut thickness |
| Trabecular spacing | $\mathrm{Tb} . \mathrm{Sp}$ | mm | Average distance between struts |
| Connectivity density | Conn.D | $\mathrm{mm}^{-3}$ | Number of interconnected trabeculae per volume |

Trabecular structural properties vary within and between skeletal elements (Skedros and Baucom, 2007; Rincón-Kohli and Zysset, 2009). Trabecular bone structure is anisotropic and therefore its strength and stiffness depend on loading direction. Trabecular bone stiffness also depends on the type of loading it is subjected to, it is much stiffer in compression than tension, and least stiff in shear (Keaveny et al., 2001; Frankel and Nording, 2012). Combinations of structural properties and bone volume have been shown to accurately reflect the true elastic, yield, and strength properties of trabecular bone (Ulrich et al., 1999; Keaveny et al., 2001; Homminga et al., 2003; Rincón-Kohli and Zysset, 2009; Maquer et al., 2015). Rincón-Kohli and Zysset (2009) quantified the morphological and multi-axial strength properties of human trabecular bone cores taken from different skeletal sites. They used bone core samples aligned to the primary material direction and applied uni-axial traction, torsion, uni-axial compression, and three multi-axial compression tests. Afterwards, trabecular properties were correlated to the experimentally derived elastic, yield, and strength properties. They found that roughly $91 \%$ of the observed variation in measured mechanical properties could be explained by a composite measure of bone volume fraction and trabecular architectural properties. Maquer et al. (2015) found that BV/TV explained roughly $87 \%$ of variation in elastic properties of trabecular bone from multiple individuals and anatomical locations. They found that a combination of degree of anisotropy with BV/TV could predict $97 \%$ of bone elastic properties calculated using finite element analysis. Adding other properties such as trabecular thickness or connectivity created only marginal improvements ( $<1 \%$ ). It is important to note that these structural properties are only an approximation of actual mechanical properties. Structural properties are only averages of bone properties within a selected volume of interest, and do not precisely reflect the geometry of the actual trabecular structure. Studies using nanoindentation to measure the tissue elastic modulus have demonstrated that the material composition of the trabecular bone varies within and between individuals (Zysset et al., 1999). Measures of trabecular structural properties are unaffected by subtle
damage within trabeculae and microcracks caused by material overloading. Several studies have demonstrated that this small damage significantly reduces the apparent modulus of trabecular bone (Zysset and Curnier, 1996; Kopperdahl et al., 2000). After many cyclic loadings, fatigue and creep will also decrease trabecular bone strength through the accumulation of microdamage and deformation, respectively. The exact creep and fatigue characteristics of trabecular bone are unknown as bone is actively repaired by remodeling (Keaveny et al., 2001). It should therefore be kept in mind that although trabecular bone structural properties are highly correlated to experimentally determined mechanical properties, they are only approximations of actual bone strength.

Experiments have demonstrated that variation in trabecular properties and orientation corresponds to variation in loading conditions within and amongst several animal species. Experimental studies on the knees of guinea fowl (Pontzer et al., 2006) and the tarsals of sheep (Barak et al., 2011) have demonstrated the functional response of trabecular bone architecture to the magnitude and the direction of mechanical loads experienced. Barak and colleagues (2011) studied three groups of sheep: one group was exercised daily on a horizontal treadmill, and one group was exercised daily on an inclined treadmill which caused tarsal joint extension by $3-4.5^{\circ}$ during peak loading. Additionally, the tarsal joint angle of the incline group was maintained in a more extended posture throughout the day by placing elevated platform shoes on their forelimbs. A third control group did not run but wore platform shoes throughout the day. The sheep were obtained at the age of 3 weeks, and were exercised 15 minutes a day, 6 days a week, for 34 days. The exercised groups displayed significant differences in trabecular structural properties compared to the non-exercised groups, including significantly higher bone volume fraction (BV/TV), trabecular thickness (Tb.Th), trabecular number (Tb.N), lower trabecular spacing (Tb.Sp), and less rod-shaped trabeculae (higher structure model index, SMI). The orientation of trabeculae was 2.7 to $4.3^{\circ}$ more obtuse in the incline group versus the horizontal group. The non-exercised control group did not show any change in directionality of trabecular bone (Barak et al., 2011). This suggests that the magnitude of forces placed upon the trabecular bone is an important factor in remodeling, and that trabecular bone only remodels when subjected to strains above a certain threshold. A similar study was conducted by Pontzer and colleagues on guinea fowl where one group ran on a horizontal treadmill and the other on a $20^{\circ}$ inclined treadmill, and found similar differences in trabecular orientation within the knee (Pontzer et al., 2006).

Studies on inter-specific variation attempting to distinguish between locomotor modes of primates by examining trabecular bone architecture have produced mixed results depending on experimental design (Fajardo and Müller, 2001; Maga et al., 2006; Fajardo et al., 2007; Griffin et al., 2010; Ryan and Walker, 2010; Lazenby et al., 2011 a; Saparin et al., 2011; Shaw and Ryan, 2012; Ryan and Shaw, 2012, 2013; Tsegai et al., 2013; Scherf et al., 2013). Significant variation in trabecular structures between primates with different locomotor modes were found by Ryan and Shaw (2012). They used multivariate discriminant function analysis to compare suites of trabecular architectural properties rather than individual properties, which allowed them to accurately distinguish between locomotor
groups. Scherf et al. (2013) also adopted this approach in their study of the proximal humerus of humans, orangutans and chimpanzees. Principal component analysis distinguished between the three taxa and enabled a structural characterization of the humeral trabecular bone of each species. The authors attributed differences in trabecular organization to variation in loading patterns associated with different activity patterns. Maga et al. (2006) comapred the trabecular structure of the calcanei of a small sample of 2 humans, 2 chimpanzees, 1 gorilla and 1 orangutan. They found large differences between humans and the other primates, but were not able to determine the differences statistically due to low sample size. The most striking differences were in DA, conforming to the expectation that more humans load their calcanei in more uniform ways compared to the other primates in the sample (Maga et al., 2006). Griffin and colleagues (2010 b) investigated the presence of a locomotor signal in the metatarsals and phalanges of extant hominins. They observed that trabecular structures within the metatarsal head of humans were more anisotropic compared to the other primates. Differences were most prominent in the dorsal aspect of the metatarsal head, which they argues may be related to a propulsive function of the forefoot that is unique to humans (Griffin et al., 2010).

Several researchers have examined the trabecular bone morphology of fossil hominins compared to modern humans and other extant primates. Barak et al. (2013) investigated trabecular structural organization of the distal tibia to assess whether Australopithecus africanus walked with an extended knee like modern humans or a flexed knee like chimpanzees. They observed that human ankles were $10^{\circ}$ more plantarflexed during midstance compared to chimpanzees. Results suggested that the trabecular orientation of the Australopithecus was similar to that of humans but not of chimpanzees. Trabecular structural properties were different in all three groups, with Australopithecus falling mostly between the values of humans and chimpanzees. Earlier work has demonstrated that the lateral part of the tibial distal articular surface bears the highest loads (Kimizuka et al., 1980). Barak and colleagues (2013) found this also to be reflected in the trabecular architecture of all three species, and suggest that this may be a primitive trait. DeSilva and Devlin (2012) compared the trabecular organization of human tali to other primates and fossil australopiths. They did not manage to find a specific locomotor signature between species and argue that talar trabecular structure is highly conservative. Alternatively, the lack of a clear locomotor signal may have been a consequence of their study design. The authors examined trabecular bone from four arbitrarily divided quadrants, possibly averaging out any variation in the process. They also did not investigate trabecular orientation. Su and colleagues (2013) investigated the talar trabecular bone orientation of humans, chimpanzees, gorillas, orang-utans and the KNM-ER 1464 Early Pleistocene hominin (typically assigned to Paranthropus boisei). They examined nine volumes of interest taken just below the talar trochlea, where a functional loading signal might be more readily indentified. The authors found that humans have more anisotropic trabeculae and higher inter regional variation in anisotropy than the comparative species. This conforms to expectations that humans load their tali in a uniform direction during bipedal terrestrial locomotion whereas other apes load their tali in more variable directions by combining terrestrial and
arboreal mobility. The fossil talus of KNM-ER 1464 showed a mix of similarities to both humans and non-human apes in different locations, conform to the current consensus that although habitually bipedal, its locomotion was likely different than that of modern humans and included a possible arboreal component. Macchiarelli and colleagues (1999) studied the pelvis of South African australopiths compared to humans and primates and also came to the conclusion that Australopithecus falls somewhere between modern humans and extant apes in pelvic trabecular morphology.

Numerous alleles have been associated with variation in trabecular structure and the norms of reaction to mechanical loading (Robling et al., 2003, 2007; Judex et al., 2004; Kesavan et al., 2006; Wallace et al., 2012, 2017). Growth must be canalized and regulated to a degree in order to ensure that normal development can proceed regardless of environmental conditions (Badyaev and Martin, 2000). As a result, many components of body size, shape, and bone morphology are genetically canalized to some extent (Lovejoy et al., 2003; Dubois et al., 2007; Wells and Stock, 2007, 2011; Morris et al., 2012; Wallace et al., 2012). Cunningham and Black (2009) found similar trabecular structures in the ilium of neonates and adults that were previously thought to be adaptive to bipedal locomotion. They argue that the observed trabecular patterning in the ilium may be indicative of a predetermined template upon which functional locomotor influences are superimposed at a later age. It has been suggested that certain genes control site-specific bone distribution (Turner et al., 2000; Judex et al., 2004). Turner et al. (2000) compared the cortical and trabecular bone structures in two strains of inbred mice in the femoral midshaft, femoral neck, and the lumber vertebrae. The $\mathrm{C} 3 \mathrm{H} / \mathrm{HeJ}$ group of mice are associated with high cortical bone strength, but possessed low trabecular bone strength compared to B6 mice. The lack of trabecular strengthening in the C3H strain may be caused by site specific genetic factors, but it may also be that the increased cortical bone buffers strains reducing the need for a strong trabecular structure. However, no correlation was found between cortical thickness and vertebral strength. This research does demonstrate that the observation of greater femoral bone strength does not imply greater bone strength across the entire skeleton. Judex et al. (2004) further examined the site specific effects of genes on cortical and trabecular bone structure in three distinct strains of mice who had been previously labeled low, medium, and high BMD based on whole bone density. Their results indicate that genetic control of bone structure is highly site-specific. Studies using exogenous limb loading have demonstrated that some inbred mouse strains require more diaphyseal deformation to prompt osteogenesis, and show lower increases with deformation (Akhter et al., 1998; Robling and Turner, 2002; Kesavan et al., 2005). Over eighty percent of genetic diversity in humans in found within populations ( Li et al., 2008), and there is little evidence that alleles affecting bone mechanoresponsiveness are unequally distributed between populations (Styrkarsdottir et al., 2010). Thus, there is little reason to believe that analyses that test differences in bone structure between large enough samples of populations should be biased by genetic factors (Wallace et al., 2017). However, recent research using outbred mice suggests that differences in the norms of reaction to loading may be found in separate populations (Wallace et al., 2015).

The effects of diet on trabecular bone structure are not well known. Jatkar et al. (2016) compared cortical and trabecular bone of mice fed for 15 weeks with a high-fat, high fructose, or control diets. They found that the high-fat diet increased osteoclastogenesis and leptin levels, and significantly decreased trabecular bone volume fraction and cortical thickness compared to the other two diets. Fructose consumption did not affect bone or fat mass, however, it did singificantly compromise bone stiffness (Jatkar et al., 2016). Minimal differences were found in body mass between the three categories of mice only at the end of the 15 week period. High-protein diets are also thought to be detrimental to bone mass. The effects of protein intake on bone are dose-dependent, and also depend on calcium intake and the intake of Vitamin D (Agarwal, 2007). Mixed results regarding the relationship between calcium intake and bone fragility are found in the clinical literature. Calcium supplementation has been demonstrated to be ineffective in preventing bone loss in older women (Elders et al., 1994), and in preventing fractures (Feskanich et al., 1994), or even promoting fractures (Abelow et al., 1992).

The effects of temperature on trabecular bone during growth and development are not well understood, but cold dwelling humans also have been demonstrated to possess lower cortical thickness than those from warmer environments (Wallace et al., 2014; Devlin et al., 2016). Devlin et al. (2016) tested the hypothesis that trabecular bone mass acquisition would reduce in groups of growing mice housed in habitats at different temperatures with ad libitum access to food and water. They found mice housed at $66-72{ }^{\circ} \mathrm{F}$ showed $43-66 \%$ lower BV/TV and $35-46 \%$ lower Tb .Th than mice held at $78{ }^{\circ} \mathrm{F}$. These results indicate that temperature has a significant effect on bone structure, despite unrestricted access to energy and water.

Overall, the studies described here suggest that trabecular bone dynamically adjusts and realigns itself in relation to changes in peak loading direction of mechanical stress. While the effects of environmental variables such as climate, diet, health, age, and (epi-) genetics on cortical bone variation are relatively well studied, this is not yet the case for trabecular bone. Trabecular bone structure is clearly not exclusively shaped by mechanical loading. However, its apparent responsiveness to loading combined with its rapid remodeling rate and complex structure theoretically makes trabecular bone a suitable proxy for inferring behaviour in fossil and archaeological samples when all factors are carefully considered.

## Trabecular bone ontogeny

Bone growth occurs via the transformation of growth plate cartilage into bone through a series of cell and matrix changes (Byers et al., 2000; Parfitt et al., 2000; Burr and Organ, 2017). The transformation from growth plate cartilage to trabecular bone is similar amongst mammals, indicating a highly conserved process (Frost and Jee, 1994 a; Byers et al., 2000). This process sets up a basic trabecular structure which is later modified through biological and mechanical factors (Ryan et al., 2017). Byers et al. (2000) found that BV/TV and Tb.Th increased and trabecular number decreased with age, and
that trabecular structure changed most rapidly during the first year of life. Frost and Jee (1994 b) argue that the effects of mechanical usage during this period of rapid bone growth explain many of the features observed during the ossification process. They propose a model which states that mechanical strain is the controlling mechanism for endochondral ossification, in which the underloaded elements of the dense bone structure during the first years of life are removed and bone is added in strained areas, resulting in a mechanically adapted state (Frost and Jee, 1994 b). This model correctly predicts observations of bone loss at early stages of ontogeny, and explains it as the result of the removal of redundant material based on mechanical loading. Most work on trabecular bone ontogeny has been performed on a range of mammal species (Nafei et al., 2000; Tanck et al., 2001; Wolschrijn and Weijs, 2004). In a study on pig vertebrae and tibiae Tanck et al. (2001) found that BV/TV and anisotropy increase with age and body mass, with a time-lag between increases in bone mass and anisotropy. They argue that bone mass is added first, and subsequently refined into an efficiently oriented structure. This process was also found in two studies of human trabecular ontogeny (Ryan and Krovitz, 2006; Gosman and Ketcham, 2009). Ryan and Krovitz (2006) examined femoral trabecular bone properties in humans. The authors analysed the trabecular structure of the femoral head of 15 children aged between 6 months and 3 years. The individuals belonged to a group of village agriculturalists from the Norris Farms \#36 site from the Illinois River Valley, USA, dated to 1300 AD . Gosman and Ketcham (2009) studied the proximal tibia of subadults from an archaeological skeletal sample from Sunwatch Village, also an agriculturalist site from the Late Prehistoric Ohio Valley. Both studies found similar patterns in the proximal tibia and the femoral head. At birth, trabecular architecture is dense and constructed of numerous small anisotropic trabeculae. During the first year of life bone volume, anisotropy, and trabecular number decrease. Trabecular bone is subsequently reorganized through biological and mechanical factors resulting in fewer, thicker, and more complexly organized systems of trabeculae (Ryan and Krovitz, 2006; Gosman and Ketcham, 2009). The results from studies on humans and other animals suggest a similarity in the developmental process of trabecular bone across species and anatomical sites. Primary trabecular bone is deposited dense and uniformly oriented across studies. However, these initial structures then appear to remodel rapidly into diverging morphologies under the influence of mechanical loading.

## Allometry

Body size is a vital aspect of an animal's biology and it has important functional implications for an organism. If an organism scales isometrically, a two-fold increase length will result in a four-fold increase in surface area, and an eight-fold increase in mass and volume. Its body needs to support eight times more mass with bone and muscle strength that has only increased four times, creating a mismatch between scaling and physical demands. A scaling relationship is called allometric when traits scale in any other way than the above described isometry.

Research has demonstrated that trabecular properties scale to increases in body size in different ways (Swartz et al., 1998; Doube et al., 2011; Ryan and Shaw, 2013). Trabecular thickness scales negatively
or not at all with body size, thus trabeculae are relatively larger in small bodied taxa compared to larger ones (Fajardo and Müller, 2001). Smaller bodied taxa also have relatively fewer trabeculae, and they have a larger percentage of trabeculae that connect to cortical bone instead of other trabeculae (Swartz et al., 1998). Swartz and colleagues (1998) calculated trabecular lengths and diameters using cross-sections of humeral head trabecular bone of mammals ranging in size between 40000 and 0.004 kg and found a strong negative allometry across the sample. However, in a sample containing only bats, Swartz and colleagues (1998) found an isometric scaling relationship between trabecular thickness and body size. This raised the possibility of a phylogenetic effect on this relationship or different relationships between trabecular structure and animals of different body sizes. The relationship between body mass and trabecular properties was further investigated recently using three-dimensional $\mu$ CT scanning (Doube et al., 2011; Ryan and Shaw, 2013). Ryan and Shaw (2013) investigated scaling relationships in the humerus and the femur of a group of 34 genera of primates covering a range of body sizes between 0.06 and 230 kg . The authors found that $\mathrm{BV} / \mathrm{TV}, \mathrm{Tb} . \mathrm{Th}$, and Tb.Sp. increased with body size whereas the ratio of bone surface area to volume decreased. Tb.N, DA, and Conn.D scaled inversely with body size. They found that most of these variables scaled with significant negative allometry except bone surface area to volume ratio which scaled with positive allometry. A slight positive relationship between BV/TV and body size was found in primates by Ryan and Shaw (2013) and in mammals and birds by Doube et al. (2011). This relationship approaches isometry but still significantly deviates from it. There are several possible avenues by which trabecular bone mass can increase with body size, such as by simply increasing trabecular thickness or number. Ryan and Shaw (2013) noted that larger primates possess absolutely larger and more widely spaced trabeculae but that they are relatively thinner and more closely packed when accounting for differences in body size. It thus appears that increased BV/TV with body size is reached by a combination of increased Tb.Th, Conn.D, and Tb.N. Theoretically the most efficient way of reducing strain would be to just increase $\mathrm{Tb} . \mathrm{Th}$, however trabecular thickness is constrained by osteocyte function. Osteocytes can only function at a distance of 0.230 mm away from the bone surface (Lozupone and Favia, 1990). This constrains the maximum width of trabeculae to twice this size: 0.460 mm . Shaw and Ryan (2013) suggest that this limitation to $\mathrm{Tb} . \mathrm{Th}$ forces larger animals to compensate for the increased loading through other means such as cortical bone adaptation, and different postures and gait speeds.

## Aims and structure of the thesis

Interest is rising in using trabecular structure as a potential proxy for inferring behaviour in the past. Over the last decade, anthropological work has focused on correlating variation in primate trabecular bone to locomotor and masticatory function, to provide a context for the interpretation of fossil morphology. The variation found within species and its underlying mechanisms are still poorly understood. To address this deficit, this thesis focuses on understanding variation in trabecular bone structure in the human foot.

The main aims of this project is to determine whether archaeologically inferred levels of terrestrial mobility (here defined as the sum of all lower limb locomotor loading) significantly correlate to variation in trabecular structure in the foot in past populations. The foot was chosen because the biomechanics of bipedal locomotion are similar across human populations, but the levels of terrestrial mobility differ. Population-wide estimates of terrestrial mobility can be inferred using archaeological data. Predictions can therefore be tested regarding how trabecular structure should respond to differences in terrestrial mobility based on the experimental literature.

There are numerous factors besides habitual loading that underlie trabecular bone morphology. Before the effects of behavioural variation can be examined, the contributions of non-behavioural factors must be understood. A large portion of this thesis is dedicated to elucidating the relationship between trabecular bone morphology and important variables such as body mass, bone size, age, and sex. This research assesses the suitability of trabecular bone as a proxy for inferring behaviour in the past by examining numerous factors underlying trabecular bone structure in past populations.

The materials and methods used in this dissertation are described in the remainder of this chapter. All following chapters will include a review of the relevant literature and an overview of the statistics used. In Chapter 2 the internal trabecular structure of the talus, calcaneus, and first metatarsal is explored in the context of mechanical loading during bipedal gait. Based on these findings 17 volumes of interest are placed for quantitative analysis of trabecular structure. Variation in body mass and external bone dimensions in four archaeological populations are explored in Chapter 3, followed by an examination of the correlations of these variables on trabecular structure. The relationship between trabecular properties and body mass is assessed in relation to the literature on interspecific trabecular bone allometry in Chapter 4. Results from this chapter are used to correct for the significant effects of body mass in subsequent analyses. In Chapter 5 sexual dimorphism in trabecular bone structure is examined in all four populations. Sexual dimorphism did not vary according to predictions based on sexual dimorphism in lower limb diaphyseal rigidity in most populations. Trabecular bone mass reduces significantly with age, leading to an epidemic of osteoporosis in modern industrial populations. Chapter 6 explores age-related bone loss in the archaeological populations. Trabecular structure is investigated in relation to terrestrial mobility levels in two mobile and two sedentary human populations in Chapter 7. Results indicate that all four populations have a similar distribution of trabecular properties throughout the foot with a signal of mobility superimposed upon it. Greater inferred mobility associated with greater bone volume fraction, thicker, more widely-spaced, and fewer trabeculae. The ontogeny of trabecular structure is described for the human calcaneus in Chapter 8. This chapter examines how the complex trabecular structures found in adult calcanei are established during growth and explores the roles of the development of bipedal gait and increases in body mass in shaping the calcaneus. The thesis is concluded with a summary of the results and future directions in Chapter 9.

## Materials and methods

## Populations

Five archaeological populations spanning three continents and roughly 4000 years are examined in the current study (Table 1.2). Populations were chosen based on levels of terrestrial mobility and availability for $\mu \mathrm{CT}$ scanning. The project was originally designed to focus on northeast Africa to minimise the potential effects of environmental, climatic, and genetic factors on trabecular bone variation. Unfortunately, it was logistically not possible to obtain access to additional mobile and sedentary populations housed at the British Museum in London. To obtain a suitable size of two sedentary and two mobile populations the Black Earth hunter gatherers and sedentary medieval St. Johns population were chosen. A total of eighty adult calcanei, tali and first metatarsals (Figure 1.2) were collected from four human archaeological populations, resulting in the largest intra-species sample published to date. Twenty-five juvenile calcanei from individuals aged between 0 and 20 years were studied from two populations. Bones were taken from the best-preserved side, preferentially all from the same side. Individuals showing evidence of movement impairing pathologies were excluded. Individuals showing signs of old age were not included unless no alternatives were available.


Figure 1.2. A human foot indicating the position of the calcaneus (heel), talus (ankle) and first metatarsal.

Table 1.2. Summary information of study populations used. $M=$ male, $F=$ female, $I=$ indeterminate.

| Population | Location | Date | Subsistence <br> strategy | Demography | Relative <br> mobility |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Black Earth | Illinois, | 3000 BC | Foragers | $\mathrm{M}=11, \mathrm{~F}=9$ | High |
|  | USA |  |  |  |  |
| Jebel Moya | Sudan | 100 BC <br> AD 1000 | Pastoralists | $\mathrm{M}=11, \mathrm{~F}=3, \mathrm{I}=6$ | High |


| Norris Farms | Illinois, USA | AD 1300 | Village agriculture and foraging | Juveniles: $\mathrm{I}=13$ | Intermediate |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Kerma | Sudan | $\begin{aligned} & 2100 \mathrm{BC} \\ & 1500 \mathrm{BC} \end{aligned}$ | Agriculture | $\mathrm{M}=13, \mathrm{~F}=7$ | Low |
| St. Johns | Cambridge, UK | $\begin{aligned} & \text { AD } 1230 \\ & \text { AD } 1511 \end{aligned}$ | Urban | Adults: $\mathrm{M}=10, \mathrm{~F}=10$ Juveniles: I=12 | Low |

Populations are assigned to either high or low mobility categories based on subsistence strategy and archaeological evidence. Mobility is defined here as the total sum of all locomotor activities using the lower limb (Pearson et al., 2014). The mobile Black Earth forager population is from southern Illinois, USA, and is dated to 3000 B.C. The site has been interpreted as a multi-season forager base camp (Jefferies and Avery, 1982; Jefferies, 2013). The Norris Farms \#36 population hails from central Illinois, USA, and is associated with the Oneota culture. Dated to approximately 1300 A.D., the people from Norris Farms \#36 practised a form of village agriculture supplemented with foraging (Birmingham and Eisenberg, 2000). The sedentary North African Kerma are from the ancient Nubian city of Kerma, one of the first urban centres that arose in eastern Africa, dated between 2100 and 1500 BC (Thompson et al., 2008; Nikita et al., 2011). The mobile Jebel Moya are a mobile Nubian pastoral population dated between 100 BC and AD 1000 (Mukherjee et al., 1955; Brass, 2015a). The sedentary urban St. Johns population comes from a hospital cemetery in medieval Cambridge, UK, that was used between 1230 and 1511 AD. The archaeological, behavioural, and biomechanical data available for these populations are described in detail in Appendix 1.1.

Chapters 2 to 7 examine variation in adult trabecular structure in four populations: Black Earth, Jebel Moya, Kerma, and St. Johns. In chapter 8 ontogeny is explored using juveniles from the Norris Farms and St. Johns populations.

## Body mass, age, and sex estimation

Body mass ( BM , in kg ) was estimated from measures of femoral head diameter ( FHD , in mm), measured to 0.01 mm using Mitutoyo digital callipers. Body mass was calculated as the average of three equations as recommended by Pomeroy and Stock (2012):

- $\mathrm{BM}=2.2393 \times$ FHD -39.9 (McHenry, 1992)
- $\quad \mathrm{BM}=2.2683 \times \mathrm{FHD}-36.5$ (Grine et al., 1995)
- $\mathrm{BM}_{\bigcirc}{ }^{\wedge}=2.7413 \times \mathrm{FHD}-54.9 ; \mathrm{BM} Q=2.426 \times$ FHD -35.1 (Ruff et al., 1991)

Individuals showing signs of old age were excluded during sample collection. Individuals were first selected based on preservation and excluded when general signs pathology or old age. Sex and age-atdeath estimates for the Kerma, Norris Farms and Black Earth populations were taken from existing museum collection records while the ages for St. Johns were obtained from the archaeological site
report (Cessford, 2012). Age-at-death for the Black Earth individuals was estimated using the multifactorial method described in (Lovejoy et al., 1985), and transition analysis was used to estimate age-at-death for the Norris Farms (Milner and Smith, 1990). The mean ages in years for the Black Earth sample were $31.3 \pm 4.39$ for the males and $35 \pm 9.51$ for the females. The median ages (nonnormal distribution) for the Norris Farms sample were $31.36 \pm 4.39$ for males and $26.9 \pm 6.95$ for the females. For St. Johns and Kerma, age was determined using pelvic traits (Brooks and Suchey, 1990) and molar wear (Brothwell, 1981). Three broad age categories were used: young adult 18-25, mature adult 26-45, old adult >46 (Brothwell, 1981; Brooks and Suchey, 1990; Buikstra and Ubelaker, 1994). The Jebel Moya could not be aged due to the fragmentary and incomplete nature of the collection. The Black Earth and Norris Farms were placed in the same broad categories as the Kerma and St. Johns. The sex of the all individuals was determined by pelvic and skull traits using the standards by Buikstra and Ubelaker (1994).

## $\mu C T$ scanning and analysis

The juvenile Norris Farms calcanei of the were scanned on the ONMI-X HD600 High-Resolution Xray computed tomography (HRCT) scanner at the Center for Quantitative Imaging (CQI), Pennsylvania State University (Ryan and Krovitz, 2006; Shaw and Ryan, 2012; Macintosh et al., 2013; Ryan and Shaw, 2015). HRCT scans were made using optimised energy settings using source energy settings $180 \mathrm{kV}, 110 \mu \mathrm{~A}$, and between 2800 and 4800 views. The Black Earth talus, calcaneus, and first metatarsals were later scanned at the same facility using a GE v|tome|x L300 multi-scale nano/microCT system. Resolutions obtained are $43 \mu \mathrm{~m}$ for the calcaneus, $39 \mu \mathrm{~m}$ for the MT1 and $32 \mu \mathrm{~m}$ for the talus, using 1080 views, and an exposure of 1 second. The Kerma, Jebel Moya, and St. Johns specimens were scanned using an identical protocol with a Nikon XTH 225 ST HRCT laboratory scanning system at the Cambridge Biotomography Centre, University of Cambridge. Scans were made using optimised energy settings ( $125 \mathrm{kV}, 135 \mu \mathrm{~A}, 1080$ views) with resolutions of $47 \mu \mathrm{~m}$ in the calcaneus, $33 \mu \mathrm{~m}$ in the talus, and $40 \mu \mathrm{~m}$ in the first metatarsal. Each specimen was mounted inside an acrylic tube and secured using radio-translucent low-density polyethylene foam disks (Macintosh et al., 2013). Scans are saved as 16 -bit TIFF greyscale images with a $2000 \times 2000$ pixel matrix.

Spherical volumes of interest (VOIs) were extracted from 3D models of scans using Avizo Fire 6.3. Detailed protocols for VOI placement are given in Chapter 2 after the biomechanical context of the calcaneus, talus, and first metatarsal is discussed. Once created, the spherical VOI was saved as a stack of dicom files and imported into ImageJ (http://rsbweb.nih.gov/ij/) to calculate the trabecular properties. Bone was separated from air using the optimise threshold function. Five trabecular bone morphometric variables were quantified using the BoneJ plugin (Doube, 2010) and are used throughout this thesis (Table 1.1). Bone volume fraction (BV/TV, \%) is the volume of mineralised bone per unit volume. Mean trabecular thickness (Tb.Th, mm) and trabecular separation (Tb.Sp, mm) are calculated using model-independent distance transform methods (Hildebrand and Ruegsegger, 1997; Dougherty and Kunzelmann, 2007). Connectivity density (Conn.D, $\mathrm{mm}^{-3}$ ) was calculated
following the topological approach of Odgaard and Gundersen (1993). Degree of anisotropy (DA) was determined using the mean intercept length (MIL) method and is calculated as 1 - primary eigenvalue/tertiary eigenvalue (Odgaard, 1997). Recent work has demonstrated that the widely used structure model index is unsuitable for use on real bone geometries and was thus excluded from the analysis (Salmon et al., 2015).

## Sample size

The study was initially designed to contain 20 individuals from each population with a roughly equal ratio of males and females. Unfortunately, some of the specimens that looked good externally were found to contain taphonomic damage to the internal trabecular structure. Some individuals from the Black Earth and Jebel Moya had dense material that stuck to certain trabeculae (Figure 1.3). No method was found that could accurately remove the contamination. Volumes of interest that were affected by this phenomenon were removed, resulting in a lower sample size in the Jebel Moya and Black Earth.


Figure 1.3. Dense (white) material stuck to the trabeculae of one Black Earth individual.

## Chapter 2 - Trabecular bone structure throughout the foot

## Introduction

In this chapter, the trabecular bone architecture in the calcaneus, talus, and first metatarsal is described qualitatively and quantitatively. Distinctive trabecular bone features are discussed in the context of mechanical loading during normal walking and running gait. The placement of volumes of interest in which trabecular structure is quantified throughout this thesis is described here. The mean values of trabecular properties in a pooled sex and pooled population sample are provided for each volume of interest. Predictions of trabecular structural variation in the pooled human sample are generated using biomechanical data from the literature.

Trabecular bone is adapted to effectively accommodate the strains to which is it habitually subjected (Mullender and Huiskes, 1995; Gefen and Seliktar, 2004; Skedros et al., 2004; Skedros and Baucom, 2007). Adaptation to loading conditions can be achieved through the addition of bone or an efficient organization of trabeculae in the primary direction of loading. Trabecular bone structure is highly correlated with the elastic properties of bone (Maquer et al., 2015). High BV/TV, Tb.Th, and low Conn.D are associated with high levels of mechanical strain (Hodgskinson and Currey, 1990; Goulet et al., 1994; Odgaard et al., 1997; Kabel et al., 1999; Ulrich et al., 1999; Rubin et al., 2002; Mittra et al., 2005; Rincón-Kohli and Zysset, 2009; Barak et al., 2011; Karim and Vashishth, 2011; Ryan and Shaw, 2015). Bone volume fraction is a common predictor of fracture risk in clinical settings and correlates strongly with ultimate bone strength and elastic modulus (Ulrich et al., 1999; Mittra et al., 2005; Maquer et al., 2015). Tb.Th, Tb.Sp, and Conn.D are strongly correlated to BV/TV, and after statistically removing the shared variance with BV/TV these properties have little predictive power of bone stiffness (Maquer et al., 2015). However, these properties are useful to describe how the trabecular bone is organized in different volumes of interest, and how bone structure changes with age, body mass, and under different loading conditions. In addition to BV/TV, fabric anisotropy is a good predictor of trabecular bone stiffness (Odgaard et al., 1997; Ulrich et al., 1999; Maquer et al., 2015), and has been found to correlate significantly to ultimate strength and elastic modulus (Mittra et al., 2005). Trabecular bone is stiffest when loaded in the primary direction in which struts are oriented (Odgaard et al., 1997). Maquer et al. (2015) found that BV/TV predicts $87 \%$ of variance in finite element calculated bone stiffness with an additional $10 \%$ further described by fabric anisotropy. Thus, using a combination of BV/TV and DA, they could account for $97 \%$ of variance in finite element calculated bone stiffness.

## Foot loading during gait

The foot is a highly complex system of bones, muscles, and ligaments that changes in configuration during gait. The bones of the foot move into various positions during gait which affects the distribution of loading through the foot, and are described in detail in Appendix 2.1. Measuring joint loadings in vivo is difficult without affecting foot function. The complexity of foot motion and loading
during gait and the many factors which affect them (ligaments, muscles, bone shape, bone movement, trabecular architecture) makes the creation of an accurate finite element (FE) model challenging. Parr et al. (2013) demonstrated the importance of including trabecular structure into finite element analyses by showing that tali with modelled trabecular structures were significantly stiffer than tali modelled as solid bone with the same mass. This shows that the geometry of trabecular structure and its distribution throughout the bone increases stiffness while limiting bone mass, and that FE studies which include trabecular architecture provide more accurate models of bone strength and stiffness. Gefen et al. (2000) studied the distribution of stress in a finite element model of the whole foot during six phases of stance. They found elevated Von-Mises stress in the posterior-medial calcaneus and talar trochlea during initial impact and heel-strike. During midstance, high stresses are found in the talus, calcaneus, and medial metatarsals, with the greatest loading occurring in the subtalar joint, followed by the trochlea, the Achilles tendon attachment, and the dorsal part of the first three metatarsals. During midstance, the dorsal part of the foot experiences compression while the plantar aspect experiences mostly tensile stress. As the foot flattens, the plantar ligaments and plantar fascia stretch, subjecting the anterior/plantar calcaneus and the plantar metatarsal heads to tension. During forefootcontact, push-off, and toe-off the highest stress was observed in the dorsal aspects of the first four metatarsals, shifting from the centre of the shaft to the metatarsal heads from forefoot contact to toeoff. Additionally, elevated levels of stress were found in the dorsal aspect of the talus and the posterior calcaneus (Gefen et al., 2000). The results from this FE simulation indicate that the talus, calcaneus, and first metatarsal play variable roles in load transmission during gait.

The internal trabecular architecture of the foot reflects the complex loading to which the foot is subjected during gait (Figure 2.1). In this chapter, the trabecular morphology and biomechanics of the calcaneus, talus, and first metatarsal are discussed, and the volumes of interest used throughout this thesis are determined. Trabecular structure is then quantified in volumes of interest and discussed in relation to predictions based on biomechanical analyses from the literature.


Figure 2.1. Sagittal slice through the foot and lower limb in which the main trabecular bands are shown. Illustration by von Meyer (1867) combined with orthoslices through the talus, calcaneus and first metatarsal.

## Materials and methods

Trabecular bone structure throughout the calcaneus, talus, and first metatarsal is described qualitatively using 3D models and 2D images taken from $\mu \mathrm{CT}$ scans. The images are interpreted based on biomechanical data taken from the literature. After considering the mechanical context and internal trabecular architecture, the locations for placement of 17 volumes of interest (VOIs) are determined. Trabecular structure is then quantified in the 17 chosen VOIs which will be analysed in the rest of this thesis. Finally, trabecular structure will then be compared between all VOIs using repeated-measures one-way ANOVA, followed by pairwise comparisons with a Bonferroni correction. Adults from Black Earth, Jebel Moya, Kerma, and St. Johns are pooled for all analysis. $\alpha$ was set at .05 for all statistical tests.

## Volume of interest placement: general considerations

The trabecular microstructural properties used throughout this thesis will be calculated within spherical volumes of interest (VOIs) placed in the calcaneus, talus, and first metatarsal. Correct and consistent placement of VOIs is crucial to obtain results that are reproducible and mechanically informative. The success of previous studies has largely depended on suitable placement of VOIs. For example, Desilva and Devlin (2012) divided the talus into large quadrants of trabecular bone. These large and somewhat arbitrarily placed VOIs averaged out trabecular bone structure within the quadrants, preventing significant variation between species from being found. Su et al. (2013) placed VOIs just deep to the talar trochlea of humans, primates, and Paranthropus boisei and managed to find significant locomotor signals in the trabecular structure. Thus, the location and size of volumes of interest are of critical importance to the robusticity of trabecular analyses. Kivell and colleagues (2011) argue that use of a VOI in differently sized individuals will inevitably bias the outcome because trabecular properties do not scale isometrically with body size. Placing a similarly sized VOI in large and small individuals results in a greater number of trabeculae sampled in the smaller
individuals (Kivell et al., 2011; Lazenby et al., 2011 b). In a paper testing the differences between using scaled and non-scaled VOIs, Lazenby et al. (2011 b) found that variation in VOI location by just a few millimetres within a bone greatly influences bone properties (Kivell et al., 2011). This problem is increased when analysing the trabecular properties of complex-shaped bones such as tarsals, compared to more regularly shaped long bone epiphyses (Maga et al., 2006; Griffin et al., 2010; Kivell et al., 2011). Trabecular properties are more susceptible to changes in VOI location than VOI size with Conn.D being greatly affected by both (Kivell et al., 2011). Great care should therefore be taken when comparing small and/or complex arthroses, and especially when comparing different species (Kivell et al., 2011). Harrigan et al. (1988) demonstrated that in order to accurately quantify trabecular structure, the dimensions of volumes of interest need to be at least 3 to 5 times larger than the trabecular lengths to satisfy the continuum assumption of trabecular structure. All VOIs used in this study meet this requirement. The sensitivity of trabecular properties to VOI size and location may be one of the reasons why studies on trabecular bone functional adaptation have sometimes yielded contrasting results (eg. Su et al. (2013) versus Desilva and Devlin (2012)). Variation in VOI size and location between studies also limits the potential of comparing data to previous findings in the literature, and prevents meta-analyses from being performed.

A volume of interest must meet two requirements: it should be in a functionally relevant region and it needs to be replicable between individuals and populations. VOIs should not be too large in order to avoid the risk of averaging out loading related variation, but large enough to include a minimum of five intertrabecular lengths in order to satisfy the continuum assumption (Harrigan et al., 1988). The VOIs used in this study will be placed using a systematic approach in order to produce VOIs that are homologous in relative size and location (Gosman and Ketcham, 2009; Ryan and Shaw, 2013). Stacks of TIFF images created from $\mu$ CT scans are uploaded into Avizo Fire 6.3 and oriented in along clearly defined axes (for full protocols see Appendix 2.2). In the calcaneus and the talus a bounding box (xyzgrid) is placed around the maximum dimensions of the scanned bone with an $x$-axis orthogonal to the anteroposterior axis. In the first metatarsal, a bounding box is placed around the head and base. VOIs are scaled by bounding box dimensions. The VOIs will subsequently be placed in predetermined locations within the bounding box using a script. This results in the placement of homologous VOIs that are scaled to the size of the bone or joint being analysed. Volumes of interest are subsequently imported into ImageJ, and analysed with the BoneJ plugin to calculate the trabecular bone properties. Visual inspection ensures the correct and consistent placement of VOIs, and checks that only trabecular bone is sampled in VOIs close to articular surfaces. However, there is variation in bone morphology between individuals. If the automated scripts fail to place VOIs in the correct location, the VOI will be manually adjusted.

## Qualitative description of trabecular structure and VOI placement

## Calcaneus

Humans have a large calcaneus relative to their body size that is adapted to withstand the high cyclical loading associated with bipedal locomotion (Latimer and Lovejoy, 1989). The long axis of the calcaneus is directed anteriorly, laterally, and dorsally. The dorsal angle of inclination with the horizontal plane can vary between 10 and 30 degrees (Sarrafian and Kelikian, 2011a). There exists variation in calcaneal shape, including the inclination angle of the anterior and posterior talar facets, tuber shape, and the shape and number of talar facets (Sarrafian and Kelikian, 2011a). Human calcanei have a unique lateral plantar process which likely functions to increase the contact area between the calcaneus and the ground (Latimer and Lovejoy, 1989). The calcaneus articulates with the cuboid and the talus, and attached to it are the Achilles tendon, plantar ligaments, and the plantar fascia (Figure 2.2) (Giddings et al., 2000; Gefen and Seliktar, 2004). The plantar fascia originates from the calcaneus and is attached to each proximal phalanx (Erdemir et al., 2004). The plantar fascia maintains the longitudinal arch of the foot, transmits forces between the forefoot and the hindfoot during stance, and acts as an energy saving mechanism (Griffin et al., 2010a; Hagins and Pappas, 2012). Figure 2.2 shows a sagittal cross-section of the calcaneus, with vectors of tensile and compressive forces from tendons and joints at the most strenuous parts of the stance phase of running and walking, just prior to toe-off. It has been found that differences between static and dynamic loading states in the calcaneus are in the intensity of calcaneal stresses rather than differences in the directions or spatial distributions of stress flow (Gefen and Seliktar, 2004). Little variation is found in loading distributions between static (Gefen, 2002) and dynamic loading (Gefen et al., 2000). The greatest compressive loading is placed on the posterior talar facet (PTF), and the calcaneocuboid (CC) joint, while the largest tensile loading is placed on the Achilles tendon (Giddings et al., 2000). The internal architecture consists of three distinctive trabecular systems with a triangular zone of low-density in the centre (Figure 2.2). A trabecular system extends from the PTF towards the heel, and anteriorly from the superior aspect of the CC articulation. A third system of trabeculae extends along the plantar surface of the calcaneus (Giddings et al., 2000). Principal stress trajectories calculated from finite element analyses correspond to these three trabecular systems, with compressive trajectories extending posteriorly and anteriorly along the superior half of the calcaneus and tensile trajectories extending along the inferior half (Giddings et al., 2000).


Figure 2.2. Sagittal cross-section of the calcaneus showing ligament, tendon, and joint forces at $70 \%$ of stance during walking and $60 \%$ of stance during running. Force vectors were adapted from Giddings et al. (2000, Figure 4). Dots indicate the location of force application.

Seven volumes of interest will be placed in the calcaneus, with each VOI associated with compressive stress associated with joint loading, or tensile stress associated with the pull of a tendon or ligament (Figure 2.3). The AutoVOI - calcaneus script for Avizo 6.3 was used to determine the size and location of each volume of interest. VOI diameter was calculated as a percentage of maximum calcaneal length which is strongly correlated to body mass (see Chapter 3). The protocol for VOI placement and size are provided in Appendix 2.2.

- Achilles tendon (AT): the triceps surae muscle pulls on the posterior portion of the calcaneal tuber where the Achilles tendon is attached. Substantial tension is produced by the triceps surae during toe-off (Levine et al., 2012), sometimes resulting in tensile fractures of the calcaneal tuber (Frankel and Nording, 2012). Aside from the pull of the triceps surae this VOI location is also expected to be influenced significantly by tensile stress produced by the plantar fascia during terminal stance (Figure 2.3, red).
- Posterior talar facet (PTF): the highest loading experienced by the calcaneus is at the posterior talocalcaneal joint. The direction and magnitude of loading at the joint changes throughout stance (Hagins and Pappas, 2012; Levine et al., 2012). Three volumes of interest will be placed just below the articular surface in order to capture variation in this region (Figure 2.3, posterior (PP, purple), central (PC, grey), anterior (PA, salmon)).
- Calcaneocuboid (CC): the superior aspect of the calcaneocuboid joint experiences strong compressive loading during toe-off as force is transmitted to the forefoot (Figure 2.3, green).
- Plantar ligaments (PL): the plantar ligaments attach to the plantar surface of the calcaneus and produce tension during regular standing and during gait. A volume of interest is placed just below the cortical shell and posterior to the low-density triangle (Figure 2.3, blue).
- Calcaneal tuber (CT): This volume of interest is the only one which is not placed directly near an articular surface or a muscle attachment. It measures trabeculae which transmit the compressive loading through the calcaneal tuber from the posterior talar facet. The volume of interest is placed just beneath the cortical shell, in the middle of the tuber between the most superior parts of the tuber and the posterior talar facet (Figure 2.3, cyan).


Figure 2.3. Volumes of interest in the calcaneus. Achilles tendon (AT, red), calcaneal tuber (CT, mint green), plantar ligaments ( $P L$, blue), posterior talar facet (posterior ( $P P$, salmon), central ( $P C$, grey), anterior (PA, purple), calcaneocuboid (CC, green). Described below the bone is the anatomical plane and the direction from which the image is viewed.

Based on the finite element model of Giddings et al. (2000), it is predicted that the PTF VOIs are subjected to the highest levels of strain during gait. The PTF VOIs are predicted to contain the highest values of $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$, and the lowest levels of Conn.D and Tb.Sp. Based on the loading magnitudes presented in Figure 2.2 it is predicted that that the PTF VOIs are followed by the calcaneocuboid and Achilles tendon VOIs who should have lower BV/TV and Tb.Th as a result of lower maximum loading magnitudes to which they are subjected during gait. The plantar ligament VOI is expected to contain the lowest BV/TV and Tb.Th, and the highest Conn.D and Tb.Sp as it is subjected to the lowest loading during stance (Giddings et al., 2000). However, trabecular bone
stiffness also depends on the type of loading it is subjected to. Trabecular bone is much stiffer in compression than tension (Keaveny et al., 2001; Frankel and Nording, 2012). Because the plantar ligaments and Achilles tendon are primarily loaded in tension, it is possible that because trabeculae fail quicker in tension, greater $\mathrm{BV} / \mathrm{TV}$ is required despite the tensile forces being lower than the compressive forces on the dorsal side of the calcaneus. Based on the models of Giddings et al. (2000) it is difficult to predict BV/TV in the calcaneal tuber VOI. The region of the tuber where the VOI is placed is subjected to purely compression during stance and is not near any articular surface or muscle attachment, where stress is generally highest. Because the tuber VOI is subjected only to compressive stress from the direction of the PTF, it is predicted to contain lower BV/TV than the PTF VOIs, but highly anisotropic as it is not subjected to loadings from different directions. DA is also expected to be high in the calcaneocuboid, Achilles tendon, and plantar ligament VOIs, because they are primarily loaded from single directions.

## Talus

The talus has no muscular attachments, consists of a body, head, and neck and $60 \%$ of its external surface is covered by articular cartilage (Dawe and Davis, 2011). There is significant variation in humans in certain osteological features of the talus such as the talar angle, the inclination and declination angles of the talar neck, the torsion of the talar head, and differences in the size and contour of the calcaneal articular surfaces (Sarrafian and Kelikian, 2011a). The talus receives the weight of the body through the trochlear surface and transmits it inferiorly towards the calcaneus and anteriorly into the navicular. The trochlea and the talar head are in two almost perpendicular planes. Thus, a change occurs in the direction of force within the bone when it is transmitted from the trochlea to the talar head. Similarly, the talus is subjected to various loading directions and magnitudes during walking as a result of the rolling of tibia over the trochlear surface, and with change in position of talus itself (Pal and Routal, 1998). Talar trabecular architecture is described below along with the varying loadings it is subjected to during stance.

At heel strike, all of the initial load is transmitted from the posterior half of the trochlear surface to the posterior calcaneal facet (Pal and Routal, 1998). During midstance, loadings are transmitted to the heel through the posterior and anterior calcaneal facets, and distally towards the navicular through the talar head. From heel rise to toe-off the weight of the body is transmitted to the forefoot while the talar neck and head are subjected to tensile forces. During heel rise, forces from the triceps surae are exerted on the calcaneus producing a proximal/anterior force on the plantar side of the talus ( Pal and Routal, 1998).

Talar trabecular structure is complex and merits a detailed description. The complexity results from the talus' function in transmitting loads from different orientations during stance. The talus consists primarily of plate-like trabeculae, surrounded by a cortical shell. The cortical shell is thickest in the posterior calcaneal facet, around the talar neck, at the malleolar facets, and at the attachment sites of the deltoid and interosseous ligaments (Athavale et al., 2008). The medial side of the talar body
consists of sagittal plates which run through the talar neck into the talar head. The medial plates become less plate-like and more rod-like as they approach the posterior calcaneal facet. The plates under the lateral portion of the trochlea are a mix of medially, posteriorly, and anteriorly directed plates. The anterior third of the medially facing plates eventually curve anteriorly into the neck, becoming continuous with the curved plates of the talar head. The posterior two-thirds of the medially facing plates curve posteriorly in the sagittal plane (Athavale et al., 2008). The superior two thirds of the talar head consists of a stack of obliquely oriented plates connected by small rods. The inferior third of the talar head consists of thinner rods and plates oriented largely perpendicular to the anterior and middle calcaneal facets. The vertical plates in the talar body and the arched plates in the head are connected by a mass of irregularly shaped trabecular plates in the talar neck. Pal and Routal (1998) argue that this trabecular meshwork within the neck facilitates changes in direction of forces in the talus. The thickest plates are found in the talar neck, resulting from the effects of compressive and tensile forces acting on this region (Athavale et al., 2008).

The talar trochlea has a relatively large load-bearing surface area. The distribution of loads on the talus is determined by the position of the ankle and the condition of the relevant ligaments (Hagins and Pappas, 2012). Depending on foot position, between 77 and $90 \%$ of the load is transmitted through the talar dome, with the remaining loads being transmitted though the medial and lateral talar facets. In dorsiflexed position the anterior side of the trochlea is loaded, in plantarflexion the posterior side is loaded. When the ankle is inverted the medial facet is loaded and when the ankle is everted the lateral facet carries a higher load (Calhoun et al., 1994). As the ankle moves from plantarflexion into dorsiflexed position, the contact area centroid moves from posterior to the anterior talus. During inversion the centroid moves from medial to lateral (Calhoun et al., 1994).

The talus is a complex and irregularly shaped bone that consists largely of articular surfaces. Thus, many locations in the talus are interesting for placement of VOIs. A bounding box was placed around the anteroposterior length of the talus and the mediolateral breadth of the trochlea (Appendix 2.2). The AutoVOI - talus script for Avizo 6.3 was used to determine the size and location of each volume of interest. Talar length and trochlear breadth are highly correlated with body mass (see Chapter 3 and Jung et al., 2014). Six spherical VOIs were placed just beneath the cortical shell (Figure 2.4).

- Trochlea: a medial, lateral, and central VOI were placed just deep to the highest point of the trochlea in the sagittal plane (Figure 2.4, purple (medial), pale green (central), salmon (lateral)).
- Posterior calcaneal facet: a VOI was placed inferior to the lateral trochlea VOI in the centre of the breadth of the posterior calcaneal facet (Figure 2.4, red).
- Anterior calcaneal facet: a VOI was placed in the posterior third of the length of the anterior calcaneal facet, just beneath the cortex (Figure 2.4, green).
- Talar head: a VOI was placed in the centre of the talar head, in the most anterior part of the head, just beneath the cortex (Figure 2.4, blue).

In a finite element analysis of the trabecular structure of the talus, Parr et al. (2013) found that the areas with the highest Von Mises strain during three types of normal loading (neutral, inversion, eversion) were in the talar head, neck, and the posterior calcaneal facet. In a finite element analysis of the whole foot during different phases of stance, Gefen et al. (2000) found the highest concentrations of stress in the talar trochlea, the subtalar joints, and the dorsal talus in general. This dorsal concentration of compressive stress was again found in a subsequent FE analysis of the whole foot (Gefen, 2002). The results of Parr et al. (2013) and Gefen et al. $(2000,2002)$ do not agree completely, making it difficult to predict with certainty which of the VOIs is most likely to contain the highest BV/TV and Tb.Th. These studies indicate that most likely all VOIs will have a relatively high level of $\mathrm{BV} / \mathrm{TV}$, and $\mathrm{Tb} . \mathrm{Th}$, and low Conn.D and $\mathrm{Tb} . \mathrm{Sp}$, as all of them seem to be subjected to significant stress. The ACF VOI is predicted to have the lowest BV/TV, Tb.Th, and the highest Conn.D and $\mathrm{Tb} . \mathrm{Sp}$, as it plays a smaller role in transmitting stress to the forefoot compared to the dorsal side of the head, and a smaller role in transmitting stress to the calcaneus relative to the forces coming down from the trochlea and travelling straight downward into the posterior calcaneal facet. The thickest trabeculae have been observed in the talar neck by previous researchers, but no VOI is placed in the neck in the current study (Pal and Routal, 1998; Athavale et al., 2008). The most anisotropic structures are predicted in the talar head and posterior calcaneal facet VOIs as an adaptation to their largely unidirectional compressive loading. Lower DA is predicted for the trochlear VOIs, due to the changes in loading directionality as the tibia rotates around anteriorly and posteriorly during stance. Lower DA is also predicted for the anterior calcaneal facet as an adaptation to stress received plantarly from the calcaneus and anteriorly stress from the navicular. Finally, the lateral part of the articular surface of the distal tibia is most strongly loaded in humans (Kimizuka et al., 1980). It is thus predicted that the talus will thus also experience the highest loadings on the lateral side of the tibial articulation, resulting in greater BV/TV in the lateral VOI compared to the other two trochlear VOIs.


Figure 2.4. Volumes of interest in the talus. Talar head (TH, dark green), anterior calcaneal facet (ACF, blue), posterior calcaneal facet (PCF, red), medial trochlea (TM, purple), central trochlea (TC, mint green), lateral trochlea (TL, salmon). Described below the bone is the anatomical plane and the direction from which the image is viewed.

## First Metatarsal

The anatomy of the first metatarsal consists of the base, the head, and the shaft. These regions are surrounded by a shell of cortical bone which is thick in the shaft and thin in the base and head. The first metatarsal is the shortest and thickest of the metatarsals, and is subjected to the highest loadings during gait (Jacob, 2001). Humans have a unique forefoot which plays a key role in leverage and weight transmission during gait. Humans are the only apes without an opposable hallux (Griffin et al., 2010b). The first metatarsal is part of the medial longitudinal arch which serves as the primary loadbearing structure in the foot during gait (Glasoe et al., 1999; Hagins and Pappas, 2012). Early stance pronation of the subtalar joint lowers the first metatarsal to the ground, dissipating the shock of heel strike (Glasoe et al., 1999). As the body moves anteriorly, supination of the foot stabilizes the medial longitudinal arch, preparing the foot as a rigid lever for toe-off (Glasoe et al., 1999; Hagins and Pappas, 2012). Two sesamoid bones lie dorsal to the head of the first metatarsal and are encased by tendons. Possible functions of the sesamoids are to enhance the load-bearing capacity of the first metatarsal, improve leverage for the attached muscles, or elevate the first metatarsal so that it can plantar flex during hallucal extension (Glasoe et al., 1999). The base of the first metatarsal has a medial, lateral and inferior joint surface. The base joint surface is concave with a dorsoplantar groove which roughly aligns to the metatarsocuneiform joint axis.

The first metatarsal contains three distinct trabecular patterns: superior longitudinal, inferior longitudinal, and proximal transverse (Sarrafian and Kelikian, 2011b). The longitudinal dorsal trabeculae are curved with inferior concavity. The longitudinal plantar trabeculae mirror the dorsal system but are slightly less curved. The transverse trabecular system crosses the longitudinal trabecular systems at almost 90 degrees (Sarrafian and Kelikian, 2011b). Trabecular bone is densest in the head and the base, and reduces within the shaft (Figure 2.5). Some predictions of trabecular architecture in the head and base of the first metatarsal can be based off of studies of forefoot function and loading. The first metatarsal head becomes the weight-bearing fulcrum of the foot during push-off (Erdemir et al., 2004). This results in greater compressive stress in the dorsal portion of the MT1 head as the body moves forward towards toe-off. The greater loading of the MT1 head is reflected in variation in bone mineral density which is found to be greater dorsally compared to plantarly in the human MT1 head and base (Muehleman et al., 1999; Griffin et al., 2010b). Griffin et al. (2010 b) compared the MT1 and MT2 heads of Homo, Pongo, Pan, and Gorilla, and found that trabecular bone volume fraction in humans was lower compared to extant apes. However, humans had more anisotropic trabeculae compared to the other apes, most notably in the dorsal metatarsal head. This matches with the prediction that humans load their feet more in a primary direction during propulsive gait, whereas the apes load their metatarsals in from more variable directions, particularly during arboreal locomotion. Muehleman et al. (1999) found significantly higher bone mineral density (BMD) in the base and head of males compared to females, and no significant bilateral asymmetry. This sexual dimorphism may be a result of the fact that they used an elderly sample, and elderly women are more severely affected by age related bone loss (Ruff, 2008; Ito, 2011). Muehleman et al. (1999) found significantly higher BMD in the dorsal regions of the head and base compared to the plantar regions. In both males and females the lateral portion of the MT1 head and base contained a higher density than the medial side (Muehleman et al., 1999). Finally, Muehleman et al. (1999) found that the head was significantly denser than the base in both sexes. During normal walking, loads are initially primarily distributed under the heel, and are transferred forward as the body moves over the foot. Maximum loading occurs during toe-off when the body weight is centred under the ball of the foot while the load at the midfoot is low. Thus, the head of the MT1 is subjected to greater peak loading compared to the base, which is reflected in the significant differences in BMD (Muehleman et al., 1999; Hagins and Pappas, 2012). In late stance weight is transferred from the lateral to the medial side of the foot (Hagins and Pappas, 2012). After this stage, all weight is supported by the ball of the foot as the MT1 is maximally loaded and it everts and plantar flexes (Muehleman et al., 1999; Hagins and Pappas, 2012). The hallux deviates laterally at this stage and places compressive forces on the lateral MT1 head. This explains significantly greater lateral BMD in the MT1 head found by Muehleman et al. (1999).

Griffin and colleagues (2010) used three VOIs placed in the MT1 head: on the dorsal aspect, the plantar aspect, and in the centre. In this study four VOIs are examined: one dorsal and one plantar VOI
are placed in the first metatarsal and base. The metatarsal was placed in anatomical position (Figure 2.5). A bounding box was placed around the head and base. VOI size and location was determined using the autoVOI-MT1 for Avizo 6.3. The head VOIs were placed in the centre of the mediolateral plane of the bounding box, just internal to the joint surface. Due to variation in joint morphology within and between populations, VOIs sometimes required manual movement anteriorly or posteriorly to ensure the VOI was placed just below the cortical shell. The dorsal base VOI is placed in the centre of the dorsal half of the articular facet. The plantar base VOI was placed in the centre of the plantar half of the articular facet. VOI size was determined by dorsoplantar height of the bounding box in the head and the base. The diameter of the VOIs was set to $35 \%$ of dorsoplantar head height for the first metatarsal head, and $25 \%$ of dorsoplantar base height for the two base VOIs.

Some predictions can be made based on the biomechanical data retrieved from the literature. Muehleman et al. (1999) found the highest BMD in the dorsal portions of the metatarsal head and base, and a higher BMD in the head compared to the base. From this it is predicted that BV/TV will be higher in the head compared to the base, and that the dorsal VOIs will contain higher BV/TV ratios compared to the plantar VOIs. Tb.Th is positively correlated with BV/TV and Conn.D and Tb.Sp are negatively correlated with BV/TV. From this is it predicted that Tb.Th will be higher, and Conn.D and $\mathrm{Tb} . \mathrm{Sp}$ will be lower in the dorsal compared to the plantar VOIs, and in the head compared to the base. DA is predicted to be higher in the base compared to the head because the joint surface of the base has a flatter shape, making the joint significantly less mobile compared to the head, resulting in less predicted variation in loading directionality during gait.


Figure 2.5. Volumes of interest in the first metatarsal head and base. Dorsal base (BD, purple), plantar base (BP, blue), dorsal head (HD, red), plantar head (HP, green). Described below the bone is the anatomical plane and the direction from which the image is viewed.

Trabecular bone properties are calculated in a pooled sex pooled population sample in each of the 17 volumes of interest. Sample size for each VOI is provided in Table 2.1.

Table 2.1. Sample size used in this chapter for each population and sex per VOI. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet ( $P$ : posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

|  |  | Black Earth |  | Jebel Moya |  |  | Kerma |  | St Johns |  | Total | All VOIs present |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sex |  | Sex |  |  | Sex |  | Sex |  |  |  |
|  |  | M | F | M | F | I | M | F | M | F |  |  |
| Calcaneus | AT | 7 | 10 | 8 | 2 | 5 | 9 | 7 | 9 | 11 | 69 | 48 |
|  | CC | 7 | 6 | 9 | 2 | 5 | 12 | 7 | 8 | 9 | 66 |  |
|  | CT | 7 | 9 | 10 | 2 | 5 | 12 | 7 | 8 | 10 | 71 |  |
|  | PA | 7 | 6 | 8 | 2 | 4 | 12 | 7 | 9 | 11 | 67 |  |
|  | PC | 6 | 7 | 8 | 2 | 4 | 12 | 6 | 9 | 11 | 66 |  |
|  | PP | 7 | 8 | 9 | 1 | 4 | 12 | 5 | 9 | 11 | 67 |  |
|  | PL | 6 | 6 | 5 | 1 | 5 | 11 | 7 | 8 | 10 | 60 |  |
| MT1 | BD | 7 | 8 | 5 | 2 | 2 | 9 | 5 | 9 | 9 | 56 | 44 |
|  | BP | 6 | 7 | 2 | 2 | 1 | 9 | 4 | 9 | 9 | 49 |  |
|  | HD | 8 | 9 | 5 | 3 | 3 | 9 | 4 | 9 | 9 | 59 |  |
|  | HP | 7 | 7 | 4 | 2 | 2 | 9 | 4 | 9 | 9 | 53 |  |
| Talus | ACF | 5 | 8 | 5 | 2 | 3 | 13 | 7 | 8 | 11 | 62 | 58 |
|  | PCF | 5 | 7 | 7 | 4 | 4 | 12 | 6 | 6 | 11 | 62 |  |
|  | TH | 5 | 6 | 10 | 4 | 5 | 12 | 7 | 8 | 11 | 68 |  |
|  | TL | 7 | 8 | 10 | 4 | 5 | 10 | 5 | 7 | 11 | 67 |  |
|  | TC | 6 | 8 | 9 | 4 | 3 | 12 | 5 | 7 | 11 | 65 |  |
|  | TM | 7 | 8 | 9 | 3 | 3 | 10 | 5 | 7 | 11 | 63 |  |

## Quantitative description of trabecular structure

The calcaneus, talus, and first metatarsal have been thoroughly investigated in terms of bone mineral density, but the variation in three dimensional microstructure has not seen much detailed investigation until recently (Maga et al., 2006; Griffin et al., 2010b; DeSilva and Devlin, 2012; Su et al., 2013; Zeininger et al., 2016; Su and Carlson, 2017). Trabecular properties are calculated for each VOI and are discussed in a pooled sex and pooled population sample. The summary statistics of trabecular properties for the pooled sample of all populations and sexes are provided in Appendix 2.3. Repeated measures ANOVA was run to compare the VOIs to detect regional differences within each bone. Only individuals for whom all VOIs were present were included in the repeated-measures design. Pairwise comparisons were run with a Bonferroni adjustment after the initial ANOVA, but the corrected $\alpha$ remains at 0.05 . Finally, Pearson correlations will be discussed between trabecular properties.

## Result

Boxplots of the mean and standard deviation of trabecular properties in all VOIs are presented in Figure 2.6.



Figure 2.6. Boxplots of the mean and standard deviation of trabecular properties per volume of interest, whiskers represent maximum and minimum. Volumes of interest: Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments ( $P L$ ), posterior talar facet ( $P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Results of the repeated-measures ANOVA in the calcaneus are summarised in Table 2.2. There are substantial regional differences in $\mathrm{BV} / \mathrm{TV}$ in the calcaneus. The highest $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$ are found in the posterior talar facet (PTF) VOIs with the central PTF having significantly greater BV/TV than all other VOIs. This is followed in BV/TV by the calcaneocuboid (CC) and Achilles tendon (AT) VOIs. The lowest BV/TV is found in the plantar ligament VOI which is significantly lower than all other VOIs. These results conform to predictions made in the previous section based on peak loading during gait. Peak forces during gait are highest in the PTF, followed by the CC and AT, and finally the PL.

The central posterior talar facet (PC) VOI has significantly higher BV/TV, thicker, and more isotropic trabeculae compared to all other calcaneal VOIs. It has the lowest $\mathrm{Tb} . \mathrm{Sp}$ of all calcaneal VOIs, the only nonsignificant difference was with the Achilles tendon (AT) VOI. The three PTF VOIs contain significantly thicker trabeculae compared to the other VOIs. The three PTF VOIs have significantly higher Conn.D than the calcaneal tuber (CT) and plantar ligament (PL), and significantly lower Conn.D compared to the Achilles tendon. Trabecular in the central PTF are significantly more interconnected than those in the anterior or posterior PTF. No significant differences were found in any trabecular property between the anterior PTF (PA) and posterior PTF (PP) VOIs. Both VOIs contain the second highest BV/TV of the calcaneus and are significantly greater than all other VOIs except for the central PTF (PC).

The Achilles tendon (AT) VOI has an intermediate level of BV/TV which is significantly lower compared to the three PTF VOIs but higher compared to the calcaneal tuber and the plantar ligament

VOIS. The AT has the lowest Tb .Th of all calcaneal VOIs, significantly lower than all except the plantar ligament VOI. The Achilles tendon has a moderately anisotropic structure which is significantly more anisotropic than the PTF, PL and CC VOIs. The AT VOI has significantly higher Conn.D compared to all other VOIs and has trabecular separation that is significantly lower than all VOIs except for PC.

The calcaneocuboid (CC) has an intermediate level of BV/TV, similar to the AT VOI. The trabeculae are significantly thicker than those in the AT and thinner than those in the posterior talar facet. The CC VOI contains significantly more anisotropic trabeculae than the PC VOI and significantly less anisotropic than the AT and CT VOIs. The CC VOI has significantly widely spaced trabeculae compared to the AT and PC VOI and significantly more closely spaced and more interconnected than the CT and PL VOIs.

The plantar ligament (PL) VOI has significantly lower BV/TV than all other calcaneal VOIs, and significantly thinner struts compared to the PTF VOIs. The PL VOI contains significantly more anisotropic trabeculae than the PC and less than the CT. The PL VOI has the most highly separated trabeculae of all calcaneal VOIs, significantly different than all except for the calcaneal tuber. Trabecular in the PL are significantly less interconnected than all except for the CT VOI.

The calcaneal tuber (CT) has low BV/TV but the most anisotropic structure of all calcaneal VOIs. It contains significantly greater BV/TV than the PL but significantly lower BV/TV compared to all other calcaneal VOIs. Trabecular thickness is intermediate relative to other VOIs and significantly lower than the PTF. The trabeculae in the tuber are weakly interconnected and widely separated resulting in low BV/TV. Conn.D is significantly lower and $\mathrm{Tb} . \mathrm{Sp}$ is significantly higher than all VOIs except for the PL.

Table 2.2. Repeated measures ANOVA of calcaneal trabecular properties between VOIs in a pooled sex, pooled population sample.

| Calcaneus |  | N | Mean | SD | SE | F | Significant pairwise comparisons |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Achilles tendon | 48 | 0.408 | 0.087 | . 012 | 1287.248 | >CT,PL |
|  | (AT) |  |  |  |  |  | <PA,PC, PP |
|  | Calcaneocuboid | 48 | 0.409 | 0.087 | . 013 |  | >CT, PL |
|  | (CC) |  |  |  |  |  | $<\mathrm{PA}, \mathrm{PC}, \mathrm{PP}$ |
|  | Calcaneal tuber | 48 | 0.346 | 0.073 | . 010 |  | >PL |
|  | (CT) |  |  |  |  |  | <AT, CC, PA, PC, PP |
|  | PTF anterior | 48 | 0.476 | 0.102 | . 015 |  | >AT,CC,CT,PL |
|  | (PA) |  |  |  |  |  | $<\mathrm{PC}$ |
|  | PTF central | 48 | 0.546 | 0.107 | . 015 |  | >AT,CC,CT,PA,PP,PL |
|  | (PC) |  |  |  |  |  | $<$ |
|  | PTF posterior | 48 | 0.474 | 0.086 | . 012 |  | >AT, CC, CT, PL |
|  | (PP) |  |  |  |  |  | $<\mathrm{PC}$ |
|  | Plantar ligament | 48 | 0.299 | 0.085 | . 012 |  | > |
|  | (PL) |  |  |  |  |  | <AT,CC,CT,PA,PC,PP |
| Tb.Th | Achilles tendon | 48 | 0.289 | 0.042 | . 006 | 2088.423 | > |
|  | (AT) |  |  |  |  |  | < CC,CT,PA,PC,PP |
|  | Calcaneocuboid | 48 | 0.328 | 0.050 | . 007 |  | $>$ AT |
|  | (CC) |  |  |  |  |  | $<\mathrm{PA}, \mathrm{PC}, \mathrm{PP}$ |
|  | Calcaneal tuber | 48 | 0.332 | 0.046 | . 007 |  | $>$ AT |
|  | (CT) |  |  |  |  |  | <PA,PC,PP |
|  | PTF anterior | 48 | 0.393 | 0.071 | . 010 |  | >AT, CC, CT, PL |
|  | (PA) |  |  |  |  |  | <PC |
|  | PTF central | 48 | 0.409 | 0.077 | . 011 |  | >AT,CC,CT,PA,PP,PL |
|  | (PC) |  |  |  |  |  | $<$ |
|  | PTF posterior | 48 | 0.374 | 0.061 | . 009 |  | >AT, CC, CT, PL |
|  | (PP) |  |  |  |  |  | $<\mathrm{PC}$ |
|  | Plantar ligament | 48 | 0.314 | 0.063 | . 009 |  | $>$ AT |
|  | (PL) |  |  |  |  |  | $<\mathrm{PA}, \mathrm{PC}, \mathrm{PP}$ |
| DA | Achilles tendon | 48 | 0.760 | 0.063 | . 009 | 15275.357 | >CC,PA,PC,PP,PL |
|  | (AT) |  |  |  |  |  | $<\mathrm{CT}$ |
|  | Calcaneocuboid | 48 | 0.708 | 0.055 | . 008 |  | >PC |
|  | (CC) |  |  |  |  |  | $<\mathrm{AT}, \mathrm{CT}$ |
|  | Calcaneal tuber | 48 | 0.797 | 0.036 | . 005 |  | >AT, CC, PA, PC, PP,PL |
|  | (CT) |  |  |  |  |  | $<$ |
|  | PTF anterior | 48 | 0.686 | 0.099 | . 014 |  | >PC |
|  | (PA) |  |  |  |  |  | $<\mathrm{AT}, \mathrm{CT}$, |
|  | PTF central | 48 | 0.610 | 0.106 | . 015 |  | > |
|  | (PC) |  |  |  |  |  | <AT,CC,CT,PA,PP,PL |
|  | PTF posterior | 48 | 0.712 | 0.064 | . 009 |  | >PC |
|  | (PP) |  |  |  |  |  | $<\mathrm{AT}, \mathrm{CT}$ |
|  | Plantar ligament | 48 | 0.721 | 0.065 | . 009 |  | >PC |
|  | (PL) |  |  |  |  |  | <AT, CT |
| Tb.Sp | Achilles tendon | 47 | . 452 | . 083 | . 012 | 1758.159 | > |
|  | (AT) |  |  |  |  |  | <CC,CT,PA,PP,PL |
|  | Calcaneocuboid | 47 | . 537 | . 100 | . 015 |  | >AT, PC |
|  | (CC) |  |  |  |  |  | <CT,PL |
|  | Calcaneal tuber | 47 | . 667 | . 126 | . 018 |  | >AT,CC,PA,PC,PP |
|  | (CT) |  |  |  |  |  | $<\mathrm{PL}$ |
|  | PTF anterior | 47 | . 525 | . 105 | . 015 |  | >AT, PC |
|  | (PA) |  |  |  |  |  | <CT,PL |
|  | PTF central | 47 | . 449 | . 082 | . 012 |  | > |


|  | (PC) |  |  |  |  |  | <CC,CT,PA,PP,PL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | PTF posterior <br> (PP) | 47 | . 519 | . 082 | . 012 |  | $\begin{aligned} & >\mathrm{AT}, \mathrm{PC} \\ & \text { <CT,PL } \end{aligned}$ |
|  | Plantar ligament (PL) | 47 | . 731 | . 145 | . 021 |  | $\begin{aligned} & >\mathrm{AT}, \mathrm{CC}, \mathrm{CT}, \mathrm{PA}, \mathrm{PC}, \mathrm{PP} \\ & > \end{aligned}$ |
| Conn.D | Achilles tendon (AT) | 48 | 5.230 | 1.423 | . 205 | 502.597 | $\begin{aligned} & >\mathrm{CC}, \mathrm{CT}, \mathrm{PA}, \mathrm{PC}, \mathrm{PP}, \mathrm{PL} \\ & < \end{aligned}$ |
|  | Calcaneocuboid (CC) | 48 | 3.926 | 1.492 | . 215 |  | $\begin{aligned} & >\mathrm{CT}, \mathrm{PL} \\ & <\mathrm{AT} \end{aligned}$ |
|  | Calcaneal tuber (CT) | 48 | 2.226 | 0.830 | . 120 |  | <AT,CC,PA,PC,PP |
|  | PTF anterior (PA) | 48 | 3.572 | 1.423 | . 205 |  | $\begin{aligned} & >\mathrm{CT}, \mathrm{PL} \\ & <\mathrm{AT} \end{aligned}$ |
|  | PTF central (PC) | 48 | 4.136 | 1.797 | . 259 |  | $\begin{aligned} & >\mathrm{CT}, \mathrm{PA}, \mathrm{PP}, \mathrm{PL} \\ & \text { <AT } \end{aligned}$ |
|  | PTF posterior (PP) | 48 | 3.661 | 1.278 | . 184 |  | $\begin{aligned} & >C T, P L \\ & \text { <AT,PC } \end{aligned}$ |
|  | Plantar ligament (PL) | 48 | 2.419 | 0.927 | . 134 |  | <AT,CC,PA,PC,PP |

Results for the repeated-measures ANOVA in the first metatarsal are presented in Table 2.3. The dorsal VOI of the base (BD) has the second highest BV/TV, significantly greater than both plantar VOIs. The dorsal base contains significantly thicker trabeculae compared to the plantar base (BP), and significantly more widely spaced and more interconnected relative to both plantar VOIs.

The plantar base (BP) VOI contained significantly lower BV/TV, as well as thinner and more isotropic trabeculae compared to all other VOIs. Trabeculae are significantly more widely separated than both dorsal VOIs and significantly more interconnected than the plantar head (HP) and less interconnected than the dorsal base VOI.

The dorsal head (HD) VOI has the highest mean BV/TV of all VOIs, significantly greater than the plantar head and base VOIs. Trabeculae are significantly less anisotropic than both plantar VOIs. The struts are significantly thicker than those in the plantar base VOI. The HD trabeculae are significantly more interconnected than those in the plantar head and significantly less widely separated than those of the plantar base and head.

The plantar head (HP) has significantly higher BV/TV, Tb.Th, and DA than the plantar base, but significantly lower BV/TV and DA compared to the dorsal VOIs. Trabeculae in the plantar head are significantly more widely spaced apart compared to the dorsal VOIs and significantly less interconnected than all other VOIs.

Table 2.3. Repeated measures ANOVA of first metatarsal trabecular properties between VOIs in a pooled sex, pooled population sample.

| First metatarsal |  | N | Mean | S.D. | S.E. | F | Significant pairwise comparisons |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | MT1 base dorsal | 45 | . 398 | . 071 | . 011 | 160.926 | >BP,HP |
|  | (BD) |  |  |  |  |  | < |
|  | MT1 base plantar | 45 | . 280 | . 062 | . 009 |  | > |
|  | (BP) |  |  |  |  |  | <BD,HD,HP |
|  | MT1 head dorsal | 45 | . 408 | . 059 | . 009 |  | >BP,HP |
|  | (HD) |  |  |  |  |  | $<$ |
|  | MT1 head plantar | 45 | . 313 | . 058 | . 009 |  | >BP |
|  | (HP) |  |  |  |  |  | <BD, HD |
| Tb.Th | MT1 base dorsal | 45 | . 253 | . 035 | . 005 | 9.233 | >BP |
|  | (BD) |  |  |  |  |  | $<$ |
|  | MT1 base plantar | 45 | . 237 | . 038 | . 006 |  | > |
|  | (BP) |  |  |  |  |  | <BD,HD,HP |
|  | MT1 head dorsal | 45 | . 249 | . 031 | . 005 |  | >BP |
|  | (HD) |  |  |  |  |  | $<$ |
|  | MT1 head plantar | 45 | . 253 | . 034 | . 005 |  | >BP |
|  | (HP) |  |  |  |  |  | $<$ |
| DA | MT1 base dorsal | 44 | . 757 | . 053 | . 008 | 142.051 | >BP,HP |
|  | (BD) |  |  |  |  |  | < |
|  | MT1 base plantar | 44 | . 577 | . 070 | . 011 |  | > |
|  | (BP) |  |  |  |  |  | <BD,HD,HP |
|  | MT1 head dorsal | 44 | . 744 | . 048 | . 007 |  | >BP,HP |
|  | (HD) |  |  |  |  |  | < |
|  | MT1 head plantar | 44 | . 616 | . 067 | . 010 |  | >BP |
|  | (HP) |  |  |  |  |  | <BD,HD |
| Tb.Sp | MT1 base dorsal | 45 | . 418 | . 056 | . 007 | 147.559 | > |
|  | (BD) |  |  |  |  |  | <BP,HP |
|  | MT1 base plantar | 45 | . 583 | . 097 | . 014 |  | >BD,HD |
|  | (BP) |  |  |  |  |  | $<$ |
|  | MT1 head dorsal | 45 | . 421 | . 051 | . 007 |  | $>$ |
|  | (HD) |  |  |  |  |  | <BP,HP |
|  | MT1 head plantar | 45 | . 587 | . 086 | . 012 |  | >BD, HD |
|  | (HP) |  |  |  |  |  | < |
| Conn.D | MT1 base dorsal | 45 | 7.478 | 2.16 | . 323 | 23.851 | >BP, HP |
|  | (BD) |  |  | 6 |  |  | $<$ |
|  | MT1 base plantar | 45 | 6.499 | 2.33 | . 348 |  | >HP |
|  | (BP) |  |  | 2 |  |  | <BD |
|  | MT1 head dorsal | 45 | 7.151 | 2.37 | . 353 |  | >HP |
|  | (HD) |  |  | 1 |  |  | < |
|  | MT1 head plantar | 45 | 5.340 | 1.62 | . 242 |  | $>$ |
|  | (HP) |  |  | 0 |  |  | <BD,BP,HD |

Results for the repeated-measures ANOVA in the talus are presented in Table 2.4. The anterior calcaneal facet (ACF) has significantly lower BV/TV with more widely separated struts compared to all talar VOIs. The ACF has significantly thinner struts compared to the talar head (TH) and the lateral trochlea (TL), but thicker struts than the medial trochlea. The ACF has significantly more isotropic trabeculae than the posterior calcaneal facet (PCF), talar head (TH), and lateral trochlea (TL). The structure is significantly less interconnected than all but the talar head.

The posterior calcaneal facet (PCF) has significantly greater BV/TV than the ACF but significantly lower than the talar head (TH). The PCF has significantly thinner trabeculae than the talar head but thicker trabeculae compared to the medial trochlea. The PCF VOI contains a significantly more anisotropic structure than the ACF, TC, and TM, and significantly lower DA compared to the TH and TL. The PCF has significantly more widely spaced trabecular than the three trochlea VOIs, but less widely spaced compared to the ACF. Connectivity density is significantly lower in the PCF compared to the three trochlea VOIs, but significantly greater than the ACF and TH.

The talar head (TH) VOI contains the highest BV/TV, has significantly thicker trabeculae, and more anisotropic structure compared to all other VOIs. Trabeculae are significantly less widely spaced compared to the ACF, PCF and TC, and significantly less interconnected than the PCF and the three trochlear VOIs.

The lateral trochlea (TL) VOI has higher BV/TV than the ACF. The lateral trochlea has thicker trabeculae relative to the medial and central trochlea. The TL contains a significantly more anisotropic structure compared to the ACF, PCF, TM, and TC, but significantly more isotropic than the TH. Trabeculae in the TL are significantly less separated compared to the PCF, ACF, and the other two trochlear VOIs. The structure is significantly less interconnected than the TM, but significantly more interconnected compared the ACF, PCF, and TH.

The central trochlea (TC) has significantly greater BV/TV ratio than the ACF and significantly lower than the TH. The central trochlea has thicker struts than the medial trochlea, but thinner than the lateral trochlea and talar head. The TC VOI has significantly lower DA, but significantly greater Conn.D compared to the PCF, TH, and TL. It has significantly more widely spaced structure than the TH and TL VOIs, but significantly less so than the ACF and TC.

The medial trochlea (TM) VOI has significantly greater BV/TV than the ACF but significantly lower than the TH. The TM VOI contains significantly thinner struts compared to all other VOIs. It has a significantly more isotropic structure compared to the PCF, TH, and TL. The trabeculae are significantly less widely spaced than the ACF, PCF and TC, but more so than the TL. Trabeculae in the TM are significantly more interconnected than all other VOIs.

Table 2.4. Repeated measures ANOVA of talar trabecular properties between VOIs in a pooled sex, pooled population sample.

| Talus | N | Mean | S.D. | S.E. | F | Significant pairwise <br> comparisons |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| BVTV |  |  |  |  |  |  |  |
|  | Anterior calcaneal <br> facet (ACF) | 58 | .345 | .071 | .009 | 53.70 | $>$ |
|  |  |  |  |  |  | $<$ PCF,TH,TL,TC,TM |  |
|  | Posterior calcaneal | 58 | .411 | .079 | .010 | $>$ ACF |  |
|  | facet (PCF) |  |  |  |  |  |  |


| Posterior calcaneal <br> facet (PCF) | 58 | 5.208 | 2.140 | .281 | $>$ ACF,TH |
| :--- | :---: | :---: | :---: | :---: | :--- |
| Talus head <br> (TH) | 58 | 4.526 | 1.836 | .241 | $<$ TL,TC,TM |

## Discussion

## Calcaneus

Overall, the results from the calcaneus conform to the predictions made based on biomechanical data and finite element analyses, where the VOIs placed in locations subjected to the highest strains also contained the highest BV/TV and Tb.Th. It was predicted that the PTF VOIs would contain the highest BV/TV and Tb.Th, as well as the lowest Tb.Sp and Conn.D. The highest BV/TV and Tb.Th, and low $\mathrm{Tb} . \mathrm{Sp}$ were indeed found in the three PTF VOIs, but not the lowest level of Conn.D. The highest calcaneal BV/TV is found in the central PTF VOI. This can be explained by the observation that the PP VOI is more strongly loaded during plantarflexion, and the anterior PTF is more strongly loaded during dorsiflexion. However, the central PTF is loaded during the entire stance phase. This may also explain the significantly lower DA in PC compared to the PP and PA VOIs, as the PC is loaded from different directions during plantarflexion and dorsiflexion which results in a more generalized isotropic structure. The prediction that BV/TV and Tb .Th of the AT and CC VOIs would be lower than the PTF but higher than the PL was also correct. The relatively low BV/TV of the calcaneal tuber VOI was not predicted. The tuber VOI contains the highest DA and relatively thick struts, high trabecular separation, and low connectivity. This indicates that the structure of the tuber is adapted to loading from a single direction, which may reduce the need of a high BV/TV ratio, in this case transferring the load from the posterior talar facet to through the tuber.

The degree of anisotropy was generally very high in the calcaneus with all but the PC and PA VOIs falling between 0.7 and 0.8 . This indicates that most of the trabecular inside the chosen VOIs are adapted to primarily resist unidirectional loadings. The posterior talar facet VOIs have the most isotropic structure, consistent with their more varied loading directions during gait.

Pearson correlation coefficients were calculated between all trabecular properties (Table 2.5). All properties are shown to correlate significantly with each other. These correlations were performed on a pooled sample of all calcaneal VOIs. The strongest correlations are found between BV/TV, and Tb.Th and Tb.Sp. The patterns seen throughout the calcaneal VOIs in BV/TV and Tb.Sp mirror one another (Figure 2.6), which is consistent with the strong negative correlation reported in Table 2.5. The patterns observed throughout the calcaneal VOIs of BV/TV and Tb .Th are very similar, except in the Achilles tendon which has low Tb.Th relative to BV/TV. Instead the high BV/TV in the AT is likely a
result of an increase in the number of trabeculae, as shown by the high level of Conn.D and low $\mathrm{Tb} . \mathrm{Sp}$. A strong correlation was also found between Conn.D and $\mathrm{Tb} . \mathrm{Sp}$ indicating that as the number of connections per unit volume increases, the average distance between trabeculae decreases. This relationship is also clearly observed in the patterns throughout the calcaneus where Conn.D and $\mathrm{Tb} . \mathrm{Sp}$ are almost mirror images (Figure 2.6). The weakest correlations were found between BV/TV, Conn.D, and DA. BV/TV and DA were negatively correlated indicating that in the calcaneus with increasing BV/TV comes a lower DA. It is likely that the results presented in Table 2.5 are not entirely representative as they are calculated by pooling different VOIs which experience different mechanical environments. As discussed before, the high BV/TV and low DA of the PC VOI can be explained through the loading imposed on the VOI. The same can be said for the high DA and low BV/TV in the CT and PL VOIs. When the correlations are run on individual VOIs correlations between BV/TV and DA are often not significant. Inspection of individual VOIs shows that this significant negative correlation is driven by local differences in loading conditions rather than underlying structural rules of bone modelling. BV/TV is high and DA low in the three posterior talar facet VOIs compared to the others because of joint function. However, strong correlations are repeatedly found between BV/TV and $\mathrm{Tb} . \mathrm{Th}$ and $\mathrm{Tb} . \mathrm{Sp}$, as well as between Conn.D and $\mathrm{Tb} . \mathrm{Sp}$ in pooled as well as individual VOIs.

Table 2.5. Pearson correlation coefficients between trabecular properties in a sample of pooled calcaneus VOIs and populations.

## BV/TV Tb.Th DA Tb.Sp

| Calcaneus |  | BV/TV | Tb.Th | DA | Tb.Sp |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tb.Th |  |  |  |  |  |  | Pearson Correlation | .829 |  |  |  |
|  | $p$ (2-tailed) | .000 |  |  |  |  |  |  |  |  |  |
|  | N | 466 |  |  |  |  |  |  |  |  |  |
| DA | Pearson Correlation | -.310 | -.225 |  |  |  |  |  |  |  |  |
|  | $p$ (2-tailed) | .000 | .000 |  |  |  |  |  |  |  |  |
|  | N | 465 | 465 |  |  |  |  |  |  |  |  |
| Tb.Sp | Pearson Correlation | -.769 | -.356 | .294 |  |  |  |  |  |  |  |
|  | $p$ (2-tailed) | .000 | .000 | .000 |  |  |  |  |  |  |  |
|  | N | 465 | 465 | 464 |  |  |  |  |  |  |  |
| Conn.D | Pearson Correlation | .112 | -.347 | -.334 | -.603 |  |  |  |  |  |  |
|  | $p$ (2-tailed) | .015 | .000 | .000 | .000 |  |  |  |  |  |  |
|  | N | 466 | 466 | 465 | 465 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |

## Talus

It was predicted that in general all VOIs in the talus would contain high levels of $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$, and low $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D, and that the ACF would contain the lowest BV/TV. The highest levels of DA were predicted to be in the TH and the PCF VOIs, and the lowest DA was predicted to be found in the trochlear VOIs and the ACF. It was predicted that of the three trochlear VOIs, the lateral VOI would contain the highest $\mathrm{BV} / \mathrm{TV}$ ratio.

High levels of BV/TV were indeed found in all talar VOIs with ACF containing significantly lower BV/TV compared to the other VOIs. The highest BV/TV was found in the talar head which was significantly greater than all VOIs except the lateral trochlea. As predicted, the lateral trochlea contained higher mean BV/TV compared to the central and medial VOIs, but this difference was not significant.

The talar head has highest BV/TV and the highest DA of all the 17 foot VOIs, indicating that the talar head is subjected to high unidirectional loading. Following predictions, relatively isotropic trabeculae were found in the ACF as a result of multidirectional loading at this location. The lateral trochlea VOI contains significantly more anisotropic trabeculae compared to the medial and central VOI. DA in the medial and lateral trochlea is also more variable than in the lateral trochlea, shown by the substantially larger standard deviations. This suggests that loading is less varied in the lateral trochlea compared to the central and medial side.

Similarly to the calcaneus, Tb .Th follows the same pattern throughout the talus as BV/TV as a result of the high positive correlation between these two variables (Figure 2.6, Table 2.6). Tb.Sp mirrors the pattern of BV/TV and is strongly negatively correlated with BV/TV. This shows the predictable result than with increasing BV/TV comes through an increase in the thickness of trabeculae, which reduces the average distance between trabeculae. A strong negative correlation was observed between $\mathrm{Tb} . \mathrm{Th}$ and Conn.D, but a substantially weaker negative correlation was found between BV/TV and Conn.D. Weak negative correlations were observed between DA and Conn.D and $\mathrm{Tb} . \mathrm{Sp}$, while weak positive correlations were found between DA and $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$. This contradicts the results found in the calcaneus where DA was found to correlate negatively with $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$, but positively with Tb.Sp. These contradictions likely result from the fact that they are calculated by pooling different VOIs which are under different mechanical adaptive pressures.

Table 2.6. Pearson correlation coefficients between trabecular properties in a sample of all talar VOIs in a pooled population sample.

| Talus |  | BV/TV | Tb.Th | DA | Tb.Sp |
| :--- | :--- | ---: | ---: | ---: | ---: |
| Tb.Th | Pearson Correlation | .863 |  |  |  |
|  | $p$ (2-tailed) | .000 |  |  |  |
|  | N | 386 |  |  |  |
| DA | Pearson Correlation | .184 | .136 |  |  |
|  | $p$ (2-tailed) | .000 | .007 |  |  |
|  | N | 387 | 386 |  |  |
| Tb.Sp | Pearson Correlation | -.744 | -.365 | -.151 |  |
|  | $p$ (2-tailed) | .000 | .000 | .003 |  |
|  | N | 385 | 384 | 385 |  |
| Conn.D | Pearson Correlation | -.209 | -.567 | -.342 | -.360 |
|  | $p$ (2-tailed) | .000 | .000 | .000 | .000 |
|  | N | 387 | 386 | 387 | 385 |

## First metatarsal

The dorsal first metatarsal VOIs of have significantly greater BV/TV and lower $\mathrm{Tb} . \mathrm{Sp}$ than the plantar VOIs, conforming to predictions based on biomechanical data (Muehleman et al., 1999). Trabecular thickness was predicted to follow the same pattern throughout the MT1 as BV/TV., Instead, the plantar base VOI contained significantly thinner trabeculae compared to all other VOIs. Thus, in the MT1 the increase in BV/TV in the dorsal VOIs is not a result of thickening trabeculae but of decreasing the distance between trabeculae and an increase in Conn.D. It was additionally predicted that the VOIs in the head would contain greater BV/TV compared to the base. This prediction was met by the plantar head which contained significantly greater BV/TV than the plantar base. While the dorsal head did contain the highest mean BV/TV, it was not significantly different from the dorsal base.

It was predicted that the base would contain more anisotropic trabeculae due to its flat joint surface relative to the head, which was predicted to reduce possible variation in loading directions. The results did not meet this prediction as both dorsal VOIs contained significantly greater DA compared to the plantar VOIs, with the plantar base significantly being less anisotropic than all three other VOIs. Gefen (2002) showed in a finite element analysis of the whole foot during six stages of human gait and found that the dorsal portion of the metatarsals are most strenuously loaded during push-off. The highly anisotropic structure in the dorsal head may be the result of the short time frame during the push-off phase of gait where the metatarsal head is subjected to peak loading, resulting in high BV/TV in an anisotropic configuration.

Pearson correlation coefficients between first metatarsal trabecular properties are provided in Table 2.7. The strongest correlation was found between $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Sp}$, rather than $\mathrm{Tb} . \mathrm{Th}$ as was found in the talus and calcaneus. When examining the patterns of variation throughout the MT1 (Figure 2.6), it can be seen that BV/TV and Tb.Sp are mirror images. Unlike in the talus and calcaneus, Tb .Th does not follow the same pattern as is found in BV/TV. The greater relative BV/TV in the dorsal compared to the plantar VOIs is driven by increases in the relative number of trabeculae (Conn.D) rather than increases in trabecular thickness. The strong correlation found between DA and BV/TV is a result of the pooling of all four VOIs. When examining VOIs individually the only significant correlation is found in the plantar head ( $\mathrm{r}=-.319, \mathrm{P}=.02, \mathrm{~N}=53$ ) while the other VOIs are very poorly correlated.

Table 2.7. Pearson correlation coefficients between trabecular properties in a sample of pooled first metatarsal VOIs and populations.

| MT1 |  | BV/TV | Tb.Th | DA | Tb.Sp |
| :--- | :--- | ---: | ---: | ---: | ---: |
| Tb.Th | Pearson Correlation | .685 |  |  |  |
|  | $p$ (2-tailed) | .000 |  |  |  |
|  | N | 217 |  |  |  |
| DA | Pearson Correlation | .455 | .120 |  |  |
|  | $p$ (2-tailed) | .000 | .078 |  |  |
|  | N | 216 | 216 |  |  |
| Tb.Sp | Pearson Correlation | -.797 | -.192 | -.518 |  |
|  | $p$ (2-tailed) | .000 | .004 | .000 |  |
|  | N | 217 | 217 | 216 |  |
| Conn.D | Pearson Correlation | .096 | -.504 | -.004 | -.534 |
|  | $p$ (2-tailed) | .157 | .000 | .951 | .000 |
|  | N | 217 | 217 | 216 | 217 |

## Relationships between trabecular properties throughout the foot

To assess how strongly trabecular properties are correlated in throughout the foot, coefficients of determination calculated as the mean of 17 VOIs are presented in Figure 2.7. If trabecular properties are strongly correlated, they would be expected to show similar patterns of variation throughout the foot. Coefficients of determination indicate that there is a very strong correlation between BV/TV and $\mathrm{Tb} . \mathrm{Th}$ and $\mathrm{Tb} . \mathrm{Sp}$, but a very weak correlation with DA and Conn.D. Tb.Th is strongly correlated with Conn.D but not with DA or Tb.Sp. DA correlates only very weakly with all other trabecular properties, and most strongly with Conn.D. Tb.Sp correlates very strongly with BV/TV and less strongly with Conn.D. Conn.D Shows intermediate to weak correlations with all trabecular properties, the weakest correlation is found with BV/TV.

The strong coefficients of determination presented in Figure 2.7 suggest that BV/TV and $\mathrm{Tb} . \mathrm{Th}$ should show similar patterns throughout all VOIs, while Tb.Sp should be a mirror image of BV/TV due to the strong negative correlations observed in tables 2.5 to 2.7. The observed patterns in trabecular thickness and BV/TV are not completely the same, but follow the same trend in many VOIs. Tb.Sp indeed appears as a mirror image of the BV/TV pattern throughout the 17 VOIs. The only exception is the dorsal MT1 base which contains lower Tb.Sp than would be predicted if $\mathrm{Tb} . \mathrm{Sp}$ exactly mirrored BV/TV (see Figure 2.6). This low Tb.Sp appears to be a result of relatively high Conn.D, which is the highest of all 17 VOIs. The patterns observed in DA show little resemblance to the patterns observed for any other property, as would be expected based on the low coefficients of determination between DA and the other properties. Patterns in Conn.D equally showed little resemblance to the patterns observed in other properties, but most closely resembles a mirror image of $\mathrm{Tb} . \mathrm{Th}$. This would be expected from the significant negative correlations between Tb . Th and Conn.D, suggesting that when trabeculae thicken, they may merge together reducing the number of connections per unit volume. It is
interesting to note that while VOIs often obtain high BV/TV by thickening trabeculae ( $\mathrm{R}^{2}=.71$ ), other VOIs appear to do so through increased Conn.D. Significant differences are observed in BV/TV in the first metatarsal, despite relatively constant trabecular thickness throughout the four VOIs. In the first metatarsal BV/TV is driven by an increase in the relative number of trabeculae. The mechanisms that underlie how BV/TV is increased are not understood at present, and may be a consequence of loading conditions, growth and development, metabolic factors, bone morphology (presence/absence of cortical shaft), or genetics.

Variation in BV/TV and DA between VOIs generally conforms to predictions based on the biomechanical literature with more strenuously loaded locations within individual bones containing higher BV/TV ratios, and unidirectionally loaded regions containing anisotropic trabecular structures. In the calcaneus, trabecular thickness is higher and Conn.D lower compared to the talus and the MT1. Most VOIs were quite anisotropic with values between 0.7 and 0.8 . The following chapters will examine variation within and between human populations, in the context of variation in body mass, sex, age, and habitual activity.


Figure 2.7. Mean coefficients of determination $\left(R^{2}\right)$ between trabecular bone properties. Calculated as the mean of $R^{2}$ of all individual volumes of interest.

# Chapter 3 - Body mass, bone dimensions, and trabecular bone properties 

## Introduction

Significant allometric scaling between body mass and trabecular architecture has been reported (Doube et al., 2011; Fajardo et al., 2013; Barak et al., 2013; Ryan and Shaw, 2013; Christen et al., 2015). The way forces travel through a bone will depend to some extent on its size and shape. Thus, it is expected that bone dimensions may affect the underlying trabecular structure. Before trabecular structure can be interpreted in the context of habitual behaviour, sex, age, or diet, the effects of body mass and bone dimensions need to be understood and accounted for if necessary. It is currently unknown if trabecular bone structure correlates more strongly with bone dimensions rather than body mass.

This chapter will explore correlations between trabecular structural properties and body mass, and linear bone dimensions. The objective is to determine which of these aspects of individual variation has a significant effect on underlying trabecular structure. If a significant relationship between body mass and/or bone dimensions is demonstrated, the variable can be corrected for in subsequent analyses to obtain a clearer image of other potential sources of variation such as habitual behaviour, sex, and age.

## Materials and methods

This chapter uses coefficients of determination $\left(\mathrm{R}^{2}\right)$ to examine the variance in trabecular properties explained by body mass and linear bone dimensions (Figure 3.1 and Appendix 3.1). Coefficients of determination between body mass and bone dimensions, and trabecular properties are calculated pairwise in a pooled sex and population sample, as well as for separate populations (sample size in Table 3.1). Correlations are calculated using the linear bone dimensions and body mass estimates provided in Appendix 3.2, and in volumes of interest defined in Chapter 2. For regressions between body mass and trabecular properties, see Chapter 4. Body mass was estimated based on femoral head dimensions using equations taken from the Ruff (1997). Femoral head superoinferior height was measured to the nearest hundredth of a millimetre using digital callipers.

Inferior

Posterior
Sagittal

Posterior
Anterior





Superior



Posterior



Sagittal

Figure 3.1. Linear bone dimensions used in this chapter in the calcaneus (top), first metatarsal (middle), and talus (bottom).

Table 3.1. Sample size used in this chapter for each population and sex per VOI. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

|  |  | Black <br> Earth |  | Jebel Moya |  |  | Kerma |  | St Johns |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Sex |  | Sex |  |  | Sex |  | Sex |  |  |
|  |  | M | F | M | F | I | M | F | M | F |  |
| Calcaneus | AT | 7 | 10 | 8 | 2 | 5 | 9 | 7 | 9 | 11 | 69 |
|  | CC | 7 | 6 | 9 | 2 | 5 | 12 | 7 | 8 | 9 | 66 |
|  | CT | 7 | 9 | 10 | 2 | 5 | 12 | 7 | 8 | 10 | 71 |
|  | PA | 7 | 6 | 8 | 2 | 4 | 12 | 7 | 9 | 11 | 67 |
|  | PC | 6 | 7 | 8 | 2 | 4 | 12 | 6 | 9 | 11 | 66 |
|  | PP | 7 | 8 | 9 | 1 | 4 | 12 | 5 | 9 | 11 | 67 |
|  | PL | 6 | 6 | 5 | 1 | 5 | 11 | 7 | 8 | 10 | 60 |
| MT1 | BD | 7 | 8 | 5 | 2 | 2 | 9 | 5 | 9 | 9 | 56 |
|  | BP | 6 | 7 | 2 | 2 | 1 | 9 | 4 | 9 | 9 | 49 |
|  | HD | 8 | 9 | 5 | 3 | 3 | 9 | 4 | 9 | 9 | 59 |
|  | HP | 7 | 7 | 4 | 2 | 2 | 9 | 4 | 9 | 9 | 53 |
| Talus | ACF | 5 | 8 | 5 | 2 | 3 | 13 | 7 | 8 | 11 | 62 |
|  | PCF | 5 | 7 | 7 | 4 | 4 | 12 | 6 | 6 | 11 | 62 |
|  | TH | 5 | 6 | 10 | 4 | 5 | 12 | 7 | 8 | 11 | 68 |
|  | TL | 7 | 8 | 10 | 4 | 5 | 10 | 5 | 7 | 11 | 67 |
|  | TC | 6 | 8 | 9 | 4 | 3 | 12 | 5 | 7 | 11 | 65 |
|  | TM | 7 | 8 | 9 | 3 | 3 | 10 | 5 | 7 | 11 | 63 |

## Hypotheses

There are significant correlations between all bone dimensions and body mass, except for the shape indices (Figure 3.2). Thus, a significant part of the explained variance between bone dimensions and trabecular properties is shared with body mass. Regardless, it is predicted that body mass will have the largest effect as it directly influences the magnitude of loading on the foot and is strongly correlated to bone size. Ryan and Shaw (2013) found strong correlations between femoral head height and Tb.Th, Tb.Sp, and Conn.D ( $\mathrm{R}^{2}>.5$ ), intermediate strength correlations with BV/TV ( $\mathrm{R}^{2}=.36$ ) and weak correlations with DA $\left(\mathrm{R}^{2}=.17\right)$ in the femoral head of 34 primate species. Thus, as body mass and linear bone dimensions are highly correlated, the strongest correlations are predicted to be found with Tb.Th, Tb.Sp, and Conn.D while weaker correlations are predicted to be found for BV/TV and DA.

Pearson correlation coefficients of body mass to bone dimensions


Figure 3.2. Pearson correlation coefficients between body mass and bone dimensions. For definitions of linear bone measurements see Figure 3.1.

## Results

Differences in body mass and linear bone dimensions between populations are discussed in Appendix 3.2. No significant differences were found between populations in pooled sex body mass. The Black Earth males had lower mean body mass and the Jebel Moya females had significantly lower body mass compared to other populations. Significant differences are found between populations in external bone measurements in males, females, and pooled sex samples. No sex differences are found in the relationships between body mass, linear measurements, and trabecular properties, thus, pooled sex populations are for the rest of this chapter. Boxplots of the mean and standard deviation of body mass and linear bone dimensions used in this thesis are provided in Figure 3.3.



Black Earth Jebel Moya Kerma St Johns
Population















Sex

Figure 3.3. Boxplots of body mass, bone size and shape indices. Diamonds indicate pooled sex means. $M=$ male, $F=$ female, $I=$ indeterminate. $B M=$ body mass.

The coefficients of determination between trabecular properties of pooled sex and population samples, and bone dimensions and body mass are presented in figures 3.4 to 3.6. The data is presented in each figure as the mean $\mathrm{R}^{2}$ of all trabecular properties per VOI to illustrate differences in correlations between VOIs, and as the mean $\mathrm{R}^{2}$ of all VOIs per trabecular property to illustrate differences in correlations between different trabecular properties. Mean and standard deviations of coefficients of determination are provided for each population per bone in Appendix 3.3.




Inferior
Posterior
Sagittal


Figure 3.4. Mean coefficients of determination between calcaneal trabecular properties, body mass, and bone dimensions.

The highest mean coefficients of determination with trabecular properties in the calcaneus are found with body mass, tuber height (CA9), and tuber area (Figure 3.4). Both shape indices show lower correlations with trabecular properties than the linear bone dimensions. The trabecular properties in the central and posterior VOIs of the posterior talar facet correlate poorly with all bone dimensions,
and trabecular structure in the posterior PTF correlates poorly with body mass. Of all trabecular properties Conn.D has the largest coefficient of determination with all but the two shape indices. Tb.Sp also correlates strongly with calcaneal bone dimensions.


Mean $\mathrm{R}^{2}$ of all VOIs per MT1 trabecular property



Figure 3.5. Coefficients of determination between MT1 trabecular properties, body mass, and bone dimensions.

The greatest $R^{2}$ value is found in the MT1 base area, closely followed by base height (DPP) base breadth (MLP), and metatarsal length (MTL) (Figure 3.5). Similarly to the calcaneus, the highest $\mathrm{R}^{2}$
values are found between bone dimensions and Conn.D, followed by $\mathrm{Tb} . \mathrm{Sp}$ and $\mathrm{Tb} . \mathrm{Th}$. Both shape indices and the head dimensions show the lowest correlations with bone dimensions.


Figure 3.6. Mean coefficients of determination between talar trabecular properties, body mass, and bone dimensions.

The greatest mean $\mathrm{R}^{2}$ was found for talar length (TA1) resulting from large contributions of Conn.D and Tb.Th (Figure 3.6). While in the calcaneus and MT1 Conn.D was strongly correlated to body mass and bone dimensions, in the talus only body mass, talar length (TA1), trochlear length (TA11), and trochlea shape show strong correlations with Conn.D. Other trabecular properties correlate less strongly with body mass and bone dimensions.

The results presented above suggest that body mass is not always account for the greatest variance in trabecular properties. However, data presented in Appendix 3.2 demonstrated that there is greater variation in bone dimensions between populations than in body size. Thus, it is likely that differences in trabecular structure between populations lead to higher correlations with bone dimensions when significant between population differences in bone dimensions are present. Below, $\mathrm{R}^{2}$ values are presented that were calculated as the average of mean $R^{2}$ values of individual populations. These $R^{2}$ values are plotted per trabecular bone property against body mass and bone size and shape variables, and are calculated from the mean of all volumes of interest. Calculating these as the average of $\mathrm{R}^{2}$ of each population eliminates error caused by differences between populations in bone size, body mass, and trabecular structure, and increases overall strength of the correlations.


Figure 3.7. Mean $R^{2}$ values per trabecular property calculated from the means of individual populations in the talus. BM is body mass.

Figure 3.7 represents the coefficients of determination between talar trabecular properties and body mass and bone dimensions, calculated by taking the mean of $\mathrm{R}^{2}$ values of all talar VOIs calculated for individual populations. Calculating $\mathrm{R}^{2}$ as the average of population mean coefficients of determination increases $R^{2}$ substantially compared to the method used before which used the mean $R^{2}$ of pooled populations. This indicates that population differences in behaviour and morphology between populations were obscuring relationships between body mass, bone dimensions, and trabecular properties.

These results indicate that for the talus, body mass accounts for the greatest amount of variance in trabecular properties. This is a different result than was shown by Figure 3.6, where body mass showed a particularly weak correlation with trabecular properties. Conn.D is most affected by body mass and bone dimensions, evidenced by its consistently high $\mathrm{R}^{2}$ values. Body mass is strongly correlated with all properties except for DA , which has a consistently low $\mathrm{R}^{2}$ for most bone dimensions.


Figure 3.8. Mean $R^{2}$ values per trabecular property calculated from the means of individual populations in the first metatarsal. BM is body mass.

The coefficients of determination presented in Figure 3.8 indicate that Conn.D and Tb.Sp are most strongly correlated with body mass and bone dimensions. The variables that account for the greatest amount of variance in trabecular properties are body mass, base breadth, head shape, base shape, or base area. Similar to the talus, calculating $\mathrm{R}^{2}$ as the average of population means substantially increases the amount of variance accounted for by body mass and bone dimensions.


Figure 3.9. Mean $R^{2}$ values per trabecular property calculated from the means of individual populations in the calcaneus. BM is body mass.

The coefficients of determination presented in Figure 3.9 indicate that Conn.D and $\mathrm{Tb} . \mathrm{Sp}$ are most strongly correlated to body mass and bone dimensions. Body mass accounts for a larger amount of variance compared to bone dimensions in the calcaneus.

Pearson correlation coefficients ( R ) between trabecular properties and body mass and bone dimensions are calculated to assess potential differences in the directionality of correlations between VOIs. Correlation coefficients were calculated pairwise from a pooled population sample for each VOI and presented in Figure 3.10 and Table 3.2. Conn.D correlates negatively, and $\mathrm{Tb} . \mathrm{Sp}$ correlates positively with body mass in all VOIs. BV/TV and Tb.Th do not correlate significantly with body mass. DA correlates positively with body mass the PL and PA but does not correlate significantly with any other VOI. Thus, in the current sample significant correlations are always negative for Conn.D, and always positive for $\mathrm{Tb} . \mathrm{Sp}$ and DA .


Figure 3.10. Pearson correlation coefficients of trabecular properties with body mass per VOI in a pooled population sample. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: $T M)$.

Table 3.2. Pearson correlation coefficients between body mass and trabecular properties in a pooled population, pooled sex sample. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet ( $P P:$ posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| VOI |  | $\mathbf{N}$ | $\mathbf{B V T V}$ | Tb.Th | DA | Tb.Sp | Conn.D |
| :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{A T}$ | $\mathbf{R}$ | $\mathbf{6 9}$ | -.090 | .079 | .158 | $\mathbf{. 2 9 0}$ | $\mathbf{- . 5 0 0}$ |
|  | $\mathbf{p}$ |  | .468 | .525 | .201 | $\mathbf{. 0 1 7}$ | $\mathbf{. 0 0 0}$ |
| $\mathbf{C C}$ | $\mathbf{R}$ | $\mathbf{6 6}$ | .026 | .121 | .202 | .240 | $\mathbf{- . 3 5 9}$ |
|  | $\mathbf{p}$ |  | .840 | .342 | .109 | .056 | $\mathbf{. 0 0 4}$ |
| $\mathbf{C T}$ | $\mathbf{R}$ | $\mathbf{7 1}$ | .031 | .039 | .173 | $\mathbf{. 2 7 9}$ | $\mathbf{- . 3 5 1}$ |
|  | $\mathbf{p}$ |  | .804 | .749 | .158 | $\mathbf{. 0 2 1}$ | $\mathbf{. 0 0 3}$ |
| $\mathbf{P A}$ | $\mathbf{R}$ | $\mathbf{6 6}$ | .002 | .111 | $\mathbf{. 3 0 3}$ | .230 | $\mathbf{- . 3 6 7}$ |
|  | $\mathbf{p}$ |  | .988 | .378 | $\mathbf{. 0 1 5}$ | .067 | $\mathbf{. 0 0 3}$ |
| $\mathbf{P C}$ | $\mathbf{R}$ | $\mathbf{6 6}$ | .031 | .210 | .177 | $\mathbf{. 2 7 9}$ | $\mathbf{- . 3 9 6}$ |
|  | $\mathbf{p}$ |  | .806 | .095 | .162 | $\mathbf{. 0 2 6}$ | $\mathbf{. 0 0 1}$ |
| $\mathbf{P P}$ | $\mathbf{R}$ | $\mathbf{6 6}$ | .042 | .042 | .110 | .050 | -.164 |
|  | $\mathbf{p}$ |  | .739 | .744 | .388 | .693 | .195 |
| $\mathbf{P L}$ | $\mathbf{R}$ | $\mathbf{5 9}$ | .098 | .111 | $\mathbf{. 3 8 3}$ | .158 | $\mathbf{- . 3 6 6}$ |
|  | $\mathbf{p}$ |  | .461 | .402 | $\mathbf{. 0 0 3}$ | .231 | $\mathbf{. 0 0 4}$ |
| $\mathbf{B D}$ | $\mathbf{R}$ | $\mathbf{5 6}$ | -.008 | -.039 | .036 | .172 | -.227 |
|  | $\mathbf{p}$ |  | .951 | .782 | .796 | .214 | .099 |
| $\mathbf{B P}$ | $\mathbf{R}$ | $\mathbf{4 9}$ | -.155 | .019 | .189 | $\mathbf{. 3 7 5}$ | $\mathbf{- . 3 5 6}$ |
|  | $\mathbf{p}$ |  | .293 | .897 | .199 | $\mathbf{. 0 0 9}$ | $\mathbf{. 0 1 3}$ |
| $\mathbf{H D}$ | $\mathbf{R}$ | $\mathbf{5 7}$ | -.161 | -.010 | .002 | $\mathbf{. 3 1 8}$ | $\mathbf{- . 3 6 1}$ |
|  | $\mathbf{p}$ |  | .232 | .943 | .989 | $\mathbf{. 0 1 6}$ | $\mathbf{. 0 0 6}$ |
| $\mathbf{H P}$ | $\mathbf{R}$ | $\mathbf{5 3}$ | .012 | .082 | -.129 | .194 | -.224 |
|  | $\mathbf{p}$ |  | .934 | .562 | .357 | .165 | .107 |
| $\mathbf{A C F}$ | $\mathbf{R}$ | $\mathbf{6 2}$ | -.186 | -.175 | .057 | $\mathbf{. 2 7 4}$ | -.248 |
|  | $\mathbf{p}$ |  | .152 | .179 | .663 | $\mathbf{. 0 3 3}$ | .054 |
| $\mathbf{P C F}$ | $\mathbf{R}$ | $\mathbf{6 2}$ | .100 | .171 | .060 | .129 | -.253 |
|  | $\mathbf{p}$ |  | .448 | .192 | .650 | .327 | .051 |
| $\mathbf{T H}$ | $\mathbf{R}$ | $\mathbf{6 8}$ | .036 | .174 | .141 | .214 | $\mathbf{- . 3 7 9}$ |
|  | $\mathbf{p}$ |  | .775 | .167 | .264 | .087 | $\mathbf{. 0 0 2}$ |
| $\mathbf{T L}$ | $\mathbf{R}$ | $\mathbf{6 6}$ | .162 | .209 | -.050 | .109 | $\mathbf{- . 2 7 5}$ |
|  | $\mathbf{p}$ | $\mathbf{5}$ | .201 | .100 | .692 | .396 | $\mathbf{. 0 2 8}$ |
| $\mathbf{T C}$ | $\mathbf{R}$ | $\mathbf{6 5}$ | .056 | .155 | -.224 | .188 | $\mathbf{- . 2 6 4}$ |
|  | $\mathbf{p}$ |  | .666 | .230 | .080 | .144 | $\mathbf{. 0 3 8}$ |
| $\mathbf{T M}$ | $\mathbf{R}$ | $\mathbf{6 3}$ | .164 | .227 | -.214 | .154 | $\mathbf{- . 3 3 0}$ |
|  | $\mathbf{p}$ |  | .206 | .079 | .097 | .240 | $\mathbf{. 0 0 9}$ |
|  |  |  |  |  |  |  |  |



## Discussion

No differences are found in the strength of coefficients of determinations between males and females. As such, pooled sex samples were examined in this chapter. When populations are pooled, external bone dimensions can account for similar or greater variance in trabecular properties than body mass. When the correlations are examined within individual populations the effects of body mass are stronger than those of external bone dimensions. This indicates that the large coefficients of determination of external bone dimensions in the pooled sample are high because they reflect significant between-population differences in bone dimensions and trabecular properties (see Appendix 3.2). Body mass does not differ significantly between populations and is thus less biased than linear bone dimensions. Partial correlations between external dimensions and trabecular properties, after removing the variance associated with body mass, are not significant, except for a small number of isolated random significant results (not reported here). This indicates that the significant correlations between trabecular structure and linear bone dimensions reported in this chapter largely resulted from the shared variance between body mass and bone dimensions. Mean $\mathrm{R}^{2}$ between trabecular properties and body mass are roughly equal in different bones (calcaneus=.165, MT1=.153, talus=.136). Because body mass is not a bone specific measurement, does not significantly differ between pooled sex populations, and accounts for the largest amount of variance, it is the most suitable variable to be used to standardize trabecular properties in subsequent analyses that examine the influence of behavioural variation on trabecular structure. The remaining variance which is not shared with body mass may be attributed to variation in genetics, age, sex, diet, and behaviour. The Pearson correlation coefficients reported in Table 3.2 demonstrate that while some variation between VOIs is found, all significant correlations scale in the same directions: negative for Conn.D and positive for $\mathrm{Tb} . \mathrm{Sp}$ and DA .

## Conclusions

The results from this chapter suggest that trabecular properties are significantly correlated to body mass in volumes of interest throughout the foot. While bone dimensions potentially influence trabecular structure when the variance associated with body mass is accounted for, the effects are not significant within individual populations. In Chapter 4 the relationship between trabecular structure and body mass is examined further and body mass controlled variables will be generated using linear regression.

## Chapter 4 - Regressions of body mass and trabecular structure

## Introduction

Significant correlations were found between body mass and trabecular structure in Chapter 3. To clearly identify the effects of behavioural variation on trabecular structure, the effects of body mass need to be understood and statistically accounted for. There is a substantial literature on allometric scaling of trabecular bone in primates (Fajardo et al., 2013; Ryan and Shaw, 2013), mammals and birds (Swartz et al., 1998; Doube et al., 2011; M.M; Barak et al., 2013; Christen et al., 2015). Larger animals generally have (absolutely) thicker and more widely separated struts. However, relative to body mass they are thinner and closer together. BV/TV scales with weak positive allometry indicating that larger animals possess slightly denser trabecular structure relative to smaller animals. No relationship was found between DA and body mass across different species (Doube et al., 2011; Barak et al., 2013; Ryan and Shaw, 2013). This is most likely a consequence of the fact that DA is more strongly influenced by joint morphology, posture, and behaviour (Ryan and Krovitz, 2006; Fajardo et al., 2013; Saers et al., 2016). Previous work has focused on allometry in different species of greatly varying body mass, but within species variation has not been widely investigated. It is not implausible that within species a relationship may be found between DA and body mass which has previously been obscured by interspecific variation.

Several constraining metabolic and biomechanical factors have been proposed to underlie the observed scaling patterns between body mass and trabecular structure. Osteocyte function places constraints on the minimum and maximum dimensions of individual trabeculae (Mullender and Huiskes, 1995; Mullender et al., 1996; Christen et al., 2015). Trabeculae must be larger than $30-60 \mu \mathrm{~m}$, as this is the size of the lacunae created by osteoblasts (Barak et al., 2013). Osteocyte function determines maximum thickness as osteocytes can only function at a distance of 0.230 mm away from the bone surface (Lozupone and Favia, 1990). This constrains the maximum diameter of trabeculae to twice this size: 0.460 mm . Differences between small and large bodied animals may be driven partly by the requirement to maintain adequate surface area for calcium deposition and release (Swartz et al., 1998; Kerschnitzki et al., 2013).

It remains important to consider that trabecular bone is just one part of the skeletal system and that bone strength is in large part determined by cortical bone morphology. Due to the metabolic factors described above, the increased loads associated with larger body mass may be compensated for with a change in cortical rather than trabecular bone mass/distribution. Additionally, large animals adopt different limb postures to compensate for increased loading (Biewener, 1989; Schmitt, 1999; Polk, 2002), reducing strain on trabeculae.

## Methods

Following the protocol from Ryan and Shaw (2013, 2015), regressions were performed between body mass and trabecular properties for each VOI. If a regression is significant, the unstandardized residuals will be used in future analyses as body mass standardized variables. To standardize for body mass, a pooled-sex population sample is required. Although the Black Earth have a relatively low body mass, no significant differences were found in body mass between pooled-sex populations. Thus, populations can be pooled without differences between populations biasing the regression slope as a consequence of differences in body mass. Chapter 2 showed there are significant sex-specific differences in body mass between populations with the Black Earth males and Jebel Moya females having relatively low body mass compared to males or females from other populations. Regressions of body mass and trabecular properties will be briefly discussed for males and females.

Ordinary least-squares (OLS) regression analyses are performed for each trabecular bone variable against body mass in a pooled population sample. Following recommendations in Smith (2009) OLS was used instead of RMA because these equations will be used to correct for the effects of body mass on trabecular properties. If the assumptions of OLS regression are violated a robust regression technique is employed (iteratively re-weighted regression using Hubert weights (Wilcox, 2005)). This technique down-weighs outliers according to how far they are from the best-fit line, and iteratively refits the model until convergence is achieved. All variables were normally distributed except for Conn.D, which required a $\log 10$ transformation in every VOI to meet the linearity assumption of linear regression models. All regressions were performed in R version 3.2.

Body mass was estimated based on femoral head dimensions using equations taken from the Ruff (1997). Femoral head superoinferior height was measured to the nearest hundredth of a millimetre using digital callipers.

Due to the preservation of the archaeological specimens, trabecular properties could not be calculated in all 17 VOIs for many individuals. Only 25 individuals have all 17 VOIs present (Jebel Moya: 2, Kerma: 8, St. Johns: 10, Black Earth: 5). Regressions were run pairwise to maintain maximum sample size for each VOI (Table 4.1). While this reduces the utility of comparisons of regressions between VOIs, it guarantees maximum statistical power to the relationships found in each VOI.

Table 4.1. Sample size used in this chapter for each population and sex per VOI. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).


## Hypotheses

Based on interspecific allometric studies BV/TV, Tb.Th, and Tb.Sp are predicted to increase with body mass, and Conn.D is predicted to decrease with body mass. DA is predicted to be unaffected by body mass (Doube et al., 2011; Fajardo et al., 2013; Barak et al., 2013; Ryan and Shaw, 2013).

## Results

Mean body mass of pooled sex populations is presented in Figure 4.1. The results of the regressions between body mass and trabecular properties of pooled sex and pooled populations are presented in tables 4.2 to 4.4 and plots are presented in Appendix 4.1 and 4.2. Regression tables for males and females are presented in Appendix 4.3 and plotted in Appendix 4.4. Substantial variation was found between VOIs in the strength of relationships between body mass and trabecular properties.


Figure 4.1. Mean body mass $\pm l$ standard deviation of body mass for each population, whiskers correspond to maximum and minimum. Individual points represent individuals with colour denoting sex.

Table 4.2. First metatarsal regressions between body mass and trabecular properties in a pooled population, pooled sex sample. Significant results are shown in bold. CL- is the lower confidence interval and CL+ represents the upper confidence interval.

First metatarsal pooled sex and populations

| VOI | Variable | Method | intercept | slope | CL- | CL+ | $\mathbf{R}^{\mathbf{2}}$ | $\boldsymbol{p}$ |
| :--- | :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Head | BV/TV | OLS | 0.513 | -0.001 | -0.004 | 0.001 | 0.026 | 0.232 |
| dorsal | Tb.Th | Robust | 0.249 | 0.000 |  |  | 0.000 | 0.818 |
| (HD) | Tb.Sp | OLS | $\mathbf{0 . 2 9 5}$ | $\mathbf{0 . 0 0 2}$ | $\mathbf{0 . 0 0 0}$ | $\mathbf{0 . 0 0 4}$ | $\mathbf{0 . 1 0 1}$ | $\mathbf{0 . 0 1 6}$ |
|  | log10 Conn.D | OLS | $\mathbf{1 . 1 4 4}$ | $\mathbf{- 0 . 0 0 5}$ | $\mathbf{- 0 . 0 1 0}$ | $\mathbf{- 0 . 0 0 1}$ | $\mathbf{0 . 0 9 7}$ | $\mathbf{0 . 0 1 9}$ |
| N=57 | DA | OLS | 0.736 | 0.000 | -0.002 | 0.002 | 0.000 | 0.989 |
|  |  |  |  |  |  |  |  |  |
| Head | BV/TV | OLS | 0.318 | 0.000 | -0.002 | 0.002 | 0.000 | 0.934 |
| plantar | Tb.Th | Robust | 0.227 | 0.001 |  |  | 0.007 | 0.458 |
| (HP) | Tb.Sp | OLS | 0.464 | 0.002 | -0.001 | 0.005 | 0.038 | 0.165 |
|  | log10 Conn.D | OLS | 0.910 | -0.003 | -0.008 | 0.001 | 0.050 | 0.106 |
| N=53 | DA | OLS | 0.675 | -0.001 | -0.003 | 0.001 | 0.017 | 0.357 |
|  |  |  |  |  |  |  |  |  |
| Base | BV/TV | OLS | 0.409 | 0.000 | -0.004 | 0.002 | 0.000 | 0.952 |
| dorsal | Tb.Th | Robust | 0.264 | -0.001 |  |  | 0.002 | 0.841 |
| (BD) | Tb.Sp | OLS | 0.347 | 0.001 | -0.001 | 0.003 | 0.030 | 0.214 |
| N=56 | log10 Conn.D | Robust | 1.014 | -0.003 |  |  | 0.038 | 0.222 |
|  | DA | OLS | 0.745 | 0.000 | -0.002 | 0.002 | 0.001 | 0.796 |
|  |  |  |  |  |  |  |  |  |
| Base | BV/TV | OLS | 0.351 | -0.001 | -0.003 | 0.001 | 0.024 | 0.293 |
| plantar | Tb.Th | OLS | 0.234 | 0.000 | -0.001 | 0.001 | 0.000 | 0.897 |
| (BP) | Tb.Sp | OLS | $\mathbf{0 . 3 2 7}$ | $\mathbf{0 . 0 0 4}$ | $\mathbf{0 . 0 0 1}$ | $\mathbf{0 . 0 0 7}$ | $\mathbf{0 . 1 4 1}$ | $\mathbf{0 . 0 0 9}$ |
| N=49 | log10 Conn.D | OLS | $\mathbf{1 . 1 8 6}$ | $\mathbf{- 0 . 0 0 7}$ | $\mathbf{- 0 . 0 1 2}$ | $\mathbf{- 0 . 0 0 2}$ | $\mathbf{0 . 1 3 9}$ | $\mathbf{0 . 0 0 9}$ |
|  | DA | OLS | 0.483 | 0.002 | -0.001 | 0.004 | 0.036 | 0.199 |
|  |  |  |  |  |  |  |  |  |




Significant regressions were found between body mass and Conn.D (negative) and $\mathrm{Tb} . \mathrm{Sp}$ (positive) in the dorsal head and plantar base VOIs (Table 4.2). No significant relationships were found in the plantar head and dorsal base.

Similar significant relationships are found in all bones and VOIs. An example of these scaling relationships is presented in Figure 4.2 for the Achilles tendon VOI. Plots of all other VOIs are presented in Appendix 4.1 and 4.2.



Figure 4.2. Examples of OLS regressions between body mass and trabecular properties in pooled and individual populations in the Achilles tendon VOI.

Table 4.3. Regressions between body mass and trabecular properties in a pooled population, pooled sex sample in the calcaneus. Significant results are shown in bold. CL- is the lower confidence interval and $C L+$ represents the upper confidence interval.


Calcaneus pooled sex and populations

| VOI | Variable | Method | intercept | slope | CL- | CL+ | $\mathbf{R}^{2}$ | $\boldsymbol{p}$ |
| :--- | :--- | :--- | ---: | ---: | :---: | :---: | :---: | :---: |
| Achilles | BV/TV | OLS | 0.470 | -0.001 | -0.004 | 0.002 | 0.008 | 0.469 |
| Tendon | Tb.Th | Robust | 0.266 | 0.000 |  |  | 0.006 | 0.575 |
| (AT) | Tb.Sp | Robust | $\mathbf{0 . 2 8 1}$ | $\mathbf{0 . 0 0 3}$ |  |  | $\mathbf{0 . 0 8 4}$ | $\mathbf{0 . 0 3 0}$ |
|  | DA | OLS | 0.672 | 0.001 | -0.001 | 0.003 | 0.025 | 0.201 |
| N=69 | log10 | OLS | $\mathbf{1 . 1 3 9}$ | $\mathbf{- 0 . 0 0 7}$ | $\mathbf{- 0 . 0 1 0}$ | $\mathbf{- 0 . 0 0 4}$ | $\mathbf{0 . 2 4 9}$ | $\mathbf{0 . 0 0 0}$ |


| Calcaneocuboid (CC) | Conn. ${ }^{\text {d }}$ |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BV/TV | OLS | 0.393 | 0.000 | -0.003 | 0.003 | 0.001 | 0.840 |
|  | Tb.Th | OLS | 0.280 | 0.001 | -0.001 | 0.003 | 0.015 | 0.342 |
|  | Tb.Sp | Robust | 0.327 | 0.003 |  |  | 0.058 | 0.045 |
| $\mathrm{N}=66$ | DA | OLS | 0.633 | 0.001 | -0.000 | 0.003 | 0.041 | 0.109 |
|  | $\log 10$ <br> Conn.D | OLS | 0.994 | -0.007 | -0.011 | -0.002 | 0.139 | 0.003 |
| Plantar <br> Ligament <br> (PL) | BV/TV | OLS | 0.236 | 0.001 | -0.002 | 0.004 | 0.010 | 0.461 |
|  | Tb.Th | Robust | 0.250 | 0.001 |  |  | 0.012 | 0.353 |
|  | Tb.Sp | OLS | 0.568 | 0.003 | -0.002 | 0.007 | 0.025 | 0.231 |
| $\mathrm{N}=60$ | DA | OLS | 0.518 | 0.003 | 0.001 | 0.005 | 0.147 | 0.003 |
|  | $\log 10$ <br> Conn.D | OLS | 0.820 | -0.008 | -0.013 | -0.003 | 0.135 | 0.004 |
| PTF <br> Anterior (PA) | BV/TV | OLS | 0.468 | 0.000 | -0.003 | 0.003 | 0.000 | 0.988 |
|  | Tb.Th | OLS | 0.335 | 0.001 | -0.001 | 0.003 | 0.012 | 0.378 |
|  | Tb.Sp | OLS | 0.357 | 0.003 | -0.000 | 0.006 | 0.053 | 0.067 |
| $\mathrm{N}=66$ | DA | Robust | 0.417 | 0.005 |  |  | 0.092 | 0.001 |
|  | $\log 10$ <br> Conn.D | Robust | 0.876 | -0.006 |  |  | 0.112 | 0.014 |
| PTF <br> Central (PC) | BV/TV | OLS | 0.515 | 0.000 | -0.003 | 0.004 | 0.001 | 0.806 |
|  | Tb.Th | OLS | 0.292 | 0.002 | 0.000 | 0.004 | 0.044 | 0.095 |
|  | Tb.Sp | OLS | 0.292 | 0.003 | 0.000 | 0.005 | 0.078 | 0.026 |
| $\mathrm{N}=66$ | DA | Robust | 0.480 | 0.002 |  |  | 0.032 | 0.206 |
|  | $\log 10$ <br> Conn.D | Robust | 0.940 | -0.006 |  |  | 0.132 | 0.008 |
| PTF <br> Posterior <br> (PP) | BV/TV | OLS | 0.448 | 0.001 | -0.002 | 0.003 | 0.002 | 0.739 |
|  | Tb.Th | OLS | 0.357 | 0.000 | -0.002 | 0.002 | 0.002 | 0.744 |
|  | Tb.Sp | OLS | 0.493 | 0.001 | -0.002 | 0.003 | 0.003 | 0.693 |
| $\mathrm{N}=66$ | DA | OLS | 0.665 | 0.001 | -0.001 | 0.003 | 0.012 | 0.388 |
|  | $\log 10$ <br> Conn.D | OLS | 0.656 | -0.002 | -0.006 | 0.002 | 0.015 | 0.341 |
| Calcaneal Tuber (CT) | BV/TV | OLS | 0.329 | 0.000 | -0.002 | 0.002 | 0.001 | 0.804 |
|  | Tb.Th | OLS | 0.314 | 0.000 | -0.001 | 0.002 | 0.002 | 0.749 |
|  | Tb.Sp | OLS | 0.413 | 0.004 | 0.001 | 0.008 | 0.078 | 0.021 |
| $\mathrm{N}=71$ | DA | OLS | 0.744 | 0.001 | 0.000 | 0.002 | 0.030 | 0.159 |
|  | $\log 10$ <br> Conn.D | OLS | 0.740 | -0.007 | -0.011 | -0.003 | 0.130 | 0.003 |

In the calcaneus, significant negative relationships between body mass and Conn.D were found in the AT, CC, PL, PA, PC, and CT VOIs (Table 4.3). Significant positive relationships were found between body mass and Tb.Sp in the AT, CC, PC, and CT VOIs. Finally, a significant positive relationship was found between body mass and DA in the PL and PA VOIs.

Table 4.4. Regressions between body mass and trabecular properties in the talus. Significant results are shown in bold. CL- is the lower confidence interval and CL+ represents the upper confidence interval.


Talus pooled sex and populations
$\left.\begin{array}{lllrlllll}\hline \text { VOI } & \text { Variable } & \text { Method } & \text { intercept } & \text { slope } & \text { CL- } & \text { CL+ } & \mathbf{R}^{\mathbf{2}} & \boldsymbol{p} \\ \text { Anterior } & \text { BV/TV } & \text { OLS } & 0.419 & -0.002 & -0.004 & 0.001 & 0.035 & 0.152 \\ \text { Calcaneal } & \text { Tb.Th } & \text { OLS } & 0.324 & -0.001 & -0.002 & 0.000 & 0.031 & 0.179 \\ \text { Facet } & \text { Tb.Sp } & \text { OLS } & \mathbf{0 . 4 2 9} & \mathbf{0 . 0 0 3} & \mathbf{0 . 0 0 0} & \mathbf{0 . 0 0 7} & \mathbf{0 . 0 7 5} & \mathbf{0 . 0 3 3} \\ \text { (ACF) } & \text { DA } & \text { Robust } & 0.635 & 0.001 & & & 0.000 & 0.429 \\ \text { N=62 } & \text { log10 Conn.D } & \text { Robust } & 0.819 & -0.003 & & & 0.063 & 0.150 \\ & & & & & & & & \\ \text { Talar head } & \text { BV/TV } & \text { OLS } & 0.456 & 0.000 & -0.003 & 0.003 & 0.001 & 0.775 \\ \text { (TH) } & \text { Tb.Th } & \text { OLS } & 0.244 & 0.001 & -0.000 & 0.003 & 0.030 & 0.167 \\ & \text { Tb.Sp } & \text { OLS } & 0.322 & 0.002 & -0.000 & 0.004 & 0.046 & 0.087 \\ \text { N=68 } & \text { DA } & \text { OLS } & 0.765 & 0.001 & -0.002 & 0.002 & 0.020 & 0.264 \\ & \text { log10 Conn.D } & \text { OLS } & \mathbf{1 . 0 8 4} & \mathbf{- 0 . 0 0 7} & \mathbf{- 0 . 0 1 1} & \mathbf{- 0 . 0 0 3} & \mathbf{0 . 1 4 9} & \mathbf{0 . 0 0 2} \\ & & & & & & & & \\ \text { Posterior } & \text { BV/TV } & \text { OLS } & 0.356 & 0.001 & -0.002 & 0.004 & 0.010 & 0.448 \\ \text { Calcaneal } & \text { Tb.Th } & \text { OLS } & 0.229 & 0.001 & -0.001 & 0.003 & 0.029 & 0.192 \\ \text { Facet } & \text { Tb.Sp } & \text { OLS } & 0.429 & 0.001 & -0.001 & 0.003 & 0.017 & 0.327 \\ \text { (PCF) } & \text { DA } & \text { OLS } & 0.740 & 0.000 & -0.001 & 0.002 & 0.004 & 0.065 \\ \text { N=62 } & \text { log10 Conn.D } & \text { OLS } & 0.962 & -0.004 & -0.009 & 0.000 & 0.061 & 0.056 \\ & & \text { OV/TV } & \text { OLS } & 0.374 & 0.001 & -0.002 & 0.003 & 0.003\end{array}\right) 0.666$

In the talus, significant negative relationships between body mass and Conn.D were found in the TH, PCF, TC, TL, and TM VOIs (Table 4.4). A significant positive relationship was found between body mass and $\mathrm{Tb} . \mathrm{Sp}$ in the ACF.

Regressions for pooled population male and female samples are provided in Appendix 4.3. For the males one regression table is provided with all males from all populations, and one where the Black Earth males were excluded from the male sample because they had a significantly lower body mass. The low body mass combined with a "robust" trabecular structure (comprised of high BV/TV and $\mathrm{Tb} . \mathrm{Th}$, low $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D, most likely resulting from high levels of physical activity (see Chapter 7) significantly influenced the regressions. Fewer significant regressions were found in the separated male and female analyses compared to the pooled sex regression, most likely due to the lower sample sizes. In the male sample the only significant results were positive regressions with $\mathrm{Tb} . \mathrm{Sp}$ in the dorsal MT1 head, and the central posterior talar facet of the calcaneus. In the males excluding Black Earth, the only significant negative regressions were found in Conn.D in the dorsal MT1 head and in the talar head. The females also showed a significant negative relationship with Conn.D in the dorsal MT1 head, Achilles tendon and talar head. A significant positive relationship was found between female $\mathrm{Tb} . \mathrm{Sp}$ and body mass in the calcaneocuboid and posterior calcaneal facet. Finally, a significant positive relationship was found with female DA in the anterior and central posterior talar facet of the calcaneus.

These results confirm the findings from the pooled sample that the strongest effects of body mass are found in Conn.D and Tb.Sp, and to a lesser extent in DA. The significant relationships all follow the same direction (positive for Tb .Sp and negative for Conn.D) in the pooled and sex-specific analyses. This eliminates any concern that the trends found in the pooled sex sample are the result of sexual dimorphism that is unrelated to body mass. Thus, it is justified to use unstandardized residuals from significant regressions as body mass controlled variables when examining differences between groups. Sex differences in regression slopes are found in cortical bone cross-sectional properties (Ruff, 2000; Davies, 2012). However, the small sample sizes in this study prevent this possibility to be investigated for trabecular bone.

## Discussion

There is some variation in the scaling relationship between body mass and trabecular properties in the 17 VOIs in the foot. However, all significant results scale in similar direction (positive for $\mathrm{Tb} . \mathrm{Sp}$ and DA, and negative for Conn.D). The differences in slope may be related to differences in sample size and composition per VOI, measurement error, and variation in loading conditions per VOI. All significant regressions with body mass and Conn.D followed a negative slope. This shows that in these VOIs the average number of interconnected struts per unit volume decreases as body mass increases. The opposite is found for trabecular spacing which increases with body mass. Finally, a significant positive relationship was found between body mass and anisotropy in the plantar ligament and anterior

PTF VOIs of the calcaneus. BV/TV, Tb.Th, and Tb.Sp were predicted to increase with body mass, and Conn.D is predicted to decrease with body mass. Predicted significant increases in BV/TV and Tb . Th were not found.

A very weak positive allometric relationship between BV/TV and body mass has previously been reported, suggesting that total trabecular bone volume in the proximal humerus and femur scales with very slight positive allometry with body size (Doube et al., 2011; Ryan and Shaw, 2013). This weak scaling relationship is consistent with observations that total joint volume and trabecular volume scale isometrically with body mass (Rafferty, 1996; MacLatchy and Muller, 2002). This suggests that in the current sample BV/TV approximates isometry, or no change in ratio with a change in size. Perhaps the range in body mass was is too small and errors due to differences in genetics, environment and behaviour too large, obscuring the slight positive allometry that was found in previous work (Doube et al., 2011; Ryan and Shaw, 2013). Given this scaling relationship, there are theoretically several ways trabecular structure can vary in response to changes in body size. Ryan and Shaw (2013) found strong negative allometric relationship between body mass and trabecular thickness in a large sample of primates, indicating that trabecular thickness increases more slowly in proportion to body mass than would be expected. Large individuals thus have relatively thin trabeculae compared with smaller individuals. No significant scaling was found between body mass and trabecular thickness. However, trabeculae become significantly less interconnected and more widely spaced with increasing body mass. How can BV/TV scale isometrically when there are fewer and more widely spaced trabeculae with increased body mass, without an increase in trabecular thickness? A potential explanation is a change in structure from rods to plate-like trabeculae which would not necessarily result in an increase in trabecular thickness. A change from rods to plates with increasing body mass would also explain the decrease in connectivity density as multiple rods may fuse into a single plate. Unfortunately, rod-to-plate ratios were not calculated in this study. Recent work has demonstrated that the widely used structure model index does not reflect plate-rod geometry (Salmon et al., 2015). It was not feasible to calculate the recently proposed ellipsoid factor (Doube, 2015) for the current sample size due to time constraints, as this would take roughly 1500 hours to calculate. A final explanation for the observations is that the range in body mass in the current sample was is too small and errors due to differences in genetics and behaviour too large, thereby obscuring the increase in Tb.Th and BV/TV with body mass observed in interspecific studies.
$\mathrm{Tb} . \mathrm{Sp}$ and Conn.D scale with negative allometry within humans, primates and mammals (Doube et al., 2011; Ryan and Shaw, 2013). Conn.D is a volumetric quantity (number connections per $\mathrm{mm}^{3}$ ) which one would expect to scale isometrically with body mass. In the current study trabeculae became more widely separated and less interconnected with increasing body mass. Strong correlations were observed between Conn.D and $\mathrm{Tb} . \mathrm{Sp}$, and body mass. Currey (2002) states that when bone density is controlled for, Conn.D and $\mathrm{Tb} . \mathrm{Sp}$ do not significantly contribute to bone strength or stiffness. However, Conn.D is an important factor in clinical studies of age-related bone loss (see Chapter 6).

Two significant positive relationships were unexpectedly found between body mass and degree of anisotropy. A very weak but statistically significant negative relationship between body mass and DA has been found in primate humeral and femoral heads (Ryan and Shaw, 2013). Inspection of pooled and individual regressions shows that in the anterior VOI of the posterior talar facet of the calcaneus a positive regression is found in the Black Earth, Kerma, and St. Johns populations (Figure 4.3, significant in Kerma with $\mathrm{p}<.001, \mathrm{R}^{2}=.55$ ). In the plantar ligaments, a positive relationship is found in all four individual populations that was significant in Black Earth ( $\mathrm{p}=.034, \mathrm{R}^{2}=.38$ ) and Jebel Moya ( $\mathrm{p}=.014, \mathrm{R}^{2}=.51$ ). It is thus unlikely that these findings are caused by an anomaly in a single population. These unexpected findings may be related to specific loading conditions of the regions in which these VOIs are located. Previous studies of allometry use large VOIs from mobile, multidirectionally loaded ball-and-socket joints (proximal humerus and femur), which are not representative of the effects of a strong unidirectional load on the functional adaptation of DA. Both VOIs are subjected to stress from a single primary direction, thus, increasing anisotropy would be a suitable strategy to cope with increased loads associated with increased body mass. However, if this explanation is true, a positive relationship would be expected in more than just two VOIs because numerous other VOIs were also predicted to be subjected to strong unidirectional loads (see Chapter 2). Findings in the literature may have been obscured by pooling of multiple species with different behaviours and joint morphologies (Doube et al., 2011; Fajardo et al., 2013; Ryan and Shaw, 2013), or combinations of different bones (Barak et al., 2013). However, it is also possible that the two significant regressions with DA are false positives due to the large number of regressions performed in this chapter. The relationship of body mass with trabecular structure within humans during ontogeny will be further investigated in Chapter 8 where the ontogeny of the human calcaneus is examined in relation to gait development and body growth.


Figure 4.3. Significant OLS regressions of DA to body mass in pooled populations broken down into individual populations. PA: anterior posterior talar facet, PL: plantar ligaments.

The effects of variation in external bone shape rather than size on trabecular architecture are important to understand for the study of human evolution, as fossil hominins present a range of different morphologies. Using whole bone methods of analysing trabecular structure (Tsegai et al., 2013; Gross et al., 2014; Kivell, 2016) could contribute to understanding the effects of external bone morphology on internal structure, particularly on anisotropy and directionality of trabeculae. The best way to investigate the relationship between shape and trabecular organization is to study animals where factors such as body mass, diet, activity, and environment can be controlled. Computer modelling and finite element analysis may also be a rewarding approach by allowing researchers to artificially manipulate shape and observe changes in the flow of stress throughout a bone.

## Conclusion

Significant relationships were found between body mass and trabecular properties in the human foot. With increasing body mass trabeculae become significantly more widely spaced and less interconnected. Predicted increases in BV/TV and Tb .Th with body mass were not found, presumably because the slope is too shallow to detect in the small range of body masses in the current sample. Similar significant scaling relationships were found in female, male, and pooled sex samples. However, less significant results were found due to the lower sample size of single sex samples. Differences in slopes of significant regressions could not be found between males and females due to low sample size and large confidence intervals. Residuals from the significant regressions will be used as body mass standardized variables in the following chapters.

## Chapter 5 -Sexual dimorphism in trabecular structure

## Introduction

Sexual dimorphism is found in human body mass, size, shape, physiology, and behaviour, but little is known about sexual dimorphism in human trabecular structure. There are significant differences in bone mass between men and women with ageing (Duan et al., 2001; Seeman, 2001). Eckstein et al. (2007) found that sex differences in BV/TV were region specific throughout the skeleton in elderly people. However, elderly individuals do not represent the average human population. Khosla et al. (2006) found significantly greater BV/TV ( $26 \%$ ) in the distal radius of young adult males compared to females. Thus far, no significant sexual dimorphism has been observed in primates (Dr. Tim Ryan, personal communication). Saers et al. (2016) and a recent study by Chirchir et al. (2017) found no sexual dimorphism in bone volume fraction in the upper and lower limbs in various archaeological samples. This chapter investigates sexual dimorphism in trabecular architecture in the feet of four different human archaeological populations.

Differences between men and women in diaphyseal bone modeling affect their response to mechanical loading as well as the regions where bone is deposited (Callewaert et al., 2010). The opposing action of sex steroids in males and females partially underlie the sexual dimorphism observed in human cortical bone structure. Due to different regulatory effects of sex hormones, periosteal expansion is inhibited in favour of endocortical apposition in females during cortical bone growth (Callewaert et al., 2010). This results in males having larger total diaphyseal cross-sectional areas resulting in greater resistance to compression and bending loads in long bones. In female trabecular bone regulation, oestrogen receptor activation is required for normal bone growth. In males, these are also required during cortical bone growth, while for trabecular growth androgen receptor activation is exclusively responsible. Aside from sex hormones, insulin-like growth factor 1 (IGF1) is more abundant in male mice during puberty. IGF1 has a strong effect on bone formation in mice and humans, although extrapolation of mice data on humans should be treated with care (Callewaert et al., 2010; Jepsen et al., 2015). Sexual dimorphism is not only determined by androgen action in males and oestrogen action in females, but also by complex sex- and time-specific interactions between sex hormones, IGF1, and mechanical loading, particularly during growth (Del Giudice et al., 2009; Callewaert et al., 2010). These complex and incompletely understood sex differences in bone growth and maintenance complicate interpretations of sexual dimorphism in the context of behavioural variation between males and females.

After correcting for the effects of body mass, the observed sexual dimorphism in limb bone diaphyseal midshaft rigidity and shape is interpreted as reflecting differences in behaviour in past populations (Ruff, 1987; Carlson et al., 2007). This assumption is based on the observation that after correcting for the effects of body mass, differences between males and females are low in modern humans compared to prehistoric populations (Ruff, 1987, 2008). Sexual dimorphism in lower limb robusticity and shape
has been reducing since the Palaeolithic (Ruff, 1987). Among hunter gatherers, males tend to have significantly more robust, and more anteroposteriorly strengthened lower limb diaphyses than females. This is interpreted as the result of greater terrestrial mobility in males (Ruff, 2008). This sexual dimorphism is reduced in agriculturalists and even further in modern industrial populations (Ruff, 2008). This has been interpreted as a reduction in the differences in mobility between men and women with men becoming increasingly less mobile. However, recent research has demonstrated that after correcting for body mass and bone length, modern industrial white and black males have significantly more robust femora than white and black females (Jepsen et al., 2015). While lower limb bone diaphyseal strength shows significant sexual dimorphism in past and present populations, little is known about trabecular bone. In this chapter, sexual dimorphism in trabecular structure is investigated within the talus, calcaneus and first metatarsal of four different human populations.

## Sexual dimorphism in lower limb diaphyseal rigidity in study populations

Previous work has examined the cross-sectional geometry of the Black Earth (Shaw et al., 2014), Jebel Moya, and Kerma populations (Nikita et al., 2011; Stock et al., 2011). Cross-sectional properties of the femoral and tibial midshaft taken from Nikita et al. (2011) are summarised in Table 5.1. TA/BM is the total area of a bone cross-section divided by body mass. This represents a measure of a bone's compressive strength, and is strongly correlated to torsional rigidity $(J) . I_{x} / I_{y}$ represents anteroposterior divided by mediolateral bending rigidity. $\mathrm{I}_{\max } / \mathrm{I}_{\text {min }}$ is the ratio of maximum divided by minimum bending rigidity. The femoral and tibial properties were averaged between left and right sides as very little bilateral asymmetry was present. In the femur and tibia of the Kerma and Jebel Moya, sexual dimorphism in TA was significant ( $\mathrm{p}<.001$ in the femur and $\mathrm{p}<.05$ in the tibia). No significant sexual dimorphism was found in shape indices (Nikita et al., 2011). In both populations, the males have significantly higher TA than females, even after correcting for the effects of body mass. This is interpreted as a reflection of greater male mobility relative to females (Nikita et al., 2011; Stock et al., 2011).

Table 5.1. Summary statistics of cross-sectional properties published in Nikita et al. (2011). TA/BM is total area divided by body mass. Data are reported for the right limb.

|  | Males $(\mathbf{n}=\mathbf{1 8})$ |  | Females $(\mathbf{n}=\mathbf{2 4})$ |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TA/BM | $\mathbf{I}_{\mathbf{x}} / \mathbf{I}_{\mathbf{y}}$ | $\mathbf{I}_{\text {max }} / \mathbf{I}_{\text {min }}$ | $\mathbf{T A} / \mathbf{B M}$ | $\mathbf{I}_{\mathbf{x}} / \mathbf{I}_{\mathbf{y}}$ | $\mathbf{I}_{\text {max }} / \mathbf{I}_{\text {min }}$ |
| Femur |  |  |  |  |  |  |
| Kerma | $870.7 \pm 19.4$ | $1.29 \pm 0.05$ | $1.37 \pm 0.04$ | $773.0 \pm 12.0$ | $1.14 \pm 0.04$ | $1.29 \pm 0.02$ |
| Jebel Moya | $962.3 \pm 10.7$ | $1.32 \pm 0.05$ | $1.52 \pm 0.04$ | $828.1 \pm 18.1$ | $1.28 \pm 0.05$ | $1.39 \pm 0.05$ |
| Tibia |  |  |  |  |  |  |
| Kerma | $760.1 \pm 21.8$ | $1.88 \pm 0.08$ | $1.99 \pm 0.08$ | $627.6 \pm 13.1$ | $2.24 \pm 0.13$ | $2.27 \pm 0.13$ |
| Jebel Moya | $850.1 \pm 17.9$ | $1.89 \pm 0.09$ | $1.93 \pm 0.09$ | $760.1 \pm 21.0$ | $1.97 \pm 0.13$ | $1.98 \pm 0.13$ |

Cross-sectional properties of the Black Earth femoral midshaft provided by Dr. Tim Ryan are summarized in Table 5.2. No significant sexual dimorphism was found in the Black Earth in $I_{\max } / I_{\min }$, nor in body mass standardized indices of torsional rigidity ( $J$ ), section modulus $(\mathrm{Zp})$, or compressive
strength (CSA). This suggests that male and female Black Earth individuals had equally rigid femoral diaphyses after correcting for the effects of body mass, suggesting that they were likely equally mobile. The tibia is often regarded as a better proxy of mobility in archaeological populations (Stock, 2006), but no data exists on tibial cross-sectional rigidity in the Black Earth.

Midshaft cross-sectional properties of thirteen femora matching the Kerma individuals used in this study were calculated and presented in Table 5.2. Body mass corrected J and Zp were significantly larger in males compared to females. This indicates that males have greater femoral torsional rigidity and strength, presumably due to higher levels of terrestrial mobility. The values in Table 5.1 and 5.2 are slightly different because the values in Table 5.1 are taken from Nikita et al. (2011), while Table 5.2 is calculated based on data provided by Dr. Tim Ryan and Dr. Colin Shaw. The values are slightly different for Kerma in the two tables due to different sample sizes.

Table 5.2. Summary statistics and t-tests of body mass standardized cross-sectional properties of the femoral midshaft of Black Earth and Kerma males and females.

| Cross-sectional properties |  |  |  |  |  |  | Levene's Test |  | T-test |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black Earth | Property | Sex | N | Mean | S.D. | S.E. | F | $p$ | t | df | $p$ |
|  | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | M | 11 | 1.33 | 0.16 | 0.05 | . 784 | . 387 | . 519 | 18 | . 610 |
|  |  | F | 9 | 1.29 | 0.22 | 0.07 |  |  |  |  |  |
|  | J | M | 11 | 33111 | 7503 | 2262 | . 112 | . 742 | . 226 | 18 | . 824 |
|  |  | F | 9 | 32175 | 10993 | 3664 |  |  |  |  |  |
|  | Zp | M | 11 | 965 | 170 | 51 | . 065 | . 802 | -. 027 | 18 | . 979 |
|  |  | F | 9 | 968 | 236 | 79 |  |  |  |  |  |
| Kerma | CSA | M | 11 | 668 | 74 | 22 | . 471 | . 501 | . 152 | 18 | . 881 |
|  |  | F | 9 | 662 | 112 | 37 |  |  |  |  |  |
|  | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | M | 8 | 1.36 | 0.15 | 0.05 | . 713 | . 416 | 1.912 | 11 | . 082 |
|  |  | F | 5 | 1.21 | 0.09 | 0.04 |  |  |  |  |  |
|  | J | M | 7 | 18885 | 3441 | 1300 | 5.179 | . 049 | 3.669 | 6.889 | . 008 |
|  |  | F | 4 | 13929 | 727 | 363 |  |  |  |  |  |
|  | Zp | M | 7 | 954 | 95 | 36 | 2.756 | . 131 | 2.731 | 9 | . 023 |
|  |  | F | 4 | 816 | 38 | 18 |  |  |  |  |  |
|  | CSA | M | 8 | 585 | 117 | 41 | 1.098 | . 317 | . 747 | 11 | . 471 |
|  |  | F | 5 | 544 | 46 | 20 |  |  |  |  |  |

## Methods

Sexual dimorphism in trabecular structure is examined in pooled and individual populations (Table 5.3).

Table 5.3. Sample size used in this chapter for each population and sex per VOI. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


The Jebel Moya population was excluded from the pooled population due to its unequal sex ratio with very few females. The relative robusticity of this population would artificially increase male robusticity relative to females if included in the pooled sample. Independent $t$-tests are used to assess sexual dimorphism in trabecular structure in a pooled population sample as well as within individual populations, in every VOI. Mann-Whitney U tests were used when groups were not normally distributed. A Bonferroni correction for multiple comparisons was calculated, reducing $\alpha$ from .05 to .003 (=.05/17 VOIs). Strong correlations reported previously between trabecular properties in different

VOIs suggest that the variables under consideration are highly interconnected, in which case Armstrong (2014) argues that it is not advisable to perform a Bonferroni correction. Following recommendations by Armstrong (2014), the results will be discussed both with and without corrected $\alpha$ levels. Based on the strong correlations between trabecular properties across VOIs (mean R of pairwise comparisons between the 17 VOIs throughout the foot: $\mathrm{BV} / \mathrm{TV}=.72, \mathrm{~Tb} . \mathrm{Th}=.73, \mathrm{DA}=.20$, residual $\mathrm{Tb} . \mathrm{Sp}=.62$, residual Conn. $\mathrm{D}=.52$ ) it is expected that sexual dimorphism should be evident in multiple VOIs. Thus, isolated significant results in BV/TV, Tb.Th, residual Conn.D, and residual Tb.Sp will be regarded as false positives. However, this does not apply to DA due to the low and nonsignificant correlations between DA in different VOIs. Trabecular properties are plotted using boxplots with the median and interquartile range to illustrate the distribution of the data for males and females.

Ryan and Shaw (2012) argued that using suites of trabecular variables may be the most appropriate method for assessing intergroup variation in these complex structures. Thus, multivariate principal components analysis is used to assess sexual dimorphism. One-way ANOVA will be performed on the individual principal components to see if combinations of related variables better discriminate between populations or volumes of interest. The ratio of sample size to number of variables is important in PCA. When the 5 variables are used in a combination of all 7 calcaneal VOIs there is $\mathrm{n} \mathrm{N}: \mathrm{p}$ ratio of 48 individuals to 35 variables. A ratio of $5: 1$ is often cited as a minimum rule of thumb to produce accurate results. However, experimental validation of this rule of thumb is minimal (Osborne and Costello, 2004). A PCA will be run with all combined variables, but PCA's will also be run for each individual VOI to ensure a suitable N:p ratio. PCA's are performed for individual as well as pooled population samples. MANOVA will be run on the first three principal components to assess sexual dimorphism in correlated suites of trabecular properties.

The degree of sexual dimorphism was calculated within populations. In a review of methods of quantifying sexual dimorphism, Smith (1999) demonstrated that a ratio of male/female mean sufficiently represents sexual dimorphism. Due to the large standard deviations for residual property means, the ratios of the means are not representative and thus discarded.

## Hypotheses

More rigid (robust) trabecular architectures are associated with higher BV/TV, thicker and less widely separated trabeculae, with fewer connections between trabeculae (Hodgskinson and Currey, 1990; Goulet et al., 1994; Odgaard et al., 1997; Kabel et al., 1999; Ulrich et al., 1999; Rubin et al., 2002; Mittra et al., 2005; Rincón-Kohli and Zysset, 2009; Barak et al., 2011; Karim and Vashishth, 2011; Ryan and Shaw, 2015). An increase in DA results in an increase in bone stiffness in the primary direction of anisotropy but a decrease in stiffness if the structure is loaded from different directions. DA was shown to be responsive to changes in direction of loading (Barak et al., 2011). Lack of significant correlations between $\mathrm{BV} / \mathrm{TV}$ and DA (Chapter 3) suggests that DA is more likely a
reflection of loading directionality than magnitude. Potential differences in DA are thus hypothesized to reflect differences loading directions between males and females.

Sexual dimorphism in lower limb cortical bone rigidity and shape indices has decreased with time (Ruff, 1987, 2008; Macintosh et al., 2014; Ruff et al., 2015). Hunter-gatherers exhibit the greatest sexual dimorphism, followed by agriculturalists, and it is lowest in modern populations after correcting for differences in body mass. In the current study, no sexual dimorphism was found in the limb bone diaphyses of the Black Earth hunter-gatherers, but significant sexual dimorphism was found in the Kerma and Jebel Moya. Unfortunately, no CT-scans are available to assess sexual dimorphism in diaphyseal cross-sectional properties in the St. Johns population. The Kerma and Jebel Moya males have significantly stronger femoral and tibial diaphyses compared to females (Nikita et al., 2011; Stock et al., 2011). This is interpreted as the result of differences in mobility between males and females with men being more mobile. This would suggest that significant sexual dimorphism will be present in trabecular architecture between males and females with males being more robust in Kerma and Jebel Moya (see below for a description of what constitutes trabecular robusticity). It is predicted that the St. Johns will be less sexually dimorphic compared to the Kerma and Jebel Moya, but with males still possessing significantly more robust trabecular structures than females, based on trend of significant decline in lower limb rigidity through time (Ruff, 2008). No sexual dimorphism is predicted to be found in the Black Earth population based on the lack of sexual dimorphism in femoral cross-sectional geometry.

The above predictions rely on the premise that trabecular bone follows similar adaptive patterns as cortical bone. However, Shaw and Ryan (2012) found that trabecular and cortical bone do not necessarily covary. Using discriminant function analysis, Ryan and Shaw (2012) did manage to find significant relationship between trabecular architecture and locomotor mode. They suggest that considering suites of variation in trabecular properties using multivariate statistical methods may be a more suitable approach for studying trabecular bone functional adaptation (Ryan and Shaw, 2012). Here sexual dimorphism is examined using univariate t-tests and Mann-Whitney $U$ tests as well as multivariate principal components analysis. PCA was chosen over DFA because it makes no prior assumptions of group membership, and the strong correlations between trabecular properties are no issue in PCA.

## Results

A table summarizing significant differences in trabecular structure between pooled males and pooled females is given in Table 5.4. Sexual dimorphism in the pooled population excluding Jebel Moya are given in Figure 5.1.



 MT1


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$\pi$
$3 \pi$
$\cdots$



Figure 5.1. Boxplots of pooled population sexual dimorphism excluding Jebel Moya. Volumes of interest: Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid $(C C)$, dorsal base $(B D)$, plantar base $(B P)$, dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM). *indicates a significant difference ( $p<.05$ ).

Table 5.4. Summary table of significant sexual dimorphism of a pooled sample excluding Jebel Moya. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments ( $P L$ ), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| Pooled |  | BV/TV | Tb.Th | DA | Tb.Sp | Conn.D | Res. <br> Tb.Sp | Res. <br> Conn.D | Res.Da |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calcaneus | AT |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | CC |  |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | CT |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  | $\mathrm{M}>\mathrm{F}$ |
|  | PA |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  | $\mathrm{F}>\mathrm{M}$ |  |
|  | PC |  |  | $\mathrm{M}>\mathrm{F}$ |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | PP |  |  |  |  |  |  |  |  |
|  | PL |  |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |
| MT1 | BD |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | BP |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | HD |  |  |  |  |  |  |  |  |
|  | HP |  |  |  |  |  |  |  |  |
| Talus | ACF | $\mathrm{F}>\mathrm{M}$ |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | PCF |  |  |  |  |  |  |  |  |
|  | TH |  |  |  |  |  |  |  |  |
|  | TL |  |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | TC |  |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | TM |  |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |

A few clear trends can be observed in Table 5.4 where in 11 out of 17 VOIs females have more interconnected struts than males and in 9 out of 17 VOIs males have significantly more widely separated struts. However, when correcting for differences in body size there is only one significant difference in the PA where females have higher Conn.D than males. BV/TV is significantly higher in females in the ACF VOI. Males have significantly more anisotropic trabeculae in the calcaneal tuber, posterior and central PTF, and the plantar base of the first metatarsal. After correcting for body mass the males have more anisotropic structures in the calcaneal tuber

After Bonferroni correction ( $\alpha=.003$ ) only Conn.D remained significant in the PA, PC, and TM VOIs. The fact that the significant results are highly consistent in different VOIs, particularly in DA, Tb.Sp, and Conn.D suggests that there is indeed a pattern of differences between males and females. The lack of significant differences after the Bonferroni correction most likely results from an inflated type II error rate. The isolated significant result in residual Conn.D is interpreted as a false positive.

## Sexual dimorphism in individual populations

Sexual dimorphism in the Black Earth population is plotted in Figure 5.2.



Figure 5.2. Boxplots of the median and interquartile range of male and female Black Earth trabecular properties. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base $(B D)$, plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Table 5.5. Summary table of significant sexual dimorphism in Black Earth. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| Black Earth |  | BV/TV | Tb.Th | DA | Tb.Sp | Conn.D | Res. Tb.Sp | Res. Conn.D | Res.Da |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calcaneus | AT |  |  |  |  |  |  |  |  |
|  | CC |  |  |  |  |  |  |  |  |
|  | CT |  |  |  |  |  |  |  |  |
|  | PA |  |  |  |  |  |  |  |  |
|  | PC |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | PP |  |  |  |  |  |  |  |  |
|  | PL |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |
| MT1 | BD |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  | $\mathrm{F}>\mathrm{M}$ |  |
|  | BP |  |  |  | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  | $\mathrm{F}>\mathrm{M}$ |  |
|  | HD |  |  |  |  |  |  |  |  |
|  | HP |  |  |  |  |  |  |  |  |
| Talus | ACF |  |  |  |  |  |  |  |  |
|  | PCF |  |  |  |  |  |  |  |  |
|  | TH |  |  |  |  |  |  |  |  |
|  | TL |  |  |  |  |  |  |  |  |
|  | TC |  |  |  |  |  |  |  |  |
|  | TM |  |  |  |  |  |  |  |  |

Few significant differences were found between males and females in the Black Earth population (Table 5.5). Mean BV/TV and Tb.Th were higher in males in most VOIs but not significantly, and no differences were found in anisotropy. Males do have significantly more widely separated struts in the plantar base of the first metatarsal. Females display significantly greater Conn.D in both MT1 base VOIs, the central PTF, and the plantar ligaments. After removing variation associated with body mass the differences in dorsal and plantar MT1 base remain significant. No significant differences were found after applying a Bonferroni correction.

Trabecular properties in males and females from Jebel Moya are plotted in Figure 5.3.




Figure 5.3. Boxplots of the median and interquartile range of male and female trabecular properties in Jebel Moya. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: $T M)$.

Table 5.6. Summary table of significant sexual dimorphism in Jebel Moya. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| Jebel Moya |  | BV/TV | Tb.Th | DA | Tb.Sp | Conn.D | Res. Tb.Sp | Res. Conn.D | Res. Da |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calcaneus | AT | M>F | M>F |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | CC | $\mathrm{M}>\mathrm{F}$ |  |  | $\mathrm{F}>\mathrm{M}$ |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | CT | $\mathrm{M}>\mathrm{F}$ | $\mathrm{M}>\mathrm{F}$ |  |  |  |  |  |  |
|  | PA | $\mathrm{M}>\mathrm{F}$ | $\mathrm{M}>\mathrm{F}$ |  | $\mathrm{F}>\mathrm{M}$ |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | PC | $\mathrm{M}>\mathrm{F}$ |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | PP | $\mathrm{M}>\mathrm{F}$ | $\mathrm{M}>\mathrm{F}$ |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | PL |  |  |  |  |  |  |  |  |
| MT1 | BD |  |  |  |  |  |  |  |  |
|  | BP |  |  |  |  |  |  |  |  |
|  | HD |  |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | HP | $\mathrm{M}>\mathrm{F}$ |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |
| Talus | ACF |  |  |  |  |  |  |  |  |
|  | PCF |  |  |  | $\mathrm{F}>\mathrm{M}$ |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | TH |  |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | TL | $\mathrm{M}>\mathrm{F}$ |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | TC | $\mathrm{M}>\mathrm{F}$ |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |
|  | TM | $\mathrm{M}>\mathrm{F}$ |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |

The Jebel Moya are difficult to interpret due to the small number of females relative to males (Table 5.6). Only in the talar VOIs and the HD VOI was there more than two female to compare to the males. It is quite likely that some of the individuals of indeterminate sex are females, and since they are all more similar to males than the females, it is likely that sexual dimorphism is lower than Figure 5.3 suggests. Significant differences in BV/TV and Tb.Th were only found in calcaneal VOIs where there are only two females. Males have significantly higher BV/TV in the medial trochlea and all calcaneal VOIs except the plantar ligaments. Males also have significantly thicker trabeculae at the Achilles tendon, the three PTF VOIs, and the medial trochlea of the talus. Males have significantly higher DA in at the Achilles tendon both before and after correcting for body mass. Females possess greater Conn.D in the PP and BP VOIs, but not after correcting for body mass. After correcting for body mass, females have significantly higher $\mathrm{Tb} . \mathrm{Sp}$ in more VOIs than prior to body mass corrections, particularly in the talus and calcaneus.

After Bonferroni correction ( $\alpha=.003$ ) only BV/TV and Tb.Th remain significant in the PP VOI. The consistency of significant results between different VOIs suggests that there is indeed a pattern of differences between males and females. The lack of significant differences after the Bonferroni correction most likely results from an inflated type II error rate (Armstrong, 2014).

Trabecular properties for the Kerma males and females are plotted in Figure 5.4.



Figure 5.4. Boxplots of the median and interquartile range of male and female trabecular properties in Kerma. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base $(B D)$, plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Table 5.7. Summary table of significant sexual dimorphism in Kerma. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| Kerma |  | BV/TV | Tb.Th | DA | Tb.Sp | Conn. ${ }^{\text {D }}$ | Res. Tb.Sp | Res. <br> Conn.D | Res.Da |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calcaneus | AT |  |  |  |  |  |  |  |  |
|  | CC | F>M |  |  | M $>\mathrm{F}$ |  |  |  |  |
|  | CT |  |  | M $>\mathrm{F}$ | $\mathrm{M}>\mathrm{F}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | PA |  |  | $\mathrm{M}>\mathrm{F}$ |  |  |  |  |  |
|  | PC | $\mathrm{F}>\mathrm{M}$ |  |  |  |  |  |  |  |
|  | PP |  |  |  |  |  |  |  |  |
|  | PL | $\mathrm{F}>\mathrm{M}$ |  |  | $\mathrm{M}>\mathrm{F}$ | F>M |  |  |  |
| MT1 | BD |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |
|  | BP |  |  |  |  |  |  |  |  |
|  | HD |  |  | $\mathrm{M}>\mathrm{F}$ |  |  |  |  | M $>\mathrm{F}$ |
|  | HP |  |  |  |  |  |  |  |  |
| Talus | ACF |  |  |  |  |  |  |  |  |
|  | PCF |  | $\mathrm{F}>\mathrm{M}$ | $\mathrm{M}>\mathrm{F}$ |  |  |  |  | M $>\mathrm{F}$ |
|  | TH |  |  |  |  |  |  |  |  |
|  | TL |  |  |  | $\mathrm{M}>\mathrm{F}$ |  |  |  |  |
|  | TC | $\mathrm{F}>\mathrm{M}$ | $\mathrm{F}>\mathrm{M}$ |  |  |  |  |  |  |
|  | TM |  |  |  |  |  |  |  |  |

The Kerma females have higher BV/TV and thicker trabeculae in all VOIs compared to the males (Table 5.7). Females have significantly greater BV/TV in the CC, PC, PL, and TC VOIs, and significantly thicker trabeculae compared to males in the PCF and TC VOIs. The males have significantly more anisotropic structures in the CT, PA, PL, and TL VOIs. After correcting for body mass DA remained significantly higher in males in the HD and PCF VOIs. Males have more widely separated trabecular struts in the PL and TL VOIs, as well as the CC, and CT VOIs although not after controlling for variance associated with body mass. Females have more interconnected structures in all VOIs, and significantly so in the BD VOIs, as well as the CT and PL VOIs, although not after body mass corrections. No significant differences were found after applying a Bonferroni correction.

Trabecular properties for the St. Johns males and females are plotted in Figure 5.5.




Figure 5.5. Boxplots of the median and interquartile range of male and female trabecular properties in St. Johns. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base $(B D)$, plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Table 5.8. Summary table of significant sexual dimorphism in St. Johns. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| St. Johns |  | BV/TV | Tb.Th | DA | Tb.Sp | Conn. ${ }^{\text {D }}$ | Res. Tb.Sp |  | Res. Conn.D | Res.Da |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calcaneus | AT |  |  |  |  | F>M |  |  |  |  |
|  | CC |  |  |  |  |  |  |  |  |  |
|  | CT |  |  |  |  | F>M |  |  |  |  |
|  | PA |  |  |  | $\mathrm{M}>\mathrm{F}$ | F>M |  |  |  |  |
|  | PC |  |  |  |  | $\mathrm{F}>\mathrm{M}$ |  |  |  |  |
|  | PP |  |  |  |  |  |  |  |  |  |
|  | PL |  |  |  |  |  |  |  |  |  |
| MT1 | BD |  |  |  |  |  |  |  |  |  |
|  | BP |  |  |  |  |  |  | F>M |  |  |
|  | HD |  | M $>\mathrm{F}$ |  |  |  |  |  |  |  |
|  | HP |  |  |  |  |  |  |  |  |  |
| Talus | ACF |  |  |  |  |  |  |  |  |  |
|  | PCF | $\mathrm{M}>\mathrm{F}$ | M>F |  |  |  |  |  |  |  |
|  | TH |  | M $>\mathrm{F}$ |  |  | F>M |  |  |  |  |
|  | TL |  |  |  |  |  |  |  |  |  |
|  | TC |  | M>F |  |  | F>M |  |  |  |  |
|  | TM |  |  |  |  |  |  |  |  |  |

The St. Johns males have greater mean BV/TV in the talus but only significantly greater in the PCF (Table 5.8). The males tend to have thicker trabeculae, and significantly so in the HD, PCF, TH, and TC VOIs. Males have significantly more widely spaced trabeculae in the PA VOI. Females have more interconnected struts in the AT, CT, PA, PC, TH, and TC VOIs, although no significant differences were found when differences in body mass were corrected for. Finally, females have significantly more widely separated struts in the plantar MT1 base when body mass differences were corrected. No significant differences were found after applying a Bonferroni correction.

## Principal components analysis

A Principal components analysis was run on a pooled population sample. Volumes of interest were combined per bone. A biplot of the first two principal components for the calcaneus is provided in Figure 5.6. Summary tables and $t$-test on principal components are provided in Appendix 5.1.

PC 1 receives the biggest contribution from $\mathrm{BV} / \mathrm{TV}$ and Tb .Th, but no significant differences are found between males and females. Females score significantly higher on PC2 which is strongly influenced by Conn.D, Tb.Sp, and DA. After removing the variance in trabecular properties associated with $\mathrm{BV} / \mathrm{TV}$ on PC 1 , females possess greater residual Conn.D and more isotropic structures in general than the males in a pooled population sample.


Figure 5.6. Biplot of the first two principal components of a PCA of the seven calcaneal VOIs in a pooled population sample.

The results for the first metatarsal are presented in Figure 5.7. No significant sexual dimorphism was found in any of the principal components.


Figure 5.7. Biplot of the first two principal components of a PCA of four first metatarsal VOIs in a pooled population sample.

The results for the talus are presented in Figure 5.8. No sexual dimorphism was found in any of the first five principal components.


Figure 5.8. Biplot of the first two principal components of a PCA of pooled talar VOIs in a pooled population sample.

PCA's are discussed below for each bone in all four populations (figures 5.9 to 5.12), and results of MANOVA's of principal components are provided in Appendix 5.2. PCAs for individual VOIs per population are provided in Appendix 5.3 along with MANOVA's between principal components.

Biplots of the first two principal components of the Black Earth are provided in Figure 5.9. The Black Earth females fall marginally but significantly higher on PC2 of the calcaneus compared to the males ( $\mathrm{p}=.045, \mathrm{df}=1,7$ ). PC 2 is correlated negatively with DA indicating that females have somewhat lower calcaneal DA compared to males. The only significant difference in individual VOIs is found in the calcaneal tuber where males fall lower on PC3, which is associated with greater anisotropy.

## Black Earth <br> Talus




Calcaneus




Figure 5.9. Biplot of PC1 and PC2 and corresponding vectors for trabecular properties in Black Earth.

Biplots of the first two principal components of the Kerma are provided in Figure 5.10. MANOVA results indicate that there is significant sexual dimorphism in the calcaneus in a combination of the
first three principal components $(\mathrm{p}=.008, \mathrm{df}=3,9)$. The females fall significantly higher on PC 1 in the calcaneus ( $\mathrm{p}=.005, \mathrm{df}=1,11$ ) and the talus $(\mathrm{p}=.02, \mathrm{df}=1,8)$ indicating that they have greater BV/TV, $\mathrm{Tb} . \mathrm{Th}$, and lower residual $\mathrm{Tb} . \mathrm{Sp}$ compared to the males. In the MT1 the females fall lower on PC2 which is negatively correlated with BV/TV and Tb.Th, although it is not significant ( $\mathrm{p}=.07, \mathrm{df}=1,9$ ).


Figure 5.10. Biplot of PC1 and PC2 and corresponding vectors for trabecular properties in Kerma.
Biplots of the first two principal components of the Jebel Moya are provided in Figure 5.11. In both the talus and calcaneus the males fall lower on PC1 which is strongly correlated with BV/TV and $\mathrm{Tb} . \mathrm{Th}$ and negatively correlated with residual $\mathrm{Tb} . \mathrm{Sp}$. A MANOVA could only be performed on the calcaneus due to low sample size in the talus. The MANOVA is significant overall ( $\mathrm{p}=.010, \mathrm{df}=3,1$ ), and for $\mathrm{PC} 1(\mathrm{p}=.024, \mathrm{df}=1,3)$.

Jebel Moya
Talus



## Calcaneus




Figure 5.11. Biplot of PC1 and PC2 and corresponding vectors for trabecular properties in Jebel Moya.

Biplots of the first two principal components of the St. Johns are provided in Figure 5.12. On average, the males fall higher on principal components associated with BV/TV, but no significant sexual dimorphism is found in the first three principal components.

## St Johns <br> Talus



Figure 5.12. Biplot of PC1 and PC2 and corresponding vectors for trabecular properties in St. Johns.

## Discussion

Little significant sexual dimorphism was found in the pooled population sample after body mass corrections in univariate analyses. Within populations, the patterns of significant sexual dimorphism vary substantially. The results generally do not correspond with predictions based on archaeological data and lower limb cross-sectional geometric analysis.

No significant sexual dimorphism was found in the cross-sectional properties of the femur in the Black Earth. From this it was predicted that no differences would be found between males and females after accounting for body size. Virtually no sexual dimorphism was found in the trabecular properties of the Black Earth. Only in the first metatarsal base did females possess significantly greater residual Conn.D compared to males. Using suites of trabecular properties in a principal components analysis showed significant sexual dimorphism in the calcaneus where males were associated with more anisotropic trabecular structure.

Based on sexual dimorphism in lower limb diaphyseal rigidity, the Jebel Moya males were predicted to possess greater $\mathrm{BV} / \mathrm{TV}$ and associated $\mathrm{Tb} . \mathrm{Th}$, and lower associated $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D. The predictions were correct as higher male BV/TV and Tb.Th, and lower Tb.Sp were indeed found in many VOIs. However, these results are unreliable due to the small sample size, particularly of females. All but one VOI where significant differences were found were located in the calcaneus, where there was only one Jebel Moya female. It is quite likely that some of the individuals of indeterminate sex were females, and as all indeterminate individuals are more male-like than the females, it is likely that sexual dimorphism is lower than these results suggest. Thus, the significant sexual dimorphism found in the Jebel Moya is unlikely to be a true representation of the actual dimorphism of population. It is worth reporting these data, but these results are considered unreliable and will not be discussed further in this thesis.

Kerma males were predicted to possess greater BV/TV and associated Tb.Th, and lower associated Tb.Sp and Conn.D because males have significantly more robust absolute and body mass corrected lower limb diaphyses. Instead it was found that females have higher mean BV/TV and thicker mean trabeculae in all VOIs. Females display significantly greater BV/TV in the CC, PC, PL, and TC VOIs. Females also possess thicker trabeculae compared to males in the PCF and TC VOIs. After correcting for body mass no differences were found in $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D. The males have significantly more anisotropic structures in the CT, PA, PL, and TL VOIs, and in the HD and PCF after body mass corrections. Significant sexual dimorphism was also found using combined suites of trabeculae in PCA's in the talus and calcaneus while sexual dimorphism was just not significant in the first metatarsal. Thus, counter to predictions, the females have thicker trabeculae and greater BV/TV compared to males, and significantly so in a number of VOIs.

It was predicted the St. Johns males would have stiffer trabecular structures than females, but that sexual dimorphism would be lower compared to the Kerma and Jebel Moya. These predictions were
based on long term trends in long bone robusticity and observations of sexual dimorphism in modern industrial populations (Ruff, 2008; Jepsen et al., 2015), not actual biomechanical comparisons of the skeletal material. Mean BV/TV, Tb.Th, and Tb.Sp were higher and Conn.D lower in males compared to females. Significance was reached for BV/TV only in the PCF and for Tb.Th in HD, PCF, TH, and TC. After removing the variation associated with body mass the females had significantly higher $\mathrm{Tb} . \mathrm{Sp}$ than males in the BP. In suites of properties analysed using PCA no significant sexual dimorphism was found, although on average males did fall higher on principal components associated with BV/TV.

Most significant sex differences were found in $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D, but not after correcting for variance associated with body mass. It is possible that this variance is related to sex differences independent of body mass that are being corrected for due to the inherent difference in male and female body mass. Regressions were run between body mass and trabecular properties in males and females in Chapter 4 to test for this possibility. Similar relationships between body mass and trabecular properties were found in both sexes and the pooled sex sample, indicating that the driving factor behind sex differences in $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D is indeed body mass.

Experiments on animals (Jee et al., 1983; Pontzer et al., 2006; Sugiyama et al., 2010; Barak et al., 2011) and studies of human athletes (Chang et al., 2008; Modlesky et al., 2008; Shaw and Stock, 2009a, 2009b; Harrison et al., 2011) clearly demonstrate that both limb cross-sections as well as trabecular architecture are responsive to mechanical loading. Previous work in humans has demonstrated that BV/TV follows the same decrease through time as diaphyseal rigidity, and follows predictions that more active populations have higher BV/TV than less active ones (Chirchir et al., 2015; Ryan and Shaw, 2015; Saers et al., 2016; Scherf et al., 2016). Due to the responsiveness of trabecular bone to mechanical loading evident from experimental studies it was predicted that significant sexual dimorphism would be present in the archaeological populations as a result of sexual divisions of labour where males were predicted to be more mobile than females based on archaeological and biomechanical data. The observed sexual dimorphism was much less pronounced than was expected based on dimorphism in lower limb diaphyseal rigidity and shape. In the Kerma sample, findings were the opposite of what was predicted based on lower limb cross-sectional geometry. The results show that sexual dimorphism in cross-sectional diaphyseal properties and trabecular bone structure do not necessarily covary.

The underlying mechanisms behind sexual dimorphism in skeletal growth and maintenance are complex and not well understood (Seeman, 2001; Callewaert et al., 2010; Jepsen et al., 2015). In males, cortical periosteal and medullary size increase during growth whereas in females periosteal bone formation is partially inhibited hormonally (Callewaert et al., 2010). Thus, it is possible that male and female diaphyseal cross-sectional geometry drifts apart in more active populations due to sex differences in the norms of reaction to loading. If this is true, then when both males and females are equally active, the osteogenic response to equal loading may be greater in males relative to females,
and this difference will only become greater with increased activity. This would explain the decreasing sexual dimorphism over time with reducing activity levels that is generally observed in the archaeological record. However, this hypothesis does not correspond to the findings in the Black Earth where males and females are equally robust in femoral trabecular and cortical structure, despite being a highly mobile population. A small number of experimental studies indicate that, in mice, there is sexual dimorphism in sensitivity of diaphyseal cortical bone to mechanical loading. The lower limbs of male mice show greater sensitivity to swimming than female mice (Gordon et al., 1993). Wallace et al. (2007) reported that male wild-type mice were significantly more responsive to exercise than females after 3 weeks of treadmill running, resulting in a greater increase in cross-sectional properties of the tibial diaphysis. However, in this study female mice started with more robust bones relative to body mass and may therefore have been strained less and may not have required additional bone formation (Wallace et al., 2007). Lynch et al. (2010) found no sex differences in the responsiveness of trabecular bone to loading in C57Bl/6 mice. Both male and female mice showed a similar increase in $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$ and a decrease in $\mathrm{Tb} . \mathrm{Sp}$. In rats, males also showed a stronger response to loading compared to females. However, male rats grow faster than females, and when correcting for increased growth rates no differences were found between male and female rats (Mosley and Lanyon, 2002). The different findings between rats and mice further emphasize that findings in animal models need not necessarily be applicable to other species.

Little experimental work has been performed to assess sex differences in the response to loading in humans. Ryan et al. (2004) found no significant sex differences in bone mineral density after a 6month regimen of resistive training in young ( $25 \pm 1$ ) and old ( $69 \pm 1$ ) men and women. However, this study examined only adults who no longer grow and are less responsive to loading than adolescents. Ballard et al. (2005) found that after 6 months of training, males had significantly greater concentrations of NTx (N-telopeptide). This marker is usually found in similar concentrations in both sexes and is indicative of bone turnover. Unfortunately, they did not measure the bone directly and this remains indirect evidence of increased metabolic activity in the males. Two papers examining humeral (Jones et al., 1977), and radial (Ducher et al., 2005) bilateral asymmetry in tennis players found greater mean asymmetry in male tennis players relative to females. However, these studies were not longitudinal, contained low sample sizes, and contained variation in starting age and estimated hours trained between individuals. The females in Ducher et al. (2005) used mostly two-handed backhands whereas the males preferred the one-handed technique. Based on the little work that has been performed it is currently unknown if there are significant sex differences in the norms of reaction to loading in humans.

Regardless of whether there are sex differences in the response of cortical bone to loading, the poor correspondence between cortical and trabecular architecture has been observed in a number of studies (Carlson and Judex, 2007; Carlson et al., 2008; Lazenby et al., 2008; Shaw and Ryan, 2012). Lazenby et al. (2008) found significant bilateral asymmetry in both trabecular and diaphyseal structure in the
human metacarpals, but reduced asymmetry in articular dimensions. This supports the articular constraint model which proposes that articular surfaces cannot afford to be as plastic as diaphyses or trabecular bone as this may lead to harmful asymmetry and thus impede joint function. Ryan and Shaw (2012) found significant correspondence between humeral diaphyseal rigidity and trabecular structure in the humeral head in a pooled group of anthropoid primates, but no correspondence between femoral diaphyseal and femoral head trabecular bone properties. Correlations between femoral diaphyseal and trabecular properties for the Black Earth, Kerma, and Norris Farms samples (see Saers et al. 2016) are reported in Appendix 5.4. In a sample of pooled populations and sexes strong significant correlations were found between femoral head BV/TV, Tb.Th and Conn.D, and diaphyseal cross-sectional properties, while correlations were less strong in the distal femur. Trabecular structure in the Black Earth correlated significantly with the diaphyseal cross-sectional properties in the distal femur but not the femoral head. Significant correlations were found between diaphyseal and trabecular structure in the femoral head and the distal femur in the Norris Farms. In the Kerma no significant correlations were found except between $I_{\max } / I_{\min }$ and BV/TV in the femoral head. These population differences in correlations between cortical and trabecular structure certainly merit further experimental investigation. As cortical and trabecular architecture are demonstrably informative of habitual loading, they should ideally be considered alongside one another when inferring habitual loading from skeletal variation. However, considerably more experimental work is required to understand what can (and cannot) be from inferred both tissues.

A potential source for the complex correlations between cortical and trabecular bone properties in different populations is that both tissues may be responsive to different types of loading. There has been considerable discussion on whether trabecular structure adapts to more frequent but lowmagnitude loading, or rare but high-magnitude loading (Gross and Srinivasan, 2006; Garman et al., 2007; Judex and Carlson, 2009; Judex et al., 2009; Robling, 2009; Kivell, 2016). It is commonly proposed that mechanical stimuli must be large enough to exceed a certain strain threshold to start bone modelling (Frost, 2003). During locomotion roughly 2.000-3.000 microstrain are induced which signals damaged tissue to be remodeled (Rubin et al., 2001). However, Rubin et al. (2001; 2002) argue that very small strains (eg. those induced during standing) are strong determinants of trabecular bone strength. They demonstrate experimentally that in sheep 5 microstrain at $30 \mathrm{~Hz}(0.1 \%$ of strain that causes yield failure in bone) can have a substantial effect on trabecular bone mass and structure, but has no effect on cortical bone. After one year of treatment with 5 microstrain for 20 minutes five times per week, experimental sheep had $32 \%$ greater trabecular bone volume, $45 \%$ greater trabecular number and $36 \%$ reduced trabecular spacing, but no differences were found in cortical bone properties (Rubin et al., 2001). No differences between groups were found in the forelimb which was not subjected to treatment. This suggests that the treatment only affects the region of the skeleton that is strained. It also shows that very weak strains can potentially encourage a significant modelling response in trabecular but not in cortical bone. Rubin and Mcleod (1996) argue that the same
osteogenic effects are produced by a strain of .001 at 1 Hz for 100 seconds and a strain of .0002 at 60 Hz for 10 minutes (Rubin and McLeod, 1996). Whole body vibrations (rather that vibrations targeting one limb as in Rubin et al. 2001) causing extremely low-magnitude, high-frequency strains significantly increased cortical as well as trabecular bone structures in mice (Xie et al., 2008). In a small clinical trial, 10 minutes of whole body vibration $(30 \mathrm{~Hz}, 0.3 \mathrm{~g})$ also resulted in significant cortical and trabecular bone increases in human females (Gilsanz et al., 2006). These results show that low magnitude, high frequency strains can result in a significant osteogenic response of the skeleton (Mosley and Lanyon, 1998; Currey, 2002). Other studies have clearly demonstrated that when strain rate is kept constant, increasing strain magnitude increases the osteogenic response of bone tissue (Rubin and Lanyon, 1985; Mosley et al., 1997). Strain needs to be dynamic (strain rate larger than 0) rather than static (strain rate 0). Static strain at a magnitude that normally stimulates bone formation produces a remodeling response similar to disuse resulting in bone loss (Lanyon and Rubin, 1984; Judex et al., 2009).

In vivo experiments show that trabecular bone mass and orientation is responsive to peak strains (Pontzer et al., 2006; Barak et al., 2011). Running on a treadmill for 15 minutes per day for one month increased sheep trabecular bone mass and orientation significantly (Barak et al., 2011). Somewhat contrasting previous experimental findings (Rubin et al., 2001; Pontzer et al., 2006; Barak et al., 2011), Carlson and Judex (2007) found significant differences in cortical bone shape adaptation to different types of loading in mice (turning versus linear movement, housed in cages with curved or straight tubes), but Carlson et al. (2008) did not find a trabecular response in DA in the distal femoral metaphysis of the same mice. However, the metaphysis of the distal femur would not be expected to be subjected to multidirectional loading due to its location above a hinge joint. Overall, trabecular bone located in joints is not subjected to the same loads as long bone diaphyses and should not necessarily be expected to respond in a similar fashion. These studies demonstrate potential differences in sensitivity cortical and trabecular bone to strain magnitude and frequency, indicating that trabecular and cortical bone may be informative on different types of loading. More work is required to investigate the stimuli to which trabecular and cortical bone respond. One hypothetical scenario may be that trabecular bone increases mass preferentially in response to high frequency loading, regardless of magnitude, and cortical bone requires a certain strain magnitude threshold to be overcome in order to start modelling. In this scenario populations where males experience greater high-magnitude loading whereas they both experience similar levels of low magnitude high frequency loading (eg. from standing) would result in little sexual dimorphism in trabecular bone but significant dimorphism in cortical structure.

Trabecular bone is not an isolated structure but one component of the musculoskeletal system including the cortical shell, cartilage, and soft tissues. It is possible that the increased cortical bone of males reduces the strain in trabeculae and thus the need for trabeculae to respond. This would explain why there is such little dimorphism in the Black Earth who have similar diaphyseal cross-sectional
properties, and the findings in the Kerma where males have more robust cortical diaphyses and the females have greater trabecular BV/TV. While increased diaphyseal bone mass was found in the Kerma and Jebel Moya males, the foot bones considered here would not benefit from increased long bone cortical strength. It is possible that the males also have thicker cortical shells in the calcaneus, talus, and first metatarsal compared to the females in these populations. Unfortunately, cortical shell thickness is not recorded in the current study. The interaction between the cortical shell and underlying trabecular structure would be a very interesting topic for experimental studies, particularly using finite element analysis (eg. Cotter et al. (2011)).

The results presented in this chapter may also be a consequence of different metabolic functions and constraints in trabecular versus cortical bone. Seeman et al. (2001) proposed an untested hypothesis that oestrogen influenced endocortical bone packing in females may be a reserve for foetal skeletogenesis without compromising the mother's own bone strength. Endocortical bone provides a lower mechanical advantage compared to periosteal bone. A similar argument can be proposed for trabecular bone, as its large surface area makes it an important source of calcium ions (Kerschnitzki et al., 2013). Women lose significant amount of trabecular bone during pregnancy and lactation but regain the bone post-menses (Drinkwater and Chesnut, 1991; Ritchie et al., 1998; Kovacs, 2005). Birds are known to possess mechanically virtually useless medullary trabeculae (Currey, 2002) which acts solely as a calcium reservoir for creating eggshell and are destroyed at the beginning of the egglaying period (Dacke et al., 1993). Young Female mice possess more bone than they require mechanically (Wallace et al., 2007) which may also function as a reserve for pregnancy. The hypothesis that females possess increased trabecular bone as a buffer for pregnancy remains to be tested in humans.

The previous discussions focused on sexual dimorphism in the amount of trabecular bone (BV/TV) but has not discussed the difference found in anisotropy. Differences in DA are were hypothesized to reflect differences in the nature of activities between males and females. The anisotropy of a trabecular structure is hypothesized to reflect the variation in directionality of loading beneath a joint. Saers et al. (2016) found significantly more anisotropic trabeculae in the human tibia compared to the more multidirectionally loaded femoral head and condyles. For all significant differences, the males had more anisotropic structures than the females. Results from Chapter 4 showed a significant effect of body mass on DA in the PA and PL VOIs, but this effect was difficult to explain. After correcting for the effects of body mass, males have more anisotropic structures compared to females in a small number of VOIs in the Kerma and pooled population sample while females have more anisotropic structures in the plantar MT1 head in the Jebel Moya. In the pooled population sample (excluding Jebel Moya) significant sexual dimorphism in DA was found in the CT, PA, PC, and BP VOIs. OLS regressions were run between body mass and DA to assess whether differences in body mass can account for the sexual dimorphism (Table 5.9).

Table 5.9. OLS regressions between DA and body mass in VOIs where significant sexual dimorphism was found.

|  |  | Pooled |  | Male |  | Female |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | VOI | $\mathbf{R}^{2}$ | $\boldsymbol{p}$ | $\mathbf{R}^{2}$ | $\boldsymbol{p}$ | $\mathbf{R}^{2}$ | $\boldsymbol{p}$ |
| Pooled | CT | $\mathbf{. 1 0 5}$ | $\mathbf{. 0 0 4}$ | .000 | .873 | .140 | .059 |
| excl. Jebel | PA | $\mathbf{. 2 4 6}$ | $\mathbf{. 0 0 0}$ | $\mathbf{. 1 6 7}$ | $\mathbf{. 0 3 1}$ | $\mathbf{. 2 3 0}$ | $\mathbf{. 0 1 8}$ |
| Moya | PC | $\mathbf{. 1 1 0}$ | $\mathbf{. 0 1 6}$ | .001 | .870 | $\mathbf{. 2 5 0}$ | $\mathbf{. 0 1 3}$ |
|  | BP | .042 | .183 | .006 | .727 | .037 | .420 |
| Jebel | AT | .198 | .111 | .056 | .609 | NA* $^{*}$ | NA* $^{*}$ |
| Moya |  |  |  |  |  |  |  |
| Kerma | CT | $\mathbf{. 3 1 6}$ | $\mathbf{. 0 1 2}$ | .111 | .289 | .120 | .448 |
|  | PA | $\mathbf{. 5 4 7}$ | $\mathbf{. 0 0 0}$ | $\mathbf{. 4 1 5}$ | $\mathbf{. 0 2 4}$ | $\mathbf{. 6 6 8}$ | $\mathbf{. 0 2 5}$ |
|  | HD | $\mathbf{. 5 0 1}$ | $\mathbf{. 0 0 7}$ | .183 | .250 | .045 | .789 |
|  | PCF | .129 | .144 | .011 | .740 | .059 | .664 |
| *1 individual |  |  |  |  |  |  |  |

*1 individual

All significant regressions between body mass and DA were positive. In the PA VOI in the Kerma and the pooled population group there were significant positive relationships between DA and body mass in males, females, and pooled sex. Here the significant relationship appears to be influenced by body mass rather than sex. The relationship is less clear in the other populations. In pooled population PC the pooled sex and females correlate significantly positively with body mass, but the males do not. In other VOIs only the pooled populations or no subgroups as all correlate with body mass. Thus, for all VOIs except PA there is no clear link between body mass and sexual dimorphism in DA. However, it should be kept in mind that sex-specific sample sizes in individual populations were quite small which significantly reduces statistical power.

It is unlikely that the findings reported in this chapter are due to inconsistent VOI placement, as it is consistently the males that have higher DA. There are three main interpretations possible for the greater anisotropy in males: 1) it is an adaptation to sex differences in loading directionality, 2) the underlying cause is genetic/related to differences in bone growth, 3 ) it is a by-product of changes in other trabecular properties. The first explanation results from differences in habitual loading while the last two explanations result from genetic/ontogenetic processes. Experimental work has provided strong indications that trabecular bone directionality adapts to loading directionality in different animals (Pontzer et al., 2006; Barak et al., 2011). These studies varied the angle at which joints were placed on the ground resulting in adaptation of the orientation of trabecular structure within joints. However, Barak et al. (2011) found no differences in fabric anisotropy between exercised and control groups. In studies on mice which manipulated the directionality of lower limb loading between groups (running through straight or curving tube), clear differences were found in diaphyseal cross-sectional shape but no differences were found in trabecular anisotropy (Carlson and Judex, 2007; Carlson et al., 2008; Wallace et al., 2013). So, while reduced loading directionality in males may be a plausible explanation of the observed sexual dimorphism, supporting experimental evidence is lacking.

Genetic mechanisms underlying bone modeling may also affect sex differences in the degree of anisotropy. Males have a longer growth period which may provide additional time for trabeculae to structurally optimise during an age when bone is most responsive to loading. The effects of genetic factors are clear from experiments with inbred mouse strains which allow the effects of genetics to be isolated from environmental factors (Judex et al., 2004, 2009). A study that used two strains of mice that show the greatest difference in response to unloading (BALB and C 3 H ) tested for sex differences within these strains. Males from the two strains showed similar bone loss responses to unloading, but female BALB mice lost twice as much bone as males, while C 3 H females lost only half as much as C3H males. This shows that in similarly inbred strains, responses to loading conditions can vary substantially between males and females (Judex et al., 2004, 2009).

Finally, sexual dimorphism in DA may be a by-product of differences in connectivity density. Strong negative regressions are found between Conn.D and DA in a pooled sex, pooled population sample, as well as in male and female specific samples. The negative regressions are also significant in most VOIs between DA and residual Conn.D in pooled sex as well as male and female samples, suggesting that differences in body mass do not explain this phenomenon. Thus, the greater anisotropy observed in males may be a by-product of their lower Conn.D compared to females.

## Conclusion

Less sexual dimorphism was observed in the archaeological populations than was predicted. The most striking finding was that females had greater BV/TV in the Kerma while males possessed greater lower limb diaphyseal rigidity. Another interesting finding was that in all populations males tended to have more anisotropic trabecular structures than females. Finally, the lack of strong correlations between cortical and trabecular bone properties was somewhat unexpected. The discussion of these results of this chapter is somewhat speculative due to the lack of understanding of the mechanisms which underlie the responsiveness of bone to loading and potential trade-offs between metabolic and mechanical functions of bone in males and females. More experimental research will be required to investigate the mechanisms underlying sexual dimorphism in cortical and trabecular bone. Ideally, longitudinal studies on growing athletes practicing a range of sports should be done where both cortical and trabecular bone is quantified and differences in exercise history, diet, and genetics can be considered. The best alternative is to carefully design experiments with animal models where the factors underlying bone formation can be controlled and manipulated.

The results in this chapter demonstrated the value of using suites of correlated trabecular bone properties in a principal components analysis for investigating group differences. Both multivariate and univariate methods provided complementary information on trabecular structure. Univariate ANOVA clearly showed differences in morphological properties, while the multivariate PCA combined strongly correlated variables into single factors, generating a simple picture of variation between groups. However, sample size was a problem in this chapter, particularly when multiple VOIs
were combined in the PCA's. Future research investigating sexual dimorphism should endeavour to obtain larger samples.

## Chapter 6 - Trabecular structure and age

## Introduction

Osteoporosis is an age-related condition characterized by a reduction in bone mass and deterioration of skeletal structure that significantly increases an individual's susceptibility to fractures. Postmenopausal women are particularly at risk of osteoporotic fracture (Riggs et al., 2004; Borer, 2005). Increased life expectancy and relatively low levels of physical activity are thought to be the primary cause behind the significantly increased prevalence of osteoporosis in the industrialized world (Greendale et al., 1995; Schlecht et al., 2012). This chapter will begin with a review of the recent literature on age-related bone loss, after which the effects of age-related bone loss in the archaeological populations used in the current study are examined.

Trabecular bone is continuously remodelled by Basic Multicellular Units (BMU) throughout life. Within each BMU more bone is resorbed than formed, resulting in an accumulating net loss of bone which is the basis of age-related bone loss (Seeman, 2001; Currey, 2002). Women have a greater risk of fractures than men, but the amount of trabecular bone lost during ageing is overall similar in men and women (Kalender et al., 1989; Mosekilde, 1990; see Figure 6.1). This discrepancy partly results from qualitative rather than quantitative differences between men and women in the way bone is lost (Duan et al., 2001; Seeman, 2001). Aaron et al. (1987) found that bone mass in the male ilium was lost through trabecular thinning whereas females mostly lost connections between trabeculae. In women, trabecular bone loss accelerates at menopause due to increased remodeling as a result of oestrogen deficiency (Seeman, 2001). In males, there is no increased bone loss during mid-life, but bone keeps reducing steadily due to reduced bone formation and trabecular thinning. Aaron et al. (1987) argue that greater maintenance of connectivity in males maintains a greater trabecular surface area that is available for remodeling, so that bone loss continues longer in males. Female trabeculae are perforated and lose connectivity which decreases the structural integrity, whereas in males the struts become thinner but remain connected (Aaron et al., 1987; Duan et al., 2001, see Figure 6.1). Khosla et al. (2006) found that in the distal radius men have higher BV/TV and thicker trabeculae following puberty but lose bone at the same rate as women. These differences explain why rates of distal radial fractures are rare in men but common in women (Khosla et al., 2006).


Figure 6.1. Schematic representation of quantitative (top, left is male, right is female) and qualitative (bottom) differences in male and female vertebral trabecular and cortical bone loss. From Seeman (2001).

Trabecular bone is heterogeneous in structure throughout the skeleton as well as within individual bones (Amling et al., 1996; Hildebrand et al., 1999; Saers et al., 2016). Differences in the rates of bone loss have been found in skeletal sites between men and women, suggesting that age related bone loss is both region and sex specific (Lundeen et al., 2000; Judex et al., 2004; Rupprecht et al., 2006; Eckstein et al., 2007; Lochmüller et al., 2008; Djuric et al., 2010). Lochmüller et al. (2008) reported significant sex differences in patterns of age-related bone loss in the lateral and medial femoral neck, femoral trochanter, T10 and L2 vertebrae, distal radius, calcaneus, and the iliac crest of age-matched males and females. They used $\mu \mathrm{CT}$ scanning to image bones from a German cadaveric sample of 75 males and 75 females aged between 52-99 years. Males showed no age-related bone loss in any anatomical site. In females, there was a significant age-related decrease in BV/TV at most sites. Bone loss was greatest in the iliac crest and lowest at the distal radius. At most sites, they report that the reduction in $\mathrm{BV} / \mathrm{TV}$ was associated with a decrease in trabecular number and an increase in trabecular separation. Reduction in BV/TV was associated with a significant decrease in trabecular thickness in the female calcaneus. Djuric et al. (2010) explored the variation of trabecular structure with age and sex in the inferior and superior femoral neck and the intertrochanteric region in a Serbian population of 26 males and 26 females aged between 26-96 years. They found significant reductions in BV/TV and Conn.D in all three regions in females. In males, BV/TV was reduced significantly in the lateral neck and intertrochanteric region, and Conn.D was reduced significantly in all three regions. No significant loss in Tb .Th was found in either sex in any region. Bone loss was greatest in the intertrochanteric regions in females and in the lateral neck in males. This finding agrees with epidemiological data of greater rates of cervical fractures in males and trochanteric fractures in females (Kannus et al., 1996; Löfman et al., 2002). Rupprecht et al. (2006) examined regional variation in age related bone loss in males and females in the posterior, anterior and superior regions
of the calcaneus using 60 age matched German individuals aged between 20 and 80 years old. They found no significant sex differences in bone loss, although they did find a trend that might be significant with a higher sample size. Like the findings in Chapter 2, the greatest BV/TV was found in the superior calcaneus, under the posterior talar facet. The greatest bone loss was also found in the superior part of the calcaneus which was likely caused by a perforation of plates into rod-like structures (Rupprecht et al., 2006).

The effects of genetics and early life conditions on adult bone mass are complex and not well understood. Adult trabecular bone mass $\left(\mathrm{mg} / \mathrm{cm}^{3}\right)$ can be accurately predicted in boys and girls from birth (Loro et al., 2000; Seeman, 2001). Longitudinal studies have demonstrated that an individual's volumetric BMD maintains the same position within a normal population distribution at 18 years old as at 2 years of age (Seeman, 2001). This is the same pattern as can be seen in the literature on human growth for height, weight, and other anthropometric variables (Bogin, 1999). This observation underlines the importance of genetic factors and early life conditions on adult bone structure. Lundeen et al. (2000) reported no significant differences in rates of bone loss between the superior and inferior femoral neck of Caucasian women. However, they found a significant increase in variance with age. They argued that preferential bone loss was not characteristic for the whole population and more plausibly resulted from unknown predisposing factors in a few individuals. Truong et al. (2006) found significant differences in gene expression and trabecular structural changes in a sample of osteoarthritic patients versus controls. In an experiment with three inbred strains of mice, Judex et al. (2004) found that genetic factors significantly influence bone mass and morphology in a regionspecific way within and between bones.

## Age related bone loss in the past

Biological anthropologists have long been interested in patterns of age-related bone loss in past populations (Agarwal, 2007). Increased sedentism, reduced activity levels, and a longer lifespan are the main factors thought to underlie the increased prevalence of osteoporosis in the industrialized world (Agarwal, 2007; Karasik, 2008). Fragility fractures are uncommon in active modern forager populations (Aspray et al., 1996). However, foragers do experience age-related reductions in bone quantity and quality (Madimenos et al., 2011). Spinal fractures are the most common osteoporotic fracture in humans. Interestingly, they do not occur in apes, even in cases of severe osteopenia (Cotter et al., 2011). Finite element analysis showed that after correcting for body mass humans have weaker vertebrae compared to all other primates resulting from a thinner cortical shell and lower BV/TV (Cotter et al., 2011). They argue that the less dense but relatively broader vertebral bodies of modern humans are an adaptation to bipedal locomotion with osteoporotic spine fractures as a by-product (Cotter et al., 2011).

Greater rates of bone loss have been observed in modern North American Inuit populations relative to age-matched white U.S. populations (Mazess and Mather, 1975; Harper et al., 1984). This discrepancy
is attributed to the acidotic effect of the high-protein Inuit diet. The effects of protein intake on bone are dose-dependent, and related to calcium and vitamin D intake (Agarwal, 2007). Archaeological Inuit populations possess thicker cortices with lower BMC and increased intracortical porosity compared to white U.S. population (Thompson et al., 1981, 1983; Agarwal, 2007). Significant agerelated bone loss in both sexes was also reported in an archaeological population of Inuit foragers (Wallace et al., 2014). The effects on bone mass of changes in diet and activity associated with the transition to agriculture have been investigated in archaeological populations (Pfeiffer and Lazenby, 1994; Agarwal, 2007). Cultivated grains are estimated to contain about a quarter of the calcium present in uncultivated plants (Eaton et al., 1988; Eaton and Nelson, 1991). This has been suggested as one of the causes behind observed reductions in bone mass with the adoption of agriculture (see Agarwal, 2007). However, the clinical literature regarding the relationship between calcium intake and bone fragility is inconclusive. Calcium supplementation has been demonstrated to be ineffective in preventing bone loss in older women (Elders et al., 1994), and in preventing fractures (Feskanich et al., 1994), and may even promote fractures (Abelow et al., 1992). Kneissel et al. (1994) found a dramatic loss of trabecular bone mass and quality in the fourth lumbar vertebra of a bronze age Austrian skeletal sample. They show that this archaeological population followed similar age and sex related patterns of bone loss to modern European populations. Kneissel et al. (1997) found large platelike trabeculae in young adults from a medieval Nubian population, but found osteopenic states with thin rod-like trabeculae in both sexes in individuals over 50. Ethnohistoric data suggested that these individuals were physically active and unlikely to suffer from deficiencies in Vitamin D or calcium intake. This finding is particularly interesting in that African ancestry, a physically active lifestyle, and high levels of osteoarthritis present in the population are all thought to be "protective" against agerelated bone loss (Kneissel et al., 1997; Agarwal, 2007). Brickley (1997) found that patterns of bone loss in two populations from London, dated between 1700 and 1850, mirrored those seen in the present day British population. In a medieval British population, Agarwal et al. (2004) found a significant decrease in trabecular connectivity between young and middle adults, but no statistical differences between the middle and old adults in either sex. The same population showed relatively few fragility fractures (McEwan et al., 2004). The authors cautiously argue that perhaps high levels of physical activity prevented bone-loss related fractures in this population (Agarwal et al., 2004; McEwan et al., 2004).

The osteological paradox challenges bioarchaeologists to consider the effects of demographic nonstationarity, heterogeneous frailty, and selective mortality on health and demographic inferences in past populations (Wood et al., 1992; Wright and Yoder, 2003; DeWitte and Stojanowski, 2015). The effects of hidden heterogeneity in frailty and selective mortality may affect patterns of age-related changes in trabecular structure within and between population samples. This thesis is not designed to address any of the concerns raised by the osteological paradox, but it is important to consider its implications to understand the limits of what can be inferred from the data discussed in this chapter.

Bioarchaeological research has demonstrated that differences in frailty and selective mortality patterns with age are found between past populations (Wood et al., 1992; DeWitte and Stojanowski, 2015). Differences in frailty and selective mortality are expected occur in populations from different environments with different subsistence patterns and levels of technology. Individuals with severe movement impairing pathologies such as osteoarthritis were excluded in this thesis. Thus, this decision may have excluded the most physically active individuals from the analysis. Another potential issue is that of demographic non-stationarity. Cemeteries may have been used for different lengths of time, thus being an aggregate of different time periods where there may have been different stresses on the population (war, natural disaster, famine) as well as immigration and emigration. Hidden heterogeneity in frailty is difficult to assess in skeletal samples. The individuals who die at a certain age do not necessarily represent the living population of individuals of that age, as the individuals with the highest frailty are most likely to die at a given age. Sex and social status may be different sources of hidden heterogeneity in frailty in different populations. The implications of the osteological paradox are substantial for studies examining age-related changes in trabecular structure with age. However, the current study makes no attempt to specifically understand age related bone loss in past populations. Rather, the objective of the chapter is to see whether there are effects of age in the samples that should be considered in interpretations of trabecular structure.

In summary, rates of bone loss in modern human populations are site and sex specific and partially under the control of predisposing genetic factors. Studies of highly active past populations show that while bone is lost with age, fragility related fractures are rare, indicating sufficient buffering against age-related bone loss to prevent osteoporotic fractures. The individuals examined in this thesis were selected to be pathology free young to mature adults to reduce potential effects of age related bone loss. However, a small number of old adults were included in the study when no younger individuals were available. This chapter examines the effects of age on trabecular structure within the populations used in this study. This study was not designed to examine the effects of age in archaeological populations in general and does not attempt to do this.

## Materials and methods

The Jebel Moya could not be reliably aged due to the fragmentary and incomplete nature of the collection. Broad age categories were used for the remaining three populations: young adult (18-25 years), mature adult (26-45 years), old adult (>46 years) (Brothwell, 1981; Brooks and Suchey, 1990; Buikstra and Ubelaker, 1994). For St. Johns and Kerma, age was determined using the morphology of the pubic symphysis (Brooks and Suchey, 1990) and molar wear (Brothwell, 1981). Age-at-death for the Black Earth individuals was estimated using the multifactorial method described in Lovejoy et al. (1985). These ages were obtained from a database at the Center for Archaeological Investigations, University of Southern Illinois, and converted into the three categories used for the other populations. Sex was determined by dimorphic characteristics of the pelvis and skull (Buikstra and Ubelaker,
1994). Determination of age was possible for 10 Kerma, 19 Black Earth and 17 St. Johns individuals (Table 6.1.).

Table 6.1. Frequency table of the number of males $(M)$, females $(F)$, and pooled sex $(P)$ individuals used in this chapter. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


|  | HP | Young | 1 | 2 | 3 | 0 | 2 | 2 | 1 | 3 | 4 | 2 | 7 | 9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Mature | 6 | 3 | 9 | 4 | 1 | 5 | 6 | 4 | 10 | 16 | 8 | 24 |
|  |  | Old | 0 | 2 | 2 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 2 | 3 |
| Talus | ACF | Young | 0 | 1 | 1 | 0 | 2 | 2 | 1 | 3 | 4 | 1 | 6 | 7 |
|  |  | Mature | 5 | 3 | 8 | 6 | 1 | 7 | 5 | 6 | 11 | 16 | 10 | 26 |
|  |  | Old | 0 | 4 | 4 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 5 | 6 |
|  | PCF | Young | 1 | 2 | 3 | 0 | 2 | 2 | 1 | 3 | 4 | 2 | 7 | 9 |
|  |  | Mature | 4 | 2 | 6 | 6 | 1 | 7 | 3 | 6 | 9 | 13 | 9 | 22 |
|  |  | Old | 0 | 3 | 3 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 4 | 5 |
|  | TH | Young | 1 | 2 | 3 | 0 | 2 | 2 | 1 | 3 | 4 | 2 | 7 | 9 |
|  |  | Mature | 4 | 2 | 6 | 5 | 1 | 6 | 5 | 6 | 11 | 14 | 9 | 23 |
|  |  | Old | 0 | 2 | 2 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 3 | 4 |
|  | TL | Young | 1 | 2 | 3 | 0 | 2 | 2 | 1 | 3 | 4 | 2 | 7 | 9 |
|  |  | Mature | 6 | 3 | 9 | 3 | 1 | 4 | 5 | 6 | 11 | 14 | 10 | 24 |
|  |  | Old | 0 | 3 | 3 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 4 | 4 |
|  | TC | Young | 1 | 1 | 2 | 0 | 2 | 2 | 1 | 3 | 4 | 2 | 6 | 8 |
|  |  | Mature | 5 | 3 | 8 | 5 | 1 | 6 | 5 | 6 | 11 | 15 | 10 | 25 |
|  |  | Old | 0 | 4 | 4 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 5 | 5 |
|  | TM | Young | 1 | 2 | 3 | 0 | 2 | 2 | 1 | 3 | 4 | 2 | 7 | 9 |
|  |  | Mature | 6 | 3 | 9 | 5 | 1 | 6 | 5 | 6 | 11 | 16 | 10 | 26 |
|  |  | Old | 0 | 3 | 3 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 4 | 4 |

## Research questions, hypotheses, and statistical analysis

Age related bone loss in modern industrial populations is well documented. However, the effects of age on the three-dimensional microstructure of more active past populations are not well studied. The current study is not designed to specifically examine age related bone loss in archaeological populations. Due to the low sample sizes per population and the fact that most individuals belonged to the broad mature adult category, it is not possible to assess potential differences in the rates of bone loss between these populations or sexes. The objective of this chapter is to ascertain whether age is a factor that will require consideration when interpreting variation between the populations examined in this study.

From the clinical literature a general pattern of trabecular bone loss with age can be predicted (Seeman, 2001). With increasing age BV/TV and Conn.D are reduced while $\mathrm{Tb} . \mathrm{Sp}$ increases. Tb .Th does not always change with age but when it does it decreases, particularly in males (Seeman, 2001). DA is also often found to increase as connections between trabeculae are severed. Thus, it is hypothesized that overall BV/TV and Conn.D decrease while Tb.Sp increases with age. As the
strongest associations between age and trabecular microstructure have been found with $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D (Djuric et al., 2010), it is expected that Tb . Th will also be reduced with age. As trabeculae are thickest in their primary direction of loading, it is predicted that trabecular structure will become more anisotropic with age as thinner trabeculae are lost more quickly. Specific questions explored in this chapter are discussed below.

## How are age categories distributed across sex and populations?

Age distribution in pooled and individual populations are assessed with tables and bar charts. Chisquare tests are used to assess differences in sample distributions of age categories. Due to limited sample sizes males and females are pooled in all subsequent analyses.

Is there a significant effect of age in the pooled and individual populations?
To assess statistically significant differences between age categories, one-way ANOVA of trabecular properties between age categories are performed per VOI in a pooled sample. Hochberg's GT-2 and Games-Howell post-hoc tests are used for pairwise comparisons. Both post-hoc tests are suitable for comparing groups of unequal size (Field, 2013). Conn.D was $\log 10$ transformed to satisfy the normality assumption. Partial Spearman correlations are used to quantify the strength of the correlations between age categories and trabecular structure while accounting for variation in body mass. Correlations are performed for every VOI in a pooled population sample and individual populations. Unfortunately, it is not possible to run a repeated measures ANOVA to test for differences in age related bone loss between VOIs due to the low number of individuals where all VOIs were present. Armstrong (2014) advises against using Bonferroni corrections when comparing highly related variables. Due to the strong correlations between trabecular properties in different VOIs, significant results are considered likely to be true if they occur in multiple VOIs. Isolated significant findings are regarded as probable false positives.

## Should age be considered when examining the effects of habitual activity on trabecular structure?

Populations are examined in the context of differences in terrestrial mobility levels in Chapter 7. Differences in sample demography might have a significant effect on population average trabecular properties and it is important to take these into account. The results from this chapter will be used to inform how data will be interpreted in the context of variation in habitual behaviour.

## Results

Table 6.2 summarizes the distribution of individuals per age category and sex in the Black Earth, St. Johns, Kerma, and pooled populations. Frequency and percentages of individuals in each age category per population are presented in Figure 6.2. Most individuals fall into the broad mature adult category with a roughly even distribution of individuals in the young and old adult categories. Seven out of nine young adults and five out of six old adults are female. Thus, there is a difference in the distributions of males and females with males concentrated in the mature adult category and females distributed more
widely across age categories. The Kerma females are distributed roughly equally across all age categories while all six males are concentrated in the mature adult category. A Chi-square test shows that ages are distributed similarly in all three populations $\left(\mathrm{X}^{2}=2.036, \mathrm{df}=4, p=.729\right)$. The distribution of age categories is not equally distributed across sexes in a pooled population $\left(\mathrm{X}^{2}=6.951, \mathrm{df}=2\right.$, $p=.031$ ). In individual populations age categories are equally distributed per sex in the Black Earth and St. Johns samples, but not in $\operatorname{Kerma}\left(X^{2}=6.429, d f=2, p=.040\right)$.

Table 6.2. Frequencies of individuals per age category, sex, and population.

| Populations | Young adult (18-25) |  | Mature adult (26-45) |  |  |  |  |  | Old adult (46+) | Total |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | M | F | M | F | M | F |  |  |  |  |
| Black Earth | 1 | 2 | 7 | 5 | 0 | 4 | 19 |  |  |  |
| Kerma | 0 | 2 | 6 | 1 | 0 | 1 | 10 |  |  |  |
| St. Johns | 1 | 3 | 6 | 6 | 1 | 0 | 17 |  |  |  |
| Pooled | 2 | 7 | 19 | 12 | 1 | 5 | 46 |  |  |  |




Figure 6.2. Frequency and percentages of individuals per population and age category.

## Trabecular structure with age in a pooled population sample

Boxplots of trabecular properties in the three age categories for a pooled sex and pooled population sample are presented in Figure 6.3. Results from pairwise comparisons of one-way ANOVA of trabecular properties between age categories in a pooled sex, pooled population sample are provided in Appendix 6.1.




Figure 6.3. Boxplots of the median and interquartile range of trabecular properties in three age categories in a pooled sex pooled population sample. Letters indicate significant ( $p<.05$ ) differences between: young and mature adults (a), young and old adults (b), mature and old adults (c). Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Distinct patterns of change in trabecular structure appear with increasing age throughout the three bones. In the calcaneus, a decrease in mean BV/TV is found but this is only significant in the Achilles tendon. There is no significant decrease in Tb.Th in any VOI. Mean Tb.Sp increases with age in most VOIs, but after correcting for body mass the only significant results are found in the calcaneus. In all VOIs mean connectivity density reduces with age. The same pattern remains after correcting for body mass but significance of the differences was generally lost except in the talus due to increased standard deviations. Whenever DA significantly differs between age categories there is always an increase in anisotropy with age. Significant results for DA are only found in the calcaneus both before and after body mass corrections.

In the calcaneus, there was a trend of decreasing BV/TV with age, however this trend only reached significance in the Achilles tendon. A significant decrease in mean Conn.D and an increase in mean Tb.Sp with age were found in most VOIs. Finally, a trend of increasing DA with age was found in all but the AT and PP VOIs. After correcting for body mass, residual Tb.Sp significantly increases with age four VOIs. After correcting for body mass, residual DA significantly increases with age in three VOIs. Young adults have lower residual DA compared to mature and old adults. After correcting for body mass, residual Conn.D is significantly lower compared to mature adults in the PL.

Fewer significant differences between age categories were observed in the first metatarsal than in the calcaneus. This may result from differences in sample demography as one old adult did not have a MT1. No significant differences were observed between age categories for $\mathrm{DA}, \mathrm{BV} / \mathrm{TV}$, or $\mathrm{Tb} . \mathrm{Th}$. Conn.D significantly decreases with age in all but the plantar head VOI. In the dorsal head a
significant increase in $\mathrm{Tb} . \mathrm{Sp}$ is observed between young and mature adults. After correcting for the effects of body mass no differences were found in DA, Tb.Sp, and Conn.D.

Fewer significant results were also obtained in the talus compared to the calcaneus, possibly due to a smaller number of mature adults. No significant differences were found between age categories for BV/TV, Tb.Th or DA in any talar VOI. A trend of decreasing Conn.D with age is found in all talar VOIs and reaches significance in all but the talar head and medial trochlea both before and after correcting for body mass. A trend of increased Tb.Sp with age is found in all VOIs but only reached significance in the PCF. After correcting for body mass no significant differences between age categories were found in Tb.Sp.

Partial Spearman correlations correcting for variation in body mass between age categories and trabecular properties in a pooled sex, pooled population sample are presented in Appendix 6.2. A significant negative correlation between Conn.D and age was found in all VOIs across all three bones. Significant positive correlations between age and $\mathrm{Tb} . \mathrm{Sp}$ were only found in the calcaneus, where all VOIs were either significant or close to significance. Significant positive correlations were found between anisotropy and age in the CC, PA, and PC VOIs, while a negative correlation fell just short of significance in the AT. Counter to predictions, significant positive correlations between $\mathrm{Tb} . \mathrm{Th}$ and age were found in the dorsal MT1 head. No significant were found between age and BV/TV.

## Trabecular structure with age in individual populations

Patterns of trabecular structure per volume of interest are presented graphically in Figure 6.4 for the calcaneus, Figure 6.5 for the first metatarsal, and Figure 6.6 for the talus. Pearson correlations per population are presented in Appendix 6.2. Kerma and St. Johns both have only one old adult and two to three young adults with the remaining individuals falling in the mature adult category. The Kerma sample contains no old adult first metatarsals. The Black Earth sample consist of 3 young adults, 4 old adults and 12 mature adults. Due to the low number of individuals in the young and old adult categories, these patterns cannot provide information on broader trends within the populations.

Overall, BV/TV shows very similar patterns in all VOIs in Kerma and St. Johns. In St. Johns BV/TV decreases with age in most VOIs. Kerma BV/TV reduces from young to mature adults in most VOIs and increases from mature to old adult in all VOIs of the talus and calcaneus. The patterns of BV/TV in Black Earth differ somewhat for each bone. There is a clear reduction in BV/TV in the calcaneus. In the talus, BV/TV does not change with age, and in the MT1 BV/TV slightly increases from young adults to mature and old adults.

There is a clear trend of reduction in Conn.D from young to mature adults in all populations. In the Kerma and St. Johns populations Conn.D decreases from mature to old adults, while in Black Earth there is a slight increase in mean Conn.D in the first metatarsal.

The degree of anisotropy tends to increase with age, but there is more local variation in DA with age between volumes of interest. In St. Johns DA increases with age in the calcaneus, does not change with age in the MT1, and decreases with age in the central and medial trochlea while increasing in the other talar VOIs. in the Kerma DA increases from young to mature adults in most VOIs. In the calcaneus, DA either increased or levelled out from mature to old adults while in the talus DA decreased. There is little change with age in DA in the talus or MT1 in Black Earth. In the calcaneus, DA does not change with age in the CT and PP VOIs, reduces from young to old adults in the AT, and increases from mature to old adults in the other VOIs

In St. Johns, mean Tb.Sp increases with age in all VOIs. In Black Earth Tb.Sp increases in all calcaneal and talar VOIs but stays roughly level in the MT1. Tb.Sp consistently increases from young to mature adults in the Kerma sample but then decreases from mature to old adults in the calcaneus and talus

Tb.Th shows very similar patterns between VOIs in each population. However, the patterns per population are quite different. In the Black Earth Tb .Th increases from young to mature adult and then decreases from mature to old adults. Tb .Th increases from young to mature adults in the calcaneus and MT1 in Kerma while it decreases in the talus. Tb.Th then increases from mature to old adults in the calcaneus and talus. In the pooled population sample the predicted drop in $\mathrm{Tb} . \mathrm{Th}$ was not found. Examination of Figures 7.4 to 7.6 shows that the Kerma and St. Johns have old adults with unusually thick trabeculae. Because the Black Earth have thicker trabeculae in general compared to the other populations, trabecular thickness in old adult Black Earth individuals in equal to trabecular thickness in mature adults from St. Johns and Kerma.




Figure 6.4. Calcaneal trabecular structure with age in three populations. Individual data points are plotted with the lines representing the mean and standard deviation of each volume of interest. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC).



Figure 6.5. MT1 trabecular structure with age in three populations. Individual data points are plotted with the lines representing the mean and standard deviation of each volume of interest. Volumes of interest: dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP).



Figure 6.6. Talar trabecular structure with age in three populations. Individual data points are plotted with the lines representing the mean and standard deviation of each volume of interest. Volumes of interest: talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Partial Spearman correlations, correcting for variation in body mass, between age category and trabecular properties in a pooled sex sample for individual populations are presented in Appendix 6.2. Varying patterns of significant Spearman correlations were found between the populations.

Few significant partial correlations were found with age and trabecular structure in the Black Earth sample, despite having the most equal distribution of age categories of the three populations. While the pooled population sample showed significant negative correlations between age and Conn.D, no significant correlations were observed in Black Earth. A significant negative correlation was found between DA and age in the Achilles tendon. Trabecular thickness showed a nonsignificant trend of reduction with age in the calcaneus and talus, but an increase in the MT1. A significant negative correlation is found between age and BV/TV in the plantar ligaments. A significant positive correlation is found between age and BV/TV in the dorsal MT1 head.

Strong partial correlations ( $\rho>.7$ ) were found between age and trabecular structure in the Kerma sample. However, due to the small sample size these correlations were often not significant. Correlations between age and Conn.D fell just short of significance. No significant relationship was found between $\mathrm{Tb} . \mathrm{Sp}$ and age. A significant positive correlation was found between DA and age categories in the anterior calcaneal facet of the talus, and a perfect positive correlation was found in the plantar MT1 head. Strong positive correlations were found between age and $\mathrm{Tb} . \mathrm{Th}$ in the $\mathrm{CC}, \mathrm{PP}$, and BD. No significant correlations were found between BV/TV and age.

The greatest number of significant partial correlations between trabecular structure and age were found in the St. Johns population. Significant negative correlations with Conn.D were found in the BD , and BP. Positive correlations between age and Tb .Sp were found in all three bones, particularly in the calcaneus. A strong negative correlation between age and DA was found in the plantar base of the first metatarsal. There was a trend of reduction in Tb .Th with age but not significantly. Significant negative correlations were found between BV/TV and age in all VOIs except for the talar head.

## Discussion

Age categories used in this study were very broad aside from the young adults. Mature adults cover the range of ages between 26 and 45 while old adults contained all age estimates over 46 . During sample selection, individuals showing signs of pathology were excluded. The chance of procuring injuries, diseases, and degenerative conditions such as osteoarthritis increase with age. Because of this, it is more likely that old adults fall closer to 46 than older ages. Of the individuals for whom age could be determined, $20 \%$ were young adults, $67 \%$ were mature adults, $13 \%$ were old adults. The low number of young and old adults relative to the mature adult category lowers the statistical power of the models discussed in this chapter. Four out of six old adults are from Black Earth, and only one old adult was male. Skeletal ageing methods tend to overestimate age in young adults while underestimating age in older individuals (Martrille et al., 2007). Thus, despite the large age categories it is possible that some individuals in the mature adult group were misclassified. The Black Earth population is significantly more robust than Kerma or St. Johns (higher BV/TV and Tb.Th, lower Conn.D and $\mathrm{Tb} . \mathrm{Sp}$, see Chapter 7). Because Black Earth is such a robust population, and because most old adults are Black Earth, average BV/TV and $\mathrm{Tb} . \mathrm{Th}$ are increased while $\mathrm{Tb} . \mathrm{Sp}$ is reduced in the pooled population old adults relative to the younger age categories which receive more equal contributions from each population. This lowers the average differences between old and mature adults, and explains why expected reductions in $\mathrm{Tb} . \mathrm{Th}$ and $\mathrm{BV} / \mathrm{TV}$ were not often observed in the pooled population sample. Males were largely concentrated in the mature adult category while females were more spread out, accounting for $78 \%$ of the young adults and $83 \%$ of old adults in pooled populations. Little sexual dimorphism was found in Chapter 5 after correcting for variation in body mass in the pooled populations sample. Partial Spearman correlations were used to account for variation in body mass and to reduce sexual dimorphism resulting from body mass differences. However, the clinical literature often, though not always, reports significant differences in bone loss between men and women (Duan et al., 2001; Seeman, 2001; Eckstein et al., 2007; Lochmüller et al., 2008; Djuric et al., 2010). Small sample size, demography, and between-population variation unfortunately prevents the investigation of sex specific variation in age-related bone loss in this study.

Predictions based on results from the clinical literature were generally supported in the pooled population sample. As predicted, increased anisotropy of the trabecular structure often accompanies reductions in connectivity. Significant negative partial Pearson correlations, controlling for differences in body mass, between Conn.D and DA were found in all but three VOIs in the pooled population
sample. No variables besides Conn.D were consistently found to correlate with DA, whereas Conn.D was often found to significantly correlate with $\mathrm{Tb} . \mathrm{Sp}, \mathrm{Tb} . \mathrm{Th}$, and occasionally BV/TV. It was demonstrated in chapters 3 and 4 that body mass significantly correlates with Conn.D. By accounting for variation in body mass this leaves either age or between population variation as the most likely factor behind the strong correlations between DA and Conn.D. Negative correlations between DA and Conn.D are reported in Chapter 5 for both a pooled sex sample as well as in males and females separately, suggesting that sex differences do not explain this phenomenon. Trabeculae are thickest in the main direction of loading. This is illustrated using the calcaneocuboid VOI in Figure 6.7, which is primarily loaded from the anterior direction. The degree of anisotropy presumably increases with age while connectivity is lost because the thinner trabeculae in the non-primary loading directions are removed faster.


Figure 6.7. Trabecular thickness mapped in the calcaneocuboid VOI in an old adult (top) and a mature adult (bottom) from the St. Johns population. Brightness increases with thickness. The VOI is loaded in compression from the anterior direction.

While Conn.D showed the strongest relationship with age in the pooled sample, this relationship was much less clear in the individual populations. After correcting for body mass using residual Conn.D, fewer significant differences were found between age categories in pooled population sample. No significant correlations were found between age categories and Conn.D in Black Earth. A possible cause is that all old adults from Black earth were female, who were shown in Chapter 5 to have greater mean Conn.D compared to males, although the difference is reduced after body mass corrections. Significant positive correlations were often found between $\mathrm{Tb} . \mathrm{Sp}$ and age in the pooled population sample. However, in Black Earth and Kerma the correlations were often not strong enough to reach significance. It was predicted that a higher rate of bone loss would be found in the populations with relatively high Conn.D and low Tb .Th and thus a high surface-area-to-volume ratio (Kerma, St.

Johns). While stronger correlations were found between age and Conn.D in Kerma and St. Johns, the sample composition precludes any general conclusions. Throughout previous chapters Conn.D was found to correlate significantly with bone dimensions, body mass, sex, and age. Additionally, Saers et al. (2016) found a relationship between Conn.D and terrestrial mobility where Conn.D decreased with increasing mobility (Chapter 7). Taken together, this suggests that care should be taken when interpreting variation in Conn.D as it is clearly a complex variable.

In general, BV/TV showed a negative correlation with age in most VOIs and populations. The strongest negative correlations between BV/TV and age were found in St. Johns where all but the talar head VOIs showed a significant negative correlation with age. It was predicted that trabeculae would become thinner with age. Instead significant increase in thickness was observed in the Kerma population. In the pooled population there was a single significant positive correlation between $\mathrm{Tb} . \mathrm{Th}$ and age. Thus, the observed reductions in BV/TV were associated with a reduction in connectivity, but not thickness.

Considerable differences were found in the patterns of trabecular structure with age between the three populations. It is interesting that the St. Johns population as the most recent and sedentary of the three groups also shows the strongest reduction in BV/TV with age. The Black Earth population shows no significant reduction in Conn.D. One explanation is that the Black Earth sample has relatively thicker and less interconnected trabeculae compared to Kerma and St. Johns. The thicker trabeculae may prevent connectivity from being lost for a longer time compared to the other populations, as trabeculae take longer to sever through remodeling. Another explanation is that in the old adults from Black Earth are all female who have higher mean Conn.D and residual Conn.D compared to males (see Chapter 5). Regardless, these findings are limited in power due to the large age categories, small sample sizes, low numbers of young and old adults, and substantial genetic, dietary, and environmental differences between populations. Thus, these findings are not informative about variation in age related bone loss between these archaeological populations.

Rupprecht et al. (2006) reported a greater regional rate of bone loss with age in the calcaneus in the region beneath the posterior talar facet, compared to other regions of the calcaneus. This finding was not replicated in the pooled population sample nor in individual populations in this study. However, the composition of the sample precludes an accurate assessment of the patterns of bone loss in the archaeological populations.

One of the goals of this chapter was to determine how the inclusion of old adults affects population average values of trabecular properties. Z-scores were calculated to determine where the six old adults fall within their specific population's distribution for each trabecular variable (mean z-scores: Table 6.2, Figure 6.8). Large standard deviations in Table 6.2 indicate that there is significant variation between VOIs in the location of individuals around the population mean. The results show that BE01, BE106, and F394 often stay within one standard deviation of the population mean. BE106 and K47
fall above their population mean $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$, and below the population mean in $\mathrm{Tb} . \mathrm{Sp}$ which is the opposite of what would be expected from old adults. BE04 and BE187 show relatively large zscores, falling two standard deviations above or below the mean for BV/TV, Tb.Th, and Tb.Sp. This indicates that on average these individuals fall near the edges of the population's normal distribution. Overall these z-scores demonstrate that while some of the old adults fall near the tails of the normal distribution, they are not substantial outliers within their respective populations.

Table 6.3. Population specific mean individual z-scores of the six old adults (mean $\pm S D$ ).

| Z-score | BE01 | BE04 | BE106 | BE187 | F394 | K47 |
| :--- | ---: | :--- | ---: | ---: | ---: | ---: |
| BV/TV | $-0.33 \pm 0.62$ | $-1.78 \pm 0.25$ | $1.01 \pm 0.37$ | $-1.00 \pm 1.08$ | $-0.56 \pm 0.35$ | $1.31 \pm 0.39$ |
| Tb.Th | $-0.71 \pm 0.68$ | $-1.82 \pm 0.22$ | $0.85 \pm 0.58$ | $-0.81 \pm 1.11$ | $0.18 \pm 0.52$ | $1.62 \pm 0.70$ |
| DA | $0.36 \pm 0.84$ | $-0.29 \pm 0.58$ | $-0.95 \pm 0.86$ | $0.76 \pm 0.97$ | $0.66 \pm 0.64$ | $0.15 \pm 1.12$ |
| Tb.Sp | $-0.37 \pm 0.42$ | $1.38 \pm 0.58$ | $-0.58 \pm 0.37$ | $1.20 \pm 0.81$ | $1.10 \pm 0.64$ | $-0.69 \pm 0.50$ |
| Conn.D | $1.07 \pm 0.72$ | $0.33 \pm 0.78$ | $-0.19 \pm 0.58$ | $-0.61 \pm 0.58$ | $-0.81 \pm 0.34$ | $-0.74 \pm 0.41$ |



Figure 6.8. Population specific z-scores for the six old adults.

## Conclusion

The main aim of this chapter was to determine whether age is an important variable to factor into interpretations of trabecular structure in this thesis. There are significant effects of age on trabecular properties in all populations used in this study. These effects should be considered in the subsequent analyses where variation in trabecular properties between populations is interpreted in the context of variation in inferred terrestrial mobility. The distribution of individuals across age categories did not significantly differ between populations (Table 6.1, Figure 6.2). There were differences in the relationships between age and trabecular properties between populations. However, these differences are most likely consequences of small sample size and unequal distribution of individuals across age groups.

Age-at-death is an important variable that should be considered when examining the effects of other factors on trabecular structure. BV/TV and Tb.Th are not strongly affected by age in the pooled populations sample, but do show a significant decline with age in Black Earth. DA tends to increase with age but not often significantly. Tb.Sp and Conn.D are most strongly affected by age in the pooled and individual populations, but these variables are least informative about loading (Maquer et al., 2015; Saers et al., 2016). A good approach for future analyses might be to use an ANCOVA that accounts for the effects of body mass and age, or using residuals from multiple regression (see Appendix 7.5). This approach does require that mean body mass and age are similar across all studied populations, and therefore this approach would not be possible for interspecific analyses without prior corrections. Applying this approach to the current study would exclude all Jebel Moya and half of the Kerma because they could not be aged due to their fragmentary and incomplete state. Instead, age will not be included as a covariate in the statistical models, but will be considered when interpreting results. Z-scores of old adults indicate that most old adults are not substantial outliers within populations. Taken together, the results of this chapter show that no population will be particularly more strongly affected by age-related bone changes than others.

The relationship between age and trabecular structure in archaeological populations certainly merits further investigation. Unfortunately, the current study was not designed to specifically study the relationship between age and trabecular structure in archaeological populations. Bone loss has been reported to be region and sex specific (Eckstein et al., 2007; Lochmüller et al., 2008; Djuric et al., 2010), and the large spread of z-scores in old adult individuals provides some support for these claims. Future work on age-related bone loss in the past should include significantly larger sample sizes of both men and women and a more equal distribution of age categories. Multiple anatomical locations should ideally be studied from multiple archaeological populations. Such a study should be able to provide insight on human trabecular bone loss through time and space.

## Chapter 7 - Terrestrial mobility and variation in trabecular

## structure

## Introduction

Trabecular bone may be a useful proxy to infer behaviour from hominin fossil morphology. However, a better understanding the effects of habitual behaviour on within species variation in trabecular morphology is needed first. A review of the literature on the relationship between trabecular bone structure and mechanical loading is provided in Chapter 1. In this chapter, variation in trabecular morphology in the calcaneus, talus, and first metatarsal is examined and interpreted in the context of behavioural and environmental differences between populations.

## Hypotheses

Experimental work has demonstrated that trabecular bone is responsive to habitual loading (Pontzer et al., 2006; Sugiyama et al., 2010; Barak et al., 2011); thus, trabecular structure is predicted to vary between populations based on relative levels of terrestrial mobility. Mobility is defined here as the total sum of all locomotor activities using the lower limb (Pearson et al., 2014). Because the biomechanics of bipedal locomotion are expected to be very similar between all populations, trabecular morphology is expected to follow similar distribution throughout the foot in the four populations. Variation between populations is predicted to be the result of differences in loading magnitude and frequency (Rubin et al., 2001; Barak et al., 2011). However, previous chapters have demonstrated significant effects of age, sex, and body mass on trabecular structure which need to be considered when interpreting between-population variation. Other factors may also influence trabecular structure such as genetics (Turner et al., 2000; Judex et al., 2004, 2009; Wallace et al., 2012, 2017) and climate (Devlin et al., 2016). Three hypotheses are generated which would be expected in the case that either terrestrial mobility, genetic distance, or climatic effects dominate the variation in trabecular structure between human populations.

The first set of predictions should be followed if differences in terrestrial mobility levels underlie the variation in trabecular structure between populations. Trabecular bone structure is highly correlated with the elastic properties of bone. High BV/TV, Tb.Th, and low Conn.D and Tb.Sp are associated with high levels of mechanical strain (Hodgskinson and Currey, 1990; Goulet et al., 1994; Odgaard et al., 1997; Ulrich et al., 1999; Kabel et al., 1999; Rubin et al., 2001; Rubin et al., 2002; Mittra et al., 2005; Pontzer et al., 2006; Polk et al., 2008; Rincón-Kohli and Zysset, 2009; Barak et al., 2011; Karim and Vashishth, 2011; Ryan and Shaw, 2015; Saers et al., 2016). A combination of BV/TV and DA can predict $97 \%$ of variance in finite element predicted bone stiffness (Maquer et al., 2015). Populations who experience greater levels of mechanical loading through greater terrestrial mobility should have stronger trabecular structures to accommodate the increased loads. With increasing levels of terrestrial mobility, and thus high levels of loading, it is predicted that BV/TV and Tb . Th will increase while

Tb.Sp and Conn.D are predicted to decrease. As gait is expected to have been largely similar between populations, no differences in fabric anisotropy are predicted between populations. The Black Earth foragers and the Jebel Moya pastoralists are predicted to be more mobile than the Kerma agriculturalists and the medieval urban St. Johns population. Biomechanical analyses suggest that both Jebel Moya and Black Earth have more robust tibial and femoral midshaft diaphyses than the Kerma. Unfortunately, no lower limb cross-sectional data is currently available for St. Johns. The transition from foraging to agriculture and urban life has resulted in a significant reduction in terrestrial mobility, culminating in extremely sedentary lifestyles in modern industrial populations (Ruff, 2008; Ruff et al., 2015). Based on the historical trend of reduced cortical bone rigidity, the St. Johns population is predicted to be less mobile than the pastoralists and foragers (Ruff, 2008; Macintosh et al., 2014). The archaeological, behavioural, and biomechanical data available for these populations is described in detail in Appendix 1.1. It is not possible to infer a ranking of terrestrial mobility per population from the archaeological data. Therefore, the four populations will be broadly divided into two categories. The mobile category consists of the Black Earth foragers and the Jebel Moya pastoralists. The sedentary category consists of the St. Johns and the Kerma populations. Therefore, Black Earth and Jebel Moya are predicted to have greater BV/TV and Tb.Th, and lower Tb.Sp and Conn.D compared to the sedentary Kerma and St. Johns in all VOIs throughout the foot.

Genetic differences between populations could lead to differences in the norms of reaction to mechanical loading and thus mimic behavioural signals (Turner et al., 2000; Judex et al., 2004; Wallace et al., 2012, 2017). Over eighty percent of genetic diversity in humans in found within populations ( Li et al., 2008), and there is little evidence that alleles affecting bone mechanoresponsiveness are unequally distributed between populations (Styrkarsdottir et al., 2010). Thus, there is little reason to believe that analyses that test differences in bone structure between populations should be biased by genetic factors (Wallace et al., 2017). However, recent research using outbred mice suggests that differences in bone mechanoresponsiveness may arise in separate populations (Wallace et al., 2015). If the effects of genetic variation dominate variation in trabecular structure, more closely related populations would be expected to show less between group variation than more distantly related groups in a simple isolation by distance model (Relethford, 2004). If geographic distance between archaeological sites is taken as a proxy for genetic distance (Relethford, 1994; Ramachandran et al., 2005; Li et al., 2008; Betti et al., 2009), the Jebel Moya and Kerma would be expected to show the greatest similarities in trabecular structure, followed by St. Johns, and finally Black Earth.

Recent work suggests there may be a significant effect of temperature on trabecular bone mass and strut thickness (Devlin et al., 2016). The relationship between temperature and bone during growth and development are not well understood, but cold dwelling humans are also known to possess lower cortical thickness than those from warmer environments (Wallace et al., 2014). Devlin et al. (2016) investigated the relationship between temperature and trabecular bone structure in groups mice with ad
libitum access to food and water. They found mice housed at $66-72{ }^{\circ} \mathrm{F}$ had $43-66 \%$ lower BV/TV and $35-46 \%$ lower $\mathrm{Tb} . \mathrm{Th}$ than mice held at $78{ }^{\circ} \mathrm{F}$. Thus, these results indicate that temperature has a significant effect on bone structure, despite unrestricted access to energy and water. The mobile Jebel Moya and sedentary Kerma hail from the warm and arid environment of north Africa (annual mean actual temperature in Khartoum: $29.9^{\circ} \mathrm{C}$, monthly mean range $23.3-34.5^{\circ} \mathrm{C}$ ). The sedentary St. Johns and mobile Black Earth are from more temperate northern latitudes (annual mean temperature Cambridge: mean $10.3^{\circ} \mathrm{C}$, monthly mean range $4-18^{\circ} \mathrm{C}$; Illinois: mean $10.7^{\circ} \mathrm{C}$, monthly mean range -$3.1-24.1^{\circ} \mathrm{C}$ ). Following the results of Devlin et al. (2016) two clusters should be formed: one by the North African populations and one by the temperate northern latitude populations. In this case BV/TV and Tb.Th should be higher in the North African samples compared to the St. Johns and Black Earth samples.

## Materials and methods

Trabecular structure is compared between the four populations in all 17 VOIs throughout the foot. All populations will be analysed in pooled sex, and sex-specific samples (Table 7.1).

Table 7.1. Sample size used in this chapter for each population and sex per VOI. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


## Statistical analysis

Due to taphonomic damage, many individuals miss some volumes of interest. This leaves the choice to maximise sample size per VOI or to only use individuals who possess all VOIs per bone. Listwise one-way ANOVA will be used to assess significant population differences in trabecular properties per VOI. Running the analysis listwise will ensure that only individuals who have all VOIs present per bone are included in the analysis, and that the patterns throughout the bones are unaffected by different sample compositions. After the initial ANOVA, a post-hoc analysis will be run with Hochberg's GT2 if Levene's test is nonsignificant and Games-Howell if there is unequal variance. The same analysis will be run pairwise to maximise sample size and statistical power per VOI, and the differences between the two methods are compared at the end of the results section.

Conn.D was $\log 10$ transformed in all VOIs to comply with the normality assumption of ANOVA. Significant regressions were found between body mass and Tb.Sp, Conn.D and DA Tb.Th (Chapter 4). The residuals created from regressions between trabecular properties and body mass are used as body mass corrected variables following the methods described in Ryan and Shaw (2012). Body mass standardised residuals are examined in addition to raw values for $\log 10 \mathrm{Conn} . \mathrm{D}, \mathrm{Tb} . \mathrm{Sp}$, and DA . The method of ANOVA with body mass corrected residuals was chosen over ANCOVA with body mass as a covariate because ANOVA has fewer assumptions and because robust regression was used in a subset of the analyses in Chapter 4. Some of the non-Gaussian distributions and outliers are corrected for using robust regressions and this may in some cases be more accurate than using ANCOVA. While p-values differ slightly between multivariate ANCOVA and ANOVA using residuals, the same general patterns of significant differences are observed when results from the two methods are compared. The differences between methodologies can be partly related to the fact that residuals are based on a larger dataset while ANCOVA uses a smaller listwise dataset where individuals with missing VOIs are cut from the entire analysis. Finally, an advantage of using the body mass standardised residuals is that they can also be used as body mass standardized variables in principal components analysis.

Ryan and Shaw (2012) argue that using suites of trabecular variables may be the most appropriate method for assessing intergroup variation in these complex trabecular structures. Multivariate principal components analysis (PCA) is used to assess group differences in combined suites of variables. One-way ANOVA will be performed on the individual principal components to test whether combined suites of related variables better discriminate between populations than single variables. The ratio of sample size to number of variables is important in PCA as reliability increases with larger ratios. Thus, when the 5 variables are used in a combination of all 7 calcaneal VOIs there is an N :p ratio of 48 individuals to 35 variables. A ratio of $5: 1$ is often cited as a minimum rule of thumb to produce accurate results. However, experimental validation of this rule of thumb is minimal (Osborne and Costello, 2004). Running PCA's with all combined variables and VOIs is therefore problematic due to the high N :p ratio. However, the strong correlations between trabecular properties across VOIs likely mitigate the effects of the large ratio of variables to subjects. Running a PCA on correlated variables from multiple VOIs has little effect on the eigenvectors but likely increases the eigenvalues of each component. In other words, this will increase the variance explained by the first few principal components but it will not affect where individuals fall on each component. Regardless, PCA's will also be run for each individual VOI to ensure a suitable $\mathrm{N}: \mathrm{p}$ ratio. The main determinants of bone strength are BV/TV and DA (Currey, 2002; Maquer et al., 2015). Conn.D, Tb.Th and Tb.Sp are strongly correlated to BV/TV and are mechanically less informative (Maquer et al., 2015). Thus, to inform about the mechanically relevant properties of bone, combinations of just DA and BV/TV can be run for all VOIs with a more appropriate $\mathrm{N}:$ p ratio of 48 individuals to 14 variables in the calcaneus.

Trabecular properties are plotted using boxplots with the median and interquartile range to illustrate the distribution of the data for males and females.

## Results

## Variation in calcaneal trabecular structure between populations

Boxplots of trabecular properties per VOI are presented in Figure 7.1 for each pooled-sex population. Listwise one-way ANOVA tables are presented in Appendix 7.1. A summary of significant differences between populations is provided in Table 7.2.

Table 7.2. Significant pairwise comparisons of calcaneal trabecular properties between populations. Populations are colour coded to aid interpretation: Black Earth (B), Jebel Moya (J), Kerma (K), St. Johns (S). Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC).

| Calcaneus - ANOVA significant pairwise comparisons |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | AT | CC | CT | PA | PC | PP | PL |
| BV/TV | $\underset{\mathrm{J}>\mathrm{K}}{\mathrm{~B}>\mathrm{K}, \mathrm{~S}}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\underset{\mathrm{J}>\mathrm{K}}{\mathrm{~B}>\mathrm{K}, \mathrm{~S}}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ |
| Tb.Th | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ |
| Tb.Sp | K>B,J,S | $\begin{aligned} & \mathrm{K}>\mathrm{B}, \mathrm{~J} \\ & \mathrm{~S}>\mathrm{J} \end{aligned}$ | K>B,J | K>B |  | K>S | S>J |
| Res. Tb.Sp | K>B,J,S | $\begin{aligned} & \text { K>B,J } \\ & \mathrm{S}>\mathrm{J} \end{aligned}$ | K>B,J,S | K>B,J |  | K>J | $\begin{aligned} & K>J \\ & S>J \end{aligned}$ |
| Conn.D |  | S>B | J>K |  | $S>B, J$ | S>B |  |
| Res. Conn.D |  | S>B | $\begin{gathered} \mathrm{J}>\mathrm{K} \\ \mathrm{~S}>\mathrm{K} \end{gathered}$ | S>B | S>B,J | $\begin{aligned} & \mathrm{S}>\mathrm{B}, \mathrm{~J}, \mathrm{~K} \\ & \mathrm{~K}>\mathrm{B} \end{aligned}$ | J>B |
| DA |  |  |  |  |  |  | S>B |
| Res. DA |  |  |  |  | B>S | B>S | S>B |




Figure 7.1. Median and interquartile range of trabecular properties per VOI for each pooled-sex population. Individuals with missing cases were deleted from all plots. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC).

The mobile Black Earth population is characterised by dense trabecular structures consisting of thick, closely-packed, and relatively few interconnected trabeculae. The Black Earth have significantly greater BV/TV and thicker trabeculae than Kerma and St. Johns in most VOIs. The Black Earth
sample has significantly lower DA than St. Johns in the PL and PP VOI. After correcting for the effects of body mass, residual DA was significantly greater than the St. Johns in the PC, PP, and PL. Significantly lower $\mathrm{Tb} . \mathrm{Sp}$ and residual $\mathrm{Tb} . \mathrm{Sp}$ was found in Black Earth compared to Kerma in the AT, CC, CT, and PA VOIs. The Black Earth sample has significantly less interconnected trabecular structures compared to St. Johns in the CC, PC, and PP VOIs. After correcting for the effects of body mass, residual Conn.D was significantly lower than St. Johns in the CC, PA, PC, PP, significantly lower than Kerma in the PP, and lower compared to Jebel Moya in the PL.

The mobile Jebel Moya have similar trabecular structure as the Black Earth. Overall, they are characterised by dense trabecular structures with thick, closely packed, but highly interconnected trabeculae. They have significantly greater BV/TV than Kerma in all VOIs and greater than St. Johns in most VOIs. Jebel Moya have thicker trabeculae compared to Kerma and St. Johns in all but the calcaneal tuber, and more closely packed structures than the Kerma in four VOIs. After correcting for body mass Jebel Moya has lower residual Tb.Sp than Kerma in all but the PP VOI. Relative to St. Johns the Jebel Moya have lower Tb.Sp and residual $\mathrm{Tb} . \mathrm{Sp}$ in the CC and PL.

The sedentary Kerma have relatively gracile trabecular structures with low mean BV/TV, and thin, widely spaced, and relatively well interconnected struts. BV/TV is significantly lower in the Kerma compared to the mobile Jebel Moya and Black Earth in all calcaneal VOIs. No significant differences are found in DA or residual DA between Kerma and the other populations. The Kerma individuals have significantly thinner trabeculae than Black Earth in all VOIs, and compared to Jebel Moya in all but the calcaneal tuber. The Kerma have significantly more widely separated trabeculae in general compared to the other populations before and after correcting for body mass.

The sedentary St. Johns have relatively gracile trabecular structures with relatively low trabecular volume and thin, highly separated, and most highly interconnected struts of all populations. St. Johns has significantly lower BV/TV and Tb.Th than the Black Earth and Jebel Moya. After correcting for body mass, the St. Johns sample has significantly lower residual DA in the PC and PP and significantly higher in the PL compared to Black Earth. Trabeculae are significantly more widely spaced compared to Jebel Moya in the CC and PL both before and after correcting for body mass. However, they have significantly lower Tb.Sp compared to Kerma in the AT.

Are the patterns of variation in trabecular properties throughout the calcaneus similar in every population?

The patterns of variation in trabecular properties throughout the calcaneus were described in a pooled sex, pooled population sample in Chapter 2. Here it is examined whether all populations follow this same general pattern of variation or whether there are unique patterns in different populations (Figure 7.2). Lines are added between points representing the population mean in to aid visualization of the patterns throughout the bone. The same pattern as found in the pooled populations in Chapter 2 is found for BV/TV in each individual population. Populations generally follow the same distribution of

Tb.Th, Tb.Sp, and Conn.D throughout the calcaneus, although St. Johns deviates somewhat from the other groups in Conn.D. The greatest variation between populations is found in the distribution of anisotropy throughout the calcaneus. In all populations, the lowest DA is found in the PC, but St. Johns has exceptionally low DA relative to other VOIs. The Black Earth sample has relatively high DA in the PC and relatively low DA in the AT and PL compared to other VOIs.


Figure 7.2. Mean and standard deviation of calcaneal trabecular properties for every population. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC).

## Principal Components Analysis

A principal components analysis was run including BV/TV, Tb.Th, DA, residual $\mathrm{Tb} . \mathrm{Sp}$, and residual Conn.D from all calcaneal volumes of interest. The first three principal components are presented in Figure 7.3 and tables are presented in Appendix 7.1. The first five principal components account for $80 \%$ of the total variance with the first two components accounting for $66 \%$. None of the first five principal components correlated significantly with body mass or age category.


Figure 7.3. Biplot of PC1, PC2, and PC3 of seven calcaneal VOIs.
The greatest contributions to PC 1 come from $\mathrm{BV} / \mathrm{TV}, \mathrm{Tb} . \mathrm{Th}$ and residual $\mathrm{Tb} . \mathrm{Sp}$ with similarly strong contributions from these variables in each VOI. BV/TV and Tb.Th correlate negatively with PC1 while residual Tb.Sp correlates positively. Black Earth and Jebel Moya cluster on the negative side of PC1 indicating they tend to have higher BV/TV and $\mathrm{Tb} . \mathrm{Th}$ and lower $\mathrm{Tb} . \mathrm{Sp}$ compared to Kerma and St. Johns. Pairwise post-hoc comparisons indicate that indeed Jebel Moya and Black Earth are significantly different from Kerma and Black Earth. All VOIs correlate with similar strength to PC1 indicating that no VOI disproportionally contributes to PC1.

PC2 accounts for $24 \%$ of total variance and correlates strongly with residual Conn.D that is uncorrelated to BV/TV, with smaller correlations with $\mathrm{Tb} . \mathrm{Sp}$, DA and Tb .Th depending on VOI. Residual Conn.D correlates positively with PC2 while $\mathrm{Tb} . \mathrm{Th}, \mathrm{Tb} . \mathrm{Sp}$, and DA correlate negatively. St. Johns and Jebel Moya cluster high on PC2 while Black Earth and Kerma cluster on the lower end. The

Black Earth individuals fall significantly lower on PC2 than St. Johns. PC3 accounts for 5\% of total variance and correlates positively with DA and negatively with Conn.D. St. Johns falls significantly higher on PC3 compared to Kerma while falling just short of significance with Jebel Moya. No significant population differences are found in PC4 and PC5.

PC1 separates populations based on trabecular variables that are most strongly related to loading magnitude (high BV/TV, Tb.Th and low Tb.Sp), resulting in two clusters based on inferred mobility levels with the mobile Black Earth and Jebel Moya significantly different from Kerma and St. Johns. PC 2 and PC3 relate to structural variation that is uncorrelated to BV/TV.

Finally, a PCA was performed using combinations of DA and BV/TV from all calcaneal VOIs, resulting in a total of 14 variables and 48 individuals (Figure 7.4). These variables were chosen because they are the two mechanically most relevant variables (Maquer et al., 2015), and reduces the $\mathrm{N}:$ p ratio. PC 1 correlates negatively with BV/TV in all VOIs and PC2 correlates positively with DA in most VOIs. The St. Johns and Kerma have significantly greater PC1 scores compared to Black Earth and Jebel Moya. St. Johns fall significantly lower than the Black Earth on PC2. No significant differences are found in PC3 to PC5.


Figure 7.4. PCA combining BV/TV and DA from seven calcaneal VOIs.

## Variation in first metatarsal trabecular structure between populations

Boxplots of first metatarsal trabecular properties per VOI are presented in Figure 7.5 for each pooledsex population. Listwise one-way ANOVA tables are provided in Appendix 7.1. Due to the listwise analysis sample sizes are limited, particularly in the Jebel Moya which has been reduced to four individuals. The Black Earth are reduced to 10 , the Kerma to 13 , and the St. Johns to 18 individuals. Significant results are presented in Table 7.3.


Figure 7.5. Median and interquartile range of first metatarsal trabecular properties per VOI for each pooled-sex population. Volumes of interest: dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP).

Table 7.3. Significant pairwise comparisons of first metatarsal trabecular properties between populations. Populations are colour coded to aid interpretation: Black Earth (B), Jebel Moya (J), Kerma (K), St. Johns (S). Dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP).

| First Metatarsal - ANOVA significant pairwise comparisons |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| BV/TV | BD | BP | HD | HP |
|  | $B>K$ | $B>K$ | B $>\mathrm{K}, \mathrm{S}$ | $\mathrm{B}>\mathrm{K}$ |
|  |  |  | J $>\mathrm{K}, \mathrm{S}$ | $\mathrm{J}>\mathrm{K}$ |
| Tb.Th | $B>S$ | B $>$ S | $\mathrm{B}>\mathrm{K}, \mathrm{S}$ | $B>K$ |
|  |  | $J>S$ | $\mathrm{J}>\mathrm{K}$ | $\mathrm{J}>\mathrm{K}$ |
| Tb.Sp | $\mathrm{K}>\mathrm{B}$ | $\mathrm{K}>\mathrm{S}$ | $S>B$ |  |
| Res. Tb.Sp | $\mathrm{K}>\mathrm{B}$ | K>S |  |  |
| Conn.D | $S>B, J$ | S>B,J,K |  |  |
| Res. Conn.D | S>B, J | S>B,K | $\mathrm{K}>\mathrm{B}$ |  |
| DA | B $>$ S | $B>S$ |  |  |
|  | $\mathrm{K}>\mathrm{S}$ | $J>S$ |  |  |
| Res. DA | B $>$ S | $B>S$ |  |  |
|  | $\mathrm{K}>\mathrm{S}$ |  |  |  |

Overall, the mobile Black Earth have a dense trabecular structure consisting of thick, close-packed, relatively anisotropic and poorly interconnected trabeculae, as well as the greatest mean BV/TV in all VOIs. BV/TV is significantly greater compared to Kerma in all VOIs, and greater than St. Johns in the dorsal head. The Black Earth individuals have the thickest trabeculae on average in all VOIs. The differences are significant between St. Johns in all but the plantar head, and with Kerma in both head VOIs. Black Earth have significantly higher DA and residual DA than St. Johns in both MT1 head VOIs. Black Earth have significantly less interconnected trabeculae than St. Johns in the base. After correcting for the effects of body mass the Black Earth sample has significantly less interconnected structures than St. Johns in the base and in the dorsal head compared to Kerma.

The mobile Jebel Moya have a dense trabecular structure consisting of thick trabeculae. They have significantly higher BV/TV than Kerma in the head and compared to St. Johns in the dorsal head. Jebel Moya have significantly thicker trabeculae than Kerma in the head. They also have thicker trabecular compared to St. Johns but this just misses significance in all but the plantar base. The Jebel Moya have significantly greater DA than St. Johns in the in the plantar base, but not after correcting for the effects of body mass. Compared to St. Johns, the Jebel Moya sample has significantly less interconnected structures in the base before and after correcting for the effects of body mass. The low number of significant differences between Jebel Moya and other populations is likely a result of low sample size.

The sedentary Kerma have the most widely spaced trabeculae with low BV/TV and thin trabeculae compared to the mobile populations. They have significantly lower BV/TV than the Black Earth in all VOIs and compared to Jebel Moya in the base. The Kerma have significantly thinner trabeculae than

Black Earth and Jebel Moya in the head; more anisotropic structures in the dorsal base compared to St. Johns and more widely spaced trabeculae compared to Black Earth in the dorsal base. Compared to St. Johns the Kerma have more widely spaced and less interconnected trabeculae in the plantar base. After correcting for body mass, they have significantly more interconnected trabeculae in the dorsal head compared to the Black Earth.

The sedentary St. Johns have low BV/TV with relatively thin, isotropic, and well-connected trabeculae. The St. Johns have significantly lower BV/TV compared to Black Earth and Jebel Moya in the dorsal head; and significantly thinner trabeculae than Black Earth in the base and dorsal head, and compared to Jebel Moya in the plantar base. They have more isotropic structures compared to Black Earth and Kerma in the dorsal base and compared to Black Earth and Jebel Moya in the plantar base. Finally, the St. Johns have more interconnected structures in the dorsal base compared to Black Earth and Jebel Moya, and compared to Black Earth, Jebel Moya and Kerma in the plantar base.

Are the patterns throughout the first metatarsal similar in between populations?
In Chapter 2 the patterns of variation in trabecular properties throughout the first metatarsal were described in a pooled sex, pooled population sample. Here it is examined whether all populations follow this same general pattern of variation or whether there are unique patterns in different populations (Figure 7.6).


Figure 7.6. Mean and standard deviation of trabecular properties per population throughout the first metatarsal. Volumes of interest: dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP).

Very similar patterns in BV/TV throughout the first metatarsal are found in all populations. All populations have substantially greater $\mathrm{BV} / \mathrm{TV}$ in the dorsal regions compared to the plantar regions. Similar general patterns are also observed in trabecular thickness and anisotropy, with greater anisotropy in the dorsal VOIs. All populations Tb.Sp mirrors BV/TV with the highest spacing in the plantar VOIs. The patterns in $\log 10$ Conn.D are similar in Jebel Moya and Kerma with the highest Conn.D in the dorsal VOIs. Black Earth follow the same pattern although the differences between dorsal and plantar are less pronounced. The pattern in St. Johns is different in that the base has a more interconnected structure than the head.

## Principal components analysis

Principal Components Analysis (PCA) was run on a suite of five trabecular bone properties in four VOIs of the first metatarsal resulting in 20 variables compared between 44 individuals. Biplots of $\mathrm{PC} 1, \mathrm{PC} 2$ and PC3 are presented in Figure 7.7 and tables are presented in Appendix 7.2. The first five principal components account for $83 \%$ of the total variance with the first two components accounting for $62 \%$. None of the first five principal components correlated significantly with body mass or age categories. Very little overlap is found between sedentary and mobile populations in Figure 7.7.


Figure 7.7. Biplots of PC1, PC2 and PC3 for a pooled sample of four first metatarsal VOIs.
PC1 correlates positively with $\mathrm{BV} / \mathrm{TV}$ and Tb .Th with similarly strong contributions from these variables in each VOI. To a lesser extent PC 1 also correlates negatively with residual $\mathrm{Tb} . \mathrm{Sp}$. Black Earth and Jebel Moya cluster significantly more positively on PC1 compared to Kerma and St. Johns. Black Earth and Jebel Moya show a larger spread on PC1 indicating more intra-population variation in these populations. All VOIs contribute roughly equally to PC 1 , with the exception that residual $\mathrm{Tb} . \mathrm{Sp}$ correlates particularly strongly in the dorsal base.

PC2 accounts for $26.2 \%$ of total variance and correlates strongly negatively with residual Conn.D, while smaller positive correlations occur with residual $\mathrm{Tb} . \mathrm{Sp}, \mathrm{DA}$ and Tb . Th depending on VOI. While the general ANOVA is significant, subsequent pairwise post-hoc tests did not yield significant
differences. The difference between St. Johns and Black Earth just fails to reach significance with St. Johns falling lower on PC2 ( $\mathrm{p}=.054$ ).

PC3 accounts for $9.1 \%$ of total variance and correlates negatively with DA in the base. In the head PC3 correlates negatively with residual Conn.D and positively with residual Tb.Sp. The St. Johns fall significantly higher on PC3 than all other populations. No significant population differences are found in PC4 an PC5.

The results from the first metatarsal resemble those found in the calcaneus. PC1 was found to clearly separate populations based on trabecular variables that are most strongly related to loading magnitude (high BV/TV associated with greater Tb .Th and lower $\mathrm{Tb} . \mathrm{Sp}$ ). This resulted in two clusters based on inferred mobility levels with the mobile Black Earth and Jebel Moya significantly different from Kerma and St. Johns. PC2 and PC3 are related to morphological variation but the properties correlated to PC2 and PC3 do not indicate an increase in structural rigidity because BV/TV was not strongly correlated.

PCA was performed using combinations of DA and BV/TV from all MT1 VOIs, resulting in a total of 8 variables and 48 individuals (Figure 7.8). These variables were chosen because they are the two mechanically most relevant variables (Maquer et al., 2015), and reduces the N:p ratio. PC1 correlates positively with BV/TV and PC2 correlates negatively with DA in all VOIs. Black Earth and Jebel Moya differ significantly from Kerma and St. Johns on PC1. St. Johns falls significantly higher on PC2 compared to Black Earth and Kerma. No significant differences are found on PC3 to PC5.


Figure 7.8. Biplot of PC1 and PC2 of combinations of DA and BV/TV in all MT1 VOIs.

## Variation in talar trabecular structure between populations

Boxplots of talar trabecular properties per VOI are presented in Figure 7.9 for each pooled-sex population. Listwise one-way ANOVA tables are presented in Appendix 7.1. Sample size is 8 individuals for Black Earth and Jebel Moya, 12 for Kerma, and 16 for St. Johns. Table 7.4 summarizes significant pairwise comparisons between populations

Table 7.4. Significant pairwise comparisons of talar trabecular properties between populations. Populations are abbreviated and colour coded to aid interpretation: Black Earth (B), Jebel Moya (J), Kerma (K), St. Johns (S). Talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).



Figure 7.9. Median and interquartile range of talus trabecular properties per VOI for each individual pooled-sex population. Volumes of interest: talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Overall, the mobile Black Earth have a dense trabecular structure consisting of thick, close-packed and poorly interconnected trabeculae. Black Earth has significantly greater BV/TV and thicker trabeculae Kerma and St. Johns in most VOIs. They have significantly more close-packed trabeculae in the trochlea compared to the Kerma. Compared to St. Johns, Black Earth have significantly less
interconnected structures in all but the ACF, and have significantly more anisotropic structures in the central and medial trochlea compared to St. Johns and Jebel Moya.

The Jebel Moya have a dense trabecular structure with thick and relatively poorly interconnected struts. They have significantly greater BV/TV and thicker trabeculae compared to Kerma and St. Johns, and more isotropic trabeculae relative to Black Earth. After removing the effects of body mass the Jebel Moya sample has more tightly packed structures relative to Kerma in the all VOIs except the central trochlea. The Jebel Moya have less interconnected trabeculae than St. Johns in the trochlea, but no longer after accounting for differences in body mass.

The sedentary Kerma have relatively low bone volume fraction, with thin, widely spaced and highly interconnected struts. They have significantly lower BV/TV and Tb.Th than Jebel Moya and Black Earth, and more widely spaced trabeculae in the trochlea. Before and after correcting for body mass Kerma have significantly more interconnected structures than Black Earth, but significantly less interconnected than St. Johns. No significant differences in anisotropy are found between Kerma and the other populations.

Overall, the St. Johns sample has a relatively gracile trabecular structure with low bone volume fraction and thin and relatively widely spaced and highly interconnected struts. They have significantly less BV/TV and lower Tb.Th than Jebel Moya and Black Earth. Trabecular spacing is significantly lower than Kerma in the trochlea. Trabeculae are significantly more anisotropic compared to Jebel Moya in the talar head, but more isotropic compared to Black Earth in central trochlea. The St. Johns have more interconnected trabeculae compared to the other populations, particularly Black Earth.

## Are the patterns throughout the talus similar in between populations?

In Chapter 2 the patterns of variation in trabecular properties throughout the talus were described in a pooled sex, pooled population sample. Here it is examined whether all populations follow this same general pattern of variation or whether there are unique patterns in different populations (Figure 7.10).


Figure 7.10. Mean and standard deviation of trabecular properties per population throughout the talus. Volumes of interest: talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Very similar patterns in $\mathrm{BV} / \mathrm{TV}$, $\mathrm{Tb} . \mathrm{Th}, \mathrm{Tb} . \mathrm{Sp}$ and DA are found in VOIs throughout the talus in all populations. The talar head has the highest BV/TV with the thickest struts and the most anisotropic structure in all populations. Upon these similar patterns of variation throughout the talus a signal of mobility is superimposed with mobile populations showing greater BV/TV and Tb .Th throughout the talus. There is little variation between populations in patterns of DA throughout the talus. Exceptions are Jebel Moya who have relatively low DA in the central and medial trochlea whereas Black Earth has relatively high trochlear DA compared to the other populations. The highest DA tends to be found in the talar head while the medial trochlea contains the lowest DA. Trabecular separation follows similar patterns throughout the talus in all populations. Conn.D increases from the lateral to the medial trochlea. Interestingly, there is very little inter-population variation in Conn.D in the ACF.

## Principal Components Analysis - talus

Principal Components Analysis (PCA) was run on a suite of five trabecular bone properties in six VOIs of the talus resulting in 30 variables compared between 40 individuals. Biplots of PC1, PC2 and PC3 are presented in Figure 7.11 and tables are provided in Appendix 7.1. The first five principal components account for $80 \%$ of the total variance with the first two components accounting for $63 \%$. None of the first five principal components correlated significantly with body mass or age categories.


Figure 7.11. Biplots of PC1, PC2 and PC3 for a pooled sample of six talar VOIs.
PC 1 correlates negatively with $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$ and to a lesser extent positively with residual $\mathrm{Tb} . \mathrm{Sp}$. Black Earth and Jebel Moya cluster on the negative side of PC1 indicating they have significantly higher BV/TV and Tb.Th and lower Tb.Sp in all VOIs compared to Kerma and St. Johns who cluster on the positive side. PC2 correlates negatively with residual $\mathrm{Tb} . \mathrm{Sp}$ and positively with residual Conn.D but no significant group differences were found in PC2. PC3 correlates positively with DA in all but the ACF VOI. The mobile Black Earth cluster significantly higher on PC3 compared to Kerma and Jebel Moya. No significant pairwise comparisons were found between populations in PC4 and PC5.

The results from the talus resemble those found in the calcaneus and the first metatarsal. PC1 separates populations based on trabecular variables that are most strongly related to loading magnitude (high BV/TV with associated high $\mathrm{Tb} . \mathrm{Th}$ and low $\mathrm{Tb} . \mathrm{Sp}$ ). This results in two clusters based on inferred mobility levels with the mobile Black Earth and Jebel Moya significantly different from Kerma and St. Johns. PC2 and PC3 are related more to morphological variation but do not indicate an increase in
structural rigidity as they are uncorrelated to BV/TV. While PC2 accounted for $23.3 \%$ of total variance, no significant population differences were found. PC3 separates Black Earth from the other populations based on their overall more anisotropic trabecular structure. Based on PC1 and PC3 the populations can be very successfully separated, with the more robust and mobile populations clustering on the negative end of PC1 and subsequently separating the mobile populations based on more anisotropic structures in the Black Earth sample on PC3.

PCA was performed using combinations of DA and BV/TV from all talar VOIs (Figure 7.12). These variables were chosen because they are the two mechanically most relevant variables (Maquer et al., 2015), and reduces the $\mathrm{N}: p$ ratio. PC1 correlates negatively with BV/TV while PC2 correlates positively with DA. Jebel Moya and Black Earth cluster significantly lower on PC1 compared to St. Johns and Kerma while the Black Earth fall significantly higher on PC2 than all other populations. These results show that the mobile Black Earth and Jebel Moya have significantly more robust trabecular structures, and that the Black Earth samle has more anisotropic trabecular structures throughout the talus.


Figure 7.12. PCA of combinations of DA and BV/TV in six talar VOIs.

## Principal components analysis of individual VOIs

Principal components analysis was run for each individual VOI. This results in larger ratio of variables ( 5 for each VOI) to individuals (maximum $\mathrm{N}=67$ in CT , and minimum $\mathrm{N}=47$ in HP). The first two principal components are plotted for every VOI in figures 7.13 to 7.15 . One-way ANOVAs and posthoc tests of PC1 to PC5 are summarised in tables 7.5 and 7.6, and Appendix 7.3. Principal component scores per variable are listed in Appendix 7.3. Similar results are found across most VOIs. Principal components 1 to 3 account for over 94-98\% of total variance in all VOIs. The PCA's performed on individual VOIs produce similar results to the combined VOI PCA's performed earlier.

In all VOIs PC1 accounts for roughly $50 \%$ of total variance and correlates most strongly with BV/TV, Tb.Th, and to a lesser extent Tb.Sp. The only exception is BP where PC1 correlates strongly with

Tb.Sp and Conn.D while PC2 correlates with BV/TV and Tb.Th. In all but BP the populations cluster significantly on PC1 where the mobile populations associated with greater $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$, and lower Tb.Sp. Significant differences between both the mobile Jebel Moya and Black Earth, and both the sedentary Kerma and St. Johns are found in 11 out of 17 VOIs. In the remaining VOIs significant differences were found but not between all mobile and sedentary populations.

PC2 accounts for roughly $30-38 \%$ of total variance and significant differences are found between populations in all but the AT, ACF, and PCF VOIs. PC2 correlates with consistently strong with Conn.D, and receives contributions from $\mathrm{DA}, \mathrm{Tb} . \mathrm{Sp}$, and Tb .Th depending on the VOI. No clustering is found in PC2 based on mobility levels. Instead clusters form in 10 out of 17 VOIs with Kerma and Black Earth on one side and Jebel Moya and St. Johns on the other. These clusters form because of relatively high DA and low Conn.D in Kerma and Black Earth compared to St. Johns and Jebel Moya after the variance that is related to $\mathrm{BV} / \mathrm{TV}$ is removed by PC 1 .

PC3 accounts for roughly 10-20\% of total variance and significant differences are found in AT, PL, HD, TC. In the majority of VOIs DA correlates most strongly with PC3. Black Earth falls significantly lower compared to St. Johns in the AT as a result of their more isotropic structure. In PL Black Earth falls significantly lower on PC3 than all other populations, indicating they have significantly more isotropic trabeculae. In the TC the Black Earth sample falls significantly higher on PC3 compared to Jebel Moya and Kerma, and St. Johns fall significantly higher than Jebel Moya, indicating their trabeculae are more anisotropic.


Figure 7.13. Biplot of principal components 1 and 2 of the calcaneal VOIs. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC).


Figure 7.14. Biplot of principal components 1 and 2 of the MT1 VOIs. Dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH).


TL



TC


Black Earth
Jebel Moya
Kerma
St Johns
sex

- F
I
M

Figure 7.15. Biplot of principal components 1 and 2 of the talar VOIs. Talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Table 7.5. ANOVA and significant pairwise post-hoc comparisons between populations in PC1. Populations are abbreviated, and colour coded to aid interpretation: Black Earth (BE), Jebel Moya (JM), Kerma (K), St. Johns (SJ). Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base $(B D)$, plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet ( $P C F$ ), trochlea (lateral: TL, central: TC, medial: TM).

| PC1 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| ANOVA |  |  |  |  |  |
| VOI | Levene P | F | df | p | Sig. Post-hoc |
| AT | . 133 | 9.63 | 3, 63 | . 000 | $\mathrm{K}>\mathrm{BE}, \mathrm{JM}$ |
| CC | . 417 | 17.169 | 3, 60 | . 000 | BE, JM < SJ, K |
| CT | . 030 | 13.105 | 3, 64 | . 000 | K > BE, JM, SJ \& SJ> JM |
| PA | . 226 | 7.089 | 3, 56 | . 000 | $\mathrm{BE}<\mathrm{K} \& \mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| PC | . 246 | 11.105 | 3, 60 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| PP | . 304 | 13.723 | 3, 55 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| PL | 3.99 | 9.674 | 3, 53 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| BD | . 044 | 16.061 | 3, 46 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| BP | . 786 | 6.713 | 3, 44 | . 001 | SJ > BE, K |
| HD | . 001 | 25.944 | 3, 53 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| HP | . 110 | 5.867 | 3, 46 | . 002 | $\mathrm{K}<\mathrm{BE}, \mathrm{JM}$ |
| ACF | . 163 | 6.591 | 3, 50 | . 001 | $\mathrm{K}>\mathrm{BE}, \mathrm{JM}$ |
| PCF | . 601 | 13.335 | 3, 48 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| TH | . 942 | 32.183 | 3, 54 | . 000 | BE, $\mathrm{JM}>\mathrm{K}, \mathrm{SJ}$ |
| TL | . 176 | 16.655 | 3, 51 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| TC | . 736 | 10.545 | 3,51 | . 000 | BE, $\mathrm{JM}<\mathrm{K}, \mathrm{SJ}$ |
| TM | . 721 | 9.822 | 3, 49 | . 000 | K<BE,JM \& SJ $<\mathrm{JM}$ |



Table 7.6. ANOVA and significant post-hoc comparisons between populations for PC2 and PC3. Populations are abbreviated and colour coded to aid interpretation: Black Earth (BE), Jebel Moya (JM), Kerma (K), St. Johns (SJ). Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet ( $P C F)$, trochlea (lateral: TL, central: TC, medial: TM).


## Comparisons between listwise and pairwise ANOVA

The pairwise ANOVA does not exclude individuals when values are missing, resulting in greater sample sizes. The pairwise ANOVA tables and figures are provided in Appendix 7.2. A summary of significant results in pairwise and listwise ANOVA's is provided in Table 7.7.

Significant outcomes of pairwise and listwise ANOVA's are identical in $52 \%$ of cases and only marginally different in most others. Marginal differences between the two approaches are often
because a result is just significant in one and just not significant in the other. Overall, pairwise comparisons yield greater numbers of statistically significant differences between populations. Similar patterns of significant differences are also found between VOIs indicating that this is likely a reflection of true trends of differences between populations. The greater number of statistically significant differences in the pairwise comparisons are therefore unlikely to be due to differences in sample composition and most likely a result of greater sample sizes for each VOI. Using pairwise and listwise ANOVA produces similar significant outcomes and would lead to the same interpretation of results. Therefore, using either method does not bias the interpretations of the data.

Table 7.7. Comparison between significant ANOVA results from listwise and pairwise analyses. Identical results are shown in grey.

|  | BV/TV |  | Tb.Th |  | Tb.Sp |  | Res. Tb.Sp |  | Conn.D |  | Res. Conn.D |  | DA |  | Res. DA |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Listwise | Pairwise | Listwise | Pairwise | Listwise | Pairwise | Listwise | Pairwise | Listwise | Pairwise | Listwise | Pairwise | Listwise | Pairwise | Listwise | Pairwise |
| AT | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | K>B,J,S | K>B,J,S | K>B,J,S | K>B,J,S |  |  |  |  |  | $S>B$ |  | $S>B$ |
| CC | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{aligned} & \mathrm{K}>\mathrm{B}, \mathrm{~J} \\ & \mathrm{~S}>\mathrm{J} \end{aligned}$ | $\begin{aligned} & K>B, J \\ & S>J \end{aligned}$ | $\begin{aligned} & \mathrm{K}>\mathrm{B}, \mathrm{~J} \\ & \mathrm{~S}>\mathrm{J} \end{aligned}$ | $\begin{aligned} & K>B, J \\ & S>J \\ & B>J \end{aligned}$ | $S>B$ | $S>B$ | $S>B$ | $S>B$ |  |  |  |  |
| CT | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $B>K, S$ | K>B, J | K>B,J,S | K>B, J, S | K>B,J,S | J>K | $\begin{aligned} & \mathrm{J}>\mathrm{K} \\ & \mathrm{~S}>\mathrm{K} \end{aligned}$ | $\begin{aligned} & \mathrm{J}>\mathrm{K} \\ & \mathrm{~S}>\mathrm{K} \end{aligned}$ |  |  | K>J,S |  | K>J,S |
| PA | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\mathrm{K}>\mathrm{B}$ | K >J, S | K>B, J | K>J,S |  | $S>K$ | $S>B$ | S>B,K |  |  |  |  |
| PC | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ |  |  |  |  | S>B, J | S>B, | S>B, J | S>B,J,K |  | B > J, S | $B>S$ | B > J, S |
| PP | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | K>S | K > J | K>J | K>J | $S>B$ | $\begin{aligned} & S>B, J, K \\ & K>B \end{aligned}$ | $\begin{aligned} & S>B, J, K \\ & K>B \end{aligned}$ | $\begin{aligned} & S>B, J, K \\ & K>B \end{aligned}$ |  | B $>\mathrm{J}, \mathrm{S}$ | $B>S$ | $B>J, S$ |
| PL | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | S>J | $\begin{aligned} & K>J \\ & S>J \end{aligned}$ | $\begin{aligned} & K>J \\ & S>J \end{aligned}$ | $\begin{aligned} & K>J \\ & S>J \end{aligned}$ |  |  | $\mathrm{J}>\mathrm{B}$ | $\mathrm{J}>\mathrm{B}$ | $S>B$ | $S>B$ | $S>B$ | $S>B$ |
| BD | $B>\mathrm{K}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $B>S$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $K>B$ | K>B, | $\mathrm{K}>\mathrm{B}$ | $K>B, J$ | S>B,J | $S>B$ | S>B,J |  | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~K}>\mathrm{S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~K}>\mathrm{S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~K}>\mathrm{S} \end{aligned}$ |  |
| BP | $B>K$ | $B>K$ | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~J}>\mathrm{S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{S} \end{aligned}$ | K>S | K>S | K>S | K>S | S>B,J,K | S>B,J,K | S $>\mathrm{B}, \mathrm{K}$ | S $>\mathrm{B}, \mathrm{K}$ | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~J}>\mathrm{S} \end{aligned}$ | $B>S$ | $B>S$ | $B>S$ |
| HD | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | S>B | S>B, J |  | S>B, J |  | K>B | K>B | $\begin{aligned} & \mathrm{J}>\mathrm{B} \\ & \mathrm{~K}>\mathrm{B} \end{aligned}$ |  | $\begin{aligned} & \mathrm{B}>\mathrm{J} \\ & \mathrm{~K}>J \end{aligned}$ |  | $\begin{aligned} & \mathrm{B}>\mathrm{J} \\ & \mathrm{~K}>\mathrm{J} \end{aligned}$ |
| HP | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K} \end{aligned}$ | $B>K, S$ |  |  |  |  |  |  |  |  |  |  |  |  |
| ACF | $J>K, S$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $J>K, S$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ |  | $\mathrm{K}>\mathrm{B}$ | K>B, J | $\mathrm{K}>\mathrm{B}$, |  |  |  |  |  |  |  |  |
| PCF | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | S>J | $\begin{aligned} & \mathrm{K}>\mathrm{J}, \mathrm{~S} \\ & \mathrm{~S}>\mathrm{J} \end{aligned}$ | $\begin{aligned} & K>J \\ & S>J \end{aligned}$ | $\begin{aligned} & K>J \\ & S>J \end{aligned}$ | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ |  |  |  |  |
| TH | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ |  | $\begin{aligned} & K>B, J \\ & S>B, J \end{aligned}$ | K>J | $\begin{aligned} & \mathrm{K}>\mathrm{B}, \mathrm{~J} \\ & \mathrm{~S}>\mathrm{B}, \mathrm{~J} \end{aligned}$ | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ | $\mathrm{K}>\mathrm{B}$ | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{J} \\ & \mathrm{~S}>\mathrm{J} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{J} \\ & \mathrm{~S}>\mathrm{J}, \mathrm{~K} \end{aligned}$ | $\begin{aligned} & B>J \\ & S>J \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{J}, \mathrm{~K} \\ & \mathrm{~S}>\mathrm{J}, \mathrm{~K} \end{aligned}$ |
| TL | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{gathered} \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{gathered}$ | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | K>J | $\begin{aligned} & \mathrm{K}>\mathrm{B}, \mathrm{~J}, \mathrm{~S} \\ & \mathrm{~S}>\mathrm{J} \end{aligned}$ | K>J | $\begin{aligned} & \mathrm{B}>\mathrm{J} \\ & \mathrm{~K}>\mathrm{J}, \mathrm{~S} \\ & \mathrm{~S}>\mathrm{J} \end{aligned}$ | $S>B, J$ | S>B, | $\begin{aligned} & K>B \\ & S>B \end{aligned}$ | $\begin{aligned} & K>B \\ & S>B, J \end{aligned}$ |  |  |  |  |
| TC | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K}, \mathrm{~S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | K>B, S | K>B,J,S | $\mathrm{K}>\mathrm{B}, \mathrm{S}$ | K>B,J,S | S>B,J,K | S>B, J | S $>\mathrm{B}, \mathrm{K}$ | $S>B$ | B $>\mathrm{J}, \mathrm{S}$ | $\underset{\substack{\mathrm{B}>\mathrm{J}, \mathrm{~K}, \mathrm{~S} \\ \text { S }}}{ }$ | $B>J$ | B $>\mathrm{J}, \mathrm{S}$ |
| TM | $\mathrm{J}>\mathrm{K}$ | $\begin{aligned} & \mathrm{B}>\mathrm{K} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | $J>K, S$ | $\begin{aligned} & \mathrm{B}>\mathrm{S} \\ & \mathrm{~J}>\mathrm{K}, \mathrm{~S} \end{aligned}$ | K>B,J,S | K>B,J,S | K>B,J,S | K>B,J,S | S>B,J,K | S>B, , K | S $>\mathrm{B}, \mathrm{K}$ | S>B,J,K | $B>J$ |  |  |  |

## Patterns of variation in males and females

Plots of mean trabecular properties in VOIs throughout the foot in males and females are presented in Appendix 7.4. Among males, Kerma have the lowest mean BV/TV and $\mathrm{Tb} . \mathrm{Th}$, and the highest $\mathrm{Tb} . \mathrm{Sp}$, while Black Earth and Jebel Moya show the opposite pattern. After correcting for body mass, Kerma have the highest residual $\mathrm{Tb} . \mathrm{Sp}$, Jebel Moya have the lowest mean residual $\mathrm{Tb} . \mathrm{Sp}$, and Black Earth and St. Johns fall in between. Conn.D is highly variable throughout the foot but in general Black Earth have the lowest mean Conn.D and residual Conn.D. Anisotropy varies between VOIs, but Jebel Moya tend to have low average DA and Black Earth tend to have high DA and residual DA.

Patterns throughout the foot in the females are similar to the males, but the relationships between populations differ. The Black Earth females have the highest mean BV/TV and the thickest trabeculae. Jebel Moya have low BV/TV in the calcaneus, medium BV/TV in the first metatarsal, and high BV/TV in the talus. This disparity between bones in Jebel Moya results from the small female sample size and missing VOIs. The Kerma females have medium to high BV/TV and the lowest BV/TV is found in the St. Johns females. Similar between population relationships are found in Tb .Th. In contrast to the males, the female Jebel Moya show a medium level of DA. The Black Earth individuals have the lowest $\mathrm{Tb} . \mathrm{Sp}$ before and after correcting for body mass. The Black Earth have the lowest Conn.D overall and Jebel Moya has low Conn.D in the first metatarsal and talus. St. Johns and Kerma have relatively high Conn.D.

## Discussion

Significant between-population variation in trabecular properties was found using univariate ANOVA and multivariate PCA. The mobile Jebel Moya and Black Earth have greater BV/TV the sedentary Kerma and St. Johns. This greater BV/TV is associated with thicker, less widely spaced, and less interconnected trabecular structures than the sedentary Kerma and St. Johns populations. Trabecular bone stiffness is largely determined by BV/TV (Rincón-Kohli and Zysset, 2009; Maquer et al., 2015). Jebel Moya and Black Earth tend to have significantly less interconnected trabecular structures, particularly in the first metatarsal and the talus. The mobile Jebel Moya and Black Earth also show significantly more close-packed structures than the sedentary populations, indicated by lower $\mathrm{Tb} . \mathrm{Sp}$ before and after body mass corrections. There were no consistent between-group differences in the degree of anisotropy. However, DA was significantly higher in Black Earth in several VOIs throughout the three bones, while Jebel Moya tended to have somewhat lower average DA. In all principal components analysis the largest variance was accounted for by BV/TV and variables correlated to BV/TV, most notably $\mathrm{Tb} . \mathrm{Th}$ and Tb .Sp. Most PCAs resulted in significant clustering of the mobile populations on the side of PC1 associated with greater BV/TV. Thus, the largest variance in this sample of four human populations corresponds to variation which clusters groups based on levels of mobility. These findings support the predictions based upon the assumption that variation in mechanical loading, and thus terrestrial mobility, is the main factor underlying between-population variation in trabecular bone structure.

Saers et al. (2016) studied three human groups classified as mobile, intermediate, and sedentary. They found significant differences in BV/TV between the three populations throughout the lower limb. This result suggested that trabecular bone might reflect subtle differences in mobility levels in archaeological populations. Based on archaeological data, the populations used in the current analysis could not be classified into more specific categories than relatively mobile or sedentary. The results fit the predictions in that the mobile populations have significantly higher BV/TV compared to the two sedentary populations. However, any subtle differences in mobility that could not be predicted based on the archaeological evidence, but most likely would have existed, were not found.

BV/TV can be increased by increasing trabecular thickness, number, fusing rods into plates, or a combination of the three. The number of trabeculae is represented by Conn.D which measures the number of connections per unit area. Fusing rods into plates would reduce the number of trabeculae and thus Conn.D, but keep trabecular thickness level because Tb .Th is calculated by fitting a sphere inside the bone until air is reached (Dougherty and Kunzelmann, 2007). Increasing BV/TV by thickening trabeculae is shown to be mechanically the optimal of reducing strain (Ding et al., 2002; Mittra et al., 2005; Cotter et al., 2011; Ryan and Shaw, 2013), as finite element models show lower strains in thicker struts (Doube et al., 2011). Trabeculae thicken in response to loading during ontogeny with larger animals developing thicker trabeculae (Ruimerman et al., 2005; Ryan and Krovitz, 2006; Gosman and Ketcham, 2009; Ryan and Shaw, 2013). However, a negative allometric relationship was found in interspecific analyses between body mass and trabecular thickness, indicating that as body mass increases, trabeculae increase only thicken slightly (Doube et al., 2011; Ryan and Shaw, 2013). This may result from the limited depth at which osteocytes are able to function (Lozupone and Favia, 1990; Mullender and Huiskes, 1995). Thus, the negative allometric relationship may be a compromise between mechanical and metabolic pressures. Changes in Conn.D or plate-rod geometry may be preferred in some cases, however, the factors determining the way in which BV/TV is increased are not understood.

Significant differences are found in Conn.D between different populations. Previous work has shown that with all other variables remaining equal, a change in Conn.D has no effect on bone stiffness (Maquer et al., 2015). However, Conn.D tends to be significantly lower in mobile groups compared to the sedentary groups, particularly the St. Johns, although this result is not found in all VOIs. Presumably the reduction in Conn.D is a side effect of the increased BV/TV in the mobile groups. The thicker rods in the mobile groups may fuse into plates, thereby reducing connectivity per unit volume. The hypothesis is not tested here because recent work has shown that current methods of quantifying rodness and plateness are not suitable for trabecular structures (Salmon et al., 2015). A recently proposed method of quantifying plate-rod geometry called the ellipsoid factor (Doube, 2015) was not used as calculation time for this variable was too high for the large sample used in this study. However, locations throughout the skeleton that exhibit the largest levels of mechanical loading also tend to have plate-like trabecular structures (see qualitative descriptions of trabecular structure in

Chapter 2). The formation of plates may be a consequence of the maximum thickness of trabeculae. The significant differences in trabecular spacing between mobile and sedentary groups are also presumably a side-effect of the increase in trabecular thickness which reduces the average space between trabeculae. Relationships were found in this thesis between Conn.D and bone dimensions, body mass, sex, age, and terrestrial mobility. Thus, Conn.D is a complex variable that should be interpreted with care.

Result reported in Chapter 6 show there are significant differences in trabecular structure between individuals belonging to different age categories. Because of the large number of individuals who could not be aged, it was not feasible to include age category as a covariate in the models used in this chapter. However, age category could be inferred for most of the individuals from the mobile Black Earth and sedentary St. Johns samples. Differences were assessed between Black Earth and St. Johns while controlling for both body mass and age category and reported in Appendix 7.5. After correcting for the effects of age and body mass the mobile Black Earth still show more robust trabecular structures consisting of significantly greater BV/TV and Tb.Th, and relatively low Conn.D. Age category was found not to significantly affect the analysis when included as a covariate. This finding provides greater confidence in the results obtained from the analyses in this current chapter where age category was not included as a covariate.

Using multivariate principal components analysis, groups were separated on PC1 with two clusters based on variables strongly correlated to mechanical loading. In all PCAs, PC1 correlated strongly with $\mathrm{BV} / \mathrm{TV}$, $\mathrm{Tb} . \mathrm{Th}$, and $\mathrm{Tb} . \mathrm{Sp}$, and sometimes with Conn.D. PC1 is interpreted as the variation related to bone stiffness (BV/TV), and the contributions of other variables to BV/TV. PC2 to 5 do not separate populations based on inferred terrestrial mobility levels and thus may be regarded as reflecting variance in trabecular structure unrelated to BV/TV and thus unrelated to loading. If the variance explained by PC2 to 5 is unrelated to levels of terrestrial mobility, how should significant population differences in these components be interpreted? In most VOIs as well as in the pooled VOI PCA's, PC2 correlated with the variance in $\mathrm{Tb} . \mathrm{Sp}$, Conn.D and DA that was not correlated to BV/TV. Clusters form in 10 out of 17 individual VOIs and in the pooled PCA's with Kerma and Black Earth on one side and Jebel Moya and St. Johns on the other. Thus, these clusters are formed by combinations of mobile and sedentary populations as well as populations from different environments. Neither differences in climate, activity, or genetic distance explain the clusters on PC2. The clustering is driven by high DA and low Conn.D, which in Chapter 6 was shown to be associated with old age. Regressions between age category and PC2 are significant in 11 out of 17 VOIs, but not when VOIs were pooled for each bone (Table 7.8). When regressions were significant Black Earth and Kerma clustered on one side while Jebel Moya and St. Johns clustered on the other side. Table 7.8. suggests that between 0 and $30 \%$ of PC2 can be explained by age in different VOIs. The number of individuals with known age categories differed per VOI, and differences in sample composition and size likely
underlie variation in significance and size of coefficients of determination between VOIs presented in Table 7.8.

Table 7.8. Regressions between age and PC2 in different PCAs. + indicates a significant positive slope, - indicates a significant negative slope. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| Bone | VOI | N | $\mathbf{R}^{2}$ | $\boldsymbol{P}$ | slope |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Calcaneus | pooled | 27 | . 15 | . 048 | - |
|  | AT | 41 | . 04 | . 240 |  |
|  | CC | 37 | . 30 | <. 001 | - |
|  | CT | 40 | . 00 | . 795 |  |
|  | PA | 36 | . 18 | . 009 | + |
|  | PC | 39 | . 31 | <.001 | - |
|  | PP | 37 | . 12 | . 032 | + |
|  | PL | 34 | . 04 | . 233 |  |
| MT1 | pooled | 29 | . 05 | . 243 |  |
|  | BD | 33 | . 12 | . 045 | + |
|  | BP | 35 | . 00 | . 922 |  |
|  | HD | 39 | . 08 | . 080 | - |
|  | HP | 33 | . 06 | . 174 |  |
| Talus | pooled | 25 | . 30 | . 004 | - |
|  | ACF | 35 | . 11 | . 056 | + |
|  | PCF | 32 | . 20 | . 011 | - |
|  | TH | 33 | . 18 | . 013 | + |
|  | TC | 35 | . 12 | . 040 | - |
|  | TM | 34 | . 11 | . 057 | - |
|  | TL | 33 | . 24 | . 003 | + |

In most VOIs PC3 correlates strongly to DA as well as Tb.Sp and Conn.D. The contributions of these variables differ between VOIs and thus reflect local rather than systemic variation. Kerma and Jebel Moya tend to cluster on PC3 in individual and well as pooled PCA's, although the differences are usually not significant. This clustering results largely from between-population variation in DA with lower DA in the North African populations. However, a causative mechanism behind the observed clustering on PC3 is not obvious. The clustering of North African populations on PC3 indicates a potential genetic or environmental effect. However, a larger and more diverse sample of human populations would be required to test this hypothesis.

In the univariate analyses $\mathrm{BV} / \mathrm{TV}$ and Tb .Th show very similar patterns across VOIs in all populations, with a signal of terrestrial mobility superimposed upon it. The regions that were predicted to receive the greatest levels of mechanical loading during gait were found to contain highest BV/TV. Tb.Sp also shows very consistent patterns throughout the foot, but the differences between populations are less strong. Conn.D, and DA also show similar patterns throughout the foot between populations, but there was greater local variation between VOIs and populations. As predicted, Conn.D and Tb. Sp were in general lower in the more mobile populations. However, the between population differences were less strong in these variables than in $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$.

Local variation in DA in certain VOIs merits some closer inspection. It was predicted that greater terrestrial mobility should not necessarily lead to predictable group differences in anisotropy. Significantly greater DA was found in the Black Earth population in the calcaneus, talus, and first metatarsal. The fact that this is observed in VOIs throughout the different foot bones indicates that it is unlikely that this is a result of VOI placement errors. Significant sexual dimorphism was found in DA in the previous chapter with males having greater DA in all significant cases. However, fewer significant differences were found after accounting for body mass. The effects of body mass can be excluded because the Black Earth have significantly greater residual DA as well as raw DA, despite having low body mass. Saers et al. (2016) did not find exceptionally high DA in the lower limbs of the Black Earth population relative to Kerma or Norris Farms, indicating that this may be a phenomenon specific to the foot. Experimental work where mobility levels were manipulated have not shown adaptation in the degree of fabric anisotropy to differential levels of loading (Barak et al., 2011). Potential factors which may underlie this significant variation in trabecular structure are differences in terrain, subsistence behaviour, footwear, genetics, or external bone morphology affecting internal structure.

Variation in anisotropy is usually interpreted as resulting from variation in loading direction with high anisotropy indicating less variation in loading direction (Barak et al., 2013; Saers et al., 2016). If the observed variation in DA between populations is related to loading directionality, then St. Johns and Jebel Moya should be subjected to greater variation in loading of the foot. Recent research has demonstrated significant differences in gait biomechanics between habitually shod and unshod individuals, most notably during running (Lieberman et al., 2010; Hatala et al., 2013). In an analysis comparing the gait of habitually shod versus unshod endurance runners, Lieberman et al. (2010) found that shod runners most frequently use rear foot strikes, whereas habitually unshod runners often use a forefoot strike or midfoot strike when running. The reason that shod individuals use heel strikes is that they have shoes that are designed to make heel strikes more comfortable. They report that rear-foot strike causes a large transient force in shod runners and even larger in the unshod runners. Forefoot strike on the other hand produces no transient, resulting in a smoother application of force. They found that at similar speeds, the magnitudes of peak vertical force during the impact period are three times lower in the barefoot forefoot strikers than the shod rear-foot strikers. These significant differences between shod and unshod locomotion may result in significantly different stress distributions throughout the foot during gait, and in turn affect trabecular architecture. In a study comparing the trabecular architecture of the first and second metatarsal heads between chimpanzees and humans Griffin and colleagues (2010 b) used a human sample consisting of both shod and unshod individuals. The authors tested for differences between the groups but found no significant differences in BV/TV and DA. However, sample sizes were small ( n shod $=3$, n unshod $=10$ ). The presence or type of footwear used by populations included in this study are not known. However, Willems et al. (2017) demonstrate that walking using traditional South Indian Kolhapuri footwear only subtly alters foot
biomechanics compared to unshod individuals. They note that the footwear offers protection from the substrate but walking resembles barefoot gait. Therefore, the presence of traditional footwear may not be very different from unshod gait. However, one might still expect larger differences in gait between different types of footwear. Kolhapuri footwear is a type of sandal and gait might be more different in populations habitually using slippers instead. An investigation of archaeological populations with known footwear would be an interesting avenue of research. High resolution pQCT analysis comparing shod and barefoot runners would be an ideal test of the influence of footwear on trabecular bone structure.

Terrain and substrate affect foot placement, loading, gait, and energetics of locomotion (Voloshina and Ferris, 2013). Populations inhabiting rougher terrain tend to have more robust lower limbs relative to populations inhabiting flatter regions (Ruff, 1999; Pearson et al., 2008; Sparacello and Marchi, 2008; Higgins, 2014). Movement across sloped terrain increases anteroposterior stress on the lower limb while irregular terrain increases mediolateral bending throughout the lower limb (Higgins, 2014). In an analysis of flat, mountain, and mixed terrain species, Higgins (2014) found significantly increased cross-sectional strength in the tibiae of non-flat terrain species. Uneven terrain affects foot posture during gait and presumably affects unshod individuals to greater extent than shod individuals. Thus, populations inhabiting uneven terrain would be expected to experience greater variation in loading direction due to differences in foot posture, with this effect being greater in unshod versus shod populations. Greater variation in loading directions would be expected to result in more isotropic structures. Similar variation may be expected as a result of terrain moisture and texture (e.g. sandy versus rocky desert). Differences in subsistence behaviour may affect placement of the feet in similar ways as terrain would. Little variation in terrain ruggedness is present in populations included in this study. Examining trabecular structure in the lower limb and foot of animals or human populations inhabiting different terrain would be an interesting avenue for future research.

Genetics may affect the anisotropy of a trabecular structure through variation in growth plate function or placement (Lovejoy et al., 2003). Another possibility might be that variation in external bone shape affects the way in which forces are distributed through a bone. Currently there is no literature on this topic. Partial Pearson correlations correcting for body mass show no significant correlations between DA and measures of bone shape (PTF shape, tuber shape, MT1 head and base shape, trochlea shape, PCF shape, talar head shape). However, these are very crude ratios of limited aspects of variation in bone shape. Finite element analysis could be performed in the future to model stress distributions throughout differently shaped bones to assess the effects of external shape on internal trabecular morphology. It may also be worth combining geometric morphometrics of external bone shape with the analysis of trabecular structure to further elucidate the integration of external morphology and internal trabecular architecture.

The dietary shift towards cultivated grains in agriculturalists is associated with reduced calcium intake in some populations (Eaton and Nelson, 1991; Heaney, 2003). Stable isotope, archaeobotanical, and
zoological data point towards a broad diet consumed by the inhabitants of Kerma, including sheep, goats, cattle, aquatic resources, legumes, and cereals (Bonnet, 1986; Thompson et al., 2008). The Black Earth foragers subsisted on a diverse diet of large and small mammals, birds, fish, and seasonally available plant resources (Jefferies and Lynch, 1983). Hutton-Macdonald (1999) reports that 5 out of 2411 Jebel Moya teeth had caries $(0.2 \%)$. She showed that the Jebel Moya sample did not exhibit the high levels of dental disease which are commonly known from peoples who cultivate grains. This is interpreted as likely being indicative of a non-cultivating, non-high carbohydrate consuming population (Hutton Macdonald, 1999). Calculus was recorded in almost all dentitions of individuals from St. Johns, suggesting a diet rich in carbohydrates, presumably cereals, combined with poor oral hygiene (Cessford, 2015). In addition to the mobility differences, these dietary factors could have contributed to a reduction in bone mass in the agriculturalists compared to foragers and pastoralists. The relative contributions of the mechanical, environmental, dietary, and genetic factors to trabecular bone ontogeny are poorly understood and require further investigation (Judex et al., 2004; Wallace et al., 2012). Despite the potential effects of confounding variables, past work suggests habitual activity plays a significant role in determining adult bone stiffness (Ruff et al., 1984; Bridges, 1989; Stock and Pfeiffer, 2001; Shaw and Stock, 2009b, 2013; Ryan and Shaw, 2015; Chirchir et al., 2017; Stieglitz et al., 2017).

## Conclusion

A strong relationship is reported between categories of terrestrial mobility and trabecular bone morphology in the calcaneus, talus, and first metatarsal of human populations. Patterns of variation in trabecular properties throughout the 17 volumes of interest of the foot are similar between populations, with a morphological signature of mobility superimposed upon them. Mobile populations have higher bone volume fraction with thicker, more closely packed, and less interconnected trabecular structures throughout the foot. DA shows no relationship with relative mobility level, but it is suggested that variation in DA may relate to differences in subsistence activities, terrain, footwear, or genetics. Trabecular structure does not discriminate these four populations based on genetic distance or differences in environment. The results from this chapter provides support for recent work suggesting that trabecular bone structure may be used to infer habitual behaviour in past populations (Ryan and Shaw, 2015; Saers et al., 2016; Scherf et al., 2016; Chirchir et al., 2017).

A greater understanding of intraspecific variation and adaptive constraints on trabecular bone are needed to provide a context in which to interpret fossil hominin morphology. The results from this chapter provide an initial step in this direction by providing data on trabecular bone variation in the human foot in multiple populations. Comparisons of structural variation throughout the foot should be performed with a more diverse sample of human populations and nonhuman primates, to tease out potential effects of climate, terrain, diet, and genetic distance. By carefully selecting samples, a better understanding of the range of variation among human populations and the environmental and behavioural conditions under which trabecular bone structure varies can be obtained.

## Chapter 8 - Ontogeny of trabecular bone in the human calcaneus

## Introduction

Fossil bones are both useful for making functional and phylogenetic inferences and challenging to interpret. Bones have various mechanical and metabolic functions and can be highly canalized as well as responsive to mechanical loading and environmental factors (Lieberman, 1997; Carter and Beaupré, 2001; Currey, 2002). Comparisons of adult bone structure can therefore be misleading when the growth and development of its features is not understood. Adult bone morphology is influenced by a combination of genetic and epigenetic factors throughout ontogeny (Carter and Beaupré, 2001). Mechanical loading is essential for normal skeletal growth, starting with prenatal muscle contractions and continuing throughout life (Carter and Beaupré, 2001; Pitsillides, 2006; Rot et al., 2014). The ability of trabecular bone to reflect habitual loading patterns has been demonstrated experimentally (Barak et al., 2011), but human trabecular bone ontogeny is not thoroughly studied (Ryan and Krovitz, 2006; Cunningham and Black, 2009; Reissis and Abel, 2012; Raichlen et al., 2015; Ryan et al., 2017). Adult trabecular bone structures are the product of structures that are established during ontogeny and modified by biological and mechanical factors during growth (Carter and Beaupré, 2001; Ryan and Krovitz, 2006; Gosman and Ketcham, 2009). The development of bipedal gait represents a natural experiment with which to test hypotheses about locomotor influences on bone development. Data on the interaction between trabecular bone growth and neuromuscular development in humans may enable assessments of hominin life history through study of juvenile fossils (Raichlen et al., 2015). In this chapter, calcaneal trabecular bone structure is quantified in a range of juveniles and interpreted in the context of gait maturation and growth.

## Bone growth

The calcaneus commences ossification prenatally and is one of the few osseous foot bones at birth but one of the last bones to complete fusion at its secondary ossification centre, between 18 and 20 years of age (Scheuer and Black, 2004; Schaefer et al., 2009). This means there is a long period of morphological change in the calcaneus alongside behavioural changes in gait. Ossification occurs through a precise sequence of perichondral and endochondral ossification (Schaefer et al., 2009). At birth, the calcaneus is recognisable as a nodule with a flattened area just distal to the centre of the dorsal surface. Afterwards the bone elongates rapidly, assuming its distinctive shape (Schaefer et al., 2009). The calcaneal epiphysis at the end of the tuber appears between 9 and 12 years of age, but fusion is not completed until the end of puberty (Scheuer and Black, 2004).

Bone growth occurs via the transformation of growth plate cartilage into bone through a series of cell and matrix changes (Byers et al., 2000; Parfitt et al., 2000; Burr and Organ, 2017). The transformation from growth plate cartilage to trabecular bone is similar amongst mammals, indicating a highly regulated process (Frost and Jee, 1994 a; Byers et al., 2000). This process sets up a basic trabecular structure which is later modified through metabolic and mechanical factors. Byers and colleagues
(2000) report that $\mathrm{BV} / \mathrm{TV}$ and Tb .Th increased with age while the number of trabeculae decreased from birth to adulthood in human ribs. The authors noted that trabecular structure changed most rapidly during the first year of life. Frost and Jee (1994 b) argue that the effects of mechanical usage during this period of rapid bone growth explain many of the features observed during the ossification process. They propose a model which states that mechanical strain is the controlling mechanism for endochondral ossification, in which the underloaded elements of the dense bone structure during the first years of life are removed and bone is added in strained areas, resulting in a mechanically adapted state (Frost and Jee, 1994 b). This model correctly predicts observations of bone loss at early stages of ontogeny, and explains it as the result of the removal of redundant material based on lack of mechanical strain. Most work on trabecular bone ontogeny has been performed on a range of nonhuman mammal species (Nafei et al., 2000; Tanck et al., 2001; Wolschrijn and Weijs, 2004; Gorissen et al., 2016). In a study of pig vertebrae and tibiae, Tanck and colleagues (2001) found that BV/TV and anisotropy increase with age and body mass, with a time-lag between increases in bone mass and anisotropy. They argue that bone mass is added first, and subsequently refined into an efficiently oriented structure. This process was also found in two studies of human trabecular ontogeny in the tibia and femur (Ryan and Krovitz, 2006; Gosman and Ketcham, 2009). At birth, trabecular architecture in the long bone epiphyses is dense and constructed of numerous small anisotropic trabeculae. During the first year of life, BV/TV, anisotropy, and trabecular number decrease. Trabecular bone is subsequently reorganized into fewer, thicker, and more complexly organized systems of trabeculae (Ryan and Krovitz, 2006; Gosman and Ketcham, 2009). The results from studies on humans and other animals suggest a similarity in the developmental process of trabecular bone across species and anatomical sites. Primary trabecular bone is deposited in a uniform way: dense and uniformly oriented. However, these initial morphologies then appear to remodel rapidly under the influence of mechanical loading.

Ryan et al. (2015) found largely similar patterns of trabecular development in the humerus, femur and tibia until the age of 4 with significant divergence in BV/TV between the proximal humerus and the proximal femur after this age. The proximal femur obtained significantly greater BV/TV compared to the other anatomical regions. This work demonstrates that all VOIs started with high BV/TV which was lost throughout the first year of life, followed by an increase in BV/TV. Trabecular thickness and separation increase from birth until adulthood in all VOIs. Conn.D starts out very high at birth, rapidly decreases within the first year of life, and steadily decreases throughout life from 1-2 years of age (Ryan et al., 2015). Gosman (2007) found changes in relative BV/TV in the posterior tibial condyles corresponding to the development of the femoral bicondylar angle. Similarities are found between the development of trabecular and cortical bone in humans, with a rapid increase in femoral relative to humeral trabecular and cortical bone rigidity as bipedal locomotion begins to develop (Ruff, 2003; Ryan et al., 2017). This pattern contrasts with the patterns of growth found in quadrupedal baboons where the humerus and femur are relatively equal throughout development (Ruff, 2003).

While few studies of prenatal development of trabecular structure exist, they can show how bones develop in the absence of gravitational loading. An increase in BV/TV was reported between weeks 16 and 24 in human foetal vertebrae (Nuzzo et al., 2003), and in weeks 16 to 41 in the proximal femur (Salle et al., 2002). However, Reissis and Abel (2012) found no increase in BV/TV throughout foetal development in the proximal femur and humerus. The three studies on foetal trabecular development have found a steady increase in trabecular thickness during prenatal growth. McColl et al. (2006) reported that the oldest bone in foetuses contained thicker struts than more recently formed bone. No sexual dimorphism has been found in foetal trabecular bone (McColl et al., 2006; Reissis and Abel, 2012). This small set of studies suggest very similar development of trabecular structures throughout the human foetal skeleton (Reissis and Abel, 2012). Trabeculae are laid down in thin and numerous struts, and are modelled into structures consisting of thicker and less numerous trabeculae. No differences in trabecular structure are found between the humeral and femoral metaphysis in preambulatory infants (Reissis and Abel, 2012; Ryan et al., 2017). The trabecular structure of the femur and humerus only diverge after the femur becomes weight-bearing during the acquisition of gait (Ryan et al., 2017).

## Development of gait in human children

The gait of children differs substantially from that of adults (Levine et al., 2012). Children have a wider walking base, smaller stride lengths and lower walking speeds. The gait of young children does not include a heel strike or toe-off, and they contact the ground with a flat foot and an extended knee (Figure 8.1).


Figure 8.1. Gait in a child of 1 (left) and 4 (right) years old (from: Sutherland et al., 1988).
Independent walking starts roughly between 10 and 17 months, and at this point an infant is able to propel itself forward unassisted (Zeininger, 2013). At one year of age the tibialis anterior is too weak to dorsiflex the foot during swing, resulting in a plantigrade foot at touchdown (Rose and Gamble, 2006). One year olds are also unable to create enough torque at the ankle to propel themselves forward
into swing (Hallemans et al., 2005, 2006). Instead of a propulsive toe-off, the plantigrade foot is lifted at the end of stance. Plantigrady increases the base of support for the foot and may be an important feature in young children for balance control (Hallemans et al., 2006). The lateral-to-medial transfer of the centre of pressure characteristic of adult gait develops around 18 months of age (Bertsch et al., 2004). A true heel strike does not occur until 18-24 months on average (Zeininger, 2013). Zeininger (2013) found a significant increase in ground reaction force underneath the calcaneus in children using a heel strike compared to those who did not. By around two years of age the muscles associated with plantarflexion are sufficiently strengthened to propel the foot in a distinctive toe-off phase and most children have adopted the adult pattern of knee flexion and extension (Zeininger, 2013). The longitudinal arch begins to form as soon as walking starts, but the arch does not fully develop until the age of four to six (Bertsch et al., 2004). With increasing longitudinal arch height, peak plantar pressures on the fore- and hindfoot increase while pressure is reduced in the midfoot to adult levels between age five and six (Bertsch et al., 2004; Zeininger, 2013). By age four central nervous maturation approaches adult levels, after which gait differences between adults and juveniles come down largely to allometry (Sutherland, 1997). However, patterns of muscle activation do not fully resemble those of adults until the child reaches roughly 15 years of age (Sutherland et al., 1980; Sutherland, 1997). The walking base is about $70 \%$ of hip width at the age of one, it reaches about $45 \%$ at age three to four, and reaches adult proportions of around $30 \%$ around age seven (Levine et al., 2012).

## Linking the development of gait to trabecular structure

Some authors have argued that trabecular morphology is highly canalized throughout ontogeny based on the placement of mesenchymal cells (Lovejoy et al., 2003; Cunningham and Black, 2009; Gorissen et al., 2016). Some support for this claim is provided by Skedros and colleagues (Skedros et al., 2004, 2007) who found adult tensile bands present in utero in the calcaneal tuber of mule deer. However, prenatal muscle contractions are essential for healthy bone development (Carter and Beaupré, 2001; Pitsillides, 2006; Rot et al., 2014). As deer's muscles must also be strong enough for locomotion at birth, therefore, muscle contractions in utero may be a plausible alternative explanation for the adult morphology in foetal deer. Strong canalization of adult trabecular morphology does not hold up against the body of literature demonstrating trabecular bone's adaptability to mechanical loading, at least in the appendicular skeleton (Tardieu, 1999; Pontzer et al., 2006; Tardieu et al., 2006, 2015; Chang et al., 2008; Barak et al., 2011; Mitchell et al., 2015; Ryan et al., 2017).

Human adult calcaneal trabecular structure consists of three distinctive systems with a triangular zone of low-density in the centre (Chapter 2). Compressive trajectories extend posteriorly and anteriorly along the superior half of the calcaneus and tensile trajectories extend along the inferior half (Giddings et al., 2000). In this chapter, trabecular bone ontogeny will be examined by sampling the three main trabecular systems in relation to maturation of gait and body mass. All muscles and ligaments have formed in utero (Carter and Beaupré 2001), but the prenatally ossified part of the calcaneus is
surrounded by relatively thick cartilage during early growth. The presence of cartilage presumably reduces stress on the ossified parts of the calcaneus by spreading out the mechanical stresses before they reach the bone. VOI locations for this study are constrained by the fact that their respective locations must be ossified by the time bipedal walking starts to test hypotheses on the effects of gait maturation.

## VOI placement

Trabecular bone properties are calculated in three VOIs located under the posterior talar facet (PTF), the calcaneocuboid facet (CC), and superior to the plantar Ligaments (PL) (Figure 8.2). These volumes of interest are chosen because these regions of the calcaneus ossify within the first year of life and can thus represent bone growth from the moment that gait develops. VOIs were standardized as $17 \%$ of maximum anteroposterior length of the ossified parts of the calcaneus in individuals below 6 years of age, and $13 \%$ of maximum calcaneal length in older individuals. Calcaneal length is chosen to standardize VOIs because it correlates strongly femoral head breadth throughout ontogeny in great apes $\left(R^{2}=0.96\right.$, Dunsworth, 2006), and therefore correlates with bone size as well as body mass. The chosen VOI sizes guarantee that more than three trabecular lengths are present within each VOI, fulfilling the continuum assumption (Harrigan et al., 1988). These volumes are approximately anatomically homologous across all individuals in this study, and provide insight into trabecular bone structure at different stages of development.


Figure 8.2. VOI locations in calcanei of individuals at different stages of development. $1 \pm 1$ months (A), $12 \pm 4$ months ( $B$ ), 10 years (C), adult (D). VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

## Hypotheses

Previous work on trabecular bone ontogeny has suggested that changes in mechanical loading influences trabecular structure during growth (Ryan and Krovitz, 2006; Gosman and Ketcham, 2009; Zeininger, 2013; Raichlen et al., 2015; Milovanovic et al., 2017; Ryan et al., 2017). The complex developmental sequence of gait acquisition in humans allows the correspondence between changes in mechanical loading and trabecular development to be examined. The following predictions should be followed if trabecular bone development is shaped to a significant extent by mechanical loading associated with the acquisition of adult human gait and increases in body mass.

Neonate: ( $0-1$ years). Bone is laid down in similar ways across mammalian species. Newly ossified trabecular bone is characterized by a dense and anisotropic structure consisting of many thin struts, radiating from an ossification centre inside the cartilage (high BV/TV, DA, Conn.D, and low Tb.Th) (Wolschrijn and Weijs, 2004; Ryan et al., 2017). Trabecular structure in the ossified calcaneal sphere should be isotropic as a whole, but with trabeculae radiating anisotropically from the ossification centre. The trabecular bone is predicted to be resorbed in the first year of life due to lack of mechanical loading, resulting in a decline BV/TV and Conn.D, and an increase in Tb.Sp. Average trabecular thickness increases prenatally in the absence of mechanical loading and is therefore expected to increase at the same rate in the first year after birth. As the child starts crawling/standing bone will be deposited in strained areas. This is expected to affect the compressive calcaneocuboid (CC) and posterior talar facet (PTF) more than the plantar ligament VOI (PL) as tension in this region is not as expected to be very high until toe-off starts. Thus, if BV/TV starts increasing at the end of the first year of life, it is predicted to increase more on the compressive PTF and CC VOIs than in the tensile PL VOI.

Young infant (1-2 years). Children start to walk between 10 and 17 months of age. This new mechanical stimulation combined with increases in body size is predicted to initiate reorganization of the trabecular architecture. Redundant trabeculae are expected to be removed, further lowering Conn.D, and highly strained areas are expected to demonstrate an increase in BV/TV through thickening of existing trabecular struts. Trabeculae are predicted to start adapting to the complex loading patterns associated with bipedal walking and are thus expected to vary regionally in volume fraction and directionality. Finite element models predict higher compressive loading in adults during standing in the PTF compared to the CC and PL VOIs (Giddings et al., 2000; Gefen and Seliktar, 2004). Thus, it is predicted that the PTF VOI will experience a greater increase in BV/TV than the CC and PL VOI after the child starts walking. Heel strike develops at roughly $18-24$ months of age (Zeininger, 2013). Heel strike is expected to be difficult to detect in trabecular structure because the part of the heel that strikes the ground is made of cartilage at the point the heel strike phase of gait develops. The transient force produced by heel strike may increase BV/TV under the posterior talar facet. Before 2 years of age infants still lack a toe-off phase, it is thus expected that the tensile bands
measured by the VOI will see a lesser increase in BV/TV and Tb.Th compared to the CC and PTF VOIs.

Infant (2-7 years). The development of the toe-off phase around 2 years of age increases tension on the plantar side of the calcaneus and compression on the calcaneocuboid joint and posterior talar facet. Force for toe-off is provided largely by the triceps surae muscles attached to the Achilles tendon. The Achilles tendon is attached posteriorly to the calcaneal tuber near the secondary ossification centre which does not fuse until the end of puberty (Scheuer and Black, 2004). However, toe-off also increases tension in the plantar fascia and plantar ligaments of the calcaneus (Giddings et al., 2000; Gefen and Seliktar, 2004). The presence of increased tensile strain associated with the addition of the toe-off phase can be tested by examining the appearance of this tensile band of trabeculae. Toe-off is the most strenuous phase of gait and all VOIs are predicted to experience greater loading than before. Trabecular structure is predicted to remodel in response to these increased loads resulting in increased DA, BV/TV, and Tb.Th and a reduction in Conn.D. Neuromuscular control of the lower limbs approaches adult levels at the age of 4 . Gait gradually matures between the ages of 2 and 7 through a reduction of step width, and increased body size and motor control, resulting in more stereotypical loading from increasingly more predictable directions. This should increase DA in all VOIs along with increases in BV/TV, Tb.Sp and Tb.Th, and reductions in Conn.D related to increased body mass (Raichlen et al., 2015).

Child (7-12 years). Changes in trabecular morphology after age 7 are predicted to be the product of changes in body size and proportions. Thus, changes in trabecular structure after the age of 7 years should be primarily predictable from allometry. In Chapter 4 a significant positive regression was found between body mass and DA in both sexes and all four populations in the plantar ligaments. Thus, DA is predicted to increase with body mass and age in the plantar ligament VOI but not in the CC or PTF. A slight increase in BV/TV and Tb .Th, and a decrease in Conn.D and $\mathrm{Tb} . \mathrm{Sp}$ would be predicted based on allometric relationships previously noted in the literature (Doube et al., 2011; Fajardo et al., 2013; Ryan and Shaw, 2013).

Adolescent (12-20 years). Body mass and bone deposition increase rapidly during the pubertal growth spurt and individuals would be expected to start participation in adult activities. Trabecular properties are predicted to follow allometric scaling patterns as gait does not differ from adults. As BV/TV scales with slight positive allometry (Ryan and Shaw, 2013), this is expected to lead to slightly increased $\mathrm{BV} / \mathrm{TV}$. Tb.Th and $\mathrm{Tb} . \mathrm{Sp}$ are predicted to increase while Conn.D decreases. DA is not predicted to change as gait patterns no longer change in the calcaneocuboid and posterior talar facet VOIs. However, DA is predicted to increase in the plantar ligaments following findings from Chapter 4 where a positive relationship was found between body mass and DA.

## Materials and Methods

Two skeletal populations are examined: Norris Farms (1300 AD, USA, n=14, aged 0 to 5 years) and St. Johns (1200-1500AD, UK, $\mathrm{n}=8$, aged 8 to 20 years). The Norris Farms were scanned using an ONMI-X HD600 High-Resolution X-ray computed tomography (HRCT) scanner at the Center for Quantitative Imaging (CQI), Pennsylvania State University (Ryan and Krovitz, 2006). The St. Johns were scanned using an identical protocol with a Nikon XTH 225 ST HRCT laboratory scanning system at the Cambridge Biotomography Centre, University of Cambridge. The St. Johns were scanned using optimised energy settings ( $125 \mathrm{kV}, 135 \mu \mathrm{~A}, 1080$ views), and the Norris Farms and Black Earth scans were made using source energy settings $180 \mathrm{kV}, 110 \mu \mathrm{~A}$, and between 2800 and 4800 views.

Individuals younger than 5 and older than 8 belong to separate populations, scanned with different scanners, at different resolutions. The St. Johns population showed strong similarities in trabecular architecture to the Kerma population in Chapter 7. Saers et al. (2016) compared the Norris Farms population to the Kerma and found that Norris Farms have significantly higher BV/TV and Tb.Th in the lower limb than the sedentary Kerma population. It is therefore expected that the Norris Farms population would have significantly greater calcaneal $\mathrm{BV} / \mathrm{TV}$ and $\mathrm{Tb} . \mathrm{Th}$, and lower $\mathrm{Tb} . \mathrm{Sp}$ and Conn.D compared to St. Johns. It is not known when these differences in trabecular properties appear during ontogeny. However, based on these findings it would be expected that either juvenile St. Johns individuals would have greater Tb.Sp and Conn.D, and lower BV/TV and Tb.Th than Norris Farms individuals of similar age. The gap between individuals aged 5 and 8 makes it unclear how the growth curves of the two populations fit together. Therefore, while presented in the same figures, the curves generated in this chapter will be interpreted as two separate entities.

Table 8.1. The sample used in this chapter.

| Individual | Population | Age estimate <br> (years) | Age range <br> (years) | Body mass <br> (kg) |
| :--- | :--- | :--- | :--- | :--- |
| NF-821218 | Norris Farms | 0.17 | $0-0.35$ |  |
| NF-821029 | Norris Farms | 0.17 | $0-0.35$ |  |
| NF-821019 | Norris Farms | 0.5 | $0.25-0.75$ |  |
| NF-821051 | Norris Farms | 0.75 | $0.5-1$ |  |
| NF-820614 | Norris Farms | 1 | $0.67-1.33$ | 6.99 |
| NF-821100 | Norris Farms | 1 | $0.67-1.33$ | 6.63 |
| NF-821014 | Norris Farms | 1.5 | $1-2$ | 8.11 |
| NF-821026 | Norris Farms | 2 | $1.33-2.67$ | 8.36 |
| NF-821207 | Norris Farms | 2 | $1.33-2.67$ | 8.63 |
| NF-821113 | Norris Farms | 2.5 | $2-3$ | 10.89 |
| NF-821214 | Norris Farms | 3 | $2-4$ | 9.28 |
| NF-820683 | Norris Farms | 3 | $2-4$ | 12.34 |
| NF-819938 | Norris Farms | 3.25 | $2.5-4$ | 10.86 |
| NF-821012 | Norris Farms | 5 | $4-6$ | 9.73 |
| JDS10-F525-2768---5077 | St. Johns | 8 | $7-9$ | 26.19 |
| JDS10-F354-3171--2201 | St. Johns | 10 | $9-11$ | 28.23 |
| JDS10-F379-3248---2752 | St. Johns | 10 | $9-11$ | 30.58 |
| JDS10-F890-1547---284 | St. Johns | 10 | $8-10$ | 35.80 |
| JDS10-F741-1327---2808 | St. Johns | 11 | $10-12$ | 42.14 |
| JDS10-F944-3393--2354 | St. Johns | 11.5 | $10-13$ | 37.89 |
| JDS10-F390-3267---2292 | St. Johns | 12 | $11-13$ | 41.53 |
| JDS10-F359-3199--2273 | St. Johns | 17 | $15-19$ | 64.33 |
| JDS10-F889-1544---2845 | St. Johns | 17 | $14-20$ | 56.42 |

## Age and body mass estimation

Growth varies within and between populations based on sex, nutrition, disease, season, and numerous other factors (Bogin, 1999). This introduces an amount of uncertainty in the estimation of age-at-death (Scheuer and Black, 2004). Age was estimated by dental eruption and skeletal epiphyseal fusion using fusion times presented in Scheuer and Black (2004). Body mass was estimated using age-specific femoral head diameter equations presented in Ruff (2007). Body mass should therefore be considered rough estimates due to the uncertainty associated with age estimations. Age-at-death and body mass estimates for the Norris Farms juveniles were determined by Milner and Smith (1990). Age-at-death estimations often result in a range of ages. When plotting trabecular properties against age the mean of
the age range is chosen. It should thus be kept in mind that these age in fact reflect the mean value of a potential age range.

## Statistics

All variables except for Tb .Th have a nonlinear relationship with age and body mass, so no linear models can be fitted to this data. Instead spearman correlations are used whenever data is monotonic. Only DA in the PTF and CC violates the monotony assumption. In this case, no correlations are performed. Locally weighted polynomial regressions (LOESS) with a smoothing parameter of 0.8 were used to plot the trabecular bone properties to age and body mass estimates using R 3.3.1.

## Resolution dependency

The three youngest Norris Farms juveniles are scanned at a resolution of $12 \mu \mathrm{~m}$ and the other Norris Farms juveniles are scanned at $26 \mu \mathrm{~m}$. All St. Johns individuals were scanned using a different scanner at a resolution of $47 \mu \mathrm{~m}$. Following the method used by Ryan and Shaw (2012) resolutions were artificially reduced in Avizo 6.3 using the resample module with a Lanczos filter. VOIs were downsampled to lower resolutions from 12 to $19,26,33,40$, and $47 \mu \mathrm{~m}$. Least squares linear regression analysis was run for each variable to test for significant influences of resolution on trabecular properties. Statistically significant results were not found in the juveniles that were scanned at resolutions of $26 \mu \mathrm{~m}$. In the three individuals that were scanned at $12 \mu \mathrm{~m}$ a significant relationship was found between voxel dimensions and Tb.Th (ANOVA: $\mathrm{df}=1,16, \mathrm{~F}=75.426, \mathrm{p}<.001$ ) and Conn.D (ANOVA: $\mathrm{df}=1,4, \mathrm{~F}=72.925, \mathrm{p}=.001$ ) (Figure 8.3).


Figure 8.3. Relationships between voxel dimensions ( $\mu \mathrm{m}$ ) and Tb.Th (mm) and Conn.D ( $\mathrm{mm}^{-3}$ ) in Norris Farms juveniles.

Small trabeculae are blurred out at higher resolutions, resulting in a decrease in Conn.D and an increase in Tb.Th. However, the differences between scans at 12 and $26 \mu \mathrm{~m}$ are slight and are not significant in a one-way ANOVA. Thus, all Norris Farms juveniles are comparable to each other without requiring corrections for resolution dependency. The thicker and less interconnected trabeculae found in older individuals are unlikely to result from resolution effects, and most likely reflect reality. However, these results do show that higher resolutions cannot accurately pick up small
trabeculae. It is possible that Conn.D is underestimated and Tb .Th overestimated in the lower resolution scans if very thin trabeculae are present. Visual examination of lower resolution VOIs does not indicate that small trabeculae are missed. It is therefore deemed unnecessary to correct for possible effects of scan resolution in this chapter.

## Results

## Qualitative description of calcaneal trabecular ontogeny

The central part of the calcaneus has commenced ossification at birth, but the calcaneal tuber and the dorsal and anterior articular surfaces still consist of cartilage. The cartilage ossifies in all directions from the spherical ossification centre except anterodorsally where the cortex is already reached at birth. For each age category sagittal cross-sections through juvenile calcanei will be presented in each figure as a two-dimensional orthoslices and a cross-section through a three-dimensional volume rendering.

In individuals aged between $0-2$ months $(\mathrm{n}=2$ ) trabecular bone structure is highly isotropic with trabeculae radiating anisotropically from a central area (Figure 8.4). The centre consists of thicker, more widely spaced and fewer trabeculae than the peripheral areas, suggesting that the older trabeculae in the centre have modelled into thicker, more widely spaced structures relative to the younger peripheral bone (Reissis and Abel, 2012; Ryan et al., 2017). Thick trabeculae are also found dorsally in the calcaneus near the depression just anterior to the posterior talar facet. No evidence is found for the organization into the three distinctive bands of trabeculae that are found in adults.


Figure 8.4. Sagittal cross-section of calcanei of two 0-2 months old. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

In an individual aged between 3-9 months $(\mathrm{n}=1)$ the calcaneus is elongated anteriorly and no longer resembles a sphere in sagittal cross section (Figure 8.5). Trabeculae no longer radiate from a single centre but are organized less regularly. A central low-density zone is present and denser regions are found in the calcaneocuboid and posterior talar facet. The plantar side of the calcaneus is very low in trabecular bone on the lateral side but denser on the medial side. There are signs of the compressive
bands being formed being formed at the calcaneocuboid and posterior talar facet. Some trabeculae are also organized in the direction of tensile stress from the plantar ligaments. The trabeculae are longest and thickest around the low-density centre and appear more isotropic in the anterior and posterior portions. The bone is still expanding anteriorly and posteriorly.


Figure 8.5. Sagittal cross-section of a 3-9 months old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

In one individual aged 6-12 months $(\mathrm{n}=1)$ the calcaneus is elongated posteriorly (Figure 8.6). Compressive bands are visible running from the posterior talar facet to the inferior posterior portion. Compressive bands are also visible on the dorsal portion of the calcaneocuboid joint. The thickest bands are found around to the low-density zone. A small tensile band of trabeculae near the plantar ligaments is found posterior to the low-density zone.


Figure 8.6. Sagittal cross-section of a 6-12 months old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

In individuals aged $8-16$ months $(\mathrm{n}=2$ ) the plantar tensile band is expanding (Figure 8.7). Trabeculae in the cuboid and posterior talar facet regions are oriented in the directions from which they are loaded.


Figure 8.7. Sagittal cross-section of an 8-16 months old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

At the age of 12-24 months ( $\mathrm{n}=1$ ) the calcaneus increasingly resembles the adult form externally and internally (Figure 8.8). Compressive bands are present dorsally and on the plantar side tensile bands have clearly formed. The tensile bands start from about $3 / 4$ anteriorly on the medial side of the plantar surface at the plantar ligament insertion.


Figure 8.8. Sagittal cross-section of a 12-24 months old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

In two individuals aged 16-32 months ( $\mathrm{n}=2$ ) similar patterns are observed as in the 12-24-month-old individual (Figure 8.9). Tensile bands found but not as strongly present as in older individuals. Platelike trabeculae are appearing in the posterior talar facet.


Figure 8.9. Sagittal cross-sections in two 16-32 months old individuals. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

In one individual aged 24-36 months more trabeculae are found compared to younger individuals (Figure 8.10). The tensile trabecular system near the plantar ligaments is located on the medial side, most likely due to eversion of the foot at toe-off.


Figure 8.10. Sagittal cross-section of a 24-36 months old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

The calcaneal tuber continues to expand posteriorly in three individuals aged 24-48 months ( $\mathrm{n}=3$ ). Plate-like trabeculae begin to appear near the posterior talar facet and the insertion of the plantar ligaments (Figure 8.11).


Figure 8.11. Sagittal cross-sections in two 24-48 months old individuals. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

Plates are formed near the posterior talar facet, calcaneocuboid and plantar ligaments in the individual aged 48-72 months (Figure 8.12). The secondary ossification centre appears around the age of 5, but is not found for this individual (Christman, 2003; Scheuer and Black, 2004). The posterior talar facet and cuboid joint are still not fully ossified. The trabeculae at the plantar ligament insertion continue to thicken in response to the maturation of gait and increases in body mass.


Figure 8.12. Sagittal cross-section of a 48-72 months old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

At 8 years old $(\mathrm{n}=1)$ the calcaneocuboid and talar articulations are fully ossified, but the posterior part of the tuber is still ossifying (Figure 8.13). The calcaneus has increased in size significantly and trabeculae have become thick and plate-like at the plantar ligament insertion and posterior talar facet.


Figure 8.13. Sagittal cross-section of an 8-year-old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

Juveniles aged 10-12 years old ( $\mathrm{n}=6$ ) show similar external and internal morphology to the 8 -year-old (Figure 8.14 and 8.15). The calcaneal tuber has not fused with the secondary ossification centre.


Figure 8.14. Sagittal cross-sections of two 10-year-old individuals. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).


Figure 8.15. Sagittal cross-sections of two 12-year-old individuals. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

Adult morphology is reached and the secondary ossification centre at the posterior tuber is almost fully fused in the two individuals aged 17 years old. The tensile band between the plantar fascia and the Achilles tendon has formed (Figure 8.16). This band was not present in previous categories because the secondary ossification centre is not fused.


Figure 8.16. Sagittal cross-section of a 17-year-old individual. VOIs: Plantar ligaments (PL, green), Calcaneocuboid (CC, red), Posterior talar facet (PTF, blue).

## Quantitative description of calcaneal trabecular growth

Trabecular structure is quantified throughout ontogeny in three volumes of interest (see figures 8.48.16). Trabecular properties are plotted against age (Figure 8.17) and body mass (Figure 8.19).



Figure 8.17. Trabecular bone properties plotted against age in the calcaneocuboid (CC), plantar ligaments (PL), and posterior talar facet (PTF) VOIs.

Trabecular structure in the calcaneocuboid (CC) VOI is very dense but relatively isotropic at birth. Bone volume fraction is reduced in the second half of the first year of life, while $\mathrm{Tb} . \mathrm{Sp}, \mathrm{Tb} . \mathrm{Th}$, and DA increase and Conn.D is sharply reduced. BV/TV remains low until about 4 years of age, and increases after the age of 5 , continuing to rise until adulthood. Anisotropy increases steadily until the age of 5 , but has decreased and remains constant from the age of 8 onwards where it varies around a mean of 0.7. Trabecular thickness increases constantly from birth until adulthood. Trabecular spacing increases from birth until about 3 years of age and varies around a mean of 0.55 until adulthood.

Trabecular structure in the posterior talar facet (PTF) starts out very dense, strongly interconnected, and isotropic with low trabecular spacing and very thin struts. During the first year of life BV/TV is reduced and remains around .25 until the age of 4 . Between the age of 5 and 8 years BV/TV has increased and remains around .45 from the age of 8 onward. Trabecular thicken gradually throughout ontogeny until adulthood. Connectivity density decreases quickly after birth and then continues in a gentle decline until adulthood. Trabecular spacing increases substantially from birth until the age of 5 after which it levels off with individuals varying around a mean value of 0.6.

At birth, trabecular structure in the plantar ligaments (PL) starts out very dense, strongly interconnected, and isotropic with low trabecular separation and very thin struts. In the first year of life BV/TV drops further compared to the other VOIs reaching values as low as .06 between ages 1 and 2 . After the age of 2 years BV/TV increases to about .18 until 5 years of age, and remains around .27 from the age of 8 until adulthood. The increase in trabecular thickness levels off around the age of 12. The Degree of anisotropy steadily increases from .38 at birth to around .7 to .8 after the age of 5 .

Body mass was not estimated for individuals younger than 1 years of age. While body mass and age are highly correlated (Pearson $\mathrm{r}=.965, \mathrm{p}=<.001$ ), the different rates of growth in body mass with age (Figure 8.18) may lead to different patterns with trabecular properties. However, the relationships found between body mass and trabecular properties are identical to the relationships between age and trabecular properties.


Figure 8.18. Growth curves for different body tissues (From Bogin (1999) , p. 73). "Body" indicates growth in total body mass.


Figure 8.19. Trabecular bone properties plotted against body mass in the calcaneocuboid (CC), plantar ligaments $(P L)$, and posterior talar facet (PTF) VOIs.

## Differences between VOIs:

The differences between VOIs can be more easily spotted when variables are plotted in the same figure (Figure 8.20).


Figure 8.20. Trabecular properties plotted against age in the calcaneocuboid (CC), plantar ligaments $(P L)$, and posterior talar facet (PTF) VOIs.

From birth, BV/TV is consistently lower in the plantar ligament VOI compared to both compressive VOIs. Between the ages of 2 and $5 \mathrm{BV} / \mathrm{TV}$ starts to increase again in all VOIs. From the age of 8 onwards a pattern similar to adults has emerged with PTF having the highest BV/TV, followed by CC, and PL having the lowest BV/TV. Thus, somewhere between 5 and 8 years of age the VOIs start to diverge. Unfortunately, no individuals of this age are present in the sample. Trabecular thickness increases steadily from birth until the age of 12 in all VOIs. The degree of anisotropy increases rapidly in all VOIs from birth to the age of 5, but the plantar ligaments lag behind the other VOIs. However, from the age of 8 onwards anisotropy is highest in the plantar ligaments, lower in the calcaneocuboid, and lowest in the PTF. Trabecular spacing increases rapidly from birth until the age of 4 in all VOIs. Only in the plantar ligaments does Tb.Sp continue to increase until adulthood. Trabecular structure starts out highly interconnected at birth, but connectivity density drops rapidly in the first year of life in all VOIs and decreases gently until adulthood.

How do trabecular properties correlate with age, body mass, and other trabecular properties? Do correlations differ between VOIs?
Listwise and pairwise correlations between age, body mass, and trabecular properties are presented in Appendix 8.1. Scatterplots of all trabecular properties are provided in Appendix 8.2. Pairwise analysis uses the maximum sample size per combination of variables, while listwise analysis uses the same sample size for each comparison. Because individuals younger than 1 year old do not have an associated body mass, and because two individuals could not be aged, the listwise analysis excludes seven individuals. Spearman correlations can be used whenever data is monotonic. DA violates the monotonicity assumption in the CC and PTF VOIs when plotted against body mass and age and thus no correlations can be performed here.

The same patterns are found in pairwise and listwise correlations. In all VOIs significant positive correlations are found between age and all properties except for Conn.D which correlates negatively. Similar correlations are found between trabecular properties and body mass, except that in the PL no significant result is found between body mass and DA, and in the PTF no significant correlations are found for $\mathrm{Tb} . \mathrm{Sp}$ or Conn.D. When correlations are significant they all correlate in the same directions in all VOIs (negatively with Conn.D and positively for all the others). Particularly interesting are the correlations between BV/TV and DA. In the PTF there is a significant negative correlation while in PL there is a strong positive correlation, and in CC there is no correlation. Thus, with age trabecular structure becomes significantly more anisotropic and denser in the PL, but significantly denser and more isotropic in the PTF.

## Discussion

It was predicted that bone would start out very dense and anisotropic at birth and that BV/TV would reduce in the first year of life in the absence of substantial strain. Loading associated with unassisted bipedal walking should initiate remodeling from the age of 1 year onwards. Bone morphology was hypothesized to change rapidly between the age of 1 and 5 with the addition of heel strike, toe-off and increasing neuromuscular control. Finally, it was predicted that after obtaining adult gait patterns around 7 years if age, trabecular structure would follow allometric scaling due to increases in body mass without changes in gait.

These predictions were followed closely by BV/TV which starts out high at birth, reduces during the first year of life, but only increases substantially from the age of 3 to 5 . Between the age of 5 and 8 $\mathrm{BV} / \mathrm{TV}$ is substantially increased and changes little after the age of 8 . The increase in body mass during the adolescent growth spurt does not appear to affect BV/TV. This follows the prediction that trabecular properties follow allometric scaling rules after the adoption of adult gait patterns. Analyses in Chapter 4 showed no significant relationship between body mass and BV/TV, although Ryan and Shaw (2013) found a slight positive allometry in primates with a large range of body masses.

It was predicted that trabecular structures would be dense and highly interconnected with small thin struts at birth. It was predicted that some of these struts would be removed while others were thickened in correspondence to loading. This pattern was largely followed in the sense that Conn.D reduces with age while $\mathrm{Tb} . \mathrm{Th}$ and DA increase. However, neither Conn.D nor Tb.Th were affected in by the adoption of adult gait patterns. Instead Conn.D reduced sharply after ossification and declines steadily after that with increasing body mass. Tb.Th shows a strong positive correlation to body mass in all VOIs and increases steadily with increasing age.

DA increases rapidly from birth until 5 years of age in all VOIs. This follows the prediction that the generalised trabecular structures laid out during ossification are remodelled into more directionally organized trabeculae under the influence of habitual loading. From the age of 8 onwards, trabeculae in the compressive CC and PTF VOIs become more isotropic while the structure in the PL remains highly anisotropic. This does not conform to predictions based on allometric scaling or the adoption of adult gait patterns. Instead this may reflect the increase in BV/TV through more plate-like rather than rod-like trabeculae. Current methods of quantifying plate-rod geometry in are unsuitable for use on trabecular structure (Salmon et al., 2015). However, visual inspection of individuals aged over 8 years old does suggest a substantial increase in plate-like trabeculae. Plate-like geometry reduces the degree of anisotropy and may therefore explain why the CC and PTF become more isotropic after the age of 5. Previous studies on human trabecular bone ontogeny in the tibia and femur found that trabeculae are laid out anisotropically, become more isotropic during the first year of life, and more anisotropically again as gait develops (Ryan and Krovitz, 2006; Gosman and Ketcham, 2009). However, the opposite pattern was found in the current study for the calcaneus. This different pattern can be explained as a result of differences in the growth of the long bones relative to the calcaneus. The calcaneus ossifies radially from a central node whereas the long bones ossify in a single direction. Close inspection of the cross-sections throughout growing bones (Figure 8.4) shows that trabeculae form orthogonal to the growth plate. Thus, differences in ossification between long bone epiphyses and the more irregularly shaped calcaneus likely explain the differences in initial isotropy of the calcaneus.

Overall, the results suggest that trabecular structure remodels under the effects of mechanical loading during gait maturation as suggested by previous studies (Wolschrijn and Weijs, 2004; Ryan and Krovitz, 2006; Gosman and Ketcham, 2009; Raichlen et al., 2015; Ryan et al., 2017). It is interesting that after the ages of 5 to $8 \mathrm{BV} / \mathrm{TV}$ and DA level off. This indicates that the largest changes in microstructure occur while gait develops. After the gait of children has matured to closely resemble the adult state, changes in trabecular structure follow allometric predictions.

## Appearance of adult morphology

$\mathrm{BV} / \mathrm{TV}$ and DA reach adult levels somewhere between the ages of 5 and 8 . In case of BV/TV this may be interpreted as obtaining adult morphology. Allometric studies show that BV/TV scales isometrically, or with slight positive allometry (Doube et al., 2011; Barak et al., 2013; Fajardo et al.,

2013; Ryan and Shaw, 2013, Chapter 4). Because BV/TV is a shape variable, isometry constitutes no change in shape with a change in size. As body size increases bone size and mass also increase, but not BV/TV. Thus, adult BV/TV is reached when gait has obtained its adult characteristics. DA also reaches adult levels in all VOIs between the ages of 5 and 8 . Because gait at this age closely resembles that of adults, there are no further changes in the directionality of loading to which trabecular bone needs to adapt through changes in DA. It is however clear that DA is not only affected by loading directionality (see discussion in the previous paragraph).

In the plantar ligaments, trabecular separation increases until adulthood. In the compressive calcaneocuboid and posterior talar facet VOIs trabecular spacing does not increase after the age of 3 . The lack of increase in $\mathrm{Tb} . \mathrm{Sp}$ in the CC and PTF are surprising given the significant positive regressions found in Chapter 4 between body mass and Tb.Sp. Conn.D decreases rapidly during the first year of life and continues to decrease slowly from then on until death in all VOIs, matching negative relationships found in chapters 4 and 6 between Conn.D and age/body mass. Tb.Th continues to increase with age until adulthood in all VOIs. This would be predicted from the literature on interspecific trabecular bone allometry (Doube et al., 2011; Barak et al., 2013; Ryan and Shaw, 2013). Thus, the prediction that only allometric scaling should affect trabecular structure after gait maturation is confirmed for all variables except for $\mathrm{Tb} . \mathrm{Sp}$ in the CC and PTF VOIs.

## Does trabecular structure reflect the development of gait?

A dense and generalized trabecular structure is set up during endochondral ossification similarly to other animals and anatomical locations (Carter and Beaupré, 2001; Ryan and Krovitz, 2006; Reissis and Abel, 2012; Ryan et al., 2015). Trabecular bone subsequently reorganizes into fewer, thicker, and directionally organized systems of trabeculae. It was predicted that excessive bone laid out during endochondral ossification would be resorbed during the first year of life due to lack of sufficient strain. In the first year of life bone is rapidly remodelled from about 100 to 5-20 connections per unit volume. Anisotropy rapidly increases with the decreasing Conn.D indicating that trabeculae oriented in certain directions are favoured while others are removed. The space between trabeculae rapidly increases as trabeculae are removed and the remaining trabeculae gradually thicken. The increased anisotropy suggests that specifically oriented trabeculae are favoured. However, BV/TV continues to decrease which is consistent with a trabecular structure that is not being strained enough to maintain. This suggests either genetic canalization, or some effects of loading prior to the adoption of unassisted bipedal walking in the first year of life. It is unknown whether muscle contractions in the first year of life produce enough strain for certain trabeculae not to be removed. Controlled experiments are required to test whether mechanical loading, genetic factors, or a combination of both underlie this selective loss of trabecular bone mass during the first year of life.

It was predicted that the increased loading with the development of bipedal gait from 1 year onwards begins to reshape the 3 regions from a generalized structure into adult morphology. At around 1 year
of age compressive bands start forming at the posterior talar facet and the calcaneocuboid joint, and tensile bands form at the plantar ligaments. At 1.5 years of age these three trabecular bands have clearly formed. As the bone grows in external dimensions, trabeculae become less numerous, thicker, further separated and more directionally oriented. Trabecular orientation varies per VOI, corresponding to the primary compressive and tensile loading directions placed upon the calcaneus during gait. The posterior talar facet VOI experiences the highest mechanical loading during adult gait, followed by calcaneocuboid and finally the plantar ligament VOIs (see Figure 2.2). The posterior talar facet consistently has the highest BV/TV with the most plate-like and thickest trabeculae, followed by the calcaneocuboid joint and the plantar ligaments. This indicates that adaptations to loading magnitude are expressed from the first year of life onwards. Conn.D sharply reduces within the first six months after birth and almost flattens out in the second half of the first year of life. Thus, this occurs before the development of unassisted bipedal walking in children at the age of 1. A plausible explanation is that the sudden increase in habitual loading associated with crawling and standing, and a reduction in surface area, stops the rapid resorption of trabeculae between 6 and 12 months of age. The thickening of trabeculae in older children may merge struts together, further reducing Conn.D.

It was predicted that the compressive VOIs should increase in BV/TV more quickly than the plantar ligament VOI between the ages of 1 and 2. This prediction was made because the plantar ligaments were not expected to produce much tensile stress without a fully developed longitudinal arch and an absence of propulsive toe-off. It was predicted that after 2 years of age the rate of increase in BV/TV should increase in all VOIs after the addition of a toe-off phase, as toe-off is the most strenuous part of gait. Indeed, BV/TV does not change after the initial dip in the first year of life (see figures in Appendix 8.3). When toe-off phase develops at the age of 2, BV/TV increases in the CC and PL, but not in the PTF. However, the PTF already has higher BV/TV and thus may not require additional bone mass to be added. However, BV/TV does not increase as rapidly as was expected with the addition of toe-off.

When toe-off develops after 2 years of age, anisotropy no longer increases in the PTF and CC. There is substantially more variation in DA with increasing age in the PL, whereas DA in the CC and PTF increases steadily. Visual inspection of outliers with low DA in the PL (individual NF821207-2 years old, and NF821051-8 months old) shows that in these individuals the PL VOI captures both the tensile bands from the plantar ligaments as well as the compressive bands coming from the PTF which are orthogonal and therefore reduce DA. When these two outliers are removed the increase in DA is very similar in all three VOIs until the age of 3 , after which DA continues to increase until the age of 5 in the plantar ligaments. This may be a consequence of the fact that the plantar ligament region ossifies later than the other two regions. The longitudinal arch begins developing at 1 years of age but does not finish developing until 4-6 years. Presumably, increased longitudinal arch height will increase tensile stress on the plantar ligaments. Increases in arch height until roughly 5 years of age
may explain why DA in the PL continues to increase until this age, and levels off when maximum arch height is obtained.

A significant problem in interpreting the patterns of trabecular properties with age is that the forces on the foot during gait are not well studied in children. Zeininger (2013) found a significant increase in ground reaction force between 16 -month olds ( 0.89 body weights) compared to 34 -month olds ( 0.95 body weights). This indicates that forces on the calcaneus increase even when correcting for increases in body mass between 16- and 34 -month-old children. So why does BV/TV not increase when children start walking independently, but only between the age of 5 and 8 ? One potential explanation is the incomplete ossification of the calcaneus and the cuboid in young children. The calcaneocuboid facet and the posterior talar facet do not ossify until after age 5 (see figures 8.12 and 8.13). The cartilaginous portions of the CC and PTF VOIs may provide a buffer to the forces of gait. It is possible that when these joints have ossified between 5-8 years of age, the forces placed upon these regions significantly increases with the lack of cartilage buffering. Support for this hypothesis is given by the fact that BV/TV increases with proximity to the subchondral bone plate. Until about 5 years of age the softer foot structure and lower ratio of foot area to body mass result in considerably reduced peak pressures in the infants compared to adults (Hennig and Rosenbaum, 1991). Peak pressures on the heel during gait in 2-year-old children were about one third of those found in adults (Hennig and Rosenbaum, 1991).

The adolescent growth spurt coincides with the onset of puberty and entails significant hormonal changes and an increase in body mass in boys and girls (Bogin, 1999; Lewis, 2007). Females increase in the velocity of growth around 10 years, while the male growth spurt commences around 12 years of age (Lewis, 2007). Unfortunately, there are no individuals between the ages of 12 and 17 in the sample. However, the differences between individuals aged 12 and adults can provide an indication of the amount of change in trabecular structure that takes place during the adolescent growth spurt. Regression lines of the trabecular properties with age of individuals between the ages of 8 and 20 years are plotted in Appendix 8.4. No change in BV/TV occurs in the PL and PTF VOIs, but a significant positive regression is found in the CC between BV/TV and age ( $\mathrm{p}=.0322, \mathrm{R}^{2}=.456$ ). While strong correlations are found between body mass and Tb .Th in all VOIs, the regressions are not significant. A strong positive correlation is found between age and $\mathrm{Tb} . \mathrm{Sp}$ in the plantar ligaments, but this also fails to reach significance ( $\mathrm{p}=.061, \mathrm{R}^{2}=.373$ ). No change in DA is found with age in any of the VOIs. Conn.D shows a strong negative correlation with age in all VOIs, but only reaches significance in the plantar ligaments $\left(\mathrm{R}^{2}=.519, \mathrm{p}=.019\right)$. A very similar pattern appears when body mass is plotted with trabecular properties rather than age. While most regressions are not significant, the similarities with regressions reported in Chapter 4 suggest that significant results would likely be found with an increased sample size.

The results from this study confirm previous accounts of trabecular bone ontogeny in which a dense and generalized structure is laid out during endochondral ossification, and later refined to resemble
adult morphology. Experimental work in growing sheep indicates that trabecular bone responds to alterations in loading direction within weeks when a certain strain threshold is crossed (Barak et al., 2011). This demonstrates the significant role that mechanical loading plays in shaping trabecular bone morphology. A similar conclusion can be drawn from the observations in the current study, where trabecular bone was found to adapt gradually to loading associated with the maturation of gait. However, this does not exclude potential effects of genetics through, for example, the placement of mesenchymal cells as suggested by Lovejoy et al. (2003). The results from this work adds to a growing body of evidence supporting the substantial role of mechanical loading in forming both the cortical and trabecular components of the human skeleton (Tardieu, 1999; Ryan and Krovitz, 2006; Tardieu et al., 2006; Gosman and Ketcham, 2009; Barak et al., 2011; Raichlen et al., 2015; Ryan et al., 2017).

## Methodological limitations

Individuals younger than 5 and older than 8 belong to separate populations, scanned with different scanners, at different resolutions. The St. Johns population showed strong similarities in trabecular architecture to the Kerma population in Chapter 7. Saers et al. (2016) compared the Norris Farms population to the Kerma and found that Norris Farms have significantly higher BV/TV and Tb.Th in the lower limb than the sedentary Kerma population. It is therefore expected that the Norris Farms population would have significantly greater calcaneal BV/TV compared to St. Johns. Cultural differences in the development of bipedal gait likely exist as well, mainly through the amount of time a baby is carried or allowed to crawl or walk (Tracer et al., 2000; Tracer, 2002). While these practices are unknowable for most archaeological populations, it is not expected that such cultural variation would have a very strong effect on the timing of locomotor development, particularly later in childhood. The gap between individuals aged 5 and 8 makes it unclear how the growth curves of the two populations fit together.

One drawback of using a volume of interest based approach is that the location and size of VOIs are likely not completely homologous. The VOI locations here were chosen because they roughly develop within the first six months of life. However, the articular facets of the calcaneocuboid and posterior talar facet have not fully ossified in the Norris Farms juveniles. Future studies should consider recently developed methods that quantify trabecular structure throughout whole bones, eliminating the need of using VOIs (Tsegai et al., 2013).

Previous chapters have shown that there is substantial variation in trabecular properties within populations. This variation can be detected from the first year of life onwards (Loro et al., 2000; Seeman, 2001). Due to the considerable within population variation, inaccuracies in age estimation, and the combination of two distinct populations, only broad inferences can be made from this study. These issues are common within many anthropological analyses. The similarities found between results reported in this chapter and in the literature on animals and human populations suggests that the
trends reported here are common to mammalian species (Wolschrijn and Weijs, 2004; Ryan and Krovitz, 2006; Gosman and Ketcham, 2009; Gorissen et al., 2016; Ryan et al., 2017). This is the only study of calcaneal trabecular bone development from birth until adulthood, and thus provides valuable insight into the ontogeny of human calcaneal trabecular bone.

## Anthropological implications

Understanding ontogeny of trabecular bone structure is relevant to understanding a range of questions in biological anthropology. It relates to bone functional adaptation and behavioural inferences from morphology, the evolution of hominin life-history, potential factors influencing skeletal growth in bioarchaeology, and age-related bone loss in past and present populations (Ryan et al., 2017). Studies of ontogeny of cortical and trabecular structures can provide insights into the mechanical and nonmechanical influences on adult morphology (Ruff, 2005; Ryan et al., 2017). The results of this chapter confirm findings from previous work suggesting that changes in mechanical loading related to the development of bipedal gait result in distinctive trabecular structures (Wolschrijn and Weijs, 2004; Ryan and Krovitz, 2006; Gosman and Ketcham, 2009; Gosman et al., 2010; Acquaah et al., 2015; Gorissen et al., 2016; Ryan et al., 2017). These findings can aid reconstructions of hominin locomotor behaviour and evolutionary changes in life-history. However, a greater understanding is needed first regarding changes in trabecular and cortical bone throughout the postcranium of humans and primates. Growth curves for body mass, age, and trabecular properties in humans and primates would be a valuable dataset for comparisons with hominin fossils. Work on dental and skeletal indicators of growth suggest that australopiths followed a growth trajectory similar to that of chimpanzees, and that early Homo from Dmanisi and Turkana grew in stature slightly faster relative to modern humans (Dean, 2016). If patterns of australopith and early Homo gait maturation can be determined from trabecular bone, this will be informative about the evolution of their respective life histories if matched to accurate age estimates. However, experimental work is first required to determine whether growth curves of trabecular development are regular and well enough defined to be informative on maturation of gait in humans and great apes.

The study of trabecular bone ontogeny may be of interest to bioarchaeologists. Bone development through time and space has the potential to produce insight into skeletal development and health across variety of cultural and environmental contexts. This will address important questions on the role of habitual behaviour, environment, culture, diet, and genetics on modern age-related bone loss. Ethnographic evidence indicates that the nature of childhood is exceptionally heterogeneous, resulting from factors such as gender, age, birth order and ethnicity. Substantial variation can be found in childhood within and between cultures. Children as young as two to five years old may contribute to household economies, and children as young as five work producing goods for sale and adult profit. Children are estimated to have made up between 40 and 65 percent of past populations (Lillehammer, 2010). Past cultures can therefore not truly be understood without considering children. Because of this, researchers increasingly argue for integrating research on children and childhood into all of
archaeology. Future work should assess whether trabecular bone analysis has the potential to contribute to the field of childhood archaeology by mapping out cultural variation in the habitual activities of children in the past.

## Conclusion

This study demonstrates that three regions of the calcaneus develop into distinct adult morphologies through varying developmental trajectories. Changes in trabecular structure were found in the first five years of life that were consistent with predictions based on the development of gait. During the first year of life trabeculae are resorbed leading to a less dense structure with more anisotropic and fewer, but on average thicker trabeculae. After the adoption of unassisted walking, new bone is formed as a response to increased loading. Trabeculae are thickened in the direction of loading resulting in a denser and more anisotropic structure in all three VOIs. Trabecular bone follows predictions based on allometry after gait has matured. The greatest changes in trabecular structure therefore occur while gait develops prior to 8 years of age. These findings support the idea that the calcaneus may be used to track gait maturation in humans. Through comparisons with primate samples this may be a developed into a method of tracking neuromuscular development in hominins, especially when combined with data from the rest of the postcranium (Ryan and Krovitz, 2006; Gosman, 2007; Ryan et al., 2007, 2015, 2017; Gosman and Ketcham, 2009; Raichlen et al., 2015). Future work should consider the ontogeny of trabecular bone in several human populations and primate species.

The extent to which trabecular morphology is genetically canalized throughout growth remains to be determined. Experimental work has demonstrated significant plasticity throughout ontogeny (Barak et al., 2011; Tardieu et al., 2015), but work on precocial animals has been used to suggest that adult morphology emerges prenatally (Skedros et al., 2004, 2007; Gorissen et al., 2016). Comparing trabecular bone development in different types of animals from prenatal to adulthood should provide interesting new data regarding the amount of genetic canalization of trabecular bone structure.

## Chapter 9 - Conclusions

## Synthesis of findings from the thesis

This thesis focused on the functional adaptation and ontogeny of trabecular bone in the human foot. The aim was to tease apart the factors underlying variation in human trabecular microstructure to determine whether trabecular structure may serve as a useful proxy for inferring behaviour in the past. This is the first study to investigate the three-dimensional trabecular structure in multiple human foot bones, both qualitatively and quantitatively. This work uniquely combines a broad sample of behaviourally and environmentally variable human populations and assessed trabecular variation in these populations from the perspective of various factors including, habitual activity, age, sex, body mass, as well as growth and development. The sample is the largest intraspecies sample used in a study of three-dimensional trabecular structure in both number of individuals and number of populations. To date, this the most thorough study of human trabecular bone variation.

Chapter 2 showed that trabecular bone structure in the talus, calcaneus, and first metatarsal conforms to predictions based on biomechanical models. Regions of the bone subjected to the greatest stress during gait contained the greatest bone volume fraction (BV/TV) and directionally more uniformly loaded regions had more anisotropic structures. Chapter 3 showed that body mass can explain a significant portion of variation in trabecular structure, and that linear bone dimensions do not affect the underlying trabecular structure when variance associated with body mass is controlled. Regressions were performed between body mass and trabecular properties in Chapter 4. Trabeculae become significantly more widely spaced and less interconnected with an increase in body mass. Residuals from significant regressions were used in subsequent chapters as body mass corrected variables. In Chapter 5, significant sexual dimorphism in trabecular structure was predicted based on previous analyses of limb bone cross-sectional geometry. However, little sexual dimorphism was found in trabecular properties after controlling for the effects of body mass. Significant differences in trabecular structure were found between three age categories in Chapter 6. Unfortunately, age could not be inferred for many individuals and therefore could not be statistically controlled for in subsequent analyses. It was concluded that future work should control for age whenever possible. Inferred levels of terrestrial mobility were found to strongly correlate with trabecular properties in Chapter 7. The four human populations showed similar patterns of trabecular properties throughout the foot with a signal of mobility category superimposed upon it. More mobile populations possessed greater bone volume fraction with thicker, fewer, and more closely packed trabeculae. Results from Chapter 8 demonstrate that trabecular bone in the foot develops similarly to trabecular bone in other mammals and anatomical locations, indicating a highly conserved process. Trabecular bone was shown to be deposited in a uniform way and is subsequently reorganized through mechanical loading associated with the maturation of gait.

Chapters 7 and 8 demonstrate that both the forces incurred through terrestrial mobility and during the development of gait shape the trabecular structures observed in the adult foot. Recently published work on foot binding provides additional evidence for the plasticity of trabecular structure and the role of mechanical loading in shaping the internal trabecular structure of the human foot (Reznikov et al., 2017). The results from Chapters 4 to 6 indicate that significant portions of noise in the data can be attributed to variation in age, sex, and body mass. This work has demonstrated that trabecular bone may serve as a useful proxy of habitual behaviour in hominin fossils and past populations when all contributing factors are carefully considered and ideally statistically controlled for.

## Implications for the study of human evolution

Habitual bipedalism is one of the defining attributes of the human species, yet its first appearance in the hominin fossil record, and the nature of foot function in fossil hominins are debated (Stern and Susman, 1983; Langdon et al., 1991; Stern, 2000; Senut et al., 2001; Ward, 2002; Harcourt-Smith and Aiello, 2004; Richmond and Jungers, 2008; DeSilva, 2009; Lovejoy et al., 2009; Haile-Selassie et al., 2012; Almécija et al., 2013; Harcourt-Smith et al., 2015). The fossil record provides a complex image of the evolution of the foot, with roughly contemporary species showing substantial variation in foot morphology and inferred function. External bone morphology can arguably contain unused retentions of ancestral traits that are no longer functional and provide a false indication of habitual behaviour (Gould and Lewontin, 1979; Ward, 2002). Results presented in this dissertation have shown that trabecular bone structure is not as strictly bound by a genetic bauplan as external features. Results presented in this dissertation indicate that trabecular bone adapts to both intensity and directionality of loading during life, supporting the idea that trabecular bone may be effective at distinguishing locomotor correlates from phylogenetic baggage. The analysis of trabecular structure in fossil hominins can therefore be used to complement functional analyses based on external morphology and provide new insights into the evolution of human bipedalism.

The results from Chapter 7 and recently published work point towards a strong relationship between terrestrial mobility and trabecular structure in the foot and lower limbs (Saers et al., 2016; Chirchir et al., 2017; Reznikov et al., 2017; Stieglitz et al., 2017). The emergence of Homo erectus was accompanied by an increase in brain size (McHenry and Coffing, 2000), variation in body mass (Will and Stock, 2015), increasingly efficient bipedal locomotion (Pontzer, 2007), and increased levels of terrestrial mobility (Braun et al., 2009). The high levels of terrestrial mobility throughout the evolution of the genus Homo indicates that the human skeleton evolved in a context of substantial and persistent mechanical loading during life (Bramble and Lieberman, 2004; Raichlen et al., 2012; Shaw and Stock, 2013). Trends over the past 10.000 years in trabecular bone (Chirchir et al., 2015, 2017; Ryan and Shaw, 2015) and cortical bone (Holt, 2003; Shaw and Stock, 2013; Macintosh et al., 2014; Ruff et al., 2015) point to a significant decrease in skeletal robusticity in human populations after the adoption of agriculture. These trends culminate in the increasing prevalence of osteoporosis in industrialised societies and have been associated with increasingly sedentary lifestyles (Borer, 2005). To interpret
these important trends in robusticity throughout human evolution, a more detailed understanding of the factors underlying variation in trabecular bone microstructure is required. The results presented in this dissertation have provided a first step by demonstrating that trabecular bone in the human foot can serve as a proxy for terrestrial mobility in bioarchaeological studies. However, trabecular bone was also shown to be a complex structure, influenced by numerous non-behavioural variables. The next step should be to increase sample sizes and the numbers of populations and anatomical locations examined in bioarchaeological analyses of trabecular bone. Future work should attempt to correct for the influence of age and body mass, and explore potential effects of diet and climate on trabecular structure. Only by taking an integrated approach can we hope to confidently interpret the patterns of trabecular bone variation in the past.

## Methodological considerations

Using seventeen volumes of interest throughout this dissertation presented both advantages and disadvantages. Collecting and analysing all VOIs was a time-consuming process. The considerable number of variables result in inflated type I error rates, although this was mitigated by the strong correlations between properties across VOIs. Using seventeen VOIs resulted in missing values due to poor preservation of some of the archaeological material. A choice had to be made for each analysis whether it was most appropriate to run analyses listwise or pairwise. Fortunately, the differences between listwise or pairwise approaches were slight and appeared to result from differences in sample size rather than sample composition.

The merits of using multiple VOIs per bone depend on the question that is asked. Results from Chapters 2 and 7 showed that patterns of trabecular properties throughout the human foot were very similar between populations, with a signature of mobility superimposed upon them. Scaling relationships with body mass were also similar throughout all VOIs. These results suggest that questions relating to the effects of loading intensity, allometry, and age may be answerable using a single VOI per bone. Time saved through this procedure could be spent collecting larger samples. However, data not published in this thesis clearly show clear species-specific patterns of talar BV/TV and anisotropy in humans and great apes. Using numerous VOIs per bone is therefore a productive approach to examine interspecies variation in trabecular structure.

Using VOIs to study calcaneal ontogeny in Chapter 8 showed interesting patterns with age. It was challenging to find homologous VOI locations and sizes, although similarities in the patterns between VOIs suggest that this was not a substantial issue. An advantage of using VOIs is that statistical tests can be performed. However, visual inspection of 3D models was found to be highly informative in interpreting quantitative results from the VOIs. A better approach to studying trabecular bone ontogeny would be to use whole bone quantifications of trabecular structure (see Gross et al. 2014).

Chapters 3 to 6 showed that numerous factors underlie variation in trabecular structure, including inferred terrestrial mobility, age, sex, body mass, and potentially bone shape. Because age could not be
inferred for many individuals it was not possible to include it as a covariate in statistical models. Future work should endeavour to statistically account for the effects of age and body mass when attempting to infer behavioural differences between human populations.

## Areas for further study

The current study examined trabecular structure in foot bones with similar biomechanical functions. It is expected that the strong similarities found in the patterns throughout the foot are a consequence of this relatively constrained loading environment. It is still an open question whether skeletal elements that are more variably loaded such as the upper limb will exhibit similar conservation of patterns of variation between populations. Results from Chapter 2 showed that BV/TV in the foot is proportional to loading magnitude during gait, with the greatest BV/TV occurring in the regions subjected to the greatest loading. In a study on trabecular structure throughout the lower limb, Saers et al. (2016) report that BV/TV is lowest in the distal tibia despite this region being subjected to the highest loading. This discrepancy may be due to canalization in the distal tibia or differences in form/function of tarsals and long bones. Future work should endeavour to map trabecular structure in skeletal elements with different biomechanical functions throughout the postcranium in various human populations. Such a study would be able to assess how much variation is systemic and how much is plastic in response to joint loading.

Experimental work has demonstrated that trabecular bone adapts to mechanical loading and this thesis has provided evidence that this can be observed in past human populations with substantially different inferred mobility levels. However, controlled experimental studies are needed to assess whether trabecular bone can be used to detect more subtle signals of habitual activity in past populations. This question is best addressed through experiments that alter the frequency, duration, and intensity of loading in groups of animals. This study design also allows investigation of potential differences in mechanoresponsiveness of cortical and trabecular bone. Inbred mouse strains can be used to eliminate noise caused by genetic variation within populations. The experiments can be repeated with outbred mice to test whether subtle differences in loading can be detected in genetically variable populations (cf. Wallace et al. 2015).

Fossils and archaeological samples are often damaged and incomplete, but their trabecular structures may still provide a wealth of information. Body mass has no significant effects on adult human BV/TV and DA, and very minor effects on large interspecific samples. This, indicates that fragmentary fossils may still provide data on joint loading directionality and magnitude. Similar patterns of variation in BV/TV were observed in VOIs throughout the human foot between human populations. Correlations of BV/TV between VOIs are highly significant with correlation coefficients greater than .80 within bones and .70 between foot bones. This indicates that BV/TV in one VOI can potentially be predicted from other VOIs. Disarticulated and broken archaeological bones may therefore still be useful in assessments of population mobility level in the past. However, such
methods are likely only suitable to anatomical locations with constrained biomechanical functions such as the human foot that are loaded predictably during life.

Correlations between lower limb cortical and trabecular bone parameters reported in Appendix 5.4 were weak and differed per population. Both tissues are influenced by their loading environment, but the weak correlations show that other factors also underlie their adult morphologies. There are numerous possible explanations for this finding and many questions for future research regarding the dynamics of both tissues. Cortical and trabecular bone may be affected differently by mechanical loading, respond differently at different ages, and between sexes. Only when they are considered in conjunction can we obtain insight into what both tissues can tell about behaviour in the past.

It remains unclear how variation in external shape and cortical shell thickness within and across species affects the underlying trabecular morphology. These are crucial methodological issues that need to be addressed before confident inferences of hominin behaviour can be made from fossil trabecular morphology. Both methodological issues can be tackled through a combination of a large dataset of skeletal elements varying in size and shape, with hypotheses generated through finite element analysis. Finite element analysis can be used on models of bones with varying external shapes to assess potential variation in stress distribution associated with different morphologies. These stress distributions can then be compared to trabecular and cortical structures across a large sample of modern humans and apes. Cortical shell thickness and its potential covariance with underlying trabecular structure can be examined using currently available methods.

Much anthropological work has focused on correlating locomotor mode to trabecular bone structure in various primate species. Numerous studies have examined interspecific variation in single volumes of interest. It is shown in Chapters 2 and 7 that all human populations show similar patterns of trabecular properties distributed throughout the foot. Unpublished work comparing the talus of humans to great apes shows each species has a distinctive pattern of trabecular properties throughout the talus. This result indicates that interspecies locomotor correlates are best assessed using multiple volumes of interest to investigate variation in patterns of trabecular bone structure. Using this approach, trabecular structure can be used to infer both habitual activity levels as well as locomotor mode in fossil hominins.

The combination of a large and diverse sample, combined with the focus on numerous potential variables affecting trabecular bone variation has resulted in the most thorough study of intra-species trabecular structure and its underlying mechanisms to date. This dissertation has demonstrated that there is substantial intraspecies variation in trabecular structure that can be correlated to various behavioural and non-behavioural factors. Trabecular bone in the calcaneus changes in predictably to changes in gait in growing children, suggesting trabecular structure reflects the loading environment during life. These results contribute to a growing body of evidence indicating that analysis of
trabecular structure has tremendous potential for bioarchaeologists and paleoanthropologists to paint an ever more detailed picture of life in the past.

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Appendix 1.

## Appendix 1.1 Archaeological samples

## Jebel Moya

This skeletal collection hails from Jebel Moya site 100 which is situated on the Jebel Moya massif in the southern Gezira Pain in modern Sudan. It is the largest mortuary complex of a pastoral society in sub-Saharan Africa (Brass, 2015a). The site was excavated by the Wellcome expedition between 1911 and 1914, but only published in 1949 (Addison, 1949). Unfortunately, the skeletal collection was poorly housed and moved repeatedly in the 40 -year hiatus between excavation (Irish and Konigsberg, 2007), thus, of the over 3137 skeletons originally excavated, 98 crania and a handful of post-cranial elements survived to allow study. The skeletal material is housed at the Duckworth Laboratory, Cambridge. There was no depositional bias in favour of either sex at Jebel Moya, however, many of the surviving postcranial remains included in the current study could not be sexed.

Jebel Moya is situated about 250 km south-south-east of Khartoum, south of the confluence of the Blue and White Niles. The site has been dated by OSL dating of pottery sherds between roughly 2000BC and AD 1000, and is divided into three phases based on pottery. The only ceramics definitely associated with graves all come from assemblage 3, dated by OSL to 100BC to AD 1000 (Brass and Schwenniger, 2013). The first conclusive evidence for burial activity is dated to the first century BC. This primary burial phase is interpreted as the mortuary complex of a mobile pastoral population engaged in trade with the ancient city of Meroe. The Jebel Moya people passed Sub-Saharan resources northwards via trading stations along the Nile in exchange for manufactured goods and non-local raw materials like iron and copper (Brass and Schwenniger, 2013). The burials at Jebel Moya are relatively poor in terms of grave goods compared to others in the region. They consist of shallow graves and lacked signs of hierarchical leadership except for one cluster of 27 richer burials (Brass, 2014, 2015b).

A study of population affiliation was performed by Irish and Konigsberg (2007) using dental characteristics of the extant teeth. They compared Jebel Moya to 18 north and sub-Saharan African populations. Cranially the Jebel Moya are akin to sub-Saharan populations whereas dentally they most closely resemble North African groups, namely Nubian A and Ethiopians, followed by the Badari and Kerma (Irish and Konigsberg, 2007). This means that either the Jebel Moya are an admixed group comprised of genetic elements from populations surrounding central Sudan; and/or a heterogeneous population consisting of individuals from a large surrounding region (Irish and Konigsberg, 2007). Irish and Konigsberg (2007) showed that the Jebel Moya do not show larger levels of dental variation than their comparative populations, indicating that the Jebel Sahaba were a homogeneous population. They argue that Jebel Moya dental morphology represents a population that, although unique, was relatively uniform and stable in its composition over a span of some 3000 years. The Jebel Moya are thus dentally North African, cranially sub-Saharan, and culturally they are a mix of both regions their own distinct style included. From this data it appears that the Jebel Moya likely started out as a diverse
group and came to be a population that exhibited its own distinctive biocultural identity (Irish and Konigsberg, 2007).

Jebel Moya was a pastoralist society that focused on zebu cattle, which were introduced in the mid first millennium BC and which can travel greater distances with less food and water (Brass, 2015b). Hutton-Macdonald (1999) reports that 5 out of 2.411 Jebel Moya teeth had caries $(0.2 \%)$. She showed that the Jebel Moya sample did not exhibit the high levels of dental disease which are commonly known from peoples who cultivate grains. This is interpreted as likely being indicative of a noncultivating, non-high carbohydrate consuming population (Hutton Macdonald, 1999). No artefacts such as sickles or hoes that might indicate harvesting have been found at Jebel Moya, and only one grindstone was found in the burial assemblages. 55 of the burials are associated with cattle bones, either parts of the animal or as a separate cattle inhumation. Several small clay cattle figurines were also found, though none were part of the burial assemblages (Brass and Schwenniger, 2013; Brass, 2015a, 2015b).

Biomechanical properties of the lower limbs of the Jebel Moya are reported in Nikita et al. (2011) (Table 1.1.1). There is significant sexual dimorphism in the Jebel Moya in lower limb total subperiosteal area (TA) with males have $14.9 \%$ higher body mass standardized TA compared to the females in the femur and $9.75 \%$ in the tibia (Nikita et al., 2011). This is interpreted as indicative of a sexual division of labour and that the males were more mobile compared to the females. Nikita et al. (2011) found that both Jebel Moya males and females had more robust lower limb diaphyseal crosssections compared to the agricultural Kerma population which is also studied in this thesis. This suggests that the pastoralist subsistence mode of the Jebel Moya included greater levels of terrestrial mobility compared to the agricultural Kerma population.

Table 1.1.1. Lower limb cross-sectional geometric properties for males and females from the Kerma and Jebel Moya populations. Taken from Nikita et al. (2011).

|  | Males |  | Females |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | TA | $\mathbf{I}_{\mathbf{x}} / \mathbf{I}_{\mathbf{y}}$ | $\mathbf{I}_{\text {max }} / \mathbf{I}_{\text {min }}$ | TA | $\mathbf{I}_{\mathbf{x}} / \mathbf{I}_{\mathbf{y}}$ | $\mathbf{I}_{\text {max }} / \mathbf{I}_{\text {min }}$ |
| Femur | $870.7 \pm 19.4$ | $1.29 \pm 0.05$ | $1.37 \pm 0.04$ | $773.0 \pm 12.0$ | $1.14 \pm 0.04$ | $1.29 \pm 0.02$ |
| Kerma |  |  |  |  |  |  |
| Femur | $962.3 \pm 10.7$ | $1.32 \pm 0.05$ | $1.52 \pm 0.04$ | $828.1 \pm 18.1$ | $1.28 \pm 0.05$ | $1.39 \pm 0.05$ |
| Jebel Moya <br> Tibia | $760.1 \pm 21.8$ | $1.88 \pm 0.08$ | $1.99 \pm 0.08$ | $627.6 \pm 13.1$ | $2.24 \pm 0.13$ | $2.27 \pm 0.13$ |
| Kerma <br> Tibia | $850.1 \pm 17.9$ | $1.89 \pm 0.09$ | $1.93 \pm 0.09$ | $760.1 \pm 21.0$ | $1.97 \pm 0.13$ | $1.98 \pm 0.13$ |
| Jebel Moya |  |  |  |  |  |  |

## Kerma

The Kerma population was excavated from a cemetery associated with the city of Kerma in Nubia, near the third Cataract of the Nile River. Kerma was the capital of the Upper Nubian kingdom of Kush. Kerma culture is divided into three main phases, Ancient Kerma (2500 to 2050 BC), Middle

Kerma (2050 to 1750BC), and Classic Kerma (1750 to 1500 BC) (Thompson et al., 2008). Kerma was one of the first urban centres that arose in Africa, with a highly stratified society evidenced by large variation in the size of tombs and grave goods (Thompson et al., 2008). Kerma was located on a strategic position on one of the widest floodplains of the Upper Nile, enabling productive agriculture in the otherwise inhospitable environment. Agriculture was well developed, and herding was also a significant economic activity. Other economic activities included crafting and trading goods such as faience, copper items, and fine ceramics (Thompson et al., 2008).

The Kerma skeletons examined in this study were excavated from the "Eastern Cemetery" at Kerma by between 1913 and 1916, and belong to the Middle and Classic Kerma periods (Nikita et al., 2011). Significant sexual dimorphism has been noted in the Kerma sample (Nikita et al., 2011; Stock et al., 2011). Men were over two standard deviations taller than the women and possessed significantly greater polar second moments of area in the femur and the tibia (Stock et al., 2011), and total subperiosteal area (Nikita et al., 2011). Compared the Kerma females, the males have $11.65 \%$ larger femoral TA and $18 \%$ tibial TA. Very little sexual dimorphism is found in contemporary humans after correcting for differences in body size, indicating that these large differences in sexual dimorphism indicate that males were likely more mobile compared to the females.

Comparisons of Kerma to other regional samples (Starling and Stock, 2007) indicate that they were in comparatively good health. Starling and Stock investigated the prevalence of enamel hypoplasia in North African populations before, during, and after the adoption of agriculture in the region. They report an increase in enamel hypoplasia during the early adoption of agriculture and note subsequent improvements, culminating in the Kerma population which had the lowest number of enamel hypoplasia. Increased stature was also observed in the Kerma population relative to earlier samples (Stock et al., 2011). Nikita et al. (2011) compared the cross-sectional properties of Kerma to the Jebel Moya. The femoral midshafts of the Kerma populations were significantly more gracile which is interpreted by as indicative of reduced mobility associated with an agricultural subsistence strategy (Stock et al., 2011). Stable isotope, archaeobotanical, and zoological data point towards a broad diet consumed by the inhabitants of Kerma. The faunal dietary component consisted of a mix of sheep, goat, cattle, and aquatic resources. Cereals were excavated from bakeries that housed rows of ovens capable of producing large quantities of bread (Bonnet, 1988). The cemetery also yielded grains of barley (Hordeum vulgare), cucurbits (Curcurbitaceae), and legumes (Leguminosae) (Thompson et al., 2008).

Cross-sectional properties were also calculated for 17 individuals for which femoral trabecular bone structure was studied and published in Saers et al. (2016) (Figure 1.1.2). This sample was smaller than the one studied by Nikita et al. (2011) but include individuals that were included in the current study (both lower limbs and foot bones). Sexual dimorphism was observed most strongly in J and Zp, but failed to reach significance in all variables. However, it is expected that significant sexual dimorphism would be found if a larger sample size was included. Additionally, the effects of terrestrial mobility
are often more strongly reflected in the tibia compared to the femur (Stock, 2006; Davies, 2012). From these results and the results presented in Nikita et al. (2011) and Stock et al. (2011) it can be concluded that males were more robust relative to body mass, and thus likely more mobile compared to females.

Table 1.1.2. Cross-sectional properties and sexual dimorphism of the femoral midshaft of the Kerma population.

| Kerma |  |  |  |  |  | Levene's Test |  | T-test |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sex | N | Mean | S.D. | S.E. | F | $p$ | t | df | $p$ |
| $\mathbf{I}_{\text {max }} / \mathbf{I}_{\text {min }}$ | M | 11 | 1.33 | 0.16 | 0.05 | 2.18 | . 16 | 1.50 | 15 | . 16 |
|  | F | 6 | 1.23 | 0.08 | 0.03 |  |  |  |  |  |
| J | M | 9 | 19402.74 | 4403.47 | 1467.82 | 2.24 | . 16 | 1.94 | 12 | . 08 |
|  | F | 5 | 15147.08 | 2794.38 | 1249.69 |  |  |  |  |  |
| $\mathbf{Z p}$ | M | 9 | 992.25 | 149.14 | 49.71 | 1.07 | . 32 | 2.12 | 12 | . 06 |
|  | F | 5 | 841.47 | 66.64 | 29.80 |  |  |  |  |  |
| CA | M | 10 | 597.78 | 113.16 | 35.79 | . 98 | . 34 | . 82 | 14 | . 43 |
|  | F | 6 | 557.26 | 52.32 | 21.36 |  |  |  |  |  |

## Black Earth

Black Earth are a population of Middle Archaic hunter gatherers from southern Illinois, USA, dated to 3000 B.C. Based on the variety of tools, the number and diversity of features, the numerous burials, and the seasonal availability of the botanical and faunal species represented, it appears that Middle Archaic groups occupied the Black Earth site on a long-term, perhaps year-round basis (Jefferies and Lynch, 1983; Jefferies, 1990). Individuals from the Black Earth site subsisted mainly on white-tailed deer, other large and small mammals, birds, fish, and seasonally available nuts, and seeds (Lopinot and Lynch, 1979, Brietburg, 1980). These floral and faunal remains from the Black Earth site indicate a highly mobile population with a large and diverse home-range, used for both seasonal and year-round foraging activities. No sexual dimorphism was found in body mass corrected cross-sectional properties (Table 1.1.3).

Table 1.1.3. Cross-sectional properties and sexual dimorphism of the femoral midshaft of the Black Earth population.

| Black Earth |  |  |  |  |  | Levene's <br> Test |  | T-test |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sex | N | Mean | S.D. | S.E. | F | $p$ | t | df | $p$ |
| $\mathbf{I}_{\max } / \mathbf{I}_{\min }$ | M | 11 | 1.33 | 0.16 | 0.05 | . 784 | . 387 | . 519 | 18 | . 610 |
|  | F | 9 | 1.29 | 0.22 | 0.07 |  |  |  |  |  |
| J | M | 11 | 33111.43 | 7503.37 | 2262.35 | . 112 | . 742 | . 226 | 18 | . 824 |
|  | F | 9 | 32175.06 | 10993.33 | 3664.44 |  |  |  |  |  |
| $\mathbf{Z p}$ | M | 11 | 965.45 | 170.35 | 51.36 | . 065 | . 802 | -. 027 | 18 | . 979 |
|  | F | 9 | 967.90 | 236.17 | 78.72 |  |  |  |  |  |
| CA | M | 11 | 668.45 | 73.62 | 22.20 | . 471 | . 501 | . 152 | 18 | . 881 |
|  | F | 9 | 662.14 | 111.96 | 37.32 |  |  |  |  |  |

## Norris Farms

Norris Farms \#36 is a late prehistoric cemetery from the central Illinois River Valley, associated with the Oneota culture. The skeletal collection is housed at Pennsylvania State University, USA, and dated to approximately 1300 A.D., the people from Norris Farms \#36 practised a form of village agriculture supplemented with foraging. Their diet included deer, bison, fish, nuts, wild rice, corn, beans, and squash (Buikstra and Milner, 1991; Birmingham and Eisenberg, 2000). The Oneota population was likely habitually unshod (Milner and Smith, 1990). At least a third of the individuals showed clear osteological signs that they died of violent trauma including scalping and decapitation. Individuals as well as single sex groups were likely attacked while foraging, indicated by several interments which included only males and females. The observed violence at Norris Farms was part of a regional phenomenon that is found in other local sites. Deaths are likely all from small scale attacks, and no evidence is found of massacres. It is expected that the violence was a result of competition for hunting grounds by local groups (Milner et al., 1991).

The Norris Farms skeletal assemblage consists of over a hundred juvenile skeletons. 18 juvenile calcanei from individuals below the age of 6 were examined in this thesis. The cross-sectional geometric properties of the femoral midshaft of the Norris Farms adults are given in Table 1.1.4.

Table 1.1.4. Cross-sectional properties and sexual dimorphism of the femoral midshaft of the Norris Farms population.

| Norris Farms |  |  |  |  |  | Levene's Test |  | T-test |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sex | N | Mean | S.D. | S.E. | F | $p$ | t | df | $p$ |
| $\mathbf{I}_{\text {max }} / \mathbf{I}_{\text {min }}$ | M | 10 | 1.36 | 0.16 | 0.05 | 0.01 | 0.91 | 1.546 | 18 | 0.139 |
|  | F | 10 | 1.25 | 0.15 | 0.05 |  |  |  |  |  |
| J | M | 10 | 31342 | 5798 | 1833 | 0.79 | 0.39 | 1.686 | 18 | 0.109 |
|  | F | 10 | 27616 | 3900 | 1233 |  |  |  |  |  |
| $\mathbf{Z p}$ | M | 10 | 944.86 | 149.24 | 47.19 | 2.80 | 0.11 | 1.951 | 18 | 0.067 |
|  | F | 10 | 837.77 | 88.64 | 28.03 |  |  |  |  |  |
| CA | M | 10 | 607.23 | 83.98 | 26.56 | 1.62 | 0.22 | 1.927 | 18 | 0.070 |
|  | F | 10 | 547.40 | 50.87 | 16.09 |  |  |  |  |  |

## St. Johns

The St. Johns - Old Divinity School site is a medieval cemetery that was excavated from Cambridge, UK, between 2010 and 2012 (Cessford, 2012). The excavation focused only on part of the cemetery in advance of re-development of the Divinity School (Cessford, 2012). The cemetery was associated with the nearby Hospital of St. John the Evangelist. The cemetery was established around AD 1230 and went out of use when the hospital was converted into a part of St. Johns College in 1511 (Cessford, 2012). Over 400 individuals were excavated out of an estimated 1000-1500 burials. The cemetery presumably contains burials from members of the hospital, the sick, servants, poor scholars, and minor benefactors (Cessford, 2012). Rules of the hospital specifically excluded pregnant women, lepers, cripples, the wounded, and the insane. Burials consisted of individuals of all ages except that no children under 5 were present. While medieval hospitals had many functions, their primary role was as religious institutions while secondary functions included charity to the poor, sick and travellers as well as centres of education (Cessford, 2012). Thus, despite being called a hospital, institutions such as this largely excluded the sick and saw themselves as retirement homes, places of hospitality and were not involved in difficult health care (Orne and Webster, 1995). However, the hospital was strongly affected by the Black Death in 1349, when most of the brethren died in a short period (Cessford, 2012).

The osteological report from the excavation states that the mean stature of individuals from the cemetery was low for the period, indicating low standards of living. Presence of pathologies was relatively low compared to other sites from the period (Cessford, 2012). Calculus was recorded in almost all the dentitions, suggesting a diet rich in carbohydrates, presumably cereals, combined with poor oral hygiene (Cessford, 2015). Stable isotope analysis on 106 individuals indicates minimal marine resource consumption. No changes in diet were found over time and no differences in stable isotope ratios were found between sexes (Price, 2013).

Appendix 2.

## Appendix 2.1 Biomechanics of the foot

The primary tasks of the human foot and ankle complex is to provide a stable, adaptable, and efficient interface between the rest of the body and the ground during stance. The foot has to be relatively pliable when first contacting the ground to absorb the shock of impact, and has to function as a rigid lever when propelling the body forward at the end of stance (Hagins and Pappas, 2012). The foot is generally divided into three units. The rearfoot consists of the talus and the calcaneus. The midfoot is comprised of the tarsal bones (cuboid, navicular, and three cuneiform bones). The forefoot consists of the metatarsals and the phalanges. The foot is further described as consisting of three arches: the medial and lateral longitudinal arch and the transversal arch. The medial longitudinal arch is prominently involved in the absorption of most of the shock of impact during gait. The medial longitudinal arch consists of the calcaneus, the talus, the navicular, the three cuneiforms, and the first, second, and third metatarsals. The shape of the arch combined with the plantar fascia on the plantar side creates a spring mechanism that is essential for modern human bipedal locomotion. The lateral arch is composed of the calcaneus, the cuboid, and the fourth and fifth metatarsals. The transversal arch runs across the midfoot and provides support and flexibility to the foot.

## The human gait cycle

To find the most suitable places to look for function related variation in trabecular bone architecture, it is important to understand the human gait cycle. Gait cycle is defined as "the time between two successive occurrences of one of the repetitive events of walking" (Levine et al., 2012). It is standard procedure to consider the first initial ground contact of the heel as the beginning of a gait cycle (Levine et al., 2012). The human gait can be broken down into two phases: the stance phase, where the foot is touching the ground, and the swing phase, when the foot is in the air (Logan, 1995). The stance phase starts when the heel touches the ground (heel strike), and it ends when the foot of the same leg touches off (toe-off). Levine and colleagues (2012) identify seven major events during the gait cycle, breaking it down into seven periods (Figure 2.1.1).


Figure 2.1.1. Positions of the lower limb during a single gait cycle.
The stance phase of a walking gait cycle of the knee and ankle will be briefly described here. The gait cycle starts when the foot makes first contact with the ground. The loading response period of the stance phase starts, and lasts roughly the first $10 \%$ of the gait cycle (Levine et al., 2012). When walking, first contact is normally made with the heel (heel strike). The ground reaction force changes direction from upwards during the heel strike transient, to upwards and posterior, increasing rapidly in magnitude. The knee is fully extended at the time of initial ground contact, and flexes slightly during loading response. The ankle is generally close to neutral position and slightly supinated. The posteriorly orientated ground reaction force produces an external plantarflexor moment at the ankle, which is resisted in a controlled manner by the tibialis anterior muscle, in order to prevent a 'foot slap' (Rose and Gamble, 2006; Levine et al., 2012). The loading response is a phase of double support between initial contact and toe-off of the opposite foot. The plantarflexion movement is accompanied by pronation of the foot and internal rotation of the tibia. These movements are coupled due to the morphology of the ankle and subtalar joint, and thus always occur together.

The mid-stance phase begins with opposite toe-off and lasts until roughly $30 \%$ of the cycle. Opposite toe-off ends the double support phase. The forefoot makes contact with the ground while the opposite foot lifts off. The knee continues to flex and eventually reaches its peak flexion angle of the stance phase in early mid-stance, after which the knee starts extending again. In the ankle, the 'mid-stance rocker' occurs and continues into terminal stance. The rocker is characterized by the forward rotation of the tibia about the ankle joint whilst the foot remains flat on the ground. Thus, the ankle changes from plantarflexion to dorsiflexion with the triceps surae contracting posteriorly. The supination movement of the foot peaks in midstance and then reverses (Levine et al., 2012). The ground reaction
force moves forward beneath the foot from the time the foot is placed flat on the ground, and moves anteriorly (Grundy et al., 1975; Zeininger, 2013).

The transition from mid-stance to terminal stance is marked by the rising of the heel from the ground. The peak of knee-extension is close to the moment of heel rise, after which the knee starts flexing slightly. The peak of ankle dorsiflexion is reached after heel rise. The triceps surae maintains the angle initially as the knee begins to flex, and moves to plantarflexion late in terminal stance (Levine et al., 2012). The knee rotates externally which causes the foot to become increasingly supinated while the toes remain flat on the ground (Levine et al., 2012). Pronation and supination of the subtalar joint creates flexibility and rigidity, respectively, in the transverse tarsal joint (Hagins and Pappas, 2012). Elftman (1960) demonstrated that the major axes of the oblique talonavicular joint and the longitudinal calcaneocuboid joint are parallel when the subtalar joint is everted. This allows motion in the transverse tarsal joint in a "loose packed" position. When the subtalar joint inverts the axes of these joints become convergent, locking the transverse tarsal joint in a "close-packed" position (Hagins and Pappas, 2012). This provides rigidity to the midfoot, and is a highly significant function during gait. It allows the foot to become a rigid lever during mid-stance to toe-off providing a significant mechanical advantage for push off. After heel rise the centre of pressure (COP) moves forward along the lateral mid-foot, it then rolls over from the lateral to medial side of the foot, moving the COP under the metatarsal heads (Zeininger, 2013). The direction and magnitude of a typical ground reaction force vector during walking gait is shown in Figure 2.1.2.

Initial contact of the contralateral limb occurs at $50 \%$ of the gait cycle, when the opposite foot reaches the ground, marking the end of single support and the beginning of the pre-swing phase. The leg is rotating anteriorly about the forefoot rather than the ankle joint (Levine et al., 2012). In the ankle, the ground reaction force vector is well in front of the ankle joint, producing a high dorsiflexor moment. This moment is opposed by correspondingly high contraction of the triceps surae which plantarflexes the foot, whilst extension of the metatarsophalangeal joint causes a tightening of the plantar fascia. The foot reaches maximal supination with hind-foot inversion, coupled with external tibial rotation this results in a tightly locked mid-foot high stability. This locking mechanism turns the foot into a rigid lever, aiding push-off (Elftman, 1960; Rose and Gamble, 2006; Hagins and Pappas, 2012; Levine et al., 2012). The power produced by the triceps surae before toe-off is the highest power in the gait cycle and serves to accelerate the limb into the swing phase (Levine et al., 2012). Toe-off occurs roughly around $60 \%$ of the gait cycle, prior to which the internal plantarflexor moment generated by the triceps surae declines rapidly as ground reaction forces reduce (Levine et al., 2012).


Figure 2.1.2. A 'butterfly diagram' of the ground reaction force vector at 10 ms intervals of one step from heel strike to toe-off. Maximum magnitude is roughly 1.2 body weights. Adapted from (Levine et al., 2012).

During walking, the forces on the lower limbs are highest during heel strike, when the body needs to absorb the shock of touching the ground by braking, and at the end of midstance, before toe-off when the body needs to be pushed upwards and forwards (Lieberman et al., 2010). It is expected that trabecular structures in the ankle, heel, and forefoot will be adapted to the forces associated with these two periods of stance.

In running the pattern described above is altered by the addition of a non-support phase (instead of a double support phase) between the swing and stance phase, and by an increase in the range of motion of the movements of the articulations of the lower limb. The increased range of motion is required to facilitate increased force absorption during weight bearing and greater propulsion during push-off (Kreighbaum and Barthels, 1996). During running, the foot-ground angle, the angle of ankle flexion, and the location of the COP vary considerably compared to walking (Giddings et al., 2000). During running the maximum vertical force on the supporting foot is roughly 3 times an individual's body weight compared to 1.2 during walking (Kreighbaum and Barthels, 1996; Giddings et al., 2000).

The gait of children differs from that of adults in the following ways (Levine et al., 2012):

- Children have a wider walking base
- Stride length and speed are lower in children
- Young children do not have a heel strike or toe-off during stance and make contact with a flat foot
- The knee is mostly extended during stance in children

Independent walking starts roughly between 10 and 17 months, and at this point an infant is able to propel itself forward unassisted (Zeininger 2013). At one year of age the tibialis anterior is too weak to dorsiflex the foot during swing, resulting in a plantigrade foot at touchdown (Rose and Gamble, 2006). One year old are also unable to create enough torque at the ankle to propel themselves forward into swing (Hallemans et al., 2005, 2006). Instead of a propulsive toe-off, the plantigrade foot is lifted at the end of stance. A true heel strike does not occur until 18-24 months on average (Zeininger 2013). By around two years of age the muscles associated with plantarflexion are sufficiently strengthened to propel the foot in a distinctive toe-off phase (Zeininger 2013). At around two years of age most children have adopted the adult pattern of knee flexion and extension during stance. By age four the relative durations of the swing and stance phases have reached adult proportions. The walking base is about $70 \%$ of hip width at the age of 1 , it reaches about $45 \%$ at age 3.5 , and reaches adult proportions of around $30 \%$ at age 7 (Levine et al., 2012).

The above described gait patterns were established by studying modern individuals from industrialized areas of the world, who have grown up wearing modern shoes. Thus, these gait patterns may not be reflective of the gaits of past human populations. Recent research has demonstrated significant differences in gait patterns between habitually shod and unshod individuals, most notably during running (Lieberman et al., 2010; Hatala et al., 2013). In an analysis comparing the gaits of habitually shod versus unshod endurance runners, Lieberman and colleagues (2010) found that shod runners solely use rear foot strikes, whereas habitually unshod runners reported that using rear foot strikes without shoes gets painful (also depending on speed and substrate) and therefore often use a forefoot strike or midfoot strike when running. The reason that shod individuals use heel strikes is that they have shoes that are designed to make heel strikes more comfortable. In their kinematic analysis, it was found that rear-foot strike causes a large transient force in shod runners and even larger in the unshod runners. Forefoot strike on the other hand produces no transient, resulting in a smoother application of force. They found that at similar speeds, the magnitudes of peak vertical force during the impact period are three times lower in the barefoot forefoot strikers than the shod rear-foot strikers.

## Appendix 2.2 Protocols for volume of interest placement

Instructions for taking measurements in AVIZO
1 - Open dataset (for example C:\CT Data\Jaap Saers\Jebel Moya) in Avizo. Open DICOM images if they are there. That means I have already reoriented the scans. Otherwise open the TIFF images.

2 - when opening tiff files, input the voxel dimensions ( $x, y, z$ ) found in the text document accompanying the image data. This sets the resolution of the image. This is very important, because this tells the computer how large each pixel is, and thus the size of the specimen.

3- Attach an orthoslice and an isosurface (threshold depends on population / scanning settings). Downsample the isosurface by 4 to prevent the computer from slowing down too much.

4 - Explore if the bone is oriented correctly. The correct orientations of the calcaneus, talus and first metatarsal can be found below.
3. Bones can be oriented incorrectly and sometimes must be re-oriented. Here are examples of CORRECT orientation:

## First, Make sure to set the viewer to Orthographic.

## Instructions for orienting the calcaneus

- The calcaneus should be placed in anatomical position
- The medial and lateral plantar processes should be horizontal, as if touching the ground
- The calcaneocuboid joint should be vertical


XY view.

$X Z$ view.


YZ view. Place the calcaneus in anatomical position. The cuboid articular facet should be roughly vertical. The plantar processes should be horizontal. Touching the hypothetical ground

## Instructions for orienting the first metatarsal

- The dorsal aspect of the shaft should be straight along the xz plane
- the slice in the sagittal plane should go along thelong-axis of the bone
- the ridges next to the grooves for the sesamoid bones should be horizontal


YZ. The dorsal aspect of the shaft should be straight along the $x z$ orthoslice


XZ. The YZ orthoslice should run through the long axis of the first metatarsal.

$X Y$. The ridges next to the grooves for the sesamoid bones should be horizontal (as if resting on the XZ orthoslice.

## Instructions for orienting the talus

- Trochlea should be flat and the talar head should be below the trochlea when viewed from the front.
- The Trochlea should be pointing forward, running parallel to the sagittal plane.
- The talar head should be below the trochlea. The tip of the lateral malleolus should be at the same height as the tip of the medial malleolus.


XY view. The trochlea should be flat and the talar head should be below the trochlea when viewed from the front.


XZ view. The Trochlea should be pointing forward, running parallel to the sagittal plane.

$Y Z$ view. The talar head should be below the trochlea. The tip of the lateral malleolus should be at the same height as the tip of the medial malleolus.

## Instructions for taking measurements in AVIZO, continued

4. To correct misaligned bones, Press the anatomical plane button on the top of the screen.
5. Go to Transform Editor by clicking on the data set, and then going to the Properties Window and selecting the button that looks like a cube with green nodes.

6. On your screen, there should appear a box, and two perpendicular axes with green spheres on each end. You will need to go to the arrow key (in the top left corner of the viewer window) and click and drag one of the green spheres. This rotates the data set in just one plane, which is what you want.
Align the bone in the $X Y X Z$ and $Y Z$ planes so that they correspond with the pictures in this document.
7. When you're done, and you can click on the Transform Editor button again to get rid of the box and spheres.
8. Right-click on the data set and go to Compute>Apply Transform. Click on "extended," "Voxel Size" and leave the padding value at 0 . Click Apply. You may receive a message warning you that the dataset will be very large - click CONTINUE to this. Wait for the sampling to be completed and a new dataset to appear in the Pool.
9. Click on the newly transformed data set and go to the crop editor button (crop symbol with line running through it) in properties. Ensure the minimum coordinates are set at 0,0,0. Hit okay.
10. If you are using a dataset from the Norris Farms population there is one extra step to take.

Click on the new dataset, then on the crop button in Properties, if the three voxel size values are not exactly the same you need to transform the data by following these steps:

## Right click on the new dataset, then Compute>Resample

```
Filter= Lanczos
```

- Click on Voxel Size and for $x, y$ and $z$ type in the largest value that you see above for 'Input voxel size:' (i.e. if the Input voxel size $=0.054,0.054,0.056$, you input $0.056,0.056,0.056$ )
- Click Apply - and a new 'resampled' dataset will appear.

11. Save the dataset. Create a new folder called DICOM inside the folder where your data is from. Then save the new dataset by right clicking on the newly transformed dataset in avizo and clicking "save as". Then save the dataset as DICOM files.
12. Now that the dataset is transformed and in its correct anatomical position you can start taking the external measurements listed at the start of this document. Add them to the excel file in the folder (D:\Jaaplexternal measurements).
13. Measurements can be taken with the ruler icon on the top of the screen. A 3 d measurement takes a measurement between two specific parts of the bone. A 2 d measurement can be taken anywhere. The measurements at the start of this document will tell you whether you need to use a 2 d or 3 d measurement. Make sure to set the viewer to Orthographic. Otherwise the 2D measurements are represented in pixels rather than millimetres. In the picture below the viewer is not yet set to orthographic.


## Protocols for placing spherical volumes of interest

Use the AutoVOI script to automatically place spherical VOIs in the correct locations within the bounding box. Variation in external morphology of the bones may require the position of the spheres to be manually adjusted. The following guide describes the process of placing the 17 VOIs throughout the calcaneus, talus, and first metatarsal.

## How to create a spherical VOI in Avizo

Create a cube using extract subvolume or the cubing script. Then when a cubic VOI is taken, add Volume Edit to it. In volume edit, click tool->change draw to transformer->then change box to ellipsoid. Then, Cut the outside. This results in a spherical voi

To be able to calculate Tb .Sp two spheres need to be created-> one with a black background and one with a "white" background. To create the one with the 'white' background use volume edit and before cutting the 'outside' set padding value to 1 value above the minimum value of "window" in the "data info" of the dataset.

## Calcaneus

The following protocols are established to ensure that all cubes are placed in homologous locations. VOI diameters are all standardized by calcaneus length which shows a strong correlation with body mass of all linear calcaneal dimensions.

## Region of interest determination

A bounding box should be placed around the calcaneus which should tightly contain the maximum width and length of the calcaneus. The height of the bounding box should be between the most plantar aspect of the tuber and the most dorsal aspect of the posterior talar facet.


XY view
XZ View
YZ view

## Calcaneocuboid VOI (CC)

The diameter of the CC VOI is $12 \%$ of calcaneus length as defined by the bounding box length. This VOi should be placed on the lateral side of the calcaneocuboid joint, just beneath the joint surface.


## Plantar ligaments VOI (PL)

The plantar ligament VOI is $10 \%$ of total calcaneal length as defined by the maximum length of the ROI. It is located on the medial side of the calcaneus, below the plantar ligament insertions and anterior to the plantar fascia insertion.

$X Z$
$Y Z$

$X Y$


## Posterior talar facet (PTF)

PTF VOI length is $10 \%$ of calcaneal length measured by the ROI length. The VOIs should be placed just beneath the posterior talar articular facet. One VOI is placed on the centrally on the posterior end of the PTF, one is placed centrally on the anterior side of the PTF, and one centrally in the centre of the PTF.

## Posterior VOI (PP)



XY

$X Z$

$Y Z$
Central VOI (PC)

$X Y$


XZ

$Y Z$

$X Y$

$X Z$


## Calcaneal tuber

Placed in centrally inside the ROI and dorsally and slightly medially in the calcaneal tuber halfway between the posterior calcaneal facet and the most dorsal/proximal end of the calcaneal tuber. The diameter is $20 \%$ of the calcaneal (ROI) length.


Achilles tendon.

The VOI is $8 \%$ length of calcaneal length. It is placed between the Achilles tendon insertion and the plantar fascia insertion, just inside the cortex and two thirds on the way to the Achilles tendon insertion, from the plantar fascia insertion.

$X Y$

$X Z$


YZ

## Talus

Talar length is highly correlated with body mass and talar size, and is thus used to standardize the VOIs. Two different ROIs are used to place VOIs; one for the trochlea and one for the other three VOIs.


VOIs: trochlea (lateral=green, central=red, medial=blue), anterior calcaneal facet (light green), posterior calcaneal facet (salmon), talar head (purple).

## Trochlea VOIs: lateral central and medial

A bounding box is placed along the maximum length of the talus and the maximum superior breadth of the trochlea, not taking into account the breadth of the medial or lateral malleolus. VOI diameter is calculated as $26 \%$ of bounding box breadth. This breadth corresponds to trochlear breadth (measurement T12) and is highly correlated to body mass in all populations. VOIs are placed equally spaced apart at 25,50 , and $75 \%$ of bounding box breadth. VOIs should be placed just below the articular surface at the most dorsal point of the trochlea




## Talar Head (TH)

The ROI remains along the maximum length of the talus and the maximum width of the talar head and dorsoplantar height of the talus. The sphere's diameter is scaled to $15 \%$ of talar length and is placed at the maximum mediolateral curvature of the talar head. Talar length (measurement TA1) is strongly correlated to body mass in all populations used in this thesis.


$X Z$


YZ

$X Z$
$Y Z$
$X Y$

$X Y$

## Anterior calcaneal facet (ACF)

The bounding box is identical to the one used for the talar head (TH). VOI is scaled to $15 \%$ of maximum talar length and is placed just deep to the anterior calcaneal facet.

$Y Z$


XZ

$X Y$

## $\underline{\text { Posterior calcaneal facet }}$

The bounding box is identical to the one used for the talar head (TH). The VOI is $15 \%$ of maximum talar length and is placed just under the posterior calcaneal facet just below the articular surface.

$X Z$

$X Y$

$Y Z$

## First Metatarsal

First metatarsal head
Open the MT1 cubing script and place a bounding box around the mt 1 head as shown in the pictures below.


Two spheres are placed in the MT1 head: one dorsal and one plantar on top of each other. The spheres scaled to a diameter of $35 \%$ of the height of the first metatarsal head, measured by the bounding box. This corresponds to dorsoplantar height of the first metatarsal head (measurement DPD) and is strongly correlated to body mass in all populations. Spheres are placed just beneath the articular surface.


First metatarsal base


Two spheres are placed in the MT1 base: one dorsal and one plantar. Spheres are scaled to $25 \%$ of the greatest bounding box dimension, which for the MT1 base is the height of the first metatarsal base. Dorsoplantar height of the first metatarsal bsae (measurement DPP) is strongly correlated to body mass in all populations. The spheres are then automatically placed in the correct location inside the bounding box using the autoVOI script.

$Y Z$

Trabecular Analysis Using Bone J

1. Open a trabecular cube (that has already been cropped for the ROI from the bone)
i. RAW: File $>$ Import $>$ Raw $>$ (select one of the slices in the file of interest)>(insert width \& height of the images, as well as number of images, offset to first image=0)

OR
ii. DICOM: File>Import>Image Sequence>>(select one of the slices in the file of interest)>OK

IF Trabecular cube will not threshold properly (all black background once macro is run): re-open image, Adjust >Brightness/Contrast > Auto - then move the minimum so that the indicator line contacts the left-most side of the data on the histogram.

Then: Image>Type>8-bit...then run Trab Plug in.
2. To Run Bone J Macro (Bone J_Auto)
a. Plug-ins > Macros > Trab
i. (see note at bottom of document re. having macros start up immediately)

OR
3. Plugins > Bone $\mathrm{J}>$ Optimise Threshold
a. Check both 'Threshold Only' and 'Apply Threshold'
b. Your trabecular data should now be binary - not all black, nor all white.
4. All in Bone J (Plugins > Bone J)
i. Volume Fraction

1. Algorithm: Voxel
ii. Thickness
2. Check Thickness and Spacing, (don't check Graphic Result unless you desire an image output of thickness values for each trabeculae)
iii. Structure Model index
3. SMI Method: Hildebrand \& Ruegsegger
iv. Anisotropy
4. Use all defaults
v. Purify
5. Labelling Algorithm: Multithreaded
vi. Connectivity

## 1. Use all defaults

5. Run these processes (or the macro compiled which runs all of these automatically, see instructions below) for each bone, at each resolution.
6. Copy the results into an excel spreadsheet.

To write a new Macro: Plug-ins > Macros > Record
Plug-ins>Macros>Start-Up Macros - at the bottom of this text file paste in the macro that you have built - encapsulate the whole macro - at start and end with the proper brackets - as seen in earlier text.

## Appendix 2.3 Summary statistics of trabecular properties

Table 2.3.1. Summary table of trabecular properties in males $(M)$, females $(F)$, and pooled sex $(P)$ samples. S.E. indicates the standard error and S.D. indicates the standard deviation.

| VOI | BV/TV |  | Black Earth |  |  | Jebel Moya |  |  |  | Kerma |  |  | St. Johns |  |  |  | Pooled |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | M | F | P | M | F | I | $\mathbf{P}$ | M | F | P | M | F | I | P | M | F | I | P |
| Achilles tendon |  | Mean | 0.47 | 0.44 | 0.45 | 0.48 | 0.35 | 0.48 | 0.46 | 0.31 | 0.37 | 0.33 | 0.39 | 0.39 | 0.46 | 0.39 | 0.41 | 0.40 | 0.47 | 0.41 |
|  |  | S.E. | 0.03 | 0.04 | 0.03 | 0.02 | 0.03 | 0.02 | 0.02 | 0.02 | 0.03 | 0.02 | 0.02 | 0.02 |  | 0.01 | 0.02 | 0.02 | 0.02 | 0.01 |
|  |  | S.D. | 0.09 | 0.13 | 0.11 | 0.04 | 0.04 | 0.04 | 0.06 | 0.06 | 0.07 | 0.07 | 0.05 | 0.05 |  | 0.05 | 0.09 | 0.09 | 0.04 | 0.09 |
|  |  | N | 7 | 10 | 17 | 8 | 2 | 5 | 15 | 9 | 7 | 16 | 9 | 11 | 1 | 21 | 33 | 30 | 6 | 69 |
|  | Tb.Th | Mean | 0.33 | 0.31 | 0.31 | 0.34 | 0.26 | 0.32 | 0.32 | 0.26 | 0.27 | 0.27 | 0.28 | 0.26 | 0.35 | 0.27 | 0.30 | 0.28 | 0.33 | 0.29 |
|  |  | S.E. | 0.01 | 0.02 | 0.01 | 0.01 | 0.02 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
|  |  | S.D. | 0.04 | 0.06 | 0.05 | 0.04 | 0.03 | 0.02 | 0.04 | 0.04 | 0.02 | 0.03 | 0.02 | 0.03 |  | 0.03 | 0.04 | 0.04 | 0.02 | 0.04 |
|  |  | N | 7 | 10 | 17 | 8 | 2 | 5 | 15 | 9 | 7 | 16 | 9 | 11 | 1 | 21 | 33 | 30 | 6 | 69 |
|  | DA | Mean | 0.75 | 0.70 | 0.72 | 0.75 | 0.64 | 0.76 | 0.74 | 0.75 | 0.73 | 0.75 | 0.78 | 0.78 | 0.78 | 0.78 | 0.76 | 0.73 | 0.76 | 0.75 |
|  |  | S.E. | 0.02 | 0.02 | 0.02 | 0.02 | 0.06 | 0.02 | 0.02 | 0.01 | 0.03 | 0.01 | 0.01 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 |
|  |  | S.D. | 0.06 | 0.07 | 0.07 | 0.07 | 0.08 | 0.04 | 0.07 | 0.03 | 0.08 | 0.06 | 0.03 | 0.05 |  | 0.04 | 0.05 | 0.08 | 0.04 | 0.06 |
|  |  | N | 7 | 10 | 17 | 8 | 2 | 5 | 15 | 9 | 7 | 16 | 9 | 11 | 1 | 21 | 33 | 30 | 6 | 69 |
|  | Tb.Sp | Mean | 0.42 | 0.42 | 0.42 | 0.43 | 0.50 | 0.42 | 0.43 | 0.56 | 0.49 | 0.53 | 0.47 | 0.43 | 0.45 | 0.45 | 0.47 | 0.45 | 0.42 | 0.46 |
|  |  | S.E. | 0.03 | 0.03 | 0.02 | 0.02 | 0.04 | 0.03 | 0.01 | 0.03 | 0.04 | 0.02 | 0.02 | 0.02 |  | 0.01 | 0.01 | 0.02 | 0.02 | 0.01 |
|  |  | S.D. | 0.09 | 0.09 | 0.09 | 0.04 | 0.05 | 0.06 | 0.05 | 0.08 | 0.09 | 0.09 | 0.05 | 0.07 |  | 0.06 | 0.08 | 0.08 | 0.06 | 0.08 |
|  |  | N | 7 | 10 | 17 | 8 | 2 | 5 | 15 | 9 | 7 | 16 | 9 | 11 | 1 | 21 | 33 | 30 | 6 | 69 |
|  | Conn.D | Mean | 5.17 | 5.84 | 5.56 | 5.04 | 5.77 | 5.45 | 5.27 | 4.41 | 5.60 | 4.93 | 4.45 | 5.99 | 5.09 | 5.28 | 4.73 | 5.83 | 5.39 | 5.27 |
|  |  | S.E. | 0.29 | 0.30 | 0.22 | 0.42 | 0.03 | 0.61 | 0.29 | 0.49 | 0.85 | 0.47 | 0.26 | 0.46 |  | 0.31 | 0.19 | 0.27 | 0.50 | 0.17 |
|  |  | S.D. | 0.77 | 0.94 | 0.91 | 1.18 | 0.04 | 1.36 | 1.14 | 1.47 | 2.25 | 1.88 | 0.77 | 1.53 |  | 1.42 | 1.11 | 1.47 | 1.23 | 1.37 |
|  |  | N | 7 | 10 | 17 | 8 | 2 | 5 | 15 | 9 | 7 | 16 | 9 | 11 | 1 | 21 | 33 | 30 | 6 | 69 |
| Calcaneocuboid | BV/TV | Mean | 0.46 | 0.43 | 0.45 | 0.52 | 0.40 | 0.53 | 0.50 | 0.32 | 0.40 | 0.35 | 0.37 | 0.36 | 0.39 | 0.37 | 0.41 | 0.39 | 0.50 | 0.41 |
|  |  | S.E. | 0.04 | 0.04 | 0.03 | 0.02 | 0.04 | 0.02 | 0.02 | 0.01 | 0.03 | 0.02 | 0.02 | 0.02 |  | 0.01 | 0.02 | 0.02 | 0.03 | 0.01 |
|  |  | S.D. | 0.10 | 0.09 | 0.09 | 0.06 | 0.05 | 0.04 | 0.06 | 0.04 | 0.08 | 0.07 | 0.06 | 0.06 |  | 0.05 | 0.10 | 0.07 | 0.07 | 0.09 |






|  | Tb.Th | N | 7 | 8 | 15 | 5 | 2 | 2 | 9 | 9 | 5 | 14 | 9 | 9 | 0 | 18 | $\begin{array}{r} 30 \\ 0.26 \end{array}$ | $\begin{array}{r} 24 \\ 0.25 \end{array}$ | 20.31 | 560.26 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Mean | 0.30 | 0.28 | 0.29 | 0.28 | 0.28 | 0.31 | 0.29 | 0.24 | 0.24 | 0.24 | 0.24 | 0.23 |  | 0.23 |  |  |  |  |
|  |  | S.E. | 0.01 | 0.02 | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |  | 0.00 | 0.01 | 0.01 | 0.02 | 0.01 |
|  |  | S.D. | 0.04 | 0.05 | 0.04 | 0.02 | 0.01 | 0.03 | 0.02 | 0.02 | 0.03 | 0.02 | 0.02 | 0.02 |  | 0.02 | 0.04 | 0.04 | 0.03 | 0.04 |
|  |  | N | 7 | 8 | 15 | 5 | 2 | 2 | 9 | 9 | 5 | 14 | 9 | 9 | 0 | 18 | 30 | 24 | 2 | 56 |
|  | DA | Mean | 0.79 | 0.80 | 0.80 | 0.75 | 0.73 | 0.77 | 0.75 | 0.78 | 0.78 | 0.78 | 0.72 | 0.71 |  | 0.71 | 0.76 | 0.76 | 0.77 | 0.76 |
|  |  | S.E. | 0.02 | 0.01 | 0.01 | 0.02 | 0.03 | 0.02 | 0.01 | 0.01 | 0.02 | 0.01 | 0.02 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 |
|  |  | S.D. | $0.05$ | 0.04 | 0.04 | 0.04 | 0.05 | 0.02 | 0.03 | 0.03 | 0.04 | 0.04 | 0.06 | 0.04 |  | 0.05 | 0.05 | 0.06 | 0.02 | 0.05 |
|  |  | N | 7 | 8 | 15 | 5 | 2 | 2 | 9 | 9 | 5 | 14 | 8 | 9 | 0 | 17 | 29 | 24 | 2 | 55 |
|  | Tb.Sp | Mean | 0.41 | 0.38 | 0.39 | 0.39 | 0.43 | 0.36 | 0.39 | 0.47 | 0.44 | 0.46 | 0.41 | 0.42 |  | 0.41 | 0.42 | 0.41 | 0.36 | 0.42 |
|  |  | S.E. | 0.03 | 0.02 | 0.01 | 0.02 | 0.04 | 0.02 | 0.02 | 0.01 | 0.03 | 0.01 | 0.01 | 0.02 |  | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 |
|  |  | S.D. | 0.07 | 0.05 | 0.06 | 0.05 | 0.06 | 0.03 | 0.05 | 0.03 | 0.07 | 0.05 | 0.02 | 0.06 |  | 0.04 | 0.05 | 0.06 | 0.03 | 0.05 |
|  |  | N | 7 | 8 | 15 | 5 | 2 | 2 | 9 | 9 | 5 | 14 | 9 | 9 | 0 | 18 | 30 | 24 | 2 | 56 |
|  | Conn.D | Mean | 4.74 | 6.44 | 5.65 | 6.45 | 6.32 | 6.70 | 6.48 | 6.45 | 8.79 | 7.29 | 8.24 | 9.51 |  | 8.87 | 6.59 | 8.07 | 6.70 | 7.23 |
|  |  | S.E. | $0.20$ | $0.53$ | 0.36 | 0.86 | 1.04 | 1.70 | 0.56 | 0.41 | 1.23 | 0.58 | 0.40 | 0.76 |  | 0.44 | 0.32 | 0.50 | 1.70 | 0.29 |
|  |  | S.D. | 0.53 | 1.49 | 1.41 | 1.92 | 1.47 | 2.41 | 1.69 | 1.24 | 2.76 | 2.15 | 1.19 | 2.27 |  | 1.87 | 1.75 | 2.45 | 2.41 | 2.18 |
|  |  | N | 7 | 8 | 15 | 5 | 2 | 2 | 9 | 9 | 5 | 14 | 9 | 9 | 0 | 18 | 30 | 24 | 2 | 56 |
| MT1 base plantar | BV/TV | Mean | 0.32 | 0.32 | 0.32 | 0.30 | 0.30 | 0.37 | 0.32 | 0.23 | 0.26 | 0.24 | 0.28 | 0.27 |  | 0.28 | 0.27 | 0.29 | 0.37 | 0.28 |
|  |  | S.E. | 0.03 | 0.03 | 0.02 | 0.06 | 0.05 |  | 0.03 | 0.02 | 0.02 | 0.01 | 0.01 | 0.02 |  | 0.01 | 0.01 | 0.01 |  | 0.01 |
|  |  | S.D. | 0.07 | 0.07 | 0.06 | 0.09 | 0.07 |  | 0.07 | 0.05 | 0.04 | 0.05 | 0.04 | 0.06 |  | 0.05 | 0.06 | 0.06 |  | 0.06 |
|  |  | N | 6 | 7 | 13 | 2 | 2 | 1 | 5 | 9 | 4 | 13 | 9 | 9 | 0 | 18 | 26 | 22 | 1 | 49 |
|  | Tb.Th | Mean | 0.29 | 0.26 | 0.27 | 0.27 | 0.28 | 0.27 | 0.27 | 0.23 | 0.23 | 0.23 | 0.22 | 0.22 |  | 0.22 | 0.24 | 0.24 | 0.27 | 0.24 |
|  |  | S.E. | 0.01 | 0.02 | 0.01 | 0.03 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |  | 0.01 | 0.01 | 0.01 |  | 0.01 |
|  |  | S.D. | 0.03 | 0.05 | 0.04 | 0.04 | 0.02 |  | 0.02 | 0.03 | 0.01 | 0.03 | 0.02 | 0.03 |  | 0.02 | 0.04 | 0.04 |  | 0.04 |
|  |  | N | 6 | 7 | 13 | 2 | 2 | 1 | 5 | 9 | 4 | 13 | 9 | 9 | 0 | 18 | 26 | 22 | 1 | 49 |
|  | DA | Mean | 0.62 | 0.60 | 0.61 | 0.58 | 0.54 | 0.60 | 0.57 | 0.63 | 0.53 | 0.60 | 0.56 | 0.52 |  | 0.54 | 0.60 | 0.55 | 0.60 | 0.58 |
|  |  | S.E. | 0.02 | 0.02 | 0.02 | 0.02 | 0.05 |  | 0.02 | 0.03 | 0.03 | 0.02 | 0.02 | 0.01 |  | 0.01 | 0.01 | 0.01 |  | 0.01 |
|  |  | S.D. | 0.05 | 0.06 | 0.06 | 0.03 | 0.07 |  | 0.04 | 0.08 | 0.07 | 0.09 | 0.07 | 0.03 |  | 0.06 | 0.07 | 0.06 |  | 0.07 |
|  |  | N | 6 | 7 | 13 | 2 | 2 | 1 | 5 | 9 | 4 | 13 | 9 | 9 | 0 | 18 | 26 | 22 | 1 | 49 |
|  | Tb.Sp | Mean | 0.60 | 0.52 | 0.56 | 0.64 | 0.61 | 0.53 | 0.61 | 0.68 | 0.59 | 0.65 | 0.53 | 0.55 |  | 0.54 | 0.61 | 0.55 | 0.53 | 0.58 |





|  | Tb.Th | N | 5 | 6 | 11 | 10 | 4 | 5 | 19 | 12 | 7 | 19 | 8 | 11 | 0 | 19 | $\begin{array}{r} 35 \\ 0.32 \end{array}$ | $\begin{array}{r} 28 \\ 0.30 \end{array}$ | 50.39 | $\begin{array}{r} 68 \\ 0.32 \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Mean | 0.37 | 0.33 | 0.35 | 0.38 | 0.35 | 0.39 | 0.38 | 0.27 | 0.29 | 0.28 | 0.30 | 0.27 |  | 0.28 |  |  |  |  |
|  |  | S.E. | 0.01 | 0.02 | 0.01 | 0.01 | 0.02 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
|  |  | S.D. | 0.02 | 0.05 | 0.04 | 0.05 | 0.03 | 0.03 | 0.04 | 0.03 | 0.04 | 0.03 | 0.03 | 0.03 |  | 0.04 | 0.06 | 0.05 | 0.03 | 0.06 |
|  |  | N | 5 | 6 | 11 | 10 | 4 | 5 | 19 | 12 | 7 | 19 | 8 | 11 | 0 | 19 | 35 | 28 | 5 | 68 |
|  | DA | Mean | 0.83 | 0.83 | 0.83 | 0.77 | 0.78 | 0.76 | 0.77 | 0.81 | 0.77 | 0.80 | 0.85 | 0.83 |  | 0.83 | 0.81 | 0.81 | 0.76 | 0.81 |
|  |  | S.E. | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
|  |  | S.D. | 0.02 | 0.03 | 0.03 | 0.05 | 0.02 | 0.02 | 0.04 | 0.05 | 0.03 | 0.05 | 0.03 | 0.03 |  | 0.03 | 0.05 | 0.04 | 0.02 | 0.05 |
|  |  | N | 5 | 6 | 11 | 10 | 4 | 5 | 19 | 12 | 7 | 19 | 8 | 11 | 0 | 19 | 35 | 28 | 5 | 68 |
|  | Tb.Sp | Mean | 0.39 | 0.38 | 0.39 | 0.37 | 0.44 | 0.38 | 0.39 | 0.48 | 0.44 | 0.47 | 0.47 | 0.45 |  | 0.46 | 0.44 | 0.43 | 0.38 | 0.43 |
|  |  | S.E. | 0.01 | 0.02 | 0.01 | 0.02 | 0.03 | 0.02 | 0.01 | 0.02 | 0.02 | 0.01 | 0.02 | 0.02 |  | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 |
|  |  | S.D. | 0.01 | 0.06 | 0.04 | 0.06 | 0.07 | 0.04 | 0.06 | 0.06 | 0.07 | 0.06 | 0.06 | 0.06 |  | 0.06 | 0.07 | 0.07 | 0.04 | 0.07 |
|  |  | N | 5 | 6 | 11 | 10 | 4 | 5 | 19 | 12 | 7 | 19 | 8 | 11 | 0 | 19 | 35 | 28 | 5 | 68 |
|  | Conn.D | Mean | 3.14 | 4.26 | 3.75 | 4.11 | 4.18 | 5.24 | 4.42 | 5.73 | 5.93 | 5.80 | 4.10 | 5.72 |  | 5.04 | 4.53 | 5.24 | 5.24 | 4.87 |
|  |  | S.E. | $0.29$ | 0.55 | $0.36$ | $0.46$ | 0.44 | 0.54 | 0.31 | 0.51 | 0.55 | 0.37 | 0.31 | 0.56 |  | 0.39 | 0.28 | 0.31 | 0.54 | 0.20 |
|  |  | S.D. | 0.65 | 1.35 | 1.19 | 1.47 | 0.87 | 1.20 | 1.33 | 1.77 | 1.46 | 1.62 | 0.88 | 1.86 |  | 1.70 | 1.64 | 1.66 | 1.20 | 1.64 |
|  |  | N | 5 | 6 | 11 | 10 | 4 | 5 | 19 | 12 | 7 | 19 | 8 | 11 | 0 | 19 | 35 | 28 | 5 | 68 |
| Trochlea lateral | BV/TV | Mean | 0.48 | 0.50 | 0.49 | 0.57 | 0.47 | 0.61 | 0.56 | 0.37 | 0.44 | 0.40 | 0.43 | 0.36 |  | 0.39 | 0.46 | 0.43 | 0.61 | 0.46 |
|  |  | S.E. | 0.04 | 0.02 | 0.02 | 0.02 | 0.04 | 0.03 | 0.02 | 0.02 | 0.01 | 0.02 | 0.03 | 0.02 |  | 0.02 | 0.02 | 0.01 | 0.03 | 0.01 |
|  |  | S.D. | 0.11 | 0.05 | 0.08 | 0.07 | 0.07 | 0.07 | 0.08 | 0.07 | 0.03 | 0.07 | 0.07 | 0.06 |  | 0.07 | 0.11 | 0.08 | 0.07 | 0.10 |
|  |  | N | 7 | 8 | 15 | 10 | 4 | 5 | 19 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 34 | 28 | 5 | 67 |
|  | Tb.Th | Mean | 0.33 | 0.32 | 0.33 | 0.37 | 0.32 | 0.36 | 0.36 | 0.26 | 0.29 | 0.27 | 0.27 | 0.24 |  | 0.25 | 0.31 | 0.28 | 0.36 | 0.30 |
|  |  | S.E. | 0.02 | 0.01 | 0.01 | 0.02 | 0.02 | 0.02 | 0.01 | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 |
|  |  | S.D. | 0.06 | 0.04 | 0.05 | 0.05 | 0.04 | 0.04 | 0.05 | 0.03 | 0.03 | 0.03 | 0.05 | 0.04 |  | 0.05 | 0.06 | 0.05 | 0.04 | 0.06 |
|  |  | N | 7 | 8 | 15 | 10 | 4 | 4 | 18 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 34 | 28 | 4 | 66 |
|  | DA | Mean | 0.79 | 0.80 | 0.79 | 0.76 | 0.77 | 0.79 | 0.77 | 0.77 | 0.75 | 0.76 | 0.76 | 0.77 |  | 0.76 | 0.77 | 0.77 | 0.79 | 0.77 |
|  |  | S.E. | 0.02 | 0.01 | 0.01 | 0.02 | 0.01 | 0.01 | 0.01 | 0.02 | 0.02 | 0.01 | 0.02 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
|  |  | S.D. | 0.05 | 0.02 | 0.04 | 0.06 | 0.02 | 0.03 | 0.04 | 0.05 | 0.05 | 0.05 | 0.05 | 0.04 |  | 0.04 | 0.05 | 0.04 | 0.03 | 0.04 |
|  |  | N | 7 | 8 | 15 | 10 | 4 | 5 | 19 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 34 | 28 | 5 | 67 |
|  | Tb.Sp | Mean | 0.44 | 0.41 | 0.42 | 0.38 | 0.43 | 0.34 | 0.38 | 0.50 | 0.44 | 0.48 | 0.43 | 0.43 |  | 0.43 | 0.44 | 0.42 | 0.34 | 0.42 |



|  | N | 7 | 8 | 15 | 9 | 3 | 3 | 15 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 33 | 27 | 3 | 63 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tb.Th | Mean | 0.31 | 0.29 | 0.30 | 0.32 | 0.28 | 0.33 | 0.32 | 0.25 | 0.27 | 0.26 | 0.26 | 0.24 |  | 0.25 | 0.29 | 0.26 | 0.33 | 0.28 |
|  | S.E. | 0.01 | 0.02 | 0.01 | 0.01 | 0.02 | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 | 0.01 | 0.01 |  | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
|  | S.D. | 0.04 | 0.04 | 0.04 | 0.03 | 0.04 | 0.01 | 0.03 | 0.03 | 0.03 | 0.03 | 0.02 | 0.03 |  | 0.03 | 0.04 | 0.04 | 0.01 | 0.04 |
|  | N | 7 | 8 | 15 | 9 | 3 | 3 | 15 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 33 | 27 | 3 | 63 |
| DA | Mean | 0.67 | 0.69 | 0.68 | 0.58 | 0.68 | 0.56 | 0.60 | 0.66 | 0.64 | 0.65 | 0.61 | 0.63 |  | 0.62 | 0.63 | 0.66 | 0.56 | 0.64 |
|  | S.E. | 0.03 | 0.03 | 0.02 | 0.03 | 0.04 | 0.05 | 0.02 | 0.03 | 0.03 | 0.02 | 0.03 | 0.02 |  | 0.02 | 0.02 | 0.01 | 0.05 | 0.01 |
|  | S.D. | $0.08$ | 0.07 | 0.07 | 0.08 | 0.07 | 0.09 | 0.09 | 0.11 | 0.06 | 0.09 | 0.07 | 0.08 |  | 0.07 | 0.09 | 0.07 | 0.09 | 0.08 |
|  | N | 7 | 8 | 15 | 9 | 3 | 3 | 15 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 33 | 27 | 3 | 63 |
| Tb.Sp | Mean | 0.43 | 0.41 | 0.42 | 0.42 | 0.47 | 0.44 | 0.44 | 0.53 | 0.48 | 0.51 | 0.43 | 0.43 |  | 0.43 | 0.46 | 0.44 | 0.44 | 0.45 |
|  | S.E. | 0.01 | 0.02 | 0.01 | 0.02 | 0.02 | 0.02 | 0.01 | 0.01 | 0.03 | 0.01 | 0.01 | 0.02 |  | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 |
|  | S.D. | 0.04 | 0.05 | 0.05 | 0.05 | 0.04 | 0.04 | 0.05 | 0.04 | 0.06 | 0.05 | 0.04 | 0.06 |  | 0.05 | 0.06 | 0.06 | 0.04 | 0.06 |
|  | N | 6 | 8 | 14 | 9 | 3 | 3 | 15 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 32 | 27 | 3 | 62 |
| Conn.D | Mean | 5.19 | 6.60 | 5.94 | 6.06 | 6.47 | 5.86 | 6.10 | 6.12 | 7.15 | 6.46 | 7.97 | 9.33 |  | 8.80 | 6.30 | 7.80 | 5.86 | 6.92 |
|  | S.E. | 0.37 | 0.58 | 0.39 | 0.47 | 1.02 | 0.35 | 0.34 | 0.56 | 0.81 | 0.46 | 0.61 | 0.65 |  | 0.48 | 0.30 | 0.43 | 0.35 | 0.26 |
|  | S.D. | 0.98 | 1.64 | 1.51 | 1.42 | 1.77 | 0.61 | 1.30 | 1.76 | 1.80 | 1.78 | 1.62 | 2.17 |  | 2.04 | 1.72 | 2.24 | 0.61 | 2.06 |
|  | N | 7 | 8 | 15 | 9 | 3 | 3 | 15 | 10 | 5 | 15 | 7 | 11 | 0 | 18 | 33 | 27 | 3 | 63 |

Appendix 3.

## Appendix 3.1 List of external bone measurements

The reference numbers of each talar and calcaneal measurement come from Jay Stock's Osteometric Data Collection System v2.3, except for CA18 which comes from Raichlen et al. (2011). The measurements of the first metatarsal come from de Groote \& Humphrey (2011).

## Calcaneus

- CA1 Maximum calcaneus length. anterior-most point to posterior-most point along the long axis of the calcaneus.
- CA6 minimum breadth of calcaneal body - the smallest transverse diameter across the body of the calcaneus, usually located midway between the talar articular surface and the most dorsal extent of the tuber calcanei (Pearson,1997).
- CA7-sustentaculum tali breadth - maximum medio-lateral breadth of the calcaneus at the location of the maximum medial extent of the sustentaculum tali.
- CA9 - tuberosity height (Br7,M7) - maximum supero-inferior height of the calcaneal tuberosity.
- CA10 - tuberosity breadth (Br8,M8) - maximum mediolateral breadth of the calcaneal tuberosity (js).
- CA15 - posterior talar length (Br9,M9) - maximum length of the posterior talar
- CA16 - posterior talar breadth (Br10,M10) - maximum breadth of the posterior talar articular surface of the calcaneus, taken perpendicular to Posterior Talar Facet Length.
- CA17 - load arm length - the projected distance from the most posterior point of the posterior articular surface for the talus, to the most anterior/superior point on the cuboidal facet.
- CA18 - Raichlen(2011) - Calcaneal Tuber Length: the maximum distance between the posterior edge of the calcaneal tuberosity and the anterior edge of the posterior talocalcaneal surface.
- PTF shape - CA15/CA16. This divides posterior talar facet length by posterior talar facet breadth. A value below 1 indicates a broad PTF and a value above 1 indicates a long PTF.
- PTF area - CA15*CA16. This roughly quantifies the size of the PTF.
- Tuber shape - CA9/CA10. This measure divides tuber height by tuber breadth. A value $>1$ indicates high tuber whereas a value $<1$ indicates a broad tuber.
- Tuber area -CA9*CA10. This roughly quantifies the area and thus the robustness of the tuber.


Figure 3.1.1. External measurements of the calcaneus.

## First Metatarsal

Measurements from Groote \& Humphrey (2011):

- MTL - metatarsal length.
- MLD - mediolateral diameter of the distal articulation.
- DPD - dorsoplantar diameter of the distal articulation.
- DPP - dorsoplantar diameter of the proximal articulation.
- MLP - mediolateral diameter of the proximal articulation.
- Head shape DPD/MLD. Head height is divided by head breadth. Values >1 indicate a high MT1 head, values <1 indicate a broad MT1 head.
- Head area MLD*DPD. This measure roughly indicates the size of the MT1 head.
- Base shape DPP/MLP. Base height is divided by base breadth. Values $>1$ indicate a MT1 base, values $<1$ indicate a broad base.
- Base area DPP*MLP. This measure roughly indicates the size of the MT1 base.

MTL


Figure 3.1.2. External measurements of the first metatarsal.

## Talus

- TA1 - talar length - the distance from the flexor hallucis longus groove to the most anterior point of the head, measured parallel to the long axis of the trochlea (M1; Pearson, 1997).
- TA4- physiological (articular) breadth - the widest breadth of the trochlea, measured perpendicular to the long axis (M2b; Pearson 1997).
- TA7- length of head plus neck - the distance from the anterior median edge of the trochlea to the most distal point of the head, measured parallel to the long axis of the head and neck (M8; Pearson 1997).
- TA8- head length - maximum length of the navicular articular surface
- TA9- head breadth - maximum breadth of the navicular articular surface, measured perpendicular to head length
- TA11- trochlear length - maximum length measured among the medial margin
- TA12- trochlear breadth - measured at the superior margin
- TA13- trochlear height - maximum height of lateral margin, measured against vertical plane
- TA18- posterior calcaneal length - maximum length of the talo-calcaneal articular surface
- TA19- posterior calcaneal breadth - maximum breadth of the talocalcaneal articular surface
- Trochlea shape TA11/TA12. Trochlear length is divided by trochlear breadth. A value $<1$ indicates a broader trochlea while values $>1$ indicate a long trochlea.
- Trochlea area TA11*TA12. This is a rough measure of trochlear size.
- PCF shape TA19/TA18. PCF breadth is divided by PCF length. Values <1 indicate a broader PCF while values >1 indicate a longer PCF.
- PCF area TA18*TA19. This value roughly quantifies PCF size.
- Talar head shape TA9/TA8. Talar head breadth is divided by head height. A value <1 indicates a wider talar head and a value $>1$ a higher talar head.
- Talar head area TA9*TA8. This is a rough measure of talar head size.


Figure 3.1.3. External measurements of the talus.

## Appendix 3.2 Osteometric variation between populations Introduction

The bulk of this thesis will consider variation in trabecular bone architecture of the foot in four human populations. Variation in body mass and bone dimensions is explored between populations and sexes so that these may be considered in subsequent analyses of trabecular microstructure

## Materials and methods

External dimensions of the talus, calcaneus, and first metatarsal of the Kerma, St. Johns, Jebel Moya, and Black Earth populations were measured. Additionally, the geometric mean of the linear measurements was calculated per bone. Body mass and linear bone dimensions are compared using one-way ANOVA with Games-Howell or Hochberg GT2 post hoc tests depending on Levene's test for homogeneity of variance.

## Results

No significant differences were found between populations in pooled sex body mass (Figure 3.2.1, Table 3.2.1). The Black Earth males have a lower mean body mass compared to the other males, although this difference avoids statistical significance. In the females, the Jebel Moya have a significantly lower body mass compared to the Black Earth, although the Jebel Moya sample consists of only 3 females. It is plausible that some of the indeterminate individuals were female, which would have raised the average female body mass (Figure 3.2.1)

Summary statistics of linear bone measurements per population and sex are provided in Table 3.2.2. Calcaneal, first metatarsal, and talar bone size and shape indices of males and females from four populations are presented graphically as boxplots in Figure 3.2 .2 with the median, interquartile range, minimum, and maximum values. The results of one-way pairwise ANOVA between populations in pooled sex, males, and females are presented in Table 3.2.3.

The results presented in Table 3.2.3 show that there are significant differences in absolute bone dimensions between populations. Whenever significant differences are found in bone dimensions the African populations tend to have larger values compared to the Black Earth and St. Johns, and in general, the Black Earth possess the smallest bone dimensions. Interestingly, the significant differences in males and females tend to arise in different bone dimensions.

## Conclusion

No significant differences were found between populations in pooled sex body mass, but significant differences were found between populations in both males and females. Significant differences are found between populations in external bone measurements in males, females, and pooled sex samples. The Black Earth males had significantly lower mean body mass and the Jebel Moya females had
significantly lower body mass. The significant differences in bone dimensions and body mass should be considered in future analyses.


Figure 3.2.1. Body mass in males and females of the four human populations. Diamonds indicate pooled sex means. $M=$ male, $F=$ female, $I=$ indeterminate.

Table 3.2.1. Summary statistics of body mass.

|  |  | N | Mean (SD) | Std. <br> Error | Levene p | $\begin{aligned} & \text { ANOVA } \\ & p \end{aligned}$ | Post-hoc |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Black | pooled | 21 | 58.147 (5.045) | 1.101 | . 010 | . 246 |  |
| Earth | male | 10 | 62.238 (2.962) | 0.936 | . 084 | . 045 |  |
|  | female | 11 | 54.427 (3.323) | 1.001 | . 020 | . 692 | >JM, p=. 049 |
| Jebel | pooled | 20 | 63.276 (8.681) | 1.941 | . 010 | . 246 |  |
| Moya | male | 11 | 68.752 (6.826) | 2.058 | . 084 | . 045 |  |
|  | female | 3 | 50.698 (1.203) | 0.695 | . 020 | . 692 | <BE, $\mathrm{p}=.049$ |
| Kerma | pooled | 22 | 60.847(8.250) | 1.759 | . 010 | . 246 |  |
|  | male | 13 | 65.324 (7.051) | 1.955 | . 084 | . 045 |  |
|  | female | 9 | 54.378 (4.943) | 1.647 | . 020 | . 692 |  |
| St. Johns | pooled | 20 | 61.038 (9.459) | 2.115 | . 010 | . 246 |  |
|  | male | 9 | 68.879 (4.954) | 1.651 | . 084 | . 045 |  |
|  | female | 11 | 54.621 (7.053) | 2.126 | . 020 | . 692 |  |
| Total | pooled | 83 | 60.795 (8.071) | 0.886 |  |  |  |
|  | male | 43 | 66.227 (6.251) | 0.953 |  |  |  |
|  | female | 34 | 54.148 (5.062) | 0.868 |  |  |  |










Figure 3.2.2. Boxplots of bone size and shape indices. Diamonds indicate pooled sex means. $M=$ male, $F=$ female, $I=$ indeterminate.

Table 3.2.2. Summary statistics of osteometrics for individual and pooled populations. $M=$ male, $F=$ female, $I=$ indeterminate, $P=$ pooled.

|  |  | Populations |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Black Earth |  |  | Jebel Moya |  |  |  | Kerma |  |  | St. Johns |  |  |  |  |  |  |  |
|  |  | Sex |  |  | Sex |  |  |  | Sex |  |  | Sex |  |  |  | Sex |  |  |  |
|  |  | M | F | P | M | F | I | P | M | F | P | M | F | I | P | M | F | I | P |
| CA1 | Mean | 73.65 | 69.17 | 71.19 | 82.07 | 72.28 | 75.71 | 78.86 | 83.13 | 75.87 | 80.45 | 78.06 | 68.81 | 70.05 | 73.04 | 79.59 | 70.82 | 74.90 | 75.75 |
|  | S.E. | . 38 | 1.11 | . 80 | 2.16 | 3.04 | 1.35 | 1.56 | 1.29 | 2.70 | 1.49 | 1.26 | 1.11 |  | 1.30 | . 92 | . 97 | 1.40 | . 78 |
|  | S.D. | 1.14 | 3.68 | 3.59 | 6.84 | 4.30 | 3.31 | 6.62 | 4.49 | 7.13 | 6.49 | 3.77 | 3.50 |  | 5.80 | 5.81 | 5.32 | 3.70 | 6.83 |
|  | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
| CA6 | Mean | 24.10 | 22.60 | 23.28 | 27.48 | 23.68 | 24.32 | 26.00 | 28.47 | 24.74 | 27.10 | 25.43 | 22.49 | 21.30 | 23.76 | 26.55 | 23.14 | 23.89 | 24.98 |
|  | S.E. | . 77 | . 66 | . 52 | . 74 | 1.15 | . 71 | . 62 | . 60 | 1.50 | . 77 | 1.47 | . 55 |  | . 78 | . 51 | . 48 | . 74 | . 38 |
|  | S.D. | 2.30 | 2.18 | 2.31 | 2.33 | 1.62 | 1.73 | 2.61 | 2.07 | 3.96 | 3.36 | 4.42 | 1.75 |  | 3.49 | 3.25 | 2.61 | 1.95 | 3.33 |
|  | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
| CA7 | Mean | 41.05 | 39.05 | 39.95 | 45.21 | 35.49 | 41.11 | 42.76 | 43.17 | 40.08 | 42.03 | 43.60 | 38.47 | 34.78 | 40.59 | 43.30 | 38.86 | 40.20 | 41.29 |
|  | S.E. | . 74 | . 77 | . 57 | 1.48 | . 72 | 1.78 | 1.24 | 1.23 | 1.21 | . 94 | 1.05 | . 61 |  | . 85 | . 62 | . 47 | 1.75 | . 47 |
|  | S.D. | 2.22 | 2.54 | 2.55 | 4.67 | 1.02 | 4.35 | 5.28 | 4.25 | 3.21 | 4.10 | 3.16 | 1.92 |  | 3.79 | 3.91 | 2.60 | 4.64 | 4.09 |
|  | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
| CA9 | Mean | 41.77 | 37.95 | 39.67 | 40.91 | 33.42 | 37.60 | 38.97 | 41.35 | 37.65 | 39.99 | 42.92 | 38.36 | 39.63 | 40.47 | 41.69 | 37.71 | 37.89 | 39.79 |
|  | S.E. | . 91 | . 47 | . 64 | 1.45 | 1.70 | . 78 | 1.03 | 1.01 | 1.25 | . 87 | 1.35 | . 90 |  | . 89 | . 59 | . 49 | . 72 | . 43 |
|  | S.D. | 2.72 | 1.55 | 2.86 | 4.57 | 2.40 | 1.92 | 4.36 | 3.49 | 3.31 | 3.81 | 4.05 | 2.86 |  | 4.00 | 3.70 | 2.69 | 1.91 | 3.74 |
|  | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
| CA10 | Mean | 29.56 | 26.58 | 27.92 | 30.68 | 25.13 | 27.69 | 29.06 | 30.38 | 28.36 | 29.64 | 31.06 | 26.93 | 25.96 | 28.74 | 30.42 | 27.02 | 27.44 | 28.82 |
|  | S.E. | . 43 | . 28 | . 42 | 1.03 | 1.07 | . 71 | . 77 | . 48 | 1.45 | . 63 | . 64 | . 72 |  | . 66 | . 34 | . 44 | . 65 | . 31 |
|  | S.D. | 1.29 | . 93 | 1.86 | 3.25 | 1.51 | 1.73 | 3.26 | 1.65 | 3.84 | 2.75 | 1.91 | 2.28 |  | 2.94 | 2.14 | 2.41 | 1.71 | 2.76 |
|  | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
| CA15 | Mean | 29.02 | 26.76 | 27.78 | 31.52 | 24.21 | 27.51 | 29.37 | 30.40 | 27.53 | 29.34 | 31.72 | 26.98 | 26.86 | 29.11 | 30.67 | 26.84 | 27.41 | 28.88 |
|  | S.E. | . 47 | . 34 | . 38 | 1.15 | 1.44 | . 77 | . 92 | . 67 | . 98 | . 63 | . 62 | . 81 |  | . 72 | . 41 | . 39 | . 66 | . 34 |
|  | S.D. | 1.41 | 1.13 | 1.69 | 3.63 | 2.04 | 1.89 | 3.92 | 2.32 | 2.59 | 2.75 | 1.86 | 2.55 |  | 3.23 | 2.60 | 2.14 | 1.74 | 3.00 |
|  | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |


| CA16 | Mean | 21.52 | 19.09 | 20.18 | 21.78 | 20.17 | 19.90 | 20.97 | 23.21 | 21.53 | 22.59 | 21.90 | 19.92 | 17.61 | 20.70 | 22.18 | 20.01 | 19.57 | 21.09 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | S.E. | . 46 | . 29 | . 38 | . 92 | . 52 | . 86 | . 61 | . 64 | . 74 | . 51 | . 38 | . 50 |  | . 40 | . 33 | . 30 | . 79 | . 25 |
|  | S.D. | 1.39 | . 95 | 1.69 | 2.90 | . 73 | 2.10 | 2.58 | 2.21 | 1.95 | 2.22 | 1.13 | 1.58 |  | 1.80 | 2.11 | 1.67 | 2.10 | 2.23 |
| CA17 | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
|  | Mean | 47.60 | 42.70 | 44.90 | 48.48 | 39.30 | 43.84 | 45.92 | 48.67 | 46.00 | 47.69 | 48.10 | 42.72 | 40.42 | 45.03 | 48.26 | 43.25 | 43.35 | 45.86 |
|  | S.E. | . 47 | . 43 | . 64 | 1.37 | 2.11 | 1.48 | 1.18 | . 94 | 1.31 | . 80 | 1.14 | 1.35 |  | 1.05 | . 51 | . 64 | 1.35 | . 47 |
|  | S.D. | 1.42 | 1.43 | 2.86 | 4.35 | 2.98 | 3.63 | 4.99 | 3.27 | 3.46 | 3.50 | 3.42 | 4.28 |  | 4.69 | 3.22 | 3.51 | 3.56 | 4.16 |
| CA18 | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
|  | Mean | 53.33 | 49.61 | 51.28 | 59.55 | 54.34 | 54.92 | 57.43 | 58.33 | 51.93 | 55.97 | 56.50 | 48.92 | 49.65 | 52.37 | 57.10 | 50.24 | 54.16 | 54.16 |
|  | S.E. | . 70 | . 79 | . 67 | 1.62 | 1.02 | . 78 | 1.08 | 1.13 | 1.82 | 1.19 | 1.12 | . 95 |  | 1.09 | . 69 | . 65 | 1.00 | . 58 |
|  | S.D. | 2.11 | 2.61 | 3.02 | 5.12 | 1.44 | 1.91 | 4.59 | 3.90 | 4.82 | 5.21 | 3.37 | 3.00 |  | 4.88 | 4.35 | 3.55 | 2.65 | 5.07 |
| MTL | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
|  | Mean | 59.58 | 56.97 | 58.27 | 69.18 | 59.10 | 64.11 | 66.29 | 68.73 | 59.90 | 65.05 | 62.05 | 54.94 |  | 58.70 | 64.37 | 57.08 | 64.11 | 61.46 |
|  | S.E. | . 84 | 1.02 | . 71 | 1.42 | 1.27 | 1.16 | 1.33 | 1.62 | 2.20 | 1.81 | . 85 | . 95 |  | 1.08 | . 91 | . 74 | 1.16 | . 73 |
|  | S.D. | 2.67 | 3.22 | 3.18 | 4.02 | 1.79 | 2.32 | 4.98 | 4.28 | 4.93 | 6.28 | 2.55 | 2.68 |  | 4.44 | 5.32 | 3.70 | 2.32 | 5.79 |
| MLD | N | 10 | 10 | 20 | 8 | 2 | 4 | 14 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 34 | 25 | 4 | 63 |
|  | Mean | 22.56 | 20.33 | 21.45 | 24.47 | 17.51 | 20.25 | 22.27 | 22.75 | 20.30 | 21.73 | 22.80 | 19.78 |  | 21.38 | 23.11 | 19.92 | 20.25 | 21.66 |
|  | S.E. | . 30 | . 48 | . 38 | 1.46 | . 61 | . 27 | 1.10 | . 72 | . 91 | . 65 | . 53 | . 40 |  | . 50 | . 41 | . 32 | . 27 | . 32 |
|  | S.D. | . 95 | 1.53 | 1.69 | 4.12 | . 86 | . 53 | 4.12 | 1.90 | 2.03 | 2.25 | 1.60 | 1.14 |  | 2.06 | 2.39 | 1.60 | . 53 | 2.56 |
| DPD | N | 10 | 10 | 20 | 8 | 2 | 4 | 14 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 34 | 25 | 4 | 63 |
|  | Mean | 20.79 | 18.06 | 19.43 | 21.08 | 17.71 | 18.19 | 19.77 | 20.56 | 17.66 | 19.35 | 21.75 | 18.55 |  | 20.25 | 21.06 | 18.11 | 18.19 | 19.71 |
|  | S.E. | . 36 | . 26 | . 38 | . 92 | 1.55 | . 73 | . 71 | . 54 | . 75 | . 60 | . 55 | . 40 |  | . 52 | . 30 | . 24 | . 73 | . 27 |
|  | S.D. | 1.13 | . 82 | 1.70 | 2.61 | 2.19 | 1.45 | 2.65 | 1.43 | 1.67 | 2.08 | 1.64 | 1.12 |  | 2.15 | 1.74 | 1.18 | 1.45 | 2.11 |
| DPP | N | 10 | 10 | 20 | 8 | 2 | 4 | 14 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 34 | 25 | 4 | 63 |
|  | Mean | 27.53 | 25.16 | 26.34 | 28.90 | 25.36 | 25.48 | 27.57 | 28.97 | 24.83 | 27.25 | 26.98 | 24.81 |  | 25.96 | 28.00 | 25.00 | 25.48 | 26.67 |
|  | S.E. | . 25 | . 45 | . 37 | . 89 | . 23 | . 69 | . 73 | 1.13 | . 73 | . 93 | . 56 | . 43 |  | . 44 | . 37 | . 26 | . 69 | . 29 |
|  | S.D. | . 79 | 1.44 | 1.66 | 2.51 | . 33 | 1.19 | 2.65 | 2.99 | 1.64 | 3.23 | 1.68 | 1.20 |  | 1.81 | 2.14 | 1.30 | 1.19 | 2.32 |
| MLP | N | 10 | 10 | 20 | 8 | 2 | 3 | 13 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 34 | 25 | 3 | 62 |
|  | Mean | 20.57 | 18.23 | 19.34 | 19.61 | 16.77 | 17.66 | 18.74 | 19.14 | 15.36 | 17.57 | 20.20 | 17.31 |  | 18.84 | 19.94 | 17.24 | 17.66 | 18.72 |
|  | S.E. | . 33 | . 41 | . 38 | . 59 | . 49 | . 07 | . 53 | . 82 | . 67 | . 77 | . 61 | . 44 |  | . 52 | . 30 | . 33 | . 07 | . 27 |


| TA1 | S.D. | 1.00 | 1.31 | 1.65 | 1.56 | . 69 | . 10 | 1.75 | 2.17 | 1.50 | 2.68 | 1.83 | 1.26 |  | 2.14 | 1.67 | 1.63 | . 10 | 2.10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | 9 | 10 | 19 | 7 | 2 | 2 | 11 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 32 | 25 | 2 | 59 |
|  | Mean | 53.35 | 48.64 | 50.88 | 52.45 | 44.70 | 48.46 | 49.96 | 50.83 | 46.61 | 49.36 | 51.56 | 45.90 |  | 48.58 | 51.97 | 46.91 | 48.46 | 49.72 |
|  | S.E. | . 66 | . 48 | . 66 | 1.57 | 1.14 | 1.14 | 1.12 | . 81 | 1.52 | . 86 | . 61 | 1.19 |  | . 95 | . 50 | . 58 | 1.14 | . 45 |
| TA7 | S.D. | 2.10 | 1.59 | 3.01 | 4.96 | 1.98 | 2.78 | 4.87 | 2.92 | 4.02 | 3.84 | 1.83 | 3.77 |  | 4.13 | 3.24 | 3.25 | 2.78 | 4.01 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
|  | Mean | 19.25 | 18.02 | 18.61 | 20.38 | 19.72 | 19.62 | 20.03 | 21.68 | 21.51 | 21.62 | 22.60 | 19.08 |  | 20.75 | 20.99 | 19.32 | 19.62 | 20.23 |
|  | S.E. | . 50 | . 42 | . 35 | . 71 | . 32 | . 51 | . 40 | . 57 | . 86 | . 46 | . 62 | . 54 |  | . 57 | . 35 | . 38 | . 51 | . 25 |
| TA8 | S.D. | 1.58 | 1.41 | 1.58 | 2.23 | . 55 | 1.24 | 1.76 | 2.05 | 2.28 | 2.08 | 1.85 | 1.72 |  | 2.50 | 2.26 | 2.09 | 1.24 | 2.26 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
|  | Mean | 30.07 | 28.10 | 29.04 | 31.92 | 26.42 | 27.38 | 29.74 | 29.74 | 27.98 | 29.12 | 30.68 | 27.73 |  | 29.13 | 30.54 | 27.79 | 27.38 | 29.24 |
|  | S.E. | . 48 | . 49 | . 40 | 1.07 | . 58 | 1.18 | . 89 | . 76 | 1.20 | . 66 | . 59 | . 40 |  | . 48 | . 39 | . 34 | 1.18 | . 31 |
|  | S.D. | 1.51 | 1.62 | 1.83 | 3.37 | 1.00 | 2.65 | 3.76 | 2.74 | 3.18 | 2.95 | 1.76 | 1.26 |  | 2.11 | 2.55 | 1.92 | 2.65 | 2.69 |
| TA9 | N | 10 | 11 | 21 | 10 | 3 | 5 | 18 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 5 | 78 |
|  | Mean | 20.56 | 18.58 | 19.52 | 21.54 | 17.76 | 20.17 | 20.72 | 20.95 | 21.31 | 21.08 | 22.19 | 19.51 |  | 20.78 | 21.26 | 19.47 | 20.17 | 20.50 |
|  | S.E. | . 37 | . 27 | . 31 | . 70 | . 35 | 1.30 | . 61 | . 65 | . 80 | . 50 | . 33 | . 49 |  | . 43 | . 29 | . 33 | 1.30 | . 24 |
| TA11 | S.D. | 1.17 | . 90 | 1.43 | 2.22 | . 49 | 2.59 | 2.45 | 2.34 | 2.12 | 2.21 | 1.00 | 1.54 |  | 1.87 | 1.88 | 1.81 | 2.59 | 2.05 |
|  | N | 10 | 11 | 21 | 10 | 2 | 4 | 16 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 30 | 4 | 76 |
|  | Mean | 32.29 | 28.63 | 30.37 | 33.20 | 26.85 | 29.43 | 31.01 | 30.16 | 28.70 | 29.65 | 33.52 | 28.52 |  | 30.89 | 32.11 | 28.44 | 29.43 | 30.47 |
|  | S.E. | . 50 | . 66 | . 58 | 1.46 | 1.27 | 1.32 | 1.04 | . 87 | 1.60 | . 79 | 1.18 | . 85 |  | . 91 | . 55 | . 51 | 1.32 | . 41 |
|  | S.D. | 1.58 | 2.19 | 2.65 | 4.60 | 2.20 | 3.23 | 4.52 | 3.15 | 4.25 | 3.53 | 3.55 | 2.70 |  | 3.98 | 3.53 | 2.83 | 3.23 | 3.67 |
| TA12 | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
|  | Mean | 27.52 | 24.78 | 26.08 | 30.61 | 25.22 | 27.14 | 28.66 | 28.89 | 27.71 | 28.48 | 30.09 | 26.63 |  | 28.27 | 29.23 | 26.08 | 27.14 | 27.83 |
|  | S.E. | . 42 | . 42 | . 42 | . 69 | . 25 | . 98 | . 68 | . 61 | 1.06 | . 54 | . 39 | . 65 |  | . 56 | . 33 | . 40 | . 98 | . 30 |
| TA13 | S.D. | 1.32 | 1.40 | 1.93 | 2.17 | . 44 | 2.41 | 2.97 | 2.18 | 2.81 | 2.42 | 1.18 | 2.05 |  | 2.42 | 2.11 | 2.22 | 2.41 | 2.63 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
|  | Mean | 22.93 | 20.75 | 21.79 | 21.05 | 19.15 | 18.49 | 19.94 | 20.73 | 20.54 | 20.67 | 25.06 | 22.23 |  | 23.57 | 22.26 | 21.03 | 18.49 | 21.49 |
|  | S.E. | . 54 | . 36 | . 40 | 1.21 | 2.00 | 1.08 | . 80 | . 57 | . 71 | . 43 | . 71 | . 74 |  | . 60 | . 46 | . 38 | 1.08 | . 32 |
|  | S.D. | 1.72 | 1.20 | 1.82 | 3.83 | 3.46 | 2.64 | 3.47 | 2.04 | 1.89 | 1.94 | 2.12 | 2.35 |  | 2.62 | 2.98 | 2.14 | 2.64 | 2.82 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |


| TA18 | Mean | 30.92 | 28.25 | 29.52 | 33.13 | 25.28 | 30.12 | 30.94 | 31.70 | 29.99 | 31.10 | 32.82 | 28.09 |  | 30.33 | 32.10 | 28.30 | 30.12 | 30.46 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | S.E. | . 30 | . 27 | . 36 | 1.13 | 1.49 | . 86 | . 94 | . 88 | 1.01 | . 68 | . 78 | . 84 |  | . 79 | . 43 | . 43 | . 86 | . 35 |
|  | S.D. | . 95 | . 91 | 1.64 | 3.58 | 2.58 | 2.10 | 4.08 | 3.19 | 2.68 | 3.06 | 2.34 | 2.65 |  | 3.44 | 2.79 | 2.42 | 2.10 | 3.15 |
| TA19 | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
|  | Mean | 21.02 | 18.46 | 19.68 | 22.05 | 17.46 | 19.20 | 20.43 | 21.02 | 20.05 | 20.68 | 21.91 | 18.93 |  | 20.34 | 21.45 | 18.88 | 19.20 | 20.27 |
|  | S.E. | . 35 | . 32 | . 37 | . 64 | . 83 | . 96 | . 62 | . 53 | . 77 | . 44 | . 37 | . 46 |  | . 45 | . 25 | . 29 | . 96 | . 24 |
|  | S.D. | 1.12 | 1.05 | 1.68 | 2.01 | 1.45 | 2.36 | 2.69 | 1.91 | 2.05 | 1.96 | 1.10 | 1.46 |  | 1.98 | 1.65 | 1.60 | 2.36 | 2.09 |
| Calc PTF shape | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
|  | Mean | 1.36 | 1.41 | 1.38 | 1.45 | 1.20 | 1.39 | 1.40 | 1.31 | 1.28 | 1.30 | 1.45 | 1.36 | 1.53 | 1.41 | 1.39 | 1.35 | 1.41 | 1.37 |
|  | S.E. | . 04 | . 03 | . 03 | . 03 | . 10 | . 04 | . 03 | . 02 | . 04 | . 02 | . 03 | . 04 |  | . 03 | . 02 | . 02 | . 04 | . 01 |
|  | S.D. | . 13 | . 10 | . 11 | . 10 | . 14 | . 10 | . 12 | . 09 | . 11 | . 09 | . 09 | . 11 |  | . 11 | . 12 | . 12 | . 10 | . 12 |
| Calc PTF area | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
|  | Mean | 623.9 | 510.7 | 561.6 | 631.4 | 325.0 | 549.9 | 561.0 | 654.4 | 520.8 | 603.5 | 695.4 | 539.5 | 473.0 | 606.3 | 650.6 | 504.8 | 538.9 | 583.4 |
|  | S.E. | 13.3 | 9.6 | 15.1 | 78.6 | 162.8 | 35.9 | 53.8 | 61.9 | 80.8 | 50.0 | 20.9 | 26.2 |  | 24.4 | 28.0 | 26.7 | 32.3 | 19.7 |
|  | S.D. | 40.0 | 31.7 | 67.4 | 260.7 | 281.9 | 88.0 | 240.6 | 223.1 | 228.5 | 229.3 | 62.8 | 82.7 |  | 109.3 | 181.4 | 151.1 | 85.4 | 176.9 |
| Calc tuber shape | N | 9 | 11 | 20 | 11 | 3 | 6 | 20 | 13 | 8 | 21 | 9 | 10 | 1 | 20 | 42 | 32 | 7 | 81 |
|  | Mean | 1.42 | 1.43 | 1.42 | 1.34 | 1.33 | 1.36 | 1.34 | 1.36 | 1.34 | 1.35 | 1.38 | 1.43 | 1.53 | 1.41 | 1.37 | 1.40 | 1.38 | 1.38 |
|  | S.E. | . 04 | . 02 | . 02 | . 04 | . 01 | . 04 | . 02 | . 03 | . 04 | . 02 | . 02 | . 03 |  | . 02 | . 02 | . 02 | . 04 | . 01 |
|  | S.D. | . 11 | . 05 | . 08 | . 12 | . 02 | . 09 | . 10 | . 09 | . 12 | . 10 | . 07 | . 10 |  | . 09 | . 10 | . 09 | . 10 | . 10 |
| Calc tuber area | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
|  | Mean | 1234.4 | 1009.6 | 1110.8 | 1263.9 | 841.5 | 1041.9 | 1143.0 | 1259.6 | 1076.4 | 1192.1 | 1339.1 | 1037.0 | 1028.8 | 1172.5 | 1272.9 | 1023.1 | 1040.0 | 1154.4 |
|  | S.E. | 30.6 | 20.1 | 30.9 | 76.9 | 78.3 | 39.8 | 56.6 | 46.2 | 87.0 | 46.8 | 63.8 | 47.8 |  | 50.1 | 28.1 | 27.7 | 33.7 | 23.1 |
|  | S.D. | 91.9 | 66.6 | 138.0 | 243.1 | 110.7 | 97.5 | 240.2 | 160.1 | 230.2 | 203.9 | 191.5 | 151.0 |  | 223.9 | 177.6 | 151.9 | 89.2 | 202.5 |
| MT1 <br> head <br> shape | N | 9 | 11 | 20 | 10 | 2 | 6 | 18 | 12 | 7 | 19 | 9 | 10 | 1 | 20 | 40 | 30 | 7 | 77 |
|  | Mean | . 92 | . 89 | . 91 | . 87 | 1.01 | . 90 | . 90 | . 91 | . 87 | . 89 | . 95 | . 94 |  | . 95 | . 92 | . 91 | . 90 | . 91 |
|  | S.E. | . 01 | . 01 | . 01 | . 04 | . 05 | . 04 | . 03 | . 02 | . 04 | . 02 | . 01 | . 02 |  | . 01 | . 01 | . 01 | . 04 | . 01 |
|  | S.D. | . 04 | . 04 | . 04 | . 11 | . 08 | . 09 | . 11 | . 04 | . 08 | . 06 | . 04 | . 05 |  | . 04 | . 07 | . 06 | . 09 | . 07 |
|  | N | 10 | 10 | 20 | 8 | 2 | 4 | 14 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 34 | 25 | 4 | 63 |
| MT1 head area | Mean | 469.7 | 368.2 | 419.0 | 520.2 | 311.0 | 368.1 | 446.9 | 469.6 | 359.9 | 423.9 | 498.0 | 367.7 |  | 436.7 | 489.1 | 361.8 | 368.1 | 430.9 |
|  | S.E. | 13.1 | 13.5 | 14.8 | 45.2 | 37.8 | 13.2 | 35.1 | 26.4 | 27.1 | 24.5 | 24.1 | 13.5 |  | 21.3 | 13.9 | 9.1 | 13.2 | 11.5 |


|  | S.D. | 41.4 | 42.7 | 66.3 | 127.9 | 53.5 | 26.5 | 131.3 | 69.8 | 60.5 | 84.7 | 72.2 | 38.2 |  | 87.9 | 80.8 | 45.7 | 26.5 | 91.4 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | 10 | 10 | 20 | 8 | 2 | 4 | 14 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 34 | 25 | 4 | 63 |
| MT1 base shape | Mean | 1.34 | 1.39 | 1.36 | 1.48 | 1.51 | 1.48 | 1.48 | 1.52 | 1.63 | 1.56 | 1.34 | 1.44 |  | 1.39 | 1.41 | 1.46 | 1.48 | 1.43 |
|  | S.E. | . 02 | . 04 | . 02 | . 05 | . 03 | . 02 | . 03 | . 03 | . 09 | . 04 | . 04 | . 05 |  | . 03 | . 02 | . 03 | . 02 | . 02 |
|  | S.D. | . 07 | . 12 | . 10 | . 12 | . 04 | . 03 | . 09 | . 07 | . 19 | . 14 | . 12 | . 13 |  | . 13 | . 12 | . 16 | . 03 | . 14 |
|  | N | 9 | 10 | 19 | 7 | 2 | 2 | 11 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 32 | 25 | 2 | 59 |
| MT1 <br> base <br> area | Mean | 565.3 | 458.8 | 509.3 | 569.4 | 425.3 | 461.8 | 523.7 | 559.7 | 381.1 | 485.3 | 545.9 | 429.5 |  | 491.1 | 559.5 | 431.2 | 461.8 | 501.8 |
|  | S.E. | 11.5 | 14.1 | 15.4 | 31.0 | 16.4 | 3.3 | 27.4 | 43.7 | 19.3 | 37.0 | 22.8 | 13.6 |  | 19.7 | 13.1 | 9.7 | 3.3 | 11.6 |
|  | S.D. | 34.6 | 44.4 | 67.1 | 82.1 | 23.1 | 4.7 | 90.9 | 115.7 | 43.2 | 128.2 | 68.3 | 38.6 |  | 81.1 | 74.1 | 48.5 | 4.7 | 89.2 |
|  | N | 9 | 10 | 19 | 7 | 2 | 2 | 11 | 7 | 5 | 12 | 9 | 8 | 0 | 17 | 32 | 25 | 2 | 59 |
| Tochlea shape | Mean | 1.18 | 1.16 | 1.17 | 1.09 | 1.06 | 1.09 | 1.09 | 1.05 | 1.03 | 1.04 | 1.11 | 1.07 |  | 1.09 | 1.10 | 1.09 | 1.09 | 1.10 |
|  | S.E. | . 02 | . 03 | . 02 | . 05 | . 05 | . 05 | . 03 | . 03 | . 03 | . 02 | . 03 | . 03 |  | . 02 | . 02 | . 02 | . 05 | . 01 |
|  | S.D. | . 08 | . 12 | . 10 | . 17 | . 08 | . 12 | . 14 | . 12 | . 08 | . 11 | . 10 | . 10 |  | . 10 | . 13 | . 11 | . 12 | . 12 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
| Trochlea area | Mean | 888.9 | 709.3 | 794.8 | 1016.2 | 677.3 | 801.2 | 894.8 | 872.9 | 804.5 | 848.9 | 1010.3 | 761.9 |  | 879.6 | 940.3 | 744.6 | 801.2 | 852.9 |
|  | S.E. | 21.0 | 20.5 | 24.6 | 49.9 | 34.2 | 53.6 | 43.9 | 34.9 | 75.3 | 34.4 | 43.4 | 36.8 |  | 40.1 | 21.2 | 22.4 | 53.6 | 18.2 |
|  | S.D. | 66.4 | 68.0 | 112.9 | 157.8 | 59.2 | 131.3 | 191.4 | 125.7 | 199.2 | 153.7 | 130.2 | 116.3 |  | 174.8 | 137.6 | 125.0 | 131.3 | 161.4 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
| $\begin{aligned} & \text { PCF } \\ & \text { shape } \end{aligned}$ | Mean | . 68 | . 65 | . 67 | . 67 | . 69 | . 64 | . 66 | . 67 | . 67 | . 67 | . 67 | . 68 |  | . 67 | . 67 | . 67 | . 64 | . 67 |
|  | S.E. | . 02 | . 01 | . 01 | . 02 | . 01 | . 03 | . 01 | . 01 | . 02 | . 01 | . 02 | . 01 |  | . 01 | . 01 | . 01 | . 03 | . 01 |
|  | S.D. | . 05 | . 04 | . 05 | . 05 | . 02 | . 07 | . 06 | . 05 | . 06 | . 05 | . 05 | . 03 |  | . 04 | . 05 | . 04 | . 07 | . 05 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
| $\begin{aligned} & \text { PCF } \\ & \text { area } \end{aligned}$ | Mean | 649.6 | 521.5 | 582.5 | 735.1 | 443.9 | 580.4 | 640.3 | 670.1 | 604.2 | 647.0 | 720.0 | 534.8 |  | 622.6 | 691.4 | 537.0 | 580.4 | 622.4 |
|  | S.E. | 10.5 | 10.3 | 16.0 | 41.5 | 46.0 | 40.1 | 36.0 | 31.9 | 38.8 | 25.2 | 24.8 | 28.2 |  | 28.5 | 15.6 | 15.4 | 40.1 | 13.5 |
|  | S.D. | 33.2 | 34.1 | 73.3 | 131.1 | 79.7 | 98.3 | 156.8 | 115.0 | 102.6 | 112.7 | 74.3 | 89.2 |  | 124.3 | 100.9 | 85.5 | 98.3 | 119.9 |
|  | N | 10 | 11 | 21 | 10 | 3 | 6 | 19 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 31 | 6 | 79 |
| Talar head shape | Mean | . 69 | . 66 | . 67 | . 68 | . 66 | . 74 | . 69 | . 71 | . 76 | . 73 | . 72 | . 70 |  | . 71 | . 70 | . 70 | . 74 | . 70 |
|  | S.E. | . 01 | . 01 | . 01 | . 02 | . 02 | . 03 | . 01 | . 02 | . 01 | . 01 | . 01 | . 01 |  | . 01 | . 01 | . 01 | . 03 | . 01 |
|  | S.D. | . 05 | . 05 | . 05 | . 05 | . 02 | . 05 | . 05 | . 07 | . 03 | . 07 | . 03 | . 05 |  | . 04 | . 06 | . 06 | . 05 | . 06 |
|  | N | 10 | 11 | 21 | 10 | 2 | 4 | 16 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 30 | 4 | 76 |


| Talar head size | Mean | 618.7 | 522.1 | 568.1 | 692.7 | 479.3 | 556.2 | 631.9 | 626.2 | 601.8 | 617.7 | 681.5 | 542.1 |  | 608.2 | 652.1 | 544.5 | 556.2 | 604.6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | S.E. | 16.4 | 12.1 | 14.6 | 45.6 | 7.0 | 62.0 | 37.6 | 31.4 | 48.7 | 25.9 | 20.7 | 18.8 |  | 21.3 | 16.0 | 14.6 | 62.0 | 12.5 |
|  | S.D. | 51.9 | 40.3 | 66.8 | 144.3 | 9.8 | 124.0 | 150.6 | 113.2 | 128.8 | 116.0 | 62.0 | 59.6 |  | 92.7 | 103.6 | 79.8 | 124.0 | 108.5 |
| Geomean <br> Calcaneus | N | 10 | 11 | 21 | 10 | 2 | 4 | 16 | 13 | 7 | 20 | 9 | 10 | 0 | 19 | 42 | 30 | 4 | 76 |
|  | Mean | 37.34 | 34.33 | 35.69 | 39.79 | 33.49 | 36.04 | 37.84 | 39.87 | 36.40 | 38.59 | 39.12 | 34.46 | 33.32 | 36.50 | 39.11 | 34.80 | 35.65 | 37.12 |
|  | S.E. | . 31 | . 42 | . 43 | 1.05 | 1.00 | . 65 | . 83 | . 65 | 1.23 | . 71 | . 76 | . 64 |  | . 71 | . 39 | . 41 | . 68 | . 36 |
|  | S.D. | . 93 | 1.38 | 1.93 | 3.31 | 1.42 | 1.60 | 3.50 | 2.26 | 3.25 | 3.09 | 2.27 | 2.04 |  | 3.18 | 2.49 | 2.25 | 1.79 | 3.13 |
| Geomean MT1 | N | 10 | 11 | 21 | 11 | 3 | 6 | 20 | 13 | 9 | 22 | 9 | 11 | 1 | 21 | 44 | 36 | 7 | 111 |
|  | Mean | 27.74 | 24.89 | 26.32 | 29.17 | 23.88 | 26.89 | 27.76 | 28.18 | 24.09 | 26.48 | 27.83 | 24.39 |  | 26.21 | 28.19 | 24.49 | 26.89 | 26.64 |
|  | S.E. | . 39 | . 38 | . 42 | . 85 | . 50 | . 99 | . 75 | . 84 | . 64 | . 81 | . 49 | . 38 |  | . 53 | . 32 | . 23 | . 99 | . 30 |
|  | S.D. | 1.22 | 1.19 | 1.87 | 2.40 | . 71 | 1.97 | 2.80 | 2.21 | 1.42 | 2.80 | 1.46 | 1.09 |  | 2.17 | 1.84 | 1.17 | 1.97 | 2.39 |
| Geomean <br> Talus | N | 10 | 11 | 21 | 11 | 3 | 6 | 20 | 13 | 9 | 22 | 9 | 11 | 1 | 21 | 44 | 36 | 7 | 111 |
|  | Mean | 27.27 | 24.74 | 25.94 | 28.15 | 24.00 | 25.59 | 26.69 | 27.19 | 26.19 | 26.84 | 28.94 | 25.27 |  | 27.01 | 27.81 | 25.17 | 25.59 | 26.61 |
|  | S.E. | . 22 | . 21 | . 32 | . 65 | . 93 | . 70 | . 56 | . 52 | . 88 | . 46 | . 37 | . 51 |  | . 53 | . 26 | . 29 | . 70 | . 23 |
|  | S.D. | . 69 | . 69 | 1.46 | 2.05 | 1.60 | 1.71 | 2.45 | 1.87 | 2.32 | 2.04 | 1.12 | 1.61 |  | 2.32 | 1.67 | 1.62 | 1.71 | 2.09 |
|  | N | 10 | 11 | 21 | 11 | 3 | 6 | 20 | 13 | 9 | 22 | 9 | 11 | 1 | 21 | 44 | 36 | 7 | 111 |

Table 3.2.3. ANOVA and pairwise post-hoc comparisons between populations of linear measurements, and articular size and shape.

| Variable | Pooled |  |  | Male |  |  | Female |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Levene P | ANOVA F | Post Hoc | Levene p | ANOVA F | Post Hoc | Levene p | ANOVA F | Post Hoc |
| CA1 | . 155 | 11.802 | BE<JM, K <br> SJ<JM,K | . 000 | 8.603 | $\begin{gathered} B E<J M, K, S J \\ S J<K \end{gathered}$ | . 011 | 3.848 |  |
| CA6 | . 672 | 7.177 | $\begin{gathered} \mathrm{BE}<\mathrm{JM}, \mathrm{~K} \\ \mathrm{SJ}<\mathrm{K} \end{gathered}$ | . 095 | 4.823 | $B E<J M, K$ | . 149 | 1.301 |  |
| CA7 | . 031 | 1.971 |  | . 124 | 1.940 |  | . 201 | 1.891 |  |
| CA9 | . 248 | . 523 |  | . 407 | . 497 |  | . 261 | 2.139 |  |
| CA10 | . 025 | 1.332 |  | . 007 | . 790 |  | . 000 | 1.305 |  |
| CA15 | . 007 | 1.267 |  | . 095 | 2.305 |  | . 030 | 1.304 |  |
| CA16 | . 248 | 4.781 | K>BE,SJ | . 095 | 1.458 |  | . 175 | 4.026 | $B E<K$ |
| CA17 | . 098 | 1.909 |  | . 002 | . 202 |  | . 041 | 2.936 |  |
| CA18 | . 060 | 8.013 | $\begin{gathered} \mathrm{BE}<\mathrm{JM}, \mathrm{~K} \\ \mathrm{SJ}<\mathrm{JM} \end{gathered}$ | . 042 | 4.745 | $B E<J M, K$ | . 021 | 2.241 |  |
| PTF area | . 010 | . 401 |  | . 038 | . 275 |  | . 002 | 1.745 |  |
| PTF shape | . 621 | 3.691 | K<JM, SJ | . 489 | 4.855 | K<JM, SJ | . 882 | 3.159 |  |
| Tuber area | . 043 | . 592 |  | . 077 | . 570 |  | . 005 | 1.342 |  |
| Tuber shape | . 513 | 3.624 |  | . 416 | 1.077 |  | . 007 | 2.391 | $B E>J M$ |
| MTL | . 031 | 12.659 | BE<JM,K SJ<JM,K | . 245 | 17.571 | BE<JM,K <br> SJ<JM,K | . 123 | 2.425 |  |
| DPD | . 418 | . 367 |  | . 009 | 1.152 |  | . 105 | 2.095 |  |
| DPP | . 024 | . 598 |  | . 182 | . 732 |  | . 572 | . 666 |  |
| MLD | . 020 | 1.605 |  | . 006 | 1.965 |  | . 784 | . 166 |  |
| MLP |  | 1.855 |  | . 244 | 1.123 |  | . 847 | 5.447 | BE>K |
| MT1 head shape | . 017 | 2.305 | $B E<S J$ | . 067 | 2.491 |  | . 057 | 4.104 | $J M>K$ |
| MT1 head area | . 025 | . 292 |  | . 005 | . 740 |  | . 526 | . 931 |  |
| MT1 base shape | . 264 | 8.771 | $\begin{gathered} \mathrm{BE}<\mathrm{JM}, \mathrm{~K} \\ \mathrm{SJ}<\mathrm{K} \end{gathered}$ | . 297 | 7.048 | $\begin{gathered} \mathrm{BE}<\mathrm{JM}, \mathrm{~K} \\ \mathrm{SJ}<\mathrm{K} \end{gathered}$ | . 118 | 3.625 | $B E<K$ |
| MT1 base area | . 007 | . 470 |  | . 155 | . 148 |  | . 555 | 3.925 | BE>K |
| TA1 | . 108 | 1.189 |  | . 094 | 1.286 |  | . 290 | 2.032 |  |
| TA7 | . 537 | 8.305 | $B E<K, S J$ | . 934 | 5.543 | $B E<K, S J$ | . 068 | 6.114 | $\mathrm{K}>\mathrm{BE}, \mathrm{SJ}$ |
| TA8 | . 087 | . 266 |  | . 380 | 1.594 |  | . 036 | . 610 |  |
| TA9 | . 225 | 2.412 |  | . 152 | 1.422 |  | . 054 | 5.854 | K>BE, JM |
| TA11 | . 140 | . 543 |  | . 089 | 2.325 |  | . 053 | . 332 |  |
| TA12 | . 107 | 4.964 | $B E<J M, K, S J$ | . 091 | 5.657 | $B E<J M, S J$ | . 191 | 3.630 | $B E<K$ |
| TA13 | . 025 | 7.492 | SJ>JM, K | . 116 | 6.233 | SJ>JM, K | . 094 | 2.254 |  |
| TA18 | . 002 | 1.058 |  | . 007 | 1.375 |  | . 084 | 3.375 | K>JM |
| TA19 | . 254 | . 846 |  | . 160 | 1.222 |  | . 033 | 2.660 |  |
| Talus head area | . 174 | 1.246 |  | . 165 | 1.413 |  | . 013 | 2.172 | SJ>JM |
| Talus head shape | . 278 | 3.969 | $B E<K$ | . 074 | 1.507 |  | . 454 | 8.127 | K>BE, JM |
| Talus PCF area | . 014 | 1.205 |  | . 031 | 1.720 |  | . 034 | 3.413 |  |
| Talus PCF shape | . 739 | . 136 |  | . 902 | . 194 |  | . 667 | . 773 |  |
| Trochlea area | . 051 | 1.542 |  | . 247 | 4.027 |  | . 036 | 1.206 |  |
| Trochlea shape | . 569 | 4.488 | $B E>K$ | . 291 | 2.122 |  | . 876 | 2.668 |  |
| Geomean calcaneus | . 050 | 3.748 | $B E<K$ | . 060 | 2.344 |  | . 026 | 1.785 |  |
| Geomean MT1 | . 079 | 1.379 |  | . 263 | 1.085 |  | . 631 | . 766 |  |
| Geomean talus | . 149 | 1.033 |  | . 065 | 2.771 |  | . 016 | 1.853 |  |

## Appendix 3.3 Mean coefficients of determination per bone

Table 3.3.1. Mean coefficients of determination between body mass, bone dimensions, and trabecular properties in the calcaneus.

| Black Earth | BVTV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 088 | . 141 | . 026 | . 057 | . 196 | . 151 | . 154 | . 133 | . 268 | . 183 |
| CA1 | . 030 | . 029 | . 040 | . 056 | . 065 | . 062 | . 083 | . 078 | . 177 | . 100 |
| CA6 | . 063 | . 087 | . 092 | . 071 | . 023 | . 037 | . 095 | . 049 | . 078 | . 091 |
| CA7 | . 043 | . 086 | . 037 | . 077 | . 037 | . 044 | . 089 | . 085 | . 092 | . 103 |
| CA9 | . 109 | . 102 | . 041 | . 046 | . 213 | . 147 | . 167 | . 171 | . 174 | . 202 |
| CA10 | . 022 | . 026 | . 047 | . 063 | . 028 | . 039 | . 098 | . 072 | . 163 | . 136 |
| CA15 | . 021 | . 021 | . 023 | . 019 | . 065 | . 087 | . 127 | . 147 | . 207 | . 166 |
| CA16 | . 073 | . 054 | . 098 | . 084 | . 018 | . 012 | . 101 | . 064 | . 203 | . 192 |
| CA17 | . 026 | . 041 | . 070 | . 078 | . 023 | . 030 | . 052 | . 056 | . 175 | . 162 |
| CA18 | . 027 | . 049 | . 021 | . 020 | . 047 | . 064 | . 167 | . 164 | . 165 | . 115 |
| CA PTF shape | . 059 | . 088 | . 053 | . 041 | . 043 | . 059 | . 069 | . 085 | . 089 | . 089 |
| CA PTF area | . 051 | . 036 | . 078 | . 071 | . 023 | . 041 | . 141 | . 086 | . 257 | . 156 |
| CA tuber shape | . 141 | . 093 | . 149 | . 118 | . 074 | . 044 | . 021 | . 028 | . 106 | . 109 |
| CA tuber area | . 030 | . 031 | . 019 | . 012 | . 098 | . 083 | . 147 | . 131 | . 185 | . 126 |
| Jebel Moya | BVTV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 346 | . 211 | . 263 | . 202 | . 173 | . 181 | . 167 | . 158 | . 112 | . 100 |
| CA1 | . 161 | . 146 | . 136 | . 121 | . 090 | . 202 | . 179 | . 167 | . 085 | . 079 |
| CA6 | . 051 | . 063 | . 069 | . 098 | . 036 | . 056 | . 109 | . 081 | . 059 | . 060 |
| CA7 | . 411 | . 141 | . 132 | . 080 | . 358 | . 219 | . 128 | . 110 | . 080 | . 079 |
| CA9 | . 143 | . 133 | . 129 | . 142 | . 104 | . 137 | . 062 | . 089 | . 053 | . 058 |
| CA10 | . 247 | . 157 | . 108 | . 164 | . 253 | . 198 | . 074 | . 079 | . 007 | . 005 |
| CA15 | . 188 | . 188 | . 153 | . 149 | . 130 | . 222 | . 136 | . 071 | . 058 | . 034 |
| CA16 | . 125 | . 112 | . 099 | . 109 | . 121 | . 142 | . 055 | . 047 | . 039 | . 049 |
| CA17 | . 216 | . 177 | . 115 | . 125 | . 161 | . 226 | . 128 | . 117 | . 031 | . 031 |
| CA18 | . 106 | . 098 | . 140 | . 131 | . 055 | . 089 | . 151 | . 147 | . 115 | . 133 |
| CA PTF shape | . 074 | . 061 | . 088 | . 059 | . 036 | . 036 | . 100 | . 090 | . 187 | . 159 |
| CA PTF area | . 156 | . 152 | . 126 | . 127 | . 133 | . 198 | . 085 | . 048 | . 037 | . 018 |
| CA tuber shape | . 044 | . 035 | . 040 | . 050 | . 110 | . 097 | . 063 | . 072 | . 073 | . 061 |
| CA tuber area | . 216 | . 167 | . 127 | . 171 | . 190 | . 179 | . 070 | . 066 | . 025 | . 027 |
| Kerma | BVTV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 146 | . 056 | . 030 | . 027 | . 290 | . 093 | . 222 | . 181 | . 249 | . 095 |
| CA1 | . 048 | . 041 | . 032 | . 046 | . 087 | . 089 | . 078 | . 051 | . 097 | . 131 |
| CA6 | . 032 | . 036 | . 059 | . 102 | . 083 | . 087 | . 084 | . 061 | . 122 | . 155 |
| CA7 | . 036 | . 035 | . 029 | . 046 | . 061 | . 078 | . 053 | . 056 | . 047 | . 071 |
| CA9 | . 024 | . 032 | . 020 | . 014 | . 123 | . 106 | . 112 | . 081 | . 274 | . 182 |
| CA10 | . 037 | . 048 | . 030 | . 039 | . 099 | . 105 | . 068 | . 058 | . 154 | . 205 |
| CA15 | . 037 | . 034 | . 029 | . 031 | . 057 | . 036 | . 169 | . 153 | . 110 | . 099 |


| CA16 | . 005 | . 005 | . 031 | . 041 | . 051 | . 046 | . 084 | . 063 | . 107 | . 073 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CA17 | . 022 | . 026 | . 039 | . 042 | . 058 | . 088 | . 092 | . 073 | . 130 | . 185 |
| CA18 | . 055 | . 045 | . 039 | . 048 | . 072 | . 071 | . 092 | . 097 | . 071 | . 103 |
| CA PTF shape | . 042 | . 066 | . 070 | . 111 | . 034 | . 051 | . 052 | . 051 | . 012 | . 013 |
| CA PTF area | . 019 | . 014 | . 026 | . 022 | . 056 | . 044 | . 134 | . 117 | . 122 | . 097 |
| CA tuber shape | . 027 | . 039 | . 062 | . 046 | . 025 | . 025 | . 058 | . 086 | . 102 | . 119 |
| CA tuber area | . 029 | . 045 | . 020 | . 021 | . 125 | . 114 | . 097 | . 071 | . 250 | . 204 |
| St. Johns | BVTV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 021 | . 019 | . 049 | . 029 | . 167 | . 112 | . 106 | . 055 | . 224 | . 102 |
| CA1 | . 020 | . 030 | . 022 | . 027 | . 150 | . 091 | . 092 | . 098 | . 178 | . 093 |
| CA6 | . 036 | . 022 | . 006 | . 008 | . 145 | . 118 | . 114 | . 134 | . 116 | . 104 |
| CA7 | . 019 | . 020 | . 018 | . 023 | . 063 | . 052 | . 098 | . 095 | . 125 | . 079 |
| CA9 | . 061 | . 060 | . 005 | . 006 | . 282 | . 083 | . 101 | . 070 | . 243 | . 111 |
| CA10 | . 023 | . 031 | . 019 | . 022 | . 146 | . 081 | . 103 | . 082 | . 154 | . 083 |
| CA15 | . 018 | . 018 | . 050 | . 029 | . 154 | . 112 | . 125 | . 098 | . 207 | . 051 |
| CA16 | . 029 | . 028 | . 018 | . 021 | . 048 | . 052 | . 154 | . 154 | . 084 | . 043 |
| CA17 | . 017 | . 022 | . 014 | . 014 | . 125 | . 112 | . 079 | . 071 | . 099 | . 046 |
| CA18 | . 027 | . 018 | . 035 | . 020 | . 088 | . 080 | . 089 | . 075 | . 176 | . 098 |
| CA PTF shape | . 010 | . 011 | . 069 | . 050 | . 114 | . 083 | . 072 | . 104 | . 121 | . 068 |
| CA PTF area | . 023 | . 024 | . 033 | . 029 | . 121 | . 094 | . 147 | . 129 | . 174 | . 056 |
| CA tuber shape | . 114 | . 101 | . 025 | . 033 | . 064 | . 028 | . 040 | . 058 | . 027 | . 033 |
| CA tuber area | . 033 | . 050 | . 012 | . 013 | . 225 | . 091 | . 108 | . 061 | . 216 | . 102 |
| Pooled | BVTV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn. ${ }^{\text {d }}$ |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 150 | . 107 | . 092 | . 079 | . 206 | . 134 | . 162 | . 132 | . 213 | . 120 |
| CA1 | . 064 | . 061 | . 058 | . 063 | . 098 | . 111 | . 108 | . 098 | . 134 | . 101 |
| CA6 | . 045 | . 052 | . 057 | . 070 | . 072 | . 075 | . 100 | . 081 | . 094 | . 103 |
| CA7 | . 127 | . 071 | . 054 | . 056 | . 130 | . 098 | . 092 | . 087 | . 086 | . 083 |
| CA9 | . 084 | . 082 | . 049 | . 052 | . 180 | . 118 | . 110 | . 103 | . 186 | . 138 |
| CA10 | . 082 | . 066 | . 051 | . 072 | . 131 | . 106 | . 086 | . 073 | . 119 | . 107 |
| CA15 | . 066 | . 065 | . 064 | . 057 | . 101 | . 114 | . 139 | . 117 | . 145 | . 088 |
| CA16 | . 058 | . 050 | . 061 | . 064 | . 060 | . 063 | . 098 | . 082 | . 109 | . 089 |
| CA17 | . 070 | . 066 | . 059 | . 065 | . 092 | . 114 | . 088 | . 079 | . 109 | . 106 |
| CA18 | . 054 | . 053 | . 058 | . 055 | . 065 | . 076 | . 125 | . 121 | . 132 | . 113 |
| CA PTF shape | . 046 | . 057 | . 070 | . 066 | . 057 | . 057 | . 073 | . 083 | . 102 | . 082 |
| CA PTF area | . 062 | . 057 | . 066 | . 062 | . 083 | . 094 | . 127 | . 095 | . 147 | . 082 |
| CA tuber shape | . 081 | . 067 | . 069 | . 062 | . 068 | . 049 | . 045 | . 061 | . 077 | . 081 |
| CA tuber area | . 077 | . 073 | . 044 | . 054 | . 159 | . 117 | . 105 | . 082 | . 169 | . 115 |

Table 3.3.2. Mean coefficients of determination between body mass, bone dimensions, and trabecular properties in the first metatarsal.

| Black Earth | BV/TV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 023 | . 014 | . 082 | . 064 | . 283 | . 131 | . 013 | . 008 | . 398 | . 120 |
| MTL | . 084 | . 084 | . 006 | . 004 | . 143 | . 169 | . 178 | . 140 | . 143 | . 105 |
| MLD | . 187 | . 074 | . 019 | . 017 | . 316 | . 047 | . 035 | . 039 | . 106 | . 059 |
| DPD | . 104 | . 050 | . 010 | . 013 | . 172 | . 141 | . 053 | . 063 | . 153 | . 150 |
| DPP | . 048 | . 049 | . 015 | . 026 | . 288 | . 156 | . 041 | . 032 | . 233 | . 112 |
| MLP | . 033 | . 027 | . 072 | . 050 | . 183 | . 220 | . 033 | . 025 | . 312 | . 135 |
| MT1 head shape | . 065 | . 072 | . 056 | . 061 | . 135 | . 138 | . 044 | . 029 | . 085 | . 063 |
| MT1 head area | . 147 | . 055 | . 012 | . 010 | . 243 | . 113 | . 041 | . 052 | . 136 | . 113 |
| MT1 base shape | . 053 | . 060 | . 060 | . 064 | . 116 | . 065 | . 083 | . 076 | . 068 | . 061 |
| MT1 base area | . 029 | . 023 | . 049 | . 029 | . 242 | . 220 | . 018 | . 026 | . 346 | . 147 |
| Jebel Moya | BV/TV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 229 | . 136 | . 276 | . 253 | . 127 | . 067 | . 241 | . 299 | . 216 | . 298 |
| MTL | . 059 | . 080 | . 155 | . 193 | . 025 | . 022 | . 077 | . 043 | . 195 | . 142 |
| MLD | . 133 | . 128 | . 205 | . 140 | . 044 | . 055 | . 110 | . 114 | . 106 | . 127 |
| DPD | . 179 | . 167 | . 240 | . 207 | . 246 | . 111 | . 052 | . 036 | . 025 | . 016 |
| DPP | . 241 | . 149 | . 185 | . 170 | . 126 | . 044 | . 051 | . 045 | . 121 | . 086 |
| MLP | . 128 | . 100 | . 117 | . 130 | . 094 | . 108 | . 360 | . 241 | . 203 | . 236 |
| MT1 head shape | . 159 | . 172 | . 238 | . 126 | . 074 | . 085 | . 329 | . 350 | . 317 | . 391 |
| MT1 head area | . 158 | . 117 | . 233 | . 163 | . 116 | . 077 | . 062 | . 103 | . 045 | . 051 |
| MT1 base shape | . 279 | . 298 | . 302 | . 409 | . 415 | . 374 | . 124 | . 120 | . 067 | . 055 |
| MT1 base area | . 196 | . 182 | . 140 | . 192 | . 109 | . 100 | . 165 | . 108 | . 130 | . 153 |
| Kerma | BV/TV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 085 | . 073 | . 011 | . 014 | . 223 | . 184 | . 195 | . 211 | . 269 | . 207 |
| MTL | . 028 | . 051 | . 043 | . 046 | . 073 | . 096 | . 148 | . 126 | . 127 | . 128 |
| MLD | . 114 | . 122 | . 093 | . 019 | . 069 | . 101 | . 177 | . 092 | . 047 | . 053 |
| DPD | . 178 | . 238 | . 031 | . 033 | . 205 | . 093 | . 225 | . 122 | . 249 | . 197 |
| DPP | . 081 | . 092 | . 103 | . 116 | . 134 | . 153 | . 167 | . 129 | . 088 | . 108 |
| MLP | . 141 | . 121 | . 132 | . 115 | . 198 | . 022 | . 167 | . 118 | . 302 | . 177 |
| MT1 head shape | . 247 | . 225 | . 078 | . 102 | . 295 | . 126 | . 200 | . 210 | . 485 | . 291 |
| MT1 head area | . 149 | . 204 | . 052 | . 039 | . 150 | . 116 | . 208 | . 037 | . 151 | . 146 |
| MT1 base shape | . 242 | . 311 | . 101 | . 092 | . 240 | . 204 | . 171 | . 178 | . 460 | . 316 |
| MT1 base area | . 116 | . 103 | . 129 | . 125 | . 178 | . 077 | . 164 | . 110 | . 214 | . 150 |
| St. Johns | BV/TV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 008 | . 014 | . 063 | . 070 | . 058 | . 062 | . 065 | . 064 | . 130 | . 080 |
| MTL | . 009 | . 007 | . 104 | . 053 | . 140 | . 136 | . 056 | . 051 | . 220 | . 061 |
| MLD | . 012 | . 015 | . 164 | . 121 | . 114 | . 083 | . 107 | . 089 | . 228 | . 052 |
| DPD | . 006 | . 006 | . 124 | . 076 | . 123 | . 076 | . 080 | . 038 | . 182 | . 030 |
| DPP | . 010 | . 007 | . 273 | . 143 | . 125 | . 090 | . 116 | . 057 | . 254 | . 040 |


| MLP | .057 | .022 | .018 | .016 | .195 | .051 | .064 | .066 | .192 | .035 |
| :--- | ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| MT1 head shape | .013 | .010 | .018 | .025 | .050 | .054 | .074 | .031 | .012 | .009 |
| MT1 head area | .009 | .010 | .147 | .097 | .123 | .083 | .090 | .060 | .211 | .033 |
| MT1 base shape | .150 | .042 | .094 | .057 | .108 | .086 | .018 | .027 | .030 | .022 |
| MT1 base area | .015 | .010 | .086 | .072 | .195 | .081 | .099 | .082 | .260 | .044 |
|  |  |  |  |  |  |  |  |  |  |  |
| Pooled | BV/TV | Tb.Th |  | Tb.Sp |  |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
|  |  |  |  |  |  |  |  |  |  |  |
| BM | .087 | .059 | .108 | .100 | .173 | .111 | .128 | .145 | .253 | .176 |
| MTL | .045 | .056 | .077 | .074 | .095 | .106 | .115 | .090 | .171 | .109 |
| MLD | .111 | .085 | .120 | .074 | .136 | .071 | .107 | .084 | .121 | .072 |
| DPD | .117 | .115 | .101 | .082 | .186 | .105 | .102 | .065 | .152 | .098 |
| DPP | .095 | .074 | .144 | .114 | .168 | .111 | .094 | .065 | .174 | .087 |
| MLP | .090 | .068 | .085 | .078 | .168 | .100 | .156 | .113 | .252 | .146 |
| MT1 head shape | .121 | .119 | .097 | .078 | .139 | .101 | .162 | .155 | .224 | .188 |
| MT1 head area | .116 | .097 | .111 | .077 | .158 | .097 | .100 | .063 | .136 | .086 |
| MT1 base shape | .181 | .178 | .139 | .155 | .220 | .182 | .099 | .100 | .156 | .113 |
| MT1 base area | .089 | .080 | .101 | .105 | .181 | .120 | .112 | .081 | .238 | .124 |

Table 3.3.3. Mean coefficients of determination between body mass, bone dimensions, and trabecular properties in the talus.

| Black Earth | BV/TV |  |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |  |
| BM | .147 | .158 | .129 | .201 | .214 | .122 | .046 | .074 | .308 | .117 |  |
| TA1 | .097 | .137 | .091 | .123 | .083 | .071 | .007 | .009 | .126 | .059 |  |
| TA7 | .142 | .182 | .135 | .187 | .065 | .049 | .117 | .166 | .077 | .071 |  |
| TA8 | .099 | .101 | .109 | .104 | .068 | .106 | .061 | .048 | .114 | .160 |  |
| TA9 | .052 | .041 | .069 | .079 | .014 | .011 | .017 | .016 | .123 | .066 |  |
| TA11 | .035 | .054 | .034 | .051 | .056 | .066 | .043 | .049 | .008 | .010 |  |
| TA12 | .053 | .063 | .038 | .048 | .020 | .015 | .040 | .052 | .004 | .003 |  |
| TA13 | .192 | .121 | .126 | .098 | .330 | .188 | .121 | .085 | .232 | .133 |  |
| TA18 | .100 | .111 | .076 | .081 | .138 | .109 | .042 | .040 | .156 | .096 |  |
| TA19 | .033 | .043 | .051 | .065 | .138 | .092 | .055 | .097 | .297 | .123 |  |
| Trochlea shape | .022 | .019 | .023 | .025 | .043 | .037 | .142 | .149 | .009 | .012 |  |
| Trochlea area | .052 | .081 | .043 | .066 | .042 | .050 | .012 | .025 | .007 | .005 |  |
| PCF shape | .011 | .008 | .047 | .022 | .071 | .068 | .101 | .100 | .235 | .135 |  |
| PCF area | .059 | .071 | .060 | .080 | .154 | .100 | .040 | .077 | .267 | .116 |  |
| Talus head shape | .094 | .144 | .107 | .153 | .042 | .053 | .080 | .086 | .039 | .030 |  |
| Talus head area | .054 | .084 | .073 | .133 | .033 | .039 | .009 | .008 | .151 | .114 |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Jebel Moya | BV/TV | Tb.Th | Tb.Sp | DA | Conn.D |  |  |  |  |  |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |  |
| BM | .150 | .130 | .181 | .093 | .079 | .071 | .085 | .107 | .090 | .061 |  |
| TA1 | .050 | .063 | .108 | .092 | .017 | .021 | .070 | .083 | .041 | .048 |  |
| TA7 | .036 | .055 | .051 | .029 | .010 | .010 | .043 | .045 | .023 | .027 |  |


| TA8 | .058 | .053 | .062 | .073 | .110 | .048 | .070 | .040 | .017 | .023 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| TA9 | .027 | .031 | .106 | .170 | .017 | .029 | .055 | .083 | .046 | .070 |
| TA11 | .067 | .076 | .118 | .093 | .006 | .011 | .047 | .063 | .184 | .066 |
| TA12 | .064 | .069 | .076 | .056 | .023 | .035 | .098 | .095 | .016 | .023 |
| TA13 | .041 | .061 | .058 | .093 | .050 | .069 | .042 | .034 | .039 | .065 |
| TA18 | .095 | .104 | .115 | .090 | .035 | .032 | .069 | .052 | .037 | .033 |
| TA19 | .038 | .046 | .080 | .071 | .013 | .016 | .031 | .040 | .038 | .027 |
| Trochlea shape | .030 | .022 | .033 | .034 | .037 | .070 | .106 | .108 | .217 | .100 |
| Trochlea area | .078 | .087 | .133 | .105 | .001 | .000 | .049 | .070 | .101 | .059 |
| PCF shape | .055 | .039 | .055 | .059 | .028 | .025 | .053 | .067 | .036 | .051 |
| PCF area | .063 | .069 | .094 | .064 | .026 | .029 | .052 | .055 | .033 | .029 |
| Talus head shape | .127 | .131 | .043 | .067 | .229 | .090 | .079 | .097 | .066 | .057 |
| Talus head area | .026 | .028 | .077 | .115 | .047 | .061 | .069 | .071 | .042 | .085 |


| Kerma | BV/TV |  | Tb.Th |  | Tb.Sp |  | DA |  |  | Conn.D |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |  |
| BM | .139 | .048 | .096 | .079 | .155 | .084 | .099 | .126 | .098 | .074 |  |
| TA1 | .019 | .029 | .023 | .031 | .046 | .063 | .067 | .049 | .069 | .052 |  |
| TA7 | .036 | .030 | .016 | .031 | .052 | .073 | .052 | .041 | .044 | .049 |  |
| TA8 | .029 | .058 | .035 | .061 | .019 | .023 | .069 | .118 | .013 | .013 |  |
| TA9 | .027 | .031 | .009 | .012 | .059 | .045 | .078 | .083 | .026 | .034 |  |
| TA11 | .026 | .022 | .016 | .009 | .009 | .006 | .025 | .029 | .007 | .005 |  |
| TA12 | .052 | .061 | .052 | .069 | .058 | .063 | .051 | .060 | .022 | .024 |  |
| TA13 | .022 | .013 | .012 | .019 | .060 | .047 | .107 | .128 | .073 | .031 |  |
| TA18 | .013 | .014 | .029 | .035 | .006 | .003 | .038 | .033 | .023 | .050 |  |
| TA19 | .033 | .038 | .021 | .018 | .026 | .037 | .042 | .043 | .050 | .070 |  |
| Trochlea shape | .137 | .109 | .113 | .097 | .080 | .078 | .051 | .044 | .041 | .048 |  |
| Trochlea area | .007 | .007 | .006 | .009 | .017 | .019 | .031 | .052 | .003 | .003 |  |
| PCF shape | .086 | .090 | .067 | .101 | .064 | .091 | .037 | .046 | .031 | .025 |  |
| PCF area | .007 | .007 | .016 | .022 | .004 | .004 | .040 | .045 | .034 | .063 |  |
| Talus head shape | .055 | .075 | .046 | .097 | .076 | .110 | .151 | .177 | .069 | .074 |  |
| Talus head area | .029 | .033 | .022 | .030 | .039 | .030 | .063 | .124 | .011 | .017 |  |


| St. Johns | BV/TV |  | Tb.Th |  | Tb.Sp |  |  | DA |  |  | Conn.D |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |  |  |
| BM | .101 | .082 | .186 | .102 | .137 | .111 | .084 | .087 | .186 | .070 |  |  |
| TA1 | .145 | .121 | .400 | .179 | .248 | .146 | .076 | .073 | .417 | .096 |  |  |
| TA7 | .102 | .085 | .110 | .063 | .091 | .149 | .074 | .074 | .102 | .076 |  |  |
| TA8 | .152 | .103 | .255 | .130 | .106 | .129 | .049 | .052 | .181 | .032 |  |  |
| TA9 | .026 | .030 | .077 | .055 | .175 | .075 | .011 | .016 | .171 | .055 |  |  |
| TA11 | .076 | .086 | .253 | .150 | .303 | .190 | .117 | .164 | .366 | .052 |  |  |
| TA12 | .149 | .095 | .282 | .145 | .135 | .092 | .084 | .064 | .243 | .085 |  |  |
| TA13 | .080 | .078 | .194 | .107 | .127 | .068 | .106 | .120 | .201 | .122 |  |  |
| TA18 | .065 | .055 | .221 | .131 | .255 | .137 | .059 | .088 | .292 | .065 |  |  |
| TA19 | .143 | .109 | .257 | .140 | .116 | .103 | .055 | .071 | .224 | .045 |  |  |
| Trochlea shape | .033 | .048 | .073 | .067 | .191 | .224 | .176 | .193 | .149 | .071 |  |  |
| Trochlea area | .109 | .098 | .298 | .164 | .271 | .143 | .090 | .135 | .366 | .074 |  |  |


| PCF shape | . 056 | . 023 | . 008 | . 005 | . 151 | . 047 | . 035 | . 022 | . 058 | . 052 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PCF area | . 094 | . 076 | . 244 | . 138 | . 204 | . 131 | . 057 | . 083 | . 278 | . 051 |
| Talus head shape | . 138 | . 071 | . 044 | . 043 | . 117 | . 120 | . 044 | . 026 | . 030 | . 042 |
| Talus head area | . 064 | . 039 | . 156 | . 090 | . 150 | . 101 | . 022 | . 023 | . 193 | . 029 |
| Pooled | BV/TV |  | Tb.Th |  | Tb.Sp |  | DA |  | Conn.D |  |
|  | Mean | SD | Mean | SD | Mean | SD | Mean | SD | Mean | SD |
| BM | . 134 | . 105 | . 148 | . 119 | . 146 | . 097 | . 079 | . 099 | . 171 | . 081 |
| TA1 | . 078 | . 088 | . 155 | . 106 | . 098 | . 075 | . 055 | . 054 | . 164 | . 064 |
| TA7 | . 079 | . 088 | . 078 | . 078 | . 054 | . 070 | . 072 | . 082 | . 061 | . 055 |
| TA8 | . 085 | . 079 | . 115 | . 092 | . 076 | . 077 | . 062 | . 064 | . 081 | . 057 |
| TA9 | . 033 | . 033 | . 065 | . 079 | . 067 | . 040 | . 040 | . 049 | . 092 | . 056 |
| TA11 | . 051 | . 059 | . 105 | . 076 | . 094 | . 068 | . 058 | . 076 | . 141 | . 034 |
| TA12 | . 080 | . 072 | . 112 | . 080 | . 059 | . 051 | . 068 | . 068 | . 071 | . 034 |
| TA13 | . 084 | . 068 | . 097 | . 079 | . 142 | . 093 | . 094 | . 092 | . 136 | . 088 |
| TA18 | . 068 | . 071 | . 110 | . 084 | . 108 | . 070 | . 052 | . 053 | . 127 | . 061 |
| TA19 | . 062 | . 059 | . 102 | . 074 | . 073 | . 062 | . 046 | . 063 | . 152 | . 067 |
| Trochlea shape | . 055 | . 050 | . 060 | . 056 | . 088 | . 102 | . 119 | . 124 | . 104 | . 058 |
| Trochlea area | . 062 | . 068 | . 120 | . 086 | . 083 | . 053 | . 046 | . 071 | . 119 | . 035 |
| PCF shape | . 052 | . 040 | . 044 | . 047 | . 079 | . 058 | . 056 | . 059 | . 090 | . 066 |
| PCF area | . 056 | . 056 | . 103 | . 076 | . 097 | . 066 | . 047 | . 065 | . 153 | . 065 |
| Talus head shape | . 103 | . 105 | . 060 | . 090 | . 116 | . 093 | . 088 | . 096 | . 051 | . 051 |
| Talus head area | . 043 | . 046 | . 082 | . 092 | . 067 | . 058 | . 041 | . 057 | . 099 | . 061 |

Appendix 4.

## Appendix 4.1 Plots of OLS regressions

## Calcaneus












CC



CC


CT



CT


CT




PA


PA



PA


PA








Figure 4.1.1. Plots of OLS regressions between body mass and trabecular properties in pooled and individual populations in the calcaneus.

## Talus






PCF



PCF






TL


TL


TL


TL


TL


TL




Figure 4.1.2. Plots of OLS regressions between body mass and trabecular properties in pooled and individual populations in the talus.

First metatarsal





HD


HD


HD


HD


HD


HD




HP



HP


HP



Figure 4.1.3. Plots of OLS regressions between body mass and trabecular properties in pooled and individual populations in the first metatarsal.

## Appendix 4.2 Plots of robust regressions

## Calcaneus





Figure 4.2.1. Plots of robust regressions with Huber weights between body mass and trabecular properties in pooled and individual populations in the calcaneus.

## Talus



Figure 4.2.2. Plots of robust regressions with Huber weights between body mass and trabecular properties in pooled and individual populations in the talus.

First metatarsal



Figure 4.2.3. Plots of robust regressions with Huber weights between body mass and trabecular properties in pooled and individual populations in the first metatarsal. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

## Appendix 4.3 Regressions for males and females

Table 4.3.1. Regressions of body mass and trabecular properties in males. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


| Regressions between body mass and trabecular structure in males |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| VOI | Variable | Method | intercept | slope | CL- | CL+ | $\mathbf{R}^{2}$ | $p$ |
| HD | BV/TV | OLS | . 657 | -. 004 | -. 008 | . 000 | . 103 | . 083 |
|  | Tb.Th | OLS | . 386 | -. 002 | -. 004 | . 000 | . 087 | . 114 |
|  | Tb.Sp | OLS | . 213 | . 003 | . 000 | . 006 | . 141 | . 041 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | . 921 | -. 002 | -. 009 | . 006 | . 009 | . 613 |
|  | DA | OLS | . 739 | . 000 | -. 004 | . 004 | . 000 | . 980 |
| HP | BV/TV | OLS | . 367 | -. 001 | -. 005 | . 003 | . 005 | . 706 |
|  | Tb.Th | OLS | . 303 | -. 001 | -. 003 | . 002 | . 008 | . 650 |
|  | Tb.Sp | OLS | . 416 | . 003 | -. 003 | . 009 | . 029 | . 373 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | . 734 | -. 001 | -. 010 | . 008 | . 001 | . 848 |
|  | DA | OLS | . 752 | -. 002 | -. 007 | . 002 | . 034 | . 336 |
| BD | BV/TV | OLS | . 613 | -. 003 | -. 008 | . 001 | . 068 | . 170 |
|  | Tb.Th | OLS | . 459 | -. 003 | -. 005 | -. 001 | . 230 | . 008 |
|  | Tb.Sp | OLS | . 360 | . 001 | -. 003 | . 005 | . 011 | . 587 |
|  | $\log 10 \mathrm{Conn}$.D | OLS | . 497 | . 005 | -. 003 | . 012 | . 057 | . 213 |
|  | DA | OLS | . 697 | . 001 | -. 003 | . 005 | . 011 | . 602 |
| BP | BV/TV | OLS | . 509 | -. 003 | -. 008 | . 001 | . 089 | . 139 |
|  | Tb.Th | OLS | . 374 | -. 002 | -. 005 | . 001 | . 077 | . 169 |
|  | Tb.Sp | OLS | . 303 | . 005 | -. 003 | . 012 | . 060 | . 227 |
|  | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | . 772 | -. 001 | -. 012 | . 011 | . 001 | . 913 |
|  | DA | OLS | . 700 | -. 002 | -. 007 | . 004 | . 013 | . 586 |
| AT | BV/TV | OLS | . 668 | -. 004 | -. 000 | . 001 | . 072 | . 139 |
|  | Tb.Th | OLS | . 426 | -. 002 | -. 004 | . 001 | . 069 | . 146 |
|  | Tb.Sp | OLS | . 236 | . 004 | -. 001 | . 009 | . 069 | . 145 |
|  | $\log 10 \mathrm{Conn}$.D | OLS | . 996 | -. 005 | -. 011 | . 001 | . 085 | . 105 |
|  | DA | OLS | . 721 | . 001 | -. 002 | . 003 | . 005 | . 696 |
| CC | BV/TV | OLS | . 426 | . 000 | -. 006 | . 005 | . 000 | . 913 |
|  | Tb.Th | OLS | . 354 | . 000 | -. 003 | . 003 | . 002 | . 817 |
|  | Tb.Sp | OLS | . 443 | . 002 | -. 004 | . 008 | . 011 | . 541 |
|  | log10Conn.D | OLS | . 715 | -. 003 | -. 010 | . 004 | . 142 | . 415 |
|  | DA | OLS | . 627 | . 001 | -. 001 | . 004 | . 028 | . 339 |
| PL | BV/TV | OLS | . 234 | . 001 | -. 004 | . 006 | . 004 | . 730 |
|  | Tb.Th | OLS | . 297 | . 000 | -. 003 | . 004 | . 001 | . 887 |
|  | Tb.Sp | OLS | . 629 | . 002 | -. 007 | . 011 | . 007 | . 653 |



| Tb.Th | OLS | .266 | .000 | -.002 | .003 | .002 | .831 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Tb.Sp | OLS | .447 | .000 | -.004 | .004 | .000 | .939 |
| log10Conn.D | OLS | .839 | -.001 | -.008 | .006 | .002 | .832 |
| DA | OLS | .902 | -.004 | -.009 | .001 | .088 | .104 |

Table 4.3.2. Regressions of body mass and trabecular properties in males, excluding the Black Earth population. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base $(B D)$, plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).


| Regressions between body mass and trabecular structure in males excluding Black Earth |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| VOI | Variable | Method | intercept | slope | CL- | CL+ | $\mathbf{R}^{2}$ | p |
| HD | BV/TV | OLS | 0.40 | 0.000 | -0.005 | 0.005 | 0.00 | 0.98 |
|  | Tb.Th | OLS | 0.19 | 0.001 | -0.001 | 0.002 | 0.04 | 0.37 |
|  | Tb.Sp | OLS | 0.28 | 0.002 | -0.002 | 0.006 | 0.06 | 0.28 |
|  | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 1.47 | -0.009 | -0.017 | -0.002 | 0.27 | 0.01 |
|  | DA | OLS | 0.57 | 0.002 | -0.003 | 0.007 | 0.05 | 0.33 |
| HP | BV/TV | OLS | 0.20 | 0.002 | -0.003 | 0.006 | 0.02 | 0.48 |
|  | Tb.Th | OLS | 0.15 | 0.001 | -0.001 | 0.003 | 0.09 | 0.17 |
|  | Tb.Sp | OLS | 0.49 | 0.002 | -0.007 | 0.010 | 0.00 | 0.68 |
|  | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.91 | -0.003 | -0.015 | 0.008 | 0.02 | 0.56 |
|  | DA | OLS | 0.90 | -0.004 | -0.010 | 0.001 | 0.11 | 0.14 |
| BD | BV/TV | OLS | 0.33 | 0.001 | -0.004 | 0.005 | 0.01 | 0.69 |
|  | Tb.Th | OLS | 0.29 | -0.001 | -0.002 | 0.001 | 0.03 | 0.42 |
|  | Tb.Sp | Robust | 0.51 | -0.001 |  |  | 0.03 | 0.41 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 0.94 | -0.001 | -0.009 | 0.006 | 0.01 | 0.71 |
|  | DA | OLS | 0.55 | 0.003 | -0.001 | 0.007 | 0.12 | 0.13 |
| BP | BV/TV | OLS | 0.28 | -0.000 | -0.006 | 0.005 | 0.00 | 0.93 |
|  | Tb.Th | OLS | 0.14 | 0.001 | -0.002 | 0.004 | 0.04 | 0.39 |
|  | Tb.Sp | OLS | 0.19 | 0.006 | -0.004 | 0.016 | 0.08 | 0.23 |
|  | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 1.41 | -0.010 | -0.024 | 0.005 | 0.10 | 0.19 |
|  | DA | OLS | 0.54 | 0.001 | -0.007 | 0.009 | 0.00 | 0.83 |
| AT | BV/TV | OLS | 0.47 | -0.001 | -0.007 | 0.005 | 0.01 | 0.65 |
|  | Tb.Th | OLS | 0.34 | -0.001 | -0.004 | 0.002 | 0.01 | 0.58 |
|  | Tb.Sp | OLS | 0.41 | 0.001 | -0.004 | 0.007 | 0.01 | 0.66 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 0.87 | -0.003 | -0.011 | 0.004 | 0.04 | 0.37 |
|  | DA | OLS | 0.74 | 0.000 | -0.003 | 0.003 | 0.00 | 0.82 |
| CC | BV/TV | OLS | 0.24 | 0.002 | -0.003 | 0.008 | 0.03 | 0.41 |
|  | Tb.Th | OLS | 0.27 | 0.001 | -0.002 | 0.004 | 0.01 | 0.57 |
|  | Tb.Sp | OLS | 0.60 | -0.001 | -0.007 | 0.006 | 0.00 | 0.88 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 0.85 | -0.005 | -0.012 | 0.003 | 0.06 | 0.21 |


| PL | DA | OLS | 0.57 | 0.002 | -0.001 | 0.005 | 0.07 | 0.19 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BV/TV | OLS | 0.10 | 0.003 | -0.003 | 0.009 | 0.04 | 0.36 |
|  | Tb.Th | OLS | 0.14 | 0.002 | -0.001 | 0.006 | 0.08 | 0.19 |
|  | Tb.Sp | OLS | 0.76 | -0.000 | -0.010 | 0.009 | 0.00 | 0.99 |
| PA | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.67 | -0.005 | -0.015 | 0.005 | 0.05 | 0.29 |
|  | DA | OLS | 0.69 | 0.001 | -0.003 | 0.004 | 0.01 | 0.65 |
|  | BV/TV | OLS | 0.48 | -0.000 | -0.006 | 0.005 | 0.00 | 0.87 |
|  | Tb.Th | OLS | 0.35 | 0.001 | -0.002 | 0.003 | 0.00 | 0.74 |
|  | Tb.Sp | OLS | 0.43 | 0.002 | -0.005 | 0.009 | 0.01 | 0.57 |
| PC | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.54 | -0.000 | -0.008 | 0.007 | 0.00 | 0.84 |
|  | DA | Robust | 0.57 | 0.002 |  |  | 0.03 | 0.49 |
|  | BV/TV | OLS | 0.52 | 0.000 | -0.006 | 0.006 | 0.00 | 0.99 |
|  | Tb.Th | OLS | 0.29 | 0.002 | -0.002 | 0.005 | 0.04 | 0.31 |
|  | Tb.Sp | OLS | 0.28 | 0.003 | -0.001 | 0.007 | 0.07 | 0.18 |
| PP | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.90 | -0.005 | -0.011 | 0.001 | 0.10 | 0.10 |
|  | DA | OLS | 0.75 | -0.002 | -0.007 | 0.004 | 0.02 | 0.48 |
|  | BV/TV | OLS | 0.49 | -0.000 | -0.005 | 0.005 | 0.00 | 0.87 |
|  | Tb.Th | OLS | 0.33 | 0.001 | -0.002 | 0.003 | 0.01 | 0.69 |
|  | Tb.Sp | OLS | 0.46 | 0.001 | -0.004 | 0.006 | 0.01 | 0.63 |
| CT | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.77 | -0.003 | -0.009 | 0.003 | 0.05 | 0.25 |
|  | DA | OLS | 0.70 | 0.000 | -0.003 | 0.003 | 0.00 | 0.93 |
|  | BV/TV | OLS | 0.33 | 0.000 | -0.004 | 0.004 | 0.00 | 0.99 |
|  | Tb.Th | OLS | 0.31 | 0.000 | -0.002 | 0.002 | 0.00 | 0.88 |
|  | Tb.Sp | OLS | 0.64 | 0.001 | -0.006 | 0.008 | 0.00 | 0.76 |
| ACF | log10Conn.D | OLS | 0.31 | -0.001 | -0.010 | 0.009 | 0.00 | 0.88 |
|  | DA | OLS | 0.85 | -0.001 | -0.003 | 0.001 | 0.02 | 0.46 |
|  | BV/TV | OLS | 0.21 | 0.001 | -0.003 | 0.005 | 0.02 | 0.49 |
|  | Tb.Th | OLS | 0.20 | 0.001 | -0.001 | 0.003 | 0.03 | 0.41 |
|  | Tb.Sp | OLS | 0.77 | -0.002 | -0.009 | 0.006 | 0.01 | 0.67 |
| TH | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.74 | -0.002 | -0.009 | 0.006 | 0.01 | 0.65 |
|  | DA | OLS | 0.61 | 0.001 | -0.003 | 0.005 | 0.01 | 0.61 |
|  | BV/TV | OLS | 0.41 | 0.001 | -0.006 | 0.008 | 0.00 | 0.79 |
|  | Tb.Th | Robust | 0.18 | 0.002 |  |  | 0.06 | 0.26 |
|  | Tb.Sp | OLS | 0.34 | 0.002 | -0.003 | 0.007 | 0.02 | 0.52 |
| PCF | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 1.54 | -0.013 | -0.022 | -0.004 | 0.26 | 0.01 |
|  | DA | OLS | 0.80 | 0.000 | -0.003 | 0.003 | 0.00 | 0.90 |
|  | BV/TV | OLS | 0.31 | 0.001 | -0.004 | 0.007 | 0.01 | 0.58 |
|  | Tb.Th | OLS | 0.19 | 0.002 | -0.001 | 0.004 | 0.05 | 0.28 |
|  | Tb.Sp | OLS | 0.59 | -0.001 | -0.006 | 0.004 | 0.01 | 0.58 |
| TC | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.86 | -0.002 | -0.009 | 0.005 | 0.02 | 0.54 |
|  | DA | OLS | 0.77 | -0.000 | -0.003 | 0.003 | 0.00 | 0.94 |
|  | BV/TV | OLS | 0.20 | 0.003 | -0.003 | 0.008 | 0.05 | 0.29 |
|  | Tb.Th | OLS | 0.14 | 0.002 | -0.001 | 0.005 | 0.08 | 0.17 |
|  | Tb.Sp | OLS | 0.54 | -0.001 | -0.005 | 0.003 | 0.01 | 0.66 |
| TL | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 0.94 | -0.002 | -0.008 | 0.004 | 0.03 | 0.42 |
|  | DA | OLS | 0.73 | -0.001 | -0.006 | 0.004 | 0.01 | 0.61 |
|  | BV/TV | OLS | 0.23 | 0.003 | -0.003 | 0.010 | 0.04 | 0.32 |
|  | Tb.Th | OLS | 0.14 | 0.002 | -0.002 | 0.006 | 0.07 | 0.22 |


| $\mathbf{*}$ TM | Tb.Sp | OLS | 0.53 | -0.001 | -0.001 | 0.003 | 0.02 | 0.53 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | log10Conn.D | OLS | 0.79 | -0.001 | -0.009 | 0.007 | 0.00 | 0.79 |
|  | DA | OLS | 0.81 | -0.001 | -0.004 | 0.002 | 0.01 | 0.64 |
|  | OLS | 0.31 | 0.002 | -0.003 | 0.007 | 0.02 | 0.49 |  |
|  | Tb.Th | OLS | 0.20 | 0.001 | -0.002 | 0.004 | 0.03 | 0.43 |
|  | Tb.Sp | OLS | 0.54 | -0.001 | -0.006 | 0.003 | 0.01 | 0.59 |
|  | log10Conn.D | OLS | 1.01 | -0.003 | -0.011 | 0.005 | 0.03 | 0.43 |
|  | DA | OLS | 0.82 | -0.003 | -0.009 | 0.003 | 0.05 | 0.29 |

Table 4.3.3. Regressions of body mass and trabecular properties in females. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


| Regressions between body mass and trabecular structure in females |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
| VOI | Variable | Method | intercept | slope | CL- | CL+ | $\mathbf{R}^{2}$ | $\boldsymbol{p}$ |
| HD | BV/TV | OLS | 0.45 | -0.000 | -0.008 | 0.007 | 0.00 | 0.91 |
|  | Tb.Th | OLS | 0.18 | 0.001 | -0.003 | 0.006 | 0.02 | 0.50 |
|  | Tb.Sp | OLS | 0.19 | 0.004 | -0.001 | 0.009 | 0.13 | 0.09 |
|  | log10Conn.D | OLS | 1.64 | -0.015 | -0.029 | -0.000 | 0.18 | $\mathbf{0 . 0 4}$ |
|  | DA | OLS | 0.68 | 0.001 | -0.002 | 0.005 | 0.02 | 0.51 |
| HP | BV/TV | Robust | 0.17 | 0.003 |  |  | 0.04 | 0.28 |
|  | Tb.Th | Robust | 0.15 | 0.002 |  |  | 0.05 | 0.42 |
|  | Tb.Sp | OLS | 0.49 | 0.002 | -0.005 | 0.008 | 0.01 | 0.63 |
|  | log10Conn.D | OLS | 1.05 | -0.006 | 0.017 | 0.005 | 0.06 | 0.28 |
|  | DA |  | 0.59 | 0.001 | -0.005 | 0.006 | 0.00 | 0.87 |
| BD | BV/TV | OLS | 0.37 | 0.001 | -0.006 | 0.007 | 0.00 | 0.88 |
|  | Tb.Th | OLS | 0.24 | 0.000 | -0.004 | 0.004 | 0.00 | 0.93 |
|  | Tb.Sp | OLS | 0.34 | 0.001 | -0.004 | 0.007 | 0.01 | 0.60 |
|  | log10Conn.D | OLS | 0.96 | -0.001 | -0.014 | 0.011 | 0.00 | 0.85 |
|  | DA | OLS | 0.78 | -0.000 | -0.006 | 0.005 | 0.00 | 0.89 |
| BP | BV/TV | OLS | 0.22 | 0.001 | -0.005 | 0.007 | 0.01 | 0.66 |
|  | Tb.Th | OLS | 0.14 | 0.002 | -0.002 | 0.005 | 0.05 | 0.32 |
|  | Tb.Sp | OLS | 0.35 | 0.004 | -0.004 | 0.011 | 0.06 | 0.32 |
|  | log10Conn.D | OLS | 1.12 | -0.005 | -0.017 | 0.007 | 0.04 | 0.41 |
|  | DA | OLS | 0.67 | -0.002 | -0.008 | 0.004 | 0.04 | 0.42 |
| AT | BV/TV | OLS | 0.47 | -0.001 | -0.008 | 0.006 | 0.01 | 0.71 |
|  | Tb.Th | Robust | 0.26 | 0.000 |  |  | 0.00 | 0.87 |
|  | Tb.Sp | OLS | 0.22 | 0.004 | -0.002 | 0.010 | 0.07 | 0.18 |
|  | log10Conn.D | OLS | 1.15 | -0.007 | -0.015 | 0.000 | 0.14 | $\mathbf{0 . 0 5}$ |
|  | DA | OLS | 0.73 | 0.000 | -0.006 | 0.006 | 0.00 | 0.98 |
|  |  |  |  |  |  |  |  |  |


| CC | BV/TV | OLS | 0.40 | -0.000 | -0.006 | 0.006 | 0.00 | 0.94 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Tb.Th | OLS | 0.23 | 0.002 | -0.003 | 0.006 | 0.03 | 0.45 |
|  | $\mathrm{Tb} . \mathrm{Sp}$ | OLS | 0.17 | 0.007 | 0.000 | 0.013 | 0.18 | 0.04 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 1.14 | -0.009 | -0.021 | 0.002 | 0.12 | 0.10 |
|  | DA | OLS | 0.56 | 0.003 | -0.001 | 0.007 | 0.08 | 0.20 |
| PL | BV/TV | OLS | 0.21 | 0.001 | -0.004 | 0.007 | 0.01 | 0.59 |
|  | Tb.Th | Robust | 0.23 | 0.001 |  |  | 0.00 | 0.60 |
|  | Tb.Sp | OLS | 0.70 | 0.000 | $-0.008$ | 0.009 | 0.00 | 0.95 |
|  | $\log 10 \mathrm{Conn}$. D | Robust | 0.80 | 0.007 |  |  | 0.04 | 0.16 |
|  | DA | OLS | 0.44 | 0.005 | -0.001 | 0.011 | 0.11 | 0.11 |
| PA | BV/TV | OLS | 0.42 | 0.001 | -0.007 | 0.008 | 0.00 | 0.85 |
|  | Tb.Th | OLS | 0.34 | 0.000 | -0.005 | 0.006 | 0.00 | 0.86 |
|  | Tb.Sp | Robust | 0.57 | -0.001 |  |  | 0.00 | 0.66 |
|  | $\log 10 \mathrm{Conn}$. D | Robust | 1.07 | -0.009 |  |  | 0.09 | 0.12 |
|  | DA | OLS | 0.25 | 0.008 | 0.002 | 0.014 | 0.22 | 0.02 |
| PC | BV/TV | OLS | 0.47 | 0.001 | -0.006 | 0.008 | 0.00 | 0.82 |
|  | Tb.Th | OLS | 0.23 | 0.003 | -0.003 | 0.008 | 0.05 | 0.30 |
|  | Tb.Sp | OLS | 0.28 | 0.003 | -0.003 | 0.008 | 0.05 | 0.28 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 1.17 | -0.009 | -0.021 | 0.003 | 0.10 | 0.13 |
|  | DA | OLS | 0.12 | 0.009 | 0.002 | 0.016 | 0.24 | 0.01 |
| PP | BV/TV | OLS | 0.35 | 0.002 | -0.004 | 0.008 | 0.02 | 0.49 |
|  | Tb.Th | OLS | 0.32 | 0.001 | -0.004 | 0.006 | 0.00 | 0.77 |
|  | Tb.Sp | OLS | 0.70 | -0.003 | -0.008 | 0.001 | 0.08 | 0.16 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 0.53 | 0.001 | -0.013 | 0.014 | 0.00 | 0.92 |
|  | DA | OLS | 0.55 | 0.003 | -0.002 | 0.008 | 0.06 | 0.23 |
| CT | BV/TV | OLS | 0.18 | 0.003 | -0.002 | 0.008 | 0.05 | 0.27 |
|  | Tb.Th | OLS | 0.24 | 0.001 | -0.003 | 0.006 | 0.02 | 0.51 |
|  | Tb.Sp | OLS | 0.51 | 0.002 | -0.006 | 0.011 | 0.01 | 0.54 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 0.89 | -0.009 | -0.019 | 0.001 | 0.13 | 0.06 |
|  | DA | OLS | 0.65 | 0.003 | -0.000 | 0.005 | 0.14 | 0.06 |
| ACF | BV/TV | OLS | 0.46 | -0.002 | -0.008 | 0.003 | 0.03 | 0.38 |
|  | Tb.Th | OLS | 0.31 | -0.001 | -0.004 | 0.003 | 0.01 | 0.70 |
|  | $\mathrm{Tb} . \mathrm{Sp}$ | OLS | 0.36 | 0.005 | -0.001 | 0.011 | 0.09 | 0.13 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 0.95 | -0.005 | -0.014 | 0.004 | 0.05 | 0.25 |
|  | DA | OLS | 0.81 | -0.003 | -0.007 | 0.002 | 0.05 | 0.27 |
| TH | BV/TV | OLS | 0.50 | -0.001 | -0.007 | 0.006 | 0.00 | 0.81 |
|  | Tb.Th | OLS | 0.25 | 0.001 | -0.003 | 0.004 | 0.01 | 0.67 |
|  | $\mathrm{Tb} . \mathrm{Sp}$ | OLS | 0.25 | 0.003 | -0.002 | 0.008 | 0.08 | 0.17 |
|  | $\log 10 \mathrm{Conn}$. D | OLS | 1.26 | -0.010 | -0.020 | -0.001 | 0.17 | 0.04 |
|  | DA | OLS | 0.70 | 0.002 | -0.001 | 0.005 | 0.08 | 0.16 |
| PCF | BV/TV | OLS | 0.43 | -0.001 | -0.006 | 0.005 | 0.00 | 0.79 |
|  | Tb.Th | OLS | 0.20 | 0.001 | 0.002 | 0.005 | 0.02 | 0.46 |
|  | Tb.Sp | OLS | 0.24 | 0.005 | 0.001 | 0.008 | 0.22 | 0.02 |
|  | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 1.30 | -0.010 | -0.021 | 0.000 | 0.14 | 0.06 |
|  | DA | OLS | 0.66 | 0.002 | -0.001 | 0.005 | 0.06 | 0.23 |
| TC | BV/TV | OLS | 0.45 | -0.001 | -0.007 | 0.005 | 0.00 | 0.75 |
|  | Tb.Th | OLS | 0.29 | -0.000 | -0.004 | 0.003 | 0.00 | 0.86 |
|  | Tb.Sp | OLS | 0.35 | 0.002 | -0.002 | 0.006 | 0.03 | 0.39 |


|  | $\log 10 \mathrm{Conn} . \mathrm{D}$ | OLS | 1.04 | -0.004 | -0.014 | 0.001 | 0.02 | 0.44 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DA | OLS | 0.78 | -0.002 | -0.006 | 0.003 | 0.02 | 0.50 |
| TL | BV/TV | OLS | 0.37 | 0.001 | -0.005 | 0.007 | 0.01 | 0.71 |
|  | Tb.Th | OLS | 0.21 | 0.001 | -0.003 | 0.006 | 0.02 | 0.53 |
|  | Tb.Sp | OLS | 0.29 | 0.002 | -0.002 | 0.007 | 0.06 | 0.24 |
|  | $\log 10 \mathrm{Conn}$.D | OLS | 1.10 | -0.006 | -0.017 | 0.006 | 0.04 | 0.32 |
|  | DA | OLS | 0.70 | 0.001 | -0.002 | 0.004 | 0.04 | 0.33 |
| TM | BV/TV | OLS | 0.34 | 0.001 | -0.004 | 0.007 | 0.01 | 0.62 |
|  | Tb.Th | OLS | 0.20 | 0.001 | -0.002 | 0.004 | 0.02 | 0.49 |
|  | Tb.Sp | OLS | 0.40 | 0.001 | -0.004 | 0.005 | 0.00 | 0.75 |
|  | $\log 10 \mathrm{Conn}$.D | OLS | 1.15 | -0.005 | -0.014 | 0.004 | 0.05 | 0.26 |
|  | DA | OLS | 0.68 | -0.001 | -0.006 | 0.005 | 0.00 | 0.83 |

## Appendix 4.4 Plots of regressions in males and females

## Calcaneus







PL


PL




PL



Figure 4.4.1. Plots of regressions of body mass and trabecular properties in males and females in the calcaneus.

Talus




TH



TL


TH


TL


TL




Figure 4.4.2. Plots of regressions of body mass and trabecular properties in males and females in the talus.

Sex


Population

- Black Earth
- Jebel Moya
- Kerma
+ St Johns
BD


BD


BD


BD


BD



BP


BP



BP


HD


HD


HD


HP


HD


HD


HP



Figure 4.4.3. Regressions of body mass and trabecular properties in males and females in the first metatarsal. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base $(B P)$, dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Appendix 5.

## Appendix 5.1 PCA in a pooled population sample

Table 5.1.1. Variance explained by each principal component and importance of variables to principal components in the calcaneus. Variables larger than 1.9 are in bold.

| Calcaneus |  | PC1 | PC2 | PC3 | PC4 | PC5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Standard deviation |  | 3.77 | 2.97 | 1.46 | 1.24 | 1.15 |
| Proportion of Variance |  | 0.41 | 0.25 | 0.06 | 0.04 | 0.04 |
| Cumulative Proportion |  | 0.41 | 0.66 | 0.72 | 0.76 | 0.80 |
|  | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
| Achilles tendon (AT) | BV/TV | -0.225 | 0.126 | 0.080 | -0.085 | 0.078 |
|  | Tb.Th | -0.235 | -0.039 | -0.015 | 0.019 | 0.097 |
|  | Res. DA | 0.058 | 0.086 | 0.324 | 0.155 | -0.309 |
|  | Res. Tb.Sp | 0.152 | -0.233 | -0.111 | 0.158 | -0.046 |
|  | Res. Conn.D | 0.004 | 0.254 | -0.077 | -0.289 | 0.141 |
| Calcaneocuboid (CC) | BV/TV | -0.231 | 0.029 | 0.146 | -0.022 | -0.007 |
|  | Tb.Th | -0.214 | -0.130 | 0.122 | -0.002 | 0.034 |
|  | Res. DA | -0.035 | -0.209 | 0.015 | -0.388 | -0.032 |
|  | Res. Tb. Sp | 0.148 | -0.211 | -0.128 | -0.036 | 0.014 |
|  | Res. Conn.D | 0.094 | 0.287 | -0.023 | 0.104 | -0.066 |
| Calcaneal tuber (CT) | BV/TV | -0.241 | 0.070 | -0.043 | -0.004 | 0.017 |
|  | Tb.Th | -0.226 | -0.052 | -0.095 | 0.141 | 0.046 |
|  | Res. DA | -0.023 | -0.205 | 0.103 | -0.141 | -0.339 |
|  | Res. Tb.Sp | 0.173 | -0.222 | -0.031 | 0.138 | -0.052 |
|  | Res. Conn.D | -0.021 | 0.274 | -0.066 | -0.196 | 0.265 |
| PTF anterior (PA) | BV/TV | -0.241 | 0.038 | 0.014 | 0.168 | -0.011 |
|  | Tb.Th | -0.223 | -0.116 | -0.019 | 0.187 | $-0.072$ |
|  | Res. DA | -0.006 | -0.101 | 0.446 | -0.208 | -0.113 |
|  | Res. Tb.Sp | 0.158 | -0.209 | -0.098 | -0.018 | -0.069 |
|  | Res. Conn.D | 0.094 | 0.275 | -0.042 | -0.043 | 0.198 |
| PTF central (PC) | BV/TV | -0.250 | -0.015 | -0.018 | 0.076 | -0.114 |
|  | Tb.Th | -0.220 | -0.137 | -0.083 | 0.106 | -0.068 |
|  | Res. DA | -0.065 | -0.190 | 0.052 | -0.454 | -0.010 |
|  | Res. Tb.Sp | 0.189 | -0.161 | -0.118 | 0.106 | 0.117 |
|  | Res. Conn.D | 0.140 | 0.246 | 0.127 | 0.000 | 0.050 |
| PTF posterior (PP) | BV/TV | -0.245 | 0.034 | -0.029 | -0.017 | 0.009 |
|  | Tb.Th | -0.231 | -0.088 | -0.038 | 0.056 | 0.080 |
|  | Res. DA | -0.113 | -0.140 | -0.132 | -0.425 | -0.034 |
|  | Res. Tb.Sp | 0.138 | -0.205 | -0.073 | 0.172 | 0.103 |
|  | Res. Conn.D | 0.130 | 0.246 | 0.081 | -0.008 | -0.121 |
| Plantar ligaments (PL) | BV/TV | -0.218 | 0.081 | 0.018 | 0.123 | -0.102 |
|  | Tb.Th | -0.231 | -0.043 | 0.053 | 0.111 | 0.212 |
|  | Res. DA | 0.080 | 0.021 | 0.574 | 0.042 | -0.107 |
|  | Res. Tb.Sp | 0.122 | -0.180 | 0.194 | 0.000 | 0.493 |
|  | Res. Conn.D | 0.025 | 0.190 | -0.371 | -0.113 | -0.481 |

Table 5.1.2. Summary statistics and t-tests between sexes for PCA of combined calcaneus VOIs.

| Calcaneus |  |  |  |  |  | Levene's Test |  | t-test |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sex | N | Mean | S.D | S.E. | F | $p$ | t | df | $p$ |
| PC1 | M | 21 | -. 0296 | 4.1574 | . 9072 | 2.60 | . 116 | -. 054 | 35 | . 957 |
|  | F | 16 | . 0388 | 3.3306 | . 8327 |  |  |  |  |  |
| PC2 | M | 21 | -. 9392 | 2.7953 | . 6100 | 0.00 | . 970 | -2.339 | 35 | . 025 |
|  | F | 16 | 1.2327 | 2.8018 | . 7005 |  |  |  |  |  |
| PC3 | M | 21 | -. 1047 | 1.3118 | . 2863 | 0.70 | . 407 | -. 494 | 35 | . 625 |
|  | F | 16 | . 1374 | 1.6739 | . 4185 |  |  |  |  |  |
| PC4 | M | 21 | -. 0927 | 1.3085 | . 2855 | 0.00 | . 966 | -. 516 | 35 | . 609 |
|  | F | 16 | . 1216 | 1.1716 | . 2929 |  |  |  |  |  |
| PC5 | M | 21 | . 0669 | 1.1387 | . 2485 | 0.01 | . 908 | . 401 | 35 | . 691 |
|  | F | 16 | -. 0878 | 1.1948 | . 2987 |  |  |  |  |  |

Table 5.1.3. Variance explained by each principal component and importance of variables to principal components in the first metatarsal. Variables larger than 1.9 are in bold

| MT1 | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Standard deviation | 2.63 | 2.29 | 1.39 | 1.17 | 1.03 |
| Proportion of Variance | 0.35 | 0.26 | 0.10 | 0.07 | 0.05 |
| Cumulative Proportion | 0.35 | 0.61 | 0.71 | 0.77 | 0.83 |


|  | Variable | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  | Base Dorsal (BD) | BV/TV | $\mathbf{0 . 3 2 7}$ | -0.094 | 0.012 | -0.102 |
|  | 0.180 |  |  |  |  |  |
|  | Tb.Th | $\mathbf{0 . 3 2 5}$ | 0.092 | 0.026 | 0.117 | $\mathbf{0 . 2 5 9}$ |
|  | Res. DA | 0.100 | $\mathbf{0 . 1 9 1}$ | $\mathbf{- 0 . 4 6 4}$ | -0.061 | $\mathbf{- 0 . 2 7 4}$ |
|  | Res. Tb.Sp | $\mathbf{- 0 . 2 4 0}$ | $\mathbf{0 . 2 4 8}$ | 0.023 | $\mathbf{0 . 3 2 8}$ | -0.064 |
|  | Res. Conn.D | -0.143 | $\mathbf{- 0 . 3 3 6}$ | 0.118 | $\mathbf{- 0 . 1 9 4}$ | 0.008 |
| Base Plantar (BP) | BV/TV | $\mathbf{0 . 3 2 0}$ | -0.101 | 0.158 | $\mathbf{- 0 . 1 9 2}$ | 0.037 |
|  | Tb.Th | $\mathbf{0 . 3 1 8}$ | 0.151 | 0.099 | 0.061 | 0.136 |
|  | Res. DA | 0.094 | $\mathbf{0 . 2 0 6}$ | $\mathbf{- 0 . 3 9 8}$ | $\mathbf{- 0 . 2 8 7}$ | 0.030 |
|  | Res. Tb.Sp | -0.123 | $\mathbf{0 . 2 9 1}$ | -0.104 | $\mathbf{0 . 3 9 2}$ | $\mathbf{0 . 2 1 8}$ |
|  | Res. Conn.D | -0.062 | $\mathbf{- 0 . 3 7 4}$ | 0.121 | $\mathbf{- 0 . 2 5 8}$ | -0.169 |
| Head Dorsal (HD) | BV/TV | $\mathbf{0 . 3 3 8}$ | -0.062 | -0.175 | 0.109 | 0.017 |
|  | Tb.Th | $\mathbf{0 . 3 4 0}$ | 0.096 | 0.083 | 0.102 | -0.074 |
|  | Res. DA | -0.024 | 0.182 | $\mathbf{- 0 . 2 4 9}$ | $\mathbf{- 0 . 5 1 3}$ | $\mathbf{0 . 2 3 0}$ |
|  | Res. Tb.Sp | -0.165 | $\mathbf{0 . 2 0 8}$ | $\mathbf{0 . 4 8 6}$ | -0.060 | -0.049 |
|  | Res. Conn.D | -0.144 | $\mathbf{- 0 . 2 5 3}$ | $\mathbf{- 0 . 3 1 4}$ | $\mathbf{0 . 2 6 3}$ | 0.088 |
| Head Plantar (HP) | BV/TV | $\mathbf{0 . 2 7 8}$ | $\mathbf{- 0 . 1 9 7}$ | 0.038 | 0.173 | $\mathbf{- 0 . 2 6 9}$ |
|  | Tb.Th | $\mathbf{0 . 3 0 4}$ | 0.110 | 0.165 | 0.122 | -0.214 |
|  | Res. DA | -0.037 | 0.171 | -0.103 | -0.073 | $\mathbf{- 0 . 7 0 5}$ |
|  | Res. Tb.Sp | -0.114 | $\mathbf{0 . 3 3 1}$ | 0.145 | $\mathbf{- 0 . 2 1 0}$ | 0.152 |
|  | Res. Conn.D | -0.077 | $\mathbf{- 0 . 3 5 7}$ | $\mathbf{- 0 . 2 3 7}$ | 0.177 | 0.130 |

Table 5.1.4. Summary statistics and t-tests between sexes for PCA of combined MT1 VOIs.

| MT1 |  |  |  | Levene's Test |  |  |  |  |  | t-test |
| :--- | :--- | :--- | ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Sex |  | $\mathbf{N}$ | Mean | S.D | S.E. | F | $\boldsymbol{p}$ | t | df | $\boldsymbol{p}$ |
| PC1 | M | 22 | .224 | 2.672 | .598 | .166 | .686 | .547 | 36 | .588 |
|  | F | 18 | -.249 | 2.641 | .622 |  |  |  |  |  |
| PC2 | M | 22 | .400 | 2.397 | .536 | .081 | .777 | 1.139 | 36 | .262 |
|  | F | 18 | -.444 | 2.146 | .506 |  |  |  |  |  |
| PC3 | M | 22 | -.104 | 1.461 | .327 | .015 | .904 | -.482 | 36 | .633 |
|  | F | 18 | .116 | 1.346 | .317 |  |  |  |  | . |
| PC4 | M | 22 | .035 | 1.162 | .260 | .623 | .435 | .192 | 36 | .849 |
|  | F | 18 | -.039 | 1.213 | .286 |  |  |  |  |  |
| PC5 | M | 22 | -.017 | 1.042 | .233 | .054 | .817 | -.108 | 36 | .915 |
|  | F | 18 | .019 | 1.056 | .249 |  |  |  |  |  |

Table 5.1.5. Summary statistics and t-tests between sexes for PCA of combined talus VOIs.

| Talus |  |  |  |  |  | Levene's Test |  | t-test |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sex |  | N | Mean | S.D | S.E. | F | $p$ | t | df | $p$ |
| PC1 | M | 13 | -. 202 | 3.341 | . 927 | . 003 | . 959 | -. 269 | 32 | . 790 |
|  | F | 21 | . 125 | 3.499 | . 764 |  |  |  |  |  |
| PC2 | M | 13 | -. 597 | 2.570 | . 713 | . 000 | . 987 | -1.029 | 32 | . 311 |
|  | F | 21 | . 369 | 2.714 | . 592 |  |  |  |  |  |
| PC3 | M | 13 | . 443 | 1.526 | . 423 | . 634 | . 432 | 1.256 | 32 | . 218 |
|  | F | 21 | -. 274 | 1.672 | . 365 |  |  |  |  |  |
| PC4 | M | 13 | -. 386 | 1.406 | . 390 | 1.386 | . 248 | -1.388 | 32 | . 175 |
|  | F | 21 | . 239 | 1.189 | . 259 |  |  |  |  |  |
| PC5 | M | 13 | . 450 | . 939 | . 260 | 1.483 | . 232 | 1.874 | 32 | . 070 |
|  | F | 21 | -. 279 | 1.190 | . 260 |  |  |  |  |  |

Table 5.1.6. Variance explained by each principal component and importance of variables to principal components in the talus. Variables larger than 1.9 are in bold.

|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Standard deviation |  | 3.39 | 2.66 | 1.63 | 1.29 | 1.14 |
| Proportion of Variance |  | 0.38 | 0.24 | 0.09 | 0.06 | 0.04 |
| Cumulative Proportion |  | 0.38 | 0.62 | 0.71 | 0.76 | 0.81 |
|  | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
| Anterior calcaneal facet (ACF) | BV/TV | -0.190 | 0.111 | -0.221 | 0.109 | -0.412 |
|  | Tb.Th | -0.218 | 0.018 | -0.164 | 0.338 | -0.311 |
|  | DA | 0.087 | -0.195 | -0.253 | 0.010 | -0.015 |
|  | Tb.Sp | 0.075 | -0.263 | 0.187 | 0.229 | -0.024 |
|  | Conn.D | 0.073 | 0.250 | 0.108 | -0.358 | 0.169 |
| Posterior calcaneal facet (PCF) | BV/TV | -0.266 | 0.054 | 0.085 | -0.065 | 0.092 |
|  | Tb.Th | -0.278 | -0.031 | 0.100 | 0.054 | 0.138 |
|  | DA | -0.019 | -0.061 | -0.295 | 0.402 | 0.177 |
|  | Tb.Sp | 0.072 | -0.277 | -0.022 | 0.136 | -0.027 |
|  | Conn.D | 0.236 | 0.159 | 0.022 | -0.101 | -0.205 |
| Trochlea central (TC) | BV/TV | -0.264 | 0.055 | 0.012 | -0.170 | -0.004 |
|  | Tb.Th | -0.264 | -0.047 | 0.068 | -0.126 | 0.050 |
|  | DA | -0.012 | -0.042 | -0.408 | -0.091 | 0.405 |
|  | Tb.Sp | 0.156 | -0.240 | 0.114 | 0.128 | -0.101 |
|  | Conn.D | 0.172 | 0.168 | 0.071 | 0.224 | -0.078 |
| Trochlea lateral (TL) | BV/TV | -0.248 | 0.091 | 0.154 | 0.062 | 0.110 |
|  | Tb.Th | -0.246 | -0.085 | 0.219 | 0.013 | 0.158 |
|  | DA | -0.133 | -0.042 | -0.195 | 0.372 | 0.367 |
|  | Tb.Sp | 0.086 | -0.321 | 0.035 | -0.073 | -0.058 |
|  | Conn.D | 0.180 | 0.250 | -0.049 | 0.043 | -0.244 |
| Trochlea medial (TM) | BV/TV | -0.258 | 0.090 | 0.008 | 0.004 | -0.159 |
|  | Tb.Th | -0.254 | -0.087 | 0.129 | -0.019 | -0.090 |
|  | DA | -0.113 | -0.154 | -0.345 | -0.348 | -0.046 |
|  | Tb.Sp | 0.133 | -0.275 | 0.168 | -0.030 | -0.022 |
|  | Conn.D | 0.118 | 0.315 | -0.048 | 0.190 | 0.000 |
| Talar head (TH) | BV/TV | -0.230 | 0.103 | 0.047 | 0.033 | -0.158 |
|  | Tb.Th | -0.235 | -0.073 | 0.151 | 0.115 | -0.184 |
|  | DA | -0.066 | -0.121 | -0.441 | -0.201 | -0.246 |
|  | Tb.Sp | 0.115 | -0.301 | 0.139 | -0.027 | -0.080 |
|  | Conn.D | 0.117 | 0.311 | 0.018 | 0.113 | 0.152 |

## Appendix 5.2 PCA using combined VOIs per bone

## Black Earth

Table 5.2.1. Variance explained by each principal component and importance of variables to principal components in the calcaneus - Black Earth.

| Calcaneus | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | :--- | :---: | :---: | :---: |
| Standard deviation | 4.1490 | 2.2183 | 1.85175 | 1.76516 | 1.47134 |
| Proportion of Variance | 0.4918 | 0.1406 | 0.09797 | 0.08902 | 0.06185 |
| Cumulative Proportion | 0.4918 | 0.6324 | 0.73040 | 0.81942 | 0.88128 |


|  | Variable | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| Achilles tendon | BV/TV | -0.22 | -0.07 | 0.02 | 0.07 | 0.04 |
| (AT) | Tb.Th | -0.19 | -0.10 | -0.07 | 0.25 | 0.07 |
|  | DA | 0.04 | -0.09 | 0.34 | -0.19 | -0.06 |
|  | Residual Tb.Sp | 0.22 | 0.02 | -0.11 | 0.11 | 0.12 |
| Calcaneo | Residual Conn.D | -0.15 | -0.17 | 0.11 | -0.14 | -0.31 |
| cuboid (CC) | BV/TV | -0.16 | -0.16 | 0.13 | -0.10 | -0.30 |
|  | Tb.Th | -0.02 | -0.15 | -0.16 | 0.08 | -0.40 |
|  | DA | 0.16 | -0.23 | -0.10 | 0.12 | -0.18 |
|  | Residual Tb.Sp | 0.19 | 0.09 | -0.27 | 0.11 | 0.17 |
|  | Residual Conn.D | -0.17 | 0.14 | 0.17 | -0.23 | 0.13 |
| Calcaneal | BV/TV | -0.22 | -0.09 | 0.03 | 0.09 | 0.08 |
| tuber (CT) | Tb.Th | -0.22 | 0.02 | -0.11 | 0.17 | 0.05 |
|  | DA | 0.19 | -0.22 | 0.09 | -0.02 | 0.04 |
|  | Residual Tb.Sp | 0.22 | 0.04 | -0.12 | -0.11 | -0.07 |
|  | Residual Conn.D | -0.12 | 0.13 | -0.12 | 0.30 | -0.29 |
| PTF anterior | BV/TV | -0.19 | -0.03 | -0.27 | -0.08 | 0.15 |
| (PA) | Tb.Th | -0.15 | -0.08 | -0.32 | -0.18 | 0.12 |
|  | DA | 0.12 | -0.35 | 0.01 | -0.13 | -0.05 |
|  | Residual Tb.Sp | 0.21 | 0.00 | -0.04 | -0.10 | -0.20 |
|  | Residual Conn.D | 0.02 | 0.29 | 0.29 | 0.23 | -0.15 |
| PTF central | BV/TV | -0.22 | -0.13 | 0.03 | -0.09 | 0.10 |
| (PC) | Tb.Th | -0.17 | -0.18 | -0.07 | -0.03 | 0.35 |
|  | DA | 0.12 | -0.26 | 0.11 | -0.19 | 0.20 |
|  | Residual Tb.Sp | 0.20 | 0.12 | -0.23 | 0.08 | 0.03 |
| (PP) | Resterior | BV/TV | 0.03 | 0.39 | 0.22 | -0.01 |
|  | Tb.Th | -0.22 | -0.10 | 0.13 | 0.15 | 0.15 |
|  | DA | -0.14 | -0.09 | 0.21 | 0.33 | 0.08 |
|  | Residual Tb.Sp | 0.04 | -0.31 | -0.09 | 0.29 | 0.20 |
|  | Residual Conn.D | -0.22 | 0.11 | -0.10 | 0.02 | 0.02 |
| ligamentar | -0.05 | 0.14 | -0.19 | -0.42 | 0.09 |  |
|  | BV/TV | -0.17 | 0.08 | -0.26 | -0.10 | -0.21 |
|  | Tb.Th | -0.11 | 0.03 | -0.29 | 0.12 | -0.14 |
|  | DA | 0.17 | -0.28 | 0.02 | -0.06 | -0.10 |
|  | Residual Tb.Sp | 0.22 | -0.02 | 0.06 | 0.17 | 0.11 |
|  | Residual Conn.D | -0.20 | 0.14 | -0.03 | -0.15 | -0.11 |
|  |  |  |  |  |  |  |

Table 5.2.2. Variance explained by each principal component and importance of variables to principal components in the first metatarsal - Black Earth.

| MT1 | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Standard deviation | 3.0063 | 2.0426 | 1.6107 | 1.26643 | 1.1279 |
| Proportion of Variance | 0.4519 | 0.2086 | 0.1297 | 0.08019 | 0.0636 |
| Cumulative Proportion | 0.4519 | 0.6605 | 0.7902 | 0.87040 | 0.9340 |


|  | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| Base Dorsal (BD) | BV/TV | 0.26 | -0.21 | -0.23 | 0.03 | -0.12 |
|  | Tb.Th | 0.30 | -0.14 | -0.17 | -0.05 | -0.12 |
|  | DA | -0.03 | 0.27 | 0.03 | 0.05 | 0.66 |
|  | Residual Tb.Sp | -0.15 | 0.34 | 0.18 | -0.33 | 0.15 |
|  | Residual Conn.D | -0.24 | -0.10 | -0.05 | 0.39 | -0.04 |
| Base Plantar (BP) | BV/TV | 0.29 | -0.18 | 0.04 | 0.22 | -0.06 |
|  | Tb.Th | 0.32 | 0.00 | -0.02 | 0.06 | -0.13 |
|  | DA | -0.11 | -0.30 | -0.29 | -0.17 | 0.35 |
|  | Residual Tb.Sp | 0.03 | 0.27 | -0.29 | -0.44 | -0.16 |
|  | Residual Conn.D | -0.26 | -0.15 | 0.20 | 0.29 | 0.10 |
| Head Dorsal (HD) | BV/TV | 0.29 | -0.18 | -0.02 | -0.09 | 0.19 |
|  | Tb.Th | 0.31 | 0.09 | 0.06 | -0.11 | 0.19 |
|  | DA | -0.09 | -0.07 | -0.54 | 0.22 | 0.15 |
|  | Residual Tb.Sp | -0.05 | 0.42 | -0.07 | 0.33 | 0.00 |
|  | Residual Conn.D | -0.28 | -0.24 | 0.07 | -0.01 | -0.07 |
| Head Plantar (HP) | BV/TV | 0.27 | -0.02 | 0.24 | 0.23 | 0.21 |
|  | Tb.Th | 0.27 | 0.15 | 0.24 | 0.25 | 0.02 |
|  | DA | 0.13 | 0.13 | -0.43 | 0.16 | 0.27 |
|  | Residual Tb.Sp | -0.19 | 0.26 | -0.24 | 0.22 | -0.28 |
|  | Residual Conn.D | -0.19 | -0.36 | 0.08 | -0.12 | 0.19 |

Table 5.2.3. Variance explained by each principal component and importance of variables to principal components in the talus - Black Earth.

| Talus |  | PC1 | PC2 | PC3 | PC4 | PC5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Standard deviation |  | 3.47 | 2.43 | 2.15 | 1.65 | 1.55 |
| Proportion of Variance |  | 0.40 | 0.20 | 0.15 | 0.09 | 0.08 |
| Cumulative Proportion |  | 0.40 | 0.60 | 0.75 | 0.84 | 0.92 |
| Anterior calcaneal facet (ACF) | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | BV/TV | -0.20 | -0.02 | -0.15 | 0.37 | -0.11 |
|  | Tb.Th | -0.16 | 0.13 | -0.01 | 0.41 | -0.20 |
|  | DA | 0.26 | 0.04 | 0.04 | -0.12 | -0.23 |
|  | Residual Tb.Sp | 0.23 | 0.12 | 0.16 | -0.14 | 0.21 |
| Posterior calcaneal facet (PCF) | Residual Conn.D | -0.22 | -0.20 | -0.11 | -0.04 | 0.22 |
|  | BV/TV | -0.20 | 0.21 | 0.10 | -0.06 | 0.06 |
|  | Tb.Th | -0.12 | 0.34 | 0.08 | -0.11 | 0.07 |
|  | DA | -0.06 | 0.05 | 0.30 | 0.30 | -0.28 |
| Talar head (TH) | Residual Tb.Sp | 0.26 | -0.02 | -0.17 | 0.03 | 0.04 |
|  | Residual Conn.D | -0.07 | -0.34 | -0.19 | -0.04 | 0.13 |
|  | BV/TV | -0.10 | 0.15 | -0.18 | -0.27 | -0.26 |
|  | Tb.Th | 0.00 | 0.19 | -0.25 | -0.31 | -0.14 |
| Trochlea lateral (TL) | DA | 0.01 | -0.32 | 0.25 | -0.16 | -0.06 |
|  | Residual Tb.Sp | 0.20 | 0.06 | 0.00 | 0.28 | 0.21 |
|  | Residual Conn.D | -0.20 | 0.00 | 0.25 | 0.23 | 0.04 |
|  | BV/TV | -0.07 | 0.15 | 0.19 | 0.10 | 0.43 |
|  | Tb.Th | 0.09 | 0.29 | 0.15 | -0.01 | 0.31 |
|  | DA | -0.15 | 0.05 | 0.28 | 0.04 | -0.36 |
| Trochlea central (TC) | Residual Tb.Sp | 0.22 | 0.08 | -0.07 | -0.05 | -0.32 |
|  | Residual Conn.D | -0.20 | -0.23 | -0.17 | 0.09 | 0.05 |
|  | BV/TV | -0.23 | 0.14 | -0.09 | -0.09 | 0.07 |
|  | Tb.Th | -0.17 | 0.25 | 0.05 | -0.15 | 0.07 |
| Trochlea medial (TM) | DA | 0.15 | -0.07 | -0.30 | 0.22 | -0.02 |
|  | Residual Tb.Sp | 0.25 | 0.04 | 0.18 | 0.13 | -0.11 |
|  | Residual Conn.D | -0.25 | -0.19 | 0.05 | -0.07 | -0.02 |
|  | BV/TV | -0.19 | 0.21 | -0.24 | 0.07 | -0.04 |
|  | Tb.Th | -0.14 | 0.31 | -0.18 | 0.07 | -0.05 |
|  | DA | 0.16 | 0.06 | -0.30 | 0.27 | 0.12 |
|  | Residual Tb.Sp | 0.26 | -0.02 | 0.18 | 0.06 | -0.01 |
|  | Residual Conn.D | -0.21 | -0.22 | 0.17 | -0.09 | 0.02 |

Table 5.2.4. Significant MANOVA's - Black Earth.

| Calcaneus | Black Earth | Df | Pillai | approx F | num Df | den Df | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| All PCs | Sex | 1 | 0.54123 | 1.9662 | 3 | 5 | 0.2375 |
|  | Residuals | 7 |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | $F$ value | $p$ |  |
| PC1 | Sex | 1 | 11.446 | 11.446 | 0.6345 | 0.4519 |  |
|  | Residuals | 7 | 126.269 | 18.038 |  |  |  |
| PC2 | Sex | 1 | 18.031 | 18.0307 | 5.916 | 0.04527 |  |
|  | Residuals | 7 | 21.334 | 3.0478 |  |  |  |
| PC3 | Sex | 1 | 0.0021 | 0.0021 | $5.00 \mathrm{E}-04$ | 0.9822 |  |
|  | Residuals | 7 | 27.4298 | 3.9185 |  |  |  |
| MT1 | Black Earth | Df | Pillai | approx F | num Df | den Df | $p$ |
| All PCs | Sex | 1 | 0.19689 | 0.49032 | 3 | 6 | 0.7017 |
|  | Residuals | 8 |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | $F$ value | p |  |
| PC1 | Sex | 1 | 11.665 | 11.665 | 1.3394 | 0.2805 |  |
|  | Residuals | 8 | 69.675 | 8.7094 |  |  |  |
| PC2 | Sex | 1 | 0.865 | 0.8651 | 0.1887 | 0.6755 |  |
|  | Residuals | 8 | 36.685 | 4.5856 |  |  |  |
| PC3 | Sex | 1 | 0.7108 | 0.71077 | 0.2512 | 0.6297 |  |
|  | Residuals | 8 | 22.6376 | 2.8297 |  |  |  |
| Talus | Black Earth | Df | Pillai | approx F | num Df | den Df | $p$ |
| All PCs | Sex | 1 | 0.28172 | 0.52296 | 3 | 4 | 0.6894 |
|  | Residuals | 6 |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 1.073 | 1.0732 | 0.0774 | 0.7902 |  |
|  | Residuals | 6 | 83.188 | 13.8646 |  |  |  |
| PC2 | Sex | 1 | 7.571 | 7.5711 | 1.3441 | 0.2904 |  |
|  | Residuals | 6 | 33.797 | 5.6328 |  |  |  |
| PC3 | Sex | 1 | 2.7917 | 2.7917 | 0.5643 | 0.4809 |  |
|  | Residuals | 6 | 29.6824 | 4.9471 |  |  |  |

## Kerma

Table 5.2.5. Variance explained by each principal component and importance of variables to principal components in the calcaneus - Kerma.

| Calcaneus | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Standard deviation | 3.5302 | 3.0663 | 1.9395 | 1.53259 | 1.3950 |
| Proportion of Variance | 0.3561 | 0.2686 | 0.1075 | 0.06711 | 0.0556 |
| Cumulative Proportion | 0.3561 | 0.6247 | 0.7322 | 0.79928 | 0.8549 |


|  | Variable | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| Achilles | BV/TV | 0.25 | 0.01 | -0.15 | 0.02 | 0.20 |
| tendon | Tb.Th | 0.14 | -0.16 | -0.09 | 0.03 | 0.43 |
| (AT) | DA | 0.10 | -0.12 | 0.00 | -0.16 | 0.16 |
|  | Residual Tb.Sp | -0.23 | -0.13 | 0.13 | -0.09 | -0.02 |
|  | Residual Conn.D | 0.09 | 0.26 | -0.11 | 0.16 | -0.16 |
| Calcaneo | BV/TV | 0.23 | -0.11 | -0.03 | -0.16 | -0.17 |
| cuboid | Tb.Th | 0.14 | -0.25 | -0.13 | -0.08 | -0.06 |
| (CC) | DA | -0.11 | -0.19 | -0.23 | -0.10 | -0.27 |
|  | Residual Tb.Sp | -0.24 | -0.06 | -0.12 | 0.21 | 0.08 |
|  | Residual Conn.D | 0.09 | 0.28 | 0.15 | -0.05 | 0.06 |
| Calcaneal | BV/TV | 0.19 | -0.13 | -0.04 | 0.27 | 0.06 |
| tuber | Tb.Th | 0.05 | -0.21 | 0.09 | 0.39 | 0.10 |
| (CT) | DA | -0.06 | -0.14 | -0.30 | 0.00 | 0.19 |
|  | Residual Tb.Sp | -0.26 | -0.10 | 0.04 | 0.03 | 0.13 |
|  | Residual Conn.D | 0.17 | 0.22 | 0.01 | 0.07 | -0.21 |
| PTF | BV/TV | 0.25 | -0.10 | 0.11 | -0.08 | -0.18 |
| anterior | Tb.Th | 0.13 | -0.26 | 0.12 | -0.17 | 0.01 |
| (PA) | DA | -0.09 | 0.03 | -0.39 | -0.23 | 0.07 |
|  | Residual Tb.Sp | -0.25 | 0.01 | 0.05 | 0.06 | 0.29 |
|  | Residual Conn.D | 0.15 | 0.23 | 0.04 | 0.11 | -0.13 |
|  | BV/TV | 0.22 | -0.17 | 0.02 | 0.07 | -0.07 |
| PTF | Tb.Th | 0.04 | -0.29 | 0.15 | -0.09 | -0.07 |
| central | -0.13 | -0.02 | -0.38 | 0.10 | -0.19 |  |
| (PC) | DA | -0.24 | -0.02 | 0.19 | -0.07 | 0.08 |
|  | Residual Tb.Sp | 0.13 | 0.25 | -0.17 | -0.01 | 0.10 |
|  | Residual Conn.D | 0.15 | -0.21 | -0.05 | 0.30 | -0.15 |
| PTF | BV/TV | 0.05 | -0.25 | 0.14 | 0.16 | -0.08 |
| posterior | Tb.Th | -0.06 | -0.09 | -0.23 | 0.28 | 0.20 |
| (PP) | DA | -0.19 | 0.01 | 0.29 | -0.23 | 0.03 |
|  | Residual Tb.Sp | 0.14 | 0.25 | -0.13 | -0.02 | 0.06 |
|  | Residual Conn.D | 0.24 | -0.05 | 0.06 | -0.15 | 0.15 |
| Plantar | BV/TV | 0.18 | -0.15 | -0.04 | -0.06 | 0.10 |
| ligaments | Tb.Th | 0.07 | -0.05 | -0.31 | -0.43 | 0.08 |
| (PL) | DA | -0.21 | -0.03 | -0.17 | 0.11 | -0.25 |
|  | Residual Tb.Sp | 0.13 | 0.18 | 0.08 | 0.12 | 0.36 |
|  | Residual Conn.D |  |  |  |  |  |

Table 5.2.6. Variance explained by each principal component and importance of variables to principal components in the first metatarsal - Kerma.

| MT1 |  | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| Standard deviation | 2.7992 | 2.1598 | 1.6103 | 1.2513 | 1.1164 |  |
| Proportion of Variance | 0.3918 | 0.2332 | 0.1296 | 0.0783 | 0.0623 |  |
| Cumulative Proportion | 0.3918 | 0.6250 | 0.7547 | 0.8329 | 0.8953 |  |
|  |  |  |  |  |  |  |
|  | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
| Base | BV/TV | 0.08 | -0.37 | 0.10 | 0.20 | 0.14 |
| Dorsal | Tb.Th | -0.19 | -0.33 | 0.17 | -0.14 | 0.06 |
| (BD) | DA | -0.07 | 0.14 | -0.31 | 0.14 | 0.47 |
|  | Residual Tb.Sp | -0.30 | 0.11 | 0.04 | -0.36 | -0.07 |
|  | Residual Conn.D | 0.31 | -0.11 | 0.14 | 0.25 | -0.09 |
|  | BV/TV | 0.03 | -0.30 | -0.43 | 0.07 | -0.13 |
| Base | Tb.Th | -0.17 | -0.35 | -0.18 | 0.11 | -0.21 |
| Plantar | DA | -0.26 | 0.16 | -0.27 | 0.26 | -0.14 |
| (BP) | Desidual Tb.Sp | -0.16 | 0.04 | 0.53 | 0.13 | 0.03 |
|  | Resin | 0.29 | -0.10 | -0.28 | -0.19 | -0.08 |
|  | Residual Conn.D | 0.11 | -0.33 | 0.05 | -0.22 | 0.41 |
| Head | BV/TV | 0.14 |  |  |  |  |
| Dorsal | Tb.Th | -0.27 | -0.22 | 0.14 | -0.20 | 0.14 |
| (HD) | DA | -0.05 | 0.33 | 0.11 | 0.42 | -0.06 |
|  | Residual Tb.Sp | -0.29 | -0.05 | 0.15 | 0.02 | 0.07 |
|  | Residual Conn.D | 0.33 | -0.10 | -0.03 | 0.04 | -0.06 |
| Head | BV/TV | 0.28 | -0.14 | 0.21 | 0.26 | 0.19 |
| Plantar | Tb.Th | -0.12 | -0.29 | 0.08 | 0.43 | -0.03 |
| (HP) | DA | -0.01 | 0.17 | -0.16 | 0.09 | 0.63 |
|  | Residual Tb.Sp | -0.32 | -0.17 | -0.11 | 0.09 | -0.02 |
|  | Residual Conn.D | 0.29 | 0.12 | 0.20 | -0.22 | -0.08 |

Table 5.2.7. Variance explained by each principal component and importance of variables to principal components in the talus- Kerma.

| Talus | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Standard deviation | 3.5718 | 2.8174 | 1.62505 | 1.41412 | 1.27814 |
| Proportion of Variance | 0.4253 | 0.2646 | 0.08803 | 0.06666 | 0.05445 |
| Cumulative Proportion | 0.4253 | 0.6898 | 0.77787 | 0.84453 | 0.89899 |


|  | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Anterior calcaneal facet (ACF) | BV/TV | 0.20 | -0.08 | -0.21 | -0.15 | -0.03 |
|  | Tb.Th | 0.23 | -0.13 | -0.10 | -0.13 | 0.06 |
|  | DA | -0.08 | -0.31 | 0.03 | 0.04 | -0.07 |
|  | Residual Tb.Sp | 0.01 | -0.20 | 0.34 | 0.07 | 0.44 |
|  | Residual Conn.D | -0.06 | 0.32 | -0.05 | 0.08 | 0.09 |
| Posterior calcaneal facet (PCF) | BV/TV | 0.25 | -0.06 | 0.20 | -0.07 | 0.07 |
|  | Tb.Th | 0.25 | -0.11 | 0.12 | -0.04 | -0.03 |
|  | DA | -0.17 | 0.12 | 0.29 | -0.22 | -0.03 |
|  | Residual Tb.Sp | -0.20 | -0.22 | -0.05 | -0.04 | -0.01 |
|  | Residual Conn.D | -0.13 | 0.22 | -0.05 | 0.19 | 0.32 |
| Talar head (TH) | BV/TV | 0.25 | -0.02 | -0.27 | 0.01 | 0.00 |
|  | Tb.Th | 0.21 | -0.12 | -0.32 | -0.07 | 0.04 |
|  | DA | -0.17 | -0.16 | 0.23 | 0.20 | -0.29 |
|  | Residual Tb.Sp | -0.19 | -0.14 | 0.01 | -0.16 | 0.35 |
|  | Residual Conn.D | 0.00 | 0.19 | 0.37 | -0.03 | -0.28 |
| Trochlea lateral (TL) | BV/TV | 0.26 | 0.03 | 0.17 | -0.13 | 0.12 |
|  | Tb.Th | 0.25 | -0.11 | 0.09 | -0.14 | 0.06 |
|  | DA | 0.06 | -0.14 | 0.42 | -0.31 | -0.05 |
|  | Residual Tb.Sp | -0.26 | -0.10 | -0.04 | 0.10 | -0.05 |
|  | Residual Conn.D | 0.03 | 0.26 | 0.05 | 0.18 | 0.46 |
| Trochlea central (TC) | BV/TV | 0.24 | -0.12 | 0.11 | 0.18 | 0.18 |
|  | Tb.Th | 0.19 | -0.23 | -0.03 | 0.08 | 0.17 |
|  | DA | -0.11 | -0.26 | 0.10 | 0.33 | 0.10 |
|  | Residual Tb.Sp | -0.22 | -0.05 | -0.26 | -0.22 | 0.01 |
|  | Residual Conn.D | 0.14 | 0.29 | 0.05 | 0.05 | -0.13 |
| Trochlea medial (TM) | BV/TV | 0.21 | -0.01 | 0.01 | 0.35 | -0.20 |
|  | Tb.Th | 0.20 | -0.14 | -0.04 | 0.17 | -0.17 |
|  | DA | -0.11 | -0.18 | 0.00 | 0.42 | 0.00 |
|  | Residual Tb.Sp | -0.20 | -0.18 | -0.09 | -0.29 | 0.10 |
|  | Residual Conn.D | 0.09 | 0.33 | 0.04 | -0.01 | 0.07 |

Table 5.2.8. Significant MANOVA's - Kerma.

| Calcaneus | Kerma | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  |  |  |  |  |  |  |
| all | Sex | 1 | 0.71826 | 7.6482 | 3 | 9 | $\mathbf{0 . 0 0 7 5 8 6}$ |
|  | Residuals | 11 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 79.781 | 79.781 | 12.579 | $\mathbf{0 . 0 0 4 5 7 8}$ |  |
|  | Residuals | 11 | 69.765 | 6.342 |  |  |  |
| PC2 | Sex | 1 | 5.492 | 5.4916 | 0.5628 | 0.4689 |  |
|  | Residuals | 11 | 107.335 | 9.7577 |  |  |  |
| PC3 | Sex | 1 | 6.143 | 6.1434 | 1.733 | 0.2148 |  |
|  | Residuals | 11 | 38.995 | 3.545 |  |  |  |


| MT1 | Kerma | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  |  |  |  |  |  |  |
| all | Sex |  | 1 | 0.44022 | 1.835 | 3 | 7 |
|  | Residuals |  | 9 |  |  |  | 0.2288 |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex |  | 1 | 7.744 | 7.7443 | 0.9871 | 0.3464 |
|  | Residuals | 9 | 70.609 | 7.8454 |  |  |  |
| PC2 | Sex | 1 | 15.303 | 15.3027 | 4.3939 | 0.06552 |  |
|  | Residuals | 9 | 31.344 | 3.4827 |  |  |  |
| PC3 | Sex | 1 | 0.3455 | 0.34555 | 0.1216 | 0.7354 |  |
|  | Residuals | 9 | 25.5841 | 2.84268 |  |  |  |


| Talus | Kerma | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  |  |  |  |  |  |  |
| all | Sex |  | 0.55131 | 2.4574 | 3 | 6 | 0.1606 |
|  | Residuals |  | 8 |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex |  | 1 | 58.69 | 58.69 | 8.3651 | $\mathbf{0 . 0 2 0 1 3}$ |
|  | Residuals | 8 | 56.129 | 7.016 |  |  |  |
| PC2 | Sex | 1 | 0.415 | 0.4149 | 0.0467 | 0.8343 |  |
|  | Residuals | 8 | 71.025 | 8.8782 |  |  |  |
| PC3 | Sex | 1 | 0.8164 | 0.81639 | 0.2846 | 0.6082 |  |
|  | Residuals | 8 | 22.9507 | 2.86884 |  |  |  |

## St. Johns

Table 5.2.9. Variance explained by each principal component and importance of variables to principal components in the calcaneus - St. Johns.

| Calcaneus | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Standard deviation | 3.7233 | 3.0175 | 1.6807 | 1.55608 | 1.3069 |
| Proportion of Variance | 0.3961 | 0.2601 | 0.0807 | 0.06918 | 0.0488 |
| Cumulative Proportion | 0.3961 | 0.6562 | 0.7369 | 0.80612 | 0.8549 |


|  | Variable | PC1 | PC2 | PC3 | PC4 | PC5 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| Achilles | BV/TV | -0.09 | -0.23 | 0.27 | -0.24 | 0.02 |
| tendon | Tb.Th | -0.24 | -0.04 | 0.14 | -0.13 | 0.06 |
| (AT) | DA | 0.09 | -0.01 | 0.03 | -0.43 | -0.42 |
|  | Residual Tb.Sp | -0.10 | 0.20 | -0.10 | 0.32 | 0.13 |
|  | Residual Conn.D | 0.20 | -0.16 | 0.03 | 0.02 | 0.18 |
| Calcaneo | BV/TV | -0.16 | -0.15 | 0.25 | -0.13 | 0.04 |
| cuboid | Tb.Th | -0.24 | 0.00 | 0.06 | -0.13 | 0.08 |
| (CC) | DA | -0.04 | 0.14 | -0.44 | -0.28 | -0.06 |
|  | Residual Tb.Sp | -0.11 | 0.19 | -0.28 | 0.05 | 0.18 |
|  | Residual Conn.D | 0.19 | -0.17 | 0.15 | -0.02 | -0.18 |
| Calcanea | BV/TV | -0.13 | -0.26 | -0.13 | 0.03 | -0.15 |
| l tuber | Tb.Th | -0.21 | -0.12 | -0.12 | 0.17 | -0.18 |
| (CT) | DA | -0.13 | 0.06 | -0.31 | 0.16 | -0.29 |
|  | Residual Tb.Sp | -0.06 | 0.26 | 0.24 | 0.00 | -0.01 |
|  | Residual Conn.D | 0.19 | -0.15 | -0.09 | -0.16 | 0.23 |
| PTF | BV/TV | -0.20 | -0.18 | -0.01 | 0.18 | -0.03 |
| anterior | Tb.Th | -0.25 | -0.01 | -0.02 | 0.01 | -0.09 |
| (PA) | DA | -0.17 | 0.14 | -0.10 | 0.10 | -0.28 |
|  | Residual Tb.Sp | -0.04 | 0.26 | 0.04 | -0.21 | 0.05 |
|  | Residual Conn.D | 0.22 | -0.16 | -0.01 | 0.04 | 0.06 |
| PTF | BV/TV | -0.22 | -0.17 | 0.02 | 0.10 | 0.10 |
| central | Tb.Th | -0.25 | -0.03 | -0.12 | -0.03 | 0.10 |
| (PC) | DA | -0.15 | 0.05 | -0.11 | -0.24 | -0.04 |
|  | Residual Tb.Sp | 0.04 | 0.28 | -0.09 | -0.15 | 0.03 |
|  | Residual Conn.D | 0.22 | -0.07 | 0.08 | 0.12 | -0.14 |
| PTF | BV/TV | -0.18 | -0.23 | -0.07 | 0.03 | 0.02 |
| posterior | Tb.Th | -0.25 | -0.10 | -0.04 | 0.03 | 0.05 |
| (PP) | DA | -0.12 | -0.01 | -0.14 | -0.47 | 0.19 |
|  | Residual Tb.Sp | -0.04 | 0.25 | 0.17 | -0.02 | 0.13 |
|  | Residual Conn.D | 0.23 | -0.10 | -0.11 | 0.05 | -0.18 |
| Plantar | BV/TV | -0.15 | -0.25 | 0.06 | -0.08 | -0.05 |
| ligaments | Tb.Th | -0.23 | -0.08 | 0.20 | 0.04 | 0.00 |
| (PL) | DA | -0.05 | 0.14 | 0.14 | -0.08 | -0.50 |
|  | Residual Tb.Sp | -0.05 | 0.26 | 0.29 | 0.09 | 0.04 |
|  | 0.13 | -0.20 | -0.29 | -0.08 | 0.09 |  |
|  |  |  |  |  |  |  |

Table 5.2.10. Variance explained by each principal component and importance of variables to principal components in the first metatarsal-St. Johns.

| MT1 | PC1 | PC2 | PC3 | PC4 | PC5 |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| Standard deviation | 2.8065 | 2.0700 | 1.4735 | 1.37927 | 1.00775 |  |
| Proportion of Variance | 0.3938 | 0.2142 | 0.1086 | 0.09512 | 0.05078 |  |
| Cumulative Proportion | 0.3938 | 0.6081 | 0.7166 | 0.81175 | 0.86253 |  |
|  |  |  |  |  |  |  |
|  | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
| Base | BV/TV | 0.30 | -0.12 | -0.07 | 0.26 | -0.04 |
| Dorsal | Tb.Th | 0.17 | -0.27 | 0.26 | 0.24 | -0.30 |
| (BD) | DA | -0.03 | -0.06 | -0.51 | -0.12 | 0.06 |
|  | Residual Tb.Sp | -0.28 | 0.04 | 0.26 | -0.25 | -0.01 |
|  | Residual Conn.D | 0.24 | 0.25 | -0.21 | 0.18 | 0.13 |
|  | BV/TV | 0.25 | -0.18 | 0.08 | 0.33 | 0.09 |
| Base | Tb.Th | 0.00 | -0.33 | 0.18 | 0.27 | -0.15 |
| Plantar | 0.06 | -0.11 | -0.45 | -0.19 | -0.46 |  |
| (BP) | DA | -0.29 | 0.02 | 0.10 | -0.24 | -0.27 |
|  | Residual Tb.Sp | 0.31 | 0.11 | -0.12 | 0.09 | 0.20 |
|  | Residual Conn.D | 0.28 | -0.11 | -0.08 | -0.24 | -0.23 |
| Head | BV/TV | 0.16 | -0.37 | -0.03 | -0.16 | -0.14 |
| Dorsal | Tb.Th | -0.20 | 0.08 | -0.40 | 0.27 | -0.14 |
| (HD) | DA | -0.28 | -0.15 | 0.14 | 0.21 | 0.13 |
|  | Residual Tb.Sp | 0.21 | 0.27 | 0.17 | -0.18 | -0.23 |
|  | Residual Conn.D | 0.28 | -0.17 | 0.08 | -0.28 | 0.14 |
| Head | BV/TV | 0.07 | -0.43 | 0.01 | -0.25 | 0.06 |
| Plantar | Tb.Th | -0.08 | -0.29 | -0.16 | -0.20 | 0.56 |
| (HP) | DA | -0.28 | -0.15 | -0.16 | 0.24 | -0.17 |
|  | Residual Tb.Sp | 0.23 | 0.32 | 0.12 | -0.09 | -0.04 |
|  | Residual Conn.D |  |  |  |  |  |

Table 5.2.11. Variance explained by each principal component and importance of variables to principal components in the talus-St. Johns.

| Talus |  | PC1 | PC2 | PC3 | PC4 | PC5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Standard deviation |  | 3.309 | 2.798 | 1.9877 | 1.36767 | 1.20658 |
| Proportion of Variance |  | 0.365 | 0.261 | 0.1317 | 0.06235 | 0.04853 |
| Cumulative Proportion |  | 0.365 | 0.626 | 0.7577 | 0.82001 | 0.86854 |
|  | Variables | PC1 | PC2 | PC3 | PC4 | PC5 |
| Anterior calcaneal facet (ACF) | BV/TV | -0.03 | -0.21 | -0.36 | 0.12 | -0.17 |
|  | Tb.Th | -0.13 | -0.10 | -0.37 | -0.15 | -0.05 |
|  | DA | 0.12 | 0.15 | -0.19 | -0.08 | 0.45 |
|  | Residual Tb.Sp | -0.18 | 0.23 | -0.02 | -0.22 | 0.05 |
|  | Residual Conn.D | 0.15 | -0.12 | 0.27 | 0.19 | -0.08 |
| Posterior calcaneal facet (PCF) | BV/TV | -0.18 | -0.23 | 0.12 | 0.16 | 0.18 |
|  | Tb.Th | -0.27 | -0.11 | 0.04 | -0.09 | 0.13 |
|  | DA | -0.02 | 0.17 | -0.32 | -0.22 | -0.36 |
|  | Residual Tb.Sp | -0.19 | 0.20 | -0.13 | -0.19 | -0.13 |
|  | Residual Conn.D | 0.28 | -0.08 | 0.05 | 0.04 | 0.01 |
| Talar <br> head <br> (TH) | BV/TV | -0.14 | -0.27 | 0.00 | 0.07 | 0.20 |
|  | Tb.Th | -0.25 | -0.12 | 0.03 | -0.02 | 0.26 |
|  | DA | -0.10 | -0.03 | -0.23 | 0.07 | -0.04 |
|  | Residual Tb.Sp | -0.09 | 0.30 | 0.08 | 0.05 | -0.12 |
|  | Residual Conn.D | 0.25 | -0.09 | 0.05 | -0.23 | -0.05 |
| Trochlea lateral (TL) | BV/TV | -0.16 | -0.27 | 0.10 | -0.15 | -0.03 |
|  | Tb.Th | -0.25 | -0.11 | 0.17 | -0.14 | 0.03 |
|  | DA | -0.05 | 0.06 | -0.24 | -0.34 | 0.48 |
|  | Residual Tb.Sp | -0.14 | 0.29 | 0.02 | 0.11 | -0.10 |
|  | Residual Conn.D | 0.25 | -0.14 | -0.10 | 0.04 | -0.16 |
| Trochlea central (TC) | BV/TV | -0.17 | -0.25 | -0.06 | 0.08 | -0.21 |
|  | Tb.Th | -0.28 | -0.09 | 0.05 | 0.10 | -0.07 |
|  | DA | -0.04 | -0.01 | -0.27 | 0.53 | 0.20 |
|  | Residual Tb.Sp | -0.13 | 0.28 | 0.15 | 0.03 | -0.01 |
|  | Residual Conn.D | 0.24 | -0.13 | -0.03 | -0.27 | -0.08 |
| Trochlea medial (TM) | BV/TV | -0.20 | -0.22 | -0.01 | -0.09 | -0.21 |
|  | Tb.Th | -0.28 | -0.05 | 0.03 | -0.13 | -0.17 |
|  | DA | 0.03 | 0.01 | -0.44 | 0.21 | -0.02 |
|  | Residual Tb.Sp | -0.08 | 0.29 | 0.12 | 0.18 | -0.03 |
|  | Residual Conn.D | 0.22 | -0.18 | 0.04 | -0.19 | 0.05 |

Table 5.2.12. Significant MANOVA's - St. Johns.

| Calcaneus | St. Johns | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  |  |  |  |  |  |  |
| all | Sex | 1 | 0.16767 | 0.73861 | 3 | 11 | 0.5507 |
|  | Residuals | 13 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 30.335 | 30.335 | 2.4083 | 0.1447 |  |
|  | Residuals | 13 | 163.747 | 12.596 |  |  |  |
| PC2 | Sex | 1 | 0.574 | 0.5739 | 0.0588 | 0.8122 |  |
|  | Residuals | 13 | 126.897 | 9.7613 |  |  |  |
| PC3 | Sex | 1 | 0.271 | 0.27143 | 0.0898 | 0.7691 |  |
|  | Residuals | 13 | 39.273 | 3.02103 |  |  |  |


| MT1 | St. Johns | Df | Pillai | approx $F$ | num Df | den Df | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| all | Sex | 1 | 0.24548 | 1.4098 | 3 | 13 | 0.2845 |
|  | Residuals | 15 |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | p |  |
| PC1 | Sex | 1 | 11.54 | 11.5401 | 1.512 | 0.2378 |  |
|  | Residuals | 15 | 114.48 | 7.6323 |  |  |  |
| PC2 | Sex | 1 | 8.982 | 8.982 | 2.2615 | 0.1534 |  |
|  | Residuals | 15 | 59.575 | 3.9717 |  |  |  |
| PC3 | Sex | 1 | 0.795 | 0.79521 | 0.3514 | 0.5622 |  |
|  | Residuals | 15 | 33.946 | 2.26308 |  |  |  |


| Talus | St. Johns | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  |  |  |  |  |  |  |
| all | Sex | 1 | 0.38178 | 2.4702 | 3 | 12 | 0.1119 |
|  | Residuals | 14 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 21.513 | 21.513 | 2.11 | 0.1684 |  |
|  | Residuals | 14 | 142.739 | 10.196 |  |  |  |
| PC2 | Sex | 1 | 20.001 | 20.0008 | 2.8739 | 0.1121 |  |
|  | Residuals | 14 | 97.432 | 6.9594 |  |  |  |
| PC3 | Sex | 1 | 4.77 | 4.7698 | 1.2255 | 0.287 |  |
|  | Residuals | 14 | 54.492 | 3.8923 |  |  |  |

## Jebel Moya

Table 5.2.13. Variance explained by each principal component and importance of variables to principal components in the calcaneus - Jebel Moya.

| Calcaneus | PC1 | PC2 | PC3 | PC4 |
| :--- | :--- | :--- | :--- | ---: |
| Standard deviation | 4.5649 | 2.4329 | 2.2168 | 1.8245 |
| Proportion of Variance | 0.5954 | 0.1691 | 0.1404 | 0.09511 |
| Cumulative Proportion | 0.5954 | 0.7645 | 0.9049 | 1 |


|  | Variable | PC1 | PC2 | PC3 | PC4 |
| :--- | :--- | ---: | ---: | ---: | ---: |
| Achilles | BV/TV | -0.18 | -0.11 | 0.15 | 0.18 |
| tendon (AT) | Tb.Th | -0.19 | -0.06 | 0.01 | 0.24 |
|  | DA | -0.12 | -0.34 | 0.05 | -0.02 |
|  | Residual Tb.Sp | 0.19 | 0.16 | -0.09 | 0.07 |
|  | Residual Conn.D | -0.20 | 0.13 | -0.10 | -0.04 |
| Calcaneo | BV/TV | -0.19 | -0.01 | -0.21 | -0.08 |
| cuboid (CC) | Tb.Th | -0.13 | -0.20 | -0.26 | -0.17 |
|  | DA | 0.15 | 0.16 | -0.24 | -0.16 |
|  | Residual Tb.Sp | 0.20 | -0.14 | -0.02 | 0.05 |
|  | Residual Conn.D | -0.14 | 0.18 | 0.26 | 0.15 |
| Calcaneal | BV/TV | -0.18 | 0.04 | 0.03 | 0.29 |
| tuber (CT) | Tb.Th | -0.14 | -0.24 | 0.17 | 0.16 |
|  | DA | 0.20 | -0.05 | -0.02 | -0.20 |
|  | Residual Tb.Sp | 0.21 | -0.08 | 0.06 | 0.02 |
|  | Residual Conn.D | -0.18 | -0.03 | -0.23 | -0.14 |
|  | BV/TV | -0.21 | 0.11 | -0.01 | 0.00 |
| PTF | Tb.Th | -0.20 | 0.03 | -0.18 | -0.05 |
| anterior | 0.07 | -0.09 | -0.35 | 0.27 |  |
| (PA) | DA | 0.22 | -0.04 | 0.01 | -0.04 |
|  | Residual Tb.Sp | -0.04 | 0.23 | 0.36 | -0.07 |
|  | Residual Conn.D | -0.22 | 0.04 | -0.02 | 0.05 |
| PTF central | BV/TV | -0.18 | -0.03 | -0.01 | -0.30 |
| (PC) | Tb.Th | 0.08 | -0.34 | 0.07 | 0.24 |
|  | DA | 0.21 | -0.11 | 0.01 | -0.02 |
|  | Residual Tb.Sp | 0.15 | 0.15 | 0.27 | -0.13 |
|  | Residual Conn.D | -0.20 | -0.11 | -0.07 | 0.15 |
| PTF | BV/TV | -0.19 | -0.18 | -0.05 | -0.08 |
| posterior | Tb.Th | -0.09 | 0.35 | 0.09 | 0.14 |
| (PP) | DA | 0.16 | -0.13 | 0.07 | -0.31 |
|  | Residual Tb.Sp | 0.09 | 0.36 | -0.05 | 0.13 |
|  | Residual Conn.D | -0.19 | 0.08 | 0.13 | -0.17 |
| Plantar | BV/TV | -0.17 | 0.01 | 0.25 | -0.17 |
| ligaments | Tb.Th | -0.09 | -0.21 | 0.23 | -0.31 |
| (PL) | DA | 0.19 | -0.08 | 0.02 | 0.25 |
|  | Residual Tb.Sp | -0.08 | 0.21 | -0.34 | -0.13 |
|  | Residual Conn.D |  |  |  |  |

Table 5.2.14. Variance explained by each principal component and importance of variables to principal components in the first metatarsal - Jebel Moya

| MT1 | PC1 | PC2 | PC3 |  |
| :--- | :--- | ---: | ---: | ---: |
| Standard deviation | 3.8235 | 2.3197 | $5.17 \mathrm{E}-15$ |  |
| Proportion of Variance | 0.7309 | 0.2691 | $0.00 \mathrm{E}+00$ |  |
| Cumulative Proportion | 0.7309 | 1 | $1.00 \mathrm{E}+00$ |  |
|  |  |  |  |  |
|  | Variables | PC1 | PC2 | PC3 |
| Base | BV/TV | -0.26 | 0.09 | -0.30 |
| Dorsal | Tb.Th | 0.17 | 0.33 | -0.39 |
| (BD) | DA | 0.23 | 0.21 | -0.29 |
|  | Residual Tb.Sp | 0.26 | 0.09 | 0.04 |
|  | Residual Conn.D | -0.26 | -0.04 | -0.02 |
| Base | BV/TV | -0.23 | -0.19 | -0.09 |
| Plantar | Tb.Th | -0.18 | -0.32 | 0.11 |
| (BP) | DA | 0.20 | 0.28 | 0.46 |
|  | Residual Tb.Sp | 0.22 | 0.22 | 0.06 |
|  | Residual Conn.D | -0.26 | 0.03 | -0.05 |
| Head | BV/TV | -0.23 | 0.20 | -0.15 |
| Dorsal | Tb.Th | 0.20 | -0.28 | -0.58 |
| (HD) | DA | 0.16 | -0.34 | 0.11 |
|  | Residual Tb.Sp | 0.25 | -0.13 | 0.01 |
|  | Residual Conn.D | -0.16 | 0.33 | -0.01 |
| Head | BV/TV | -0.26 | 0.03 | -0.13 |
| Plantar | Tb.Th | -0.24 | -0.16 | 0.22 |
| (HP) | DA | 0.13 | -0.38 | -0.11 |
|  | Residual Tb.Sp | 0.26 | -0.04 | 0.04 |
|  | Residual Conn.D | -0.24 | 0.18 | -0.01 |

Table 5.2.15. Variance explained by each principal component and importance of variables to principal components in the talus - Jebel Moya.

| Talus | PC1 | PC2 | PC3 | PC4 |
| :--- | :--- | :--- | :--- | :---: |
| Standard deviation | 4.2488 | 2.9066 | 1.8708 | $3.86 \mathrm{E}-15$ |
| Proportion of Variance | 0.6017 | 0.2816 | 0.1167 | $0.00 \mathrm{E}+00$ |
| Cumulative Proportion | 0.6017 | 0.8833 | 1 | $1.00 \mathrm{E}+00$ |


|  | Variables | PC1 | PC2 | PC3 | PC4 |
| :--- | :--- | ---: | ---: | ---: | ---: |
| Anterior | BV/TV | -0.23 | -0.07 | 0.03 | 0.06 |
| calcaneal | Tb.Th | -0.19 | -0.20 | 0.06 | 0.04 |
| facet (ACF) | DA | -0.13 | 0.13 | 0.40 | 0.14 |
|  | Residual Tb.Sp | 0.23 | -0.09 | -0.01 | 0.03 |
|  | Residual Conn.D | -0.17 | 0.09 | -0.36 | -0.09 |
| Posterior | BV/TV | -0.19 | -0.20 | 0.02 | 0.04 |
| calcaneal | Tb.Th | -0.06 | -0.29 | 0.27 | 0.24 |
| facet (PCF) | DA | 0.04 | 0.00 | 0.53 | -0.66 |
|  | Residual Tb.Sp | 0.23 | 0.05 | 0.08 | 0.06 |
|  | Residual Conn.D | -0.21 | 0.07 | -0.21 | -0.10 |
| Talar head | BV/TV | -0.22 | -0.11 | -0.03 | -0.11 |
| (TH) | Tb.Th | -0.20 | 0.02 | -0.27 | -0.31 |
|  | DA | 0.20 | -0.18 | -0.11 | -0.17 |
|  | Residual Tb.Sp | 0.23 | 0.04 | -0.03 | 0.02 |
|  | Residual Conn.D | -0.21 | -0.06 | -0.25 | -0.07 |
|  | BV/TV | -0.19 | 0.21 | 0.01 | 0.01 |
| Trochlea | Tb.Th | -0.06 | 0.32 | -0.11 | 0.03 |
| lateral (TL) | DA | -0.03 | 0.34 | 0.07 | 0.47 |
|  | Residual Tb.Sp | 0.23 | -0.07 | -0.06 | 0.03 |
|  | Residual Conn.D | -0.15 | -0.25 | 0.14 | 0.01 |
|  | BV/TV | -0.21 | 0.16 | 0.02 | -0.05 |
| Trochlea | -0.09 | 0.32 | 0.01 | -0.12 |  |
| Central (TC) | Tb.Th | -0.03 | 0.33 | 0.14 | -0.14 |
|  | DA | 0.23 | -0.03 | 0.01 | 0.02 |
|  | Residual Tb.Sp | -0.17 | -0.24 | -0.06 | -0.02 |
|  | Residual Conn.D | -0.10 | -0.31 | 0.03 | 0.15 |
| medial (TM) | Tb.Th | 0.18 | -0.13 | -0.29 | -0.06 |
|  | DA | 0.23 | -0.03 | -0.12 | -0.16 |
|  | Residual Tb.Sp | 0.23 | 0.05 | -0.05 | -0.01 |
|  | Residual Conn.D | -0.23 | -0.05 | 0.06 | 0.00 |
|  |  |  |  |  |  |

Table 5.2.16. Significant MANOVA's - Jebel Moya.

| Calcaneus | Jebel Moya | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
| all | Sex |  | 1 | 0.99994 | 5919.1 |  | 3 |
|  | Residuals | 3 |  |  | 1 | $\mathbf{0 . 0 0 9 5 5 4}$ |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 71.528 | 71.528 | 18.145 | $\mathbf{0 . 0 2 3 7 3}$ |  |
|  | Residuals | 3 | 11.826 | 3.942 |  |  |  |
| PC2 | Sex | 1 | 2.9832 | 2.9832 | 0.4325 | 0.5577 |  |
|  | Residuals | 3 | 20.692 | 6.8973 |  |  |  |
| PC3 | Sex | 1 | 0.3108 | 0.3108 | 0.0482 | 0.8403 |  |
|  | Residuals | 3 | 19.3452 | 6.4484 |  |  |  |

## Appendix 5.3 PCA in individual VOIs

Black Earth



Figure 5.3.1. Biplots of the first two principal components per VOI in Black Earth. Achilles tendon $(A T)$, calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Table 5.3.1. PCA rotations of VOIs that have significant MANOVAs - Black Earth.

| Black Earth |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PL |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.769 | 1.043 | 0.730 | 0.457 | 0.196 |
|  | Proportion of Variance | 0.626 | 0.218 | 0.107 | 0.042 | 0.008 |
|  | Cumulative Proportion | 0.626 | 0.844 | 0.951 | 0.992 | 1.000 |
|  | BV/TV | -0.543 | 0.100 | -0.275 | 0.101 | 0.781 |
|  | Tb.Th | -0.496 | 0.316 | -0.097 | -0.734 | -0.325 |
|  | DA | 0.427 | 0.026 | -0.889 | -0.160 | 0.002 |
|  | Residual Tb.Sp | 0.513 | 0.182 | 0.352 | -0.548 | 0.528 |
|  | Residual Conn.D | -0.115 | -0.925 | -0.019 | -0.352 | 0.077 |
| TL |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.668 | 1.133 | 0.933 | 0.182 | 0.180 |
|  | Proportion of Variance | 0.556 | 0.257 | 0.174 | 0.007 | 0.007 |
|  | Cumulative Proportion | 0.556 | 0.813 | 0.987 | 0.993 | 1.000 |
|  | BV/TV | -0.572 | -0.147 | 0.221 | -0.130 | 0.765 |
|  | Tb.Th | -0.582 | 0.170 | -0.003 | -0.613 | -0.506 |
|  | DA | 0.291 | 0.101 | 0.928 | -0.198 | -0.065 |
|  | Residual Tb.Sp | 0.338 | 0.694 | -0.250 | -0.443 | 0.382 |
|  | Residual Conn.D | 0.368 | -0.677 | -0.165 | -0.609 | 0.089 |

Table 5.3.2. Significant MANOVA's - Black Earth.

| Black Earth MANOVA |  |  |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | CT | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |  |
| all | Sex | 1 | 0.39742 | 2.6382 | 3 | 12 | 0.09735 |  |
|  | Residuals | 14 |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |  |
| PC1 | Sex | 1 | 0.014 | 0.014 | 0.0042 | 0.9495 |  |  |
|  | Residuals | 14 | 46.947 | 3.3534 |  |  |  |  |
| PC2 | Sex | 1 | 0.1804 | 0.18042 | 0.1564 | 0.6985 |  |  |
|  | Residuals | 14 | 16.1506 | 1.15362 |  |  |  |  |
| PC3 | Sex | 1 | 3.0881 | 3.08813 | 8.8042 | 0.01019 | $*$ |  |
|  | Residuals | 14 | 4.9106 | 0.35076 |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  | TL | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |  |
| all | Sex | 1 | 0.25561 | 1.1446 |  | 3 | 10 | 0.3779 |
|  | Residuals | 12 |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |  |
| PC1 | Sex | 1 | 0.406 | 0.40582 | 0.1362 | 0.7185 |  |  |
|  | Residuals | 12 | 35.744 | 2.97865 |  |  |  |  |
| PC2 | Sex | 1 | 3.8152 | 3.8152 | 3.5599 | 0.08362 | . |  |
|  | Residuals | 12 | 12.8606 | 1.0717 |  |  |  |  |
| PC3 | Sex | 1 | 0.1766 | 0.17657 | 0.1902 | 0.6705 |  |  |
|  | Residuals | 12 | 11.1425 | 0.92854 |  |  |  |  |

## Kerma



CT


PC





Figure 5.3.2. Biplots of the first two principal components per VOI in Kerma. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Table 5.3.3. PCA rotations of VOIs that have significant MANOVAs - Kerma. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| Kerma |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CT |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.532 | 1.286 | 0.868 | 0.384 | 0.315 |
|  | Proportion of Variance | 0.469 | 0.331 | 0.151 | 0.030 | 0.020 |
|  | Cumulative Proportion | 0.469 | 0.800 | 0.951 | 0.980 | 1.000 |
| PL | BV/TV | -0.415 | 0.567 | -0.062 | 0.465 | -0.534 |
|  | Tb.Th | -0.023 | 0.745 | 0.177 | -0.573 | 0.290 |
|  | DA | 0.390 | 0.171 | -0.884 | -0.133 | -0.135 |
|  | Residual Tb.Sp | 0.594 | 0.022 | 0.399 | -0.208 | -0.666 |
|  | Residual Conn.D | -0.567 | -0.304 | -0.152 | -0.628 | -0.411 |
|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.611 | 1.188 | 0.854 | 0.465 | 0.221 |
|  | Proportion of Variance | 0.519 | 0.282 | 0.146 | 0.043 | 0.010 |
|  | Cumulative Proportion | 0.519 | 0.801 | 0.947 | 0.990 | 1.000 |
| PA | BV/TV | 0.595 | -0.098 | 0.220 | -0.149 | -0.752 |
|  | Tb.Th | 0.471 | -0.372 | 0.506 | 0.372 | 0.495 |
|  | DA | 0.249 | -0.521 | -0.780 | 0.241 | -0.012 |
|  | Residual Tb.Sp | -0.531 | -0.313 | 0.236 | 0.615 | -0.432 |
|  | Residual Conn.D | 0.283 | 0.695 | -0.177 | 0.635 | -0.044 |
|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.575 | 1.151 | 0.980 | 0.454 | 0.173 |
|  | Proportion of Variance | 0.496 | 0.265 | 0.192 | 0.041 | 0.006 |
|  | Cumulative Proportion | 0.496 | 0.761 | 0.953 | 0.994 | 1.000 |
| CC | BV/TV | 0.628 | -0.043 | -0.009 | 0.102 | -0.770 |
|  | Tb.Th | 0.493 | -0.453 | -0.209 | -0.622 | 0.347 |
|  | DA | -0.189 | 0.162 | -0.955 | -0.035 | -0.157 |
|  | Residual Tb.Sp | -0.558 | -0.319 | 0.160 | -0.549 | -0.511 |
|  | Residual Conn.D | 0.127 | 0.816 | 0.136 | -0.548 | -0.017 |
|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.527 | 1.348 | 0.824 | 0.356 | 0.214 |
|  | Proportion of Variance | 0.467 | 0.363 | 0.136 | 0.025 | 0.009 |
|  | Cumulative Proportion | 0.467 | 0.830 | 0.966 | 0.991 | 1.000 |
| HD | BV/TV | 0.605 | -0.247 | -0.107 | 0.153 | -0.734 |
|  | Tb.Th | 0.601 | 0.161 | -0.326 | 0.417 | 0.576 |
|  | DA | 0.297 | 0.398 | 0.864 | 0.088 | 0.004 |
|  | Residual Tb.Sp | -0.366 | 0.578 | -0.202 | 0.614 | -0.339 |
|  | Residual Conn.D | -0.224 | -0.649 | 0.309 | 0.647 | 0.123 |
|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.499 | 1.270 | 0.923 | 0.482 | 0.239 |
|  | Proportion of Variance | 0.449 | 0.323 | 0.170 | 0.047 | 0.011 |
|  | Cumulative Proportion | 0.449 | 0.772 | 0.942 | 0.989 | 1.000 |


|  | BV/TV | -0.112 | 0.718 | -0.369 | 0.168 | 0.554 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Tb.Th | 0.475 | 0.514 | -0.209 | -0.128 | -0.671 |
|  | DA | 0.209 | -0.450 | -0.804 | 0.328 | -0.009 |
|  | Residual Tb . Sp | 0.574 | 0.019 | 0.417 | 0.686 | 0.161 |
|  | Residual Conn.D | -0.623 | 0.130 | 0.021 | 0.614 | -0.466 |
| PCF |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.461 | 1.338 | 0.946 | 0.357 | 0.233 |
|  | Proportion of Variance | 0.427 | 0.358 | 0.179 | 0.025 | 0.011 |
|  | Cumulative Proportion | 0.427 | 0.785 | 0.964 | 0.989 | 1.000 |
|  | BV/TV | 0.636 | -0.140 | 0.252 | -0.480 | 0.531 |
|  | Tb.Th | 0.629 | 0.264 | -0.038 | -0.067 | -0.727 |
|  | DA | -0.259 | 0.255 | 0.908 | -0.126 | -0.167 |
|  | Residual Tb .Sp | -0.278 | 0.617 | -0.332 | -0.654 | 0.062 |
|  | Residual Conn.D | -0.236 | -0.681 | -0.028 | $-0.567$ | -0.397 |
| TC |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.605 | 1.347 | 0.706 | 0.317 | 0.105 |
|  | Proportion of Variance | 0.515 | 0.363 | 0.100 | 0.020 | 0.002 |
|  | Cumulative Proportion | 0.515 | 0.878 | 0.978 | 0.998 | 1.000 |
|  | BV/TV | -0.502 | 0.426 | -0.161 | 0.150 | -0.720 |
|  | Tb.Th | -0.580 | 0.161 | -0.386 | 0.272 | 0.644 |
|  | DA | -0.430 | -0.358 | 0.746 | 0.361 | -0.003 |
|  | Residual Tb.Sp | 0.087 | -0.677 | -0.502 | 0.468 | -0.251 |
|  | Residual Conn.D | 0.467 | 0.454 | 0.128 | 0.745 | 0.069 |
| TH |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.560 | 1.240 | 0.895 | 0.430 | 0.211 |
|  | Proportion of Variance | 0.487 | 0.307 | 0.160 | 0.037 | 0.009 |
|  | Cumulative Proportion | 0.487 | 0.794 | 0.954 | 0.991 | 1.000 |
|  | BV/TV | 0.627 | -0.038 | 0.136 | -0.081 | -0.762 |
|  | Tb.Th | 0.524 | -0.417 | -0.015 | -0.543 | 0.507 |
|  | DA | -0.312 | -0.287 | 0.888 | -0.166 | -0.066 |
|  | Residual Tb.Sp | -0.484 | -0.386 | -0.423 | -0.529 | -0.397 |
|  | Residual Conn.D | -0.044 | 0.770 | 0.117 | -0.625 | 0.012 |
| ACF |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.468 | 1.311 | 1.010 | 0.272 | 0.179 |
|  | Proportion of Variance | 0.431 | 0.344 | 0.204 | 0.015 | 0.006 |
|  | Cumulative Proportion | 0.431 | 0.775 | 0.979 | 0.994 | 1.000 |
|  | BV/TV | 0.070 | -0.743 | 0.157 | -0.231 | 0.604 |
|  | Tb.Th | 0.441 | -0.551 | -0.207 | -0.007 | -0.677 |
|  | DA | 0.278 | 0.142 | 0.880 | -0.296 | -0.200 |
|  | Residual Tb.Sp | 0.537 | 0.333 | -0.391 | -0.636 | 0.206 |
|  | Residual Conn.D | -0.659 | -0.116 | -0.069 | -0.674 | -0.306 |

Table 5.3.4. Significant MANOVA's - Kerma. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Kerma

| CT |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | :---: | :---: |
| all | Sex | 1 | 0.3418 | 2.5965 | 3 | 15 | 0.09086 |
|  | Residuals | 17 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 8.871 | 8.8705 | 4.5182 | 0.04849 |  |
|  | Residuals | 17 | 33.375 | 1.9633 |  |  |  |
| PC2 | Sex | 1 | 0.0278 | 0.02781 | 0.0159 | 0.9011 |  |
|  | Residuals | 17 | 29.7165 | 1.74803 |  |  |  |
| PC3 | Sex | 1 | 1.7747 | 1.77475 | 2.5603 | 0.128 |  |
|  | Residuals | 17 | 11.7842 | 0.69319 |  |  |  |


| PL |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | :---: | ---: | ---: | :---: | :---: |
| all | Sex | 1 | 0.45867 | 3.954 | 3 | 14 | 0.03101 |
|  | Residuals | 16 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| $\mathbf{P C 1}$ | Sex | 1 | 9.093 | 9.0932 | 4.1554 | 0.05838 |  |
|  | Residuals | 16 | 35.013 | 2.1883 |  |  |  |
| PC2 | Sex | 1 | 1.7996 | 1.7996 | 1.298 | 0.2713 |  |
|  | Residuals | 16 | 22.183 | 1.3864 |  |  |  |
| PC3 | Sex | 1 | 2.2011 | 2.20111 | 3.452 | 0.08167 |  |
|  | Residuals | 16 | 10.2021 | 0.63763 |  |  |  |


| PA |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| all | Sex | 1 | 0.39399 | 3.0339 | 3 | 14 | 0.06449 |
|  | Residuals | 16 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| $\mathbf{P C 1}$ | Sex | 1 | 6.689 | 6.6889 | 3.0164 | 0.1016 |  |
|  | Residuals | 16 | 35.48 | 2.2175 |  |  |  |
| $\mathbf{P C 2}$ | Sex | 1 | 0.232 | 0.23199 | 0.1666 | 0.6885 |  |
|  | Residuals | 16 | 22.277 | 1.39231 |  |  |  |
| $\mathbf{P C 3}$ | Sex | 1 | 3.6713 | 3.6713 | 4.6467 | 0.04668 |  |
|  | Residuals | 16 | 12.6414 | 0.7901 |  |  |  |


| CC |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | :---: | ---: | ---: | ---: | :---: |
| all | Sex | 1 | 0.42283 | 3.663 | 3 | 15 | 0.03674 |
|  | Residuals | 17 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| PC1 | Sex | 1 | 7.424 | 7.4236 | 3.6509 | 0.07305 |  |
|  | Residuals | 17 | 34.567 | 2.0334 |  |  |  |
|  | Sex | 1 | 3.8399 | 3.8399 | 2.2629 | 0.1509 |  |
|  | Residuals | 17 | 28.847 | 1.6969 |  |  |  |
| PC3 | Sex | 1 | 1.5702 | 1.57025 | 2.5082 | 0.1317 |  |
|  | Residuals | 17 | 10.6429 | 0.62606 |  |  |  |
|  |  |  |  |  |  |  |  |


| HD |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | :---: | ---: | ---: | ---: | :---: |
| all | Sex | 1 | 0.52294 | 3.2885 | 3 |  | 9 |
|  | Residuals | 11 |  |  |  | 0.07214 |  |
|  |  |  |  |  |  |  |  |
| PC1 | Sex | 1 | 2.8716 | 2.8716 | 1.3118 | 0.2764 |  |
|  | Residuals | 11 | 24.08 | 2.1891 |  |  |  |
|  | Sex | 1 | 5.6201 | 5.6201 | 4.5012 | 0.05741 |  |
|  | Residuals | 11 | 13.7344 | 1.2486 |  |  |  |
| PC3 | Sex | 1 | 1.28731 | 0.2873 | 1.586 | 0.234 |  |
|  | Residuals | 11 | 8.92840 | 0.81167 |  |  |  |
|  |  |  |  |  |  |  |  |


| PCF |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
| all | Sex | 1 | 0.47211 | 4.1735 | 3 | 14 | 0.0263 |
|  | Residuals | 16 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| PC1 | Sex | 1 | 11.777 | 11.7771 | 7.6855 | 0.0136 |  |
|  | Residuals | 16 | 24.518 | 1.5324 |  |  |  |
|  | Sex | 1 | 0.1519 | 0.15188 | 0.0803 | 0.7805 |  |
|  | Residuals | 16 | 30.2675 | 1.89172 |  |  |  |
| PC3 | Sex | 1 | 2.168 | 2.168 | 2.6618 | 0.1223 |  |
|  | Residuals | 16 | 13.032 | 0.8145 |  |  |  |


| PC |  | Df | Pillai | approx F | num Df | den Df | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sex | 1 | 0.22717 | 1.3717 | 3 | 14 | 0.2921 |
|  | Residuals | 16 |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $p$ |  |
| PC1 | Sex | 1 | 6.8718 | 6.8718 | 3.8655 | 0.06689 |  |
|  | Residuals | 16 | 28.4438 | 1.7777 |  |  |  |
| PC2 | Sex | 1 | 0.391 | 0.39096 | 0.1935 | 0.6659 |  |
|  | Residuals | 16 | 32.33 | 2.02066 |  |  |  |
| PC3 | Sex | 1 | 0.3108 | 0.31083 | 0.3371 | 0.5696 |  |
|  | Residuals | 16 | 14.7523 | 0.92202 |  |  |  |


| TH |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
| all | Sex | 1 | 0.28564 | 1.9993 | 3 | 15 | 0.1574 |
|  | Residuals | 17 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 6.865 | 6.8655 | 3.1611 | 0.0933 |  |
|  | Residuals | 17 | 36.921 | 2.1718 |  |  |  |
| PC2 | Sex | 1 | 0.4038 | 0.40377 | 0.2519 | 0.6222 |  |
|  | Residuals | 17 | 27.2532 | 1.60313 |  |  |  |
|  | Sex | 1 | 1.6483 | 1.6483 | 2.1927 | 0.157 |  |
|  | Residuals | 17 | 12.7789 | 0.7517 |  |  |  |


| ACF |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
| all | Sex | 1 | 0.2036 | 1.3635 | 3 | 16 | 0.2896 |
|  | Residuals | 18 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 0.556 | 0.55566 | 0.2478 | 0.6247 |  |
|  | Residuals | 18 | 40.368 | 2.24269 |  |  |  |
| PC2 | Sex | 1 | 5.5559 | 5.5559 | 3.6884 | 0.07078 |  |
|  | Residuals | 18 | 27.1133 | 1.5063 |  |  |  |
| PC3 | Sex | 1 | 0.3872 | 0.38718 | 0.3666 | 0.5524 |  |
|  | Residuals | 18 | 19.0113 | 1.05619 |  |  |  |

## Jebel Moya



CC



Figure 5.3.3. Biplots of the first two principal components per VOI in Jebel Moya. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments ( $P L$ ), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Table 5.3.5. PCA rotations of VOIs that have significant MANOVAs - Jebel Moya. Achilles tendon $(A T)$, calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).


|  |  |  |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
|  | BV/TV | -0.535 | 0.380 | -0.018 | 0.282 | 0.699 |
|  | Tb.Th | -0.588 | 0.057 | 0.359 | 0.370 | -0.621 |
|  | DA | -0.312 | -0.439 | -0.814 | 0.194 | -0.100 |
|  | Residual Tb.Sp | 0.151 | -0.700 | 0.397 | 0.483 | 0.311 |
|  | Residual Conn.D | 0.498 | 0.412 | -0.226 | 0.716 | -0.138 |
| TC |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.621 | 1.255 | 0.846 | 0.254 | 0.137 |
|  | Proportion of Variance | 0.525 | 0.315 | 0.143 | 0.013 | 0.004 |
|  | Cumulative Proportion | 0.525 | 0.840 | 0.983 | 0.996 | 1.000 |
|  |  |  |  |  |  |  |
|  | BV/TV | -0.604 | 0.030 | -0.169 | 0.399 | 0.668 |
|  | Tb.Th | -0.534 | -0.283 | -0.362 | -0.694 | -0.147 |
|  | DA | -0.179 | -0.529 | 0.814 | -0.098 | 0.126 |
|  | Residual Tb.Sp | 0.557 | -0.295 | -0.213 | -0.338 | 0.665 |
|  | Residual Conn.D | -0.086 | 0.743 | 0.364 | -0.484 | 0.271 |
| TM |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.595 | 1.312 | 0.813 | 0.251 | 0.110 |
|  | Proportion of Variance | 0.509 | 0.344 | 0.132 | 0.013 | 0.002 |
|  | Cumulative Proportion | 0.509 | 0.853 | 0.985 | 0.998 | 1.000 |
|  |  |  |  |  |  |  |
|  | BV/TV | 0.594 | 0.140 | -0.275 | -0.466 | -0.578 |
|  | Tb.Th | 0.521 | 0.417 | 0.041 | -0.140 | 0.730 |
|  | DA | -0.431 | 0.209 | -0.824 | -0.236 | 0.190 |
|  | Residual Tb.Sp | -0.434 | 0.443 | 0.493 | -0.604 | -0.087 |
|  | Residual Conn.D | 0.024 | -0.753 | 0.033 | -0.585 | 0.299 |

Table 5.3.6. Significant MANOVA's - Jebel Moya. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: $T M)$.

## Jebel Moya

| AT |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |  |
| :--- | :--- | ---: | :---: | ---: | ---: | :---: | :---: | :---: |
| all | Sex | 1 | 0.78129 | 5.9539 | 3 |  | 5 | 0.04184 |
|  | Residuals | 7 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |  |
| PC1 | Sex | 1 | 16.2395 | 16.2395 | 22.423 | $\mathbf{0 . 0 0 2 1 1 9}$ |  |  |
|  | Residuals | 7 | 5.0696 | 0.7242 |  |  |  |  |
| PC2 | Sex | 1 | 0.0277 | 0.02767 | 0.0162 | 0.9022 |  |  |
|  | Residuals | 7 | 11.9227 | 1.70324 |  |  |  |  |
| PC3 | Sex | 1 | 0.10350 | 0.10346 | 0.1202 | 0.739 |  |  |
|  | Residuals | 7 | 6.02320 | 0.86045 |  |  |  |  |


| CT |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |  |
| :--- | :--- | ---: | ---: | ---: | :---: | :---: | :---: | :---: |
| all | Sex | 1 | 0.71481 | 5.0129 | 3 |  | 6 | 0.04496 |
|  | Residuals | 8 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |  |
| PC1 | Sex | 1 | 2.0473 | 2.0473 | 0.7694 | 0.406 |  |  |
|  | Residuals | 8 | 21.2864 | 2.6608 |  |  |  |  |
| PC2 | Sex | 1 | 10.5556 | 10.5556 | 13.318 | 0.0065 |  |  |
|  | Residuals | 8 | 6.3405 | 0.7926 |  |  |  |  |
| PC3 | Sex | 1 | 0.00698 | 0.00698 | 0.0187 | 0.8946 |  |  |
|  | Residuals | 8 | 2.98139 | 0.37267 |  |  |  |  |


| PP |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | :---: | :---: | :---: |
| all | Sex | 1 | 0.87566 | 9.3901 | 3 |  | 4 |
|  | Residuals | 6 |  |  |  | 0.02776 |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 13.8336 | 13.8336 | 13.555 | 0.01031 |  |
|  | Residuals | 6 | 6.1231 | 1.0205 |  |  |  |
| PC2 | Sex | 1 | 0.9971 | 0.99709 | 0.5142 | 0.5003 |  |
|  | Residuals | 6 | 11.6355 | 1.93925 |  |  |  |
| PC3 | Sex | 1 | 0.18822 | 0.18822 | 0.6931 | 0.437 |  |
|  | Residuals | 6 | 1.62945 | 0.27158 |  |  |  |


| PC |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |  |
| :--- | :--- | ---: | ---: | ---: | :---: | :---: | :---: | :---: |
| all | Sex | 1 | 0.7376 | 4.6851 | 3 |  | 5 | 0.06473 |
|  | Residuals | 7 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |  |
| PC1 | Sex | 1 | 13.5841 | 13.584 | 10.16 | 0.01533 |  |  |
|  | Residuals | 7 | 9.3593 | 1.337 |  |  |  |  |
| PC2 | Sex | 1 | 0.9888 | 0.98879 | 0.72480 | 0.4227 |  |  |
|  | Residuals | 7 | 9.5493 | 1.36419 |  |  |  |  |
| PC3 | Sex | 1 | 0.219 | 0.21901 | 0.38170 | 0.5563 |  |  |
|  | Residuals | 7 | 4.0168 | 0.57383 |  |  |  |  |


| CC |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
| all | Sex | 1 | 0.70531 | 4.7868 | 3 |  | 6 |
|  | Residuals | 8 |  |  |  | 0.04938 |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 5.5279 | 5.5279 | 2.4775 | 0.1541 |  |
|  | Residuals | 8 | 17.8502 | 2.2313 |  |  |  |
| PC2 | Sex | 1 | 5.8337 | 5.8337 | 5.0242 | 0.0553 |  |
|  | Residuals | 8 | 9.2889 | 1.1611 |  |  |  |
| PC3 | Sex | 1 | 0.4743 | 0.47427 | 0.725 | 0.4193 |  |
|  | Residuals | 8 | 5.2335 | 0.65419 |  |  |  |


| TC |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | :---: | :---: |
| all | Sex | 1 | 0.69197 | 4.4929 | 3 |  | 6 |
|  | Residuals | 8 |  |  |  | 0.05602 |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 11.09 | 11.0896 | 7.0701 | 0.02885 |  |
|  | Residuals | 8 | 12.548 | 1.5685 |  |  |  |
| PC2 | Sex | 1 | 2.6104 | 2.6104 | 1.8058 | 0.2159 |  |
|  | Residuals | 8 | 11.5642 | 1.4455 |  |  |  |
| PC3 | Sex | 1 | 0.2489 | 0.24893 | 0.3218 | 0.5861 |  |
|  | Residuals | 8 | 6.1894 | 0.77367 |  |  |  |


| TM |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | :---: |
| all | Sex | 1 | 0.9158 | 21.754 | 3 |  | 6 |
|  | Residuals | 8 |  |  | 0.001264 |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 18.0838 | 18.0838 | 30.137 | 0.0005807 |  |
|  | Residuals | 8 | 4.8004 | 0.6001 |  |  |  |
| PC2 | Sex | 1 | 1.8993 | 1.8993 | 1.1175 | 0.3213 |  |
|  | Residuals | 8 | 13.5966 | 1.6996 |  |  |  |
| PC3 | Sex | 1 | 0.0178 | 0.01784 | 0.0241 | 0.8805 |  |
|  | Residuals | 8 | 5.9262 | 0.74078 |  |  |  |

St. Johns




Figure 5.3.4. Biplots of the first two principal components per VOI in St. Johns. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Table 5.3.7. PCA rotations of VOIs that have significant MANOVAs - St. Johns.

| St. Johns |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| PP | PC1 | PC2 | PC3 | PC4 | PC5 |  |
|  | Standard deviation | 1.566 | 1.281 | 0.891 | 0.296 | 0.161 |
|  | Proportion of Variance | 0.490 | 0.328 | 0.159 | 0.017 | 0.005 |
|  | Cumulative Proportion | 0.490 | 0.819 | 0.977 | 0.995 | 1.000 |
|  |  |  |  |  |  |  |
|  | BV/TV | -0.510 | -0.413 | 0.289 | -0.173 | 0.675 |
|  | Tb.Th | -0.615 | 0.016 | 0.253 | -0.358 | -0.655 |
|  | DA | -0.361 | -0.066 | -0.921 | -0.124 | 0.049 |
|  | Residual Tb.Sp | 0.010 | 0.768 | 0.032 | -0.551 | 0.324 |
|  | Residual Conn.D | 0.481 | -0.484 | -0.061 | -0.723 | -0.091 |
| PA |  | PC1 | PC2 | PC3 | PC4 | PC5 |


|  | Standard deviation | 1.622 | 1.316 | 0.740 | 0.258 | 0.146 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Proportion of Variance | 0.527 | 0.346 | 0.110 | 0.013 | 0.004 |
|  | Cumulative Proportion | 0.527 | 0.873 | 0.982 | 0.996 | 1.000 |
| BD | BV/TV | -0.339 | 0.629 | -0.073 | -0.024 | 0.696 |
|  | Tb.Th | -0.538 | 0.305 | -0.327 | -0.409 | -0.586 |
|  | DA | -0.458 | -0.205 | 0.823 | -0.265 | 0.040 |
|  | Residual Tb.Sp | -0.240 | -0.648 | -0.443 | -0.399 | 0.408 |
|  | Residual Conn.D | 0.574 | 0.223 | 0.122 | -0.776 | 0.063 |
|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.638 | 1.142 | 0.969 | 0.226 | 0.151 |
|  | Proportion of Variance | 0.537 | 0.261 | 0.188 | 0.010 | 0.005 |
|  | Cumulative Proportion | 0.537 | 0.798 | 0.985 | 0.995 | 1.000 |
| TC | BV/TV | -0.598 | 0.124 | -0.059 | 0.379 | 0.693 |
|  | Tb.Th | -0.338 | 0.657 | -0.349 | -0.561 | -0.132 |
|  | DA | -0.020 | -0.580 | -0.771 | -0.222 | 0.142 |
|  | Residual Tb.Sp | 0.591 | 0.172 | 0.089 | -0.372 | 0.689 |
|  | Residual Conn.D | -0.424 | -0.432 | 0.523 | -0.595 | 0.082 |
|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.522 | 1.296 | 0.975 | 0.180 | 0.145 |
|  | Proportion of Variance | 0.463 | 0.336 | 0.190 | 0.006 | 0.004 |
|  | Cumulative Proportion | 0.463 | 0.799 | 0.989 | 0.996 | 1.000 |
| PCF | BV/TV | -0.390 | 0.590 | -0.224 | -0.651 | 0.158 |
|  | Tb.Th | -0.606 | 0.171 | -0.300 | 0.496 | -0.516 |
|  | DA | -0.262 | 0.155 | 0.916 | -0.078 | -0.248 |
|  | Residual Tb.Sp | -0.259 | -0.700 | -0.105 | -0.536 | -0.382 |
|  | Residual Conn.D | 0.586 | 0.330 | -0.096 | -0.192 | -0.708 |
|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  | Standard deviation | 1.606 | 1.451 | 0.475 | 0.268 | 0.140 |
|  | Proportion of Variance | 0.516 | 0.421 | 0.045 | 0.014 | 0.004 |
|  | Cumulative Proportion | 0.516 | 0.937 | 0.982 | 0.996 | 1.000 |
|  | BV/TV | -0.278 | 0.596 | -0.449 | 0.155 | -0.585 |
|  | Tb.Th | -0.555 | 0.285 | -0.066 | -0.647 | 0.433 |
|  | DA | -0.139 | -0.623 | -0.766 | -0.078 | -0.001 |
|  | Residual Tb.Sp | -0.476 | -0.414 | 0.447 | -0.218 | -0.596 |
|  | Residual Conn.D | 0.607 | 0.066 | -0.091 | -0.710 | -0.339 |

Table 5.3.8. Significant MANOVA's - St. Johns. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

St. Johns

| PP |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | :---: | ---: | :---: | :---: | :---: |
| all | Sex | 1 | 0.20328 | 1.3608 | 3 | 16 | 0.2904 |
|  | Residuals | 18 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 6.811 | 6.8107 | 3.0829 | 0.09612 |  |
|  | Residuals | 18 | 39.766 | 2.2092 |  |  |  |
| PC2 | Sex | 1 | 0.0016 | 0.00164 | $9.00 \mathrm{E}-04$ | 0.9758 |  |
|  | Residuals | 18 | 31.1965 | 1.73314 |  |  |  |
| PC3 | Sex | 1 | 0.8591 | 0.85912 | 1.088 | 0.3107 |  |
|  | Residuals | 18 | 14.2129 | 0.78961 |  |  |  |


| PA |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | :---: | ---: | :---: | :---: | :---: |
| all | Sex | 1 | 0.17903 | 1.163 | 3 | 16 | 0.3546 |
|  | Residuals | 18 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 8.247 | 8.2472 | 3.5543 | 0.07564 |  |
|  | Residuals | 18 | 41.766 | 2.3203 |  |  |  |
| PC2 | Sex | 1 | 0.065 | 0.06458 | 0.0354 | 0.8529 |  |
|  | Residuals | 18 | 32.834 | 1.8241 |  |  |  |
| PC3 | Sex | 1 | 0.126 | 70.12669 | 0.2216 | 0.6434 |  |
|  | Residuals | 18 | 10.288 | 80.57160 |  |  |  |


| BD |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| all | Sex | 1 | 0.33761 | 2.2087 | 3 | 13 | 0.1358 |
|  | Residuals | 15 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 4.4 | 4.4001 | 1.7128 | 0.2103 |  |
|  | Residuals | 15 | 38.534 | 2.5689 |  |  |  |
| PC2 | Sex | 1 | 1.2135 | 1.2135 | 0.926 | 0.3512 |  |
|  | Residuals | 15 | 19.6564 | 1.3104 |  |  |  |
| PC3 | Sex | 1 | 2.6572 | 2.65721 | 3.2256 | 0.09266 |  |
|  | Residuals | 15 | 12.3566 | 0.82378 |  |  |  |


| PCF |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| all | Sex | 1 | 0.32528 | 2.0891 | 3 | 13 | 0.1512 |
|  | Residuals | 15 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 5.881 | 5.8814 | 2.4936 | 0.1352 |  |
|  | Residuals | 15 | 35.38 | 2.3587 |  |  |  |
| PC2 | Sex | 1 | 6.0315 | 6.0315 | 3.2735 | 0.09049 |  |
|  | Residuals | 15 | 27.638 | 1.8425 |  |  |  |
| PC3 | Sex | 1 | 0.013 | 0.012987 | 0.0542 | 0.819 |  |
|  | Residuals | 15 | 3.5917 | 0.239444 |  |  |  |


| TC |  | Df | Pillai | approx F | num Df | den Df | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| all | Sex | 1 | 0.21141 | 1.251 | 3 | 14 | 0.3289 |
|  | Residuals | 16 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | Df | Sum Sq | Mean Sq | F value | $\boldsymbol{p}$ |  |
| PC1 | Sex | 1 | 6.946 | 6.9461 | 3.4266 | 0.0827 |  |
|  | Residuals | 16 | 32.434 | 2.0271 |  |  |  |
| PC2 | Sex | 1 | 0 | 0.00001 |  | 0 | 0.9983 |
|  | Residuals | 16 | 28.542 | 1.78385 |  |  |  |
| PC3 | Sex | 1 | 0.5663 | 0.56629 | 0.5807 | 0.4571 |  |
|  | Residuals | 16 | 15.6042 | 0.97526 |  |  |  |
|  |  |  |  |  |  |  |  |

## Appendix 5.4 Correlations between femoral cortical and trabecular properties

Pearson correlations between trabecular and cortical bone properties are reported in this appendix for individual and pooled population samples.

Table 5.4.1. Correlations between body mass standardized femoral midshaft cross-sectional properties and femoral trabecular bone properties in a pooled sex, pooled population sample of Black Earth, Kerma, and Norris Farms.

| Pooled |  | Proximal femur |  |  |  | Distal femur |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | J | Zp | CSA | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | J | Zp | CSA |
| BV/TV | R | -. 05 | . 54 | . 29 | . 50 | -. 09 | . 33 | . 01 | . 18 |
|  | p | . 73 | <. 005 | . 04 | <. 005 | . 53 | . 02 | . 94 | . 22 |
|  | N | 51 | 51 | 51 | 51 | 50 | 50 | 50 | 50 |
| Tb.Th | R | -. 07 | . 59 | . 30 | . 44 | . 004 | . 41 | 0 | . 1 |
|  | p | . 65 | <. 005 | . 03 | <. 005 | . 79 | <. 005 | . 98 | . 47 |
|  | N | 51 | 51 | 51 | 51 | 50 | 50 | 50 | 50 |
| Tb.Sp | R | . 11 | -. 03 | -. 05 | -. 19 | . 14 | . 14 | . 03 | -. 14 |
|  | p | . 46 | . 83 | . 73 | . 19 | . 33 | . 34 | . 84 | . 34 |
|  | N | 51 | 51 | 51 | 51 | 50 | 50 | 50 | 50 |
| DA | R | -. 11 | . 41 | . 12 | . 06 | . 01 | . 25 | -. 04 | -. 09 |
|  | p | . 46 | <. 005 | . 40 | . 68 | . 92 | . 07 | . 81 | . 53 |
|  | N | 51 | 51 | 51 | 51 | 50 | 50 | 50 | 50 |
| Conn. ${ }^{\text {D }}$ | R | -. 06 | -. 64 | -. 24 | -. 28 | -. 06 | -. 38 | -. 04 | 0 |
|  | p | . 69 | <. 005 | . 10 | . 05 | . 66 | . 01 | . 78 | . 99 |
|  | N | 51 | 51 | 51 | 51 | 50 | 50 | 50 | 50 |



Figure 5.4.1. Correlation matrices between trabecular properties of the proximal (top) and distal (bottom) femur and diaphyseal cross-sectional properties.

Table 5.4.2. Correlations between body mass standardized femoral diaphyseal cross-sectional properties and femoral trabecular bone properties in Black Earth.

| Black Earth |  | Proximal femur |  |  |  | Distal femur |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\mathrm{I}_{\text {max }} \mathrm{I}_{\text {min }}$ | J | Zp | CA | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | J | Zp | CA |
| BV/TV | R | -. 052 | . 057 | . 127 | . 214 | -. 311 | -. 510 | -. 438 | -. 439 |
|  | p | . 829 | . 811 | . 592 | . 364 | . 194 | . 026 | . 061 | . 060 |
|  | N | 20 | 20 | 20 | 20 | 19 | 19 | 19 | 19 |
| Tb.Th | R | -. 007 | . 050 | . 182 | . 182 | . 149 | -. 401 | -. 343 | -. 310 |
|  | p | . 975 | . 835 | . 442 | . 443 | . 542 | . 089 | . 151 | . 197 |
|  | N | 20 | 20 | 20 | 20 | 19 | 19 | 19 | 19 |
| Tb.Sp | R | . 140 | -. 025 | -. 038 | -. 143 | . 462 | . 417 | . 385 | . 354 |
|  | p | . 556 | . 917 | . 875 | . 547 | . 046 | . 075 | . 104 | . 138 |
|  | N | 20 | 20 | 20 | 20 | 19 | 19 | 19 | 19 |
| DA | R | -. 319 | . 286 | . 311 | . 178 | -. 038 | . 225 | . 164 | . 168 |
|  | p | . 170 | . 221 | . 183 | . 452 | . 878 | . 354 | . 501 | . 492 |
|  | N | 20 | 20 | 20 | 20 | 19 | 19 | 19 | 19 |
| Conn.D | R | -. 175 | -. 115 | -. 173 | -. 097 | -. 408 | -. 071 | -. 041 | -. 056 |
|  | p | . 460 | . 630 | . 466 | . 683 | . 083 | . 772 | . 866 | . 821 |
|  | N | 20 | 20 | 20 | 20 | 19 | 19 | 19 | 19 |

Table 5.4.3. Correlations between femoral cross-sectional properties and femoral trabecular bone properties in Norris Farms.

| Norris Farms |  | Proximal femur |  |  |  | Distal femur |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV |  | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | J | Zp | CA | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | J | Zp | CA |
|  | R | . 177 | . 566 | . 686 | . 857 | . 049 | . 596 | . 689 | . 655 |
|  | p | . 454 | . 009 | . 001 | . 000 | . 836 | . 006 | . 001 | . 002 |
|  | N | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| Tb.Th | R | -. 184 | . 601 | . 598 | . 536 | -. 131 | . 320 | . 359 | . 169 |
|  | p | . 439 | . 005 | . 005 | . 015 | . 583 | . 168 | . 120 | . 476 |
| Tb.Sp | N | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
|  | R | -. 033 | . 080 | -. 038 | -. 254 | -. 225 | -. 406 | -. 503 | -. 588 |
|  | p | . 890 | . 737 | . 873 | . 279 | . 341 | . 075 | . 024 | . 006 |
| DA | N | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
|  | R | -. 088 | . 412 | . 385 | . 494 | -. 154 | . 300 | . 262 | . 051 |
|  | p | . 713 | . 071 | . 093 | . 027 | . 517 | . 198 | . 264 | . 831 |
| Conn.D | N | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
|  | R | . 078 | -. 465 | -. 400 | -. 337 | . 165 | . 002 | . 038 | . 199 |
|  | p | . 745 | . 039 | . 080 | . 146 | . 488 | . 995 | . 873 | . 399 |
|  | N | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |

Table 5.4.4. Correlations between femoral cross-sectional properties and femoral trabecular bone properties in Kerma.

| Kerma |  | Proximal Femur |  |  |  | Distal Femur |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {Imin }}$ | J | Zp | CA | $\mathrm{I}_{\text {max }} / \mathrm{I}_{\text {min }}$ | J | Zp | CA |
| BV/TV | R | -. 599 | -. 292 | -. 043 | . 432 | . 041 | . 237 | . 177 | . 522 |
|  | p | . 031 | . 383 | . 901 | . 140 | . 891 | . 482 | . 602 | . 067 |
|  | n | 13 | 11 | 11 | 13 | 14 | 11 | 11 | 13 |
| Tb.Th | R | -. 483 | -. 305 | -. 066 | -. 083 | . 145 | . 476 | . 484 | . 298 |
|  | p | . 094 | . 362 | . 848 | . 787 | . 621 | . 139 | . 132 | . 323 |
|  | n | 13 | 11 | 11 | 13 | 14 | 11 | 11 | 13 |
| Tb.Sp | R | . 334 | . 074 | -. 018 | -. 437 | . 190 | . 202 | . 205 | -. 360 |
|  | p | . 264 | . 830 | . 959 | . 135 | . 515 | . 551 | . 544 | . 226 |
|  | n | 13 | 11 | 11 | 13 | 14 | 11 | 11 | 13 |
| Conn.D | R | -. 197 | -. 593 | -. 567 | . 073 | -. 032 | -. 287 | -. 288 | . 069 |
|  | p | . 518 | . 054 | . 069 | . 813 | . 914 | . 391 | . 391 | . 823 |
|  | n | 13 | 11 | 11 | 13 | 14 | 11 | 11 | 13 |
| DA | R | . 228 | -. 070 | -. 290 | -. 219 | . 316 | -. 079 | -. 367 | -. 305 |
|  | p | . 453 | . 837 | . 386 | . 472 | . 270 | . 817 | . 267 | . 310 |
|  | n | 13 | 11 | 11 | 13 | 14 | 11 | 11 | 13 |

Appendix 6.

## Appendix 6.1 ANOVA between age categories

Table 6.1.1. ANOVA of trabecular properties between age categories in a pooled population sample. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments ( $P L$ ), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


Volumes of interest


| VOI | Summary statistics |  |  | Pairwise comparisons |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Age | N | Mean | S.D. | S.E. | Post-hoc | compa |  | $P$ |
| AT | BV/TV | Young | 9 | 0.45 | 0.06 | 0.02 | Hochberg | Young | Mature Old | $\begin{aligned} & 0.40 \\ & \mathbf{0 . 0 4} \end{aligned}$ |
|  |  | Mature | 27 | 0.41 | 0.09 | 0.02 |  |  |  |  |
|  |  | Old | 5 | 0.33 | 0.12 | 0.05 |  | Mature | Old | 0.19 |
|  |  | Total | 41 | 0.41 | 0.09 | 0.01 |  |  |  |  |
|  | Tb.Th | Young | 9 | 0.28 | 0.03 | 0.01 | Hochberg | Young | Mature | 0.82 |
|  |  | Mature | 27 | 0.30 | 0.04 | 0.01 |  |  | Old | 0.45 |
|  |  | Old | 5 | 0.25 | 0.04 | 0.02 |  | Mature | Old | 0.11 |
|  |  | Total | 41 | 0.29 | 0.04 | 0.01 |  |  |  |  |
|  | DA | Young | 9 | 0.78 | 0.04 | 0.01 | GamesHowell | Young | Mature | 0.11 |
|  |  | Mature | 27 | 0.74 | 0.07 | 0.01 |  |  | Old | 0.54 |
|  |  | Old | 5 | 0.73 | 0.10 | 0.04 |  | Mature | Old | 0.96 |
|  |  | Total | 41 | 0.75 | 0.07 | 0.01 |  |  |  |  |
|  | Tb.Sp | Young | 9 | 0.37 | 0.05 | 0.02 | Hochberg | Young | Mature Old | 0.010.02 |
|  |  | Mature | 27 | 0.46 | 0.08 | 0.02 |  |  |  |  |
|  |  | Old | 5 | 0.50 | 0.09 | 0.04 |  | Mature | Old | 0.71 |
|  |  | Total | 41 | 0.45 | 0.09 | 0.01 |  |  |  |  |
|  | $\log 10$ Conn.D | Young | 9 | 0.82 | 0.11 | 0.04 | Hochberg | Young | Mature Old | $\mathbf{0 . 0 0}$0.20 |
|  |  | Mature | 27 | 0.67 | 0.09 | 0.02 |  |  |  |  |
|  |  | Old | 5 | 0.72 | 0.11 | 0.05 |  | Mature | Old | 0.76 |
|  |  | Total | 41 | 0.71 | 0.11 | 0.02 |  |  |  |  |
|  | Res. Tb.Sp | Young | 9 | -. 055 | . 05 | . 017 | Hochberg | Young | MatureOld | . 103 |
|  |  | Mature | 27 | . 005 | . 076 | . 015 |  |  |  | . 044 |
|  |  | Old | 5 | . 048 | . 090 | . 040 |  | Mature | Old | . 553 |
|  |  | Total | 41 | -. 002 | . 078 | . 012 |  |  |  |  |
|  | Res. Conn.D | Young | 9 | . 055 | . 116 | . 039 | Hochberg | Young | Mature <br> Old | $\begin{aligned} & .121 \\ & .723 \end{aligned}$ |
|  |  | Mature | 27 | -. 020 | . 086 | . 017 |  |  |  |  |
|  |  | Old | 5 | . 006 | . 090 | . 040 |  | Mature | Old | . 916 |
|  |  | Total | 41 | -. 001 | . 096 | . 015 |  |  |  |  |
|  | Res. DA | Young | 9 | 0.05 | 0.04 | 0.01 | Games- <br> Howell | Young | Mature Old | $\begin{aligned} & .130 \\ & .260 \end{aligned}$ |
|  |  | Mature | 27 | -0.01 | 0.07 | 0.01 |  |  |  |  |
|  |  | Old | 5 | -0.02 | 0.09 | 0.04 |  | Mature | Old | . 984 |


| CC | BV/TV | Total | 41 | 0.00 | 0.07 | 0.01 | Hochberg | Young | Mature | . 071 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Young | 7 | 0.46 | 0.07 | 0.03 |  |  |  |  |
|  |  | Mature | 26 | 0.39 | 0.07 | 0.01 |  |  | Old | . 228 |
|  | Tb.Th | Old | 4 | 0.38 | 0.10 | 0.05 | Hochberg | Mature | Old | . 995 |
|  |  | Total | 37 | 0.40 | 0.08 | 0.01 |  | Young | Mature | . 997 |
|  |  | Young | 7 | 0.32 | 0.05 | 0.02 |  |  |  |  |
|  |  | Mature | 26 | 0.32 | 0.05 | 0.01 |  |  | Old | . 998 |
|  | DA | Old | 4 | 0.32 | 0.06 | 0.03 |  | Mature | Old | . 983 |
|  |  | Total | 37 | 0.32 | 0.05 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 7 | 0.67 | 0.05 | 0.02 |  | Young | Mature | . 002 |
|  |  | Mature | 26 | 0.73 | 0.04 | 0.01 |  |  | Old | . 003 |
|  |  | Old | 4 | 0.76 | 0.02 | 0.01 |  | Mature | Old | . 530 |
|  | Tb.Sp | Total | 37 | 0.72 | 0.05 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 7 | 0.43 | 0.04 | 0.02 |  | Young | Mature <br> Old | $\begin{aligned} & .001 \\ & .017 \end{aligned}$ |
|  |  | Mature | 26 | 0.58 | 0.09 | 0.02 |  |  |  |  |
|  | $\log 10$ Conn.D | Old | 4 | 0.59 | 0.11 | 0.06 |  | Mature | Old | . 989 |
|  |  | Total | 37 | 0.55 | 0.10 | 0.02 | Hochberg |  |  |  |
|  |  | Young | 7 | 0.74 | 0.16 | 0.06 |  | Young | Mature | . 004 |
|  |  | Mature | 26 | 0.53 | 0.14 | 0.03 |  |  | Old | . 055 |
|  |  | Old | 4 | 0.52 | 0.06 | 0.03 |  | Mature | Old | . 999 |
|  | Res. Tb.Sp | Total | 37 | 0.57 | 0.16 | 0.03 | Hochberg |  |  |  |
|  |  | Young | 7 | -. 076 | . 052 | . 020 |  | Young | Mature | . 009 |
|  |  | Mature | 26 | . 032 | . 082 | . 016 |  |  | Old | . 035 |
|  | Res. Conn.D | Old | 4 | . 057 | . 101 | . 050 |  | Mature | Old | . 917 |
|  |  | Total | 37 | . 014 | . 089 | . 015 | Hochberg |  |  |  |
|  |  | Young | 7 | . 115 | . 157 | . 059 |  | Young | Mature | . 102 |
|  |  | Mature | 26 | -. 018 | . 144 | . 028 |  |  | Old | . 199 |
|  |  | Old | 4 | -. 050 | . 088 | . 044 |  | Mature | Old | . 962 |
|  | Res. DA | Total | 37 | . 004 | . 149 | . 024 | Hochberg |  |  |  |
|  |  | Young | 7 | -0.03 | 0.05 | 0.02 |  | Young | Mature | . 022 |
|  |  | Mature | 26 | 0.02 | 0.04 | 0.01 |  |  | Old | . 010 |
|  |  | Old | 4 | 0.05 | 0.03 | 0.02 |  | Mature | Old | . 412 |
|  |  | Total | 37 | 0.01 | 0.04 | 0.01 |  |  |  |  |
| CT | BV/TV | Young | 8 | 0.36 | 0.06 | 0.02 | Hochberg | Young | Mature | . 910 |
|  |  | Mature | 28 | 0.35 | 0.08 | 0.01 |  |  | Old | . 405 |
|  |  | Old | 4 | 0.30 | 0.06 | 0.03 |  | Mature | Old | . 557 |
|  | Tb.Th | Total | 40 | 0.35 | 0.07 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 8 | 0.32 | 0.05 | 0.02 |  | Young | Mature | . 911 |
|  |  | Mature | 28 | 0.34 | 0.05 | 0.01 |  |  | Old | . 831 |
|  | DA | Old | 4 | 0.30 | 0.04 | 0.02 |  | Mature | Old | . 475 |
|  |  | Total | 40 | 0.33 | 0.05 | 0.01 |  |  |  |  |
|  |  | Young | 8 | 0.79 | 0.03 | 0.01 | GamesHowell | Young | Mature | . 679 |
|  |  | Mature | 28 | 0.80 | 0.04 | 0.01 |  |  |  | . 733 |
|  |  | Old | 4 | 0.80 | 0.02 | 0.01 |  | Mature | Old | . 995 |
|  |  | Total | 40 | 0.80 | 0.04 | 0.01 |  |  |  |  |
|  | Tb.Sp | Young | 8 | 0.57 | 0.06 | 0.02 | Hochberg | Young | Mature | . 058 |



| PC | BV/TV | Mature | 26 | 0.00 | 0.10 | 0.02 | Hochberg | Mature | $\begin{aligned} & \text { Old } \\ & \text { Old } \end{aligned}$ | $\begin{aligned} & .131 \\ & .548 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Old | 4 | 0.07 | 0.12 | 0.06 |  |  |  |  |
|  |  | Total | 39 | 0.00 | 0.10 | 0.02 |  |  |  |  |
|  |  | Young | 9 | 0.58 | 0.08 | 0.03 |  | Young | Mature | . 300 |
|  |  | Mature | 25 | 0.52 | 0.11 | 0.02 |  |  | Old | . 214 |
|  | Tb.Th | Old | 5 | 0.48 | 0.11 | 0.05 | Hochberg | Mature | Old | . 822 |
|  |  | Total | 39 | 0.53 | 0.10 | 0.02 |  | Young | Mature | . 982 |
|  |  | Young | 9 | 0.39 | 0.07 | 0.02 |  |  |  |  |
|  |  | Mature | 25 | 0.40 | 0.08 | 0.02 |  |  | Old | . 989 |
|  |  | Old | 5 | 0.38 | 0.06 | 0.03 |  | Mature | Old | . 914 |
|  | DA | Total | 39 | 0.40 | 0.07 | 0.01 | Hochberg | Young | Mature Old | $\begin{array}{r} .253 \\ .039 \end{array}$ |
|  |  | Young | 9 | 0.56 | 0.11 | 0.04 |  |  |  |  |
|  |  | Mature | 25 | 0.62 | 0.10 | 0.02 |  |  |  |  |
|  | Tb.Sp | Old | 5 | 0.70 | 0.08 | 0.03 | Hochberg | Mature | Old | . 308 |
|  |  | Total | 39 | 0.62 | 0.10 | 0.02 |  | Young |  |  |
|  |  | Young | 9 | 0.37 | 0.06 | 0.02 |  |  | Mature | $\begin{aligned} & .004 \\ & .005 \end{aligned}$ |
|  |  | Mature | 25 | 0.47 | 0.07 | 0.01 |  |  | Old |  |
|  |  | Old | 5 | 0.51 | 0.10 | 0.05 |  | Mature | Old | . 626 |
|  | $\log 10$ Conn.D | Total | 39 | 0.46 | 0.09 | 0.01 | Games- <br> Howell | Young |  |  |
|  |  | Young | 9 | 0.70 | 0.20 | 0.07 |  |  | Mature | . 313 |
|  |  | Mature | 25 | 0.59 | 0.13 | 0.03 |  |  | Old | . 091 |
|  |  | Old | 5 | 0.53 | 0.04 | 0.02 |  | Mature | Old | . 205 |
|  | Res. Tb.Sp | Total | 39 | 0.60 | 0.15 | 0.02 | Hochberg |  |  |  |
|  |  | Young | 9 | -0.06 | 0.07 | 0.02 |  | Young | Mature | . 041 |
|  |  | Mature | 25 | 0.01 | 0.07 | 0.01 |  |  | Old | . 013 |
|  |  | Old | 5 | 0.06 | 0.09 | 0.04 |  | Mature | Old | . 408 |
|  | Res. Conn.D | Total | 39 | 0.00 | 0.08 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 9 | 0.07 | 0.19 | 0.06 |  | Young | Mature | . 791 |
|  |  | Mature | 25 | 0.02 | 0.13 | 0.03 |  |  | Old | . 312 |
|  |  | Old | 5 | -0.06 | 0.07 | 0.03 |  | Mature | Old | . 579 |
|  | Res. DA | Total | 39 | 0.02 | 0.14 | 0.02 | Hochberg |  |  |  |
|  |  | Young | 9 | -0.04 | 0.10 | 0.03 |  | Young | Mature | . 621 |
|  |  | Mature | 25 | 0.00 | 0.09 | 0.02 |  |  | Old | . 070 |
|  |  | Old | 5 | 0.09 | 0.09 | 0.04 |  | Mature | Old | . 214 |
|  | BV/TV | Total | 39 | 0.00 | 0.10 | 0.02 |  |  |  |  |
| PP |  | Young | 9 | 0.49 | 0.09 | 0.03 | Hochberg | Young | Mature Old | $\begin{aligned} & .862 \\ & .433 \end{aligned}$ |
|  |  | Mature | 26 | 0.47 | 0.09 | 0.02 |  |  |  |  |
|  |  | Old | 5 | 0.42 | 0.08 | 0.04 |  | Mature | Old | . 668 |
|  | Tb.Th | Total | 40 | 0.47 | 0.09 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 9 | 0.37 | 0.06 | 0.02 |  | Young | Mature Old | $\begin{aligned} & .996 \\ & .961 \end{aligned}$ |
|  |  | Mature | 26 | 0.38 | 0.07 | 0.01 |  |  |  |  |
|  |  | Old | 5 | 0.36 | 0.05 | 0.02 |  | Mature | Old | . 879 |
|  | DA | Total | 40 | 0.37 | 0.06 | 0.01 |  |  |  |  |
|  |  | Young | 9 | 0.70 | 0.07 | 0.02 | Hochberg | Young | Mature Old | . 690 |
|  |  | Mature | 26 | 0.72 | 0.06 | 0.01 |  |  |  | . 773 |
|  |  | Old | 5 | 0.73 | 0.06 | 0.03 |  | Mature | Old | . 996 |
|  |  | Total | 40 | 0.72 | 0.06 | 0.01 |  |  |  |  |
|  | Tb.Sp | Young | 9 | 0.49 | 0.10 | 0.03 | Hochberg | Young | Mature <br> Old | $\begin{aligned} & .546 \\ & .150 \end{aligned}$ |
|  |  | Mature | 26 | 0.53 | 0.08 | 0.02 |  |  |  |  |



| BD | BV/TV | Old | 3 | 0.06 | 0.06 | 0.03 | Hochberg | Mature | Old | . 996 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | 35 | 0.02 | 0.12 | 0.02 |  | Young | Mature <br> Old | $\begin{aligned} & 1.000 \\ & 1.000 \end{aligned}$ |
|  |  | Young | 9 | 0.42 | 0.05 | 0.02 |  |  |  |  |
|  |  | Mature | 23 | 0.41 | 0.08 | 0.02 |  |  |  |  |
|  | Tb.Th | Old | 4 | 0.42 | 0.05 | 0.02 | Hochberg | Mature | Old | . 999 |
|  |  | Total | 36 | 0.42 | 0.07 | 0.01 |  | Young | Mature <br> Old | . 455 |
|  |  | Young | 9 | 0.25 | 0.03 | 0.01 |  |  |  |  |
|  |  | Mature | 23 | 0.27 | 0.05 | 0.01 |  |  |  | . 591 |
|  | DA | Old | 4 | 0.27 | 0.03 | 0.02 |  | Mature | Old | . 988 |
|  |  | Total | 36 | 0.26 | 0.04 | 0.01 | Hochberg | Young |  |  |
|  |  | Young | 9 | 0.76 | 0.06 | 0.02 |  |  | Mature <br> Old | $\begin{array}{r} 1.000 \\ .726 \end{array}$ |
|  |  | Mature | 23 | 0.76 | 0.05 | 0.01 |  |  |  |  |
|  |  | Old | 4 | 0.79 | 0.06 | 0.03 |  | Mature | Old | . 692 |
|  | Tb.Sp | Total | 36 | 0.76 | 0.06 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 9 | 0.38 | 0.04 | 0.01 |  | Young | Mature | . 223 |
|  |  | Mature | 23 | 0.41 | 0.05 | 0.01 |  |  | Old | . 694 |
|  | $\log 10$ Conn.D | Old | 4 | 0.41 | 0.06 | 0.03 |  | Mature | Old | . 996 |
|  |  | Total | 36 | 0.40 | 0.05 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 9 | 0.95 | 0.12 | 0.04 |  | Young | Mature Old | . 044 |
|  |  | Mature | 23 | 0.82 | 0.14 | 0.03 |  |  |  | . 165 |
|  |  | Old | 4 | 0.80 | 0.11 | 0.06 |  | Mature | Old | . 986 |
|  | Res. Tb.Sp | Total | 36 | 0.85 | 0.14 | 0.02 | Hochberg |  |  |  |
|  |  | Young | 9 | -0.03 | 0.04 | 0.01 |  | Young | Mature <br> Old | . 509 |
|  |  | Mature | 23 | 0.00 | 0.05 | 0.01 |  |  |  | . 803 |
|  |  | Old | 4 | 0.00 | 0.05 | 0.03 |  | Mature | Old | 1.000 |
|  | Res. DA | Total | 36 | -0.01 | 0.05 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 9 | 0.00 | 0.06 | 0.02 |  | Young | Mature | 1.000 |
|  |  | Mature | 23 | 0.00 | 0.05 | 0.01 |  |  | Old | . 750 |
|  |  | Old | 4 | 0.03 | 0.06 | 0.03 |  | Mature | Old | . 662 |
|  | Res. Conn.D | Total | 36 | 0.01 | 0.06 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 9 | 0.08 | 0.12 | 0.04 |  | Young | Mature <br> Old | . 271 |
|  |  | Mature | 23 | -0.01 | 0.14 | 0.03 |  |  |  | . 269 |
|  |  | Old | 4 | -0.05 | 0.12 | 0.06 |  | Mature | Old | . 882 |
|  |  | Total | 36 | 0.01 | 0.14 | 0.02 |  |  |  |  |
| BP | BV/TV | Young | 9 | 0.31 | 0.04 | 0.01 | Hochberg | Young | Mature Old | $\begin{aligned} & .809 \\ & .995 \end{aligned}$ |
|  |  | Mature | 23 | 0.29 | 0.07 | 0.01 |  |  |  |  |
|  |  | Old | 3 | 0.30 | 0.06 | 0.04 |  | Mature | Old | . 990 |
|  | Tb.Th | Total | 35 | 0.29 | 0.06 | 0.01 |  |  |  |  |
|  |  | Young | 9 | 0.23 | 0.02 | 0.01 | Games- <br> Howell | Young | Mature <br> Old | $\begin{aligned} & .379 \\ & .997 \end{aligned}$ |
|  |  | Mature | 23 | 0.25 | 0.05 | 0.01 |  |  |  |  |
|  |  | Old | 3 | 0.23 | 0.04 | 0.02 |  | Mature | Old | . 795 |
|  | DA | Total | 35 | 0.24 | 0.04 | 0.01 |  |  |  |  |
|  |  | Young | 9 | 0.58 | 0.06 | 0.02 | Hochberg | Young | Mature <br> Old | $\begin{aligned} & .996 \\ & .988 \end{aligned}$ |
|  |  | Mature | 23 | 0.57 | 0.07 | 0.02 |  |  |  |  |
|  |  | Old | 3 | 0.56 | 0.11 | 0.06 |  | Mature | Old | . 997 |
|  |  | Total | 35 | 0.57 | 0.07 | 0.01 |  |  |  |  |
|  | Tb.Sp | Young | 9 | 0.50 | 0.08 | 0.03 | Hochberg | Young | Mature | . 054 |


|  |  | Mature | 23 | 0.59 | 0.10 | 0.02 | Hochberg | Mature | Old | . 952 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\log 10$ Conn.D | Old | 3 | 0.53 | 0.09 | 0.05 |  |  | Old | . 635 |
|  |  | Total | 35 | 0.56 | 0.10 | 0.02 |  |  |  |  |
|  |  | Young | 9 | 0.91 | 0.15 | 0.05 |  | Young | Mature | . 036 |
|  |  | Mature | 23 | 0.75 | 0.16 | 0.03 |  |  | Old | . 917 |
|  |  | Old | 3 | 0.85 | 0.14 | 0.08 |  | Mature | Old | . 635 |
|  |  | Total | 35 | 0.80 | 0.17 | 0.03 |  |  |  |  |
|  | Res. Tb.Sp | Young | 9 | -0.04 | 0.08 | 0.03 | Hochberg | Young | Mature | . 569 |
|  |  | Mature | 23 | 0.00 | 0.09 | 0.02 |  |  | Old | 1.000 |
|  |  | Old | 3 | -0.04 | 0.03 | 0.02 |  | Mature | Old | . 874 |
|  |  | Total | 35 | -0.02 | 0.09 | 0.01 |  |  |  |  |
|  | Res. DA | Young | 9 | 0.01 | 0.06 | 0.02 | Hochberg | Young | Mature | . 775 |
|  |  | Mature | 23 | -0.01 | 0.07 | 0.01 |  |  | Old | . 947 |
|  |  | Old | 3 | -0.01 | 0.12 | 0.07 |  | Mature | Old | 1.000 |
|  |  | Total | 35 | -0.01 | 0.07 | 0.01 |  |  |  |  |
|  | Res. Conn.D | Young | 9 | 0.07 | 0.15 | 0.05 | Hochberg | Young | Mature | . 453 |
|  |  | Mature | 23 | -0.01 | 0.16 | 0.03 |  |  | Old | . 997 |
|  |  | Old | 3 | 0.06 | 0.08 | 0.05 |  | Mature | Old | . 879 |
|  |  | Total | 35 | 0.02 | 0.15 | 0.03 |  |  |  |  |
| HD | BV/TV | Young | 9 | 0.42 | 0.04 | 0.01 | Hochberg | Young | Mature | . 999 |
|  |  | Mature | 26 | 0.42 | 0.07 | 0.01 |  |  | Old | . 194 |
|  |  | Old | 4 | 0.50 | 0.11 | 0.06 |  | Mature | Old | . 149 |
|  |  | Total | 39 | 0.43 | 0.07 | 0.01 |  |  |  |  |
|  | Tb.Th | Young | 9 | 0.24 | 0.03 | 0.01 | Hochberg | Young | Mature | . 260 |
|  |  | Mature | 26 | 0.27 | 0.05 | 0.01 |  |  | Old | . 077 |
|  |  | Old | 4 | 0.30 | 0.06 | 0.03 |  | Mature | Old | . 446 |
|  |  | Total | 39 | 0.26 | 0.05 | 0.01 |  |  |  |  |
|  | DA | Young | 9 | 0.74 | 0.05 | 0.02 | Hochberg | Young | Mature | . 996 |
|  |  | Mature | 26 | 0.75 | 0.04 | 0.01 |  |  | Old | . 924 |
|  |  | Old | 4 | 0.76 | 0.03 | 0.02 |  | Mature | Old | . 951 |
|  |  | Total | 39 | 0.75 | 0.04 | 0.01 |  |  |  |  |
|  | Tb.Sp | Young | 9 | 0.38 | 0.03 | 0.01 | GamesHowell | Young | Mature | .009 |
|  |  | Mature | 26 | 0.43 | 0.05 | 0.01 |  |  | Old | 1.000 |
|  |  | Old | 4 | 0.38 | 0.08 | 0.04 |  | Mature | Old | . 576 |
|  |  | Total | 39 | 0.41 | 0.05 | 0.01 |  |  |  |  |
|  | $\log 10$ Conn.D | Young | 9 | 0.93 | 0.16 | 0.05 | Hochberg | Young | Mature | . 011 |
|  |  | Mature | 26 | 0.77 | 0.14 | 0.03 |  |  | Old | . 100 |
|  |  | Old | 4 | 0.75 | 0.14 | 0.07 |  | Mature | Old | . 994 |
|  |  | Total | 39 | 0.80 | 0.16 | 0.02 |  |  |  |  |
|  | Res. Tb.Sp | Young | 9 | -0.01 | 0.03 | 0.01 | Hochberg | Young | Mature | . 568 |
|  |  | Mature | 26 | 0.01 | 0.05 | 0.01 |  |  | Old | . 973 |
|  |  | Old | 4 | -0.02 | 0.06 | 0.03 |  | Mature | Old | . 501 |
|  |  | Total | 39 | 0.00 | 0.05 | 0.01 |  |  |  |  |
|  | Res. DA | Young | 9 | 0.01 | 0.05 | 0.02 | Hochberg | Young | Mature | . 996 |
|  |  | Mature | 26 | 0.01 | 0.04 | 0.01 |  |  | Old | . 925 |
|  |  | Old | 4 | 0.02 | 0.03 | 0.02 |  | Mature | Old | . 950 |
|  |  | Total | 39 | 0.01 | 0.04 | 0.01 |  |  |  |  |
|  | Res. Conn.D | Young | 9 | 0.07 | 0.15 | 0.05 | Hochberg | Young | Mature | . 153 |





|  | DA | Young | 9 | 0.75 | 0.05 | 0.02 | Hochberg | Young | Mature | . 088 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Mature | 23 | 0.78 | 0.04 | 0.01 |  |  | Old | . 191 |
|  |  | Old | 4 | 0.79 | 0.03 | 0.01 |  | Mature | Old | . 959 |
|  | Tb.Sp | Total | 36 | 0.78 | 0.04 | 0.01 | Hochberg | Young | Mature <br> Old | $\begin{aligned} & .055 \\ & .663 \end{aligned}$ |
|  |  | Young | 9 | 0.39 | 0.06 | 0.02 |  |  |  |  |
|  |  | Mature | 23 | 0.44 | 0.05 | 0.01 |  |  |  |  |
|  |  | Old | 4 | 0.43 | 0.05 | 0.03 |  | Mature | Old | . 889 |
|  | $\log 10$ Conn.D | Total | 36 | 0.43 | 0.06 | 0.01 | GamesHowell | Young | Mature | . 055 |
|  |  | Young | 9 | 0.88 | 0.15 | 0.05 |  |  |  |  |
|  |  | Mature | 23 | 0.72 | 0.16 | 0.03 |  |  | Old | . 005 |
|  |  | Old | 4 | 0.60 | 0.08 | 0.04 |  | Mature | Old | . 134 |
|  | Res. Tb.Sp | Total | 36 | 0.75 | 0.17 | 0.03 | Hochberg | Young | Mature | . 139 |
|  |  | Young | 9 | -0.02 | 0.06 | 0.02 |  |  |  |  |
|  |  | Mature | 23 | 0.02 | 0.05 | 0.01 |  |  | Old | . 700 |
|  | Res. DA | Old | 4 | 0.01 | 0.05 | 0.02 |  | Mature | Old | . 970 |
|  |  | Total | 36 | 0.01 | 0.05 | 0.01 | Hochberg |  |  |  |
|  |  | Young | 9 | -0.03 | 0.04 | 0.01 |  | Young | Mature | . 107 |
|  |  | Mature | 23 | 0.01 | 0.04 | 0.01 |  |  | Old | . 205 |
|  |  | Old | 4 | 0.02 | 0.03 | 0.01 |  | Mature | Old | . 950 |
|  | Res. Conn.D | Total | 36 | 0.00 | 0.04 | 0.01 | Hochberg | Young |  |  |
|  |  | Young | 9 | 0.10 | 0.15 | 0.05 |  |  | Mature | . 248 |
|  |  | Mature | 23 | 0.00 | 0.16 | 0.03 |  |  | Old | . 020 |
|  |  | Old | 4 | -0.16 | 0.08 | 0.04 |  | Mature | Old | . 167 |
|  | BV/TV | Total | 36 | 0.01 | 0.17 | 0.03 | Hochberg |  |  |  |
| TC |  | Young | 8 | 0.43 | 0.04 | 0.01 |  | Young | Mature | . 665 |
|  |  | Mature | 25 | 0.40 | 0.09 | 0.02 |  |  | Old | . 864 |
|  |  | Old | 5 | 0.40 | 0.10 | 0.05 |  | Mature | Old | 1.000 |
|  | Tb.Th | Total | 38 | 0.40 | 0.08 | 0.01 | Hochberg | Young | Mature Old | 1.000 |
|  |  | Young | 8 | 0.28 | 0.04 | 0.01 |  |  |  |  |
|  |  | Mature | 25 | 0.28 | 0.05 | 0.01 |  |  |  | . 981 |
|  |  | Old | 5 | 0.29 | 0.05 | 0.02 |  | Mature | Old | . 958 |
|  | DA | Total | 38 | 0.28 | 0.05 | 0.01 | Hochberg | Young | Mature | . 919 |
|  |  | Young | 8 | 0.70 | 0.06 | 0.02 |  |  |  |  |
|  |  | Mature | 25 | 0.69 | 0.07 | 0.01 |  |  | Old | . 764 |
|  |  | Old | 5 | 0.73 | 0.06 | 0.03 |  | Mature | Old | . 368 |
|  | Tb.Sp | Total | 38 | 0.69 | 0.07 | 0.01 | Hochberg | Young | Mature Old | $\begin{aligned} & .060 \\ & .231 \end{aligned}$ |
|  |  | Young | 8 | 0.41 | 0.04 | 0.02 |  |  |  |  |
|  |  | Mature | 25 | 0.47 | 0.06 | 0.01 |  |  |  |  |
|  |  | Old | 5 | 0.47 | 0.05 | 0.02 |  | Mature | Old | 1.000 |
|  | $\log 10$ Conn.D | Total | 38 | 0.46 | 0.06 | 0.01 | GamesHowell | Young | Mature | . 205 |
|  |  | Young | 8 | 0.89 | 0.13 | 0.05 |  |  |  |  |
|  |  | Mature | 25 | 0.79 | 0.13 | 0.03 |  |  | Old | . 049 |
|  | Res. Tb.Sp | Old | 5 | 0.69 | 0.12 | 0.05 |  | Mature | Old | . 285 |
|  |  | Total | 38 | 0.80 | 0.14 | 0.02 | Hochberg | Young | Mature <br> Old <br> Old |  |
|  |  | Young | 8 | -0.04 | 0.04 | 0.02 |  |  |  | . 215 |
|  |  | Mature | 25 | 0.00 | 0.06 | 0.01 |  |  |  | . 260 |
|  |  | Old | 5 | 0.02 | 0.05 | 0.02 |  | Mature |  | . 949 |



## Appendix 6.2 Partial Spearman correlations

Table 6.2.1. Partial spearman correlations between trabecular properties and age categories in a pooled population sample. Volumes of interest: Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid $(C C)$, dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


| Populations | partial Spearman correlation accounting for body mass (2-tailed) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | VOI | N |  | BV/TV | Tb.Th | DA | Tb.Sp | Conn.D |
| Pooled | AT | 42 | Rho | -. 303 | -. 097 | -. 308 | . 409 | -. 187 |
|  |  |  | p | . 057 | . 554 | . 053 | . 009 | . 247 |
|  | CC | 37 | Rho | -. 249 | -. 015 | . 486 | . 449 | -. 411 |
|  |  |  | p | . 143 | . 932 | . 003 | . 006 | . 013 |
|  | CT | 40 | Rho | -. 188 | -. 046 | -. 078 | . 291 | -. 167 |
|  |  |  | p | . 251 | . 782 | . 638 | . 072 | . 310 |
|  | PA | 38 | Rho | -. 204 | -. 008 | . 367 | . 284 | -. 372 |
|  |  |  | p | . 219 | . 963 | . 023 | . 089 | . 021 |
|  | PC | 39 | Rho | -. 277 | -. 055 | . 334 | . 407 | -. 212 |
|  |  |  | p | . 093 | . 744 | . 041 | . 011 | . 201 |
|  | PP | 40 | Rho | -. 217 | -. 041 | . 047 | . 280 | -. 193 |
|  |  |  | p | . 185 | . 804 | . 779 | . 084 | . 238 |
|  | PL | 35 | Rho | -. 285 | -. 092 | . 201 | . 442 | -. 312 |
|  |  |  | p | . 103 | . 604 | . 256 | . 009 | . 072 |
|  | BD | 36 | Rho | . 000 | . 266 | . 095 | . 158 | -. 356 |
|  |  |  | p | . 998 | . 117 | . 587 | . 357 | . 033 |
|  | BP | 35 | Rho | -. 094 | . 130 | -. 222 | . 140 | -. 175 |
|  |  |  | p | . 598 | . 464 | . 207 | . 429 | . 321 |
|  | HD | 39 | Rho | . 242 | . 355 | -. 003 | -. 120 | -. 322 |
|  |  |  | p | . 143 | . 029 | . 988 | . 474 | . 049 |
|  | HP | 36 | Rho | . 106 | . 242 | . 071 | . 040 | -. 233 |
|  |  |  | p | . 545 | . 161 | . 685 | . 818 | . 178 |
|  | ACF | 39 | Rho | -. 054 | . 152 | . 308 | . 206 | -. 415 |
|  |  |  | p | . 750 | . 363 | . 060 | . 215 | . 010 |
|  | PCF | 36 | Rho | . 015 | . 233 | . 053 | . 315 | -. 393 |
|  |  |  | p | . 930 | . 177 | . 763 | . 065 | . 020 |
|  | TH | 36 | Rho | . 037 | . 192 | . 059 | . 199 | -. 276 |
|  |  |  | p | . 833 | . 270 | . 735 | . 251 | . 108 |
|  | TL | 36 | Rho | . 151 | . 325 | . 294 | . 119 | -. 449 |
|  |  |  | p | . 381 | . 053 | . 082 | . 495 | . 006 |
|  | TC | 38 | Rho | -. 152 | . 037 | . 118 | . 262 | -. 346 |



|  | PP | 8 | Rho | . 525 | . 767 | -. 277 | . 002 | -. 375 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | p | . 227 | . 044 | . 547 | . 997 | . 408 |
|  | PL | 8 | Rho | -. 044 | . 127 | . 403 | . 364 | -. 692 |
|  |  |  | p | . 926 | . 785 | . 370 | . 423 | . 085 |
|  | BD | 7 | Rho | . 054 | . 936 | -. 677 | . 588 | -. 286 |
|  |  |  | p | . 919 | . 006 | . 139 | . 220 | . 583 |
|  | BP | 7 | Rho | -. 762 | . 107 | . 216 | . 629 | -. 585 |
|  |  |  | p | . 079 | . 840 | . 681 | . 181 | . 223 |
|  | HD | 7 | Rho | . 041 | . 465 | . 073 | . 728 | -. 778 |
|  |  |  | p | . 939 | . 353 | . 891 | . 101 | . 068 |
|  | HP | 7 | Rho | -. 474 | . 017 | 1.000 | . 349 | -. 322 |
|  |  |  | p | . 342 | . 974 | 0.000 | . 497 | . 534 |
|  | ACF | 10 | Rho | . 442 | . 434 | . 775 | . 221 | -. 637 |
|  |  |  | p | . 234 | . 243 | . 014 | . 567 | . 065 |
|  | PCF | 10 | Rho | . 338 | . 323 | -. 091 | . 505 | -. 636 |
|  |  |  | p | . 374 | . 396 | . 817 | . 166 | . 066 |
|  | TH | 9 | Rho | . 176 | . 289 | -. 068 | . 103 | -. 312 |
|  |  |  | p | . 676 | . 487 | . 873 | . 808 | . 452 |
|  | TL | 7 | Rho | . 780 | . 748 | . 803 | -. 282 | -. 506 |
|  |  |  | p | . 067 | . 087 | . 054 | . 589 | . 306 |
|  | TC | 9 | Rho | -. 138 | . 046 | . 082 | . 162 | -. 309 |
|  |  |  | p | . 744 | . 914 | . 846 | . 702 | . 456 |
|  | TM | 9 | Rho | -. 396 | . 116 | -. 341 | . 316 | -. 490 |
|  |  |  | p | . 332 | . 784 | . 408 | . 445 | . 217 |
| St. Johns | AT | 17 | Rho | -. 718 | -. 388 | . 163 | . 420 | -. 249 |
|  |  |  | p | . 002 | . 138 | . 547 | . 105 | . 352 |
|  | CC | 15 | Rho | -. 692 | -. 246 | . 441 | . 645 | -. 503 |
|  |  |  | p | . 006 | . 396 | . 114 | . 013 | . 067 |
|  | CT | 15 | Rho | -. 766 | -. 512 | . 071 | . 604 | -. 270 |
|  |  |  | p | . 001 | . 061 | . 811 | . 022 | . 351 |
|  | PA | 17 | Rho | -. 571 | -. 142 | . 410 | . 621 | -. 453 |
|  |  |  | p | . 021 | . 600 | . 115 | . 010 | . 078 |
|  | PC | 17 | Rho | -. 567 | -. 259 | . 130 | . 584 | -. 057 |
|  |  |  | p | . 022 | . 332 | . 631 | . 017 | . 833 |
|  | PP | 17 | Rho | -. 521 | -. 419 | . 030 | . 287 | . 099 |
|  |  |  | p | . 039 | . 106 | . 911 | . 281 | . 715 |
|  | PL | 15 | Rho | -. 571 | -. 263 | . 374 | . 539 | -. 410 |
|  |  |  | p | . 033 | . 363 | . 188 | . 047 | . 145 |
|  | BD | 14 | Rho | -. 662 | -. 230 | . 202 | . 595 | -. 572 |
|  |  |  | p | . 010 | . 429 | . 508 | . 025 | . 033 |
|  | BP | 15 | Rho | -. 862 | . 075 | -. 735 | . 801 | -. 589 |
|  |  |  | p | . 000 | . 798 | . 003 | . 001 | . 027 |
|  | HD | 15 | Rho | -. 557 | -. 424 | . 067 | . 378 | . 116 |
|  |  |  | p | . 039 | . 131 | . 819 | . 183 | . 693 |
|  | HP | 15 | Rho | -. 541 | -. 118 | . 010 | . 223 | -. 129 |
|  |  |  | p | . 046 | . 689 | . 974 | . 443 | . 660 |
|  | ACF | 16 | Rho | -. 660 | -. 345 | . 490 | . 581 | -. 391 |


|  |  | p | . 007 | . 208 | . 064 | . 023 | . 150 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PCF | 14 | Rho | -. 679 | -. 306 | . 519 | . 536 | -. 138 |
|  |  | p | . 011 | . 309 | . 069 | . 059 | . 653 |
| TH | 16 | Rho | -. 298 | -. 014 | . 415 | . 289 | . 021 |
|  |  | p | . 281 | . 962 | . 124 | . 295 | . 941 |
| TL | 15 | Rho | -. 697 | -. 147 | . 373 | . 390 | -. 342 |
|  |  | p | . 006 | . 615 | . 189 | . 168 | . 231 |
| TC | 15 | Rho | -. 695 | -. 246 | -. 125 | . 470 | -. 046 |
|  |  | p | . 006 | . 396 | . 670 | . 090 | . 876 |
| TM | 15 | Rho | -. 497 | . 055 | -. 048 | . 406 | -. 218 |
|  |  | p | . 071 | . 851 | . 870 | . 150 | . 454 |

Appendix 7.

## Appendix 7.1 Listwise ANOVA

## Calcaneus

Table 7.1.1. ANOVA of BV/TV between pooled sex populations. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments (PL), posterior talar facet ( $P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid $(C C)$, dorsal base $(B D)$, plantar base $(B P)$, dorsal head $(H D)$, plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| ANOVA - pooled sex calcaneus BV/TV |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| AT | Between Groups | . 153 | 3 | . 051 | 11.294 | . 000 | . 244 | 3 | 44 | . 865 |
|  | Within Groups | . 199 | 44 | . 005 |  |  |  |  |  |  |
|  | Total | . 352 | 47 |  |  |  |  |  |  |  |
| CC | Between Groups | . 183 | 3 | . 061 | 15.556 | . 000 | . 789 | 3 | 44 | . 507 |
|  | Within Groups | . 173 | 44 | . 004 |  |  |  |  |  |  |
|  | Total | . 356 | 47 |  |  |  |  |  |  |  |
| CT | Between Groups | . 116 | 3 | . 039 | 12.801 | . 000 | . 691 | 3 | 44 | . 563 |
|  | Within Groups | . 133 | 44 | . 003 |  |  |  |  |  |  |
|  | Total | . 248 | 47 |  |  |  |  |  |  |  |
| PA | Between Groups | . 178 | 3 | . 059 | 8.333 | . 000 | . 440 | 3 | 44 | . 725 |
|  | Within Groups | . 313 | 44 | . 007 |  |  |  |  |  |  |
|  | Total | . 491 | 47 |  |  |  |  |  |  |  |
| PC | Between Groups | . 206 | 3 | . 069 | 9.053 | . 000 | . 225 | 3 | 44 | . 879 |
|  | Within Groups | . 333 | 44 | . 008 |  |  |  |  |  |  |
|  | Total | . 539 | 47 |  |  |  |  |  |  |  |
| PP | Between Groups | . 147 | 3 | . 049 | 10.839 | . 000 | . 906 | 3 | 44 | . 446 |
|  | Within Groups | . 199 | 44 | . 005 |  |  |  |  |  |  |
|  | Total | . 346 | 47 |  |  |  |  |  |  |  |
| PL | Between Groups | . 116 | 3 | . 039 | 7.668 | . 000 | 1.503 | 3 | 44 | . 227 |
|  | Within Groups | . 222 | 44 | . 005 |  |  |  |  |  |  |
|  | Total | . 338 | 47 |  |  |  |  |  |  |  |

Table 7.1.2. Pairwise post-hoc comparisons of BV/TV between pooled sex populations. Achilles tendon $(A T)$, calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Pooled sex calcaneus BV/TV pairwise post hoc comparisons

| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise con | parison | $p$ |
| AT | Black Earth | 9 | 0.49 | 0.09 | 0.03 | Hochberg | Black Earth | Jebel Moya | . 880 |
|  | Jebel Moya | 9 | 0.46 | 0.07 | 0.02 |  |  | Kerma | . 000 |
|  | Kerma | 14 | 0.34 | 0.07 | 0.02 |  |  | St. Johns | . 012 |
|  | St. Johns | 16 | 0.40 | 0.05 | 0.01 |  | Jebel Moya | Kerma | . 001 |
|  | Total | 48 | 0.41 | 0.09 | 0.01 |  |  | St. Johns | . 214 |



Table 7.1.3. ANOVA of DA between pooled sex populations. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid $(C C)$, dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| ANOVA - pooled sex calcaneus DA |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AT |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic |  |  | $p$ |
|  | Between Groups | . 023 | 3 | . 008 | 2.147 | . 108 | 3.275 | 3 | 44 | . 030 |
|  | Within Groups | . 160 | 44 | . 004 |  |  |  |  |  |  |
| CC | Total | . 184 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 018 | 3 | . 006 | 2.077 | . 117 | 1.657 | 3 | 44 | . 190 |
|  | Within Groups | . 125 | 44 | . 003 |  |  |  |  |  |  |
| CT | Total | . 142 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 009 | 3 | . 003 | 2.647 | . 061 | 1.209 | 3 | 44 | . 318 |
|  | Within Groups | . 050 | 44 | . 001 |  |  |  |  |  |  |
| PA | Total | . 059 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 033 | 3 | . 011 | 1.155 | . 338 | 2.227 | 3 | 44 | . 098 |
|  | Within Groups | . 424 | 44 | . 010 |  |  |  |  |  |  |
| PC | Total | . 457 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 075 | 3 | . 025 | 2.421 | . 079 | . 095 | 3 | 44 | . 962 |
|  | Within Groups | . 454 | 44 | . 010 |  |  |  |  |  |  |
| PP | Total | . 528 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 023 | 3 | . 008 | 1.995 | . 129 | 2.159 | 3 | 44 | . 106 |
|  | Within Groups | . 168 | 44 | . 004 |  |  |  |  |  |  |
|  | Total | . 191 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 045 | 3 | . 015 | 4.287 | . 010 | . 335 | 3 | 44 | . 800 |
|  | Within Groups | . 155 | 44 | . 004 |  |  |  |  |  |  |
|  | Total | . 201 | 47 |  |  |  |  |  |  |  |

Table 7.1.4. Pairwise post-hoc comparisons of DA between pooled sex populations. Achilles tendon $(A T)$, calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Pooled sex calcaneus DA pairwise post hoc comparisons

| Summary statistics |  | Post Hoc |  |  |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :--- | :--- | :--- | :--- | :--- |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise comparison | $\boldsymbol{p}$ |  |  |
| AT | Black Earth | 9 | .73 | .08 | .03 | Games-Howell | Black Earth | Jebel Moya | .966 |  |
|  | Jebel Moya | 9 | .74 | .08 | .03 |  |  | Kerma | .709 |  |
|  | Kerma | 14 | .76 | .04 | .01 |  |  | St. Johns | .247 |  |
|  | St. Johns | 16 | .79 | .04 | .01 |  |  | Jebel Moya | Kerma | .959 |
|  | Total | 48 | .76 | .06 | .01 |  | St. Johns | .505 |  |  |
|  |  |  |  |  |  |  | Kerma | St. Johns | .321 |  |
| CC | Black Earth | 9 | .73 | .03 | .01 | Hochberg | Black Earth | Jebel Moya | .915 |  |
|  | Jebel Moya | 9 | .71 | .05 | .02 |  |  | Kerma | .978 |  |


|  | Kerma | 14 | . 72 | . 06 | . 02 |  |  | St. Johns | . 141 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | St. Johns | 16 | . 68 | . 06 | . 01 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 48 | . 71 | . 06 | . 01 |  |  | St. Johns | . 769 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 378 |
| CT | Black Earth | 9 | . 81 | . 04 | . 01 | Hochberg | Black Earth | Jebel Moya | . 669 |
|  | Jebel Moya | 9 | . 78 | . 03 | . 01 |  |  | Kerma | . 997 |
|  | Kerma | 14 | . 81 | . 03 | . 01 |  |  | St. Johns | . 482 |
|  | St. Johns | 16 | . 78 | . 04 | . 01 |  | Jebel Moya | Kerma | . 256 |
|  | Total | 48 | . 80 | . 04 | . 01 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 103 |
| PA | Black Earth | 9 | . 70 | . 05 | . 02 | Hochberg | Black Earth | Jebel Moya | . 674 |
|  | Jebel Moya | 9 | . 64 | . 10 | . 03 |  |  | Kerma | . 999 |
|  | Kerma | 14 | . 68 | . 12 | . 03 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 71 | . 09 | . 02 |  | Jebel Moya | Kerma | . 846 |
|  | Total | 48 | . 69 | . 10 | . 01 |  |  | St. Johns | . 376 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 968 |
| PC | Black Earth | 9 | . 67 | . 10 | . 03 | Hochberg | Black Earth | Jebel Moya | . 318 |
|  | Jebel Moya | 9 | . 58 | . 09 | . 03 |  |  | Kerma | . 891 |
|  | Kerma | 14 | . 63 | . 11 | . 03 |  |  | St. Johns | . 100 |
|  | St. Johns | 16 | . 57 | . 10 | . 03 |  | Jebel Moya | Kerma | . 853 |
|  | Total | 48 | . 61 | . 11 | . 02 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 496 |
| PP | Black Earth | 9 | . 76 | . 03 | . 01 | Hochberg | Black Earth | Jebel Moya | . 326 |
|  | Jebel Moya | 9 | . 70 | . 07 | . 02 |  |  | Kerma | . 466 |
|  | Kerma | 14 | . 71 | . 07 | . 02 |  |  | St. Johns | . 129 |
|  | St. Johns | 16 | . 70 | . 07 | . 02 |  | Jebel Moya | Kerma | . 999 |
|  | Total | 48 | . 71 | . 06 | . 01 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 975 |
| PL | Black Earth | 9 | . 67 | . 07 | . 02 | Hochberg | Black Earth | Jebel Moya | . 710 |
|  | Jebel Moya | 9 | . 71 | . 05 | . 02 |  |  | Kerma | . 396 |
|  | Kerma | 14 | . 72 | . 06 | . 02 |  |  | St. Johns | . 007 |
|  | St. Johns | 16 | . 76 | . 06 | . 01 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 48 | . 72 | . 07 | . 01 |  |  | St. Johns | . 269 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 318 |

Table 7.1.5. ANOVA of residual DA between pooled sex populations. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid $(C C)$, dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| ANOVA - pooled sex calcaneus residual DA |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AT |  | Sum of Squares | df | Mean <br> Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 022 | 3 | . 007 | 2.020 | . 125 | 2.919 | 3 | 43 | . 045 |
|  | Within Groups | . 157 | 43 | . 004 |  |  |  |  |  |  |
| CC | Total | . 179 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 014 | 3 | . 005 | 1.771 | . 167 | 1.084 | 3 | 43 | . 366 |
|  | Within Groups | . 110 | 43 | . 003 |  |  |  |  |  |  |
| CT | Total | . 123 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 011 | 3 | . 004 | 3.313 | . 029 | 2.141 | 3 | 43 | . 109 |
|  | Within Groups | . 047 | 43 | . 001 |  |  |  |  |  |  |
| PA | Total | . 058 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 041 | 3 | . 014 | 1.491 | . 230 | 4.003 | 3 | 43 | . 013 |
|  | Within Groups | . 397 | 43 | . 009 |  |  |  |  |  |  |
| PC | Total | . 438 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 102 | 3 | . 034 | 4.124 | . 012 | . 348 | 3 | 43 | . 791 |
|  | Within Groups | . 355 | 43 | . 008 |  |  |  |  |  |  |
| PP | Total | . 458 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 029 | 3 | . 010 | 2.813 | . 051 | 2.134 | 3 | 43 | . 110 |
|  | Within Groups | . 148 | 43 | . 003 |  |  |  |  |  |  |
| PL | Total | . 177 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 040 | 3 | . 013 | 4.091 | . 012 | . 388 | 3 | 43 | . 762 |
|  | Within Groups | . 141 | 43 | . 003 |  |  |  |  |  |  |
|  | Total | . 181 |  |  |  |  |  |  |  |  |

Table 7.1.6. Pairwise post-hoc comparisons of residual DA between pooled sex populations. Achilles tendon $(A T)$, calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Pooled sex calcaneus residual DA pairwise post hoc comparisons

| Summary statistics |  |  |  | Post Hoc |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :--- | :--- | :--- | :--- | :--- |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise comparison | $\boldsymbol{p}$ |  |  |
| AT | Black Earth | 9 | -.020 | .084 | .028 | Games- | Black | Jebel Moya | .983 |  |
|  | Jebel Moya | 9 | -.006 | .078 | .026 | Howell | Earth | Kerma | .735 |  |
|  | Kerma | 14 | .012 | .046 | .012 |  |  | St. Johns | .277 |  |
|  | St. Johns | 15 | .038 | .042 | .011 |  | Jebel Moya | Kerma | .922 |  |
|  | Total | 47 | .011 | .062 | .009 |  |  | St. Johns | .431 |  |
|  |  |  |  |  |  |  | Kerma | St. Johns | .397 |  |
| CC | Black Earth | 9 | .026 | .031 | .010 | Hochberg | Black | Jebel Moya | .829 |  |
|  | Jebel Moya | 9 | -.001 | .053 | .018 |  | Earth | Kerma | .963 |  |



Table 7.1.7. ANOVA of Tb.Th between pooled sex populations. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior $)$, calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| ANOVA - pooled sex calcaneus Tb.Th |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean <br> Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| AT | Between Groups | . 032 | 3 | . 011 | 9.187 | . 000 | . 699 | 3 | 44 | . 558 |
|  | Within Groups | . 051 | 44 | . 001 |  |  |  |  |  |  |
|  | Total | . 083 | 47 |  |  |  |  |  |  |  |
| CC | Between Groups | . 049 | 3 | . 016 | 10.293 | . 000 | . 721 | 3 | 44 | . 545 |
|  | Within Groups | . 069 | 44 | . 002 |  |  |  |  |  |  |
|  | Total | . 118 | 47 |  |  |  |  |  |  |  |
| CT | Between Groups | . 035 | 3 | . 012 | 8.024 | . 000 | 1.250 | 3 | 44 | . 303 |
|  | Within Groups | . 063 | 44 | . 001 |  |  |  |  |  |  |
|  | Total | . 098 | 47 |  |  |  |  |  |  |  |
| PA | Between Groups | . 095 | 3 | . 032 | 9.758 | . 000 | 1.064 | 3 | 44 | . 374 |
|  | Within Groups | . 142 | 44 | . 003 |  |  |  |  |  |  |
|  | Total | . 237 | 47 |  |  |  |  |  |  |  |
| PC | Between Groups | . 105 | 3 | . 035 | 8.745 | . 000 | . 609 | 3 | 44 | . 613 |
|  | Within Groups | . 175 | 44 | . 004 |  |  |  |  |  |  |
|  | Total | . 280 | 47 |  |  |  |  |  |  |  |
| PP | Between Groups | . 072 | 3 | . 024 | 9.966 | . 000 | 1.486 | 3 | 44 | . 231 |
|  | Within Groups | . 105 | 44 | . 002 |  |  |  |  |  |  |
|  | Total | . 177 | 47 |  |  |  |  |  |  |  |
| PL | Between Groups | . 097 | 3 | . 032 | 15.604 | . 000 | 1.934 | 3 | 44 | . 138 |
|  | Within Groups | . 091 | 44 | . 002 |  |  |  |  |  |  |
|  | Total | . 187 | 47 |  |  |  |  |  |  |  |

Table 7.1.8. Pairwise post-hoc comparisons of Tb.Th between pooled sex populations. Achilles tendon $(A T)$, calcaneal tuber (CT), plantar ligaments ( $P L$ ), posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Pooled sex calcaneus Tb.Th pairwise post hoc comparisons

| Summary statistics |  |  | Post Hoc |  |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | :--- | :--- | :--- | :--- | :--- | :--- |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise comparison | $\boldsymbol{p}$ |  |  |
| AT | Black Earth | 9 | .331 | .043 | .014 | Hochberg | Black Earth | Jebel Moya | .832 |  |
|  | Jebel Moya | 9 | .313 | .034 | .011 |  |  | Kerma | $\mathbf{. 0 0 0}$ |  |
|  | Kerma | 14 | .266 | .030 | .008 |  |  | St. Johns | $\mathbf{. 0 0 1}$ |  |
|  | St. Johns | 16 | .274 | .033 | .008 |  |  | Jebel Moya | Kerma | $\mathbf{. 0 1 4}$ |
|  | Total | 48 | .289 | .042 | .006 |  |  | St. Johns | $\mathbf{. 0 5 0}$ |  |
|  |  |  |  |  |  |  | Kerma | St. Johns | .989 |  |
| CC | Black Earth | 9 | .370 | .026 | .009 | Hochberg | Black Earth | Jebel Moya | 1.000 |  |


|  | Jebel Moya | 9 | . 367 | . 044 | . 015 |  |  | Kerma | . 002 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Kerma | 14 | . 305 | . 041 | . 011 |  |  | St. Johns | . 001 |
|  | St. Johns | 16 | . 301 | . 042 | . 011 |  | Jebel Moya | Kerma | . 004 |
|  | Total | 48 | . 328 | . 050 | . 007 |  |  | St. Johns | . 001 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| CT | Black Earth | 9 | . 381 | . 029 | . 010 | Hochberg | Black Earth | Jebel Moya | . 226 |
|  | Jebel Moya | 9 | . 344 | . 033 | . 011 |  |  | Kerma | . 000 |
|  | Kerma | 14 | . 306 | . 036 | . 010 |  |  | St. Johns | . 002 |
|  | St. Johns | 16 | . 320 | . 045 | . 011 |  | Jebel Moya | Kerma | . 138 |
|  | Total | 48 | . 332 | . 046 | . 007 |  |  | St. Johns | . 563 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 909 |
| PA | Black Earth | 9 | . 462 | . 058 | . 019 | Hochberg | Black Earth | Jebel Moya | . 905 |
|  | Jebel Moya | 9 | . 436 | . 060 | . 020 |  |  | Kerma | . 001 |
|  | Kerma | 14 | . 365 | . 043 | . 011 |  |  | St. Johns | . 000 |
|  | St. Johns | 16 | . 354 | . 065 | . 016 |  | Jebel Moya | Kerma | . 032 |
|  | Total | 48 | . 393 | . 071 | . 010 |  |  | St. Johns | . 007 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 996 |
| PC | Black Earth | 9 | . 474 | . 061 | . 020 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | . 464 | . 068 | . 023 |  |  | Kerma | . 008 |
|  | Kerma | 14 | . 381 | . 050 | . 013 |  |  | St. Johns | . 001 |
|  | St. Johns | 16 | . 366 | . 072 | . 018 |  | Jebel Moya | Kerma | . 022 |
|  | Total | 48 | . 409 | . 077 | . 011 |  |  | St. Johns | . 004 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 987 |
| PP | Black Earth | 9 | . 435 | . 055 | . 018 | Hochberg | Black Earth | Jebel Moya | . 858 |
|  | Jebel Moya | 9 | . 410 | . 044 | . 015 |  |  | Kerma | . 000 |
|  | Kerma | 14 | . 341 | . 039 | . 010 |  |  | St. Johns | . 001 |
|  | St. Johns | 16 | . 349 | . 055 | . 014 |  | Jebel Moya | Kerma | . 010 |
|  | Total | 48 | . 374 | . 061 | . 009 |  |  | St. Johns | . 024 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 998 |
| PL | Black Earth | 9 | . 387 | . 046 | . 015 | Hochberg | Black Earth | Jebel Moya | . 417 |
|  | Jebel Moya | 9 | . 350 | . 060 | . 020 |  |  | Kerma | . 000 |
|  | Kerma | 14 | . 268 | . 031 | . 008 |  |  | St. Johns | . 000 |
|  | St. Johns | 16 | . 293 | . 047 | . 012 |  | Jebel Moya | Kerma | . 001 |
|  | Total | 48 | . 314 | . 063 | . 009 |  |  | St. Johns | . 026 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 570 |

Table 7.1.9. ANOVA of Tb.Sp between pooled sex populations. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid $(C C)$, dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| ANOVA - pooled sex calcaneus Tb.Sp |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AT |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 090 | 3 | . 030 | 5.656 | . 002 | 1.672 | 3 | 43 | . 187 |
|  | Within Groups | . 229 | 43 | . 005 |  |  |  |  |  |  |
| CC | Total | . 320 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 151 | 3 | . 050 | 6.964 | . 001 | 1.012 | 3 | 43 | . 397 |
|  | Within Groups | . 311 | 43 | . 007 |  |  |  |  |  |  |
| CT | Total | . 462 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 245 | 3 | . 082 | 7.166 | . 001 | 1.127 | 3 | 43 | . 349 |
|  | Within Groups | . 489 | 43 | . 011 |  |  |  |  |  |  |
| PA | Total | . 734 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 105 | 3 | . 035 | 3.771 | . 017 | 1.626 | 3 | 43 | . 197 |
|  | Within Groups | . 399 | 43 | . 009 |  |  |  |  |  |  |
| PC | Total | . 504 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 047 | 3 | . 016 | 2.625 | . 063 | . 409 | 3 | 43 | . 747 |
|  | Within Groups | . 259 | 43 | . 006 |  |  |  |  |  |  |
| PP | Total | . 306 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 065 | 3 | . 022 | 3.818 | . 016 | 1.738 | 3 | 43 | . 173 |
|  | Within Groups | . 244 | 43 | . 006 |  |  |  |  |  |  |
| PL | Total | . 309 | 46 |  |  |  |  |  |  |  |
|  | Between Groups | . 216 | 3 | . 072 | 4.110 | . 012 | . 414 | 3 | 43 | . 744 |
|  | Within Groups | . 752 | 43 | . 017 |  |  |  |  |  |  |
|  | Total | . 968 | 46 |  |  |  |  |  |  |  |

Table 7.1.10. Pairwise post-hoc comparisons of Tb.Sp between pooled sex populations. Achilles tendon $(A T)$, calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

Pooled sex calcaneus Tb.Sp pairwise post hoc comparisons

| Summary statistics |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :--- | :--- | :--- | :--- | :--- |
|  |  |  | Post Hoc |  |  |  |  |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise comparison | $\boldsymbol{p}$ |  |  |
| AT | Black Earth | 9 | .399 | .084 | .028 | Hochberg | Black Earth | Jebel Moya | .949 |  |
|  | Jebel Moya | 9 | .429 | .060 | .020 |  |  | Kerma | $\mathbf{. 0 0 3}$ |  |
|  | Kerma | 13 | .519 | .097 | .027 |  |  | St. Johns | .663 |  |
|  | St. Johns | 16 | .442 | .046 | .011 |  |  | Jebel Moya | Kerma | $\mathbf{. 0 3 7}$ |
|  | Total | 47 | .452 | .083 | .012 |  |  | St. Johns | .999 |  |
|  |  |  |  |  |  |  | Kerma | St. Johns | $\mathbf{. 0 3 9}$ |  |
| CC | Black Earth | 9 | .488 | .099 | .033 | Hochberg | Black Earth | Jebel Moya | .948 |  |


|  | Jebel Moya | 9 | . 454 | . 048 | . 016 |  |  | Kerma | . 015 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Kerma | 13 | . 607 | . 105 | . 029 |  |  | St. Johns | . 334 |
|  | St. Johns | 16 | . 555 | . 074 | . 019 |  | Jebel Moya | Kerma | . 001 |
|  | Total | 47 | . 537 | . 100 | . 015 |  |  | St. Johns | . 040 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 487 |
| CT | Black Earth | 9 | . 593 | . 131 | . 044 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | . 590 | . 055 | . 018 |  |  | Kerma | . 002 |
|  | Kerma | 13 | . 771 | . 131 | . 036 |  |  | St. Johns | . 476 |
|  | St. Johns | 16 | . 666 | . 091 | . 023 |  | Jebel Moya | Kerma | . 002 |
|  | Total | 47 | . 667 | . 126 | . 018 |  |  | St. Johns | . 423 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 067 |
| PA | Black Earth | 9 | . 477 | . 095 | . 032 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | . 483 | . 073 | . 024 |  |  | Kerma | . 037 |
|  | Kerma | 13 | . 597 | . 125 | . 035 |  |  | St. Johns | . 907 |
|  | St. Johns | 16 | . 516 | . 080 | . 020 |  | Jebel Moya | Kerma | . 053 |
|  | Total | 47 | . 525 | . 105 | . 015 |  |  | St. Johns | . 953 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 163 |
| PC | Black Earth | 9 | . 400 | . 097 | . 032 | Hochberg | Black Earth | Jebel Moya | . 993 |
|  | Jebel Moya | 9 | . 421 | . 053 | . 018 |  |  | Kerma | . 107 |
|  | Kerma | 13 | . 482 | . 085 | . 024 |  |  | St. Johns | . 247 |
|  | St. Johns | 16 | . 466 | . 071 | . 018 |  | Jebel Moya | Kerma | . 369 |
|  | Total | 47 | . 449 | . 082 | . 012 |  |  | St. Johns | . 661 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 994 |
| PP | Black Earth | 9 | . 510 | . 123 | . 041 | Hochberg | Black Earth | Jebel Moya | . 870 |
|  | Jebel Moya | 9 | . 472 | . 057 | . 019 |  |  | Kerma | . 264 |
|  | Kerma | 13 | . 575 | . 058 | . 016 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 504 | . 061 | . 015 |  | Jebel Moya | Kerma | . 018 |
|  | Total | 47 | . 519 | . 082 | . 012 |  |  | St. Johns | . 890 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 086 |
| PL | Black Earth | 9 | . 721 | . 162 | . 054 | Hochberg | Black Earth | Jebel Moya | . 320 |
|  | Jebel Moya | 9 | . 602 | . 099 | . 033 |  |  | Kerma | . 992 |
|  | Kerma | 13 | . 754 | . 140 | . 039 |  |  | St. Johns | . 734 |
|  | St. Johns | 16 | . 792 | . 123 | . 031 |  | Jebel Moya | Kerma | . 064 |
|  | Total | 47 | . 731 | . 145 | . 021 |  |  | St. Johns | . 008 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 971 |

Table 7.1.11. ANOVA of residual Tb.Sp between pooled sex populations. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| ANOVA - pooled sex calcaneus residual Tb.Sp |  |  |  |  | Test of Homogeneity of Variances |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AT |  | Sum of Squares | df | Mean <br> Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 089 | 3 | . 030 | 6.277 | . 001 | 1.432 | 3 | 42 | . 247 |
|  | Within Groups | . 198 | 42 | . 005 |  |  |  |  |  |  |
| CC | Total | . 286 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | . 152 | 3 | . 051 | 8.702 | . 000 | . 065 | 3 | 42 | . 978 |
|  | Within Groups | . 245 | 42 | . 006 |  |  |  |  |  |  |
| CT | Total | . 397 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | . 245 | 3 | . 082 | 8.580 | . 000 | . 179 | 3 | 42 | . 910 |
|  | Within Groups | . 400 | 42 | . 010 |  |  |  |  |  |  |
| PA | Total | . 645 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | . 107 | 3 | . 036 | 4.394 | . 009 | . 617 | 3 | 42 | . 608 |
|  | Within Groups | . 340 | 42 | . 008 |  |  |  |  |  |  |
| PC | Total | . 447 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | . 043 | 3 | . 014 | 2.721 | . 056 | . 319 | 3 | 42 | . 812 |
|  | Within Groups | . 222 | 42 | . 005 |  |  |  |  |  |  |
| PP | Total | . 265 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | . 067 | 3 | . 022 | 3.913 | . 015 | 1.740 | 3 | 42 | . 173 |
|  | Within Groups | . 238 | 42 | . 006 |  |  |  |  |  |  |
| PL | Total | . 305 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | . 202 | 3 | . 067 | 4.160 | . 011 | . 090 | 3 | 42 | . 965 |
|  | Within Groups | . 678 | 42 | . 016 |  |  |  |  |  |  |
|  | Total | . 880 | 45 |  |  |  |  |  |  |  |

Table 7.1.12. Pairwise post-hoc comparisons of residual Tb.Sp between pooled sex populations. Achilles tendon (AT), calcaneal tuber ( $C T)$, plantar ligaments ( $P L$ ), posterior talar facet ( $P$ : posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head $(H D)$, plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

Pooled sex calcaneus residual Tb.Sp pairwise post hoc comparisons

| Summary statistics |  |  |  |  | Post Hoc |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :--- | :--- | :--- | :--- | :--- |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise comparison | $\boldsymbol{p}$ |  |  |
| AT | Black Earth | 9 | -.051 | .074 | .025 | Hochberg | Black Earth | Jebel Moya | .991 |  |
|  | Jebel Moya | 9 | -.032 | .077 | .026 |  |  | Kerma | $\mathbf{. 0 0 2}$ |  |
|  | Kerma | 13 | .064 | .082 | .023 |  |  | St. Johns | .780 |  |
|  | St. Johns | 15 | -.016 | .043 | .011 |  | Jebel Moya | Kerma | $\mathbf{. 0 1 5}$ |  |
|  | Total | 46 | -.003 | .080 | .012 |  |  | St. Johns | .994 |  |
|  |  |  |  |  |  |  | Kerma | St. Johns | $\mathbf{. 0 2 2}$ |  |
| CC | Black Earth | 9 | -.044 | .090 | .030 | Hochberg | Black Earth | Jebel Moya | .731 |  |


|  | Jebel Moya | 9 | -. 091 | . 070 | . 023 |  |  | Kerma | . 009 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Kerma | 13 | . 068 | . 080 | . 022 |  |  | St. Johns | . 433 |
|  | St. Johns | 15 | . 011 | . 067 | . 017 |  | Jebel Moya | Kerma | . 000 |
|  | Total | 46 | -. 004 | . 094 | . 014 |  |  | St. Johns | . 017 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 289 |
| CT | Black Earth | 9 | -. 070 | . 120 | . 040 | Hochberg | Black Earth | Jebel Moya | . 999 |
|  | Jebel Moya | 9 | -. 088 | . 082 | . 027 |  |  | Kerma | . 001 |
|  | Kerma | 13 | . 101 | . 104 | . 029 |  |  | St. Johns | . 544 |
|  | St. Johns | 15 | -. 006 | . 085 | . 022 |  | Jebel Moya | Kerma | . 000 |
|  | Total | 46 | -. 004 | . 120 | . 018 |  |  | St. Johns | . 263 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 037 |
| PA | Black Earth | 9 | -. 052 | . 086 | . 029 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | -. 058 | . 095 | . 032 |  |  | Kerma | . 034 |
|  | Kerma | 13 | . 062 | . 104 | . 029 |  |  | St. Johns | . 982 |
|  | St. Johns | 15 | -. 026 | . 075 | . 019 |  | Jebel Moya | Kerma | . 022 |
|  | Total | 46 | -. 013 | . 100 | . 015 |  |  | St. Johns | . 947 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 079 |
| PC | Black Earth | 9 | -. 051 | . 089 | . 030 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | -. 039 | . 070 | . 023 |  |  | Kerma | . 105 |
|  | Kerma | 13 | . 027 | . 074 | . 021 |  |  | St. Johns | . 364 |
|  | St. Johns | 15 | . 005 | . 061 | . 016 |  | Jebel Moya | Kerma | . 228 |
|  | Total | 46 | -. 008 | . 077 | . 011 |  |  | St. Johns | . 622 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 967 |
| PP | Black Earth | 9 | -. 012 | . 122 | . 041 | Hochberg | Black Earth | Jebel Moya | . 844 |
|  | Jebel Moya | 9 | -. 051 | . 059 | . 020 |  |  | Kerma | . 280 |
|  | Kerma | 13 | . 053 | . 057 | . 016 |  |  | St. Johns | 1.000 |
|  | St. Johns | 15 | -. 021 | . 061 | . 016 |  | Jebel Moya | Kerma | . 017 |
|  | Total | 46 | $-.004$ | . 082 | . 012 |  |  | St. Johns | . 921 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 075 |
| PL | Black Earth | 9 | -. 004 | . 151 | . 050 | Hochberg | Black Earth | Jebel Moya | . 200 |
|  | Jebel Moya | 9 | -. 132 | . 121 | . 040 |  |  | Kerma | . 996 |
|  | Kerma | 13 | . 025 | . 122 | . 034 |  |  | St. Johns | . 899 |
|  | St. Johns | 15 | . 050 | . 120 | . 031 |  | Jebel Moya | Kerma | . 040 |
|  | Total | 46 | -. 003 | . 140 | . 021 |  |  | St. Johns | . 009 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 996 |

Table 7.1.13. ANOVA of log10 Conn.D between pooled sex populations. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments $(P L)$, posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| ANOVA - pooled sex calcaneus log10Conn.D |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| AT | Between Groups | . 029 | 3 | . 010 | 0.764 | . 520 | 3.155 | 3 | 44 | . 034 |
|  | Within Groups | . 566 | 44 | . 013 |  |  |  |  |  |  |
|  | Total | . 595 | 47 |  |  |  |  |  |  |  |
| CC | Between Groups | . 181 | 3 | . 060 | 3.261 | . 030 | 1.032 | 3 | 44 | . 388 |
|  | Within Groups | . 814 | 44 | . 019 |  |  |  |  |  |  |
|  | Total | . 995 | 47 |  |  |  |  |  |  |  |
| CT | Between Groups | . 239 | 3 | . 080 | 3.663 | . 019 | . 162 | 3 | 44 | . 921 |
|  | Within Groups | . 957 | 44 | . 022 |  |  |  |  |  |  |
|  | Total | 1.196 | 47 |  |  |  |  |  |  |  |
| PA | Between Groups | . 153 | 3 | . 051 | 2.300 | . 090 | . 627 | 3 | 44 | . 602 |
|  | Within Groups | . 979 | 44 | . 022 |  |  |  |  |  |  |
|  | Total | 1.132 | 47 |  |  |  |  |  |  |  |
| PC | Between Groups | . 366 | 3 | . 122 | 5.612 | . 002 | 1.206 | 3 | 44 | . 319 |
|  | Within Groups | . 958 | 44 | . 022 |  |  |  |  |  |  |
|  | Total | 1.324 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 360 | 3 | . 120 | 8.065 | . 000 | . 864 | 3 | 44 | . 467 |
|  | Within Groups | . 655 | 44 | . 015 |  |  |  |  |  |  |
|  | Total | 1.015 | 47 |  |  |  |  |  |  |  |
|  | Between Groups | . 231 | 3 | . 077 | 2.786 | . 052 | . 351 | 3 | 44 | . 789 |
|  | Within Groups | 1.218 | 44 | . 028 |  |  |  |  |  |  |
|  | Total | 1.449 | 47 |  |  |  |  |  |  |  |

Table 7.1.14. Pairwise post-hoc comparisons of log10 Conn.D between pooled sex populations.

| Pooled sex calcaneus log10Conn.D pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI Population |  | N | Mean | S.D | S.E. | type | pairwis | comparison | $p$ |
| AT | Black Earth | 9 | . 730 | . 062 | . 021 | Games-Howell | Black | Jebel Moya | . 963 |
|  | Jebel Moya | 9 | . 716 | . 061 | . 020 |  | Earth | Kerma | . 523 |
|  | Kerma | 14 | . 666 | . 154 | . 041 |  |  | St. Johns | . 974 |
|  | St. Johns | 16 | . 715 | . 115 | . 029 |  | Jebel | Kerma | . 700 |
|  | Total | 48 | . 704 | . 113 | . 016 |  | Moya | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 764 |
| CC | Black Earth | 9 | . 472 | . 125 | . 042 | Hochberg | Black | Jebel Moya | . 718 |
|  | Jebel Moya | 9 | . 556 | . 079 | . 026 |  | Earth | Kerma | . 672 |
|  | Kerma | 14 | . 552 | . 157 | . 042 |  |  | St. Johns | . 023 |
|  | St. Johns | 16 | . 644 | . 146 | . 037 |  | Jebel | Kerma | 1.000 |
|  | Total | 48 | . 569 | . 146 | . 021 |  | Moya | St. Johns | . 541 |


| CT |  |  |  |  |  | Hochberg | Kerma | St. Johns | . 344 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Black Earth | 9 | . 319 | . 143 | . 048 |  | Black | Jebel Moya | . 815 |
|  | Jebel Moya | 9 | . 400 | . 113 | . 038 |  | Earth | Kerma | . 484 |
|  | Kerma | 14 | . 216 | . 171 | . 046 |  |  | St. Johns | . 977 |
|  | St. Johns | 16 | . 364 | . 144 | . 036 |  | Jebel | Kerma | . 032 |
|  | Total | 48 | . 319 | . 160 | . 023 |  | Moya | St. Johns | . 992 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 052 |
| PA | Black Earth | 9 | . 448 | . 120 | . 040 | Hochberg | Black | Jebel Moya | . 928 |
|  | Jebel Moya | 9 | . 513 | . 120 | . 040 |  | Earth | Kerma | . 975 |
|  | Kerma | 14 | . 495 | . 149 | . 040 |  |  | St. Johns | . 111 |
|  | St. Johns | 16 | . 599 | . 175 | . 044 |  | Jebel | Kerma | 1.000 |
|  | Total | 48 | . 524 | . 155 | . 022 |  | Moya | St. Johns | . 667 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 320 |
| PC | Black Earth | 9 | . 486 | . 085 | . 028 | Hochberg | Black | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | . 472 | . 168 | . 056 |  | Earth | Kerma | . 380 |
|  | Kerma | 14 | . 600 | . 147 | . 039 |  |  | St. Johns | . 013 |
|  | St. Johns | 16 | . 685 | . 162 | . 041 |  | Jebel | Kerma | . 255 |
|  | Total | 48 | . 583 | . 168 | . 024 |  | Moya | St. Johns | . 007 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 518 |
| PP | Black Earth | 9 | . 395 | . 122 | . 041 | Hochberg | Black | Jebel Moya | . 276 |
|  | Jebel Moya | 9 | . 509 | . 083 | . 028 |  | Earth | Kerma | . 055 |
|  | Kerma | 14 | . 536 | . 126 | . 034 |  |  | St. Johns | . 000 |
|  | St. Johns | 16 | . 640 | . 135 | . 034 |  | Jebel | Kerma | . 995 |
|  | Total | 48 | . 539 | . 147 | . 021 |  | Moya | St. Johns | . 073 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 132 |
| PL | Black Earth | 9 | . 273 | . 169 | . 056 | Hochberg | Black | Jebel Moya | . 171 |
|  | Jebel Moya | 9 | . 447 | . 131 | . 044 |  | Earth | Kerma | . 343 |
|  | Kerma | 14 | . 405 | . 165 | . 044 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 293 | . 182 | . 046 |  | Jebel | Kerma | . 991 |
|  | Total | 48 | . 351 | . 176 | . 025 |  | Moya | St. Johns | . 173 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 360 |

Table 7.1.15. ANOVA of residual log10 Conn.D in between pooled sex populations.

| ANOVA - pooled sex calcaneus residual log10Conn.D |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene <br> Statistic | df1 | df2 | $p$ |
| AT | Between Groups | . 037 | 3 | . 012 | 1.224 | . 313 | 4.616 | 3 | 43 | . 007 |
|  | Within Groups | . 435 | 43 | . 010 |  |  |  |  |  |  |
|  | Total | . 472 | 46 |  |  |  |  |  |  |  |
| CC | Between Groups | . 225 | 3 | . 075 | 5.050 | . 004 | . 980 | 3 | 43 | . 411 |
|  | Within Groups | . 640 | 43 | . 015 |  |  |  |  |  |  |
|  | Total | . 865 | 46 |  |  |  |  |  |  |  |
| CT | Between Groups | . 282 | 3 | . 094 | 5.428 | . 003 | . 529 | 3 | 43 | . 665 |
|  | Within Groups | . 745 | 43 | . 017 |  |  |  |  |  |  |
|  | Total | 1.027 | 46 |  |  |  |  |  |  |  |
| PA | Between Groups | . 201 | 3 | . 067 | 3.717 | . 018 | . 584 | 3 | 43 | . 629 |
|  | Within Groups | . 774 | 43 | . 018 |  |  |  |  |  |  |
|  | Total | . 975 | 46 |  |  |  |  |  |  |  |
| PC | Between Groups | . 406 | 3 | . 135 | 7.721 | . 000 | 1.943 | 3 | 43 | . 137 |
|  | Within Groups | . 754 | 43 | . 018 |  |  |  |  |  |  |
|  | Total | 1.160 | 46 |  |  |  |  |  |  |  |
| PP | Between Groups | . 407 | 3 | . 136 | 10.281 | . 000 | . 457 | 3 | 43 | . 714 |
|  | Within Groups | . 567 | 43 | . 013 |  |  |  |  |  |  |
|  | Total | . 974 | 46 |  |  |  |  |  |  |  |
| PL | Between Groups | . 236 | 3 | . 079 | 3.468 | . 024 | . 347 | 3 | 43 | . 792 |
|  | Within Groups | . 976 | 43 | . 023 |  |  |  |  |  |  |
|  | Total | 1.213 | 46 |  |  |  |  |  |  |  |

Table 7.1.16. Pairwise post-hoc comparisons of residual log10Conn.D between pooled sex populations.

| Pooled sex calcaneus residual $\log 10$ Conn.D pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| $\begin{aligned} & \text { VOI } \\ & \text { AT } \end{aligned}$ | Population | N | Mean | S.D | S.E. | type <br> Games-Howell | pairwise comparison |  | $\begin{aligned} & p \\ & .975 \end{aligned}$ |
|  | Black Earth | 9 | . 018 | . 040 | . 013 |  | Black Earth | Jebel Moya <br> Kerma |  |
|  | Jebel Moya | 9 | . 029 | . 074 | . 025 |  |  |  | . 482 |
|  | Kerma | 14 | -. 039 | . 136 | . 036 |  |  | St. Johns | 1.000 |
|  | St. Johns | 15 | . 020 | . 099 | . 026 |  | Jebel | Kerma | . 426 |
|  | Total | 47 | . 004 | . 101 | . 015 |  | Moya | St. Johns | . 994 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 553 |
| CC | Black Earth | 9 | -. 103 | . 100 | . 033 | Hochberg | Black | Jebel Moya | . 334 |
|  | Jebel Moya | 9 | . 005 | . 099 | . 033 |  | Earth | Kerma | . 466 |
|  | Kerma | 14 | -. 016 | . 128 | . 034 |  |  | St. Johns | . 003 |
|  | St. Johns | 15 | . 092 | . 138 | . 036 |  | Jebel | Kerma | . 999 |
|  | Total | 47 | . 006 | . 137 | . 020 |  | Moya | St. Johns | . 442 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 118 |
| CT | Black Earth | 9 | -. 012 | . 128 | . 043 | Hochberg | Black | Jebel Moya | . 450 |
|  | Jebel Moya | 9 | . 093 | . 145 | . 048 |  | Earth | Kerma | . 434 |



Table 7.1.17. PCA scores - calcaneus. Variables contributing >. 15 are in bold.

|  |  | PC1 | PC2 | PC3 | PC4 | PC5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Standard deviation |  | 3.83 | 2.90 | 1.38 | 1.33 | 1.10 |
| Proportion of Variance |  | 0.42 | 0.24 | 0.05 | 0.05 | 0.03 |
| Cumulative Proportion |  | 0.42 | 0.66 | 0.71 | 0.76 | 0.80 |
| PC scores |  |  |  |  |  |  |
| VOI | Properties | PC1 | PC2 | PC3 | PC4 | PC5 |
| AT | BV/TV | -0.23 | 0.06 | 0.14 | -0.08 | 0.11 |
|  | Tb.Th | -0.22 | -0.09 | 0.05 | -0.06 | 0.13 |
|  | DA | 0.02 | 0.06 | 0.39 | 0.37 | -0.16 |
|  | Res. Tb.Sp | 0.18 | -0.18 | -0.19 | 0.06 | 0.00 |
|  | Res. Conn.D | -0.04 | 0.26 | 0.01 | -0.28 | -0.04 |
| CC | BV/TV | -0.23 | -0.02 | 0.04 | 0.07 | -0.13 |
|  | Tb.Th | -0.20 | -0.16 | 0.07 | 0.08 | -0.12 |
|  | DA | 0.01 | -0.23 | -0.02 | -0.15 | -0.39 |
|  | Res. Tb.Sp | 0.19 | -0.16 | -0.03 | -0.07 | 0.06 |
|  | Res. Conn.D | 0.04 | 0.31 | 0.02 | 0.04 | 0.02 |
| CT | BV/TV | -0.24 | 0.01 | 0.01 | -0.07 | 0.03 |
|  | Tb.Th | -0.20 | -0.12 | -0.01 | 0.02 | 0.16 |
|  | DA | 0.04 | -0.24 | 0.12 | -0.09 | -0.25 |
|  | Res. Tb.Sp | 0.20 | -0.17 | -0.05 | 0.13 | 0.05 |
|  | Res. Conn.D | -0.08 | 0.26 | -0.04 | -0.18 | -0.02 |
| PA | BV/TV | -0.24 | -0.01 | -0.03 | 0.14 | 0.01 |
|  | Tb.Th | -0.21 | -0.16 | -0.05 | 0.14 | -0.07 |
|  | DA | 0.07 | -0.13 | 0.38 | -0.19 | -0.22 |
|  | Res. Tb.Sp | 0.19 | -0.17 | -0.12 | -0.02 | -0.02 |
|  | Res. Conn.D | 0.05 | 0.29 | 0.03 | -0.13 | 0.16 |
| PC | BV/TV | -0.24 | -0.06 | -0.03 | 0.07 | -0.03 |
|  | Tb.Th | -0.20 | -0.17 | -0.08 | 0.10 | -0.07 |
|  | DA | 0.02 | -0.20 | 0.21 | -0.44 | -0.08 |
|  | Res. Tb.Sp | 0.20 | -0.12 | -0.14 | 0.08 | 0.05 |
|  | Res. Conn.D | 0.12 | 0.25 | 0.19 | -0.12 | 0.13 |
| PP | BV/TV | -0.24 | -0.02 | 0.04 | -0.07 | 0.03 |
|  | Tb.Th | -0.21 | -0.14 | 0.01 | -0.05 | 0.13 |
|  | DA | -0.04 | -0.16 | 0.04 | -0.47 | -0.03 |
|  | Res. Tb.Sp | 0.17 | -0.16 | -0.14 | 0.17 | 0.11 |
|  | Res. Conn.D | 0.09 | 0.27 | 0.08 | 0.04 | -0.17 |
| PL | BV/TV | -0.23 | 0.05 | -0.02 | 0.11 | -0.02 |
|  | Tb.Th | -0.22 | -0.07 | 0.07 | 0.01 | 0.27 |
|  | DA | 0.07 | 0.01 | 0.54 | 0.27 | -0.18 |
|  | Res. Tb.Sp | 0.17 | -0.15 | 0.21 | -0.06 | 0.36 |
|  | Res. Conn.D | -0.05 | 0.19 | -0.36 | -0.04 | -0.50 |

Table 7.1.18. ANOVA of PC scores between pooled sex populations.

| ANOVA - Calcaneus pooled VOIs |  |  |  |  | Levene's Test |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PC1 |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | 337.59 | 3 | 112.531 | 14.61 | . 000 | . 065 | 3 | 42 | . 978 |
|  | Within Groups | 323.46 | 42 | 7.701 |  |  |  |  |  |  |
| PC2 | Total | 661.05 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | 86.44 | 3 | 28.812 | 4.16 | . 011 | . 749 | 3 | 42 | . 529 |
|  | Within Groups | 290.82 | 42 | 6.924 |  |  |  |  |  |  |
| PC3 | Total | 377.25 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | 17.80 | 3 | 5.935 | 3.70 | . 019 | . 411 | 3 | 42 | . 746 |
|  | Within Groups | 67.30 | 42 | 1.602 |  |  |  |  |  |  |
| PC4 | Total | 85.11 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | 7.81 | 3 | 2.603 | 1.53 | . 220 | 2.600 | 3 | 42 | . 065 |
|  | Within Groups | 71.31 | 42 | 1.698 |  |  |  |  |  |  |
| PC5 | Total | 79.12 | 45 |  |  |  |  |  |  |  |
|  | Between Groups | 9.52 | 3 | 3.174 | 2.96 | . 043 | . 375 | 3 | 42 | . 771 |
|  | Within Groups | 45.07 | 42 | 1.073 |  |  |  |  |  |  |
|  | Total | 54.59 | 45 |  |  |  |  |  |  |  |

Table 7.1.19. Pairwise post-hoc comparisons of PC scores between pooled sex populations.

| Calcaneus | Populations | N | Mean | S.D. | S.E. | Hochberg's GT2 | $p$ |  |
| :--- | :--- | ---: | ---: | ---: | :--- | :--- | :--- | :--- |
| PC1 | Black Earth | 9 | -3.54 | 3.40 | 1.13 | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | -3.12 | 3.02 | 1.01 |  | Kerma | $\mathbf{. 0 0 0}$ |
|  | Kerma | 13 | 2.76 | 2.49 | 0.69 |  | St. Johns | $\mathbf{. 0 0 0}$ |
|  | St. Johns | 15 | 1.60 | 2.45 | 0.63 | Jebel Moya | Kerma | $\mathbf{. 0 0 0}$ |
|  | Total | 46 | 0.00 | 3.83 | 0.57 |  | St. Johns | $\mathbf{. 0 0 1}$ |
|  |  |  |  |  |  | Kerma | St. Johns | .843 |
| PC2 | Black Earth | 9 | -1.87 | 1.90 | 0.63 | Black Earth | Jebel Moya | .316 |
|  | Jebel Moya | 9 | 0.49 | 2.30 | 0.77 |  | Kerma | .958 |
|  | Kerma | 13 | -0.95 | 2.79 | 0.77 |  | St. Johns | $\mathbf{. 0 1 6}$ |
|  | St. Johns | 15 | 1.65 | 3.00 | 0.77 | Jebel Moya | Kerma | .751 |
|  | Total | 46 | 0.00 | 2.90 | 0.43 |  | St. Johns | .873 |
|  |  |  |  |  |  | Kerma | St. Johns | .071 |
| PC3 | Black Earth | 9 | 0.10 | 1.34 | 0.45 | Black Earth | Jebel Moya | .788 |
|  | Jebel Moya | 9 | -0.62 | 1.18 | 0.39 |  | Kerma | .772 |
|  | Kerma | 13 | -0.58 | 1.48 | 0.41 |  | St. Johns | .696 |
|  | St. Johns | 15 | 0.81 | 1.05 | 0.27 | Jebel Moya | Kerma | 1.000 |
|  | Total | 46 | 0.00 | 1.38 | 0.20 |  | St. Johns | .059 |
|  |  |  |  |  |  | Kerma | St. Johns | $\mathbf{. 0 3 5}$ |
| PC4 | Black Earth | 9 | -0.81 | 0.90 | 0.30 | Black Earth | Jebel Moya | .393 |
|  | Jebel Moya | 9 | 0.28 | 1.78 | 0.59 |  | Kerma | .556 |
|  | Kerma | 13 | 0.06 | 1.52 | 0.42 |  | St. Johns | .277 |
|  | St. Johns | 15 | 0.27 | 0.92 | 0.24 | Jebel Moya | Kerma | .999 |
|  | Total | 46 | 0.00 | 1.33 | 0.20 |  | St. Johns | 1.000 |
|  |  |  |  |  |  | Kerma | St. Johns | .998 |
| PC5 | Black Earth | 9 | 0.60 | 1.08 | 0.36 | Black Earth | Jebel Moya | .166 |
|  | Jebel Moya | 9 | -0.49 | 1.02 | 0.34 |  | Kerma | .137 |
|  | Kerma | 13 | -0.44 | 0.87 | 0.24 |  | St. Johns | .987 |
|  | St. Johns | 15 | 0.32 | 1.14 | 0.29 | Jebel Moya | Kerma | 1.000 |
|  | Total | 46 | 0.00 | 1.10 | 0.16 |  | St. Johns | .343 |
|  |  |  |  |  |  | Kerma | St. Johns | .294 |
|  |  |  |  |  |  |  |  |  |

MT1
Table 7.1.20. ANOVA of BV/TV between pooled sex populations.

| ANOVA - pooled sex MT1 BV/TV |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BD |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic |  | df2 | $p$ |
|  | Between Groups | . 054 | 3 | . 018 | 4.478 | . 008 | 1.389 | 3 | 41 | . 260 |
|  | Within Groups | . 166 | 41 | . 004 |  |  |  |  |  |  |
| BP | Total | . 220 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 044 | 3 | . 015 | 4.768 | . 006 | 1.650 | 3 | 41 | . 193 |
|  | Within Groups | . 127 | 41 | . 003 |  |  |  |  |  |  |
| HD | Total | . 172 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 074 | 3 | . 025 | 12.898 | . 000 | . 140 | 3 | 41 | . 936 |
|  | Within Groups | . 078 | 41 | . 002 |  |  |  |  |  |  |
| HP | Total | . 152 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 040 | 3 | . 013 | 5.221 | . 004 | . 716 | 3 | 41 | . 548 |
|  | Within Groups | . 105 | 41 | . 003 |  |  |  |  |  |  |
|  | Total | . 146 | 44 |  |  |  |  |  |  |  |

Table 7.1.21. Pairwise post-hoc comparisons of BV/TV between pooled sex populations.

| Pooled sex MT1 BV/TV pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise con | parison | $p$ |
| BD | Black Earth | 10 | . 446 | . 083 | . 026 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | . 457 | . 087 | . 043 |  |  | Kerma | . 041 |
|  | Kerma | 13 | . 370 | . 046 | . 013 |  |  | St. Johns | . 058 |
|  | St. Johns | 18 | . 378 | . 057 | . 014 |  | Jebel Moya | Kerma | . 114 |
|  | Total | 45 | . 398 | . 071 | . 011 |  |  | St. Johns | . 158 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| BP | Black Earth | 10 | . 325 | . 069 | . 022 | Hochberg | Black Earth | Jebel Moya | . 992 |
|  | Jebel Moya | 4 | . 305 | . 073 | . 036 |  |  | Kerma | . 004 |
|  | Kerma | 13 | . 239 | . 048 | . 013 |  |  | St. Johns | . 214 |
|  | St. Johns | 18 | . 278 | . 049 | . 012 |  | Jebel Moya | Kerma | . 228 |
|  | Total | 45 | . 280 | . 062 | . 009 |  |  | St. Johns | . 939 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 302 |
| HD | Black Earth | 10 | . 467 | . 047 | . 015 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | . 472 | . 052 | . 026 |  |  | Kerma | . 000 |
|  | Kerma | 13 | . 383 | . 036 | . 010 |  |  | St. Johns | . 000 |
|  | St. Johns | 18 | . 380 | . 045 | . 011 |  | Jebel Moya | Kerma | . 005 |
|  | Total | 45 | . 408 | . 059 | . 009 |  |  | St. Johns | . 003 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| HP | Black Earth | 10 | . 346 | . 050 | . 016 | Hochberg | Black Earth | Jebel Moya | . 986 |
|  | Jebel Moya | 4 | . 366 | . 077 | . 038 |  |  | Kerma | . 012 |
|  | Kerma | 13 | . 276 | . 048 | . 013 |  |  | St. Johns | . 356 |
|  | St. Johns | 18 | . 309 | . 047 | . 011 |  | Jebel Moya | Kerma | . 021 |
|  | Total | 45 | . 313 | . 058 | . 009 |  |  | St. Johns | . 263 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 367 |

Table 7.1.22. ANOVA of DA between pooled sex populations.

| ANOVA - pooled sex MT1 DA |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BD |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 059 | 3 | . 020 | 12.296 | . 000 | 1.269 | 3 | 40 | . 298 |
|  | Within Groups | . 064 | 40 | . 002 |  |  |  |  |  |  |
| BP | Total | . 123 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 058 | 3 | . 019 | 4.921 | . 005 | 3.251 | 3 | 40 | . 032 |
|  | Within Groups | . 156 | 40 | . 004 |  |  |  |  |  |  |
| HD | Total | . 213 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 015 | 3 | . 005 | 2.276 | . 094 | 1.805 | 3 | 40 | . 162 |
|  | Within Groups | . 086 | 40 | . 002 |  |  |  |  |  |  |
| HP | Total | . 100 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 028 | 3 | . 009 | 2.256 | . 097 | 2.225 | 3 | 40 | . 100 |
|  | Within Groups | . 163 | 40 | . 004 |  |  |  |  |  |  |
|  | Total | . 191 | 43 |  |  |  |  |  |  |  |

Table 7.1.23. Pairwise post-hoc comparisons of DA between pooled sex populations.

| Pooled sex MT1 DA pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  | Post Hoc |  |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise con | parison | $p$ |
| BD | Black Earth | 10 | . 802 | . 039 | . 012 | Hochberg | Black Earth | Jebel Moya | . 417 |
|  | Jebel Moya | 4 | . 761 | . 025 | . 013 |  |  | Kerma | . 719 |
|  | Kerma | 13 | . 780 | . 034 | . 009 |  |  | St. Johns | . 000 |
|  | St. Johns | 17 | . 713 | . 046 | . 011 |  | Jebel Moya | Kerma | . 952 |
|  | Total | 44 | . 757 | . 053 | . 008 |  |  | St. Johns | . 212 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 000 |
| BP | Black Earth | 10 | . 621 | . 042 | . 013 | Games- | Black Earth | Jebel Moya | . 180 |
|  | Jebel Moya | 4 | . 586 | . 018 | . 009 | Howell |  | Kerma | . 837 |
|  | Kerma | 13 | . 598 | . 088 | . 024 |  |  | St. Johns | . 001 |
|  | St. Johns | 17 | . 533 | . 053 | . 013 |  | Jebel Moya | Kerma | . 965 |
|  | Total | 44 | . 577 | . 070 | . 011 |  |  | St. Johns | . 021 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 128 |
| HD | Black Earth | 10 | . 767 | . 028 | . 009 | Hochberg | Black Earth | Jebel Moya | . 109 |
|  | Jebel Moya | 4 | . 700 | . 075 | . 037 |  |  | Kerma | . 939 |
|  | Kerma | 13 | . 750 | . 037 | . 010 |  |  | St. Johns | . 433 |
|  | St. Johns | 17 | . 735 | . 053 | . 013 |  | Jebel Moya | Kerma | . 337 |
|  | Total | 44 | . 744 | . 048 | . 007 |  |  | St. Johns | . 684 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 947 |
| HP | Black Earth | 10 | . 602 | . 025 | . 008 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | . 590 | . 095 | . 047 |  |  | Kerma | . 296 |
|  | Kerma | 13 | . 654 | . 080 | . 022 |  |  | St. Johns | 1.000 |
|  | St. Johns | 17 | . 601 | . 058 | . 014 |  | Jebel Moya | Kerma | . 399 |
|  | Total | 44 | . 616 | . 067 | . 010 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 157 |

Table 7.1.24. ANOVA of residual DA between pooled sex populations.

| ANOVA - pooled sex MT1 residual DA |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| BD | Between Groups | . 057 | 3 | . 019 | 11.786 | . 000 | 1.246 | 3 | 38 | . 307 |
|  | Within Groups | . 061 | 38 | . 002 |  |  |  |  |  |  |
|  | Total | . 119 | 41 |  |  |  |  |  |  |  |
| BP | Between Groups | . 057 | 3 | . 019 | 4.863 | . 006 | 3.714 | 3 | 38 | . 019 |
|  | Within Groups | . 148 | 38 | . 004 |  |  |  |  |  |  |
|  | Total | . 205 | 41 |  |  |  |  |  |  |  |
| HD | Between Groups | . 013 | 3 | . 004 | 2.024 | . 127 | 1.679 | 3 | 38 | . 188 |
|  | Within Groups | . 083 | 38 | . 002 |  |  |  |  |  |  |
|  | Total | . 097 | 41 |  |  |  |  |  |  |  |
| HP | Between Groups | . 021 | 3 | . 007 | 1.660 | . 192 | 2.085 | 3 | 38 | . 118 |
|  | Within Groups | . 160 | 38 | . 004 |  |  |  |  |  |  |
|  | Total | . 181 |  |  |  |  |  |  |  |  |

Table 7.1.25. Pairwise post-hoc comparisons of residual DA between pooled sex populations.

| Pooled sex MT1 residual DA pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| $\begin{aligned} & \text { VOI } \\ & \text { BD } \end{aligned}$ | Population | N | Mean | S.D | S.E. | type <br> Hochberg | pairwise comparison |  | $p$ |
|  | Black Earth | 10 | . 043 | . 039 | . 012 |  | Black Earth | Jebel Moya | . 431 |
|  | Jebel Moya | 4 | . 002 | . 025 | . 013 |  |  | Kerma | . 715 |
|  | Kerma | 11 | . 020 | . 034 | . 010 |  |  | St. Johns | . 000 |
|  | St. Johns | 17 | -. 045 | . 046 | . 011 |  | Jebel Moya | Kerma | . 969 |
|  | Total | 42 | -. 002 | . 054 | . 008 |  |  | St. Johns | . 217 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 001 |
| BP | Black Earth | 10 | . 047 | . 046 | . 015 | Games-Howell | Black Earth | Jebel Moya | . 156 |
|  | Jebel Moya | 4 | . 002 | . 026 | . 013 |  |  | Kerma | . 730 |
|  | Kerma | 11 | . 015 | . 092 | . 028 |  |  | St. Johns | . 001 |
|  | St. Johns | 17 | -. 043 | . 051 | . 012 |  | Jebel Moya | Kerma | . 974 |
|  | Total | 42 | -. 002 | . 071 | . 011 |  |  | St. Johns | . 115 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 264 |
| HD | Black Earth | 10 | . 032 | . 028 | . 009 | Hochberg | Black Earth | Jebel Moya | . 134 |
|  | Jebel Moya | 4 | -. 032 | . 074 | . 037 |  |  | Kerma | . 844 |
|  | Kerma | 11 | . 010 | . 039 | . 012 |  |  | St. Johns | . 468 |
|  | St. Johns | 17 | . 001 | . 053 | . 013 |  | Jebel Moya | Kerma | . 550 |
|  | Total | 42 | . 008 | . 049 | . 007 |  |  | St. Johns | . 725 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 998 |
| HP | Black Earth | 10 | -. 013 | . 029 | . 009 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | -. 013 | . 093 | . 047 |  |  | Kerma | . 352 |
|  | Kerma | 11 | . 040 | . 082 | . 025 |  |  | St. Johns | 1.000 |
|  | St. Johns | 17 | -. 010 | . 060 | . 015 |  | Jebel Moya | Kerma | . 666 |
|  | Total | 42 | . 002 | . 066 | . 010 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 286 |

Table 7.1.26. ANOVA of Tb.Th between pooled sex populations.

| ANOVA - MT1 pooled Tb.Th |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BD |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 020 | 3 | . 007 | 8.055 | . 000 | 3.738 | 3 | 41 | . 018 |
|  | Within Groups | . 035 | 41 | . 001 |  |  |  |  |  |  |
| BP | Total | . 055 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 024 | 3 | . 008 | 7.906 | . 000 | 3.085 | 3 | 41 | . 038 |
|  | Within Groups | . 041 | 41 | . 001 |  |  |  |  |  |  |
| HD | Total | . 065 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 020 | 3 | . 007 | 11.892 | . 000 | 2.766 | 3 | 41 | . 054 |
|  | Within Groups | . 023 | 41 | . 001 |  |  |  |  |  |  |
| HP | Total | . 043 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 017 | 3 | . 006 | 6.325 | . 001 | 3.264 | 3 | 41 | . 031 |
|  | Within Groups | . 036 | 41 | . 001 |  |  |  |  |  |  |
|  | Total | . 052 |  |  |  |  |  |  |  |  |

Table 7.1.27. Pairwise post-hoc comparisons of Tb.Th between pooled sex populations.

| Pooled sex MT1 Tb.Th pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise com | parison | $p$ |
| BD | Black Earth | 10 | . 282 | . 047 | . 015 | Games-Howell | Black Earth | Jebel Moya | . 968 |
|  | Jebel Moya | 4 | . 291 | . 026 | . 013 |  |  | Kerma | . 173 |
|  | Kerma | 13 | . 246 | . 021 | . 006 |  |  | St. Johns | . 050 |
|  | St. Johns | 18 | . 235 | . 021 | . 005 |  | Jebel Moya | Kerma | . 110 |
|  | Total | 45 | . 253 | . 035 | . 005 |  |  | St. Johns | . 057 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 452 |
| BP | Black Earth | 10 | . 271 | . 049 | . 016 | Games-Howell | Black Earth | Jebel Moya | . 999 |
|  | Jebel Moya | 4 | . 269 | . 023 | . 012 |  |  | Kerma | . 113 |
|  | Kerma | 13 | . 228 | . 028 | . 008 |  |  | St. Johns | . 032 |
|  | St. Johns | 18 | . 217 | . 022 | . 005 |  | Jebel Moya | Kerma | . 094 |
|  | Total | 45 | . 237 | . 038 | . 006 |  |  | St. Johns | . 044 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 646 |
| HD | Black Earth | 10 | . 282 | . 037 | . 012 | Hochberg | Black Earth | Jebel Moya | . 992 |
|  | Jebel Moya | 4 | . 274 | . 012 | . 006 |  |  | Kerma | . 000 |
|  | Kerma | 13 | . 230 | . 018 | . 005 |  |  | St. Johns | . 000 |
|  | St. Johns | 18 | . 239 | . 020 | . 005 |  | Jebel Moya | Kerma | . 014 |
|  | Total | 45 | . 249 | . 031 | . 005 |  |  | St. Johns | . 059 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 888 |
| HP | Black Earth | 10 | . 283 | . 042 | . 013 | Games-Howell | Black Earth | Jebel Moya | . 988 |
|  | Jebel Moya | 4 | . 278 | . 019 | . 009 |  |  | Kerma | . 038 |
|  | Kerma | 13 | . 237 | . 028 | . 008 |  |  | St. Johns | . 070 |
|  | St. Johns | 18 | . 243 | . 024 | . 006 |  | Jebel Moya | Kerma | . 044 |
|  | Total | 45 | . 253 | . 034 | . 005 |  |  | St. Johns | . 083 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 899 |

Table 7.1.28. ANOVA of Tb.Sp between pooled sex populations.

| ANOVA - pooled sex MT1 Tb.Sp |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BD |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 034 | 3 | . 011 | 4.411 | . 009 | 1.262 | 3 | 41 | . 300 |
|  | Within Groups | . 105 | 41 | . 003 |  |  |  |  |  |  |
| BP | Total | . 138 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 100 | 3 | . 033 | 4.292 | . 010 | . 345 | 3 | 41 | . 793 |
|  | Within Groups | . 317 | 41 | . 008 |  |  |  |  |  |  |
| HD | Total | . 417 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 025 | 3 | . 008 | 3.829 | . 017 | . 899 | 3 | 41 | . 450 |
|  | Within Groups | . 089 | 41 | . 002 |  |  |  |  |  |  |
| HP | Total | . 115 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 043 | 3 | . 014 | 2.059 | . 121 | 3.655 | 3 | 41 | . 020 |
|  | Within Groups | . 285 | 41 | . 007 |  |  |  |  |  |  |
|  | Total | . 328 | 44 |  |  |  |  |  |  |  |

Table 7.1.29. Pairwise post-hoc comparisons of Tb.Sp between pooled sex populations.


Table 7.1.30. ANOVA of residual Tb.Sp between pooled sex populations.

| ANOVA - pooled sex MT1 residual Tb.Sp |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BD |  | Sum of Squares |  | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 034 | 3 | . 011 | 4.449 | . 009 | 1.775 | 3 | 39 | . 168 |
|  | Within Groups | . 099 | 39 | . 003 |  |  |  |  |  |  |
| BP | Total | . 133 | 42 |  |  |  |  |  |  |  |
|  | Between Groups | . 094 | 3 | . 031 | 4.585 | . 008 | . 473 | 3 | 39 | . 703 |
|  | Within Groups | . 267 | 39 | . 007 |  |  |  |  |  |  |
| HD | Total | . 362 | 42 |  |  |  |  |  |  |  |
|  | Between Groups | . 025 | 3 | . 008 | 4.082 | . 013 | . 854 | 3 | 39 | . 473 |
|  | Within Groups | . 078 | 39 | . 002 |  |  |  |  |  |  |
| HP | Total | . 103 | 42 |  |  |  |  |  |  |  |
|  | Between Groups | . 044 | 3 | . 015 | 2.242 | . 099 | 3.924 | 3 | 39 | . 015 |
|  | Within Groups | . 254 |  | . 007 |  |  |  |  |  |  |
|  | Total | . 297 |  |  |  |  |  |  |  |  |

Table 7.1.31. Pairwise post-hoc comparisons of residual Tb.Sp between pooled sex populations.

| Pooled sex MT1 residual Tb.Sp pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise comparison |  | $p$ |
| BD | Black Earth | 10 | -. 030 | . 051 | . 016 | Hochberg | Black | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | -. 027 | . 082 | . 041 |  | Earth | Kerma | . 010 |
|  | Kerma | 11 | . 044 | . 046 | . 014 |  |  | St. Johns | . 688 |
|  | St. Johns | 18 | -. 003 | . 045 | . 011 |  | Jebel | Kerma | . 108 |
|  | Total | 43 | . 000 | . 056 | . 009 |  | Moya | St. Johns | . 943 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 101 |
| BP | Black Earth | 10 | -. 015 | . 060 | . 019 | Hochberg | Black | Jebel Moya | . 998 |
|  | Jebel Moya | 4 | . 006 | . 090 | . 045 |  | Earth | Kerma | . 100 |
|  | Kerma | 11 | . 075 | . 090 | . 027 |  |  | St. Johns | . 959 |
|  | St. Johns | 18 | -. 041 | . 087 | . 021 |  | Jebel | Kerma | . 643 |
|  | Total | 43 | -. 001 | . 093 | . 014 |  | Moya | St. Johns | . 878 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 004 |
| HD | Black Earth | 10 | -. 019 | . 034 | . 011 | Hochberg | Black | Jebel Moya | . 972 |
|  | Jebel Moya | 4 | -. 039 | . 063 | . 031 |  | Earth | Kerma | . 501 |
|  | Kerma | 11 | . 013 | . 040 | . 012 |  |  | St. Johns | . 052 |
|  | St. Johns | 18 | . 030 | . 049 | . 011 |  | Jebel | Kerma | . 285 |
|  | Total | 43 | . 008 | . 049 | . 008 |  | Moya | St. Johns | . 051 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 903 |
| HP | Black Earth | 10 | -. 020 | . 046 | . 015 | Games- | Black | Jebel Moya | . 949 |
|  | Jebel Moya | 4 | -. 046 | . 096 | . 048 | Howell | Earth | Kerma | . 210 |
|  | Kerma | 11 | . 054 | . 107 | . 032 |  |  | St. Johns | . 888 |
|  | St. Johns | 18 | -. 004 | . 074 | . 017 |  |  | Kerma | . 390 |
|  | Total | 43 | . 003 | . 084 | . 013 |  | Moya | St. Johns | . 838 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 429 |

Table 7.1.32. ANOVA of log10 Conn.D between pooled sex populations.

| ANOVA - pooled sex MT1 log10Conn.D |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BD |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 238 | 3 | . 079 | 7.565 | . 000 | . 872 | 3 | 41 | . 463 |
|  | Within Groups | . 430 | 41 | . 010 |  |  |  |  |  |  |
| BP | Total | . 668 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 326 | 3 | . 109 | 6.434 | . 001 | 2.443 | 3 | 41 | . 078 |
|  | Within Groups | . 692 | 41 | . 017 |  |  |  |  |  |  |
| HD | Total | 1.017 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 092 | 3 | . 031 | 1.853 | . 153 | . 203 | 3 | 41 | . 894 |
|  | Within Groups | . 678 | 41 | . 017 |  |  |  |  |  |  |
|  | Total | . 770 | 44 |  |  |  |  |  |  |  |
|  | Between Groups | . 014 | 3 | . 005 | . 263 | . 851 | 1.015 | 3 | 41 | . 396 |
|  | Within Groups | . 734 | 41 | . 018 |  |  |  |  |  |  |
|  | Total | . 748 | 44 |  |  |  |  |  |  |  |

Table 7.1.33. Pairwise post-hoc comparisons of log10 Conn.D between pooled sex populations.

| Pooled sex MT1 log10Conn.D pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise com | parison | $p$ |
| BD | Black Earth | 10 | . 772 | . 106 | . 034 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | . 760 | . 072 | . 036 |  |  | Kerma | . 573 |
|  | Kerma | 13 | . 837 | . 123 | . 034 |  |  | St. Johns | . 001 |
|  | St. Johns | 18 | . 939 | . 088 | . 021 |  | Jebel Moya | Kerma | . 716 |
|  | Total | 45 | . 857 | . 123 | . 018 |  |  | St. Johns | . 017 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 051 |
| BP | Black Earth | 10 | . 739 | . 143 | . 045 | Hochberg | Black Earth | Jebel Moya | . 983 |
|  | Jebel Moya | 4 | . 687 | . 014 | . 007 |  |  | Kerma | . 996 |
|  | Kerma | 13 | . 712 | . 157 | . 044 |  |  | St. Johns | . 032 |
|  | St. Johns | 18 | . 889 | . 111 | . 026 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 45 | . 787 | . 152 | . 023 |  |  | St. Johns | . 043 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 003 |
| HD | Black Earth | 10 | . 784 | . 126 | . 040 | Hochberg | Black Earth | Jebel Moya | . 998 |
|  | Jebel Moya | 4 | . 817 | . 119 | . 060 |  |  | Kerma | . 186 |
|  | Kerma | 13 | . 902 | . 135 | . 038 |  |  | St. Johns | . 986 |
|  | St. Johns | 18 | . 816 | . 127 | . 030 |  | Jebel Moya | Kerma | . 816 |
|  | Total | 45 | . 834 | . 132 | . 020 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 363 |
| HP | Black Earth | 10 | . 692 | . 106 | . 034 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | . 692 | . 109 | . 054 |  |  | Kerma | 1.000 |
|  | Kerma | 13 | . 696 | . 164 | . 046 |  |  | St. Johns | . 976 |
|  | St. Johns | 18 | . 730 | . 127 | . 030 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 45 | . 709 | . 130 | . 019 |  |  | St. Johns | . 996 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 980 |

Table 7.1.34. ANOVA of residual log10 Conn.D in between pooled sex populations.

| ANOVA - pooled sex MT1 residual log10Conn.D |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares |  | Mean Square | F | $p$ | Levene <br> Statistic | df1 | df2 | $p$ |
| BD | Between Groups | . 244 | 3 | . 081 | 8.609 | . 000 | . 473 | 3 | 39 | . 703 |
|  | Within Groups | . 368 | 39 | . 009 |  |  |  |  |  |  |
|  | Total | . 612 | 42 |  |  |  |  |  |  |  |
| BP | Between Groups | . 325 | 3 | . 108 | 8.036 | . 000 | . 815 | 3 | 39 | . 494 |
|  | Within Groups | . 525 | 39 | . 013 |  |  |  |  |  |  |
|  | Total | . 850 | 42 |  |  |  |  |  |  |  |
| HD | Between Groups | . 121 | 3 | . 040 | 3.082 | . 038 | . 121 | 3 | 39 | . 947 |
|  | Within Groups | . 508 | 39 | . 013 |  |  |  |  |  |  |
|  | Total | . 629 | 42 |  |  |  |  |  |  |  |
| HP | Between Groups | . 018 | 3 | . 006 | . 352 | . 788 | 1.265 | 3 | 39 | . 300 |
|  | Within Groups | . 657 | 39 | . 017 |  |  |  |  |  |  |
|  | Total | . 675 |  |  |  |  |  |  |  |  |

Table 7.1.35. Pairwise post-hoc comparisons of residual log10Conn.D between pooled sex populations.

Pooled sex MT1 residual log10Conn.D pairwise post hoc comparisons

| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise com | parison | $p$ |
| BD | Black Earth | 10 | -. 084 | . 092 | . 029 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | -. 068 | . 096 | . 048 |  |  | Kerma | . 331 |
|  | Kerma | 11 | -. 005 | . 120 | . 036 |  |  | St. Johns | . 000 |
|  | St. Johns | 18 | . 095 | . 084 | . 020 |  | Jebel Moya | Kerma | . 841 |
|  | Total | 43 | . 012 | . 121 | . 018 |  |  | St. Johns | . 026 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 064 |
| BP | Black Earth | 10 | -. 062 | . 120 | . 038 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | -. 056 | . 065 | . 033 |  |  | Kerma | 1.000 |
|  | Kerma | 11 | -. 071 | . 128 | . 039 |  |  | St. Johns | . 003 |
|  | St. Johns | 18 | . 111 | . 114 | . 027 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 43 | . 009 | . 142 | . 022 |  |  | St. Johns | . 075 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 001 |
| HD | Black Earth | 10 | -. 052 | . 105 | . 033 | Hochberg | Black Earth | Jebel Moya | . 802 |
|  | Jebel Moya | 4 | . 028 | . 138 | . 069 |  |  | Kerma | . 032 |
|  | Kerma | 11 | . 095 | . 121 | . 036 |  |  | St. Johns | . 832 |
|  | St. Johns | 18 | -. 001 | . 110 | . 026 |  | Jebel Moya | Kerma | . 891 |
|  | Total | 43 | . 014 | . 122 | . 019 |  |  | St. Johns | . 998 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 180 |
| HP | Black Earth | 10 | -. 019 | . 094 | . 030 | Hochberg | Black Earth | Jebel Moya | . 999 |
|  | Jebel Moya | 4 | . 012 | . 129 | . 065 |  |  | Kerma | 1.000 |
|  | Kerma | 11 | -. 001 | . 171 | . 052 |  |  | St. Johns | . 903 |
|  | St. Johns | 18 | . 031 | . 118 | . 028 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 43 | . 009 | . 127 | . 019 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 987 |

Table 7.1.36. PCA scores - first metatarsal. Variables contributing >. 15 are in bold.

| Principal components MT1 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Standard deviation |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  |  | 2.686 | 2.2888 | 1.35061 | 1.1975 | 0.97208 |
| Proportion of Variance |  | 0.3607 | 0.2619 | 0.09121 | 0.0717 | 0.04725 |
| Cumulative |  | 0.3607 | 0.6227 | 0.71386 | 0.7856 | 0.83281 |
| Proportion |  |  |  |  |  |  |
| PC scores |  |  |  |  |  |  |
| VOI | Properties | PC1 | PC2 | PC3 | PC4 | PC5 |
| BD | BV/TV | 0.33 | -0.05 | 0.02 | -0.05 | 0.19 |
|  | Tb.Th | 0.31 | 0.14 | -0.01 | 0.16 | 0.21 |
|  | DA | 0.07 | 0.21 | -0.44 | -0.26 | -0.24 |
|  | Res. Tb.Sp | -0.27 | 0.21 | -0.07 | 0.29 | -0.11 |
|  | Res. Conn.D | -0.11 | -0.35 | 0.17 | -0.15 | 0.03 |
| BP | BV/TV | 0.32 | -0.06 | 0.22 | -0.16 | 0.07 |
|  | Tb.Th | 0.29 | 0.19 | 0.10 | 0.08 | 0.08 |
|  | DA | 0.06 | 0.22 | -0.34 | -0.36 | 0.17 |
|  | Res. Tb.Sp | -0.15 | 0.26 | -0.22 | 0.39 | 0.09 |
|  | Res. Conn.D | -0.03 | -0.37 | 0.20 | -0.23 | -0.09 |
| HD | BV/TV | 0.34 | -0.01 | -0.17 | 0.03 | -0.02 |
|  | Tb.Th | 0.31 | 0.16 | 0.08 | 0.08 | -0.09 |
|  | DA | -0.08 | 0.18 | -0.03 | -0.54 | 0.28 |
|  | Res. Tb.Sp | -0.21 | 0.18 | 0.45 | 0.08 | -0.02 |
|  | Res. Conn.D | -0.08 | -0.29 | -0.40 | 0.18 | 0.02 |
| HP | BV/TV | 0.31 | -0.14 | 0.01 | 0.10 | -0.28 |
|  | Tb.Th | 0.29 | 0.15 | 0.14 | 0.11 | -0.23 |
|  | DA | -0.09 | 0.16 | -0.01 | -0.25 | -0.72 |
|  | Res. Tb.Sp | -0.18 | 0.30 | 0.15 | -0.07 | 0.21 |
|  | Res. Conn.D | -0.01 | -0.37 | -0.27 | 0.08 | 0.07 |

Table 7.1.37. ANOVA of PC scores between pooled sex populations.

| ANOVA - pooled MT1 principal components between populations |  |  |  |  |  |  | Levene's test |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PC1 |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | 141.936 | 3 | 47.312 | 11.685 | . 000 | 2.016 | 3 | 38 | . 128 |
|  | Within Groups | 153.860 | 38 | 4.049 |  |  |  |  |  |  |
| PC2 | Total | 295.796 | 41 |  |  |  |  |  |  |  |
|  | Between Groups | 43.022 | 3 | 14.341 | 3.173 | . 035 | . 831 | 3 | 38 | . 485 |
|  | Within Groups | 171.755 | 38 | 4.520 |  |  |  |  |  |  |
| PC3 | Total | 214.778 | 41 |  |  |  |  |  |  |  |
|  | Between Groups | 33.461 | 3 | 11.154 | 10.256 | . 000 | . 144 | 3 | 38 | . 933 |
|  | Within Groups | 41.328 | 38 | 1.088 |  |  |  |  |  |  |
| PC4 | Total | 74.790 | 41 |  |  |  |  |  |  |  |
|  | Between Groups | 6.850 | 3 | 2.283 | 1.670 | . 190 | . 537 | 3 | 38 | . 660 |
|  | Within Groups | 51.948 | 38 | 1.367 |  |  |  |  |  |  |
| PC5 | Total | 58.798 | 41 |  |  |  |  |  |  |  |
|  | Between Groups | . 281 | 3 | . 094 | . 093 | . 964 | . 576 | 3 | 38 | . 635 |
|  | Within Groups | 38.462 | 38 | 1.012 |  |  |  |  |  |  |
|  | Total | 38.743 | 41 |  |  |  |  |  |  |  |

Table 7.1.38. Pairwise post-hoc comparisons of PC scores between pooled sex populations.

| One-way ANOVA principal components MT1 |  |  |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :--- | :--- | :--- | ---: |
|  | Populations | N | Mean | S.D. | S.E. | Pairwise post-hoc | $\boldsymbol{p}$ |  |
| PC1 | Black Earth | 10 | 2.52 | 2.75 | 0.87 | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | 2.61 | 2.80 | 1.40 |  | Kerma | $\mathbf{. 0 0 0}$ |
|  | Kerma | 11 | -1.83 | 1.09 | 0.33 |  | St. Johns | $\mathbf{. 0 0 1}$ |
|  | St. Johns | 17 | -0.92 | 1.77 | 0.43 | Jebel Moya | Kerma | $\mathbf{. 0 0 3}$ |
|  | Total | 42 | 0.00 | 2.69 | 0.41 |  | St. Johns | $\mathbf{. 0 1 8}$ |
|  |  |  |  |  |  | Kerma | St. Johns | .806 |
| PC2 | Black Earth | 10 | 1.14 | 1.53 | 0.48 | Black Earth | Jebel Moya | .948 |
|  | Jebel Moya | 4 | 0.07 | 2.49 | 1.25 |  | Kerma | .999 |
|  | Kerma | 11 | 0.76 | 2.58 | 0.78 |  | St. Johns | .054 |
|  | St. Johns | 17 | -1.18 | 2.02 | 0.49 | Jebel Moya | Kerma | .994 |
|  | Total | 42 | 0.00 | 2.29 | 0.35 |  | St. Johns | .868 |
|  |  |  |  |  |  | Kerma | St. Johns | .129 |
| PC3 | Black Earth | 10 | -0.48 | 1.04 | 0.33 | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | -0.62 | 1.10 | 0.55 |  | Kerma | .849 |
|  | Kerma | 11 | -0.98 | 0.88 | 0.26 |  | St. Johns | $\mathbf{. 0 0 4}$ |
|  | St. Johns | 17 | 1.06 | 1.12 | 0.27 | Jebel Moya | Kerma | .992 |
|  | Total | 42 | 0.00 | 1.35 | 0.21 |  | St. Johns | $\mathbf{. 0 3 5}$ |
|  |  |  |  |  |  | Kerma | St. Johns | $\mathbf{. 0 0 0}$ |
| PC4 | Black Earth | 10 | -0.52 | 0.95 | 0.30 | Black Earth | Jebel Moya | .231 |
|  | Jebel Moya | 4 | 0.92 | 1.22 | 0.61 |  | Kerma | .582 |
|  | Kerma | 11 | 0.25 | 1.24 | 0.38 |  | St. Johns | .915 |
|  | St. Johns | 17 | -0.07 | 1.22 | 0.30 | Jebel Moya | Kerma | .903 |
|  | Total | 42 | 0.00 | 1.20 | 0.18 |  | St. Johns | .562 |
|  |  |  |  |  |  | Kerma | St. Johns | .976 |
| PC5 | Black Earth | 10 | 0.12 | 0.87 | 0.27 | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 4 | -0.03 | 0.64 | 0.32 |  | Kerma | .996 |
|  | Kerma | 11 | -0.11 | 1.13 | 0.34 |  | St. Johns | 1.000 |
|  | St. Johns | 17 | 0.01 | 1.05 | 0.26 | Jebel Moya | Kerma | 1.000 |
|  | Total | 42 | 0.00 | 0.97 | 0.15 |  | St. Johns | 1.000 |
|  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
|  |  |  |  |  |  |  |  |  |

## Talus

Table 7.1.39. ANOVA of BV/TV between pooled sex populations.

| ANOVA - pooled sex talus BV/TV |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ACF |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | . 059 | 3 | . 020 | 5.153 | . 004 | . 285 | 3 | 40 | . 836 |
|  | Within Groups | . 152 | 40 | . 004 |  |  |  |  |  |  |
| PCF | Total | . 211 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 167 | 3 | . 056 | 13.414 | . 000 | . 465 | 3 | 40 | . 708 |
|  | Within Groups | . 166 | 40 | . 004 |  |  |  |  |  |  |
| TH | Total | . 333 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 167 | 3 | . 056 | 16.983 | . 000 | 1.354 | 3 | 40 | . 271 |
|  | Within Groups | . 131 | 40 | . 003 |  |  |  |  |  |  |
| TL | Total | . 299 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 160 | 3 | . 053 | 10.952 | . 000 | 1.334 | 3 | 40 | . 277 |
|  | Within Groups | . 195 | 40 | . 005 |  |  |  |  |  |  |
| TC | Total | . 355 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 085 | 3 | . 028 | 6.976 | . 001 | . 116 | 3 | 40 | . 950 |
|  | Within Groups | . 162 | 40 | . 004 |  |  |  |  |  |  |
| TM | Total | . 247 | 43 |  |  |  |  |  |  |  |
|  | Between Groups | . 043 | 3 | . 014 | 4.351 | . 010 | . 459 | 3 | 40 | . 712 |
|  | Within Groups | . 131 | 40 | . 003 |  |  |  |  |  |  |
|  | Total | . 173 | 43 |  |  |  |  |  |  |  |

Table 7.1.40. Pairwise post-hoc comparisons of BV/TV between pooled sex populations.

| Pooled sex Talus BV/TV pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise com | mparison | $p$ |
| ACF | Black Earth | 8 | . 361 | . 066 | . 023 | Hochberg | Black Earth | Jebel Moya | . 896 |
|  | Jebel Moya | 8 | . 391 | . 078 | . 027 |  |  | Kerma | . 322 |
|  | Kerma | 12 | . 307 | . 052 | . 015 |  |  | St. Johns | . 149 |
|  | St. Johns | 16 | . 299 | . 057 | . 014 |  | Jebel Moya | Kerma | . 028 |
|  | Total | 44 | . 329 | . 070 | . 011 |  |  | St. Johns | . 008 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| PCF | Black Earth | 8 | . 487 | . 060 | . 021 | Hochberg | Black Earth | Jebel Moya | . 996 |
|  | Jebel Moya | 8 | . 503 | . 080 | . 028 |  |  | Kerma | . 003 |
|  | Kerma | 12 | . 376 | . 055 | . 016 |  |  | St. Johns | . 000 |
|  | St. Johns | 16 | . 361 | . 064 | . 016 |  | Jebel Moya | Kerma | . 001 |
|  | Total | 44 | . 414 | . 088 | . 013 |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 990 |
| TH | Black Earth | 8 | . 554 | . 044 | . 016 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 8 | . 555 | . 054 | . 019 |  |  | Kerma | . 000 |
|  | Kerma | 12 | . 437 | . 060 | . 017 |  |  | St. Johns | . 000 |
|  | St. Johns | 16 | . 420 | . 062 | . 016 |  | Jebel Moya | Kerma | . 000 |
|  | Total | 44 | . 474 | . 083 | . 013 |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 966 |
| TL | Black Earth | 8 | . 498 | . 046 | . 016 | Hochberg | Black Earth | Jebel Moya | . 758 |
|  | Jebel Moya | 8 | . 541 | . 081 | . 029 |  |  | Kerma | . 025 |
|  | Kerma | 12 | . 401 | . 070 | . 020 |  |  | St. Johns | . 009 |
|  | St. Johns | 16 | . 394 | . 073 | . 018 |  | Jebel Moya | Kerma | . 000 |
|  | Total | 44 | . 442 | . 091 | . 014 |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TC | Black Earth | 8 | . 461 | . 072 | . 025 | Hochberg | Black Earth | Jebel Moya | . 998 |
|  | Jebel Moya | 8 | . 475 | . 074 | . 026 |  |  | Kerma | . 040 |
|  | Kerma | 12 | . 378 | . 060 | . 017 |  |  | St. Johns | . 023 |
|  | St. Johns | 16 | . 377 | . 057 | . 014 |  | Jebel Moya | Kerma | . 011 |
|  | Total | 44 | . 410 | . 076 | . 011 |  |  | St. Johns | . 006 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TM | Black Earth | 8 | . 444 | . 064 | . 023 | Hochberg | Black Earth | Jebel Moya | . 970 |
|  | Jebel Moya | 8 | . 465 | . 044 | . 016 |  |  | Kerma | . 127 |
|  | Kerma | 12 | . 382 | . 053 | . 015 |  |  | St. Johns | . 449 |
|  | St. Johns | 16 | . 402 | . 062 | . 016 |  | Jebel Moya | Kerma | . 016 |
|  | Total | 44 | . 416 | . 063 | . 010 |  |  | St. Johns | . 080 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 932 |

Table 7.1.41. ANOVA of Tb.Th between pooled sex populations.

| ANOVA - pooled sex talus Tb.Th |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| ACF | Between Groups | . 022 | 3 | . 007 | 5.104 | . 004 | . 041 | 3 | 40 | . 989 |
|  | Within Groups | . 056 | 40 | . 001 |  |  |  |  |  |  |
|  | Total | . 078 | 43 |  |  |  |  |  |  |  |
| PCF | Between Groups | . 061 | 3 | . 020 | 13.206 | . 000 | 1.063 | 3 | 40 | . 376 |
|  | Within Groups | . 062 | 40 | . 002 |  |  |  |  |  |  |
|  | Total | . 123 | 43 |  |  |  |  |  |  |  |
| TH | Between Groups | . 062 | 3 | . 021 | 19.005 | . 000 | 2.225 | 3 | 40 | . 100 |
|  | Within Groups | . 044 | 40 | . 001 |  |  |  |  |  |  |
|  | Total | . 106 | 43 |  |  |  |  |  |  |  |
| TL | Between Groups | . 060 | 3 | . 020 | 12.603 | . 000 | . 729 | 3 | 40 | . 541 |
|  | Within Groups | . 064 | 40 | . 002 |  |  |  |  |  |  |
|  | Total | . 125 | 43 |  |  |  |  |  |  |  |
| TC | Between Groups | . 043 | 3 | . 014 | 11.391 | . 000 | . 202 | 3 | 40 | . 895 |
|  | Within Groups | . 050 | 40 | . 001 |  |  |  |  |  |  |
|  | Total | . 093 | 43 |  |  |  |  |  |  |  |
| TM | Between Groups | . 023 | 3 | . 008 | 7.475 | . 000 | . 537 | 3 | 40 | . 659 |
|  | Within Groups | . 040 | 40 | . 001 |  |  |  |  |  |  |
|  | Total | . 063 | 43 |  |  |  |  |  |  |  |

Table 7.1.42. Pairwise post-hoc comparisons of Tb.Th between pooled sex populations.


Table 7.1.43. ANOVA of DA between pooled sex populations.

| ANOVA - pooled sex talus DA |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares |  | Mean Square | F | $p$ | Levene <br> Statistic |  | df2 | $p$ |
| ACF | Between Groups | . 013 | 3 | . 004 | . 997 | . 404 | . 384 | 3 | 40 | . 765 |
|  | Within Groups | . 172 | 40 | . 004 |  |  |  |  |  |  |
|  | Total | . 185 | 43 |  |  |  |  |  |  |  |
| PCF | Between Groups | . 007 | 3 | . 002 | 1.447 | . 243 | . 947 | 3 | 40 | . 427 |
|  | Within Groups | . 065 | 40 | . 002 |  |  |  |  |  |  |
|  | Total | . 072 | 43 |  |  |  |  |  |  |  |
| TH | Between Groups | . 025 | 3 | . 008 | 5.974 | . 002 | 1.299 | 3 | 40 | . 288 |
|  | Within Groups | . 057 | 40 | . 001 |  |  |  |  |  |  |
|  | Total | . 082 | 43 |  |  |  |  |  |  |  |
| TL | Between Groups | . 012 | 3 | . 004 | 2.475 | . 075 | 1.407 | 3 | 40 | . 255 |
|  | Within Groups | . 066 | 40 | . 002 |  |  |  |  |  |  |
|  | Total | . 078 | 43 |  |  |  |  |  |  |  |
| TC | Between Groups | . 087 | 3 | . 029 | 6.459 | . 001 | . 442 | 3 | 40 | . 724 |
|  | Within Groups | . 180 | 40 | . 004 |  |  |  |  |  |  |
|  | Total | . 267 | 43 |  |  |  |  |  |  |  |
| TM | Between Groups | . 050 | 3 | . 017 | 2.998 | . 042 | . 848 | 3 | 40 | . 476 |
|  | Within Groups | . 223 | 40 | . 006 |  |  |  |  |  |  |
|  | Total | . 273 | 43 |  |  |  |  |  |  |  |

Table 7.1.44. Pairwise post-hoc comparisons of DA between pooled sex populations.

| Pooled sex talus DA pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise con | parison | $p$ |
| ACF | Black Earth | 8 | . 649 | . 067 | . 024 | Hochberg | Black Earth | Jebel Moya | . 700 |
|  | Jebel Moya | 8 | . 693 | . 048 | . 017 |  |  | Kerma | . 664 |
|  | Kerma | 12 | . 690 | . 079 | . 023 |  |  | St. Johns | . 996 |
|  | St. Johns | 16 | . 663 | . 061 | . 015 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 44 | . 673 | . 066 | . 010 |  |  | St. Johns | . 881 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 858 |
| PCF | Black Earth | 8 | . 766 | . 042 | . 015 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 8 | . 765 | . 031 | . 011 |  |  | Kerma | . 490 |
|  | Kerma | 12 | . 736 | . 034 | . 010 |  |  | St. Johns | . 715 |
|  | St. Johns | 16 | . 743 | . 046 | . 012 |  | Jebel Moya | Kerma | . 514 |
|  | Total | 44 | . 749 | . 041 | . 006 |  |  | St. Johns | . 739 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 998 |
| TH | Black Earth | 8 | . 831 | . 029 | . 010 | Hochberg | Black Earth | Jebel Moya | . 012 |
|  | Jebel Moya | 8 | . 769 | . 036 | . 013 |  |  | Kerma | . 322 |
|  | Kerma | 12 | . 799 | . 051 | . 015 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 830 | . 030 | . 007 |  | Jebel Moya | Kerma | . 423 |
|  | Total | 44 | . 811 | . 044 | . 007 |  |  | St. Johns | . 003 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 173 |
| TL | Black Earth | 8 | . 808 | . 026 | . 009 | Hochberg | Black Earth | Jebel Moya | . 171 |
|  | Jebel Moya | 8 | . 762 | . 030 | . 011 |  |  | Kerma | . 123 |
|  | Kerma | 12 | . 764 | . 052 | . 015 |  |  | St. Johns | . 132 |
|  | St. Johns | 16 | . 766 | . 040 | . 010 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 44 | . 772 | . 043 | . 006 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TC | Black Earth | 8 | . 750 | . 050 | . 018 | Hochberg | Black Earth | Jebel Moya | . 001 |
|  | Jebel Moya | 8 | . 604 | . 088 | . 031 |  |  | Kerma | . 167 |
|  | Kerma | 12 | . 682 | . 061 | . 018 |  |  | St. Johns | . 044 |
|  | St. Johns | 16 | . 669 | . 067 | . 017 |  | Jebel Moya | Kerma | . 083 |
|  | Total | 44 | . 675 | . 079 | . 012 |  |  | St. Johns | . 169 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 996 |
| TM | Black Earth | 8 | . 699 | . 051 | . 018 | Hochberg | Black Earth | Jebel Moya | . 039 |
|  | Jebel Moya | 8 | . 592 | . 069 | . 024 |  |  | Kerma | . 422 |
|  | Kerma | 12 | . 640 | . 094 | . 027 |  |  | St. Johns | . 124 |
|  | St. Johns | 16 | . 622 | . 070 | . 017 |  | Jebel Moya | Kerma | . 660 |
|  | Total | 44 | . 636 | . 080 | . 012 |  |  | St. Johns | . 925 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 989 |

Table 7.1.45. ANOVA of residual DA between pooled sex populations.

| ANOVA - pooled sex talus residual DA |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic |  |  | $p$ |
| ACF | Between Groups | . 007 | 3 | . 002 | . 483 | . 696 | . 326 | 3 | 36 | . 807 |
|  | Within Groups | . 164 | 36 | . 005 |  |  |  |  |  |  |
|  | Total | . 171 | 39 |  |  |  |  |  |  |  |
| PCF | Between Groups | . 007 | 3 | . 002 | 1.429 | . 250 | 1.176 | 3 | 36 | . 333 |
|  | Within Groups | . 058 | 36 | . 002 |  |  |  |  |  |  |
|  | Total | . 065 | 39 |  |  |  |  |  |  |  |
| TH | Between Groups | . 033 | 3 | . 011 | 7.831 | . 000 | 1.540 | 3 | 36 | . 221 |
|  | Within Groups | . 051 | 36 | . 001 |  |  |  |  |  |  |
|  | Total | . 084 | 39 |  |  |  |  |  |  |  |
| TL | Between Groups | . 012 | 3 | . 004 | 2.478 | . 077 | . 889 | 3 | 36 | . 456 |
|  | Within Groups | . 059 | 36 | . 002 |  |  |  |  |  |  |
|  | Total | . 071 | 39 |  |  |  |  |  |  |  |
| TC | Between Groups | . 057 | 3 | . 019 | 4.205 | . 012 | 1.576 | 3 | 36 | . 212 |
|  | Within Groups | . 162 | 36 | . 004 |  |  |  |  |  |  |
|  | Total | . 219 | 39 |  |  |  |  |  |  |  |
| TM | Between Groups | . 033 | 3 | . 011 | 1.998 | . 132 | 1.414 | 3 | 36 | . 254 |
|  | Within Groups |  | 36 | . 006 |  |  |  |  |  |  |
|  | Total | . 232 |  |  |  |  |  |  |  |  |

Table 7.1.46. Pairwise post-hoc comparisons of residual DA between pooled sex populations.

| Pooled sex talus residual DA pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise con | parison | $p$ |
| ACF | Black Earth | 8 | -. 022 | . 066 | . 023 | Hochberg | Black Earth | Jebel Moya | . 905 |
|  | Jebel Moya | 6 | . 014 | . 052 | . 021 |  |  | Kerma | . 894 |
|  | Kerma | 10 | . 010 | . 083 | . 026 |  |  | St. Johns | . 997 |
|  | St. Johns | 16 | -. 008 | . 062 | . 016 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 40 | -. 003 | . 066 | . 010 |  |  | St. Johns | . 985 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 985 |
| PCF | Black Earth | 8 | . 010 | . 042 | . 015 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 6 | . 005 | . 030 | . 012 |  |  | Kerma | . 355 |
|  | Kerma | 10 | -. 026 | . 031 | . 010 |  |  | St. Johns | . 710 |
|  | St. Johns | 16 | -. 013 | . 046 | . 012 |  | Jebel Moya | Kerma | . 618 |
|  | Total | 40 | -. 009 | . 041 | . 006 |  |  | St. Johns | . 920 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 971 |
| TH | Black Earth | 8 | . 023 | . 031 | . 011 | Hochberg | Black Earth | Jebel Moya | . 002 |
|  | Jebel Moya | 6 | -. 057 | . 039 | . 016 |  |  | Kerma | . 230 |
|  | Kerma | 10 | -. 014 | . 053 | . 017 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 022 | . 028 | . 007 |  | Jebel Moya | Kerma | . 180 |
|  | Total | 40 | . 001 | . 046 | . 007 |  |  | St. Johns | . 001 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 129 |
| TL | Black Earth | 8 | . 033 | . 026 | . 009 | Hochberg | Black Earth | Jebel Moya | . 300 |
|  | Jebel Moya | 6 | -. 009 | . 034 | . 014 |  |  | Kerma | . 109 |
|  | Kerma | 10 | -. 014 | . 052 | . 016 |  |  | St. Johns | . 131 |
|  | St. Johns | 16 | -. 008 | . 040 | . 010 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 40 | -. 002 | . 043 | . 007 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TC | Black Earth | 8 | . 067 | . 052 | . 018 | Hochberg | Black Earth | Jebel Moya | . 011 |
|  | Jebel Moya | 6 | -. 055 | . 101 | . 041 |  |  | Kerma | . 245 |
|  | Kerma | 10 | . 002 | . 065 | . 020 |  |  | St. Johns | . 054 |
|  | St. Johns | 16 | -. 013 | . 060 | . 015 |  | Jebel Moya | Kerma | . 485 |
|  | Total | 40 | . 000 | . 075 | . 012 |  |  | St. Johns | . 713 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 995 |
| TM | Black Earth | 8 | . 049 | . 052 | . 018 | Hochberg | Black Earth | Jebel Moya | . 340 |
|  | Jebel Moya | 6 | -. 026 | . 056 | . 023 |  |  | Kerma | . 564 |
|  | Kerma | 10 | -. 004 | . 102 | . 032 |  |  | St. Johns | . 138 |
|  | St. Johns | 16 | -. 026 | . 068 | . 017 |  | Jebel Moya | Kerma | . 994 |
|  | Total | 40 | -. 005 | . 077 | . 012 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 978 |

Table 7.1.47. ANOVA of Tb.Sp between pooled sex populations.

| ANOVA - pooled sex talus Tb.Sp |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic |  | df2 | $p$ |
| ACF | Between Groups | . 057 | 3 | . 019 | 2.923 | . 045 | . 435 | 3 | 40 | . 729 |
|  | Within Groups | . 261 | 40 | . 007 |  |  |  |  |  |  |
|  | Total | . 318 | 43 |  |  |  |  |  |  |  |
| PCF | Between Groups | . 037 | 3 | . 012 | 3.304 | . 030 | . 324 | 3 | 40 | . 808 |
|  | Within Groups | . 151 | 40 | . 004 |  |  |  |  |  |  |
|  | Total | . 188 | 43 |  |  |  |  |  |  |  |
| TH | Between Groups | . 030 | 3 | . 010 | 3.588 | . 022 | . 429 | 3 | 40 | . 733 |
|  | Within Groups | . 113 | 40 | . 003 |  |  |  |  |  |  |
|  | Total | . 143 | 43 |  |  |  |  |  |  |  |
| TL | Between Groups | . 053 | 3 | . 018 | 4.697 | . 007 | . 219 | 3 | 40 | . 882 |
|  | Within Groups | . 150 | 40 | . 004 |  |  |  |  |  |  |
|  | Total | . 202 | 43 |  |  |  |  |  |  |  |
| TC | Between Groups | . 049 | 3 | . 016 | 4.548 | . 008 | . 377 | 3 | 40 | . 770 |
|  | Within Groups | . 145 | 40 | . 004 |  |  |  |  |  |  |
|  | Total | . 195 | 43 |  |  |  |  |  |  |  |
| TM | Between Groups | . 057 | 3 | . 019 | 7.619 | . 000 | . 064 | 3 | 40 | . 979 |
|  | Within Groups | . 099 | 40 | . 002 |  |  |  |  |  |  |
|  | Total | . 155 | 43 |  |  |  |  |  |  |  |

Table 7.1.48. Pairwise post-hoc comparisons of Tb.Sp between pooled sex populations.

| Pooled sex talus Tb.Sp pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| $\begin{aligned} & \text { VOI } \\ & \text { ACF } \end{aligned}$ | Population | N | Mean | S.D | S.E. | type | pairwise comparison |  | $p$ |
|  | Black Earth | 8 | . 563 | . 092 | . 033 | Hochberg | Black Earth | Jebel Moya | . 995 |
|  | Jebel Moya | 8 | . 584 | . 097 | . 034 |  |  | Kerma | . 054 |
|  | Kerma | 12 | . 663 | . 073 | . 021 |  |  | St. Johns | . 659 |
|  | St. Johns | 16 | . 612 | . 071 | . 018 |  | Jebel Moya | Kerma | . 201 |
|  | Total | 44 | . 612 | . 086 | . 013 |  |  | St. Johns | . 965 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 458 |
| PCF | Black Earth | 8 | . 476 | . 054 | . 019 | Hochberg | Black Earth | Jebel Moya | . 710 |
|  | Jebel Moya | 8 | . 436 | . 077 | . 027 |  |  | Kerma | . 788 |
|  | Kerma | 12 | . 510 | . 058 | . 017 |  |  | St. Johns | . 703 |
|  | St. Johns | 16 | . 512 | . 059 | . 015 |  | Jebel Moya | Kerma | . 065 |
|  | Total | 44 | . 491 | . 066 | . 010 |  |  | St. Johns | . 039 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TH | Black Earth | 8 | . 384 | . 048 | . 017 | Hochberg | Black Earth | Jebel Moya | . 992 |
|  | Jebel Moya | 8 | . 399 | . 046 | . 016 |  |  | Kerma | . 064 |
|  | Kerma | 12 | . 448 | . 058 | . 017 |  |  | St. Johns | . 081 |
|  | St. Johns | 16 | . 442 | . 054 | . 014 |  | Jebel Moya | Kerma | . 256 |
|  | Total | 44 | . 425 | . 058 | . 009 |  |  | St. Johns | . 326 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TL | Black Earth | 8 | . 420 | . 059 | . 021 | Hochberg | Black Earth | Jebel Moya | . 725 |
|  | Jebel Moya | 8 | . 380 | . 054 | . 019 |  |  | Kerma | . 186 |
|  | Kerma | 12 | . 481 | . 064 | . 019 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 422 | . 063 | . 016 |  | Jebel Moya | Kerma | . 005 |
|  | Total | 44 | . 430 | . 069 | . 010 |  |  | St. Johns | . 515 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 093 |
| TC | Black Earth | 8 | . 419 | . 054 | . 019 | Hochberg | Black Earth | Jebel Moya | . 876 |
|  | Jebel Moya | 8 | . 450 | . 073 | . 026 |  |  | Kerma | . 009 |
|  | Kerma | 12 | . 512 | . 065 | . 019 |  |  | St. Johns | . 843 |
|  | St. Johns | 16 | . 448 | . 053 | . 013 |  | Jebel Moya | Kerma | . 160 |
|  | Total | 44 | . 461 | . 067 | . 010 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 045 |
| TM | Black Earth | 8 | . 415 | . 054 | . 019 | Hochberg | Black Earth | Jebel Moya | . 935 |
|  | Jebel Moya | 8 | . 438 | . 041 | . 015 |  |  | Kerma | . 002 |
|  | Kerma | 12 | . 503 | . 054 | . 016 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 421 | . 048 | . 012 |  | Jebel Moya | Kerma | . 037 |
|  | Total | 44 | . 445 | . 060 | . 009 |  |  | St. Johns | . 971 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 001 |

Table 7.1.49. ANOVA of residual Tb.Sp between pooled sex populations.

| ANOVA - pooled sex talus residual Tb.Sp |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| ACF | Between Groups | . 083 | 3 | . 028 | 4.593 | . 008 | 2.166 | 3 | 36 | . 109 |
|  | Within Groups | . 218 | 36 | . 006 |  |  |  |  |  |  |
|  | Total | . 302 | 39 |  |  |  |  |  |  |  |
| PCF | Between Groups | . 043 | 3 | . 014 | 3.929 | . 016 | 1.572 | 3 | 36 | . 213 |
|  | Within Groups | . 130 | 36 | . 004 |  |  |  |  |  |  |
|  | Total | . 173 | 39 |  |  |  |  |  |  |  |
| TH | Between Groups | . 040 | 3 | . 013 | 4.639 | . 008 | . 781 | 3 | 36 | . 512 |
|  | Within Groups | . 103 | 36 | . 003 |  |  |  |  |  |  |
|  | Total | . 143 | 39 |  |  |  |  |  |  |  |
| TL | Between Groups | . 048 | 3 | . 016 | 4.246 | . 011 | . 101 | 3 | 36 | . 959 |
|  | Within Groups | . 137 | 36 | . 004 |  |  |  |  |  |  |
|  | Total | . 185 | 39 |  |  |  |  |  |  |  |
| TC | Between Groups | . 053 | 3 | . 018 | 4.832 | . 006 | . 742 | 3 | 36 | . 534 |
|  | Within Groups | . 132 | 36 | . 004 |  |  |  |  |  |  |
|  | Total | . 185 | 39 |  |  |  |  |  |  |  |
| TM | Between Groups | . 051 | 3 | . 017 | 6.994 | . 001 | . 084 | 3 | 36 | . 969 |
|  | Within Groups | . 088 | 36 | . 002 |  |  |  |  |  |  |
|  | Total | . 140 | 39 |  |  |  |  |  |  |  |

Table 7.1.50. Pairwise post-hoc comparisons of residual Tb.Sp between pooled sex populations.

| Pooled sex talus residual Tb.Sp pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise com | parison | $p$ |
| ACF | Black Earth | 8 | -. 061 | . 085 | . 030 | Hochberg | Black Earth | Jebel Moya | . 996 |
|  | Jebel Moya | 6 | -. 082 | . 129 | . 053 |  |  | Kerma | . 031 |
|  | Kerma | 10 | . 049 | . 053 | . 017 |  |  | St. Johns | . 680 |
|  | St. Johns | 16 | -. 015 | . 062 | . 016 |  | Jebel Moya | Kerma | . 015 |
|  | Total | 40 | -. 018 | . 088 | . 014 |  |  | St. Johns | . 382 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 261 |
| PCF | Black Earth | 8 | -. 017 | . 054 | . 019 | Hochberg | Black Earth | Jebel Moya | . 479 |
|  | Jebel Moya | 6 | -. 071 | . 096 | . 039 |  |  | Kerma | . 630 |
|  | Kerma | 10 | . 024 | . 041 | . 013 |  |  | St. Johns | . 716 |
|  | St. Johns | 16 | . 017 | . 057 | . 014 |  | Jebel Moya | Kerma | . 025 |
|  | Total | 40 | -. 001 | . 067 | . 011 |  |  | St. Johns | . 025 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TH | Black Earth | 8 | -. 039 | . 048 | . 017 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 6 | -. 047 | . 066 | . 027 |  |  | Kerma | . 054 |
|  | Kerma | 10 | . 030 | . 045 | . 014 |  |  | St. Johns | . 104 |
|  | St. Johns | 16 | . 018 | . 056 | . 014 |  | Jebel Moya | Kerma | . 047 |
|  | Total | 40 | . 000 | . 060 | . 010 |  |  | St. Johns | . 090 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 992 |
| TL | Black Earth | 8 | -. 001 | . 057 | . 020 | Hochberg | Black Earth | Jebel Moya | . 711 |
|  | Jebel Moya | 6 | -. 045 | . 068 | . 028 |  |  | Kerma | . 189 |
|  | Kerma | 10 | . 063 | . 060 | . 019 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | . 001 | . 063 | . 016 |  | Jebel Moya | Kerma | . 010 |
|  | Total | 40 | . 009 | . 069 | . 011 |  |  | St. Johns | . 552 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 095 |
| TC | Black Earth | 8 | -. 033 | . 052 | . 019 | Hochberg | Black Earth | Jebel Moya | . 999 |
|  | Jebel Moya | 6 | -. 020 | . 090 | . 037 |  |  | Kerma | . 009 |
|  | Kerma | 10 | . 065 | . 061 | . 019 |  |  | St. Johns | . 865 |
|  | St. Johns | 16 | -. 005 | . 051 | . 013 |  | Jebel Moya | Kerma | . 056 |
|  | Total | 40 | . 005 | . 069 | . 011 |  |  | St. Johns | . 995 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 039 |
| TM | Black Earth | 8 | -. 026 | . 053 | . 019 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 6 | -. 022 | . 049 | . 020 |  |  | Kerma | . 005 |
|  | Kerma | 10 | . 061 | . 048 | . 015 |  |  | St. Johns | 1.000 |
|  | St. Johns | 16 | -. 020 | . 049 | . 012 |  | Jebel Moya | Kerma | . 016 |
|  | Total | 40 | -. 001 | . 060 | . 009 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 002 |

Table 7.1.51. ANOVA of log10 Conn.D between pooled sex populations.

| ANOVA - pooled sex talus $\log 10 \mathrm{Conn}$. D |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| ACF | Between Groups | . 033 | 3 | . 011 | . 882 | . 459 | . 480 | 3 | 40 | . 698 |
|  | Within Groups | . 505 | 40 | . 013 |  |  |  |  |  |  |
|  | Total | . 538 | 43 |  |  |  |  |  |  |  |
| PCF | Between Groups | . 384 | 3 | . 128 | 7.368 | . 000 | 1.396 | 3 | 40 | . 258 |
|  | Within Groups | . 695 | 40 | . 017 |  |  |  |  |  |  |
|  | Total | 1.079 | 43 |  |  |  |  |  |  |  |
| TH | Between Groups | . 248 | 3 | . 083 | 5.909 | . 002 | 1.387 | 3 | 40 | . 261 |
|  | Within Groups | . 560 | 40 | . 014 |  |  |  |  |  |  |
|  | Total | . 809 | 43 |  |  |  |  |  |  |  |
| TL | Between Groups | . 357 | 3 | . 119 | 7.130 | . 001 | . 814 | 3 | 40 | . 494 |
|  | Within Groups | . 668 | 40 | . 017 |  |  |  |  |  |  |
|  | Total | 1.026 | 43 |  |  |  |  |  |  |  |
| TC | Between Groups | . 202 | 3 | . 067 | 4.843 | . 006 | . 237 | 3 | 40 | . 870 |
|  | Within Groups | . 555 | 40 | . 014 |  |  |  |  |  |  |
|  | Total | . 757 | 43 |  |  |  |  |  |  |  |
| TM | Between Groups | . 257 | 3 | . 086 | 7.376 | . 000 | . 612 | 3 | 40 | . 611 |
|  | Within Groups | . 464 |  | . 012 |  |  |  |  |  |  |
|  | Total | . 721 |  |  |  |  |  |  |  |  |

Table 7.1.52. Pairwise post-hoc comparisons of log10 Conn.D between pooled sex populations.

| Pooled sex talus log10Conn.D pairwise post hoc comparisons |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise co | parison | $p$ |
| ACF | Black Earth | 8 | . 671 | . 095 | . 034 | Hochberg | Black Earth | Jebel Moya | . 984 |
|  | Jebel Moya | 8 | . 633 | . 088 | . 031 |  |  | Kerma | . 995 |
|  | Kerma | 12 | . 643 | . 120 | . 035 |  |  | St. Johns | . 991 |
|  | St. Johns | 16 | . 700 | . 123 | . 031 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 44 | . 667 | . 112 | . 017 |  |  | St. Johns | . 674 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 711 |
| PCF | Black Earth | 8 | . 555 | . 091 | . 032 | Hochberg | Black Earth | Jebel Moya | . 847 |
|  | Jebel Moya | 8 | . 628 | . 151 | . 053 |  |  | Kerma | . 004 |
|  | Kerma | 12 | . 780 | . 102 | . 030 |  |  | St. Johns | . 002 |
|  | St. Johns | 16 | . 781 | . 155 | . 039 |  | Jebel Moya | Kerma | . 089 |
|  | Total | 44 | . 712 | . 158 | . 024 |  |  | St. Johns | . 060 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TH | Black Earth | 8 | . 542 | . 112 | . 040 | Hochberg | Black Earth | Jebel Moya | . 706 |
|  | Jebel Moya | 8 | . 621 | . 064 | . 023 |  |  | Kerma | . 003 |
|  | Kerma | 12 | . 750 | . 132 | . 038 |  |  | St. Johns | . 014 |
|  | St. Johns | 16 | . 709 | . 130 | . 032 |  | Jebel Moya | Kerma | . 123 |
|  | Total | 44 | . 674 | . 137 | . 021 |  |  | St. Johns | . 439 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 931 |
| TL | Black Earth | 8 | . 611 | . 109 | . 038 | Hochberg | Black Earth | Jebel Moya | . 925 |
|  | Jebel Moya | 8 | . 671 | . 100 | . 035 |  |  | Kerma | . 116 |
|  | Kerma | 12 | . 753 | . 132 | . 038 |  |  | St. Johns | . 001 |
|  | St. Johns | 16 | . 848 | . 147 | . 037 |  | Jebel Moya | Kerma | . 661 |
|  | Total | 44 | . 747 | . 154 | . 023 |  |  | St. Johns | . 018 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 308 |
| TC | Black Earth | 8 | . 729 | . 108 | . 038 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 8 | . 745 | . 099 | . 035 |  |  | Kerma | . 991 |
|  | Kerma | 12 | . 761 | . 118 | . 034 |  |  | St. Johns | . 022 |
|  | St. Johns | 16 | . 887 | . 129 | . 032 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 44 | . 798 | . 133 | . 020 |  |  | St. Johns | . 049 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 047 |
| TM | Black Earth | 8 | . 787 | . 105 | . 037 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 8 | . 784 | . 084 | . 030 |  |  | Kerma | 1.000 |
|  | Kerma | 12 | . 792 | . 132 | . 038 |  |  | St. Johns | . 008 |
|  | St. Johns | 16 | . 947 | . 099 | . 025 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 44 | . 846 | . 130 | . 020 |  |  | St. Johns | . 007 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 003 |

Table 7.1.53. ANOVA of residual log10 Conn.D between pooled sex populations.

| ANOVA - pooled sex talus residual log10Conn.D |  |  |  |  |  |  | Test of Homogeneity of Variances |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic |  | df2 | $p$ |
| ACF | Between Groups | . 022 | 3 | . 007 | . 596 | . 622 | . 251 | 3 | 36 | . 860 |
|  | Within Groups | . 438 | 36 | . 012 |  |  |  |  |  |  |
|  | Total | . 460 | 39 |  |  |  |  |  |  |  |
| PCF | Between Groups | . 347 | 3 | . 116 | 7.099 | . 001 | 2.128 | 3 | 36 | . 114 |
|  | Within Groups | . 586 | 36 | . 016 |  |  |  |  |  |  |
|  | Total | . 932 | 39 |  |  |  |  |  |  |  |
| TH | Between Groups | . 235 | 3 | . 078 | 5.924 | . 002 | . 522 | 3 | 36 | . 670 |
|  | Within Groups | . 477 | 36 | . 013 |  |  |  |  |  |  |
|  | Total | . 712 | 39 |  |  |  |  |  |  |  |
| TL | Between Groups | . 316 | 3 | . 105 | 7.629 | . 000 | . 409 | 3 | 36 | . 747 |
|  | Within Groups | . 497 | 36 | . 014 |  |  |  |  |  |  |
|  | Total | . 813 | 39 |  |  |  |  |  |  |  |
| TC | Between Groups | . 180 | 3 | . 060 | 4.851 | . 006 | . 612 | 3 | 36 | . 612 |
|  | Within Groups | . 446 | 36 | . 012 |  |  |  |  |  |  |
|  | Total | . 626 | 39 |  |  |  |  |  |  |  |
| TM | Between Groups | . 207 | 3 | . 069 | 6.551 | . 001 | . 375 | 3 | 36 | . 772 |
|  | Within Groups |  | 36 | . 011 |  |  |  |  |  |  |
|  | Total | . 586 | 39 |  |  |  |  |  |  |  |

Table 7.1.54. Pairwise post-hoc comparisons of residual log10Conn.D between pooled sex populations.

Pooled sex talus residual log10Conn.D pairwise post hoc comparisons

| Summary statistics |  |  |  |  |  | Post Hoc |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| VOI | Population | N | Mean | S.D | S.E. | type | pairwise con | parison | $p$ |
| ACF | Black Earth | 8 | . 004 | . 082 | . 029 | Hochberg | Black Earth | Jebel Moya | . 997 |
|  | Jebel Moya | 6 | . 034 | . 097 | . 039 |  |  | Kerma | . 998 |
|  | Kerma | 10 | -. 018 | . 118 | . 037 |  |  | St. Johns | . 981 |
|  | St. Johns | 16 | . 037 | . 121 | . 030 |  | Jebel Moya | Kerma | . 928 |
|  | Total | 40 | . 016 | . 109 | . 017 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 764 |
| PCF | Black Earth | 8 | -. 163 | . 073 | . 026 | Hochberg | Black Earth | Jebel Moya | . 553 |
|  | Jebel Moya | 6 | -. 057 | . 189 | . 077 |  |  | Kerma | . 003 |
|  | Kerma | 10 | . 066 | . 091 | . 029 |  |  | St. Johns | . 001 |
|  | St. Johns | 16 | . 067 | . 140 | . 035 |  | Jebel Moya | Kerma | . 343 |
|  | Total | 40 | . 002 | . 155 | . 024 |  |  | St. Johns | . 260 |
|  |  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| TH | Black Earth | 8 | -. 150 | . 101 | . 036 | Hochberg | Black Earth | Jebel Moya | . 066 |
|  | Jebel Moya | 6 | . 015 | . 091 | . 037 |  |  | Kerma | . 002 |
|  | Kerma | 10 | . 069 | . 132 | . 042 |  |  | St. Johns | . 009 |
|  | St. Johns | 16 | . 022 | . 117 | . 029 |  | Jebel Moya | Kerma | . 934 |
|  | Total | 40 | -. 002 | . 135 | . 021 |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 889 |
| TL | Black Earth | 8 | -. 136 | . 094 | . 033 | Hochberg | Black Earth | Jebel Moya | . 297 |
|  | Jebel Moya | 6 | -. 013 | . 126 | . 052 |  |  | Kerma | . 047 |
|  | Kerma | 10 | . 020 | . 102 | . 032 |  |  | St. Johns | . 000 |
|  | St. Johns | 16 | . 105 | . 132 | . 033 |  | Jebel Moya | Kerma | . 995 |
|  | Total | 40 | . 018 | . 144 | . 023 |  |  | St. Johns | . 229 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 389 |
| TC | Black Earth | 8 | -. 069 | . 100 | . 035 | Hochberg | Black Earth | Jebel Moya | . 961 |
|  | Jebel Moya | 6 | -. 021 | . 128 | . 052 |  |  | Kerma | . 983 |
|  | Kerma | 10 | -. 034 | . 084 | . 027 |  |  | St. Johns | . 012 |
|  | St. Johns | 16 | . 091 | . 124 | . 031 |  | Jebel Moya | Kerma | 1.000 |
|  | Total | 40 | . 011 | . 127 | . 020 |  |  | St. Johns | . 220 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 049 |
| TM | Black Earth | 8 | -. 055 | . 095 | . 034 | Hochberg | Black Earth | Jebel Moya | . 974 |
|  | Jebel Moya | 6 | -. 014 | . 125 | . 051 |  |  | Kerma | . 998 |
|  | Kerma | 10 | -. 033 | . 104 | . 033 |  |  | St. Johns | . 004 |
|  | St. Johns | 16 | . 109 | . 097 | . 024 |  | Jebel Moya | Kerma | . 999 |
|  | Total | 40 | . 022 | . 123 | . 019 |  |  | St. Johns | . 093 |
|  |  |  |  |  |  |  | Kerma | St. Johns | . 009 |

Table 7.1.55. PCA scores - talus. Variables contributing >. 15 are in bold.

| Importance of top five principal components - all talus VOIs |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Standard deviation |  | PC1 | PC2 | PC3 | PC4 | PC5 |
|  |  | 3.45 | 2.64 | 1.53 | 1.22 | 1.16 |
| Proportion of Variance |  | 0.40 | 0.23 | 0.08 | 0.05 | 0.05 |
| Cumulative Proportion |  | 0.40 | 0.63 | 0.71 | 0.76 | 0.80 |
| PC scores |  |  |  |  |  |  |
| VOI | Properties | PC1 | PC2 | PC3 | PC4 | PC5 |
| ACF | BV/TV | -0.22 | 0.08 | 0.18 | -0.16 | 0.25 |
|  | Tb.Th | -0.21 | -0.03 | 0.18 | -0.32 | 0.10 |
|  | DA | 0.05 | -0.12 | 0.17 | -0.24 | 0.46 |
|  | Res. Tb.Sp | 0.15 | -0.23 | -0.16 | -0.13 | -0.13 |
|  | Res. Conn.D | 0.01 | 0.27 | -0.11 | 0.37 | -0.07 |
| PCF | BV/TV | -0.27 | 0.02 | -0.06 | 0.02 | 0.02 |
|  | Tb.Th | -0.26 | -0.09 | -0.07 | -0.02 | -0.15 |
|  | DA | -0.04 | -0.08 | 0.27 | -0.45 | -0.23 |
|  | Res. Tb.Sp | 0.16 | -0.24 | 0.04 | 0.03 | -0.26 |
|  | Res. Conn.D | 0.18 | 0.23 | -0.05 | 0.04 | 0.25 |
| TH | BV/TV | -0.27 | 0.00 | -0.01 | 0.13 | 0.09 |
|  | Tb.Th | -0.26 | -0.09 | -0.08 | 0.10 | 0.06 |
|  | DA | 0.09 | -0.08 | 0.37 | 0.22 | -0.43 |
|  | Res. Tb.Sp | 0.20 | -0.20 | -0.11 | -0.08 | -0.06 |
|  | Res. Conn.D | 0.10 | 0.24 | -0.12 | -0.30 | 0.04 |
| TL | BV/TV | -0.26 | 0.03 | -0.10 | -0.02 | -0.05 |
|  | Tb.Th | -0.24 | -0.12 | -0.19 | 0.01 | -0.04 |
|  | DA | -0.10 | -0.09 | 0.28 | -0.29 | -0.21 |
|  | Res. Tb. Sp | 0.16 | -0.27 | -0.07 | 0.05 | -0.03 |
|  | Res. Conn.D | 0.13 | 0.29 | 0.04 | -0.05 | 0.06 |
| TC | BV/TV | -0.27 | 0.03 | 0.03 | 0.04 | 0.05 |
|  | Tb.Th | -0.24 | -0.12 | -0.13 | 0.03 | 0.07 |
|  | DA | 0.00 | -0.16 | 0.40 | 0.32 | 0.25 |
|  | Res. Tb.Sp | 0.17 | -0.23 | -0.23 | -0.04 | 0.00 |
|  | Res. Conn.D | 0.06 | 0.34 | 0.08 | -0.14 | -0.13 |
| TM | BV/TV | -0.24 | 0.04 | -0.04 | 0.06 | -0.21 |
|  | Tb.Th | -0.23 | -0.12 | -0.18 | -0.06 | -0.11 |
|  | DA | 0.01 | -0.18 | 0.40 | 0.20 | 0.13 |
|  | Res. Tb.Sp | 0.15 | -0.26 | -0.20 | -0.10 | 0.21 |
|  | Res. Conn.D | 0.06 | 0.34 | 0.04 | -0.04 | -0.17 |

Table 7.1.56. ANOVA of PC scores between pooled sex populations.

| ANOVA - talus all VOIs |  |  |  |  | Levene's test |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PC1 |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
|  | Between Groups | 258.014 | 3 | 86.005 | 15.060 | . 000 | . 183 | 3 | 36 | . 908 |
|  | Within Groups | 205.593 | 36 | 5.711 |  |  |  |  |  |  |
| PC2 | Total | 463.607 | 39 |  |  |  |  |  |  |  |
|  | Between Groups | 48.067 | 3 | 16.022 | 2.575 | . 069 | . 377 | 3 | 36 | . 770 |
|  | Within Groups | 223.982 | 36 | 6.222 |  |  |  |  |  |  |
| PC3 | Total | 272.049 | 39 |  |  |  |  |  |  |  |
|  | Between Groups | 29.313 | 3 | 9.771 | 5.657 | . 003 | 1.851 | 3 | 36 | . 155 |
|  | Within Groups | 62.185 | 36 | 1.727 |  |  |  |  |  |  |
| PC4 | Total | 91.498 | 39 |  |  |  |  |  |  |  |
|  | Between Groups | 8.264 | 3 | 2.755 | 2.001 | . 131 | . 558 | 3 | 36 | . 646 |
|  | Within Groups | 49.565 | 36 | 1.377 |  |  |  |  |  |  |
| PC5 | Total | 57.829 | 39 |  |  |  |  |  |  |  |
|  | Between Groups | 11.677 | 3 | 3.892 | 3.410 | . 028 | . 466 | 3 | 36 | . 708 |
|  | Within Groups | 41.089 | 36 | 1.141 |  |  |  |  |  |  |
|  | Total | 52.766 | 39 |  |  |  |  |  |  |  |

Table 7.1.57. Pairwise post-hoc comparisons of PC scores between pooled sex populations.

| Pairwise comparisons of principal components of the talus |  |  |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | :--- | :--- | :--- | ---: |
| PC1 | Populations | N | Mean | S.D. | S.E. | Pairwise post-hoc | $\boldsymbol{p}$ |  |
|  | Black Earth | 8 | -3.12 | 2.00 | 0.71 | Black | Jebel Moya | .992 |
|  | Jebel Moya | 6 | -3.87 | 2.92 | 1.19 | Earth | Kerma | $\mathbf{. 0 0 0}$ |
|  | Kerma | 10 | 2.02 | 2.44 | 0.77 |  | St. Johns | $\mathbf{. 0 0 0}$ |
|  | St. Johns | 16 | 1.75 | 2.33 | 0.58 | Jebel | Kerma | $\mathbf{. 0 0 0}$ |
|  | Total | 40 | .00 | 3.45 | 0.55 | Moya | St. Johns | $\mathbf{. 0 0 0}$ |
|  |  |  |  |  |  | Kerma | St. Johns | 1.000 |
| PC2 | Black Earth | 8 | -1.37 | 2.22 | 0.79 | Black | Jebel Moya | .640 |
|  | Jebel Moya | 6 | .54 | 3.00 | 1.22 | Earth | Kerma | 1.000 |
|  | Kerma | 10 | -1.04 | 2.22 | 0.70 |  | St. Johns | .142 |
|  | St. Johns | 16 | 1.13 | 2.58 | 0.65 | Jebel | Kerma | .774 |
|  | Total | 40 | .00 | 2.64 | 0.42 | Moya | St. Johns | .997 |
|  |  |  |  |  |  | Kerma | St. Johns | .200 |
| PC3 | Black Earth | 8 | 1.19 | 0.86 | 0.30 | Black | Jebel Moya | $\mathbf{. 0 1 2}$ |
|  | Jebel Moya | 6 | -1.17 | 0.79 | 0.32 | Earth | Kerma | $\mathbf{. 0 1 3}$ |
|  | Kerma | 10 | -.87 | 1.21 | 0.38 |  | St. Johns | .645 |
|  | St. Johns | 16 | .38 | 1.65 | 0.41 | Jebel | Kerma | .998 |
|  | Total | 40 | .00 | 1.53 | 0.24 | Moya | St. Johns | .104 |
|  |  |  |  |  |  | Kerma | St. Johns | .132 |
| PC4 | Black Earth | 8 | .75 | 1.22 | 0.43 | Black | Jebel Moya | .144 |
|  | Jebel Moya | 6 | -.71 | 0.79 | 0.32 | Earth | Kerma | .378 |
|  | Kerma | 10 | -.25 | 1.12 | 0.35 |  | St. Johns | .662 |
|  | St. Johns | 16 | .05 | 1.28 | 0.32 | Jebel | Kerma | .968 |
|  | Total | 40 | .00 | 1.22 | 0.19 | Moya | St. Johns | .688 |
|  |  |  |  |  |  | Kerma | St. Johns | .988 |
| PC5 | Black Earth | 8 | -.31 | 0.78 | 0.28 | Black | Jebel Moya | .462 |
|  | Jebel Moya | 6 | .66 | 1.31 | 0.54 | Earth | Kerma | .326 |
|  | Kerma | 10 | .65 | 1.00 | 0.32 |  | St. Johns | .999 |
|  | St. Johns | 16 | -.50 | 1.13 | 0.28 | Jebel | Kerma | 1.000 |
|  | Total | 40 | .00 | 1.16 | 0.18 | Moya | St. Johns | .157 |
|  |  |  |  |  |  | Kerma | St. Johns | .062 |
|  |  |  |  |  |  |  |  |  |

## Appendix 7.2 Pairwise ANOVA

Table 7.2.1. Pairwise ANOVA and post-hoc comparisons between pooled sex populations - Achilles tendon.

| ANOVA - Achilles tendon |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV |  | Sum of Squares | df | Mean Squar e | F | $p$ | Levene Statistic | $\begin{aligned} & \text { df } \\ & 1 \end{aligned}$ | $\begin{aligned} & \text { df } \\ & 2 \end{aligned}$ | $p$ |
|  | Between Groups | . 167 | 3 | . 056 | 9.306 | . 000 | 1.877 | 3 | 63 | . 142 |
|  | Within Groups | . 376 | 63 | . 006 |  |  |  |  |  |  |
| Tb.Th | Total | . 543 | 66 |  |  |  |  |  |  |  |
|  | Between Groups | . 042 | 3 | . 014 | 9.785 | . 000 | 3.417 | 3 | 63 | . 023 |
|  | Within Groups | . 090 | 63 | . 001 |  |  |  |  |  |  |
| DA | Total | . 132 | 66 |  |  |  |  |  |  |  |
|  | Between Groups | . 037 | 3 | . 012 | 3.414 | . 023 | 2.552 | 3 | 63 | . 063 |
|  | Within Groups | . 228 | 63 | . 004 |  |  |  |  |  |  |
| Tb.Sp | Total | . 265 | 66 |  |  |  |  |  |  |  |
|  | Between Groups | . 113 | 3 | . 038 | 6.664 | . 001 | . 993 | 3 | 63 | . 402 |
|  | Within Groups | . 355 | 63 | . 006 |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Total | . 468 | 66 |  |  |  |  |  |  |  |
|  | Between Groups | . 043 | 3 | . 014 | 1.111 | . 351 | 1.916 | 3 | 63 | . 136 |
|  | Within Groups | . 806 | 63 | . 013 |  |  |  |  |  |  |
|  | Total | . 849 | 66 |  |  |  |  |  |  |  |
| Residua 1 Tb.Sp | Between Groups | . 112 | 3 | . 037 | 7.407 | . 000 | 1.020 | 3 | 63 | . 390 |
|  | Within Groups | . 317 | 63 | . 005 |  |  |  |  |  |  |
|  | Total | . 428 | 66 |  |  |  |  |  |  |  |
| Residua 1 DA | Between Groups | . 034 | 3 | . 011 | 3.229 | . 028 | 2.132 | 3 | 63 | . 105 |
|  | Within Groups | . 224 | 63 | . 004 |  |  |  |  |  |  |
|  | Total | . 258 | 66 |  |  |  |  |  |  |  |
| Residua <br> 1 <br> Conn.D | Between Groups | . 036 | 3 | . 012 | 1.250 | . 299 | 3.702 | 3 | 63 | . 016 |
|  | Within Groups | . 602 | 63 | . 010 |  |  |  |  |  |  |
|  | Total | . 638 | 66 |  |  |  |  |  |  |  |

Post-hoc

| BV/TV | Black Earth | N | Mean | S.D | S.E. | Type | Pairwise comparisons |  | p$.993$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 0.45 | 0.1 | 0.03 | Hochber g | Black Earth | Jebel Moya |  |
|  |  | 7 |  | 1 |  |  |  |  |  |
|  | Jebel Moya | 1 | 0.47 | 0.0 | 0.02 |  |  | Kerma | . 000 |
|  |  | 4 |  | 6 |  |  |  |  |  |
|  | Kerma | 1 | 0.33 | 0.0 | 0.02 |  |  | St. Johns | . 125 |
|  |  | 6 |  | 7 |  |  |  |  |  |
|  | St. Johns | 2 | 0.39 | 0.0 | 0.01 |  | Jebel | Black Earth | . 993 |
|  |  | 0 |  | 5 |  |  | Moya |  |  |
|  | Total | 6 | 0.41 | 0.0 | 0.01 |  |  | Kerma | . 000 |
|  |  | 7 |  | 9 |  |  |  |  |  |
|  |  |  |  |  |  |  |  | St. Johns | . 039 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 000 |




Table 7.2.2. Pairwise ANOVA and post-hoc comparisons between pooled sex population Calcaneocuboid.

## ANOVA - Calcaneocuboid

|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | $\begin{aligned} & \text { df } \\ & \mathbf{1} \end{aligned}$ | $\begin{aligned} & \text { df } \\ & 2 \end{aligned}$ | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 253 | 3 | . 084 | 17.366 | . 000 | 1.094 | 3 | 60 | . 359 |
|  | Within Groups | . 292 | 60 | . 005 |  |  |  |  |  |  |
|  | Total | . 545 | 63 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 067 | 3 | . 022 | 11.646 | . 000 | . 693 | 3 | 60 | . 560 |
|  | Within Groups | . 115 | 60 | . 002 |  |  |  |  |  |  |
|  | Total | . 182 | 63 |  |  |  |  |  |  |  |
| DA | Between Groups | . 011 | 3 | . 004 | 1.476 | . 230 | 1.827 | 3 | 60 | . 152 |
|  | Within Groups | . 152 | 60 | . 003 |  |  |  |  |  |  |
|  | Total | . 164 | 63 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 222 | 3 | . 074 | 10.108 | . 000 | 1.953 | 3 | 60 | . 131 |
|  | Within Groups | . 440 | 60 | . 007 |  |  |  |  |  |  |
|  | Total | . 663 | 63 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 220 | 3 | . 073 | 3.909 | . 013 | . 102 | 3 | 60 | . 959 |
|  | Within Groups | 1.127 | 60 | . 019 |  |  |  |  |  |  |
|  | Total | 1.347 | 63 |  |  |  |  |  |  |  |
| Residual <br> Tb.Sp | Between Groups | . 247 | 3 | . 082 | 13.065 | . 000 | 1.097 | 3 | 60 | . 357 |
|  | Within Groups | . 378 | 60 | . 006 |  |  |  |  |  |  |
|  | Total | . 625 | 63 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 014 | 3 | . 005 | 1.997 | . 124 | . 955 | 3 | 60 | . 420 |
|  | Within Groups | . 143 | 60 | . 002 |  |  |  |  |  |  |
|  | Total | . 157 | 63 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 263 | 3 | . 088 | 5.855 | . 001 | . 182 | 3 | 60 | . 908 |
|  | Within Groups | . 897 | 60 | . 015 |  |  |  |  |  |  |
|  | Total | 1.160 | 63 |  |  |  |  |  |  |  |

## Post-hoc

|  |  | N | Mean | S.D. | S.E. | type | Pairwise comparisons | $\boldsymbol{p}$ |  |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :--- | :--- | :--- |
| BV/TV | Black Earth | 13 | 0.45 | 0.09 | 0.03 | Hochberg | Black | Jebel Moya | .163 |
|  | Jebel Moya | 15 | 0.51 | 0.07 | 0.02 |  | Earth | Kerma | $\mathbf{. 0 0 2}$ |
|  | Kerma | 19 | 0.35 | 0.07 | 0.02 |  |  | St. Johns | $\mathbf{. 0 1 5}$ |
|  | St. Johns | 17 | 0.37 | 0.06 | 0.01 |  | Jebel | Black Earth | .163 |
|  | Total | 64 | 0.41 | 0.09 | 0.01 |  | Moya | Kerma | $\mathbf{. 0 0 0}$ |
|  |  |  |  |  |  |  | St. Johns | $\mathbf{. 0 0 0}$ |  |
|  |  |  |  |  |  |  |  |  | Kerma |
|  |  |  |  |  |  |  | Black Earth | $\mathbf{. 0 0 2}$ |  |
|  |  |  |  |  |  |  | Sebel Moya | $\mathbf{. 0 0 0}$ |  |
| Tb.Th | Black Earth | 13 | 0.36 | 0.05 | 0.01 | Hochberg | Black | Jebel Moya | .917 |
|  | Jebel Moya | 15 | 0.37 | 0.05 | 0.01 |  | Earth | Kerma | $\mathbf{. 0 1 2}$ |


|  | Kerma | 19 | 0.31 | 0.04 | 0.01 |  | St. Johns | $\mathbf{. 0 0 2}$ |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | St. Johns | 17 | 0.30 | 0.04 | 0.01 |  | Jebel | Black Earth | .917 |
|  | Total | 64 | 0.33 | 0.05 | 0.01 |  | Moya | Kerma | $\mathbf{. 0 0 0}$ |
|  |  |  |  |  |  |  | St. Johns | $\mathbf{. 0 0 0}$ |  |
|  |  |  |  |  |  |  |  |  | Kerma |
|  |  |  |  |  |  |  | Black Earth | $\mathbf{. 0 1 2}$ |  |
|  |  |  |  |  |  |  |  | Jebel Moya | $\mathbf{. 0 0 0}$ |
|  |  |  |  |  |  |  |  |  | St. Johns |, .983


|  | Kerma | 19 | 0.00 | 0.06 | 0.01 |  |  | St. Johns | . 136 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | St. Johns | 17 | -0.02 | 0.05 | 0.01 |  | Jebel | Black Earth | . 345 |
|  | Total | 64 | 0.00 | 0.05 | 0.01 |  | Moya | Kerma | . 967 |
|  |  |  |  |  |  |  |  | St. Johns | . 999 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 791 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 967 |
|  |  |  |  |  |  |  |  | St. Johns | . 757 |
| Residual | Black Earth | 13 | -0.10 | 0.11 | 0.03 | Hochberg | Black | Jebel Moya | . 237 |
| Conn.D | Jebel Moya | 15 | 0.00 | 0.13 | 0.03 |  | Earth | Kerma | . 321 |
|  | Kerma | 19 | -0.01 | 0.12 | 0.03 |  |  | St. Johns | . 001 |
|  | St. Johns | 17 | 0.09 | 0.13 | 0.03 |  | Jebel | Black Earth | . 237 |
|  | Total | 64 | 0.00 | 0.14 | 0.02 |  | Moya | Kerma | 1.00 |
|  |  |  |  |  |  |  |  | St. Johns | . 205 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 321 |
|  |  |  |  |  |  |  |  | Jebel Moya | 1.00 |
|  |  |  |  |  |  |  |  | St. Johns | . 079 |

Table 7.2.3. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Calcaneal tuber.

ANOVA - Calcaneal tuber

|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 122 | 3 | . 041 | 12.082 | . 000 | 4.840 | 3 | 64 | . 004 |
|  | Within Groups | . 216 | 64 | . 003 |  |  |  |  |  |  |
|  | Total | . 338 | 67 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 034 | 3 | . 011 | 6.654 | . 001 | 2.672 | 3 | 64 | . 055 |
|  | Within Groups | . 111 | 64 | . 002 |  |  |  |  |  |  |
|  | Total | . 145 | 67 |  |  |  |  |  |  |  |
| DA | Between Groups | . 018 | 3 | . 006 | 4.655 | . 005 | . 687 | 3 | 64 | . 563 |
|  | Within Groups | . 081 | 64 | . 001 |  |  |  |  |  |  |
|  | Total | . 099 | 67 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 310 | 3 | . 103 | 9.877 | . 000 | 3.069 | 3 | 64 | . 034 |
|  | Within Groups | . 670 | 64 | . 010 |  |  |  |  |  |  |
|  | Total | . 980 | 67 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 267 | 3 | . 089 | 4.437 | . 007 | . 126 | 3 | 64 | . 944 |
|  | Within Groups | 1.285 | 64 | . 020 |  |  |  |  |  |  |
|  | Total | 1.553 | 67 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 326 | 3 | . 109 | 12.037 | . 000 | 1.224 | 3 | 64 | . 308 |
|  | Within Groups | . 578 | 64 | . 009 |  |  |  |  |  |  |
|  | Total | . 904 | 67 |  |  |  |  |  |  |  |
| Residual DA | Between Groups | . 020 | 3 | . 007 | 5.613 | . 002 | . 798 | 3 | 64 | . 500 |
|  | Within Groups | . 076 | 64 | . 001 |  |  |  |  |  |  |
|  | Total | . 096 | 67 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 318 | 3 | . 106 | 6.571 | . 001 | . 310 | 3 | 64 | . 818 |
|  | Within Groups | 1.033 | 64 | . 016 |  |  |  |  |  |  |
|  | Total | 1.351 | 67 |  |  |  |  |  |  |  |

Post-hoc

|  |  | N$16$ | Mean <br> 0.39 | S.D. 0.08 | S.E. <br> 0.02 | type <br> Games- <br> Howell | Pairwise comparisons |  | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Black Earth Jebel Moya |  |  |  |  | Games- <br> Howell | Black <br> Earth | Jebel Moya | . 982 |
|  |  | 15 | 0.39 | 0.04 |  |  |  | Kerma | . 003 |
|  | Kerma | 19 | 0.29 | 0.04 | 0.01 |  |  | St. Johns | . 077 |
|  | St. Johns | 18 | 0.32 | 0.06 | 0.01 |  | Jebel | Black Earth | . 982 |
|  | Total | 68 | 0.35 | 0.07 | 0.01 |  | Moya | Kerma | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 001 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 003 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 309 |
| Tb.Th | Black Earth | 16 | 0.36 | 0.06 | 0.01 | Hochberg | Black | Jebel Moya | . 728 |
|  | Jebel Moya | 15 | 0.34 | 0.03 | 0.01 |  | Earth | Kerma | . 001 |
|  | Kerma | 19 | 0.30 | 0.03 | 0.01 |  |  | St. Johns | . 008 |
|  | St. Johns | 18 | 0.31 | 0.04 | 0.01 |  | Jebel | Black Earth | . 728 |
|  | Total | 68 | 0.33 | 0.05 | 0.01 |  | Moya | Kerma | . 073 |



|  |  |  |  |  |  |  |  | St. Johns | . 995 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 960 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 006 |
|  |  |  |  |  |  |  |  | St. Johns | . 019 |
| Residual | Black Earth | 16 | -0.02 | 0.12 | 0.03 | Hochberg | Black | Jebel Moya | . 184 |
| Conn.D | Jebel Moya | 15 | 0.08 | 0.14 | 0.04 |  | Earth | Kerma | . 485 |
|  | Kerma | 19 | -0.09 | 0.14 | 0.03 |  |  | St. Johns | . 359 |
|  | St. Johns | 18 | 0.06 | 0.11 | 0.03 |  | Jebel | Black Earth | . 184 |
|  | Total | 68 | 0.00 | 0.14 | 0.02 |  | Moya | Kerma | . 002 |
|  |  |  |  |  |  |  |  | St. Johns | . 998 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 485 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 002 |
|  |  |  |  |  |  |  |  | St. Johns | . 004 |

Table 7.2.4. Pairwise ANOVA and post-hoc comparisons between pooled sex population - PTF anterior.

| ANOVA - PTF anterior |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| BV/TV | Between Groups | . 144 | 3 | . 048 | 5.972 | . 001 | . 733 | 3 | 59 | . 536 |
|  | Within Groups | . 476 | 59 | . 008 |  |  |  |  |  |  |
|  | Total | . 620 | 62 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 082 | 3 | . 027 | 8.105 | . 000 | 1.880 | 3 | 59 | . 143 |
|  | Within Groups | . 198 | 59 | . 003 |  |  |  |  |  |  |
|  | Total | . 279 | 62 |  |  |  |  |  |  |  |
| DA | Between Groups | . 039 | 3 | . 013 | 1.551 | . 211 | 1.862 | 3 | 59 | . 146 |
|  | Within Groups | . 489 | 59 | . 008 |  |  |  |  |  |  |
|  | Total | . 528 | 62 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 123 | 3 | . 041 | 4.503 | . 007 | 1.890 | 3 | 59 | . 141 |
|  | Within Groups | . 537 | 59 | . 009 |  |  |  |  |  |  |
|  | Total | . 660 | 62 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 255 | 3 | . 085 | 4.592 | . 006 | . 596 | 3 | 59 | . 620 |
|  | Within Groups | 1.092 | 59 | . 019 |  |  |  |  |  |  |
|  | Total | 1.347 | 62 |  |  |  |  |  |  |  |
| Residual <br> Tb.Sp | Between Groups | . 124 | 3 | . 041 | 4.906 | . 004 | 1.519 | 3 | 59 | . 219 |
|  | Within Groups | . 495 | 59 | . 008 |  |  |  |  |  |  |
|  | Total | . 619 | 62 |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Residual } \\ & \text { DA } \end{aligned}$ | Between Groups | . 055 | 3 | . 018 | 2.437 | . 073 | 1.816 | 3 | 59 | . 154 |
|  | Within Groups | . 443 | 59 | . 008 |  |  |  |  |  |  |
|  | Total | . 498 | 62 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 272 | 3 | . 091 | 5.891 | . 001 | . 773 | 3 | 59 | . 514 |
|  | Within Groups | . 907 | 59 | . 015 |  |  |  |  |  |  |
|  | Total | 1.179 | 62 |  |  |  |  |  |  |  |

Post-hoc



Table 7.2.5. Pairwise ANOVA and post-hoc comparisons between pooled sex population - PTF central.

ANOVA - PTF central

|  |  | Sum of <br> Squares | df | Mean <br> Square | F | $p$ | Levene <br> Statistic | df1 | df2 | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BVTV | Between Groups | . 195 | 3 | . 065 | 8.043 | . 000 | 1.523 | 3 | 60 | . 218 |
|  | Within Groups | . 485 | 60 | . 008 |  |  |  |  |  |  |
|  | Total | . 679 | 63 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 111 | 3 | . 037 | 9.570 | . 000 | 1.132 | 3 | 60 | . 344 |
|  | Within Groups | . 231 | 60 | . 004 |  |  |  |  |  |  |
|  | Total | . 342 | 63 |  |  |  |  |  |  |  |
| DA | Between Groups | . 137 | 3 | . 046 | 5.234 | . 003 | . 083 | 3 | 60 | . 969 |
|  | Within Groups | . 522 | 60 | . 009 |  |  |  |  |  |  |
|  | Total | . 659 | 63 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 034 | 3 | . 011 | 1.889 | . 141 | 1.551 | 3 | 60 | . 211 |
|  | Within Groups | . 360 | 60 | . 006 |  |  |  |  |  |  |
|  | Total | . 394 | 63 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 532 | 3 | . 177 | 9.837 | . 000 | 1.338 | 3 | 60 | . 270 |
|  | Within Groups | 1.082 | 60 | . 018 |  |  |  |  |  |  |
|  | Total | 1.614 | 63 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 036 | 3 | . 012 | 2.209 | . 096 | 1.392 | 3 | 60 | . 254 |
|  | Within Groups | . 328 | 60 | . 005 |  |  |  |  |  |  |
|  | Total | . 364 | 63 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 154 | 3 | . 051 | 6.333 | . 001 | . 068 | 3 | 60 | . 977 |
|  | Within Groups | . 485 | 60 | . 008 |  |  |  |  |  |  |
|  | Total | . 639 | 63 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 523 | 3 | . 174 | 11.828 | . 000 | 2.438 | 3 | 60 | . 073 |
|  | Within Groups | . 884 | 60 | . 015 |  |  |  |  |  |  |
|  | Total | 1.407 | 63 |  |  |  |  |  |  |  |

## Post-hoc



|  | Total | 64 | 0.41 | 0.07 | 0.01 |  | Moya | Kerma |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | St. Johns | $\mathbf{. 0 0 5}$ |
|  |  |  |  |  |  |  | Kerma | Black Earth |
| DA |  |  |  |  |  | Jebel Moya | .096 |  |
|  |  |  |  |  |  |  | St. Johns | .761 |
|  | Black Earth | 13 | 0.69 | 0.09 | 0.02 | Hochberg | Black | Jebel Moya |
|  | Jebel Moya | 13 | 0.58 | 0.09 | 0.02 |  | Earth | Kerma |


|  | Total | 64 | 0.00 | 0.10 | 0.01 |  | Moya | Kerma | . 288 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 519 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 288 |
|  |  |  |  |  |  |  |  | St. Johns | . 087 |
| Residual Conn.D | Black Earth | 13 | -0.09 | 0.07 | 0.02 | Hochberg | Black | Jebel Moya | 1.000 |
|  | Jebel Moya | 13 | -0.09 | 0.15 | 0.04 |  | Earth | Kerma | . 142 |
|  | Kerma | 18 | 0.01 | 0.12 | 0.03 |  |  | St. Johns | . 000 |
|  | St. Johns | 20 | 0.12 | 0.13 | 0.03 |  | Jebel | Black Earth | 1.000 |
|  | Total | 64 | 0.00 | 0.15 | 0.02 |  | Moya | Kerma | . 159 |
|  |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 142 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 159 |
|  |  |  |  |  |  |  |  | St. Johns | . 029 |

Table 7.2.6. Pairwise ANOVA and post-hoc comparisons between pooled sex population - PTF posterior.

| ANOVA - PTF posterior |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| BV/TV | Between Groups | . 190 | 3 | . 063 | 12.535 | . 000 | 2.157 | 3 | 60 | . 102 |
|  | Within Groups | . 303 | 60 | . 005 |  |  |  |  |  |  |
|  | Total | . 493 | 63 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 093 | 3 | . 031 | 13.045 | . 000 | 2.618 | 3 | 60 | . 059 |
|  | Within Groups | . 142 | 60 | . 002 |  |  |  |  |  |  |
|  | Total | . 235 | 63 |  |  |  |  |  |  |  |
| DA | Between Groups | . 051 | 3 | . 017 | 5.373 | . 002 | 2.148 | 3 | 60 | . 104 |
|  | Within Groups | . 188 | 60 | . 003 |  |  |  |  |  |  |
|  | Total | . 239 | 63 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 087 | 3 | . 029 | 5.497 | . 002 | 2.026 | 3 | 60 | . 120 |
|  | Within Groups | . 315 | 60 | . 005 |  |  |  |  |  |  |
|  | Total | . 402 | 63 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 575 | 3 | . 192 | 15.733 | . 000 | . 960 | 3 | 60 | . 418 |
|  | Within Groups | . 731 | 60 | . 012 |  |  |  |  |  |  |
|  | Total | 1.306 | 63 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 088 | 3 | . 029 | 5.643 | . 002 | 2.127 | 3 | 60 | . 106 |
|  | Within Groups | . 313 | 60 | . 005 |  |  |  |  |  |  |
|  | Total | . 401 | 63 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 055 | 3 | . 018 | 6.084 | . 001 | 2.330 | 3 | 60 | . 083 |
|  | Within Groups | . 181 | 60 | . 003 |  |  |  |  |  |  |
|  | Total | . 236 | 63 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 597 | 3 | . 199 | 17.305 | . 000 | . 857 | 3 | 60 | . 468 |
|  | Within Groups | . 690 | 60 | . 011 |  |  |  |  |  |  |
|  | Total | 1.287 | 63 |  |  |  |  |  |  |  |

## Post-hoc

| BV/TV | Black Earth Jebel Moya | N$15$$12$ | Mean$0.53$ | $\begin{aligned} & \text { S.D. } \\ & 0.10 \end{aligned}$ | S.E.$0.03$ | type <br> Hochberg | Pairwise comparisons |  | $p$$.926$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  | Black | Jebel Moya |  |
|  |  |  | 0.55 | 0.06 | 0.02 |  | Earth | Kerma | . 000 |
|  | Kerma | 17 | 0.42 | 0.04 | 0.01 |  |  | St. Johns | . 004 |
|  | St. Johns | 20 | 0.44 | 0.07 | 0.02 |  | Jebel | Black Earth | . 926 |
|  | Total | 64 | 0.48 | 0.09 | 0.01 |  | Moya | Kerma | . 000 |
| Tb.Th |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 000 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 952 |
|  | Black Earth | 15 | 0.43 | 0.06 | 0.02 | Hochberg | Black | Jebel Moya | . 990 |
|  | Jebel Moya | 12 | 0.41 | 0.04 | 0.01 |  | Earth | Kerma | . 000 |
|  | Kerma | 17 | 0.34 | 0.04 | 0.01 |  |  | St. Johns | . 000 |
|  | St. Johns | 20 | 0.34 | 0.05 | 0.01 |  | Jebel | Black Earth | . 990 |
|  | Total | 64 | 0.38 | 0.06 | 0.01 |  | Moya | Kerma | . 002 |
| DA |  |  |  |  |  |  |  | St. Johns | . 001 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 000 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 002 |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
|  | Black Earth | 15 | 0.76 | 0.03 | 0.01 | Hochberg | Black | Jebel Moya | . 039 |
|  | Jebel Moya | 12 | 0.70 | 0.06 | 0.02 |  | Earth | Kerma | . 107 |
|  | Kerma | 17 | 0.71 | 0.06 | 0.02 |  |  | St. Johns | . 002 |
|  | St. Johns | 20 | 0.69 | 0.06 | 0.01 |  | Jebel | Black Earth | . 039 |
|  | Total | 64 | 0.71 | 0.06 | 0.01 |  | Moya | Kerma | . 989 |
| Tb.Sp |  |  |  |  |  |  |  | St. Johns | . 985 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 107 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 989 |
|  |  |  |  |  |  |  |  | St. Johns | . 625 |
|  | Black Earth | 15 | 0.52 | 0.11 | 0.03 | Hochberg | Black | Jebel Moya | . 384 |
|  | Jebel Moya | 12 | 0.47 | 0.06 | 0.02 |  | Earth | Kerma | . 152 |
|  | Kerma | 17 | 0.58 | 0.05 | 0.01 |  |  | St. Johns | 1.000 |
|  | St. Johns | 20 | 0.51 | 0.06 | 0.01 |  | Jebel | Black Earth | . 384 |
|  | Total | 64 | 0.52 | 0.08 | 0.01 |  | Moya | Kerma | . 001 |
| $\log 10$ <br> Conn.D |  |  |  |  |  |  |  | St. Johns | . 451 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 152 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 001 |
|  |  |  |  |  |  |  |  | St. Johns | . 058 |
|  | Black Earth | 15 | 0.39 | 0.11 | 0.03 | Hochberg | Black | Jebel Moya | . 079 |
|  | Jebel Moya | 12 | 0.50 | 0.08 | 0.02 |  | Earth | Kerma | . 003 |
|  | Kerma | 17 | 0.54 | 0.12 | 0.03 |  |  | St. Johns | . 000 |
|  | St. Johns | 20 | 0.65 | 0.12 | 0.03 |  | Jebel | Black Earth | . 079 |
|  | Total | 64 | 0.53 | 0.14 | 0.02 |  | Moya | Kerma | . 934 |
|  |  |  |  |  |  |  |  | St. Johns | . 003 |



Table 7.2.7. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Plantar ligaments.

## ANOVA - Plantar ligaments

|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 142 | 3 | . 047 | 10.753 | . 000 | 1.549 | 3 | 55 | . 212 |
|  | Within Groups | . 242 | 55 | . 004 |  |  |  |  |  |  |
|  | Total | . 383 | 58 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 114 | 3 | . 038 | 19.416 | . 000 | 1.963 | 3 | 55 | . 130 |
|  | Within Groups | . 107 | 55 | . 002 |  |  |  |  |  |  |
|  | Total | . 221 | 58 |  |  |  |  |  |  |  |
| DA | Between Groups | . 041 | 3 | . 014 | 3.362 | . 025 | . 528 | 3 | 55 | . 665 |
|  | Within Groups | . 221 | 55 | . 004 |  |  |  |  |  |  |
|  | Total | . 262 | 58 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 229 | 3 | . 076 | 5.385 | . 003 | . 582 | 3 | 55 | . 629 |
|  | Within Groups | . 781 | 55 | . 014 |  |  |  |  |  |  |
|  | Total | 1.010 | 58 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 160 | 3 | . 053 | 2.131 | . 107 | . 237 | 3 | 55 | . 870 |
|  | Within Groups | 1.377 | 55 | . 025 |  |  |  |  |  |  |
|  | Total | 1.537 | 58 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 247 | 3 | . 082 | 6.126 | . 001 | . 226 | 3 | 55 | . 878 |
|  | Within Groups | . 738 | 55 | . 013 |  |  |  |  |  |  |
|  | Total | . 985 | 58 |  |  |  |  |  |  |  |
| ResidualDA | Between Groups | . 034 | 3 | . 011 | 3.293 | . 027 | . 266 | 3 | 55 | . 850 |
|  | Within Groups | . 189 | 55 | . 003 |  |  |  |  |  |  |
|  | Total | . 223 | 58 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 218 | 3 | . 073 | 3.592 | . 019 | . 421 | 3 | 55 | . 739 |
|  | Within Groups | 1.112 | 55 | . 020 |  |  |  |  |  |  |
|  | Total | 1.329 | 58 |  |  |  |  |  |  |  |

## Post-hoc



|  | Total | 59 | 0.31 | 0.06 | 0.01 |  | Moya | Kerma | . 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  | St. Johns | . 008 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 000 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 627 |
| DA | Black Earth | 12 | 0.67 | 0.07 | 0.02 | Hochberg | Black <br> Earth | Jebel Moya | . 563 |
|  | Jebel Moya | 11 | 0.71 | 0.06 | 0.02 |  |  | Kerma | . 410 |
|  | Kerma | 18 | 0.71 | 0.06 | 0.01 |  |  | St. Johns | . 015 |
|  | St. Johns | 18 | 0.75 | 0.06 | 0.02 |  | Jebel <br> Moya | Black Earth | . 563 |
|  | Total | 59 | 0.71 | 0.07 | 0.01 |  |  | Kerma | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 641 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 410 |
|  |  |  |  |  |  |  |  | Jebel Moya | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 517 |
| Tb.Sp | Black Earth | 12 | 0.72 | 0.15 | 0.04 | Hochberg | Black | Jebel Moya | . 179 |
|  | Jebel Moya | 11 | 0.61 | 0.09 | 0.03 |  | Earth | Kerma | . 894 |
|  | Kerma | 18 | 0.76 | 0.12 | 0.03 |  |  | St. Johns | . 629 |
|  | St. Johns | 18 | 0.78 | 0.11 | 0.03 |  | Jebel | Black Earth | . 179 |
|  | Total | 59 |  | 0.13 | $0.02$ |  | Moya | Kerma | . 008 |
|  |  |  |  |  |  |  |  | St. Johns | . 002 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 894 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 008 |
|  |  |  |  |  |  |  |  | St. Johns | . 997 |
| $\log 10$ <br> Conn.D | Black Earth | 12 | 0.30 | 0.16 | 0.05 | Hochberg | Black | Jebel Moya | . 220 |
|  | Jebel Moya | 11 | 0.44 | 0.14 | 0.04 |  | Earth | Kerma | . 485 |
|  | Kerma | 18 | 0.40 | 0.15 | 0.04 |  |  | St. Johns | . 999 |
|  | St. Johns | 18 | 0.32 | 0.17 | 0.04 |  | Jebel | Black Earth | . 220 |
|  | Total | 59 | 0.36 | 0.16 | $0.02$ |  | Moya | Kerma | . 982 |
|  |  |  |  |  |  |  |  | St. Johns | . 304 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 485 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 982 |
|  |  |  |  |  |  |  |  | St. Johns | . 640 |
| Residual Tb.Sp | Black Earth | 12 | -0.01 | 0.14 | 0.04 | Hochberg | Black | Jebel Moya | . 086 |
|  | Jebel Moya | 11 | -0.13 | 0.11 | 0.03 |  | Earth | Kerma | . 925 |
|  | Kerma | 18 | 0.03 | 0.11 | 0.03 |  |  | St. Johns | . 707 |
|  | St. Johns | 18 | 0.05 | 0.11 | 0.03 |  | Jebel | Black Earth | . 086 |
|  | Total | 59 | 0.00 | 0.13 | 0.02 |  | Moya | Kerma | . 004 |
|  |  |  |  |  |  |  |  | St. Johns | . 001 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 925 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 004 |
|  |  |  |  |  |  |  |  | St. Johns | . 998 |
| $\begin{aligned} & \text { Residual } \\ & \text { DA } \end{aligned}$ | Black Earth | 12 | -0.04 | 0.06 | 0.02 | Hochberg | Black | Jebel Moya | . 889 |
|  | Jebel Moya | 11 | -0.01 | 0.05 | 0.01 |  | Earth | Kerma | . 493 |
|  | Kerma | 18 | 0.00 | 0.06 | 0.01 |  |  | St. Johns | . 020 |


|  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | St. Johns | 18 | 0.03 | 0.06 | 0.02 |  | Jebel | Black Earth | . 889 |
|  | Total | 59 | 0.00 | 0.06 | 0.01 |  | Moya | Kerma | . 998 |
|  |  |  |  |  |  |  |  | St. Johns | . 334 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 493 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 998 |
|  |  |  |  |  |  |  |  | St. Johns | . 508 |
| Residual | Black Earth | 12 | -0.08 | 0.14 | 0.04 | Hochberg | Black | Jebel Moya | . 029 |
| Conn.D | Jebel Moya | 11 | 0.10 | 0.14 | 0.04 |  | Earth | Kerma | . 227 |
|  | Kerma | 18 | 0.03 | 0.12 | 0.03 |  |  | St. Johns | . 970 |
|  | St. Johns | 18 | -0.04 | 0.16 | 0.04 |  | Jebel | Black Earth | . 029 |
|  | Total | 59 | 0.00 | 0.15 | 0.02 |  | Moya | Kerma | . 804 |
|  |  |  |  |  |  |  |  | St. Johns | . 098 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 227 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 804 |
|  |  |  |  |  |  |  |  | St. Johns | . 605 |

Table 7.2.8. Pairwise ANOVA and post-hoc comparisons between pooled sex population - MT1 base dorsal.

| ANOVA - MT1 base dorsal |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV |  | Sum of <br> Squares | df | Mean Square | F | $p$ | Levene <br> Statistic | df1 | df2 | p |
|  | Between Groups | . 085 | 3 | . 028 | 7.425 | . 000 | . 833 | 3 | 49 | . 482 |
|  | Within Groups | . 187 | 49 | . 004 |  |  |  |  |  |  |
| Tb.Th | Total | . 272 | 52 |  |  |  |  |  |  |  |
|  | Between Groups | . 033 | 3 | . 011 | 12.436 | . 000 | 2.191 | 3 | 49 | . 101 |
|  | Within Groups | . 044 | 49 | . 001 |  |  |  |  |  |  |
| DA | Total | . 077 | 52 |  |  |  |  |  |  |  |
|  | Between Groups | . 062 | 3 | . 021 | 12.126 | . 000 | . 750 | 3 | 49 | . 528 |
|  | Within Groups | . 083 | 49 | . 002 |  |  |  |  |  |  |
| Tb.Sp | Total | . 145 | 52 |  |  |  |  |  |  |  |
|  | Between Groups | . 037 | 3 | . 012 | 4.899 | . 005 | . 490 | 3 | 49 | . 691 |
|  | Within Groups | . 124 | 49 | . 003 |  |  |  |  |  |  |
| $\begin{aligned} & \log 10 \\ & \text { Conn.D } \end{aligned}$ | Total | . 161 | 52 |  |  |  |  |  |  |  |
|  | Between Groups | . 311 | 3 | . 104 | 9.521 | . 000 | . 463 | 3 | 49 | . 709 |
|  | Within Groups | . 533 | 49 | . 011 |  |  |  |  |  |  |
|  | Total | . 844 | 52 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 035 | 3 | . 012 | 4.745 | . 006 | . 474 | 3 | 49 | . 702 |
|  | Within Groups | . 122 | 49 | . 002 |  |  |  |  |  |  |
|  | Total | . 157 | 52 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 063 | 3 | . 021 | 12.429 | . 000 | . 744 | 3 | 49 | . 531 |
|  | Within Groups | . 082 | 49 | . 002 |  |  |  |  |  |  |
|  | Total | . 145 | 52 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 337 | 3 | . 112 | 11.795 | . 000 | . 839 | 3 | 49 | . 479 |
|  | Within Groups | . 466 | 49 | . 010 |  |  |  |  |  |  |
|  | Total | . 803 | 52 |  |  |  |  |  |  |  |

## Post-hoc




Table 7.2.9. Pairwise ANOVA and post-hoc comparisons between pooled sex population - MT1 base dorsal

ANOVA - MT1 base plantar

|  |  | Sum of <br> Squares | df | Mean <br> Square | F | $p$ | Levene Statistic | $\begin{aligned} & \hline \mathbf{d f} \\ & \mathbf{1} \end{aligned}$ | $\begin{aligned} & \text { df } \\ & 2 \end{aligned}$ | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 049 | 3 | . 016 | 5.387 | . 003 | 1.490 | 3 | 44 | . 230 |
|  | Within Groups | . 132 | 44 | . 003 |  |  |  |  |  |  |
|  | Total | . 181 | 47 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 027 | 3 | . 009 | 9.704 | . 000 | 1.787 | 3 | 44 | . 163 |
|  | Within Groups | . 041 | 44 | . 001 |  |  |  |  |  |  |
|  | Total | . 069 | 47 |  |  |  |  |  |  |  |
| DA | Between Groups | . 047 | 3 | . 016 | 3.731 | . 018 | 2.530 | 3 | 44 | . 069 |
|  | Within Groups | . 186 | 44 | . 004 |  |  |  |  |  |  |
|  | Total | . 233 | 47 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 099 | 3 | . 033 | 4.387 | . 009 | . 340 | 3 | 44 | . 797 |
|  | Within Groups | . 331 | 44 | . 008 |  |  |  |  |  |  |
|  | Total | . 430 | 47 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 347 | 3 | . 116 | 6.817 | . 001 | 2.485 | 3 | 44 | . 073 |
|  | Within Groups | . 746 | 44 | . 017 |  |  |  |  |  |  |
|  | Total | 1.093 | 47 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 081 | 3 | . 027 | 4.120 | . 012 | . 504 | 3 | 44 | . 681 |
|  | Within Groups | . 288 | 44 | . 007 |  |  |  |  |  |  |
|  | Total | . 369 | 47 |  |  |  |  |  |  |  |
| ResidualDA | Between Groups | . 052 | 3 | . 017 | 4.376 | . 009 | 1.904 | 3 | 44 | . 143 |
|  | Within Groups | . 173 | 44 | . 004 |  |  |  |  |  |  |
|  | Total | . 225 | 47 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 357 | 3 | . 119 | 8.965 | . 000 | . 703 | 3 | 44 | . 555 |
|  | Within Groups | . 584 | 44 | . 013 |  |  |  |  |  |  |
|  | Total | . 941 | 47 |  |  |  |  |  |  |  |

## Post-hoc





Table 7.2.10. Pairwise ANOVA and post-hoc comparisons between pooled sex population - MT1 head dorsal.

| ANOVA - MT1 head dorsal |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of <br> Squares | df | Mean <br> Square | F | $p$ | Levene Statistic | $\begin{aligned} & \hline \text { df } \\ & 1 \end{aligned}$ | $\begin{aligned} & \text { df } \\ & 2 \end{aligned}$ | $p$ |
| BV/TV | Between Groups | . 163 | 3 | . 054 | 23.671 | . 000 | 2.159 | 3 | 53 | . 104 |
|  | Within Groups | . 121 | 53 | . 002 |  |  |  |  |  |  |
|  | Total | . 284 | 56 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 051 | 3 | . 017 | 20.934 | . 000 | 8.578 | 3 | 53 | . 000 |
|  | Within Groups | . 043 | 53 | . 001 |  |  |  |  |  |  |
|  | Total | . 094 | 56 |  |  |  |  |  |  |  |
| DA | Between Groups | . 031 | 3 | . 010 | 5.292 | . 003 | 1.816 | 3 | 53 | . 156 |
|  | Within Groups | . 103 | 53 | . 002 |  |  |  |  |  |  |
|  | Total | . 134 | 56 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 040 | 3 | . 013 | 6.848 | . 001 | 1.199 | 3 | 53 | . 319 |
|  | Within Groups | . 104 | 53 | . 002 |  |  |  |  |  |  |
|  | Total | . 145 | 56 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 218 | 3 | . 073 | 4.152 | . 010 | . 130 | 3 | 53 | . 942 |
|  | Within Groups | . 926 | 53 | . 017 |  |  |  |  |  |  |
|  | Total | 1.143 | 56 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 034 | 3 | . 011 | 6.359 | . 001 | 1.871 | 3 | 53 | . 146 |
|  | Within Groups | . 096 | 53 | . 002 |  |  |  |  |  |  |
|  | Total | . 130 | 56 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 031 | 3 | . 010 | 5.299 | . 003 | 1.821 | 3 | 53 | . 155 |
|  | Within Groups | . 103 | 53 | . 002 |  |  |  |  |  |  |
|  | Total | . 134 | 56 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 297 | 3 | . 099 | 7.127 | . 000 | . 255 | 3 | 53 | . 857 |
|  | Within Groups | . 736 | 53 | . 014 |  |  |  |  |  |  |
|  | Total | 1.033 | 56 |  |  |  |  |  |  |  |

Post-hoc



Table 7.2.11. Pairwise ANOVA and post-hoc comparisons between pooled sex population - MT1 head plantar.

ANOVA - MT1 head plantar

|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | $\begin{aligned} & \text { df } \\ & \mathbf{1} \end{aligned}$ | $\begin{aligned} & \text { df } \\ & 2 \end{aligned}$ | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 066 | 3 | . 022 | 8.050 | . 000 | . 415 | 3 | 49 | . 743 |
|  | Within Groups | . 133 | 49 | . 003 |  |  |  |  |  |  |
|  | Total | . 199 | 52 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 039 | 3 | . 013 | $\begin{array}{r} 11.27 \\ 3 \end{array}$ | . 000 | 3.547 | 3 | 49 | . 021 |
|  | Within Groups | . 056 | 49 | . 001 |  |  |  |  |  |  |
|  | Total | . 094 | 52 |  |  |  |  |  |  |  |
| DA | Between Groups | . 032 | 3 | . 011 | 2.588 | . 064 | 1.528 | 3 | 49 | . 219 |
|  | Within Groups | . 199 | 49 | . 004 |  |  |  |  |  |  |
|  | Total | . 231 | 52 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 048 | 3 | . 016 | 2.424 | . 077 | 3.753 | 3 | 49 | . 017 |
|  | Within Groups | . 323 | 49 | . 007 |  |  |  |  |  |  |
|  | Total | . 371 | 52 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 044 | 3 | . 015 | . 865 | . 466 | 1.326 | 3 | 49 | . 277 |
|  | Within Groups | . 825 | 49 | . 017 |  |  |  |  |  |  |
|  | Total | . 869 | 52 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 043 | 3 | . 014 | 2.212 | . 099 | 4.649 | 3 | 49 | . 006 |
|  | Within Groups | . 315 | 49 | . 006 |  |  |  |  |  |  |
|  | Total | . 357 | 52 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 034 | 3 | . 011 | 2.883 | . 045 | 1.408 | 3 | 49 | . 252 |
|  | Within Groups | . 193 | 49 | . 004 |  |  |  |  |  |  |
|  | Total | . 227 | 52 |  |  |  |  |  |  |  |
| Residual Conn.D | Between Groups | . 060 | 3 | . 020 | 1.283 | . 291 | 1.315 | 3 | 49 | . 280 |
|  | Within Groups | . 765 | 49 | . 016 |  |  |  |  |  |  |
|  | Total | . 825 | 52 |  |  |  |  |  |  |  |

Post-hoc

|  |  | N | Mean | S.D. | S.E. | type | Pairwise comparisons |  | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Black Earth | 14 | 0.37 | 0.06 | 0.01 | Hochberg | Black | Jebel Moya | . 988 |
|  | Jebel Moya | 8 | 0.35 | 0.06 | 0.02 |  | Earth | Kerma | . 000 |
|  | Kerma | 13 | 0.28 | 0.05 | 0.01 |  |  | St. Johns | . 020 |
|  | St. Johns | 18 | 0.31 | 0.05 | 0.01 |  | Jebel | Black Earth | . 988 |
|  | Total | 53 | 0.32 | 0.06 | 0.01 |  | Moya | Kerma | . 012 |
|  |  |  |  |  |  |  |  | St. Johns | . 302 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 000 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 012 |
|  |  |  |  |  |  |  |  | St. Johns | . 396 |
| Tb.Th | Black Earth | 14 | 0.30 | 0.05 | 0.01 | Games- <br> Howell | Black | Jebel Moya | . 213 |
|  | Jebel Moya | 8 | 0.27 | 0.03 | 0.01 |  | Earth | Kerma | . 002 |
|  | Kerma | 13 | 0.24 | 0.03 | 0.01 |  |  | St. Johns | . 003 |
|  | St. Johns | 18 | 0.24 | 0.02 | 0.01 |  | Jebel | Black Earth | . 213 |


| DA | Total | 53 | 0.26 | 0.04 | 0.01 |  | Moya | Kerma | . 064 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  | St. Johns | . 123 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 002 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 064 |
|  |  |  |  |  |  |  |  | St. Johns | . 896 |
|  | Black Earth | 14 | 0.60 | 0.04 | 0.01 | Hochberg | Black Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 8 | 0.59 | 0.08 | 0.03 |  |  | Kerma | . 109 |
|  | Kerma | 13 | 0.65 | 0.08 | 0.02 |  |  | St. Johns | . 999 |
|  | St. Johns | 18 | 0.60 | 0.06 | 0.01 |  | Jebel <br> Moya | Black Earth | 1.000 |
|  | Total | 53 | 0.61 | 0.07 | 0.01 |  |  | Kerma | . 184 |
|  |  |  |  |  |  |  |  | St. Johns | . 997 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 109 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 184 |
|  |  |  |  |  |  |  |  | St. Johns | . 200 |
| Tb.Sp | Black Earth | 14 | 0.56 | 0.05 | 0.01 | Games- <br> Howell | Black <br> Earth | Jebel Moya | 1.000 |
|  | Jebel Moya | 8 | 0.56 | 0.08 | 0.03 |  |  | Kerma | . 135 |
|  | Kerma | 13 | 0.63 | 0.11 | 0.03 |  |  | St. Johns | . 721 |
|  | St. Johns | 18 | 0.58 | 0.08 | 0.02 |  | Jebel | Black Earth | 1.000 |
|  | Total | 53 | 0.58 | 0.08 | 0.01 |  | Moya | Kerma | . 286 |
|  |  |  |  |  |  |  |  | St. Johns | . 889 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 135 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 286 |
|  |  |  |  |  |  |  |  | St. Johns | . 463 |
| $\log 10$ <br> Conn.D | Black Earth | 14 | 0.66 | 0.11 | 0.03 | Hochberg | Black <br> Earth | Jebel Moya | . 917 |
|  | Jebel Moya | 8 | 0.71 | 0.10 | 0.04 |  |  | Kerma | . 964 |
|  | Kerma | 13 | 0.70 | 0.16 | 0.05 |  |  | St. Johns | . 520 |
|  | St. Johns | 18 | 0.73 | 0.13 | 0.03 |  | Jebel <br> Moya | Black Earth | . 917 |
|  | Total | 53 | 0.70 | 0.13 | 0.02 |  |  | Kerma | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 964 |
|  |  |  |  |  |  |  |  | Jebel Moya | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 977 |
| Residual Tb.Sp | Black Earth | 14 | -0.02 | 0.05 | 0.01 | GamesHowell | Black | Jebel Moya | . 989 |
|  | Jebel Moya | 8 | -0.03 | 0.09 | 0.03 |  | Earth | Kerma | . 195 |
|  | Kerma | 13 | 0.05 | 0.11 | 0.03 |  |  | St. Johns | . 847 |
|  | St. Johns | 18 | 0.00 | 0.07 | 0.02 |  | Jebel | Black Earth | . 989 |
|  | Total | 53 | 0.00 | 0.08 | 0.01 |  | Moya | Kerma | . 302 |
|  |  |  |  |  |  |  |  | St. Johns | . 860 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 195 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 302 |
|  |  |  |  |  |  |  |  | St. Johns | . 480 |
| $\begin{aligned} & \text { Residual } \\ & \text { DA } \end{aligned}$ | Black Earth | 14 | -0.02 | 0.04 | 0.01 | Hochberg | Black | Jebel Moya | 1.000 |
|  | Jebel Moya | 8 | -0.02 | 0.07 | 0.03 |  | Earth | Kerma | . 063 |
|  | Kerma | 13 | 0.04 | 0.08 | 0.02 |  |  | St. Johns | . 992 |
|  | St. Johns | 18 | -0.01 | 0.06 | 0.01 |  | Jebel | Black Earth | 1.000 |
|  | Total | 53 | 0.00 | 0.07 | 0.01 |  | Moya | Kerma | . 179 |



Table 7.2.12. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Talus ACF.

| ANOVA - Talus ACF |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | $\begin{aligned} & \text { df } \\ & 1 \end{aligned}$ | $\begin{aligned} & \text { df } \\ & 2 \end{aligned}$ | $p$ |
|  | Between Groups | . 101 | 3 | . 034 | 8.155 | . 000 | 2.192 | 3 | 57 | . 099 |
|  | Within Groups | . 234 | 57 | . 004 |  |  |  |  |  |  |
| Tb.Th | Total | . 335 | 60 |  |  |  |  |  |  |  |
|  | Between Groups | . 033 | 3 | . 011 | 8.371 | . 000 | . 733 | 3 | 57 | . 537 |
|  | Within Groups | . 075 | 57 | . 001 |  |  |  |  |  |  |
| DA | Total | . 108 | 60 |  |  |  |  |  |  |  |
|  | Between Groups | . 013 | 3 | . 004 | 1.150 | . 337 | . 185 | 3 | 57 | . 906 |
|  | Within Groups | . 209 | 57 | . 004 |  |  |  |  |  |  |
| Tb.Sp | Total | . 222 | 60 |  |  |  |  |  |  |  |
|  | Between Groups | . 114 | 3 | . 038 | 4.052 | . 011 | . 328 | 3 | 57 | . 805 |
|  | Within Groups | . 535 | 57 | . 009 |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Total | . 650 | 60 |  |  |  |  |  |  |  |
|  | Between Groups | . 040 | 3 | . 013 | . 938 | . 428 | . 147 | 3 | 57 | . 931 |
|  | Within Groups | . 803 | 57 | . 014 |  |  |  |  |  |  |
|  | Total | . 843 | 60 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 109 | 3 | . 036 | 4.229 | . 009 | . 312 | 3 | 57 | . 817 |
|  | Within Groups | . 491 | 57 | . 009 |  |  |  |  |  |  |
|  | Total | . 601 | 60 |  |  |  |  |  |  |  |
| ResidualDA | Between Groups | . 012 | 3 | . 004 | 1.075 | . 367 | . 289 | 3 | 57 | . 833 |
|  | Within Groups | . 210 | 57 | . 004 |  |  |  |  |  |  |
|  | Total | . 221 | 60 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 043 | 3 | . 014 | 1.096 | . 358 | . 208 | 3 | 57 | . 891 |
|  | Within Groups | . 747 | 57 | . 013 |  |  |  |  |  |  |
|  | Total | . 790 | 60 |  |  |  |  |  |  |  |

## Post-hoc

| N | Mean | S.D. | S.E. | type | Pairwise <br> comparisons | $p$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |


| BV/TV | Black Earth | 13 | 0.36 | 0.08 | 0.02 | Hochberg | Black | Jebel Moy | . 774 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Jebel Moya | 9 | 0.39 | 0.07 | 0.02 |  | Earth | Kerma | . 020 |
|  | Kerma | 20 | 0.29 | 0.05 | 0.01 |  |  | St. Johns | . 036 |
|  | St. Johns | 19 | 0.29 | 0.06 | 0.01 |  | Jebel | Black Earth | . 774 |
|  | Total | 61 | 0.32 | 0.07 | 0.01 |  | Moya | Kerma | . 001 |
|  |  |  |  |  |  |  |  | St. Johns | . 002 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 020 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 001 |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
| Tb.Th | Black Earth <br> Jebel Moya | 13 | 0.30 | 0.04 | 0.01 | Hochberg | Black <br> Earth | Jebel Moya | . 974 |
|  |  | 9 | 0.31 | 0.04 | 0.01 |  |  | Kerma | . 005 |
|  | Kerma | 20 | 0.25 | 0.03 | 0.01 |  |  | St. Johns | . 020 |
|  | St. Johns | 19 | 0.26 | 0.04 | 0.01 |  | Jebel | Black Earth | . 974 |
|  | Total | 61 | 0.27 | 0.04 | 0.01 |  | Moya | Kerma | . 001 |
|  |  |  |  |  |  |  |  | St. Johns | . 005 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 005 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 001 |
|  |  |  |  |  |  |  |  | St. Johns | . 996 |
| DA | Black Earth | 13 | 0.67 | 0.06 | 0.02 | Hochberg | Black | Jebel Moya | . 957 |
|  | Jebel Moya | 9 | 0.69 | 0.05 | 0.02 |  | Earth | Kerma | . 715 |
|  | Kerma | 20 | 0.69 | 0.06 | 0.01 |  |  | St. Johns | 1.000 |
|  | St. Johns | 19 | 0.66 | 0.06 | 0.01 |  | Jebel | Black Earth | . 957 |
|  | Total | 61 | 0.68 | 0.06 | 0.01 |  | Moya | Kerma | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 884 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 715 |
|  |  |  |  |  |  |  |  | Jebel Moya | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 475 |
| Tb.Sp | Black Earth | 13 | 0.59 | 0.11 | 0.03 | Hochberg | Black | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | 0.59 | 0.09 | 0.03 |  | Earth | Kerma | . 022 |
|  | Kerma | 20 | 0.69 | 0.09 | 0.02 |  |  | St. Johns | . 664 |
|  | St. Johns | 19 | 0.63 | 0.10 | 0.02 |  | Jebel | Black Earth | 1.000 |
|  | Total | 61 | 0.64 | 0.10 | 0.01 |  | Moya | Kerma | . 054 |
|  |  |  |  |  |  |  |  | St. Johns | . 760 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 022 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 054 |
|  |  |  |  |  |  |  |  | St. Johns | . 376 |
| $\log 10$ <br> Conn.D | Black Earth | 13 | 0.64 | 0.10 | 0.03 | Hochberg | Black | Jebel Moya | 1.000 |
|  | Jebel Moya | 9 | 0.65 | 0.10 | 0.03 |  | Earth | Kerma | . 999 |
|  | Kerma | 20 | 0.62 | 0.12 | 0.03 |  |  | St. Johns | . 858 |
|  | St. Johns | 19 | 0.68 | 0.13 | 0.03 |  | Jebel | Black Earth | 1.000 |
|  | Total | 61 | 0.65 | 0.12 | 0.02 |  | Moya | Kerma | . 986 |
|  |  |  |  |  |  |  |  | St. Johns | . 987 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 999 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 986 |



Table 7.2.13. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Talus $P C F$.

ANOVA - talus PCF

|  |  | Sum of Squares | df | Mean Squar e | F | $p$ | Levene Statisti c | df1 | df2 | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 201 | 3 | . 067 | 15.786 | . 000 | 1.497 | 3 | 56 | . 22 |
|  | Within Groups | . 238 | 5 | . 004 |  |  |  |  |  |  |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | . 440 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 067 | 3 | . 022 | 14.486 | . 000 | 1.364 | 3 | 56 | . 26 |
|  | Within Groups | . 087 | 5 | . 002 |  |  |  |  |  |  |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | . 154 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |
| DA | Between Groups | . 006 | 3 | . 002 | 1.112 | . 352 | . 535 | 3 | 56 | . 66 |
|  | Within Groups | . 101 | 5 | . 002 |  |  |  |  |  |  |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | . 107 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 066 | 3 | . 022 | 5.354 | . 003 | . 516 | 3 | 56 | . 67 |
|  | Within Groups | . 229 | 5 | . 004 |  |  |  |  |  |  |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | . 294 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 341 | 3 | . 114 | 6.566 | . 001 | 1.750 | 3 | 56 | . 16 |
|  | Within Groups | . 969 | 5 | . 017 |  |  |  |  |  | 7 |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | 1.310 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Residua } \\ & 1 \text { Tb.Sp } \end{aligned}$ | Between Groups | . 071 | 3 | . 024 | 6.039 | . 001 | . 466 | 3 | 56 | . 70 |
|  | Within Groups | . 219 | 5 | . 004 |  |  |  |  |  | 7 |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | . 289 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Residua } \\ & \text { I DA } \end{aligned}$ | Between Groups | . 006 | 3 | . 002 | 1.147 | . 338 | . 437 | 3 | 56 | . 72 |
|  |  |  |  |  |  |  |  |  |  | 8 |
|  | Within Groups | . 101 | 5 | . 002 |  |  |  |  |  |  |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | . 107 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |
| Residua | Between Groups | . 375 | 3 | . 125 | 8.183 | . 000 | . 869 | 3 | 56 | . 46 |
| 1 |  |  |  |  |  |  |  |  |  | 3 |
| Conn. ${ }^{\text {D }}$ | Within Groups | . 855 | 5 | . 015 |  |  |  |  |  |  |
|  |  |  | 6 |  |  |  |  |  |  |  |
|  | Total | 1.229 | 5 |  |  |  |  |  |  |  |
|  |  |  | 9 |  |  |  |  |  |  |  |

Post-hoc

| VOI | N | Mean | S.D | S.E. | type | Pairwise comparisons | $\boldsymbol{p}$ |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Black Earth | 12 | 0.48 | 0.08 | 0.02 | Hochber | Black | Jebel Moya |


|  | Jebel Moya | 13 | 0.49 | 0.08 | 0.02 | g | Earth | Kerma | . 001 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Kerma | 18 | 0.38 | 0.05 | 0.01 |  |  | St. Johns | . 000 |
|  | St. Johns | 17 | 0.36 | 0.06 | 0.02 |  | Jebel | Black Earth | . 985 |
|  | Total | 60 | 0.42 | 0.09 | 0.01 |  | Moya | Kerma | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerm | Black Earth | . 001 |
|  |  |  |  |  |  |  | a | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 970 |
| Tb.Th | Black Earth | 12 | 0.33 | 0.04 | 0.01 | Hochber <br> g | Black <br> Earth | Jebel Moya | . 995 |
|  | Jebel Moya | 13 | 0.33 | 0.04 | 0.01 |  |  | Kerma | . 000 |
|  | Kerma | 18 | 0.26 | 0.03 | 0.01 |  |  | St. Johns | . 000 |
|  | St. Johns | 17 | 0.26 | 0.05 | 0.01 |  | Jebel <br> Moya | Black Earth | . 995 |
|  | Total | 60 | 0.29 | 0.05 | 0.01 |  |  | Kerma | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerm | Black Earth | . 000 |
|  |  |  |  |  |  |  | a | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
| DA | Black Earth | 12 | 0.77 | 0.04 | 0.01 | Hochber g | Black <br> Earth | Jebel Moya | . 976 |
|  | Jebel Moya | 13 | 0.76 | 0.03 | 0.01 |  |  | Kerma | . 834 |
|  | Kerma | 18 | 0.76 | 0.04 | 0.01 |  |  | St. Johns | . 382 |
|  | St. Johns | 17 | 0.75 | 0.05 | 0.01 |  | Jebel <br> Moya | Black Earth | . 976 |
|  | Total | 60 | 0.76 | 0.04 | 0.01 |  |  | Kerma | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 877 |
|  |  |  |  |  |  |  | Kerm | Black Earth | . 834 |
|  |  |  |  |  |  |  | a | Jebel Moya | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 971 |
| Tb.Sp | Black Earth | 12 | 0.49 | 0.08 | 0.02 | Hochber g | Black <br> Earth | Jebel Moya | . 198 |
|  | Jebel Moya | 13 | 0.43 | 0.06 | 0.02 |  |  | Kerma | . 840 |
|  | Kerma | 18 | 0.52 | 0.05 | 0.01 |  |  | St. Johns | . 761 |
|  | St. Johns | 17 | 0.52 | 0.06 | 0.02 |  | Jebel <br> Moya | Black Earth | . 198 |
|  | Total | 60 | 0.49 | 0.07 | 0.01 |  |  | Kerma | . 006 |
|  |  |  |  |  |  |  |  | St. Johns | . 004 |
|  |  |  |  |  |  |  | Kerm | Black Earth | . 840 |
|  |  |  |  |  |  |  | a | Jebel Moya | . 006 |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
| $\log 10$ <br> Conn.D | Black Earth | 12 | 0.57 | 0.11 | 0.03 | Hochber g | Black Earth | Jebel Moya | . 416 |
|  | Jebel Moya | 13 | 0.66 | 0.14 | 0.04 |  |  | Kerma | . 003 |
|  | Kerma | 18 | 0.75 | 0.11 | 0.03 |  |  | St. Johns | . 001 |
|  | St. Johns | 17 | 0.77 | 0.16 | 0.04 |  | Jebel <br> Moya | Black Earth | . 416 |
|  | Total | 60 | 0.70 | 0.15 | 0.02 |  |  | Kerma | . 347 |
|  |  |  |  |  |  |  |  | St. Johns | . 189 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 003 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 347 |



Table 7.2.14. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Talus head.

ANOVA - Talus head

| BV/TV |  | Sum of <br> Squares | df | Mean Square | F | $p$ | Levene <br> Statistic | df1 | df2 | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Between Groups | . 392 | 3 | . 131 | 35.51 | . 000 | . 509 | 3 | 61 | . 677 |
|  | Within Groups | . 224 | 61 | . 004 |  |  |  |  |  |  |
| Tb.Th | Total | . 616 | 64 |  |  |  |  |  |  |  |
|  | Between Groups | . 126 | 3 | . 042 | 29.84 | . 000 | . 168 | 3 | 61 | . 917 |
|  | Within Groups | . 086 | 61 | . 001 |  |  |  |  |  |  |
| DA | Total | . 212 | 64 |  |  |  |  |  |  |  |
|  | Between Groups | . 038 | 3 | . 013 | 9.983 | . 000 | 2.779 | 3 | 61 | . 049 |
|  | Within Groups | . 078 | 61 | . 001 |  |  |  |  |  |  |
| Tb.Sp | Total | . 117 | 64 |  |  |  |  |  |  |  |
|  | Between Groups | . 110 | 3 | . 037 | 12.11 | . 000 | 1.419 | 3 | 61 | . 246 |
|  | Within Groups | . 185 | 61 | . 003 |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Total | . 295 | 64 |  |  |  |  |  |  |  |
|  | Between Groups | . 282 | 3 | . 094 | 5.065 | . 003 | . 008 | 3 | 61 | . 999 |
|  | Within Groups | 1.134 | 61 | . 019 |  |  |  |  |  |  |
| Residual Tb.Sp | Total | 1.416 | 64 |  |  |  |  |  |  |  |
|  | Between Groups | . 111 | 3 | . 037 | 13.17 | . 000 | . 761 | 3 | 61 | . 520 |
|  | Within Groups | . 171 | 61 | . 003 |  |  |  |  |  |  |
|  | Total | . 282 | 64 |  |  |  |  |  |  |  |
| ResidualDA | Between Groups | . 042 | 3 | . 014 | 12.01 | . 000 | 1.829 | 3 | 61 | . 151 |
|  | Within Groups | . 072 | 61 | . 001 |  |  |  |  |  |  |
|  | Total | . 114 | 64 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 356 | 3 | . 119 | 8.526 | . 000 | . 112 | 3 | 61 | . 953 |
|  | Within Groups | . 849 | 61 | . 014 |  |  |  |  |  |  |
|  | Total | 1.205 | 64 |  |  |  |  |  |  |  |

## Post-hoc

|  |  | N | Mean | S.D. | S.E. | type | Pairwise comparisons |  | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Black Earth | 11 | 0.55 | 0.05 | 0.01 | Hochberg | Black <br> Earth | Jebel Moya | . 576 |
|  | Jebel Moya | 16 | 0.59 | 0.07 | 0.02 |  |  | Kerma | . 000 |
|  | Kerma | 19 | 0.42 | 0.06 | 0.01 |  |  | St. Johns | . 000 |
|  | St. Johns | 19 | 0.41 | 0.06 | 0.01 |  | Jebel <br> Moya | Black Earth | . 576 |
|  | Total | 65 | $0.48$ | $0.10$ | 0.01 |  |  | Kerma | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 000 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 997 |
| Tb.Th | Black Earth | 11 | 0.35 | 0.04 | 0.01 | Hochberg | Black <br> Earth | Jebel Moya | . 431 |
|  | Jebel Moya | 16 | 0.38 | 0.04 | 0.01 |  |  | Kerma | . 000 |
|  | Kerma | 19 | 0.28 | 0.03 | 0.01 |  |  | St. Johns | . 000 |
|  | St. Johns | 19 | 0.28 | 0.04 | 0.01 |  | Jebel | Black Earth | . 431 |



|  | St. Johns | 19 | 0.03 | 0.03 | 0.01 |  | Jebel | Black Earth | 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | 65 | $0.00$ | $0.04$ | $0.01$ |  | Moya | Kerma | .000 .235 |
|  |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 024 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 235 |
|  |  |  |  |  |  |  |  | St. Johns | . 011 |
| Residual | Black Earth | 11 | -0.14 | 0.12 | 0.03 | Hochberg | Black | Jebel Moya | . 081 |
| Conn.D | Jebel Moya | 16 | -0.02 | 0.13 | 0.03 |  | Earth | Kerma | . 000 |
|  | Kerma | 19 | 0.09 | 0.11 | 0.03 |  |  | St. Johns | . 010 |
|  | St. Johns | 19 | 0.01 | 0.11 | 0.03 |  | Jebel | Black Earth | . 081 |
|  | Total | 65 | 0.00 | 0.14 | 0.02 |  | Moya | Kerma | . 057 |
|  |  |  |  |  |  |  |  | St. Johns | . 967 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 000 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 057 |
|  |  |  |  |  |  |  |  | St. Johns | . 273 |

Table 7.2.15. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Trochlea lateral.

| ANOVA - Trochlea lateral |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sum of <br> Squares | df | Mean <br> Square | F | $p$ | Levene <br> Statistic | df1 | df2 | $p$ |
| BV/TV | Between Groups | . 316 | 3 | . 105 | 19.55 | . 000 | . 349 | 3 | 58 | . 790 |
|  | Within Groups | . 312 | 58 | . 005 |  |  |  |  |  |  |
|  | Total | . 629 | 61 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 115 | 3 | . 038 | 19.56 | . 000 | 1.384 | 3 | 58 | . 257 |
|  | Within Groups | . 113 | 58 | . 002 |  |  |  |  |  |  |
|  | Total | . 228 | 61 |  |  |  |  |  |  |  |
| DA | Between Groups | . 013 | 3 | . 004 | 2.418 | . 075 | 1.175 | 3 | 58 | . 327 |
|  | Within Groups | . 104 | 58 | . 002 |  |  |  |  |  |  |
|  | Total | . 117 | 61 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 088 | 3 | . 029 | 9.130 | . 000 | . 253 | 3 | 58 | . 859 |
|  | Within Groups | . 186 | 58 | . 003 |  |  |  |  |  |  |
|  | Total | . 274 | 61 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 496 | 3 | . 165 | 9.989 | . 000 | . 135 | 3 | 58 | . 939 |
|  | Within Groups | . 959 | 58 | . 017 |  |  |  |  |  |  |
|  | Total | 1.455 | 61 |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Residual } \\ & \text { Tb.Sp } \end{aligned}$ | Between Groups | . 093 | 3 | . 031 | 10.18 | . 000 | . 176 | 3 | 58 | . 912 |
|  | Within Groups | . 177 | 58 | . 003 |  |  |  |  |  |  |
|  | Total | . 270 | 61 |  |  |  |  |  |  |  |
| ResidualDA | Between Groups | . 012 | 3 | . 004 | 2.304 | . 086 | 1.124 | 3 | 58 | . 347 |
|  | Within Groups | . 105 | 58 | . 002 |  |  |  |  |  |  |
|  | Total | . 117 | 61 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 507 | 3 | . 169 | 11.80 | . 000 | . 406 | 3 | 58 | . 750 |
|  | Within Groups | . 830 | 58 | . 014 |  |  |  |  |  |  |
|  | Total | 1.337 | 61 |  |  |  |  |  |  |  |

## Post-hoc

| VOI |  | N | Mean | S.D. | S.E. | type | Pairwis | comparisons | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Black Earth | 14 | 0.50 | 0.07 | 0.02 | Hochberg | Black | Jebel Moya | . 199 |
|  | Jebel Moya | 15 | 0.56 | 0.08 | 0.02 |  | Earth | Kerma | . 002 |
|  | Kerma | 15 | 0.40 | 0.07 | 0.02 |  |  | St. Johns | . 001 |
|  | St. Johns | 18 | 0.39 | 0.07 | 0.02 |  | Jebel | Black Earth | . 199 |
|  | Total | 62 | 0.46 | 0.10 | 0.01 |  | Moya | Kerma | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 002 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
| Tb.Th | Black Earth | 14 | 0.33 | 0.05 | 0.01 | Hochberg | Black | Jebel Moya | . 650 |
|  | Jebel Moya | 15 | 0.35 | 0.05 | 0.01 |  | Earth | Kerma | . 004 |
|  | Kerma | 15 | 0.27 | 0.03 | 0.01 |  |  | St. Johns | . 000 |
|  | St. Johns | 18 | 0.25 | 0.05 | 0.01 |  | Jebel | Black Earth | . 650 |
|  | Total | 62 | 0.30 | 0.06 | 0.01 |  | Moya | Kerma | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 000 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 004 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 619 |
| DA | Black Earth | 14 | 0.80 | 0.03 | 0.01 | Hochberg | Black | Jebel Moya | . 309 |
|  | Jebel Moya | 15 | 0.77 | 0.05 | 0.01 |  | Earth | Kerma | . 160 |
|  | Kerma | 15 | 0.76 | 0.05 | 0.01 |  |  | St. Johns | . 103 |
|  | St. Johns | 18 | 0.76 | 0.04 | 0.01 |  | Jebel | Black Earth | . 309 |
|  | Total | 62 | 0.77 | 0.04 | 0.01 |  | Moya | Kerma | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | . 998 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 160 |
|  |  |  |  |  |  |  |  | Jebel Moya | 1.000 |
|  |  |  |  |  |  |  |  | St. Johns | 1.000 |
| Tb.Sp | Black Earth | 14 | 0.42 | 0.06 | 0.02 | Hochberg | Black | Jebel Moya | . 114 |
|  | Jebel Moya | 15 | 0.37 | 0.05 | 0.01 |  | Earth | Kerma | . 046 |
|  | Kerma | 15 | 0.48 | 0.06 | 0.02 |  |  | St. Johns | 1.000 |
|  | St. Johns | 18 | 0.43 | 0.06 | 0.01 |  | Jebel | Black Earth | . 114 |
|  | Total | 62 | 0.43 | 0.07 | 0.01 |  | Moya | Kerma | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 050 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 046 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 000 |
|  |  |  |  |  |  |  |  | St. Johns | . 047 |
| $\log 10$ | Black Earth | 14 | 0.62 | 0.12 | 0.03 | Hochberg | Black | Jebel Moya | . 760 |
| Conn.D | Jebel Moya | 15 | 0.68 | 0.13 | 0.03 |  | Earth | Kerma | . 053 |
|  | Kerma | 15 | 0.75 | 0.12 | 0.03 |  |  | St. Johns | . 000 |
|  | St. Johns | 18 | 0.85 | 0.14 | 0.03 |  | Jebel | Black Earth | . 760 |



Table 7.2.16. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Trochlea central.

ANOVA - Trochlea central

|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | $p$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 169 | 3 | . 056 | 10.021 | . 000 | 1.204 | 3 | 58 | . 316 |
|  | Within Groups | . 327 | 58 | . 006 |  |  |  |  |  |  |
|  | Total | . 496 | 61 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 069 | 3 | . 023 | 13.559 | . 000 | . 441 | 3 | 58 | . 725 |
|  | Within Groups | . 098 | 58 | . 002 |  |  |  |  |  |  |
|  | Total | . 166 | 61 |  |  |  |  |  |  |  |
| DA | Between Groups | . 118 | 3 | . 039 | 9.789 | . 000 | 1.618 | 3 | 58 | . 195 |
|  | Within Groups | . 233 | 58 | . 004 |  |  |  |  |  |  |
|  | Total | . 351 | 61 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 066 | 3 | . 022 | 6.099 | . 001 | . 205 | 3 | 58 | . 892 |
|  | Within Groups | . 210 | 58 | . 004 |  |  |  |  |  |  |
|  | Total | . 276 | 61 |  |  |  |  |  |  |  |
| $\log 10$ <br> Conn.D | Between Groups | . 242 | 3 | . 081 | 6.946 | . 000 | . 721 | 3 | 58 | . 544 |
|  | Within Groups | . 673 | 58 | . 012 |  |  |  |  |  |  |
|  | Total | . 914 | 61 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 065 | 3 | . 022 | 6.203 | . 001 | . 721 | 3 | 58 | . 544 |
|  | Within Groups | . 201 | 58 | . 003 |  |  |  |  |  |  |
|  | Total | . 266 | 61 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 100 | 3 | . 033 | 8.263 | . 000 | 1.624 | 3 | 58 | . 194 |
|  | Within Groups | . 234 | 58 | . 004 |  |  |  |  |  |  |
|  | Total | . 334 | 61 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 252 | 3 | . 084 | 8.136 | . 000 | . 955 | 3 | 58 | . 420 |
|  | Within Groups | . 600 | 58 | . 010 |  |  |  |  |  |  |
|  | Total | . 852 | 61 |  |  |  |  |  |  |  |

## Post-hoc



| DA | Total | 62 | 0.29 | 0.05 | 0.01 | Hochberg | Moya <br> Kerma | Kerma <br> St. Johns <br> Black Earth <br> Jebel Moya <br> St. Johns | $\begin{aligned} & .000 \\ & .000 \\ & .023 \\ & .000 \\ & .967 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | Black Earth | 14 | 0.74 | 0.05 | 0.01 |  | Black | Jebel Moya | . 000 |
|  | Jebel Moya | 13 | 0.61 | 0.08 | 0.02 |  | Earth | Kerma | . 037 |
|  | Kerma | 17 | 0.68 | 0.06 | 0.01 |  |  | St. Johns | . 009 |
|  | St. Johns | 18 | 0.67 | 0.06 | 0.01 |  | Jebel | Black Earth | . 000 |
|  | Total | 62 | 0.68 | 0.08 | 0.01 |  | Moya | Kerma | . 035 |
|  |  |  |  |  |  |  |  | St. Johns | . 101 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 037 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 035 |
|  |  |  |  |  |  |  |  | St. Johns | . 997 |
| Tb.Sp | Black Earth | 14 | 0.44 | 0.07 | 0.02 | Hochberg | Black | Jebel Moya | 1.000 |
|  | Jebel Moya | 13 | 0.44 | 0.07 | 0.02 |  | Earth | Kerma | . 005 |
|  | Kerma | 17 | 0.52 | 0.06 | 0.01 |  |  | St. Johns | . 980 |
|  | St. Johns | 18 | 0.46 | 0.05 | 0.01 |  | Jebel | Black Earth | 1.000 |
|  | Total | 62 | 0.46 | 0.07 | 0.01 |  | Moya | Kerma | . 003 |
|  |  |  |  |  |  |  |  | St. Johns | . 931 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 005 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 003 |
|  |  |  |  |  |  |  |  | St. Johns | . 024 |
| $\log 10$ <br> Conn.D | Black Earth | 14 | 0.70 | 0.09 | 0.03 | Hochberg | Black | Jebel Moya | . 643 |
|  | Jebel Moya | 13 | 0.76 | 0.09 | 0.02 |  | Earth | Kerma | . 231 |
|  | Kerma | 17 | 0.78 | 0.11 | 0.03 |  |  | St. Johns | . 000 |
|  | St. Johns | 18 | 0.87 | 0.13 | 0.03 |  | Jebel | Black Earth | . 643 |
|  | Total | 62 | 0.79 | 0.12 | 0.02 |  | Moya | Kerma | . 995 |
|  |  |  |  |  |  |  |  | St. Johns | . 035 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 231 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 995 |
|  |  |  |  |  |  |  |  | St. Johns | . 091 |
| Residual Tb.Sp | Black Earth | 14 | -0.02 | 0.06 | 0.02 | Hochberg | Black | Jebel Moya | . 993 |
|  | Jebel Moya | 13 | -0.03 | 0.07 | 0.02 |  | Earth | Kerma | . 009 |
|  | Kerma | 17 | 0.05 | 0.05 | 0.01 |  |  | St. Johns | . 993 |
|  | St. Johns | 18 | -0.01 | 0.05 | 0.01 |  | Jebel | Black Earth | . 993 |
|  | Total | 62 | 0.00 | 0.07 | 0.01 |  | Moya | Kerma | . 002 |
|  |  |  |  |  |  |  |  | St. Johns | . 805 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 009 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 002 |
|  |  |  |  |  |  |  |  | St. Johns | . 028 |
| $\begin{aligned} & \text { Residual } \\ & \text { DA } \end{aligned}$ | Black Earth | 14 | 0.06 | 0.05 | 0.01 | Hochberg | Black | Jebel Moya | . 000 |
|  | Jebel Moya | 13 | -0.06 | 0.08 | 0.02 |  | Earth | Kerma | . 082 |
|  | Kerma | 17 | 0.00 | 0.06 | 0.01 |  |  | St. Johns | . 015 |
|  |  |  |  |  | 559 |  |  |  |  |


|  | St. Johns | 18 | -0.01 | 0.06 | 0.01 |  | Jebel | Black Earth | 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | 62 | 0.00 | 0.07 | 0.01 |  | Moya | Kerma | $.056$ |
|  |  |  |  |  |  |  |  | St. Johns | . 204 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 082 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 056 |
|  |  |  |  |  |  |  |  | St. Johns | . 989 |
| Residual <br> Conn.D | Black Earth | 14 | -0.09 | 0.09 | 0.02 | Hochberg | Black | Jebel Moya | . 246 |
|  | Jebel Moya | 13 | -0.01 | 0.09 | 0.02 |  | Earth | Kerma | . 079 |
|  | Kerma | 17 | 0.00 | 0.10 | 0.03 |  |  | St. Johns | . 000 |
|  | St. Johns | 18 | 0.08 | 0.12 | 0.03 |  | Jebel | Black Earth | . 246 |
|  | Total | 62 | 0.00 | 0.12 | 0.02 |  | Moya | Kerma | . 999 |
|  |  |  |  |  |  |  |  | St. Johns | . 059 |
|  |  |  |  |  |  |  | Kerma | Black Earth | . 079 |
|  |  |  |  |  |  |  |  | Jebel Moya | . 999 |
|  |  |  |  |  |  |  |  | St. Johns | . 097 |

Table 7.2.17. Pairwise ANOVA and post-hoc comparisons between pooled sex population - Talus $P C F$.

## ANOVA - Trochlea medial

|  |  | Sum of Squares | df | Mean Square | F | $p$ | Levene Statistic | df1 | df2 | p |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | Between Groups | . 101 | 3 | . 034 | 9.231 | . 000 | . 182 | 3 | 56 | . 908 |
|  | Within Groups | . 203 | 56 | . 004 |  |  |  |  |  |  |
|  | Total | . 304 | 59 |  |  |  |  |  |  |  |
| Tb.Th | Between Groups | . 041 | 3 | . 014 | 11.552 | . 000 | . 288 | 3 | 56 | . 834 |
|  | Within Groups | . 067 | 56 | . 001 |  |  |  |  |  |  |
|  | Total | . 108 | 59 |  |  |  |  |  |  |  |
| DA | Between Groups | . 048 | 3 | . 016 | 2.535 | . 066 | . 083 | 3 | 56 | . 969 |
|  | Within Groups | . 354 | 56 | . 006 |  |  |  |  |  |  |
|  | Total | . 402 | 59 |  |  |  |  |  |  |  |
| Tb.Sp | Between Groups | . 085 | 3 | . 028 | 12.788 | . 000 | . 093 | 3 | 56 | . 964 |
|  | Within Groups | . 124 | 56 | . 002 |  |  |  |  |  |  |
|  | Total | . 209 | 59 |  |  |  |  |  |  |  |
| $\begin{aligned} & \log 10 \\ & \text { Conn.D } \end{aligned}$ | Between Groups | . 272 | 3 | . 091 | 8.642 | . 000 | . 504 | 3 | 56 | . 681 |
|  | Within Groups | . 587 | 56 | . 010 |  |  |  |  |  |  |
|  | Total | . 858 | 59 |  |  |  |  |  |  |  |
| Residual Tb.Sp | Between Groups | . 081 | 3 | . 027 | 12.184 | . 000 | . 178 | 3 | 56 | . 911 |
|  | Within Groups | . 123 | 56 | . 002 |  |  |  |  |  |  |
|  | Total | . 204 | 59 |  |  |  |  |  |  |  |
| Residual <br> DA | Between Groups | . 038 | 3 | . 013 | 2.071 | . 114 | . 190 | 3 | 56 | . 903 |
|  | Within Groups | . 344 | 56 | . 006 |  |  |  |  |  |  |
|  | Total | . 382 | 59 |  |  |  |  |  |  |  |
| Residual <br> Conn.D | Between Groups | . 265 | 3 | . 088 | 9.858 | . 000 | . 570 | 3 | 56 | . 637 |
|  | Within Groups | . 503 | 56 | . 009 |  |  |  |  |  |  |
|  | Total | . 768 | 59 |  |  |  |  |  |  |  |

## Post-hoc





Figure 7.2.1. Boxplots of calcaneal trabecular properties in pooled sex populations. Achilles tendon $(A T)$, calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet ( $P$ P: posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).






> Population
> Black Earth
> Jebel Moya
> Kerma
> St Johns


Figure 7.2.2. Line plots of calcaneal trabecular properties in pooled sex populations. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


Figure 7.2.3. Boxplots of first metatarsal trabecular properties in pooled sex populations. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).


Figure 7.2.4. Line plots of first metatarsal trabecular properties in pooled sex populations. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet ( $P C F$ ), trochlea (lateral: TL, central: TC, medial: TM).


Figure 7.2.5. Boxplots of talar trabecular properties in pooled sex populations. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).


Figure 7.2.6. Lines plots of talar trabecular properties in pooled sex populations. Achilles tendon $(A T)$, calcaneal tuber $(C T)$, plantar ligaments $(P L)$, posterior talar facet $(P P$ : posterior, $P C$ : central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head $(H P)$, talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

## Appendix 7.3 PCA of individual VOIs

Table 7.3.1. Summary statistics of PC1 to PC3 for all VOIs. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

|  | Calcaneus |  |  | First metatarsal |  |  | Talus |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | PC1 | $\begin{gathered} \text { PC2 } \\ \text { AT } \end{gathered}$ | PC3 | PC1 | $\begin{gathered} \text { PC2 } \\ \text { BD } \end{gathered}$ | PC3 | PC1 | $\begin{aligned} & \mathrm{PC} 2 \\ & \mathrm{ACF} \end{aligned}$ | PC3 |
| Standard deviation | 1.60 | 1.12 | 1.02 | 1.59 | 1.30 | 0.80 | 1.56 | 1.30 | 0.87 |
| Proportion of Variance | 0.51 | 0.25 | 0.21 | 0.51 | 0.34 | 0.13 | 0.49 | 0.34 | 0.15 |
| Cumulative Proportion | 0.51 | 0.76 | 0.97 | 0.51 | 0.85 | 0.97 | 0.49 | 0.82 | 0.97 |
| BV/TV | -0.61 | 0.17 | 0.02 | 0.57 | -0.30 | 0.03 | -0.57 | 0.33 | 0.06 |
| Tb.Th | -0.48 | 0.55 | 0.00 | 0.59 | 0.08 | 0.38 | -0.41 | 0.56 | -0.26 |
| DA | -0.09 | -0.35 | 0.88 | 0.27 | 0.48 | -0.81 | 0.29 | 0.40 | 0.84 |
| Res. Tb.Sp | 0.58 | 0.28 | -0.04 | -0.37 | 0.56 | 0.34 | 0.56 | 0.17 | -0.42 |
| Res. Conn.D | -0.25 | -0.68 | -0.47 | -0.35 | -0.60 | -0.30 | -0.33 | -0.63 | 0.22 |
|  |  | CC |  |  | BP |  |  | PCF |  |
| Standard deviation | 1.59 | 1.32 | 0.79 | 1.46 | 1.38 | 0.92 | 1.62 | 1.20 | 0.92 |
| Proportion of Variance | 0.51 | 0.35 | 0.13 | 0.42 | 0.38 | 0.17 | 0.52 | 0.29 | 0.17 |
| Cumulative Proportion | 0.51 | 0.85 | 0.98 | 0.42 | 0.81 | 0.98 | 0.52 | 0.81 | 0.98 |
| BV/TV | -0.60 | 0.19 | -0.04 | 0.35 | -0.61 | 0.07 | -0.59 | 0.23 | -0.03 |
| Tb.Th | -0.60 | -0.13 | 0.26 | -0.10 | -0.69 | 0.22 | -0.59 | -0.08 | 0.21 |
| DA | -0.13 | -0.56 | -0.81 | -0.29 | -0.22 | -0.92 | -0.09 | -0.52 | -0.83 |
| Res. Tb.Sp | 0.42 | -0.50 | 0.34 | -0.64 | 0.15 | 0.26 | 0.31 | -0.62 | 0.44 |
| Res. Conn.D | 0.29 | 0.61 | -0.39 | 0.61 | 0.28 | -0.17 | 0.44 | 0.53 | -0.25 |
|  |  | CT |  |  | HD |  |  | TH |  |
| Standard deviation | 1.64 | 1.27 | 0.72 | 1.57 | 1.30 | 0.85 | 1.68 | 1.15 | 0.84 |
| Proportion of Variance | 0.54 | 0.32 | 0.10 | 0.49 | 0.34 | 0.14 | 0.56 | 0.26 | 0.14 |
| Cumulative Proportion | 0.54 | 0.86 | 0.97 | 0.49 | 0.83 | 0.97 | 0.56 | 0.83 | 0.97 |
| BV/TV | -0.54 | 0.34 | -0.01 | -0.62 | 0.11 | -0.07 | 0.59 | 0.00 | -0.09 |
| Tb.Th | -0.36 | 0.60 | 0.22 | -0.60 | -0.20 | 0.18 | 0.56 | 0.13 | 0.17 |
| DA | 0.34 | 0.46 | -0.81 | 0.11 | -0.56 | -0.78 | -0.20 | 0.64 | -0.69 |
| Res. Tb.Sp | 0.57 | 0.06 | 0.35 | 0.39 | -0.47 | 0.55 | -0.49 | 0.23 | 0.57 |
| Res. Conn.D | -0.37 | -0.56 | -0.40 | 0.30 | 0.65 | -0.20 | -0.24 | -0.72 | -0.39 |
|  |  | PA |  |  | HP |  |  | TC |  |
| Standard deviation | 1.56 | 1.31 | 0.83 | 1.51 | 1.33 | 0.92 | 1.49 | 1.24 | 0.97 |
| Proportion of Variance | 0.49 | 0.35 | 0.14 | 0.45 | 0.36 | 0.17 | 0.45 | 0.31 | 0.19 |
| Cumulative Proportion | 0.49 | 0.84 | 0.97 | 0.45 | 0.81 | 0.98 | 0.45 | 0.75 | 0.94 |
| BV/TV | -0.63 | 0.03 | -0.05 | 0.60 | -0.26 | 0.20 | -0.62 | 0.20 | -0.09 |
| Tb.Th | -0.55 | 0.35 | 0.13 | 0.35 | -0.63 | 0.01 | -0.65 | -0.01 | -0.23 |
| DA | 0.20 | 0.49 | -0.83 | -0.35 | -0.07 | 0.92 | -0.09 | -0.56 | 0.70 |
| Res. Tb.Sp | 0.50 | 0.35 | 0.46 | -0.56 | -0.29 | -0.34 | 0.30 | -0.46 | -0.65 |
| Res. Conn.D | 0.08 | -0.72 | -0.28 | 0.28 | 0.67 | 0.03 | 0.32 | 0.66 | 0.16 |
|  |  | PC |  |  |  |  |  | TL |  |
| Standard deviation | 1.65 | 1.21 | 0.82 |  |  |  | 1.69 | 1.15 | 0.86 |


| Proportion of Variance | 0.54 | 0.29 | 0.13 | 0.57 | 0.26 | 0.15 |
| :--- | :---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Cumulative Proportion | 0.54 | 0.84 | 0.97 | 0.57 | 0.83 | 0.98 |
| BV/TV | $\mathbf{- 0 . 5 8}$ | 0.18 | -0.07 | $\mathbf{- 0 . 5 6}$ | -0.26 | 0.14 |
| Tb.Th | $\mathbf{- 0 . 5 8}$ | -0.13 | 0.16 | $\mathbf{- 0 . 5 6}$ | 0.03 | 0.31 |
| DA | -0.04 | $\mathbf{- 0 . 6 4}$ | $\mathbf{- 0 . 7 6}$ | -0.32 | 0.34 | $\mathbf{- 0 . 8 7}$ |
| Res. Tb.Sp | 0.37 | $\mathbf{- 0 . 5 5}$ | $\mathbf{0 . 4 9}$ | 0.31 | $\mathbf{0 . 7 0}$ | 0.26 |
| Res. Conn.D | 0.43 | $\mathbf{0 . 4 9}$ | -0.38 | 0.41 | $\mathbf{- 0 . 5 7}$ | -0.25 |
|  | $\mathbf{P P}$ |  |  | $\mathbf{T M}$ |  |  |
| Standard deviation | 1.65 | 1.20 | 0.84 | 1.51 | 1.30 | 0.96 |
| Proportion of Variance | 0.54 | 0.29 | 0.14 | 0.46 | 0.34 | 0.18 |
| Cumulative Proportion | 0.54 | 0.83 | 0.98 | 0.46 | 0.80 | 0.98 |
| BV/TV | $\mathbf{- 0 . 5 5}$ | -0.31 | 0.15 | $\mathbf{0 . 6 5}$ | -0.04 | 0.11 |
| Tb.Th | $\mathbf{- 0 . 5 7}$ | 0.04 | 0.33 | $\mathbf{0 . 5 9}$ | -0.31 | -0.20 |
| DA | -0.32 | 0.38 | $\mathbf{- 0 . 8 4}$ | -0.17 | -0.39 | $\mathbf{0 . 8 6}$ |
| Res. Tb.Sp | 0.30 | $\mathbf{0 . 6 7}$ | 0.32 | $\mathbf{- 0 . 4 5}$ | $\mathbf{- 0 . 4 4}$ | $\mathbf{- 0 . 4 6}$ |
| Res. Conn.D | 0.41 | $\mathbf{- 0 . 5 6}$ | -0.25 | -0.08 | $\mathbf{0 . 7 5}$ | 0.10 |
|  | $\mathbf{P L}$ |  |  |  |  |  |
| Standard deviation | 1.59 | 1.22 | 0.94 |  |  |  |
| Proportion of Variance | 0.51 | 0.30 | 0.18 |  |  |  |
| Cumulative Proportion | 0.51 | 0.80 | 0.98 |  |  |  |
| BV/TV | $\mathbf{- 0 . 5 8}$ | 0.30 | 0.08 |  |  |  |
| Tb.Th | $\mathbf{- 0 . 4 3}$ | $\mathbf{0 . 5 5}$ | -0.28 |  |  |  |
| DA | 0.18 | 0.39 | $\mathbf{0 . 8 9}$ |  |  |  |
| Res. Tb.Sp | $\mathbf{0 . 5 8}$ | 0.20 | -0.26 |  |  |  |
| Res. Conn.D | -0.34 | $\mathbf{- 0 . 6 4}$ | 0.25 |  |  |  |

Table 7.3.2. Summary statistics of ANOVAs for PC4 and PC5. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments ( $P L$ ), posterior talar facet ( $P P$ : posterior, $P C$ : central, $P A$ : anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head $(T H)$, anterior calcaneal facet $(A C F)$, posterior calcaneal facet $(P C F)$, trochlea (lateral: TL, central: TC, medial: TM).

| PC4 | PC5 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| VOI | Levene p | F | df | $p$ | Sig. Posthoc | Levene p | F | df | $p$ | Sig. Posthoc |
| AT | . 505 | 2.862 | 3, 63 | . 044 |  | . 412 | . 386 | 3, 63 | . 763 |  |
| CC | . 505 | . 926 | 3, 60 | . 434 |  | . 963 | . 731 | 3, 60 | . 538 |  |
| CT | . 036 | . 873 | 3, 64 | . 460 |  | . 660 | 1.447 | 3, 64 | . 237 |  |
| PA | . 580 | . 621 | 3, 56 | . 621 |  | . 688 | 1.424 | 3, 56 | . 245 |  |
| PC | . 081 | . 771 | 3, 60 | . 515 |  | . 964 | 1.605 | 3, 60 | . 198 |  |
| PP | . 058 | . 687 | 3, 55 | . 564 |  | . 437 | 2.036 | 3, 55 | . 119 |  |
| PL | . 344 | . 103 | 3, 53 | . 958 |  | . 614 | 2.020 | 3, 53 | . 122 |  |
| BD | . 584 | 2.956 | 3, 46 | . 042 | $B E>K$ | . 443 | . 359 | 3, 46 | . 783 |  |
| BP | . 351 | . 339 | 3, 44 | . 797 |  | . 340 | . 608 | 3, 44 | . 613 |  |
| HD | . 210 | 1.369 | 3, 53 | . 262 |  | . 197 | 2.057 | 3, 53 | . 117 |  |
| HP | . 147 | 1.626 | 3, 46 | . 196 |  | . 785 | 2.315 | 3, 46 | . 088 |  |
| ACF | . 213 | 4.304 | 3, 50 | . 009 | BE>JM, K | . 352 | 3.808 | 3, 50 | . 016 | $\mathrm{K}>\mathrm{SJ}$ |
| PCF | . 934 | . 296 | 3, 48 | . 828 |  | . 637 | . 811 | 3, 48 | . 494 |  |
| TH | . 053 | 1.603 | 3, 54 | . 199 |  | . 616 | 2.476 | 3, 54 | . 071 |  |
| TL | . 253 | 1.263 | 3, 51 | . 297 |  | . 175 | 1.080 | 3, 51 | . 366 |  |
| TC | . 099 | 1.622 | 3, 51 | . 196 |  | . 130 | . 895 | 3, 51 | . 450 |  |
| TM | . 698 | 4.869 | 3, 49 | . 005 | $\mathrm{BE}>\mathrm{K}, \mathrm{SJ}$ | . 194 | 1.402 | 3, 49 | . 253 |  |

## Appendix 7.4 Plots of trabecular properties per sex




Females




Population
Black Earth
Jebel Moya
$=$ Kerma
$=$ St Johns



Figure 7.4.1. Plots of trabecular properties of males and females throughout the foot. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

## Appendix 7.5 Controlling for age and body mass in Black Earth and St. Johns

Age categories are estimated for most individuals from the Black Earth and St. Johns populations. Residuals from a multiple regression between trabecular properties and body mass + age category are compared between the Black Earth and St. Johns. Boxplots of residual trabecular properties are presented in Figure 7.5.1. Summary statistics for the Welch's independent t-tests are presented in Table 7.5.1.







Figure 7.5.1. Boxplots of residuals from multiple regressions between trabecular properties and body mass and age category for the St. Johns and Black Earth populations. Achilles tendon (AT), calcaneal tuber (CT), plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base (BP), dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

After controlling for the effects of body mass and age the Black Earth have significantly greater residual BV/TV and Tb.Th and significantly lower Conn.D compared to the St. Johns. Few significant differences are found between both populations in $\mathrm{Tb} . \mathrm{Sp}$. The Black Earth had significantly more anisotropic structures in the talar trochlea, the first metatarsal base, and in the posterior talar facet of the calcaneus. However, the St. Johns had more anisotropic trabeculae in the Achilles tendon and plantar ligaments (i.e. both calcaneal tensile VOIs). Interestingly, the St. Johns have significantly greater anisotropy in tensile VOIs, while the VOIs where Black Earth have greater anisotropy are all largely loaded in compression. However, an explanation for this observation is not obvious.

After correcting for the effects of age and body mass on trabecular properties in the Black Earth and St. Johns, the mobile Black Earth still show more robust trabecular structures consisting of high

BV/TV and Tb.Th, and low Tb.Sp and Conn.D. Correcting for the effects of age and body mass increased the number of significant differences between the two populations. This may indicate that removing the confounding factors of age and body mass enhances variation resulting from behaviour. However, these differences may also result from the fact that the residuals for this test were generated from regressions using only two populations rather than the four populations used to generate the residuals used in the rest of this thesis. To test this the analysis was run using residuals from regressions between body mass and trabecular properties without adding age to the regression. Results show exactly similar patterns of significant differences between the Black Earth and St. Johns both with and without controlling for the effects of age. Inspection of the multiple regression statistics shows that age category is often not a significant factor in the model. Similarly, adding sex into the multiple regression has no noticeable effects. Thus, age and sex do not have a significant effect in this analysis. This finding provides greater confidence in the results obtained from the analyses in this current chapter in which age could not be controlled for. However, it is recommended that future studies be carefully designed to be able to account for potential effects of age, sex, and body mass before behaviour is inferred.

Table 7.5.1. Test statistics for Welch's two sample t-test of residuals of trabecular properties between Black Earth and St. Johns. Significant results are in bold. Red indicates Black Earth has a significantly higher mean and blue indicates St. Johns has a significantly higher mean. Achilles tendon (AT), calcaneal tuber $(C T)$, plantar ligaments (PL), posterior talar facet (PP: posterior, PC: central, PA: anterior), calcaneocuboid (CC), dorsal base (BD), plantar base $(B P)$, dorsal head (HD), plantar head (HP), talar head (TH), anterior calcaneal facet (ACF), posterior calcaneal facet (PCF), trochlea (lateral: TL, central: TC, medial: TM).

| variable | stats | AT | CT | PL | PP | PC | PA | CC | BD | BP | HD | HP | TH | ACF | PCF | TL | TC | TM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BV/TV | t | 1.89 | 2.20 | 2.65 | 2.69 | 2.69 | 2.27 | 2.92 | 2.76 | 1.68 | 5.96 | 2.92 | 6.43 | 2.48 | 3.97 | 3.50 | 2.00 | 2.40 |
|  | df | 22.55 | 27.06 | 23.08 | 25.28 | 21.51 | 21.17 | 18.22 | 25.29 | 20.67 | 29.71 | 25.57 | 24.34 | 19.83 | 21.08 | 27.30 | 21.08 | 26.92 |
|  | p | 0.07 | 0.04 | 0.01 | 0.01 | 0.01 | 0.03 | 0.01 | 0.01 | 0.11 | 0.00 | 0.01 | 0.00 | 0.02 | 0.00 | 0.00 | 0.06 | 0.02 |
| DA | t | -3.28 | 1.55 | -2.52 | 4.09 | 3.61 | 0.48 | 1.78 | 4.55 | 3.47 | 1.08 | -0.65 | 0.18 | 0.39 | 1.47 | 2.02 | 3.92 | 2.14 |
|  | df | 25.53 | 26.93 | 22.82 | 24.25 | 25.79 | 27.50 | 25.57 | 26.45 | 25.27 | 22.11 | 25.12 | 23.82 | 26.32 | 23.93 | 26.41 | 25.60 | 27.97 |
|  | p | 0.00 | 0.13 | 0.02 | 0.00 | 0.00 | 0.63 | 0.09 | 0.00 | 0.00 | 0.29 | 0.52 | 0.86 | 0.70 | 0.15 | 0.05 | 0.00 | 0.04 |
| $\log 10$ | t | 1.05 | -1.06 | -0.79 | -6.85 | -4.57 | -2.96 | -3.17 | -6.04 | -3.61 | -1.41 | -1.62 | -2.22 | -1.11 | -3.49 | -4.50 | -3.99 | -4.14 |
| Conn. ${ }^{\text {d }}$ | df | 27.03 | 28.35 | 24.01 | 29.38 | 25.99 | 27.92 | 26.00 | 27.30 | 22.99 | 29.81 | 26.64 | 22.12 | 27.00 | 22.56 | 27.03 | 24.85 | 27.63 |
|  | p | 0.30 | 0.30 | 0.44 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 0.00 | 0.17 | 0.12 | 0.04 | 0.27 | 0.00 | 0.00 | 0.00 | 0.00 |
| Tb.Th | t | 3.25 | 2.46 | 5.01 | 3.97 | 2.88 | 3.41 | 3.72 | 4.71 | 4.07 | 5.54 | 4.27 | 4.57 | 2.83 | 4.00 | 4.29 | 3.36 | 3.55 |
|  | df | 21.21 | 28.11 | 22.49 | 25.84 | 23.88 | 25.28 | 21.25 | 20.17 | 15.86 | 21.71 | 16.27 | 19.73 | 24.04 | 23.96 | 27.89 | 26.30 | 25.57 |
|  | p | 0.00 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 0.00 | 0.00 |
| Tb.Sp | t | -0.88 | -0.95 | -0.80 | 0.37 | -0.92 | 0.14 | -0.90 | -0.75 | 1.33 | -3.53 | -0.94 | -3.69 | -1.34 | -1.12 | -0.30 | -0.74 | -0.53 |
|  | df | 27.95 | 27.19 | 18.93 | 22.50 | 21.38 | 21.12 | 20.52 | 25.38 | 25.55 | 23.32 | 23.19 | 24.87 | 25.53 | 22.21 | 26.97 | 25.85 | 27.00 |
|  | p | 0.39 | 0.35 | 0.44 | 0.72 | 0.37 | 0.89 | 0.38 | 0.46 | 0.19 | 0.00 | 0.36 | 0.00 | 0.19 | 0.27 | 0.77 | 0.46 | 0.60 |



Appendix 8.

## Appendix 8.1 Spearman correlations

Table 8.1.1. Pairwise Spearman correlations. Significant positive correlations are in green, significant negative correlations are in red. Calcaneocuboid (CC), plantar ligaments (PL), and posterior talar facet (PTF).

## Pairwise Spearman's rho - CC

|  |  | Age | Body mass | BV/TV | Tb.Th | Tb.Sp | DA | Conn.D |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | $\rho$ |  | . 965 | . 493 | . 934 | . 507 |  | -. 596 |
|  | p |  | . 000 | . 014 | . 000 | . 012 |  | . 002 |
|  | N |  | 19 | 24 | 24 | 24 |  | 24 |
| BM | $\rho$ | . 965 |  | . 854 | . 881 | . 104 |  | -. 168 |
|  | p | . 000 |  | . 000 | . 000 | . 673 |  | . 491 |
|  | N | 19 |  | 19 | 19 | 19 | 19 | 19 |
| BV/TV | $\rho$ | . 493 | . 854 |  | . 566 | -. 171 | -. 331 | -. 002 |
|  | p | . 014 | . 000 |  | . 003 | . 405 | . 099 | . 993 |
|  | N | 24 | 19 |  | 26 | 26 | 26 | 26 |
| Tb.Th | $\rho$ | . 934 | . 881 | . 566 |  | . 585 | . 130 | -. 685 |
|  | p | . 000 | . 000 | . 003 |  | . 002 | . 526 | . 000 |
|  | N | 24 | 19 | 26 |  | 26 | 26 | 26 |
| Tb.Sp | $\rho$ | . 507 | . 104 | -. 171 | . 585 |  | . 404 | -. 807 |
|  | p | . 012 | . 673 | . 405 | . 002 |  | . 041 | . 000 |
|  | N | 24 | 19 | 26 | 26 |  | 26 | 26 |
| DA | $\rho$ |  |  | -. 331 | . 130 | . 404 |  | -. 338 |
|  | p |  |  | . 099 | . 526 | . 041 |  | . 092 |
|  | N |  |  | 26 | 26 | 26 |  | 26 |
| Conn.D | $\rho$ | -. 596 | -. 168 | -. 002 | -. 685 | -. 807 | -. 338 |  |
|  | p | . 002 | . 491 | . 993 | . 000 | . 000 | . 092 |  |
|  | N | 24 | 19 | 26 | 26 | 26 | 26 |  |

Pairwise Spearman's rho - PL

|  |  | Age | Body <br> mass | BV/TV | Tb.Th | Tb.Sp | DA | Conn.D |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Age | $\rho$ |  | .965 | .579 | .919 | .814 | .697 | -.867 |
|  | p |  | .000 | .003 | .000 | .000 | .000 | .000 |
|  | B |  | 19 | 24 | 24 | 24 | 24 | 24 |
|  | $\rho$ | .965 |  | .709 | .868 | .796 | .360 | -.830 |
|  | p | .000 |  | .001 | .000 | .000 | .130 | .000 |
|  | N | 19 |  | 19 | 19 | 19 | 19 | 19 |
| BV/TV | $\rho$ | .579 | .709 |  | .706 | .357 | .590 | -.441 |
|  | p | .003 | .001 |  | .000 | .074 | .002 | .024 |
|  | N | 24 | 19 |  | 26 | 26 | 26 | 26 |
| Tb.Th | $\rho$ | .919 | .868 | .706 |  | .811 | .611 | -.861 |
|  | p | .000 | .000 | .000 |  | .000 | .001 | .000 |
|  | N | 24 | 19 | 26 |  | 26 | 26 | 26 |
| Tb.Sp | $\rho$ | .814 | .796 | .357 | .811 |  | .350 | -.907 |
|  | p | .000 | .000 | .074 | .000 |  | .080 | .000 |
|  | N | 24 | 19 | 26 | 26 |  | 26 | 26 |


| DA | $\rho$ | .697 | .360 | .590 | .611 | .350 |  | -.374 |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | p | .000 | .130 | .002 | .001 | .080 |  | .060 |
|  | N | 24 | 19 | 26 | 26 | 26 |  | 26 |
| Conn.D | $\rho$ | -.867 | -.830 | -.441 | -.861 | -.907 | -.374 |  |
|  | p | .000 | .000 | .024 | .000 | .000 | .060 |  |
|  | N | 24 | 19 | 26 | 26 | 26 | 26 |  |
|  |  |  |  |  |  |  |  |  |

## Pairwise Spearman's rho - PTF



Table 8.1.2. Listwise Spearman correlations. Significant positive correlations are in green, significant negative correlations are in red. $N=19$ for all correlations. Calcaneocuboid (CC), plantar ligaments $(P L)$, and posterior talar facet (PTF).

|  |  | Listwise Spearman's rho - CC |  |  |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  | Age | Body mass | BV/TV | Tb.Th | Tb.Sp | DA | Conn.D |  |
| Age | $\rho$ |  | .965 | .870 | .891 | .085 |  | -.184 |  |
|  | p |  | .000 | .000 | .000 | .731 |  | .451 |  |
| BM | $\rho$ | .965 |  | .854 | .881 | .104 |  | -.168 |  |
|  | p | .000 |  | .000 | .000 | .673 |  | .491 |  |
| BV/TV | $\rho$ | .870 | .854 |  | .830 | -.230 | -.312 | .054 |  |
|  | p | .000 | .000 |  | .000 | .343 | .194 | .825 |  |
| Tb.Th | $\rho$ | .891 | .881 | .830 |  | .231 | -.346 | -.379 |  |
|  | p | .000 | .000 | .000 |  | .340 | .147 | .109 |  |
| Tb.Sp | $\rho$ | .085 | .104 | -.230 | .231 |  | .167 | -.665 |  |
|  | p | .731 | .673 | .343 | .340 |  | .493 | .002 |  |
| DA | $\rho$ |  |  | -.312 | -.346 | .167 |  | .024 |  |
|  | p |  |  |  | .194 | .147 | .493 |  |  |
| Conn.D | $\rho$ | -.184 | -.168 | .054 | -.379 | -.665 | .024 | .923 |  |
|  | p | .451 | .491 | .825 | .109 | .002 | .923 |  |  |
|  |  |  |  |  |  |  |  |  |  |

Listwise Spearman's rho - PL

| Variable |  | Age | Body mass | BV/TV | Tb.Th | Tb.Sp | DA | Conn.D |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Age | $\rho$ |  | .965 | .754 | .891 | .722 | .487 | -.828 |
|  | p |  | .000 | .000 | .000 | .000 | .034 | .000 |
| BM | $\rho$ | .965 |  | .709 | .868 | .796 | .360 | -.830 |
|  | p | .000 |  | .001 | .000 | .000 | .130 | .000 |
| BV/TV | $\rho$ | .754 | .709 |  | .857 | .433 | .672 | -.607 |
|  | p | .000 | .001 |  | .000 | .064 | .002 | .006 |
| Tb.Th | $\rho$ | .891 | .868 | .857 |  | .711 | .577 | -.801 |
|  | p | .000 | .000 | .000 |  | .001 | .010 | .000 |
| Tb.Sp | $\rho$ | .722 | .796 | .433 | .711 |  | .168 | -.842 |
|  | p | .000 | .000 | .064 | .001 |  | .491 | .000 |
| DA | $\rho$ | .487 | .360 | .672 | .577 | .168 |  | -.277 |
|  | p | .034 | .130 | .002 | .010 | .491 |  | .251 |
| Conn.D | $\rho$ | -.828 | -.830 | -.607 | -.801 | -.842 | -.277 |  |
|  | p | .000 | .000 | .006 | .000 | .000 | .251 |  |

Listwise Spearman's rho - PTF
Age

|  |  | Age | Body mass | BV/TV | Tb.Th | Tb.Sp | DA | Conn.D |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Age | $\rho$ |  | .965 | .719 | .872 | .524 |  | -.710 |
|  | p |  | .000 | .001 | .000 | .021 |  | .001 |
| BM | $\rho$ | .965 |  | .698 | .821 | .518 |  | -.677 |
|  | p | .000 |  | .001 | .000 | .023 |  | .001 |
| BV/TV | $\rho$ | .719 | .698 |  | .853 | .077 | -.811 | -.274 |
|  | p | .001 | .001 |  | .000 | .753 | .000 | .257 |
| Tb.Th | $\rho$ | .872 | .821 | .853 |  | .482 | -.693 | -.694 |
|  | p | .000 | .000 | .000 |  | .037 | .001 | .001 |
| Tb.Sp | $\rho$ | .524 | .518 | .077 | .482 |  | -.256 | -.857 |


|  | p | .021 | .023 | .753 | .037 |  | .290 | .000 |
| :--- | :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| DA | $\rho$ |  |  | -.811 | -.693 | -.256 |  | .225 |
|  | p |  |  | .000 | .001 | .290 |  | .355 |
| Conn.D | $\rho$ | -.710 | -.677 | -.274 | -.694 | -.857 | .225 |  |
|  | p | .001 | .001 | .257 | .001 | .000 | .355 |  |

Appendix 8.2 Scatterplots of trabecular properties



Figure 8.2.1. Scätterplots of trabecular properties in calcaneocuboid (CC), plantär ligaments (PL), and posterior talar facet (PTF) VOIs.

Appendix 8.3 Trabecular structure in the Norris Farms sample



Figure 8.3.1. Trabecular bone properties plotted against age in the Norris Farms population. $C C=$ calcaneocuboid, $P L=$ plantar ligaments, $P T F=$ posterior talar facet, $n=14$.

Appendix 8.4 Trabecular structure in the St. Johns sample




Figure 8.4.1. Trabecular bone properties plotted against age in the St. Johns population. $C C=$ calcaneocuboid, $P L=$ plantar ligaments, $P T F=$ posterior talar facet, $n=10$.

Table 8.4.1. Regressions between age and trabecular properties in the St. Johns population. P values below .05 are accepted as significant and are presented in bold, $n=10$ for each VOI.

| Variable | VOI | intercept | slope | $\mathbf{R}^{\mathbf{2}}$ | $\mathbf{t}$ | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | :---: | :---: | :---: |
| BV/TV | CC | .234 | .009 | .456 | 2.588 | $\mathbf{. 0 3 2}$ |
|  | PL | .289 | -.002 | .027 | -.468 | .653 |
|  | PTF | .421 | .000 | .000 | -.027 | .979 |
| Tb.Th | CC | .205 | .007 | .375 | 2.193 | .060 |
|  | PL | .222 | .005 | .384 | 2.236 | .056 |
|  | PTF | .241 | .009 | .324 | 1.959 | .086 |
| Tb.Sp | CC | .472 | .002 | .005 | .209 | .840 |
|  | PL | .462 | .022 | .373 | 2.181 | .061 |
|  | PTF | .340 | .014 | .210 | 1.456 | .183 |
| DA | CC | .647 | .005 | .065 | .746 | .477 |
|  | PL | .780 | -.002 | .017 | -.374 | .718 |
|  | PTF | .511 | .006 | .084 | .859 | .416 |
| Conn.D | CC | 10.475 | -.392 | .378 | -2.207 | .058 |
|  | PL | 4.942 | -.201 | .519 | -2.936 | $\mathbf{. 0 1 9}$ |
|  | PTF | 11.494 | -.482 | .306 | -1.880 | .097 |
|  |  |  |  |  |  |  |




$\square$
$\square$






Figure 8.4.2. Trabecular bone properties plotted against body mass in the St. Johns population. $C C=$ calcaneocuboid, $P L=$ plantar ligaments, $P T F=$ posterior talar facet, $n=10$.

Table 8.4.2. Regressions between body mass and trabecular properties in the St. Johns population. $P$ values below 0.05 are accepted as significant and are presented in bold, $n=10$ for each VOI.

| Variable | VOI | intercept | slope | $\mathbf{R}^{\mathbf{2}}$ | $\mathbf{t}$ | $\boldsymbol{p}$ |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| BV/TV | CC | .257 | .002 | .331 | 1.990 | .082 |
|  | PL | .315 | -.001 | .117 | -1.028 | .334 |
|  | PTF | .430 | .000 | .002 | -.132 | .898 |
| Tb.Th | CC | .217 | .002 | .324 | 1.957 | .086 |
|  | PL | .239 | .001 | .220 | 1.500 | .172 |
|  | PTF | .272 | .002 | .203 | 1.430 | .191 |
| Tb.Sp | CC | .476 | .000 | .004 | .184 | .859 |
|  | PL | .464 | .006 | .418 | 2.396 | .043 |
|  | PTF | .371 | .003 | .163 | 1.247 | .248 |
| DA | CC | .654 | .001 | .056 | .690 | .510 |
|  | PL | .814 | -.001 | .110 | -.993 | .350 |
|  | PTF | .535 | .001 | .043 | .602 | .564 |
| Conn.D | CC | 9.947 | -.104 | .344 | -2.046 | .075 |
|  | PL | 4.560 | -.051 | .426 | -2.437 | .041 |
|  | PTF | 9.931 | -.106 | .193 | -1.382 | .204 |

