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# The Structure of Addictions: A Confirmatory Factor Analysis Approach Using Structural Equations Modeling

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## **The Structure of Addictions: A Confirmatory Factor Analysis Approach Using Structural Equations Modeling**

Gabrielle Krus, Victoria Labitan, Katherine Paul, Kelly Perfect, Diana Stribl, Liz Hostetler, Sarah Braun

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Addiction is one of the most important mental health problems in contemporary society, but relatively little is known about how various kinds of addictive behaviors relate to each other. In this study, we take a complex structural model of addictions developed from Christian theological sources and our own previous research and test it against a large (N = 300) dataset of individuals who have rated their relationship to various objects of addiction. The analysis largely confirmed our theoretical model with some interesting modifications. We discuss implications of this research for addictions assessment and treatment.

*Information about the Authors:*

The authors are in the second year of a large project investigating how spiritual models of addiction from the Christian tradition might help us to better understand the problem of addiction.

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