

Valparaiso University ValpoScholar

Symposium on Undergraduate Research and
Creative Expression (SOURCE)

Office of Sponsored and Undergraduate Research

Spring 2012

The Spirituality of Addictions: A Christian Patristic Model and Procedure for Assessment

Alyssa Abbate
Valparaiso University

Ryan Abraham
Valparaiso University

Kelly Perfect
Valparaiso University

Diana Stribl
Valparaiso University

Follow this and additional works at: <https://scholar.valpo.edu/cus>

 Part of the [Psychology Commons](#)

Recommended Citation

Abbate, Alyssa; Abraham, Ryan; Perfect, Kelly; and Stribl, Diana, "The Spirituality of Addictions: A Christian Patristic Model and Procedure for Assessment" (2012). *Symposium on Undergraduate Research and Creative Expression (SOURCE)*. 130.
<https://scholar.valpo.edu/cus/130>

This Poster Presentation is brought to you for free and open access by the Office of Sponsored and Undergraduate Research at ValpoScholar. It has been accepted for inclusion in Symposium on Undergraduate Research and Creative Expression (SOURCE) by an authorized administrator of ValpoScholar. For more information, please contact a ValpoScholar staff member at scholar@valpo.edu.

The Spirituality of Addictions: A Christian Patristic Model and Procedure for Assessment

Alyssa Abbate, Ryan Abraham, Kelly Perfect, Diana Stribl

Departmental Affiliation: Psychology
College of Arts and Sciences

Addiction theory has focused on the debilitating effects that drug addicts and alcoholics face. However, addiction can permeate much further into our lives than just through drugs and alcohol. Evagrius of Ponticus presented eight tempting thoughts that comprised all the beliefs, behaviors, items, and emotions that an individual can be disorderly attached to. These disordered attachments can have enslaving effects on an individual that constrains the person's will and desire for freedom from these preoccupations. We also include a measure that assesses spiritual involvement and locus of control. The purpose of this study is to compile a psychological measurement that will assess the many domains of disordered attachment an individual can encounter and the degree to which it constrains their lives. This measure will consist of approximately 75 Likert scale items that include questions pertaining to pride, emotions, relations, sexuality, avarice, power/control, and problems of desire. The factors we have derived through factor analysis allow for each participant to be scored on various subscales. These scores will indicate the specific nature of the addictive tendencies. Lastly, individuals who are found to be more spiritually involved are presumed to be less attached to the constructs mentioned above.

Information about the Authors:
No information provided.

Faculty Sponsor: Dr. Jim Nelson

Student Contact: ryan.abraham@valpo.edu