

A CENTURY OF HEALTH AND SEA BATHING TOURISM IN LOVRAN: ONE HUNDRED YEARS FROM ISSUING THE FIRST THERAPY REGULATIONS (1909–2009)

Lovran, 18 April 2009

On the occasion of two important jubilees related to the beginnings of the sea health resort, on 18 April 2009 Lovran accommodated a scientific meeting entitled “A Century of Health and Sea Bathing Tourism in Lovran: One Hundred Years from Issuing the First Therapy Regulations (1909–2009)”.

The meeting was organised by Katedra Čakavskog sabora Lovran and sponsored by the Municipality of Lovran and its Tourist Board.

The meeting was held to mark two occasions. The first was a hundred-year anniversary from the first Health-Resort Regulations for the district of Lovran (*Regolamento di cura per il distretto di cura di Lovrana*) issued by Regency of the Littoral on 16 March 1909, via Notification no. IX-249/6 (in Italian *Notificazione dell'i.r. Luogotenenza del Litorale dd. 16 marzo 1909, IX-249/6*) in the *Bulletin of Law and Ordinances for the Austrian-Illyrian Littoral*, year 1909, vol. XII (*Bollettino delle leggi ed ordinanze per il Litorale austro-illirico, anno 1909., puntata XII.*), which regulated the activities of the Sanatorium of Lovran. The second was the 150-year anniversary of the birth of Dr Albin Eder (Vienna, 1859 - Lovran, 1916), who founded the Sanatorium and chaired its management board from 1909 to 1916.

The idea of the meeting co-ordinators (Sanja Simper, Igor Eterović, and Dušan Peršić) was to raise public awareness of the tourist potential of Lovran in the light of what it was one hundred years ago, and how this can help to better understand what Lovran has to offer today. The idea was also that this meeting should spur a more systematic study and evaluation



Dr Albin Eder (1859–1916.)

of the entire historical and cultural heritage of Lovran and its surroundings, whose results would be made public to the scientific and general community through research articles.

The meeting hosted nine presenters whose papers were divided in three sections. The first section was related to research of archived materials that refer to a rich but neglected historical heritage of Lovran and its area, and included the following papers: “Arhivalije Lovranštine u Državnom arhivu u Rijeci (Materials on the Lovran area kept in the State Archive in Rijeka)” by Boris Zakošek, “Pravilnik lječilišnog okruga Lovran iz 1909. (1909 Regulations of the Health

District of Lovran)” by Sanja Simper, “Ostavština dr. Albina Edera – vrijedna građa za turističku povijest Lovrana (Dr Albin Eder’s Heritage: Valuable Sources for the History of Tourism in Lovran)” by Maja Karić, and “Turistički vodiči Eduarda Seisa kao povijesni izvori” (The Tourist Guides by Eduard Seis as Historical Sources”) by Igor Eterović.

The second section included papers on Lovran’s other heritage: “Zelena baština grada Lovrana (Lovran’s Green Heritage)” by Theodor de Canziani Jakšić and “Kupališne građevine u Lovranu s početka 20. stoljeća (Architecture of Bathing Facilities of Early 20th Century Lovran) by Mirjana Kos-Nalis.

The third section was dedicated to Lovran’s hinterland and Mt Učka. Subsection “Mt Učka as the Natural Source of Health Resort Tourism in Lovran” included two papers: “Prirodna obilježja masiva Učke (Physical Features of Mt Učka)” by Marin Grgurev and “Kratka povijest ljudskog korištenja Učke iz perspektive Lovrana (A Brief History of Human Utilisation of Mt Učka from Lovran’s Perspective)” by Grga Frangeš. The

last paper in the third section was “Razvoj projekta izgradnje žičara na Učku (Mt Učka Cableway Development Project)” by Mladen Blažević.

Full-text papers presented at the meeting will be published in local proceedings *Zbornik Lovranščine* by Katedra Čakavskog sabora Lovran, due in April 2010.

Thanks to the members of Naš Lovran - Lovrana nostra, the commemoration of these important dates continued into 19 April with placing a wreath on the grave of Dr Albin Eder at Lovran cemetery and revealing a memorial plaque on the building that housed the management board of the Sanatorium since 1910 (today, this is the town hall of Lovran), in memory of this distinguished physician. These ceremonies were further dignified by the presence of Dr Eder’s grandchildren, professor Dora Sečić, PhD and professor Đuro Deželić, PhD, from Zagreb.

Sanja Simper