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Experiences with Designing a Team Project Module for Teaching Teamwork to Students

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Team projects play an important role in the education of engineers. This paper describes a team project module that is part of a postgraduate course in informatics. Its main objective is to give students a hands-on experience with different aspects of working in a team on a problem. We discuss several issues that should be considered in designing such module as a part of a curriculum: team formation, team communication, team assessment, problem statement and assignment, development process and team supervision. We outline several different alternatives, analyse their pros and cons and describe our approach and related experiences.

Keywords: teaching, teamwork, team formation, team communication, team assessment, software development process.

1. Introduction

The main objective of a good curriculum is to prepare students for their professional career so that they will be able to cope with the changing nature of the world and to solve demanding and complex tasks as required by practice. There is a growing recognition that work in teams is critical in managing the complexity of solved tasks (e.g., developing software systems).

Team projects play an important role in the education of engineers. The students should acquire and display abilities to communicate within a team, to plan a relatively large project, and to cooperate in order to develop the required output of such a project. One question is how this requirement is reflected in the existing curricula. One of perhaps the most distinguished features related to teamwork of the CMU course is the software development studio [17], which runs throughout the whole foursemester course. Students work closely with instructors and other students to carry out a significant development project. Another possibility of incorporating teamwork into software engineering curriculum relates to the module entitled "Setting up and Running your own I.T. Company" at the University of Sheffield [8]. Diversity of course methods are apparent from the Forum for Advancing Software Engineering Education June 2001 issue, where academic project courses taught at thirteen universities are described [10].

While many aspects of existing approaches are attractive, it may be difficult to adopt them, because each is designed within a specific context. We deal with aspects, which should be considered in the design of a team project module aimed at software projects. We discuss variability of different approaches to implement such a module and present the team project that is part of a postgraduate course in software engineering (formerly informatics) at the Slovak University of Technology. Module named Team Project was introduced in the academic year The Team Project module was 1997/1998. strongly influenced by the team software process [9, 7]. Its intake each year is 15-17 teams of 5-6 students. The main objective of the module is to give students a hands-on experience with different aspects of working in a team, on a relatively large task.

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2. Teamwork Dynamics

The objective of any good curriculum design is to prepare the graduates for their envisaged professional careers by providing them with appropriate education. In software engineering, the essential feature is that software developers develop and maintain software of such a complexity that these tasks cannot be handled at an individual level. Such tasks can only be accomplished in groups or teams. Engineers need to join their efforts to complete the tasks in a realistic time. Moreover, they usually need to join experts in other fields to be able to understand and analyze the problem domain and to design a system solution for it.

One comment is appropriate to explain the difference that is sometimes made between a group and a team. Both groups and teams comprise individuals who have a common task and who collaborate to accomplish it. A team is distinguished by complementary efforts of its individuals that induce a synergic effect. Groups are often used in educational modules, which concern acquiring knowledge, skills and experiences related to a particular subject (software analysis, programming, etc.). One approach to practice the real teamwork within an educational module is to design it in such a way that teamwork is one of the main goals of the module (or the only goal of the module). We describe experiences with such approach.

In designing a team project as a part of a curriculum, several aspects should be considered and decided. We focus on the following ones: team formation, team communication, team assessment, problem statement and assignment, development process and team supervision. Design of these aspects is influenced by several factors (see Figure 1). Note that the team process (as defined, for example, in [9]) is only one aspect of the organization of a team project. Organization of a team project is influenced mainly by a class size (very focused module for 10-25 chosen students [3] versus large module of more than 300 students in 50 teams [2]). In fact, size of the class mainly determines choice and organization of supervisors. For example, at the Vienna University of Technology, 5 professors, together with 20 senior student supervisors, guide 50 teams, each consisting of 5-7 students. A professor takes the role of a middle management, a supervisor acts as a quality assurance person, and team members are to work as project managers and software engineers.

Type of the study (either postgraduate or undergraduate) influences mainly complexity of the assigned problem and requirements regarding quality of the solution. Performed activities, their extent and the number of cycles of the development process depend strongly on duration of the team project and the number of hours allocated per week. Our experience with such projects is that a satisfiable solution (in terms of the team project objectives, i.e. experience with different aspects of team work on a large problem) requires time longer than one term. Supervisors, who are available (either academic staff or an industry partner), determine problems being solved. Cultural factors and context of the whole curriculum should also be considered.

Design of a team project module requires deciding on all mentioned aspects. We shall discuss them in the following paragraphs. We outline different alternatives, analyze their pros and cons and describe our approach and experiences.

3. Team Formation

The way teams are formed can have a great influence on a project. There are two basic methods of forming teams:

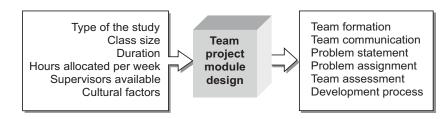


Fig. 1. Aspects of a team project module design.

- 1. students create teams by themselves or
- 2. students are assigned to the teams.

Several variations of these methods can be adopted for team projects. For example, assigning students to teams can follow different goals: a) to equalize different project-specific knowledge and skills of teams, b) to balance team membership according to different psychological profiles (using the results from known psychological studies [15]).

Our approach during the first two years of running the Team Project was to let students assemble their teams. The advantage of such approach is simplicity (from the managerial point of view). If students can sign up for the teams, there is a tendency to base the choice on personal acquaintance. The advantage of such behavior is that time periods needed for a team "storming" and "norming" activities are minimized. Team efficiency in such cases is usually high. Acquaintance-based teams often overcome, or at least tend to minimize many of the problems which can arise in a team life cycle: little effort is needed to get teams started; scheduling and arrangements of out-of-class meetings are easier when students know each other well and often have similar preferences. Moreover, in many cases, there is more pressure on each member of the team "not to let down one's friends". On the other hand, there is a risk that team quality can vary quite significantly across teams. In our team project this risk was a reality.

One possible solution is forming teams in two steps. First, students express their preferences according to team compositions. Then, supervisors rearrange those teams where an undesirable mixture of skills can be recognized [2]. A justification for this procedure is that working with people one already knows and is a friend with is only one of the possible scenarios encountered in practice. It may not be a prevailing characteristic of teams formed ad hoc in industrial conditions for a particular project [1].

The first arrangement based on freedom in team creation for students is useful when the main goal of the module is to gain knowledge and skills in particular technical topic of engineering and practicing teamwork is only a minor goal (e.g., in the case of projects, which are a capstone experience intended to reinforce what has been taught previously in the curriculum). After gaining some experience with teaching team skills, we recommend to make rearrangements when big differences between teams become apparent.

At the moment, we provide active control in the process of teams formation. A team composition is based on students' previous experience and the potential role of each individual in the team. We also consider their preferences (each student can specify one student to become a member of the same team). Using such arrangement, we observed higher number of conflicting situations within teams. We believe that having experienced such situations, our students are better prepared for their professional careers.

One particular aspect concerns the size of a team. The bigger the team, the more difficult it is for its members to fully participate in its activities. In a big team, there are subgroups that start to work independently. Individual roles in a team become fuzzy and they overlap, which can be a source of possible conflicts. For a team leader it is more difficult to perceive individuals and atmosphere in the team.

Our experience endorses the frequent suggestion to have the size of a team between 4 and 8 (with 5 or 6 as optimum). If the size of a team is smaller, its creativity and flexibility decreases. If the size is bigger, number of interactions among its members increases rapidly and the team becomes less manageable.

4. Problems to be Solved

4.1. Problem Statement

Problem complexity, its breadth and depth are interrelated, above all, with the expected workload attributed to the team project module. Problems to be solved should meet the criterion that they are too complex for one, or even two excellent students to complete all the work needed for the team's assignment.

Information systems development is a frequently used theme for software projects. We found the theme very suitable when introducing a team project module. Later, we also introduced very complex, 'wicked' problems [16]. When introducing the Team Project in the academic year 1997/1998, we offered three different projects of information systems development and two different projects of simulation software system development [11]. Later (1999/2000), besides software development projects, we also offered two kinds of software reengineering projects.

Now we offer a mixture of different topics, which depends on our teaching staff capacity. Within the Team Project, our students were also involved in an international research project in which two teams of students worked with physicians (customers) and developed a software for collection and management of electromyography data. Other themes include:

- a RoboCup simulation league soccer team,
- human walking animation,
- on-line university admission application,
- computer support of a programming contest,
- submission and evaluation of on-line homework assignment,
- multimedia presentation of history of computing at the university,
- editorial processing support for scientific journal submissions.

4.2. Problem Assignment

A problem assignment can be such that each team works on different projects during each standard project completion phase or cycle. For example, a team designs a system that was defined in another team's specifications. It implements another team's design and tests yet another team's implementation. This approach causes students to participate seriously in all phases. They realize the importance of a well developed documentation, possibility of incorporating changes, etc. Such an approach can be effectively adopted only if the module is spread across at least two semesters. One difficulty with such a pipelined approach is that it is very demanding. Students must swiftly become familiar with several different domains.

We assign one problem to more than one team (usually two teams work on the same assignment). The advantage is increase of competition, more competent mutual reviewing, more intensive and focused class discussions among several teams and more transparent evaluation and assessment. We have positive experience with such an approach.

Similar methods as those for assembling teams can be adopted for assigning problems to them. The basic possibilities are:

- assign randomly;
- get teams to bid for problems;
- let teams indicate their preferred choices and assign so that the maximum number of teams is assigned their preferred problems;
- apply the first-come-first-served approach.

We use the second method because this is probably the most realistic approach. At least some of the teams will work on the problem they are interested in and often have previous experience. Moreover, healthy competition between teams can be established and students have the opportunity to exercise writing and presenting the bid. The students bid with their knowledge, skills and achievements related to the selected problem, and with a preliminary sketch of solution, based on the open question-answer session with a customer.

Things become a little bit complicated by the fact that the bidding period delays starting to work on the project. On the other hand, this method also helps students to become aware of the fact that they cannot, and should not try to solve all problems. They should set goals that are reachable within the amount of time available. In our opinion, students underestimate the complexity of problems to be solved and often overestimate their own capacity. We observed that activities towards giving the students more detailed instructions and advice, in order to make accurate estimations, work only partially. In most cases, students have to make this mistake (i.e., offer a grandiose solution) before they realize they have underestimated the problem.

5. Team Communication

Students must decide how to combine their various work patterns to accomplish desired result. Basic skills which should be exercised and monitored include time planning, product presentation, decision making, keeping personal log on work hours, negotiating and keeping work contracts, managing priorities and deadlines, acquiring information (e.g., by interviewing people) and accessing information (e.g., by searching documents). Communication plays a crucial role, especially in cooperation projects where students work in teams consisting of team members from remote places [3, 5].

To facilitate communication among team members (and also among teams), more and more Internet or an intranet are used. We encourage this practice, not to speak about such elementary means of electronic communication as e-mail, which is indispensable. Moreover, each team should create and regularly maintain its web page that includes the team "official" presentation of the project. Communication through the web works in both directions: students inform about the project progress, and are informed about details of the organization of the module, time schedule, frequently asked questions, etc.

Team documents are another form of communication among team members and, more importantly, among the teams during reviewing results of work. Our students have also access to the documentation of past team projects.

Students within a team should meet on a regular basis. Our teams meet with their project supervisor (who takes the role of a facilitator instead of that of a manager) at least once a week. There are also regular private meetings of team members. All major decisions should be recorded in a project log.

The university is important as a meeting place for team discussions. It is important to have meeting room designed and furnished in such a way that it supports teamwork. Figure 2 depicts arrangement of our software studio. Part of the overall project work is accomplished in small subteams of two or three students, and some time is spent in individual work (in Figure 3 see average distribution during autumn semester 2002/2003, based on the evaluation of questionnaires completed by 68 students). Most of the time this work is carried out at home. Individual work increases as the project proceeds. In software projects, most of the implementation phase is done individually. However, at the end

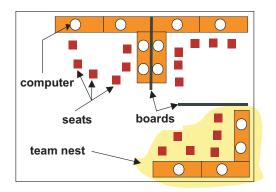


Fig. 2. Outline of our software studio.

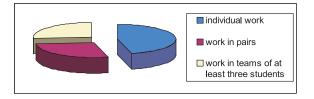


Fig. 3. Teamwork distribution.

of the project, during integration and testing, students spend most of the time in teamwork.

We adopted an approach where students should experience various responsibilities for different parts of the system that is being developed. Distributing the work evenly among team members is a precaution against possible excessive individual workload and against problems caused by one team member quitting the Team Project, for whatever reasons.

6. Assessment

Methods of team assessment should be based on some objective criteria. A supervisor is usually responsible for determining students' grades. There are two common approaches and their combinations [18]:

- to give each team member the same grade and
- to give each team member a grade based on his/her individual contribution.

Further, assessment can be based solely on the "product" developed or it can combine evaluation of the quality of product with management issues. Let us note that in our last survey (which we perform regularly each term) none of our students selected the option to evaluate all team members equally. 30% of students reported that efforts of individual team members were rather different. Only 2 students (out of 74) reported that the efforts of all team members were equal. In the first years of offering the Team Project with teams formed by students, "equality syndrome" was quite common.

Assessment in our Team Project comprises the following components: product quality, documentation, quality and topicality of a web page, reviewing, individual team members' activity, presentation and answers to questions on product and software engineering methods used, active participation in the presentation of competing team(s).

The supervisor evaluates each component on a predefined 8 points scale (excellent, very good, good, adequate, satisfactory, sufficient, poor, very poor, unacceptable). Particular component is either related to an individual or to the team as a whole. In the latter case, part of the work performed by each team member (in %) is determined (using peer evaluations as a help). We created Excel sheet for assessment evaluation – an example is depicted in Figure 4.

A supervisor fills colored cells: orange cells are for evaluating particular outcome (numbers from 0 to 8 correspond to 8 points scale), and blue cells are for evaluating contribution of each team member. Note that contribution of a team member is not assigned for each particular outcome, but for a group of outcomes related to the particular milestone (see next section, Development Process). Teamwork is assessed in both semesters, individually, for each team member, and it constitutes 10+10% of overall assessment. Assessment is recommended automatically (columns Autumn and Final Suggestion), based on evaluated outcomes for the whole team, contribution of a member, individual assessments (teamwork and project presentation) and their importance. Finally, considering all factors (not only those expressed by numbers in the table) the supervisor determines final mark (last column).

We use several methods for students peer evaluation: students are asked to classify their team mates; they assess each of their team mates on a predefined point scale; students explicitly determine part of the work performed by each team mate. The last method seems to be the most effective.

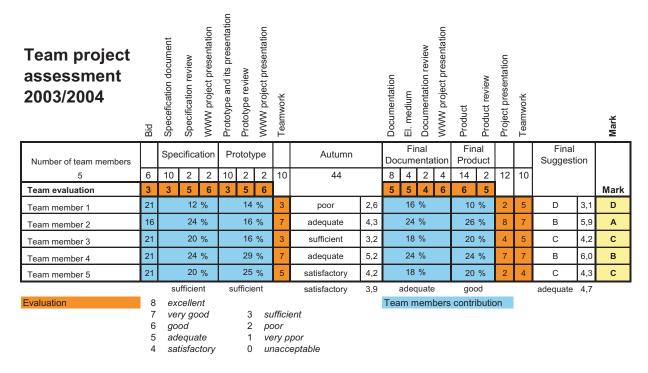


Fig. 4. An example of the assessment sheet.

7. Development Process

Project phases and number of cycles used for a particular project are mainly influenced by the problem domain and project resources. Usually, the life cycle ends with implementation, integration and system testing phase. There are also reported approaches where a maintenance phase is involved. For example, a module can consist of two parts: the first part is the development of a new system, and in the second part the teams are required to make certain modifications to those systems [14].

In our experience, the most important factor is the time (how long the project lasts and how many hours per week it is allocated). If a team project module is just one out of several modules taken concurrently, covering all phases of the software life cycle, together with several iterations in 2 or even 3 semesters, is hardly possible. From the point of the educational module design, stress should be put on the team process, communication, etc. rather than on concentrating on particular phases of software development. However, this is an open issue. If the module objective is formed as an aggregation of effective teamwork and software engineering topics (such as software processes, software architecture or methods of software analysis), one should balance these objectives (often with a priority given to software engineering topics). Providing effective teamwork as the primary goal, we warn against expecting too much from the team project in the sense of teaching students ne w methods, tools or technologies.

Although the quality of the final result (e.g., a software system) is an important indicator of the success of a team, we concentrate on the process applied. Figure 5 illustrates main phases accomplished in our Team Project, as adopted for a project of developing a software system from the Team Software Process [9]. Bid period, together with first iteration (Cycle 1), is performed during the first semester and the second iteration is the scope of second semester. We believe that classic process-oriented development methods are more suitable for educational purposes than agile approaches such as eXtreme Programming, Lean Programming, Scrum or Crystal [4]. However, this statement should be more elaborated and real experience with agile methods should be acquired.

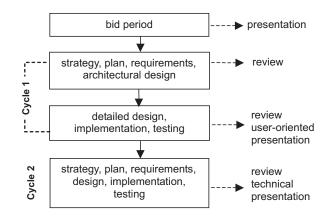


Fig. 5. Main phases of the software process.

Each team of students must present the project in a seminar, to an audience consisting of department staff and students (mainly those who worked on similar assignments). An important part of the development process is reviewing the work of another team. For each team a competing team is assigned. Students should write a review document with its structure specified beforehand. Results are then discussed in a joint meeting where students of one team are supposed to present their review and respond to another team's review of their work. Different kinds of review can be adopted with different frequency. The main constraint here is duration of the module. We adopted the approach where the project is reviewed by another team after completing first specification, first worked system (Cycle 1), and final software product (including review of a source code).

8. Team Supervision

The amount of freedom and supervision should be balanced in order to create a true learning experience for students. To simulate the reality, students should have a considerable amount of freedom. On the other hand, since students usually have no project experience, some amount of supervision, monitoring and guidance is needed to ensure sufficient progress and a successful result.

Gordijn and Niessink [6] report of an approach to reach equilibrium between freedom for students to make their own decision on the one hand and supervision on the other. They distinguish four different roles in the practicum: a

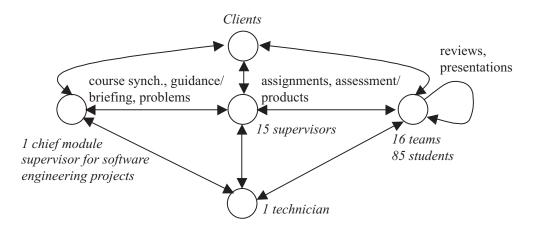


Fig. 6. Roles and numbers of people involved in the 2002/2003 Team Project.

project group of 6 to 10 students, a customer from an existing company, a steering committee formed by university staff, and mentors. The steering committee plays a role of project supervisor, provides students with advice, and monitors progress of the project. Mentors contact with students on a daily basis, review documents produced by the students and coordinate the practicum from a didactic point of view.

Figure 6 shows roles and numbers of people involved in our module during the academic year (2002/2003). To discuss issues that concern the whole module, all supervisors meet with a chief module supervisor about once a month, or as the situation demands. Our experience shows that it is more effective for students to have a different supervisor for each team. From the organizational point of view such approach makes the level of supervisors and their coordination not an easy task. On the other hand, it is not easy to supervise several teams in such a large project, without influencing one team with ideas devised during sessions of the other team.

In order to reach balance between freedom of students and supervision, we specify in advance certain requirements on the content of documentation to be produced. Students have to prepare and follow a detailed project plan. We prescribe certain parts of the project plan, such as list of activities, milestones, dependencies, and responsibilities according to established team process [9]. Students are free to define the activities that are necessary for successful accomplishing of the project. We accompany the Team Project by lectures on project management, teamwork, and quality assurance.

9. Conclusions

From the above it follows that the idea of incorporating a teamwork practice usually in a form of some kind of a team project has been adopted by and large. However, there are many issues that remain open. To name a few, organizing projects as truly real-life ones, mirroring the industrial conditions including the problem tasks defined by an industrial partner is discussed as clearly a desirable, but hardly a completely realistic goal. On the other hand, curricula designers should be careful when relying solely on academic environment and should seek at least some kind of an industrial involvement.

In the design of our curriculum [13, 12] we followed an approach where students first learn the required knowledge and skills individually, or in small groups (2 or 3 students), and then make use of it in a team. The Team Project is running now (i.e., in the academic year 2004/2005) for the eighth time. We have 18 teams (102 students). The Team Project is a compulsory subject to all students enrolled in the Master course in software engineering and computer engineering. Much stress is put on the supervisors who should manage the teams and help them change from a supervisor-managed mode to a self-managed mode. Quite often, students voice the desire to have wider diversity of themes, including problems, which would be defined by them. Some students questioned the value of work that went beyond programming, especially of writing documentation (similar experience is reported in [7]). This is a broader problem with underestimating the documentation in software projects. In line with others' experience [2], most teams complained that the module demanded significantly more work than they were credited for in their curriculum. In spite of initial problems the students responded well to the challenge and several commented that this was one of the most exciting activities of their student career. Most of them valued experience with system integration and reengineering.

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