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**Review of *From Welfare to Workfare: The Unintended Consequences of Liberal Reform 1945-1965*. Jennifer Mittelstadt.  
Reviewed by Margaret Sherrard Sherraden.**

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The third topical area includes chapters focusing on (1) the relationship between school organizational and climate factors, victimization and various indicators of students' subjective sense of safety at school, (2) variation in victimization across schools, and (3) results of multi-level models examining the relative contributions of student, school, family and community characteristics to various forms of victimization. Results presented in these chapters demonstrate three main findings. First, school contextual attributes contribute to subjective student experience of the safety of their schools. Second, school factors account for larger proportions of variation in victimization than do student factors. Third, there are different patterns of school contextual effects on both forms and severity of victimization.

Benbenishty and Astor make an extremely important and specific contribution to the school violence literature by demonstrating the importance and complexity of school contextual effects. Perhaps the larger contributions of this book, however, are more general. First, their careful theoretical work provides a means of unifying prior empirical work on school violence through their (1) development of an empirically and conceptually meaningful typology of school based victimization and (2) organization of the multiple and multi-level correlates of victimization within a general ecological framework. Second, Benbenishty and Astor provide a blueprint of how to operationalize and execute a complex, ecologically-derived program of research. Their data and analyses allowed for full descriptions of the heterogeneity of victimization experiences within persons, while at the same time capturing the broader influence of within and between school contextual processes.

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Jennifer Mittelstadt. *From Welfare to Workfare: The Unintended Consequences of Liberal Reform, 1945-1965*. Chapel Hill, NC: University of North Carolina Press, 2005. \$49.95 hardback, \$19.95 paperback.

Jennifer Mittelstadt's engaging book details a rela-

tively uncharted chapter in the history of U.S. poverty policy. Most of us think of post-war America as a time of economic growth, suburbanization, and conservatism. This volume is a corrective. Mittelstadt argues that social reformers, concerned about the post-war "paradox of prosperity", were designing—and passing—policies aimed at those mired in "fundamental poverty". Armed with social work ideas, Wilbur Cohen and his colleagues, a group of "self designated liberals", were optimistic that economic growth could help spawn progressive social policies. Unfortunately, Mittelstadt argues, reformers and their organizational partners, unwittingly laid the groundwork for contemporary regressive workfare policies.

The initial chapters chronicle the defeat of the 1943 and 1945 social welfare bills and passage of the 1956 Social Security Amendments, and with it, the emergence of a "rehabilitation paradigm", that encouraged "self-care" and "self-support". Thus began a retreat into residualism, according to the author, rather than a focus on structural causes of poverty that guided earlier social insurance legislation. Social casework provided the "inspiration and guidance" for these reforms. In response to a concern about "broken homes," "matriarchy," and "social maladjustments," reformers promoted the concepts of "self-care" to improve family life and—despite the inherent contradictions—"self-support" to reduce dependence through wage work.

Gender and race take center stage in the analysis of Aid to Dependent Children (ADC). Mittelstadt argues that the poor, slotted into a categorical program, were sure to receive "close scrutiny", especially since beneficiaries were women and were increasingly divorced, deserted, never married, and non-white. While reformers "emphasized family", they "erased race", in efforts to win widespread support. In one of the most critical passages, the author argues that, although reformers understood the impact of discrimination, they chose to focus on expanding family services rather than civil rights. This approach, she argues, left a legacy that is being played out in contemporary welfare policy reform.

The 1961 Unemployed Parent law and the 1962 Public Welfare Amendments expanded coverage, further embedding the rehabilitation approach, and adding "families" to the title

(making it Aid to *Families with Dependent Children* or AFDC). Mittelstadt argues that Cohen, in his new role as Assistant Secretary of Health, Education, and Welfare (HEW), coupled welfare with work through these new laws. Near the end, the book softens towards the reformers. Mittelstadt points out that Cohen and his colleagues opposed mandatory workfare, but “notes that their nuanced welfare proposals had no defenders, and the idea of rehabilitation fell prey to harsher interpretations of how welfare should evolve.” According to his biographer, Edward Berkowitz, Cohen was a pragmatist and incrementalist. He managed these trends and squeezed out the reforms he believed possible. But as the liberal coalition weakened, the idea of rehabilitation was supplanted by the idea of responsibility.

Paradoxically, while liberal welfare reformers lost power, aspects of rehabilitative rhetoric, particularly the rhetoric of self-support, gained momentum. Drawing on the precedent of rehabilitation, welfare law after the 1960s increasingly focused on forcing poor “dysfunctional” women out of “welfare dependency” and into mandatory “self-support.” “Rehabilitation” evolved into “responsibility,” and welfare became workfare. (p. 19)

Although the final chapter places the story in larger context, this could have been done more consistently throughout the book. For example, the idea of the deserving and undeserving poor has played a large role in shaping American welfare policy, notwithstanding the contributions of postwar liberals. Distinguishing among groups that happen to be poor inevitably comes down to who “deserves” society’s support and who does not.

Social workers will be mystified by Mittelstadt’s analysis of the social work profession. She lumps together “late-nineteenth- and early-twentieth-century reformers...[who] advocated a social casework approach—individual interaction between a patient and professional—to “aid the poor.” The author fails to distinguish among competing approaches in social work. There is no account of the social science and policy work of people such as Jane Addams, Florence Kelley, and their colleagues at Hull House, or New Deal architects Harry Hopkins and Francis Perkins. Furthermore, Mittelstadt

argues that although Cohen and his colleagues were engaged in research, they were not part of the cohort of sociologists and economists whom historians view as America's poverty intellectuals and policy makers. It would have been helpful to read more about these poverty intellectuals and policy makers and what they were studying and proposing in the post-war period.

Notwithstanding these shortcomings, this book is recommended for policy makers, social work leaders, educators, and students of social welfare history. In addition to the cautionary tale of reform, other lessons can be derived from Mittelstadt's analysis. First, it suggests the importance of beneficiary involvement in policy making. With no poor people's organizations involved in the 1956, 1961, and 1962 reforms, content and evaluation of proposals 'from the ground up' were missing. Further, the analysis suggests the importance of focusing on structural causes and solutions to poverty. Policy should focus, as Amartya Sen, James Midgley and others suggest, on how we maximize people's capabilities. Assuring access to basic human needs, providing an array of social investment opportunities that lead to successful family formation, career development, community and political participation, and cultural enrichment.

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David Kaplan (Ed.), *The SAGE Handbook of Quantitative Methodology for the Social Sciences*, Thousand Oaks, CA: Sage Publications, 2005. \$125.00 hardcover.

The *SAGE Handbook of Quantitative Methodology for the Social Sciences* was written to introduce quantitative social scientists, applied statisticians, and graduate students to a broad range of state-of-the-art quantitative methods applicable to the social sciences. The *Handbook* was written by a distinguished group of contributors from psychology, education, statistics, and other related disciplines, and virtually all contributors are established authorities in their particular areas. It shows the