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OUTBREAK

PHOTO: ANIRBAN DATTAROY



Death in the Hills

Mithun calves, Arunachal Pradesh's hill symbols, are threatened by an epidemic of foot-and-mouth disease

BY ANIRBAN DATTAROY & KARTHIK TEERGALAPALLI

THE TWO-month-old mithun calf lay by the side of the road. Its lifeless glassy eyes stared in nothingness as its feet twitched occasionally in spasms before death finally came. The young mother stood uneasily beside the calf, licking it at intervals. Senses like this played out virtually every day in the last few months, reminding us of the epidemic that had besieged this remote corner of Arunachal Pradesh. The killer was a virus (*Aphthovirus*) belonging to the Picornavirus family, causing the dreaded foot-and-mouth disease.

Bomdol village in the Upper Siang district of Arunachal Pradesh is peopled by the Adi tribe, the second most numerous tribe in the state. Further towards the north lies Tuting, the last town before the border with Tibet. The mighty Siang River flows below the village, while the snowcapped mountains to the north provide a glimpse of the spectacular beauty of the Siang valley. It's a picture quite rare in society, except it is not well.

Foot-and-mouth disease (FMD) had made its way into the mountains from the plains of Assam. The worst affected were the semi-domesticated mithun (*Bos frontalis*) that were dying out even as their owners watched helplessly. Each day, as one more animal was found

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dead in the forest or beside the road, another few were seen salivating profusely from the mouth as the infections spread rapidly.

To a person unfamiliar with this region and the lifestyle of the people, it would seem to be just a minor problem. Surely, livestock die all the time across the country. So what was so different about these deaths?

It is impossible to gauge the scale of the

tragedy without an understanding of what mithuns mean to people in these parts. The mithun is an integral part of the cultural and socio-economic life of a majority of the tribes of Arunachal Pradesh. Among the Adis, the ownership of mithuns is highly regarded as determining his wealth and prestige. Traditionally, it has been used for barter, paying fines as well as bride price. Even today, mithuns are used as a form of currency in villages across the state. The Adis are primarily animists and major festivals such as Solung, Mopan and Aran are incomplete without the animal's sacrifice. When a member of the Adi community dies, he is buried with the skulls of the mithun that he had offered in sacrifice during his lifetime.

An adult mithun weighs about 500 kg and its meat forms one of the most important sources of protein for remote tribal villages like Bomdo, which do not have access to town markets. Incredibly, this animal demands minimal care from their owners. Mithuns are free-ranging and reside in the forests around the village. The only attention they demand are occasional treats of salt that are provided by their owners. The price of an adult mithun in the Upper Siang ranges from Rs 25,000-30,000.

FMD is a highly infectious viral disease that affects both domestic (cattle, pigs, sheep and goats) and wild (buffalo, gaur, deer, wild pigs and many more) even-toed ungulates. Since its first description in 1546 and the dis-



TIED TO THE LAND: (Clockwise from top) A young mithun; a mithun being taken for sacrifice at the annual Aran festival; the Siang river; a mithun afflicted by the foot-and-mouth disease

covey of the virus in 1897 by Loefler and Frosch, it is considered to be one of the greatest threats to animals. The disease gets its name from the advanced pathological symptoms which manifest as lesions in the foot and mouth and excessive drooling of saliva. It spreads through contact. About 5,000 outbreaks of the disease have been recorded from India that have affected about three lakh animals resulting in an economic loss of about

Rs 4,300 crore annually. While these figures are startling, it is derived mostly from livestock deaths in mainland India, while much of the mithun and livestock deaths in the hills remain unreported. Sadly, even the most accurate figures would not reflect the cultural and socio-economic losses that hill communities such as the Adis are facing.

There is also the very real risk of the disease spreading to other wild animals. This

area is located very close to the Namdapha National Park and the Dibang Wildlife Reserve. The community in the villages too harbour an increase of wildlife. As mithuns are free range, they can very well spread the disease.

The warning signs have been almost a year in the form of an outbreak among other districts in Arunachal. Occurrence of FMD was reported September from Kurung Kumey in western Arunachal Pradesh, followed by West Siang in January. In the last two months, the disease has spread to the mithuns in Upper Siang, causing the deaths of about 25 mithuns in villages alone. Several more have been reported in other villages in Pasighat-Tuting border road. Thus far, only one of those animals has been found. It is possible that the death toll is much higher as some could have already died and remained undiscovered.

This is not the first time that it has come to this part of the country. An epidemic of FMD had also occurred in 57 villages in the state between 1995 and 1996, infecting 6,237 mithuns and over 800 animals. Even then, the strain causing the earlier epidemic in Arunachal Pradesh was identified as the Asia serotype.

To their credit, the veterinary services are supplying free vaccines and the villagers, unfortunately, the villagers to come to the nearest to seek the vaccines or the medicine areas, this is a major limiting factor in controlling the disease. Walk-in clinics and mobile transport units for FMD can be prevented through unaffected animals and enforcement action to stop carriers from moving other animals. Last year, the 'Mifl Camp' organized by the Krishivigya in some parts of Papum Pare district medicines were distributed and created, raising awareness to a larger similar programme needs to be initiated to stop future outbreaks.

It is a bit late to be able to do the people of the Bomdol village and other affected villages. There have been earlier to compensate mithun owners for their losses, notably from senior within the state. While this would be of great help to people in these villages, eliminating FMD and eradicating epidemics from the hills would pose a challenge.

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