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1 **Effect of Trehalose as an Additive to Dimethyl Sulfoxide Solutions on**
2 **Ice Formation, Cellular Viability, and Metabolism**

3

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19

20 **Abstract**

21 Cryopreservation is the only established method for long-term preservation of cells
22 and cellular material. This technique involves preservation of cells and cellular
23 components in the presence of cryoprotective agents (CPAs) at liquid nitrogen
24 temperatures (-196°C). The organic solvent dimethyl sulfoxide (Me₂SO) is one of the most
25 commonly utilized CPAs and has been used with various levels of success depending on
26 the type of cells. In recent years, to improve cryogenic outcomes, the non-reducing
27 disaccharide trehalose has been used as an additive to Me₂SO-based freezing solutions.
28 Trehalose is a naturally occurring non-toxic compound found in bacteria, fungi, plants,
29 and invertebrates which has been shown to provide cellular protection during water-
30 limited states. The mechanism by which trehalose improves cryopreservation outcomes
31 remains not fully understood. Raman microspectroscopy is a powerful tool to provide
32 valuable insight into the nature of interactions among water, trehalose, and Me₂SO during
33 cryopreservation. We found that the addition of trehalose to Me₂SO based CPA solutions
34 dramatically reduces the area per ice crystals while increasing the number of ice crystals
35 formed when cooled to -40 or -80 °C. Differences in ice-formation patterns were found to
36 have a direct impact on cellular viability. Despite the osmotic stress caused by addition of
37 100mM trehalose, improvement in cellular viability was observed. However, the
38 substantial increase in osmotic pressure caused by trehalose concentrations above
39 100mM may offset the beneficial effects of changing the morphology of the ice crystals
40 achieved by addition of this sugar.

41 **1. Introduction**

42 Cryoprotective agents (CPAs), are traditionally used to ensure survival of cellular
43 samples at cryogenic temperatures. Due to toxicity concerns of penetrating CPAs such
44 as dimethyl sulfoxide (Me₂SO), several additives such as glycerol [1], disaccharides (e.g.
45 trehalose, sucrose [1; 2; 3]), amino acids (e.g. proline [2; 4; 5]), and proteins (e.g. sericin
46 [6]) have been used in recent years. Several organisms in nature are frequently exposed
47 to subzero temperatures and a common strategy in these organisms is to accumulate
48 biocompatible osmolytes such as trehalose before the onset of water loss due to freezing,
49 drying, or both [7; 8; 9]. Trehalose has been found to improve the cryogenic outcome in
50 a variety of biological materials including mammalian cells and cellular monolayers [4; 5;
51 10; 11; 12]. However, the actual mechanism for improvement of cellular viability in
52 presence of trehalose following cryopreservation remains poorly understood [13; 14].
53 Here, we present an in-depth analysis of the effect of trehalose addition to a Me₂SO-
54 based freezing solution on ice-formation, cumulative osmotic stress, viability, and post-
55 thaw metabolic activity of human hepatocellular carcinoma (HepG2) cells.

56 At low cooling rates (~1°C /min) ‘solution effects’ injury stemming from exposure
57 of cells to a hypertonic extracellular environment for extended period of time is the primary
58 cause of cellular damage [15; 16; 17; 18]. During freezing, water crystalizes in the
59 extracellular environment – a process that increases the solute concentration in the non-
60 frozen water fraction surrounding the cells. In addition to osmotic stress, extracellular ice
61 morphology can have a strong bearing on cellular viability [19]. However, most
62 experimental techniques do not allow characterizing spatial differences in ice morphology
63 and solute distribution in frozen systems. Spatially correlated Raman microspectroscopy

64 techniques were used at -40 and -80 °C to characterize changes in the ice formation and
65 solute distribution after addition of trehalose to Me₂SO based freezing solutions.

66 Vibrational Raman microspectroscopy is a highly sensitive technique that relies on
67 detection of vibration in molecular moieties when excited with laser irradiation [20; 21].
68 Since the vibrational information is specific to the chemical bonds and symmetry of
69 molecules, Raman microspectroscopy provides a fingerprint by which a molecule can be
70 identified [21; 22]. This extends to different physical states in the same molecule such as
71 the transition from water to ice [23; 24]. Therefore, it is feasible to use Raman
72 microspectroscopy to study cryoprotective formulations and investigate the distribution,
73 state, and concentration of compounds at different sub-zero temperatures. While Me₂SO
74 has been widely used as a penetrating cryoprotectants and is known to depress the
75 freezing point of aqueous solutions [25; 26], at relatively low concentration (<1M) Me₂SO
76 has little influence on the average water-water hydrogen bonding strength [27]. In contrast
77 to Me₂SO, Raman microspectroscopic observations [28] and molecular dynamic
78 simulations [29; 30] have revealed that trehalose promotes a destructive effect on the
79 tetrahedral hydrogen-bond network of pure water [30]. These studies suggest that in
80 presence of trehalose, water binds stronger to the sugar than to other water molecules.
81 Trehalose obstructs the water-crystallization process, thereby destroying the water
82 network and forming a sugar-water network [31]. At low temperatures formation of ice
83 creates a partially dehydrated environment and while the additive trehalose may be
84 excluded from the immediate vicinity of the biomolecules of interest [32] in presence of
85 the sugar, ice formation occurs at lower temperatures but at more independent nucleation
86 sites [33].

87 We hypothesized that the destructuring effect of trehalose on water-water
88 hydrogen bonding will be maintained in presence of Me₂SO. Therefore, by reducing the
89 availability of water molecules to join a tetrahedral hydrogen network that plays a
90 formative role in creating ice crystals during freezing, an overall smaller ice crystal size
91 may be observed in presence of water, trehalose, and M₂SO compared to the binary
92 water Me₂SO system. In this study a highly sensitive confocal Raman microspectroscopic
93 (CRM) system was used to generate spatially correlated chemical maps of the distribution
94 of ice, Me₂SO, and trehalose in the frozen systems. Special attention was paid to the
95 effect of trehalose concentration on the formation and distribution of ice crystals and the
96 recovery of metabolic functions after cryopreservation of HepG2 cells.

97

98 **2. Materials and Methods**

99 *2.1 Sample preparation*

100 Low endotoxin α , α -trehalose dihydrate was obtained from Pfanstiehl Inc.
101 (Waukegan, IL) and dimethyl sulfoxide (Me_2SO) was procured from Sigma Aldrich (St.
102 Louis, MO). Solutions of 10% (v/v) Me_2SO were made by mixing 10% pure Me_2SO with
103 90% phosphate buffered saline (PBS) solution from Sigma Aldrich (St. Louis, MO) volume
104 by volume and then dissolving trehalose to reach final concentrations of 0mM, 100mM,
105 and 300mM trehalose. These solutions were used in the confocal Raman
106 microspectroscopy studies and in the cell freezing studies.

107 *2.2 Low temperature confocal Raman microspectroscopy*

108 Low temperature Raman measurements were conducted using a customized
109 confocal microscope and Raman spectrometer combination (UHTS 300, WITec
110 Instruments Crop, Germany). Raman spectra were collected using a highly sensitive
111 EMCCD camera (Andor Technology, UK). A 532nm solid-state laser was used for
112 excitation and images were captured using a 10X objective (Carl Zeiss, Germany). A
113 liquid nitrogen cooled freezing stage (FDCS 196, Linkam Scientific Instrument, UK) was
114 integrated with the microscopy setup and was used to cool the samples at a
115 predetermined rate. For each experiment, the freezing stage with 20 μl solution of sample
116 was mounted on the Raman microscope stage with a custom-made stage adaptor.
117 Samples were cooled to -40 and -80 $^{\circ}\text{C}$ at a rate of 1 $^{\circ}\text{C}/\text{min}$, and then held for
118 approximately 10 minutes at each temperature before the spectral information was
119 collected. Spatially correlated hyperspectral Raman images were created using the

120 Raman signals collected from a window of 50×50µm. Each array of Raman scans was
121 collected using a low integration time (0.3s) to minimize impact of laser irradiation on the
122 ice crystals formed. Each experiment was repeated 3 times and the confocal Raman
123 images presented here are representative for all 3 repetitions.

124 *2.3 Image Processing*

125 Images were processed using the open source software Image J [34]. All images were
126 processed for identification and quantification of ice crystals using a standard bandpass
127 filter for particle analysis. A threshold was applied to convert raw hyperspectral images to
128 a binary image. The Watershed segmentation algorithm [35] in Image J was used to
129 prevent the individual ice crystals from merging to one another and the Particle Analysis
130 tool was used to quantify both the number and area of the ice crystals.

131 *2.4 Cell culture and cryopreservation*

132 Human hepatocellular carcinoma (HepG2) cells were obtained from the American
133 Type Culture Collection (Manassas, VA), and grown in 75 cm² cell culture flasks (Corning
134 Incorporated, Corning, NY). Standard culture medium for HepG2 cells was composed of
135 Opti-MEM I (Gibco, Carlsbad, CA) supplemented with 10% fetal bovine serum (FBS)
136 (Gibco) and penicillin-streptomycin solution to yield final concentrations of 100 units/mL
137 penicillin G and 100 µg/mL streptomycin sulfate (HyClone-Thermo Scientific, Logan, UT).
138 Cells were cultured at 37°C in a humidified atmosphere of 5% CO₂ and 95% air. Upon
139 reaching 80-90% confluency, cells were dissociated using 0.25% trypsin plus 1mM EDTA
140 in a balanced salt solution for 10 min, and trypsin activity was stopped by adding fully
141 supplemented medium to the flask followed by centrifugation for 5 min at 200 x g. The

142 cells were washed once with fully supplemented medium and the final cell pellet was
 143 resuspended in one of the three different solutions containing CPAs previously
 144 mentioned. Cell samples were diluted in the CPA solutions to a concentration of 1×10^6
 145 cells/mL. A volume of 1mL of the samples was transferred into type D micro tubes
 146 (Sarstedt, Radnor, PA), and placed into a passive freezing device (Cool Cell LX,
 147 Biocision, Menlo Park, CA), which provides a cooling rate of $1^\circ\text{C}/\text{min}$. After loading with
 148 samples, the freezing device was quickly transferred to a
 149 -80°C commercial freezer for 24h. The following day, the tubes were quickly collected
 150 and transferred to a LN2 storage container.

151 *2.5 Mathematical modeling of cumulative osmotic stress*

152 The progressive loss of osmotically active intracellular water with the increase of
 153 extracellular osmolality during freezing at $1^\circ\text{C}/\text{min}$ was modeled based on the formulation
 154 as discussed by Fahy, 1981. The cumulative osmotic stress experienced by the cell was
 155 defined as loss of osmotically active water volume over time. The differential decrease in
 156 osmotically active volume of intracellular water with change of temperature was indicated
 157 by following equation (Fahy, 1981):

$$158 \quad \Delta V = \frac{-A \bar{V}_w (\Delta T)^b (T + 273.15)}{R \bar{V}_w} \times \ln \left[\frac{1 - \left(\frac{\Delta T}{(T/\bar{V}_w + 1)} \right) - \left(\frac{\Delta T}{(T/\bar{V}_w + 1)^2} \right)}{1 + 0.00966 \Delta T + 4.1025 \times 10^{-5} \Delta T^2} \right]$$

159 Here A is the total surface area of the cell, \bar{V}_w is the hydraulic conductivity of the cell
 160 membrane at a given temperature ΔT , R is the universal gas constant, B is the cooling
 161 rate, b is the temperature coefficient of the hydraulic conductivity, \bar{V}_w is the partial molar
 162 volume of the water, V is the volume of intracellular water, and ΔT is the number of moles

163 of solute in the cells. Relevant parametric values for HepG2 cells are listed in Table 1. S
164 and I are parameters that are dependent on the non-aqueous mole fraction of the
165 constituents of the freezing medium. The following parametric relationships were used for
166 calculating S and I for each of the CPA formulations with trehalose.

167
$$S = 3.55 \frac{n_{Me_2SO}}{n_{Me_2SO} + 2n_{salts} + n_{trehalose}} + 1.8$$
 and
$$I = 0.076 \frac{n_{Me_2SO}}{n_{Me_2SO} + 2n_{salts} + n_{trehalose}} + 0.86$$
 where $\frac{n_{Me_2SO}}{n_{Me_2SO} + 2n_{salts} + n_{trehalose}}$

168 Here, n_{Me_2SO} is the number of moles of Me₂SO, n_{salts} is the number of moles of salts in the
169 freezing solution and finally, $n_{trehalose}$ is the number of moles of trehalose in the freezing
170 solution. The calculated values for the parameters S and I are presented in Table 2 for
171 each of the CPA formulations. A computer code written in Mathematica 8 (Wolfram
172 Research, Champaign, IL) was used to solve the set of equations described above.

173 *2.6 Post-thaw viability and metabolic profile analysis*

174 Following storage over LN₂ for a day, individual microtubes were collected and
175 quickly warmed to physiological temperature using a water bath maintained at 37°C. In
176 order to remove the CPAs in the solution, cells were collected using centrifugation
177 followed by resuspension in standard culture medium. Cells were enumerated with a
178 Bright Line™ hemocytometer (Hausser Scientific, Horsham, PA) and membrane integrity
179 was assessed using trypan blue exclusion assay. The oxygen consumption rates (OCRs)
180 of HepG2 cells cryopreserved under different CPA conditions were measured using the
181 XFp Extracellular Flux Analyzer (Seahorse Biosciences, North Billerica, MA) on days 1
182 and 3 post thawing. The Seahorse XFp analyzer operates by creating a transient chamber
183 so that cellular oxygen consumption rates can be monitored. Post thaw cell samples were
184 plated on XFp plates at 4x10⁴ cells per well and incubated for 24h before respiration rates

185 were measured. Preceding experimentation, the XFp cartridges (Seahorse Bioscience,
186 North Billerica, MA) were hydrated with XFp calibrant (Seahorse Bioscience) and stored
187 at 37°C for 24h. One-hour prior measuring cellular respiration, the cell culture media was
188 aspirated from the individual culture wells and a medium containing DMEM (Dulbecco's
189 Modified Eagle's medium, Seahorse Bioscience) plus 2mM L-Glutamine and 20mM
190 glucose (Sigma Aldrich, St. Louis, MO) was added. The plate was maintained for 1h at
191 37°C and ambient atmosphere. The XFp cartridge was loaded with a suite of reagents
192 yielding the following final concentrations in the cell sample: oligomycin (1µM), carbonyl-
193 cyanide-4-(trifluoromethoxy) phenylhydrazone (FCCP, 0.5µM), and rotenone/antimycin A
194 (0.5µM). Oligomycin acts as F₀F₁-ATPase inhibitor and oxygen consumption rates
195 measured in presence of this inhibitor indicate mitochondrial leak respiration, while FCCP
196 acts as an uncoupling agent which collapses the mitochondrial proton gradient and
197 thereby uncouples the oxidation system from the phosphorylation system, maximizing
198 oxygen consumption rates. To estimate the contribution of non-mitochondrial processes
199 to overall oxygen flux, rotenone and antimycin A were added to inhibit complex I and III
200 of the respiratory system.

201 *2.7 Statistical analysis*

202 Data were analyzed with a student t-test. Excel 2013 (Microsoft, Redmond, WA)
203 and Origin Pro (Northampton, MA) were used for the analyses. Data sets are presented
204 as mean ± (SEM).

205

206 **3. Results**

207 *3.1 Confocal Raman microscopy (CRM)*

208 Spatially correlated CRM can be used for simultaneous identification and
209 localization of multiple molecular moieties by analyzing individual chemical signatures. In
210 Fig. 1, a typical Raman spectrum of our tertiary ice, trehalose, and Me₂SO system is used
211 to spatially correlate the distribution of compounds in a 50x50 μm² sample window at -
212 40°C. The hyperspectral images were extracted using the appropriate characteristic
213 wavelengths for each of the compounds and brightness correlates with increased
214 compound concentration. It is interesting to note that channels of high Me₂SO
215 concentrations were found to be embedded between ice crystals while trehalose seems
216 to be more ubiquitously distributed throughout both the ice and Me₂SO rich regions of the
217 sample.

218 In this study, primary emphasis was laid on investigating the ice-formation
219 characteristics at different trehalose concentrations with decreasing temperature. As
220 shown in Fig. 2, ice crystals (bright area) were surrounded by narrow channels (dark
221 area), which are rich in Me₂SO due to the presence of the solutes rejected by the
222 nucleating and growing ice phase. Average ice crystal area was determined and a clear
223 trend in formation of ice crystals having smaller surface areas with increase in trehalose
224 concentration and decrease in temperature was observed. At -40°C in samples containing
225 10% Me₂SO alone relatively large ice crystals ($A_{avg}= 138.2 \mu\text{m}^2$) with sharp and angular
226 boundaries developed. Upon addition of 100mM trehalose to 10% Me₂SO, ice crystals
227 were smaller ($A_{ave}= 114.9 \mu\text{m}^2$) than in presence of 10% Me₂SO alone. Furthermore, the
228 ice crystals displayed more rounded and smoother boundaries. Further increases in

229 trehalose concentration to 300mM, caused additional decreases in ice crystal area ($A_{ave}=$
230 $54.3 \mu\text{m}^2$) and boundaries appear to be more rounded than under the two other conditions
231 investigated. Upon cooling to -80°C , all the samples exhibit additional decreases in
232 average ice crystal size compared to -40°C . At -80°C the ice crystals had a relatively
233 uniform distribution, and the same decreasing trend of ice crystal area with increasing
234 trehalose concentrations found for samples at -40°C , was observed. It is noteworthy that
235 for 10% Me_2SO plus 300mM trehalose at -80°C , the structure of ice crystals is very
236 different compared to all other conditions and the ice crystals were extremely small ($A_{ave}=$
237 $19.8\mu\text{m}^2$) forming a more network-like structure.

238 Based on the morphology and number of ice crystals in the hyperspectral images
239 the average size distribution and frequency of crystals per unit of viewing area was
240 calculated. As shown in Fig. 3A, ice crystal area decreases while the number of ice
241 crystals per unit viewing area increases with increasing trehalose concentration. This
242 effect was observed at both temperatures, but the increase in number of ice crystals with
243 increase in trehalose concentration was most pronounced at -80°C (Fig. 3B). While a
244 similar trend in crystal formation was observed in absence of Me_2SO and in presence of
245 only trehalose the crystal sizes are significantly bigger (Supplementary Figures I and II),
246 indicating that addition of Me_2SO does in fact play an important role in determining and
247 reducing the size of the ice crystals formed.

248 Ice formation in the extracellular environment increases the solute concentration
249 in the unfrozen section around the cells. While Me_2SO is a penetrating cryoprotectant,
250 trehalose remains predominantly outside the cell contributing to the increasing
251 extracellular solute concentration [26; 36]. These freezing events outside the cellular

252 environment have a direct impact on the osmotically active cell volume as cells maintain
253 an osmotic equilibrium with the extracellular environment [37]. Guided by the hydraulic
254 conductivity of the cell membrane and the rate of decrease in temperature, cells become
255 partially dehydrated due to osmotically active water leaving the cytoplasm and organelles
256 [38]. At low cooling rates, such dehydration can lead to osmotic stress mediated injury in
257 cells commonly known as 'solution effects' injury [16; 39], and can be considered as the
258 predominant injury mechanism at low cooling rates [40]. Such injury can be
259 mathematically modeled as the cumulative effect of volumetric reduction of cells owing to
260 the loss of water [40]. Fig. 4 describes the relationship between temperature and
261 osmotically active cell volume. As expected, at a freezing rate of 1°C/min, we see that
262 cumulative osmotic stress increases substantially starting at -15°C when frozen in a 10%
263 Me₂SO solution. Addition of trehalose to 10% Me₂SO solution increases the cumulative
264 osmotic stress experienced by cells (Fig. 5). As expected, we see that upon addition of
265 300 mM trehalose cells experience increased reduction of osmotically active water
266 volume leading to higher cumulative osmotic stresses (Fig. 5). According to the model
267 developed here, most of the injuries occur in -5 to -20°C range where there is a substantial
268 difference in percent increase of cumulative osmotic stress when 300 mM trehalose is
269 added to Me₂SO.

270 *3.2 Cell growth and metabolic profile analysis*

271 Membrane integrity after freeze thawing and growth of HepG2 cells was measured
272 in order to assess the physiological consequences of trehalose addition to the CPA
273 solution. Despite the increase in cumulative osmotic stress in presence of 100mM
274 trehalose compared to Me₂SO alone, membrane integrity was significantly higher for cells

275 frozen in presence of 100mM trehalose compared to 0mM trehalose (Fig. 6A).
276 Furthermore, no significant differences in growth behavior were found between cells
277 frozen without trehalose or in presence of 100mM of the sugar (Fig. 6B). After an initial
278 lagging phase of about 3 days, cell numbers increased rapidly over the next 2-3 days,
279 followed by reduced proliferation rates due to contact inhibition. However, due to the
280 substantial higher cumulative osmotic stress experienced at 300mM trehalose, cells
281 frozen in this CPA showed both lower membrane integrity and longer delayed growth
282 performance compared to the 100mM trehalose samples (Fig. 6A, B). Oxygen
283 consumption rates (OCR) provided an additional appraisal of cellular functions of cells
284 after cryopreservation. In agreement with growth performance, analysis of the basal OCR
285 data for each CPA condition on days 1 and 3 post-thawing showed increases in cellular
286 respiration over time for each CPA employed (Fig. 7A). Increases in OCR were followed
287 by increases in oligomycin inhibited and FCCP uncoupled respiration rates (Fig. 7B, C).
288 Furthermore, a slight increase in the background oxygen flux after addition of rotenone
289 and antimycin-a was also observed (Fig. 7D). In summary, no substantial differences in
290 bioenergetic parameters were observed for cells frozen in the three different CPAs after
291 3 days of cell recovery.

292

293 **4. Discussion**

294 The rate of freezing is a critical factor that determines the nature and extent of cellular
295 injury during cryoprocessing. At slow freezing rates (1 - 10 °C/min) physical damage by
296 advancing ice crystals and prolonged exposure to hyperosmotic conditions are the
297 dominant injury mechanisms. On the other hand, at fast freezing rates (>10 °C/min)
298 intracellular water fails to equilibrate with the rapidly increasing extracellular osmolality
299 due to physical limits associated with the hydraulic conductivity of the cell membrane and
300 the chances of formation of highly lethal intracellular ice increases [41; 42].

301 Irrespective of the specific freezing rates, CPAs offer protective mechanisms to
302 prevent cellular injury during freezing. CPAs capable of permeating the cell membrane
303 (i.e. Me₂SO) play a role in preventing intracellular ice formation and are thought to
304 contribute to a vitrified environment in the intracellular space, whereas non-penetrating
305 cryoprotectants (i.e. polyethelene glycol) modulate the extracellular ice formation
306 characteristics [43] and are known to have osmolytic properties preventing membrane
307 damage caused by hyperosmotic conditions in the extracellular environment during
308 freezing [16]. One of the most significant drawbacks associated with use the of CPAs is
309 the fact that many CPAs, including the widely used compound Me₂SO, are known to have
310 significant cytotoxic effects both in short term and long term. Me₂SO has been reported
311 to cause translocation of apoptosis-inducing factors from mitochondria to nucleus and
312 poly-(ADP-ribose)-polymerase (PARP) activation [44]. Additionally, Me₂SO is reported to
313 induce pore formation in plasma membrane [45]. The toxicity associated with CPAs has
314 been a limiting step for the use of high CPA concentrations, and poses a significant
315 problem for application of cryopreservation protocols to a wide variety of cells including

316 stem cells. At higher concentrations of Me₂SO, Molecular Dynamics (MD) simulations
317 predict cell membrane loosening, pore formation, and eventual bilayer collapse [46].

318 One strategy to mitigate the risk of using toxic CPAs is to add cosolutes with
319 cytoprotective properties as additives to the CPA formulation. While many additives have
320 been used as cryoprotectants, it has been demonstrated that a majority of them fail to
321 protect proteins and phospholipid bilayers from denaturation during dehydration stress
322 experienced by cells during cryoprocessing [47]. It is interesting to note that disaccharides
323 such as sucrose and trehalose are an exception and possess the ability to prevent protein
324 denaturation and membrane fusion during cryoprocessing [1; 48]. Trehalose have been
325 widely used as additives to cryoprotectants formulations in recent years [2; 3; 49; 50].
326 Trehalose is a non-reducing disaccharide and it has been linked to extreme dehydration
327 and low temperature tolerance in several cryptobiotic organisms [51]. Addition of 0.2-
328 0.6M trehalose to a CPA containing 10% Me₂SO has been demonstrated to increase both
329 post-thaw cell viability and plating efficiency in several mammalian cell types including
330 primary human hepatocytes [52], human embryonic cells [10], and pancreatic islets [53].
331 However, the exact mechanism(s) by which trehalose protects cellular structures during
332 cryopreservation remains unclear.

333 Due to the lack of dedicated trehalose transporter in mammalian cells, addition of
334 trehalose to CPA formulations results in presence of trehalose predominantly in the
335 extracellular space. The water replacement hypothesis [54] suggests that the hydroxyl
336 groups of trehalose can substitute for the hydrogen bonding of water [5]. During
337 cryopreservation as water molecules are being progressively removed from extracellular
338 environment due to ice formation, trehalose may play a critical role in maintaining the

339 integrity of the phospholipid structure of the cell membrane. In a comparable system
340 involving water loss, such as drying, it has been demonstrated that the loss of the
341 hydration effect of water is compensated by the presence of trehalose, thus preserving
342 the phospholipid bilayer. However, without trehalose, it has been found that desiccation
343 leads to heterogeneities in phospholipid packing and reduced acyl chain density, thereby
344 destabilizing the membrane and resulting in damage upon the influx of water [55]. As an
345 additive to CPA formulations, trehalose may play a similar role in minimizing cellular injury
346 during the partial dehydration created during cryoprocessing owing to the progressive ice
347 formation in extracellular space [56]. However, it needs to be noted that to offer maximal
348 protection during desiccation, trehalose has to be present on both sides of the plasma
349 membrane [14], which is not the case without a sugar loading strategy.

350 By employing Raman microspectroscopy we found that in absence of sugar
351 loading trehalose may exert a protective effect by modulating the nature of the
352 extracellular ice crystal formed (Fig. 1). Trehalose has been known to inhibit ice crystal
353 growth [33], and recent studies underscore a strong correlation between the ice-crystal
354 size and cell lethality [57]. Rapid growth of large ice crystals in extracellular medium
355 increases the possibility of damage to the cell membrane from advancing ice crystals. In
356 this study we demonstrate that presence of trehalose as an additive to the CPA
357 formulation can significantly influence the morphology, shape, and size of ice crystal
358 formation (Fig. 2) – which can in turn have a significant role to mitigate physical damage
359 due to advancing ice crystals during freezing. While similar studies have been reported
360 using optical microscopy [58], field emission electron microscopy systems including
361 cryoscanning electron microscopy (SEM), or transmission electron microscopy (TEM)

362 [33], only the hyperspectral imaging technique using spatially correlated Raman
363 microspectroscopy system combines digital imaging and molecular/elemental
364 spectroscopy for material analysis. This technique provides the significant advantage of
365 spectroscopically identifying the true nature of ice formation pattern. The ice crystal
366 formation is indicated by appearance of a distinct peak in the symmetric spectral region
367 of the OH stretching peak $\sim 3130 \text{ cm}^{-1}$ wavenumbers [5; 59].

368 At low temperatures both the reduction in the free water, indicated by decreasing
369 intensity of the asymmetric portion of the OH stretching spectra (centered $\sim 3435 \text{ cm}^{-1}$),
370 and enhancement of nucleation sites for ice crystals have been theorized to limit the
371 number of ice crystals in presence of trehalose. Hyperspectral images of the ice crystals
372 formed at both -40°C and -80°C both support this theory. The number of nucleation sites
373 indicated by the number of ice crystals increase significantly when 300mM trehalose in
374 added to the CPA solution. As temperature of the system is lowered at $1^\circ\text{C}/\text{min}$ to -80°C ,
375 this effect is significantly enhanced in comparison to the number of ice crystals formed at
376 -40°C . Systematic quantification of the ice crystal number and area as seen on the
377 hyperspectral images indicates that the number of ice crystals increases rapidly, and the
378 area per ice crystal decreases in turn (Figs. 3A, B). Surprisingly, while cumulative osmotic
379 stress increases with increasing trehalose concentrations (Figs. 4,5) membrane integrity
380 and metabolic activity is not negatively impacted (Figs. 6,7). These findings reinforce the
381 notion that ice crystal structure has direct impacts on cryopreservation outcomes and can
382 be modulated by the addition of sugar additives to the CPA solution. Experiments with
383 mesenchymal stem cell cells that are more sensitive to osmotic stress than HepG2 cells
384 are currently underway and should provide additional insights into the complex

385 relationship between osmotic stress, ice-crystal morphology, and viability post thawing in
386 cryopreservation.

387 **Conflict of interest**

388 The authors certify that they have no affiliations with or involvement in any
389 organization or entity with any financial interest (such as honoraria; educational grants;
390 participation in speakers' bureaus; membership, employment, consultancies, stock
391 ownership, or other equity interest; and expert testimony or patent-licensing
392 arrangements), or non-financial interest (such as personal or professional relationships)
393 in the subject matter or materials discussed in this manuscript.

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401

402 **Figure legends**

403 **Fig. 1.** A solution of 10% Me₂SO and 100mM trehalose was frozen to -40°C at 1°C/min.
404 Upon reaching stable crystal morphologies, individual hyperspectral images indicating
405 spatial concentrations of ice, Me₂SO, and trehalose were extracted by integrating
406 representative characteristic Raman peaks. The characteristic Raman peaks for each of
407 the components are labeled in the average spectrum of the scanned area. (Ice: 3130 cm⁻¹
408 ¹, Me₂SO: 1426 cm⁻¹, trehalose: 855 cm⁻¹). Maximum intensities for each integrated peak
409 relative to zero were 685.3, 108.2, and 22.9 CCD cts for ice, Me₂SO, and trehalose,
410 respectively.

411 **Fig. 2.** Confocal Raman hyperspectral images of 10% Me₂SO solution in presence of
412 0mM, 100mM and 300mM trehalose at -40°C and -80°C. All the images are generated
413 by integrating the ice peak (3130 cm⁻¹) from the corresponding Raman spectra.

414 **Fig. 3.** Numerical representation of crystal morphological properties extracted from
415 Raman hyperspectral images. Images were taken at -40°C and -80°C for each of the
416 three CPA solutions containing 10% Me₂SO solution with trehalose additives (0mM,
417 100mM, and 300mM). Hyperspectral images were analyzed with ImageJ to extract
418 average number of ice crystals (A) and average area per ice crystals (B) were found via
419 ImageJ per sample window ($n = 3$).

420 **Fig. 4.** Normalized cell volume and cumulative osmotic stress at a cooling rate of 1°C/min.
421 Mathematica modeled parametric curves showing interaction of osmotically active cell
422 volume and cumulative osmotic stress from 0°C to -80°C. The osmotically active volume
423 of the cell is approximately 30% of the total cell volume.

424 **Fig. 5.** Percent increase in cumulative osmotic stress with decreasing temperature.
425 Percent increase in cumulative osmotic stress for the 100mM trehalose and 300mM
426 trehalose curves relative to 0mM added trehalose. A magnified inset is provided to show
427 the largest difference occurs at the onset of freezing ranging from approximately -3°C to
428 -20°C.

429 **Fig. 6.** Membrane integrity and growth pattern of cells after cryopreservation. A)
430 Membrane integrity measured immediately after thawing (*, $p < 0.01$) and B) cell grow-out
431 after the LN2 storage for each CPA with sigmoidal fits to highlight growth patterns ($n = 4$,
432 \pm SEM).

433 **Fig.7.** Recovery of cellular respiration over 3 days after cryopreservation. A) basal
434 respiration rate of cells, B) proton leak related respiration rates, C) FCCP uncoupled
435 maximum respiration, and D) non-mitochondrial oxygen consumption ($n = 3-6$, \pm SEM).

436 **Supplementary Figure I:** Confocal Raman hyperspectral images of ice formation in
437 presence of 100mM and 300mM trehalose at -40°C and -80°C. The images are generated
438 by integrating the ice peak ($\sim 3130\text{cm}^{-1}$) from the corresponding Raman spectra.

439 **Supplementary Figure II:** Numerical representation of crystal morphological properties
440 extracted from Raman hyperspectral images. Images were taken at -40°C and -80°C for
441 each of the two CPA solutions containing only trehalose (100mM, and 300mM).
442 Hyperspectral images were analyzed with ImageJ to extract average number of ice
443 crystals (A) and average area per ice crystals (B) were found via ImageJ per sample
444 window ($n = 3$).

445

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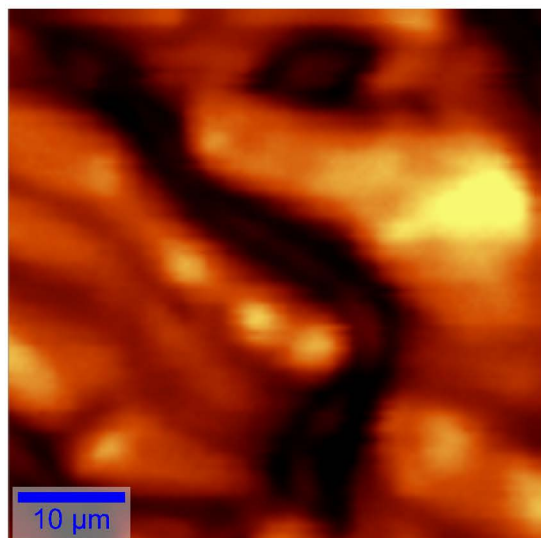
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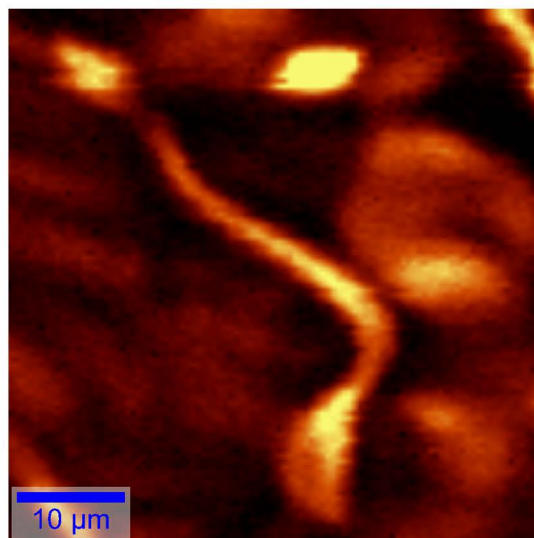
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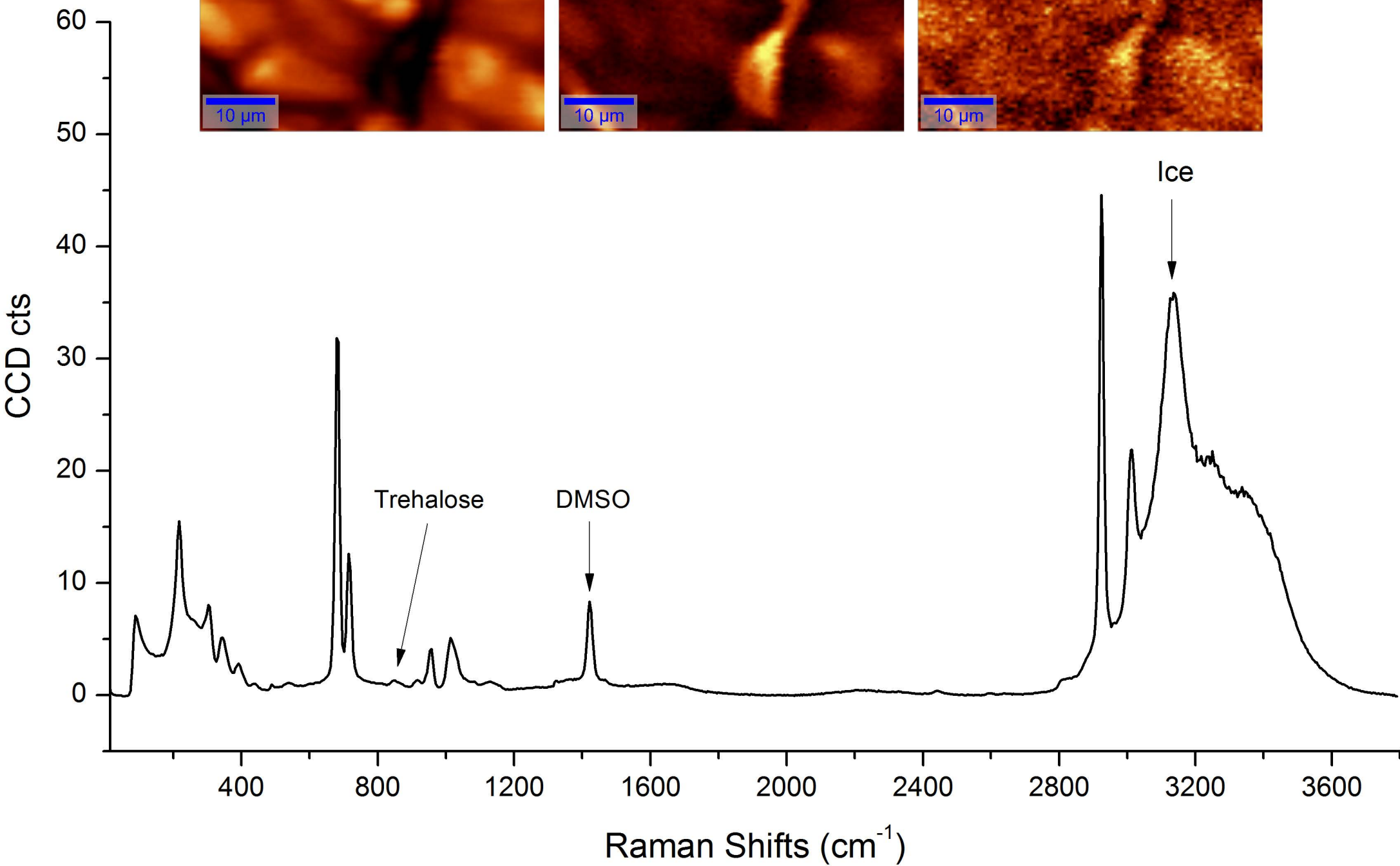
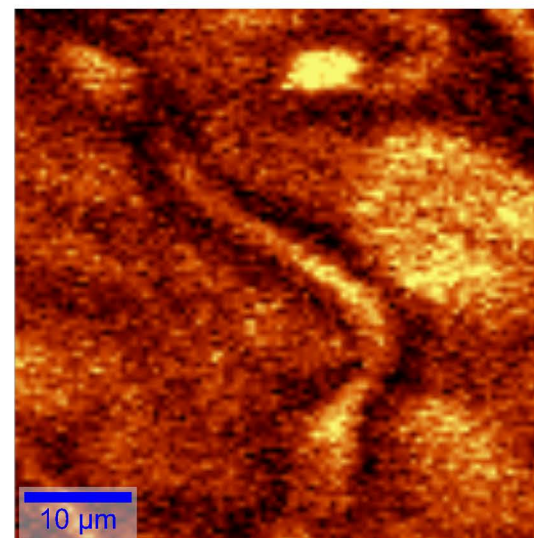
Ice



DMSO



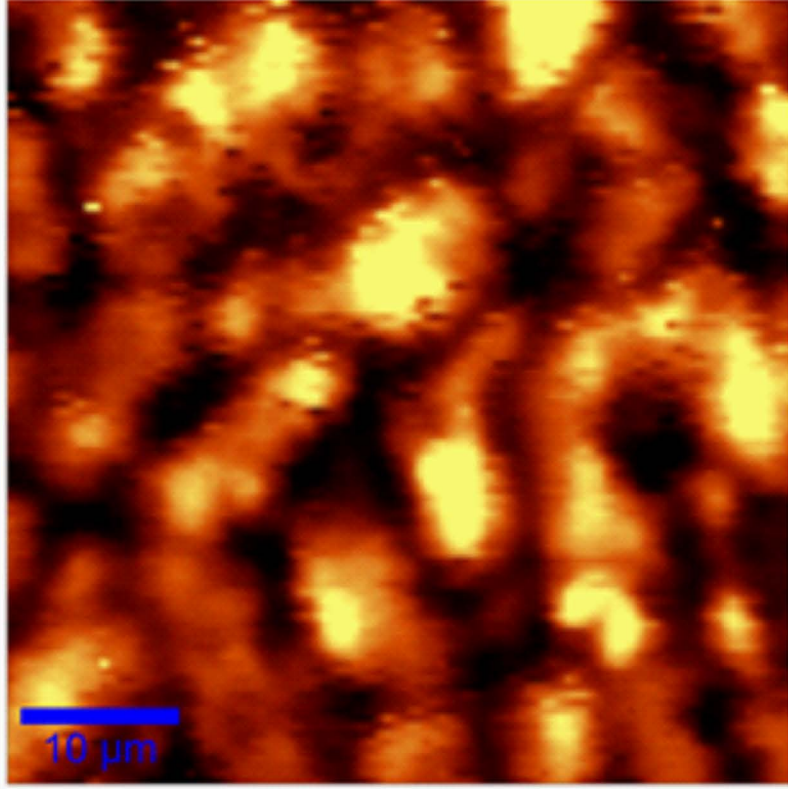
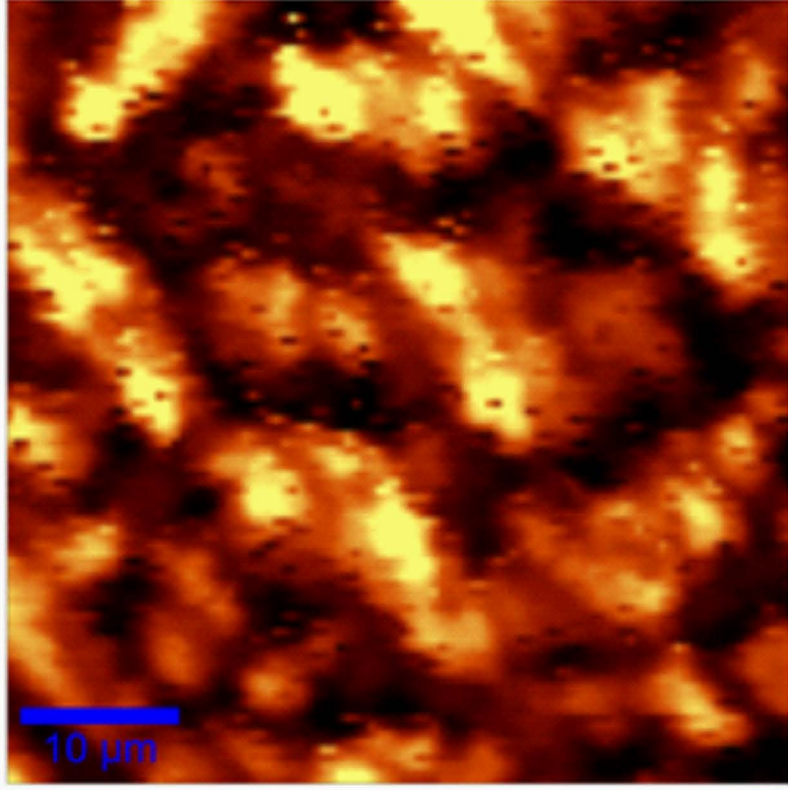
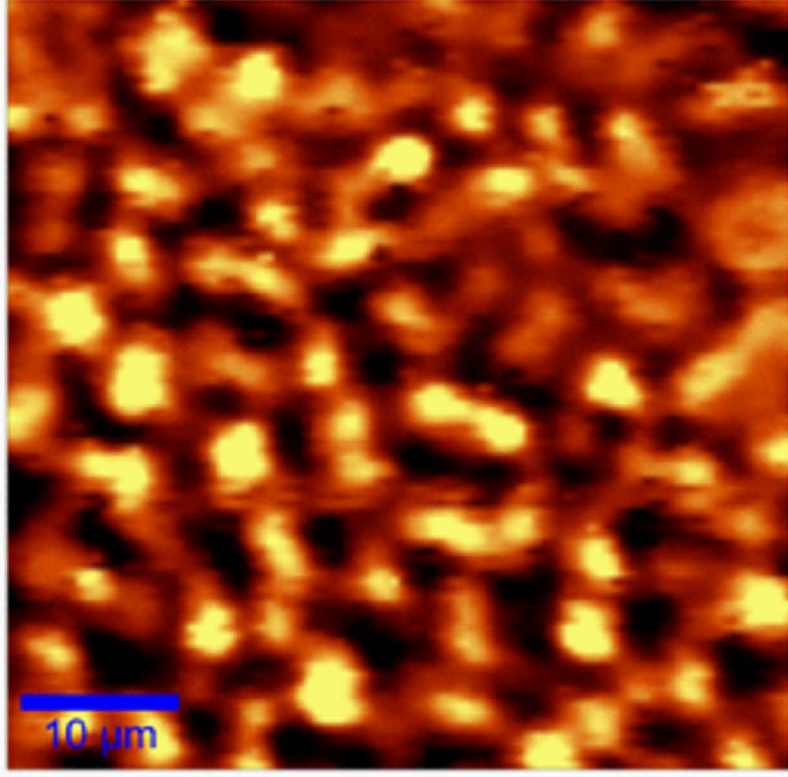
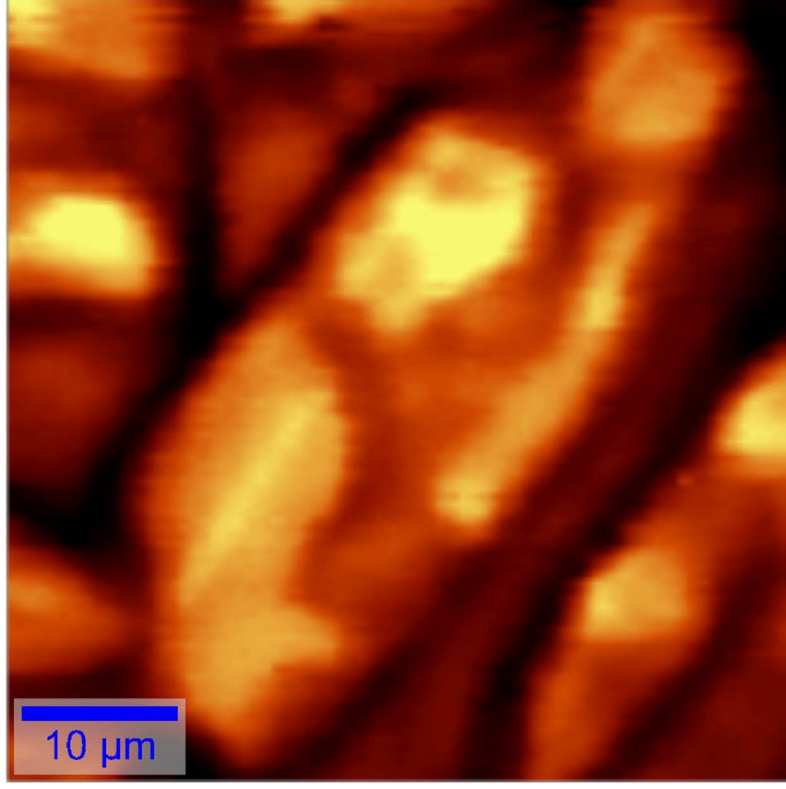
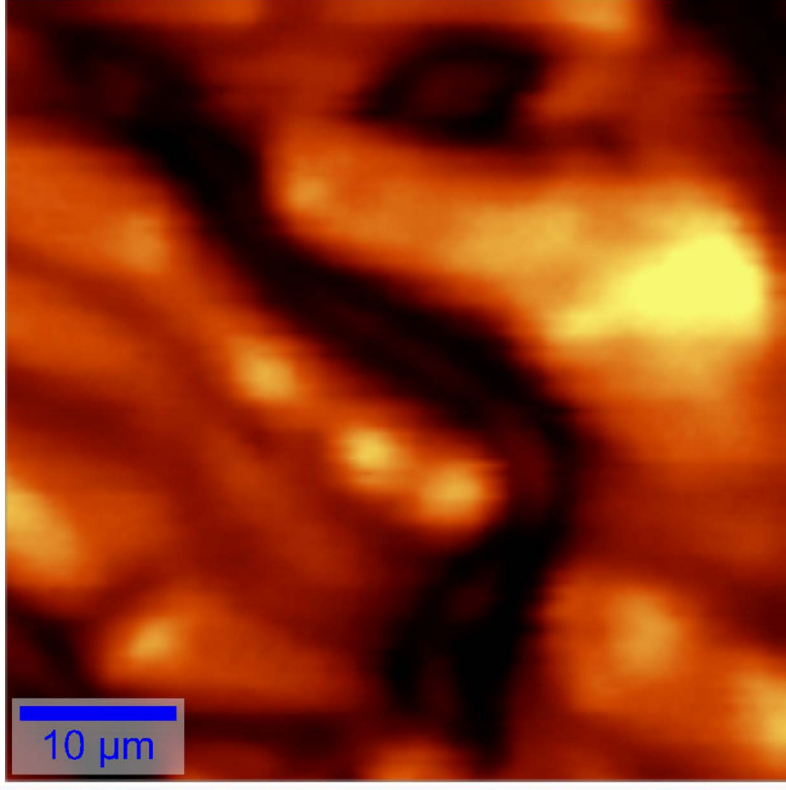
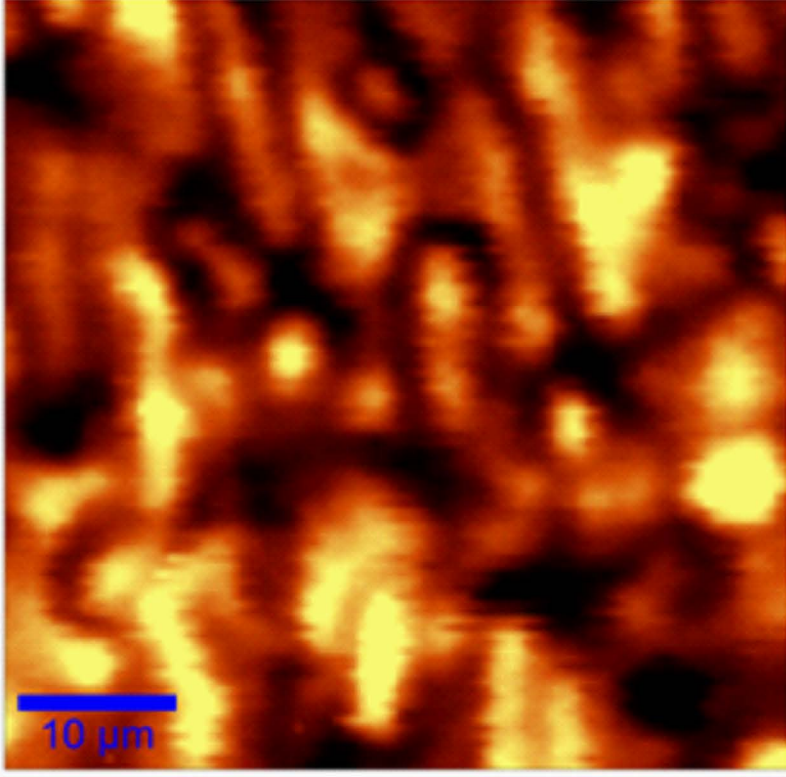
Trehalose



10% DMSO +
300mM Trehalose

10% DMSO +
100mM Trehalose

10% DMSO



-40°C

-80°C

