

## \$53,713 cut in athletics

**SHELBY BLACKLEY**  
SPORTS EDITOR

Wilfrid Laurier University's department of athletics and recreation is feeling the pressure from the university's deficit.

In light of the recent announcement that WLU must slash two per cent of its upcoming operating budget, the department of athletics is facing a cut of their own.

Athletics' total operating budget cut will equate to \$53,713, which is \$24,616 of the money funded from the university and an additional \$29,097 from the money funded by the Student Affairs Administrative Agreement (SAAA). 50 per cent of the funding for athletics and recreation comes from the university, while 50 per cent comes from the students.

Ari Grossman, associate director: business operations in the department of athletics and recreation explained that the majority of the cut comes from student labour. This includes the student employees who help run the athletic complex and event staff throughout the summer and the academic year.

"While we haven't adjusted wages by any means — in fact they're going up as a result of minimum wage — we've decreased the number of

Sports, page 19



WILL HUANG STAFF PHOTOGRAPHER

The recent resurgence of vinyl records has made an impact at music stores in Canada, particularly in Waterloo Region.

## The return of the record in K-W

**RAFEY SATTAR**  
STAFF WRITER

Over the last couple of years, record stores in Kitchener-Waterloo have experienced exactly how the music industry can come full circle.

Vinyl, a format of music you were once likely to find in a dusty box in your parent's attic, is making a

comeback like never before. According to the British Phonographic Industry, in 2012 LPs saw sales figures rivalling those in 1997.

Sunrise Records, a chain store that carries records, and Encore Records in Kitchener have experienced firsthand the resurgence of a format the music industry had largely given up on in the late '80s and early '90s.

"I think it was initially the younger people discovering [vinyl]," said Encore Records owner Mark Logan, explaining what gave the format new life.

"There was also the kitsch factor," he added. LPs "were cool and retro" to a lot of the younger music fans that visited Logan's store.

A lot of Encore's visitors just

weren't satisfied with tracks selling on iTunes.

"I couldn't have a music collection if it was all digital. That means nothing to me," continued Logan to describe the mentality of many of his customers.

When it comes to digital music,

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## Nightlife in the spotlight

Lineups to bars and clubs appear to have reached a new level

**ASHLEY DENUZZO**  
LOCAL AND NATIONAL EDITOR

It's 10:00 p.m. on a Saturday night; do you know where your friends are?

There's a good chance that they are waiting in line.

In the last five years the student population within the city of Waterloo has grown tremendously. While this provides clear economic benefits to universities and local businesses, it has also greatly impacted another industry — the bar, club and night social scene.

The past year alone has seen five local venues — Philthy McNasty's,

Cabin, Firehall, Night School and McMullan's — close their doors to the public, creating fewer options for students on their night out.

And fewer options means longer lines and fuller clubs.

"It's pretty ridiculous," said Katie Wong, a third-year student at Wilfrid Laurier University. "We have to get to a club before a certain time or else we're stuck waiting in line for over an hour."

"It almost makes it not even worth it."

Wong admitted to waiting for an hour and a half for a bar during O-Week and she's not alone. Depending on the time of year, nightclub

or venue lines can start forming as early as 9:30 p.m. and last until well after midnight.

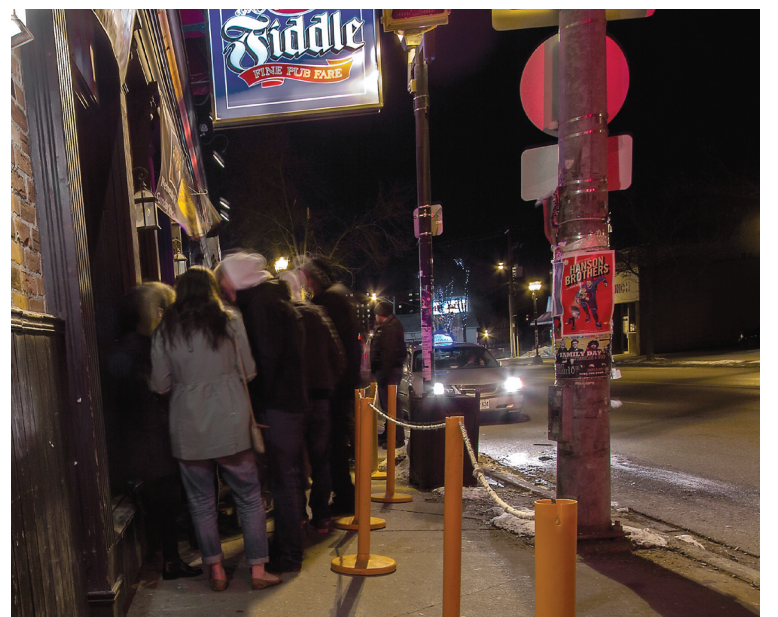
The likely cause of this is the strain of a growing student population on existing venues.

Ray Darling, registrar at the University of Waterloo, noted that UW has seen about 500 to 1,000 new students each year for the last five years.

"It's been about 1.5 per cent a year since 2010, so about three or four per cent [in total]," he said.

Wilfrid Laurier University has also experienced growth, with a 22.1

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HEATHER DAVIDSON PHOTOGRAPHY MANAGER

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A "Jamaican Me Crazy" event put on by a fraternity gets the boot after being deemed offensive

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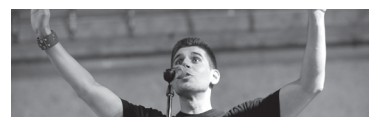


Editor-in-Chief  
Justin Smirlies  
jsmirlies@thecord.ca

**Editor's choice**  
*Investigating 'study drugs'*  
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**Editor's choice online**  
*This week around Laurier*  
thecord.ca



# THE CORD

The tie that binds Wilfrid Laurier University since 1926

205 Regina St. N  
Waterloo, ON N2L 3B6  
519-884-0710 x3564

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**Advertising**  
All advertising inquiries should be directed to Angela Endicott at 519-884-0710 x3560  
angela.taylor@wlusp.com

In 2013 the Canadian Community Newspaper Association awarded The Cord second place in the campus community newspaper category.



## Editorial Board

**Editor-in-Chief**.....Justin Smirlies  
jsmirlies@thecord.ca  
**Senior News Editor**.....Lindsay Purchase  
lpurchase@thecord.ca  
**Visual Director**.....Kate Turner  
kturner@thecord.ca  
**Campus News Editor**.....Marissa Evans  
mevans@thecord.ca  
**Local and National Editor**.....Ashley Denuzzo  
adenuzzo@thecord.ca  
**Features Editor**.....Vacant  
**Life Editor**.....Alanna Fairey  
afairey@thecord.ca  
**Arts Editor**.....Cristina Almudevar  
calmudevar@thecord.ca  
**Opinion Editor**.....Dani Saad  
dsaad@thecord.ca  
**Sports Editor**.....Shelby Blackley  
sblackley@thecord.ca  
**Graphics Editor**.....Lena Yang  
lyang@thecord.ca  
**Photography Manager**.....Heather Davidson  
hdavidson@thecord.ca  
**Photography Manager**.....Ryan Hueglin  
rhueglin@thecord.ca  
**Video Editor**.....Henry Goddard  
hgoddard@thecord.ca  
**Web Editor**.....Vacant  
web@thecord.ca

## Senior Staff

**Lead Reporter**.....Bryan Stephens  
**Lead Reporter**.....Laura Buck  
**Lead Photographer**.....Jody Waardenburg  
**Copy Editing Manager**.....Kaylee Grootjen

## Contributors

Joshua Awolade      Will Huang      Kha Vo  
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Robert Conte      Shayne McKay      Drew Yates  
Jessica Dik      Shannon Millar  
Kevin Do      Jessica Mitra  
Scott Glaysher      Kaitlyn Sageman  
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## Colophon

The Cord is the official student newspaper of the Wilfrid Laurier University community.

Started in 1926 as the College Cord, The Cord is an editorially independent newspaper published by Wilfrid Laurier University Student Publications, Waterloo, a corporation without share capital. WLUSP is governed by its board of directors.



Opinions expressed within The Cord are those of the author and do not necessarily reflect those of the editorial board, The Cord, WLUSP, WLU or CanWeb Printing Inc. All content appearing in The Cord bears the copyright expressly of their creator(s) and may not be used without written consent.

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Campus Plus is The Cord's national advertising agency.



## Preamble to The Cord constitution

The Cord will keep faith with its readers by presenting news and expressions of opinions comprehensively, accurately and fairly. The Cord believes in a balanced and impartial presentation of all relevant facts in a news report, and of all substantial opinions in a matter of controversy.

The staff of The Cord shall uphold all commonly held ethical conventions of journalism. When an error of omission or of commission has occurred, that error shall be acknowledged promptly. When statements are made that are critical of an individual, or an organization, we shall give those affected the opportunity to reply at the earliest time possible. Ethical journalism requires impartiality, and consequently conflicts of interest and the appearance of conflicts of interest will be avoided by all staff.

The only limits of any newspaper are those of the world around it, and so The Cord will attempt to cover its world with a special focus on Wilfrid Laurier University, and the community of Kitchener-Waterloo, and with a special ear to the concerns of the students of Wilfrid Laurier University. Ultimately, The Cord will be bound by neither philosophy nor geography in its mandate.

The Cord has an obligation to foster freedom of the press and freedom of speech. This obligation is best fulfilled when debate and dissent are encouraged, both in the internal workings of the paper, and through The Cord's contact with the student body.

The Cord will always attempt to do what is right, with fear of neither repercussions, nor retaliation. The purpose of the student press is to act as an agent of social awareness, and so shall conduct the affairs of our newspaper.

**Quote of the week:**  
"I would fuck the shit out of Wendy's. It's so delicious."  
- Opinion Editor Dani Saad on the popular fast food chain

## Photo of the week



HEATHER DAVIDSON PHOTOGRAPHY MANAGER

A 10-year-old Waterloo resident lists off his plans as mayor at the State of the City address on Friday.

## DearLIFE

*Dear Life is your opportunity to write a letter to your life, allowing you to vent your anger with life's little frustrations in a completely public forum.*

All submissions to Dear Life are anonymous, should be no longer than 100 words and must be addressed to your life. Submissions can be sent to [dearlife@thecord.ca](mailto:dearlife@thecord.ca) no later than Monday at noon each week.

### Dear Toronto,

Please stop dressing like you're from a one-stoplight town — us that are from the country know you're not. Putting on some shit-kickers and a plaid shirt doesn't mean you know how to butcher a chicken.  
Sincerely,

You're the reason I hate going to Dallas

### Dear Douche sitting in the library lobby,

Stop yelling like a gino at your Skype call while wearing headphones. Please STFU and GTFO, taking your business elsewhere.  
Sincerely,  
The annoyed couple trying to study  
- It's a library after all

### Dear Life,

Why is this all so hard? As soon as it seems to get better, I get knocked back down all over again. I wish I could just stay happy for a while. Maybe its the time of year, but I just can't keep feeling like this.  
Sincerely,  
Feeling Sad and Hopeless

### Dear Life,

One thing I always try to remind myself and feel everyone else should understand too especially in our 20's, is that the most important relationship you should ever have, is the one with yourself. Remember to always respect yourself in any situation. You deserve the ultimate best in life and never think any less of yourself.  
Sincerely,  
Someone who wants nothing but the best for all of you

### Dear Life,

If you haven't seen the "End the Silence: Laurier" page, you don't know what's going on at our school.  
Sincerely,  
A man trying to understand

## The Cord Hiring Update

We're still looking for a Web Director, Local and National Editor and Video Editor

Interested? E-mail Kate Turner at [kturmer@thecord.ca](mailto:kturmer@thecord.ca)

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**Creative Director** - Lena Yang  
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**Photo Editor** - Will Huang

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## Classifieds

### Baseball Players

**ATTENTION LADIES! FASTBALL PLAYERS WANTED!** KW based recreational women's league is looking for players for the 2014 season. Part-time players welcome! Visit [www.kwladiesfastball.com](http://www.kwladiesfastball.com) for league and contact info.

## Services

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## Summer sublet

**41 COLUMBIA STREET WEST, WATERLOO**  
Great location for WLU and UW students! I need a sublet for one room in a spacious four bedroom apartment from the beginning of May until the end of August 2014. \$450/month (negotiable). E-mail [gillianllopes@gmail.com](mailto:gillianllopes@gmail.com)



## WILDLIFE

Is that the Blueprint Magazine next to the Cord?



What are you waiting for pick it up!!



*"Your magazine Your Blueprint"* **blueprint**

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## Vocal Cord

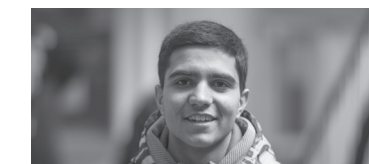
What's the longest you've had to wait for at a bar or club?



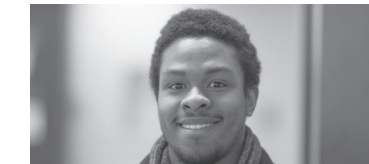
**"Probably Phil's for like an hour and a bit ... we were dedicated."**  
-Liv Coughlin  
third-year, global studies



**"Dallas during frosh week for two and a half hours and we didn't get in."**  
- Sarah MacFarlane  
third-year, kinesology



**"Phil's for probably like 10 minutes."**  
-Jaevean Sidhu  
first-year, BBA and math



**"Fox on a Tuesday and waiting probably an hour and a half."**  
- Jordan Skerrett  
second-year, BBA



**"45 minutes at Dallas."**  
- Christina Rodrigues  
second-year, BBA

Photos by Ryan Hueglin  
Compiled by Ashley Denuzzo



## NEWS

Senior News Editor  
Lindsay Purchase  
lpurchase@thecord.ca

# 'Jamaican Me Crazy' event shut down

Admin cancelled the annual Pi Kappa Alpha event after complaints came in from students and LSPIRG



JODY WAARDENBURG LEAD PHOTOGRAPHER

Pi Kappa Alpha hosts the annual 'Jamaican Me Crazy' event.

KAITLYN SEVERIN  
STAFF WRITER

Pi Kappa Alpha's annual Jamaican Me Crazy event was shut down by the university last week when concerns about the impact on minority groups on campus were raised.

The event, a beach-themed Caribbean party, was supposed to be held on March 13 in the Turret and has been held by the fraternity annually since 1998. Pi Kappa Alpha said that this is the first time they've experienced issues with the event.

Ryan Brown, a member of Pi Kappa Alpha, has been part of the frat since 2010. Brown explained that the main purpose of the event was not to offend anyone, but to get people back into spring and get ready for summer.

"We're just an organization on campus that likes to have fun and we just like to hold parties and get our name known. It's just something we've done forever."

According to Brown, nothing was different about the event than previous ones—only a few organizational changes—but nothing that would relate to the negative response.

Samantha Estoesta, executive director of Laurier Students' Public Interest Research Group (LSPIRG), said her attention was first brought to the event through a series of student emails expressing their concern. They directed her to the event's Facebook page.

"The way they described Jamaica, the fact that they were advocating for costume-use, the way the event was described. And they had no partnership with actual Caribbean groups and there are multiple

on campus. Those were all warning signs to me," she explained.

She contacted the fraternity via the event page on Facebook expressing her concerns and suggesting that they partner-up with a campus Caribbean group. Their initial response was that the concerns with the event were hypersensitive.

"I just wanted to make sure there was representation," she said. "We were then blocked from the group and the event was deleted or became a private group—I'm not sure because again I couldn't see it."

At this point, Estoesta decided to go to Leanne Holland Brown, the dean of students.

A week prior to the event taking place, the fraternity changed the name of the event to Pikes of the Caribbean and also altered the theme. This was the week the event was cancelled by Laurier.

According to Brown, no other problems have risen between the university and the fraternity other than the cancellation of the event.

"We get so much negative treatment just because of the way the media portrays us even though media is inaccurate to who we are, so it's really ironic that the people who are so pro-tolerant are stereotyping us and not giving us a chance to prove that we're different from our media image," he continued.

Holland Brown declined to comment on the incident, instead giving a statement:

"Faculty, staff and students do a lot of great work to further the values of diversity, inclusivity and respect. It's important to recognize and create meaningful learning opportunities where they exist

to strengthen and support these values."

Estoesta believes that there needs to be a filtration process for events taking place on campus in order to avoid situations like this.

One possibility would be having groups submit their marketing material to the Students' Union before being able to book out the Turret.

"It's not like this group is being attacked for wanting to have a party. Because having a party and raising funds for a philanthropic thing that has to do with the Pi Kappa Alphas would have been great," Estoesta explained.

"What the event was saying, it was the type of costuming that could have been done, it was the harmful language that was used against a minority group on campus."

She also believes it would be helpful for clubs, fraternities and sororities to go through sensitivity training to help create a preventative approach.

Estoesta continued, "The system, if it's done correctly for frats and sororities, is a great way for learning leadership skills and understanding how to be a person of leadership in the world that we know. I would hate to see this become such a divide that frats on campus aren't welcome or sororities aren't welcome on campus because I think that's ignoring a demographic of students that deserve to have their own representation."

According to Estoesta, discussions between the administration and Pi Kappa Alpha are ongoing.

"From all parties that I know, there was and is continuing discussions about this."

## Student nightlife valued in Uptown

—cover

per cent population increase since 2008.

"There's sometimes negative sides of growth," Darling said. "If there are more students here there are more student issues."

"Those are some of the areas when you have growth in a location that is not ready to take it on."

Between both UW and WLU, more than 45,000 students occupy the area.

Local business owners believe that the city needs to bring in more venues to feed the nightlife demand.

"Having more bars in the uptown area is a better thing," said Ryan Good, owner of Chainsaw, a local bar in Uptown Waterloo. "We're on the outer limits of the university circle so in order to get people into the core we need a vibrant entertainment district."

Chainsaw, which regularly sees lineups outside, has long been a student hot spot. Good explained that his bar only generates a lineup because of strict capacity regulations, which apparently is quite low.

"Some bars even do a fake lineup which is to attract business," he said. "We don't do that, we wait until we reach that [capacity] limit."

Chuck McMullan, owner of McMullan's pub at 56 King St., had to close down his venue in August for renovations and has yet to re-open due to insurance complications.

He is extremely frustrated, as he has missed out on vital student business this year.

"We're trying our best to get the place opened," he said.

But in terms of city bylaw



HEATHER DAVIDSON PHOTOGRAPHY MANAGER

Students going out at night often have to wait in long bar lines.

enforcement, they feel that students are actually a vital part in keeping the uptown core thriving.

"We see students as an asset to our community," said Jim Barry, the director of municipal enforcement. Barry thinks that it is the businesses' responsibility to adapt to deal with excessive wait times outside bars and clubs.

"They need to change to fit the needs to the students," he said.

Pearl Nightclub, formerly known as Revolution, is one entertainment

venue that has addressed problems with lines. Typically bringing in DJs and live performances, Pearl nightclub organizes ticketed events. Their building accommodates over 1,000 people.

"I think we're really efficient in how we move lines and pride ourselves in minimizing the wait time for people to come in and get ID'ed," said Sue Stuart, one of the general managers and owners at Pearl. "I think we've got that down to a fine science."

"Some bars even do a fake lineup which is to attract business."

—Ryan Good, owner of Chainsaw

As for the rest of the student population, the ones waiting hours in line, Good shared his optimism that the city should be expecting more businesses in the entertainment industry.

Maxwell's Music House is opening a concert venue just along University Ave. and it has been speculated that Morty's Pub is also opening another bar location in the old Forwell's plaza.

"It's a tough business," Good said. "[But] I think that there are other bars that will be opening around the area."

We just have to wait a little longer.

More news inside:

Get smart

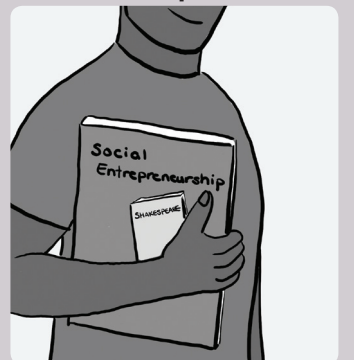


WILL HUANG PHOTOGRAPHER

IBM presents plan on 'Smarter Cities'

Local, page 7

New options



LENA YANG GRAPHICS EDITOR

Arts to see options added for next year

Campus, page 5



# CAMPUS

Campus News Editor  
Marissa Evans  
mevans@thecord.ca

## Unifying wellness services

Centre should be ready by Sept.

**ROBERT CONTE**  
STAFF WRITER

Renovations will soon be starting for a new Student Wellness Centre that will combine all of the mental and physical health services available at Wilfrid Laurier University into one unified facility. Construction is expected to be complete by late summer. The changes are meant to provide students with an easier and more comfortable setting for addressing their health needs.

“Students can go there for anything from a stubbed toe to depression,” said Students’ Union president and CEO, Annie Constantinescu.

As a former residence life don, Constantinescu felt that it was sometimes difficult to refer students to the proper services when they asked for help. Students themselves may be intimidated or perhaps be unaware of the services that are available on campus to help them with their physical or mental health needs.

According to the vice-president of student affairs, David McMurray, the renovations will open up the hallway on the second floor of the student services building where health and counseling services are currently located into a “circle of care.”

“The new design will eliminate wait times and be much more welcoming,” said McMurray.

The new Student Wellness Centre will include physicians, psychiatrists, psychologists, personal counsellors, full nursing staff and receptionists.

The Student Wellness Initiative was formed to address issues related to student mental and physical health. Made of faculty, staff and students, the group has not only worked toward the Student Wellness Centre but also worked to make the process of finding help as easy as possible.

President of the Graduate Students’ Association Ashley Coleman said that with the changes that have been made a student can now tell their story to a single professional and have all their needs met.

“Students won’t have to tell their stories multiple times,” Coleman continued.

Coleman herself accessed counselling services in her undergrad and health services during her graduate studies for wellness concerns after her family lost their home in a house fire. Her experiences motivated her to get involved and work to actively improve these services so that students can receive the support that they need.

“I’m really excited about it,” said Coleman.

Constantinescu, who also worked with the Student Wellness Initiative, feels that these changes will help to remove the barriers and stigma that may prevent a student from seeking the aid that they need.

“I personally love it,” she said.

McMurray pointed out that students can face a great deal of challenges in higher education.

“They must maintain healthy lifestyles and be well. We don’t want students to be under pressure to achieve academically at the price of their health,” said McMurray.

During the renovation period in the late summer, counseling services will be relocated, likely to Leopold Residence.



WILL HUANG STAFF PHOTOGRAPHER

Hastings, Wood, Blake and Hazzard sat down to discuss the behind-the-scenes of Deserving (A) Life following the event on Monday.

## Criminal legislation a concern

**MARISSA EVANS**  
CAMPUS NEWS EDITOR

As the Canadian government continues to move towards implementing longer and more punitive incarceration sentences, organizations have begun their own movements to start discussions about alternative ways of dealing with offenders. Entering into this dialogue, four students from Wilfrid Laurier University’s faculty of social work hosted an event entitled Deserving (A) Life.

Part of a class project, the event was organized by group members Lana Hastings, Melissa Wood, Emma Blake and Luke Hazzard, who are all masters of social work students.

“Because I am part of the Walls to Bridges Collective and some of us

do have experience in corrections or in that field, we thought what a better topic than raising awareness about the really punitive criminal legislation that is part of this country and how ineffective it is and how there are proven better ways and more restorative and affective alternatives to incarceration,” explained Hastings.

The event was held in partnership with the Walls to Bridges Collective, a Laurier-based group that works with both incarcerated and non-incarcerated women to bring social justice and education to criminalized women and transpeople.

“There is a lot of concern over the way legislation gets passed and it gets passed really quickly,” said Randall Duguid, who spoke at the event as a member of Walls to Bridges.

“So today the concern was largely wanting to talk about natural life sentencing.”

In the fall, the Conservative government announced in their speech to the throne that they would be pushing for natural life sentencing — sentencing that would truly condemn people to a life in prison.

Julie Thompson, director of programs at Community Justice Initiatives, spoke on the topic of restorative justice.

The topic of the incarceration of women was touched on by Thompson, as well as a third guest speaker who has lived experience in the system.

“I think it went really well,” said Juliana Olivier, a member of Walls to Bridges, of the event. “The thing that I love about events like this is

you always come as a speaker but you leave as a learner as well.”

The event took place on Monday at the faculty of social work, and was open to the general public. They aimed to have 30 people attend but had closer to 60.

“I think that people are genuinely interested in corrections,” said Wood. “I think it’s something that we don’t talk about a lot especially in the school of social work.”

Kendra Wassink, a first-year masters of social work student, explained what she took away from the event.

“We have these professionals who are professionals already. But we are the next generation of social workers and if we want these movements to continue then we need to be educated on what’s going on.”

## Education rebuilt

**BRYAN STEPHENS**  
LEAD REPORTER

Wilfrid Laurier University’s faculty of education is currently rebuilding their entire program for training student teachers to incorporate and expand on changes mandated by the ministry of education. The new program will be implemented starting in the fall of 2015.

“Despite the compulsory nature of it, we saw it as an opportunity to build on what was already a successful program,” said Julie Mueller, acting associate dean for the faculty of education.

The mandate set out by the provincial government called for all teaching colleges across Ontario to extend the teacher preparation period from two terms to four, in this way increasing the amount of field experience student teachers receive.

“The ministry set out the minimum requirements, and within that we can create the program however we want. It gives us an opportunity to differentiate ourselves from other programs,” said Dawn Buzza, acting dean of the faculty of education.

The impact of the mandate on students means they will be in school twice as long as they were before. Buzza said consideration was taken to accommodate the schedules of placement schools.

“Theoretically we could have gone four straight semesters, running through summers, and make it shorter. But because we are so involved with the schools and students spend so much time in the school when taking their courses,

we wanted that integration of conceptual and theoretical knowledge with practice.”

Part of what is being added to the new program is an expansion of the fieldwork opportunity available to students. Two of the new programs, the Laurier professional program and alternative program, in which students can do three-week placement internationally, will allow students to take more control of how they want to develop their skills as a teacher.

“They can seek out opportunities themselves as long as they meet our criteria,” said Mueller.

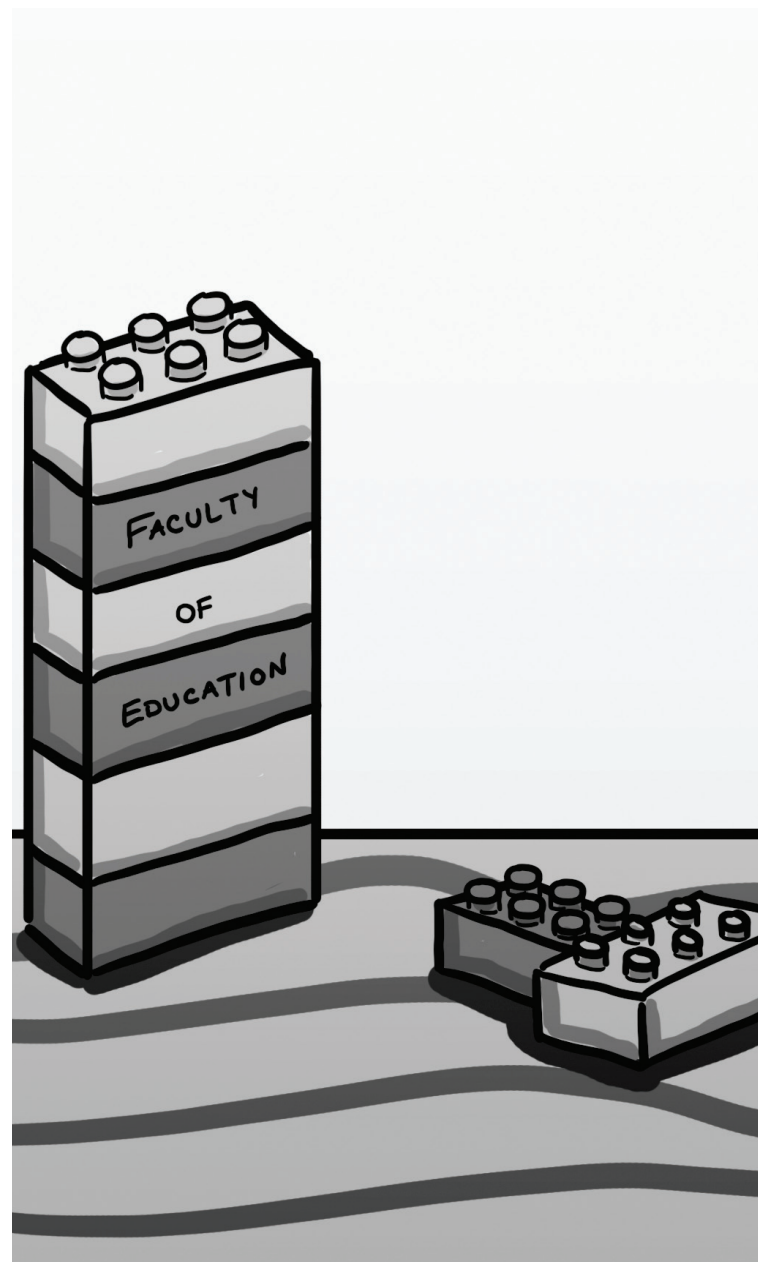
Another major change is that the new program will offer credit to students for their practicum component, while in the past credit was not awarded.

“It reduces the course time they need in that time bracket. It allows for students to build on their learning, to make those theory-to-learning connections more fully,” said Mueller.

Currently, the faculty has the approval of senate to make the major modifications and lay out the overall structure for the restructuring of the program and course sequence. They also have a detailed guideline from the Ontario College of Teachers for what exactly has to go into their program.

Buzza said there is still a lot of work ahead.

“We are just starting to plan out the actual development of these new programs and revision of courses to make everything fit together. We have a ton of work to do still.”



LENA YANG GRAPHICS EDITOR



# Options opened

Course offerings increased for fall

MARISSA EVANS  
CAMPUS NEWS EDITOR

Over the next two years, students will see at least three new options become available through the faculty of arts. The options – which fall between a major and a minor – act as specializations in emerging fields and will appear on a student's transcript and degree.

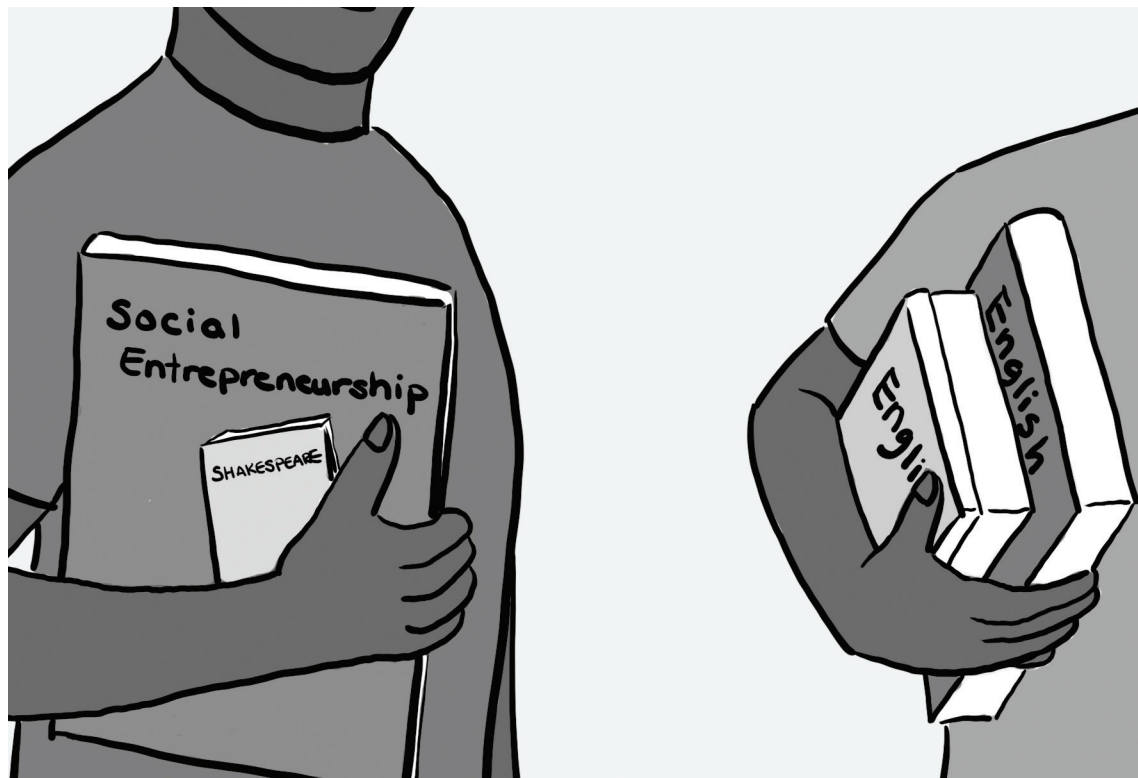
The proposal for the social entrepreneurship option was officially approved at senate on March 3, setting the launch in motion for fall 2014.

"One of the really cool things about this is we're trying to put together a program that prepares people to go out and make a real difference in the world," said Michel Desjardins, associate dean, research and curriculum for the faculty of arts. "And to make a difference that will get them involved in some sort of entrepreneurial activity."

Though offered by the faculty of arts, the option is open to all Laurier honours students. However, it is being specifically targeted to first and second-year students as the program is designed with four years worth of mandatory courses.

According to Desjardins, social entrepreneurship is a growing field in many universities across North America and Europe. Most of these programs, however, are being run out of business schools. This makes Laurier's program the first in Canada grounded in the liberal arts.

"I see the heart of the university as this liberal arts base," said Desjardins. "And so to start social entrepreneurship that way at Laurier makes a lot of sense, because it's all about who we are and we can build off of the great strengths that



LENA YANG GRAPHICS EDITOR

business has."

"We know that our strength still is to get people to think really strongly about issues and we're not giving that up. But why not add to it a basic ability to understand business and more ability to understand ourselves?"

Moving forward, the department of global studies, which is hosting the option, will be looking to hire a new faculty member to drive the program. As well, their next step is to get the word out to students.

"Our challenge now is to get the message out to first and second-year students particularly and then to design a plan where we can reach out to high schools and start making people aware that this is available here at Laurier," said Desjardins.

Desjardins explained that it's their goal to eventually have social entrepreneurship be university-wide.

The community engagement option is also set to begin this fall. Desjardins described it as a kind of community service learning program "where people are learning

about social justice, community and democracy."

The digital humanities option is the third specialization the faculty of arts is looking to bring to students.

Though it has yet to be approved as an option, a digital humanities course will be offered next year.

David Smith, assistant professor of history, explained the premise around digital humanities.

"It's using technology to help us understand the humanities better and using the humanities to help us understand technology better."

They are hoping to have the option approved next year so it can be officially offered come fall 2015. Like social entrepreneurship, it's being targeted at first and second-year students.

Smith outlined several reasons for the development of the option at Laurier, one being that faculty members are already engaged in research areas involving the digital humanities. It's also a growing trend worldwide.

"The third thing is that we think it actually is very helpful for students,

especially humanists to be prepared with these kinds of digital tools and digital skills for the job market and for post-graduate employment."

Both Desjardins and Smith addressed the reason for the push by the faculty toward options.

Part of this, according to Desjardins, is that professors are recognizing a need for more engaged learning.

"Here's the second reason: the reality is that if we want to introduce a new honours program or major into this university we have to get provincial approval."

This, Desjardins continued, could take two to three years. An option can be developed more quickly.

The third reason is that they are recognizing that students are coming into the arts program with concerns about employability from their degree.

"We're also trying to give students an opportunity to get out and expose themselves to a broader range of individuals outside the university and this will help them perhaps get employment later on."

# Religion, science connect

BRYAN STEPHENS  
LEAD REPORTER

Last week, the department of religion and culture hosted its 14th annual religion and public life conference series at Wilfrid Laurier University.

This year's focus was on how relationships can be created between the two disciplines.

"We really wanted to open up the contact between religion and science," said Christopher Ross, associate professor of religion and culture. "There's been a deepening conflict in recent years being publicized in terms of revival of what I think is old-fashioned atheism, in response to people's appropriate anxiety to religious fundamentalism."

Drawing on the research of several professors at Laurier, the conference had speakers from a variety of different faculties within the university. Ranging from biology to religion, all the speakers presented their own perspectives and research that pertained to the discussion on religion and culture. Ross saw the speakers as a gateway to open up the exchange of ideas.

"We wanted to open up a conversation about the different kinds of contact that is possible between religion and science, and bring in a variety of people from different points of view, practicing science, which are evolutionary."

Ross also added that the call to focus on religion and science this year came from recent discussions on the topic.

"We've had a series going since 2000 and we have a different interface of religion with some facet of public life. This year we thought it was timely to do science, because of the Richard Dawkins and Christopher Hitchens debates that have arisen in recent memory."

Ross said that he found this year's conference "very stimulating."

"Speaking personally, I left Friday night with a real validation for what we do in the religion and culture department. What's interesting is that most people don't realize science occurs in a culture, so I felt it was a real validation as to what we within the department are up to."

Lizzie Rigotti, a second-year PhD student in the religious diversity in North America program, thought the conference opened up some great discussions.

"It was very interdisciplinary, which I think is a great opportunity for people to come together and asks questions we don't often talk about."

Rigotti believes that events like the conference allow students to discover new perspectives of how to look at the world.

"This is where students can come to think about how to move forward in their studies, and see what really interests them. Where professors can show people parts of their research and reach outside of the classroom to more of the general public."

The only limitation Rigotti pointed out about the conference was the lack of time for the discussions to carry on longer, although she realized the need to have a time limit in a conference.

Ross thought the kind of discussions that occurred during the conference was a good sign of the cooperation that can occur between religion and science.

"What has been rich about this time is that there is different contacts between science and religion, that it doesn't have to be conflictual. I think in the conference we have experienced moving with and towards a bridge between the two disciplines."

# Students push plaza to recycle

LAURA BUCK  
LEAD REPORTER

Sustainable waste disposal practices may not be as readily available in Waterloo as we think.

The ability to recycle was simply not presented as an option until recently for the businesses occupying the King and University plaza. Home to popular venues such as Starbucks, Menchie's and Pizza Pizza, this plaza generates a massive amount of waste – waste which is in large part recyclable.

Wilfrid Laurier University's EcoHawks club launched an investigation into the waste management at the plaza, discovering that nearly all of the occupants did not recycle their waste. Though each of the businesses expressed an interest in sustainable waste removal, they were not aware of any opportunity for them to do so.

Susie Turner, who holds the internal affairs position for EcoHawks, organized the recycling inquiry at the popular plaza.

"This position is quite open as an opportunity for EcoHawks members to be able to encourage awareness in the student body and also to act on issues that they are really passionate about," Turner explained.

"This was something that I was personally interested in being able to do. So this semester we went over our ideas and committed to looking into recycling at the University and

"This position is quite open as an opportunity for EcoHawks members to be able to encourage awareness in the student body."

—Susie Turner, internal affairs for the EcoHawks

King plaza. A couple of the members did research as to whether or not it was available and how businesses go about getting recycling at their franchise in Waterloo."

Turner explained that after some investigation, her team discovered that the property owners of the plaza had in fact made recycling available to the businesses. They had not, however, passed this message along to the businesses.

"So when we went back to give that news to the businesses and let them know, they were really excited but they also were not sure because the bins were not labelled to say



NICK LACHANCE FILE PHOTO

Menchie's has confirmed they are ordering recycling bins.

that they could recycle in the back," Turner said.

They were able to call Waste Management and confirm what needed to be done in order to re-label the bins.

"So right now where we are at is that all of the businesses are asking property management to properly label the bins and both Menchie's and Starbucks have confirmed that they are ordering recycling bins for customers to use in the front," Turner said.

Jamie Gilliland, the store manager at Menchie's confirmed that he was going to be purchasing recycling bins that would be available for

customer use.

Emma Ilaqua, an employee at Menchie's and a third-year student at Laurier, was surprised that the property management did not provide recycling when she began working at Menchie's in May.

"It was always talked about, but it hasn't happened until now."

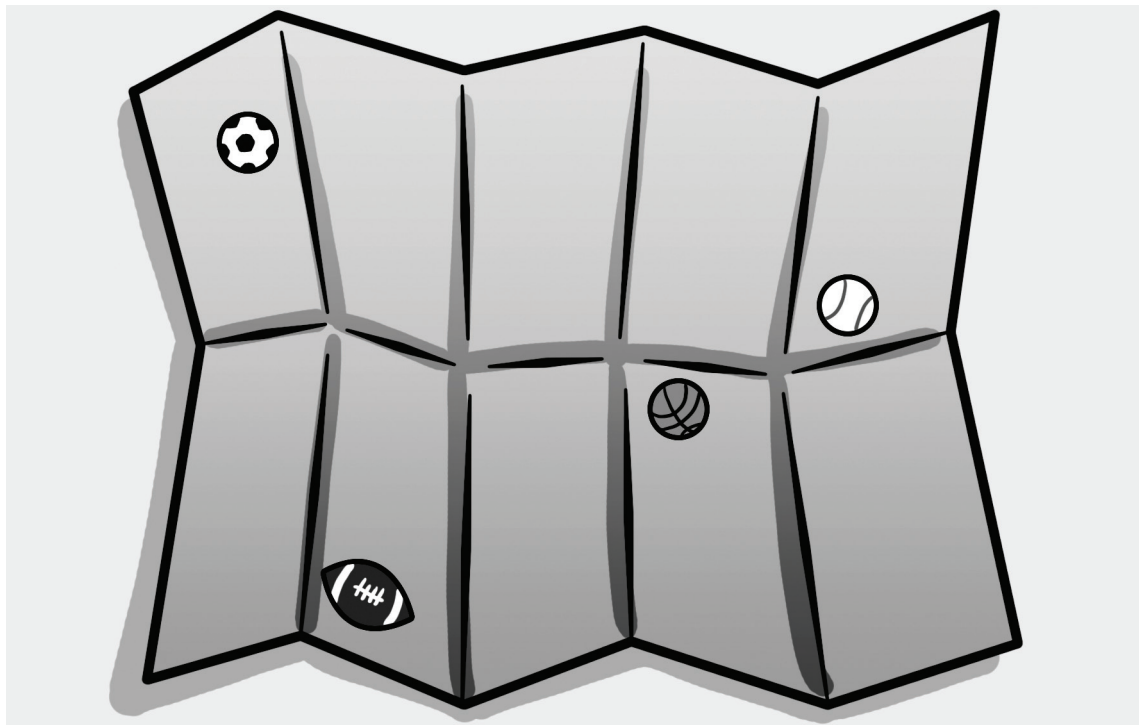
She explained that the high volume of customers made recycling an unfeasible option until now.

The Cord inquired at Starbucks about their participation in the recycling project. A store manager, who preferred to remain anonymous, confirmed that the store had ordered a recycling bin for customer use.



## LOCAL

Local Editor  
Ashley Denuzzo  
adenuzzo@thecord.ca



LENA YANG GRAPHICS EDITOR

# Sports tourism booms

ASHLEY DENUZZO  
LOCAL AND NATIONAL EDITOR

The sports industry is booming — and the Region of Waterloo is starting to take notice.

The Waterloo Regional Tourism Marketing Corporation has shifted their focus to the lucrative business of sport tourism, aiming to improve local sporting facilities and volunteer bases, and to attract more tourists to the area.

“We want to capitalize on what already exists,” said Minto Schneider, the general manager of the Waterloo Regional Tourism Marketing Corporation. “Kitchener-Waterloo has been tremendously active in this region [and] we think there is potential here.”

“Potential” might be an understatement.

According to the Tourism Industry Association of Ontario, sports tourism has grown into a nearly \$4 billion industry in Canada and \$1 billion industry in Ontario.

Kitchener-Waterloo commissioned a study on sports tourism in 2008 and it was recommended that cities needed to work co-operatively in order to attract sport business to the area.

In 2009 the province divided up the provincial boundaries into 13 tourism regions, called regional tourism organizations (RTOs). Waterloo Region falls under RTO region four alongside Huron, Perth and Wellington.

“We’re working in partnership

“Kitchener-Waterloo has been tremendously active in this region [and] we think there is potential here.”

—Minto Schneider, general manager of the Waterloo Regional Tourism Marketing Corporation.

with them to transport tourism,” Schneider said, “consultants came back to us with results in the study that there was potential.”

Schneider emphasized the “real opportunity lies in sports tourism.”

The plan is to mimic neighbouring cities that have already established themselves in the sports tourism world, such as London, Toronto and Hamilton. These locations are considered successful in this industry namely because they have elite facilities and professional sport teams.

However, this is not the primary vision for Schneider and her team, as they want to focus more on expanding the tourism for provincial and minor sporting events.

“There’s hockey, volleyball, football, figure skating, we’ve even got roller derby — we’re hosting an event in August,” Schneider said.

“We’re also hosting the Canadian championships for ultimate Frisbee.”

The Ontario Volleyball Association is also hosting their provincials in Waterloo for their seventh year in a row. They have a record registration of 600 teams coming to town this year.

But in terms of what a boost in sports tourism will do for the community, Schneider explained that it will be good for local organizations and leagues.

“If we can let those leagues know that we’re here to help, we can organize all the things involved with the tournament,” she said.

“We might be able to get their colleagues to come.”

However, there will be some difficulties.

“Budget,” Schneider said. “That’s always a challenge.”

However, she explained that the sports tourism initiative has already begun to pay off. Since their shift in focus started in September, Schneider estimates that their impact is more than \$3 million to the community over the next two years.

“One big thing about bringing tourism is that it is easy to count,” she said. “When you attract business for sports tourism it’s a lot easier to tell if you’ve been successful.”

But to Schneider, her group isn’t bringing forward something entirely new to the region.

“We’re really building on success that already exists in the Region,” she said.

# City gets ‘smart’

BRAD BOWEN  
STAFF WRITER

Two years after being selected as a successful applicant for the IBM Smarter Cities Challenge, Waterloo has been presented with a plan to direct its development and growth.

The IBM Smarter Cities Challenge team visited Waterloo city council on Monday to deliver their report and strategic plan. Areas outlined in the report include restoring a sense of community in areas such as Northdale, growing local start-up businesses and encouraging citizens of Waterloo to become “active community leaders.”

“We will take the plan further and begin implementing it right away,” said Waterloo mayor Brenda Halloran. “We are excited about the implementation and development in Waterloo and to make IBM proud with this report.”

Waterloo was one of 31 cities selected to receive a Smarter Cities Challenge financial grant in 2012 from IBM. Specialists visited Waterloo for a three-week period in October 2013 to inform proposals on how to capitalize on city growth and expansion.

“There is a big opportunity for development and growth in Waterloo,” said Timothy Durniak, executive architect for IBM. “This plan will help Waterloo progress as a city and innovate what already exists here.”

Initially, the aim of the report was to improve the Northdale neighbourhood of Waterloo.

According to Durniak, their goal

has expanded from just developing Northdale, to developing the entire city.

“We want to see this city grow and we want to see it become successful and there are many ways in which this can be possible,” he said.

Durniak added that university students would be important stakeholders in driving the goals outlined for Waterloo.

“Students generate great ideas and we felt that students should be much more involved in these projects,” said Joanne Fortin, the public relations practitioner for IBM.

“Students stepping up, being an influence to others is very important.”

Over the past ten years, the student population between both the University of Waterloo and Wilfrid Laurier University has grown to more than 45,000.

“This is the big unique advantage of Waterloo,” Durniak explained. “The energy, the knowledge and the willingness to learn of students will help to grow this city and are important to its development.”

Not only does IBM strive to increase participation among students in Waterloo, but it also aims to be a role model for other campuses across the nation to follow.

“Students in Waterloo can be an influence to other schools across the country,” said Fortin. “Many other cities in the nation are going through the same challenges and Waterloo can show how working together to develop can create a positive change.”



WILL HUANG STAFF PHOTOGRAPHER

IBM presented its recommendations to Waterloo city council.

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HEATHER DAVIDSON PHOTOGRAPHY MANAGER

# Halloran gives last 'State of the City'

Final mayoral address reflects on the year

**CONNOR WARD**  
STAFF WRITER

Mayor of Waterloo Brenda Halloran delivered the annual State of The City address at RIM Park last Friday, focusing mostly on the city's finances.

She also updated Waterloo on the various projects and pursuits that the city has taken under her administration.

"For me personally, one of my favourite projects has been the supportive housing of Waterloo, building apartments for homeless people," Halloran said.

"Another was getting the skate park built for our kids, adding to our outdoor facilities," she continued. "In addition, getting our uptown square built, making a focal point for our uptown core."

"There's a lot that I'm proud of."

Another key message was about local steps taken to improve environmental initiatives in Waterloo. The city is moving towards its goal of reducing carbon emissions six per cent by 2020, while still pushing for economic growth by encouraging new infrastructure development and small business growth.

Halloran has been Waterloo's mayor since 2006 and was re-elected in 2010.

However, she has decided not to run again for mayor in this fall's upcoming election. Instead, with eight

months left to go in her term, mayor Halloran is finalizing her administration's current projects and looking forward to leaving the city in good shape for the next mayor.

"We're focusing on finishing the term's projects off and ensuring that the next person who steps into the mayor's chair finds everything put together," she shared.

"We've got a lot of projects in the midst of being developed. Hopefully there will be one big announcement within the next month."

The State of the City also included a special guest speaker, Ryan Jobby, who was the city's mayor of the day.

Jobby, a local fifth-grader was one of many local students who applied for the chance to shadow mayor Halloran for the day.

He said that as mayor, he would work on sharing his insights on the city as a local youth.

"Well, this is just one thing I'm going to remember for a long time," said Jobby on his thoughts about being mayor for the day.

"This is just the beginning of my interest in politics."

Halloran shared her sentiments on her time working with the city as mayor and the legacy she will be leaving behind this fall.

"It's been an honour and a privilege to be mayor," said Halloran.

"I'm very proud of this community."

# K-W celebrates World Water Day

**ERIKA YMANA**  
STAFF WRITER

On Mar. 21, World Water Day was hosted and celebrated at the University of Waterloo (UW) in conjunction with Wilfrid Laurier University to raise awareness about water and issues regarding this renewable resource.

Robert Gillham, director of the Water Institute at UW, explained that the purpose was to gather those who have similar interests in water and energy, which was the theme of the event.

"I would say it's more of a raising awareness effort. So we have 100 to 200 people meeting with each other all in the interest of water, broadly reaching perspectives and raising awareness," said Gilham.

"Some of those issues are good, some not so good," she added.

The event consisted of two keynote speakers, a student poster contest and a job fair. The informal partnership between both universities began due to each school's teaching and research programs in water.

Combined interests led to the development of a joint event.

One of the issues with water was addressed by the first keynote speaker of the day, Cecelia Brooks. Brooks is the research director and indigenous knowledge specialist for the Assembly of First Nations Chiefs in New Brunswick and the water grandmother at the Canadian Rivers Institute.

Her speech focused on land and water contamination and how it has affected the health of First Nations peoples.

Contamination occurs during the process of development, during which chemicals can spread, especially through wild plants, animals and water.

According to Brooks, consultation between the government and the First Nations people must happen before any change occurs in the

area they inhabit.

"[Consulting] is not just a one-off conversation, it's not something where the government comes in, 'we'd like to tell you about this project that's happening: is it yay or nay?'"

"It's about us being involved," said Brooks.

Brooks concluded by emphasizing the importance of communication and working together to see results.

"Last but not least is to understand the trauma of colonization and that it's not just trauma that the First Nations have experienced. People all the time are traumatized because their ancestors are colonizers," Brooks said.

"So we're all traumatized. If we look at it in that way, we're all in this together. If we work together, I see changes."

Several companies, such as Conestoga-Rovers and Associates and Echologics, were present from the water industry and participated in the newly-added job fair.

"We live in a world where in some places Wi-Fi is free but water is not," said Rubaiya Hassan, human resources generalist at Echologics.

She continued, "our business helps reduce water leakage, so we want to be well-known in the industry and want to get to know students as well."

Sun Baolai, a visiting student from China, attended the event because it piqued his interests in renewable energy.

"I think this conference will allow people to know more about water and renewable energy. I'm very curious and interested in this type of information," said Baolai. I hope to learn a lot."

Other researchers and faculty also visited the event to browse student posters and other work. Erin Jones, Ecohydrology research coordinator at UW said, "It's a nice event for students to communicate what they're doing to other students and professionals in water industry."

## K-W in brief

### Kitchener cat holds Guinness World Record

The world's shortest cat now calls Kitchener home as Cye, a three-year-old Munchkin cat received his official Guinness World Records certificate on Monday.

Cye measures at just 13.6 centimetres from floor to shoulder and has a genetic mutation which produces very short legs.

Owners claimed a friend had commented on Cye's shortness, which peaked curiosity and led to an online search.

### No one hurt in Waterloo fire

Careless smoking is likely the culprit behind a Waterloo fire Monday afternoon.

The fire took place on a balcony at the Richmond Towers at 300 Regina Street N. Damages are estimated at \$10,000.

A Waterloo Regional Police officer arrived before firefighters and alerted a woman in the unit.

### Cambridge mayor seeks fifth term

Cambridge Mayor Doug Craig is seeking a fifth term in the municipal election this coming October.

Craig, 67, is one of the region's more vocal mayors and claims that his platform will focus on job creation and retention.

He plans to develop an industrial land and two-way GO train service between Cambridge and Milton, after the city was left of a GO expansion announcement.

### Two men arrested for murder of Kitchener woman

One man is likely facing charges of second-degree murder, one with accessory to murder after the slaying of Mary Anne May, 55.

May's body was found in the Bridgeport neighbourhood of Kitchener in September of 2013. Her cause of death has yet to be revealed.



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## NATIONAL

National Editor  
Ashley Denuzzo  
adenuzzo@thecord.ca

# Students seek more active learning



An OUSA survey found that more than half of students would like to see classes that offered more active and participatory learning.

KHA VO STAFF PHOTOGRAPHER

## JUSTIN SMIRLIES EDITOR-IN-CHIEF

Some students in Ontario today aren't seeing the same value in the conventional lecture setting anymore. Instead, they are seeing the value outside of the classroom.

In a recent survey released by the Ontario Undergraduate Student Alliance (OUSA), almost half of the 9,000 students polled had some experience with a high-impact learning practice such as a co-op placement during their undergrad. 57 per cent of students surveyed wanted to see more "active" and "participatory" classes offered at their universities.

In addition, the report also signaled a change for universities to implement more teaching-focused faculty for students.

"[The survey] affirms how some Ontario universities have done some really cool things when it comes to teaching, learning and placements, but of note — and this is sort of the underline — is that there is a lot of room to grow," explained Amir Eftekarpour, the president of OUSA and vice-president: external at the Western University Students' Council.

The trend of high-impact learning practices and active classrooms is something that OUSA and the Council of Ontario Universities (COU) are advocating for on the provincial level. In particular, COU released a report on March 26 in support of more co-op and work

placements at Ontario universities.

However, this is not a plea for universities to drastically change their course offerings. What Eftekarpour is hoping to see is a "best of both worlds" scenario where placements can provide a student with the opportunity to take their classroom learning into the workforce during their studies.

"The university for years was a place for thought and that critical inquiry — and that is still incredibly important — but what we are seeing is that the economy is becoming more of a service economy," said Eftekarpour. "A lot of students do need to get some tangible experience so they can transition into their careers."

OUSA has been in talks with the ministry of training, colleges and universities about some of these practices, but Eftekarpour said the biggest challenge so far has been the provincial budget.

"We keep hearing everywhere, on all issues, there isn't a whole lot of money in the money pot," he said. "We hope the province sees the long-term benefits of this short investment."

According to Bonnie M. Patterson, the president and CEO of COU, this call for more co-op, active learning and work placements isn't exclusive to business and science programs. She noted that many arts, humanities and social sciences programs are beginning to adopt these practices, but the need for all disciplines continues to grow.

Sunny Trochaniak, a recent BBA graduate from Wilfrid Laurier University, completed three co-op terms during his undergraduate degree and believed that he wouldn't be in the spot he is now without that experience.

"If I didn't have co-op I would be less than satisfied in terms of getting the value out of the money [for my degree]," he said. "Everyone should have a realistic chance to be in co-op."

Moving forward, Patterson said the emphasis shouldn't just be placed on the university sector since the programs also depend on the businesses and organizations that hire these students. She believes that students should be paid if the work is full-time and not specifically for course credit.

"We've grown so much in university student populations that we need a similar growth in the receptor capacity in businesses and community organizations to ensure that these students get these type of placements," said Patterson, adding that COU has been in discussions with the Ontario Chamber of Commerce about this.

Currently, only a handful of universities in Ontario offer co-op programs, whereas some larger universities such as Western do not.

"I think there is an effort in some places [for co-op programs], some more than others, but I will say it seems to be everywhere is a growing conscious of the need to address that," said Eftekarpour.

## Canada in brief

### New bill eliminates compensation for blood donation

The provincial government is taking new measures to prevent the purchasing of blood in Ontario.

Minister of Health and Long-Term Care Deb Matthews announced a new piece of provincial legislation, which protects the voluntary blood and plasma donation system in Ontario.

If passed, Ontario would disallow any form of complementation to blood donors.

It will also develop the criteria considered for licensing blood collection facilities.

Roughly 30,000 Canadians were infected with HIV and hepatitis C during the 1980s from tainted blood and plasma that they were guaranteed was safe. This led to an inquiry into blood donations by Justice Horace Krever, who urged that blood donations remain voluntary to ensure the safety of blood products in Canada.

The recently proposed legislation is in line with Krever's report.

The provincial government's concern over the collection of blood is in response to the announcement from a private company who intended to compensate individuals to filter plasma from their blood.

Currently, there is no legislation that specifically prohibits the payment for blood and plasma in the province.

In June of 2013, the federal government confirmed that the payment to blood and plasma donors is within the jurisdiction of the provincial governments.

Matthews' proposed bill prohibits the compensation for blood or plasma donations, a practice that is encouraged by Canadian Blood Services.

Dr. Graham Sher, the CEO of Canadian Blood Services was optimistic of the organization's ability to provide safe blood products for the province.

"We are confident in the current blood and blood products system in Canada," he said in an email statement.

"We recognize Ontario's role in preserving voluntary blood donations."

All of plasma that Canadian Blood Services collects is used in Canada and comes from Canadian donors.

Canadian Blood Services said they were "confident that there are enough Canadians who want to give blood, plasma and platelets for altruistic reasons, rather than for payment or incentives to meet the needs of our voluntary system."

— Compiled by Laura Buck

# 9,000

Number of students surveyed by OUSA

# 57%

Wanted to see more "active" classes offered

# 42%

Students who have been in a co-op placement

# 38%

Felt their university focuses more on research than teaching

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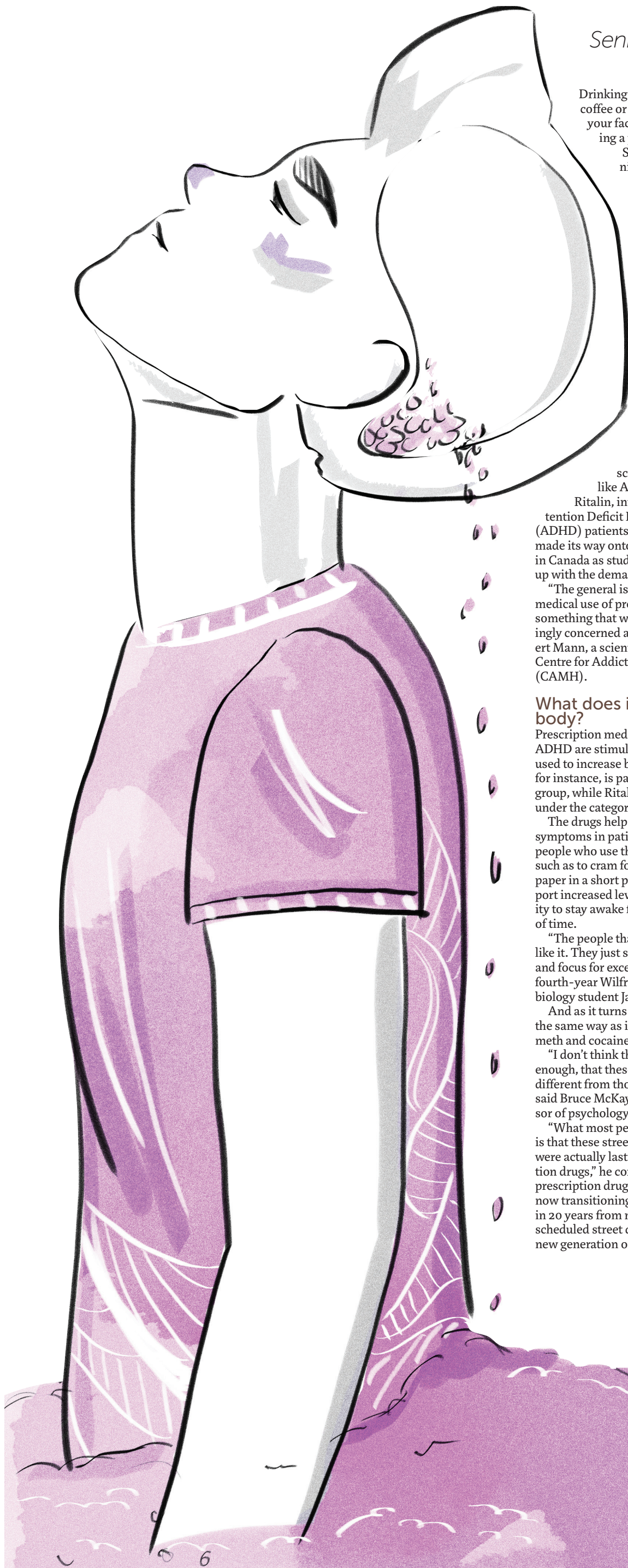
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## THIS IS YOUR EX

Senior News Editor Lindsay Purchase examines the i



Drinking excessive amounts of coffee or Red Bull. Splashing your face with cold water. Taking a power nap.

Students pulling an all-nighter under the pressure of a deadline are well-versed in the techniques to rob your body of sleep.

But along with the conventional methods, some are turning to a new stimulant, one which some argue gives them an unparalleled ability to stay up and to focus, and which others would say is unequivocally dangerous as a study aid.

The use of prescription medication like Adderall, Concerta and Ritalin, intended for use by Attention Deficit Hyperactivity Disorder (ADHD) patients, has unquestionably made its way onto university campuses in Canada as students struggle to keep up with the demands of their education.

"The general issue of—we call it non-medical use of prescription drugs—is something that we've become increasingly concerned about," said Dr. Robert Mann, a scientist with the Canadian Centre for Addiction and Mental Health (CAMH).

#### What does it do to your body?

Prescription medications used to treat ADHD are stimulants, a group of drugs used to increase brain activity. Adderall, for instance, is part of the amphetamine group, while Ritalin and Concerta fall under the category of methylphenidates.

The drugs help decrease hyperactivity symptoms in patients with ADHD. For people who use them non-medically, such as to cram for an exam or write a paper in a short period of time, they report increased levels of focus and ability to stay awake for extended periods of time.

"The people that do use it, they really like it. They just say they can sit down and focus for excessive periods," said fourth-year Wilfrid Laurier University biology student James Gillen.

And as it turns out, they work much in the same way as illegal street drugs like meth and cocaine.

"I don't think that that's appreciated enough, that these drugs are not terribly different from those drugs in the street," said Bruce McKay, an associate professor of psychology at Laurier.

"What most people don't appreciate is that these street drugs we have today were actually last generation's prescription drugs," he continued. "And these prescription drugs we have today are now transitioning into street drugs and in 20 years from now, they will be all scheduled street drugs, and we'll have a new generation of prescription drugs."

"What most people don't appreciate is that these street drugs we have today were actually last generation's prescription drugs."

—Bruce McKay, associate professor of psychology at Laurier

While there can be side effects of using ADHD medication inappropriately—up to and including addiction—most students don't perceive them to be dangerous. ADHD is a commonly diagnosed condition and the drugs aren't hard to come by.

"I think it probably is true that the fact that these drugs are prescribable and are prescribable for a relatively common condition may lead to the perception that they're a relatively safe drug," said Mann, noting that without medical guidance on how to use them, use of the drugs can be hazardous. People using them recreationally don't have the same awareness of how much of the drug to take or how often.

#### How common is it?

If you haven't done it, you know someone who has. This is the common perception around prescription pill use for studying, but how accurate is it really?

"I've definitely heard about it, but I don't think it's a huge prevalence," continued Gillen.

Trysta Fu, a first-year double degree student at Laurier and the University of Waterloo, suspects that it's more common in upper-year students.

"Maybe not for first years, but when it gets to the times when it's very intense, when the pressure's really big, then they tend to rely on that, or else they might break down. I know a lot of students, they'd rather sleep than do the exam, but they couldn't sleep or else they lose time to review, so they use the drug to push them through so they get more done," she said.

Currently, there's limited information on use at the post-secondary level in Canada. Research at a university level has been mainly concentrated in the United States, while Canadian research has primarily focused on secondary students.

The Ontario Student Drug Use and Health Survey by CAMH has collected data on students from grades seven to 12, finding that 1.4 per cent report using an ADHD drug for a non-medical purpose. Males have been reported as more likely to use them than females.

"We can't really extrapolate into post-secondary because we don't have the

data, but the non-

to increase with grade. Research in the field explained, has found that at a range from approximately 10 per cent to 30 per cent of university students. More cities, where student pressures, and are and party hard, tend to have higher rates of use.

McKay has collected data from a survey of his students.

"I wouldn't say there's a noticeable increase over a year period, and I've heard that I'm seeing the very low end of what has been reported," he said.

McKay has also found that students tend to perceive that using ADHD medication more than reported is similar to misusing other types of drugs.

#### Legal implications

For students who are buying or selling prescription drugs, there may be legal consequences.

According to Ontario Police Sergeant Pierre Theriault, there's no question that it's illegal.

"If you're issued a citation as a result of a legal medical practice, you, that prescription drug is explained.

"And if you decide to use it, then what you are doing is you're falling under trafficking, almost certainly. This substance is a legal substance under certain conditions being that you're a person who they are prescribed to.

The use of prescription drugs is regulated under the Controlled Substances Act. Adderall is listed as Schedule I, methylphenidate is considered a controlled substance.

The Act states that anyone who is authorized under the Act shall possess a substance listed in Schedule I, II or III, or contravenes this regulation, may face a fine and jail time. Likewise, anyone who is found to be trafficking a substance is able to be imprisoned.

In Waterloo Region, there were laid less than two dozen citations in the past year as a result of investigations involving the use of prescription drugs. However, there have been many more university students.

Police will get involved in Waterloo Region, when an individual is found with a prescription drug on a university campus; unfortunately, this is often after a serious injury or death as a result of drug use or abuse.

"I think the university is being proactive on this would be a concern of what the



# KAM ON DRUGS

Impact of attention-enhancing drugs in university life

medical use does tend to be more prevalent in the United States, McKay said. The prevalence rates are approximately five per cent, depending on the university. Competitive universities face higher parental pressure to both study hard and to have higher lev-

ected some data at least five years by taking students each semester. I've seen any appreciation decrease over that five years. I would say the numbers are consistent with what other people said.

found that people at their peers are using medications for studying far more use indicates, which conceptions of people of drugs as well.

## Regulations

engage in the buying and selling of prescription medication, which is a criminal offence.

Ontario Provincial Police Chamberland, says it's against the law.

of a prescription medication for a diagnosis that your physician has provided is for yourself," he said.

de to sell that medication you're basically doing under the definition of a drug, in the sense that that substance, but it's not a controlled substance and those conditions and those that they're for the purposes prescribed for."

cription drugs is regulated. Controlled Drugs and Substances Act. Amphetamines are Schedule II drugs, while methamphetamines are considered a Schedule III

that "Except as authorized by regulations, no person shall possess, produce, sell, buy, transport, export, import, or otherwise deal in a substance included in Schedule III." A person who is convicted of an offence under the regulation with a substance included in Schedule III, for a first offence, is liable to a fine of up to \$1,000. If the substance is a Schedule III drug is listed in Schedule III.

tion, local police have issued dozens of charges in the last few years. The result of ongoing investigations into the buying and selling of these drugs; none, however, have been university students.

involved, added Chamberland. An investigation around the use of these drugs brings them onto campus, sometimes this incident involving the use of these drugs as a result of drug misuse.

iversity's perspective is more around controlling what the student was doing to

themselves to perhaps harm themselves. If they're doing anything illegal then that of course has another parameter to it," said Deborah MacLatchy, VP: academic and provost at Laurier.

"I think the most important thing is to get the student to an appropriate health counsellor or physician, required to just talk about the risks of doing something like this. And certainly if the student has been shown to be doing something illegal, that's different than doing something unethical."

## Is it cheating?

The ethics of using prescription drugs to study, however, is a major part of the debate. Is the use of study drugs considered to be cheating?

From the perspective of administration at Laurier, the answer is no.

"Is that any more of an advantage than somebody who ate well, slept well and went to class and did all the things right? Really, from my point of view, the concern is that they are using a substance that hasn't been prescribed to them, for something that it wasn't prescribed," said MacLatchy. "Whether or not it gives them an advantage, I'm not quite sure that that's something you could ever prove one way or the other."

Julia Seidel, a third-year communications student at Laurier, agrees that it's not cheating.

"It doesn't make you a smarter per-

**"They need to address those root issues rather than thinking that taking something like Ritalin is really going to help solve their 'problems.'"**

—Deborah MacLatchy, VP: academic and provost at Laurier

son ... it just helps you focus for longer, when other people might get distracted more easily or need to take breaks," she said.

According to McKay, this perspective is consistent with what some medical research has shown. While some perceive that these drugs act as cognitive enhancers, actually making you smarter or better able to retain information, this is not the case for students operating at a normal mental state. Just like coffee or energy drinks, taking ADHD medication will just keep you up all night.

"If you haven't studied all semester and your options are stay up all night and cram or get a good night's sleep, you've got to make your own decisions about this, but these drugs will definitely keep you up all night. But will they make you smarter when you're up all night?"

Will they make you better able to remember all night? Absolutely not," he said.

Some students report that while the medication causes them to focus better, their attention may be centred on something unproductive. This, according to McKay, is because the drugs work in an inverted U shape — after time, your performance starts to get worse.

Because the drugs haven't been shown to improve cognitive functioning, McKay doesn't believe it can be seen as cheating. While students report consistently that the drugs help them, he explained that this is a result of the "false sense of confidence" the medication instills.

"These drugs inspire this overwhelming sense of confidence that takes away your ability to go, 'you know what, I actually can't stay up four days in a row.' Because on the drugs you absolutely can stay up four days in a row, you'll just have a psychotic break at the end and then lose the rest of the semester."

## Promoting safety

Universities and law enforcement have a common goal regarding student use of study drugs: keeping students safe.

"What we're asking students to do is use that smarts, that intelligence that you possess to make the wise decisions to perhaps come up with better methods of studying that don't entail illegal activity or health risk activities that could endanger their lives," said Chamberland, adding that he understands the high pressures of exam times for students.

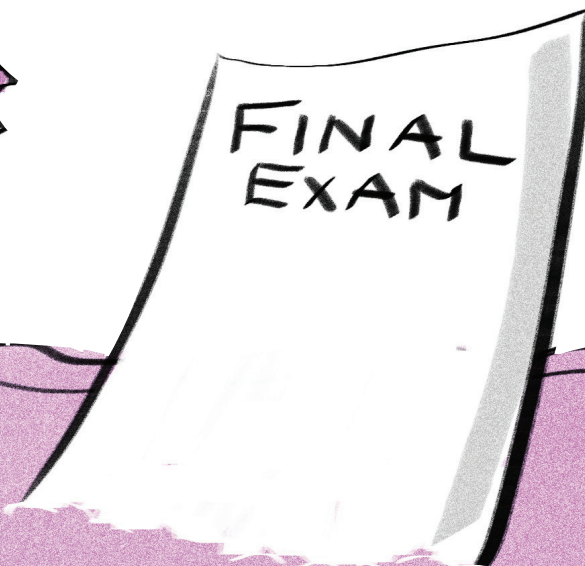
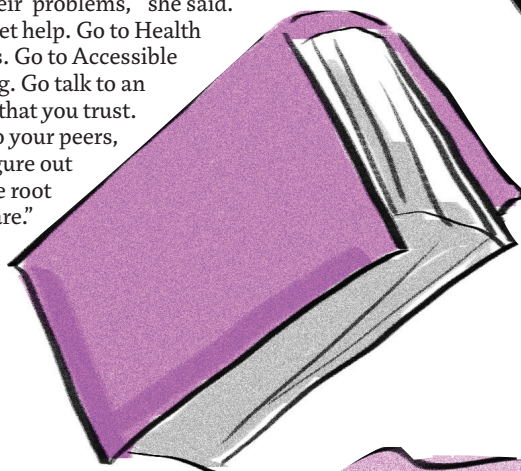
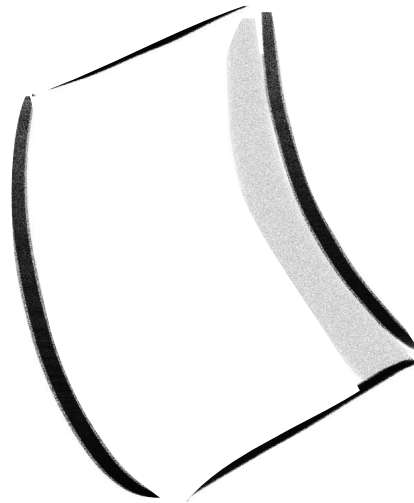
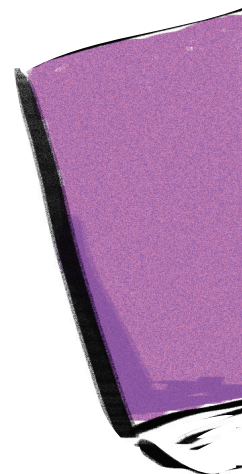
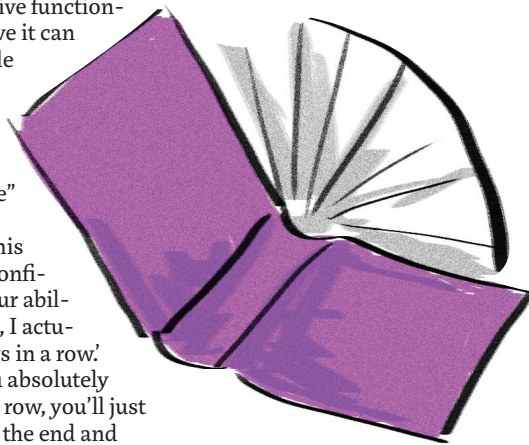
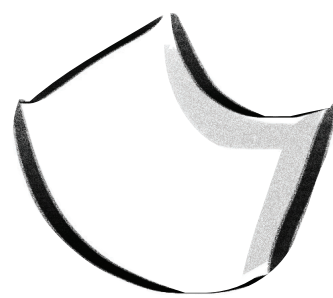
At a campus level, McKay sees education as the best way for the university to get involved. While education programming often tackles alcohol, tobacco and illegal drug consumption, campaigns addressing non-medical use of prescription drugs seem to be less common.

"I do think there's a role universities have to play, because these drugs are physically harmful and they can be addictive. And that speaks to all kinds of physical health issues and mental health issues that can stem from the use," said McKay. "And that's where the university can play a role, in educating people that these drugs really don't have the study-enhancing effects that they are supposed to have."

MacLatchy's advice for students at Laurier: figure out the root causes and get help.

"If they weren't prepared enough, if they hadn't time managed enough, taking too many courses, whatever it is, that they need to address those root issues rather than thinking that taking something like Ritalin is really going to help solve their 'problems,'" she said.

"Go get help. Go to Health Services. Go to Accessible Learning. Go talk to an advisor that you trust. Speak to your peers, try to figure out what the root causes are."





## LIFE

Life Editor  
Alanna Fairey  
afairey@thecord.ca



LAILA HACK GRAPHICS ARTIST

## Landing the job

ALANNA FAIREY  
LIFE EDITOR

When university ends, the real world begins.

The time is beckoning when university students go back home and set out to get work for their summer vacation. But for many graduating students, it is time to find full-time employment in the field that they spent the last four years preparing for.

Before you envision yourself in your dream job, you have to get over the most intimidating hurdle: the interview.

For some, this is just a means to an end. To others, a job interview is what is stopping them from getting the job because they are unsure of what makes a good job interview. Thankfully, there are many things that can be done to ensure a successful interview.

Stacey Campbell, a career consultant at the Career Development Centre at Wilfrid Laurier University, emphasized that a successful interview is when a candidate shows their interviewer that they are passionate about the job they are applying for.

"In a nutshell, a good interview is when a candidate demonstrates that they have critically thought about the demands of the position, and can convincingly sell the interviewer on how their background experiences, skills and qualities will enable them to fulfill those demands," Campbell said.

One of the most important ingredients to having a stellar job interview is to also have an impressive resume that will stand out from other potential candidates. In order to improve your resume, be sure you don't fall into the trap of using a general resume for every job you apply to.

"Tailoring and customizing to the demands of the position are essential," Campbell explained.

"This involves amplifying your relevant experiences, and learning the art of selling transferable skills when you are in a position of applying to a job for which you have no relevant background."

Finally, if you want to go above and beyond to impress potential employers, demonstrate that you took the time to research the company and their values as well as what they stand for.

By following their press releases, Twitter accounts and LinkedIn feeds, you will be able to be fully informed about the company's recent activity as well as demonstrate a full interest in the position.

"From your research, craft great questions for the interviewers that demonstrate your resourcefulness and enthusiasm for the position and field," Campbell added.

It's time to get out your most professional outfit, polish up your resume and get ready for your next job interview. Good luck, Laurier students.

## Don't skip on running season



SHELBY BLACKLEY  
SPORTS EDITOR

When I blew out my knee just before university, I thought my running days were over.

An injury from soccer led to an arthroscopic knee surgery to remove the torn cartilage and examine my ACL and MCL for damage. I went from running nearly every day of my life to not knowing if I was ever going to run again.

However, when I was in rehab after surgery, the first exercise my surgeon told me to do once I felt strong enough was to try running. Thinking that he was crazy, I started to examine why running actually helps you.

Running is one of the simplest forms of exercise; your muscles consume oxygen and push you harder while improving your aerobic fitness.

Running outside is my favourite because you control your own pace and what you want to achieve by the end of your run.

Your route is not always predetermined and your legs can feel what you put them through rather than relying on a treadmill.

Running is also one of the best forms of exercise in terms of burning calories. By running on "high" on the treadmill, you burn almost

“  
A British study showed that active people were 24 per cent less likely to develop colon cancer than those who are “less active”.

800 calories in an hour according to the Medical College of Wisconsin. The stair-stepper, rower and stationary bike don't burn nearly as many calories as just running.

I first got into running just after I was diagnosed with anxiety. My stress levels were high and I needed an outlet to keep myself calm while taking care of my daily activities. It gives you a chance to escape from stress and pressure and run to the speed of your problems.

Running makes you focus on a goal without any added pressure — you just need to move your feet.

My surgeon recommended running as a form of rehabilitation because it is beneficial to your knee joints. I am at risk of osteoarthritis,



HEATHER DAVIDSON PHOTOGRAPHY MANAGER

Running has many benefits in terms of one's body, mind and spirit.

the most common form of arthritis, but by running, I can rebuild the joint-cushioning cartilage I tore and strengthen my knee joints.

Contrary to myths, running helps build your joints. By simply running a few times a week for half an hour, you can strengthen the ligaments around your joints and keep them moving to avoid bone diseases such as osteoporosis.

The health benefits of running certainly outweigh the benefits of sitting on the couch; regular running allows your body to create enzymes that strengthen the parts of your body susceptible to cancer, such as

the colon, breasts and lungs.

A British study showed that active people were 24 per cent less likely to develop colon cancer than those who are the “least active.” In addition, running can also give women a 30 per cent lower risk of breast cancer.

I could go on all day talking about the benefits of such a simple exercise, but the truth is that running can help your overall outlook on life.

I'm just a student, but from personal experience through using running as a rehab tool, I've reaped the benefits it has to offer and encourage everyone to do the same.

## A season of brand new trends

*With winter coming to a close, it is time to keep an eye out for spring's newest fads*



BETHANY BOWLES  
STAFF WRITER

Believe it or not, this unruly winter will eventually come to an end. Start getting excited because it's almost time to push those big and bulky winter coats and boots to the back of your closet to prepare for spring.

This upcoming season may also mean that this is a time to hit the mall and find a couple of new pieces of clothing and accessories for spring.

Here are the fashion trends that you should be keeping an eye out for the upcoming spring season.

### For Guys

Button ups and short-sleeved colored shirts are going to be really popular this upcoming season.

They're both casual, yet professional and don't have the warmth of a long sleeve dress shirt. Gentlemen, this is a perfect look for spring.

Try these shirts in any solid colour of your choice, or if you're a little bit more fashionably bold, you should try going for a fun print such as gingham or chevron.

If you're looking for a printed shirt, whether it is a t-shirt or a regular button up, you don't have to look very far.

Believe it or not, your dad's old Hawaiian shirts are cool once again. The Hawaiian floral print is making

a big comeback this spring, so why not try it out?

In terms of the bottom portion of the outfit, try going for a slightly shorter pair of shorts, preferably one that goes just slightly above the knee.

For those bold guys out there, try going for a short dress pant. Get inspiration by thinking of Pharrell Williams at the Academy Awards in early March.

The key ingredient for this is to find a pair of shorts that are a little slimmer at the knee.

### For Girls

A fun yet casual look that is going to make an appearance this spring is the vintage logo t-shirt.

This style of shirt can vary from your old concert t-shirts to promotional Coca-Cola shirts. They're perfect for pairing under a button up shirt or denim jacket and give you a casual chic kind of look.

Another trend for ladies to look out for this upcoming spring season are bright coloured pastels. This includes soft colours such as baby pinks, soft blues and even creamy yellows.

Try finding a pastel dress that would be cute for Easter celebrations or those end of the year functions.

Another basic look that every girl needs for the upcoming spring season is a rain jacket. If you want to make a statement for the spring season, try a bold colour for your rain jacket, like red or orange.

Or if you're a bit more adventurous, try buying a transparent rain jacket. You can literally pair this transparent coat with anything.



LENA YANG GRAPHICS EDITOR



# Role play a way to spice things up

There comes a time in every relationship where couples want to eroticize their sex life by dressing up

SCOTT GLAYSHER  
STAFF WRITER

Let's go back to a much simpler time in our lives. A time when you were just starting to develop your more sexual side. This could have been in high school or maybe even in elementary school.

Take yourself back and try to envision what you thought was arousing. Seriously, go ahead.

For guys, maybe the source of arousal was your attractive teacher, nurse, librarian or next door neighbour. For girls, maybe it was your math teacher, a police officer or a professional athlete. Or maybe it was even more specific and unique to your sexual prowess and desires.

We've all had sexual fantasies at some point in our lives. Don't be embarrassed, these sexual fantasies are exactly what make you the person that you are.

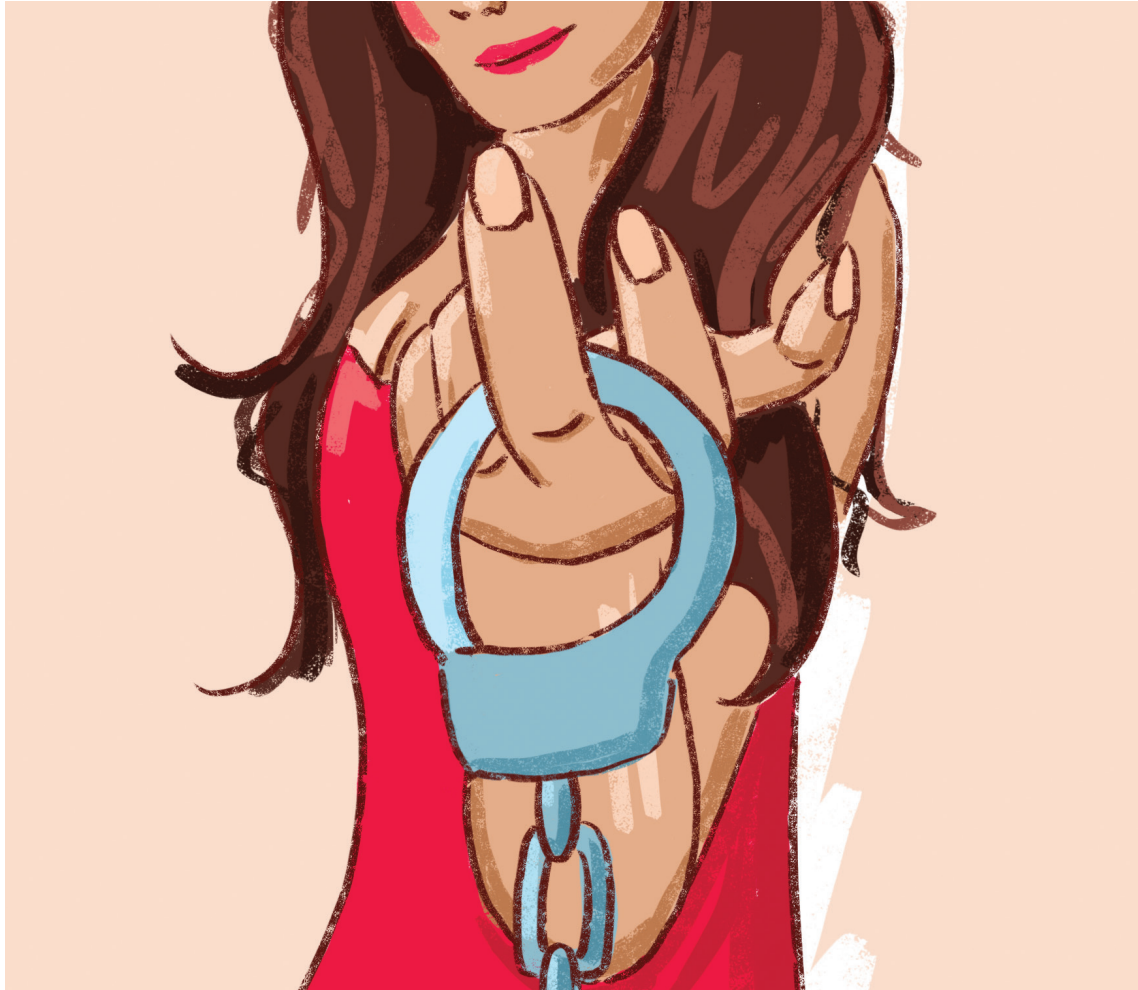
But we're all grown up now, right? We, as adults, should still feel free enough to let our hair down, let our imaginations go wild and remember the joys of those teenage fantasies and bring them to life.

"I mean, I've always fantasized about the whole teacher figure thing, who hasn't?" An anonymous male second-year student at Wilfrid Laurier University admitted.

Fantasy role-playing can really give you and your partner a chance to change up the same old routine and explore each other's wildest desires.

In today's culture and society, a lot more couples are taking part in role play and are even buying all of the necessary tools for these new experiences.

"We have a ton of customers coming in and buying stuff for their partner," said Love Shop employee



LENA YANG GRAPHICS EDITOR

Crystal, who declined to give her last name. "Most men will buy anywhere between \$200-300 worth of stuff at a time."

Role-playing certainly adds adventure and spice to the relationship and, as a result, is well worth the money. It can be utilized for either casual interactions or more serious relationships.

"Role play should definitely be looked at as important. The beauty of role play is that you can pretend to be absolutely anyone you want to be, and that usually means inhibitions for both men and women," an anonymous female third-year Laurier student claimed.

Though role-playing fantasies are unique to each individual, there

are some common desires men and women share.

"I think I can safely speak for most guys when I say that anything like a nurse, school girl, teacher or even a cop are some of the most desired fantasies," claimed the anonymous male student.

These fantasies are widely known in social settings and as guru Crystal

"I mean, I have always fantasized about the whole teacher figure thing, who hasn't?"

—Anonymous male student at Wilfrid Laurier University

explained, "those outfits and handcuffs are always top sellers."

According to the anonymous female student, "women should initiate [role play]." Both women and men are true experts when it comes to dreaming up the sauciest of fantasies, but women don't limit themselves to the traditional ones that men often do.

"Females have different fantasies than men in the sense that it's not common for women to desire having sex with a male nurse, or naughty school boy, etc.," She added.

Either way you slice it, fantasy role play can be quite the erotic experiment within a relationship.

As long as you pay attention to what your partner is looking for sexually and vice versa, you'll be stepping into those roles in no time at all.

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## ARTS

Arts Editor  
Cristina Almudevar  
calmudevar@thecord.ca

# Old sound, new generation



Due to a recent trend, record stores have been seeing an influx of consumers who are interested in moving away from digital downloads.

WILL HUANG STAFF PHOTOGRAPHER

—cover

“anything is going to sound better than a MP3,” Logan added. “People are amassing a collection that’s not just on a hard drive.”

Vinyls also managed to pull an unlikely demographic into the stores—teenagers who grew up pirating music.

“Ten years ago we lost a lot of the younger people with the rise of Napster,” Logan explained.

Moving past the hipster complex, Logan explained many people started listening to records because of their sound quality and ‘crispness.’

Daniel Jahn, the manager at Sunrise Records in Kitchener, explained that many music listeners dislike the “manufactured quality” of compact discs.

Today, many in this age group are finding their way into record stores. Jahn is amazed to find the range of people coming into his store excited about vinyl.

“I’ve seen as young as 14, up until someone who is 70,” he said. “It’s all over the board.”

Jahn, who has been with Sunrise for over a decade, has seen the store’s vinyl collection go from just 7 records to over 1,000.

“People are excited about [vinyl] and coming into the store looking for it. We have regulars who come in a couple times a week just to see what new vinyl has come out,” he said.

The resurgence of LP has challenged manufacturers to keep up with enthusiastic collectors.

“The biggest problem I’m having with vinyl is getting it,” explained Logan. “There were so few plants left that they’re pretty much all running at capacity... they just can’t manufacture everything that they need to manufacture quickly enough to satisfy the demand.”

Encore, a part of the Kitchener community since 1981, has not only previously considered dropping LPs from its shelves, but has struggled overall with declining sales in the music industry. The renewed interest, according to Logan, has kept them going in a time when people just don’t buy music as much.

“It helps us offset the overall decline in music sales,” he said. “It’s kept us open another few years.”

The resurgence of vinyl has brought new life to the stores, bringing both young and old together to appreciate a piece of music history that’ll make it into music’s future.

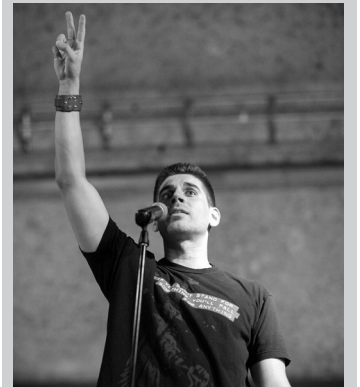
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JESSICA DIK STAFF PHOTOGRAPHER

Ramsey Almighty  
at Radio Laurier’s  
Hip Hop Hangout

—By Cristina Almudevar



H. DAVIDSON PHOTO MANAGER

Carlos Andrés  
Gómez returns to  
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## Strong ‘Bloodline’

ANDREA NELSON  
STAFF WRITER

If you’re looking for a fantastic escape from essays and homework, pick up *Bloodline* or *Red Dragon*—the first two installments in Katie Thornton-Kinch’s *The Bloodline Saga*.

Thornton-Kinch was an undergraduate student at Wilfrid Laurier University when she began working on her young adult fantasy novels, and has since published *Bloodline* and *Red Dragon*, with the latter published just a few weeks ago.

*The Bloodlines Saga* takes place in the fantastic lands of Ayrenia, where magic flourished three hundred years ago. In *Bloodline*, the gods are seeking to save the dying land by choosing a young warrior heroine in slavery, Braelyn. In *Red Dragon*, Tessa Oak and Autumn Storm are two new heroines following in the footsteps of Braelyn to keep their world safe.

As an undergraduate student, Thornton-Kinch studied archaeology and medieval studies, which had a huge influence on her writing.

“You can see from my first book, *Bloodline*, that the classical courses I took had a huge influence on one of the cultures in the book... I have a crazy emperor as well, like Nero, and I used the Greek pantheon to create my own gods and goddesses for the Lands of Ayrenia,” explained Thornton-Kinch.

The university environment influenced Thornton-Kinch’s writing when creating the Mage schools and

the Red Dragon Rangers outpost, which was introduced in *Red Dragon*.

“[The novella] takes place between the first book and second... [It’s] about how the first dragon rider in the Second Age of Magic came to be—the character was introduced in the second book of the series as the First Rider, the leader of the Dragon Riders, and then as one of the main character’s father. Others in the book had asked about his story, so I thought I’d write a novella for him,” Thornton-Kinch explained.

Beyond the university setting, there are novels and movies that influenced Thornton-Kinch’s writing. She loves young adult fantasy—Tamara Pierce and Kristen Britain are two of her favourite authors.

“I wanted to create a female heroine of my own and so Braelyn was born, and then Autumn Storm and Tessa Oak,” she explained. “My editor said that she normally didn’t read fantasy, and that when she was growing up there were not a whole lot of female heroines to look up to.”

Thornton-Kinch has also begun working on the third novel in *The Bloodline Saga*. *The Storm Gathers* takes place another three hundred years after *Red Dragon* ends. A cult is seeking to eradicate magic from Ayrenia and four heroes have the power to prevent it if only they discover their true power in time.

The novella will be published during the summer and third novel will likely be published during the fall or winter.



# Kitchener gets ready to rock

School of Rock academy opens its doors

CRISTINA ALMUDEVAR  
ARTS EDITOR

School of Rock Kitchener-Waterloo (SORKW), a franchise with origins in Philadelphia, Pennsylvania, is not your typical place to learn an instrument.

With a strong focus on performing and collaborative effort, SORKW aims to give people of all ages a student-oriented experience outside of a practice room.

"We really want to inspire students to rock in a whole different way by participating in a whole innovative approach to music," said Cynthia Sundberg, co-owner and president of SORKW. "Our goal is to get them on stage performing so that they enjoy learning music—they learn it faster and they get really good at it quickly. The only way to do that is by putting them with other kids so that they can play and experience being in a band."

Despite only being around since January of 2014, SORKW is working fast on their vision of getting their students performing.

They have struck a deal with Paul Maxwell, a local music venue owner, of Maxwell's Music House in Waterloo. With Maxwell's attention turned towards building his new venue, SORKW has taken over Maxwell's music students in exchange for use of his venue, Sundberg shared. He pointed out the similarities in their teaching styles and both parties agreed this would be a good fit for the students.

"There's a lot of passion for music in this area and we already know that we have the blues festival, we have the [Kitchener-Waterloo] Symphony, and we have the [Wilfrid Laurier University] school of music. There's been a real desire to have more music here. With Maxwell's music house, he's been doing a phenomenal job of bringing great talent in ... I think Kitchener just really wants to rock," said Sundberg.

The grand opening, which took

"The thing is that we have the opportunity here to bring something that is cool and fresh and innovative to K-W."

—Cynthia Sundberg, co-owner and president of School of Rock Kitchener-Waterloo

place on March 22, featured a tour of the recently renovated performance space located in downtown Kitchener. The space held a recording studio, performance space and soundproof student studios.

The performance itself was held at the Tannery, where Kitchener mayor Carl Zehr officially 'opened' the ceremonies by smashing an old guitar in honour of SORKW. There was also a performance by the students of School of Rock Markham who played classic rock songs such as "Live and Let Die" by The Wings.

"The thing is that we have an opportunity here to bring something that is cool and fresh and innovative to K-W. K-W is a really innovative community so we know that they're going to support us and they're going to spread the word," enthused Sundberg.

"My husband [Rick Endrulat] and I have been working at our other business, Virtual Causeway, for ten years and this opportunity came up ... I thought this is a really great opportunity to influence people to become better leaders, contributors to our community, to have musical talent and bring a lot of joy to a lot of people. It was really just a natural thing. It's [also] just really cool and fun to work in school of rock," said Sundberg on her decision to spearhead SORKW.



HEATHER DAVIDSON PHOTOGRAPHY MANAGER

## Pack A.D. gets polished

BRYAN STEPHENS  
LEAD REPORTER

People walking by Starlight on March 19 might have thought a crowd of people was making the vociferous noises on the second story of the building. However, all that sound came from two people.

Vancouver's Pack A.D. just released their fifth studio album *Do Not Engage* this past January and have hit the road in support of it.

The album continues on what the band has been doing since their first album, while still showing growth.

"I think we have continued along the same lines with what we have been doing," said Becky Black, who plays guitar and is the vocalist in the band. "However, there are more pop influences and catchy choruses on the newest record. Lyrically, we have stuck to the same themes though."

It was easy enough to see the duo was having fun on stage. They

managed a high level of engagement with their audience while playing their self-described blend of 'rock-psych-pop-punk'. Overall, the crowd seemed to enjoy the performance, judging by the cheers and applause following each song.

Looking at changes over the course of five albums, the group's focus was to stay true to what they wanted to do as a band.

"The goal was just to make something better than the last one for ourselves, and not necessarily for the people, because I don't know what's good for other people," said Miller.

"The only true measure you have is what you think of yourself. The goal was trying to make something that would be enjoyable to us."

Their new album's title was inspired by the ways people communicate with each other in public when encountering 'uninformed' and 'idiotic' comments.

"The worst thing you can do is give a comment back to them about how they are uninformed and correct them. So you then get engaged in this thing that you should not have engaged in, so the title comes from that," said Miller.

To Black, being a musician is more than just the creative aspect: part of the job is having the ability to perform your songs live.

"I love the creative process, but I also love the performance side of it, because you get to connect with other people, and everyone is involved in the same moment. It can kind of be magical, and that's part of the fun," said Black.

With tour dates right through the spring into summer, Black said any future plans for the band would follow a similar course to what they are used to doing.

"We are going to do the same thing we've been doing since the start, touring and playing music."



JESSICA DIK STAFF PHOTOGRAPHER

Kitchener mayor Carl Zehr smashes an acoustic guitar to officially commemorate the opening of School of Rock Kitchener-Waterloo.



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# EDITORIAL

Opinion Editor  
Dani Saad  
dsaad@thecord.ca

## Small businesses paying the price for student laziness

With the closing of Debrodnik's this past week, a deli and bakery featuring some of the best lunch offerings around campus and the city more broadly, it is time that students evaluate their contribution to the success of small businesses in the area. This place had a donut pop-up stand on the weekend, an unrivaled meatball sandwich and friendly staff, but somehow it was not good enough for us.

To Debrodnik's, and other small businesses struggling to keep their doors open, allow us to apologize for students unwilling to explore their surroundings and seek out the best food to spend their parents' hard earned money on.

Nothing against common chains with a location on every corner, but it is time we spread the love and took a few minutes out of our busy day to walk off campus and see what KW has to offer.

Students, you are fortunate enough to be living in a vibrant city with some excellent small businesses.

There are some places around campus that rotate businesses on a monthly basis it seems, with owners unable to stick around long enough for us to learn whether we like them or not.

Our fear to try new things and our strange love for mediocre sandwiches keeps us from rewarding ourselves with great food. If businesses are offering a product or service that is high in quality and should by all accounts please students, they should be given the chance to compete. That's how small businesses become institutions, but it takes some trying on our part.

To all small businesses in the area, especially food establishments, do not lose hope and keep striving for excellence. In the pursuit of delicious food, having our favourite places close down is frustrating.

We empathize with the small business owners and also with our cravings, which will never be satisfied. We apologize for our past indiscretions and can only ask for forgiveness and vow to change moving forward.

## Students, WLU need to work towards new partnerships

Despite Wilfrid Laurier University's notoriety for its co-op program, non-business students are severely limited in their co-op options. Work experience and career connections are just as important to students in other faculties, and for students in the arts program especially, a work placement could compliment a degree that is not always enough to get a job.

There is a thriving start-up community in Kitchen-Waterloo in addition to think tanks, research groups and non-profit organizations, which would provide excellent experience for students across faculty lines. As K-W develops, Laurier's relationship with organizations and businesses should develop concurrently.

New partnerships need to be made so students have the ability to capitalize on their university's relationships with neighbouring institutions and organizations.

For the options that are available, there needs to be publicity brought to them so students know they exist but also so community members and professors are aware. Calls for interns and research assistant opportunities are often only circulated once and with minimal effectiveness.

There are internships and other opportunities open to students in all programs but they are often severely under-circulated among students. Students should not be missing out because they overlook an important email or do not have enough information about the opportunities available. When the university fights for students, especially in regards to career development, students are more likely to be engaged in the classroom and with their faculty.

University, for better or worse, is not just an institution for higher learning and intellectual stimulation, but also a place individuals attend with hopes of getting a job. The transition into that reality is going to a slow process. Similarly, the university building relationships will be a drawn out process, but nonetheless needs to be a priority.

Much is dependent on the economic climate, job market and government funding available for academic programs, student work programs and the like, but it is important that universities are at the very least providing students with the opportunities that do exist.

*These unsigned editorials are based off informal discussions and then agreed upon by the majority of The Cord's editorial board, including the Editor-in-Chief and Opinion Editor. The arguments made may reference any facts that have been made available through interviews, documents or other sources. The views presented do not necessarily reflect those of The Cord's volunteers, staff or WLUSP.*

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JOSHUA AWOLADE GRAPHIC ARTIST

# Blame should fall upon the user, not technology



RYAN HUEGLIN  
PHOTOGRAPHY MANAGER

Society has mapped out that the biggest accessory to our lifestyle, brand and professional work is linked to the movement of mobile technology.

Mobility was once used only as a reference of methods one can use to travel from point A to point B, whereas mobile technology has evolved to how we now construct ourselves within society—personally and socially. While it is easy for anyone to simply pick up a smartphone or sit at a computer and create an account online, the idea of tactfully using integrated social media with our technology has become an issue for some.

Since the birth of the social media revolution in the early 2000s, online social mediums have been criticized with intent to attract inappropriate behaviour, breach privacy laws, and change the meaning behind how people communicate and foster relationships.

The fact of the matter is this: the concept of social media is not a problem on its own, but rather how we as users choose to handle it. Are social media outlets and ever-advancing technology causing a problem? Or rather is it our inability to accept or adapt to this constantly evolving platform?

In a recent article by Joel Comm, "I am Leaving Social Media," Comm argues that the development of social media and its current state plays negative influence within society and is toxic. Comm, ultimately, decides to "leave" social media, blaming large companies such as

“  
Adaptability takes time  
and we need to actively  
aware of what is occurring  
around us...”

Facebook, Twitter, and Google for dominating our online social universe. He also blames companies for how social technology affects the development of relationships and how it can either make or break a potential job offer based on the personal 'brand' or identity you promote through content online.

Comm progresses and states these social platforms also act as a platform for spam, online bullying, and other senseless information — yet admits that from time to time he too enjoys sharing personal content and connecting with family and friends online.

While Comm's claims are valid and evidence has alluded in the past to some of these damaging consequences spawned through the portal of social media—technology is not entirely the problem, it is the individual behind it. Although it is a link to the outcome, we are the ones who collectively participate with the interaction in the first place.

Privacy issues? It's the Internet; users should be well aware of the consequences that loom when engaging in social media. The word "social" in itself is an intention to share, collaborate, and extend information. If you'd rather it not be out there, don't upload it.

Instead of pitting social media as the culprit of not landing you a job or saying that those top three companies have full control over your life, consider developing an image you'd like to carry with you in the real world and how you wish to brand yourself to others. Unfortunately, many don't realize the phrase "actions speak louder than words" applies to technology and social media as well. How does your content reflect your brand? If this is something that is bothersome, the issue may be an unwillingness to adapt.

The biggest thing that we need to remind ourselves is this: adaptability takes time and we need to be actively aware of what is occurring around us and how we should adapt to those changes. Just like our ancestors have adapted from horses to cars to carry us from Point A to Point B, or writing essays on a computer instead of a typewriter, the same trend comes up each time. We must adapt and it's going to take time. And this is not about being complacent.

If these elements of technology really were that terrible, why is Apple's iPhone alone one of the world's biggest commodities; with Twitter, Pinterest, Facebook, and Instagram the top downloaded applications for mobile devices and socially-banded businesses?

Turn it around and see adaptation with social media as an opportunity to innovate and collaborate. The connections that we have the power to establish have reached a level we never thought possible three years ago. What's one of the traits with being social? You connect. And what's so harmless about that?



# OPINION

Opinion Editor  
Dani Saad  
dsaad@thecord.ca

## Criticisms surrounding frat party are valid



**BRIË BERRY**  
COMMUNITY CONTRIBUTOR

I'm not one to ever mince words so I'm going to get straight to the point. People who claim that political correctness has run amok are basically saying, "I don't like checking my privilege. I don't like taking others and their feelings into consideration."

In regards to the cancelled "Jamaican Me Crazy" event, it was of-fensive. Between the colonial language, the call for costumes in an "island theme" and the minstrel-lesque representation of Jamaica, I was already taking issue with the impact this would leave on campus.

When criticisms were raised on the Facebook event, the response was to report the person who chal-lenged the event. The new Facebook event declared: "Apparently people can't have a good time anymore. There always needs to be that one bad apple."

This was never about an inability to have a good time. This was about a problematic event that could have been easily resolved if certain parties were willing to listen — even the subsequent name change to "Pikes of the Caribbean" brought discom-fort to some students. Of course, the event was shut down so I assumed there would be no more talk of it.

However, when I later discussed the event with some friends, one of them sighed and echoed a sentiment often expressed by my own fam-ily, "Why does it always have to be Jamaica?"

Considering it's not even the larg-est country in the Caribbean Sea, that is a valid question — why is it

“  
This all could have been resolved with an open conversation and a will- ingness to respect each other.

always Jamaica? Why does Jamaica always have to be the Caribbean sacrifice offered up for Western consumption?

A while back, a YouTube video of Rob Ford cursing in Jamaican pa- tois surfaced and immediately bell hooks' concept of "eating the other" came to mind.

While hooks cited the example of white males taking on the hip-hop styles and behaviours of black males living in the projects, the behav- ior of Ford and the event created by the brothers of Pi Kappa Alpha run parallel.

Since Canadian culture isn't seen as "exotic" or particularly trendy, it's much more fun to pick and choose at the random stereotypes of an- other culture that can be thrown on and then subsequently tossed away without considering who is affected.

I understand why Jamaica push- es so hard to promote itself as the perfect tourist destination. Tour- ism makes up a huge portion of the economy and our culture is all that is left to sell thanks to colonial pow- ers, which paid out European slave owners during the abolishment of slavery and continued to block the Caribbean from participating in industrialization and the global



JESSICA MITRA GRAPHIC ARTIST

economy.

Just over 150 years later, 14 Carib- bean countries (including Jamaica) are finally seeking reparations from Britain, France, Holland and other European powers for the exploita- tion and abuse that allowed these countries to prosper while the Car-ibbean is still trying to catch up.

And what reparations has Pi Kap- pa Alpha taken? Have they worked with the Diversity and Equity Of- fice? Have they gone in to speak with the Association of Black Stu- dents? Have they taken any steps to think about what had been done and apologize to those who were right- fully offended?

No, instead a patronizing article is written, which at its core is not

about fighting intolerance or pro- moting equality. It's about mis- placed entitlement to a culture that they felt could be used for profit.

The citing of Wolfgang Puck and other businesses doing the exact same thing is weak justification, similar to a child begging his mom to extend his curfew because his friends are allowed to stay outside longer. I never thought I would have to be telling a group of young adults that just because other people do it, does not make it right.

I don't speak for all of Jamaica and neither do the Jamaican students at this campus. However, our criti- cisms are valid for the simple rea- son that the only ones who get hurt from this gross stereotyping of our

culture is us.

Intent is not the same as impact. When I, and other Jamaicans liv- ing in the Caribbean diaspora, have to watch people constantly make caricatures of our identity, be it the weed-smoking Rasta or the brown- skinned Dancehall Queen, under the guise of "fun," it is evident that our voices only matter when we agree with those who have decided what our culture should mean.

This all could have been resolved with an open conversation and a willingness to respect each other. However, if I'm going to be blamed for being "hyper-sensitive" about the portrayal of my own people, then any attempt at collective devel- opment has already been impeded.

## Letters to the Editor

### RE: Hypersensitivity im- pedes on collective development

The Diversity and Equity Office houses three student-run services: the Association of Black Students, the Centre for Women and Trans People and the Rainbow Centre. On a daily basis, these spaces are filled with engaged students apply- ing their learning, discussing social justice issues and challenging the injustices they witness and face in their day-to-day lives.

In last weeks' editorial section of the Cord a piece ran entitled "Hypersensitivity Impedes Col- lective Development." In this piece, criticisms of the "Jamaican Me Crazy" event were called "unwar- ranted" and "completely benign", and as the title implies, those mak- ing these criticisms were labeled as "hypersensitive."

When we first learnt about the "Jamaican Me Crazy" event we wrote a letter to the organizers ex- pressing ours and our students' concerns. We wrote: "Based on your event description, it is framed in a way that makes light of the history of colonialism in Jamaica, normal- izes cultural appropriation and per- petuates the stereotype of Jamai- cans as partiers.

Recognizing that although you, as organizers, may have not intended to do so, the impact of this on our students and the larger community at Laurier is real." We ended our let- ter by offering suggestions about

how to make the event more inclu- sive, and how to engage in Jamaican culture in a more respectful way. To us, this does not sound like an impediment to collective develop- ment, but rather a step in the right direction.

We wrote that letter because many DEO students were criti- cal of the framing of the 'Jamaican Me Crazy' event, and apprehensive about how inclusive the proposed party would be. There are many committed allies who volunteer at the DEO, but most students who volunteer here have an embod- ied connection to the issues their centre(s) represent.

We are writing this letter be- cause we feel it is insulting to call their criticisms unwarranted and it's highly dismissive to label people who express these criticisms as "hy- persensitive." We'd like to re-label DEO students (and others across campus who took issue with this event and its framing) as dedicated social-justice warriors. We'd like to thank them for voicing their opin- ions, and for doing the hard work of fighting for a more just and inclusive campus culture.

—Diversity and Equity Office

#### Letter policy

Letters must not exceed 250 words. In- clude your full name and telephone num- ber. Letters must be received by 12:00 p.m. noon Monday via e-mail to letters@ thecord.ca. The Cord reserves the right to edit for length and clarity or to reject any letter.

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**DANI SAAD**  
OPINION EDITOR

In the battle of chicken vs. beef there is one clear winner. Based on variety, health, taste, and versatility, chicken comes out on top.

Fried chicken, chicken wings, chicken potpie, chicken parm. I could end this right there, but for the heck of it, let's keep going. Pulled chicken, rotisserie chicken, shawarma, enchiladas, chicken balls, chicken marsala, chicken noodle soup, BBQ chicken pizza.

The aforementioned dishes all have two things in common: they involve chicken and they are delicious.

Fantastic taste aside, chicken is remarkably healthy. It is a leaner meat, packed with protein but low in calories, and compared to beef, it is not even a fair fight. Chicken is lower in saturated fat, cholesterol and sodium and shares many of the vitamins found in beef.

Chicken can also replace beef for a healthier option in traditionally beef dishes like chili, stew, burgers and tacos.

The health effects of chicken, especially in comparison with beef, reveal that chicken is undoubtedly better for you.

There are so many ways to cook chicken—you can grill, bake, poach, braise, fry or roast it. It can be cooked fast or slow, cut thin or thick, and you can use white or dark meat depending on your preference.

There is nothing wrong with a burger or a steak. But a burger can be replaced with chicken, or even another meat. Friend chicken, whether we are talking strips, pieces, nuggets, wings, balls or even chicken fries is the most phenomenal thing ever to grace our palates. It is no surprise that chicken-fried steak is a popular way to make steak more like the far superior chicken.

Steak is great, and there is no denying it. Chicken cannot replace a medium rare steak so I will not try to make that argument. However, it needs to be noted that while steak may be beef's best offering, it is overpowered by the long list of chicken varieties.

If I have to eat one type of meat for the next week, year, or rest of my life, it's chicken. If I am stranded on an island, what type of meat is going to keep me healthy, happy and strong? Chicken. Not to mention it would keep my mental health in check. Variety is the spice of life, people.

The bottom line is anything beef can do, chicken can do better. Fried, stir fried, braised or roasted, chicken presents more options. Oh, and it doesn't give you colon cancer. There is that small benefit as well.

So, let's all raise a perfectly cooked chicken kebab to a long, healthy, colon-cancer free life full of protein and variety. Thanks, chicken, for all that you do. You ask for nothing in return, but today, chicken you finally get your due.

In this week's round:

## Chicken vs. Beef

Editor-in-chief  
**Justin Smirlies**  
and Opinion Editor  
**Dani Saad** debate  
the merits of two  
popular meat  
choices

Want to 'Weigh-In'? E-mail  
dsaad@thecord.ca

**JUSTIN SMIRLIES**  
EDITOR-IN-CHIEF

You know that nothing can compare to a juicy and flavourful hamburger. From the first bite to the last, the beef patty that you bite into excites your taste buds, and for a brief moment, nothing else matters. It's just you and this burger.

The same can be said about a fat steak (if cooked the right way — medium rare) or a tasty meatball from your mom's spaghetti. Also for a stir-fry, a pot of spicy chili or a steaming bowl of Pho soup. The varieties are endless.

Beef is the pinnacle of all meats, achieving a status that is far more superior to that of chicken or pork. As a self-proclaimed carnivore myself, I know that beef is easy to cook, easy to prepare and it sure is easy to eat. I'm also a huge aficionado of seafood, but beef, on a more regular basis, is the king of meats. It can also be nicely paired with a lobster tail (surf and turf, yo).

Red meat has been getting a lot of flack these days. It's seen as fatty, dangerous to your digestive system and a one-way ticket to colon cancer, especially if you don't exercise. And it's true, I don't think I can defend the health risks and concerns of the various parts of cow we ingest.

But live a little, will you?

Be healthy as much as you want, but enjoy a big burger or steak at least a couple times a month. Is eating quinoa salad with some

vegetables and chicken a good substitute while you're enjoying a day out on the patio with some beers? No, it's Saturday so you chow down on red meat and you will enjoy it.

Are you going to serve the blandest kind of meat to your guests at your monthly BBQ? No, you want to serve the juiciest of all meats, and that meat is beef.

Now, my competitor in this rather "fun" Weigh-In is arguing that chicken is the superior meat, and has probably mentioned the health benefits of the bird. Don't get me wrong, chicken is good, but it's very difficult to cook right.

Have you ever had dry chicken? Just think about it. You know that time when your mom overcooked chicken so much to the point that you just had to drink seven glasses of water to get it down?

And don't even get me started on undercooked chicken, which tends to happen way more often on *Hell's Kitchen* than you could imagine.

A friend, who shall remain nameless, made the terrible mistake of undercooking chicken, and let me tell you, I have not seen so much vomit in my life. Sure, you can get sick from red meat too, but if it's undercooked it's not the end of the world. You can eat a bloody steak, so no biggie.

So enjoy your red meat. Don't shy away from it. And, most importantly, eat it (unless you're vegetarian, otherwise disregard everything I've said).

# Swedes take us to school on education



**JULIA CRISS**  
OPINION COLUMNIST

I've been studying in Sweden for the past few months now and one big thing I've noticed is that Canada's education system absolutely sucks in comparison.

The main issue with Canada's education system is that they don't want their students to succeed. We have all been in a class where the teacher has had to bell curve the average lower just because they have maintain a certain class average. If the class average is too high, the school makes them explain why. This is fundamentally wrong and does not address the root problem.

In Sweden, and the majority of Europe for that matter, the professors actually want you to do well. Student success is what they are all about. In fact, in some instances, you can retake your final exam as many times as you want until you get the grade you desire.

There are flaws in this system as

well, but the student comes out with knowledge gained.

One student here wrote his final 12 times! This is not necessarily a solution but does reflect a desire to have students learn, ultimately making the best use of their time at school.

In Sweden, there is infrequently any use of the "professor" or "doctor" formality that Canadian profs demand we use. Nor are there specific guidelines just for emailing a prof. I've had profs in Canada who refuse to answer emails if you don't use the proper etiquette.

Sweden however, maintains a level of equality and respect with students whereby you call your prof by their first name and have a casual, more personal relationship with one another.

Unlike the profs in Canada, Swedish profs do not carry an attitude towards students that says, "I am better than you," which is reflected through their means of communication.

Another thing that Europe's education has going for it is that it is free to any and all citizens of Europe. They pay absolutely nothing to get a university degree. In fact, the European Union pays them a certain amount of money each month

to even be in school! In Canada, we pay on average around \$6,000-\$10,000 a year just in tuition alone, not including rent or other living expenses. Europe makes education available to all its citizens whereas Canada justifies it as being only for the wealthy or those that want to sink deep into debt.

Making it easier to go to school means students are more likely to attend, as expressed by many students in university here. There is an overwhelming sense that university education is considered the norm.

Student debt in Canada is on the rise with no solution in sight. OSAP ever so generously gives students a six-month grace period before they start charging a ton of interest to what you already owe. In Europe, you can get a student loan from the government and in some cases, you don't even have to pay it back. In Germany, for instance, loans are given out typically as half grant money and half a zero interest loan which only has to be paid back when a certain income is earned.

After my four years of university, the amount of OSAP I will have to payback will take me approximately 9.5 years according to OSAP's website. That means that I will not be out of my debt until I'm 32.



LENA YANG GRAPHICS EDITOR

It is said that Europe is more advanced than Canada and in the area of education the idea of free, quality education is a prime example. Europe sees education as a right for all individuals and encourages and helps them to succeed. In Canada, we tell people that if they cannot afford to pay for education then they are not entitled to have it. Canada offers government funding, but puts students into years of debt if they choose to take it.

I think Canada needs to rethink its values and education system dramatically. We value class division and entitlement over a fundamental right that all citizens deserve. Education shouldn't be based on

survival of the fittest, nor should a student's success be impeded due to "required class averages."

Canada's education system values taking students monetarily for all they have whether they succeed or not. Sweden, on the other hand, actually values their students and prides themselves on catering to their educational rights.

Now, to be clear, our system compared to many in the world is of high quality. However, Canada needs to look towards other similar countries and assess how the Canadians system can improve before student debt and the cost of education weighs down the next generation of post-secondary students.



## SPORTS

Sports Editor  
Shelby Blackley  
sblackley@thecord.caMixed feelings  
to pilot projectWomen's hockey recruitment plan has  
split responses throughout CanadaDREW YATES  
STAFF WRITER

Women's hockey in the Canadian Interuniversity Sport (CIS) could see a shakeup in recruitment and retention methods in the upcoming years.

The CIS is implementing a five-year women's hockey pilot project, which will allow programs the ability to offer more to the student-athletes committing to their respective school.

This will allow universities to offer scholarships that are more than the current limits for the CIS conferences to attract young talent that would be more inclined to go south to the National Collegiate Athletic Association (NCAA).

Scholarships can now cover the costs of room and board as well as books, easing the financial situation all university student-athletes are put through when they first arrive at school. This initiative is supposed to start in Jan. 2015, in which schools can begin promising more money to top-notch players.

This project has the potential to push the CIS in a new direction, according to the press release sent out in Nov. 2013, affecting recruiting habits of schools across Canada and how they distribute their scholarship cash among their players.

David Synishin, the head coach of the women's hockey team at St. Francis Xavier University in the Atlantic University Sport (AUS) conference, believes that the new initiative won't have much of an impact on his recruitment come the following seasons. He believes that it would be difficult for the university to give that type of money out to student-athletes. Instead, he has decided to ease the financial pressure among all students.

"It's not going to impact us as a team because we don't have the dollars to do that. We like to spread our scholarship money around," Synishin explained.

"I think that helps for maybe a little more of a well-rounded team and more depth."

Head coach Rick Osborne of Wilfrid Laurier University's hockey team in the Ontario University Athletics (OUA) conference follows the

same idea.

"I don't think it would change my recruiting habits. I would still be looking for the kids with the right character, the kids who really want to be at Laurier and the kids who would really have a passion to put on that sweater and break down the wall for us," he said.

One of the major advantages that this pilot project offers is the ability to offer more money to student-athletes. The individual cap that is currently limiting players is waived, as long as hockey teams don't exceed the current team and school cap given for scholarship money.

Osborne doesn't expect this will change his habits much either, but he will use the new rules to complement his original strategy.

"What I would like to do is take advantage of the new rules to increase the funding for all of the players on our team so that we can maintain [that] everybody gets the same," he said. "I don't anticipate going out and being involved in any bidding wars in the near future unless something really weird happens to change that landscape."

However, the same mindset does not occur throughout the CIS. In the Canada West University Athletic Association (CWUAA), head coach Howie Draper of the University of Alberta talks from past experience that student-athletes will go to the NCAA because they want to play with players at their skill level.

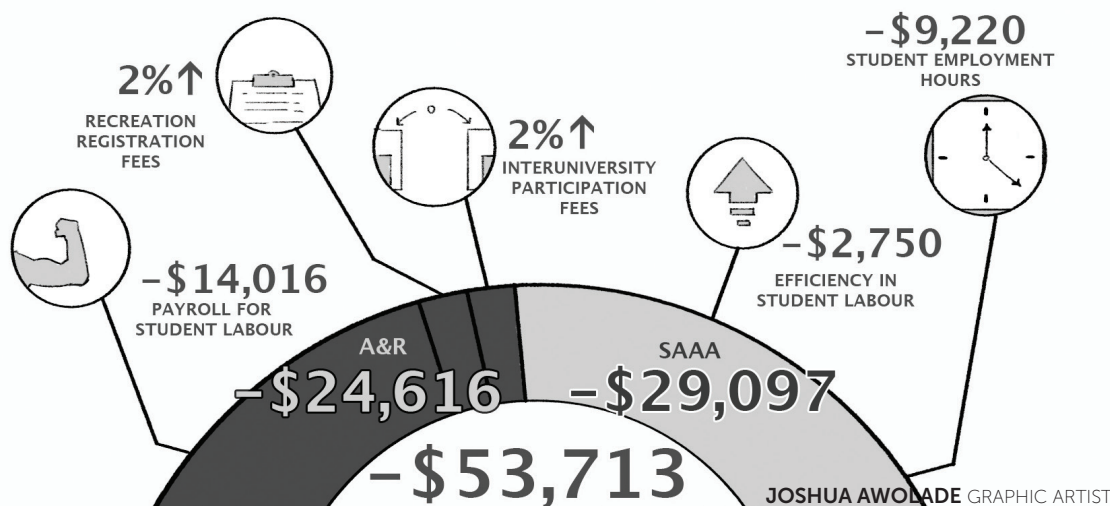
"[If athletes] they think they're going to be the best, then they have to play with the best," he said.

Draper intends to change up his strategy by altering the way he distributes money. With the project in effect, it will allow him to spend a little more money to attract high-calibre athletes that can compete at a national level.

"I think the idea at least from my perspective is to try and entice one or two athletes, very strong athletes that are playing at a very high level, to stay [in Canada]," Draper said.

Student-athletes are drawn to playing with other athletes of their calibre, and Draper forecasts that this initiative will aid in keeping that talent at home.

"Top talent draws top talent," he said.



## Cuts affect student labour

—cover

opportunities for students to work within our department," Grossman said.

The department will cut \$14,016 of payroll for student labour out of the money funded by the university, and \$9,220 in student employment hours from the SAAA funding. An additional \$2,750 was cut from the efficiency of student labour.

"Student labour ... is almost half of the cut," Grossman explained. "If we keep going down this path of cutting student labour, we may not be able to compete [as an athletics department] as well as we have in the past."

Grossman also mentioned that one of the biggest issues that will affect service is the Hawk Desk. Athletics is proposing that during the peak months of September and January, they will only staff two people at the Hawk Desk instead of three. Grossman said service levels are "at a big risk as a result" because of the high demand.

Despite concerns of having to shorten hours at the fitness centre, they managed to avoid it. Grossman said there was "concern about the appearance of that," given the recent

expansion to the centre.

Additional cuts to round out the rest of the \$53,713 includes \$7,300 cut from the central university's cell phone plan, \$3,300 from the central budget of staff professional development and \$15,011 from new revenue generation.

The final \$2,116 will be cut from stadium strength training, which is the only direct cut to varsity athlete programs at Laurier.

"Those are hours where athletes that are not in season are continuously working on their strength and conditioning over in the stadium in the mornings," Grossman explained.

However, according to the budget cuts document, there will be a two per cent increase in recreational programming registration fees excluding ice hockey intramurals and group fitness, and another two per cent increase in the interuniversity athletic participation fees. These are the fees that student-athletes pay in order to play for Laurier.

This revenue, according to Jim Butler, vice president of finance and administration at WLU, is unique to athletics.

"They do enjoy a revenue stream. If they can increase that revenue stream, it might offset any budget

cuts," he said. "But [athletics] is part of the university's overall budget. It's not operating as an insularly like food services or the bookstore."

According to Grossman, athletics has \$1,400,000 in unique revenue that goes directly to their operational budget. This comes from the student-athlete fees, facility rentals, external groups, sponsorship and ticketing.

But while they do enjoy additional revenue, athletics must be careful not to use donation dollars as a means of operating dollars.

"A donor or a sponsor of a program doesn't want to hear that their \$1,000 is just [a part] of an operating budget so that they can continue to do what they're already doing," Grossman explained.

"We run these events in order to try to enhance experiences, but the base experience is what is getting strangled."

The overall decisions for the university-wide two per cent budget cut will be determined within the next couple of weeks, according to Butler.

"We'll be making decisions and then taking it through the governance processes, which would involve the senate and the board of governors," he said.

KATE TURNER FILE PHOTO  
CIS programs have the ability to put more money into recruitment.

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# Hawks cap off best year since 2008

Squires, Krell named CIS first and second team all-Canadians as men's curling finishes third at nationals



PHOTO COURTESY OF ANDREW BURANT

Spencer Nuttall and Fraser Reid sweep a Richard Krell's rock down the sheet during the CIS national championships in Regina. The Hawks finished third in the country.

**SHELBY BLACKLEY**  
SPORTS EDITOR

If you asked Wilfrid Laurier men's curling skip Aaron Squires if he expected to be bringing home a bronze medal from the Canadian Interuniversity Sport (CIS) national championships in Guelph,

he would have said no. But the third-year communications studies student led his rink to a third-place finish at nationals in Regina, Sask. a month after placing second at the Ontario University Athletics (OUA) curling championships in Guelph.

"We're extremely proud of what we accomplished and couldn't have really asked for much more," Squires said.

The performance is a major improvement for the Laurier program. The bronze-medal result is their best at a national championship since they won the gold medal at the

inaugural event in 2007-08.

"Anytime you medal at the national championships, you have to call it a good week," men's curling head coach Gary Crossley said. "This is a team that has been put together for their third year and we've never made it to the playoffs at the Ontario championships prior to this."

After finishing second in the OUA, Laurier started out strong at the CIS championship, going 6-1 in the round robin. The Hawks finished second in the standings to advance to the semifinal Saturday afternoon, but were upset by the Alberta Golden Bears 9-4 to earn the bronze.

Two members of Laurier's team were able to secure CIS all-Canadian honours after the round robin.

Squires was named a first-team all-Canadian after having the best percentage shooting through the round robin of all skips.

His vice, third-year Richard Krell, was named a second-team all-Canadian after the round robin.

"Aaron was steady all year for us and certainly performed when we needed him to perform and there were many occasions, certainly this weekend and at other times, when Richard had to make big shots to open the door so Aaron had the ability to make a good shot," Crossley said of his two all-Canadians. "They work together as a team and the front lead had some great games as well. So it was really a good week for all four of them."

During the OUA championship, Krell stepped in as skip after Squires fell ill.

However, he trusted his team as they clinched their berth to play at nationals.

"I knew that my team is very capable of filling that void and Richard

has skipped for many years now. So he was able to fill that void and switch the lineup around. And with a solid fifth, I knew that they had every chance of winning those two games and they got us a spot in the CIS. And I couldn't really ask for much more than that," Squires said.

With the Hawks now in the off-season, the team will continue their fitness training while taking some time off to focus on next year.

With one of their best seasons in the record books, the men's team hopes to improve with all five players — Squires, Krell, second Spencer Nuttall, lead Fraser Reid and alternate John Gabel — returning next year.

"We hope to repeat our win at OUAs and maybe win the actual banner. And obviously CIS gold would be quite possible and realistic, so that's going to be the goal for next year," Squires said.

"We're extremely proud of what we accomplished and couldn't have really asked for much more."

—Aaron Squires, third-year men's curling skip



PHOTO COURTESY OF ANDREW BURANT

Cheryl Kreviazuk and Kerilynn Mathers sweep a rock at nationals.

## Gold and bronze decor year for women's curling

Laurier finishes third at nationals to cap off OUA banner year

**SHAYNE MCKAY**  
STAFF WRITER

After missing nationals last year, the Wilfrid Laurier University women's curling team managed to take home the bronze medal at the Canadian Interuniversity Sport (CIS) curling championships this past weekend in Regina, Sask.

Despite defeating the Carleton Ravens in the Ontario University Athletics (OUA) final and the first match of the round robin 6-5, the Hawks were unable to replicate that success as Carleton managed to score three points in the eighth end to be the difference maker as they fell 6-3 in the semi-finals.

This is the sixth medal in the last seven years for women's curling with four gold and two bronze.

"Coming off of the OUA win, we thought a reasonable outcome for us would be to make playoffs, and then once we started playing a couple games in CIS we realized that we could potentially win this," said skip Carly Howard.

"Unfortunately we lost in the semi, but we're still proud to come home with the bronze for Laurier and that is an outcome that we are fine with."

After a year off the provincial

podium, Howard and her rink reclaimed the gold medal in February.

"I think we played really well at the OUAs. We started out pretty slow, but each game our goal was to play better and better and at CIS we moved forward with what we had at OUAs and just kept going off that," she said. "I think our team played amazing all week, we missed shots here and there but they didn't cost us too much."

Women's curling coach Maurice Wilson echoed Howard's attitude.

"I was quite proud of their effort, I think going out we were certainly capable of winning the gold," he said. "I think we had all the talent, the execution was good enough, the systems we had in place were good, but we didn't have the experience for the national/international level we needed to take the next step [towards gold]."

Along with the third-place finish, Howard was also named a second-team all-Canadian for the first time in her university career.

Only one member of the team, lead Cheryl Kreviazuk, will not be returning next year due to graduation, ending her illustrious career with the Hawks with three OUA championships, two CIS championships, and a CIS bronze medal.

"We will definitely miss her, but then the opportunity comes for another player to come on," said Howard.

With her departure, the team will need to find a replacement, but Wilson isn't stressing about that.

"We're obligated to hold open try-outs, but we have lots of talent in our junior varsity program," he said. "Chelsea Brandwood was our alternate this year who came up from junior varsity as a freshman and she's an outstanding talent who I was confident could play any of the positions and do a great job, so I'm not too worried about it. Certainly lots of talent probably coming in next year and already there."

Wilson is still looking to make improvements in the coming year.

"I'd like to see the girls take a few more risks," he said.

"I felt they were maybe a bit more conservative than what I'd like them to play, but that's what they felt comfortable with. I think that's a thing that could take them to the next level for sure."

"I'm not sure what the team will be like next year, but I'm looking forward to it and hopefully we can have the same success that we had this year moving forward," added Howard.