

# Popping the cork

Features Editor Colleen Connolly explores little-known facts about wine

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# THE CORD

The tie that binds Wilfrid Laurier University since 1926

You can dance if you want to

Arts, page 16



Volume 53, Issue 6

Wednesday, September 19, 2012

thecord.ca

## Adventure Club hits Waterloo

Montreal duo takes over Beta

Arts, page 16



NICK LACHANCE PHOTOGRAPHY MANAGER

Canadian dub step group Adventure Club play to a solid crowd at Beta Nightclub this past week in Uptown Waterloo

## Starlight to host benefit

Neighbours rally to support victims of Ish and Chips fire

LINDSAY PURCHASE  
LOCAL AND NATIONAL EDITOR

A fire that engulfed and destroyed a building in Uptown Waterloo in August containing independent business Ish and Chips, has hit close to home for other local entrepreneurs, who have thrown their support behind a benefit concert organized by neighbouring club Starlight.

The idea came about, said Starlight Lounge co-owner Josh Koehler, within a few days of the tragic event.

"These people are our neighbours, who we had a relationship with us over the years and so we were trying to think of what we could do that would help them the quickest and in the most practical, immediate way that would make sense for us," he commented.

Koehler claimed that they found immense support for the idea amongst other local businesses, with over 50 now involved through sponsorship or the donation of prizes.

"That's our lives, we're there every day. People that are fellow entrepreneurs and that start a business are there every day, so it's like their home away from home. You see these people every day and most evenings. And so you're bound to kind of build up a relationship with them," he said.

For Kamil Mytnik, whose parents own Ish and Chips, the support has been overwhelming. "Experiencing

## Laurier 'maxed out' on study space

KATELYN CULLUM  
LEAD REPORTER

Looking around Laurier's Waterloo campus, one thing is clear: there are students everywhere — and the university is quite aware of this.

"We know we are maxed out on space on the Waterloo campus overall," said David McMurray, vice president of student affairs at Laurier.

The more pressing concern is not so much the influx of students, but the availability of study space for these students.

While McMurray believes that

the need for study space is a good thing, because students are asking for more space to study and pursue their academics, it is a priority for the university.

Gary Nower, assistant vice president: physical resources, also expressed concerns over the lack of space available.

"I think there is shortage of study space on the Waterloo campus," he stated.

Nower also explained student behaviour regarding study space at night.

"[Students are] scrambling, trying to find places to work and study," he

said. "I think a lot of people are really concerned about it and they're planning to create more study space."

One of the plans in motion to solve this issue is the Global Innovation Exchange (GIE), which will house the business, economics and math faculties after its expected completion in 2014. The building is replacing the St. Michael's campus, which served as additional space for lectures and tutorials, but was demolished last fall.

While the GIE features the three listed faculties, it will also serve as a re-vamped study and hang

out place for the rest of the Laurier community.

"There is lots student space for people to hang out, study, meet in teams and in groups and just casually hang out ... [we will] see that theme has been carried out through the whole building, so there is places for undergraduates, for graduate students to work together collaboratively or alone," continued Nower.

McMurray listed various spaces available for studying, including common areas such as the 2-4

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#### University costs on rise

Tuition to skyrocket to approximately three times the rate of inflation

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Where to pick up the hottest fashions within ten minutes of campus

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#### Hawks bounce back

Football team grabs first win of 2012 with comeback triumph over York Lions

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**Editor's choice**  
*Canadian retailers deserve our national support*  
Editorial, page 18

**Editor's choice online**  
*Video: Winemaking 101*  
thecord.ca



COURTESY OF CTV KITCHENER

# The Cord partners with CTV Kitchener

The Cord has started a partnership with CTV Kitchener, which will give our staff an opportunity to report for the local news.

To kick things off, we are producing a four-part series on the controversial student neighbourhood, Northdale, located minutes from Wilfrid Laurier University.

The first segment was produced by Editor-in-Chief Justin Fauteux, working with CTV's Lee Boyadjian. The story ran on the 6:00 news this past Saturday and is currently available

online at [kitchener.ctv.ca](http://kitchener.ctv.ca).

The remaining three parts of the series will be airing on the 6:00 newscast over the next three Saturdays. They will also be available online at [kitchener.ctv.ca](http://kitchener.ctv.ca).

The Cord would like to thank CTV for providing this opportunity for our staff to not only learn new skills — which will be invaluable as media continues to become more and more multi-faceted — but also to raise the profile of our paper in the greater Kitchener-Waterloo community.

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## Bag o' Crime

### Drugs

**Location:** Residence  
**Reported:** Monday September 10, 2012 @ 8:37 p.m.  
SCS attended to a residence in response to a complaint of suspected drug usage. Two patrolling Dons had encountered three males smoking marihuana at the rear of the residence. One was identified as an 18-year-old University of Waterloo student, and two 18-year-old WLU students. Inside the residence a small quantity of marihuana and some drug paraphernalia was seized for destruction. Residence Life staff will be dealing with the narcotics violation.

### Unwanted Person

**Location:** Residence  
**Reported:** Monday September 10, 2012 @ 8:37 p.m.  
An 18 year old male University of Waterloo student was evicted from a residence and trespassed from all WLU properties by a SCS officer after he had been caught smoking marihuana by a patrolling don.

### Proactive Initiative/Project

**Location:** Off Campus  
**Reported:** Monday September 10, 2012 @ 5:55 p.m.  
A SCS officer accompanied several W.R.P.S. officers, Waterloo Fire Dept. members and Waterloo By-law Enforcement officers involved in the 'Door Knock Program' in the immediate area surrounding campus providing residents of the community with pamphlets on safety tips and informative information.

### Graffiti

**Location:** Former site of St. Michael Campus  
**Reported:** Tuesday September 11, 2012 @ 1:18 a.m.  
A patrolling SCS officer discovered some illegible graffiti 'tags' that person(s) unknown had left on the door of the greenhouse. There is no CCTV camera coverage in this area. A work order was sent to Physical Resources for clean up and removal.

### Break and Enter

**Location:** Aird building Parking Kiosk  
**Reported:** Wednesday September 12, 2012 @ 1:48 a.m.  
While on patrol off campus, officers noticed that the sliding window at the Aird Parking Kiosk was missing leaving the area insecure. The booth had been broken into by person(s) unknown. Parking Services have been notified and the officer will attempt to establish if anything was taken.

### Drugs

**Location:** 12 Lodge St  
**Reported:** Wednesday September 12, 2012 @ 4:59 p.m.  
A special constable attended the area between the Career & Co-op Centre and 12 Lodge St after receiving a report of possible marijuana usage in the area. On arrival four males were observed smoking cigarettes on the stairwell leading from the Career & Co-op Centre to the rear of 200 King St. No odour of marijuana was detected. An interior check of 12 Lodge St was also conducted with negative results. No further action was taken.

### Property Damage

**Location:** Residence  
**Reported:** Sunday September 16, 2012 @ 12:59 p.m.  
A student's personal vehicle was struck by eggs by an unknown suspect. This Investigation is being conducted by WLU.

### Theft Under \$5000

**Location:** Nichols Campus Centre  
**Reported:** Sunday September 16, 2012 @ 4:50 a.m.  
WLU students were caught in possession of a sign that belonged to Wilf's pub, on Mid Campus Dr. One student was stopped and identified and the other fled with the sign. The sign was recovered a short distance later, investigation is be completed by WLU.

## Vocal Cord

When do you have the most luck avoiding crowds at the Athletic Complex?



**"The first two weeks are the worst, after that, it's not so bad."**

—Jack Malone  
Sixth-year, psychology



**"Later at night."**

—Kassia Czarski  
Second-year, music



**"Mornings and evenings are the best times."**

—Thera Barclay  
Second-year, music



**"1 p.m.."**

—Matthew John Kopansky  
Fourth-year, environmental studies

Compiled by Autumn Smith, Kelly McGahey and Trevor Herrell  
Photos by Kate Turner

Want your face in the paper? Look for the Radio Laurier Street Team who will be asking the weekly vocal cord question every Monday afternoon.

Cover photos by Nick Lachance (wine) and Kate Turner (football).

## This Week in quotes



NICK LACHANCE FILE PHOTO

**"Let's all go to the Dining Hall. And it's all on Jon [Pryce]!"**

—WLSU director Scott Fleming after chair Jon Pryce asked if everyone wanted to get food after the board meeting. Dining hall concerns were discussed at Friday's meeting.

**"[Students] think they come into communication studies and that you come out of it and you immediately get a job in advertising, or public relations or journalism — that's not true."**

—Penelope Ironstone, WLU communication studies prof

**"I should [go to church], but I don't know if I'll wake up for it."**

—Laurier running back Lance Freeman on scoring the game winning touchdown Saturday versus York

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# THE CORD

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In 2011 the Canadian Community Newspaper Association awarded The Cord second place in the campus community newspaper category.



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### Colophon

The Cord is the official student newspaper of the Wilfrid Laurier University community.

Started in 1926 as the College Cord, The Cord is an editorially independent newspaper published by Wilfrid Laurier University Student Publications, Waterloo, a corporation without share capital. WLUSP is governed by its board of directors.



Opinions expressed within The Cord are those of the author and do not necessarily reflect those of the editorial board. The Cord, WLUSP, WLU or CanWeb Printing Inc. All content appearing in The Cord bears the copyright expressly of their creator(s) and may not be used without written consent.

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The Cord has been a proud member of the Canadian University Press (CUP) since 2004. Campus Plus is The Cord's national advertising agency.



### Preamble to The Cord constitution

The Cord will keep faith with its readers by presenting news and expressions of opinions comprehensively, accurately and fairly. The Cord believes in a balanced and impartial presentation of all relevant facts in a news report, and of all substantial opinions in a matter of controversy.

The Cord shall uphold all commonly held ethical conventions of journalism. When an error of omission or of commission has occurred, that error shall be acknowledged promptly. When statements are made that are critical of an individual, or an organization, we shall give those affected the opportunity to reply at the earliest time possible. Ethical journalism requires impartiality, and consequently conflicts of interest and the appearance of conflicts of interest will be avoided by all staff.

The only limits of any newspaper are those of the world around it, and so The Cord will attempt to cover its world with a special focus on Wilfrid Laurier University, and the community of Kitchener-Waterloo, and with a special ear to the concerns of the students of Wilfrid Laurier University. Ultimately, The Cord will be bound by neither philosophy nor geography in its mandate.

The Cord has an obligation to foster freedom of the press and freedom of speech. This obligation is best fulfilled when debate and dissent are encouraged, both in the internal workings of the paper, and through The Cord's contact with the student body.

The Cord will always attempt to do what is right, with fear of neither repercussions, nor retaliation. The purpose of the student press is to act as an agent of social awareness, and so shall conduct the affairs of our newspaper.

Quote of the week:  
"Wait, I should pre first."  
—Photo Manager Kate Turner before playing the video game Splendor.

## NEWS

News Director  
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NICK LACHANCE PHOTOGRAPHY MANAGER

The wall that surrounds the Dining Hall has been a subject of debate since it has opened in O-Week.

## New dining hall system continues to be 'divisive'

Criticism, including a Facebook group, has been circulating

ELIZABETH DICESARE  
CAMPUS NEWS EDITOR

While many students at Wilfrid Laurier University have continued to rally against both the new dining hall's physical appearance and overall operational system, they have now been joined by upset professors and have come together to express themselves on a Facebook page entitled "Mr. Blouw, tear down this wall."

The creator of the Facebook page, a fourth-year WLU student who asked The Cord to remain unnamed, was hoping that students would come together and find a productive way to make their concerns heard.

"I feel like there were kind of multitudes of students who were interested in the idea of the wall as an aberration, [and] there was no sort of facilitation of those people," he stated.

"So I thought if we could set up anything that we could maybe move things along. We have about 300 people who are really adamant about bringing the wall down, which I think is a sizeable amount of students."

As of now, however, there are no immediate plans of action put in place.

The page is acting more as a rallying point to raise awareness, and if a sizeable amount of students show interest, something will be organized and carried out against Aramark and the Students' Union in order to bring about change.

"We will try and move forward to get what we want done, but we don't know what form this is going to take," he explained.

He also emphasized that he, as well as other group administrators, realize Max Blouw was not directly tied into the decisions regarding the changes to the dining hall.

"The fact that we put Mr. Blouw's name is not extremely significant, we are more concerned in targeting the administration and letting them know that we're watching what's going on, and that we're not pleased," he continued.

"In a way we're asking Mr. Blouw, who is the leader of our institution,

"I think it's really divisive, it divides first years from the upper-level folk..."

—Christopher Ross, a religion and culture professor at WLU

to perhaps put some influence into this."

There was also an initial surprise at the different types of people showing support on the page. While it was created with only WLU students in mind, there are now alumni, past food services workers and professors expressing their feelings via the group.

"We were surprised initially to see these different sorts of people, because we were gearing this towards students who are at the school, [but] we are getting exactly the sort of people we wanted, it's really the Laurier community," he said.

And others in the WLU community have started speaking out.

Christopher Ross, a professor in the religion and culture department at WLU, shared his unfortunate experience while attempting to eat in the dining hall with The Cord.

During orientation week he attempted to go into the dining hall, but was rudely escorted out because of a small bag he carried in with him.

"I was in a bit of a state of shock," he expressed. "I don't think you'll get faculty going in there because of practicalities."

Soon after being told the new rules and regulations of the dining hall, Ross contacted both David McMurray, the vice president of student affairs, and Kelly Ough, the director of residence dining and catering. While Ough did express an apology to Ross, he has yet to hear anything

back from her, or the regional director of Aramark, whom she said would also be in contact with him.

While Ross was displeased with his experience in the dining hall, he also expressed negative feelings regarding the new system in general.

"I think it's really divisive, it divides first years from the upper-level folk, it divides the upper-level folk between those who can afford it and those who can't," he explained. "It's corrosive of community, and makes it a little hollow if the person we've contracted out to thinks we're all potential food-thieves."

However, the Wilfrid Laurier Student's Union is maintaining that they are productively working with Aramark in order to ensure that all concerns and complaints regarding the dining hall are dealt with.

As of now, they have set up a Fix My Laurier account for students to voice any comments they may have.

"It's a text [and email] based program where you can submit your complaints, comments or feedback to the Students' Union about what [you see] around campus, and we filter those items through," explained Michael Onabolu, president and CEO of WLUSU.

"So what we're asking students to do is submit to Fix My Laurier any issues they are finding with the dining hall."

Onabolu also explained that the dining hall will begin selling some small items at the cash counter, such as sandwiches and small salads, for students to buy, rather than spending the entrance fee for the buffet.

However, he did state that the wall will remain standing in order for the business to run effectively, and that the no-bag rule will also remain in effect.

In terms of the Facebook page, Onabolu expressed positive feelings. "I think that the Facebook group is a response to change, [and] I think some of the issues students have raised in the group we have worked to address," he concluded.

"I encourage students to express themselves whenever they are having issues or have concerns, because that's the way we learn and grow and can make improvement."

## Urging students to take precaution

WRPS maintains community is safe

JUSTIN SMIRLIES  
NEWS DIRECTOR

Precautions for student safety don't just remain within the Wilfrid Laurier University campus. The Waterloo Region Police Services (WRPS) are urging that all students who live within the Waterloo community to take extra preventative measures to avoid assault, robberies and other incidences.

According to Matthew Halliday, the community resource officer for WRPS, more incidents have not been reported this year, but he still believes the chance of an incident happening is possible.

"Really, the opportunity can be there and it's just people do a few of those crime prevention techniques," said Halliday.

"Right now, in the past week, there have been virtually no cases that have come across my case in terms of assault," said Adam Lawrence, the acting dean of students at Laurier.

While there have been no major cases reported so far, Lawrence stressed that students, the university and the community has to be mindful of their surroundings to ensure a safe environment.

"We can say safety seems to be at an optimum right now, but we do need to be mindful of constantly being safe in everything we do," added Lawrence.

However, on Sept. 14, WRPS attended a bar in Uptown Waterloo where they arrested and charged a 20-year-old male for adding a noxious substance to a drink.

"The substance was never consumed and no one was injured as the result of his action," said sergeant E. Jemol at WRPS.

Jemol urged patrons at bars to be conscious of where they leave their beverages and to check it before consumption.

Last February and March, the Northdale neighbourhood

"Even being aware of their surrounding and looking up as you're walking around is very important."

—Matthew Halliday, community resource officer for WRPS

experienced a number of robberies at gunpoint, which were later discovered to have been done with fake guns. Regardless, Halliday mentioned that the threat is always around.

Halliday noted that one of the most important things to remember that when walking around the Waterloo community is to be aware of the surroundings. "Even being aware of their surroundings and looking up as you're walking around is very important," he added.

Lawrence explained that the increase in police presence and safety measures are a result of the increasing relationship between the university, the police services, the city and the Town and Gown committee Laurier sits on.

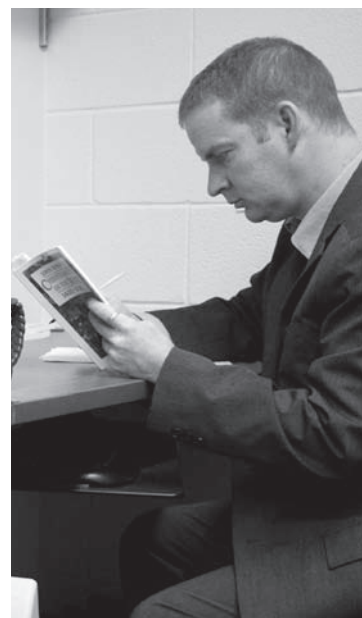
"What I've just seen in the past couple of weeks, the police and their relationship with the Town and Gown committee ... it's getting that much better where there is that 'working together' approach," continued Lawrence.

Halliday doesn't believe that incidences occurring to students have been becoming more of an issue.

"Students are here for four years, but we're not really considering them visitors, they are part of our community," he said.

More news inside:

On tour

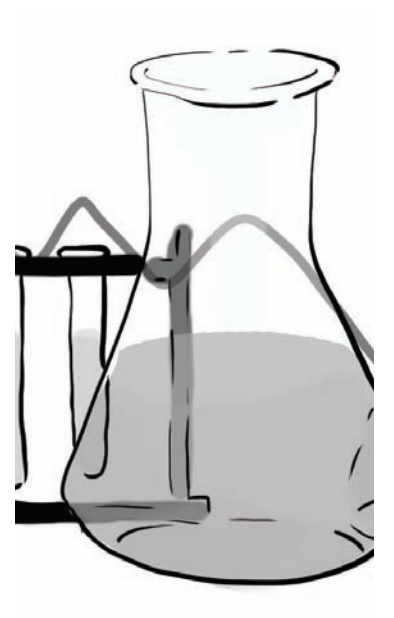


NICK LACHANCE PHOTO MANAGER

Laurier prof starts up European touring business

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Sci matters



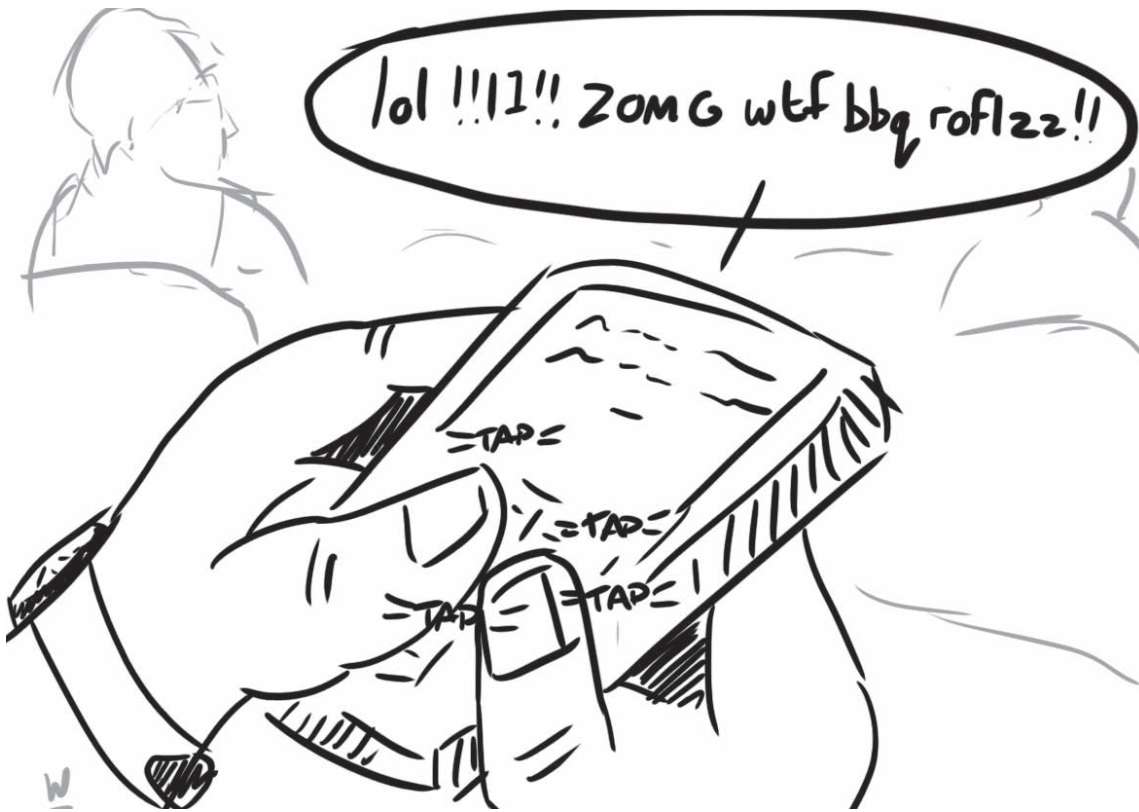
STEPH TRUONG GRAPHICS EDITOR

Report calls for a focus on science in schools

National, page 9

# CAMPUS

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WADE THOMPSON VISUAL DIRECTOR

Texting and internet use is becoming a noticeable distraction when it comes to academic writing.

## Impact of technology at WLU

MARISSA EVANS  
LEAD REPORTER

An article recently published by the CBC entitled "How Texting is Putting the Squeeze on Academic Writing" examined the question of whether texting is negatively impacting the ability of students to write in formal situations. Educators in the article had differing opinions when attributing issues in academic writing to texting and social media.

However, according to the Laurier Writing Centre, the state of academic writing at Wilfrid Laurier University doesn't seem to be affected by texting.

"From personal experience I don't see texting having an effect on academic writing," explained Boba Samuels, a writing consultant at the Writing Centre.

Samuels continued by saying she hasn't seen a decline in the quality of academic writing at Laurier.

"If you think about texting, it's all about getting the message out there right now, it's not about thoughtfulness," she said. "It's nothing like academic writing, so it doesn't really make sense that it would have huge effects on it."

Emmy Misser, manager of the Writing Centre, agreed that it's doubtful that texting is directly affecting students' academic writing.

"One thing we do notice when we work with student writers is that any distraction is going to be

"If you think about texting, it's all about getting the message out there right now, it's not about thoughtfulness."

—Boba Samuels, writing consultant

detrimental and text messaging is one of many possible distractions," she explained.

It could be that texting is a scapegoat for a problem in literacy that isn't being addressed. Samuels explained that teachers aren't being given effective methods of teaching students about grammar and language.

"There needs to be a new generation that takes a genuine interest in it," added Misser. Beyond this, Misser said that "if there's a problem in students' writing, it's that they're not reading enough."

Samuels said that she has noticed a definite decline in reading, which she attributed to an increase in forms of social media. In turn, this is affecting the vocabularies of students, of which are imperative to

their university career.

Misser said that vocabulary comes down to a few things.

"How quickly do you get through the assigned readings and how willing are you to look things up. Are you looking them up on any old online dictionary or do you have actually a reputable dictionary by your side from a publisher that's done the research that stands behind it. Are you willing to do that kind of groundwork to extend your vocabulary," were some of the questions she posed in explaining how students carry out steps to fully understanding their work.

Providing students with an overarching tip, Samuels said, "I would say that the single best thing you can do is to read more. Read more and read from a variety of sources."

The Writing Centre is also an available resource to students who are looking to improve their writing.

"We teach students to recognize recurring features and then talk about what purpose they serve, so they can rationalize making changes themselves if they have a slightly different purpose," explained Misser.

"There's so much more to academic writing than surface errors," she said. "Unless those structures are in place that show the reader what your ideas are and how you support them, you're not going to get very far even if every surface error has been eliminated, and that's a big step for students to understand."

## Admissions up, arts down

For the second year, arts faces slight dip

1,440

2011/12 arts enrolments

72%

2011/12 entrance cut-off for arts

1,356

2012/13 arts enrolments

74%

2012/13 entrance cut-off for arts

JUSTIN SMIRLIES  
NEWS DIRECTOR

Similarly to last year, the faculty of arts at Wilfrid Laurier University suffered a slight dip in enrolment for first-year students for 2012-13. While the drop isn't alarming — from a figure of roughly 1,440 at the end of the 2011-12 academic year to a number of 1,356 for the intake for this year — discussion has arisen about how the faculty of arts can appeal to and retain more students.

The faculty of arts at Laurier, however, is still the largest faculty on campus with around 6,000 students. The intake of first-year arts students in 2011, according to the registrar's report, was 1,628. In 2010 that figure was 1,708.

This year's numbers won't be finalized until Nov. 1.

"[This is] a bit strange because we were keeping to that number [of last year's enrolment] until a couple of weeks before classes," explained Michel Desjardins, Laurier's acting dean of arts. "And we attribute that to the rise in averages."

Last fall, the faculty of arts raised its entry level average for high school students from 72 per cent to 74. Desjardins expected that there would be a drop.

"Generally enrolments in universities seem to be higher this year than last year," he continued. "So in that context, what we're seeing in the faculty of arts is, I wouldn't say unusual, but it's not consistent with what we're seeing elsewhere."

Despite the slight dip in numbers for this year, the faculty of arts has seen an increasing interest and enrolment in its communication studies program, which 25 per cent of first-year arts students labelled as their major.

"This is actually a result of the changing economy and the changing world where communication studies really seems to speak to people as the liberal arts degree of choice," said Penelope Ironstone, a communications studies professor and the chair of the department at Laurier.

"It seems to connect to some of them a little bit more closely to where they want to be."

The value of an arts degree, especially in terms of future employment for graduates, has been under debate in many academic circles for the past decade. While Desjardins believes that an arts degree has value equivalent to that of science or business, he mentioned how he was "surprised" that arts still shows strong numbers at Laurier and at other universities.

"Generally speaking, students are still coming to do the arts degrees."

—Michel Desjardins, acting dean of arts

"I'm frankly surprised with how many students come despite all the negative news," said Desjardins. "Generally speaking, students are still coming to do the arts degrees. I think what's happening is that we're sometimes losing certain kinds of students, because those students who would before have done arts degrees might be going to do business or an applied science degree or something because of the economic realities."

"We're not worried about the slight drop in enrolment, we're happy actually that the numbers have stayed strong," he added.

In addition, Desjardins said that the faculty of arts, if the chairs of each department agree to it, would raise the minimum entry average to 75 per cent.

The recent decision to drop anthropology from a department to a program, according to Desjardins, did not have an immediate impact on the dip in enrolment.

"It's not going to immediately have an impact but I worry for the future," he said.

Ironstone explained that the arts faculty has a lot to offer prospective students, but marketing those offerings need to be stronger. However, since the dip is so minimal, Ironstone thinks it can actually be beneficial.

"We have gotten into the habit of doing a really good job of speaking of other places and forgetting the faculty of arts. We promote music, we promote business, we promote new science programs and we have sort of forgotten about the faculty of arts," she said.

"We have grown so much over a long period of time that probably having a moment to take a deep breath to catch up, is not a bad thing. So by being down by a couple hundred students is actually an opportunity."



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# Students express need for more space

—cover

Lounge, Concourse and Terrace. While the recent dining hall renovations have caused some controversy among students, due in fact that the “infamous wall” - as mentioned by McMurray - limits the number of students who can access the hall for purely academic reasons.

McMurray expressed that a lot of students said that the dining hall was not a favoured study space.

“Returning students responded that they’ve taken study space away [and] what we are going to do, despite the fact that it hasn’t be full, we want to make sure that its accessible for study,” he added.

Those plans include a divider that will section off the food part of the dining hall after hours and open up the remainder of the seats for studying purposes.

Although the university staff is positive about the study space solutions, students are still concerned about it.

“Absolutely,” said Brandon Wilkinson, a fourth-year geography major, when asked if there was a lack of study space on campus. “We have way too many students for the

space we have available.”

Patrick Donnelly, a fourth-year business student, agreed. “We need to utilize space that isn’t being used.”

Donnelly mentioned the idea of the Turret being turned into a temporary study area when it is not hosting its array of events.

McMurray added that utilizing the turret was a good idea for students.

“I think it might be then, a question for the Students’ Union, to think about, ‘is that an idea [for] during high peak study demand times,’” he added.

“They’re not really catering to the general study body,” expressed Wilkinson.

Other solutions for the limited study space can be found on campus, said McMurray, students just have to look for it.

“When a classroom is empty and the door is open, you can go and sit down and study if you want,” he said.

He also listed other spots on campus, like the Hawk lounge in the Athletic Complex, or the empty computer labs scattered in numerous buildings.

“It would be interesting to get a

“It would be interesting to get a real feel from students about how personally aware they are of all these multiple spaces.”

—David McMurray, vice president: student affairs

real feel from students about how personally aware they are of all these multiple spaces,” McMurray continued.

To follow up on that idea, he purposed that the university take an inventory of all the study spaces on campus and make the results public to the students, as well as a survey from the student population, to find out their opinions on the issue.

For right now, McMurray said: “[We are] looking at existing space that is used and trying to decide how it might be maximized.”



COURTESY OF KATHY ABSOLON-KING

Aboriginal field study students were able to experience new culture



NICK LACHANCE PHOTOGRAPHY MANAGER

WLU’s campus has become increasingly congested, which has resulted in less study space for students

## Field course allows cultural experiences

MARISSA EVANS  
LEAD REPORTER

Graduate students from the Aboriginal field of study at Wilfrid Laurier University spent last week in the bush as part of the program’s culture camp. Spanning from Sept. 9-14, this is the first course students take as part of the Aboriginal field of study program, a masters of social work program.

Exposing students to cultural learning processes, culture camp is an opportunity for students to be immersed in the indigenous worldview beyond the classroom.

“It takes them back to our teachings of the land and exposes them to a holistic healing approach,” explained Kathy Absolon-King, interim program coordinator and associate professor for the Aboriginal field of study.

“It also helps them to build relationships with each other.”

Dean of the faculty of social work, Nick Coady, commented on the program as a whole.

“I would say personal and academic development are more interwoven in the Aboriginal field of study. I think that’s something that our other fields of study might learn from,” he said.

Ten students were in attendance for the full five days, participating in such activities as building a sweat lodge, making a hand-drum and fashioning moccasins.

The camp as a whole including these projects is foundational to the rest of the program.

The hand-drum is carried with students throughout the duration of the program, enacting a healing tool just as a stethoscope is to a medical student.

The moccasins are to be used in the circle room -- a round classroom which belongs to the program.

Absolon-King described the process.

“They will symbolically put on

their moccasins when they come into the circle room and step into that indigenous based learning process,” she explained.

Space was rented from the Pierce Williams Christian Centre, which the culture camp has been using for the past few years.

“We have it on one of our wish lists for the program to get land... so we can create more of a permanent place for our culture camp,” expressed Absolon-King.

Echoing this desire was Jean Becker, senior advisor for Aboriginal initiatives and elder for this year’s culture camp.

Becker worked with the camp for four years since it began in September 2006.

Her involvement this year allowed her to see how it has developed.

“[Students] were so ready to participate and engage in what we were doing. It really was like they started at a whole different level than the earlier program students did,” said Becker.

“I felt there was a real development, so I was really happy to see that.”

Absolon-King said that this year’s camp ran smoothly.

“We introduce [students] to a lot of things in the week,” she continued.

“We keep them really busy, which means we’re really busy. So at the end of the day we’re tired, but it’s a good tired.”

According to Absolon-King, the student response has been positive thus far.

Becker noted students are appreciative of having this experience at a post-secondary institution.

“We had a student who phrased it well: ‘This is the first time I’ve done a university program where I didn’t have to leave myself at the door,’” quoted Becker.

“I think that’s really indicative of the need to have these kinds of programs for students.”

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# Unreliable CAS contracts spark independent tour company

ELIZABETH DICESARE  
CAMPUS NEWS EDITOR

While Jason Sager, a part-time history professor at Wilfrid Laurier University, has been lucky enough throughout the past few years in securing work, he has recently stretched out from his academic profession and started up a tour company with a friend, Chris Enns, called Capetian Tours.

While he has secured academic work for the upcoming year, the future still remains unknown.

"One of the difficulties faced by any non-tenured academic is finding enough work," said Sager. "It is not uncommon for someone to work at one university one year and then have to move elsewhere because the courses they taught, for whatever reason, are not available and thus they need to move elsewhere."

And even if contracts are found, contract academic staff (CAS) work still poses many difficulties.

CAS professors only get paid \$7,000 per class they teach, unless they hold seniority, which results in a slight bump up to roughly \$7,200 per class.

And with cuts to arts departments becoming quite common, less work for contract academic staff is available, and prospects are bleak.

As a result, Sager's desire to start a tour company became two-fold.

"Mostly because it's been an idea I've had for quite a while and I thought it would be fun to use the skills and knowledge I acquired for something else," Sager explained. "While I still love what I do which is why I have stayed with it for as long as I have, I think starting a tour company that specializes in historical and cultural aspects of Europe

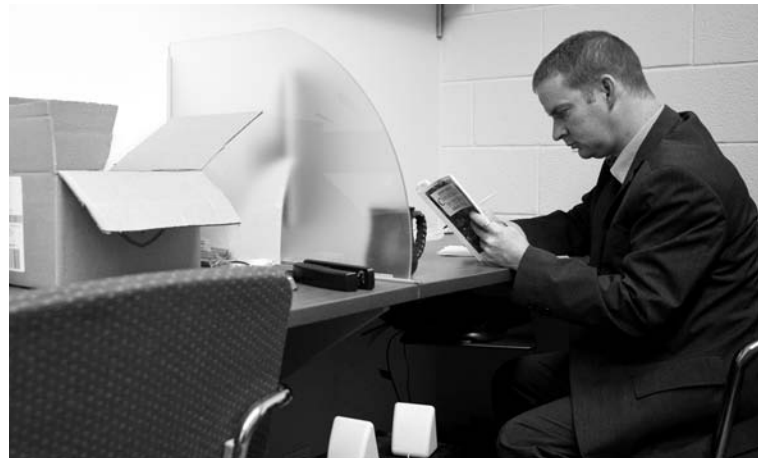
lets me broaden my horizons, [and] I really think that in this economic climate it's important to remain flexible."

With Capetian Tours, Sager hopes to blend elements from his teaching experience into his tours.

"In some ways giving a tour is not all that different from giving a lecture: you still need to give your audience the information about what they are seeing, whether it be a gothic cathedral or some important event that took place where they happen to be standing," he stated.

"In a classroom, you need to be able to not only convey information but convey it in a way that hopefully generates an interest to learn more; this is one of the reasons I like giving tours, it allows me to present the things I really enjoy to other people."

For now, Capetian Tours is only a summer project where Sager gives



NICK LACHANCE PHOTOGRAPHY MANAGER

Jason Sager working in his shared CAS office on Laurier's campus.

tours of France throughout his off-months. In the future, he is also hoping to expand into other parts of Europe.

"Our ultimate goal is to create more lengthy tours throughout Europe based on cultural and historical themes, for example one of the tours in the planning stage is a 'Song of Roland' tour which would be based on the medieval romance where

we would take people throughout southern France and northern Spain," he explained.

However, for the time being, Sager hopes to continue to dedicate the majority of his time to teaching.

"I see the next couple of years laying the groundwork; if we are successful, then perhaps a transition into this may become a reality," he concluded.

# Laurier prof analyzes stereotypes of Muslim youths

KATELYN CULLUM  
LEAD REPORTER

Earlier this month, Wilfrid Laurier University sociology Professor, Jasmine Zine, spoke about her research on Muslim youth post 9/11 and the negative stereotypes that this "war on terror" has created for them.

While talking with over 100 Muslim youths across Canada, Zine has conducted vast research on this topic, focusing on how Muslim youth are "being securitized."

"There were these ways in which Muslim youth were being constructed in the media and by the security communities [that] certainly filters sometimes into the public," Zine

said. "I was interested in how that affected their sense of citizenship, identity and belonging in Canada and ways in which they resist that."

Zine became passionate about this issue specifically after the attacks on Sept. 11, 2001.

Zine then expressed that her interest stemmed more specifically in Canada because of the "Toronto 18 case, [which put the youth] as sort of the enemies within and potential domestic terrorists."

The Toronto 18 case refers to an anti-terrorism case in the summer of 2006, where 18 individuals from the Greater Toronto Area were arrested due to suspicion of terror. Seven of these people admitted

guilty to the charge, four men were convicted and the charges against the seven other individuals were either dropped or remained.

Zine explained that some of the youth she talked to expressed that they were nervous giving in to these connotations. They worried about what kind of jokes they could say in public, were skeptical of the type of violent video games they should be playing and were concerned about whether or not it was appropriate to engage in a simple game of paintball.

Zine explained that some of the Muslim youths she has talked to have found art as a positive outlet for their resistance.

"[It's] another way of claiming voice in politically turbulent times," she added.

She elaborated on one comedy group called Conflict Relief, that is made of up of Palestinian and Israeli youth that aims to "bridge the gap between what is happening politically." Other groups and individuals focus on poetry and art as ways to express their stance on the issues at hand.

Laurier does house a Muslim Student Association club, and Zine had the chance to talk to some of its members in regards to her study.

"In the last year, I have done interviews with some of their members, they have been very

cooperative," she said.

"Unfortunately I think some of these kinds of stereotypes will persist because they've actually been around, they're not new," Zine added.

However, Zine believes it's a positive step in the right direction.

"Youth [are] beginning to comprise part of the counter public sphere and [by] us being very engaged in creating new narratives, in creating their own kinds of cultural productions in ways that can counter those representations, [it is a positive thing]," Zine concluded.

"If that continues to grow, then I think that's what we need to encourage and to support [Muslim youth]."

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KATE TURNER PHOTOGRAPHY MANAGER

Bruce Riedel lectures on 'Obama, Romney and Iran' to a large crowd at the Centre for Governance Innovation campus auditorium.

## CIGI hosts former US agent

Middle Eastern expert Bruce Riedel gives lecture on timely issue of US-Iran relations

**RAVI BALAKRISHNAN**  
CORD NEWS

Last Thursday, as part of the Centre for International Governance Innovation (CIGI) signature lecture series, Washington insider, former CIA analyst and Brookings Institution fellow Bruce Riedel addressed a local audience on the state of Iran's political affairs. This lecture came just days after the Canadian government, in an unprecedented political move, severed diplomatic ties with Iran.

The title of Riedel's lecture was "Obama, Romney, and Iran" and he spoke about the topic frankly to the Canadian audience, despite having worked as an advisor to the Obama Administration.

Riedel was onboard the Obama campaign from the very early stages.

"The Obama foreign policy team would have very comfortably fit on this stage, we were a very small group of people; that's no longer the case I'm happy to say," he said. "So I

don't come here as a disinterested or dispassionate observer."

Riedel started off by clarifying, "This election campaign, like most election campaigns in the United States, is not about foreign policy. Bill Clinton famously said, 'it's the economy, stupid' and it is the economy, stupid, again."

He went on to explain that previous controversial and key issues, like the war in Afghanistan, are essentially irrelevant in this campaign.

Despite its alleged insignificance to the voters, Iran has been a hot-button issue in American politics since 1979, when 52 American citizens were held hostage in the country for 444 days shortly after the Iranian Revolution.

"When you look at it, the difference between the two candidates is a little hard to describe to the objective eye," Riedel reflected. "Both President Obama and Governor Romney are very, very tough on the issue of Iran. Both say Iran cannot be allowed to develop nuclear

weapons."

Most serious of all are the implications of the fact that both parties have made clear that all options are on the table, Riedel continued to explain, "Which is code word, of course, for going to war."

Riedel noted that the Iranian army, however, is far less advanced and comparatively weak to the United States.

"The Iranian army is not a modern industrial army with advanced weapons systems. The only military ally that Iran has in the world today is Syria. Not exactly a stronghold of military force to begin with and certainly not one today after 18 months of civil war," Riedel elaborated.

Despite shared sentiments by both US political parties on dealing with Iran, Romney has heavily criticized Obama in his handling of the Iran situation, citing it as his greatest failure as president.

Romney has also suggested Obama has thrown US ally Israel, "under the bus."

Israel, according to Riedel, is the "third person in the bedroom" in the United States' relationship with Iran, acknowledging that Obama and Prime Minister of Israel, Benjamin Netanyahu, admittedly do not have the greatest personal chemistry.

He countered, however, that the US and Israeli security relationship over the last four years has been stronger than it's ever been.

Riedel also made an important distinction between using suicide bombers, and being a suicidal state. He says even though Iran uses suicide bombers, based on what was made clear in the Iran-Iraq war, Iran is not a suicidal state and is interested in self-preservation.

He concluded, "The Islamic Republic of Iran is pretty hard to intimidate, these people are not easily scared, and they're not easily pushed around. Military threats, military actions, the threat of war and the use of war, do not easily intimidate Iran."

## U of W cheating scandal

Student, prof caught plagiarizing

**KATELYN CULLUM**  
LEAD REPORTER

Academic integrity and honesty, two of the University of Waterloo's (UW) most defining values, are being called into question amid a plagiarism scandal that has plagued the university in recent weeks.

Dongqing Li, a professor at UW, who holds the Canada Research Chair in microfluidics and nanofluidics, and Yasaman Daghighi, a graduate student of UW, nearing completion of her PhD, issued a retraction earlier this summer, regarding a 2010 article that was published in Li's journal, *Microfluidics and Nanofluidics*, titled "Induced-charge electrokinetic phenomenon."

Li had formerly been the recipient of over two million dollars in federal research grants. He had also been promised an additional \$700,000 in funding for science research.

According to this statement, which can be found through Retraction Watch, a website that tracks retractions, "The article has been retracted by request of the authors."

Furthermore, the retraction stated that "unaltered text" was taken from a research paper originally from scientists at the Massachusetts Institute of Technology and the University of California in Santa Barbara. In addition to the unaltered text, there were also issues with proper referencing.

So far, Li and Daghighi have declined to make statements.

While UW has remained relatively quiet in regards to this retraction, and consequently the affects it will have for the academic institution, Tim Jackson, vice president of university relations at UW, commented on the broad values and procedures the university has in effect for this type of academic misconduct.

"When we became aware of the allegations, we dealt with it through our regular process, which starts with the department, then the faculty, then senior leadership," Jackson said.

"I think the university has been very clear that academic integrity and honesty are defining values for us as an institution, so that's the message that we've been trying to deliver to the media."

Consequences for truthful allegations range in severity.

"In the case of a faculty member, they would range from a written reprimand to dismissal with cause," expressed Jackson.

"In the case of a student, again it could range from a letter of reprimand to an expulsion or if they had already been granted their degree, we could revoke the degree."

While both Li and Daghighi were unavailable for comment, and Jackson could not "speak for them," it was made clear that the allegations are being taken very seriously.

The university has vowed to be as open as possible during this process and uphold their beliefs in academic integrity and honesty.

Jackson also declined to comment on the specifics of this particular case, because it "would jeopardize the integrity of this process."

Jackson concluded, "We will communicate, in accordance to our policies, we've made a commitment, that we will be as open and as transparent as we can on the matter, [and] we are dealing with it and we will communicate as we can."

## Local businesses rally after fire

—cover

has been overwhelming. "Experiencing it first hand is amazing and the turnout is just unbelievable," he said.

"It's very humbling to see that kind of support."

While Koehler spoke particularly of their sympathy toward the loss of a fellow local business, he also acknowledged the gravity of the situation for others involved, including the two tenants who lived above the restaurant and "lost everything." One occupant, according to Koehler, left with only his wallet – a devastating loss for someone who worked from home, with his laptop and potentially his livelihood both victims to the blaze.

The benefit concert, Koehler elaborated, isn't just for Ish and Chips, but "for everyone that lost something in the building."

Mytnik wasn't aware of any progress made in determining the cause of the fire, having been told by the Waterloo Fire Department to expect the investigation to take between eight and ten months. He could confirm that the fire did not

start at Ish and Chips.

While Mytnik said that the restaurant hoped to rebuild as soon as possible, he acknowledged that both the restaurant and the property owner would have to deal with insurance obstacles, acquiring permits and construction time.

"If we could get started on building tomorrow, give me some nails and hammers and I'll go up and put up a building tomorrow. But there are legal issues, there's a process for that," he explained.

While the family does have insurance to cover some of their costs, Mytnik isn't sure how long they could wait to rebuild. In the meanwhile, he's working on another project to have a food truck that will travel throughout Uptown and around the university core.

The benefit, however, gives him hope that they'll be able to withstand the time it takes to rebuild.

"If it's a significant amount [of money raised], my parents will be able to tough it out for the next little while and make some plans and come up with a solution," Mytnik said.

The event will take place on Sept.



JUSTIN SMIRLIES FILE PHOTO

The origin of the fire, which happened on Aug. 23, is still unknown.

20 at Starlight, with doors opening at eight o'clock and music starting an hour later.

Local musicians who have volunteered their time will be featured, including Saigon Hookers, Shawn Kellermen and Daddy Long Legs, among others.

Those who attend are encouraged

to pay what they can at the door and will also have the opportunity to purchase raffle tickets for items donated by local businesses.

All money from the door and raffle tickets, as well as a portion of drink sales, will be divided between the building tenants and the owners of Ish and Chips.

# City happy with Open Streets outcome

Changes made to this year's events, formerly titled "Car Free Sunday," were considered a success

ALANNA FAIREY  
LEAD REPORTER

Celebrating their second year promoting sustainable living within the community, Open Streets will be discussing the possibility of returning to Uptown Waterloo this upcoming summer.

Open Streets, originally named Car Free Sunday, promoted self-sufficiency by closing off King Street for three hours once a month on a Sunday during the summer to allow Uptown West businesses, sports demonstrations, various vendors and local eateries to open for the public.

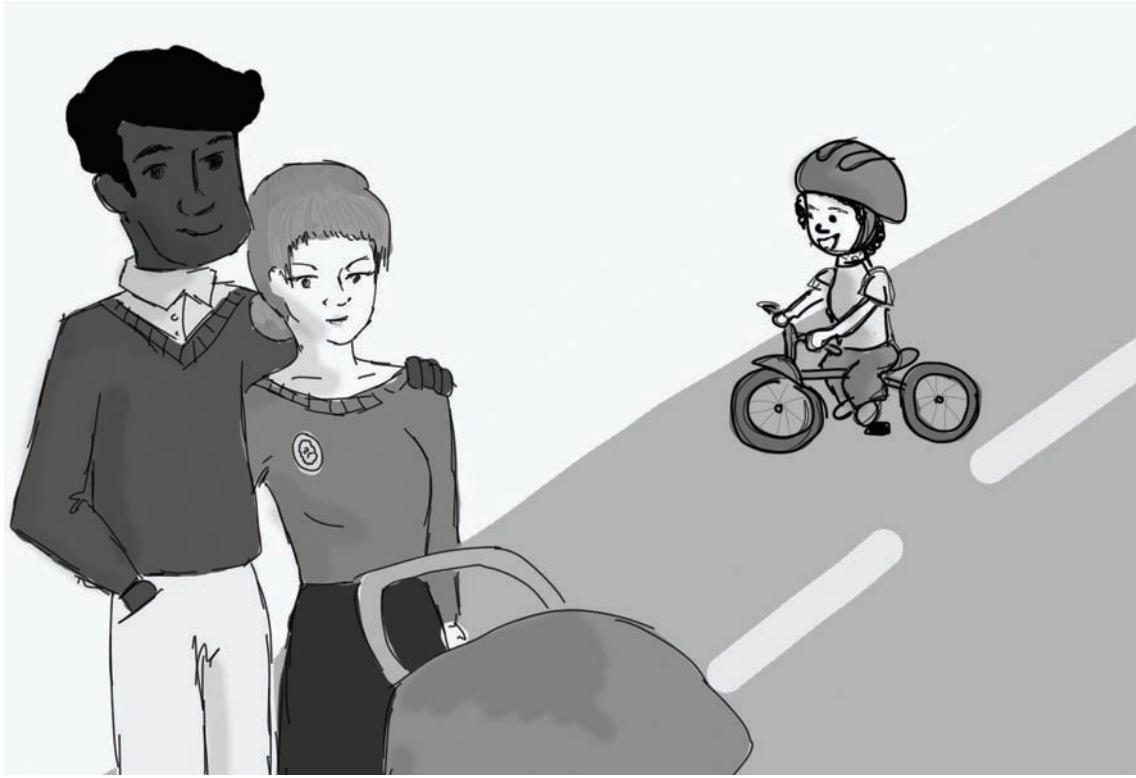
Melissa Durrell, city councillor for Ward 7 in Waterloo, started the event in 2011 after being inspired to help sustain the environment. She soon brought a small group together, who then helped Durrell create the event, in the first of which occurred in June 2011. She helped to run the event last year.

However, her role had changed this past summer.

"This year, my role dramatically changed," Durrell said. "The city council voted to put in a board of directors, so I worked with the volunteers."

Last summer, Open Streets was previously run by the city, especially by Durrell. This differs in comparison to this year as volunteers then ran it from the board of directors, whom Durrell referred to as her "dream team."

Rather than running the event on



Open Streets saw King Street closed to traffic and open to pedestrians to promote sustainability.

STEPHANIE TRUONG GRAPHICS EDITOR

her own, the volunteers were able to take on more tasks to reflect the openness of the organization. Another major change this past summer was the funding model for the event.

"There was \$15,000 of sponsorship money put into funding this event and there was kind support from the community as well,"

Durrell shared.

Andrew Dodds, director of Uptown Business Relations for Open Streets Waterloo, was given the task of introducing himself to all the businesses that would partake in the Open Streets events.

Throughout the process of planning for the proceedings of Open Streets, Dodds acted as a liaison for

them to address any questions or concerns. "I would also encourage these businesses to take part and I would help them figure out how they can take part for the event," Dodds said.

In 2011, Kitchener was previously involved along with Waterloo for Open Streets. However, Kitchener unexpectedly dropped out of Open

"We are doing everything we can to make it better and we are going to move forward."

—Andrew Dodds, director of Uptown Business Relations for Open Streets

Streets this year and it is unknown if they will participate with Waterloo in the future.

"I think Kitchener had an unfortunate experience with it," Dodds reasoned. "I can reassure that we are doing everything we can to make it better and we are going to move forward."

Durrell emphasized that Open Streets was created for the community and symbolizes togetherness. "We welcome Kitchener to be apart of this and we welcome Kitchener residents to come and be a part of Open Streets," Durrell said.

"If Kitchener wants to join us we would be happy to share with them what we've learned and we'll help them to make it successful."

A meeting with the council will be taking place in late November to discuss the possibility of Open Streets returning next summer.

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## K-W in brief

### New MPP starts position, officially

Newly elected Member of Provincial Parliament Catherine Fife is being sworn into her position on Wednesday, Sept. 18.

The NDP representative was elected in a byelection that took place on Sept. 6. She came out ahead of Conservative candidate Tracey Weiler and Liberal candidate Eric Davis, after a highly contentious race. Ten candidates in total vied for the position.

The outcome took away Liberal hopes of a majority in the province, although they did win in Vaughan, where a byelection was also held simultaneously.

### Man caught going over twice highway speed limit

A 30-year-old man from Kitchener was caught by police driving 222 km/hour on the 401 last Monday. He was located west of Port Hope.

The black Chevrolet Cobalt was seen from the air by Provincial police doing aircraft enforcement. The driver, when pulled over, was also found to be possessing marijuana, and was charged with possession under 30 grams.

The driver's vehicle was impounded and his license was revoked for seven days. He has also been charged with dangerous operation of a motor vehicle.

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CREATIVE COMMONS

Recent OECD report demonstrates that postgraduates are in need of more job opportunities.

## Job search a struggle

From 2011, unemployment rate for students is up 20 per cent

**ALANNA FAIREY**  
LEAD REPORTER

When Noelle Morgan-Evans graduated from college, she assumed that it would be easy to find a job. However, she soon learned that it was not the case.

"Conversations with people in my life such as professors, advisors and family members made me believe the job market was ready," Morgan-Evans said. "My expectations were not that it would be difficult and almost impossible to find a well-paying job with all the necessary benefits."

Morgan-Evans, like many other postgraduate students in Canada, is struggling to find a job upon completion of school. In comparison to 2011, the student jobless rate has increased by almost twenty per cent.

A recent OECD report claimed that while Canada attracts many young adults to post-secondary school, Canada has to improve on finding work for postgraduate students.

"Jobs that have rejected my application mostly note that I was inexperienced," Morgan-Evans shared.

"It was made clear to me that to simply have my undergraduate degree is simply not enough."

National director of Canadian Alliance of Student Associations (CASA) Zach Dayler agreed that Canadian students are now struggling to find employment due to the

economic downturn five years ago, which caused older working individuals, many of whom had planned retirement investments, to remain in the job market longer.

"Unfortunately, those jobs have been delayed because of the retirements that have been happening," Dayler explained. "As well, you also have recent legislative changes where they raised the age of retirement."

He added that employers have to better understand young people's need for valuable experience. As well, he emphasized that employers also need to realize that hiring students is not free labour, as they should be giving them work and contributing to the economy.

The best advice that Dayler can give to students who are hoping to pursue a postgraduate job is to get involved either in campus or off campus, as most employers pay special attention to extracurricular activities and see that the student is not afraid to put himself or herself out there.

He also stated that the government needs to play a role in the changes.

"The government has to make employment for students much more accessible," Dayler added. "Every level of government is responsible for the education of our students and creating more jobs for them as well."

Jan Basso, director of

co-operative and career development at Wilfrid Laurier University has had a number of students come daily to her, expressing their concerns about the lack of job opportunities after graduation.

"There are definitely students who come to the career centre in their final year and they're stressed because they don't know what they want to do," Basso shared.

"Helping them understand career development helps to reduce the anxiety and gives them the tools to understand how to be effective in their job search."

Basso emphasized the importance of students meeting with their career centre, as the students can gain access to multiple resources that will help make the job search easier once they have graduated.

"Some students use their degree to define themselves, which can be limiting, and people need to think about what skills they have to offer and not necessarily create tunnel vision. Employers are looking for people with skills so it's matching that skill set to what that employer is looking for. Students need to re-frame and think about the kinds of skills that they have to offer," Basso said.

Basso also said that while most jobs require a graduate degree, she also stressed that there are still job opportunities that require an undergraduate degree.

## Students lacking interest in science

**LINDSAY PURCHASE**  
LOCAL AND NATIONAL EDITOR

A diminishing lack of student interest in science could have negative implications for future job markets, according to Spotlight on Science Learning: A Benchmark of Canadian Talent, a report examining youth engagement with science.

The report reflected in part a study commissioned by Amgen Canada and charitable organization Let's Talk Science which evaluated student interest in science, technology, engineering and math, while also exploring performance ratings, whether the value of this type of learning is understood and how this will impact future job needs. The Angus Reid study revealed that from ages 12 and 13, to ages 17 and 18, interest in science falls by 20 per cent. Additionally, 39 per cent of students reported expectations that science would not be relevant to their future careers.

Bonnie Schmidt, the president of Let's Talk Science, said the report was intended as a way to invoke "a national discussion on the kinds of learning opportunities we want our young people ... to be able to experience."

She explained, "We look forward into the next ten and 20 years [and] it's become very clear that increasing numbers of jobs that are being projected do require a background in science and mathematics, and if we're going to take a look at the people who are going to be ready to embrace those jobs a decade out, they're in school now."

Schmidt regards the issue as one with a highly complex array of contributing factors. While families have a role to play in understanding the importance of these subjects, she said, the onus is also on schools to provide sufficient learning opportunities for students.

"We need a better dialogue, I think, between work and education to ensure people understand where and why, what's the relevance of it," she added.

"I think students to a certain degree are wising up about the idea of going to college, or more so, going to university, is not necessarily seen, I think, as a means to an end, as much as it was, anymore," countered Zach Dayler, the national director of the Canadian Alliance of Student Associations (CASA). "So what you're seeing is students being a little bit more strategic."

He acknowledged, however, that there is a general recognition from students in the advantage of pursuing studies which contribute to the development of "applicable skills" rather than solely for the advent of knowledge.

While the report did not make any particular recommendations, others have suggested increasing the amount of compulsory science classes for high school students. Only two years of science are required, compared to a mandatory four years of English.

"Mandatory is always a tough word because you have to give people the freedom to explore themselves ... you never want to stifle the pursuit," Dayler considered.

Government funding toward science, technology and finance, "Has a higher likelihood of probably yielding better financial results in the innovation sector than probably investing in other areas, so for the government it's an idea of investing in something that's going to contribute and build your labour force," Dayer noted.

"Investing in the arts, while it does a lot to service the community and great innovations and wonderful things can come out of it, it's not necessarily the most direct way to maybe put people in a job."



STEPHANIE TRUONG GRAPHICS EDITOR

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Presented By:

# BC plan funds Aboriginal education

Action Plan will provide much needed financial assistance, but concerns about 'red tape' still present.

**MICKI COWAN**  
CUP B.C. BUREAU CHIEF

The BC government announced in June its plans for increasing aboriginal involvement in post-secondary institutions — a move which is greatly needed, according to one First Nations post-secondary liaison and student.

On June 12, the Liberal government released its Aboriginal Post-Secondary Action Plan, outlining goals and objectives to increase aboriginal involvement at higher education institutes across B.C. until 2020.

The plan includes funding a number of initiatives such as a \$16.2 million this year for financial assistance to aboriginal students.

Most of the money goes towards creating partnerships between post-secondary institutions and aboriginal institutes and communities, as well as implementing programs and activities as part of the Aboriginal Service Plan. Some also goes towards emergency financial assistance and awards.

Dolly Reno, First Nations liaison of the Capilano University Students Association, said that she thinks it's great the government is doing more for aboriginal students, but that there should be more of a focus on reducing red tape.

Though she is from Mi'kmaq First Nations band in Nova Scotia, she is most familiar with West Coast traditions. She organized a pow-wow

at Capilano on Sept. 13 as a way to expose the community to First Nations culture.

"Originally I was planning a typical speakers series and have people speak about the culture and have some artists come in," said Reno. "Half way through the planning I thought that was kind of boring. I don't want to talk about the culture, so why don't I just bring the culture here?"

While she believes that her pow-wow was a success, she said that that's not always the case for those looking to organize First Nations events.

"My university was very supportive. It took a lot, but I know of people that have tried to put other cultural celebrations and then been told 'No, sorry, you can't do that,'" said Reno. "We can only go so far and then we hit a wall."

According to Shirley Hardman, the senior advisor on Indigenous Affairs at the University of the Fraser Valley in Chilliwack, it's imperative that post-secondary institutions find alternative ways of offering First Nations education.

That was part of the reason why she got involved in organizing an event held in August called "Indigenizing the Academy."

Teams from 33 colleges and universities across the province gather to discuss how to make sure that indigenous culture and values are integrated across all levels of university and not just confined to

specialized classes.

As a Shxwhá:y village band member, Hardman said that over the past ten years, the post-secondary sector has focused on working with the aboriginal community to determine what aboriginal education should look like, as opposed to institutions making curriculum decisions on their own.

But one of the challenges facing both grassroots movements and the province's initiatives is getting people to accept new ways of approaching aboriginal education.

"The initiatives have really been gung-ho in the past 15 years," said Hardman. "But anyone who was educated prior to that [time] wasn't educated in the same way — the initiatives aren't fully embraced by all segments of society," said Hardman.

While there is still a lot of work to do according to Hardman, the government programs have been making a difference.

The Ministry of Advanced Education provided \$600,000 to build a new long house at UFV's Chilliwack campus three years ago, as part of a province-wide initiative to create First Nations gathering spaces.

Other numbers show more aboriginal students have been seeking post-secondary education as well.

According to a ministry service plan report, the number of aboriginal students enrolled in post-secondary institutions rose from around 24,000 in 2009-10 to 24,862 in 2011-12. Looking further back,



WAYNE PERKINS/CAPILANO UNIVERSITY

Capilano University hosted its first pow-wow on Sept. 13.

those who were awarded university credentials rose from 2,100 students in 2005-06 to 2,634 in 2009-10.

Reno hopes others will get involved and the trend continues, due to the increased opportunities for post-secondary aboriginal graduates.

"For aboriginal people, a lot of the doors have been closed before or how to navigate post-secondary is not immediately clear when you don't have a role model there before you to guide you," she said.

"Now it's about opening those doors and securing those places."

## Tuition soars three times above inflation rate

**JUSTIN SMIRLIES**  
NEWS DIRECTOR

According to a new report from the Canadian Centre of Policy Alternatives (CCPA), tuition fees shouldn't just be a major topic of discussion in one province such as Quebec, but should be for all of Canada.

The report, which is authored by Erika Shaker and David MacDonal, argues that average tuitions fees in the country have risen about 6.2 per cent annually from 1990 to 2011.

This is roughly three times the rate of inflation, therefore signalling that tuition

fees and the resulting student debt are having more of an affect on the cost of living than originally perceived.

"Tuition fees are increasingly exponentially, far out-pacing, in the vast majority of cases, inflation, the cost of living and wage increases for medium to low income families across the country," explained Shaker, noting that Ontario and Alberta are the most expensive in Canada.

The report noted that it now costs the average student, not including additional costs such as rent and food, \$6,186 a year to attend university. In Ontario, that average is \$7,513.

"Some provinces have made very tangible steps to address poverty and economic inequality to really try and keep tuition fees low and affordable," continued Shaker. "And others have seen this as an opportunity to continue to invest inadequately and download more and more the cost of higher education to students and their families in the form of tuition fees and the result of student debt that comes along with it."

Shaker explained that stu-

dent debt, by severely increasing the cost of living, has strong ramifications for the timing of decisions for the students, such as when to buy a house or to get married. She added that depression rates have also been linked to more debt.

"As a society, we do all suffer from the loss of potential and productivity that is by-product of saddling students with more and more personal debt," noted Shaker.

The report also painted a gloomy picture of the cost of post-secondary education in Ontario by estimating the cost will reach a staggering \$9,231 in the next four years.

Average costs for Newfoundland and Quebec are below the \$3,500 mark.

Since March 22, university students in Quebec went on strike to protest the escalating tuition fees that Liberal provincial government at that time said will occur. With the election of the Parti Québécois (PQ), the party has noted that the tuition hikes would no longer happen.

Shaker noted that while funding is increasingly becoming more limited, governments are still putting a limit on how much a university can charge their students.

This results in additional compulsory fees that increase the overall cost of education.

Alysha Li, the president of the Ontario Undergraduate Students' Alliance (OUSA), echoed Shaker's concerns.

"It's putting enormous pressures on students to pay for their education when their tuitions are rising and it's substantially out pacing the growth of their resources available to pay for

"As a society, we do all suffer from the loss of potential and productivity."

—Erika Shaker, director of the Canadian Centre of Policy Alternatives

### 6.2%

The average amount tuition fees have risen across Canada since 1990.

### \$7,513

How much a student pays, on average, for Ontario tuition.

### \$9,231

The amount Ontario tuition is expected to rise to in the next four years.

### \$2,893

Newfoundland's average expected tuition four years from now.

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Dear Life is your opportunity to write a letter to your life, allowing you to vent your anger with life's little frustrations in a completely public forum.

All submissions to Dear Life are anonymous, should be no longer than 100 words and must be addressed to your life. Submissions can be sent to [dearlife@thecord.ca](mailto:dearlife@thecord.ca) no later than Monday at noon each week.

**Dear Life,**  
Blue skies during the day... It's gonna be a good day.  
Sincerely,  
Weather you believe it or not

**Dear Life,**  
Amused?  
Sincerely,  
Not laughing

**Dear Life,**  
Mr Gorbachev, tear down this wall.  
Signed,  
Ronald Reagan

**Dear Life,**  
It takes longer to get into the bookstore than Phil's.  
Sincerely, Phil's is cheaper.

**Dear Life,**  
Love is not a victory march.  
Sincerely,  
Jeff Buckley

**Dear Life,**  
You take away the DH. C-Spot microwave doesn't work. Silly library cafe closes early all the time. WHERE DO I MICROWAVE MY FOOD?!?  
Sincerely,  
Starving student

**Dear Life,**  
Dear BBA, don't put 70 students in a classroom meant for 60, sitting on the floor and sharing desks is for elementary school.  
Sincerely,  
Waiting for the best business school to be built

**Dear Laurier,**  
Why are all the first years you admitted so attractive?  
Sincerely,  
Upper-year student who is not allowed to look

**Dear UW students living at 203 Lester,**  
If UW students are so smart, why do they get off at the first floor only to walk down a flight of stairs? IT DOESN'T SAVE YOU ANY TIME, THE ONLY REASON IT SEEMS SO IS BECAUSE YOU MAKE ME WAIT AN EXTRA TEN SECONDS TO GET DOWN TO THE GROUND LEVEL.  
Sincerely,  
Thank God I chose UW as my home campus

**Dear Life,**  
I'm sick and tired of everyone always complaining about meaningless shit. Shitty friends? Get rid of them. Don't like the dining hall? Don't go there. Don't like the line at the Bookstore? Wait two weeks. Don't like the "don't walk on the hawk" tradition? GET THE FUCK OUT OF THE FNCC.  
Sincerely,  
Grow up and complain to someone who cares

**Dear Life,**  
To the dude pulling his adorable chocolate lab in little a wagon. You literally made me LOL.  
Sincerely,  
Man's best friend

**Dear Life,**  
How many times can you really kick a person when they're down? Honestly. First I had a cousin (my age) commit suicide, then I fell into a dark depression. I started feeling better, then another cousin died. I'm feeling just as shitty and my family is absolutely crushed. Then I get really sick, then I just stress out, and now that my life is starting to feel SOME WHAT normal, I get dumped.  
Sincerely,  
What next?!

**Dear Life,**  
I need a stronger dose of Viagra.  
Sincerely,  
Down goes the lever when I see the beaver

**Dear Life,**  
Is every poster at the poster sale actually meant for douche bags? Or am I just getting old?  
Sincerely,  
Entourage posters are still a thing? Really?

**Dear Life,**  
I got this SICK poster of Ari Gold, bro.  
Sincerely,  
Let's hug it out bitch

**Dear Life,**  
Ugh, granny smith?!  
Sincerely,  
Apple/Burger King aficionado

**Dear Life,**  
Wub, wub, wub, wub.  
Sincerely,  
Dubstep

**Dear Life,**  
The Cord's on CTV? What the fuck?  
Sincerely,  
Open your fucking eyes, Fauteux

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# Wine in A



Choosing a wine that suits a particular occasion can be overwhelming with all the variety out there. Colleen Connolly visits local Vinters Cellar Waterloo.



"Most people start off with sweet white wines, then they move into dry white wines, then they move into light bodied reds and eventually end up with heavy bodied reds."

—James Fields, owner of Vinters Cellar Waterloo

"One of the biggest pieces of advice I can say in selecting a wine is to drink what you like and don't let anyone tell you otherwise."

—James Fields, owner of Vinters Cellar Waterloo

There is a lot to take into consideration when moseying through your local liquor store hours before an evening of drinks. Passing the shelves of vodka and gin you mentally scan your fridge at home for a tasty mix only to realize that grocery shopping did not make it into your priorities this week.

You move on, allowing only a moment's pause at the tequila selection where the abasement of last weekend's exaggerated dance and involuntary confession has you sauntering forward.

Beer? Too filling.

Coolers? Too sweet.

And then you stop, your stride interrupted by a barricade of red and white composing the overwhelming wine selection. Bingo. But where to start?

There is such a wide range of taste when it comes to wine due to the multiple steps that go into its production. "It's not only grape variety," said James Fields, owner of Vinters Cellar Waterloo.

The manner in which wine is made plays an important role, as well as the conditions under which the juice from which it is made from was cultivated.

"There are thousands of different variances on wine making, not only in the kinds of oak you select, but also when you harvest the grapes and what kind of soil the grapes are grown in," said Fields. "So the way that it is prepared and made as well as the quality of the ingredients comes into it."

Fields began making and experimenting with wine back when he was a student before going on to establish his own public wine making business in 2008.

"Most people start off with sweet white wines, then they move into dry white wines, then they move into light bodied reds and eventually end up with heavy bodied reds," he illustrated. The dryness of a wine is a measure of its sweetness, dry being less so. The body of a wine is a term used to define the strength of its flavour.

This isn't necessarily the standard, however.

"There are some people that get to one stage and they just stop and that's what they like," said Fields.

"One of the biggest pieces of advice I can say in selecting a wine is to drink what you like and don't let anyone tell you otherwise."

Although there are many options in this regard, there is one consistency that can help narrow down your preference and that is the difference in taste between red and white wines. However, there is actually no difference in the source from which they are both derived.

"It is the same grape," said Fields. "The difference is red wine comes from leaving the skins in. So with white wine, the grapes are pressed and the grape skins are removed." With red wine, the skins are left on the grape, which colours and strengthens the flavour of the juice.

This occurs during the beginning processes of a wine's formation, which are just as imperative as its actual transformation from a juice to an alcohol.

"Winemaking is only half of what is really important, the other half is the viticultural side which is the vineyard maintenance and the growing of the grapes," emphasized Fields. "That is just as important as the wine making because if you don't have high quality grapes to make wine from you're not going to end up with a high quality wine."

In Canada there are particular regions where vineyards are most plentiful. "Prince Edward County and Niagara are the two main areas; there are also a fair amount in British Columbia" said Fields.

But there is an establishment closer to home where customers can experience the actual making of wine,



# Waterloo

ar preference can be there. **Features Editor** Cellar to learn more



on a much smaller scale than the places that produce what can be found in stores, and that is Fields' own Vinter's Cellar Waterloo where The Cord was able to receive a thorough demonstration of how it's done.

The first step is to add the necessary ingredients to the vineyard's grape juice in order to begin the process of its conversion into wine. The first is bentonite, a clay that expands to three times its volume when placed in contact with water.

"Now, the reason we add this it that it helps clarify the wine," explained Fields. "Every time we do a step we give it a good stir. The clay gets mixed up and then it brings down all the particulate matter to the bottom so when we have to filter there's less stuff floating around."

The second ingredient is a portion of oak wood chips placed in a cheese cloth bag. "Wine is usually aged in oak barrels and it imbues it with flavour" said Fields.

"A lot of the wineries down in Niagara still use barrels, but barrels are very expensive and they're usually only good for a year or two of use," he continued. "So what a lot of the wineries are moving to are large stainless steel tanks and then they're adding the oak chips because it's a lot less expensive."

The last and most essential ingredient is yeast. "The yeast is a specialized yeast for wine making called champagne yeast," said Fields. "It'll give you anywhere from twelve to fourteen per cent alcohol content depending how much sugar is in the juice to start off."

These contents are all put together and stored in a bucket before being moved into a glass carboy (a large, jug-like container) after a week's time. "The reason we do that is we want a larger surface area. The first week or so is when 80 per cent of the sugar is converted into alcohol and CO<sub>2</sub> and it's a very vigorous reaction," explained Fields. "If we put it into one of the carboys we'd have a volcano on our hands."

The contents then remain in the carboy for another three weeks, resulting in a total of four weeks fermentation time where the yeast eats away at the sugar creating CO<sub>2</sub> as a by product.

"After that we siphon it into another carboy and we add potassium sorbate and sodium metabisulfite and what those do is they kill off the yeast and stabilize the wine" said Fields.

"It's important to kill off the yeast because say you wanted to sweeten your wine and then you bottle it. Well, if the yeast is still alive... it's going to start eating the sugar, creating alcohol. But it's also going to create CO<sub>2</sub> so now your bottles are going to explode or your corks are going to pop out."

There is also a need to get the CO<sub>2</sub> out at this stage. "The CO<sub>2</sub> not only bubbles out but it also dissolves in the wine. Part of the natural aging process is that the CO<sub>2</sub> comes out," explained Fields.

However, when making wine on a small scale and in a business setting where the wine is bottled young, the process must be sped up using a wine agitating rod. Then, all that's left is to filter the wine and the process is complete.

The resulting product can be used in a variety of ways, as is its nature. It can be used as an ingredient in cooking, even as a cleaning solution and of course, to add a hazy glow to any evening. So don't be intimidated by the options of wine, and start exploring them.



## Fields Debunks Common Wine Myths

Red wine isn't always served at room temperature. "There are red wines that are supposed to be served chilled. Most white wines are chilled but again, each wine supposedly has its perfect temperature to be served at."

Wine doesn't necessarily have to be made from grapes. "You can make wine from pretty much anything that had sugar in it... you could make broccoli wine if you really wanted to."

Red wine does not have a higher alcohol content. "It is more strongly flavoured and that's because of the tannins from the grape skins."

Champagne and sparkling wine are essentially the same product. "Champagne is a region in France but usually [champagne is] made from the chardonnay grape. The reason sparkling wine came about is because champagne is trademarked, so if sparkling wine is not made in the champagne region they can't call it champagne."

PHOTOS BY **KATE TURNER** PHOTO MANAGER  
GRAPHICS BY **STEPH TRUONG** GRAPHICS EDITOR

## LIFE

Life Editor  
Carly Basch  
cbasch@thecord.ca

# Boutique shopping in uptown Waterloo



**BREANNE BERRY**  
FASHION COLUMNIST

Whether it is labeled as a big city or a small town, Waterloo does have its resources when it comes to doing some retail therapy.

With Conestoga Mall being literally just a ten-minute bus ride away, students have a place to get some new clothes.

As a fashion retail fanatic who always just needs “one” more item of clothing, it’s great to have options. However, the local shops in Waterloo can be just as awesome, if not better, than simply buying from American Eagle or H&M.

Just a five-to-ten minute walk from campus, you can find several options in Uptown Waterloo.

Here are some of the best boutiques to visit next time you want to go shopping.

## Meow Boutique

Noted as “Uptown Waterloo’s Secret Fashion Resource”, this vintage store is a blast from the past. Filled with pre-loved clothes and shoes and accessories at every turn, this place will definitely suck you in for an hour or two.

**Location:** 78 King Street North

**Brands:** If you’re a fan of Betsey Johnson, this is the place for you. Since the designer has gone bankrupt, it seems looks like Meow bought up all its stock. Other brands include, Ramzi’s Rockabilly and Pin-Up Emporium.

**Price:** Cheap to moderate. Apparel and accessories never seem to jump higher than \$50, while the jewelry ranges anywhere from \$20 to one gorgeous \$145 broach. Bonus: They have small posters of old Vogue covers for only \$12.

**Shop here if:** You love vintage style, or if you’re looking for a formal dress on a budget. If you’re a huge fan of quirky jewelry, 1920’s inspired caps

and gloves, this is the place for you.

## Unit 5

As another vintage and consignment store, this basement is filled with clothes for men and women that definitely suits a younger, thrifty customers.

Everything is tightly packed, so it takes a little patience to get through everything but it can be worth the hunt.

**Location:** 2 King Street South.

Just on your way to Uptown Waterloo, it’s hidden off to the side off Erb street, right across from Symposium.

**Brands:** Items from H&M, Ariztia, J. Crew, Micheal Kors, American Apparel and Urban Outfitters were all found.

**Price:** Cheap! All their summer apparel is buy one, get one free, but their fall merchandise is just as inexpensive. Items were being sold for as little as \$8; I even found a Chanel bag for \$24.99.

**Shop here if:** You don’t mind doing a little digging. Unfortunately sizes vary and duplicates are rare but there is definitely a little something for everyone, even if it’s just bottle-cap earrings.

## Skirt

This boutique is just for the ladies, but if you’re looking for trendy items in an array of beautiful colours, then this store is for you.

**Location:** 44 King Street South, Uptown Waterloo.

**Brands:** Lush, Ark & Co., Sugar Lips and Potter’s Pot are some of the brands frequently showcased. You won’t find any “big” labels here, but the quality can be just as good as anything from a big-box retailer.

**Price:** Moderate to expensive. Be prepared to drop \$50 or more. They do have other items like bra clips for \$2, sunglasses at two for \$20 and some cheap jewelry.

Depending on what you’re comfortable spending, join their Facebook page so you can keep up with their great deals. All summer merchandise is 60 per cent off and if you

bring in your student card, you can take 10 per cent off your purchase of new arrivals.

**Shop here if:** You’re a fan of stores like Ariztia, H&M or Costa Blanca. They have great clothes for nights out and trendy fashions that you’re unlikely to find in other stores.

## Denim Bar

**Location:** 48 King Street South, Uptown Waterloo beside Skirt.

**Brands:** Steve Madden, Free People, Guess and JBrand. Denim Bar seems to be very particular in selling brands that are not readily accessible in the K-W area.

**Price:** Based on the brands that they carry, this store can be costly. Jeans and shoes are usually \$100 or more. They do have a clearance rack for outdated styles. The labels and retail mark-up keeps prices high, so shop with care.

**Shop here if:** You’re looking for high-quality denim and name-brand shoes. Denim is their specialty, they do have a huge selection for both men and women. If you’re also a fan of the store Boathouse, consider Denim Bar its upscale version.

## Gloss

Not only do they sell men’s and women’s apparel, they also have their own hair salon in the back!

**Location:** 87 King Street West, Kitchener. Take the 7 or the 200 bus and get off at Charles St Terminal.

**Brands:** Ben Sherman, MINKPINK, Alternative Apparel, Steve Madden and Chinese Laundry are all carried in this location.

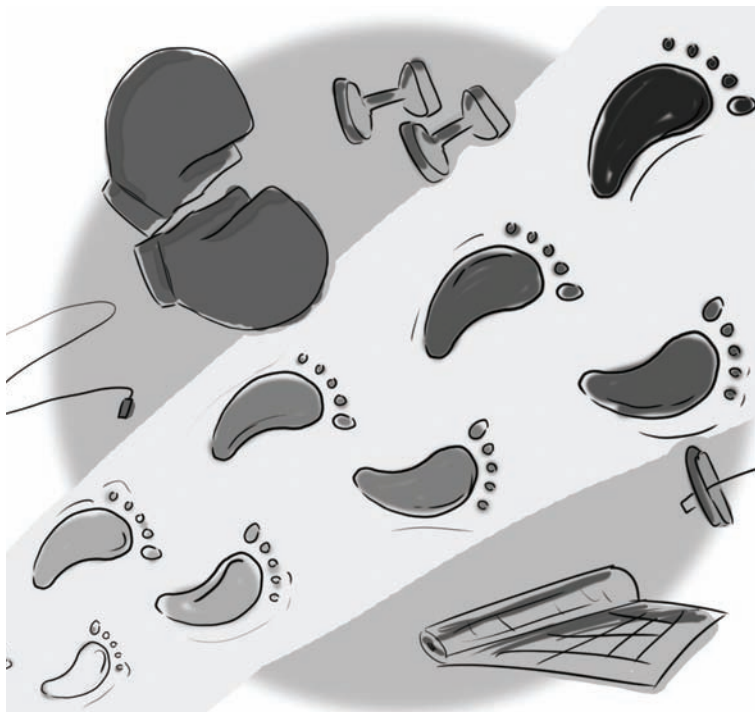
**Price:** Moderate to expensive. Depending on the label and what you’re buying, some apparel is priced around \$30, while others can be anything from \$50 to \$70.

**Shop here if:** You want a full shopping experience. Gloss offers the added bonus of being able to get your hair or make-up done, before or after you shop. It’s the perfect place to go if you feel like pampering yourself for a day.



CRISTINA RUCCHETTA LEAD PHOTOGRAPHER  
Fashion hot spots (from top) Meow Boutique, Harmony, Skirt.

# The Carnivore’s Conundrum: Baby Steps



TAYLOR GAYOWSKY GRAPHICS ARTIST

**SPENCER DUNN**  
STAFF WRITER

Since lying would do me no good, I must admit that this week’s entry is not exactly the most exciting one.

I didn’t try any wacky “fruitarian” diets or climb mountains: I just tried to be healthy. This meant that I worked on portion control and maintaining a certain amount of calories.

I only drank once this week, and was more conscious of what types of food were being consumed into my body.

To help me balance my healthier habits, I decided to meet up with a few experts and go over some important tips. I met with Denver Hilland, a second-year kinesiology student and Janice Keca, a licensed holistic nutritionist to give me (and you) tips on being healthy.

“What’s really important is a balance of cardio and weight training,” said Hilland. “Most people think

that when you want to lose weight you just do cardio, but building muscles burns calories.”

Hilland was full of helpful tips like, “Don’t have unrealistic expectations, the gym is full of people the first two weeks and then people stop coming because they don’t set realistic goals.”

Hilland spoke to the idea that you need to “shock” your body when you work out. If you just run for an hour every night you’re not shocking your muscles.

“Try keeping things fresh, take a class, run outside or try interval training,” added Hilland.

Where Hilland highlighted the activity aspect of health, Keca spoke about food.

“Avoid artificial sweeteners, try Stevia, or honey instead,” she said. Dairy is also something to be avoided unless it is used sparingly, “try unsweetened almond milk instead,” said Keca.

Keca also made sure to mention

a few points about digestion. What she was able to get across to me is that we are like zebras when they eat.

Hear me out: we’re not stripped grazers in the savannah, but like zebras we have a lot of stress in our lives. When a zebra is eating and it sees a lion stalking it, it has to decide on fight or flight- and as soon as that decision has to be made, the digestion process stops.

Keca said the same thing happens to us. We have such crazy busy lives that we often eat food quickly, on the go, sometimes on the way to classes but this can actually be detrimental to our digestion.

“Just take five minutes after you eat to sit and digest and be grateful that you have food,” said Keca. “Also, chew slowly.”

So although I did not participate in any crazy challenges this week, I will be exploring some in the near future. Stay tuned, for the next FAT-lestar Galactica!

# The common cold's defence letter

*Life Editor Carly Basch explains why everyone at Laurier is sick during the first few weeks of class, through the perspective of the common cold*

I'm told that I'm a true people admirer. I just can't get enough of them.

Their different and unique shapes and sizes, their need to constantly be around each other and their willingness to share. They truly are remarkable creatures.

Ever since they have been born, I too have surrounded myself around them and have been there all their lives. But my presence around them is unwanted and whenever I arrive, they wish that I would go away. Whenever I visit them, I make them feel sick almost instantly. It drives them nuts, they hate it when I'm around.

They try their best to blow me off, drink as much orange juice as they can or sleep so that I can't disturb them. But I can't help it that when I see their delicious warm bodies, I just want to fester myself into them.

They make it so easy for me to come in contact with them how they are constantly touching dirty things and not bothering to wash their hands. It's an open invitation and when I get it, I take advantage of it.

My real name is Nasopharyngitis but people call me "Cold". I love hanging out at Laurier and if I had the brains to major in anything, it would be business. I hear it's a great program and I get very excited hanging out at the Peters Building with all my other germ pals; they get jealous over how easy I get around.

I arrived on the first day of O-Week eager to start my new year and immediately socialized amongst all the first years and ice breakers. They were extremely happy during that time and I thought we were going to get along. I had a wild week as I was passed along a lot: especially when people came into contact with their mouths. But as always once I get myself comfortable, they immediately resented me.

After a couple of days of them fighting with me, I got weak and decided to leave. I wanted to expand my social circle anyways so I ventured outside the residences and onto the off-campus houses on Ezra, Hazel, even Columbia. Of course once I arrived, the upper year students got angry. And I mean, really angry. They lamented that they hated being sick and constantly sniffing; that the congestion was too much pressure for their heads, and worse, it was

during the first week of school.

I thought I was doing them a favour. Does anyone at Laurier really like going to class? If anything, I should be awarded "Best excuse to not do your readings" - Or just not go to lecture at all. I give them that opportunity and what do they do? Hate me for it. They say I make them tired and that their noses are too runny. They don't like their dry scratched up noses from rubbing tissues up their nostrils, or their sore throats and funny voices.

All I hear is the complaints but then why haven't they done a good job of preventing me in the first place? I mean, all they have to do is not put their dirty hands on their faces, and stop spreading me around by coughing properly and consistently washing themselves. Maybe that's too much to ask.

So, to every Laurier student that I've encountered in the past couple of weeks: I'm sorry that I've ruined your days by making you feel and look so "gross".

I'm starting to feel a bit worn off and will probably take a break soon and lay low on campus.

But I'm warning you, I'll be back. Whether you like it or not.

## Health needs balance

*Learning how to get a workout in between classes*



CRISTINA RUCCHETTA LEAD PHOTOGRAPHER



SHELBY BLACKLEY  
SPORTS EDITOR

So, you've settled into a subtle routine where you go to class, you try to study and you eat when you have time. But what about your fitness?

Let me be the first to contest, that when I came into university last year, I wasn't exactly the poster girl for good fitness. Recovering from an injury to my knee that included tearing all of my cartilage and pulling my ACL, I spent most of last year in rehab after my surgery in December.

But my fitness goals never left my mind. Even if you're not athletic, being able to control your health by adding in a dose of fitness can help

you stay fit and keep you prepared for the hurricane of midterms that will come late October.

First and foremost, don't be afraid. A lot of individuals believe that in order to be fit, you have to be athletic, thin, versatile, hardcore and all these other words that really don't mean a thing.

Fitness comes down to one thing: being able to take your body and transform it to healthy.

Use your spare time wisely. When you're bored on a Saturday afternoon and don't feel like starting your readings yet, take that thirty second or five-minute walk and go to the gym, even if it is only for thirty minutes of cardio on the treadmill.

Doing this two or three times a week can not only make you feel motivated for classes, but your body will thank you.

Another idea may be to use your dorm room, or your house, or apartment, anywhere works, as your

personal workout base. When you're trying to figure out a mathematical equation that makes absolutely no sense, do a repetition of 20 squats.

It relieves pressure off your brain, gets your legs moving after sitting for so long, and when you finish, the answer may actually come to you.

If you're feeling daring push yourself the extra mile and put your textbook in front of you on the ground open to the page you need to read. While it's open, do a minute-long plank on your forearms and try reading the page.

Like always, there's nothing wrong with throwing the ball around the alumni field late one Wednesday night while you criticize the lineup at Phil's.

Fresh air is great for your body and mind. Try tossing a ball back and forth between you and a friend. This will get your arms moving in a motion that doesn't include your fingers tapping a keyboard resulting

in serious hand-cramping.

Remember that although your education is important, your body is a sacred vessel. You can't do well if you don't treat yourself right. So take that extra five minutes to walk up the stairs instead of using the elevator.

Take the long way walking to class. Or maybe just do a victory dance after you finish an assignment.

Whatever it is, have fun with your fitness. Your body will thank you.

# Different Strokes

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## ARTS

Co-Arts Editors  
Ali Connerty and Amy Grief  
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# Dancing through life, down at the AC

AMY GRIEF  
ARTS EDITOR

A new school year means a fresh start and an optimistic attitude towards your workout regime. The Athletic Complex offers many fitness classes and activities as an alternative to simply exercising at the gym. From recreational classes that run through the AC, to Laurier's Competitive Dance Team, there's something for dancers of all skill levels looking to infuse a little artistry into their work-out routine.

## DANCE AT THE AC

Open to all members of the Laurier community, the AC offers a comprehensive roster of dance classes for all skill levels.

Recognizing that registering for a dance class can be intimidating, AC dance coordinator, and fourth-year student, Angelica Meigs aims to make the program as inclusive as possible by designating classes as beginner, intermediate or advanced.

"There's something for everyone," she said. "We have genres ranging from bollywood, to ballet, to contemporary and to hip hop."

All classes are completely student run by instructors with extensive dance experience. Classes run for ten weeks across the semester, with the opportunity to perform at the semi-annual Dance Showcase, scheduled for Dec. 2.

"Every class is very high impact," said Meigs. "It's an amazing way to get sculpted and fit and feel better about yourself. Dance builds confidence."

Registration ends this Friday, Sept. 21 and can be done through the recreation page on the Laurier Athletics website or in person at the AC.

### The Verdict:



STEPHANIE TRUONG GRAPHICS EDITOR

The scheduled classes are a great way to stay on top of your workouts. Some classes provide a welcome challenge, but all are a lot of fun and a great way to meet new people.

## WLU COMPETITIVE DANCE TEAM (CDT)

Competing in jazz, tap, lyrical, hip hop, open, contemporary and acro, the team consists of 35 to 40 very dedicated dancers.

From coaching to choreography, the team is entirely student run and in the past year has earned impressive results.

"At two competitions we were named the first overall university dance team," said co-captain Allesandra Santaguida.

Competing against 22 Ontario postsecondary institutions in March, the team practices for an average of ten hours per week in order to achieve their top marks.

While the majority of team members have competitive experience,

it's not necessary to join the team or to try out.

"We mostly look for committed people who like to be on a team, work hard and love to dance," said Santaguida. "Your talent is important, but your personality is just as important."

For those who missed Sunday's audition, a makeup date will be held this Friday, Sept. 21.

### The Verdict:

Having seen the team perform last spring, it's no wonder why we're ranked number one. The team not only excels in technique, but they're excellent performers as well.

## ALIAS and O.U.C.H.

After a two-year hiatus, Laurier will be making a return to Ontario's inter-university hip hop competition.

Run by Laurier students Adriana Doncillo and Mike Tam, this group is open to dancers of all levels. While only 17 dancers will make the

team, anyone with a love of hip hop is welcome to come out and learn the routine.

"Although we have an O.U.C.H. team, what we wanted to do was have a club for beginners and advanced dancers," said team captain Doncillo.

The competition date is set for November 17 and auditions for the competitive team are this Saturday, Sept. 22 from 1-5p.m. in the AC classroom. Regular practices are tentatively scheduled for Thursday and Sunday nights.

Beginner sessions, to be held at Laurier and UW are also in the works. "We want it to be a community thing," Doncillo said. "More than just a school thing."

### The Verdict:

This group seems ideal for dancers of all levels with a love of hip hop. Advanced dancers will gain competitive experience from participating in O.U.C.H., while beginners

have the opportunity to learn and improve dancing alongside the competitive team.

## FASHION N' MOTION

As the name suggests, Fashion 'n Motion (F n' M) puts on an annual dance and fashion show for charity. This year the charity is the Sick Kids Foundation, which helps sick children as well as their families.

F n' M rehearses every Sunday throughout the school year, and incorporates a diverse range of dance styles from burlesque to Broadway and showcases local designers and fashion lines. They also host events throughout the year with various campus clubs including L.U.C.K. to bolster charity awareness.

Each year, the show has a theme, this year it's Ignite. F n' M president and fifth-year psychology student Noelle Antkowiak said it's all about "seeing that potential in you, seeing that fire you have inside you and showing the world what you got."

An inclusive environment F n' M is open to dancers of all skill level.

"I have no dance experience," said Antkowiak. "Honestly, the choreographers make me look really good."

Seeking a cast of approximately 120, auditions will be held on September 30 from 12-2 p.m. and choreography applications are due this Thursday at 5 p.m.

"We're looking for people that want to come out, be social, meet people and just have fun with it," said Antkowiak. "That's all kind of what we do. And at the end of the day it's for charity."

### The Verdict:

I would recommend it for anyone who loves to dance and be a part of tight-knit community. F n' M is a fun way to get fit and meet new people, while raising money for a great cause.

# 'Club step' duo command Beta

LIZ SMITH  
STAFF WRITER

Last Thursday night, Adventure Club played a high-energy set to an amped up crowd at Waterloo's Beta nightclub.

The duo, consisting of Leighton James and Christian Srigley, took the stage at 1 a.m., when the crowd was perceptibly anxious.

Having been drawn to the venue by the headliners, rather than opening acts DJ Doobie and DVBBS — who kept the crowd pacified, if not necessarily engaged — the audience shouted with relief when the duo walked on stage.

The self-described "club step" duo, who hail from Montreal, arrived at Beta fresh off the heels of a summer tour schedule packed with high-profile festivals, including Montreal's Osheaga, New York's Electric Zoo and Electric Daisy Carnival in Las Vegas.

"[Beta] was better than we expected. The last few events in Waterloo have been kind of iffy," James told The Cord about the hype surrounding the Uptown venue.

After seeing Adventure Club at Montreal's Osheaga in August, Thursday's show had a decidedly different vibe, though one important aspect remained the same — fans going wild over their smooth bass and big drops.

"Last year we could only dream about playing such festival and for the insane numbers we played in

front of," said James of Osheaga. "Playing the biggest festival in our hometown was really a dream come true. It was magical to see a packed crowd in our hometown."

The turnout at Beta, though notably smaller, reacted with unbridled enthusiasm as Adventure Club pumped out "Rise and Fall" ft. Krewella and a remix of Foxes' "Youth," tracks which have helped to skyrocket the visibility of the group on the electronic music scene since their formation in late 2011.

The duo's energetic performances leave no doubt as to their passion for the craft and the energy they projected on Thursday was nothing short of contagious.

When The Cord spoke with the newly formed Adventure Club in November 2011, they expressed their attraction to samples with "strong female vocals."

However, their most recent releases digress from this standard with more diverse and unexpected samples; Alexisonfire's "To a Friend" and Brand New's "Daisy."

Of the change in influence, James explained, "We're experimenting as of right now, we've been into a lot of future bass, deep house and UK bass."

Those who've been fans of the duo since the beginning, fear not.

"We still plan to pump one of those 'powerful female vocal' tunes every so often."

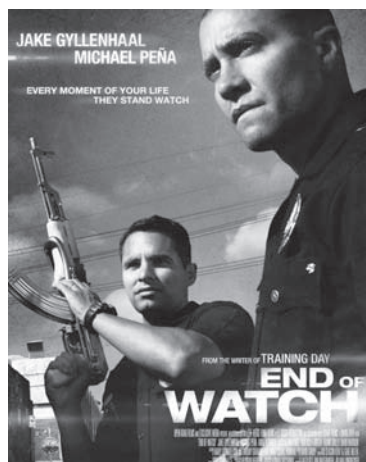


NICK LACHANCE PHOTOGRAPHY MANAGER



# TIFF: The Cord's final cut

The Cord Arts staff brings you a comprehensive review of movies from this year's Toronto International Film Festival



**End of Watch**  
(Directed by David Ayer, USA)

There have been countless films that follow members of the Los Angeles Police Department, but none quite like those of writer, producer and director David Ayer (*Training Day*, 2001).

Instead of watching a film saturated in exaggerated explosions and drug busts or killing schemes, there is a sense of reality in each scene, like something you would see on the news.

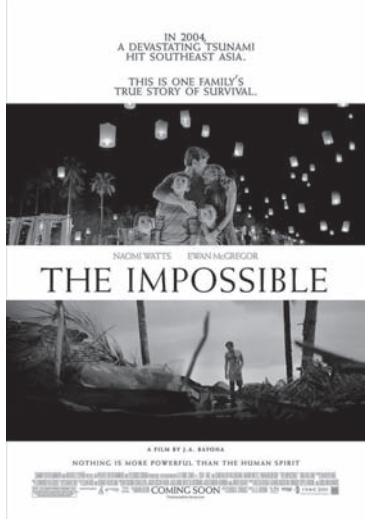
The film utilizes a handheld camera-style to document an array of daily moments, on and off the job, of partners Jake Gyllenhaal and Michael Peña.

By employing handheld and pocket clip cameras to capture each jerky movement and instilling point-of-view shots, they situate the audience in the characters' personal experiences.

Applying fast-paced editing to generate a gritty, kinetic energy, Ayer establishes a genuine realism that fulfills your expectations of a cop film, and then some. Instead of solely focusing on drugs, corruption and human trafficking, the audience gets to overhear and enjoy the humorous banter between Gyllenhaal and Peña.

From weddings to the birth of a child, this ultimately contributes to the constructions of their personas and exhibits their dedication to the brotherhood. Before the tears and sorrow there are feelings of elation, emphasizing the themes of love, *joie de vivre* and leading a life that is not only preoccupied with the job.

-Alexandra Urošević



**The Impossible**  
(Directed by J.A. Bayona, USA/Spain)

When the 2004 Indian Ocean tsunami struck, countless lives were drastically altered as thousands of strangers struggled to survive this unforeseeable natural disaster.

In Juan Antonio Bayona's brilliant film based on the true story of a family of five who were vacationing at a beach front resort in Thailand when tragedy struck, the audience is confronted by the harsh reality of this event as the film illustrates the sweeping destruction of the crushing waves and the pandemonium that ensued, with overflowing hospitals as the narrative's focal point.

*The Impossible* stars Ewan McGregor, who provides dignified support to the film's standout performances by Tom Holland and Naomi Watts.

Holland delivers an emotionally honest portrayal of the eldest son who grows from an angry and obstinate young man into an amiable adult, taking on the responsibilities of a parent when his mother, Watts, is debilitated by the disaster.

Watts also gives one of her best performances to date, as she exudes true grit in her effort to survive her crippling wounds.

For a film about a horrific reality, it sheds light on the compassion of human nature and our desires to help others even when experiencing our own heartache, frustration, and despair. This is a highly-recommended watch, worthy of the 15-minute standing ovation it received with the spotlight on the actual family who were in attendance.

-Alexandra Urošević

## JUMP

(Directed by Kieron J. Walsh, Northern Ireland)

One night, three intertwining stories.

That's all it takes to set off a whirlwind of events that occur on New Year's eve.

Set in the Irish town Derry, director Kieron J. Walsh emerges with his exceptional storytelling skills — making himself a hybrid of Danny Boyle (*Slumdog Millionaire*, *127 Days*) and Tom Tykwer (*Run Lola Run*, *Cloud Atlas*) — as he takes control of the fate of Greta, her best friends Marie and Dara and the complicated issue between her love interest Pearse and her gangster dad Frank Feeney.

Much like its jarring plotline, the genre of the film can be seen in three different categories: a gangster film, a black comedy and a flawed love story. *JUMP* doesn't spare a second to have the audience on the edge of its seats.

Whether it is laughing at the cheeky humour, gasping at notable plot reveals or being mesmerized with the beauty, even during the darkest moments.

This film wins for fluidly maintaining 84 minutes of pure onscreen entertainment.

-Carly Basch

**The Perks of Being a Wallflower**  
(Stephen Chbosky, USA)

No teenager should ever feel alone after seeing the moving and

modern adaptation of Chbosky's novel.

A high school freshman named Charlie learns about friendship, love and drugs while dealing internally with a past that has haunted him for years.

With Logan Lerman as Charlie, he plays an emotional role that makes any audience member empathize with such a lovable character.

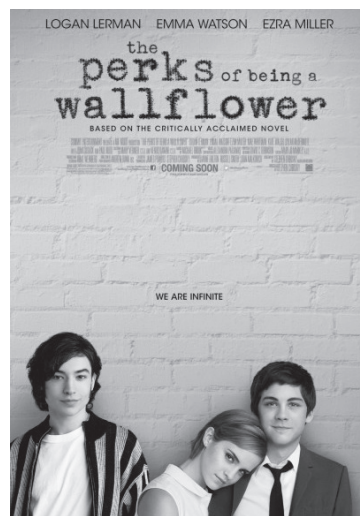
Emma Watson and Ezra Miller play Charlie's friends Sam and Patrick, who each command the screen in their own way, taking teenage life to a relatable and endearing level (Patrick's flamboyancy and great dance moves as *Rocky Horror Picture Show's* Frank n' Furter as a highlight.)

The film includes a great soundtrack that was hand-picked by the director Chbosky himself, such as The Smiths, Sonic Youth and New Order.

The whole story has a lot of heart and charm, and will strike the souls of any teenager that has ever had a hard time in high school.

The catchphrase of the film, as well as the novel, could not be more brilliant as well as significant to the whole story: that we are infinite.

-Sarah McBain



For the rest of the TIFF movie reviews including *Something in the Air*, *Middle of Nowhere*, *Frances Ha*, *Twice Born*, *End of the Road* and more, please visit [thecord.ca](http://thecord.ca)



LENA YANG  
GRAPHICS ARTIST

## Open mic at Wilf's

**ALI CONNERTY**  
ARTS EDITOR

What is there to do in Waterloo on Monday nights? You went to Phil's last night and all your friends have early class Tuesday, but you don't want to stay in. Wilf's hosts an open-mic night starting at 9:40 p.m. and the music will have you singing along until the early hours of the morning.

Running the show are Nick Ewanick and Carmen — these guys are there early setting up, doing sound checks, making sure the line-up is in order and even performing later in the evening.

The sign-up sheet sits at the host desk all afternoon, waiting for people to drop by and add their names to the list.

"There are a lot of regulars who come out and sing each week," said Ewanick.

"But there's always new talent coming in. You never really get the same night twice."

The musicians play sing-along, pub songs, though there are some original songwriters as well. The atmosphere is very enthusiastic and

supportive of everyone who wants to perform, and the talent never disappoints.

"Well, the first band got up and played a few songs and closed with 'Gangam Style,'" said fourth-year student Brooke Henry concerning this past Monday's open-mic night. "And that's when things got a little wild. It's always a fun night anyway".

On Oct. 1, open-mic night dedicated to first years — something Ewanick started four years ago when he was a frosh.

Each act will have between one and two songs before the next performer takes the stage. With a packed house, it's an opportunity for first-year students to make their mark at Wilf's.

"Even if you don't know anybody in the bar, you know everybody in the bar," explained Ewanick. Similar to the Concourse, once you are in Wilf's, it is almost guaranteed you will know someone within the first five minutes of being there.

An all-ages show, with half-price apps, and some of Laurier's best non-professional musical talent, this is definitely one low-key Monday night you want to check out.

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# EDITORIAL

Opinion Editor  
Devon Butler  
dbutler@thecord.ca

## Laurier needs plan for overcrowding

It seems that lately no matter where you go on Laurier's campus there are dozens of others going in the same direction.

This is a common experience for the beginning of September as campus usually feels crowded with the eager new crop of first years hanging out in hallways and utilizing their freedom to the best of their ability.

This year, however, feels far worse than ever before and that feeling is entirely justified. Wilfrid Laurier University's Waterloo campus has increased its first-year enrollment significantly since last year. But a three per cent rise in first-year admissions seems like nothing compared to the way the student population has nearly doubled in the past ten years.

For any other school with land to spare, this would be good news and indeed it is to the university administration who relies on student enrollment to keep the university functioning. Laurier, unfortunately, is not like most post-secondary institutions. Trapped in a one-block radius, our space is precious.

What's frustrating about the university's decision to continuously increase its enrollment is the utter lack of anticipation and preparation for handling a rapidly growing number of students.

The Global Innovation Exchange (GIE) building will surely add much needed office and lecture space to the campus, but as an untouched construction site, it does little to house the needs of students.

While it was a commendable decision to knock down St. Michael's campus, it was not done with the intention to begin construction right away but rather, to secure the GIE's funding.

This building will surely remedy the spatial limitations on campus, but with no intention to have this completed until 2015 or later, the crowds at WLU will only get more intense.

The angry reactions to the newly-renovated dining hall which eliminated valuable study space just proves how claustrophobic the school is beginning to feel. There is virtually no where students can go to study or do group work, not to mention the time it takes to get anywhere.

It is becoming necessary to devote an entire afternoon to standing in line for the Bookstore, Hub and what little food options are left for senior students.

The location of Laurier is obviously not ideal for students or university officials. However, the university should have anticipated this massive crowding. If they plan to keep letting in more and more students they need to make a better plan for the future.

## Sciences should be encouraged

A recent report from Amgen Canada and Let's Talk Science has concluded that there is a serious lack of interest amongst high school students in mathematics and sciences. Beyond the problems this creates in not producing a well-rounded student education, it creates an uncertain future for the job market.

The primary argument made for being disinterested in the sciences — and an argument we all made to our parents in high school to avoid taking non-mandatory classes — is that many of us aren't built to study science. Despite these rather unconvincing arguments, the blame should lie with the school board for not encouraging the continuation of studying science, math and technology.

Rather shockingly, this report revealed that a major shift occurs between ages 12 to 17 when there is a 20 per cent drop in studying science. The primary reason there is such a drastic drop in interest is simply because it is allowed.

As opposed to four years of mandatory English in high school, science, math and technology courses are optional after grade ten.

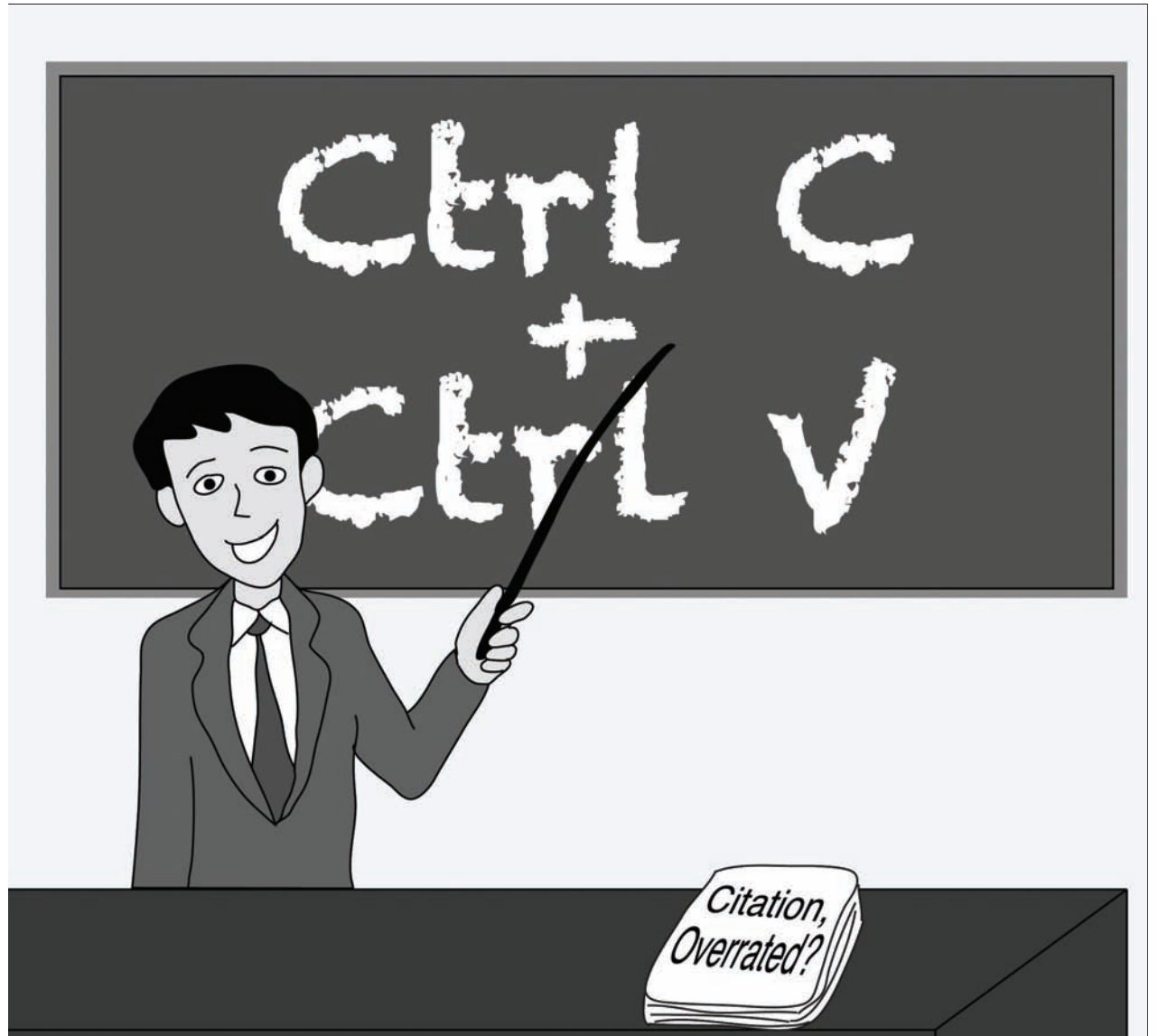
The implications of this go beyond not understanding basic math, but create a vacant space in the job market as there is becoming an abundance of people focusing on the arts and humanities.

While the sciences may seem intimidating to some people, making them mandatory in high school will create a greater willingness for students to get out of their comfort zones.

—The Cord Editorial Board

*These unsigned editorials are based off informal discussions and then agreed upon by the majority of The Cord's editorial board, including the Editor-in-Chief and Opinion Editor. The arguments made may reference any facts that have been made available through interviews, documents or other sources. The views presented do not necessarily reflect those of The Cord's volunteers, staff or WLUSP.*

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MITCHELL CHEESEMAN GRAPHICS ARTIST

## Canadian retailers deserve our national support



DEVON BUTLER  
OPINION EDITOR

Canadian culture has long been treated by the government as something that requires the utmost protection. The legislation made to preserve Canadian culture is regrettably necessary in order to ensure Canadian-produced television, film and musical content is created, distributed and available to the Canadian population.

Canadians are not often given enough credit for appreciating their culture, but sharing the largest international border in the world with the United States certainly creates problems.

The Canadian government has attempted to regulate the entertainment industry; ensuring Canadian content gets a fair chance in a world dominated by Americans.

It is becoming nearly impossible however, to differentiate between American and Canadian culture as our massive border does very little to keep American influences out.

I can easily attest to the influences American culture possesses as it seeped constantly into Windsor, ON where I grew up. Living out my impressionable years by the Detroit River, I was constantly bombarded by American culture, while simultaneously being taught that anything Canadian-made must be of a lesser quality.

Originally I had hoped when I moved further inland to Waterloo, Canadian identity would be much more realized; regrettably, the power of American culture rang just as strong as I fear it does all across the country.

While I applaud the government for scripting laws that protect our

“  
Sharing the largest international border in the world with the US certainly creates its problems

deteriorating culture, they have completely permitted American retailers to invade the Canadian retail landscape.

While it is important to protect our entertainment industry, it is also important to support Canadian designers and businesses that simply cannot compete with mega-stores like Wal-Mart.

Quebec-based store Le Chateau for example, has been struggling to keep its doors open and after their poor sales in 2011 their future is in serious jeopardy.

While shopping at Le Chateau is often more expensive than at stores like Forever 21, the majority of their clothes are made in Canada, a rare occurrence that should be supported.

Similarly, Tabi had to close all its locations while Jacob was recently forced to close a third of its stores.

These Canadian operated businesses are being replaced with popular American-based stores like Target who bought out Zellers and Nordstrom whose claimed space previously belonged to Sears.

With such an astounding amount of American retailers moving north, nobody wants to be left behind in a weakening American economy.

Whether Canadian citizens have pride in their country or not, the reality is that the Canadian economy is one of the strongest in the current economic climate; a perfect time to allow Canadian companies to flourish.

The problem is that no matter how great these stores may seem in the context of their own country, the structure, stock and price dramatically shift when they cross the border. Not only will Canadian shoppers be denied major labels that American stores carry, but the prices will not be nearly as reasonable.

J Crew for example, opened in Toronto's Yorkdale Shopping Centre to a disappointed clientele upset by the nearly 50 per cent increase on its products compared to its pricing in the US. Despite our dollar being consistently at par or better, Canadians pay about 15 per cent more than Americans.

No matter how many American stores claim to give Canada a cheaper shopping experience like Marshalls, we will never achieve the bargain sales like our neighbours due to a simple matter of higher taxes and higher minimum wages.

Sure, American companies appear more affordable in the context of their own social climate, but with the majority of the provincial minimum wages being almost double their American counterparts, it's no wonder our products cost twice as much.

Disturbing consumer psychology which makes blanket statements that all Canadian brands 'suck' is an ignorant attitude, clearly uneducated about basic economics and differences between nations.

It's important to realize that popular Canadian brands do exist. Lululemon has taken America by storm, Aritzia has been opening stores across major American metropolitan areas and Holt Renfrew is a celebrity favourite during the Toronto International Film Festival.

Since our nation's population is roughly the size of California, it's commendable that we can even succeed amid such a major retail market.

If supporting our nation's industries seem pathetic to those who criticize anything Canadian, by all means, explore the American social and political environment and you'll quickly realize how good we've got it.

# OPINION

Opinion Editor  
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NICK LACHANCE PHOTOGRAPHY MANAGER

From parking to public urination, several of Waterloo's bylaws seem to be completely random.

## City bylaws are misleading

Laws may seem harmless but are designed with unjust cause



JAMES POPKIE  
CORD CONTRIBUTOR

While it often takes a significant event for people to tolerate a great injustice, it rarely takes any effort for people to tolerate a little injustice.

The fact is, there are many laws in our day to day lives that don't seem majorly oppressive like what people in communist regimes would have to face, but are nonetheless, utterly unjust.

Our tolerance of them, in a way, indicates that we will put up with a certain amount of useless and downright unfair regulations in our lives.

Such seemingly harmless regulations that function as what could only be called "soft fascism."

I have recently been given two different \$21 tickets for parking on a street at night in Cambridge. It was not in a no-parking zone and it was on a quiet residential street.

The law simply states that it is illegal to park a motor vehicle on any road, or as they define it, a "highway" in the city of Cambridge, from 2:30 to 6:00 am.

The city of Waterloo also has similar bylaws in effect. It is nothing more than an extortion racket to garner money via fines.

It is a completely unjust law, which not only inconveniences people, but actually encourages drunk driving since it disallows people from parking overnight and sleeping at a friend's house.

This law actually tempts people to

brave the drunken drive home in order to evade the fine. After all, parking in the driveway isn't always an option.

This law is also defined in incredibly vague and misleading terms on the official documentation.

In these documents, all roads -and even bike and pedestrian trails- are defined as highways.

However, by its very definition, a highway is defined as "a highway or a part of a highway under the jurisdiction of the City".

It is as if everyone is supposed to intuitively understand that "highway" means any road or trail without it being explicitly defined as such, to the point where the definition fails to even attempt clarifying this crucial distinction.

This vague terminology seems almost intentionally designed to confuse and mislead people into not understanding what the laws are, so they'll unknowingly break it and be fined. Surprisingly, this is just an example of one irrational bylaw out of many others.

In the city of Mississauga, for example, it is illegal to hang clothes up to dry in one's own yard. While here in Waterloo, the fines for public urination are \$450, an absurdly high fine for such an incredibly minor crime.

The common denominator of oppressive and corrupt laws is that they are all ridiculous and lack any rational justification.

It is not merely the unreasonable nature of the laws that makes them oppressive, but the attitude that a law doesn't need to make sense or be rationally explained in order to exist.

The attitude is that we must accept these laws simply because it is the law; a circular argument if there

“  
Vague terminology  
seems almost intentionally designed to confuse and mislead people

ever was one.

The idea of the social contract has been distorted to the point where we are supposed to accept unfair laws that have no logical purpose for existing, and take them at face value.

There are not even any attempts to justify these law's existence, and in my case, only vaguely worded and misleading legal documentation that defines every minor road and trail as "highway".

Well, I have no intention of using confusing wordage here so I will define these laws as what they are and as clearly as I possibly can: random and unjust.

We need to stop tolerating the soft oppressions in our lives, even though they may seem irrelevant in the grand scheme of things.

The implicit attitudes behind these arbitrary laws, the attitude of unquestioning adherence to legal rules and regulations, even when they don't make sense and when we are given any explanation as to why these laws exist, is something very serious that must be challenged and opposed indeed.

## Talking mental health: Adjusting to university



TRACEY WATSON  
COMMUNITY CONTRIBUTOR

There's a lot of pressure for Orientation Week to be "the best week of your life." For many, this O-Week expectation -albeit a myth- falls short and students are left feeling alone or disconnected.

For some, these feelings of loneliness and apprehension are quickly reduced as students adapt to their new environment. For others, it takes longer for these feelings to dissipate and homesickness or extended feelings of loneliness may result.

Feeling nostalgic for familiar surroundings and family and friends is common when you first move away to university as this is the first time you have been away from home for such an extended period.

School routines are not yet developed and students often ask themselves, "How can I feel so lonely around all of these people?" This is accompanied by a painful longing for how things used to be.

Homesickness is common among WLU students, and most experience it to some degree. Unfortunately, the majority of students don't talk about it. They look at others who are laughing and socializing and by comparison, they feel even more alone and that nobody can relate.

Students do a great job of putting on social masks, but looks can be deceiving. Everyone copes differently; some try desperately to keep busy while others find they can't get out of bed.

Feelings of anxiety, sadness or wanting to withdraw from others can all be signs that homesickness is starting to affect your ability to manage.

Although the reality of academic life can be frightening, many students find that once the routine of classes start, they begin to feel better. Having a schedule to follow and establishing a personal routine can make a significant difference for many students.

Some students may take longer to adjust, and end up really questioning whether being away at university is the best decision for them.

It's a tough decision to make and one that we encourage you to discuss with the supportive people in

your life.

If you are feeling too overwhelmed to make this decision, talking to a therapist at counselling services may help bring about some clarity.

There is no doubt that the transition to university is huge. Students are now responsible for managing their time, their own money, planning their meals, cleaning their rooms and balancing school, work, friends and family.

There are new social decisions to make, not to mention the adjustment to academic demands.

This momentous transition is an opportunity for personal growth and to challenge yourself in ways you never thought possible.

To make this transition more manageable there are a variety of tactics students can try to better adjust. The first is to become familiar with the campus and find that place that feels calm so you can read or study and relax in your own space.

It is also very important to develop a self-care routine in which your sleeping, eating and exercising can be masterfully planned out.

In terms of academia, reading your course outlines carefully and keeping a calendar to keep track of your assignments will keep you organized.

Beyond the structure of university, it is often the social aspect which leaves people most afraid. It is important to talk to people in your residence, on the bus or in your class. The more people who are familiar to you, the more comfortable you will feel.

Making at least one acquaintance per class can help you feel more comfortable and can come in handy for future studying or note borrowing.

The more you talk to people about your struggles the more you may realize there are plenty of people the things you are; most importantly, don't be afraid to ask for help.

By familiarizing yourself with the resources on campus that are there to support you, you will feel more comfortable seeking that help if you need it.

For more information on homesickness and transition tune into Talking Mental Health on Radio Laurier. This program can be heard Mondays, Wednesdays and Fridays at 2 p.m. and Tuesdays and Thursdays at 11:45 a.m..

Tracey Watson is a counsellor at WLU Counselling Services

letters@thecord.ca

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# Catholic church needs serious wake up call

Organization full of hypocrisy and faulty logic



**ALEX REINHART**  
OPINION COLUMNIST

Religion has always been an avenue where a person can practice their individual beliefs.

For the most part, I leave my personal opinions of religious structure out of my tolerance of it.

One religion in particular, however, continues to aggravate me: Catholicism.

Having been raised Catholic and forced to attend church every weekend, I feel like I am qualified to speak of the pitfalls of the religion and explore the reasons that finally caused me to leave the faith.

While the Catholic church has a relatively dark and twisted history, as most religious institutions do, I do not wish to condemn them for their actions in centuries gone by.

Undoubtedly, the church has an appalling past, but there is little they can do to change it now.

Rather, my severe dislike of the Catholic church stems from the modern roots of its current structure and restrictions.

Marriage inequality and, in fact the church's entire attitude towards LGBTQ rights, can be described as nothing less than pathetic and asinine.

Firstly, the church should not have the right to deny same-sex couples the right to marriage.

While this is simply a personal opinion, I recognize that as a private institution the Catholic Church will continue to discriminate and it should still be recognized for what it is: unadulterated bigotry.

More importantly, the Catholic church's view towards the LGBTQ community is damaging to children and young adults who are discovering their own sexuality.

In dehumanizing this group, the church harms both children and young adults, as they are shamed into repressing feelings and concealing their sexuality from family and friends.

To shame young adults from expressing who they truly are is not only an incredibly sad notion, but can only be described as appalling as it only does serious damage.

Another area in which the church must reconsider its point of view is



STEPHANIE TRUONG GRAPHICS EDITOR

towards that of contraception.

If the church genuinely believes that the majority of people are willing to practice abstinence, then perhaps they should look at the latest statistics.

Sure, there is the occasional person who will follow the church's teaching on abstinence, but there are even "devout" Catholic couples that have a child on the way when they are standing on the altar.

The fact that the church believes its stance towards abstinence negates the need for contraception is naïve.

This belief has led to the deaths of millions, and continues to cause innumerable cases of AIDS and HIV infections since without condoms, people are left defenseless to such sexually transmitted diseases.

When looking at the seemingly backwards traditions of the Catholic

church, it becomes a question of where we draw the line by sticking to these old beliefs.

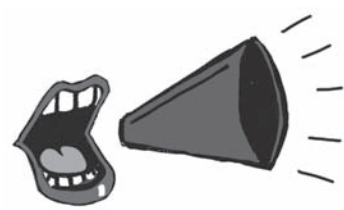
Is holding onto these 12th century values really worth the death of millions of lives?

If your answer to that is anything but no, I beg you to reassess this logic. The last time the church was subject to any sort of update was Vatican II, during the 1960s.

An update every 50 years is not only called for, but completely necessary with such a rapidly evolving society.

These reforms are not only for the betterment of society, but are necessary to help the Catholic church survive.

For an institution which has been failing miserably for the past few decades, perhaps they should consider taking this advice for everyone's sake.



You know what yanks my cord...

...douchebags, everywhere.

Is it just me or did the 2012-13 year bring the biggest spike in douchebaggery in Laurier's history?

I feel like every time I go to the bar - which I do enjoy on a weekly basis - I have to watch my step and where I look, or I might be hit with the question, "What are you doing, bro?"

Yeah, I get it. Everyone wants to be that "alpha-male" where no one will fuck with them. But trying to start fights in a public place over the most insignificant matter is not going to make you look like a stronger man, you look like a fucking asshole.

I was walking down a street back from the bar last week and a guy, who I'm assuming was in second or third year, asked if I had a "light."

I thought he meant a lighter, but

apparently he meant a cigarette, which I didn't have, so I apologized. With his shoulders raised and chest pushed out, he stepped towards me and let out a bizarre sounding roar. What the fuck? Sorry I was such an inconvenience to you.

I'm not saying every "bro" at Laurier is a douchebag, and I do believe some people deserve, in extreme circumstances, a good punch in the throat.

But if you're going to heckle people from your parents' BMW, treat people like shit because you think girls will like it or start a clusterfuck of drama because someone looked at you the wrong way, then go fuck yourself.

High school is done. Be nice to others, you fuckers.  
-Justin Smirlies

## Letters to the Editor

Don't walk on the hawk

Dear Editor,

As a second-year, but a newcomer to the Waterloo campus, I was warned ahead of time by a friend of the Laurier tradition of walking around the Golden Hawk emblem near the bookstore.

Unfortunately managed to forget and incur the momentary wrath of some bystanders when I ambled my way down the hall during O-Week, beating the bookstore line by a week.

After apologizing and swearing to walk around next time, I had a good chuckle at this tradition and I've decided I quite like it.

However, with the beginning of classes, I've seen at least three

people unwittingly walk clean across the Hawk, without any attention from bystanders.

Perhaps some mercy should be given to ignorant first years. Or perhaps we're all just becoming to apathetic, but our Laurier traditions should be upheld, though we may not be Oxford, Cambridge, or some Ivy League school with a much deeper culture and tradition.

-Joseph Brannan

**Letter policy**

Letters must not exceed 250 words. Include your full name and telephone number. Letters must be received by 12:00 p.m. noon Monday via e-mail to letters@thecord.ca. The Cord reserves the right to edit for length and clarity or to reject any letter.

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# More than just a morning coffee



**DON MORGENSON**  
COMMUNITY CONTRIBUTOR

What better way to get started in the morning than by simply pouring hot water over ground coffee beans, grown in those sun-drenched, tropical highlands?

The seductive smell of that innocent cup of coffee, involves you and me in a web spun by a highly lucrative, international commodity.

By volume, coffee is second only to oil as a commodity in international trade, as nearly 75 per cent of all coffee produced moves from one country to another.

With a Tim Horton's on virtually every corner, and an addict in every home, Canada is among the top destinations of the coffee beans produced in the world. Coffee is a very big business.

What is problematic about the way coffee is financed is that 9/10ths of the price we pay towards one cup goes to the powerful companies like General Foods, Kraft and Nestle, which ship, roast and retail the product.

A mere 1/20 reaches the people whose laboring lives are spent actually growing and harvesting the coffee we so often take for granted.

In the United States the demand for coffee grew significantly after the Boston Tea Party.

When those upstart colonials protested "No taxation without representation," and threw British tea into the Boston harbor, drinking coffee became a patriotic duty.

Some social critics, looking at our compulsive caffeine need at breakfast, argue that perhaps it means

today that we "break-fast" out of our starting blocks and into the hurried, frenetic treadmill of life.

Coffee is that much needed stimulant.

A single cup of coffee contains a solid dollop of caffeine, anywhere from 50-180 milligrams. That caffeine dilates blood vessels, supplies the brain with oxygen, stimulates neurons in the cortex, fires up gastric glands, speeds intestinal movement and increases cardiovascular output.

No wonder Tim's drive-thru has become traffic problems as cars desperately pile up to the take-out window to get their fix.

With the many generous side-effects of caffeine, it is easy to see why a cup of coffee has become a critical component of Canadian drug culture.

Coffee is a performance drug with wide social approval and yet, still widely used. Similarly, it fits well with our obsession to out-achieve others.

Coffee conditions us for the rat race that lies ahead each work day. It truly is a rat-race for our numerous cups of coffee to come during our much needed morning "coffee breaks."

These coffee breaks allow us time to meet our co-workers as human beings, not as cogs in a gigantic assembly-line or corporate gear-box. Here we can discuss and reveal the human dimensions of our often tedious jobs.

Remember, too, the "koffee klatsch," a gathering of neighbors on the block, a place where neighborhood gossip is shared.

Even more important, according to Sara Ruddick, such a meeting was a place for "maternal thinking", in which conversations about the joys and sorrows, frustrations and fine moments of parenting, reinforced the community's values of care, nurturing, and training.

With both mom and dad at work today, the neighborhood "koffee klatsch" is an endangered species.

Coffee has also been associated with cerebral activities, the intellectual life and even, heaven forbid, with university professors.

Remember the intellectual roots of the great smoke-filled, coffee houses of Paris, Berlin or Prague where anarchy was whispered and revolution planned. All the subversive sub-cultures of the world came together in those coffee houses.

Such café societies worried those committed to the status quo. For example, French philosopher Montesquieu complained, "Were I the King, I would close the cafes, for the people who frequent those places heat their brains in a very tiresome manner." So let us all hail "coffee time".

Our lives are fragmented and scattered in many ways and coffee brings us together once more; a community countering the loneliness and isolation we may feel.

While there are relevant problems that need to be dealt with around the business of coffee, it has historically and presently been a source for human connectivity.

So the next time you reach for your fix, just ensure it is both fair trade and being consumed to relax rather than joining the rat race.

*Don Morgenson is a professor of psychology at Wilfrid Laurier University*

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ALI UROSEVIC GRAPHICS ARTIST

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## SPORTS

Sports Editor  
Shelby Blackley  
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# Struggling for consistency

Men's rugby moves to 0-3 after weekend loss to division-leading Brock Badgers

**SHELBY BLACKLEY**  
SPORTS EDITOR

Winless in three is not the way head coach Rob McQueen wanted to start his season.

But the Wilfrid Laurier University men's rugby team was unable to break through against the visiting Brock Badgers Friday, and have yet to win — or score — in three games.

"A lot of the problems we're having right now are results of inexperience and not enough prep time," McQueen said. "We've had injuries early in the season and we've had a few coaching losses so the players are still laying with a bit of confusion and they're not certain of their roles yet."

After going 0-2 against the forces of Queen's and Guelph, Laurier looked for redemption against the first-place Brock Badgers.

But inconsistencies and bad bounces became pivotal factors in sealing the Hawks' losing fate.

Brock's second try was a result of an awkward bounce off a kick, where the ball ended up staying in bounds and the Badgers recovered it.

Laurier generated offence, but found no way to the goal line.

"They had two opportunities to score and they capitalized. We had several and didn't," McQueen said. So, what's next?

McQueen stressed that the purple and gold need to find some way to fix the broken pieces before they play their next five games.

"That's just causing ripple effects in terms of dropped balls and mistakes and stuff. So again, we aren't capitalizing because of uncertainty and lack of confidence and dropping the ball under pressure when it counts."

The small mistakes that are hurting the Hawks will be a main focus this next week, as the team has 14 days off between their two games.



NICK LACHANCE PHOTOGRAPHY MANAGER

The Hawks tried capturing their first win against the Brock Badgers Friday, but were defeated 14-0.

Their next match will be against the McMaster Marauders on Sept. 28 at home, with plenty of time to mend their broken parts.

"We've got a bye week this week so there's no game to prep for and we've got a lot of time to get everyone's head straight and cleared up," McQueen said.

With five games left, the Hawks will need to win at least three to contend for the final few spots.

But McQueen believes that his team will be able to win the majority of their final games. Western will be their biggest contest, but Laurier should be able to battle with every other opponent coming up. They just need to mend their mistakes, get healthy and focus on their roles.

"It's just a matter of time, really," he said. "We've got quite a few guys back from injury now. We've got lots of time to get things clear on

everyone's mind and hopefully that results in better execution.

"[And] as long as we make the playoffs, get healthy, who knows. Anything can happen then."

After McMaster, the Hawks will travel to Waterloo, Western and RMC before finishing off at home against Toronto. And what's McQueen's goal for his final games?

"Win them all."

## Hawks suffer third straight loss

**SHELBY BLACKLEY**  
SPORTS EDITOR

"We rolled over."

The way co-head coach Amy Bambury explained the play of her women's rugby team Saturday evening was simply expressed in three words.

They just let the visiting York Lions in.

The Wilfrid Laurier University women's rugby team suffered their third straight loss of the season by a score of 55-0 to the hands of the Lions Saturday afternoon at University Stadium.

With only three games left in their season, the Hawks will have to find something to push them toward a winning curve.

"We've got to run it," Bambury said. "We're excited and happy with the first half [of the game], but we need to make some big changes to turn the scoreboard around and get some wins."

Saturday's game wasn't entirely dominated by the visitors. The first half, the Hawks held York to only 15 points.

But the strength and toughness of the Lions was too much for Laurier, as they got dominated in the scrums and could not find a way past York's backs.

"Way too soft," Bambury said. "We gave them the game."

Laurier sits with only a 27-player roster, with the majority in first or



CRISTINA RUCCHETTA LEAD PHOTOGRAPHER

Laurier was held scoreless Saturday against the York Lions 55-0.

second year. The young team has tried to improve upon an 0-6 season from last year.

But in Laurier's first three games, they have been held to only two tries, both scored in their first match with the University of Toronto Varsity Blues on Sept. 5.

The Ontario University Athletics (OUA) defending champions, the Guelph Gryphons, then defeated the

Golden Hawks 91-0 on Sept. 9 before Laurier hosted the Lions at University Stadium Saturday, and were again held scoreless.

Finishing their season at the beginning of October, the Hawks will look to improve on subtle tactics in order to secure a win.

Bambury believes the main focus is playing a full 80-minute game, and representing the Laurier team.

"We've got to put on the jersey and play with some sort of purpose instead of just being out there on the field."

—Amy Bambury, co-head coach

"We've got to put on the jersey and play with some sort of purpose instead of just being out there on the field," she said.

In terms of injuries, Bambury assured the Hawks are healthy. "We're good that way," she confirmed.

The Gryphons sit at the top of the OUA, allowing only eight points against them in three games.

Laurier remains stuck at the bottom of the division, sitting winless along with the Brock Badgers, who they will face on Oct. 5.

On Saturday, the Hawks will face the third-place Western Mustangs, before heading up University Avenue to play the second-place Waterloo Warriors on Sunday. Their Oct. 5 match-up with Brock at University Stadium will close out the regular season for the purple and gold.

## Sports in brief

### Women's soccer still unbeaten

Second-year forward Emily Brown had five goals in two games over the weekend as the Laurier women's soccer team improved to 5-0-1 with road wins over Windsor and Western.

Brown's performances moved her into the Ontario University Athletics (OUA) lead in goals with nine, and earned her OUA athlete of the week honours. Leading the OUA West by four points, the Hawks will be on the road versus UOIT on Saturday before returning home to play McMaster on Sunday.

### Two draws for men's soccer

Laurier's men's soccer took two points from their weekend matches, after a 2-2 tie with Western and a scoreless draw with Windsor. Robert Kardaras and Brett Harrington scored for Laurier in Saturday's match up with Western.

The Hawks sit in third in the OUA West, four points back of the second-place McMaster Marauders, who they will play on Alumni Field this Sunday after a road game on Saturday against the UOIT Ridgebacks.

### Women's lacrosse opens 2-0

Saturday afternoon saw the WLU women's lacrosse team kick off their season with a pair of wins; a morning triumph over the Queen's Gaels 13-6, followed by an afternoon victory of 9-7 over the Guelph Gryphons. Both games were played at Western.

Queen's University will host this weekend's OUA lacrosse action, where the Hawks will play two games against McMaster and one against McGill. Laurier's only home action of the season will come on Oct. 13 and 14.

### Baseball team evens record

Three wins and one loss over the weekend pulled the Laurier men's baseball team back to the .500 mark, evening their record at 4-4. The Hawks swept a double header at home versus the University of Toronto on Saturday before splitting a pair of games with McMaster on Sunday.

The purple and gold will be on the road in London on Sunday before returning home to play the Waterloo Warriors on Sunday.

### Hockey teams kickoff pre-season

Laurier's hockey teams were back on the ice last week as both the men's and women's squads entered exhibition play. The women downed the York Lions 5-3 in Toronto on Thursday before falling to the reigning CIS-champion Calgary Dinos 7-1 on Friday.

The men won their lone contest, 4-3 on the road over the Ryerson Rams.

The women's team kicks off its regular season Oct. 6 on the road versus Western, while the men open Oct. 11 at the University of Waterloo.

—Compiled by Justin Fauteux







KATE TURNER PHOTOGRAPHY MANAGER

Laurier running back Lance Freeman finds the endzone for the game-winning touchdown Saturday against the York Lions with 1:11 left in the fourth quarter.

## Hawks find first breakthrough of 2012

**SHELBY BLACKLEY**  
SPORTS EDITOR

It was just a matter of time until they found a way to break free.

And by defeating the York Lions 24-20 in a nail-biting finish, the Wilfrid Laurier University men's football team escaped a dreadful 0-3 start to their season.

"When we had to get it done, the kids got it done," head coach Gary Jeffries said. "We've been talking all year about making plays at significant times during the football game."

Backup quarterback Steven Fantham found Lance Freeman with just over a minute left in the game to secure the win for the Hawks.

"Once we have some success, your confidence builds, and this will help us a great deal," Jeffries said.

In what was considered a must-win game, the Hawks came out with a higher level of intensity, picking up their first lead of the season with a minute left in the first quarter.

Rookie quarterback Travis Eman rushed one yard for his first rushing touchdown in his CIS career and Ronnie Pfeffer made the conversion to put Laurier ahead 7-0.

The Hawks continued to push throughout the second quarter with Freeman scoring his first touchdown of the game and Pfeffer adding a 26-yard field goal.

Leading 17-3 at the end of the second quarter, the Hawks had scored more points against York than their first two games combined.

It seemed like the Hawks finally found the remedy to their slow start, but inconsistency got the best of them again.

In less than two quarters, Laurier saw a well-constructed lead diminish. An interception, a field goal and two touchdowns later, the Lions went ahead 20-17 with five minutes left in the match.

"For a while there we were kind of in the same mode that we had been for the first two games of the

season," Jeffries said. "We were making errors, keeping them in it."

"Second half we wanted to come out and manage the football. First play, we turn it over."

"I was on the sideline, praying to God, that I get the last play," Freeman said about his game-winning touchdown. "I'm not going to lose this game, I'm not going to lose this game. And you know, scoreboard says it all."

Fantham, who replaced Eman with five minutes left, went 4-for-8 with his passes, connected with Freeman at 1:11 in the fourth quarter.

Anthony Petrucci then picked off Lions quarterback Myles Gibbon's pass to defend any chance for York to produce a final-play miracle.

Jeffries also said that he is unsure which quarterback will get the start on Saturday against the Ottawa Gee-Gees.

"We'll have a good look at it," he said. "I won't say exactly this second, but [Fantham] did a hell of a

job [today]."

Fifth-year linebacker Mitchell Bosch also made history Saturday, as he topped the all-time tackles record at Laurier.

With 4.5 tackles against York, Bosch sits with 181.0 tackles in his five years as a Hawk. He surpasses Kevin MacNeil who had 180.5 tackles in five years.

"Phenomenal kid. Phenomenal athlete," Jeffries said of Bosch. "I told him out there I've had the pleasure over forty-odd years of coaching some great linebackers, but he's top of the class right now. He's outstanding."

"He's just a super athlete, and a big heart. And fearless. Fearless. Great combination for a linebacker."

Although Laurier found a way to produce offence, Jeffries believes that the team's consistency must be fixed in order to move ahead in the Ontario University Athletics (OUA) standings.

"It's just a matter of consistency. Consistency and not turning it over

and that's just about it," he said. "We have to run the football. We have to be able to move some people up front. We have to get better."

But they will certainly use the momentum as they go into Saturday.

"I think, because of the success, it's going to help us a great deal," Jeffries said. "You know, they'll be revved up to be right out here [on the field]. We're excited to be going down to Ottawa."

Freeman agreed.

"We just needed the monkey off our back, we just got to carry on fixing the mistakes in practice and hopefully we are able to sustain a lead."

And their next game this Saturday in Ottawa will be another must-win if the Hawks hope to keep their postseason dreams alive.

"This is a playoff game," Jeffries said. "In fact, every game we play for the rest of the season is a playoff game. We're just starting six games early."

## Second-year Malizia finds place with men's soccer

**SHAYNE MCKAY**  
STAFF WRITER

After a disappointing loss last season that cost them the chance to make the playoffs, the Wilfrid Laurier Golden Hawks men's soccer team is looking to avoid history repeating itself.

And one of their biggest asset in helping them achieve this so far comes from rookie midfielder Sean Malizia.

"We were trying to turn around our whole mentality this year and so far we've gotten off to a great start," said Malizia. "We've got a lot of young talent mixed with veteran players so we're looking to make a run in the postseason that's for sure."

Although this is Malizia's first year on the team, he is currently in his second year of business.

"Last year, I didn't think I'd be able to handle my workload along with soccer," he said. "But then I figured since I had a good experience in first year that I'd be able to do it this year and so far so good."

Classes weren't the only reason he took some time to decide.

"I also never thought I would be able to compete at that level," Malizia said. "But I watched a couple games last year and I figured if I

really worked hard I could compete."

Soccer has always been a major part of Malizia's life from a young age.

"Growing up, I didn't really play too competitively," he said. "The last couple years or so is when I started to take it more seriously."

Malizia hasn't been the only one in his family to excel at the sport, however. His sister, Heather Malizia, played for the women's soccer team for five years and was a major factor in their success of recent years.

"I've tried to follow in her footsteps and she's definitely left some big shoes to fill," Malizia said. "She's a big role model and I'd love to have some of the success she's had in this program."

His sisters are also what drew him towards Laurier in the first place.

"Both my older sisters went to Laurier so I sort of followed them," he said. "Laurier also has one of the best business programs in the province and that was a major factor to my choice as well."

However, Malizia isn't just about to let his sister's stardom leave him cast in her shadow. He was named Laurier's male athlete of the week Sept. 3.

"I was very surprised by that, I'm

not going to lie," he laughed.

"It's definitely been a big boost to my confidence and helped me become more comfortable at this level of play."

Malizia knows the biggest key to his success is teamwork.

"I have a great supporting cast, lots of great teammates and two of my roommates are on the team so it's nice to be able to have them to keep things soccer-oriented," he mentioned.

"If I'm not feeling it, they're there to pick up the slack and we keep each other motivated."

Malizia also knows that the only way to make the postseason is to constantly improve.

"I have to get more comfortable on the ball, it's higher paced than anything I've ever played," he said.

"Every day I practice and learn everything I can from the coach, which I hope to contribute to the team."

What does the future hold for the rookie midfielder?

"I'm not 100 per cent sure. I'm just going with it right now, trying to get my degree and I'll see where that takes me."

"Right now I'm just happy to be a part of a successful young team who are looking to improve their fortunes this year and the coming years."



KATE TURNER PHOTOGRAPHY MANAGER