



## Jeffries' future in doubt

Football coach's 35-year tenure at WLU likely over

**SHELBY BLACKLEY**  
SPORTS EDITOR

Wilfrid Laurier's men's football team will likely see a shake up in the coaching staff in the near future, as speculations regarding the state of head coach Gary Jeffries rose quickly Monday afternoon, escalating Tuesday evening when claims were updated on social media.

Jeffries, who has been a beloved head coach of the team since 2003, is currently in up north "weighing some options," according to Laurier's athletic director Peter Baxter.

"Basically there's a lot of speculation out there, but really coach Jeffries is up in Southampton and he's weighing what's best for the program."

Late Tuesday night, CTV Kitchener reported that a source close to the team had confirmed that Jeffries would not be returning to the team.



NICK LACHANCE PHOTO MANAGER

Sports, page 19



NICK LACHANCE PHOTOGRAPHY MANAGER

## Rocky season comes to close

Hawks' season comes to a close with blow-out loss to Queen's in OUA quarter-final

**SHELBY BLACKLEY**  
SPORTS EDITOR

Finally, it has come to an end.

In what has been described as one of the worst football seasons in ten years, dating back to 2002 when the team had a record of 1-7, the Wilfrid Laurier Golden Hawks saw their time in the Ontario University Athletics' (OUA) playoffs come to a quick and abrupt finish after being defeated 34-0.

A rouge, three seconds in to Saturday's quarterfinal match between the third-seeded Queen's Gaels and the sixth-seeded Hawks was as much offence as the Gaels needed to walk away with a ticket into the semifinals.

And a somber loss sent the Hawks on a long bus ride back

home.

"I'm extremely proud of them," head coach Gary Jeffries said. "They battled and that's all we can ever ask. They did that all year. This was no exception today."

The blow-out loss capped off a year that included three scoreless games, 18 straight quarters without a touchdown — dating back to the Homecoming game against the Guelph Gryphons — and 11 straight quarters without a point, going back to the first quarter against the Western Mustangs Oct. 13.

"I hate to use it as an excuse, but youth and inexperience," said fourth-year full back Isaac Dell of the team's disappointing season. "Obviously we didn't want it to end this way and Queen's on the defensive side of the ball wasn't

necessarily doing anything that we didn't expect, we just couldn't get it rolling."

The Hawks finished the regular season with a 3-5 record. The offence generated the fewest points in the OUA. Their total amount of points generated barely passed over 100.

"I know on the offensive side of the ball I was the only returning starter, so it's kind of tough to get cohesion with a young group," Dell said.

With an uncertain future, the Hawks will need to find some way to get rid of the dark cloud that surfaced moments into the season-opening 19-0 loss against the Toronto Varsity Blues.

The most rushing yards generated were by first-year quarterback

"I hate to use it as an excuse, but youth and inexperience."

—Isaac Dell, Laurier full back

Sports, page 19

## WLU's new multi-campus model

**JUSTIN SMIRLIES**  
NEWS DIRECTOR

In order to ensure more cohesion between the Waterloo, Brantford and Kitchener campuses at Wilfrid Laurier University, the institution has implemented a new academic multi-campus governance model that will see some faculties stretch over multiple campuses as opposed to each of them being divided by geography.

Approved at the last Laurier senate meeting on Oct. 16, this new model will place one dean responsible for a particular faculty, regardless of where they are positioned. For example, if the social work faculty offers programs at Brantford, but the dean is positioned at the Kitchener faculty, then the dean in

Kitchener will be accountable for the programming that occurs in Brantford.

"It's not based on geography, it's based on discipline, so wherever the discipline resides ... then it's responsible for its offerings across the university," explained John Fraser, the associate secretary for Laurier's senate and key person involved in the process.

"Part of the problem is that we don't know what these faculties will be."

Fraser noted that if a program originated on a campus, such as criminology at Brantford or business at Waterloo, the faculty dean for that discipline, such as the dean

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### Inside

#### Student dies in accident

A UW student was killed Thursday after being struck by a vehicle in Uptown Waterloo

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#### Hey Ocean! makes splash

B.C. pop-rockers play energetic set at Uptown Waterloo's Starlight Lounge

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CRISTINA RUCCHETTA LEAD PHOTOGRAPHER

Women's soccer off to OUA final four

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Editor's choice

A night with the Jason White Trio  
Arts, page 15



Editor's choice online

Cord Life goes to the market  
thecord.ca



# THE CORD

The tie that binds Wilfrid Laurier University since 1926

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### Preamble to The Cord constitution

The Cord will keep faith with its readers by presenting news and expressions of opinions comprehensively, accurately and fairly. The Cord believes in a balanced and impartial presentation of all relevant facts in a news report, and of all substantial opinions in a matter of controversy.

The staff of The Cord shall uphold all commonly held ethical conventions of journalism. When an error of omission or of commission has occurred, that error shall be acknowledged promptly. When statements are made that are critical of an individual, or an organization, we shall give those affected the opportunity to reply at the earliest time possible. Ethical journalism requires impartiality, and consequently conflicts of interest and the appearance of conflicts of interest will be avoided by all staff.

The only limits of any newspaper are those of the world around it, and so The Cord will attempt to cover its world with a special focus on Wilfrid Laurier University, and the community of Kitchener-Waterloo, and with a special ear to the concerns of the students of Wilfrid Laurier University. Ultimately, The Cord will be bound by neither philosophy nor geography in its mandate.

The Cord has an obligation to foster freedom of the press and freedom of speech. This obligation is best fulfilled when debate and dissent are encouraged, both in the internal workings of the paper, and through The Cord's contact with the student body.

The Cord will always attempt to do what is right, with fear of neither repercussions, nor retaliation. The purpose of the student press is to act as an agent of social awareness, and so shall conduct the affairs of our newspaper.

Quote of the week: "I teared up watching the Fresh Prince yesterday" -Arts Editor Amy Grief re: a "really touching moment" during an episode of The Fresh Prince of Bel Air



LAURA TOMKINS FILE PHOTO

## From the archives

### 5 years

#### Lacrosse five-time champs

It was a dismal weekend, as rain and wind pounded Waterloo region; however, in front of the few fans that were brave enough to tackle the chilly weather, the Wilfrid Laurier Golden Hawks women's lacrosse team continued to write OUA history as they walked away with their fifth straight championship title.

"It's amazing," said third-year attack Amy Fincham. "Everyone showed great leadership and we all came together when we needed to."

"One was great, and then you get the stress of whether you can repeat," said head coach Lynn Orth. "Suddenly you're at five and you're just like, 'wow.'"

With the win, Laurier extends its championship streak to five years and claims its sixth title in the ten-year history of OUA women's lacrosse. During the last five years, they've only lost two games, including both playoffs and the regular season.

To conclude what was already a spectacular season for the Hawks, three players were given OUA major awards and four were given all-star nods.

Printed Oct. 31, 2007

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## Welcome back Katelyn



The Cord is thrilled to welcome back one of our Lead Reporters, Katelyn Cullum. Katelyn was in the hospital last month, and after some scary moments, that she thankfully doesn't remember, she's back. And we couldn't be happier. We missed you Katelyn!

## This Week in quotes

"We don't just want to be there. We want to go there preparing to win."

-Women's soccer head coach Barry MacLean on his team advancing to the OUA final four

"I always have a good time going down to the states...I'd say it's pretty badass."

-Residence Life don Benjamin Cuff on being able to go to North Carolina for a dons exchange

"Gigs in Toronto aren't generally all that attractive [and] audiences aren't necessarily that appreciative."

-Jason White, frontman of Jason White Trio on playing shows in Waterloo versus playing in Toronto

"Watch us next year. We'll be back."

-Laurier running back Isaac Dell following the end of his team's season

"To the nine guys that probably strapped it on for the last time, I thanked them. I thanked them for everything they've given us. They've given us a great deal."

-Laurier football head coach Gary Jeffries after his team was eliminated from the playoffs

"There's always a little bit of celebration, there's always a little bit of 'why didn't we do so well,' but those scores alone don't generate specific actions."

-Tom Buckley, assistant vp: academic on Laurier's results in the Globe and Mail's university rankings

## Vocal Cord

presented by Radio Laurier www.radiolaurier.com

What's the best Halloween costume you've ever worn?



"Trojan man. It was all white with a helmet, like a condom."

-Ben Grossman first-year, business



"Velma from Scooby Doo. My whole group dressed as the rest of the gang. We couldn't find a dog costume, so my friend brought his dog as Scooby."

-Vreshin Nagarujai fourth-year, business



"Caesar. It was really cold, but it looked really good."

-Sira Diaby third-year, health science



"Russell from Up."

-Phil Pham-Ho fourth-year biography



"White swan from Black Swan."

-Amanda Ho third-year, chemistry



"An inflatable pumpkin, like three years ago."

-Helen Aciri first-year bio chemistry

## WEEKLY SPECIALS

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## NEWS

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NICK LACHANCE PHOTOGRAPHY MANAGER

Student workers, such as the one above at the Pita Shack in the Terrace, are finding it increasingly difficult to manage work and courses.

## Balancing work and academics

ALANNA FAIREY  
LEAD REPORTER

With the increasing cost of education and the desire for work experience, students are working more now than ever while taking on full course loads.

According to the Canadian University Consortium undergraduate student survey, which came out in 2011, on average, the 56 per cent of students who were employed at the time of the survey work 18 hours per week.

One in six students work full-time, defined as more than 30 hours per week.

Alysha Li, president of the Ontario Undergraduate Student Alliance (OUSA), noticed a trend that university and college students are working more while in school, as the cost of tuition continues to amplify. In addition, the pressure to pay off student loans is a growing concern amongst working students.

"The trend that we see right now is that tuition has been increasing for the last few years and its becoming more or less affordable. In Ontario, we have the highest tuition in the country," Li said.

"Students are working a lot more to pay off their student loans more and more each year."

Previously, students had relied on their summer income to help pay the cost of their tuition. Li claims that students are now finding themselves in a situation where they cannot be assured that the summer income can offset the rise in tuition. This is becoming an increasing concern.

"At times when students normally relied on summer income to offset

their tuition costs now is looking like it may not be sufficient," Li added. "I think we need to work on adjusting the tuition issue and having more co-op and internship options for students."

Li added that while students may feel the struggle of paying off their tuition costs, they could also benefit themselves by working in a job that will help them to procure a job after graduation.

"I think students are looking for the perfect harmony. They are looking for a job that would enhance both their employability skills as well as pay off their student loans," Li explained.

"Not only will they pay off their tuition, they will get experience in the field that after graduation they can use to their advantage."

Caleb Thompson, a third-year Neuroscience and Behaviours student at McMaster University, has been working as a waiter at a local pub for almost a year and a half to help pay for the cost of his pricey tuition.

"Being a student and also having a job definitely puts a lot of pressure on me, I sometimes feel like I can't catch a break," Thompson admitted. "I would rather put most of my focuses into my studies, but I'm the one paying for my tuition and all my books. They're not going to come free to me."

Though Thompson has acknowledged that waiting on tables will not give him the experience he needs to become a neurologist, his main priority is to have enough money to continue his courses.

"Getting tips as a waiter has helped to pay for most of my textbooks this semester. If I'm still able to make enough money to put

myself through school and still have good academics, I think it's just a small price I have to pay."

Gina Antonacci, the dean of social and community service at Humber College, has also acknowledged the amount of work that students have to deal with. While some students may use their busy workload as an excuse to get out of their assigned schoolwork, Antonacci claims that this is sometimes a valid excuse.

"Many of our students, in addition to coming to school and engaging in full-time programs, also have full-time jobs and other responsibilities. There is certainly the possibility that the student is frivolous or could be lying, but unfortunately, many times students are telling the truth," Antonacci shared.

"Many times they are responsible for financing their own education, some are responsible for children and it is a real juggling act for them."

Antonacci suggests that students practice time management skills in order to divide their time between school and work evenly.

She also suggests seeking guidance from on-campus assistance, as students can effectively assess their strengths and weaknesses. "Students today have a lot on their plate. A lot of them are in a position where they have to work and they also, of course, academically want to get ahead and be successful in their programs," Antonacci added.

"Sometimes it is not unreasonable to accommodate the students with short-term accommodation, but it cannot be a long-term solution. They have to create their own strategies to enable them to be successful."

### 56 %

Students who said they were employed at the time of OUSA's 2011 survey

### 18

Hours the average students works while in school

### 1 in 6

Students from the survey said they worked more than 30 hours a week

### \$7,180

The average of cost of tuition in Ontario

More news inside:

### Anti-bully

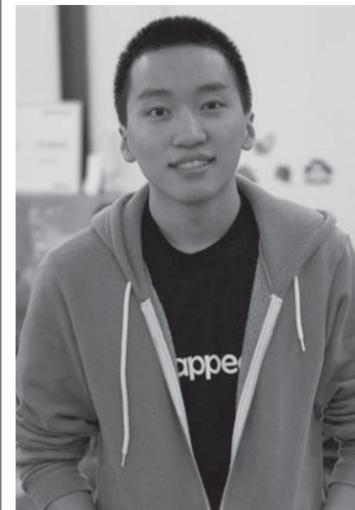


WADE THOMPSON

Government and groups seek national anti-bullying strategy

National, page 8

### UW on CBC



CRISTINA RUCCHETTA

Waterloo alumni to be featured on the show *Dragon's Den*

Local, page 7

## Framework will prepare Laurier for expansion

—cover

of business in Waterloo, will be accountable for all its course offerings across each campus.

Currently, the way the Brantford campus works is that one dean is in charge of the whole campus, regardless of what the department or program is.

The system will alter where various deans will be put in place, but those have to be determined.

If a campus has program offerings that originate from another campus, then an associate dean will be put in place.

"But one of the things this model contemplates is that you have to have people on the ground to do this kind of thing," continued Fraser.

"It was an opportunity to look at other universities who are

multi-campus, and how they address these issues around governance and organizational structure on the administrative side," said Tom Buckley, the assistant vice-president: academic at Laurier.

The vision of this, however, is not to have one campus appear more superior to the others. It also takes into consideration the possibility of a Milton campus.

"The vision is for two or three campuses of equal size," Fraser said. "So there isn't one main campus in the long run."

"We didn't build something for two campuses that we would have to re-architect for three or more," added Buckley, nothing that this avoids "unhealthy competition" between campuses.

The administration has set up a committee in Brantford to address

how the programs will be split up in different faculties. The acting dean at Laurier Brantford, John McCutcheon, is the chair of this committee.

"With one dean [at Brantford] there's a mixture of very applied programs of humanities and social sciences ... in one faculty which is sort of an unusual sort of coupling of academic programs," explained McCutcheon.

He added that it is unknown at the moment with how these faculties will be set up.

McCutcheon also said that the growth of Laurier Brantford - which currently sits at approximately 2,750 full-time students and around 75 full-time faculty - makes it increasingly difficult to manage the university under the model it currently has.

It will also help increase

representation for the Laurier Brantford campus in the senate and other governing groups.

"This is hugely important to people here, because what we're looking at is the next 20 years of their career or ten years of their careers. It's a very serious decision here for people," McCutcheon continued.

"So far there's been no opposition to the process, but I have no doubt that when suggested models come out there will be some lively discussion."

A timeline has been set by the administration and the university hopes to have the new model to be implemented by July 2013, which will be, said Fraser, "phased in slowly."

"We have an opportunity to do things right," said Buckley.

"The vision is for two or three campuses of equal size."

—John Fraser, associate secretary for the Laurier senate

# CAMPUS

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## Dons participate in American exchange

WLU, UNC and Wake Forest University have a joint program to expose dons and RAs to different systems

MARISSA EVANS  
LEAD REPORTER

Wake Forest University and the University of North Carolina (UNC) have an important connection to Wilfrid Laurier University — a tie that many students may be unaware of.

This is the fourth year that Wake Forest, and the third year that UNC, are participating in a don exchange program with WLU.

The exchange involves Residence Life dons from Laurier and Resident Advisors (RAs) from the American institutions visiting each other's campuses in order to learn about the programming each has to offer for students living in residence.

Laurier hosted its half of the exchange from Oct. 17 to the 21, inviting both institutions to visit its Waterloo campus. Four people from UNC, as well as three people from Wake Forest, participated in the exchange.

"We basically structured a schedule that wove in elements about studying in a Canadian institution that was publically funded," explained David Shorey, associate director of residence education.

"There's definitely a cultural exchange to it as well about being a student on this campus."

The visiting RAs stayed with the five Laurier dons who were accepted for the exchange. This gave them the opportunity to learn about what Residence Life and Residence Education at Laurier provide for students.

The dons from Laurier will be travelling to North Carolina for the second half of the exchange from Nov. 1 to the 4th.

"We're going to send a professional staff member to each



Residence Life has continued its exchange program for dons with Wake Forest University and UNC.

institution as well as three dons to UNC and two to Wake Forest," said Shorey. "And they're going to be doing much the same."

Part of the exchange will expose the dons to the programming which Wake Forest and UNC implement.

There will also be a cultural component where the dons will attend a football or basketball game.

Fall break aligned with the exchange for the RAs from North

Carolina, allowing them to visit Laurier without missing any classes. However, when the Laurier dons visit Wake Forest and UNC they will miss class.

Shorey commented on the fact that the Laurier dons will be leaving their floors unattended during this period.

"For us, I think it speaks for our program quite a bit, that we have a supportive work environment," he

said. "So while these dons are gone for a couple days ... other dons are going to be in the communities, supporting students just the same."

Benjamin Cuff, a fifth-year WLU student, is a don in MacDonald House who is participating in this year's exchange.

"I'm really looking forward to it," he said. "I can't wait to see John [an RA from Wake Forest] and the other delegates that we met, learn more

"This exchange, I think, will continue because it's mutually beneficial."

—David Shorey, associate director of residence service

about Wake Forest and see their campus and what their student life is like in comparison to Laurier."

As this is Cuff's third year donning at Laurier, he reflected on the reason why he chose his fifth-year to apply for the exchange.

"I've grown a great appreciation for what the role is all about," he said. "The idea of being an influential role for students - it's something that's a big deal for me."

Cuff has had over 100 students since he began donning and explained that he hopes to gain a greater perspective of the role in general.

According to Shorey, because of the success of the exchange program, there is a possibility in the future that the program will be extended to include other universities in Ontario.

"This exchange, I think, will continue because it's mutually beneficial," he said.

"We're not just learning from them, but I think they're learning from us and it's serving as a reminder to us about how special our program is."

TAYLOR GAYOWSKY GRAPHICS ARTIST

## Teaching through lacrosse

Laurier's Aboriginal Student Centre hosts third-annual event

MARISSA EVANS  
LEAD REPORTER

The third annual High School Friendship Lacrosse Day at Wilfrid Laurier University saw a turnout of 70 students from five different high schools, ranging from grades nine to twelve on Oct. 25.

The event was organized by the Aboriginal Student Centre at WLU in partnership with Six Nations and New Credit, which are two Haudenosaunee and Ojibwa reserves located just outside of Brantford.

The invited students attended the event as an opportunity to not only develop their lacrosse skills, but to also get a taste of Laurier.

"It went really well," said Kandice Baptiste, Aboriginal students recruitment and retention officer. "We got some evaluation forms done and every single one of the kids said ... that they would return."

Most of the morning was devoted to working on the student's lacrosse skills.

Lynn Orth, the women's field lacrosse coach at Laurier, ran drills for the students, which were supplemented by Laurier's women's lacrosse team. The male lacrosse coaches that were brought in for the day, all of which were National Lacrosse League (NLL) players from Six Nations and New Credit, participated as well.

"A lot of the kids know them because they've grown up on the reserves," explained Baptiste.

"In our communities lacrosse and basketball are kind of the main sports, so they grew up around the game."

"Lacrosse has many ceremonial purposes for Haudenosaunee and Ojibwa people, and it was gifted to Haudenosaunee people by the Creator to play," she continued.

Aboriginal student support leader, Melissa Ireland, said that from her perspective, the students seemed to enjoy themselves.

"It's a good opportunity for youth to come on campus and learn from National Lacrosse League players and heroes from their community, lacrosse skills, and come together and learn and play together," she said.

After the morning of drills, students were fed lunch, during which speakers gave a presentation.

This year, Dan Kennedy and Cara Loft, co-presidents of the Aboriginal Students' Association, spoke about their student experience.

"Just to give [students] an idea of what Laurier is like as a student," explained Baptiste. "The challenges they faced, how they navigated it, why they chose Laurier - all that good stuff."

Following lunch, students went on a campus tour. Ireland spoke with students at the Aboriginal Student Centre, which was one of the stops on the tour.

"I was able to give them a run-down of the services we provide at the Aboriginal Student Centre," she

"Lacrosse has many ceremonial purposes for Haudenosaunee and Ojibwa people."

—Kandice Baptiste, Aboriginal students recruitment and retention officer

explained.

"To welcome them ... and to have these students feel like if they do choose Laurier, there is a place to find community amongst other Aboriginal students."

Baptiste explained that a lot of the high school students who attended Lacrosse Day will be first-generation university students.

"[The goal was to] help close the gap in education achievement between Aboriginal and non-Aboriginal populations in Canada," Baptiste concluded. "So at the end of the day, whether they choose Laurier or not, this is just a means to hopefully close the gap between the two populations, help our kids make the choice and show them that there is a place for them at a university."



NICK LACHANCE PHOTOGRAPHY MANAGER  
Aboriginal students came to Laurier to play lacrosse last week.

# Laurier rises in *Globe* student survey

A-

Overall quality of teaching

B+

Overall satisfaction

B+

Student residences

C+

Course registration

D

On-campus Internet

**ELIZABETH DICESARE**  
CAMPUS NEWS EDITOR

Last week Wilfrid Laurier University saw some improvements in rankings when the *Globe and Mail* released its annual Canadian University Report.

Laurier, which is now categorized as a medium-sized, comprehensive university, saw its rankings improve in eight different categories, as well as securing a first-place tie within the Class Size category.

Laurier was able to improve in categories including, but not limited to: career preparation, libraries, city satisfaction and student residences.

According to the *Globe and Mail's* website, the rankings are based off of student surveys, which were sent out to roughly 33,000 undergraduate students at 60 different universities across the country.

The survey itself was comprised of 100 questions, and was intended

to represent student's opinions rather than gather hard facts.

"[Overall] they're an indicator, we don't measure or judge ourselves based on a score in the *Globe and Mail* or any other publication," said Tom Buckley, Laurier's assistant vice-president: academic services.

"There's always a little bit of celebration, there's always a little bit of 'why didn't we do so well,' but those scores alone don't generate specific actions."

Throughout the survey, students were asked to rate their experience at their given university by using a scale from one to nine, with one being very dissatisfied and nine being very satisfied.

Then, a mean score was taken for each question regarding each university to calculate the results, which also reflected the number of students attending the school in question.

However, according to the *Globe*

and *Mails* website and their survey descriptions, the smaller the university in question was, the smaller the amount of survey results was, which meant that the student population may not have been adequately represented.

The universities that were surveyed were also ranked together based on their population size.

For Laurier, though, this year's rankings proved to be average — with the majority of the marks being in the B range — and adequately illustrated the school's growth throughout the past year.

Buckley emphasized that Laurier's rankings in surveys such as these greatly relies on what its students have to say.

It is also the students' opinion that shapes the way that Laurier prioritizes itself and attempts to fix any issues that may be present.

"What our students have to say about the quality of their experience,

and the kind of experience that they want, is definitely a major component that informs our decision making and prioritization," explained Buckley.

"[And] I think the fundamentals of what Laurier has to offer means it can stand up against anybody," he added.

At the same time, however, in terms of recruitment, while Laurier would like to believe these positive rankings would influence incoming students to choose Laurier, Buckley pointed out that there are many other factors that will also influence their decision.

"Ultimately it depends on, I think from a student perspective, in terms of recruitment, what kind of experience the student wants to have," he said.

"I think we have to assume that incoming students will be informed by these things, but when we talk to new students they don't list these

rankings as a primary reason for going to [a particular] university," Buckley added.

Despite the reality that not all students may be taking these rankings into consideration, Buckley explained that Laurier itself does reflect on its grades and tries to make improvements where consistent negative marks appear.

One negative mark that was brought up was in regards to class selection and LORIS.

"The lack of movement on the grade, and the appearance in multiple areas of people's frustrations with LORIS drove us to make certain investments in changing the queuing model for students, and this past year we [also] surveyed students," explained Buckley.

With more input from students as to where they want to see improvements on campus, Laurier's rankings for next year may rise again.

## Laurier in brief

### Laurier sees first cohort of EMTM program graduate

Last Friday, Oct. 26 Laurier's convocation ceremonies saw the first cohort of the Executive Masters in Technology Management (EMTM) graduate with their Masters of Science degrees in Management.

The program, which can be completed on a part-time basis over an eleven-month period, is designed for people who work in leadership positions regarding technological innovation.

The classes are held on alternating weekends at the Waterloo campus, and divided over the eleven months into three separate semesters, so that students can continue to work in their fields. Some of the graduates already hold jobs with companies such as Research in Motion and Desire2Learn.

### WLU researcher wins prestigious award

Sonja Brubacher, a postdoctoral researcher at Laurier studying psychology, has been awarded the Banting Postdoctoral Fellowship worth \$70,000. She was selected from a group of candidates that spanned the entire globe.

The Banting Postdoctoral Fellowship gives out 70 of these awards

each year.

Brubacher, who studies cognitive and motivational differences between children, will use the award to further her work, which focuses on when children are used as witnesses in criminal cases.

### Laurier celebrates fall convocation

Last week Laurier's convocation saw roughly 1,205 students walk across the stage and graduate. Approximately 415 graduate degrees were handed out, 789 undergraduate degrees and 11 diplomas.

While many students were celebrating their graduation, Darrell Bricker, CEO for Ipsos Global Public Affairs, and Colm Feore, an award-winning actor who has appeared in *Thor*, both received honorary degrees.

Bricker received an honorary doctor of laws degree, and Colm received an honorary doctor of letters degree.

### Damage done to WLU bookstore

This past Saturday night, Wilfrid Laurier University's bookstore suffered damages to one of

its electronic screens located to the right-hand side of its main glass window. As of now, the incident is being investigated by Special Constables, and the bookstore is unsure of the exact amount of damage that was done.

After the damage was done, physical resources was asked to board-off the damage. Now, instead of a broken screen, all that can be seen is a wooden board covering up the hole.

"We're not even sure how extensive the damage is, we haven't had a chance to take a look," explained Mike Zybala, the associate director of retail services and systems for the bookstore. "We're waiting for Special Constables Services to finish their investigation, and then we'll ... see what the damage is."

Zybala also mentioned that the bookstore is not aware of the cost of the damages. As of now, the bookstore is hoping that only the plexiglass was damaged, and not the materials under it.

The Cord asked Special Constables for a comment regarding the incident, but was told that only Chris Hancocks could speak to it. Hancocks, however, could not be reached.

—Compiled by Elizabeth DiCesare



JUSTIN SMIRLIES NEWS DIRECTOR

On Saturday night, the electronic display in the FNCC was broken.

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## LOCAL

Local Editor  
Lindsay Purchase  
lpurchase@thecord.ca



KATE TURNER PHOTOGRAPHY MANAGER

Details have not yet been released about the circumstances which led to a pedestrian-car collision on Oct. 25 in Uptown Waterloo.

## Collision claims life of student

UW exchange student Amelie Limberger died after being struck by a car in Waterloo

LINDSAY PURCHASE  
LOCAL AND NATIONAL EDITOR

Amelie Limberger, a 23-year old German exchange student studying at the University of Waterloo, died after being struck by a car in Uptown Waterloo last week.

The fatal collision took place at the intersection of King Street and Willis Way on Oct. 25 just after 5:30 p.m.. Thus far, charges have not been laid and an investigation is ongoing.

According to information released by the Waterloo Regional Police Service (WRPS), Limberger was crossing eastbound on King Street when a silver Volvo heading southbound struck her on King Street South. The driver has been identified as a 23-year old Waterloo male.

The president of the University of

Waterloo (UW) Federation of Students Andrew Noble expressed his sympathy in an email statement: "I haven't had the opportunity to speak with the family of Amelie Limberger, but I send my deepest condolences to them and her friends. This is a very tragic situation, and I'd like students to know that Feds is able to provide access to resources that will help them express their grief."

Limberger was on a one-year exchange from the Karlsruhe University of Applied Sciences in Germany.

The statement continued with a reminder from Noble that, "Safety is everyone's responsibility. It is not only students that must make efforts to keep our community safe but also police, government, city developers, drivers and citizens as a whole. As our city grows, I encourage students to be mindful of the

increased traffic."

Bob Henderson, the manager of transportation engineering for the Region of Waterloo stated that information has not yet been released involving causal factors, but that the Region does investigate.

"We await the information from our police and we'll look at the attributing factors that led to the collision to determine if there are any patterns related there, and if so, if there is any unusual patterns, we'll try to target it with the appropriate collision counter-measures," Henderson explained.

Overall, he said, traffic in the region has been increasing with the influx of people moving to the region.

This, however, has not been reflected in the number of pedestrian-related collisions.

"Pedestrian collisions have been stable for quite some time, even though there are more pedestrians out walking," said Henderson. "We've been seeing anywhere between 98 and 150 pedestrian collisions a year."

70 per cent of pedestrian collisions, according to Henderson, occur at traffic signals.

Part of improving pedestrian safety is understanding why some of these issues are happening and that's the way to focus in on these issues and address it properly.

Anyone with information related to the accident that resulted in Limberger's death are encouraged to contact police. Plans are being made by UW to arrange a memorial service for those who are unable to attend the funeral, as it is being held in Germany.

## K-W in brief

### Storm effects from Hurricane Sandy reach Waterloo Region

The impacts of Hurricane Sandy reached Waterloo Region on Monday night. Winds were recorded at speeds between 60 km/h and 90 km/h, which was sufficient to cause some damage to some trees and hydro lines in the area.

Approximately 11,000 customers of Waterloo North Hydro lost power in the early evening in Waterloo, with around 5,000 people in the west end of the city still in the dark by 9:00 p.m.

Heavy rain continued throughout the evening, but no other serious damage was found. Regional residents have been cautioned to stay away from the banks of rivers and streams, particularly the Grand River, as water levels will cause higher flows of water. It is also recommended that people have an emergency kit on hand, containing items such as flashlights, blankets and first aid supplies.

### Waterloo Region Family and Children's Services facing cuts

Lack of provincial funding has led to a \$2.5 million deficit in Waterloo Region's Family and Children's Services, according to some local politicians and agency representatives. Cuts to the program to save money will involve eliminating jobs and some services. As well, an announcement last month indicated that two group homes will be closed.

The province granted the agency \$47.3 million, which was \$2.5 million less than what was requested, and a decrease from the previous year. Last year, the organization had \$868,000 in debt, which has now increased.

The agency provides care and services to around 5,000 children. Some programs will have to run with decreased staff or shut down in order to service the debt.

—Compiled by Lindsay Purchase

## Laurier, UW raise funds for local organization

RAVI BALAKRISHNAN  
STAFF WRITER

Local university students have been working to raise money as part of the United Way Campaign, which has a goal of raising \$5 million in total for Kitchener-Waterloo. Both Wilfrid Laurier University (WLU) and the University of Waterloo (UW) have been involved in fundraising efforts.

United Way is an organization which aims to strengthen community and improve overall quality of life, focusing on three areas: all that kids can be, healthy people, strong communities and from poverty to possibility.

"We have a workplace campaign we kicked off the second week of October. It goes up until the 31st but we accept pledges beyond that timeframe," explained Jennifer Casey, the director of university relations at WLU.

"Laurier's got a long history of doing this," she said. "So we're hoping we get a good response from the internal community."

Casey explained that this includes staff, faculty and students.

On particular initiatives that have been taken, she said, "There's actually a United Way Student Campus Club that's been very active. So they have set up in the concourse for a number of days, and they were

involved in the CN Tower climb."

This initiative, to climb the CN tower, is being undertaken again this year after the success the club had last year.

The UW campaign is currently underway and is set to wrap up at the same as the Laurier Campaign. Increasing from previous campaigns, this year's fundraising campaign set a high monetary goal of \$230,000 dollars.

"The United Way is an organization that supports a whole range of organizations in the community. So the reason that the United Way is a good idea is they do a lot of research in the KW area community to find out: What are the holes, what are the gaps, and what are the needs?" explained campaign co-chair, Richard Wells, of UW.

"We bumped up our goal \$40,000 this year, and I think we're pretty well set to make it," he commented. "I'm pretty impressed by United Way as a funding organization."

WLU's contribution does not end in Waterloo. Casey went on to explain that there is also a United Way drive at the Brantford Campus to raise money for their local area.

The different campaigns have different priorities and different monetary targets. Laurier's target on campus was to increase participation rates.

"We wanted to get as many

"We wanted to get as many people pledging and trying to be part of the change in the community."

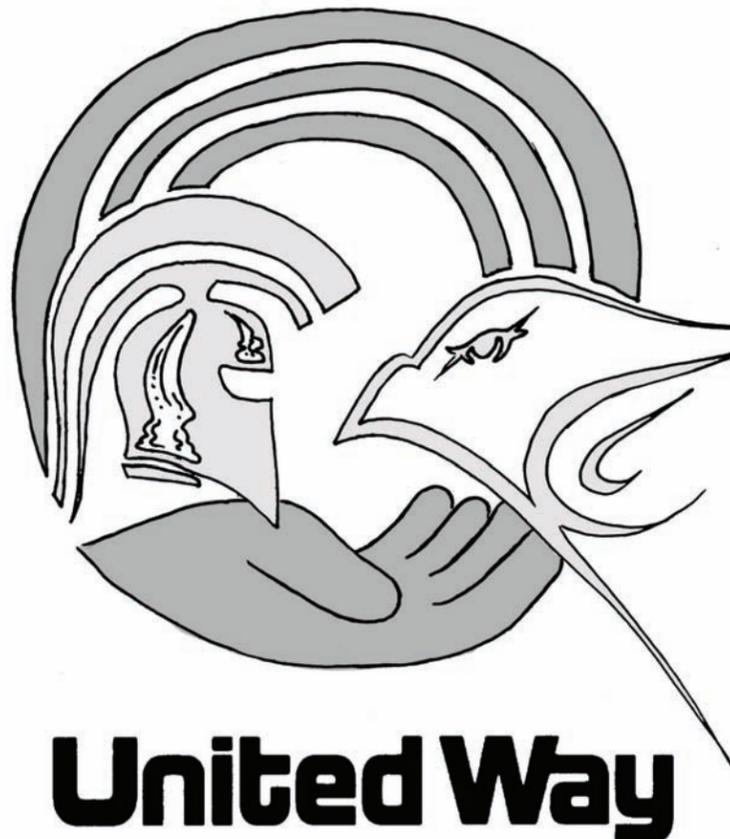
—Jennifer Casey, director of university relations at Wilfrid Laurier University

people pledging and trying to be part of the change in the community," said Casey.

"We found that the participation rate has started to decline in the last couple of years. So, we thought we have to get awareness out, so that students, staff and faculty new to the university understand our relationship with the community and the impact we have on the local community, and how we can make a difference."

She added that beyond financial contributions, there are many ways people can contribute to causes like this. Said Casey, "There's a huge value to be placed on volunteering as well as monetary donations."

"I think every little bit helps," she concluded.



STEPHANIE TRUONG GRAPHICS EDITOR



CRISTINA RUCCHETTA LEAD PHOTOGRAPHER

Hongwei Liu had his business featured on *Dragon's Den*.

## UW alumni take on the 'Dragons'

ALANNA FAIREY  
LEAD REPORTER

Two University of Waterloo (UW) alumni will appear on the CBC television show *Dragon's Den* to promote their startups.

*Dragon's Den* is a show on which entrepreneurs can present their ideas to business experts in hopes of getting funding.

Taped last spring, the episode will be an all student show and will air on Oct. 31.

Rohan Mahimker, co-CEO of SMARTeacher.ca, recalled the moment he and partner Alexander Peters were first encouraged to audition for the show.

"We were recommended that we go on the show by a bunch of our friends so we went and auditioned. We didn't hear anything for a month and a half," Mahimker recalled.

"And then out of the blue, we got a call from CBC TV producers, saying that they want us on the show on Sunday morning and we had forty-eight hours to prepare. It was very sudden but we managed to pull together in the end."

SMARTeacher.ca, a venture that was originally a fourth year final project while Mahimker was studying mechatronics engineering at UW, is an online interactive and educational game which responds to a child's emotions. Mahimker contributed his personal experiences towards the project.

"At a younger age I realized the importance of engagement and learning," Mahimker said.

"I used to do Kumon for math and it was not fun at all. It was just a bunch of questions and there just had to be a new way of doing things and engaging kids."

Mahimker and Peters, both engineers, began to design a learning game to keep kids engaged for as long as possible and teach them more efficiently. They developed a

wireless biosensor to sense and respond to a child's emotion that can show they are frustrated, bored or engaged.

Mahimker is not the only UW student who was selected to impress the five dragons. Hongwei Liu and Desmond Choi launched a program called MappedIn, a Smartphone application that helps people navigate through malls, city buildings and business districts.

"When someone walks into a shopping centre, instead of those all-paper directories, now you can look it up and say that you are looking for jeans and it will show you where they are, where they're on sale and what your friends think," Liu shared.

When auditions were first taking place last February, Choi had asked Liu and the rest of their team who wanted to go and be the representative. Liu had said that he and other members of the team were unable to make the auditions due to other commitments.

"No one from our team could go because we were all busy, so Desmond went," Liu explained.

"He wowed them at the auditions, he got us in. And then him and I went to Toronto in April and actually filmed the show."

Both entrepreneurs said that they cannot reveal the outcome of their time on the show until after the episode has aired.

However, both entrepreneurs are pleased with the advertising that the show has provided and their businesses are looking ahead at the future.

"Since then, we have grown phenomenally. In terms of impact, we'll have to see after the show," Mahimker hinted. "The producers told us that what we pulled off had not happened in a very long time in a positive way. So it's going to be a pretty exciting show," Liu added.

# VIA forum comes to K-W

ALLY FLACK  
CORD NEWS

Last Thursday, National Dream Renewed, a public outreach project of Transport Action Canada, came to the Region of Waterloo's administrative headquarters to inform the public on the potential of Canada's national rail passenger service, VIA rail. The discussion was conducted by Greg Gormick, the director for National Dream Renewed and Toronto transportation writer, researcher and policy writer, and then followed by an open forum discussion with the audience.

The forum was open to anyone, and in attendance was Kitchener mayor Carl Zehr, Waterloo councilors Jean Haalboom and Jane Brewer, as well as numerous Kitchener-Waterloo community members. Gormick's presentation educated the audience on unlocking the potential of the railway system, how this could be done and why it is important.

The discussion facilitated differing opinions along with criticism on the topic.

Gormick informed the audience on the nationwide program and how the potential of the VIA has yet to be achieved.

"I'm here to try and educate you on the subject and you're here to try and educate me on your needs and what you want to see," he said.

Zehr began by discussing the overall importance of Gormick's presentation to the Kitchener-Waterloo community. He explained,

"Improving inter-city transportation is important not only to provide residents with sustainable travel choice, but also for reasons of the economy."

He acknowledged how for Kitchener-Waterloo a revived rail system would contribute to expanded labour markets, strengthened links to the GTA and increased tourism.

The fact that money is necessary to fix this problem was made clear. Naturally, there is debate over whether people would support more of their tax dollars going towards VIA. Gormick explained how rail travel is cost effective if run properly, yet VIA has not been modernized and does not have effective management.

"They do something for the communities, for the economy," he suggested. "Trains, if you're modernizing the system and running it properly, they create jobs...from these jobs and these purchases comes tax revenue and there comes economic stimulus."

He went on to explain how hope for improvement in VIA Rail exists, but it requires citizens political will in order to progress.

"Today VIA is the peoples' railway, you own it, you fund it, yet you don't get a say in it. And it's wrong," argued Gormick.

In particular, he believes that young people who have the technological knowledge and experience should take this issue online to raise further awareness. Social media can be used as a tool, and as stressed by Gormick, youth are the future and

an improved rail system will benefit Canadians in the future.

The comments and questions during the town hall, one of many which is being held by the organization across Canada, allowed many local citizens to express their views on the topic. A few complained about VIA's prices, the lack of information and advertisements as well as overall inconvenience.

Kitchener-Waterloo resident Ron Bevridge discussed the idea of scrapping VIA and starting off with a new national vision, one of high-speed rail travel.

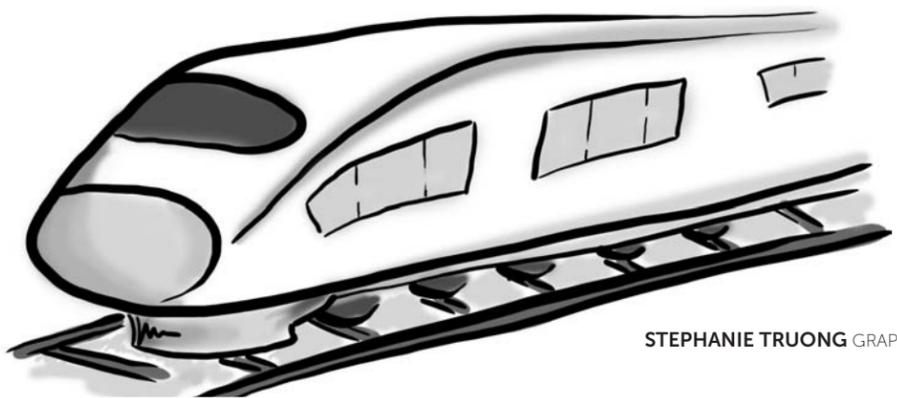
"The current system is ancient," he complained. "It costs money to repair something that is broken so why not start with a new vision of a national high speed rail system?"

When asked about this perception Gormick explained how VIA is a good concept, yet it is in a downfall due to poor management.

"The system has to be improved rationally and incrementally ... all of those wonderful railways you see overseas, they used their existing railways and they improved them," Gormick explained. "We're nowhere near where these other countries have been who have gone for full electrified high speed rail."

According to Gormick, the National Revival Program has hope for VIA as long as the people get involved in this process and keep voicing their opinions to politicians.

As Gormick stated, "It's about unlocking potential, potential that has not been tapped ... and were missing out."



STEPHANIE TRUONG GRAPHICS EDITOR

## NATIONAL

National Editor  
Lindsay Purchase  
lpurchase@thecord.ca

# Bullying issue under examination

Legislation is being considered as a solution, with bullying debates attracting national attention

**RAVI BALAKRISHNAN**  
STAFF WRITER

Bullying has recently resurfaced as a serious issue in the public eye. Despite the active efforts of parents, teachers, administration and the government, many have voiced the opinion that further steps need to be taken to advance bullying preventative measures.

With the recent suicide of Amanda Todd, a native of British Columbia, concerns over the effectiveness of programs that are in place to combat bullying are being discussed by both the media and the government. The 15 year old took her own life on Oct. 10 after facing bullying and harrasment online.

"The government of Canada takes the issue of bullying very seriously and a number of departments and agencies provide anti-bullying programs and information," said Jessica Slack, a spokesperson for the Ministry of Public Safety, in an e-mail.

Slack went on to explain that the government has invested tremendous amounts of money into combating the issue of bullying through some major departments including the Public Health Agency of Canada, the RCMP and Public Safety

Canada.

What has emerged as a relatively new concern in the communication age is cyber-bullying.

Slack explained that the government has actively invested in cyber-tip.ca, in order to adequately address concerns of self and peer exploitation.

"We have addressed cyber bullying, as it is a recent issue. What we've done is we've held parent-teacher nights, at those we have a member of the Toronto Police come in, and he is a social media expert, this is his forte and job. He addresses the issue to parents, so they can help at home, as well as teachers who can help in the school environment," said Christine Nicholson, the program co-ordinator of education programs at the Argos Foundation, which is an

organization of the Toronto Argonauts Football Club.

The Argonauts run a bullying awareness and anti-bullying

campaign across regions in and around the Toronto area, and as far away as Muskoka.

In-school programs involve meetings with groups of students chosen by administration who then work toward starting a bullying prevention campaign with their fellow classmates.

In terms of who tends to be the victim in situations of bullying, Nicholson explained, "I think anyone can be a target. We try to pick students for the committee who are influential, and perhaps those who have been bullied."

Despite the numerous independent anti-bullying programs, there has been criticism aimed at the Canadian government for the lack of a national initiative against bullying.

The Government of Alberta has answered the calls for change, and has introduced Bill 3: the Education Act 2012. This bill is intended

to replace the current School Act. Some of the changes in this bill include an actual explicit definition of bullying being incorporated in the legislation, and provisions outlining students' responsibilities, as well as parental obligations regarding the conduct of their children.

"The language in the Education Act speaks to a move away from 'zero tolerance' language and policies, which have proven to be ineffective in the United States and other provinces in Canada," explained Lori Mandrusiak, senior manager with the Cross-Ministry Services Branch for the government of Alberta.

"Instead, the Education Act requires individual circumstances to be considered and support provided for those impacted by inappropriate behaviour, as well as those who engage in inappropriate behaviour."

Bullying-related tragedies have created awareness for the potential of legislation and assistance for youth through accessible bullying services.

"Our slogan is, 'Be a friend, support, report and defend.' We try to encourage students to support those who they see bullied, and stand up when they see something happening," concluded Nicholson.



WADE THOMPSON VISUAL DIRECTOR

## Well-being in decline after recession

**LINDSAY PURCHASE**  
LOCAL AND NATIONAL EDITOR

Although we are now several years removed from the onset of the 2008 global recession, a recent report released from the Canadian Index of Wellbeing (CIW) indicates the impact that the recession had on Canadians' overall wellbeing has been substantial.

Between 2008 and 2010, the Index showed a 24 per cent decline, which also saw a decline in Gross Domestic Product (GDP) by approximately 8 per cent.

"In relative terms, it's showing that our wellbeing is affected three times as much as the economy — almost — during a recession," explained Linda McKessock, the project manager for the CIW, which is based out of the University of Waterloo.

"And while our GDP is starting to go back up, our well-being is still on

the downward curve."

The comprehensive index measures 8 different areas that are believed to factor into the well-being of Canadians, including health, leisure, culture and education, among other areas. It aims to expand on traditional measures of well-being, which are often limited to GDP.

"We at the University of Waterloo think it should be measured more accurately to reflect what Canadians value," said McKessock.

This year's report was the second that combined all eight factors into a "composite index," though the project has been developing for about 12 years.

Education, living standards and community vitality are all on the rise. Additionally, university graduation rates have increased by 57.9 per cent over the past 17 years.

However, higher university attendance isn't all positive news.

"What we're seeing is there's

massive increase in long term unemployment. Guess who that's hitting? It's hitting those graduating university students that aren't able to find the careers, in some cases, that they thought their education might get them," said McKessock.

She continued, "You've got this lovely graduation rate, really high, you've got high unemployment, and these student debts that people are coming out of university with, they're not able to pay them off, so really their well-being, you could argue, isn't as good as it should be."

Mary MacNutt, the manager for policy and communications for the Association of Ontario Health Centres (AOHC), recognized that the impact of the recession has extended into other areas.

"That's going to have an effect on health and well-being, not just people's bank accounts," she considered.

One of the recommendations in

the CIW was to have an increase in access to Community Health Centres (CHCs), which move beyond primary care to provide other services, such as counseling and health education.

"It's a much more comprehensive approach, a much more holistic approach," said MacNutt. "They're all about creating a complete sense of health and wellbeing."

The goal of the CIW is to have an impact on the creation of informed public policy that takes into consideration the well-being of Canadians.

"If you're making a policy, you really need to look at a more inclusive picture and then you'll end up with policies that are more progressive and help more people," McKessock said.

McKessock encouraged people to talk about the issues through social media, speaking with MPs or other venues to help raise awareness and generate impact on policy.

### 4.9%

Decrease in violent crime rate per 100,000 population from 1994 to 2010.

### 57.9%

Upward change from 1994 in percentage of 25 to 64-year-olds with a university degree.

### 17.9%

The increase in Canada's ecological footprint between 1994 and 2010.

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	1		3	5		8		
	6	7	1			2		
	8						3	
		9			2	6	4	
		1		8	7		9	
8				9		4		6
4	9				6			

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## Solution to last week's puzzle

5	7	9	8	2	3	4	1	6
3	2	4	5	1	6	7	9	8
6	1	8	9	4	7	5	3	2
9	6	3	2	7	4	8	5	1
1	5	7	3	9	8	2	6	4
4	8	2	6	5	1	9	7	3
8	4	5	1	6	9	3	2	7
2	3	1	7	8	5	6	4	9
7	9	6	4	3	2	1	8	5

## DearLIFE

Dear Life is your opportunity to write a letter to your life, allowing you to vent your anger with life's little frustrations in a completely public forum.

All submissions to Dear Life are anonymous, should be no longer than 100 words and must be addressed to your life. Submissions can be sent to [dearlife@thecord.ca](mailto:dearlife@thecord.ca) no later than Monday at noon each week.

**Dear Wheeling at the Library,**  
The lady doth protest too much, methinks. Come find me, Silent seven, reading good fiction.  
Sincerely,  
Wilfrid Shakespeare

**Dear Life, or rather, Dear Loud Students in the Library,**  
I am here to get work done. You are here to look at memes and Facebook. No, the small rooms on each floor are not sound proof and yes, we all hear you. I am asking you nicely, please, go to the concourse or 2-4 Lounge.  
Sincerely,  
Your voice makes my skin crawl

**Dear Life,**  
Have you ever noticed how much watermelon ice breakers taste like deodorant?  
Sincerely,  
Calypso

**Dear Laurier,**  
Turn the heat down in all your buildings. It's still warm out and it's not winter yet. I'm tired of sweating my balls off and falling asleep in class.  
Sincerely,  
If I wanted to sweat, I'd go to hot yoga

**Dear Editor-In-Chief,**  
I'm just thinking about our life together. I feel like I'm walking on a cloud. My penis is tingling right now.  
Sincerely,  
Our life will be full of rainbows, unicorns and smiles

**Dear Life,**  
Can someone please remind The Cord that they are not a news tabloid? They are there to be source of information to students and not a gossip column.  
Sincerely,  
If I wanted to read gossip magazine, I'd buy US Weekly

**Dear Life,**  
I wish people who complain about the Students' Union would actually quit whining and do something.  
Sincerely,  
Grow a set and be the change you wish to see

**Dear Life,**  
Why am I expected to pay so much money for tuition, when all the profs want me to do is read the book?  
Sincerely,  
That's one damn expensive book!

**Dear Life,**  
Its called SILENT seven for a reason.  
Sincerely,  
STFU

**Dear Life,**  
To the disgusting low-life who stole my iPhone five right out of my purse last night at Phil's, I hate you.  
Sincerely,  
Once again a blackberry user

**Dear Life,**  
Anxiously awaiting the Halloween walks of shame Thursday morning.  
Sincerely,  
Will be setting up my lawn chair at 9 a.m.

**Dear Cord Staff,**  
Your article about Halloween costumes was fine — until you slut-shamed. We have to acknowledge the sexism that exists and the lack of costume options for women. The issue is that sexual costumes are not as pressured towards men as they are to women. Being sexy or slutty isn't the problem. We also have to stop slut-shaming women that wear costumes that society expects them to wear in the first place. Calling out individual women and making fun of them just takes us back to misogynist square one.  
Sincerely,  
Feminist gladly dressing as a slutty cat this Halloween

**Dear Life,**  
Why must guys wear sleeveless shirts in the library? You look like street urchins instead of university students. And take a bath.  
Sincerely,  
Time to longboard home

**Dear contractors working on the Athletic Complex,**  
Learn how to park. I did not pay \$273.62 for a white permit to watch you sprawl over two spaces and leave me with Bricker parking roulette or the hike from the stadium.  
Sincerely,  
Off-campus student

**Dear Life,**  
Can we just give a huge thank you to all the volunteers from foot patrol who are out walking students during this crazy storm from Hurricane Sandy?  
Sincerely,  
Someone who appreciates Student Services

**Dear Boys of 65 Ezra,**  
You guys have thrown the BEST parties in the past couple years! Hoping there is one for Halloween! #giant-beerfunnel #balcony #jellopool  
Sincerely,  
Everyone on campus



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# THE CORD

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# Tracking traditions of all hallow's eve

From Ireland to Cambodia, Mexico explores the origins and shared time of year when spirits may manifest. The Halloween celebrated today.

Behind the ghoulish masks and decorated doorways that mystify the evening of Oct. 31, there is a history of Pagan tradition that dates back a few thousand years ago. Originating in the regions of Ireland, Scotland, Wales and the United Kingdom, Halloween began as an ancient Celtic festival called Samhain.

"In Wales and Scotland and so forth, what you had was the belief in spirits ... and then you also had the change of seasons. So, summer being over and the start of the dark, gloomy winter," said Michel Desjardins, a professor of religion and culture at Wilfrid Laurier University and the acting dean of the faculty of arts.

"That transition period was thought to be particularly special and charged with spiritual energy. It's a time when somehow the realm of the spirit world opened up."

Although no structured religion had emerged yet in these parts of the world, there prevailed a general belief in a continued state of being after death. During the last day of October, spirits were able to cross over from their world and visit the realm of the living.

"It's a human belief, if you're atheist you don't believe in the existence of spirits but most people in the world do, just different versions of it," said Desjardins. "So for a lot of people in the world, they believe that when their parents or siblings die they go to a different place but their spirits are somehow still there and you can connect to them. You can pray to them, they can hear you and in some parts of the world those spirits are seen to be pretty real so you actually feed them."

## The Offering of Food

Food offerings are one of the many activities that the ancient Celts would partake in in order to prepare for the visiting dead. They would set out meals on their doorsteps at the end of the night in order to either please or fend them off.

"There was food involved in feeding evil spirits to keep them away and there was food involved in feeding your ancestors because the good spirits would also come up and you would want to feed them," said Desjardins. "It's not like the food goes away but they would take the spiritual part of the food."

Other places around the world such as Cambodia and Mexico share a similar tradition during their own festivals for the dead.

Like the ancient Celts, Cambodians believe as well in a period of time when the barrier between the dead and the living can be breached except its occurrence is over the course of fourteen days during the month of September. These days are called *Kann Ben* and people wake up early each morning to bring food offerings to their local pagoda temple in hopes that the meals will reach their wandering ancestors. On the last day there is a large celebration where the community is able to feast together called *Pchum Ben*.

Mexico's three day festival for the dead is called *Los Dias de los Muertos* and food is offered to spirits on elaborate alters called *ofrendas*. These alters are set up in everyone's homes and are decorated with traditional snacks such as sugar skulls and a special bread called *pan de muertos*. Traditionally, this celebration commences on Oct. 31 and continues on until Nov. 2 wherein the first day of November is dedicated to the young who have died and the second is meant for the old.



Mexico and Japan, **Features Editor Colleen Connolly** international tendencies of honouring the one thing with the living, and how they contribute to

7.



### The Lighting of Fires

Another large component of the Samhein tradition was a community bonfire which would light up the last night of October.

"Winter was about to start so people would light a fire and considered that act special," said Desjardins. "People would then take the fire home because there was this sense that you needed warmth and fire for the next few months."

This special fire was not only meant to warm the living but to also provide comfort for the dead, much like the intentions of the Japanese Obon fires.

In Japan, the time when spirits of ancestors may visit occurs during the month of August. This short period begins with the lighting of chochin lanterns within the homes of Japanese families in hopes that the spirits of past relatives will find their way home. On the last day, these lanterns are sent away down a river to guide the spirits back to the place from which they came.

### The Wearing of Costumes

While many international celebrations of the dead focus primarily on the welcoming of spirits, there is an element of fear to the ancient festival of Samhein that sets it apart from the rest. While eagerly anticipating the good spirits of their past loved ones, the Celts were also anxious about the evil spirits that may accompany them and dressed accordingly.

"If you have a bunch of evil spirits coming up, you don't want them to find you. So how best to control that than by pretending that you're an evil spirit," said Desjardins. "So you put on a mask and you look like the evil spirit and they think you're one of them and they don't bother you."

This act of dressing up in costume is something that has emerged as a main element of modern day Halloween, along with the expectation of food to be given out after dark in the form of trick or treating.

"So [with costumes], you know the evil spirits are there but you're trying to trick them or you feed them so they go away... so if you've got those components in place that go back thousands of years and then you look at modern Halloween, all the bits are there," said Desjardins.

### The Christian Reform

However, it is surprising that these ancient traditions have survived for as long as they have considering Christian ascendancy over Paganism during the early middle ages.

"Originally the word [Pagan] was coined by Christians to mean someone of the countryside. A farmer. A disgusting, lower class, uneducated, stupid farmer. So it's that distinction of the lower down, as opposed to upper, and it was a way for Christians to talk about others that they thought were unsophisticated," explained Desjardins.

Anyone who practised a belief that was not aligned with Christianity was oppressed in this way, and yet it was difficult to discourage the Celts from carrying out their traditions. So a different approach was taken.

"Christians emerged there, and if you're Christian you believed in spirits. Good spirits, bad spirits, all that's okay but these aren't proper spirits because they aren't proper Christian," said Desjardins.

"So what Christianity did when it moved to that part of the world is what it did everywhere, it realized that it couldn't take away the importance of that festival because it had been so ingrained and it was so much what people did so it Christianised it."

This meant that the focus of the Samhein festival, which was previously centered on spirits of ancestors and passed loved ones, was shifted to focus on the spirits of past Christians.

"So they essentially said that Nov. 1 is going to be the day that we celebrate all the saints... So All Saints Day," said Desjardins. "And the day before All Saints Day is All Hallows Eve, so the eve of the all holy people, which is what Halloween means."

Similar celebrations around the world put on for the dead have come to align with certain structured religions too, for instance the Cambodian Pchum Ben follows Buddhist beliefs and the Mexican Los Dias de los Muertos has Christian connotations as well. But running through every different festival is a shared and basic belief in the existence of spirits and the ability to communicate with them in a special way during a certain special time of the year.

"Even today if you look at religious individuals around the world, what you get is this kind of base core belief in spirits," said Desjardins. "So regardless of the religious traditions, Christianity or Islam or Buddhism, these large traditions that have established structure, at the core is this belief that spirits are everywhere."



SARAH HALL GRAPHICS ARTIST

# Turning down the heat

Sports Editor Shelby Blackley shares her money-saving tips

Whenever winter came along growing up, it was typical to see my dad turn on the furnace at full blast to keep our house at a scorching temperature.

The family would be warm and could temporarily forget that we were living in a climate that faced temperatures that were below zero.

I was all set when moving in with my roommates and living on my own: if it get cold, crank the heat.

Great idea, right?

It used to be, when I wasn't responsible for paying the bills. However, to my horror, this tactic instilled upon my brain caused me to realize the hard way that our heating bill at my student house was bigger than my tuition.

Not really, but you get the point. Heat is potent and all, but it can be found other ways. In university, especially living on your own, the main component of living in a house is "let's keep our bills down as much as possible." So, how do you do that?

In a few simple ways, your heating bill could be lower and your ecological footprint could be merely nonexistent during the winter.

Not only will it become a beneficial factor to your household, but you'll also see yourself consciously realizing what it means to be "going green."

I've never really been a big fan of a heater. I believe that as much as a heater can instantly warm your house up, there are other ways to substitute that ordeal.

Blankets are a man's best friend. No, it's not dogs, or chocolate, or booze. It's blankets. Blankets will always be there to comfort you no matter what. And they can also make staying warm very easy.

With a duvet or wool blanket, you can reduce the amount of heat you need to use in your house. The only problem with this is that you are more than likely going to stay in bed all day than go to class.

Another obvious component of keeping warm while not using anything that would increase your heating bill would be the science of closing your windows.

As much as the cold, fresh air may make you study better, it will also make you much colder. Try deciding on proper times to open the window

to let in fresh air, but learning from me, don't leave them open all weekend while you're in Kingston. The temperature drops 20 degrees.

Also, try wearing more clothes. I know sometimes it could be hard, especially in the comfort of your own home, but more clothes equals less room for someone to get cold. It's pure genius, I know.

During the winter, it could also be beneficial to use candles in rooms that don't need light. This is different than heat, because unless you have about 60 candles per 100 feet, there is no way you will warm up the room.

Candles can lower your electricity bill, as it helps you avoid turning on lights for a couple moments and forgetting to turn them back off.

The main issue is being able to keep the bills down while finding a good way to help the earth.

Although it may not be the first thing you think of when you're freezing at home during a snow storm, try to find new and innovative ways to help the earth while also helping yourself. Who knows, your roommates might thank you.

## Skipping the grocery store

Local markets present a better alternative for getting groceries

ALI CONNERTY  
CO-ARTS EDITOR

AMY GRIEF  
CO-ARTS EDITOR

Saturday morning plays host to multiple markets across the K-W region. The famous St. Jacob's Market can be intimidating, and daunting, for the solo shopper but the Kitchener Market, located just past Benton St. on King, in downtown Kitchener, is a much easier place to navigate.

Not having a car isn't problem for the adventurous student. Just take the number seven bus, doesn't matter which letter, to Cedar St. and you can walk right into the Kitchener Market doors.

Spread over two stories, the upstairs market, with international food vendors sells everything from traditional Canadian breakfasts with bacon, eggs and toast, to Mexican enchiladas and Indian samosas.

Walking past the vendors, and watching them prepare the fresh, made-to-order food is a mouth-watering experience.

Heading downstairs, with a full stomach, the shopper has the opportunity to see what southwestern Ontario's independent food retailers have to offer.

Everything from meat, cheese, grains, produce, and even emu oil, are

available to purchase. Independent buskers stand at corners of the open space and serenade shoppers as they pass by.

Vendors create colourful and eye-catching displays, offering samples to those passing by. Each vendor offers detailed explanations of their products enthusiastically explaining the value of buying local and supporting businesses in the community; an expertise grocery stores lack.

The vendors encourage us to acquire knowledge about the food we consume. The outside market, which is covered, providing refuge from this month's awful weather, is a winding path of fresh fruits and vegetables to be explored.

Everything you can imagine and more is available here in a dizzying array of colourful options that would make even the pickiest of eaters salivate. However, it's important to remember basic market rules. Bartering may not be a viable option but comparing prices between vendors is a must.

If you're new to the market scene it's a good idea to go prepared with a list of things you want as it can be overwhelming.

Since we eat with our eyes, it's easy to succumb to impulse, and though market prices are considerably cheap, it's easy to shell out money for things you don't really need.

Going with a friend is also a good idea, since many things, especially produce, come in bulk. For example, I bought what my roommate described as a "tree" of kale, and though it was only \$2, I think I'd be able to survive on kale alone for the next week.

It's also a good idea to bring your own bags to the Kitchener market – not every vendor gives them out, and hey, it's important to be mindful of our environment.

Since most of the produce is local and organic, it tends to be fresher longer than store foods. It tastes better too since chances are it was picked when ripe rather than maturing in a warehouse.

Less travel between farm and market also means that farmers can sell you produce at a reduced rate from the grocery stores.

To compare, a cucumber costs 50 cents at the market, and a dollar fifty at Valu-Mart. A box of mixed peppers (about five of them) was \$3, and I picked up loaf of fresh, multi-grain bread for a mere dollar.

After a morning of shopping, we each spent under \$15 on groceries and feel confident in our vegetable and fruit intake for the week – another week of scurvy avoided. Success!

Visit [thecord.ca](http://thecord.ca) to watch Ali and Amy shop at Kitchener Market.



FLICKR COMMONS

## Group costumes

VANESSA THAREN  
STAFF WRITER

No matter how old you are or how miserable the weather is I think it's safe to assume everyone is pumped for Halloween.

What could be more fun than dressing up and going door-to-door asking for candy? Simple, going bar to bar in an obnoxious group costume with your closest pals or roommates.

Depending on how many people you plan on including, it can be tricky at times. You always have the classic options of generic girl/boy band but if you're looking to impress this Halloween here are some fun ways of doing so:

### For six people

A six-pack of beer is fun and easy, but if you want to spice up a six person costume have your friends each pick their favourite holiday. Christmas, Thanksgiving, Valentine's Day, Canada Day and St. Patrick's Day are some ideas.

You and some of your friends may already have decorations lying around, so this costume will be easy and unique to assemble.

### For five people

Go a step higher than your typical group band costume by picking one band/singer and each dressing

in up a different song/show. Example: Different forms of Britney Spears: "Hit Me Baby One More Time", "Slave For You", "Ringmaster", "Oops I Did It Again", 'Bald Britney' etc.

### For four people

To be really creative with a four-person costume, avoid dressing alike. Get your friends to pick their favorite season and go out as the four seasons. If your willing to make your costume you can get a plain shirt or dress and just add obvious things that reflect the season of choice.

### For three people

Instead of doing the typical cat, mouse, bunny costume, dress as the three Kardashian sisters. All you need is a black wig and a spray tan! Boys can be Alvin and the chipmunks.

### For two people

This is where it gets hard to be original. If you and your best friend plan on sharing a costume, a fun one can be condiment duos like ketchup and mustard or salt and pepper.

If you are planning on doing a duet costume with your significant other, the usual Adam and Eve never goes out of style but this year's winner? Sam and Suzy from Wes Anderson's *Moonrise Kingdom*.



JEREMY ENNS LEAD VIDEOGRAPHER



CRISTINA RUCCHETTA LEAD PHOTOGRAPHER

# The Carnivore's Conundrum: Reward yourself

SPENCER DUNN  
STAFF WRITER

With mid-term season upon us, it is important as ever to keep calm and carry on. Midterms stress each of us out in different ways. Some prefer to get drunk and crazy and forget we have them. Some like to hole up in their rooms and not emerge until ten minutes before their exams.

If you're like me, you curl up in a ball, watch bad TV and eat junk food until midterms are over. This can be a dieter's worst nightmare, as stress eating packs on the pounds.

So this week, I tried to combat this with stress-relieving activities. I took to the Athletic Complex and tried some more yoga, even home meditation or yoga can be beneficial.

Don't over stimulate yourself with TV or music; enjoy silence and sit.

I also found that tea was very helpful. I'm not a coffee drinker, but black tea has caffeine in it too. It's an excellent pick me up, and there are hundreds of types of teas for different tastes.

Herbal tea is excellent in the evening before bed, as it can calm you down and has no caffeine. It's also full of antioxidants and can fight off colds.

This brings up another pitfall of exam time: illness. Not sleeping well and eating pizza pockets for the fourth time this week can lead to some serious cold and flu symptoms.

If you find yourself getting sick during this stressful time, sometimes the best thing to do is just take a night off, watch a movie and go to bed early. Your body will thank

you for the eight-hour rest and you will be able to function better in the morning. It's better than sniffing through studying or feeling achy during an exam.

What's interesting is that by being calmer, your metabolism can work better. When you're stressed, your body focuses its energies on your mind, not on digestion, which can lead to bloating, stomach aches and weight gain.

It may not have been a very exciting week, but I hope that you can take something away from these tips. It's important to not get too stressed out.

Next time I'll be looking at the Ninten-dos and Ninten-don'ts of WiiFit. Tune in next week for a showing of the new film release of Life of "Pie".

### Additional tips to unwind:

Take a hot shower or bath

Treat yourself. It's important not to stress eat while studying just because it's fast and easy, eat healthy brain foods.

Get out of the library and go to the movies. Just avoid getting buttered popcorn.

Make bargains with yourself. Plan rewards and breaks for a certain amount of work completed.

# Dressing up foreplay

THE NAUGHTY PRUDE  
SEX COLUMNIST

Happy Halloween everybody! Two weeks ago, the Naughty Prude column took a risqué turn with a question regarding threesomes.

I have decided to exempt the Q&A this week and embark on a solo mission: incorporating costumes and props into couple foreplay.

The quintessential component in emulating every fantasy is costumes. Females, just pay attention to the tiny (or not so tiny) hints he will drop.

Do they have an unwavering obsession with *Star Wars*, or maybe *Lord of the Rings*? Are they a closet Taylor Swift fan? Have they once admitted to you that *Pocahontas* was his all time favourite Disney movie?

You know your partner well so work with the information you have to produce the steamiest bombshell. Or, of course, just simply ask.

The use of costumes in the bed-

room is an opportune time to embark on a sexual journey, indulging in your partner's fantasy will increase the levels of arousal not just for him or her, but you as well.

The use also a great way to add excitement in the bedroom. While you are collecting items for your costume, why not pick up a blindfold? The mysteriousness creates a huge adrenaline rush for your partner.

While your partner is blindfolded surprise them with delicate props for example, a feather.

Run the ethereal material slowly over your partner's body with their blindfold on, you are enjoying their pleasure, which in turn will arouse you.

If delicacy is not your forte, there are other props that are available to take advantage of. Handcuffs are great for role-play, a chance to gain dominance over your partner and take charge. Whips are also a great way to exert power over your partner.

Secondly, the use of passion oils (massage oils), is enticing because it stimulates your partner's sense of smell and touch.

There are several scents that act as an aphrodisiac: jasmine is said to induce euphoria, rose is an aphrodisiac scent for women, and ylang ylang increases libido and energy between partners and said to be one of the strongest aphrodisiac scents. You and your partner can pick your aroma for the bedroom, and witness the power of scent and touch.

While we are all prepping to put on our costumes one last time before Halloween officially ends, the act of putting on costumes does not need to come to a halt. This type of dressing up can stay inside the bedroom all year round.

*The Naughty Prude is our bi-weekly sex columnist. She answers readers' anonymous questions through her e-mail, thenaughtyprude@gmail.com.*

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## ARTS

Co-Arts Editors  
Ali Connerty and Amy Grief  
arts@thecord.ca

**CARLY BASCH**  
LIFE EDITOR

For some people, the best part of Halloween is grabbing that plastic bowl of miniature candy, curling up on your couch and preparing to scream.

There's nothing more exciting than sticking to the theme of spirits, ghouls and terror and watching it come alive with horror — a genre that I tend to avoid unless it's of course, Halloween.

If you plan on going out on Halloween, make sure you end the night on the couch watching these films:

### 7. *Saw*

No one can ever look at a puppet riding a bicycle the same way after watching this film.

A sick, twisted game, that two trapped men must figure out before the time runs out. This film leaves no mercy for anyone watching, as victims are forced to mutilate, betray and constantly solve puzzles.

### 6. *Blair Witch Project*

Three student filmmakers get lost in the Black Hills after trying to unfold the mystery of the Blair Witch in Burkittsville, Maryland.

Using the digi-style format, when this film was first released, it had audience members believing that what they saw was real.

Although it is now a fun urban myth — and the actors are alive and



MITCHELL CHEESEMAN  
GRAPHICS ARTIST

well — the filming technique is terrifying and plays terrible mind tricks on us all.

### 5. *Hocus Pocus*

While this may not be terrifying, it is a favourite among many of us, who have the nostalgia of growing up with this film.

Taking place in Salem, a boy, his sister and his high school crush set out to stop the three witches from taking the lives of little children. Along the way, they meet a talking cat and a hilarious, lovable zombie, making this one of the most feel good movies of the entire Halloween season.

### 4. *Beetlejuice*

A bio-exorcist is hired by two ghosts to terminate the family living in their house. This film features the best dark gothic Tim Burton style features that make him great.

The creepy settings, the make-up and use of numerous costumes have been a personal favourite and

a classic to watch every single Halloween eve.

### 3. *Scream*

A cat and mouse-styled film, *Scream* is the perfect slasher flick. This has audiences in fear of the infamous mask as the killer makes prank calls to lure and scare his victims.

Nothing says Halloween movie like a good scream before watching the film's main characters run to safety, or get stabbed to death.

### 2. *The Nightmare Before Christmas*

This is Halloween, this is Halloween! Another Burton film makes the list. A lovable nostalgic animated film that makes even gruesome skeletons warm our hearts and it embodies the true spirit of Halloween.

This stop-motion film is not shy to highlight all dark and spooky things that come from Halloween, making us believe that Halloween is truly the best holiday of all.

### 1. *Halloween*

Did you think I was going to choose something else? Our tolerance for horror may have gone up a few notches, but the classic slasher-style film can create just enough suspense to keep us on edge as we watch Michael Myers chase hopeless victims.

## Making waves at Starlight

**ROBIN DAPRATO**  
CORD ARTS

The first time I heard of Vancouver-based band, Hey Ocean!, was four years ago when my sister was eager to show me the quirky video for their song "Alleyways".

Immediately I was hooked. Since then, I have been looking forward to seeing them live, however the opportunity did not arise. That is, until last Wednesday when they performed at Starlight Lounge in Waterloo. It was worth the wait.

Self-proclaimed 'progressive pop' band Alvarez Kings opened the evening after arriving on North American soil from England just over two weeks ago to embark on their Canadian tour with Hey Ocean!

Alvarez Kings had the fans immediately captivated as they took charge of the stage. Their enthralling presence and their give-all attitude was clear in every song they played.

Their sound resembles to such as early Arctic-Monkeys, Two Door Cinema Club and Vampire Weekend. Their energy was so infectious

that the night ended with dozens of new fans lining up to buy Alvarez Kings merchandise, including their new EP *Cold Conscience*.

This band seemed to have a genuine love for music — something that should not be taken for granted in a culture where popular music has become a business rather than a passion. Their catchy guitar riffs and spine-chilling harmonies leave no doubt in my mind that we will be seeing more of these talented people in the future.

With the audience already galvanized from Alvarez Kings, there was an overwhelming excitement in the air when Hey Ocean! took the stage.

The band opened up with their song, "I am a Heart," where multi-talented lead vocalist Ashleigh Ball flawlessly played the flute-riff at the opening of the song. Despite Ball's cutesy blonde look, she owned the stage as she lightheartedly danced with the audience and band members, never letting go of an opportunity to engage with her fans.

The other band members, including bass player David Vertesi and guitar player David Beckingham

also held their own as they expressed passion and zeal for each song they played.

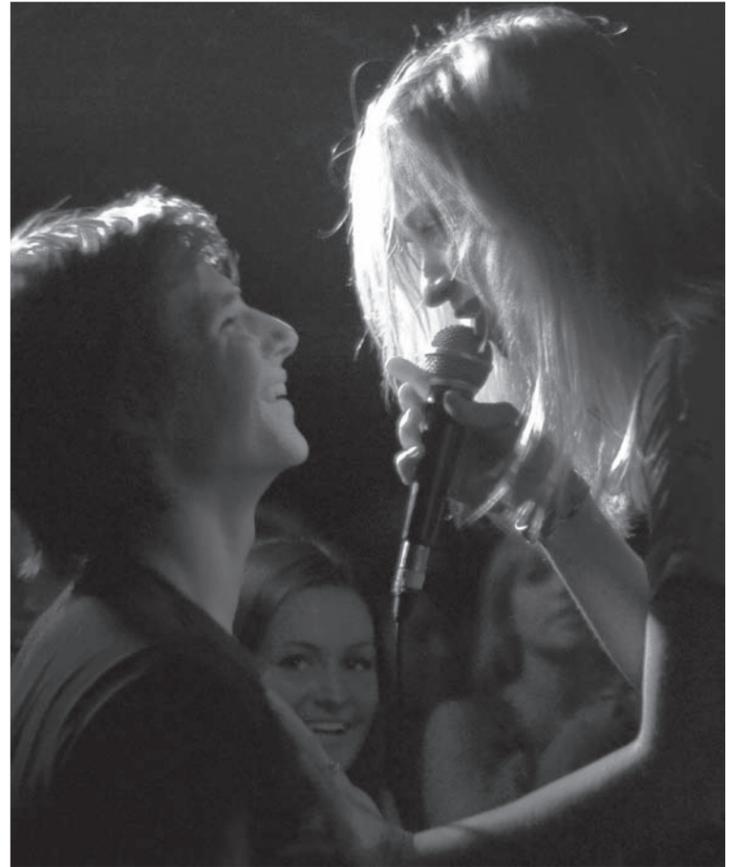
The band went on to play old hits including "A Song About California" and "Fish," as well as new hits from their album *Is*, such as "If I Were A Ship," "Make A New Dance" and "Jolene".

They ended their set with their catchy single "Big Blue Wave". As they got off stage the audience immediately started calling "encore" until finally, the band came back on stage ready to play two final songs.

First, they played their melodic cover of Arcade Fire's "Sprawl II (Mountains Beyond Mountains)" and ended it with their big crowd pleaser "Alleyways", getting audience members to sing the tune into their microphones.

The concert left the audience smiling and dancing — two things which have all too often been forgotten by this predominantly student-based audience, who are in the midst of the dark-days of midterms.

Alvarez Kings and Hey Ocean! paid homage to the irreplaceability of live music.



CRISTINA RUCCHETTA LEAD PHOTOGRAPHER  
Ashleigh Ball of Hey Ocean! serenades a fan at Starlight Lounge.

## What to do in K-W?

### October 31

**Rocky Horror Picture Show**  
Princess Cinemas; 7p.m., 9:10p.m., 11:20p.m.

### November 1

**Ark Analog**  
Starlight; \$8 advance, 8p.m.

### F'n'M Open Mic Night

Wilfs; 10p.m.

### Holocaust Survivor Speaker

BA202; 7p.m.

### Death from Above 1979

Wax Nightclub; 8p.m.

**Queen: Classic Albums Live**  
Centre in the Square

### November 2

**After Funk, Jordan Klassen (&Band), Mike Edle (&Band), The Manvils**  
Maxwell's Music House; \$7 at the door, 9p.m.

### Wild Writers Festival

Balsillie School of International Affairs; \$5

### November 3

**Sheezer**  
Starlight; \$12 advance, 7p.m.

### November 4

**Rose Cousins**  
Maxwell's Music House; \$15 advance, \$18 door, 7:30p.m.

### November 5

**Just like Being There**  
Princess Twin; 7p.m.

## 'Throw your double L's up!'

*Laidback Luke returned to Beta for the third time Monday night*

**AMY GRIEF**  
ARTS EDITOR

Braving the elements on Monday night, hundreds took shelter in Beta Nightclub to kick-off Halloween with show headlined by Dutch EDM superstar Laidback Luke.

Dressed as Superman, to fit the theme of "Superheroes and Villains," Laidback Luke put on an energetic show, that kept the crowd dancing until the early hours of the morning.

With the majority of the audience decked out in hero attire (i.e. bodysuits and tights), those who ventured out, despite Superstorm Sandy, were there for a good time. Embracing the Halloween spirit, Laidback Luke opened with *The*

*Nightmare Before Christmas* theme song "This is Halloween." As the audience erupted in cheers and a quick sing-a-long, Laidback Luke transitioned into a remix of A-Tracks's "The Big Bad Wolf" and Michael Jackson's "Thriller".

With a strong opening, his set lost some of its luster midway through as his tracks seemed a little repetitive, however he redeemed himself by interspersing more deep house pieces with well-known pop remixes and familiar vocal lines.

The highlight of the set came when he played his massive hit "Turbulence," a collaborative track that features Steve Aoki and Lil' Jon.

In anticipation of the 'drop', the crowd could feel the audience's excitement, and when the recorded

voice of Lil' Jon screamed, "we hit turbulence," the crowd broke out into a frenetic monster mash.

He followed this up with "Show me Love", and later Swedish House Mafia's "Don't You Worry Child", keeping the energy high until the end of the sold-out show.

While the weather may have deterred some from the show, as was evident by the number of people selling their tickets last minute on Facebook, those who came received a veritable Halloween treat. At \$25 per ticket, all fans of EDM could find something to enjoy during Laidback Luke's versatile set. Playing well-known hits, as well as new remixes of old favourites, Laidback Luke made his third show at Beta one to remember.



## Argo: A Cord review

ANDREW SAVORY  
STAFF WRITER

It's 2003, and the box office failure *Gigli* has kicked Ben Affleck's acting career to a standstill. After experiencing a slew of duds until 2007, Affleck decides to make his directorial debut with the Boston-based crime thriller *Gone Baby Gone*. Affleck further seeks to keep in touch with his Boston-roots by directing, co-writing and starring in 2010's hit, *The Town*.

Fast-forward to October 2012 and you have *Argo*, Affleck's most-recent production, in which he directs and stars in. This is an incredibly relevant film depicting the pinnacle of Iranian-American tensions during the 1979-1980 revolution in Iran.

The plot revolves around six American diplomats who avoided being taken as hostages by Iranian extremists at the U.S. embassy in November, 1979. They proceeded to take sanctuary at the house of Canadian ambassador, Ken Taylor, in Tehran, Iran.

In order to extract the six American diplomats, the CIA enlisted the services of exfiltration operative Mendez, played by Affleck, to extract the six safely and return them to the United States. Mendez disguises the six American diplomats as part of the fake "Argo" film crew in an attempt to help them flee Iran.

The entire operation become known as "The Canadian Caper," and serves as a constant reminder of successful cooperation between Canada and the United States. Moreover, the film as a whole serves as a reminder that not everything arriving out of Hollywood is part of a recycled or rebooted formula.

Thankfully, Affleck proves that by bringing a human approach to a contentious area of history, it demonstrates not all political thrillers require car chases and explosions erupting behind our beloved heroes.

The characters in *Argo* are real, even if the movie within the movie is fake, as the tagline suggests. They are naturally portrayed as individuals in which we should all strive to admire as representations of patriotism and the belief in ones own ability to rise above dire circumstances.

Affleck has crafted a claustrophobic political thriller that, through the use of tightly confined cinematography, makes the viewer feel like they're in the heated riots in the back alleyways of Tehran. If you're not sold already, the film features a supporting cast of some fan favourites, including Alan Arkin and John Goodman as the Hollywood producers of *Argo*.

Together they work to add a light-hearted tone to an otherwise very serious film.

# A night with the Jason White Trio

ALI CONNERTY  
ARTS EDITOR

Friday night, the Jason White Trio led a packed Jazz Room at the Huether Hotel on a journey through experimental music, re-arranged classic jazz pieces and some Nietzsche.

Playing three one-hour sets, each had a different theme that exposed the attentive audience to a diversity of jazz-influenced music.

"Whatever show I play, whoever's in the audience, there's something for everyone," Jason White, front man and piano player of the trio, explained.

White does the arranging and writing of the music. Accompanying him are Montreal-based Paul van Dyk on bass and Joe Ryan on drums.

The trio all have a strong background in jazz but "we happen to be jazz musicians who play other stuff," White said.

"We're pretty much thoroughly based [in Waterloo]," White explained. "Gigs in Toronto aren't generally all that attractive [and] audiences aren't necessarily that appreciative." As compared to Toronto where, White explains, "half the audience is listening and half the audience is chatting away," the Jazz Room hosted an attentive and respectful audience throughout all three sets.

"We can break the silence and it's this big moment where everybody is going on this journey together," White added.

A mixture of all walks of life, the Jazz Room accommodated

individuals and large groups for the event. Children, students, established professionals and an older crowd all gathered to support this local artist.

White later explained that, "We set an attendance record at the Jazz Room for the third set." An accomplishment White was both slightly surprised and pleased with. "We had the busiest night of the season."

Baffling pieces such as "Usher David Lam was a no show" with actor Andy Houston speaking the aforementioned title had the audience confused more than anything. Using altering emphasis on the phrase, it explored the importance of meaning in conversation.

Other experimental pieces included the premiere of the "intergalactic" tune "Tyson." Using

pre-recordings of a Mike Tyson interview and live improvisation from the trio they captivated the room with their fearlessness to experiment with sound and technology.

During the final set, White applauded the audience for their attentive ears and open minds: "Five years ago I would have thought that banging my fist on the piano would have gotten crickets. Thank you everyone."

After staggering applause, the trio created an impromptu encore, a Motown improvisation and cover of the Isley Brothers.

As each musician in the trio jammed out, the others were supportive and complementary, really showcasing the positive chemistry the group has. White explores the limits of creativity in music by posing the question "How outside the box are you allowed to think?"

He draws innovation from other musicians and how they are pushing boundaries. "Seeing a person light a saxophone on fire kind of makes me pounding my fists on the piano seem very palatable."

An influential member of the community, and graduate of Wilfrid Laurier University, White explained the merits of being involved with the Kitchener-Waterloo region.

"When you're in a place like Waterloo, you can incubate and really grow as an artist. But then when you go from that into a really large pond, there are opportunities that don't exist here, like meeting an agent," he said.

The trio are exploring opportunities that reach beyond Southern Ontario. "Once we're finished an actual studio album, it would be really nice to be able to tour with that album," White said.

Upcoming events for the Jason White trio include the Music at Noon series hosted by the faculty of music on Thursday, Nov. 15 at the Maureen Forrester Recital Hall.



KATE TURNER PHOTOGRAPHY MANAGER

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# EDITORIAL

Opinion Editor  
Devon Butler  
dbutler@thecord.ca

## Legislation will not end bullying

With the Amanda Todd case fresh in everyone's minds, the danger of bullying is in the spotlight of major social issues. Bullying is often dismissed by most people as a rite of passage, primarily by generations who've never had to experience the unique new brand of bullying that exists online.

Unlike the coming-of-age teasing people experienced before the days of social media and smart-phones, bullying is no longer confined within the limits of a school-day. Instead, it becomes an inescapable problem that is difficult to monitor.

Canada, however, has made an effort to conduct research and monitor bullying. Bullying.org, an anti-bullying organization, concluded that Canadian high schools are subject to approximately 282,000 bullying incidents a month. But while such organizations attempt to shed light on the prevalence of bullying, they do little to help the actual victims as they focus primarily on campaigning against the bully.

Recent government intervention to regulate bullying shares similar flaws. The Government of Alberta's Education Act will include tough anti-bullying laws while the federal government is attempting to tackle the issue with a national strategy that will look to add cyber bullying to the Criminal Code of Canada.

These new forms of legislation leave students responsible to report bullying whether it is in person or online. This form of "digital citizenship" has already been introduced to Calgary school boards.

While this action is admirable, legislation will not end the issue entirely. Asking students to report online bullying is well intended, but impossible.

With texting, Facebook, twitter and in-person threats, kids will find a way to bully, making it difficult to prevent regardless of what legislation is imposed.

Another problem with legislation is the punishments that accompany it. What are the penalties to breaking these regulations? How does it define bullying? And most importantly, who decides what age is exempt from these laws? Surely the government is not about to throw ten-year-olds in jail.

While adding a policing mentality is a commendable response, introducing legislation will do little to end bullying. Instead, there needs to be a greater emphasis on educating children from a young age on the implication of bullying, and how to respond to it.

This accompanied with a better support system for victims of bullying will hopefully provide people with the resources to change this behaviour on their own.

## Students need to respect property

Recent vandalism on Saturday night against an electronic screen in the Concourse unfortunately showcased what happens when students mix alcohol and boredom with immaturity. While the Wilfrid Laurier University's bookstore suffered damages, for which the extent and cost is still unknown, the drunken idiots who committed the act, walk free.

It is expected that when students drink, especially amidst all the pressures of essays and mid-terms, they will need to let loose and get a little rambunctious. This would normally include dancing crazy and sending regrettable text messages rather than trashing public or private property.

Despite the significant social aspect that is a core piece of attending university, students should still respect the fact that they are in an academic institution. Really, how does breaking something add any enjoyment to a night out?

We complain about the bad reputation that students get in this city, but realistically, it's tough to argue with, considering events like that of Saturday night.

With the rising cost of education, many students complain about the financial burden they must deal with. Instead of preserving the services and technology that have been provided to our campus, students who've had a few too many drinks destroy the property that they are consequently paying for.

When coming to university, students should leave this behaviour with other desperate high school antics as they are now representing an institution they are paying to attend. If you have too much school spirit to walk on the hawk, you should definitely think twice before drunkenly damaging property that will ultimately impact you.

### —The Cord Editorial Board

*These unsigned editorials are based off informal discussions and then agreed upon by the majority of The Cord's editorial board, including the Editor-in-Chief and Opinion Editor. The arguments made may reference any facts that have been made available through interviews, documents or other sources. The views presented do not necessarily reflect those of The Cord's volunteers, staff or WLUSP.*

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WADE THOMPSON VISUAL DIRECTOR

# It's Halloween, so flex your creative muscles



CARLY BASCH  
LIFE EDITOR

When I was a little girl, Halloween was the most important holiday of the year.

More important than having eight nights to open gifts, shove my face with fried potatoes, and of course, do a bit of gambling.

It was the one night that I didn't have to be "Carly" and could follow my dreams of transforming into whomever I wished to be.

Cinderella, Sailor Moon, Nala, I Dream of Jeannie; the act of putting on my costume and makeup meant so much that I thought that my changing identity would be convincing.

I couldn't wait to go out and show everyone that Cinderella was in the neighbourhood, collecting candy for a little girl named Carly.

Then, something terrible would happen. It happened almost every single year.

As I would grab my plastic pumpkin and head to the door to begin my evening, my mom would march over holding my large, thick, Roots varsity jacket and demand, "It's too cold out; you need to wear a jacket". Costume ruined.

I do not blame my mother for ruining my costumes, but it has had long-term effects on the costume choices.

When I was old enough to not have my parents take me trick-or-treating I'd instead go with my friends.

I ditched my coat when I was a

“  
No one wants to be that person who forgot to put their clothes on for Halloween right?”

Cabaret Dancer and paid the price of uncomfortably shivering from door to door. From then on I realized that my desired female costumes of exposing a bit of fun skin was just not suitable for a night of trick-or-treating.

If Halloween were in July, it would solve many problems for little kids just wanting to get into character.

Even in the present day, Halloween is still a favourite of mine.

Even if I am bound to stay inside at a house party, I never have the guts to do the generic bustier, fishnet stockings and little animal ears to mark my costume identity.

No one wants to just be that person who forgot to put their clothes on for Halloween, right?

There has to be at least some 'dressing up' element to a costume.

Therefore the selection of a full identity transformation goes beyond the appeal of being sexy and wearing a costume that is smart.

Smart, as in I am comfortable wearing it. I can rock the look, still feel good without having my chest or legs over-exposed and cold.

That could just be a personal thing, maybe I have this fear that if I choose a costume with minimal clothing, I will have to wear my Roots jacket, or put a long sleeve t-shirt underneath; something I was so used to and scarred from as a child.

Or, maybe, I realized that choosing a costume that didn't appeal to "sexy" meant that I could be the only person in the room as that character and not worry about anyone else stealing that identity.

Not once in the past two years have I worried about another Mia Wallace showing up to a party.

A white oxford shirt, black pants, a wig to hide my long hair and some red lipstick to seal the deal.

That was it! And you know what? Being Mia felt way sexier and exciting than the spandex-inspired "sexy" costumes.

My creativity is emphasized in bringing forth a character that has some reference of cool that I always wanted to be, but still feel smart, safe and original.

No roots jacket, no questions, doubt or worrying about being cold.

So if you manage to see a kid trick-or-treating and they are decked out in their costumes but then have their thick, fall jackets to protect them in the cold, give them a special nod.

They are probably so mad at their parents for ruining their Halloween. The mini packets of chocolate, high fructose corn syrup and trans fat collection is their only hope of temporarily restoring their happiness.

# OPINION

Opinion Editor  
Devon Butler  
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## The myth of the unemployable arts student

Though arts graduates are often told they will not succeed after university, they have learnt valuable skills



CHADWICK WHEELER  
OPINION COLUMNIST

It was only a few months ago that I shared a common fear amongst my fellow arts students: “could my degree lack future opportunities?”

Over the past four years of studying history, I have feared my post-graduation life and the uncertainty it brings to my career.

In my opinion, arts students have three viable options after graduation: they could continue their education in graduate school, attend teachers college or leave the university life to seek employment.

The last option worried me the most as I accepted the idea that arts students were not specialized enough to find a valuable career.

However, I recently discovered this notion is a complete myth, one that desperately needs to be busted.

Although a bachelor of arts degree is unlikely to land us a high-salary job the day after graduation, arts students have developed a set of versatile skills, which are transferable to many fields of employment.

Telling ourselves that we are under-qualified is the worst mistake we can make.

Rather than relying on what we know from history, English or other subjects, we need to acknowledge the skills we have enhanced throughout our university careers.

The key to our success in finding

“  
Telling ourselves that we are under-qualified is the worst mistake we can make.”

a post-academic job depends on our ability to reframe our experience from university in a way that prospective employers can understand and relate to.

Many of the characteristics we have developed throughout our arts degree are considered highly attractive for the job market.

For example, by the time we finish our degrees we have become masters of time management and meeting deadlines, both of which are demanded in career markets.

Another attractive characteristic amongst arts students is our passion for our subject of choice.

When arts students decide on a major they usually do not pick a subject based on expected salary after graduation.

Instead, we devote our careers to a topic we are passionate about. Many of us would sacrifice a higher financial situation to learn about something we love.

Another skill that separates us

from students outside arts is our ability to read, analyze, discuss and write about huge quantities of information.

I know that I am not alone when I say that in my final year I am required to undertake at least 500 pages of readings each week.

This skill takes years to develop and is directly transferable to many careers, especially in the information economy.

Recently, a professor I am studying under completely shattered the myth that arts students are incapable of obtaining a specialized career.

Although she was referring to history students in particular, I feel her arguments can be adapted to any arts student.

This professor explained to the class how history students have essentially learned to learn.

By this, she meant that when we are given an opportunity, our employers can provide us with written materials regarding our position.

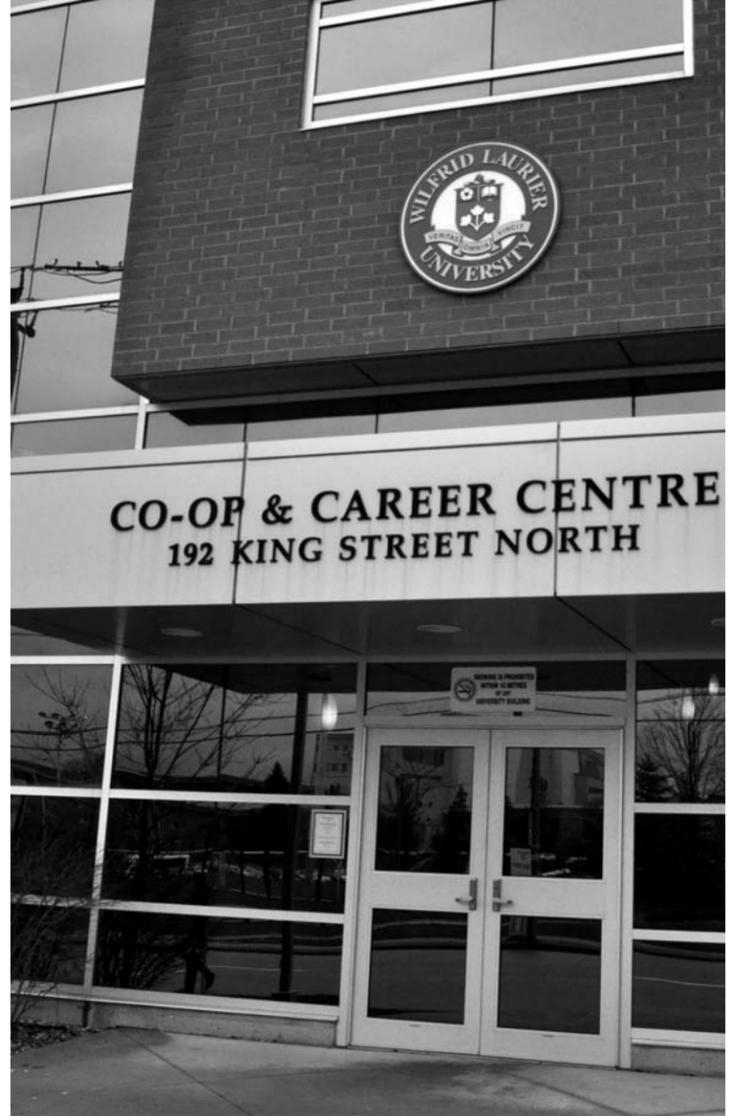
We will be able to read and understand the content, then efficiently utilize what we have learned and put it into practice in the real world.

Having this skill makes arts students extremely versatile and a good fit for many careers.

So if you are an arts student who is worrying about prospective careers after graduation, take a sigh of relief knowing there is hope for you and your degree.

Although we may not have a career lined up and waiting for us, when we do get our foot in the door we will thrive in that career with the skills and characteristics we have developed over the course of earning a bachelor of arts degree.

letters@thecord.ca



SAMANTHA KELLERMAN STAFF PHOTOGRAPHER

Being confident to include the skills you've acquired over your academic career on a resume will likely land you a rewarding job.

## Letters to the Editor

### Re: “Rape Prevention Needed”

Dear Editor,

The awareness campaign criticized in “Rape prevention needed” was never intended to replace encouraging safety measures, but rather to defeat the notion that taking precautions is the best way to prevent rape.

Eight percent of reported rape cases are committed by strangers. I guarantee that if 100 percent of rapes were reported, that number would decrease—in fact, in the UK, 97 percent of callers to Rape Crisis Lines previously knew their assailants.

But if this statistic is unimportant, then consider these:

46 percent of rapes are reported to the police

12 percent of reports lead to an arrest

Nine percent are prosecuted.

Five percent lead to a felony conviction

Three percent of all rapists are sentenced to prison

I didn't pull that out of nowhere, that's from the U.S. Department of Justice, the FBI and the U.S. National Center for Policy Analysis. Yes, the numbers are similar for other countries.

Yes, there will always be rapists no matter how much rape is tolerated, but that's just it, rape is tolerated.

It is tolerated when Daniel Tosh disseminates a video of a teenage boy raping another teenage boy with a dildo and calls it a prank.

Or, when someone jokes that “when a chick's passed out, it's a bit of a grey area,” and when a classmate says he was “raped by that midterm.”

But it's not only a problem perpetuated in casual settings. Rape, evidently, is tolerated in court when a judge rules that the victim couldn't have been raped because her pants were too tight.

Also, when a defense lawyer earns his 25-year-old defendant a lesser sentence by citing the underage victim's attire and sexual history or when a judge declares a rapist not guilty because “drunken consent is still consent.”

The problem is not that women are encouraged to take precautions, but that the definition of rape is blurred when a woman is drunk, unconscious, being intimate, dressed provocatively, reputedly promiscuous, your wife, alone, or otherwise relinquishing consent without explicitly saying she wants to have sex.

Before I finish, consider these statistics from “Margo Maine's Body Wars”:

Eight percent of college men have either attempted rape or successfully raped

30 percent say they would rape if they thought they could get away with it

58 percent say they would rape when the wording was changed to “force women to have sex”

83.5 percent argue that “some women just look like they are asking to be raped.”

Say what you will about the eight percent, but the other figures will not decrease simply by telling women and girls to avoid rape.

That will only happen if men and boys are taught explicitly, rather than expected to know, that rape is never okay.

—Ilia Sumner

### Re: “Rape Prevention Needed”

Dear Editor,

The WLU Centre for Women and Trans People\* would like to respond to James Popkie's “Rape prevention needed” article in last week's issue.

Although Popkie's article would suggest that our Sexual Assault

Awareness Campaign and other efforts are futile, we strongly disagree.

Rapists are not always freaks hiding in the bushes or the “psychopaths” ready to attack.

By naming those who rape as “psychopaths” you are refusing to acknowledge that rapists are people you see everyday.

They are our partners, our friends, our classmates, the “Nice-Guy”, our roommates.

Yes, stranger-based attacks do happen, but that guy hiding in the bushes waiting to attack will not be deterred if someone is wearing a skirt or not.

Also, that guy hiding in the bushes is someone's friend, coworker or the guy that held the elevator for you; not a monster than emerges only to attack.

Women should not be forced to wear anti-rape condoms, “conservative” clothing or chastity belts because society refuses to have the conversation with boys and men about boundaries.

Contrary to what Popkie argued, rape is not relatable to burglarizing a home.

Burglary and wrong colour choices in gang territory are not systemic experiences that half of the population fears on a daily basis.

You do not fear that the guy behind you on the street is going to rob your home.

Robbery is not rape and it is disheartening to have to clarify that.

Historical precedent or prevalence is not grounds to base our attitudes of rape on, and the essentializing “boys will be boys” or “rapists will be rapists” mantras it calls to mind are archaic.

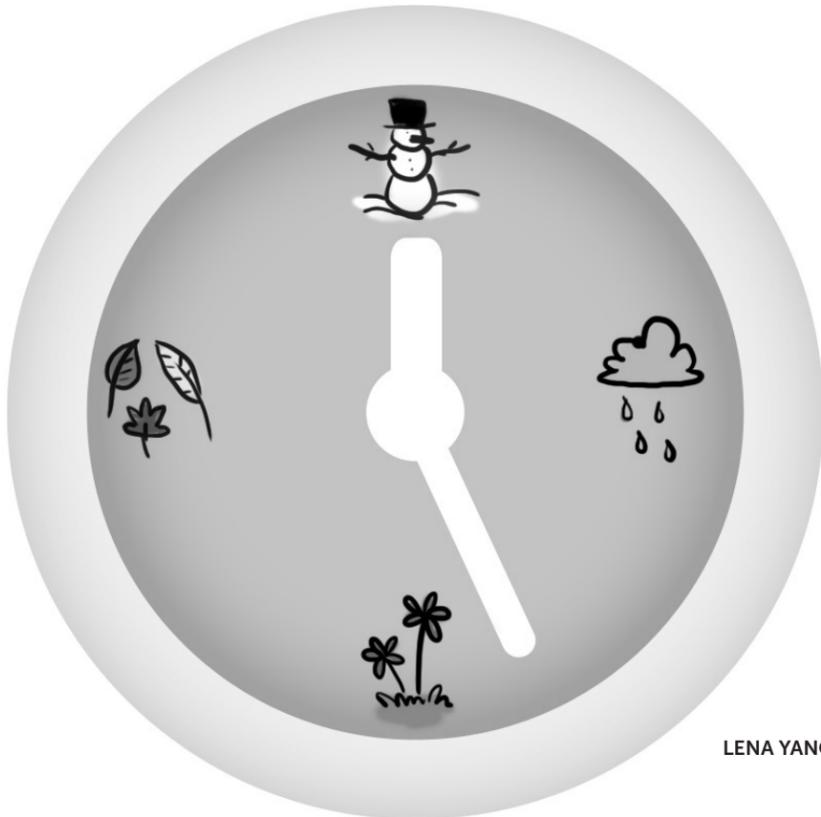
The argument that people will presumably “always rape” does not justify blaming the victim for what they were wearing or doing.

Unlike the tone of Popkie's article, we refuse to accept rape as a fact of life, “human nature” or something that women have to live with.

If Popkie actually cared about the prevalence and severity of sexual assault he would be calling out the perpetrators, not the victims, regardless of “preventative measures.”  
—The Centre for Women and Trans People\*

### Letter policy

Letters must not exceed 250 words. Include your full name and telephone number. Letters must be received by 12:00 p.m. noon Monday via e-mail to letters@thecord.ca. The Cord reserves the right to edit for length and clarity or to reject any letter.



LENA YANG GRAPHICS ARTIST

# Daylight savings time should be standard

In our non-agricultural society, time changes are unnecessary



**JAMES POPKIE**  
OPINION COLUMNIST

On Nov. 6, the United States will be making a decision that will ultimately change the course of their country.

But two days earlier, on Nov. 4, another change in North America will occur.

The transition from daylight savings time into standard time, which gives us an extra hour of daylight in the early morning, and the sun sets an hour earlier in the afternoon.

With these increasingly dark and dreary months as fall transitions into winter, all of us could use a little bit more daylight.

Especially in those few recreational late afternoon-to-early evening hours we get after the drudgery of work or school has finally passed. The problem is the way the current system is set up.

For seemingly inexplicable reasons, that extra hour of daylight is reserved for the early morning when most of us are still asleep, groggily waking up or caught in traffic on the way to work or school.

Rather than giving us an extra hour of daylight at a time when most of us would appreciate it, we are given an extra hour of time when only

a select few who wake up early, such as farmers and elderly people, would appreciate it.

Even many in those demographics I am sure would understand and accept such a change, with the understanding that it would be to the benefit and happiness of a greater number of people.

I firmly believe that daylight savings time should be the year-round time.

Some may go a step further and even advocate changing the time so we get an hour more in the evening during winter.

I understand that switching the clocks back and forth is inconvenient and messes with sleep schedules.

So, I believe that having daylight savings time year round, rather than gaining an additional extra evening hour of daylight in the wintertime would be the most adequate and practical solution.

Ever since its inception, there has been much debate over daylight savings time, with farmers being among its most radical opponents.

I say, the debate should not be over daylight savings time, but over standard time.

Allowing ourselves to be held hostage by irrational and inconvenient norms, just because the word "standard" is attached to them is an unfortunate problem.

This is an example on the failure of humanity to oppose problems that clearly inconvenience us.

Numerous studies have shown

that traffic accidents are reduced during daylight savings time, with U.S. government estimates of accident reductions ranging from around 0.7 per cent to two per cent, including a five per cent drop in accidents fatal to pedestrians.

This may be due to the fact that evening rush hours are typically busier than morning rush hours.

There is also evidence to support the conclusion that energy costs go down during daylight savings time.

Since dark evening hours are typically the peak hours for the usage of indoor residential lighting, a U.S. energy department report showing a 0.5 per cent reduction in energy costs when an extended daylight savings time period was enacted.

Historically, much of the greatest opposition to daylight savings time has been among farmers, some of whom have tried ardently to abolish it.

If farmers are inconvenienced, they can adjust their schedules to wake up an hour earlier, rather than causing an upset to the vast majority of the population.

It is unfair that a minority in one particular profession, even if they are a productive and essential one, can hold so much sway.

Standard time may have made sense in the late 19<sup>th</sup> century when we were an agricultural-based society. But today, in our modern era of a goods and services dominated economy, we need to re-think the status quo.

[letters@thecord.ca](mailto:letters@thecord.ca)

# Letter to Laurier



**CHRISTOPHER GREENLAW**  
COMMUNITY CONTRIBUTOR

In recent weeks, the temperament of the university has shifted from the excitement of a new academic year to something tense and pervaded with anxiety and stress.

This change in the prevailing consciousness is linked to a specific event that altered the working environment for students.

A contentious senate meeting on Oct. 16 found the university president infantilizing senators and faculty alike for their apparent reluctance to unquestioningly accept the value of the proposed Integrated Planning and Resource Management process.

The speeches during this meeting are a continuation of the "management by stress" approach to leadership at this university. This management strategy, currently in use against the faculty, is adversely affecting the student body.

Unlike tensions during contract negotiations, which have a conceivable endgame, this stress and uncertainty is even more destructive as there is no conclusive end in sight.

A measurable change could be seen and felt by students in their professors the morning after the aforementioned senate meeting.

Pressure tactics by the administration have created a gritty, jaw-clenching and insidious form of tension throughout the university, resulting in a sense of despair among some faculty.

This manifests itself through countless informal discussions about the future of the university and the way the faculty are being treated, something that students frequently observe or overhear.

As a current graduate and former undergraduate student, I am able to interact with students, faculty and staff members on a variety of levels, which shapes my insight into the goings-on at Laurier.

I am greatly concerned in the decreasing time that faculty are able to spend with their students due to administrative strain.

Often present during intra-faculty conversations, I see the consternation yielded by nerve-wracking committee meetings.

The damage done to faculty morale, effectiveness and productivity is immense as though the goal of the administration is to over-stress, distract and berate the faculty into acquiescence for both their so-called "rationalization process" and the plans for Milton.

Undergraduates lament that the

university is increasingly unable or unwilling to provide sufficient resources toward their education. Revealing current university planning and policies concerning the lack of tenure-track hires, as well as fewer contract faculty than in previous years, often leads to bewilderment.

Students clearly understand this is the cause of larger class sizes, and faculty having to make do with less. Recent graduates and fourth-year students look back unfavourably on a deteriorated "Laurier experience."

Fourth-year seminar classes, which have become too large for effective in-class discussion, leave many students feeling they are being cheated out of an essential experience and ill-prepared for graduate school.

First and second-year undergraduates are also sensitive to the pervasive stress and its effect on their professors, becoming reluctant to consult or meet with their professor if he or she seems disengaged, or otherwise too busy due to university service obligations.

This further diminishes student success and decreases student retention.

Graduate students grumble over scheduling time with which to work with professors, acknowledging that the leading cause of this problem is faculty over-scheduled onto countless committees for "university development."

Supervision and instruction of graduate students is an essential component of a comprehensive research university, yet it all too often takes a back seat to committee work, severely diminishing the graduate Laurier experience.

Erosion of student morale is well underway and confidence in this institution is endangered. The Laurier student experience is directly dependent upon the contributions of an engaged and invested faculty complement.

Undergraduates cannot be expected to either raise morale or re-establish confidence; this responsibility falls to the highest echelons of administration.

Unfortunately, the administration appears bent on destroying these in order to satisfy an agenda that has little or no benefit for the university, undercuts their yearning for efficiency, productivity, and recruiting, and makes the concept of a "unique Laurier undergraduate experience" an anachronism.

The administration would be well advised to reassess the damage they have already caused and to take stock of how their actions are affecting the student body.

*Christopher Greenlaw is a masters student at Laurier*

[letters@thecord.ca](mailto:letters@thecord.ca)

# Talking Mental Health: Being Assertive



**LINDSAY RENNIE**  
COMMUNITY CONTRIBUTOR

Have you ever felt that others were not respecting your rights, needs or weren't taking you seriously?

At times like these, it can be challenging to feel comfortable speaking up or expressing yourself without anger or indignation.

Practicing assertiveness can help you develop the confidence to speak openly and to communicate your needs, feelings and preferences in a

way that honours you and respects everyone.

It's about having confidence to be true to your values and yourself and to speaking up to defend them. Being assertive informs people of your perspective.

People sometimes misinterpret assertiveness as aggression. Aggression also expresses your rights and boundaries, but often at the expense of others. Assertiveness respects the needs and beliefs of each person in a situation.

Some people find it difficult to stick up for themselves, they might not feel they have the right, or feel uncomfortable or afraid so instead they hold back or shy away from asserting their needs and boundaries.

These feelings may be perpetuated by social and/or cultural

isolation that contributes to their personal passivity or their feelings of inferiority.

But non-assertive behaviour is something people have learned to do. Developing assertive skills involves learning and practicing new actions.

It is expressing your own feelings, listening to one another's feelings, describing behaviour and desired change as well as valuing the experience of the person with whom you are interacting.

Consider the following scenario: your roommate never cleans their mess. You could be passive and say nothing and be upset while you clean up the mess yourself. You could be aggressive and say "You're so rude to have your dirty dishes all over the place."

Or, you could be assertive and say: "I want to talk about keeping our room clean. I feel frustrated when you don't do your dishes. Maybe we could come up with a solution together."

Sending an "I" message is a statement that asserts the speaker's feelings, beliefs and values without putting the listener on the defensive and that states constructive feedback. Using an "I" message allows you to identify the problem and express what you would like to see happen without blaming the other person or ordering them around.

Anytime you put yourself out there, you are taking a risk and being assertive is no different. However, practicing assertiveness will increase your chances for honest relationships, heighten your

self-esteem and give you a sense of control in everyday situations.

Assertiveness helps create an open and accepting environment in which diverse points of view are welcomed and respected.

It takes practice and time to evolve, but be patient with yourself. Try to put yourself out there and remember that you are entitled to respect in every situation.

You may wish to seek out self-help resources or work with one of the counsellors at counselling services. For further information or to make an appointment, visit us at [www.mylaurier.ca/counselling](http://www.mylaurier.ca/counselling).

*Lindsay Rennie is a counsellor at Wilfrid Laurier Counselling Services*

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# SPORTS

Sports Editor  
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## Blow-out caps season

—cover

Travis Eman. Veteran quarterback, Steven Fantham, completed 50 of 95 attempts throughout the year, amounting to only 53 per cent. 46 of the 109 points came from Laurier's special teams.

The team will only lose a small portion of their 2012 roster, with the majority being returning players who were in their first or second year this season.

"Next year it's definitely going to be high priority, high expectations to do that game after game, play after play," promised Dell.

At the end of Saturday's defeat, Jeffries took a moment to acknowledge those veterans he spent the last four or five years coaching.

"To the nine guys that probably strapped it on for the last time, I

thanked them," he said. "I thanked them for everything they've given us. They've given us a great deal."

It wasn't all upsets throughout the year. With a young group, the Hawks saw mild glimpses of sun in certain players such as second-year running back Lance Freeman, who broke out with two touchdowns against the York Lions and second-year kicker Ronnie Pfeffer, who finished fourth among Laurier's all-time punting records against McMaster and finished fourth among the OUA.

On the defensive side, fifth-year Mitchell Bosch broke the record for Laurier's all-time leading tackles against York, fourth-year Drew Galpin who cracked the top five all-time tackles against McMaster and finished first among the OUA in tackles.

"That's the stuff we were striving

for and that's the stuff we know we can do," Dell said. "We just have to put back-to-back drives together, back-to-back plays together and the glimpses of that show that we can do it."

The Hawks will have a couple weeks off before they start winter workouts and training. During which time, the OUA will continue to move into playoffs, with the second-seeded Gryphons hosting the Gaels and the No. 1 nationally ranked McMaster Marauders hosting Western on Saturday afternoon. The winners of each game will advance to the 105th Yates Cup.

And before the 2012 version of the Laurier Golden Hawks left Richardson Stadium in Kingston Saturday evening, they left one last message.

"Watch us next year," Dell said. "We'll be back."



NICK LACHANCE PHOTOGRAPHY MANAGER

## Announcement expected this week

—cover

However, Laurier's athletics department would not confirm the reports to be true.

Jeffries and Baxter met Monday morning to discuss the direction of the program, but Baxter had confirmed no specifics.

According to Baxter, the athletics department left the decision of whether or not to return to the team in Jeffries' hands.

"It's really up to coach Jeff," Baxter said. "He's up in Southampton, which he went last year after the end of the tough season and he's weighing things."

The Hawks endured their worst season since 2002 — when the team went 1-7 — this year, mustering only enough offence to win three games in 2012.

The season ended Saturday in Kingston when the Hawks were defeated by the Queen's Gaels 34-0 in the quarterfinal.

In two consecutive seasons, Laurier has been ousted in the first round of the playoffs, which, last year, was their earliest exit in eight years.

This year, the Hawks were unable to score a point in three games, including their season opener against the Toronto Varsity Blues.

"This is normal process at the end

of the season especially a tough one like we had," Baxter said. "I want to respect coach Jeff. We're all looking at getting the program better. He certainly weighing some options and I've got to respect coach Jeffries."

Baxter would not say whether the claims were true, saying that the speculations will not be spoken to at the moment.

Jeffries has one year on his contract with Laurier, a team he spent nearly 40 years with, both as a coach and a player. He has seven Yates Cup championships and most recently led the team as head coach to a Vanier Cup in 2005.

Since that Vanier Cup win, the Hawks have been unable to advance further than the Ontario University Athletics (OUA) semi-finals.

An announcement on Jeffries' future with the team is expected later in the week.



NICK LACHANCE PHOTOGRAPHY MANAGER

Defensive back Chris Ackie narrowly misses out on an interception during Saturday's quarterfinal.

## Men's hockey falls to Gryphons

LIAM ALLUM  
CORD SPORTS

Less than 24 hours after their first win of the season in which came thanks to a late-game comeback against the Windsor Lancers, the Wilfrid Laurier Golden Hawks men's hockey team looked to make it two in a row as they hosted the Guelph Gryphons Saturday evening.

However, an early Gryphons lead made things tough for the Hawks on this night, as they would succumb to a 6-2 loss.

"We got behind early, eight minutes in and it was 3-0, two turnovers resulted in [two of the] goals," said head coach Greg Puhalski.

"We play close to the vest, [we need to] play a tight checking game to win, and that got away from us in the first period," admitted Puhalski.

The second period would see the Hawks go down 4-0 before rookie Brett Priestap scored to break the ice for the Golden Hawks. Second-year Tyler Stothers would register another goal, but the early lead proved to be insurmountable and the game ended 6-2 in Guelph's favour.

Laurier goaltender Ryan Daniels made 33 of 39 saves on the night, displaying the same performance that he exemplified all of last year.

Although, according to Puhalski, Daniels is not playing up to his own standards.

"If you were to ask [Daniels], he'd say he isn't playing as strong as he wants to but he can turn it around," said Puhalski of his veteran goalie.

With 14 new recruits on the team, this is one of the younger teams Laurier has had in recent years.

The team started the season with four consecutive losses until they pulled a come-from-behind victory against the Lancers.

When asked if this Golden Hawks team was better than last year's that snuck into the playoffs, Puhalski said that it is far too early to make assumptions.

"It's too early to tell if we're a better club. We need to play with more consistency, pay attention to [the] smaller details. But this team has a better work ethic than any other team I've coached at Laurier," he said.

Next on the schedule for the Hawks is the Ryerson Rams this Thursday at the Mattamy Athletic Centre at Maple Leaf Gardens in Toronto.

They'll then head to Kingston to battle RMC. Laurier's next home game will be Nov. 9 when they host Carleton.



CRISTINA RUCCHETTA LEAD PHOTOGRAPHER

A Hawk fights off a Gryphon during Saturday's 6-1 loss.

### GOLDEN HAWK UPDATE

Week of  
October 29 - November 4  
2012

#### RECENT SCORES

10.25.12  
M Soccer 3 - Western 2

10.26.12  
W Hockey 3 - Waterloo 0  
M Hockey 4 - Windsor 3  
W Basketball 71 - Acadia 59

10.27.12  
W Hockey 3 - Queen's 4 (OT)  
M Hockey 2 - Guelph 6  
M Football 0 - Queen's 34  
M Rugby 51 - Toronto 0  
W Basketball 72 - Mount Royal 51  
W Lacrosse 9 - Toronto 3  
W Lacrosse 5 - Guelph 6

10.28.12  
W Lacrosse 7 - Queen's 8  
W Soccer 5 - Guelph 1  
M Soccer 0 - York 1

#### UPCOMING HOME GAMES

11.01.12  
W Hockey vs. Brock  
Waterloo Recreation Complex, 7:30pm

11.04.12  
W Hockey vs. Guelph  
Waterloo Recreation Complex, 7:30pm

#### LAURIER BOOKSTORE ATHLETES OF THE WEEK

Jeff Pickel  
Men's Rugby

Julie Maheu  
Women's Soccer

www.laurierathletics.com  
GET CONNECTED.

# Hawks prepare for OUA Final Four

**ASHLEY DENUZZO**  
STAFF WRITER

Looking back one year ago, the Wilfrid Laurier women's soccer team is finding themselves in an almost identical situation.

After dominating their quarter-final match with a 5-1 victory over the fifth-seeded Guelph Gryphons, Sunday afternoon, the purple and gold are preparing themselves for the next level of their soccer season: the Ontario University Athletics (OUA) final four.

"We don't just want to be there," said Laurier head coach Barry MacLean. "We want to go there preparing to win."

Hosted this year in Ottawa, Ont., Laurier will be one of four squads looking to become the top team in the province. Laurier, the Queen's Gaels, the McMaster Marauders and the Ottawa Gee-Gees are all returning competitors in the final four.

This will mark the third-straight year those four teams have been the last four standing in the OUA.

"The teams that we're going to be competing with are all very, very good," MacLean said. "We've got to replicate the performance that we had in [the Guelph] match if we want to win a championship."

Sunday's win over Guelph was an example of what the Hawks expect in the playoffs where the Hawk dominated the field and saw numerous shots, rebounds and goals—just as MacLean had wanted.

"We knew it was a big game," Laurier striker Emily Brown said. "It was important for us to get the goals early and set the tone for the game and that's exactly what we did."

Brown would score a hat trick during Sunday's match as she seized the numerous opportunities stemming from the play of teammate, Julie Maheu.

"I was just focusing on this game," said second-year Maheu, who was named WLU's athlete of the week after her performance. "We had a lot to live up to especially after coming first in [the division]."

"I'm just really glad we finished all those shots and Emily was there to finish my rebounds", she added.

Maheu would score just before the end of the first half, striking it past Guelph's goalkeeper, Alex King after setting up three of the other four goals. Maheu had a total of five



Second-year striker Emily Brown jockeyes the ball from a Guelph defender during Sunday's 5-1 win.

CRISTINA RUCCHETTA LEAD PHOTOGRAPHER

shots on King.

"She always plays so well," Brown said of Maheu's consistent performance. "She's aggressive, she's fast, she gets the ball in the right spot."

"Julie Maheu was the biggest difference of the day," MacLean agreed. "We had good performances all around [...] but she was influential for four out of the five goals."

Krista Cellucci would round out the scoring on a phenomenal goal early in the first half, chipping the shot right over King. Cellucci's goal in the Guelph game would mark her

sixth of the season and first of the post-season.

First on the Hawks' list of contenders in the final four is a familiar foe, the Queen's Gaels who are the reigning OUA and Canadian Inter-university Sport (CIS) champions.

Queen's finished their season second in the OUA East division trailing behind the undefeated powerhouse from Ottawa.

"We had a little rivalry with Queen's last year," smiled Brown. "We're looking to come out and take [back] the win that we deserve."

The top three teams in the OUA championships will advance to the CIS finals hosted in Victoria, B.C a week later.

But gold is what is on the Hawks' minds.

"[And] we're capable of that," MacLean said.

Laurier plays Queen's in the OUA semifinals on Saturday at 2 p.m., while McMaster and Ottawa will play Saturday at 11 a.m.

The winners will play in the gold medal game the following day at 2 p.m.

## Final Four Preview



**Ottawa Gee-Gees (No. 1)**  
2011: OUA fourth place  
This year: 14-0-2, first in OUA East, beat Carleton 1-0 in quarterfinal



**Laurier Golden Hawks (No. 6)**  
2011: OUA runner up, CIS contender  
This year: 11-2-3, first in OUA West, beat Guelph 5-1 in quarterfinal



**Queen's Gaels (No. 7)**  
2011: OUA and CIS champions  
This year: 11-2-3, second in the OUA East, beat Toronto 3-1 in quarterfinal



**McMaster Marauders**  
2011: OUA third place  
This year: 10-4-2, third in OUA West, beat UOIT 2-1 in OUA first round, beat Western 1-0 in OUA quarter-final

(National rankings in parenthesis)

# Men's rugby finishes season on high note

**BRAD BOWEN**  
CORD SPORTS

It was a case of all or nothing for the Wilfrid Laurier men's rugby team on Saturday. The Golden Hawks were on the brink of a winless season and had to fend off a feisty Toronto Varsity Blues squad to avoid finishing last in the Ontario University Athletics (OUA) standings.

Laurier achieved this in a big way, as they tasted victory for the first time this season, handing Toronto a punishing 51-0 shutout to end both of their respective seasons.

The Hawks had a hold on the match from the opening kickoff, as forward Jeffery Dinsmore punched home a try within the first two minutes. Laurier mended their woes, winning almost all the scrums and leaving little room for competition from the Varsity Blues.

With try contributions from Jesse Kokurudz, Jeff Pickel and Jason Hatzes, the Hawks paved the way to a 22-0 lead at half.

"Going up that big at half time added comfort, it helped us to finish

on a strong note," Pickel, Laurier's captain said on the strong opening frame for the Golden Hawks.

The Hawks added to the onslaught with tries from Brenden Gilbert, Tomas Larouche, Alexander Karayannides and two more tries from Pickel amassing to 51 points, the most the Hawks have put up all season long.

Centre Jason Hatzes provided the highlight of the game when he dropped his shoulder into a Blues player, knocking him out of bounds. Hatzes danced around a few more Varsity Blues and capped off the 20-yard run with a phenomenal try.

Pickel also showed some skill, as he finished the game with a season high of three tries in the match.

"We were finally firing at all cylinders, we were working together and clicking," said assistant coach Andrew Barbati of Saturday's big win.

"We fought in the trenches all year long, we battled hard, I'm not disappointed with our performance and effort this season."

"We may have set the bar too high with such a youthful team,

so we didn't reach all our expectations," said Pickel on the team's expectations.

Laurier's young team amounted to a 1-7 record on the season, putting them in eighth in the OUA, out of the playoffs.

The Hawks may have wrapped up their season with a disappointing record, but the future appears bright with youthful talent for the club.

"Three of our starting backs were first years, I think it shows things can only go up from here," said Pickel. "Andrew Thompson, Ryan Cowan, Matt Sneath are just a few of the young talented guys we have coming forward."

Barbati also commented on the youthful core. "We've got a superior crop of youth coming up, guys who are going to carry this club for the next five years."

However, Barbati added that key departures would hurt next year such as captain Jeff Pickel as he will graduate this upcoming semester.

"We'll miss our key players, guys like our captain Pickel will be a huge loss for us."



JODY WAARDENBURG STAFF PHOTOGRAPHER  
Laurier finished off their season this weekend with a 51-0 win.