



LAURIER FEELS THEIR SONG

The perennial Laurier act, fresh off some serious Canadian success, stopped over to entertain alumni and students last Friday
... **A&E, BACK COVER**

THE MASSACRE OF WATERLOO

Laurier full-on abuses the Warriors in front of over 6,000 raging drunks and alumni. Some may have been sober
... **SPORTS, PAGE 9**

Volume 46 Issue 8

WEDNESDAY OCTOBER 5, 2005

www.cordweekly.com

Tuition will rise next year: McGuinty

NADYA BELL
CUP Ottawa Bureau Chief

OTTAWA (CUP) - Student leaders were surprised and upset by Ontario Premier Dalton McGuinty's statement last Friday that tuition fees will go up in 2006.

McGuinty was visiting Carleton University to speak about education spending in last spring's budget.

Tuition fees in Ontario have been frozen since April 2004. The provincial government's May 2005 budget said the freeze would continue for the 2005-06 year, but a "new tuition framework" would be negotiated for September 2006.

In Ontario's May 2005 budget, \$6.2 billion was earmarked for post-secondary education, including increases in universities' operating grants, money for student financial assistance and labour market training programs.

"I wouldn't mind being called the education Premier," McGuinty said to an audience of about 200 people at Carleton University.

"You are our single greatest competitive advantage," McGuinty said, addressing the students in the audience. He also said his government will also pass a law to keep kids in school until age 18.

McGuinty said in return for increased spending, he wants universities to be more accountable for their money and allow the province's auditor general to perform external audits of their finances.

"We want to make sure that we get measurable returns on our investment," said McGuinty.

Editorial reaction to this story in **OPINION, PAGE 4**



THE EDUCATION PREMIER? - Ontario Premier Dalton McGuinty announced last Friday that students can expect tuition to rise next fall when he lifts the tuition

DJ banned by WLUSU over radio controversy



WLUSU KILLED THE RADIO STAR - Emma McFarlane, guest host of the *Talkin' Trash* show on Radio Laurier last Thursday, has been suspended from the station for one year following allegations that the show was "attacking" its guests.

Radio Laurier show accused of offending initiators of Weinberg petition, WLUSU refuses to release transcript

DAN POLISCHUK & ADRIAN MA
News Editors

Petitioners Lucy Vanderhelm and Sarah Eichholz are angry with three Radio Laurier DJs after an on-air incident left them in tears.

"I cried for most of the day," said Vanderhelm. "I couldn't believe that they did that to us."

Vanderhelm is referring to her guest appearance on the show *Talkin' Trash*, a weekly radio program on Radio Laurier. Both she and Eichholz, who together organized the campus-wide petition requesting formal apologies from *The Cord Weekly* and Zach Weinberg, appeared on the Thursday morning broadcast after encountering one of the show's hosts.

"On Monday when we were petitioning, Brandon [Vadovic] approached us and just asked if we wanted to come on the show," recalled Vanderhelm. "He didn't really tell us what the show was

about, he just said [that if we wanted] to come on Radio Laurier, Zach Weinberg would be on the show."

Weinberg, however, never appeared on the show that morning. Instead, Vanderhelm and Eichholz found themselves bombarded with questions they found insulting and humiliating.

"I can't believe that [WLUSU wouldn't release the transcript]. Even Hitler's Mein Kampf was released."

- Emma McFarlane, suspended Radio Laurier DJ

"We came a few minutes early to see what we should be doing," said Vanderhelm about the morning of the incident. The girls were told to return a few minutes later.

"We came back and they basically started the show without an

indication of what was going to happen."

"They were very nice, they sat us down, we started the interview and it started unbiased," says Eichholz.

Initially, the hosts inquired about the two ladies' petition efforts, but soon after the questions become of a far more personal nature.

"They asked us if we have boyfriends, if we go home with guys from bars, if sex had been offered to our boyfriends on the first date, would they have taken it," says Vanderhelm. "They made jokes about boners and masturbation. The whole show was just a joke when we had spent hours of work, hours of our own time going for this cause."

Eichholz was furious with the DJs after the show.

"I felt pretty much attacked."

she says.

Eichholz doesn't blame Radio Laurier or WLUSU for the incident, but is very angry and disappointed with the DJs in question.

Emma McFarlane was a guest host of *Talkin' Trash* on the day of the incident. McFarlane, along with regular hosts Jeff Apalugh and Brandon Vadovic - a Radio Laurier producer - interviewed Vanderhelm and Eichholz. McFarlane contends that she has done nothing wrong.

"There's nothing for me to apologize for. My views and the views of my partners are totally within the realm of saying whatever we want. We totally did not insult anybody," said McFarlane.

"I think the thing they were upset about, it seems to me, is that they didn't convert us to their views. They weren't able to instill on us the huge amount of problems they saw with the article," she added.

- Please see **RADIO**, page 2

THE NHL IS BACK

There's nothing left to say. It's back, and we're here to milk readership out of it
... **NHL PREVIEW, PAGES 10-11**

THE PORTUGUESE SPEAK

Fresh exchangers like Canada and Laurier. Just wait until the winter settles in, you'll beg for Lisbon
... **INTERNATIONAL, PAGE 7**

COMING NEXT WEEK...

Blair Forsyth-Stark attempts to survive a week in Waterloo on fifty dollars without starving or sketching out entirely

THE CORD WEEKLY

- The tie that binds since 1926 -

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QUOTE OF THE WEEK

"I think I'm going to have a bubble bath tonight"
International Editor Tony Ferguson, for no discernible reason.

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COLOPHON

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Preamble to The Cord Constitution

The Cord will keep faith with its readers by presenting news
and expressions of opinions comprehensively, accurately and
fairly.

The Cord believes in a balanced and impartial presentation
of all relevant facts in a news report, and of all substantial
opinions in a matter of controversy.

The staff of The Cord shall uphold all commonly held ethical
conventions of journalism. When an error of omission or of
commission has occurred, that error shall be acknowledged
promptly.

When statements are made that are critical of an individual,
or an organization, we shall give those affected the opportu-
nity to reply at the earliest time possible.

Ethical journalism requires impartiality, and consequently
conflicts of interest and the appearance of conflicts of inter-
est will be avoided by all staff.

The only limits of any newspaper are those of the world
around it, and so The Cord will attempt to cover its world
with a special focus on Wilfrid Laurier University, and the
community of Kitchener-Waterloo, and with a special ear to
the concerns of the students of Wilfrid Laurier University.
Ultimately, The Cord will be bound by neither philosophy,
nor geography in its mandate.

The Cord has an obligation to foster freedom of the press
and freedom of speech. This obligation is best fulfilled when
debate and dissent are encouraged, both in the internal
workings of the paper, and through The Cord's contact with
the student body.

The Cord will always attempt to do what is right, with fear of
neither repercussions, nor retaliation. The purpose of the
student press is to act as an agent of social awareness, and so
shall conduct the affairs of our newspaper.

5 DAY ACTION NEWS WEATHER FORECAST



Today	
Morning: Mainly Sunny 12°C 0% POP	Afternoon: Mainly Sunny 26°C 0% POP

Thursday	Friday
Cloudy/Showers High 24°C Low 16°C 40% POP	Scattered Showers High 14°C Low 9°C 40% POP

Saturday	Sunday
Mainly Sunny High 13°C Low 4°C 0% POP	Sunny High 11°C Low -2°C 0% POP

Veteran's Green ready for duty

Transformed park across from campus re-opens as green space commemorating Second World War veterans



Dan Polischuk

MARCHING DOWN MEMORY LANE - While a step slower, many surviving veterans made the trek along the parade route to the new war memorial.

DAN POLISCHUK News Editor

A small yet significant project came to an appropriate close this past Sunday, as local veterans were recognized for their sacrifices during World War II with a brand new park named in their honour.

The aptly-named Veteran's Green was created to educate younger generations about the presence of war veterans in the Waterloo community, specifically in the areas around University Avenue and Hazel Street.

Young and old alike came to pay tribute to those who fought and died in combat at the ribbon-cut-

ting ceremony. With a parade that proceeded from Uptown Waterloo to the Green and included a fly-over by a WWII fighter plane, dignitaries including MPP Elizabeth Witmer, Waterloo Mayor Herb Epp and Ontario Lieutenant-Governor James Bartleman were in attendance.

Back in the 1940's, the neighbourhood, like many across Waterloo region, was a magnet for returning vets. Newly-built homes were offered to returning soldiers at a premium before being sold on the open market. For these military men, it was a chance to start rebuilding their lives.

However, by late 2002, student housing was beginning to over-

take the area. Long-time residents, frustrated with the noise levels and rowdy student behaviour in the green space, then known as Scholar's Green, lodged a formal complaint.

In conjunction with the City of Waterloo and Wilfrid Laurier University, an initiative was proposed to commemorate the historical significance of the area. It was hoped that such an initiative would increase students' respect for the neighbourhood.

This student-inspired project impressed Lieutenant-Governor Bartleman.

"It seems fitting...because it was young people just like them that went out to fight in World War II,"

Bartleman said in his address to the crowd.

Elizabeth Witmer shared similar sentiments.

"I am pleased that this project will give our community, and future generations, the opportunity to learn about the historical significance of this area, and the stories and the memories of our World War II veterans," she said.

The project, which cost about \$160,000 to complete, received approximately \$3,500 in grants from WLU and WLUSU combined. The revitalized park includes commemorative plaques and new kiosks. About 20 new trees will be planted as well.

WLUSU not a censor: Lourenco

- From **RADIO** cover

When asked to recall the incident, McFarlane explained how subjects such as "promiscuity and women coming into their own sexually" were brought up.

"I think there was a misunderstanding on what show they were on," she commented. "It isn't a service for the CBC. We were having fun - it was our show, and we're really sorry that they thought we weren't taking them seriously, but I just think they were taking it somewhere that we didn't think it needed to go."

Vanderhelm seriously doubts that the on-air incident was the result of a misunderstanding, noting that the hosts of *Talkin' Trash* are members of the same fraternity as Zack Weinberg.

"I think it was a setup to make us look like prudes, like these radical feminists that are doing this petition, and trying to kind of dumb down the issues to casual sex," said Vanderhelm.

The affair has been brought to the attention of WLUSU, who has

responded by suspending host Emma McFarlane on Tuesday. She is now barred for one year from Radio Laurier - any repercussions for Alpaugh and Vadovic are unknown at this point, as WLUSU says that they have had difficulty contacting them.

Kat Lourenco, VP of Marketing for WLUSU, feels the situation is regrettable, but that WLUSU is handling the situation the best they can.

"I think that we've tried to respond to it as quickly and as professionally as possible," said Lourenco.

Upon learning of her suspension, an incensed McFarlane lashed out against Radio Laurier's decision.

"I feel really unfortunate about this, but one door closes and another one opens. I will continue to voice my opinions whichever way it happens," said McFarlane. "I feel sad for Laurier because they've lost a potentially very good DJ."

She says she does not blame

Vanderhelm and Eichholz for her ban from Radio Laurier, and is angrier with WLUSU.

"I think [WLUSU] should have allowed me a second chance - what's the world coming to when people aren't allowed a second chance and just cut their heads off at the first sign of not complying with everything," she said. "In the future, I hope they don't stifle other people. They wanna say what they wanna say."

For the moment, it is unknown what was exactly said on the radio show that morning for people who were not listening at the time of the incident. As part of their procedure when investigating complaints, Radio Laurier is not releasing the audio recording from the broadcast into the archives.

"I don't feel that if the content is deemed to be inappropriate that we should be releasing it," said Kat Lourenco. "It's just not fair to the people that were involved in it and it's not necessarily to censor the show but just to avoid hurting the feelings of the people involved."

Alex Cybulski, Programming Director for Radio Laurier, added that "by releasing that [archive] it basically would recycle the complaint that we've already had and only serve to further propagate the problem."

McFarlane is amazed that the audio of her broadcast is being shelved, and feels that Radio Laurier is trying to act as a censor.

"I can't even believe that - that's friggin' hilarious," said McFarlane incredulously. "Even Hitler's *Mein Kampf* was released. I don't think there's anything in that piece that would do any harm to anybody. They were able to voice their opinions, and we were able to voice ours."

Sarah Eichholz, still horrified by the whole experience, says that a part of her is thankful that the show will likely never be heard again.

"This was a humiliating experience for all parties involved," she said.

VOCAL CORD

How will you afford to go to school once tuition regulation is 'thawed' next year?



"My debts are so high that a couple hundred won't make a difference."

- Shawn Brumby
Fourth Year Psychology and Biology

"I'll have to dip into my savings, which means that I'll have to work more at my minimum wage job."

- Holly Hieblinger
Fourth Year Psychology



"Make sure that I find a good job this summer, and probably this year."

- Mark D'Amico
Second Year English

"I currently pay for school on my own ... to sum it up, I'm getting more into debt."

- Ryan Waddington
Fourth Year Business



"I'm on OSAP, and OSAP usually covers tuition."

- Jessly Wilkinson
Fourth Year English and Sociology

"A jump in tuition?! I just bent over again. It's blasphemy!"

- Dan McBride
Fourth Year Communications



"Call mom and dad."

- Nabell Aziz
Third Year Business

"My parents."

- Mark Radford
First Year Business



"My dad."

- Mike Lamantia
First Year Biology

"I really have to rely on scholarships or bursaries from school to get by."

- Stefanie Blacker
Fourth Year Geography and English



Compiled by Catherine Mann, photos by Sydney Helland

Students rally for respect

Jason Shim organizes public demonstration to promote a "shift in culture"



Sandra Howard

R-E-S-P-E-C-T - Laurier students gather outside the Students' Union building last Thursday to discuss sexism, equality, and gender rights.

ADRIAN MA
News Editor

Last Thursday, Laurier students gathered in front of the Students' Union building to witness a rally for respect. The public event aimed to bring awareness to issues concerning sexism, equality and human rights in general.

Jason Shim, a former Senator of Wilfrid Laurier University, organized the "Respect Rally" and was also its main speaker. Standing on the steps beside the building, Shim addressed the crowd of over 50 people, discussing the importance of equality and changing what he feels is a lax cultural attitude towards sexism.

"My focus [for the rally] was respect for everyone, but drawing

attention more towards women," says Shim about the event.

He feels that every segment of the population should be treated respectfully, but women in particular - who account for the majority of the student population at Laurier - deserve particular attention at the moment.

"If I have to be totally honest, women have to put up with a lot more shit," says Shim.

The rally followed the publishing of the controversial article written by Zack Weinberg, which was a point of interest for many people who attended the rally. Several guest speakers, both students and faculty, took the microphone, spoke up for equality and spoke out against the article.

Shim, however, wants to keep

this less about Zack Weinberg's article and more about the larger issues.

"[This whole thing] can be blown out of proportion if you place too much emphasis on the author," he says, pointing out that this behaviour of marginalizing women is far too commonplace in our society.

Shim believes that this rally was a necessary step at Laurier, and he hopes that people will be more sensitive and aware of sexist behaviour, both physical and verbal.

"Ideally, I'd like to see a shift in culture. I think there's been too much complacency," he explained.

Mending broken fences

LAURA SCOTT
News Writer

After several incidents of trespassing by Laurier students on private property, a local resident will soon find a wall installed to prevent future incidents.

The resident of 85 Seagram Drive (who was unavailable for comment) has contacted campus security on a few occasions to complain that students were responsible for cutting a path through her hedge, which borders

the University Stadium parking lot. After first alerting security on September 26, the resident called again two days later reporting that Laurier football players - and a man who she believed to be one of the coaches - were dragging equipment through the student-made path and trespassing in her backyard.

The matter was brought before Peter Baxter, Director of Athletics and Recreation, who has taken action to resolve the issue by constructing some form of barricade

where the hedge was.

Dan Robert, President of the Students' Union, stated that WLUSU is "very willing to come up with a solution (in collaboration) with athletics."

"We are excited to have the opportunity to do this kind of work," said Robert. "It's not often that we get to do things externally."

Robert also noted that the project presented a chance to improve the reputation of students in the community.

Tiny Bag O' Crime: don't get drunk at "pantless" parties

MEDICAL ASSIST TUE SEPT 27/05
A WLU student was transported to hospital after cutting off the fleshy part of his index finger at the Pizza Pizza outlet of the Terrace Food Court.

INDECENT ACT SUN OCT 02/05
At approximately 1am officers responded to the Nichols Centre receiving area after receiving a report of a group of students walking around with no pants on. On arrival they found four males in their undershorts and a female who was attempting to pull down her mini skirt to

cover her exposed buttocks. They had been at a "pantless" party and were intoxicated. The matter will be sent to the Judicial Affairs Council.

SUSPICIOUS PERSON THU SEPT 29/05
AWLU student reported that she and some friends had been approached by an unidentified male in the Tim Horton's parking lot, across from University Place Residence, who made unwanted overtures toward them and asked for their phone number, in what was described as a "demanding" tone. He became persistent,

taking one of the complainants by the arm and then letting go. They hurried away from the man towards King St. The male was described as in his early 20s, wearing jeans with a black shirt and jacket.

POSSESSION OF STOLEN PROPERTY SAT OCT 01/05
At approximately 4pm a number of males were observed on Albert St., carrying a barricade taken from University Stadium. On seeing an officer the males dropped the barricade and fled.

THE CORD WEEKLY

— The tie that binds since 1926 —

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Tuition fee increases expected but not acceptable

Premier Dalton McGuinty announced on Friday that come September 2006, when the two-year tuition freeze is up, university fees in Ontario will increase.

The Canadian University Press story on the issue twice claimed that the premier's declaration "surprised" various student leaders.

But is anyone really surprised?

Tuition fees have been steadily increasing for a long time now. And did anyone really think McGuinty would leave the tuition freeze in place any longer than the two years he originally promised?

But just because we shouldn't be surprised, doesn't mean we shouldn't be upset. According to Statistics Canada, tuition increases are outpacing inflation. Logic says that if our tuition fees are rising faster than our incomes are, it's going to be harder and harder for Ontario's youth to afford a post-secondary education.

Carleton University Students' Association president Carole Saab put it best: "We heard a lot of focus on students coming into university and being the best they can be, but in the same breath [McGuinty has] taken a big shot at increased access."

We only need to look to British Columbia to see what's in store for us. When BC lifted a six-year tuition freeze, fees immediately rose 25.7 percent, and then 30.4 percent the year after that.

This, along with our current situation, suggests that tuition freezes are nothing more than a way to temporarily placate students before once again pushing post-secondary education that much further out of reach.

McGuinty needs to either rein in tuition fees, or, at the very least, fix the sad excuse for a student financial assistance system that we have right now. OSAP makes students jump through hoops to obtain a loan that doesn't even make ends meet, if they even get one at all. Too many students are left out in the cold by a system that hands out money based on an over-simplified formula.

The rate at which tuition is increasing, without adequate financial assistance, is unacceptable and will soon begin to act as a deterrent to a post-secondary education for many. We need more than the band-aid solutions that we've been getting. If McGuinty truly wants to be known as the "education Premier" (a laughable idea right now) he needs to make education truly accessible. Sure, he pumped \$6.2 billion into post-secondary education earlier this year, but students aren't going to benefit from that if they can't afford to make it to university in the first place.

The CBC needs us now

Now that the CBC employees' union, the Canadian Media Guild, and CBC management have reached a tentative agreement, the questions will be coming fast and furious.

Already, there are doubts about whether the CBC will be able to regain its listeners and viewers. Many jumped ship at the start of the lockout.

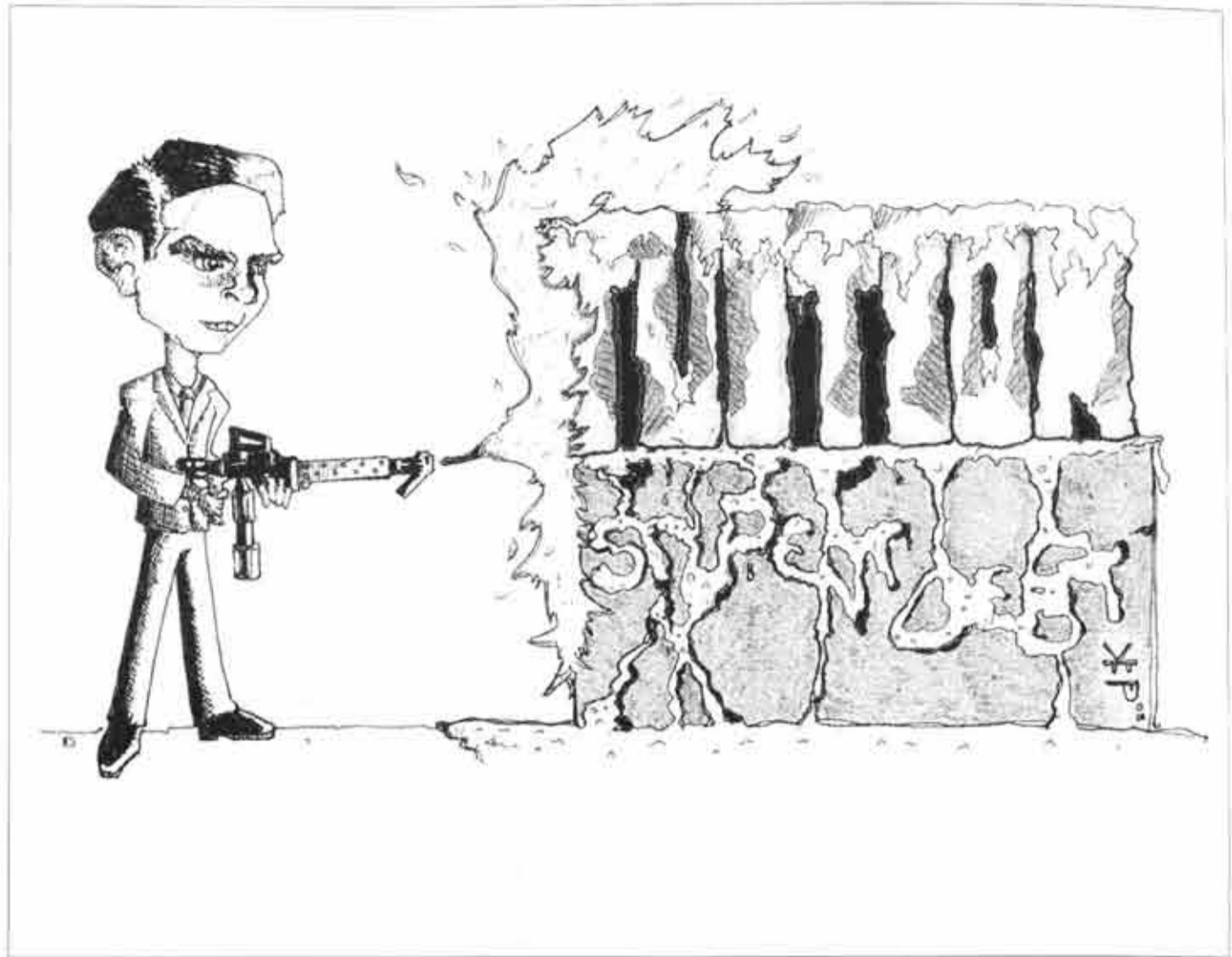
There is also the issue of employee morale. Will employees be able to maintain their enthusiasm for their jobs, under management they know doesn't really care about them?

If their behaviour during the

lockout is any indication, the answer to the second question is yes.

As Antonia Zerbisias noted in the *Toronto Star* today, "... even without a paycheck... they gave Canadians street fests, replacement radio, podcasts, online news sites, rallies, burlesque shows, concerts and uncounted blogs."

The answer to the first question is trickier and it depends on us. We need to show the CBC's employees that we appreciate their dedication and commitment to quality media by returning to the CBC when it finally comes back.



Krupal Patel

WLUSU's silence speaks volumes

Production Manager Bryn Boyce says it's time for Radio Laurier to separate from WLUSU and forge the niche that a campus radio station is meant to have



BRYN BOYCE
Production Manager

It's amazing what a couple weeks can do. *The Cord* has been the recent target for intense criticism over its publication of "A gentleman's guide..." and now Radio Laurier, a branch of WLUSU, is embroiled in its own controversy.

Last Thursday, a popular Radio Laurier show, *Talkin' Trash*, invited several students including Lucy Vanderhelm and Zack Weinberg on the air to discuss the article and the issues it's raised.

Weinberg failed to show but Vanderhelm and Sarah Eicholz, who spearheaded the petition demanding a formal apology from *The Cord* and Weinberg, showed up for the show. They left feeling humiliated and offended.

So... what happened? What did they say? What can be learned from this?

Well, none of those questions have been answered and their show, which *The Cord* requested a transcript of, has not been released in any form to anyone outside the Students' Union. The show has been aired on campus already but now the Union, ostensibly committed to openness and accountability, is refusing to make any part of it available to its paying stakeholders or their media.

Kat Lourenco, WLUSU's VP: Marketing, whose responsibilities include the broad supervision of Radio Laurier, says it's all in the process of being reviewed. However, she went on to say that,

"if we decide that there was inappropriate content... it wouldn't be released."

They've fired co-host Emma McFarlane, given her a one-year Radio Laurier ban and are currently deciding the fate of the other two hosts, Jeff Alpaugh and Brandon Vadovic. It's pretty clear that the show's material was inappropriate in someone's eyes.

Either that or the Union is being extra cautious with the tapes and reckless as hell with their volunteers. We'll have to wait until after Human Resources has finished dragging their feet to know which is the case.

But make no mistake, I haven't the slightest desire to deflect the criticisms that have flooded *The Cord* in the past weeks. In fact, a lot of good came out of the vigorous debate and student activism following the Weinberg story.

This is exactly the kind of debate and activism that WLUSU, by

refusing to release the transcripts or audio archives of *Talkin' Trash*, is avoiding. They have airbrushed the incident and banned people rather than facing the issue and learning from it openly.

Radio Laurier is a valuable and growing part of student life that cannot be painted with a single brush. Their strengths (and weaknesses) don't lie with a single host or even three. As a station, they provide opportunities to students to discuss in real time, entertain the campus and act as an archivist of Laurier culture — both musical and topical.

Alex Cybulski, Radio Laurier's Coordinator, said that "a great deal of [the responsibility to record campus events] relies on you guys at *The Cord* to do a fair job on how we've done on this and be balanced in how you report this to the students."

The reality is that the radio station has a role to play on campus — a role that they've neglected for too long — and that is to be an alternative outlet, independent of both the Union and *The Cord*.

Campus media have responsibilities. Not only to exercise good judgment when broadcasting or publishing but also to provide an open and honest forum for students that groups like WLUSU rarely initiate.

In this case, WLUSU has sent a clear signal that they prefer the airbrush technique of media management over the self-regulating one. Radio Laurier needs to become an independent, student-funded medium on campus that adds voices — not muzzles them.



Undergrads as spoiled kindergarten kids

Our generation is idling in the "tidal pool of academia" without questioning or changing anything, says columnist **Kathryn Flynn**



KATHRYN FLYNN
Goddess girl revolution

This past weekend my grandmother, godmother and I discussed the recent antics at Queen's homecoming over lunch. I also casually mentioned the "Gentleman's guide", watering the content down a bit, and they were equally shocked.

Unfortunately, they both have *Maclean's* subscriptions and desperately desired my opinions on Ariel Levy's *Female Chauvinist Pigs*. Did I go to school with people like that? What horrors!

The three of us don't always completely agree, but I admitted that things really were different (read: better) when they were young.

This recent goulash of events does not appear to be isolated, but instead represents an undercurrent of upsetting attributes displayed on university campuses.

I'm not convinced that binge-drinking and irreverence for ourselves and others was as common in previous generations of academia as it is in ours.

As undergraduates, this generation is turning out to be the spoiled kindergarten who hogged all the blocks, did not finish their math sheets and went home with a cupcake.

What are students' priorities?

At the cost of class attendance, sleep is clearly high on the list. The *Toronto Star* ran an article last week on creating technologically-savvy lectures to lure students out of bed and back into the classroom.

Seriously? I hate to dive into val-

ley-girl vernacular, but oh puh-lease.

This is a privileged life and even those who work harder than the proverbial dog to be here are generally uncomplicated.

Undergraduates splash around in the tidal pool of academia for a few years, believing that youth is synonymous with decadence and convincing themselves that education is their contribution to society.

The calls home must allude to torrents of academic achievement, as feedback from the community seems to be critical of those "other students" - the ones (not you, obviously) who find Monday to be just one more obstacle to the weekend.

It seems that the more privileges we take advantage of, the more we take them for granted. According to Statistics Canada, in the 2001-

2002 school year full-time students living away from home spent twice as much on "non-educational items" than students living at home.

Unless you're living in Castle Kilbride, rent is not that consuming and money is demonstrably not going to supportive reading materials. This is not to say that high expenditures and student apathy are inseparable, but it does suggest money is being spent differently when it's mediated by parents.

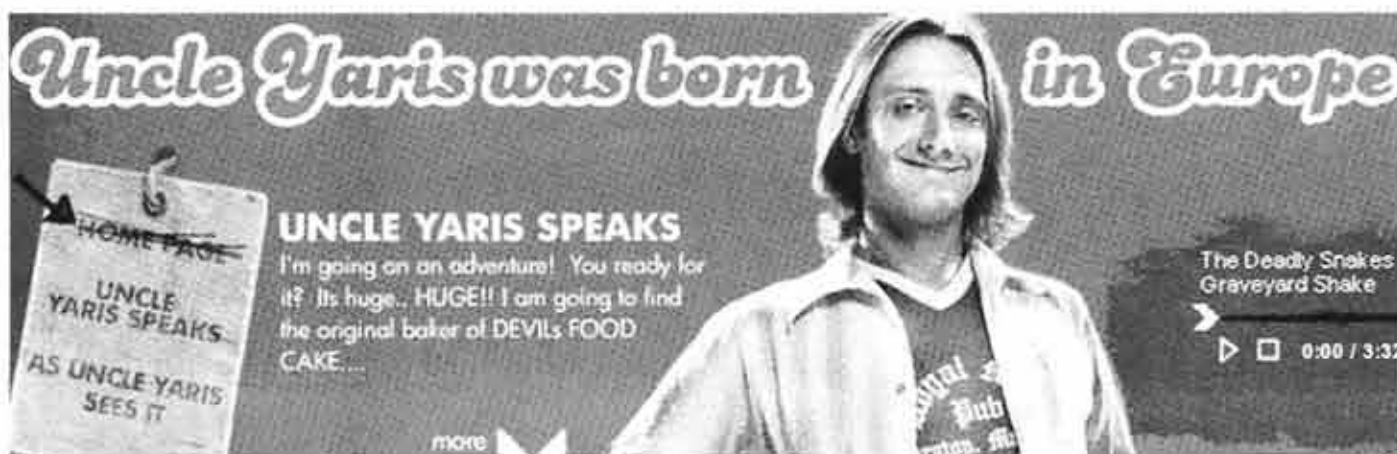
Excess and idleness always seem to go hand in hand. While consuming in large amounts as a student body we're producing... what? There are campus clubs and initiatives with goals for action and generally their hearts are in tune with their heads, but the social dissonance I had always expected at university was muted

until recently. Entitlement to opinion ought to be used for change, not just noise pollution.

Questioning nothing will ultimately result in nothing being challenged. Attending university is a privilege, not a right, and everyday chances to improve oneself, and that grander, illusive notion of 'the world', are evaporating. Being so apathetic towards the world by living egocentrically will prove stronger in shaping who you become than those four first-year psychology classes you managed to drag yourself to.

As the poster in my high-school guidance counsellor's office said, "Dream Big Thoughts: Revel in Small Pleasures." The idea isn't revolutionary, but it is thoughtful - a quality, I believe, which we are lacking.

letters@cordweekly.com



Toyota's illogical new lows

The Uncle Yaris marketing campaign just doesn't make any sense



MARK CIESLUK
This Spake the Wiseman

Anyone born or raised in Canada has been inundated with an avalanche of consumer marketing. In every way, shape and form it's lost its impact.

This is hard to dispute from any angle. After all, how many of us see the commercial break in our favourite program as less of a nuisance than an opportunity to run to the bathroom or refrigerator?

The trouble with advertising is that if nobody's looking at it, it's not working. And so, bit-by-bit, year-by-year, the advertisers compete to place themselves a step further into our lives and consciousness.

The simple ad-man pitches of days past are, well, of days passed. Who among us could seriously imagine Tom Cruise standing on a stage in a pinstripe suit, smilingly broadly as he addressed the televised masses: "Hello, friends. I'm here today to talk to you about an exciting new product brought to you by our friends at the General Motors Corporation of America." He'd be the laughing stock of the multi-millionaire paid promoters circle.

But not so long ago, this was all that there was. Not so very long ago, a snappy piano jingle lifted from Irving Berlin was an exciting

new innovation in radio advertising. It could be argued that times were simpler, or that the target market was more 'civilized,' with longer attention spans. These proto-ads were simple and direct. They had a point to make about a product to sell, and that was that.

Eventually, someone realized that having a shill with a famous name to go with a famous voice might impress consumers: it might serve to create a more personal sort of connection. Thus was the beginning of the "race to the bottom" that personifies the current state of mass marketing, as famous names begat famous songs begat catchphrases, marketing stunts, giveaways, contests and outright media wars between competing brands. Not only was our product better than theirs, but theirs was awful, unfit for consumption by man or beast alike.

Fine. Their objective is to sell me products, my objective is to try and 'steal' as much 'free' stuff as I can by watching television without purchasing the products that sponsor the shows; to turn the pages of the newspaper without falling for the siren-song of this year's newest, flashiest whatever. I can handle that. It's their job. How can I begrudge someone doing their job, no matter how asinine and in-my-face their tripe might be?

However, what I cannot and will not wrap my head around is the increasing popularity of advertisements so esoteric in nature as to

not truly be an advertisement at all. I'm speaking specifically of Toyota's new "Uncle Yaris" campaign in support of the upcoming Toyota Yaris, a sub-compact slated to replace the popular Echo hatchback in the next few months. By now, it's likely that we've all seen the advertisement featuring a quirky, eccentric guy - Uncle Yaris - doing quirky, eccentric things, pointing us to Uncle Yaris' website (www.yaris.ca). Cute. Funny. Sure, why not?

Oddly enough, however, this website has no product listed. No service advocated. Not even a single link or mention, anywhere on the domain, of a company, foundation or organization. Huh? A Google search revealed that other confused commentators had backtracked far enough down the stream of clues to connect Uncle Yaris with the Toyota Yaris. It's not exactly a huge secret. But what's the point? Even if they intend to update the site once the car is actually launched, I've already been there and will not be returning.

Their marketing ploy worked. It was an amusing enough television spot to hook me into checking further - but they then dropped the ball. So kudos, Toyota, for taking the race to the depths of the marketing game to confusing and new illogical lows.

letters@cordweekly.com

My dad is cooler than your dad



TANYA DOROSLOVAC
Bigmouth Strikes Again

My dad turned fifty this weekend.

The scary part is, I think he might be cooler than me. When I think of myself at that age, I usually envision some stylish elastic-waistband pants, champagne cocktails and the desperate hope that Big Brother's agents won't break in and confiscate my copy of *The Best of Newsradio*.

My dad, on the other hand, has recently discovered his affinity for Green Day. I come home from a lecture that barely kept me awake, and there's my dad, skanking around the family room to "Holiday" with enough energy to put that punk-rock Asian guy from Phil's to shame. He yells, "These guys are AWESOME!" at me as I throw down my backpack. Maybe he's just trying to get back at me for stealing his Doors album when I hit music puberty in grade 10.

I should have seen it coming. A few years ago we went to a Billy Idol concert at the Kool Haus. My family was standing in the mosh pit, right at the front. I'm urging my mom to hold on to the bar so her body doesn't end up getting crushed and my dad is carefully putting on this studded black leather wristband he just bought at the Eaton Centre.

He shook his fist to "Rebel Yell" and Billy made eye contact and totally approved.

Important note: my dad's estimation of Billy Idol's cool factor actually went down that night, around the time Mr. Idol held my hand while singing "To Be a Lover". Rebellious, rock and roll, motorcycle driving, drug using sex fiends are great - until they're touching your daughter. At that

point, they need to pack-up their leather pants and head to prison.

Ol' Svetozar Doroslovac is in pretty good shape, too. He plays pick-up soccer at least once a week with a bunch of angry, middle-aged guys just like himself.

They burn an equal amount of calories running around and yelling at each other for cheating. It's certainly a lot different than how he got in shape when he was young. After soccer practice, he would do hill training wearing garbage bags elasticized around his wrists and ankles, creating a personal sauna sack.

Anyway, he knows better now, although it would be pretty hilarious to see him coaching my younger sister's team that way: 16-year-olds in garbage bag suits are always a party.

Birthdays get harder as you get older. And no, I don't mean for the birthday girl or boy themselves. I mean for the friends and family that have to buy them presents.

The number of candles on the cake is directly related to how expensive or meaningful a gift has to be. As a student, I tend to lean towards the cheap-but-thoughtful present, however, you can only give collage picture frames so many times.

Thus, last Friday I was stuck in HomeSense fifteen minutes before closing, trying to pick out a perfect gift for the big 5-0. And there it was: the Cutty Sark, a big model sailboat that, with some imagination, looks rather like a pirate ship. I know he'd prefer a real fishing boat for his Mid-Life Crisis Birthday, but I'm glad I can give him something that we can put on the mantle and laugh at instead. Forget about what I'm like in 30 years time... I wish I was as cool as my dad right now.

letters@cordweekly.com

Letters to the Editor

Problems with the apology

I have to say, I find your response to the demands for an apology to the students of Wilfrid Laurier University for Weinberg's "Gentleman's Guide" article inadequate and disingenuous. While it is true that *The Cord* publishes informative and relevant articles, it is not responsible to draw attention to this fact in order to deflect meaningful criticism from the paper when such a disgusting and dangerous article is printed. It is not enough to say that Weinberg's article is not your opinion or the opinion of *The Cord*: that article unabashedly insults your readership (women and men alike) and sinisterly condones and even promotes sexual assault. Voicing outrage at this article is not, as you suggest, "the popular thing to do." It is the only rational thing to do; it is the only ethical thing to do.

The only rational and ethical thing for you to do is to promise your readership that you will not publish such hurtful and potentially dangerous material in the future.

Mary Ellen Campbell
A decidedly un-aphathetic Laurier alumnus and McMaster University graduate student

Jokes

First of all let me start off by saying I am not a pig or a chauvinist, and in the words of Brain Fantana "I love the ladies, they rev my engine." I treat women with the utmost respect except for the occasional "Get back to the kitchen and make me dinner," or "That is why women shouldn't get drivers licenses," random comment coming out of my mouth. So when I saw the uproar over the "Gentleman's guide to getting laid at WLU," I just had to say something. Mainly, loosen up. Is this what the world is coming to; where jokes are no longer allowed to entertain people like myself during their 3 hour night class?

Yes ladies, this article is clearly a joke and I don't really think it knocks Laurier down many notches on the reputation meter. I highly doubt I will be burning my \$40,000 piece of paper when I finally graduate. To be honest, is what this guy wrote big news to anyone? I mean I have been to Louie's on a Tuesday some nights (to have a good time, not to get laid) and have had to shower when I got home for fear of catching herpes just standing in there. I don't know, but that doesn't really seem like a place to find a girl to bring home to mom.

However, this is just the opinion of one humble man. Lastly, I really think our resources should be focused in other areas. A petition for an apology seems to be a bit extreme. I mean wouldn't a petition for say labour negotiations or hurricane relief or even that pesky world hunger thing have been much better? Just a thought. For the record, guys like Zach will continue to get laid because, hey, who can resist a guy in a pink Lacoste golf shirt with the collar nicely ironed and standing straight up?

Josh Clark

PS. The only Lacoste shirt I own is circa 1988, green and would fit a 5

year old.

Where's the sympathy?

Thank you for furthering an already grossly overblown and stereotypical reaction to last weekend's events. Being a Queen's student, I assure you that we are already experiencing enough backlash from local and national media about this, and I thought that perhaps I could count on some sympathy from a student-run media, but I guess I was wrong. The overwhelming majority of people at the party were simply having an honest and responsible good time, and I cannot tell you how much we as students wish that it had not happened as it did. Simply because a mere handful of people (whether or not they are actually Queen's students is another issue) took it too far does not give you the right to brand this as a disgrace to all Queen's students. I am disappointed that a student newspaper has joined the growing list of one-sided media who are placing the blame for the mistakes of a few stupid individuals on the entire student body at Queen's. I guess it would be too much to ask for a fellow student to try to see things from a student's point of view.

Ian MacMillan

Thumbs up to *The Cord*

I say "thumbs up" to the "Gentleman's Guide." As a first-year student at Laurier, I was ecstatic to see that *The Cord* is not letting a bit of controversy take away its credibility. While I agree that the "Gentleman's guide" was not as up to par as some of the other, possibly more "newsworthy" articles, *The Cord* is a student newspaper and since there are many males who attend Laurier, it's only right that there should be articles in the newspaper that are of interest. The only thing I found offensive in the paper that week was that there wasn't a female version of that article in which women could either be forewarned about the tactics of guys at Laurier, or have their own tactics published.

Thanks for printing what a student-run newspaper shouldn't be ashamed to print.

Jessie Berquist

Champion of equality

First, I'd like to simply say that I am a person who believes that all people are equal and therefore should be treated equally. As I read the Letters to the Editor concerning Zack Weinberg's "A gentleman's guide..." (an article clearly written in jest), I found many of the authors, a majority of which were women, were outraged to read Zack saying that Laurier women "put out" and "are promiscuous by nature." Upon finishing, I sat puzzled and somewhat confused. These clearly seem to be women who are concerned with the portrayal of women in society, yet they are the ones who are expressing the most "chauvinistic" ideals. I personally find it reprehensible when men insult women for wanting sex or having sex with numerous partners, simply because if a man did it, he would most likely receive a

few high fives.

I therefore do not understand why when a man in a media outlet simply accepts the fact that women, like men, want sex and do have sex, he is treated with such malice. I also find it extremely disconcerting that so many seemingly educated women have confined themselves with the traditional and antiquated notion that women should neither want nor enjoy having sex (shown by their outrage at Zack's comments).

Nowhere in the article did I read Zack saying that men are not promiscuous and do not "put out." On the contrary: the entire article was based around the idea that men want sex and may need some tips (however ridiculous some were) on how to obtain what they seek. That said, I have to wonder why there is not an outcry from men about the negative portrayal this article made of them. The answer of course is that men (like women should) do not see being promiscuous or "putting out" to be a negative attribute for themselves to have. Zack does not say anything negative about women in his article, but it is the reader that interprets what he says as negative based on their personal, and in many cases, sexist views. To those outraged Laurier women, I feel truly sorry for you and the social constraints you continue to place upon yourselves and the rest of your gender.

Zack Weinberg should not be treated as a pariah, but rather he should be hoisted on the shoulders of the men and women of Laurier and lauded for his courage in writing this article. Zack, do not be ashamed of what you have written, for you, my friend, are truly a visionary and a champion of equality.

Jeremy Carnegie

The F-Word

While perusing through the barrage of letters to the editor regarding the notorious Zach Weinberg article, I couldn't help but notice how some of the writers, although outraged at Weinberg, claimed that their indignation was not because they were feminists. The question I would pose to these young women is, what's so bad about being a feminist? In the past years it has become a tarnished word associated with bra-burning and the like, when it is really about the struggle for equality. A feminist is a woman or a man who challenges patriarchal social structures which promote preferentiality and bias between the sexes. You don't have to be "uptight" to be a feminist, nor do you have to be ashamed of being one. Feminism is about standing up for yourself and your rights. So if you want to criticize Weinberg's article, don't be afraid to do it as a feminist, if you truly believe that you are one.

Shrishma Dave

Push the Envelope

My letter is in regards to the whole turn of events that has resulted after the Zack Weinberg article and then the interview that took place on Radio Laurier's *Talkin' Trash* on Thursday. It seems that the more open-minded we get with our media, the more we explore our opinions and the venues we can exercise them in, the more we label, stereotype, and

ultimately lose our grasp on reality. What is the use of freedom when we stifle it? What's the use of being able to bring forth our views without being slammed into a category?

This ranting all has to do with an apparent "formal complaint" I (and my partners on *Talkin' Trash*) are facing due to our interview with supposedly "liberal feminists." We are being labeled as "misogynistic." Maybe they missed the memo that I am a girl. Should I start throwing around the term "misandric" and "androphobia"? I respect their views: we let these people voice their side of the story, and I would and will fight to death for their right to say it. But don't punish those who hold a different view. I applaud *The Cord* for publishing the piece written by Zach: maybe not because it's going to win a Pulitzer in the future, but because it brought a bigger issue forward. The issue being that in this "forward thinking world" we are still being constrained and categorized, told when and when not to have a sense of humour, and thus sloughing off words, ideas, and mindsets which is going to produce a new generation of soulless, strangled youth that are afraid to say anything lest they be accused of being insensitive and wrong in their beliefs. Let's make for an environment that is informed and open minded, but at the same time still searches for equality: not one-upping the gender, ethnicity, religion, height or weight of choice. Keep publishing pieces that push the envelope *Cord*, and hopefully people will allow me to do the same on the radio.

Emma McFarlane

Warning for Yushchenko

Yushchenko should reconsider repairing relations with Russia. Ukraine ought to be weaning itself from Russian dependence. A recent example of how Russia operates in East Europe was published by the *St. Petersburg Times* (27/Sept/05) and other regional media. This ought to be ample warning for Ukraine.

On September 15, 2005 a Russian Sukhoi-27 frontline fighter jet violated NATO airspace over Lithuania. Two German F-4 Phantom fighter jets scrambled from a base near the town of Siauliai in Lithuania to intercept the Russian Su-27. The NATO F-4 jets responded eight minutes after the first alert, however by that time they found the Su-27 it had already crashed in a field causing 3,000 euros in damage. Witnesses report seeing the Russian jet circle for 20 minutes to burn up fuel before the pilot ejected and the fighter crashed. Russia refuses to co-operate and pressured NATO against investigating the crash. Instead Ukrainian experts will be responsible for decoding the Su-27's black box. Lithuania has long complained of Russian violations of Lithuanian airspace and sovereignty. This year, NATO F-4's have been scramble at least eight times after Russian Military Aircraft breached Lithuanian airspace. Lithuanian commentators have speculated that the Su-27 incursion may have been a test of NATO's commitment (both political and military) to new member states. Similar complaints have frequently been made by Finland and Georgia.

Ryan Jakubowski

Open Letter to Laurier

I have heard many a student rant and rave about how poor a school Laurier really is. I have been at Laurier for the past five years and frankly, I'm bloody sick of it. If you abhor it so much, try being proactive and transfer to another school that you think is worthy of your investment. That's the way I view my tuition - as an investment. If I weren't getting the return on my investment, I would be investing in another stock. It's really that simple.

Don't get me wrong; there are plenty of things that could stand to change for the better at Laurier. I won't even bother illustrating those here; suffice to say that many faults do exist. However, I don't understand students who continually harp on the poorer qualities of our school without bothering to constructively try to change those issues. They would rather complain than work proactively. I just can't comprehend this mentality. I for one have thoroughly enjoyed my education at Laurier. Both the Political Science and Classics departments, my double majors, house some of the best professors I have ever had the privilege to be taught by. They are engaging and inspiring. They are the reason I have stayed at Laurier.

So next time you hear someone say, "I hate this place because of reason X," ask them what they have done to change things. If they have no response, in my opinion, they have no reason to complain. I'm not saying just because they try to change they will see the change they desire, but complaining is simply not enough. I'm sure I will be berated for having rose-coloured glasses. I can assure you I don't. But I also realize that the things we often complain about regarding Laurier are only diminutive in a larger picture of a quality institution.

Janice Sousa

Respect Rally follow-up

I would like to thank everyone who came out to show their support at the Rally for Respect last Thursday. The rally brought together a dedicated group of individuals who believe that everyone, particularly women, deserves respect in the Laurier community. For those of you who hold that belief, I would encourage you to share the strength of your convictions, engage people and encourage them to critically think about how our daily behaviour shapes the community. We may be a small group out of a large university, but that's how all things begin. Some may say, "well, that's just the way things are," but is that the kind of campus culture we want? We, as a community, need to keep pushing forward for positive change at Laurier.

Jason Shim

Letter Policy:

All letters to the editor must be signed and submitted with the author's name, student identification number, and telephone number. Letters must be received by 12pm Tuesday on disk, or via e-mail at letters@cordweekly.com with the subject heading of "Cord letter." Letters must be typed or easily legible and may not exceed 350 words. The Cord reserves the right to edit any letter for brevity and clarity. Spelling and grammar will be corrected. The Cord reserves the right to reject any letter, in whole or in part.

The Cord reserves the right not to publish material that is deemed to be libelous or in contravention with the Cord's Code of Ethics or journalistic standards.

Portuguese leave partying, sun for WLU

JESSICA PETER
Cord International

Although they immediately apologize for their bad English, Joao Seabra and Rui Afonso, Laurier International exchange students from Portugal, seem to have quite a firm grasp of the language. This could, of course, be due to the seven mandatory years of English they took in school.

predominantly English speaking country to improve his language skills, and he also likes the distinct culture.

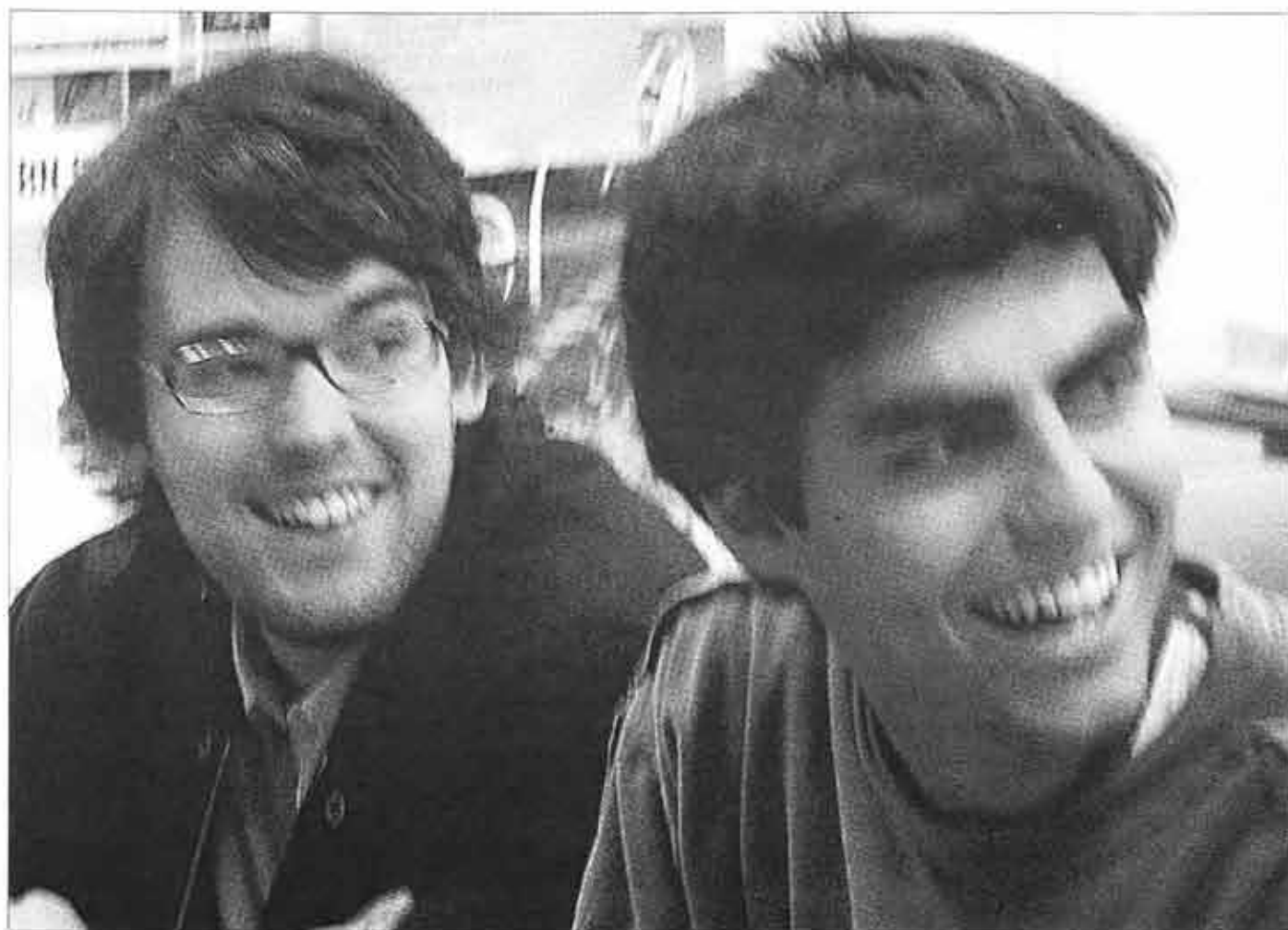
"I like the American culture," he says, at which he quickly corrects himself, "the North American culture. I know you don't like that!"

For Afonso, however, it was a little more random. He knew he wanted to go on exchange, and applied to several institutions, including ones in Brazil and Australia. Upon receiving Laurier's letter of acceptance, he took the opportunity to come to WLU.

When asked about the differences between their home universities and WLU, they both immediately answered "Laurier's bigger!"

The universities in Portugal are both smaller and more spread out, they explained, with the faculties in separate buildings and spread throughout the cities they're in. At Seabra's campus, the university only offers business and law.

Seabra and Afonso haven't done



Tony Ferguson

NOT MISSING PORT WINE AND FUTBOL - Portuguese exchange students Joao Seabra and Rui Afonso laugh while being interviewed by *The Cord* last week. They probably don't realize that soccer is rarely televised in Canada.

"Come to Portugal if you like party and sun!"

- Rui Afonso, Portuguese exchange student

Seabra hails from Lisbon and attends the Universidade Nova de Lisbon, while Afonso is from Coimbra, studying at the Universidade de Coimbra. Officially they're both business students, although Seabra is actually taking language courses at Laurier.

So why on earth did they pick WLU? Seabra wanted to study in a

much sightseeing yet; Afonso hasn't had the time, arriving only two weeks ago. They do have some upcoming events planned and they are very much enjoying the Laurier International Friendship Extension (LIFE) program. Through camping, team dinners, and other activities, "I have made a lot of and good friends," says Seabra.

The youth culture in Portugal has its similarities and differences with Canada's. They listen mostly

to the same music, watch the same American movies that we do and go out to bars and clubs for fun.

However, the atmosphere of the clubs is quite different. Seabra and Afonso agree that in Portugal they normally "start to drink at 11:00 (pm), not like here at 7:00."

It is also very common to stay at the club until 7:00am the next morning since alcohol is still being served. Drinking regulations are much more lax than in Canada.

Alcohol is everywhere, and as Afonso says, "You can drink anywhere... on the streets... in the church." Despite the drastic differences in regulations, the pair haven't got in trouble here yet.

Although they both swear that Portugal is the best country in the world, they are enjoying their time in Canada. They do remain very loyal to Portugal, however, and as Afonso says about his home country, "Come to Portugal if you like party and sun!"

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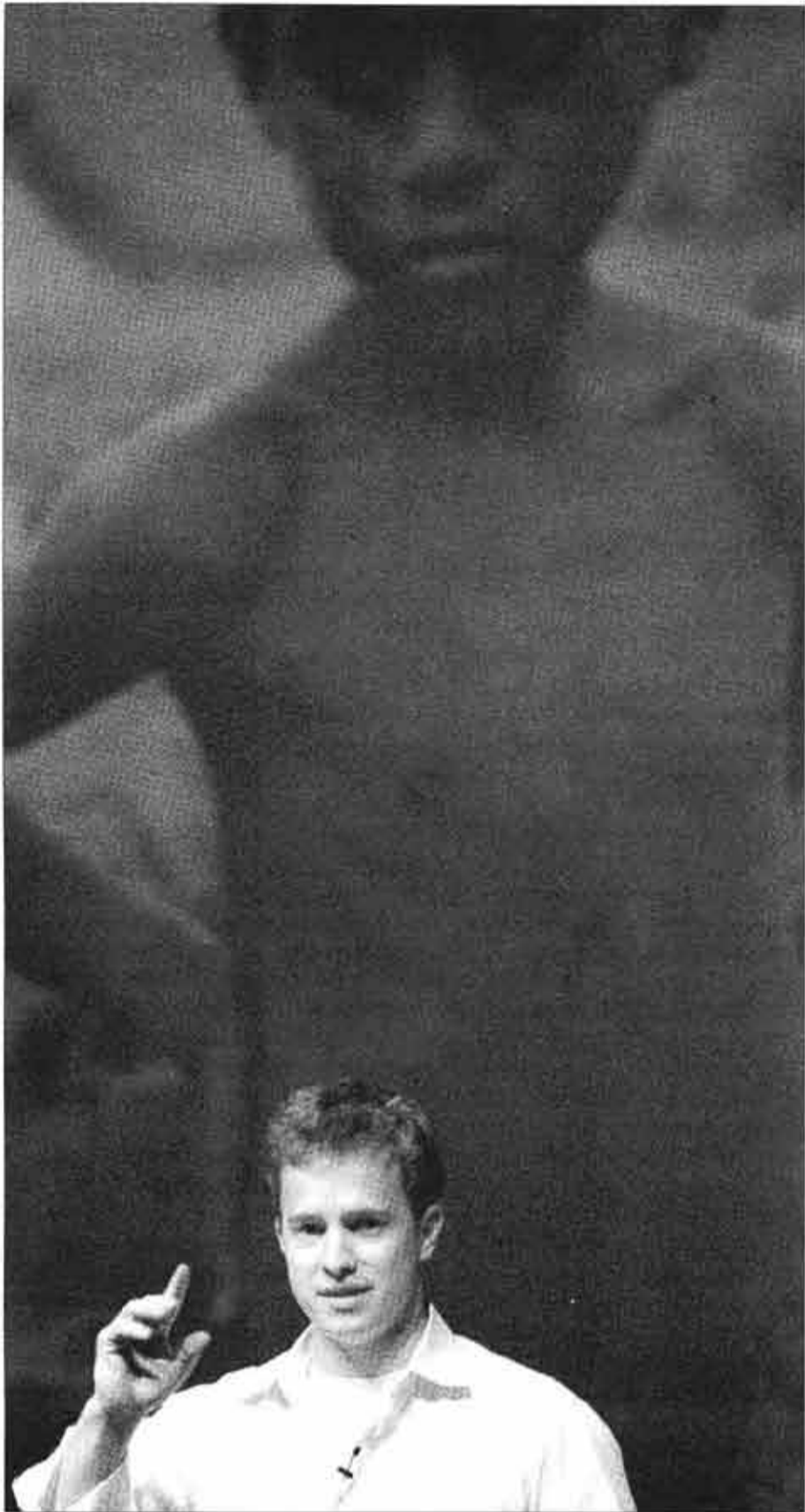


Chevrolet Cobalt SS

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IN THE SHADOW OF POVERTY - Marc Kielburger explains to the audience that this child's swollen belly is due to the final stages of starvation.

Jordan Jocius

Kielburger: get involved

Executive director of Free the Children discusses poverty and priorities at UW

TONY FERGUSON
International Editor

"Everyone stand up. Put your hands up in the air. Now turn to your left and put your hands on the shoulders of the person in front of you and give them a back rub."

This was how Marc Kielburger engaged his audience Monday evening at UW's Humanities Theatre.

Kielburger is the founder of Leaders Today, an organization that provides leadership opportunities to young people. He's also executive director of Free the Children, which builds schools for, and delivers medical supplies to, underprivileged youth around the world.

He described poverty to the audience through tangible examples, like clapping once every two seconds to represent how often a child dies of chronic hunger or preventable disease.

"Can you imagine if the child dying of poverty every two seconds was a Canadian child?" he asked.

Then came another of Kielburger's alternative ways of describing the world. He explained that the amount of money people spend on makeup each year equals the amount it would take to eliminate hunger and malnutrition for every child in the world, which is \$18 billion (all figures USD).

He added that this year, Europeans will spend \$11 billion eating ice-cream, while stopp-

ing the spread of AIDS costs \$10 billion. "It's not a money problem, it's a values and priorities problem," he stressed.

Kielburger then shared anecdotes with the audience of the remarkable young people he has met around the world.

"He'll never be on the cover of *Time Magazine* or win a Nobel Prize, but Santosh is one of the coolest kids I've ever met," he said as he began to tell the story of his "hero."

Santosh was the student council president of his middle school in Sierra Leone, where many schools are infiltrated by anti-government rebels trying to recruit child soldiers.

These rebels came to Santosh's school and corralled everyone into the gym where the rebel leader gave a passionate speech about joining the rebel forces.

Joining the rebel army would mean walking on stage single file where the commander would put a vice-grip hold on their face. He would then cut their temple with a dull razor blade and put a mixture of gun-powder and cocaine in the wound so that the child would become crazy and delusional. The new recruit would then be escorted off stage and forced to shoot their mother or father as an initiation.

After the speech, Santosh put his hand in the air and started wiggling his fingers. He walked up to the stage, looked in the commander's face and said: "Mister rebel commander, our village believes in peace. Please leave now."

The commander asked mockingly if he wanted a short or a long sleeve and, rather than lose his hand and forearm, Santosh had his right hand cut off.

Santosh told Kielburger after the incident the most painful experience wasn't having his hand cut off, it was seeing the rebel commander in a market and having to use his left hand to shake the commander's right hand as a symbol of peace.

Santosh's story is an example of courage in extremes, something that people in North America rarely have to face. As a society, we are very fortunate but it doesn't mean that we should be disengaged.

"We've never lived in a world that has so much stuff. We are literally at the pinnacle of wealth," said Kielburger.

"We should be dancing in the streets... why are depression levels higher? Because we've lost that sense of fulfillment and that sense of community."

According to Kielburger, the solution is to get that sense of community back by becoming connected with others.

He says that through helping others, by volunteering in the community for instance, you help yourself.

"Studies show that by helping others you live a longer, healthier, more productive life," he said. "It could be the most selfish thing you could ever do."

Refugee camp attack leaves 34 dead in Darfur

Troubles in the Sudan continue as pro-government militia group 'Janjaweed' swarms a refugee camp, killing people and destroying shelters

KYLE BOULDEN
Cord International

Last Wednesday, the United Nations High Commission for Refugees (UNHCR) reported renewed violence in the Darfur region of Sudan after militias attacked a refugee camp, killing 34 people.

Witnesses said that 250 to 300 men riding on horses and camels swept into the camp and nearby villages, killing people and burning down their makeshift shelters. The attack was perpetrated by pro-government militias known as the 'Janjaweed,' who have been accused of killing on a genocidal scale since the Darfur conflict began in February 2003.

The African Union (AU), which has a large peacekeeping contingent in Darfur, quickly accused the government of being directly involved in this most recent attack. The head of the AU's peacekeeping mission, Baba Gana Kingibe, told reporters that government helicopters were

observed flying overhead during the attack.

Kingibe elaborated, saying, "this apparent land and air assault gives credence to the repeated claim by the rebel movements of collusion between the Government of Sudan forces and the Janjaweed."

The AU did not leave all their criticism for the Sudanese government, accusing both sides of violating a 2004 cease-fire agreement.

The fear is that violence such as this could derail peace talks between the government and rebels, which are currently being held in Abuja, Nigeria.

This most recent attack occurred amid an upsurge in violence in the past two weeks, which included a rebel attack on a government outpost.

The United Nations (UN) has made a series of statements expressing concern over what it calls a deteriorating security situation in Darfur. Last Wednesday, UN Emergency Relief Coordinator Jan Egeland said that the situation has become so dangerous that



Contributed Photo

THE FACES OF GENOCIDE - Refugee children walk around the new Red Cross camp for Darfur refugees at Trguine in eastern Chad. Last Wednesday, a camp similar to this was attacked by a pro-government militia.

relief agencies were forced to temporarily pull out of some areas.

The UN was quick to condemn the bloodshed, and threatened that those responsible would be referred to the International Criminal Court (ICC) for prosecution. The ICC is in the midst of car-

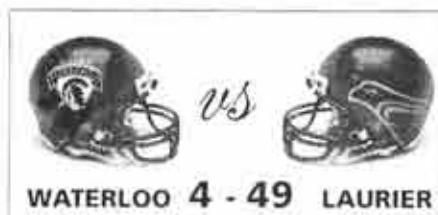
rying out an investigation in Darfur, and plans to press charges in the future.

As one indication of the general consensus in the international community, British International Development Secretary Hilary Benn warned that "The govern-

ment of Sudan should be under no doubt whatsoever... we are serious about our commitment to support the International Criminal Court. It is doing its work and those who are committing these crimes will in the end be brought to account."

Hawks win lopsided affair

WLU dismantles Waterloo; now prepares for Western



MIKE BROWN
Sports Editor

Touted as the 'Battle of Waterloo,' last Saturday's Homecoming game against the Waterloo Warriors would have been more aptly titled the 'Massacre of Waterloo,' as that's precisely what took place at University Stadium.

In front of a raucous, sobriety-challenged crowd of 6,178, the Golden Hawks cruised to a 27-3 first quarter lead en route to a 49-4 thrashing. Laurier jumped all over Waterloo right off the bat, their defence forcing a safety on Waterloo's first drive. On their first offensive series, they promptly extended the lead to 9-0 when quarterback Ryan Pyear hit a wide-open Andy Baechler, who went 47 yards for the score.

After a Brian Devlin single, Waterloo quarterback Jon Morbey caught the Laurier defence napping, calling his own number and sprinting 60 yards deep into Hawks territory. They couldn't get any closer though, and had to settle for an Ian Nichol field goal to cut the lead to 10-3, but that was as close as Waterloo would get.

From there, Laurier exploited the nearly non-existent Waterloo defensive line, pounding the ground with running back Nick

Cameron, who accumulated 125 rushing yards despite only playing the first half. The air attack was working too. Midway through the first, Pyear found Andrew Agro in the endzone for an excellent diving grab and a 17-3 Hawks' lead.

WLU rounded out the first quarter scoring with a 47-yard Devlin field goal and a 44-yard touchdown return from Yannick Carter off a Travis Gellatly fumble. Game over. It was just a matter of playing out the final 45 minutes - a mere formality.

Though the game itself was more or less over before it started, the Hawks had to be pleased with their performance. Not only will the squad enter next week's crucial Thanksgiving match-up with the powerhouse Western Mustangs burgeoning with confidence, but the second half also showcased the young talent that should keep the Hawks' program thriving for years to come, as Coach Gary Jeffries gave a number of second and third-stringers a chance to prove their mettle.

Second-year running back Ryan Lynch amassed 99 yards rushing in the second half on just nine carries; though lacking the brute strength of Cameron, his agility was causing Waterloo fits as he switched directions and shifted gears with ease.

On the other side of the ball, rookie Jordan Van Horn had an interception and continued his tremendous defensive play in place of an injured Josh Maltin, while fellow freshman Shawn Ashe added a highlight-reel intercep-



Stephen Peil

ALL THE WRIGHT MOVES - Joel Wright, Laurier's jack of all trades, returns a punt in Saturday's 49-4 win over lowly Waterloo. This weekend at Western, Wright will likely see action in every facet - offence, defence and special teams.

tion along the sideline.

Looking ahead to next week, the Hawks will face their biggest challenge of the year in a clash of the OUA's only two undefeated teams. The Mustangs have outscored opponents 280-56 through five weeks, and outrank Laurier in both total offence and defence.

Consequently, Coach Jeffries is not taking them lightly. "We have to prepare for the best offence we're going to see, no question," he explained. "They have more weapons than any other team in the league, so it'll be a big challenge for us defensively."

In hopes of slowing down the Western attack, most notably the CIS all-time leading receiver, Andy Fantuz, Jeffries has converted star wide receiver Joel Wright to a cor-

nerback. He used the Waterloo contest as a tune up and will play a major role in defending the prolific Fantuz this weekend.

"Hopefully, they'll give me an opportunity to play both ways," said a very keen Wright after Saturday's lopsided win.

If not, Wright's offensive punch will no doubt be missed. Given the strong Western attack, Pyear feels his offence really needs to step up. "We're going to have to try to score at least 40 points to try to put our defence in a safe spot," he noted.

Until Saturday, the nation's third-ranked Hawks will be busy prepping for their date with the sixth-ranked 'Stangs. "Essentially, you can pretty much say now that this game next week, for all intents and purposes, could be for the

Yates Cup home-field advantage," explained Jeffries. "And that's pretty big."

After witnessing the energy and zeal of the Laurier faithful in Saturday's win, that seems like quite the understatement.

Women win some, tie some, lose none

At the season's midpoint, Laurier lacrosse remains undefeated and nestled in its comfortable niche atop the OUA



Greg Galovits

THE JOUST - Jenna McCoubrey squares off with the Queen's center in Sunday's 9-9 draw. McCoubrey had three goals in last weekend's action.

MARK D. HOPKINS
Sports Writer

A bright Sunday afternoon at University Stadium served as the backdrop as Laurier's lacrosse women took to the field to open

the home portion of their 2005 season. The first opponent of the day for the Golden Hawks came in the form of the McGill Martlets.

Laurier was quick to jump on McGill, as center Jenna McCoubrey was able to open the

scoring within minutes of the opening whistle. McGill responded to the opening goal, but tallies by Jess Ilott and Heather McHardy and a pair by attack Amy Fincham placed the Hawks on top by a score of 5-2. McCoubrey managed to notch her second of the game prior to halftime to increase the Laurier lead to four.

Although McGill came out firing in the second half, the Hawks responded with two goals apiece from Kirsten Gerrie, Leanne Nicholls and Jess Ilott. Once again, McCoubrey slid one past the visiting goaltender to mark the hat trick en route to plowing over McGill by a final score of 14-8.

The back end of the afternoon presented a stiffer challenge for the Hawks, in the form of the undefeated Queen's Golden Gaels. The squads entered the game with identical 4-0 records. Rookie attack Kirsten Gerrie managed to score the first two goals of the game before Queen's battled back with four unanswered goals.

Laurier then fought off the resurgent Golden Gael attack as Gerrie added her third marker of the half and attack wings Leanne

Nicholls and Erica Howard added one and two goals respectively to stage the home team to a 6-4 advantage at the half.

The second half was a hard-fought, back-and-forth battle that featured three ties, as the game was tied at seven, eight and nine a side. As the whistle blew to end the match, the scoreboard displayed a score of 9-9.

Howard, a third-year veteran and captain of the Hawks, admitted that the tie was not the result the team had in mind. "Obviously [we're] a little disappointed, but we played well," she noted. "They're a good team - a fun team to play. We can beat them later hopefully."

Laurier is attempting to win their third consecutive OUA championship and now sit atop the West division with a record of 4-0-1. The Golden Gaels lead the East division with the same record. Head Coach Lynn Orth realizes that it is not easy to win back-to-back titles, let alone a third. "Everybody's out to get you when you're number one," Orth commented. "So you have to play a little bit harder."

GOLDEN HAWK UPDATE

Week of
Oct 3 - Oct 9, 2005

10/01/05

M Football 49, Waterloo 4

10/01/05

M Rugby 46, Toronto 0

10/01/05

W Rugby 35, York 7

10/01/05

M Baseball 7, Waterloo 8
M Baseball 3, Waterloo 9

10/02/05

M Baseball 0, Western 2
M Baseball 1, Western 6

10/02/05

W Lacrosse 14, McGill 8
W Lacrosse 9, Queen's 9

UPCOMING HOME GAMES

10/07/05

M Baseball vs Brock
1:00/3:00 PM, Bechtel Park

10/07/05

W Rugby vs Trent
3:00 PM, Pillers Field

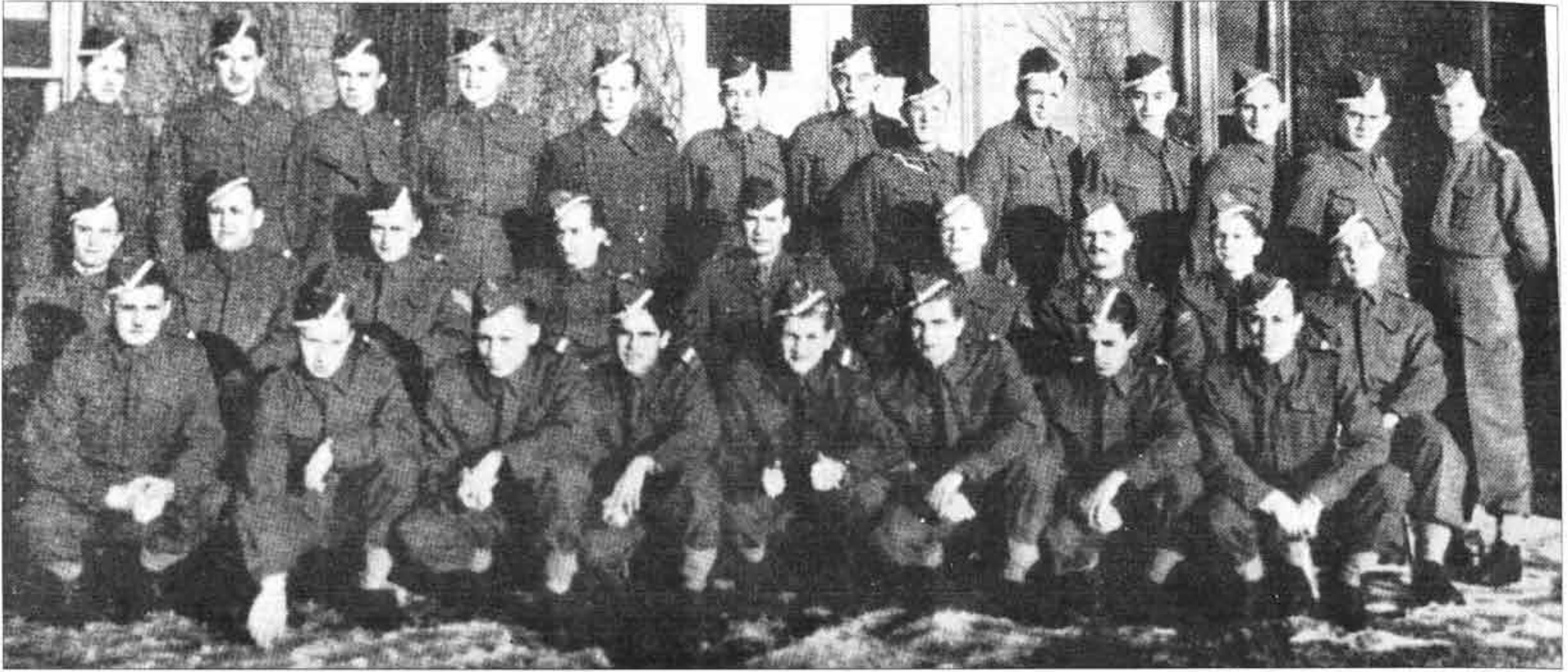
LAURIER BOOKSTORE ATHLETES OF THE WEEK

Jordan Van Horn
Men's Football

Kirsten Gerrie
Women's Lacrosse

www.laurierathletics.com





Courtesy of Wilfrid Laurier University Archives and Special Collections

STUDENT SOLDIERS - WLU (then Waterloo College) was home to a Canadian Officer Training Corps during World War II, which all male students were obliged to enroll in. The third man from the right in the middle row, Lieutenant Norbert Jeffers, would die in battle while serving in Italy in 1944.

A decade of turmoil: 1936-1946

Transformed from a newspaper into a magazine and then back into a newspaper, *The Cord* underwent dramatic changes. The biggest influence was, however, World War II. **Kris Cote** looks at the second instalment of *The Cord's* eight-part anniversary series.

KRIS COTE
Cord Historian

In November of 1936, *The College Cord* celebrated its tenth anniversary. Looking back, Editor-in-Chief Nelson Alles remarked that the paper's first decade was full of "vibrant life and pulsing activity," while Carl F. Klinck, *The Cord's* first Editor-in-Chief and residing President of Waterloo College, remarked that "the College has vindicated us by making *The Cord* a part of its life."

While Alles was somewhat embellishing *The Cord's* early years, Klinck was nonetheless correct when he said that the college and the paper had been bound as one.

As the school grew and developed, so to did *The Cord*. By the end of its first decade, the paper had grown in both size and quality, and had also established itself as a defender and agitator for stu-

dents' rights and interests.

But diminishing resources and mounting debt were beginning to burden the paper, and combined with a constant shortfall of publishable material, editorial boards throughout the decade made drastic changes to the purpose and nature of *The College Cord*. However, the event that had the biggest impact on *The Cord's* second decade had nothing to do with finances, content or editorial policy.

Rather, the Second World War profoundly altered the lives of students and faculty alike. As a result, *The Cord* adapted to reflect this new reality.

THE LITERATI

In October of 1935, *The Cord* underwent its most profound change to date. The bi-weekly newspaper format was scrapped in favour of a monthly journal,

and rather than focusing on news, *The Cord* became a 'literary' magazine, much in the way that the *Blueprint* is today.

Gone were the write-ups of campus club meetings, and no longer were parties and social outings reported. As W. Mallinsky, Editor-in-Chief, informed students, this new format was "a truer representation of what a College publication should be."

"The oft-repeated Armistice Day slogan - 'Lest We Forget' - has not availed to prevent man from repeating his dreadful mission of 1914."

- *Cord* Editor-in-Chief Jack Blinkhorn, two weeks after Canada joined WWII in 1939

The definition of a 'literary' *Cord*, according to Mallinsky, was "composed of student contributions written in a pleasing and correct manner." The vagueness of this statement obviously left room for great variance, but overall, the content of *The Cord* became much more focused on greater issues, particularly politics, war and economic systems. This came, however, at the expense of the personalized feel that had characterized *The Cord* in its first decade.

Mallinsky implied that this was a natural progression for *The Cord*, but in fact the transformation was a matter of necessity. Nelson Alles, who succeeded Mallinsky as Editor-in-Chief, admitted that the change in format and focus was actually the result of *The Cord's* financial difficulties and problems with procuring adequate material.

Alles appeared less enthused by the new *Cord*, and he wrote that "we can regard the present magazine form as merely temporary, serving till [sic] the time when our College, having multiplied its numbers many times, may look to see *The Cord* take one more step in its development by reversion to a daily or biweekly newspaper."

This reversion was achieved less than one year later, despite any reports of significant increases in enrolment, when *The Cord* was once again published as a biweekly newspaper on October 30, 1937.

When *The Cord* reverted back to a newspaper, it also changed the terms in which the editorial board served. In the past, the new editors were chosen in the spring and they typically produced the last few papers of the academic year, and began their regular term in the fall. Under the new regulations, the editorial board was chosen at the end of the academic year, and served for the following full year, as it is today.

CREATION OF THE STUDENTS' COUNCIL

Since its inception in 1926, *The Cord* had argued on behalf of students' rights, and in particular it lobbied for the formation of a students' council. While Carl F. Klinck argued in the first issue of *The Cord* in 1926 that students were in need of "various things—an athletic field, intercollegiate sports, organizations for cultural development, [and] wider advertisement," by 1940, not all of these

needs had been met while many more had been added to the list.

The Cord had been successful in lobbying for some of these improvements, but it also realized that a students' council would be more effective in achieving these campus needs.

The efforts of *The Cord* came to fruition on February 20, 1940, when students, led by *The Cord*, again led a campaign to press the administration to allow them to form a student council.

The effort finally paid off on November 11, 1940 when it was reported that the administration granted students the right to form a Student Legislative Executive. Thus the foundation was laid for a body that today "provides for the needs of students."

SEARCHING FOR THE PRINCE OF PEACE

"The oft-repeated Armistice Day slogan — 'Lest We Forget' — has not availed to prevent man from repeating his dreadful mission of 1914," read the editorial in *The College Cord* two weeks after Canada had officially entered the Second World War in the fall of 1939.

Debate had previously raged in the pages of *The Cord* over issues of war. However, this editorial protruded from the pages of the paper for the strong and defiant stance that it took; its clear and powerful message was unmatched in any discussion before, during, or after the years of 1939-1945.

Calling the war the scourge of civilization, the editorial conveyed a strong abhorrence for the war in a time when jingoistic nationalism



File photo.

WATERLOO'S FROSH, OCT. 17, 1938 - As *The Cord* began to use more and more pictures, frosh (note the "Freshie's Kit") gained a more prominent role.

- from HISTORY, page 12

was the norm.

Dismissing the romantic myth of camaraderie and adventure that surrounded the memory of the First World War, the editorial instead invoked the image of industrialized slaughter and warned that those who prepared to do battle would become "bewildered apprentices to the art of human butchery." Invoking the cases of Ethiopia, Spain, China and Czecho-Slovakia, *The Cord* stated that, "all this has not, however, come about by accident... We are learning, today, that a mere cessation of hostilities... does not represent an honest effort to banish war from this earth."

Despite its heavy criticisms of the coming war, the atmosphere of Canadian society in this period was powerful enough to lure the author of the editorial, Editor-in-Chief Jack Blinkhorn, into joining the Royal Canadian Air Force (RCAF).

"IS WAR MORALLY JUSTIFIED?"

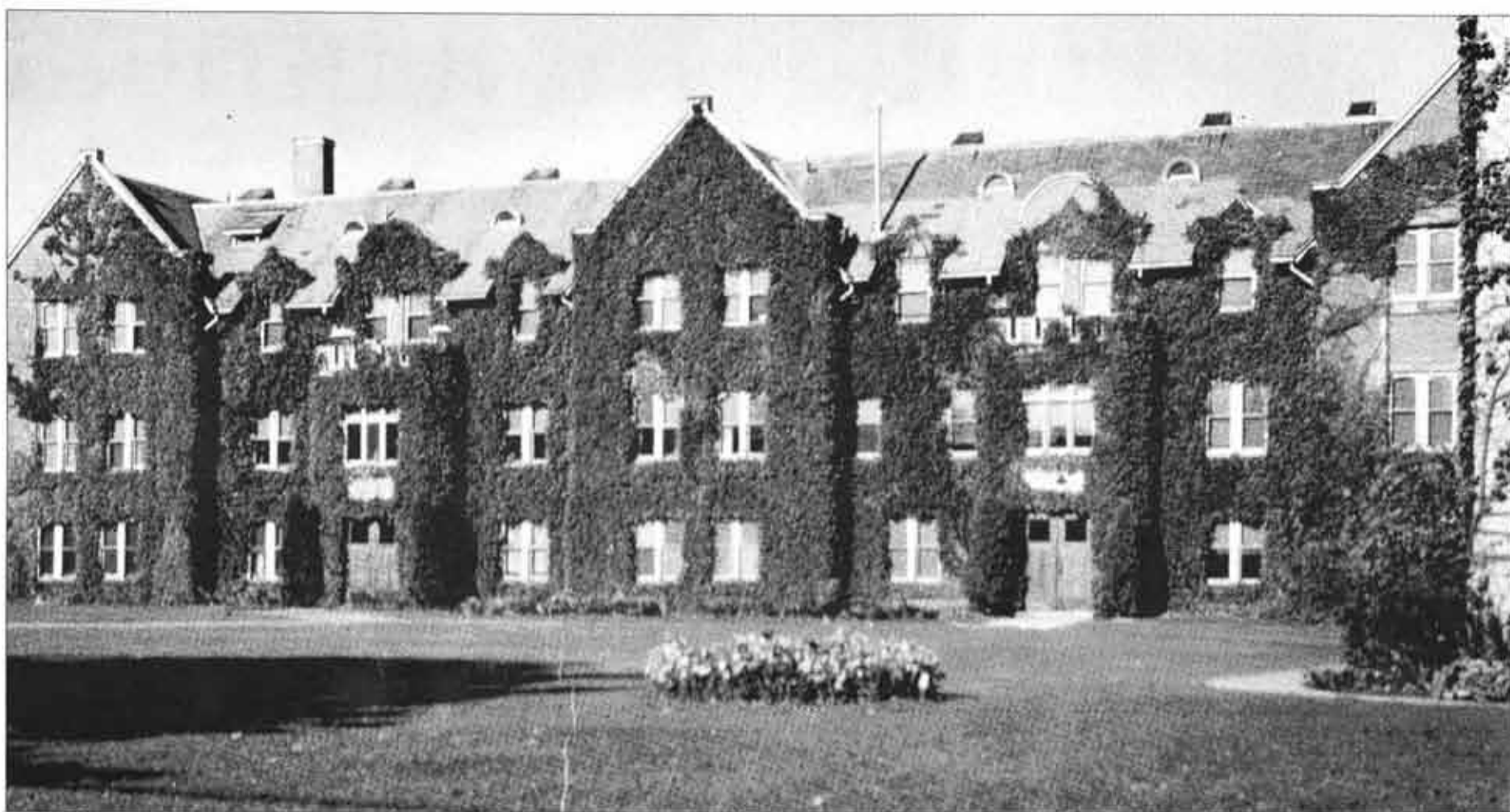
This was the question that Arthur E. Kaspervit set out to answer in October 1935, sparking what would be four years of debate on war and the degrading situation in Europe.

When one considers that the Great Depression was not discussed at all after March 24, 1934 while the debate over war and peace was played out countless times in the *The Cord*, the significance that the war had on the lives of students and faculty seems daunting.

The Cord led a campaign to convince Anglo-Canadians that despite the superficial ties to Germany, Waterloo had no ties to Nazism.

Kaspervit's article raised the ire of Klinck, still the President of Waterloo College in 1935, for its conclusion that "a war of aggression does become morally justifiable when a nation outgrows the territory allotted to it by a growth of population... in such a case morally just for a nation to demand an increase in territory."

Furthermore, Kaspervit contended that should a nation not forcibly expand when it had become crowded, then "such a nation has become a nation of slaves and must of necessity sink into oblivion in order to make



Courtesy of Wilfrid Laurier University Archives and Special Collections

GROWING UP - By 1947, *The Cord* had undergone two decades of growth and development, and much like Willison Hall, which was taking on the look of an Ivy League school, the paper was beginning to mature.

room for healthier nations."

Employing the theory of social Darwinism made popular by European colonial expansion, these statements nonetheless offended Waterloo residents such as Klinck, who refuted Kaspervit's claims in several strong letters and labelled Kaspervit a Nazi.

While ideas of pacifism were occasionally given thought in the pages of *The Cord*, by 1936 a consensus of (male) students emerged in support of a defensive war. While fewer students said that they would fight on foreign soil, *The Cord* nonetheless reported that the majority of Waterloo College students would fight to defend Canada.

THE NAZI ISSUE

The issue of treason became a pressing issue in April 1939 when war with Germany loomed on the horizon. Waterloo, and Waterloo College, were home to a large number of ethnic Germans whose loyalty was being questioned by many.

As an aside, during the First World War, Berlin, Ontario, was forced to change its name to Kitchener, Ontario, after the loyalty of its ethnic Germans was called into question by nationalists. This

was a very serious issue that still burned strong in the minds of many.

The Cord led a campaign to convince Anglo-Canadians that despite the superficial ties to Germany, Waterloo had no ties to Nazism.

"What one must deny in the interests of truth and decency is the falsehood, perpetuated since the Great War by unthinking bigots, that Lutheranism and Pro-Germanism (now known as Nazism) are synonymous," an April 6, 1939 article read.

Having dismissed the claim to disloyalty among Lutherans, the article further argued that Lutherans were actually the greatest opponents of Nazism.

"If Canadian Lutheranism, therefore, has affiliations with any movement in the German Reich, she is allied with the opposition to Hitlerism."

While *The Cord* had published some previous articles that had been pro-German, there is no record that this opinion was supported by Waterloo College's ethnic German students. As well, once the true nature of the Nazi regime had been exposed to the world, pro-German opinions were dropped from the pages of *The Cord*.

The diffusion of tensions appears to have been successful, for throughout the entirety of the war, *The Cord* did not report any sort of attacks or defamations against Waterloo College or its Lutheran students.

MEANING FROM NOTHING

Aside from Jack Blinkhorn's powerful editorial, issues of the war were generally not printed in *The Cord*. In fact, throughout the period the only war news that was reported pertained specifically to Waterloo College.

A regular column reported on the Canadian Officer Training Corps (COTC) that was based on campus, and when it occasioned, student, alumni and faculty deaths were reported. But never did the words Juno Beach, Dieppe or D-Day, essential to the Canadian understanding of the Second World War, ever grace the

pages of *The Cord*.

Since all male students had to enlist in the COTC, and this occupied much of their time, *The Cord* was dominated by female students as it had never been before. The first female Editors-in-Chief, Alice Henderson and Angela Boehmer, were appointed in 1940.

Typical news stories from this period were reports on student legislative action, sports events and campus clubs. When the first Waterloo alumnus, Douglas Lowe, was killed in February 1941, he did not even make the headline of the paper. This was instead reserved for the result of a badminton tournament.

Seemingly oblivious to the goings-on in the world, the editorial of December 17, 1940 mused "What has 1941 in store for us? Will it be a sad year or a happy one... Will it follow in the footsteps of the years before, a mingling of good and bad, with little change, or will it be the dawn of a new era?"

It would be easy to dismiss this period as superficial and hollow, but there is probably a greater meaning to the mundane issues that became the backbone of *The Cord*. One could imagine, being surrounded by the death and misery brought on by war, that one would seek an escape. *The Cord* represented the escape that college life and friends gave to students at Waterloo College. Campus gossip, which regularly dominated the pages of *The Cord*, was not more important than the events overseas. Rather, students were inundated with the war in the rest of their lives, so that gossip and *The Cord* became their means of escape.

IN THE END

Despite a threat in 1945 by the Federal Government to shut down *The Cord* in order to ration paper, the newspaper survived its second decade having undergone significant changes, but remaining essentially the same as it began twenty years earlier. In 1946, with the war over, Waterloo College would see enrolment skyrocket, and in the coming decade *The Cord* was a witness to the revitalized campus culture that emerged in post-war society.

Adolf in Blunderland

by Earle Beattie

originally published in *The College Cord*, October 23, 1939

The Comrade and the Housepainter

Were walking close at hand;
They wept like anything to see
The Poles with so much land:
"If this were only divided up,"
They said, "It would be grand!"

"If six brigades with hand grenades
Charge Poland from the rear,
Do you suppose," The Comrade
said,

"Let's chance it!" said the
Housepainter
And gave a lusty cheer.

"O Poland, come and walk with
us!"

Der Fuehrer did implore
"A pleasant talk, a pleasant walk,
Along the Corridor"
And we will see what can be done
Without declaring war.

"Now Danzig," the House painter
said

"Is what we chiefly need:
Upper Silsia besides
Is very good indeed—
So if you're ready, Comrade dear,
We can satisfy our greed."

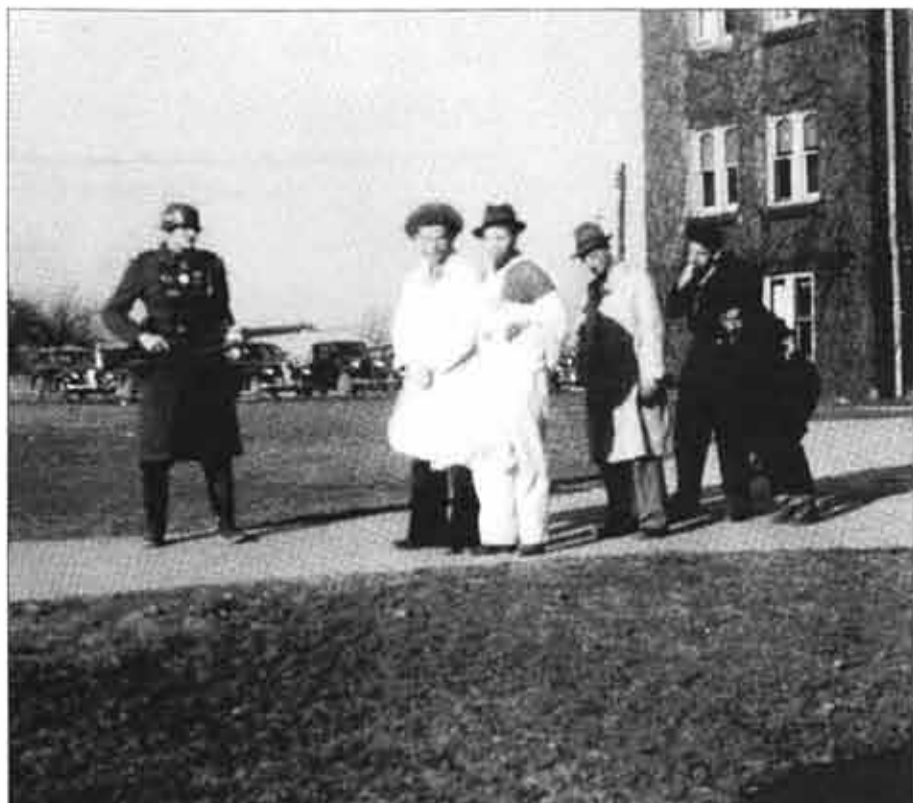
"But not on us!" the Poles replied,
"we're wise on both of you,
Its long been evident to us
What you would like to do."
"I cannot see," the Comrade said,
"Why you should take that view."

"It was so kind of Nev. to sue
For peace at any price,"
The Housepainter said nothing but
"I want another slice."
Danken Gott fuer Chamberlain
His policy is nice.

"I weep for Poland," Josef said
"I deeply sympathize."
With sobs and tears he sorted land
Despite indignant cries,
Holding scarlet bandana
Before his streaming eyes.

"Ah! Nazi friends," the Comrade
said

"Now that this deed is done
You'll fight in vain for the Ukraine."
But answer came there none:
And this was scarcely odd because
He'd eaten everyone."



Courtesy of Wilfrid Laurier University Archives and Special Collections

CAUSE FOR CONCERN? - The loyalty of ethnic German Waterloo residents was brought under question, but *The Cord* helped to dispel these notions.

The eleven men from Waterloo College who did not return from the Second World War will be commemorated in a special Remembrance Day issue of *Cord History*, coming out November 9.

A workout fit for a timetable

A quick workout can perk up energy levels and help keep you feeling great about yourself; **Angela Burns** demonstrates four easy moves

JENNIFER O'NEILL
Student Health Expert

Finding time to exercise can be as hard as finding change for laundry but when it comes to exercise a little bit can go a long way.

Warm-up

Begin with a short 5 minute cardio warm-up. This could be walking up and down a flight of stairs, dancing to your favourite song, marching or jogging on the spot.

Equipment

You can use anything that is weighted. Hand weights work best, because they are easy to grip and allow you to track how much weight you are lifting. If you don't have any, try soup cans, textbooks, balloons full of water or anything with a little weight.

Beginner Program

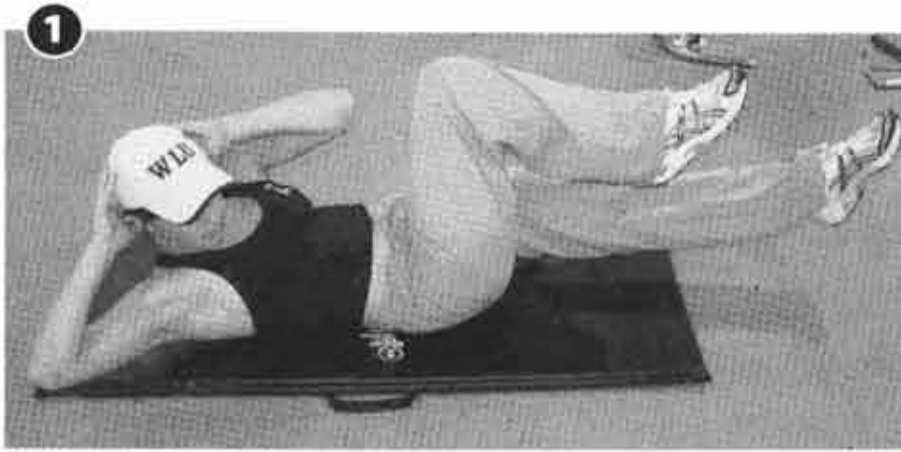
Do all four exercises 1-2 times per week. Choose the easier options, like two sets of 10 reps and use lighter weights. Slowly work your way up as your strength improves.

Advanced Program

If you've worked out before, strive for two to three times per week working in the more difficult range of three sets and 15 reps. Choose heavier weights.

Cool-down

End each session with a stretch of all major muscle groups; hold each stretch for 30 continuous seconds.



1. Oblique Twist

Lie face-up on the floor with knees bent so that shins are parallel to the floor. Hips and lower back are pressed into the floor and hands behind your head (do not clasp hands together). Inhale and lift head, neck and shoulder blades off the floor. Then exhale, extending the right leg as close to the floor without your lower back losing contact with the floor. Reach your right elbow to your left knee. Inhale and return to centre. Switch to work the other side to complete one rep. Complete 2-3 sets for 12-15 reps. Works the abdominals and the obliques.

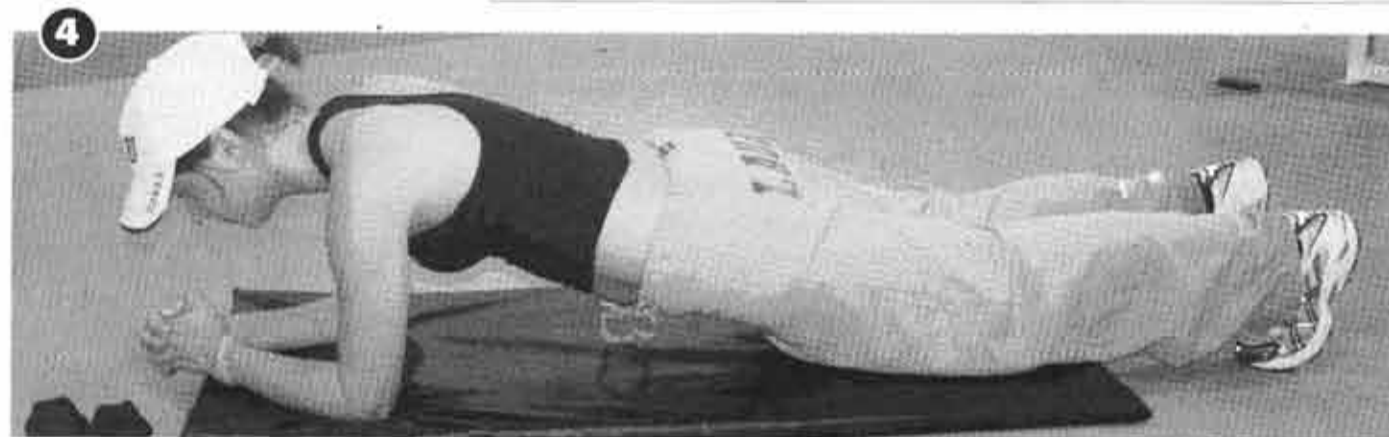
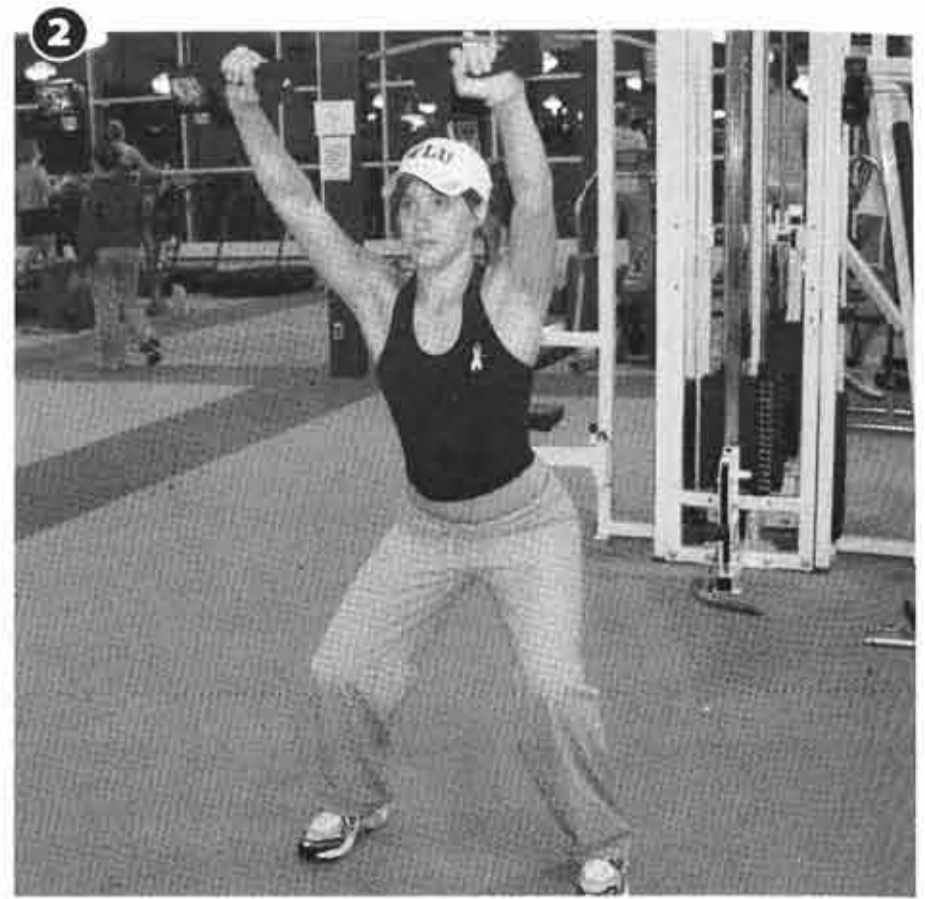
2. Clean and Press with Squat

Stand with feet shoulder-width apart, shoulders down, weights in hands. Arms are straight down in front, palms are facing thighs. Slowly lift palms to shoulders, bending arms at the elbow. Palms are now facing the shoulder. Raise arms overhead, in front of the forehead until arms are straight. Now squat down, bending at the knees into a seated position, making sure your knees and ankles are aligned. Stand up and return weights to thighs to finish one rep. Complete 2-3 sets of 10-15 reps. Works biceps, quads, hamstrings, butt, delts and upper back.

3. Lunge & side leg extension

Standing straight with feet shoulder-width apart, holding weights in your hands or on top of your shoulders while keeping torso erect and abs tight, step back with left leg. Place left foot behind the right foot so that it is on a slight diagonal. Only the toes will be touching the floor.

Immediately bend knees, keeping torso straight, front foot and knee aligned and back knee aiming towards the ground. Push off on left foot, straightening left leg and lifting it up and out to the side. Lower leg to starting position to finish rep. Complete 2-3 sets for 10-15 reps. Works quadriceps, hamstrings, buttocks, upper hip and calves.



4. Plank Switch

Start by laying down on your front, face towards the floor. Keep your body flat and parallel to the floor. Place all your weight on your toes and forearms; lift the rest of your body off the floor. Slowly move one hand beside your chest and extend the arm and do the same with the other arm. You are now in the ready position for a push-up (for advanced: complete one push-up here). Bring your arm back under your body and onto your forearm again (same with the other arm); this finishes one rep. Complete 2-3 sets of 10-15 reps. Works your core, triceps and chest.

Choosing the right birth control for you

Whether you have bad cramps, acne or tend to be prone to depression, finding the right pill can make all the difference in the world

ASHLEY ROSE
Sex and the University

When trying to find what's right for you, it's always good to know the facts - especially when it comes to birth control.

But with so many choices, how can one decide? Since everyone's lifestyle and needs are different, it's important to pick the one that works best for you, even though with time, your birth control needs may change.

There are an assortment of different types of birth control pills, each of which is beneficial in its own way. In most cases, the pill comes in a pack of 28, where 21 are active pills and the other seven are sugar pills.

One of the most commonly pre-

scribed brands, Alesse, is a combination pill which means it uses levels of artificial estrogen and progestin to counteract the hormones that your body already produces.

Ortho Tri-Cyclen Lo birth control pills are triphasic which means they deliver a constant level of estrogen and three different levels of progestin, which ensures you receive only enough progestin to prevent pregnancy; this is supposed to reduce the occurrence of spotting between periods.

Seasonale birth control pills are a little bit different; they include three months of active pills which allow you to have your period only four times a year.

These artificial hormones do

produce some side effects. Major side effects include the possibility of strokes, heart attacks and blood clots. Some minor side effects can include weight gain, migraines, break through bleeding, depression and breast soreness. However, there are ways to avoid these symptoms.

Certain birth control pills include different levels of progestin and estrogen. If you are worried about weight gain, pills with lower estrogen and lower progestin are best. These include brands such as Yasmin, Ortho Evra and Alesse.

If you would like to go on birth control to help clear up acne then you need a pill that has higher estrogen and lower androgen (male hormone effect). Again, this

would include Yasmin and Ortho Evra.

Pills with lower progestin and lower estrogen also help to reduce migraines and breast tenderness whereas a pill with only lower progestin will help to reduce depression and moodiness. Higher estrogen and higher progestin potency will minimize the number of times when break-through bleeding occurs.

Many pills like Alesse are good for multiple symptoms; both minimized weight gain and clearing up of acne. It's important to consult your doctor if there are things you wish to achieve when on the pill.

The Patch, made by Ortho Evra, is replaced on the same day once a week and worn for three consecu-

tive weeks (with one inactive week at the end). While similar to the pill, it is easier to remember, as it only has to be done once a week. One of the disadvantages is that you wear it on your skin for all to see.

The chances of not getting pregnant while on birth control is 99 percent. However it's important to be aware that birth control does not prevent any sexually transmitted infections. You should inform your doctor of any health risks that might be associated with taking the pill. If you're a smoker then you have a higher chance of getting blood clots or having a stroke.

If you do have unprotected sex and you're not on birth control, Plan B is now available without prescription.

Al Madina's: a truly ethnic experience

From tabbouleh to karkadeh, this small Egyptian restaurant on University Ave. offers a great escape from the monotony of the standard student diet

MICHELLE PINCHEV
Food for Thought

Al Madina's Egyptian Cuisine is located at 150 University Ave. West, right on the flip side of Just 'n Pita. In fact, you may have grabbed a pita there before, after a night at Fubar and not even realized the two are connected.

Just 'n Pita cooks their meat fresh and offers mainstream choices as well as the traditional, like falafel, baba ghanouj and the like. They make great quality pitas for a filling lunch or even a quick snack.

But if you're looking for a sit-down meal, walk right through and you'll find yourself in Al Madina's cuisine.

The atmosphere is not what you would find at a conventional K/W restaurant. The welcoming staff in traditional Egyptian dress, the middle-eastern décor and the palatable aroma of Arabic spices make this a truly ethnic experience.

Every Sunday between 11:00am and 8:00pm, Al Madina's has an all-you-can-eat Sunday brunch. While Egyptian cuisine is rich with salads, vegetables and grains – perfect for vegetarians – meat-

lovers will love the lamb, beef and chicken selection the buffet has to offer.

Starting with appetizers, I took small portions so I could sample as much as I could. With the selection of spreads and dressings, it's a good thing there was plenty of pita (plain or toasted) to go around.

I've had store-bought red pepper hummus and even took a stab at making regular hummus myself, but nothing you can pick up at the grocery store compares to the real deal.

The tabbouleh salad, consisting of fresh mixed vegetables, cracked wheat and fresh herbs was exceptional – something I had previously never heard of and would definitely order again. Other highlights were the Bourak (a delicious filo pastry filled with vegetables), stuffed grape leaves and cabbage rolls.

The meat selection in the buffet isn't particularly broad, but definitely sufficient. The chicken and lamb have a distinct, savoury home-cooked taste that offers a nice change from the everyday.

Even the beverage menu at Al Madina's is unique, with a variety of fresh juices (mango, guava), Arabian spiced coffee, Egyptian



EGYPTIAN SENSATION - Al Madina's Sunday all-you-can-eat brunch features a plethora of tasty treats.

tea and karkadeh, a popular drink made with hibiscus leaves.

Middle-eastern cuisine is known for its baklava, a dessert made of paper-thin layers of pastry, chopped nuts and honey. Dessert also includes Turkish delight, crème caramel and honey balls with cinnamon.

For someone like me who isn't familiar with Egyptian foods, the buffet is a great way to try a bit of everything and get to know this unique and savory cuisine. Al Madina's has similar buffets almost every night of the week. The buffet is certainly a different experience from a sit-down meal.

In general, they are less service-oriented and the quality of food is usually not as good as when it's made just for you. However, it was excellent and now that I know what I like, I'll definitely go back to order from the menu.

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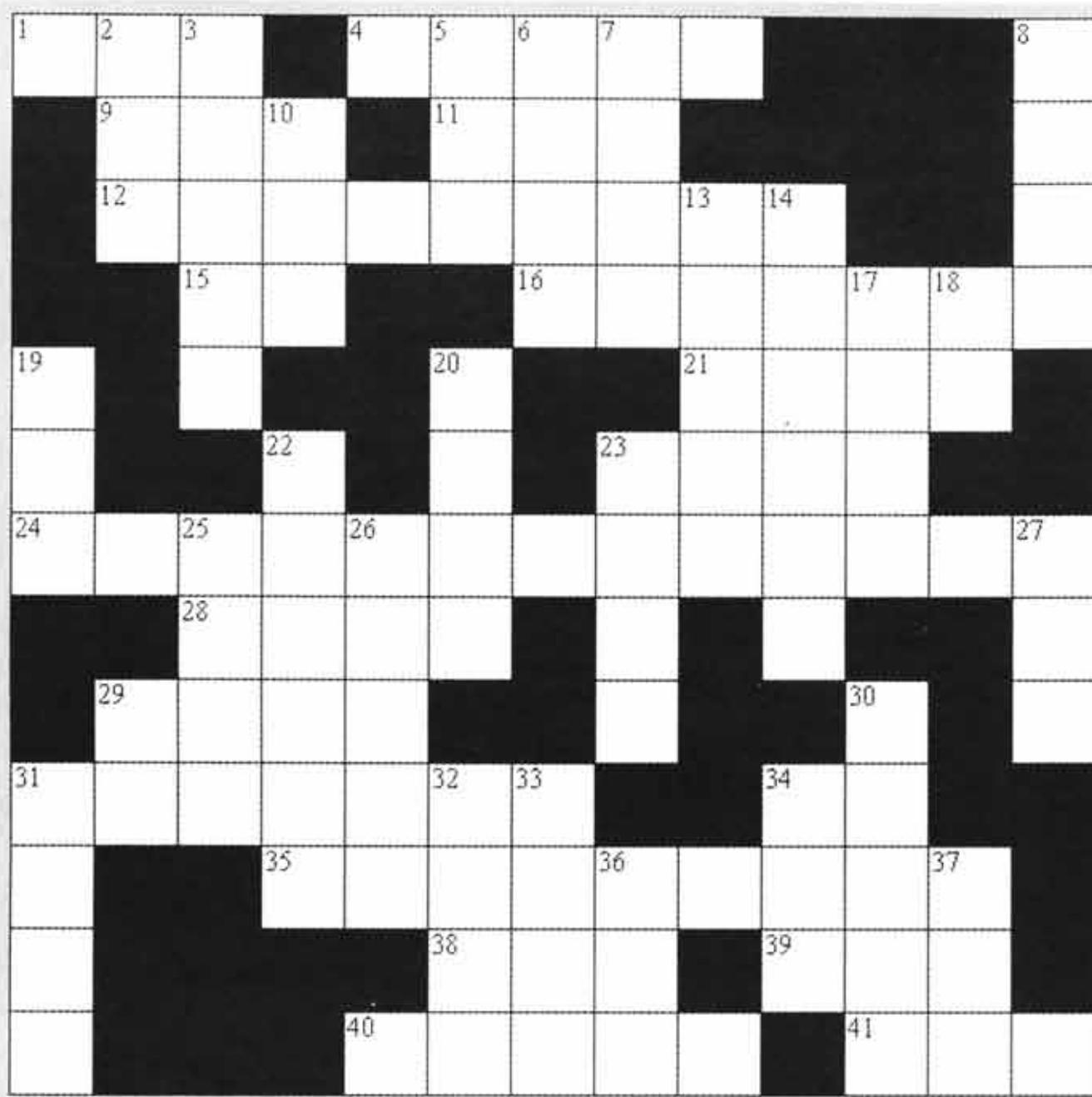
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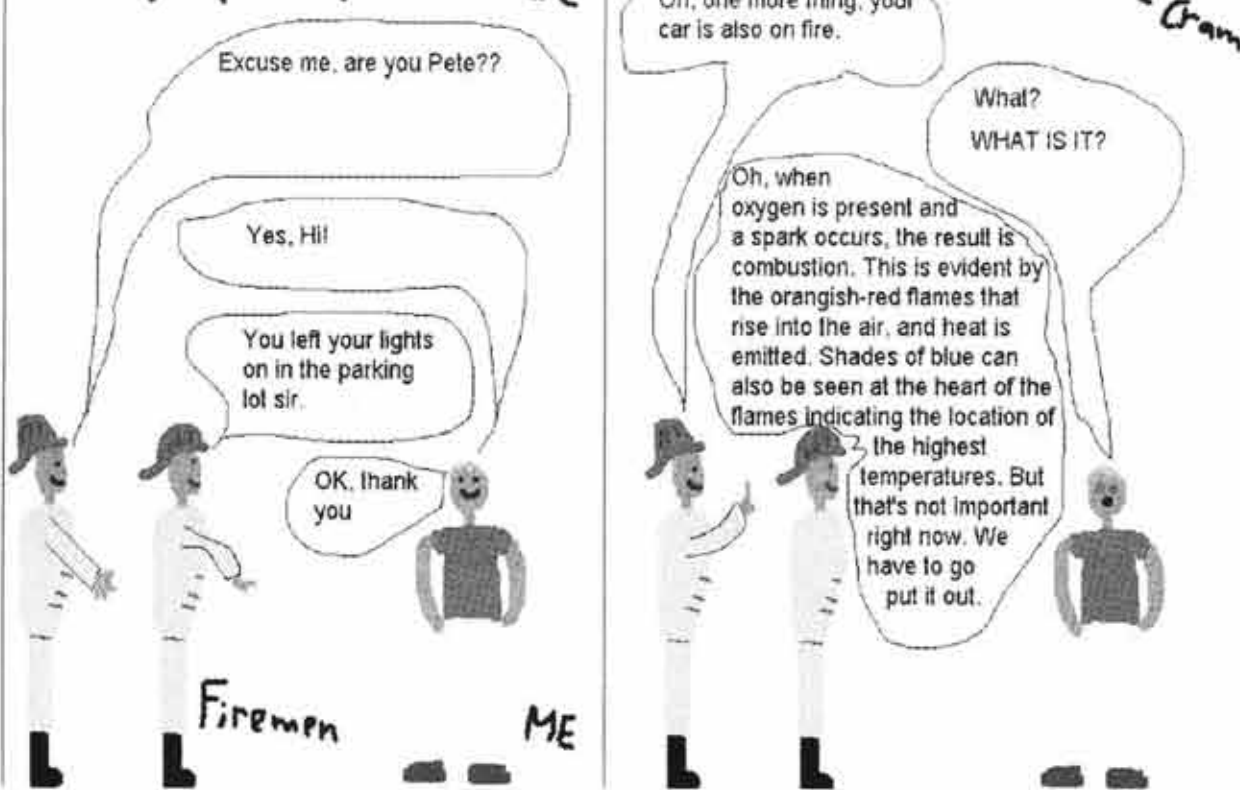
- 1. ___-Pot, dictator
- 4. The Gaelic name for the Chief of the Frasers
- 9. Colour of blood
- 11. A low level of light
- 12. A feeling of extreme sickness
- 15. ___ as I say, not as I ___
- 16. Side-to-side
- 21. "High," en Francais
- 23. Basic unit of money in Ghana
- 24. Distance around the edge of a circle
- 28. ___ tide, Christmas time
- 29. What lightning comes in
- 31. Type of radiation [2 words]
- 34. "Year," en Francais
- 35. A horse used to race
- 38. Alternative 'no'
- 39. Crow noise
- 40. Character from 'Escarflowne'
- 41. Up to a specified time

Down:

- 2. Keep dead people in this
- 3. What detectives follow
- 5. Make one for a Grecian urn
- 6. Store blood in this
- 7. A pilaster forming the end of a projecting lateral wall
- 8. ___ and void
- 10. ___ Maxwell, character from 'Gundam Wing'
- 13. Olde-timey anesthetic
- 14. To take out feeling
- 17. To destroy
- 18. @
- 19. ___-Tac
- 20. Wile E. Coyote's fav. company
- 22. To do with the eyes
- 23. To provide or cover with a ceiling
- 25. A peasant or cultivator of the soil in India
- 26. 20 or better hits is this type of combo in *Killer Instinct*
- 27. The job of the people that drive ambulances
- 29. To exist in actuality; have life or reality
- 30. To retract (something said)
- 31. A stopper especially for the hole through which a cask, keg, or barrel is filled or emptied
- 34. L'___ en ciel, Jpop band
- 36. Norse Goddess
- 37. Female sheep

By Pete Cram
Weekly Bad Drawing

A Day at the Office



SCRAMBLOR. Lord of Jumbles: WLU groups and control

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PERSONALS
Broke Phi Broke brothers and sisters,
I pray for the poor saps that play us tomorrow night, the wrath of CTU will spare none. Anyway, thanks to the usual suspects for a solid issue, special mention goes out to Bryn and the news team that were pushed to the breaking point on p'duction night. We come out on Thursday next week because of Thanksgiving, so don't be thinkin' we be slacking. We ain't got it! -BC

To Dru, for his extensive knowledge of movies, hip hop, the sporting world, my drunken tirades, and more or less being a font of knowledge in every respect. And mad props to Bryn for his tremendous patience working with me on this week's spread. Finally, to Anthony and Fraser for their support in the last few weeks. Peace,
- Brown Town

VHS or Beta,
Thanks to these unknown soldiers of disco, I can get down with my bad self in the comfort of my own living room. Respect to Currie, Dan (a king among men), and Euler crew for the good times. Also to a certain wandering girl who took my breath away - you're too cool for school.
-AM

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The guidelines and application form are available online at www.city.kitchener.on.ca or by contacting Linda Pretty at 741-2224 or linda.pretty@city.kitchener.on.ca

The program requires a completed application form and submission package.

Deadline: October 13, 2005

Competitions will be adjudicated by arts professionals from the City of Kitchener Public Art Working Group. Questions can be directed to Erina Harris, arts and culture coordinator at 741-2912.



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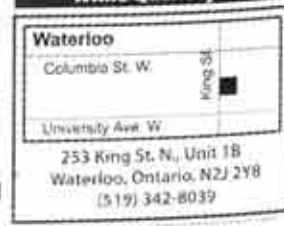
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> Media reviews

Viggo turns hero in *History of Violence*

A History of Violence



4 out of a possible 5 evil coffee cups

Director: David Cronenberg
Release Date: September 23, 2005
Starring: Viggo Mortensen, Ed Harris

DRU JEFFRIES
Film Critic

In David Cronenberg's *A History of Violence*, Viggo Mortensen is a family man, ensconced in an idyllic community where he runs the local diner. It's the kind of town in which the sheriff is on a first-name basis with everyone and wears a straw hat to go with the star on his chest.

Like in David Lynch's *Twin Peaks*, Tom Stall (Mortensen) brews a damn fine cup o' coffee. But something terrible lies beneath the seemingly innocent veneer of cherry pies and white

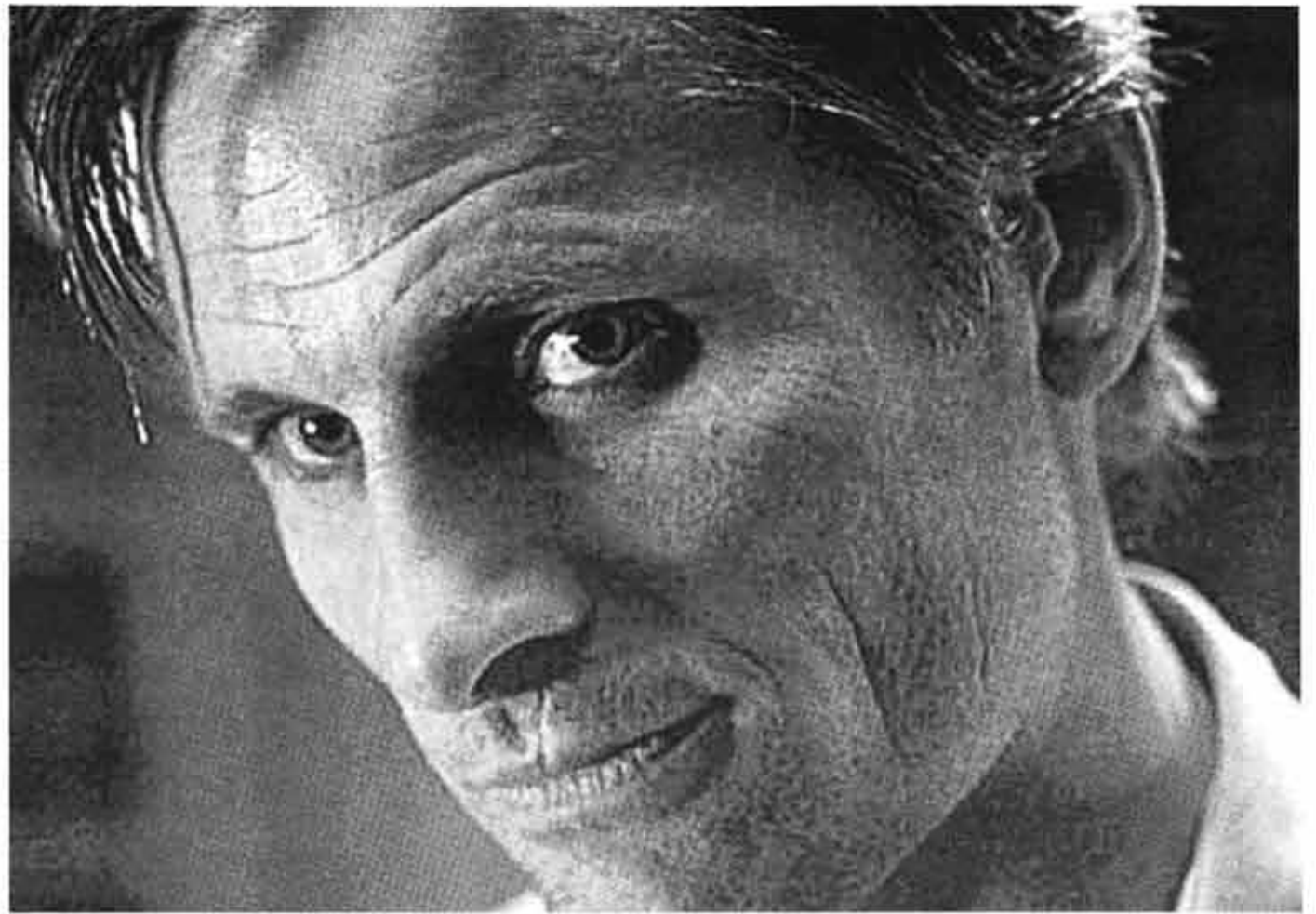
picket fences: the possibility of, the aptitude for and the ultimate realization of violence.

A History of Violence is probably about as close to mainstream Hollywood cinema as Canadian director Cronenberg will ever care to get. He has long been obsessed with the duality of the human personality, especially in respect to violence. In these ways, this film is probably his most direct.

Violence is just as divided and complicated as Tom Stall. It's sometimes atrocious and visceral, but also justified and noble. When is violence acceptable as a method to solve conflicts? Is it acceptable in self-defence, or in the defence of others? What kind of toll does violence take on the human psyche?

Cronenberg seems to be most interested in, logically enough, the history of violence in cinema.

The film jumps from genre to genre: gangster, Hollywood melodrama/romance, thriller and even



Contributed Photo

RETURN OF THE VIGGO - A far cry from his role as Aragorn in the Tolkien epic, Mortensen plays a small town family man who is forced into killing another man for his own protection. As the film progresses, so does the violence.

the American Western—using violence as the link that strings these diverse genres together.

Because we live in an era when a film with an 18A rating can show us both full-frontal nudity and graphic violence, this period in film history is apt to explore violence throughout the 110-year history of the silver screen and the much longer history of violence in

the human animal. At the same time, Cronenberg is somehow able to pull this all together cohesively.

The explicit on-screen violence of the film is tricky. The camera-work, in contrast with the rest of the film and specifically the four-minute-plus opening tracking shot, is restless and jarring. In this way, Cronenberg assaults the

audience and implicitly condones the acts on-screen. I noticed in the theatre that the audience seemed to revel in the gratuitousness of the film's open violence. If this impression was correct, then perhaps this is exactly the kind of film the world needs right now.



Contributed Photo

Burton's unholy *Corpse Bride* pleasingly mortifies

Corpse Bride



4 out of a possible 5 dead brides

Director: Tim Burton
Release Date: September 16, 2005
Starring: Johnny Depp

JILLIAN PANCOTT
Copy Editor

Many of you may remember Tim Burton's *The Nightmare Before Christmas*, his earlier stop-motion production. I never saw it, but after watching *Corpse Bride*, I think I might.

With an addictive story line, albeit not very hard to decipher, *Corpse Bride* never loses the attention of the audience.

The film includes the voice talents of Johnny Depp as Victor Van Dort and Emily Watson as Victoria Everglot. As the two main living characters whose marriage has been arranged, they both must overcome the fear of marrying someone they may not love.

However, upon their first meeting, they realize that they could indeed marry one another and be content. But when Victor experiences pre-wedding jitters and runs into the forest, he awakens the corpse bride, Emily (Helena Bonham Carter) by mistakenly placing the wedding band on her finger. She believes that the two are now married, and takes Victor to the underworld.

It is in this underworld where Burton's creativity shines. In contrast to the above-ground world,

which is bleak and boring in subdued tones of greys and browns, the underworld is vibrant and joyful with blue bodies and fantastic light shows, most evident in the musical number in the bar.

The ensuing scenes reveal that even though Emily has died, her heart can still break when she learns that Victor wants nothing more than to be reunited with Victoria. When Victor believes he can do no more to return to the living world, he feels he must do all he can to make his marriage to Emily legitimate (since the vows are 'til death do us part, and obviously, death has already parted them).

The plot twist at the end was quite evident from the start, but the way it plays out was truly enjoyable.

Metal 'n' Mario mix works well



The Mechanical Hand



3.5 out of a possible 5 Mario pipes

Artist: Horse the Band
Release Date: September 20, 2005
Label: Koch

DAVE RICCI
Cord Entertainment

After the release of their staggering debut *R Bolas*, Horse The Band returns with their newest opus *The Mechanical Hand*. Labeling themselves "Nintendocore," Horse The Band combines the best elements of metal with wacky keyboards that sound like background songs from *Legend Of Zelda*. This volatile mix of breakdowns and Nintendo-style keyboards makes Horse The Band one of metal's (and music's) most creative acts.

Like their debut, *The Mechanical Hand* is jam-packed with bizarre lyrics about fictional creatures and mythical lands. The album opener "Birdo" begins with

a wave of keyboards and surging riffs reminiscent of fan-favorite song "Bunnies". The album reaches its apex of weirdness on the track "Taken By Vultures". As soaring riffs come to a close, a high-pitched voice fades in and exclaims, "Slaves, masturbate to a single note." As this single note fades in, drummer Eel Eye proceeds to beat the snot out of his kit.

Although the band's lyrical content is bizarre, the musicianship on the album is nothing short of spectacular. Such tracks as "House of Boo" display the bands ability to combine technical thrash riffing with dramatic hardcore breakdowns.

The beauty of this album lies in its mass appeal. Although Horse The Band is a metal act, their listeners are in no way only head-bangers. Fans of The Mars Volta and other progressive acts will be drawn to the band's ability to combine elements of various musical genres.

Let's face it, any band that labels themselves as "Nintendocore" is at least worth a listen. Once newcomers get past the somewhat gimmicky lyrics and keyboards, it becomes apparent that Horse The Band is serious about pushing the boundaries in what is becoming a somewhat cliché genre of music.

So sit back and pop in *The Mechanical Hand* and reminisce about those long afternoons you spent as a child trying to get past the dungeon level in Super Mario Brothers.

Globetrotting Soundclash lands at WLU

Perennial Laurier visitors Bedouin Soundclash come back for Homecoming, and stop in to Wilf's to have a pint with **Adrian Ma**

ADRIAN MA
News Editor

The members of Bedouin Soundclash are a long way from home, and that looks to be the case for a while.

Preceding last Friday night's sold-out performance at the Turret was a press tour of the UK. Next week, this fast-rising Canadian band will jaunt down to the US, before returning to the British Isles for a month-long tour.

So as Bedouin singer Jay Malinowski sits down for a pregig pint at Wilf's, he looks understandably tired.

"I probably look like shit," laughs the Vancouver-born Malinowski as he flops into a booth.

The lack of rest is a consequence of fronting a band with a hit single that has quickly bulldozed its way to the top of music charts across the country and beyond. Bedouin Soundclash's feel-good ode-to-Marley anthem, "When the Night Feels My Song", has legitimized them as a fusion-rock force to be reckoned with. And Malinowski can't help but feel a little vindicated.

"To have a number one single on *The Edge* (radio station) is a huge thing, especially for the type of music that we're making," he says. "For a long time, the industry was like, 'This is cool, but I don't really know what this is.' It doesn't really fit the format."

If the ticket sales for Friday's Turret show were any indication, it appears that Laurier students couldn't care less about fitting the format.

As the musical centrepiece of Laurier's Homecoming weekend, the hype behind the gig made Bedouin Soundclash seem like long-absent crusaders returning home to celebrate their conquest of heathen nations. In a somewhat related way, that's how Malinowski feels.

"Atmosphere-wise, especially at Laurier, it turns into this... massive frat party. The people here are nuts," he says with a laugh. "Playing here, it's like a break for us. We're going to play a show in Orlando tomorrow—that's going to be a show where you've got kids out seeing other bands and you've got to win the crowd over."

The constant touring has paid off. As they hit the stage to a deafening response Friday night, the band sounded incredibly polished. On "Eloveen Down", Jay's rever-

berating vocals danced joyfully between the Turret walls, as bassist Eon Sinclair and drummer Pat Pengelly combined to form a funky, groove-heavy rhythm section.

With songs like "Root Fire", their smooth-flowing energy and snaring melodies make it easy to label Bedouin Soundclash as an updated version of The Police.

The momentum picked up as the band played a cover of The Beatles' "Why Don't We Do It On The Road", and "Criminal", a song from their 2004 album, *Sounding a Mosaic*.

The crowning achievement of the show occurred when Bedouin unleashed a version of "New Year's Day" by U2, transforming the 80s rock hit into a unique reggae juggernaut. The U2 homage was a brilliant demonstration of the band's abilities. Their strength lies in their ability to hop into bed with the last three decades of pop music, creating a sound that is an illegitimate love-child of several possible fathers.

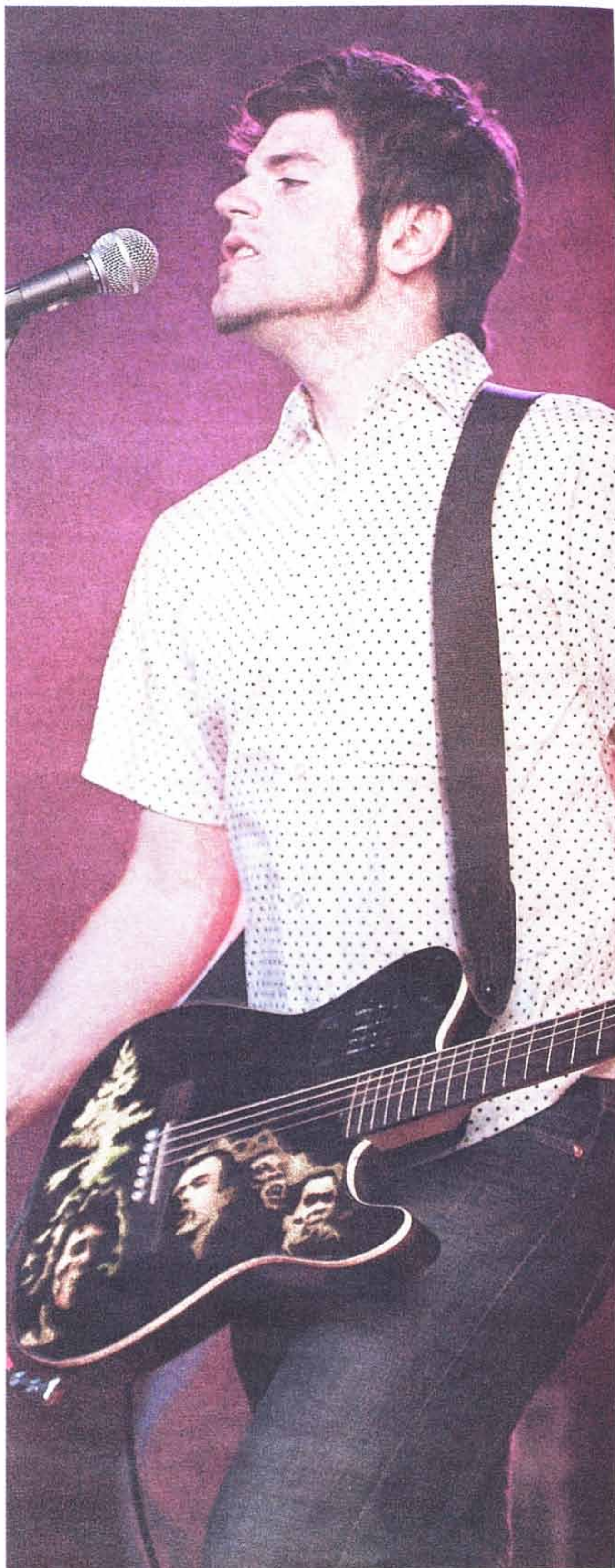
Bedouin Soundclash writes music for people who love celebrating music, and as the band ran through their current smash single, this was more than evident.

It was a spine-shuddering moment as the entire Turret mass hung their arms around each other and sang-a-long to the song's poignant refrain: "When the night feels my song, I'll be home." Trumpets sounded, the heavens parted, and serenity was brought to Waterloo.

Finishing their set with the soaring ballad "Santa Monica", Soundclash left the stage to showers of praise and adulation from the captured audience.

The band has played Waterloo several times a year since their formation in 2002, but that could all change as they drive for mainstream success. What lies in store for these burgeoning rock stars are bigger venues, longer tours, and more trips to distant locales. Jay Malinowski, however, insists that the band's main focus will always be the music.

"I would really love it if our music could maintain our integrity while being in the mainstream," he says. "That's the way The Clash did it, the way Paul Simon did it, the way Bob Dylan did it—that's hugely ambitious, but I think that's what ultimately any band wants to do."



TURRET SYNDROME - Bedouin Soundclash frontman Jay Malinowski raised the volume at The Turret last Friday night, while the crowd swayed melodically to the band's relaxing reggae sound.

Matt Symes