

1 **Body condition as a quantitative tool to guide hand-rearing decisions in an**
2 **endangered seabird**

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18 **Abstract**

19 The use of wildlife rehabilitation for conservation is growing, but quantitative criteria are rarely used to
20 guide whether and when to remove animals from the wild. Since 2006, large numbers of African
21 penguin (*Spheniscus demersus*) chicks have been abandoned annually when adults enter moult with
22 dependent young still in the nest. As part of conservation initiatives for this *Endangered* species,
23 these chicks were collected and hand reared to fledging age. Post-release survival has been well
24 documented; in this study we develop models to predict survival of individuals during rehabilitation
25 with the aim of improving hand-rearing success and guiding the use of scarce resources. For 1455
26 chicks abandoned between 2008 and 2013, we assessed whether a chick body condition index (BCI)
27 could predict outcome (death or release) and time spent in rearing. In addition, for a subset of 173
28 chicks in 2012, we assessed whether BCI at admission influenced chick growth rates during
29 rehabilitation and examined whether the use of additional structural measurements and sex provided
30 additional power to predict outcome. Models predicted an 82.9% (95% confidence interval: 73.3–
31 89.5%) release rate for chicks admitted with a BCI > 0, the proposed guideline for removal from
32 colonies. This fell below 50% for BCIs < -1.05; 66% of chicks were admitted with BCIs between these
33 thresholds. Adding bill length to BCI improved the relative model fit, but in both cases only ~70% of
34 rehabilitation outcomes were correctly predicted. Chicks that grew more quickly were more likely to be
35 released and, for those that were released, had lower BCI at admission suggesting compensatory
36 growth. Chicks were generally removed at an appropriate time to ensure successful hand-rearing.
37 However, 32% were admitted in good condition, highlighting the importance of using adaptive
38 management to guide wildlife rehabilitation and the allocation of conservation resources.

39

40 **Keywords:** Hand-rearing · Reinforcement · Seabird conservation · Wildlife management ·

41 Wildlife rehabilitation

42 **Introduction**

43 Animal rehabilitation is the practice of removing wild animals that are injured, sick, orphaned
44 or dislocated and caring for them until they can be returned to their natural habitat (Molony et
45 al. 2006; Wimberger, Downs and Boyes, 2010; Guy, Curnoe and Banks, 2013). Worldwide,
46 the use of rehabilitation as a conservation tool is growing, requiring resources such as time
47 and funding (Molony et al. 2006; Guy et al. 2013). Although some species suffer high
48 mortality in temporary captivity (e.g. Kirkwood and Best, 1998; Kirkwood 2003) or post-
49 release (e.g. Fajardo, Babiloni and Miranda, 2000), others can be successfully rehabilitated
50 and restored to natural populations (Lunney et al. 2004, Wolfaardt et al. 2008). Identifying
51 variables that can predict rehabilitation success would allow conservation resources to be
52 focused on animals more likely to survive to release and beyond (Molony et al. 2007).
53 However, quantitative tools of this nature are rarely developed and results can be conflicting
54 (Molina-López, Casal and Darwich, 2015). For example, body mass at admission is often
55 used as a predictor of rehabilitation outcome; however, Molony et al. (2007) found mass did
56 not significantly affect release rates for four mammal and four bird species, while the
57 opposite has been shown for woodpigeons (*Columba palumbus*) and juvenile Magellanic
58 penguins (*Spheniscus magellanicus*) (Rodrigues et al 2010; Kelly et al. 2011; Vanstreels et
59 al. 2013).

60

61 African penguins (*S. demersus*) have been rehabilitated at the Southern African Foundation
62 for the Conservation of Coastal Birds (SANCCOB; Cape Town) since 1968, with high
63 release and restoration rates (Randall, Randall and Bevan, 1980; Barham et al. 2006;
64 Wolfaardt et al. 2008). Rehabilitation is considered an important conservation tool for this
65 *Endangered* species (Crawford, Kemper and Underhill, 2013). Penguins usually enter
66 rehabilitation as a result of oiling, injury, or as abandoned chicks (Parsons and Underhill
67 2005). Chicks were initially hand reared in large numbers after adults were fouled in oil spills
68 in 1994 and 2000 (e.g. Barham et al. 2006; Barham et al. 2008). More recently, many chicks

69 have been admitted for hand-rearing due to adult penguins entering moult with dependent
70 chicks still in the nest, likely because of prey scarcity (Sherley et al. 2014). African penguins
71 moult their whole plumage simultaneously, so lose their waterproofing and are unable to
72 catch food for c. 21 days (Cooper, 1978). Any unfledged chicks are abandoned to starve
73 (Sherley et al. 2014). Between 2001 and 2013, as few as 82 (2001) and as many as 841
74 (2006) such chicks have been collected annually for hand-rearing and release back into the
75 wild (Parsons and Underhill 2005; Sherley et al. 2014).

76

77 Rehabilitating abandoned chicks aims to bolster this declining population while methods are
78 developed to establish breeding colonies where prey availability is higher (Schwitzer et al.
79 2013). Hand-reared chicks have similar survival and recruitment rates to wild progeny
80 (Barham et al. 2008, Sherley et al. 2014). Thus, maximising release rates could provide
81 conservation benefit in line with the national and international recommendations to reinforce
82 populations and establish techniques for conservation translocations (Ellis, Croxall and
83 Cooper, 1998; Crawford et al. 2013). Until the recent development of a body condition index,
84 colony managers lacked quantitative criteria to assess whether individual chicks had been
85 abandoned (Lubbe et al. 2014; Sherley et al. 2014). Instead, abandonment was determined
86 qualitatively (by visual assessment) or chicks were removed *en-masse* to minimise
87 disturbance once a high proportion of the adult population had initiated moult (Sherley et al.
88 2014).

89

90 A body condition index (BCI) attempts to determine the proportion of mass available to an
91 individual as metabolic energy reserves, while correcting for structural size (e.g. Jakob,
92 Marshall and Uetz, 1996). BCI at admission may, therefore, be more informative to
93 rehabilitators than the commonly used body mass (e.g. Molony et al. 2007; Vanstreels et al.
94 2013). Lubbe et al. (2014) developed a BCI for African penguin chicks using mass and
95 structural measurements. This provided a quantitative tool to assess likelihood of chick

96 abandonment by establishing a lower limit (5th percentile) for chicks known to have fledged
97 naturally (BCI = 0). Chicks with BCIs < 0 are at heightened risk of starvation, so should be
98 removed for hand-rearing (Lubbe et al. 2014, Sherley et al. 2014). However, whether a very
99 low BCI at admission also influences survival during rehabilitation has not been tested. In
100 addition, nutrient deficiencies during early development may constrain future growth
101 (Dmitriew 2011) and increase levels of stress hormones (Honarmand, Goymann and
102 Naguib, 2010). Good growth rates are usually associated with improved survival in the wild
103 (e.g. Coulson and Porter 1985) and during rehabilitation (e.g. Molony et al. 2007). Moreover,
104 minimising time in captivity could reduce disease susceptibility and increase immune
105 suppression linked to increased glucocorticoid levels resulting from proximity to humans
106 (Siegel 1980; Ellenburg et al. 2006, 2007). However, investing in compensatory growth once
107 resource availability improves (i.e. entering captivity) can increase oxidative stress and
108 decrease survival (Geiger et al. 2012; Stier et al. 2014), so may also reduce the likelihood of
109 chick release.

110

111 Using data from chicks abandoned between 2008 and 2013, we therefore aimed to
112 determine whether:

- 113 1. BCI at admission could predict rehabilitation outcome and time in rehabilitation, with
114 the aim of guiding improvements in rehabilitation efficiency;
- 115 2. the use of additional morphometric measurements and sex could improve our ability
116 to predict rehabilitation outcome;
- 117 3. the outcome of, and time in rehabilitation, depended on the growth rate chick attain
118 and, in turn, whether these growth rates were related to BCI at admission.

119

120 **Materials and methods**

121 Between September 2008 and December 2013, the head length (mm) and mass (g) were
122 measured for all African penguin chicks admitted to SANCCOB, Cape Town. Chicks were

123 classified into life stages at admission: P2 – medium, down feathers; P3 – large, down
124 feathers; P4 – less than 50% down feathers; and Blue – full juvenile plumage (Sherley et al.
125 2014). Surviving chicks were released in juvenile plumage, once they had satisfied
126 SANCCOB’s conditions for release (Supporting Information; Parsons and Underhill 2005).
127 Time between admission and death or release (hereafter ‘time in rehabilitation’) was
128 recorded for each chick to the nearest full day. Chicks were excluded from our analyses if
129 records indicated admission for reasons other than abandonment (e.g. injury).

130

131 For a subset of chicks admitted between September 2012 and February 2013 (2012/13
132 cohort), we measured mass every c. 7 days until release or death (in g, using an electronic
133 balance) and measured bill length, bill depth (both in mm with Vernier callipers), foot length
134 and flipper length (both in mm with a ruler) once within 7 days of admission (see Supporting
135 Information for details). For this subset, we also used necropsy results (for those that died)
136 or genetic testing to determine sex.

137

138 *Body condition index*

139 Using the mass and head length measured on admission, we calculated a BCI for each
140 chick using a relative scale where:

$$141 \quad BCI = (observed\ mass - predicted\ 5\% \ mass) / (predicted\ 95\% \ mass - predicted\ 5\% \ mass)$$

142 (1)

143 The 5% and 95% predicted masses were based on quantile regression between the mass
144 and head length of 125 chicks that fledged on Robben Island in 2004 (See Supporting
145 Information, Lubbe et al. 2014). The index has only been validated for chicks with head
146 lengths > 75 mm (Lubbe et al. 2014), so we only used data from such chicks.

147

148 *Effect of BCI on time in rehabilitation and rehabilitation outcome*

149 To determine whether BCI was a predictor of rehabilitation outcome, we used a generalised-
150 linear mixed-model (GLMM) with a binary response (died = 0, released = 1), a logit link
151 function and BCI at admission as the only fixed effect. Because release probability might
152 vary between years (as a result of e.g. changes in protocols) and depend on a chick's life-
153 stage at admission (older chicks more likely to be released), we used life-stage (P2–Blue)
154 nested in the year of admission to specify random intercepts. We specified this model using
155 all but a random subsample of 100 chicks admitted between 2008 and 2013 (the test
156 dataset). We used this model to predict the release rate (\pm 95% confidence intervals, CI) for
157 chicks admitted at BCI = 0 (the proposed threshold for chick removal), BCI = 0.51 (mean BCI
158 at Robben Island in 2004; Lubbe et al. 2014), and the BCI at admission resulting in a
159 predicted release rate < 50%. We assessed the predictive power of the model using
160 marginal R^2 (Nakagawa and Schielzeth 2013; *MuMIn* library v. 1.15.1) and binary cross-
161 validation (died or released) using the test dataset.

162

163 To test whether there was a relationship between time in rehabilitation and BCI at admission,
164 we separated the chicks into two outcome groups (released and died). Since time in
165 rehabilitation was measured to the nearest day, and thereby approximated count data, we
166 used a negative binomial GLMM (nbGLMM) to account for overdispersion with a log-link
167 function and random intercepts as above.

168

169 *Additional morphometric measurements and sex as predictors of rehabilitation outcome*

170 We used the seven parameters (mass, head length, bill length, bill depth, foot length, flipper
171 length and BCI) along with sex, to build a candidate set of multiple regression models to
172 predict rehabilitation outcome. We first checked the correlation between the explanatory
173 variables (Supporting Information Table S1) and any pair where $r_s \geq |0.7|$ were not
174 combined to avoid distortion of parameter estimates (Dormann et al. 2013). We used
175 GLMMs, (binomial errors, logit link functions) with life-stage as the random effect and a

176 maximum of three fixed effects in each model (Supporting Information Table S2). Akaike's
177 Information Criterion for small sample sizes (AICc) was used to select the model containing
178 one explanatory variable with the lowest AICc value. This model was used as the base
179 model and each of the remaining (non-correlated) variables were added to it in turn up to a
180 maximum of three explanatory variables (Table S2). Models were ranked by AICc weight,
181 with model averaging used for inference where several models were within a $\Delta\text{AICc} < 2$ of
182 the best fitting model (Burnham and Anderson 2002).

183

184 *Growth rates and their relationship with rehabilitation outcome*

185 We used the repeated mass measurements to estimate growth rates for the 2012/13 cohort.
186 Following Sherley (2010), we excluded penguin chicks that were measured over < 10 days
187 in total and generated Gompertz growth coefficients following the Tjørve and Underhill
188 (2009) method designed for use when age is unknown (e.g. Bonato et al. 2013). The
189 Gompertz growth coefficient (k_G) for each bird was estimated as:

$$190 \quad k_G = \frac{\log\left(-\log\left(\frac{M_1}{M_A}\right)\right) - \log\left(-\log\left(\frac{M_2}{M_A}\right)\right)}{t_2 - t_1}$$

191 (2)

192 where M_1 = mass (g) at time t_1 , M_2 = mass (g) at time t_2 , M_A = asymptotic mass (3500 g,
193 Sherley 2010) and \log = natural logarithm. To determine if growth rates influenced
194 rehabilitation outcome, we used a GLMM with a binary response (died = 0, released = 1;
195 binomial error, logit link), with random intercepts specified using the life-stage of each chick.
196 Finally, we used two linear-mixed models (LMM) to explore the relationship between body
197 condition at arrival and growth rate separately for each of the rehabilitation outcomes (died
198 or released). Residuals checks confirmed conformity to linear model assumptions.

199

200 Unless otherwise specified, all statistics were performed in R v. 3.2.1, mixed-models were
201 specified using the *lme4* library (v. 1.1–9), means \pm 1 SD are presented where data were
202 normally distributed and medians and the interquartile range (IQR) where they were not.

203

204 **Results**

205 *BCI, time in rehabilitation and rehabilitation outcome*

206 We calculated BCIs for 1455 chicks, of which 71.8% were released. For those released (n =
207 1045) mean BCI = -0.15 ± 0.43 (range: -1.23 – 1.38), while for those that died (n = 410)
208 mean BCI = -0.41 ± 0.41 (range: -1.31 – 0.98). Despite substantial overlap between the
209 groups, all chicks with BCI > 0.98 were released (Fig. 1) and rehabilitation outcome was
210 related to BCI at admission (GLMM: $\chi^2 = 75.7$, $p < 0.001$, coefficient estimate = 1.51, Fig. 1).
211 The model predicted release rate was 82.9% (95% CI: 73.3–89.5%) at BCI = 0 and 91.3%
212 for BCI = 0.51 (Fig. 1). This fell to 50% (i.e. equal chance of dying and surviving) once BCI
213 was ≤ -1.05 (Fig. 1). Only 33 chicks were admitted with BCIs below this, of which 64% died.
214 In total, 66% of chicks were admitted with BCI values between -1.05 and 0. For BCI alone,
215 the marginal $R^2 = 0.104$ and the model only correctly classified 69% of the test set (Table 1).

216

217 Chicks were at SANCCOB for a median of 52 (IQR: 39–63) days before release, or 8 (4–36)
218 days before they died. Time in rehabilitation was positively related to BCI for chicks that died
219 (nbGLMM: $\chi^2 = 28.0$, $p < 0.001$, coefficient estimate = 0.96, Fig. 2A), and negatively related
220 to BCI for those released (nbGLMM: $\chi^2 = 12.3$, $p < 0.001$), although this latter effect size
221 was small (coefficient estimate = -0.11 , Fig. 2B).

222

223 *Additional morphometric measurements and sex*

224 The additional morphometric measurements were made on 173 chicks in the 2012/13 cohort
225 (79 = male, 94 = female). Head length, bill length, flipper length and bill depth were strongly
226 correlated (Table S1), so not combined in the same model. Four candidate models had a

227 $\Delta AICc < 2$ and contributed to $> 90\%$ of the summed $AICc$ weight (Table 2). Two variables
228 occurred in all four models (Table 2) and had positive effects on rehabilitation outcome
229 (model averaged results): BCI (coefficient estimate: 2.73, $z = 3.11$, $p = 0.002$) and bill length
230 (coefficient estimate: $z = 0.17$, $p = 0.008$; Supporting Information Fig. S1). The model
231 containing only these two variables explained 24.3% of the variation in rehabilitation
232 outcome (marginal R^2 , Table 2), but predicted responses based on the model averaged
233 results only correctly classified the outcome of 71% of the 173 chicks. None of the three
234 other parameters in these four models (Mass, Sex and foot length) significantly influenced
235 rehabilitation outcome (all model averaged p -values > 0.05).

236

237 *Growth rates and rehabilitation outcome*

238 Mass was measured at a median interval of 7 days (IQR = 7) for 220 chicks, of which 39
239 (18%) died and 181 (82%) were released. The mean growth rate of chicks that died was
240 0.011 ± 0.015 , compared to 0.028 ± 0.009 for those released. Chicks with lower growth rates
241 were significantly less likely to survive rehabilitation (GLMM: $\chi^2 = 35.1$, $p < 0.001$; Fig. 3A).
242 For chicks that died, there was no relationship between BCI and growth rate (LMM: $\chi^2 = 2.1$,
243 $p = 0.15$, coefficient estimate = -0.012 , Supporting Information Fig. S2), while for those
244 released, chicks with lower BCI grew faster during rehabilitation (LMM: $\chi^2 = 15.4$, $p < 0.001$,
245 coefficient estimate = -0.006 , Fig. 3B).

246

247 **Discussion**

248 Rearing of chicks unlikely to survive naturally has the potential to contribute significantly to
249 conservation efforts for threatened bird species (e.g. Jones 2004). In African penguins,
250 chicks partially hand reared survive and recruit as well as naturally-reared chicks (Barham et
251 al. 2008; Sherley et al. 2014). However, there is a great variation in the number of chicks
252 that enter rehabilitation annually. For instance, there were almost ten times as many chicks
253 in 2010 (432) as in 2008 (45). In years with large influxes of chicks, or in the event of future

254 large oil spills, when resources may be stretched, quantitative tools to guide decision making
255 would help direct efforts towards those animals most likely to survive. Our results suggest
256 BCI is useful for this purpose.

257

258 *BCI, time in rehabilitation and rehabilitation outcome*

259 The Lubbe et al. (2014) BCI is now used in colonies to determine whether and when chicks
260 need to be removed and hand reared. Our results identified $BCI = -1.05$ as a lower limit;
261 below this the chances of successful rehabilitation were $< 50\%$. The results also supported
262 the proposed threshold of chick removal once BCI falls below 0 and we recommend colony
263 managers prioritise the removal of chicks with $BCIs > -1.05$ and < 0 . Although the release
264 rate continued to increase with a BCI at admission > 0 , it cannot be certain that these chicks
265 had been abandoned since $BCI = 0$ represents the 5th percentile from a cohort of chicks
266 which all fledged naturally (Lubbe et al. 2014). Despite the success of hand rearing (e.g.
267 Barham et al. 2008), unnecessary removal of wild birds should be avoided and 32% of
268 chicks in this study were admitted with $BCI > 0$, thus may have survived in the wild. In some
269 cases, disturbance caused by assessing chicks individually will still need to be balanced
270 against the cost of removing chicks in good condition (see Sherley et al. 2014), but our
271 results demonstrate the importance of incorporating data-driven indices into decisions on
272 when to remove animals for rehabilitation or rearing. As a predictive model, however, BCI
273 overestimated the number of chicks that would be released. Though it would be useful to
274 rapidly identify chicks in need of critical attention at admission (Supporting Information Fig.
275 S3), it may not be prudent to use this model to label chicks as unable to survive rehabilitation
276 accept in the wake of large disasters, such as oil spills, when resources are overextended
277 (Crawford et al. 2000).

278

279 Chicks with greater BCIs at admission also spent less time in rehabilitation before release,
280 although the effect was small. Chicks admitted at younger life-stages, but with a 'good' BCI,

281 still needed to stay until they have reached fledging size and developed waterproof plumage.
282 Fledgling periods are usually ~70–80 days in the wild (Sherley et al. 2013) and chick
283 admitted to SANCCOB between 2001 and 2002 were released after 65 days on average
284 (Parsons and Underhill 2005). Therefore, regardless of admission BCI, chicks remain in
285 rehabilitation until they reach the 'Blue' life-stage for release, which is why the effect was
286 small. Clearly, factors other than BCI need to be considered to develop models to accurately
287 predict mortality and minimise time spent in rehabilitation.

288

289 *Additional morphometric measurements and sex*

290 The additional covariates, particularly bill length, marginally improved our capacity to predict
291 outcome over BCI alone. BCI is simple to calculate, currently used by field researchers and
292 managers, and already measured as standard upon admission to SANCCOB. So, while it
293 may be possible to improve outcome prediction with additional morphometric measurements
294 it may not be worth the additional time-costs, at least for those parameters tested here.

295

296 Of course, many other variables not measured in this study could affect rehabilitation
297 outcome; for example, illness during rehabilitation, food consumption and glucocorticoid
298 levels. Since our aim was to test models that might predict outcome, only variables
299 measured in the first seven days after admission were evaluated. While outcome could also
300 be affected by factors occurring after this period, they would not be useful rehabilitation
301 outcome predictors, but could explain a larger proportion of the variation than BCI and bill
302 length.

303

304 Sex in particular, should be a focus for future research. Spheniscid sexual dimorphism is
305 small, but males tend to be larger (Cooper, 1972). In diving seabirds, larger individuals can
306 dive deeper and for longer, so exploit prey in more of the water column (e.g. Cook et al.
307 2013). Thus female African penguins may be suffering higher mortality as a result of their

308 smaller size as prey has become scarce (Pichegru et al. 2013; Pichegru and Parsons,
309 2014). Higher female mortality has been observed in adult and juvenile penguins being
310 admitted to SANCCOB (Pichegru and Parsons, 2014) and we observed a trend towards
311 higher rehabilitation success in male than female chicks (Table 2). Skewed adult sex ratios
312 are common in threatened populations, such as the African penguin, and may increase the
313 risk of decline (Pichegru and Parsons, 2014). The sex of chicks cannot be determined
314 reliably using morphometrics and molecular DNA testing is costly (Pichegru and Parsons,
315 2014). The risk of skewing the adult population warrants further investigation into the sex
316 ratio of chicks released (Goldsworthy et al. 2000). Previously sex ratio has only been
317 investigated in chicks that died (Pichegru and Parsons, 2014), while the cohort sexed here
318 was small and only from one year. Thus, we suggest that the sex ratio be determined on a
319 larger sample of chicks, for both rehabilitation outcomes, over several years.

320

321 *Growth rates and rehabilitation outcome*

322 Chicks with lower growth rates were significantly less likely to survive rehabilitation,
323 reflecting patterns seen in fledgling probabilities in wild penguin chicks (Wolfaardt et al.
324 2008) and other seabirds (e.g. herring gulls *Larus argentatus*, Kadlec, Drury and Onion,
325 1969). However, a slow growth rate is usually not the ultimate cause of mortality in wild
326 populations, rather slower growing chicks are at risk from environmental hazards (such as
327 predation or hypothermia) for longer than those growing rapidly (Kadlec et al. 1969).
328 Although hand-reared chicks would not encounter such hazards, a slow growth rate and
329 prolonged period to reach the mass necessary for release, could result in chronic stress,
330 leading to higher disease susceptibility or other complications (e.g. pododermatitis; Sherley et
331 al. 2014).

332

333 Finally, release chicks admitted with a lower BCI grew faster during rehabilitation, suggesting
334 compensatory growth as previously demonstrated in African penguin chicks (Heath and

335 Randall, 1985). Growth acceleration once an animal has moved from a poor quality
336 environment (in this case abandonment) to a high quality environment (rehabilitation) is
337 commonly through hyperphagia (Wilson and Osbourn, 1960; Metcalfe and Monaghan,
338 2001). Since all chicks in this study had the same diets during rehabilitation, feeding more to
339 chicks exhibiting behaviour associated with hunger (e.g. more persistent begging) seems the
340 likely cause of compensatory growth. Fledging body condition may impact subsequent
341 survival in penguins (Saraux et al. 2011), so it is important that chicks leave with good BCI to
342 ensure successful recruitment into the breeding population. However, compensatory growth
343 may carry future physiological costs (e.g. elevated resting metabolic rate, oxidative stress
344 levels and telomere erosion) negatively affecting long-term survival (Criscuolo et al. 2008;
345 Geiger et al. 2012; Stier et al. 2014). Thus, further investigation into whether growth rates in
346 rehabilitation impact individual post-release survival is warranted.

347

348 *Conclusions*

349 Maximising rehabilitation success of abandoned chicks has important implications for African
350 penguin conservation, particularly in light of plans to use conservation translocations to
351 establish new colonies in favourable breeding localities for this *Endangered* species (Sherley
352 et al. 2014). Using cohorts of abandoned chicks across six breeding seasons, we have
353 shown that chicks admitted with better BCI, the variable used in colonies to determine chick
354 abandonment, were more likely to survive rehabilitation. Only 2.3% of chicks admitted during
355 the study period had a BCI so low that there was a < 50% chance of release. This indicates
356 that intervention occurs when successful rehabilitation is likely for the vast majority of cases.
357 However, 32% were admitted in good condition and would likely have fledged in the wild,
358 highlighting the importance of using adaptive management to guide the need for wildlife
359 rehabilitation and its timing. Incorporating these critical BCI thresholds into future
360 management will ensure that abandoned chicks, and those still being fed, both have the
361 maximum chance of survival to fledging.

362

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371

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514 Figure Captions

515 Figure 1. Body condition index (BCI) at admission of ($n = 1455$) African penguin chicks
516 released (1) from or that died (0) during rehabilitation. The binomial GLMM fit (solid line) and
517 95% confidence intervals (black dashed lines) are shown. The dashed grey lines indicate
518 (from right to left) the predicted survival rate for $BCI = 0.51$ (mean BCI in the reference
519 cohort), for $BCI = 0.0$ (the proposed threshold for chick removal), and the BCI below which
520 the probability of release was $< 50\%$ (-1.05).

521

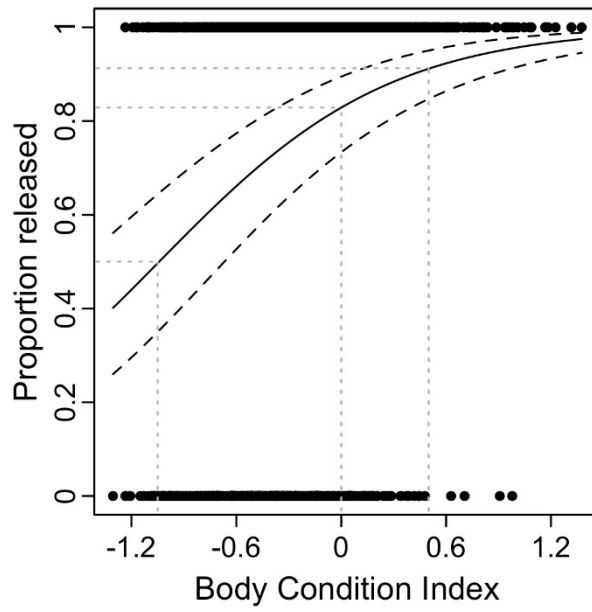
522 Figure 2. The relationship between body condition index (BCI) at admission of African
523 penguin chicks and the time they spent in rehabilitation (days) for (A) chicks that died ($n =$
524 410) and (B) chicks released ($n = 1045$). The negative binomial GLMM fit (solid line) and
525 95% confidence intervals (dashed lines) are shown in each case.

526

527 Figure 3. A) Gompertz growth coefficients (k_G) during rehabilitation of African penguin chicks
528 in the 2012/13 cohort ($n = 220$) released (1) from or that died (0) during rehabilitation. The
529 binomial GLMM fit (solid line) and 95% confidence intervals (dashed lines) are shown. B)
530 The relationship between BCI at admission and k_G for chicks in 2012/13 that were released
531 ($n = 181$). The LMM fit (solid line) and 95% confidence intervals (dashed lines) are shown.

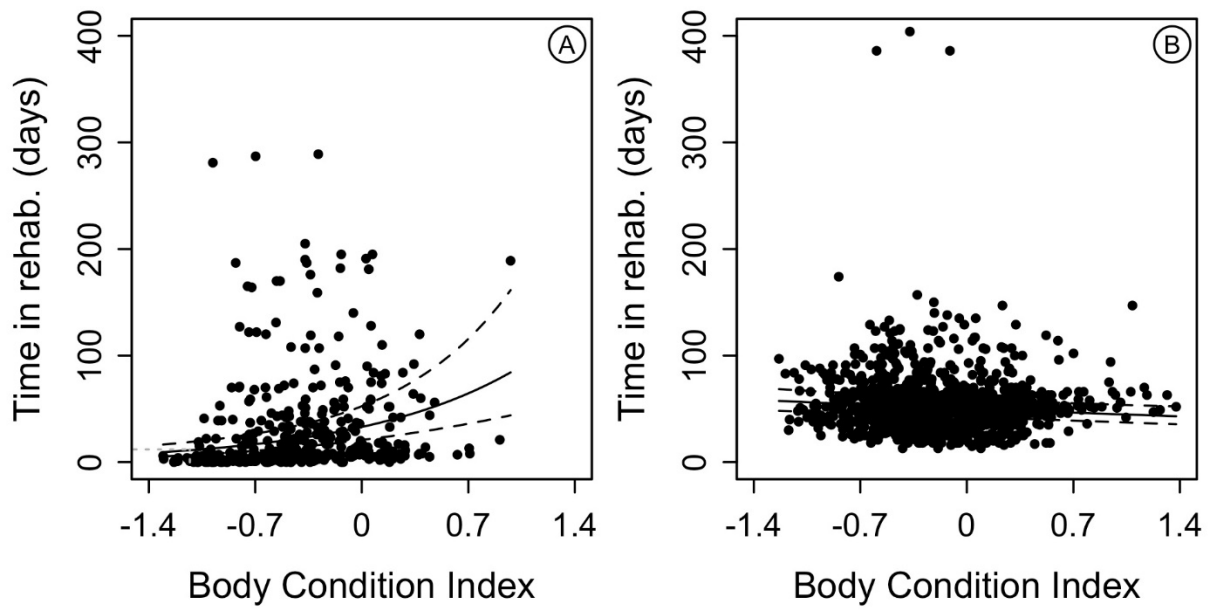
532 Figures

533 Figure 1



534

535 Figure 2

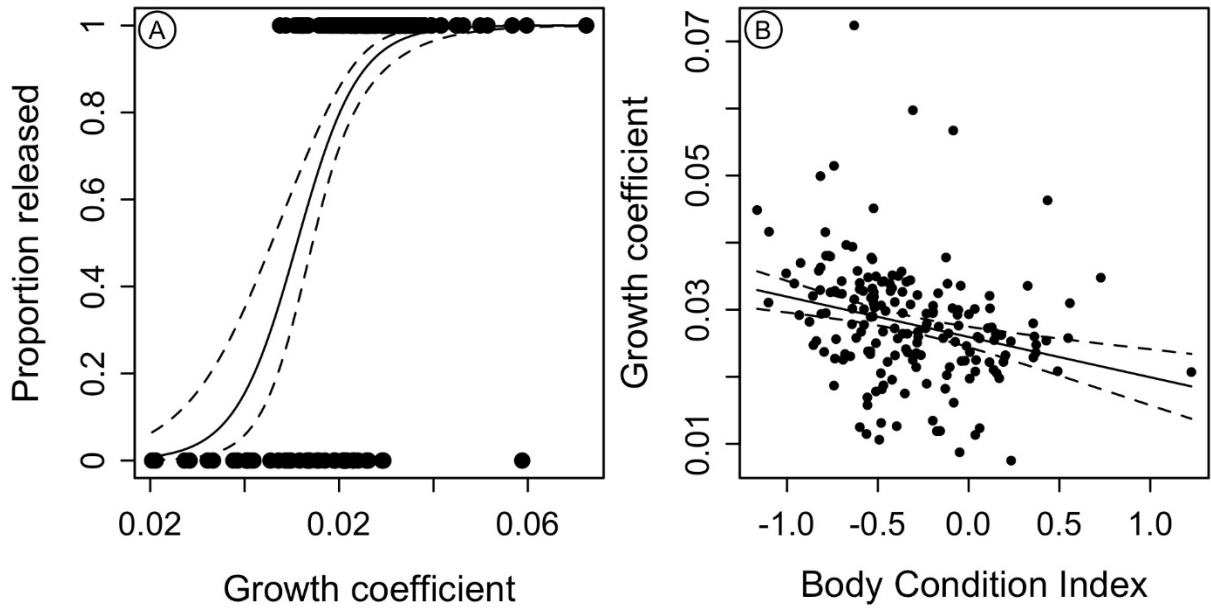


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539 Figure 3



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542 Tables

543 Table 1. Results of the binary cross-validation using the test set of 100 chicks and model
 544 predictions from the generalised-linear mixed-model relating rehabilitation outcome to BCI at
 545 admission for n = 1455 chicks (see Fig. 1).

| | | Predicted | | Total | % correct |
|----------|----------|-----------|----------|-------|-----------|
| | | Died | Released | | |
| Observed | Died | 1 | 31 | 32 | 3.1 |
| | Released | 0 | 68 | 68 | 100 |
| Total | | 1 | 99 | 100 | 69 |

546 Model predicted response ≥ 0.5 = 'Released', < 0.5 = 'Died'.

547

548 Table 2. Model selection results for generalised-linear mixed-models relating morphometric
 549 measurements at admission to rehabilitation success of 173 African penguin chicks admitted
 550 to SANCCOB between September 2012 and February 2013 (2012/13 cohort).

| Model | K | AICc | Δ AICc | AICc Weight | Effect direction | Marginal R ² |
|-----------------|---|-------|---------------|-------------|------------------|-------------------------|
| BCI + BL + Mass | 5 | 202.5 | 0.00 | 0.298 | +,+,- | 0.253 |
| BCI + BL + Sex | 5 | 202.7 | 0.23 | 0.266 | +,+,M | 0.252 |
| BCI + BL | 4 | 202.9 | 0.43 | 0.240 | +,+ | 0.243 |
| BCI+BL+FT | 5 | 203.7 | 1.15 | 0.167 | +,+,- | 0.247 |
| Intercept only | 2 | 224.8 | 22.27 | 0.000 | NA | NA |

551 Models contributing to 90% of the summed AICc weight and the null model (intercept only)
 552 are shown. K = number of estimated parameters, AICc = Akaike's Information Criterion for
 553 small sample sizes, Δ AICc = difference to the lowest AICc value, AICc Weight = the
 554 relative support for each model. +/- indicates direction of each effect with respect to the
 555 order they appear in the model name. For Sex, M = higher average rehabilitation success
 556 for males. BCI = body condition index, BL = bill length, FL = flipper length, FT = foot
 557 length. NA = not applicable. The full model set is shown Table S2, Supporting Information.