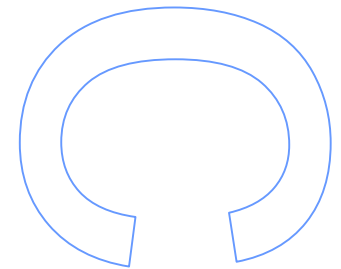
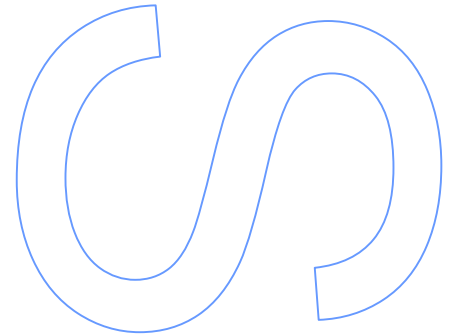
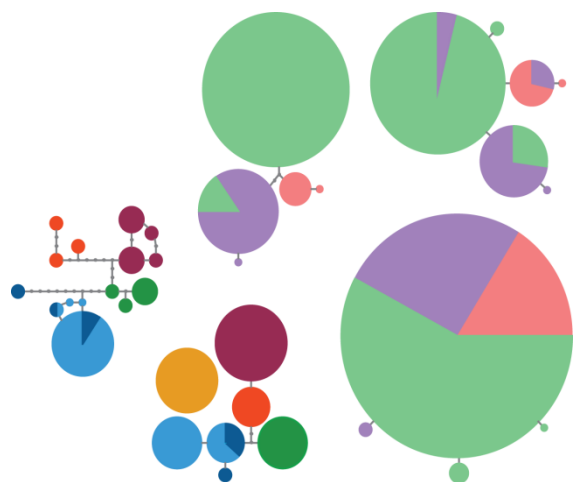


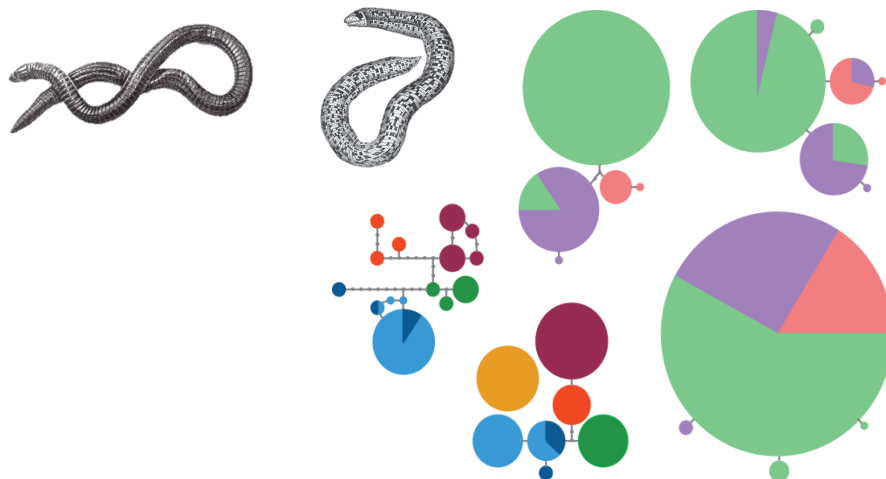
Phylogenetic and phylogeographic patterns in Mediterranean worm lizards



Cryptic diversity in *Blanus* and *Trogonophis*

Filipa Leão Sampaio
2012





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Mestrado em Biodiversidade, Genética e Evolução

Departamento de Biologia (FCUP)

CIBIO-UP – Centro de Investigação em Biodiversidade e Recursos Genéticos

2012

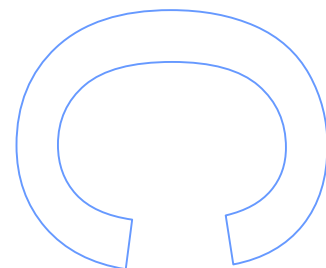
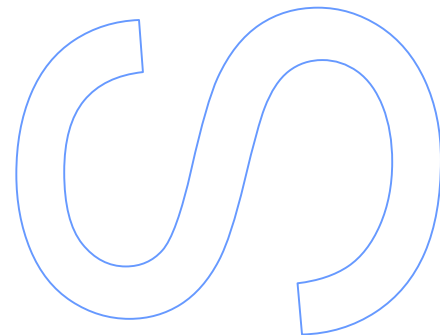
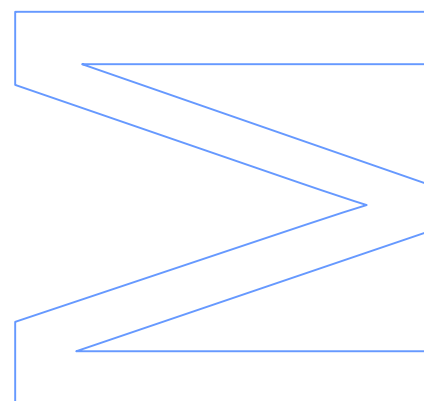
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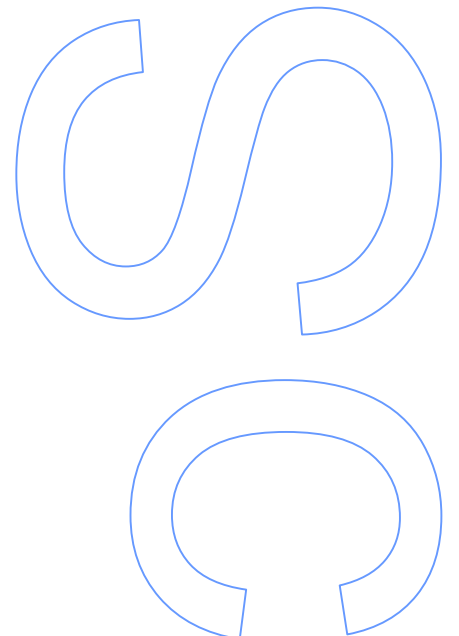
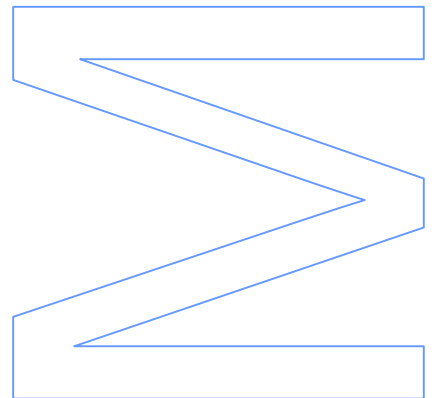


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Filipa Leão Sampaio

Dissertação de Mestrado em Biodiversidade, Genética e Evolução
apresentada à Faculdade de Ciências da Universidade do Porto



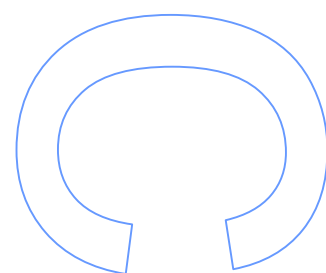
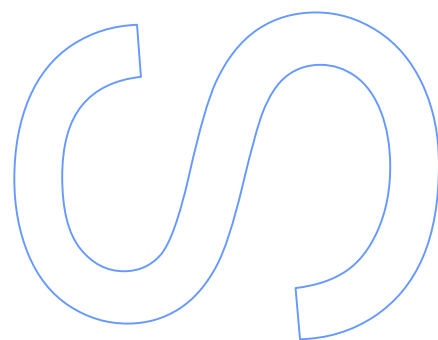
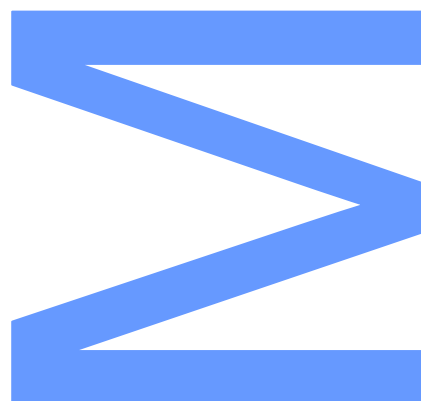
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O Presidente do Júri,

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RESUMO

As relações evolutivas em anfisbenídeos (sub-ordem Amphisbaenia) desde sempre foram controversas. Um dos motivos mais plausíveis para tal está relacionado com o seu comportamento fossorial, o que os torna difíceis de encontrar e examinar em número suficiente. Na Bacia Mediterrânica existem dois géneros de anfisbenídeos – *Blanus* (Amphisbaenia: Blanidae) e *Trogonophis* (Amphisbaenia: Trogonophidae). Actualmente estão descritas cinco espécies para o género *Blanus*, que tem uma distribuição circum-mediterrânica: *B. cinereus* e *B. mariae* ocorrem na Península Ibérica; *B. tingitanus* e *B. mettetalis* estão distribuídos pelo norte e oeste de Marrocos, respectivamente; e *B. strauchi* está presente na Turquia, Grécia e Médio Oriente. *T. wiegmanni* é o único representante da família Trogonophidae no Norte de África. É um género monotípico, com duas subespécies: *T. w. elegans* é endémico do oeste de Marrocos e *T. w. wiegmanni* está distribuído no este de Marrocos, na zona norte da Argélia e no oeste da Tunísia. Estudos genéticos recentes encontraram níveis elevados de diferenciação genética entre taxa morfológicamente semelhantes. No entanto, estes resultados são principalmente baseados em sequências mitocondriais e é necessária mais pesquisa com marcadores nucleares. Os objectivos desta dissertação são avaliar os níveis de diversidade genética, identificar relações filogenéticas e padrões filogeográficos nos géneros *Blanus* e *Trogonophis*, e verificar se a actual taxonomia está de acordo com os resultados obtidos. O estudo foi realizado com a análise de fragmentos de múltiplos marcadores mitocondriais e nucleares. Nos *Blanus*, os resultados demonstraram três clados principais de acordo com as espécies Ibéricas, do Norte de África e da Anatólia, sendo a última basal às restantes espécies do género. Redes de haplótipos nucleares suportam a distinção genética da espécie recentemente descrita para a Península Ibérica *B. mariae*, e também indicam que a sua distribuição é maior. Adicionalmente, os resultados revelam que *B. tingitanus* tem duas linhagens em Marrocos – uma a norte e outra restrita a sul do Rif e a norte do Atlas Médio. Também em *B. mettetalis* e *B. strauchi* grandes variações genéticas foram detectadas, apesar das poucas amostras disponíveis para o estudo, sugerindo a existência de espécies crípticas nestes taxa e a necessidade de mais pesquisa. Relativamente ao género *Trogonophis*, a estimativa de relações entre *T. wiegmanni* revelaram três clados – dois correspondentes a *T. w. elegans* e *T. w. wiegmanni* em Marrocos, e um clado basal com amostras de *T. w. wiegmanni* da Argélia e Tunísia. Em Marrocos, a variação morfológica, a variação genética e os requisitos ecológicos aparentemente diferentes de *T. w. elegans* e *T. w. wiegmanni* são indicadores de que estas duas formas poderão ser consideradas diferentes espécies, e por isso deverão ser consideradas para revisão taxonómica. Para

além disso, as amostras da Argélia e Tunísia, são consideradas *T. w. wiegmanni*, e por isso esta subespécie é parafilética. A divergência genética entre as amostras da Argélia e da Tunísia dos restantes clados de Marrocos mostra a necessidade de produzir estudos morfológicos para que características morfológicas de diagnóstico possam ser identificadas. Os resultados desta tese apontam para a presença de linhagens crípticas e a necessidade de fazer uma revisão taxonómica nestes géneros. No entanto, mais análises moleculares e morfológicas, especialmente nas potenciais zonas de contacto, irão ser necessárias para obter informações adicionais sobre a história evolutiva de anfisbenídeos da Bacia Mediterrânica.

PALAVRAS-CHAVE

Bacia Mediterrânica, Amphisbaenia, Blanidae, Trogonophidae, DNA mitocondrial, DNA nuclear

ABSTRACT

The evolutionary relationships of worm lizards (sub-order Amphisbaenia) have long been controversial – possibly due to their fossorial habits – which make them difficult to examine in large numbers. In the Mediterranean Basin, two genera of amphisbaenids occur – *Blanus* (Amphisbaenia: Blanidae) and *Trogonophis* (Amphisbaenia: Trogonophidae). Currently, there are five species recognized for the genus *Blanus*, which has a circum-Mediterranean distribution: *B. cinereus* and *B. mariae*, occur in the Iberian Peninsula; *B. tingitanus* and *B. mettetalis*, are distributed across northern and western Morocco, respectively; and *B. strauchi* occurs in Turkey, Greece and the Middle East. *T. wiegmanni* is the only representative of the family Trogonophidae in North Africa. It is a monotypic genus, with two subspecies: *T. w. elegans* is endemic to western Morocco and *T. w. wiegmanni* is distributed in central and eastern Morocco, northern Algeria and western Tunisia. Recent genetic studies have revealed high levels of genetic differentiation between morphologically similar forms in these taxa. However, these results are mainly based on mitochondrial sequence data and need to be further investigated with nuclear markers. The aim of this thesis was to identify levels of genetic diversity, phylogenetic relationships and phylogeographic patterns in the genera *Blanus* and *Trogonophis*, also to assess if the current taxonomy is congruent with the results obtained, and highlight key matters to be addressed in future studies. Phylogenetic relationships were determined by analysing multiple mitochondrial and nuclear gene fragments. For *Blanus*, results showed three main clades in agreement with the Iberian, North African and Anatolian species, with the latter species being the most basal within the genus. Nuclear network analyses supported the genetic distinctiveness of the recently described *B. mariae*, and there is also indication that its distribution is wider than previously known. Moreover, the results revealed that *B. tingitanus* in Morocco has two lineages – one in northern Morocco and another confined to the south of the Rif and north of the Middle Atlas. Also within *B. mettetalis* and *B. strauchi*, high genetic variation was found despite the few samples available, suggesting the existence of cryptic species in these taxa and thus the need for further research. Regarding the genus *Trogonophis*, the estimate of relationships within *T. wiegmanni* revealed three clades within this taxon – two clades corresponding to *T. w. elegans* and *T. w. wiegmanni* from Morocco, and a basal clade with *T. w. wiegmanni* samples from Algeria and Tunisia. In Morocco, the morphological variation, genetic divergence and apparently different ecological requirements of *T. w. elegans* and *T. w. wiegmanni* indicate that these two forms might correspond to different species, and thus could be considered for taxonomical revision. Also, the analysed samples from Algeria and

Tunisia are currently considered to be *T. w. wiegmanni*, thus making this form paraphyletic. The divergence between Algerian and Tunisian samples from the remaining Moroccan clades indicates that further morphological assessment is required to determine if diagnostic characters can be identified. This thesis results highlight the cryptic nature of these lineages and the need to perform a taxonomic revision in these genera. Further molecular and morphological analyses, particularly in potential contact zones, will also be advisable to provide further insights into the evolutionary history of amphisbaenians from the Mediterranean Basin.

KEYWORDS

Mediterranean Basin, Amphisbaenia, Blanidae, Trogonophidae, mitochondrial DNA, nuclear DNA

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I. INTRODUCTION

1. SPECIES AND CRYPTIC DIVERSITY

Up until this day the definition of 'species' still remains a controversial topic in evolutionary biology. However, nowadays it is broadly accepted that this term is not fixed and contemporary biological diversity has discontinuities along morphological, genetic and ecological axes (Niemiller et al., 2012). For a long time morphology has been used as the main tool for taxonomists to describe and identify species (Mayr, 1949). Nevertheless, the development of molecular techniques has uncovered unexpectedly high levels of genetic diversity. Even though biodiversity is mostly discussed at species or even higher taxonomical level, intraspecific genetic variation is also an integral part of biodiversity (Taberlet et al., 1998). Therefore, the level of genetic diversity is an important tool to be used as a complementary strategy to more traditional conservation approaches, when prioritizing populations for protection purposes (Bonin et al., 2007).

Indeed, molecular data have changed the way biodiversity is perceived. For instance, it has enabled the discovery of cryptic species, *i.e.*, species which are morphologically similar but genetically well differentiated and reproductively isolated (Bickford et al., 2007). In some cases, morphological similarity may be due to convergence and genetic markers can provide powerful information for disentangling evolutionary relationships. Even though the concept of cryptic species is not new (Winker, 2005), in the last decades molecular tools have been effective in identifying cryptic diversity, and the number of described cryptic species has been significantly increasing (Bickford et al., 2007 and references therein).

Particularly interesting cases are phylogenetic studies which have found discordance between morphological and genetic differentiation in subterranean taxa. Fossorial organisms have evolved in extreme environmental settings, limiting possible adaptive responses in which organisms are able to adapt (Nevo, 2001). Thus, morphological changes associated with speciation may often be reduced or non-existent (Bickford et al., 2007), or there may be morphological convergence of adaptive characters. Therefore in subterranean taxa, species delimitation based on morphology is particularly difficult due to the possible occurrence of morphological convergence (Niemiller et al., 2012). In these cases, biodiversity assessment based only on morphological traits could be strongly biased (Lefébure et al., 2006).

Amphisbaenians are a group of squamate burrowing reptiles which have been recently the focus of molecular analyses with mitochondrial markers. Recent studies have recovered highly complex phylogenetic relationships, revealing the existence of cryptic diversity, with high genetic variation in morphologically indistinguishable taxa. However,

these results are based mainly on mitochondrial data. Even though it used to be a common practice in phylogenetic studies, setbacks to the use of only this type of molecular marker to infer diversity and phylogenetic patterns are currently known.

2. MOLECULAR MARKERS IN THE ASSESSMENT OF CRYPTIC DIVERSITY

In the last decades, many phylogenetic and phylogeographic studies of herpetofauna have relied only on mitochondrial DNA (mtDNA) sequence variation. In fact, mtDNA analyses have been considered to be adequate to assess cryptic species with similar morphology (Slade and Moritz, 1998). Mitochondrial DNA has several properties that make it suitable to infer evolutionary relationships (Avice, 2000; Avice et al., 1987). It can be easily obtained due to high copy number in cells; it has a small genome size and simple sequence organization; it is transmitted maternally, having a non-recombining mode of inheritance; evolves rapidly in animal populations and has extensive intraspecific polymorphism (Avice, 2000). Even though mtDNA may be extremely useful to address phylogenetic studies because of its characteristics, the application of a single locus approach may lead to misleading interpretations. The representation of a single locus may not necessarily reflect species evolutionary history, which could lead to a biased interpretation of the results. Also, it may not detect introgression and incomplete lineage sorting phenomena (reviewed in Ballard and Whitlock, 2004; Bazin et al., 2006; Zhang and Hewitt, 2003).

Due to the downsides of the use of only mtDNA sequences, recently it has been a more common approach the inference of phylogenies based on multilocus datasets, constituted by a combination of multiple mitochondrial and nuclear markers. These are more valuable to perform more robust phylogenies and give further insights on the evolutionary relationships of the taxa under study.

3. PHYLOGENETIC INFERENCE ANALYSES

The progress of laboratory procedures to amplify DNA fragments has led to an increase of DNA data in the last decades. Also, an interest on the estimation of taxa evolutionary history has arisen and improved methodologies and computational procedures have been designed to make phylogenetic inferences based on DNA sequences. There are currently several methods available to reconstruct phylogenetic trees such as maximum parsimony, maximum likelihood and Bayesian inference. These methods are used for depicting relationships on a deeper level, among species.

Maximum likelihood (ML) is a method of statistical inference to estimate an evolutionary tree from DNA sequences (Felsenstein, 1981) based on a chosen model of sequence evolution. It assigns quantitative probabilities to mutational events to compare possible phylogenetic trees and find the evolutionary tree which best predicts the observed data (Felsenstein, 1981; Makarenkov et al., 2006). There are various software available to perform ML analysis – PAUP (Swofford, 2003), GARLI (Zwickl, 2006), PHYML (Guindon and Gascuel, 2003) and RAXML (Stamatakis, 2006).

In a Bayesian inference (BI) analysis, the inference on phylogeny is based on the posterior probabilities of a tree (Huelsenbeck and Bollback, 2001b; Huelsenbeck and Ronquist, 2001). MRBAYES (Huelsenbeck and Ronquist, 2001) implements this analysis with a Markov chain Monte Carlo (MCMC) approach to approximate the posterior probabilities of a tree distribution of topologies.

Most ML and BI analyses employ models of DNA substitution, so that the appropriate model for each alignment is used in the phylogenetic analysis. To select the appropriate model, there is software available, such as MODELTEST (Posada and Crandall, 1998) or JMODELTEST (Posada, 2008).

For more shallow phylogenies, at the intraspecific level, phylogenetic relationships are better represented by networks, because they offer more resolution of the relationships among haplotypes, than phylogenetic trees. This is also an important tool for dealing with genes at population level (Makarenkov et al., 2006).

There are many methods and software available that produce networks, being often used in phylogenetic and population genetics studies. For instance, median-joining in NETWORK (Fluxus Technology; Bandelt et al., 1999), or statistical parsimony approach implemented in TCS (Clement et al., 2000). The method developed by Templeton et al. (1992) (TCS) collapses identical sequences into haplotypes and calculates the haplotypes' frequency. Missing intermediates are also estimated. The statistical parsimony algorithm estimates the maximum number of differences among haplotypes which are caused by single substitution events with a 95% parsimony connection limit (by default the limit of parsimony is 95%, but it can be used a cut-off between 90 to 99%). This translates into the maximum number of single nucleotide mutations that can be connected in a single haplotype network; haplotypes separated by more mutational steps remain disconnected. The statistical parsimony method implemented in TCS connects haplotypes with small differences, displaying the similarities rather than the dissimilarities between the haplotypes (Clement et al., 2000; Makarenkov et al., 2006).

4. AMPHISBAENIANS

Amphisbenians are an ancient group of fossorial squamate reptiles, morphologically adapted to a burrowing lifestyle. These reptiles often superficially resemble earthworms, thus being commonly known as worm lizards. They belong to the sub-order Amphisbaenia, constituted by six families and over 160 species (Gans, 2005; Hembree, 2006; Vidal et al., 2008) (Figure 1). Presently, this is a widespread reptile group present in North and South America, Africa, southern Europe and western Asia (Hembree, 2006; Kearney, 2003; Kearney and Stuart, 2004). The known fossil record shows an ancient broader distribution of this group in North America, Africa and Europe (Hembree, 2006; Kearney, 2003).

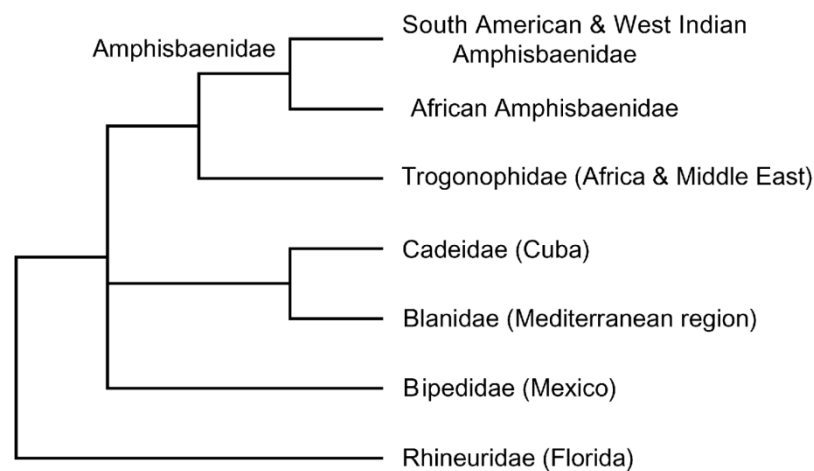


Figure 1 Higher-level phylogeny of amphisbaenids based on Vidal et al. (2008), with additional data from Kearney and Stuart (2004). African amphisbaenids are paraphyletic. (Vidal and Hedges, 2009)

Amphisbaenians have had an early evolutionary origin, predating the geological separation of Pangea 200 million years ago (MYA). This was first suggested by Gans (1990), based on their modern biogeography. The author proposed a western Mediterranean origin and the necessity for faunal exchange between Africa and South America before these continents separated. More recently, this hypothesis has been supported by morphological (Kearney, 2003) and molecular phylogenies (Kearney and Stuart, 2004; Macey et al., 2004), and paleobiogeographic studies (Hembree, 2006).

Even though these vertebrates have low dispersal abilities (Albert et al., 2007; Hembree, 2006; Kearney, 2003; Macey et al., 2004; Navas et al., 2004), it has been suggested that oceanic dispersal may have had a considerable impact on their current distribution on both sides of the Atlantic (Vidal et al., 2008).

Amphisbaenia evolutionary origins and relationships have long been under study (Gans, 1978). Molecular data indicate a relationship between amphisbaenians with

lacertids, a clade of Old World terrestrial lizards, while morphological evidence groups them with snakes and other limbless squamates (reviewed in Müller et al., 2011). Recently, Müller et al. (2011) found a new lacertid-like lizard from the Eocene in Germany, being the first morphological evidence for lacertid-amphisbaenian monophyly. This discovery supported the view that body elongation and limblessness in amphisbaenians and snakes evolved independently. Their results also indicated that head-first burrowing evolved before body elongation, thus being an exceptional first step in the evolution of burrowing behaviour in amphisbaenians.

Amphisbenids live in subterranean environments, exhibiting several morphological traits which indicate extreme adaptations to a burrowing behaviour. Worm lizards have a strongly reinforced skull for head-first burrowing and there are different head shapes associated with specific tunnelling behaviours (Gans, 1974; Kearney, 2003; Kearney and Stuart, 2004). Their eyes are covered with skin, having a reduced vision, but still are sensitive to light (Schleich et al., 1996). Amphisbaenians have an elongated body with a short tail (Schleich et al., 1996) and are limbless, with the exception of the three species of the genus *Bipes*, which have front limbs (Kearney, 2003; Kearney and Stuart, 2004; Schleich et al., 1996). Also, it has been noted that *Bipes* and *Blanus* have internal vestiges of hind-limbs (Renous et al., 1991; Zangerl, 1945).

Subterranean environments constitute onerous conditions for animals to evolve in, producing morphological pressures on burrowing taxa in order to adapt to that habitat (Lefébure et al., 2006). Diversity of possible adaptive responses tend to decline with stress intensity (Nevo, 2001), a factor that may be responsible for convergent evolution of morphological traits in amphisbenians. In general, the geographic separation of the selective environment should favour multiple origins of a trait. In other words, the trait may evolve wherever the selective environment is encountered, and the spread of a lineage to different geographically isolated regions containing this same selective environment may lead to multiple origins (Wiens et al., 2006). There are several squamate clades that have suffered limb loss or reduction. Studies have shown that this has occurred at least 25 times during squamate evolution (Wiens et al., 2006) and at least three times in amphisbaenids (Kearney and Stuart, 2004). There also are difference cranial types associated with distinct burrowing behavior (Gans, 1974), having evolved independently on different continents (Kearney, 2003; Kearney and Stuart, 2004).

In cases of extreme environments with adaptive morphological evolution, it may be observed a disjunction between molecular and morphological data. Levels of genetic diversity of fossorial taxa may be underestimated due to morphological convergence (Lefébure et al., 2006). Additionally, the inference of squamates – and amphisbaenians in

particular – evolutionary history based on homoplastic morphological characters such as limb reduction or cranium shape may lead to misleading phylogenetic interpretations (Kearney, 2003; Kearney and Stuart, 2004; Mott and Vieites, 2009; Wiens et al., 2006). In such cases, molecular phylogenies are more informative than morphology to infer evolutionary history of taxa (Avice, 2004).

Reptiles have relatively limited dispersal ability and are very dependent on environmental conditions, thus being more susceptible than other groups to changes in temperature and humidity. Hence, they are considered as good models to infer biogeographic scenarios. Moreover, amphisbaenids early evolutionary ancestry and unique habits make them an interesting group to study evolutionary patterns and are a candidate group for cryptic species to occur.

However, worm lizards remain a poorly studied group of reptiles, with sparse knowledge on ecology and geographic distribution (Kearney, 2003). Besides that, models of speciation and phylogeographic patterns and the evolutionary relationships of amphisbaenians are still under investigation (Albert et al., 2007; Bezy et al., 1977; Macey et al., 2004; Mulvaney et al., 2005; Pearse and Pogson, 2000). This lack of knowledge is mainly due to their digging and secretive behaviour, which makes them animals quite challenging to find (Kearney and Stuart, 2004). That is possibly why so far not many studies have been conducted to infer levels of genetic diversity and intraspecific phylogenies on amphisbaenids. Nevertheless, evidence of cryptic diversity has been found in several amphisbaenids studied using mitochondrial markers. In a recent study on the only amphisbaenian in the United States, the Florida worm lizard *Rhineura floridana* (Baird, 1858) (Amphisbaenia: Rhineuridae), Mulvaney et al. (2005) found divergent evolutionary lineages within *R. floridana*, with high mtDNA differentiation between south-central and in the north-central and northern Florida populations, suggesting a future taxonomic revision. Besides this case, more recent studies on Mediterranean amphisbaenids taxa have revealed interesting molecular results, pointing out to the existence of cryptic species complexes (Albert and Fernández, 2009; Albert et al., 2007; Mendonça and Harris, 2007; Vasconcelos et al., 2006). Nevertheless, those phylogenies have been inferred based mainly on mitochondrial data and require further investigation with nuclear genes.

4.1. CASE STUDIES

4.1.1. *BLANUS* WORM LIZARDS

There are currently five species described in the genus *Blanus* Wagler, 1830 (Figure 2), which has a Mediterranean distribution (Kearney, 2003) (Figure 3) – *Blanus cinereus* (Vandelli, 1797); *Blanus mariae* Albert and Fernández, 2009; *Blanus tingitanus* Busack, 1988; *Blanus mettetalii* Bons, 1963; and *Blanus strauchi* Bedriaga, 1884.



Figure 2 *Blanus* specimens.

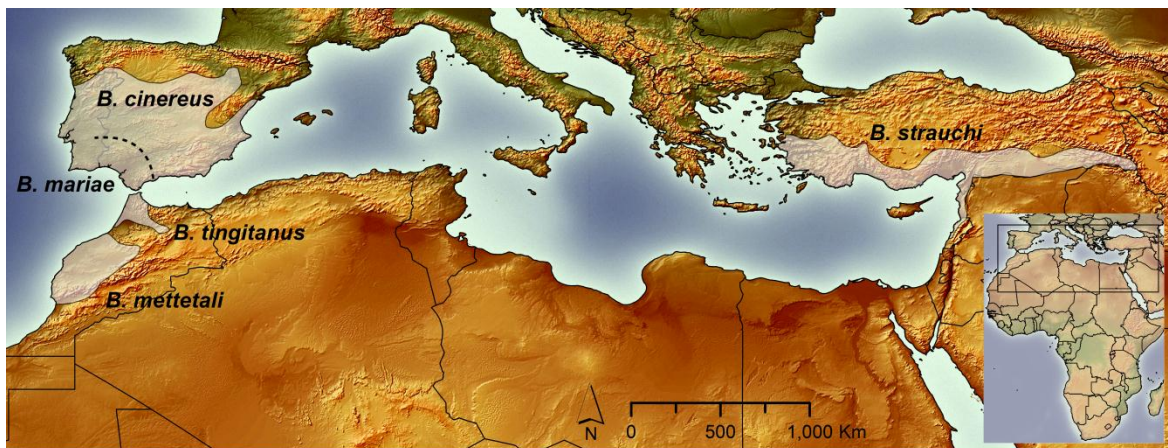


Figure 3 Map with the region where *Blanus* species occur. Distribution range of each species according to IUCN (2012).

In North Africa occur *B. tingitanus* and *B. mettetalii*. The former is endemic to north Morocco, occupying all the Tingitana peninsula, north of Rabat, in areas with humid and sub-humid climate (Bons and Geniez, 1996). It has three pre-anal pores on each side and has a sepia colouration (Schleich et al., 1996). *B. mettetalii* is endemic to west Morocco, south of Rabat and west Atlas, in habitats with temperate to warm winters and sub-humid and semi-arid climate (Bons and Geniez, 1996; Schleich et al., 1996). This species has a violet brown to light pink colouration and four, five or six pre-anal pores on each side (Schleich et al., 1996). *B. tingitanus* and *B. mettetalii* can be distinguished by morphological

characters, while *B. tingitanus* can only be differentiated from the Iberian *Blanus* genetically (Schleich et al., 1996).

B. cinereus is commonly known as the Iberian worm lizard, where it occurs. Recent studies on this taxon (Albert and Fernández, 2009; Albert et al., 2007; Vasconcelos et al., 2006) have led to the description of a new species for the southwestern region of the Iberian Peninsula – *B. mariae* – by Albert and Fernández (2009), based on molecular and morphological evidences. Morphologically, *B. mariae* is similar in colour and patterns to *B. cinereus* (Albert and Fernández, 2009).

B. strauchi has three subspecies described – *B. strauchi strauchi* (Bedriaga, 1884), *B. s. bedriagae* Boulenger, 1884 and *B. s. aporus* Werner, 1898. This species has a discontinuous range of distribution across Asia Minor, being separated by mountain ranges and the Mediterranean, in Turkey, Greece, and the Middle East, including Lebanon, Palestine and eastern Iraq (Alexander, 1966; Sindaco et al., 2000).

Even though the fossil record on *Blanus* is limited, it shows a wider distribution in Europe than the one presently observed (Albert et al., 2007; Alexander, 1966; Hembree, 2006). The current separation between eastern and western Mediterranean *Blanus* may be the consequence of the extinction of populations located in the geographically intermediate regions, before the mid-Miocene (Albert et al., 2007). The presently existing groups may constitute the southernmost extreme European range of a glacier-forced migration and the distribution gap present nowadays may represent areas that are not ecologically suitable for amphisbaenids (Alexander, 1966).

Although initially the differentiation of the Iberian and North African species was proposed to have occurred after the opening of the Strait of Gibraltar in the late Miocene, approximately 5.3 MYA (Vasconcelos et al., 2006), Albert et al. (2007) considered that the divergence between the Iberian and African lineages could be more ancient, having occurred during the reopening of the Betic corridor, 8-9 MYA.

The phylogenetic position of *Blanus* among amphisbaenids families has long been troublesome. This genus used to be grouped within the family Amphisbaenidae, until recent phylogenetic analyses based on morphological traits by Kearney (2003) concluded that *Blanus* is distantly related to other genera of Amphisbaenidae, creating a new family – Blanidae. Besides that, taxonomic history of the species within the genus has been suffering changes in the last couple of decades, based on genetic and morphological findings. Up until recently, *Blanus* was considered to have only two species, *B. strauchi*, restricted to Asia Minor, and *B. cinereus* with a western Mediterranean distribution in the Iberian Peninsula and Morocco. The latter had two subspecies – *B. c. cinereus* in the Iberian Peninsula and north Morocco, and *B. c. mettetalii* for the rest of Morocco. Based on

high genetic distances of allozyme electrophoretic data and morphological comparisons, Busack (1988) distinguished Iberian from North African populations. European populations retained the name *B. cinereus*, while a new species was described endemic to north Morocco, *B. tingitanus* and southern Morocco populations were elevated to species status – *B. mettali*.

More recent phylogenetic studies were conducted, revealing unexpectedly high levels of genetic diversity within the western distribution of this genus. Vasconcelos et al. (2006) (Figure 4) found three well supported monophyletic clades based on mitochondrial sequences analyses: one for the northern Moroccan samples, corresponding to *B. tingitanus*, and two clades corresponding to *B. cinereus* samples. In Morocco, this study described two well supported mitochondrial lineages within *B. tingitanus*, between the northern samples from the Rif Mountains and the ones from Taza, with 4.2% sequence divergence based on ND4 sequences. The authors also found two clades within Iberian Peninsula, with 10-12% sequence divergence (ND4) between these two clades. A few samples were also analysed with the nuclear marker CMOS, which supported mitochondrial analyses results. Based on the levels of genetic divergence, the authors suggested this could represent a species complex in the Iberian Peninsula.

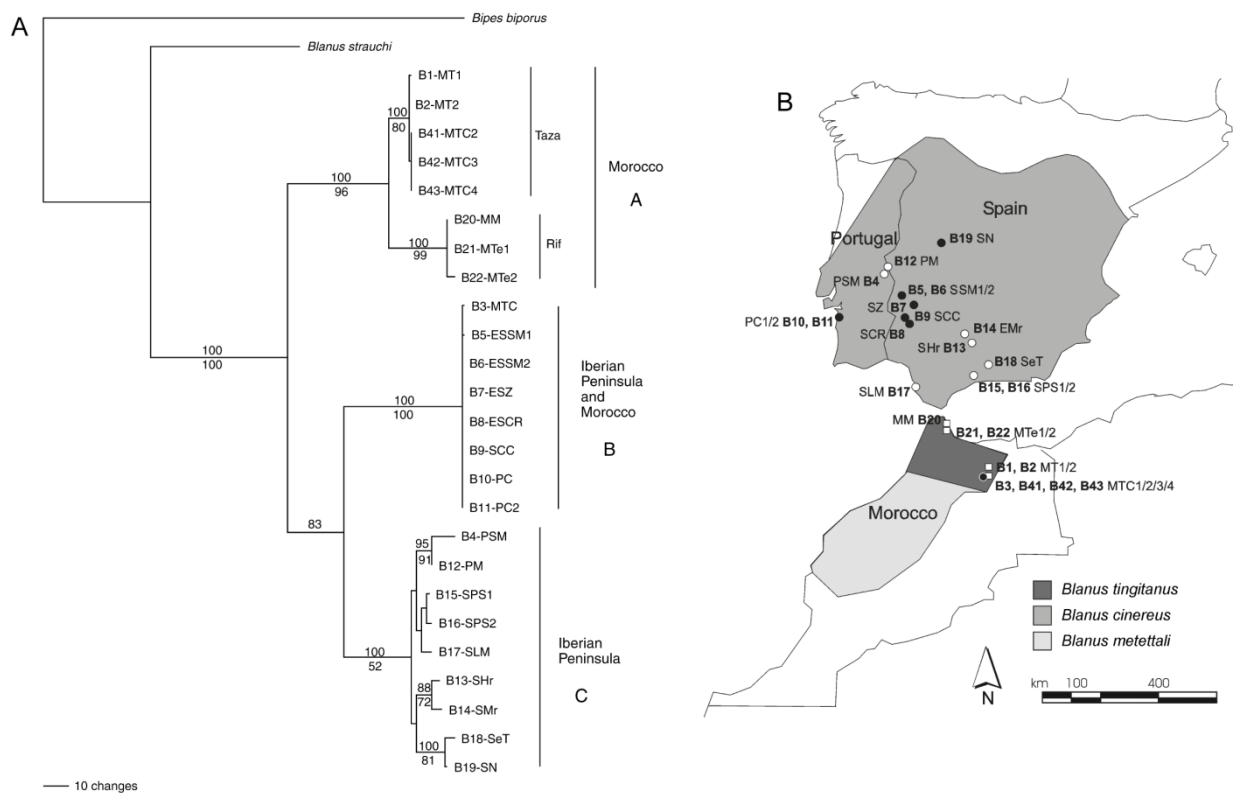


Figure 4 (A) Maximum parsimony (MP) tree inferred from *Blanus* ND4 mitochondrial sequences. Bootstrap support for MP and maximum likelihood analyses are indicated above and below the nodes. **(B)** Map showing sampled localities. Figures adapted from Vasconcelos et al. (2006).

In fact, another study by Albert et al. (2007) (Figure 5) using 16S and ND4 mitochondrial sequences and one anonymous nuclear marker revealed similar results. *B. strauchi* was recovered as a sister group to the remaining *Blanus* species; North African *Blanus* formed a monophyletic group, which is the sister group of another clade including all Iberian haplotypes. Within the Iberian clade, two distinct monophyletic groups were recovered with genetic distance (10.5–12.4% uncorrected *p*-distance for ND4) – as high as those found between *B. mettetali* and *B. tingitanus* (12.3%) (Albert et al., 2007). These results led to description of a new species for the south western region of the Iberian Peninsula – *B. mariae* – based on molecular and morphological evidence by Albert and Fernández (2009). While this was tentatively accepted in a recent checklist of European herpetofauna (Speybroeck et al., 2010), it was noted that it is “impossible to really evaluate the degree of concordance between nuclear and mtDNA data”, and further state that it is not clear if morphological differences are maintained near contact zones.

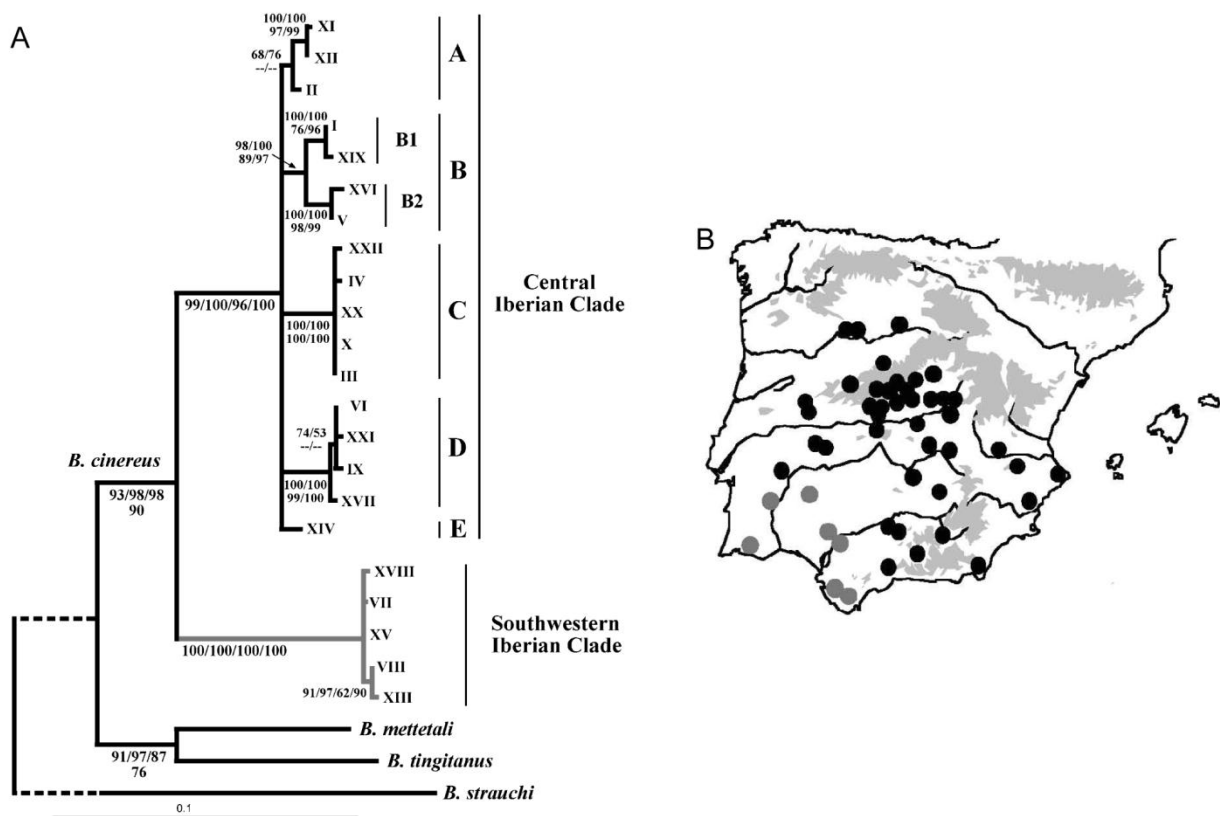


Figure 5 (A) Maximum likelihood (ML) tree based on Iberian *Blanus* ND4 and 16S mitochondrial haplotypes. Numbers on each node represent from top to bottom, ML bootstrap values, Bayesian posterior probabilities, maximum parsimony (MP) and minimum evolution bootstrap values. Nodes with either ML or MP bootstrap values above 70% are shown, otherwise are collapsed. **(B)** Map of the Iberian Peninsula showing sampling localities of *Blanus cinereus*. Grey dots represent populations of the southwestern clade, and black dots represent populations of the central clade. Figures adapted from Albert et al. (2007) and Albert and Fernández (2009).

4.1.2. THE CHECKERBOARD WORM LIZARDS – *TROGONOPHIS*

Trogonophis wiegmanni Kaup, 1830 (Figure 6) is the only representative of the Trogonophidae family in North Africa. This species is endemic to the Maghreb, ranging from southwest Morocco to northeast Tunisia, within a Mediterranean biome (Bons and Geniez, 1996) (Figure 7). *T. wiegmanni* is the only species of the genus, having two currently recognized subspecies: *T. wiegmanni wiegmanni* Kaup, 1830 and *T. wiegmanni elegans* (Gervais, 1835) (Bons and Geniez, 1996; Schleich et al., 1996). *T. w. wiegmanni* is distributed in central and eastern Morocco, northern Algeria and western Tunisia (Gans, 2005). This subspecies inhabits relatively dry regions, being found in altitudes up to 1600 meters (m) (Schleich et al., 1996). *T. w. elegans* is endemic to western Morocco, ranging from the Rif to Souss Valley in southwest Morocco, except in the highest mountains, being seldom found higher than 900 m. It occupies relatively moist regions influenced by the temperate Atlantic climate (Bons and Geniez, 1996; Schleich et al., 1996). The apparently very different ecological demands of both forms suggest a considerable step towards speciation (Schleich et al., 1996).



Figure 6 *Trogonophis wiegmanni* specimens.

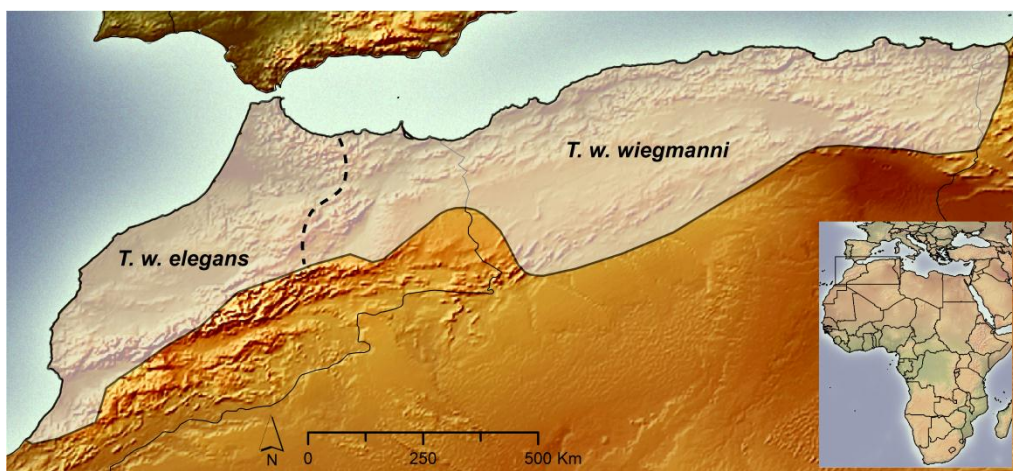


Figure 7 Map with the region where *Trogonophis wiegmanni* occurs, with its distribution range according to IUCN (2012).

Morphologically, this eyeless worm-like lizard has scales arranged in annuli, a short and conical tail, and a chessboard pattern (Schleich et al., 1996), hence its common name – checkerboard worm lizard. Colouration is different in the two subspecies – *T. w. wiegmanni* has a ground yellow colour and *T. w. elegans* has a malve or pink colouration, particularly visible in juveniles (Bons and Geniez, 1996; Schleich et al., 1996). However, the yellow pigmentation of *T. w. wiegmanni* tends to disappear in preserved specimens, making it is impossible to distinguish morphologically between the two subspecies (Schleich et al., 1996). It has been observed specimens from Algeria (La Chiffa and Biskra) which were fuliginous grey and may represent a third subspecies (Schleich et al., 1996).

Mendonça and Harris (2007) studied levels of genetic variation based on mitochondrial sequences of 12S and 16S rRNA (Figure 8). Phylogenetic analyses showed two monophyletic clades corresponding to *T. w. elegans* and *T. w. wiegmanni* from Morocco, separated by the Atlas Mountains, with high genetic distance (3.8% uncorrected *p*-distance for 16S). This result combined with different morphology and the seemingly distinct ecological needs of these two forms indicate that they could possibly be elevated to species status. Additionally, it was included in the analyses a *T. w. wiegmanni* sample from Tunisia, arising as a separate lineage, with a high level of genetic distance to all Moroccan samples (4.8% uncorrected *p*-distance for 16S). This Tunisian sample appeared to be more closely related to *T. w. elegans* (4.4%) than to Moroccan *T. w. wiegmanni* (4.8%) – however the analyses of this study did not support the inclusion of the Tunisian specimen in either *Trogonophis* clades. The authors further suggested that this Tunisian form may be a different subspecies or even species, given that some authors already recognize *elegans* as a full species (*e.g.* Gans, 2005). This study shows another exceptional example of an amphisbenid species complex in North Africa. Further studies including a larger sampling coverage – especially from Algeria and Tunisia – performing molecular analyses with nuclear markers, as well as assessing morphological variation in this genus, particularly between the Tunisian and Moroccan *T. w. wiegmanni* forms, are necessary in order to clarify the taxonomic status within this genus.

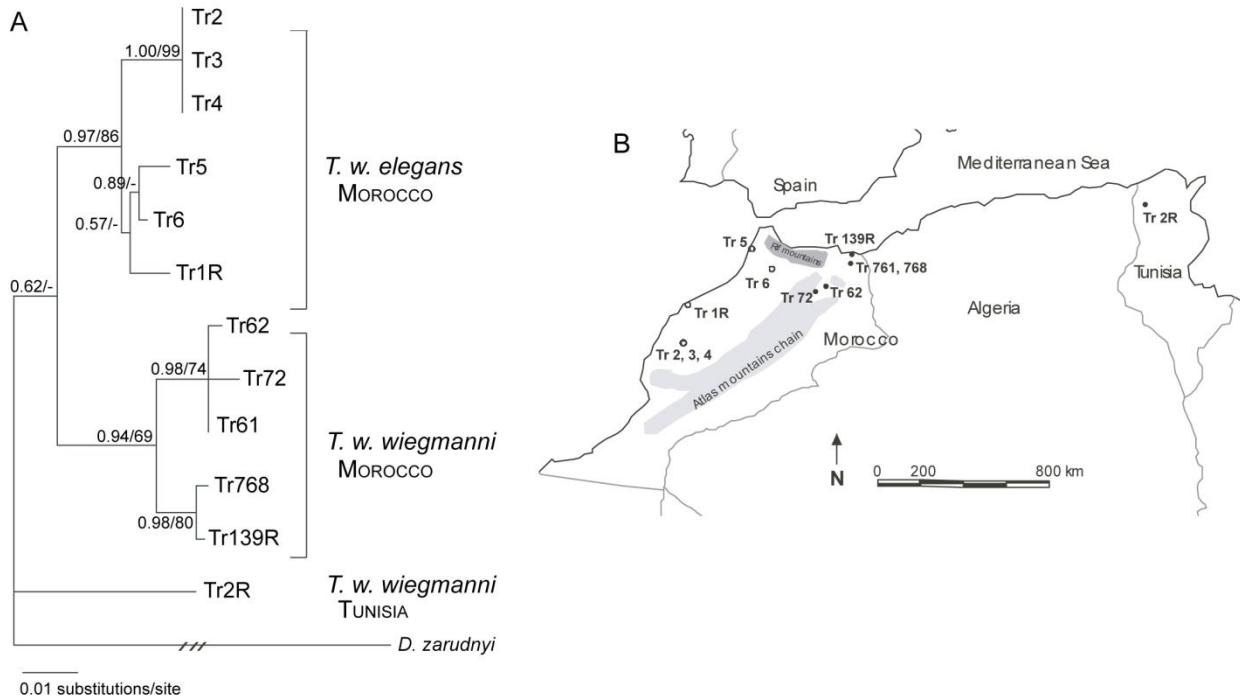


Figure 8 (A) Maximum likelihood tree (ML) based on 12S and 16S rRNA sequences from Mendonça and Harris (2007). All analyses produced identical relationships to the one shown. Near the nodes, Bayesian posterior probabilities and ML bootstrap values. For both analyses, only bootstrap values above 50% are represented. **(B)** Map showing sampling locations of *T. wiegmanni* specimens analysed. Figures adapted from Mendonça and Harris (2007).

5. BIOGEOGRAPHY OF THE STUDY REGION

The Mediterranean Basin (Figure 9) is considered to be one of the world's biodiversity hotspots with many areas presenting significant high levels of endemism (Myers et al., 2000). This region has suffered a series of events that have helped shaping the existing biodiversity and taxa genetic diversity. The European Southern Peninsulas, Anatolia and the Maghreb are fascinating areas to study phylogeographic patterns due to their complex geological and climatic histories, heterogeneous landscapes, diversity of habitats, well defined barriers and the known age for some geological events.



Figure 9 Map of the study region - the Mediterranean Basin.

5.1. HISTORICAL EVENTS – GEOLOGICAL AND CLIMATIC CHANGES

The Mediterranean Basin between southern Europe and North Africa has had a complex geological history resulting from the movement to the north of the African plate towards western Eurasia. The eastern Mediterranean closed 15-19 MYA in the mid-Miocene, allowing biotic dispersal between Eurasian and African taxa (Carranza et al., 2004 and references therein).

During the Tortonian stage it occurred the uplift of the Atlas Mountains. At that time there was an archipelago not colonisable by land, between the Iberian mainland and Northwest Africa, which nowadays corresponds to the Betic cordillera in southeastern Iberia and the Rif Mountains in northern Morocco (De Jong, 1998). Then, at the end of the Tortonian (7.2 MYA), the Betic strait closed (Duggen et al., 2003), which led to the Tortonian salinity crisis, coinciding with a global aridification of the climate (Krijgsman et al., 2000). The connection between the Atlantic Ocean and the Mediterranean Sea ceased 5.96 MYA, leading to the Messinian salinity crisis, during which parts of the Mediterranean dried. At that time, North Africa and the Iberian Peninsula were connected, with extensive land-bridges allowing the dispersal of fauna all over the basin. This period ended 5.33 MYA with the opening of the Strait of Gibraltar (Duggen et al., 2003; Hsü, 1973; Krijgsman et al., 1999). Even though it was first proposed that the reopening of the Strait of Gibraltar acted as a barrier promoting vicariant events in several organisms, recent phylogeographic studies, mainly on amphibians and reptiles, have advanced that the Strait may have acted as a dispersal channel rather than an impermeable barrier for these taxa (Santos et al., 2012 and references therein).

During the Quaternary, which occurred approximately 2.4 MYA, it took place a series of Ice Ages with successive cooling and warming of the Earth's climate (Hewitt, 2000). These worldwide climatic changes have played a role on organisms' phylogeographic patterns, being responsible for a major change of organisms' demographic structure and distribution all over the world and providing opportunities for adaptation to occur (Hewitt, 2000; Hewitt, 2004). The interpretation of historical factors that have led to the present geographic distribution of evolutionary units, at the intra and interspecific level, has allowed the identification of glacial refugia, post-glacial colonization routes and secondary contact zones (Hewitt, 1996, 1999, 2000, 2001; Taberlet et al., 1998).

Southern European peninsulas – Iberian, Apennine and Balkan peninsulas – Anatolia and the Maghreb have been considered important refugia areas of genetic diversity during the Pleistocenic climatic oscillations (Hewitt, 1996, 1999; Schmitt, 2007). These regions harbour large numbers of endemic taxa (Hewitt, 1996, 1999, 2000; Taberlet et al., 1998), including high amounts of herpetofauna diversity.

In Africa, glaciations corresponded to humid periods (Prentice and Jolly, 2000), allowing species dependent of humid habitats to range widely, while interglacials would have restricted them to the mountains, more similar to the present distribution. In Europe, during glacial cycles, advancing ice and tundra in higher latitudes forced organisms to retreat to southern peninsular refugia, less affected and with a more stable climate. This was followed by expansion of persistent species from these refugia throughout interglacial warming periods to fastly recolonise newly deglaciated areas in northern and central Europe (Hewitt, 1996, 1999, 2000). Intrinsic to this perspective is the fact that southern refugia harbour higher levels of species richness, serving as a resource for later demographic expansions as well as evolutionary radiations (Hewitt, 1996, 2001). Populations in the northern region of the refugia would spread out over long distances, when the climate ameliorated, and colonise large, suitable and available habitats, forming areas of secondary contact after the expansion of divergent lineages. Interglacial periods represented a chance for interaction and introgression between lineages. High levels of genetic diversity have also been found in suture zones outside of refugia, where species or evolutionary lineages originating from different refugia met after the last glaciations (Petit et al., 2003; Taberlet et al., 1998).

5.2. NORTH AFRICA

The Maghreb region is constituted by Northwest African countries, including Morocco, Algeria and Tunisia (Bons and Geniez, 1996). This region is rich in herpetofauna diversity due to a complexity of geological and climatic factors (Schleich et al., 1996) – it has

Mediterranean climate, landscape and vegetation, and fauna is constituted by a mixture of African, Saharian and Mediterranean elements (Bons and Geniez, 1996). During the Miocene (23-5 MYA), geological changes have produced a massive impact on North Africa's floral and faunal diversity, such as the uplift of the Atlas Mountains in the mid-Holocene. Most of the recent studies regarding Maghrebian flora and fauna revealed unexpected patterns of genetic diversity.

Morocco is an interesting area to study genetic diversity in reptiles because it is one of the most species-rich countries in North Africa (Bons and Geniez, 1996), having the highest percentage of endemic reptile species in the Mediterranean region (Pleguezuelos et al., 2010). This richness is due to several characteristics of the country. First of all, Morocco has a big area – 458 730 square kilometres (km²). It is delimited to the west by the Atlantic Ocean, to the north by the Mediterranean Sea, to the south by the Sahara desert, an arid zone and to the east by the Moulouya river basin (Bons and Geniez, 1996). In this country there are several geographical units, such as the Rif and Atlas Mountain systems, and the Moulouya river basin. The Rif Mountains, located in the north of the country, are oriented northwest to the northeast. The Atlas Mountains in Morocco, with three sub-systems – Anti-Atlas, High Atlas and Middle Atlas – are located in the centre and south of the country, and are oriented from the northeast to southwest. The Atlas mountainous barrier divides Morocco into two different bioclimatic regions: north and east Morocco have Mediterranean climate and South of the Atlas have Saharan climate (Bons and Geniez, 1996). Finally, the Moulouya River basin, located in eastern Morocco, may also act as a barrier to a great number of Moroccan and Algerian taxa (Bons and Geniez, 1996). Phylogeographic studies show patterns that reflect the influence that geological factors may have had on the biogeography of the region. For example, vicariance phenomena associated to the uplift of the Atlas Mountains and the existence of the Moulouya River have been proposed to be the causes of the phylogeographical patterns observed in *Agama impalearis* (Brown et al., 2002) and *Testudo graeca* (Álvarez et al., 2000), respectively.

5.3. IBERIAN PENINSULA

The Iberian Peninsula is a species rich area, which may have worked as one of the foremost Pleistocene glacial refugia in Southern Europe (Hewitt, 1999, 2001). Its high habitat diversity and complex geological history may have made this region an ideal survival refuge during the Pleistocene.

The Iberian Peninsula is formed by several mountain ranges and river systems, most of them being east-west orientated. These act as apparent barriers to gene flow to north-

south dispersal for many species and at the same time provide a high variety of microclimates, allowing populations to move in altitude in response to the climate fluctuations (Hewitt, 1996). Because of its location, the Iberian Peninsula is under the influence of both the North Atlantic and Mediterranean, having a wide variety of climates – desert, Mediterranean, Alpine and Atlantic. At the same time, it has a large area of 580 000 km², which makes it improbable that it may have worked as a single homogenous and continual refugial area during the ice ages (Gómez and Lunt, 2007). The wide variety of climate and geological structures might have created a differential distribution and fragmented suitable habitats across Iberia that may have favoured the existence of multiple glacial refugia distant from each where species persisted during Pleistocene climatic cycles (Gómez and Lunt, 2007; Martínez-Solano et al., 2006). Two areas of deciduous forest became acknowledged as the Lusitanian and Andalucian refugia and have been considered as refugia for several species in the Iberian Peninsula (Paulo et al., 2001).

Phylogeographic studies in the Iberian Peninsula showed extremely divergent lineages with strong correspondence with geography, due to deep population fragmentation related with isolation in glacial refugia. This observation led to a ‘refugia-within-refugia’ paradigm in this peninsula postulated by Gómez and Lunt (2007), suggesting that most species would have persisted across the Pleistocene Ice Ages in different and isolated locations in Iberia. Southwestern and southeastern Iberia revealed to be important refugial areas. Several Iberian endemic species show undeniable phylogeographic concordance with an alleged refugium located in or near the southern Betic Ranges (Gómez and Lunt, 2007). This is supported, for instance, by the high diversity found within *Mauremys leprosa* (Fritz et al., 2006), *Lacerta schreiberi* (Godinho et al., 2008; Paulo et al., 2001), *Alytes cisternasii* (Gonçalves et al., 2009) and *Lissotriton boscai* (Martínez-Solano et al., 2006) in southern Portugal populations.

5.4. ANATOLIA

Anatolia, also known as Asia Minor, is a region in western Asia, with an area of 755 688 km² and about 7 000 km² additional coastal islands, including territories in Turkey, Greece, Asia Aegean and Mediterranean coast. It is limited by the Aegean, the Mediterranean and the Black Sea to the west, south and north, respectively, while to the northeast and the east by the Caucasus and the Armenian highlands (González, 2012).

This region has a complex climatic and geological history which has shaped endemic taxa biogeographic patterns, being characterized by a rich species and taxonomic diversity of reptiles (Sindaco et al., 2000). During Pliocene and Pleistocene climatic oscillations, this region served as a major refuge, which led to successive vicariance and dispersal events in

interglacial periods and subsequent extinctions. Relict refugial populations established centres of endemism (Veith et al., 2003; Wilke et al., 2007). Due to its position and long palaeogeographic and palaeoclimatic history, in the past Anatolia acted as a bridge and as a barrier for species dispersal between Asia and Europe (Kornilios et al., 2011; Sindaco et al., 2000). It is situated in a mixture of European, Asian and African biomes, from where it experienced repeated invasions since the Late Oligocene and several present-day Anatolian endemics are relics of such invasion processes (Veith et al., 2003).

It is mostly a mountainous region, with true low lands confined to coastal fringes. Four main relief regions can be identified: the northern and southern mountains, the central massif and the Arabian platform (Sindaco et al., 2000). The relief also affects the climate in this region, which is often much harder than might be expected for that latitude, producing different climatic regions (Sindaco et al., 2000). Therefore, Anatolian mountains may have played an important role in the speciation and definition of biogeographical subregions and have been defined as biodiversity hotspots (Kornilios et al., 2011).

6. OBJECTIVES

The high levels of mtDNA divergence within Iberian *Blanus* and North African *Trogonophis* lineages and the apparent occurrence of cryptic species (Albert and Fernández, 2009; Albert et al., 2007; Mendonça and Harris, 2007; Vasconcelos et al., 2006) may suggest similarly complex patterns in other worm lizards taxa. Particularly, North African and eastern Mediterranean *Blanus* await further phylogenetic studies to verify the occurrence of potential cryptic diversity in those taxa. Additionally, mitochondrial phylogenetic inferences ought to be further reassessed with nuclear markers, to corroborate previous results.

The aim of this study was to estimate levels of genetic diversity and phylogenetic relationships within *Blanus* and *Trogonophis wiegmanni*, by analysing multiple mitochondrial and nuclear sequence data. In *Blanus*, by including nuclear markers and additional specimens for each one of the five *Blanus* species it was further tested: i) whether nuclear DNA supports the phylogenetic relationships of the genus and the occurrence of cryptic species within the Iberian *Blanus* suggested by previous studies mostly based on mtDNA (Albert and Fernández, 2009; Albert et al., 2007; Vasconcelos et al., 2006); ii) whether the northern and southern clades of *B. tingitanus*, identified by Vasconcelos et al. (2006) based on mtDNA, constitute two allopatric clades both in mitochondrial and nuclear genealogies, thus suggesting that they may represent independent taxa; and iii) whether also *B. mettetali* and *B. strauschi* show high intraspecific differentiation and cryptic diversity.

Regarding *Trogonophis*, by adding more samples, particularly from the poorly studied eastern distribution of *Trogonophis*, and including nuclear sequences, it was intended to: i) corroborate the mitochondrial phylogenetic relationships within *T. wiegmanni* forms, inferred in a previous study (Mendonça and Harris, 2007); ii) analyse the differentiation among the Moroccan *T. wiegmanni* subspecies iii) test the variation between the Tunisian *T. w. wiegmanni* form and the remaining Moroccan *Trogonophis* and its inclusion in either clade by adding samples from Algeria and Tunisia.

Additionally in this study, it was also briefly discussed the utility of the nuclear markers employed to uncover the levels of differentiation with are observed at the mitochondrial level.

II. MATERIALS AND METHODS

1. SAMPLES, LOCALITIES AND OUTGROUPS SELECTION

1.1. *BLANUS*

A total of 49 new *Blanus* samples from Portugal, Spain, Morocco and Greece were used in this study – eight *B. cinereus*, four *B. mariae*, 23 *B. tingitanus*, four *B. mettetalii* and 10 *B. strauchi* (Figure 10). Additionally, 13 samples from a previous study (Albert et al., 2007) with published sequences retrieved from GenBank were added to the analyses, in order to have more lineages represented in the analyses. *T. wiegmanni* and *Diplometopon zarudnyi* were included in the analyses as outgroups, for being taxonomically related taxa (Kearney and Stuart, 2004). Information on samples' codes, species, localities and GenBank accession numbers is listed in Table 1.

Table 1 *Blanus* samples used in this study – sample code, species, country, sampling locality and GenBank accession number for sequences from Albert et al. (2007).

Sample code	Species	Country	Locality	GenBank accession numbers (16S/ND4)
B1	<i>B. tingitanus</i>	Morocco	Kenitra	
B2	<i>B. cinereus</i>	Spain	Alguazas	
B3	<i>B. cinereus</i>	Spain	Alguazas	
B4	<i>B. cinereus</i>	Spain	Córdoba	
B5	<i>B. cinereus</i>	Spain	Embalse de Camarillas	
B6	<i>B. tingitanus</i>	Morocco	Larache	
B7	<i>B. tingitanus</i>	Morocco	Kenitra	
B8	<i>B. cinereus</i>	Spain	Torca del Espino	
B9	<i>B. mariae</i>	Spain	Mazagón	
B10	<i>B. tingitanus</i>	Morocco	Tazzeka	
B11	<i>B. mariae</i>	Spain	Castrejon de Capote	
B12	<i>B. mariae</i>	Portugal	Carvalhão	
B13	<i>B. mariae</i>	Portugal	Carvalhão	
B14	<i>B. cinereus</i>	Portugal	Marvão	
B15	<i>B. tingitanus</i>	Morocco	South of Taza	
B16	<i>B. tingitanus</i>	Morocco	South of Taza	
B17	<i>B. tingitanus</i>	Morocco	South of Taza	
B18	<i>B. cinereus</i>	Portugal	Celorico da Beira	
B19	<i>B. cinereus</i>	Portugal	São Mamede	
B20	<i>B. tingitanus</i>	Morocco	South of Taza	
B21	<i>B. tingitanus</i>	Morocco	South of Taza	
B22	<i>B. tingitanus</i>	Morocco	Bab Bou Idir	
B23	<i>B. tingitanus</i>	Morocco	South of Taza	
B24	<i>B. tingitanus</i>	Morocco	South of Taza	
B25	<i>B. tingitanus</i>	Morocco	South of Taza	

Sample code	Species	Country	Locality	GenBank accession numbers (16S/ND4)
B26	<i>B. trauchi</i>	Greece	Nisuros Island	
B27	<i>B. trauchi</i>	Greece	Pserimos Island	
B28	<i>B. tingitanus</i>	Morocco	Taza Caves	
B29	<i>B. tingitanus</i>	Morocco	South of Bab Taza	
B30	<i>B. tingitanus</i>	Morocco	Zoumi	
B31	<i>B. tingitanus</i>	Morocco	Zoumi	
B32	<i>B. mettetalii</i>	Morocco	El Ksiba	
B33	<i>B. mettetalii</i>	Morocco	(unknown)	
B34	<i>B. tingitanus</i>	Morocco	(unknown)	
B35	<i>B. tingitanus</i>	Morocco	Al Hoceima	
B36	<i>B. trauchi</i>	Greece	Nisyros Island	
B37	<i>B. trauchi</i>	Greece	Nisyros Island	
B38	<i>B. trauchi</i>	Greece	Kalymnos Island	
B39	<i>B. trauchi</i>	Greece	Kalymnos Island	
B40	<i>B. trauchi</i>	Greece	Kalymnos Island	
B41	<i>B. trauchi</i>	Greece	Pserimos Island	
B42	<i>B. trauchi</i>	Greece	Telendos Island	
B43	<i>B. trauchi</i>	Greece	Nisyros Island	
B44	<i>B. mettetalii</i>	Morocco	Talaïnt	
B45	<i>B. mettetalii</i>	Morocco	Aghanaje	
B46	<i>B. tingitanus</i>	Morocco	Jebel Beni Ider	
B47	<i>B. tingitanus</i>	Morocco	Boumattach	
B48	<i>B. tingitanus</i>	Morocco	Sidi Ali Ben Ali	
B49	<i>B. tingitanus</i>	Morocco	Sidi Ali Ben Ali	
BC10	<i>B. cinereus</i>	Spain	Avila, Casavieja	EF36326/EF36398
BC24	<i>B. mariae</i>	Spain	Cádiz, San José del Valle	EF36338/EF36410
BC25	<i>B. mariae</i>	Spain	Badajoz, Oliva de la Frontera	EF36339/EF36411
BC37	<i>B. cinereus</i>	Spain	Toledo, Cortijos de Abajo	EF36348/EF36420
BC40	<i>B. cinereus</i>	Portugal	Campo Maior	EF36350/EF36422
BC48	<i>B. cinereus</i>	Spain	Málaga, Teba	EF36356/EF36428
BC58	<i>B. mariae</i>	Spain	Sevilla, Alanis	EF36365/EF36437
BC63	<i>B. cinereus</i>	Spain	Almería, San José del Valle	EF36370/EF36442
BC74	<i>B. mariae</i>	Portugal	Évora	EF36375/EF36447
BC93	<i>B. mariae</i>	Spain	Badajoz, Pallares	EF36388/EF36460
Bt68	<i>B. tingitanus</i>	Spain	Ceuta	EF36465/EF36315
Bm	<i>B. mettetalii</i>	Morocco	Rabat	EF36461/EF36462
Bs	<i>B. trauchi</i>	Turkey	(unknown)	EF36464/EF36463

1.2. TROGONOPHIS

A total of 28 *T. wiegmanni* samples from Morocco, Algeria and Tunisia were included in this study (Figure 14), including 11 samples with published sequences (Mendonça and Harris, 2007). Two outgroups of taxonomically related taxa were included in the analyses (Kearney and Stuart, 2004) – *D. zarudnyi* and *B. mettetalii*. Samples code names, subspecies, localities and GenBank accession numbers are listed in Table 2.

Table 2 *Trogonophis* samples used in this study, sample code, subspecies, country, sampling locality and GenBank accession number for sequences from Mendonça and Harris (2007).

Sample code	Subspecies	Country	Locality	GenBank accession numbers (12S/16S)
T1	<i>T. w. wiegmanni</i>	Morocco	Ich	
T2	<i>T. w. wiegmanni</i>	Morocco	Taourirt	
T3	<i>T. w. wiegmanni</i>	Tunisia	Bulla Regia	
T4	<i>T. w. elegans</i>	Morocco	Paysage d'Ito	
T5	<i>T. w. elegans</i>	Morocco	Paysage d'Ito	
T6	<i>T. w. elegans</i>	Morocco	Tizi-n-Test	
T7	<i>T. w. elegans</i>	Morocco	Imouzzer Kandar to Annoceur	
T8	<i>T. w. elegans</i>	Morocco	Ouazzane	
T9	<i>T. w. elegans</i>	Morocco	Iminifri	
T10	<i>T. w. elegans</i>	Morocco	Oulad Brahim	EF545712/EF545713
T11	<i>T. w. elegans</i>	Morocco	Oulad Brahim	EF545716/EF545717
T12	<i>T. w. elegans</i>	Morocco	Assilah	EF545718/EF545719
T13	<i>T. w. elegans</i>	Morocco	Al Jadida	EF545726/EF545727
T14	<i>T. w. wiegmanni</i>	Tunisia	Le Kef	EF545628/EF545729
T15	<i>T. w. wiegmanni</i>	Morocco	Moulouya river mouth	EF545734/EF545735
T16	<i>T. w. wiegmanni</i>	Morocco	Berkane Oujda	EF545732/EF545733
T17	<i>T. w. wiegmanni</i>	Morocco	Berkane Oujda	EF545730/EF545731
T18	<i>T. w. elegans</i>	Morocco	Moulay Idriss	EF545720/EF545721
T19	<i>T. w. wiegmanni</i>	Morocco	Ain Beni Mathar	EF545722/EF545723
T20	<i>T. w. wiegmanni</i>	Morocco	Tirnest	EF545724/EF545725
T21	<i>T. w. wiegmanni</i>	Morocco	Cap de l'Eau	
T22	<i>T. w. elegans</i>	Morocco	Oued -Rharg	
T23	<i>T. w. wiegmanni</i>	Argelia	Algiers	
T24	<i>T. w. elegans</i>	Morocco	Oued -Rharg	
T25	<i>T. w. elegans</i>	Morocco	Sidi Kaouki	
T26	<i>T. w. wiegmanni</i>	Morocco	Jerada	
T27	<i>T. w. wiegmanni</i>	Morocco	El Aouinet	
T28	<i>T. w. wiegmanni</i>	Morocco	Ifrane	

2. MOLECULAR MARKERS SELECTION

For this study it was assembled a multilocus dataset, with mitochondrial and nuclear gene fragments. Mitochondrial markers included 12S ribosomal RNA (12S), 16S ribosomal RNA (16S), cytochrome b (CYTB) and NADH dehydrogenase subunit 4 (ND4). Nuclear markers included melanocortin-1 receptor (MC1R), proopiomelanocortin (POMC), oocyte maturation factor (CMOS) and recombination activation gene 2 (RAG2).

Mitochondrial markers such as 12S and 16S rRNA and protein coding genes CYTB and ND4 are fast evolving genes that have been broadly used to infer phylogenetic relationships in several herpetofauna taxa (Perera and Harris, 2010; Salvi et al., 2010) as well in amphisbaenians (Mott and Vieites, 2009; Mulvaney et al., 2005; Vidal et al., 2008). Besides their characteristics – universal primers, useful and informative for an initial phylogenetic assessment, hence being widely used – most mitochondrial genes were chosen for this study because they had already been used for *Blanus* and *Trogonophis* in previous studies (Albert et al., 2007; Mendonça and Harris, 2007; Vasconcelos et al., 2006), with sequences available on GenBank.

Nuclear markers were selected after trials with an extended set of primers. Selected nuclear markers are protein-coding single-copy genes, which vary in degree of conservation. CMOS is a slow-evolving proto-oncogene that encodes a protein that regulates meiotic maturation (Saint et al., 1998). It is a useful maker to test relationships within and among squamate families (Harris et al., 1999; Saint et al., 1998). It has been found to be appropriate at both deep and shallow divergences (Saint et al. 1998), being informative among taxa that diverged up to 400 MYA (Graybeal, 1994). MC1R is a critical regulator of melanin synthesis. When developed by Pinho et al. (2010) it showed high levels of polymorphism, being useful in population genetics and phylogenetic analyses for a variety of taxa. Even though this marker has not been used in amphisbaenians phylogenetic assessments, it has been used to infer other squamata phylogenies (Barata et al., 2012; Gonçalves et al., 2012). POMC is a polypeptide hormone precursor only found in vertebrates, which undergoes post-translational modification to produce multiple hormones. It has both conserved and variable regions, suggesting it may be a useful phylogenetic marker (reviewed in Becker et al., 2011). Even though it has not been used to estimate amphisbaenians phylogenies, it has been selected based on its proven phylogenetic utility for other groups of squamate reptiles (Vieites et al., 2011). RAG2 is a slow-evolving and highly conserved nuclear marker in vertebrates. It encodes components of the recombinase involved in recombination of immunoglobulin and T-cell receptor genes (reviewed in Lovejoy et al., 2001). It has been used both in the inference of amphisbaenian

relationships (Vidal et al., 2008), as well of other squamate reptiles (Crottini et al., 2009; Rato et al., 2010).

3. LABORATORY PROCEDURES – DNA EXTRACTION, AMPLIFICATION AND SEQUENCING

Genomic DNA was extracted from tails preserved in ethanol using a standard saline method (Sambrook et al., 1989). Small amounts of tissue were digested in extraction buffer with proteinase K solution, occurring lysis of cell membranes. Then, ammonium acetate was added to precipitate proteins, which were removed. To the supernatant, ice-cold isopropanol was added to precipitate DNA, forming a pellet after centrifugation. DNA pellets were washed with ethanol and then air dried and hydrated in 70 μ L of ultra-pure water. The obtained DNA was then ready to be used as template in Polymerase Chain Reaction (PCR). However, if the amount of tissue were too small, DNA was extracted using a commercial kit, QIAmp® DNeasy Blood & Tissue kit (Quiagen, Valencia, California), following the manufacturer's instructions. The advantage of this method is that it allows the rapid isolation of highly pure genomic DNA from a small piece of tissue. Nevertheless, it is more expensive than the standard saline method often used in DNA extraction.

Two mitochondrial markers – 16S and ND4 were amplified for all 49 *Blanus* samples. Additionally, two nuclear markers – POMC and MC1R – were amplified for 26 and 21 samples, respectively. After genetically analysing mitochondrial fragments, samples were selected from each lineage to be amplified for the nuclear fragments POMC and MC1R. The primers used for MC1R failed to amplify that fragment for *B. strauchi* and outgroups.

For *Trogonophis*, three mitochondrial – 12S, 16S and CYTB – and three nuclear markers – CMOS, POMC and RAG2 were amplified. Twenty eight *T. wiegmanni* samples were amplified only for 12S and 16S and 22 samples were amplified for all genes.

For both *Blanus* and *Trogonophis* samples, amplifications were performed in final volumes of 25 μ L with a thermocycler, containing 5 μ L 5x reaction buffer, 2-3mM MgCl₂, 0.2-0.4 μ M each dNTP, 0.2 μ M each primer, 2U of Taq polymerase and 0.5-1 μ L DNA template. When necessary, annealing temperatures and/or the amount of magnesium ions were adjusted to increase amplification yield and specificity on a case by case basis. For further detail on primer names, sequences and references, and specific PCR conditions temperatures for each marker consult Table 3. Amplified products were visualized with 2% agarose gel electrophoresis, in order to confirm if the PCR reactions were successful. Amplified products were sequenced by a commercial sequencing facility (Macrogen Inc.) using the same primers used for amplification.

Table 3 Gene, primer name, sequence, source and PCR conditions (temperature, time and number of cycles). Amplification of RAG2 fragments was done with a nested PCR with two sets of primers - first PCR using external primers 31FN.Venk and Lung.460R and a second PCR with internal primers Lung.35F and Lung.320R. The latter ones were used for sequencing.

Gene	Primer	Sequence (5' → 3')	Reference	PCR condition
12S	12Sa	AAACTGGGATTAGATACCCCACTAT	Kocher et al. (1989)	92°C(2m), [30x 92°C(30s), 48°C(40s), 72°C(45s)], 72°C(5m)
	12Sb	GAGGGTGACGGCGGTGTGT	Kocher et al. (1989)	
16S	16SL	CGCCTGTTTATCAAAAACAT	Palumbi et al. (1996)	92°C(2m), [30x 92°C(30s), 48°C(40s), 72°C(45s)], 72°C(5m)
	16SH	CCGGTCTGAACTCAGATCACGT	Palumbi et al. (1996)	
ND4	ND4	CACCTATGACTACCAAAAGCTCATGTAGAAGC	Arévalo et al. (1994)	94°C(3m), [40x 94°C(30s), 50°C(30s), 72°C(45s)], 72°C(4m)
	LEU	CATTACTTTTACTTGGATTTGCACCA	Arévalo et al. (1994)	
CYTB	CYTB1	CCATCCAACATCTCAGCATGATGAAA	Kocher et al. (1989)	94°C(3m), [30x 94°C(30s), 48°C(30s), 72°C(1s)], 72°C(5m)
	CYTB2	CCCTCAGAATGATATTTGTCCTCA	Kocher et al. (1989)	
CMOS	G73	GCGGTAAAGCAGGTGAAGAAA	Saint et al. (1998)	94°C(3m), [35x 94°C(45s), 48°C(45s), 72°C(1m30s)], 72°C(5m)
	G74	TGAGCATCCAAAGTCTCCAATC	Saint et al. (1998)	
RAG2	31FN.Venk	TTYGGICARAARGGITGGCC	Venkatesh et al. (2001)	94°C(5m), [35x 94°C(30s), 50°C(50s), 68°C(1m30s)], 68°C(5m)
	Lung.460R	GCATYGRGCATGGACCCARTGCC	Brinkmann et al. (2004)	
	Lung.35F	GGCCAAAGAGRTCYTGTCCIACTGG	Hoegg et al. (2004)	94°C(5m), [35x 94°C(30s), 50°C(50s), 68°C(1m30s)], 68°C(5m)
	Lung.320R	AYCACCCATATYRCTACCAAACC	Hoegg et al. (2004)	
MC1R	MC1RF	GGCNGCCATYGTCAAGAACC GGAACC	Pinho et al. (2010)	94°C(3m), [30x 94°C(30s), 50°C(30s), 72°C(1m)], 72°C(5m)
	MC1RR	CTCCGRAAGGCRTAAATGATGGGGTCCAC	Pinho et al. (2010)	
POMC	POMCF	ATATGTCATGASCCAYTTYCGCTGGAA	Vieites et al. (2007)	94°C(3m), [30x 94°C(30s), 50°C(45s), 72°C(1m)], 72°C(5m)
	POMCR	GGCRTTYTTGAAWAGAGTCATTAGWGG	Vieites et al. (2007)	

4. PHYLOGENETIC INFERENCE ANALYSES

4.1. DATA ANALYSES

DNA sequences' chromatographs were checked and sequences were edited in GENEIOUS v5.3.6 (Drummond et al., 2010). For nuclear sequences, nucleotide ambiguities with similar peak size in chromatograms were considered heterozygous positions. Previously published sequences of 16S and ND4 for *Blanus* (Albert et al., 2007) and 12S and 16S for *Trogonophis* (Mendonça and Harris, 2007) were added to the analyses.

DNA sequences for each gene independently were aligned using MAFFT v6.814b (Kato et al., 2002) with default parameters (gap open penalty=1.53, gap extension=0.0). In case sequences were shorter than the rest of the alignment, the initial or end gaps were substituted by "N", meaning that there is an equal probability for any nucleotide to be present in those positions. Before carrying out phylogenetic analyses, 12S and 16S alignments were analysed with GBLOCKS (online version 0.91b; Castresana, 2000) using a less stringent selection to remove regions that could not be unambiguously aligned. Summary statistics for all markers were calculated in DNASP v5 (Librado and Rozas, 2009).

For *Blanus*, networks were produced using 16S and ND4 mitochondrial sequences concatenated, including some sequences, mainly of Iberian species, from a previous study (Albert et al., 2007) to better represent the haplotype diversity and distribution coverage of these species. Representatives from the main lineages were selected and sequenced for nuclear genes MC1R and POMC, and further ML and BI analyses were conducted with mitochondrial and nuclear alignments combined. Then, nuclear sequences were used to produce individual gene networks.

For *Trogonophis*, not all previously published samples were available to amplify for new markers. As a result, it was produced a mitochondrial network using 12S and 16S sequences combined, including sequences from Mendonça and Harris (2007), representing a larger distribution coverage dataset. Then, samples available for this study were sequenced for CYTB, CMOS, POMC and RAG2 and combined for further ML and BI inference analyses. Also, individual nuclear alignments were used to produce networks.

4.2. PHYLOGENETIC ANALYSES

Phylogenetic analyses were performed using maximum likelihood (ML) and Bayesian Inference (BI) methods to produce gene trees. Nuclear alignments had unphased sequences, with heterozygous positions coded as ambiguities (IUPAC codes). First, analyses on each gene were done independently to identify potential incongruence between partitions (results not presented) and then analyses were performed on concatenated datasets. Different sets of outgroups were tested – for *Blanus* phylogenetic analyses were conducted with *D. zarudnyi* and/or *T. wiegmanni*; for *Trogonophis* were tested *D. zarudnyi* and/or *B. mettetalis*. For each, it was chosen and it is further presented the set of outgroups which provided a better resolution of the phylogenetic relationships with the best support values.

For both *Blanus* and *Trogonophis*, BI and ML phylogenies were conducted with mitochondrial and nuclear alignments concatenated. Analyses were carried out as partitioned analyses of molecular data, since data from different DNA regions were combined. Gene by gene partitions were used for all concatenated analyses.

JMODELTEST v0.1 (Posada, 2008) was used to select the best fitting models of nucleotide substitution for each gene for BI analyses, based on likelihood scores for 88 different models under the Akaike Information Criterion corrected for small sample sizes (AICc).

ML analyses were performed using a graphical user interface (GUI) for RAXML (Stamatakis, 2006) – RAXML GUI v1.2 (Silvestro and Michalak, 2010) – in individual sequences for the partitioned concatenated dataset under the GTR+G+I model and per-partition branch lengths. It was carried out a ML search and thorough bootstrapping, with 1000 replications to evaluate the stability of nodes of the phylogenetic tree (BP) (Felsenstein, 1985).

All partitioned Bayesian analyses were performed with MRBAYES v3.1.2 (Huelsenbeck and Ronquist, 2001), using the selected model of sequence evolution and model parameters for each partition, in individual sequences. Bayesian posterior probability (BPP) values were estimated using a Metropolis-coupled, Markov chain Monte Carlo (MC-MCMC) sampling approach. Bayesian analyses started with randomly generated trees and ran for 2×10^6 generations, using four incrementally heated Markov chains with default heating values. Markov chains were sampled at intervals of 100 generations, producing 20 000 trees. All analyses ended with the standard deviation of split frequencies less than 0.01. Stabilization and convergence between runs were assessed in TRACER v1.5 (Rambaut and Drummond, 2009), in terms of likelihood scores and parameters. The log-

likelihood values of the 20 000 trees in each analysis were plotted against the generation time, using the “sump” command generated in MRBAYES. Burn-in data sampled from generations preceding the stationarity of the Markov Chain were discarded. Runs became stationary after 100 000 – 200 000 generations, and the corresponding first trees were discarded as burn-in to assess posterior probabilities for nodal support (BPP). Remaining trees were combined and 50% majority-rule consensus trees were generated. Two independent replicates were carried out to check that analyses were not trapped at local optima (Huelsenbeck and Bollback, 2001a). Nodes were considered strongly supported if they received $BP \geq 70\%$ and $BBP \geq 0.95$.

Mitochondrial sequence variation was analysed by producing haplotype networks. For *Blanus* and *Trogonophis* combined mitochondrial alignments (16S and ND4, and 12S and 16S, respectively), statistical parsimony haplotype networks were carried out in TCS v1.2.1 (Clement et al., 2000), under the 95% probability criterion. Net distances based on a *p*-distance method (the proportion of nucleotide sites at which two sequences being compared are different) were calculated between mtDNA clades sequences, and uncorrected *p*-distances were calculated within mtDNA clades haplotypes in MEGA v5 (Tamura et al., 2011).

Haplotype diversity and structure for each nuclear marker was represented by haplotype networks to compare the phylogenetic signal with the phylogenies produced. Nuclear markers sequences were computationally phased using a coalescent-based Bayesian method in PHASE v2.1.1 (Stephens and Donnelly, 2003; Stephens et al., 2001) using default parameters (thresholds: $p=q=90\%$), as implemented in DNASP v5 (Librado and Rozas, 2009). Three runs were carried for each dataset to check for consistency of results. Output files were used to construct haplotype networks under the statistical parsimony approach implemented in TCS v1.2.1 (Clement et al., 2000), under the 95% probability criterion.

III. RESULTS

1. *BLANUS*

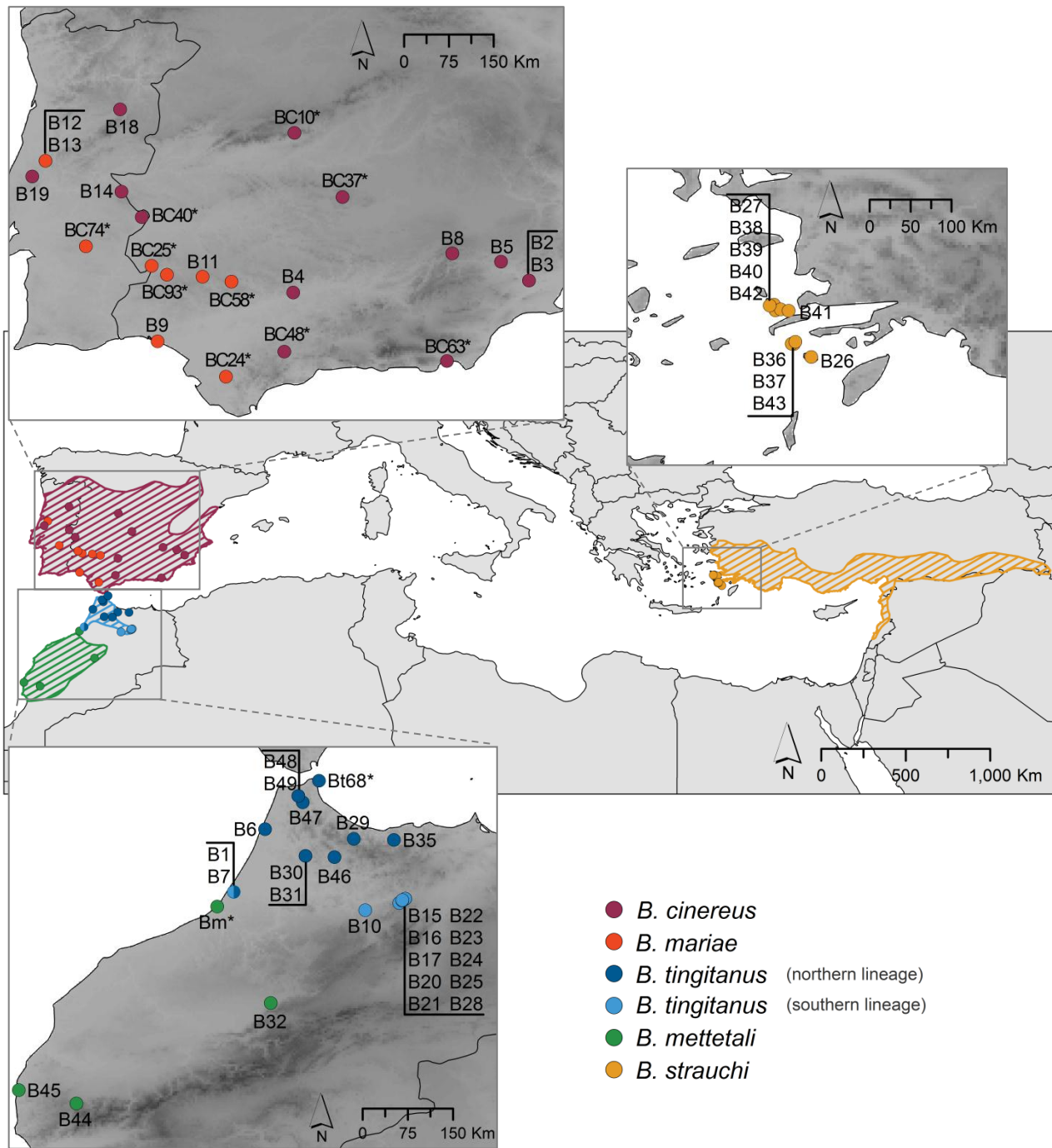


Figure 10 Maps of the study areas with the geographic location of the *Blanus* samples analysed. Samples are represented by circles coloured according to phylogenetic analyses results. Samples with (*) after code are from a published study (Albert et al., 2007). (Samples B33, B34 and Bs* are not displayed on the map since their exact locations are unknown.) Dashed areas in the central map represent the distribution range of each species according to IUCN (2012).

1.1. MOLECULAR DATA

A combined mitochondrial and nuclear genes fragment of 2303 base pairs (bp) was obtained for 28 *Blanus* samples and two outgroups (*T. wiegmanni* and *D. zarudnyi*), after eliminating poorly aligned positions using GBLOCKS, corresponding to 474 bp for 16S, 802 bp for ND4, 461 bp for POMC and 566 bp for MC1R. Of the 474 bp for 16S, 110 bp were variable and 79 bp were parsimony informative; of the 802 bp for ND4, 307 bp were variable and 238 bp were parsimony informative; of the 461bp for POMC, 82 bp were variable and 48 bp were parsimony informative; of the 536 bp for MC1R, 24 bp were variable and parsimony informative.

Concerning mtDNA analysis (without outgroups), after eliminating poorly aligned positions using GBLOCKS, a fragment of 1294 bp was analysed (493 bp for 16S and 801 bp for ND4), of which 297 were variable and 261 were parsimony informative. A total of 62 sequences – 49 generated in this study and 13 published by Albert et al. (2007) – were included in the analysis.

For the individual nuclear networks, 26 individuals were analysed for POMC (461 bp) and 21 for MC1R (566 bp). Nine heterozygotic individuals were analysed for MC1R and none for POMC. This resulted in individual statistical parsimony networks with seven haplotypes for POMC, with a connection limit of nine mutational steps, and 15 haplotypes for MC1R, with a connection limit of 10 mutational steps.

1.2. PHYLOGENETIC RELATIONSHIPS AND INTRASPECIFIC DIVERSITY

For the combined mitochondrial and nuclear genes analyses the best fitting models of nucleotide substitution used for each gene fragment in the BI analyses were TIM2+I+G for 16S, TIM1+G for ND4, TIM3+G for POMC and TrN for MC1R. BI and ML analyses using only one outgroup (*T. wiegmanni* or *D. zarudnyi*) were less resolved and had lower support values compared with the one using of two outgroups, therefore only results from the latter analyses are shown. Both ML and BI results were congruent and therefore only the BI topology is presented, with ML BP and BI BPP support values (Figure 11).

The combined mitochondrial and nuclear phylogeny showed three main clades that grouped the Iberian, the Moroccan and the Anatolian species. The Iberian and North African clades are sister groups, while *B. strauchi* is basal to all the remaining *Blanus* in the analyses (Figure 11).

In the Iberian clade there are two well supported monophyletic sub-clades with high genetic distance between them, one corresponding to *B. cinereus* and another to *B. mariae* (BPP=1.00/BP=98 and BPP=1.00/BP=100, respectively). These clades display high

mitochondrial differentiation among them with 10% distance (ND4) between *B. cinereus* and *B. mariae* (Table 4). In the North African clade, *B. tingitanus* and *B. mettetalis* are grouped in two divergent monophyletic clades, with 6.7% distance for ND4 (Table 4). The combined phylogenetic tree further shows that *B. tingitanus* are divided in two distinct well-supported lineages, with 2.6% distance for ND4 (result not shown in Table 4). These lineages have geographic concordance (Figure 10), corresponding to samples from northern Morocco (northern lineage) and samples restricted to south of the Rif and north of the Middle Atlas (southern lineage).

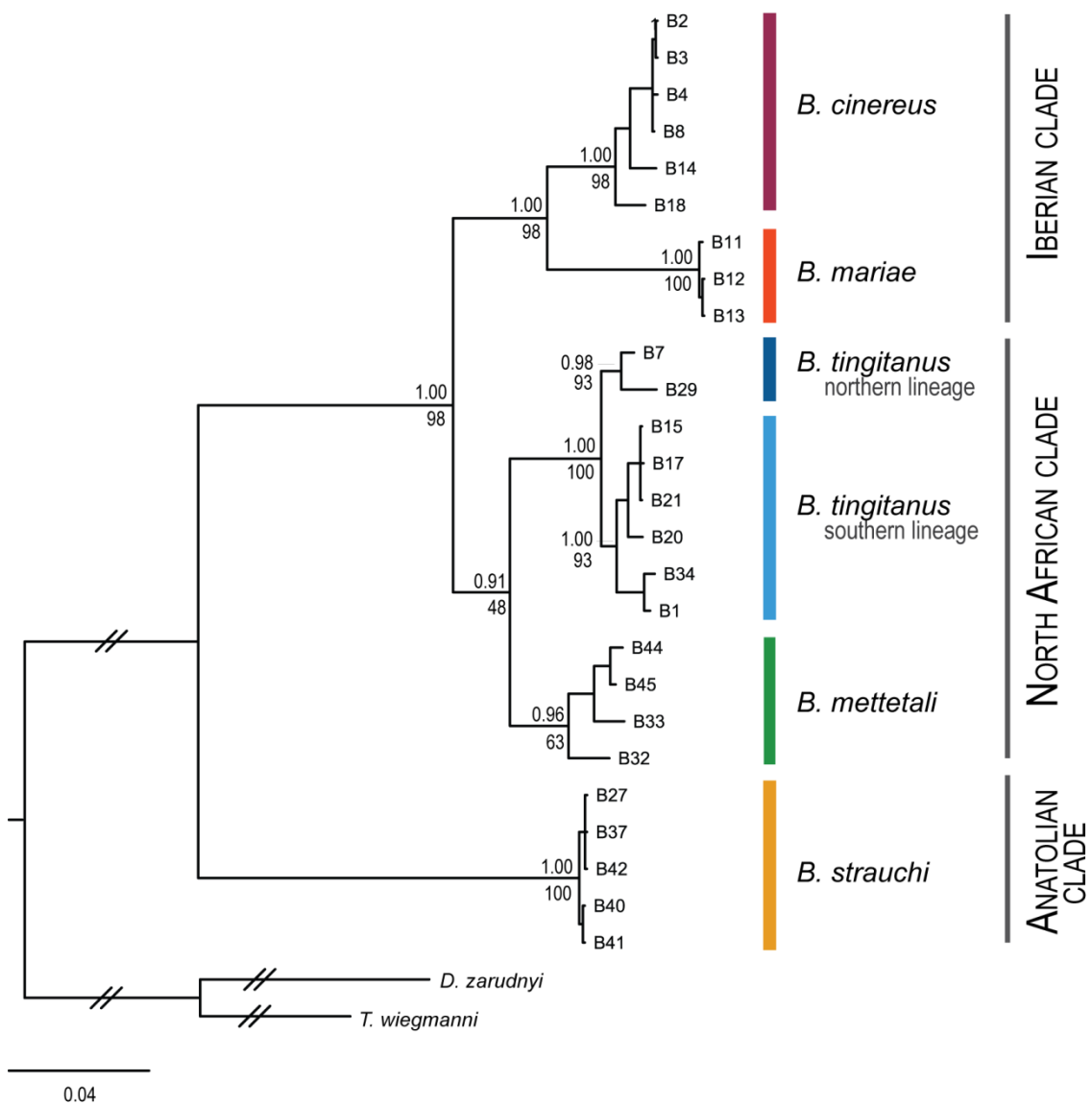


Figure 11 Phylogenetic tree representing the relationships within *Blanus*, derived from the Bayesian analysis of the combined markers for a total fragment of 2303 bp [16S (474 bp), ND4 (802 bp), POMC (461 bp) and MC1R (566 bp)]. The topology is similar in ML analysis (data not shown). For the major clades and lineages, Bayesian posterior probabilities (BPP) and ML bootstrap support (BP) are given above and below nodes, respectively. The tree was rooted using *Diplometopon zarudnyi* and *Trogonophis wiegmanni*.

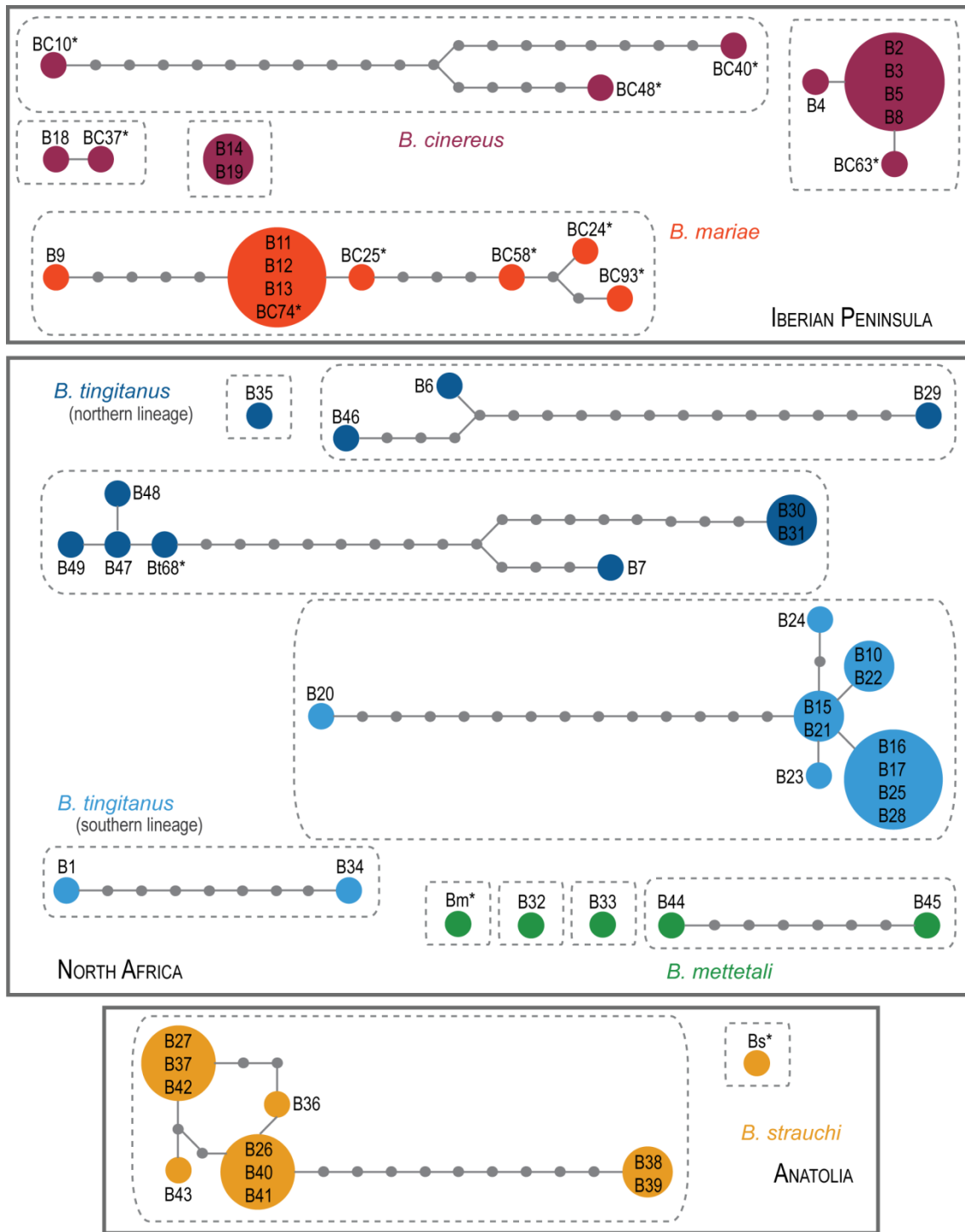


Figure 12 Statistical parsimony networks representing relationships among *Blanus*. Haplotypes inferred from 1294 bp mitochondrial sequences (16S and ND4 – 493 bp and 801 bp, respectively). Circles represent different haplotypes with size proportional to sample frequency. Small grey circles represent missing or extinct haplotypes.

Table 4 Net distance values between *Blanus* species and uncorrected *p*-distance values within *Blanus* species. Lower left values correspond to 16S and top right to ND4 net distance values between species sequences. Shaded diagonal values correspond to uncorrected *p*-distance values within species haplotypes.

	ND4	<i>B. cinereus</i>	<i>B. mariae</i>	<i>B. tingitanus</i>	<i>B. mettetali</i>	<i>B. strauchi</i>
16S						
<i>B. cinereus</i>	0.027	0.004	0.100	0.102	0.093	0.160
<i>B. mariae</i>	0.024	0.006	0.002	0.135	0.106	0.179
<i>B. tingitanus</i>	0.047	0.059	0.016	0.028	0.067	0.170
<i>B. mettetali</i>	0.046	0.050	0.024	0.017	0.049	0.137
<i>B. strauchi</i>	0.089	0.096	0.097	0.083	0.029	0.046

The statistical parsimony mitochondrial network resulted in 41 mitochondrial haplotypes (Figure 12), with a connection limit of 15 mutational steps. The relationships inferred supported the tree results. Haplotype diversity in the Iberian Peninsula revealed high levels of diversity within the Iberian species *B. cinereus* and *B. mariae*. In the North African clade, the two divergent lineages found in the combined analyses for *B. tingitanus* are also evident in the mitochondrial network, with high levels of diversity. Within *B. mettetali*, the five samples analysed with mitochondrial markers appear in the network as being distantly related, with high genetic distances – 4.9% uncorrected *p*-distance for ND4. Among the Anatolian clade, the mitochondrial network shows that the *B. strauchi* sample from Turkey (Bs) appears to be distantly related to the remaining samples from Greece. In fact, it shows exceptionally high levels of genetic divergence, with 13% distance for ND4 (net distance – result not showed in Table 4).

The phylogenetic relationships found are further supported by the nuclear networks (Figure 13), with no sharing of haplotypes between species. Additionally, at the intraspecific level, nuclear networks also display some divergence between *B. tingitanus* northern and southern lineages. One *B. tingitanus* specimen from Kenitra (B1) is also a member of the southern lineage, meaning that both clades occur in this northern locality (Figure 10), which deserves further investigation. Also, both nuclear networks reveal that the specimens found in that locality share haplotypes with the southern samples.

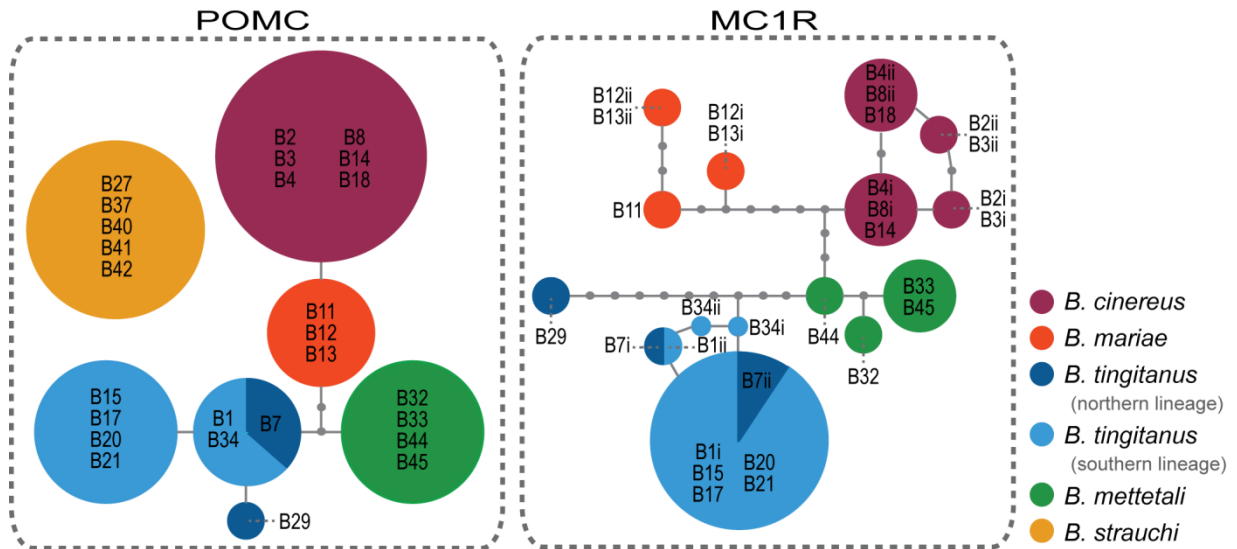


Figure 13 Haplotype networks recovered by statistical parsimony analyses representing relationships among *Blanus*, inferred from nuclear markers POMC (461 bp) and MC1R (566 bp). Circles represent different haplotypes with size proportional to sample frequency. Small grey circles represent missing or extinct haplotypes. Alleles from heterozygotes samples are represented by 'i' or 'ii' after the sample code.

2. *TROGONOPHIS*

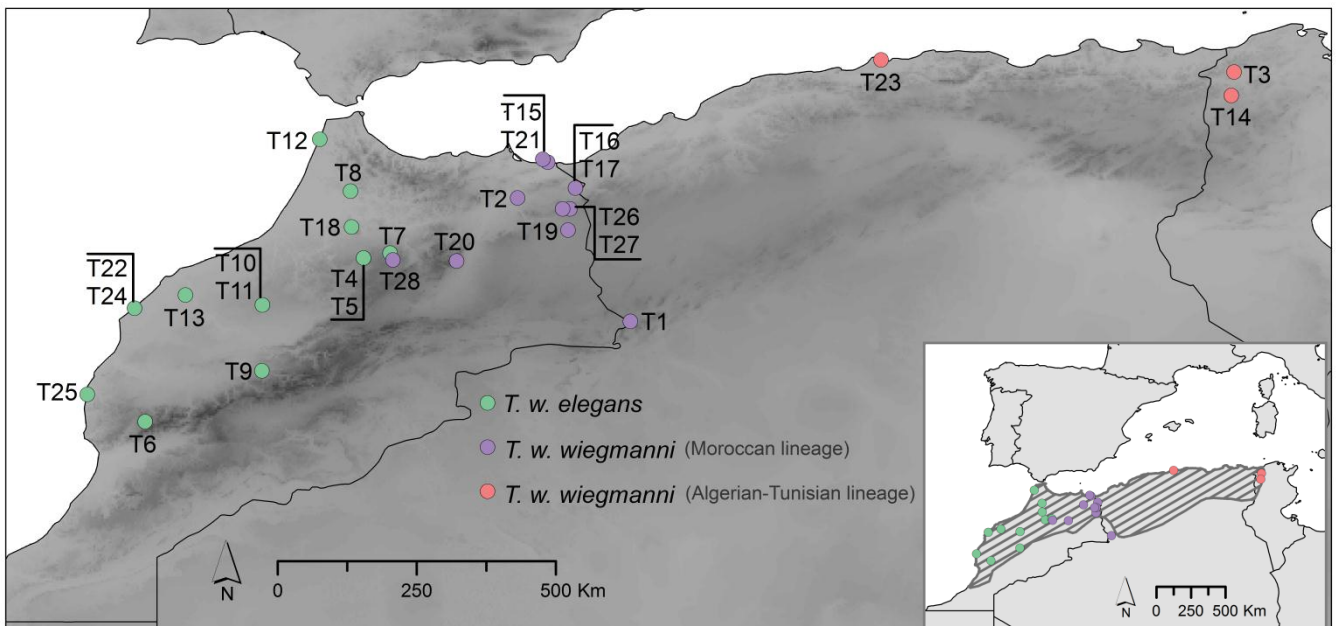


Figure 14 Map of the study area with the geographic location of the *Trogonophis* samples analysed. Samples are represented by circles coloured according to phylogenetic analyses results. Dashed area in the bottom right map represents the distribution range of this genus according to IUCN (2012).

2.1. MOLECULAR DATA

A combined mitochondrial and nuclear genes fragment of 2717 bp was obtained for 22 *Trogonophis* samples and outgroups (*D. zarudnyi* and *B. mettetalii*), after eliminating poorly aligned positions, corresponding to 353 bp for 12S, 465 bp for 16S, 284 bp for CYTB, 350 bp for CMOS, 467 bp for POMC and 798 bp for RAG2. Of the 353 bp for 12S, 111 bp were variable and 43 bp were parsimony informative; of the 465 bp for 16S, 96 bp were variable and 52 bp were parsimony informative; of the 284 bp for CYTB, 114 bp were variable and 67 bp were parsimony informative; of the 350 bp for CMOS, 26 bp were variable and 25 bp were parsimony informative; of the 467 bp for POMC, 76 bp were variable and 75 bp were parsimony informative; of the 798 bp for RAG2, 51 bp were variable and 49 bp were parsimony informative.

Regarding mtDNA analysis, after eliminating poorly aligned positions, a fragment of 828 bp was analysed – 361 bp for 12S and 472 bp for 16S – of which 84 bp were variable and 66 bp were parsimony informative. A total of 28 sequences – 17 generated in this study and 11 published by Mendonça and Harris (2007) – were included in the analysis.

Individual nuclear statistical parsimony networks were constructed for 22 samples for CMOS (350 bp), POMC (467 bp) and RAG2 (798 bp). Two heterozygotic individuals were observed for CMOS, two for POMC and five for RAG2. The analyses resulted in four haplotypes for CMOS, with a connection limit of seven mutational steps; five haplotypes for POMC, with a connection limit of nine mutational steps; and six haplotypes for RAG2, with a connection limit of 12 mutational steps.

2.2. PHYLOGENETIC RELATIONSHIPS

The selected models of sequence evolution applied in the combined partitioned BI analysis were TIM2+G for 12S, TPM1uf+I+G for 16S, HKY+I for CYTB, K80+G for CMOS, TrN for POMC and TPM1uf+G for RAG2. BI and ML analyses using only one outgroup (*D. zarudnyi* or *B. mettetalii*) were less resolved and had lower support values compared with the used of two outgroups, therefore only this result is shown. Both ML and BI results were congruent and therefore only the BI topology is presented, with the ML BP and BI BPP support values (Figure 15).

T. wiegmanni samples clustered into three clades in the combined mitochondrial and nuclear analyses. These corresponded to two sister clades in Morocco and a distinct basal clade with samples from Algeria and Tunisia. In Morocco, there are two well supported clades, corresponding to *T. w. elegans* and *T. w. wiegmanni* samples (BPP=1.00/BP=99 and BPP=1.00/BP=99, respectively), separated by a genetic distance of 3.1% (net distance for

12S) (Table 5). The separation of these lineages has geographic concordance, with *T. w. elegans* occurring in western Morocco and *T. w. wiegmanni* occurring in the eastern region of the country (Figure 14). The basal lineage corresponding to the eastern distribution of *T. w. wiegmanni* in Algeria and Tunisia is well supported (BPP=1.00/BP=96).

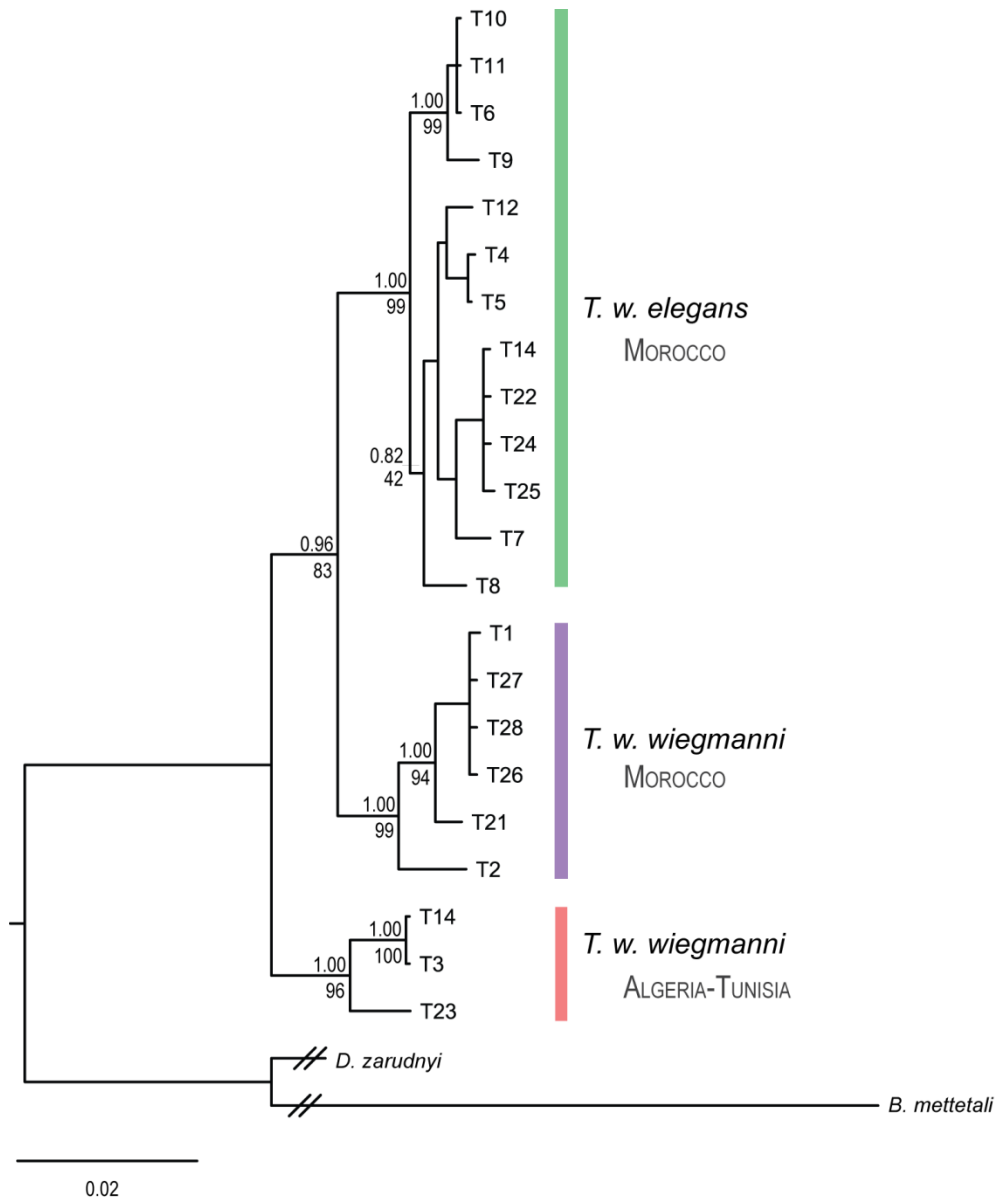


Figure 15 Phylogenetic tree representing the relationships within *Trogonophis*, derived from the Bayesian analysis of the combined markers [12S (353 bp), 16S (465 bp), CYTB (284 bp), CMOS (350 bp), POMC (467 bp) and RAG2 (798 bp)] for a total fragment of 2717 bp. The topology is similar in ML analysis (data not shown). For the major clades and lineages, Bayesian posterior probabilities (BPP) and ML bootstrap support (BP) are given above and below nodes, respectively. The tree was rooted using *Diplometopon zarudnyi* and *Blanus mettetali*.

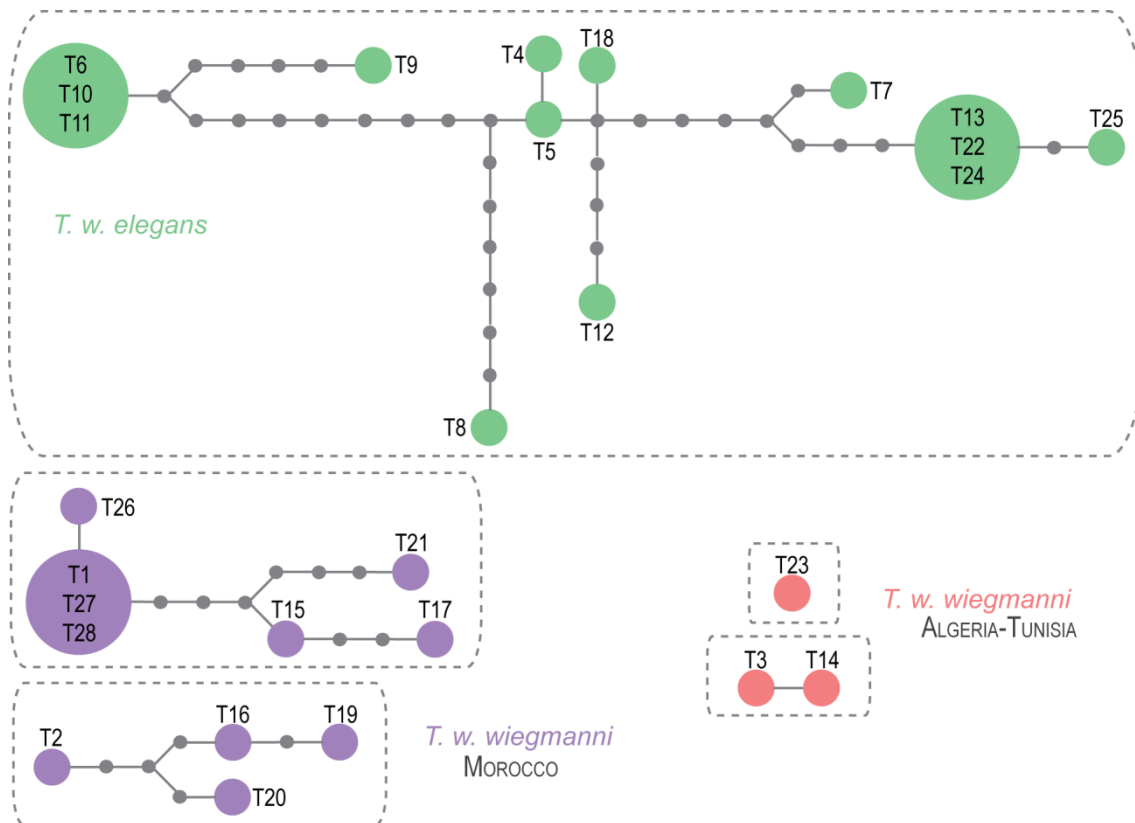


Figure 16 Haplotype networks recovered by statistical parsimony analysis representing relationships among *Trogonophis wiegmanni*, inferred from 828 bp mitochondrial sequences (12S and 16S – 361 bp and 472 bp, respectively). Circles represent different haplotypes with size proportional to sample frequency. Small grey circles represent missing or extinct haplotypes.

Table 5 Net distance between *Trogonophis* clades and uncorrected *p*-distances within *Trogonophis* clades. Lower left values correspond to 12S and top right to 16S values between clades sequences. Shaded diagonal values correspond to uncorrected *p*-distance values within clades haplotypes.

12S \ 16S	<i>T. w. elegans</i>	<i>T. w. wiegmanni</i> Morocco	<i>T. w. wiegmanni</i> Algeria-Tunisia
<i>T. w. elegans</i>	0.010	0.015	0.025
<i>T. w. wiegmanni</i> Morocco	0.031	0.015	0.013
<i>T. w. wiegmanni</i> Algeria-Tunisia	0.031	0.042	0.006

The mitochondrial statistical parsimony network resulted in 22 haplotypes, with a connection limit of 12 mutational steps (Figure 16). The networks supported the combined mitochondrial and nuclear phylogenetic relationships. They also showed that *T. w. elegans* has high levels of intraspecific diversity. Within *T. w. wiegmanni* in Morocco, the mitochondrial analysis – like the combined phylogeny – showed sub-structuring into two unconnected networks, revealing high distances between them. Among *T. w. wiegmanni*

eastern samples from Algeria and Tunisia, there is a relatively high level of genetic divergence, with 2.2% uncorrected p -distance for 16S, among the three individuals analysed (Table 5). Both the combined phylogeny (Figure 15) and the mitochondrial haplotype networks (Figure 16) showed divergence between the Algerian and the Tunisian samples.

Statistical parsimony analyses (Figure 17) revealed that for CMOS and RAG2 nuclear haplotype networks, the three different clades found in the phylogenetic tree analyses (Figure 15) shared haplotypes. In the POMC network, a clear structure separating the three lineages is evident, with the exception of the *T. w. elegans* sample T7, which shares the same haplotype with *T. w. wiegmanni* samples from Morocco.

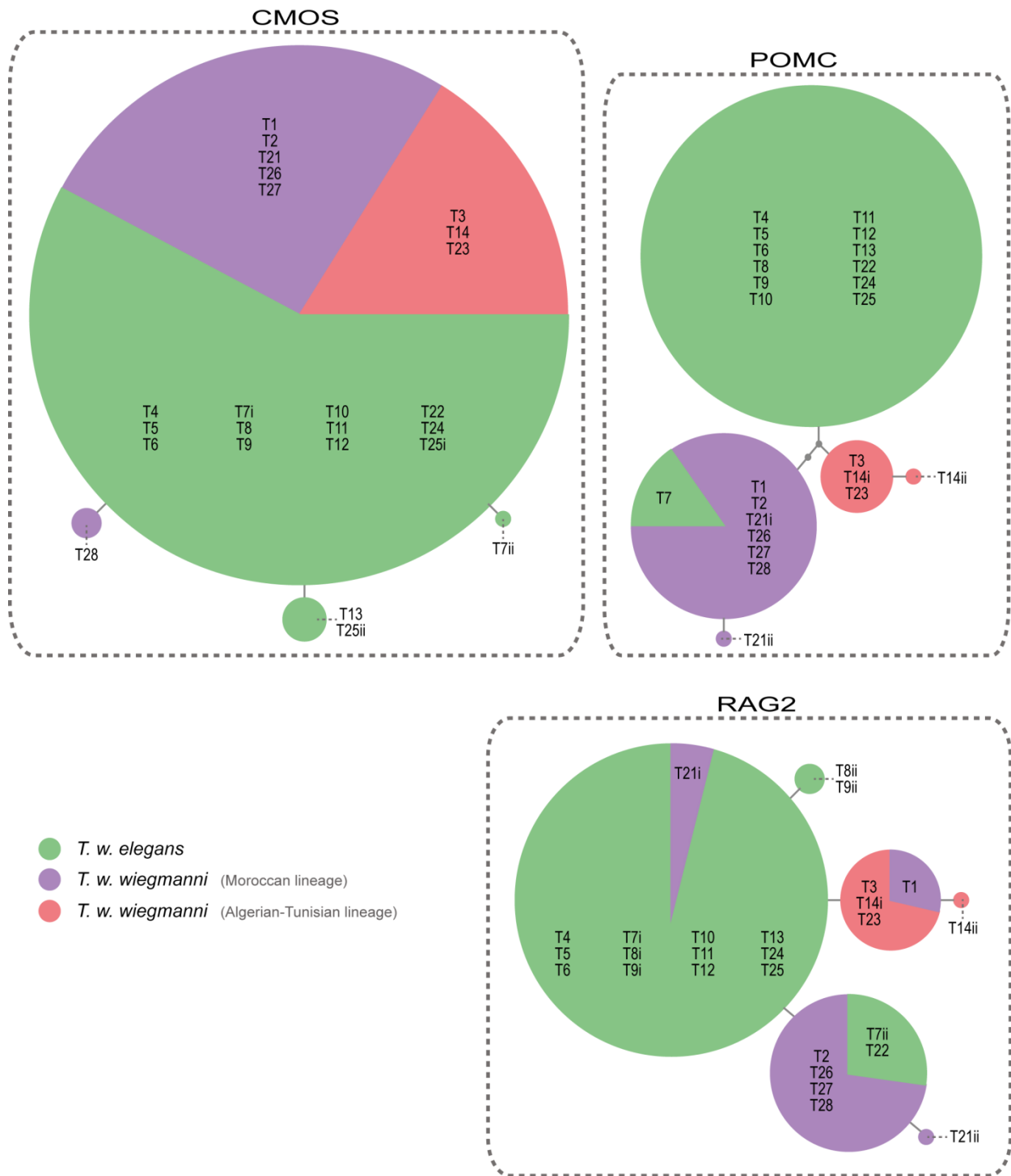


Figure 17 Haplotype networks recovered by statistical parsimony analysis representing relationships among *T. wiegmanni* main clades, inferred from nuclear markers CMOS (350 bp), POMC (467 bp) and RAG2 (798 bp). Circles represent different haplotypes with size proportional to sample frequency. Small grey circles represent missing or extinct haplotypes. Heterozygotes were included as independent samples and are represented by 'i' or 'ii' after sample code.

IV. DISCUSSION

Cryptic genetic diversity is evident in the amphisbaenids occurring in the Mediterranean region, *Blanus* and *Trogonophis*. In these taxa, genetic analyses using mitochondrial and nuclear gene fragments revealed high levels of differentiation among apparently morphologically similar forms. Even though previous studies had already analysed genetic variation and phylogenetic relationships in these forms, they were based mainly on mitochondrial markers. New nuclear data revealed similar patterns to the ones previously recovered, with some markers found to be more informative than others. Moreover, the addition of samples from new localities revealed possible contact zones areas, previously unknown and that might be worthy to further investigate in the future.

1. *BLANUS*

The phylogenetic analyses of both mitochondrial and nuclear gene fragments support the monophyly of all currently described *Blanus* species. Furthermore, the analyses show the existence of three main clades grouping the Iberian, North African and Anatolian species, with the latter being basal to the other species of this genus. The monophyly of the North African clade had been questioned by Albert et al. (2007), stating the possibility of ancient paraphyletic lineages but, with the addition of more sampled Moroccan localities, this study found it to be a monophyletic clade. The phylogenetic relationships between species recovered in this study corroborate molecular findings by Vasconcelos et al. (2006) and Albert et al. (2007). The present study provides a more complete phylogenetic inference in terms of sampling and also number of analysed markers, thus providing new insights into the genetic diversity and differentiation among *Blanus*, which are discussed in the next sections.

1.1. IBERIAN *BLANUS* CRYPTIC SPECIES

The combined mitochondrial and nuclear phylogeny recovered two distinct *Blanus* clades in the Iberian Peninsula, which is concordant with the previous results by Vasconcelos et al. (2006) and Albert et al. (2007) based mainly on mitochondrial data. Nevertheless, the description of *B. mariae* by Albert and Fernández (2009) made it difficult to make direct comparisons of patterns between mitochondrial and nuclear data, due to the use of an anonymous nuclear marker by Albert et al. (2007) (Speybroeck et al., 2010). Networks results from two nuclear markers (Figure 13) support the genetic distinction between *B. mariae* and *B. cinereus*, with no haplotype sharing between the two Iberian species. Moreover, this study results indicate that the distribution of *B. mariae* is wider than previously described by Albert and Fernández (2009). The authors suggested that

the limit to the distribution in western Iberian Peninsula was in the lower third of Portugal, from the Algarve up to Elvas. However, the new data analysed in this study extended the distribution range of the recently described *B. mariae* to central Portugal, in Carvalhão (samples B12-13) (Figure 10). This clearly indicates the need for further sampling and field observations, particularly in centre and north Portugal, in order to establish an accurate distribution of this species, of great relevance to establish adequate conservation policies. Also, the distribution of the two Iberian species may partially overlap in central Portugal – *B. cinereus* B19 from São Mamede and *B. mariae* B12-13 from Carvalhão (Figure 10). Detailed analyses in contact areas, using both mitochondrial and nuclear markers and morphology would be of great to evaluate the occurrence of introgression phenomena between the two forms, and understand the evolutionary history of the Iberian *Blanus*.

1.2. INTRASPECIFIC DIVERSITY WITHIN MOROCCAN *B. TINGITANUS*

This study indicates that within *B. tingitanus* exists considerable genetic differentiation between northern and southern lineages, with 2.6% distance (net distance for ND4), although this is less than between currently accepted species. The finding of these two lineages with a combined mitochondrial and nuclear phylogeny corroborates results by Vasconcelos et al. (2006). Comparatively, this new study analyses a larger sampling coverage in Morocco, particularly for the western distribution of the species, providing a more accurate distribution of these two lineages. In Kenitra, a locality in northwestern Morocco, both lineages are in sympatry (samples B1 and B7) (Figure 10 and Figure 11) and nuclear networks reveal that these samples share haplotypes with southern samples (Figure 13). Also, in this area *B. mettetalis* has also been reported (Bons and Geniez, 1996). Therefore, this ought to be an interesting region to be further investigated.

The distribution of the *B. tingitanus* lineages has geographic concordance, with the northern lineages including specimens restricted to the Rif region, and the southern lineages with samples restricted to south of the Rif and north of the Middle Atlas Mountains. The phylogeographic break observed in *B. tingitanus* may indicate that the Moroccan mountain systems, such as the Rif or the Atlas Mountains may have played a role in shaping the genetic diversity in this species. Indeed, the Atlas Mountains have been proposed as the cause for phylogeographical division for other reptile species, such as *Agama impalearis* (Brown et al., 2002) and *Mauremys leprosa* (Fritz et al., 2005).

1.3. PRELIMINARY ASSESSMENT OF GENETIC DIVERSITY WITHIN *B. METTETALI* AND *B. STRAUCHI*

Intraspecific genetic variation is high within *B. mettetali*, as revealed by high levels of mitochondrial divergence (4.9% uncorrected *p*-distance for ND4), despite only five samples were available to study across a wide range (Figure 10 and Figure 12).

Within *B. strauschi*, variation was exceptionally high between the sample from Turkey and the remaining samples from Greece, as revealed by the mitochondrial network (Figure 12) and a 13% net distance for ND4, a level of divergence similar or even higher to that observed between accepted species (*e.g.* 10% between *B. cinereus* and *B. mariae*) – but again few samples were available. Nevertheless, it seems possible that undescribed *Blanus* species may occur in the Anatolian region. This region is a crossroad between Palearctic, Oriental and Afrotropic ecozones, and was a climatic refugia during the quaternary climatic fluctuations (Hewitt, 2001; Kornilios et al., 2011; Sindaco et al., 2000). For these reasons, this still under-studied region is considered a hotspot of biodiversity. In effect, several recent studies confirm high levels of diversity in plants (Ansell et al., 2011), turtles (Fritz et al., 2009) or mammals (Gündüz et al., 2007). A recent genetic study on another Anatolian reptile, the burrowing snakes *Typhlops vermicularis*, also revealed high variation (up to 8.4% for ND2) (Kornilios et al., 2011).

2. *TROGONOPHIS*

As first suggested by Mendonça and Harris (2007) and confirmed in the present study, the phylogeny of *T. wiegmanni* is composed of three monophyletic clades in North Africa. This study inferences based on mitochondrial and nuclear sequences found two monophyletic clades in Morocco, correspondent to *T. w. elegans* in western Morocco and *T. w. wiegmanni* in eastern Morocco, and a third clade clustering *T. w. wiegmanni* samples from Algeria and Tunisia, forming a basal clade (Figure 14). This suggests that *T. w. wiegmanni* is a paraphyletic subspecies.

2.1. MOROCCAN *T. WIEGMANNI* FORMS

Within the subspecies *T. w. wiegmanni* in Morocco, the mitochondrial analysis showed a sub-structuring into two lineages (Figure 16Figure 14). One of them seemed to be restricted to areas with lower altitude while the other one was found in mountainous areas (Figure 14). This suggests that within this subspecies there are two forms which may have different ecological requirements, but this will require further assessment.

Furthermore, the two forms *T. w. elegans* and *T. w. wiegmanni* present in Morocco show an apparent biogeographic structure, being geographically separated by the Atlas Mountains (Figure 14). This mountainous system may act as an apparent barrier to gene flow, causing deep separation between western and eastern *T. wiegmanni* populations in Morocco (net distance between these two clades is 2.8% for 16S and 3.1% for 12S). This possible role of the Atlas Mountains as a barrier promoting speciation phenomena has been already described in other reptile species (Brown et al., 2002; Fritz et al., 2005). Moreover, the level of genetic distinction between the two Moroccan subspecies is as high as between the species *B. tingitanus* and *B. mettetali* (2.4% net distance for 16S). Besides the level of genetic differentiation, these two forms display different morphology in coloration patterns and apparently different ecological requisites, as noted by Mendonça and Harris (2007). Some authors (*e.g.* Gans, 2005) have previously considered the possibility that these two forms could be upgraded to species level. The new data presented in this thesis is not in conflict with this idea, although it would mean that three forms would need to be recognized.

There is a zone in central Morocco where both *T. wiegmanni* forms occur (samples T7 and T28), which was identified for the first time in this thesis (Figure 14). Furthermore, the POMC network shows a clear structure for the three lineages (Figure 17), except for *T. w. elegans* sample T7, which groups with a Moroccan *T. w. wiegmanni* haplotype. This is curious, since B7 is closely located from *T. w. wiegmanni* sample T28, which could be indicative of a potential contact zone in this region where some gene flow may be occurring. This clearly warrants further investigation.

2.2. *T. w. WIEGMANNI* FROM ALGERIA AND TUNISIA

Analyses by Mendonça and Harris (2007) found the Tunisian sample included in their study to be more divergent from Moroccan *T. w. wiegmanni* (4.8%), the subspecies it currently belongs to, than to *T. w. elegans* (4.4%). However, since the results were based on a single *T. w. wiegmanni* sample from Tunisia, their results were inconclusive regarding its possible inclusion in either one of the Moroccan clades. Our results have a similar outcome, with samples from the Algerian-Tunisian clade being genetically more distant to Moroccan *T. w. wiegmanni* (4.2%) than to *T. w. elegans* (3.1%) for 12S sequences, while their position in the phylogeny clearly indicates they belong to a third distinct clade. The level of genetic differentiation seems to be relatively high between the Moroccan and Algerian-Tunisian forms, and could possibly correspond to a different subspecies or be elevated to a species level, but further molecular and morphological assessment would be

valuable to confirm this hypothesis. Furthermore additional samples particularly from Algeria would be useful to better delimit the range of this form.

Moreover, intraspecific genetic variation seems to be high within this clade, as revealed by the mitochondrial statistical parsimony network, which separated the Algerian sample – *T. w. wiegmanni* type locality – from the Tunisian samples. A more continuous sampling throughout this species range of distribution in Algeria and Tunisia would be useful to make further inferences.

3. NUCLEAR MARKERS UTILITY

Despite the high levels of genetic variation uncovered with mitochondrial markers for both *Blanus* and *Trogonophis*, not all nuclear markers used in this study confirm these high diversity levels. The nuclear markers used for *Blanus*, POMC and MC1R showed differentiation among the recently separated lineages within the Iberian Peninsula, revealing to be useful for genetic distinction in this group. However, while POMC showed little intraspecific diversity within each clade and separated the clades by a small number of mutational steps, the MC1R marker provided more resolution within and between clades.

For *Trogonophis*, the POMC network also distinguished between taxa. On the other hand, CMOS and RAG2 showed lack of genetic structuring, with a high proportion of haplotype sharing between clades. These results do not corroborate the high levels of differentiation among clades obtained with mitochondrial data, which could be indicative that these markers may be too slow evolving to separate clades. However, this discrepancy between mitochondrial and nuclear results is not uncommon as noted by Ballard et al. (2002), and recognized for *Tarentola mauritanica* (Rato et al., 2010) and *Podarcis* wall lizards (Pinho et al., 2007). Generally CMOS and RAG2 are used to distinguish between clades at deeper phylogenetic levels rather than within or between species, so incomplete lineage sorting due to the slow evolving nature of these markers seems the most plausible explanation for these results.

V. FINAL REMARKS AND FUTURE PERSPECTIVES

1. CONCLUSION

This study focused on the fact that currently described species are not always distinguishable by morphological traits, since high genetic variation between specimens with identical morphology has been observed in many groups from around the globe. However, assessments of genetic differentiation should not rely only on mitochondrial data, which has been a common artefact in many phylogenetic studies. The amphisbaenians *Blanus* and *T. wiegmanni* represent examples of cryptic taxa in the Mediterranean Basin, a biodiversity hotspot, in which conservative morphological evolution masks high genetic diversity. However, the differentiation previously identified using mtDNA still needed to be confirmed using nuclear markers which was the main aim of this thesis.

The phylogenetic relationships among *Blanus* and *Trogonophis* and the high levels of mitochondrial sequence variation within these taxa reported in previous studies have been corroborated in this study with the addition of new sampling sites and nuclear sequences. Even though not all nuclear markers have revealed deep genetic structuring, their use constitutes a substantial improvement in the understanding of the phylogenetic relationships in these groups. When cryptic speciation is a recent event, the use of faster nuclear markers is important to corroborate or not the mitochondrial patterns of subdivision, while slow nuclear marker are more useful in cases when speciation is old enough for them to get monophyly and at the same time faster markers can be saturated. In the case of *Blanus* and *Trogonophis* clearly faster nuclear markers such as POMC and MC1R were more informative than slow-evolving markers such as CMOS and RAG2.

Furthermore, the levels of divergence between the studied taxa, particularly in Morocco, seems to be mostly related with biogeographical boundaries acting as apparent barriers to gene flow, which may explain the vicariance phenomena observed, caused by the Atlas Mountains uplift during the Miocene.

This study analyses for the first time the genetic diversity of the genus *Blanus*, with representatives of both the western (*B. cinereus*, *B. mariae*, *B. mettetalis* and *B. tingitanus*) and eastern Mediterranean (*B. strauchi*) species of *Blanus*. Even though only a small number of samples were available for this study, this preliminary assessment has revealed high levels of genetic diversity in both eastern and western groups and the clear evidence of more amphisbaenid cryptic taxa present in the Mediterranean Basin.

Understanding species diversity is fundamental in order to apply correct conservation policies. It is important to describe and preserve the existing natural diversity, which also

includes genetic diversity, and with the assistance of molecular tools it is possible to determine which areas deserve higher conservation priorities.

Hopefully this study will be useful as a further stepping stone in the understanding of cryptic diversity in amphisbaenid taxa.

2. FUTURE WORK

Regarding *Blanus* and *T. wiegmanni* worm lizards, further sampling is necessary throughout the taxa distribution in order to obtain an accurate distribution of the different lineages and species. At this respect, sampling should be more intense on *B. mettetali* in southern Morocco, *B. strauchi* in Anatolia, and *T. w. wiegmanni* in Algeria and Tunisia. It would be particularly interesting to conduct more sampling around possible contact zones between the different lineages found in this study, in order to better understand the evolutionary processes occurring in areas of sympatry (if such areas exist). The addition of fieldwork on the presumable contact zone between *B. mariae* and *B. cinereus* in central Portugal, between *B. tingitanus* lineages and *B. mettetali* near Kenitra region in Morocco, and in central Morocco where both *T. w. elegans* and *T. w. wiegmanni* occur will be essential to understand the processes involved in the isolation and maintenance of the lineages in contact. This will be valuable not just for assessing the status of these taxa, but to draw comparisons with other similar species in this region.

It is also planned to further investigate the correspondence between genetic and morphological variation in *Trogonophis*, particularly between the Tunisian and Moroccan *T. w. wiegmanni* forms, in order to clarify their taxonomic status. To do so, we have already contacted several museums to lend specimens to be morphologically analysed.

To better understand phylogeographic patterns in these amphisbaenids, it can also be useful to estimate divergence times between lineages. This can be done by using mitochondrial or nuclear genes and several calibration points. Calibration can be obtained from fossil record – which is scarce for *Blanus* and *Trogonophis* and therefore may lead to unreliable results – or by biogeographical events, such as the formation of mountain ranges or volcanic islands (Weir and Schluter, 2008).

Finally, the two genus of worm lizards studied here represent a challenge for delimiting species due to their cryptic nature. The actual lack of diagnosable morphological characters makes species diagnosis difficult. The use of new approaches in taxonomy, such as an “integrative taxonomy” (Padial et al., 2010) might be useful in this case. Along with genetic studies using a multilocus approach, and a morphological reassessment, it would be also valuable to implement an ecological niche modelling approach to assess which climatic and physical factors, such as temperature, precipitation

or altitude, affect the distribution of genetic lineages driving to lineages divergence and also aid in species delimitation (Rissler and Apodaca, 2007). All these evidences could be integrated for taxonomic purposes.

VI. REFERENCES

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