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1995

# Redbook: 1995

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*Boston University*



# REDBOOK 1995

BOSTON UNIVERSITY SCHOOL OF MEDICINE





## Boston University School of Medicine

80 East Concord Street  
Boston, Massachusetts  
02118-2394  
617 638-5300

Aram V. Chobanian, M.D.  
Dean

Dear Entering Medical Students:

I am pleased to welcome you to Boston University School of Medicine, and to congratulate you on your decision to become a physician.

Medical education and the practice of medicine are undergoing dramatic changes at the present time. In your medical careers, you will need to keep up with an explosive growth in scientific knowledge and to apply such knowledge to the compassionate care of patients. Our new curriculum which was set in place three years ago will help you meet these challenges. Your course of study will be intensive and demanding, but more importantly, it will be exciting and personally rewarding. I would encourage you to take advantage of the many opportunities which will present themselves to you to foster your academic and personal growth and to make your stay here as pleasant as possible.

The Redbook, prepared by medical students from prior classes, provides valuable suggestions to help prepare you for this new venture. Our offices will of course be available to you if you need additional assistance.

I wish you much success in your medical career, and look forward to meeting each of you in the near future.

Sincerely,

A handwritten signature in cursive script that reads "Aram V. Chobanian".

Aram V. Chobanian, M.D.  
Dean

*The Student Committee on Medical School Affairs*

**S.C.O.M.S.A.**

Boston University School of Medicine  
80 East Concord St. Boston, Massachusetts 02118

Summer 1995

Dear First Year Student,

On behalf of all the members of the Student Committee on Medical School Affairs, CONGRATULATIONS and welcome to Boston University School of Medicine!! While some of you are already familiar with BUSM, others will be coming to Boston for the first time and may have some questions.

During orientation you will be introduced to fellow students, faculty, and administrators who will become an integral part of your next four years. The information that you will receive during the week may seem overwhelming, but it is all very important. You will find that most of this information will fall into place as the semester gets rolling. This Redbook will give you a head start in learning about BUSM and living in Boston and undoubtedly answer some questions that you may already have. Relax and enjoy the rest of your summer, and again, welcome to BUSM.

Sincerely,

Gregory M. Bernstein, BUSM II  
Co-Vice-Chairman, SCOMSA  
(617) 267-0605

P. Nelson Le, BUSM II  
Co-Vice-Chairman, SCOMSA  
(617) 247-7722

## **EDITOR'S NOTE**

Congratulations on your acceptance into Boston University School of Medicine! Now that the hard part is over, you are about to be initiated into the world of medicine. I am sure that you have a lot of questions about housing, classes, and about basic life in Boston as a medical student. Hopefully, the Redbook will answer most of your questions.

Continuing with the long-lasting tradition, the Redbook is a publication produced solely by second year students to make your transition into medical school a lot easier. I would also like to thank the former students who have contributed to the Redbooks of years past. Many portions of this year's publication were derived from their toils.

As with any student publication, the views expressed herein are exclusively those of the students involved in this publication and in no way represent the views/interests/opinions of the Boston University Medical Center faculty, administration or staff.

Finally, the Class of 1998 wish you the best of luck with your first year. This Redbook is a symbolic passing of the torch — marking the end of our first year in medical school and signifying the beginning of yours. Study hard and do the best you can, but most importantly, enjoy yourself. We got through this year, and so will you.

Robert C. Oh, BUSM II

### **ACKNOWLEDGEMENTS**

#### **CHIEF EDITOR**

Robert C. Oh

#### **ASSISTANT EDITOR**

Eduardo Besser

#### **CONTRIBUTORS**

Gregory Bernstein

Jen Murray

Nichole Pardo

Martha Segal

Cheng Sheng

Cyrus Torchinsky

#### **ILLUSTRATIONS**

Anne McCaffrey

## **ABOUT THE SCHOOL**

Boston University is an independent, co-educational, non-sectarian university with an enrollment of about 19,100 full-time students and a faculty that numbers more than 2,500. The university traces its origins back to 1839, when a group of lay and ministerial delegates of the Methodist Episcopal Church began a school for the improvement of theological training. Incorporated by the Commonwealth of Massachusetts in 1869, Boston University dedicated itself to the liberal arts, promoting virtue, learning and piety. Today, the fifteen schools and colleges of the University retain a human scale and a clear sense of academic purpose providing students with the advantages of a large, contemporary, educational complex, while maintaining many traditional priorities.

Boston University established the School of Medicine in 1873 by merging with the New England Female Medical College, which had been founded in 1848 as the first medical college for women in the world. The School of Medicine became a constituent member of the Boston University Medical Center in 1962. It is situated in the South End of Boston between the Boston City Hospital and the University Hospital.

With a history free from racial and religious discrimination in the admission of students and the hiring of faculty, Boston University is strongly committed to minority recruitment, equality of the sexes, and opportunities for the disabled. It was the first university to open all its doors to female students, and it graduated the country's first black woman M.D., and first woman Ph.D.

Most of the University's schools and colleges line the south bank of the Charles River just west of downtown Boston. Across town is the University's Medical Center, which is comprised of the School of Medicine, the Goldman School of Graduate Dentistry, the School of Public Health, and University Hospital.

The School of Medicine is accredited by the Liaison Committee on Medical Education of the Association of American Medical Colleges.

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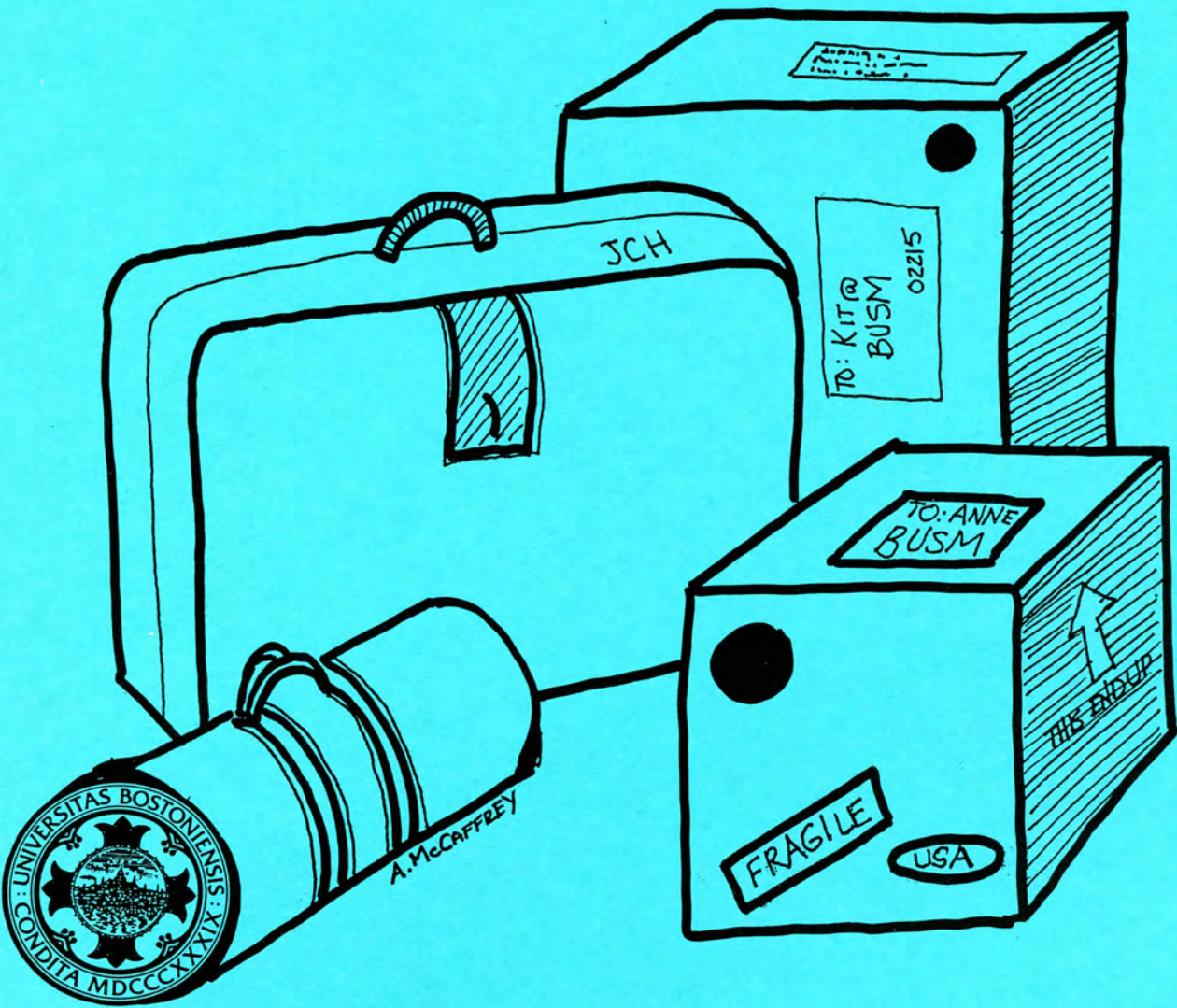
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# GETTING STARTED



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## GETTING ORIENTED

### Orientation Week

While our class is trying desperately to stay awake in lectures, your class will be enjoying Orientation Week. Before being thrown into classes, the last week of August is spent living up the last moments of summer. There will be lots of faculty members and administration speaking about the school, what to expect, financial management, etc. This is also a great time to meet your new classmates, as you'll be practically spending the whole week together. You might notice that many of your classmates already know each other. Most likely, these are the Seven Year Medical Students (SMED's), and the former Master's students (a post-bacc. program at B.U.). Everyone's friendly and they're just as eager to meet new people too. There will also be a freshman reception and dinner (bring that interview attire out of the closet!) where you will be taking the Hippocratic Oath. Our class was the first year to recite the Oath *before* graduation (and who said med school was hard?). The administration felt that since you'll be seeing patients within the first weeks of school, students should be reminded of that *do no harm* thing... Your class will also have a barbecue at an island paradise off the shores of Boston. But, Orientation is not all fun and games — you have to get some start-up tasks out of the way.

### Registration

The **Registrar's Office**, C329, (617) 638-4160 compiles all necessary registration requirements for medical students. If you're also in another programs (e.g. School of Public Health or Division of Medical and Dental Sciences), you'll need to check specifically to see whether or not you need to personally register for classes. Any questions regarding financial management should be directed to the **Office of Financial Management**, L315, (617) 638-5130.

### Student I.D.



You will get your I.D. pictures taken during orientation week. **Be there!** If you miss the photo, you will have to go to the main campus (located on Commonwealth Avenue) to get your mug snapped. **DON'T LOSE YOUR I.D.!!!** If you do, you'll have to trek over to the main campus with \$20 in hand to get a replacement. Remember, your student I.D. gives you access to the entire Medical Center and to all the facilities on the main campus. You **MUST** display your I.D. upon entering medical buildings, or be prepared to run very quickly past the security guard. Your I.D. is also necessary for borrowing books from the BU libraries, in addition to receiving library privileges at area institutions. Plus, many places in Boston will give you discounts just for flashing your I.D.

### Name Tag

During orientation, you will receive your shiny red name tag. It's Massachusetts law that you wear it in a visible place every time you see a patient. You may also be asked to wear them at all times while in school and in all BU Medical Center facilities. Remember, it is this name tag that separates you, the eager medical student, from all the undergraduate students at BU. These name tags are **very, very** easy to lose, so be forewarned. Some students opted to get an I.D. holder which snugly holds both I.D. and name tag. These are available at the Human Resource department of University Hospital.

### Composite Pictures

During Orientation, a composite picture will be taken — usually the time when you get your I.D.'s. These pictures are not the same as the student I.D. pictures. Instead, they will be put on a

composite sheet, which is then reproduced and distributed to both students and faculty. This way you can figure out people's names— especially late in the year when it has become too embarrassing to ask again.

## Mail

After some summer construction, the mailbox area will be located in the basement near the student lounge. Incoming phone calls to students are not direct, so a caller must leave a message at the Mail Room (638-4156), which is in turn left in the appropriate mailbox. Mail (school, personal and/or packages) can be sent to:

ANY STUDENT, Box ???  
Boston University School of Medicine  
80 East Concord Street  
Boston, MA 02118

Remember, your mailbox is **your** responsibility. In addition to your subscription to *JAMA* and *Sports Illustrated*, the mailbox often contains schedule changes, graded exams, and most importantly, announcements of free lunches. So, **check it 2x daily**. When you are away from the school, have someone else check it for you, or leave a forwarding address in the mail room, the Registrar's Office, and the Office of Student Affairs. A box number with combination will be issued to you during orientation. This address will be yours for the next four years. Some students opted to have all their mail sent there, but remember, the mail room isn't open on Saturdays.

## Lockers

During orientation, you will be assigned two lockers: one coat locker which is tall and narrow and another for your microscope which is short and wide. You are expected to bring or buy your own lock for your coat lockers. The coat lockers get full use when Anatomy is in session. **DO NOT change in the hallways!!** The Dean was not too pleased when he received complaints about guys flashing skin in the hallways.

## Microscopes

First and second year students are required to have microscopes. Binocular fields with a 10x, 40x and oil immersion objectives is recommended. In the past, some students purchased used microscopes from other students who no longer needed theirs, but most of our class rented their 'scopes from the school.

Rented microscopes are of excellent quality and proved to be more than adequate for our requirements. Plan to spend about \$100 on rental for your first year classes. This fee includes insurance coverage for all books, microscopes, instruments, and personal items against theft or damages for one year. A microscope rental form will be sent to you before the first week of school.

## Bulletin Boards and Blackboards

There is a bulletin board for the first year class outside Bakst. This bulletin board will contain any news pertinent to the first year class along with any advertisements (i.e., apartments for rent, things for sale, etc.). This can be a very good place to start your "apartment hunting." Due to renovations to the first floor foyer, the bulletin boards will tentatively move down to the basement near the student lounge. This board has traditionally contained advertisements and announcements. The boards become extremely crowded with all the various flyers posted on them, so you will want to scan them carefully if you use them as an information source. Outside the elevators in the L building is "BUSM in the News," which features newspaper clippings, magazine articles etc. about B.U. Med. Also, there are enclosed cases on each floor that contains important announcements, information on lunchtime lecture series, etc.

The free standing blackboard in Bakst auditorium is used for announcements regarding BUSM

functions (i.e. organization meetings, luncheons, etc.). This serves as an excellent reminder of upcoming events.

## Additional Comments

Don't be surprised if you spend much of your first few days standing in line to accomplish some of these tasks. This is a golden opportunity to introduce yourself and strike up a conversation with those around you. You're all in the same boat, and it is a great opportunity to begin meeting your classmates and future colleagues.

## PACKING YOUR BAGS...

### Money



The most important thing that you can bring is money. As you flip through this book you will find several hidden expenses and will be faced with the reality of living in a major city. You will want to bring a "war chest" of about \$3000 to cover living expenses and book expenses for the first couple of months. The reasoning behind this is that loans may be tied up or take time to come through. The school is trying to switch to electronic fund transfers for your loans, but don't bet the bank on it for the fall. A best estimate on receiving your credit refund from Student Accounting is October, so with the \$3000, at least you'll have a cushion on which to fall.

### Expense Summary:

<b>Required</b>		<b>Optional</b>	
Textbooks	\$900	Test Packet	\$75
Notebooks/supplies	\$170	<u>Medical Instruments</u>	<u>\$600</u>
Short White Coat	\$30		
<u>Microscope Rental</u>	<u>\$100</u>	TOTAL	\$675
TOTAL	\$1200		

### BOOKS

Estimate \$900. Most courses have recommended texts as well as required ones. It is important that you be selective, it is just not efficient if you use too many books. Before buying your books, you should examine the choices to see which ones best suit your studying style. For many courses, the handouts and the class notes are more than sufficient. You do not need all of the textbooks for a course on the first day.

Make sure you check out the American Medical Student Association's (AMSA) used book sale during Orientation Week. There will be books available for a fraction of the cost of new ones, but make sure you get there early as they go pretty quick. Also, make sure you check which editions you purchase. While some texts do not change much from edition to edition, others can have major revisions. Before purchasing your books, consult some second year students. You can find out which books are required and recommended in the *Academics* section.

Another option, for those of you strapped for cash, is to consider using some of the texts on reserve in the library. Most course books are on reserve in the library — some circulate overnight, others do not. There are some courses which recommend a slew of books (i.e. Physiology) so using the library reserve texts may be the way to go.

### TEST PACKET

Estimate \$75. This is your *most worthwhile investment*. This packet contains old exams from the past several years (with answers) for the first year courses. This is an extremely useful study aid, and for many students it is worth its weight in gold. Test packets will be available from AMSA during the first few weeks of school. You will find yourself at a disadvantage without this investment. And yes, it is cheaper and easier to buy the packet than it is to copy someone else's.

### MEDICAL INSTRUMENTS

About \$500 is included in your budget for instruments. For those folks in the Family Mentorship program, it is suggested that you purchase your medical instruments early as there are many opportunities to put them into use. For those in the regular ICM course, instruments need not be purchased until the spring semester and are not required until the second year ICM course. In the spring, medical supply companies come to the school and offer large discounts. You must order your instruments in the spring to receive the discounts, but you can pick them up and pay for them the following fall. The total cost of the items listed below can range from \$550-750 (May 1995 prices).

- Stethoscope
- Ophthalmoscope/Otoscope
- Doctor's Bag (optional)
- Sphygmomanometer
- Reflex Hammer
- Tuning Forks (128, 512)

### Clothes

*"If you don't like the weather in New England...wait a minute" -Mark Twain*

Fall and spring bring variable weather to Boston with temperatures ranging from the 40's to the 80's. An umbrella that you can fit into your bookbag is a smart way to be prepared for the frequent, unpredictable showers. In the winter, it gets very cold, with temperatures ranging from below zero to about 40 degrees. A warm jacket, hat and gloves are a must. Be prepared for those fierce winter winds. Bakst Auditorium, where you'll receive 99% of your lectures, was recently renovated, but its characteristic temperature fluctuations have not been eliminated. You might want to keep a sweater handy, and dress in layers so you are able to remove very warm clothing when the heat finally does come up.

A second set of comfortable, washable clothes or scrubs and shoes is recommended for Gross Anatomy Lab. Since everything you wear or bring to the lab will absorb the unpleasant lab smell, we suggest that you wear something old that you don't care about. More than likely it will end up in the trash once lab is over in December. (These clothes can be kept in your lockers.) Please wash these clothes and your lab coat frequently so that the locker rooms, elevators, and you don't become offensive. Also, the lab can be very cold, so you may want to bring a sweatshirt, *non-wool* sweater or a *non-flannel* shirt. Wool and flannel will hold the formaldehyde smell *even after washing*.

### Recreational Equipment

Bring your sporting equipment along. There is time to ski, ice skate, rollerblade, swim, bike, play tennis, baseball, basketball, football, soccer, ice hockey, etc... Boston is well situated for these activities, and exercise really helps to alleviate the stresses of school. Many students like to get involved in intramural sports at the main campus and beat the under graduates senseless.

### Hobbies

Sometimes, you will need to escape into the non-medical world. If you play a musical instrument, paint, draw, knit, or have other hobbies, bring your equipment along. You will have the time to use it, especially after midterms as long as you keep up with your work and stay organized. It will provide a welcome diversion.

## TRANSFER STUDENTS

### Second Year Transfer Students

#### What You Have Missed

**Immunology** is a first year course that many transfers have not taken. The lectures and test are given at the end of the first year (after second years are finished with classes). This is to say that at the end of your second year, you still have one last test (Immunology) to take. Tell the course director, Dr. Jackie Sharon, that you are a transfer - she'll make arrangements from there.

#### What You Need

##### Lockers

Educational Media Support Services office on the third floor of the L-building assigns a locker for your microscope. The Office of Student Affairs assigns coat lockers.

##### Doctor's Supplies (Second Year ICM Course)

Dr. McCahan's office can supply you with a complete equipment list. The manager of the Charlesbank Health Sciences Bookstore can arrange for you to purchase everything — at a substantial discount— when the first years are buying their equipment.

### All Transfer Students

#### Mailbox

Go directly to the Mailroom (located in the basement of the L-building) for the quickest results. Then report your box number to Office of Student Affairs, to the Registrar's Office (C-329) **and** to the Office of Student Financial Management (L-315). This step is important because your mailbox is where you will receive many important notices from these and other various offices.

#### Name Tag

It should have come from the Registrar's office. If not, contact them at 638-4160.

#### Student I.D.

Photos are usually taken on one of the first days of school. You will be getting your picture taken along with the first year class. It is important that you impress upon the photographer that you are a second year transfer and not a first year - this will avoid much confusion in years to come. Also check with the Office of the Registrar.

#### Advisors

The first year students are assigned advisors who they continue with throughout their entire four years here at BUSM. Transfer Students should speak to Dr. Elaine Alpert (Assistant Dean for Student Affairs) regarding advisor assignment. She can be found in the Office of Student Affairs.

## HEALTH CARE ISSUES

Here is a summary of some of the health care issues that you need to be thinking about as a medical student. We have reprinted the Policy Regarding Health Care of Medical Students at Boston University School of Medicine in the REFERENCES section of the Redbook under **Policies**. Please make sure you read it carefully.



## **Physical Examination, Immunizations and Screening Tests**

You **must** have a comprehensive physical examination done by your own physician within 12 months prior to matriculation to the School of Medicine. In addition, there are several immunizations and screening tests that also need to be done before you can matriculate. Please refer to the Health Care Policy section in the REFERENCES section for the details. You should be receiving forms for your doctor to document the physical exam and immunizations in the mail soon, if you don't already have them. These forms must be brought with you to school, and will be collected during orientation. **Keep a copy of each form (and all other important papers) for your own files, just in case!**

## **Health Insurance**

Massachusetts state law requires all full-time students to have some form of health insurance. This may consist of an individual's chosen health insurance, or coverage provided by parents or a spouse. If a student does not have insurance, or if it expires prior to entering the school, BUSM offers three Blue Cross/Blue Shield insurance programs. In addition, AMSA offers a health plan. Medical insurance is included in your student budget set by the Office of Student Financial Management.

During the summer, the Registrar will be sending you a "**Student Health Insurance Enrollment/Declination Form**" which will ask you to either accept or decline the programs provided by the medical school. If you decide not to enroll in any of the BC/BS plans offered, this form **MUST** be sent to the school with information about your alternative form of insurance. If this form is not received, then you will automatically be enrolled and billed for the Master Medical insurance program. An information session is scheduled during orientation, at which time, detailed information will be given regarding the various plans discussed below as well as general information on matters of student health.

**HMO Blue:** *The annual premiums are \$1,164 for an individual, or \$3,132 for family coverage.* HMO Blue is a managed care plan which requires the student to choose a primary care provider (PCP) from an extensive list of physicians in the area (including Boston University Medical Center Hospital (BUMCH)). This PCP will coordinate all health care such that if additional tests or consults are needed, this physician will refer you to a specialist **within his or her referral circle**. There is no exclusion for pre-existing conditions. There is coverage for health maintenance and preventive health care, as well as many forms of birth control. As in most managed care insurance, there is a small copayment for each service (\$10-25). All care must be coordinated by your PCP and remain within the referral circle of the PCP.

**Blue Choice:** *The annual premiums are \$1,368 for an individual, or \$3,648 for family coverage.* This is similar to HMO Blue except there is no 'referral circle'. You must choose a PCP from a list of available physicians. If you need to see a specialist, your PCP can refer you to anyone in the network. This plan will also provide 80% coverage for most services provided by a physician outside of the network. Although somewhat more expensive than HMO Blue, this plan gives the benefits of a managed care system while also providing more choice in choosing a physician.

**Master Medical :** *The annual premiums are \$2,184 for an individual, or \$5,472 for family coverage.* This is your traditional fee-for-service type insurance which provides liberal coverage for hospitalization and illness-related ambulatory care. There is no gatekeeper involved and you may choose any physician you wish to see.

**AMSA Insurance Plan:** In past years, many students chose the health insurance plan offered by the American Medical Student Association (AMSA). The annual premiums are lower than those described above, but there are hefty co-payments and deductibles as well as other restrictions. After the deductible is satisfied, this plan pays 80% of the usual and customary charges for covered inju-

ries and illnesses. Two plans exist, one with a \$75 deductible and one with a \$125 deductible (these are 1994-95 numbers, so they may increase). To subscribe, you must join AMSA (around \$60). For more details, check with AMSA (in the *Student Life* section of this book).

## **Dental Insurance**

Dental insurance is available through the Goldman School of Graduate Dentistry, located next to University Hospital. This plan is totally separate from the University's Student Health Services or Medical Expense Insurance Plan. The cost of this dental plan is \$115 per individual, and this fee covers 2 complete cleanings, a full set of X-rays, and any fillings which may be required. Students should note that service here is done by dental students and dentists because it is a teaching clinic, therefore it will take longer for a procedure than if you had it done at a non-teaching clinic. The cost of service, however, is lower than that of a non-teaching clinic. For more information, you can contact Dr. Freeman's office at 638-4741.

## **General Student Health Care**

If you are feeling sick, and want to enter the sick role (to be elucidated in your Psychiatry course), you can be seen on a walk-in basis at the Student Health Service on the Charles River Campus (353-3575). There is no charge for service at the Student Health Service on the main campus. You may also make an appointment to see a physician in the Commonwealth Medical Group (across from Student Health Services) or the Evans Medical Group at BUMCH (638-7920). You will be billed appropriate to your insurance for these visits.

However, following the national trend towards Primary Care, students are encouraged to select a primary care physician (PCP) who can serve as a regular source of health care. Having a personal physician of your own is not only in your best interest as a patient, but can also be a valuable educational model as you become a medical professional. Excellent primary care providers can be found within the medical center, as well as elsewhere in town. Practice settings at BUMC used by many students include the Evans Medical Group (638-7920), the Women's Health Group (638-7428), or the Boston City Hospital Primary Care Clinic (534-5976).

In case of an emergency, you can report to the Emergency Department at BUMCH (638-6240). In addition, a psychiatrist, Dr. Roy Shulman, is available for confidential consultation and short-term treatment at no charge. He can be reached at 354-1551.

## **Needle-Sticks and Other Potentially Hazardous Exposures**

Your personal health and safety are of tremendous importance. The medical school tries to foster a very safe learning environment for us to develop. All students receive mandatory annual training in the Occupational Safety and Health Administration (OSHA) standards for blood-borne pathogens and in the proper use of necessary personal protective equipment.

Should you sustain an exposure (needle-stick, splash injury, etc.), you must **immediately** report either to Occupational and Environmental Medicine (OEM) if the accident occurs between 8 am and 4 pm, or to the Emergency Department at nights and on weekends. If you happen to be rotating at an affiliated hospital other than BUMCH, you should go directly to that hospital's employee health service or to the Emergency Room. All costs for medical care resulting from an exposure will be covered by the School of Medicine.

The first step in the process of becoming a nurse is to complete a high school diploma. After that, you will need to complete a nursing program. There are two main paths to becoming a nurse: a four-year Bachelor of Science in Nursing (BSN) program and a two-year Associate Degree in Nursing (ADN) program. Both programs include classroom instruction and clinical experience. The ADN program is typically completed at a community college, while the BSN program is completed at a university. After completing your nursing program, you will need to pass the National Council Licensure Examination (NCLEX-RN) to become a registered nurse (RN).

### Initial Licensure

Typical licensure is a two-year process. The first year is spent in a nursing program, and the second year is spent in a clinical setting. After completing your nursing program, you will need to pass the NCLEX-RN. This exam is a national exam that tests your knowledge and skills as a nurse. If you pass the exam, you will be eligible for licensure. The licensure process is a two-step process. First, you will need to apply for licensure to the Board of Nursing in your state. Once you have been accepted, you will need to pass the NCLEX-RN. If you pass the exam, you will be licensed as a registered nurse (RN).

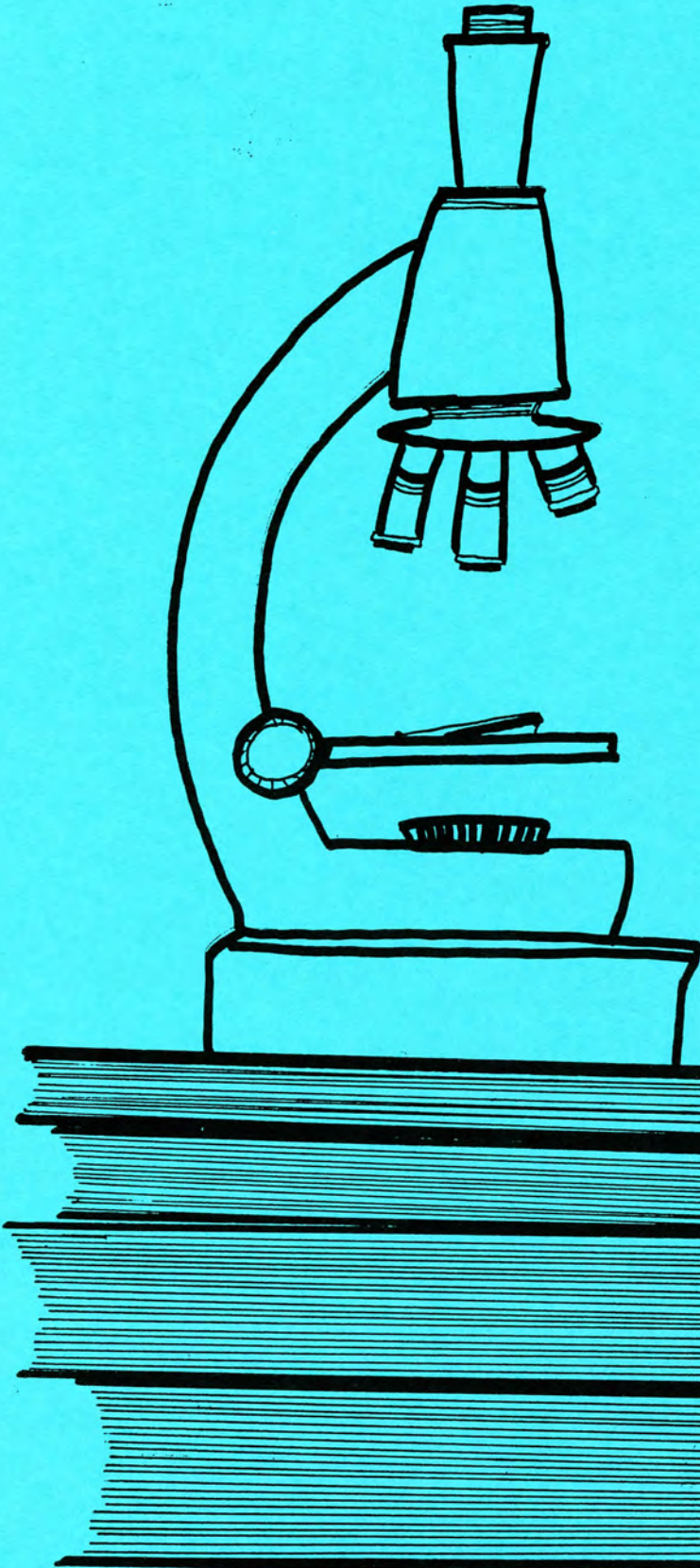
### General Nursing Practice

After becoming a registered nurse, you will need to find a job. There are many different settings where nurses work, including hospitals, clinics, long-term care facilities, and home care. Each setting has its own requirements and challenges. In a hospital, you will typically work in a specific department, such as medical-surgical, pediatrics, or obstetrics. In a clinic, you will typically work in a primary care setting. In long-term care, you will typically work in a nursing home. In home care, you will typically work in a patient's home. Each setting has its own requirements and challenges. For example, in a hospital, you will typically work in a specific department, such as medical-surgical, pediatrics, or obstetrics. In a clinic, you will typically work in a primary care setting. In long-term care, you will typically work in a nursing home. In home care, you will typically work in a patient's home. Each setting has its own requirements and challenges.

### Needs-States and Other Frequently Asked Questions

Your personal health and safety are of tremendous importance. The first step in becoming a nurse is to complete a high school diploma. After that, you will need to complete a nursing program. There are two main paths to becoming a nurse: a four-year Bachelor of Science in Nursing (BSN) program and a two-year Associate Degree in Nursing (ADN) program. Both programs include classroom instruction and clinical experience. The ADN program is typically completed at a community college, while the BSN program is completed at a university. After completing your nursing program, you will need to pass the National Council Licensure Examination (NCLEX-RN) to become a registered nurse (RN). The licensure process is a two-step process. First, you will need to apply for licensure to the Board of Nursing in your state. Once you have been accepted, you will need to pass the NCLEX-RN. If you pass the exam, you will be licensed as a registered nurse (RN).

By following these steps, you can become a registered nurse. The first step is to complete a high school diploma. The second step is to complete a nursing program. The third step is to pass the NCLEX-RN. The fourth step is to apply for licensure to the Board of Nursing in your state. Once you have been accepted, you will need to pass the NCLEX-RN. If you pass the exam, you will be licensed as a registered nurse (RN).



A. McCaffrey

# HISTOLOGY

STUDY  
TIPS FOR  
MEDICAL STUDENTS

# ACADEMICS

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# FIRST YEAR CURRICULUM

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Anatomy Back & Extremities	Anatomy TAP	Anatomy Head & Neck	
Histology			
Psychiatry			
Integrated Problems			
Introduction to Clinical Medicine			

Vacation (2 weeks)

JANUARY	FEBRUARY	MARCH
Neuro- sciences	Biochemistry	
	Physiology	
	Biostatistics/Epidemiology	
	Integrated Problems	
Introduction to Clinical Medicine		

Vacation (1 week)

APRIL	MAY	JUNE
Physiology	Endocrinology	
Socio-Medical Sciences	Immunology	
	Human Genetics	
Biochemistry		
Integrated Problems		
Introduction to Clinical Medicine		

Summer Vacation (June - August)

## COURSE EVALUATIONS

Now that you're finally oriented to the school, welcome to the heart of medical school — the academics! In 1992, Boston University School of Medicine switched curriculum from a strictly traditional program, to a mixed traditional one. What does this mean to you? B.U. has followed the trend of integrating problem-based learning into their curriculum. Hence, the course Integrated Problems. They are also emphasizing clinical medicine more via the Introduction to Clinical Medicine course (see pg. xx). Expect to be in the hospitals within the first few weeks! One of the strengths of the new curriculum is that you get a taste of problem-based learning while still getting a strong basic science background. However, the administration still wants students to be solid in the basic sciences, so the workload is still the same, if not more.

Before you start stressing out, take a deep breath and relax. Although medical school is challenging and often difficult, it certainly is not impossible. By far the hardest part for most of our classmates was the first semester — especially the period up to the first set of exams. After passing the first set of exams, you will find that you're good enough, you're smart enough, and dog-gone it — people like you!

A few more words. There are going to be many of your classmates who have already taken some of the first year classes. Don't panic. These are Seven Year Medical Students (SMEDs), former Masters Students, and those students who went through the Alternative Curriculum. For the folks not in any of these programs, you may have to work a little harder since you will be taking the full class load.

This section of the *Redbook* is perhaps the most useful part of the publication. It is extremely helpful in determining what books to purchase and in planning study strategies for each of the first year classes. Even in May, you might be returning to these pages just to see the study tips on Genetics and Immunology.

Finally, I want to leave you with an old saying.

*Question:* What do you call the medical student who finished at the bottom of his/her class?

*Answer:* Doctor.

'Nuff said. Best of luck to ya!

Robert C. Oh, BUSM II

# GROSS ANATOMY

Course Manager: Dr. Gene Blatt, 638-5260, R-1014

## Texts

### Required:

Moore, *The Developing Human*  
Moore, *Clinically Oriented Anatomy-3rd edition*  
Grant's *Dissector-11th edition*  
Grant's *Atlas-9th edition*

### Recommended:

*Nasco's Cross Section Atlas*  
*Cranial Nerves-Sandoz*  
One additional atlas - Either *Netter's Atlas* or *Rohen and Yokochi*  
A medical dictionary (*Dorland's* or *Stedman's*)

## Course Description

The study of the human body is the beginning of your medical studies. Since the course is taught regionally in three sections, each system (muscular, skeletal, cardiovascular, neural, and lymphatic) of the particular region of study will be covered along with the major structures. These three sections are:

- 1) Back and Limbs
- 2) Thorax, Abdomen, and Pelvis (TAP)
- 3) Head and Neck

Each of the three sections includes a lab practical, a written exam, and a lab quiz (oral).

Along with Anatomy, a mini-**Embryology** course is integrated into the class. Embryology is important to the understanding of normal adult anatomy, normal variation, and congenital anomalies. And yes — it is on the boards. Anatomy is primarily a lab-driven course, with only several hours of lectures per week.

## Lectures

Anatomy is a course that is primarily self taught, and one that is best learned in the lab. The lectures serve solely as a guide to direct your studies. With the notable exception of the embryology lectures, only a fraction of what you will learn is actually taught in a formal lecture. The clinical faculty provide several clinical correlation lectures that are interesting and helpful in understanding the "big picture".

## Syllabus

This year, the Anatomy department will be handing out a syllabus that contains an outline of the lectures that is organized on a week-by-week basis. It will direct the student to the required reading assignments in *Moore's* and the relevant dissections for the week. The reading assignments will also include clinical cases that should help you put your rote memorizational skills into use.

## Lab

Dissection is the **best** way to learn the structural relationships of the human body. It is extremely important to be prepared for lab. Read the dissector and review the atlas **before each session**. There will be 5-6 students per cadaver and you and your lab partners will be split into two groups. Because of the fast pace of the course, the two groups will work separately and divide the dissections, then regroup in order to teach each other the dissections your group performed. As



stated previously, much of anatomy is learned through self-study, and you will often need to put in some extra time in the lab in order to get the work done and learn the material. Lab is open from 7:00 a.m. to 11:00 p.m. seven days a week. In studying for lab practicals, it is essential that you review cadavers other than the one assigned to you, since all the bodies are slightly different, and all are used for the exams.

With no disrespect to the faculty in the Department of Anatomy, your best teachers during this course will be your cadavers. Most of what you will learn will be from your work with the cadavers. This year, more faculty will be circulating around the lab, so speak up if your group has any questions. All the bodies in the lab have been voluntarily donated for the specific purpose of student dissection. It is expected that students will behave professionally and with the appropriate respect. A list of "Rules and Regulations for Dissecting Rooms and Anatomists", and extracts from Chapter 81 of the Public Statutes (approved in 1884!) are posted in the Anatomy Lab. Read them.

Students are required to follow all lab rules, and to dress accordingly. This includes adherence to OSHA regulations requiring goggles, gloves, plastic aprons, and lab coats. **Identification is required at all times.** Lab coats were donated by previous students, but some of our classmates had to provide their own since there were limited supplies. Students are responsible for supplying goggles (it must wrap around your head), aprons, and nitrile (not latex) gloves. All are on sale in the bookstore. Most students prefer to change their clothes before entering the lab, and keep a "lab outfit" in their locker. So, bring your scrubs if you have some. Visitors are NOT allowed in the lab. Any questions regarding lab regulations should be directed to the lab manager/coordinator/director **Ted Dineen** in L-1003 (638-4245). He's your best ally when problems arise. This is probably the only time in your career when you'll have the resources, the opportunity, and the time, to explore the structures and relationships of the human body in such great detail. Don't abuse this privilege.

Remember to keep the body clean, moist, and covered. Ted will review the most effective ways to do this. This is **extremely important**. Dried-out bodies are difficult to learn from, and bodies which get moldy must be buried. Check your bodies **regularly**, especially those areas that were dissected in the beginning of the year.

### Exams

During the course, there will be a written exam, a lab practical, and an oral quiz for each of the three sections of the course. Your dissections will also be evaluated by the Gross Anatomy faculty. Last year, the written exams usually consisted of 50-65 multiple choice questions, 5 short answer questions, and 2 essay questions — one embryology and one anatomy. The practical will consist of 33 identification/function questions from tagged cadavers and photographs of cross-sections.

### Study Tips

Last year, there was a changing of the guard from the former course manager to the current one. As a result, this course was the most unorganized, poorly taught course of all of our first year courses. Anatomy, with all its muscles, nerves, arteries, and skeleton, can be very overwhelming and the faculty failed to direct the students to what the most important structures were to learn. The mere mention of the word "Anatomy" still brings back bitter memories to many. However, fear not! With the help of the Deans, our constant complaints did not fall upon deaf ears and as a result, this class is vastly revamped for the better.

The new syllabus should help direct students to the relevant material that needs to be covered on a week-by-week basis. *Moore's* is the required textbook for the course, and all the material for the exam should be based solely from the readings. Last year, the clinical correlations (the infamous "blue boxes" in *Moore's*) showed up pretty frequently in our exams.

If you're low on the monetary supply (and who isn't?), be careful about purchasing the anatomy

books. It is very easy to spend a lot of money here. Netter's is a beautiful watercolor painted atlas with excellent dissections. Although it is not required, this is one of the best investments you can make. Many students didn't even touch Grant's Atlas, even though it is a required book. However, the dissector corresponds with the atlas and Grant's has a bit of text while Netter doesn't. If you do buy Grant's Atlas **make sure you also buy Netter's!** Rohen and Yokochi is a very good atlas using *real* dissections, so you may want to split the book amongst your lab partners. You may want to buy the Nasco Cross Section book because it corresponds directly with the Cross Sections in the lab. However, the book is not all conclusive and the anatomy department will want you to know more than the labels in the book. For the Head and Neck section of the course, many students felt that the Sandoz book wasn't worth the money. Seek out Michelle Hirsch. She is a wonderful T.A. that knows her stuff. She'll direct you to good resources if you need the extra help. The dictionary is not necessary as BU provides you with a pocket medical dictionary at the beginning of school.

For this year, the Anatomy department purchased the *A.D.A.M.* computer program (the comprehensive medical school version) that will be available in the library. This interactive program has been well met by many other medical students in the nation and the faculty felt that this may be a fun way of reinforcing the material. Amongst the many other features, you will be able to dissect through layers and quiz yourself. This is not a required exercise. Try it out and see if you can learn by this method.

Prosectors in the lab are also available to review the dissection with you, and can be of immeasurable value before lab practicals. Additionally, tutors are available and can be of great assistance in understanding the sticky points and in giving you insight as to what helped them during their studies. Fellow students are also a great resource. Teaching the material to another student is a great way to review it for yourself, and is particularly effective before table quizzes. Do not forget to ask the students at other tables to go over their dissections with you, as each body is different, and not only in gender. Some donors may have had surgery that altered their anatomy, or have some interesting pathology. While the oral quiz is based on your cadaver, the lab practical comes from *all* of the cadavers! Don't forget about the cross sections. Understanding them can help to understand the gross dissection and the relationship of the structures being studied. Attend the small group sessions offered by the faculty. This is especially important during the section on head and neck.

Anatomy is a fast-paced, challenging, and intense course. This will probably be the most challenging course of the year. The amount of material presented may seem staggering at first. You must learn most of it on your own, and it's possible to feel as though you're totally overwhelmed. While the subject is vast *and* detailed, it is very possible to do well. The best advice that we, as survivors, can give you is the following: **Do not fall behind!** If you do, CATCH UP. You'll have plenty of time on the weekends. Because you only have a little over three and a half months to learn the entire structure of the human body, you will need to start from day one and work studiously for the semester. It is nearly impossible to cram before an exam—there's just too much to learn in one or two nights. Pace yourself, and keep up with the reading. Most important of all, do not go it alone. Get a group together to study with. Quiz each other, both in the lab and at home. Teamwork cannot be stressed enough and is the key to success in the study of anatomy.

Anatomy *can* be overwhelming but it is *not* impossible. Don't allow it to take up all of your time. Organize your time, and the work becomes much more manageable. You will have to spend a lot of time studying or in the lab on the weekends, but remember to get out every once in a while. You can do well in the course and still have time for the activities you enjoy!

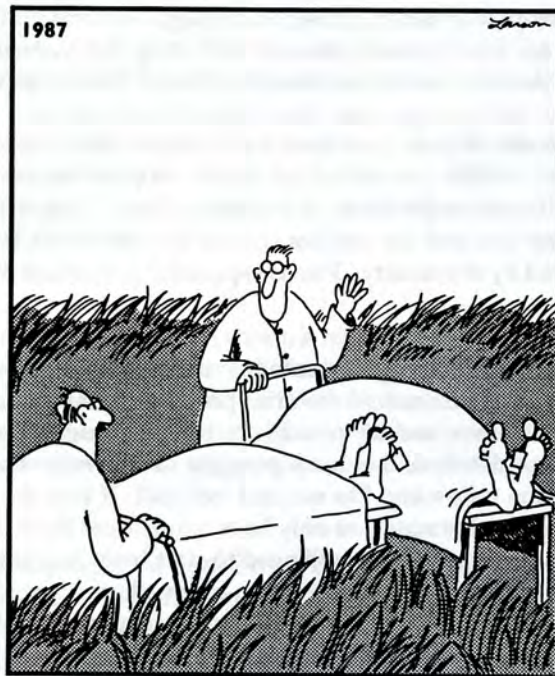
### **Other Important Information**

As study aids, each lab group receives two bone boxes at the beginning of the year. During the head and neck portion of the course, skulls are available. **Do not lose your bone boxes or your**

skulls! Be sure to study these because they will show up on the practicals. These materials are costly and cannot be easily replaced. Your group is responsible for treating these respectfully at all times, and for returning them intact. Each lab group will also need two dissection kits. These are available at the bookstore for about \$25.

**And Finally...**

The architecture and engineering of the human body is incredible in its complexity, as well as elegant in its simplicity and functionality. The study of anatomy is a fantastic time of discovery and learning. It is one of the courses that you will remember for the rest of your life!



When a body meets a body comin' through the rye

**6 Anatomy Haikus***by Tri D. Do***Late Autumn**

Nine rows of triple  
bodies were dry fruit shaking  
in a white orchard.

**Confusion**

Sometimes your smooth skin  
became eyes that scrutinized  
like a betrayed dog.

**Disgust**

It was easy to  
laugh and flail nerves around.  
They  
felt like so much string.

**Choreography**

Fifty probes dig through  
fat. Outside, the blackbird fills  
its stomach for winter.

**Prions**

Often, I wanted  
to bite your brain. Nothing else  
could bring us closer.

**Spring**

At peace, suddenly,  
because your hands reminded  
me of my mother's

## HISTOLOGY

Course Manager: Dr. Deborah Vaughan 638-5311 R-1015B

### Texts

#### Required

Ross, Romrell and Kane, *Histology: A Text and Atlas, 3rd Edition*, 1994

Gartner and Hiatt *Color Atlas of Histology, 2nd Edition*, 1994

### Course Description

Histology is the microscopic study of human tissues and organs as well as an introduction to their functions. The course covers "Cells and Tissues", including the four principle tissue types, epithelium, connective tissue, muscle and nervous tissue, and "Organs Histology" covering all major mammalian organ systems. The course is organized around lectures and laboratories. Histology is heavily tested on the National Board Exams and is the foundation for Pathology, which comes in the second year. Organization of the topics taught in Histology is done with the intention of complementing the material concurrently being taught in the Gross Anatomy course.

### Lecture

Most lecturers like to show a lot of slides, which can be a problem if you tend to fall asleep in dark rooms. Attending lectures and taking good notes are essential, as a good portion of the exam questions come directly from the lectures. Essentially all of the lectures follow the lab session, so the lecturers assume you know the nomenclature and basic details of structure before the lecture begins.

### Syllabus

Last year we received a comprehensive syllabus. This made the lectures easy to follow, but don't be fooled — it is still important to pay attention in lecture for those minute details not covered in the syllabus.

### Lab

You will need a microscope for lab (see pg. 4), while the slide collections will be loaned to you individually by the Anatomy Department. You are expected to be fairly well acquainted with each topic before lecture begins, so attending the lab is beneficial since professors and teaching assistants are available to help you. However, you must review the slides on your own. It is very helpful to read the lab guides *before* coming to lab. This will help in understanding the material and recognizing the structures being studied.

### Exams

There will be three examinations - each with written and microscope slide practical portions. Practice practicals will be available before the exams. *Do not wait until the last week before the exam to review slides.* The written exams consist of about 50 multiple choice questions. The practical laboratory examinations are made of approximately 25 identifications. Each portion is worth about 1/6th of your final grade.

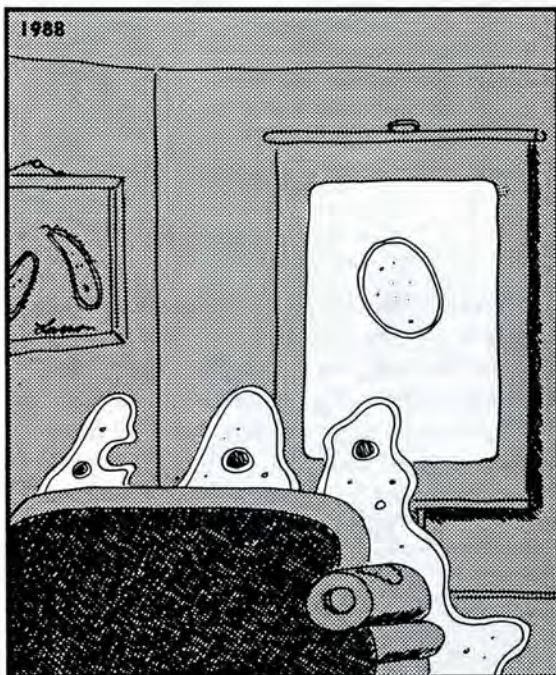
### Study tips/Textbooks

As far as the written examination goes, the questions tend to be very detailed and anything goes. The most effective method of studying is to **know your lecture and syllabus notes**. Many students did very well by just focusing on the notes — using the textbook just for reinforcement and to clear up those vague points in the notes. The required textbook by Ross and Romrell was not

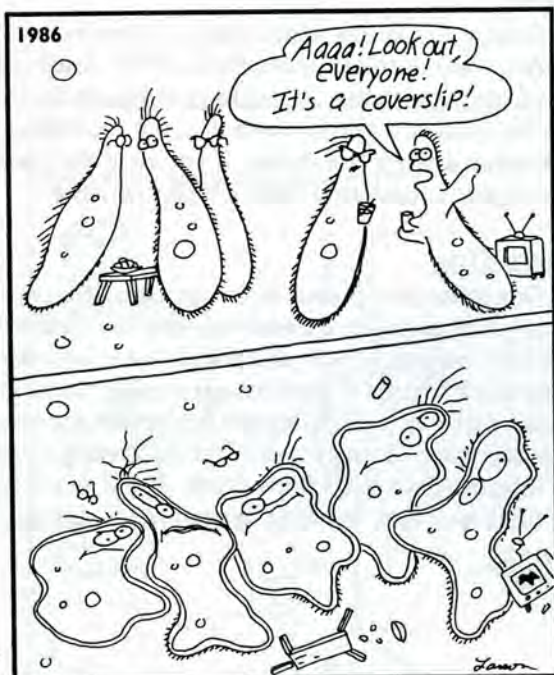
well received among our classmates. Some students adhered primarily to *Basic Histology* by Junqueira (7th Ed.) for reference since it's in outline and board review format. However, the Ross and Romrell required for this year is a new edition and may be vastly improved.

The practicals consist of identifying slides under your own microscope and pictures of electron micrographs within a given time limit. These test your ability to recognize cells, tissues and organs microscopically. Since each question is worth twice as much as a written exam question, lab can really make or break your grade. Gartner and Hiatt was helpful for the labs, but many did not find it helpful for the practicals. Since many questions are derived directly from slides similar to those in your collection, the key to doing well in the lab portion of the course is to practice and review the slides. The microfiche, consisting of photomicrographs of slides with blurbs, allowed for quick reviews of a large amount of material. They are very helpful to prepare for the practical, but because it's almost three years old, it does not contain all the slides that you need to know. Form a small group and quiz each other on the microfiche and/or slides once each week. This is advantageous because some students may have a different variation of slides in their collection. Also, don't forget to study the electron micrographs in your lab guides. These have a funny way of showing up on the lab practicals! Finally, last year, Dr. Vaughan held review sessions of the past week's lab material. These are not mandatory, yet are pretty helpful for review purposes.

Finally, a few general tips. This course offers a wealth of different study aids: Kodachromes, videotapes, microfiche and computer programs. These are all available in the library. Shop around and find out what works for you. Watching the videos in the library before lab makes your lab time more effective. **Study from old exams.** It is important to keep up to date with your work. **When it is time for the histology exam it is also time for the anatomy and psychiatry exams.** It is not advisable to cram for any of these tests.



"No, wait! That's not Uncle Floyd! Who is that?  
... Criminy, I think it's just an air bubble!"



Life on a microscope slide

## INTRODUCTION TO PSYCHIATRY

Course Manager: Dr. Phillip Freeman, 638-7542, P-802

### Text

#### Required:

Sierles, F.S. : *Behavioral Science for Medical Students*

### Course Description

The first half of the course is organized around the human lifespan while the second half will focus on particular behaviors and on psychological and biological models of behavior. Emphasis is placed on clinical correlation, and lectures are interspersed with small group discussions, patient interviews, videos, slides, and panel discussions. You will learn about "normal" psychological development and the role it plays in health and illness.

### Discussion Groups

These usually meet once a week, and focus on the normal human lifespan. In an interactive group setting, the student will be able to ask questions about the readings and discuss such topics as Freud, Piaget and Erickson. The small groups should highlight the important issues that the psychiatry department wants you to understand. This is a low-stress, interactive way to discuss issues of psychological development and to meet your classmates.

### Lectures

Lectures are interesting, often entertaining and will show up on exams. Lectures will follow the discussion session and will be a clinical correlation on the relevant subject. The last two weeks will focus on the ever expanding field of neuro-biology.

### Exams

During one of the exam weeks, a psychiatry "quiz" will be given. It will consist of multiple choice questions taken primarily from the reading and lectures, and emphasized in the study questions from the syllabus. If you have attended the lectures and done the study questions, you should find the tests straight-forward and not too taxing. The final exam includes both multiple choice AND short answer questions. If you read the book, and attend discussions and lecture, and you'll have a good foundation from which to operate.

### Study Tips

Due to the complaints from our class, this course has been completely overhauled. Discussion groups should be more interactive and the clinical lectures should be more interesting. The section on neuro-biology is new and should be a fascinating topic for those of you unfamiliar with it. In terms of the exam, the department is usually straight forward about focusing the student. Last year we had an outline of important issues that we needed to know, and your class will probably have the same thing. In all, Psych is an interesting course with a low-density fact content. Don't take it too seriously, but don't blow it off. Use it as a reward for studying the less personal, more factual information you're learning in your other classes.

## INTEGRATED PROBLEMS

Course Managers: Dr. Adrienne Rogers 638-4504, L-804  
Dr. Peter Shaw 638-5110, DOB-801

### Course Description

This course was newly introduced in 1992. Its goals are to introduce the student to the concepts and skills needed in problem-based learning and clinical problem solving and to help students integrate material taught in the other courses.

### Discussion Groups

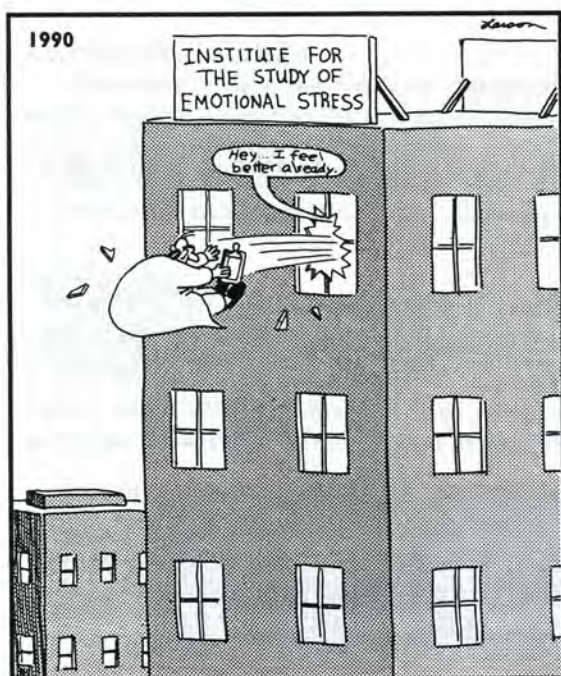
Instead of hours and hours of lectures, this class is taught in small groups. The class consists of a small group of students (6-8) and a faculty facilitator. The group is presented with a clinical case history, and is expected to work together to answer pathophysiologic questions, discuss social and medical issues, and to report on laboratory tests that are brought up by the case — fitting this information into a clear understanding of the case. The group is expected to utilize all of the resources available at the Medical Center, including the library, Medline, journals, clinical and research faculty, etc. The course is graded Pass/Fail, based on the facilitator's report and a written exam.

### Exams

The examinations follow the pattern of the class: analyze and discuss a case and develop questions to be researched to broaden one's understanding of the case.

### Study Tips

As stated above, this is a relatively new course, so there are still a few bugs in the system. The cases were interesting, but the amount of learning that occurred was dependent largely upon the group dynamics. Overall, this was a fun class, and it was interesting to apply the materials learned in other classes to a specific case.



"Yes, they're all fools, gentlemen. ... But the question remains, 'What kind of fools are they?'"



## INTRODUCTION TO CLINICAL MEDICINE I & II

Course Manager: Dr. Phillip Freeman, 638-7542, P-802

### FIRST SEMESTER:

#### Course Description

The first semester of ICM introduces the student to the "art" of medicine — interviewing. The course gives students a chance to interact with patients and learn more about the specific psychological and social factors that may influence rapport in the doctor-patient relationship.

#### Placements

The class is divided into groups of about 6 or 7 students and one faculty member from the Psychiatry Department. These interview groups meet every Friday afternoon, and most students look forward to these sessions. Professional dress is required, so don't be shocked when you see how snappy your classmates look on Friday mornings. Students go to area hospitals and interview a previously selected patient. Every student will have the opportunity to interview a patient. Each student is also responsible for a write-up regarding their interview. Most interviews are conducted at Boston City, University Hospital, or the Solomon Carter Fuller Mental Health Center, since these are on the campus. However, approximately one third of the class will be assigned to an outlying hospital. Therefore students with cars (as identified during Orientation) are encouraged to volunteer to drive to one of these hospitals.

### SECOND SEMESTER:

#### Course Description

The second semester course is a spin-off of the first semester and expands on the interactions between doctor and patient. In this semester, you will explore how different factors (i.e. age, sex, violence) can affect the doctor-patient relationship. It consists of:

- 1) Clinical Placements
- 2) Plenary Sessions
- 3) Discussion Groups
- 4) Specialized Interviewing Workshops
- 5) Patient Interviews

Also, depending on your placements, you may have the opportunity to do a whole History and Physical (H&P)!

#### Clinical Placements

There are 8 afternoons set aside for clinical placements during the semester and these serve not only to give you the chance to observe the interactions between a practicing clinician and his or her patients, but also to provide material for the Plenary write-ups. There are several options for clinical placements during the second semester.

#### **CCHERS program (CHEERS)**

CCHERS emphasizes and introduces students to community medicine. Students in this program conduct first semester interviews and second semester clinical placements at one of eight neighborhood health centers. The program emphasizes the team approach — nursing students and medical students working together. Along with observing the doctor-patient relationship in a community setting, the student will also have the opportunity to work directly in the community —

giving talks about drugs to high school students in the area, for example. The CCHERS program has had mixed reviews from students. If you're into community and preventative medicine, then this may be a great introduction to it. However, before signing on, make sure you know what your commitment to the program is for the next four years. For more information, contact Dr. Benjamin Seigel at 534-5576.

### **Mentorship Program (Family, Pediatrics, & Medicine)**

This program allows students to observe physicians in a private practice setting in the greater Boston area. Currently students are able to choose from family practitioners and pediatricians, but internists should be available for the upcoming year! This is an interesting introduction to primary care for those of you who may be interested. Initially, students will be largely observers, but as the mentorship progresses, students will have the chance to interview patients and examine patients with their mentors. For the most part, student enjoyed the program, but it really depended upon how enthusiastic their mentor was. For more information see Dr. Peter Shaw, DOB-801, 638-5110.

### **BUMC Placements**

If you do not choose any of the above options you will be asked for your preference of clinical setting during the first semester. You will then be placed within the Medical Center with affiliated physicians and hospitals.

### **Other options**

Students may opt to be placed with a specific physician within or outside of BUMC, i.e., if you know a particular physician you would like to work more closely with.

### **Plenary Sessions**

Plenary sessions focus on a small but important aspect of the topic, e.g., violence, of the assigned student write-ups for a given week. These sessions cover some of the more difficult problems physicians face in treating patients. Each session is run by experts on the topic, and although the quality varies depending on the speaker(s), they are generally both compelling and informative. For example, the plenary entitled *The Child and the Family at Risk* was run by pediatricians from BCH who told of their personal experiences treating illnesses along with the poverty and violence that affects children in our neighborhood. Also, there will be a session on taking sexual histories and an exercise in applied sociomedical science.

### **Discussion Groups**

These will follow the plenaries and are about an hour long. Discussions focus on write-ups in which student's describe the process of clinical interactions in fine detail. Discussions consider how recognizing or failing to recognize the impact of specific social factors (e.g., culture) on a particular interaction might help or hinder rapport. Experiences vary from group to group, but with such controversial and interesting topics, there's usually lively conversation.

### **Study Tips**

There is no studying required. It is, however, important to pay attention during your observations, that's why you're there. At times this course seems a bit disorganized, but the patient contact is well worth it. Patient interviewing, particularly in front of your peers, can make your palms sweat; but it's the beginning of what you're going to be doing shortly. Especially during the first semester, ICM serves as a reminder of why you came to medical school.

For the second semester course, you'll need your syllabus on hand to figure out where you're supposed to be each week, and whether you're supposed to hand in a write-up. **Be sure to hand in all your plenary write-ups on time!!** The plenaries themselves are thought provoking and at times moving. The discussion sessions can be lively or drawn-out, depending on how close you are to exams. Overall, the course was entertaining, enjoyable and educational.

## NEUROSCIENCE

Course Manager: Dr. Martin Feldman, 638-4110, L-1004

### Texts

#### **Required:**

Haines, Duane, *Neuroanatomy, An Atlas of Structures, Sections, and Systems, 4th Ed.*

#### **Recommended:**

Nolte, John, *The Human Brain: An Introduction to Functional Anatomy*

Nicholls, J.G., Martin, A.R. and Wallace, B.G., *From Neuron to Brain, 3rd Ed.*

Sidman and Sidman, *Neuroanatomy : A Programmed Text*

### Course Description

Neuroscience is a course which covers neuroanatomy, neurophysiology, neurocytology, clinical neurology, membrane physiology, synaptic physiology, physiology of the senses, the autonomic nervous system, and the neuromuscular system. It starts after New Years Day and runs for five weeks, 9-4 every day, 9-12 on Friday.

### Lectures

Information is covered in lectures by many different professors in different departments. The extensive course handout has notes from each lecturer. There are also several computer based instructional programs available on the Macintosh computers in the library. These emphasize neuroanatomy and clinical correlations. Most students found them to be very useful as a learning aid.

### Syllabus

The course syllabus was very complete, but hardly concise. It will take time to sort through it. It is recommended that you read through it before you go into lecture, because lectures are chock full of pathways and functions.

### Lab

Laboratories are held once a week. They include Anatomical and Histological examination of the brain, brainstem and spinal cord (that's why you don't do it in Gross or Histo). You will need the atlas for this section. Labs are open 24 hrs a day so there is plenty of time to review your anatomy and histology of the brain without having it creep up on you the week before the exam.

### Exams

The Neuroscience grade is based on one exam and practical (talk about putting all your eggs in one basket!). A self-testing practice exam and practical are given halfway through the course so that you can assess your progress. The written exam consists of about 100 multiple choice questions worth 75% of your final grade. About fifty percent of these questions cover Neurophysiology and the remaining 50% are a combination of anatomy, cytology and neurology. You are given 3 hours for this portion. For the hour long practical, you are shown 25 Kodachrome slides and asked to identify structures and functions. This makes up the other 25% of your grade. Since questions of physiology are not easily incorporated into the practical, they will be only on the written exam. Exams from previous years are available, either in the library or from other students.

### Study Tips

As with all the other courses, the best way to take this course is to keep up with the material on a daily basis. Reading the syllabus and/or other materials before each class is recommended, and expecting to read all of the material just before the exam is unrealistic. Everybody, however, learns Neuroscience their own way. For those who had difficulty with Gross Anatomy, have a weak back-

ground in Biology, or just want to get a head start, it is helpful to work through Sidman and Sidman (at least through section "C") before the first class. This is an active learning text which is fun to work through and made the first few lectures much easier to grasp. The rest of the sections are helpful to do concurrently.

The required Haines text is not tested specifically, but it is an essential atlas which is especially useful for its pathways section. The handout and lectures are sufficient to pass the course, but the Nolte text can be helpful to further explain some of the more confusing neuroanatomy topics, such as the Limbic System and the cerebellum. The recommended neurophysiology book was very helpful in understanding those tough physiological principles (and you thought you would never use your physics again!). Remember, the written exam material is derived solely from the lecture and syllabus so you can get honors by using these recommended books only as reference. They are all on reserve in the library, but they might be hard to find near exam time. Netter's atlas is GOD, so some parts were presented much more clearly than the atlas. Slides (brain slices and cytology) are available in the labs and reviewing these with other students is highly recommended — especially the brain slice series. The lectures, labs, and tutorials are helpful but you will have to do a lot of learning on your own.

Study the pathways and slides in the base labs on a regular basis and you will do fine on the practical. The computer programs and the old exams are very helpful. For the written exam, the 50 neurophysiology questions will be one of the hardest set of multiple choice questions you will encounter. Dr. O'Bryan's questions are notoriously difficult. Some students found it helpful to tackle this section first while their minds were fresh and then try their hand at the other questions. Don't be surprised if you take 1-2 hours on the physiology part and only 1/2 to 1 hour on the rest. For several weeks it feels as though the material will never gel in your brain, but eventually, it all comes together if you work steadily. This is probably the second hardest class work-wise, but it was a very enjoyable and worthwhile class. Remember, it's all downhill from here!



"Whoa! That was a good one! Try it, Hobbs—just poke his brain right where my finger is."

## BIOCHEMISTRY

Course Manager: Dr. Robert Troxler, 638-4068, K-309

### Required Text

Stryer, *Biochemistry*, 4ed.

### Course Description

This is a fast-paced survey course, with such topics as: amino acids, protein structure, metabolic pathways, nucleic acids and state of the art molecular biology techniques. The course is team taught, with various department members presenting material within their own field of expertise.

### Lectures

The lectures are usually carefully planned, well presented, and contain a large quantity of information. For students who have had no exposure to biochemistry, this is a demanding, fast paced course. All of the lecturers are approachable and encourage students to search them out for more in-depth discussions or questions. This is highly recommended because some information is not in Stryer or is a lecturer's personal area of expertise.

### Exams

All the exam questions will be derived solely from the lectures. The amount of time spent in lecture is considerable and the material covered is extensive. Devoting some time each day to reviewing the material before and/or after class is highly recommended otherwise, it is easy to fall behind. The three exams are multiple choice and are taken predominantly from the lecture material. Stryer serves to reinforce and supplement topics covered in class, and many of the lecturers uses figures in Stryer for their lecture slides. Exams from previous years are available, either in the library or from other students.

### Study Tips

Last year, a few students organized a note service for the class. The notes were organized transcriptions of the lectures, and were very helpful for those who purchased it. Many students did not even read the book and relied solely on the notes. However, many did not use the notes and did fine. If your class doesn't organize a note service, the most important strategy to do well in this course is to **attend all of the lectures, stay awake, and take good notes**. The textbook is helpful as a backup but the exams will be drawn from the lecture material, so it is where your attention should be focused. The faculty is always available for questions. One very helpful book to have was Lippincott's *Biochemistry*, 2ed. by Champe and Harvey. This is a very concise and well written board review book that will also be helpful for next year's boards! Dr. Troxler hands out chapters of this book during his lectures on metabolism.

Do not be fooled by the first exam! The course gets off to a slow, manageable start, but **takes off with the metabolic pathways**. Review the daily notes frequently to stay on top of the course. Study old exams, and don't put off this course until exam time. Any questions on the logistics of a note service can be directed to Robert Oh, BUSM II, Box 392.

## SOCIO-MEDICAL SCIENCES

### Course Managers:

Dr. Arthur Culbert	638-4194, L-109
Dr. Michael A. Grodin	638-4625, A-509
Dr. Robert F. Meenan	638-4644, A-407
Dr. Lee Strunin	638-5160, M-816

### Required Text

Annas, George, *The Rights of Patients*

### Course Description/Lectures

The Socio-Medical Sciences Course has two components: *Law and Medicine* and *Socio-Medical Sciences*. Along with the lectures, there is a required socio-medicine seminar. *Law and Medicine* is an introduction to legal concepts as they pertain to physicians and patients. Each week the lecture covers major court decisions about a particular aspect of health law. Themes included political, legal, and regulatory constraints, reproductive law, death and dying, malpractice, and informed consent laws.

*Socio-Medical Sciences* is a series of lectures covering aspects of health care such as the doctor patient-relationship, the problems and possible solutions to US healthcare delivery, health services, medical economics, and working with non-English speaking patients.

### Seminars

Students choose one seminar group from different and interesting topics in socio-medical science. Some available seminars were: Medical Ethics, Entrepreneurship in Medicine, Death & Dying Family Violence and many others. This meets once a week for 5 weeks, and is one of the highlights of the course.

### Syllabus

The Law and Medicine handout was interesting and complete. All the readings for Socio-Medical Sciences can be found in the course hand out.

### Exams

The SMS exam consisted of three essay questions from the socio-medical sciences lectures and readings which counted for 40%, and two legal cases from the Law & Medicine lectures which counted 40% towards the final grade. You were expected to be able to make a decision on two cases using the cases in lecture to support your answer. The other 20% came from your seminar grade.

### Study Tips

Attending the Law and Medicine lectures is essential for a thorough understanding of the material. It is essential that you read these cases because you will need to use them for your arguments on the exam. Bring the syllabus to class so that you can highlight the important parts of each case as they are reviewed in lecture. You also need to read the Socio-Med articles in order to answer the essay questions without sounding like a fool.

The amount of reading material can be overwhelming for a short class, so organize a group of people and split up the readings. Reading a summary of the articles is much better than plowing through immense journal articles and law cases. Talking about articles and law cases in a group is very helpful and is the best way to learn the material. The text is a very concise and readable way of absorbing the law material.

**BIostatistics/EPIDEMIOLOGY**

Course Manager: Dr. Herb Kane, 638-5025, T-357

**Required Text**

Dawson-Saunders and Trapp, *Basic and Clinical Biostatistics, 2ed.*

**Course Description/Lectures**

Epidemiology is the study of the distribution and determinants of disease in humans. Biostatistics incorporates mathematical methods into the analysis of medical data. The course lasts five weeks and is designed to help you learn to read, criticize, and understand the medical literature. Lectures are given by several different professors from the fields of epidemiology and biostatistics.

**Syllabus**

A syllabus was distributed with notes for some lectures. It isn't very detailed, so it is a good idea to attend lecture because some of the material can be very confusing. Often you can just jot down notes right in your syllabus.

**Exams**

One multiple choice exam is given at the end of the course. Calculators are not necessary but a working knowledge of the mathematical principles is essential. Some past exams are on reserve in the library and in your test packet.

**Study Tips**

The text is a concise board review book that may be useful. The value of the assigned readings varies from person to person depending on your previous knowledge of statistics. Most students found the syllabus adequate to pass. Attending lectures are recommended, but make sure you bring in a strong cup of java to stay awake. The epidemiology portion of the course is interesting and very relevant to our study of medicine. Studying in groups may be the best way to efficiently spend your time preparing for this course.

# PHYSIOLOGY

Course Manager: Dr. Paul O'Bryan, 638-4346, L-717

## Recommended Texts

Smith, and Kampine, *Circulatory Physiology 3rd Ed.*  
West, *Respiration Physiology 4th Ed.*  
Valtin, *Renal Function 2nd Edition*  
Granger, Barrowman & Kviety, *Clinical Gastrointestinal Physiology*  
Ganong, *Physiology, 17th Ed.*

## Course Description

The course is divided into four sections: Cardiovascular System and Blood, Respiratory System, Renal System, and Gastrointestinal System, Metabolism, Energetics, and Temperature Regulation

## Lecture

Classes are large and held in Bakst Auditorium, be sure to get there early if you like to sit up front. There may be one audiovisual presentation per week presented during scheduled lectures. Lectures usually follow the syllabus.

## Syllabus

A comprehensive syllabus was distributed at the beginning of the course. It may be helpful to review the syllabus notes before the lecture. This helps to introduce you to the material so that it does not so difficult to understand during the lectures. If time allows, it is also very wise to do a post-lecture review of the class notes and your syllabus notes.

## Lab

Taught in home base labs with about 25 students per lab. This provides students with the opportunity to perform procedures examining electrocardiography, spirometry, blood, the cardiovascular system, respiratory responses to exercise, and gastric secretions. Labs on physiological regulation of the cardiovascular and respiratory systems require student volunteers. Cardiovascular response labs are also done on a volunteer basis. In these labs the students observe the effects of certain drugs and external stimuli on the cardiovascular system of rabbits.

## Discussion

Also taught in the home base labs. They are based on several questions in the syllabus relating to the lecture on the previous day. It is helpful to review the questions before discussion so you have an understanding of what is going on. (It also makes you stay on track.) In many cases the material covered is a review of the lectures, however, new material may be introduced and correlated to a laboratory exercise. The discussions are very helpful especially when the lecture material is not easily understandable.

## Exams & Quizzes

Two multiple choice exams are given (you have 3 hours to answer 60-70 questions). The department includes many questions using the following formats: "all of the following EXCEPT"; "which of the following does NOT occur"; and "which of the following is INCORRECT". Exams are derived from the comprehensive course outline, lectures, and discussions. Reading assignments are usually "fair game" for exams.

Eight quizzes are given throughout the course: three on CVS and blood, two on respiration,



two on renal, and one on GI. You are allowed to drop one quiz grade.

### Study Tips

In studying physiology, it is important to first understand the big picture (*i.e.* the major topics). The next step is to fill in the details as much as time permits. The final step is the integration of the major topics into the whole system being studied. In preparing for exams spend a majority of your time reviewing the lecture outlines. These are where a majority of the questions are derived. Compare the lecture outline with the notes you have taken from lecture. If a professor feels that a topic is worth putting in the outline and spends time discussing the subject in lecture, there is a good chance you will see a question on the exam relating to this topic.

**Old exams are also very useful.** Usually a few questions on an exam will be taken from old exams. However, all exams are designed to test certain concepts which rarely change. Therefore, focus on the principles tested in the old exams (don't just answer the questions, but understand why each question is either correct or incorrect). It is also very important to attend and participate in the discussion groups. Do not hesitate to use the faculty and tutors as needed. In general, the course is interesting and manageable as long as you invest a modest amount of study time.

There are many good texts available including those listed above. However, it is easy to over-buy physiology books. Some students use only the syllabus (if you work hard you can get honors using the syllabus alone). You should review the texts and decide how useful they will be before buying them. It is always helpful to have some sort of reference besides the syllabus. If you don't want to all the monographs (it will run you well over \$120), then try Ganong. It's a review book, but has very detailed physiology.



Laboratory peer pressure

# ENDOCRINOLOGY

Course Manager: Dr. James Head, 638-4396, L-710

## Recommended Text

Goodman, *Basic Medical Endocrinology*, 2Ed.

Ganong, *Physiology*, 17Ed.

## Course Description

The Endocrinology course is run by the Department of Physiology and covers the physiology, histology and biochemistry of the endocrine system. Although it is listed as a separate course, it is really a continuation of the Physiology course. Most students find the course to be very interesting. Much of the material is touched upon in other courses throughout the year and, therefore, is very familiar by the time Endocrinology rolls around.

## Lecture

Lectures are similar to those in Physiology as they are taught by the same lecturers.

## Syllabus

We were provided with a comprehensive syllabus at the beginning of the course which included the material covered in the lectures, laboratories, and discussion groups. The handout is excellent and knowledge of the material presented both in the syllabus and lecture is sufficient to do well in the class.

## Discussion Groups

The group discussions allow students to apply textbook concepts to clinical problems, and this tends to increase both interest in and comprehension of the materials presented in lecture. These are very similar to those in the Physiology course, that is, they review questions based on the from the previous day's lecture.

## Exams

There is one multiple choice examination at the end of the course. The exam is comprehensive and detailed, including some of the clinical correlations from the discussion sections. The exam covers quite a bit of material, so don't let it sneak up on you.

## Study Tips

Be careful of relaxing too much at this point in the semester. You only have one more month to go, so keep up with the work! Make sure you attend the discussion groups. Knowing and understanding the handout is essential. This course is very enjoyable and much of the material is touched upon in other courses. Therefore, the work in this class may be very light, depending on how much you remember from your other courses. The clinical correlations are excellent and are important for gaining an overall perspective for Endocrinology. Ganong is an excellent supplementary text for this course. If you read the handout thoroughly and supplement it with class notes and discussion, this class will not tax you too much.

## IMMUNOLOGY

Course Manager: Dr. Jacqueline Sharon, 638-4652, K-707

### Required Text

Sharon, *Basic Immunology*, Wilkins and Wilkins

\*note: this will be the required text if it is published in time. If not, she will hand out a syllabus that is the working copy of her book.

### Course Description

Immunology is a detailed look into cellular and molecular aspects of the immune system and serves as an introduction to both the Pathology and the Microbiology courses of the second year.

### Lectures

There are all but 12 lectures in this course, but it covers a lot of material. The lectures serve to highlight the readings in the book. Reading ahead is of great value, as the concepts and nomenclature can be very confusing.

### Syllabus

Last year, Dr. Sharon gave us a working copy of her book. If her book is out in time, there will be no syllabus. This was very helpful for following the lecture, but read it before hand because some of the concepts can be overwhelming in lecture.

### Exams

There is one exam given at the end of the course which consists of approximately 40 multiple choice questions. Old exams are available for review, and are extremely valuable as study aids.

### Study Tips

Dr. Sharon is an excellent teacher, and you'll find that her lectures correlate well with the book. As far as the exam is concerned, most of the material will come from the lectures itself, so it is important to attend lectures to get the truncated version of her book. For those of you with no immunology background, this class may seem overwhelming — especially her textbook. However, make sure you get the big picture first and then try to fill in the details. Make sure you keep up with the course daily.

## HUMAN GENETICS

Course Manager: Aubrey Milunsky; 638-7083, CABR 408

### Texts

Thompson and Thompson, *Genetics in Medicine*. 6<sup>th</sup> Edition  
Gelehrter and Collins, *Principles of Medical Genetics*.

### Course Description

The basis of all structures and function are our genes. Virtually all illness is either caused, influenced or modulated by genetic mechanisms. The response to infections, illness and drugs, all have their roots in gene structure and function. This course aims to inform about the central role of genes in disease and will cover the foundations of the chromosomal basis of inheritance, Mendelian inheritance and polygenic inheritance, and emphasize molecular genetics. Coverage will also include the genetics of cancer, prenatal diagnosis, selected aspects of dysmorphology and certain principles relating to genetic counseling and screening.

### Lectures

There will be 10 hours of lecture time that will be taught by different professors in the genetics department. The lectures last year served to supplement the readings and the notes. Some lecturers followed their notes well, while others did not.

### Discussion Groups

Each student is expected to attend one of the three discussion groups scheduled. The discussion sessions will utilize problem-based case discussions to further elucidate both the principles and practical issues that are now rapidly transforming the practice of medicine.

### Exam

Last year, a multiple choice exam (76 questions) was given that was based upon lectures, provided notes and information in the required text in order of importance.

### Study Tips

Last year was the first year that human genetics was taught. Thus, there were many complaints logged in to Dr. Milunsky and the Deans about the organization of the course. One of the problems was the textbook. For those students who had no background in genetics, the book was overwhelming and hard to read. Fortunately, the book will be canned for next year. As of this writing, Dr. Milunsky is not sure of the required text, but the Thompson book is on the top of the list if the new edition is out in time. The Gelehrter book may also be used if it is updated in time. The best thing to do is to read through the handout and understand all the concepts presented. There will be material that is not clearly presented in the lecture or syllabus, so use the book for clarification.

## COURSE EXEMPTIONS

In general, if you have taken a similar course at a medical school or graduate school you will be considered for exemption. All exemptions must be approved by the course manager. Be prepared to show your transcript. Listed below are specific exemption for courses. If you have any questions contact the course manager.

### **Biostatistics and Epidemiology**

Students with a MPH degree or those who have passed courses in both biostatistics and epidemiology may apply for exemption.

### **Introduction to Psychiatry**

Students with Doctorates in Clinical Psychology

Students with Masters in Social Work

Students with Masters in Psychiatric Nursing

These students may apply to Dr. Kaufman's office, in writing, for exemptions from the didactic or clinical parts of the course (each part is considered separately). Enclose a copy of your C.V. There is an application deadline, and students requesting exemptions may be required to attend an interview covering the course content and clinical experience. Dr. Kaufman can answer questions at 638-8541.

Students who are graduates of BU CLA and have completed both MMEDIC courses CLA PS245 and CLA PS371 with a "B" average in the courses, are exempt from the didactic part of the course ONLY (including exams).

## NOTE SERVICE

Our class organized a note service for biochemistry. The people in our class who participated and subscribed to the note service found it invaluable to their success in the class. The organizational effort can be large, so if you plan to start up a note service, be prepared for the effort required. Any questions about the logistics of a note service may be directed to Robert Oh, BUSM II, Box 392.

## TEST PACKET

Estimate \$75. This is your most worthwhile investment. This packet contains old exams from the past several years (with answers) for the first year courses. This is an extremely useful study aid, and for many students it is worth its weight in gold. Test packets will be available from AMSA during the first few weeks of school. You will find yourself at a disadvantage without this investment. And yes, it is cheaper and easier to buy the packet than it is to copy someone else's.

## BOOKSTORES

### **Charlesbank Health Sciences Bookstore**

700 Albany Street, 638-5496 Charlesbank Bookshops and the Campus Shop at Boston University Medical Center has opened a new store, called the Charlesbank Health Sciences Bookstore, in B.U.'s new biomedical research building at 700 Albany Street, directly across from the medical school. In addition to its comprehensive book selection, Charlesbank Health Sciences Bookstore carries a wide array of medical instruments, general merchandise and supplies. Its hours of operation are scheduled as follows: Monday-Friday 8:30 a.m.-7:00 p.m. and Saturday 10:00 a.m.-6:00 p.m. Questions concerning the store, its products and available services can be directed to Ms. Matsik.

## **The Charlesbank Bookshop**

*BU Bookstore Mall, 660 Beacon St., 5th floor, Kenmore Square, 267-8484.* This bookstore houses the professional books for the Main Campus. This is a good back-up in case the Med school runs out or on weekends or holidays. Be sure to look in the Medicine as well as Nursing sections because the same text is used in different courses. The rest of the Mall includes a better selection of cards, insignia wear, books, magazines as well as a travel agency, record and print store, florist, and BayBank machine. You can buy just about anything at the BU Bookstore Mall, including stereos, cameras, computers, posters, clothes, etc. Shop around, though, because their prices are not necessarily the lowest available. In some cases, (e.g if you want to buy a computer), your status as a BU student gets you significant discounts.

## **The Harvard Medical Coop**

*333 Longwood Avenue.* This is a duplication of our shop. They generally have a smaller selection than what is available at the Campus Shop, but they may have books which ours does not. However, the Harvard Medical Coop does not use publisher's list pricing so in many cases their prices are a few dollars higher.

## **Brown and Connolly Medical Bookstore**

*1315 Boylston St., 262-5162.* This bookstore has everything or can get it for you in a timely manner. This is especially good if the medical school bookstore runs out of textbooks. They will also have books that the bookstore doesn't carry, so you may want to check it out if the required textbooks are inadequate.

## **Used Textbooks**

Check the bulletin boards around school. A book sale by AMSA will take place at some point during the first few weeks of school. Watch for announcements! Use your student advisors, the relevant sections in the handbook, for advice on the essentials. Then supplement these books with what you find helpful.

# ACADEMIC RESOURCES

## **ACADEMIC PERFORMANCE**

Verna Lacey, Director, Student Support Services, a member of the Office of Student Affairs, wears several different hats at the School of Medicine. She is available to all students who are having academic difficulty. Do not be surprised to get a supportive letter from her after the first round of grades if you did not do as well as expected. She is an excellent resource with whom to discuss your strategies for studying, many of which may need to be modified to manage the type and amount of information you will be exposed to in the coming year.

Verna runs workshops at the beginning of the academic year for first year students in the following areas: time management, memorization techniques, concentration, test-taking techniques, individual learning styles, and stress management. Verna also organizes and implements the review course for the United States Medical Licensing Exam (USMLE) that you will be taking after the second year. There is a fee to cover some of the costs of this review course which will begin in January of the second year and include the following components:

- a) a preliminary diagnostic exam that identifies weaknesses in content areas and test-taking strategies, as well as a follow-up meeting with Verna to go over your test results.
- b) review sessions on week-day afternoons or Saturdays in Physiology, Biochemistry, Pathology, Microbiology, Pharmacology, and Embryology which are taped and on reserve in the library.

- c) small workshops on general information about the boards, as well as test-taking strategies.
- d) recommendations about review books and an opportunity to take the exam under the same conditions as the USMLE.

Verna's Office was intentionally located apart from the Office of Student Affairs in order to insure student confidentiality. Neither the academic nor the personal counseling that she provides is recorded in any official records. You are encouraged to stop by her office to meet her; she can be found in the School of Public Health Building (right next to Bakst), 638-4195.

## **TUTORING PROGRAM**

This free program operates through the Office of Student Affairs. This service is not provided to help people receive an honors in a class, but is for those students who have trouble adjusting to the rigors of medical school and therefore need assistance in one course or another. Each course has tutors who are prepared to spend time with students on a one-to-one basis. Many times you will not be assigned a tutor until after the first set of exams, but if you know you are in trouble before then, you are encouraged to contact Course Managers as soon as any difficulty arises. Ask upper-class students about the tutors before choosing one.

## **PHYSICIAN SHADOWING**

Many clinicians at the medical center allow first- and second-year students to observe them in a hospital or other setting. The purpose of this program is to give medical students the opportunity to observe physicians in some aspect of their practice of medicine. This program is an excellent opportunity for students to explore different areas of medicine. Students who may be interested in the program at any time during the first- and second-year should contact Dr. Kenneth Edelin, Associate Dean for Students and Minority Affairs, Room L-102, 638-4163.

## **STUDENTS WITH ADVANCED STANDING/FREE TIME**

During orientation you will receive a form regarding courses which you might have taken that can exempt you from some medical school courses. If you think you have taken courses you feel are comparable to the courses that are listed, you will need to present the Office of Student Affairs with an official transcript, and petition the course manager of the specific courses. During Orientation, there will be a meeting regarding the issue of advanced standing. Those of you with advanced standing will be expected to attend the meeting. At that time, the Office of Student Affairs will be able to better inform students with advanced standing of the options available to fill up their free time slots.

You may be required to take an exam to demonstrate proficiency in a subject from which you wish to be exempt. Most introductory undergraduate courses will not prepare you to pass the medical school exemption exams. Students are encouraged to use their free time for studying, clinical exposure, or employment. The Physician Shadowing program is highly recommended as are courses at the School of Public Health.

## **STUDENTS WITH A MASTERS IN MEDICAL SCIENCE**

This year affords you the unique opportunity to complete your course work with less time constraints and added alternative experiences. For those that are interested, the school provides augmented academic and clinical experiences throughout the year. Your first semester through Neurosciences will prove to be quite busy, however students placed out of spring course work may be interested in added experiences. Through the Office of Student Affairs students can find out about academic options including courses in Pathophysiology, Ophthalmology and Clinical Problem Solving. Students can also be matched with physicians who serve as mentors at various locations including University Hospital, Boston City Hospital, and community clinics. The options are endless.

There will be a meeting held during the first week of classes with Dean Culbert and others who have completed the Masters Program. If you have any questions you can contact Nichole Pardo (Box 388) or Greg Bernstein (Box 110).

## COMPUTER RESOURCES

### LABORATORY FOR INSTRUCTIONAL TECHNOLOGY

The Laboratory for Instructional Technology (Computer Lab) provides students of the Boston University Medical Center with access to a vast array of computing and instructional technologies. The newly renovated lab will be located in the Alumni Medical Library in the fall. It is equipped with many IBM and Apple Macintosh computers, LaserJet printers, several impact printers and 2 scanners. All computers are equipped with word processing, spreadsheet, data base and graphics software packages. Computers are also equipped with modems for accessing remote areas and the InterNet system. The lab is open 7 days a week during the academic year and 5 days a week during the summer. The hours of operation are posted on the door of the lab. The number is 638-5433.

### E-MAIL

Electronic Mail (e-mail) can be accessed by all computers in the Laboratory for Instructional Technology using the InterNet system. BU's Web Site is <http://med-www.bu.edu/> There will also be terminals solely for e-mail purposes in the basement student lounge. This provides you the opportunity to communicate with other students at BU, at other universities and is also a great way to keep up with current events on campus. This service is free to all BUSM students. In order to use e-mail you must first establish a mailing address and a password. This is a simple application process at the LIT. Once you have established a mailing address you can access your e-mail account at any time in the LIT as well as from your home if you own a modem. More information will be provided during orientation. The Office of Student Affairs will be surfing the 'net to communicate with you, so it is highly recommended that you get an account. If you have any questions call the LIT at the number listed above.

### MACINTOSH LEARNING RESOURCES

Ten Macintosh computers and four videodisk players are located on the 12th floor near the reference section. The Mac resource center, located on the 13th floor, in rooms 1306 and 1307, currently houses seven Macintosh computers. The following applications for the Macs are readily accessible for student and faculty use and several of the programs are being used as part of the medical curriculum:

#### **A.D.A.M.**

This comprehensive program makes Anatomy interactive and fun. This program has been well received at other medical schools and hopefully it will make as big an impact at BUSM. Some of you may have other versions of A.D.A.M., but the version in the library is the comprehensive medical school version. Check it out!

#### **BrainStorm, The Interactive Guide to Human NeuroAnatomy**

This program was developed at Stanford University School of Medicine, provides students in the neuroscience course the ability to test their knowledge of neuroanatomy. The program is divided into three sections:

Cross Section: magnified photographs of stained cross-section of CNS structure

Gross Dissection: photographs of dissected brain, brainstem and spinal cord specimens

Diagrams: line drawings illustrating specific structural and functional relationships



**HyperBrain**

This program provides core resources for neuroscience education. Its purpose is to complement, supplement, or substitute for traditional Neuroanatomy laboratory. Dr. Doug Rosene, Associate Professor, Department of Anatomy and Neurobiology, uses this program as part of the Neuroanatomy course.

**Keyboard Pathology Series**

This is a set of HyperCard Stacks which provides a complete teaching and reference system in pathology.

*Pathology Quiz Bank* is a stack containing over 2500 multiple choice questions for self testing and evaluation.

*Pathology Text Stack* contains the complete text of Robbins Pathologic Basis of Disease by Cotran, Kumar, and Robbins. It is accompanied by an extensive Index Stack.

*Pathology VideoIndex* contains commentary and captions on over 1500 selected images on the Slice of Life Videodisc.

Dr. Adrienne Rogers, Professor, Associate Chair of Pathology and Laboratory Medicine and course manager for Pathology, is integrating the program as part of the Pathology course.

**Neurophysiology**

This program provides students the ability to self test and study their knowledge base. The program is divided into the following areas: action potentials, synaptic transmission, membrane potentials, muscle physiology and neuroscience experiments.

**PC LEARNING RESOURCES**

The PC computers are located on the 12th floor near the reference section. In addition twelve Hewlett-Packard Vectra computers are located on the eleventh floor in room 1106. The following programs are available to students:

**AMA-FREIDA (Fellowship and Residency Electronic Interactive Database Access System)**

This is an on-line database designed to help students, residents and fellows find a graduate medical education program most suited to their needs. Choose AMA-FREIDA from the main menu and follow the instructions on the screen.

**Dxter Interactive Videodisk Programs in Trauma**

This is used for teaching patient management skills in emergency medicine and trauma. Students access a simulated program where the student is the primary clinician who must diagnose, treat and stabilize the patient in real time.

**Diet Balancer**

This is used in the Nutrition & Cancer course taught in the School of Public Health.

**MCNARY LEARNING CENTER**

The new McNary Learning Center, set to open in August, will house a computer lab loaded with PowerPCs. This is primarily for use by the School of Public Health for their classes. However, when the SPH is not using the lab, it is possible that medical students would be allowed access for their computer needs. Check with Dr. McCahan for more information in the fall.

## LIBRARIES

### ALUMNI MEDICAL LIBRARY

The Alumni Medical Library (638-4232) is located in the Instructional Building on the Medical Campus. The library occupies the 11th, 12th and 13th floors of the building, but the elevators stop only on the 12th floor. The Alumni Medical Library serves the faculty, staff and students of the Boston University Medical Center, University Hospital and Boston City Hospital. The library subscribes to over 1300 journals and houses over 100,000 monographs. A variety of computerized resources are also available.

Individual study carrels and large tables are located throughout the library. **NO FOOD OR DRINK WILL BE PERMITTED IN THE LIBRARY.** Restrooms and in-house paging telephones are located in the center of the 11th and 13th floors. A public pay telephone is located outside the library entrance on the 12th floor.

#### **Library Hours:**

Monday - Thursday	8:00 am - 11:00 pm
Friday	8:00 am - 10:00 pm
Saturday	10:00 am - 8:00 pm
Sunday	Noon - 11:00 pm

(Summer and holiday hours vary, and are posted outside the library)

Reference librarians are available to provide assistance and answer questions, Monday through Friday from 8:30 am to 5:00 pm. Individually scheduled appointments are recommended for those who need in-depth assistance. The Reference Department also provides information retrieval services and fee-based mediated literature searches on MEDLINE, Chemical Abstracts, BIOSIS and hundreds of other databases. Consult with a reference librarian at 638-4228 to request a literature search or for more information on database fees.

Available services include **interlibrary loans (ILL)** of materials not owned at the Alumni Medical Library, and a **photocopy service** for materials owned by the library. There is a fee for each service.

**BUMC MEDLINE** contains the full MEDLINE database from 1966 to the present with over 7 million citations to journal literature in medicine, pharmacy, public health, dentistry, psychiatry, nursing, allied health and the biomedical sciences. BUMC MEDLINE is available free-of-charge from terminals in the library. Remote access is free-of-charge to all Boston University students in the schools of Medicine, Public Health and Dentistry. You will be able to apply for an account during orientation. Consult with a reference librarian at 638-4228 for information on training classes, remote access and documentation.

**Workshops** on a variety of subjects are offered regularly. Scheduled workshops include: library tours & orientations, INNOPAC (online catalog) training, and training on the SPIN (Sponsored Programs Information Network) software. Several levels of BUMC MEDLINE workshops are also offered for novice and more sophisticated searchers. Consult the reference librarian for information on classes. Faculty, staff and students can also request individual, small or large group training and educational sessions.

**The Circulation Desk** (638-4232) is located to the right of the library entrance. Monographs can be checked-out with a valid BUMC identification card for a period of 28 days. Renewals of circulating items can be made in-person at the Circulation Desk. Books being returned on time can

be dropped of in the 1st floor book-drop outside L-112.

**Overdue materials** are not charged daily, however three overdue notices will be sent to the borrower for each item not returned within the allotted time. One week after the third notice is sent, a fine of \$75 per item will be assessed.

**Reserve materials** are located behind the Circulation Desk, and can be used in the library for a 2 hour period only. Those wishing to use reserve materials must show a valid BUMC ID. Reserve materials include copies of old course exams, some audiovisual materials, new editions of popular monographs and course texts. (It is worth while to peek at these course texts before buying them so that you know which one best fits your needs).

**Monographs** that regularly circulate are shelved by call number (subject designations) on the 13th floor of the library. Oversized books are located on the 12th floor behind the current journals area. Reference and Reserve books are shelved in the reference and circulation sections. Archival materials and a History of Medicine collection are also located in the Alumni Medical Library.

**Journals** are shelved alphabetically by title. Current issues are located on the 12th floor of the library, and older bound volumes are shelved on the 11th and 13th floors. Consult the online catalog for detailed journal holdings. Journals do not circulate outside the library.

**Self-service photocopiers** are located on all three floors of the library. Photocopies cost \$.10 per page copied. Change is available from the Circulation Desk, or you may opt to get a copy card. Copy cards may be purchased from a dispenser located on the 12th floor of the library. Copy cards can be used in all Alumni Medical Library photocopy machines. Prices and number-of-copies per dollar values are posted.

Note: you may make photocopies on the 3rd floor at the Educational Media Department for \$.05 per page by buying a different copy card, but books/journals which do not circulate may not be removed from the library.

**INNOPAC**, the University's online catalog, contains detailed bibliographic information and library holdings for all monographs and journals owned by any of the Boston University libraries. INNOPAC terminals are located throughout the Alumni Medical Library.

**The Learning Resource Center (LRC)** may be moved to the new McNary Learning Center. It has traditionally held many PC's for general and course-specific software. The Lab of Informational Technology (computer lab) will probably replace the LRC. Check announcements for further details.

A small **audiovisual collection** is housed the Alumni Medical Library. Audiovisuals may be viewed in small screening rooms, and do not circulate outside the library. Most audiovisuals holdings are listed in the online catalog.

## **BOSTON LIBRARY CONSORTIUM**

BU Medical Students are eligible to participate in the area library consortium program. A valid BU ID entitles you to the in-house use of the following libraries: Boston College, Tufts, Northeastern, Brandeis, MIT, Wellesley, and U. Mass. Full borrowing privileges are available with a consortium card. Check with the reference department in our library.

## PLACES TO STUDY

For those who would rather keep home-life separate from their medical school studies, there are numerous places in the area which provide an appropriate setting for productive studying. Wherever you end up studying, have fun with what you're learning. Don't treat it as a chore. What you're learning is for you and your future patients. Since we will be learning for the rest of our lives, it's important to let our studies become an integral part of our lives and not an obstacle. Good Luck!

### BOSTON UNIVERSITY MEDICAL CENTER

For some people, the medical school is an ideal place to study. The library (located on the 11th, 12th and 13th floors) is usually quiet and reference books are readily available. There are very few comfortable chairs in the library, so get there early and stake your claim to a nice, cushy, black chair. Otherwise, you may have to settle for the butt-killing wooden chairs. You'll see people roaming the library trying to lay claim to a cushy chair, so if you leave for a break, make sure you mark your territory well. The home base labs on the second and fourth floors are also quite popular especially before class and during the day when you don't want to wait for the elevator. The 14th floor lounge is also a popular study spot after the library closes. With the new McNary Learning Center, seminar rooms with blackboards will hopefully be open and available after hours.

### BOSTON UNIVERSITY MAIN CAMPUS

There are many places to study on the main campus and some medical students study there because it is closer to home. Please note: there are night classes on weekdays and parking can be difficult—if not impossible—between 5 and 8 pm. Fortunately, parking is not as bad during the day and almost always available on weekends. For additional parking, you may want to try Bay State Road or up further along Commonwealth Ave.

#### **Mugar Library**

Open Monday — Thursday 8 am until midnight; Friday and Saturday 8 am until 11 pm; Sunday 10 am until midnight. During undergraduate finals, which never coincide with ours, it is open all night. There are cubicles and large tables on all floors, but the third floor is the most popular because of the high ceilings and large windows. Warning: it has been notoriously famous as being a pick-up joint. The GSU (see below) is very close by. Phone: 353-3708.

#### **George Sherman Union (GSU)**

This is basically a hangout place complete with a game room downstairs, fast food places to eat, a coffee house, a convenience store, and over 20 TVs on the ground floor for your viewing pleasure (especially on Thursday nights when E.R is on). There are tables and couches on the second and third floors, but there are always people around talking and only pseudo-studying. If you have exceptional concentration skills, the view is nice and you might meet some interesting people. Pace-maker wearers beware: the electronic fields coming from the cellular phones and beepers may throw your ticker into fibrillation.

#### **The Law School Library**

Located across from Mugar, it is much smaller but usually more conducive to studying. There are private rooms with tables on the bottom floor. The lounges and classrooms on other floors of the building are also quite nice for studying when there isn't a class going on. Sometimes the noise level can be high, so beware. In addition, they are not very strict about their "no food and drink" policy.

**CLA & SMG**

The College of Liberal Arts comprise the long building facing Warren Towers (the dorm with three large towers and the yellow awning). This is a popular place to study for those who like to have a whole room to themselves. The "pros" of studying here are that you are free to bring food, you can stay as long as you want, restrooms are all over, and food is right across the street (including convenience store called Campus Convenience open 22 hours). Plus, if you're on the top floors, you get a great view of the Charles River. One "con," however, is that night classes often last until 8 or 9 pm, so you have to hunt around for an empty room. Also, there may be conventions booked on the weekends. If the new School of Management building ever gets done, there will be a library there.

**ALTERNATIVE STUDY SITES**

The first week of school is over and you are already itching for another place to study besides the BUSM library. The weather is still nice so take advantage of the outdoor cafes before the autumn winds blow. Offering both hot java/espresso/cappuccino and an interesting mix of people, cafes make reading more enjoyable and give you a chance to get away from your desk. Boylston Street and Newbury Street are two good places to begin your search due to the large number of cafes that pepper these streets.

For those of you who would like to study outside of Boston University, but inside a library to avoid distraction, there are other universities or public libraries close by.

**Boston College Library**

The library at BC is favored by some because (1) the building is new and warm in the winter, (2) the desks and chairs are comfortable, (3) the lighting is excellent, (4) there are conference rooms, and (5) it is very quiet. The drawbacks about the library are (1) students actually study there so it is hard to find a seat or cubicle, (2) it is too far for some to reach and (3) the chairs can be really comfortable, therefore combined with the quiet environment: zzzzz. To get there, follow the Boston College ("B" train) green line to the end. Walk up and around the hill toward the large concrete and glass building on top. Ask someone walking around how to get to the library.

**Boston Public Library (BPL)**

The BPL is a beautiful old building located next to Copley Square on Boylston Street. This is a great place to get away from the outside world, but there is a limited number of tables and the lighting is on the dark side. When the weather is nice, studying outside in the courtyard is possible. The BPL is open Monday through Thursday 9 am to 9 pm; Friday and Saturday from 9 am to 5 pm. Phone: 536-5400.

**Harvard University**

The library system is the second largest next to the Library of Congress. Countway library (Harvard Medical School's library located at 10 Shattuck St. just off of Huntington Ave.) is a nice change from BUSM. As BU medical students, we have free access to their library, so take a peek. While you are there, be sure to scan the journals since Countway has one of the most complete journal subscriptions around. You must be registered at the main desk, so don't forget to take your student I.D. card.

**MIT**

MIT has at least eight different libraries, but finding them can be confusing. The largest and the easiest one to access is the large glass library facing the river on Memorial Drive. The best place to study is the MIT student center, off of Mass. Ave. on the left hand side just after you cross the MIT bridge. With a 24 hour coffee shop on the 3rd floor, arcade, post office, optician, and hairdresser in the basement, this place is a microcosm for the seriously stressed. One doesn't ever need to leave the building. One drawback is that the reading room is not terrifically climate controlled and has a

tendency to get really chilly. Many of our classmates could be seen studying in the wee hours of the morning — especially before exams.

### **Northeastern Snell Library**

Northeastern is another good choice for studying. It is located on Huntington Avenue, it is nestled into the campus near the Physical Education Center. Snell Library has a great atmosphere to study in, basically because it looks very modern. It is a very large library so you're sure to find a corner or two. The other good thing is that Northeastern works on a trimester schedule so they will not likely be studying when you will be.

## **ADDITIONAL PROGRAMS**

Boston and BU provide many opportunities for students of all backgrounds and academic interests. BUSM offers some additional options for those of students who wish to pursue other interests. Three of these options are the Alternative Curriculum program, MD/MPH program and the MD/PhD program. Each of these is described below.

### **ALTERNATIVE CURRICULUM (AC)**

In keeping with the tradition of variety and diversity, BUSM offers a unique program for students wishing to decompress their first year of medical school. In the Alternative Curriculum, students extend their first year courses over two academic years. There are many reasons for electing to do this program. Some present students include persons completing other academic programs, mothers of young children, and professionals returning to study medicine while continuing to work in their fields. Dr. McCahan, director of the program, assures us that the AC students fare just as well on the boards and other assessments as those pursuing a traditional curriculum.

Most students do not express their interest in the program during their admissions interviews — not all know ahead of time how well this program may suit their needs. Students may apply for the program upon arriving at school in the fall. Dr. McCahan is extremely helpful in advising and scheduling. From him, one gets the impression that this is an option viewed as legitimate and acceptable by the faculty. Contact Dr. McCahan in the Office of the Dean for more information.

### **MD/MPH PROGRAM**

This program is conducted jointly by the Boston University School of Medicine and the Boston University School of Public Health. It is a flexible program which combines the tradition MD preparation with in-depth work in one of the following areas of public health: health services, environmental health; health law; epidemiology and biostatistics; and health behavior, health promotion, and disease prevention. The course work for the two degrees is generally completed in an integral fashion over a period of five years. Call BUSPH, 638-5052 for more information or see Dr. Culbert.

### **MD/PHD PROGRAM**

This program is conducted jointly by the Boston University School of Medicine and the Division of Medical and Dental Sciences. The purpose of the program is to provide students with the opportunity to obtain advanced education and research training in one of the medical sciences while providing exposure to and training in clinical medicine. This program expects to produce graduates adequately trained to cope with the increasingly multi- and interdisciplinary nature of teaching and research in basic medical sciences, as well as graduates who will enter residency programs with a sufficient background in basic science to allow them to pursue productive careers in clinical research. This program requires six to seven years of study leading to both, an M.D. and Ph.D. degrees. For further information call Dr. Franzblau at 638-5120.

# SNEAK PREVIEW

## SECOND YEAR CURRICULUM

AUGUST-DECEMBER	JANUARY-MAY
Pharmacology	Biology of Disease I
Pathology	Biology of Disease II
Microbiology	Psychiatry II
Introduction to Clinical Medicine	
Integrated Problems	

## THIRD YEAR CLERKSHIPS

	<b>PEDS/OB/PSY</b> 7 Blocks, 7 wks each	<b>MED/SURG</b> 4 Blocks, 11 weeks each	
Wk			
1		A	
2	BLOCK 1		
3			
4			
5			
6			
7			
8			
9	BLOCK 2		
10			
11			
12		B	
13			
14			
15			
16	BLOCK 3		
17			
18			
19			
20			
21			
22			

	<b>PEDS/OB/PSY</b> 7 Blocks, 7 wks each	<b>MED/SURG</b> 4 Blocks, 11 weeks each	
Wk			
23	BLOCK 4	C	
24			
25			
26			
27	VACATION	VACATION	
28			
29			
30			
31	BLOCK 5		
32			
33			
34			
35			
36			
37			
38	VACATION		
39	BLOCK 6		
40			
41			
42			
43			
44			
45			
46	BLOCK 7		
47			
48			
49			
50			
51			
52			

1. There are 52 scheduled weeks
2. There are four possible combinations of Med/Surg: AB, BA, CD, DC.
3. PEDS/OB/PSY are offered in numbered Blocks, 1-7.
4. Everyone is on vacation during week 27. Week 38 is a vacation for the 7 week Blocks.
5. It is possible to complete all 5 Clerkships by week 52 with 9 weeks vacation.
6. All holidays except Christmas and New Year's Day are at the discretion of the Clerkship.

Fourth Year Clerkships

Wk	
1	BLOCK 7 of Third Year
2	
3	
4	
5	2
6	
7	
8	
9	3
10	
11	
12	
13	4
14	
15	
16	
17	5
18	
19	
20	
21	6
22	
23	
24	

Wk	
25	7
26	
27	
28	
29	8
30	
31	VACATION
32	
33	
34	9
35	
36	
37	
38	10
39	
40	
41	
42	11
43	
44	
45	
46	12
47	
48	
49	

<u>Required Courses</u> Radiology Neurology Home Medical Service Sub-Internship Primary Care Clerkship
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# SENIOR PREVIEW

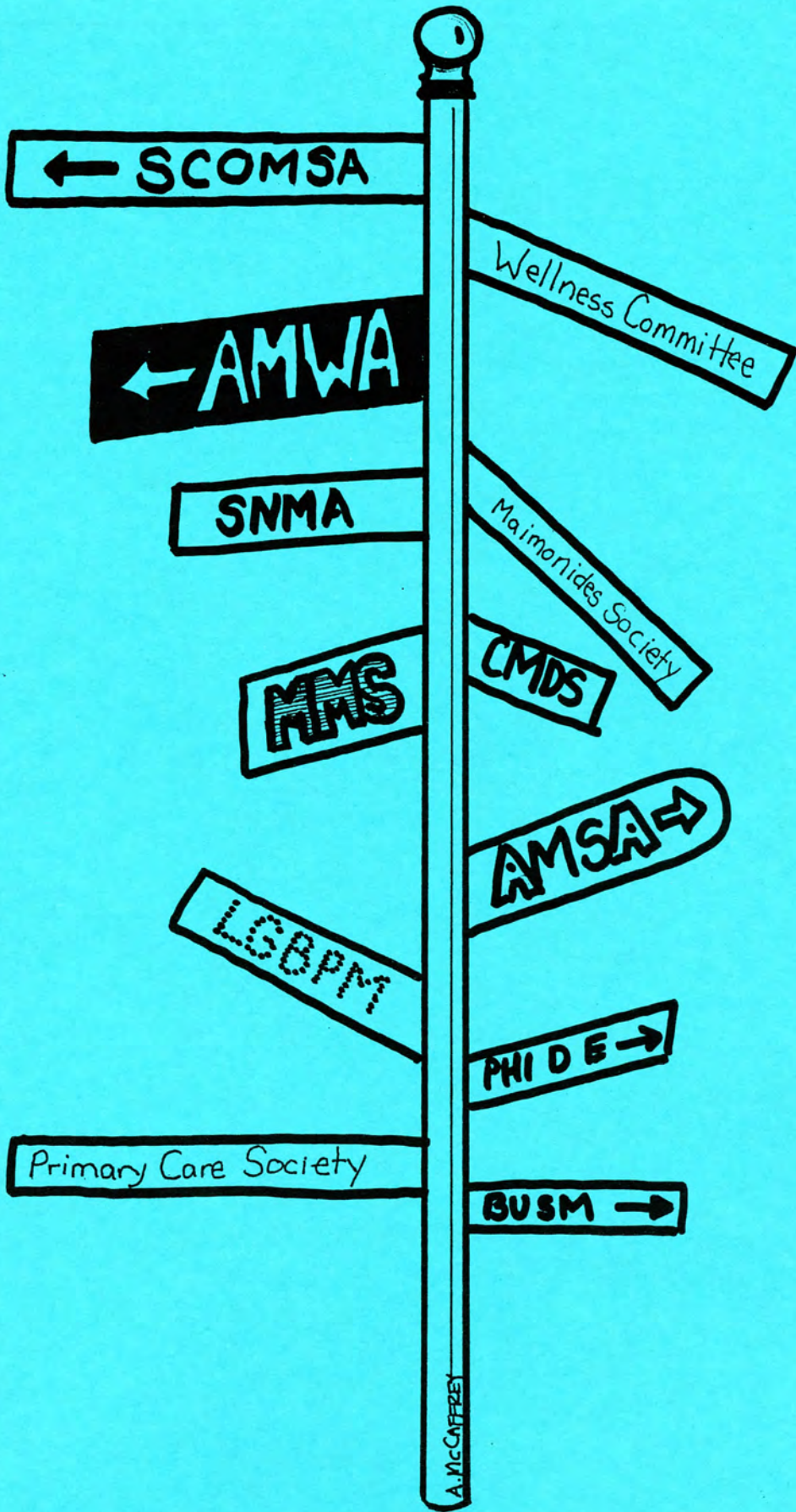
## Fourth Year Clerkship

### SECOND YEAR CURRICULUM

AUGUST-DECEMBER	JANUARY-MAY
Pharmacology	History of Disease I
Pathology	History of Disease II
Microbiology	Internal Medicine
Introduction to Clinical Medicine	Internal Medicine

WEEK	COURSE	WEEKS						
		1	2	3	4	5	6	7
1	BLOCK 1							
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8	BLOCK 2							
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5	BLOCK 6							
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12	BLOCK 7							
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1. There are 32 scheduled weeks.
2. There are four possible combinations of Med/Surg: A/B/C, D/E/F, G/H/I, J/K/L.
3. MEDS/CB/TSY are offered in numbered blocks 1-7.
4. Everyone is on vacation during week 23. Week 28 is a vacation for the 1st week Block.
5. It is possible to complete all 4 Clerkships by week 28 with 4 weeks vacation.
6. All holidays except Christmas and New Year's Day are at the discretion of the Clerkship.



# STUDENT LIFE

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## ORGANIZATIONS

There are many organizations at BUSM. Becoming a part of an organization is a great way to meet people and become involved with community issues. Here is a brief description of each organization at BUSM. There will be a luncheon during orientation where you can ask questions about each of the organizations listed below.

### Association of Latino Medical Students (ALMS)

The Association of Latino Medical Students is an organization committed to increasing awareness of health issues prevalent in the Latino community. ALMS strives to promote culturally relevant health care and improved access to underserved populations. The organization currently plays an active role in community health education as well as high school tutoring and mentorship programs. Although the organization was newly founded this year, ALMS brought national attention to BUSM by hosting "Latinos in Medicine: Preparing for the 21<sup>st</sup> Century" an annual national Latino medical student conference. Moreover, ALMS promoted Latino cultural awareness by sponsoring authentic taco sales as well as participating in the BUSM annual Culture Fest. Furthermore, the organization implemented an extremely successful high school mentorship program.

This fall, ALMS plans on hosting a Latino health fair which will include blood pressure, sugar, and cholesterol screenings. The organization will also organize a Medical Student-Physician Lecture Series at local churches and elementary schools. For more information on ALMS, please contact Luis Vega, Box 477; or Eduardo Besser, Box 109.

### Asian American Medical Association (AAMA)

While other national organizations of minority medical students, such as Student National Medical Association and the Maimonides Society, have been well established for some time, only recently has a national organization representing Asian-American medical students received widespread support. In January of 1995, representatives of approximately 30 medical schools met at a national conference in New York and formed the Asian Pacific American Medical Students' Association (APAMSA). This event subsequently prompted the formation of the Asian American Medical Association (AAMA) on our campus at the Boston University School of Medicine. Among the goals we laid out were: to promote unity and support of Asian Americans in the medical community; to promote an awareness of health care issues unique to Asian Americans as providers and recipients; and to become a provider of community service in Asian American communities.

Because the upcoming 1995-1996 academic year will be our first full year as a recognized organization, new members will have many opportunities to become active participants at a very exciting time. Furthermore, our particular chapter at BUSM, with a relatively large number of Asian Americans, will have a real opportunity to become among the strongest nationally, where we believe we can have an impact. Of course, to see our plans come to fruition will require dedication from our members. We hope to see the incoming class become active members of AAMA, as we continue to build on the foundations we have begun to set.

As a new organization, new ideas and projects are encouraged. However, we have made some tentative plans for the next year including: a domestic violence task force targeting Korean and Indian-Americans (who have been documented as an under-reported population), sponsoring lunch time lectures, helping establish an Asian American awareness week where we would promote issues unique to our community. AAMA also plans on sending a large contingent of members to the national conference at the University of Pennsylvania School of Medicine the weekend of October 27th, so keep your ears open for that. Finally, we are very interested in promoting networking

among Asian Americans in medicine, whether that be between classmates, among the different BUSM classes, with other medical students at Harvard and Tufts, or with practicing residents and physicians. All members of the BUSM community believing in the ideas, aims, and purposes of AAMA, regardless of ethnicity, are encouraged to join. If you have any questions regarding AAMA, please feel free to contact one of the officers.

<b>President</b>	Dong Kim	Box 18	(617) 436-5152
<b>Vice President</b>	Jim Chen	Box 3	(617) 425-0057
<b>Co-Secretary</b>	Garrick Lau	Box 26	(617) 287-9705
<b>Co-Secretary</b>	Albert Chang	Box 160	(617) 782-3191
<b>Treasurer</b>	Dennis Chia	Box 159	

### **American Medical Student Association (AMSA)**

AMSA hopes your summer has gone well, and as you prepare for your entry into medical school, we feel it is important for you to realize what medical school has to offer and what an organization such as AMSA can do for you to make your medical years all the more fulfilling.

We are the largest organization of medical students in the United States, with over 30,000 members. We have an independence that other student groups do not enjoy because we are not affiliated with professional organizations. In addition, we are one of the larger student organizations at BUSM with over 50% of the classes of 1996, 1997 and 1998 becoming AMSA members.

As medical students, we are committed to the improvement of health care and its delivery to all people. We actively promote the improvement of medical education and we challenge ourselves to abide by our social, moral, and ethical obligations. We are organized by task forces which allows members to concentrate their efforts in areas that concern them personally. We have 18 national task forces and several are currently active at our local chapter level. Please see the additional information on AMSA, which was mailed with the *Redbook*, for more information on the task forces.

AMSA is not only committed to community outreach, legislative representation, and educational initiatives but also to its members. Our membership services include the opportunity to receive a Gold MasterCard, discounted health, auto, life, and disability insurance, discounted student loans, and airline discounts for senior students traveling to interviews. AMSA also organizes a fall regional and spring national conference each academic year, and many members in the past have found attending the conferences both educational and enlightening. At BUSM, AMSA works to organize different informative and fun activities for the students, as well as helping students with medical school by having such events as book sales and test packet sales at discounted prices for AMSA members.

There are no annual dues to join. You pay only once for your four years of medical school. As an AMSA member you will receive *The New Physician* and monthly mail-outs from the national office to keep you up to date about AMSA.

#### **The 1995-1996 Officers are:**

<b>President</b>	Heidi Abdelhady	Box 122
<b>Vice President</b>	Albert Chang	Box 160
<b>Secretary</b>	Amy Kim	Box 297
	Jason Worcestor	Box 474
<b>Treasurer</b>	Shirvinda Wijesekera	Box 475
<b>Task Force Liaison</b>	Namita Gupta	Box 257
<b>Membership Coordinator</b>	Faisal Haq	Box 253
<b>Legislative Committee</b>	Alex Vanspeybroeck	Box 478
	Kirit Bhatt	Box 167

## **American Medical Women's Association (AMWA)**

The American Medical Women's Association, established in 1915, is an organization of over 13,000 women physicians and medical students dedicated to improving women's health and promoting equal opportunity for women physicians. AMWA provides an open forum for medical students, residents, and physicians to address the issues of importance in women's health, research, and legislative policy. The organization also serves to bring students and physicians together with both mentoring and networking programs to aid in the development of one's medical career and accompanying professional responsibilities. AMWA coordinates educational programs which highlight a broad range of medical and ethical issues as the practice environment of the medical profession continues to evolve.

From the headquarters in the nation's capital, AMWA also serves as an effective advocate for relevant state and federal legislation impacting your patients, your practice, and your profession. The AMWA Interim Meeting, held in Washington, D.C. each year, is the forum for updates on the status of AMWA's key legislation. This past June the meeting addressed women's health, the 1995 Republican Majority Congress, heart disease in women, and physicians taking care of themselves. Physicians from around the nation discussed the need to ensure that women's health issues remain integral in all reform proposals. The Interim Meeting also gives members the opportunity to do some real lobbying on Capitol Hill in appointments with state senators and representatives. The bulk of the work in proposing and passing resolutions also takes place in committee meetings at the Interim Meeting; many of the proposals are prepared for voting by the House of Delegates to take place at the AMWA Annual Meeting in November.

With its involvement on the national, regional, and local levels, AMWA is able to provide access to a national directory of women medical students, residents, and physicians. Other benefits of membership include a subscription to the *Journal of the American Medical Women's Association (JAMWA)* which features articles on women's health research as well as information on new books and commentaries on the lives of women physicians. *What's Happening in AMWA* updates members on association activities and current legislation and provides special reports from students and residents. Membership in AMWA also provides access to low-cost life and health insurance, group MasterCard, and scholarships for medical students.

This past year was very rewarding for the BUSM AMWA chapter with such events as the annual fall Welcome Dinner, lunch time lectures, and a discussion about abortion and its impact on doctors. We are already planning events for the coming year and special joint events with AMWA chapters at the other local medical schools. The AMWA Annual meeting in November '95 will highlight reproductive health, *Women Empowering Women: Planning Our Global Family*. There will be numerous workshops and distinguished speakers (including BUSM's very own Dr. Kenneth Edelin), will be held at the Westin Hotel in Seattle, so we hope to send a number of representatives. We are looking for active first year membership and participation. For more information contact Anne McCaffrey (Box 340) or Janet Hanousek (Box 254).

## **Creative Arts Society (CAS)**

The Creative Arts Society is an organization founded early this year. It has been founded and run by medical students but our members include other graduate students, faculty and staff as well. We wish to foster the development, expression, and acknowledgment of art and creativity within the entire BU medical community, as an important aspect of individual and group identity and health.

We hold regular evening meetings where anyone can share and discuss individual artwork and ideas; are developing workshops focusing on specific interests such as writing and photography; and are due in September to present our first annual issue of *Whorl*, a literary journal of prose,

poetry, and black-and-white photography and other visual art. We also plan to support established BUSM events (e.g. SCOMSA's Arts Day exhibits) as well as directly address the role of creativity in identity and wellness through our own events.

This organization is for everyone; we all have creativity, whether we choose to call ourselves artists or not. We stand for open-mindedness, self-expression and self-awareness, which are crucial to our success as medical students and as human beings.

For more information, contact Margaret Lee (Box 290) and Ben Sigmond (Box 433).

### **Christian Medical and Dental Society (CMDS)**

The CMDS chapter at BUSM is a student organization which seeks to provide spiritual support, and a forum to explore the role of Christianity in the medical/dental profession. With a membership of over 50 students, CMDS brings in various speakers (from ministers, to local primary care doctors, to overseas missionary surgeons), travels to meet and fellowship with others CMDS chapters, participates in voluntary community activities, and encourages one another to be strong examples of Christ's love in our every day lives.

We hold weekly meetings where students fellowship, sing, praise, and pray together. Other activities included clambakes, local conferences, relaxing retreats and potluck dinners. Our aim is to provide opportunity for fellowship, encouragement, and reaffirmation of our role in medicine both within and outside of the school setting.

We welcome all interested students in the class of 1999. Our first meeting will be in early September. Please feel free to contact us at any time.

Carrie Tibbles      Box 482  
Austin Liu          Box 12

### **Lesbian, Gay & Bisexual People in Medicine (LGBPM)**

The stresses of being a lesbian or gay medical student can be enormous. The primary goal of LGBPM is to provide a safe, supportive environment at BUSM where lesbian, gay and bisexual students and faculty at the medical campus can get together, socialize and network. An increasingly important goal has been to organize around the education and sensitization of our heterosexual classmates and faculty to gay and lesbian issues.

We are affiliated with the LGBPM task force of AMSA (American Medical Student Association). This is a politically active task force with local chapters across the country. If you join LGBPM through AMSA you will receive their national newsletter with informative articles about gay issues in medicine and at medical schools across the country. In addition, AMSA provides its task force members with a list of contacts and gay-friendly residency programs in the United States. The American Association of Physicians for Human Rights is a national organization for gay and lesbian physicians and medical students. If you are interested in becoming a member, they may be reached at (415)-255-4547.

For more information, the contact people here at BUSM are: Tri D. Do, Box 212, (617) 536-5374; or Daniel Lindsay (faculty advisor), (617) 638-5150. *All inquiries are strictly confidential.*

### **The Maimonides Society**

The Maimonides Society is a national organization for Jewish medical students. Several years ago, a chapter was established at BUSM in hopes of playing a social and educational function. The society has provided a vehicle for Jewish students to meet one another in a social atmosphere. Last year the group had several Friday night Shabbat dinners at the undergraduate campus Hillel House,

that included Jewish graduate students from all of the University's graduate schools. In addition, this year a BUSM representative will sit on the B.U. Hillel's graduate student planning board.

The most important aspect of the organization is educational, for both medical and Jewish issues. The group has sponsored bi-weekly lunch-time seminars, open to the public, lead by the University's Orthodox Rabbi, Rabbi Joseph Pulak, on issues on Jewish law, specifically on how Jewish law pertains to the practice of modern medicine. Last year's topics ranged from murder and malpractice, to abortion, and medical counseling.

Another aspect of the organization is the opportunity for students to meet faculty members in a non-academic setting. The establishment of the Maimonides Society was received well by Jewish faculty at the Medical Center and a faculty advisory council has been created. Faculty was active in both the participation in and planning of last year's Holocaust Education Week, put on by the Maimonides Society. We hope to further involve faculty and staff from all branches of the medical center in the coming year.

The members of the Maimonides Society feel it important to mention that the group represents the gamut of Jewish religious observance, and that no one group is favored. The same principle applies to political beliefs. In hopes of a very enriching year, we encourage you to participate in some of the upcoming events. Our activities are open to everyone and we welcome your suggestions. For more information, contact Elissa Rosenfeld, (617) 375-9063, Box 380; or Mark Levin, (617) 266-4514, Box 348.

### **Massachusetts Medical Society (MMS)**

There are three levels of involvement in this organization at BUSM: The school chapter, state, and national (American Medical Association-Medical Student Section, AMA-MSS) levels. Although the AMA and MMS are separate membership organizations, they work conjointly to achieve common goals. Many opportunities for involvement in the AMA-MSS begin with involvement in the school chapter.

BUSM's chapter is very active at all three levels of the organization. This year, we are planning outreach programs in prenatal care, reproductive health issues, and AIDS education. These curricula will be taught at local high schools by teams of medical students. Other events on the drawing board include an environmental medicine lecture series, an introduction to the third-year given by residents in surgery and medicine, a blood drive, and the First Annual BUSM-MMS Golf Tournament (proceeds going to a local charity).

At the state level, MMS takes a legislative role similar to the AMA. Opportunities for legislative activism abound in the MMS, and students have a large role in voting on and proposing new policy. The organization offers an excellent chance to become aware of political changes that will have an impact on the future practice of medicine. The state student section, which consists of medical students from all four Massachusetts schools, also sponsors educational, social and cultural events. Last year was highlighted with the *Spring Event*, a day-long symposium on "Can We Save Our Children?" held at the Kennedy School of Government. At this meeting of the medical, legal, and public health communities, the presidents of the AMA, American Bar Association, and the American Public Health Association addressed child welfare issues. BUSM also sends two students as delegates to the bi-annual state assembly and other student representatives to various MMS committees.

The AMA-MMS meets twice a year to propose AMA policy and to elect student leaders. All members are invited to attend these national meetings and BUSM traditionally sends the largest number of students of all medical schools. Students may also develop resolutions to influence our national health care policies. Many everyday policies were born in the AMA-MMS, including the current ban of smoking on domestic airline flights. The opportunities to obtain a leadership role are real. Presently fourth and third year BUSM students hold national positions.



Members of MMS/AMA-MSS will receive subscriptions to both the *New England Journal of Medicine*, the official publication of the MMS, and *JAMA*, the AMA's weekly journal. These two publications will frequently be referred to in your four years of medical school, and are but two of the many benefits of becoming members of the Massachusetts Medical Society and the American Medical Association.

For more information, please contact Scott Allen, President (Box 118) or Mark Grippi, Vice President (Box 199).

### **Phi Delta Epsilon Medical Fraternity (Phi D E)**

The Phi Delta Epsilon Medical Fraternity (Phi DE) is a national organization consisting of over 25,000 students, practicing physicians, and distinguished emeritus members. At BUSM Phi Delta Epsilon serves as a conduit for students to organize both community and social events. Over the past few years Phi Delta Epsilon has sponsored events such as the Phi D E Scavenger Hunt to benefit The Kids' Fund, golf outings and trips to see the Red Sox.

On the national level, the fraternity offers placements with physicians for internships and externships, low interest student loans, and a vast network of both physicians and medical students. All members receive *Phi D E*, a quarterly update which includes news about the fraternity as well as scientific news. In addition, members are given the opportunity to attend the Annual Meeting. This was held in Boca Raton, Florida this year and is scheduled to be held in Washington, D.C. next year.

For more information about becoming a member of Phi D E and discounts on dues, contact Pauline Tsirigotis, Box 480 or Omid Farokhzad, Box 208.

### **Primary Care Society (PCS)**

The Primary Care Society is a student organization which seeks to supplement the traditional medical school curricula with information and experiences relevant to those interested in exploring primary care specialties. As one of the largest student-run groups within the school, PCS possesses a number of task forces including: Family Medicine, Internal Medicine, Obstetrics and Gynecology, Pediatrics, Community Health, Family Violence, Flu-Shot Program, Blood Pressure Screening, Flower Delivery Program, AIDS Education, and Clinical Skills.

Informative lunch time lectures, numerous community activities, as well as ongoing programs attract student involvement. Some popular activities include administering flu shots and blood pressure screening for the homeless and elderly, a technical skills workshop, shadowing experience, volunteer opportunities, Primary Care Day, and various pizza luncheons. A major event sponsored and organized by the Primary Care Society is the Residency Fair/Career Night, held in September, where students have the chance to meet with primary care physicians and learn about various residency programs all over the country. PCS hopes to provide students with valuable hands-on experiences, in addition to offering resources and support for those interested in primary care as a career. Ultimately, we would like to increase the students' awareness and understanding of the issues and controversies within primary care.

PCS will provide free membership to the American Academy of Family Physicians for anyone interested. Cost of living stipends are also available for preceptorships, either during the summer or as a third or fourth year student.

We welcome all members of the Class of 1999 interested in learning more about primary care. Our first meeting will be held shortly after the start of classes in September. We will be seeking first year representatives for all of the task forces. If you would like to become involved with PCS, or have any questions or suggestions, please feel free to contact us.

Betsy Ciarimboli	Co-Chairperson	BUSM II	Box 59
David Johnson	Co-Chairperson	BUSM II	Box 244
Carrie Tibbles	AAFP Liaison	BUSM II	Box 482
Tammi Congdon	Secretary	BUSM II	Box 84
Sam Lam	Treasurer	BUSM II	Box 295

### **South Asian Medical Students Association (SAMSA)**

This organization was founded this past year to represent medical students of South Asian origin and to enhance awareness of South Asian culture. Boston University prides itself in being one of the most diverse institutions in the nation and its students and faculty members herald from all corners of the world — each one contributing to its excellence. SAMSA aims at expressing the goals and aspirations of students of Indian, Pakistani, Sri Lankan, Bangladeshi and Nepalese origin.

SAMSA invites you to help raise awareness of South Asian culture and to promote unity amongst our community. We will provide academic and social support for South Asian-American medical students and cultivate skills which will enable our members to play an active role as future leaders in this multi-cultural society. We plan to co-sponsor tutoring and mentorship programs for South Asian high school students in the Boston area. Our objectives also include the formation of ties with foreign hospitals in South Asia for fulfillment of electives and social work programs. We have enlisted the support of BUMC faculty to create seminars to discuss issues of medicine as they apply to the South Asian community. In addition, SAMSA will establish affiliations with national organizations of South Asian physicians and with South Asian medical students at other institutions.

Everyone interested is welcome to join and we look forward to meeting you this fall. Enjoy the rest of the summer, and if you have any questions, feel free to contact the executive board members listed below:

- Samir Shah Box 436
- Azhar Salahuddin Box 428
- Mohammad Bilal Box 166
- Faisal Haq Box 253
- Rupa Patel Box 386

## **Student Committee on Medical School Affairs (SCOMSA)**

SCOMSA serves as the official means of communication between the student body and the administration and faculty of the Medical School. The student government at BUSM, is a committee comprised of six elected representatives from each class. SCOMSA is often asked to select students to serve on other committees at the Medical School. Student representatives sit on the Curriculum Committee, Admissions Committee, and the Executive Committee. In this way, SCOMSA serves to advocate and institute changes within the Medical School. In addition, SCOMSA is responsible for the allocation of funds collected from the student activities fee. These funds are allocated to student organizations and events (via the SCOMSA budget committee), as well as special occasions such as *Skit Night*, harbor cruises, dances, or barbecues.

Aside from the social activities it sponsors, SCOMSA serves to advocate and institute changes within the Medical School. It is a result of SCOMSA efforts that there is a Code of Professional Conduct in place at BUSM, a copy of which may be found in the *Reference* section of the *Redbook*. SCOMSA gives students the opportunity to interact with the faculty and administration in implementing changes for the betterment of the Medical School.

The election of six representatives from the BUSM Class of 1999 will be held in late September. Again, SCOMSA is an excellent opportunity for students to improve their time at BUSM, both academically and socially. Current members of SCOMSA will meet with your class during Orientation for further information. Contact SCOMSA through their mailbox in the Mailroom.

<b>Chairperson</b>	Eileen Carr
<b>Co-Vice Chairperson</b>	Gregory Bernstein
<b>Co-Vice Chairperson</b>	P. Nelson Le
<b>Treasurer</b>	Eduardo Besser

### BUSM IV

Liz Mahanor  
Debbie Blazey-Martin  
John Lee  
George Naseef  
Feliz Oduwa  
Cherry Tan

### BUSM III

Eileen Carr  
Angela Chen  
Jim Chen  
Toni Clare  
Ardra Davis  
John Dutton  
Keith Hull

### BUSM II

Gregory Bernstein  
Eduardo Besser  
Kirit Bhatt  
Albert Chang  
Mheir Doursounian  
P. Nelson Le  
Jim Liou

## **Student National Medical Association (SNMA)**

The Student National Medical Association is an organization currently composed of over 3000 minority medical students across the country. The organization strives to:

- create an atmosphere wherein professional excellence and moral principles can find fullest expression,
- disseminate information relative to minority problems within the field of medical education,
- take the necessary and proper steps to eradicate prejudicial practices in the field of medical education and related areas as these practices appear to be based on race, creed, color, sex, or national origin,
- develop workable programs for the implementation of better urban and rural health care,
- provide national leadership in the promulgation of legislative policies for the provision of better health care,
- sponsor programs for minority youth and encourage their entrance into the health professions,
- raise the levels of minority school recruitment, admissions and retention in schools training health care professionals.

The Boston University Chapter of SNMA strives diligently to uphold the goals of the organization by implementing and assisting with programs at BUSM as well as the greater Boston area. This year, many events were held which included a blood pressure drive, delivery of Thanksgiving baskets to two needy minority families in the greater Boston area, a week of activities during Black History Month, and an end of the year dinner in honor of all minority graduates for their accomplishments over the past years at Boston University School of Medicine.

This school term, the Boston University Chapter of SNMA plans to be as active as ever. Along with last year's projects, we plan to also implement a mentorship program amongst the minority students at BU and establish a line of communication between minority students, faculty, house staff, and residents in this mecca of medical education and training. Our community-oriented endeavors will begin this summer when we host teenagers from the Boston Freedom Summer Project.

If you have any questions concerning the Student National Medical Association on the national, regional, or local level, please do not hesitate to contact Ray Love *BU Chapter President*, (Box 346) via e-mail at arlove@acs.bu.edu. You may also reach the organization by addressing all correspondence to the SNMA mailbox. The correspondence should be addressed as follows:

Name, Box# OR SNMA Mailbox  
80 East Concord St.  
Boston, Ma. 02118

Have a great summer and we look forward to seeing you in the fall!

### **The Wellness Committee**

The Wellness Committee was established within the Office of Student Affairs. Arthur Culbert, and Verna Lacey coordinate the activities of the Committee which consists of four basic science faculty members and students from the first and second years who have met on a monthly basis. The Committee's objectives are: to help students find ways to attend to their psychological, physiological, and spiritual well being while in the midst of a tremendously stressful training period; to provide students with information and easy access to materials, events, activities that can contribute to their well-being.

Many events took place during the 1994/1995 academic year. The Wellness Food Fair was a big success with companies such as Bread & Circus, the South End Fitness Center, and the Great Harvest Bread Company displaying healthy food samplers and tips to stay healthy, wealthy and wise! Many students also chipped in with their own healthy food recipes. Also an aerobics instructor provided aerobics classes 3 times a week in the Solomon Carter Fuller gymnasium; Carol Wells-Federman from the Mind Body Institute at Deaconess Hospital provided a relaxation training class for first and second year students who met six times during the year.

Other activities discussed for 1995/1996 academic year include: another Wellness Food Fair, a cookbook of healthy foods, a walking club; a humorist to come after the first or second round of exams; a section in the new Charlesbank Health Sciences Bookstore for books and tapes on relaxation; a section in the library for research about the relationship between the mind & body and general stress management; cases within the Integrated Problems curriculum that incorporate issues related to nutrition, exercise, relaxation, and conflict resolution.

For more information you can contact Margaret Lee, BUSM II, Box 290, Verna Lacey or Dean Culbert in the Office of Student Affairs.

## ORGANIZATIONS REFERENCE LIST

<u>ORGANIZATION</u>	<u>STUDENT CONTACT</u>	<u>BOX</u>
ALMS	Luis Vega	477
AAMA	Dong Kim Jim Chen	Room K323 Cancer Center
AMSA	Heidi Abdelhady Albert Chang	122 160
AMWA	Anne McCaffrey Janet Hanousek	340 254
CAS	Margaret Lee	290
CMDS	Carrie Tibbles Austin Liu	482 12
LGBPM	Tri D. Do	212
Maimonides Society	Elissa Rosenfeld Mark Levin	380 348
MMS	Scott Allen Mark Grippi	118 199
PhiDE	Pauline Tsirigotis Omid Farokhzad	480 208
PCS	Betsy Ciarimboli David Johnson	59 244
SAMSA	Samir Shah	436
SCOMSA	Gregory Bernstein P. Nelson Le	110 294
SNMA	Ray Love	346
Wellness Committee	Margaret Lee	290

## EVENTS

Here is a list of some of the events held at BUSM. They are all tons of fun. Keep your eyes open for further information during the school year.

### Arts Day

Arts day is held every spring in the Heibert Lounge and provides an opportunity for students, faculty and family to showcase their finest art masterpieces. Every type of art is excepted and displayed. In previous years we have had paintings, stained glass, tapestries, photographs, poems, sculpture, hand carved ship models, etc. If you have a creative side we hope to see your work next year.

### Culture Fest

Culture Fest is an AMSA sponsored event held during the second semester in Heibert Lounge. It is a multi-cultural celebration with food, music and dance from several areas of the world, including Middle Eastern, Asian, Western and European cultures. Be sure to attend, there is plenty of free food from every corner of the globe.

### Fall Barbeque

SCOMSA sponsored BBQ held in the fall on Talbot lawn. An excellent social and relaxation event. Free Food!

### Huntington's Hoop-a-Thon

Each spring, the Huntington's Disease Society (HDA) sponsors a hoop-a-thon to help raise money. Participants ask sponsors to make a donation for each basket they hit in fifteen minutes of free throws. Volunteers are needed. Last year, a few first year students challenged Dr. Culbert for lunch. He graciously took us out to Legal Seafoods when he lost big!

### Career Advising Lunchtime Seminars

These seminars are offered at lunchtime, one day a week, during the second semester. Each day focuses on a different specialty of medicine. It allows students to start investigating the many aspects of medicine by talking with physicians in the field. See Dr. Culbert for more information.

### Memorial Service

The Memorial Service is held in remembrance those who donated their bodies for our education. It is organized by interested people in the first year class. It is usually held in the Spring due to time constraints. If you are interested in helping to organize the Memorial Service for your class, contact Jennifer Murray (Box 337) or Nichole Pardo (Box 388).

### Scavenger Hunt

The Scavenger Hunt was sponsored by Phi D E last fall during Orientation. Students entered as teams of four and had to go around town finding several things including dates that buildings were built and four leaf clovers. The Hunt ended at *Commonwealth Brewery* for a Happy Hour and prize distribution. Every participant won a prize — anything from stethoscopes to free passes to the Aquarium. A Scavenger Hunt should be held during your orientation. Be sure to bring you bike, rollerblades or skateboards because cars are not allowed.

### **Ski Trip**

A bunch of first year and second year students got together the first weekend of the new year and organized a huge weekend getaway for skiing and partying in Stowe, Vermont. About 30 of us spent quality ski and relaxation time in one of the most beautiful parts of New England. For more information, contact Jay Lee, BUSM III.

### **Skit Night**

This is a night of creativity, laughter and fun. It is usually held in April and is entirely organized and performed by first year students. The skits are usually aimed at professors or at BUSM. A videotape is available of last year's event. Start thinking about your skits. For more information contact Nelson Le, Box 294, or see your SCOMSA Representative.

### **Spring Barbeque**

SCOMSA sponsored BBQ held in the spring on Talbot lawn. An excellent social and relaxation event. Free Food!

### **Winter Semi-Formal**

This event is also organized by SCOMSA and is held sometime in February. Last year it was held at the Westin Hotel at Copley. It is an excellent time to show off your dressy clothes and your significant other. Plenty of people go stag, though, just to dance and socialize outside of the confines of school.



# LIVING IN BOSTON



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## HOUSING



Welcome to Boston! We hope you'll love the Hub as much as we do. Boston and the greater Boston area have a lot to offer to just about everyone. If you prefer city living with all of its excitement, you're definitely in the right place. However, if you are more of a "country bumpkin" type, don't panic! Within a short commute, you can also find a place that you'll be happy with.

Remember, the closer to Boston you get:

- rents will be higher
- parking will be more difficult and can be expensive
- your commute will be shorter
- there will be lots more excitement and things to do!!!!

The farther from Boston you get:

- rents will be cheaper
- parking will be easier
- your commute will be longer in terms of both distance and time
- the air will be cleaner

To maximize your chances of finding an acceptable (and hopefully positive) living environment, we are providing a few tips about getting an apartment in Boston. We have included a list of the neighborhoods with a brief description of each, which was updated as of June, 1995. This is just a list of the areas where a majority of BUSM students live. These are not your only options!

Try to come in July to find an August rental. Boston has a low vacancy rate and even under the best circumstances you are faced with the challenge of finding an affordable apartment. Also, since all the other students in the Boston area (and there are thousands!) are returning in August to find a place, this will give you a jump on the market. You may wish to come to Boston even sooner to try to get settled in well before orientation/classes begin (the week before Labor Day). Once your studying begins, you won't have time to move or set up an apartment. However, since most of the apartments turnaround September 1st, it may be tough finding an August rental. It may be harder logistically, but it is still do-able.

Your housing choices may be influenced by two recent changes around here. The first one is that there is no longer any rent control in Boston, Cambridge, or Brookline. This may not be as bad as it sounds, because only some apartments were subject to rent control, and these very rarely came on the market, which just made other apartments more expensive for everyone else. The second factor that will almost certainly affect things for many students is the fact that the "C" parking lot, where most students park, is due to be closed when a major construction project on the abutting express-way takes over the site. The parking alternative that has been arranged is at a distant site, with shuttle service to and from the medical center. Driving to the new lot may take more time depending on where you're driving from. The final details will be announced during orientation. The bottom line is, you will probably be better off living where public transportation is more convenient.

## **BRING MONEY!**



Don't be surprised by how much you'll need. Boston landlords typically want first and last month's rent, plus (usually) one month's rent as a security deposit. Real estate agents will also

charge up to one month's rent as a fee. Shop around because some real estate agents can give you a deal on their fees (e.g., the owner of the apartment may pay half of the fee). You probably won't have to pay a fee if you deal directly with the owner.



## **LOTS OF MONEY!**

Be advised that in many areas, rents do not include heat, hot water, and/or other utilities. Heat alone can add up to \$100/month during the winter, which seems to last half the year in Boston! Be sure to ask your prospective landlords! Out-of-state checks, and sometimes even personal checks can be refused. It's best to have access to **Cash** or a **Certified Check**. It may have to be as much as \$2500-3000 depending on your situation. While you're up here in July, open a local checking account. (See the section below on *Banking*.) Bostonians don't trust out-of-state checks.

## **BUMC RELATED OPTIONS**

Boston University Medical School *does not* provide "on-campus housing" to graduate students, but here are some options that they do provide:

### **HARRISON COURT**

Located just behind the medical school in the heart of the South End is Boston University's latest housing development. Renovation of Harrison Court, an elegant 19th century building, was completed just prior to the beginning of the 1992-93 school year. Harrison Court features secure and convenient studios, one-, and two-bedroom apartments. Each unit has a modern kitchen and bathroom, central air conditioning, and most have hookups for washer and dryers. A coin-operated laundry facility is located in the building. The building also has vending machines, a study lounge, and a modest exercise room. A private courtyard gives residents a peaceful and relaxing place to sit and enjoy the outdoors (and study!). Monthly rents range from \$882 for a studio to \$1,628 for an apartment with two bedrooms and two baths. Hook-ups that are wired to the B.U. computer system are available for Macintosh computers. Parking is available for an additional \$110/month. For more information call the Medical Center Office of Property Management at 1-800-344-BUMC.

### **SOUTHBLOCK (at BCH)**

This high-rise apartment complex houses mostly young professionals and students associated with the Medical Center. The Trustees Management building, also referred to as the Nurse's Tower or Southblock, is a high-rise complex with studios, one-, and two-bedroom apartments. It is conveniently located two blocks from the medical school. There is also an indoor route to the Boston City Hospital. Rent includes all utilities (including a/c). Rent for studios is \$480-\$535/month, one bedrooms are \$730-740, and two bedrooms for \$885-\$895. There may be a waiting period for the one-bedroom apartments. The complex has laundry facilities, a sun deck, and recreation center. The recreation center has a gym, exercise room, Olympic size pool, and squash courts. Parking available in a garage for \$60/month. There is also 24-hour security. It is not advisable to be out alone after dark because the neighborhood is not very safe at night. Other areas of Boston are easily accessible by buses #1, 8,10, 47, CT1 and CT3 — all of which have stops within one or two blocks of the complex. The Green and Orange lines of the MBTA trolleys are accessible via bus #1 and the CT1. For more information contact Southblock Management at 534-5800.

### **OFFICE OF RENTAL PROPERTY MANAGEMENT**

This office is located on the Charles River Campus at 19 Deerfield Street. Apartments are available to all BU Graduate students (that means you). All of the properties are located near the Charles River Campus, i.e. Kenmore Square/Fenway area. The following are average price ranges: rooms are \$300-\$450, studios are \$575-\$675, one-bedrooms are \$700-\$850, and two-bedrooms are \$975 and up. Most (but not all!) rents include heat and hot water. Parking is an additional \$85. The

Green line runs from Kenmore Square to Massachusetts Avenue where you can get the #1 or CT1 bus to the medical school. All of the apartments leased by the Office of Rental Property Management are *no fee*. These apartments do, however, require a 12-month lease, which may be a problem if you're not planning to stay for the summer. For more information call 353-4101.

## **AN OVERVIEW OF NEIGHBORHOODS**

Neighborhoods are listed according to their distance from the Medical Center. If you have a car, you will need a resident parking permit in order to park on the street. These are free, but you must apply for them in person at Boston City Hall, Room 224 (telephone 635-4682). You will need to provide proof of residency and you will need to prove your car is registered in Boston (and has no outstanding tickets!).

### **SOUTH END**

The B.U. School of Medicine is located in the South End, so the commute to school is a short walk or bike ride and very convenient. The area is undergoing a lot of renovation and redevelopment, and some of the beautiful old homes from the past century are being restored. It is a diverse neighborhood with many different ethnic and income groups living here. As a general rule, the best places to live are those closest to Copley Square and farthest away from Mass. Ave. Safety has been a concern in past years, but that has changed for the better right along with the neighborhood. Many more medical students are opting to live in the South End due to its proximity to school and to Copley. Public transportation is available into the city and the #10 bus runs down Dartmouth St. to the medical center every 25 minutes or so. Resident parking is available and is easy to obtain if your car is registered in Massachusetts. Rent is moderate with studios ranging from \$500-700+, and one-bedrooms from \$500-\$900+.

### **BACK BAY**

Back Bay has been called "one of the nicest places to live in Boston". Its old-fashioned brownstone houses, Parisian-style boulevards, tree-lined sidewalks, trendy shops, and tourist attractions make it a very attractive place to live. Advantages include its proximity to the medical center, offering many students the opportunity to either walk or bike to school. The #1 and CT1 buses run down Mass. Ave., affording pretty reliable, though sometimes crowded, transportation. As with everything that is good, however, it has its drawbacks. Parking is dismal, and the rent can tend to get a bit expensive. Rents range from \$600-\$900 for studios, \$850-\$1100 for one bedrooms, \$1200-\$1600 for two bedrooms, and \$1400+ for three bedrooms.

### **FENWAY**

The Fenway area surrounds the Fenway part of the "emerald necklace" of parks designed by Frederick Law Olmstead. On one side is Fenway Park, home of the Red Sox. The Longwood Medical Area and the Museum of Fine Arts wrap . The "C" and "D" Green lines of the MBTA subway are also accessible here. The area is generally considered safe. As a precaution, however, it is always a good idea to walk around with friends, especially at night. The Fenway area is convenient to the Charles River Campus. Travel to BUSM is easy via the #47 or #8 bus, taking anywhere from 20-30 minutes. By car, travel time is about 15-20 minutes. Residential parking is available on the street, but it is almost impossible to find any open spaces. Rent for studios and one bedrooms including utilities range from \$600-\$800, two bedroom apartments \$1000-\$1200, and three bedroom apartments for \$1200-\$1600.

### **BEACON HILL**

Beacon Hill houses a tremendously interesting and diverse group of people right in the heart of Boston. The area features 19th and 20th century brownstones, cobblestone streets, old-fashioned narrow alleyways and occasional park-like areas with big trees. Because of its central location and Charles Street T-stop on the Red line, Beacon Hill also allows you easy access to all of Boston's activities. Consequently, this desirable, historic area is crowded, expensive, and apartments are

usually small. Due to the narrow streets and the overcrowding, parking is minimal. Studio apartments range from \$600-\$950, one bedroom apartments \$650-\$1750, two bedroom apartments \$800-\$1900, three bedroom apartments \$1100+.

### **BROOKLINE**

Brookline is the choice of residence for many medical students. Its numerous advantages include safety (one the safest areas around) and proximity to the Medical School. The Medical School is 20 minutes away by car or bicycle and 45 minutes by public transportation. Most apartments are only a short distance away from one of Brookline's many public parks. The quiet, residential atmosphere and excellent shopping are a plus. Overnight street parking is prohibited, so you'll probably have to rent a space for approximately \$50-75 a month. A personal car is far from a necessity in Brookline, since you are near many other medical students, and public transportation is excellent. Many people chose to bike to school from Brookline (approximately 20 minutes). Most of Brookline is on the "C" and "D" subway lines. Take these to the "Auditorium" stop and then take the #1 or CT1 bus. Brookline is safe and convenient, but relatively expensive. Studios are \$550-\$700, one-bedroom apartments are \$700+, two-bedroom apartments are around \$1100, three-bedroom apartments are \$1300+.

### **ALLSTON-BRIGHTON**

Allston and Brighton are two of the most popular areas for college students, and many medical and graduate students live here. The Allston area is diverse in makeup, with many blue-collar families living in single and duplex homes. What makes the area so attractive is its proximity to both the BU undergraduate campus and the Boston College campus. Public transportation is very good, especially with Commonwealth Ave. (B line) and Beacon St. (C line) MBTA lines accessible from anywhere in the area. You will face overcrowding on these lines because of the large number of students who use them. Driving can take up to 20 minutes, but a free shuttle to the medical campus is available, and many students who live in the area take advantage of this service. Advantages include proximity to many stores, restaurants, bars, and Boston. Disadvantages, as can be expected from an area full of college students, are run-down apartments, crowded parking, and some noisy neighborhoods. Rents range from \$450-650 for a studio, \$650-800 for one bedroom, \$900-1200 for two bedrooms, and \$1200+ for three bedrooms.

Brighton is much quieter and less crowded than Allston, with more residential areas. Free parking on the street is tight but available. Brighton is also farther away from the medical school. A residential sticker is required in most neighborhoods. As in all areas of Boston, you should check out the security in your building carefully and take precautions. Rents are similar to those in Allston.

### **NORTH END**

This is a very close-knit neighborhood of Italians, with many wonderful ethnic restaurants and shops. The area is very safe and is only five minutes from downtown, two minutes from the waterfront. A car is not recommended in this area because parking is almost impossible on the narrow streets. You can take the Orange Line from Haymarket to Mass. Ave., then take Bus #1 or CT1 to the Med School. The Green Line is also accessible for general transportation. This can be a 30-40 minute ride. Apartments are very small and rents are on the expensive side for the size of apartments available. Studios are \$550-\$750. One bedrooms are anywhere from \$750-\$1100. Two bedrooms are \$1100-\$1300.

### **NEWTON**

Newton is a great, safe place to live just outside of the city. It is large, spread out, and made up of over 10 villages (Newtonville, Auburndale, Waban, Newton Lower Falls, Newton Upper Falls, Newton Four Corners, Newton Center, Newton Highlands, etc.). It is difficult to make any specific comments that apply to the whole city. However, this diversity offers a lot of choices for housing. Travel time to school is attractive, but a car is a must.

The proximity of some neighborhoods to the Mass. Turnpike makes for a relatively easy commute to school. The other major route is along Rt. 9 (a long, traffic-light filled path to school — approximately 35 minutes). No car option: take the D train of the Green Line to Auditorium and then take the #1 or CT1 bus down Mass Ave (approx. 1hr).

Many rentals were originally single-family homes that have been converted into 2-family dwellings. There is no additional cost for street parking and availability is fairly good. The rents in Newton vary; one-bedrooms run \$600-\$900, and three-bedrooms \$1000-\$1600. These prices usually include utilities and the price is affected by location (closer to Boston or proximity to Mass Pike or D train of Green Line will increase price; therefore the variance across villages).

## CAMBRIDGE

Cambridge is just across the Charles River from Boston. It is a large city and the apartment hunter will want a map which can be picked up free at the Cambridge Chamber of Commerce at 859 Mass. Ave (near the Central Square stop on the Red Line). Cambridge can be divided up into several neighborhoods: Harvard Square, North Cambridge, East Cambridge, and Cambridgeport. Good places to look for housing information include the Harvard and MIT public bulletin boards, as well as the notice boards at Harvard Law and Business Schools. The rents can vary greatly from one neighborhood to another, but in general run as follows: studios \$550-\$700, one-bedroom apartments \$675-\$1500, two-bedroom apartments \$700-\$1700, and three-bedroom apartments \$900-\$1900. If you have a car, you will need to get a resident parking sticker to be able to park on the street, which also means that you will need to register your car in Cambridge.

The **Harvard Square** area is by far the most sought after for housing in Cambridge. The competition from Harvard and MIT students for affordable apartments and houses to share is intense. There's easy access to the Red Line subway and buses, lots of interesting stores and restaurants, sidewalk entertainment in warm weather, and a relatively low crime rate.

The **North Cambridge** area is a little further out. Part of North Cambridge abuts Somerville at Porter and Davis Squares, with subway stations on the Red Line. There are still lots of interesting stores and restaurants along Mass. Ave. The **Fresh Pond** area has its own large shopping area and a large reservoir, which is ideal for ardent joggers. The Alewife T station (Red Line) makes this area accessible to the Medical School.

Depending on where you're starting from, driving to school from Cambridge can be a fairly easy commute. Mass. Ave. runs directly under the corner of Boston City Hospital and is about a 20-25 minute ride from Harvard Square. Memorial Drive also gives access to Mass. Ave. near MIT. Perhaps the fastest way is the Mass. Turnpike. The Red Line runs all the way through Cambridge, with stops at MIT/Kendall Square, Central Square, Harvard Square, Porter Square, Davis Square, and Alewife. The most popular route for public transportation is the Red Line to Andrew Station. From Andrew, a crosstown bus (CT3) will take you to the Medical Center. Alternatively, the #1 and CT1 bus runs down Mass Ave. from Harvard Square to Boston City Hospital. The #47 bus runs from Central Square straight to the Medical Center.

## SOMERVILLE

Somerville is just past Cambridge geographically. The area has mostly triple-decker houses and apartment complexes. The rents range from about \$650-\$1000 for a two bedroom apartment, and \$1000-\$1500 for a three bedroom, but are quite variable. Housing conditions are also variable, but good deals can still be found. The population is primarily working class families with many Tufts students and young couples. **Porter Square** is right on the North Cambridge-Somerville Line and **Davis Square** is a few blocks further on. These neighborhoods form the cultural heart of Somerville, with many restaurants, jazz and rock music clubs, and a movie theater which also features live African and folk music. Access to the rest of Cambridge and to Boston is excellent via the

Porter Square and Davis Square stops on the Red Line. Depending on which street you live on, you may need to get a resident parking permit in order to be able to park on the street, which will necessitate registering your car in Somerville. The permit itself costs only \$1.

### **QUINCY**

Quincy, a small city just south of Boston, has a lot to offer for those students who hate the hassles of big city living. There are several sections of the city including North Quincy, Wollaston, Quincy Center, and West Quincy. The city is made up largely of Irish Catholic working class families, as well as a growing Asian population. It promotes a community atmosphere and is quiet and safe. Several students live near the ocean, and although most people do not opt to swim in the area, it is a great view for running, walking, rollerblading, or just relaxing!

As for commuting, the Red Line has 4 stops in Quincy and is reliable and safe. From the Andrew station on the Red Line, you can take a crosstown bus to the medical center. The trip can take 20-30 minutes. By car, you can take the Southeast Expressway (Rt. 93N) to the Mass. Ave exit. The expressway can get very congested during rush hours, but the trip should only take you 15-20 minutes (less than 15 minutes without traffic). Parking is usually on-street, free, and very easy to find. Just beware of territorial neighbors who do not want you to park in front of their homes!

Most people feel very safe in Quincy, one of the major benefits of the city. In addition, there are lots of housing options: high-rise complexes, houses, duplexes, and triple-deckers. Rents are about \$550-\$600 for a one-bedroom apartment, \$600-\$900 for a two-bedroom apartment, and \$600-\$950 for a three-bedroom apartment.

### **DORCHESTER**

This community is also varied in its resident population and rent is generally reasonable. It is possible to get a three bedroom apartment for \$750, but this usually does not include heat and hot water. Dorchester has several smaller communities within it. Some of these areas have security problems. Make sure that you are looking in a safe area and that your house or building is secure.

Transportation along the Red Line is reliable. Traveling time will depend on the time of day. A crosstown bus (CT3) runs between Andrew Station on the Red Line and the medical center. Buses do pass Boston City Hospital and Dudley Station. Depending on where you live in Dorchester, the trip should take 10-25 minutes.

### **ROSLINDALE**

Roslindale, like many areas of Boston, has a wide variety of housing options. There are areas with large Victorian homes, as well as housing projects. The community is mainly working class families, but safety can be a factor in certain areas. With a little effort, you can have the benefits of living in the city without all of the hassles (or costs!). Two great bonuses to living in Roslindale are the Arnold Arboretum and the Jamaica Pond in nearby Jamaica Plain. They are great escapes from studying and city living!

There are many bus routes throughout Roslindale, most of which bring you to the Forest Hills Station (end of the Orange Line). From here you can take the Orange Line to the Massachusetts Ave. stop, and then hop on the #1 or CT1 bus to the Medical Center. The trip should take about 30-40 minutes. In addition, the Commuter Rail (Purple Line) makes many stops in Roslindale on its way to South Station. The commuter rail is slightly more expensive than the 'T' but, it is a very pleasant ride. Once at South Station, you can take the Red Line to Broadway station, and then hop on the CT3 bus to the Medical Center. Most people from Roslindale tend to drive to school as the Orange Line is known to be unsafe at night and the many transfers may cause extreme delays. Driving takes only 15-20 minutes without traffic, but a usual weekday commute takes approximately 40-45 minutes. Street parking is free and is usually easy to find.

Most rents in Roslindale do not include utilities, heat, or hot water, so make sure you remember this when you are calculating a budget. There are lots of housing options: duplexes, houses, apartment complexes, and multi-family dwellings. Rents are about \$475-\$625 for a one-bedroom apartment, \$600-\$875 for a two-bedroom apartment, and \$600-\$1000 for a three-bedroom apartment.

### **JAMAICA PLAIN**

Jamaica Plain is a fairly old and varied section of Boston. 'JP' is a mix of poor, working-class, and middle-class people from a variety of ethnic and racial backgrounds. Housing quality varies from old and dilapidated to new and modern, so rents vary accordingly. Two great bonuses to living in JP are the Arnold Arboretum and the Jamaica Pond. They are great escapes from studies! Safety seems to vary inversely with transportation convenience: In general, the closer that you are to Jamaica Pond or the Arboretum, the safer the neighborhood. The least safe area is near the Orange Line and Washington Street.

Public transportation takes approximately 30-40 minutes to get to school. The Green Line runs as far as the VA Medical Center. There are also regular bus lines from most of JP to Ruggles Station. If you have a car, the Medical Center is only about 20-30 minutes away. Parking requires a JP resident sticker, but is usually not too difficult.

Most rents in JP do not include utilities, heat, or hot water, so make sure you remember this when you are calculating a budget. There are lots of triple-deckers that are owner occupied. On the whole rents in owner-occupied houses tend to be reasonable and the houses are well maintained. Owner-occupied houses tend to be more secure. Rents are about \$400-\$750 for a one-bedroom apartment, \$500-900 for a two-bedroom apartment, and \$650-\$1000 for a three-bedroom apartment.

### **ROOMMATES**

If you don't have one in mind, most people recommend that you get one. They help to split the expenses in half. There are pros and cons to every roommate situation, so be aware that your choice will probably be for the entire school year. Think hard about what you'd like and not like in a roommate before agreeing to move in with anyone. Once Anatomy kicks in, you won't have much time to move. There are bulletin boards at BUSM and at the B.U. Main Campus filled with advertisements for roommates.

#### **Other sources for housing and/or roommates:**

You can look for Housing/Roommate ads in *The Boston Sunday Globe*, *The Boston Phoenix*, *The Boston Herald*, local neighborhood newspapers or at other medical schools and colleges in the area you want to live. . You can also be an R.A. for the B.U. undergraduates, or choose to do professional house-sitting, There are also Roommate Services who can try to match you with a potential roommate who already has an apartment or find you a roommate for your apartment. Be creative!

### **IDENTIFICATION**

In Massachusetts you'll need either a Massachusetts driver's license or other picture I.D. for checks to be cashed. I.D. is also required for getting into pubs. Mass liquor licenses are obtainable at the Department of Motor Vehicles (617-727-3700) and are acceptable as verification of I.D. and of age.

### **VOTER REGISTRATION**

In order to register to vote, please contact the Boston Elections Department at 635-4635 for specific information on registering in your area. Please note that sometimes we have a voter registration day at BUSM.



## BANKS



It pays to do a little bit of homework when seeking banking services in this area, as costs may vary substantially! The first consideration when choosing a bank is what is available in your neighborhood. Do you want access to automated teller machines? What fees are required to maintain an account or an ATM card? Is there a minimum account balances to have any fees waived? Almost all banks now are members of ATM networks.

A short survey is included to help you choose a local bank but not all are available in every neighborhood. If you do not have an account at a Massachusetts bank, bring your money in traveler's checks. Out-of-state checks may take up to 7 days to clear and you will have many minor and major expenses during the first week of school.

### BayBank

This is a popular choice among med students because of convenience (ATM machines at UH, basement of the med school, and at the GSU on the Charles River Campus). They offer several packages, including a 'Student Value Package'. They have the most extensive ATM service in the city (which saves you extra fees). They also belong to a few ATM services including Cirrus and NYCE. Call 788-5000 or 1-800-229-3278.

### Bank of Boston

Another very popular bank, with many similarities to BayBank. They are located all over the city as well as in the suburbs, but there is no Bank of Boston ATM machine at the medical school (you can access the BayBank machines for a small fee). They belong to Yankee24 and NYCE ATM services. Call 929-6151 or 1-800-252-6000.

### Fleet

Fleet Bank is new in town after taking over the failed Bank of New England. They have also just taken over Shawmut bank. They have an extensive ATM network. They also offer the ATM services of Cirrus and NYCE. Call 742-4000 or 1-800-841-4000.

#### **Other banks for consideration are:**

*Baystate 739-9500*

*Boston Five Cents Savings Bank 742-6000*

*Brookline Savings Bank 730-3500*

*Cambridge Savings Bank 864-8700*

## TRANSPORTATION

### DRIVING



Driving in Boston is like NOTHING you have ever experienced before!! Be careful! In Boston, directionals are optional and taxi's always have the right of way — even before pedestrians. You may find the one-way and non-parallel streets in downtown Boston confusing at first but you will

soon learn the best routes to get where you are going and to avoid traffic. Buy a street map. (This can be helpful even if you don't own a car.) Don't be surprised if it takes you 20 minutes to get around the block your first few days in town.

Parking is very difficult if your car is not registered in Massachusetts. It is not recommended that you drive into the city to just hang out because Boston decided to ease its fiscal problems in part by ticketing relentlessly. Out of state plates will not help you. Boston tows and has a good supply of the dreaded "Denver Boots". A little careful studying before embarking on a journey can save lots of time and money.

### Transferring Driver's Licenses

If you would like to transfer your out-of-state license to a Massachusetts license, you must take a written exam. If you wish to transfer a foreign license to a Massachusetts license, you must take a written exam *and* a road test. Please contact the Registry of Motor Vehicles at 617-727-3720 for further information.

### Residential Parking Permits

Most areas of the city require residential parking permits for you to be able to park on the streets at night. Visitor Parking is available in most areas of the city but the hours are limited, 8am - 6pm. To obtain a parking permit from City Hall (617-635-4682) you will need:

- To have your car *registered* in the State of Massachusetts. This can be done at the Registry of Motor Vehicles. Proof of ownership and a valid driver's license are required. Call 617-727-3700 for the RMV hours.
- Proof of residency at the same address, e.g. bank statements, utilities bill, etc. (less than 30 days old).

## CAR FREE IN BOSTON

There are extensive resources for getting around town without a car. An excellent, inexpensive, reference for getting around Boston, all over the suburbs, and all over New England is *Car Free in Boston and All Massachusetts*. This book contains a comprehensive guide of the subway, commuter trains and buses to all types of destinations and is available at the Out of Town News in Harvard Square and newsstands and bookstores around the city. We have also listed several of the resources below.

### MASS TRANSIT (THE "T")

As an alternative to the automobile, Boston offers an extensive mass transit systems in the country. The MBTA operates a full system of subways, trains, and buses throughout the metropolitan area. The "T" even connects with the airport, North and South railroad stations and interstate bus terminals.

The subway/trolley/"T" costs between \$.85 and \$2.00, depending upon where you get on and what line you take. If you enter an above-ground, inbound Green Line car, you must have exact change or a token. If you use the Green Line above ground and are going outbound (away from the city), admission is free. Regular buses cost \$.60 and they take only exact change. Tokens for the "T" cost \$.85 and can be purchased at the booth at the entrance of the underground stations. When buying tokens, you might want to get several at one time, thus being able to avoid the long lines that frequently occur at the booths.

If you are taking the "T" and/or bus regularly, consider buying a monthly pass. They are very convenient and will save you some money (if you use the "T" daily). These monthly passes are sold on the last 5 days of the month prior to when they become valid. "T" passes can be purchased at the George Sherman Student Union ticket office on the Main Campus, select Store 24s, or at several of the "T" stations. There are different passes for different parts of the mass transit system. Make sure you read the services provided by each pass.

For more information, call the MBTA Customer Service at 722-3200 or the MBTA Pass Program at 722-5219. Mass transit information can be obtained at Park St. Station on the Outbound Side (to B.C., Riverside, Cleveland Circle, and Brigham Circle). The customer service number above has a great new addition. "Trip Planning Service" allows you to find the best "T" route from your home to any location (including Boston City Hospital). See the *Quick Reference to the 'T'* at the end of this section.

### MBTA SUBWAY MAP



## COMMUTING

### **Park and Ride**

Massachusetts provides more than 3,100 parking spaces for those of you who can't deal with the highway anymore. From these lots you can get a boat, train, bus, or a car or van pool. Call Caravan for Commuters, who can arrange commuting options in your area, at (617) 227-POOL or 1-800-5009.

### **Commuter Rail**

The MBTA Commuter Rail provides train access to the quiet suburbs surrounding the greater Boston Area. Commuter Rails can be picked up at South Station, North Station and Back Bay Station. Fares vary depending upon where you go. For more information call (617) 722-3200 or 1-800-392-6100.

### **Commuter Ferries**

If you're sick of driving to school, commuter boat services are available from Hingham, Charlestown and Hull. For more information call Boston Harbor Commuter Services at (617) 740-1235 or Mass Bay Lines at (617) 542-8000 for Hingham. For service from Charlestown call Boston Harbor Cruises at (617) 227-4321. Call Bay State Cruise Company for commuting from Hull at (617) 723-7800.

## LOGAN AIRPORT



Logan International Airport is a mere 3 miles from downtown but can take up to an hour to get to there on a holiday weekend or any weekend! Parking at Logan is very expensive and can be impossible to get during the holidays. Call 1-800-23-LOGAN for information on how to get there. Some options are listed below.

**Taxis**--Very convenient, but very expensive (up to \$20) since you pay for all that time you sit in traffic in the tunnels!

**The "T" (MBTA)**--Take the Blue Line to the Airport stop. A Free shuttle bus takes you to your terminal. Total cost is 85 cents!

**Water Shuttle**--This boat takes you from Rowe's Wharf in downtown directly to Logan. Approximately \$7 for adults, \$3 for senior citizens, and children under 12 ride free.

**Logan Express**--This shuttle takes you from Framingham (Shopper's World; \$7 each way) or Braintree (Forbe's Road; \$5 each way) directly to Logan. Under 12 ride free. Parking is available on a daily or weekly basis.

## TRAINS



**Amtrack** trains leave from South Station, and Back Bay Station. You can reach each of these stations via the "T". Call 482-3660 or 1-800-USA-RAIL for more information.

## BUSES

**Bonanza**, Back Bay Station, 720-4110.

**Greyhound**, South Station, 1-800-231-2222

**Peter Pan**, 555 Atlantic Ave., 426-7838.

**Concord Trailways**, 10 St. James Ave., 1-800-639-3317.

## BIKING



Boston has a large population of bicycling commuters and recreational and competitive cyclists. There are bike racks outside the Med School and UH Atrium if you decide to ride to school.

There are many bicycle shops to choose from so shop around or ask other cyclists who know the area. Also, there are several bike paths in and around Boston. The best way to learn about these paths is to pick up a copy of the *Boston Bike Map* at a local shop or from the Bicycle Coalition of Massachusetts. The Bicycle Coalition is also a great resource for tips on safety, local trip planning and general cycling information for the Boston area. Contact them by phone at (617) 491-7433 or visit their office at 214 A Broadway Street in Cambridge.

## Quick Reference To the "T"

### Green Line

**B Line:** This line follows Commonwealth Avenue, home of BU Charles River Campus.

**C Line:** This line follows Beacon Street to Cleveland Circle. Some important stops are:

*Cleveland Circle:* Circle Cinema

*Haymarket:* Boston's North End

*North Station:* Fleet Center, Commuter Rail, Federal Building (passports, etc.)

**D Line:** Runs along Riverway. This line can bring you close to Route 9 for shopping and dining.

**E Line:** Northeastern's trolley line. Other stops include:

*Museum:* Museum of Fine Arts

*Symphony:* Boston Symphony Orchestra, Christian Science Center

*Science Park:* Museum of Science/Planetarium

*Lechmere:* Cambridge-side Galleria (shopping), Lechmere & Sears

Stops common to **B, C & D** lines

*Government Center*

Boston City Hall, Courthouse, Faneuil Hall, access to Blue Line

*Park Street*

Downtown Crossing, Boston Common, access to Red Line

*Boylston*

Theatre district, Boston Common, Chinatown

*Arlington*

Boston Public Garden, Cheers Pub, Hatch Shell

*Copley*

Boston Public Library, Newbury Street a block away

*Hynes Convention Center*

Tower Records, #1, CT1 buses to BUMC and Harvard Square

*Kenmore Square*

Fenway Park, clubs on Landsdowne St., BU Bookstore Mall

### Red Line

Some of the more essential Red-Line stops:

*South Station:* Commuter Rail, Amtrak

*Downtown Crossing:* Shopping

*Kendall:* MIT

*Central:* Central Square (night clubs, restaurants)

*Harvard Square:* Harvard Square, Harvard University

*Davis:* Near to Tufts, Somerville Theatre (Animation Festivals)

### Blue Line

*Aquarium:* New England Aquarium

*Airport:* Logan Airport

*Wonderland:* Wonderland (greyhound) racetrack

### Orange Line

*Ruggles:* Registry of Motor Vehicles

*Massachusetts Avenue:* #1, CT1 bus to BUMC

*Back Bay:* Amtrak, Commuter Rail

*Chinatown:* Chinatown

*State Street:* Faneuil Hall





ANNIE

F. BOY



JODI

KAPLAN



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PALEY



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A. MCCAFFREY

# LIFE IN BOSTON



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## RESTAURANTS



Boston and the Greater Boston Area are filled with many restaurants, far too many for us to list. We have, however, compiled a list of restaurants which we have frequented or have heard rave reviews about. Keep in mind that this is far from complete.

### AMERICAN

**Bay Tower Room**, 60 State Street, 723-1666

Nightly entertainment. Spectacular view at 33 floors above Faneuil Hall. Very romantic and very expensive.

**Biba**, 272 Boylston Street, 426-7878

American with an ethnic flair. Pricy but worth it. Reservations a must.

**Charley's Saloon**, 284 Newbury Street, 266-3000

Great place to eat or drink, with great happy hour specials. Somewhat pricy, but moderate for Newbury Street. Some outside seating.

**Claremont Cafe**, 535 Columbus Ave, 247-9001

Scones and other bistro fair, good outdoor deck.

**Colorado Public Library**, 111 Washington Street, Brookline, 734-6772

**Durgin Park**, 5 Faneuil Hall Market Place, 227-2038

One of the best in town. Reasonable for lunch but expensive for dinner. Beware, the waitresses are as famous as the food. Family style seating.

**Dixie Kitchen**, 182 Mass. Ave., 838-3068

Louisiana/Cajun food with generous servings. Relatively inexpensive.

**East Coast Grill**, 1271 Cambridge Street, Cambridge, 491-6568

Excellent, out-of-the-ordinary cuisine.

**Friday's**, 26 Exeter Street, at Newbury Street, 266-9040

Good bar but very crowded on weekends (30-60 min. wait). Nice place to meet people after movies or show. Wide and varied menu.

**Geoffrey's Cafe-Bar**, 651 Boylston Street, 437-6400

Less expensive and just as good as its neighbors on Newbury. Sidewalk cafe.

**Grill 23 & Bar**, 161 Berkeley Street, 542-2255

Classy place to take your parents.

**Hampshire House**, 84 Beacon Street, 227-9600

Extremely elegant and expensive. Just above the Bull & Finch Pub (*Cheers*).

**Hilltop Steak House**, 855 Broadway, Saugus, 233-7700

Excellent dining at largest restaurant in U.S. 30 min. north on U.S. Rt. 1. New location in Braintree off Rt. 3 South. Cash only.

**JC Hillary's Ltd.**, 793 Boylston Street, 536-6300; Rt. 1 Dedham, 329-0800

**Joe's American Bar & Grill**, 279 Dartmouth Street, 536-4200

Professional crowd. Moderate prices. Great place to experience spring fever with outside cafe-style seating.

**Locke-Ober Cafe**, 3 Winter Place, 542-1340

Classic Boston Establishment. Expensive

**Matt Garrett's**, 299 Harvard Street, Coolidge Corner, 738-5635

Extensive and varied menu at reasonable prices. Delicious drinks.

**Newbury's Steak House**, 94 Mass. Ave., 536-0184

All dinners come with salad bar and meat is done to order.

**Redbones**, 55 Chester Street, Somerville, 628-2200

Get ready to eat tons at this legendary BBQ joint. Not for vegetarians.

**Rocco's**, 5 Charles Street, 723-6800

Creative, country cooking. Expensive.

**Sports Depot**, 353 Cambridge Street, Allston, 783-2300

Old train station converted to restaurant. More than enough TV's.

**St. Cloud Restaurant**, 557 Tremont Street, 353-0202

Contemporary menu, chic, but very expensive.

## CHINESE

Chinatown is only a 5 minute drive from the Med school, and is accessible by T - just get off at Boylston, right next to the theater district. The area is full of restaurants so you may want to wander around and check out the menus, prices and crowds. Be careful! This is not an area in which to be alone after dark. Many restaurants are open until 3 a.m. for a late night meal.

**Beijing III**, 1366 Beacon Street, 277-1011

Excellent food, but can be pricey.

**Changsho**, 1712 Mass. Ave., Cambridge, 547-6565

Not your typical Chinese restaurant atmosphere. Excellent!

**Chau Chow**, 52 Beach Street, 426-6266

People line up around the block for a reason. Seafood is their speciality.

**Chef Chang's House**, 1006 Beacon Street, 277-4226

Excellent food, affordable. Try their Sunday Brunch.

**Chef Chow's House**, 230 Harvard Street, 739-2469; 50 Church St., Cambridge, 492-2469

**China Pearl**, 9 Tyler Street, 426-9835

Mentioned by name in the St. Elsewhere series, this restaurant is known for generous serving sizes. Located in the heart of Chinatown.

**Dynasty**, 33 Edinboro, Chinatown, 350-7777

Delicious dim sum lunch every day from 10-3 p.m. Especially crowded on weekends and holidays, so get there early.

**East Ocean City**, 25-27 Beach St, 542-2504

Dinner's are good, prices are moderate and the atmosphere is nice.

**Hong Kong**, 1236 Mass. Ave., by Harvard Yard, 864-5311; 65 Chatham Street, 227-2226

Food is only fair, but the upstairs lounge is rowdy and crowded on weekend evenings, when it is open until 2 AM. Scorpion bowling is a Cambridge favorite.

**Imperial Tea House**, 70-72 Beach Street, 426-8439

Try their dim sum on Sundays.

**Joyce Chen**, 390 Rindge Avenue, Cambridge, 492-7373; 115 Stuart Street, 720-1331

Mandarin and Szechuan.

**Noble House**, 1306 Beacon Street, Brookline, 232-9580

New and yuppie-nice. A little steep for a Chinese restaurant, but very reasonable for what you get. Menu is limited but every dish is good.

**Pu Pu Hot Pot**, 907 Main St., Cambridge, 491-6616

Duke it out with the MIT folks at this highly underrated, often overlooked restaurant.

## EUROPEAN

**Cafe Budapest**, 90 Exeter Street, 266-1979

Superb, but expensive Hungarian food in a lovely atmosphere. Cash only!

**Grendel's Den**, 89 Winthrop Street, Harvard Sq., 491-1050

Salad bar and desserts upstairs are ample and delicious.

**The Harvest Restaurant**, 44 Brattle Street, near Harvard Sq., 492-1115

"In-spot" for Cambridge professionals. Summer outdoor cafe. Expensive.

**The Hungry I**, 71 1/2 Charles Street, 227-3524

French country cooking - exceptional!

**Julien**, at *Le Meridien Hotel*, 250 Franklin Street, 451-1900

Elegant French for a very special occasion.

**Magic Pan**, *Upstairs at Faneuil Hall*, 267-9315

Crepes, dinners, wine, and desserts at reasonable prices. Nice atmosphere.

**Maison Robert**, 45 School St., 227-3370

Located in Boston's Old City Hall. Charm accompanies excellent French cuisine. Seating outside in Summer. Very Expensive.

## INDIAN

**Bombay Club**, 57 JFK Street, Harvard Square, 661-8100

Great atmosphere, food is good.

**Delhi Darbar**, 24 Holyoke Street, Cambridge, 492-8993

**Indian Cafe**, 1665 Beacon Street, Brookline, 277-1752

**Kebab -N- Kurry**, 30 Mass. Ave., 536-9835

Excellent food.

**Kashmir**, 279 Newbury Street, 536-1695

Excellent atmosphere, food is good.

**Oh Calcutta**, 468 Mass. Ave., Cambridge, 576-2111

**Prince of India**, 1215 Comm. Ave., Allston, 787-2141

On the expensive side.

**Shalimar**, 546 Mass. Ave., Cambridge, 547-9280

Food is average, but is very spicy if you can handle it.

**Tandoor House**, 991 Mass Ave., Cambridge, 661-9001

Fave of many on the other side of the river. Friendly wait-staff and a great murg mahkni.

**Taj Mahal**, 548 Comm. Ave., Kenmore Square, 247-7266

## ITALIAN

The North End, home of the Boston Italian community, is where some of the best Italian restaurants are located. Get off the Green or Orange Lines at Haymarket and walk past the highway. Don't pass up some of the small, out-of-the-way spots because they usually have the best food!

**Anchovies**, 433 Columbus Avenue, 266-5088

Simple but tasty Italian food served up inexpensively.

**Allston Pizza**, 190 Brighton Avenue, Brighton, 783-1661

**Bel Canto Restaurant**, 42 Charles Street, 523-5575

Good deep-dish Pizza.

**Bertucci's Pizza and Bocce**, 197 Elm Street, Somerville, 776-9241

Excellent brick oven pizzas. Has places all over Boston: Faneuil Hall, Copley, Harvard

**Caffe Lampara**, 916 Comm. Ave., Brookline, 566-0300

Excellent pastas and pizzas. Try the grilled calamari. On the Charles River Campus.

**California Pizza Kitchen (CPK)**, Prudential Center Mall, 247-0888

Brick oven pizzas and pastas from the West Coast. Also located in Cambridge.

**Capucino's**, 1370 Beacon Street, Brookline, 731-4848; 1812 Mass. Ave., Cambridge, 547-8228

On the expensive side, but good nonetheless.

**Cafe Paradiso**, 255 Hanover Street, North End, 523-8872

Great for late night lovers.

**Davio's**, 269 Newbury Street, 262-4810

Homemade pasta and desserts are incredible. Expensive.

**Daily Catch**, 323 Hanover Street, North End, 523-8567

Great Italian seafood, but less than 15 tables.

**The European**, 218 Hanover Street, North End, 523-5694

Excellent pizza. Reasonable prices.

**Felicia's Restaurant**, 145 Richmond Street, North End, 523-9885

Excellent food, romantic environment, and moderately priced.

**Giorgio's Pizzeria**, 69 Salem Street, North End, 523-7373

Home of the Two Pound Pizza! **Huge** slices of great pizza for \$1.50. Great for lunch or a quick dinner before hitting the bars of Faneuil Hall.

**Il Panino**, 11 Parmenter Street, North End, 720-1336

Looks like a sub shop but the food is incredible. More formal dining downstairs.

**Joe Tecce's Restaurant**, 61 North Washington Street, 742-6210

**La Famiglia Ristorante**, 112 Salem Street, North End, 367-6711

"Obscenely huge" portions at a great price! Also visit Newbury Street and Beacon Street locations for outdoor dining.

**La Groceria**, 853 Main Street, Central Square, Cambridge, 547-9258

Nice atmosphere for a first date.

**Pizzeria Uno**, 731 Boylston Street, 267-8554

Good deep dish pizza. Other locations: Allston, Harvard Square, Huntington Ave.

**Pizzeria Regina's**, 11 1/2 Thatcher Street, North End, 227-0765

There are Quincy Market and Harvard Square branches, but the best pizza in Boston is found at the original North End location.

**Rebecca's**, 21 Charles Street, 742-9747

Expensive but the food is wonderful.

**Saraceno**, 286 Hanover Street, North End, 227-5888

Daily specialties and moderate prices.

**Spasso**, 160 Comm Ave., 536-8656

Nouvelle Italiano. Similar to Caffè Lampara. Very reasonable prices.

**Toscana**, 41 Charles Street, Beacon Hill, 723-4090

**Vinnie Testa's**, 1180 Beacon Street, Brookline, 277-5711

Indoor and outdoor dining. Charming atmosphere, great food, and surprisingly inexpensive.

## **JAPANESE**

**Cafe Sushi**, 1105 Mass. Ave., Cambridge, 492-0434

Sushi bar and Japanese specialties. Don't forget the sake!

**Eliot Cafe**, On Mass Ave and Commonwealth Ave in the Eliot hotel

Eat sushi with the grungy, funky Newbury crowd.

**Goemon**, 267 Huntington Avenue, 859-8669

Relatively inexpensive noodle shop with modern decor. Close to school.

**Gyosai**, 200 State Street, 345-0942

**Gyuhama**, 827 Boylston Street, 437-0188

Rock & Roll sushi after 12 midnight.

**Miyako**, 279A Newbury Street, 236-0222

Delicious but expensive Japanese food in a very cool, multi-level restaurant.

**Takeshima**, 308 Harvard Street, Brookline, 566-0200

Nice atmosphere, and less expensive noodle dishes.

## **KOSHER**

**Milk Street Cafe**, 50 Milk Street, 542-2433; 350 Longwood Ave., Brookline, 739-2233

**Rami's**, 324 Harvard Avenue, Brookline, 738-3577

Middle Eastern/Falafel.

**Rubin's Kosher Deli & Restaurant**, 500 Harvard St., Brookline, 731-8787

**Ruth's Kitchen**, 401 Harvard Avenue, Brookline, 734-9810

Traditional Jewish and kosher Chinese. Eat-in/take-out, or delivery.

**Shang Chai Delight**, 404 Harvard Avenue, Brookline, 566-9043

Kosher vegetarian Chinese.

**Victor's Pizza**, 1 Center Street, Brookline, 730-9903

Kosher vegetarian pizza and sandwiches. Delivery available in the Brookline area.

## **MEXICAN**

**The Border Cafe**, 32 Church Street, Cambridge, 864-6100

Great food, but its popularity means that you wait at least 30-45 minutes. It's worth the wait if you can spare the time. Yummy margaritas help the time go by!!!

**Boca Grande**, 1728 Mass Ave, Cambridge, 354-7400; 149 First Street, Cambridge, 354-5400

Burritos, tacos and tamales, all cheap, well-prepared and tasty. Eat well for under \$5.

**Casa Mexico**, 75 Winthrop Street, Cambridge, 491-4552

**Chili's Grill and Bar**, Copley Mall, 859-0134; 114 Mt. Auburn Street, Cambridge, 876-8990

**El Phoenix Room**, 1430 Comm. Avenue, 566-8590

Inexpensive Mexican food. It looks like a dive, but food can be good.

**Forest Cafe**, 1682 Mass. Ave., Cambridge, 661-7810

One of the best around.

**Jose McIntyre's**, 160 Milk Street (near Faneuil Hall), 451-9460

Excellent mix of Mexican and Irish foods.

**Picante Mexican Grill**, 735 Mass. Ave, 576-6394; 217 Elm Street, Somerville, 628-6394

Mexicali food at its best — fresh, plentiful, delicious and cheap. A grilled chicken burrito and limeade will cost less than \$6 and keep you filled for hours. Fresh salsa bar is a bonus.

**Rudy's Cafe**, 250 Holland St., Somerville, 623-9201

**Sol Azteca**, 914A Beacon Street, 262-0909

More formal and expensive than those listed above.

**Tacos El Charros**, 349 Centre Street, Jamaica Plain, 983-9275

Best Mexican restaurant in the 617 area code, don't miss the molé, enchiladas or tacos al pastor. Live mariachis on Saturday and Sunday.

## **MIDDLE EASTERN**

**Acropolis**, 1680 Mass. Ave., Cambridge, 492-0900, 354-8335

Authentic Greek food. Moderate to expensive.

**Aegean Fare**, Quincy Market; 539 Comm. Avenue, 267-2202

Good Greek sandwiches and pastries.

**Averof**, 1924 Mass. Ave., Cambridge, 354-4500

Greek and Middle Eastern cuisine. Belly Dancers! Good New Year's Eve extravaganza.

**Middle East Restaurant**, 472 Mass. Ave., Cambridge, 492-9182

Doubles as an alternative night club with live bands most nights.

**Nadia's Eastern Star**, 280 Shawmut Avenue, 338-8091

Authentic and cheap. Near BUSM.

**Pars Cafe**, 559 Washington Street, Brighton, 783-4900

Persian food is the French cuisine of the Middle East, and this establishment upholds the tradition well. Delicious and worth the trip out to Brighton.

**Sabra**, 57 Langley Road, Newton Center, 964-9275, 527-5641

**Tangiers Restaurant & Cafe**, 37 Bowdoin Street, 367-0273

## **SANDWICHES & DELI**

**Au Bon Pain**

Many locations throughout Boston and Cambridge.

**Crossroads Restaurant & Lounge**, 495 Beacon Street, 262-7371

Good burgers and Pickwick Ale: don't overlook the onion rings.

**Il Panino**, 11 Parmenter Street, North End, 720-1336

Great Italian cold cut subs and awesome chicken parmesan! Daily specials.

**Kelly's Roast Beef**, 410 Revere Beach Boulevard, Revere Beach, 284-9129

Excellent roast beef.

**Mal's NY Style Deli**, 708 Comm. Avenue, 536-8676

**Mississippi's Restaurant**, 735 Huntington Ave., 566-6789

Over 50 different kinds of sandwiches. Try the soups and carrot cake.

**Rossini's Pizzeria and Trattoria**, 1252-4 Washington St., 451-1303

Arguably the best takeout sandwiches around. Try their chicken rossini on foccacia bread.

**S&S Deli**, 1334 Cambridge Street, Cambridge, 354-0777

**Souper Salad**, 119 Newbury Street, 247-4983; 103 State Street, 227-9151; & others

Great soups and excellent 'walk-a-bouts'.

## **SEAFOOD**

**Anthony's Pier 4**, 140 Northern Avenue, 423-6363

Busy and expensive, but a nice place to take the parents. Jacket required for men. Reservations suggested.

**Captain's Wharf**, 326 Harvard Street, Brookline, 566-5590

"Legal style" food on plastic tables at a fraction of Legal's prices.

**Chart House**, 60 Long Wharf, 227-1576

Really, really good, but expensive. Try the award-winning New England clam chowder.

**Daily Catch**, 323 Hanover Street, North End, 523-8567

Fresh seafood with an Italian flare. Famous for their calamari and monkfish.

**Dover Grille and Cafe**, 1223 Beacon Street, Brookline, 566-7000

Great seafood but expensive.

**Jimmy's Harborside**, 248 Northern Avenue, 423-1000

Also busy and expensive, but less pretentious than Anthony's.

**Jonah's Seafood Cafe**, 575 Memorial Drive, at the Hyatt, Cambridge 492-1234

**Legal Seafood**, Park Plaza, 426-4444; Prudential Mall, 266-6800; Copley, 266-7775; others

Excellent, fresh, and a wide selection of expensive seafood.

**No Name's**, 15 1/2 Fish Pier, South Boston, 338-7539.

Great, fresh seafood at reasonable prices. Not very fancy, but good cheap food.

**The Sail Loft**, 1 Memorial Drive, Cambridge, 225-2222

Good seafood at great prices. The chowder is exceptional. Rub elbows with Kendall Square software execs and enjoy the great outdoor deck with river view.

**Skipjack's**, 500 Boylston Street, 536-3500; 5 Bennett Street, Cambridge, 876-9900

The favorite of people who know about seafood.

**Union Oyster House**, 41 Union Street, 277-2750

Near Faneuil Hall. Excellent raw bar.

## **"LATE NIGHT EATS" (Open until at least 3 a.m.)**

**The Blue Diner**, 150 Kneeland Street, South End, 338-4639

Best Burgers and Fries in town.

**Dolly's Late Night Restaurant**, 328 Highland Avenue, Somerville, 628-0888

This place doesn't even open until 11PM. Steak tips galore and an interesting crowd. Closes at 5AM.

**IHOP**, 500 Comm. Ave., 858-0458; 149 Harvard St., 566-5617; 1850 Soldiers Field Rd, 787-0533

**Captain Nemo's Super Sub**, 538 Comm. Ave., 536-1423

**The Tasty Sandwich Shop**, 2A JFK Street, Cambridge, 354-9016

Good, greasy fast-food. At 3 a.m. you'll eat anything!!

## SUNDAY BRUNCH

- Brandywine Restaurant**, *Sheraton Commander Hotel, Cambridge, 354-1234*  
 Champagne brunch. Buffet with everything you can imagine.
- Capucino's**, *1370 Beacon Street, Brookline, 731-4848; 1114 Beacon Street, Newton, 527-2440*  
 Champagne brunch with choice of 30 items from the menu.
- Hyatt Regency**, *575 Memorial Drive, Cambridge, 492-1234*  
 Three elegant settings for brunch.
- Johnny D's Uptown Restaurant and Music Club**, *17 Holland Street, Somerville, 776-2004*  
 Pancakes extraordinaire, omelettes and great fresh juices. Only order the combo plates if you feel ready to be gluttinous.
- Tia's at Long Wharf**, *200 Atlantic Ave. at the Marriot Long Wharf, 227-0828*
- Top of the Hub**, *Prudential Center, 536-1775*  
 All you can eat buffet includes breakfast and hot lunch foods, fruits, and salads.

## MISCELLANEOUS

- Addis Red Sea Ethiopian Restuarant**, *544 Tremont, 426-8727*  
 Sit down and grab some tasty eats out of the Mesob. Try at least once.
- Bangkok Bistro**, *1952 Beacon Street, Brookline, 739-7270*  
 Just about the best thing going in Cleveland Circle. Tasty Pad Thai.
- Bob the Chef**, *604 Columbus Avenue, 536-6204*  
 Best soul food around. Inexpensive.
- Dali**, *415 Washington St., Somerville, 661-3254*  
 Some say this is the best restaurant in the 617 area code. It's hard to argue. They have a spin-off **Tapeo's** on Newbury Street. Wait up to 2 hours on weekends.
- Green Street Grill**, *280 Green Street, Cambridge, 876-1655*  
 Spicy, inventive food with a Caribbean flavor. Moderately expensive.
- Han Han**, *1111 Dorchester Avenue, Dorchester, 288-5345*  
 Delicious, large portions of authentic Vietnamese food; inexpensive and minutes from school. French Coffee with condensed milk is a must-try.
- House of Blues**, *96 Winthrop Street, Harvard Square, 491-2583*  
 Owned by one of the Blue Brothers himself (Dan Akroyd). Excellent New Orleans type food.
- Jae's Cafe & Grill**, *520 Columbus Avenue, 421-9405*  
 Trendy, very crowded for dinner, emphasis on Korean food. Moderately priced and close to school.
- King & I**, *259 Newbury Street, 437-9611; 145 Charles Street, 227-3320*  
 Excellent Thai.
- Korea House**, *111-117 Chiswick Road, Brighton, 783-7030*  
 Good Korean food right off Comm. Ave.
- Pampas**, *928 Mass. Ave., Cambridge, 661-6613*  
 This Brazilian restaurant serves you 11 different types of meat skewered on a sword. It's all the food you can eat for \$17. For meat-lovers only!!
- Pho Pasteur**, *137 Brighton Avenue, Allston, 783-2340*  
 Great Vietnamese food in a true family setting.
- Siam Garden**, *45 1/2 Mt. Auburn St. Cambridge, 354-1718*  
 Hit or miss Thai food in Harvard Square, but when they're on, they're really on.
- Singha House**, *1105 Mass Ave., Cambridge, 864-5154*  
 Don't let the pastel art deco motif fool you. These guys can cook.
- Thai Basil**, *132 Newbury Street, 424-8424*  
 Good Thai in a very convenient location.
- Thai Village**, *592 Tremont St., 536-6548*  
 Close to school and one of the better Thai restaurants around. Becoming more popular, so expect a wait.



**Trident Bookseller Cafe, 338 Newbury, 267-8688**

Great veggie burgers and breakfast. Lie when one of the regulars asks you what you do in town.

**Zumas Tex Mex Cafe, 5 Faneuil Hall Marketplace, 367-9114**

Southwestern, Caribbean, Mediterranean.

**ICE CREAM & FROZEN YOGURT**

For those steamy summer nights or those 11 p.m. cravings before an exam, ice cream is always the answer. For those of you who are health conscious, most of the places listed below also serve lo-fat or non-fat frozen yogurt.

**Bailey's, Baskin Robbins, Brighams, Swenson's, TCBY**

Old standbys throughout Greater Boston.

**Ben & Jerry's, 20 Park Plaza, 426-0890****Dave's Ice Cream, 144 Newbury Street, 262-5737****Double Rainbow Cafe, Copley Mall, 262-5559**

Originally from San Francisco. They are on the expensive side, but their gourmet ice cream and freezes are excellent.

**Emack & Bolio's, 290 Newbury Street, 247-8772**

Outstanding gourmet ice cream.

**Herell's, 155 Brighton Ave., Allston, 782-9599; 350 Longwood Ave., 731-9599; 15 Dunster St., Cambridge, 497-2179**

The original "Steve" opened this chain after he screwed up and sold the rights to Steve's and someone else made millions using his name. Just as good!

**Ice Cream Works, 1663 Beacon Street, Brookline, 731-6256**

Homemade ice cream.

**JP Licks, 468 Centre St., Jamaica Plain, 524-5388; 311A Harvard St., Brookline, 738-8252.****Steve's, 191 Elm Street, Somerville 628-8599**

Nationally renowned for homemade ice cream and "mixins". Branches throughout the city (Mass. Ave., Coolidge Corner, Faneuil Hall), but go to Somerville for the real experience.

**Toscanini's Ice Cream, 84 Mass Ave., Cambridge, 577-7279; 899 Main St., Cambridge, 491-5877**

## BARS & CLUBS



The great thing about going to school in Boston is its plethora of bars and clubs. But because it's a college town, they're very strict about identification. If you have an out-of-state I.D., be prepared to show some picture back-up. Also, don't you New Yorker's forget...in Boston, the bars close at 2:00 AM.

### ALLSTON/BRIGHTON

**El Phoenix**, 1430 Comm Ave., 566-8974

This bar is a dive but the beer is cheap!

**Great Scott's**, 1222 Comm. Ave., 566-9014

Usually live entertainment. Cover charge around \$6.

**The Green Briar**, 304 Washington St., 789-4100

This traditional Irish pub and restaurant is a great place to spend St. Patrick's Day. Live entertainment on weekends.

**Harper's Ferry**, 156 Brighton Avenue, 254-9743

Not a mainstream bar but some great live entertainment. Cover charge is usually \$5. The line can get pretty long, so plan on getting there early if you don't want to wait.

**The Kell's**, 161 Brighton Ave., 782-9082

A truly Irish pub. This is a great place to drink and dance. The tunes they play include all of the old "college favorites." They are notorious for being tough on I.D.s. If you have an out of state license you will probably need picture back up. Cover is usually \$3-4.

**Kinvara Pub**, 34 Harvard Ave., 783-9400

Another Irish pub, smaller and cozier than the Kell's. Other assets include pool table and darts.

**O'Brien's Pub**, 3 Harvard Avenue, 782-6245

Great fun on Saturday afternoons.

**Our House**, 1277 Comm. Ave., 782-3228

Unique style bar where patrons sit at couches and large "kitchen" tables.

**Paradise**, 969 Comm. Ave., 254-2052

Great place to see small concerts of local and bigger name bands.

**Sports Depot**, 353 Cambridge Street, near Harvard Avenue, 738-2300

A converted railroad depot. The food is average but there are TV's everywhere to watch many different sporting events.

**Sunset Grill**, 130 Brighton Avenue, 254-1331

Over 75 beers on tap and from around the world. Have a yard or two. Excellent food, too

**T's Pub**, 973 Comm. Ave., 254-0807

Features a large screen T.V. for sporting events. Big BU hangout after the hockey games.

### BACK BAY

**Cactus Club**, 939 Boylston Street, 236-0200

Great Margarites after an exam.

**Champions**, 110 Huntington Avenue, 262-5776

Very popular sports bar, often frequented by sports celebrities.

**Dad's**, 911 Boylston, 296-3237

**Daisy Buchanan's**, 240A Newbury Street, 247-7416

Upscale Yuppie Mecca. Always crowded.

**Diamond Jim's Piano Bar**, 710 Boylston, 421-4900

Located in the Lenox Hotel. Sing-a-long bar!

**Division Sixteen**, 955 Boylston Street, 353-0870

Great food and drinks.

**Friday's**, 26 Exeter Street, 266-9040

A unique place — usually packed on weekends.

**Hard Rock Cafe**, 131 Clarendon Street, 424-7625

Very "touristy." Popular high-school hang out. Always a long line to get in.

**Joe's American Bar and Grill**, 279 Dartmouth Street, 536-4200

Good food, Yuppie crowd.

**Pour House**, 907 Boylston Street, 236-1767

Drink specials most nights. Great place for a beer and a burger.

**Whiskey's**, 885 Boylston, 262-5551

## **BOSTON COMMON/DOWNTOWN BOSTON**

**The Alley Cat**, 1 Boylston Place, 351-2510

**Avenue C**, 120 Boylston Street, 423-3832

**Beacon Hill Pub**, Charles Street

Very popular and always busy.

**The Bull and Finch**, (Cheers) 84 Beacon Street, 227-9605

Sometimes you want to go where everybody knows your name.

**Commonwealth Brewery**, 138 Portland St., 523-8383

Beer made on the premises. Calypso and Reggae on Friday and Saturday night.

**Europa**, 51 Stuart Street

\$6Friday, \$10 Saturday. Several floors, each with different types of music.

**Jukebox**, 275 Tremont, 542-1123

Dance club with different rooms playing different types of music ranging from top 40's to oldies. Cover \$5.

**Mercury Bar**, 116 Boylston, 482-7799

Restaurant and dance club. Proper dress required in club. Cover usually \$5.

**Red Hat**, 9 Bowdoin Street, 523-2175

Small bar with cheap pitchers.

**Rhinoceros**, 100 Warrenton St., 426-0300

New dance club featuring top 40's music played by popular local D.J.s. Cover \$5. Proper dress.

**Seven's Ale House**, 77 Charles Street, 523-9074

Excellent Sandwiches.

**Sweetwater Cafe**, 3 Boylston Place, 357-7027

Cheap drinks...usually \$1/Draft.

**Zanzibar**, 1 Boylston Place, 451-1955

Top 40's and oldies. Crowded on weekends. Dress code. \$6

## **CAMBRIDGE**

**The Border Cafe**, 32 Church St., 864-6100

Excellent Marguerites. The bar is small and often crowded. Great food.

**Faces**, 215 Concord Turnpike, Rt. 2 near Alewife T stop, 491-6030

**Grendal's**, 89 Winthrop, 491-1050

**Harvard Square Sports Club**, 59 JFK, 868-5900

**Hong Kong**, 1236 Mass. Ave., Harvard Square, 864-5311

No one goes for the food. Dance the night away here.

**House of Blues**, 96 Winthrop Street, Harvard Square, 491-2583

Great live blues. Varying covers depending on performers. Most nights are \$5.

**John Harvard Pub**, 33 Dunster Street, Harvard Sq., 354-0636

**Middle East Restaurant**, 472 Mass. Ave., Cambridge, 492-5162 for tickets

**Miracle of Science Bar & Grill**, 321 Mass. Ave., 868-2866

Good for lunch too. Just across the Mass. Ave. Bridge.

**Night stage**, 823 Main Street, 497-8200

Jazz.

**Shay's**, 58 JFK, 864-9161

A place where you can drink wine outside on a nice day.

**Western Front**, 343 Western Avenue, 492-7772

Reggae Monday!

## **FANEUIL HALL**

**Bell In Hand Tavern**, 45 Union Street, 227-2098

Large T.V. for sports.

**Black Rose**, 160 State Street, 742-2286

A hot spot on St. Patrick's Day. Try the Guinness stout.

**Boston Beach Club**, 300 Faneuil Hall Market Place, 227-9660

"Californian" atmosphere, a nice break in Winter.

**Crickets**, 101 South Market Place, 720-5570

Live a cappella singing most nights. No cover.

**Durgan Park**, 5 Faneuil Hall, 227-2038

Upstairs usually has live entertainment, but there is also quieter seating in the basement.

**El Torito**, 20 Clinton Street, 720-1190

Great Mexican food and Margaritas.

**Frogg's Lane**, Faneuil Hall Market Place, 720-0610

Good place for dinner and drinks. Great frozen drinks.

**Houlihan's Restaurant**, 60 State Street, 367-6377

Faneuil Hall. DJ on the weekends — expect a cover.

**Jose McIntyre's**, 160 Milk Street, 451-9460

Excellent mix of Mexican and Irish foods.

**Lily's**, 29 N. Quincy Market, 720-5580

Piano bar with outdoor seating in the warmer months.

**Michael's on the Waterfront**, 85 Atlantic Ave., 367-6425

**Purple Shamrock**, 1 Union Street, 227-2060

Another St. Patrick's Day bar, but fun year round.

**Sail Loft**, 80 Atlantic Avenue, 227-7280; 1 Memorial Drive, Cambridge, 225-2222

**The Salty Dog**, Faneuil Hall, 742-2094

Popular raw bar.

**Seaside Restaurant and Bar**, South Market Building, 742-8728

Live entertainment on weekends. Pretty tough on I.D.'s (out of staters, bring back-up)

## **KENMORE SQUARE**

**Avalon**, 15 Lansdowne Street, 262-2424

Usually about an \$8 cover. Thursdays is International Night.

**Axis**, 15 Lansdowne, 367-2437 or 262-2437

For those of you who like to dance to alternative music, check out X-night on Saturday.

**Bill's Bar and Lounge**, 7 Lansdowne St., 421-9678

Connected to Venus De Milo, has a good jukebox.

**Boston Beer Works**, 61 Brookline Avenue, 536-2337

A real microbrewery — usually seven homemade beers on tap. Good food, too.

**Cask 'n' Flagon**, 62 Brookline Avenue, 536-4840

Across from Fenway. DJ on the weekends.

**Copperfield's**, 98 Brookline Avenue, 247-8605

Near Fenway Park. Great after Red Sox games. Live entertainment. Cover around \$4.

**Cornwall's, 510 Comm. Ave., 262-3749**

An English-style small bar, but it has a large variety of imported beer and many board games available for patrons.

**Crossroads, 495 Beacon Street, across from Danielson Hall, 262-7371**

Great neighborhood bar.

**Dick's Last Resort, 55 Huntington Ave. 267-8080**

The wait staff at Dick's specializes in being sarcastic and rude to the patrons. They actually have to audition for their jobs! Feel free to be just as rude to them as they are to you! Popular place for bachelor/bachelorette parties. Live entertainment.

**The Golf Club, 3 Lansdowne St., 262-0300**

Presently under construction, but scheduled to be finished this fall. Normally an indoor mini golf course and large screen T.V.s for sporting events.

**Jake Ivory's Piano Bar, 1 Lansdowne St., 247-1222**

Long picnic style tables which are great for large groups. Sing-a-long bar that is actually a lot of fun.

**Jillian's Billiard's, 145 Ipswich Street, near Fenway, 437-0300**

Good spot to shoot pool, play ping pong, and drink a few sociables.

**Mama Kin's, 36 Lansdowne St., 536-2100**

New club opened up by the famous Boston band Aerosmith. Live entertainment; cover depends on how BIG the act is. Maybe you'll get a glimpse of Steve, too.

**Maxwell Jump's, 335A Huntington Avenue, 266-1705****Venus de Milo, 7 Lansdowne Street, 421-9595**

Techno-club. Don't be surprised if you see girls dancing in cages.

**Who's On First, 23 Yawkey Way, Boston 247-3353**

Across from Fenway Park. Top 40's music. Beware of 18 and over nights!

**OTHER****Doyle's, 3484 Washington Street, Jamaica Plain, 524-2345****Triple D's, 435 S. Huntington Avenue, Jamaica Plain, 522-4966****The Tent, Marina Bay, Quincy**

Outdoor bar overlooking the ocean. Fun during the summer if you're with a group of friends. Features volley ball and basket ball courts. The crowd tends to be quite young and often pretty "cheesy."

**COMEDY CLUBS**

Comedy Clubs are a great place to go when you're fed up with school and you need a laugh. Get a group of friends together and make a night of it, you'll have a blast.

- **Catch a Rising Star, 4 JFK Street, Cambridge, 661-0167**
- **Comedy Connection, Faneuil Hall Marketplace, 248-9700**
- **The Stand-up Comedy Cafe, The Charles Playhouse, 426-6339**
- **Improv Comedy Club, 246 Tremont Street, 695-2989**
- **Nick's Comedy Stop, 100 Warrenton Street, 482-0930**
- **Shear Madness, 74 Warrenton Street, 426-5225**

## MOVIE THEATERS



When you can't fill your brain with any more Anatomy, a quick and easy way to take the evening off is to catch a movie at one of the many theaters in the Boston area — most of which are accessible by the 'T'. For a money saving tip, the UH Cashier's Office (2nd Floor of the Atrium) sells discount movie passes! You can save almost \$3 per ticket. A regular adult admission is usually \$7.00, so be sure to pick up a few passes ahead of time to save some bucks!!!!

### General Cinemas

**Chestnut Hill General Cinema**, Chestnut Hill Mall, 277-2500

**South Shore Plaza**, Braintree, 848-1070

### Showcase Cinemas

**Allston**, 214 Harvard Avenue (next to Dunkin Donuts), 227-2140

**Cleveland Circle Cinemas**, 399 Chestnut Hill Avenue, Brookline, 566-4040

Take either the "C" or "D" Green line to the Cleveland Circle stop.

### Sony/Loews Cinemas

\*Call 333-FILM to find out which Sony/Loews Theater is showing your movie.

**Beacon Hill**, 1 Beacon at Tremont, 723-8110

**Cheri**, 50 Dalton Street (across from the Sheraton), 536-2870

Huge theaters for feature films. Take the Green line to Hynes.

**Charles Cinema**, 195 Cambridge Street, 227-1330

**Cinema 57**, 200 Stuart Street, 482-1222

**Copley Place**, 100 Huntington Avenue, 266-1300

In the Copley Place Mall. Lots of choices, but small screens. Take the Green line to Copley.

**Fresh Pond Cinemas**, Fresh Pond Plaza, 168 Alewife Brook Parkway, 661-2900

**Harvard Square Cinemas**, 10 Church Street (near Steve's Ice Cream), 864-4580

Take the Red Line to the Harvard Square stop.

**Janus Cinemas**, 57 JFK Street (near Harvard Square), 661-3737

**Nickelodeon**, 34 Cummington Street (Charles River Campus), 424-1500

Take the "B" Green line to B.U. East stop. Usually art films and foreign films.

**Paris Cinema**, 841 Boylston Street, 267-8181

**Somerville Cinemas**, Rt. 93 at Assembly Square, 628-7000

### Independent Cinemas

**Coolidge Corner Theater**, 290 Harvard Street, 734-2500

**Brattle Street Theater**, Cambridge, 876-6837

**West Newton Cinemas**, 1296 Washington Street, Rt. 16, 964-6060

**Quincy Entertainment Cinemas**, 1585 Hancock Street, Quincy Center, 773-5700

**The Omni Theatre at the Museum of Science**, 523-6664.

Giant curved screen: a feast for the eyes and ears.

### **Also Note:**

- **Boston Public Library** and the **Museum of Science** offer film series. Check the Thursday *Boston Globe Calendar* section for more details!
- **Free** movies at the **Hatch Shell** (Charles River Esplanade) on Friday nights from mid-June to mid-September. 727-9547 for more information.

## PERFORMING ARTS



There are a lot of theaters and performing arts centers in Boston, but like in most cities, "getting cultured" can get expensive! Several tips for getting good prices:

- Ask if there are Student prices. Your B.U. I.D. could save you up to half price on selected performances.
- Get a group of students together to try to get group prices!
- In Faneuil Hall, there is a little kiosk called **BOSTIX** that sells half-price tickets for same day performances. **CASH ONLY** for same day ticket sales. **BOSTIX** will also have a complete listing of theaters and current shows. Get there early because there is often a long line. Their hours are Tues-Sat 11-6, and Sun 11-4. You may want to call them at 723-5181.
- If you are interested in getting tickets to a show or concert prior to the day of the performance, two places you can call are: **TicketMaster**, 931-2000; **Ticketron**, 720-3434

### Theatres

**American Repertory Theatre**, 64 Brattle Street, Cambridge, 547-8300

**Back Alley Theatre**, 1253 Cambridge Street Cambridge, 576-1253

**Berklee Performance Center**, 136 Mass. Ave., 266-7455

**Boston Baked Theatre**, 255 Elm Street, Somerville, 628-9575

**Boston University Theatre**, Charles River Campus, 353-5990 or 353-7313

**Charles Playhouse**, 76 Warrington Street, 426-5225

**Colonial Theatre**, 106 Boylston Street, 426-9366

**Great Woods Center for the Performing Arts**, Rt. 495, Mansfield, (508) 339-2333

**Huntington Theatre Company**, 264 Huntington Avenue, 266-0800

This is a B.U. run theater so check for discounts.

**The Opera House**, 539 Washington Street, 426-5300

**Orpheum Theatre**, Hamilton Place, 482-0650

**The Performance Place**, 227 Broadway Street, Somerville, 625-1300

**Publick Theatre**, 52 Joy Street, 782-5425

**Shubert Theatre**, 265 Tremont Street, 426-4520

**Symphony Hall**, 301 Mass. Ave., 266-1492

Home of the Boston Symphony Orchestra and the Boston Pops! There are \$7 tickets (often very good) available during the day of the show. Call for more information.

**Wang Center for the Performing Arts**, 270 Tremont Street, 482-9393

Home of the Boston Ballet!

**Wilbur Theatre**, 423-4008

## LESBIAN, GAY & BISEXUAL RESOURCES

### Health Care/Mental Health Resources

**AIDS Action Committee**, 131 Clarendon Street, 437-6200

**Fenway Community Health Center**, 7 Haviland Street, 267-7573

### Restaurants

**Club Cafe**, 209 Columbus Avenue, 536-0966

Dance Bar in the back, Metropolitan Health Club is downstairs.

**Mario's**, 69 Church Street, 542-3776

### Bars

**119 Merrimac Street**, 367-0713

Levi/leather/motorcycle club.

**Avalon/Axis**, 15 Landsdowne Street, 262-2424 (Sunday Nights)

**Boston Eagle**, 520 Tremont Street, 542-4494

**Chaps**, 2781 Huntington Street, 266-3772

**Coco's**, 965 Massachusetts Ave., 427-7807

New lesbian club — very hip.

**ESME**, 3 Boylston Place, 482-7799

Sundays for women.

**Fusion**, 212 Hampshire St., 876-9330

Saturday nights for women.

**Jaques**, 79 Broadway, 426-8902

**Jetset**, 15 Landsdowne Street, 262-2424. (Thursdays)

**Manray**, 21 Brookline Street, Central Square, Cambridge, 864-0406

Young crowd Thursdays.

**Paradise**, 180 Massachusetts Avenue, Cambridge, 864-4130

**Playland**, 21 Essex Street, 338-7524

**Quest**, 1270 Boylston Street, 424-7747

Saturdays underground House scene.

**Ramrod**, 1254 Boylston Street, 266-2985

Leather cruise bar.

**Venus De Milo**, 7 Landsdowne St., 421-9595

Wednesdays for men and women.

### Hotels/Guest Houses

**Guest House**, 463 Beacon Street, 536-1302

**Chandler Inn**, 26 Chandler Street, 482-3450

**Oasis Guest House**, 22 Edgerly Road, 267-2262

### Gay Resorts

**Provincetown, MA** "P-town", Take Rt. 6E to the Cape. 2 1/2 hours from Boston.

**Ogunquit, ME**, Take Rt. 95N (or Rt. 1N). 1 hr from Boston.

### Bookstores

**Glad Day Gay Liberation Bookshop**, 637 Boylston Street, 267-3010. Videos too.

**Harvard Bookstore Cafe**, 190 Newbury Street, 536-0095. Gay/Lesbian titles.

**New Words**, 186 Hampshire Street, Cambridge, 876-5310.



## Newspapers

**Bay Windows**, 1523 Washington Street, 266-6670

Available at BUSM. Filled with numerous resources.

**Gay Community News**, 62 Berkeley Street, 462-4469

**New England Guide for Lesbian/Gay Men**

An information guide. Pick it up at the listed bookstores.

## Movies/Videos

**Movie Place**, 562 Tremont Street, 482-9008

**Arborway Video and Sound**, 55 South Street, Jamaica Plain, 522-1429

**Nickelodeon**, 33 Cummington Street, 424-1500, @ BU Charles River Campus

**City Video**, 240 Newbury St., Back Bay, 536-CITY

## PROFESSIONAL SPORTS



Welcome to Boston, home of some of America's oldest and most loved professional sports teams! The Boston **RED SOX**, **CELTICS**, and **BRUINS** together with the New England **PATRIOTS** are an important part of this city's rich culture. Be sure to take the time to attend a game or two of your favorite sport.

### Fenway Park

This historic Major League park has been home for the American League Red Sox since 1912. The park is easily accessible by the T's green line, Kenmore stop. Driving is not advised, since parking is at least \$10.00 per game and end-of-game traffic is rough. The Red Sox feature the talents of stars like the "ROCKET" Roger Clemens, Mo Vaughn, Jose Canseco and Aaron Sele. Bleacher seats are reasonable so take yourself out to the ball game — it's a great time for all. It is recommended to call for tickets although many spring games are not sold out. The box office is open M-F 9-5 and Sat 9:30-2. Call at 267-8661.

### Foxboro Stadium

Located about 30 miles south of Boston in Foxboro, it is home for the newly revitalized Patriots. With Coach Bill Parcells and young quarterback Drew Bledsoe, this young team showed great promise by making the playoffs for the first time since their SuperBowl run in the eighties. This year could bring great things for this young team. Tickets can be purchased by calling the stadium (508) 543-3900 or Ticket Master (617) 931-2000. T Commuter Rail service is available for all home games. Call the MBTA for schedules, 722-3200.

### Fleet Center

Yes, sports fans, the Boston Garden has been put to rest. The last official game in the Garden was played when the New Jersey Devils ousted the beloved Bruins out of the playoffs. The Celtics and the Bruins will now be playing their games in the new Fleet Center, located just behind the old Garden, across from North Station. It should be more comfortable and pretty snazzy looking, but Bostonians will always remember the Garden. The Fleet Center is easily accessible by Green or Orange line or the Commuter Rail all of which stop at North Station. Driving is not advised since parking is terrible and expensive. Tickets can be purchased from the Center, 227-3206, or from Ticket Master (617) 931-2000.

**CELTICS**

Perhaps the most celebrated professional basketball team of all time, the Celtics are in the midst of a rebuilding era. They are an exciting young team to watch so take time to attend a home game or two.

**BRUINS**

Consistently one of the best teams in the National Hockey League, the Bruins can be counted on to provide 60 minutes of excitement. With the talents of Cam Neely and the leagues best defenseman Ray Bourque, the Bruins are sure to be contenders for this year's coveted Stanley Cup.

**BLAZERS**

An indoor lacrosse team that provides fast paced, hard hitting action. The tickets are reasonable so catch a game or two, you're not that busy.

**KEEPING FIT**

It is important to exercise! Keeping fit will not only make you feel better, but it's also a great way to relax and get your mind off school work. Don't forget — the sedentary life of a student sitting in lecture all day and drinking all that coffee will catch up with you.

**Boston University Charles River Campus**

**Case Athletic Center, 285 Babcock Street**

No fees for full-time students, but you must have your student I.D. with a valid semester sticker. Facilities include: 25 yard pool, weight and fitness room, several gyms, sauna, outdoor tartan track, Walter Brown Ice Arena, three tennis courts, two Astro turf fields (Nickerson & Malvern St. fields).

To reserve the tennis courts you need to call 353-2764. The Case weight and fitness rooms have been renovated, so go check it out! The ice arena has rental ice skates available, but be sure to bring your I.D. Need equipment? No problem! In exchange for your I.D., you can check out a variety of stuff from the equipment issue room at Case. Sailing docks and boathouse are located on the Boston side of the river underneath the B.U. Bridge. During the summer, you can rent out a sailboat for \$35. Boating swim test required prior to use.

**Sargent Gymnasium Building 1 University Road (across from the George Sherman Union).**

It is also the site of BU Academy. In this facility there is a gym, weight and fitness center, dance studio, and locker room. Due to varsity sports, the hours may vary for these facilities so definitely call the recreation hotline for daily schedules.

*Important Phone numbers:*

Recreation Hotline 353-4141

PERD (Physical Education, Recreation, and Dance) 353-2784

Coordinator of Sailing at the Boathouse 353-9307

**Boston University Medical Campus Facilities****Medical Student Fitness Room**

This facility is located on the fifth floor of the Robinson Building, Room B-530, but may be moved to the basement during the summer. It contains two lifecycles, one rowing machine, two Stairmasters, and a Universal System. This room is usually open during the day, otherwise you can get the key from the control room in the basement.

### **Carter-Fuller Gymnasium and Pool**

This is located in the Carter-Fuller building directly across from the medical school. It will be available to medical students on weeknights from 5 pm to 7 pm, and eventually on weekends all day. It will be possible to play volleyball and basketball, and do aerobics.

**Boston City South End Recreation Center**, 35 Northampton St., Boston 424-5822

This facility is located in the Trustee's Management Building (South Block) on the 4th floor and may be reached by entering the Boston City Hospital Ambulatory Care Center at the corner of Mass. Ave. It can also be reached through the Northampton Street entrance. It is convenient for swimming and has an excellent pool. No refunds on any memberships. Some of the facilities include: a gym (basketball, volleyball), pool (bathing caps required), exercise room (universal equipment), squash courts and lockers. For information call Director John Ferguson at 424-5822.

### **Intramural Sports at Boston University**

The Department of Physical Education and Recreation (PERD) provides a full spectrum of activities for students. There are intramural sports which include tournament play in both individual and team sports. Many students have been involved in these teams over the years particularly indoor/outdoor soccer, ice hockey, softball, basketball, crew, and ice broomball. Last year's team, The Mighty Docs, were champions of many sports, including soccer, floor hockey and volleyball. Hooray team!

### **Fuller Basketball League**

BUSM usually enters a team in the Fuller League which consists of hospital staff and employees. Also we regularly played on open court times at the Fuller gym.

### **Softball Tournament**

Last year, BUSM entered a team in the annual Northeast Medical School softball tournament. Teams from UMass, Vermont, Brown and BU competed in an all-day tournament held at UMass. Usually held in mid-may, this year's tournament will be held in a place to be announced. For more information, contact Greg Bernstein, BUSM II.

### **Volleyball Tournament**

BUSM usually participates in a medical school tournament. Mark your calendars for the BIG Med School Tournament over Martin Luther King Holiday weekend (in January).

### **B.U. Varsity Sports**

Many students attend Terriers sporting events held on the Main Campus. Hockey games are very popular, especially the Beanpot Tournament. Last year, BU's hockey team captured the NCAA championship!! This year's team should be even better. In the last few years, BU's football team has seen a resurgence of power, and have advanced to the NCAA playoffs two years in a row. The basketball team (Div. I) is young, but with Duke transfer Joey Beard and star Tunji Awojobi, this team has all the tools to make it to the Tourney! Get season tickets, because BU will be hosting national powerhouse Kentucky Wildcats. All BU students are eligible to purchase a Sports Pass (\$45 last year). A Sports Pass allows free admission to BU Varsity Sports games. The Director of Sports Marketing (353-2872) will be glad to provide information regarding sporting events.

### **Aerobics and Workouts**

There are many fitness clubs in the area. Gold's gym, City Gym, and Health works (for women) are located near the main campus which is great if you plan on studying at the Law Library or Mugar Library. Consult the yellow pages for additional listings.

## RECREATION

### BEACHES



Although there are not beaches in Boston there are several just a few minutes away. You can reach them by car, bus, train or boat.

#### **Cape Cod National Seashore**

2 hours south (Rt. 3 to Rt. 6) Beautiful dunes, a longer drive but worth the trip.

**Crane's Beach**, Ipswich, Miles of pure white sand.

**Devreaux Beach**, South of Gloucester, Scenic Rocky Harbor.

**Duxbury Beach**, 50 min. south of Boston.

#### **Georges Island State Park,**

Have fun sunning, swimming or exploring historic Fort Warren.

#### **Martha's Vineyard & Nantucket Islands**

If you have the time for a weekend getaway, these islands are a vacationer's paradise.

**Nahant Beach**, 30 min. from Boston, not as nice as the beaches farther North.

**Nantasket Beach**, Accessible by car (30 min from BUSM). Often crowded.

**Newport, Rhode Island**, 2 hours south of Boston. Nice beaches, scenic CliffWalk and good nightlife make this a great place for a weekend day trip.

**Rockport and Gloucester**, Accessible by car and rail (75 min from BUSM).

**Singing Beach**, Manchester, Mass., The sand "sings" when you walk on it.

### BOATING



Between Boston Harbor and the Charles River there's plenty of water to sail. Take a trip during the spring, you can sail, fish or SCUBA dive.

**Community Boating**, 523-1038. The City offers sailing on the Charles.

**BU Coordinator of Sailing**, 353-9307. You can also sail from the BU Boathouse.

### CRUISES

**Tours of Boston Harbor** - Cruises depart from Long Wharf (near the New England Aquarium).

Bay State Cruises, 723-7800

Boston Harbor Cruises, 227-4321.

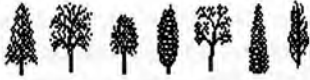
**Cruises to Provincetown** depart from Commonwealth Pier.

Bay State Cruises, 723-7800.

### WHALE WATCHES

There are several species of whales who call New England home. The New England Aquarium offers daily whale watches. Call 973-5200 for more information.

## PARKS



Boston can be a busy city, but take some time to smell the flowers. Yes, there are some around. If you prefer a quieter time, check out some of these parks, they're not too far.

**Amory Park, Amory and Beacon Street**

Softball and soccer fields, tennis courts, bird sanctuary.

**Arnold Arboretum, Rts. 1 and 203, Arborway in Jamaica Plain**

265 acre botanical garden and absolutely beautiful (and free)! Not very safe at night.

**Audubon Sanctuaries, several in the Boston area**

For locations and directions call the Massachusetts Audubon Society.

**Blue Hills Reservation, 695 Hillside Street, Milton**

250 miles of hiking and biking trails. 6500 acres! 698-1802.

**Boston Common, between Park and Tremont St in Downtown Boston.**

The oldest park in the states located in the heart of the city.

**Boston Public Garden, between Boylston, Charles, Arlington and Beacon Streets**

Across from the Common this park has beautiful floweres.

**The Esplanade, along the Charles River, behind Back Bay**

The Hatch Shell, with free summer Boston Pops concerts and free Friday night movies, is also located here. Includes bike/jogging paths, sailboat docks, and an MDC swimming pool.

**Fenway, behind the Museum of Fine Arts, between Park Drive and the Fenway**

Easily reached, not safe at night but fun during the day.

**Franklin Park Zoo, Blue Hill Avenue, Dorchester, 442-0991 or 442-2002**

**Garden in the Woods, Framingham, maintained by the New England Wildflower Society.**

**Jamaica Pond, along the Jamaica Way in Jamaica Plain**

This is a great place to walk or jog. There are also rental canoes and sailboats available.

**Walden Pond, in Concord, accessible by car or by T Commuter Rail**

Clear water, good swimming hole, Thoreau cabin site.

## SCUBA DIVING



There's plenty of ocean in New England for SCUBA diving. New England diving is usually cold with low visibility, but you can see some fascinating animals. There are lobsters, urchins, sea stars and flounder on every dive. You can do a boat dive or a shore dive. There are several dive shops in the area where you can rent equipment or charter a boat, a few are listed below.

If you don't know how to dive, but would like to learn, BU offers a six week course through the Physical Education, Recreation and Dance Department on the Charles River Campus.

### **DIVE SHOPS**

**Pro Divers, 236 Wood Road, Braintree, 848-4990.**

**East Coast Divers, 213 Boylston Street (Rt. 9) , Brookline, 277-2216**

**Scuba Boston, 124 Lewis Wharf, North End, 227-2822.**

**SKIING**

Whether you're just a beginner or a skiing daredevil you're sure to find the right slopes. Get a group together. Most ski resorts can be reached by car within 2-3 hours and offer special group rates. Here is a short list of a few resorts.

**MAINE**

**Sugarloaf**, Carrabassett Valley, (207)-237-2000; (800)-THE-LOAF for reservations; (800)-THE AREA for lodging reservations.

Vertical drop: 2837 feet.

Trails: 80 trails; 28% novice, 29% intermediate, 33% expert.

**Sunday River**, Box 450, Bethel, (207)-824-3000; (207)-824-6400 for snow conditions.

Vertical drop: 2100 feet.

Trails: 70 trails, 26% novice, 41% intermediate, 33% expert.

**NEW HAMPSHIRE**

**Attitash**, Mount Washington Valley, Rt. 302, Bartlett, (603)-374-2368.

Vertical drop: 1750 feet.

Trails: 7 novice, 12 intermediate, 8 expert.

**Loon Mountain**, Kancamagus Highway, Lincoln, (603)-745-8111; (603)-745-8100 for snow conditions; (800)-229-STAY for lodging.

Vertical drop: 2100 feet.

Trails: 11 novice, 20 intermediate, 10 expert.

**Mount Cranmore**, Box 1640, North Conway, (603)-356-5543.

Vertical drop: 1200 feet.

Trails: 7 novice, 16 intermediate, 8 expert.

**Mount Sunapee**, Mount Sunapee State Park, (603)-763-2356; (800)-322-3300 for snow conditions; (800)-258-3530 for lodging.

Vertical drop: 1510 feet.

Trails: 9 novice, 20 intermediate, 3 expert.

**Waterville Valley**, Rt. 49, Waterville Valley, (603)-236-4107; (603)-236-4144 for snow conditions; (800)-GO-VALLEY for reservations.

Vertical drop: 2020 feet.

Trails: 7 novice, 32 intermediate, 13 expert.

**VERMONT**

**Killington**, Rts. 4 and 100, Sherburne, (802)-422-3333, (802)-422-3261 for snow conditions, (802)-773-1330 for reservations.

Vertical drop: 3175 feet.

Trails: 48 novice, 21 intermediate, 38 expert.

Best in New England.

**Mad River Glen**, Rt. 17, Waitsfield, (802)-496-3551 or (800)-696-2001 for snow conditions.

Vertical drop: 2000 feet.

Trails: 9 novice, 11 intermediate, 13 expert.

**Stowe**, Mount Mansfield Resort, Stowe, (802)-253-7311.

Vertical drop: 2360 feet.

Trails: 7 novice, 16 intermediate, 11 expert.

**Sugarbush**, RR1, Box 350, Warren, (802)-583-2381, (802)-532-SNOW for snow conditions, (802)-53-SUGAR for reservations.

Vertical drop: 2600 feet.

Trails: 15 novice, 38 intermediate, 27 expert.

## OTHER IDEAS

- Public tennis courts and golf courses (check the yellow pages)
- Canoeing on the Charles
- Ice skating in the Public Gardens and in Faneuil Hall
- Boston Marathon on Patriot's Day
- Roller Skating and Roller Blading on the Esplanade
- Summer movies at the Hatch shell on the Esplanade

## TOURIST ATTRACTIONS

As you may know, there is a lot to see and do in Boston. Below, we have listed several points of interest. Check with the Calendar section of the Thursday *Boston Globe* or the *Phoenix* on Thursdays for a weekly listing of current events. It might also be worthwhile to purchase one of the many guide books to Boston that are available at local book stores.

One great way to see Boston is via a guided Trolley Tour. There are several different companies, but all seem about the same. Look for the BLUE Trolleys (Boston Trolley Tours, 617-TROLLEY) or the RED Trolleys (Beantown Trolleys, 617-236-2148). You can pick up a ticket for a trolley tour just outside of Houlihan's in Faneuil Hall.

Be aware that the prices and hours for the below listed places change frequently with the seasons and inflation. Call before you go to one of these place to make sure that you have the correct information. Don't forget to ask about student discounts!

## LOCAL ATTRACTIONS

Most of Boston's favorite tourist attractions have to do with history. There's a Visitor Information Centers at 15 Park Street and on the Boston Common, where you can find walking maps of the city's tourist attractions including the Freedom Trail. You can also call the Boston National Historical Park at (617)-242-5642.

**Black Heritage Trail**, 742-5415 for information.

Explore the history of Boston's 19th century free African-American community.

**Boston Common**, This is a good place for a picnic or walk on a nice day.

**Swan boats**, Public Garden, this is a recommended activity.

**Boston Tea Party**, Congress St., 338-1773.

**Bull and Finch Pub**, 84 Beacon Street, 227-9605.

Boston's #1 tourist attraction! This is the **Cheers Bar**. There is usually a line to get in. Prices are high, but what do you expect for a tourist attraction? Cheers paraphernalia can be purchased on the premises. P.S. The bar does not resemble the Cheers set.

**Faneuil Hall**, Shops and Food galore! This is a great place to walk around during the day. Most of the stores are pricey. A great night spot due to the surrounding bars and restaurants.

**Freedom Trail**, follow the red line on the sidewalks of Boston and see the historical sites:

*Boston Massacre site*

*Bunker Hill Monument*

*Granary Burial Grounds*

*King's Chapel*

*Longfellow House*

*Old State House*

*Old North Church*

*Old South Meeting Church*

*Park Street Church*

*Paul Revere's House*

*St. Steven's Church*

*USS Constitution and Museum*

**Hancock Building Observatory**, 247-1977.

Nice view of Boston from 60 stories high. There is a 1750's model of Boston and a show on how the Revolutionary War started in Boston.

**Harvard Square**, This is a favorite night spot. During the day it is an interesting place to shop and people watch.

**Harvard Yard**, at Harvard Square.

**Prudential Skywalk**, A 360 degree view of Boston from 700 feet up. 236-3318.

## **MUSEUMS**

Museums are great places to relax and learn about interesting non-medical things! Be sure to call ahead and check on hours of operation and student discounts. The Calendar section of the Thursday *Boston Globe* usually lists ongoing exhibits and presentations.

**Boston Public Library**, Copley Square, 536-5400.

**Children's Museum**, Museum Wharf, 300 Congress St., 426-8855.

**Christian Science Mother Church and Mapparium**, Mass. Ave., 450-3790.

**Computer Museum**, Museum Wharf, 300 Congress St., 423-6758.

**Institute of Contemporary Art**, 955 Boylston St., 266-5152 or 266-5151.

**Isabella Stewart Gardener Museum**, 280 The Fenway, 566-1401.

**John F. Kennedy Museum and Library**, Columbia Point, 929-4523.

**Museum of Afro-American History**, 46 Joy St., 742-1854.

**Museum of Fine Arts**, 465 Huntington Ave., 267-9300 or 267-9377 (recorded message). Free admission with your BU I.D!

**Museum of Science, Omni Theatre, and Planetarium**, Science Park on Green Line, 723-2500.

**New England Aquarium**, Central Wharf, Aquarium stop on Blue Line, 973-5200.

**The Sports Museum**, Cambridgeside Galleria, Cambridge

## **ATTRACTIONS OUTSIDE OF BOSTON**

**Great Woods**, Mansfield, MA. Outdoor performing arts center for many popular concerts. On a nice night, sitting on the lawn is great.

**Naismith Basketball Hall of Fame**, Springfield, MA.

**Newport, RI** (Take Rt. 93S to Rt. 128N to Rt. 24S)

**Old Sturbridge Village**, Sturbridge, MA, (508)-347-3362.

**Plimouth Plantation**, Plymouth, MA, (508)-746-1622.

**Riverside Amusement Park**, New England's largest amusement park. There is the Cyclone Rollercoaster, Thunderbolt Rollercoaster, Loopcoaster, 150' Ferris Wheel, Wild River Falls and more. There is also sedate entertainment like magic shows, puppet shows and the like. This park is located in Agawam and is a good drive. For prices and hours call 413-786-9300.

**Rocky Point**, This amusement park is located in Kingston, RI. It has two rollercoasters, a loopcoaster, ferris wheel, water slide and also some kiddy rides. Their phone number is 401-737-8000.

### **Salem, MA:**

Cliffwalk

Great Beaches

The House of Seven Gables

Peabody Museum of Salem

Tennis Hall of Fame

The Witch Museum (508)-744-1692.

**Tanglewood**, summer home of the Boston Symphony Orchestra and Pops—Lenox, MA.

**Walden Pond**, Concord, MA.



## SHOPPING

Shopping can be a great form of stress relief! What better way to spend those high interest loans? Here are a few popular places to drop some cash.

### **The Atrium**

Shops and restaurants ranging from pricey to affordable. Features J Crew, GAP, Abercrombie & Finch, Limited, Express, Henri Bendel, and more. 300 Boylston Street, Rt. 9 East, Chestnut Hill. Parking is free in the underground garage or you can use the valet for a small fee. This shopping mall is only a few blocks from the Chestnut Hill mall, but is not exactly walking distance because it is on the other side of Rt. 9 (4 lane divided road).

### **Boylston Street**

Shops along Boylston include Lord & Taylor, Talbots, Eddie Bauer, Structure, Bath and Body Works, Timberland, City Sport, FAO Schwartz and Marshall's.

### **Cambridgeside Galleria**

This is a large 3 story mall with 100+ stores (GAP, The Limited, Filene's, Ann Taylor, Nine West, Abercrombie & Finch, Banana Republic, etc.) and eateries. It is located near the Museum of Science. Easy to reach by car, but there is a charge for parking in the garage. You can also take the Red line to Kendall Square or the Green line to Lechmere.

### **Chestnut Hill Mall**

Bloomingdale's, Crate & Barrel, FAO Schwartz, Ann Taylor, GAP, Banana Republic, Eddie Bauer, Timberland and many more. There are a few restaurants including Legal Seafood and Papa Razzi. There is also a General Cinema's movie theater. Located on Rt. 9 West, Chestnut Hill down the street from the Atrium.

### **Copley Place**

Neiman Marcus, Sack's Fifth Avenue, GAP, Banana Republic, The Limited, Express, Nine West, Bally, Bebe, Benetton, Ralph Lauren, and many more. There is a movie theater, several nice restaurants (including Chile's), and many small, unique shops. Take Green line to Copley.

### **Downtown Crossing**

Has many major department stores including Jordan Marsh, Filene's, and the famous Filene's Basement. Lots of fast food places, too. It has something for everyone and is very busy. Walking distance from Faneuil hall. Take the Orange or Red Line to Downtown Crossing/Washington Street.

### **Faneuil Hall**

150+ specialty shops including 6 floors of the Limited, Coach, Nine West, Victoria's Secret, GAP, Banana Republic, The Sharper Image, and many more. There are also a number of great restaurants and bars (see restaurant and bar sections in this book). There is an extensive food court which has something for everyone. Very exciting and busy. Always lots of street performers in the spring and summer and is beautiful in the winter. Take Green line to Government Center.

### **Harvard Square**

Harvard Square is a very interesting place to visit. There are several shops including GAP, HMV Records and Urban Outfitters. Excellent restaurants for when you're really hungry or when you just need a break from walking. There are usually street entertainers on the weekends. Take the Red Line to Harvard Square.

### **Newbury Street**

For the trendy part of everyone. Starting at the Mass Ave. end includes Tower Records, Urban Outfitters, Pottery Barn, Newbury Comics, Patagonia, Emporio Armani, Next, GAP, Banana Republic, Nine West, Parade of Shoe, Ann Taylor, and Limited — just to name a few. There are also lots of small, unique shops including a number of designer second hand stores. There are also several nice restaurants, many of which offer outdoor seating in the spring and summer. A great place for a stroll if you can resist the temptation to spend.

### **Prudential Center Mall**

This mall features several small shops including Warner Brothers, Ann Taylor, Levi's, 9 & Co., and an excellent food court. Located in the heart of Boston in the Prudential tower. The shops are connected to Copley Place by an enclosed overpass. Take the Green Line to Hynes, Copley or Prudential and you'll stumble onto it.

### **Watertown Mall**

This small shopping center's main attraction is a GAP outlet store. There is not much else worth mentioning except that this mall is located across the street from the Arsenal Mall (see below). It located at 550 Arsenal Way, Watertown.

### **Arsenal Mall**

This is a fairly large mall which features Ann & Hope, Limited, Express, GAP and some others. It is located across the street from the Watertown Mall. Arsenal Way, Watertown.



## Newbury Street

For the heart of mystery, starting at the Atlas Bar and ending at the Newbury Center, the Newbury Street shopping district is a must-visit. The street is lined with a variety of shops, from antique stores to high-end boutiques. The atmosphere is vibrant and historic, with many shops having been in business since the 19th century. The street is also home to several restaurants and cafes, making it a great place for a stroll or a meal.

## Prudential Center Mall

The Prudential Center Mall is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.

## Waterfront Mall

The Waterfront Mall is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.

## CambridgeSide Galleria

The CambridgeSide Galleria is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.

## Chicago State Mall

The Chicago State Mall is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.

## Copy's Place

Copy's Place is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.

## Downtown Crossing

Downtown Crossing is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.

## National Mall

The National Mall is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.

## Harvard Square

Harvard Square is a large shopping center located in the heart of downtown Chicago. It is home to a variety of stores, including department stores, clothing stores, and specialty shops. The mall is also home to several restaurants and cafes, making it a great place for a shopping trip. The mall is located at 300 Avenue of the Americas, New York, NY.



REFERENCE

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## GETTING TO BUMC

### Parking Your Car

The city of Boston is considering the area near BUMC as a potential site for the Megaplex — a multimillion dollar project consisting of a convention center, football stadium and other commercial businesses. Sounds great, doesn't it? But, you must be asking yourself, "What does this have to do with parking my car?" Well, plenty.

Before any talks of a site for the "Megaplex", BU had a expansive parking lot that accommodated many commuting students, as well as some faculty members. However, in the near future (date unknown), this lot is designated to shut down for good. Because of the closing, many students and faculty are concerned about parking. The suggestion from the Office of Parking and Transportation is: **USE PUBLIC TRANSPORTATION!!** However, if you have to drive to school and want to park in the remaining lots, read on, brave heart!!

BUMC currently has two lots — lot A and lot C. Lot C is designated for closure when the city demands. Until then, the school will try to keep C lot open as long as it can. Access to lot A is located on Albany St. across from the Medical Center. When (not if) C lot closes, BUMC is opening another lot — Lot B. Where it will be located is still undecided. The Transportation Office is considering using a lot on West Howell Street, adjacent to South Bay Mall, and shuttling commuters over. This may mean driving through rush-hour traffic twice just to get to school. The exact location of Lot B will be announced. Students must register their cars and obtain an annual parking permit in the Office of Parking and Transportation Services, Vose Hall, Rm. 426. Temporary permits are available. As a bonus benefit, depending upon which permit you have, you may be able to park in any of the undergraduate parking lots on the Charles River campus. Please check with the parking office for verification.

Parking in Lot B, costs \$34.20 per month or \$136.80 per semester. Students who do wish to park on a daily basis may purchase a Daily Permit for a \$20.00 annual fee and pay \$3.50 upon entry each time the lot is utilized. Shuttle service will be available all day for Lot B with additional service during the morning and afternoon peak periods. The exact schedule will be released at a later date. Parking in Lot A costs \$90.00 per month. Walking time from Lot A to the Medical School is about 2-5 minutes depending upon where you park, the daily temperature, if you have an exam, etc. Finally, *Car Pool Passes*, are available for those of you who would like to commute together. You must buy a sticker for Lot A or B, but you will receive preferential parking when you ride with someone else.

Parking on the streets near the Medical Center provides another option for commuting students. However, be careful. The area isn't so safe at night and meter maids run rampant. Be aware that Boston decided to ease its fiscal problems in part by ticketing relentlessly. Out of state plates will not help you. Boston tows and has a good supply of the dreaded "Denver Boots." There are some free parking available in the area, but you may need to set some time aside for the hunt. Also, car theft and vandalism are more prevalent on the streets. Buy a "Club" if you decide to chance street parking. If you have a car in Boston you may find the one-way and non-parallel streets confusing at first but you will soon learn the best routes to get where you are going and avoid traffic. Buy a street map. (This can be helpful even if you don't own a car.) A little careful studying before embarking on a journey can save lots of time and money.

For more information about parking, call the BUMC Office of Parking Services, V-426 at 638-4915 (Mr. Sullivan and associates). For more information about Car Pool Passes, call the Transportation Coordinator, V-427 at 638-7473.

## Shuttle Buses

There are several shuttle services provided from the Medical Center. A BUMC identification may be required to ride these shuttles. Several services are listed below.

### Boston VA Medical Center Shuttle

The pick up for this shuttle is at the rear/ambulance entrance of the BVAMC Hospital. This shuttle runs every hour on the half hour from 11:30 a.m. to 5:30 p.m. Drop off at BUMC is at the UH Atrium. The shuttle will then depart BUMC for the VA Hospital every hour on the hour from 12:00 p.m. to 6:00 p.m. Check in at the desk at Atrium lobby. For more information call the Transportation Coordinator at 638-7473.

### ITMA Shuttles

The Shuttle Bus Services organized by ITMA (Interinstitutional Transportation Management Association) are free services which run from BUMC/BCH to various MBTA ("T") Stations (see below). This evening shuttle is very convenient for those of you who need to get to the Orange, Green or Red Lines after 6:30 PM.

BCH passengers are picked up and dropped off at the patient entrance on Albany street. BUMC passengers are picked up and dropped off at the UH Atrium on East Newton Street. Services operate every day except weekends and holidays. Further information is available at the two *itma* information stands (Atrium of UH and Basement of the Instructional building). If you have any questions call the Transportation Coordinator at 638-7473.

### Evening Transit Shuttles

leaves from BUMC (East Newton St.) from 6:40 p.m. to midnight, every 30 min.  
stops at:

- BCH (Albany St./Emergency entrance)
- Ruggles Station (on request)
- Back Bay Station
- Copley Station
- Broadway Station (on request)

### Evening Campus Shuttles

leaves from BUMC (East Newton St.) from 6:30 p.m. to midnight in a continuous loop.  
stops at:

- BCH (Albany St./Emergency entrance)
- 700 Albany St.
- Atrium Plaza
- Doctor's Office Bldg. Harrison Ave.
- Naval Blood Bldg. Albany St.
- Campus Parking Lots, on request
- Harrison Court, on request
- BCH/ACC Bldg. Harrison Ave.
- South Block (at 35 N. Hampton St. entrance)
- 801 Albany St.

### Charles River Shuttle Bus

The Charles River Shuttle service runs from the Charles River Campus to BUMC. This shuttle is very convenient for students living in the Allston and Kenmore Square areas. Your BU I.D. is required to ride this shuttle. The bus tends to be very crowded in the mornings so you may not get a seat.

The shuttle departs from CVS, 1266 Comm. Ave at 7:30 and 11 a.m., 1:30, 3:30, and 6:30 p.m. The 7:30 a.m. shuttle arrives at BUMC in time for an 8:30 lecture. It leaves from E. Newton St. at 8:30 a.m., 12:00, 2:40, 4:40 and 7:40 p.m. *Keep in mind that this is last year's schedule. Times are subject to change.*

The shuttle only runs on days in which classes are held at the Charles River Campus. Keep this in mind during the beginning and end of each semester, as well as during vacation periods because the Med. School schedule differs from that of the Charles River Campus. The Shuttle Bus route is located on the following page. To verify the schedule or for more information, call the B.U. Information Center at 353-2169.

**from BU Charles River Campus:**

- CVS (1266 Commonwealth Ave.)
- 1100 Commonwealth Ave.
- Babcock St./Comm. Ave.
- Ski Market
- Radio Shack
- Warren Towers (700 Comm. Ave.)
- Morse Auditorium (602 Comm. Ave.)
- Bank of Boston/Kenmore Square
- Medical Campus

**from Medical Campus (UH Atrium):**

- Danielsen Hall
- 30 Bay State Rd.
- Shelton Hall (91 Bay State Rd.)
- Towers (140 Bay State Rd.)
- SED (605 Comm. Ave.)
- Burger King
- CLA (725 Comm. Ave.)
- GSU (775 Comm. Ave.)
- 881 Comm. Ave.
- Gaffney St
- 1019 Comm. Ave.
- CVS Pharmacy

## **Biking**

Many people bike to school in fair weather but the number drops off quickly when it gets nasty. Be sure to have a good lock, and helmet. There are several bike racks available on campus, located in front of medical school, at School of Public Health, Talbot Green, BUMCH Emergency near DOB, and under the Atrium Cafe on E. Newton St. In general, don't trust any motor vehicles — many drivers forget that turn signals are now standard equipment on all cars. Watch out for the potholes and car doors opening. Be visible and be aware of your surroundings. The good part about biking is the exercise and being in control. Who wants to wait in a traffic jam when it can be avoided?

## **Mass Transit (The "T")**

The MBTA includes the subway and trolley system as well as the bus system. You can take the CT1\*, CT3\*, #1, #8, #10 and #47 buses to BUMC. The Orange line connects (via a free transfer ticket) to the #1 & CT1 buses at the Massachusetts Avenue Station, #8 at the Ruggles Station. The Green lines connect to the #1 & CT1 buses at the Hynes Convention Center Station & Symphony Station, #10 at the Copley Station. The Red Line connects CT3 & #10 at the Andrew Station, #8 at the JFK/UMass Station.

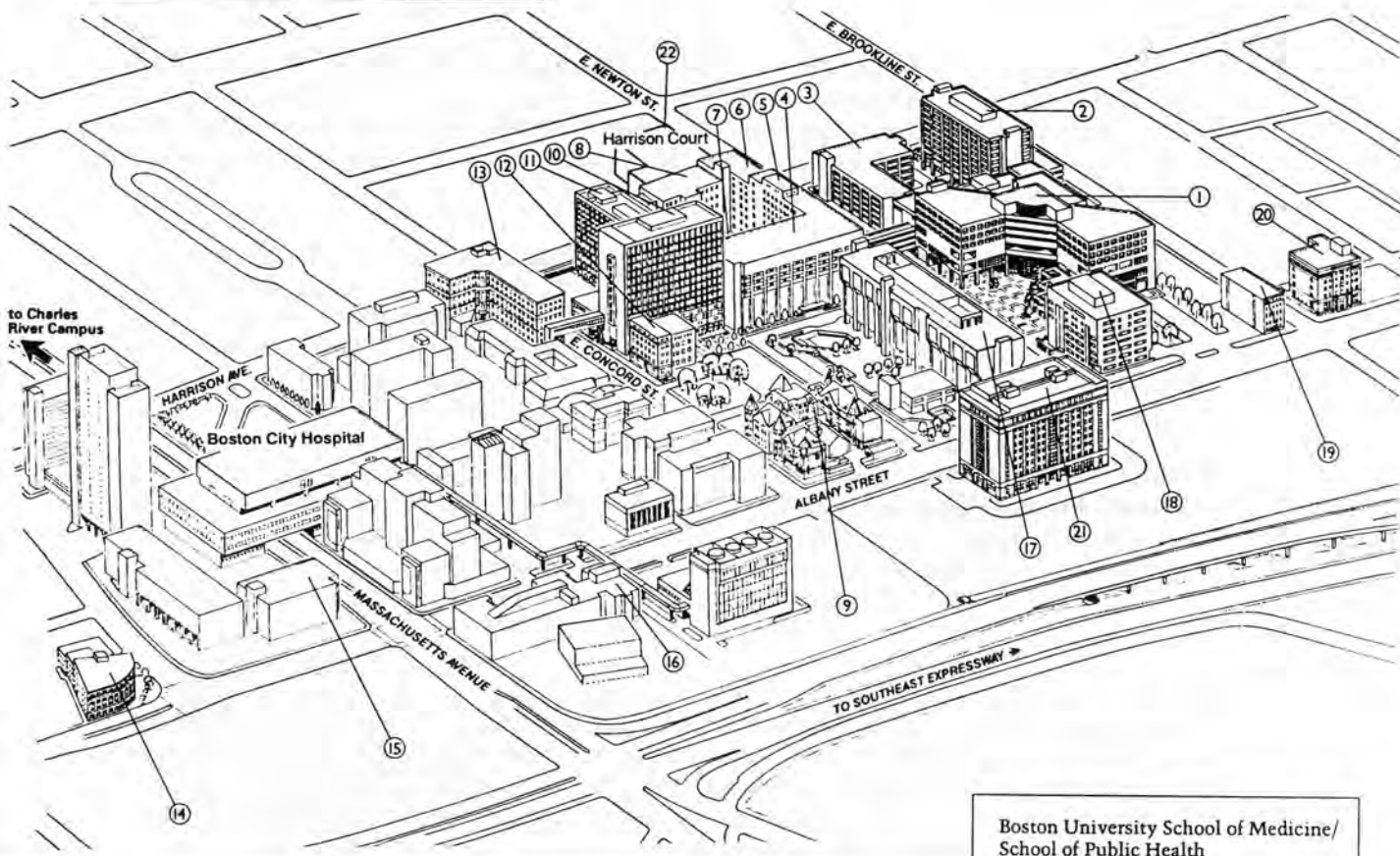
\*On all CT (crosstown) buses, you can use either subway pass or local bus pass. For further information see the two *ITMA* information stands (Atrium of BUMCH and Basement of the L building) for scheduling and routes or call the MBTA Customer Service at 722-3200. Mass transit information can also be obtained at Park Street Station on the Outbound Side (to B.C., Riverside, Cleveland Circle, and Brigham Circle). You can also find a Quick Reference to the "T" in the *Living in Boston* Section of this book.

The customer service number has a new addition. "Trip Planning Service" allows you to find the best "T" route from your home to any location (including BCH/BUMC).

Passes are sold at BUSM payroll at 3rd flr. Robinson Bldg. last 5 days of each month. Call Parking Office at Main Campus (353-2160) if you want to order 3 month in advance and receive a discount.



# CAMPUS MAPS



## Legend

- 1 - Atrium Pavilion  
(Hospital main entrance)
- 2 - Doctors Office Building  
(Including public parking garage)
- 3 - Preston Family Building
- 4 - Evans Building
- 5 - Old Evans Building
- 6 - Collamore
- 7 - Vose Hall
- 8 - Robinson Building
- 9 - Talbot Building
- 10 - Instructional Building  
(School of Medicine main entrance)
- 11 - Housman Medical Research Center
- 12 - School of Public Health
- 13 - Silvio O. Conte Medical Research Center
- 14 - 801 Albany Street
- 15 - Nurses Education Building  
(Boston City Hospital)
- 16 - Maxwell Finland Laboratory  
(Boston City Hospital)
- 17 - Solomon Carter Fuller Mental Health  
Center (Commonwealth of  
Massachusetts)
- 18 - Goldman School of Graduate Dentistry  
(Goldman School main entrance)
- 19 - Naval Blood Research Center
- 20 - 609 Albany Street
- 21 - Center for Advanced Biomedical Research
- 22 - Harrison Court

## Dining Facilities

- Cafeteria-Atrium Pavilion, 2nd floor
- Cafeteria-Instructional Building, Basement
- Cafeteria-Goldman School  
1st floor
- Cafe-Doctors Office Building,  
1st floor

## Public Parking

- Doctors Office Building  
Parking Lot A

## Major Conference Rooms

- C/D Conference Room, Atrium Pavilion,  
2nd floor
- Function Rooms A, B and C,  
Atrium Pavilion, 2nd floor
- Bakst Auditorium, 1st floor, School of  
Public Health
- L-110, L-112, 1st floor, Instructional Building
- Keefer Auditorium, 1st floor, Evans Building
- Preston Conference Room, 1st floor,  
Preston Building

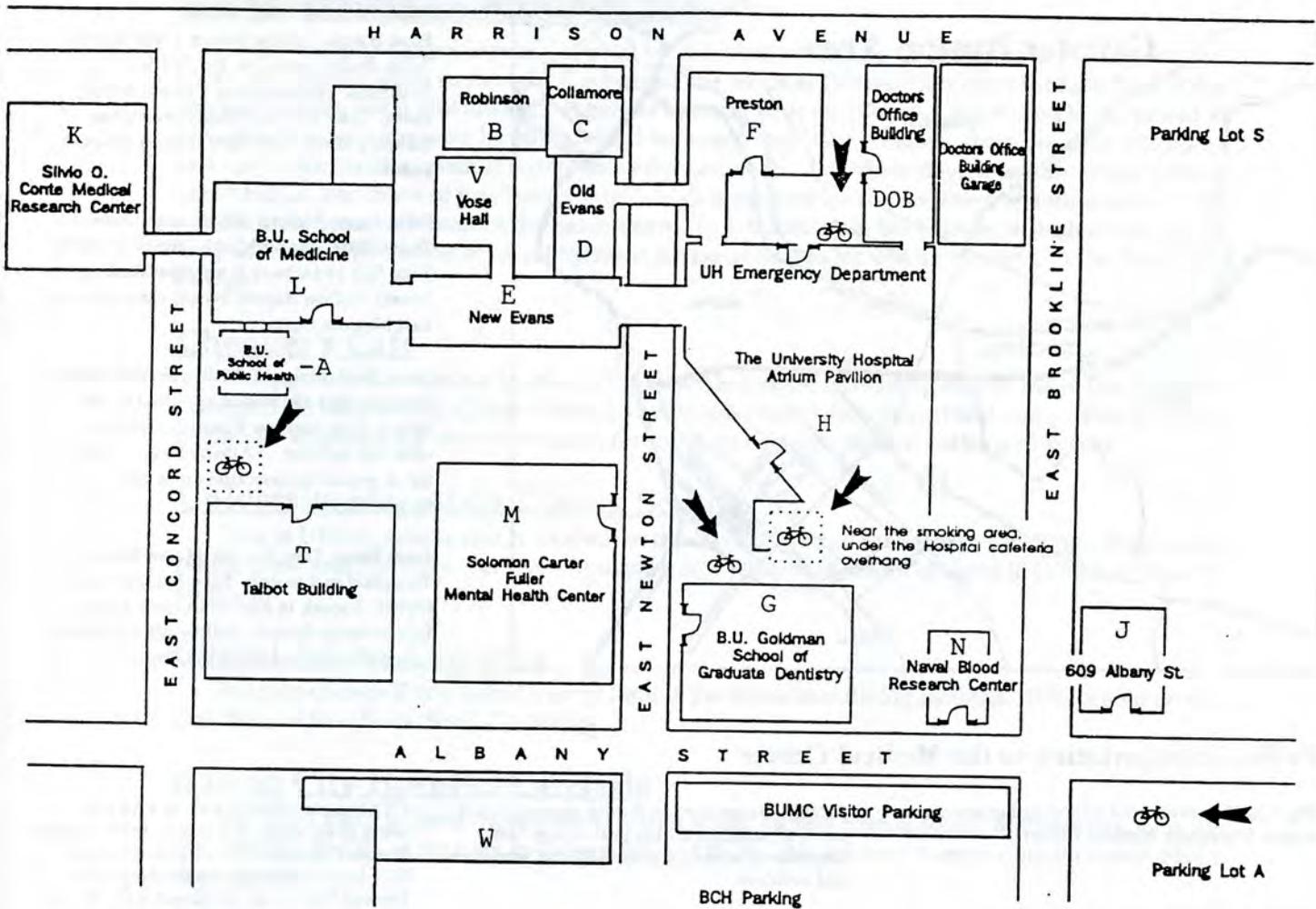
Boston University School of Medicine/  
School of Public Health  
80 East Concord Street

Boston University  
Medical Center Hospital  
88 East Newton Street

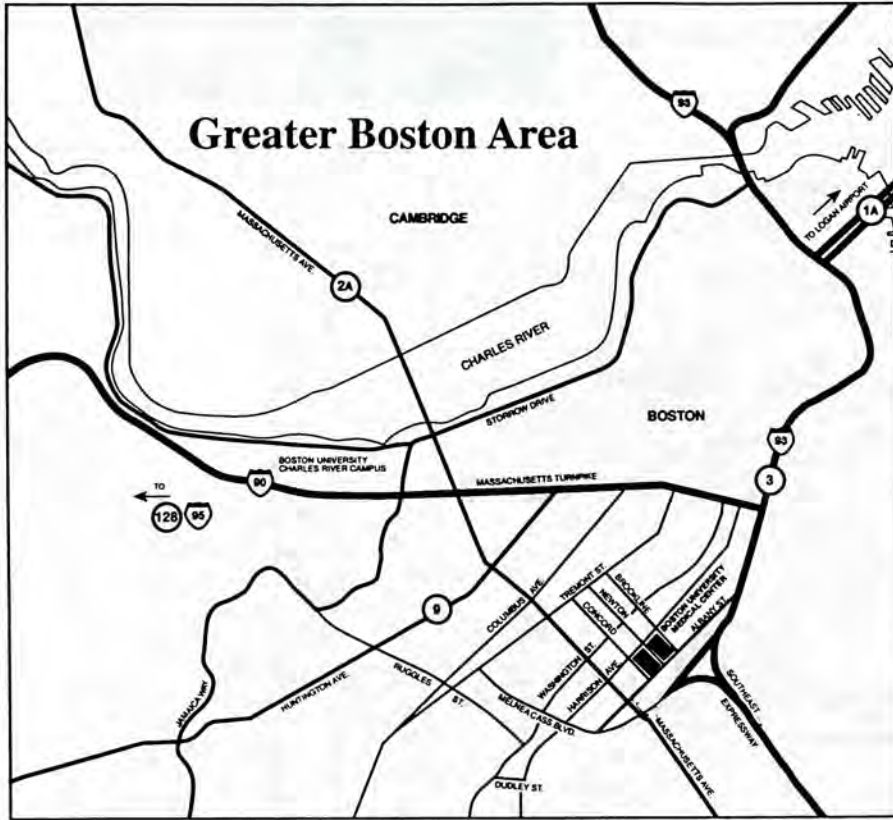
Boston University Goldman School of  
Graduate Dentistry  
100 East Newton Street

Boston, MA 02118

- Whitelaw Conference Room, 5th floor,  
Old Evans
- Wilkins Board Room, 1st floor,  
Evans Building
- Goldman Auditorium, 3rd floor,  
Goldman School of  
Graduate Dentistry
- Auditorium/Audiovisual Center,  
7th floor, Goldman School of  
Graduate Dentistry

**BOSTON UNIVERSITY MEDICAL CENTER (BUMC) CAMPUS****BUILDING ABBREVIATIONS:**

- |  |  |
|--|--|
| A - School of Public Health Bldg.        | H - UH Atrium Building                         |
| B - Robinson Building                    | J - 609 Albany Street                          |
| C - Collamore Building                   | K - Conte Research Building                    |
| D - Old Evans Building                   | M - Solomon Carter Fuller Mental Health Center |
| DOB - Doctors Office Building            | N - Naval Blood Research Center                |
| E - Evan's Building                      | S - 801 Albany Street - not on map             |
| F - Preston Family Building              | T - Talbot Building                            |
| G - Goldman School of Graduate Dentistry | V - Vose Hall                                  |
|  | W - Center for Advanced Biomedical Research    |



## Getting to Boston University Medical Center

**From North:** Follow Routes 1 (via Mystic/Tobin Bridge) or I-93 to Rte. 3 (I-93) (Southeast Expressway or Central Artery) south. Take Exit 19 (Albany Street/East Berkeley Street); turn right on East Newton Street.

**From Logan Airport:** Go through Sumner Tunnel (Rte. 1A South) to Expressway south. Take Exit 19 (Albany Street/East Berkeley Street). Follow Albany Street; turn right on East Newton Street.

**From South Shore:** Take Expressway (Rte. 3) North to Exit 18 (Massachusetts Ave. off ramp.) Turn right on Massachusetts Ave, take first right on to Albany Street. Turn left at second intersection on to East Newton Street.

**From West:** Take Rte. 90 (Massachusetts Turnpike) east to end. Take Expressway I-93/Rte. 3 south to Exit 19 (Albany Street/East Berkeley Street). Follow Albany Street; turn right onto East Newton Street.

## Public Transportation to the Medical Center

The MBTA provides the following bus service to Boston University Medical Center:

**Bus 1:** Harvard Sq. (Red line) to Dudley Sq. via Boston City Hospital, connecting Central Square (Red Line), Hynes/ICA (Green line), Symphony (Green line), and Massachusetts Avenue Station (Orange Line) with BUMC. A free bus transfer is available at Massachusetts Avenue station. Buses travel along Massachusetts Avenue connecting to Mass Ave station as far as Albany Street, then continue to Dudley Square. Service is provided every 10 minutes. An abbreviated schedule is available on weekends and holidays.

**Bus 8:** University of Massachusetts, Harbor Point Campus, connecting with JFK/UMASS (Red line) to Kenmore Square (Green line) via BUMC. It connects BUMC with the Orange Line at Ruggles Station. Buses generally run every 20 minutes during peak hours. An abbreviated schedule is available on weekends and holidays.

**Bus 10:** Copley Square (Green Line) to City Point, connecting Back Bay Station (Orange Line) and Andrew Station (Red Line) with

BUMC. Buses provide service approximately every 17 minutes during peak hours. An abbreviated schedule is available on weekends and holidays.

**Bus 47:** Service From Central Square, Cambridge (Red Line), to BUMC connects Fenway Station (Green line), Ruggles Station (Orange Line), and Dudley Square with BUMC and stops at the BU bridge on Commonwealth Avenue. An abbreviated schedule is available on weekends and holidays.

**Bus 49:** Service on Washington Street runs directly from Dudley Square to Downtown Crossing (close to Red line) via Washington Street and provides service every 10 minutes during peak hours. An abbreviated schedule is available on weekends and holidays.

**CT1 bus** runs from 6:00 a.m. to 6:30 p.m. every 15 minutes, and travels from BUMC/BCH to Central Square (Red line) Cambridge, connecting with Massachusetts Avenue Station (Orange line), Symphony Station (Green line) and Hynes/ICA (Green line)

**CT2 bus** runs from 6 a.m. to 6:30 p.m. every 20 minutes, and travels from Ruggles Station (Orange line) to Kendall Station (Red line) Cambridge, connecting with Fenway Station on the Green line. To Boston University Charles River Campus, take CT3 bus from East Newton St. bus shelter to Ruggles Station to make these connections. (You may also take the Green line to Hynes/ICA and cross the street to take the CT1 that travels along Massachusetts Avenue)

**CT3 bus** runs from 6:30 a.m. to 6:30 p.m. every 20 minutes, and travels from Andrew Station (Red line) to Beth Israel Hospital, connecting with Ruggles Station on the Orange Line.

For more information about transportation services to and from the Medical Center, please call the BUMC Transportation Information line at 617/638-7430.

## DINING FACILITIES

There are four dining services offered by the Medical Center, in addition to the various sub shops and convenience stores which surround the Medical Center. You can purchase food at the Medical Center, but it will always be cheaper to bring your own lunch. You would be surprised at how much money you save by not buying lunch each day. Nevertheless, there are days when you just can't face another peanut butter and jelly sandwich. For those days there are other options listed below. For those of you that will be bringing your own lunches, there is a microwave oven available for use at all times in the basement of the L building, in the 14th floor student lounge, as well as in the UH Cafeteria. A refrigerator is also available for use by students in the 14th floor lounge.

### Chequer's Cafe

Chequer's is the cafeteria located in the basement of the L-building next to the BUMC Student Lounge. Deli sandwiches, Chinese food, individual pizzas, frozen yogurt and many other items are available. Chequer's is very convenient for those 'in between classes' coffee and snacks.

### University Hospital's Dining Service

This is UH's cafeteria and is located on the second floor of the Atrium building. The food is pretty good and not too expensive. You get a 20% student discount on food if you have your ID with you.

### Dental School Cafeteria

Is a nice change if you spend a lot of time at the above two dining facilities. It is located on the first floor of the Dental School Building.

### Boston City Hospital Cafeteria

The food there is fairly inexpensive, with a wider variety than is found at Chequers. It is located on the 2nd flr. of the new In-Patient wing of BCH. This cafeteria is open only for lunch, Monday - Friday.

### Other

There are also **vending machines** for soda, coffee, munchies, soup, sandwich, milk, juice and microwave popcorn in the basement of the L-building. The **Harrison Deli**, located around the corner from the L-building on Harrison Avenue, has good sandwiches and daily specials. Flash your BU ID and receive a 10% discount. **MG's**, located at University Hospital in the Doctor's Office Building, serves excellent Middle-eastern food. **Scola's Deli Cafe**, next to C-Lot on Albany Street, has a number of hot items and sandwiches as well.

## STUDENT AREAS

### Basement Lounge

It is located next to Chequer's in the basement of the L-building. The lounge is a great place to relax before classes (if you're an early bird) or in between classes. It has a TV which gets very good reception. It also has several couches and tables to sit and eat at. The couches are comfortable enough to sleep on (when you're totally zonked). This year, the lounge will be expanded to make room for the e-mail terminals and mailboxes. Also, the current computer lab will be moving to the library, so there will be another lounge in place of it.

### **Hiebert Lounge**

This lounge is located on the 14th floor of the instructional building. Due to the construction of the basement lounge, Hiebert Lounge hasn't been too popular for the students. However, it still offers a great view of the city, quiet study areas (unless there is a function), and a piano to boot. The piano isn't that great, but it functions.

### **McNary Learning Center (MLC)**

The McNary Learning Center is scheduled to open in August and should be a wonderful addition to BUMC for students. You can enter the MLC through the instructional building. It boasts 7 seminar rooms (you'll see it during IP), 5 classrooms (all equipped with hi-tech audio-visual systems), a computer room (loaded with PowerPC's) and one large conference room. Interspersed in the MLC will be reception areas and little lounges for students to relax before classes. Hopefully in the future, we can get a student area where a copy machine and fax machine will be available for student use.

## IMPORTANT NUMBERS

	ROOM	NUMBER
Medical School Switchboard		638-8000
Charles River Campus Switchboard		353-2000
Student Directory		353-3700
<b>Alumni Association</b>	L-120	638-5150
<b>Departments of Basic Science</b>		
<i>Department of Anatomy and Neurobiology</i>	L-1004	638-4200
<i>Department of Biochemistry</i>	K-225	638-5090
<i>Department of Microbiology</i>	L-504	638-4284
<i>Department of Pathology</i>	L-814	638-4501
<i>Department of Pharmacology</i>	L-603	638-4300
<i>Department of Physiology</i>	L-704	638-4390
<i>Department of Psychiatry</i>	P-914	638-8141
<i>Department of Socio-Medical Sciences</i>	A-407	638-4640
<b>Division of Medical and Dental Services</b>	L-316	638-5120
<b>Educational Media Services</b>	L-307	638-4098
<b>Office of the Dean</b>	L-103	638-5300
<b>Office of Minority Affairs</b>	L-102	638-4163
<b>Office of the Registrar</b>	C-329	638-4160
<b>Office of Student Affairs</b>	L-109	638-4166
<b>Office of Student Financial Management</b>	L-315	638-5130
<b>Student Support Services</b>	A-102	638-4195
<i>Verna Lacey, Director</i>		
<b>Miscellaneous</b>		
<b>Central Control</b>	L-G04	638-4144
<b>Laboratory for Instructional Technology</b>	L-11	638-5433
<b>Libraries</b>		
Alumni Medical Library	L-12	638-4232
Mugar Library		353-3708
<b>Mail Room (for messages)</b>	L-107	638-4156
<b>Occupational Health</b>		638-8400
<b>Office of Parking Services</b>	R-102	638-4915
<b>Transportation Coordinator</b>	V-307	638-7430

**Pay Phones** are located on the first floor of the Med School across from the elevators and across from the Office of Student Affairs, in the basement of the L-building across from the elevators, on the 12th floor at the entrance to the Alumni Medical Library, and on the first floor of the UH Atrium.

**House phones** are located on most floors in the Med School. Making an on-campus call from a house phone is simple:

- *For BUMC (638 exchanges)*  
Dial the last five digits of the phone number (i.e. 8-8000)
- *For Charles River Campus (353 and 352 exchanges)*  
Dial 126 followed by the last five digits of the phone number (i.e. 126-3-3700)

**Fax Machines** are available for incoming and outgoing faxes at the Charlesbank Health Sciences Bookstore and the George Sherman Union ticket office (2nd floor) on the Charles River Campus.

## RESOURCE PEOPLE

During the Orientation, you will meet all sorts of Deans and Department Chairs. These people are certainly good to know and are the ones who can help you out in several situations. The purpose of this section is to introduce you to a few of the "behind the scenes" people whom you may not meet otherwise. For certain specific problems and questions, these people are the ones to see.

**Roberta Bloom, Liz Gallagher, Susan Norris, Georgia Slattery, Tamara Ward, L-109, 638-4166**

The individuals above can be found in the Office of Student Affairs. They have many responsibilities at BUSM and can be very helpful to all students. Please do not hesitate to contact them with any questions or problems which may arise during your medical school career.

**Jebby Debasitis, L-307**

Jebby is the person who coordinates the microscopes and their locker assignments. If you have questions of problems with a rented microscope, contact Jebby in Educational Media Support Services.

**Ted Dineen, L-1004, 638-4245**

Ted is the person in charge of the Gross Anatomy Laboratory. If there are problems with your pass-card for the Gross Lab, he is the person to contact. He is also the person to see regarding any problems with your slide boxes from Neurosciences.

**Barbara DiRusso, L-104, 638-4147**

Barbara is the Curriculum Coordinator in Dr. McCahan's office. You will definitely meet her in the second year when she helps you coordinate the Biology of Disease course. However, you may have the pleasure of meeting her during the first year since she does the lion's share of the coordination for the Introduction to Clinical Medicine course. She also serves as the facilitator for the lunch time discussion groups. If you have any problems regarding the ICM schedule or the workshops, see Barbara.

**James Munroe, 638-4122**

Jim is the Manager of Custodial Services in the Office of Facilities Management. He is the greatest asset to students preparing special events at the Medical Center.

## STUDENT SERVICES

### Office of Student Affairs (L-109)

The Office of Student Affairs (OSA) is the hub of all student services and activities. If you have a question or concern and do not know where to turn, you might begin your search in this office. Your student records are kept in this office, and you should get into the habit of reviewing your file on a regular basis. This educational record will help the deans to write letters of recommendation for you in your fourth year as well as letters that you may need throughout medical school, so you should make sure that all the information is current and correct. The OSA is responsible for monitoring your academic progress, so it is to your advantage to be familiar with this office. Most important, though, Dr. Culbert and the other members of the Office of Student Affairs are your advocates, and are here to help you with any problems that you might have. If you have questions or concerns about school, you should come to this office first so that they may help you in working it out.

## Office of Student Financial Management

Over the past couple of years, financial matters have come to the forefront of our lives. This is especially true at the School of Medicine. Tuition for the 1995-1996 school year will be over \$30,000 and will increase every year in the future. On top of that, there are costs for housing, food, books, equipment, and entertainment (at \$7.50 a crack, movies aren't exactly the budget-minded student's dream come true). The estimated student expense budget for the 1994-1995 school year was over \$44,000. This includes an estimate of \$9,300 for room and board, which is a very low estimate.

Unfortunately (or, typically), there is a lot less money available to help students with their expenses. Almost all medical school financial aid is in the form of loans. The Office of Student Financial Management tries to distribute the available scholarship (very little) and loan money in the most equitable manner. They try very hard to explore all possible options with each student so that the student can both pay for medical school and graduate with a manageable debt portfolio.

A viable and often chosen alternative is to have Uncle Sam pay for your education. The **Health Professions Scholarship Program (HPSP)** is offered by the Army, Air Force and Navy. Each service is a bit different, but all will pay for tuition, books, fees, medical insurance, instruments and give you a monthly stipend (approximately \$800) to boot. BUSM traditionally has enrolled the most HPSP recipients of any medical school in the nation. To be eligible, you must be a citizen of the United States and meet the prescribed eligibility criteria for appointment as a commissioned officer. Once commissioned, you will be a Second Lieutenant or an Ensign — depending on the service you join. Those students who are reading about the HPSP for the first time, it may be too late to apply for the 4-year scholarship. However, many 3 year scholarships are available. The Army traditionally has more scholarships (1,2,3 and 4 year) and more choices for residency training, but if you are interested in the other services, check them out! For more information and questions, contact Robert Oh, Box 392. For specifics about each service and to get an application, contact the resources listed below:

### **ARMY**

*Virginia Di Rosario*  
Army Medical Personnel Procurement  
McCormack Building, Room 403  
Post Office Square  
Boston, MA 02109  
(617) 426-7913 COLLECT

### **AIR FORCE**

*SSGT John W. Baumann*  
U.S. Air Force Medical Service  
50 Mall Road, Suite G18A  
Burlington, MA 01803  
(617) 270-4134 COLLECT

### **NAVY**

*LT Monica M. Sheil*  
Medical Officer Recruiter  
Navy Recruiting District Boston  
495 Summer St.  
Boston, MA 02210-2103  
(617) 451-4054/4141

Some "Outside Sources" also have financial aid available. Small grants and loans from a few individual foundations, corporations, clubs, and religious organizations go to a few BU students. They aren't much when you compare them to the number of financial aid applicants, but they are very helpful to the students who get them. Keep an eye on the bulletin board outside the Office of Student Financial Management for information.



It is critical for you to thoroughly learn and understand the loans in your package, since they often change from year to year. Two financial aid publications are available in the Office of Student Financial Management. These are, *Financial Assistance 1992-1995* and the *Entrance Review 1994-1995*, which are very useful. Each gives you examples of possible pay back schedules. While neither book is easy reading and they both will make your fiscal prospects look worse than those of the government, you should familiarize yourself with their contents. Around mid-July, award letters to the first year class are mailed out.

If you have any questions (and we are sure that you will) call the Office of Student Financial Management at 638-5130 or send e-mail to: [osfm@med-mail.bu.edu](mailto:osfm@med-mail.bu.edu).

## **Student Advising**

Your medical school experiences will significantly influence the selection of your particular career choice. Our office is here to help insure that you have the best available services for advising and counseling during your years at the medical school.

There will be multiple opportunities for you to meet faculty advisors on an ongoing basis during the first year of medical school. You will also be assigned a peer advisor from the second year class. These advisors are available to you as role models, mentors, sources of information and also as advocates should you encounter academic or personal difficulty. In addition, workshops on career planning and specialty selection are offered throughout medical school.

If you have any questions contact Suzanne Sarfaty, Assistant Dean for Student Affairs in the Office of Student Affairs (638-4166).

## **Handicap Accessibility of BUSM Facilities**

Most of the first year lectures and discussions will take place in the L-building, which is the main medical school building. It has a wheelchair ramp at its front entrance. The main lecture hall which will be used is Bakst Auditorium. Bakst is located in the A-building, which is right next to the L-building. There is a wheelchair ramp leading to it from the L-building, as well as another chair lift leading to the stage. Labs and discussions will take place in the Anatomy Lab on the 10th floor, and in the student base labs located on the 2nd floor. Both of these are accessible to wheelchair bound students, and the Anatomy staff is willing to lower the dissection tables for disabled students. These are also stools available. If there is any difficulty, speak with Dr. Gene Blatt, Course Manager.

There is a bank of three elevators which go to all 14 floors of the L-building. In addition there is another bank of two service elevators which only go up to the 10th floor. None of these are known for their quickness, so leave yourself plenty of time to get places.

If you drive and have a handicap license plate, there are handicapped parking spaces directly in front of the L-building. If you plan to drive to school on a regular basis, talk to Dr. Arthur Culbert concerning parking. He may be able to get a space for you in front of the L-building.

If you have any questions regarding handicap accessibility of the school's facility, do not hesitate to contact Dr. Culbert, Associate Dean of Student Affairs.

## **Mental Health Needs**

The life of a medical student is very demanding, both academically and personally. At one time or another during the four years of medical school, some students may feel the need for counseling services. As such, personal counseling is available to all BUSM students. A number of confidential

resources, either covered by insurance or as a free service of the medical school, are in place to meet a range of personal issues. Roy Shulman, M.D., has been the referring psychiatrist for medical students for many years. He can often see you within 24 hours if necessary. He can be reached by calling his office at 354-1551. Dr. Shulman will perform an initial assessment and referral at no charge to the student. Students will need to access their own health insurance to avail themselves of follow-up services. Alternatively, students may speak to Verna Lacey (638-4195), Dr. Elaine Alpert (638-4118), Dr. Arthur Culbert (638-4194), or Dr. Suzanne Sarfaty (638-4166) for other confidential referrals. Counseling is also available at The Counseling Center, 19 Deerfield Street, 353-3540.

## **FACULTY COMMITTEES**

### **Admissions Committee**

Headed by the Associate Dean John F. O'Connor. Reviews application, conducts interviews and selects students for the four year program. Twenty-four faculty members serve on the committee. Students chosen from the second, third, and fourth year class serve on this committee.

### **Curriculum Committee**

Headed by Dr. John McCahan, this committee is composed of members of both clinical and pre-clinical faculty and student representatives. The Committee guided a major curriculum revision through the School in 1991 and has since been involved in the full implementation and evaluation of the curriculum change. The Committee considers issues of policy regarding course implementation, time and course distribution within the academic year, curriculum evaluation, faculty development and other associated topics.

### **Executive Committee of the School of Medicine**

This committee acts on all recommendations concerning the educational mission of the School and receives reports from the various committees. It is composed of all the deans, chairpersons and directors of centers within the medical school. It is chaired by Dean Aram Chobanian and deals with the specific issues after they come out of the committees and before they go to the faculty for a vote, as well as other issues of importance to the Medical School. This is a valuable place to have student representation in order to inform the committee of student opinion and to transmit the decisions being made to the students. There are two student representatives on the committee.

### **Promotions Committee**

There are three in total, one for the first year, one for the second year and a combined committee for the clinical years. Each committee is composed of course managers/clerkship coordinators. The function of the First Year Promotions Committee is to determine whether you will proceed from the first to the second year. The committee follows standard guidelines in each case, which are distributed to each first year student at the beginning of the year.

### **Subcommittee on Appeals of the Student Promotions Committee**

This subcommittee of the Promotions Committees exists to consider student appeals of a Promotions Committee decision. The Subcommittee must be composed of two faculty members from each of the first three years (three chosen by faculty and three chosen by SCOMSA). The subcommittee has revised decisions in the past and is the best place to go if you feel you have been handed an unjust or inappropriate decision by the Promotions Committee.

### **Institutional Review Board for Human Research (IRB)**

This board oversees and approves or disapproves all research in the Medical Center regarding

human subjects. The board is composed of physicians, attorneys, lay-persons, and two student representatives (who are considered full members of the board).

### **Financial Aid Scholarship Committee**

This committee meets to set the policies that are followed on awarding financial aid and scholarship. Dr. Arthur Culbert is the chair.

### **Ad Hoc Committees**

These committees are formed when new issues or problems arise which the School may choose to address. Frequently, students are asked to serve on these committees. Currently, SCOMSA has an ad hoc Committee on Advising and an ad hoc Committee for monitoring issues concerning the 14th floor student lounge.

## **SECURITY & EMERGENCIES**

The Medical Center is located in an area generally described as having a high crime rate and BUMC has instituted precautionary measures. Escort service is available to parking lot C if requested. It will also take students to the Trustee's Management Building at Boston City Hospital. Security is located in the basement of 609 Albany Street.

Fire emergency instructions are located on all floors. If evacuation of the building becomes necessary, please use the stairways. In NO CASE should elevators be used. You will find an Emergency Yellow Telephone located on each floor opposite the elevators. These are for emergency use only.

Located in the basement of the L-building in room G-04 is Central Control. This room is manned 24 hours a day. This operation is your direct link with any maintenance problem that you may encounter such as locked classrooms, elevator problems, fire, emergencies, etc. Central Control is in constant contact with the Medical Campus Police who will assist you however they can. The telephone number for Central Control is ext. 8-4144.

At 6:00 p.m. entrances to BUSM are lock and are not reopened until 7:00 a.m. You may enter the School of Medicine through the main doors after hours, but you must show your ID or sign in. **YOU MUST HAVE YOUR I.D. BADGE AVAILABLE AT ALL TIMES**

BUSM Emergency	638-5000
BUSM Non-Emergency (Including Escort Service)	638-4568
UH Security	638-6667
Chemical Spills	638-5555

## BUMC POLICIES

### POLICY REGARDING HEALTH CARE OF MEDICAL STUDENTS AT BUSM:

#### I. General Statement Regarding Health Care for Medical Students:

Each student is strongly encouraged to establish a relationship with and utilize the services of a primary care physician for comprehensive health care as well as for the acute care of illness. In addition, students enrolled in the School of Medicine may obtain walk-in medical care at the Student Health Service on the Charles River Campus, 881 Commonwealth Avenue.

#### II. The Occupational and Environmental Medicine Service:

The Occupational and Environmental Medicine Service (OEM), located on the Medical Campus, is available to students in the School of Medicine for the following purposes:

1. to maintain and store records of health histories, physical examinations, immunizations and screening tests that are occupationally related to the student's required activities while enrolled in the School of Medicine,
2. to administer and record results of PPD's and other screening tests as required by university, state and/or federal standards, as they apply to medical students, and
3. to provide and/or coordinate care related to occupational accidents and exposures.

#### III. Health Insurance:

Massachusetts state law requires all full-time students to have health insurance, either through one of the Boston University Blue Cross plans offered, or through an outside plan chosen by the student. Unless the student declines the University Blue Cross plans by so indicating on the BUSM Student Health Insurance Enrollment/Declination Form, the Blue Cross Master Medical plan will become the default option and the student's account will reflect the appropriate premium.

#### IV. Pre-matriculation Physical Examinations for Medical Students:

##### Baseline Physical Examination:

Within twelve (12) months **prior** to matriculation in the School of Medicine, the student must arrange to have a **comprehensive physical examination** performed and recorded on the Health History and Physical Examination Report. This Report

must be returned in duplicate to Occupational and Environmental Medicine at the following address:

Boston University Medical Center  
Occupational and Environmental Medicine  
88 E. Newton Street, D-203  
Boston, MA 02118

"Att: Health History and Physical Examination Report - BUSM"

It is strongly suggested that the student retain a personal copy of this form as well as other important documents.

#### V. **Required Immunizations, Screening Tests and Procedures:**

Each medical student at Boston University School of Medicine is **required** to provide documentation of the following immunizations, serologic tests or screening tests **prior to matriculation** in the School of Medicine. Serologic documentation of immunity, if available, can be substituted for proof of vaccination:

**Students who fail to provide the required information WILL NOT BE ALLOWED TO ATTEND CLASSES OR CLINICAL ROTATIONS in the School of Medicine.**

##### Required Immunizations:

**Hepatitis B:** Each student is required to provide written proof of immunity to hepatitis B prior to enrolling in the School of Medicine. Such proof may be in the form of a serologic test documenting core and surface antibody positivity to native disease, or surface antibody positivity in response to prior vaccination. The hepatitis B vaccination series consists of three vaccinations over a six month period, followed by a serologic test for the presence of antibodies to hepatitis B surface antigen at least one month following the third injection.

A student who has begun, but has not completed the series of vaccinations against hepatitis B will be permitted to complete the series after matriculation, in accordance with the recommended schedule. Documentation of the completed series must be filed in Occupational and Environmental Medicine. A student who declines immunization and who does not provide proof of immunity to hepatitis B **must** decline on an annual basis, **in writing**, on the Boston University School of Medicine Hepatitis B Vaccination Form. The written declination will be kept in the student's health file at OEM.

**Rubeola:** Each student is required to provide written proof of immunity to rubeola prior to matriculation. Written proof may consist of either a positive serologic test for rubeola, or documentation of two injections of either measles-mumps-rubella (MMR) or rubeola vaccine. Students who are not able to demonstrate immunity to rubeola via one of the above methods are required to receive the necessary immunizations.

**Rubella and Mumps:** Each student is required to provide written proof of immunity to rubella and to mumps prior to matriculation. Written proof may consist of either positive serologic tests for rubella and mumps, or documentation of having

received either MMR, or rubella and mumps vaccines. Students who are not able to demonstrate immunity to rubella and/or to mumps via one of the above methods are required to receive the necessary immunizations.

**Tetanus/diphtheria:** Each student must provide documentation of immunization with diphtheria/tetanus toxoid (Td) within ten years prior to matriculation.

#### Required Screening Tests:

**Tuberculosis skin test:** A baseline tuberculosis skin test (purified protein derivative, [PPD]) must be performed within three months prior to matriculation in the School of Medicine. Each student will then receive a second PPD on arrival to the School of Medicine, and then on an annual basis.

Should a student test positive to PPD, the student must consult his/her primary physician for a chest x-ray and medical evaluation for isoniazid (INH) prophylaxis or other appropriate treatment. A report of this evaluation must be sent to Occupational and Environmental Medicine with the Health History and Physical Report. A student who is documented to be PPD positive will not be required to undergo repeat PPD testing.

**Varicella:** A student who is unable to declare past infection with varicella (chicken pox) should undergo serologic testing for immunity to varicella by his or her primary care physician. A student who is determined to be sero-negative for varicella should then either be vaccinated against varicella, or avoid contact with patients who may have acute infections with varicella (chicken pox or varicella zoster).

Documentation of immunization and/or screening must be recorded on the Boston University School of Medicine Immunization Form, which must be filled out by the student's personal physician and mailed directly to Occupational and Environmental Medicine at the address on the form.

#### **V. Disability Insurance:**

Boston University School of Medicine (BUSM) provides a group disability insurance policy that covers all students enrolled in the School of Medicine. The cost of this coverage is included in the Student Activities Fee. Each student has the option to continue coverage on an individual basis upon graduation from the School of Medicine, without the need to furnish further evidence of insurability, including a physical examination or blood tests.

#### **VI. Universal Precautions and Bloodborne Pathogens Training:**

The School of Medicine will provide annual **mandatory** training in the Occupational Safety and Health (OSHA) Standards for Universal Precautions and in other methods of protecting students against bloodborne exposures.

### **Alcohol Policy**

All student related functions that are supported in some part through the Office of the Dean will not include presence or the consumption of alcohol. The Medical School's policy on the possession and the use of alcohol and drugs is consistent with that of Boston University as expressed in the "Boston University Statement on Illegal Drugs and Alcohol."

## **Class Cancellation/Weather Policy**

Classes at the Medical School will not be canceled unless a state of emergency is declared and the roads in Boston are closed to all but emergency vehicles. When Boston University closure is announced on the radio or television, it should be interpreted that the announcement refers to the Charles River campus only unless specifically stated otherwise.

There may be occasions when non-essential personnel on the medical campus are told not to report to work or are dismissed early due to poor weather conditions. Classes at the Medical School will still be held.

Student assignments that require travel to outlying locations as occur during ICM-1 or ICM-2 may be individually canceled. Notification will usually occur during morning classes.

Student clerkships in the third and fourth years are not canceled in even the most severe weather. (Hospital personnel including students are considered essential). The only exception is the Home Medical Service which has its own students notification system.

## **Honor Code**

On the following pages, you will find the Code of Professional Conduct. Although it is currently being rewritten, please read it thoroughly and carefully. You will be tested on the material during Orientation Week. Just kidding...

## **CODE OF PROFESSIONAL CONDUCT**

Passed March 8, 1972 by the General Faculty

### **PREAMBLE**

Because cheating is uncommon, most people lacking experience with this problem are not prepared to act effectively if they happen to witness it. On the other hand, the two rigid systems which are used to prevent or detect cheating —strict proctoring and the "honor system"— probably do more harm than good, and in many situations probably do not work anyway.

The strict honor system is flawed in that it can fail too easily. Many students who catch an offender in the act might be unwilling to invoke proceedings (potentially vastly out of proportion to the offense) against a perhaps momentary indiscretion on the part of someone who has otherwise been a responsible and honorable student. This point is particularly pertinent in a small community such as ours where relatively close interpersonal relationships and group pressures could make having to report someone an extremely unappealing task. Further, the strict honor system implies retribution against a student who sees an offense and does not report it if the witness himself is somehow caught. This implication seems fully as coercive as rigid proctoring and fundamentally , undercuts the spirit of the honor system.

Up to the present, there have been no guidelines for people — students and faculty alike — to follow if they witness dishonesty. The rare infractions have been dealt with informally and quietly, or dealt with too late or ignored. Our purpose is to provide witnesses, some of whom have been extremely disturbed not only by the cheating itself but also by the apparent lack of anything they could do about it. We want to fulfill this purpose retaining as much of the past atmosphere of unspoken mutual trust as possible.

The following BUSM system tries to solve these various problems. It depends on a conviction in all students that cheating in medical school is a poor start to a medical career, and that immediate corrective steps by a witness to cheating is a real service to the offender.

1. Many cases should be handled between the witness and the offender, simply by the witness — faculty or student — confronting and rebuking the offender, without going any further. The knowledge that he/she had been seen, and that the witness cared enough to mention it would deter most offenders from repeating. Also, the cheater has behaved in such a manner as to make the witness uncomfortable in his presence for perhaps the rest of their medical school and professional careers. The witness has, at least, the right and duty to make the offender equally uncomfortable in his presence. If a student will not undertake the responsibility of at least this step, the strict proctoring system would certainly fail and the only alternative is a strict proctoring system.

2. In the case that the observer faculty or student — feels that the offense merited action beyond personal rebuke, the observer should report the case to the Chairperson of SCOMSA and/or the Associate Dean of Student Affairs who would form a committee of five students, selected at random from the student body to consider it. It is felt that a student committee would be preferable to the extreme escalation that going to the Administration might represent to some witnesses. The details of this committee's responsibility and powers are described in full elsewhere and may be obtained from the library or the Office of Student Affairs.

Ideally, no act of cheating, if witnessed, should be ignored, and yet under any conditions that alternative available to a witness encourages inaction. Hopefully, this system will minimize such inhibitions, and students and faculty members who do see cheating will be able to act effectively.

3. The matter goes to the Dean's Office if the offender is agreeable (Amendment)

### **PROPOSED DESCRIPTION AND BY-LAWS OF THE STUDENT SYSTEM FOR DEALING WITH ACADEMIC AND CLINICAL DISHONESTY**

1. Students receive copies of an explanatory preamble and this document on entering the first year of medical school. After reading this material, the student will sign the following declaration:

I accept the fundamental necessity of integrity in my academic and professional careers and will conduct myself accordingly. I am aware of the alternatives provided by the Code of Professional conduct to deal with dishonesty, and will make use of this which I believe are in order if the necessity arises.

2. If a student or faculty member sees someone behaving dishonestly, he decides whether to confront only, or to report to the Student Committee on Cheating, and then does one or the other:

- a. Confrontation would involve a private personal communication of what was seen, and might include a statement of what the observer thinks of cheating, a request for reasons why it occurred, and assurance that it will not recur.
- b. Reporting to the Student Committee on Cheating would consist of a detailed written and signed report of the episode to the chairperson of SCOMSA and the Associate Dean for Student Affairs. If, for any reason, the Chairperson of SCOMSA is unable to fulfill his/her role, he/she will be replaced by the Vice-chairperson of SCOMSA.

3. Committees shall be called to consider cases of academic or clinical dishonesty, including dishonesty involving exams, dishonesty in studying (taking other people's notes, books from the library, etc.). If within a charge of academic or clinical dishonesty there is also present a charge of criminal action or illegal behavior, the Chairperson of SCOMSA must forward the case to the Dean's Office without calling a committee.



4. Refusal by the accused to meet with a committee would force the Chairperson of SCOMSA to forward the case to the Dean's Office.
  5. The committee would be formed by the Chairperson of SCOMSA as follows:
    - a. the accused would exclude members of his class, if he wishes, prior to the selection committee,
    - b. the Chairperson of SCOMSA would draw ten (10) names at random from the remaining medical students and graduate students in the Division of Medical and Dental Sciences,
    - c. the accused could exclude any of these students from the committee, on grounds of personal conflict of interest satisfactory to the Chairperson of SCOMSA,
    - d. a committee of five (5) students would be formed in order of drawing from those remaining in the group of ten (10),
    - e. these five (5) students would be asked by the Chairperson of SCOMSA if their schedule would allow them to participate before they learn the identity of the accused,
    - f. if there were no schedule conflict, each prospective member would learn the accused's identity and be allowed to withdraw on the basis of a personal conflict of interest satisfactory to the Chairperson of SCOMSA,
    - g. if by any of the above mechanisms of exclusion fewer than five (5) of the original ten (10) are eligible to serve, the Chairperson of SCOMSA will continue to draw names at random until a committee of five (5) is named by the above process.
  6. The five (5) students selected will meet with the Chairperson of SCOMSA as soon as possible, and elect a chairperson from the five (5) students, who will direct the activities of the committee to as rapid a conclusion as possible.
  7. All meetings of the committee shall be recorded in full on a tape recorder. The committee shall prepare a written summary of findings and decisions, which shall be signed by all members; if the accused is found innocent, all the tapes shall be destroyed and no record shall be kept of these proceedings. All other tapes and summaries shall be kept, in event of appeals, repeat of offenses, or legal procedures, in a locked file kept by the Associate Dean for Student Affairs, but available to the Dean's Office or any other party only with the written consent of the accused, or in the event of a repeat offense or by court order.
  8. For the purpose of detecting repeat offenders, the file of past hearings will contain a cover sheet listing the names of all individuals who have been accused in the past, excluding those who have been found innocent. Upon receiving a report of cheating, prior to calling a committee, the Chairperson of SCOMSA will obtain access to this cover sheet from the Associate Dean for Student Affairs. If the accused has been before a committee in the past, the Chairperson of SCOMSA will make any record of previous hearings available to the committee at its first meeting.
- If the committee is unable to find the accused innocent, the Chairperson of SCOMSA will enter the name of the accused onto the cover sheet when he/she files the proceedings and final report of the committee.
9. The actions of previous committees on similar cases involving individuals other than those

presently involved will not be available to the committee despite the seeming value of acting on precedent.

10. In a case which involves dishonesty in patient care, if the patient's present or future care might be affected, the committee must ensure that the physicians fully responsible for the patient's care are aware of the pertinent details.
11. Any willing individuals with material evidence to contribute, either on the suggestion of the witness or the request of the accused, may be requested by the Chairperson of the committee to participate in the hearing in so far as it is appropriate for them to do so.
12. The committee may request and expect to obtain exam copies, answer sheets of the accused or of other students if appropriate, hospital record or any other documents pertaining to the case at hand, from the faculty members or departments who keep them. Failure to be granted such documents will be reported to the Associate Dean for Student Affairs. The contents of these documents will remain confidential to the committee.
13. The accused will be allowed the presence of any non-participant he wishes. If the actions of these individuals impede the progress of the committee, the Chairperson may bar them from attending further.
14. It is not necessary for the accused to bring legal counsel to the committee meeting. If he/she insists on legal counsel, the case must be forwarded to the Dean's Office.
15. If for any of the possible reasons mentioned in this procedure, the case is forwarded to the Dean's Office for investigative purposes, the accused is entitled to legal counsel.
16. The committee may refer to the Chairperson of SCOMSA for advice on any technical or procedural matters as it sees fit, and he, in turn, may refer to the Associate Dean for Student Affairs if necessary and so long as confidentiality can be preserved.
17. Positive findings of innocent or guilty and final actions by the committee must have the support in secret ballot of at least three of the five committee members. Final action by the committee is their decision and may involve any measure they deem appropriate to the case. We offer the following spectrum of possibilities solely as an orientation to the range of actions open to them:
  - a. the committee may find the accused innocent,
  - b. the committee may find the evidence insufficient one way or the other and dismiss the case,
  - c. the committee may find the accused guilty. In general, the committee should, whenever possible, attempt to act in a spirit of correction and prevention, rather than in a punitive spirit. One way or the other, actions available to it might include
    1. reprimand by the committee,
    2. requiring the offender to re-take the exam (the mechanics of which would be handled by the Associate Dean for Student Affairs), with or without entrance of the affair into the offender's intramural record or extramural transcript,
    3. request of reprimand by the Dean's Office, which would require entrance of the affair into the intramural record but not extramural transcript,

4. decision that the offense was so serious as to require punitive as opposed to corrective measures: i.e. probation, suspension or dismissal from the school. In this case, evidence, findings and recommendations, upon receipt of which the Dean would call an Ad Hoc Committee of the faculty to investigate, and final decision would be made by the Executive Committee of the faculty.

18. All final decisions of guilt or innocence by the committee are binding on the faculty and administration. Recommendations are not binding.

19. Appeal by the accused shall be available through the Boston University Judiciary System.

## **SUMMARY OF THE CODE OF PROFESSIONAL CONDUCT**

1. If a student of faculty member sees someone behaving dishonestly, he or she decides whether to confront only, or to report to the Chairperson of SCOMSA and/or the Associate Dean for Student Affairs.

Confrontation would involve a private personal communication of what was seen, and might include a statement of what the observer thinks of cheating, a request for reason why it occurred, and assurance that it will not recur.

2. If the situation is reported to the Chairperson of SCOMSA and/or the Associate Dean for Student Affairs, a Code of Professional Conduct Committee (hence referred to as "the committee") may be called to consider cases of academic or clinical dishonesty. If within a charge of academic or clinical dishonesty, there is also present a charge of criminal action or illegal behavior, the Chairperson of SCOMSA must forward the case to the Dean's Office without calling a committee. Refusal by the accused to meet with a committee would force the Chairperson of SCOMSA to forward the case to the Dean's Office.

The Code of Professional Conduct Committee shall consist of five students. All meetings of the committee shall be recorded in full on a tape recorder. If the accused is found innocent, all the tapes shall be destroyed and no record shall be kept of the proceedings. All other tapes and summaries shall be kept, in the event of appeals, repeat of offenses, or legal procedures, in a locked file kept by the Associate Dean for Student Affairs. These records are available to the Dean's Office or any other party **only with the written consent of the accused, or in the event of a repeat offense or by court order.**

Positive findings of innocent or guilty and final actions by the committee must have the support in secret ballot of at least three of the five committee members. Final action by the committee is their decision and may involve any measure they deem appropriate to the case. A spectrum of some of the possibilities include:

- a. finding the accused innocent, in which case all records of the proceedings are destroyed
- b. finding insufficient evidence one way or the other and dismissing the case.
- c. reprimand by the committee.
- d. requiring the offender to re-take the exam.
- e. request of reprimand by the Dean's Office, which would require entrance of the affair into the intramural record but not extramural transcript.
- f. decision that the offense was so serious as to require punitive as opposed to corrective measures (i.e. probation). In this case, the case and materials would be forwarded to the Dean, who would call an Ad Hoc Committee of the Faculty to investigate, and final

- decision would be made by the Executive Committee of the faculty.
- g. appeal by the accused shall be available through the Boston University Judiciary System.

### **Leaves of Absence**

At the discretion of the relevant Promotions Committee, a student may be granted a Leave of Absence of up to one year.

1. Re-entry to the curriculum from any Leave of Absence is contingent upon approval by the Promotions Committee.
2. For return from Leaves of Absence, the Promotions Committees may require evidence of readiness to re-enter the curriculum. This may include, but is not limited to independent medical, psychiatric, and/or psychological evaluations to be conducted by specialists chosen by the School of Medicine.
3. A student returning from a Leave of Absence may be required to re-enter the curriculum on a probationary status, the nature and duration of which will be determined by the appropriate Promotions Committee. While on probationary status, a student's performance will be monitored closely by the Promotions Committee for evidence of satisfactory progress. Lack of such progress may lead to additional action by the Promotions Committee.

### **Policy on Smoking**

It is the policy of the Boston University School of Medicine that all common areas are considered "No Smoking" areas unless clearly designated for smoking. Smoking is NOT ALLOWED in buildings on the Medical Campus.

### **Promotions Policy**

#### **Qualifications for Promotion**

To continue and progress within the curriculum, be promoted from year to year and, thus, ultimately to graduate from the School of Medicine, each student must be deemed qualified by the appropriate Student Promotions Committees on the basis of standards and requirements described in this Statement of Procedures and in the written Policy Statements of the appropriate Student Promotions Committees. In addition to cognitive performance, students' behavioral performance is subject to evaluation. Students are expected to be honest, conscientious, and reliable in carrying out their assignments. Their behavior toward colleagues, faculty, patients, and others they deal with in their role as medical students is expected to be appropriate, reasonable and considerate - consistent with medical professional standards.

A student who fails to qualify for continuation or progression within the curriculum or for promotion from year to year will be subject to action by the relevant Promotions Committee. Such action may include but is not limited to requiring repetition of a curricular year, pursuit of a modified course of study approved by the Promotions Committee, Leave of Absence, or suspension or dismissal from the School of Medicine.

#### **Evaluation of Student Performance**

Each Department or Faculty or other organized teaching program is to evaluate the stu-

dents by means they judge appropriate to their respective courses. These student evaluations will be communicated to the Registrar and the respective Promotions Committee through the Associate Dean for Student Affairs, acting as an agent of the Committee.

**Marks (grades)** summarizing evaluation of student performance must be presented in the form of one of three symbols:

**H (honors)** This mark will be employed to indicate that the student's performance and achievement are of outstanding quality. Consistent performance at this level throughout the curriculum has, in the past, made a student eligible for graduation with academic honors.

**P (pass)** This mark will be employed to indicate that the students's performance and achievement are of acceptable quality. Consistent performance at this level throughout the curriculum is the level expected of a student qualified for promotion and graduation.

**D (deficient)** This mark will be employed to indicate that the student's performance and achievement are either incomplete or at such a level that continued or consistent performance at this level would indicate inadequate preparation for promotion or graduation. The nature of the deficiency must be specified as follows:

**DI (deficiency-incomplete)** - Work in the course is incomplete.

Students must contact the appropriate course manager at once to explain any inability to take a scheduled examination or to meet other formal obligations. If the course manager decides the reason is acceptable (for example: illness, or a death in the immediate family), then arrangements should be made for the student to complete the course requirements as soon as possible. If a student does not present an acceptable reason, then the DI grade is inappropriate, and a grade of DU (see below) will be given instead.

**DL (deficiency-low)** - Work in the course is complete, but at a level of quality only slightly above the minimum standards determined by the Department or the Faculty in that segment of the curriculum. When the Faculty of a course submit a DL mark, they are indicating their concern that if the student performs at the same level in other courses, there is a likelihood that he/she will be markedly impaired in future work within the curriculum or after graduation from the School of Medicine.

**DU (deficiency-unsatisfactory)** - Work in the course was complete but at a level of quality too low to meet the minimum requirements determined by the Department or the Faculty in that segment of the curriculum.

**Qualitative Evaluations:** Many important facets of a student's medical training and subsequent professional practice cannot be measured or predicted by conventional quantitative examination. Examples include but are not limited to a sense of personal responsibility, sensitivity and adaptability to the needs of others, and the ability to form effective working relationships with

peers, to cope with stressful situations, and to accept and respond appropriately to constructive criticism.

These and other qualitative aspects of a student's performance are considered in determining the final grade in many courses, for example, Integrated Problems, Introduction to Clinical Medicine, required clinical clerkships, and clinical electives. The evaluation forms in such courses are transmitted to the Registrar, and included in the student's permanent academic file.

Final grades in some courses, however, may be determined largely by evaluation of acquired knowledge and skills. Wherever they deem it possible, the faculty teaching such courses should complete a supplementary qualitative evaluation for each student. The Supplemental Student Evaluation Form can be used for this purpose. It permits evaluation of professional competence, potential and behavior through use of standardized categories, as well as unstructured commentary intended to indicate the unique qualities of the individual student. A copy of this form is included for your information.

Qualitative evaluations are intended to serve a number of purposes:

1. They provide students with feedback essential to their personal and professional development. Students are required to discuss marginal or adverse evaluations with appropriate members of the Faculty and or Administration.
2. Such evaluations serve to bring students with serious problems to the attention of the Promotions Committees for remedial and/or other action. For this reason, marginal or adverse evaluations may result in formal review of a student's academic record by the relevant Promotions Committee.
3. They also furnish information useful in the preparation of Dean's letters and other letters of recommendation, and in the awarding of academic prizes.

### The Official Transcript

All DI and DU grades must be remedied prior to promotion. When a Promotions Committee judges that a student is qualified for promotion or for graduation, marks of H(honors) and P(pass) only will be transmitted from the Promotions Committee to the Registrar for recording in the student's official record or transcript. Upon promotion, any permissible DL grades will be retained as such in the records of the Departments and the Promotions Committees, but will be transmitted to the Registrar and recorded on the transcript as P(pass).

### Channels of Communication

In order to facilitate and regularize communication concerning student performance, the following procedures are employed:

1. Administration-Student Communication - After marks have been transmitted to the relevant Promotions Committee, a summary of his/her marks should be sent to the student by the Office of Student Affairs. Students should receive their marks prior to any meeting of the Committee. At appropriate intervals the administrative officer should communicate to the student a summary of his/her total record, summarizing marks, narrative comments and other data relevant to the student's planning his/her academic program.

Students may review their complete record at any time in the Office of Student Affairs.

2. Faculty-Student Communication - Whenever possible the teaching faculty should provide students with interim reports of their academic progress during a course. The nature and frequency of such reports may be expected to vary from course to course, depending on the student/faculty ratio, faculty contact time, curriculum schedules, the nature of the learning task, etc. The nature and frequency of such reports should be made explicit to students at the beginning of each course. Students who feel the need for more detailed or more frequent reports should contact the faculty or Department involved; the faculty are the proper sources of such information during a course.
3. Faculty-Administration Communication - In order to facilitate understanding and communication between student and faculty, the Associate Dean for Student Affairs should be prepared to provide the faculty with summaries of relevant data in a student's academic record. Such precis will be provided only upon written request of a Department Chairperson or faculty member who has legitimate educational interest in the information.
4. All access to information within student files is governed by the rules set forth in the University's Compliance Manual for the Family Educational Rights and Privacy Act, a copy of which may be obtained from the Registrar.

#### Student Promotions Committees

All students are promoted from one section of the curriculum to the next by a Promotions Committee. In accordance with the by-laws of the School of Medicine, there shall be a committee for each year of the curriculum for the doctoral program in Medicine. Each of the committees shall be chaired by the Associate Dean for Student Affairs; the Registrar shall act as secretary without vote. The committees of the first three years shall be composed of one voting representative for each course for which independent grades are recorded. The committee for the fourth year shall have the same composition as the third year plus one voting representative for each required course of the fourth year. These Committees shall meet at the call of the Associate Dean for Student Affairs. They shall act in accordance with the faculty rules governing promotion and report their decisions regarding student promotions to the Dean for executive action.

A Promotions Committee may, at any of its meetings, review a student's academic record of cognitive and behavioral performance and take appropriate action.

#### Student Appearance before Promotions Committees

A student must be notified prior to any formal review of his or her record by a Promotions Committee. (For details of the notification process, see the individual Promotions Committees' policy statements.)

Any student may elect to appear before the Promotions Committee accompanied by an advisor of his/her choice from the faculty. At this time the student and/or the advisor can present information that might help the Committee to arrive at the best action to help the student remedy his/her deficiency. The student's advisor may participate in the discussion of the action to be taken by the Promotions Committee but cannot vote in any Committee action.

Legal representation is not permitted at meetings of the Promotions Committees.

### Appeals From Student Promotions Committees' Decisions

In accordance with the by-laws of the School of Medicine, the Committee on Appeals shall be composed of seven faculty members none of whom is also a member of any Promotions Committee. Four faculty members shall be appointed by the Dean and three shall be elected by the student body. Three of the faculty appointed by the Dean and the three elected by the student body must each represent one of the first three curricular years. The Committee is charged with the responsibility to hear any student appeal to any decision of a Promotions Committee and shall take such action as it finds advisable concerning the original decision. As stated in the by-laws, all decisions of the Committee shall be reported to the Dean for executive action.

1. Appeals must be submitted in writing within 10 days after a student receives notice of the Promotions Committee's decision. Under unusual circumstances, the Associate Dean for Student Affairs may grant an extension of the filing deadline, so long as this is requested within the formal 10-day period.
2. Students may elect to appear before the Committee accompanied by an advisor of their choice from the faculty. The advisor may participate in all discussion of the specific student appeal, but cannot vote on Committee actions.
3. The Committee may grant or deny a student's appeal, or it may modify the Promotions Committee's original decision.
4. The recommendations of the Committee on Appeals should comply with the rules governing evaluation, grading and promotion of students, as adopted by the Faculty of Medicine.
5. A student may petition the Dean of the School of Medicine in writing to review decisions of the Committee on Appeals. The Dean should either uphold the action of the Committee on Appeals or return the matter to the initial Promotions Committee for review, stating the grounds that require reconsideration. Recommendations of the Dean regarding student appeals will be made in writing and transmitted to Promotions and Appeals Committees as well as to the student.\*\*
6. No student will be allowed to register for courses in the next curricular year while an appeal is pending.
7. No student will be allowed to take or attend any Clinical Clerkship or Elective while an appeal is pending.
8. Failure to comply with decisions of Promotions and Appeals Committees constitutes grounds for dismissal from the School of Medicine.
9. Legal representation is not permitted at meetings of the Appeals Committee.

### **BUSM I Promotions Committee Policy Statement**

#### **Meetings**

1. The Promotions Committee will meet at the end of the first semester in order to identify students with apparent academic or behavioral problems.



2. The Committee will meet in July to consider final grades and to vote on promotion to the second year of the curriculum.
3. The Committee will meet again in August to consider the results of re-examinations and to vote on promotion to the second year of the curriculum.
4. Additional meetings will be called, as needed, by the Associate Dean for Student Affairs.

### Procedures

1. The Promotions Committee may, at any of its meetings, review a student's entire academic record of cognitive and behavioral performance and take appropriate action. Such action may include but is not limited to requiring repetition of a curricular year, pursuit of a modified course of study approved by the Promotions Committee, Leave of Absence, or suspension or dismissal from the School of Medicine.
2. A student must be notified prior to any formal review of his/her record by the Promotions Committee.

*(Dates and times of regularly scheduled Promotions Committee meetings will be posted on the ADMINISTRATION bulletin board in the first floor lobby of the Instructional Building. Students are responsible for familiarizing themselves with these dates and times. Notice of special meetings will be provided individually to the students concerned. If intending to appear before the Committee on their own behalf, students should notify the Office of Student Affairs prior to the meeting in question.)*

3. A student may submit a proposed plan of action for consideration by the Promotions Committee. Such a proposal normally should be prepared in

consultation with the Associate Dean for Student Affairs and/or a faculty advisor. It must accord with the rules established by the Faculty of Medicine to govern evaluation, grading, and promotion.

4. Any student may elect to appear before the Promotions Committee accompanied by an advisor of his/her choice from the faculty. At this time the student and the faculty advisor can present information that might help the Committee to arrive at the best action to help the student remedy his/her deficiency. The student's advisor may participate in the discussion of the action to be taken by the Promotions Committee but may not vote in any Committee action.
5. Legal representation is not permitted at Promotions Committee meetings.

### **Standards and Requirements**

1. Qualitative Evaluations

Adverse or marginal ratings on qualitative evaluations may result in review of a student's record by the Promotions Committee for possible action.

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2. Final Course Grades

- a) A student will not be promoted to the second curricular year with any DU or DI grades, or with more than two (2) DL grades in required courses.
- b) **A student with four (4) or more DU grades** will be dismissed automatically for poor scholarship.

3. Re-examinations

Students who fail to meet the standards after final grades become available at the end of the academic year may petition the Promotions Committee for permission to remedy DU and DL marks.

- a) A single round of re-examinations will be administered before the start of the next academic year.  
  
*(BUSM I re-examinations presently are administered in August.)*
- b) Students must complete a re-examination registration form in consultation with the Associate Dean for Student Affairs. Normally, a student may not take re-examination in more than two courses. Under unusual circumstances, however, a student may petition the Promotions Committee for permission to take a re-examination in one additional course (total not to exceed three courses). **All re-examinations are subject to approval by the Promotions Committee.**
- c) No grade will be lowered on the basis of a re-examination. **A DU may be raised to DL or PASS. A DL may be raised to Pass. An Honors grade cannot be attained by re-examination.**
- d) Under certain circumstances, a student may be allowed or required to take a **summer course** instead of a re-examination. The program and an acceptable level of performance must be **approved in advance** by the manager of the appropriate Medical School course at Boston University. Upon completion of the course, an official transcript must be received by the course manager who will then transmit a grade of P, DL, or DU to the Registrar at Boston University School of Medicine. **An Honors grade cannot be attained by remedial course work.**

4. Repeating a Curricular Year

- a) A student required to repeat the first curricular year will normally be required by the Promotions Committee to retake all courses in which he/she had originally received a D evaluation (DU, DL, or DI) prior to make-up re-examination. In order to be promoted, the student must attain a grade of Pass in each repeated course without benefit of re-examination. Under exceptional circumstances, however, a student with no DU grades but with a single DL grade in a repeated course, may petition the Promotions Committee to take re-examination in that subject. **An Honors grade may not be obtained when repeating a course.**

- b) No student will be allowed to repeat the first curricular year more than once. (This excludes summer courses taken for make-up purposes.)

*(A student who has repeated the first curricular year will be ineligible to repeat the second curricular year.)*

5. **Additional Considerations**

In exceptional circumstances (for example, upon review of findings of a disciplinary committee or report from the Student Health Service, etc.) the Committee reserves the right to take such action as it deems appropriate.

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