

1984

Guide for incoming first-year students: 1984-1985

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Boston University

GUIDE FOR INCOMING FIRST-YEAR STUDENTS

Boston University School of Medicine



1984 - 1985

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* * * * *

Greater Boston Chamber of Commerce

City of Boston, Office of Tourism

* * * * *

Ms. Nancy Chapin

WELCOME

Welcome to Boston University School of Medicine!

This book is a compilation of resource information, students' critiques and suggestions designed to help you through the first few weeks at school and around Boston. It may also be useful for reference information throughout the year. As far as is possible, the information contained here is accurate, but be prepared for changes.

The first few days can be hectic ones as you settle into a new school and perhaps a new city. You will be assigned a 2nd year student and a faculty member as advisors who can help you with any questions or problems you might have. Feel free to ask other 2nd year students or the people in the Deans' Offices for advice. We are all here to help you.

Despite what you may have heard, medical school can be enjoyable. It is demanding, but somehow during the year you will learn how to digest an amazing amount of material and still find that there is some time left for the "non-medical" activities. To balance the work, students participate in athletics, do community service, and explore Boston's sights and gastronomic delights. There are many ways to approach medical school and the demands it places on your time and energy. There is no "right way" to tackle this problem. Whatever works best for you is the way to proceed.

The delivery of health care is a team effort. This cooperative approach can be effectively used in studying and solving the problems you will encounter in your pre-clinical and clinical training. Whether it is helping in lab, studying in the library or working in study groups, you can meet people and help each other, as well as yourselves.

In addition to course work BUSM offers 1st year students some clinical exposure. Besides being a great break from Bakst Auditorium, it gives a preview of what is to come and makes the book work more relevant and meaningful. To be sure, there will be the pre-exam crunch and times when you will feel the academic burden. These feelings are balanced by the confidence gained as you define and achieve the goals you set for yourself. This will be a year of learning a vast and diverse body of knowledge. Just as important, it will be a year of learning about yourself as you begin the metamorphosis into a doctor.

Again, welcome to Boston University School of Medicine and Good Luck!

Stewart Babbott BUSM II Editor
Daniel Steinberg BUSM II Assistant Editor

	August 27 - 31				September 3 - 7				September 10 - 14				September 17 - 21				
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	September 24 - 28				October 1 - 5				October 8 - 12				October 15 - 19				
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A - ANATOMY
H - HISTOLOGY

B - BIOCHEMISTRY
P - PSYCHIATRY

R. H. - Rosh Hashanah

October 22 - 26					Oct. 29 - Nov. 2					November 5 - 9					November 12 - 16				
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B - BIOCHEMISTRY
 P - PSYCHIATRY

November 19 - 23					November 26 - 30					December 3 - 7					December 10 - 14				
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3:30																			
4:30																			

A - ANATOMY
 H - HISTOLOGY

IMPORTANT NUMBERS AT THE MEDICAL SCHOOL

	<u>Room</u>	<u>Number</u>
Medical School		247-5000
Main Campus (Charles River)		353-2000
Student Directory (Main Campus)		353-3700
Dr. John Sandson Dean, Medical School	L-103	x6062
Dr. Spencer Frankl Dean, Graduate School of Dentistry	G-317	x6384
Dr. William McNary Associate Dean for Student Affairs	L-109	x6058
Dr. John McCahan Associate Dean for Curriculum	L-103	x6065
Office of Student Financial Management	L-218	x5829
Mrs. D. Keefer Registrar, BUSM	L-109	x6057
Ms. J. Jacobs Registrar, BUSGD	G-317	x6352
Student Health Services Dr. Constance Cornog	Talbot Bldg.	x5704
Dental Clinic	G-1	x6300
Alumni Medical Library	12th Floor	x6187 x6190 (page)
Eddie McCarthy	L-1406	x6193
Plant Office (Parking)	L-310	x3458
Central Control	G-04	x6042
Escort Service (UH Security, after 7PM)		x6666
Mail Room		247-6061

THE FIRST FEW DAYS

REGISTRATION - The Registrar has put together an information sheet that includes all the information that you need to register. If you are not completely registered (that means that full payment has been sent and processed), you will receive a note in your mailbox on the first day of school that tells you to report to Registration on the 14th floor the afternoon of August 27th. The note will tell you what is missing.

Please be aware that Boston University is a corporation just like Exxon or IBM. They expect prompt payment of all their bills and are essentially unmoved by stories about Reagan's budget or loans in progress. You must come prepared to pay your bill or provide proof that payment will be forthcoming. The Office of Student Financial Management will issue vouchers to those students who have been awarded financial aid that has not yet been processed. You will know if you are one of those students in the middle of the summer when the Office of Student Financial Management will be issuing the statements of awards to all the students who applied for assistance. That document will tell you exactly what you are getting (if anything) and from what source.

If you have a Guaranteed Student Loan (GSL) that is in progress but the check has not arrived by the time school starts, you will need a special voucher that states that fact. The Office of Student Financial Management will not be issuing those vouchers. The Main Campus Financial Aid Office will be issuing them. Call the Office of Student Financial Management late in July to find out the status of your loans.

STUDENT I.D. - Your registration packet will contain information concerning when you will get your I.D. pictures taken. If you are not at the Medical School that day, you will have to go to the main campus to have this done. This I.D. needs a little sticker on it to be valid. When your registration is completed, the sticker will be given to you. DON'T LOSE IT! Because of the time delay between registration and I.D. photos it is possible to misplace this valuable sticker and replacing it is next to impossible. The student I.D. gives you access to the entire Medical Center and to the facilities on the Main Campus. It is also useful for student discounts at many places in Boston, and it will get you into several other libraries besides those associated with B.U..

BULLETIN BOARDS - Behind the statues of the famous (?) scientists as you enter the medical school building are the ever important bulletin boards and mail boxes. The bulletin boards contain notes on microscopes and books for sale (there are some up now), apartments for rent, parties for the class, and other items of personal interest, as well as class schedules and meetings. A bulletin board by the cafeteria has additional notices, usually posted by hospital employees, and departmental boards include postings for science lectures in the Boston area.

LOCKERS - During orientation, you will be assigned two lockers - one locker in the basement (tall and narrow) and another on the second floor for microscopes and books.

MAIL - The mail box area is a prime spot for a student traffic jam before lectures and during lunch hour. On a slow day, or a time when important mail is expected, a student might find himself peering in to the box a dozen times. Incoming phone calls to students are not direct, but a caller may leave an urgent message at the Mail Room (tel#:247-6061). The message is then left in the mailbox. Mail (school, personal or packages) can be sent to:

Name, Box #
 Boston University School of Medicine
 80 East Concord Street
 Boston, Mass. 02118

MICROSCOPES - First and second year students are required to have microscopes. It is recommended that they be binocular with a 10X, 40X and oil immersion objectives. In the past, most students purchased used microscopes from other students who no longer needed theirs.

However, due to the ever increasing prices of medical instruments, and the financial burdens which purchasing a microscope might impose on some students, three years ago the school arranged for a group rental of microscopes. These are of excellent quality and proved to be more than adequate for our requirements. Last year it cost \$225 to rent for the year. Considering that you will need one for two years, many students feel that it might be wiser to purchase one for two years and then sell it at the end of their second year. A microscope rental form may be picked up on the first day of school. Also look on the bulletin boards.

Immersion oil is sold by the Department of Educational Media on the third floor to the Instructional Building for a reasonable price.

NAME TAG/COMPOSITE PICTURE - On the first day of school you will get your name tags in your mailbox. You will need these every time you see a patient. Also Dr. McNary will ask you to wear them in the anatomy lab for the first part of school so that the faculty can get to know your names. By the way, Dr. McNary has an amazing memory and will probably know everyone's name within the first two weeks whether you wear your name tag or not.

Also on the first day of school you should go up to the 14th floor to get your picture taken. These pictures are not the same as the student I.D. pictures which are taken later in the year. These pictures will be put on a composite sheet which is then reproduced and distributed to students and faculty. This way you can figure out people's names even late in the year when it has become too embarrassing to ask again.

HISTOLOGY PLACEMENT EXAM - Each year the coordinator of the Histology course offers a placement examination for those students with backgrounds in Histology. Students who pass this examination are exempted from the course. This is a great opportunity for those with a background in Histology to free up some time during the first semester.

If you are interested in taking the placement examination, contact Mr. Scott Estey, in the Anatomy Department as soon as possible. He can be reached at : Room L-1004, 80 E. Concord St., Boston, MA 02118; Phone (617)247-6177. If you have had a graduate course in Histology at B.U. or

any other school you will be exempted from the first year course. Those who qualify may contact Dr. Baratz, the course manager, at (617) 247-6177 concerning a possible job as a teaching assistant in Histology. If you have had an undergraduate course in Histology you will not be exempted from the first year course unless you pass the placement exam.

This year's placement examination will be given on Wednesday, September 5th, in the second floor labs. It is given in two parts. The practical exam is given first and consists of identifying organs and parts of organs. You must pass this part of the test in order to take written exam, which covers organs and tissues.

WHAT TO BRING

Many of you will be coming from distant parts of the country. You don't want to drag along excess baggage that you won't use. On the other hand, the Postal Service isn't all that cheap, reliable or quick for you to send home for an important item in mid-semester. Here is a list of some of the items which you might want to bring with you.

Clothes - Fall and Spring bring "shirt sleeve" weather to Boston with temperatures ranging from 40's to 80's. Although most students dress casually for class, sport coats/ties or dresses are appropriate for the patient interviews. If you have boots, bring them too. Fall and Spring also bring big puddles (some say small lakes) to the parking lot.

In the Winter it gets pretty cold, with temperatures ranging from below zero to about 40 degrees. A warm jacket hat and mittens are a must. Most people wear wool sweaters as well, although Bakst auditorium, the place where you'll receive 99% of your lectures, is kept quite warm. One non-wool sweater or sweatshirt is also a good idea since wool picks up Anatomy-lab smells and the lab does get chilly.

Books - All you'll want from home in this department is a couple of old favorites: novels, poetry books, cook books, etc... You can leave most of those weighty pre-med tomes behind! Many, if not all, of the books you'll need can be found on reserve in the undergrad or medical libraries.

Recreational Equipment - Bring your sporting equipment along. There is time to ski, skate, swim, bike, back pack, rock climb, play tennis and ice hockey, etc... Boston is well situated for these activities. In fact, it has become a tradition for the first year class to take off on a ski weekend just after Neurosciences in January.

Hobbies in General - You'll need to escape into the non-medical world sometimes. If you play a musical instrument, work around the house, or have other hobbies, bring your equipment along. At first you may not have the time to use it, but come mid-terms, it will provide a welcome diversion.

HIDDEN EXPENSES

After paying tuition, room, board and transportation costs, there are a few hidden expenses you should be aware of when planning your budget.

Books - Estimate \$425. You can spend hundreds of dollars on books in the first year. Most courses have recommended texts as well as required ones. It is important that you be selective. Most textbooks are on reserve in the library. Before buying your books you should examine the choices to see which ones suit your studying style. If you do not underline your books, you may want to consider using some of the reserve texts; some circulate overnight, others do not.

Generally, you do not need all of the textbooks for a course on the first day. Before purchasing your books, consult the course evaluations section of this book. There you will find the students' assessment of which texts were helpful for each course. In general, the books listed are from last year's requirements and recommendations, so be aware of possible changes. In addition to consulting these sources, do not hesitate to ask a second year student once you arrive. Also check the bulletin boards for notices about books for sale.

You may buy new books from Brown & Connolly Medical Bookstore (1315 Boylston St., around the corner from Fenway Park) or the Harvard Medical Coop (396 Brookline Avenue next to Children's Hospital). New and used books may also be purchased during the first few weeks from various student organizations.

Lab Coats - You will need a full length lab coat for Anatomy lab. You will never be able to use this coat for anything else, so do not buy the fancy model. Estimate \$18.

In April, you will need a short white jacket for Physical Diagnosis. You will wear this one to interview patients and you can use it for the rest of medical school. If you want to splurge on a lab coat, do it on this one. Estimate \$18.

Dissecting Kit - For use in Gross Anatomy laboratory. This can be purchased at any of the medical supply stores listed below (Estimate \$18) :

Crown Medical Supply, 62 Brighton Ave., Allston
 Manager gives a discount on many items for BUSM students.
City Pharmacy, Doctor's Office Bldg., Harrison Ave.
Sparr Drug, 635 Huntington & Longwood Ave., Boston
Harvard Medical Ctr. Coop, 396 Brookline Ave., Boston

The kit should include :

- Sharp/Sharp Scissors (both blades pointed)
- Scalpel Handles & Replacement Blades
 Make sure blades fit appropriate handle
- Blunt Tipped Scissors
- Blunt End Probe, Sharp End Probe
- 5" Forceps, smooth and rat-toothed
- Clamps (Hemostats), 3" Forceps, helpful but not essential

Non-Sterile Gloves - (Approx \$6/box). You need these in the anatomy lab. The department distributes only a token number of gloves. Some students purchased heavy duty kitchen gloves and washed them off every day. The

number of gloves you use depends upon the amount of dissecting you do. Of course you could follow Dr. McNary's example and dissect without gloves. Few students select this option. You must have gloves during the Head & Neck section of Anatomy and during Neurosciences for working with the brain. Gloves are available at pharmacies and supply stores.

Medical Insurance - Medical students are required to have adequate medical insurance. You may have coverage from another insurance company or may enroll in the BUMC Blue Cross-Blue Shield plan at registration. Check out your coverage before you arrive. Insurance is expensive and there are no short cuts that will cut costs here, unless someone else pays it for you. Last year's Blue Cross-Blue Shield plan for BUSM students cost \$483.60. Estimate \$500.00 for this year. See the Student Health Service section for additional information.

Personal Insurance - Last year a private insurance company offered a policy for \$40.00 which covered all books, microscopes, instruments and personal items against theft or damages for one year. Many students purchased this coverage.

Note Service - This service will be provided by members of the first year class for the first year class. These note-takers provide a summary of the lectures for those who wish to use them as a study aid. The quality of these notes depends on the note taker. Subscriptions to the note service are available for certain periods throughout the year and can be shared to cut costs. Last year a full year subscription to the note service (not shared) cost \$130. This year's note service will be coordinated by Tom Ferlito BUSM IV (Box 4).

Test Packet - A worthwhile investment. This packet contains old exams from the past 3 years (with answers) from all the first year courses. This is an extremely useful study aid for the first year courses and the National Boards (Part I). In 1983 this cost \$32.

Instruments - This is one of the major hidden expenses of the first year. Many students are surprised by the cost, but the purchase of one's instruments should be regarded as an investment rather than just another big-ticket item. Some students felt that it was worth investing in quality instruments at this time; others felt it best to wait until later when their cash flow improved and the knowledge of what they needed became clearer.

For the first and second year Physical Diagnosis courses you need the items listed below. If you were to purchase all of these items, the total cost would have been \$375-450 (January 1984 prices). There is an enormous amount of variability in the prices of these items, so you should shop around (or better, have a relative or friend buy you some of these):

Doctor's "Black" Bag	Sphygmomanometer
*Stethoscope	Tuning Forks (128, 512)
Ophthalmoscope/Otoscope	Reflex Hammer
with Attachments	
Short White Jacket	

* We received a free stethoscope from the Eli Lilly company, via Eddie McCarthy

Last year a local distributor came to BUSM and displayed some of the instruments for the class. Many students purchased their instruments from him. An equal number of students negotiated a group price with another local distributor. Generally, you can do better as a group than as an individual. The best advice is to shop and ask questions. More information will be presented regarding instruments in the Spring. Just remember to include this important item in your budget.

EXPENSE SUMMARY

<u>Required</u>		<u>Optional</u>	
** Textbooks	425	** Note Service (Full Year	130
** Notebooks/Supplies	50	Unshared)	
* Medical Insurance	500	Personal Insurance	40
* Anatomy Lab Coat	18	* Test Packet	32
Short White Coat	18		—
* Dissecting Kit	18		
* Microscope Rental	225		
Med. Instruments	400		
	<u>\$1654</u>	Required	1,654
		Optional	\$202
		Total	<u>\$1,856</u>

* Total needed during first week or before arrival

** Part needed during 1st week

BANKING

The best bank for you will depend upon; (1) where you live, (2) whether you want access to 24 hour teller machines, and (3) the various fees associated with maintaining a NOW or savings account. In the past, the Boston Phoenix (a local weekly paper) has published charts of banking services in the early September edition, just in time for new students. Your best bet is to locate the banks nearest your home and call each one for information. Two good choices are the Bay/Bank and Shawmut Bank. Bay/Bank has 24 hour teller machines at numerous locations throughout eastern Massachusetts (including next to Mugar Library on the Main Campus) which makes it extremely convenient. The Shawmut Bank has a 24 hour machine in Boston City Hospital which is very convenient to the Medical Center.

If you do not have an account in Massachusetts, come to town with plenty of cash. Out-of-town checks take quite a while to clear at most banks and you will have numerous major and minor expenses in the first week!

COURSE EVALUATIONSANATOMYRequired Texts:

- (1) Sauerland, Grant's Dissector 9th Edition
- (2) Ellis, Clinical Anatomy 6th Edition
An excellent pre-exam review book for clinical correlations.
- (3) A good atlas, preferably Grant's Atlas
- (4) A good medical dictionary (eg. Dorland's or Stedman's)

Recommended Texts:

- (1) Gardner, Gray & O'Reilly, Anatomy
- (2) Moore, Clinically Oriented Anatomy
- (3) Warwick and Williams, Gray's Anatomy, 36th British Edition
The most comprehensive book on the subject. An excellent reference book for your library. Latest edition is expensive (approx. \$80).
- (4) Hollingshead, Textbook of Anatomy
- (5) Pansky, A Review of Gross Anatomy
- (6) Moore, The Developing Human (Embryology)
- (7) Langeman, Medical Embryology

Atlases:

- (1) Anderson, Grant's Atlas
Indexed to Grant's Dissector.
- (2) Clemente, A Regional Atlas of the Human Body
- (3) McMinn, Color Atlas of Human Anatomy
Photograph atlas. Useful for practicals. Expensive.

Student View

This course runs from September through March and is taught in four sections : Thorax, Abdomen/Pelvis, Head/Neck and Extremities. By the end you will have learned an incredible number of names and relationships. There are many ways to approach Anatomy. The following are some suggestions to help you get a handle on the material.

Lecture - Use the dissector and an atlas as a guide (eg: Grant's, which is indexed to the dissector, or Clemente) to get the big picture and fill this in with reading from the text(s). There are many texts. Before you buy one, look in the library on reserve. Students used Moore, Gray's, Hollingshead, Ellis, Pansky, G.G.O., or some combination of these (others also exist). The Anatomy Department uses Gray's English edition as the final word. Studying methods vary. Some found that drawing the structures and making lists helped; others used flash cards.

The quality of lectures was variable. Generally a little reading before lecture went a long way. Some people found the note service helpful, especially for lectures in which alot of material was covered quickly. The professors are available to answer questions after class or by appointment.

Realize that videotapes are available of dissections and selected embryology topics. These were helpful, especially for embryology. Remember that form follows function and that the "celestial planning committee" put

a structure there for a reason.

Finally, enjoy! Anatomy makes sense and forms the first major part of your new vocabulary. A strong foundation here will stand you in good stead for future study and communication in medicine.

Lab - Use the prosections as a guide. This saves time and you can see how to do the dissection correctly. The students who prosect are knowledgeable and helpful. Use the scheduled lab time to get help from instructors. Much of anatomy is self study and you'll need to put in extra time in the lab to get the work done and learn the material. The laboratory is open from 8 AM - 11 PM, seven days a week.

Get together with your lab group and buy an extra dissector and used atlas. Mark them well with your lab table number and keep them in lab. You can discard or sell these at the end of the year and you won't get your personal atlas covered with "lab substances".

Exams: There were seven exams - three lab practicals and four multiple choice written exams. The practicals consist of identifying labeled structures without touching the specimen. A practice practical will be given by second year students prior to your first practical exam. The written tests were fair and challenging. A look at the old tests was helpful.

Syllabus: None. The handout consisted of schedules and some material for help in lectures, but these were not sufficient to cover the material.

HISTOLOGY

Required Texts :

- (1) Weiss, Histology, 5th ed.

Recommended Texts :

- (1) Reith & Ross, Descriptive Histology, (Atlas)
- (2) DiFiore, Atlas of Human Histology
- (3) Bloom & Fawcett, Textbook of Histology
- (4) Junqueira, Basic Histology, (Lange Series)
- (5) Borishenko, Functional Histology
- (6) Leeson and Leeson, Textbook of Histology
- (7) Wheater, Burkitt & Daniels, Functional Histology

Student View

This course deals on a microscopic level with the structure and function of the structures you will be dissecting in Gross Anatomy. As in Anatomy, the laboratory segment of the course is crucial. You must be able to see and identify slides from a collection of normal tissues and organs. This review of normal tissues will provide the background for your study of Pathology in the second year. You will need a microscope (see microscope section for specifications) for the laboratory and the slide practical examinations. Many students found the Kodachrome slide collection which was available in the library a very helpful supplement to the microscope slides in reviewing for the practical.

Syllabus : The Histology department provided us with a complete, well organized handout at the beginning of the course.

Examinations: There were 2 examinations in the course. Each consisted of a multiple choice written exam and a microscope slide practical. The mid-term exam covered tissue histology, while the final exam dealt with organ histology.

BIOCHEMISTRY

Required Texts:

- (1) Stryer, Biochemistry
 Readable introduction to biochemistry. Lucid and concise.

Recommended Texts:

- (1) Lehninger, Biochemistry
 More detailed and complete, but a bit harder to follow.
- (2) Wood, Wilson, Benbow & Hood, Biochemistry : A Problems Approach.
 A helpful, but not essential, workbook of concepts and problems.

Student View

With Anatomy and Histology, Biochemistry is the third core science of your fall courses. The combination of these three makes this perhaps the most difficult course load of the first year. The idea behind the first semester is that you are simultaneously studying the gross (Anatomy), microscopic (Histology) and the molecular (Biochemistry) levels of structures. The goal is to give you an integrated picture of how and where a process occurs.

Keeping these goals in mind, the reality is somewhat different. Midway through the course it is difficult to remember if what you are learning really occurs in human beings. The course requires a great deal of memorization (i.e. structures, pathways, enzymes, etc...) and you are responsible for it all. Everyone has their own approach to a course like this one, but almost everyone agrees that it is best not to cram it into your mind all at once.

The material is well presented, and the faculty make themselves accessible to students (both after lecture and by appointment). Many people remarked when the course was over they enjoyed the material and wished they had more time to learn it. Others felt they would be very happy never to see a purine ring again. You will see again much of what you learn here.

REMEMBER : DO NOT PROCRASTINATE THY BIOCHEMISTRY ELSE THOU BE SUNK!

Syllabus: No real syllabus. Handouts varied according to lecturer.

Examinations: There were 3 multiple choice examinations during the semester, each of which was non-cumulative. The professors assign readings from Stryer, and the tests were taken from these readings and material covered in lectures.

PSYCHIATRYRequired Texts:

- (1) Reiser and Schroeder, Patient Interviewing: The Human Dimension
- (2) Simons & Pardes, Understanding Human Behavior in Health and Illness

Student View

The course is divided into two parts - a series of biweekly lectures and ten Friday afternoon section meetings. The first section of lectures will cover medically relevant aspects of the lifespan, from pregnancy and childbirth through death. The second set of lectures will feature guest speakers who will discuss, among other things, questions of gender identity and psychosomatic illness. On Friday afternoons groups of seven or eight students will meet with section instructors at one of the B.U. teaching hospitals. The instructor will conduct the first interview; during the subsequent nine meetings each student will get a chance to interview a patient (not necessarily a psychiatric patient) within the group setting. Many of the clinical sites are located away from the medical center complex. Students with cars are asked to help transport themselves and their classmates. Dr. Kaufman will ask incoming students to indicate whether they have access to transportation before the first general class meeting so that section assignments can be made.

Last year, the best part of the course was the clinical interviewing. Almost everyone seemed to have enjoyed and profited from the experience.

Syllabus: Consisted of lecture, interview schedules and selected readings.

Exams: Last year, there were two overnight take home essay exams during the semester (each weighted 20%). The final consisted of both multiple choice questions (20%) and a choice of essays (20%). In addition, each student was expected to "write up" his/her patient interview (20%). Many students relied heavily (even exclusively) on the note service for their introduction to psychiatric principles. In order to do well on the multiple-choice final, one had to have attended the lectures and done the reading. The take-home essay exams were quite thought provoking. All of last year's exams will be on reserve in the library.

NEUROSCIENCESRequired Texts :

- (1) Nolte, The Human Brain : An Introduction to Functional Anatomy
- (2) Schmidt & Thews, Human Physiology

Recommended Texts :

- (1) Montemurro, The Human Brain in Dissection, (Atlas)
- (2) Craig-Watson, Basic Human Neuroanatomy, Introductory Atlas (2nd Ed.)
- (3) Sidman & Sidman, Neuroanatomy - A Programmed Text (Vol. 1)

Student ViewTextbooks

Nolte - Extremely helpful. A good readable text with helpful diagrams.

Most students found this book essential.

Schmidt & Thews - Some found this helpful. Just as many found it to be cumbersome and hard to follow. Also required for physiology. Other physiology texts (e.g. Guyton) just as helpful if not more so.

Atlases - Any of the recommended ones will serve its purpose.

Sidman & Sidman - Many students used this book over the December break. There is little or no time to read it during January. The book provides a useful self-learning approach to neuroanatomy for those wishing to get a head start. Helpful but not essential.

Syllabus : We were given an extremely comprehensive handout at the beginning of January which presented in detail the information covered in the 44 lectures of the course. The handout was thorough, organized and beneficial.

Examinations: There was 1 exam at the end of neurosciences which consisted of a written exam and a kodachrome slide practical. The majority of the written exam questions were taken from Nolte and the syllabus. The practical exam slides were from those shown in lab.

The good news first. This course is probably the best organized of the first year. Each part of the course was well presented, including the syllabus, lectures and the pre-exam review held by the department. The bad news is that unless you are an incredibly fast learner, you will see very little of January besides Neuro. This course builds daily, and each day you are responsible for more more neuroanatomy, neurophysiology, histology and clinical correlations. Needless to say, it is easy to fall behind during this four week course.

The faculty in this department is outstanding. They go out of their way to aid the students. Overall, the course received high marks from the class. Unless you become a neurologist, you will probably know more neuroscience on the day of the final exam than at any other time in your life.

PHYSIOLOGY

Required Texts:

- (1) Schmidt & Thews, Human Physiology
(See discussion under Neurosciences)

Recommended Texts

- (1) Ganong, Review of Medical Physiology, (Lange Series)
(See discussion under Endocrinology)

Student View

The Physiology Department wants students to learn physiology, enjoy it and understand it. Their comprehensive approach to teaching includes small group discussion sessions, lectures and appropriate laboratory exercises. These clinically relevant exercises introduced the class to pulmonary function testing, drawing and analyzing blood (from classmates), ECG and

stress testing, and nasogastric tube insertion (on volunteers). The course is divided into two sections. The first covers blood, cardiovascular and respiratory physiology; the second covers the renal and gastro-intestinal systems.

The Physiology department offers two additional programs: (1) an optional lab where students catheterize anesthetized rabbits in order to monitor cardiovascular function and (2) a tutorial program in which students work individually with graduate students and professors on selected topics of interest.

Syllabus: The syllabi for both sections were complete. Specific textbooks (not always the recommended ones) served as the sources for the material: Burton for cardiovascular, West for respiratory and Valtin for renal. Review the recommended and required textbooks yourself before choosing one. Schmidt and Thews received mixed reviews. Some students preferred Guyton. The recommended text by Ganong can be helpful, particularly as a review before exams.

Exams: There were two multiple choice exams in the course. The first exam, given before spring break, covered blood, cardiovascular and respiratory physiology. The second exam, given at the end of the course, covered renal and gastrointestinal physiology. A good 30% of the test will look familiar if you have reviewed the old exams. The problem sets are also crucial, particularly in cardiovascular and respiratory - although the exam questions are not as complicated or as thought provoking.

BIOSTATISTICS/EPIDEMIOLOGY

Required Texts:

- (1) Colton, Statistics in Medicine.
 - (2) Fletcher, Fletcher and Wagner, Clinical Epidemiology: The Essentials
- Many students chose not to purchase either of these texts and chose to use the library reserve copies instead.

Student View

Last year, rather than combining students with varied exposure to biostatistics into one section; the department created two sections, M1 and M2 (M2 being a more advanced and faster paced course). Approximately 75% of the students took M1. The department strongly recommended that if you had any previous biostats exposure you should sign up for the smaller M2 section.

M1 was a valid attempt to present complicated material. Unfortunately, it often fell short. The professor is an expert but the handouts were often not complete. Attending lecture is recommended if you have not seen the material before. Both professors are available and willing to give extra help so don't wait till the night before the exam to realize you need their assistance.

The epidemiology part of the course was disappointing. The material was often interesting, but the lectures were not as stimulating. For the most part however, the text is quite straight forward if a bit dry.

Syllabus: None. Handouts were sketchy and elaborated on in class. They couldn't be used in place of lecture. They were handed out at each class so you didn't get a chance to preview the lecture.

Examinations: One multiple choice exam at the end of the course. Old exams were moderately helpful. The 1984 exam was not returned to the class.

SOCIO-MEDICAL SCIENCES/ LAW & MEDICINE

Required Texts :

- (1) Hingson, et.al., In Sickness and Health
- (2) Annas, The Rights of Doctors, Nurses and Allied Health Professionals

Student View

The Sociomedical sciences course has three components; Law and Medicine, a lecture once a week; Sociomedical Sciences lecture, two days a week; and elective seminars, twice a week.

Law and Medicine is an introduction to legal concepts, how they pertain to the actions/inactions of physicians, and to the rights of patients and physicians. The lectures are engrossing and provocative. Many of you will probably be reading court decisions for the first time. They are long and complicated but very interesting. This part of the course received the best reviews by far.

Sociomedical Sciences is a series of lectures covering a variety of topics: the third party payment system, current criticisms of medicine, access to health delivery systems, physician supply (oversupply!), and others. Some of the lectures were worthwhile, stimulating and enjoyable. Others, however were only fair. Last year fewer topics were presented, but more time was spent covering them. One topic, in particular, organ transplantation, raised many controvertial issues and provoked heated discussion.

Each student participates in two elective seminars. Some of these include environmental health, rehabilitative medicine, family practice, pediatrics in the urban setting, the politics of health care, family violence, medical ethics, and the medical issues surrounding nuclear war. Student evaluations of the seminars are available in the department office.

A student feedback committee existed for this course. It met about every two weeks and the department served lunch!

Syllabus: Law and Medicine - Interesting and complete, but lengthy. Sociomedical Sciences - Not as concise, but followed the lectures. Seminars - Varied with each seminar.

Examinations : The SMS exam consisted of two, 1 hour essay questions discussing issues covered in lecture and the readings. The Law & Medicine exam asked us to discuss two hypothetical legal cases based upon the cases which we had read and discussed during the semester.

ENDOCRINOLOGYRequired Texts:

- (1) Schmidt & Thews, Human Physiology, (See Neurosciences discussion)
- (2) Ganong, Review of Medical Physiology, (Lange Series)
Clear and concise. Also helpful for Physiology and Neuro.

Recommended Texts:

- (1) Bloom and Fawcett, Textbook of Histology
- (2) Wheater, Burkitt & Daniels, Functional Histology

Student View

The Endocrinology course is run by the Department of Physiology and covers the biochemistry, physiology and histology of the endocrine system. The lectures, syllabus, and small group discussion sessions were well integrated which made learning the material that much more enjoyable. The group discussions were a highlight of this course for many since it allowed us to apply some of the textbook concepts to their clinical correlations.

Although this course was no easier than those we took earlier, it seemed that there was less pressure (probably due to the fact that spring had arrived.) The good weather can make one put off this course. Make sure you don't put it off for too long!

Syllabus : We were provided with a comprehensive syllabus at the beginning of the course which included the material covered in the lectures, laboratories (3), and discussion groups (4).

Examinations : 1 Multiple choice examination at end of course.

PHYSICAL DIAGNOSISRequired Texts:

- (1) Bates, A Guide to Physical Examination
Complete, concise and readable. Essential for this course.
- (2) Reiser and Schroeder, Patient Interviewing
Helpful for writing histories. Style is readable but anecdotal.
Nice to have, but you can probably get by without it. Also required for Psychiatry.

Student View

After a year of lectures and labs, the Physical Diagnosis course was a refreshing change since it provided us with our first exposure to the basic skills and history taking techniques involved in diagnostic medicine.

The course consisted of lectures, workshops on communications and sexuality, and small group sessions where we learned how to use our instruments, hands, eyes and ears in the context of the physical examination. In addition to these sessions, we also interviewed two patients in a hospital setting and wrote up their case histories.

The structure of the course was refreshing for many reasons. Students were evaluated on a Pass/Fail basis (truly Pass/Fail, no Honors or DLs). Many felt this enabled them to absorb a great deal of valuable material under less pressure. A strong point of the course was the personal, informal interaction between students and faculty in the small group sessions. Most of all, the patient contact and hands-on experience in physical exams reminded us of our real purpose : to become doctors and work with people.

Syllabus: Only scheduling handouts.

Examinations: None. Evaluation by attendance at section and submission of two written patient histories.

THE FIRST YEAR
How it Fits Together

September : Anatomy (Thorax), Histology, Biochemistry, Psychiatry
 October : Anatomy (Abdomen/Pelvis), Histology, Biochem, Psychiatry
 November : Anatomy (Head & Neck), Histology, Biochem, Psychiatry
 December : Anatomy (Head & Neck), Histology, Biochem, Psychiatry

----- VACATION (2 WEEKS) -----

January : Neurosciences
 February : Anatomy (Limbs), Physiology, Biostatistics/Epidemiology
 March : Anatomy (Limbs), Physiology, Biostatistics/Epidemiology

----- VACATION (1 WEEK) -----

April : Physiology, Socio-Med Sci./Law & Medicine, Physical Diagnosis
 May : Endocrinology, SMS/Law & Medicine, Physical Diagnosis

----- SUMMER VACATION (JUNE - AUGUST) -----

BUSM SERVICESSTUDENT ADVISING

Welcome to Boston University School of Medicine. One of the most important decisions facing you these next four years is choosing an appropriate career within medicine that will best meet your individual needs. The constantly changing health care system makes this decision increasingly more difficult because it includes more than the choice of a medical speciality. Teaching, research or administration, combined with your medical practice, need to be considered when making your career choice. Your practice setting and its actual composition are also important components that need thoughtful attention.

The medical school experience is a critical time during which most students formulate their eventual professional career plans. The process of selecting a career is fluid, and your medical school experience will significantly influence the selection of your particular career choice. My office is here to assist you in this evolving career selection process.

I look forward to meeting and working with you during your four years at Boston University School of Medicine. Feel free to stop by my office at any time.

Arthur J. Culbert, Ph.D.
Assistant Dean for Student Affairs
L-102

OFFICE OF FINANCIAL MANAGEMENT

As anyone who reads a newspaper knows, money is tight. This is especially true at the School of Medicine. Tuition has increased by 9% for the 1984-1985 academic year, from \$14,400 to \$15,800. On top of that we must pay for our housing, food, books, and equipment. The estimated student expense budget for the Class of 1987 is \$24,863. For most people this is quite a bit of money to raise.

Unfortunately, there is a lot less money available. Almost all medical school financial aid is in the form of loans. The Office of Student Financial Management tries to distribute the available scholarship (very little) and the loan money in the most equitable manner. Also, they try very hard to explore all possible options with each student so that the student can both pay for medical school and graduate with a manageable debt portfolio.

If you applied and qualified for financial assistance, your package will cover around \$8,000 less than your need (which is determined through a Uniform Need Analysis with information gleaned from the Financial Aid Form you completed last spring). This aid will include Guaranteed Student Loans (GSL) which you should have already applied for through your bank.

If you need the "extra" \$8,000 (you probably will-- the financial aid formulas are notoriously stingy and do not consider the high cost of living in Boston,) the Office of Financial Management recommends that you apply

for a Health Education Assistance Loan (HEAL) and an ALAS loan. HEAL loans hurt-- the interest rate is presently 12 3/4%-- it was 17 1/8% last year at this time. Sadly, the shrinking availability of financial assistance will make these odious loans inevitable in the future. ALAS loans (Auxilliary Loans to Assist Students) are essentially 12% GSLs. Students qualify for \$3,000 per year to a total of \$15,000. Interest is 12% simple per year and is usually paid quarterly during school. A limited number of banks, however, will permit deferment of the in-school interest payments with the charges compounded as with HEAL. There is also new loan which can be an alternative for some students, the Massachusetts College Student Loan.

Since the Congress acceded to President Reagan's plan to eliminate the National Health Service Corps, the only alternative to soaring debt will be independent wealth or enlistment in the Armed Services. The Army, Navy and Air Force offer full tuition scholarships in return for a four year service obligation.

Sometimes there is help to be had from "Outside Sources" of financial aid. Small grants and loans from a few individual foundations, corporations, clubs and religious organizations go to a few BU students. They aren't much when you compare them to the number of financial aid applicants, but they are very helpful to the students who get them.

The best advice for students financing their education is to learn about the loans in your package. Two financial aid publications, "Financial Assistance 1984-1985" and "The Entrance Interview 1984-1985" are especially useful, and each gives you examples of possible payback schedules. While neither book is easy reading and they both will make your fiscal prospects look worse than those of the MBTA, you should familiarize yourself with their contents.

These booklets are available in the office of Student Financial Management Office in L218. Mr. Charles Terrell, Assistant Dean for Student Affairs, is the Director of the Office, Mrs. Harriet Goodman is the Associate Director; Mr. Brian R. Hodge is the Financial Aid Assistant; and Ms. Gloria Callejas is the Secretary. All four are accessible virtually all of the time and enjoy speaking to the names behind the files more often than the obligatory entrance and exit interviews. The telephone number is 247-5829, 5830.

LIBRARY

The Library occupies the 11th, 12th, and 13th floors of the Instructional Building. To enter, take the elevator to the 12th floor (the elevators do not stop on the 11th or 13th floors). The hours are posted outside the elevators.

The reference section is directly in front of you as you enter the library. The abstracts, indexes, dictionaries, and other reference works are kept here. Services available in the reference department include instructions in use of reference tools, computer literature searches and interlibrary loans.

To the immediate right of the library entrance is the circulation desk

where library materials are signed out and also returned after use. To check out books or journals, please present your Boston University I.D. card and fill out the card in back of each book. Books circulate for 4 weeks; and journals which are at least five years old, for 3 days. More recent journals cannot be checked out of the library. Renewals can be made if books are brought to the desk in person; no phone renewals will be accepted. The library does not charge a daily fine for overdue materials. If there is no response from overdue notices, the student will be billed for the price of the book plus a \$5.00 processing fee per book. This bill will appear on the student's financial statement. Once the book is returned to the library, the student will be credited for the price of the book, but the processing fee remains.

Next to the circulation desk is the reserve section, which contains books used in courses and also newest editions of books which are in great demand. Copies of old exams for most first year courses are also available. BEFORE YOU BUY YOUR BOOKS IT WOULD BE AN EXCELLENT IDEA TO CHECK OUT THE RESERVE SECTION TO SEE WHICH BOOKS SUIT YOUR NEEDS AND STUDYING STYLE. Reserve books may be signed out for use in the library by leaving your student I.D. at the desk. After 4:00 pm they can circulate overnight until 9:00 am, unless marked "LIBRARY USE ONLY". Reserve books taken out Friday afternoon may be kept until the following Monday morning.

In front of the reserve section is the card catalog which is divided into an author/title section and a subject section. Most books (other than the reserve and reference books just mentioned) are found on the 13th floor. There is also a collection of easy reading materials in the Browsing Room located to the left of the library entrance. The New York Times, Wall Street Journal and Boston Globe are put there each weekday morning.

All journals are arranged alphabetically by title, and a listing of the library's holdings is found in the journal card file on top of the card catalog. The most recent issues are on the 12th floor to the left of the reserve section; older journals are bound and shelved on the 11th and 13th floors.

There are coin operated photocopy machines located on the 11th and 13th floors which cost 5¢ per page. The machines will give change for quarters and dimes. Change for dollar bills may be obtained from the cafeteria in the basement and the UH gift shop. The library also offers a photocopying service which costs 10¢ per page and forms for this service are available at the circulation desk. If the library does not own the materials you need, you can use the same form to request that we borrow them from another library at a cost of \$1.00 per request.

The audio-visual room is located on the 11th floor and contains non-print material and viewing equipment. Many programs are designed to go along with first year courses and are helpful aids. These include Anatomy, Histology, Physiology, and Biochemistry. AV hours are posted on the door.

Individual study carrels and small study rooms are located on the 11th and 13th floors, and large study tables are on all three floors. Smoking is permitted in the 13th floor study rooms only. NO FOOD OR DRINK IS ALLOWED IN THE LIBRARY. Restrooms are located near the copy machines on the 11th

and 13th floors.

In-House calls can be made from the wall phones on all three floors. Local and long distance can be made from the pay phones by the elevators on the 1st and 12th floors. Library phone numbers are:

Circulation desk:	247-6190
Reference desk:	247-6189
AV Room:	247-6198

The library staff at all these desks will be glad to assist you with any questions you may have. In the fall, the library hours will be:

Monday-Friday	8 am- 11 pm
Saturday	10 am- 8 pm
Sunday	2 pm- 11 pm

The chief librarian is Ms. Irene Christopher.

OTHER LIBRARIES

BU Medical Students are eligible to participate in the area library consortium program. A valid BU I.D. entitles you to the in-house use of the following libraries: Boston College, Tufts, Northeastern, Brandeis, MIT, Wellesley, and U. Mass. Full borrowing privileges are available only if you have a consortium card. If you are interested, check with the people in our library and they will tell you how to get one.

You should also know about Harvard's Countway Medical Library, at 10 Shattuck St. Its location is best described as just off Huntington Ave. within the Harvard Medical complex. You can use any of the materials in-house if you have a valid BU I.D. and your name tag which says BU Medical Student. Full borrowing privileges can be obtained if you purchase a student membership at the front desk of Countway (or if you are a member of the Mass. Medical Society).

If you are looking for a quiet place to study, both the BU Law library on the 2nd floor of the Law School and the Theology library (in the Theology Building next to Marsh Chapel on main campus) are excellent hide-aways. The Mugar (BU undergraduate) library can be more of a social center than a library, especially during finals weeks. If you are looking for a serious place to study, this may not be what you are looking for.

The Boston Public Library is located on Boylston Street in Copley Square. The old annex is usually very quiet. There is also a courtyard with chairs to sit outside on a nice day. The old BPL is one of the best kept secrets in Boston, so don't miss it.

STUDENT HEALTH SERVICE

The Student-Employee Health Service is located on the first floor of the Talbot Building at the Medical Center Complex. Medical students use this health service rather than the one located on the main campus which is for students in other degree programs.

Over the summer you will be receiving physical exam form in the mail. If you have had a recent complete physical, have your doctor fill out the form and mail it back. If you have not had a recent complete physical, contact a physician and have one done before you get here. Be sure to have a rubella titre done as part of the exam and have the results sent in. You can skip having the TB test done since all entering students are tested for this during the first few days of school.

AMBULATORY CARE

Daily sick call is held in the Health Service in Talbot Building. Clinic hours:

7:30-10:30 am	Monday through Friday
1:30-3:30 pm	Monday through Friday
12:30-1:30 pm	Monday, Thursday and Friday

Emergency care during the day will be arranged by the Health Service nurse. Evenings and weekends, students should use the University Hospital Emergency Room on H-1.

A psychiatrist, Dr. Roy Shulman, is available for consultation and short term treatment. He may be reached at:

Home	868-6928
Answering Service	354-1551

The registrar, Mrs. Keefer, (247-6507) should be notified in the event of absence from class because of illness. She will be notified automatically if the student is under the care of the Health Service.

MEDICAL INSURANCE

Students may choose to subscribe to the recommended Health Insurance (Blue Cross/Blue Shield). This policy provides:

- 1) Liberal coverage for hospitalization and ambulatory care.
- 2) Psychiatric Care - partial coverage.

Students are responsible for all medical costs incurred. Although no professional fees are charged in the Health Service, consultants may or may not show professional courtesy. Other plans to consider include Harvard Community Health Plan and Baystate Health Care. Students should investigate these and other plans before making a decision.

The families of students are not covered by the Health Service, but advice and help will be given whenever possible. Please notify the secretary in the Health Service if a family member needs to be seen, and an appointment will be made.

Students whose homes are in the Boston area may prefer to see their own physician. Students with health problems who have no physician are urged to use the Health Service.

Dr. Constance C. Cornog may be reached at:

Health Service	247-5704
Home	864-6251

DENTAL SERVICES

Dental insurance is available through the Goldman School of Graduate Dentistry. Call 247-6364 for information. This policy is totally separate and not affiliated in any way with the University's Student Health Services or Medical Expense Insurance Plan. Students should note that service here is done by dental students and dentists and because it is a teaching clinic it will take longer for a procedure than if you had it done at a non-teaching clinic. The cost of service, however, is lower than that of a non-teaching clinic.

SECURITY AND EMERGENCIES

The Medical Center is located in an area generally described as having a high crime rate and BUMC has instituted precautionary measures. Escort service is available to Parking Lot C if requested. It is advised that students using Northampton Station or going to another station, go in groups of two or use the escort service. The service will take you to the nearest station. It will also take students to the Trustee's Management Bldg. (Codman Bldg.).

Please read the Fire Emergency instructions located on all floors. If evacuation of the building becomes necessary, please use the stairways. In no case should elevators be used. You will find an Emergency Yellow Telephone located on each floor opposite the elevators. These are for emergency use only.

Located in the basement of L building in Room G-04 is Central Control. This room is manned twenty-four hours a day. This operation is your direct link with any maintenance problem that you may encounter such as locked classrooms, elevator problems, fire, emergencies, etc. Central Control is in constant contact with the Medical Campus Police who will assist you however they can. The telephone number for Central Control is ext. 6042 or ext. 6052.

At 6:00 pm entrances to the School of Medicine are locked and are not reopened until 7:00 am. After 6:00 pm the only entrance to the School is through University Hospital's main entrance which is the main entrance to the Medical Center. The main lobby of the Hospital is also the sole exit from the School of Medicine after 6:00 pm. After 8:00 pm only the Health Service Building (H) entrance remains open. It is accessible from East Newton Street. You may expect at anytime to be required to display identification by a security officer. **YOU MUST HAVE YOUR I.D. BADGE AVAILABLE AT ALL TIMES.** Escort Service is available through University Hospital Security after 7:00 pm, call x6666.

TRANSPORTATION

Broadway Shuttle Bus - This runs from the Broadway station on the MBTA Red Line; the first pick-up is at 6:30 am. The last morning shuttle bus will leave Broadway for the Medical Center at 9:45 am. At 3:30 pm, the shuttle bus will make its first afternoon pick-up at the medical center. The bus will shuttle between BUMC and Broadway until 6:45 pm when the bus makes its last departure from BUMC to Broadway. The bus will stop at the main

entrance to University Hospital on Evans Way and at the School of Graduate Dentistry during these times. The Monday-through-Friday shuttle bus service runs every 15 minutes, weather and traffic permitting. After the shuttle ends, a BUMC van runs on request from UH to Broadway Station, but be prepared to wait.

Ticket prices are \$2.00 for 10 tickets. These are available to staff, visitors and students at the Cashiers Office in Vose Hall of University Hospital (ask Hospital Security for directions). Tickets may be purchased on the bus for a cash fare of \$.25 for each ride.

"Bluebird" Bus service departs from the Medical Campus at 12 noon in front of the Medical School, Monday through Friday. It leaves Main Campus at 12:45 near Radio Shack (on Commonwealth Ave).

Car Parking - Students may park their cars in 'C' Lot. A sticker may be obtained from Plant Services, L-310, when you arrive at school. 'C' Lot entrance is on Albany Street across from University Hospital and next to the Flower Exchange. Daily tickets for 'C' Lot (\$13.00 for a book of 20 or \$2.00 per day without a ticket) are available at the Cashier's Office in Vose Hall, Univ. Hosp. as well. Parking on the street near the Medical Center is NOT recommended. Meter maids are a constant problem and car theft and vandalism are far from rare.

Please be aware that Boston has decided to ease its fiscal problems in part by ticketing relentlessly. Out of state plates will not help you. Boston tows and has a good supply of the dreaded "Denver Boot"s. If you have a car in Boston you may find the one way and non-parallel streets confusing at first but you will soon learn the best routes to get where you are going and avoid traffic. Buy a street map. (This can be helpful even if you don't own a car.) A little careful study before embarking on a journey can save lots of time.

Mass Transit - As an alternative to the automobile, this city offers one of the more extensive mass transit systems in the country. The MBTA operates a full system of subways, trains and buses throughout the metropolitan area. The "T" even connects with the airport, the North and South railroad stations and the interstate bus terminals. The Greyhound terminal is in Park Square and the Trailways terminal is across from South Station.

Currently, the subway/trolley costs \$.75 (above ground) and regular buses are \$.50. Buses take only exact change. Trolleys require a token if you enter underground. These can be purchased at the booth at the entrance of the underground stations. If you are taking the "T" regularly, consider buying a monthly pass. These monthly passes are sold on the last 5 days of the month prior to when they become valid (i.e. Aug 27-31 for September). T passes can be purchased at the BUSM payroll office (Bldg. A, 2nd Floor). There are different kinds of passes for different parts of the system. The schedules and fares are subject to change, especially since the MBTA has been experiencing severe financial difficulty over the last several years. It is best to find out the most current information when you get here. This may seem a little confusing at first, but with a little practice the system begins to make sense.

To Get to School by T:

Rail Service: Orange line to Northampton Station. (Corner of Mass. Ave. and Washington St.) BEWARE! Those could be the longest two blocks you ever walked. The Station is Not Safe (People who use the Orange line at rush hour have not had trouble, so use your judgement.) The school recommends that students use Broadway station on the Red line and use the BUMC shuttle to get to school.

Bus Service: The #47 bus runs from Central Square in Cambridge, over BU Bridge, and continues to the Children's Hospital Medical Center, Dudley Station and then to the BU Medical Center. It stops across the street from BCH and runs about every half hour. People have found this bus to be reliable, but in the winter, when it is cold and dark by the time you leave school, waiting on the street by BCH can be unpleasant.

The #68 bus runs between Copley Station on the Green line and the Medical Center. It is a little less regular, but the bus stops right at UH and you can wait inside and look out through the glass doors.

The #1 bus runs down Mass. Ave. and stops under Northampton Station: Use caution as with the Orange line.

For more information call 722-3200.

BIKING IN BOSTON

Many people bike to school in fair weather but the number drops off quickly when it gets nasty. Be sure to have a pump, spare inner tube, and proper tools. Most people wear helmets. In general, don't trust any motor vehicle - many drivers forget that the turn signals are now standard equipment. Watch out for the potholes and be visible!

The good part about biking is the exercise and the cost. It is worth it, so be careful and enjoy.

RESOURCE PEOPLE

During the orientation days you will meet all sorts of Deans and Department Chairmen. These people are certainly good to know and are the ones to help you out in several situations. The purpose of this section is to introduce you to a few of the "behind the scenes" people whom you may not meet otherwise. For certain specific problems and questions, these people are the ones to see.

EDDIE MCCARTHY - Room L-1406 Ext. 6193

Eddie is the person to go to for general information. He is at work every day at 5 AM getting all kinds of materials for us. Last year he obtained for us from various pharmaceutical companies; stethoscopes, numerous monographs, a pocket dictionary and many other useful items. Eddie is always happy to be able to help whether it is information that you need or just a friend to talk to. He helps make the school a more pleasant place.

BARBARA DIRUSSO - Room L-104 Ext. 6065

Barbara is the Administrative Assistant in Dr. McCahan's office you will definitely meet her in the second year when she helps coordinate the Biology of Disease course. However, you may have the pleasure of meeting her during the first year since she does the lion's share of the coordination for the Physical Diagnosis course. She also serves as the facilitator for the lunchtime discussion groups. If you have any problems regarding the P.D. schedule or the workshops, see Barbara.

SCOTT ESTEY - Room L-1004 Ext.6181

This is the man to see for any problems regarding your slide boxes for the Histology, Neurosciences and Endocrinology courses. If your box has a poor section of some particular organ, he may be able to find a better one. Scott is also adept at fixing microscopes. If you are having problems with your scope, let him know. Results are not guaranteed, but it is certainly worth a try. He is also the person in charge of the Gross Anatomy laboratory, so if you have any problems there, see Scott.

JEBBY DEBASITIS - Room L-307 Ext 6068

Jebby is the person who coordinates the microscopes and their locker assignments. If you have questions or problems with a rented microscope, contact Jebby in the Educational Media Department. You will receive your assignments in the first few days of school.

2ND YEAR STUDENTS

Very often you will have questions that a 2nd year student can answer best. Don't be afraid to ask! Many of us have learned the art of thinking, planning and balancing a checkbook while walking from one place to another. It may take a hand on our shoulder or a flag waving in our face to get our attention, but we are here and probably are your best reference source.

ORGANIZATIONS AND ACTIVITIESAMSA (American Medical Student Association)

We welcome you to join AMSA, the largest organization of medical students in the United States, with over 25,000 members nationwide. AMSA is an independent association which is not affiliated with the AMA. The following statement summarizes AMSA's philosophy and goals:

AMSA is dedicated to the improvement of medical education, health care and health care delivery. We believe that health care is a right, not a privilege. This implies equal access to equally high standards of health care regardless of economic status, political beliefs, cultural background, geographic position, race, creed, national origin, age, sex, sexual orientation, or physical handicap.

- AMSA Preamble

At BUSM, AMSA works to enhance the educational environment, presenting, talks, films and discussions on material not included in traditional courses, and setting up outreach programs to the local communities. These activities give students a rare opportunity to take medical education into their own hands. In addition, the B.U. chapter sponsors social activities that make medical school much more enjoyable. This past year at B.U., AMSA held weekly lunchtime gatherings at which speakers covered such diverse topics as maternal and child nutrition, health care and politics in Central America, acupuncture, health care for deaf patients, children's feelings about nuclear war, and problems of medical access. We also sponsored a film and discussion on gay and lesbian issues, a textbook collection drive for medical students in Nicaragua, and a sign language course. Plans for the fall include lunchtime seminars on international health, occupational health, community mental health, legislative lobbying, an examination of racism and euthanasia, and much more - AMSA is responsive to your interests.

Nationally, AMSA provides its members with several important services. (See enclosed letter from AMSA's president). All members receive a monthly publication, The New Physician, and each of eleven task forces send quarterly newsletters to their respective members. Task forces span a variety of areas including: Women in Medicine, Humanistic Medicine, Legislative Affairs, Nutrition and Preventive Medicine, Minority Affairs, Medical Education, International Health, Community Medicine and more. Every year AMSA holds a major convention; last year almost 20 B.U. students went to Washington, D.C. for four days of stimulating seminars, lobbying on Capitol Hill and lots of fun. In addition, AMSA offers comprehensive and inexpensive life, health and automobile insurance packages, personal loan programs, and a Mastercard credit line.

AMSA can be a forum for any and all of your interests in medicine, medical education and community affairs. Your one-time dues of \$40.00 (\$35.00 national dues and \$5.00 local dues) affords you membership in AMSA for all four years of your medical education. You'll find an application form in this packet. We need and encourage all your help and suggestions.

We greatly look forward to meeting you and hope that you will join us.

Annie Fine	Box 221
Steve Rosenthal	Box 408
Laurel Wills	Box 491 (tel # 232-6924)

American Medical Woman's Association

AMWA is a national organization founded in 1915, which is devoted to establishing a national alliance of women physicians and medical students. It offers its members a valuable career and personal network, as well as forum for commentary on professional and social issues. Through its legislative program and citizen action, AMWA represents an influential constituency on issues like the ERA, reproductive rights, improved family health, child care, medical education and more. AMWA activities also include workshops and speakers on many common concerns about relationships, childraising, and managing professional pressures. In addition, AMWA has a Student Loan Fund which assists women medical students with low interest, long-term loans.

While membership at the national level is available only to women medical students (dues are \$20 for four years), the programs and activities sponsored by BUSM's own AMWA chapter have always been open to any interested students. This year's group organized two pot-luck dinners to bring students together on an informal basis, as well as a lunch-time discussion session on career choices given by one of BUSM's women faculty members. Some students participated in a Mentor Program (sponsored by Mass. Branch 39 of AMWA) through which they were matched with established practitioners in various specialties. Working together with the AMWA chapters at Tufts, Harvard, and University of Massachusetts, our chapter also co-sponsored a conference devoted to "Issues for Women in Medical Training". Over 80 Boston-area medical students and physicians attended this event, which featured panel discussions on the professional impact and lifestyle of women physicians.

The members of our AMWA chapter look forward to another exciting and active year, and welcome all interested incoming students. An organizational meeting for both new and old members will be held at the beginning of the school year.

Elissa Sanders, BUSM IV
Box 719

Benjamin Waterhouse Medical History Society

Boston's oldest society committed to stimulating interest in the historical development of the medical profession is the Benjamin Waterhouse Medical History Society. Dr. Waterhouse, who was the first Professor of the Theory and Practice of Physic at Harvard, is remembered today chiefly because he was the first to introduce Dr. Edward Jenner's discovery of smallpox vaccination to America in 1799. The society was named for Waterhouse because his widow had a special interest in the New England Female Medical College (founded in 1848 as the first women's medical school); it became the Boston University School of Medicine in 1873. She established the Waterhouse Professorship in Anatomy at BUSM, and donated part of her husband's library to the school.

Regular monthly meetings of the Society begin with wine and cheese, and are followed by a talk by a BUSM student, faculty member or an invited outside speaker. Occasionally we meet at an appropriate museum exhibit or site of medical historical interest around southern New England. The Society also has funds which can give modest support to historical projects of BUSM students.

All BUSM students and faculty are welcomed as members of the Society, as well as interested physicians and historians from other institutions. Dues are \$2.00 for students (\$5.00 for others), and membership forms may be obtained from the Secretary-Treasurer, Dr. Estes, in room L-612.

Boricua Health Organization

The Boricua Health Organization (B.H.O.) was formed years ago in Boston through the dedicated efforts of two Boricua medical students and one Cuban medical student. At that time, they realized the need to bring Hispanic students together in an effort to increase awareness and develop a sense of direction with respect to health related issues.

The central focus of BHO's activities is to respond to the need for adequate health care in the Latin community. In accord with this aim are various other activities toward which BHO directs its energy. These include : recruitment and retainment of Latino students to the health professions; education on both professional and community levels, and assistance and cooperation with individuals, groups, or movements with similar goals.

Furthermore, BHO functions as an overall support system that provides guidance and counseling for medical students who might encounter academic or personal difficulties. It also serves as a link to those Latino physicians who are sensitive to the needs of the Hispanic community. We look forward to meeting and working with you, the incoming students. If you have any questions, feel free to write or call us.

Josh Trujillo	BUSM III	Box 342	354-6652
Rick Ruiz	BUSM II	Box 390	236-1533
Sam Santander	BUSM II	Box 442	

Christian Medical Society

During the 1930's a group of students at Northwestern University Medical School felt a strong need to be related to other Christians in medicine and CMS was born. Today CMS is a professional organization of over 4,200 physicians, dentists, medical and dental students who have banded together to serve Christ through their profession. CMS helps its member to wrestle with the increasing ethical problems in the profession, to enhance the quality of care given to the whole person, and to interact with other members of the health professions who face common problems.

There is a group of medical and dental students at B.U. medical center who meet weekly for sharing prayer and fellowship. We work to support each other academically and spiritually and to stimulate the integration of faith and the study and practice of medicine.

It is part of the larger Boston chapter which also includes Harvard and Tufts medical and dental students as well as many Boston-area physicians

and dentists.

The CMS activities include:

1. Weekly meetings. Small group sharing, Bible study, prayer and fellowship designed to stimulate personal growth. Medical and ethical issues are also discussed.
2. Monthly lectures. The BUMC and Boston area chapters sponsor lectures designed to provoke thought on relevant medical, ethical, social and religious issues. Previous topics include "Priorities in Medicine", "Medicine in Rural Kenya", "Ethics in Medicine", "The Care of Terminal Patients: What to do When Nothing More Can be Done?", and others.
3. Fall Conference. This three day conference provides the opportunity to meet with physicians, students, and their families from all over New England. Guest lecturers are invited and important medical issues are discussed. The conference is held in October on Cape Cod.
4. Medical Group Missions. A two week per year program provides health care to countries in need. Physicians, dentists, and students are involved.

Our main goals are to help one another grow closer to Christ and to serve Him through our profession. All are welcome to participate in any of our activities even if you do not share such goals.

If you wish to be placed on our mailing list, please write to:

Dave Cistola
 Biophysics Institute
 Boston University School of Medicine
 80 East Concord Street
 Boston, Mass. 02118

Doctors Ought to Care

An analogy can be made between health professionals and someone who jumps into a river to save a drowning person. We can spend our professional lives pulling people out of the river, or we can walk upstream and dissuade people from jumping into the water in the first place. DOC is a nationwide network of grassroots groups whose members work to eliminate social factors responsible for ill-health. Primary targets are smoking, alcohol abuse, and poor nutrition. Ammunition includes educational programs in schools and activities/media campaigns which ridicule ads depicting poor health habits as glamorous or sexy. If you have any questions, contact Laurie Radovsky, BUSM II (Box 403).

Gay and Lesbian Students of BUSM

GLSBUSM is a newly formed organization with two goals: to provide support for gay and bisexual students, and to foster a more comfortable attitude toward homosexuality among non-gay classmates, through educational and informational programs open to the entire community. Watch for events during the first few weeks of school.

Human Sexuality Seminar

The sexuality seminar is a three session course designed to help people become aware of the difficulties they may have in discussing sexuality and to assist one in becoming more sensitive to different alternative lifestyles which exist and the different opinions which other people have. The course is highly recommended, and students are encouraged to take advantage of this opportunity. Participants may bring along the "significant other" in their lives.

The premise of the course is that we, as future professionals, need to be prepared to discuss with our patients a wide range of issues concerning sexuality. Sex is an integral part of an individual's life, and a physician can offer information, medical care, and emotional support for a patient who might have any sexual dysfunctions or sexual concerns.

The course is offered five times during the year and the schedule does not conflict with other lectures or exams. The seminar is completely confidential so that one feels free to express one's opinions. The experience will be a valuable one, so don't miss it.

Lunchtime Discussion Groups

Medical school can be a frustrating, confusing and even frightening experience. What can make it even more difficult is the feeling that we are the only ones who feel the way we do. For the past two years, groups of first-year students have enjoyed an ongoing weekly lunchtime discussion group, which has helped participants adjust to the new experiences and challenges of medical school. Topics have included our feelings about working with cadavers, the difficulty of balancing academic and social needs, and our gradual transition to becoming doctors. The groups have also served as valuable sources of information on how to maneuver through the sometimes confusing maze of medical academics. Primarily a support group, this outlet allowed us to have fun while sharing our perceptions with one another.

The agendas of these groups are generated by the participants, who agree to meet for six weeks, with an option to continue. While the groups have administrative support and sanction, they are not concerned as much with academic performance, but with the emotional and transitional issues of the medical experience. A non-faculty social work professional facilitates the group process. Students who participated in these groups last year will be available to discuss their experiences during orientation at the beginning of school.

Maimonides Society

The Maimonides Society is a national organization for Jewish medical students. Last fall a chapter was established at Boston University in hopes of playing a social and educational function. The society has provided a vehicle for Jewish students to meet one another in a social atmosphere. This past April the group had a Friday night Sabbath dinner with approximately fifty people in attendance. Earlier this year United Jewish Appeal, a Jewish charity organization, invited the society to a party that UJA sponsored at the Metro (a local dance club) for graduate students around Boston. This coming year, events will be planned also with the Maimonides Societies at Tufts and Harvard Medical Schools.

Another aspect of the organization is the opportunity for students to meet faculty members in a non-academic setting. The establishment of the Maimonides Society was received well by Jewish faculty at the Medical Center and a faculty advisory council has been created. Last December a cardiologist at the Boston City Hospital invited the members to a Chanukah party that he had planned for his staff.

The most important aspect of the organization is educational, for both medical and Jewish issues. The group has sponsored two Sunday morning brunch-seminars, open to the general public, with the Jewish Law Students Society at Boston University. The first one dealt with the issue of death and terminally ill patients. The panel of speakers included the chief of Neurology at University Hospital, a professor of Law and Medicine at the B.U. Schools of Medicine and Public Health, a rabbi who is a member of the Ethics Committee at Beth Israel Hospital, and a woman whose parents died of cancer and who now runs a hospice program in Boston. The second seminar was on the controversial topic of the Baby Doe regulations concerning handicapped newborns. The panelists provided medical, legal, Jewish and personal perspectives.

The members of the Maimonides Society feel it important to mention that the group represents the gamut of religious observance and that no one group is favored. The same principal applies to political beliefs. In hopes of a very enriching year, we encourage you to participate in some of the upcoming events. Our activities are open to everyone.

Lenny Wexler, BUSM IV
President, Box 26

B.U.M.C. Nuclear War Study Group

The increasingly important issue of nuclear war has become a legitimate concern within the medical community. As physicians, medical students, scientists and medical center staff, we have dedicated our lives to the prevention and cure of disease, the maintenance and nurturing of human life, and to the alleviation of pain and suffering. Historically, in the political arena, health care professionals have successfully influenced our legislators with regard to public health issues (for example, public inoculations against small pox and sanitation of the public water supply to prevent cholera). Today, our responsibility as practitioners and students of medicine, and as active, aware citizens, compel us to voice our concerns over the growing risks inherent in the nuclear arms race. Efforts to de-escalate are efforts in preventive medicine.

Some of the activities and accomplishments of the Study Group last year:

- Film Showings: "The Final Epidemic", "If You Love This Planet", with discussions led by members of Physicians for Social Responsibility (PSR).
- Talks on: "The Medical Effects of the Bombings over Hiroshima and Nagasaki", and "The Psychological Effects of the Nuclear Threat on Children"
- Group discussions on the day following "The Day After" and the reshowing of that videotape
- Postcard and Letter writing campaigns; Petition Drive for the International Physicians for the Prevention of Nuclear War (IPPNW)

-Seminar as part of BUSM I Socio-medical Sciences course on "Medicine, Nuclear War and Nuclear Weapons".

Goals for the coming school year: to meet regularly as a study group to continue increasing our own knowledge of the issues, and to hear various viewpoints, present films and speakers to enhance awareness in the medical community, to sponsor voter registration, to encourage contact with legislators, and most importantly to hear from you.

Welcome to BUSM! Please feel free to contact us any time.

Laurel Wills	BUSM II	Box 491
Neal Hoffman	BUSM II	Box 264

Phi Delta Epsilon

This medical fraternity is part of a national service organization whose activities include a blood drive, social events, and a national convention. The co-ed fraternity also offers low interest loans to members, lodging to students traveling in other cities and provides information on medical facilities in other areas. During the school year we try to get together socially at least once a month and work closely with chapters from Tufts and U. Mass. along with physician members. More information will be available in the fall.

Physicians for Social Responsibility

A national, non-profit organization of doctors, dentists and the public at large, dedicated to professional and public education of the medical hazards of nuclear war. The Greater Boston Chapter has an active speakers bureau, a bi-monthly newsletter, and works to build educational resources to facilitate teaching in the greater Boston neighborhoods. The monthly lecture series, which takes place the first Monday evening of the month at the Phillips Brooks House in Harvard Yard, Cambridge, addresses critical issues including the economic impact of the arms race, civil defense, US-Soviet relations, and arms control. Other PSR activities include alerting membership to pertinent pending state and federal legislation in addition to professional, community and church group outreach. For more information, contact Sally Bryan at Greater Boston Physicians for Social Responsibility, 639 Mass. Ave., Cambridge, MA 02139. The phone number is (617) 497-7440.

Primary Care Society

The Primary Care Society is a student organization which seeks to supplement the traditional medical school curricula with information and experiences relevant to those interested in exploring the primary care specialties. Activities have included meetings with family practice residents, residency directors and instructors, and family practitioners from rural and urban settings. Presentations have also been made by internists, pediatricians and other primary care specialists. This year we would like to include discussions on some of the current social issues facing the primary care physician, from rising health care costs and its implications for medical practice to preventive medicine and education.

As an organization, the Primary Care Society encourages student involvement. There are no dues and the Society will provide free membership

to the American Academy of Family Physicians for any interested student. Cost of living stipends are also available for qualified students who elect to take family practice (or primary care) preceptorships, either during the summer or as a third or fourth year student. Placements are also available for students who wish to observe primary care medicine first hand in a physicians office.

We welcome all members of the class of 1988 interested in learning more about primary care. Our first meeting will be held shortly after the start of classes in September. If you have any questions or suggestions for possible presentations, please feel free to get in touch with us.

Ann DiNapoli BUSM II Box 315
 Laura Knobel BUSM II Box 304

Student Committee on Medical Student Affairs (SCOMSA)

This is the medical student council. The sixteen member committee is comprised of four representatives elected by each class. SCOMSA is the main forum for communication among the classes as well as between students and faculty. Student representatives sit on the Curriculum Committee, Admissions Committee, Executive Committee and the Stanley Robbins Teaching Award Committee. In this way, SCOMSA serves to advocate and institute changes within the medical school.

In addition, SCOMSA will allocate funds for student activities and organizations from money collected from the student activities fee. SCOMSA has in the past sponsored a Harbor Cruise, Skit Night, a film series on the threat of nuclear war and its relation to health, and a cook out on the lawn by the med school.

The election of four representatives from the BUSM Class of 1988 will be held in September. SCOMSA is an excellent chance for students to improve their time at BUSM, both academically and socially. Current members of SCOMSA will meet with your class during orientation for further information. Contact SCOMSA through their mailbox - simply known as SCOMSA. BUSM II members of SCOMSA are Stu Babbott, David Lee, Cathy W. Parham and Fayne Pitkowsky.

Student National Medical Association

The SNMA is an organization currently composed of over 3000 minority medical students from all over the United States. The organization strives:

- To create an atmosphere wherein professional excellence and moral principles can find fullest expression,
- To disseminate information relative to minority problems within the field of medical education,
- To take the necessary and proper steps to eradicate prejudicial practices in the field of medical education and related areas as these practices appear to be based on race, creed, color, sex or national origin,
- To develop workable programs for the implementation of better urban and rural health care,
- To provide national leadership in the promulgation of legislative policies for the provision of better health care

To sponsor programs for minority youth and encourage their entrance into the health professions,
 To raise the levels of Black school recruitment, admissions and retention in schools training health care professionals.

The Boston University chapter of the SNMA has been involved with many community activities including providing Thanksgiving dinners to needy families and open houses for area high school students. Our chapter also serves as a data base for information to help minority medical students overcome the obstacles they face while in medical school. We welcome all students.

Also each year SNMA has a "Spring Affair" which includes Harvard and Tufts Medical schools. It is a dinner conference with speakers. In the past those who have participated have enjoyed the opportunity to meet the students from the other schools. For further information contact Herman Williams, Box 496.

Student Patient Assistance Network

By this time you've probably received a letter from the National Office of the American Medical Student Association describing the Student Patient Assistance Network (SPAN). SPAN is a volunteer program that allows you to spend time on the pediatrics ward at the Boston City Hospital, playing and talking with the patients. The time commitment is small and the rewards are great, as many of the participants of last year's program will attest. Students participate in SPAN one week per month; many people went over to BCH during lunch hour.

The rest of the goals and manner of operation of the program will be discussed at the organizational meeting in the fall. Remember: this is a chance to gain experience in dealing with patients and the hospital setting without having to worry about academia or grading. We look forward to another successful season of SPAN and we hope many of you will join us in this experience.

Carrie Bernstein BUSM II
 Susan Cahill BUSM II
 Patrick Tangney BUSM II

FACULTY COMMITTEES AT THE MEDICAL SCHOOL

The Admissions Committee headed by Associate Dean John F. O'Connor, reviews applications, conducts interviews and selects students for the four year program. Ten faculty members serve on the committee. SCOMSA nominates two students from the BUSM 2nd, 3rd or 4th year and submits these nominations to the Admissions Committee which renders final approval.

The Curriculum Committee headed by Dean John McCahan, is composed of student representatives from each class as well as faculty members from the various pre-clinical and clinical departments. The Committee evaluates the curriculum as it currently stands and discusses proposed additions or modifications. They are also concerned with the course evaluation process. The Curriculum Committee will probably continue to be a hot item, and it is important to remember that students can have an effect upon what this group

discusses and decides. BUSM II representatives on the Curriculum Committee are Anne Fine, Sudha Prasad, Darius Melisaratos, and Dan Steinberg.

The Executive Committee of the Medical School oversees the activities of the various committees of the school. It is composed of all the deans and chairpersons of all clinical and basic science departments. There are two student representatives, selected by SCOMSA, on the committee. It is chaired by Dean Sandson and deals with specific issues after they come out of committees and before they go to the faculty for a vote, as well as other issues of importance to the medical school. This is a valuable place to have student representation in order to keep us informed of the decisions being made that affect the medical school and may in turn effect us.

The Promotions Committees are three in total: one for the first year, one for the second, and a combined committee for the clinical years. Each committee is composed of the heads of the courses for the years it evaluates. The function of the First Year Promotions Committee is to decide whether you will proceed from the first to the second year. The Committee follows standard guide lines in each case, which are available to students upon request.

Subcommittee on Appeals of the Promotions Committee exists for the purpose of appealing a Promotions Committee decision. The Committee must be composed of two faculty members from each of the first three years (three chosen by the faculty and three by the students). The Appeals Committee has revised decisions in the past and is the best place to go if you feel you have been handed an unjust or inappropriate decision by the Promotions Committee.

The BUSM Institutional Review Board for Human Research oversees and approves or disapproves all research in the medical center regarding human subjects. The Committee is composed of physicians, attorneys, laypersons, and two student representatives (who are considered full members of the Board).

The Financial Aid and Scholarship Committee meets about once a year to set the policies that are followed on awarding of financial aid and scholarships. Dr McNary is the chairman.

Ad Hoc Committees are formed when new issues and problems arise which the school may choose to address. Frequently students are asked to serve on these committees.

HOUSING

No matter how much time you spend at the Medical School, chances are that you will spend more time at home. Rentals for September 1 begin to open up in June, so start looking as soon as possible.

Boston has a serious housing shortage. Rental units are running at a less than 5% vacancy rate. This makes rents high, and apartment conditions less than great. It also means that apartment hunting requires some careful searching. We have listed several of the areas in and around Boston in which students have lived. When you start to look, check the Sunday Globe and the local newspapers for the areas in which you are interested. Lots of landlords advertise only in the local weekly paper. Also, if you are interested in having roommates, check out the roommate matching services and the ads for roommates in the Phoenix and on the medical school bulletin boards. If you go to a real estate agent, make sure you know what the fees are. Some of the agents charge you a months rent for finding the apartment. That is above and beyond the month's rent and security deposit that the landlord wants.

Beware of listing agencies!!! Some ads in the paper may say something about buying listings or subscribing to a listing service for \$25-\$50. Most of these companies are a ripoff. You pay your money and they hand you a stack of listings that they pulled out of the newspapers themselves. Most of the listings, if they were real to start with, have long since been filled. We also have listed the Graduate Dormitory at 481 Commonwealth Avenue and the Codman Building. (Now called the Trustees Management Building). BUSM does not have a dorm of its own.

Allston-Brighton: Allston is one of the more economical areas and many medical students have lived here. It is composed of relatively large buildings and a few houses for rent. The area is diverse in make-up; a large number of blue collar workers and students live here. Transportation is adequate, especially since Commonwealth Avenue and the MBTA is very accessible from nearly all of Allston. The advantages include proximity to Boston, inexpensive rents, and proximity to stores, restaurants, and bars. Disadvantages include the run-down condition of many apartment buildings and neighborhoods, and even though parking is free on the street, it is very crowded.

Brighton is much quieter and less crowded than Allston, with more residential areas. Free parking on the street is tight but available. As in all areas of Boston, you should check out the security in your building carefully and take precautions.

Arlington: Arlington is a very clean and pleasant family-oriented residential community with plenty of parks, ponds, and shopping areas in walking distance from most sections of the town. One and two bedroom apartments are generally available in spacious 2 family houses or modern apartment buildings, ranging in price from \$400-\$550, many including utilities and off-street parking.

If you have a car Arlington is quite convenient to Cambridge and Boston, as well as to the historical sights in Lexington and Concord. Also, the

Arlington Heights bus which runs often, will take you directly to Harvard Square in 10-20 minutes. It takes about 25-30 minutes to get to school by car, but possibly over an hour if you use public transportation. Arlington is an extremely safe place to live, and many young couples with small children rent in this area.

Back Bay and Beacon Hill: These are among the nicest areas within the central part of Boston. Beacon Hill houses a tremendously interesting and diverse group of people right in the heart of Boston, accessible to all of Boston's activities. The area features 19th and 20th century brownstones, cobblestone streets, old fashioned narrow alleyways and occasional park-like areas with big trees. Consequently, this desirable, historic area is both crowded and expensive. The Back Bay is convenient because it is within walking distance (20-30 minutes) or one bus ride (15 minutes from Copley Square) to the medical school.

Brookline: Brookline is chosen by many medical students. Its numerous advantages include safety (probably the safest area around) and proximity to the medical school. The medical school is 20 minutes away by car or bicycle and 45 by public transportation.

Most apartments are only a short distance away from one of Brookline's many public parks. The quiet, residential atmosphere and excellent shopping are a plus here. Overnight parking is prohibited, so you'll probably have to rent a space for approximately \$25-50 a month. A personal car is far from a necessity in Brookline, since you are near many other medical students, and public transportation is excellent. Many people chose to bicycle to school from Brookline (approximately twenty minutes). Brookline is safe, and convenient, but relatively expensive. (apartments range from \$250 to \$400 per person depending on the number of occupants)

Cambridge: Cambridge is a collection of different areas just across the Charles River from Boston. It is a large area and the apartment hunter will want a map which can be picked up free at the Chamber of Commerce at 859 Mass. Ave. Basically, Cambridge boils down to the Harvard Square area, North Cambridge-Fresh Pond area, East Cambridge, and Cambridgeport.

The Harvard Square Area - By far the most sought after housing in Cambridge. The competition from Harvard and MIT students for apartments and houses to share is intense. There are some bargains in older 2 and 3 family homes for sharing and in some rent controlled areas but these are hard to find because people don't like to move out of them. Rents vary, but \$300-400 for a one bedroom and \$550-700 for a two bedroom apartment are common here. The benefits are great however. Harvard Square shopping and entertainment, easy access to the Red Line and buses, much student life, relatively low crime rate.

North Cambridge-Fresh Pond Area - A little longer commute (extra 15 minutes) but somewhat lower rents. \$50-100 cheaper than Harvard Square. Fresh Pond has its own large shopping area and a large lake which is ideal for ardent joggers. Considered among the best places to live in the Boston area.

East Cambridge - An older, more "rundown" area of Cambridge. There are

some housing bargains but few students live here. East Cambridge lies behind MIT and has a good amount of new office development but little housing.

Cambridgeport - Also an older more "rundown" portion of Cambridge. There is some housing suitable for students close to Harvard Square and close to MIT, but all housing here should be carefully researched by the renter. Cambridgeport is an economically depressed portion of Cambridge and the renter must balance the cheaper rents with concerns about crime, lack of shopping facilities, etc.

Commuting From Cambridge: By car - The auto commuter will find fairly easy transportation to BUSM. Mass. Ave. runs directly under the corner of City Hospital and is about a 15 minute ride from Harvard Square. Memorial Drive also gives access to Mass. Ave. near MIT. Perhaps the fastest way is the Mass. Turnpike although this costs 35¢ from the Allston/Cambridge entrance.

A note of caution about cars. Overnight stickers or visitor permits are required to park on most Cambridge streets. Cambridge now has the "Denver Boot" to help enforce the parking laws. Parking Permits are available from the Traffic and Parking Commission on 57 Inman Street once you can document residency (eg. phone bills, electric bills in your name).

Public Transportation - The most popular route is the Red line to Broadway station. From Broadway a BUSM shuttle will (for 20¢ a coupon) take you to the Medical School. Alternatively, the Dudley bus runs down Mass Ave. to City Hospital. The "convenient" Orange Line Northampton stop is dangerous, so don't use it. See the Transportation Section for details.

Additional Notes - The best time to look for Cambridge housing is in mid to late August as summer subletters move back to dorms. Be ready and move quickly. Good places to look for housing information are Harvard and MIT public bulletin boards, especially the notice boards at Harvard Law School and Business School. A kind Harvard friend might lend you his/her ID or go with you to the Harvard housing office which keeps the most complete listing of Cambridge rentals but don't try to get in without a Harvard connection. If you choose to work through a rental agent be prepared to pay a stiff fee.

Be careful about renting on a month to month basis in a building which the owner says "might go condo". You may be out on your ear one week before December finals.

Dorchester: This community is also varied in its resident population. Rent is generally reasonable, but usually does not include heat and hot water. Dorchester has several smaller communities within it. Some of these areas have security problems. Make sure that you are looking in a safe area and that your house or building is secure.

Transportation along the Red Line is reliable. Traveling time will depend on the time of day. This past year the Medical Center has been running a shuttle bus to Broadway Station on the Red Line which eliminates the need to change trains and improves safety.

Buses do pass Boston City Hospital and also Northampton and Dudley stations on the Orange Line. Depending on where you live in Dorchester, the trip should take 10-25 minutes.

Jamaica Plain: Jamaica Plain is a fairly old and varied section of Boston. Housing quality varies from old and dilapidated to new and modern. Rents vary accordingly. Most places in JP do not include heat and hot water with the rent. Make sure you remember this when you are calculating a budget.

Transportation - If you are near the Orange Line, the medical center is only about 5-10 minutes away from the subway. If you are near the Green Line extension, you have problems. As of last September they were not running the trolleys all the way out to the end of this line. Instead there is a bus service which is at best erratic and at worst non-existent. There are regular bus lines from most of JP to Dudley station on the Orange Line, but unfortunately, this is not a safe station. If you have a car the medical center is only about 10-15 minutes away from any part of JP.

Safety seems to vary inversely with transportation convenience. In general, the closer that you are to Jamaica Pond and the Arboretum (Green Line territory) the safer the neighborhood. The least safe area is near the Orange Line and Washington Street. JP is a mix of poor, working class and middle class people from a variety of ethnic and racial backgrounds. There are lots of triple deckers that are owner occupied. The rents in the apartments in these buildings are not subject to rent control, but on the whole they tend to be reasonable and the houses are well maintained. Also owner occupied houses tend to be more secure. Rents are about \$350-\$500 for a 5 room apartment.

Newton: Over ten villages are included in the name Newton: Newton Center, Newtonville, Newton Highlands, Newton Four Corners, Waban, Newton Lower Falls, and on and on. The area is not only confusing, it is also large, so you will need a map.

Newton is suburban, with a large concentration of families. If you are looking for throngs of students after dark, this is not your town. Most of the housing is single family houses, with lawns and backyards. Many of these houses are huge, too large for small families, and they have been divided into two or more rental units. There are few condominiums for rent. Because this is such a desirable area the rents are high, and apartments are snatched up quickly. The minimum one should expect to pay for a heated, one bedroom apartment is \$450, probably \$550 is the least for a two bedroom. Exceptions can be found, but these are the figures you should expect to see. Unlike Brookline, overnight parking on the street is permitted, and therefore you acquire no monthly parking fee.

Two main roads connect Newton with Boston--Route 9 and the Mass. Turnpike. Traveling the Mass. Pike before 8:15 A.M. is easy, about 12 minutes from Newton to 'C' lot. After 8:15 A.M. the traffic gets very thick. Route 9 is not an enjoyable commute. There are many traffic lights and pot holes, and travel time may be as much as 35 minutes. On the Route 9 side of Newton is the 'D' train of the Green Line. If you take the 'D' train to Copley Square there is a half hourly bus from Copley Square to Boston City Hospital, and the entire trip is probably an hour. You can see Newton is a

place you want to have a car. It's proximity to the turnpike makes trips west easy as well. A lot of land has been set aside as parks, and it seems that wherever you live there are tennis courts and basketball courts within three or four blocks. There are several economic levels here, but Newton is generally an affluent community.

Somerville: Somerville is just past Cambridge geographically but very different. The area is mostly triple decker houses and apartment complexes. It is one of the most densely populated areas in the entire state. The rents range from about \$300-450 for a 2 bedroom apartment, but are quite variable. Housing conditions are also variable, but good deals can still be found. The population is primarily working class families with some students and young couples. Transportation is good. Buses run regularly along the two main roads to connect up with either the Green Line or the Orange Line. Other buses connect those two routes and then end at Harvard Square and the Red Line.

South End: The Medical School is located within the South End making it within walking distance and very convenient. As a general rule the best places to live are the closest to Copley Square and the farthest from Mass Ave. There are exceptions such as Worcester Square which is two blocks from the Medical School. Culturally and economically the South End is very diverse. Rent for a one bedroom apartment ranges from \$350-\$650 per month including heat. Two bedrooms range from \$500-\$900 per month. There is resident parking on the street.

Trustees Management Building: This modern high rise apartment complex houses mostly young professionals and students associated with the medical center. It is extremely convenient since it is only two blocks from the medical school. Transportation to other areas of town is fairly easy since buses to Cambridge and Copley Square leave a half a block away. Also the complex has a recreation center. The apartments include air-conditioning, heat, utilities and furnishings. Rent for a studio is \$295-345 per month, for a one bedroom \$450-460 per month and for a two bedroom \$530-540 per month. There is a one year wait for the one and two bedroom units. The biggest drawback to this building (besides the rent) is the location. As we've said before, the South End is not the safest neighborhood. Also some people who have lived in the building say they feel like they never get away from the school since their front windows looked right at it. For further information on these apartments call 424-5800. The manager is Joe Rotondi.

Graduate Dormitory 481 Commonwealth Avenue-Kenmore Square: This building is operated by the Boston University Housing Office and is a dorm for several types of graduate students, including Law and Music. It is located in Kenmore Square on the Charles River Campus. Students who live there take the meal plan (except during undergraduate vacation periods) at Myles Standish Hall, a nice large dorm for other BU students. For many, this is a great convenience. Students enjoy the opportunity to interact with undergraduate and graduate students in diverse disciplines.

RESTAURANTS & NIGHTLY ENTERTAINMENT

Variety abounds in the Boston gastronomic scene. Most palates and pockets can find a niche somewhere. This list is far from complete but below are some dependable choices. Enjoy exploring and bon appetit!

AMERICAN

Allston Depot, 353 Cambridge St., near Mass Pike/Harvard St.

Old train station converted to restaurant. (783-2300)

Brandy Pete's, 82 Broad Street, Boston (482-4615).

Durgin Park, 340 Faneuil Hall Market Place

One of the best in town. Reasonable for lunch but expensive for dinner. Beware, the waitresses are as famous as the food. Family style seating. (227-2038)

Friday's, corner of Exeter & Newbury St., Back Bay. (26 Exeter St.)

Good bar but very crowded on weekends (30-60 min. wait). Nice place to meet people after movies or shows. Wide and varied menu. (266-9040).

Friend's & Company, 199 State St., Boston, (742-8027)

Hampshire House, 84 Beacon St., across from Boston Common.

Extremely elegant but expensive. (227-9600)

Hilltop Steak House, U.S. Route 1, Saugus. (855 Broadway)

Excellent dining at largest restaurant in U.S.. 30 min. north on U.S. Rt.1. Cash only, be prepared to wait.

J.C. Hillary's Ltd., 793 Boylston St., Boston and Rte.1 at 128,

Dedham. Good prime rib. Meat is done to order.

J.C. Hillary's Lighter Side, 783 Boylston St., near Prudential Ctr.

Casual with good drinks. They do not take Mastercharge or serve only a dessert item. (536-6300)

Locke-Ober Cafe, 3 Winter Place, Boston, (near Downtown Crossing)

Classic Boston establishment. Expensive. (542-1340)

Matt Garrett's, Harvard St., Coolidge Corner, Brookline. (738-5635)

Creative and varied menu at reasonable prices. Delicious drinks.

Newbury's Steak House, 94 Mass. Ave., Boston (536-0184).

All dinners come with salad bar. Meat done to order.

Scotch & Sirloin, 77 N. Washington St., Boston (723-3677).

Dancing with DJ available in adjacent lounge. Dinner reservations suggested.

57 Restaurant, in the Howard Johnson's 57 Hotel, Park Square.

Very formal and expensive. Nice place to go if you are out in the theater district to see a show.

CHINESE

Chinatown is near the South End so it is accessible from the medical school. The area is full of restaurants so you may want to wander around and check out the menus, prices and crowds. Be careful. This is not an area to wander in alone after dark, especially for women.

Chef Chang's, 1004 Beacon St., Boston. (277-4226)

The excellent, reasonably priced luncheon special is a class favorite after a morning exam. Dinner is a bit overpriced.

Chef Chow's, 230 Harvard St., near Coolidge Corner, Brookline.

(731-3810)

Hong Kong, 1236 Mass. Ave., Across from Harvard Yard, Cambridge.

Food is only fair, but the upstairs lounge is rowdy and crowded on weekend evenings when it is open until 2 AM. "Scorpion bowling" is a Cambridge favorite.

Hunan Restaurant, 700 Mass. Ave. in Central Square, Cambridge.

Luncheon buffet. Serves EtOH. 876-7000.

Joyce Chen, 390 Rindge Ave., Cambridge (492-7373) and

302 Mass. Ave. (near MIT). (492-7272) Mandarin and Szechuan.

Lucky Garden, 282 Concord Ave., Cambridge. (354-9514)EUROPEANCafe Budapest, 90 Exeter St., Boston (266-1979).

Superb and expensive Hungarian food in a lovely atmosphere. Does not take charge cards or checks.

Grendel's Den, 89 Winthrop St., Harvard Sq., Cambridge.

Salad bar and desserts upstairs are ample and delicious. (491-1050)

The Harvest, 44 Brattle St., near Harvard Sq., Cambridge.

In spot for Cambridge professionals. Summer outdoor cafe. Expensive. (492-1115)

Magic Pan, Several locations including Newbury St., Boston.

Crepes, dinners, wine and desserts at reasonable prices. Nice atmosphere.

Maison Robert, 45 School St., Boston.

Located in Boston's Old City Hall. Charm accompanies excellent French cuisine. Seating outside in summer. Expensive. (227-3370)

Papillion Gourmet Cafe, 1353b Beacon St., Brookline (566-8495)

Cozy spot for light meals. Great cakes & pies.

Walter's, 1700 Beacon St., Brookline.

Delicious dining in elegant atmosphere. Expensive.

ITALIANCiro & Sal's, 500 Boylston St., Boston (437-0500).

Northern Italian cuisine. Unusual and exciting variety. Expensive.

Cafe Paradiso, 255 Hanover St., North End, Boston (742-1768)

Great for late night lovers.

Davio's, 269 Newbury St, Boston (262-4810)

Homemade pasta and desserts are incredible.

Daily Catch, 323 Hanover St, North End, Boston (523-8567).

Great Italian seafood, but less than 10 tables.

The European, 218 Hanover St., North End, Boston. (523-5694).

Excellent pizza. Be prepared to wait.

La Groceria, 853 Main St., Central Sq., Cambridge (547-9358).

Nice atmosphere for a first date.

Pizzeria Uno, 731 Boylston St., Boston (267-8554).

Good deep dish pizza. Large gay crowd after midnight. Other locations : Corner of Comm. Ave. & Harvard St., Allston; Harvard Square.

Regina's, 11.5 Thatcher St., North End, Boston (277-0765)

There are Quincy Mkt. and Harvard Square branches but the best pizza in Boston is found at the original North End location.

Joe Tecce's Restaurant 53 North Washington St., Boston (742-6210)

JAPANESE

Benihana's of Tokyo, 201 Stuart St., Boston.

Good for the show but very expensive (542-1166).

Chieko, 152 College Ave., Somerville (623-9263).

Genji, 327 Newbury St., near Prudential Ctr., Boston (267-5656)

The basement tea room is cozy and intimate.

KOSHER

Cafe Shalom, 404a Harvard St., Brookline. Dairy. (566-9043)

Rubin's, 500 Harvard St., Brookline. Meat (566-8761)

MEXICAN

Casa Mexico, 75 Winthrop St., Cambridge (491-4552).

Chi Chi's, 1001 Mass. Ave., Cambridge (491-2040).

El Phoenix Room, 1430 Comm. Ave, Brighton (566-8590).

Inexpensive Mexican food in a bar setting. It looks like a dive, but food can be good.

Sol Azteca 914 Beacon St., Boston (262-0909).

More formal and expensive than those listed above. Very good.

MIDDLE EASTERN

Acropolis, 1680 Mass. Ave., Cambridge.

Authentic Greek food. Moderate to expensive.

Aegean Fare, Quincy Market, Kenmore Sq. & Cleveland Circle

Good Greek sandwiches and pastries.

Averof, 1924 Mass. Ave., near Porter Sq., Cambridge (354-4500)

Belly Dancers! Good New Year's Eve extravaganza.

Masada, 1653 Beacon St., Brookline. (277-3433)

Good falafel at modest prices.

Nadia's Eastern Star, 280 Shawmut Ave., Boston (338-8091)

Authentic and cheap. Near BUSM.

SANDWICHES & DELIS

Crossroads, 405 Beacon St., Boston. (262-7371)

Good burgers and Pickwick ale.

Edible's, 329 Harvard St., near Coolidge Corner, Brookline.

Terrific sandwiches and home baked cakes and pies. Reasonable prices.

Empire Deli, 200 Brookline Ave. & the Fenway, Boston. (267-1605)

Somewhat overpriced. Open all night.

Jaffe's, 285 Harvard St., Brookline (277-6970).

Good sandwiches, soups and homestyle dinners.

Mal's NY Style Deli, 708 Comm. Ave., across from BU Law Library.

Mississippi's, 484 Comm. Ave., Boston (266-8546).

Over 50 different kind of sandwiches made from anything from sandwiches to sprouts. Try the soups and carrot cake.

Nikki's, 700 Comm. Ave., Next to Warren Towers, BU Main Campus.

Excellent pocket bread Syrian sandwiches. Ice cream too.

Premier Restaurant, 1130 Washington St., Boston (426-2218).

Gefilte fish like grandma used to make.

Proviser's, 540 Comm. Ave., Near Boston College, Newton.

Superb Cold Cuts. Expensive.

SEAFOOD

Anthony's Pier 4, 140 Northern Ave., Boston (423-6363).

Busy and expensive, but a nice place to take the parents. Jacket required for men. Reservations suggested.

Captain's Wharf, 326 Harvard St., Brookline (566-5590).

Jimbo's Fish Shanty, 245 Northern Ave., Boston (542-5600).

Owned by "Jimmy" (see below), less expensive but just as delicious.

Jimmy's Harborside, 249 Northern Ave., Boston (423-1000).

Also busy and expensive, but less pretentious than Anthony's.

Legal's Seafood, Park Plaza Hotel, Boston (426-4444). 5 Cambridge

Ctr., Cambridge (864-3400); Boylston St. (Route 9), Newton (277-7300). Excellent, wide selection. Pay before you are served.

Expensive.

No Name, 15.5 Fish Pier, Boston (338-7539).

Superb, fresh seafood at reasonable prices. BYOB and prepare for a long wait.

Union Oyster House 41 Union St., Boston. (277-2750)

SOUL

Bob the Chef, 604 Columbus Ave., Boston (536-6204).

Best soul food around. Inexpensive.

Satch's, 43 Stanhope St., Boston (266-2929).

A little expensive. Jazz musicians play in the dining room and bar.

SUNDAY BRUNCH

Capucino's, 1370 Beacon St., Brookline (731-4848).

Champagne brunch with choice of 30 items from the menu.

Hyatt Regency, Memorial Drive, Cambridge.

Three elegant settings for brunch.

Top of the Hub, Prudential Center, Boston (536-1775).

All you can eat buffet includes breakfast and hot lunch foods, fruits and salads.

33 Dunster St., Harvard Square, Cambridge (354-0636).

MISCELLANEOUS

Seventh Inn, 272A Newbury St., Boston (247-2475)

Creative vegetarian food with Japanese & Middle Eastern influence.

Thailand Restaurant, 177a Mass. Ave., Boston.

Unusual and Delicious.

ICE CREAM

Bailey's, Baskin Robbins, Brighams, - Old Standbys throughout Greater Boston.

Emack & Bolio's, Numerous locations including Coolidge Corner.

Outstanding, gourmet ice cream.

(Steve) Herrell's, Corner of Brighton Ave. & Harvard St., Allston.

The original Steve opened this chain after he screwed up and sold the rights to Steve's and someone else made millions using his name. Just as good!

Ice Cream Factory, 1663 Beacon St., Brookline. (731-6256)

Homemade ice cream.

Steve's, 191 Elm St., Somerville (623-9449).

Nationally renowned for homemade ice cream and "mixins". Branches throughout the city (Mass. Ave., Coolidge Corner, Fanueil Hall),

but go to Somerville for the real experience.

Sweet, Sweet !, 22 Harvard St., Brookline. (739-9153)

Wide variety of flavors. Scrumptious chocolate cakes, cookies, croissants. You can get virtually any chocolate creation imaginable.

Other Delicious Places: White Mountain Creamery, Il Dolche Momento, Dave's, J.P. Licks, and Toscanini's.

BARS & CLUBS

Buddy's, 733 Boylston St., Boston (262-2480)

Good disco, great lights, big crowd. Mostly for gay men.

The Bull and Finch, 84 Beacon St., Boston.

Model for the TV show "Cheers". Hangout for statehouse workers. Sometimes you want to go where everybody knows your name. (227-9605)

Cask'n Flagon, 62 Brookline Ave., Boston (536-4800).

Good for after studying. Entertainment some nights.

Daisy Buchanan's, Newbury St., Boston.

Upscale Yuppie mecca.

The Dugout, 726 Commonwealth Ave., Boston.

Great for after the library. Friendly, relaxed atmosphere. No pitchers.

Hong Kong, Harvard Square, Cambridge. (See Chinese restaurants).

In Square Men's Bar, Inman Square, Cambridge.

Don't let the name deceive you. Women are welcome here.

Jason's Restaurant & Nightclub, 131 Clarendon St., Boston (262-9000).

No cover in the nightclub. Proper dress required.

The Metro, 15 Lansdowne St., Boston. Largest dance floor in town.

Molly's, 161 Brighton Ave., Allston (783-2900).

Good game room. Different deal each night. Informal.

The Palace, Route 99, Saugus (45 min. north)

Massive entertainment complex with 3 night clubs (50's, Swing, Disco)

The Paradise, 969 Commonwealth Ave. (near Case Ctr.), Boston. (254-2052)

DJ plays taped music until 2 AM. You can see local comedians at the adjacent comedy club "Stitches" and then have free admission to the dance floor.

Play It Again Sam's, 1313 Comm. Ave., Allston.

Have a pizza and beer while you watch popular films in the movie theater (free with \$1 pass which is good for 3 months). The downstairs comedy club features regional comedians on weekends. Relaxed young crowd.

Ryle's, 212 Hampshire, Cambridge (876-9330)

Casual atmosphere. Live jazz bands.

Spinoff, 145 Ipswich St., Boston. (437-0000)

Big roller disco. Tuesday night is mostly gay.

33 Dunster St., Harvard Sq., Cambridge (354-0636).

1270, 1270 Boylston St., Brookline (437-1257).

Young crowd. Both straight and gay, men and women. Two clubs; 1 disco, 1 punk. Rooftop bar. A good place for gays to take their straight friends where everyone can have a good time.

FANUEIL HALL - This area has several classes of places. Many of them serve dinner. On any evening (especially weekends) most of these places are packed with throngs of people.

Cityside, Cricket's, Houlihan's, Lilly's, Nicely Nicely's, Seaside.

SPORTS AND RECREATIONBOSTON UNIVERSITY CASE ATHLETIC CENTER, 285 Babcock St., Boston.

Recreation Hotline : 353-4141
Front Desk (Case Ctr.) : 353-4636
Phys. Ed. & Recreation Dept. : 353-2748

Fee : None. Be prepared to show valid student I.D. to gain entry.

Facilities : 25 Yard Pool
Weight Room (Universal and free weights)
Several Multipurpose Gyms
Outdoor Tartan Track
2 Astroturf Fields (Nickerson Field & Malvern St. Field)
Walter Brown Ice Arena (Skate rentals available)
3 Tennis Courts (Call 353-2764, reserve a day in advance)

Sargent Gym, 1 University Road
Sailing and Canoeing Docks

Hours : Call Hotline for daily schedule.

BOSTON CITY SOUTH RECREATION CENTER, 35 Northampton St., Boston.

This convenient facility is located in the Trustee's Management Bldg. (also called the Codman Apartment Complex) 4th floor and may be reached by entering the City Hospital Ambulatory Care Center at the corner of Massachusetts Ave. and Harrison Ave.. Take the elevator to the second floor and walk along the passageway across Mass. Ave.

Membership Rates : Photo I.D. - \$2
Single Monthly - \$20
3 Month - \$50
Semi - \$75
Annual - \$115

Daily Guest Fee : \$3 (Guests must leave I.D. at desk)

Facilities : Gym - Basketball, Volleyball, Jogging
Pool - Swimming, Diving
Exercise Room - Universal Weight Machines
Squash Courts (3) - (\$2 per 45 min court time)

Hours : M - F : 11 AM - 8 PM
Sat : 10 AM - 5 PM
Sun : 2 PM - 7 PM

Everyone must be out of the center at closing time. There are no refunds on any memberships.

INTRAMURAL SPORTS - BOSTON UNIVERSITY

For those who enjoy participating in classes or organized sports, the Department of Physical Education and Recreation provides a full spectrum of activities. There are intramural sports including tournament play in individual and team sports. Last year medical students fielded teams in intramural soccer, crew, ice hockey, indoor soccer and softball. Last year's BU Intramural Crew Regatta was won by a crew of BUSM II students.

In the spring, two BUSM softball teams participated in medical school softball tournament held at Brown University in Providence.

Fees : Some sports clubs charge membership dues. Most activities are free.

Hours : Most programs are run in the evening. Some are scheduled during the day. Check with the P.E. office for the one which interests you.

Ask for Tom Duval, Judy Heller or Glen Moss (353-2748).

Spectators may be interested in the BU varsity sports teams. Both men's and women's programs in a wide range of activities carry full competitive. The Director of Sports Marketing (353-2872) will be glad to provide you with any information regarding varsity sports.

PROFESSIONAL SPORTS

Boston is the home of the Red Sox, Celtics, Bruins and Patriots.

Red Sox	267-8661	Fenway Park, Kenmore Square
Celtics	523-6050	Boston Garden, North Station
Bruins	277-3206	Boston Garden, North Station
Patriots	262-1776	Sullivan Stadium, Foxboro

The city's offerings are many: canoeing on the Charles, sailing at Community Boating, ice skating in the Public Garden, running in the Boston Marathon, or roller skating on the Esplanade. The Boston Globe, CALENDAR section, included in every Thursday's edition, can help you get started.

TOURIST ATTRACTIONS

As you may know, there is a lot to see and do in Boston. Below, we have listed some points of interest. Check with the GLOBE CALENDAR section every Thursday for a weekly listing of current events. It might be worthwhile to purchase one of the many guide books to Boston that are available at local book stores.

Be aware that prices and hours change frequently with the seasons and inflation. Call before you go to one of these places to make certain that you have the correct information.

The guide included here may be slightly outdated but will serve as an introduction to some of the many activities and opportunities which Boston has to offer. In addition to these, don't miss a tour of the Mapparium (free) at the Christian Science Center.

Historical Attractions include:

Freedom Trail	Longfellow House
Old South Meeting House	Boston Massacre Site
Park Street Church	Bunker Hill Monument
Old State House	Granary Burial Ground
Paul Revere House	King's Chapel
Old North Church	St. Steven's Church
State House and Archives	Old West Church
USS Constitution and Museum	Boston Tea Party

Call for hours and prices of admission before you go.

Outside Boston

Old Sturbridge Village, Sturbridge, Mass.
 Plimouth Plantation, Plymouth, Mass.
 Naismith Basketball Hall of Fame, Springfield, Mass.
 In Salem: The Witch Museum, Peabody Museum of Salem and
 The House of Seven Gables
 Tanglewood, Lenox, Mass.
 Summer home of the Boston Symphony Orchestra
 Revolutionary War Historical Sites, Lexington & Concord, Mass.
 Cliffwalk, Mansions and Beaches, Newport, RI.

Parks

Amory Park, Amory and Beacon Streets; softball and soccer fields, tennis courts, bird sanctuary.
 Arnold Arboretum, Arborway in Jamaica Plain. 265 acres and absolutely beautiful. No longer safe at night.
 Fenway, behind the Museum of Fine Arts, between Park Drive and the Fenway; easily reached, not safe at night but fun during the day; a good place to study, relax and meet people.
 Boston Common, between Park, Tremont, Boylston and Charles Streets in Downtown Boston. The heart of the city.
 The Esplanade, along the Charles River, behind Back Bay.
 The Hatch Shell, with the free summer Pops concerts, is here. Also, bike paths, sailboat docks and an MDC swimming pool.
 Franklin Park Zoo, Eggleston, Orange Line.

Garden in the Woods, Framingham, maintained by the New England Wildflower Society.

There are several Audubon Sanctuaries in the Boston area. For locations and directions call the Massachusetts Audubon Society.

Cruises

Harbor Tours of Boston - Cruises depart from :

Long Wharf (near the Aquarium) : Bay State, Boston Harbor Cruises

Commonwealth Pier : Bay State Provincetown Cruises.

Call for current fares and schedules.

Beaches

Georges Island State Park. Call the above mentioned companies about transportation to the park. Have fun sunning, swimming or exploring historic Fort Warren.

Nantasket Beach: Accessible by car (30 min from BUSM). Often crowded.

Crane's Beach, Ipswich: Miles of pure white sand.

Singing Beach: Manchester, N.H.- The sand "sings" when you walk on it.

Rockport and Gloucester: Accessible by car and rail (75 min from BUSM).

Nahant Beach: 30 min. from Boston, not as nice as the beaches farther North.

Devreaux Beach (Marblehead Neck): Known for good windsurfing conditions.

Wingersheek Beach (South of Gloucester) : Scenic Rocky Harbor

Duxbury Beach: 50 min. south of Boston.

Cape Cod National Seashore: 2 hours south (Rte. 3 to Rte. 6)

Beautiful dunes, a longer drive but worth the trip.

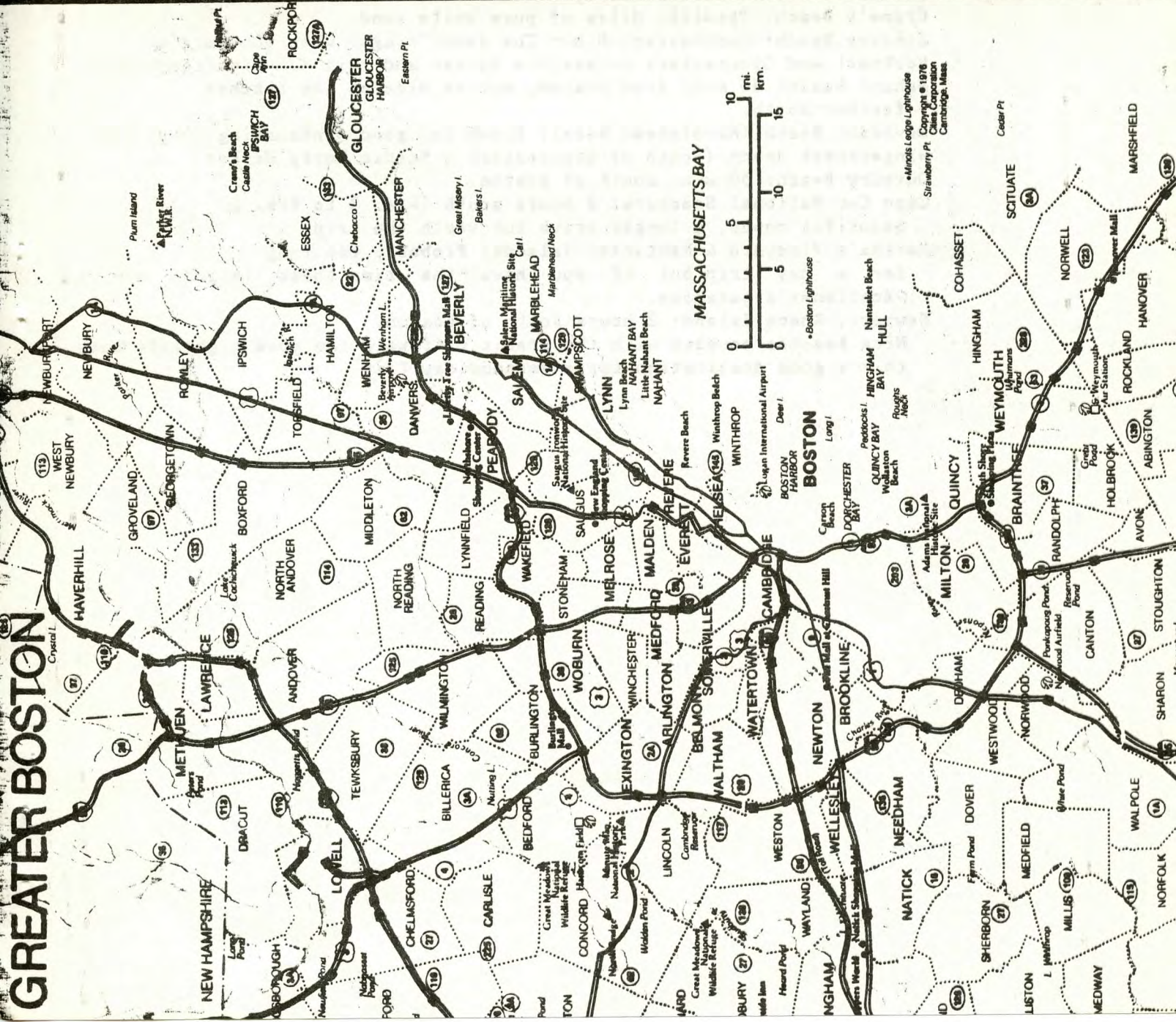
Martha's Vineyard & Nantucket Islands: Probably too long

for a day trip but if you have the time these islands are a vacationer's paradise.

Newport, Rhode Island: 2 hours south of Boston.

Nice beaches coupled with the scenic cliffwalk and good nightlife make this a good destination for a weekend day trip.

GREATER BOSTON



Getting In & Out of Boston

Major highways come directly into Boston, including the extension of the Mass. Turnpike, one of the two main westerly routes. However, it is frequently difficult to travel efficiently by automobile. A stranger is liable to be confused by the one-way traffic and infrequent signs. It is most advisable to stop and ask directions. Boston's network of highways can be confusing to the uninitiated.

Getting In. From the West, Rte. 90 (Mass. Pike) is the most clear route inbound. Three major exits: EXIT 18-20 Cambridge/Allston—best for Cambridge and Charles River locations; EXIT 22—Prudential Center/Copley Square—best for Back Bay, Fenway, Kenmore Square and Boston Common Visitor Center (via Boylston, Charles, Beacon, Park and Tremont Streets); EXIT 24—Expressway/Downtown—best for Downtown, North and South highway access.

From the South: Rts. 95, 24 and 3 all "feed" into Rte. 128 East which leads into Rte. 9 inbound. Two major exits: KNEELAND ST./CHINATOWN—best for Back Bay, Theatre District and Boston Common Visitor Center (via Kneeland, Charles, Beacon, Park and Tremont Streets); DOCK SQUARE—best for Airport, North End, Waterfront and Faneuil Hall Marketplace.

From the North: Rts. 95, 1 and 93 enter Boston on elevated highway structures. Four major exits: STORROW DRIVE—best for Back Bay, Beacon Hill, Cambridge and Boston Common Visitor Center (via Government Center exit and Cambridge Street which becomes Tremont Street); DOCK SQUARE—best for Airport, North End, Waterfront and Faneuil Hall Marketplace; HIGH STREET—best for Downtown; KNEELAND STREET—best for Chinatown and Theatre District.

Getting Out. To the West: Rte. 90 (Mass. Pike) best route. From Downtown, enter the "Pike" at KNEELAND STREET. In the Back Bay take ARLINGTON STREET, COPLEY SQUARE or MASS. AVENUE at Newbury Street.

To the South: Rte. 93 (Southeast Expressway) is the only choice and is always congested (frustrating near rush-hour). Enter at KNEELAND STREET, DOCK SQUARE, or STORROW DRIVE. Be patient!

To the North: Rte. 93 (Southeast Expressway) heads North out of Boston on elevated highway structures which split into Rte. 93 and Rte. 1. Traffic is fast moving. Frequently heavy at this "fork." Decide on the road you want before starting out. Rte. 93—best exit (off fork) for Northwest Suburbs and New Hampshire; Rte. 1—best exit (off fork) for Mystic River (Lobin) Bridge and North Shore; coastal New Hampshire and Maine.

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BOSTON

6

This section could have begun: Boston, with a population of over 600,000, is the eighteenth largest city in the country. It is the educational mecca of the world. Universities, schools, museums, historical sites and the arts abound. Gardens, public parks and flowing rivers enhance Boston's beauty. Only your interest and energy limit the possibilities and opportunities in this great city.

This is all true. But instead of descriptions and generalities this handbook contains useful information and listings. We thought you would appreciate it more.

No handbook would sufficiently describe Boston, and this doesn't attempt to be an "everything you need to know" source book. We highlighted major attractions and resources. Use it to guide your own interests.

Every person is different; so is every city. Boston is not a dwarfed Manhattan, a giant Hartford or a disguised Cleveland. Boston pulsates with its own heart and surfaces with a schizophrenic personality varied enough to challenge even Sybil. Boston clearly deserves your examination and diagnosis.

Boston, like life, is what you make it. This section is just a taste of places to go and things to do. See it now! Hindsight isn't half as exciting.

Boston, the town, was first settled in August of 1630. On February 23, 1882, Massachusetts Governor John Brooks incorporated Boston as a city. On September 29, 1976, the John Hancock Insurance Company formally added its \$160-million, 60-story gleaming skyscraper to the changing profile of Boston.

Time races by; change is intrinsic. But Boston manages to maintain a fertile soil for growth and innovation while it also nurtures the symbols, structures and art from its past. The meshing of old and new is a common theme of discourse. Discover the juxtaposition in the Boston Public Library as well as the Christian Science World Headquarters. Or walk along the quiet cobblestone streets of Beacon Hill and gaze beyond the parks to the modern buildings. It's all here.

Following is a list of some of the more famous historical sites; they are all worthwhile. In Boston, a leisurely walk is a lesson in history and modern technology. (Hours were accurate at the time of compilation but are subject to change.)

Boston Tea Party Ship and Museum
Congress Street Bridge
Mon.-Fri., 9-5; Sat.-Sun., 9-6
338-1773

Faneuil Hall
Quincy Market
Mon.-Fri., 9-5; Sat.-Sun., 9-6
523-2980

Harrison Gray Otis House
141 Cambridge Street
Mon.-Fri., 9-5
227-3956

Old Corner Bookstore
50 Bromfield Street
Mon.-Sat., 9-5:30
542-2313

HISTORICAL SITES





Old North Church
193 Salem Street
Mon.-Sun., 9-5
523-6676

Old South Meeting House
310 Washington Street
Mon.-Fri., 10-5
482-6439

Old State House
210 Washington Street
Mon.-Fri., 10-4, Sat., 9-5
523-7033

Park Street Church
1 Park Street
Mon.-Sun., 9-5
523-3383

Boston Public Library
666 Boylston Street, Copley Square
Mon.-Fri., 9-9; Sat., 9-6; Sun., 2-6
536-5400

Paul Revere House
19 North Square
Mon.-Sun., 10-4
523-1676

State House and Archives
Beacon Street—Room 50
Mon.-Fri., 9-5
727-2121

U.S.S. Constitution and Museum
City Square
Mon.-Sun., 9-3:50
242-0543

Also:
Boston Massacre Site
Bunker Hill Monument
Central Hill Burying Ground
Granary Burying Ground
King's Chapel
Old West Church
St. Stephen's Church

COLLEGES AND UNIVERSITIES

Boston University is the fourth largest private university in the United States. You're definitely not alone. You and your 25,000-plus classmates share Greater Boston with almost 250,000 other students. Each college and university has its own personality and offerings. Although the Boston University community could keep you busy, you shouldn't miss out on the other schools' library services, parties, students and experiences. Remember: this big city seems smaller when you know your way around. Here is a list of some of the schools in town.

Babson College
Wellesley Avenue
Wellesley—235-1200

Berklee College of Music
1140 Boylston Street
Boston—266-1400

Boston College
140 Commonwealth Avenue
Newton—969-0100

Boston Conservatory of Music, Inc.
8 The Fenway
Boston—536-6340

Brandeis University
415 South Street
Waltham—647-2000

Emerson College
130 Beacon Street
Boston—262-2010

Emmanuel College
400 The Fenway
Boston—277-9340

Harvard University
Massachusetts Avenue
Cambridge—495-1000

Lesley College
29 Everett Street
Cambridge—868-9600

Massachusetts Institute of Technology
77 Massachusetts Avenue
Cambridge—253-1000

Northeastern University
360 Huntington Avenue
Boston—437-2000

Pine Manor Junior College
400 Heath Street
Chestnut Hill—731-7000

Simmons College
300 The Fenway
Boston—738-2000

Suffolk University
41 Temple Street
Boston—723-4700

Tufts University
Medford—628-5000

Wheelock College
200 The Riverway
Boston—734-5200

MUSEUMS

"If you went to every one of these museums, you'd be so well cultured you wouldn't believe it," said an anonymous student. But seriously, Boston is a rich depository of culture, and there's no reason why you shouldn't have a share of the wealth. Here is a list of popular museums.

The Museum of Science
Science Park, Charles River Dam, Boston
Admission: \$2.25 with I.D.; Fri., 5-10, \$1
Times: Mon.-Thurs., 9-4; Fri., 9-10;
Sat., 9-5; Sun., 10-5
723-2500

The Isabella Stewart Gardner Museum
280 The Fenway, Boston
Admission: Free
Times: Tues., 1-9:30; Wed.-Sun., 1-5:30
734-1359

Museum of Fine Arts
465 Huntington Avenue, Boston
Admission: \$1.75; Sun., \$1.25; Tues.,
5-9, free
Times: Tues., 10-9; Wed.-Sun., 10-5
267-9377

The New England Aquarium
Central Wharf, Boston
Admission: \$3; Fri., 4-9, \$2.50
Times: Mon.-Thurs., 9-5; Fri., 9-9;
Sat., Sun., 9-6
742-8870

Brockton Art Center
Fuller Memorial, Brockton
Admission: Donation
Times: Tues.-Sun., 1-5
1-588-6000

Busch-Reisinger Museum
29 Kirkland Street, Cambridge
Admission: Free
Times: Mon.-Sat., 9-4:45
495-2338

Fogg Art Museum
32 Quincy Street, Cambridge
Admission: Free
Times: Mon.-Sat., 9-5; Sun., 1-4
495-2387

The Children's Museum
Atlantic Avenue, Boston
Admission: \$2:50
Times: Tues.-Sun., 9-4; Fri., 10-9
522-5454

De Cordova Museum
Sandy Pond Road, Lincoln
Admission: Free
Times: Tues.-Fri., 10-5; Wed., 10-9:30;
Sat., 9-5; Sun., 1:30-5
259-8355

Hammond Museum
Hesperus Avenue, Gloucester
Admission: \$2.50
Times: Mon.-Fri., 10-3; Sat.-Sun., 10-4
1-283-2080

Institute of Contemporary Art
955 Boylston Street, Boston
Admission: 50¢, Wed., 2-9, free
Times: Tues.-Sat., 10-5; Sun., 12-5; Wed.,
10-9
266-5151

Museum of American China Trade
215 Adams Street, Milton
Admission: \$1.50
Times: Tues.-Sun., 1-4
696-1815

National Center of Afro-American Artists
122 Elm Hill Avenue, Roxbury
Admission: Free
Times: Mon.-Fri., 9-6; Sat., Sun., 9-5
442-8820

Roxbury Center Museum of Afro-American History
90 Warren Street, Roxbury
Admission: 25¢
Times: Mon., Tues., Fri., 11-3; Sat., 11-5
445-7400

Boston University
SFA Gallery, 855 Commonwealth Avenue
353-3329
Admission: Free
Times: Mon.-Sat., 10-4; Sun., 2-5
GSU Gallery, 775 Commonwealth Avenue
Admission: Free
Times: Mon.-Fri., 10-4
353-3737

Brandeis University
Rose Art Gallery, South Street, Waltham
Admission: Free
Times: Tues.-Sun., 1-5
647-2403

Massachusetts College of Art
Longwood Gallery, 364 Brookline Avenue
Admission: Free
Times: Mon.-Fri., 9-5
731-2340

University of Massachusetts, Boston
Harbor Gallery, New Student Union
Admission: Free
Times: Mon.-Fri., 9-5
287-1900



OTHER SITES

John Hancock Observatory
 Admission: \$1.50
 Times: Mon.-Fri., 9-10:15; Sat., 12-10:15
 247-1977

Prudential Skywalk
 Admission: \$1.50
 Times: Mon.-Thurs., 9-11; Fri.-Sat., 9-12
 236-3318

Freedom Trail
 15 Court Square, Boston
 338-1976

NOTE: For the Official Bicentennial Guide Book, call 338-1976 or 523-7033.

MEDIA

If alternative media are a sign of democracy and a free society, Boston qualifies with flying colors. Here is a list of media in Boston.

TELEVISION STATIONS

WBZ-TV (NBC)-4
 1170 Soldiers Field Road, Allston 02134
 787-7000

WCVB-TV (ABC)-5
 5 TV Place, Needham 02192
 449-0400

WGBH-TV (PBS)-2
 125 Western Avenue, Allston 02134
 492-2777

WLVI-TV (IND)-56
 75 Morrissey Boulevard, Boston 02125
 288-3200

WNAC-TV (CBS)-7
 RKO General Building
 Government Center, Boston 02114
 725-2700

WSBK-TV (IND)-38
 83 Leo M. Birmingham Parkway,
 Brighton 02135
 783-3838

RADIO STATIONS

WBCN
 5005 Prudential Tower, Boston 02199
 Progressive rock-104.1 FM
 266-1111

WBOS
 275 Tremont Street, Boston 02116
 Disco-92.9 FM
 357-8677

WBZ
 1170 Soldiers Field Road, Allston 02134
 Adult, contemporary-1030 AM
 Album-oriented rock-106.7 FM
 787-7000

WCAS
 620 Massachusetts Avenue,
 Cambridge 01239
 Progressive rock, jazz-740 FM
 492-6450

WHUE
 234 Clarendon Street, Boston 02116
 "Beautiful music"-1150 AM and 101 FM
 267-0123

WCOZ
 441 Stuart Street, Boston 02116
 Progressive rock-94.5 FM
 421-5666

WCRB
 750 South Street, Waltham 02154
 Classical-102.5 FM
 893-7080

WEEI
 4450 Prudential Tower, Boston 02199
 Preprogrammed soft rock/jazz-103.3 FM
 All news-590 AM
 262-5900

WEZE
 10 Arcade Statler Office Building,
 Boston 02116
 Religious-1260 AM
 328-0880

WGBH
 125 Western Avenue, Allston 02134
 Classical, jazz, educational-89.7 AM
 492-2777

WHDH
 441 Stuart Street, Boston 02116
 Contemporary-85 AM
 421-5600

WHRB
 45 Quincy Street, Cambridge 02138
 Classical, jazz, folk, blues, rock-95.3 FM
 495-4818



WILD
390 Commonwealth Avenue, Boston 02215
R & B 1090 AM
267-1900

WJIB
68 Commercial Wharf, Boston 02110
"Beautiful music"-96.9 FM
523-6611

WITS
115 Broadway, Boston 02116
Information, talk, sports-1510 AM
338-4400

WNTN
143 Rumford Avenue, Newton 02166
Contemporary-1550 AM
969-1550

Boston Globe
135 Morrissey Boulevard, Boston 02107
929-2000

Boston Herald American
300 Harrison Avenue, Boston 02106
426-3000

Christian Science Monitor
1 Norway Street, Boston 02115
262-2300

Daily Free Press
28 Cummington Street, Boston 02215
353-3655

Boston is widely regarded as the sports capital of the country. The fans have an unrivaled energy and devotion. The *Boston Globe* annually wins national awards for its sports reporting; it is never thin on substance. Fenway Park, home of the Red Sox, is just around the corner. Basketball, hockey, and football are farther away but easily accessible.

Give me a B-O-S-T-O-N. What's it spell? Great sports.

Boston Red Sox Baseball Club
24 Yawkey Way, Boston
Tickets and Information
267-8661

Boston Bruins Hockey Club
150 The Causeway, Boston
227-3223

WRKO
RKO General Building
Government Center, Boston 02114
Top 40-68 AM
725-2700

WROR
RKO General Building
Government Center, Boston 02114
Contemporary-98.5 FM
725-2700

WROL
312 Stuart Street, Boston 02116
Religious, talk-95 AM
423-0210

WUNR
275 Tremont Street, Boston 02116
Foreign language-1600 AM
357-8677

***The Real Paper**
929 Massachusetts Avenue, Cambridge
02139
492-1650

***The Boston Phoenix**
100 Massachusetts Avenue, Boston
02115
536-5390

*Good guides for additional activities and current listings in Boston. (Also good is the Thursday *Boston Globe* Calendar Section.)

DAILY/WEEKLY NEWSPAPERS

BIG-TIME SPORTS

Boston Celtics Basketball Club
North Station, Boston
523-6050

New England Patriots Football Club
Route 1, Foxboro
1-262-1776

All you celluloid enthusiasts-Boston is your town. Enjoy a large selection of classics, near-classics, foreign, and Hollywood films. Also check the Boston University film showings at reduced prices.

MOVIE THEATRES

Brattle Theatre
40 Brattle Street, Cambridge
876-4226

Allston Cinema I & II
214 Harvard Avenue, Allston
277-2140

THEATRES

Nickelodeon
600 Commonwealth Avenue, Boston
247-2160

The Orson Welles Cinema
1001 Massachusetts Avenue, Cambridge
868-3600

Sack Theatres
141 Tremont Street, Boston
542-7225

Harvard Square Theatre
Harvard Square, Cambridge
864-4580

An unknown playwright once wrote "A play is good to see." No wonder the playwright was unknown; still, the words are wise and deserve to be acted upon. This list indicates various stages and companies encompassing many types and styles of theatre. Break a leg.

Colonial Theatre
Pre- and Post-Broadway Productions
106 Boylston Street, Boston
426-9366

Shubert Theatre
Pre- and Post-Broadway Productions
265 Tremont Street, Boston
426-4520

Wilbur Theatre
Pre- and Post-Broadway Productions
252 Tremont Street, Boston
423-4008

Charles Playhouse
74 Warrenton Street, Boston
426-6912

Music Hall
268 Tremont Street, Boston
423-3300

Loeb Drama Center, Harvard University
64 Brattle Street, Cambridge
864-2630

Next Move Theatre
955 Boylston Street, Boston
536-0600

Boston Ballet Company
19 Clarendon Street, Boston
542-3945

Boston Shakespeare Company
300 Massachusetts Avenue, Boston
267-5600

PLACES FOR MUSIC

Boston is home and host to artists capable of satisfying all listeners' desires. This great musical center offers everything from Kiss to Brahms. There are many other places that may be right for you; let your ears decide.

Symphony Hall
Boston Pops
Boston Symphony Orchestra
266-1492

Orpheum Theatre
Hamilton Place, Boston
482-0650

Boston Garden
North Station, Boston
227-3200

Paradise
969 Commonwealth Avenue, Boston
254-2052

Jonathan Swift's
30 Boylston Street (Basement), Cambridge
661-9887

The Met in Boston
31 St. James Street, Boston
482-2840

Berklee Performance Center
136 Massachusetts Avenue, Boston
266-7455

Opera Company of Boston
Box Office, 711 Boylston Street, Boston
267-8056

Museum of Fine Arts
465 Huntington Avenue, Boston
267-9300

Gardner Museum
280 The Fenway, Boston
734-1359

Goethe Institute
170 Beacon Street, Boston
262-6050

French Library in Boston
53 Marlboro Street, Boston
266-4351

Handel and Haydn Society of Boston
158 Newbury Street, Boston
266-3605

Jordan Hall
30 Gainsborough Street, Boston
536-2412



Note to readers: Window shopping is fun and free; otherwise, take money.

SHOPPING

Newbury Street from the Auditorium MBTA stop to the Public Garden; Boylston Street from Prudential Center to Tremont Street; Washington Street MBTA station, Home of the Corner, Jordan Marsh and Filene's; Harvard Station, The Harvard Coop, and many specialty shops; The Chestnut Hill Mall, Route 9, Newton.

Bon appetit.

FOOD

Star Market at Prudential, open 24 hours
Store 24, 700 Commonwealth Avenue
Haymarket Station
Faneuil Hall Market

Bon voyage.

TRANSPORTATION

WALKING

Freedom Trail
Boston Urban Wilds
Contact: Convention and Tourist Bureau
9000 Boylston Street
538-4100

BUSES

Trailways
10 Park Square, Boston
482-6620
Greyhound
St. James Street
423-5810

BIKING

Bike Trails Maps
Contact: Metropolitan Area Planning
Council (MAPC)
44 School Street, Boston
523-2454

RAILROADS

North Station
Services the North Shore and points close to
Boston.
227-5070
South Station
Has Amtrak to New York with connections
to any part of the country.
Back Bay Station
Also has Amtrak to New York.
482-4400
Call Amtrak on free information line.
800-523-5720

AIRLINES

Logan Airport, East Boston
American Airlines, 542-6700
Delta Airlines, 567-4100
Eastern Airlines, 262-3700
United Airlines, 482-7900

TAXIS

Red Cab, 734-5000
Checker Cab, 536-7000
Independent Cab, 426-8700

ORANGE LINE

Points of Interest

Arnold Arboretum, Arborway, Forest Hills
Boston City Hospital, 818 Harrison Ave.
Boston Garden
Boston Massacre Site, State St.
Bunker Hill Monument, Bunker Hill, Charlestown
Copp's Hill Burying Ground, Battery and Commercial Sts.
Custom House, State and India Sts.
Faneuil Hall, Faneuil Hall Sq.
Federal Building (Post Office and U.S. Court),
Post Office Sq.
Franklin Park

Stations

Forest Hills
Northampton
North Station
State
Community College
Haymarket
State
State
State
Egleston



BOSTON

New England Medical Center Hospitals, 37 Bennett St.
Boston Dispensary, 25 Bennett St.
Boston Floating Hospital, 20 Ash St.
New England Center Hospital, 171 Harrison Ave.
Pratt Diagnostic Hospital, 171 Harrison Ave.
North Station, Causeway St.
Old City Hall, School St.
Old North Church (Christ Church), Salem St.
at foot of Hull St.
Old South Meeting House, Washington and Milk Sts.
Old State House, Washington and State Sts.
Paul Revere House, 19 North Sq.
Tufts Medical and Dental School, 136 Harrison Ave.
U.S. Frigate *Constitution*, Charlestown

Essex
Essex
Essex
Essex
Essex
North Station
State

Haymarket
State
State
Haymarket
Essex
Community College

RED LINE

Points of Interest

Adams National Historical Site, Quincy
Agassiz Museum, Oxford Street, Cambridge
American Museum of Negro History, 70 Charles St.
Cambridge Common, Harvard Sq., Cambridge
Carney Hospital, 2100 Dorchester Ave., Dorchester
Charles River Basin (Esplanade and Edward Hatch
Memorial Shell)
Dorothy Quincy House, Quincy
First Parish Church (Crypt of Presidents John and
John Quincy Adams), Quincy
Fogg Art Museum, Quincy St., Cambridge
Harvard University, Cambridge
Henry Wadsworth Longfellow House, Cambridge
John Adams Birthplace, Quincy
John Quincy Adams Birthplace, Quincy
Joshua Quincy House, Quincy
Massachusetts General Hospital, Fruit St.
Massachusetts Institute of Technology, Memorial
Drive, Cambridge
Old Granary Burying Ground, Tremont St.
Peabody Museum, Divinity Ave., Cambridge
Radcliffe College, 10 Garden St., Cambridge
South Station, Dewey Sq.
State House, Beacon St.
University of Massachusetts, Columbia Point

Stations
Quincy Center
Harvard
Charles-MGH
Harvard
Ashmont

Charles-MGH
Quincy Center

Quincy Center
Harvard
Harvard
Harvard
Quincy Center
Quincy Center
Quincy Center
Charles-MGH

Kendall
Park
Harvard
Harvard
South Station
Park
Columbia

BLUE LINE

Points of Interest

Aquarium, Atlantic Ave.
Boston City Hall, Government Center
Boston Massacre Site, State St.
Custom House, State and India Sts.
Faneuil Hall, Faneuil Hall Sq.
Federal Building (Post Office and U.S. Court),
Post Office Sq.
Government Center
John F. Kennedy Federal Building, Government Center
Logan International Airport, East Boston
New England Museum, 141 Cambridge St.
Old City Hall, School St.
Old South Meeting House, Washington and Milk Sts.
Old State House, Washington and State Sts.
Revere Beach (Beach and Amusement Area), Revere
State Office Building, Government Center
Suffolk Downs (Horse Racing Track), East Boston
Suffolk University, 40 Derne St.
Wonderland Dog Track, Revere

Stations
Aquarium
Government Center
State
State
State

State
Government Center
Bowdoin
Airport
Bowdoin
State
State
State
Wonderland
Bowdoin
Suffolk
Bowdoin
Wonderland

GREEN LINE

Points of Interest

Arnold Arboretum, Arborway, Forest Hills
Boston Arena, 238 St. Botolph St.
Back Bay Station, Dartmouth St.
Beth Israel Hospital, 330 Brookline Ave.
Boston City Hall, Government Center
Boston College, 140 Commonwealth Ave.
Boston Common

Stations
Forest Hills
Symphony
Copley
Fenway Park
Government Center
Boston College
Boylston

BOSTON

Boston Garden
Boston Public Library, Copley Sq.
Boston State College, 625 Huntington Ave.
Boston University, 685 Commonwealth Ave.
Continental Trailways Terminal, 10 Park Sq.
Emerson College, 130 Beacon St.
Emmanuel College, 400 The Fenway
Fenway Park (Red Sox), Jersey St.
Gardner (Isabella Stewart) Museum, 280 The Fenway
Government Center
Greyhound Lines Terminal, 10 St. James Ave.
Harvard Medical and Dental Schools, 240 Longwood Ave.
Hynes Auditorium, 900 Boylston St.
John F. Kennedy Birthplace, 83 Beals St., Brookline
Lahey Clinic, 605 Commonwealth Ave.
Museum of Fine Arts, 479 Huntington Ave.
Museum of Science, Science Park, Boston
New England Conservatory of Music, 290 Huntington Ave.
New England Deaconess Hospital, 185 Pilgrim Rd.
Northeastern University, 360 Huntington Ave.
North Station, Causeway St.
Old Granary Burying Ground, Tremont St.
Old North Church (Christ Church), Salem St.
at foot of Hull St.
Paul Revere House, 19 North Sq.
Prudential Center, Boylston St.
Public Garden, Boylston and Arlington Sts.
Simmons College, 300 The Fenway
State House, Beacon St.
Symphony Hall, 251 Huntington Ave.
Tremont Street Subway (First subway in America)
U.S. Veterans Administration Hospitals
150 S. Huntington Ave., Jamaica Plain
University of Massachusetts, Park Square
Wentworth Institute, 550 Huntington Ave.

North Station
Copley
Brigham Circle
Boston University
Boylston
Arlington
Fenway Park
Kenmore-Fenway Park
Brigham Circle
Government Center
Arlington
Brigham Circle
Auditorium
Coolidge Corner
Boston University
Northeastern
Science Park
Northeastern
Longwood
Northeastern
North Station
Park

Haymarket
Haymarket
Prudential
Arlington
Fenway Park
Park
Symphony
Park

Heath
Arlington
Northeastern

