

1 **Effects of Group II Metabotropic Glutamate Receptor Modulation on Ethanol- and**
2 **Sucrose-Seeking and Consumption in the Rat.**

3 Kyle A. Windisch & Cristine L. Czachowski

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11 From Department of Psychology, Indiana University-Purdue University Indianapolis,
12 Indianapolis, IN (KAW, CLC).

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16 Communicating author: Kyle A. Windisch, PhD, The Laboratory of the Biology of Addictive
17 Diseases, The Rockefeller University, 1230 York Ave., Box #171, New York, NY 10065; Tele.:
18 212-327-8490; E-mail: kwindisch01@rockefeller.edu

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27 **Abstract**

28 *Rationale:* Previous studies suggest that group II metabotropic glutamate receptors (mGluR2/3)
29 are involved in regulating ethanol seeking and consumption. *Objective:* The mGluR2/3 agonist
30 LY379268 (LY37) and selective mGluR2 positive allosteric modulator biphenyl-indanone A
31 (BINA) were used to investigate the relative contribution of mGlu2 and mGlu3 receptors on
32 ethanol and sucrose seeking and consumption. A microinjection study was then performed to
33 examine the role of nucleus accumbens (NAc) core mGluR2/3 on ethanol-seeking. *Methods:*
34 For the systemic experiments, separate groups of male Wistar rats [LY37 (0-2.0 mg/kg); BINA
35 (0-20 mg/kg)] were trained to complete a response requirement (RR) resulting in access to 10%
36 ethanol or 2% sucrose (in separate groups) for a 20-minute drinking period. Animals then
37 underwent consummatory testing (weekly drug injections with RR1) followed by appetitive
38 testing (weekly drug injections followed by extinction session). A separate group of male Wistar
39 rats was surgically implanted with bilateral guide cannulae directed towards the NAc core and
40 had weekly microinjections followed by an extinction session. *Results:* Systemic administration
41 of the mGluR2/3 agonist LY37 significantly reduced ethanol- and sucrose-seeking. The same
42 treatment also reduced sucrose consumption and body weight (24-hours post injection).
43 Systemic administration of the selective mGluR2 PAM BINA, however, had no effect on either
44 seeking or consumption of ethanol or sucrose. Intra-accumbens core LY37 significantly reduced
45 ethanol-seeking. *Conclusions:* These findings suggest that systemic mGluR2/3 agonism, but not
46 allosteric modulation of mGluR2, reduces reinforcer seeking. In particular, NAc core group II
47 mGluR may be involved in regulating ethanol-seeking.

48 **Keywords:** Metabotropic Glutamate Receptors, LY379268, BINA, LY341495, Alcohol, Self-
49 Administration

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51 Introduction

52 Group II metabotropic glutamate receptors (mGluRs), mGlu2 and mGlu3, are
53 predominately presynaptically located $G_{\alpha_{i/o}}$ associated G-protein coupled receptors highly
54 expressed in the cortex, nucleus accumbens (NAc), striatum, amygdala, and hippocampus
55 (Ohishi et al. 1998; Tamaru et al. 2001; Xi et al. 2002). Group II mGluRs negatively regulate
56 synaptic glutamate release (Scanziani et al. 1997; Xi et al. 2002). Given their expression in
57 brain regions associated with drug reinforcement and regulation of excitatory neurotransmission,
58 group II mGluR agonists have been examined for possible involvement in regulating drug
59 reinforcement. The non-selective group II mGluR agonist LY379268 (LY37) has been shown to
60 reduce both operant self-administration and cue-induced reinstatement for several drugs of
61 abuse including cocaine and ethanol (Baptista et al. 2004; Bossert et al. 2005; Bossert et al.
62 2004; Kufahl et al. 2011; Liechti et al. 2007). Mixed findings have been reported for the effects
63 of LY37 on alternative/natural reinforcers with either no effect (Baptista et al. 2004; Zhao et al.
64 2006) or a reduction in alternative reinforcer seeking and/or consumption at the highest LY37
65 dose tested (Jin et al. 2010; Kufahl et al. 2011; Liechti et al. 2007; Peters and Kalivas 2006).
66 However, this high dose of LY37 has been shown to reduce locomotor behavior (Backstrom and
67 Hyytia 2005; Kufahl et al. 2011) suggesting that the effect of LY37 on natural reinforcers may be
68 due to sedative effects of LY37 at high doses. Further examination of the effects of systemic
69 administration of LY37 on alternative reinforcer seeking and consumption is needed to clarify
70 the specificity of mGluR2/3 in modulating ethanol reinforcement.

71 Growing evidence suggests that the effects of non-selective Group II mGluR agonists,
72 such as LY37, on decreasing drug self-administration and reinstatement of drug-seeking are not
73 due to equal contributions of mGlu2 and mGlu3 receptor agonism. Mice lacking mGluR3 display
74 normal cocaine self-administration, extinction, and reinstatement responding (Cannella et al.
75 2013) while mGluR2 deficient mice display increased cocaine place preference (Morishima et al.

76 2005) and increased preference for and consumption of ethanol (Zhou et al. 2013). This
77 suggests that loss of mGluR2, but not mGluR3, results in increased preference for and intake of
78 drugs of abuse. Here the mGluR2 positive allosteric modulator Biphenyl indanone-A (BINA) was
79 used to examine the role of mGluR2 in regulating ethanol-seeking and consumption.

80 In the present study, the effect of moderate doses of systemic LY37 and BINA
81 administration on ethanol-seeking and consumption were assessed using the sipper tube
82 method (e.g., Czachowski et al. 2001). In this method, the seeking response (lever press) is
83 procedurally separated from the consummatory response (drinking) allowing for discrete
84 analysis of the effect of LY37 and BINA on each behavior independently. Given that prior
85 systemic LY37 and BINA studies show either similar or reduced effects when comparing self-
86 administration to reinstatement responding (Backstrom and Hyttia 2005; Bossert et al. 2005; Jin
87 et al. 2010; Liechti et al. 2007; Sidhpura et al. 2010), we hypothesized that systemic modulation
88 of group II mGluRs, by either orthosteric agonism or mGlu2 positive allosteric modulation, would
89 preferentially reduce ethanol seeking versus consumption in non-deprived Wistar rats using the
90 sipper tube model. Furthermore, given the increasing evidence that the reduced ethanol-
91 seeking observed with systemic LY37 is due to agonism of mGlu2 but not mGlu3 receptors, we
92 hypothesized that modulation of mGlu2 receptors via systemic administration of the selective
93 mGluR2 PAM BINA would result in a similar efficacy in attenuating ethanol-seeking as observed
94 with the mGluR2/3 agonist LY37.

95 Ethanol has been shown to influence glutamatergic signaling following both acute and
96 chronic administration, particularly within the NAc and ventral tegmental area (VTA). For
97 instance, acute administration of low to moderate ethanol doses (0.5 – 1 g/kg) results in
98 increased extracellular glutamate concentrations in the VTA, NAc, and hippocampus (Ding et al.
99 2012; Moghaddam and Bolinao 1994; Selim and Bradberry 1996). Elevated NAc extracellular
100 glutamate concentrations have also been observed during withdrawal following experimenter

101 administered ethanol (Melendez et al. 2005) and home cage ethanol drinking (Ding et al. 2013).
102 Intra-accumbens administration of LY37 in “post-dependent” C57BL/6J mice reduced 2-hour
103 limited access home cage ethanol drinking (Griffin et al. 2014). Since inactivation of the NAc
104 core but not NAc shell has been shown to reduce responding to an ethanol-conditioned stimulus
105 in a novel context (Chaudhri et al. 2010), the NAc core subregion was selected for our initial
106 microinjection experiment to begin clarifying the loci of action of mGluR2/3 agonists in regulating
107 ethanol-seeking. As intra-accumbens LY37 administration produced nonspecific reductions in
108 locomotor activity in alcohol-preferring P rats (Besheer et al. 2010), in the present experiment
109 the non-sedative group II antagonist LY341495 (LY34) (Chi et al. 2006) was microinjected into
110 NAc core following systemic agonist LY37 administration. We hypothesized that NAc core
111 administration of mGluR2/3 antagonist LY34 would attenuate the suppressive effects of
112 systemic LY37 administration on ethanol-seeking suggesting the involvement of NAc core
113 mGluR2/3 in the regulation of ethanol-seeking.

114 **Material and methods**

115 *Animals*

116 Male Wistar rats (Hsd:WI, Harlan Labs, Indianapolis, IN), weighing 165 - 210 g at the
117 beginning of the experiment, were single housed on a 12-hour light/dark cycle (lights on at
118 0500). Animals had ad libitum access to both food and water except for a mild water restriction
119 during the first week of training. Animal care and procedures were in accordance with NIH
120 Guidelines for the Care and Use of Laboratory Animals (2011) and approved by the IUPUI
121 Institutional Animal Care and Use Committee (IACUC).

122 *Apparatus*

123 Sessions were conducted daily (5 days/week) in operant chambers (30x30x24.5 cm;
124 Med-Associates, St Albans, VT). Chambers were located in sound attenuated enclosures with

125 exhaust fans to mask external noise. The chambers were equipped with a house light, a single
126 retractable lever, and a single retractable graduated sipper tube located on the wall opposite the
127 lever. The sipper tube consisted of a graduated cylinder tube with a rubber stopper and
128 stainless steel tube with two ball bearings to prevent leakage. Med-Associates software was
129 used to control input and output from each chamber.

130 *Systemic Experiment: Training*

131 Upon arrival, animals were weighed and handled twice during the week preceding initial
132 training (see Figure 1a for an overview of the entire experiment). Sessions were conducted at
133 the same time daily during the lights on portion of the light/dark cycle. During initial training,
134 animals underwent a brief (14-18 hr) water deprivation prior to the first training session, followed
135 by a mild 2-4 day water restriction to facilitate acquisition of lever-press responding. Food and
136 water were available ad libitum for the remainder of the testing.

137 Separate groups of rats (LY37 and BINA) were initially trained to lever press on a FR1
138 schedule for 15 seconds of access to a 10% oral sucrose reinforcer. Once lever press was
139 acquired (1-3 sessions), the schedule was increased gradually over sessions to a final FR4
140 schedule while the sucrose was gradually reduced using a modified sucrose-fade procedure
141 (Samson 1986). For the sucrose-fade, over a 3-week period, the sucrose concentration was
142 gradually reduced over sessions while ethanol was gradually faded into the solution (for ethanol
143 groups). Final reinforcer concentrations were 2% sucrose (sucrose groups) and 10% ethanol
144 (ethanol groups). The FR4 schedule was then discontinued and a response requirement (RR)
145 was implemented allowing for procedural separation of seeking from consumption. For this,
146 animals had 20 minutes to complete the RR (initially 4 lever presses). Once the RR was met,
147 the lever was retracted and the sipper tube was inserted into the chamber. Animals then had 20
148 minutes of unrestricted access to the reinforcer. The RR was gradually increased over sessions
149 to a final RR of 10 lever presses.

150 *Systemic Experiment: Drinking Test Phase*

151 Following training, animals underwent a six-week Drinking Test Phase. Animals had
152 once weekly test sessions on Thursday with a RR of 1 lever-press so that minimal effort was
153 required to gain access to the reinforcer. The other four sessions were non-injection sessions
154 with a RR of 10. Animals were first habituated to the test procedure with a systemic vehicle
155 injection then received IP drug injections (0.0, 0.3, 1.0, 1.5, and 2.0 mg/kg LY37; 0, 5, 10, and
156 20 mg/kg BINA) in a balanced design (random dose order across injection sessions with doses
157 balanced across animals: 3 animals/dose and 3 doses/injection session). LY37 and BINA doses
158 used were selected based on the literature for drug doses not shown to influence locomotor
159 behavior (Backstrom and Hyytia 2005; Jin et al. 2010; Kufahl et al. 2011). Following the drinking
160 test phase, animals had a three-week period during which no drugs were administered and the
161 RR was gradually increased from 10 to 20 lever presses.

162 *Systemic Experiment: Seeking Test Phase*

163 Animals then underwent a six-week Seeking Test Phase using the same vehicle
164 habituation, followed by weekly drug injections with doses administered in a balanced design.
165 During the weekly test session, systemic drug injection was followed by a non-reinforced
166 extinction session. During the extinction session, animals had 20 minutes of access to the lever,
167 but did not gain access to the reinforcer. To control for possible scent cues, filled bottles were
168 placed on the retracted holders. Animals had weekly reinforced vehicle injection sessions (on
169 Tuesdays) to reduce the likelihood of systemic injection predicting an extinction session. The
170 other three sessions were normal reinforced sessions.

171 *Microinjection experiment (Figure 1b)*

172 The apparatus and training were identical to those of the systemic experiment. Following
173 surgery (see below), animals were allowed to reacquire lever press responding with the RR

174 gradually increased over sessions to a final response requirement of 15. NAc core blockade of
175 systemic mGluR2/3 agonist induced suppression of ethanol-seeking was performed using the
176 non-selective group II mGluR antagonist LY34. For microinjections, rats were gently restrained
177 in a small holding tub (27 x 17 x 12 cm). Each obturator was removed and replaced with a
178 stainless-steel injector (33 gauge) that extended 1 mm beyond the end of the guide cannulae.
179 Drug solutions were delivered bilaterally in a volume of 0.5 μ L/side over a one-minute period
180 using 25.0 μ L Hamilton syringes and KD Scientific Infusion Pumps (Model 101; KD Scientific
181 Inc., Holliston, MA). The drug was then allowed 30 seconds to diffuse prior to removal of the
182 injector. Following injection, obturators were replaced and the animal was returned to the animal
183 carrier prior to the operant session. Animals had weekly microinjection extinction test sessions
184 on Thursdays (identical to extinction sessions during seeking test phase of systemic experiment)
185 with “normal” reinforcer sessions the remaining four days. To prevent an association of the
186 microinjection procedure with the extinction session, a reinforced sham session and a no
187 injection extinction session occurred the week following the first and third sets of microinjections,
188 respectively. Animals were initially habituated to the microinjection procedure with a systemic
189 vehicle injection plus sham microinjection (<10 mm injectors placed into guide cannulae with no
190 fluid administered) followed by an extinction session. Animals then received each of four sets of
191 systemic injection plus NAc core microinjection in a balanced design (systemic vehicle + NAc
192 core vehicle, systemic LY37 + NAc core vehicle, systemic LY37 + NAc core LY34, and systemic
193 vehicle + NAc core LY34). After the final set of systemic injection plus NAc core microinjections,
194 animals received a microinjection of LY37 (0.5 μ g/0.5 μ L/side) without systemic injection to
195 determine the effects of agonist administration into the NAc core.

196 *Surgery*

197 Following training, animals were surgically implanted with bilateral guide cannulae
198 directed towards the NAc core. Thirty minutes prior to surgery, the non-steroidal anti-

199 inflammatory drug (NSAID) carprofen was administered (5 mg/kg; sc) for pain relief. Rats were
200 anesthetized with sodium pentobarbital (60 mg/kg, ip), the top of the head shaved, and the rat
201 placed in the stereotaxic apparatus (Benchmark Digital Stereotaxic; myNeuroLab, St. Louis, MO)
202 with incisor bar set at 3.3 mm below the interaural line. Stainless steel guide cannulae (13 mm;
203 26 gauge) were implanted bilaterally terminating 1 mm dorsal to the NAc core using bregma,
204 midline, and dura surface as reference (AP +1.6, ML \pm 1.6, DV - 6.0; Paxinos and Watson
205 1998). Removable wire obturators (13mm length; 33 gauge) were placed into the guide
206 cannulae to limit obstruction and maintain patency. Following surgery, animals had two days to
207 recover prior to resuming operant sessions. Animals were checked daily to ensure proper
208 wound healing and lack of infection.

209 *Histology*

210 Following the completion of the final operant session, the animals were deeply
211 anesthetized with sodium pentobarbital (120 mg/kg, ip) and transcardially perfused with
212 phosphate buffered saline (PBS) then 10% formalin. The brains were removed and stored in 10%
213 formalin. The brains were sliced (60 μ m sections) using a cryostat (Leica CM1950, Leica
214 Microsystems Inc., Buffalo Grove, IL), mounted, and stained using cresyl violet. Site verification
215 was performed using a light microscope. Only animals with confirmed bilateral cannulae
216 placement in the NAc core were included in the analyses.

217 *Drugs*

218 Ethanol solutions were prepared volume/volume in water using 95% ethanol. Sucrose
219 and sucrose/ethanol solutions were prepared weight/volume. The non-selective group II mGluR
220 agonist LY379268 [(1R,4R,5S,6R)-4-Amino-2-oxabicyclo[3.1.0]hexane-4,6-dicarboxylic acid]
221 (Santa Cruz Biotechnology, Inc., Dallas, TX) was dissolved in sterile 0.9% saline and injected at
222 a volume of 1.0 mL/kg body weight. The selective mGluR2 positive allosteric modulator BINA

223 [Biphenyl-indanone A (3'-[[[2-Cyclopentyl-2,3-dihydro-6,7-dimethyl-1-oxo-1*H*-inden-5-
224 yl)oxy]methyl]-[1,1'-biphenyl]-4-carboxylic acid)] (Santa Cruz Biotechnology, Inc., Dallas, TX;
225 Tocris Bioscience, Minneapolis, MN) was dissolved in 0.5% dimethyl sulphoxide (DMSO) and 1%
226 sodium hydroxide (NaOH) diluted with sterile water then titrated to a final pH of 7.4 using 1%
227 lactic acid and injected at a volume of 5 mL/kg body weight. Sterile saline and sterile water plus
228 0.5% DMSO and 1% NaOH titrated to a final pH of 7.4 using 1% lactic acid were vehicle
229 treatments for LY37 and BINA respectively. For systemic experiments, LY37 (0-2.0 mg/kg) and
230 BINA (0-20 mg/kg) were administered 30 and 60 minutes prior to the operant session
231 respectively.

232 For microinjections, LY37 was dissolved in artificial cerebrospinal fluid (aCSF; Harvard
233 Apparatus, Holliston, MA) and the non-selective group II mGluR antagonist LY341495 [(2*S*)-2-
234 Amino-2-[(1*S*,2*S*)-2-carboxycycloprop-1-yl]-3-(xanth-9-yl) propanoic acid] (Santa Cruz
235 Biotechnology, Inc., Dallas, TX) was dissolved in 20% DMSO plus aCSF. Sterile aCSF plus 20%
236 DMSO was used as the vehicle treatment for LY34. LY37 (1.5 mg/kg) was administered ip 30
237 minutes prior to the microinjection and LY34 (1.0 µg/side) was administered 10 minutes prior to
238 the start of the operant session. For the final microinjection, LY37 (0.5 µg/side) was
239 administered 10 minutes prior to the start of the operant session.

240 *Data Analyses*

241 Daily session intakes of ethanol and sucrose were determined from the change in
242 volume in the sipper tube (mL). Ethanol intake (g/kg) and sucrose intake (mL/kg) were
243 calculated from session intake and daily body weight measures. Total lever presses, latency to
244 first lever press (in sec), and latency to first lick (in sec) were recorded for each session. Ethanol
245 and sucrose consumption data were analyzed separately using one-way within-subject repeated
246 measures analysis of variance (RM ANOVA). To examine potential protracted effects of the
247 acute drug administration on reinforcer intake, change in intake was computed by subtracting

248 the intake during the reinforced session 24-hrs following the drug treatment from the intake
249 during the reinforced session 24-hrs prior to drug treatment (i.e., Friday intake minus
250 Wednesday intake). For systemic administration experiments, appetitive responding, lick
251 latencies, and body weight change [body weight 24-hrs post-injection (Friday) minus body
252 weight 1-hr prior to injection (Thursday)] were analyzed using two-way RM ANOVAs with dose
253 and reinforcer as factors. For NAc microinjection experiment appetitive responding, lever press
254 latency, and body weight change were analyzed using one-way within-subject RM ANOVA. The
255 final LY37 microinjection session was not included in the original balanced design; therefore, the
256 systemic vehicle plus NAc core vehicle and NAc core LY37 were compared using a paired
257 samples t-test. Post-hoc comparisons were performed using Student-Newman-Keuls test
258 ($p < 0.05$). All analyses were conducted using SigmaStat3.5 (Systat Software, Inc., Chicago, IL).

259 **Results**

260 Systemic Experiment

261 One animal in the LY37 ethanol group had poor behavioral performance during both
262 testing phases and was removed from analysis (LY37 ethanol $n=8$; LY37 sucrose $n=9$; BINA
263 ethanol $n=9$; BINA sucrose $n=9$). Prior to drug injections, ethanol-reinforced animals consumed
264 a mean of 0.64 ± 0.06 g/kg of ethanol for LY37 and 0.67 ± 0.04 g/kg for BINA. Sucrose-
265 reinforced animals consumed a mean of 3.69 ± 0.32 mL/kg of sucrose for LY37 and 4.12 ± 0.28
266 mL/kg for BINA (data not shown).

267 *Drinking Test Phase*

268 For the Drinking Test Phase, a significant effect of LY37 treatment on sucrose intake
269 (mL/kg) was observed [$F(4, 32) = 12.887$, $p < 0.001$] with post hoc analyses indicating a
270 significant decrease in sucrose consumption at the 1.5 and 2.0 mg/kg dose ($p < 0.01$) compared
271 to LY37 vehicle (figure 2a). No effect of LY37 on ethanol consumption (g/kg) was observed [$F(4,$

272 28) = 1.65, $p=0.19$] (figure 2b). No effect of BINA on either sucrose [$F(3, 24) = 0.418$, $p=0.74$] or
273 ethanol consumption was observed [$F(3, 24) = 1.34$, $p=0.28$] (figure 2c and 2d). No protracted
274 effect of either LY37 or BINA was observed for either ethanol [LY37: $F(4,28) = 1.975$, $p=0.13$;
275 BINA: $F(3,24) = 1.154$; $p=0.35$] or sucrose consumption [LY37: $F(4,32) = 2.309$, $p=0.08$; BINA:
276 $F(3,24) = 0.254$; $p=0.86$] as measured by the difference in intake during reinforced session 24-
277 hrs following drug treatment (Friday session) from intake during reinforced session 24-hrs prior
278 to drug treatment (Wednesday session; data not shown).

279 *Seeking Test Phase*

280 A significant main effect of LY37 on appetitive responding was observed [$F(4, 60)$
281 $=30.33$, $p<0.001$]. Post hoc analyses indicate that LY37 significantly ($p<0.001$) decreased
282 seeking at the 1.0, 1.5, and 2.0 mg/kg LY37 doses (figure 3a). No interaction of treatment x
283 reinforcer was observed [$F(4, 60) = 1.682$, $p=0.17$]. A main effect of BINA treatment [$F(3, 48)$
284 $=3.1587$, $p<0.05$] on seeking was observed (figure 3b). Post hoc analyses indicate that the
285 effect was due to a significant difference between the 5 mg/kg and 20 mg/kg dose ($p=0.03$) and
286 a moderate decrease in seeking at the 20 mg/kg dose compared to vehicle ($p = 0.055$). No
287 protracted effect of either LY37 or BINA was observed for either ethanol [LY37: $F(4,26) = 1.167$,
288 $p=0.35$; BINA: $F(3,23) = 1.072$; $p=0.38$] or sucrose consumption [LY37: $F(4,32) = 0.879$, $p=0.49$;
289 BINA: $F(3,24) = 0.693$; $p=0.57$] as measured by the difference in intake during reinforced
290 session 24-hrs following drug treatment (Friday session) from intake during reinforced session
291 24-hrs prior to drug treatment (Wednesday session; data not shown).

292 *Latency to First Lick*

293 The latency to first lick is the time (in sec) following successful completion of the lever
294 press response requirement (RR1) for the animal to turn, traverse the chamber, and make initial
295 contact with the sipper tube. Average lick latency for vehicle administration was 2.35 ± 0.59

296 seconds in the LY37 groups and 1.61 ± 0.13 seconds in the BINA groups. A significant main
297 effect of LY37 on latency to first lick was observed [$F(4, 54) = 3.39, p < 0.05$] (table I). However,
298 post hoc analysis revealed that this effect was due to a within dose difference in first lick latency
299 (1.5 mg/kg compared to 0.3 and 1.0 mg/kg doses, with the high dose of 2.0 mg/kg not
300 significantly different from any other dose or vehicle). No effect of BINA administration was
301 observed for latency to first lick [$F(3, 48) = 1.63, p = 0.20$] (table I). Overall, no dose of either the
302 mGluR2/3 agonist LY37 or mGluR2 PAM BINA significantly increased the latency to first lick
303 compared to the vehicle.

304 *Body Weight*

305 The change in body weight between injection session and subsequent session (24 hrs
306 post-injection) during the drinking and seeking test phases was computed to examine possible
307 nonspecific effects of systemic LY37 and BINA administration. A significant main effect of LY37
308 on body weight during the drinking test phase was observed [$F(4, 64) = 17.99, p < 0.001$]. Post
309 hoc analyses indicate that LY37 significantly ($p < 0.01$) decreased body weight 24 hours following
310 systemic injection at the 1.0, 1.5, and 2.0 mg/kg LY37 doses relative to vehicle (table II). No
311 interaction of treatment x reinforcer was observed [$F(4, 64) = 1.35, p = 0.26$]. Similarly, a
312 significant main effect of LY37 on body weight during the seeking test phase was observed [$F(4,$
313 $64) = 10.271, p < 0.001$]. Post hoc analyses indicate a significant ($p < 0.01$) reduction in body
314 weight 24 hours following systemic LY37 administration at the 1.0, 1.5, and 2.0 mg/kg doses
315 relative to vehicle (table II). No interaction of treatment x reinforcer was observed [$F(4, 64)$
316 $= 0.12, p = 0.98$]. No effect of systemic BINA administration was observed for body weight during
317 either the drinking test phase [$F(3, 48) = 0.56, p = 0.65$] or seeking test phase [$F(3, 48) = 1.337,$
318 $p = 0.27$] (table II). Overall, systemic administration of the non-specific mGluR2/3 agonist LY37,
319 but not the mGluR2 PAM BINA, consistently decreased body weight 24-hours following
320 systemic administration.

321 Microinjection Experiment

322 Four subjects were removed from the experiment prior to the start of the microinjection
323 testing due to poor behavioral performance. Of the remaining subjects, six subjects were
324 confirmed to have bilateral cannulae placement with injection into the NAc core (n=6). During
325 the week prior to the sham habituation injection, animals consumed a mean of 0.44 ± 0.05 g/kg
326 ethanol.

327 *Appetitive Responding*

328 For systemic plus NAc core mGluR2/3 modulation, a significant main effect of treatment
329 on appetitive responding was observed [$F(4, 20) = 12.58, p < 0.001$]. Post hoc analyses indicate
330 that systemic LY37 plus NAc core vehicle decreased seeking compared to systemic vehicle plus
331 NAc core vehicle ($p < 0.01$) (figure 4). Systemic LY37 plus NAc core LY34 was also shown to
332 decrease seeking compared to systemic vehicle plus NAc core vehicle ($p < 0.05$). However,
333 appetitive responding following systemic LY37 plus NAc core LY34 was not significantly
334 different from responding during systemic LY37 plus NAc core vehicle ($p = 0.56$). Administration
335 of mGluR2/3 antagonist LY34 following systemic vehicle administration did not decrease
336 seeking compared to systemic vehicle plus NAc core vehicle ($p = 0.85$). Given the inability of NAc
337 core antagonist to attenuate the systemic agonist induced suppression of ethanol-seeking,
338 agonist (LY37) was microinjected into the NAc core to clarify whether NAc core group II mGluRs
339 are involved in the regulation of ethanol-seeking. As this injection was not counterbalanced
340 across animals, the data were analyzed using a paired samples t-test (NAc core LY37 vs
341 systemic vehicle plus NAc core vehicle). Appetitive responding following NAc core LY37
342 administration was significantly decreased compared to systemic vehicle plus NAc core vehicle
343 [$t(5) = 2.58, p < 0.05$].

344 *Latency to First Lever Press*

345 Examination of lever press latency can be confounded for sessions in which the animal
346 does not emit a lever press response (since this may indicate either sedation or a decrease in
347 reinforcer seeking). Therefore, analysis of lever press latency was performed using both a
348 conservative approach (non-response interpreted as seeking behavior and trials excluded from
349 analysis) and liberal approach [non-response interpreted as diminished locomotion and
350 maximum latency (1200 sec) used]. Neither the conservative [$F(3,11)=0.355$, $p=0.79$] nor liberal
351 [$F(3,15)=0.314$, $p=0.82$] analyses indicated any effects of treatment on lever press latency (table
352 I). The effect of NAc core LY37 administration was analyzed separately using a pair-samples t-
353 test (NAc core LY37 vs systemic vehicle plus NAc core vehicle). Neither the conservative [$t(2)$
354 $=0.81$, $p=0.51$] nor liberal [$t(5)=-1.74$, $p=0.14$] analyses yielded significant effects of treatment
355 suggesting that NAc core administration of neither LY34 nor LY37 had a significant effect on
356 latency to initiate responding.

357 *Body Weight*

358 A significant main effect of systemic treatment on the change in body weight between
359 injection session and subsequent session was observed [$F(1, 10) =8.87$, $p<0.01$]. Post hoc
360 analyses indicate that systemic LY37 administration significantly ($p<0.01$) decreased body
361 weight 24 hours following injection (table II). The average change in body weight following
362 systemic LY37 administration was -21.4 ± 2.1 g.

363 **Discussion**

364 Overall, systemic administration of the group II mGluR agonist LY37 significantly
365 decreased reinforcer seeking and selectively decreased sucrose, but not ethanol, consumption
366 at doses not shown to affect the latency to initiate responding. As well, in two separate
367 experiments, systemic LY37 administration was noted to decrease body weight 24-hours
368 following administration. Aside from the body weight change, animals were healthy and not

369 observed to be in distress. Systemic administration of the mGluR2 PAM BINA had no effect on
370 reinforcer consumption and no dose-related or reinforcer-specific pattern of effects on
371 reinforcer-seeking. Systemic administration of BINA also had no effect on body weight. Finally,
372 no protracted effect of acute administration of LY37 or BINA on either sucrose or ethanol
373 consumption was observed.

374 Prior studies examining the effect of systemic group II mGluR agonists and PAM
375 administration on operant self-administration used fixed ratio reinforcement schedules that
376 require animals to engage in a seeking response prior to consumption of a small amount of the
377 reinforcer across the duration of the session (Backstrom and Hyytia 2005; Jin et al. 2010; Liechti
378 et al. 2007; Sidhpura et al. 2010). Such studies, therefore, measure a mixture of seeking and
379 consumption. In the present study, a “sipper tube” method (e.g., Czachowski et al. 2001) was
380 used to assess the effect of moderate doses of systemic LY37 and BINA administration on
381 ethanol-seeking and consumption. In this method, a once-daily seeking response (lever press)
382 is procedurally separated from the consummatory response (drinking) allowing for discrete
383 analysis of the effect of LY37 and BINA on each behavior independently. Previous studies have
384 reported a decrease in operant ethanol self-administration using a fixed ratio schedule following
385 systemic LY37 administration (Backstrom and Hyytia 2005; Sidhpura et al. 2010). This is in
386 agreement with our finding of reduced ethanol-seeking following systemic administration of the
387 mGluR2/3 agonist LY37. However, here we observed that systemic LY37 administration does
388 not significantly affect ethanol consumption. The lack of LY37 effect on ethanol consumption
389 suggests a limitation of a fixed ratio procedure in that it assesses a combination of reinforcer
390 seeking and consumption across the session while the sipper tube model allows for examination
391 of reinforcer consumption specifically without the seeking confound. Together these findings
392 suggest that regulation of neurotransmission via mGluR2/3 activation specifically influences
393 ethanol-seeking with no effect on ethanol consumption.

394 More importantly, systemic administration of the group II mGluR agonist LY37 was
395 observed to reduce seeking and consumption of an alternative reinforcer (sucrose) at doses not
396 found to significantly affect start latencies. Of the previous studies that have examined the effect
397 of LY37 on seeking and/or consumption of an alternative reinforcer, either no effect (Baptista et
398 al. 2004; Zhao et al. 2006) or only at the highest dose of LY37 tested (3 mg/kg), was alternative
399 reinforcer seeking and/or consumption reduced (Kufahl et al. 2011; Liechti et al. 2007; Peters
400 and Kalivas 2006). However, this same dose of LY37 (3 mg/kg) shown to reduce seeking and
401 consumption of food reinforcers was also shown to significantly reduce spontaneous locomotor
402 behavior (Kufahl et al. 2011) suggesting that the observed effect of LY37 on reinforcer seeking
403 and consumption is due to the sedative effects of LY37. However, here we demonstrated that
404 LY37 does, in fact, reduce not only sucrose seeking but also sucrose consumption and body
405 weight 24-hours following systemic administration at doses not observed to result in significant
406 changes in response initiation. Further, a significant reduction in both sucrose seeking and body
407 weight was observed following administration of 1.0 mg/kg LY37, a dose which has previously
408 been shown to have no significant effect on spontaneous locomotor behavior (Kufahl et al.
409 2011). These findings indicate that the behavioral effects of group II mGluRs agonists are not
410 specific to ethanol-seeking, but rather agonism of mGluR2/3 results in a general reduction in the
411 incentive salience of reinforcers. This may be due to a possible transient drug-induced
412 anhedonic-like state or malaise. Conversely, as sucrose but not ethanol consumption was
413 reduced following LY37 administration, the effect of systemic LY37 on seeking and consumption
414 may be due to the involvement of group 2 mGluRs in regulating feeding and satiety. Further
415 research is needed to clarify the mechanism by which systemic mGluR2/3 agonism reduces
416 seeking and consumption of natural reinforcers.

417 Systemic administration of the selective mGluR2 PAM BINA (0-20 mg/kg, ip) did not
418 significantly affect seeking or consumption of either ethanol or sucrose. Previously, BINA was

419 shown to decrease both cocaine self-administration (20 and 40 mg/kg) and cue-induced
420 reinstatement of cocaine seeking (10, 20, and 40 mg/kg) with no effect on food self-
421 administration or cue-induced reinstatement of food-seeking (Jin et al. 2010). It is possible that
422 the lack of BINA effect on ethanol seeking and/or consumption observed here was due to the
423 Wistar rats used not expressing functional mGlu2 receptors given the recent findings of a
424 premature stop codon mutation in mGluR2 (*Grm2* cys407*) for some commercially available
425 Wistar rat populations (Wood et al. 2017). However, this is unlikely as Wood et al (2017) did not
426 observe the mutation in this strain of Harlan Wistar rats (Hsd:WI, n=48). It is also possible that a
427 higher dose of BINA may have decreased reinforced responding and/or intake, but note that the
428 high dose was twice the dose necessary to decrease cocaine seeking.

429 Interpretation of the separate contribution of mGlu2 and mGlu3 receptors in reinforcer
430 seeking is difficult with systemic LY37 and BINA administration due to the differing mechanisms
431 of action of the drugs (i.e., orthosteric agonism compared to positive allosteric modulation,
432 respectively). The lack of a significant effect of systemic BINA administration on ethanol seeking
433 could suggest that the decreased reinforcer seeking observed following systemic LY37
434 administration is driven primarily by agonist action at mGlu3 receptors. However, previous
435 studies have shown that rats homozygous for a mGluR2 stop codon (*Grm2* cys407*) which
436 results in loss of functional mGluR2 expression (Corda et al. 2014; Manzo et al. 2012; Zhou et
437 al. 2013) and mGluR2 knockout mice (Zhou et al. 2013) have increased preference for and
438 consumption of ethanol. This suggests that loss of mGluR2 contributes to increased ethanol
439 seeking and/or consumption. Due to mechanistic differences between BINA and LY37, the
440 different contributions of mGluR2 and mGluR3 agonism on ethanol reinforcement is difficult to
441 determine unequivocally from our findings. Subsequent work with yet unavailable subtype-
442 specific orthosteric agonists may be able to disentangle the relative contributions of mGlu2 and
443 mGlu3 receptors in ethanol reinforcement.

444 Appetitive responding following systemic LY37 plus NAc core LY34 was not significantly
445 different from responding following systemic LY37 alone. This inability of NAc core mGluR2/3
446 blockade to alter the LY37-induced reduction in appetitive responding suggests that NAc core
447 mGluR2/3 may not be involved in the regulation of ethanol-seeking. However, intra-accumbens
448 core microinjection of LY37 did significantly reduce ethanol-seeking without affecting the latency
449 to first lever press. The lack of attenuation of LY37 suppression of ethanol-seeking by NAc core
450 LY34 may, therefore, be due to methodological factors such as the dose of LY34 chosen or the
451 use of systemic administration of an agonist preceding the brain-site specific administration of
452 an antagonist.

453 Using a behavioral model that allows for discrete separation of reinforcer seeking and
454 consumption, we found that systemic administration of the mGluR2/3 agonist LY37, but not
455 mGluR2 PAM BINA, decreased ethanol-seeking but not consumption contrary to previous
456 studies that did not separate seeking from consumption. This novel finding implies that group II
457 mGluR agonists could be an efficacious treatment approach for craving-related behaviors that
458 generate reinforcer seeking. As well, it suggests a lack of efficacy of group II mGluR agonists for
459 targeting drinking behavior specifically (e.g., treatment of binge drinking). Intra-accumbens core
460 administration of LY37 was also shown to significantly reduce ethanol-seeking, further
461 implicating group II mGluRs in ethanol-reinforced appetitive behavior. Notably, administration of
462 LY37 also decreased sucrose consumption and body weight 24-hours following systemic
463 administration suggesting that group II mGluRs are not specific to regulation of drug seeking but
464 may be broadly involved in regulating incentive salience of reinforcers.

465

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564

565 **Table Captions.**

566

567 **Table I** Mean (\pm SEM) latency (in seconds) to lick or lever press response for systemic and
568 microinjection experiments. For systemic experiments the latency to first lick is the
569 duration of time (in seconds) for the animal to traverse the chamber and make initial
570 contact with the sipper tube following completion of the RR1 lever response. No effect of
571 systemic administration of LY379268 or BINA compared to vehicle baseline latency was
572 observed for latency to first lick. For microinjection experiment the latency to first lever
573 press following systemic injection [with non-response sessions excluded from analysis
574 (conservative latency) and non-response as maximal latency (liberal latency)] of the non-
575 selective group II mGluR agonist LY379268 (1.5 mg/kg) or vehicle followed by intra-
576 accumbens core administration of non-selective group II mGluR antagonist LY341495
577 (1.0 μ g/side) or vehicle. Additional microinjection of LY379268 (0.5 μ g/side) without
578 systemic injection was also performed. No significant effect of NAc core LY34 or LY37
579 administration was observed for latency to first lever press.

580

581 **Table II** Change in body weight (g) between injection session on Thursday and subsequent
582 session (roughly 24 hours post-injection) on Friday. For systemic experiments, a
583 significant reduction in body weight was observed at the 1.0, 1.5, and 2.0 mg/kg doses
584 of LY379268 for both drinking and seeking test phases. No significant effect of systemic
585 administration of BINA on body weight was observed for any dose tested during both
586 drinking and seeking test phases. For the microinjection experiment a significant
587 reduction in body weight was observed for systemic LY379268 administration. (* $p < 0.05$)

588

589 **Figure Captions.**

590

591 **Fig. 1** Overview systemic experiments training and testing phases **(a)** and microinjection
592 timeline **(b)**.

593

594 **Fig. 2** Effect of LY379268 **(a, b)** and BINA **(c, d)** on Sucrose and Ethanol Consumption.

595 Sucrose and ethanol consumption following weekly systemic drug injections (n=8-
596 9/group). A significant reduction in sucrose consumption was observed at the 1.5 and
597 2.0 mg/kg doses of LY37 relative to vehicle. No effect of systemic administration LY37
598 on ethanol consumption was observed for any dose tested. No effect of systemic
599 administration BINA on ethanol or sucrose consumption was observed for any dose
600 tested. (* p<0.05)

601

602 **Fig. 3** Effect of LY379268 **(a)** and BINA **(b)** on Sucrose and Ethanol Seeking. Appetitive
603 responding for sucrose and ethanol following weekly systemic drug injection (n=8-
604 9/group). A significant reduction in seeking was observed at the 1.0, 1.5, and 2.0 mg/kg
605 doses of LY37 relative to vehicle. No difference from vehicle responding was observed
606 for appetitive responding for any dose of BINA tested. (* p<0.05) (***) p<0.001)

607

608 **Fig. 4** Effect of Intraaccumbens Core Antagonist on Systemic Agonist Induced Suppression of
609 Ethanol -Seeking. Schematic diagrams adapted from the rat brain atlas (Paxinos and
610 Watson, 1998) representing bilateral cannula placement (filled circles = microinjection
611 site) in nucleus accumbens (fig 4a; n = 6). Each section represents approximate position
612 in anteroposterior plane relative to bregma, and all placements were in the nucleus
613 accumbens core. Subjects with cannula placement outside of nucleus accumbens core
614 were not included in the data analyses and are not shown here. Appetitive responding

615 for ethanol following systemic injection of the non-selective group II mGluR agonist
616 LY379268 (1.5 mg/kg) or vehicle followed by intra-accumbens core administration of
617 non-selective group II mGluR antagonist LY341495 (1.0 µg/side) or vehicle (figure 4b;
618 n=6/group). Additional microinjection of LY379268 (0.5 µg/side) without systemic
619 injection was also performed. A significant reduction in ethanol-seeking was observed
620 with systemic LY37 plus NAc core vehicle, systemic LY37 plus NAc core LY34
621 compared to systemic vehicle plus NAc core vehicle. Ethanol-seeking was also reduced
622 following NAc core administration of LY37 compared to systemic vehicle plus NAc core
623 vehicle. (* p<0.05)

624

Table I. Mean (\pm SEM) latency (sec) to initial response for systemic and microinjection experiments.

Systemic Experiments (Latency to First Lick)					
mGluR2/3 agonist LY379268	Saline	0.3 mg/kg	1.0 mg/kg	1.5 mg/kg	2.0 mg/kg
Ethanol	2.9 (\pm 1.2)	1.8 (\pm 0.2)	1.7 (\pm 0.2)	2.5 (\pm 0.3)	2.8 (\pm 0.4)
Sucrose	1.9 (\pm 0.3)	1.8 (\pm 0.3)	1.5 (\pm 0.2)	5.6 (\pm 2.3)	2.8 (\pm 0.3)
mGluR2 PAM BINA	Saline	5 mg/kg	10 mg/kg	20 mg/kg	
Ethanol	1.7 (\pm 0.2)	1.7 (\pm 0.2)	1.7 (\pm 0.1)	4.4 (\pm 1.9)	
Sucrose	1.5 (\pm 0.1)	1.3 (\pm 0.1)	1.4 (\pm 0.1)	1.4 (\pm 0.1)	
Microinjection Experiment (Latency to First Lever-Press)					
Systemic Injection	Vehicle	LY37	LY37	Vehicle	
NAc core Microinjection	Vehicle	Vehicle	LY34	LY34	LY37
Conservative latency	198.5 (\pm 156.2)	118.6 (\pm 81.3)	33.4 (\pm 12.6)	52.4 (\pm 22.6)	23.7 (\pm 10.3)
	n=6	n=5	n=4	n=5	n=3
Liberal latency	198.5 (\pm 156.2)	299.0 (\pm 192.2)	422.6 (\pm 246.3)	243.8 (\pm 192.3)	612.4 (\pm 263.3)
	n=6	n=6	n=6	n=6	n=6

Table II. Mean (\pm SEM) body weight differences for systemic and microinjection experiments.

Systemic Experiments					
mGluR2/3 agonist LY379268	Saline	0.3 mg/kg	1.0 mg/kg	1.5 mg/kg	2.0 mg/kg
Drinking Test Phase					
Ethanol	-1.4 (\pm 1.0)	0.3 (\pm 1.4)	-3.9 (\pm 1.9) *	-11.8 (\pm 1.7) *	-8.5 (\pm 1.6) *
Sucrose	-0.4 (\pm 1.5)	0.2 (\pm 0.9)	-6.0 (\pm 1.2) *	-6.4 (\pm 1.9) *	-12.2 (\pm 2.0) *
Seeking Test Phase					
Ethanol	-3.2 (\pm 1.2)	-2.8 (\pm 0.5)	-8.1 (\pm 1.4) *	-11.1 (\pm 1.8) *	-9.8 (\pm 1.3) *
Sucrose	-2.8 (\pm 2.5)	-3.6 (\pm 1.0)	-8.2 (\pm 2.2) *	-10.8 (\pm 2.8) *	-8.4 (\pm 1.5) *
mGluR2 PAM BINA					
	Saline	5 mg/kg	10 mg/kg	20 mg/kg	
Drinking Test Phase					
Ethanol	-1.4 (\pm 1.4)	-0.6 (\pm 1.9)	-3.6 (\pm 1.6)	1.6 (\pm 2.1)	
Sucrose	0.1 (\pm 1.6)	-2.6 (\pm 1.3)	0.2 (\pm 1.1)	-1.8 (\pm 1.3)	
Seeking Test Phase					
Ethanol	-4.1 (\pm 1.6)	-5.0 (\pm 1.4)	-3.9 (\pm 1.4)	-1.4 (\pm 1.1)	
Sucrose	-1.7 (\pm 1.1)	-3.8 (\pm 1.2)	-3.8 (\pm 2.3)	-2.4 (\pm 1.0)	
Microinjection Experiment					
Systemic Injection	Vehicle	Vehicle	LY37	LY37	
NAc core Microinjection	Vehicle	LY34	Vehicle	LY34	
	-11.5 (\pm 3.5)	-11.7 (\pm 2.7)	-21.8 (\pm 3.2) *	-21.0 (\pm 2.8) *	

Figure 1

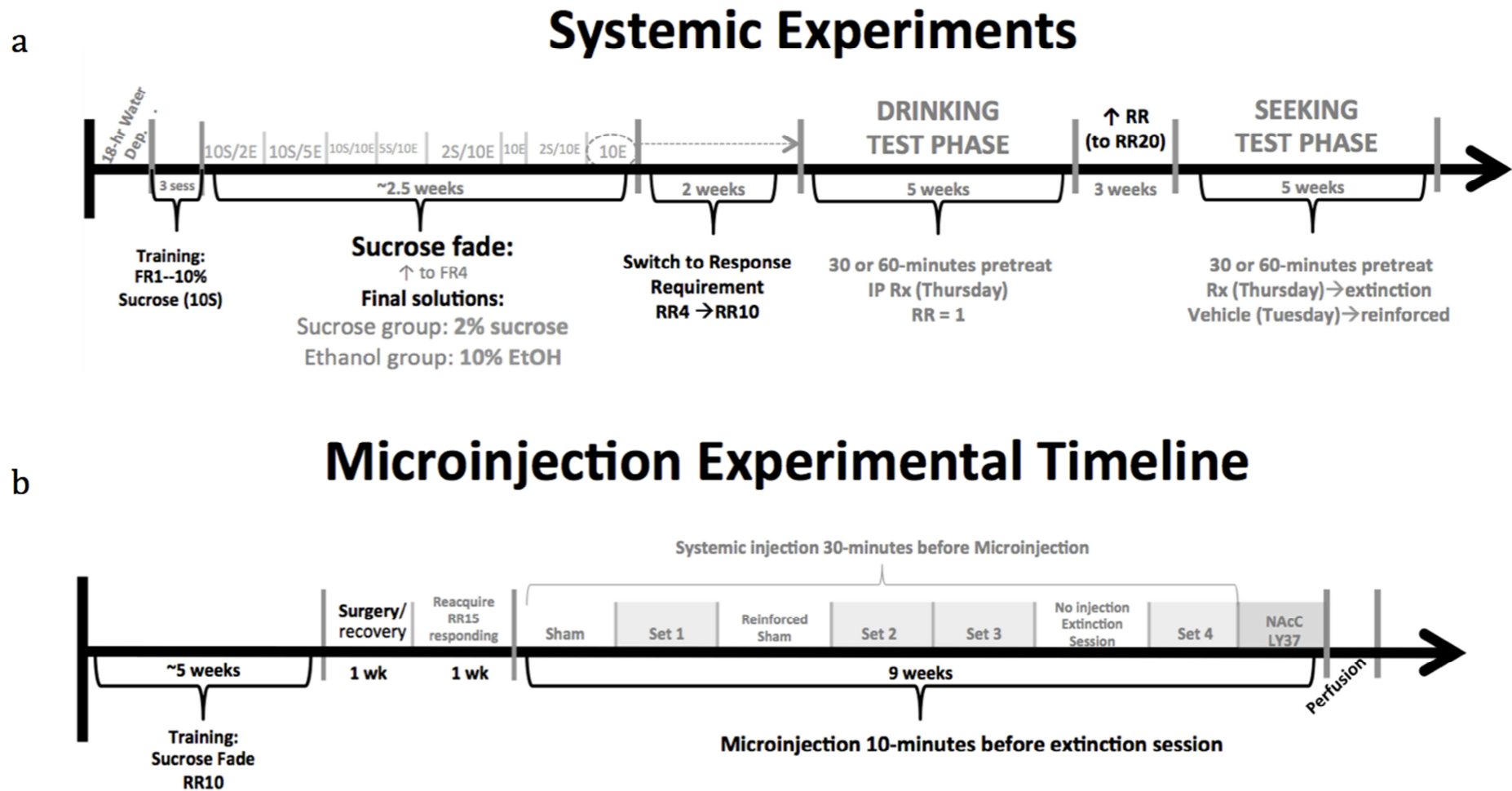


Figure 2

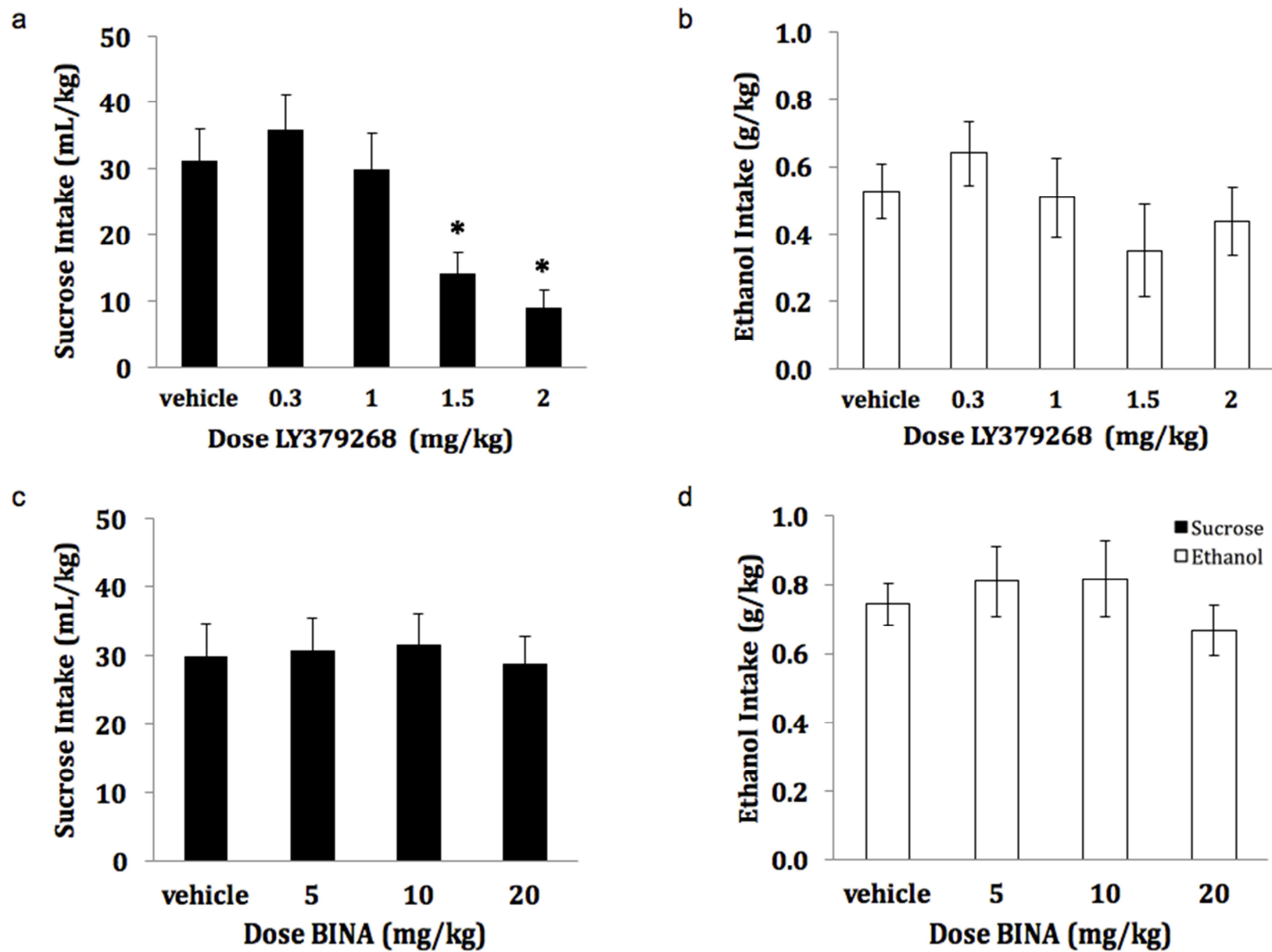


Figure 3

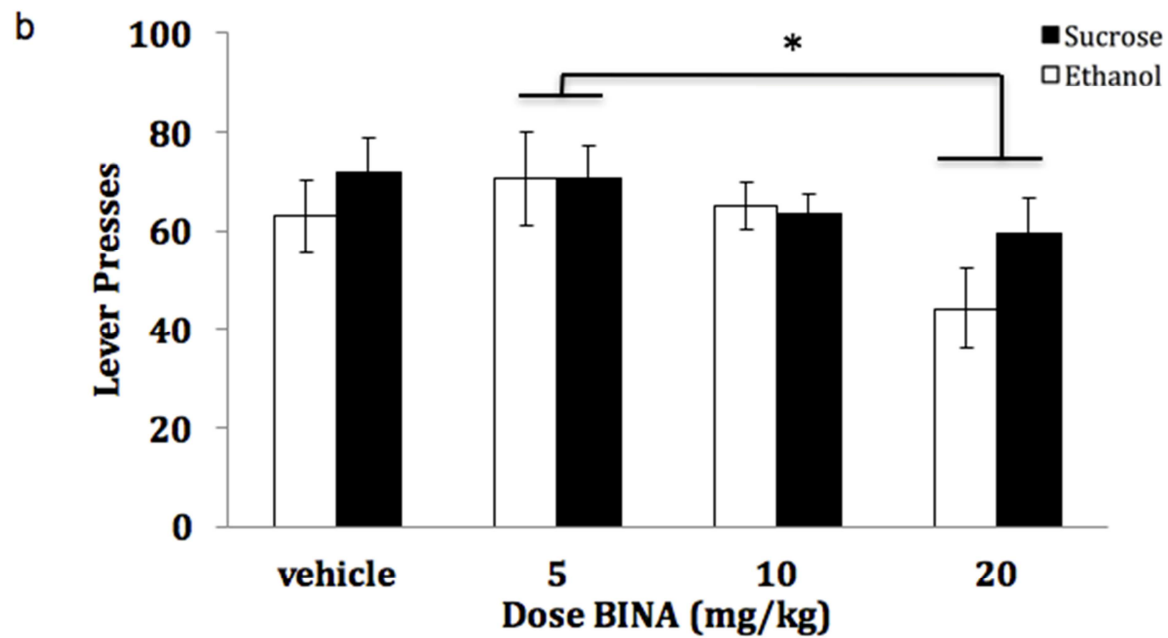
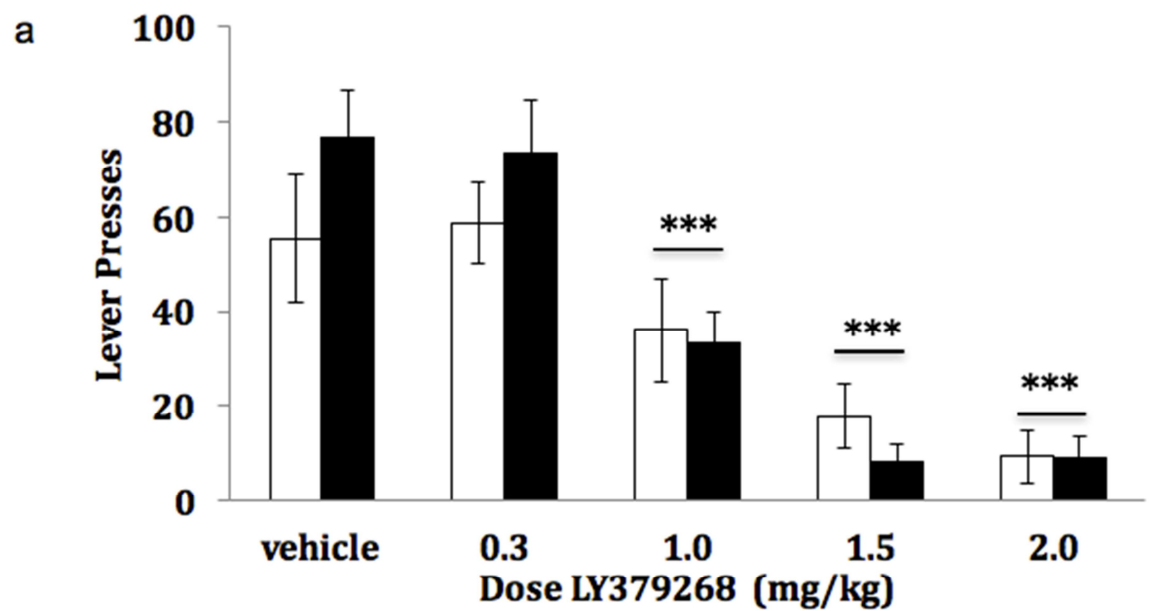
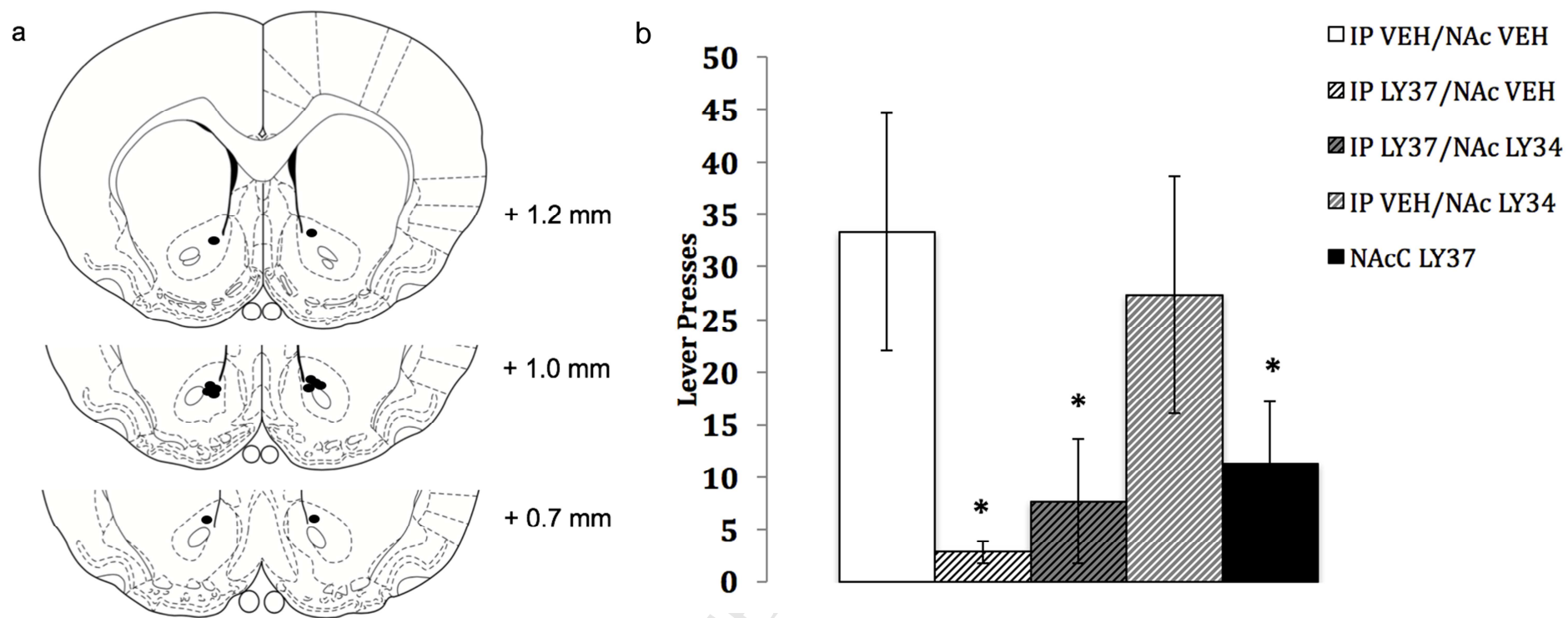


Figure 4



Highlights:

- Systemic administration of LY379268 (LY37) and biphenyl indanone-A (BINA).
- LY37 reduced ethanol seeking without influencing ethanol consumption.
- Intraaccumbens core LY37 significantly reduced ethanol seeking.
- BINA had no effect on seeking or consumption of either ethanol or sucrose.
- LY37 significantly reduced sucrose seeking, sucrose consumption, and body weight.