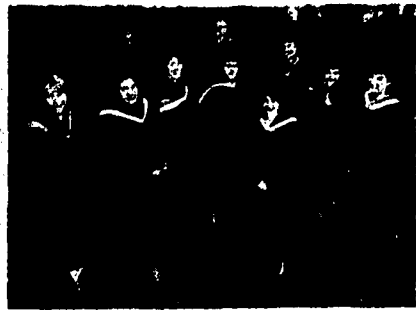
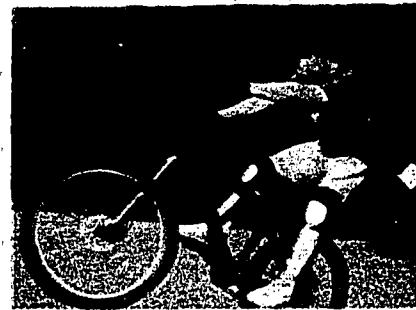


Post secondary
Diplomas, certificates
and degrees earned by a
number of Terracites
\COMMUNITY B3



Medical mission
Medical supplies from
Terrace and Kitimat to
help the needy in Africa
\NEWS 12

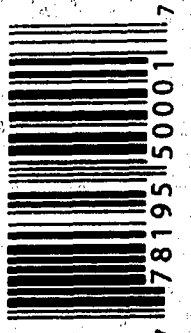


Big time biking
More riders are hitting
mountain trails to have
fun and test themselves
\SPORTS B3

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STANDARD



VOL.19 NO. 11

www.terracestandard.com

Wednesday, June 21, 2006

Credit union seeks new building

THE NORTHERN Savings Credit Union is expected to construct a building here large enough to handle its current Terrace operations and those of the Terrace and District Credit Union now that the two have merged.

Northern Savings chief executive officer Mike Tarr said a new building is considered a better option than enlarging that credit union's current location or renovating the building now containing the Terrace and District Credit Union.

"When we looked at the dollar costs, there was very little difference between the three options but a new building would be part of having the employees from both learning to work together," he said.

He said construction plans would firm up within the next year to year and a half and

would first have to be approved by the credit union's board.

The Terrace branch of the Northern Savings Credit Union has 14 employees and the Terrace and District Credit Union has 20 employees.

The merger was approved by a 94 per cent margin of the 315 people who cast votes either leading up to the June 14 annual general meeting of the Terrace and District Credit Union or at the meeting itself.

It becomes effective July 1 and both current locations will remain open until new quarters are ready. The Terrace and District Credit Union began looking for a merger partner last year after experiencing an economic downturn caused, in part, by the downturn in the local economy.

Its directors felt that the credit union's



Mike Tarr

3,800 members would be served better through seeking a larger partner.

The credit union also placed itself under the financial watch of the Financial Institutions Commission of B.C. which is responsible for the economic viability of credit unions in the province.

The Terrace and District Credit Union now has approximately \$43 million in assets which, when combined with those of Northern Savings, will create an institution with close to \$350 million in assets.

But when the two mortgage centres Northern Savings has in Kelowna and in Victoria are added, the asset base expands to more than \$515 million, said Tarr.

"We'll be the largest credit union north of Kamloops," said Tarr of the merged entity. "And number 12 or 13 in B.C."

The Terrace and District Credit Union decided upon Northern Savings late last December after evaluating proposals from several other credit unions.

The intervening period leading up to the June 14 final vote was occupied with drawing up plans of how a merger would work.

Early on, both credit unions announced there would be no staff layoffs.

Two Terrace and District Credit Union board members, Nirmal Parmar and Jim Steele, are to be added to the existing 10-member Northern Savings board.

And the sum of \$61,000 which is \$1,000 for each year the Terrace and District Credit Union has been in business, will be used to create a community legacy fund bearing the credit union's name.

Cont'd Page A2

HIV rate soaring

THE NORTHERN Health Authority wants people who lead a risky lifestyle to get tested for HIV following a rise in the local infection rate.

Two new cases were discovered within a single week this month—twice the yearly average of cases being discovered, says Dr. David Bowering, the authority's chief medical officer.

Between 1995 and 2005 only one new case of HIV infection, which causes AIDS, was recorded in Terrace each year. That's compared to roughly 100 cases reported in the Prince George area over that same 10 year period.

The call for testing went out to people who use intravenous needle drugs, meet with prostitutes or who have had unprotected sex.

"What we are seeing in the north kind of parallels what we were seeing in the downtown east side in the 1990s," Bowering says. "A sharp upswing related to intravenous drugs, partly cocaine and in particular, in the aboriginal community."

He says people who think engaging the services of sex trade workers in north is safer than elsewhere are simply wrong, that HIV and other diseases can be contracted through sex trade workers anywhere, and people must take the appropriate precautions to avoid transmission.

People contract HIV through contact with an infected person's blood or bodily fluids.

Cont'd Page A2



Drummer boy

THE Gitselasu Dancers, who are all related, performed in their traditional dress as part of the National Aboriginals Day celebration in George Little Memorial Park June 17. Cyrus Morrison is one of the troupe's male drummers who played while the women sang.

SARAH ARTIS PHOTO

Cemetery, parks clean up wanted

BY SARAH A. ZIMMERMAN

CITY COUNCILLOR Lynne Christiansen wants more money spent on landscaping and lawns at city-owned facilities after a relative cut the grass at the city cemetery before a family funeral recently.

Speaking at the June 12 council meeting, Christiansen said her family was dismayed at the state of the cemetery.

"I was up there for my uncle's funeral and I said, 'oh, it looks great at this end of the cemetery,' and someone said my cousin's daughter went up there and thought it looked so bad she got a lawn mower herself and trimmed it up," Christiansen says. "We really need to look at our green spaces because it's getting really bad."

Christiansen suggested items such as city travel expenses be cut and the savings diverted to landscape maintenance.

Though the cemetery maintenance budget hasn't changed recently, city official Ross Milnthorpe acknowledged that complaints about its condition have gone up.

"We have had more complaints this year despite the same level in maintenance and in fact a somewhat increased level of maintenance. For example, we mowed twice last week," says Milnthorpe.

City employees spend a minimum of 24 hours a week at the cemetery, he added.

"That's 10 per cent of our resources and that does not include burials and all of the tasks that go along with that."

Milnthorpe did ask city council for more money for his parks and leisure services department this year but the request failed.

"I think that the city has faced some very serious economic challenges over the last three to five years," says Milnthorpe, adding

all departments have experienced cuts.

Exacerbating the situation is that since his department was cut back years ago, the city has acquired more park land.

"What happens is we get more and more green spaces and we all love that, but as the green space grows our actual gardens and park staff has shrunk; so how can they be expected to keep it up?" Christiansen asks.

Although council didn't provide Milnthorpe with more money when it did the city budget this spring, nearly every other councillor at the June 12 meeting joined Christiansen in saying people are upset with weeds and other debris on city and private lands.

The city maintains 26 parks, two cemeteries, various other green spaces adding up to 2,000 ha, says Milnthorpe. His department has only six full time employees who are also responsible for items beyond parks maintenance including

assisting with special events such as the chamber of commerce trade show, dry grad and Riverboat Days.

"In addition to that we have a significant urban forest in terms of trees on our downtown streets, in our parks and presently these trees are not being trimmed and pruned properly but they are a significant factor in our quality of life," says Milnthorpe.

Irrigation systems at George Little Park and on the Grand Trunk Pathway haven't been turned on in years, he says.

"Bringing those systems back into operation takes a significant amount of maintenance and work."

The Grand Trunk Pathway (known as the millennium trail), George Little Memorial Park, Christy Park and city hall have all been identified as areas which require extra attention this year.



Lynne Christiansen

Video surveillance part of city crime fighting strategy

By SARAH A. ZIMMERMAN

THE CITY of Terrace and merchants will soon employ video surveillance cameras and other measures to combat vandalism and crime in the downtown core.

The move to promote the use of video surveillance comes after the city gathered statistics on vandalism for a six month period ending April 30.

Those statistics show 35 incidents of vandalism reported to police, ranging from broken and kicked in windows to damage to vehicles.

Of those instances 28 involved broken windows and 82 per cent of those incidents happened between the hours of 9 p.m. and 4 a.m. while 74 per cent

of the vandalism happened between Thursdays and Sundays. Those figures don't include unreported incidents.

City officials and local RCMP say the use of strategically placed video surveillance helps catch perpetrators and gives officials the evidence to press charges. Businesses that already have cameras in place say they are effective in preventing crime because would-be trouble makers don't like being under the watchful eye of a camera.

The Copperside chain of stores in Terrace has been using video surveillance for years.

"If we see some suspicious activity that we can't address, the cashier will make a note of the time and view the tape later to see if we can identify

if something took place that shouldn't have," explains Copperside's general manager Fraser Mackie.

"We can usually get a very good picture and it's particularly effective with gas and dashes, we can usually identify the individual and remind them that they have to pay for their gas."

Other businesses have already got surveillance cameras on order.

Bob Park from All Seasons Source for Sports says he's putting them up as soon as they come in. His business has been the target of broken windows, break and enters and other vandalism over the years.

He's particularly concerned about crimes of opportunity stemming from

Cont'd Page A2



LAKELSE AVE. businessman Bob Park and assistant city planner Julia Hill hold rocks they say should be removed from vacant lots around to avoid them being used by vandals.

SARAH A. ZIMMERMAN PHOTO

From front

Cameras to catch criminals

the ready supply of large rocks and crumbling concrete curbing in a vacant lot beside his store.

He believes vandals in the area use debris from the lot to damage the store. The mural on the east facing wall of the store has been chipped and scraped, while exterior lights and his metal awning have been dented and damaged.

The city's director of development services Marvin Kwiatkowski says the city is encouraging owners of such lots to rid properties of large rocks and

modify landscaping to eliminate the supply of small rocks.

And though the city's nuisance by-law can be applied to owners of lots from which vandalism arises, it can only be applied with documented proof such as video surveillance or first hand witnesses.

"If we have hard evidence we can enforce the bylaw and we've done that before," Kwiatkowski says.

Terrace's new RCMP Inspector Dave Fenson told city council June 12

that the community of Dawson Creek, where he has transferred from, has had good success with using video surveillance.

He says many businesses there use camera facing window panes which are often broken. Facing outside, perpetrators are often captured on tape.

"We've had some great success with identifying people in the video," Insp. Fenson says, adding with new digital technology the quality of the images is very good.

From front

HIV rate is rising in Terrace

The illness is also spread by sharing crack pipes or needles, through unprotected sex with multiple partners or sex trade workers or by being exposed to another person's blood some other way such as a fight or crash.

Health care workers here are zeroing in on rising intravenous drug use as the driver of the recent outbreak here and are encouraging other users to seek testing.

"What we saw in Prince George was we would see two or three new cases a week," Bowering explained.

"For people involved with intravenous drugs when we went through the (patient's) contact list we found new cases."

With rates of HIV infection rising in Terrace, it also appears intravenous drug use is also on the rise here.

Dr. Bowering thinks people will be surprised to learn just how prevalent needle drug use is in Terrace, adding it is not concentrated in one social demographic.

The Terrace needle exchange located in the health

unit across from the court house on Kalum St. distributed 10,000 needles last year, says public health nursing manager Carol Harrison.

"There seems to be an increasing demand for the

needle exchange," Harrison says.

It's difficult to trace how many people use the exchange because one person may gather up needles from many people and distribute clean ones they pick up.

From front

Credit union seeks building

Northern Savings itself is the product of a number of mergers of smaller credit unions, the first of which took place in the 1940s.

Its previous largest merger took place in 1987 when the Prince Rupert Fisherman's Credit Union and the Kaien Island Consumers Credit Union merged and the current name was adopted.

Tony DeViveiros, the

current manager of the Northern Savings branch here, will become the manager of the merged operations in Terrace.

Ken Earl, who was seconded from Northern Savings to manage the Terrace

and District location, is leaving to take a carpentry course at Northwest Community College. Chris Lloyd, now at the Terrace and District Credit Union, is to be the information technology manager for Northern Savings.

Writer wins award

A TERRACE STANDARD reporter has won a national award for articles written in 2005.

Sarah A. Zimmerman's first place finish in the Canadian Community Newspapers Association's business writing category for newspapers of under 10,000 circulation was for a series of articles concerning the purchase in February 2005 of the closed New Skeena Forest Products sawmill by locally-owned Terrace Lumber Company and the efforts leading up to its re-opening in August 2005.

"When a business story brings a lump into a seasoned journalist's throat, you know you have a winner," wrote competition judge Lois Tuffin.

"Sarah A. Zimmerman's stellar coverage of the reopening of a sawmill clearly showed how the community embraced the men who resuscitated the mill."

The business writing category was sponsored by CN.

A graduate of the University of Alberta, Zimmerman began working at The Terrace Standard as its sports reporter in 2000. She is now the paper's senior reporter.

The Canadian Community Newspapers Association is the national voice of the community press in Canada, and represents more than 700 English-language community newspapers, with a combined circulation of more than 12 million copies per week.

Weekly Weather Report

Talk to a forecaster at 1-866-640-6369

JUNE 2006				JUNE 2005			
D	Max	Min	Total	D	Max	Min	Total
A	Temp	Temp	Precip	A	Temp	Temp	Precip
Y	°C	°C	mm	Y	°C	°C	mm
9	29.2	10.2	0.0	9	20.5	9.9	T
10	30.3	12.0	0.0	10	19.0	11.4	T
11	32.8	13.4	0.0	11	19.9	9.8	0.0
12	31.7	14.9	0.0	12	19.3	10.7	0.0
13	27.9	13.4	0.0	13	13.6	8.2	12.2
14	17.8	12.6	0.4	14	17.2	7.2	0.5
15	20.7	11.7	0.4	15	19.7	9.6	T

Vacation Travel

During summer vacation period, travelers should expect to meet recreational vehicles on the highway. Many of these travelers will be unfamiliar with the local Highways and may travel at a slower pace, stopping to take advantage of the many scenic views along the way. Please exercise care and courtesy during these busy periods. Long weekends are especially busy on the Highways, extra caution and allowance for longer travel time due to traffic congestion is required.

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CITY OF TERRACE

2006 PROPERTY TAXES

Property Tax Notices have been mailed and are **due July 4, 2006 prior to 4:30 p.m.** Payments can be made at City Hall, 3215 Eby Street, Terrace, B.C. between 8:30 a.m. & 4:30 p.m., Monday to Friday by using Interac, cash or cheque. To avoid the line-up, we will accept post dated cheques dated July 4, 2006. Remember to claim your Home Owner Grant if eligible, whether or not you are making a payment.

Taxes must be date stamped at City Hall by 4:30 p.m. on July 4, 2006 or a 10% penalty will be charged.

If you have any questions, please call City Hall at 635-6311.

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NORTHERN BC
it's all in our nature

Street work frustrating for residents

By DUSTIN QUEZADA

FRUSTRATION FOR business owners and residents on the 4800 block of Lazelle Ave., who have been inconvenienced since late April due to the rebuilding of the road there, was heightened last week when they learned the project is behind schedule.

If that wasn't enough, people on the street also learned that door to door postal service would be temporarily stopped due to the conditions there.

Bob Wilkinson of Northwest Cartridge Exchange says the notice from the post office was the "final straw."

The notice advises people affected to pick up their mail at the post office until the work is completed.

A supervisor at the post office here said the rare move was made to protect the health and safety of mail carriers.

"We've been plodding for a few weeks and every week there were too many (more) obstacles," said Roman Pletsch. "It's an ever changing landscape."

It became more of a risk as they continued to do work, added Dan Mussell, the local area Canada Post manager.

Mail carriers are not sup-

posed to cut through properties and without sidewalks, Canada Post decided the risk was too great.

Bill Funnell, a resident of the Woodgreen Condominiums at 4832 Lazelle, doesn't agree with that logic.

"I'm walking, so I'm surprised it's too dangerous for them," he said.

However Pletsch defends the decision because mail carriers must navigate their routes while carrying up to 35 lbs on their backs.

"It's hard when you have two big, bulky bags on you," she added.

Mussell says he apologizes to all customers who have and are being affected.

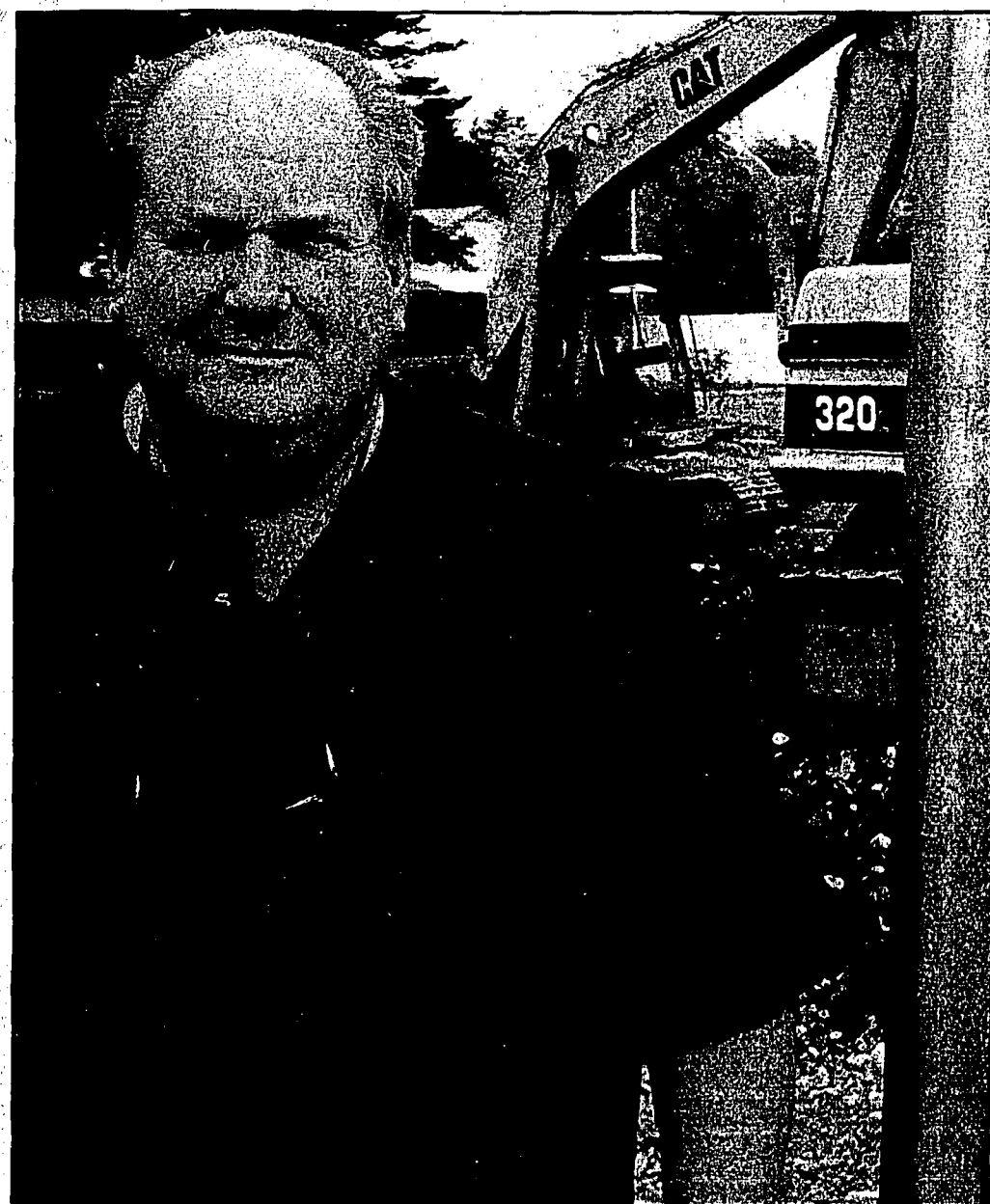
"As soon as the city provides us with safe access, the service will resume," said Mussell.

That date was supposed to be June 30. But the project proved to be more complex than anticipated says Rob Schibli, a city engineering supervisor.

"We've had to lower a gas main, which was not expected, and there have been conflicts with non-standard piping at Eby (Street)," Schibli said.

Schibli said the contractor will increase working hours with a new completion date pegged for July 15.

For Wilkinson and oth-



BOB Wilkinson, a business owner on the 4800 block Lazelle Avenue, is frustrated with the pace of work outside the business. DUSTIN QUEZADA PHOTO

er business owners on the block, the extension is tough to take.

"Our customers have been disturbed for six weeks," said Wilkinson, adding his walk-in traffic has been extremely curtailed. "I've spent thousands of dollars

luring that business and now it can't get to me."

Businesses on the street's south side, including Wilkinson's, have been fortunate enough to have the use of lots that can be accessed either from Eby St. or Hwy 16 West.

Residents have also been challenged as the work has interrupted access for moving and garbage trucks but Eric Sweeney, manager at Woodgreen says its been manageable. "I can't complain about something when people are doing their job."

CT scanner on order for Mills Memorial

MILLS MEMORIAL Hospital is to get a state-of-the-art CT scan machine by September, placing it at the forefront of diagnostic medicine in the north.

CT stands for computerized tomography and is a specialized x-ray machine sending out several x-rays to provide far more detailed images of the inside of a body than can a standard x-ray. The one being bought by the Northern Health Authority from Toshiba for \$1.65 million, including installation, produces 64 slices, a significant advancement on the one now in use here which produces just one slice.

Northern Health Authority local administrator Rowena Holoien said the Toshiba CT's capability

reflects the need of the area.

"This really is the best level of technology we would expect to use," she said.

"It's a reflection of the type of service we provide based on the number of specialists in Terrace and the acuity of the patients."

Most of the money, \$1 million, is coming from the Northern Health, but \$650,000 is coming from the Dr. R.E.M. Lee Hospital Foundation.

"With this partnership, what we are able to do is buy the highest technology allowed and I can tell you we will get full use of it," said Holoien.

The commitment made by the Dr. R.E.M. Lee Hospital Foundation itself resulted in Northern Health ordering the device a year ahead of an

original schedule. Ironically, the CT device being replaced due, in part, to the foundation was one it raised money for in the early 1990s.

Foundation chair Kevin Kennedy said more than \$500,000 has already been raised and that the foundation is looking for local and regional commitments to meet the \$650,000 mark.

"We'd like to get more commitments from around the region as this is really a regional service," he said.

The regional effort was particularly boosted by a \$50,000 donation from the auxiliary to the Kitimat General Hospital, Kennedy added. The \$1.65 million cost includes any renovations needed, training and removal of the current CT machine.

News In Brief

Card used to take fuel

TERRACE RCMP are investigating the theft of 3,032 litres of gas valued at \$3,390.10 from the Esso gas station on Keith between June 3 and June 5.

The theft was made possible when someone stole a pass card from a van on Pohle Ave. and then used it at the Esso location.

Those with information on this theft are asked to call the RCMP at 638-7400 or Crimestoppers at 635-8477.

Items taken from dump

ENTERPRISING THIEVES used a bobcat to place gravel at the gate to the Terrace landfill on Kalum Lake Drive June 12, providing them with access to the location.

They were then able to enter the area with a small vehicle and take a red Honda water pump and various wrenches.

Those with information on this theft are asked to call the RCMP at 638-7400 or Crimestoppers at 635-8477.

Wood stoves targeted

THE PROVINCIAL government is providing \$563,000 to support projects across British Columbia that will help improve air quality, including \$60,000 for the Skeena region to swap out old wood stoves.

Environment Minister Barry Penner said, while making the announcement, that B.C. air quality must be addressed.

"Air pollution knows no boundaries and moves from community to community," said Penner.

"We can all contribute to better air quality by using public transit, riding a bike or walking to work, replacing inefficient wood stoves and maintaining the emission system on our vehicles."

Heating with wood is becoming more popular than ever because of the growing cost of natural gas and of electricity.

Some places have more problems than others during the winter when inversions occur, effectively trapping wood smoke over a town.

The announcement coincided with Clean Air Day and with Environment Week which aims to raise public awareness of the environment and the benefits linked to its protection.

Air conditioner stolen

PERHAPS IT was a response to the high temperatures of earlier last week, but RCMP are looking for a number of people who stole an air conditioner from the Real Canadian Wholesale Club in the early evening hours of June 12.

The people the police wish to speak to were seen leaving the area with an air conditioner in a red car.

School workers settle

AGREEMENTS HAVE been reached for the 58 Nisga'a School District support workers and for the 37 support workers in the Stikine School District.

The agreements are still subject to ratification and cover four years, which is the length of time the province wants for public sector contracts.



Nathan Cullen
Member of Parliament
Skeena-Bulkley Valley

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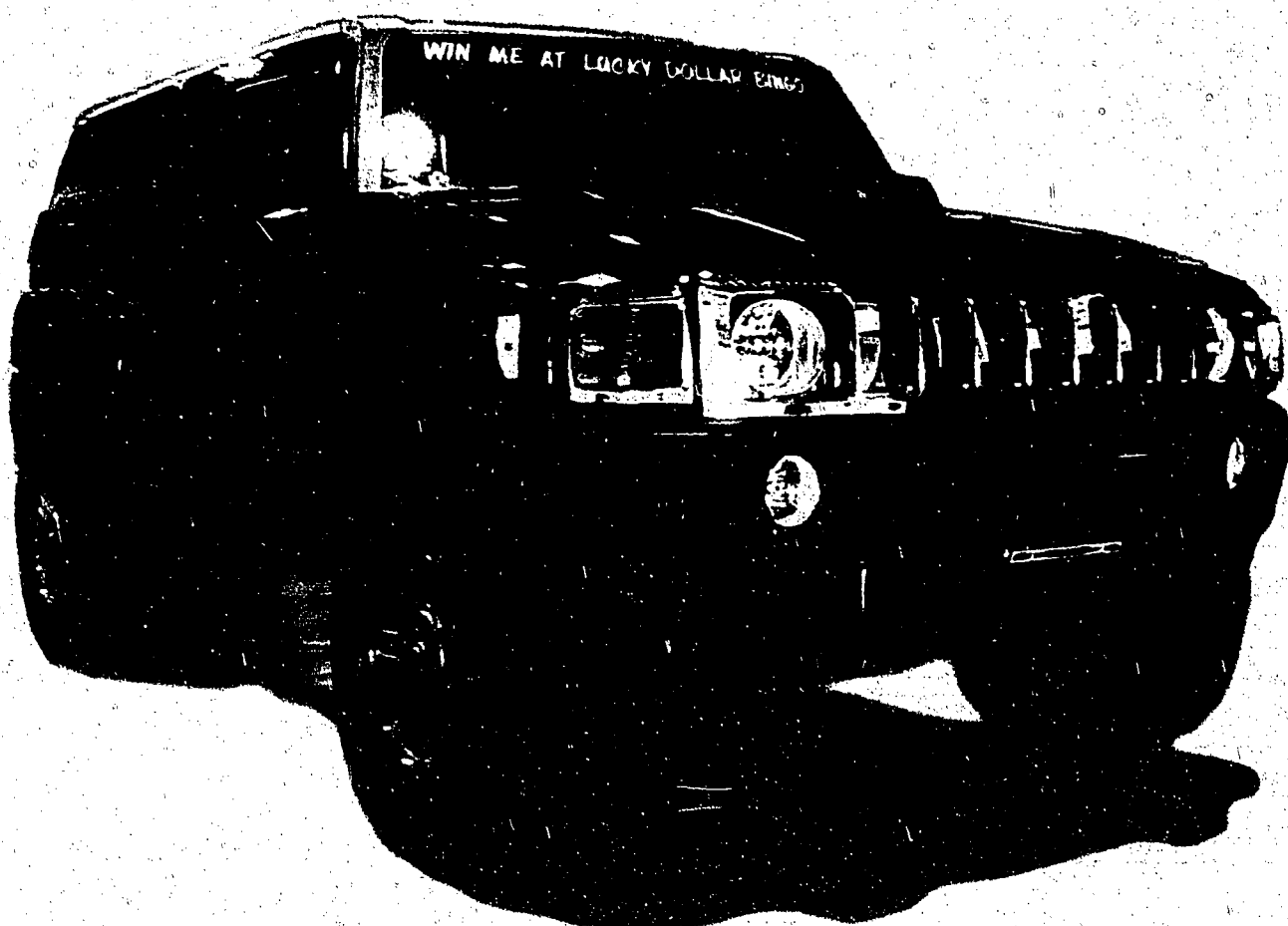
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Two councils

IT'S AS if there are two Terrace city councils.

There's the council that wisely cut expenditures when first Skeena Cellulose went down and then when its new owner, New Skeena Forest Products, spent four years trying to re-open it. There were no taxes paid to the city during those years and council did the right thing in assuming those taxes would never be paid. Thus the spending cuts to avoid spending money the city would never get, placing it in a deficit.

There's the council that had the vision of putting together the Grand Trunk Pathway which today is a marvelous addition to the city.

And there's the council that, in the face of criticism, spent \$1 million to buy the old Co-op land in anticipation of some day using it for either a pure public use or in combination with a business partner.

But then there's the city council that is driven by whatever means necessary to build a second sheet of ice.

As laudable as that goal is, and with full marks for stubbornness and perseverance, the council has now cut its loose its previous architectural firm, the one it paid \$500,000.

The city has now hired a second firm, at \$200,000, which it believes can deliver the goods at about half the \$10.5 million and change it would have cost using the design and advice of its previous firm.

This is a huge leap of faith given that the city spent \$500,000 on its former firm and took its advice several times in trying to find a way to cut costs as the potential construction bill rose.

And it's a remarkable thing for a council in the city the size of Terrace to essentially admit that it has spent \$500,000 without any return. But that's the decision this council has made.

But it's even more remarkable that the city continues to pursue its goal without knowing exactly what the wishes of its citizens are in this regard.

The last referendum on this, for a project that was different than the one now proposed and which would have involved the rural area in paying for it, was a decade ago.

That's a huge gap in time and in circumstances. It's great to have a goal and to be stubborn as that's what leadership is all about but both should not come with blinders.

If the city can write off \$500,000 on one firm and spend \$200,000 on another, then it can find the money and take the time for a referendum.

Yes, the clock is ticking but it is ticking anyway while the new firm draws up its plans so a referendum would not materially get in the way of things.

City council desperately wants to get this right and so it should. But it is mandatory that the wishes of citizens are first determined.

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Special thanks to all our contributors and correspondents for their time and talents



This God has given me comfort

MY MOTHER became a missing person on Sept. 16, 1973 when her car was found abandoned on an isolated highway near Canmore, Alberta, 14 days before my 13th birthday, during the period of the Trans-Canada Highway Murders.

A two-day search by 20 RCMP officers brought no evidence to light apart from her vehicle still containing her purse and belongings. My mother was never heard from again. This was over 30 years ago and tears still well up as I write.

Years later I read my mother's two-inch thick "Missing Person" file. She was noted to be a topless dancer and believed to have committed suicide even though a gun was never discovered in the trees and shrubs where she apparently went in the middle of the night and shot herself.

There was no mention of the woman I spoke to years later that lived in the same house who mentioned a man that had stood in the hallway yelling at her the night of her disappearance.

On sharing my mother's story and photograph at work one day with an architect friend, to his and my delight he declared, "I know your mother, she was in my ski club."

I recalled her file mentioning the surgical pin that had been inserted into my mother's ankle after a skiing accident. My father assured me my mother had never been a topless dancer.

On Sept. 16, 1993, 20 years to the day after my mother's disappearance, I received a large box of my mother's be-



GUEST COMMENT
SHELLEY SAWATZKY

longings that had never been claimed through the RCMP.

It contained wonderful photographs, a priceless birthstone ring, and stacks of personal papers and information.

There was her Petroleum Ski Club card, her flying licence that she received while living in Montreal for two years and records indicating her approval for designing and law courses at Mount Royal College accompanied by beautiful conservative clothing she had sketched out on paper.

There were also numerous T4-slips and employment records proving my mother's employment at law offices and other secretarial positions.

There was only one questionable T4 slip from a hotel in Calgary. To my surprise, on having coffee with a friend of mine, 15 years my elder, and sharing my mother's story and photograph once again, he declared, "I knew your mother, she was a waitress at that hotel. She was the classiest woman I ever knew."

My friend also insisted that my mother would not have

worked as a topless dancer.

My mother's box of belongings also contained newspaper articles concerning a woman's human remains that had been found in the Banff vicinity in 1979 and never identified.

The reconstruction of these remains done by an artist in Calgary had been similar to my own native appearance with black hair and strong features; however, a more recent reconstruction done in Colorado appeared very similar to my mother's Norwegian soft looks with blonde hair and blue eyes.

I learned that the first artist lived in Victoria where I lived, and we met together.

This artist was also excited about the prospects of these bones belonging to my mother and encouraged me to contact the RCMP, which I did shortly after and my blood was drawn for DNA testing.

I received a call approximately a month later that my DNA did not match that of the human remains and from that time forward in 1999 my mother's "missing person" file has been reported as lost apart from my own copied portions.

There is no happy ending to this story and I am sure that the RCMP did their best with what they had at the time, and many of these officers have been extremely helpful to me over the years.

And possibly the RCMP conclusion of suicide is correct. I was not there and do not know.

However, I do know this. There is much misunderstanding in this world and I must ensure that my heart does not

grow cold.

People may think they remember my mother as one whose few belongings were never claimed, one who unfortunately and desperately turned to topless bars to care for herself, one who sadly gave up and killed herself.

However, I know my mother in my heart to be the most beautiful woman I have ever had the blessing to know. She was a woman who suffered much abuse through her childhood and yet was one who against all odds did everything in her ability to be a productive member to society and seek her dreams.

I know of a God in Heaven who also saw my mother's beauty and who sent His angels to carry her home to perfect peace in Heaven.

This is a God of understanding who would have done the exact same thing even if she had resorted to topless dancing and a God who is angered by acts of evil and violence chosen by man's free will that possibly took her away from me.

This is a God who has given me the comfort and understanding to endure years of anguish and desperate longing to be with my mother once again and the assurance that this will be one day.

And this is a God who deeply loves and knows where each young woman from the Highway of Tears is right at this moment.

I pray for each precious and beautiful woman. I pray for truth and justice, and I pray for deep comfort and strength for those who loved them.

The Watkins man was a favourite

PAULINE ATWOOD, a nursing instructor at the University of Alberta, intends to write a book about the Watkins man (WM), individuals who peddled J. R. Watkins products from farm to farm in the 1930s to 1950s at first from a horse and buggy, later from a car.

Atwood is seeking recollections from prairie people of their WM.

Our WM drove an early van with ample room for his sample suitcases. Each suitcase was the size of a trunk though only 18 to 20 inches thick, with brass scuff protectors riveted on each corner and a sturdy handle to carry what I judge would easily weigh 60 pounds, possibly more.

The suitcase hinged open into two long halves that lay flat. Each half was separated into two horizontal "shelves" by a rigid hinged plate which supported the weight of the samples in the layer above.

Each shelf displayed an array of glass bottles or tins containing liniments, cough syrups, spices, mustards, and



THROUGH BIFOCALS
CLAUDETTE SANDECKI

other kitchen goodies.

Because he visited only once or twice in summer, Mom stocked up on black pepper and spices for Christmas baking; Pinex for winter coughs; lemon, maple and vanilla flavourings for pies and puddings; and gallon jugs of flavoured syrup to be diluted with water for refreshing hot weather drinks. Mom always chose orange, ending our bickering before we started.

The J.R. Watkins Company

was founded in 1868 in Minnesota by a 28-year-old entrepreneur who brewed his own blend of red liniment to treat minor muscle aches.

He bottled his famous liniment in glass with a trial mark part way down the bottle. When the customer used the product to the trial mark, if he wasn't completely satisfied with the product, Watkins refunded 100 per cent of the cost.

Watkins is credited with originating the "Satisfaction guaranteed, or your money back" slogan, later adopted by both T. Eaton and Sears.

From Minnesota, Watkins salesmen fanned out across the U.S., into Canada, and Australia. The WM is history but Watkins products are still available from local representatives or by catalogue.

For her book, Atwood seeks detailed stories from the 30s, 40s and 50s when people were isolated on the farm and the WM's visiting was an important and welcome event not only for the products he sold,

but for the community news he brought with him.

How did the WM interact with you as children, or did he? Did he give you gum, peppermints, or life-savers? As a child, what was your reaction to the WM?

What did you or your parents buy from the WM? Do you have any stories to do with using salves or ointments to treat sick animals? Did any of the medicinal products help treat sick family members?

Did your mother make any favourite dishes using Watkins' spices? Were her favourite recipes passed along? Did your family have a Watkins cookbook? Was it handed down? To whom and why?

Atwood stresses she needs stories with lots of details -- names, prices, smells, tastes, anything that will fill in the picture for readers.

To share your stories, phone Atwood at 780-430-8774, mail to Box 59074, RPO Riverbend, Edmonton, Alta, T6H 5Y3 or e-mail thewatkinsman@gmail.com.

CORRESPONDENCE FOR THE TERRACE STANDARD

The Mail Bag

Her memory lives on

Dear Sir:

As a participant in the music festival for the past eight years, I would like to thank Vesta Douglas for her tremendous amount of time, dedication and donations that have gone into the music festival.

This year I received the Vesta Douglas Award for the highest mark in Prose for Speech Arts in the music festival.

Sadly, I never had the opportunity to meet Mrs. Douglas, but her memory lives on.

Thank you, Vesta.

Jeffrey Straw, Terrace, B.C.

Next time, scoop

Dear Sir:

I live in an older property on Pine Ave. in Thornhill. I try to keep a pleasant image for my neighbours, however on May 29th at approximately 6.30 p.m. two young ladies were walking a very pretty medium size reddish/brown dog past my property and let the dog leave a deposit on my frontage. No attempt was made to use any poopa scoop utensil.

I am sure they know who they were but if they are not sure, the dog had a red lead with a blue collar and the girl was wearing black pants and a black top. Her friend was wearing a light blue vest. Need any more clues?

I would like others to respect my property the same way I do theirs.

Lesley Thomsen, Thornhill, B.C.

Go to the police

Dear Sir:

In response to the recent thoughts of Donna Wiles on who might be behind the murdered and missing women on Hwy16, I am left to ponder what is she basing her hypothesis on.

From her descriptions of a white male who lives alone and owns or rents his house, I wonder how many people in Terrace alone that fit that profile. Her idea is that he needs privacy - well who doesn't? The rest of her description seems like it was read directly from a cheap detective novel.

I agree with Donna that there needs to be some sort of dialogue on this matter, but how about pointing the dialogue toward finding ways to keep all people safe instead of offering what appears to be nothing more than a vague description on who you think is doing these terrible acts.

Better yet, if you feel you have a firm grasp on the killer or killers, go the RCMP. I am sure they would love to hear from you. In fact they would probably prefer to hear from you one on one, rather than the possibility of your ideas putting wrong ideas into someone's head about who it is.

To the families of missing loved ones, I have two children and cannot imagine the feeling of what you are going through. My heart goes out to you all, and I wish for you to have faith that whoever is doing this will be caught and punished both in this life as well as the next.

For those of you who disagree, I have two names for you, Dennis Rader (the BTK Killer) and Gary Ridgway (the Green River Killer).

Robert Barwise, Campbell River, B.C.

The biggest rogue state

Dear Sir:

So labeled "rogue states" are simply exercising their justifiable right to experiment or develop any means of defence. The US and Israel have these means of mass destruction.

Of the many countries having the capability the only one has ever delivered mass destruction on civilian population, the United States of America. Can this monster rogue be trusted?

Are they so endowed with the acquired blindness as not to see that they themselves are responsible for so much hatred around the world?

I wonder why the US military constantly remind us of their so-called "smart bombs". Yet they are not smart enough to avoid civilians, women and children, or return themselves to sender. This would be a smart bomb.

The enormous dosages of propaganda aired by the various media for public digestion has become revolting to say the least. This transparent nonsense we are expected to absorb in order that the mad militarists wheedle support for their dictatorial and agitating postures around the earth.

So you have the biggest, fastest, most luxurious military machines, what an asset to humanity, ripping the limbs from little children while basics are ignored.

One thing we as Canadians can be certain of is that we will be constantly deluged by the US slant on everything, having little access of views or comments of other nations.

Generally we seem to be a populace so addicted to fiction as to believe everything without question, brainwashed that the west led by the US are the only godly people on Earth, pumping us full of derogatory information on other nations they label as rogue States.

Perhaps the Great Spirit has judged to sacrifice all those at New York as the prelude to a decline of this destructive cancer to our planet and all life.

Technology with increasing rapidity absorbed by the militarist seems bound in the catapulting of humanity ahead to the past. Corrupt US foreign policy will inevitably leave their own innocent exposed to eventual retaliation by those expiated and destroyed indiscriminately by the US.

D.L. Bulleid, Terrace, B.C.

ID cards doubted

Dear Sir:

Let me put to rest the desire by Yvonne Nielsen to have the provincial government make available voluntary ID Cards for people with disabilities.

Yvonne, if we gave consideration to your wish I believe it would put many people into an undesirable situation. I know many who have disabilities but contribute greatly to our daily lives.

If we put anyone into one category or another they may never get out of it even if he or she was to overcome most of their difficulties.

Andy Nabess, Terrace, B.C.

About the Mail Bag

The Terrace Standard welcomes letters. Our address is 3210 Clinton St., Terrace, B.C. V8G 5R2. You can fax us at 250-638-8432 or e-mail us at newsroom@terracestandard.com. No attachments, please. Name, address and phone number required for verification.



SKEENA Junior Secondary principal Dave Bartley stands by vending machines in the school as a student makes his choice for a noon-hour snack. Neither candies nor chocolate bars have been available in the machines there since the 2004-05 year. DUSTIN QUEZADA PHOTO

Food for thought

Healthy food makes for better learning, say educators, gov't

By DUSTIN QUEZADA

THE CHAIR of a committee charged with making students healthier says that mandate won't be jeopardized for any kind of profit.

As the school year comes to an end, school trustee Hal Stedham said the healthy lifestyles committee is looking at ways other districts have successfully curtailed junk food in schools.

But he cautions little will likely change by September 2006 and that the upcoming school year will be one of transition.

"We have to take a realistic approach," said Stedham, adding junk food would have to be phased out a little at a time.

"During the course of the year, we'll make serious headway."

But individual schools within the district are already making the options for food in schools healthier.

Secondary principals throughout the school district, along with representatives school parent councils and the company that stocks vending machines, participated in a video conference presented by the local health unit and the ministries of health and education earlier this year.

The conference presented voluntary guidelines introduced by the government in November 2005 that categorized foods into four groups: choose most, choose sometimes, choose least and not recommended.

By 2009, the not recommended products are to be eliminated from schools, while the "choose most" foods must make up 50 per cent of available foods.

Cam MacKay, principal at Caledonia Senior Secondary, says the push for healthier food isn't new.

The government and the media have pushed the issue in the last few years, said MacKay, adding students and families are more conscious about eating healthy.

MacKay says childhood obesity is something that has to be recognized and that his school is acting on it.

The school has a new contract with Skeena Distribution Services, the vending machine supplier, and a two-student committee is looking at how the snack-yielding machines will be stocked.

The school's seven machines will have only 10 per cent of choices in the not recommended category, and none within three years, said the principal.

The school has made in the range of \$9,000 a year from its machines and MacKay says he expects those numbers to dip a bit.

One of the school districts that Stedham and his group have been studying, in the Okanagan, has seen no drop in sales, in fact revenues have increased as students have been weaned from the unhealthy snacks and beverages.

Parents are more willing to give spending money if they know it will not be spent on junk food, speculated MacKay.

For MacKay and Dave Bartley, his peer at Skeena Junior Secondary, the monies generated by the machines are indispensable.

Bartley says the sales add up to "several thousand dollars" per year at the school. Revenues pay for such things as capital expenses, scholarships, school culture, staff wellness, equipment, uni-

forms, athletics travel, etc.

Both schools are replacing one of their drink machines for 2006-07 with milk machines.

Students at both schools also have the option of hot food served at a canteen. The facilities are limited but students do have varying choices of popular fast foods, such as pizzas, subs, burgers and sausage rolls at Skeena. At Cal, MacKay said since spring break this year the school has moved away from hot dogs and pizza pops to popular but more healthy options, such as nachos, wraps and chow mein.

MacKay says no matter what changes are made, there's a core of students who bring lunch, buy it or head off school grounds for fast food.

Stedham identified four guidelines he'd like to see instituted in the district. One, he'd like to have new filtration systems for the water fountains in schools.

Two, he'd like to see a move to healthier versions of popular cafeteria food, such as turkey hot dogs in place of regular hot dogs and pizzas with healthy toppings.

Three, Stedham would like students to have more to choose from in the fruit and vegetable category. Skeena Junior currently offers free fruit on Mondays.

Four, he'd like to see a move to healthier snacks in the schools' vending machines.

Stedham would be pleased to see his committee will not have to urge educators here who have already begun the process of phasing out junk food.

"I like where we're going," said MacKay. "It's a societal thing and that doesn't change overnight."

Welcome to the machine

Thornhill elementary: two machines with water and juices
Uplands: none
Clarence Michiel: one vending machine with juices, water and iced tea.

Thornhill Jr.: one machine with water, sport drinks, juices, iced tea, one with pop and water. Parkside: none

Skeena: four drink machines with pop, sports drinks, juice and water. Two snack machines with baked chips, granola bars, nuts, fruit snacks.

Caledonia: four drink machines, three snack machines

Gov't guidelines for food & beverage sales

Not recommended: low in nutrients and/or have too many unhealthy components and tend to be highly processed. Examples: candies and drinks with sugar as first ingredient after water. Schools must eliminate products from this group by 2009.

Choose least: low in nutrients or have too many unhealthy components and tend to be moderately processed. Examples: deep-fried vegetables and regular wieners and sausages. By 2009, schools must ensure that food and beverages from this group make up no more than 10 per cent.

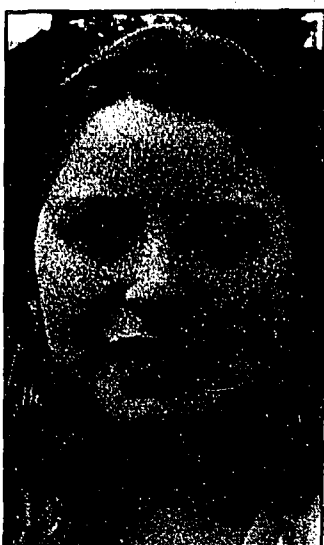
Choose sometimes: a little lower in nutrients or a little higher in unhealthy components than "choose most" items and tend to be slightly processed. Examples: sandwiches with lean meats but few vegetables or fruits canned in light syrup. By 2009, this group must make up 40-50 per cent of items available for sale.

Choose most: highest in nutrients, the lowest in unhealthy components and the least processed. Examples: whole grain breads and fresh fruits and vegetables. By 2009, at least 50 per cent of foods and beverages sold in schools must be from this group.

Students weigh in on eating



Alice MacGregor



Angela Borden



Tim Stephens



Laura Haugland

"Generally, I just bring leftovers from home like salad or pasta. It's just the easiest and I like it better than a sandwich day after day. It's healthier, I know exactly what's in it and it tastes good."
—Grade 12 at Caledonia Senior Secondary

"Occasionally I go off the school grounds, either to Subway or McDonald's just to get away from school. I also eat at the canteen or bring my own lunch. It depends on what I feel like eating that day."
—Grade 12 at Caledonia Senior Secondary

"I usually get junk food or sodas out of the machines because they overprice the food in the cafeteria."
—Grade 12, Caledonia Senior Secondary

"I usually go home for a sandwich and water or I bring a sandwich and juice to school. Instead of burgers, the canteen should have salads - that's probably healthier."
—Grade 10 at Skeena Junior Secondary

Local doc to head provincial body

A LONG-SERVING Terrace physician is set to become the next president of the B.C. Medical Association (BCMA) which represents the province's doctors on everything from professional development to fee negotiations.

Dr. Geoff Appleton was selected as the president-elect of the BCMA at its annual general meeting June 10, meaning he will become the president next June.

Appleton has served as a board member of the BCMA since 1986, representing northern physicians.

That has placed him at the forefront of, at times, heated and acrimonious dealings with the province over fees, physician shortages and other issues through the 1990s and into this decade.

Despite that, Appleton said he's looking forward to the challenge this year and to the greater one when he takes on the presidency next year.

He's thankful he won't face the complicated task of negotiating a fee contract with the provincial government, a circumstance that occupied a considerable



Dr. Geoff Appleton

amount of time on the part of his predecessors.

That's because doctors in May ratified a six-year fee deal with the province, providing increases and an emphasis on developing family physicians.

"That'll be great but there is always a crisis to deal with in one area or another," said Appleton.

Although a long-term fee deal is in place, the BCMA has lately become involved with the issue of crowded emergency rooms in some hospitals which have affect-

ed patient care.

Born in England, Appleton graduated from medical training there and moved to Canada in 1972, spending a year in Vancouver.

He then spent a brief period in Terrace on a temporary posting before returning to England where he began specialized obstetric training.

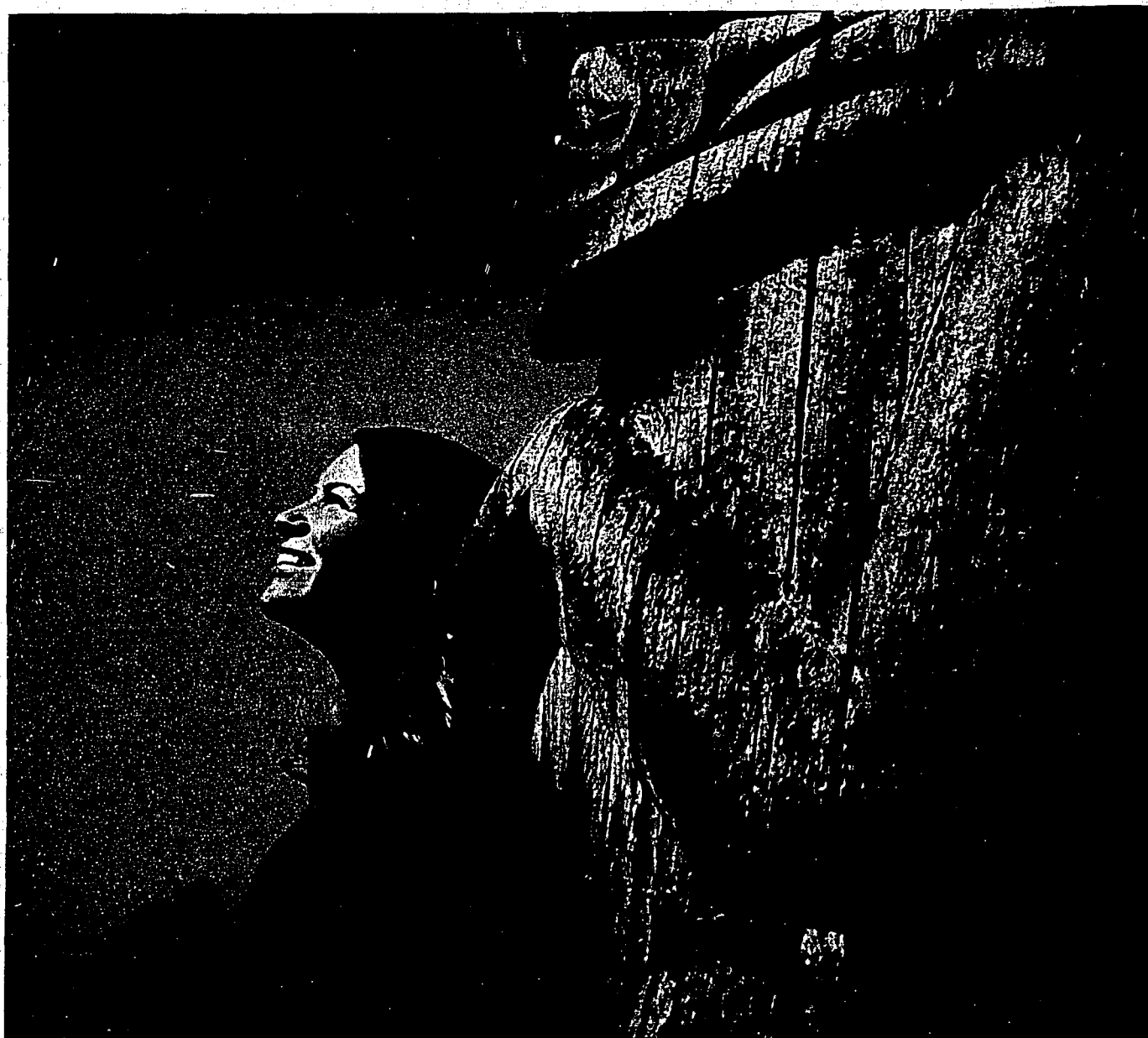
But a late-night phone call telling him of a vacancy in Terrace changed that plan.

"I said fine, I'll be there," added Appleton of his return to Terrace in 1974.

Wife Gayle Appleton is a registered nurse who last year took on the role of developing and managing the new combined Northwest Community College/University of Northern B.C. Bachelor of Science in Nursing program in Terrace.

Another Terrace physician also joined the BCMA board at its June AGM.

Dr. Jannie du Plessis, one of Terrace's two pediatricians, is one of seven new members on its board. His appointment is for two years.



A day of celebration. A day of reflection.

June 21 is National Aboriginal Day in Canada. And we're celebrating storytellers like Nicole Nicholas, a high school student and a member of the Haida Nation. She's also the winner of the Canadian Aboriginal Youth Writing Challenge. At Enbridge, it's just one of the many Aboriginal initiatives we support respecting the heritage and cultures of First Nations, Inuit and Métis people across the country. On behalf of our 4,500 employees, we welcome this opportunity to salute Aboriginal contributions and achievements.

For information on the 2006 Canadian Aboriginal Youth Writing Challenge visit www.our-story.ca.



Pool theft arrests made

RCMP HAVE arrested and charges have been laid against two local women accused of stealing a swimming pool from Zellers June 13.

Police responded to a complaint about a theft from the store which is located across Eby from the RCMP detachment.

"Both are well known to police," a RCMP press release said of the incident.

RCMP are also investigating the theft of a Magnasonic DVD player and a Sony Discman from a residence in the 4700 Block of Walsh Ave. on June 13. Medication was also stolen. And on June 10, RCMP reported that a residence on the 4600 Block of Graham was entered and that jewelry was stolen.

Any information is welcomed by phoning Crimestoppers at 635-8477.



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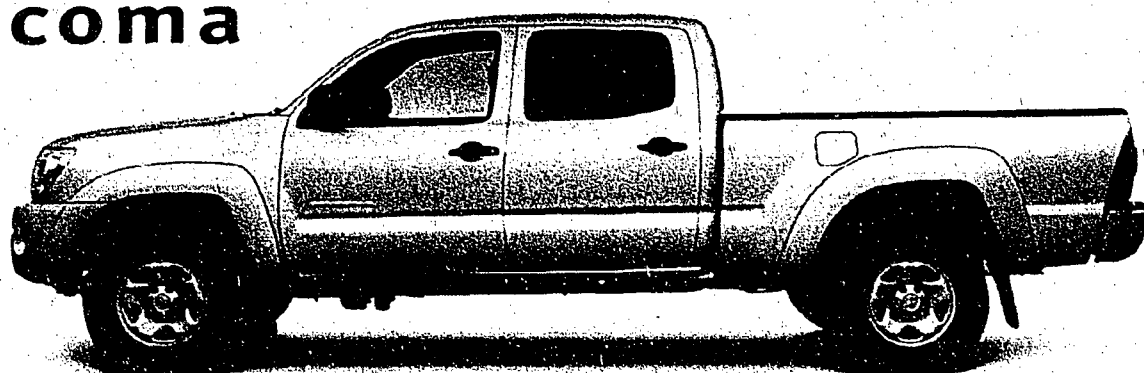
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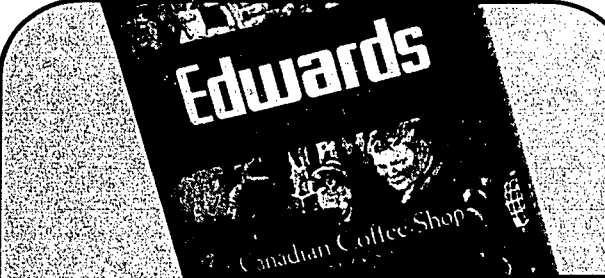


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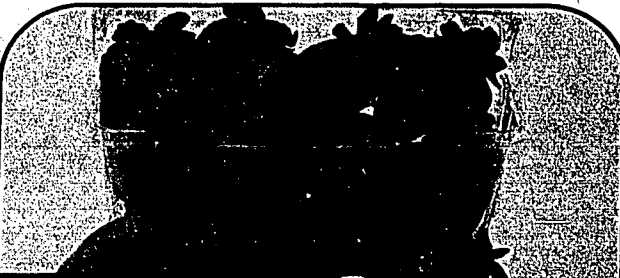


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FOREST SERVICE firefighter hoses down a hot spot at the Copper Mountain fire which is now under control.
B.C. FOREST SERVICE PHOTO

Copper fire controlled

By SARAH ARTIS

THE COPPER mountain fire is finally under control. The 20 members of the Terrace Firebirds are now mopping up by walking from their hose lines toward the fire digging for potential hot spots and soaking the ground with water.

The 40 members of the Hazelton and Telkwa fire crews, who had been here helping out, went home June 16. And the helicopters and airtankers that were dumping water and fire retardant are now on stand-by in case of other fires.

Terrace RCMP are still investigating the origin of the fire and will be for some time, said provincial fire information officer Karina Thygesen, although they suspect it is human-caused. There was no lightning reported on June 8, the day the fire started.

Cooler temperatures and rain helped contain the fire in the last week. It reached a size of 45ha.

Terrace-based fire protection officer Steve Westby said although hours and costs will not be exact until the fire is completely out, he estimates about 140 hours of helicopter air time and more than 6,000 man hours were clocked to put out the fire.

B.C. Forest service fire fighters worked up to 15 hours some days and on average, five helicopters were in the air up to a maximum of eight hours a day for about a week, he said.

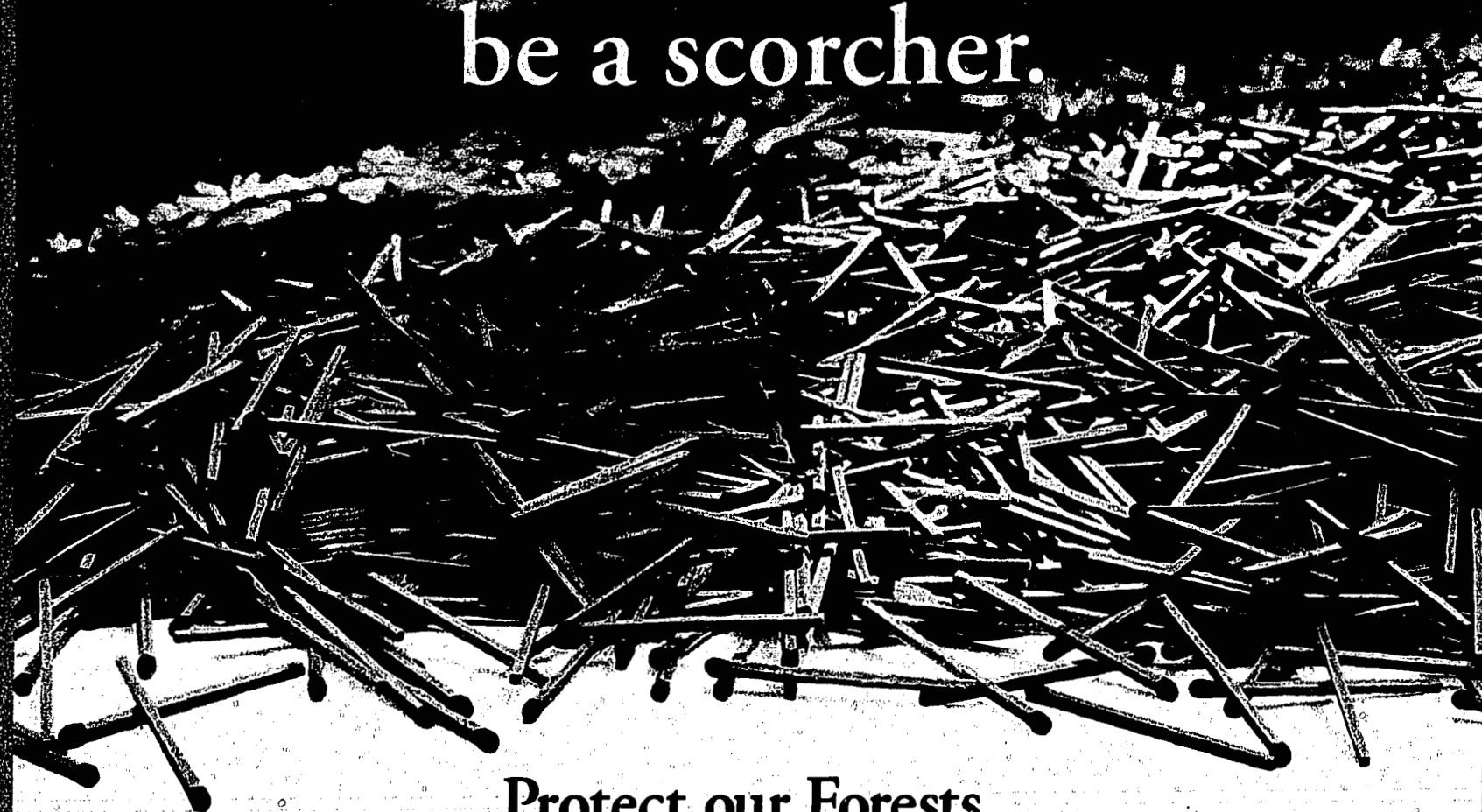
Depending on the type, helicopters cost between \$1,000 to \$7,000 per day to fly.

Thornhill Volunteer Fire Department Chief Wes Patterson estimates his volunteer crew of about 45 men put in around 500 hours.

"This was a response for a long duration and people did it as well as going to school, working and day-to-day living," he said.

Copper Mountain is a popular area with horse, hiking and biking trails, and volunteers from the fire department stood watch 24 hours a day in the first week to ensure people did not enter the area.

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- Take reasonable precautions to ensure the fire is contained.
- Be equipped with sufficient firefighting tools.
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- Report the fire if it spreads beyond the burn area.
- Extinguish the fire before leaving the area.


For more information on how you can prevent forest fires, visit www.gov.bc.ca



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Local goes to Mt. St. Helens

JANINE KRAFT wasn't born yet when Mt. St. Helens blew in 1980 but a long-standing fascination with volcanoes has translated into a one-of-a-kind experience.

For the next three months Kraft will be a volunteer guide at the Washington State location which is now under the management of the United States Forest Service.

She's the first Canadian to undertake such a role, a circumstance which required navigating through a lot of paperwork and raising \$3,000 in order to secure a visa.



Janine Kraft

"I really couldn't have done this without help locally," she said.

"I grew up listening about Mt. St. Helens and when it became active again in 2004, that peaked my interest again," Kraft said last week while preparing to leave.

Kraft spent her last vacation at the volcano site where she made contact with

officials at what's called the Mt. St. Helens National Volcanic Monument.

"They must really have wanted me," Kraft adds of the American forest service. "Whenever there was a problem, they really helped out. I was astounded at what they went through to get me there."

She'll receive \$15 a day for gas and food and will stay in a house with other volunteers, but she has to cover the remainder of her expenses.

Kraft credits her radio training (she has worked at Standard Radio here in Terrace for the past three years) with helping her land her volunteer position.

"I'll be responsible for assembling 15-minute talks, right from scratch," she adds.

The 1980 eruption began on May 18, beginning with an earthquake, ultimately resulting in the north face of Mt. St. Helens being blown away.

Nearly 230 square miles of forest was blown down or buried beneath volcanic deposits. At the same time a mushroom-shaped column of ash rose thousands of feet skyward and drifted downwind, turning day into night as dark, gray ash fell over eastern Washington and beyond. The eruption lasted 9 hours and 57 people lost their lives.

"People may think it's quiet there, but it's not," said Kraft of recent volcanic activity.

Before that 1980 eruption, Mt. St. Helens was the ninth highest volcano. It lost 1,300 feet because of the eruption, making it the 30th



MAJESTIC MT. St. Helens dominates the skyline in Washington State. It's the new home of Terrace resident Janine Kraft who is a volunteer guide there this summer. She hopes to make volcanology a career.

JANINE KRAFT PHOTO

highest volcano. But is now building itself up again.

Kraft will be working out of an interpretative centre at the edge of a five and a half mile exclusion zone around the volcano.

Climbing is allowed by permit but that can be cancelled depending upon ongoing volcanic activity.

Raised in Calgary, Kraft, 23, attended the Southern Alberta Institute of Technology before coming to Terrace.

Her interest in volcanos has expanded to the point she is pursuing an on-line degree in geology from the University of Washington in Seattle and has just finished

her first year.

Kraft paid for her first semester, but received scholarships for her second semester and her second year.

Her ultimate goal is to achieve a doctorate in volcanology.

Her volunteer position could expand to a paid summer job next year.

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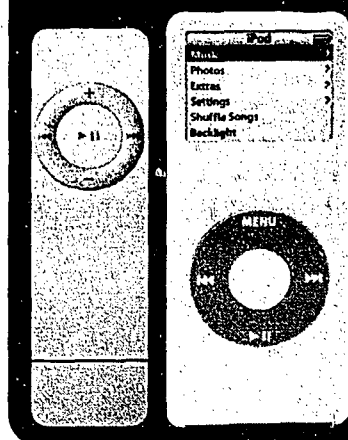
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Davis fire cause sought

By SARAH ARTIS

INVESTIGATORS ARE still searching for the cause of a June 15 fire that forced two women and two children from their home.

A small area in the basement at the home on the corner of Eby St. and Davis Ave. has been pinpointed as the starting point, but it's still uncertain exactly what caused the fire, said Terrace Fire Chief Peter Weeber late last week.

The Terrace Fire Department received a call from the neighbours of the burning house at about 6:30 p.m. June 15.

Two crew members responded with a truck in about three minutes.

The fire had probably started only a few minutes before, but the three-level house was burning completely on one side when they arrived, Weeber said.

Flames were coming from the basement windows and the main entry.

The fire moved through the house quickly because of highly-flammable panel board in the basement, Weeber said.



TERRACE FIREFIGHTERS work to contain a June 15 blaze in a house on the corner of Eby and Davis, close to their station. BIRGITTE BARTLETT PHOTO

Ten fire fighters spent about an hour and a half extinguishing the flames, and digging through the walls and attic to check for hot spots.

No smoke detectors were in the house.

The fire was unique because it was in the early evening, while most are in the middle of the night when people aren't paying attention, Weeber added.

Everyone was safe and the crew put the fire out

quickly, he said, but if the residents were sleeping, the situation could have been much worse.

For now, the victims are staying with family and the house is boarded up as the investigation continues.

Few weapons turned in so far

VERY FEW unregistered weapons have been turned into the Terrace RCMP since the provincial government's gun amnesty started June 1.

Only two or three "run-of-the-mill type firearms" have been surrendered, said Ray Griffith, a Terrace RCMP service clerk once in charge of firearms. "Nothing special."

Griffith explained the low number is due to many gun amnesties over the years. "They'll get more in the cities," he added.

The month-long gun amnesty gives residents who possess documented or undocumented weapons that have not been used in a criminal offence the opportunity to turn in

guns and ammunition to local police without being charged.

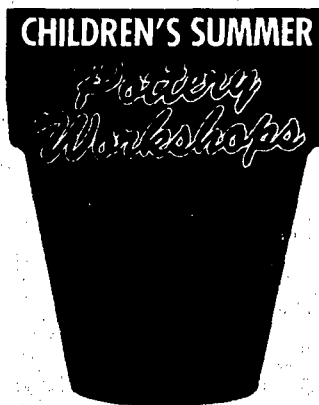
It's a tool in the fight against gun violence, said Solicitor General John Les.

"Removing guns from circulation will enhance public safety and reduce the risk of these weapons falling into the hands of criminals," he said.

Most of the weapons will be destroyed, although some may be given to museums.

Gun owners are urged not to transport weapons themselves.

Phone the Terrace RCMP at 638-7400 to notify officers a weapon is ready to be picked up.



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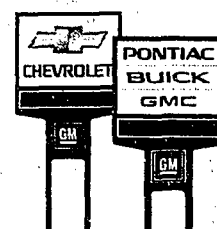


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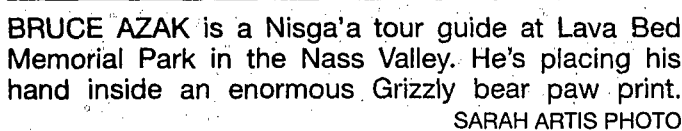


Businesses team up, develop group tours

Joining forces with other tourism operator makes

"That would be good for us and for the Nisga'a," Downie said, because then

His contract to operate the parks lasts another two



Other tours Tucker is de-

veloping include multi-day trips to the Khutzeymateen for Grizzly Bear viewing and other activities.

Those conditions should be removed before June 24 in order for the sale to complete. Evans confirmed other offers will continue to be entertained. The building is owned by S and D Properties Holdings Ltd.

But Hawkair had trouble making payments on this aircraft and the two others it bought and it became one of

"Now we pay a fixed amount by the hour so the more it flies, the more Field makes," Beshr continued.

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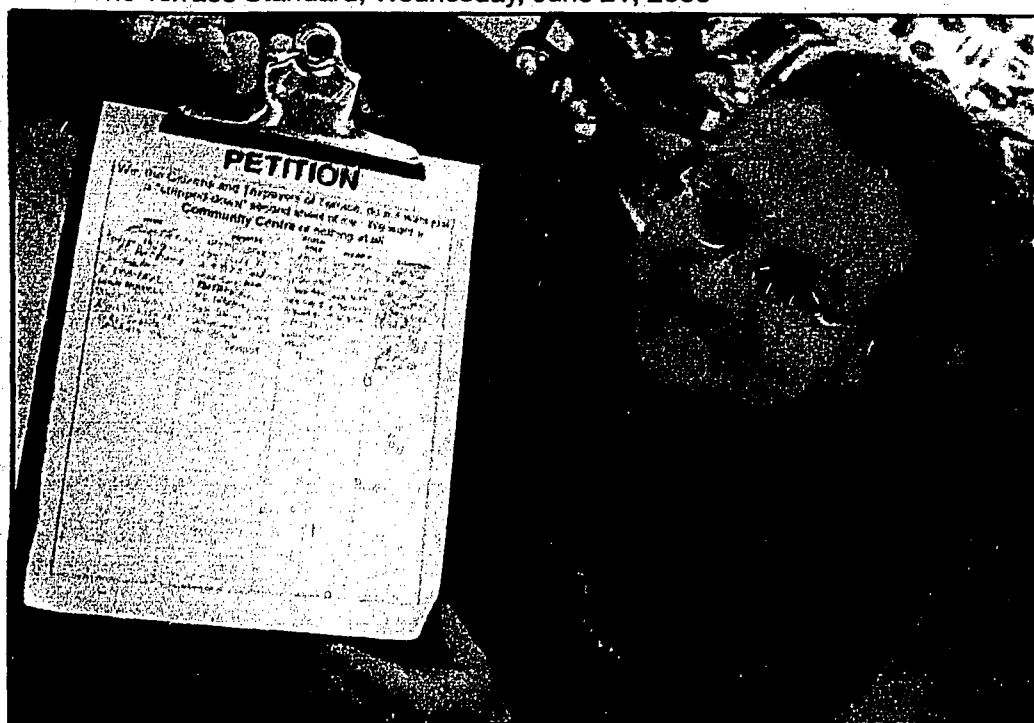
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BOB PARK and others are circulating a petition telling city council that residents don't want only a stripped down second sheet of ice. SARAH A. ZIMMERMAN PHOTO

Nigeria receives equipment

By DUSTIN QUEZADA

PEOPLE IN Nigeria are going to benefit by hospital equipment from Terrace and Kitimat that would otherwise be thrown away.

Hospital, optometric, ophthalmological and dental equipment valued at US\$1-1.5 million is on the way to the African country this week.

"They could set up a whole hospital with the stuff (we're sending) but it will be distributed," said Joanne Monaghan, who helped engineer the donation.

A wide array of equipment was donated by Mills Memorial Hospital, such as an EEG or brain scan machine, an ophthalmological machine for cataracts, an orthopedic and regular operating room table, a casting table and casting saw, cribs, a bath chair and intravenous pumps.

Sharon Prinz, head of day surgery at Mills, says the donated equipment was gathering dust in a storage room.

"We've made upgrades," Prinz said. "The equipment isn't obsolete."

Prinz added much of the equipment simply wasn't needed any more here because pediatric admissions are down and orthopedic procedures are no longer performed in Terrace.

As reported in the Terrace Standard in April 2005, Monaghan, a regional district board member and Kitimat councillor, had been contacted by a friend with an organization in Colorado looking to equip a medical clinic in impoverished Ecuador.

The wheels were already in motion here, as donations from the hospitals, individuals and local health care professionals had been accumulated, when the plan hit a snag.

Customs officials in the South American country had informed the American foundation that duties would have to be paid on the donated equipment.

Monaghan says the duties were too prohibitive to continue with the plan so her American contacts told her about Project C.U.R.E., an organization that matches medical equipment donations with Third World countries in need.

Monaghan says it was a dream come true to deal with the organization. After speaking to someone to list what equipment was available for donation, she was called back the next day and Nigeria was deemed the match.

The Nigerian government sent a cheque for US\$15,000 to the Colorado-based group.

"For a million and a half (dollars) worth of equipment, it's not a bad exchange and they know it," Monaghan added.

When the container arrives in an estimated 45 days, Project C.U.R.E. officials will take care of the customs, take an inventory

and check and distribute the needed supplies.

Monaghan says the exercise will not only help those in need, but it was a nice project for Terrace and Kitimat to work together on.

All efforts were donated to the cause, with the Northern Health Authority making the equipment available and Bandstra Transportation of Terrace hauling the equipment free of charge.

Petition pans ice sheet plan

A PETITION circulating in Terrace is telling city council that residents want a multi-use community centre, not just a stripped down second sheet of ice.

City council announced recently it's hired North American Ice Development, a company touted as an expert in arena construction, to redesign the second sheet of ice project at a cost of \$200,000, bringing the amount of money spent since 2004 on designs for the yet-to-proceed project to roughly \$700,000. Advocates of a larger centre say a facility that will serve a broader cross section of the community is needed.

"We're thinking of some gymnasiums, meeting rooms, an indoor track for taxpayers and citizens of Terrace to use and maybe a gym work out area and something for seniors," explains petition proponent John Malo.

Other supporters of the petition include local retailer Bob Park who says if indeed the ice sheet is to be the first phase of a multi-phase project, then city council needs to explain to the public what those other phases are. Park and Malo both say the city also must hold a referendum on the issue.



BANDSTRA DRIVER Colin McNeill loads surplus hospital equipment destined to be put to good use in Nigeria. DUSTIN QUEZADA PHOTO

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DOWNTOWN PLAN OPEN HOUSE

The City of Terrace is conducting a planning process to develop a vision and implementation strategy for revitalizing the downtown. This is a great opportunity for the citizens of Terrace to get involved and make comments and suggestions for the Downtown Plan. This plan will benefit not only the downtown merchants and visitors, but it will also accommodate the needs of the general public; from youth to seniors.

EVERYONE IS ENCOURAGED TO ATTEND

Place: Coast Inn of the West, Banquet Room

4620 Lakelse Avenue, Terrace

Date: Thursday, June 29th, 2006

Time: 4:00 p.m. to 9:30 p.m.

A short presentation will be given at 5:00 p.m. and 7:00 p.m.

Information on the planning process will be on display between 4:00 and 9:30 p.m. City staff will also be present to discuss the planning process and to answer any questions if you are unable to attend either of the presentations.

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Northwest Community College; facility renovations



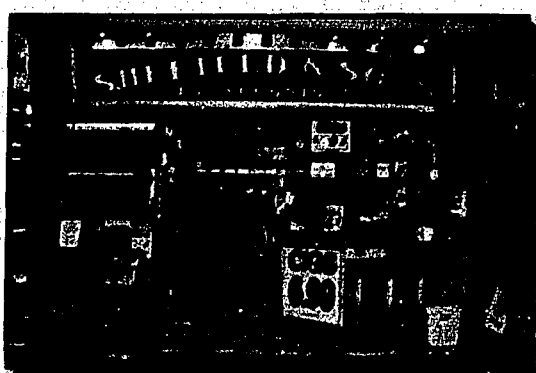
Muks-kum-ol Housing Society; renovate old correctional facility to residential care



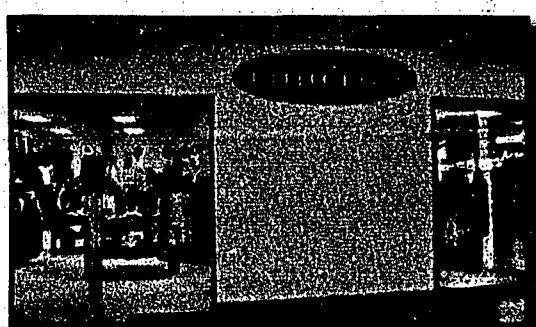
Reg. Dist. Thornhill Animal Shelter; exterior paint & new roof



Kitsumkalum Tempo Car Wash; new touchless 2 bay car wash



Sheffield & Sons; addition to store in Skeena Mall



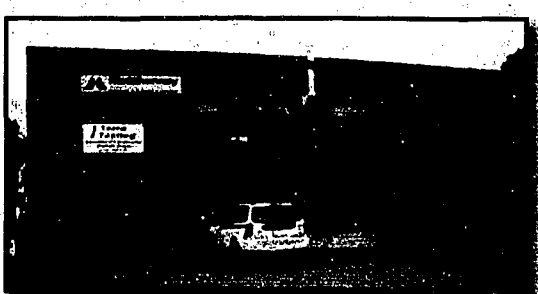
Northern Reflections; new store in Skeena Mall



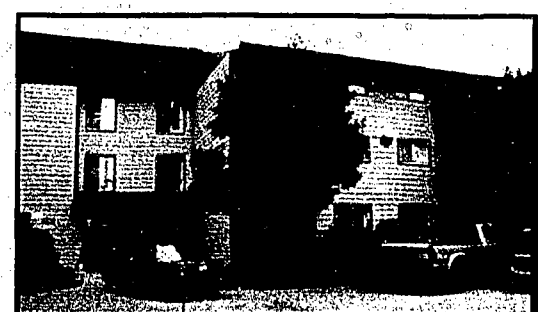
CFTK Radio Station; interior renovation



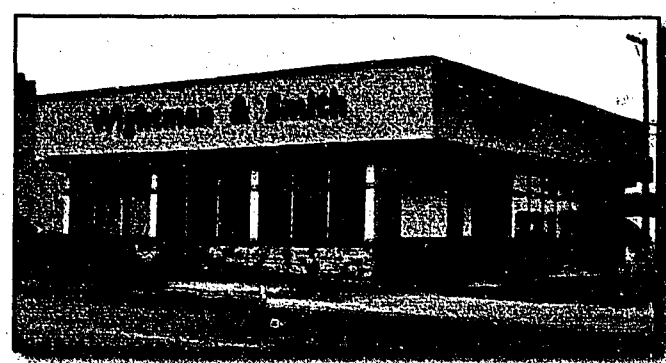
Uni Construction Ltd.; addition of millwork manufacturing shop & new maintenance storage shop



McElhanney Consulting Services Ltd. office renovation



BC Housing Management; apartment renovations



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Around Town



BRUNO Belanger and Mary Anne Lawrence tempt you to enter the raffle for this statue of the Virgin Mary. SARAH A. ZIMMERMAN PHOTO

TLT puts the F-U-N in fundraiser

IF YOU missed *Nunsense* in November, now is your chance to catch the award winning Terrace Little Theatre's hilarious production one last time.

This very funny musical about The Little Sisters of Hoboken, who are fundraising to bury their four dead sisters, took the Skeena Zone Drama Festival by storm in May and now they are doing their own fundraising so they can travel to Maple Ridge to compete for Best Play in B.C. on July 5.

Director Marianne Brorup Weston says she never meant to enter the musical in a drama festival but the response was so positive, she caved to her actors, musicians and crew when they plead their case.

"It's a very giving show, a show that embraces good clean fun, a show that really takes care of the audience and has them leaving feeling uplifted. The acting, dancing and singing is superb, and the jokes just keep coming. How could I say no?"

The play won numerous awards at the drama festival in Kitimat including best play, best director, best actress, best lights, honourable mention for musical director and three awards for the Peoples Choice Awards: best set, best actress and best play.

In order to raise the \$12,000 necessary to send 20 Terracites to the Lower Mainland to show them what stuff the Northwest is made of is a daunting task.

So TLT is pulling out all the stops. "We were fortunate that Bruno at Gemma's Kitchen and Bath Boutique generously donated a most beautiful statue of the Virgin Mary for a raffle," said Weston. "We appeal to the community to come on out and buy raffle tickets as well as purchase tickets to see our vastly improved benefit show - you won't be disappointed!"

Look for "sightings" of the Virgin Mary at the benefit show or see her in glorious display at Uni-globe Courtesy Travel. The draw for the lucky winner of the statue will be drawn right after the show, Friday, June 23 at the Dr. R.E.M. Lee Theatre.

For more information, call Nancy at 635-1329 or Marianne 635-2942.



FOUR on the floor: from left, Brianna Wheeler, Jessica Ames, Megan Newton and Rebekah Asselstine each took their dance exams earlier this week. DUSTIN QUEZADA PHOTO

Dancers jazz it up

THIS MONDAY, June 19 marked the first time dance students from Terrace were able to take Canadian Dance Teacher Association (CDTA) exams here.

Ranging in age from six to 17, 23 students in all took their jazz dance exams from the preliminary level to Grade 5.

The students, who may be working toward being dance teachers or dancers, learn the syllabus for the grade they're being tested on and perform it for one examiner.

The exams typically include dancers performing barres, centre work, floor work, across the floor work, combinations and a dance routine.

In the past, the dancers have had to travel elsewhere to take the exams.



Beaming benefactors

FROM left, Brandon Gardner, Brendan Bisanti, Will Westby, Patrick Moore and John Westby are all laughs June 17 at the unveiling of the Spirit of Terrace mural on the Millenium Trail. All five boys are in the band program at Cassie Hall Elementary School. The project was spearheaded by the Dare to Dream Foundation, a group determined to keep elementary band programs strong.

Weber fits director's chair

By DUSTIN QUEZADA

HE'S A movie director, screenwriter, editor, producer, casting director, actor and sound recorder making his living in Vancouver.

Sounds typical in the place dubbed "Hollywood North."

What isn't typical is that Ross Weber is from Terrace.

It's been 30 years, however, since he left Terrace for Vancouver, where he initially enrolled in sciences at the University of British Columbia.

"I've been [in Vancouver] far longer than I was in Terrace," Weber said last week from his Vancouver home.

He quickly moved to film studies and eventually finished a Masters of Fine Arts in Film in 1986.

These days, he's busy trying to get *Mount Pleasant*, his most anticipated work, edited in time for an August submission to this year's Toronto International Film Festival.

"Toronto is the really big one - it's probably only second to Cannes (International Film Festival)," Weber said. "T.O. is huge."

The festival accepts 30 to 35 Canadian films and, assuming it is finished in time, Weber is confident the movie he wrote and directed will be well received.

Mount Pleasant represents the biggest budget (\$1.5 million) Weber has ever worked with and another step in a long journey in independent moviemaking.

Since he finished at UBC, Weber has been involved with a number of award-winning projects that have appeared in numerous festivals in a variety of different capacities.

His directorial debut came in 1998 with *No More Monkeys Jumpin' on the Bed*, winner of Telefilm Canada Best Western Canadian Director Award at the 2000 Vancouver International Film Festival.

Compared to *Mount Pleasant*, that movie was made for a paltry \$13,000.

Independent filmmakers in Canada are usually funded through Telefilm Canada, the federal cultural agency that develops and promotes the Canadian film, television, new media and music industries.

Generally, Weber Telefilm looks for good scripts and if it likes one, a project will get a good producer and half the money necessary to make the movie.

"There's a lot of money and people just don't hand it out - it's very competitive," Weber said. "I feel very fortunate."

From there, Weber shopped the

ROSS Weber's latest project benefits from a little star power. Here, he instructs Kelly Rowan, famous for her role on TV's the O.C. Below, Weber on the set of *Mount Pleasant*. CONTRIBUTED PHOTOS

script around and found a distributor.

Despite the expanded budget, \$1.5 million doesn't go far in the industry.

"At this budget level, you have to compromise," said Weber.

That compromise meant Weber and his producer wife Kimberley Wakefield took 19 days to shoot the movie this spring, about half the time the script would normally demand.

Weber used a good portion of his budget to lure some recognizable actors, including Kelly Rowan from TV's *The O.C.*

Some scenes were cut and the couple also used their house as a shooting location for the movie that takes place in the Vancouver neighbourhood of *Mount Pleasant*.

"It was absolutely crazy," Weber said of having a crew at their home. "There's enough worry and work to do to upset the producer and the director."

The couple moved to the edge of *Mount Pleasant*, on Vancouver's east side, six years ago during a time when there was a lot of crime, prostitution and drugs there.

"We got involved with the community to deal with the situation," said Weber of night patrols and meetings.

Mount Pleasant is a drama that follows a number of characters who interweave throughout the story in the neighbourhood that's in the process of gentrification.

The story centres around a young



couple who try to clean up the neighbourhood after their daughter is pricked by an infected needle in their backyard.

Other characters include a teen addict and her pimp boyfriend, a wealthy businessman who comes to *Mount Pleasant* for paid sex and a policeman and his wife.

It's style has drawn comparisons to Oscar-winning films *American Beauty* and *Crash*.

While media attention in the Lower Mainland has focused on Weber's real life experience in the neighbourhood, the 47-year-old says that's not enough to entertain audiences.

"You use the experience but you have to find a way to make a movie one that people want to watch," he said.

"I hope [audiences] like it. I'm

pretty close to it and I think it's pretty good."

Weber says he's always writing and currently has a couple of half-completed scripts.

Weber is the son of Evva and the late J. Fred Weber. The latter brought television to the Northwest, founding what is now CFTK.

Remembered as a mechanical wizard, his son says he did learn some things from him.

"We used to build our own houses in Terrace so now I can do my own plumbing and electrical (wiring)," Weber said.

Weber's parents moved to Vancouver in 1988 and Evva still lives a few blocks away from her son. Weber says they see a lot of each other.

Mount Pleasant is expected to be in theatres this fall.

TERRACE STANDARD

CITY SCENE

Clubs & pubs

ARTFUL CUP: Open mic night Saturdays.
GEORGE'S PUB: Nassville 5 June 23-24; Accelerators June 30-July 1
HANKY'S: Tues. karaoke, free foosball/Wed. karaoke, free pool/Thurs. college games night/Fri.-Sat. dance music & door prizes/Sunday 8 p.m. to midnight music jams. A great opportunity to network with fellow musicians in a friendly atmosphere. All you need is your instrument because there's sound equipment, lighting, a drum kit and all the amps you'll need.
LEGION BRANCH 13: Meat draws Saturdays starting at 4 p.m. Upcoming Steak Nights on July 7 and Aug. 4.

Visual Arts

■ The Terrace Art Gallery presents its June exhibits on display through June 25. In the upper gallery, it's "Life in Abundance: Land and Sea of Haida Gwaii" by Sheila Karrow. The lower gallery has "Monday Mornings" by Maureen Hamilton and Cindy Powell. Gallery hours: Wednesday, Thursday and Saturday 12-4 p.m., Friday 12-6 p.m. and Sunday 1-4 p.m. For information call 638-8884.

Live music

■ Big Railroad Blues concert scheduled for Saturday, June 24 at Gators has been cancelled.

Theatre

■ Terrace Little Theatre presents an encore presentation of Dan Goggin's comedic musical, *Nunsense*. Winner of the best production at the Skeena Zone Drama Festival in May, the presentation is a fundraiser to send the show to the provincial festival in Maple Ridge in early July. Friday, June 23 at 8 p.m. at the Dr. R.E.M. Lee Theatre. Tickets are \$10 at Uniglobe Travel.

Etc.

■ The annual Garden Tour and Tea goes this Sunday, June 25 between 11 a.m. and 4 p.m. Tour eight local gardens, get a map and directions for \$12. Tea is available during the tour for an additional \$4.50. Sponsored by Women & Development as a fundraiser for international development projects. Tickets available at Misty River Books and Sidewalkers. Call 638-0488 for more information.



No-Till in Spring, by watercolour artist Sheila Karrow is one of her pieces on display for the month of June at the Terrace Art Gallery. See details at left.

Pay your event to make the Scene at 638-8432. Deadline is 5 p.m. Thursday.

Community Calendar

Our Offices are Open to Serve you!

Terrace Office 104-4710 Lazelle Ave
Terrace BC V8G 1T2
Phone: 250 638-7906
Fax: 250 638-7926

Kitimat Office 244A City Centre
Kitimat BC V8C 1T6
Phone: 250 632-9886
Phone: 250 632-9883

Email: robin.austin.mla@leg.bc.ca



Stop by or reach us by phone!

Robin is working hard to bring the concerns of Skeena residents to Victoria!

Robin Austin, MLA
Skeena

Open:
Tuesday to Friday in Terrace
Wednesday to Friday in Kitimat

The Terrace Standard offers the Community Calendar as a public service to its readers and community organizations. This column is intended for non-profit organizations and events without an admission charge. Space permitting, items will run two weeks before each event. Deadline is 5 p.m. Thursdays. Fax your event or PSA to 638-8432. For complete listings, visit www.terracestandard.com

COMMUNITY EVENTS

FRIDAY, JUNE 23

The Kinsmen Club of Terrace holds the installation of its officers for the 2006-07 year on Friday, June 23 at the Kin Hut (4119 Sparks St. behind Heritage Park). Cocktails at 6:30 p.m. and dinner at 7:30 p.m. Installation of officers and presentation of awards to follow. Dress is semi-formal, cost is \$20 a plate. This event is open to all family of Kin and spouses/significant others. Purchase tickets at Crampton Law Office in Terrace. You are strongly advised to call ahead at (250) 635-6330 and reserve and arrange ticket pick-up. Ask to speak to Bryan or Sheila. R.S.V.P. by Friday, June 16.

SATURDAY, JUNE 24

A Mésis Stone Soup will be made Saturday, June 24 on Ferry Island. Bring vegetables for the soup (last additions at 4:30 p.m.). Soup served at 5 p.m. and bannock making in the afternoon. Coffee and campfire ready all day. Call 635-6864 for information.

SUNDAY, JUNE 25

The annual Garden Tour and Tea goes this Sunday, June 25 between 11 a.m. and 4 p.m. Tour eight local gardens, get a map and directions for \$12. Tea is available during the tour for an additional \$4.50. Sponsored by Women & Development as a fundraiser for international development projects. Tickets available at Misty River Books and Sidewalkers. Call 638-0488 for more information.

SATURDAY, JULY 1

Heritage Park Museum hosts a fun-filled day with something for everyone in the family to celebrate Canada Day from noon to 4 p.m. Planned events include a spectacular silent auction fundraiser, races, games, a petting zoo, face painting, dunk tank and great music. A tasty salmon barbecue fundraiser is also being planned along with hot dogs and a Canada Day cake for everyone to share. Come dressed in festive red and white! Admission is by donation. For more information please phone 635-4546 or come by the museum.

PSAs

The Clay Artists of Terrace Society is taking registrations for children's pottery workshops starting in July. Hand building workshops offered for children aged seven to 11. Wheel throwing offered to children 12 and over. Summer lessons start July 3. Cost is \$30, which includes everything needed for your experience in clay. Spaces limited. To register, call Pat at 635-5574.

Heritage Park Museum is now open for the summer season from 10 a.m. to 6 p.m., seven days-a-week. Site tours are available four times a day and a number of special events are planned for the summer. The museum will also offer two walking tours and Ma Lambly's, its one act historical drama, throughout the months of July and August. Call the museum for more information at 635-4546.

The Terrace Public Library is offering "extreme" fun with its Summer Reading Club. Don't miss out on cool activities and prizes. Put your name in for the general registration to track your summer reading anytime now and registration for the first week of programming begins July 3. Call the library at 638-8177 for details.

Support After Suicide support group monthly meetings have been cancelled. Assistance with grief is still available from others that have experienced a suicidal death of someone close. Talking and listening to others about their experiences lessens the burden and eases the pain. For support and information call Joset at 638-1347.

Taoist Tai Chi Society of Canada offers a five-class introductory session to Tai Chi for health improvement, concentration and meditation and relaxation and stress reduction. June 1, 8, 14, 22 & 29 from 7-9 p.m. at the health unit auditorium. \$30 for all five classes. Call 615-3216 for more information.

The Canadian Cancer Resource Centre offers cancer support group for family and friends meeting every second and fourth Thursday of the month at 7 p.m. Next meeting June 22. The cancer centre is at 207-4650 Lazelle Ave. It's open

Monday to Friday from 12-2 p.m. Internet access for cancer research is available. For information about emergency aid or peer support programs, call 638-8583.

Rotaract Club is coming to Terrace for 18- to 30-year-olds wanting to make Terrace a better place. Come to an informational session/first meeting on Monday, July 5 at the Coast Inn of the West at 7 p.m.

The Canadian Red Cross is asking Canadian Canadians to donate to its relief work for earthquake survivors in Yogyakarta, Indonesia. Those wishing to help can make a cash donation online at www.redcross.ca; by calling 1-800-418-1111, the 24-hour toll-free line that accepts Visa and Mastercard; in person at any local Red Cross office; or by mailing a cheque made payable to the Canadian Red Cross (earmarked "Indonesia Earthquake") to The Canadian Red Cross Society, National Office, 170 Metcalfe Street, Suite 300, Ottawa, Ontario, K2P 2P2.

The Happy Gang Centre hosts a pancake breakfast on the first Saturday of each month from 8-11 a.m. and its general meeting goes on the second Thursday of every month at 2 p.m.

The Terrace Greater Beautification Society's beautification work bees meet Tuesday nights at the George Little House at 7 p.m. Everyone welcome. The society also meets on the first Thursday of the month at 7 p.m. at city hall. New members welcome. Call Chris at 638-1049.

The Terrace Emergency Shelter hosts Bannock & Beans, where Fridays are chili nights at the shelter. From 4-6 p.m. at 2812 Hall St. Call 635-5890 for more info. The meal is free. Volunteers for meal preparation always needed.

A brain injury support group in Terrace meets the second and fourth Wednesday of each month from 4-5:30 p.m. now in a new location (room 280 of the public health building on Kalum St.). The meetings are open to survivors, family members and service providers. For more information, call Mark at 638-1818 or e-mail mark_brain_injury@yahoo.ca

Kermode Friendship Society offers free tutoring at its Kalum St. location with an After School Homework Club Mondays through Thursdays from 3:30 - 5:30 p.m. This program is open to youth in need of help and support in school. Peer tutors wanted. Learn by teaching. This could be used as hours required in graduation portfolio. For more information contact Kim Besharah of Kermode Friendship Society at 635-4906 ext. 27.

Skeena Family Resources presents free programs for parents and children under six at Kitselas on Queensway, Skeena Kalum Housing and at Kitsumkalum. Parent connection, information workshops for parents and fun activities for kids. Tuesdays to Thursdays from noon to 2 p.m. Transportation is available. Everyone welcome. Call 635-7087 for information or transportation.

The Artful Cup hosts Stitch 'n Bitch, a co-ed knitting circle Thursdays from 7:30-9 p.m. Sewing and crochet also welcome with people on hand to teach. For more info call Renee at 615-9383.

Soup Kitchen, operating every Monday from 12-1:30 p.m. at the Kermode Friendship Society, 3313 Kalum St. Enjoy a hot bowl of soup and a bun! Call Angela or Louisa at 635-4906.

Terrace Toastmasters is now meeting on the second and fourth Wednesday of each month at the firehall conference room. Always open to new members. Call Bob 638-0923 or Rolf 635-6911.

Royal Canadian Legion is appealing to members and their spouses for auxiliary volunteers to help prepare vegetables and pie crusts once a month for steak night and to help with dishes. If interested please phone 635-4862.

Alanon meets every Sunday at 7 p.m. at the Womens' Centre.

Alcoholics Anonymous meetings every night of the week. Call 635-6533. N/A meetings 7:30 p.m. Saturdays at the education room at the hospital. Call Tony at 798-2598.



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Nunsense

Fri. June 23

8:00 pm

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Look Who's Dropped In!

Baby's Name:
William Vincent McLean Spencer
Date & Time of Birth:
May 24, 2006 at 7:07 p.m.
Weight: 9 lbs. 1.6 oz.
Sex: Male
Parents: Roxanne & Gary
"Little brother for Linda & Christopher"

Baby's Name:
Charlyse Karen Grace LaFontaine
Date & Time of Birth:
May 26, 2006 at 10:34 a.m.
Weight: 7 lbs. 14 oz.
Sex: Female
Parents: Jennifer & Jeremy

Baby's Name:
Navraj Singh Bhandar
Date & Time of Birth:
May 30, 2006 at 5:42 a.m.
Weight: 5 lbs. 15 oz.
Sex: Male
Parents: Harman & Harjit
"Little brother for Ikraj"

Baby's Name:
K'Sanya Lee Parker Brinson
Date & Time of Birth:
June 6, 2006 at 6:53 a.m.
Weight: 9 lbs. 6 oz.
Sex: Female
Parents: Julia & Sheldon

Baby's Name:
James William Cordeiro
Date & Time of Birth:
June 7, 2006 at 2:26 p.m.
Weight: 6 lbs. 11 oz.
Sex: Male
Parents: Kirsten & James

Baby's Name:
Ethan Carter Weidner
Date & Time of Birth:
June 9, 2006 at 5:35 p.m.
Weight: 7 lbs. 1.5 oz.
Sex: Male
Parents: Connie & Wayne
"Little brother for Rhys"



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June 23, 2006
Nunsense - Winner of the Skeena Zone Drama Festival, Terrace Little Theatre's Play will be re-mounted one last time in Terrace.
Winner of 9 the Skeena Zone Festival Awards, including Best Production
Join the Little Sisters of Hoboken as they try to get their dead sisters OUT of the freezer and properly buried.
8:00 p.m. Tickets \$10.00 Available at Uniglobe Travel

June 28, 2006
Skeena School Awards Night, 7:30 p.m.

June 28, 2006
Caledonia School Graduation, 7:30 p.m.

June 29, 2006
Caledonia School Awards Night, 7:30 p.m.

<p>Terrace Concert Society Tickets Available online at: www.terraceconcertsociety.org for info & to purchase tickets</p>	<p>Terrace Little Theatre Tickets Available at: Uniglobe Courtesy Travel</p>
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Mortar boards off to grads

A NUMBER of Terraces on the road to higher education have completed their current degrees of study.

At the University of Northern British Columbia (UNBC) in Prince George, 21 of the 738 students who graduated in 2006 call Terrace home.

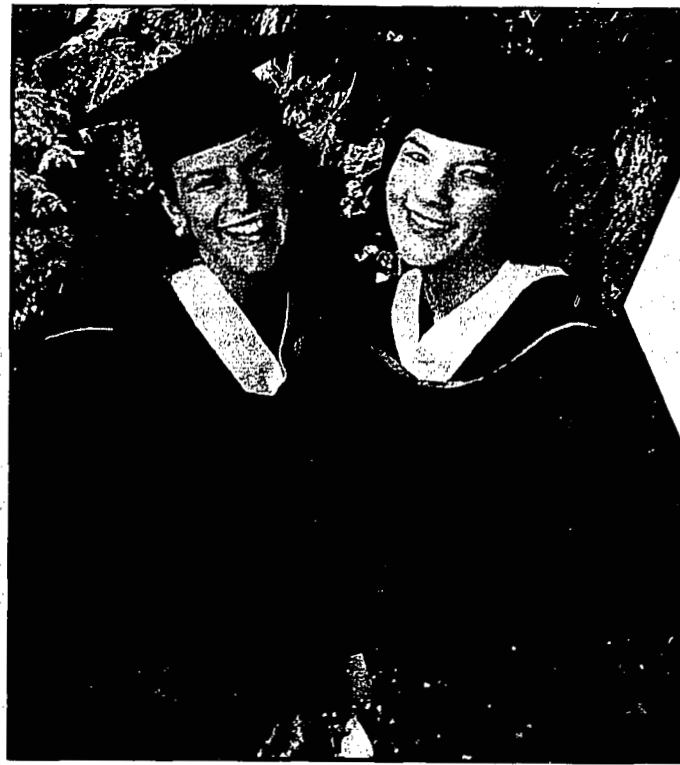
They are: Ronda Abou (BSW Social Work - Child Welfare Specialization); Douglas Adair (BA Geography); Connie Baker (BSW Social Work - Child Welfare Specialization); Linda (Lee) Cameron (BSW Social Work); Tania Da Silva (BA History); Harold Feddersen (BA General); Elizabeth Gagnon (BSW Social Work); Angela Genaille (BSW Social Work - Child Welfare Specialization); Katiopi Kollias (BComm International Business); Henrietta Marinus (BSW Social Work); Brenda Miklavic (BSW Social Work); David Miller (BSW Social Work); Sandeep (Sonia) More (BSc Chemistry); Ingrid Olson (BSc Psychology); Assunta Pijl (BSc Psychology); Matthew Pretto (BA International

Studies); Danielle Richey (BA International Studies); Silke Schemmerling (BSc Environmental Planning); Christine Swanson (BSc Psychology); Amber Ware (BSc Psychology); and Barry Wolfenden (BSc Psychology).

From Kitwanga, three grads: Arcadia Bright (BA Anthropology); Bruce Johnson (MEd Education - Curriculum & Instruction); and Carter (Brent) Mackay (MEd Education - Curriculum & Instruction).

And from the Nass Valley, a further four graduates: Amy Hayduk (BSc Biochemistry & Molecular Biology); Beverly Russell (BSW Social Work); Veronica Shirey (BSW Social Work - Child Welfare Specialization); and Rhoda Parker (BA First Nations Studies).

Wilp Wilxo'oskwhl Nisga'a, a post-secondary education institution in New Aiyansh that offers academic courses in cooperation with UNBC also graduated a handful of students: Maryann Adams (Certificate in General First Nations



HENRIETTA Marinus, left, and Angela Genaille are two of 21 graduates that hail from Terrace who earned degrees at the University of Northern British Columbia in Prince George earlier this spring. Marinus and Genaille earned their Bachelors of Social Work, the latter specializing in Child Welfare.

ROB VAN ANDRICHEM PHOTO

Studies); Lorna Azak (Certificate in General First Nations Studies & Certificate in Nisga'a Studies); Linda Morven (Certificate in General First Nations Studies); Pearl Munroe (Certificate in Nisga'a Studies); Rhonda Stephens (Certificate in General First Nations Studies); and Sylvia Stephens (Certificate in General First Nations Studies & Certificate in Nisga'a Studies).

At Thompson Rivers University in Kamloops, Terrace was represented among its

almost 1,900 graduates who received a degree, diploma or certificate in early June.

Claire O'Neill and Jamie Fillion were both recipients of Bachelor of Arts degrees. Earning diplomas or certificates: Sandra Douglas (community and school support); Jesse Sheasby (plumbing trade entry); James Silva (business); and Annelly Lentz (medical laboratory assistant).

Simon Fraser University in Burnaby produced four Terrace grads.

Earning their Bachelor of Education were Soraya Manji, Mandy McInnes and Charmaine Peal. Sheldon Zettler completed his Master of Business Administration.

And west of SFU, Terrace was also represented at the University of British Columbia with five graduates.

Tristan Brown, Amy Leclerc and Rehana Manji each completed their Bachelor of Science, while Mikala Gordon and Tyler Noble earned their Bachelor of Arts.



SARAH Watts, left, and Dave Jephson of the Terrace Water Search and Rescue Team, have new, modern life saving equipment thanks to the efforts of Arlene Ridler, centre.

Parent's drive ensures greater safety in region

By SARAH A. ZIMMERMAN

ARLENE RIDLER'S quest to prevent drowning deaths similar to her own son's has resulted in the purchase of much needed equipment for Terrace's water search and rescue team.

Ridler's 14-year-old son Ryan drowned at Lakelse Lake June 25, 2004.

When the accident happened, an important piece of equipment called a heated oxygen unit was not here because the water rescue team was recovering a body in another community.

The water search and rescue team's heated oxygen equipment was being used in another community when the accident happened and while rescuers can't speculate on the outcome had it been here, they say they definitely would have used it.

Ridler has since spearheaded an annual fundraising campaign in conjunction with Skeena Junior School called Hearts For Ryan to raise money for the rescue team's equipment.

Her latest efforts raised \$2,200 toward the purchase of a new communications system which allow divers to speak to people on the surface using specialized face masks and wires that run through a 150-metre long rope, says Lieutenant Dave Jephson.

"All the major dive teams in the world have this type of system," says Jephson. "You can talk through the mask to the surface."

The addition of the new equipment means the crew can now be better equipped when on multiple calls in different areas.

"We can now safely run two independent dive calls simultaneously," he said.

The decision to purchase the second system is in

keeping with the Ridler's initial goal to better equip crews when there are multiple calls, and hopefully save lives.

"It was out of town when we lost our son so it's a good feeling," says Ridler of her

efforts.

"I want to try to keep doing it every year, even if it's only a few hundred dollars, but I don't think you value [the water search and rescue team] until you have them in your life."

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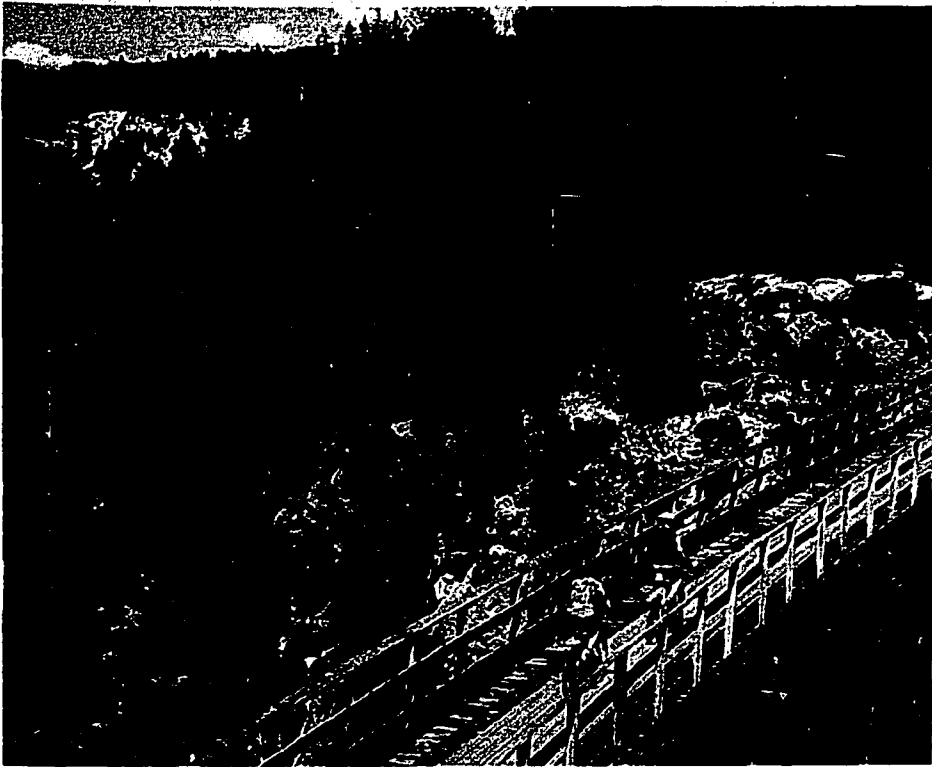
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Cycling the Kettle Valley Rail Trail TOURISM BC/TOM RYAN

Where can adventurers golf and ski in the same day, hike to a waterfall twice the height of Niagara, or cycle through parkland, stopping at wineries along the way?

Best known for its sandy beaches on warm blue lakes, year-round mountain resorts, and more than 50 championship golf courses, the Thompson Okanagan region also hosts several classes of white water, some of the highest peaks in the Rockies, and hundreds of fishing lakes teeming with salmon and trout.

Parks in the region offer everything from beach-side picnics to multi-day wilderness hikes. The largest is Wells Gray Provincial Park, an hour north of Clearwater, off Highway 5. This vast area is home to the famous Helmcken Falls, Canada's fourth largest waterfall, as well as great canoeing, fishing, hiking, and rich populations of moose and mule deer.

The Spirit of 2010 Trail links four multi-use paths, including the 455 kilometre (283 mile) Kettle Valley

Rail Trail, best known for its stunning scenery and dramatic railway trestles. A gentler biking option is the 18.4 kilometre (11.4 mile) International Bicycling and Hiking Trail which follows the Okanagan River through farmland and desert, with access to wineries en route.

For mountain biking enthusiasts, exploration of the trail network around Kamloops or the lift-accessed bike parks at a number of the area's mountain resorts, including Silver Star Mountain Resort, Apex Mountain Resort and Sun Peaks Resort proves a rush.

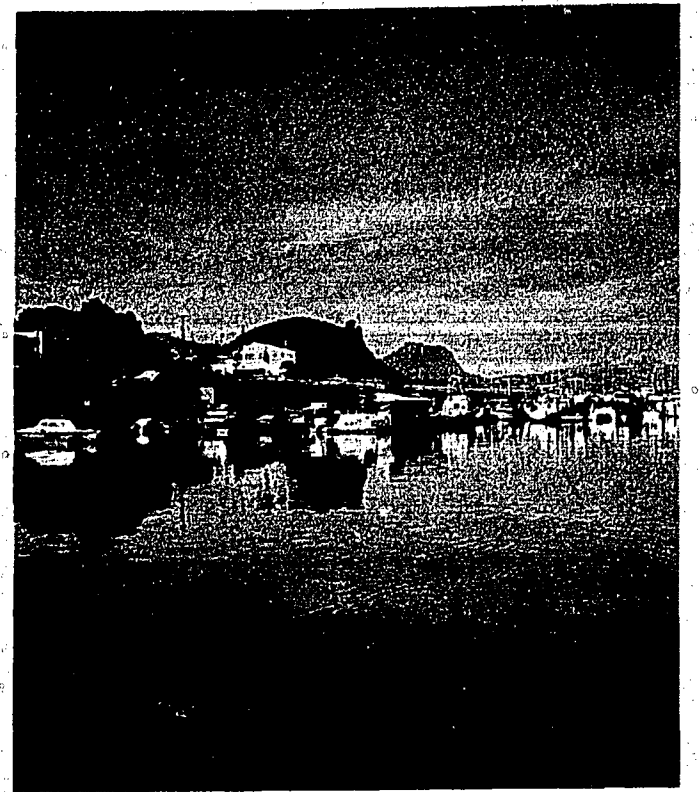
For a real wild ride, adventurers can take a stomach-churning, heart-pounding excursion along the Adams and Thompson rivers. Guided rafting can be had on these as well as the Fraser and Clearwater rivers.

To plan your vacation — where to go, what to see and do, where to stay, plus printable maps to show you how to get there — visit HelloBC.com/to/outdoor.

Festivals & Events Thompson Okanagan

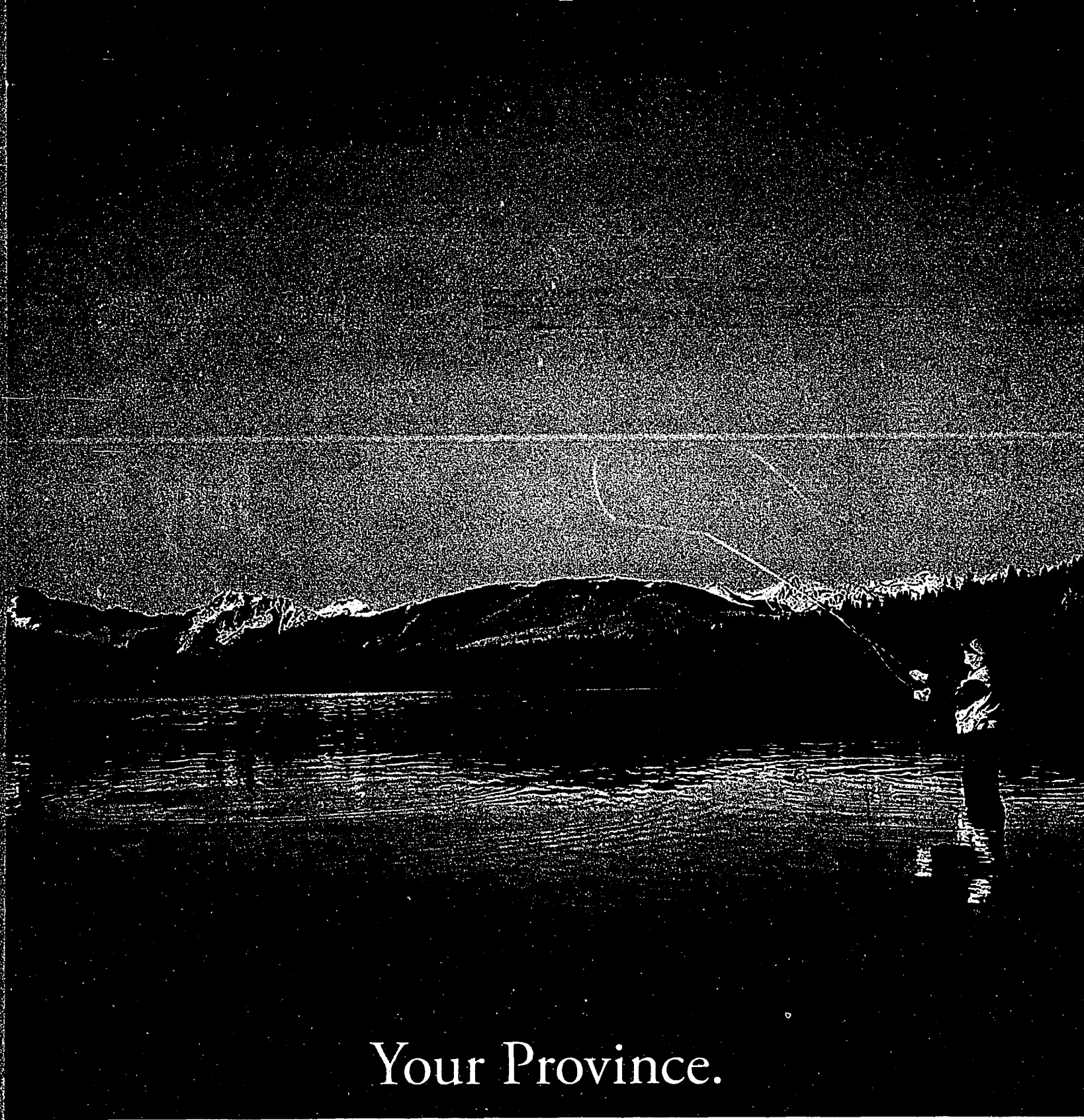
June 9 - 11	Lumby Days, Lumby
June 29 - July 1	Fantastic Summer Festival, Armstrong, Enderby, Lumby & Vernon
July 14 - 16	101st Annual Kelowna Regatta, Kelowna
July 11 - 16	Merritt Mountain Music Festival, Merritt
July 27 - 30	2006 BC Summer Games, Kamloops
August 4 - 6	Kamloops Pow Wow Days, Kamloops
August 5 - 6	Cornelius O'Keefe Days & Cowboy Festival, Spallumcheen-Vernon (O'Keefe Ranch)
August 5 - 6	Tulameen Family Days, Tulameen (Princeton)
August -10-12	Okanagan Summer Wine Festival, Vernon
August 18 - 20	14th Annual Roots & Blues Festival, Salmon Arm
August 27	Ironman Canada Triathlon, Penticton

For more information about Festivals & Events in the Thompson Okanagan Region, please visit HelloBC.com/to/events.



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The City, The Ocean, The Mountains — What More Does One Need?

Tucked into the southwest corner of British Columbia, Vancouver, Coast & Mountains proves a region rich in bounty. Awed by the beauty of the ocean-side and mountain-backed city, visitors are tantalized by its many cosmopolitan pleasures. This whole, mild-climated region, is one of extraordinary beauty, eclectic activities and rich heritage. In every direction, Vancouver, Coast & Mountains has it all.

The bordering municipalities of Richmond and Burnaby have abundant parkland. Adventurers can cycle the dykes in Richmond or go birding on the river estuary; in Burnaby, one can play golf at the foot of a mountain or stroll a heritage village.

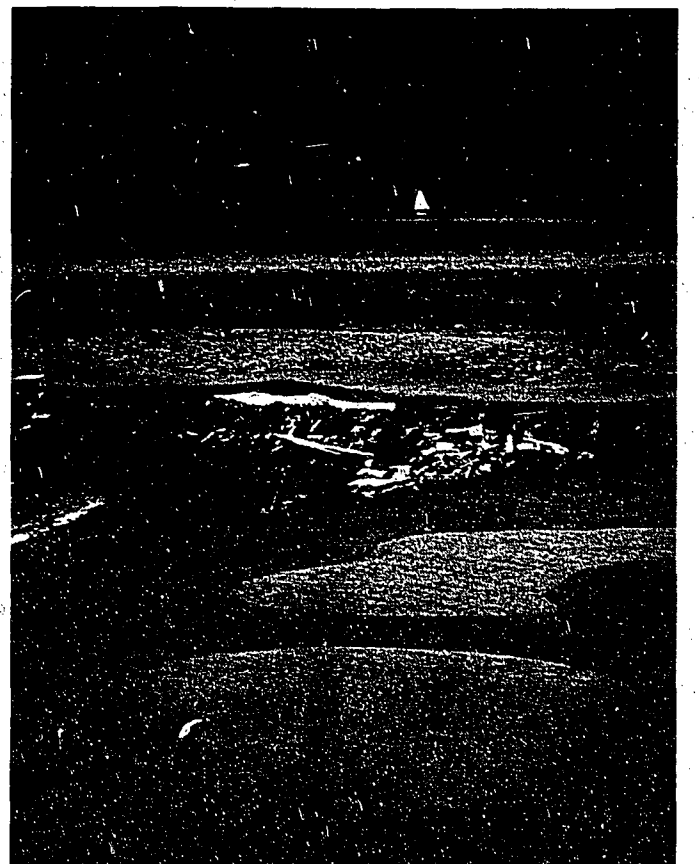
From West Vancouver, the Sunshine Coast is a short ferry ride to a lush, ocean-fringed greenbelt. Artisan studios provide ample distraction, and visitors can also hike or mountain bike, and get out on the water to fish, sail, kayak or sightsee. This nature paradise is a close and friendly getaway from the city. The spectacular Sea to Sky Highway 99 winds its way along the sparkling waters of Howe Sound from West Vancouver to Whistler. Enroute is the BC Museum of Mining, a truly underground experience in Britannia Beach. Further north in Squamish, train buffs can admire the vintage railway cars and locomotives at the West Coast Railway Heritage Park or take in the expanse of the famed Stawamus Chief, one of North America's premier rock climbing destinations, standing guard over the town. Mighty Fraser Country, to the east, showcases a rich, verdant valley

surrounded by both the Coast and Cascade mountains. Those up for exploration can drive country roads, pop in to farms to purchase everything from organic goat cheese to succulent berries, stop at wineries to chat with vintners, and spend the night in a family-run B&B.

One shouldn't rush through the Fraser Valley. For a taste of history, visitors should stop in at Fort Langley or Trethewey House in Abbotsford, experience First Nations heritage at Xá:ytem Longhouse Interpretive Centre in Mission, play golf and admire gorgeous gardens near Chilliwack, fish in the Fraser and Vedder Rivers, or take the kids to Cultus Lake and Harrison Lake. At Hope, visitors ogle the chainsaw art before checking out the Othello Tunnels in Coquihalla Canyon Provincial Park, an engineering marvel from rail-travel days. This hub of adventure also has gold rush and fur trading tales; and before travelers head into the dramatic Fraser Canyon, they should be sure to stop in at the Yale Museum.

To learn more about the Vancouver, Coast & Mountains Region and to get everything you need to plan your vacation — where to go, what to see and do, where to stay, plus printable maps to show you how to get there — visit HelloBC.com/vcm.

Doubling tourism: The Province has added \$50 million to meet the goal of doubling tourism by 2015. Projects include cultural extravaganzas, sport events and convention centre upgrades.



Golfing in Vancouver, Coast & Mountains TOURISM BRITISH COLUMBIA

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SKEENA ANGLER
ROB BROWN

Island

A lot of water has flowed under the Coldwater Creek railroad bridge since I saw it for the first time.

Bill Ashcroft and I reached it the hard way on that crisp red and yellow fall day, sloshing down the creek and brush whacking where the pools were too deep.

That was before the Coldwater valley had seen a saw, a time when the creek ran clear year round, a time when the valley still had the strength to rein in the fall floods and spring freshets that would rip trees and stumps from their holds and stick them together in the large wooden clots that now plug the creek at its approach to the darker water of the Lakelse.

Light danced on the ripples ahead of us. We breathed in sharp cold air, saturated with the smell of leaves and smoke, commingled with the odour of decaying salmon. The cries of eagles punctuated with the slaps of leaping coho smacking on the surface of the river told us when we were close to the confluence of creek and river.

"Look at that guy cast!" said Bill, who reached the river ahead of me.

I did. He was standing at the top of the Lower Coldwater pool, eighty to a hundred metres upstream of the junction of the two streams, standing in the riffle up to the knees of his green waders. He had on a wool shirt, red and black mackinaw, a vest over that. He wore a red ball cap.

After each retrieve, he lifted his rod, bringing his lure to eye level. That done, he deftly grabbed the hook between thumb and forefinger of his right hand and pulled it back on a horizontal as he extended the rod out over the river, lifted up about 20 degrees and sent it almost to the far bank in a graceful arc.

The float bobbed downstream. On almost every drift it disappeared and reappeared with a fish attached.

"That's Mike — don't know his last name — he works at the bank," Bill said.

Since Mike was occupying the spot, we made our way down a high water channel that Bill guaranteed would take us to a nice pool. It did. Upper Coldwater, he called it.

There was an island upstream of the run, an irregular chink of rocky midstream real estate about the size of two mid-sized pool tables. To the best of my recollection nothing grew on the islet when I saw it.

Over the years I developed a fondness for the island, not only because the slots next to its shores were lay-bys for trout and steelhead and the angling opportunities they afforded, but because it provided an ideal viewing platform as well as a place for rest, reflection and lunch.

It obviously offered a landing platform for seeds, dust, airborne leaf litter and river silt as well, for early in my acquaintance with the place some grasses and a few small plant shoots set down roots. In a few years shrubs sprouted. Then, early in the 80s, a high water scrubbed the island clean.

In a few years, some plants had established a tenuous hold once more. Once more a high water event erased all sign of their plucky existence. I didn't take much notice of the pioneering attempts of the plants until a couple of alders took advantage of a series of low water years and managed to hold on long enough to attain shoulder height.

The grasses did well under the stingy shade of the little alders. In the microcosmic scale of the rock islet, the fallen leaves from those hardwoods must have contributed mightily to soil recruitment.

Bugs are attracted to trees. Birds are attracted to bugs. The droppings of songbirds afforded a perch by the slender alder boughs enriched that thin mantle of soil, as did guano of the occasional gull brought there in search of washed up pink or coho salmon.

Then a spruce took root and held firm. It seeded another. When I lunched there last week the grove was large enough to shade half the isle, and at its feet grew sedges, mosses, and a raspberry plant, along with variety of shrubs.

As I ate, I thought about that rock; how it had lain under the massive glacier that sprawled over this area eons ago; how it had been present at the birth of the river; and how it would be in attendance mute and little changed when it died.

And I thought about how, in this small recent part of its history, it had provided a stage for living things. And I wondered at the zeal, the relentless energy, with which complex living things attempt to animate seemingly barren places.

Ultimately, in the supernova sunset, that life force may not prove to be indomitable, but, in the meantime its existence provides some hope that green growing things may continue for quite some time yet, and we, if we acquire some humility and respect for it, might too.

Adventure series challenges participants to live on edge

By SARAH ARTIS

RAY PRAUGHT isn't competing in all five adventure challenge events because he's fearless. If anything, it's because he's not.

"It's all about the competitive spirit," he says.

He likes knowing some of the other participants in the race and pondering how he sizes up.

Praught describes himself as fit and "very competitive person."

But he remembers last year's adventure challenge rock climbing competition at Chist Creek as tough.

It can be a bit intimidating, he says, but everyone is supportive and claps for you.

He laughs and crouches low, knees and arms shaking. He's imitating himself in last year's competition.

"That's what keeps me climbing," he says, "the fear of falling."

This year's adventure challenge rock climbing competition is at 8 a.m. on July 2 at Chist Creek.

Competitors will climb a graduated series of routes with eight minutes to complete each.

"It's a top-rope competition," says adventure challenge organizer Sarah Zimmerman, "which means it's the safest way to climb."

In top-rope, climbers are on belay at all times, meaning someone is always controlling the slack in the rope to catch climbers in the air if they slip.

Most people, including beginner climbers, can complete the first route but not many make it to the last one, Zimmerman said.

Once participants have

tired their forearms pulling themselves up rock all morning, they can tire their legs in the psycho cycle adventure challenge race that afternoon.

In the psycho cycle, competitors hike the Terrace Mountain trail with their bikes, mountain bike down the back side, then ride on the road to the Northwest Community College.

"This event proves to be very exciting because it combines road riding, cross-country riding, and downhill riding with hiking," Zimmerman said.

But newcomers should be cautious, she warned, as the trail has lots of roots, rocks and steep sections.

This is one of the least social events because of the terrain, Zimmerman said.

"In this type of race, people have their head down and just go."

The psycho cycle course is about 10 kilometres and starts at the arena at 5 p.m. July 2.

The Terrace Standard Adventure Challenge is a five-sport series that takes places over the Canada Day long weekend.

Registration forms are available at Ruins Board Shop, Hot House, Azad Adventures, Outspoke'n Bike and Sport, All Seasons Source for Sports, McBike and The Terrace Standard.

Forms will be accepted at The Terrace Standard until June 28. There's no same day registration. Cost is \$25 per event.

Call Sarah Zimmerman at 638-7283 for details or attend at a meeting in the Terrace Aquatic Centre meeting room at 7:30 p.m. June 28 for answers to last-minute questions.



MATTHIAS Muller, last year's junior division Adventure Challenge winner, built a climbing wall on the side of his house to prepare for this year's rock climbing competition. Muller is turning 17 before his summer's race, so he will compete in the men's division this year. He has entered all five series events. SARAH ARTIS PHOTO

Riskier riding growing in popularity

By SARAH ARTIS

FREERIDING is about being free with your own style of riding.

It's as simple as that says Kristian Grey, one of Terrace's mountain biking veterans who works at All Seasons Source for Sports.

And that's why he enjoys it so much.

"I like that you are an individual and you can push your own boundaries and limits. You can challenge yourself to make the perfect line."

Freeride mountain biking is similar to downhill biking: cyclists ride steep, rooty, rocky terrain. But freeriders tend to focus more on technique and stunts rather than going as fast as they can.

The term stems from snowboarding. It means to get off the beaten track with your own style.

"I love riding because it's fun," Grey said. "When you hit a move just right, it's an incredible feeling. It makes you just want to come back for more."

And that's how other Terracites seem to feel as well.

According to the president of the Terrace Outdoor Recreational Cycling Association (TORCA) and experts at various bike stores in town, the freeriding scene in Terrace has more than doubled in the last year.

It was popular in the past, but the scene died down when people moved, Grey said. Now it's "exploded."

TORCA president Kate McMarron said most people don't realize how big the



MARK Forgie (front) and fellow freeriders (l to r in background) Jodi Braam, Mike Hoving and Nola Flaws check their bikes and gear to make sure they are ready to rip down the trails at Copper Mountain. SARAH ARTIS PHOTO

"I like that you are an individual and you can push your own boundaries limits,"
-Kristian Grey

sport is here.

"I don't think a lot of people realize what a big group is involved because you don't see them going through town. Lots of people

think it's just one single guy."

But the freeriding scene is a big network of people — about 60 guys ranging from their teens to the 30s, with a few women and older people as well.

Non-cyclists might not know, however, because the bikers are on the trails as much as possible.

In Terrace, they are either hiking the Terrace Mountain Trail with their bikes to ride

down the back side, or shutting up Copper Mountain in pick-up trucks filled with bodies, bikes and armour.

Most of the trails at Copper Mountain are advanced, so many of the riders get decked out in full-body protective gear, which includes leg and arm pads, gloves, a chest plate and a full-face helmet.

A group of riders can look like they are going to war.

Cont'd Page B12

Freeriding facts for beginners:

- The minimum equipment necessary to start is a front or dual suspension mountain bike and a safe, sturdy helmet — preferably full face. Cost for a suitable bike is minimum \$1000. Helmets cost anywhere from \$40 to \$300.
- Useful accessories include arm and leg pads, gloves and a water pack to wear on your back. The minimum cost for each item in order is \$100, \$40 and \$50.
- It's best to wear comfortable, breathable clothing that fits tightly enough that nothing catches on branches or your bike.
- Prepare to fall. Part of the fun of freeriding is challenging yourself. But always stay within your comfort zone. Know your limits.
- Learn in steps. Don't assume your first day out you will be able to ride what everyone else is. You will improve.
- Don't give in to your feelings of intimidation. At first you might feel out of your league because you don't understand lingo or don't have "the look." But this sport is not about comparing yourself to others. It's about exploring your own limits

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65 Lost & Found

FOUND AT the Elks Park on Agar, the day of the Child Care picnic, a child's blue baseball cap. Stop by the Family Place, 4553 Park Ave. to claim it. 250-638-1113 (25p2)

MISSING - "Chubbs", Grey tabby cat, 20 lbs, ear problems, wandered from River Drive home. \$100 reward for return. Phone 250-635-8774 or 250-635-1763 (24p2)

MISSING FROM the 2600 Block Millitor St. Gray female cat. If found please call 250-635-0771. We miss her very much. (25p2)

70 Personals

28 YO attractive Thai lady would like to meet a kind honest genuine man for serious relationship, age not important, please write: Kesinee Yansua, P.O. Box 1836, Bang Rak Post Office, Bangkok, 10500, Thailand.

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33 Obituaries

Jean Elizabeth Veysey

February 20, 1930 - 2006

In loving memory of Jean, passed away June 7, 2006. Survived by (husband) Graham Veysey of 58 years of marriage, son Robert (Alice), daughter Suzanne (Art) Bustin, and son Stephen (Helena). 11 grandchildren and 5 great grandchildren. We will all miss your gentle touch and loving heart. The heavens will be sweeter now that you are there, in God's care. Bless the families and friends for their support. In lieu of flowers, donations may be made for the B.C. Diabetes and B.C. Cancer Association.



William James LeClerc

March 29, 1925 - June 11, 2006

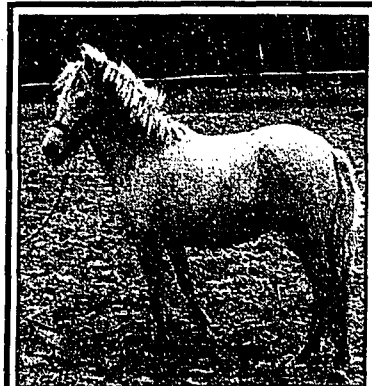
Jim

Smiling, Shining Blue Eyes
You have left us happy memories
that will bring smiles to our faces forever.
Thank you for all the years we had with you.

Jim will be missed and remembered by
all his family and friends.

We would like to thank the hospital staff
for all the excellent care over the years.

Thanks to all our friends for the kind
words and support.

36 Card of Thanks

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SLACKERS. Tired of working hard making others rich, while all you want is to slack off and make money? Let this slack show you how. 1-877-407-3050.

NEW Business opportunity in BC. Patent pending anti-

270 Help Wanted

JUMP START
your truck with exceptional revenue, great benefits and a super signing bonus! As many miles as an owner/operator can run Class-1, longhaul flatdeck Canada & 48 US states. Call Rick or Andre 1-800-663-0099.

Heavy Duty Mechanic and a Welder required for busy Coastal Logging Company. Must be certified or have extensive mechanical experience. Union wages and benefits. Fax resume to: 250-956-4888.

OKANAGAN RESTORATION SERVICES. Penitence Office is seeking personnel. Cleaning staff, flood technicians and laborers. Valid DL needed, experience an asset. Resumes kept confidential. Apply by fax: 1-250-487-1274.

Full time COOK required for Clancy's Downtown Pub. Food-Safe required. Wage negotiable. Resumes accepted in person 333 Martin St., Penitence or by email to Lisa. charlesmanor@shaw.ca

Immediate Opening: We require an experienced Meat Cutter/Manager to cut and merchandise for two well-established grocery stores located in the City of Quesnel. We are looking for an individual with minimum 5 years experience, and enthusiastic attitude, who is customer focused and self-motivated.

Competitive compensation package available based on experience. Please fax resumes to (250)747-4604 or call Omer at (250) 747-4636.

Live-in Resident Manager couple wanted immediately to manage 60 unit Motel. Handyman and office experience preferred. Apply at Scott's Inn 551-11th Ave., Kamloops, BC V2C 3Y1. Or phone (250)372-8221. Attn: Al.

Kamloops Construction company requires framing laborers and 2nd, 3rd and 4th year apprentices. Opportunity to advance with our company for hard working and reliable person. Ph. (250)371-4988 or email mdcconstructionservices@hotmail.com

Steel fabricators and welders required immediately by EXCO Industries, a well established Fabricating Shop in 100 Mile House. Competitive wages and full benefit package offered. Phone 250-395-6240 or fax resume to: 250-395-6275.

Help us around our place and do some caretaking when we are away, in exchange for a large log cabin on river. Start immediately 250-446-2761.

Scenery & high quality lifestyle. Outdoor Essentials, a specialty outdoor/hunting/retail store in Smithers, is looking for an assistant manager/senior salesperson. Retail experience & knowledge of outdoor equipment & clothing an asset. Fax resume to 604-676-2634 or email: info@bvooutdoors.com

FORESTRY JOBS Log loader and Delimber Operators needed for West Central Alberta. Must have minimum 2 years experience, valid drivers licence. Fax resume to: 250-503-1148.

Miss your kids? Working too much for too little? Executive level pay working from home. Learn how call 1-800-231-0230 or visit www.timeofmylife.info

PHONE DISCONNECTED? LOWEST HOOK UP RATES. NO REFUSALS. EVERYONE APPROVED. CALL TODAY. TOLL FREE 1-877-852-1122 PROTOL RECONNECT.

270 Help Wanted

Williams Lake Opportunity
Fast Food Franchise Manager, 3-5 yrs previous experience in direct management, inventory, staffing, operations, customer service, training and retention, leadership, problem solving, administration and reports, comfortable computer skills, managing all fixed costs and profitability. Our client offers an excellent salary and benefit package to the successful applicant. Are you seeking a career change and possible relocation? Send your resume in confidence to: Excel Personnel Inc. #200, 418 St. Paul Street, Kamloops, BC V2C 2J6 or email to: resumes@excel.bc.ca

ARE YOU a logging truck driver looking for work in the Houston area? We require drivers for an off-road haul. Experience is preferred. Mail resume to: Tri-Lake Holdings Ltd., PO Box 186, Burns Lake, BC V0J 1E0 or fax: 250-695-6447 (24p3)

BARLOW LAKE Logging requires experienced processor operators and heavy duty mechanic for work in Vanderhoof area. Call 250-567-9596 or 250-567-5945 (23p3)

BOSTON PIZZA Terrace now hiring cooks. F/T and P/T. Experience an asset. Apply in person. 4924 Highway 16 West. (24c2)

CANADA SAFEWAY Terrace is looking for an experienced baker. Please drop off resume Attn: Jeff. (24c3)

CLASS THREE driver required for local Houston haul. Fax resume and abstract to 250-845-3397. Phone 1-250-845-3396 (23p3)

EARLY CHILDHOOD educator required for Sunflower Child Care Center. Please apply in writing to 2803 Cramer St., Terrace, B.C. V8G 2K8 (21p6)

270 Help Wanted

EXPERIENCED LINE cook required for busy pub in Prince Rupert. Wages negotiable. Fax resume to 250-624-2688 or email Breakers@Citytel.net. (25p3)

MAINTENANCE SUPERVISOR required by Ted LeRoy Trucking Ltd., to oversee the maintenance of our logging and road building equipment, for our Johnstone Straits and North Island Operations. This position will be based out of Campbell River on Vancouver Island, B.C. Applicant must possess a solid mechanical background and have strong organizational and interpersonal skills. You must be a team player who is safety oriented, possess good leadership qualities, have excellent communications skills, be computer literate and have the ability to multi-task. The successful candidate will receive an excellent wage and benefits package. Please fax resume with references to: Ted LeRoy Trucking Ltd. 250-246-5440 Attention: Mike Cousins. Thank you for your interest, but only those selected for an interview will be contacted. (24p2)

**Shearwater
Resort & Marina**

An exclusive marine and fishing resort on the BC Central Coast has full-time and seasonal positions open now for:

- Marine Hardware Store Mgr
- Bartenders
- Servers
- Janitors
- Chambermaids

We are willing to train the right people. If you're energetic, experienced and looking to spend time in an amazing environment please fax or e-mail your resume to us.

Fax: 604-270-4974
Email: fish@shearwater.ca

270 Help Wanted**CAREER OPPORTUNITY
PRODUCT ADVISOR
REQUIRED IMMEDIATELY**

Terrace Motors Toyota, Canada's Oldest Toyota Dealership. We've been serving the northwest for over 41 years and require a Product Advisor immediately.

This is a salaried position with volume bonuses. Applicants who excel in customer service, presentation skills, and meeting customers needs will find this a great career opportunity.

If you are currently working in a retail or service industry and want to further your career and increase your income this is a great opportunity.

Apply in confidence with resume and drivers abstract to:



Terrace Motors Toyota
4912 Highway 16 West
Terrace, BC V8G 1L8

**CHOICES COMMUNITY
LIVING PROGRAM**

is looking for

Casual/On-Call Employees

Applicants must be 19 years of age.

If you are interested in working with people who are developmentally delayed, you **MUST BE AVAILABLE TO WORK WEEKENDS AND VARIOUS SHIFTS** and have a valid Class 5 prior to employment.

All successful applicants will need to obtain a TB Test and Tetanus shot and submit two Criminal Record Checks. Once employed you will be able to obtain a Level 1 Adult Care First Aid Ticket and a Class 4 Driver's License.

We support cultural diversity.
Extensive in-service training provided.

Please pick up an application form at the **Choices Community Living Program's Office at 4916 Lazelle Avenue, Terrace, B.C.** For more information, call the Choices' Office at 635-7863.

Thanks to all those who apply, however, only those considered for an interview will be contacted.

**NORTHWEST COMMUNITY COLLEGE
TERRACE****MARKETING COMMUNICATIONS ASSISTANT**

This is a dynamic position for an organized, outgoing individual who wants to begin a career in marketing & communications. As an integral member of the Communications Department you'll provide support and other services to assist in the implementation and maintenance of a wide range of marketing and communications initiatives involving printed materials, advertising and special projects.

The majority of work will be dedicated to supporting the implementation of the College's media advertising plan and the production of print collateral. This will involve preparing and submitting pre-approved marketing materials and liaising with external suppliers, including printers, consultants, production-related resources, and media contacts, as well as internal client groups. Other duties include assistance with special events/projects, organization and maintenance of contact databases, materials and documentation, and other administrative duties as required.

A diploma from a two-year post-secondary program related to public relations, marketing or communications and a minimum of two years experience in advertising, public relations or community relations is required. Experience working with graphic layout and design applications in a MAC environment is preferred.

For a complete listing of required skills and qualifications visit the College web site at www.nwcc.bc.ca.

This is a full-time temporary position until March 31, 2007. Respond in confidence by submitting a current resume and cover letter quoting competition #06.062B to: Human Resources Department, Northwest Community College, 5331 McConnell Avenue, Terrace, BC V8G 4X2. Fax 250.638.5475 or email soates@nwcc.bc.ca

Northwest Community College is committed to employment equity and encourages applications from First Nations people, women, people with disabilities and members of visible minorities.

We thank all applicants for their interest; however, only those selected for an interview will be contacted.

Closing Date: June 28, 2006



Visit our website at www.nwcc.bc.ca

270 Help Wanted**SALESPERSON REQUIRED****Northern Vacuum and Sewing Center**

is looking for an upbeat, energetic employee for the position of vacuum & sewing machine salesperson. This position requires someone who is motivated, a quick learner, customer service oriented, and has the ability to work within a team environment. We are looking for someone who is dependable, has initiative and the desire to succeed. This is a full-time position that would require the successful candidate to work some Saturdays. Experience in sales would be an asset.

Please drop a resume to 4435 Lakelse Avenue, Terrace, BC. attention manager. No phone calls please.

Now Accepting Hair & Beauty Professionals!

Are you tired of losing half of your hard earned money in commission? Is working from home not producing the volume you need, or do you miss your privacy?

Sante Skin & Laser Clinic Ltd. is expanding to provide "one stop shopping" at The Enterprise Building on Lazelle Avenue; a wellness centre with a full compliment of health, beauty and wellness services available footsteps from each other. You will not be employed by Sante, rather you will be your own boss with a chair/space rental.

You could be located next to a busy Day Spa and control your work schedule, service menu & prices, all for the cost of a couple days of work per month. **The rest is all yours!**

You must be a certified hair, nail or beauty professional. Apply directly to Diana Alexander, owner of Sante Skin & Laser Centre by calling 638-0250 and booking an app to discuss how we can make your business work together.

Excellent for hair stylists, nail technicians, brow threading, reflexologist and more!

Sante
Day Spa - Medi Spa

**Bassani Fuels Inc.****FUEL TRUCK DRIVER REQUIRED**

Our agency has an opening for a full time driver.

The following requirements are a must:

- Class 1 with Air Brakes
- Min. of 2 years driving experience
- Comply with Drug & Alcohol Policy
- Ability to work flexible hours and shifts

In return we offer:

- Competitive wages
- Safe work environment
- Safety & Performance Program
- Full Benefit Package
- Uniforms

Please forward resume and a copy of current drivers abstract to:

Bassani Fuels Inc.
Attn: Jason Bassani
PO Box 117
Houston, BC V0J 1Z0
Fax: 250-845-3619
E-mail: jbassani@telus.net

**CITY OF TERRACE****VACANCY****RECREATION ATTENDANT I/II**

The City of Terrace has a vacancy for a mature, highly motivated individual to fill the position of Recreation Attendant I or II, depending on qualifications. This position primarily involves performing various tasks relating to the operation of the Arena and the maintenance of playgrounds, parks, and playing fields.

The City is seeking candidates with the following:

- secondary school graduation;
- minimum of two years' related experience in ice making, janitorial and facilities maintenance;
- B.C. Refrigeration Operator's Certificate;
- a valid Class 5 B.C. Driver's Licence;
- good physical condition and able to perform heavy manual labour;
- good working knowledge of WCB Regulations, as it pertains to the work involved.

This is a Union position (CUPE Local 2012) with a 40 hour work week. Shift and weekend work is required.

Resumes, complete with a current driver's abstract, will be received no later than **4:30 p.m., Monday, June 26, 2006**. Forward applications to **Heather Nunn, Personnel Department, City of Terrace, 3215 Eby Street, Terrace, B.C. V8G 2X8 Tel. (250) 638-4724. Fax (250) 638-4777 (or e-mail to hunn@city.terrace.bc.ca).** Please refer to **Job Posting #24-2006 on the outside of the envelope.**

The City of Terrace thanks all applicants for their interest; however only those being considered for an interview will be contacted.

**CITY OF TERRACE****VACANCY****LEISURE SERVICES PROGRAMMER****TEMPORARY PART-TIME**

The City of Terrace has a vacancy for a creative, highly motivated individual to fill the temporary part-time position of Leisure Services Programmer. This position primarily involves working with the Leisure Services Programme Coordinator in identifying leisure services needs within the community and developing and delivering quality leisure service programs, recruiting and training contract instructors and volunteers, developing promotional materials for programs, and planning, organizing and conducting special events. The anticipated length of employment is 14 weeks.

The City is seeking candidates with the following:

- Secondary school graduation;
- Minimum of two years' related work experience in the leisure services field;
- First Aid training;
- A valid Class 5 B.C. Driver's Licence;
- Computer knowledge, including experience with Word and Publisher would be an asset.

This is a temporary part-time Union position (CUPE Local 2012) with an anticipated 20 hour work week. A more detailed job description is available upon request.

Resumes, complete with a current driver's abstract, will be received no later than **4:30 p.m., Monday, June 26, 2006**. Forward applications to **Heather Nunn, Personnel Department, City of Terrace, 3215 Eby Street, Terrace, B.C. V8G 2X8 Tel. (250) 638-4724 Fax (250) 638-4777 (or e-mail to hunn@city.terrace.bc.ca).** Please refer to **Job Posting #22-2006 on the outside of your envelope.**

The City of Terrace thanks all applicants for their interest; however only those being considered for an interview will be contacted.

258 Careers**Terrace Vision Care
OPTOMETRIC ASSISTANT**

Dr. Rebecca Counts has a part-time position available for an optometric assistant at the Terrace Vision Care Optometry clinic. The successful candidate will be an organized, outgoing, flexible individual who is eager to learn new skills and is interested in a long-term career opportunity in our busy professional office. You must be willing to work some evenings and Saturdays, enjoy dealing with the public, and have basic computer and mathematics skills.

Please deliver your typed resume with a hand-written cover letter in person by July 08, 2006.

Terrace Vision Care Optometry, 120-4720 Lazelle Avenue, Terrace BC

Your resume should include references with contact information. No telephone calls please. Only candidates selected for an interview will be contacted.

**SHAPING BC's FUTURE****Technology Careers in Demand**

There is an urgent need for technologists and technicians in BC to meet the demand for both the short and long term.

STUDENTS... BC's colleges, institutes and technical universities offer fully accredited technology programs that lead to rewarding and well-paying careers. Check out... techworks.asttbc.org

EDUCATORS... A technical education is meant for many of your students. Help them explore programs at CNC, BCIT, TRU and other colleges.

EMPLOYERS... Supporting registration with ASTTBC will enhance your professional team and contribute to your bottom line.

ASTTBC... a self-governing association of 8,500 technology professionals is promoting the pursuit of careers in technology by women through sponsorship of the TECHNOLOGY LEADERSHIP award. For more information, visit... www.todayshowmanshow.com

Applied Science
Technologists & Technicians
of British Columbia



10767 - 148th Street
SURREY, BC V3R 0S4
EMAIL: techinfo@asttbc.org

www.asttbc.org

TECHNOLOGY PROFESSIONALS are SHAPING BC's FUTURE

PROJECT SUPERVISOR

Historical Hand Cut Shake and Heritage Building Re-roofing Project
Heritage Park Museum is undertaking a project in conjunction with HRSDC's Job Creation Partnership Program to re-roof five of the eight historical buildings at the museum. The buildings require hand cut shakes of differing sizes and special attention given to historical accuracy and preservation.

Heritage Park Museum needs a supervisor to oversee the training of 4 participants and the overall management of the project. Reporting to the Director/Curator of Heritage Park Museum, the successful Project Supervisor should have the following skills.

- Demonstrated experience in the roofing trade in particular with hand cutting shakes
- Experience in acquiring the materials needed for the project including the purchasing of the wood and related supplies
- Strong interpersonal and supervisory skills demonstrated through past experience
- Successful incumbent must be sensitive of the need for historical accuracy and the presentation and conservation of these particular historical buildings
- Experience in the conservation or preservation of a historical site or building would be a definite asset but is not required
- Experience with Microsoft Office and Excel as well as general administrative duties and budget management

Applications will be accepted until June 26, 2006 and the position is expected to start July 3rd, 2006 and will run for 19 weeks. The wage for this position is \$25/hour, 40 hours/week.

Contact Information

Brenda Guernsey
Director/Curator, Heritage Park Museum
Phone: 250.635.4546
Fax: 250.635.4536
email: hpmuseum@telus.net

270 Help Wanted

SKEENA LIQUOR Store, 4519 Greig Ave. Please apply in person with a resume. Position: Warehouseperson. The successful candidate will be in charge of all shipping and receiving and will report directly to Senior Management. Grade 12 preferred. Self motivated and a good organizer, good communication skills, must be able to run a fork lift, some shift work. (24p2)

WOODS FOREMAN experienced in full phase logging required by Ted LeRoy Trucking Ltd., a stump to dump logging contractor for their camp operations originating out of Campbell River on Vancouver Island, BC. Preference given to person experienced in high lead and or mechanical logging. You must be a team player who is safety oriented, possess good leadership qualities, have excellent communications skills, be computer literate and have the ability to multi-task. The successful candidate will work a 14 and 7 shift with an excellent wage and benefits package. Please fax resume with references to Ted LeRoy Trucking Ltd. 250-286-3661. Attention Gary Mugford. Thank you for your interest, but only those selected for an interview will be contacted. (24p2)

ROADS FOREMAN required by Ted LeRoy Trucking Ltd., a stump to dump logging contractor for their camp operations originating out of Campbell River on Vancouver Island, BC. Preference given to person experienced in coastal road building. You must be a team player who is safety oriented, possess good leadership qualities, have excellent communications skills, be computer literate and have the ability to multi-task. The successful candidate will work a 14 and 7 shift with an excellent wage and benefits package. Please fax resume with references to Ted LeRoy Trucking Ltd. 250-286-3661. Attention Gary Mugford. Thank you for your interest, but only those selected for an interview will be contacted. (24p2)

COMPANY DRIVERS AND LEASE OP'S

Due to expanding work Bulk Systems is currently looking of trucks and drivers for various locations in B.C. Super-Train Exp required

- Monday - Friday weekends off
- Competitive pay packages
- Benefits available

Fax resume and abstract to (604) 795-5797 or contact our office during reg hours (Barn to 5pm) Monday to Friday Call (604) 703-2820

270 Help Wanted

TERRACE SAFEWAY is looking to hire a cake decorator. See Jeff. No phone calls please. (22c3)

WANTED EXPERIENCED drillers helper. Send resume or work history to Box 240, 3210 Clinton St. Terrace, V8G 5R2. (23p3)

CLASS 1 DRIVERS
H & R TRANSPORT REQUIRES:
• Single & Team Drivers • Lease career program • Owner/Operators • Consist US
Come visit us at the BIG RIG Weekend at the Mission Raceway Park, 32670 Dyke Rd. Mission, BC Sat June 24 & Sun June 25. Ph: George Rae 1-877-439-4084 www.hrttrans.com

274 Professional

TRUCK DRIVER REQUIRED
Require Class 1 operator with minimum of 1 year flat deck and tanker experience preferred for BC and Alberta work. Required clean abstract. Benefit package and bonus program. Direct payroll deposits. Paid mileage rates plus extras. Only experienced drivers need apply. FAX RESUME AND ABSTRACT TO 250-374-1677.

278 Skilled Trades

Framers Needed. Starting wages \$15-\$25 per hour. First month rent paid. 403-912-0509 or 403-969-5215.

MECHANIC For Cattle Ranch. Must know machinery and weld. Large modern shop with overhead crane, heated floors... beautiful central B.C. location. Housing furnished. Fax resume with work history to Alex Creek Ranch 250-392-7311.

Danglehead Processor Operator and Feller Buncher Operator wanted in the Merritt Area for permanent employment. Includes Benefit Package and good wages. Ability to run other machines as well is desired. Fax resume's to 250-378-9494 or mail to Box 38, Merritt, BC V1K 1B8.

YELLOWHEAD VACUUM Trucks requires a heavy duty journeyman truck mechanic. \$30/hr., benefits, overtime, free accommodation for single person. Fax resume to 780-397-2171 (25p2)

282 Tutoring

MUSIC For Young Children® A keyboard-based music program of the highest quality for children 3+ is training teachers. Piano teachers or adult pianists call 1-800-828-4334 www.myc.com (24p3)

290 Work Wanted

COPPERMOUNTAIN EXTERIORS. We supply and install 5" continuous gutters. Also supply and install vinyl siding, soffits, fascia. 250-631-8584 (24p3)

290 Work Wanted

ELECTRICAL CONTRACTORS. Looking for work experience with local electrical contractor. Enrolled in electrical preapprentice program this fall. Hard worker, quick learner, willing to do anything, available immediately. Call Tyler 250-635-7352 (25p1)

TWO GUYS with truck and trailer, will do dump runs, small local moves, property & construction. Cleanups, painting, deck & fence construction, General home repairs. Great rates, seniors discount. Ed 250-631-8078 Ernie 250-635-8870 (22p2)

SERVICES 300 - 399

306 Automotive

THE DREAM TEAM AUTO FINANCING

- ★ Bank says NO!
- ★ We say YES!
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No Problem! You Work, You Drive!
"O" Down o.a.c.

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Free Delivery For B.C. & Alberta

314 Child Care

Looking for Child Care?

Skeena Child Care Resource and Referral has information on child care options and on choosing child care.

Drop by The Family Place at 4553 Park Ave. Mon-Fri • 10am-4pm or call 638-1113.
Skeena CCRK is funded by the Province of B.C.

316 Cleaning

EXPERIENCED JANITORIAL/HOUSE cleaner will do the job for you. Weekdays only. 250-635-3030 (25p2)

328 Finance/ Mortgage

NEED MONEY NOW?
IF YOU have equity in your home, we can help! Can't prove income, slow credit, bank says NO! Call Rick at Rick Graves & Associates. 1-804-306-0891.

GET BACK ON TRACK! Bad Credit? Bills? Unemployed? Need Money? We Lend! If you own your own home-you qualify. 1-877-987-1420. www.pioneerwest.com Member of the Better Business Bureau.

AUTO LOAN NOW!!
No credit - Slow credit - Bankrupt? First time buyers program - no refusals @ Sport VW "CREDIT MAXX". New, used, all makes. Call 1-866-848-1897, 1-888-270-7199. Apply on-line: www.creditrebuilders.net. DL3026

350 Painting

SMART PAINTING Experienced painting contractor will paint. Spring & Summer interior, residential and commercial painting. 10% paint discount from supplier. Seniors 15% labor discount. Professional quality work. Reasonable rates. Free estimates. References available. Call Karl. 250-615-0199 (22p2)

366 Trucking

MOVING? Long hauls or short destinations. Household furniture only. Call 635-7177 or 1-800-638-0530. Guaranteed lowest rates. (15cfrn)

404 Apartments

2 BEDROOM clean and quiet, 4820 Lazelle, f/s, w/d, No smoking/pets 250-635-4852 or 638-0046 evenings (24p3)

2 BEDROOM F/S, on site management, security camera. Gym, close to hospital. \$525/month. Available July 1st. Newly renovated. 250-635-0960 (24p2)

Birchwood Apartments

- 2 Bedroom Apartments
- Clean And Quiet
- Laundry Facility
- Close To Swimming Pool & Town
- References Required.
- Available Immediately
- Small Pets Welcome

635-5653 or 615-7665
AFTER 5 P.M.

322 Education

Continuing EDUCATION

Excavator Operator Training

The track excavator is the most versatile piece of equipment used in the construction industry today!

In response to many requests from industry and community members, Northwest Community College is pleased to announce the dates for a brand new Excavator Operator Training course beginning this month.

Dates: June 26 - July 24 (Monday-Friday)

Times: 8:00am-4:30pm

Cost: \$13,600 (\$3,400 per week) payable upon registration.

Students must be a minimum of 19 years of age and have Grade 10 Math (or Math 0301/0302) and Grade 10 English (or English 030 or equivalencies).

CALL 842-5291 FOR MORE INFORMATION
Fax: 842-5291 Email: training@nwcc.bc.ca www.nwcc.bc.ca

ONLY 4 SEATS REMAINING..

Register Today!

HAZELTON CAMPUS

Continuing EDUCATION

SuperHost: Fundamentals Jul 5-6 \$79 Wed/Thu 6:00-10:00pm Red Cross Childsafe Jul 8 \$89 Sat 8:30-4:30pm Foodsafe Level 1 Jul 8 \$100 Sat 8:30-5:30pm Airbrakes Jul 11-16 \$220 Tue-Fri 6:30-9:30pm Sat 8:00-4:00pm Worksafe: Sprains & Strains Jul 13 \$100 Thu 8:30-5:30pm	Transportation of Dangerous Goods Jul 14 \$89 Fri 8:30-5:30pm WHMIS Jul 15 \$50 Sat 12:00-4:00pm JIBC - Asserting Yourself in Conflict Situations Jul 20-21 \$475 Thu/Fri 8:30-4:30pm Traffic Control Flagger Jul 23-24 \$209 Sun/Mon 8:30-5:30pm	OFA Level 1 Jul 27 \$100 Thu 8:30-4:30pm Cashier Training Jul 29 \$100 Sat 9:00-4:00pm Foodsafe Level 2 Aug 11-12 \$100 Fri 6:00-10:00pm Sat 8:30-5:30pm CPR Level "C" Aug 12 \$74 Sat 9:00-4:00pm Building Service Worker Level 1 Aug 18-20 \$290 Fri 6:00-10:00pm Sat/Sun 8:30-5:30pm
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CALL 635-6511 TO REGISTER
Fax: 635-6511 Email: training@nwcc.bc.ca www.nwcc.bc.ca

REGISTER TODAY!

Watch for the new C.E. course calendar coming to homes in August

TERRACE CAMPUS

The Terrace Standard is **online**
www.terracestandard.com

Terrace & District Business Directory

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PASSENGER AND EXPRESS SERVICE
Daily scheduled bus service from Stewart to Terrace and return, and all points in between. Pick-up and delivery of goods in Terrace, C.O.D. and courier service.

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Ph: 636-2622 FAX: 636-2633
Terrace Depot: 635-7676

The quality shows in every move we make!

BANDSTRA TRANSPORTATION SYSTEMS LTD.
3111 Blakely, Terrace
635-2128
Container or van service!
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HOME BASED BUSINESS DIRECTORY

Only 14.00 Per week (Based on a 13 week contract)

MASTER SWEEPER
"Parking Lot Maintenance"

- Sweeper (dust controlled)
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Installation of Mouldings, Railings, Cabinets & Hardwood Floors
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2263 Hemlock St., Terrace, B.C.
Ph: 250-635-9211
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You can Advertise In This Spot
for \$14.00 a week FOR a minimum of 13 WEEKS
Please call for more info
638-7283

Frank Donahue
Independent Financial Broker
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www.geocastle.com/terrace/frankdonahue.htm

Laura Olynyk
Terrace, B.C.
PH: 250-635-8278
CELL: 250-615-3446
olyfstaid@inbox.com

- 4X4 TRUCK
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- FULLY EQUIPPED AMTc UNITS
- CNA LEVEL 3 FIRST AID ATTENDANTS
- EMERGENCY RESPONSE PLANS
- SATELLITE & MOBILE RADIO
- EMERGENCY TRANSPORTATION PLANS

You can Advertise In This Spot
for \$14.00 a week FOR a minimum of 13 WEEKS
Please call for more info
638-7283

RENTAL 400 - 499

404 Apartments

TWO AND A half bedroom apartments. 4623 Haugland, full kitchen and livingroom. Recently renovated, electric heat. Two references required. \$600/month plus \$300 deposit. Available immediately. Call 250-638-1348 Maria or 250-635-5800 Tony. (cfrn)

TWO BEDROOM secured apartment. Downtown, W/D, paved parking, clean & bright. Natural gas fireplace. \$575 monthly. N/S or N/P. Damage deposit & references required. 250-635-2250 / 250-635-1622 to view. (cfrn)

PARK & CLINTON MANOR APTS.

Unfurnished and partially furnished apts. Bachelor units, one bedroom and two bedroom. Beside swimming pool. One of the best maintained apts. in town. No pets. REFERENCES REQUIRED.
Please phone call:
615-7543 or 635-3475

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- Quiet & Clean
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- SENIOR CITIZENS WELCOME**
Ask for Monica Warner
Call: 635-4478

404 Apartments

2 BEDROOM, new appliances, clean, quiet, no pets, available immediately, on site manager, close to hospital, \$500/month. Option to buy. 250-635-0862 (25p3)

AVAILABLE NOW. 2 bedroom apartment. Three appliances, storage room, beautiful oak cabinets. Adult oriented, non-smoking, no pets. \$625/month 250-638-7747 (24p3)

ONE BEDROOM furnished apartment in Thornhill. Single occupancy only. No pets, references required. \$360 + \$180 security deposit. Call 250-635-2065 (21p6)

ONE, TWO and three bedroom apartments for rent. \$400 \$475, \$550 Hot water included. Security on premises. Please call 250-635-6428 or 250-615-0345 (4cfrn)

HUNTINGTON APARTMENTS

Taking Applications Now for 1 & 2 Bedroom suites

- Clean, quiet renovated suites
- Ample parking
- Laundry facilities
- Close to schools & downtown
- On bus route
- On site management
- No pets
- References required

To view call
638-1748

420 Commercial For Rent

FOR LEASE

COMMERCIAL LOCATIONS DOWNTOWN TERRACE

900 sq. ft. Office/Sales (Ground Level Store Front Downtown)	4624A Greig Ave
952 sq. ft. Warehouse	5002 Phole Ave.
11,600 sq. ft. 5,600 sq. ft. Sales/Warehouse & 6,000 sq. ft. Cold storage & large fenced compound	
1,735 sq. ft. Sales/Warehouse	2905 Kenney Street
3,468 sq. ft. Sales/Warehouse	2905 Kenney Street
7,450 sq. ft. Warehouse	4820 Hwy 16 West

PROGRESSIVE VENTURES

General Contractor/Developer
635-7459
Darcy McKeown: darcy@pvlgroup.com • 615-6835
David McKeown: david@pvlgroup.com

408 Bachelor Suite

BACHELOR SUITE. Available immed. clean private & quiet, partially furnished, utilities included, no pets, \$400/month plus security deposit (25p3)

412 Basement Suite

2 BEDROOM ground level suite, available immediately on 4905 McDeek Ave. includes all utilities plus satellite, small pets ok. Quiet area. 250-635-1584

CLEAN 1 bedroom basement suite. Mountain Vista Dr. includes f/s, w/d, satellite, no smoking \$450/month. Available July 1, 250-635-1714 (21p3)

ONE BEDROOM above ground suite on Kalum Lake Drive. Includes f/s, vacuum, Satellite, security, laundry facilities, all utilities included, \$550/month. Non-smoker, no pets. Call after 6:00 p.m. 250-638-0643 (25p2)

TWO BEDROOM basement and three bedroom upper suite in Thornhill. Close to schools, laundry facilities on premises, no pets. \$350.00 per month and \$500.00 per month. Phone Brent 250-631-9593 (48cfrn)

TWO BEDROOM Basement suite. F/S, dining table, sofa, coffee table, cable and utilities included, no pets, no smoking. \$500/month. Damage deposit required. Available now. Phone 250-635-3528 (24p3)

270 Help Wanted

KONDOLAS FURNITURE (TERRACE)

has an opening for a permanent full-time

SALESPERSON/WAREHOUSE

Must have valid Class 5 drivers license and ability to lift. Drop off resumes in person at:

KONDOLAS FURNITURE
4525 Lakelse Ave., Terrace, B.C.
No phone calls please
HIRING IMMEDIATELY

National Car Rental

Employment Opportunity
Applications are being accepted for a part-time/full-time

CUSTOMER SERVICE AGENT/RENTAL CLERK

Responsibilities include renting vehicles, office duties and washing and cleaning cars and trucks. Applicants must be able to work evenings and weekends. Interested candidates are to bring their resumes into 4542 Lakelse Avenue, Terrace, B.C.

All applicants must have a valid driver's license.

LUCKY \$ BINGO PALACE

has an immediate opening for

Floor Walkers

Apply in person
Tues. - Sat. • 4:00 p.m. to 9:00 p.m.
Lucky \$ Bingo Palace
4410 Legion Ave., Terrace
No phone calls please.

AXIS FAMILY RESOURCES LTD.
formerly known as North Central Family Resources Ltd.
Telephone 635-6679 Kate Spangl

We have an immediate vacancy for the following position in Terrace:
Foster Parent Support and Education Facilitator

- Term Position
- Immediate start date
- 20 hours a week for 6 months

See www.ncfr.ca - Job Opportunities for details

420 Commercial**OFFICE & RETAIL SPACE**

4644 Lazelle Avenue
MAIN FLOOR
 600 ft² - Reception, 2 offices & staff room
 1000 ft² - Will divide space to suit
 1584 ft² - Formerly real estate office
SECOND FLOOR
 256 ft² - One office
 596 ft² - 3 Offices
 Contact: 250-615-7543 or 635-3475

424 Condos

1 BEDROOM condo (large) with 1 bathroom, 5 appliances, alarm system, private entrance at ground level, walking distance to downtown, suitable for senior. Reference required. No pet. \$700 per month. Phone 250-635-3845. Leave a message. (25p3)

CONDO FOR SALE in the Summit Square. Excellently maintained with new fridge and like new carpets, 2-bedroom strata apartment with a large living area and great mountain views, security entrance, low strata fee which includes hot water, laundry facilities and manager on site & a 1/2 court basketball & 2 racquetball courts. Unit can be rented out. Priced to sell at \$37,500. For an appointment to view, please call: 250-635-9409 or 250-703-4727 (25p3)

428 Duplex/ Fourplex

1 BEDROOM duplex in Thornhill, F/S, W/D. Available immediately, no pets, \$450 plus damage deposit. Utilities not included. 250-635-6011 (24p3)

2 BEDROOM UPPER, Thornhill, shared washer/dryer \$565/month, utilities included or \$465/month without utilities, plus deposit No pets 250-635-5992 or 250-631-3206 (22p3)

3 BEDROOM upper, Southside. Garage, yard, laundry room hookups, no fur, feathers, scales or smoke. Good references only. \$600.00 250-635-5081 (25p3)

SIDE BY SIDE duplex, 4 bdrm, 2 1/2 bath. Recently renovated, wood floor, ceramic tile, covered deck, \$800/mo. Could also be bought. 250-635-3756 (24p3)

428 Duplex/ Fourplex

THREE BEDROOM, 1 1/2 bath. Upper Thornhill, fenced yard, W/D neg. On bus routes. \$650/month. Plus D.D. References. Phone 250-635-5022 (24p2)

TWO BEDROOM duplex, in Thornhill. F/S included. N/p. \$385 For 1-2 persons only. Security deposit required. Call 250-635-5820 (24p2)

VERY CLEAN 2 bedroom duplex, fenced in large back yard, dog kennel, green house, f/s, w/d, electric heat, available July 1st, Thornhill area. 250-635-5678 (24p2)

VERY CLEAN 2 bedroom duplex. Fenced in large backyard, dog kennel, greenhouse, F/S, W/D, electric heat. Available July 1st, Thornhill area. 250-635-5678 (25p2)

440 Houses

2 BEDROOM house. All utilities included, W/D, DW, F/S. Minutes to downtown. No dogs. (25p3)

2 BEDROOM rental suite, newly renovated, available immediately, references and damage deposit required. 250-635-2932 or 250-638-1053 (22p3)

3 BEDROOM with 2' bedroom basement suite, garage, fenced, extra parking, river front on Queensway \$575 and \$315 month. Suitable for working single or couple. 250-635-9025 (25p3)

5 BEDROOM, 2 bathrooms, located in town close to high schools, fenced yard, available July 1st, \$800/month. 250-635-2159 (24p3)

ACCEPTING APPLICATIONS for large executive, 4 bedroom, 2 baths, close to downtown. F/S, W/D, plus more. Pets negotiable. N/S only. \$900/mo + d.d. Available Sept. 1/06 250-635-4368 (25p3)

NEW AND Clean 3 bedroom house, in quiet neighbourhood. Available immediately. \$850/month 250-635-3828 (24p3)

ONE BEDROOM house in central Thornhill, Cheap electric heat, \$350/month. Small 2 bedroom duplex in central Thornhill. Cheap electric heat. \$375/month 250-635-9530 (23p3)

440 Houses

SMALL TWO bedroom house five minutes from NWCC. Five appliances, all utilities included plus satellite TV. High speed internet. Ideal for a single person. No smoking or pets. Not suitable for children. A vehicle is required. Partially furnished. \$800/mo. References required. Call 250-635-5859 (25ctn)

WANTED TO RENT to own, 4 bdrm. house in a nice neighbourhood by a working couple. Reasonably priced. 250-635-9747. (24p3)

448 Mobile Homes

14X60 TRAILER in Thornhill Trailer Park. 2 bedroom, 1 bath, large kitchen and living space, 5 appliances included. Available immediately. \$600/month. 250-639-2977 (20p2)

THREE BEDROOM mobile home in Thornhill. F/S, W/D \$460/month 250-635-9530 (23p3)

TIRED OF RENTING? Rent to own. \$640/month. \$400 goes directly to price of trailer. Interest free. Well maintained and very clean. References and proof of job a must. 36 months of rent will pay for it or \$14,000. Call after 5:00 p.m. 250-638-8931 (25p2)

476 Suites

LAKELSE LAKE, Spacious two bedroom main floor suite, f.s.d/w. Utilities and satellite TV included. Non-smoking, security deposit, small pet ok. references. \$700. Available July 1st. Call 250-798-2503 or 250-615-2268 (25p3)

484 Townhouses

2 BEDROOM townhouse, clean, quiet, no pets. References required. Phone 250-635-5587 (24p3)

506 Acreages/Lots

2 1/2 acres. Very large shop, plus storage. All steel. Priced to sell. Lots extras. lou651@hotmail.com (25p3)

For Sale two serviced view lots at the highlands in the Shuswap Lake Estates. Unobstructed view of Blind Bay and Copper Island. Lot #32 \$182,000, Lot #52 \$152,000. E-mail daryl.zazulak@shaw.ca or 604-230-7404.

REAL ESTATE
500 - 599**EXCEPTIONAL VALLEY VIEWS! WHISPER RIDGE**

Thompson - Okanagan CHBA Gold Environment Award for this project. Beautifully treed 1.3 acre homesites. All services underground, paved roads, 160 Acre private park (The Ranchlands). 8 Miles to Vernon, 40 min. to Silver Star Mountain. Homesites from \$145,500. www.whisperidge.com 250-545-5472 1-800-493-6133

518 Commercial Businesses

FOR SALE Sangster, Health Food Store. Inventory and equipment. \$45,000. Lease available. Phone 250-632-7502 (24p3)

VERY LUCRATIVE home business. Well established clientele, 15 years, no competition, need very little training & available. Call Frank at The Saw Clinic. It's time to go fishing. Phone 250-635-4488 for info. (25p2)

524 Commercial Property

Coastal Bella-Coola 1398sq.ft. commercial building with retail/office space, coin laundry, 2-3 bedroom apartment or B&B and separate 2-bdrm house. 1/3 owner financing? \$139,000. norisventures@yahoo.ca 250-267-1214

WELL LOCATED 5.5 acres. in lower Thornhill comprising of a small older mobile home park. Asking price \$285,000. Phone 250-635-4453 (23p3)

530 Condos

Enderby. Adult complex 55+, 2 bedroom condo, level entrance, 2 bath, Oak Kitchen, skylight in kitchen, stainless steel appliances, freshly painted. \$179,500. 250-838-0449.

554 Houses

120 X 80 lot with 12 x 60 der-egistered mobile and porch. Small shed, fenced back yard, f/s, w/d. Asking \$ 55,000 obo. 250-635-9812 or 604-703-3839 (25p3)

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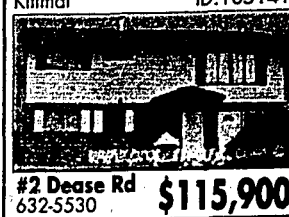
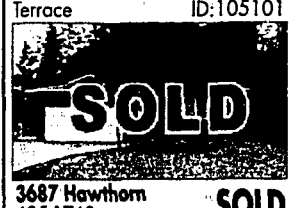

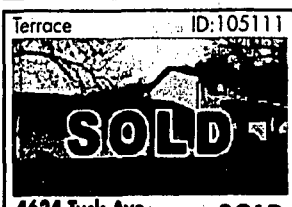
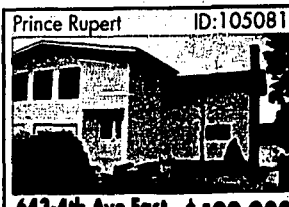
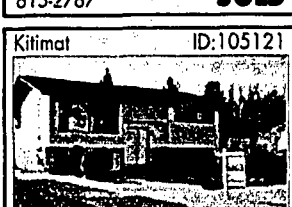
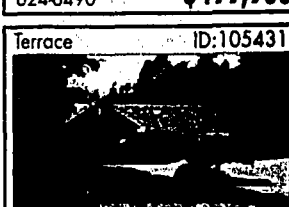
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 <p>Terrace ID:105111 SOLD 4624 Tuck Ave 615-2767</p>	 <p>Kitimat ID:105081 643-4th Ave East 624-6490 \$499,900</p>
 <p>Kitimat ID:105121 SOLD #6 Nadina 632-2757 \$112,500</p>	 <p>Terrace ID:105431 5420 McConnell Cres 638-1208 \$375,000</p>

554 Houses

4 BEDROOM home on Bench, updates include countertops, oak cabinets, laminate and tile flooring. Roof 5 yrs. old. Garage, private, fenced yard, with fruit trees. 4 appliances. \$149,900 250-635-5510 (24p3)

THREE BEDROOM, 1 Bath, room, family room, 2811 Mollitor. Open House! Sundays 2-4 www.mollitorhouse.piczo.com. Asking \$124,900 250-635-2509 or cell 250-615-9075 (23p3)

WELL MAINTAINED 3 bedroom house on McConnell Ave. Fenced yard, fruit trees, close to downtown. Appointment to view. call 250-615-7869 (24p3)

WELL MAINTAINED five bedroom rancher with basement in the Horseshoe. Large yard, large shop (2,000 sq. ft.). New patio, kitchen and flooring. N/G heat. \$174,000 250-635-4484 (24p2)

2614 Braun St
 Beautiful, Fully Landscaped
 2 bedroom, 1 bath,
 9 year old house.
 Fenced back yard, quiet
 neighbourhood on bus route.
 One level living, easy to maintain. All the work has been done,
 just make yourself at home!

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AUCTIONS

LARGE ONLINE AUCTION EVENT: Featuring construction equipment, lawn & garden, acreage equipment & more! Runs June 23 to June 30. Go to www.hodginsauctioneers.com or call 1-800-667-2075! PL915407.

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EXPLORE THE PAST and take a bit home with you June 24 - 25 in historic Fort Macleod, Alberta during the Fifth Annual Antique Sale and Show. For information phone 403-553-3355.

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BOOMING ALBERTA! Excel Employment. Relocation and position in subject. manager@excelemployment.net. Fax: 780-439-4420. Vac truck operators, CNC, engineers, administrative staff, labourers, diesel/heavy duty mechanic & more. We assist relocation.

BENEFITS OFFERED! Beautiful Sunshine Coast. Experienced dental hygienist required 3-5 days/week in friendly Sechelt Dental office. Fax resume 1-604-885-4613. E-mail cowrie_dental@dcnet.com or call 1-604-885-4669.

2ND YEAR, 3RD YEAR. Journeyman Welders required for major oilfield fabrication shop, Nisku, Alberta. Journeyman shop rate \$27/hour + bonus. Fax 780-955-2780. Phone 780-955-7433. Email: mastco@mastco.ab.ca.

EXCELLENT OPPORTUNITIES.

The Denham Automotive Group in Wetaskiwin, Alberta has immediate availability for the following positions: salesperson, service manager, service advisor, warranty administrator, parts counter & technicians. We offer competitive wages, moving allowance and benefits. Wetaskiwin is a great family community in a great economy. Our growing family dealerships are in a new environment where customer service and employee satisfaction are #1. Apply in strict confidence to: Bud Williamson at 1-800-463-5838, 780-352-6048 or fax 780-352-8272 or email to: rwill14@brenridge.dealersmail.com.

CLEARWATER OILFIELD SERVICES requires Class 1 or 3 vacuum truck drivers. Local work. No day training, TDG, WHMIS, H2S, confined space required. Fax 403-844-9324. Mail: Box 658, Rocky Mountain House, AB, T4T 1A5.

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SUPERFUN TRAMPOLINES - factory direct! "Best trampoline on the planet!" Built to last! "Parts & repairs all makes. Please call 1-800-663-2261 or visit www.superfun.ca.

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LOCAL UNDERGROUND utilities company requires experienced foreman, superintendent, labourers, operators & pipe layers. Positions are FT and top wages & benefits are available. Please apply to BC Underground 203-171 Commercial Drive, Kelowna, BC or by fax 250-765-9603.

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FOR SALE

Log Home, 10 acres,
5235 Centennial Drive
635-3020, 615-34

REAL ESTATE
500 - 599**566 Mobiles**

1994 MOBILE home. Sunny Hill Court #1A. \$34,900 OBO. Call 250-631-0009 evenings only. (24p2)

REDUCED TO \$89,000. In Terrace Home, 1,600 sq. ft. Newer addition, 4 bedrooms, den, hardwood & carpet. Last month for private sale. For more info, call 250-847-3344 (22p3)

590 RV sites

Riverside RV. Park Resort, deeded R.V. lots now selling on the Similkameen River in gated community. www.riversideparkresort.com. Email: islandviewrv@hotmail.com or call 250-499-7710 250-490-7408.

596 Townhouses

VERY QUIET 3 bedroom townhouse. End unit, F/S, W/D, 6" insulation in exterior walls. 12" to 14" in ceiling. New roof. Twin sealed windows. Transit bus stop at door. Asking \$55,000. Call Don 250-635-1346 (24p3)

PETS/FARM
600 - 649**612 Farm Equipment**

Consignment Equipment Auction Sale at the Kamloops Stockyards, Sat. June 24th 10:00am. Consignments welcome at this sale. Antique Horse drawn equipment, Garby Haymate, Garden tools, MF200 Massey Diesel Tractor, Manure Spreader, New Holland Baler. To consign to this sale phone BC Livestock in Kamloops 573-3939.

618 Feed & Seed

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Sports Menu

• June 24
Team cattle sorting returns to the Thornhill Community Grounds. Riders can register until 5:30 p.m. Cost is \$10 per rider for each ride. Start time is 6 p.m.

• June 25
Totem Saddle Club riders tackle three events. Gymkhana and Clear Rounds begin at 10 a.m. Percentage starts at 11 a.m.

• July 1 - 3
The 2006 Terrace Standard Adventure Challenge hosts a five-sport series. July 1 is the open water swim and 30th annual king of the mountain foot race. July 2 is the rock climbing competition and psycho cycle. July 3 is the eight hour cycle at Onion Lake and wrap-up party.

• July 1 - 2
A mixed slo-pitch softball tournament will take place all day in Stewart as part of the Stewart/Hyder International Days celebration. The family event will award cash prizes. Anyone interested in entering a team or looking for more information, can contact Angela at 636-9049.

• July 8
Local media will pack into cars and compete against each other in various types of exhibition races on Media Day at the Terrace Speedway.



MIKE Hoving, a Grade 12 Caledonia Senior Secondary student, fools around on his bike in the parking lot at Thornhill mountain while waiting for a shuttle to the trailheads. SARAH ARTIS PHOTO

From B5 Steep trails beckon bikers

And in some ways, they are. But it's a war with themselves. Freeriders do ride to be with their friends and enjoy the outdoors. But when they are on the trail, it's just them and their bikes. Most are there to continuously challenge themselves. They like the adrenaline rush they get from pushing themselves just over the edge. As Bruce Martindale, owner of McBike, puts it, "I love crashing. If I don't crash every time I go out, I'm not trying." Maybe it's just a guy thing, though, he said. But it's not. Women are as attracted to the sport for the same reasons. One example is Lucy Praught, a long-time cyclist who recently opened Outspoke'n Bike and Sport. "I like pushing my limits a little bit and going to places I've never seen before," she said.

Sports Scope

Soccer fundraisers

THE UNDER 12 Select Kermodes Boys Soccer team will be holding a fundraiser barbecue and make-an-offer garage sale at the Terrace Totem Ford from noon - 7 p.m. on June 23. The team will also have a bake sale table at the Farmers Market near George Little Memorial Park on July from 9 a.m. - 1 p.m. Money raised from both events will go towards the team's travel costs to the Provincials.

Basketball camps

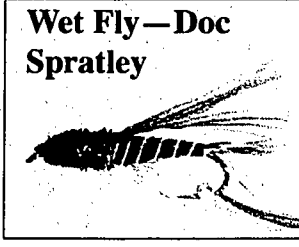
NORTHERN HOOPS is hosting its first annual basketball camps in Terrace July 4-7. Two individual camps will be held at Caledonia Secondary School for Grades 3-6 and Grades 7-10. The primary objective of these camps is to work on the individual fundamentals of each player. The camps will consist of the fundamentals of offence and defense, drills, exercises and games. They will be run by Lorilyn Murdoch and Chris Nevorall. Murdoch has been the head coach for the women's University of Northern British Columbia basketball team for the past eight years and has CIS basketball playing experience. She is fully certified in Level 3 NCCP, has coached the B.C. Provincial team, and has CIS coaching experience. Nevorall has been playing basketball overseas in France for the past six seasons. He also played in the Junior College and NCAA in the United States. In the off season, he has been involved with camp programs at the University of Alberta, University of Northern British Columbia, Thompson Rivers University, Mesa State as well as his own camps in Quesnel. He is also a certified weight trainer. Each camp cost \$90.



FREE Map Guides

Skeena Lakes
@ OK Tire & Auto

BC Rivers North
@ Terrace Toyota



Fly Fishing with Wet or Dry Flies on Pine Lake

Pine Lake is a small lake north of Terrace, and is a popular recreation area close to town.

A favorite activity on the lake is fly fishing. The lake contains cutthroat trout, and can be good fishing on both wet and dry fly patterns.

Doc Spratleys are a favorite wet fly pattern, in colours of black, green and sometimes red.

For dry flies, try fishing a cad-dis or mayfly pattern. Cast towards the emerging trout and just let it float.

Cutthroat trout are an aggressive fish that often will bite anything that enters their site, making it good fishing for beginners and experts. These fish have an appetite for a wide range of lures and flies, and are known as hard fighters.

Lure fishing on this lake can also be rewarding. Small spoons are popular. To learn more about fishing local lakes, drop by one of our supporting tackle suppliers.

LAKE ACCESS

From Terrace, head west on Highway 16, across the Kitsumkalum River, and then turn right (north) onto West Kalum Road. Follow this road for 12 km to the Pine Lakes recreation site. This small site is located in a forested section, and is part of the Pine Lakes Trail. It is accessible by two-wheel drive and there are five vehicle units for camping. The site also comes with a cartop boat launch.

Pine Lake Trail wraps around the lake, and offers excellent views of the mountains and lake. This 6 km trail is an easy hike, and suitable for family use. The trail is also popular among mountain bikers.

Caution: Do not use this map for navigational purposes. This map may not reflect current conditions. Uncharted hazards may exist. Base Map ©Province of British Columbia.

Quick Facts

- Surface Area • 34 Hectares (84 Acres)
- Maximum Depth • 14.3 metres (47 feet)
- Elevation • 207 metres (679 feet)
- Survey Date • Oct. 1974
- Depth Units • Feet

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0 500 1000 Feet

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- day... a legal fishing day runs from midnight on one night to midnight on the following night.
- fish... means fin fish, shellfish and crustaceans (such as crayfish) in any life stage, including eggs.
- fly fishing... angling with a line to which only an artificial fly is attached (floats and sinkers may not be attached to the line).
- hatchery trout... in many waters, hatchery trout may be harvested but wild trout must be released. Hatchery trout are marked before stocking, by removal of their adipose fin. Therefore, hatchery trout must have a healed scar in place of the missing fin.
- length... to determine whether your fish is of legal size, measure from the tip of the fish's nose to the fork (near the centre) of the tail.
- kokane... a land-locked sockeye salmon.
- max... abbreviation for maximum.
- min... abbreviation for minimum.

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