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A message of and warning

and her companion Clayton, accompanied by public health nurse Jane McKillop, were in Terrace over the weekend as part of a speaking tour. Larkin, 19, is infected with HIV but her strong point is her message — see page A4.

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Terrace Review

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Snowfall ties city in knots

by Tod Strachan

A record snowfall all but closed roads in the area Monday afternoon. Intersections were blocked, vehicles were stuck almost everywhere, school buses were stranded, slides closed Highway 16 on both ends of town and the CNR line east of here... and in the middle of it all this confusion the Terrace Fire Department had a trailer fire to deal with.

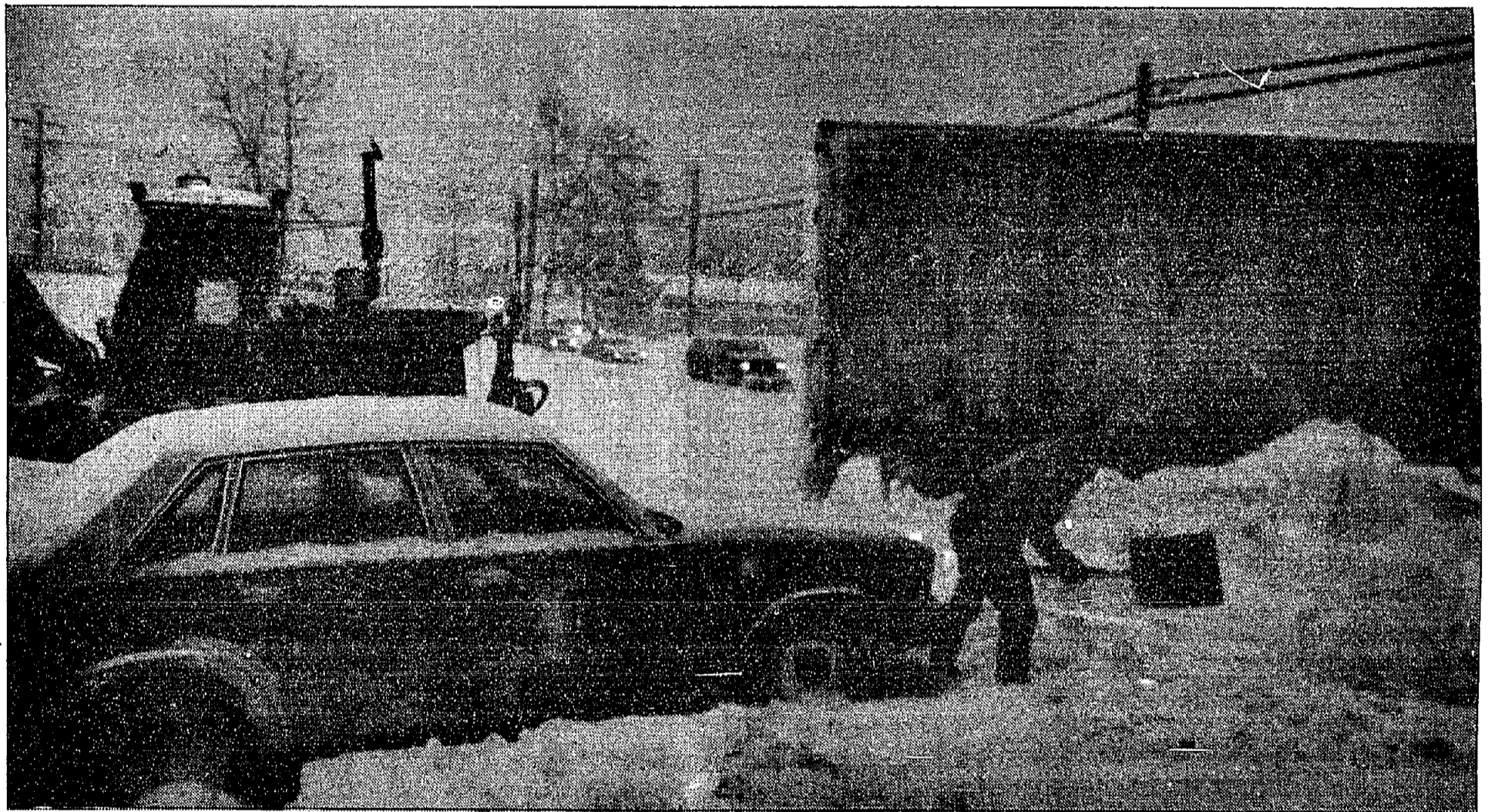
According to Terrace weatherman Harry Earle, the storm began Sunday afternoon, and by the time it was over Tuesday morning the area had been socked with a total of 100.6 centimetres (39.6 inches) of snow and 20 millimetres of rain. On Monday alone 82.8 centimetres (32.6 inches) of snow fell, setting a new 24-hour snowfall record for the month of December.

The previous record was set on Dec. 12, 1978, when the area got a 50.6 centimetre (19.9 inch) dump of wet, heavy, snow. This year's storm was at least relatively dry. Monday's snowfall was far from an all-time record, however. That 24-hour record belongs to Jan. 17, 1974, when we got 103.1 centimetres (40.6 inches) of the white stuff and a close second is still safely held by Feb. 18, 1972, when 102.4 centimetres (40.3 inches) of snow were measured.

Is there more of the stuff coming? Some is predicted, but in the words of Harry Earle a repeat of Monday is "very unlikely". We just don't get that sort of thing two times in the same week. At least we never have. But then again... If it does happen, December would have a very unique record all its own.

Breaking records was the last thing on the minds of Terrace motorists Monday. Residents trying to navigate roads and streets were faced with ruts deeper than a car tire and snow banks where no

cont'd on page A2



The corner of Atwood and Greig was a replay of every intersection in downtown Terrace Monday. A dramatic daylong bout of heavy snow choked off movement on local streets and highways until well into the late night hours.

Local RCMP ponder budget cut impact

TERRACE — An unexpected new set of federal budget directives that cut \$14 million from the RCMP operating budget across Canada will affect the Terrace detachment, but the Officer-in-Charge doesn't know yet where the cuts will fall here.

"We haven't had a chance to assess it yet," said Inspector Larry Yeske last Friday. "We're hoping it won't involve cuts to service."

The cuts won't mean a reduced force in the area, Yeske said, but added that it could mean officers who are transferred to other jurisdictions won't be replaced as rapidly as usual.

Areas of operation that may be cut include travel, meaning that the RCMP will look twice at prosecutions that require members to travel to other jurisdictions to testify. Yeske said the Terrace detachment hasn't received a dollar figure on the cuts that will be put in effect here. "We're still gathering information," he said.

Any cuts in service will have to be discussed with Terrace city officials, Yeske noted, because the RCMP have a service contract with the city. No date has been set, but city administrator Bob Hallsor said December is a bad month, with council meeting only once

and a full agenda set for that meeting. January, he said, is a more likely time.

Superintendent Pickell, the Officer-in-Charge of the Prince Rupert subdivision, said, "I can't see the cuts hitting us operationally." If anything, he said, the cuts will "put us more in tune with watching what we're spending."

In some minor cases the RCMP might look twice at going through with a prosecution that isn't cost effective. Pickell said for example that a charge carrying a \$100 fine might be dropped if it involved spending \$1,000 to fly a witness from a distant area in to give

evidence. "Let's face it, reality is reality, and I think the public would agree that a case like that would not be cost effective," he said.

In cases of significant consequence, he said, like impaired driving or major theft, the prosecutions will go ahead as usual.

Drug trafficking cases are often expensive to investigate and prosecute due to the amount of time required to gather evidence and the length of the ensuing court cases. Pickell, however, said that drug investigations will continue in the subdivision. "We would go ahead with it as long as we have the information," he said.

SNOW — Continued from page A1

snow bank belongs. And even if you could move ahead, you probably didn't go far. Most downtown intersections were blocked with vehicles that were going nowhere.

Among the vehicles trapped were two school buses on Greig Ave. A semi-trailer ahead couldn't make the grade and an oil tanker behind blocked any chance of escape. Dave Storey of Farwest Bus lines says they did eventually get everyone home, however, even if they were a few hours late.

Storey says that at one point every bus they owned was either blocked or stuck, but due to the cooperation of drivers, school principals and parents, they did manage to complete their assigned rounds. As one bus finished a run, it took on the duties of another that was lost somewhere in the storm.

Also, parents were phoned and those who were able picked up their kids wherever they happened to be. In cases where neither the buses or parents could get through, drivers owning four-wheel drive vehicles took on the challenge and were successful in every case. For Farwest, the day was over when the Rosswood bus rolled in... almost two hours late.

For those responsible for keeping roads open, however, the day's work was far from done. Given impossible conditions, city crews did well, says director of engineering Stew Christensen. Every available piece of equipment was on the job and by 8 a.m. Tuesday morning all but a few city streets had been cleared and work was continuing on those that hadn't. The goal for having all streets cleared was 4 p.m.

Still, there were difficult challenges to meet. Stuck and parked cars were everywhere, and it was either tow them out of the way or not clear the streets. Those vehicles, naturally, were towed. At 5 a.m. Tuesday morning, the city scraper tackled mountainous piles of snow in the middle of the road. It didn't measure up to the test. It just crawled up the embankment, compacting the snow, and couldn't scrape a thing. The job was taken on by front end loaders and dump trucks... at three times the cost.

For those who had their vehicles towed, Christensen offered this advice: dig out at least enough driveway to get your vehicle off the road. If for some reason you can't do the job yourself, have a plan of action ready. Call out the neighbours, grandchildren, or have some arrangement made with a private contractor who is willing to do the job.

And when you're shovelling, or having your driveway shovelled, throw the snow to the left side of your driveway (looking from the street). The reason is simple. Snow plows or graders "almost always" follow the flow of traffic and anything you throw off to the right will be plowed right back into your driveway when the next grader goes by.

Mike Zylitz of North Coast Road Maintenance says they were able to keep up to the storm reasonably well, even with the unusual num-

ber of challenges they faced. He says they had every available piece of equipment on the job; 18 graders and several trucks. It wasn't possible to get to side streets of subdivisions immediately, he adds, but all roads in their area of responsibility are plowed according to assigned priorities.

And main routes were priorities on Monday. In addition to plowing highways, several small slides located 16 and 83 kilometres west of town and 25 kilometres east of the city had to be cleared. The road to Prince Rupert was closed at 11 a.m. Monday and reopened at 10 a.m. Tuesday. The road east was reopened at 5 a.m. Tuesday. A few vehicles were stuck in some of those slides, one of them a maintenance vehicle trying to clear a slide, but there were no injuries.

Ministry of Highways district manager John Newhouse has some

advice for anyone driving on the highway and approaching a slide: don't try to plow through it. Often, it may look like a small amount of snow blocking the road, but there's a good chance it's far more extensive than it looks and it might be an indicator of more slides to come.

If you succumb to temptation, though, and become stuck, stay with your vehicle until help arrives and then abandon it. Anyone trying to dig, push or shove a vehicle out of the way could be caught in major slide.

One other small slide blocked Bear Pass for a time. Highway 37 between Meziadin and Stewart was closed at 8:30 a.m. Monday and reopened four hours later.

Monday's storm caused the cancellation of several scheduled events, among them, the inaugural meeting of Terrace City Council. That didn't happen until Tuesday night.



PUBLIC NOTICE SNOW REMOVAL

The City of Terrace Public Works Department is being hampered from clearing snow off the streets — due to vehicles left parked on those streets.

To avoid possible damage, or accidents, the City of Terrace requests that citizens remove their vehicle(s) from road right-of-ways.

Vehicles not removed, and found interfering with snow plows, or traffic, may be moved — at owner's expense.

The City of Terrace wishes to thank you for your co-operation.

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Be kind to animals — that was the intent at last week's SPCA exhibit in the Skeena Mall, and organizers let the animals themselves carry the message.

Historical correction

In the Nov. 28 issue of the Terrace Review under Tom Taggart's monthly Events in History column indicates that six people were killed in the 1989 "Montreal massacre". The incident in fact left 14 women dead.

Mount Layton Golf and Country Club not far off

The last hurdle for the 18-hole Mount Layton Hot Springs golf course has been all but cleared. Access rights through lands proposed for the course to about 16 lakeside cabins is the only remain-

ing question, but according to regional Crown Lands manager Jim Yardley an agreement is close to being reached between the owners of those cabins and Mount Layton Hot Springs.

Yardley says the purchase price for the 180 acres of land will be about \$85,000, but the exact number won't be known until the ministry completes a survey of the area. The agreed price, he says, will be based on \$638 per acre plus \$100 per acre for the Schulbuckhand Creek strip, which crosses the land but will be excluded from the golf course development itself.

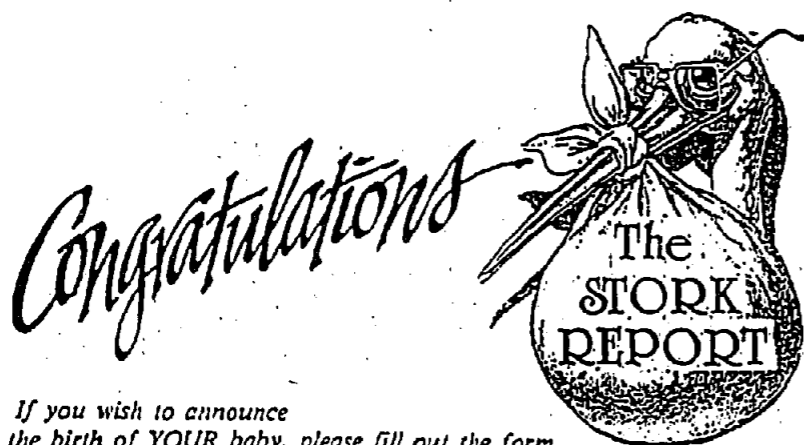
The sale price for the 180 acres of Crown Land comes from a second real estate appraisal. The first appraisal, Minister of Crown Lands Dave Parker said last month, was rejected by his ministry as being too low. Although the price per acre of the first appraisal is not known, Parker said the second appraisal came in at a higher figure.

Yardley said in July that all environmental concerns had been addressed in the ministry's original offer to Mount Layton owner Bert Orleans and described the site as Area 'A'. The site, according to Yardley, has been logged in the past and adjoins the southern boundary of the Hot Springs property on the north, Highway 37 on the east and Area B, and old growth forest, on the west.

Land applied for by Orleans, but excluded from the sale, includes an old growth forest, Area 'B', which is an environmentally sensitive area at a lower elevation than and closer to Lakelse Lake than the area approved for sale.



The Bavarian Inn, like a phoenix, is going to rise from its own ashes. Proprietor Gus Gerdei said yesterday that new roof trusses, decking and shingles will be applied — when the aftermath of Monday's snowstorm is cleared away. The restaurant was seriously damaged in a fire two weeks ago.



If you wish to announce the birth of YOUR baby, please fill out the form available in the maternity ward at Mills Memorial Hospital. We will pick up your forms every week.

GILLIS — Announcing the arrival of Shane Richard on November 30, 1990 at 11:01 a.m. Weighing 7 lbs. 10 oz. To welcome him are proud parents Gordon and Heather and big brother Adam.

STRAW — Tassie and Fred are proud to announce the birth of Taylor Dawn born November 27, 1990 at 4:02 p.m. Weighing 7 lbs. 11 oz.

WEBB — Laura Eva born November 25, 1990 at 5:24 a.m. Weighing 9 lbs. 3 1/2 oz. Proud parents Gary and Eva. A little sister for Christopher and Brent.

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Young woman brings personal message for World AIDS Day

by Michael Kelly

In July of 1989 Kecia Larkin was told by a paramedic after an accident that the man she had been living with for the previous eight months was infected with Human Immunodeficiency Virus (HIV). The following September her blood test results came back: positive.

Larkin, 19, has taken a devastating blow, the knowledge that she will almost inevitably develop AIDS, and transformed it into a source of personal strength for the benefit of others.

"It began at a suicide prevention workshop," she recalled in an interview Saturday in Terrace. "We discussed many issues affecting native communities. A provincial health worker mentioned intervention workshops... I started in July."

What she started was a speaking tour, talking to any group that offered to sponsor her, on the facts, myths, and personal impact of HIV. She has avoided government sponsorship. "I freelance," she said. "I'm not tied into the government. Nobody tells me what to do or where to go. I'm independent."

Travelling with her companion Clayton, Larkin has been going virtually non-stop since July of this year. "We took two weeks off at one point, resting at home... spent some quality time with my cat," she recounted with a laugh. Larkin grew up in the Alert Bay area in northern Vancouver Island but now lives in Victoria.

In the northwest her engagements included stops on the Queen Charlotte Islands, in the Nass Valley and Terrace. Saturday evening — on World AIDS Day — Larkin spoke at a well-attended open house in the Skeena Health Unit auditorium, sponsored by the Terrace District Teachers' Association. Monday she spoke to peer counselling and Family Life Education students at Skeena Junior

Secondary School.

Larkin said each session is different and the questions young people ask her vary widely. "Many of them ask me, 'Do you feel sick yet?', or, 'Are you scared?'"

"Others ask me if you can get HIV from a drinking glass... or say the cook in a restaurant has HIV and cuts himself and the blood gets on a cucumber, can you get it then?"

Larkin says she did become sick with something that felt like a flu in the spring of 1989. "I ignored it, but I had the feeling then that it wasn't the flu, that there was something really wrong with me. It didn't seem possible at the time."

There is little the doctors can do for her, except the usual health advise: don't smoke tobacco or drink alcohol and other general care instructions.

At an age when most people are pondering their futures, Larkin discovered that everything would be different for her. "I was shattered for a short time. In some ways I'm still shattered. I know I'll have no kids, family. I have to live with it, and I guess I'm far from happy, but that's reality."

She said an acquaintance of hers who has HIV gave her a subtle view of the situation. "None of us have any control over when we're going to die. In a way we have an advantage, because we do know."

"I try not to limit myself, like thinking I have 10 years to live. I go moment to moment. I tell people that no one is going to take care of us except ourselves."

The World AIDS Day campaign this year, the third of its kind initiated by the World Health Organization, is emphasizing the risk of infection for women. The campaign is attempting to counteract the belief that the disease is confined to homosexual men, and

Lake intersection to get lighting

After a wait of almost two years, Lakelse Lake residents will finally get street lighting at the intersection of Highway 37 and Lakelse Lake Lodge Road. For some time now, many lake residents have considered this intersection to be hazardous at night and during times of low visibility.

John LeSage, a Kitimat director for the Regional District of Kitimat-Stikine offered support over a year ago when he said many motorists approaching the intersection aren't aware of the exact

location of the intersection. LeSage called it a dangerous situation.

The Ministry of Highways refused to bear the entire cost of street lighting, though, and it was only recently that a cost-sharing formula was worked out. The ministry will pay a portion of the cost while lake residents benefiting from the upgrade will pay 50 cents for every \$1,000 of net taxable value of land and improvements. A bylaw required to allow the project to proceed was adopted by the regional board last weekend.

Where in the World did this Woman Get AIDS?



Women's risk of getting AIDS is the thrust of the third annual World AIDS Day campaign this year. The campaign enlists the help of organizations on a local level to make people aware of the kinds of behaviour that put them at risk for becoming infected. The poster above appeared in many Terrace locations over the past two weeks.

that women have only a marginal risk of getting it.

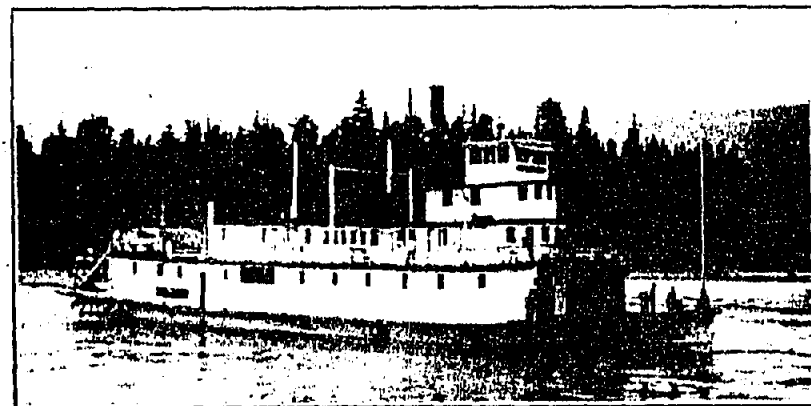
The most recent statistics show that there are 806 British Columbians with AIDS, of whom 17 are women. The disease has caused 514 deaths in B.C. since January

1983. It is estimated that 3,500 British Columbians have HIV, 250 of them women. Information, advise and counselling on HIV and AIDS and how to prevent them is available from the Skeena Health Unit — in confidence.

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Drillers still waiting for permit

Fairbank Engineering of Vancouver expected to start evaluating a 3,000-hectare area at the south end of Lakelse Lake during the fall of this year, but company president Brian Fairbank said last week he is still waiting for the B.C. government to issue an exploration permit.

Fairbank was the only company to enter a bid when the Ministry of Energy, Mines and Petroleum Resources announced that the area would be opened to exploration for geothermal energy — heat that lies underground and is often the source of surface hot springs.

Although Fairbank said at the time the company hoped to do some work before winter weather set in, it appears now that if the drilling equipment arrives it will

be sometime in the spring of 1991. Concerns regarding the environmental impact of drilling were expressed by the Regional District of Kitimat-Stikine when the proposed project was sent to the board by the Ministry of Energy, Mines and Petroleum Resources. Mount Layton Hot Springs owner Bert Orleans objected to it because he feared drilling into the hot springs

aquifer might have a permanent impact on the surface hot springs his business depends on.

Gerald German, commissioner for the energy and mines ministry Petroleum Titles Branch, said Monday they have a complete package for the proposal from Fairbank and are currently running through the standard referral process to other agencies that have an

interest in it. "Nothing has been decided yet," he said.

If the exploration goes ahead, it would involve drilling test holes in the area with a rig approximately the size and configuration of a typical well-drilling unit.

Apartment building proposed for Eby and Walsh corner

TERRACE — Ray Lovstad of 5012 Park Ave. had filed a rezoning application with the city for a piece of property located on the east side of Eby St. between Davis and Walsh.

The property is currently zoned for two family dwellings, designated as high density residential on the official community plan, and Lovstad has requested that it be rezoned for a multi-family dwelling — an apartment building.

According to Lovstad, plans call for the development of moderate to high cost two- and three-bedroom apartment units. He says the development would be landscaped in a way that would enhance the area and pointed out that he was not considering low rent units "left to deteriorate as others have".

Lovstad has also offered the city a 33-foot easement for a road right-of-way on the Davis Ave. side of his property, provided the city pays all survey and transfer costs for their acquisition.

Lovstad's proposal will be discussed at the planning and Public Works Committee meeting at noon today.

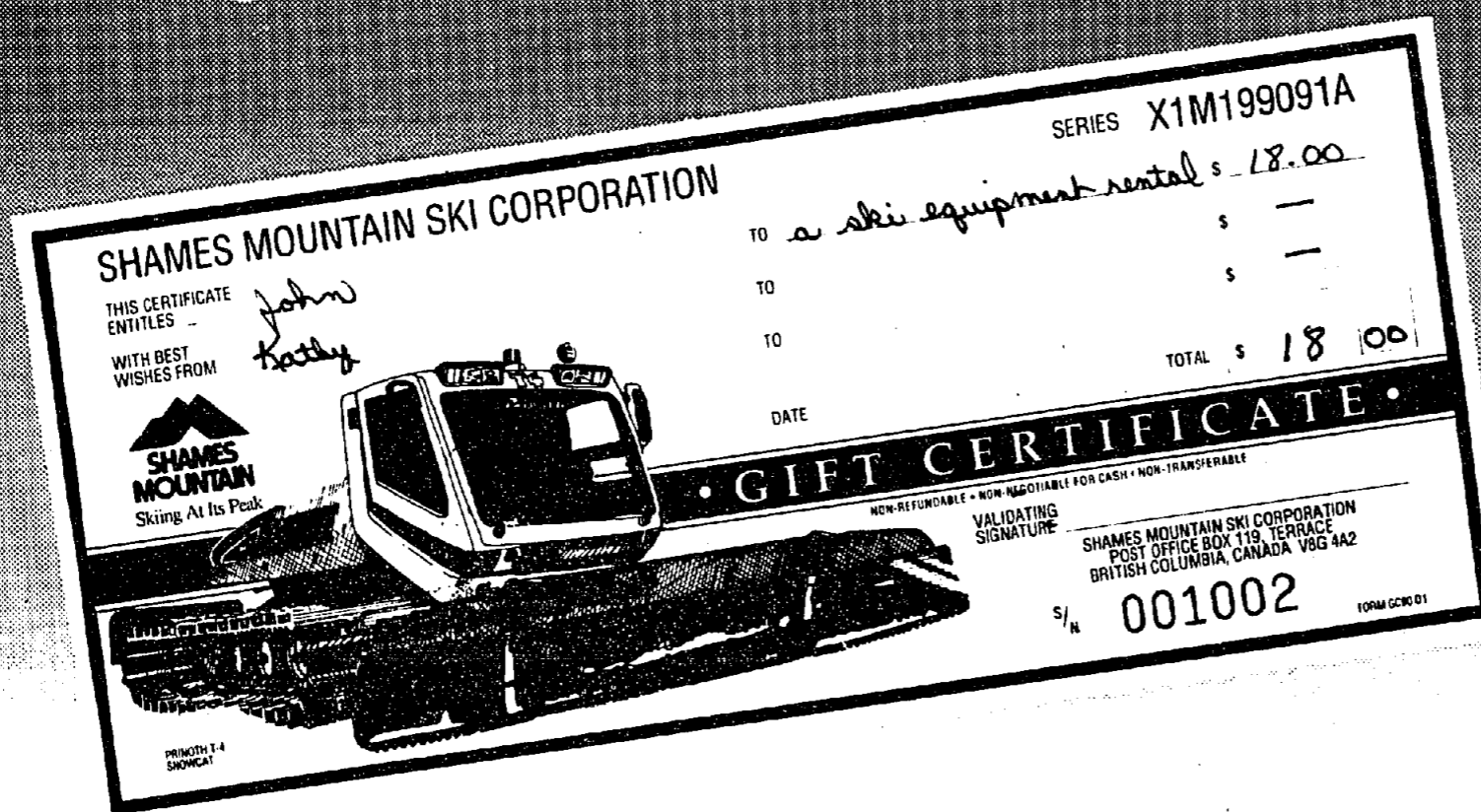
Nass Valley forester appointed

Collier Azak, president of Canyon City's Zaul-Zap Industries, has been appointed to the B.C. Forest Resources Commission.

The commission was established in June 1989 as a permanent advisory body for the Ministry of Forests. Under the direction of minister Claude Richmond the commission is currently reviewing forest values and management methods, examining the effectiveness of Tree Farm Licences as a form of tenure, recommending ways to improve public participation in planning, and reviewing forest cutting practices. The commission has 13 members.

Azak is a member of the Nisga'a Tribal Council and acts as the council's primary forestry advisor.

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EDITORIAL

Shut everything down. Cancel all appointments. Ground the airplanes. Park your cars. Forget it. It's a disaster, and we might as well enjoy it. People in the downtown core Monday abandoned what they were doing to watch the circus. Every intersection was jammed with immobilized vehicles, humans attached and flogging around in a metre of dense, flocculent, churned-up snow, attempting to move the unbudgable. Avalanches closed off the highway in both directions, no flights came or went, and westbound VIA Rail passengers spent an unscheduled night in Terrace.

A day like Monday can remind most people of what the real priorities are. Shopping? It can wait. Home for the evening? Stay downtown, the risk isn't worth it. Flight to Timbuktu? It'll still be there in a couple of days.

Even more remarkable than the rather stunning display of natural forces in Monday's snowfall was the number of people who insisted on taking a business-as-usual attitude toward the day. As late as 5 p.m. in the afternoon Lakelse Ave. and the parking lots of both major shopping centres were clogged with autos and pick-up trucks out on what can only assume were relatively trivial missions.

What the hell were all these people doing out there?

People with vehicles that could manage to get around in deep snow were obstructed by drivers in vehicles that couldn't. Transport trucks found themselves in dead-end situations while small cars cluttered the intersections. School buses were delayed or stopped altogether, ambulances had difficulty getting around, and the Terrace Fire Department had trouble with a residential fire because the hydrant was buried under snow. The city's only taxi company shut down, and tow trucks were virtually impossible to get, although they were in evidence everywhere on Tuesday morning, removing abandoned vehicles for the city that couldn't be removed for the owners the previous evening. Even the equipment assigned to clear the roads encountered obstructions in every direction.

The use and abuse of the private automobile has become an entrenched fact of North American life, thanks to Henry Ford who early in this century committed what is arguably the greatest commercial blunder of the millennium by setting out to make gasoline-powered vehicles available to everyone. A day like Monday proves once again that most people have not reached the stage of social development required to use these devices sensibly.



The view from Victoria —

by John Pifer

VICTORIA — The L-word is back, with a vengeance.

The truth is, of course, that the question of Leadership has really never gone away since **Bill Vander Zalm** became Premier of B.C. at the Whistler convention of 1986.

And after four tumultuous years, the **Social Credit Party** appears to be ready to come to grips with what many MLAs and party members see as "the albatross" (yes, I mean Mr. Vander Zalm), which would prevent them from having at least a chance of re-election.

On Friday, a call for an immediate leadership convention was launched by three constituency presidents, who said they represented about one-third of the party's 75 ridings.

The Socred executive listened to, and then rejected, the concern of those presidents at its quarterly meeting that day.

That was predictable. But the party brass are now worried about how far the rebels might be prepared to push the matter.

Discontented constituencies could now call special meetings to discuss leadership one constituency at a time, or they might even organize a one-night blitz of meeting throughout the province, to entertain a motion calling for a leadership convention.

Either way, the media will have a field day, with the "bad press" for the party only adding to its bleeding wounds.

The new party constitution allows that only 15 (20 percent) constituency associations need to request a special convention. And each of those 15 ridings

needs just 15 per cent of its current membership to take the vote on calling for such a convention.

This latest party infighting seems to be fuelled by several concerns, including:

- **Anger at Mr. Vander Zalm's** arrogance in the sale of his multi-million-dollar theme park, which included manoeuvring not only of finance ministry officials, but even the Lieutenant-Governor, into providing the buyers with hospitality and information.

- **Bitterness at learning that the Premier had repeatedly misled his followers and the general public about his financial and operational involvement in the running of Fantasy Gardens, whilst Premier.**

- **Belief that the party will remain divided and unelectable with Premier Vander Zalm at the helm.**

- **Awareness that public opinion polls repeatedly show that the voting public's attitudes are generally favorable toward specific government policies and programs; but seeing that benefit being lost amid the scandals and anti-Zalm feelings.**

I see one parallel that might be drawn between this latest salvo against the erratic leadership of Mr. Vander Zalm, and the political demise of Britain's **Margaret Thatcher**.

Both had overstayed their welcome. One has already been brought down by her own party, and the other soon may teeter on the brink.

The fervent wishful thinkers in Social Credit hope this dis-

play of disloyalty will prompt the stubborn Premier to acknowledge the fact that he is the principal liability to re-election, and that he will quit almost immediately.

Others who have known him for years say he is too stubborn to quit and will force the issue to a more divisive juncture—known as the "damn the torpedoes, full speed ahead" syndrome.

One Socred MLA told me the move by the presidents alone, without apparently having held a members' meeting, "seems ludicrous and amateurish, rather than pre-emptive." "It will rattle the cage a lot, and give the media a field day, but I don't see to what end," he added.

But this scribe believes it sends an exceptional signal to the leader that this is probably the beginning of the end, one way or the other.

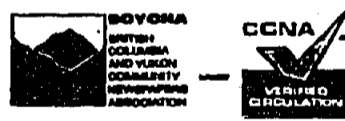
And, if it does nothing else, it certainly has made one thing very clear: the "dreaded media" which has repeatedly reported the prevalent dissatisfaction with Mr. Vander Zalm within his own party, let alone the general public, is proven to be merely a reflection of that widespread discontent, not the architect of it.

WHERE WERE YOU, BILLY?

As the drama of the week grew — from a one-day caucus meeting on Tuesday which was tame and predictable to the presidents' storm later — Mr. Vander Zalm was out of the picture.

— Continued on page A7

Terrace Review



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This week:

Milton conceives a new sawmill

Milton Jovial has copies of the two bid proposals from his Terrace forester Herby Squish (These people aren't real... remember?). For signing over a little more than half a million dollars worth of securities to the province of B.C., he has a shot at timber cutting rights on 100,000 hectares of northwestern forest.

The sales will be advertised, of course. And there will be competition. But Milton has faith in Herby and doesn't believe the competition will come up with a better offer. The only thing Milton needs now is a sawmill to go along with his Forest Licences, and he's in business.

First, however, he has some serious thinking to do. A few weeks ago Milton's marketing people told him he had to go into value-added production in a big

way if he was going to make any money. The cost of this, though, was an additional \$20 million in mill construction costs, and Milton said no way.

But this advice from the marketing people was followed by bad news from Herby. His latest calculations showed that only about 330,000 cubic meters of Milton's expected Annual Allowable Cut of 600,000 cubic meters were saw logs; the balance would have to be turned into pulp chips.

What this meant in financial terms was that Milton would make around \$3.63 million a year on lumber and lose about \$3.17 million on chips; his net profit at the end of the year would be less than half a million dollars. You might remember the reason for this. According to Herby, it would cost \$46.75 per cubic meter to produce chips that were only worth \$35 per

Forestry Insights

by Tod Strachan, in consultation with Rod Arnold and Doug Davies



cubic meter.

After a few cups of Maalox, Milton went to his marketing and mill design people and said simply: "Do something. Quick."

The result was predictable. The marketing people came back: "We already told you... Value added. It's the only way to go."

A few more cups of Maalox. "But that'll cost me another \$20 million."

"Not necessarily," said his mill designers. "We've got a plan."

The concept was simple. "Maximize clears and follow the head rig

with a chop saw trim system and finger jointer," Milton was told. "It will only cost you another two million."

"What in the world are you talking about?"

The design people explained. Milton's sawmill would get the best value out of small logs on a canter line while the larger logs would go through a head rig.

"Maximize clears" meant the logs would be cut parallel to the outer edge of the log rather than the centre. The log is rotated 45 degrees with every cut or two which means once the log is sawn all that remains is the tapered core of the tree, which is better used for chips than lumber anyway.

Also, by cutting parallel to the outer edge of the log rather than the centre, knots are cut perpendicular rather than at an angle and are therefore smaller. The end result? More grade 1 and 2 lumber out of the same tree. In other words, better utilization.

The chop saw trim system would allow short lengths, as short as eight inches Milton was told, to be cut from lumber to short for the commodity market. And the finger jointer would do just what the name applies; cut interlocking slots and tabs on one end of each of these short pieces of wood piece.

These varying lengths of 2x4 or 2x6 could then be glued together end-to-end to make a single eight foot or longer piece of lumber. The end result, the designers told him, was a piece of wood which, for many uses, is structurally superior to a single piece of lumber. And worth a lot more money too.

Interesting, but Milton's not really convinced. "Wait a minute," he paused. "What was that about money?"

It's simple, was the reply. They explained that commodity lumber today sells for the same price it did more than 15 years ago; \$73.50 per cubic meter. And in the last 15 years production costs have risen dramatically; inflation has knocked the socks off the dollar.

This means that there is less profit in a 2x4 today than there was 15 years ago. So if you're going to produce commodity lumber you had better get as much as you can out of each log, and at the same time make sure every cut is grade 2 or better. And then you had better take the waste and turn into something more valuable than chips.

The numbers look like this. Given the timber available to Milton, cheaper equipment of an older design would mean a utiliza-

tion rate of only 46 percent. Out of his AAC of 600,000 cubic meters, 55 percent were saw logs, according to Herby. This means Milton would have 350,000 cubic meters, and at a utilization rate of 46 percent would get only 161,000 cubic meters of lumber.

The value of this lumber, at \$72.50 per cubic meter, would be \$11.7 million. You may recall, however, that when Herby deducted logging and milling costs and took away the \$5 per cubic meter he estimated Milton would lose on chips, Milton ended up with a net annual profit of only \$457,000. That was far from acceptable.

With this new scenario, though, Milton would get more than 55 percent saw logs out of his licence due. He could, in fact, use 66 percent of his timber for saw logs. And due to increased milling efficiency, he could raise the utilization rate of those saw logs to 62 percent.

Now Milton's financial projections looked like this. With 400,000 cubic meters of saw logs going through a mill that was 62 percent efficient he ended up with 248,000 cubic meters of lumber. This was divided between 92 percent commodity lumber and 8 percent value added. And although the commodity products were still only worth \$72.50 per cubic meters, the value added product was worth a whopping \$260 per cubic meter.

This would obviously make a big difference in that bottom line figure of \$457,000. But the mill design people had even more good news. There would be fewer chips. Instead of losing \$1.25 million annually on pulp chip sales, Milton would only lose \$1 million. And for the bottom line, Milton could multiply that original estimate by a factor of almost ten.

Milton passed this news on to Herby, along with the securities required to accompany the bid proposals, and it wasn't to many weeks before the phone rang. It was Herby. "Good news," he said. "You've got your Forest Licences. There were two other bids but they didn't even come close. They weren't far off on their bonus bid, but there was no way they could compete with this mill design of yours in terms of utilization of new jobs created..."

Milton hung up before Herby finish. Excitedly, he phoned his mill design people. "You can start those drawings," he said. "We're going to build a sawmill."

Down by the River

watching the issues flow by

Commentary and analysis by Terrace Review staff and guest writers

LOST IN THE TRANSLATION

Contributed by
Gordon Robinson

The name "Kemano" comes from the Indian word "Cheemani", which means horseclam.

At one time the Indians who lived at Kemano Village faced starvation. Fishing the summer before had been very poor and fall hunting had been just as bad, and now in February there was just no food.

To save themselves from starvation, the people decided to temporarily abandon the village and to move to the Fish Tray Bay area where sea food was always available. When all the canoes were loaded, it was found that there was no room

for one old man. His grandson, who was about 10 years old, refused to leave him and so the two were left behind in the abandoned village.

Some time after the rest of the people had left, the old man told the boy to go to the foot of a small rock slide nearby to look for fiddle fern roots. These roots often grow near rock slides and are edible. It was the old man's hope that the boy would find enough roots to enable them to survive.

When he got the slide the boy saw a strange phenomenon... a tiny stream of water erupted out of a small hole in the ground. The boy ran back and excitedly announced his discovery. The old man accompanied him back to the slide, when they found the tiny hole he dug down into the earth and extracted a cheemani or horseclam. It is well known that there are no clams anywhere in Gardner Canal, where Kemano is located, and no clams are ever found above the high tide mark.

Believing that the Cheemani was a good luck charm, the old man carefully put it into a pouch which he carried. When they returned to their home he hid it in a safe place.

From that day on things improved for the two. When walking on the beach they found dead fish or seals washed ashore by the tide. They found deer, mountain goat, porcupine, or other game when they walked in the forest. All this food they smoked and preserved.

When the rest of the people returned the following spring, they found that old man and boy

had fared far better than they had. All because, they believed, of the good luck brought by the cheemani.

The little rock slide was ever afterward known as Cheemani Nook, The Place of the Cheemani. In time this name was used for the whole valley, but it was changed to the present spelling of Kemano by government map makers who did not know the story of the Cheemani and who could not pronounce the local Indian names for places in British Columbia.

The map makers were, however, familiar with the name "Captain Caamano". This was the name of the captain of a Spanish exploration ship which had explored the B.C. coast during the time when Spain claimed the west coast of Vancouver Island, and also had a fort and settlement called "Nootka" at Friendly Cove on Vancouver Island.

Caamano Sound, a body of water separating Campania Island from Aristazabal Island (commonly known as Aristabal Island by local fisherman) on the outer B.C. coast, is named after Captain Caamano. The name Caamano Sound appears on all hydrographic maps of the northern B.C. coast.

When the map makers heard the Indian name "Cheemani", they could not pronounce or spell it in English. They thus decided to use the Spanish captain's name of Caamano because the sound of the name was similar to Cheemani. However, they did not spell the Spanish name correctly and used the present English form of Kemano.

Pifer —

Continued from page A6

In fact, he was out of the province.

It seems not even some of his Cabinet ministers were aware that he was in Toronto on "private business" on Thursday and Friday.

And his staff, who had pretended for 10 days not to know about the trip, moaned about how hard it was to keep tabs on him.

Speculation was rampant. Was he continuing to conduct Fantasy Gardens business — such as lining up financing, perhaps? — or visiting his pal and bagman Peter Toigo?

Whatever he was up to this time, it was obvious that many of the mice had decided it was time to play before the Cat got back!

TALK OF THE TOWN

This week the Terrace Review asked:

What do you think of Santa Claus?



Adam Kerby

"He's not true. There's no real Santa Claus!"



Steven Gough

"He's okay. Yeah, I'm waiting for him at X-mas"



Brandon Fraser

"Yeah, Santa's neat! I like Santa Claus!"



Ryan Smoley

"I like him. I talked to him today & I can't wait for X-mas"

Man who keeps schools supplied takes retirement

by Nancy Orr

It is the end of an era as Basil Griffin, purchasing agent for School District 88, retires at the end of November. The era was the one of galloping growth in the school population, of never knowing how many, or where, the kids would turn up at the beginning of each term, of incredibly short funds, of youth and vigor and a sense of excitement and adventure.

I was reminded of that era on my way to talk to Basil before he left, as I picked my way through the mud behind the old Kalum School, now just another working building for district staff.

Mud. On the pavement? I caught sight of the workmen installing a portable building. A portable? Surely by now the growth in the Terrace district had stabilized and there was to be no more need for portables.

Portables and every other emergency measure to keep ahead of a galloping, growing school population had been a way of life in 1976 when Basil Griffin came to work in S.D. 88 in yet another effort to streamline a ravenous budget. Since the amalgamation of Stewart with Terrace School District in 1968 (that's another story), the population growth in District 88 grew by leaps and bounds. Numbers and budgets never seemed to reconcile. There were always more students than money in our district, and the students kept turning up before a new school could be finished; there always seemed to be more students than buildings. Every ingenious way had to be devised to provide for their accommodation and supplies.



Basil Griffin: It was fun... But it has become a routine now. A good time to leave.

District 88, with its huge appetite for supplies, had been directing much of its purchasing through Prince George, which had its own purchasing department, in which Basil Griffin worked. The economies and efficiencies in bulk purchasing became obvious. Basil was persuaded to join this district and set up a similar department for Terrace.

"It was fun," said Basil, "starting from scratch, setting up all the channels, getting it going, from Kispiox to Kitsumkulum to Stewart and all the isolated areas in between as well as the main centres.

"But it has become routine now. A good time to be leaving."

Basil will be retiring Nov. 29 after 14 years of service to the District. He said his wife Hilda will move to Duncan on Vancouver Island.

"We will live on Quamishan Lake," he said, "Our house is nearly ready. We can watch the swans nesting and enjoying the peace and quiet."

"I still have one wish — to try hang-gliding—but I doubt if I will make that," he said. "I hope to be able to try some flying, too. I still have my pilot's license and my son has a small plane."

Flying has always been a passion for Basil since he joined the RCAF at age 18 in 1942-45.

After the war he went to UBC with all the other returning service men, to the temporary portables (still there) and the fun of "one wild party".

After getting a degree he continued his education with a diploma in Certified Administrative Manager, and later at West Coast University in Los Angeles in Plastics Engineering. He became B.C.—Alberta manager for Sargent, Welch Scientific Science Supplies in Vancouver with head office in Chicago.

"Every time we went to Chicago," he said, "we had to take out a map and say, 'here's where you are, here's where we are.'"

"We dealt mostly in school supplies, so it was an easy change for me to go to work for Prince George School District and from there to keep up my contacts and experience in Terrace. It has been very good."

The Griffins have three sons: one is a chemical engineer in the east; another, an Anglican priest in Jasper; and the third, a doctor in Duncan.

"Hilda and I will leave our friends with regret," said Basil, but we can hardly wait for the next stage in life to begin."

Kin Komplaint? Phone Eric

Terrace city council has approved a new five-year lease for the Kin Komplex at Halliwell and North Sparks. Earlier in the year, council received a petition from area residents complaining of excessive noise, but according to city administrator Bob Hallsor the club has apparently made a "concerted effort" to alleviate any future problems.

In a letter to council last month, Kin Komplex chairman Eric Johanson said local architect Alex Inselberg had completed a study of the Kin Hut, free of charge, and determined how to best reduce noise levels. As a result, door sills have been put in place and new blinds have been installed on all windows. Work to yet be completed, he says, includes baffles and insulated louvers on exhaust fans.

As a final measure, to ensure Kin Hut neighbours are not disturbed by night-time activities there, Johanson says the club has written a new rental contract outlining firm rules of conduct and a mandatory closure time that is the earliest of any hall of its type in the city. The bar must close at 12:30 a.m., music must cease at 1 a.m. and the complex must be vacated no later than 2 a.m.

Backing up these regulations, every neighbour who signed the July 4 petition has been given Johanson's home phone number and an invitation to report any infractions.

McEwan GM

Supports C.T. Scan

Anyone who purchases a new or used vehicle from McEwan G.M. during the month of November will receive a **Free 1991 Dr. R.E.M. Lee Foundation Cash Calendar**

You can win cash everyday of the year! All proceeds from the calendars will go to help purchase a much needed C.T. Scanner for Mills Memorial Hospital.

UP TO \$1,000 CASH BACK

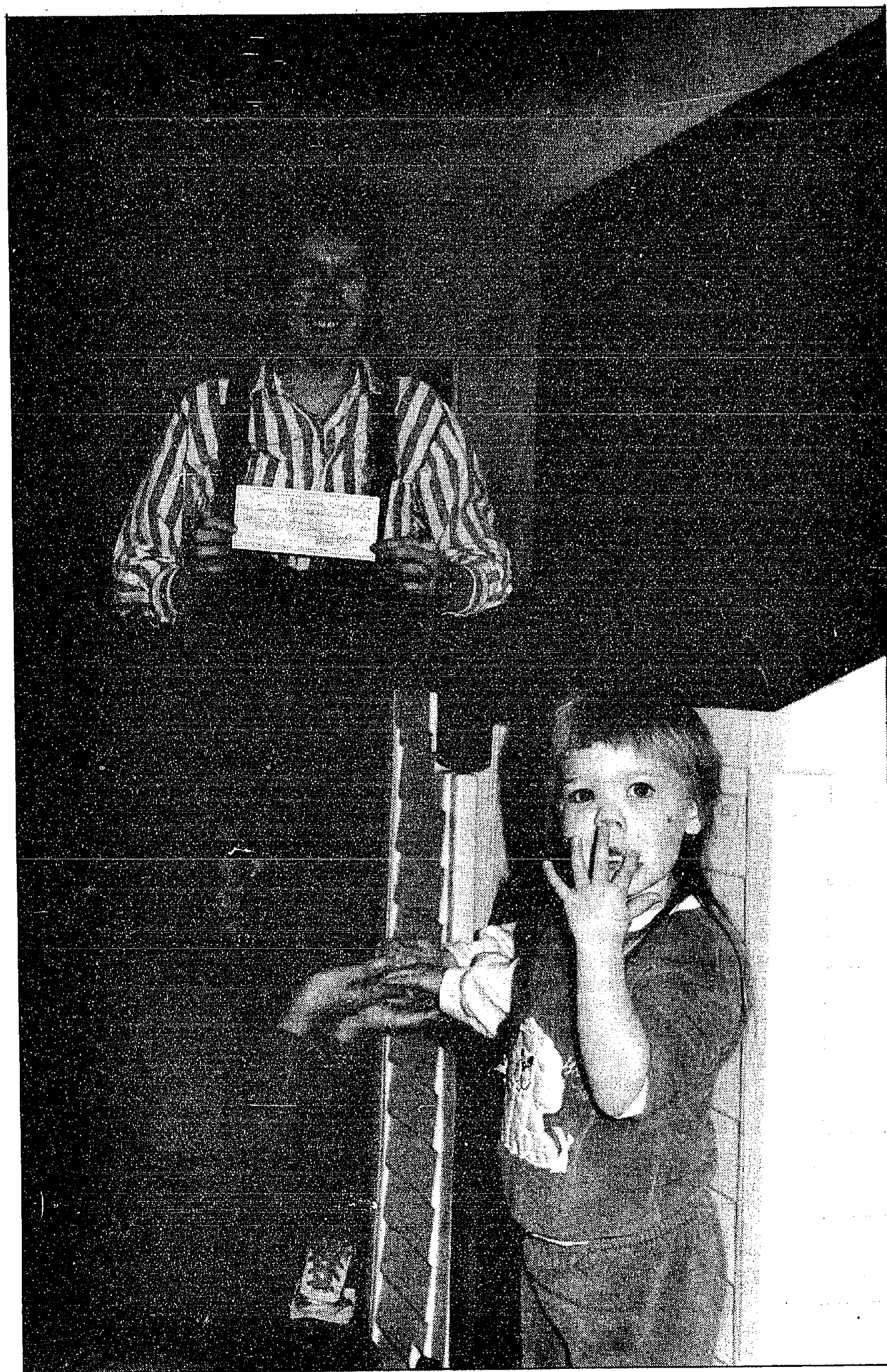
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635-4941

The Bright Spot On Hwy 16

TIME MAGAZINE
QUALITY DEALER
AWARD WINNER



The Terrace Jaycees recently proved the value of their bingo fund raising with a donation of \$4,000 to the Terrace Child Development Centre. Preschool supervisor Julie Jacobs displays the cheque where it's going to do some of its work, in the centre's play area. The Centre will use part of the funds for staff development and the remainder for supplies, possibly including some indoor-outdoor playground equipment.

The Way I See It...

by Stephanie Wiebe



My winter driving skills are nothing to brag about. Where I grew up and learned to drive, there's rarely any snow. Down south in Gig Harbour, Washington, when there's more than an inch of snow, (it doesn't fall metrically in the U.S.), the city puts up sawhorse barriers to close off the roads, the schools close and everyone stays home until the weather passes. Really. A civilized way to live, eh?

But here in the north, things are different. A little snow never stops a Terracite from going about business. Huge amounts of white icy precipitation can cover the roads, houses and any slow-moving residents, but life just goes on in Terrace. I have gradually learned to adapt to this madness.

Occasionally, I even get a bit cocky, packing up the kids and revving up the old station wagon for a good run in the snow. The station wagon does not start easily when there's snow, having been created in a southern city also — it balks. But I mumble a few magic words, which are unprintable in newspapers, and eventually the engine turns over.

I feel so brave, so irritated by the inconvenience, but so brave. I feel like a tough northern adventurer, making my way through the slippery streets even though I know my southern mother cringes at the mere thought. By the time we reach the end of our block, however, my bravery has disappeared.

"Fish-tail, Mom!" the kids chant, enjoying each sideways skid. "Fish-tail! Fish-tail!" I silently curse the courageous friend, who, more comfortable on snow than I, used to take them for rides in her Volkswagon bug, deliberately swerving down side-roads. *Thank you so much, ex-friend, for teaching my children to enjoy hazardous road conditions.*

Gripping the wheel, I ignore the juvenile delinquents' demands, and concentrate on maintaining tire contact with the road. Some hot shot in a four-wheel drive appears in my rear-view mirror, anxious for me to slide into the ditch so that he may pass. I can almost hear his thoughts, "C'mon, lady, I ain't got all day — I'm

growing OLD behind you!" Meanwhile, the never-ending chant of "Fish-tail! Fish-tail!" resounds through my head. The windshield is steaming up and freezing, blurring my vision, and I pray that no disoriented tourists cross my path.

Taking a deep breath, I carefully maneuver the old station wagon around a corner, skidding to one side as the "Fish-tail" chants reach a frenzy. Suddenly, I stop, high centered on a pile of snow, a gift from the city. The transmission whines, the chanting stops, and I wait for an out-of-control semi-truck to slam into us. Remembering my basic snow-driving skills, I decide to "rock" the car, switching quickly from first gear to reverse, a real feat with a standard transmission, but the car won't budge.

Sigh. I climb out of the car, instructing my delighted twelve-year-old to drive while I push — the excited look on her face worries me. *One, two, three — PUSH.* Nothing happens. The car doesn't move. Again I push with all my might. Again nothing. As I lean against the frozen-stuck old station wagon, considering a new lifestyle of weightlifting and steroids, the four-wheel driver arrives to assist. Soon, another truck comes by with more help. Eventually, I have a team of white knights and knightesses pushing my old car out of the drift and down the road. Eternally grateful, our reward is to let them pass.

As we slowly head toward our destination, my little chanters are quiet, the falling snow has doubled its force, and I'm feeling courageous enough for second gear.

Ha! A little snow would never stop a Terracite. So what if we have to park in the middle of the main street to chip the ice from the windshield wipers — twice. So the muffler sounds funny after scraping through a heavy drift, that's life in the north. We may have barely missed sliding into the deep ravine they call a culvert, but we Terracites are a tough breed.

But they'd NEVER believe this back in Gig Harbour.

Change the water in the pool...

Contributed by Coleen Kennedy

The pool shark "Jaws", a theatre presentation at the Terrace Aquatic Centre, was a screaming success with just over 100 people daring the terror. After the show got underway, the lights were dimmed, the fog rose, and Jaws haunted in the depths of the pool, waiting for the perfect attack.

The response was great and

we are looking forward to doing it again.

The NWCC Students Association and I would like to give special thanks to: Tony Torgilia for his fantastic ideas and support, as well as his staff who volunteered their time and help and thanks also to Gary Mills and Nolan Beaudry from the college for their audio visual expertise.

The Board of Trustees of The Terrace Regional Health Care Society

*cordinally invites you to the
Official Opening of the*

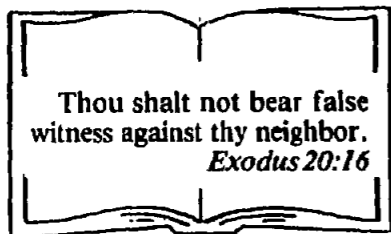
Nuclear Medicine Department

at Mills Memorial Hospital

**Thursday, December 6th, 1990
at 3:00 p.m.**

*Your presence would be
much appreciated.*

CHURCH DIRECTORY



Sacred Heart Catholic Church

Mass Times:
 Saturday: 7:30 p.m.
 Sundays: 9:00 a.m.
 11:30 a.m.
 4830 Straume Avenue **635-2313**

Pastor:
 Fr. Allan F. Noonan
 O.M.I.

St. Matthew's Anglican Church

Holy Eucharist: 10 a.m.
Sunday School: 10 a.m.
 4506 Lakelse Avenue **635-9019**

Priest in Charge:
 Rev. Eugene Miller

Christ Lutheran Church

Morning Worship — 9:00 a.m.
Sunday School — 10:15 a.m.

Pastor: Donald P. Bolstad
 3229 Sparks Street **635-5520**

Terrace Seventh-Day Adventist Church

Sabbath School:
 Saturday 9:30 a.m.
Divine Service:
 Saturday 11:00 a.m.
 3306 Griffiths **635-3232**

Pastor:
 Ole Unruh — 635-7313
Prayer Meeting:
 Wednesday 7:00 p.m.

Evangelical Free Church

Sunday School:
 (for all ages)
 9:45 a.m.
Sunday Services:
 11:00 a.m. 6:30 p.m.
 3302 Sparks Street **635-5115**

Pastor:
 W.E. Glasspell
Prayer Meeting:
 Wed. 7:00 p.m.

Terrace Full Gospel Christian Fellowship

NEW LOCATION: 3222 Munroe Street
Sunday Service: 10 a.m. & 6:30 p.m.
Wednesdays: Mid-Week Service and Bible Study: 7:30 p.m.
Church: 638-8384 Res.: 638-0829

Pastor: Slade Compton

Knox United Church

Sunday Worship:
 10:30 a.m.
Sunday School:
 10:30 a.m.
 4907 Lazelle Ave. **635-6014**

Minister:
 Stan Bailey
Youth Group:
 7:00 p.m.

Terrace Pentecostal Assembly

Sunday School: 9:30 a.m.
Morning Service: 10:30 a.m.
Evening Service: 6:30 p.m.
 3511 Eby Street **635-2434**

Pastor: John Caplin
Associate Pastor: Cliff Siebert

The Alliance Church

Family Bible Hour: 9:45 a.m.
Morning Service: 11:00 a.m.
Evening Fellowship: 6:00 p.m.
 4923 Agar Avenue **635-7727**

Pastor: Rick Wiebe
Ass't Pastor: Douglas Ginn

All are cordially invited
Youth Ministries * Home Bible Studies * Visitation

Christian Reformed Church

Sunday Services:
 10:30 a.m. & 6:30 p.m.
 3602 Sparks **635-7207**

Pastor:
 Peter Sluys — 635-2621

Coffee Break, Ladies Bible Study
 September-May 9:30 a.m. & 11:00 a.m.



The Jackpine Flats group home was the winner in the recent Ksan House Society fund raising raffle. Terrace Safeway manager Eric Johanson delivered the prize last week: a \$100 Safeway gift certificate. Present to receive it were Jackpine Flats residents Samuel Price, Susan Groth and Pamela Timms, with staff member Kim Holland and Ksan House executive director Carol Sabo.

Your chance to get involved —

The Royal Purple Lodge #216, Terrace holds meetings the 2nd and 4th Mondays of every month. For information and membership, please phone 635-6643 or 635-2415.

If you have experienced the loss of a family member through suicide and would like to meet with others who have experienced the same, please call 638-0942 or 635-3178 for more information.

The All-Seasons Steelers ladies' soccer team meets every Monday and Thursday at 7 p.m. at Caledonia Senior Secondary School. Anyone interested in joining is more than welcome to attend.

The Terrace Tennis Club has club nights at the Kalum Street courts on Tuesdays, Thursdays and Sundays. For information, call 635-2347 or 638-1514.

The Happy Gang Centre for Seniors offers the following activities: Tuesdays: 10 a.m., sewing and quilting; 7:30 p.m., cribbage and bridge. Wednesdays: 1 p.m., carpet bowling; Fridays: 2 p.m., bingo. First Saturday of every month: 8 a.m. to 11 a.m., pancake breakfast. Monday through Friday every week: 11:45 a.m. to 1 p.m., lunch. Second Thursday of every month: 2 p.m., general meeting of the B.C.O.A.P.O Branch 73. For further info., contact the Happy Gang Centre, 3226 Kalum St. at 635-9090.

The Terrace Single Parents Association welcomes all interested to attend their monthly meetings on the second Wednesday of each month at 7:30 p.m. at 4542 Park Ave. Learning to raise the kids alone; learning to live without the kids in the house; widowed or divorced; we are all building new lives. Sometimes it helps to talk about it. Phone Debbie at 635-4383 after 4 p.m. or Richard at 635-7762 for more information or to arrange transportation.

HOWDOYOUOIT HOTLINE — Your Travel Infocentre Counsellor is just a telephone call away. When you need some answers on planning your holiday trip or what to do with visitors, call the HOWDOYOUOIT HOTLINE for some HOWTODOIT HELP — 635-2063.

Terrace Pipes & Drums practises Mondays at 7:30 p.m. at the "Kin Hut" behind Heritage Park. Come join us, learn, or just listen. For more information, call Barry at 635-5905 or Chris at 635-2009.

Alcohol and Drug Education Video Night at Mills Memorial Hospital in the Psychiatric Unit every Thursday at 7:30 p.m.

Adult Female Survivors of Sexual Assault Support Group meets every Wednesday from 7 to 9 p.m. Phone 635-4042 for further information.

Battered Women's Support Group meets every Tuesday from 7 to 9 p.m. Phone 635-7447 or 635-4042 for further information.

The Terrace Breastfeeding Support Group holds their meetings in the hospital education room on the first Tuesday of every month. For further information, call Terry Walker at 635-3287.

Do you want to support your community? Here's your chance! Big Brothers and Big Sisters Affiliated is recruiting new members. Regular meetings are the third Tuesday of

every month at 4804 Olson Ave., Terrace from 7 to 9 p.m. For more information, phone 638-0161.

Anyone interested in joining a support group for step and blended families, call Lee at 635-9055.

Losses, either through separation, divorce or death can be a time when you may need additional support. If you wish to be in a supportive group, please join us the first and third Wednesday of each month from 1:15 to 3 p.m. in the conference room at the Mental Health Centre. Call 638-3325 for more information.

Overeaters Anonymous support group meets every Wednesday at 7:30 p.m. at the Terrace Women's Resource Centre, 4542 Park Ave. Phone 635-6510 or 638-0664 for further information. All newcomers are welcome.

The Skeena Valley Model Train Club meets every Monday at 7:30 p.m. at 5010 Agar Ave. in Terrace. Large layout under construction. Everyone welcome!

OSTOMY SUPPORT GROUP for any persons having an ostomy or needing one in the future. A chance to share problems, concerns, information and receive support from others in the same situation. Call 635-5905 in Terrace or 632-5951 in Kitimat.

CCB/Terrace & District White Cane Club — We meet every Thursday at the Women's Resource Centre, 4542 Park Ave., Terrace at 1:30 p.m. Come and have coffee with us. Transportation will be provided. Everyone welcome. For further information, contact Phyllis at 638-0412 or Felix at 638-1285. Kitimat blind and visually impaired persons are welcome.

Interested in beadwork? Ladies' Auxillary gathering downstairs at the Kermode Friendship Centre on Tuesdays and Thursdays from 1 to 3 p.m. Class size is limited to 10 people. Interested persons come in and pre-register. There is no cost, so come out and join in. We may have something for you. Feel free to bring a friend with you. We also have free coffee and donuts. For more information, please call us at 635-4906 or 635-4907.

Agoraphobia and Panic Disorder Support Group — Do you experience high anxiety? Or avoid crowded places? We meet every second and fourth Sunday of the month at the Terrace Women's Resource Centre at 7 p.m. For men and women who share this problem. For more information, call 638-3325.

Terrace Co-dependents Anonymous meets Tuesdays from 8 to 9 p.m. at the Skeena Health Unit. Newcomers welcome! Group contacts are Mary at 635-5518 and Valerie at 638-8714.

Women's support group every Thursday from 1 to 3 p.m. at the conference room at the psych unit. For further information, call Benita at 635-4906 (Monday to Friday, 8:30 a.m. to 4:30 p.m.).

Wednesday night videos at 7:30 p.m. downstairs in the Kermode Friendship Centre. Topic: educational videos on alcohol and drugs. For further information, call 635-4906 (Monday to Friday, 8:30 a.m. to 4:30 p.m.).

CLASSIFIED

Terrace Review

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4535 Greig Avenue,
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Phone 635-7840

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Employment Opportunities

NORTHWEST COMMUNITY COLLEGE TERRACE



INVITES APPLICATIONS FOR PART-TIME BUSINESS ADMINISTRATION INSTRUCTORS

Northwest Community College in Terrace is seeking applications for the following part-time positions in our Business Administration Program:

Applied Microcomputing for Business, MSDOS Introductory Business Law Auditing Credit and Collections

One or more of these positions may be required for the semester commencing January 1991.

Successful candidates require appropriate professional qualifications and/or equivalent experience. If you have expertise, some available time and a willingness to share your knowledge, we would be interested in hearing from you.

All positions will be covered by the Collective Agreement between the College and the B.C.G.E.U.

Applications and resumes should be submitted in confidence not later than **December 7, 1990 to:**

**Manager, Human Resources
Northwest Community College
Box 726, Terrace, B.C., V8G 4C2**

The Inn of the West has an immediate opening for a **Front Desk Clerk**. Applicants must be able to work Sunday thru Wednesday, 11 p.m. to 7 a.m.

Basic office skills such as typing and filing are required. As well applicants must be able to work well in a team environment with a positive attitude.

We offer a competitive salary and a full benefit plan. Please apply in person with application and resume to the Inn of the West. No phone calls please.



**Inn of the West
4620 Lakelse Avenue
Terrace, B.C., V8G 1R1**

Employment Opportunities

COMMUNITY INITIATIVES PROJECT CO-ORDINATOR

The Ministry Responsible for Women's Programs has a 12-15 month part-time contract opportunity available in Terrace. The initial contract will be for a six-month period from January 2, 1991 - June 30, 1991.

As a Community initiatives Project Co-ordinator, you will establish the Community Initiatives Program for Women in the North Coast/Nechako Region.

Your task will be to help communities develop a co-ordinated planning mechanism for delivering community-based services to women. This will include assisting communities in needs assessment, community planning, development and delivery of pilot projects, and accessing funding.

We are looking for someone with demonstrated experience in community development, planning and assessment; knowledge of existing programs and services for women in the region; knowledge of provincial, federal and other funding programs; excellent interpersonal and communications skills; and good judgement, tact, and the ability to achieve goals by working with others.

Extensive travel within the region is required, using own transportation.

Remuneration: Commensurate with qualifications and experience.

If you are interested in this challenging opportunity or if you would like more information, please contact: **Connie Morahan, Women's Programs, Ministry of Government Management Services and Minister Responsible for Women's Programs, 1809 Douglas Street, Victoria, B.C., V8T 4K5. Phone: 356-8129.**

Application deadline: December 14, 1990.



Ministry of Government Management Services and Minister Responsible for Women's Programs

JOB OPPORTUNITY

AGK Telecommunications operates a Mobile Radio Repair facility and Telecommunications Network in Northern B.C. and we have an immediate opening for an **Office Support/Counterperson** in our Terrace office.

The successful candidate should be an extremely well-organized, professional "people person" with a strong desire to grow and participate in this very exciting industry. Although we are not requiring the individual to have a background in Telecommunications, we will look for a person with the necessary skills and attitude to become an effective member of our team. Some general office experience and a valid drivers licence is required.

We offer a competitive salary, full benefit plan and flexible working environment.

Please reply in confidence to: **AGK Telecommunications, 3974 Old Lakelse Lake Road, Terrace, B.C., V8G 3V1, fax 638-0210. Attention: Mr. Glen Kathler.**

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H.D. thickness planer, 3 ph., 25 1/2 w. cut 9" D, \$6,000; Makna 12" thickness, jointer planer, \$1,750; Makita 16" bandsaw, \$1,500; Dewalt 14" H.D. radial arm saw, \$1,500; 1 pr. 15-ton track jacks, \$300; 3 only 12-ton hyd. jacks, \$150; Wadkins H.D. 12" table saw, 3 ph. or 220, \$3,000. Call for info or viewing, 635-2533 or 638-1586. 12/5p

Laser Ex 128 computer, expanded memory to 512K, completely compatible to school's Apple II's, coloured monitor, Roland printer and some programs. Asking \$1,100. Call 638-1586. 12/5p

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Announcements



Engagement

Kenneth and Rebecca Sundberg of Terrace, B.C. are pleased to announce the engagement of their daughter Kiera Louise Sundberg to Jacob Jason Polzin, son of Don and Carol Fague of Ardie, Alberta.

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Gas conversion sale: Rheem 40 gallon electric hot water tank, \$150; Beach 66,000 BTU oil furnace, approved for mobile home, 125 gallon fuel tank with about 30 gallons of fuel oil, offers. Call 635-4810. tfnp

For sale by owner — Buy direct; save the commission. Undeveloped, treed lot with character in Thornheights subdivision. Call 635-6244 to view. tfnp

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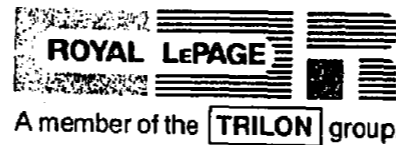
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For Rent

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Notices

Kalum Family Day Care has openings. Fenced yard, pets and toys. Ages newborn to 12 years. Full-time, part-time or drop-in available. Phone 638-8429 or 638-8398. tfnc

RED CROSS LOAN Cupboard. The hours for the Terrace Loan Cupboard are as follows:
Mondays from 9 to 11 a.m.
Thursdays from 10 a.m. to 12 noon.

The Cupboard is located in the Skeena Health Unit, 3412 Kalum Street. Emergency inquiries can be made in between service hours at the following numbers: 635-2122 or 635-7941. tfn

The Terrace Women's Resource Centre will be offering a two-day workshop to bring women together who are from alcoholic backgrounds at the Terrace Public Library Friday, Dec. 7, 9 a.m. to 3 p.m. and Saturday, Dec. 8, 9 a.m. to 1 p.m. We will be offering guest speaker presentations and resources for alternative living, in a safe and friendly environment. Seats are limited, so please pre-register by calling Teresa or Bev at 638-0228 or 638-0994, Monday to Friday, 12 noon to 4 p.m. 12/5p

Don't miss Caledonia Senior Secondary School's Christmas concert on Wednesday, Dec. 12 at 7:30 p.m. at the R.E.M. Lee Theatre. Free admission. Everyone welcome!!! 12/12p

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COMPUGRAPHIC POWERVIEW operator required for weekly newspaper. Approximately three afternoon shifts per week. Only experienced need apply. Dave 1-792-1931 Mon.-Fri. 1-792-3466 evenings & weekends.

CHATEAU LAKE LOUISE requires a Reservations Manager. Reporting to our Front Office Manager, your duties will include ensuring the proper training of agents, monitoring house counts and accommodating tour spacing requests. You will also ensure final room counts are received. An overall front office background is required and you must possess supervisory skills in order to oversee a department of seven agents. Also, computer experience is essential. Subsidized accommodations, comparable wages and a medical package will be offered to the right candidate. Please submit your resume to Chateau Lake Louise, Human Resources Department, Lake Louise, AB, T0L 1E0.

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INSTRUMENT MECHANIC/permanent position. Titan Electric & Controls Ltd., has an immediate opening for a journeyman instrument mechanic position in our Ft. St. John, B.C. area. Applicants are required to have a good background in oilfield construction and plant maintenance. Titan Electric & Controls Ltd. offers competitive wages and an excellent benefit package. Relocation allowance available. Please send resume to: #8, 8820-100 St., Ft. St. John, B.C. V1J 3W9. Attention Area Manager.

Chrysler Parts Person required for the Williams Lake area. Wages to commensurate with experience. For more information, please contact Parts Manager at 1-(604)392-2305.

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WANTED

Are you looking for work in the Community newspaper industry? We keep resumes of reporters, photographers, etc., on file for our 104 member newspapers. If you would like to take advantage of this opportunity please submit your resumes and a covering letter to BCYCNA, 414-1033 Davie St., Vancouver, B.C. V6E 1M7.

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Roommate wanted to share four-bedroom house in town. \$350 per month, all included. Phone 635-5385 to view. 12/5p

Journeyman carpenter will do finishing work, renovations, cabinet installation, patios, etc. Phone 635-6277 after 6 p.m. 1/16p

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Legal

No. 4802
Terrace Registry
**IN THE SUPREME COURT
OF BRITISH COLUMBIA**

RE: Mortgage granted to Gerald David Friel by Bank of Montreal
BETWEEN: Bank of Montreal, Petitioner AND: Gerald David Friel (a.k.a. Gerry Friel); Sheila Marilyn Friel; Workers' Compensation Board; Pacific Credit Bureau Services Ltd. (now known as Thomas Downie Holdings Ltd.), Respondents TO: Sheila Marilyn Friel.

NOTICE

A Petition for Foreclosure has been issued by Bank of Montreal naming you as Respondent; foreclosing property described as:

All and singular that certain parcel or tract of lands and premises situate, lying and being in the Prince Rupert Assessment District, in the Province of British Columbia being more particularly known and described as:

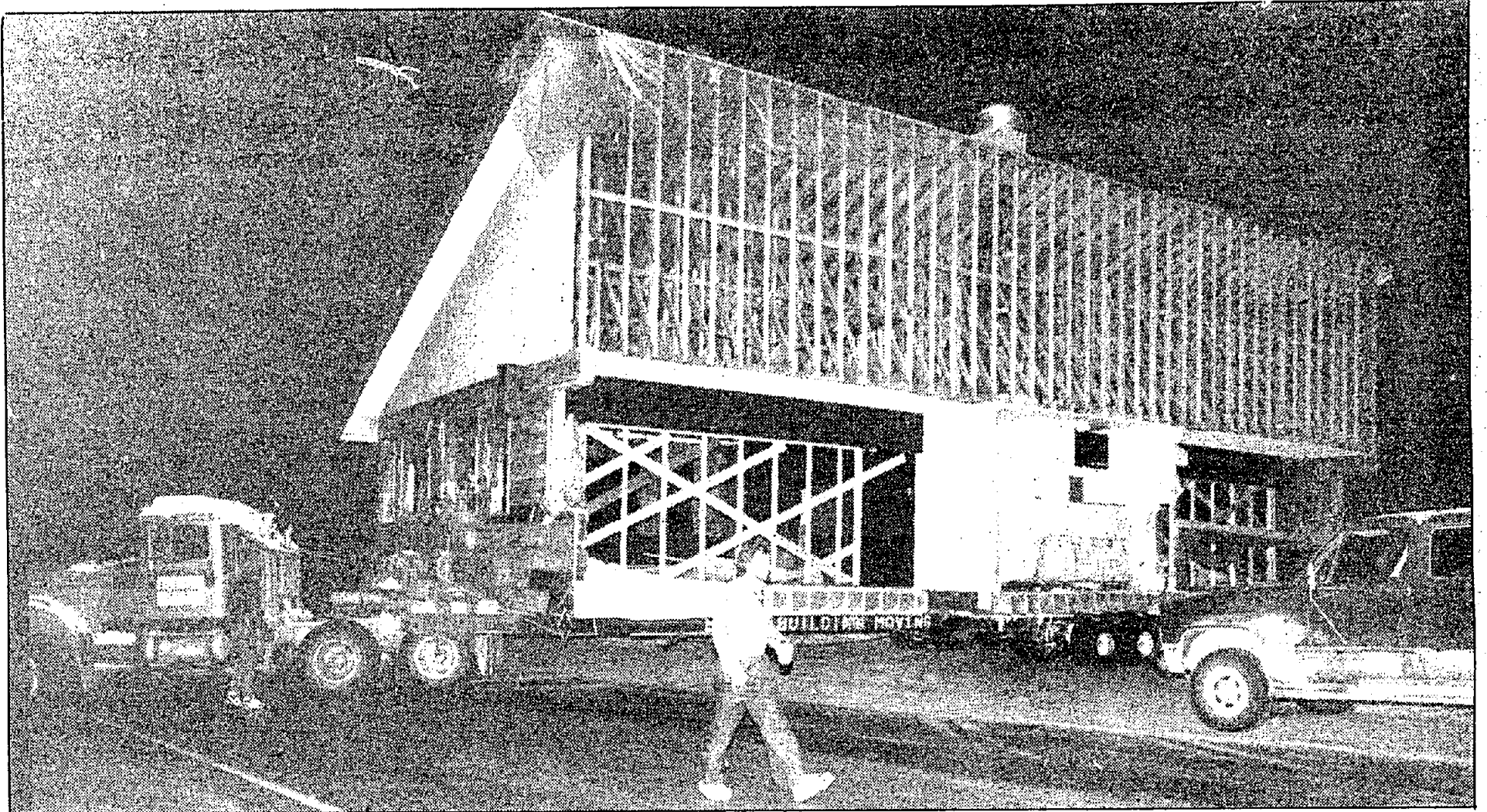
That part of District Lot 1036 lying West of the Northerly prolongation of the East boundary of District Lot 1037 Range 5 Coast District

By reason of your whereabouts being unknown, A Judge of the Court has the 14th day of November, 1990 ordered that you may be served substitutionally by one publication of this Notice on any day other than a Sunday. You may inspect the Petition at the Office of the Registrar at The Supreme Court of British Columbia, 3408 Kalum Street, Terrace, British Columbia. If you wish to defend the action, you must give notice of your intention by filing an Appearance in the above Registry within fourteen (14) days of the publication of this Notice. In default of Appearance, you will not be entitled to notice of any further proceedings. A copy of the Petition and supporting material will be mailed to you upon receipt of a written request to the above — named Registrar.

ROBERT J. ELLIS
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Too Late To Classify

FOR RENT — Available immediately one bedroom suite on Queensway. No pets. \$350 per month. Phone 635-2837. 12/5p



SHAMES ON THE MOVE - Last Saturday night, the first quarter of the Kitsumkalum Day Lodge was transported from the old Kitsumkalum ski area to the Shames Mountain Access Road for re-erection at the Shames Mountain base area later this week. It is hoped, weather permitting, that the Day Lodge will be structurally sound and ready for use by Christmas.

Life on the other side - a personal view

by Tod Strachan

November 18 to 24 was National Addictions Awareness Week. The theme, "Keep the Circle Strong," was adopted from a Northwest Territories campaign and conveys the message that a growing circle of individuals, families and communities have chosen a lifestyle free of alcohol, drug and solvent abuse. The week was designed to encourage people to join and strengthen the circle of life.

In recognition of this event, the Terrace Review went to the Terrace Regional Correctional Centre to talk to a few inmates. We wanted to know how events in their lives led to their imprisonment and what they might have done to change it. There were several volunteers — eager, willing to help — people with concerns about their lives and the lives of their fellow citizens, average people in many ways. Except they're in jail.

They named three main reasons for substance abuse: peer pressure, examples set by adults, and the boredom of living in a small, isolated community. And while several solutions were suggested, there was a single theme: Listen to what they have to say... and learn.

We would like to thank these people for their willingness to speak out.

At 14 years of age Ray was finding life difficult, both at home and in school, so he began smoking marijuana, "Pretty well steady." When he was 16, he added alcohol to his recipe for peace of mind and by the time he was 18 he was an alcoholic.

Ray managed to suppress his craving for alcohol — he hasn't had a drink for about eight years — but not his craving for marijuana. He continued smoking, lost his job when he was about 25, and as a result began selling a little "pot" on the side to support his habit. Now, at the age of 28, he is serving four months in the Terrace Regional Correctional Centre for selling marijuana.

Ray's story isn't unusual. We talked to seven inmates at the correctional centre and they all said the same thing. They began drinking or "doing drugs" at an early age due to peer pressure or the example set by their parents.

Percy, 20, had his first drink the day before he was to begin Grade 8. "I got totally plastered," he remembers. "Just me and my other two buddies. We went through three twenty-sixers of Canadian Club." Percy didn't feel well the next day, the day he was to begin Grade 8, but he found a quick solution: "The way to beat a hang-over is to stay drunk... We took four mickeys on the bus."

Percy failed Grade 8 that year because of alcohol, he now admits. "I was missing a lot of school... Not doing my homework," he recalls. In retrospect, he doesn't look back at that first drinking experience with any great pleasure. "I wish I had never started drinking," he says six years later. "It's holding me too far back. All I can say is that alcohol is..." Percy is still trying to get his Grade 12 and is serving time for alcohol-related offenses.

George, 39, grew up on in a small, remote community where, "The priest was a drunk." Today, he's in jail. He doesn't remember how many times he's been there before, but his record lists everything from alcohol-related offenses to armed robbery; something you do when no one will hire you and you need money to buy a drink.

Jim, 21, is in jail as a result of an alcohol-related offence. He told us a bit about his past and what he could remember of one incident from his past: "The night I wrecked my truck."

Jim had too much to drink but that didn't stop him from "racing" a friend as they drove back to Terrace.

About 30 miles out of town, Jim lost control when he entered a corner at about "three times the speed limit". The pickup rolled nine times before coming to rest and both he and his passenger (neither of them wearing a seat

belt) were thrown from the vehicle somewhere in the process.

Jim's injuries were not serious, he only spent a week in the hospital. But his passenger was hospitalized for six months with a broken back and fractured pelvis.

"I don't remember that night," he told us. "I smacked my head on the pavement a few too many times." But he swears it will never happen again: "There's no doubt in my mind that I wouldn't have gone into those corners over three times the speed limit if I hadn't been drunk. But when you've had a lot to drink you don't really realize the speed... You're not aware of any danger."

It was a hard lesson. Jim had been "getting hammered" and driving his truck every weekend for five years and had never had an accident. It finally caught up to him.

He says "it will never happen again", but the cause of that accident hasn't gone away. Jim is in jail for a more recent incident of alcohol abuse. Still, his message is clear: "It will catch up to you if you keep doing it."

Jim admits he and his friend were lucky to have survived that accident a little over a year ago. Many others aren't. Ray remembers a 16-year-old friend who died after he was ejected from a New Year's Eve house party. It was a "drinking" party, and the young man was severely beaten before being thrown out of the house into sub-zero weather.

He wasn't wearing a coat and there were a few present who could see he was in trouble; he was falling asleep, hypothermia was setting in. But they were drunk and not thinking clearly. They left him laying in a snow bank while they went to get help. Because they were intoxicated, the people who called the ambulance had a hard time remembering where he was. A 16-year-old boy froze to death as a result.

The same thing almost happened to George. He nearly froze to death. But in his case, a couple of friends found him, loaded him on

a child's sleigh, and took him home. "That's a bad thing in the winter," says George. "You get so drunk... Some people don't even get half way down the street and they're in the ditch asleep. You don't realize that if you fall asleep you'll be dead in the morning. You just don't see it that way."

Jack, 40, started drinking home brew when he was eight. He was living in a foster home; both his natural parents were alcoholic and couldn't look after him. Over time, Jack became an alcoholic himself, and as he looks back on his life he says only one thing... he's angry. Not so much with his parents, foster parents or himself; as he puts it, "I'm just mad about the alcohol that's out there in this world."

He explains: "My parents, they drink a lot. I've been watching what they've been doing, watching them hurt each other. And I just... I just keep my mind shut. You just close up. You don't want to think about it."

But if Jack had thought about it, talked about it, his life might have turned different. Instead of being in jail, he might be home with his family. But Jack didn't do either of those things, and as a result of his own alcoholism left his first wife when his daughter was only two and his son only six months old.

With his life's experience, we asked Jack what he would tell his own kids today. "I would want them to know," he said, "that alcohol is bad. Drugs, I don't need them... I don't go for it. I don't care for it. And I just hope they don't take anything like that."

George agrees: "All I can say, is that if they're drinking now, stop. Take charge before it stops you." And from Ray: "Make a life for your self before you destroy it with alcohol and drugs."

Of course most kids will say, "I can handle it". But Ray is one person with enough experience to tell those kids they just might be dead wrong. "How many of them

cont'd on page A15

Liona Boyd, an eclectic treat for Terrace



LIONA BOYD: I started writing songs when I was in New Zealand and got tired of counting sheep.

by Betty Barton

Liona Boyd, acknowledged as one of the world's leading classical guitarists, will be performing to a full house in Terrace at the R.E.M. Lee Theatre tonight.

She was last in Terrace thirteen years ago in a snow storm similar to the one we had this week, on her first big tour of over thirty performances in northern B.C. including Vanderhoof, Fort Nelson, and Fort St. John. A friend of

Liona's mother wanted to know why she was always playing in "Forts", thinking they were military installations. Liona says she really enjoys performing for small town audiences because, "the audiences are so appreciative, and it's more intimate." She adds, "When I'm on tour, particularly in December, the travelling is so stressful. Travelling from Smithers on the train on Monday was like a scene from "Dr. Zhivago". Playing is the most relaxing time."

From the strength and fluidity of her performances, it is hard to believe that Liona Boyd always wanted to be a writer. English was her best subject in school, she wrote poetry and often won writing competitions. Both Liona's parents were teachers from Britain. When they were contemplating immigration, they had the options of Bolivia, Toronto or British Columbia. They thought British Columbia was in South America and so chose Toronto. The family did live in Mexico for a period, but the children had become so attached to Canada that they finally moved back.

At age 14, Liona heard a Julian Bream concert in Toronto and was inspired to begin guitar lessons. Her music teacher encouraged her by saying that one day she would release a record. Liona didn't believe her, but continued to enjoy the lessons and progressed rapidly. Writing is still a love of hers and she is pursuing that love in the form of an autobiography. It will highlight her early concert tours, one incident of which she remembers with a laugh, "I was doing a concert in Rio de Janeiro and the concert hall caught on fire. They evacuated the building and forgot to tell me. I was in my dressing room at the time."

When she finished school, Alexander LaGoya invited her to study with him in Europe. She went, honoured by the offer, but assuming it would be just a short stay. She studied with him for two years. When she got back to Canada, she had won the Canadian National Music Award. CBC aired her work and she began to hear from colleges requesting guest performances. Then composers started writing for her. "I didn't really plan it out (a career as a

classical and pop guitarist). One thing just led to another. I love the variety of my career."

In recent years, Liona turned her hand to composing as well as performing, partly as a result of persistence on the part of Gordon Lightfoot, "Why don't you write your own music instead of performing the works of these long-dead composers?" "I started writing songs when I was living in New Zealand and got tired of counting sheep on tour." explains

"Liona Boyd in Costa Rica". The video was filmed there last March with the Costa Rica Symphony. She's done a record for Air Canada to be aired on their flights for the next two months and sold through their mail order catalogue.

After she completes her concerts in Terrace, Prince Rupert, Kitimat, Denman Island and Duncan, Liona Boyd will return to Toronto for one concert before Christmas and do some in-store promotions for "Paddle to the Sea". Then, she and

"Travelling from Smithers on the train was like a scene from 'Dr. Zhivago'"

Liona.

From her debut album "The Guitar" to her 17th record "Paddle to the Sea" (a classic American children's story, with a lot of Canadian content), Liona's career has been varied, eclectic and prolific. "I loved the story (Paddle to the Sea) so much when I was a kid. I designed all the guitar pieces. They've put in the wonderful sound effects." Boyd also does the variety of vocals and accents on the record. A drama coach helped her on this project, produced this summer in Toronto by Oak Street Music.

Liona recently wrote a piece for country singer Rompin' Ronny Hawkins and the music and lyrics for Kimberly Richards. She'll play on Richard's album. She is presently working on a jazzy pop record, as yet untitled, featuring Madonna's percussionist, saxophone, Liona on guitar and "I do a couple of vocals, as well", adds Liona.

She has a video coming out this week on Much Music called

her boyfriend will travel to Mexico for three weeks. Liona lived in Mexico with her family, feels at home there and speaks Spanish. They will spend their first week on a yacht lent to them by friends.

Then it's off to Los Angeles where Liona's new agent works. There she will work with Julian Lennon (John's son) on his newest album and she will guest on a couple of the pieces. After that, a tour of Brazil is being organized. She likes to do at least two international tours a year. In March, Liona, her parents and her brother or sister will do a musical cruise around the Caribbean. Liona is looking forward to spending some time with them. As she's on tour for at least six months every year, this will be a rare treat.

For those of you lucky enough to have tickets for the Liona Boyd concert tonight, enjoy!

"I love the variety of my career."



THE TERRACE ART ASSOCIATION held their annual Christmas Arts & Crafts show last Saturday to the delight of area residents. Everything from hand-dipped candles to weaving to creative Christmas decorations was available to Christmas shoppers.

Whatever you wear
We clean with care.

only
\$110

WEDNESDAY IS DIRTY SHIRT DAY

Men's or Ladies' cotton blend dress or business shirts expertly laundered.

- ✓ Only drive-thru in town
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- ✓ Drop off point at Thornhill Public Market

Richards Cleaners

8:00 a.m. to 6:00 p.m. — Monday to Friday
8:30 a.m. to 5:30 p.m. — Saturday
KIDDIE CORNER FROM THE POST OFFICE

Government seeks pond problem answer

A solution to ponding in the Heck Brook ravine may be getting close. The regional water manager for the Ministry of Environment, Wilf Dreher, has asked Stan Kinkead of Samson's Poultry Farm to come up with an acceptably engineered plan by the end of the year which will finally eliminate the problem for good.

In a letter to Kinkead dated Nov. 19, Dreher states: "In order to re-establish adequate drainage, I request that you submit to this office by December 31, 1990, a drainage plan or plans, prepared by an appropriately qualified engineer. The proposed drainage system shall have sufficient capacity to accommodate the 1:10 year (once every 10 years) instantaneous peak flow to be expected in Heck Brook."

He adds to this, "The proposed drainage shall be by gravity

through open ditch or culvert and shall not cause ponding except during floods exceeding the 1 in 10 year peak flow."

In a phone interview Tuesday, Dreher confirmed that fact that an existing 10-inch culvert is not sufficient to meet this 1 in 10 year peak flow, and that in consultation with both his staff and that of the Terrace Public Works Department it has been determined that a satisfactory culvert size would be closer to three feet.

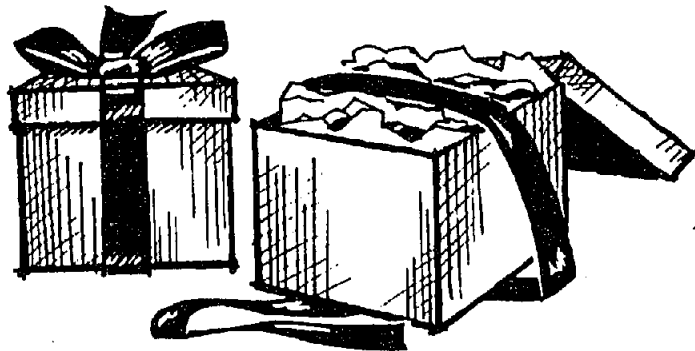
Dreher says he hopes a satisfactory solution will be found soon, but adds that if it's not he is prepared to issue an order under section 37(d) of the Water Act. Under this section of the act, the Water Management Branch has the authority to order the removal of any works capable of diverting or blocking the natural flow of water.

RENTING?

The Residential Tenancy Branch, which resolves disputes between landlords and tenants, has moved to:

**Fourth Floor - 5021 Kingsway,
Burnaby, B.C., V5H 4A5
Phone 660-3456
Fax 660-2363**

**This Festive Season,
don't let your gift
packages get tied
up in security**



For your personal safety, all parcels carried on board aircraft may be opened at the security screening checkpoint.

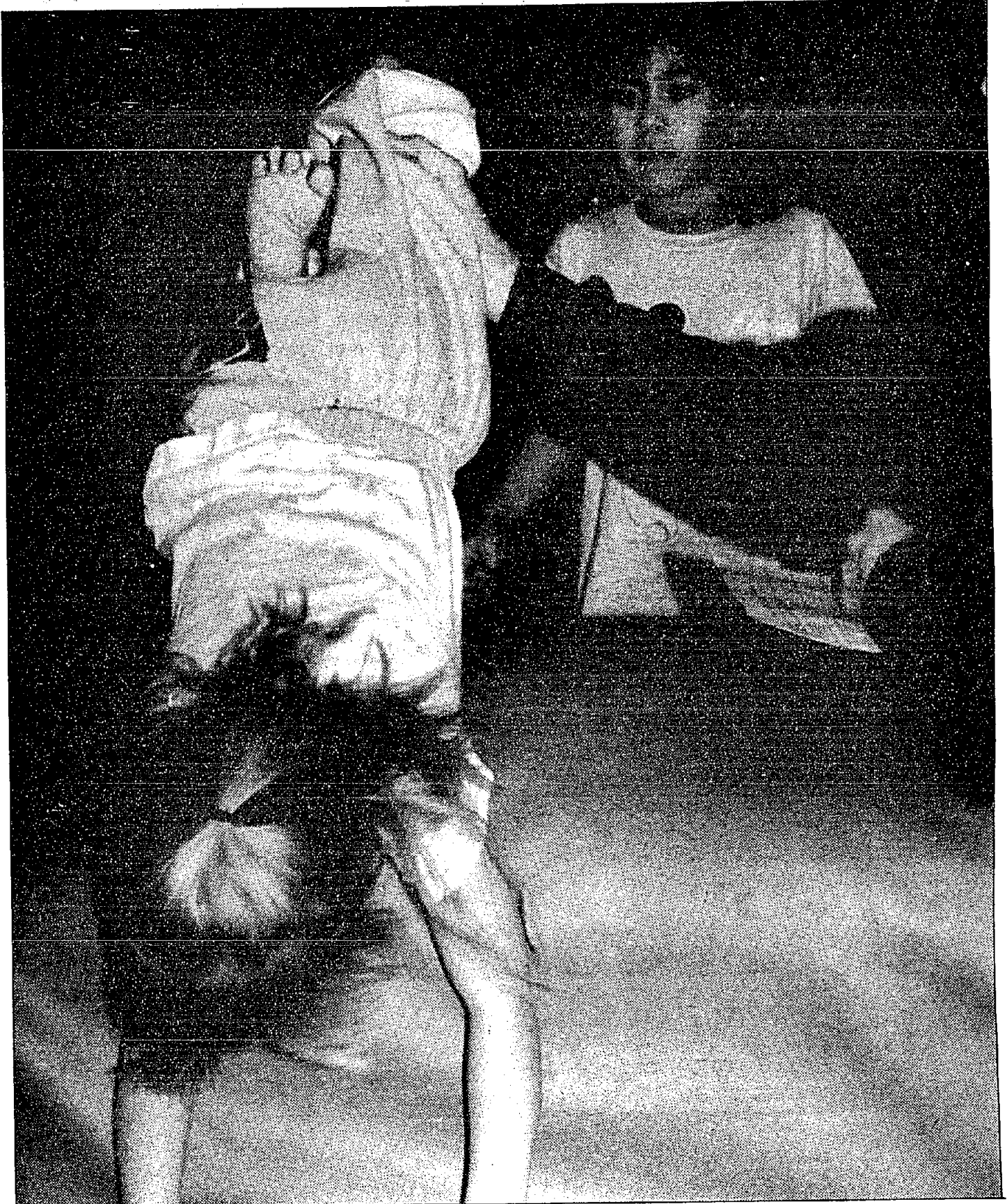
This festive season, don't let your gift packages get tied up in security. Wrap all carry-on presents at your destination.

*SEASON'S GREETINGS
from your airport staff*



Transport Canada / Transports Canada

Canada



Doing their part for travel costs and the Peaks Gymnastics gymnasium, young gymnasts under the direction of head coach Pat McRoberts participated in a fundraising Flipathon last Saturday morning. The final count isn't in, but money raised by recreational members will go towards the new gymnasium, that by competitive members towards travel. Above, Lindsay Bjorgaard, 3-1/2, gets a little help from Mom as she tries a never-before-seen move during the early hours of the Flipathon.

Corrections centre — continued from A13

have already died," he asks? And George adds, "If your friends are drinking that doesn't mean you have to drink along with them."

This, of course, is the message most parents offer their kids, but it's a message, it seems, that almost never gets through.

"They usually don't believe their parents," Ray points out, and offers a possible solution. "The governments going to have to start taking responsibility for teaching those kids what alcohol does to the system," he says.

And he has more advice to offer. Raise the drinking age to 25. But that won't stop them, said Dick. "It will slow them down," Ray replied. "It won't slow them down a bit," Dick was firm.

So Ray offered another solution.

Make bootlegging just as serious a crime as trafficking drugs. Peddling alcohol, in fact, should perhaps carry a more severe penalty than marijuana, he adds. After all, he says, marijuana doesn't destroy the body's internal organs like alcohol does.

No one really agreed on any solutions, but every one of the inmates we talked to agreed on one thing: the use of alcohol and drugs is a personal choice, and it should be an educated choice.

And perhaps the best education of all is to take a look inside a correctional centre. With very few exceptions, every inmate there began abusing alcohol or drugs at an early age. And every one of them will admit, they truly believed at the time they began, "I can handle it."

We're left with the questions of how the lives of these men would have turned out if they had been right, of how many teenagers will be in jail five or 10 years from now to tell a reporter what went wrong and how others might avoid making the same mistakes. Who will next end up like the 16-year-old who froze to death in a snow bank while his intoxicated friends tried to remember where they had left him, and whether young people can learn from the experiences of others.



**Dave Parker
M.L.A. for Skeena
635-4215**

THANK YOU
Special Thanks to our daycare mom for the anonymous delivery of Balloon Chandellers and Christmas Loot Balloons from Heather's Balloon Magic.

Sunshine Family
Daycare Children

**If you don't know
what's going on,
things go on
without you.**

read the
Terrace Review

Minister to appoint trustees

TERRACE— The composition of one-third of the board of trustees for School District 88 is now in the hands of the Minister of Education.

At a board meeting Nov. 13 in Hazelton — the last meeting before the six trustees acclaimed to the new board will be sworn in — a resolution to ask the minister to fill the three vacant board seats was passed. Board chairman Edna Cooper said she isn't certain how

long the minister will take to make the appointments, but added, "I hope it doesn't take too long."

Three of the nine seats on the board are vacant because there weren't enough people nominated in the election held Nov. 17. One vacancy is for a Terrace trustee, one for the villages of Gitwagak, Kitwancool and Kitsegucla and one for the Hazelton-Kitwanga area. At the Nov. 13 meeting the board received a letter from Carol

Tonnesen recommending Mary Spooner as a possible appointment for the Hazelton-Kitwanga area and voted to pass the letter along to the minister for his consideration.

Anyone who would like to put his or her name in for a seat on the board is advised to write to the minister and send a copy of the correspondence to board chairman Edna Cooper.

Skeena honour roll released

The administration of Skeena Junior Secondary School last week released the names of students who make the Honour roll compiled at the end of November. Honours indicates a grade point average between 4.375 and 5.0; Meritorious Achievement 4.25 to 4.375; and Honourable Mention 4.00 to 4.25.

The students are:

GRADE 8 — Honours: Kevin Andrews, Janine Arnold, Lindsay Bailey, Matthew Ball, Heather Connacher, James Cossett, Bryan Crampton, Erin Davies, Andrew Dehoog, Jessica Eades, Scott Gingles, Jeremy Gwilt, Ellie Higginson, Jill Iversen, Glendon Lorenz, Farrah Main, Aisha Manji, Garth Mc-

Kenzie, James Miskelly, Harik Nijjar, Kylie Oman, Jassie Osei-Tutu, Angela Palmu, Jennifer Perreault, Patrick Phillips, Ryan Shannon, Karen Shepherd, Angie Sparks, Heidi Turner, Michael Vandermeulen, Joelle Walker, Christine Zaporzan.

Meritorious Achievement: Shauna Austin, James Irvine, Jaime Janzen, Craig Johanson, Matthew Kerby, Jennifer Kuehne, Margot McKeown, Jim Reid.

Honourable Mention: Scott Bromley, Yolanda Burke, Steven Critchley, Esther Deleuw, Dustin Dunbar, Suzanne Ebeling, Gungeet Gill, Cindy Praught, Brandy Rafuse, Daniel Raposo, Terry Smith, Laura

Yip.

GRADE 9 — Honours: Deborah Casey, Norman Greger, Binh Du, Stephen Fleming, Lana Geier, Brandy Hansen, Erik Hernes, Pauline Lepp, Jennifer McMyynn, Leslie McQuade, Lucy Milhomens, Sonita Nahal, Erin Parr, Lara Tessaro, Suzannah Vandevelde.

Meritorious Achievement: Theresa Anderson, Sandra Mantel, Gurpreet Sidhu, Jillian Smith.

Honourable Mention: Shane Dejong, Cynthia Dow, Gurpreet Gill, Leanne Hidber, Rupinder Kandola, Sherie Postuk, Dawn Thomsen, Anne Vu, Jonathan Wentzell, Natasha Young, Jennifer Zucchiatti.

GRADE 10 — Honours: Trevor Barr, Ngaio Beausoleil, Curtis Bretherick, Sunny Deol, Bao-Van Diep, Fraser Downie, Tien Du, Shannon Hamhuis, Emily Henderson, Stephanie Hynes, Robbie Larmour, Fraser McKay, Kenna Miskelly, Christine Morrison, Jackie Palmu,



The Salvation Army began reminding people Saturday that their Red Kettle campaign is underway, the group's annual effort to make Christmas a better time of year for the needy in the community.

Manpreet Parmar, Anthony Deol, Margaret Favela, Bryan Roodzant, Parmpal Sandhu, Jon Shepherd, Kezia Sinkewicz, Brenda Wiebe, Brett Wilson.

Meritorious Achievement: Matthew Soules, Julie Teixeira.

Honourable Mention: Jazzie Zilinski.

And the winners are...

These are the winning lottery numbers as provided by the B.C. Lottery Corporation. In the event of a discrepancy between these numbers and those held by the corporation, the corporation's numbers shall be held as correct.

LOTTERY	DRAW DATE	WINNING NUMBERS
LOTTO 6/49	Dec. 01, 1990	03-05-14-26-34-41 Bonus 12
	Nov. 26, 1990	12-21-28-34-38-39 Bonus 25
EXTRA	Dec. 01, 1990	03-14-24-55
	Nov. 28, 1990	30-68-88-99
LOTTO BC	Dec. 01, 1990	01-03 09 20-24-38
EXPRESS	Dec. 01, 1990	430259 020729 741359 704121
PROVINCIAL	Nov. 30, 1990	4928789
BC KENO	Dec. 01, 1990	14-16-20-21-24-36-46-50
	Nov. 30, 1990	11-12-37-38-40-48-52-56
	Nov. 29, 1990	11-13-15-23-39-47-54-56
	Nov. 28, 1990	03-19-23-30-36-49-51-52
	Nov. 27, 1990	07-16-22-28-34-36-41-42
	Nov. 26, 1990	04-13-21-26-41-45-47-53
CELEBRATION 91 EARLY BIRD DRAW	Dec. 02, 1990	7540938 6388722 994B399 970B903 251D944 234A628 125C478 349A051 232C531 349A911 554C503 885A885 826C247 976A374 893C545 409B579 244D218 552B967 273D367 627B508 452D840 628B946 487D823 680B551 779D512
PUNTO SELECT FOOTBALL	DEC. 02, 1990	BUF wins by 5 - 8 ANA wins by 14 - 19 WASH wins by 20+ PHX wins by 0 - 4 SEA wins by 0 - 4 LA wins by 0 - 4
PUNTO SELECT HOCKEY	Dec. 01, 1990	EDM wins by 2 QUE wins by 2 CAL wins by 2 MIN wins by 3 NJ wins by 3 TOR wins by 1
PUNTO ACTION FOOTBALL	Nov. 22, 1990	01 04
	Nov. 25, 1990	05 08 09 10 12
		14 16 17 20 21
	Nov. 26, 1990	24 26
		28
PUNTO ACTION HOCKEY	Nov. 23, 1990	02
	Nov. 24, 1990	04 05 00 09
		12 13 16 17 20
	Nov. 25, 1990	21 24 20
	Nov. 26, 1990	27

KERMODE FRIENDSHIP SOCIETY ARTS AND CRAFTS CHRISTMAS FAIR
December 7, 1990
 Upstairs at the Kermode Friendship Society Centre.
 9:00 a.m. to 4:00 p.m.
 Table Fee: \$10.00 per table
 Phone in for reservations and pay fee.
 (LIMITED AMOUNT OF TABLES)

NEW IN TOWN?
LET US PUT OUT THE MAT FOR YOU!
be sure to call

Karen: 638-0707
Katharin: 635-7504
Brenda-Lee: 635-2605

In Terrace Court

The following convictions took place in Terrace adult criminal provincial court on the dates indicated according to information provided by the court registry.

Friday, November 2
 Franklin Robert Dixon was fined \$300 and given a one-year driver's licence suspension for driving with a blood alcohol content over the legal limit.

Samuel Jonah Gray was sentenced to 14 days in jail and placed on probation for nine months for driving with a blood alcohol content over the legal limit.

Mervin Grant Windsor was sentenced to 14 days in jail and given a one-year driver's licence suspension for driving with a blood alcohol content over the legal limit. Grant was also fined \$300 for driving while disqualified.

Thursday, November 8
 Wilfred James Kilgren was given two three-year suspended jail sentences for uttering a forged document and fraudulent impersonation.

Christopher James Brown was given three seven-day consecutive jail sentences on two counts of failure to comply with a condition of recognizance and two seven-day consecutive sentences for theft. Brown was also placed under five concurrent one-year probation orders.

Farron Balatti was fined \$500 for driving while prohibited by a court order.

Friday, November 9
 Delores Sharon Hillis was fined \$300 for driving with a blood alcohol content over the legal limit.

Deborah McNeil was fined \$300 and placed on probation for one year for possession of narcotics for the purpose of trafficking.

Wilfred Anthony Duncan was sentenced to 90 days in jail for impaired driving. Joseph Ghislain Luc Harrison was sentenced to 30 days in jail for possession of narcotics for the purpose of trafficking.

Lack of sleeping quarters for visitors may kill some Winter Games events

The Terrace 1991 Northern B.C. Winter Games may have to cancel some events if billeting homes are not found for participating athletes.

Publicity chairman Maria Thomsen announced last week that the Games billeting committee has recruited only 700 of the required 1,800 billet spaces for athletes in the Games, happening in early February.

Thomsen says that events with the most athletes participating will have to be the first to go. Team sports are, of course, on the top of

the list. She elaborates, "A decision will have to be made in early January if more billets aren't forthcoming. We can't have them (the athletes) come if there's nowhere for them to stay. We have to be at the three-quarter point (1,350) by early January."

Billets need only basic accommodation. The athletes will arrive with their own sleeping bags and will be in Terrace for only three nights. Call the Games office at 635-1991 if you can offer your support.

COMING EVENTS

Our Coming Events column is a public service offered by the Terrace Review. Deadline is Friday at 5 p.m. Coming Events must be mailed in or dropped off at our office, 4535 Greig Avenue, typed or in legible writing.

Information concerning the Twin River Estates project is available from the Skeena Senior Citizens' Housing Society office, corner of Apsley Street and Lakelse Avenue, each Thursday from 2 to 4 p.m.

Branch 73, B.C. Old Age Pensioners Organization, hold a pancake breakfast at the Happy Gang Centre the first Saturday of every month from 8 to 11 a.m. Everyone welcome!

Building Healthier Babies has moved to our new home at 2510 South Eby St., beside the Terrace Child Development Centre. We would greatly appreciate any donations of baby clothes, furniture or maternity clothes that you may have. Please phone 635-7664 and we would be pleased to pick any donation up.

The Montessori Preschool is taking registrations for January, 1991. For more information or to register, please call Michele at 635-3087.

Wednesday, Dec. 5 — The Ksan House Society will be holding their annual general meeting in the library meeting room. All members and interested people are invited to attend. For further information, call 635-2373.

Wednesday, Dec. 5 — Meeting of the Terrace branch of Canadian Women in Timber will be held at the Skeena Health Unit gymnasium at 7:30 p.m. Phone Diana at 638-1602 for more information.

Dec. 5 and 8 — The Terrace Women's Resource Centre presents Women's Spiritual Dimensions. Three recent Studio D documentaries charting women's ongoing inquiries into a world of diverse beliefs, traditions and values. Dec. 5 at 7 p.m., The Burning Times; Dec. 8 at 12 noon, Adam's World. Free admission, one hour presentations. For more information call the Terrace Women's Resource Centre at 638-0228. See you there!

Friday, Dec. 7 — Kermode Friendship Society Arts and Crafts Christ Fair from 9 a.m. to 4 p.m. upstairs at the Kermode Friendship Society Centre. Phone in for reservations and pay fee. Limited amount of tables.

Dec. 7 and 8 — The Terrace Women's Resource Centre will be offering a two-day workshop to bring women together who are from alcohol backgrounds. Friday, Dec. 7 from 9 a.m. to 3 p.m. and Saturday, Dec. 8 from 9 a.m. to 1 p.m. at the Terrace Public Library both days. Seats are limited, so please pre-register by calling Teresa or Bev at 638-0228 or 638-0994 Monday to Friday, 12 noon to 4 p.m.

Saturday, Dec. 8 — Mrs. Santa is having lunch... come and join her!! This is the time of year for laughter, making new friends and joining old friends, for sharing hopes and aspirations, but above all for having fun. If you are interested, join us at the Terrace Women's Resource Centre, 4542 Park Ave., between 12 noon and 2 p.m. Each person should bring one present for the gift exchange (under \$5). Limited seating, so please register ahead. For more information, please call Bev or Pat at 638-0228.

Saturday, Dec. 15 — Choices annual Christmas party at the Terrace Arena banquet room. Doors open at 6 p.m., supper at 7 p.m. Live music to follow. Tickets are available at the Choices office, 2-3215 Eby Street. Ticket deadline is Dec. 5. For further information, call Jo at 635-7863 Monday to Friday, 8:30 a.m. to 4:30 p.m.

How much are those...



...doggies in the Terrace Animal Shelter. This pair are only a small part of 18 puppies dropped off at the shelter over one evening two weeks ago. Shelter staff said Friday that nine of the original group are still up for adoption. They are a selection of German shepherd-bear dog, shepherd-collie and shepherd-lab crosses, all between six and eight weeks old, dewormed, healthy and playful. You can find out more by visiting the shelter on Haugland Ave.

Northern university seeking first convocation members

by Nancy Orr

"The University of Northern British Columbia was born of the need of northerners," said Murray Sadler, Q.C., speaking to lunchtime guests during a noon hour break from the all-day meetings of the UNBC's Interim Board of Governors in Terrace Nov. 21.

"It came from the special problems of sending our sons and daughters south all the time, of the need to recognize the different needs of northerners, and of the need of research for northern questions and problems."

The legislation creating UNBC also created special legislation to give substance to the government of the new university.

"We have no alumni or convocation," said Sadler, "Therefore legislation will allow us to invite members of other alumni to join us and to allow unique powers to the people who created us. Thus from a line drawn approximately through 100 Mile House north, everyone who

signed the original petition to create the university is invited to become a member of the first Convocation of UNBC.

He said that letters will be sent to the original signers ("and we hope the addresses are correct") to invite them to become members of the original convocation, and that advertisements will be placed.

The creation of such a group is necessary for the election of a chancellor and all the business of running a university.

It is anticipated that the first meeting will take place early in the new year and that the actual Convocation in all its splendour and colour will take place in late spring.

Lands catalogue free

The Winter 1990-91 quarterly Crown Lands Catalogue, listing provincial government properties for sale, was released Nov. 26. For the first time, copies of the catalogue are available free to anyone who wants one.

Dave Parker, Crown Lands Minister and MLA for Skeena, explained the no-charge policy, saying, "By making this information more broadly available we hope to expand our marketing efforts and, equally importantly, to more clearly communicate to the

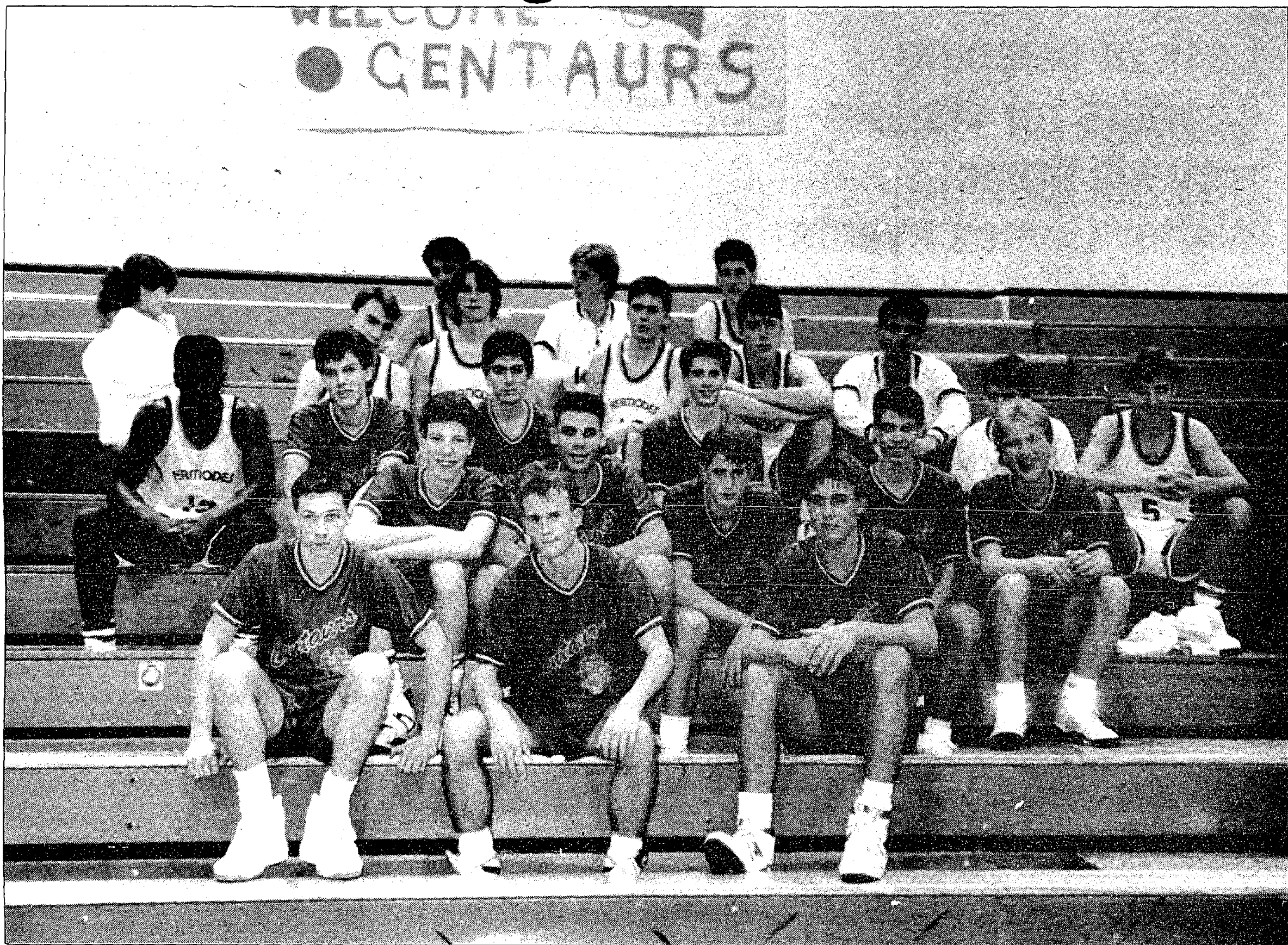
public the ministry's business and the philosophy guiding the sale and lease of Crown lands."

Estimated value of all lands offered for sale and lease in the catalogue is \$150 million. The properties listed are described by Parker as "surplus to government's short-term and long-term needs".

Copies are available through the Crown lands office in Smithers at 3726 Alfred Ave. or the Terrace Government Agent. The catalogue can also be viewed at the Terrace Public Library.

SPORTS

Kermodes give fans a show



Wearily but smiling, Caledonia Kermodes and Centennial Centaurs boys' basketball teams posed together on the bleachers in the Caledonia gym following an exhibition game last weekend.

CALEDONIA KERMODE BOYS AND B.C.'S NUMBER THREE-ranked Centennial Centaurs gave more than 600 fans something to cheer about as the senior high school boys' exhibition season opened last weekend at Cal high.

Although they lost both games, Kermodes proved they were contenders for high ratings this year.

Game two was the best — at least for the 40 minutes of regulation time. It was touch and go with Kermodes needing a hoop by Mike Parker in the last 20 seconds to tie it at 58-58 and send it into five-minute overtime.

Kermodes had come back from a 51-38 three-quarter deficit to outscore their opponents 20-7 in the final 10 minutes before the noisy crowd.

But they ran out of steam in the extra period as Centaurs scored two quick baskets and glided into high gear. Kermodes lost their momentum and watched Centennial outscore them 16-4 to wind up with a 74-62 victory.

Centaurs got a 23-point effort from Jeremy Low, which earned him his team's game star honour. Steve Dhansaw got the award for Terrace on seven points

and a great two-way effort.

Other Centaurs in double figures were Jason Killins (22) and Jeff Winslade (10).

Gary Peden was high gun for Kermodes with 16. Also in the twin-point category were Paul Manhas (12), Kannin Osei-Tutu (11) and Mike Parker (10).

Of the 46 fouls called, 24 went against Kermodes. At the foul line, Peden was best in canning six out of seven tries. Magnus Greaves and Dhansaw each got the gate for five fouls.

In game one, Kermodes held off the weary guests till the final five minutes when Centaurs moved into a six-point lead, then staved off Kermodes' last minute effort to count a 70-68 win.

Centennial had arrived in Terrace at 7:05 p.m., only 55 minutes before the scheduled starting time. Due to aircraft troubles at Vancouver they had to take the evening flight, which added to the weariness of waiting in the terminal.

Kermodes held quarter leads of 17-11, 32-30 and 51-48 in this crowd-pleaser. They had a last-second shot from centre for the tying points, but missed.

Centaurs had five players score in double figures, including game star Magnus Greaves who potted 15. Other high scorers were Chad Caldwell (14), Jeff Winslade (12), Jason Killins (11) and Jeremy Low (10).

Kermodes' game star was Paul Manhas, who fired home a phenomenal 29 points, including nine from the free-throw line.

Kannin Osei-Tutu offered up

13 points while Gary Peden came off the bench to tally 10.

Kermodes picked 26 of the game's 49 fouls. Low, Greaves and Mike Parker of Caledonia all fouled out.

Centennial now has a five-win, one-loss record. Kermodes will try to even their mark at two-and-two this weekend when Rupert Rainmakers visit for a pair of Saturday matches.

Junior boys' hoop begins

Local junior high school boys' 'A' basketball team made their debut last Friday as a preliminary to the Kermode-Centennial game. Skeena Tsimpseans came out on top, defeating Thornhill Wolverines by 77-58 score. Todd Delorme with 18 points and Kurt Muller with 29 were the game's high scorers.

Sing your way to the top of the charts

Come out to Karaoke Night and sing along with the lyrics as they appear on video.



Sundays 8 - 12 midnight & Thursdays 8:30 - 1:30
Join the chorus at George's Pub!
Northern Motor Inn, 3086 Hwy 16 E.,
Terrace phone 635-6375

*Karaoke - available for rent for Xmas parties

Rupert boxer top overall in annual Salmon Belt

Prince Rupert boxing fans enjoyed 10 bouts Nov. 24 at the annual Salmon Belt tournament in Rupert's Civic Centre. They also got to see former Canadian champ Ken Lakusta of Edmonton on hand to give out the awards.

The top honour, the salmon belt award, went to the best overall fighter. It was Rupert's Steve Jaeger who defeated Alaska's Vance Dale in the 175-pound senior open main event.

Jaeger also won the Joe Martin Memorial Trophy for dedication and style. Dale was runner-up to Jaeger in Salmon Belt honours.

On the list of awards, Joey Lossier of Terrace was best junior with Mike Keisman of Rupert as best junior 'A', John Villeaux of Terrace as best junior 'B' and Darren Bell of Terrace as best junior 'C'.

Top intermediate was Brian Coehn of Rupert. Lossier and

Mike Kennedy were honoured for putting on the best fight. Kennedy was also honoured as most inspirational boxer.

The most sportsmanlike fighter was Jordan Leask of Rupert.

Terrace coach Jeff Dilley supplied the following comments on the individual bouts.

First fight, Robert Doane. Good fight. Robert in at 98 lbs — a bit small for Michael (Niesmann). Second fight, good win for Buddy (Doane over Don Price). Fourth — Clinton Bell put on an exhibition with older and heavier Terrace boxer John Veilleux, just so both could see what it was like to get in the ring. Clinton Sprained wrist, referee stopped contest. Fifth — Joey Lossier had an interesting night going up against Mike Kennedy, a former Terrace amateur boxer and now a world-ranked professional kick boxer. This fight was designed to push Joey to his limit while Mike went

just hard enough to keep Joey very busy for three action-packed rounds. Sixth — Carl Goodall of Terrace (referee stops contest in 2nd round). Carl was overmatched in this one. He put on a real spirited effort but because of the size difference coach and referee stopped contest. Seventh — Darren Bell, Junior C, 146 lbs, fought an older opponent, 18 yr old from Palmer, Alaska and defeated him soundly in a unanimous decision. Darren with his choir-boy looks surprised his older opponent with his superior boxing abilities and continually outmanoeuvred the Alaska boy. Eight — Josh Peter, a very good effort for Josh. Again a size difference but put on a good boxing exhibition with the winner of bout one. Ninth — Neil Strain of Terrace came on strong in the 3rd round to out hustle a fading Peter Dennis of Terrace. Win by split decision in a battle of club sparring partners.

Skeena mixed team surprises Mexicans

Surprisingly, the Terrace Skeena Hotel's mixed slo-pitch softball team did quite well at the Mexican Silver Cup tournament in Mexico earlier this month. They wound up fifth out of 31 teams.

Organizers placed our team in 'A' division against some strong U.S. entries. However, everyone involved played it for fun, and Skeena came out with a two-win, one-tie, two-loss record.

Two players — Rob Martens and Gerry-Lynne Champoux — were picked for the tournament all-star team.

Cedar River spiel winners

The Cedar River Timber team ran up 34 points to win the annual Sponsor Appreciation bonspiel at Terrace Curling Club on Nov. 24th weekend.

They needed a shootout for second and third places when Finning's number one team and Pelletier Enterprises tied with 32 points apiece. To break the tie, each skip tossed one rock for closest-to-the-button measure. Finning wound up with the run-

nerup honour.

The spiel ran from 7 p.m. on Saturday to 3 p.m. on Sunday.

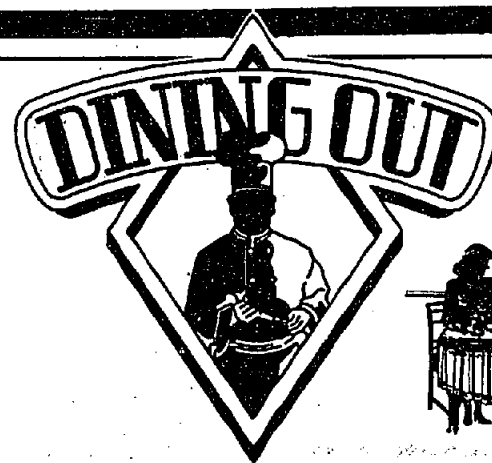
All 42 teams played three, four-end games. Skips alternated on every end.

To run up scores, teams got one point for each end they won. They got one point for each stone counting. They also got two points for winning, no points for losing and one point for a tie.

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Polly's Cafe

Chinese & Western Cuisine

Mon.—Thurs. 10:30 a.m. — midnight
Fri. & Sat. 10:30 a.m. — 1 a.m.
Sunday 12:00 a.m. — 10 p.m.

4913 Keith Avenue,
638-1848 or 638-8034



GIM'S RESTAURANT

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OPEN 7 DAYS A WEEK

Mon - Wed 11:30 a.m. — 10:00 p.m.
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The Cedar River Timber foursome won the annual sponsor appreciation spiel at the Terrace Curling club on the Nov. 25 weekend.



Second place at the Terrace Curling Club's sponsor appreciation spiel went to Finning's "number one" team.

The Scores Are...

ALL SEASONS - NORM'S AUTO MEN'S HOCKEY TOURNAMENT SCORES FROM NOVEMBER 23 to 25 WEEKEND IN TERRACE

Round-Robin Section

Norm's Auto 8 — Kitimat J.H.W. 0
 Inn of the West 9 — Friell Lake 2
 Skeena Hotel 5 — Ocelot Oilers 4
 Houston Deans 12 — All Seasons 4
 Kitimat Tricks 5 — Stewart 2
 Friell Lake 6 — Norm's Auto 4
 Inn of the West 6 — Ocelot Oilers 3
 All Seasons 10 — J.H.W. 5
 Tricks 6 — Skeena Hotel 0
 Friell Lake 5 — Stewart 4

Houston 7 — Inn of the West 5
 Tricks 6 — Norm's Auto 4
 Ocelot Oilers 5 — All Seasons 4 (shootout)
 Stewart 5 — J.H.W. 2
 Houston 6 — Skeena Hotel 4

Finals

Ocelot Oilers 4 — J.H.W. 3 (for 9th & 10th)
 Stewart 7 — Skeena Hotel 3 (for 7th & 8th)
 All Seasons 7 — Norm's Auto 2 (for 5th & 6th)
 Inn of the West 6 — Friell Lake 3 (for 3rd & 4th)
 Houston 6 — Tricks 3 (for 1st & 2nd)

TERRACE MEN'S RECREATIONAL HOCKEY LEAGUE

Game Scores

Nov. 25

Terrace Timberman 5, Riverside Auto Wranglers 3
 Northern Motor Inn Okies 9, Convoy Supply 5

Nov. 27

Inn of the West 9, Skeena Hotel 5
 Riverside Auto Wranglers 7, Convoy Supply 4

Nov. 28

Terrace Timberman 2, Northern Motor Inn Okies 2

Nov. 29

All Season's 7, Norm's Auto Refinishing 3

Standings:

Oldtimers Division

Team	GP	W	L	T	GF	GA	PTS
Northern Motor Inn Okies	17	5	7	5	56	57	15
Riverside Auto Wranglers	17	6	8	3	65	68	15
Terrace Timberman	13	6	5	2	50	56	14
Convoy Supply	19	4	11	4	61	110	12

Recreational Division

Team	GP	W	L	T	GF	GA	PTS
All Season's	18	12	3	3	100	67	27
Skeena Hotel	18	10	4	4	104	74	24
Inn of the West	17	8	6	3	84	76	19
Norm's Auto Refinishing	17	4	11	2	75	88	10

Kempo Jitsu Karate Competition results — Nov. 24 and 25

Instructors

Paul Bozman - Tai Kwon Do - Prince Rupert
 Abilio Demelos - Tai Kwon Do - Kitimat
 Joseph Duguay - Kempo - Terrace
 Jean Galli - Ju-Jitsu - Terrace

Referee

Dean Sturko - Terrace - Ju-Jitsu
 Richard Rose - Terrace - Kempo
 Paul Bozman - Prince Rupert
 Abilio Demelos - Kitimat
 James Brown - Prince Rupert
 Bryan Skyes - Kitimat
 Jean Galli - Terrace - Ju-Jitsu

Number of Competitors: 68

SHIAI — UP TO 8

Gold - Gregory Conrad - Terrace Ju-Jitsu
 Silver - Andrian Liu - Prince Rupert
 Bronze - Gisselle Liu - Prince Rupert
 Bronze - Heston Sturko - Terrace Ju-Jitsu

UP TO 12

Gold - Caleb Liu - Prince Rupert
 Silver - Darren Bentham - Terrace Kempo
 Bronze - Bernice Liu - Prince Rupert
 Bronze - Voltaire Reyes - Prince Rupert

TEEN AGE GROUP

Gold - Joey Lee - Kitimat
 Silver - David Demeideros - Kitimat
 Bronze - Monica Williams - Prince Rupert
 Bronze - Stracy Russ - Prince Rupert

SHIAI ADULT — WHITE TO BLUE BELT

Gold - Sandor Komlos - (g) Terrace Ju-Jitsu
 Silver - David Falardeau - (w) Terrace Ju-Jitsu
 Bronze - Gaston Desjardins - (g) Terrace Ju-Jitsu
 Bronze - John Pacheco - (y) Kitimat

ADULT — BLUE, BROWN, & BLACK 1st Dan

Gold - James Brown - (b) Prince Rupert
 Silver - Tammi Madeiro - (b) Kitimat
 Bronze - Rodel Bautista - (b) Prince Rupert

*Tammi Madeiro from Kitimat, CONGRATULATIONS!

KATA — SMALL

Gold - Capeg Liu - Prince Rupert
 Silver - Voltaire Reyes - Kitimat
 Bronze - Oliver Reyes - Kitimat
 Bronze - Olivier Reyes - Prince Rupert

MEDIUM

Gold - Harry Chemko - Terrace Kempo
 Silver - Bernice Liu - Prince Rupert
 Bronze - Fred Sandhu - Prince Rupert
 Bronze - Kristy Bryant - Prince Rupert

ADULT — WHITE & YELLOW

Gold - Dave Wolfe - Terrace Ju-Jitsu
 Gold - David Falardeau - Terrace Ju-Jitsu
 Silver - Steve Richdale - Kitimat
 Bronze - James Baldwin - Prince Rupert

*Note: In Ju-Jitsu 2 people are needed to execute Kata (form).

KATA ADULT — GREEN & BLUE

Gold - Rodel Bautista - Prince Rupert
 Silver - Sandor Komlos - Terrace Ju-Jitsu
 Silver - Larry Mcpherson - Terrace Ju-Jitsu
 Bronze - Chris Gelina - Kitimat

KATA — BROWN & BLACK 1st Dan

Gold - Bryan Sykes - (b) Kitimat
 Silver - Tammi Madeiros - (b) Kitimat
 Bronze - Richard Rose - (br) Terrace Kempo
 Bronze - Tina Parker - (r) Kitimat

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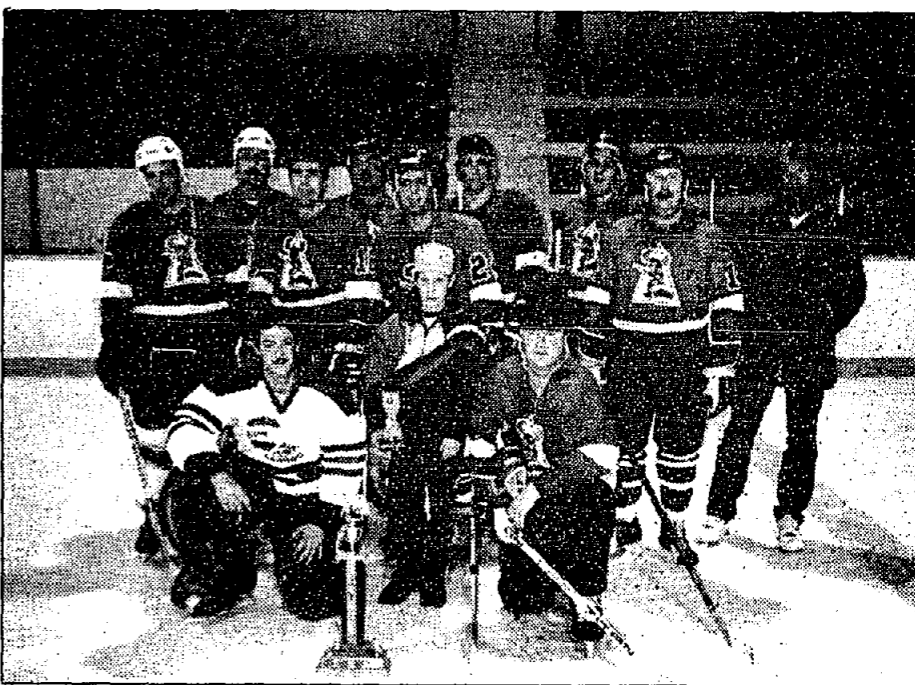
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Houston Deans top guns again



The Houston Deans maintained their reputation as one of the winningest rec hockey teams in the Northwest at a Nov. 24 tournament in Terrace.

It would seem that Houston Deans men's hockey team can win a tournament whenever they feel like it. It happened again on Nov. 24th weekend when they captured the All Seasons — Norm's Auto co-sponsored tourney at the Terrace Arena.

Houston also has an oldtimers squad that enjoys equal success with a high win-loss percentage. Terrace's series was a 10-team effort with each squad playing three games to determine final playoff positions. It added up to 20 games overall.

Houston won the title in the sudden-death, top-two-team

playoff against Kitimat Tricks with a 6-3 victory.

The battle for third and fourth saw Terrace's Inn of the West down Kitimat's Friell Lake 6-3. It was an all-Terrace contest for fifth and sixth places with All Seasons topping Norm's Auto 7-3.

Stewart surprised Terrace Skeena Hotel 7-3 in the final for seventh and eighth places. The last-place contest saw Kitimat's Ocelot Oilers gain ninth place on a 4-3 win over Kitimat's J.H.W.

All scores can be found in this week's scoreboard.

Hendry, Clan push Texans

The basketball saga of Terrace's Michelle Hendry continued November 24 weekend when her Simon Fraser University team competed in a tournament at Plainsview, Texas that featured eight of the best U.S. National Association of Intercollegiate Athletics teams.

The Clan came close to winning the single elimination series, losing out only in the final to Whelan Baptist of the home town.

Hendry was again outstanding as she campaigns in her third season.

She opened against Arkansas Tech University by leading the Clan to a tight 57-55 win. Michelle had 26 points.

In the semi-finals Michelle canned 21 points and picked up 11 rebounds as they downed Oklahoma's Phillips University 82-71.

She saved her best effort for the final against Whelan with a 34-point effort, combined with 11 rebounds as they lost 75-65.

Hendry's talented showing earned her a place on the tournament all-star team along with team mate Andrea Schnider of Invermere.

The Clan now takes a break til mid-December when they'll travel to California for action at three locations.

Regional volley teams well back in finals

Kitimat's Mount Elizabeth senior boys volleyball team found the 16-team B.C. championship series at Kelowna on Nov. 24th weekend was a little out of their class.

They failed to win a match in eight tries, losing to all eight opponents and finishing last in the four-day tournament.

The double 'AA' division title went to Coquitlam's Centennial with a 3-0 win over Kelowna

High in the best-of-five final. The playoff for third and fourth places saw Surrey's Queen Elizabeth beat out Kelowna's K.L.O.

Meanwhile, Smithers girls wound up in 10th place at their double 'AA' B.C. finals at Comox-Courtenay. They posted wins over Notre Dame and Mission before losing out to Fernie. D.P. Todd of Prince George won the title.

Medics get ready to treat bumps, bruises and sprains

Despite the shortage of billet homes for athletes in the upcoming Northern B.C. Winter Games, all the committees are proceeding optimistically in preparation for the time when over 3,000 athletes, coaches and spectators descend upon Terrace Feb. 1, 2, and 3.

One of the essential committees in the Games is the medical committee, headed by chairman Brenda Lavalle. Lavalle is well qualified for the job; her 'other hat' is that of first aid officer for the Worker's Compensation Board. She volunteered for the position in early January and has been gearing up ever since.

Brenda observed at the Games in Chetwynd last February, read medical reports from previous Games committees, and has been collecting contacts and resource people. Then came the plan. "It was the first and biggest job to present. Now we're networking and pulling it all together," explains Lavalle.

Co-chairman Margaret Dediluke, a physiotherapist and owner of Kermodel Physiotherapy, came on line in August. So far, the medical committee has negotiated a Games Clinic to be located at Mills Memorial Hospital. Lavalle believes, "This will centralize the specialists and reduce costs of having to supply extensive equipment for every venue." At the Games Clinic, screening of the injuries (determining whether they can be handled by volunteer staff or be referred on to higher medical care) and some definitive treatment will take place. Physiotherapists, both local and from participating Games areas, will be available at the centre and sport venues. Taping of sprains and other minor procedures will also be offered. There will be a dentist on call. Games organizers will have their own ambulance,



Brenda Lavalle: We'll be tapping every source.

and the local ambulance attendants have offered their services.

At least one first aid attendant will be at each venue for the duration of the Games, although some sports such as cribbage, chess, bowling, curling, black powder shooting and archery don't require attendants. This is either because they are sedentary sports or because the individual sport regulations are so stringent that the risk factor is minimal. Brenda adds that if enough first aid attendants are available, they will attend some of the non-compulsory venues.

Lavalle hopes to rely strictly on volunteer first aid people to donate four hours each the weekend of the Games. She expects that they will

need 90 to 100 volunteer attendants. "We'll be tapping every resource. We need industrial first aid attendants, RNs, doctors and physiotherapists." If there's even a chance that these people will be in Terrace or Kitimat during the Games weekend and available to donate four hours of their time, Brenda encourages them to contact the Games office at 635-1991. There will be three venues in Kitimat. Kitimat people are encouraged to volunteer for either Terrace or Kitimat venues.

Many first aid training agencies in the area are donating spine beds and oxygen therapy units for the use of medical personnel, and the local ambulance station has offered to lend materials, as well. The summer students hired through the Games office sewed the first aid pinnies (vests) for all the attendants. Recently, the Beta Sigma Phi sorority volunteered to finish the pinnies off with elastic and decorate them with red ribbon triangles for easy identification of the first aid attendants at each venue.

During the Games, Brenda Lavalle will be at the Control Centre. If there is an injury at one of the venues, the attendant on site will report to the Control Centre, which will dispatch transportation, either an ambulance or a courtesy car. Then one of the regional directors of the Games will be called in case the family of the participant has to be notified.

Dr. Martin, the Workers Compensation Board medical advisor, will do all the weigh-ins and medical examinations for boxing. These will be conducted between 8 and 10 a.m. Friday, Feb. 1.

Brenda Lavalle encourages qualified attendants to contact the Games office as soon as possible to "show your spirit and lend four hours of your time during the Northern B.C. Winter Games,

Northern B.C.

Winter Games

Warmup

by Mary Ann Burdett

Feb. 1, 2, 3 * 1991 * TERRACE



Financing of the Northern B.C. Winter Games is happening to a great degree with generous donations from "Patrons" (\$5,000 or over), "Sponsors" (\$2,000-\$4,999) and "Friends of the Games" (up to \$1,999). To date we have received financing in these categories from the following:

PATRONS: Terrace Minor Hockey, Province of B.C. Try Program, Wilkinson Business Machines, Alcan and Canadian Airlines.
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The Northern B.C. Winter Games Committee, the competitors and the people of Terrace thank and salute these generous businesses, clubs and individuals who have so graciously caught "The Skeena Spirit". It is folks like yourselves that make Terrace so Terrific. I expect further signs of the famous "Skeena Spirit" will be visible in many of these benefactors in their personal attendance at and enjoyment of the many sports at the games such as

Black Powder Shooting



This competition for the games will take place at the Terrace Rod and Gun Club and follows the format of a black powder rendezvous, it consists of three parts — Formal, Primitive Trail, and Knife and Tomahawk.

In Formal competition, paper targets are shot at ranges of 25, 50, and 100 metres. On the Primitive Trail the targets such as card cut, a playing card set up edgewise at a range of about 15 metres is to be cut in half. There is also the bullet split, where the bullet is to be split in half on the edge of an axe blade and go on to strike two separate targets. Targets for the Knife and Tomahawk throwing are short logs, usually set up so that the target area is on the end grain.

An interesting extra for the Games has been borrowed from the Summer Games in Prince George and "firelighting with flint and steel" will be included as part of the Knife and Tomahawk competition. Spectators will be able to walk along with the shooters on the Primitive Trail and will be able to have a close-up view of both the Formal and the Knife and Tomahawk competitions. It is suggested that warm clothing be worn and also some form of hearing protection, as this is a very noisy sport.

In this Black Powder Shooting, safety is strongly emphasized. The ranges are set up so that spent bullets strike harmlessly into a backstop. Each small party of shooters is under the control of a rangemaster who ensures that loaded weapons are not capped or primed until the shooter is standing at the firing point with the rifle pointing down-range. The shooter must follow safety procedures in the event of a misfire.

This is a sport in which one can quickly acquire sufficient skill to enjoy it, while at the same time it offers challenges up to an Olympian level. It is not an activity that we will have the opportunity to witness every day, and I know that many of us will wish to join the competitors to cheer them on, to marvel at their skill, and to see what Black Powder Shooting is all about.

This is a sport which traces its roots back to the earliest use of gunpowder, and while it has undergone many changes in equipment to attain its modern form, it still manages to give us the feeling of kinship with the settlers of our land, and for a short time take us back in time to our beginnings.

See you on the first week end in February at the Black Powder Shooting.

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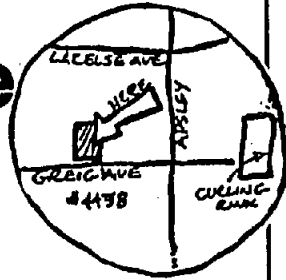
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Wednesday with Fae

by Fae Mooney

Snow stars

"Each of these countless snow-stars comes whirling to earth... These glorious spangles, the sweeping of heaven's floor," wrote Thoreau.

Beautiful to behold, shimmering and sparkling in the sunlight, snowflake adhering to snowflake in a freshly spread blanket of crystalline ice — snow stars.



In all its icy splendour, a simple snowflake is nothing more than a "single feathery crystal of snow". Snow crystals occur in an endless variety of hexagonal (six-sided) and star-shaped forms, all of them symmetrical. Sometimes snowflakes will interlock to form large, visibly intricate patterns. On rare occasions, snowflakes can grow in size to three or four inches (7-10cm.) in diameter!

Describing this "little star of great beauty", physicist Hans von Baeyer wrote that "sometimes... the whole flake looks like six Christmas trees joined at their bases. In other cases (the snowflake gives) the appearance of a decoration on the chest of a Czarist general. Sometimes the branches are so close together that they fuse and the flake becomes a six-petaled flower... Other flakes are adorned with such exquisitely fine whiskers that they resemble down."

Why white?

What makes these feathery, stellar-shaped crystals appear white? My Funk & Wagnalls encyclopedia explains that it is because of the many reflecting surfaces of the snowflake — it reflects light. To be precise, 75 percent of light hitting a snowy surface is reflected.

Types of snow crystals

Dry snow crystals tend to be small. They form at temperatures well below freezing. Wet snow occurs at temperatures near the freezing point. Tiny snow crystals coated thinly with ice form small grains — snow grains.

A good description for snow pellets might be miniature snow balls. They are like soft hail, but very small, and because they are soft they don't bounce on impact. Ice pellets, however, do bounce when they hit the ground.

Stars and feathers

Snowflakes form star-shaped crystals from freezing water droplets. Frost produces unique feathery patterns from freezing dew. Frost crystals on a window pane develop their feathery patterns as the frost melts and recrystallizes on the glass.

A gift of Nothing

History records a light-hearted letter written by the renowned astronomer and mathematician Johannes Kepler. It describes his presentation of a most unusual gift to a friend. On a snowy winter day in 1609 he wrote:

"I am well aware how fond you are of Nothing, not so much for its low price as for the sport, as delightful as it is witty... and so I can readily guess that the closer a gift comes to Nothing the more welcome and acceptable it will be to you..."

"Embarrassed by my discourtesy in having appeared before you without a New Year's present... vexed too at not finding what is next to Nothing, yet lends itself to sharpness of wit. Just then by happy chance... specks of down fell here and there on my coat, all with six corners and feathered radii. 'Pon my word... here was the ideal New Year's gift for the devotee of Nothing, the very thing for a mathematician to give, who has Nothing and receives Nothing, since it comes down from heaven and looks like a star."

"Back to our patron while the New Year's gift lasts, for fear that the warm glow of my body should melt it into nothing."

Nothing but perfection

What Nature bestows on us, generously and teasingly, each winter is an exquisite gift of next-to-nothing, and nothing less than perfection.

Henry David Thoreau knew this: "Nature is full of genius, fill of the divinity; so that not a snowflake escapes its fashioning hand."

When again these downy snow stars float and drift to earth, raise your eyes skyward and lift up your hands to receive Nature's gift —

"These glorious spangles, the sweeping of heaven's floor."



Receiving a variety of awards at the recent 4-H annual awards banquet were the junior members of the Shamrock Livestock Club. Above (rear from left) are Kirsten Muller, Mitchell Eisner, Brandy Rafuse, Ian Hayes, Lindsay Bailey, Amy Martin, (front) Patrick Hayes, Ben McNeill, Jennifer Ansems, Carol Kozier and Danny Ansems.

Thornhill honour students named

The administration of Thornhill Junior Secondary School last week released the names of students who make the first term Honour roll. Honours indicates a grade point average between 3.5 and 4.0; Meritorious Achievement 3.25 to 3.49; and Honourable Mention 3.00 to 3.25.

The students are:

GRADE 8 — Outstanding Achievement: Melanie Mintenki, Jason Yamashita, Suzanne Stone, Dale Walker, Ryan Monsen, Scottee Rootham, Scott

Long.

Meritorious Achievement: Melanie Dubois, Sarah Davies, Soren Hedberg, Earle Ratcliffe.

Honourable Mention: Shane Clutterbuck, Tony Leross, Kent Rathjen, Derek Cooper, Faye Coburn, Cheryl Irwin, Krista Pearse, Willow Van Genne, Matthew Clark.

GRADE 9 — Outstanding Achievement: Jonathan Duffy, Maria Schlamp.

Meritorious Achievement: Sonya Hedberg, Aaron Petovel-lo.

Honourable Mention: Yvonne Schmidt, David Halley, Dallas Wiebe, Adam Hill.

GRADE 10 — Outstanding Achievement: Josee Banville, Steven Maxim, Darla Weber, Nita Schlamp, Bryan Trehearne, Rodney Sanches, Kari Eisner.

Meritorious Achievement: Christine Todd, Keri Sauer, Fran Walker, Jon Hildebrandt, Gynette Gogag.

Honourable Mention: Jen Smith, Heather Cameron, Keri Fell, Tanya Booth, Joel Roesel, Kerri Zilinski, Tasha Mcavoy.

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Transcendental Meditation lecture unenlightening

ANALYSIS

by Harriett Fjaagesund

Normally, when I write an article I concentrate on the facts at hand and try to keep whatever personal opinions I may have out of the writing (or at least to a minimum). But because of the subject matter of this article, which concerns the Transcendental Meditation lecture recently held at Northwest Community College, I found I had to rely as much on intuition as I did facts. My opinions are my own (you'll find them at the end of this article) and are not meant as a guideline for you to follow.

The Transcendental Meditation program (or TM, as it is popularly referred to) was founded by Maharishi Melesh Yogi in 1957, and is now purported to have approximately three million converts worldwide.

Maharishi, who has a background in physics, travelled to the Himalayas where he joined a monastery to study the 5,000-year-old science of Sthapatya-Ved (the term is derived from the word sthapanā meaning "to establish" and ved meaning "pure knowledge"). Armed with this knowledge,

Maharishi then proceeded to develop his Transcendental Meditation program through a non-profit organization.

Peter Cameron, an extension professor at the Maharishi International University (MIU) in Fairfield, Iowa, explained at the Terrace lecture that TM is a simple, natural technique that involves two 15- to 20-minute sessions daily in which practitioners focus their attention on a "mantra", a word or sound in Sanskrit, that they recite mentally to promote relaxation and relieve stress.

A native of Wolfville, Nova Scotia, Cameron gave up a promising musical career as a pianist, arranger and composer for full-time involvement with the TM movement, which he first became aware of in 1970. While attending the Berklee College of Music in Boston, he attended a TM lecture at Harvard, out of curiosity.

He was impressed enough to take the eight-hour course offered (which is taught in a series of private lessons and costs \$400, with discounts for families, students and seniors, and free to anyone who has taken it before), and eventually decided he wanted to teach others the benefits of TM, so began training in Europe as an instructor.

Training for an instructor takes approximately eight months.

After completion of the training course, Cameron returned to Wolfville to take up his musical studies at Acadia, and taught meditation on the side up until 1983, when he began his Masters degree in business administration at MIU.

Cameron describes meditation as a deep level of rest that allows the body to trigger its repair mechanisms, something he says it is unable to do during ordinary sleep. He went on to explain that research indicates regular practise of TM increases intelligence and creativity, improves memory, improves academic performance, reduces cholesterol levels, normalizes blood pressure, reduces insomnia, and improves asthmatic conditions.

A brochure outlining the benefits of TM states that a health insurance study found that TM meditators had less illness in every disease category, including 55 percent less cancer, 87 percent less disease of the nervous system, and 87 percent less heart disease. Cameron added that the organization is trying to convince the Canadian government to integrate TM into the health care system. The brochure also states that over 440 studies have been conducted worldwide on the TM program in 27 countries.

Other long-range plans include integrating the program into prisons and jails worldwide, a proposal based on the reported



Peter Cameron: Simple, natural technique — for \$400.

ties in with a theory called the Unified Field of Natural Law. Through quantum field theories, some scientists believe that all the laws of nature responsible for conducting all the activity in creation spring from one basic unified field. From this field, nature governs the universe in perfect order (and always in an evolutionary direction). TM reportedly puts the meditator in direct contact with this unified field.

All this information sounds rather impressive, but several things bothered me. When I spoke with Laurel Gregg, owner

with this, saying that there is nothing mysterious or secretive about mantras (a repeated sound which enables the meditator to better focus his or her concentration), they are common knowledge available to everyone, and to believe that saying a sound out loud will make it less useful is just plain silly. An example of a mantra is the "om" sound.

Gregg added that the only chart for mantras she is aware of is for chakras (energy centres of the body). You would, for example, use a specific mantra if you were having back problems and you wanted to work on that. Gregg says the only secret about an individual's mantra is that it is hidden within themselves, and what she does is teach you to find your own individual mantra. She questions why anyone should pay \$400 for something that already belongs to them.

Another point of contention arose when Cameron explained the importance of routine follow-ups to ensure people continue practising the TM technique properly (apparently the technique may require subtle adjustments as we grow older and change).

While individuals will not have to pay for this, there is the problem in that the nearest TM centre for the north is located in Vancouver (and possibly some time in the future, Prince George). Cameron admitted it could be several years before he or another instructor will return to this area. This seems to be akin to buying a foreign product and discovering, after it breaks down, that the nearest replacement parts are located in another country.

I have absolutely nothing against meditation, but I do question the TM movement. For me there are too many grey areas with unsatisfactory answers. We're all searching for solutions to the world's ills (and our own), but we should question the answers we receive before jumping headlong into anything.

"The organization has also presented a proposal to the U.S. government to hire 10,000 people who will be paid an annual salary of \$40,000 to meditate... on a full time basis to help establish world peace."

success of teaching the technique to Senegalese prisoners, whereby the repeat offender rate dropped from 90 percent down to five percent.

The organization has also presented a proposal to the U.S. government to hire 10,000 people who will be paid an annual salary of \$40,000 to meditate as a group at MIU on a full-time basis to help establish world peace. Maharishi Mahesh Yogi has laid claims that when only one percent of the populace of a city practises TM, there is a marked drop in that city's crime rate.

The proposal suggests the U.S. government will save an estimated \$522 billion over a three-year period on their initial \$1 billion investment by lowering unemployment and health care costs, decreased defense spending, and overall improvement in the economy.

Cameron added that mantras have no religious connotations, they are used only as sounds and in no way conflict with religious beliefs.

Supporters of Transcendental Meditation also claim that TM

and operator of Nirvana Modern Metaphysics in Thornhill, who also teaches meditation classes, she felt the TM course fees were too steep, even taking into account travel and operating costs. Gregg says the most she charges is \$75 for an eight-week progressive meditation course.

There seems to be some controversy surrounding Maharishi Mahesh Yogi's actual financial status. Although he reportedly owns little more than a few long robes and a pair of sandals, there are rumours that he is now in fact a very wealthy man.

Also confusing was the mystique regarding the mantras each person receives. Maharishi Mahesh Yogi supposedly has a chart of different sounds, one for each personality type, that was developed by an ancient civilization. Each individual receives their mantra during a private interview with the instructor, and re told they must keep this word, or sound, secret, that it must never be spoken out loud; to do so will render it less effective.

Gregg vigorously disagreed



Horoscope

ARIES
Mar. 21-Apr. 19

Travel is highlighted the next few weeks, and can be very pleasurable with the right partner. Choose your companions with care.

TAURUS
Apr. 20-May 20

Legal matters could be prominent in your schedule. Joint financial matters indicate a need to study security plans.

GEMINI
May 21-June 20

Close personal and business relationships are emphasized. The new moon on Sunday could signal the start of a new partnership.

CANCER
June 21-July 22

Good news concerning a health matter gives a real boost in morale. Additional responsibilities on the job bring rewards.

LEO
July 23-Aug. 22

There is no easy road to riches but it won't do any harm to fantasize about hitting it big.

VIRGO
Aug. 23-Sept. 22

Pay close attention to family and property interests in the holiday hustle and bustle. Be aware of health hazards.

LIBRA
Sept. 23-Oct. 22

Neighborhood activities add an air of festivity. There's plenty of action when family and friends get together.

SCORPIO
Oct. 23-Nov. 21

Financial decisions made under the new moon influence take on a new direction. Be wary of a quick-fix proposition.

SAGITTARIUS
Nov. 22-Dec. 21

Finances are sure to be a prominent point of interest. There are hidden factors that emerge at the strangest times.

CAPRICORN
Dec. 22-Jan. 19

Saturn, Neptune, Uranus, Venus, and Sun, are all in Capricorn at this time, causing great happenings, some positive, some not so positive.

AQUARIUS
Jan. 20-Feb. 18

The holiday season should generate plenty of social and romantic popularity. Pay attention to the needs of the younger set.

PISCES
Feb. 19-Mar. 20

Friends and social activity are emphasized. The effect you have on those you come in contact with is an inspirational experience.

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Regional district wrangles with province over responsibility for dyke at Lakelse

by Tod Strachan

The Kitimat-Stikine Regional District board of directors is a little miffed over a letter from the Ministry of Environment's acting inspector of dykes, Ron Henry. According to Henry, the province isn't responsible for maintaining a dyke on Granite Creek. That responsibility belongs to the regional district.

Henry's letter was in response to one from the regional district last month that said it was the province's job to take care of the dyke. And even with this continued insistence by the inspector of dykes, the board still disagrees. The province built it and the province should look after it, they say.

Granite Creek empties into Lakelse Lake about a half-mile north of Lakelse Lake Lodge Road, and in his letter to the board, Henry points out that the

province built the dyke and cleared the channel of gravel and debris after the 1978 floods, but from that point on it belonged to the regional district.

At the Nov. 24 meeting of the board, chairman Jack Talstra suggested that the province has done work on the dyke since 1978 and Lakelse Lake resident, acting Area 'C' director Sandy Sandhals, replied, "They have. Definitely."

But according to Henry, "Our policy has always been that once the Province has paid for the capital cost of constructing the flood protection works, then local governments are responsible for funding the on-going operation and maintenance costs."

According to the board, however, the province never asked anyone's permission before building the dyke and have never asked the regional district to maintain it. And if they had, the regional district

would have expected to throw a few dollars in the kitty to help pay for annual maintenance.

Henry says the major beneficiaries of the Granite Creek dyke are adjacent landowners. "The dykes do tend to protect First Avenue from being damaged but not the main highway," he maintains. "The Ministry of Parks and Crown Lands do own land adjacent to the creek but there are no buildings or improvements on these lands."

The board disagrees. The province does have a stake in the survival of First Avenue, it's their road, and it's their bailey bridge that spans the creek. And according to at least two regional district directors, the bailey bridge is the major cause of the current problem in Granite Creek: the gradual filling of the creek bed with eroded gravel.

According to Terrace board director Bob Cooper, the design of

the dyke rests with the province; it's about 150 feet wide upstream from the bridge, about 25 feet wide at the site of the bridge, and about 15 feet high. This funnelling effect to the point where the bridge crosses the creek, agrees Sandhals, is a big part of the problem. Cooper sums up the situation: "It's their design and we don't want to take responsibility for that."

In the meantime, though, it seems no one is willing to maintain the dyke, and according to Henry routine maintenance is necessary to ensure it doesn't deteriorate and fail during a flood. Perhaps hoping this revelation might drive his point home, he attached a copy of the ministry's "Operation and Maintenance Instructions for Flood Control Works".

The board didn't bite. Andy Burton offered a maintenance solution used in Stewart that might

be a solution of benefit to everyone. The Ministry of Highways always needs gravel... Why don't they take it out of the creek rather than one of their unsightly gravel pits?

With this solution, excess gravel would be regularly removed from the creek and Highways would have a good source of clean gravel. At an estimated maintenance cost of \$5,000, according to Henry, this idea was well received by the board.

So the board has invited Henry to come to Terrace and discuss the maintenance of the Granite Creek dyke. They may be willing to consider a cost-sharing proposal, they have told him, but they're not prepared to assume the whole cost.

The annual maintenance share of individual homeowners adjacent to the creek might be considerable if Henry's estimate is correct, and if the creek floods, the cost could be much higher.

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R.E.M. Lee Foundation 'Cash Calendars' are a winner this Christmas, as 130 Northern Drug employees from Burns Lake to Prince Rupert are about to find out. The group above are going over some of the daily cash prizes calendar owners have a chance of winning. From the left are Terrace Regional Health Care Society

CEO Michael Leisinger, Northern Drugs co-owners Gerry Martin and Larry Krause, Bill McRae of the R.E.M. Lee foundation and Elks Lodge #425 member Jim LeCleir. You can find Cash Calendars at most banks and retail outlets in town or at the Elks Skeena Mall display on weekends.

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Bits'n'Pieces



People and everyday events in the Northwest

by Alie Toop

Last week the Terrace Co-op held their annual Christmas party for seniors and the handicapped. Although all the tuests could do their shopping at their leisure, the highlight of the entire evening was the entertainment.

Some of the entertainers have been performing ever since the Co-op started what has now become a tradition. All these people give unselfishly of their time and talent to create memorable evenings, and this one was no exception. The sounds of popular music and beautiful Christmas carols filled the store. The popular Vicki Parviainen Dancers were there performing their artistry.

Of course, an evening like this would not be complete without a visit from Santa Claus. Santa mingled with the young and the young at heart, much to the delight of everybody. To conclude the evening was the ever popular Terrace Community Band under the direction of Jim Ryan. Sitting amongst the apples, oranges and kiwi fruit, the band played a medley of all the popular Christmas carols.

The Terrace Auxiliary to the Leprosy Mission Canada is having a bake and craft sale this coming Saturday, Dec. 8 from 10 a.m. to 2 p.m. in the Skeena Mall. Buy something delicious and support a worthy cause.

Today is Dec. 5 and Europeans know what that means: it is Santa Claus day in the Old Country.

This is the day on which family and friends get together and share the evening exchanging gifts and have fun. Sometimes Santa will come by and personally bring the gifts, which to the very young, is the best of all. Unlike the North American tradition, Christmas in Europe is not a time of extensive gift giving. December 25 is a day for religious observance, a celebration of the birth of Christ.

Santa also has different modes of transportation. In Holland he arrives on a white horse, surrounded by his helpers called "Zwarte Piet". The Dutch Santa's trip originates in Spain. In the end, wherever the Santa comes from and however he gets there, he has a good heart and comes with the best of intentions, spreading cheer and goodwill all over this world.

We are counting down the time 'til Christmas. However, there is still lots of time to bake.

Christmas baking has always been special and we do not mind spending the time it

takes. First of all, I want to thank you all for your recipes. Anybody who bakes knows that there is something very special about good recipes. A large part of the success of any celebration is the good food. So, again, thank you for your participation, and if you want to try something new and different, you might just find it here.

We are going to start with Date Squares, or what we used to call Matrimonial Cake.

These squares take on a whole new flavour and taste if you change the filling from dates to mincemeat with dark rum and brandy. Make sure you use the kind with the rum and brandy in it. That is what makes all the difference, I'm told.

Crumb mixture:

Preheat oven to 325 degrees

Blend or sift together:

1 cup all-purpose flour

1/2 tsp. baking soda

1/8 tsp. salt

Cut in;

1 cup butter or margarine

Then blend in;

1 cup lightly packed

brown sugar

2 cups rolled oats

Press half of this mixture over bottom of a greased eight-inch square pan. Cover evenly

It's holiday treat time

with the filling, then cover with the remaining crumb mixture and pat until smooth.

Bake in 325° oven for 35 to 40 minutes or until a light golden brown. Cool before cutting into squares

Swedish Apricot Nut Bread

1 cup dried apricots, cut in small pieces

1/2 to 1 cup brandy, as needed

1 cup sugar

2 tbsp. soft butter

1 egg, slightly beaten

grated rind of 1 lemon

1/2 cup orange juice

2 cups flour

2 1/2 tps. baking powder

1/2 tsp. baking soda

1/2 tsp. salt

3/4 cup chopped walnuts

Cover apricots with brandy for two to three hours, or overnight. Drain and reserve 1/4 cup brandy.

Cream sugar and butter until light and fluffy. Add egg, lemon rind, 1/4 cup brandy and orange juice and stir until smooth.

Sift flour, baking powder, soda and salt and add to batter. Fold in nuts and apricots. Pour batter into eight-inch loaf pan lined with buttered brown paper. Let stand for 20 minutes. Bake in preheated 350° oven for 45 to 55 minutes or until top is golden brown and tester comes out clean. Turn out of pan and cool on rack. Let mellow for 24 hours before cutting.

Almond Rocca
(this is mouthwatering stuff)
1/2 lb. butter

1 cup brown sugar

1 cup pure chocolate chips

1 pkg. flaked almonds

1 pkg. ground blanched almonds

Spread flaked almonds on cookie sheet. Melt chocolate. Cook brown sugar and butter on medium heat until hard ball stage. Careful, it burns easy! Spread brittle over flaked almonds, then spread the melted chocolate over top. Sprinkle the ground almonds on top and pat down. Cool in freezer 10 minutes. Break into small pieces.

Christmas Fruit Balls (no bake)

30 marshmallows, quartered

2 cups graham wafer crumbs

1/2 cup red maraschino cherries, halved

1 (15 oz.) can sweetened condensed milk

1/2 cup chopped walnuts

Mix all this together and chill overnight. Shape chilled mixture into balls about one inch in diameter. Then roll in coconut. Store in a covered container in refrigerator. Yield: four dozen balls.

Mint Squares

1 cup chocolate chips

1/2 cup evaporated milk

1/2 tsp. vanilla

Heat above ingredients until chips melt. Mixture will be thick and should be fairly warm.

Add:

2 cups graham wafer crumbs

1/2 cup icing sugar

1/2 cup chopped walnuts

Spread on bottom of eight-

inch pan.

Mix together:

1/2 cup margarine

2 cups icing sugar

2 tbsp. milk

1/4 tsp. mint flavouring

green food colouring

Spread on bottom mixture.

Topping:

1/4 cup chocolate chips

1 tbsp. water

Melt and drizzle over top.

Orange Muffins

1 1/4 cup wheat germ

2 tsp. baking powder

3/4 cup sultana raisins

2 whole oranges, with skin on

2 eggs

1 cup milk

1 cup brown sugar

1 1/2 cups whole wheat flour

1/2 tsp. salt

1/2 cup oil

1 tsp. baking soda

Combine wheat germ, flour, baking powder, salt and raisins.

Set aside. In blender or food processor, process oranges, skin and all, add oil, eggs, sugar, milk and baking soda, blend together. Add this to dry mixture, stir until well mixed. Fill muffin tins 3/4 full. Bake 15 to 20 minutes at 375°.

Melting Moments

(with a name like that, it's got to be good!)

1-1/3 cups butter, the real stuff

1 tsp. lemon extract

3 cups flour

1 cup sugar

4 egg yolks

Cream sugar and butter, add extract and yolks. Beat well.

Add flour. Roll into one-inch

— Continued on page B11



DAPHNE IVES' CRANBERRY MINCEMEAT PIE

The addition of cranberries to this mincemeat pie gives this traditional holiday dessert a delicious,

tangy flavour. A cinch to prepare, this cranberry mincemeat

pie has long been a favourite

in the Ives' household, especially at

Christmas. If frozen cranberries are

difficult to find, you may substitute

2 cans of whole berry cranberry sauce

and sieve through the jelly to get a cup of

the berries. Enjoy.

PASTRY

TENDERFLAKE Perfect Pastry dough for double-crust 9" (23 cm) pie (see TENDERFLAKE lard package).

FILLING

1 24 oz. MAPLE LEAF 1 682 mL

jar MINCEMEAT jar

1 cup coarsely chopped cranberries 250 mL

1/2 cup chopped pecans 125 mL

1 tbsp lemon juice 15 mL

1 egg yolk, beaten 1

Roll out half of dough and

fit into 9" (23 cm) pie plate.

Trim edge even with pie plate.

Combine mincemeat, cranberries,

pecans and lemon juice. Mix

well. Spread evenly in pie shell.

Roll out remaining

pastry dough. Cut into 1/2" (1.5 cm) strips. Arrange in lattice fashion over filling. Tuck strips under bottom crust. Seal and flute edge. Brush top with beaten egg yolk.

Bake on lower oven rack in a preheated 425°F (220°C) oven for 10 minutes, then reduce heat to 350°F (230°C) 25 to 30 minutes or until crust is golden. Serve warm or cooled.

Makes 6-8 servings.



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When an outing is an education

On a recent afternoon Mrs. Easton's year 1 special needs class from Parkside Primary School (four primary youngsters) made their second outing to Rhonda's Hair Designs. Jen, seven years old, had her hair cut by Rhonda Norbing. Last week, Sam had his hair cut. Mrs. Easton explained that this particular outing also included a trip to the post office to mail some letters.

The purpose of these outings is at least three-fold. Mrs. Easton initiated the visits to familiarize the children with the community, to allay their fears of unfamiliar situations, and to introduce them to the appropriate behaviour. Two of the four children carried pocket photo albums indicating their itinerary and shopping list for the day. Jen carried one highlighting their shopping list in photos and Sam carried one with photos as well as printed words of the items and locations. This is all part of the learning process, explained Mrs. Easton. She dubbed Sam, "the navigator" and Jen, "the shopper".

These outings have proven so successful that Mrs. Easton hopes to plan more throughout the school year, to give practical application to the lessons taught in school.



A different kind of education was conducted at Rhonda's Hair Designs last week when Janet Easton brought her special needs class from Parkside School in for haircuts. Jen got her hair cut while Daniel and Sam looked on and explored the shop.

Alie Toop — Continued from page B10

balls and bake on cookie sheet for 10 to 12 minutes in preheated 375° oven. Cool. Prepare pastel-coloured icing. Join cookies together, with icing in between.

Chocolate-covered Orange Peel

The Dutch love to eat fresh oranges, as well as chocolate. A world famous producer of Dutch chocolate has combined the two with very successful results. Here is a method of creating your own. It makes a beautiful Christmas gift and can be made ahead and frozen.

3 large oranges
ice water
2/3 cup water
1 1/2 cups white sugar
1 tbsp. Grand Marnier
1 1/2 cups coarsely grated chocolate, semi-sweet

Wash oranges thoroughly. Gently buff the outside of the orange with a vegetable brush to open some of the pores. Remove the peel in strips of 2"x1/4". Cover the peel with ice water and allow to soak for 1 1/2 hours. Drain the melted ice water from the peel and place peel into large saucepan. Cover with cold water and bring to boil. Quickly remove peel from the heat and drain. Cover again with cold water and bring to a boil again. Simmer the peel for about 25 minutes on very low heat.

Combine the 2/3 cup of water, sugar and Grand Marnier. Bring this mixture to a boil and plunge the peel in at boiling point. Turn the heat to low and simmer the peel for about 25 minutes. Set the peel and the syrup in the refrigerator.

Meanwhile, melt chocolate in double boiler over low heat. Let cool. After peel has cooled, remove from syrup, shake off excess syrup. Allow peel to sit on waxed paper on the counter for about two hours. Reheat chocolate in double boiler. Dip

peel in chocolate. Remove, allow dipped peel to harden on clean paper. Cool in refrigerator.

Jan Hagel Cookies

2 cups all purpose flour
1 cup white sugar
pinch of salt
1 1/2 tsp. cinnamon
1 cup unsalted butter or unsalted margarine
1 egg slightly beaten with 1 tsp. of water
1 cup slivered, blanched almonds

Combine the flour, sugar, salt and cinnamon. Cut in the butter to make a stiff dough. Pat the dough into a greased cookie sheet. Brush the surface of the dough with the beaten egg. Cover top completely with slivered almonds. Bake in preheated 300° oven for 35 minutes. Cut warm dough into diamond shapes or squares.

Rumballs

250 gr. unsalted butter
250 gr. icing sugar
1 pkg. Vanilla sugar
4 tbsp. rum
200 gr. cocoa

Mix together first four ingredients until creamy. Add the cocoa and just a bit of water. Let cool for one hour. Form round balls and roll in chocolate hail. Store in refrigerator.

Cheese Snapples

2 cups snappled cheddar cheese
1/2 cup soft butter
1 cup flour
1/2 tsp. salt

Cream cheese and butter together. Blend in flour and salt. Roll into small balls and place on ungreased cookie sheet, one inch apart. Bake at 425° for 12 to 15 minutes. Makes approx. three dozen.

Mushroom Appetizer Turnovers

250 gr. pkg. cream cheese, softened
1/3 cup margarine
1 cup all purpose flour

2 tbsp. margarine
1 medium onion, minced
1/2 lb. fresh mushrooms, chopped coarsely

1/2 tsp. salt
pinch of thyme
2 tbsp. all purpose flour
1/4 cup sour cream
1 egg, beaten

Cream cheese and 1/3 cup margarine together. Add flour and mix until smooth. Wrap dough in waxed paper and chill for one hour. Saute onions until tender in 2 tbsp. margarine. Add mushrooms and cook until tender. Stir in salt, thyme, 2 tbsp. flour and sour cream. Cook until thickened. Cool completely before using.

Divide dough in half and roll each half on a floured board to 1/8" thickness. Cut with round 4" cookie cutter. Drop a small spoonful of filling in the middle of each circle. Brush edges with beaten egg. Fold dough over filling and press edges together with fork. Brush tops with beaten egg. Cut slits into tops to allow steam to escape during baking.

Place turnovers on ungreased baking sheets. Bake at 375° for 10 to 12 minutes. These turnovers freeze well.

... And last but not least. If you are not in to heavy fruit-cakes and the like, but enjoy chocolate cakes, this is a recipe for a wonderfully good, moist chocolate cake.

1/2 cup cocoa
2 cups flour
2 cups white sugar
2 tsp. baking soda
1/2 tsp. salt
1 cup sour cream
2 eggs
2 tsp. vanilla
1/2 cup oil
1 cup hot water

In large bowl mix together all dry ingredients, then add 1 cup sour cream. Mix in 2 beaten eggs, the vanilla, the oil and the water. Mix until just blended. Put into 9x13 cakepan and bake at 325° for 45 minutes.

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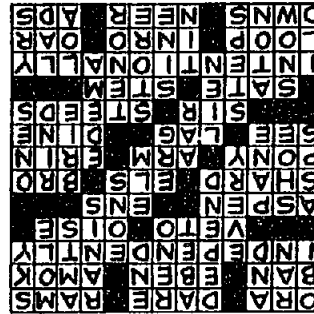
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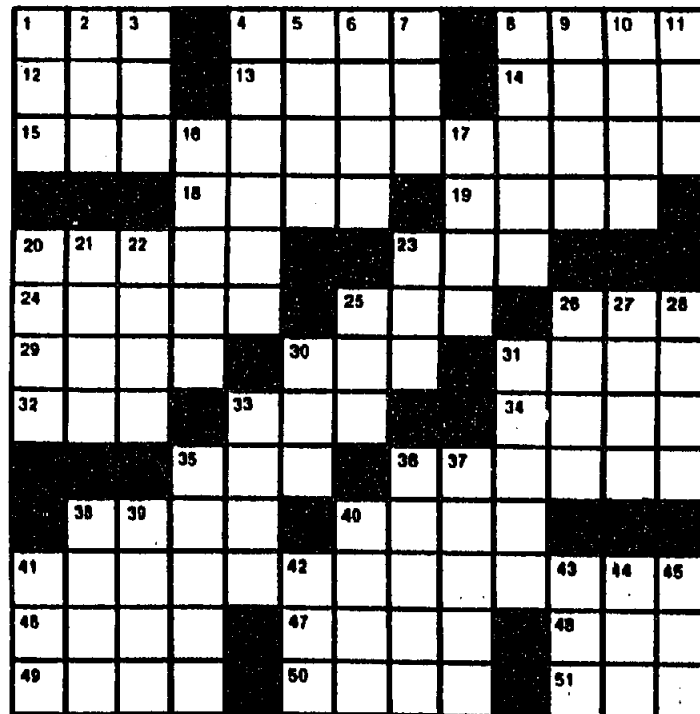
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Arts school ponders 1991 launch

Contributed by Brian Koven

The dawning of a summer arts school in Terrace? The addition of a tourist attraction and economic boost for the summer slowdown? The next meeting of the recently formed Aurora Summer Arts School will decide whether or not to go ahead with some preliminary courses for the summer of 1991.

The board of directors' long-term ambition is to establish a steadily developing, yearly summer arts school on a long-term basis. The programming would be multi-disciplinary and would also include a recreational aspect and complementary festival.

The idea, originally a pet project of Alan Soutar, was given impetus when he and Darryl Laurent investigated the possibility of obtaining funding from the city for a feasibility study. A board of directors comprised of Brian Koven, Carla Glen, Marilyn Kerr, Elaine Maikapar, Tom Walker, Terry Anderson, Carol Zucchiatti, Gary Morrison, Alan Soutar, and Marylin Davies have met to wrestle with the demanding task of transforming an idea into reality.

Seed money for a feasibility study was approved by the city council. A logo and sample draft brochure were developed. Aurora refers to the Northern Lights with their intense, aesthetic colour spectrum. The tree design symbolizes the varied branches of the arts community.

A marketing survey and consultant have been determined. Various fund-raising avenues have been researched. A strategic plan and a range of possible programs in drama, music, and the visual arts were devised.

Northwest Community College was approached concerning the use of the dormitories for accommodations and rooms for workshops. Initial discussions related to coordinating such arts



Judith O'Keefe, a director for the Emily Carr College of Art and Design, recently led a discussion of ideas that could be incorporated into a summer school of the arts in Terrace. Present at the discussion were Aurora Summer Arts School board members Brian Koven, Gary Morrison, Elaine Maikapar, Alan Soutar, Tom Walker, Carol Zucchiatti, Peter Dickson and Maureen Worobey.

organizations as the Northwest Academy of the Performing Arts and Terrace Little Theatre have begun. A Chamber of Commerce liaison joined the Board. Doug Smith, Community Futures Manager, and Peter Monteith, Tourism and Economic Development Officer for the City of Terrace, gave a workshop on organizational structure and strategy.

The Terrace and District Arts Council offered further seed money. Judith O'Keefe, Director of the Emily Carr School of

Art and Design, met with the Board to advise how best to form a successful arts school. Much has occurred in a short period of time.

A feasibility study of about 20 pages is nearing completion and will soon be presented to city council. There is only one other three layered, multi-disciplinary summer school in the province. The fruition of the Aurora Summer Arts School would certainly be a unique venture in the North. Who knows what the dawn will uncover?

Northwest Arts and Entertainment Calendar

R.E.M. Lee Theatre

- Dec. 5, 8 p.m. - Liona Boyd in concert
- Dec. 10 & 11, 7 p.m. - Kiti K'shan Primary School Christmas Concert
- Dec. 12, 7:30 p.m. - Caledonia Band and Choir Christmas Concert
- Dec. 13, 7 p.m. - Parkside Elementary School Christmas Concert
- Dec. 15, 2 & 4 p.m. - White Cane Society's Fund Raising Variety Show

The Terrace Inn

- Gigi's - Double Exposure
- Augie's - Karin Ljungh and Glen Fossum

Northern Motor Inn

- George's Pub - Champagne Plus

Royal Canadian Legion, Branch 13

- December 7 - Steak Night

Prince Rupert Performing Arts Theatre

- Dec. 7, 8 p.m. - Liona Boyd, guitarist. Presented by the Concert Society
- Dec. 9, 2 p.m. - School District #52 Band Concert
- Dec. 13, 7 p.m. - Westview Elementary School Christmas Show
- Dec. 16, 2:30 p.m. - A Christmas Concert, presented by the Ministerial Association.

Kitimat Centennial Museum

- Until Dec. 22 - "A Brush With Colour" paintings by Ariel Haun and Des Edwards

The Terrace Inn

N.E.W.S

by Robert Q. Smith General Manager

Christmas Holidays at the Terrace Inn!!

MISTLETOE BUFFET LUNCHEON

Bring the office staff to the Terrace Inn for a Christmas Celebration. A fabulous buffet lunch will be served in the Skeena Ballroom in the spirit of Christmas. Round tables of eight will be set up for your group. Friday, Dec. 21 from 11:30 a.m. to 2 p.m. — all you can eat for \$9.95.

CHRISTMAS OFFICE PARTY

The Baron of Beef Buffet will be served from noon till 2 p.m. for \$6.95 and then it's time to party. Continuous music all day with Glenn Fossum and Karin Ljungh. Santa will visit with special treats and Augie's will feature many refreshment specials. Close the office Friday afternoon, Dec. 21, and bring the staff down to the Terrace Inn. Complimentary transportation will be available to drive you home.

NEW YEAR'S EVE

New Year's Eve Gala Celebration! Bring in the New Year in traditional style. Enjoy a deluxe Prime Rib Dinner with piano stylings by Glenn Fossum and then dancing till 2 a.m. to music by Dan's Musical Varieties. Cocktails start at 6:30 p.m. Party favours — champagne at midnight — late night snack are all included. Each guest will receive \$5.00 in Terrace Bucks for future use at the Inn. Many prizes will be given away. \$60 per couple, \$30 single. Dance only — \$40 per couple, \$20 single.



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Students get conducting and clarinet workshops

by Betty Barton

Dr. Dennis Prime, conductor, adjudicator, clarinetist and music educator, held workshops for school bands in Prince Rupert, Kitimat and Terrace last week. The workshops were organized through Terry Anderson, music coordinator of School District 88, and Marilyn Kerr of Terrace Sight and Sound.

Dr. Prime spent about one hour with each of several school band classes. He explained what can be accomplished in this short time with a guest instructor: "We concentrate on technique, style and the music itself. I home in on a few areas — which I identify after five minutes of listening to them — that I can help the students with. Also, I try to help the director along to promote overall growth in the band and reinforce the things their own teachers are trying to tell them. Then they (the students) spend the next eight years of their lives nurturing that introduction to music."

Dr. Prime, the Director of the Alberta College Conservatory, one of Canada's largest music schools, says, "We don't spend enough time on their (the students) strengths. I try to reinforce things they've done well. As a teacher, you have to create the enthusiasm." Observing him instruct the

Caledonia Band, Dr. Prime demonstrated his rapport with the students. He praised them for their efforts, made light of their mistakes, and at the same time carefully and skillfully guided them to try a different technique or hear the piece a slightly different way. Dr. Prime says, "You need a different perspective on things and musicians can certainly give you that. If you have five musicians in the room, you'll undoubtedly have six opinions!"

Dr. Prime also conducts a number of ensembles including the Edmonton Wind Sinfonia and the Alberta College Faculty Orchestra. He has been guest conductor for the Edmonton Symphony on a number of occasions. As an active clarinetist, Dr. Prime plays with the Edmonton Symphony Orchestra and numerous chamber ensembles and can be heard on CBC broadcasts and recordings. He loves chamber music, but says there's not enough market for it. Classical music is his specialty. He is also the clarinet instructor at the University of Alberta.

He received his doctorate in clarinet and conducting from the University of Wisconsin in Madison, where he also served as conductor of the University Wind Ensemble.



Shown here in both his roles as clarinetist and conductor, Dr. Dennis Prime was in local schools last week helping music students with woodwind technique and the art of conducting. Prime, a director of the Alberta College Conservatory, was on a tour of Northwest schools.

Emily Carr College offers telecourse on history of western art

Contributed by Elisa McLaren

Residents of the Terrace area will benefit from a new visual arts telecourse to be offered locally in January by Emily Carr College of Art and Design (EC-CAD), and the Open University.

"A Survey of Western Art I" explores western visual tradition from Stonehenge, through the early civilizations of the Ancient Near East, Egypt, Crete and Mycenae, The Classical World, to the Romanesque and Gothic Art.

The course will interest those in the Terrace area who wish to understand art, architecture and sculpture in the historic and cultural context of each period. Two units are based on the widely acclaimed television series "Art of the Western World", with four additional programs. In each program experts examine works in detail, isolating, with the aid of the close-up camera, important visual features that explain the works' significance.

A Survey of Western Art will be offered locally via the Knowledge Network on alternate Mondays, beginning Jan. 7 (repeating Sundays, 3 p.m. beginning Jan. 13).

Those enrolling in the course for academic credit (three credits from the Open University, or four credits from ECCAD) will also receive a package of study guides: Helen Gardener's text *Art Through the Ages*, and Sayre's *Writing About Art*.

Registration deadline for "A Survey of Western Art" is Dec. 17. Anyone in Terrace may enroll by contacting the Open University at Box 97000, Richmond, B.C. V6Y 2A2; phone 660-2200, or toll-free 1-800-663-9711; or contact the Emily Carr College of Art and Design, 1399 Johnston Street, Vancouver, B.C., V6H 3R9, phone 687-2345.

Terrace area residents will

also be offered a repeat of two popular telecourses on the Knowledge Network this January. The drawing course "Mark and Image" begins Thursday, Jan. 17 at 6 p.m.

(repeating Tuesdays, 1 p.m., beginning Jan. 22). "Colour: An Introduction" begins Tuesday, Jan. 15, at 6:30 p.m. (repeating Fridays, at 7:30 p.m. beginning Jan. 18).

City council still considering plea to fund Art Association

Terrace city council has included funding requests from the Terrace Regional Museum Society in preliminary budget deliberations for 1991-92, but before adding a grant to the Terrace Art Association they want to talk to association members first.

The museum society has an existing arrangement with the city under which they receive \$15,000 annually to cover the costs of wages and benefits for an attendant and assistant at Heritage Park and an additional \$2,000 to cover the cost of utilities. These expenditures, however, must clear budgetary hurdles each year.

The Terrace Art Association, on

the other hand, has always fallen under the umbrella of the Terrace Arts Council, which get a lump sum from the city annually. The council then distributes funds to a number of local organizations. The art association says they have outgrown this type of funding and need a more substantial financial commitment from the city if they are to continue.

The association has told city council they need a full time administrator and have requested a sum of \$28,152 in 1991 and \$34,256 in 1992. Representatives of the association will meet with council's Committee of the Whole to discuss the matter further.

THANK-YOU

The catscan potluck party held at the Elks Hall on Nov. 24 was a huge success. Tickets were sold out well in advance as the community came out to support this worthy cause. Everyone seemed to have a good time enjoying a fine meal put together by the ladies and dancing the night away to music ranging from rock and roll, bluegrass, country, and some great old fiddle tunes. We'd especially like to thank the musicians who all paid admission for the privilege of entertaining the crowd as did the volunteer bartenders, organizers and clean up people. It's a pleasure to be part of this community. Special thanks to Bev and Clair who came all the way from Prince Rupert to help. Also thanks to Dave Hickey and Tony Mandzler for use of the sound system. Music by Bobby Ball, Barry Bolton, Bev Campbell, Allan Collier, Earl Crawford, Jacque Desjardins, Norman Desjardins, Dave Hickey, Dick Ladaeceur, Jim Larkin, Lucienne Lesveque, Tony Mandzler, John Pequin, Roseanne Pearce, Glen Sheperd, Jack Zahodnick, Laverne Zilinski. We would like to thank everyone who attended raising \$1,475 which will be put towards the purchase of a catscan. Organized by Roy and Audrey Alaric, Norman and Germaine Desjardins, Gordon and Hazel Hamilton, Russ and Gail Kirk and John Pequin.



The Best from the Stacks

Reviews of books from the Terrace Public Library
by Harlett Fjaagesund

The Little Lame Prince by Rosemary Wells Juvenile fiction published by Dial Books for Young Readers

Three-year-old Prince Francisco, heir to the throne of El Cordoba, is as adored by his parents as they are by their subjects. But things change for the little prince when he is crippled in an accident. His parents die soon after, and Francisco's evil uncle Osvaldo seizes the throne.

Francisco is exiled to desolate Tierra Dolorosa, where he grows up with only an old nursemaid for company. Then one day his fairy godmother appears before him and tells him the true secret of his birth. Francisco knows he must return to El Cordoba to reclaim his throne.

He worries that no one will pay any attention to a lame prince who cannot walk. And how will he be able to defeat his evil uncle? Then his fairy godmother gives him a gift that has magical powers.

This is an enchanting fairy tale for all ages.

Hairy Maclary's Rumpus at the Vet by Lynley Dodd Juvenile fiction published by Gareth Stevens Children's Books

Watchful and wary Hairy Maclary from Donaldson's Dairy must go to the vet. While there he spies all sorts of creatures; mice and cats, rabbits and rats, other dogs like him, and even a cockatoo locked in a cage.

It is when Cassie the cockatoo plucks a hair from Hairy Maclary's tail that all the trouble begins. He is so frightened that he knocks over a bowlful of mice. And then Grandmother Goff is so frightened at the sight of the mice scrambling around that she drops the bottom of her bird cage and out fly four fussy budgies.

Soom there are cats and dogs and mice and birds and even a goat in a rage all jumping around the waiting room. And there sits poor Hairy Maclary, caught right in the middle of all the fuss and bother.

Anyone who has spent any length of time in a veterinarian's office can identify with this story!

Who is... Cliff Best?

by Betty Barton

Cliff Best is a teacher at heart, the seniors chairman at the Tuck Avenue Seniors residences for the Christian Council Resources, and the retiring Fire Chief for Terrace. Today is Mr. Best's last day of work and then he'll be back on December 31 "to finalize everything", he says.

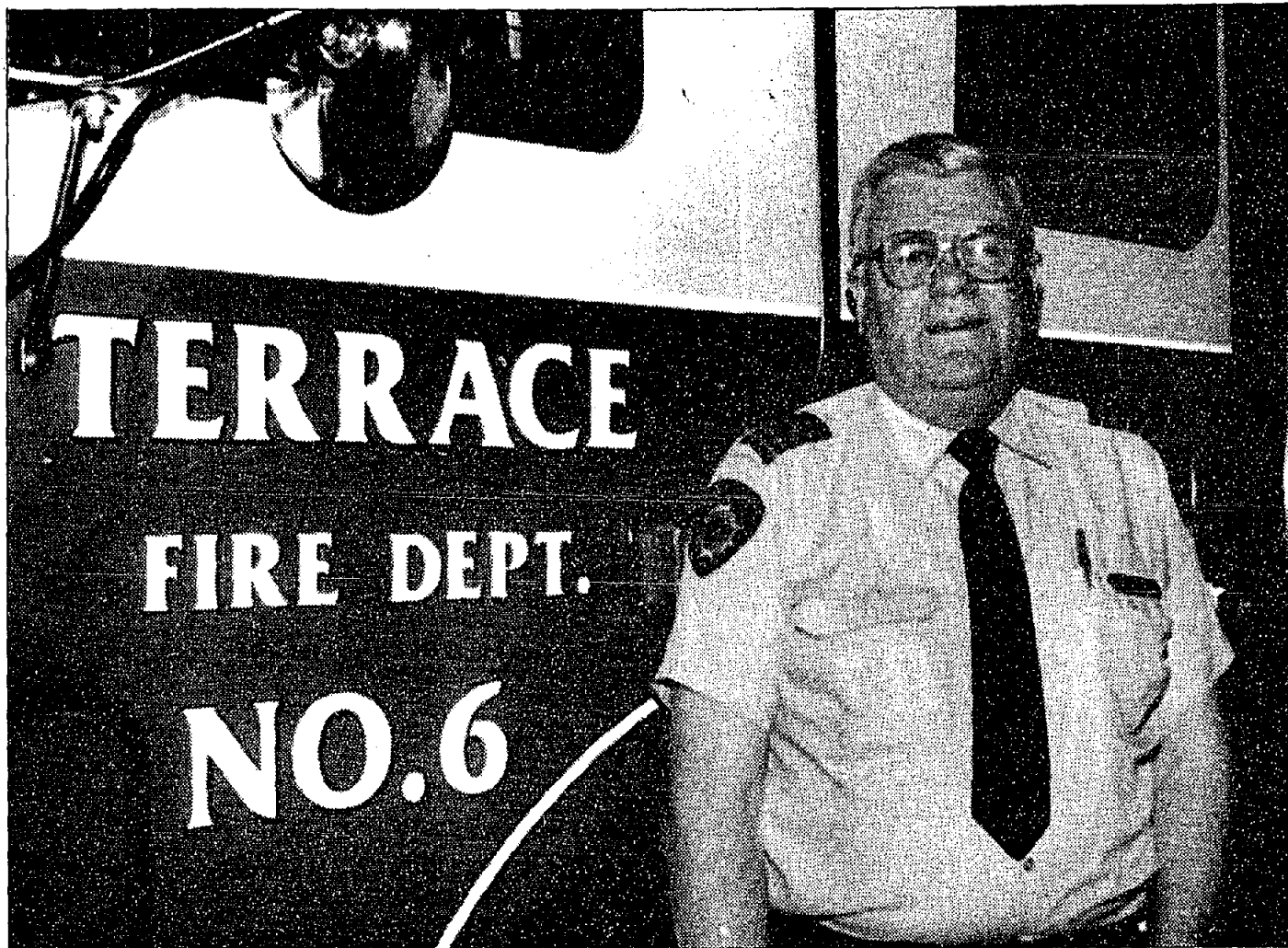
Cliff Best has been a member of the Terrace Fire Department since Feb. 1, 1952 when he joined the volunteer force. He came here from Saskatchewan in 1948. His brother was on the volunteer fire department and encouraged him to participate in practises.

From 1948 until 1954, Cliff worked at Pohle Lumber's old mill out of town. After that, he went to Reum Motors as a mechanic, a skill he says has served him in good stead as a fireman. For three years after that, he worked for the Ministry of Transport at Terrace-Kitimat airport as their first firefighter. He trained in Esquimalt and Camp Borden, Ontario.

On April 1, 1960, Cliff Best joined the paid staff of the Terrace Fire Department. By 1969, he was captain of the paid staff and assistant chief for volunteers. His first big fire was when the Pohle Lumber mill burned down. He was in charge because the chief was out of town. Almost 17 years ago, on Feb. 1, 1974, Cliff Best was appointed fire chief when then-chief Andy Owens left Terrace to work at Tranquille in Kamloops. After only one month as fire chief, the big old army drill hall on the Birch bench burned to the ground.

Best notes that other memorable fires have been the two civic centres (one at Riverside Park and the other on the present site of the Terrace Public Library). "The only large fire I missed before the Bavarian Inn was the Terrace Hotel. I was on holidays then."

When the Bavarian Inn burned, Best says he was "flat on my back with back problems. Per Helvorsen and our seven paid firefighters and many of our 30 volunteers were out for that one, and the Thornhill



Cliff Best: I would much rather teach fire prevention than fight fires.

fire department.

"Whenever things got tough, I had a real good crew, both paid and volunteer, to back me up. We got along really well over the years," Best commends his staff

and city council, "The last few years have been the best with administration and city council. All departments are working together and all the girls in the office are really friendly."

Best identifies one of the highlights of his time with the Terrace Fire Department as "the tours with the little kids... the younger they are, the more enthusiastic and interested they are. I would much rather teach fire prevention than fight fires," states Best. He has conducted fire prevention kit lectures at Northwest Community College and at the fire hall.

Best credits his full life to "a good crew, faith in God and my wife, Trudy, always standing beside me." The Bests have four daughters and four grandchildren, all of whom will come to Terrace this Christmas to mark Cliff's retirement.

Best is proud to note, "The only promise I made when I became chief was to keep harmony between the volunteer and paid staff. A lot of fine departments don't have this (harmony). I think I've accomplished that goal."

He is also proud to note, "We've improved the firefighting equipment a hundred-fold during my time as chief". Best has been on three junkets to pick up new fire trucks, two from Quebec in 1965 and 1975 and the newest one in Langley last year.

The new chief Bob Beckett will be in Terrace December 10th to take over. He's already spent three days with Cliff Best and been introduced to everyone. Lieutenant Per Helvorsen will look after him, Best is confident. And Cliff himself is available if Bob Beckett has any concerns. "It's time to move on, but we'll be staying in Terrace. We have to retire at 60. I'll be 60 on December 16th."

And after that? The Bests bought an old motor home and they plan to travel. The volunteer fire department gave them tickets to Disneyworld for a week in March. The paid fire department gave Cliff a recliner (chair), so he figures they're all set. Also, he'll have time to work on the house, do some uninterrupted fishing, and continue to be active with the Tuck Avenue Seniors.



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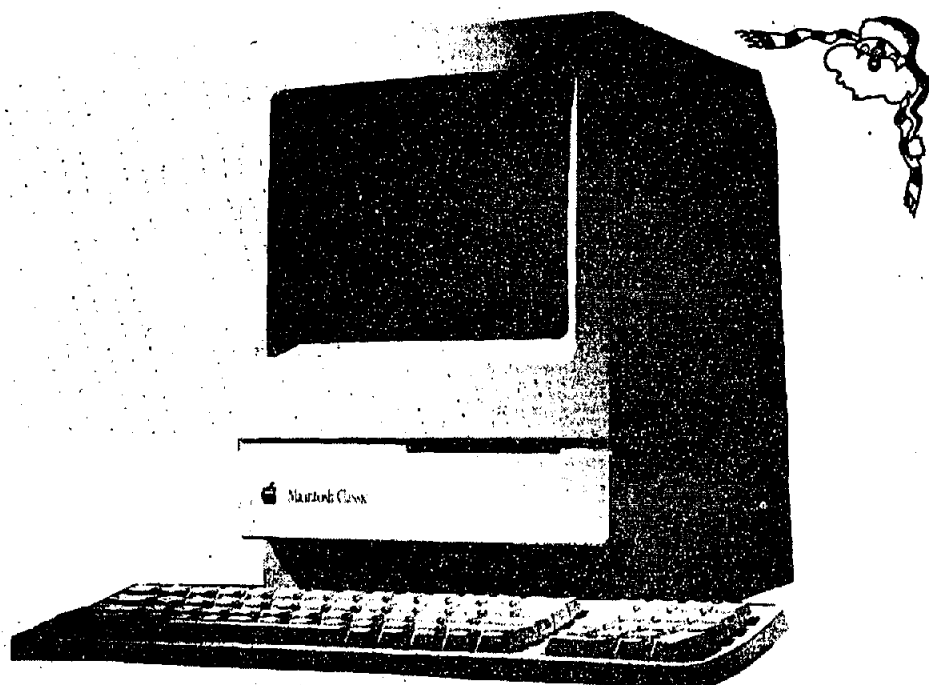


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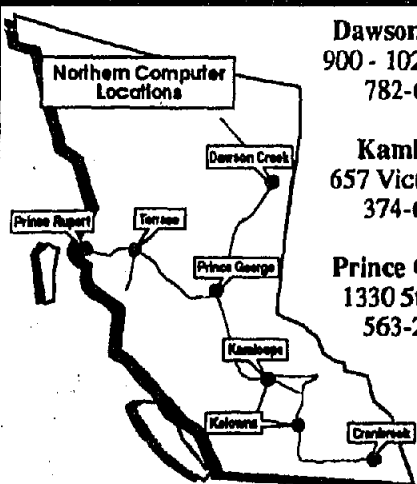


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Looking back...

There was an idea floating about for a new city tax a year ago this week. A two percent hotel room tax was being considered by the city's Finance Committee because they felt it was the only way the needed cash for tourism promotion could be raised. It was only an idea, but if implemented the tax was expected to net \$70,000 a year.

But there were other ways of raising money that were a little closer to reality. City administration was busy identifying bylaw violations and an appropriate range of fines for each. Once the list was complete, and approval was obtained from Victoria, the city bylaw enforcement officer would be busy writing tickets for a variety of offenses.

While a number of ways for collecting money were in the works, so were ideas for spending it. The city had decided to spend a few dollars by adopting the North Coast Road Maintenance idea of paying local groups for every bag of litter they collected. It would cost the city but it was a good idea... Everyone would benefit.

Also, it would cost the city a handsome sum for the east Halliwell upgrade; the exact number was still being calculated. A new animal shelter was required, but there would be no action on that until Halliwell was done. And there was the maintenance of the city's convention assistance fund... but nobody was using that anyway.

And then there was the CNR. They city opted for the best of two bad choices following receipt of a letter from their real estate division. For the privilege of having existing sewer and water lines remain "under" the railway, on "CNR property", the city would pay \$6,700 in advance for the next 20 years. Choice number two was to pay \$670 a year (\$13,400 for 20 years), a 167 percent increase, and the 20-year option was only an 83.5 percent increase. For what? No one seemed to know.

But what about other stories from our past? Three years ago this week the Terrace Child Development Centre got a new van, compliments of the Rotary Club and Terrace Chrysler, the food bank was collecting food, as usual, and the shelter component for welfare rates went up 20 percent.

A crack down on overweight and over-length logging trucks resulted in 20 local truckers being charged with 45 offenses, three Terrace residents were among nine nabbed following a province-wide drug conspiracy investigation, and the government announced a pilot project called "Reconnect" which was designed to rescue street kids who were "at risk".

A year later, 1988, Project Reconnect was operating in Terrace. Street worker Suzanne Dufour had been on the job for two weeks. We had a new senior building inspector, Bob Lafleur. And the province announced another new program, this one for the preservation of local history. But it wasn't designed for Terrace.

To qualify for funding, local heritage sites had to be owned by the city.

Traffic safety in the downtown core came under fire following an incident Dec. 2, 1988. One of our senior citizens was seriously injured when he was struck down in a Lakelse Ave. crosswalk. The cause, according to RCMP, "driver inattention". That same week ICBC announced a seven to 12 percent insurance increase in our area. The reason, according to ICBC, was due to the continuing rise in bodily injury and property damage claims.

Last year, RCMP reported four traffic accidents in our area during the week. A four-car pile up at Apsley and Lakelse resulted in \$17,000 in damages and an impaired driving charge. A Kispiox woman was uninjured but destroyed her car when she lost control near Cedarvale. And a Keith Ave. pedestrian and a Highway 37 moose were struck down by motor vehicles in separate traffic mishaps.

The discovery of an illegal animal trap in a residential area near NWCC had many people upset. The trap, which was "designed to kill" according to animal control officer Frank Bowsher, was discovered by children playing in a wooded area at the rear of their home. A 60-pound wire-haired terrier was lucky, it survived the trap, but it took the strength of two adults to release the family pet. The frightening thing, said Bowsher, was that it could have been one of the kids.

On the regional scene three years ago this week, the province was still trying to explain privatization to anyone willing to listen. According to Skeena MLA Dave Parker, the scheme wouldn't compromise public safety and would save public funds.

Two years ago this claim was put to the test. The headline on Dec. 7, 1988: "Ordeal by snow for new highways and bridge contractor". North Coast Road Maintenance took over maintenance on Dec. 1 and on Dec. 3 we were buried under 20 centimetres of snow.

Plowing the snow caused the formation of ice, sand spread on the ice was soon covered by more snow, and later in the day we got 47 millimetres of rain. During the night skies cleared, temperatures plummeted, and the entire mess froze solid.

A tough test, said North Coast manager Mike Zylicz, but added their first real call to duty went reasonably well. Still, "We don't want to see any more of those," he was heard to say.

In another privatization story, the Thornhill Nursery was also on the block three years ago this week. Offers were being accepted from the public but employees were being urged by Victoria to take the bull by the horns.

They eventually did, and a year ago this week we offered this update: under private ownership, the nursery was still growing its annual quota of seedlings, and



The Thornhill Nursery became a newly privatized operation in 1989, and during the Christmas season Joe Pitzoff and Tom Harvey displayed the nursery's holiday bid to diversify — a crop of thousands of poinsettias.

something else: 3,000 locally grown poinsettias, ready to brighten our Christmas season. To the best of everyone's knowledge, it was the furthest north in B.C. this native flower of Mexico had ever been grown.

On this date in 1987, CBC had recently announced the dismantling of CFPR in Prince Rupert, and the federal government announced the third year of a five-year Department of Indian and Northern Affairs reorganization plan. The feds' vision of native independence, though, was apparently not the same as the native vision of self-government.

"Empty promises," said Kitumkalum chief Cliff Bolton. According to Bolton, money saved in staff cuts was not being given to the bands to replace the services that had been lost. One effect, he claimed, was to counter Bill C-31.

Under Bill C-31, native people could move back to the reserve and reclaim their status, but because of the bureaucratic re-organization, there were no services to meet the needs of those wanting to take advantage of the Bill.

"The government is not cutting back on these things for the Indian people," he said at the time. "The government is cutting back and closing down their offices to save money."

In the world of business, the Terrace Farmers' Market was buzzing with excitement. City council and the Tourism and Economic Advisory Commission had shown an interest in the potential of this group and were seeking ways of tapping their potential with a more permanent base of operations.

In the larger scheme of things three years ago this week, Repap CEO George Petty was in town and in his wake left a promise: If Free Trade went through, it would lay the cornerstone for a new pulp mill and coated paper plant in the northwest.

A year ago this week, Repap's Skeena Cellulose was said to be contemplating a \$600 million expansion project, but it wasn't based on Free Trade. It was based on a secure source of timber.

Skeena Cellulose had two bid proposals in; one for 265,000 cubic meters in the Cariboo and another for 623,000 cubic meters in the Prince Rupert Forest Region. The outcome, we were told, would be the determining factor in the expansion decision.

In the world of electricity a year ago this week, the switch was officially thrown on the Stewart connection, and two routes were being considered for a second Kitimat Valley hydro line. The first public meeting in the area on the Kitimat line was held in Terrace Nov. 21.

On health matters in 1987, we were told that AIDS was the threat of the decade and the Skeena Health Unit was urging all kids to take "Family Life". One year later, Dr. David Bowering warned: "Unless education measures are effective on young people, teenagers could become the next high-risk group of carriers."

It was three years ago that the Mills Memorial and Terraceview boards merged to form the Terrace Health Care Society, and one year ago we saw signs of progress. The regional district approved a bylaw allowing them to borrow \$300,000 for their 40 percent share of the cost of the nuclear medicine project at Mills Memorial Hospital, and with the blessings of the Ministry of Crown Lands city council gave the go-ahead on a five acre site destined for supportive housing.

The evolution of education in the past few years has seen School District 88 come up dry in their search for a new name, Val Napoleon win the school board chair in 1987, the federal government's cutting of fee payments for native

students, the digging of trenches in Dec. 1988 for a pending teachers' strike, Juice and Squeeze, and a number of student starvathons for the benefit of others.

In 1987, the Caledonia girls placed fifth in the B.C. senior girls double 'AA' volleyball finals, local Minor Hockey rep teams were at the top of the league, the Bluebacks Swim Club announced tentative plans for a full-time, paid coach, and Terrace Youth Soccer was saved when a second AGM attracted 43 people. The first meeting held in November attracted only six people and the existing executive threatened to resign.

In the grown up world of sports, the Houston Deans won the Terrace fun hockey tournament in '87, '88 and '89. Kitimat golfers voted to add the back nine in 1987. This might have been a good thing. That same year the annual public meeting for sports fishermen painted a dismal picture of the future.

It may be no indication of global warming but the trend in the last three years was headed in that direction. This week in 1987, saw mixed rain and snow with temperatures ranging between -3 and +5. The following year it was a little warmer and we had a lot more rain, and in 1989 even the lows were above freezing and we had even more rain.

Rain and snow makes slush, of course, and that created havoc last year on Highway 37 north. It was the cause of an asbestos spill near Stewart, and south of Meziadin offered Terrace alderman Mo Takhar took an opportunity to lend a helping hand. A Washington state trucker was in trouble on a slight incline and veteran trucker Takhar, who was returning from Stewart with a busload of local dignitaries, helped the unfortunate driver chain up.

Stewart re-elects Cornell as mayor

It appears that the voter lethargy that marked the Terrace civic elections didn't carry up the Portland Canal. According to a special Nov. 17 issue of *The Signal*, a local publication in Stewart, 85 percent of the eligible voters in the port town turned out to re-elect mayor Darlene Cornell and a six-member municipal council.

Cornell defeated challenger Andy Burton 232-176. In his bid for the mayor's office, he deserted a seat on Stewart municipal council he had held for more than 20 years. That also means Burton will no longer represent Stewart on the board of directors for the Regional District of Kitimat-Stikine.


The new Stewart council is

expected to choose a regional board representative before the next regional district meeting Dec. 7.

Nine candidates were nominated for the six positions on Stewart council. Elected were Russell Earl, who topped the polls with 301 votes, incumbents Rick Kearns and Terry Heinricks, and newcomers Kirsten Chapman, who also represents Stewart on the School District 88 board of trustees, truck logger Jack Danuser, and Elmer Bourneman, a mining industry professional with a background in employee relations.

Defeated were Berend Mensies, Mary Jane McKay and Elaine Hamilton.

NORTHWEST



AIMS
FOR HEALTH

"Did you know..."

A public service feature by the Skeena Health Unit

Contributed by Shelly Harnadek, C.P.H.I.(C), Environmental Health Officer, Skeena Health Unit

Did you know that your guests could get an unwanted present with their Christmas Dinner?

Salmonellosis is a food-borne illness commonly traced to improperly cooked poultry (maybe your Christmas Turkey!). Salmonella is a bacteria that multiplies in the intestines of humans and other animals. It invades the human intestine, and causes illness. The bacteria is commonly found in poultry, raw eggs and egg products and unpasteurized milk.

Salmonella food-borne illness symptoms usually begin between 12 to 36 hours after eating contaminated foods, and include abdominal cramps, diarrhea, nausea and vomiting.

Bacteria can be spread to foods in many ways. Two of the easiest ways for foods to become contaminated are through improperly washed hands, and by contaminating cooked and ready-to-eat foods with knives, cutting boards, platters, and other surfaces that have contacted raw meats and raw poultry.

But, don't give up tradition just yet! Salmonella infections can be prevented by following some simple rules:

- **Thaw your turkey in the fridge.** You'll have to plan several days in advance, but your dinner will be safer because of it. If you can't manage to thaw it in the fridge, set the bird under cold running water until it is thawed completely. Leaving meat and poultry at room temperature to thaw invites bacteria to grow and multiply, and increases the risk of illness.
- **Wash your hands** thoroughly before preparing foods, and after handling raw meat and poultry. Though they may look clean, hands touch everything and can pass along more than just "dirt" to your foods.
- **Wash all surfaces that have contacted raw meat or poultry** in hot, soapy water as soon as you have used them. This includes knives, cutting boards, trays, and all other utensils.
- **Cook the dressing separately** (a few seasonings and a bit of chicken broth will give it a "cooked in the bird" flavour). If you cook the dressing inside the turkey, make sure it is very well done.
- **Check the internal temperature of the turkey.** Use a meat thermometer to make sure that the temperature at the centre of the bird is at least 74 degrees C (165 degrees F) before you consider it done. A high enough temperature will kill any bacteria that may be lurking around.
- **Use only clean utensils and platters** to carve and serve meats and poultry.
- **Don't let meats or poultry sit at room temperature.** Serve dinner as soon as the turkey is done, and refrigerate leftovers as soon as the meal is over.

A few other reminders to help prevent salmonellosis: don't use cracked or dirty eggs; avoid using raw eggs in egg-nogs and other foods; use only pasteurized milk and milk products.

These tips should help your guests remember your fabulous Christmas dinner instead of the illness they suffered.

Have a safe and happy holiday season.

What are your questions and concerns? Write us at:

"Did You Know That...?"

Skeena Health Unit
3412 Kalum Street
Terrace, B.C. V8G 4T2

Wood heating: smoke, health and environment

This article begins a series of four installments on the environmental and health implications of using wood as a primary home heating fuel. The articles are authored by John Collison-Baker of the B.C. Ministry of Environment Waste Management Branch, provided by the Skeena regional office of the Ministry of Environment, and printed by the *Terrace Review* as a public service. Any readers who have comments on these pieces are invited to address their concerns to the *Terrace Review*, attention: Editor.

Pollution from smoke is usually thought of as an outdoor problem. In homes heated with wood burning stoves, there also can be considerable smoke pollution indoors.

These emissions enter the indoor air from outside through doors, and windows. They also enter the indoor air each time the stove is opened for fire starting or refuelling.

Young children can be very susceptible to respiratory illness when living in homes heated by

wood-burning stoves. During the winter heating season, they are often kept indoors. Studies (Michigan State University, 1984) show that there is a significant increase in the incidence of wheezing, persistent cough, allergies, bronchitis and other respiratory ailments.

When compared with children in non-wood burning homes, children in wood burning homes had 48 percent greater incidence of moderate symptoms of respiratory illness such as wheezing with a cold. They had 81 percent greater incidence of severe symptoms of respiratory illness. Severe symptoms include coughing at night or most days, and wheezing apart from colds. The occurrence of allergies was 16 percent higher. Although many of these symptoms are often thought to be caused by viruses, respiratory irritation by wood smoke can cause the same symptoms. The elderly and those with special health problems are similarly affected.

Mutagenic (chromosome damaging) compounds are known to be present in wood

smoke. Indoors, cigarette smoking, volatilization of cooking products and wood burning add genotoxic products to the air. Studies vary as to whether indoor mutagenic activity is greater than or less than outdoors. However, studies agree that mutagenic activity occurs.

Indoor air pollution from wood burning has many of the same ingredients as sidestream and mainstream smoke from cigarettes. It is reasonable then to expect the same carcinogenic (cancer-causing) effects. Both indoor and outdoor wood smoke contain many carcinogenic compounds such as benzo[a]pyrene, dibenzopyrenes and dibenzocarbazoles.

Significant reduction in wood smoke pollution can be achieved through improved burning techniques. Burn dry, seasoned wood only. Allow ample air into the firebox to promote more complete combustion, thereby producing fewer pollutants. Supply outside air directly to an under-fire intake on the stove. Avoid wood burning when the air quality is poor.

I've prepared for the GST.

Have you?

Now is the time to register.

Are you ready for the proposed GST? If not, now is the time to register and prepare. Registration applies to anyone involved in a commercial enterprise. This includes fishing, farming, professional services and many activities carried out

by non-profit organizations.

Revenue Canada is ready to assist you with information on:

- How to register and the benefits of doing so
- What the GST means to your operation
- Simplified accounting options and administrative procedures
- Rebates of the Federal Sales Tax
- How to recover GST on business purchases
- GST return and filing options

Contact us today.

Phone:

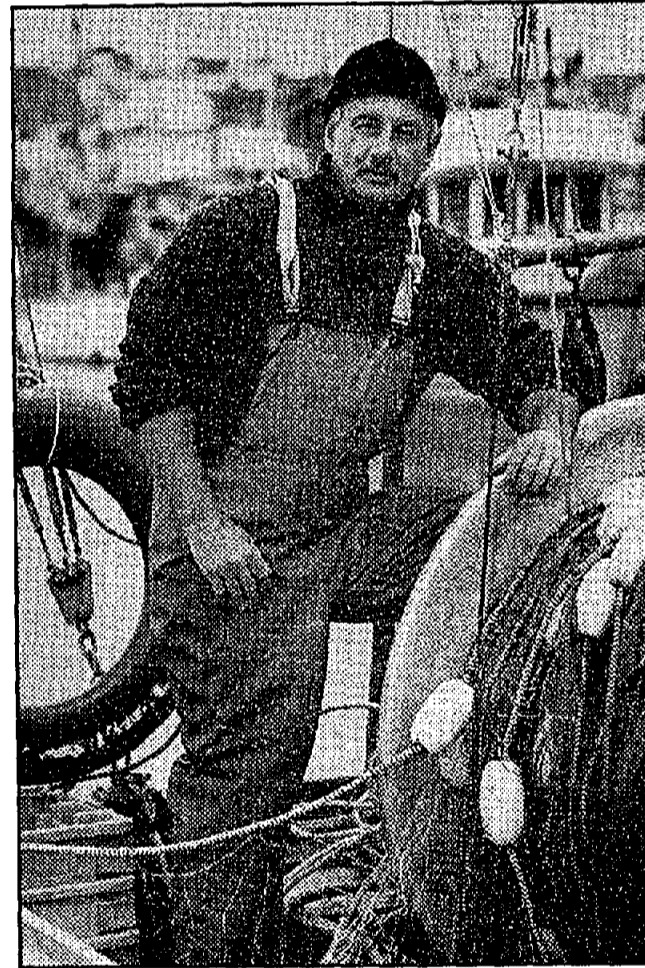
1 800 561-6990

Telecommunications device for the hearing impaired:

1 800 465-5770

Or drop by the Revenue Canada Excise Office nearest you, Monday to Friday, 9:00 a.m. to 5:00 p.m.

Canada's GST. It's good business to prepare now.



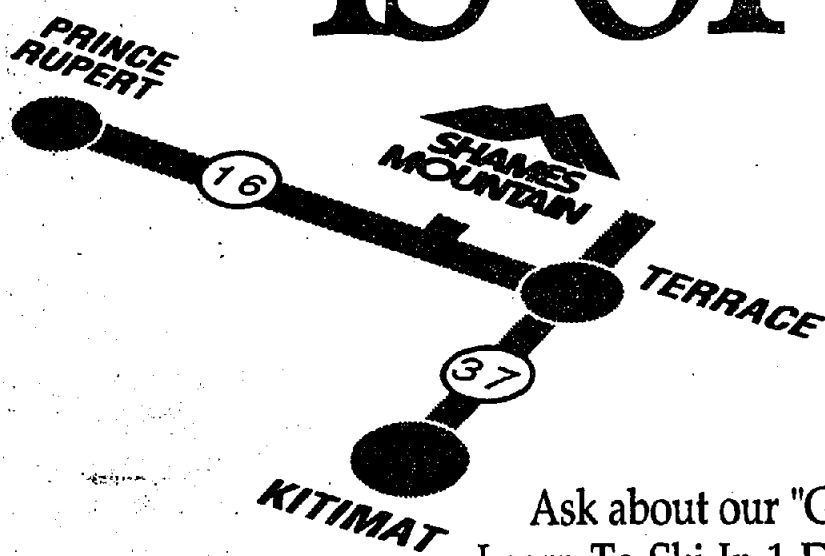
Shames Mountain, skiing at its peak

A supplement to the Terrace Review
Wednesday, December 5, 1990

**Special pull-out
section**

→	PRINCE RUPERT	93 MIN.
←	KITIMAT	72 MIN.
←	TERRACE	28 MIN.

Now, skiing in the Northwest is only minutes* away!



Ask about our "Guaranteed Learn-To-Ski-In-1-Day" package for first-time skiers. Package includes: lift ticket, 2.5 hour beginner lesson and full equipment rental for \$30. Learn-to-ski and skill-upgrading programs for children and adults are available through our Ski School. Choose from over 300 sets of brand-new, state-of-the-art rental equipment. For Christmas, gift certificates and handy multi-day Flexpass lift tickets are available from the Customer Service Desk, main floor in the Day Lodge.

*Estimated travel times are based on legal speed limits. Travel times will vary with road and weather conditions.

DISTANCES TO THE SKI AREA

From Prince Rupert	137 km (89 Miles)
From Kitimat	101 km (63 Miles)
From Terrace	35 km (22 Miles)
From Ketchikan	Ferry to Prince Rupert + 137 km (89 Miles)
From Wrangell	Ferry to Prince Rupert + 137 km (89 Miles)

Watch for our December opening!

Skiing At Its Peak

For more information, write: Shames Mountain Ski Corporation,
Box 119, Terrace, British Columbia, Canada V8G 4A2





**SHAMES
MOUNTAIN**
Skiing At Its Peak



A message from Shames Mountain president, Gerry Martin

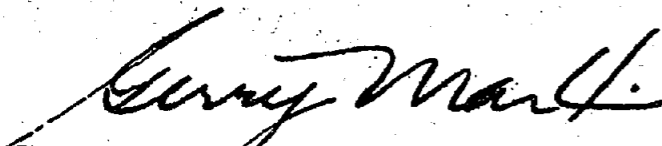
I'd like to personally invite all residents of the Northwest and southeast Alaska to visit the Shames Mountain ski area.

Shames is more than just a first-class ski area! It is a major secondary industry that will improve the quality of life for Northwest residents in the form of recreation, health and fitness. This new 'environmentally friendly' industry will diversify (and therefore stabilize) our local economy. It will work to make our Region more attractive to hard-to-find professionals and will be a major "selling point" for living in our area.

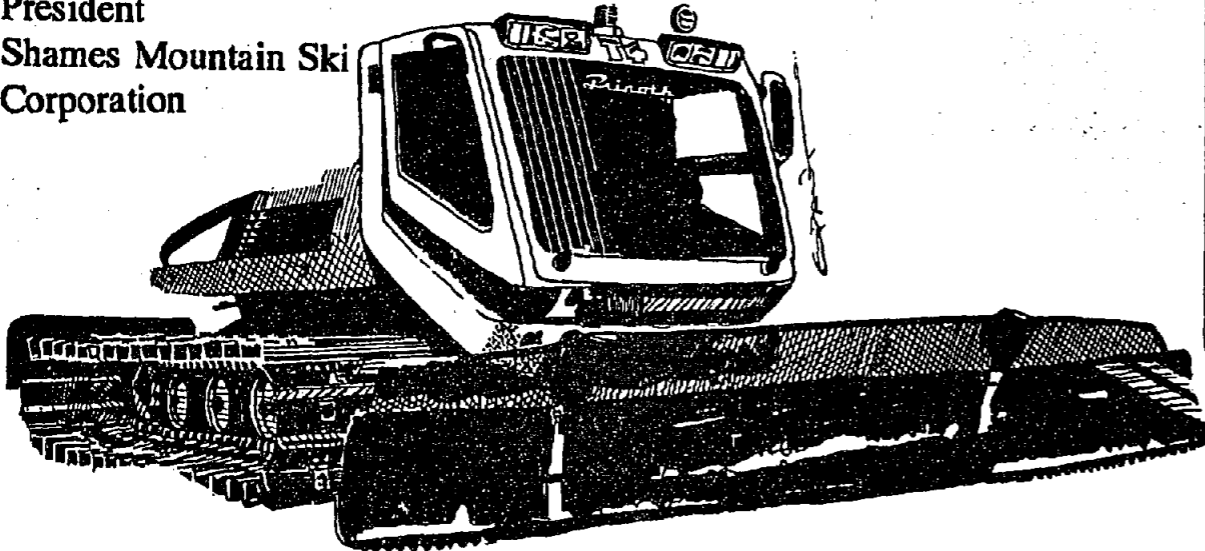
The Shames ski area has been built by Northerners, for Northerners and shows what Northerners can do with grit and determination.

Many thanks to the people of the Northwest for their support and encouragement; to the Minister of Crown Lands, Dave Parker, for helping in a major way in this community based project; to the Regional District of Kitimat-Stikine; to the mayors and councils of Prince Rupert, Kitimat, Terrace, Ketchikan, Wrangell and Juneau; to the economic development officers of Terrace, Ketchikan and Juneau; and especially, to our many local investors for their belief in, and financial backing of, this exciting project.

Shames Mountain, skiing at its peak! This is only the beginning.



Gerry J. Martin
President
Shames Mountain Ski
Corporation



SHAMES MOUNTAIN CONSTRUCTION MANAGER Mark Grabowski tests snow levels and tries out his skis on the bountiful snow at Shames Mountain ski area, shortly after his arrival in Terrace from Coeur d'Alene, Idaho in late February 1990. Buoyed by this first experience on the future site of B.C.'s newest ski area, he decided to stay and took on the monumental task of ensuring Shames opening in mid-December 1990. Congratulations, Mark!



A MOMENT IN HISTORY was made in July of this year, as the final land-use operating agreement is signed for Shames Mountain ski development. Signators are (left) Junior Gingles and Larry Krause, directors of Shames Mountain Ski Corporation and MLA and Minister of Crown Lands, Dave Parker.

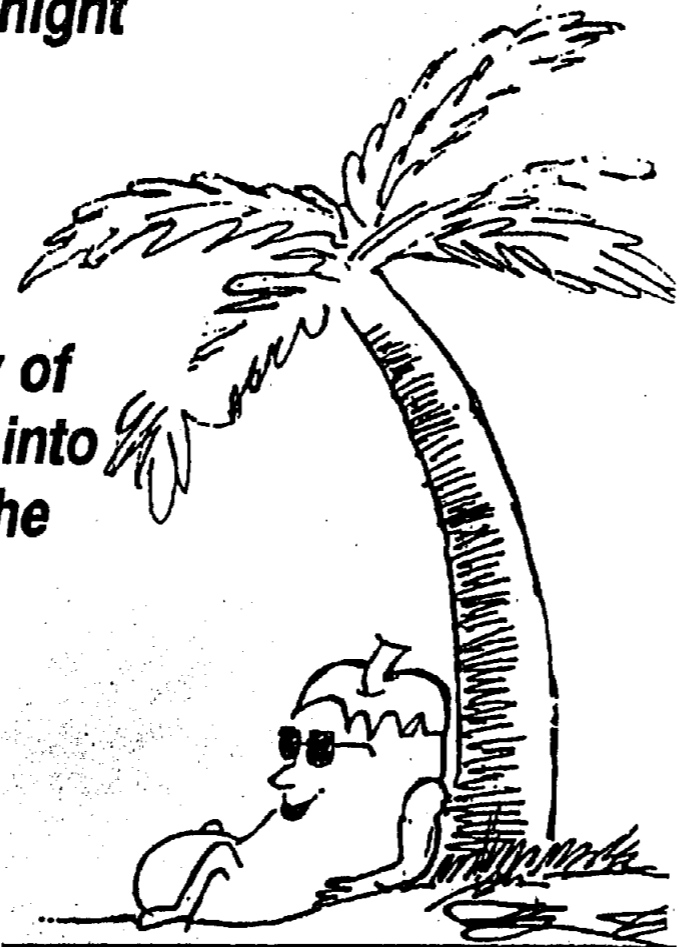
Don Diego's

The best little restaurant
north of the border
just south of main street

- A different menu every night
- Fresh ground coffee-
Pacific Rim Flavours
- Awesome desserts!!

After an exhilarating day of
skiing at Shames, come into
Don Diego's and enjoy the
warmth of the south.

3212 Kalum St.
Terrace
phone 635-2307
for reservations



Bouquets to all the contractors

Dave Parker, MLA for Skeena and Minister of Lands, was instrumental in seeing the Shames Mountain Access Road come to fruition. The following is an interview with Mr. Parker about the benefits he sees in having the Shames Mountain ski area up and running;

ECONOMIC BENEFITS

"At the root of it all, I see the challenges of winter tourism providing a diversity in employment opportunities. We will have the ability to withstand economic downturns in the forest industry. This initiative (Shames Mountain) helps us seize that opportunity."

Mr. Parker went on to say that he sees Shames Mountain ski area complimenting both the Smithers' Hudson Bay Mountain ski area and Mount Layton Hotsprings Resort. With this package, he feels, "we have the opportunity to hold tourists here for a number of additional days. This will facilitate better utilization of the service industries, less likelihood of winter layoffs and tourism facilities year-round."

ACCESS

Parker explained that the Shames Mountain Ski Corporation is a private enterprise, receiving public support via the regional district with the favourable terms they have offered for payment on the Kitsumkalum ski facility; provincial support in the provision of a Highways-standard road which will ensure public safety and maintenance efficiency; and a 50-50 Federal/Provincial tourist industry development subsidiary agreement (TIDSA) loan. The purpose of this support from all levels of government is to provide the infrastructure and support for the facility of winter tourism.

THANKS

"We want to make sure that they (skiers) get there and back safely. A bouquet to the Highways guys and all the local contractors for making that happen, and for the perseverance of investors. This project has been a good example of everybody working together." Mr. Parker concluded the interview with, "The vision and confidence of investors ensures the future and provides new jobs for the next generations."



After 7 years of labour, a ski hill is born!

by Todd Vogt

Shames Mountain Ski Corporation was incorporated in January of 1986 but the idea of a new location to replace the snow-lacking Kitsumkalum Ski Area had been in the works since 1984. The actual history of Shames over the last seven years has been, to say the least, somewhat controversial. What is very interesting and uncontroversial however, is the way in which a small group of individuals, through dedication, hard work, and some very trying times have turned a great idea into one of the best ski areas in western North America.

When Shames Mountain Ski Corporation was founded, the intention was to provide local ski enthusiasts and first time skiers with a great ski facility at less cost. After a very extensive study of Northwest mountains was completed, Shames Mountain was the clear winner as the spot for a new ski area. Shames had everything; excellent terrain, great average snow base, and ideally close to Terrace, Kitimat and Prince Rupert.

Any local skier or business person would tell you that a new ski hill with a season that runs from mid November through to late April would make tons of money and bring thousands upon thousands of snow-crazed tourists to the region, but these "unbiased" facts were not quite enough to convince prospective investors. The Shames Mountain board of directors had to clearly identify who their market was, where they lived, how often they would ski Shames, and how much they were willing to pay to enjoy the fantastic skiing Shames could potentially offer. No Problem!

No Problem! Sure, except for that one small detail of where to begin.

The local market was easy enough to identify. It is comprised of "day-trippers", those who live close enough to ski Shames and return home the same day. This area includes Terrace, Prince Rupert, Kitimat and the Nass Valley. The total population of this area is 63,000. The second market for Shames is the "over-nighters" from Stewart, Kamano, Smithers, Houston, etc. Now with all this information in hand the Shames people contacted Ecosign Mountain Recreation Planners, the company that helped to develop such greats as Whistler and Blackcomb. This organization took the number of people in the area and input that information into their machines to determine how many skiers would visit Shames. There are hundreds of variables that go into determining how many potential skiers live in any certain area but the most important is how many "typical" skiers live in that area. A "typical" skier, according to the experts, is more often male, has a higher than average income and is younger than the average age. Coincidentally, the "typical" Northwest resident is more often male, has a higher income and is younger than the average. From all the information the experts came to the conclusion that skiing in the Northwest is a viable proposition.

Now according to Shames officials, a third market exists. The potentially lucrative "International" market of southeastern Alaska - commonly termed 'The Panhandle'. These people will come to the Northwest to "shop and ski".

With all of the compiled information and the fact that the Northwest was in dire need of more recreation facilities, the Shames Mountain Ski Corporation set about securing the needed loans to start building a premier ski facility. There was another little known factor that was essential in the

realization of Shames. What started out as a great idea between a few people turned into a large corporation with members of the Board of Directors more financially involved than any had expected or hoped for. "Two years ago I didn't think I'd end up underwriting a ski hill !!!" is a quote that surely every board member has used or thought on at least one occasion. This financial support along with the numerous other shareholders in Shames is the reason that we will be skiing on Shames this winter.

D.R. Matthews and Associates were the project construction managers for the Shames Mountain development, with Mark Grabowski as project manager locally. Under Mark's able leadership, local contractors were hired for everything from dismantling towers to clearing trails to installing water and sewer systems, to the tune of almost \$500,000. Karl Ernst of Mueller Lifts oversaw the re-construction of the chairlift and T-bar. Borvig Lifts of New York supplied new chairs and lower drive station for the chairlift.

The future of Shames looks very bright. If this first year is any indication, the problem known to Northwest skiers as "Kitsumkalum Syndrome" (lack of snow) will never afflict Shames. The future phases of the hill will include more runs, a second chairlift to a lower base and cabin lots. Present priorities for the hill include expanded parking areas and a child-minding centre. Summer 1991 will see further improvements to the Day lodge, construction of additional parking, establishment of a child-minding centre, continued run grooming and clearing and the building of a race run by the Shames Mountain Ski Club.

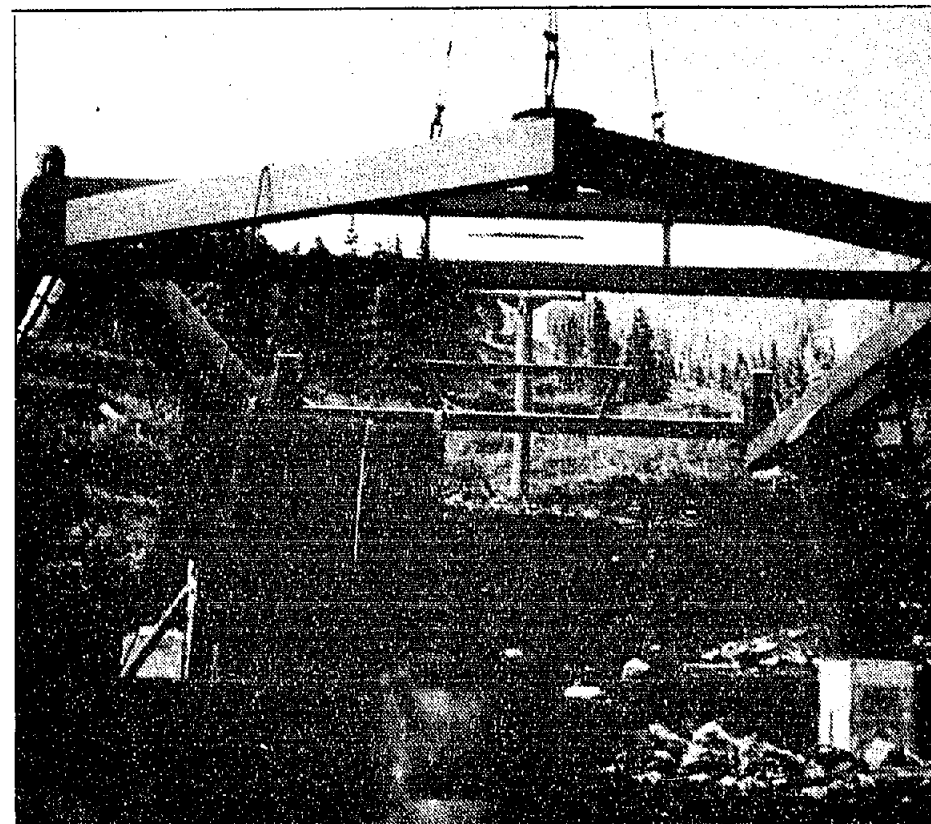
Once the first skier steps off the chairlift in mid December 1990, everything is possible.



KARL ERNST OF MUELLER LIFTS oversees the testing of the concrete for the tower foundations on Shames Mountain. Lapoint Engineering conducted all the testing required by the Ministry of Highways, Aerial Tramways division.

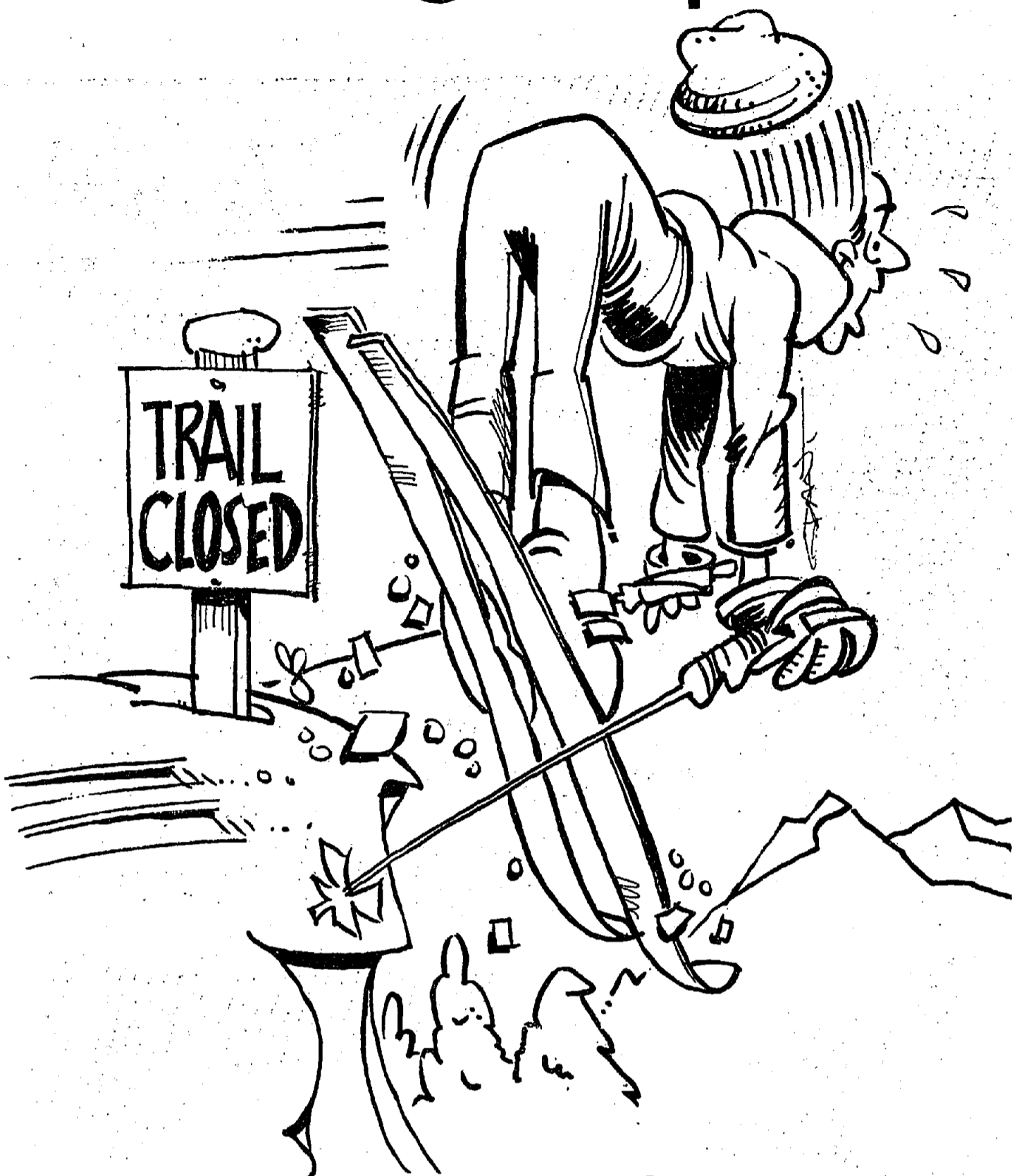


The Ministry of Highways and local sub-contractors spent this summer and fall upgrading the last 5 km of the Shames Mountain Access Road to a Highways standard 50 - 70 km speed road.



THE NEW DRIVE STATION for the chairlift on Shames Mountain was delivered this summer by truck from Borvig Lifts of Pine Island, New York. The driver, anxious to see the new ski area, took his highway truck, loaded with the drive station and 190 new chairs directly to the base area for unloading!

I hate this @*!#& sport!



I hate this @*!#& sport!

By Stephanie Wiebe

For those non-skiers who may be considering a venture into the exciting sports of downhill skiing, Shames offers a variety of programs to welcome new participants. Before you mount those skis, however, there are a few skiing terms that every new athlete should understand:

Snow — White flakes of ice. Skiers become obsessed with this stuff. The weather is an uncontrollable force, but it's like that on a northern mountain, there will be some snow. Still, snow-crazed skiers will listen intently to radio stations, scan newspapers, and browbeat local weatherpersons in an attempt to research the measurement of the snow "base" and new accumulation. For this reason, weather-people have unlisted home phone numbers and vicious guard dogs. Other skiers quietly pray for snow. It's been rumoured that these snow zealots will occasionally solicit extra support from church officials in hopes of pleasing some higher weather-being — a ridiculous practice, considering that church officials also ski and have already put in a good word.

Boots and Bindings — Devices designed to firmly attach human feet onto skis, while at the same time release same feet in the event of the Human-Snowball Syndrome (see below).

Bunny Slopes — These are the hills for beginners—the ones that they say will have no trees to ski into. Except at the bottom, there's usually one harmless-looking little pine tree to

snag non-athletic writers, who were promised that skiers running into trees is an unlikely event, exaggerated in Disney cartoons. It didn't hurt—much.

Snowplow — How to stop. Pay attention to this lesson—when flying down a slippery snow-covered mountain at 35 km per hour, stopping is one skill you'll be glad to know. Particularly if that pine tree is around.

T-Bar, Chair-lift — These contraptions are designed to move skiers uphill, an unnatural direction for people wearing fiberglass boards strapped onto their feet. Imagine explaining this situation to a Martian alien.

Moguls — These are bumps in the snow, which skiers hate but are created by skiers. They make the run rough and difficult to navigate. Be careful around large moguls—a few non-athletic writers have been found buried beneath these irritating lumps of snow (see "Human Snowball Syndrome", below).

Human Snowball Syndrome — This is another "only in cartoons" myth. H.S.S. is rare, but can evolve from over-enthusiastic non-athletic writers trying to ski beyond their capabilities. Severe H.S.S. often results in "Pine Tree Slamming Syndrome".

Cool Ski Look — Among skiers, there seems to be a belief that if you look good, you ski better. The most expensive, up-to-date skiwear is available to anyone with a decent credit rating, but please note: Skiing ability is NOT at all related to neon colours. Of course, Aerodyna-

mic Scientists have proven statistically that blondes ski better than those with darker hair, and those with foreign accents ski best of all.

Beginners — People who have watched Olympic skiing on television, and think it looks easy. A tip from a veteran beginner: Never allow anyone you like to teach you to ski. As you fly off the T-bar, run down innocent children, slam into a tree and collapse headfirst into a snow-bank, screaming, "I HATE THIS @*!# SPORT!", your pro-skiing friend, husband, girlfriend, who-ever will cringe with embarrassment and you will (naturally) blame them for the injuries suffered. It's also better if a professional ski instructor cleans up all that bright red blood, which looks so intense against the clean white snow.

Adult Beginners — Just when you think that you're skiing fairly well, some cute five-year-old will whiz past you at an amazing speed, skiing circles around each adult on the run, while balancing a ski pole on his nose and singing "Go Tell Aunt Rhody... The Old Grey Goose is Dead." This incites a severe depressive reaction in older, clumsier skiers, who now feel older and clumsier. This is why some adult skiers carry full wineskins at all times. Children: HAVE MERCY!

It's both exciting and frightening to begin a new sport. By understanding the sport's terminology and equipment, a person can attack the white slopes with confidence.

But, just to be safe, stay away from that pine tree.

8 feet of snow in 15 days

Reprinted with permission of The Ingot

What would you say if someone told you northern B.C. downhill skiers will be skiing an area ski hill with more than eight feet of snow in 15 days?

What would you say if someone told you this hill boasts the latest in grooming equipment, 1,600 feet of vertical drop and a brand new chairlift and an access road with only one switchback?

What would you say if this ski hill were only one hour and 15 minutes away from Kitimat?

Believe it or not, what you've just read is exactly what Alcan ski program organizer Stan Green told the Ingot earlier last week, following his first visit to Shames Mountain ski hill. "I was very excited by what I saw on the hill," he recalls. "It's a gorgeous mountain."

CLEARING THE MISCONCEPTIONS

"There are a few misconceptions I'd like to clear up right now, however," he continues. "First, the road is in very good condition. It's

more than three cars in width and the one switchback will not present a problem to motorists. In fact, I think a highway limousine will be able to make it up to the top," he confirms.

A handle tow will be installed later this season for beginner skiers and children.

They have at least five feet of snow at the base, eight feet at the top of the chairlift and at least 12 feet at the top of the T-bar," he points out.

"The snow is gorgeous, dry powder, not at all wet and heavy like everyone predicted," he notes.

PROCEEDING ON SCHEDULE

Work at the base is proceeding on schedule. A Prince George building mover has been hired to move the old Kitsumkalum lodge to the new ski hill. "The corporation plans to have the old chalet on site by December 10 and ready for use by Christmas," Stan continues. "Grooming will be done throughout the night (with the two new Prinoth grooming machines) so that when skiers begin arriving, the runs will be ready to ski."



SKI EQUIPMENT

for Christmas

- SKIS**
- Rossignol STS Carbon, Sug. Retail Price ..\$400.00
- BOOTS**
- Salomon SX72, Sug. Retail Price.....\$395.00
- BINDINGS**
- Salomon S757, Sug. Retail Price.....\$220.00
- POLES**
- Komperdell, Sug. Retail Price.....\$29.95

Total Package Value.....\$1044.95

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Call toll free 1-800-772-0804

Sweat, stretch and strengthen - keys to safe and enjoyable skiing

It's time to sweat, stretch, strengthen muscles and otherwise condition the body to be ready for ski hills and trails with the first blanket of snow.

Whether you are a weekend recreational skier or a competitor, a downhill enthusiast or one who delights in cross-country skiing, proper preseason conditioning can reduce chances of injury and improve skill and style on ski runs and trails, according to sports-medicine specialists.

"If your body isn't prepared you won't enjoy the sport and at the same time you will place yourself at risk for injury," warns Dr. Nigel Clement, an orthopedic surgeon and sports-medicine physician at Toronto's Fitness Institute.

"Skiers will get more bang for their buck if their muscles are finely tuned, so there is a minimum energy requirement to get results from the use of muscles," Dr. Clement said.

Training should be a year-round activity, but it's not too late to begin, said Dr. Clement, who compares an over-all fitness program with having a car tuned regularly. "It avoids potential problems," he said.

He favours a training program of at least one hour a day for four to five days a week.

Because downhill skiing is a high-velocity sport with rapid bursts of activity and the duration of the typical ski run is no

more than a few minutes, the emphasis in training should be on strength, flexibility, power and balance, the experts say.

The cross-country skier will benefit by initially focusing on improving cardiovascular fitness and endurance because of the sport's demand on heart and lungs.

However, for both the cross-country and downhill skier, a program to improve flexibility is of prime importance. The prescription for flexibility consists of a variety of stretching exercise, but only after the body is fully warmed up.

To improve flexibility it may be necessary to do stretching exercises three times a day, but it is not as onerous a chore as it seems. A series of stretches can be completed within five minutes.

Fifteen minutes daily of appropriate stretches will improve flexibility. Flexibility improves performance and enhances the enjoyment of the sport. If you aren't flexible, there is a greater propensity for injury.

Stretching is the most important and most neglected exercise, Clement has found. "Most injuries occur when skiers fail to warm up and neglect to stretch their muscles before undertaking vigorous exercise," he said.

The most successful strength and flexibility program is one that involves all parts of the body: upper and lower back,



chest, and lower extremities, including hamstrings, quadriceps, hip flexors and abductors.

Muscles should be stretched slowly and the position held for about 30 seconds before slowly coming out of the stretch.

Muscle strength is important to improve speed and balance and for performance over a long period. If muscles become fatigued, performance deteriorates. In downhill skiing, accidents take place later in the day; as tiredness sets in, skiers begin losing control.

Skiers should adopt a game plan in preparation for the slopes and trails. For those who start early enough, the first six weeks should be devoted to

flexibility, aerobics and an assessment of balance. The next six weeks should be used to develop strength.

Ski-related aerobic activities include running, cycling (on the road and on a stationary bike) and dry-land skating on in-line roller skates, referred to commonly by the brand name Rollerblades.

Skiing simulators, such as NordicTrack, originally designed to simulate cross-country skiing, and Skiers Edge, which duplicates the motion of downhill skiing, are among the popular devices for training in the off hours.

Exercises designed for downhill skiers should focus on the

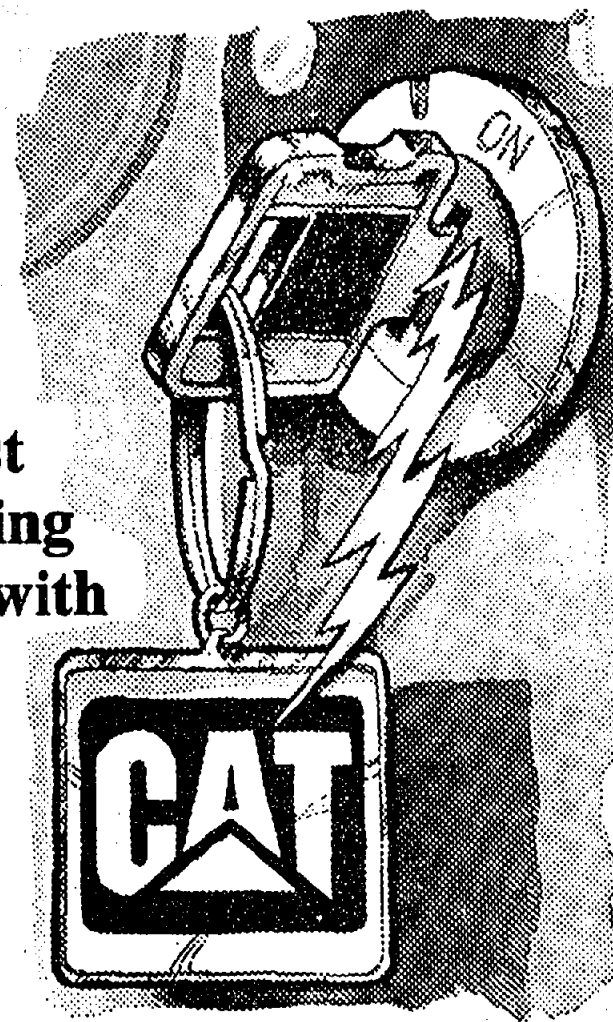
legs, hamstrings, quads, and Achilles tendon, all of which should be stretched, Clement added.

While conditioning will minimize the risk of injury, fatigue-related minor injuries are not uncommon on the slopes or trails and should not be ignored. If the injury fails to improve within four to five days, consult a doctor. "Proper diagnosis and adherence to a home exercise program are essential to prevent a more serious problem."



THE POWER IS ON IN THE NORTHWEST

Shames Mountain, the Northwest's AND B.C.'s newest ski area is powered by Caterpillar electric sets. Working together with the Shames Mountain Ski Corporation with reliable, efficient, powerful, and well maintained electric sets to bring you the best ski experience in the northwest.



FINNING
POWER SYSTEMS



4621 Keith Ave., Terrace phone 635-7144

Shames Mountain Facts & Figures

LOCATION: 22 km west of Terrace, B.C., Highway 16 West, 14 km north on Shames Access Road.

ELEVATION: Base area 2,263 ft. (690 m)
T-bar off-load station 3,858 ft. (1177 m)

LIFTS: Lift capacity 1,664 skiers per hour
One double chair 4,318 ft. (1467 m) length
One T-bar 2,280 ft. (695 m) length
One handle tow up to 600 ft. (175 m) length

TRAILS: Eleven trails 21% beginner/novice
60% intermediate
19% advanced/expert
separate teaching beginner/novice slope

AVERAGE SNOWFALL: 200 in. (508 cm) annually

LIFT HOURS OF OPERATION: 9 a.m. to 3:30 p.m. (7 days/week)

SKI SCHOOL: Full range of lessons and packages, under the direction of Ski School Director Andrew Rushton.

SKI PATROL: professional patrol and volunteer C.S.P.S. from Terrace and Prince Rupert.

SKI RENTAL SHOP: Over 300 complete sets of new ski rental units. Conventional and integral systems. Located on main floor of Day Lodge.

TRANSPORTATION: In Terrace, bus leaving local hotels every Saturday and Sunday a.m.
In Prince Rupert, Far West Sporting Goods is organizing a bus for weekend transportation to Shames.



Shooting for mid-December



A message from Scott Siemens, general manager, Shames Mountain ski area

"We're still shooting for a mid-December opening. I'm hyped up on the great skiing people are going to get. People have been waiting a long time to ski at Shames, and now they're going to get the best!", extoles Scott Siemens, general manager, on the virtues of Shames Mountain ski area.

Scott says the snow is incredible, "nice, light snow, not the 'west coast cement'". There is already a 12 foot base on the top runs, the trails are wide and long and the terrain is rolling for the beginner and steep and mogul-y for the advanced skier.

The two new Prinoth grooming machines which arrived two weeks ago, are "top notch," says Scott. "The runs will be groomed to a nice white carpet." Ski reports will happen daily on CJFW and all the AM stations; at 8 a.m., 12 noon and 4 p.m. CBC reports will also be broadcast. And as special events are planned, they will be well advertised both in the newspapers and on radio.

Over the Christmas holidays, Scott says plans are underway to offer learn-to-ski packages for both kids and adults with extra recreational time.

"Our staff at Shames is dedicated to providing safe, enjoyable ski experiences for new skiers, old skiers and 'I'll never try that again' skiers. Come out and give it a try."

Ski your way through the winter!!! With SUNDANCE, your ski specialist

Ski packages

Beginner - Head Orion or Fiero skis
Nordica 517 men's/ladies' boots
Tyrolia 540 bindings
Poles

Now \$510
Regular \$625

Intermediate - Fischer Target skis
Nordica 637 men's/ladies' boots
Marker M28 bindings
Poles

Now \$645
Regular \$795

**Labour FREE with any purchase package

We offer the best in:

- Rentals for downhill & x-country skiing
- Full servicing of skis -
tune ups, base repairs, delaminations
- Personalized boot fittings & repairs
- CUSTOM-MADE ORTHOTIC INSOLES



NEW WINTER HOURS
Sundays 10 - 6
Effective Dec. 15th:
Mon-Sun. 8 a.m. - 6 p.m.
Fridays 8 a.m. - 9 p.m.



SUNDANCE

4736 Lakelse Ave.,
Terrace, B.C.
635-5848

Natalie Monteith was one of the first skiers on Shames Mountain last weekend. Conditions were perfect, the runs groomed by the new Prinoth snow machines (one in background of photo), no wind and the sun was shining. Dec. 15 is opening day. See you there!



Shames ski school - personal attention

by Betty Barton

Shames Ski School Director Andrew Rushton is on the job and enthusiastic about the Ski School program planned for this season at Shames. Rushton is a long-time Terrace resident who began his career in skiing as a youngster on the old Bornite Mountain ski hill and at Northern Heights on the Birch hill. He is best known for his coaching and instructing at Kitsumkalum ski area in past winters and fish guiding in the summers. He also spent two seasons instructing at Hudson Bay Mountain in Smithers, one year at Panorama in the Kootenays, and was ski school director at Purden Village near Prince George. Like everyone else in the area, he says, "I've been waiting for Shames for a long time!"

Andrew Rushton is looking forward to managing the ski school program on Shames, "a community-oriented hill". He adds, "We'll give personal attention and cultivate trust with our students." A new dad himself to 22-month old Jeffrey, Andrew likes "watching the kids progress through the public school lessons" and he has the patience of Job in teaching the late-blooming ski athletes (I speak from personal experience) and those who just need a little brushing up.

Andrew's primary goal this season is to get as many people interested in skiing as possible, "I want to make people realize that skiing can be for everyone! Introducing people to the sport is exciting. It's fun and it's not that expensive. It really gives you a lift in the winter."

The Shames Public School program, for all schools in the region, is designed to give skiing opportunities to all youngsters, whether their families ski or not. Letters are being sent to all the schools including outlying areas like Hartley Bay and Kincolith. Andrew extols the virtues of the program, "It gives them a chance to go up with their friends and introduces them to a healthy, extra curricular activity."

Shames will be offering one full-day or 4 1/2-day packages to the public schools and will be tailoring the programs to the needs of the individual schools from the outlying areas. Once board approval is obtained, it will be up to the individual schools to determine how they want to fit this into their curriculums. Parents are encouraged to contact their children's schools to find out more about the program. The packages will include the ski lesson, lift ticket, equipment rental, bus transport and progress reports. In its first year of operation, the Public School Program will be concentrating on students from Grades 5 through 12.

Andrew describes the beginner's area at Shames as "excellent! It's fenced and wide; it's superbly groomed; there's little grade; it's protected from the rest of the mountain; it's visible from the lodge; and you can ski between the beginners' area and the lodge without having to ski down or walk up a hill." Also, a handle tow much superior to the old rope tow will easily transport beginners up the beginner run.

The Adult Race League (for over-18s) and Fun Races, for

everyone - tots, teens, oldsters, broken down into age categories and taking place every Sunday at Shames, will work on overall skiing abilities, gate turns, etc to keep skiing interesting and challenging for the more advanced skier.

This could lead to the Masters Program, an adult fun league with races for all age categories over 18. Participants can travel to different hills and participate in races in their age categories.

Another one of many fun activities at Shames this winter will be the Corporate Cup Challenge. It's an opportunity for local businesses and organizations to get teams together and race against one another at Shames. Andrew felt it had good success when he introduced it at Kitsumkalum and other ski areas where he's worked. Look forward to many special events during the ski season at Shames this winter, including Hat Day and Spring Break-Up.

Andrew hopes to develop a Snow Play Area for youngsters on the mountain near the daylodge. That way, the parents can keep an eye on them from the lodge and the youngsters can have a safe, fun place to play. It will be completely fenced and contain play characters, bumps and burms for sliding over and a Terrain Garden. Keep your eyes open for this exciting new feature.

A final note from Andrew Rushton as Shames gears up for opening on or near December 15, "I'd just like to thank the directors of Shames and the members of the community who have supported the Shames project. Without their super effort, we wouldn't have it."

New The Terrace INN



SHAMES MOUNTAIN

Ski & Sleep Packages

from **\$49.00**
Per person/per night
Double occupancy

Includes:

- *modern room accommodation for one night
- *FREE breakfast
- *Complimentary Pass to the Terrace Aquatic Centre
- *All-Day Ski Pass

Ask about
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at the Terrace Inn

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Toll Free 1-800-663-8156

Fax (604) 635-2788

New
The Terrace
INN

SHAMES MOUNTAIN SKI SCHOOL

Program	Description	Skill	Time	Rates	Schedule
Private lessons	An ideal lesson for the one-on-one learning experience. Choose the instructor and time best for you.	1 - 4	on the hr. 9 a.m. to 2:30 p.m.	\$25/hr. additional body \$12	Daily all season. Must reserve 24 hrs. in advance
Guaranteed Learn-to-ski in one day	A fantastic package with all you will need to get started. Rental equipment, lift ticket and 2 1/2 hr. lesson!	First time skiers only!	10:30 a.m. to 1:00 p.m.	\$30 includes equipment, lift ticket, & 2 1/2 hr. lesson	Daily all season. Must reserve 24 hrs. in advance. 635-3773
Group lessons	A group lesson with others of similar ability to keep you on track.	1 - 4	11 a.m. & 1 p.m.	\$15 plus \$15 special rental rate. N/E \$10	Daily all season
Short turn clinic	Short turns are applied to moguls, steeper terrain, and groomed trails. A great way to help you get through the advanced terrain.	3 & 4	1 - 3 p.m.	\$20	Daily all season
Snowmites ages 4 - 7	For youngsters who are just venturing out on the slopes, the Snowmite program is a fun and safe approach to skiing at the introductory level. Skis, boots, lift ticket and lessons.	1 - 2	to be announced	\$180 for 8 wks. Lesson only - \$120 \$90 for 4 wks. Lesson only - \$50	8 weeks and 4 weeks starting Jan. 5 & 6
Super-stars ages 8 - 12	For kids either just starting out or well on their way. A fun way to improve, designed for the young ones. Classes are based on skiing ability.	1 - 3	To be announced	\$250 for 8 wks. Lesson only - \$120 \$125 for 4 wks. Lesson only - \$60	Same as above
Ladies Day	For ladies of all ages and abilities. A great way to learn, no pressure. One-day packages or 4-week sessions.	1 - 4	Wednesdays 10:30 a.m. or 1 p.m.	One day - Lifts \$20 - Lesson \$10 - Rental \$10	Every Wednesday starting Jan. 9/91 to March 20/91

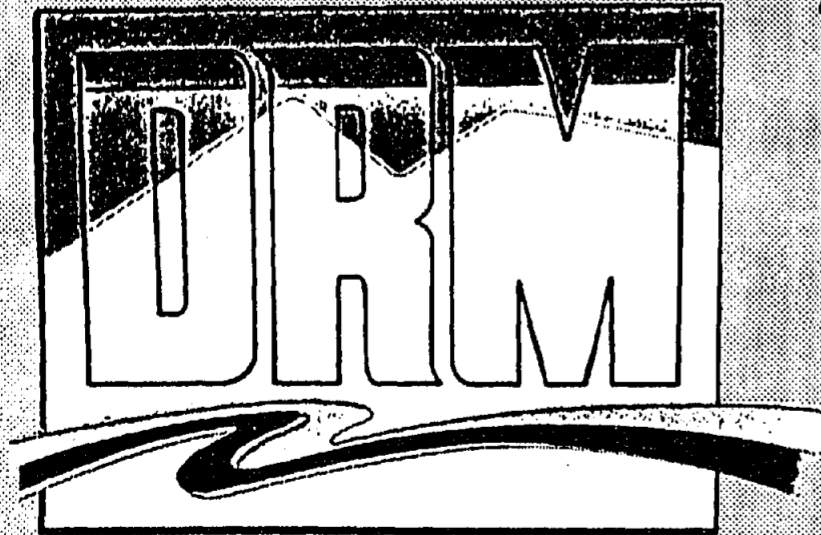
For advance bookings and information, call (604) 635-3773

SKILL LEVELS

1. Never skied before
2. Controlled snowplow wedge turns, feet more parallel at end of turn
3. Controlled parallel turns, intermediate terrain
4. Controlled parallel turns, short turns, bumps and steeper terrain

GOOD LUCK, SHAMES MOUNTAIN!

*We know everyone will enjoy skiing
at the Northwest's AND British Columbia's
newest ski area!*



**D.R. Matthews
and Associates Inc.
Duntroon, Ontario**

**Project-Construction
Managers of the
SHAMES MOUNTAIN
SKI AREA
project.**

It's All Down Hill From Here!

The City of Terrace welcomes you to B.C.'s newest skiing experience Shames!

When you're done skiing c'mon down and see us.

TERRACE
A Whole Lot In Store For You



Function and fashion at Sundance

In anticipation of the opening of Shames Mountain on or about December 15, the Terrace Review visited local ski equipment and clothing experts at Sundance Ski and Sports. The following is information determined to be essential to budding skiers and pros alike when considering what equipment or clothing to buy for this year's ski season.

BOOTS

Sundance owner Roy Long emphasizes, "Your boots are the number one piece of equipment." The type of boot needed depends on the skier's ability. Sundance staff is well trained in custom boot fitting and custom orthotics (in-soles).

Long explains that beginner skiers are usually skiing on shorter skis. They need a soft flexing boot that is very forgiving and absorbs shock. It is suggested that they choose a rear entry boot which is most comfortable. These run between \$160 and \$235.

Intermediate skiers can choose either a comfortable rear entry boot or an overlap buckle boot for more control. Intermediate skiers want a boot that's a little stiffer and higher for more support. These run from \$235 to about \$400.

Advanced skiers want boots for top end performance and racing. The majority of advanced skiers choose overlap buckle boots for a lot more control with longer skis and a stiffer boot. These run from \$400 to \$595.

Racing/expert skiers wear overlap buckles 99% of the time, for their control features - stiffness, adjustments, can change fit and they have many more functions.

BINDINGS

For safety's sake, bindings are the second most important item. They have to retain you to the ski until you hit certain load forces; they have to release you. Long confirms that they're 10 - 20 times safer than they were 10 years ago. The worst breaks result from forward and backwards twisting falls causing improper load to the leg. New bindings have toe sensors which will ease the tension and release the skier more readily. Ski brakes have replaced safety straps so "you no longer need fear being slapped in the face with your own skis!"

SKIS

When buying skis, one should be familiar with the terms only so the ski buyer feels 'in the know' when you go to Sundance, where the staff are conversant with the terms and the best skis for you! **FLEX** determines the perfect ski for the skier's ability. **TIP FLEX** - the softer the tip, the easier the initial turn. The harder the tip, the hold on the turn is better. **TAIL FLEX** - determines how fast the ski is in the turn. The stiffer the tail, the faster the acceleration in the turn. **OVERALL FLEX** - determines the handling in the varying snow conditions. The greater the flex, the softer the snow can be. **TORSIONAL RIGIDITY** - the stiffer, the better on hard pack & icy conditions. Softer for softer snow.

Roy Long explains, "We judge our skis by their construction. Nine to 16 laminates are good. We prefer wood core skis because wood has a better feel for snow. It's a more solid core than foam. Wood will maintain its camber or

spring longer. Foam is lighter, but breaks down sooner. All our skis except juniors have wood core. And with proper storage, wood core lasts longer."

'Side Cuts' indicate how wide the ski is at the tip, waist and tail. **GS** or Grand Slalom skis are for long radius, high speed turns. **SL** or Slalom are for short radius turn skiing, better for mogul skiing, deep powder or steep terrain. 'Combi Cut' is half way between GS and SL. It's good for most areas, most terrain for beginners and intermediate skiers. **EXTREME** is a very popular fluid slalom side cut. It allows quicker turning than slalom for 'big bumps', extreme skiing and powder on steep terrain.

Sundance has beginner and intermediate packages at moderate prices or they will customize packages. They recommend new skiers rent equipment for the first few times out. He wants people to ensure that they like the sport, something which will be assured with a lesson or two before you head out with your friends. New skiers start on shorter skis. Roy advises that people rent until they move the length of their ski up.

Another word of advice from Roy when you go in to buy skis, "We need to know, realistically, what level skier you are. We need true age, weight, ability, what terrain the skier likes and at what speeds, to ensure the equipment is safe for that individual to use."

CUSTOM ORTHOTICS

Because ski boots are so stiff, you can have problems without proper orthotics or support. Custom orthotics are a heat mouldable



SUNDANCE WINTER SKI TECHNICIAN Mike Christensen (bike racer in summer) drills holes in a new set of skis in preparation for mounting the bindings to fit the customer.

plastic or Kork insole. A vacuum system molds the plastic or Kork to the foot when the foot is manually raised so that there is no weight on it (locked neutral position). Plastic ski-thotics are used for ski boots and can be transferred from ski boot to ski boot. Kork orthotics are used for street shoes, runners and work boots.

Without a straight and level position in the ankle, nothing above will be in the right position. These custom orthotics help stop

collapsing the inside or outside of the ankle. They help alleviate knee, thigh, and lower back pain. Orthotics can also help reduce calcium build up (bone spurs). They allow better blood circulation in the feet, the feet don't slide in the boots, they provide more comfort and take care of a lot of problems in every form of footwear. Custom ski-thotics should last you 10 to 12 years of skiing, according to the manufacturer SUPERFEET.



SNOWBOARDS

Sundance's snowboard expert, Dave Walter, explains that a free-style snowboard is best for beginners and they can upgrade their skills on the same board. Race boards are stiffer, more forgiving on moguls, and easier to carve and turn with. "It's like surfing on snow. Originally, it was called 'snurfin' and it's a real blast!"

Dave advises that each snowboarder find his/her own balance point. To turn, either backwards or forwards, you have to get up on one edge, pivot on the front and turn with the back. Dave adds enthusiastically, "There'll be plenty of opportunity to try it all at Shames. They're planning on building a 1/2 pipe."

To snowboard, you can either wear your old winter boots or get snowboard boots which have ski boot bladders to make them stiffer. Sundance carries Sorels (Mt. McKinley) Proflex 1. Snowboards in stock include Morrow, Burton, Barfoot, Look and Sims priced from \$495 to \$665. All boards come with their own bindings.

SKI CLOTHING

Sundance has it all for skiing at Shames this winter - jackets, pants, sweaters, fleeces, one-piece suits, turtlenecks, and cross country gear in every colour from conservative to brights to fluorescents. For function or fashion, come to Sundance for that personal fit.

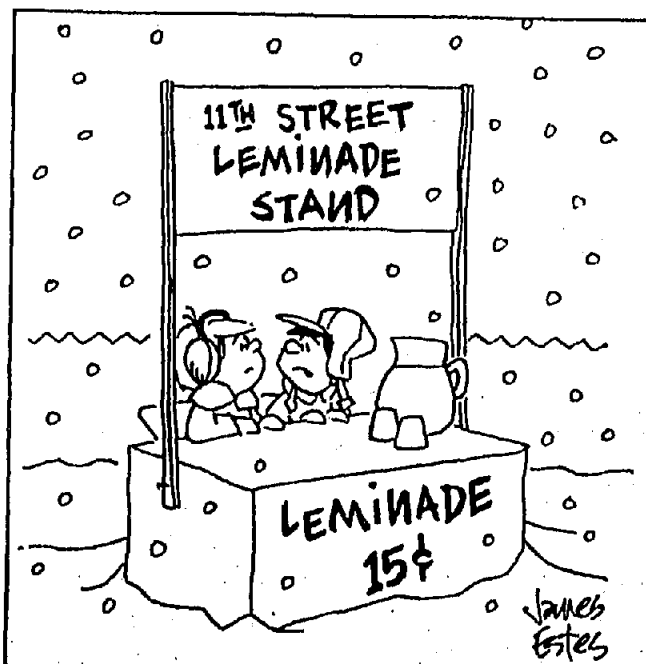
All the ski jackets and pants at Sundance is windproof, water resistant and breathable. Doris explains that they carry nothing waterproof because "you'd feel like you were wearing a sweaty rubber glove before you even got out on the slopes. Insulations are all polyester 'poofy' or 'slimline'. The dead air space is what keeps you warm. It works the same as down on a duck."

Doris says shells are popular all year round. They're uninsulated

jackets or pants. One dresses underneath for the weather, in polypropylene underwear or Thermax and sweaters or turtlenecks.

Proper head gear is imperative. We lose 75 percent of our heat through our heads. The head gear at Sundance consists of hats, toques or headbands in synthetic wool or sheep's wool with itch-free bands. Their gloves all have leather grips. For added warmth, why not some mittens!

Stocking stuffers abound at Sundance - bags, waxes, tools, sunglasses, goggles, boot straps, winter boots, gloves, mitts, squeegies, "ski bones" (to hold your skis together when carrying them) and much, much more. Sundance, where service is satisfaction and skiing is supreme!



"Look, I know we made some big bucks with it. But, let's face it.....it's a seasonal business."

Skiing Word Search

A	S	N	O	W	F	L	A	K	E	S	Q	R	S	T	A	E	Q
N	Z	D	A	N	U	K	J	I	A	A	P	B	M	Z	A	H	Z
L	B	O	B	V	N	L	N	B	F	O	S	N	O	W	Y	G	P
B	O	M	W	U	M	M	B	D	C	I	P	O	G	B	H	A	T
O	C	W	I	N	T	E	R	D	B	Q	R	N	U	M	B	N	O
O	L	Q	C	B	Y	Z	C	S	K	I	S	H	L	L	L	F	G
T	V	X	O	N	X	C	A	C	E	W	P	I	M	F	E	F	O
S	U	N	G	L	A	S	S	E	S	K	K	J	I	A	X	Y	G
P	J	J	F	Y	Z	D	G	D	T	S	E	L	K	M	A	X	G
P	P	E	J	C	B	K	I	D	S	D	F	M	E	I	G	E	L
O	W	K	W	I	H	G	X	F	U	W	U	I	H	L	U	Q	E
L	E	B	E	G	I	N	N	E	R	E	P	L	A	Y	J	Z	S
E	H	G	D	X	I	G	H	E	J	Z	N	O	K	P	D	Q	Q
S	V	L	G	Y	J	L	G	K	U	L	E	S	S	O	N	S	R
X	K	M	E	I	B	H	U	T	C	V	A	C	A	T	I	O	N
U	I	E	D	P	F	M	I	T	T	E	N	S	W	T	U	V	S
Y	N	F	Q	R	L	Z	M	L	X	L	G	K	J	N	O	Y	P
B	E	A	W	A	R	E	S	K	I	W	I	T	H	C	A	R	E

Can you find these words?

- VACATION
- MOGUL MIKE
- SUNGLASSES
- BEGINNER
- SKIS
- HAT
- SNOWFLAKES
- LESSONS
- FAMILY
- MITTENS
- GOGGLES
- WINTER
- POLES
- PLAY
- WEDGE
- BOOTS
- SNOW
- KIDS
- FUN
- BE AWARE,
- SKI WITH CARE



THE SHAMES MOUNTAIN SKI CORPORATION hosted a reception at Heritage Park this summer for a delegation from Wrangell, Alaska. Pictured above with a model of the Shames Mountain ski development are Alaska state representative Robin Taylor (left), Shames Mountain director Grant Piffer (centre) and Shames Mountain general manager Scott Siemens.

SHAMES MOUNTAIN SKI CORPORATION SERIES X1M199091A

THIS CERTIFICATE ENTITLES _____ TO _____ \$ _____

WITH BEST WISHES FROM _____ TO _____ \$ _____

_____ TO _____ \$ _____

DATE _____ TOTAL \$ _____

SHAMES MOUNTAIN
Skiing At Its Peak

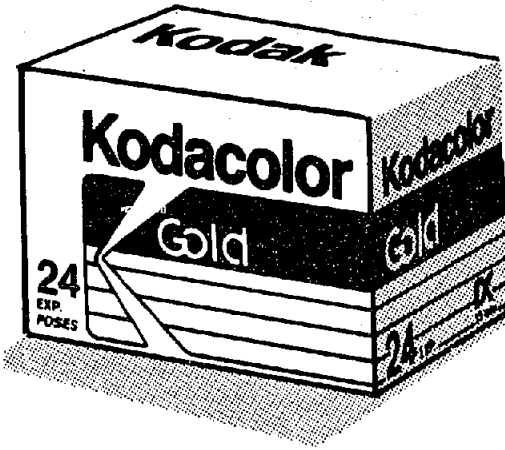
GIFT CERTIFICATE

VALIDATING SIGNATURE _____

SHAMES MOUNTAIN SKI CORPORATION
POST OFFICE BOX 110, TERRACE
BRITISH COLUMBIA, CANADA V8G 4A2

#/N 001002

THE RECENTLY INTRODUCED SHAMES MOUNTAIN GIFT CERTIFICATES make ideal stocking stuffers. They can be purchased for complete ski equipment rental packages, private or group ski school lessons and full-day lift tickets. The gift certificates are available from Farwest Sports and Kaien Sports Centre in Prince Rupert, Schooleys Sports and Tony's Corner Store in Kitimat, and Sundance Ski and Sport and All Seasons Sporting Goods in Terrace.



For anyone who has seen Warren Miller's 'Extreme Winter' or 'White Magic', you know all the ingredients of an exciting ski film. Hot colours. Crystal-clear images. And action-packed freeze-frames. Right?

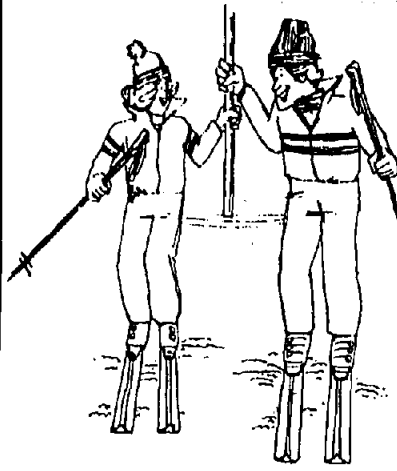
So this winter, before your first trek to Shames Mountain, be sure to load your camera with Kodacolor Gold from Northern Drugs. And record all your memorable moments on the best ski film since Warren Miller.



Kodacolor Gold from Northern Drugs. The best ski film since Warren Miller.

Just say 'Extra prints, please!' and for only \$1 more (\$2 for 36-exp film) you'll receive a duplicate set of 4x6 Supersize prints. Northern Drugs features 4x6 matte-finish Supersize prints on quality Kodak paper.

INSTRUCTIONS FOR RIDING THE T-BAR



LOADING INSTRUCTIONS

1. Remove straps from wrists.
2. Hold poles in outside hand.
3. Step quickly into position.
4. Look over inside shoulder, grasp bar as it approaches and place against back of thighs.
5. Do not sit down!



RIDING INSTRUCTIONS

1. Flex knees.
2. Keep skis in the track.
3. Do not sit down or lean back!
4. Get off only at designated area.



UNLOADING INSTRUCTIONS

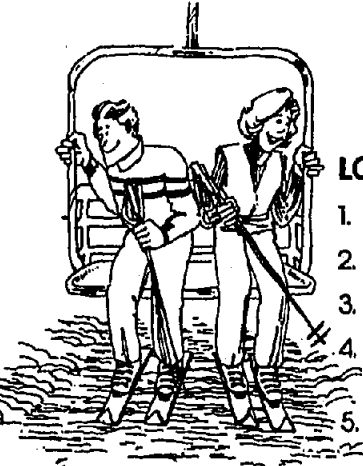
1. First person skis away from the unloading area while the other holds the bar.
2. Second person releases the bar gently and then skis quickly away.

INSTRUCTIONS FOR RIDING THE DOUBLE CHAIR



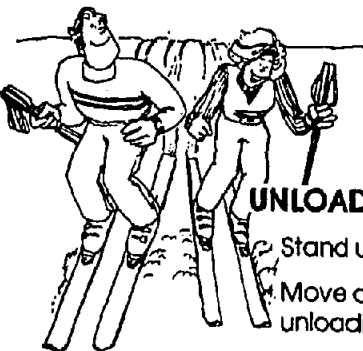
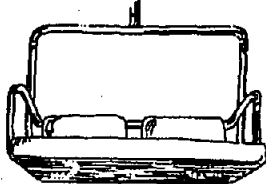
LOADING INSTRUCTIONS

1. Straps off wrists.
2. Hold poles in outside hand.
3. Step quickly into position.
4. Look over inside shoulder, grasp post as chair approaches and sit down gently.
5. Do not bounce or swing.



LOADING INSTRUCTIONS

1. Straps off wrists.
2. Hold poles in inside hand.
3. Step quickly into position.
4. Look over outside shoulder, grasp bar as chair approaches and sit down gently.
5. Do not bounce or swing.



UNLOADING INSTRUCTIONS

1. Stand up at designated point and ski down the incline.
2. Move quickly away from moving chair and keep unloading area clear.



Shames Mountain Ski Corporation Pricing Structure 1990/91 Including 7% GST



Season Passes
 Adult
 Youth 13 - 17
 Junior 8 - 12
 Child 7 & under
 Senior 65+

Regular Price
 \$497.55
 \$304.95
 \$235.40
 FREE
 \$235.40

Day tickets

	Full Day (9 a.m. - 3:30 p.m.)	Half Day (12:30 - 3:30 p.m.)
Adult	\$27.00	\$18.00
Youth	\$17.00	\$11.00
Junior	\$13.00	\$ 8.00
Child	FREE	FREE
Senior	\$13.00	\$ 8.00

Rental Rates:

	Full Day	Half Day
Full equipment package	\$18.00	\$12.00
Skis	\$13.00	\$10.00
Boots	\$11.00	\$ 8.00
Poles	\$ 6.00	\$ 6.00

**Congratulations,
Shames Mountain**
on a job well done!

*This project is an example of
Northerners working together
for a better quality of life for
residents of the Northwest.*

YOUR LOCAL NEWSPAPER



SOMETHING FOR EVERYONE

*The management and staff
of the*

Terrace Review

&

CloseUp magazine