



PUMPKINS IN OCTOBER

Hallowe'en is coming — but this is not a pumpkin — it's the result of a very creative person's invention to look like one. Actually it is a stump filled with

plastic flowers (and bordered by real ones) beside a picturesque hotel at Windy Point on the Hart Highway between Prince George and Chetwynd.

Cooperation needed

OTTAWA (CP) — All levels of government should co-operate to finance a string of national bureaus to tell Canadians of their rights in government programs, says the Science Council of Canada.

The information network could act as an advocate to ensure the citizen gets his rights. At the same time, it could feed back to the governments indications of how adequate are their programs.

The recommendation is in a council report to the federal government as one way to beat citizen alienation, seen as a growing threat to democratic participation in decisions. Although the network sounds like an expansion of the Information Canada program, the council makes plain its model is the British Citizens' Advice Bureaux.

Breakdown in citizen-government communication is one of four crucial areas identified as needing immediate attention in building future cities.

The proposals stem from an urban development study by a committee headed by Dr. Pierre Danseure, University of Montreal urban expert and the council's only social scientist.

OTHER AREAS SUGGESTED
Urban transport, housing and waste and recycling were three other areas in which the council suggested a variety of urgent steps.

On housing, the council said governments should stop fiddling with the construction industry as a means to speed up or slow down the economy.

Removal of this and other impediments would enable the industry to get on with providing more homes and experimenting with new techniques of construction and new kinds of dwellings.

Government also should assume ownership over substantial amounts of city-centre land and of land where the city will grow. This would end harmful land speculation and smooth planning and orderly development.

Ontario's GO Transit last spring started such a dial-a-bus on its commuter trains which feed into and out of Toronto from Pickering

Smithers sign session good holiday idea

If you really want to "paint the town red" (or blue, black, green, yellow, or anything else) during the coming holiday weekend, Smithers is the place to do it.

The Rotary Club of Smithers has extended the deadlines for their "Bulkeley Valley Centennial Paint In" until 6 p.m. Monday, Oct. 11th.

For the payment of a mere \$2, a contestant is entitled to paint one or more subjects of his or her choice on one four by eight section of fencing around the new government building site at Alfred Street in Smithers.

Location of sections will be allocated by draw, and contestants must supply their own material and tools with the exception of undercoating, which will be done by the Rotary Club.

All paintings must, naturally, be in good taste, and not offensive to the general public, and there will be several prizes given out in each division.

Entries for the competition will be accepted until 6 p.m., Saturday, Oct. 9th, and all paintings must be completed by 6 p.m. Thanksgiving Day.

Response has been quite good so far to the competition, and local residents planning to be in the Smithers area who wish to try their hand at dabbling on a "large" size "canvas" are urged to write to the Rotary Club of Smithers as soon as possible indicating name, address, phone number, and one of four divisions: 12 and under, 12 to 19, adult, or native art.

Convention critical

EDMONTON (CP) — This year's Social Credit party convention in Calgary Nov. 18-20 will indicate whether the party lives or dies in Alberta, League President Bill Johnson said Thursday.

The convention will involve a fundamental reassessment of the party that ruled Alberta from 1935 until its defeat in the Aug. 30 provincial election, he told a news conference.

"We must discuss our principles in the light of 1971," Mr. Johnson said. "We need to stake out our differences from the Conservative party."

He also said the party's constitution requires that a vote on its leadership be taken at the convention. The Social Credit board has endorsed the leadership of Harry Strom, premier when the Social Credit was defeated.



BRIGHTEN UP THE CORNER . . .

Shown above is one of the contestants in the Smithers Rotary Club's "Bulkeley Valley Centennial Paint In". Prince Rupert residents are invited to participate in this event which closes next Monday. (See story this page.)

Ecology course offered

Simon Fraser University will offer a course in field ecology in the Okanagan Valley this fall.

The course, to be held on weekends, will give secondary and elementary teachers a chance to brush up on their study of ecosystems by studying animals and plants in the semi-arid valley.

Taught in conjunction with the Okanagan Regional College and the Vernon School District, it will carry credit towards a degree from Simon Fraser.

The main instructor for the course will be Dr. Peter Elliott of Okanagan College, who will be backed up by faculty from

Simon Fraser's Biological Sciences Department and by local experts.

Biologist Dr. Richard Sadleir of Simon Fraser said the Okanagan Valley is an excellent location for the course, much of which will be devoted to work in the field.

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Skagit Valley should not be flooded

Eight University of B.C. graduate and senior students, working on a \$7,150 Opportunities for Youth grant, have presented a 187 page report to the International Joint Commission urging that the Skagit Valley should not be flooded.

The Commission is currently studying the environmental consequences of flooding the valley as proposed by Seattle City Light in order to provide additional electric power for the city of Seattle.

The students findings, which have been termed a "case for the defence", result from eight weeks of research into the environmental and recreational effects of flooding the valley on the Canadian side of the border.

In presenting their case, they said, "Naturally it would have been better if the argument against the flooding of the Skagit Valley in Canada had been prepared with the same resources and time as Seattle City Light has used to present its case. Unfortunately, this was impossible, as the report, funded by the Opportunities for Youth Program of the Government of Canada, had to be prepared in two months with a total budget of \$7,150 and by students rather than professionals."

The research was administered by the Institute of Resource Ecology at the University. The students are: Paul Adams, fourth year student in electrical engineering; Tony Byrne, M.F. student in forestry; Allan Duguid, M.A. student in community and regional planning; Francis Howie, M.F. student in forestry; Barry Landeen, B.A. Sc. in civil engineering; David LeMarquand, M.A. student in community and regional planning; Tom Perry, third year student in zoology and Mel Turner, M.Sc. student in forestry.

Their research covers five general areas: The Skagit Valley controversy, recreational demand and supply in the lower mainland, the environment, the significance of the Skagit Valley and also offers an alternative to flooding. In general terms their conclusions are that the Valley should not be flooded

because it provides a wide range of recreational opportunities for people of all ages which are not readily available elsewhere in the lower mainland area.

Backing up this conclusion is a detailed comparison of the Skagit and 13 other potential recreational areas in the lower mainland. It is the first time a study of this nature has been made.

The eight men have made four general recommendations for the future of the Skagit Valley.

— The Skagit Valley should remain in its present unflooded state and should be designated a Class A Provincial Park.

— A more detailed study of land capability for recreational development of the valley should be undertaken to ensure that the best possible use is made of the valley and that the distinctive environment of the valley is preserved.

— The Skagit Valley should be considered as a future component of the adjacent American and Canadian parks system. The legal and administrative arrangements for such a park system, based on a geographical rather than a political unit, should be structured to facilitate co-ordination between the parks.

— In future conflicts involving the utilization of natural resources, decisions should not be made until thorough and objective studies on all the effects of the proposed development have been completed. The responsible government authorities should actively solicit public participation in the discussion of environmental problems well in advance of the taking of decisions.

They have suggested the development of the valley as a provincial park

BILL GILES

Funeral services will be held at 2 p.m. in St. Andrew's Cathedral Tuesday for John (Bill) Howard Robert Giles who died in the hospital Wednesday night at the age of 78.

Born in England, he had served in the navy from 1903 to 1920, attaining the position of lieutenant-commander.

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One third of life in hospital

KITIMAT

COMMUNITY CALENDAR

One year and four months is a long time to anyone, but to four-year-old Evan Good of Kitwanga, it is one-third of his life. This is the length of time Evan has been hospitalized after the onset of severe juvenile rheumatoid arthritis. The young son of Mr. and Mrs. Ivan Good of the Kitwanga Band was a healthy youngster until April 1970, when he developed a rash, intense pain in his joints and a fever which swung as high as 105 degrees at times.

Evan was rushed to hospital in Hazelton, then transferred to Terrace, and finally to Vancouver, where he was seen by a number of consultants, including Dr. R.H. Hill, Director of the Children's Programme for the B.C. Division of the Canadian Arthritis and Rheumatism Society.

"Evan had severe generalized illness and remained in serious condition in hospital for several days after he arrived. His progress has been slow, but sure, and arthritis remains a major problem," Dr. Hill explained. Dark-eyed Evan is now up and around, playing with the others at Sunny Hill Hospital for Children in Vancouver, where he has spent much of his

recovery time. Early in September, he celebrated his fourth birthday with an outing and birthday party provided by volunteer worker Mrs. G.C. Able.

Evan is responding to a conservative program, but requires continuing hospitalization and treatment for some months to keep his joints functional. It is hoped he will then be well enough to return to his family, and continue his physiotherapy treatments nearer home.

The Arthritis Society now follows about 130 children in British Columbia with juvenile rheumatoid arthritis. Most of these young people are going to regular schools and enjoying normal activities. With proper treatment more than three-quarters of these children can be spared from severe deformities, and about half of them outgrow the disease, though this may take several years.

Treatment to help a youngster live as normal a life as possible is worked out by C.A.R.S. medical teams, a child's family doctor, and the parents. Often treatment consists of aspirin in appropriate doses, adequate rest, regular exercise and heat application to relieve sore joints. Particular play activities which encourage the desired motion and use may be advised for home exercises.

"Perhaps our most valuable service is to help parents put their child's disease in a realistic perspective, so that psychological and environmental factors do not add to the problems caused by the arthritis itself," Dr. Hill said.

Where more intense care is required, such as with Evan, the child is referred for treatment in the Arthritis Centre in Vancouver, or at his local hospital. C.A.R.S. provides a travelling consultant clinic, with doctors making rounds in the province about twice a year, for referrals, appraisals and follow-up studies. A network of physiotherapists continue therapy and keep a check on the home programme throughout the province, working in close

consultation with the child's family doctor.

C.A.R.S. occupational therapists also go in to visit the patient at home to check on needs for adaptations to furniture, or to give advice on the ordinary aspects of everyday living.

Long-term follow-up research is being carried out on juvenile arthritis patients to find answers to the many puzzling questions about the disease, for which at present there is no specific cure.

Funds raised in the annual C.A.R.S. Campaign are used for patient treatments, research, education and related services.

Activities in the Seventh Kitimat Company Girl Guides (District No.1) will resume on October 7th at 8:30 p.m. at Cormorant School. New members are welcome. For further information phone 632-7370 or 632-6050.

The Ladies Auxiliary to Kitimat General Hospital will hold their monthly meeting on Tuesday, Oct. 5 at 8:15 p.m. in the hospital cafeteria. The Auxiliary is badly in need of new members so if you are interested attend this meeting.

The Presbyterian Church Ladies Guild will hold its monthly meeting on Tuesday, Oct. 12 at 8:00 p.m. in the church lounge. New members are welcome.

A Rummage sale will be held in the Anglican Church Hall from 9 a.m. until noon, Friday Oct. 8th. The sale is sponsored by the Anglican Church. Women of Kitimat and needs donations of used clothing and books. These can be left at the Hall on the night before the sale.



FOUR-YEAR-OLD EVAN GOOD OF KITWANGA learns to tie his own shoes as part of the therapy program to treat him for juvenile rheumatoid arthritis. When Evan returns home he will be given therapy treatments at Terrace or Smithers by the therapists subsidized by the Canadian Arthritis and Rheumatism Society.

SYLVIA'S
Scrap Corner
(If You don't like it, Scrap It)
by S. H. Johnson



A few years ago, I predicted that the economy would be headed towards the boondocks when a pair of children's socks cost as much as one dollar. Today, we pay \$1.25 for a pair of socks that are just above the standard level. To add insult to injury, socks for adults, that we pay \$1.25 and up for, look like they should be advertised as gifts for a baby shower. They are otherwise known as 'stretchies', a label which excuses the manufacturer from using the same amount material as before. I really wonder that the public doesn't rise up in sheer disgust and stompede the people responsible for such highway robbery!

The only solution I can think of to the problem in the children's sock department, would be to have two or three colours in the same basic design so that when Johnny lost one sock - you would be assured of buying a matching one. You will have noticed that the ribbing, etc., on socks is consistently altered to prevent such a simple idea as matching-up, a point I can easily prove with my three year old collection box of unmatched socks.

My second beef is the magical price of toilet paper. Have you noticed that the price on this item rises in proportion to the stacks of rolls climbing higher towards a collapsing ceiling?? This is glorified blackmail, because everyone knows what cabbage leaves, however thrifty, are not on a par with good old-fashioned toilet paper.

As socks diminish to the vanishing point, toilet paper grows softer - all at the expense of the consumer, not to mention wear and tear on the water closet.

I'll bet that many a parent bitterly resents having to pay five percent tax on clothes for a sixteen year old, still attending school. The government generously gives us an increase of two dollars per month as a consolation prize for the loss of the tax privilege on teenage clothes. The government seems to be under the mistaken notion that children stop growing at sixteen.

We live in a country of great abundance, where food is taken for granted, and enough of it thrown away to feed the starving of the world. And yet, statistics show that many families amongst us, cannot afford the most vital commodity of all...milk! Worse still, although some might be able to stretch their budget as far as the milk truck, they'd rather pour it into moonshine. I firmly believe that every single child in Canada from the weaning age and throughout the bone & tooth building period, is entitled to the best health that the government can provide, regardless of income level. And that means guaranteed milk. So my alternative to an increase in family allowances in future would be a free supply of one quart of milk per day, to every family according to number of children (one quart per child). The cows are willing.

My final complaint is the counterfeited vegetables & fruits we are forced to select from at the local supermarkets. The apples are so bruised that the produce men shine them up, in hopes that the public will think it is shopping the garden of Eden. The public may be deceived into buying them, but children turn their noses sideways after one bite. The oranges, except in the elite price range, are not fit to put through the squeezer. The greatest offence of all, is when rotting vegetables are pawned off on the public, and the supermarkets have the gall to mark them "on sale". It is my opinion that the food racket is nearly as rat-infested as the car bartering system. And here I make a fast exit, because there is nothing that compares with the massive corruption starting with the used car salesman, and slithering its way to the top of the car industry. In this matter, I view the people as innocent lambs, so accustomed to suppression, that they wouldn't know a wolf if they saw one.

Air Cadets dying out?

The men who train and administer the activities of the 2,500 air cadets in 38 squadrons throughout British Columbia are expected to come out swinging when they meet at the Skyline Hotel in Richmond October 16 and 17.

The object of their ire will be the report of the Committee on Youth prepared for the Secretary of State... specifically that portion of the report which pooch-pooched the work of the air, land and sea cadets and recommended withdrawal of financial support.

Though there have been official statements of support for their air cadet movement from Defence Minister Donal Macdonald and the Air Cadet League of Canada, the upcoming meeting will be the first opportunity for combined discussion by the people directly involved in air cadet activities throughout B.C.

Indications are that they are not taking the criticism of the role they play in youth and citizenship development lying down.

Michael C. Deane of North Vancouver, chairman of the cadet committee, will preside over the meeting. Delegates include commanding officers and chairmen of the civilian sponsoring committees of the 38 squadrons.

Also attending will be representatives of the Canadian Armed Forces and air cadet league officials from the East, Toronto, vice president, Air Cadet League of Canada, Richard Logan of the league's staff in Ottawa; Brigadier General D.S. MacLennan, chief of staff, Pacific Region, Victoria; Colonel D.W. Carr, commander of the Canadian Forces Base at Chilliwack and several other full-time forces officers connected with training.

The past year's work will be reviewed and plans for the many training activities of air cadets will be laid including flying training, first aid, bush survival and technical and general training.

Lorna Leisch wins award



The Mills Memorial Hospital Auxiliary Award has been presented to Miss Lorna Leisch.

Lorna the daughter of Mr. and Mrs. Earl Leisch is eighteen years old. Born in Comox she received her elementary education in Nanaimo and her secondary education in Terrace at Skeena Jr. Secondary and Caledonia Sr. Secondary from which she recently graduated on the academic arts and sciences program.

Lorna is an active girl in both school and extracurricular activities belonging to cheerleaders, students council and choir in school and Job's Daughter, Candy Strippers, and Interdenominational Young Peoples Society out of school.

Lorna was Princess in the Miss Terrace contest.

Lorna will take her training at the Royal Jubilee Hospital in Victoria, B.C. using her award which was for \$150.

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October is here!

There is something magic about October that stirs the heart and speeds the pulse beat. Glory flames across the northland from tens of thousands of hills and woodlands. At crisp, cold dawn pewter-gray frost powders meadows and uplands and tangled wisps of shredded gray fog float above the river valleys.

As the forenoon advances, the climbing sun spreads mellow warmth and the countryside relaxes while shimmering purple haze lays a peaceful benediction over the land.

There is nothing soft, sentimental or coy about autumn. It flies its pennants proudly for all to see. Trees change from green to scarlet and gold, wine and maroon. The skies seem to glow bluer and the color of mirror-like woodland ponds grows deeper.

October is the annual fireworks display of the northern climate cycle.

In some years the color flames to a climax almost overnight, like a gigantic, exploding sky rocket. In other years the climax comes gradually. But unless a cold storm strikes just before the color height, there is a period of heart-lifting glory when the countryside glows in the beauty that marks the end of the harvest season.

Now the fur is thickening on wild animals. The first light frostings of snow whiten mountain tops. The last of the summer birds leave for the southland.

In northern latitudes October is an exhilarating month, heady with autumn's perfumes and filled with the sounds maturity. Year's tempo is slowing; the last chapter is being written.

But for a brief period the glory of October blesses the land.

A bouquet to our voluntary firemen

The volunteer fireman is an unique type of citizen. You may know such a man who is willing to be on call at any hour, day or night, in order to provide protection for his neighbor as well as himself from fire.

You may wonder why a man would be willing to give up his favorite TV show, postpone some reading or some "do-it-yourself" house chore he's been planning (plus sacrificing his evenings with his wife and children) just to attend a meeting where he learns how

to function as a volunteer servant on behalf of his fellow man.

You will notice this volunteer fireman isn't out protesting and demonstrating and complaining because he's too busy doing his part of being a good Canadian.

It's good to recognize this valuable citizen and if you see him on some special projects during Fire Prevention Week, Oct. 3 to 10, tell him you'll back him up and tell him you appreciate his service.

BILL SMILEY

Here's relief for tedious news

It is quite an ordeal reading the headlines these days. President Nixon's surcharge has thrown the financial world into a panic of sorts. Telephone rates are up and rail fares are going up. Everybody and his brother is either on strike or threatening to strike. More than one out of every ten members of the work force 24 and under is jobless.

The government has proved totally incapable of both halting inflation and increasing employment. Welfare costs are soaring. Plants are shutting down. In a boom or bust economic cycle, we certainly don't seem to be headed for a boom.

A friend of mine who came to Canada from Germany told me frankly, "In the 18 years I have been in Canada, for the first time I am scared."

John Bassett, financier, wheeler-dealer, and imperious owner of the Toronto Telegram, gave that city a rude shock when he announced brusquely that the 95-year-old paper would cease publication because it was losing large sums of money. And there went 1200 jobs.

That leaves Toronto, with a population creeping up on the two-million mark, with only two papers. Ottawa, an infant comparatively, has two dailies. Is there something rotten in Denmark?

Now don't feel sorry for Mr. Bassett. You won't find him on the welfare rolls for a bit yet, even though the Tely was losing over half a million a year. He owns Toronto Argonauts and has extensive holdings in an audio-visual empire, plus only he and God know what else.

But I feel a little guilty when I think of the Telegram going on the rocks. Until just over a year ago, the Telegram Syndicate distributed my column. Then I switched to another syndicate. Is it possible that merely one rat leaving can sink a ship? I lie awake and worry about this at nights. For about 28 seconds.

I find that the only way to escape from this pall of gloom and doom is to concentrate on something just as silly as the bickering, whining, recalcitrant, salty, exuberant human race.

One of the silliest things in the world is the English language. But it's also fascinating. Especially the slang, which changes almost from day to day. I'm not much interested in the thousands of new words added to the language every year by science, but I have morbid interest in the abstractions that creep into daily usage.

Younger readers may stop here. Their elders, those who have a stomach for it, may continue. For example, you take a verb such as "to put", generally meaning to place. Then you toss in a preposition, and you have a whole new vocabulary.

"You're putting me on." That really means, "You're pulling my leg." Try to explain that to somebody learning English.



"Right on! The idea this time is to get to Washington BEFORE they release Phase 2 of their economic-squeeze plan..."

Report from Parliament Hill

I cannot help writing another article about the proposed nuclear blast at Amchitka Island and thereby bringing people at home somewhat up to date about Parliamentary happenings.

I say somewhat up to date because of the time lag between the writing of this and its appearance in print. I, myself, tried on two or three occasions to get the House of Commons to accept a motion expressing our disagreement with the proposed blast but on each occasion failed to get the required unanimous consent. Although on one occasion we came very close with everyone in the House agreeing except one M.P.

Following this we wrote a letter to the Prime Minister asking him if he would introduce a motion about nuclear bomb testing himself. If the government would introduce such a motion it would not require unanimous consent, but could be dealt with at the instance of government.

Before we received a reply from the Prime Minister Dave Anderson, a Liberal MP tried to

get a motion passed and he failed to get the unanimous consent again with only one M.P. - this time a Conservative - objecting.

The next move came from another Liberal, this time from the same person who previously had refused unanimous consent himself a week or so earlier. He, Eugene Whelan, also failed to get the unanimous consent and again, it was a Conservative M.P. who blocked his attempt.

With respect to Eugene Whelan one could say that he had to expect that he wouldn't get unanimous consent to a motion about nuclear bomb testing when he himself had denied it just a week or two before.

In all of this there is one Party that has been consistent. We in the NDP haven't objected to any other motion protesting the Amchitka blast and in fact have pushed the subject at every opportunity.

It seems, though, that the Liberals and Conservatives are playing games with each other for one time the Liberals will oppose the idea - next week it will be the Conservative's turn. As I said in the earlier article there is no wonder that the people outside of Parliament get confused and fed up with this sort of nonsense and game playing.

Surely the question of building up the arms race to an even more feverish pitch is sufficient reason to put aside the insignificant petty differences that exist between political parties over strategy and manoeuvres in the House.

Surely the question of potential damage to our environment and the potential destruction of life on earth should override partisanship. But, I guess one of the marks of a political animal like those who so far have played political games by opposing such motions in Parliament so far is that they are just not capable of taking the larger, more humane view.

I can best sum this up by restating that ancient truthful comment - A plague on both your houses.

GET STIFF TERMS

GAZA (AP) - An Israeli military court sentenced two Arabs Wednesday to a total of 41 years imprisonment on charges of throwing hand grenades at Israeli vehicles.

Letter to the Editor

Editors of
The Herald &
Prince Rupert News

Dear Sir: Those wondering about the recent deaths of birds in the area of Prince Rupert, B.C., might glean a lot from rereading Chapter 8 of Rachel Carson's "Silent Spring."

This is the time of the year for many birds species to be migrating to warmer climes - yet only recently we noted the Department of Highways massively spraying along the Skeena Valley with herbicides. Quoting from page 127 of "Silent Spring":

"Who has made the decision that sets in motion these chains of poisonings, this ever-widening wave of death that spreads out, like ripples when a pebble is dropped into a still pond?"

"The decision is that of the authoritarian, temporarily entrusted with power."

Little wonder that many young North Americans let their hair lengthen, and make the attempt to pioneer some where back in the hills away from us. Education has enabled them to see the utter complacency of our generation. We bask in comfort with our modern conveniences, little caring about the price to be paid for, later, by your children and their children, and ours.

Yours truly,
Vic Bryant

Sports fund provides grant

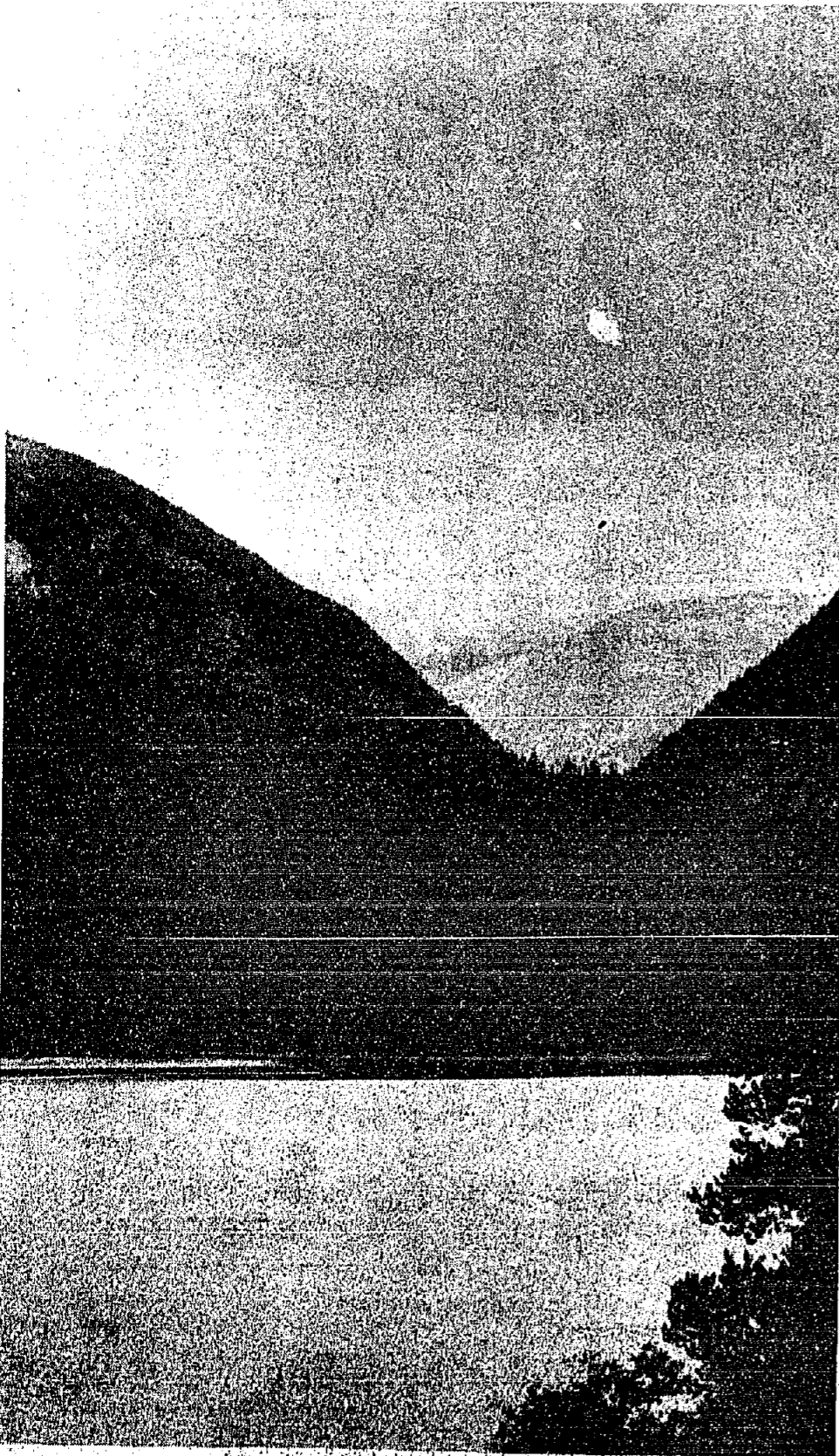
Chairman of the Government's Physical Fitness and Amateur Sports Fund Committee, the Honourable Leslie Peterson, has announced the approval of grants totalling \$158,000 for sports and fitness development throughout British Columbia.

Special grants in the amount of \$45,000 were allocated for the first time to implement a new Provincial Coaching Programme. In announcing the programme Mr. Peterson said, "British Columbia now has many good coaches in track and field and basketball as any province in Canada. In order to maintain this standard and to supply an increasing number of coaches with top rated coaching ability, the British Columbia Physical Fitness and Amateur Sports Fund Committee is implementing a provincial coaching plan on an experimental basis, initially with the sports of basketball track and field."

The coaches when hired will direct and co-ordinate the total programme of coaching throughout the province. The functions of a provincial coach will be: to organize, administer, and direct training camps and clinics throughout the Province to seek ways to encourage and help extend participation at all levels; to set up a communication system whereby coaches are fully informed on current happenings at all levels, to assist in the development of athletes of national and international calibre and to co-ordinate a plan to meet the needs of top class competition.

The eventual goals of such a coaching plan are to: increase participation in the sports; to develop a greater number of high calibre world class athletes; to develop a sufficient number of high calibre coaches. Other grants announced by Mr. Peterson were to sports governing bodies for administration and various training programmes.

RELY ON WITCHCRAFT - KATMANDU, Nepal (AP) - Half of Nepal's 12 million people lean on witchcraft and superstition for treatment of diseases, a survey reported.



SULLENLY BEAUTIFUL, nature shows her best at Lava Lake north of Terrace. The picture was shot by a Herald staffer on a Sunday afternoon drive.

Immediate action key to success

A key to success of the provincial government's new Job Opportunities Program is immediate action on the part of the people who qualify for employment under the scheme, says Municipal Affairs Minister Dan Campbell.

Following a meeting of the government's Job Opportunities Committee in Victoria, Wednesday, Mr. Campbell, committee chairman said: "We are anxious that everyone understands that they should not wait to be contacted by an employer or by an agency of government. The ball is in their court and they should take the initiative themselves, make Opportunity and seek out employment."

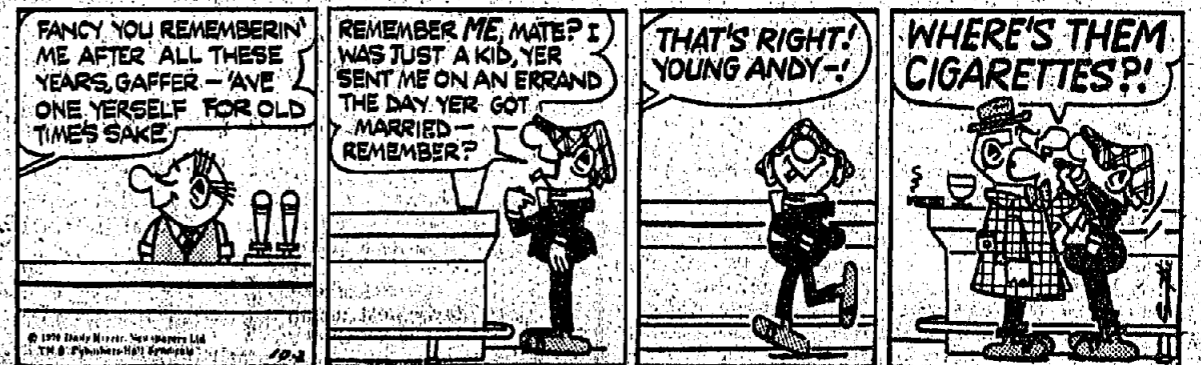
Under the program, the government will pay half the cost of wages in newly created jobs for persons who have been on social assistance for three months or more, and have been resident in British Columbia for one year. Persons who qualify should obtain application forms at the local office where they

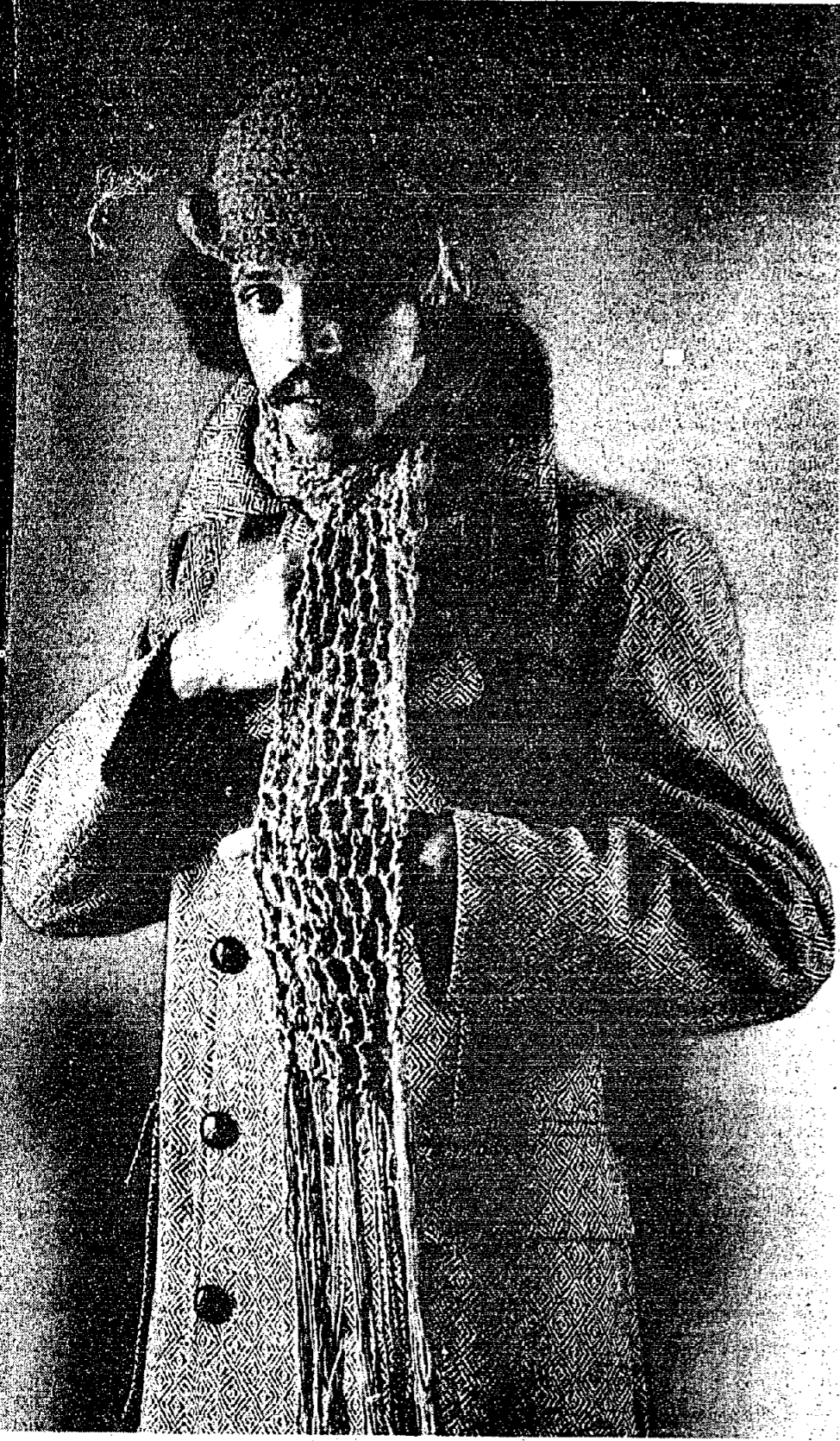
currently receive their social assistance benefits. They will subsequently be issued a Certificate of Opportunity which is notification to employers of the person's qualification for work under the program.

Although the program is officially designated to begin No.1, Mr. Campbell said he hopes people will take action right away.

"We want to see people at work as soon as possible," he said. Cabinet members of the Committee on Job Opportunities with Mr. Campbell are Education Minister Don Brothers, Labour Minister Jim Chabot, Minister Without Portfolio Mrs. Grace McCarthy and Minister of Industrial Development, Trade and Commerce Waldo M. Skilling. They are to work in their areas of influence to encourage co-operation among all segments of society to make the Job Opportunities Program work and to create as much employment as possible.

ANDY CAPP





TO WEAR WITH A FLAIR

This hand crocheted tyrolean style hat with matching muffer, designed by Lalo Hersey for Hersey of Canada, Montreal, retails for \$11. It is the very latest in fashions for men.

Changing seasons bring headaches for manufacturers

MONTREAL (CP) — Women who are fed up with seeing bathing suits in the stores in February and wool knits in July have an unexpected champion in Montreal manufacturer Irwin (Dizzy) Dizgun.

Besides being unfair to consumers who don't like having either to buy out of season or put up with last year's rejects, he said in a recent interview, fashion is too volatile now for the customary habit of designing and selling three months in advance.

Furthermore, since store buyers commit themselves in May to clothes designed for September, they are forced to proceed with plans to advertise the garments even though a sudden switch in clothing fads has made them outdated.

For example, Mr. Dizgun said, hot pants were the biggest thing going last May. Since the style which finishes a season strong traditionally leads the next season as well, designers planning their fall lines had little reason to fear that hot pants would not still be extremely popular in October.

But by June, the trend was shifting to warm pants, blazers and pleated skirts which hadn't been seen for years.

Hot pants were out, he said, and "I was embarrassed to see in August a full-page ad for fall hot pants that we had manufactured."

Promoting even slightly

out-of-date clothes as up-to-the-minute styles just because a store is stuck with them is unfair to the customer, Mr. Dizgun continued, adding that it was this realization which prompted him to transform the entire manufacturing set-up of Marty K Fashions Ltd.

Since June, his designers and assembly line have been working on an abbreviated schedule—six weeks from design to delivery and marketing.

What it means is that "we used to have 98 or 100 styles for advance buying and now we're down to 45 or 50."

"Instead of waiting for customer reaction, we must decide for ourselves what is so-called 'in' and right."

"It took a little courage and perhaps a little more money in the bank to begin with, but we find the operation extremely easy now."

"True, we may lose a little business now, but I'm confident we will catch up later on."

Mr. Dizgun said that where a department store chains used to commit 60 per cent of their clothing budget to advance purchasing, the amount will drop to 50 per cent next year and "I advised them to go to 40 per cent."

The remaining 50 or 60 per cent of the budget will be used for reorders of popular items and fill-ins from manufacturers "who have seen the light" and are on the six-week plan.

Canadian footwear industry threatened

MONTREAL (CP) — Anti-dumping duties recently levied against imported women's footwear have given Canada's shoe industry a psychological boost, Ross Hahn, president of the Shoe Manufacturers Association of Canada, said Monday.

However, warned Mr. Hahn, the Canadian footwear industry is still seriously threatened by European and Asian imports.

The anti-dumping tribunal decision, released Aug. 25, places import duties on Spanish and Italian women's footwear of 12 and 7.5 per cent respectively.

"We have been encouraged by the ruling," said Mr. Hahn in an interview. "But since it applies only to women's shoes from Spain and Italy, the actual effect won't be to turn the industry around."

Mr. Hahn, who is here for the annual Canadian Shoe and Leather Fair, said that imported footwear will probably account for 52 per cent of the Canadian market this year, and that most of the shoes are from low-wage countries.

"We've always felt that the Canadian shoe manufacturers are very capable, but we can't compete with low wage countries where they are paying 30 cents an hour to our \$2.50," he said.

Turkey recipes for Thanksgiving Day

- SWEET-SOUR TURKEY**
- 1/4 cup brown sugar
 - 2 tbsp. cornstarch
 - 1/2 tsp. salt
 - Liquid drained from canned pineapple (3/4 cup)
 - 1/4 cup vinegar
 - 1 tbsp. soy sauce
 - 3 cups turkey, cooked and sliced
 - 1/4 cup onion sliced thinly
 - 1 cup pineapple chunks, drained
 - 1/2 cup celery strips, 1" long
 - 1/2 cup green pepper rings, quartered
 - 2 tbsp. pimiento, diced
 - 3 oz. can chow mein noodles or
 - 2 cups rice, cooked
 - 1/4 cup almonds, silvered and toasted
- Combine brown sugar, cornstarch, and salt. Stir into pineapple liquid. Add vinegar and soy sauce. Bring to a boil and cook until thickened. Remove from heat and add turkey, onion, pineapple, celery and green pepper. Cook 5 minutes and add pimiento. Serve over chow mein noodles or rice. Top with almonds.
- TURKEY**
- 1/4 cup chopped onion
 - 1/4 cup chopped stuffed olives
 - 1 1/2 cups water
 - 1/2 cup peas (frozen)
 - 1 can cream of mushroom soup
 - Salt and pepper to taste
- Combine turkey, vegetables, seasonings and water. Simmer until vegetables are tender, add frozen peas and simmer 10 minutes longer. Add mushroom soup, stir thoroughly. Pour into casserole, top with pie crust and bake at 450 degrees until pastry is cooked.
- TURKEY STROGANOFF**
- 1 1/2 lbs. cooked B.C. Crown turkey chunks
 - 1/2 lbs. B.C. Crown Mushrooms
 - 2 cups milk
 - 2 tbsp. butter
 - 2 tbsp. tomato paste
 - 2 tbsp. flour
 - 1 tsp. salt
 - 1 tsp. sugar
 - 1 med. onion minced
 - Dash of pepper
- To make sauce, brown the flour and butter. Add milk, tomato paste, salt, sugar and pepper. Sauté turkey chunks in butter and set aside. Brown the onion and mushrooms and add to sauce. Pour over turkey meat and serve over noodles.
- Seven thousand blind Canadians use the Braille and typed books of The Canadian

TEN COMMANDMENTS OF HUMAN RELATIONS

1. Speak to people. There is nothing as nice as a cheerful word of greeting.
2. Smile at people. It takes 72 muscles to frown, only 14 to smile.
3. Call people by name. The sweetest music to anyone's ears is the sound of his own name.
4. Be friendly and helpful. If you would have friends, be friendly.
5. Be cordial. Speak and act as if everything you do were a genuine pleasure.
6. Be genuinely interested in people. You can like everybody if you try.
7. Be generous with praise...cautious with criticism.
8. Be considerate with the feelings of others. All will be appreciated.
9. Be thoughtful of the opinions of others. There are three sides to a story — yours, the other fellow's, and the right one.
10. Be alert to give service. What counts most in life is what we do for others.

Ask for this folder
from our representative,
Mr. N.L. Smith or Mr. T.G. Gilmour

who will be at:
The Slumber Lodge, Terrace,
B. C. on October 14th, 1971.

If you require a term loan to start, modernize or expand your business, we invite you to discuss your needs with our representative.

idb INDUSTRIAL DEVELOPMENT BANK
TERM FINANCING FOR CANADIAN BUSINESSES
1320, Fifth Avenue
Prince George, B. C.
Telephone: 563-0641



ANN LANDERS

DEAR ANN LANDERS: Please tell me what to do about our 15-year-old daughter. Several months ago, Lisa started to hang around the service station a few blocks from here. When we discovered she had a crush on a 19-year-old boy who works the night shift, we checked into the boy's background and found out he is no good.

We told Lisa she was not to see the boy again. For several days she was quiet and sullen but seemed to be behaving. On a hunch, I checked her bed at 11:30 p.m. one night and she was not in it. I sent my husband down to the service station and sure enough, she was there. He brought her home.

Last week the boy's picture was in the paper in connection with a holdup. We are relieved because now he is in jail and Lisa knows he's a bad actor. But she is taking it so hard we don't know how to deal with her. The girl will not eat with the family and she looks like the wrath of God. I discovered that she's been sleeping in the dress she was wearing when she was last with him "because it smells like him." (Gasoline.) She wants to go see him in jail and we will not allow it. Are we wrong? Please Ann, suggest something to get our daughter back on the track. — *Distraught Parents in Shomokin.*

DEAR PARENTS: Your daughter needs more than a suggestion from me. She needs professional counseling and I urge you to see that she gets it. It sounds as if this girl's been out of control for quite some time. Get going.

DEAR ANN LANDERS: Over the past years I have read several letters in your column about older women marrying younger men. I wish I had saved them because now I am in that spot and I need all the advice I can get.

I have been dating a man I've become very fond of. Three months ago he asked me to marry him. I said yes. We've both experienced unsuccessful marriages and are determined to make the second marriage work. Ron told me he was 42. I

had no reason to doubt him. I am 45. Last night I learned he is 29.

To look at us you'd think we were a nicely matched couple. Ron could pass from 35 to 45 and I could pass for 30. I am in extraordinary physical condition and have more pep than my niece, who is 27. I can beat her and her friends at tennis and swimming, and can outlast them all on the dance floor.

Learning that Ron was only 29 was a jolt. I told him I'd have to rethink this marriage bit. He says he loves me and needs me and age means nothing. What should I do? — *Zingy 45.*

DEAR ZINGY: The age difference between you and Ron will probably not be a factor for at least seven years. After that — who knows. Ron might be worn out and you'll have to look for a younger guy.

DEAR ANN LANDERS: I had a date with a neat chick on Friday the 13th and she nearly drove me nuts. To begin with she wore her dress backwards to "ward off the evil spirits." Then she tied a red handkerchief over her head so "the swallows of sorrow would not nest in her hair." As we left her apartment she spit on her palm and stamped it before locking the door. Then she warned me not to step on a crack or it would break my mother's back.

Before we walked into the cafe she stopped; put her left shoe on the right foot, her right shoes on the left foot, and kissed the hem of her dress. When I told her to cut out the nonsense she replied, "This is Friday the 13th and I am not taking any chances. Please tell me if this girl has all her marbles. She is highly intelligent and I can't understand why she is so hung-up."

P.S. I'm not interested in marriage. I just want to go with her. Thanks for your help. — *Austin Reader.*

DEAR AUSTIN: Superstition is based on emotion — and has nothing to do with logic or intellect. She might make a wonderful wife — bite your tongue.

DEAR ANN LANDERS: Jane and I are ripping mad. We shopped for just the right birthday gift for a mutual friend who was having a party that evening. At the last moment a third friend called and asked if we three could go to the party together.

On the way over, this third friend saw our attractively wrapped gift and bemoaned the fact that she had been too busy to buy anything. As the hostess opened the door, the third party took the gift out of my hands and presented it to the hostess as if it were from the three of us. The hostess thanked HER very much and complimented her on the lovely wrapping. Jane and I are boiling. What should we do? — *Canadian Chutspah.*

DEAR CAN: Inform the third party that she owed you for one-third of the gift. And hound her till you get it.

DEAR ANN LANDERS: The woman next door is one of those overly-relaxed mothers. Nothing bothers her. Some of my friends admire her cool but I think she's too indifferent for her own good — or for the good of her children. Listen to this and tell me if I'm wrong.

Last week her youngest boy, Jimmie, was over here playing with our little girl. They are both seven years old. Jimmie seemed unusually quiet. When I went to the playroom to bring them cookies and milk I noticed Jimmie's face seemed awfully red. I felt his forehead and the child was burning up. I took his temperature. It was 104. Naturally I told him to go home immediately.

The next day Jimmie was in bed with a virulent flu — the kind that affects the intestines. Two days later our daughter had the same thing. When her temperature shot up to 105 the doctor instructed us to take her to the hospital. She was there five days. The bill was \$400. Should we present it to the neighbors? — *Boiling Over.*

DEAR BOILING: Summer down and don't make a fool of yourself. When kids play together they catch each other's sicknesses. Maybe next month Jimmie will get your daughter's mumps.

Happy Hunters
Get Their Equipment **HERE!**

Winchesters

12 G Single Shot No. 370	\$32
12 G. Automatic No. 2400	\$127
30-30 Lever Action No. 94	\$87
12 G. Pump NO. 1200	\$124
20 G. Pump NO No. 1200	\$141
308 Lever Action No. 88	\$168
30-06 Bolt Action No. 70	\$183

C.I.L.

30-30 Bolt Action No. 830	\$124	308 Bolt Action No. 950	\$147
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SAVAGE

300 Savage No. 99	\$143	410 Single Shot	\$48
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GORDON & ANDERSON
4606 LAZELLE

U.S. chess grandmaster defeats former world champion

BUENOS AIRES (Reuter) — Bobby Fischer, 28-year-old U.S. grandmaster, defeated former world champion Tigran Petrosian last week in the first game of a 12-game match to decide who will challenge Boris Spassky of the Soviet Union for the world chess title.

Fischer, playing whites, displayed his usual adamant will to win, and at the 28th move

refused an offer for a draw by his 42-year-old Armenian opponent, opening the way to victory with a pawn heading for coronation in the king's sector, and finally winning at the 40th move.

The game was played to a full house in the 1,200-seat San Martin Theatre.

Petrosian surprised experts with a very aggressive variant

of the Sicilian defence against Fischer's pawn-king-four opening.

TAKES INITIATIVE

The variant, called Pelikan, allowed Petrosian to sort out the development of his figures and, sacrificing one pawn, he took the initiative, pressing hard against Fischer's queen's pawn.

Fischer's position looked increasingly restricted, while Petrosian placed a very domineering queen at rook four.

Tension at the theatre reached climax when, at move 13, a sudden blackout left everything in the dark for 23 minutes.

Petrosian then stepped up his pressure on a seemingly hesitant Fischer, by casting long and pressing with a rook at knight one against Fischer's pawns.

Several steel designs were considered but, in the end, the most economical and practical proved to be a composite wood-steel structure. Four 93-foot glulam girders made of Douglas fir will be spliced at the bridge into two 186-foot beams. They will be reinforced with steel bracing to support loads up to 90 tons.

Three different routes lead north from Highway 16. One of them is Colcel's Kalum Road which starts at Terrace and extends 140 miles to the confluence of the Meziadin and Nass Rivers. Due to the logging truck traffic, the public is restricted to after-work hours and weekends on this road.

The scenery in this area is truly beautiful, especially in the fall. There are many small lakes suited for swimming, and the totem poles of Kitwanga, Kitwancool and Kispiox are worth seeing if you are interested in the past culture of our native Indians.

Returned as deputy president was Art Werler of Winnipeg, with Don Barnett of Fredericton elected treasurer and Josie Tompkins of Toronto elected secretary.

Attended for the first time by representatives of all 10 provinces and both territories, the annual meeting revised the voting procedures of the association to allow an equal vote for each affiliated association.

Table tennis elects head

OTTAWA (CP) — Art Barren of Vancouver was elected president of the Canadian Table Tennis Association at a weekend meeting.

Federal grant

OTTAWA — National Health and Welfare Minister John Munro has announced a \$30,000 federal grant to the Canada Sports Hall of Fame.

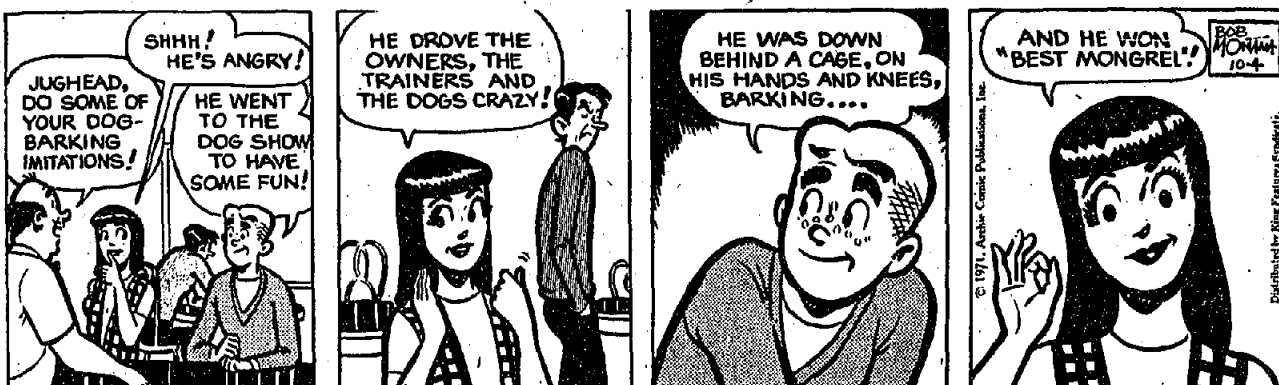
Each year more than 1,500,000 people visit the hall on the grounds of Toronto's Canadian National Exhibition. It was opened in 1955 following discussions by sports representatives from all provinces and CNE officials.

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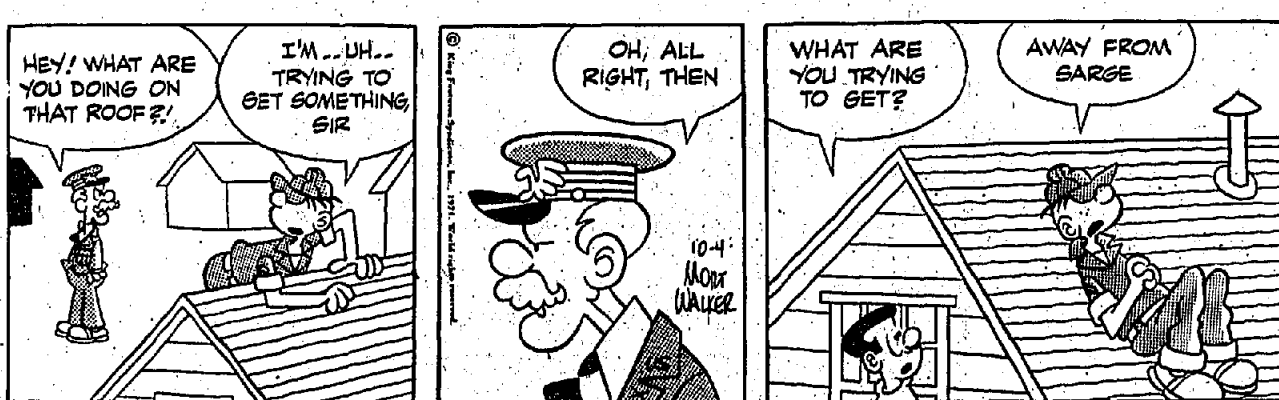
Archie

By Bob Montana



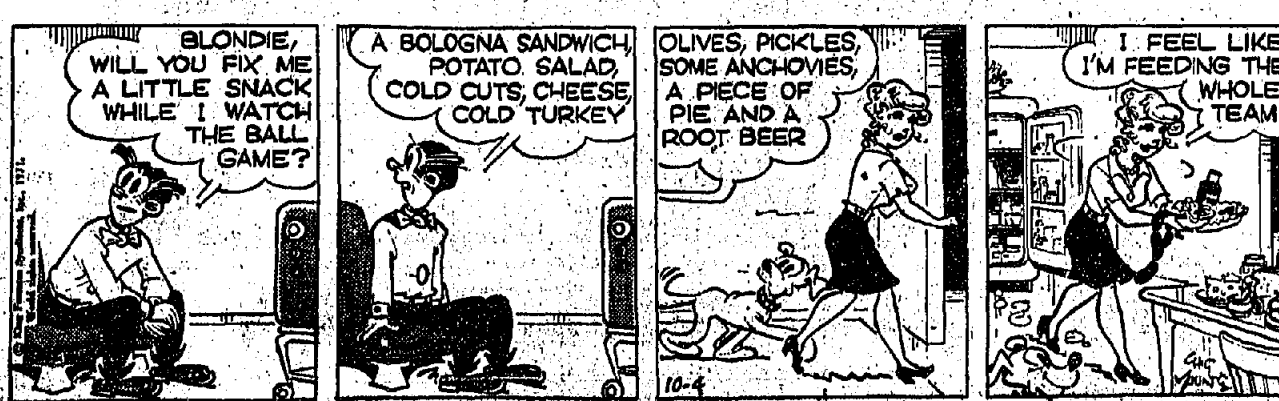
Beetle Bailey

By Mort Walker



Blondie

By Chic Young



Nass bridge

Full lineup of programs set for radio this winter

Just imagine, NHL hockey and World Series starting the same week... a sports fan's dream come true on CBC Radio. The annual baseball classic starts October 9, and games will be played on Oct. 10, 12, 13, 14, 16, and 17....

The first of the Sunday series of NHL games carried by CBC Radio will have the Maple Leafs tangling with the California Golden Seals at Oakland, Oct. 10.

Canada: Melting pot or cultural mosaic? Identities, a new series designed to create a greater awareness of the problems confronting newcomers to Canada, debuts Saturday, October 9.

The first program will look at the point system by which the authorities gauge whether a person is skilled enough or speaks enough English to become a landed immigrant. Guest will be Otto Lang, Minister of Manpower and Immigration.

Host is Budapest-born Andrew Szende, a 27-year-old newspaper reporter. It is hoped that the series will help explain minority groups to the majority cultures, as well as perform a useful function for the different ethnic groups themselves.

Remember When? That's the title of a new nostalgia series, to be heard Saturdays, beginning Oct. 9. Each week it will explore a different year from the "good old days", starting with 1928... highlights from the Noel Coward and Gertrude Lawrence Private Lives performance; Fred and Adele Astair in Gershwin's Funny Face; Ruth Etting; Bing Crosby's first solo recording; Helen Morgan; Fanny Brice and Paul Whiteman...

Winnipeg announcer Lee Major (real name Ivan Gordon LeMesurier) is well known to network listeners through his three times a week stint on Holiday this past summer and as host of Sounds Canadian. Starting Oct. 10 Lee hosts a new Sunday show, Major Progression, featuring brand new recordings on the North American market and interviews with guests from the music field—in the studio and via phone out.

Lee has been associated with music shows for several years and has become quite an authority in music trends and personalities. One of his

Blackwater River

North of Quesnel and south of Prince George, the Blackwater River — or Toa-Thal-Kas, as the Indians call it — flows through the rugged hinterland of British Columbia. Populated with bears, moose, wolves, lynx, beavers, otters, muskrat, mink and diverse fish and birds, this beautiful wilderness is a favourite goal of those daring enough to explore British Columbia's lakes, rivers, hills and marshes.

writes with warmth and knowledgeable humour about the land and its inhabitants. Crammed with action and robust love of life, Blackwater River captures the atmosphere of the bushland with vivid stories about the people, fish, fowl, and fourfooted animals who have the freedom of the elements — Minnie the Fisher, Pussfoot, Loner Kelly, Old Joe and Sadsack the hound. Authoritative information about such related topics as conservation and ecology is combined with a real delight in wildlife and the codes of nature.

William Hillen, a one time Conservation Officer for the B.C. Department of Recreation and Conservation, is one of those people, and he

4720 LAKESE TILlicum THEATRE PHONE 635-2040

Oct. 4-5 7 & 9:15 PM

LITTLE MURDERS

Elliot Gould Marcia Rodd

Everyday in everyway we kill each other a little

Youths to travel

A Federal-Provincial Conference on Student Travel and Exchange will be held in Victoria from September 27 to October 1, to plan next year's domestic and international exchange of school students.

Representatives from all Canadian provinces and the North West Territories are expected to attend, as well as a six-man delegation from Ottawa headed by the Hon. Martin O'Connell, Minister of State in charge of the Travel and Exchange Program. The British Columbia representative is P.J. Kitley, Director of Guidance Services for the Department of Education, who has coordinated the program in B.C. since its inception in 1964, as a prelude to the 1967 Centennial.

In the interval some 25,000 students, about 2,500 of them from British Columbia, have travelled in groups to visit other centres in Canada.

In recent years university students have been involved in European exchanges

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24 Hrs A Day

7 Days A Week

Fall STOCK REDUCTION SALE

1970 MAVERICK 2 door, 6 Automatic, radio, 21,000 miles. Reduced to 1595.00	1969 MONTEGO 2 door hardtop, 351 cu. in engine, power steering & brakes. Low mileage, vinyl interior Now Only 2498.00
1969 L.T.D. 2 Door hardtop, power steering and brakes, 429 engine, very low mileage. Now only 2998.00	1968 IMPALA Custom 2-door hardtop, vinyl roof, power steering & brakes. One Owner 1998.00
1966 CORTINA 4 door, Only 20,000 miles, 4 speed & clean 798.00	1966 METEOR Convertible, power steering & brakes, 390 cu. in Only 998.00

TRANSPORTATION SPECIALS

1966 VIVA 2 door 398.00	1962 Fairlane 2 door, 6 cyl. standard 298.00
1961 CHEVROLET 4 door 6 cyl. standard 198.00	1961 BUICK La Salle V-8, automatic, power steering & brakes, 2 door SOLD 298.00

USED TRUCKS

1971 F100 V-8 automatic radio. One Owner 2998.00	1970 3/4 TON G.M.C. Power steering & brakes, V-8, 4 speed. Low Mileage Only 3098.00
1966 CHEVROLET 292 cu. in. 4 speed heavy-duty. Only 998.00	1964 FORD 6 cyl. 4 speed. Hunter's special Only 598.00

Bob Parker Ford Ltd.

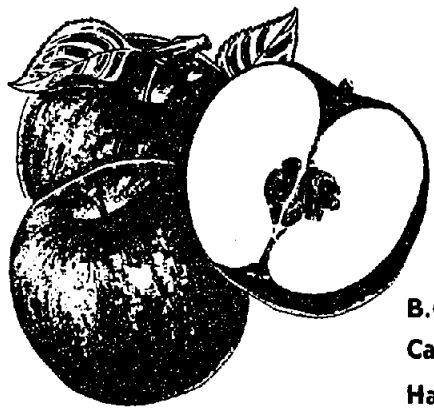
Phone 635-2801

Foods for a Happy Thanksgiving

SAFEWAY



SHOP AHEAD
All Safeway Stores closed
Monday, October 11th. Thanksgiving

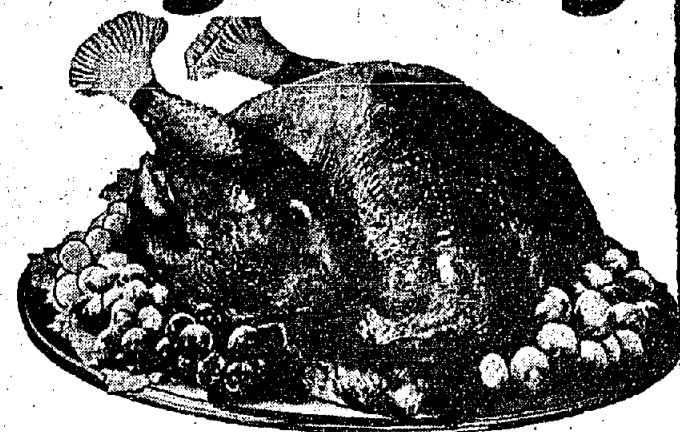


McIntosh APPLES
\$ **3.79**

B.C. Grown.
Canada Commercial Grade
Handi Pak Case

Panco or Maple Leaf

Young Turkeys



A. 49¢
lb.

Frozen
Government Inspected
6-20 Lb. Grade

Brussels Sprouts California Delicious. Serve with butter **2 lbs. 49¢**

Jumbo Onions Washington Grown Mild Flavor **2 lbs. 29¢**

Cranberries B.C. Grown. 1 Lb. Cello Bag **Pkg. 39¢**

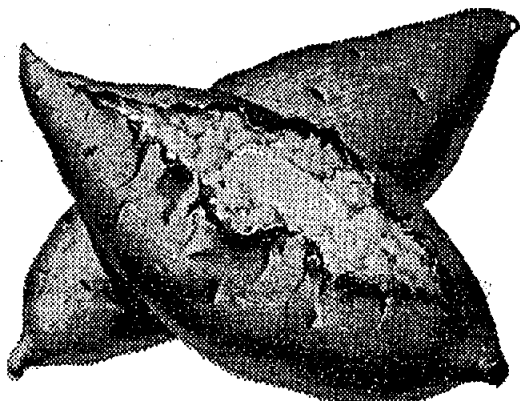
B.C. Pumpkins Make a Home-made Pumpkin pie **lb. 7¢**

Cauliflower B.C. Grown. Serve with a Cheese Sauce **Ea. 39¢**

Yams

Arizona.
Centennial Variety.
Mash and serve
with loads of butter

2 lbs. 49¢



Egg Nog
Lucerne Bonus Quality. Quart Carton **59¢**

Ice Cream Lucerne Party Pride. 3 pint carton **85¢**

Tea Bags Canterbury Orange Pekoe Pkg. of 125 **\$1.49**

Pumpkin Town House 14 fl. oz tin **4 For 89¢**

Cauliflower Bel-air Frozen 19 oz. pkg. **39¢**

Poultry Dressing Empress 1 1/4 oz tin **19¢**

Party Dips
Lucerne 8 oz. carton **2 For 79¢**

Whipping Cream Lucerne 1/2 pint **48¢**

Half & Half Lucerne Quart Carton **69¢**

Anacin Tablets Bottle of 60 **89¢**

Hair Spray Sudden Beauty 16 oz. aerosol **89¢**

Toothpaste Colgate Giant 2 1/2 oz. **59¢**

Bandages Curad Plastic Pkg. of 60 **69¢**

Green Peas Town House Assorted 14 fl. oz. tin **5 For \$1.00**

Cake Mixes Mrs. Wright's 19 oz. pkg. **2 For 79¢**

Oranges Mandarin Town House 10 fl. oz. tin **2 For 59¢**

Sweet Pickles Zippy 32 fl. oz. jar **75¢**

Stuffed Olives Empress L.P. 12 fl. oz. jar **75¢**

Soft Drinks
Cragmont Assorted Flavors.
28 fl. oz. bottle **4 For \$1.00**

Dill Pickles Bick's whole plain or garlic 48 fl. oz. jar **89¢**

Biscuits David Empress Mallow 14 oz. pkg. **65¢**

Fresh Coffee Edwards 1 lb. Tin **99¢**

Dinner Rolls Pillsbury Crescent 8 oz **2 For 89¢**

Mincemeat Empress 43 oz. jar **99¢**

No. 1 Flour
Harvest Blossom All Purpose Blend
20 Lb. Bag \$1.29

Safeway Government Inspected
Self-Basting Turkeys
Frozen. An exclusive blend of corn oil margarine is introduced to all parts of these Top Quality Turkeys.
Average 6 to 16 lbs. Grade **A. 63¢**
lb.

Baron of Beef Roast
Top Round. Cut from Top Quality Government Inspected Canadian Beef.
Canada Choice Canada Good **\$1.39**
lb.

Part Skinned Hams
Ready to Serve. Whole or Shank Portion **55¢**
Government Inspected Butt Portion **65¢**
lb.

Cranberry Sauce Town House Brand. 14 fl. oz. tin **2 For 49¢**

Tomato Juice Town House Brand 48 fl. oz tin **2 For 79¢**

Niblet Corn Green Giant Fancy Quality 12 oz. vacuum tin **3 For 79¢**

Potato Chips Parly Pride Regular, Dip Chips or Salt 'n' Vinegar 9 oz tri pack box **2 For 89¢**

Pumpkin Pie or Mincemeat Pie. Bel-air Frozen Full 24 oz each **59¢**

Evaporated Milk Lucerne Ideal for baking 15 oz tin **6 For 98¢**

Tomato Soup
or Vegetable
Town House Brand 10 fl. oz tin **4 For 49¢**

Plastic Trash Barrel
6 Gallon capacity Each **\$1.99**

Cheddar Cheese Kraft Old **97¢**

Cheese Slices Kraft Individually Wrapped 8 oz pkg. **49¢**

Cheese Whiz Kraft 2 lb. **\$1.79**

Cream Cheese Kraft Philadelphia 8 oz pkg. **53¢**

Cheese Portions Kraft Variety 4 oz. pkg. **39¢**

Parmesan Cheese Kraft 4 oz. **59¢**

Mozarella Kraft Sliced 8 oz. pkg. **59¢**

Imperial Cheese McLarens 8 oz. pkg. **79¢**

Paper Towels Kleenex Pkg. of 2 rolls **63¢**

Gaines Burgers For Your Dog 72 oz pkg. **\$1.85**

Biscuits Cadbury Chocolate Coated 7 oz. pkg. **47¢**

Prices Effective **Wed. Oct. 6 - Sat. Oct. 9**
In Your Friendly Terrace Safeway Store
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

Detergent Tide 3 lb. pkg. **\$1.79**

Mixed Nuts Pine Tree 16 oz. Tin **85¢**

Margarine Mom's 3 lb. **89¢**

Foil Wrap Kitchen Kraft 18" x 25" **75¢**



SAFEWAY

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