TERRACE - HERALD


Thin Skean aridge was ihe
scene of a $a$ mulitrar accident




 the rear of the s.omioniew enes | struck han rear of this car that |
| :---: |
| car was |
| triven by |
| Linda | siebins.



 the name of the ilist driver or
why lie sioped on the bridge.

## Thornhill moves

## to incorporate

Thornhill is taking its corporated area. first steps towards ang an in- presently unincorporated

Sneaky hand gets slapped
Anther man has some before
he courr tor shopolifing at the




## BY TERRACE COUNCIL


 Cine.


 It will hill inderdine aboble co which proiestat ith prowime

## Crackedown on shoplifters



## Phone hike plan rapped

Both Terrace and the paren
municipal government group feel the proposed increase is too
steep.: Ateep:Among, new proposed charges council was informied,
is a 25 -cent charge every time is a 25 -cent charge every time
you ask for time and
a long-distance call.
Th oproposed Increase varies In vailous areas of the province.
with cutles bearin the heaviest

been "generally revised" in What's it mean for Terrace if Canadian Transiport
Cemmission allows B.C. Tel's , r rel's will pay with individual ilines Two party the presest, will cost $\$ 5.60,15$, Ho party lines will cost $\$ 5.1 .1$, ,
up. 5 cents and mutiperty



suburb of Terrace the The cost. 31 lots, first stage of a
opportunity to vote for multi-stage project aimed at 108 water and sewer lines, homes, are located off Pear and street lights;'a volunteer fire department and a At the local autonomy. Thornhill is governed by the Kitimat-Stikine Regional Board.
Clarence Cleve, chairman of
The Thornhill Incorporatio mittee, said approximatately

## FOR LOW EARNERS

Council OK's housing
Terrace council has officially with CMHC officials, "it looks
given its blessing to a low-cost pretty good." housing
within the municipality. planned $\begin{gathered}\text { Barton's first hurdie was to } \\ \text { have council set municipal }\end{gathered}$ Now, Stan Barpon, president requirements for the sub-
Sav-Mor Builders, awaits of Sav-Mor Builders, awaits division, which would initially
approval of his loan from have 31 prefab homes. approval of his loan from $\begin{gathered}\text { have } 31 \text { pre-fab homes. } \\ \text { Central Mortgage and Housing } \\ \text { And } \\ \text { Corporation says he'll have }\end{gathered}$
no trouble fulfililing the bylaw. Corporation.
But, says $\begin{aligned} & \text { no trouble fulfilling the bylaw. } \\ & \text { It requires Barton to }\end{aligned}$ It requires Barton to pay for
one block of paved road, with a one block of paved road, with a
width of 24 feet, as well as
providing sewer and water providing sewer and water
connections, cost of a fire connections, cost of a fire
hydrant and inderground
wiring for hydro and telephone lines. for hydro and telephone "We do have an agreement
with Mr. Barton." Mayor Jolliffe said. He added it will require Barton to put up a bond,
but at this time he did not know homes, are located off Pear and
Graham Streets in south
Terrace. Barton's road would be
named after it was put in named after it was put in
through the subdivision:
Homes and Homes and lots would cost
$\$ 16,00$ and buyers would be si6,000 and buyers would be
required to pay $\$ 800$ down and required to pay $\$ 800$ down and
$\$ 15$ plus interest and utilities per month.
CMHC
mortgage loan to brovide o
$\$ 14,200$ for each house mortgage loan to Barton of
$\$ 14,200$ for each house.

Trucks ruled off

## Terrace streets

-rerrace council in a ruled heavy trucks off all local roads with the exception of Lakelse Ave. In effect, Lakelse Ave, which
runs through town, is now a truck route. And, mainlenanceof the road,
as a provinciallinghway; is up to
the Depariment: of PROTECTSTREETS
Mayor VIctor Joliffe said the.
municipality passed the truck route bylaw to keep heavy
lumber and transport trucks off the town's newly payed streets.
He said they canno withstand the wear and tear huge trucks would cuuse tear huge truck Load restrictions would be announced later.
Mayor Joliffe pointed out that Lakelse is on apointed rat road
five loches deep and can Tve Joches deep tand can The newer, paticedrod
> "If, for example," the mayor
said, "loaded logging trucks
went up certain streets in ent up itertain streets in
Terrace, it could break up all r newly pouped break up a
The cost of revais." The cost of repair, he added
ould be borne by the tax would be borne by the tyxpayer
Joliffe added that ofter logging truck operators will
drive their trucks home "This with a full hoad
"trucks he Peanut brittle helps students

> Peanit brittle may help Secondary School to a Senior The schaary School to graduate.
Trad Committee will hold a donoritodoor peanut grituedrition co traise money for Thit dive will be held Feaniary ${ }^{24}$, and 22 wind $16{ }^{\circ}$ peanulikrite will be sold for $\$$

> Muddy trench angers Mills Ave. parents

Shrine holds logger breakfast'

New officers of the Terrace
Shrine Club were installe recently at a Logger's installed Nast in the Terrace Hotel.
Noble Raymond Ostlund Noble Raymond Ostlund
Oriential Guide of Gizah
Temple Divan of . Vancoue Temple Divan of -Vancouver,
installed the officers. They are, Jack Mcleod,
preident: D. Kaubeck, vicepecesident, , and N. Booth, treasirer.
Mcleod and Bennett will ravel to Vancouver in early
March to attend a seminar on

## 18 <br> 

1971
Fails to yield; driver charged A Trace man has been



 Silefensong was chared wilh
failur to yeidd ight of way.

## More needed

 for 'Party' Got time on your hands?Want to meet people and help out?
The House Party Club needs women volunteers to help with
projects at the Skeenaview Hospital and Grahame School. They take part in making
handicrafts and paping cards
at Skenaview Hospital. And at Grahame the volun-
teers serve lunches three days week to children there BRING YOUR OWN
Mothers may bring their Mothers may bring their own
School and leng to Grahame playroom activities there. The House Party also plans to
help the Girl Guides with their cookie day sale. The women will distribute cookies to the girls
and collect money from the Contributions are also needed
cor the House Party's up coming took "rile is, Anyone having reciples, jokes
or poeme to contribute should or paithem to contribute shoula which will be sold for $\$ 1$ to ald cuib projects.

## They fear a child may die

Five angry Mills Avenue families are wading in
water and sewage and they fear for the safety of their children.
All because of one man, says the municipality. The municipality claims it cannot get a sewer easement for the street becouse Paul Botin, 4905 Mills Ave., "is asking too much money."

In the meantime, his neighbors are putting up with overflowing septic tanks, flooded yards, flooded basements and, sometimes, backed up
sewage.
But they said they are used to it. They said the problem has been going on for years. said Mrs. Roy Blue of 4904 Mills Ave. "Nothing has said Mrs. Roy
The municipal administration says its hands are tied.

## 'Serious problem'

"The town recognizes that the residents have "a serious sewer problem, Mayor Victor Joliffe The problem lies in a deep drainage ditch which runs down Mills Ave. and cuts through the Blue's property
Because of the ditch, which has been called a danger to children, the five homec cannot be unless the municipality gains an easement throught the Botin property , "The municipality last year tried to get an
easement across from Mills and down Grahame," Jolliffe said.
"At the last minute," he added, "the person (Botin), upped the cost to several thousand "We couldn't afford it," the mayor added. For the most part the deep ditch runs down the middle of the street.
Because of the backup problem Mrs. Blue said she has an automatic washer--but she is forced to take her clothes to a laundromat. And she said the family flushes the toilet as seldom as possible. Rain and slush of the past several days has

## Route,blocked

The mayor says the only route a sewer to ease the problem can tak is through Botin's property. pulsory purchase.
Mrs. Blue complained that she and her neighbors are all paying full taxes and should be entitled to sewers.
To make matters worse for the Blue's, the ditch
cuts through 40 feet cuts through 40 feet of their property, making, she said, "one-half acre useless. Mervin Lutz, who lives up the street from the for threes, he's been putting up with the problem for three years.
The Lutz's, like other neighbors, have small into the water-filled ditch and pout them falling "In the summertime, Lutz said, "the ditch is really filthy with mud on the bottom. If they the


THIS DRAANAGE DITCH that rung down the middlo ©/ Milis
 ophawerest Wich the mietling siow and flush the familled arn photedsw

Any debators in Terrace?

| Dr. Fred Speckeen, principal of the College of New Caledonia has been named Chairman of a |
| :---: |
| eering Committee to organize |
| Debate League for the |
| ovince of British Columbia. |
|  |
| the meeting of |
| ipals |
| ince G |
| hoped that |
| , |
| Participation $w$ |
| at the d |
| institutions. |
| Dr. Speckeen is a |
| merous awards in debate ell as in public speaking. |
| For many years he coached |
| ate teams and |
| ups, establ |
| ing a student |
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| -legiate |
| the United He also has had the |
| tion of |
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| 8 |
| Police didn't have |
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| c |
| near RCMP headquarter |
| A car driven by Mrs. |
| gebarg Pomaras |
| rrace collided |
|  |
| ace. The two |
| total of |
|  |
|  |
|  |

Former
minister
is dead
A former Terrace United In Revelstoke. , Reyerend Percival Herbert
Mallett, 5 5, served as a minister here from 1948-1952.
Born in North Burnaby, Rev. Revelstoke Hospital.
Before becoming a minister, he was a teacher.
Rev. Mallett received a B.A. degre with honors from
Univerity of British Columbia in 1937 and in teacher training in He has been a minister in Rutland, Burnaby, Powel
River, Reveistoke anid Terrace He is survived by his wife Etherine; two daughtere Alan in North Burnaby and a sister, Dorothy Alkinson of


## Rupert hoopsters bounce ahead of hapless locals

 Kitimaat Village met the
Alyansh club Sunday afternnon
and showed they were still a
team to be reckoned with as and showed they were still a
team to be reckoned with as
they handily defeated the they handily defeated the
Villagers $91-59^{\text {and }}$ Paul's
Chrysler kept their hopes alive Villagers $91-59$ and Paul's
Chrysler kept their hopes alive
as they squezed by the Sons of
Kincolith as they sque ezed by the S

- Kincolith five 986 -60.
INBASEMENT IN BASEMENT
Then the Tracrace tippers
found themselves banished to
the the bottom of of the banished to to
standings when slandings when they were
defeated $75-58$ by the Smithers-
Houston team entry.
The Then two Prinice Rupert
representatives locked horns in
the next the next game and the Hotel
team again showed their
strengt as they doubled the
Crysh as strength as they doubled the
Chrysler five 12866 .
This game saw a tourney record bame saw a tourney as J . olson
scored 51 points for scored 51 points for the winners
to shatter the old mark of 49 sel
last year The last game before the
finals matched the local All-
Stars agains Village and the the Kititimaat won the
game handily as they downed their opponents 1155.62 . P. PJachs
led the locals as he dunked 24 points. THREE LEET
With the seven and eighth
places already decided there



## '1.49 DAYS!!

## Ladies Slipperettes

Rayon Brocade in matching pouch pack.
Ideal for travel or
Ideal ior trave or
evening Wear. Ass
colours in S,M,L,XL

| evening Wear. Assortment of colours in S,M,L,XL. |
| :---: |
|  |  |
|  |  |
|  |  |
|  |  |

$\underset{\substack{\text { JRS. GIRLS }}}{\text { GIIINS }}$

## An assortment of denims, cottons and cordüroys. Sanforized and washable. corduroys: Sizes $4-6 \mathbf{X}$

JRS "Granny Gowns"
Ankle length, imprinted flannel Ankle leng
size $4.6 X$

BOYS NYLON Dress Socks
STRETCH. Assorted. Colours $\qquad$

## Cotton Tea Towels

 In gay pantry checkAll edges neatly hemmed All edges neatiy hemmed
Approx. sizes $18^{\prime \prime} \times 27^{\prime \prime}$

## Foam-Filled Cushions

 Bright DecorativeAssorted colours. Approx. sizes $12 \times 12$

## Toddler's T-Shirts

 Machine washable cotton knits Ribbedcrew necks; long. sleeves, asstd, colours $\$$ E \&

## Girls Fancy Briefs

In acetate tricot: Asstd prints and
plains. Elastic waist and double
gussett Sizes 8 - 14
LADIES HALF SLIPS
3.51 .49
sizes 39.44, an
Sizes $S: M, L$

17.49

JUST LOOK AT WHAT $\$ 1.49$ WILL BUY FOR YOU DURING THESE SPECIAL SALE DAYS AT CO-OP!

> Sunity wilt smanoue
> SUCNIFe
> SUCANACA
iil


 | $\begin{array}{c}\text { Salaries are tabulated monthly. } \\ \text { Under the new agreement, an }\end{array}$ | A captain will now get $\$ 806$ per |
| :---: | :---: |



## I want you to pay less

There's a neat little section in the Income It means that if you have an eligible retirement plan, you can save or defer

All you have to do is register your annuity yr permanent life insurance plans. But you nunst be registereec by March 1st, 1971. And these things take ee bit of time. Tease cal me, 0 or drop mea a line and information.



## Residents angered

 town) cleaned it out properly and put gravel on the Older children catch frogs in the ditch, Lutz added.Mrs. Blue agrees that the ditch "is a real hazard". She added that it attracts flies in warm Lutz said the Botin's sewer was draining into the ditch until the health department put a halt to it. Mrs. Botin said: "I don't know what we can do It's a hig ditch

## Runs through town

The ditch, Jolliffe said, originates near Little Park, cuts through the civic center property, down Emerson, behind the Co-op and behind the Safeway Supermarket, under the overpass, under South Eby South Terrace. Jolliffe said t
families on Mills are the only From Mills the the watercourse.
hes into the Sthe dich crosses McDeek and emp
Mrs. Blue said her neighbors were told that when the overpass was built, sewers could be installed for their homes.
But Jolliffe said that was the plan only when an underpass--and not an overpass--was under "In 1965-66" Joliffe se
"In 1965-66," Jolliffe said, "council has a sewer, program which included that portion of Mills." and cut kiills and other areas out of the sewer program.
But Mrs
But Mrs. Blue and her neighbors only know that the problem has been going on for a long time.

## RESIDENTIAL AND COMMERCIAL SERVICES PROFESSIONAL WORK GUARANTEED

## Northern Custom

## Draperies

HILKKA FLURY

## Thornhill aims

 for incorporation
## Cont'd from Page 1 0 per cent of the land owners district, Cleve said, would give on per signed a petition seeking a the area, the green light to in-

 "Wa ter Improvement stalla water and sewer system. District."This,
in effect, would in- to have a say in rumning our own corporate the efiect, would inform of local autonomy, sald
"When we have all the names of course, any service, such e will send the petition to the as a fire departiment and stree Department of Water
Resources in
lighting
resources in Victoria," Cleve
Initially, the purpose of ap-
plying for a water improvemen

# 4 

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free estmates
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Ph. 635-722

## TERRACE CH the new Corollas are in."



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NEW! BEAUTIFUL! 1971 MODELS! PRICES SLASHED!
brakes for even safer, more controlled stops
and of course, all the safety and luxury equip. ment at no exira cost. Fully reclining bucke seats, rear window defogger, collapsible steer "Fresh column, heavy duty heater, ventilation with fan boost leve mention a few. Add Toyota's world-wide repu tation for craftsmanship, a service organization second lo none and owning a Corolla makes Coupe, two door sedan and wagon. See them at your Toyota dealer (there are over 1000 in North America). Put yourself in great shape for

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2 Dr. cope. Black vyi. Ful power, Als.

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| :---: | :---: | :---: |
|  |  | '66 IMPALA <br> Real valuw hovol........ $\$ 1295.00$ |
| 69 PONTIAC $2+2$ Parislanme. <br>  | '65 DODGE <br> Sportman Wagon: 6 cy: $\mathbf{A 9 5 0}$ |  |
| '66 T-BIRD 2 dr. Landau. Mint <br>  | 67 DODGE Soritmen wagen. $\$ 1495.00$ | '67 VIVA <br> Vavimul 2 dif: suen |

## Terrace Herald

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GORDON HAMILTON
adVErtising manager: gary card

## OUR OPINION

## Spring splashes

## Spring a

 At least the past several days have indicated that old man Winter is getting a little tired of hanging around;and, for that matter, so is everyone else.
Warm air from the Pacific is Sweeping up the valley, dropping a little moisture it has picked up from the ocean. But the rain, and even the sun, sometimes, is melting the mountains of snow generously heaped double that of the average.
And, every now and then, the sun makes an appearance, dazzling winterweary eyes and revealing the breathtaking, snow-capped peaks in the distance and the green and blue
hills sloping down to the mighty hills slop
Skeena.
As the snow goes, roads are again appearing; both the paved ones and, But, before the first buds of Spring appear, the season's harbringer has turned roads into rivers of slush. Huge lakes appear amid the suburban homes, in yards and on roads. Olympic-size pools also have appeared on portions
The rain we accept, stoicly.
The rain we accept, stoicly. springing is rudely dampened. Usually by some jerk behind the
wheel of his car, speeding through the muddy lakes, drenching hapless pedestrians.
Human behaviour being what it is, some clowns find this a million laughs.
And some drivers are so thick between

## Homes

Home, they say, is where the heart is. And Stan Barton, presid
Mor builders has a heart.
Barton is presently awaiting word Barton is presently awaiting word
from Central Mortgage and Housing Corporation, a federal mortgaging agency, to go ahead with the first stage of a low-cost housing project in Terrace which will bring both a home
and a lot on which itsits within reach of and a lot on which it sits within reach of presently living in a mobile home, a presently living in a masement suite.
There is profit for Save-Mor, too. But Barton could be building expensive homes for high earners instead of
aiming his project at the little guy.
Cost of each home would be $\$ 16,000$. and buyers would be required to pay $\$ 115$ per month, plus interest and utilities.
The 31 initial homes would be the nucleous of the first low-cost housing towards easing the present housing squeeze here.
Eventually, Barton hopes to see 108
homes, with trees on the site, in the homes, with trees on the site, in the neighborhood of Graham and Pear
Streets, in south Terrace near Mills Streets, in south Terrace near Mills
Memorial Hospital. The houses would Memorial Hospital. The houses would pieced together on the site. Each home would have three bedrooms, a kitchen, a dining room and a living room, at a total of 960 square feet. There would, however, be no basement. each house. A small grant from Vic
the ears they spash through not giving one thought to the poor pedestrian slushing through the melting snow on
sidewalks which have been hidden sidewalks which have been hidden
since December. Fore December
Fortunately, most Terrace and tring of invectives bellowing forth from a drenched pedestrian and do simple, considerate moves like slowing down when they see a pedestrian and, if no traffice is approaching, attempt to And, with the rain and warm And, with the problem seeps into mind. Flooded basements.
This is especially tough on basement suite dwellers who acquire, over the years, webbed feet.
But, with the rare exception, you can't finger your landlord. In some areas, the municipates of Terrace systems. And so the extra water backs have not been built to withstand water seepage, although a little digging around the area where cement meets
wood might help alleviate the wood might help alleviate the
problem: but it's too late this year as problem: but it's too late this year as when dry weather returns and the frost leaves the ground.
Residents living in
Residents living in areas with poor
storm drainage systems should con sider paying slightly higher taxes to pay for a proper system, particularly if
they are collecting rent from a basement suite dweller whenever he surfaces. But, in the long run, it's a good sign, around the next bend.

## needed

## oria and the initial down-payment

 ould make up the rest. Barton, of course, would be requiredto pay the CMHC loan back as well to pay the CMHC loan back, as well as down payment and the monthly payments.
Mayor Victor Jolliffe said the town's planners had approved of the plan. The mayor said Barton will be required by the municipality to provide paved roads, water and sewer The mayor said the project, once in operation, will be a boon to the municipality in the form of taxes on the homes and property. At the present time, he pointed out last week, most of the low-earners live in cheaper bungalows they rent in Thornhill, outside of Terrace boundaries, or if
they live within the boundaries, many they live within the boundaries, many required to pay municipal and school taxes.
"We expect," Mayor Jolliffe said,
"this to eventually be a minimum of an 80 unit housing estate and will provide needed competition in the needed compensation in the construction in
dustry. Jolliff
Jolliffe said it can only add to employment and it's in the price-range We believe, like Mayor Jolliffe, that this low-cost housing project can only benefit the community as a whole and the individual resident who will be able to take advantage of the Sav-Mor It can

## B.C. jobless reach 82,000




## YOUR OPINION

IWA replies to 'CLAC'

## mak repro deno

The Editor
Terrace
Terrace Heral
Terrace. $\mathbf{B}, \mathrm{C}$.
Dear Sir: $\begin{aligned} & \text { Thernational Wood: } \\ & \text { workers of America represents }\end{aligned}$
友



## 

Poor road' | The Editor |
| :--- |
| Terrace erald |

Dear Sir:
Last Saturday, February 13, I returned to Terrace from a trip
to Quesnel. While travelig to Quesnel. While traveling
back I was grateful for the
paved highway which makes it paved highway which makes it
so much more enjoyable. From Prince George on Highway 16
was in very good condition, fre fas iec and snow with a few
rough spots near Hazelton. As soon as I entered the
Terrace Highway District at
Pacific the road Pacifice the road was covered are making an effortito clear the
road. I am certain that several are making anettain that several
rodi. am cerelers made unprintable
trave suggestions as to its condition.
1 mentioned before that we have such a good paved high-
wor
at
High
High
the
the
last Satudtion
1 am sure
good reason for there was a as the
Department of Highways is
Department of Highways, is
doing a good job of keeping the
roads open under som
hazardous conditions.
Yours truý,
G.A ten Wolde
"How about a Roval Commission on the ligigh cosit of Royal Connistions. knowledge of explosives. 60 mmencing March 12 spaces ELECTRONICS Logic and
Technology.

Manpower services


## TRAINING

## OPPORTUNITY

## a few spaces remain in short upgrading courses

B.C. VOCATIONAL SCHOOL TERRACE This special series of courses is offered by the Department
of Edvcation in co-operation with the Department of Man.
power, Financial assistance for the duration of each course power, Financial assistance for the duration of each course
may be granted to quallified persons by the Manpower Office.
BLASTER UPGRADING. Commencing February 15 th . .7 of 20 spaces available. Course for persons with
minimum 6 months Blasting experience to upgrade their

WELDING UPGRADE - Metal Trades and Maintenance
persons normally employed as Millwrights Machinists, Auto persons normaily employed as Millwrights Machinists, Auto
Mechaniss, Heavy Duty Mechanics sheet Metal Workers,
Ornamental tronworkers, Shipyard Fitters and Shipyard
, LOGGING UPGRADE - Rlgging Crews - Commencing February 22 nd.
.9 of avaiable. To update knowledge ald provide
training opportunitles in wire rope splicing, power saw training opportunitites in wire rope splicing,
maintenance, Rigging Procedures - Safety.
INDUSTRIAL FIRST AID. . Commencing February 22 nd .
… 6 of 20 spaces available.
T.V. Practical and or AM.FM Singte SIde Band.
 Telephone Training to persons who have had previous
training or experience in Radio, Black and White TV and

ELECTRONICS - Technician Upgradinc
persons with some pxperience in any of the following areas. porsons with some experience Tin any of the following areas.
Solld State Theory, Radio and TV Theory; Color TV Theory,
TV. Practical, AM FM Single Side Band (Radio Telep TV. Practical, AM FM Single Side Band (Radio Telephones)
Logic and industral Control and Micro :Wave Radar

For intormation felophone or visit your nearest Canada
Manpower Office immediataily:

## Let's call it 'Old Missouri!'


 $\begin{array}{ll}\begin{array}{ll}\text { Andifit does; R.M. Conway. } & \text { school be named after one of } \\ \text { maintainance supervisor, } & \text { the mines near Stewart } \\ \text { would like to see the school } & \text { possibly Premier. }\end{array} & \end{array}$



## Consumers 



## Rod, gun club

## to teach gals

 hunter safetyAh, the great outdoors.... woods?
But are you a lady whe The Terrace Rod and Gun
scared to death of a rifile afrald Club thinks it has the answer for
 Reame bidding if you take a for-
might be safe Beams at the new Overwalte
store may not be unsafe That's the word from Max
Braun of Klassen Conistruction Brau firm bulliding the store. lettrer from said he recelved: saying that some of the beama
could bes allo be saffect. But they could Since April, 1970, the manuacturer has been using a
new process and some of the
beams produced The beams. here are aue being
checked as a safety precautlon checked as a saiety precaution,
Braun said. The manuacturer
is expected in Terrace have a look at them In the
meantime soon to meantime, they haye been
reinforced for satety as con


LADIES \& MISSES LADIES L.S. BLOUSES

LADIES LONG
SEEVE SES SHIRT TAIL
BOOSER

LADIES HALE SLIIP5
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| BRIEFS |
| 1044 |

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| :--- |
| Comp, at 1.99 Now |


LADIES
$\begin{array}{ll}\begin{array}{ll}\text { SLL P PERETES } \\ \text { Sizes S.M-L Comp.at. } 99 \\ \text { pr. Now }\end{array} & 1.44\end{array}$

INFANTS \& CHILDRENS

$$
\begin{aligned}
& \text { Now } \\
& \text { GIR } \\
& \text { FLLAN }
\end{aligned}
$$

 BOYS ROUGH TOUCH
WESTERN
DENIM
JEANS
Sine 4.6 C Comp. at 1.99
Now
Nox 1.44



GIRLS BRUSHED

LITTLE GIRLS,
SHORT
SLEEV
LHORT SLEE
COTTON DRESS

| $\substack{\text { Sizes. } \\ \text { Now } \\ \\ \hline \\ \text { Comp. at } \\ 2.29}$ | 1.44 |
| :--- | :--- | :--- |

GIRLs cotro
PYJAMAS
$\substack{\text { Many difterent patierns } \\ \text { Sireses } 8.144 \text { comp. at } 2 \text { 29 }}$
Noow 1.44


"Hunter Safety" is a
Leaches the course.
The course includes game.
nanagement, wateresow, game
nife
jun hanaling care of firearms gin handiling care of firearms,
first ald, archery' and survival., Ard In his flrst course,
Garrett had inine students. Six: Garret had nine students. Six:
of them were women.
Another course is Another course is starting in
March and applicatlons are March and applications are
available at Omenica Sporting
Goods and Northwest Sporting Goods. WHO'S ELIGIBLE? Young people-over age 1 too eligible to take the course "We do every thng, Garrett

$$
\begin{aligned}
& \begin{array}{lll}
\text { Sizes } 4 \text { - } 6 x \text { Comp. at } 1.99 & 1.44 \\
\text { Now }
\end{array}
\end{aligned}
$$



SHOP WITH EASE SAY CHARGE IT PLEASE

health food fadist, Mrs. Charles Hoppe stands with the food and books she sells, Mrs. Hoppe holds her "bible", adele Taste good, too

## Food builds health


#### Abstract

By DIANA SMI'TH The whole subject of health The whole subject of health foods versus t treated food causes a great amount of controversy but the fact remains that many people are remains hat many people are becoming more aware and concerned about their food. concerned about their food. In Terrace, for instance In Terrace, for instance, Franks Dairy supplies 1,000 families with raw miks families with rew mik. Manager, Ted Hidber said this supply. A popular advantage to following a health food diet is that many over weight people for food is their craving atisfied and they can eat less. Mrs. Celina Hull of Terrace, pounds and for 20 years had ied to diet. "I was in misery The time," she said. Four months after slarting eating only health foods Mrs. Hull was down th and has maintained this eight since, so well in fact describes hrandson, Lloyc tween a bird and a crabbit Hull would be beod for Mrs. her would be a breakfast of onsists of: 1 dessertspoon of whole wheat flour, 2 desser



$\qquad$
 dates. ${ }^{\text {an isfied }}$ after a feew and bake at 325.350 Fegrees Whateving away Whatever your opinion
health Toods and hose who eat
them, the fact reme liem, the fact remains that a
growing number of people are growing number of people are
lurning away from refined, chemically preserved, instant
mass
nod mass produced products and,
instead, are taking the time instade are aking he ime
and effor to procure more
natural orgaiculy natural. organic
food as possible

Following are two recipes
using whole wheat llour and wheat germ which' ${ }^{2}$ are both wheal germ which are both
good sources of proteins and

A recipe for cookies,
recommended by Mrs. Amm
Hen recommended by Mrs. Ann
Hoppe beause "it has
everything to build up everything ${ }_{\text {is }}$ to build up
health," Cookies.
Cream together one cup partially her harde ned
margarine, natural lard or sugar (demerara not white) Add and mex well two wige one cup of wheat germ and one

Simpsons-Sears
PANT SALE


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Combine in sifter and add one cup of whole wheat pastry one cup of whole wheal pastry
flour, one cup rice polish or
soy flour, a a half cup powdered soy filour, a half cup powdered
milk, two teaspoons doublemik, two teaspoons double-
acting baking powder, and $a$
half teaspoon of salt (sea half teaspoon of salt (sea
sal) Stir only enough to mix well
or about 30 strokes. Turn out or about 30 strokes. Turn out
onto a floured bard or canvask immediately or wrap in
bake wax paper and chill or freeze
overnight overnight or longer.
Cut into four quarter inch scut and place on baking
sheet covered with foil or wellgreased heavy brown paper.
Bake in moderate oven 350 degrees F for 8 -10 minutes.
Remove from foil after cooling or freeze and
remove later.

## mimit the library



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nesoo .a. o cuass $45^{\text {c }}$

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CUCUMBERS mexican
EGG PLANT MEXICAN tOMATOES

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## 3 THRIFTY WAYS TO SERVE TENDER ECONOMICAL PORK



## 2. barbecued spareribs hawAllan style

3 tbsp. sugar
6 tbsp. soy sauc
3 tbsp. wine vinega
5 tsp. saif
$11 / 2$ isp. Nabob ground black pepper
$1 / 2$ ssp. Nabob ground black
1 Isp. Nabob ground ginger'
$1 / 4$ tsp. Nabob cayenne pepper
$1 / 2$ Isp. Nabob instant minced garlic
$1 / 2$ lsp. Nabob instant minced garlic
3 tsp. Nabob powdered mustard 3 tsp. Nabob powder
4 tbsp. water

3. BRAISED SHOULDER - OF PORK


Remove enough fat from the roast to have $1 / 2$ cup.
Melt this fat in a heavy saycepan Melt this fat in a heavy sauccepan. Brown the meat
in this fat over iow heat, until it is browned on all in this fad over iow heat, untilit it is browned on all
sides. Add the carrots, onions, garlic, salt, pepper, marioram or thyme. Cover and cook over low heat, marioram or minme. cover and cook over low heat,
counting 35 minutes per pound. When the roast is done, remove from the saucepan and add the
consomme to the gravy. Bring to a boil stirring all tconsomme to the gravy. Bring to a bolid slod mill to
the time. Serve as is or put through a for mash the vegetables. Serve with boiled rice garnished with parsley.

 .GOV'T INSPECTED . .choice grain fed boneless . GOV't inspected .choice grain fed .boneless end cuts lb. PORK BUTT ROAST 59 PORK LOIN ROAST $79^{〔}$ .covit inspected "burns" campiri .gOV'T INSPECTED "WILTSHIRE" SKINLESS Sliced Side Bacon
$69^{c}$ SIDE OF PORK

39
PORK LOINS
69 ${ }^{\text { }}$
CON FILLETS
$55^{c}$

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