



# **ASEAN Journal of Psychiatry**

## **Abstract Book**

**The 11<sup>th</sup> Congress of the ASEAN Federation for  
Psychiatry and Mental Health (AFPMH)**



**AFPMH  
Congress  
2008**

and



**The Annual Meeting of the South Asian Forum  
on Mental Health and Psychiatry**

Mental Health toward 2020: Working Together for Better Mental Health in Asia  
26 - 29 August 2008, Bangkok, Thailand

---

**Vol. 9**

**Supplement 1**

**2008**

---

**ISSN 0218-3420**

# ASEAN Journal of Psychiatry

---

## Advisory Board

Pichet Udomratn, MD.	President of the ASEAN Federation for Psychiatry and Mental Health (AFPMH) & President of the Psychiatric Association of Thailand
Mohamad Hussain Habil, MBBS.	Vice-President of the ASEAN Federation for Psychiatry and Mental Health (AFPMH)
Syamsul Hadi, MD.	President of the Indonesian Psychiatric Association
Yen Teck Hoe, MD.	President of the Malaysian Psychiatric Association
Maria Imelda Bater, MD.	President of the Philippines Psychiatric Association
Alex Su, MBBS.	President of the Singapore Psychiatric Association

## Editor

Manit Srisurapanont, MD.  
Department of Psychiatry, Faculty of Medicine, Chiang Mai University  
Muang, Chiang Mai, Thailand 50200  
Tel: + 66 53 945 422; Fax: + 66 53 945 426; Email: msrisu@yahoo.com

## Associate Editors

Sawitri Assanangkornchai, MD., Ph.D. (*Prince of Songkla University, Songkhla, Thailand*)  
Mohamad Hussain Habil, MBBS. (*University of Malaya, Kuala Lumpur, Malaysia*)  
Orawan Silpakit, MD. (*Srithanya Hospital, Bangkok, Thailand*)  
Nahathai Wongpakaran, MD. (*Chiang Mai University, Chiang Mai, Thailand*)

## Editorial Board

Suwanna Arunpongpaisal, MD. (*Khon Khen University, Khon Khen, Thailand*)  
Siow-Ann Chong, MBBS. (*Institute of Mental Health, Singapore*)  
Irmansyah, MD. (*University of Indonesia, Jakarta, Indonesia*)  
Philip George Joseph, MBBS. (*International Medical University, Seremban, Malaysia*)  
Thawatchai Leelahanj, MD. (*Phramongkutklo Hospital, Bangkok, Thailand*)  
Manote Lotrakul, MD. (*Ramathibodi Hospital, Mahidol University, Bangkok, Thailand*)  
Benchaluk Maneeton, MD. (*Chiang Mai University, Chiang Mai, Thailand*)  
Dinah Pacquing-Nadera, MD, MSc, DPBP. (*Philippine Psychiatric Association, Quezon City, Philippines*)  
Wetid Pratoomsri, MD. (*Chachoengsao Hospital, Chachoengsao, Thailand*)  
Atapol Sughondhabirrom, MD. (*Chulalongkorn University, Bangkok, Thailand*)  
Pramote Sukanich, MD. (*Ramathibodi Hospital, Mahidol University, Bangkok, Thailand*)  
Tinakorn Wongpakaran, MD. (*Chiang Mai University, Chiang Mai, Thailand*)

*The ASEAN Journal of Psychiatry* is a peer-reviewed psychiatric and mental health journal published twice a year by the ASEAN Federation for Psychiatry and Mental Health. The journal aims to provide psychiatrists and mental health professionals with continuing education in basic and clinical science to support informed clinical decisions. Its print version is sent to all members of the Psychiatric Associations of Indonesia, Malaysia, The Philippines, Singapore, and Thailand.

Unless clearly specified, all articles published represent the opinions of the authors and do not reflect the official policy of the AFPMH. The publisher can not accept responsibility for the correctness or accuracy of the advertisements or claims or opinions expressed. The appearance of the advertisement in this journal does not necessarily imply approval or endorsement by the AFPMH. Advertisements are accepted through the Editorial Committee and require approval by the Editor.



**The 11<sup>th</sup> Congress of the ASEAN Federation for Psychiatry and Mental Health (AFPMH)  
and the Annual Meeting of the South Asian Forum on Mental Health and Psychiatry**

**Local Organizing Committee**

*Chairpersons*

ML.Somchai Chakrabhand  
Nongpanga Limsuwan  
Pichet Udomratn

*Vice-Chairpersons*

Wachira Pengjuntr  
Ronnachai Kongsakon  
Narong Subhadrabandhu

*Secretary-General*

Kiattibhoom Vongrachit

*Deputy Secretary-General*

Phunnapa Kittirattanapaiboon

*Treasurer*

Umpol Suampan

*Chairs for Scientific Program*

Manit Srisurapanont  
Pichet Udomratn

*Vice-Chairs for Scientific Program*

Col.Nawaporn Hirunviwatgul  
Suparat Ekasawin

*Chairs for Foreign Relations*

Apichai Mongkol

*Chair for Poster Awards*

Suchat Paholpak

*Chairs for Social Affairs*

Capt.Wasin Bamrungcheep  
Boonchai Nawamongkolwatana

*Chair for Public Relations*

Thaweesin Visanuyothin

*Committee Members*

Somnuk Limsiroratana  
Weerapon Unaharassamee  
Nuntawat Siddhiraksa  
Col.Pongsatorn Netrakom

**International Advisory Committee**

Afzal Javed  
E. Mohandas  
Felicitas Artiaga – Soriano  
Hong Choon Chua  
Mohamad Hussain Habil  
Naotaka Shinfuku  
Parameshvara Deva  
Russell D'Souza  
Syamsul Hadi

**Secretariat Office:**

Srithanya Hospital,  
47 Moo 4 Tiwanon Rd.,  
Amphur Meaung,  
Nonthaburi 11000, Thailand  
Tel +66-525-2333 – 5  
Fax +66-526-2894  
E-mail: secretariat@psychiatry.or.th  
www.afpmh.net

**Mental Health toward 2020: Working Together for Better Mental Health in Asia  
26 – 29 August 2008, Bangkok, Thailand**

# ASEAN Journal of Psychiatry

*Volume 9, Supplement 1, 2008*

---

## Abstract Book

for  
**The 11<sup>th</sup> Congress of the ASEAN Federation for Psychiatry and Mental Health (AFPMH)  
and the Annual Meeting of the South Asian Forum on Mental Health and Psychiatry**

## Contents

A Message from the AFPMH President .....	1
Scientific Program .....	2
Plenary Lectures (PL) .....	13
Plenary Symposium (PS) .....	13
Special Symposia (SS) .....	15
Regular Symposia (RS) .....	25
Oral Communications (OC) .....	43
Poster Presentations (PP) .....	51
Poster Award Presentation (PAP) .....	61



## **ASEAN Federation for Psychiatry and Mental Health (AFPMH)**

**President's Office:** Department of Psychiatry, Faculty of Medicine,  
Prince of Songkla University, Hat Yai, Songkhla 90110, Thailand.  
Tel +66-74-451351 or Tel +66-74-451352 Fax +66-74-429922  
E-mail: [upichet@medicine.psu.ac.th](mailto:upichet@medicine.psu.ac.th) website: [www.afpmh.net/home](http://www.afpmh.net/home)

---

### **A Message from the AFPMH President**

Dear Colleagues,

It is my great pleasure to welcome you in Bangkok, the capital city of my homeland at the 11<sup>th</sup> AFPMH Congress.

According to the AFPMH council, the congress is organised every two years. However, this year it is the first time that AFPMH has joined with the South Asian Forum (SAF) and our East Asian partnership. So this congress is perhaps the largest AFPMH Congress ever held. It brings psychiatrists and mental health workers from many parts of Asia to share their experiences and learn from each other. This is also the first time that we have published the abstracts of all academic sessions of the congress in the supplementum issue of the ASEAN Journal of Psychiatry.

I would personally like to express my sincere thanks to Prof. Manit Srisurapanont, an editor of the ASEAN Journal of Psychiatry, for making this excellent abstract book.

I do hope all of you will enjoy both the scientific sessions and the social programme available in this congress. I strongly believe that this congress will also enhance the existing friendships or establish new relationships among professionals and multidisciplinary colleagues. Wishing you a pleasurable and memorable experience of the congress.

Best regards,

Prof. Pichet Udomratn, M.D.  
President, ASEAN Federation for Psychiatry and Mental Health (AFPMH)  
President the Psychiatric Association of Thailand

## Scientific Program

### Plenary Lectures (PL)

There are two Plenary Lectures (70 min each). A well known senior leader in psychiatry and mental health will deliver the speech in each lecture.

### Plenary Symposium (PS)

There is one Plenary Symposium (70 min). Well known senior leaders in psychiatry and mental health will deliver the speech.

### Special Symposia (SS)

There are four Special Symposia (SS1-3 = 110 min each, SS4 = 100 min). Each symposium includes five to six speakers, who are jointly invited by an organization and the Congress.

### Regular Symposia (RS)

There are 13 Regular Symposia (100-110 min each). For each symposium, two to five speakers will present a specific topic in psychiatry and/or mental health, representing several points of view.

### VCD Case Demonstration (VCD)

This session (100 min) will present special techniques used in psychiatry. The session consists of lecture and case demonstration (by using VDC or DVD).

### Workshops (WS)

A workshop (210 min) will present special techniques used in psychiatry. The session consists of lecture and case demonstration (by using VDC or DVD). These interactive workshops have limited space for a maximum of 60 participants.

### Oral Communications (OC)

Oral Communications will be presented in three 100-minute parallel sessions. The time allotted to each presenter will be 12 min, followed by 3 min of discussion.

### Poster Presentations (PP)

Posters will be presented in Northern area of Hall 1. A senior author or co-author may present during poster viewing 1 (Wed Aug 27, 2008 between 10:10-10:40 am).

### Poster Award Presentations (PAP)

Posters that are candidates for Poster Awards will be presented in Northern area of Hall 1. A senior author or co-

author should present during poster viewing 1 (Wed Aug 27, 2008 between 10:10-10:40 am).

### Pre-Congress Industry-Sponsored Symposia (PCISS) and Industry-Sponsored Symposia (ISS)

Six symposia (70-100 min each) are organized by sponsored industries. Each session will focus on a specific scientific or a clinically relevant topic in psychiatry or systems of care. Food, food boxes, or food cards will be provided at the end of the session.

### Lunch Symposia (LS)

Six symposia (70-100 min each) are organized by sponsored industries. Each session will focus on a specific scientific or a clinically relevant topic in psychiatry or systems of care. Lunch will be provided at the beginning of session.

### Organization Meetings (OM)

There are 4 Organization Meetings. **Only** the executives and/or the members of the named organization are invited to attend the meeting.

### Special Meeting (SM)

A special informal meeting for young Asian psychiatrists and mentors has been arranged. Those interested are invited to participate.

### Abbreviations:

ISS: Industry-Sponsored Symposium  
 LS: Lunch Symposium  
 MPR: Multipurpose Room  
 MR4-5: Meeting Room 4-5  
 OC: Oral Communication  
 OM: Organization Meeting  
 PCISS: Pre-Congress Industry Sponsored Symposium  
 PAP: Poster Award Presentation  
 PP: Poster Presentation  
 PL: Plenary Lecture  
 PS: Plenary Symposium  
 RS: Regular Symposium  
 SS: Special Symposium  
 SM: Special Meeting  
 TBA: To Be Announced  
 VCD: VCD Case Demonstration  
 WS: Workshop

Tuesday 26 <sup>th</sup> August 2008		
Time	Room	Programs
1040 – 1220	Hall 2	<p><b>PCISS1: Schizophrenia and Depression: Continued Challenges, New Vistas (Eli Lilly)</b>  <b>Chairperson:</b> Ronnachai Kongsakon (Thailand)</p> <p><b>PCISS1-1: Schizophrenia; From Current Advances to Practical Tips</b>  Richard William, <i>Canada</i></p> <p><b>PCISS1-2: Tangled Up in Blue: Optimizing Treatment of Depression in the Presence of Comorbidities</b>  Siegfried Kasper, <i>Austria</i></p>
1040 – 1220	Hall 3	<p><b>PCISS2: Maximize Efficacy, Minimize Adverse Effect by 3rd Generation Antipsychotic Drugs: Dopamine Partial Agonists (Thai Otsuka Pharmaceutical)</b>  <b>Chairperson:</b> Voralaksana Theeramoke (Thailand)</p> <p><b>PCISS2-1: Pharmacology of 3rd Generation Antipsychotics</b>  Chuthamance Suthisang, <i>Thailand</i></p> <p><b>PCISS2-2: Adjunctive Benefit of Aripiprazole on Major Depressive Disorder</b>  A. John Rush, <i>USA</i></p>
1040 – 1220	Theater 5	<p><b>PCISS3: Rationale and Strategies for Treating Psychosis, Aggression, and Agitation in Alzheimer's Disease (Eisai)</b>  <b>Chairperson:</b> Nuntika Thavichachart (Thailand)</p> <p><b>PCISS3-1: Rationale and Strategies for Treating Psychosis, Aggression and Agitation in Alzheimer's Disease</b>  Lon Schneider, <i>USA</i></p>
1220 – 1350		Lunch
1400 – 1445	Hall 2	OPENING CEREMONY
1445 – 1635	Hall 2	<p><b>SS1: Mental Health in ASEAN: Current Status and Toward 2020</b>  <b>Chairpersons:</b> Mohamad Hussain Habil (Malaysia)  Ronnachai Kongsakon (Thailand)</p> <p><b>SS1-1: Current Status and Toward 2020 of Mental Health in Cambodia</b>  Kim Savuon, <i>Cambodia</i></p> <p><b>SS1-2: Mental Health in Indonesia: Current Status and Toward 2020</b>  Syamsul Hadi, <i>Indonesia</i></p> <p><b>SS1-3: Mental Health Services in Malaysia: Current Status and Toward 2020</b>  Abdul Kadir Abu Bakar, <i>Malaysia</i></p> <p><b>SS1-4: Current State and Future Directions for Philippine Mental Health</b>  Maria Imelda Batar, <i>Philippines</i></p> <p><b>SS1-5: Mental Health in Singapore : Current Status and Toward 2020</b>  Alex Su, <i>Singapore</i></p> <p><b>SS1-6: Mental Health in Thailand : Current Status and Toward 2020</b>  Somchai Chakrabhand, Apichai Mongkol, Pichet Udomratn, <u>Nathankorn Jampatong</u>, <i>Thailand</i></p>
1445 – 1635	Hall 3	<p><b>SS2: Mental Health in South Asia and East Asia: Current Status and Toward 2020</b>  <b>Chairpersons:</b> Takuya Kojima (Japan)  Mohandas Warriar (India)</p> <p><b>SS2-1: Mental Health in India: Current Status and Toward 2020</b>  Mohandas Warriar, <i>India</i></p> <p><b>SS2-2: Mental Health in Japan: Current Status and Toward 2020</b></p>

		<p><u>Takuya Kojima</u>, Tsuyoshi Akiyama, Yuji Okazaki, <i>Japan</i>  <b>SS2-3: Mental Health in Korea: Current Status and Toward 2020</b>  Soo-Churt Cho, <i>Korea</i>  <b>SS2-4: Mental Health in Pakistan: Current Status and Toward 2020</b>  Haroon Rashid Chaudhry, <i>Pakistan</i>  <b>SS2-5: Mental Health in Sri Lanka: Current Status and Toward 2020</b>  Nalaka Mendis, <i>Sri Lanka</i>  <b>SS2-6: Mental Health in Taiwan: Current Status and Toward 2020</b>  Cheng-Chung Chen, <i>Taiwan</i></p>
1445 – 1635	MPR	<p><b>SS3: Thai-American Psychiatry Conference</b>  <b>Chairpersons:</b> Pedro Ruiz (America)  Pichet Udomratn (Thailand)</p> <p><b>SS3-1: History of Psychiatry in America: An American Psychiatric Association Perspective</b>  Pedro Ruiz, <i>USA</i>  <b>SS3-2: History of Psychiatry in Thailand</b>  Pichet Udomratn, <i>Thailand</i>  <b>SS3-3: Drug Use, Abuse, and Dependence in the United States: Trends, Limitations, and Ideas for Future Studies</b>  Linda Cottler, <i>USA</i>  <b>SS3-4: Current Situation of Substance-Related Problems in Thailand</b>  Sawitri Assanangkornchai, <i>Thailand</i>  <b>SS3-5: Geriatric Psychiatry: Alzheimer’s Dementia and Related Disorders in the 21st Century</b>  Jose E.De la Gandara Sibila, <i>USA</i>  <b>SS3-6: Thai Perspectives on Geriatric Psychiatry</b>  Nahathai Wongpakaran, <i>Thailand</i></p>
1635 – 1800	Hall 2	<p><b>ISS1: A Revolution in Dementia Management with Once Daily Transdermal Patch (Novartis)</b>  <b>Chairperson:</b> Nuntika Tawichachart (Thailand)</p> <p><b>ISS1-1: New Transdermal Patch: The Ideal Therapeutic Approach for AD &amp; PDD</b>  George Grossberg, <i>USA</i>  <b>ISS1-2: Practical Points of Rivastigmine Patch in Daily Practice</b>  Chutamance Suthisisang, <i>Thailand</i></p>
1635 – 1800	Theater 5	<p><b>ISS2: The First Asian Network of Bipolar Disorder (ANBD) Conference “Bipolar Disorder in Asia: Current Status and Toward 2020” (AstraZeneca)</b>  <b>Chairpersons:</b> Ki-Yan Mak (Hong Kong)  Ronnachai Kongsakon (Thailand)</p> <p><b>ISS2-1: Impact of Bipolar Disorder: Global and Asian Countries</b>  Lakshmi Narayana Yatham, <i>Canada</i>  <b>ISS2-2: Screening and Diagnosing Bipolar Disorder in Asian Countries</b>  Kyoosob Ha, <i>Korea</i>  <b>ISS2-3: Atypical Anipsychotics in Management of Bipolar Disorder: Asian Perspective</b>  YH Chou, <i>Taiwan</i></p>
1635 – 1800	MR4 -5	<p><b>OM1: Executive Meeting of AFPMH Council (for the AFPMH Council executives only)</b></p>



Wednesday 27 <sup>th</sup> August 2008		
Time	Hall	Programs
0900 – 1010	Hall 2	<p><b>PL1: Mental Health Toward 2020: Global Perspective</b>  <b>Chairperson:</b> Somchai Chakrabhand (Thailand)</p> <p><b>PL1-1: Mental Health Toward 2020: Global Perspective</b>  Benedetto Saraceno, <i>Switzerland</i></p>
1010 – 1040		Break & Poster Viewing 1
1040 – 1220	Hall 2	<p><b>SS4: Working Together for Better Mental Health in Asia: From Concepts to Practice</b>  <b>Chairpersons:</b> Naonata Shinfuku (Japan)  Parameshvara Deva (Brunei)</p> <p><b>SS4-1: Mental Health Needs in Asian Countries</b>  Parameshvara Deva, <i>Brunei</i></p> <p><b>SS4-2: TReNDS: A Model for Working Together in Asia</b>  Pichet Udomratn, <i>Thailand</i></p> <p><b>SS4-3: Working Together Through Research in Asia</b>  Naonata Shinfuku, <i>Japan</i></p> <p><b>SS4-4: Working Together Through Training in Asia</b>  Mohandas Warriar, <i>India</i></p> <p><b>SS4-5: Working Together for Better Mental Health in Asia: An Overview of Regional &amp; International Collaboration</b>  Afzal Javed, <i>United Kingdom</i></p>
1040 – 1220	Hall 3	<p><b>RS1: Recent Advances of Substance Use Disorders</b>  <b>Chairpersons:</b> Toshikazu Saito (Japan)  Sawitri Assanangkornchai (Thailand)</p> <p><b>RS1-1: Making Sense of Substance Use Disorders: Developing and Understanding for DSM-V &amp; ICD 11</b>  John B. Suanders, <i>Australia</i></p> <p><b>RS1-2: Back to Basics: The Relationship of Quantity, Frequency, and the Duration of Heaviest Cannabis Use to Addiction</b>  Linda Cottler, <i>USA</i></p> <p><b>RS1-3: Stemcell Transplantation as a Novel Therapy for Fetal Alcohol Spectrum Disorders</b>  Tashikazu Saito, <i>Japan</i></p>
1040 – 1220	Theater 5	<p><b>VCD1: Satir Model of Psychotherapy</b></p> <p><b>VCD1-1: Satir Model of Psychotherapy</b>  Nongpanga Limsuwan, <i>Thailand</i>  Parichawan Chandarasiri, <i>Thailand</i></p>
1040 – 1220	MPR	<p><b>RS2: Depression in Asia: Current Status and Future Perspectives</b>  <b>Chairpersons:</b> Bruce Singh (Australia)  Tsuyoshi Akiyama (Japan)</p> <p><b>RS2-1: The Recent Pharmacotherapies and Future Treatment Goal of Depression in Korea</b>  Min Soo Lee, <i>Korea</i></p> <p><b>RS2-2: Depression in Japan</b>  Tsuyoshi Akiyama, <i>Japan</i></p> <p><b>RS2-3: Major Depressive Disorder in Hong Kong Chinese – The Relationship between Pain, Sleep, and Depression</b>  Chung Ka Fai, <i>Hong Kong</i></p> <p><b>RS2-4: Major Depression in Thai Patients: An Association Study of 5-</b></p>

		<b>HTT, 5-HTR2A and CREB 1 Polymorphisms</b> Verayuth Praphanphoj on behalf of the Thai GODD study group, <i>Thailand</i>
1220 – 1350	Hall 2	<b>LS1: Fibromyalgia: A Double Jeopardy (Pfizer)</b> <b>Chairperson:</b> Orapun Thongtang ( <i>Thailand</i> )  <b>LS1-1: Fibromyalgia: Where Fantasy Stops and Reality Begins</b> Pradit Prateepavanich, <i>Thailand</i> <b>LS1-2: New Frontier in Fibromyalgia Management</b> Chuthamane Suthisisang, <i>Thailand</i>
1220 – 1350	Hall 3	<b>LS2: Improving Antipsychotic Therapy for Better Patient Outcomes (Janssen-Cilag)</b> <b>Chairperson:</b> Nuntika Thavichachart ( <i>Thailand</i> )  <b>LS2-1: Improving Antipsychotic Therapy for Better Patient Outcomes</b> Han-Peter Volz, <i>Germany</i>
1220 – 1350	Theater 5	<b>LS3: Mutual Relations Exist between Sleep Disorders and Depression (Organon)</b> <b>Chairperson:</b> Pichet Udonratn ( <i>Thailand</i> )  <b>LS3-1: Antidepressant Treatment for Depression with Insomnia</b> Min-Soo Lee, <i>Korea</i> <b>LS3-2: Treatment Options for Sleep Disorders &amp; Depression</b> Nipatt Karmjanathanalers, <i>Thailand</i>
1330 – 1540	MR4-5	<b>OM2: Executive Meeting of AFPA (for the AFPA executives only)</b>
1400 – 1540	Hall 2	<b>RS3: Current Therapies and Future Perspectives of Mood Disorders</b> <b>Chairpersons:</b> Lashmi Narayana Yatham ( <i>Canada</i> ) Russell D'Souza ( <i>Australia</i> )  <b>RS3-1: Atypical Antipsychotics for Bipolar Depression: Efficacy and Biological Mechanisms</b> Lashmi Narayana Yatham, <i>Canada</i> <b>RS3-2: Neurobiology of Depression: Some Current Perspectives</b> Arun Ravindran, <i>Canada</i> <b>RS3-3: A Microglia Hypothesis of Major Depression</b> Shigenobu Kanba, <i>Japan</i> <b>RS3-4: Systematic Illness Management Skills Enhancement Program for Bipolar Disorder</b> Russell D'Souza, <i>Australia</i>
1400 – 1540	Hall 3	<b>RS4: Training for Future Psychiatrists</b> <b>Chairpersons:</b> Kua Ee Hoek ( <i>Singapore</i> ) Donald Wasylenki ( <i>Canada</i> )  <b>RS4-1: Training Tomorrow's ASEAN Psychiatrists</b> Kua Ee Hoek, <i>Singapore</i> <b>RS4-2: Post-graduate Training in Psychiatry: A Viewpoint from Malaysia</b> Mohamad Hussain Habil, <i>Malaysia</i> <b>RS4-3: Training for Future Psychiatrists: Australian Perspective</b> Bruce Singh, <i>Australia</i> <b>RS4-4: Training for Future Psychiatrists: North American Perspective</b> Donald Wasylenki, <i>Canada</i>
1400 – 1540	MPR	<b>RS5: Mental Health and Gross National Happiness</b>  <b>RS5-1: Mental Health and Gross National Happiness</b> Yongyud Wongpiromsan, <i>Thailand</i>

		Apichai Mongkol, <i>Thailand</i> Wallapa van Willenwaard, <i>Thailand</i> Hans van Willenwaard, <i>Thailand</i>
1540 – 1600		<b>Break</b>
1600 – 1740	Hall 3	<b>OC1: Biological Psychiatry</b> <b>Chairpersons:</b> Chamlong Disayavanish (Thailand) Atapol Sughondhabiroom (Thailand)  <b>OC1-1: Randomized Study to Compare the Efficacy and Tolerability of Escitalopram and Duloxetine in Subjects with Major Depressive Disorder</b> Kiran Haridas, <i>India</i> <b>OC1-2: To Compare the Efficacy, Tolerability and Safety between Memantine and Donepezil in Moderate to Severe Alzheimer's Disease</b> Keshava Pai, <i>India</i> <b>OC1-3: Quetiapine for Primary Insomnia Patients: A Randomized Controlled Trial, Double-Blind Study</b> Kanida Tassniyom, <i>Thailand</i> <b>OC1-4: Transcranial Magnetic Stimulation for the Treatment of Depression: The First Experience in Thailand</b> Thawatchai Krisanaprakornkit, <i>Thailand</i>
1600 – 1740	MPR	<b>OC2: Education and Psychosocial Issues in Psychiatry</b> <b>Chairpersons:</b> Sawitri Assanangkornchai (Thailand) Nantawat Sitdhiraksa (Thailand)  <b>OC2-1: The Toronto Addis Ababa Psychiatry Project (TAAPP): Educational Effects of an International Outreach Program Psychiatry Residents</b> Shelley Brook, <i>Canada</i> <b>OC2-2: A Control-Mastery Psychotherapy Case Illustrating Treatment by Attitudes in a Patient with Schizoid Personality Disorder</b> Tinakon Wongpakaran, <i>Thailand</i> <b>OC2-3: Relationship between Interpersonal Problem Areas and Depressive Disorder in Thai Depressed Patients: a Matched Case-Control Study</b> Peeraphon Lucboonthavatchai, <i>Thailand</i> <b>OC2-4: Perspectives of Adolescents, Parents, and Teachers on Youth Violence: A Study in a Southern Province of Thailand</b> Vineekarn Kongsuwan, <i>Thailand</i> <b>OC2-5: Material Development for Volunteers to Promote Elderly Mental Health at Home in Thailand</b> Inthira Padmindra, <i>Thailand</i>
1600 – 1740	MR4-5	<b>OC3: Mother and Child Mental Health</b> <b>Chairpersons:</b> Panom Ketumarn (Thailand) Nuttorn Pityaratstian (Thailand)  <b>OC3-1: The Effectiveness of Behavior Modification, Food Diet and Drug Therapy Toward Attention Deficit and Hyperactivity Disorder Children's Behavior</b> Nanik Sochardjo Hartono, <i>Indonesia</i> <b>OC3-2: The Impact of Children with Mental Health or Behavior Problems on The Mental Health of Their Mothers</b> Jake Najman, <i>Australia</i> <b>OC3-3: The Impact of Having a Disabled Child on the Mental Health of a Mother: A 21 Year Prospective Study</b> Jake Najman, <i>Australia</i> <b>OC3-4: The Mental Health and Behavior of Children Who Were a Consequence of an Unplanned and/or Unwanted Pregnancy at the Time of Conception: A 21 Year Follow-Up Study.</b> Mohammad Reza Hayatbakhsh, <i>Australia</i>

		<b>OC3-5: Development of Forensic Child and Youth Mental Health Services in Queensland Australia</b> Scott Harden, Australia
<b>1740 – 1900</b>	<b>Hall 3</b>	<i>OM3: The Meeting of RCPsychT and PAT (for the Royal College of Psychiatrists of Thailand and the Psychiatric Association of Thailand members only)</i>
<b>1740-1900</b>	<b>MR4-5</b>	<i>SMI: The Meeting of Young Asian Psychiatrists (an informal meeting of young Asian psychiatrists and mentors)</i>
<b>1900 – 2130</b>	<b>Hall 2</b>	<i>Gala Dinner &amp; Cultural Night</i>

Thursday 28 <sup>th</sup> August 2008		
Time	Hall	Programs
0900 – 1010	Hall 2	<b>PL2: Violence, Psychiatry and Mental Health</b> <b>Chairperson:</b> Nonpanga Limsuwan (Thailand)  <b>PL2-1: Violence, Psychiatry and Mental Health</b> Norman Sartorius, <i>Switzerland</i>
1010 – 1040		<b>Break and Poster Viewing 2</b>
1040 – 1220	Hall 2	<b>RS6: Stigma and Mental Illness: Global and Asian Perspectives</b> <b>Chairpersons:</b> Norman Sartorius (Switzerland) Vanpen Boonyaparakob (Thailand)  <b>RS6-1: Stigma Related to Mental Illness: A Global Perspective</b> Norman Sartorius, <i>Switzerland</i> <b>RS6-2: Asian Perspective on Stigma and Mental Illness</b> Parameshvara Deva, <i>Brunei</i>
1040 – 1220	Hall 3	<b>RS7: Psychosocial Rehabilitation: from Concept to Practice</b> <b>Chairpersons:</b> Afzal Javed (United Kingdom) Wachira Penjuntr (Thailand)  <b>RS7-1: Current Concept of Psychosocial Rehabilitation</b> Afzal Javed, <i>United Kingdom</i> <b>RS7-2: Psychosocial Rehabilitation Model in Hong Kong</b> Deborah Wan, <i>Hong Kong</i> <b>RS7-3: Psychosocial Rehabilitation in Thailand</b> Suchada Sakornsathien, <i>Thailand</i>
1040 – 1220	Theater 5	<b>RS8: Attention Deficit/Hyperactive Disorders</b> <b>Chairpersons:</b> Mark Berelowitz (United Kingdom) Teerakiat Jaroensettasin (United Kingdom)  <b>RS8-1: Recent Advance in ADHD</b> Mark Berelowitz (United Kingdom) Teerakiat Jaroensettasin (United Kingdom)
1040 – 1220	MPR	<b>RS9: Publication and Journals in Asia: Meeting the Editors</b> <b>Chairpersons:</b> Masatoshi Takeda (Japan) Manit Srisurapanont (Thailand)  <b>RS9-1: How to Start, Plan, and Structure a Manuscript: A Beginner Guide</b> Manit Srisurapanont, <i>Thailand</i> <b>RS9-2: How to Get Papers Published in Psychiatry Journals</b> Masatoshi Takeda, <i>Japan</i> <b>RS9-3: Introduction a New Journal for Asia : The Asian Journal of Psychiatry</b> Russell D' Souza, <i>Australia</i>
1220 – 1350	Hall 2	<b>LS4: A-Z in Psychiatry (Pfizer Pharamalink)</b> <b>Chairperson:</b> Nuntika Thavichachart (Thailand)  <b>LS4-1: Adverse Effects of Atypical Antipsychotics: Clinical Implications</b> Arun Ravindran, <i>Canada</i> <b>LS4-2: Pharmacology Update of Alprazolam XR</b> Chaichan Sangdee, <i>Thailand</i>
1220 – 1350	Theater 5	<b>LS5: Pharmacogenomics in Psychiatry (Roche Diagnostics)</b>

		<p><b>Chairperson:</b> Nipatt Karnjanathanalers (Thailand)  <b>LS5-1: Pharmacogenomics in Psychiatry</b>  Chuthamane Suthisisang, <i>Thailand</i></p>
1400 – 1540	Hall 2	<p><b>RS10: Community Mental Health in Asia: Sharing of Good Practice</b>  <b>Chairpersons:</b> Lourdes Ignacio (Philippines)  Apichai Mongkol (Thailand)</p> <p><b>RS10-1: Facilitation Community Mental Health in the Asia-Pacific</b>  Bruce Singh, <i>Australia</i></p> <p><b>RS10-2: Community Psychiatry Paradigm in Brunei</b>  Parameshvara Deva, <i>Brunei</i></p> <p><b>RS10-3: Community Mental Health Care in the Philippines</b>  Lourdes Ignacio, <i>Philippines</i></p> <p><b>RS10-4: Community Mental Health in Sri Lanka</b>  Nalaka Mendis, <i>Sri Lanka</i></p> <p><b>RS10-5: Community Mental Health in Thailand</b>  Apichai Mongkol, <i>Thailand</i></p>
1400 – 1540	Hall 3	<p><b>RS11: Psychiatric Consequences of Asian Disasters</b>  <b>Chairpersons:</b> Saroja Krishnaswamy (Malaysia)  Panom Ketumarn (Thailand)</p> <p><b>RS11-1: Prevalence of Post-Traumatic Stress Disorder in Students: Twenty-Three Months after the Tsunami</b>  Panom Ketumarn, <i>Thailand</i></p> <p><b>RS11-2: The Training of Primary Mental Intervention Skills in the Aftermath of the Tsunami Disaster: The Penang Experiences</b>  Saroja Krishnaswamy, <i>Malaysia</i></p> <p><b>RS11-3: Toward the Recovery Process for Tsunami Survivors in Thailand</b>  Nuttorn Pitayaratstian, <i>Thailand</i></p>
1400 – 1740	MPR	<p><b>WS1: Buddhist Psychotherapy</b></p> <p><b>WS1-1: Buddhist Psychotherapy</b>  Yongyud Wongpiromsarn, <i>Thailand</i>  <i>(limited space for the maximum of 60 participants)</i></p>
1540 – 1600		<b>Break</b>
1600 – 1740	Hall 2	<p><b>RS12: Many Faces of Psychoses</b>  <b>Chairpersons:</b> Swapna Verma (Singapore)  Phunnapa Kittirattanapaiboon (Thailand)</p> <p><b>RS12-1: Early Psychosis Intervention: The Singapore Experience</b>  Swapna Verma, <i>Singapore</i></p> <p><b>RS12-2: Methamphetamine Psychosis: a Thai Perspective</b>  Phunnapa Kittirattanapaiboon, <i>Thailand</i></p> <p><b>RS12-3: Reaching the Unreached</b>  Haroon Rashid Chaudhry, <i>Pakistan</i></p>
1600 – 1740	Hall 3	<p><b>RS13: Psychiatric &amp; Mental Health Aspects of Sleep</b>  <b>Chairpersons:</b> Naiphinich Kotchabhakdi (Thailand)  Wayne Hening (USA)</p> <p><b>RS13-1: Sleep and Mental Health in Children</b>  Nittaya Kotchabhakdi, <i>Thailand</i></p> <p><b>RS13-2: The Psychiatric Aspects of the Restless Legs Syndrome (RLS)</b>  Wayne Hening, <i>USA</i></p> <p><b>RS13-3: Sudden Unexplained Nocturnal Death Syndrome( SUNDS): Psychological Aspect</b>  Naiphinich Kotchabhakdi, <i>Thailand</i></p>

**Conclusion:** Violent behaviors may be conceptualized as adolescent responses to self-care deficits. Violence prevention efforts should be directed at teaching adolescents potential alternatives to cope with stressful situations, promoting social support at home and school, and collaborating with teachers and parents to reduce environmental conditions that promote violence.

**OC2-5 Materials Development for Volunteers to Promote Elderly Mental Health at Home in Thailand**

*Sujira Naowarat, Inthira Padmintra, Thanyalak Kaewmuang, Khajitrat Chunprasert*

*Department of Mental Health, Ministry of Public Health, Thailand*

**Objective:** To develop materials for volunteers to utilize during home visit the elderly to promote their mental health status and delay their brain and body deterioration.

**Methods:** This study followed the 7 process of research study and innovation development of the Department of Mental Health, Thailand that were: elderly needs analysis, conceptual framework development, literature reviewed, materials designed development, experts opinion, training of 160 volunteers to use the materials with 465 elderly in 3 pilot provinces selected by purposive sampling and supervision after training. This process took 1 year from April 2007 – April 2008.

**Results:** Materials composed of manual, flipchart, jigsaw, cards, and paper dice for volunteers to use during elderly home visit. The contents of the materials are conversation, mental health education, brain gym, stress relaxation techniques, and brain exercise. The materials are convenience for the volunteers to use and are satisfied by the elderly.

**Conclusion:** Materials are developed through the 7 process of research study for volunteers to use for mental health promotion and delay brain and body deterioration of the elderly at home. They were tried out in the pilot provinces and found to be satis-

fied by the volunteers and be useful for the elderly.

**References:**

- Department of Mental Health. Elderly Mental Health Care Manual. Bangkok: Agriculture Cooperative Group Publishing; 2005
- Radmindra I., Editor. Stress Relaxation Manual 5th ed., Bangkok: Beyond Publishing; 2005

**OC3-1 The Effectiveness of Behavior Modification, Food Diet and Drug Therapy Toward Attention Deficit and Hyperactivity Disorder Children's Behavior**

*Nanik Sochardio Hartono*

*Laboratory of Clinical Psychology, Faculty of Psychology, University of Surabaya, Indonesia*

**Abstract:** Most parents of Attention Deficit and Hyperactivity Disorder (ADHD) children in Indonesia refused to use drug continuously because they were worry about it side effect. Therefore, other therapies such as food diet and behavior modification may be able to substitute the role of drug therapy. The main purpose of this experiment was to investigate the effectiveness of behavior modification, diet, and drug therapy as a single therapy to lower the hyperkinetic behavior (HB). This research was conducted through a single case subject design, applying the DSM-IV to measure the symptoms of the ADHD, the Werry-Weiss-Peter activity scale to measure the HB, and CPM to group the intelligence level. Subjects (N = 6) were 7 – 11 aged boys, diagnosed by psychiatrists as ADHD clients without any other disorder. They were divided into 3 groups; each was treated differently and monitored weekly. Results showed that behavior modification therapy was effective in lowering the HB score and in improving behavior such as obedience, discipline, autonomy, and family relationship. Diet therapy was effective in lowering the HB score, such as impulsivity, explosion of anger, and unstable emotion. Furthermore drug therapy was effective in lowering the HB score and in improving abilities such as attention span, concentration, visual-motor coordination, and short-term memory. Each therapy has differences of specialization in handling

behavior problem of ADHD children. Therefore, parents should use multimodal approach and accept drug therapy (3).

**References:**

- Bell R, Peiper H. The ADD and ADHD diet. East Canaan, CT: Safe Goods; 2000.
- Flick GL. ADD/ADHD behavior – change resource kit. San Francisco, CA :Jossey-Bass; 1998.
- Strong J, Flanagan MO. AD/HD for dummies. Indiana: Willey Publishing; 2005.

**OC3-2 The Impact of Having a Disabled Child on the Mental Health of a Mother: A 21-Years Prospective Study**

*Jake Najman<sup>1</sup>, Mohammad R. Hayat-bakhsh<sup>1</sup>, Alexandra Clavarino<sup>2</sup>, William Bor<sup>3</sup>, Michael J. O'Callaghan<sup>3</sup>, Gail M. Williams<sup>1</sup>, Greg Shuttlewood<sup>4</sup>*

<sup>1</sup>QADREC, School of Population Health, The University of Queensland, Australia

<sup>2</sup>School of Pharmacy, The University of Queensland, Australia

<sup>3</sup>School of Medicine, The University of Queensland, Australia

<sup>4</sup>School of Social Science, The University of Queensland, Australia

**Objective:** With an increasing proportion of children being born with various disabilities, little is known about the long-term impact on the mother, of rearing a child born with a severe disability. Studies, which aim to determine the impact of severe childhood disabilities on parents face substantial methodological challenges including:

- i) The possibility of confounding by factors which predict both the occurrence of a disabled child and maternal mental health outcomes, for example, substance abuse
- ii) The need for a large sample as serious disabilities are a rare occurrence as is mental health impairment
- iii) The need for long term follow-up as the impacts of having a disabled child may change over time

**Methods:** Data are taken from the Mater-University of Queensland Study of Pregnancy (MUSP) and its outcomes. In this prospective, pre-birth cohort study of 7223 children, children were categorized upon the birth details of children born with disabilities. These children were repeatedly followed-up until 21 years later. Mothers'

were administered to Delusions-Symptoms-States Inventory (DSSI) of Bedford and Foulds (1976).

**Results:** While children born with severe disabilities were more likely to have mothers who experienced mental health impairment at the 21-years follow-up, the differences were not great. Although maternal mental health declines over the period of time from child birth to adulthood, mothers giving birth to a child with a serious disability appeared to be unaffected by this experience.

**Conclusion:** While having a child with a disability constitutes a stressor, which may have long-term mental health consequences for the mother, many children turn out to be not as impaired as was originally anticipated. Further many mothers appear to develop effective strategies for managing children with disabilities.

**OC3-3 The Impact of Children with Mental Health or Behavior Problems on the Mental Health of Their Mothers**

*Jake Najman<sup>1</sup>, Mohammad R. Hayat-bakhsh<sup>1</sup>, Alexandra Clavarino<sup>2</sup>, William Bor<sup>3</sup>, Michael J. O'Callaghan<sup>3</sup>, Gail M. Williams<sup>1</sup>*

<sup>1</sup>QADREC, School of Population Health, The University of Queensland, Australia

<sup>2</sup>School of Pharmacy, The University of Queensland, Australia

<sup>3</sup>School of Medicine, The University of Queensland, Australia

**Objective:** While there has been a great deal of interest in the extent to which maternal characteristics impact on children, relatively little is known about the possible impact of children on the health of their mothers. Many children exhibit behavior problems, even from a young age, and others have attention problems or experience symptoms of anxiety and depression. Some children begin smoking and initiate alcohol consumption at a young age. This paper examines the impact of early childhood/adolescent mental health and behavior problems on the mother.

**Methods:** The Mater-University of Queensland Study of Pregnancy (MUSP) and its



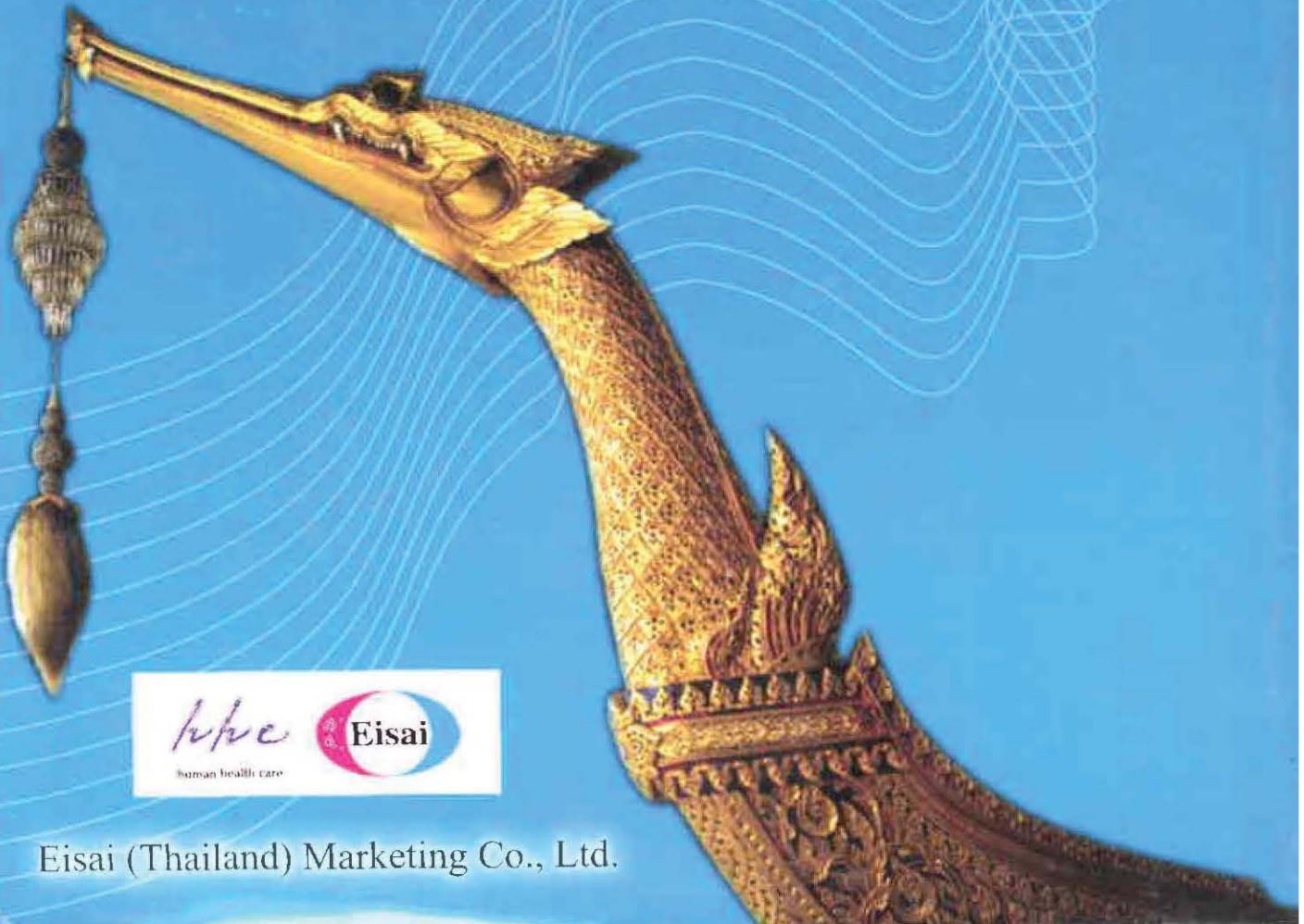


**AFPMH  
Congress  
2008**

**The 11<sup>th</sup> Congress of the ASEAN Federation for  
Psychiatry and Mental Health (AFPMH)**

and

**The Annual Meeting of the South Asian Forum  
on Mental Health and Psychiatry**



Eisai (Thailand) Marketing Co., Ltd.