

# **PROCEEDING** **COLALITE 2015**

**Conference on Language, Linguistics and Literature**

**Pornography in Language,  
Culture and Literature**

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**Purwokerto  
21 November 2015**

**English Department  
Faculty of Humanities  
Jenderal Soedirman University**



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## **EXCESSIVE SEXUAL INTERCOURSE HIDING SEXUAL TRAUMA IN SYLVIA DAY'S *CAPTIVATED BY YOU***

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### **Abstract**

The purpose of this paper is to analyze how excessive sexual intercourse done by the male and female protagonists in Sylvia Day's *Captivated by You* is used to hide the haunting sexual trauma. Framing the analysis in the Freudian psychoanalysis, several concepts are used to support the analysis, such as the concept of personality including libido, eros, thanatos, and aggressiveness; the basic concept of sexuality; and the concepts of nightmares and trauma. The results of the analysis indicate that both the male and female protagonists who are sexual abuse survivors consciously and unconsciously try to repress the sexual trauma by committing excessive sexual intercourse. They also use vulgar words to express a much-needed control to hide their traumatic helplessness in the sexual trauma. However, it turns out that excessive sexual intercourse and dirty words can only temporarily repress the psychological helplessness and sexual trauma. They still need to consult therapist to be free from the nightmares, trauma, and psychological powerlessness.

**Keywords:** Freudian psychoanalysis, sexual abuse survivors, sexual trauma, vulgar words, nightmares

### **1. INTRODUCTION**

Sexuality, whether in the form of sexual activity or sexual abuse, is an endless topic in literature, in this case in the form of novels. Sylvia Day (1973 - ...) is the female American novelist who writes about sexuality in her bestseller books, the Crossfire series. The focus of the analysis, a novel entitled *Captivated by You* (2014), is the fourth book of the Crossfire series. The previous three are *Bared to You*, *Reflected in You*, *Entwined with You*, while *One with You* is coming soon. The series has a male protagonist, Gideon Cross, and a female protagonist, Eva Tramell, who are both sexual abuse survivors. They are involved in a fluctuating love relationship haunted by their previous sexual trauma. Day's *Captivated by You* starts with Gideon-Eva's having just married followed by their insatiable sexual intercourse and ends with their reconciliation after a deep-rooted conflict of opinions. Based on the concise details, it is interesting to analyze how the male-female protagonists' excessive sexual intercourse is used to deal with their haunting sexual trauma.

### **2. LITERARY REVIEW**

To analyze the topic of sexual trauma trying to be hidden in the form of excessive sexual intercourse executed by the male-female protagonists in Sylvia Day's *Captivated by You*, the frame of analysis used is Freudian psychoanalysis. Because the male and female protagonists analyzed have complicated personality, a review

of id, ego and superego is essential. It is also necessary to review the concept of instincts including libido, eros, thanatos, and aggressiveness because these aspects play an important role in the life and interactions of the male and female protagonists.

Id, "The Boiling Cauldron", follows the pleasure principle which is "basically hedonistic" in its attempts to "pursue pleasure and avoid pain." Id is also impulsive and fearless in its demand for instant fulfillment (Wolman, 1968: 42, 45), "the center of unconscious desire" (Frosh, 1989: 45), and "The seat of the instincts" (Hall, 1956: 39). Human beings have many instincts broadly categorized as life instincts and death instincts. The life instincts or Eros "is concerned with survival of the species and is responsible for sexual and reproductive behavior" (Snowden, 2010: 143) whereas "The form of energy which is used by the life instincts is called *libido*" (Hall, 1956: 59). On the other hand, the death instincts or Thanatos is "destructive and therefore worked against the sex drive, which is obviously basically creative in its nature" (Snowden, 2010: 73). However, "Love, a derivative of the sex instincts, often neutralizes hate, a derivative of the death instincts" (Hall, 1956: 60). Snowden states that death instincts can be directed inward or outward: "When Thanatos is directed towards the self it produces self-destructive behaviour, such as addictions. Turned outwards it results in aggressive behavior" (Snowden, 2010: 143). Meanwhile, Storr adds that "civilization ensures that part of this destructiveness is again turned inward; incorporated into the super-ego, and manifested as the sense of guilt giving rise to self-reproach, self-hatred, and self-punishment" (Storr, 2001: 69).

Ego, "The Control Apparatus", is based on the reality principle which preserves the self from "those instinctual demands that threaten the existence of the organism" by "a cautious pursuit of pleasure" (Wolman, 1968: 54-55). Ego also "represent(s) reason and sanity" (Wolman, 1968: 50), "the core of everyday consciousness and realistic activity" (Frosh, 1989: 45), and "the principal agent of the life instincts" (Hall, 1956: 60). A mentally healthy person has a strong ego which enables the person to tolerate "frustrating experiences" and control "emotional reactions" (Wolman, 1968: 59) in order "to live, to love, and to be loved" (Wolman, 1968: 62). Superego, according to Wolman is "the 'voice' of the parents and their moral standards ... partly irrational, imposing rigid restrictions not related to present situation" (1968: 63). Superego "plays the role of self-critics; it represents the conscience and socially approved norms and standards" (Wolman, 1968: 64). While it "represents the moral code of the individual" (Wolman, 1968: 64), it is also "the representative of internalized cultural values" (Wolman, 1968: 62). Thus, Lear states that "Morality functions as a 'cultural superego': it provides an explicit and shared set of practices, customs and rules that bind the members of society together both socially and psychically" (2005: 196). However, since superego is closely linked with the imposing moral code that tends to be irrational, it is said that superego is "the agent of the death instincts" (Hall, 1956: 61). In its conflicts with the ego, the superego "carries a great amount of destructive energy" (Wolman, 1968: 63).

Because complicated sexual relationship is dominant in the life of the male and female protagonists, a brief review on sexuality and Oedipus/Electra complex is inevitable to support the analysis. Sexuality, according to Freud, "encompass any form of pleasure to do with bodily functions" (Snowden, 2010: 75) in which "Sexual instincts always follow the pleasure principle. The highest degree of gratification and relief is brought about by sexual orgasm" (Wolman, 1968: 31). The crucial step of a child's sexual identification is in the phallic stage around the age of 4 years old in which the little boy experiences the Oedipus complex and the little girl undergoes the Electra complex. Either Oedipus complex or Electra complex "address(es) a child's rivalry with the parent of the same sex and love of the parent of the opposite sex" (Freud, 2010: 64). If the little boy has a dominant mother, he may not desire her but identify with her resulting in "negative Oedipus complex" that "may lead to homosexuality" (Wolman, 1968: 72). Meanwhile in Electra complex "Long-lasting hatred of and disappointment in the mother lead to disorders" (Freud, 2010: 73).

Because the male protagonist often has nightmares and both male and female protagonists have sexual trauma, a brief review on dream, trauma, and nightmare is indispensable for the analysis. Freud briefly describes dream as "a sort of substitution for those emotional and intellectual trains of thought" (Freud, 1920: 13). Dream has two kinds of content, the "latent content" which is hidden but can be dug out by careful analysis, and the "manifest content" which emerges in the memory (Freud, 1920: 14).

Trauma is "exposure to catastrophic life events such as combat, sexual assault, and natural disasters" (Reyes et al, 2008: 657). Duncan states that "Sexual abuse is traumatic mentally, physically, and emotionally to children, and it continues to affect them as they grow into adults" (2004: 10) and "most victims use the word "shame" to describe how their abuse makes them feel as adults" (Clancy, 2009: 142). Clancy also mentions that "Victims are particularly likely to face disbelief in cases in which the perpetrator appears trustworthy, respectable, and successful" (2009: 161) in which "Such reactions can be devastating for victims. Not only do their damaging feelings of guilt, shame, betrayal, helplessness, and frustration get confirmed, but they intensify" (Clancy, 2009: 169-170) and "Failure to disclose has terrible consequences for victims" (Clancy, 2009: 154). Duncan strongly asserts that "A child does not give consent for the trauma of sexual abuse, even when her body is manipulated by the perpetrator to respond" (Duncan, 2004: 16). Sexually abused child "often feel numb, tense, and afraid" (Duncan, 2004: 16).

Traumatic experiences may appear in the form of nightmares "dreams that can be intensely disturbing and frightening ... The fear and sense of dread is so intense as to be palpable ... awaken drenched in sweat and ... hearts racing ... sense of vulnerability (McNamara, 2008: 1). This frightening dream is also "characterized by a recurrent theme" (McNamara, 2008: 7) and "for some people the nightmares may last months, years, or even decades" (Davis, 2009: 37-38). Thus, nightmares are traumatic experiences that leak out from time to time from the hiding reservoir

deeply repressed in the unconsciousness. To solve the problem in the relationships haunted by sexual trauma, Allen proposes "secure attachment relationships in adulthood" as follows: "When you are securely attached, your relationships are characterized by trust and commitment; a high level of self-disclosure and expression of emotion that makes for open communication; as well as a sense of equality and give-and-take that promotes cooperation and interdependence (2013: 71). Couples with the burden of sexual trauma need to open themselves in a trustful relation to free themselves from the haunting sexual trauma.

### **3. METHOD OF RESEARCH**

The data being analyzed in this paper is focused on a novel entitled *Captivated by You* written by Sylvia Day and printed in 2014. The analysis is done through library research using printed and electronic references. The qualitative analysis of Day's fourth novel produces a paper in the form of a descriptive analysis. In analyzing the content in the form of messages contained in the plot, characters, and setting, contextual analysis is applied. Contextual analysis is basically an analysis borrowing theories from outside the field of literature and its intrinsic elements

(<http://www.unl.edu/english/sbehrendt/StudyQuestions/ContextualAnalysis.html> accessed February 17, 2014). Since the topic is concerning sexuality and sexual trauma, Freudian psychoanalysis is used as the frame of analysis. Several concepts of psychoanalysis, as briefly presented in the literary review, are used to support the analysis.

### **4. GIDEON'S HIDDEN SEXUAL TRAUMA**

The super handsome Gideon Cross, twenty eight years old, is the gazillionaire who owns the Cross Industries in New York (135). On the surface, he is a perfect young man. However, he deeply represses a haunting experience from his past life. When he was still a child of around four years old, he was raped by the therapist whom he visited for a year after the suicide of his father (139). Only two people know his secret, his mother, Elizabeth, and his wife, Eva, as can be seen from Eva's angry words to Christ, Gideon's stepfather: "He told Elizabeth, but she didn't believe him. She knows he was telling the truth, but she's denied it for whatever screwed-up reason she's come up with" (139). From Eva's words it can be known that Gideon's own mother prefers to ignore the terrifying fact befalling her own son. It happens maybe because his mother does not want to create a stir that can disturb her self-image. His mother's attitude makes Gideon suffers more and his relationship to her mother gets worse.

Gideon's long-time hidden trauma emerges in the repeated nightmares which make him wake up in sweat and in dread. One of the nightmares is concerning the rape inflicted on him by his therapist a long time ago:



*"Start out slow," he whispers, his lips near my ear.  
I can feel him becoming excited. He reaches around my hip to where I am  
stroking my penis. His hand covers mine. His breath is quick and shallow. His  
erection brushes against my buttocks.*

*...  
He pants in my ear, and the sickness is back. There's something wrong with me.  
This feels wrong. His eagerness makes me feel dirty. Bad ...  
A low moan cuts through the sound of his heavy breaths. It's me making that  
noise. It feels good, even though I don't want to.*

*....  
He pushes two slick fingers inside me. I cry out, writhing away, but he won't quit.  
He's rubbing and thrusting into me, hitting the spot that makes me want to come  
more than anything. The pleasure grows despite the tears burning my eyes (150-  
151).*

From these fragments of nightmare, it can be seen that the therapist-rapist is not only sodomized young Gideon but he also manipulates him to have and enjoy self-masturbation. This traumatic event splits Gideon into two shattering abusive poles. On one side he is helpless, in pain, and angry being sodomized but on the other side he is ashamed because he has orgasm and the pleasure feeling makes him feel guilty and dirty.

From the photograph found by Eva, it can be seen that young Gideon is very close to his father he is admiring so much (256). The suicide of the father after his business fraud is revealed leaves young Gideon shocked and this is followed by her mother's remarriage. His relationship with his mother which is not close is getting drifted afar. This closeness to the father not to the mother in the early stage of Gideon's life implied a negative Oedipus complex indicating a homosexual seed in Gideon's early life. This homosexual seed faces a turning point in his traumatic but confusing feeling at being raped by the therapist-rapist. The conflicting is-ego-superego concerning the pain-pleasure state haunts all Gideon's life.

##### **5. GIDEON'S MANIFESTATIONS OF THE HIDDEN SEXUAL TRAUMA**

This part will analyze the effects of Gideon's traumatic experience in his early life towards his adult life. It has been mentioned that the sexual trauma mars Gideon life with two conflicting feeling that can be summarized as the angry and helpless feeling versus the shameful and dirty feeling due to the wrong orgasm.

In Day's *Captivated by You*, the fourth book of the Crossfire series, Gideon's anger and helplessness in being sodomized-raped is manifested in his aggressive action in his daily life in order to gain back the lost control in the past. After the nightmare which is always about his sexual trauma, Gideon unconsciously wants to conquer his helplessness in that traumatic event. He unconsciously hits and smashes aggressively anything around him which in his dream is his therapist-

rapist. His common reaction to sudden wake up is "In the grip of a nightmare, the stroke of a hand might have me waking up with fist flying" (85).

Gideon's effort to have more and more control in his life reflected in his action in handling and developing his business, the global Cross Industries, is also a manifestation of his traumatic helplessness. He is a business predator. He is always able to overstep his major rival in business, the LanCorp owned by Ryan Landon. The business competition between the two of them has a personal background in which Gideon's father inflicts a huge financial loss to Landon's father in the business fraud leading to Gideon's father's suicide (16). The latest rivalry is when Gideon oversteps Landon's product, PhazeOne gaming system (94), with his PostIT hardware (17). Another step taken by Gideon is by becoming a headhunter and offering a better job and position to the potential person who is going to work on the advertisement of LanCorp's new product: "I asked you to meet me after work, because it wouldn't be appropriate for me to offer you a position with Cross Industries while you're on Waters Field and Leaman's time" (289)

Gideon's craving for control can also be seen in his most aggressive and thorough action in protecting Eva, his wife. Gideon will do anything to make Eva safe and happy because he loves Eva more than his own life. First of all, he provides Eva with a luxury car and a driver who is also a bodyguard. In the previous books, it is told that Gideon even kills Nathan when he appears again in Eva's life "The possibility that Gideon would have to answer for Nathan's death in some way was all too real" (63). Nathan raped Eva for several years when she was still young but got a minimum jail punishment due to his rich father's money. To make Eva happy, Gideon sells the hotel which Eva feels disgusted because it is the place where Gideon has unnumbered sexual intercourses with several women before he meets Eva. Even though Gideon suffers a large financial loss and the buyer is LanCorp, he does not mind as long as Eva can get rid of his property which she disgustedly calls "his fuck-pad" (160-161).

Gideon also dedicates his time, energy, attention, and money to keep Eva from the impact of her sex video with Brett Kline, a rock singer. In *Day's Captivated by You*, it is not explained in details the when and why of Eva's having the porn video with Brett. The focus is more on its psychological and social impacts on Eva, on Gideon, and on their relationship. Gideon is absolutely jealous of Brett Kline because he has been so close sexually and emotionally to Eva (7). For Gideon, Brett Kline is a trespasser in his love for and control to Eva: "I'd done everything I could. I had said the vows, slid the ring on her finger. Bound her to me in every way. Yet it still wasn't enough" (6). Gideon's worries over Brett Kline's closeness to his wife also shows his weakness and helplessness that he tries to hide by exercising a lot of control on Eva.

There are several steps taken by Gideon to erase any relation to the ever-happened video-tape of Eva-Brett Kline. One of them is buying the place where the shooting of the porn video took place in order to demolish the place "After I tore the place to the ground, they wouldn't remember the bar, either" (70). Although the owner actually objects to sell the place (69) Gideon threatens to jail him due to

many illegal shootings of porn activities in that place if he does not consent to Gideon's buying offer (71).

Another step taken by Gideon is stopping the plan to use the porn video of Eva-Brett for the promotion of the new-song video-clip for Brett's band, the Six-Ninths. For this Gideon has to face his younger step brother, Christopher Jr, who is in charge of the Vidal Records, which is one of the family's assets. Christ is so angry because the Vidal's entertainment company loses a huge sum of money (114) and they engage in fisticuffs in Gideon's office. Gideon pays no attention to the impacts of his effort to release Eva from her involvement in the porn video. His sole purpose is to make Eva protected from any harm that may disturb Eva physically, emotionally, or socially.

Gideon's next step is secretly tapping Eva's smart phone so that he can meet Brett Kline in person without Eva's knowing. In that meeting at first Gideon offers a huge sum of money to buy the footage of the porn video (178). When Brett refuses, Gideon tells Brett that Eva is hurt by the existence of the tape (178) but Brett insists that his relationship with Eva is special and leaves Gideon with no deal at all. However, Gideon secretly has another plan. He hires a professional private military security to trace and erase any possible existence of the sex video while he is negotiating with Brett in his office in Cross Industries building: "I need that footage to cease to exist anywhere" (180).

Gideon also secretly follows Eva when she tells him that she will meet Brett who texts her repeatedly. The meeting taking place near the Cross Industries does not run smoothly. Eva feels stressed because Brett stubbornly insists that their relation is special and they have to keep it (212). Eva, who is fed up with Brett's obsessive grip to the memory of their previous relation, blindly leaves the meeting place and is saved by Gideon and Raul, Eva's driver and bodyguard: "The concern in his eyes, the gentle way he enfolded me in a hug, gave me strength. He'd known this meeting with Brett wouldn't go well. That I would be upset and needy. That I would need him" (213). This event shows that Gideon always wants to make Eva feels comfortable and secured anytime. This also shows that Gideon will exert whatever form of power and control he has to keep Eva safe and secured by his side.

In *Day's Captivated by You*, the fourth book of the Crossfire series, the manifestation of Gideon's efforts to overcome the shameful feeling due to the wrong orgasm in the sexual trauma is implied in the glimpses of events concerning his relationships with women. He is sexually insatiable with women. His sexual involvement with many women implies his unconscious efforts to convince himself that he is not sexually deviant, that he is not a homosexual but a normal heterosexual man. One of the women in Gideon's past life is Anne Lucas, a therapist. Gideon has an intricate sexual relationship with her triggered by his deep desire to revenge the sexual abuse done by Anne's brother when Gideon was still a child (306). However, Anne whose marriage is falling apart due to her love to Gideon plan to take revenge to Eva, who is Gideon's life centre. Thus, Gideon's

effort to revenge his past trauma results in endangering Eva's life that he has tried, with all his might, to protect.

Another woman in Gideon's past life is Corrine who used to be Gideon's fiancée long before Gideon meets Eva. Corrine leaves Gideon to marry another super rich man to punish Gideon who has not offered a marriage proposal so far. However, it turns out that Gideon is happy to be free from Corrine. On the other side, Corrine who cannot forget her love to Gideon divorces her husband with the plan to return to Gideon. Realizing that Gideon cares nothing about her feeling to him, she publishes a book about her affair with Gideon (271). Personally, Gideon is not disturbed with the exposure of his past life, but Eva's discomfort feeling drives him to meet Corrine to persuade her to withdraw the book from the circulation (286). Corrine's refusal make Gideon angry because it means it will make Eva hurt emotionally: "People who felt I'd wronged them in some way were crawling out of the shadows like spiders, lured by the presence of Eva in my life ... If I didn't have my guard up completely, my focus absolute, I would leave Eva open and unprotected" (286-287).

There are still many other women in Gideon's past life, like Magdalena Perez and Deanne Johnson, but only Anne Lucas and Corrine Giroux who insist on re seizing Gideon's love. When they realize that they will not be successful then they turn their attention on hurting Eva because hurting Eva means hurting Gideon "She was my biggest vulnerability" (287). On Gideon side, he never has any peace of mind in his relationship with the women in his past life. They are just his sexual object to assure him that he is a normal heterosexual person. To these women, he always appears decuman, perfect, but aloof. In other words, he never tells them about his feeling, his weakness, let alone his trauma.

## 6. EVA'S SEXUAL TRAUMA AND THE SOLUTION

Both Gideon and Eva are sexual-abuse survivors. However, if Gideon's trauma has the tint of wrong orgasm, Eva's trauma is confined in heterosexual circle. When she was still a child, for several years she was raped by Nathan who was also still a young boy at that time. Nathan is her stepbrother and the servants who know do not dare to protect Eva because Nathan is vicious and his super rich father has such a threatening authority. These details are in the previous books of Crossfire series. Eva's another trauma is about her involvement in the sex video with Brett Kline: "I knew Brett during a time in my life when I hated myself but wanted other people to love me. And now he's acting the way I wanted him to back then and it's giving me a head trip" (8). In Day's *Captivated by You*, the fourth book of the Crossfire series, Eva's trauma related to sexual activities are not told in details because they happen in the previous books. There are just glimpses of events.

Eva is the sexual abuse survivor who wants to overcome her traumatic experience by visiting a therapist regularly. She is willing to talk about the traumatic happening because she wants to recover from the trauma. In Day's *Captivated by You*, the topic of her visit to her therapist is mostly about her sexual

involvement with Brett and her relationship with Gideon since she almost recovers from the rape trauma done by Nathan.

## **7. THE RELATIONSHIP OF GIDEON AND EVA**

Briefly, both Gideon and Eva has the following similarities: both are not close to the mothers but very close to the fathers; both have mothers who are used to living glamorously; both have stepfathers; both are stubborn; both deeply love each other; both are jealous to each other; both are sexual abuse survivors; and both love sexual intercourse. Meanwhile, the differences between Gideon and Eva are: Gideon desperately hides his sexual trauma while Eva regularly visits therapist to recover from the trauma; Gideon is haunted by nightmares while Eva is not; Gideon is psychologically dependent on Eva while Eva is more independent; Gideon wants to monitor Eva every minute while Eva wants to have personal space and freedom; Gideon is worried about Eva's safety while Eva is more relaxed in facing life. Based on the similarities and differences between Gideon and Eva, the focuses of discussion in this section are about their craving for control and sex; the ways they handle the traumas; and the run and chase type in their relationship.

### **7.1 Sex and Control Craving**

Gideon and Eva are sexually insatiable. They have sex two to four times a day (189). Besides the pure pleasure, for them sexual intercourse has facets of meaning. For Gideon, having sex with Eva is the pleasurable way to forget the haunting trauma: "She was my wife. My most valuable possession; I treasured her. But I loved her slutty and dirty, too. A sexual object for my pleasure. The one woman who could silence the memories in my head and set me free" (81). By using Eva as precious sex object Gideon can repress the haunting sexual trauma. He uses sex to free himself momentarily from the terrible childhood experience.

Gideon also uses sex as a way to control Eva because he is so afraid that he will lose Eva who is so dear in his stressful life: "I see you angry, passionate, ready to fight, and I want all that violence trapped beneath me. You make me want to hold you down, clawing and screaming, your cunt milking my cock as I pound it into you. Mine. All mine" (149). Gideon's constant fear of losing Eva drives him to do anything to possess Eva wholly for him only.

Eva herself loves being possessed sexually by Gideon: "He reached around me and gripped his cock, holding himself steady as I began to sink down. My legs shook as the thick crest of his penis pushed inside me, stretching me. "*Gideon*." The feeling of being taken, possessed, was one I never get over" (170). She enjoys very much and anticipates eagerly every sexual intercourse with Gideon because it always gives her pleasure beyond any expectation.

Their sexual intercourses are mostly in the form of giving and taking not only concerning sexual pleasure but also concerning sexual control:

... harsh sounds of pleasure scraping from his throat. His hands released me, clenching into fists against the seat. He let me fuck him the way I needed to, let me use him.

Arching back, I climaxed with a cry, my entire body shaking, my sex grasping, rippling along his cock. My rhythm faltered, my vision blackened. An endless moan poured of me, the relief dizzying.

The world shifted and I was on my back, Gideon rising over me, his arm hooking beneath my left leg to lift it to his shoulder. He dug his feet into the floorboard, thrusting again and again, sinking deep. So deep.

I writhed, the feel of him so good it hurt.

He kept me pinned, opened and defenceless, using me as I'd used him, his control shattered by the need to orgasm. The power of his body as he pounded into me, the force with which he drove his cock into my tender sex, had me quivering on the verge again (171).

They take turns in controlling the sexual activity. Whoever in charge they always feel the utmost pleasure and content. Their sexual intercourse is total, almost on the edge of being animalistic because it is also the outlet of their hidden feelings. Sex for them is also a way to share power and control.

Gideon is always creative in their sexual activity. Once he offers a sex-swing. Although it gives Eva speechless sexual pleasure, it gives total control on Gideon:

One moment I was held stationary, the next I was swinging fluidly, my sex sliding on and off Gideon's rigid cock with breathtaking speed. His body worked like a well-oiled machine ... pleasuring us both, the feel of him pumping so deep and fast into me ...

I orgasmed with a scream, unable to contained the rush that surged through me. He fucked me through it, growling roughly, his face flushed and etched with lust. I'd never come so hard, so fast. I couldn't see or breathe for an endless moment, my body wracked by a pleasure more ferocious than any I'd ever felt before (316).

Their sexual intercourse is never conventional or lack intensity. They also never hide the sexual pleasure they feel whenever they have sexual intercourse.

Gideon enjoys the oral sex done by Eva and Eva also enjoys the oral sex she carries out for Gideon. One of the oral sex is done by Eva under the table in Gideon's office while Gideon is having a teleconference discussing important business matter: "Anticipation coursed through me, the rush of the challenge and erotic expectation. Everything about my wife gave me pleasure, but her mouth was in a class by itself. She sucked me off as if she were starved for my cum, as if the taste were something she was hooked on (38). The unusual situation, the place, and the type of sex activity only add excitement which heighten the sexual orgasm.

Gideon also enjoys doing oral sex to Eva. He expertly makes Eva crazy with the sexual pleasure:

Wrapping my lips around her clit, I sucked her, licked her. Felt her tense up. I released her hands, knowing she was mine now, helpless to fight me.

"Oh, my God," she breathed, writhing. "Your mouth ...."

Spreading her wide with my shoulders, I tongued her, driving her to come. Her fingers pulled at my hair, tugging painfully at the roots, spurring me on until she climaxed with a startled cry. I licked inside her, fucking her, feeling her quiver around my tongue. She grew slicker, hotter.

I rubbed against her clit and slid two fingers inside her, grinding my hips into the floor at the feel of her tight plushness. My cock ached to sink into that snug heat, knowing how amazing it felt, craving the constriction (81).

Gideon, whom Eva lovingly calls "sex fiend", always wants to make Eva have unforgettable sexual orgasms. He wants to make Eva need him only for sexual satisfaction. He wants to be the only man in Eva's life who gives anything that Eva needs. He gladly gives Eva abundant wealth, total protection, sexual pleasure, etc.

Besides the excessive sexual intercourse between Gideon and Eva, the two protagonists also use obscene words referring to sexual activity. The triggers are usually anger and the feeling of losing control, as can be seen in Gideon's words: "I see you angry, passionate, ready to fight, and I want all that violence trapped beneath me. You make me want to hold you down, clawing and screaming, your cunt milking my cock as I pound it into you. Mine. All mine" (149). The context of Gideon's vulgarity is when he feels raw and angry when he finds out that Eva demandingly tells his stepfather about his childhood sexual trauma since he himself tends to bury the traumatic memory deep down in his unconscious reservoir. When finally Christ, his father in law, meets Gideon to clarify Eva's words, Gideon who is always so sensitive about the talking of his trauma, is angry and powerless at the same time. To overcome this feeling he sounds the four-letter word and uses the only way he knows will be able to subdue Eva in a pleasurable way, that is a thorough sex: "I want to fuck you. Hard" (237).

Still related to Gideon's raw feeling and need of control, controlling himself and controlling other, in this case Eva, who has made him out of control and power by opening his rusty wound to another person, Gideon pleurably punishes Eva with sex combining with uttering indecent words: "Yes," he hissed, yanking me back into him until the lips of my sex hugged the thick root of his penis. His hips circled, his balls lying heavily against my engorged clitoris. "Fucking tight ...." (244). The rude words keeps pouring from Gideon's mouth during the raw sexual activity: "That's it," he groaned. "Milk my dick, angel. God ... You're making me come" (245). Thus, in expressing and exerting his control in private area, Gideon uses X-rated words and thorough sexual activities.

## **7.2 Gideon's Triggering-Conflict Stubbornness**

However, Gideon tries to evade Eva's simple desire. Eva wants to share responsibilities, problems, burdens, secrets, and plans. She wants them to overcome the sexual trauma so that they will be able to live without being haunted by it. Gideon's stubbornness to take all responsibilities without involving Eva and to hide his trauma without solving it becomes the major issue in their conflicts.

Although Eva loves Gideon unconditionally and enjoys his extra attention to her, she needs some control of her own life to exist with full satisfaction. She refuses Gideon's repeated offers to work with him in the Cross Industries (192). She prefers to have her own job with a different company although it is still inside Cross Building. She wants to keep certain personal space just to be herself, to own her own life. She accepts the luxurious car plus a driver/bodyguard but she disallows Gideon to monitor her smart phone. She is honest to Gideon but she does not want her privacy totally invaded by Gideon: "I wanted him to respect my individuality and my personal boundaries, but I also wanted him to open up some of his own" (135).

Eva senses that their relationship is unhealthy and that their excessive sexual intercourse is burdened by haunting memories of their past. Although they are so intimate to each other sexually, Eva feels that there is a gap between them. There is a barrier that often triggers conflicts of ideas between them:

Dr. Petersen set his tablet aside. "You're right to be concerned Gideon, you may be using sex to keep Eva at an emotional distance. When you're making love, she's not talking, you're not answering. There's a point when you're not even thinking, your body is in charge and your brain is just along for endorphin ride. Conversely, sexual abuse survivors like Eva often use sex as a way to establish an emotional connection. Can you see the problem there? You may be trying to achieve distance through sex, while Eva is trying to get closer" (275).

Eva's therapist tries to find the core problem between them. Dr. Petersen finds out that although both of them always have more than satisfying sexual intercourse, they have different opinion about it. Gideon uses sex to hide his troubles while Eva views sex as a way to totally give and open her own self, body and mind, to Gideon. In other words, Gideon still keeps his burden by himself because he does not want to make Eva worries.

Eva's another wish is to be able to sleep with Gideon in the same bed every night. This simple wish cannot be fulfilled by Gideon because he sometimes becomes aggressive when he has nightmares. He does not want to hurt Eva. Eva who knows the reason persuades Gideon to visit therapist to solve his nightmares: "Gideon ... you couldn't just shove your feelings in a box. Not unless you want an explosion like the other night. Or another nightmare" (265). However, when finally Gideon consents to join the couple therapy and visit Eva's therapist, he stubbornly keeps silent about his trauma: "It's not open for discussion" (144). Only near the end of the novel does Gideon disclose his sexual trauma to the therapist:



My hands clenched into fists. My gaze stayed on the carpet between my feet. "I was –" I cleared my throat. "The therapist. The one I had when I was a child."

"Yes?"

"He ... he molested me. For nearly a year. He ... raped me" (335).

It is an unbearable effort for Gideon. He does this to be able to be free from the traumatic experience and its devastating impact on his relationship with Eva whom he loves more than his own life. This big advancement on Gideon's side is triggered by the sharp conflict between him and Eva leading to Eva's leaving Gideon that will be discussed soon.

### **7.3 The Run and Chase Relationship**

As much as they love each other so deeply, the relationship between Gideon and Eva is, using Gideon's words, "complex" (47) in which Gideon is "Captivated" (46) by Eva. The most important thing for Gideon is that "Eva had changed that for me. I wasn't normal and I didn't need to be. Eva accepted me the way I was" (111). Gideon feels that he can become his own self with Eva. He does not need to pretend to be perfect whenever he is with Eva. However, as Gideon says, "She needs me as much as I need her" (110). They need each other to feel complete:

"... I'm crazy about you. Literally. I can't think about a future without you—it freaks me out."

"Goddam it. You'll never be without me. We're going to grow old together. Die together. I'm not going to live a single day without you" (60).

They are a perfect match. For Gideon, Eva is "the shining light in my world" (319) that "fill an emptiness in me I hadn't known was there" (188). Eva is everything for Gideon: "When we'd said our vows, I had made the irrevocable decision to let everything go—my ambition, my pride, my heart—to hang on to her. If I couldn't do that, I had nothing" (324). Gideon dedicates his life for Eva. He will do everything for Eva, the core of his life. Gideon needs Eva so much. Eva is the strong pole for Gideon. This can be seen when Gideon is awakened from a nightmare: "I wrapped myself around her, holding on to the love that could save me" (106). Always feeling vulnerable after the nightmare, Gideon clings to Eva to seek comfort.

However, their relationship is typical as said by Gideon "With Eva, I'd always been the one chasing" (285). In the past other women pursued Gideon, but now it is Gideon who desperately chases Eva to win her love totally. At the end of the novel Eva, in her anger because again Gideon does not consult her before making a decision involving her, is leaving Gideon. Devastated by Eva's action, Gideon chases Eva "I went after her, as I always did" (322) to prevent Eva from leaving their house. Gideon's fear of being left alone in the height of their conflict is described as follows: "The floor seemed to tilt beneath my feet, the foundation of my life shifting as Eva slipped further and further away" (325). Thus, it can be seen

that Gideon relies heavily on Eva's presence besides him. Without Eva, Gideon's world collapses because he cannot live without Eva. Day's *Captivated by You*, the fourth book of the Crossfire series, ends with the awkward reconciliation of Eva and Gideon after the devastating conflict and separation. Basically they need each other and cannot live without the company of each other but there are still some problems that they have to deal together hand in hand (356).

## **8. CONCLUSION**

A healthy relation in a couple's life depends on many aspects, not only on satisfying sexual activities. Using sexual intercourse as "sexual healing" as done by Gideon to keep his haunting childhood sexual trauma at bay turns out to be ineffective and affecting the developing psychological and emotional rapport. The burdens of sexual trauma must be treated completely with the help of therapist so that the couple can have a fresh restart in their relationship. If one member of the couple is holding the willingness to open the devastating trauma as done by Gideon, impending problem is inevitable. The problem is getting complicated if the helpless and powerless feeling due to the sexual trauma is manifested in the form of control and craving for power whether in public life, personal life, or private life, as committed by Gideon, the male protagonist. Over-protection, unilateral decision, hiding personal problem, refusing to share burden and responsibility are the many facets of the manifestation of control that make the couple's love life is not healthy as represented by Gideon-Eva's relationship. The small conflicts tolerated so far as represented by the run and chase relationship will inevitably explode into a devastating conflict as can be seen at the end of *Day's Captivated by You*, the fourth book of the Crossfire series. Although there is a truce triggered by their unbearably needing each other psychologically, emotionally, and physically, it will not last long if both sides are not willing to face the trauma in order to be able to leave it behind to have a fresh start.

Theoretically, Gideon's ego is burdened by his strong repression of the childhood traumatic sexual abuse. Since the doer of the rape is the therapist who is the representation and replacement of the father figure in his life and since in the rape Gideon unwillingly feels the sexual pleasure by the forced masturbation, Gideon confusion about the conflicting id, ego, and superego is so acute and haunting his life. The trampled ego as the impact of the sexual abuse finds the outlet in the form of domination and aggression in business, in personal relation, and in private life. The spouse, Eva, offers a "secure attachment relationship" which requires trust and share as well as opening the trauma to cure it. However, Gideon's response by playing out excessive sexual intercourse to silence the haunting memory leads to the ticking bomb of the impending conflict, that is, the devastating separation of Gideon-Eva. As long as Gideon refuses to face his trauma by burying it deep down in his unconsciousness, he will not be able to participate in the building of a "secure attachment relationship" dreamed by Eva.

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Lampiran : -

Kepada Yth. Ibu Ratna Asmarani

Dengan hormat,

Kami Panitia COLALITE 2015 dengan ini menyatakan permohonan maaf sebesar-besarnya kepada Ibu Ratna Asmarani karena kesalahan yang kami lakukan. Kesalahan tersebut berupa tidak dimasukkannya Paper Ibu yang berjudul *Excessive Sexual Intercourse Hiding Sexual Trauma in Sylvia Day's Captivated by You* dalam Prosiding. Paper tersebut sudah masuk ke dalam alamat akun email panitia pada tanggal 4 Oktober 2015, jauh hari dari tenggat waktu yang ditentukan. Sebagai bentuk permohonan maaf kami, kami menyusulkan paper ke dalam prosiding edisi revisi.

Surat ini merupakan bukti keikutsertaan Ibu di dalam Konferensi Nasional COLALITE 2015 di sesi parallel. Surat ini sekaligus bukti formal paper Ibu sudah tercantum dalam prosiding.

Demikian surat permohonan maaf ini dibuat sebagai bentuk pertanggungjawaban panitia kepada Ibu Ratna Asmarani. Atas kerjasama dan pengertian Ibu, kami menyampaikan terima kasih sedalam-dalamnya.

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