

1 **Increased prenatal maternal investment reduces inbreeding depression in**  
2 **offspring**

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18 **ABSTRACT**

19 Inbreeding depression refers to the reduction of fitness that results from matings  
20 between relatives. Evidence for reduced fitness in inbred individuals is widespread,  
21 but the strength of inbreeding depression varies widely both within and among taxa.  
22 Environmental conditions can mediate this variation in the strength of inbreeding  
23 depression, with environmental stress exacerbating the negative consequences of  
24 inbreeding. Parents can modify the environment experienced by offspring, and have  
25 thus the potential to mitigate the negative consequences of inbreeding. While such  
26 parental effects have recently been demonstrated during the postnatal period, the role  
27 of prenatal parental effects in influencing the expression of inbreeding depression  
28 remains unexplored. To address this gap, we performed matings between full-sibs or  
29 unrelated individuals in replicated lines of Japanese quail (*Coturnix japonica*)  
30 experimentally selected for high and low maternal egg provisioning. We show that in  
31 the low maternal investment lines hatching success was strongly reduced when  
32 parents were related. In the high maternal investment lines, however, this negative  
33 effect of inbreeding on hatching success was absent, demonstrating that prenatal  
34 maternal provisioning can alleviate the negative fitness consequences of inbreeding.

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37 Keywords: maternal investment, inbreeding depression, environmental stress, fitness,  
38 maternal effects, parental care, prenatal environment, maternal rescue

39

## 40 INTRODUCTION

41 Inbreeding depression occurs when matings between relatives result in decreased  
42 offspring fitness. This reduction in fitness is likely due to an increase in homozygosity  
43 that exposes deleterious recessive alleles to selection (1). This phenomenon has been  
44 observed across many taxa (2, 3), but the degree to which an individual experiences a  
45 decreased fitness at a given level of inbreeding varies between species and  
46 populations.

47 Some of this variation is explained by differences in genetic load, the reduction in the  
48 mean fitness of a population from that of a theoretically optimal genotype (1, 3).

49 However, there is increasing evidence that environmental conditions can also  
50 influence the degree of inbreeding depression experienced by an individual (4-6). In a  
51 benign environment, the deleterious effects of inbreeding may not be expressed, but  
52 when exposed to environmental stressors such as heat, drought or food limitation  
53 inbreeding depression can increase with the magnitude of the stressor (2, 7-9).

54 The environment an individual experiences during the first stages of life is provided  
55 by the parents in most taxa, and this early life environment can have long-lasting  
56 effects on offspring phenotype and fitness (10, 11). At the same time, inbreeding  
57 depression is particularly strong during early life stages (12). Parents thus have the  
58 potential to mitigate the negative consequences of inbreeding by increasing their  
59 investment in parental care, and thereby providing a more favourable early life  
60 environment for the offspring (13, 14). In line with this idea, a recent study in  
61 burying beetles (*Nicrophorus vespilloides*) showed that postnatal parental care can  
62 buffer the negative effects of inbreeding (15).

63 However, parents influence not only the offspring's postnatal environment, but also  
64 the conditions experienced before birth. This prenatal environment is provided by the

65 mother in most taxa. While it is well documented that inbreeding negatively affects  
66 early development and hatching success (16-19), the role of the prenatal environment  
67 in influencing the expression of inbreeding depression has not been experimentally  
68 tested.

69 To address this gap, we performed experimental matings between full-sibs and  
70 unrelated individuals in replicated lines of Japanese quail (*Coturnix japonica*)  
71 experimentally selected for high and low maternal egg provisioning (high and low  
72 maternal investment lines). This 2 x 2 design allowed us to test experimentally if  
73 prenatal maternal provisioning can buffer the negative effects of inbreeding on  
74 hatching success. We predict that if mothers can mitigate the negative consequences  
75 of inbreeding by providing a favourable prenatal environment for their offspring,  
76 inbreeding depression will be pronounced in the low maternal investment lines but  
77 absent, or strongly reduced, in the maternal high investment lines.

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## 80 **METHODS**

### 81 **Artificial selection lines for divergent maternal egg provisioning**

82 We established replicated selection lines for high and low maternal egg provisioning  
83 in a population of Japanese quail (*Coturnix japonica*) maintained at the University of  
84 Zurich, Switzerland (20). The founder population for this study consisted of 91  
85 females and 98 males. It was obtained from a commercial quail egg farm located in  
86 the south-east of Switzerland, where birds from two different origins were maintained  
87 in two separate populations. These populations had been maintained since 1998 at the  
88 farm before our selection experiment began in 2012, and no (intentional) artificial  
89 selection had been imposed on the birds during this time. Although no pedigree was

90 available for the founders, large populations were maintained on the farm, and efforts  
91 were made to avoid inbreeding. To further increase genetic diversity in our study  
92 population, we crossed birds from the two origins and used these crosses as the  
93 starting population for the selection experiment (see (20) for more details).

94 In the first generation of the selection experiment, eggs from the 25% of females  
95 producing the largest and smallest eggs relative to their body size were incubated to  
96 create the high and low investment lines, respectively. In subsequent generations we  
97 selected the most extreme 50% of females within each line. We repeated this  
98 procedure with two independent starting populations to create two independent  
99 replicates per line (20). During the selection procedure, matings between relatives  
100 were prevented and as a result the inbreeding coefficient ( $f$ ) of the parental generation  
101 used in this experiment (see below) was low ( $< 0.058$ , based on six generations of  
102 complete pedigree data).

103 We observed a strong response to selection on egg size, as well as a positively  
104 correlated response in dried egg components (i.e. fat and protein), but not in the  
105 number of eggs laid (20). The lack of an egg size / number trade-off was surprising,  
106 but appears to be not uncommon (reviewed and discussed in (20)), and we are  
107 currently exploring alternative costs associated with increased maternal offspring  
108 provisioning in our population.

109 40 males and 40 females from the sixth generation of these divergently selected lines  
110 were used for this experiment (mean egg mass (mean  $\pm$  sd) of females from the high  
111 investment lines:  $12.391 \pm 0.892$ g; mean egg mass of females from the low  
112 investment lines:  $11.390 \pm 0.698$ g (line:  $F_{1,37} = 15.473$ ,  $p < 0.001$ ; inbreeding status:  
113  $F_{1,37} = 0.599$ ,  $p = 0.444$ ; line x inbreeding status:  $F_{1,36} = 0.156$ ,  $p = 0.695$ ;  $N = 40$ )).

114 Females were kept separately from males before the experiment to ensure that they  
115 had not mated before.

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### 118 **Experimental inbreeding**

119 Individuals from the high and low investment lines were assigned to breed either with  
120 a full sibling (inbreeding) or an unrelated partner from the same line replicate  
121 (outbreeding), resulting in 40 breeding pairs that were paired up simultaneously: 10  
122 high investment line inbreeding (HI) pairs, 10 high investment line outbreeding (HO)  
123 pairs, 10 low investment line inbreeding (LI) pairs, and 10 low investment line  
124 outbreeding (LO) pairs. We measured the birds' body size (i.e. tarsus length) at the  
125 beginning of the breeding experiment to the nearest 0.1mm. There was a significant  
126 difference in body size between females from the H and L lines ( $F_{1,37} = 10.997$ ,  $p =$   
127  $0.002$ ; see also (20)), but not between females that were paired to a related or  
128 unrelated partner ( $F_{1,37} = 0.002$ ,  $p = 0.968$ ; interaction line x inbreeding status:  $F_{1,36} =$   
129  $3.070$ ,  $p = 0.088$ ). To control for these line differences in body size, female tarsus  
130 length was included as a covariate in the statistical analyses (see below).

131 All birds received *ad libitum* food, water, and grit. Breeding cages (122 x 50 x 50 cm)  
132 were lined with sawdust, and contained a house and a sand bath. The facility was  
133 maintained on a 16 L :8 D cycle and at a temperature of approximately 20°C. Eggs  
134 were collected over a period of 15 days. During this entire period, breeding pairs were  
135 housed together in the breeding cages. Males and females were in breeding condition  
136 when entering the cages and all couples copulated immediately after being released  
137 into the cages.

138 We calculated the inbreeding coefficient ( $f$ ) for the offspring of all these pairings:  
139 offspring produced by outbreeding pairs had an inbreeding coefficient  $0.002 < f <$   
140  $0.02$ , while those produced by inbreeding pairs had an  $f \geq 0.25$ .

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142

### 143 **Hatching success**

144 Eggs were collected daily between 08:00 and 11:00 am, weighed to the nearest 0.01g,  
145 and stored for up to five days at 12°C until incubation. Incubation occurred in three  
146 batches (batch 1: eggs from day 1-5, batch 2: eggs from day 6-10, batch 3: eggs from  
147 day 11-15) at 37.8°C and 55% humidity for 14 days (Favorit, HEKA Brutgeräte,  
148 Rietberg). Eggs were then transferred to individual compartments in a hatcher  
149 (Favorit, HEKA Brutgeräte, Rietberg), and kept at 37.6°C and 80% humidity until  
150 hatching (20). Eggs that did not hatch after 18 days of incubation were classified as  
151 ‘did not hatch’ (20). Eggs of all treatment groups were treated in the same way and  
152 there was no significant effect of inbreeding status ( $\chi^2 = 0.030$ ,  $p = 0.862$ ), line ( $\chi^2 =$   
153  $0.190$ ,  $p = 0.663$ ) or their interaction ( $\chi^2 = 1.958$ ,  $p = 0.162$ ) on the number of eggs  
154 laid (i.e. incubated) (number of eggs incubated per breeding pair: 1-16; total number  
155 of eggs incubated:  $N = 526$ ).

156

### 157 **Statistical analysis**

158 The probability of hatching (hereafter referred to as ‘hatching success’) was analysed  
159 on the level of the breeding pair using a generalised linear model with a binomial  
160 error structure and a logit link function. In a first model, we included selection line,  
161 inbreeding status and their interaction as fixed effects, and maternal tarsus length as a  
162 covariate. In a second model (same as above), we replaced selection line with a

163 female's mean egg mass (in g) to provide further evidence that the line effects  
164 observed in the first model are mediated by differences in maternal egg provisioning.  
165 To infer significance, we compared two nested models, with and without the variable  
166 of interest, using likelihood ratio tests (all  $df = 1$ ;  $N = 40$  breeding pairs). Data were  
167 analysed using the lme4 (21) and multcomp (22) packages in R version 3.21 (R  
168 Development Core Team 2015).

169

## 170 **RESULTS**

171 Hatching success was influenced by a significant interaction effect between selection  
172 line and inbreeding treatment ( $\chi^2 = 5.355$ ,  $p = 0.021$ ; Figure 1, see Table 1A for full  
173 model output). Posthoc contrasts revealed that in the low maternal investment lines,  
174 hatching success was significantly lower when parents were related (Tukey's HSD  
175 test; LO vs. LI:  $z = 4.237$ ,  $p < 0.001$ , Fig. 1). In contrast, in the high investment lines  
176 the hatching success of eggs from related parents was not significantly different from  
177 the hatching success of eggs from unrelated parents (HO vs. HI:  $z = 1.041$ ,  $p = 0.724$ ,  
178 Fig. 1). Furthermore, the hatching success of eggs from related or unrelated parents  
179 from the high investment lines did not differ significantly from hatching success of  
180 eggs from unrelated parents from the low investment lines (LO vs. HI:  $z = 1.297$ ,  $p =$   
181  $0.564$ ; LO vs. HO:  $z = 0.357$ ,  $p = 0.984$ , Fig. 1).

182 To confirm that these line-specific effects of inbreeding on hatching success are  
183 mediated by egg size, we ran a second model in which we replaced selection line with  
184 mean maternal egg mass as a predictor. Again, we found that the interaction effect  
185 between inbreeding treatment and egg mass significantly affected hatching success ( $\chi^2$   
186  $= 15.539$ ,  $p < 0.001$ ; figure 2; see Table 1B for full model output). Larger eggs from  
187 an inbreeding pair were more likely to hatch than smaller eggs, whereas no



188 relationship between egg size and hatching success was found in outbreeding pairs  
189 (Fig. 2). In both models, there was a trend for a negative relationship between a  
190 female's body size and the hatching success of her eggs (Table 1A, B).

191

## 192 **DISCUSSION**

193 We show that favourable prenatal conditions can buffer the negative effects of  
194 inbreeding on hatching success. Inbreeding strongly reduced hatching success when  
195 offspring developed in a small, nutrient poor egg (i.e. under harsh prenatal  
196 conditions), but this inbreeding effect was absent when offspring developed in a large,  
197 nutrient rich egg (i.e. under benign prenatal conditions). This demonstrates that the  
198 prenatal environment affects the expression of inbreeding depression, and that  
199 mothers can mitigate the negative consequences of inbreeding by increasing their  
200 prenatal provisioning.

201 There is widespread and increasing evidence for environmental mediation of  
202 inbreeding depression (5, 7, 9, 23, 24). However, despite the importance of parents in  
203 shaping the early environment experienced by an individual, the role of parental care  
204 in modulating the expression of inbreeding depression has received little attention to  
205 date. An exception is a pair of recent studies in burying beetles that provide support  
206 for 'parental rescue' from inbreeding depression during the postnatal period (15, 25).  
207 Burying beetle parents provide food to the larvae, but this parental provisioning is  
208 facultative. Pilakouta and colleagues (15) setup experimental matings between  
209 siblings and unrelated individuals, and removed the care-providing mother before  
210 larval hatching from half of the broods. They found that inbred offspring without a  
211 mother present suffered a greater decline in fitness-related traits than did those with  
212 an attendant mother (15). A subsequent study revealed that maternal quality can also

213 impact the expression of inbreeding depression, with offspring of large mothers  
214 experiencing less inbreeding depression than offspring of small mothers (25).  
215 However, a similar study in another care-giving insect, the European earwig  
216 (*Forficula auricularia*), failed to find evidence that postnatal parental care alleviates  
217 the negative consequences of inbreeding (26).  
218 While there is mixed empirical evidence for a role of parental care during the  
219 postnatal period in shaping the consequences of inbreeding (see above), the role of  
220 care provided before birth, and in particular of prenatal maternal resource  
221 provisioning, has not been experimentally tested.  
222 It is well documented that prenatal care has positive effects on offspring fitness (27-  
223 29). Chicks developing in larger, more nutrient rich eggs are, for example, heavier,  
224 grow faster and are more likely to survive (20, 29, 30). Prenatal parental provisioning  
225 is also known to mitigate the negative effects of a harsh postnatal environment on  
226 offspring fitness. For example, large amphibian eggs increase juvenile survival in  
227 harsh environments (31), and nestlings raised under limited food conditions reach a  
228 similar fledging mass as food-supplemented nestlings if their mother had received  
229 extra food during egg laying (32). Finally, prenatal maternal provisioning has been  
230 hypothesized to alleviate genetic disadvantages, as when female house finches  
231 (*Haemorrhous mexicanus*) paired with low quality mates increase the deposition of  
232 androgens to their eggs (33). Our results are in line with these previous findings and  
233 provide the first experimental evidence that mothers can reduce the negative fitness  
234 consequences of inbreeding for offspring by increasing their resource provisioning  
235 before birth. It implies that population structure, and thus the likelihood of mating  
236 with a relative, may shape the evolution of parental care in general, and the evolution  
237 of prenatal maternal provisioning in particular (see also 34). Selection for increased

238 parental provisioning might be particularly strong in small and isolated populations, in  
239 which inbreeding is common (34), but weaker in large populations where outbreeding  
240 is the norm. Population structure might therefore contribute to the maintenance of  
241 variation in parental provisioning observed across populations (35, 36).

242 Egg size has a strong heritable component and has been shown to respond rapidly to  
243 selection (20, 37). In addition, there is evidence for a substantial non-genetic effect of  
244 maternal egg size on the egg size of the next generation (i.e. a cascading maternal  
245 effect, Pick et al unpublished) that further accelerates the response to selection on  
246 prenatal maternal provisioning. This positive feedback loop will allow for a fast  
247 response in prenatal provisioning to changing environmental conditions, which may  
248 buffer the next generation from the negative impact of environmental or genetic  
249 stressors (38).

250 In addition, our results suggest that plastic changes in prenatal maternal provisioning  
251 in response to the relatedness of the partner may be adaptive. On the one hand, we  
252 may predict increased prenatal maternal provisioning when a female is breeding with  
253 a relative in order to alleviate the negative consequences of inbreeding for the  
254 offspring. On the other hand, also a reduced prenatal maternal provisioning may be  
255 predicted when the risk of inbreeding is high. Indeed, the higher susceptibility of  
256 inbred offspring to harsh prenatal conditions may provide females (which mate with  
257 multiple partners) with a post-zygotic inbreeding avoidance opportunity and prevent  
258 females from wasting post-natal investment in unfit offspring. To our knowledge, no  
259 data on the plastic change of egg size in response to the relatedness of the partner are  
260 currently available from natural populations, but testing for evidence for these  
261 different scenarios would clearly be a fruitful next step.

262

263 In conclusion, we provide the first experimental evidence that prenatal maternal  
264 provisioning can alleviate the negative consequences of inbreeding. Our results,  
265 along with those of Pilakouta and colleagues (15, 25), demonstrate that parental  
266 buffering of inbreeding depression may be widespread and suggest that the risk of  
267 inbreeding may shape the evolution of parental care.

268

### 269 **Ethics**

270 All procedures conform to the relevant regulatory standards and were conducted  
271 under licences provided by the Veterinary Office of the Canton of Zurich, Zurich,  
272 Switzerland (195/2010; 14/2014; 156).

273

### 274 **Data accessibility**

275 Data are available from Dryad (doi:10.5061/dryad.kk4qn).

276

### 277 **Competing interests**

278 We have no competing interests.

279

### 280 **Authors' contributions**

281 BT designed the study. KI, PH and BT collected data. KI and BT performed  
282 statistical analyses and drafted the manuscript. All authors commented on the  
283 manuscript.

284

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295 **Literature Cited**

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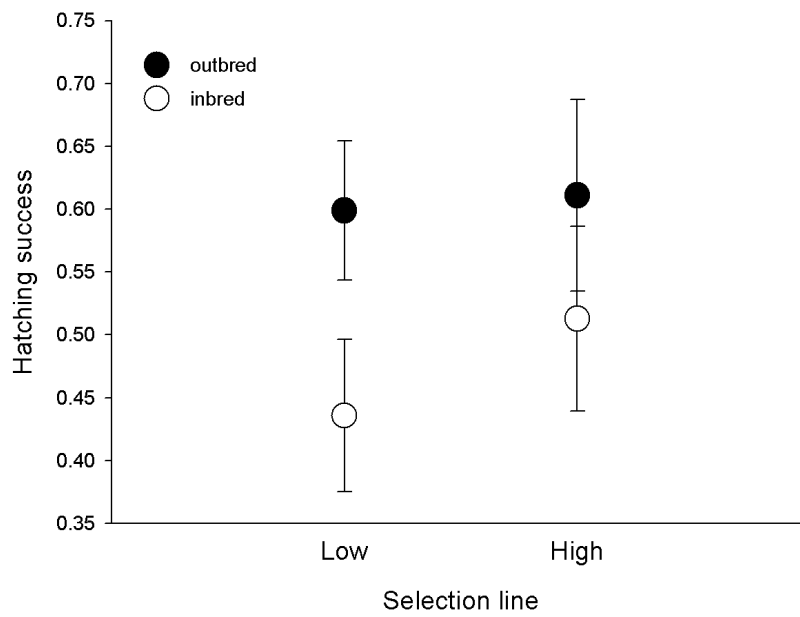
389 TABLES

390 Table 1. Effects of the inbreeding status of the parents (inbreeding vs outbreeding)  
 391 and prenatal maternal provisioning on hatching success. A) Including selection line as  
 392 a measure of prenatal maternal provisioning, B) Including egg mass (g) as a measure  
 393 of prenatal maternal provisioning.  
 394

| A.                                 | $\chi^2$ | <i>P</i> |
|------------------------------------|----------|----------|
| <b>Hatching success</b>            |          |          |
| Inbreeding status                  | 14.976   | <0.001   |
| Selection line                     | 2.125    | 0.145    |
| Selection line x Inbreeding status | 5.355    | 0.021    |
| Maternal tarsus length             | 3.395    | 0.065    |
| B.                                 | $\chi^2$ | <i>P</i> |
| <b>Hatching success</b>            |          |          |
| Inbreeding status                  | 13.681   | <0.001   |
| Egg mass                           | 2.439    | 0.118    |
| Egg mass x Inbreeding status       | 15.539   | <0.001   |
| Maternal tarsus length             | 3.681    | 0.055    |

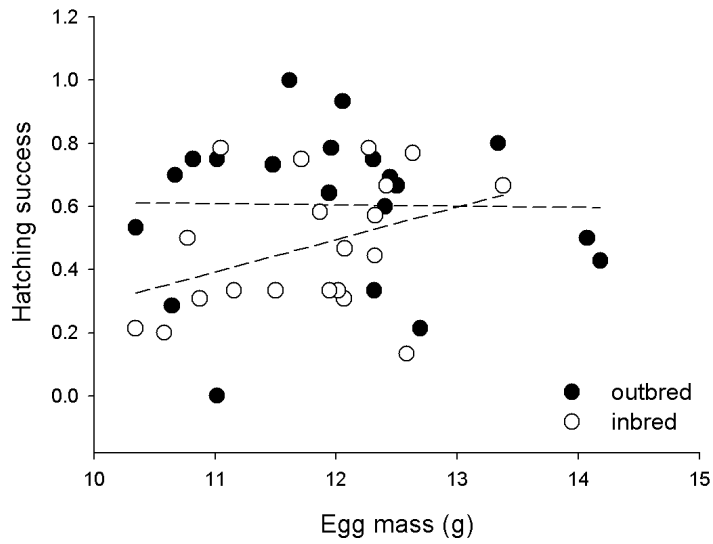
395 FIGURE LEGENDS

396 Figure 1. Hatching success of eggs from inbreeding and outbreeding parents in the  
397 high and low maternal investment lines. Plotted values are means  $\pm$  S.E. of the  
398 proportion of eggs hatched per breeding pair. Inbreeding significantly reduces  
399 hatching success in the low investment lines but not in the high investment lines.



400

401 Figure 2. Relationship between hatching success and egg mass in inbreeding and  
402 outbreeding pairs. The proportion of eggs hatched per breeding pair are plotted. When  
403 parents are related large eggs are more likely to hatch than small eggs (open dots), but  
404 when parents are unrelated egg size does not impact hatching success (filled dots).



405