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Title: Reading groups: a university outreach

Originally presented to: Art Libraries Society (ARLIS) Annual Conference

Event location: University of Liverpool

Event dates: 23 – 25 July 2008

Example citation: MacLellan, F. and Townend, J. (2008) Reading groups: a university outreach. Poster presented to: *Art Libraries Society (ARLIS) Annual Conference 2008, University of Liverpool, 23 – 25 July 2008.*

Reading Groups - a University Outreach

2006 was a summer of change in Information Services and one idea that emerged was creating a Reading Group with the aim of engaging the University with the local community and improving confidence with literacy.



After discussions with Community Volunteers, a potential opportunity was identified in the form of the Northampton YWCA. A few months later we found ourselves perched on tiny plastic chairs amongst the squeals and tears of a Mums and Tots session. Not the ideal location to discuss literature, you might think, but an hour later we emerged triumphant with a list of names of young mothers who wanted to participate. So, we were enthusiastic, the young women were keen and thanks to funding from Widening Participation, we were all set...

We began by visiting the YWCA in January 2007 armed with fresh fruit and cakes (always an incentive!). Through discussion and with a little help from Amazon, Waterstone's and the legendary Richard and Judy book club (!) we compiled a list of potential reads from which we voted for our favourites.

Meeting once a month for two hours allows us to spend the first hour discussing the latest book, working through a series of structured questions, whilst the second hour is set aside for activities including: debates, quizzes, analysis of poetry and lyrics and more recently we've taken to introducing a period of quiet time for making a start on the next book. Eighteen months, one short story, seventeen books and three babies later and the group are thriving – initial attendance of five participants has now more than doubled!



Levels of confidence amongst group members have soared, fuelling regular lively discussions based upon a range of books, not just the ones actively selected. Many of the group have realised that they can find some precious time and space to read, they are also discovering that lifelong learning needn't be difficult or scary but can be an enjoyable experience.



“My reading material is more varied now; I never used to read fiction. It's broadened my horizons.”

“I have so much more confidence in voicing my opinions”

Group members



“The young women look forward to coming in for the sessions and they are often heard discussing the book content ...they now make time to read and for some it has created some relaxing 'me time' which is important for young mums.”

“The young women enjoy the Reading Group sessions very much.”

YWCA staff



Titles read so far:

Connor and Jenny - A short story by Kate Peterson
 The Boy in the Striped Pyjamas by John Boyne
 A Long Way Gone: Memoirs of a Boy Soldier by Ishmael Beah
 Getting Rid of Matthew by Jane Fallon
 Little Face by Sophie Hannah
 The Raw Shark Texts by Steven Hall
 Shame by Jasvinder Singh
 A Thousand Splendid Suns by Khaled Hosseini
 The Fairy Godmother by Mercedes Lackey
 The Wasp Factory by Iain Banks
 She's Come Undone by Wally Lamb
 The Curious Incident of the Dog in the Night Time by Mark Haddon
 The Secret of Crickley Hall by James Herbert
 The Woods by Harlan Coben
 Tears at Bedtime by Tom Wilson
 Then We Came to the End by Joshua Ferris
 A Quiet Belief in Angels by R.J. Ellory
 Crippen: A Novel of Murder by John Boyne

Future reads include:

Duma Key by Stephen King
 In Foreign Fields by Dan Collins