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Prevalence and Relative Risk of Drunk and Drugged Driving

Session 647, TRB 2012, Washington, 24 January 2012

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DRUID PROJECT - Epidemiology



- Objectives:
 - To assess the situation in Europe regarding the problem of alcohol and/or other psychoactive substances in relation to road safety
 - Prevalence in the driving population
 - Prevalence in seriously injured drivers
 - Prevalence in killed drivers
 - Risk of injury for drink and/or drug drivers





Participating countries







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illicit and medicinal drugs Alcohol

10 substance groups were formed, based on alcohol and 24

- Illicit drugs
 - Amphetamines, including methamphetamines and MDA, MDEA and MDMA
 - Cocaine and benzoylecgonine
 - Cannabis
 - **Illicit opiates**
- Medicinal drugs
 - **Benzodiazepines**
 - Z-drugs
 - **Medicinal opioids**
- Alcohol in combination with other drugs
- Multiple drugs

Psychoactive substances in question





Positive concentrations were based on the same cut-offs in all studies







Equivalent cut-offs

Substance	Recommended equivalent cut-off in whole blood (ng/mL)	Recommended equivalent cut-off in oral fluid (ng/mL)
Ethanol	0.1 (g/L)	0.082 (g/L)
6-AM	10	16 ¹
Alprazolam	10	3.5
Amphetamine	20	360
Benzoylecgonine	50	95
Clonazepam	10	1.7
Cocaine	10	170
Codeine	10	94
Diazepam	140	5.0 ²
Flunitrazepam	5.3 ¹	1.0 ²
Lorazepam	10	1.1
MDA	20	220 ¹
MDEA	20	270 ³
MDMA	20	270 ¹
Methadone	10	22
Methamphetamine	20	410
Morphine	10	95
Nordiazepam	20	1.1
Oxazepam	50	13
THC	1.0	27
Zolpidem	37	10 ²
Zopiclone	10	25 ¹
Tramadol	50	480
7-amino-clonazepam	1.0	3.1 ¹
7-amino-flunitrazepam	8.5 ¹	1.0 ²



Body fluid collected:

- 1. Saliva
- 2. Blood

3. Both





Alcohol and other psychoactive substances in drivers in the general traffic

Prevalence in the driving population

Method:

Roadside surveys in 13 countries by means of a uniform protocol in all countries

Blood and/or saliva collected

In total app. 50,000 drivers of passenger cars and vans

Participating countries BE, CZ, DK, ES, FI, HU, IT, LT, NL, NO, PL, PT and SE

Samples weighted by traffic in 8 periods of the week







Prevalence in the driving population

Alcohol





Alcohol is still the most prevalent substance in the driving population

- but most of the drink driving was with concentrations below 0.5 g/L





Prevalence in the driving population

Illicit and medicinal drugs







Illicit drugs are most prevalent in southern and western Europe Driving with medicinal drugs was observed all over Europe

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Prevalence in injured and killed drivers

 Alcohol and other drugs in seriously injured and killed drivers

Method:

Study of seriously injured drivers in 6 countries and study of killed drivers in 4 countries, by means of a uniform protocol for all countries

Blood was collected

In total

- App. 2,600 seriously injured drivers
- App. 1,000 killed drivers of passenger cars and vans

Participating countries

- Seriously injured drivers from BE, DK, FI, IT, LT and NL
- Killed drivers from FI, NO, PT and SE







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Prevalence in injured and killed drivers

Alcohol



Among the alcohol positive drivers – both seriously injured and killed, the majority had a blood alcohol concentration equal to or above 0,5 g/L

Combined use of alcohol and other drugs is considerable in a number of countries



Prevalence in injured and killed drivers

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Illicit and medicinal drugs



For most illicit and medicinal drugs, the percentage of combined drug use exceeded that of single drug use



Risk studies

 Risk of injury by driving with alcohol and other drugs

Method:

Case-control study based on

- Data from seriously injured/killed drivers (cases)
- Data from road side surveys (controls)

Assessment of the risk for drivers of passenger cars and vans

- Alcohol
- Illicit and meicinal drugs
- Alcohol combined with drugs
- Multiple drug use
- Risk of serious injury

- BE, DK, FI, IT, LT and NL Risk of fatality

- FI, NO, PT and SE







Risk studies

Inclusion criteria



- Data from the population based case-control study
 - Matched regions for control and case populations
- If difference between case and control regions
 - Extra control regions included
 - if no significant difference between age and gender in the not-matched regions compared to the matched regions
 - Extra case regions included
 - If no significant difference in injury score in the not-matched regions compared to the matched regions
- Results
 - Odds ratios calculated by means of logistic regression
 - Control study sample
 - Each subject was weighted by traffic volume in the time period
 - Adjustment for age and gender





Risk – results based on all countries







Risk – results based on all countries

Overall risk levels

Hatching - results must be handled with care



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500

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Thank you for your attention



For more information, see www.druid-project.eu





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